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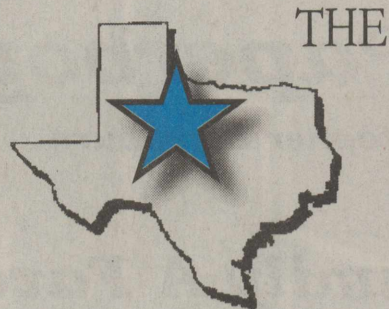
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THE KNOX COUNTY NEWS

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KNOX COUNTY, TEXAS
THURSDAY, OCTOBER 1, 2009

75 CENTS
NUMBER 49

Hospital District Adds Health Walk Event to Annual Healthfair

Mark your calendar for October 3, 2009 as the date to begin or renew a healthy lifestyle. In conjunction with the District's Annual Healthfair, HEALTH, WELLNESS, AND SAFETY 2009, a Health Walk has been scheduled. Registration will begin at 7:30 a.m. at the Hospital with the Health Walk beginning at 8:00 a.m. Participants can walk, run, jog, skip, hop, bike, or crawl up to five miles. The event is open to all ages and participants choose whatever distance they are comfortable with. To pre-register or for more information, contact Kelly or Jamie at the Knox City Clinic at 940.657.3906. All participants will receive a free T-shirt.

HEALTH, WELLNESS, AND SAFETY 2009 sets the stage for multiple health screenings, quality information and demonstrations benefitting all ages. The fair will be held on the Knox County Hospital Grounds at 701 South 5th Street in Knox City from 9:00 a.m. until 1:00 p.m. on October 3rd. Vendors scheduled to attend are Southwest Medi-Vac, Diagnostic Management Group, Munday Nursing Center, Hospice of Wichita Falls, Texas Department of Aging & Disability Services, The Alternatives Program, Knox County American Cancer Society, Texas Agri-Life Extension Service, Noah Project - North, American Red Cross,

Knox County Sheriff's Office, and Munday Police Department.

The Knox County Hospital District Auxiliary, The Pink Ladies, kick off the event with participant registration and their famous cookies and punch. Providing complimentary glucose and cholesterol testing, the Laboratory Department of Knox County Hospital requests that participants fast prior to the tests. Knox County Hospital Home Care will host a free blood pressure clinic and the Dietary Department will provide a selection of healthy nibbles and suggestions for a proper diet. For our youth, games with prizes are planned.

Designated as a Level IV Trauma Center, the District believes that prevention of injuries

is the basic part of the cure. In its ongoing commitment to community education, the Trauma Department is providing injury prevention education and will be giving away a number of related items including fire extinguishers, smoke and fire alarms, carbon monoxide alarms, first aid kits, and a limited supply of life jackets.

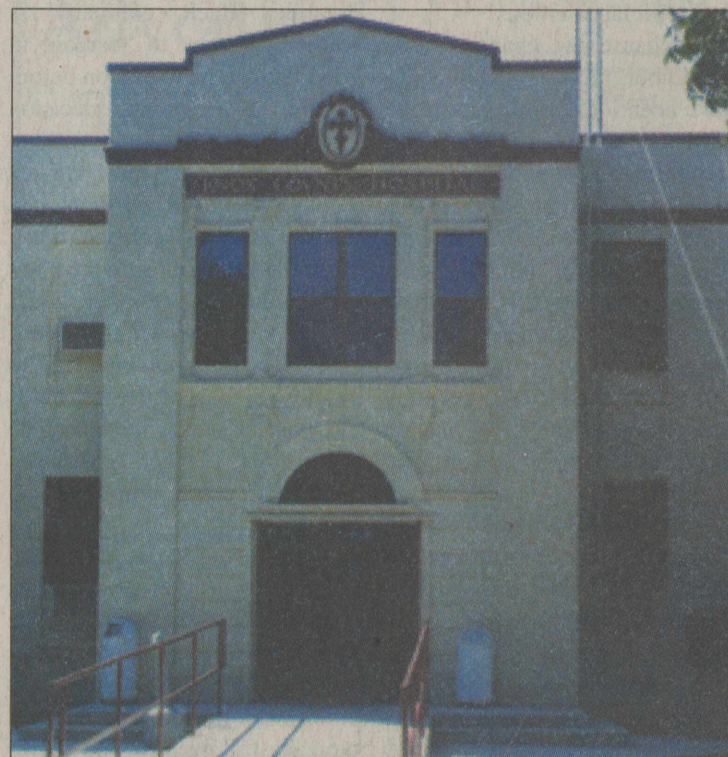
The Texas Department of State Health Services classifies flu activity in Texas as 'Widespread'. DSHS recommends Texans receive their seasonal flu vaccination now as it is one of the best ways to protect yourself and others from the flu. Flu shots will be available at the Health Fair for those who missed our recent Flu Shot Clinics. The cost is \$20.00 each for Non-

Medicare/Medicaid patients.

The District will also introduce its acquisition of Seymour Medical Supply and the up-coming branch office in Benjamin. The Knox County Hospital Marketplace, an e-commerce web-site will also be presented to the public.

CEO, Stephen Kuehler, stated '2009 has been a time of growth for the District and we look forward to introducing our newest services to the public. Our health fair provides an ideal forum for our citizens to obtain health screenings, flu shots, and information about various healthcare related issues and services.'

Mark your calendar now to attend HEALTH, WELLNESS, AND SAFETY 2009.



Vietnam Memorial Wall Replica in Childress

By JAMI RASH

Many veterans may never get a chance to go to Washington, D.C. and see the Vietnam Memorial wall. There is another way, however, for them to search the names for fallen comrades.

The American's Veterans Traveling Tribute Wall will be coming to Childress to be put on display November 11-16, 2009.

The Wall is an 80% replica visual representation of the Vietnam Memorial Wall, and stands over 8' tall and is over 370' long.

"This is a once in a lifetime experience for people to see the Memorial in their hometown," said Susan Leary, Executive Director of the Chamber of Commerce.

Along with the Wall there will be several other displays available for viewing, such as the Walk of Heroes exhibit, gold dog tags, 9/11 exhibit, WWII display, along with several others.

The memorial will be open 24 hours a day.

The Childress Veterans day service will also be held at the Wall.

The Childress Chamber of Commerce is also inviting area schools to come and view the memorial.

The display is open to the public and there is not an admission to see any of the exhibits. Anyone who wants to make contributions can make them to the Childress Chamber of Commerce.

A person is not gone until the memories are; AVTT is dedicated to remembering all with honor. America cannot forget those who sacrificed all, and support all who have served and are serving. This is vital education for our youth. Our country must also remember the POW's and MIA's who never came home; AVTT is dedicated to their cause and memory.



The American's Veterans Traveling Tribute Wall will be in Childress Nov. 11-16. The wall is an 80% replica of the original wall in Washington, D.C. While here, the memorial will be open 24 hours a day and is open to the public with no price of admission. Local Veterans Day proceedings will take place at the replica. Look for more in Friday's edition of The Index.

LOOKING AHEAD

FIREPROOF YOUR MARRIAGE. Starting September 9, from 7 - 8 p.m. every Wednesday at the Four Square Church in Knox City. Classes happen every Wednesday until October 28. Everyone is welcome to come- married, engaged or single; help solidify strong marriages, immobilize quakes in marriages, or perhaps make "good-every-other-day" relationships more consistent- All can benefit from the services.

Homecoming Tailgate Party! Come out before the Knox City- Lueders Avoca football game on Friday, October 2, at 5:30- West of the Knox City Football field. Sausage and tortillas & sodas will be served. If you want to help or any more information, call Linda Abila at 256-2609. Support your Hounds!!!

Knox County Hospital District Annual Health Fair and Health Walk will be held on Saturday, October 3 at the Knox County hospital in Knox City from 7:30 am until 1:00 pm.

MARK YOUR CALENDARS!!! The annual Sausage Dinner in Rhineland is scheduled for Sunday, October 11 at the Catholic Church in Rhineland.

Combs Urges Small Cities and Counties to Take Advantage of Energy Saving Grants

AUSTIN — Texas Comptroller Susan Combs today announced more than a thousand small cities and more than 200 counties in Texas can receive grants to help with energy efficiency and energy conservation projects. A total of about \$45 million in federal stimulus funds can be used for projects that include public building energy retrofits and energy efficient street lighting.

The Energy Efficiency and Conservation Block Grant (EECBG) program will be administered through the Comptroller's State Energy Conservation Office (SECO). The list of the cities and counties, and the allocated grant amounts they can receive, can be found at www.seco.cpa.state.tx.us/arra/eeecbg/index.php.

"Small cities and counties don't have to bid for these grants, the money is already allocated to them if they choose to use it," Combs said. "We want to make sure every eligible city and county gets to use these grants

and we'll provide as much help as possible. The allocated amounts range from \$20,000 to \$150,000."

SECO will distribute the block grants to cities with populations under 35,000 and counties with populations under 200,000, based on 2007 census estimates. There are 1,127 cities and 244 counties in these categories. Packets have been mailed to the mayors and county judges with an acceptance form to proceed with the application process, examples of eligible projects and a sample of official resolutions that cities and counties must pass. Document copies are at www.seco.cpa.state.tx.us/arra/eeecbg/index.php.

"We want to help cities and counties explore options to get long-term benefits of conserving energy and reducing emissions while saving their taxpayers money by cutting energy costs," Combs said.

Projects eligible for the EECBG program include: government building energy audits

and retrofits; small on-site systems that can provide electricity, heating or cooling to a public building; installing energy efficient traffic signal lights and outdoor lighting; and installing equipment that uses renewable energy such as solar, wind, water or geothermal energy to generate electricity at a government building.

A city or county has 45 days to preliminarily accept its allocated money and continue with the application process. SECO will team up with other agencies and local utilities and co-ops to help provide assistance and resources for applications and projects. If a city or county does not accept its grant, that money will be redistributed to other local governments that accept funding.

Larger cities (populations over 35,000) and counties (populations over 200,000) are working directly with the U.S. Department of Energy for their block grants.

September Rains Bring Unwanted Growth

VERNON -- The recent rainfall in the Rolling Plains region of Texas has been followed up with an explosion of volunteer wheat and other weeds in fallow wheat fields, said a Texas AgriLife Extension Service specialist.

"It is essential that we control this volunteer and other vegetation prior to planting wheat," said Todd Baughman, AgriLife Extension agronomist in Vernon. "Whether in a conventional, minimum or no-tillage program, we need to plant wheat into a good

weed- and volunteer-free seed bed."

Baughman said there are numerous reasons for the control, but the primary one is to control weeds, insects and disease.

"Often along with this flush of volunteer wheat we will have our first emergence of winter grassy weeds such as cheat, rescue grass, wild oat and ryegrass," he said. "Effective control allows us to get a jump-start on the problem weeds that reduce yield and impact wheat quality."

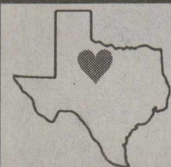
See RAINS Page 8

Hunter's Safety & Education Course

In cooperation, Texas Parks & Wildlife and Texas AgriLife Extension Service will be hosting a Texas Hunter's Safety and Education course. Any one is eligible to attend. If you are under the age of 9 you will not receive course

certification. If you are hunting in the State of Texas and you are born on or after September 2, 1971 you are required to have taken Hunter's Education and show proof while in the field. For successful completion you

See COURSE Page 8



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OPINION

Letters to the Editor Policy

Letters should be no more than 200 words and can be mailed to the Knox County News, 110 N Central, Knox City, Texas, 79529. Please include your street mailing address (no P.O. boxes), daytime phone number and full name. Our e-mail address is kcnews@valornet.com.

Smash the Labor Monopolies!

By Thomas Bowden

When President Obama addressed the AFL-CIO, he reiterated his support for the so-called Employee Free Choice Act. Congress is sharply divided over the proposed law, which would change the voting and arbitration procedures by which federal law forces companies to deal with labor unions.

Because the changes favor Big Labor, pro-union Democrats have been locked in a prolonged partisan squabble with their Republican opponents, and legislative compromise seems likely. But that's really beside the point. Instead of quibbling over the methods by which unions can be forced upon unwilling employers and employees, Congress should be debating how to make the labor market truly free--free from government coercion.

For more than 70 years, Congress has maintained a statutory scheme that fastens coercive labor monopolies on individual companies. Starting with the Wagner Act in 1935, any union that wins a simple majority of employee votes becomes, by force of law, the exclusive bargaining agent for every single employee in that workplace. Such a victory slams the door shut on individuals who want to

deal directly with the company, and leaves the union with a government-protected stranglehold on that firm's labor supply. Predictably, these company-by-company labor monopolies have had the kind of deadening effects that come with all coercive monopolies.

Here's how it works in practice: Each company is required by law to "bargain in good faith" with the union before making any important decision affecting jobs, wages, or working conditions. The union, in its legally privileged position, can just say no. When pressed, it can mobilize a crippling strike even if thousands of employees would rather keep working--because here, too, the outcome of an employee majority vote binds everyone. Usually, however, the mere threat of such a strike is enough to keep employers in line.

Now suppose a unionized firm wants to sell or close an unprofitable plant, or revamp a workflow to save expenses. At the "bargaining" table, the union's predictable resistance is typically followed by one of two results. Either the union stands firm, in which case the unprofitable practices continue--or the union acquiesces, in exchange for higher wages and

benefits, or a job for the shop steward's son, or some other favor. This is not genuine bargaining but organized extortion, made possible by federal labor law.

So, while non-unionized competitors charge ahead with nimble, inventive, rapid responses to market challenges, unionized companies learn to slow down, "negotiate," compromise, draw up rules--in other words, kowtow to the union. The inevitable results are bloated prices and declining product quality, as witness the domestic auto industry.

Detroit's automakers, having suffered through painful work stoppages in the decades following World War II, discovered they could avoid labor unrest by caving in to the United Auto Workers' demands. Over the years, meeting those demands gave rise to labor agreements as thick as telephone books, testaments to the stultifying regimentation that sapped Detroit's competitive juices.

Because car manufacturing is complex and capital intensive, many years passed before competitors from Japan, Korea, and Germany could establish

See SMASH page 8



The Paperboy

By Christopher Blackburn

Do Yourself and Family A Favor

Attention ladies and germs...

I've always thought that saying was a little dorky, but it fits today's topic.

H1N1 Flu (Swine Flu) is here. You need to be prepared. Actually, you should probably get a vaccination.

According to the Center for Disease Control, the symptoms are like seasonal flu and include fever, cough, sore throat, body aches, headaches, chills and fatigue. Other symptoms include diarrhea and vomiting.

In addition, people may have respiratory symptoms without a fever. Like seasonal flu, 2009 H1N1 flu in humans can vary in severity from mild to severe.

The CDC also states, "severe disease with pneumonia, respiratory failure and even death is possible with 2009 H1N1 flu infection. Certain groups might be more likely to develop a severe illness from 2009 H1N1 flu infection, such as pregnant women and persons with chronic medical conditions. Sometimes bacterial infections may occur at the same time as or after infection with influenza viruses and lead to pneumonias, ear infections, or sinus infections."

Sounds like some pretty nasty stuff and frankly, with a child in public school, my wife and I are going to pull the trigger on getting the whole family vaccinated.

Common sense is in order to combat the spread of H1N1.

The CDC recommends you:

Cover Your Sneezes and Coughs

* Influenza is thought to spread mainly person-to-person through coughing or sneezing of infected people.

* Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.

Wash Hands Often

* Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hands cleaners are also effective.

* Wash your hands after touching used tissues and similar waste.

* Avoid touching your eyes, nose or mouth. Germs spread that way.

Stay Home

* Stay home if you get sick. CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.

Have a Plan

* Have a plan to care for sick family members.

* Stock up on household, health, and emergency supplies, such as water, Tylenol, non-perishable foods.

Take Action to Stay Healthy

* Avoid close contact (less than about 6 feet away) with the sick person as much as possible.

* Eating utensils should be washed either in a dishwasher or by hand with water and soap.

* Find healthy ways to deal with stress and anxiety.

Should someone in your family get H1N1, the CDC suggests you care for them in the following ways:

* Check with their health care provider about any special care they might need if they are pregnant or have a health condition such as diabetes, heart disease, asthma or emphysema.

* Check with their health care provider about whether they should take anti-viral medications

* Keep away from others as much as possible. This is to keep from making others sick. Do not go to work or school while ill.

* Stay home for at least 24 hours after fever is gone, except to seek medical care or for other necessities. (Fever should be gone without the use of a fever-reducing medicine.)

* Get plenty of rest.

* Drink clear fluids (such as water, broth, sports drinks, electrolyte beverages for infants) to keep from being dehydrated.

* Cover coughs and sneezes. Wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.

* Wear a facemask -- if available and tolerable -- when sharing common spaces with other household members to help prevent spreading the virus to others. This is especially important if other household members are at high risk for complications from influenza.

Basically, be smart this winter. Make the effort and get an alcohol-based hand rub and place them at the home and office.

Funny thing, during a recent trip to Puerto Vallarta, every single place we went had hand rub. In addition, every employee we encountered used it before and after dealing with us.

It made us feel that much more secure and clean.

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Christopher Blackburn is the president of Blackburn Media Group, owner of this publication. Feel free to comment on The Paperboy at <http://thenewbastion.blogspot.com/>.

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ACROSS

- TX-based CAF has a _____ Messerschmitt Bf 108
- sandwich cookie
- College Station AM
- Coleman's "Fiesta de _____ Paloma"
- music genre of TX Vanilla Ice
- it's red with acid, and blue with alkaline
- in Jasper Co. on 96
- TXism: "busy as _____ fry cook in a truck stop"
- TX Ann delivered keynote _____ at '88 Dem. convention
- a hungry bear can _____ camping trip
- Ft. Worth's University Baptist has a tall one
- 2009 TX Rangers is close-_____ ball club
- "senor" so. of border chuch song book
- Cowboy Fiozell is an offensive _____
- before LK in NT
- TX truck windshield: "bug-_____"
- TXism: "spinning like a weather _____ in a whirlwind"
- actress Farrow in "A Wedding" with TX-born Carol Burnett
- actress Vaccaro who was raised in TX causes someone to lose their freedom
- TXism: "take a _____ off" (sit down)
- "D" of TX staple "DQ"
- mischievous youngsters
- fatal Dallas street for JFK
- TX-born Burnett won this award in '72, '74 & '75
- Santa _____ TX
- dangerous water flows near a TX beach
- exclamation of alarm
- _____ Grande
- former country music TV cable network (abbr.)
- American technology conglomerate (abbr.)
- TX Nash's "I Can See Clearly _____"
- this Howe coached for Rangers & Astros
- early TX wool co.: "New _____ Sheep Company"
- newspaper for town in Wichita Co. on hwy. 370 (3 wds.)
- ill-mannered
- TXism: "_____ but the fillings in my teeth" (went broke)
- based on true story: "Murder _____ Texas"
- pos. of Cowboy Martellus Bennett
- TX A&M has "Center for _____ Sciences"
- ancestor of domestic cattle in Europe
- struck with a blow
- Houston Astros or TX Rangers (2 wds.)
- gratis in software: "free _____ beer"
- last words of TX William Longley: "I see a lot of _____ out there, and _____ mightily few friends"
- TXism: "_____ the bottom of a well"
- OK town
- Mr. Houston (init.)
- TX QB Delmer & baseballer Cobb
- Gov. Pease (init.)
- empower
- part of DPS: "Texas Highway _____"
- TX Chris LeDoux song: "Workin' _____ Dollar"
- TXism: "_____ a time"
- TX Orbison sang "_____ of the Line"
- actor Duvall in "Breakout" with TX Randy Quaid (init.)
- Rangers "Pudge" was AL _____ in '99
- in Liberty Co. on 90
- TX Jim Reeves' "_____ Losing You?"
- bring in from another country
- what TX golfers dream of: "hole _____"
- TXism: "_____right boys" (police)

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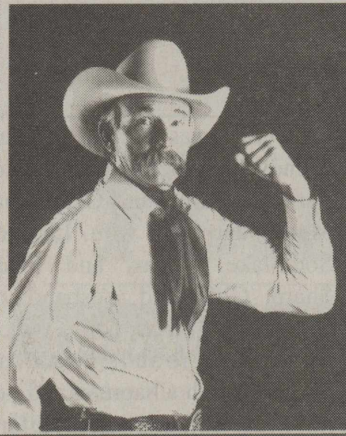
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Got something to say? Tell us in a Letter to the Editor!



ON THE EDGE OF COMMON SENSE by Baxter Black, DVM

RUSH'S DESERTION TO THE DARK SIDE

I felt a tremor in the earth... Rush Limbaugh joined the Dark Side. He is a spokesman for the Humane Society of the United States (HSUS). It was like finding out your brother is a cross dresser!

Why does it matter? It probably doesn't to most people, but whether you like him or not you could always find out what the conservatives were thinking.

When I heard Rush's commercial for HSUS I had a déjà vu of Ted Turner's donation to the Audubon Society years ago. I remember thinking at the time that Ted, one of American's richest men, wanted to change his image.

He chose the politically correct cause of "environmentalism" and the buffalo became his symbol. Ted Turner is a smart man. To show his change of heart he made a substantial donation to the Audubon Society.

It is possible that Rush is feeling lonely and has that same need to be "liked" as Ted. We all want people to like us. I just wish he'd looked into HSUS a little deeper, but he has a kitten named Pumpkin and it gives him comfort.

Does Rush know the HSUS is a lumbering giant? It is a bloated bag of money changers, a grotesque sugar daddy pouring money into lobbying, litigation and fund raising, while disingenuously holding up photos of cute sad-eyed kittens and puppies, as if the money you sent to HSUS would actually help them.

Rush, imagine your kitten, Pumpkin, is in a jail with other kittens and puppies and HSUS is the Crocodile jailer. Say a conservative animal-loving talk show host comes in with a giant plate of turkey and dressing for the prisoners.

"I'll make sure these cute little orphans get it," says the Crocodile, smiling his toothy smile.

"Thank you so much," says Rush... but Pumpkin knows better.

The 501 by Hanaba Munn Welch

Named for the historic FW&D Engine 501, The 501 is always exactly 501 words and dashes long, whatever the topic.

It was like "One Day in the Life of Ivan Denisovich," only worse.

That's how I answered the question emailed to me to determine the effectiveness of technical support provided me by a computer equipment company that shall remain nameless lest I be sued for slander.

If you've never read Aleksandr Solzhenitsyn's above-referenced book, it's about a guy in a prison camp in Siberia. When the day begins, Ivan Denisovich has a fever and doesn't feel well.

Ivan reports to the camp doctor only to learn that the quota for sick prisoners has already been met for the day, meaning he has to report for work as usual, sick or not. Poor Ivan. Things should have gone downhill for him all day long from that point.

But as the hours pass, Ivan doesn't get sicker. He gets a little better. He takes pride in building a wall, he manages somehow to snag an extra morsel of bread at mealtime, and he daydreams some about how he may launch a new career as a carpet seller when he returns to his village after he serves his sentence.

If you've read the book, and that's not how you remember it, sorry, I read it in 1972, and that's how I remember it.

Anyway, Ivan's day got better. My day didn't.

Despite his circumstances, Ivan had some control over his life. He could have done a sloppy job on that wall, but

he didn't. He took pride in his craft and thereby preserved his sense of self-worth. He could have gone hungrier, but he used his wits to get that bit of extra food. As for the fever, call it fate or providence, it just went away.

Me, I didn't have a chance to take pride in what I was doing. I didn't know what I was doing. Imprisoned in a home office with an Internet-less computer, I had no choice but to do what Felix, Ping and the other tech person - maybe Mahal? - told me from the Philippines.

Am I comparing them to prison guards? Yes.

In real life, they're probably regular people with loving families. On the job, they sacrifice their humanity and senses of humor to concentrate on the exacting task of giving precise orders in their best English to hard-of-hearing Americans who have trouble finding the control panel on a computer, much less the device manager, and who aren't sure whether they have DSL or cable.

Am I describing me? Close.

Bottom line, at day's end Mahal told me our router was defective. (Turned out it wasn't.)

Did I mention I started the day with a case of poison ivy? Unlike Ivan's fever, it didn't disappear.

Another significant difference:

Ivan paid a steep price for his prison experience although not by choice and not in rubles.

Me, I signed up for my one day and paid \$29.99.

MUSEUM NEWS

The Wichita Brazos Museum garage sale at Munday, was successful as always. The sale netted around \$1,600, which will be a real help in meeting the 2009-2010 budget needs.

It seemed like more furniture than usual was donated, and it went pretty fast. Looks like plans are for putting a garage sale on the schedule for next year at the same time, and place.

to gather items, price them, and arrange them for the sale, nor to prepare the food and serve the delicious hamburgers that we are so famous for.

The next event will be the celebration of Veterans Day, Wednesday, November 11, at the Knox County Veterans Memorial, with a hamburger meal, following the program. The museum will be open all day with special emphasis on our veterans. Individuals are invited to set up exhibits related to Veterans Day, so be thinking about what your family can bring.

Social Services Outreach Effort

The Wichita Falls Area Food Bank's Social Services Outreach Program will be in Knox City Texas at Lawrence IGA store to raise public awareness and to provide application assistance for several different state-funded social and health services such as Food Stamps, Medicaid, Women's Healthcare Program, CHIP, and TANF.

offer hassle-free sign-up which includes assistance in filling out the application, and delivering the completed application to the correct Health and Human Services Office.

The Wichita Falls Area Food Bank's Social Services Outreach Program does not determine an individual's eligibility. However, it does make sure the applicants have information on the assistance programs available to them, assures necessary paperwork is completed thoroughly and correctly, and turns the applications in to the correct office.

The Food Bank's Social Services Outreach Coordinator, Dianne Richardson, will be setting up Application Completion Center at Lawrence IGA grocery store on Thursday, October 8, 2009, from 10:00 a.m. to 12:00 p.m.. The Center will

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God's Promises

By Jim Reid, Pastor
O'Brien Baptist Church



Every Christian wants to have an effective prayer life. Many times we ask God for answers that we seem not to receive. Perhaps many Christians even lose their confidence in prayer because they did not see an answer to their request. Is this fair of us not to keep praying, if we feel that God did not answer our prayer?

Jesus taught much about prayer, therefore we want to be sure that we understand the significance of prayer. Jesus wants us to know that if we want our prayer answered we must:

1. **Learn to pray consistently. If we only go to God in time of need or emergency then we are only praying with a selfish heart. We're only considering our self without any respect to God's Holiness or His desire of us. We must rely upon God each and every day to have continual communication with Him and go to Him confessing and repenting of our sins. We also want to remember to pray daily thanking Him for our provision and protection over our family from temptation and evil.**
2. **Learn that answers don't always come with convenience. We must be persistent with our requests to God. He is our Father and just like our earthly father He wants to hear our warranted need. There isn't a time that prayer is inconvenient to God, but we must not only pray when it is convenient for us to pray, but to pray always.**
3. **Learn that consolation comes as your reward. God gives each believer the Holy Spirit to indwell or live within the believer. It is His power that speaks to God and knows the heart of God. He will then speak to you the heart of God. It His Holy Spirit that enables us to be comforted with His answers to our prayers and to bring about the answer through the power of the Holy Spirit.**

I encourage reading Luke 11: 1-13 and trust God to give you understanding and answers. May the love of God be seen in your life in everyday everyday.

Truscott News

Wheat Sowing was going good last week until it rained Friday night anywhere from .4 at Baty's to .7 at Heard's. It was a pretty good general rain, the east side of the Wichita Divide on past the West side, toward King County. Oh, yes, .6 for Dennis Welch.

It pretty much stopped wheat sowing for a few days and worried farmers that some wheat, especially that sowed Friday, might crust.

Saturday was the Back to the Remuda Sale at the Tongue

River Ranch. Jerry Bob and Eugenie Daniel attended and report Ruth and John Lowrance were there as well as Mac and Jay Alexander.

It was a hot sale in the original sense of the word as the tent set up on Friday was blown down Friday night and badly damaged so those attending got plenty of sunshine.

Those who remember the story in this column about the Gunter family that was located on Gunter canyon at the Alexander Ranch and then

in King County will be glad to know some descendants have been contacted.

Gorden Bell helped by getting on the Internet and learning about a Gunter reunion at Jacksboro. This week a telephone contact was made with the great-granddaughter of Barbara Gage Gunter, the cattle raiser and head if a household listed on the King County 1880 census.

Mrs. Lela Cozart is the grandchild of the eight year old Gunter by mentioned on that census. She says Ben Gunter started breaking horse when he was fourteen.

She remembers hearing him speak of going to Knox County to see about their cattle and also of hearing his brother talk, but is not sure if the family lived there for very long. She was pleased to hear that people familiar with the northwest Knox County know the location of Gunter Canyon, Gunter Spring and Gunter Mountain. (Gunter Mountain is the one the corps of engineers renamed Hunter Mountain.)

The lady who wrote several Gunter family articles is a first cousin of Mrs. Cozart. Between the two, we may learn more about the Gunters in Knox County. Mrs. Cozart worked at the Jack County Court over 40 years and is familiar with the name of B.L. Ham of Jack County. She called him a "colorful character". He was the great grandfather of Vivian Brown. Mrs. Cozart is very polite in her descriptions, so says one researcher who followed his story to Parker County where B.L. Ham was one of several charged with hanging of a man in the Civil War. B.L. Ham was one of a few in his precinct who voted for succession before the Civil War.

The Wichita Brazos museum garage sale netted around \$16000. The historical celebration in Knox County will be Veterans Day, Wednesday, November 11th. After the program at the Veteran's Memorial, a hamburger meal at the Ex-Students building will be held in support of the Veterans Fund. This fund helps maintain the memorial and other projects, such as the Veterans Albums with biographies and photos of Knox County veterans.

Irma Bell is currently updating the series with the stories of veterans whose names were recently added to the memorial.

Obituary



Aleene McBeath Waldrip

Aleene McBeath Waldrip died September 12th at the Crowell Nursing Center in Crowell Texas. Services were held September 15th at the First United Methodist Church in Knox City with Charles Hundley of Crowell officiating. Burial was in the Knox City Cemetery under the direction of Womack Manard Funeral Home of Crowell.

Aleene was born in Fisher County on September 24th, 1910. She moved to Knox County as a child. She attended school in Hamlin, Union Grove Knox County Community School and Knox City Schools, graduating in 1929. Aleene attended McMurry College for two years, receiving her teaching certificate. She taught school at Cliff Community School in Haskell County for two years.

Aleene married Lloyd Waldrip from Knox City on October 16th, 1932 at the Methodist Parsonage in Knox City. Aleene worked along side her husband in the Hatchery business, the grocery business and in their long years of farming. Aleene also worked for the department of Public Welfare for twenty-five years.

During WWII, Aleene and Lloyd lived on the farm. She helped Lloyd with the farming; driving the tractor, hoeing cotton, or pulling bolls if necessary. She was a seamstress and sewed for

the public for several years. Crowell, Texas. Grandchildren: Trendy Sharp Beam and husband, Larry, of Duncan, Oklahoma; Mark Sharp and wife, Lisa, of Southlake, Texas, and Susie Sharp Goff and husband of Colleyville, Texas; Mitzi Welch Howell of Crowell, Texas and Mandi Welch Chapman and her husband, Johnny, of Comfort, Texas. Great-grandchildren: Lauren Beam Mitsuhashi and her husband, Ryan, of Seattle, Washington; Katy Beam of Ft. Worth; Kyle, Chance, Aleigh and Phelan Sharp of Southlake, Texas; Alexandra (Alex) and Cade Cundieff of Colleyville, Texas; Melani and Laura Howell of Seymour; and Jay and Peyton Chapman of Comfort, Texas.

In lieu of flowers, the family requests that memorials be made to the Knox city Methodist Church, McMurry University or the charity of your choice.

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and the walk will begin at 8 a.m. To pre register or for more information please call the Knox City Clinic at 940-657-3906.

All participants will receive a free T-Shirt.

BENJAMIN NEWS

By Gladene Green

It's finally fall & I love it! This cool weather is wonderful but the only thing is that we know winter can't be too far away. I'm not a old weather fan!

Sports

Last week the volleyball girls split a couple of games. On Tuesday nite, the Lady Stangs went over to Knox City only to suffer a three game loss right "off the bat" Just couldn't get things going.

But Sat. afternoon, here at home, things went better. The host team defeated their visitors (Rotan)

three games straight. I think this week they go to Aspermont for their game.

The Mustangs played Paint Rock at Trent Saturday morning, but couldn't get things going their way. The 45 point rule sent them home early. This week they play Bryson here.

Revival Postponed

The Revival scheduled to begin Sunday at First Baptist Church here has been postponed. The pastor, Troy Culpepper's son, Robert, was critically ill at the time it was decided to postpone it. On Sun.

morning, Robert passed away in a Dallas hospital after a 4 week illness. Services are pending. Certainly our most sincere sympathy to the Culpepper family.

Also sympathy to the families of Munday residents, Jean Leflar and Billy Paul Cypert this week. They passed away last week & their services were Saturday.

Here N There

Mark Brown accompanied his aunt Judy Redwine & Loyd Coppedge of Crosbyton to Trenton, Georgia to visit Mark's mom (Judy's sister) Rosie Brown and family for a few days last week. Mark said Rosie is doing pretty well though her health has been failing for several years. He said they sure saw lots of rain while they were there. Mark is in Dallas today, (Mon) for a few tests & if all goes well, he will be put on the list for a liver transplant when one becomes available. He's getting anxious.

Jack and Mary Young & daughter, Debbie Neil & little grandson, Collin who are visiting from Fla., Dutch and Imagean Young, Sheila and Stephen Kuehler, Kaitlyn Acevedo & Judith Acevedo were all in Saginaw for a weekend get together with other family members at the home of Butch & Letha Young.

Judy & Randolph Barnett have had another busy 2 or 3 weekends. Went up to the Lubbock area & visited her sons, Jeff & Jim Bob Conner & their families & Randy sis a little bird-hunting. Then last weekend, they made a trip to Bartlesville, Okla. for a visit with his son, Rusty & family.

Keith and Pam Conner & Casey & Lacy Conner & Conner all of Midland visited Benjamin relatives a little while Sunday morning.

Betty Bohannon suffered an accident one day last week- was

frying some meat & her hand got too close to the oil! She has it bandaged Wed. hoping it would heal pretty fast. Being her right hand, life is pretty awkward for her right now. Says she's not too handy at being a leftie!

Susan Spake, who lives at Munday and teaches here told me her daughter, Jill, is in her 3rd year of college (2nd at WT) A&M in Canyon & she & Shaylee Propps have become pretty good "buddies". Do lots of things together & since it's Jill's second year there (& Shaylee's first), she has helped acquaint Shaylee with "goings on" around Canyon and the campus. And seems they are having lots of fun.

Had a nice visit with Pearl Stephens Sat. She was in the area for a brief visit with friends and family. Said things were kinda getting back to normal after the death of her husband, Eddie Dean earlier this year. It was good to see her.

Talked to Tina Siemens one day last week. She said her daughter, Margaret and husband, Sal Silva have their baby girl born on Sept 4 in a San Angelo hospital. Weighed 6lbs, 15 oz & according to Tina is a beautiful baby. She has been named Emily.

Lorene Powers returned home Sun after a week's visit with family and friends in midland. While there, she attended a birthday party honoring a friend who turned 85 recently.

What a beautiful story by the News editor, Tamara Smart, regarding the birth of their baby son.

She expressed feelings all of us have had when we held our first born. Thanks Tamara for sharing your story with us and congratulations to you and Jason on the birth of Justus.

Benjamin Sports News

This weekend Football played Paint Rock in Trent.

Benjamin-12 / Paint Rock- 70

"We took a tough loss against a good team this weekend. I was not expecting to take a loss like this at this point of the season. I really thought we were putting it all together after the big win against Paint Creek. We had overcome our injuries and it looked like we were ready. This one is behind us now, we will learn from it and focus on Bryson next week." -Coach McCollough.

Next week, on October 2, the 'Stangs take on Bryson at home at 7:30 pm.

Volleyball

"Benjamin Lady Stangs took three straight from Rotan this Saturday. I didn't know what to expect from the girls this weekend after the big loss at Knox city. I knew that we were a good team and they showed up ready to play Saturday. Everyone contributed in the win and it gave us that confidence back." -Coach McCollough.

The Lady Stangs have a break from lay until October 6th, when they take on Munday at Munday.

West Texas Ranchers, Sportsmen, Researchers Address Pronghorn Loss

ALPINE, Texas — The newly formed "Trans-Pecos Pronghorn Working Group" is turning to laboratory science for answers concerning diminishing numbers of pronghorn antelope in West Texas.

During the first weekend of October, Texas Parks and Wildlife Department biologists, Sul Ross State University — Range and Wildlife Club students and co-operating landowners will be sampling numerous pronghorn harvested by hunters throughout West Texas. These samples will be analyzed for diseases, internal parasites and mineral levels to uncover potential barriers to survivability and reproduction.

Every year, TPWD biologists issue permits to Trans-Pecos landowners to allow hunters to harvest buck pronghorn. Even during extremely low population cycles, a conservative harvest of buck pronghorn has no effect on the viability of the entire herd. However, these harvested animals can provide an excellent source of information to biologists.

Another sampling effort will occur later in the winter by capturing live does and examining them as well. Both the West Texas and Paso del Norte Chapters of Safari Club International have provided significant funding to assist with the costs associated with the collection and analysis of samples. These actions should provide information to help pronghorn managers identify specific diseases and/or parasites that may be negatively impacting Trans-Pecos pronghorn populations.

The Trans-Pecos Pronghorn Working Group is a team of West Texas landowners, outfitters, TPWD biologists, Borderlands Research Institute personnel and wildlife veterinarians that recently organized to review population information and possible reasons for recent declines. This panel created a plan to better identify potential disease or para-

site problems with this important wildlife resource.

Pronghorn historically occurred over most of Texas, but because of habitat loss and over harvest during the late 1800s and early 1900s, populations plummeted. Through the conservative actions of Texas landowners, and protective measures implemented by the Game, Fish and Oyster Commission (the predecessor of TPWD) populations rebounded during the 1960s, 70s, and 80s. Currently, pronghorn are found in the grasslands of West Texas and the Panhandle.

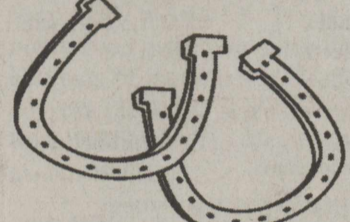
Trans-Pecos pronghorn numbers typically ebb and flow with precipitation patterns and reached an estimated high population of over 17,000 animals in 1987. The drought of the 1990's affected populations tremendously, and numbers bottomed out in 2001 at around 5,000. Increased rainfall bounced numbers back to over 10,000 in 2007. However, pronghorn numbers in the Marfa area declined dramatically by summer of 2008 (adult mortality and low fawn production). An eight-month dry period, a hard late freeze, and increased predation were thought to be the primary culprits. Range conditions improved with increased rainfall, but landowners still reported some loss of adult pronghorn. Additionally, fawn crops in this affected area were extremely low this last summer, despite intensive predator control and favorable range conditions. With many herds so low already, future dry conditions may lead to a complete loss of some pronghorn populations.

Trans-Pecos Pronghorn Working Group Participants: Jon Means (owner, Moon Ranch), Bobby McKnight (owner, McKnight Ranch), Albert and Bill Miller (owners, Miller Ranch), Dr. Dan McBride (DVM; hunting guide), Dr. Ken Waldrup (DVM, Texas Department of State Health Services), Ernie Davis (retired TPWD biologist; hunting guide), Billy Tarrant (TPWD District Leader), Johnny Arredondo (TPWD biologist-Jeff Davis County), Mike Sullins (TPWD biologist-Presidio County), and Dr. Louis Harveson (Director, Borderlands Research Institute, SRSU).

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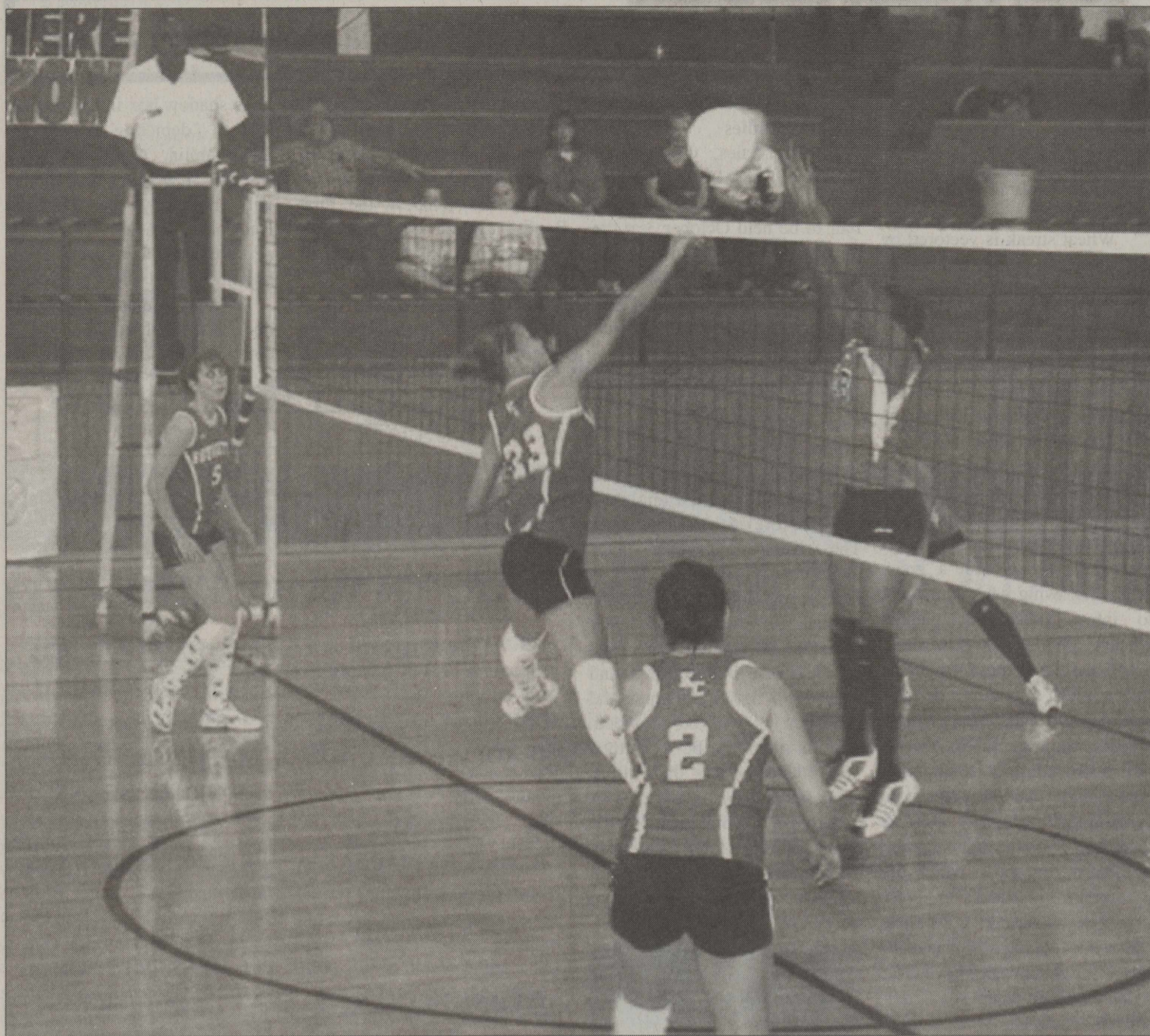


Photo by Daveine Clark

The Houndettes shoot back at Rotan at a district game. Pictured: #23-Laura Vasquez, #5-Reagan Clark and #2-Brittany Gonzalez.

Houndettes Top Lady Stangs

By Tamara Smart

Last week, on September 22, The Lady Stangs and the Varsity Houndettes met each other for the first time in district play this season.

It took three games for the Houndettes to be declared the victor on this go-around.

During the first game of the series, Laura Vasquez of the Knox City Houndettes scored 6 of the total 25 points (one of which was an "ace"), the second game Lacy Peirce scored 7 points, Laura Vasquez scored 5 and Brittany Gonzales got an "ace."

In the final game on that Tuesday in the Knox City gym, Camille Ward scored 9 points, two of which were aces, leaving the Houndettes as the official victors of this match up; final scores being: 25-11, 25-12, 25-13.

The Lady Stangs will meet the Houndettes again for the second half of district play on October 13 at the Mustang gym in Benjamin.

Houndettes Beat by Moguls

By Tamara Smart

After a victory on Tuesday, the Houndettes found themselves in a losing battle on Saturday, September 26 versus Munday's Lady Moguls.

It took four games before they were defeated, the final scores 19-25 (Munday), 25-18 (Knox City), 16-25 (Munday), & 22-25 (Munday).

Lacy Pierce of the Knox City Houndettes was the lead scorer for the first round, bringing in 7 points and two aces. She also raked in 5 points during the second game (1 ace) and 4 points during the fourth game. Brittany Baker was the high scorer during the second game with 7 points (1 ace), Camille Ward won 3 points during the third game and Laura

Vasquez managed to get 2 aces during the fourth game against the Moguls.

After this battle, the Houndettes are tied with the Lady Stangs in district play- both teams having a district stat of 2 wins, 1 loss each.

The next game the Houndettes will embark on will mark the beginning of the second half of district play as they meet Rotan on the tenth at 10:00 am. Their overall stats for the season are currently 13-10.

Meanwhile, the JV Houndettes beat the Munday Moguls on Saturday in a series of three- 25-19(W), 20-25 (L) & 25-22(W).





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SMASH

non-unionized plants in America's southland. Now, however, the sun is setting on Detroit. GM and Chrysler are writhing in red ink, drained to the point of bankruptcy by costly union concessions, and Ford struggles to survive.

Not all labor unions wield UAW-level power, but most would like to. That's why the Employee Free Choice Act would eliminate secret ballots in union elections and replace them with individually signed cards, open to union inspection. This would allow union organizers to more easily target, and intimidate, anti-union employees--and therefore win more often. The Act would also allow government arbitrators to impose initial "contract" terms if the union and employer disagree. That's contrary to existing law, which allows for a no-contract impasse in that situation.

Congress should not only reject the transparent power grab known as the Employee Free Choice Act, it should start hacking at the root of the complex

federal regime that denies free choice in bargaining. That means repealing the Wagner Act, so that labor law can recognize and protect the absolute right of companies and employees to deal with each other on an entirely voluntary basis.

RAINS

Uncontrolled volunteer wheat also will lead to increased insect problems, Baughman said. These include grubworms, aphids, wheat curl mite and Hessian fly. Control of volunteer and other vegetation prior to planting is one of the keys to managing many of these insect pests.

"While we thought we were immune to Hessian fly, we have seen an emergence of this insect problem in the northern Rolling Plains," he said. "In fact, last year would likely have been a problem if not for the severe drought and spring freezes. We isolated several fields that had an early infection of Hessian fly pupae."

Hessian fly larvae can survive on volunteer wheat and other grasses and subsequently

infect wheat. Baughman said. Uncontrolled volunteer wheat allows the Hessian fly population to build to a more damaging level.

"We have also observed an increase in wheat streak mosaic virus in the Rolling Plains in recent years," he said.

Wheat streak is vectored by the wheat curl mite, Baughman said. The wheat curl mite is a very small (one-hundredth inch) white, sausage-shaped mite, too tiny to be seen with the naked eye and requires at least 20X magnification for proper identification.

This mite is most active during warm weather and requires a living grass host to survive the summer, he said. The presence of summer grasses and/or volunteer wheat will provide a 'green bridge' allowing wheat curl mite to infect subsequent planted wheat.

Conditions most favorable to the wheat curl mite are early and dense stands of volunteer wheat, volunteer wheat that is not destroyed prior to planting wheat, early planted wheat, cool summers with adequate moisture to sustain grass through summer, and warm, dry falls, which are optimum for reproduction.

"The wheat curl mite alone cause little damage in and of itself," Baughman said. "However it does transmit wheat streak mosaic virus (and High Plains virus) which in worse case scenarios can reduce yield to almost zero."

Controlling wheat curl mite through the use of insecticides or miticides is not an option, he said. Therefore management systems that reduce populations of wheat curl mite are needed to minimize the problem.

It is best to control volunteer wheat and other vegetation either through tillage or chemically at least two to three weeks prior to planting wheat, Baughman said. Volunteer wheat and other green vegetation needs to be dead for at least two weeks. However, the longer the vegetation is controlled the better and less likely that problems will occur.

"We must eliminate the green bridge between planting and emergence of the subsequent wheat crop," he said. "For anyone who is tempted to keep their volunteer wheat for grazing or cover, I cannot discourage this practice enough."

"As my old traveling partner, entomologist Emory Boring, used to say: volunteer wheat will promise more and deliver less than most any crop we deal with," Baughman said.

News from the Hospital Auxiliary - "Pink Ladies"

By Billie Walker, Reporter for the Pink Ladies

Pink Ladies, the hospital auxiliary, met September 16, 2009 to discuss hosting the Heath Fair to be held October 3 at the hospital. Hourly teams of Pink Ladies will be responsible for guest registration in the hospital lobby and will be serving punch and cookies.

Stephen and Sandra Kuehler were guests at the meeting to discuss a banquet to be given the auxiliary by hospital nurses October 20, 2009 at the First Baptist Church of Knox City Fellowship Hall was decided upon.

Stephen is working on a website for the hospital and the auxiliary. He also wants to put a

large shadow box in the hospital lobby depicting auxiliary memorabilia.

The new clinic at Munday will hopefully be pen by December 2009.

We welcome Sandra Stone as a new Pink Lady Volunteer.

Again, we thank you for your donations. Without them, we all could not help the hospital.

See COURSE Page 8

to attend the 10 hour course, be evaluated by the instructor as acceptable in knowledge and skill, and must have a minimum of 70% score on the examination. The course will take place on Saturday, October 17th in the Knox County Courthouse located on 100 West Cedar Street in Benjamin, TX. Cost for the course will be \$18.00 and will start at 9:00 a.m., lunch and refreshments will be provided. The class can not be more than 30 students or less than 10 so sign up today!!! Please R.S.V.P. by October 10th or A.S.A.P!!!!!! Contact either the Extension Office at (940) 459-2651 or Jim Daniels (Game Warden) at (325) 668-9765.

KNOX COUNTY AGING SERVICES MENUS FOR OCT. 5TH TO OCT. 9TH

Table with 2 columns: Day and Menu items. Includes MONDAY OCT. 5TH (Stew, Cabbage, Mexican, Cornbread, Cookies), TUESDAY OCT. 6TH (Breaded Pork Chop, Gravy, Salad, Black Eyed Peas, Hot Rolls, Fruit Salad), WEDNESDAY OCT. 7TH (Hamburgers, Cheese Slices, Lettuce, Tomato, Onion & Pickles, French Fries, Cobbler), THURSDAY OCT. 8TH (BBQ Chicken), and FRIDAY OCT. 9TH (Chicken Fried Steak/Gravy, Mashed Potatoes, Green Beans, Hot Rolls, Rice Krispie Bars). Also includes 'BAKED BEANS COLE SLAW SLICED BREAD CARROT CAKE' and 'ALTERNATE DESSERTS FOR DIABETICS'. A note says 'PLEASE CALL IN YOUR ORDERS BY 10 A.M. TO 657-3618. ORDERS CANT BE TAKEN AFTER 10 A.M. AND NEED TO BE PICKED UP AFTER 11 A.M.'

Thanks For Reading! The Knox County News

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Knox Family Wellness Clinic advertisement listing services like Family Practice, Women's Health, and various treatments. Contact: (940) 657-4455.

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