

THE MUNDAY COURIER

Serving The Best Informed Readers In Knox County

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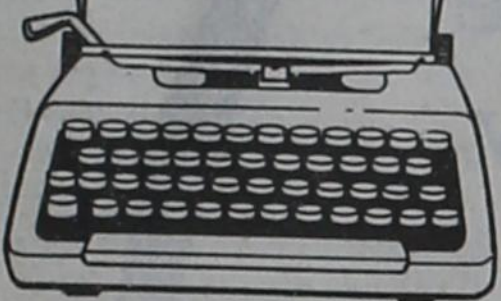
MUNDAY, TEXAS 76371

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10 PAGES IN ONE SECTION

NO. 41

Views From Another Point



by Joyce Beecher Greenwood

Remember when people would plan for the Fourth of July all year? Remember when your mother would start frying chicken early in the morning and your dad would begin to crank the old ice cream freezer after he had put two big watermelons in a tub full of ice and water?

Parks were popular places, so you had to go early in order to get a table, and a bat and a ball were absolute necessities. After teams were chosen, everybody played baseball or pitched horse shoes until it was dark enough to see the fireworks display. Fireworks weren't as elaborate and sophisticated as today's kids are used to, but to young eyes back then, a roman candle was an awesome sight.

Somehow I thought those days of Fourth of July picnics would last forever. But, nobody has picnics in the park with watermelon and ice cream anymore. The young people of today all have boats and the lake sites are the popular recreation areas, and even though we try to be young at heart and let our kids think we are "with it", Tommy and I decided two years ago we were over the hill as far as water sports are concerned.

Oh, I did all right on the water skis... "pretty good for a Mymom" as one of my little ones put it... but then I couldn't get back into the boat. Finally with Butch and Cheryl pulling and Amy down in the water pushing, they managed to load me without the assistance of a helicopter lift, but for a while it looked doubtful. I couldn't believe it. It had just been a few short months since I had placed my hands on the side of the boat and swing myself into it. Or was it years?

Then, Tommy -- not to be outdone -- decided if I could still water ski, he could too, and though he hadn't even been in the water to swim since his accident eighteen years ago, he donned a life jacket and jumped over into the water. The bright orange life jacket was visible for a few minutes and then there was no sight of it in the blue-green lake water. It was as though he had just sunk like a rock as we all stood peering over the edge of the boat waiting for him to surface.

In what was a few seconds that seemed like ten minutes, I screamed, "Butch, what happened to him?" -- but Butch and Amy were already diving into the water to find him.

Somehow when Tommy jumped into the water, he had jumped at an angle so he had come up under the boat and with the life jacket on, he couldn't get away from it. He just kept bobbing up and hitting his head on the bottom of the boat and down he'd go again. By the time Butch hit the water, he had figured out what must have happened, and diving under the boat, he hauled his father out -- looking like a drowned duck.

At that point, Tommy and I decided we should just come on home, and although the kids didn't say so, I could see it in their faces. It was the news they had been eagerly awaiting so they could get back to their Fourth of July celebration.

One of the Fourth of July activities we can still enjoy is the fireworks display, but one year, I even managed to ruin that for everybody.

It was the summer after Tommy had been injured in the fall, and all his family had come to help us celebrate the Fourth of July. We put a chair out in the yard and helped him into it and waited for it to get dark enough for the spectacular fireworks panorama.

I have always been half afraid of

(Continued on Page 2)



MUNDAY LITTLE LEAGUE ALL-STARS will play Seymour at 7 p.m. Monday, July 10 at Putnam Field in Munday, to kick off the annual tri-city tournament between Munday, Seymour, and Knox City. The winner will represent the area in the district playoffs. Shown above with coaches Bobby Ensor (left) and Jamie Welborn, are (back row, from left) Trae Reed, Keith Myers, Gerald Taylor, Freddie Castorena, Bobby Lan Franco and Donnie Browning, (front row) Jason Ramirez, Rene Nunez, Chris Torres, Brady Smith and Jeffrey Cook. Team members not pictured are Andrew Sikes, Dustin Kiser and Kole Sanders.

Cancer Detection Unit Schedules Visit Tuesday

In an effort to find cancers at the earliest possible stage and prevent unnecessary deaths, a mobile breast cancer detection unit will be made available to local women on Tuesday, July 11. The unit will be parked on the west side of City Hall. Appointments may be made by calling 422-4222.

The American Cancer Society predicts that about 41,000 women will die of breast cancer this year. As there is no way to prevent the disease, early detection and treatment offer the greatest hope for survival.

The American Cancer Society has established certain guidelines for mammography which have been adopted by the American Academy of Family Physicians, American College of Obstetricians and Gynecologists, and the American College of Radiology. Those guidelines are:

1. 35-40 year old asymptomatic women should have a baseline mammogram.
2. 40-50 year old asymptomatic women should have a mammogram every 1-2 years, depending on breast type and risk factor until age 50.
3. Asymptomatic women over 50 years of age should have annual physical examination and annual mammogram.
4. Asymptomatic women under 50 years of age who have had previous breast cancer should receive yearly examinations and a baseline examination should be done at age 30 with follow-up every 1-2 years for women with a family history of breast cancer in mother, sister or daughter.
5. Symptomatic woman who suffer from breast mass, nipple discharge, skin changes, or unexplained breast pain should under a mammogram screening at any age.

County-Wide 4-H Rally Night Planned

The annual county-wide 4-H Rally Night is scheduled for Saturday, July 8, at the Knox City swimming pool and park. Free swimming for 4-H members and guests will begin at 6 p.m., followed by a hamburger cookout and homemade ice cream in the park.

All county 4-H members, parents, families and guests are welcome to attend. For more information call the County Extension office, 454-2651.

6. Symptomatic women will not be seen at the screening clinic. A woman with any of the above symptoms should call her physician or make an appointment for a complete breast study.

Women who make appointments with the local mobile unit should report approximately five minutes prior to appointment time for registration.

Typically, the exam takes less than 15 minutes. Wear separates to allow for easy disrobing and avoid overuse of deodorant. A female technologist will perform the examination and results of the x-rays will be forwarded to your individual physician. You will be instructed when to call or see your physician for the results of the study. You and your physician will be mailed a reminder when it is time for further check-ups.

If your mammogram shows any suspicious signs, you will be asked to have further evaluations done.

The American Cancer Society recommends that women do monthly breast self-exams and have regular physical breast exams by a doctor.

New Business To Open July 11

Munday's newest business will open its doors Tuesday, July 11. Cherie's Classic Cuts, located next door to Haymie's Barber Shop, is owned and operated by licensed cosmetologist, Cherie Hutchinson.

Cherie and her assistant, Tammy Decker, also a licensed cosmetologist, will specialize in men's, women's and children's hair fashions, perms, spiral perms, waxing and mustache trimming.

The shop will be open from 9 to 5, Tuesday through Friday and 9 to 12 on Saturdays. Early and late appointments will be welcomed and can be made by calling 422-4065 or 673-8324.

Bill Sarpalius To Visit Here

U.S. Rep. Bill Sarpalius will make a stop in Munday on Friday, July 7 as part of a tour of cities in the 13th Congressional district.

A town hall meeting has been planned at the Chamber of Commerce office between the hours of 11:30 and 12:30 p.m. and all local residents are encouraged to attend.

First Game Monday Night Munday Little League To Host Tri-City Tournament

Little League All-Star teams from Munday, Knox City and Seymour will begin their annual tri-city tournament at 7 p.m. Monday, July 10. Munday will play host to the tournament this year at Putnam Field. The local all-stars will face Seymour in the first game of the double elimination tourney.

The winner of Monday night's game will be Knox City's opponent in the second game, which is set for Tuesday night at 7 p.m. Losing teams from the first two games will compete Wednesday night, winners from Tuesday and Wednesday will face each other on Thursday, and if two teams still have

REMINDER

A representative of the Vernon Social Security office will be at City Hall in Munday between the hours of 9:30 and 11:30 a.m. Wednesday, July 12.

The representative will assist individuals with all types of Social Security business.

Shop Local Merchants' Holiday Sales First

If you're looking for a bargain, you need go no further than your friendly local merchant.

The Fourth of July not only marks a time for celebration, but also a time of clearance sales in most local businesses. Munday merchants are always eager to serve their customers and appreciate your business. Shopping at home is a boost to our town's economy.

Check out the ads in this week's edition of the Courier for bargains galore locally.

Weather Report

Following is the weather report for seven days ending Monday, July 3, 1989, as compiled and recorded by Goodson Sellers, local U. S. weather observer.

	TEMPERATURE	HIGH	LOW
June 27		92	67
June 28		93	64
June 29		94	71
June 30		92	66
July 1		98	68
July 2		106	72
July 3		98	68

Moisture year to date 17.12



THE CAMERA CAUGHT several Munday children and adults taking a break from the summer heat last week at the local swimming pool. The pool, under management of Holly Hutchinson, is open from 1-5 Tuesday through Sunday and is available for parties by reservation. Helping Holly with lifeguard duties this summer are Christy Williams and Kacy Longan. Swimming lessons will be offered July 10-21 and interested individual can contact Miss Hutchinson.

only one loss each they will play for the championship on Friday night.

Munday players include Trae Reed, Keith Myers, Gerald Taylor, Freddy Castorena, Bobby Lan Franco, Donnie Browning, Jason Ramirez, Rene Nunez, Chris Torres, Brady Smith, Jeffrey Cook, Andrew Sikes, Dustin Kiser and Kole Sanders. Coaches are Jamie Welborn and Bobby Ensor.

The district playoffs, featuring Little League All-Stars from four areas, will begin July 17.

Pee Wee baseball action ended for the summer with an All-Star game held Thursday night pitting the younger players against the nine and ten-year-old Little Leaguers. In an exciting display of talent, the Pee Wee team came out on top by a score of 17-4.

Tax Seminar Set In Wichita Falls

A tax seminar, designed especially for owners and managers of new Texas businesses will be held in from 7 - 8:30 p.m., Tuesday, July 11 in the State Comptroller's field office in Wichita Falls, according to State Comptroller Bob Bullock.

"Most new business owners have lots of questions about their responsibility as Texas taxpayers. These seminars will help new taxpayers understand the Texas tax system, and it will familiarize them with tax returns and other forms," Bullock said.

Dan Cremeens, Enforcement Officer, will be on hand at the Wichita Falls field office, located at 3108 Fre Mar Valley, and invites new and old taxpayers to attend. There is no charge for the seminar.

Bullock said that each of the agency's field officer will hold the new taxpayer seminar four times during the year -- once every quarter.

Wichita Falls area taxpayers who can't attend the seminar or have questions about Texas taxes can still get individual tax assistance by calling the Comptroller's toll-free telephone number, 1-800-252-5555, from anywhere in Texas.

The Wichita Falls office, headed by Ron Watkins, serves Archer, Baylor, Childress, Clay, Cottle, Foard, Hardeeman, Jack, King, Knox, Montague, Wichita, Wilbarger, and Young counties.

The Munday Courier

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NOTICE: Any erroneous reflection upon the character, standing or reputation of any person, firm or corporation which may appear in the columns of the paper will be gladly corrected upon the notice of same being brought to the attention of the publisher.

VIEWES

(Continued from page 1)

fireworks, I suppose because of all the years my cousin Charles caught us unaware and tossed firecrackers behind us, so I don't know why I decided to be the one that year to ignite all the fuses. Butch and Christy were both gone for the evening and Joe at 10 and Amy at 2 were too little to do the honors, and I was probably striving to be a good hostess. Whatever the reason, I was to be the official fireworks igniter.

We saved the really big one for last. It was a giant of an explosive that was supposed to shoot up into the sky "like an enormous spacecraft and explode into showers of brilliant shooting stars". I don't know why someone didn't point out that I was placing the thing too close to an overhanging tree limb as I lit the fuse and ran. I noticed it then, but it was too late. It took off from its launching pad with a mighty roar, barely struck the tree limb and ricocheted to the ground. There it became some kind of wild creature with a mind of its own as it began speeding across the yard, changing directions at random, scattering people everywhere. I had run a few steps when I remembered that Tommy couldn't get out of his chair and was a sitting target for the savage, racing monster. I turned to go back for him and was almost run down by his mother who had not run in 20 years.

"Oh, God, help us!" she screamed as she raced past me like an Olympic runner.

In a matter of seconds, the "giant spacecraft" had gone whistling down the sidewalk and exploded "in a shower of brilliant shooting stars" against our front door, but our guests had disappeared. Some family members had run into the house, some had taken sanctuary in the safety of the trees in the pasture and someone had caught Tommy's mother before she reached the highway. We had our grand finale - exceeding everybody's expectations.

Next year, I'm going to have an oldtime Fourth of July picnic in the park. Anybody can come -- as long as he or she is over forty-five and preferably a few pounds overweight. We will play a very slowed down game of softball, throw cholesterol caution to the wind as we eat fried chicken and ice cream, and let watermelon juice run down our arms like it did when we were kids.

We'll all sing and tell stories about "the way things were in the good old days of summer". There will be this beautiful sense of camaraderie as we sit in the coolness of the twilight and talk about all things bright and happy. (Nobody will be allowed to discuss the arthritic pain in his left shoulder or the gall bladder surgery she had last year).

At last, to mark the end of a perfect day, we will watch the fireworks display, and as they burst with brilliance in a clear, star-studded sky, we will remember that we celebrate the Fourth of July because it was the day America became free. Over 200 years ago, our ancestors gave their lives so senior citizens can safely sit in parks, to eat watermelon and watch the fireworks.

But, someone else can light the fuses.



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Producer Awareness Can Help Control Brucellosis

In West Texas, ranchers are apt to be more concerned about drought than brucellosis. In these parts, there's more occurrence of dry, hot weather than of brucellosis, or "bangs", an incurable bacterial disease that can cause cows to abort, deliver weak calves, or produce less milk. What may come as a surprise, however, is the link between drought and bangs in this arid section of the state.

"Drought plays a key role in brucellosis infection in West Texas," said veterinarian Jimmy Dusek of the Texas Animal Health Commission (TAHC), the state agency charged with eradicating the disease.

Dusek, director of TAHC's Area 2, and his staff of seven animal health inspectors work with ranchers and livestock markets in 32 West Texas counties, including Knox. They have found two basic drought-related factors that contribute to brucellosis infections.

Dusek explained that during a drought, ranchers typically sell off cattle they can't feed or water. When the weather eases, producers have to buy replacement breeding stock. These heifers or cows may come from other states or areas of Texas where brucellosis infection is more common. "Producers mix new animals into their herd, and then get the nasty surprise of finding these new cows and heifers were infected -- and spread the disease," he said.

Another factor, Dusek said, was that some ranchers slip their cattle to green pastures during a drought, often transporting them across or out of state. "In 1983, a West Texas producer hauled animals to the Houston area, and the herd picked up infection from a herd nearby," he said. Dusek cautioned producers to carefully consider where they ship or pasture animals during droughts.

Dusek said only seven herds in Area 2 are under quarantine because of brucellosis, compared to 832 herds throughout the rest of the state. Area 2 includes a portion of the South Plains and North Central Texas. Area 2 stretches through Gaines County and includes Dawson, Borden, Garza, Crosby, Floyd and Briscoe Counties as the western border. The

northern edge reaches to Wichita County, before dropping through Archer, Young, and Stephens Counties on the east. The southern border includes Shackelford, Jones, Fisher, and Scurry counties.

Dusek recommended producers purchase heifers and cows only from herds certified by the TAHC to be brucellosis-free. In Texas, 2,113 producers have earned this certification by having their herds tested annually with no indication of infection. Dusek also suggested ranchers buy heifers that were vaccinated against brucellosis when they were between the ages of four and eight months.

He Is Alive!
by Rev. Wayne Varnell
First Baptist Church, Goree

How should a Christian view material possessions? Someone has said, "The Communist says 'ours', the Capitalist says 'mine', but the Christian says 'His'." Communism believe it can bring about a "new man" through a new social order. Capitalism thinks it can produce a better man through competition. Christ promises to make us "born again" and to bring into existence a "new heaven and a new earth". While I believe that capitalism is the best way man could come up with concerning material possessions, my hope and life is based on the person and promises of our Lord Jesus Christ.

Lenin is looked to as a prophet of a new social order by many communist-controlled countries. The Rockefeller's, Howard Hughs, and Donald Trumps are idolized by many in our rich and famous crazed world. However, when it is all said and done, it will be Jesus Christ who rules and reigns in splendor. He wants you there with Him. Are you willing?
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D. B. Darnell, Munday
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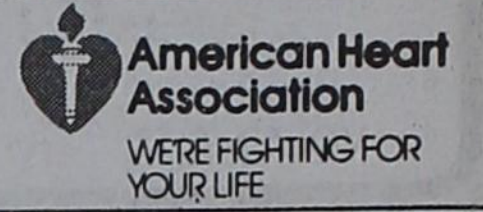
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Bob Moore, Munday
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P
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E. O. Reed, Truscott
Joe Bailey Roberts, Waco
Bill Ryder, Benjamin
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S
Ralph Schumacher, Wichita Falls
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Dale Selzer, Munday
Ella Searcey, Lewisville
Mattie Struck, NM
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Elayne Turner, Dallas
Edmund Tomanek, Truscott
Alton Tuggle, Munday
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Jimmy Urbanczyk, Munday

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Rep. Counts Co-Sponsors Economic Bill

State Representative David Counts of Knox City is working to pass a bill during the special session that will allow cities to lease land and facilities, purchased with city bonds, to private and public entities. The bill is a completion to legislation carried by Rep. Parker McCollough of Georgetown during the regular session which allows cities to engage in economic development programs.

If this measure passes, cities across Texas will have the opportunity to use bond money for acquiring land and facilities to attract new businesses to their area. The authority for such bonds was passed in the 1987 legislative session and approved by the voters in the November 1987 election. Currently the legislation is used by the state to attract business in Texas. This measure will clarify a municipality's ability to do the same.

"This bill will provide another option, not currently held by our local cities, to enhance rural economic development," said Counts. "Competition to lure new industry to West Texas is steep. Allowing the cities another negotiating tool only increases the chances of obtaining the industry or business that is so badly needed in rural West Texas."

Engagement Announcement

Mrs. Cindy Metlock of Weinert is pleased to announce the engagement and approaching marriage of her daughter, Sharla Timms, to Orzie Andrew (Andy) Jackson, son of Mr. and Mrs. Felton Jackson of Goree.

The couple will be married July 15 in the Weinert Church of Christ.

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EQUAL HOUSING

Community Calendar

July 6 - Munday VFD Ladies Auxiliary.

July 7 - Congressman Bill Sarpalus' visit.

July 10 - Munday Volunteer Fire Department.

July 11 - Lions Club; Mobile Breast Cancer Detection Unit at City Hall.

July 12 - St. Anne's Mothers Society.

July 13 - School board.

There are more volcanos in Indonesia than in any other country.

Goree News Items

By Mrs. Grace Smith

ATTENDS FUNERAL

Mr. and Mrs. Felton Jackson and Mr. and Mrs. Edwin Reeves of Weinert attended the funeral of Mrs. Effie Reeves in Clovis, N.M. Friday afternoon.

REUNIONS HELD

Relatives of J.T. Peek enjoyed a family reunion at the Goree Community Center on Saturday. Thirty Peek relatives attended this reunion, coming from Los Angeles, California, Spearman and Humble and a number of other places.

Mr. and Mrs. Carl Echols and Jeff Dormier and Mr. and Mrs. Mike Echols and children of Goree, and Mr. and Mrs. Gus Dormier, Susan, Josh and Sara of Throckmorton, attended the Echols reunion at Seymour on Saturday.

ATTENDS OPERA

Mr. and Mrs. Gary Hale, Donna and Leslie, and Mrs. Elizabeth Watson attended the musical Opera at Stephenville Saturday evening. Gary was one of the entertainers in the show.

Mr. and Mrs. Grady Williams spent their vacation at the home of her sister, Mr. and Mrs. Charles York, at Harlingen. Also visiting in the York home was another sister, Mrs. Juanita Wardlaw of Houston and a niece, Mr. and Mrs. Leon Corso of Clarksdale, Mississippi.

Visiting Mr. and Mrs. Chester Smith during the weekend was his sister, Mrs. Edna Burns of Littlefield.

Mrs. Gladys Lambeth returned home on Saturday from a two week visit with her son and family, Mr. and Mrs. Keith Lambeth and sons at Haltom City.

Visiting Mrs. Winnie Lambeth last week were Mrs. Dimple Jetton and Mrs. Lynelle Williams and Keven of Spearman and Vicki Peek of Los Angeles, Calif.

Visiting Mrs. Ruth Hammons and Mrs. Estelle Rinehart on Friday and Saturday were Mr. and Mrs. Harold Hacker and Amanda and Mrs. Barbara Tillman of Gila Bend, Arizona.

Mr. and Mrs. Jackie Green of Mathis, Mr. and Mrs. Dickie Green, Wade and Justin of Crowley and Mr. and Mrs. Charles Horry and Steven of Wichita Falls visited their parents, Mr. and Mrs. Dewitt Green, and their grandmothers, Mrs. Hallie Campbell, during the holidays.

Wayland Jones of Floydada visited Mr. and Mrs. Charles Atkinson last Wednesday. He also visited his father,

Fred Jones at the Munday Nursing Center.

Visiting Mr. and Mrs. Mutt Chamberlain during the holidays were Mr. and Mrs. Jimmie Routon of Lubbock and Mr. and Mrs. Russell Routon and DeNae of Merkel.

Paul and Florene Norian of Frankfort, Mass. are visiting her parents, Mr. and Mrs. Ruby Hammons. Also visiting in the Hammons home on Sunday were Mr. and Mrs. Ward Cooksey of Throckmorton.

Jerry Brown of San Antonio and Mr. and Mrs. Randel Brown of Vemon visited their mother, Mrs. Goldie Brown, during the weekend. Mrs. Brown spent a few days last week visiting her sister, Mrs. Allene Parham, and Jeanette in Wichita Falls.

Mr. and Mrs. Greg Melton, Taylor and Brady, of Haskell, and Mr. and Mrs. Elkin Warren were dinner guests in the Taylor Allen home on Sunday. Mrs. Bess Peek of Humble visited in the Allen home last week.

Visiting Mr. and Mrs. George Hunt during the weekend were their daughter and husband, Mr. and Mrs. Bill Fox of Ft. Worth and their son and family, Mr. and Mrs. Joe Hunt, Jodie and Shelby of Vemon.

Mr. and Mrs. Mark Coffman of Bridgeport visited his grandmother, Mrs. Ruth Coffman, several days last week.

Jerry Decker of Dallas is visiting his parents, Mr. and Mrs. Bill Decker, this week.

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Warning Signs of Satanism To Be Taught At VRJC

The Texas Department of Public Safety and the Continuing Education Division of Vemon Regional Junior College will co-sponsor a class entitled "Satanic Cults", to be held at 6:30 p.m. Monday, July 17.

This special one-evening class will be limited to persons over 21 years of age and will be geared to parents and teachers emphasizing signs to recognize youth involvement in Satanism. The occult is becoming an increasing problem in the North Texas and Southern Oklahoma area, consequently, Texas Department of Public Safety Joe Clement has prepared an evening of information containing films, music, and lecture to acquaint interested persons with the warning signs of satanism.

Interested persons should pre-register with the VRJC Continuing Education Office by calling 552-6291. There is no registration fee for this class which is being held as a part of the VRJC pledge to community service.

In parts of Europe it was once believed putting cumin seeds in bread would keep the wood spirits from stealing it. Probably always worked, too.

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City Parkway Reminder

Parkways are dedicated for City use.

What is a parkway? This is the area behind curbs where sidewalks, pole lines, city services, such as water, sewer, gas and telephone services are installed. Trees, shrubs, fences, sprinklers, etc. should never be put in the parkway. (They are subject to removal at owners' expense.)

Parkway widths vary - please call City Hall for your parkway width.

Walter Hertel, City Administrator

Diana Moore

Cosmetologist, is now associated with Janie Hendrix at Shear Looks

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TUESDAY, JULY 11TH THE AMERICAN CANCER SOCIETY MUNDAY, TEXAS

Call 422-4222 for appointment

According to the American Cancer Society, one out of ten women will develop breast cancer sometime in her lifetime. It is currently estimated

that over 37,000 women die each year as a result of breast cancer. Ninety percent of breast cancers are diagnosed by women or their physicians finding a lump in the breast. Women who are diagnosed with a lump large enough to feel have a 50 percent five year survival rate. A woman who is diagnosed as having breast cancer by mammography, before a lump can be felt, has a 97% five year survival rate and a 90% 10 year survival rate. The cost is only \$50.00. A mammogram can detect a cancer this small, even before it can be felt.

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GAF Timberline Class A Asphalt, 35 yr. warranty	340#/sq.
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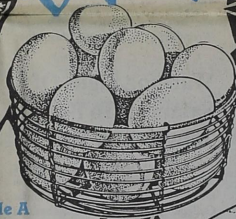


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Sunsweet Prunes..... **\$1²⁹**
- ORE IDA CRINKLE CUT OR FRIED
POTATOES.....2-lb. Pkg. **\$1⁴⁹**



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**CUT GREEN
BEANS**

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Homogenized**

MILK

1-Gallon Jug

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Beef, Chicken
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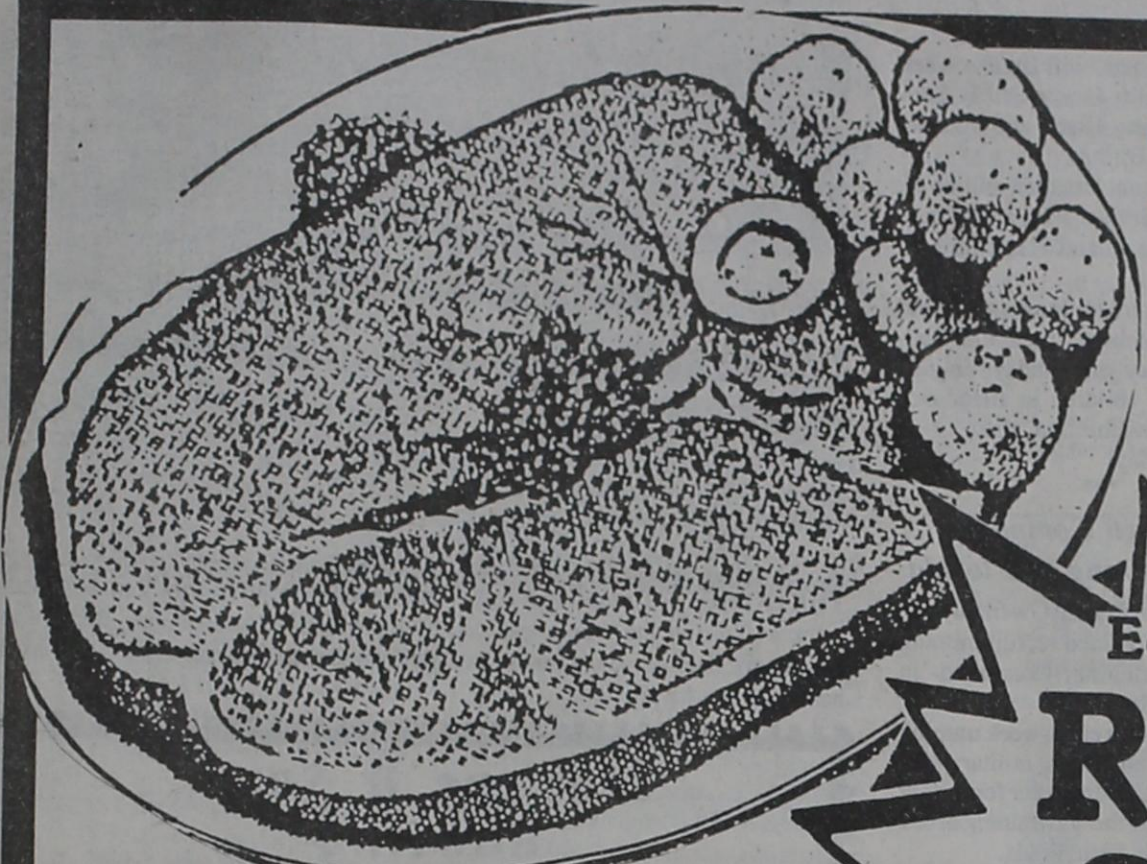


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4 Roll Pack **99¢**

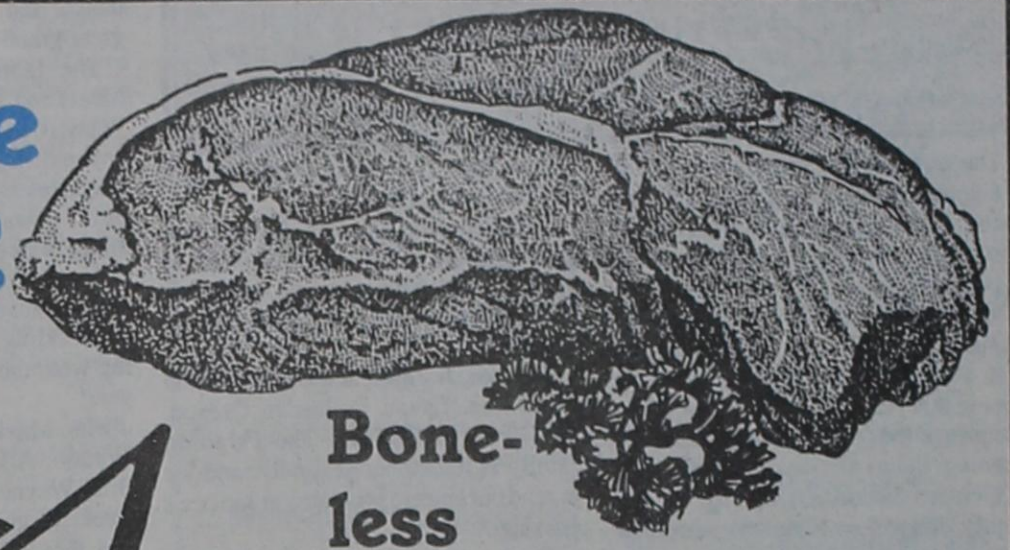
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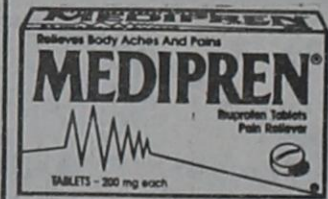


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BURSTING WITH FOOD BARGAINS

Weinert News

By Mrs. Myrtle Phemister

The temperature soared to 112° at Weinert on Sunday, July 2 -- a bad time for an air-conditioner to take "a break" (as ours did) and the cool front that blew in about 9 p.m. was a "breath-saver".

It truly is cotton-growing weather, and the cotton, and weeds, are doing just that. Farmers are expending more on hoeing this year than the past few years because of the rains. I've heard no complaining, things are lookin' good!

Weinert extends sympathy to the family of Joe Lee Ferguson who died June 13 at the age of 88. His memorial services were held in Springfield, Oregon where the family has lived since moving there from Weinert in 1950.

An interesting account of the Ferguson family is included in the Sanders book "Just Passing Thru Weinert". He was a brother to a former governor of Texas, James E. Ferguson, and his family played

a great part in the settling and establishing of Haskell County.

The Ferguson children, Lavon, Nell and Joe Lee, Jr., all attended Weinert schools, and have gone on to further their education and make their place in the world.

Joe Lee, Jr. died at the age of 50 in California. Lavon resides in Oregon, Nell lives in El Paso. The Ferguson family is remembered fondly, and we extend our sincere sympathy at Joe Lee's passing.

Our prayers are for John A. Mayfield as he recovers from a heart attack he suffered last Thursday. He remains in the critical care unit in Hendricks Medical Center in Abilene, and is some improved. His family are at the League House there, and remain close by.

Roy and Muri Alexander of Lubbock spent a few days with his mother, Bertie Alexander, and her daughter, Audra and Bob Schindler of Abilene are with her this week. She continues needing care, and our prayers are for her recovery.

Our other sick are as usual, and have not worsened. They include Harvey Griffith, Bunt Herricks and Florence Alexander.

Word that Jimmy Alexander is improving in health after his triple by-pass surgery is good news.

The Robert and Beatrice Hutchinsons descendants met at Stamford Lake for their annual family reunion on June 24,

with each of the six children in attendance, and several grandchildren and great-grandchildren also present.

The families of Bobby, Christine Meers and Jerry, of Munday, Lester of Weinert, Jean and Eunice of Arlington, enjoyed the presence of their aunts, Mrs. Cecil Hutchinson and Mrs. Andy Hutchinson of Munday, and their uncle, R. E. Humphries of Wichita Falls.

There were 43 in attendance at the two-day event, and boating, fishing, water skiing, cooking, eating, and visiting were the order of the day 'till next year!'

Mrs. Mavis Alexander and Marty of Horatio, Arkansas, and Mr. and Mrs. Billy Wayne Alexander of Plains were weekend guests of Pearl Alexander and they all spent some time at the family reunion at Abilene, where the descendants of Jim and Ophelia Alexander gathered at the Kiva Inn for their annual family reunion. Approximately 130 registered.

Frankie Carlisle of Canyon was a guest of her sister, Nova and Weldon Walling, and attended worship services at the Weinert Church of Christ, where Weldon is lay minister. They were all in attendance at the Alexander reunion on Saturday.

Marvin and Myrtle Phemister spent last week in Chicago, in the home of their grandson, Bryan and Rose Phemister and Jonathan. The country is green, the crops are good, and the toll-roads are marvelous time savers! Bryan sent greetings to his friends here.

Faye Brian, Eddie and Myrnie Sanders were in Ft. Worth and Dallas last week for a visit with relatives, and a health check-up for Faye.

Frank Vojkufka of Lubbock was in Weinert last week for a visit in the home of Rene Vojkufka and his niece, Mildred Sanders, and other relatives.

Frank spends some time at his lake cabin at Brownwood, and Weinert is a good place for a coffee break.

Pleasant Valley school reunion was held at the Weinert Community Center on Saturday, June 24, with 43 in attendance.

Loretta and Tab Garrett of Abilene were chairmen, and introduced Woody Frazier of Haskell, who served as master of ceremonies at the business meeting.

Those coming the farthest distance were the Ashby family from Denton, and Irene Green Neal of Holliday, with her daughter and granddaughter.

A bountiful dinner was spread at 7 p.m., and plans for 1990 were in the making. Pauline and Bud Derr of Haskell will be in charge, with Nellie Derr Frazier serving as secretary. Place and time will be announced at a later date.

Ida and Willie Farrel have served as chairmen and secretary for the past few years.

We extend sympathy to the family of Mrs. Johnny Reeves (Effie) whose memorial services were held in, New Mexico on Friday. She was 88.

Survivors include her sons and their families, Elton of Clovis, and Kenneth of Amarillo.

Nelta and T. E. Reeves of Weinert were in attendance at his aunt's service and burial. The Reeves are former residents of Weinert, and their sons attended school here.

Ida and Willie Farrel were in Seymour and Olney on Saturday and celebrated her birthday with a visit overnight with his sister, Maxine and Roy Boling of

Olney.

Birthday balloons will fly this week for Angie Costello, Gracie Griffith, Sandra Nichols, Daisy Horan and Michael Adams. Happy Birthday!

Celebrating anniversaries will be H. H. and Juanita Grimes, Jerry and Wanda Hester, and Russel and Hazel Rainey. Congratulations!

Congratulations to Jona and Glenn Coddell who celebrated their 50th wedding anniversary on Sunday, July 2, with their four children in attendance and several grandchildren, also.

Have a nice day!

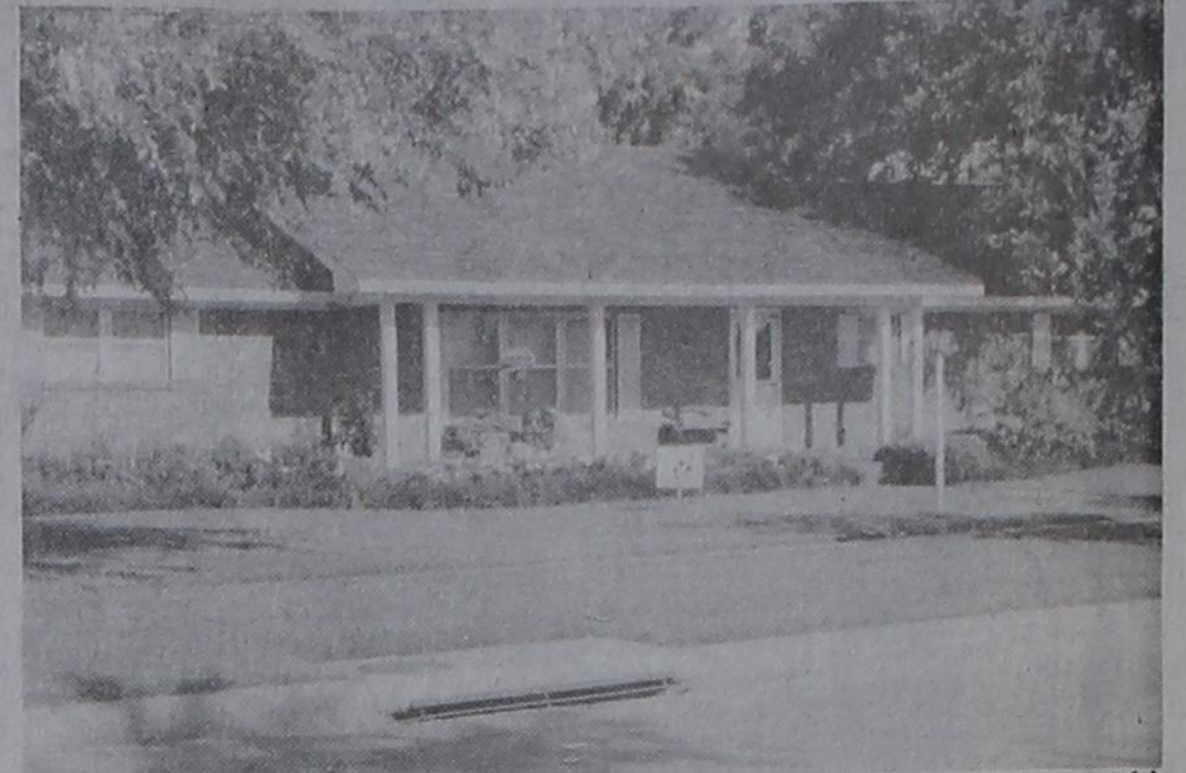
Gwen Stinnett Completes Recruit Training In Florida

Navy Seaman Recruit Gwendolyn L. Stinnett has completed recruit training at Recruit Training Command in Orlando, Florida.

During Stinnett's eight-week training cycle, she studied general military subjects designed to prepare her for further academic and on-the-job training in one of the Navy's 85 basic fields.

Stinnett's studies included seamanship, close order drill, Naval history and first aid. Personnel who complete this course of instruction are eligible for three hours of college credit in Physical Education and Hygiene.

A 1987 graduate of Munday High School and the daughter of Ida Jo Stinnett of Munday, Gwen joined the Navy in March, 1989.



THE HOME OF Tommie and Zelma Harper at 311 N 5th Avenue took honors this week as Yard of the Week, awarded by the Munday Garden Club. Beds of red geraniums, summer snow bush roses and hanging baskets of begonia add to the beauty of this lovely home.

Stevens & Sons Roofing

FREE ESTIMATES

Richard Stevens

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(next door to Haynie's Barber Shop)

Cosmotologists

Cherie Hutchinson, Owner
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Haircuts, Waxing, Perms, Spiral Perms
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HOURS

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Early and late appointments welcome

Shop: 422-4065

Home: 673-8324

Birthdays And Anniversaries

July 6 - Kimi Jo Moon; Mr. and Mrs. Dub Moon, Lloyd and Nancy Shahan.

July 7 - Robin Welborn, Tyler Phillips, Pat Lowrance, Juli Decker, Rick and Juli Decker.

July 8 - Dorothy Myers, Bridgett Beaty, Kathy Welch.

July 9 - Martha Andrade, Trish Andrade, Henry Dancer, Rick Kuehler.

July 10 - Miranda Zeissel, Freddie Sosa Jr., Barry Allen Benner, Beth McPherson.

July 11 - Lloyd Shahan.

July 12 - Leann Oustad, LaRue Reeves, Dorothy Rhoads, Lanna Mae Lowrance; Byron and Shirley Gass.

Jerusalem artichokes offer large amounts of calcium, sodium, phosphorus, sulfur, iron, chlorine and magnesium.

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On New Cars!!

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Chevrolet, Oldsmobile, Buick

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MEN'S
SHORT SLEEVE
Shirts &
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1/2
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\$3⁰⁰

LITTLE GIRLS'
Short Sets
only \$5⁰⁰

ALL COSTUME JEWELRY 30% OFF

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Summer Pants
& Skirts

LADIES'

30%
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LADIES'
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LADIES' WRANGLER

SILVER LAKE
Jeans

Jeans

\$25⁰⁰

S & L Apparel

Where Your
Business Is
Appreciated!!

ALL SALES FINAL - NO APPROVALS

Benjamin News

By Mrs. Gladene Green

The fourth of July will have come and gone by the time this paper is out. I hope everyone had a safe, enjoyable holiday. My plans today (Monday) for the 4th are to stay at home and do pretty much "nothing". We used to not think we had a 4th of July unless we "took in" the Cowboy Reunion at Stamford. But those days are gone and while other enjoy that sweltering heat this year, I'll just nest in the cool, comfort of my home.

CEMETERY NEWS

The letters sent out by the Cemetery Association for more donations has begun to get some response. As the letter states, we are about half way to our \$20,000 goal and hopefully, with the donations we get as results of these letters, we will come close to reaching that goal.

The latest donors we have had are B. W. Duke, Fred Crenshaw, Goldie Pierce, Bertha Driver, Mr. and Mrs. L. O. Jackson, Mr. and Mrs. Jim Pratt and Jim Bob Bisbee. Each dollar we receive is greatly appreciated.

ON THE SICK LIST

Our sick folks seem to be doing some better. Hes Hall returned home Tuesday after several days in the Bethania Hospital in Wichita Falls. He seems to be feeling better and is rested after his stay there.

Dub Cartwright was released Wednesday from the Haskell Hospital. He was in Abilene on Thursday to see a specialist. He, too, is feeling better.

Dutch Young spent the night in Wichita General one night last week undergoing tests. He will undergo back surgery in the near future.

Audrey Nolan, who is in the care home at Knox City, was in Abilene Thursday for eye surgery. I saw her Saturday and she's doing fine as are our other rest home residents, Lona Feenster and Myrtle Jones. Lona, of course, is a Vera native but the mother of Philomae Roberson and Mrs. Jones is the mother of Charles Jones and former resident, Frances Chilcoat.

HERE 'N THERE

The revival at the First Baptist Church last week was well attended. Pete Bradford of Munday brought the message each evening and Don Roberts of O'Brien was song leader.

Dutch and Imegan Young and Pat Benson attended the funeral of Pat's and Dutch's aunt, Thelma McMurry, in Wichita Falls Friday.

Grace Snailum writes to her friends here that she is doing fine. She seems to be well adjusted to her new home and likes to get mail from all of us. Her address is:

4 Seasons Nursing Home
8300 Wurzbach, Room 51
San Antonio, TX 78229

Jack, Kathie and Justin Waldron were in Wichita Falls recently for the annual tractor pull. Justin said it sure was loud but he liked it.

Virginia Griffith is in Lubbock today (Monday) to see her doctor and to attend to some business.

Bill Brooks, of the EPA phase of the Red River Authority of Texas, brought a slide presentation and discussed the upcoming changes in the sanitary landfill situation at a special called session of the Benjamin city council last Wednesday night. Bill explained that although most of these rules are designed for the larger cities, the small ones are also going to have to be in compliance. That is a fact whether we like it or not. And the only way I see for us to do is to try to comply or suffer the consequences if caught up with. All this will be explained more fully as time goes by and all the final plans are made.

And while we're talking city "goings on", we do have a fogger now for the

mosquitos and hopefully, after a couple of sprayings, we have reduced the crop of the annoying little creatures greatly. And we are also getting the ditches and vacant lots mowed so all in all that should help a lot plus make the town look better, too.

Gloria and Leroy West are having some extensive re-modeling done to their home: taking out walls, putting more in, cabinets, bathroom - just a bunch of "stuff". Dale Turner of Knox City and his crew are doing the work.

America's first compulsory education law was passed in 1647 in Massachusetts.



Former Goree Resident Dies In Wichita Falls

Alvin L. Hord, 90, a resident of Goree for many years, died Wednesday, June 28, 1989, in a Wichita Falls hospital.

Funeral services were held at 2 p.m. Friday, June 30, at First Baptist Church in Goree, with the Rev. Clyde Zellers, pastor of Polytechnic United Methodist Church in Fort Worth, and the Rev. Wayne Varnell, pastor, officiating. Burial was in Goree Cemetery under the direction of Seymour Memorial Funeral Home.

Born January 4, 1899, in Carbon, Hord moved to Knox County and lived in Goree where he farmed before moving to Seymour in 1955. He continued to farm and retired in 1968. He and Margaret "Maggie" Lusk were married November 7, 1920, in Okra. She died August 25, 1987. He was a member of

First Baptist Church and No-Nothing Club.

Survivors include one daughter, Lorene Zellers of Fort Worth; one son, Gaylon of Goree; three brothers, Sexton of Abilene, Derrell of Truscott and Marion of Knox City; two grandchildren and five great-grandchildren.

Calvin Gambill

B.A., D.C.

Chiropractor

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Seymour, Texas 76380

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The Munday Courier, Thursday, July 6, 1989, Page 7
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\$255 per \$100

This price reflects cash discount

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Odorless * Easy * Clean

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CONVAC® 7
VACCINE FOR CATTLE
7-Way Clostridium Protection
* Broad-spectrum Clostridial
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* Homogeneous product—resuspends easily to assure prophylactic dose
* Safe-pure-potent-effective
Major Use: All stages of cattle production. Cow/calf, feeder, stocker, feedlot and dairy cattle.

No. 152 514 OSBORNES **\$1.79** 10 Dose
No. 152 515 OSBORNES **\$7.95** 50 Dose

ZIMECTERIN
(ivermectin) Paste 1.87%
ANTHELMINTIC AND BOTICIDE
NET WT. 0.21 OZ. (6.06g)

- * Kills 16 types of worms and bots
- * Safe for pregnant mares, weanlings, stallions
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- * Low volume dose

No. 100 679 OSBORNES **\$8.69**

Vax Pac™ DA₂ LP+PV
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* One Dose of Vaccine
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* Easy to Follow Instructions
for all DOGS

Vax Pac™ DA₂ LP+PV
The Complete 7 Way DOG VACCINE

For the vaccination of healthy dogs against Canine Distemper, Hepatitis, respiratory disease caused by Canine Adenovirus Type-2, Leptosira canicola, Leptosira icterohaemorrhagiae infection, Canine Parainfluenza and Parvovirus. The complete easy-to-use vaccination kit.

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Premium nylon web. Halter sizes available include: 800-1100 lbs, yearling and large colt, 1100-1500 lbs., and for small horses.

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\$9.88

8'x8'x24' ANIMAL TRAP
Constructed of 1/4" steel rod frame covered with 16-gauge, 1"x1" wire.

No. 120 500 OSBORNES **\$24.88**

15'x15'x46' ANIMAL TRAP
Constructed of sturdy 3/8" rod welded together and covered with 14-gauge, 1"x2" galvanized welded length wire. Coon proofing on butt end 1"x1/2" welded wire.

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32-OZ. THERMAL MUG filled with Coca-Cola **\$1.59**

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ENGAGEMENT ANNOUNCEMENT - Mr. and Mrs. Erwin H. Daugherty of Quinlan announce the engagement of their daughter, Lois, to Michael Phillips, son of Mr. and Mrs. Glenn Phillips of Wichita Falls. The wedding will be at 2:30 p.m. July 22 in the Boles Home Church of Christ. The bride-elect is a student at East Texas State University majoring in elementary education. Phillips, a graduate of Texas A&M University, is an electrical engineer at E-Systems. The prospective groom is the grandson of Mr. and Mrs. Grady Phillips of Munday.

Overexposure To Sun Poses Skin Cancer Risk

Some 400,000 new cases of skin cancer, the most common form of human cancer, will be diagnosed in the U.S. this year. Most of them, recent studies conclude, will be the result of repeated overexposure to the sun. And as might be expected, because of the state's climate, many of the patients will be Texans.

Dr. Clift Price, Texas Department of Health Associate Commissioner for Personal Health Services, said, "Texans, used to outdoor work and recreation, sometimes fail to realize that the temporary discomfort of a sunburn is not as serious as the permanent radiation damages that goes unnoticed, sometimes for years. Some people think of sunburn as an annual ritual they have to live through in order to get a glamorous tan."

Dr. Price warned that the repeated ill effects from the sun are cumulative. "It is as if each person has an individual tolerance for how much of the sun's ultraviolet light he or she can stand in a lifetime." He explained that children and older people, especially those with light skin, generally have a lower tolerance to overexposure than those with dark skin. "But even dark-skinned people have their limits," he said.

People should watch for warning signs of skin cancer as they grow older, since the likelihood of skin cancer increases with age, he said. Warning signs include a sore that does not heal or any unusual skin condition, such as a change in size or color of a mole or birthmark.

The American Cancer Society recommends a monthly skin self-examination. Use a full-length mirror and hand mirror to study the whole skin carefully for overall condition and tiny changes, including the skin of the scalp and between the toes. Any noticeable change warrants a medical opinion.

* Wear protective clothing, including hats, long sleeves, even gloves.

* Choose -- and use -- sunscreens which are best suited to skin sensitivity. Apply a waterproof sunscreen (rated 15 or higher) at least one hour before going into the sun, and reapply after swimming or heavy perspiration.

* Avoid sun exposure between 10 a.m. and 3 p.m., when the sun's ultraviolet rays are most intense.

* Do not use sun lamps or tanning pills.

* Be especially cautious of sunlight when using prescribed drugs, since

some tend to increase the skin's light sensitivity.

"These precautions and common sense can help most people to avoid skin cancer. And if they do develop skin cancer, they will discover the condition early if they routinely examine themselves," Dr. Price said.

He added that with early detection, most cases of skin cancer can be completely cured.

Application For Social Security Benefits Is Free

People in this area have been receiving mail from an organization called the Federal Benefits Assistance Corp. offering to assist them in filing for Social Security retirement benefits for an \$18 fee, says Frances Braden, resident representative of the Vernon Social Security office. The Federal Benefits Assistance Corp. is not connected with the Social Security Administration or Federal government.

First, there is no need to pay any firm money to help you file a social security application.

Second, you may actually lose money and delay the processing of your claim by sending your application to a private company. Social security applications are not officially filed until they're actually received in a social security office.

The representatives in any social security office will provide free all of the service you need to file your claim for benefits, including:

- * Giving you the proper application form;
- * Helping you complete the form; and
- * Telling you what documents you need and how to obtain them.

The social security representative can answer questions and provide you with brochures explaining how social security affects you.

Don't pay \$18 for services social security will provide free; phone 1-800-2345-SSA if you have questions about filing a claim for social security benefits.

Course For Law Enforcement Personnel Set

The Division of Continuing Education at Vernon Regional Junior College has scheduled a course for Law Enforcement personnel entitled Railroad Safety and Handling Hazardous Material. The students will learn about hazardous materials, legal aspects, and accident investigation. They will visit the railroad yard and the Burlington Northern Railroad office.

The course is scheduled to meet from 8 a.m. to 6:30 p.m. on Tuesday, July 18. Fee for the course is \$15. Advance registration is requested. For more information call 723-0921, 552-6227 or 696-8752, or use the toll free number 1-800-562-7395.

1¢ Shoe Sale!!!

Buy one pair of shoes at regular price, get the second pair for 1¢

Dresses, Blouses, Skirts, Sweaters, Purses, Summer Jewelry

1/2 price

The Shoe Pantry

Seymour, Texas

JULY CLEARANCE SALE

30%, 50% & 75% Off Seasonal Merchandise (Storewide)

Men's	Women's
Arrow dress & sport shirts	Savino dresses
O.P. shirts, shorts, swimwear & other summer wear	O.P. shorts, tops, swimwear many other sport groups

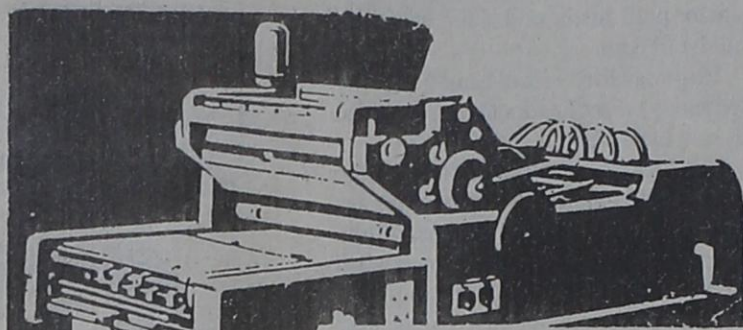
Children's Brands: Buster Brown, Billy the Kid, Cotton Candy and many others

All sales final, no layaways, no charges, etc.

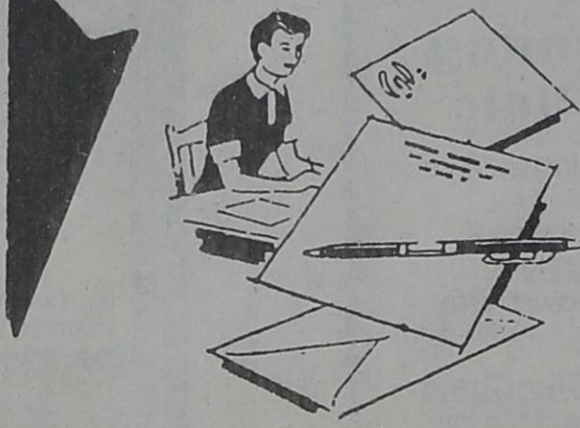
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The Munday Courier

Hair Care for the entire family Call Janie Hendrix 422-4820 at Shear Looks Tuesday - Friday, 8:30-5:30 Saturday, 9-12 noon

Whether you're looking to buy or sell, check the Classifieds first!

CLASSIFIEDS

Real Estate

HOUSE FOR SALE: 3 BR, 1 bath, 630 S. 11th. Call after 6 p.m. 422-4734, Troy Nuckols. 33-tfc

HOUSE FOR SALE: 3 bedrooms, 2 baths, fireplace, basement, 2 car garage, carport, cellar. Good location. Call 422-5217 or 422-5344, Gorce. 16-tfc

HOUSE FOR SALE: 3 bedroom, 2 bath, fully remodeled. 241 S. 9th. Call 422-4650 or 422-5244. 15-tfc

FOR SALE: 3 BR, 1 bath home, kitchen/dining area, garage. In Weinert on lot and half. Can be moved. Call 673-8271 after 5 p.m. 37-3tp

FOR SALE: Nice comfortable country home on 2 acres (fenced). 3-2-2, heat/air, 5 ceiling fans, nice yard, storage building, on paved road 2365 sw of Munday. Price reduced. Call 422-4279. 39-3tp

FOR SALE: 3 BR, 2 bath, large living area, central h/a, utility room, built-in appliances. On paved street. 601 W. Houston. Priced to sell. Call (806) 793-3010. 40-5tc

CABIN FOR SALE at Lake Kemp. Located at Little Moonshine. Call 422-4151 or 422-5578. 41-tfc

For Sale

FOR SALE: '82 Mercury Lynx, 2-door hatchback, air, AM/FM, cruise. Make good school car. Call 422-4495. 40-tfc

LAKE LOTS At Miller Creek Reservoir

Leases starting at \$150
Lots for sale starting at \$2,995
Financing available
For more information call
(817) 864-2996 Day or Night

Munday Medical & Surgical Clinic

Open Monday through Friday
9 a.m. to 6 p.m.

Call 422-4537 for appointment

Dr. Joe Mendoza, Jr
will be in the office Monday through Thursday
from 2 p.m. to 6 p.m.

Complete Turnkey Job on all your Hail Damage Repairs

Painting • Roofing • Siding
Glass • Shutters • Storm Doors
Acoustic Ceiling

Herring Construction Co.

Rickie Herring

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Munday, TX

FOR SALE: 1978 30' Holiday Rambler travel trailer. Call 422-4522 or 422-4980. Bob McWhorter. 40-3tc

FOR SALE: 1975 Chevrolet 1/2 ton pickup. New tires, mechanical A-1 condition. Heavy duty hauling rack. See at Munday Lumber Co. 41-tfc

FOR SALE: Oak and glass table w/4 chairs, \$50. Call 422-5228. 41-1tc

Misc.

SEPTIC TANKS pumped out! Call Roe Allred, collect, Munday. tfc

BULK CATTLE FEED and hog feed manufactured and delivered by Baylor Milling Co., Seymour. Ph. 888-5595. After 6 p.m. call 658-2683. tfc

WATER WELL DRILLING: License #1578. House wells, test holes. W. P. Hise, (817) 864-3727, day or night. 26-tfc

\$350/DAY PROCESSING phone orders. People call you. No experience necessary. Call (refundable) 315-733-6063 extension P-1810. 38-5tp

TRAIL RIDE: July 19-22. \$10 family registration, \$5 individuals. (817) 474-3339, 474-3361, 655-3506, or write Margaret Daniel, Box 757, Truscott, TX 79260. 41-2tc

PENNY GOODWIN: Accounting, bookkeeping, tax services. 711 N. Cedar. Call 422-5231. 41-tfc

Wanted

MUNDAY, TEXAS: Excellent part-time income. \$500 plus per month. *The Times-Record* News of Wichita Falls has an opening for delivery of the morning paper in Munday. Delivery time: 2 1/2 hours daily. Number of subscribers: 170. Individual selected must have a reliable auto and be able to post cash bond. Interested persons, call toll-free 1-800-633-0835. *Times-Record* News, Wichita Falls. 41-2tc

NEED A BABYSITTER? Call Kristi Dutton, 422-4967. 35-tfc

OUTREACH HEALTH SERVICES of Seymour is now accepting applications for part-time home health aides in the Munday area. Experience preferred. Call 888-5505 for more information. 41-2tc

MSU To Host Annual Spirit Days In July

The Midwestern State University office of School Relations will host its annual Spirit Days, July 27-28 and August 3-4, for 1989 high school graduates. Participants will pre-register for fall classes, meet with peer counselors, tour the campus, and meet their faculty advisors.

Students interested in attending either session of Spirit Days must have their credential files completed by June 23 to attend the first session or June 30 to attend the second session. Credentials needed are a completed admission application, ACT or SAT scores, and an official high school transcript. After the file is received by MSU and the student accepted for admittance, the Office of School Relations will send an invitation and registration form to attend one of the sessions of Spirit Days.

For further information, contact the MSU office of School Relations at 817-696-8300. ***

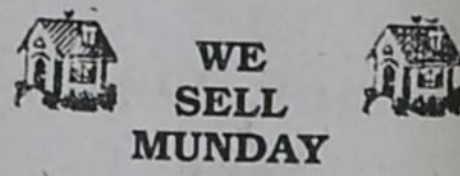
Exchange Students Need Homes For '89-90 School Year

Host families are being sought for high school exchange students for the 1989-90 school year. Students from Sweden, Norway, Denmark, Finland, Holland, Belgium, Austria, Switzerland, West Germany, Spain, France, Italy, Ecuador, Australia and Japan are sponsored by the American Intercultural Student Exchange, a non-profit educational organization.

The students, age 15 to 17, will arrive in the U.S. in August, 1989, attend high school and return to their home countries in early July, 1990. All students are fluent in English, have been screened by representatives in their home countries, have spending money and medical insurance.

Prospective host families should enjoy teenagers, have a genuine interest in learning about the customs and culture of another country and the desire to share American traditions with a foreign student. ***

The tidal wave caused by the eruption of a volcano on the island of Krakatau in 1883 reached as far as England.



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A REAL BUY
2 bedroom, one bath, mint condition, good neighborhood, pecan and peach trees

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3 bedroom, one bath, older home, 2 1/2 acres

BEAUTIFUL HOME
3 bedroom, 2 bath, brick home, lots of storage, big den, fireplace

OLDER HOME
Need repair, lots of trees, big lot

PRICED TO SELL
2 bedroom, 2 bath, good condition, good location in Goree

TWO GOOD DRYLAND FARMS
509 acres NE of Goree
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COUNTRY LIVING
3 bedroom, 2 bath, brick, excellent condition, 3 out buildings, 1 acre land near Rhineland

NEW LISTING
3 bedroom, 2 bath, central h/a, Priced to sell.

TWO FOR ONE
2 bedroom, 1 bath, older home, garage, store-room, good condition

PLUS
small 2 bedroom, 1 bath. Ideal for rent house.

422-4945

BAKER & BAKER REALTORS

STATEMENT OF INTENT TO LOWER RATES

Brazos Electric Power Cooperative, Inc. ("the Cooperative") hereby publishes NOTICE that it has filed with the Public Utility Commission of Texas a Statement of Intent and Petition for Authority to Change (REDUCE) Rates, with a proposed effective date of July 17, 1989, pursuant to the provisions of Article 1446c, Vernon's Annotated Civil Statutes and the Commission's Substantive Rules. Pursuant to a May 11, 1989 order of the Commission in anticipation of this filing, the Cooperative has implemented a \$23,000,000 annual revenue reduction effective with the Cooperative's billing cycle for April 1989. If approved, the PERMANENT RATE REDUCTION would result in a reduction of anticipated revenues by \$21,508,032, or approximately 10.8 percent for the twelve months ending December 31, 1988. All customers of the Cooperative, which serves only at wholesale, are affected.

Persons who wish to intervene or otherwise participate in these proceedings should notify the Commission as soon as possible. A request to intervene, participate, or for further information should be mailed to the PUBLIC UTILITY COMMISSION OF TEXAS, 7800 Shoal Creek Blvd., Suite 400N, Austin, Texas 78757. Further information may also be obtained by contacting the Cooperative at (817) 750-6500 or by calling the PUBLIC UTILITY COMMISSION CONSUMER AFFAIRS DIVISION at (512) 458-0223, or (512) 458-0227, or (512) 458-0221, TELETYPEWRITER FOR THE DEAF.



Senator
Lloyd Bentsen

Watching Washington



Shortly after the Japanese bombed Pearl Harbor in December 1941, a strongbox was transported to Fort Knox, Kentucky under armed guard. Inside the box was a padlocked bronze container holding something of far greater value than all the gold in Fort Knox.

The precious cargo was our Declaration of Independence—not simply fragile parchment, but a ringing assurance of liberty and guarantor of individual freedoms.

The Declaration was sheltered at Fort Knox until the fall of 1944, when authorities decided that the fragile parchment, yellowed by age, was no longer endangered by enemy attack. So it was returned to Washington, D.C. where it remains today on display at the National Archives.

This Fourth of July, as we celebrate the 213th Anniversary of the Declaration of Independence, it is good to reflect on the eloquent message of this document.

We hold these truths to be self evident, that all Men are created equal, that they are endowed by their creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness...

Later in his life, Thomas Jefferson recalled that when he sat down in 1776 to write the Declaration he intended it "to be an expression of the American mind..."

Today the challenge for us is to never lose sight of the Declaration as "an expression of the American mind."

For the millions of people ruled under the doctrine laid down by Karl Marx and Friedrich Engels in the *Communist Manifesto*, the declarations embodied in our declaration do not exist.

The Manifesto maintains that such sentiments as "bourgeois freedom," "bourgeois independence" and "bourgeois individuality" should be abolished.

Judging by the events in recent months, many people in China, Afghanistan, the Soviet Union, Poland and elsewhere are increasingly choosing liberty over the restraint and servitude that have been imposed on them. Years of trying to suppress the ideals of independence, equality, and freedom have been unsuccessful.

But while their governments seem to be giving ground in some areas, the Tiananmen Square Massacre tragically demonstrates they are hardly preparing to take the path toward liberty.

The signers of our Declaration of Independence 213 years ago felt strongly enough about the concepts of equality, liberty and individual rights to agree to "mutually pledge to each other our lives, our fortunes and our sacred honor."

Historians point out that the signers deliberately pledged first their lives, then their fortunes. That symbolizes the abiding value they placed on this revolutionary document for the sake of freedom.

The value of gold and other worldly fortunes fluctuates widely, but the priceless gift of the Declaration of Independence—underwritten by the lives of those who signed it and of generations of Americans who have followed—is undiminished.

FARM FOR SALE
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All Types of Concrete Work
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LOW CASH PRICES

MILO SEED

Warner	Taylor-Evans
560T and 564T - dryland	TE 101R and 45G
844E and 632W - irrigated	TE 75 & 76 - irrigated

Garrison Seeds

SPECIAL OF THE MONTH

Graze All Hybrid Sudan	\$9.50	per bag
Warner's Gro & Graze	\$13.00	per bag

For Hay or Baling

Kow Kandy Tri Sweet - Sweet T Super Cane

Fertilizer, Anhydrous Ammonia
custom application, liquid or dry

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FERTILIZER & SEED

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BOY SCOUTS from Troop 76 in Munday left Sunday morning for a week of scouting activity at Camp Tonkawa, located south of Abilene. The boys will spend their days working toward requirements for merit badges and skill awards and will attend a special Court of Honor and Order of the Arrow tapping ceremony on Friday evening. Pictured above are Scoutmaster Bill Rogers, Jeffery Dunnam, Nathan Herring, Ryan Cottingham, Brady Smith, Keith Kuehler and David McGaughey, assistant Scoutmaster.

Knox County Konections

By Jane Rowan
County Extension Agent

"I WOULD EXERCISE, BUT..."

At this time of the year, interest in fitness is high. We all want to get into fitted summer dresses, a new pair of shorts or swimsuit which has been put away all year.

There are lots of misconceptions

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Men and women's cuts,
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which prevent people from reaching - or even pursuing - their fitness goals. Following are the most commonly held myths.

Myth #1. The harder the workout, the more fat you will burn.

Fact: Longer duration and lower intensity are the keys to losing fat. That's why walking is considered the premier weight-loss activity. Working at 59-60% of target heart rate instead of 75-85% makes it easier to sustain an activity for 30 minutes or more.

Myth #2. Rubber or nylon suits speed weight loss.

Fact: "They do make you sweat", but weight loss through sweating is replaced as soon as you drink a few glasses of water or other liquid. The truth is, these suits are downright dangerous because they can raise body temperature too high.

Myth #3. You can reduce specific parts of your body by doing many repetitions of exercise designed for those regions.

Fact: To the frustration and disappointment of many, there is simply no such thing as spot reducing. The body does not burn fat in just one area. If such were the case, gum chewers would have no cheeks and tennis pros would have less fat on their serving arm. Doing specific calisthenics or weighty training for isolated muscle groups does help to define muscle and create a sleeker appearance, but it does not burn away fat.

Myth #4. Running a mile burns more calories than walking a mile.

Fact: Virtually the same number of calories are burned in either activity. One just takes longer than the other.

Myth #5. Weight loss and fat loss are the same thing.

Fact: Muscle has greater density than fat, and many people actually gain weight as they lose body fat and increase lean body mass.

Myth #6. Muscle turns into fat when you stop exercising and fat changes to muscle when you exercise.

Fact: It is no more possible to change fat into muscle or vice versa than it is to change skin to bone. It is possible to lose fat and tone muscle, giving the illusion of turning fat into muscle. Intensity are the keys to losing fat.

Myth #7. Running is the best aerobic exercise.

Fact: The best aerobic exercise is the one that's most likely to keep you active over the long term. That means one that is available and convenient for you and keeps you interested and injury-free.

Myth #8. It's useless to exercise if you can't manage at least 30 minutes, three times a week, at your target heart rate.

Fact: Any activity, however mild or short in duration, is valuable. For the unfit or obese, target heart rates should not be a consideration. The goal should be to build endurance and increase calorie burn by doing something every day, even if it's only five minutes of walking.

To a chilled, halved grapefruit add a topping of cooked cranberries and a thin sprinkle of mint leaves.

The Lord's Corner

By Dr. Pete Bradfield, Pastor
First Baptist Church

I BELIEVE IN AMERICA!
I believe in America. I believe it became great because of its faith in God, its hope for independence, and its love for freedom.

I am grateful for America's glorious past; I am awed by its unbelievable present; I am confident of its limitless future.

I am not ashamed to take my hat off and to stand at attention when Old Glory passes by. I do not apologize for the lump in my throat when I repeat the Pledge of Allegiance.

I am not embarrassed by the tears in my eyes when I hear "The Star Spangled Banner".

Like millions of Americans, I want a free choice, not a free handout. I prefer an opportunity to prove my abilities on the job rather than a license to demonstrate my frustrations in the street.

I am an old-fashioned American with a new-found determination to do my part to make democracy work.

Look Who's Here!

Mark and Teresa Kuehler of Gilliland announce the birth of their daughter, Brittany Nicole. She was born June 20 at 5:30 a.m. at the Seymour Hospital. The young lady weighed 7 pounds 6 ounces and measured 20 1/2 inches long.

Grandparents are E.O. and Irene Reed of Gilliland and Larry and Maxine Kuehler of Rhineland. Great-grandparents are Zethel Reed of Gilliland and L.E. Clawson of Big Springs.

Kids Kollege Camp Offered At VRJC

Another "Kid's Kollege" camp will be offered July 17 through 21 at Vernon Regional Junior College. Fine arts enrichment will be for talented students that have completed grades six through eight. Classes in drawing, painting, music and art appreciation and French will be offered. County-western dance and swimming will also be enjoyed by those students participating.

The \$80 camp fee will include class supplies and lunches for the five-day camp. Each student enrolled will receive a special camp T-shirt. Campers will meet from 9 a.m. to 4 p.m. Monday through Friday.

Early registration is recommended, as camp enrollment will be limited to 12 students. For further information or registration forms, contact the VRJC Continuing Education Office at 552-6291.

"The Star Spangled Banner", when it was first published, bore the title "The Defense of Fort McHenry".

VERNON REGIONAL JUNIOR COLLEGE ANNOUNCES THE 1989 SUMMER II REGISTRATION FOR THE VERNON CAMPUS

WHERE:
KING PHYSICAL EDUCATION CENTER
4400 COLLEGE DR.
VERNON, TX 76384
DATE: JULY 12, 1989
TIME: 10 A.M. TO 12 NOON & TIME: 4 P.M. TO 6 P.M.
CLASSES BEGIN: July 13, 1989
*LATE REGISTRATION
WHERE: 4400 COLLEGE DR.
VERNON, TX 76384
DATE: July 17, 1989
*\$10.00 LATE REGISTRATION FEE

Any student not currently enrolled is encouraged to complete an application for admission immediately. All new students with fewer than 9 semester hours must complete an assessment of basic skills prior to enrollment.

In Vernon, you may register to take this exam by calling the Director of Counseling, Ms. Chris Hawk, at 552-6291 or stopping by the Counseling Office on the main campus, Building D, which is the Applied Arts Center.

ASSET Test/Advisory Sessions
Date Time Place
Second Summer Term
July 11 6 p.m. - 8 p.m. D-175
July 12 10 a.m. - 12 noon D-175

FOR FURTHER INFORMATION CONTACT...
OFFICE OF ADMISSIONS & RECORDS
4400 COLLEGE DRIVE
VERNON, TX 76384
817/552-6261
VRJC IS AN EQUAL OPPORTUNITY AFFIRMATIVE ACTION INSTITUTION
VRJC selects its students without regard to their race, color, sex, national origin, handicap or age.

BEATY'S GROCERY & MARKET

Munday, Texas

SHURFINE FROZEN, CUT Broccoli 16 oz. 99¢	SHURFINE FROZEN Lemonade 6 oz. reg./pink 4/99¢		
SHURFINE AMERICAN SLICED Cheese 12 oz. \$1.59	SHURFINE HALF MOON Cheese Chdr./Colby 10 oz. \$1.49		
SHURFINE Margarine quarters 1 lb. 3/99¢			
SHURFINE English Muffins 12 oz. 69¢			
SHURFINE CRINKLE CUT Potatoes 2 lb. \$1.19	SHURFINE NATURAL Applesauce 25 oz. 79¢	SHURFINE 30 CT. Tall Kitchen & Lawn & Leaf Bags 10 ct. \$2.19	
SHURFINE WHIPPED Topping 8 oz. 69¢	SHURFINE WHITE Bath Tissue 4 roll 89¢		
SHURFINE CUT Green Beans 16 oz. 3/99¢			
SHURFINE Pork & Beans 15.5 oz. 3/89¢			
SHURFINE WHOLE PEELED Tomatoes 16 oz. 2/99¢			
SHURFINE W/O PAK CHUNK Tuna 6.5 oz. 49¢			
SHURFINE Bleach gal. 69¢	SHURFINE Charcoal Briquets 10 lb. \$1.19		
SHURFINE ALL GRINDS Coffee 16 oz. \$1.69	SHURFINE WK/CS GOLDEN Corn 16 oz. 3/99¢	SHURFINE Ketchup 32 oz. 89¢	
SHURFINE FOAM Cups 15 oz./ 20 ct. 89¢	SHURFINE HEAVY DUTY 9" PAPER Plates 24 ct. \$1.99		
SHURFINE CranApple, CranRaspberry, Cranberry Juice 48 oz. \$1.69	SHURFINE Tomato Juice 46oz 89¢	SHURFINE Apple Juice 64 oz \$1.49	SHURFINE Paper Towels Jumbo 2/99¢
SHURFINE Aluminum Foil 12 x 25' 59¢			
SHURFINE Fruit Cocktail 16 oz. 69¢			
SHURFINE Charcoal Lighter 32 oz. 99¢			
SHURFINE Macaroni & Cheese Dinner 7.25 oz. 4/88¢			
SHURFINE EVAPORATED Milk 12 oz. 2/89¢	SHURFINE PIECES & STEMS Mushrooms 4 oz. 69¢	SHURFINE WHITE Napkins 140 ct. 79¢	
SHURFINE SMALL PITTED Olives 6oz. 99¢	SHURFINE Sauerkraut 16 oz. 2/99¢	SHURFINE ASSTD. BBQ Sauce 18oz. 79¢	
SHURFINE SMOOTH, CRUNCHY Peanut Butter 18 oz. \$1.29	SHURFINE SLICED/HALVES Peaches & Pears 16 oz. 69¢		
SHURFINE SLICED, DILL Hamburger Pickles 32 oz. 99¢			
SHURFINE SQUEEZE BOTTLE Chocolate Syrup 24 oz. \$1.29			
SHURFINE Salad Dressing 32 oz. 99¢	SHURFINE SOFT WHITE Light Bulbs 60/75/100 2 pak. 89¢		
SHURFINE Bacon \$1.19	SHURFINE Franks 89¢	SHURFINE Spinach 15 oz. 2/99¢	
SHURFINE WHOLE HOG Sausage Reg. Hot \$1.39	ALL VARIETIES Coke, 7-Up 6 pk. cans \$1.49		

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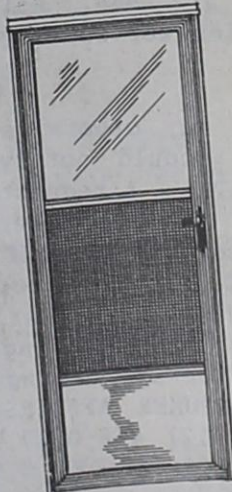
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