"Air Force people building the world's most respected air and space force ... global power and reach for America"

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Reese AFB, Texas

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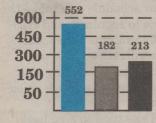
U.S. AIR FORCE



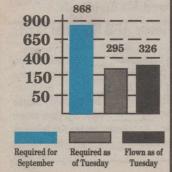
1947 - 1997

Mission

T-38 sorties



T-1A flying hours





Reese officers turn gold clusters silver

Three Reese majors found out Tuesday they would become the Air Force's newest lieutenant colonels. From left, the O-5 selectees are Majors Danny Leonard, 52nd Flying **Training Squadron; Kevin** Kimsey, 54th Flying Training Squadron; and Donna Jones, 64th Comptroller Flight. Reese had a 100 percent promotion rate for all primary zone eligibles. This is an Air Force rarity!

64th OG goal to zero out FY96 flying sorties

by 2nd Lt. Chris Almgren Deputy chief, public affairs

The "money folks" aren't the only ones for whom the end of the fiscal year is focused on closeout matters. The 64th Operations Group's focus this month is zeroing out the flying sorties and hours allotted for fiscal year 1996, according to Col. Bruce Burda, 64th OG commander.

"Each month we try to exceed the flying goals and carry those numbers over, but in September our target is a zero balance — bringing our year's totals up to the projected amount," he said. "The wing and squadron programmers and leadership really focus on doing this right. It's a measure of how well we've managed the flying program, and indirectly, the training and resources during the year. I'm confident we'll meet the goal."

Burda stated that Air Education and Training Command wants its bases to complete

flying for the fiscal year three days early. The projected final FY96 fly date for the T-38 is Sept. 26 and Sept. 25 for the

"It's a big deal and we track it closely," Burda said of the flying time.

The focus through the year for the T-38 is the actual number of sorties, whereas the flying hours are more closely monitored for the T-lA than sortie count. An average T-38 sortie lasts 1.2 hours, and a TlA sortie varies between 2 and 3 hours, he said.

The command has a flying hour model it uses for normal situations to determine sortie numbers for a fiscal year, the colonel said. During the year there are a couple of opportunities to make changes.

"We did our own calculalittle difference and renegotiated twice with Headquarters AETC during 1996," said Burda. "The hours are ultimately the big driver in zeroing out the flying program."

goals for the aircraft are 552 T-38 sorties and 868 T-lA flying hours. When those goals are met, the total T-38 sorties for the year will be 8,244 for a total of 9,893 flying hours. The T-lA flying hours will total

With only five months in the flying program for FY97 due to base closure, Burda said the command will probably accept the numbers Reese submits. "It's an odd year because the training program is going away, so the model can't be used to figure the hours," he explained.

It takes people to fly the machines that count toward the goals, and Reese was home to 153 Joint Specialized Undergraduate Pilot Training program graduates during our primary mission — traintions here and came up with a FY96. Of that number, 22 were ing the world's best pilots," Navy and seven were interna- said Burda, who credited tional students. During FY97, everyone's role in that sucapproximately 40 students will pin on aviator's wings.

As for the aircraft with "LB" on its tail, the Reese inven-In this final month of the tory currently totals 34 T-38s

fiscal year, Burda said our and 28 T-lAs. Burda said that in October the transfer process of the aircraft to other AETC bases begins, although slowly. Each month some Reese airplanes will go to other training bases after final preparations, to include inspections and a documentation review by Lockheed Martin Logistics Management personnel. The final aircraft will transfer in February 1997.

> "We're in good shape to close out the flying program," said Burda, who leaves Sept. 22 for three months at the Armed Forces Staff College in Norfolk, Va. During that time, Lt. Col. Ken Montague, 64th OG deputy commander, will command the group.

"We've really had an outstanding fiscal year in doing cess. "The dayin and day out flying happens because of the instructors along with the support staff. It gets done — with or without me."

Meeting mission goals requires both delegation, empowerment

by Senior Master Sgt. Edward Godsey Sheppard Air Force Base, Texas

Faced with personnel cuts and a shrinking military budget, leader-ship at every level of the Air Force must still meet mission requirements, and those leaders are using both delegation and empowerment to get the job done.

TEN

The two terms are often thought to mean the same thing, but actually they're quite different.

Delegation is giving someone the authority to oversee a particular project or process, but the overall responsibility remains with the person initially charged with the task.

Empowerment is giving people a

task to perform and the freedom to be creative and innovative in accomplishing that task. An empowered person has ownership, authority, and most important of all, responsibility for the success or failure of the task.

When we empower our people, we give them a stake in the outcome of the mission. In essence, they become a "stakeholder" in the organization, be it medical, aircraft maintenance, finance or civil engineer.

I firmly believe the Air Force is replete with professionals willing and able to take on added responsibilities of decision-making and ensuring the Air Force vision of a truly empowered workforce becomes a reality. Today's Air Force is more

educated than ever before and we must fully tap into individual and collective talents to remain the world's most respected air and space force.

Leaders who choose to maintain a "strangle hold" on the decision-making process will find their units with low morale and an absence of teamwork, because people will not feel they are truly a part of the team.

Another consideration for leaders and subordinates to remember and understand is that empowerment isn't given freely. Empowerment is entrusted to those who have been trained and demonstrate the ability to handle added responsibility.

Having the title of shop chief,

noncommissioned officer in charge, or superintendent doesn't automatically mean you have all the skills and training to be fully empowered.

You earn that privilege by carrying out the duties currently assigned to you in the most professional manner possible and establishing a foundation of trust and confidence between you and your superior.

With fewer people and dollars to meet our mission requirements, we must utilize all the resources available to us. Trusting our people, believing in our people, and empowering them to make changes and improvements will ensure our success. Delegation has its place, but often, it's empowerment that gets the job done and done well.

Keep your focus by intending to plan ahead

by Lt. Col. Blair Hansen Seymour Johnson AFB, N.C.

To say the pace of Air Force life is fast is a gross understatement.

Call it operations tempo, tasking, downsizing, whatever, the point is that luxury of time and spare resources is a thing of the past.

We are doing lots more with a lot less, and in a lot of places that a few years ago we'd have been hard pressed to identify on the globe. Our mission is more complex, more time-sensitive and it doesn't appear to be slowing down anytime soon.

With the accelerating pace of life, one of the most challenging things we face is ensuring that we stay focused on the tasks in our jobs and missions that matter most.

Much easier said than done, this requires a deliberate push back from the dayto-day demands that steal our attention and precious time.

The real paradox of our

situation is this step back often must be done at a time when we apparently can least afford to do it. But to stay on track with both the daily "critical" taskings and at the same time balance work toward more longrange objectives, we must regularly adjust our focus.

We all want to do things right and meet all taskings on or before suspenses.
We've demonstrated we're extremely good at doing things right and this should continue. The problem often is that we don't accurately assess our capacity, often biting off more than we can chew.

The real issue becomes the selective process of deciding what we will and will not do. Cutting corners to increase our production is a non-starter; bad things happen when we get into this mentality.

It's important we do things right, but how often do we stop to ask ourselves if we are doing the right things?

Consciously selecting the

projects or tasks we take on, and those we don't, is one of our greatest leadership challenges.

So how do we sort out the right things to do or the ones to do first? Tough question. But an eye on our long-range goals and objectives is the key, regardless how we structure our planning process.

A case in point is life at my house. My wife and I seem to be busy all the time.

Without her leadership in planning for long-term improvements, I fear all we would really get accomplished is occasionally mowing the grass and clipping a few weeds.

With her lead, however, we manage to not only regularly crop the grass, but tend to the other less nagging obligations of home maintenance like cleaning the gutters, building new flower beds and painting.

The point is, without balancing near-term imperatives and long-range objectives, we would only have been able to do basic maintenance and our place would slowly deteriorate.

So it is with organizations. The excuse that "we're just too busy day-to-day" to plan is just that, an excuse.

Our units' strategic plans provide long-range objectives and goals, and we are all hopefully regularly reviewing our progress on our Quality Project Manag-

The part of the equation for which we in individual units are responsible is a bit more vague.

In flying squadrons, our annual flying program is our road map, the core of our unit plans. It requires extremely detailed planning to incorporate all known activities of the squadron, deployments, maintenance and operations training and exercises.

The level of detail is directly linked to the quality of the plan. However, we all know change is inevitable; the key to coping with change is to avoid the tendency to focus only on near-term requirements.

When things change, it's time to go back to the big plan. Make a new one, if necessary. Maybe just a tweak here and a bump there will suffice.

The key at all levels in our units is to always have a current plan and follow it. One of the greatest payoffs of a current, up-to-date plan is the stability and sense of rhythm it brings to a unit, even in times of high tasking and pressure.

When we all know what we're doing, why we're doing it and what's on our plate in the future, we're more productive.

Focus, plan, execute. Plan your schedule and make the time to regularly and critically examine your focus; concentrate on how well your plan is meeting your short and long-range objectives.

Take time to step back regularly and make sure we're traveling down the right road. A long-range focus maintained through aggressive planning pays incredible dividends.

ROUEDBA

Printed for people like ...

2nd Lt. George Matusak 64th Civil Engineer Squadron



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Educational opportunities still available for Reese members

Baptist University Lubbock Center will continue to hold classes on base through closure.

They are currently in the fall session both at Reese and at the Lubbock

The winter, spring and summer sessions have been identified for both schools and class dates have been scheduled. Tuition assistance (TA) is also available to all eligible military members for these three sessions until closure.

Additionally, college-level testing is provided. Testing is accomplished two mornings and two afternoons weekly and will continue through May 1997. College-credit exams are available in more than 150 subjects. If the exam is not on hand, it can be ordered. Study material is also available for some of these exams.

Three national tests are being ad-strategy early.

South Plains College and Wayland ministered in October 1996. They are the College Level Examination Program (CLEP) English Composition with Essay on Oct. 3; the Graduate Record Examination (GRE) on Oct. 16; and the Graduate Management Admission Test (GMAT) on Oct. 21.

> For those who cannot take bypass exams for a college course through testing and are unable to attend classes for shift work, frequent travel, or for other reasons, there are more than 6,000 courses available covering all Ievels of study from high school through graduate studies. Tuition assistance can be used for independent study courses and will be paid upon completion of the course.

> Information and assistance is available through the education office. Stop by and speak with someone or make an appointment by calling ext. 3634. Plan personal or education closure



Mary Sevier, base test proctor, administers a test to Airman 1st Class Stephen Potts, 64th Civil Engineer Squadron.

News notes

AF seeks RIF navigators, EWOs for duty

Navigators and electronic warfare officers who left the active-duty Air Force as part of the reduction in force may now apply for return to active duty.

Records of eligible officers will be reviewed by a recall board at the Air Force Personnel Center, Randolph Air Force Base, Texas, to determine if the officers will be accepted for recall or accession to extended active duty. The Air Force had about 50 slots available through the recall program.

For more information contact the AFPC special branch, 1-800-558-1404.

Language proficiency assessment coming

Air Force personnel officials will release a foreignlanguage-proficiency survey around Oct. 15, as part of a comprehensive Air Force chief of staff-sponsored effort to determine what foreign language resources the Air Force

"We must identify everyone on active duty who can speak a foreign language at any skill level," said Albert B. Arrighi from the Office of Air Force Military Education Programs. "We want to know if you spoke or currently speak the language at home, if you can read a newspaper or if you can write a letter in that language."

The mandatory survey will consist of about five general questions designed to determine a person's language ability.

Arrighi said, "Results will be used to enable the Air Force to more effectively support mission needs around

AMC closes gateway at St. Louis airport

In an effort to reduce costs and improve service, Air Mobility Command has announced plans to phase out its full-service commercial gateway at Lambert-St. Louis International Airport and establish a test operations facility at Seattle-Tacoma International Airport.

This will affect AMC-chartered commercial flights, referred to as Category B missions. The changes will save an estimated \$5.3 million annually.

Physician assistant program now open

by Anita Renard Education center

The Physician Assistant Training Program for school year 1998 is now open.

Completed applications must arrive at Headquarters Air Force Personnel Center no later than Jan. 24, 1997 for classes beginning in September 1997 and January and April 1998. Applications received after that date will not be considered by the selection board.

Selectees entering the Physician Assistant Training Program are assigned duty and control reporting identifiers and have identical promotion status as personnel entering Officer Training School and the Airman Education and Commissioning Program.

However, individuals entering the program prior to the promotion eligibility cutoff date are ineligible for promotion consideration for that

cycle. Selectees are not discharged from the Air Force when entering the program as in some commissioning pro-

Active duty airmen, E-3 and above, who have two years active military service as of April 30, 1997 may apply. Only applicants with birthdays on or after Oct. 1, 1964 are eligible for this application cycle.

Sixty semester hours of transferable college credit and a grade point average of 2.5 or better is required. A minimum of 30 semester hours must be actual in-classroom study from an accredited academic institution. Four semester hours of chemistry with laboratory, three semester hours of algebra and three semester hours of English must be included in the 30 semester hours of in-classroom study.

Thirty semester hours may include credits from collegelevel examinations, correspondence work and the Community College of the Air Force.

Each of the credits is subject to evaluation and acceptance by the civilian university affiliated with the U.S. Air Force Physician Assistant Course. Scholastic Aptitude Test (SAT) scores no older than five years are required for all applicants including those with degrees.

Statistics for the average individual selected by the March 1996 Physician Assistant Board are: age 28.7, eight years time in service, Armed Services Vocational Aptitude Battery (ASVAB) general score of 91, combined SAT score of 1,124; 3.40 grade point average and 138 semester hours completed.

Applicants totaling 178 competed for 40 slots and 16 of the 40 selected were from nonmedical AFSCs.

Those interested in more information and help determining eligibility should call the education center at 3634.



Reese's goal \$50,000 100% contact

Currently \$20,803 54% contacted



A retreat ceremony with a flyover and the base band is held at the flag pole in Reese's early years.

High Flight — part of our heritage

Oh, I have slipped the surly bonds of earth
And danced the skies on laughter-silvered wings;
Sunward I've climbed, and joined the tumbling mirth
Of sun-split clouds—and done a hundred things
You have not dreamed of—wheeled and soared and swung
High in the sunlit silence. Hov'ring there, I've chased the shouting
wind along, and flung

My eager craft through footless halls of air.
Up, up the long, delirious burning blue
I've topped the windswept heights with easy grace
Where never lark, or even eagle flew.
And, while with silent, lifting mind I've trod
The high untrespassed sanctity of space,
Put out my hand, and touched the face of God.

"High Flight" puts great emotion into words... love of flight. Its author, John Gillespie Magee Jr., felt the desire to fly from the early days of World War II.

Because the U.S. was not yet involved in the war, the 19-year-old Magee joined the Royal Canadian Air Force and began training in the Spitfire. While flying at 30,000 feet, inspired by the overwhelming ecstasy and serenity of the moment, he started mentally composing the verses to his now famous poem. He memorized everything but the last line, which he added shortly after landing.

Magee was killed in a mid-air collision during practice maneuvers in December 1941. His life was that of the determined airman whose inspiration reminds us of the unbounded joy and freedom of flight.

Air Force celebr

Golden legacy, boundless future

WASHINGTON (AFNS) — The following 49th Air Force anniversary message is from Secretary of the Air Force Dr. Sheila Widnall and Air Force Chief of Staff Gen. Ronald Fogleman:

As the nation celebrates the 49th birthday of the United States Air Force this year, we want to take this opportunity to thank you, the men and women who make up our institution, for your selfless contributions to our nation's

defense. Like those dedicated professionals who came before, you have made our Air Force the most read air and space force in the world

This occasion also marks the beginning of our celebration of the Air
Force's 50th anniversary. Our service was born through the efforts of a unique collection of people who shared a vision of what airpower could contribute to America and drove to make that

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President Harry Truman signs HR 1726 on Sept. 19, 1951, an act "to provide for the organization of the Air Force and the Department of the Air Force" a technicality in the unification plans to make the Air Force Department official. From left, Chief of Staff of the Air Force, Gen. Hoyt Vandenberg; Rep. Overton Brooks (D), La., and Secretary of the Air Force Thomas Finletter.



The flight line dedication day here in January 1942.

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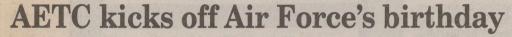
Finletter.

vision reality — an independent Air Force Today, we share that vision with ecessors and build on their o make the Air Force of the 21st century uniquely capable of global engagement.

You have been a vital part in building our Air Force. So we encourage you to celebrate our service's proud history by taking part in the diverse activities that will be held across our Air Force

over the next 14 months.

Revel in the accomplishments of the past while you seek the challenges of the future. A strong and capable Air Force will be essential to sustaining America's preeminent position in an uncertain world during the 21st century. The men and women of our Total Force will play a crucial role in making the next century the age of air and space power.



RANDOLPH AIR FORCE BASE, off the celebration." Texas (AETCNS) — The "First Command" kicks off the Air Force's year-long 50th Anniversary celebration this month.

The overall anniversary theme is Golden Legacy, Boundless Future: Your Nation's Air Force.

"There are four objectives behind the celebration," said Col. Duncan Koller, Air Education and Training Command 50th Anniversary coordinator. "First, to highlight the next significant contributions of the Air Force to air and space econd, to increase pride in the e team; third, to thank and honor Air Force veterans and family members; and fourth, to educate the public on Air Force contributions to the nation.

"The celebration begins in September and culminates on the Air Force's birthday, Sept. 18, 1997. Throughout the year, each major command has a focus period. Since AETC is considered the 'First Command', it's only appropriate that we kick http://pa-sun.aetc.af.mil/ho/.

AETC's focus period is September and October of this year. "We want this to be a period of enjoyment and renewal. We do not expect bases to add workload on the troops by undertaking elaborate activities," said Koller. "Bases are encouraged to use scheduled events and tie the 50th Anniversary theme to them."

Air University hosts the first event Tuesday, consisting of a re-enactment ceremony of the AU activation and a Grand Ball. Headquarters AETC ceremonies are scheduled for Sept. 24, consisting of a military Tattoo with vintage and modern day aircraft. The musical program will trace the Air Force's 50 year history. Koller said it's anticipated that Air Force Chief of Staff Gen. Ronald Fogleman will attend both events.

For more information on upcoming events and history tidbits, browse the AETC 50th Anniversary homepage at



From the very beginning, aircraft maintenance was a key to performance. This 1942 vintage Army U-32 receives its final check before release to pilots.

Air Force accepts anniversary logo

The Air Force unveiled the logo it will use in upcoming 50th anniversary activities from this month through December 1997 during a ceremony in the Gen. Henry H. Hap Arnold corridor of the Pentagon.

The logo, a gift from the Air Force Memorial Foundation, symbolizes the 50 years of hard work and dedication by millions of Air Force people and their families, and should remind everyone of their proud heritage and unlimited horizons as part of the nation's Air Force, officials with the 50th anniversary plans and programs office said.

The logo depicts an eagle's head with the number 50 incorporated into the neckline.

Standing near a portrait of Arnold and in between two display cases housing Arnold's photos and other memorabilia, Air Force Chief of Staff Gen. Ronald Fogleman paid tribute to the Army Air Force's commander in chief and the Air Force's only five-star general during the unveiling

The theme of the 50th anniversary will be "Golden Legacy, Boundless Future: Your Nation's Air Force."

The theme "recognizes the tremendous contributions made by individuals through the years to build the Air Force and make it the powerful force it is today," said Lt. Gen. Lloyd "Fig" Newton, assistant vice chief of staff.

"Over the past 50 years, the United States has truly become the world's leader in aerospace technology," Newton said.



Demonstration of flight maneuvers with a model airplane at Randolph Field, Texas.



Ruby's Lounge

(885-3156)

Today: Social hour begins at 4:30 p.m. with hors d'oeuvres and beverage specials. Shuffleboard tournament with prizes at 7 p.m. Variety Disc Jockey begins at 9 p.m.

Saturday: Lounge opens at noon. **Sunday:** Lounge opens at noon.

Monday: Lounge opens at 3 p.m. Monday Night Football with food and beverage specials.

Tuesday: Lounge opens at 3 p.m. Bingo at 6 p.m.

Wednesday: Lounge opens at 3 p.m. Taco night from 5 to 7:30 p.m. Free for members.

Thursday: Lounge opens at 3 p.m. with 30-minute beverage special. Boss and Buddy Night with free food at 5 p.m.

Reese Chapel

(885-3237)

Catholic services: Mass -- Monday, Wednesday and Friday at 11:30 a.m., Saturday at 5 p.m. and Sunday at 9:45 a.m. Confessions -- Saturday from 4:15 to 4:45 p.m. and weekdays by appointment. Religious education -- 11 a.m.

Protestant services: Sunday worship 11:15 a.m. Sunday school -- 9:45 a.m.

Bible Study: Wednesday at noon with Chaplain Janner. A light lunch is provided.

Sunday School: Protestant class from 9:45 to 10:45 a.m. and Catholic CCD from 11 a.m. to noon. Both begin Sept. 15.

For information on other worship opportunities in the local community call 3237.

Library (885-3344)

Story Time returns the third Saturday of every month beginning Sept. 21 from 11 a.m. to 12 p.m. in the library's conference room for ages 3-7. Reservations are required. Call the library to sign up.

Carol's Video Picks-'O-the-Week: Family entertainment -- "Braveheart;" Adult -- "Species; "Children -- "Fern Gully."

Also, **check out** "The Warren Buffet Way" by Robert Hagstrom, Jr. and a variety of military/aviation-related books.

Get a dose of **daily news** with several newspapers to choose from in the in-library reading area.

Hours of Operation: Monday through Thursday from 11 a.m. to 6:30 p.m., Saturday from 10 a.m. to 2 p.m., and Sunday from 12 to 5 p.m. The library is closed on Fridays, holidays and goal days.

Auto Skills Center (885-3142)

Hours of Operation: Tuesday through Friday from 11 a.m. to 6 p.m. and Saturday from 9 a.m. to 4 p.m. The center is closed on Sunday, Monday and holidays.

Around Reese

Simler Theater (885-4888)

NOW SHOWING

Today: "The Frighteners," (R) 7:30 p.m. When the tiny town of Fairwater is plagued by ghosts, it calls on the services of ghostbuster, Frank Bannister, who's secretly in league with the spooks (Starring Michael J. Fox and Trini Alvarado).

Saturday: "Independence Day," (PG-13) 7:30 p.m. Will Smith and Jeff Goldblum star in the blockbuster science-fiction thriller about alien invasion in the biggest way. It's a straightforward shootout as earth faces planetary destruction. What secret weapon can save us?

Sunday: "Eraser," (R) 6:30 p.m. Arnold Schwarzenegger is a sincere marshall who deftly arranges spectacular deaths and new lives for witness protection subjects. His world of action is complicated by intrigue and corruption at the highest level which puts him and his clients in mortal danger. Also stars Vanessa Williams.

Ticket price for adults is \$1.50 and \$1.25 for children under 12 years old.

Caprock Cafe (6027 - voice | 6028 - menu)

Today: Lunch—Spicy Baked Fish, Barbecue Chicken, Ground Beef Cordon Blue.
Dinner — Cajun Meatloaf, Simmered Knockwurst, Roast Fresh Ham.

Saturday: Lunch—Roast Beef, Herbed Baked Fish, Chicken A la King. Dinner— Grilled Ham Steaks, FF Fish Portions, Chicken Enchiladas.

Sunday: Lunch—Chicken Adobo, Oven Fried Fish, Honey Glazed Cornish Hen. Dinner — Grilled Liver, Fried Scallops, Savory Baked Chicken.

Monday: Lunch—Baked Canned Ham, Barbecue Pork Loin, Hot and Spicy Chicken. Dinner—Braised Beef and Noodles, Beef Porcupines, Lemon Basted Sole.

Tuesday: Lunch—Beef Fajitas, Barbecue Spareribs, Roast Turkey. Dinner—Sauerbraten, Pork Chops with Apple Rings, Chinese Five Spice Chicken.

Wednesday: Lunch — Grilled Tenderloin, Baked Canned Ham, Fried Chicken. Dinner—Beef Ravioli, Fried Shrimp, Roast Pork of Loin.

Thursday: Lunch — Steak Ranchero, Pork Chop Suey, Szechwan Chicken. Dinner — Spinach Lasagna, Hamburger Yakisoba, Roast Turkey.

Menu subject to change

Skills Development Center

(885-3787)

The center has framed photos and prints, custom framing and color prints of T-1A Jayhawks, T-37B Tweets and T-38A Talons available. Also Reese souvenir T-shirts are also available.

Reese Club

(885-3466)

Today: Short Order Line from 11 a.m. to 1 p.m. Smokin' Hole opens at 4 p.m. Social hour at 5 p.m. with free hors d'oeuvres and beverage specials.

Saturday: Closed

Sunday: Sunday Brunch from 10:30 a.m. to 1:30 p.m.

Monday: Short Order Line from 11 a.m. to 1 p.m.

Tuesday: Texas Barbeque Buffet from 11 a.m. to 1 p.m. Cost is \$3.95.

Wednesday: Short Order Line from 11 a.m. to 1 p.m. Smokin' Hole opens at 4;30 p.m. Taco Night from 4:30 to 7:30 p.m. Cost is \$2 for members and \$5 for nonmembers. Thirty-minute drink special.

Thursday: Chicken Fried Steak from 11 a.m. to 1 p.m. Cost is \$3.95. Smokin' Hole opens at 4:30 p.m. Thursday evening dining is Mongolian barbecue from 5:30 to 8 p.m. Price varies according to plate size.

Youth Center

(885 - 3820)

Today: Friday Night Live--overnight lock-in for ages 11 and older from 8 p.m. to 8 a.m. Cost is \$6. Bring a sleeping bag and a snack to share. Breakfast and beverages will be provided.

Monday: In-line hockey for ages 8 and older from 5 to 6 p.m. Three-on-three basketball for ages 10 to 18 from 5 to 8 p.m.

Wednesday: Arts & Crafts from 5 to 6 p.m.

Thursday: Cooking from 5 to 6 p.m. September: Sign up for library cards.

Child Development Center

(885-3541)

Family Day Care opportunities abound which allow the provider to set the hours and fees. Call the center for more information.

Infant care is available for children ages six weeks to six months.

Bowling Center Crock Pot Specials (885-6555)

Today: Lasagna, Small Salad and Garlic Toast. Cost is \$3.00.

Monday: Steak Fingers with Cream Gravy, French Fries, Small Salad and Texas Toast. Cost is \$3.50.

Tuesday: Fried Chicken, French Fries, Small Salad and Rolls. Cost is \$3.95.

Wednesday: Fried Rice, Lumpia, Pancit and Sweet and Sour Pork. Cost is \$3.50.

Thursday: Chicken and Dumplings, Small Salad and Rolls. Cost is \$3.

Equipment Rental

(885-3141)

Equipment rental: The center has popup trailers, tents, sleeping bags, lanterns and ice chests, roto tillers, hedge trimmers and lawn mowers. Check it out!

News notes

TRICARE enrollees must sign coupon

Every year, depending on when the sponsor enrolled in TRICARE, active duty family members, retirees and their family members will receive an annual renewal notice for continuing care under the TRICARE program.

In order for people and their family members to continue under this plan, you must sign and return the notice coupon. Failure to complete this in a timely manner will result in the disenrollment of all TRICARE Prime members.

All TRICARE Prime members can either mail the coupon back to Foundation Health or drop it off at the TRICARE service center.

Special conveyances require receipts

Travelers who hire special conveyances (rental cars, chartered air taxis, etc.) need to be certain that all receipts are in hand to support the travel voucher submitted.

Additionally, turning in travel vouchers to the financial services office may not be the usual motion of submitting the voucher form, a copy of the traveler's orders and a few receipts. The change is due to a recent Joint Federal Travel Regulation update stating that finance may require new additional documents to support claims for travel expenses reimbursement.

Specifically, this new requirement calls for a receipt bill or another form of receipt that must show when certain services are rendered or articles purchased with the unit price.

Unless a traveler includes a statement explaining why receipts are missing, reimbursements claimed will be denied. The exception is if the traveler is under classified orders and by furnishing supporting documents would be detrimental to the government and the public interest.

Any questions can be directed to the financial services office at 3360.

Firing range off limits

The combat arms firing range is located on the west side of the base. It is off limits to all personnel unless on official business. Trespassing is not only illegal, but dangerous due to gunfire.

Privately owned weapons firing

The base firing range will be open for privately owned weapons firing Sept. 28 from 9 a.m. to 1 p.m. Reservations are required and can be made by calling 3848.

Equal Opportunity 101

Q. What Black/Africian-American male invented the first clock in the United States?

(Look for the answer in next week's Roundup.)

Last week's question:

Q. How many American Indians served during the Vietnam War?

A. 41,500

(Submitted by Capt. Eric Bass, 64 FTW/SA)

Submit equal opportunity questions and answers to 64 FTW/SA. The name will be published along with the information provided.

CFC kicks off with barbeque

From left, Lonnie Willis, Lubbock State School, puts more hamburger patties on the grill while Dianna Stewart, United Way, turns some hotdog weinnies. The two cooked food for Combined Federal Compaign workers to mark the start of the CFC drive. Anyone interested in donating should see their squadron representative.



Ruby's hosts Multi-Cultural Bash

The Hispanic Heritage and Black History Month committees are sponsoring a Multi-Cultural Bash at Ruby's Club Sept. 20 from 8 p.m. to 1 a.m. There will be free food, entertainment and door prizes. For more information call social actions at 3901 or 3422.

Health promotions has new services

Health promotions offers people a personalized nutrition plan. This program breaks down the calories, fat grams and number of servings from each food group people should be getting daily to maintain their current weight. Health promotions can also develop a weight loss plan for an individual.

Also available is the Diet Analysis program which will help a person see how healthy their current eating habits really are.

If anyone is interested in trying out any of the new programs or just want more information, visit health promotions during walk-in hours, 7:30 to 11:30 a.m., or call 6153.

64th MSS will have limited service

The 64th Mission Support Squadron will have limited service Sept. 20 starting at 1 p.m. for a squadron function. The military personnel flight customer service and family support flight will be open for business as normal.

ROCC slates applications seminar

The Reese Options Career Center will be offering two Completing Applications Seminar sessions Sept. 24 from 11 a.m. to noon and from 12:30 to 1:30 p.m. in the family support flight classroom. Members are allowed to bring lunch if they desire. If anyone would like to sign-up or needs more information, call Pam Appell or Kay Dyer at 3305.

ROCC holds networking seminar

The Reese Options Career Center will be offering a Networking Seminar Sept. 27 from 11:30 a.m. to 12:30 p.m. in the family support flight classroom. Members are allowed to bring a lunch. If anyone would like to sign-up or needs more information, call Pam Appell or Kay Dyer at 3305.

Relocation (PCS) assistance available

As part of the Department of Defense instituted Relocation Assistance Program, a Smooth Move workshop is scheduled for Tuesday from 6:30 to 8:30 p.m. in the family support flight classroom.

This program is designed to address the most commonly asked questions about permanent-change-of-station moves and to reduce the confusion that may accompany such a move, overseas or stateside. Overseas base information packets will be available, describing customs, common problems and special needs encountered by military members and their families upon arrival in a foreign country.

Workshop reservations are due by Monday. For more information, call 3305.

"My Military Family" poster contest

Promoting "My Military Family" as its theme, the Armed Services YMCA is sponsoring a nationwide poster contest for children of military families. The winner will receive a \$500 U.S. Savings Bond.

The YMCA will produce and distribute the winning poster in commemoration of Military Family Week, held in November during the Thanksgiving holiday period. The contest is open to military children in grades kindergarten through six.

Drawings should depict children and their parents in a military family setting. Poster designs should be on 8 1/2 by 11 inch, regular white, unlined paper. Color or black and white drawings are acceptable. Entries must arrive at the Armed Services YMCA by Sept. 30.

Each entry must include a cover letter with the name, age, grade level and address of the child. In addition, entries must include the parents full names and the military sponsor's unit.

Send entries to: Armed Services YMCA National Headquarters, 6225 Brandon Avenue, Suite 213, Springfield, Va., 22152-2510.

Reese Employee Association sells treats

The Reese Employee Association members are having a bake sale Saturday from 10 a.m. to 3 p.m. in the base exchange mall.

New to job search? Seminar offers tips

The Reese Options Career Center offers "Eliminating the Maze" job search seminar Thursday from 4:30 to 6 p.m. in the family support flight classroom. Call 3305 to sign up or for more information.

Limited immunizations available

All Reese personnel, family members and retirees are requested to contact the clinic prior to reporting to allergy/immunizations.

Intramural flag football season kicks off

kicked off here Sept. 4 with eight teams trying to prove they are the best team this

Seven of the teams will be trying to dethrone last season's champs, 64th Logistics Squadron, who have started the season where they left off last year. The team's looking to end the 64th LS reign as defending champs are the Flying Training Squadrons, Navy, 64th Civil Engineer Squadron, 64th Communications Squadron, 64th Medical Group, 64th Mission Support Squadron and 64th Operations Support Squadron.

In the opening day of competition, the

The intramural flag football season 64th CS sank Navy's aspirations, 33-19; 64th LS routed the 64th OSS, 28-7; and FTS took an overtime victory against the 64th MDG, 12-6.

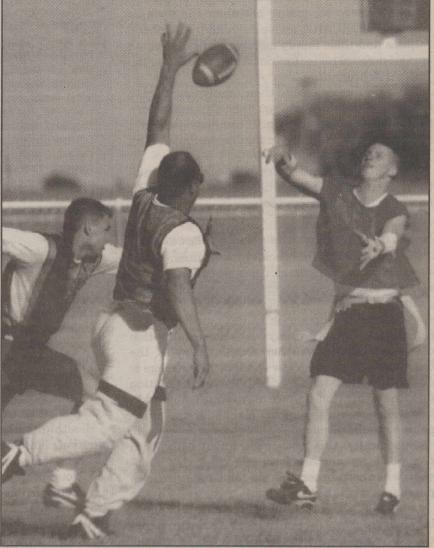
> In the only game played Sept. 5, the Navy bounced back to pound the 64th CES. 36-6.

> The 64th CES refocused its attention Tuesday to blank the 64th OSS, 25-0. On the same day, the 64th MSS proved to be too much with their stylish uniforms as they beat the 64th MDG, 21-13, and FTS bombed Navy 27-14.

> Results from Wednesday's and Thursday's games will appear in the Sept. 20 issues of the Roundup.



Quarterback John Mancuso, 64th CES, scrambles for extra yards against the 64th OSS.



Lineman Harry "Big Paw" Washington, 64th CES, tries to bat-down quarterback Gary Muckey's, 64th OSS, pass Tuesday. The 64th CES won 25-0.

Sports update

Bowling center schedule

Today: TGIF bowling for \$1 a game from 7 until

Saturday: Young American Bowling Alliance competes at 9:30 a.m.

Sunday: Bowling for 50 cents per game. Sunday's Special for bowlers only is a barbeque sandwich and french fries for \$2.55 from noon until 6 p.m.

Tuesday: Intramural League bowls at 4 p.m. Local Law Enforcement League bowls at 7 p.m.

Wednesday: Intramural League bowls at 4 p.m. Mixed League bowls at 7 p.m.

Thursday: Indurstrial League bowls at 6:30 p.m.

Bowling center sponsors football

Windmill Lanes bowling center is sponsoring Monday Night Bowling/Football with 50 cent games and reduced prices on beverages. Football games will be televised on the overhead screens during bowling. For more information call the center at 3116.

Aerobic classes continue

Aerobic classes are held Monday through Thursday from 11 a.m. until noon and 4:45 to 5:45 p.m. Friday class is from 11 a.m. until noon. Saturday class is from 10:30 to 11:30 a.m. Class is also held on

fitness center at 6021 or Senior Airman Julie Brown

POW/MIA 10 K fun run is today

The fitness center is holding its annual POW/ MIA 10 Kilometer Fun Run at 11 a.m. The race will start at the base car wash.

Youth center holds NFL competiton

The NFL-Gatorade sponsored Punt, Pass and Kick competition will be held at the youth center Sept. 28 from 9 a.m. until 5 p.m. and Sept. 29 from 2 to 5 p.m. Boys and girls will compete separately and by age groups. The four age groups are: 8-9, 10-11, 12-13 and 14-15 years old. There is no charge to enter the competition. For more information call the center at 3820.

Crunch away stress

Been one of those days when nothing has gone right? Tension been building up?

You might want to try snacking your stress away. According to Elizabeth Ward, an American Dietetic Association spokesperson, snacking on something crunchy can help alleviate stress.

When you bite into something that crunches, the

Sunday at 2 p.m. For more information call the mucles in your face, jaw and neck get a workout. As a result, the tension that has built up there is

> Oh, a word of warning. She's not talking about nuts or chips, which are full of fat. She has in mind natural foods: like apples, carrots and celery.

> > -- USAF Fitness & Sports

High-top shoes prevent sprains

High-top basketball, baseball, football and tennis shoes do help prevent sprains and strains to the ankles. A new study by the University of Michigan Medical Center found them to be 30 percent more effective in reducing injuries--if they are laced up all the way.

-- USAF Fitness & Sports

Speak your mind. Feel good about it!

On Election Day

Date for your candidate Date for your country. But most of all...



Vote for Yourself.