

## **Reese takes early Torchlight lead** Wing team leads defending champs by single point after day one action

by Sgt. Kimberly Nelson staff writer

0

ALS.

Reese kicked off the 1989 Torchlight Competition at Randolph AFB, Texas in overall first place Wednesday, one point ahead of last year's champ, Laughlin AFB, Texas.

Sheppard AFB, Texas; Columbus, AFB Miss.; Williams AFB Ariz.; Vance AFB, Okla.; and Mather AFB, Calif. followed in the footsteps of Reese as the 64th FTW

day of competition.

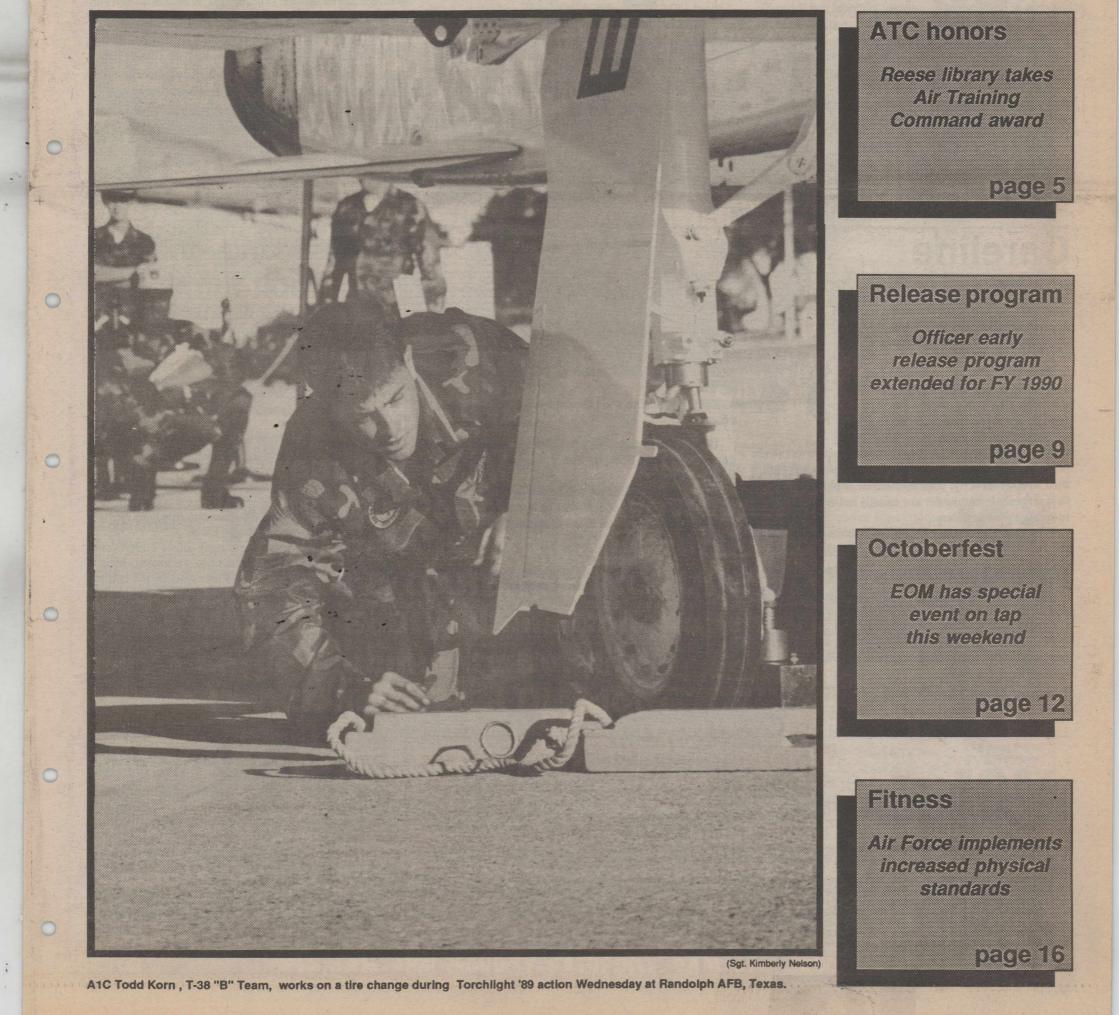
The maintenance team events began at 7:30 a.m. Wednesday with the AFR 35-10 inspections. Reese received two discrepancies for a total of 38 out of 40 points. Tool kits and technical orders were then inspected and Reese was found with one discrepancy giving the T-37 team 64 of 65 points and the T-38 team received 65 points to power them into first place.

team led the way through the first pearance checks were the T-37 and T-38 tire changes. The T-38 "B" Team of A1Cs Todd Korn and Ann Schofield neared a blowout when their jack failed to upright. The problem was soon alleviated with a new jack and the B-team clocked in at 4:11.46. The "A" Team, comprised of SSgt. Angela Schmit and Sgt. Shane O'Hearn clocked in at three minutes, ranking the T-38 team first in the rankings.

The T-37"A" Team, comprised Immediately following the ap- of SrA. Ray Paz and SSgt. Brian

Williams, and the "B" Team of SrA. Richard Angell and Sgt. Paul Quintana clocked in at 2:46.70 and 4:07.38, respectively. The T-37 maintenance teams ended today tied for second place. Once the opposing teams completed the tire changes it was time for Reese's jets to arrive. The T-37s made their entrance at 11:45 and 87 seconds; the set arrival time was 11:45 a.m. Reese's T-38s appeared at 12:29:59.36 just ahead of the 12:30 p.m. set time.

The day's competition concluded with the T-37 and T-38 aircraft conditioning and reliability judging in which the results of this event won't be known until Saturday. Thursday's schedule included the low-level sortie flights, maintenance pre-flight follow-ups and forms reviews and aircraft recoveries. Today, the teams compete in composite sorties, dummy preflights and aircraft recoveries. The Saturday engine changes will complete the competition.



### **COMMENTARY**

Roundup Oct. 13, 1989

0

0

## Personnel office assisting maintainers

#### By CMSgt. Stephen F. Greenwell Reese Military Personnel Office

Contrary to popular belief, not all Reese maintainers are going to Cannon AFB, N.M. In fact, of the more than 600 maintenance personnel with firm assignments there are 83 moving up the road to work at Cannon. That works out to 14 percent and there were some unusual circumstances including base closures that put such a large need in one location. For the remaining maintainers, 85 percent got their first, second or third choice of available assignments and those available assignments were wide and varied. One hundred percent of the 31 married military couples received join-spouse assignments.

Even though the matching is done, the personnel office is

still working to satisfy the customer whenever possible. Although the cut-off date for volunteering for overseas and requesting swap assignments has passed, we are still working some of those options.

Also, it is still permissible to request retraining if the individual meets all eligibility requirements. Having an assignment is not disqualifying unless it's overseas. We are also still working a few humanitarian and exceptional family member requests and hope to maintain our current success

Now, what can you do for us? This turbulence of moving the entire maintenance complex has added to our normal workload. In addition to the 600-plus assignments mentioned earlier, we have over 250 people in both the operations and support arenas who have assignments and need processing.

As such, people should attend scheduled briefings and appointments or notify us in advance if there is a conflict.

This is especially important since we're doing mass briefings, and numerous no-shows defeat our purpose of reducing the one-on-one meetings.

The personnel community is working very hard to make these moves as smooth and as painless as possible. Reese's Consolidated Base Personnel Office believes in the motto, "The first word in personnel is person." To us, people are not just numbers; they're people that we want to help.

People who need assistance or have questions, can call us at 3276.

## Friendly bear? Defense secretary calls for continued vigilance in light of glasnost

The Pentagon has released its annual Soviet military assessment, and officials say that while East-West diplomatic trends are on the upswing, the Soviet Union still constitutes a major threat to American security.

"Soviet Military Power 1989," released by Secretary of Defense Dick Cheney at a Sept. 27 press briefing, is a blueprint of the changes - military, political and economic - underway in the Eastern Bloc.

"We now find a Soviet Union which retains enormous military power — the only nation still capable of threatening the very survival of the United States," Secretary Cheney said.

He noted several realities pertaining to the threat and said that while the talk of Moscow adopting a defensive military doctrine is a welcome change, the Soviets continue to upgrade" their forces and capabilities.

"Even if the Soviets make good on their promise to carry out unilateral force reductions in Europe, the Soviet Union will remain the world's largest military power," Secretary Cheney said.

strategic nuclear forces the "most striking feature" of Soviet military power today.

As the United States is still grappling with the selection of, and funding for, a road-mobile nuclear missile system, the Soviets are continuing to field fifth-generation mobile ICBMs - about 170 SS-25 road-mobile missiles and some 18 railmobile SS-24s, the latter with 10 nuclear warheads.

Noting that Soviet ICBM systems are improving, Secretary Cheney also outlined breakthroughs in every leg of their strategic triad. They include deployment of the Blackjack bomber, comparable to the Air Force's B-1B, and equipping older Yankee-class ballistic missile submarines with sealaunched nuclear armed cruise missiles.

Since 1985, Soviet defense spending has actually increased an average of 3 percent in real terms. In comparison, America's defense spending has declined by more than 11 percent during the same period.

"Consequently, the Soviet Union still confronts the United

He called their continued efforts of modernizing their States and its allies with very large, modern, conventional ground, sea and air forces, and with formidable strategic and theater nuclear forces," Secretary Cheney said.

> The secretary's remarks come on the heels of the announcement made by Soviet President Gorbachev, promising to reduce Soviet defense expenditures more than 14 percent over the next two years.

> Until the Soviets reduce their military strength to significantly lower levels, Secretary Cheney said, the United States must continue to support its allies through collective security efforts based on a strong military deterrence.

> "The greatly improved East-West political climate offers prospects for a stable and lasting peace, but experience teaches us that we must remain prepared," he said.

> The Public Affairs Division has just distributed copies of "Soviet Military Power 1989" to Reese organizations. (Air Force News Service)

### Careline

The Careline is your direct link to me, Col. Monroe S. Sams Jr., 64th Flying Training Wing commander. All calls will be held in strict confidence.

I urge you to leave your name and number when you call so that you can get a direct response; however, you may remain anonymous if you wish.

Before calling the Careline, consider using your chain of command to solve your problem. While you can contact the Careline directly, your immediate supervisor and/or first sergeant/commander are usually in the best position to resolve your problem.

our folks do their jobs, especially from people stationed at other bases.

### Cats becoming a problem

I'd like to know if something can be done about all the cats around Reese Village. Some of them have scratched the top of my car.

I believe there's a wing regulation that covers this sort of thing.

If the cats in question are pets, you should call the owner or the 64th Security Police Squadron. Pets should not be a nuisance.

If the cats are wild, they will be removed from the base to prevent the spread of disease. Again, call security police, who will take the animal to the Humane Society.

### **Conserving energy** is habit-forming

#### By Lt. Col. Mike Whitney 64th FTW IG

"Save energy...shower with a friend." This bumper sticker slogan has a degree of validity to it although most showers in today's apartments and homes are too small for this practice. Nevertheless, efforts to conserve America's natural resources require a cooperative effort in order to succeed.

Most habits are hard to break. Like tobacco use, the wasteful use of utilities requires drastic changes in attitudes and lifestyle patterns.

As the availability of natural resources becomes critically short and utility prices continue to rise at an alarming rate, it is apparent that the entire citizenry must renew efforts to reduce wasteful energy habits. An alternative to wasting energy is, of course, an extremely radical and dreaded one-rationing. Most Americans would agree that this option isn't for them. Curtailing electrical energy usage during certain times of the day should not be difficult for most people. By getting involved (i.e. turning off lights and appliances when not being used), wasteful consumption would essentially be a thing of the past. The same holds true regarding natural gas consumption. During the winter, if a thermostat is set at 70 degrees Fahrenheit opposed to 80 F., considerable saving could be realized (some experts estimate as much as 50 percent).



'The Careline can be reached 24 hours a day at 3273.

### Hospital provides quality care.

I'm stationed at Altus AFB, Okla., and I recently had to stop by USAF Hospital Reese while on my way to El Paso (Texas). I had forgotten my medication. -

The staff working in the emergency room who helped me were extremely efficient and helpful, and I want to pass on a word of thanks to them.

Thanks for your call. It's always nice to hear how well

### **Tennis, anyone?**

I work swing shifts, and I like to play tennis after work. However, the lights on the tennis courts by the noncommissioned officers barracks and the Officers' Open Mess don't work. Can they be fixed?

I'm sorry for the inconvenience. The folks at the 64th Civil Engineering Squadron have been working on the problem, and half the lights have been fixed to date. All the lights should be working in the near future.

			2	-	
R	2		1		D
	U	U	P	U	Г

	Wing Commander	
	Chief of Public Affairs	Maj. Krist Vasilo
eese AFB	NCOIC	
	Editor	
ornar otani	Staff Writer	
	Audiovisual Support	Mike Parrish, Sgt. Greg Spraggins

Published by Word Publications, a private firm in no way connected with the Department of Defense or Reese Air Force Base, Texas, under exclusive written contract with Reese Air Force Base's 64th Flying Training Wing. This commercial enterprise newspaper is an authorized publication for members of the military

R

Edite

Contents of **The Roundup** are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the 64th Flying Training Wing at Reese Air Force Base, Texas. The appearance of advertising in this publication, including inserts and supplements, does not constitute endorse-ment by the Department of Defense or Word Publications of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron.

Editorial content is edited, prepared and provided by the Public Affairs Office of Reese Air Force Base, Texas. The editorial staff reserves the right to edit sub-missions based on journalistic style and space requirements. Deadline for most submissions is noon Monday the week of desired publication. The Public Affairs Office can be reached by stopping by Bldg. 800, second floor; or by calling 3236.

All photos are U.S. Air Force photos unless otherwise noted.

Some common energy-wasteful habits are as follows: Lighting an unoccupied room.

Televisions, fans, air conditioning/heating units, etc. operating unattended.

Opened doors and/or windows when either the air conditioning or heating units are running.

Setting thermostats too high in the winter or too low in the summer.

Promoting responsible conservation practices is easy enough to start at home. It provides a great ecological learning tool for children.

Adopting efficient energy conservation habits will bring about significant results, thereby curbing wastefulness and enhancing personal savings accounts. In the long run, this is an investment in America's future. Start saving now!

CONTRACTOR DE LA CONTRACT Ad prices good thru October 15, 1989. We reserve the right to limit quantities at sale price. Regular suce frierender Ad prices good thru October 15, 1989. We reserve the right to limit quantities at sale price. Regular suce frierender Ad prices good thru October 15, 1989. We reserve the reserve the reserve to the price. Regular suce frierender Ad prices good thru October 15, 1989. We reserve the right to limit quantities at sale price. Regular suce frierender Ad prices the right to the price. Regular suce frierender Ad prices good thru October 15, 1989. We reserve the right to limit quantities at sale price. Regular suce frierender Ad prices frierender to the price.



LUBBOCK

3201 50th Street

at Gary Avenue

792-2052



\*

### OPEN 8AM-9PM MONDAY-SATURDAY, 9AM-6PM SUNDAY



Ad prices good thru October 15, 1989. We reserve the right to limit quantities at sale price. Regular price thereafter. Ad prices not good on special orders. No Dealers. Full details of warranties at store. @1989 AutoZone.

## Authority needed to obligate government

#### By Capt. Edward J. Rinkavage Jr. Reese operational contracting chief

Over the past year, there have been several instances of unauthorized personnel contacting commercial vendors without first going through the Reese Operational Contracting Division. As a result, we end up processing a costly, timeconsuming (not to mention embarrassing) ratification against the individual who committed the unauthorized act.

Federal Acquisition Regulation 1.602-3 defines a ratification as "the act of approving an unauthorized commitment by an official who has the authority."

The regulation continues to state, "Only the contracting officer is authorized to obligate the government. Contracting officers ensure all requirements of law, executive orders, regulations and approvals have been met."

At Reese, the ratification authority is the 64th Flying Training Wing deputy commander for resources.

When contracting becomes aware of an unauthorized act, we must get a detailed statement of fact from the individual's deputy commander (the deputy commander for resource for example — but no lower than deputy commander, hospital commander or base commander) on the events that led to the unauthorized act.

The statement of facts will be forwarded to the contracting officer, who will review the actions and prepare a second statement of facts.

The file is then sent to the staff judge advocate for legal review and to determine disciplinary action. Finally, the deputy commander for resources will determine who will pay for the unauthorized act — the government or you!

Here are a couple of examples I have experienced at Reese:

□ A construction contractor was installing air handlers. A military member called this contractor and asked him how to program his climate control system. The contractor responded and provided the training. As a result, the contractor billed the government \$400.

This could have been avoided if the customer had placed a work order with the 64th Civil Engineering Squadron because CE was initially trained by the contractor and was provided with detailed operating instructions. ☐ The second example deals with contract repair services. One of the squadrons needed a piece of equipment repaired. The custodian took the equipment downtown, had the contractor repair it, then processed the request for purchase form for the amount of the repair.

This placed the government in a bad position for several reasons.

First, the contracting officer cannot determine whether the repair is economical, when considering the value of the item, less depreciation, and other previous repairs.

Second, it is difficult to determine fair and reasonable pricing since we have restricted the competition. Third, we have no audit trail to account for possession of the property.

Finally we cannot enforce a warranty for the repair if we did not incorporate the warranty into the contract. As you can see, unauthorized commitments waive all rights the government is entitled to.

Remember, if you have a requirement for supplies, services or construction, please call the operational contracting division at extension 3441. We are here to support you, the customer, in any way possible.

## Assistance points help military travelers

When service members, civilian employees and their families travel from duty station to duty station, especially when overseas, there's comfort in knowing someone at the airport will assist them.

Those flying through New York, Philadelphia, St. Louis, Seattle and Charleston, S.C., have the added benefit of knowing there are personnel assistance points for them.

Each Army staffed assistance point is staffed by three to seven non-commissioned officers. The staff will assist anyone affiliated with the Department of Defense.

"We'll usually refer members of other services to a sister service-related activity or handle the problem through other appropriate channels," said Master Sgt. Michael L. "You name it, we've heard it ... a variety of sad tales such as "the dog ate the tickets."" – SFC Ron Copeland

**Charleston Personnel Point** 

Rose of the Army Personnel Command's Travel Operations and Procedures Division.

Some assistance points have cooperative agreements with military bases nearby.

"We deal with people's problems," said Army Sgt. 1st Class Ron Copeland, commander of the Charleston Personnel Assistance Point.

You name it, we've heard it," Sgt. Copeland said.

He has heard a variety of sad tales includ-

ing "the dog ate the ticket."

"We can authorize leave extensions, and many people do call us wondering if they can have a few extra days," Copeland admitted. When that happens, the non-commissioned officers coordinate with the Military Traffic Management Command and the Military Airlift Command to reschedule the member's flight.

"We're here to assist people. We can arrange for them to draw casual pay if they need it or overnight lodging," said Copeland Assistance Points

If you need assistance while enroute to your next duty station, you can contact the Army personnel assistance points at these numbers:

Charleston International Airport, S.C. (800) 443-3210;

John F. Kennedy International Airport, New York City (800) 227-8890;

Philadelphia International Airport (800) 443-0355;

Lambert International Airport, St. Louis (800) 325-1680;

Seattle/Tacoma International Airport (206) 243-5221. (Armed Forces Information Service)



Appointment or Walk-in Call 885-4812 On West 19th across from the Reese Golf Course Hours: 8 a.m. to 6 p.m. Mon.-Fri. 9 a.m. to 4 p.m. Saturday

Specializing in Civilian, Military and Afro cuts Men, Women & Children Welcome! We do California perms & straight perms.

Nicki, Howard & Yolanda

**Professional Barber Stylists** 

**\*1ºº OFF on First Visit** "We take pride in making you look good!"



### **20% MILITARY DISCOUNT**

- TOP QUALITY - COMPLETE SELECTION

located in the offices of Drs. Armistead, Moore & Gibson 2132 50th St., Lubbock, TX 79412 Phone 747-1635 No appointment necessary!

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

## How much pain can you stomach?

Stomach pain? If reaching into the medicine cabinet is no longer helping, then the problem may be more than just a simple stomach ache. Persistent abdominal pain may be a sign of a more serious underlying problem such as an ulcer, gallstones, or even cancer.

The **Gastrointestinal Diagnostic Center** of Lubbock General Hospital offers a full range of state of the art services and procedures to diagnose and treat disorders of the digestive system. If you are having a problem with abdominal pain, see your doctor or contact the Gastrointestinal Diagnostic Center for an appointment. *Do your stomach a favor*.

Appointments by physician referral, 743-2517 or 743-3332



### LubbockGeneralHospital

### NEWS

#### Roundup Oct. 13, 1989

## **ATC recognizes** support library gives to base

The Reese Library has been recognized by Air Training Command for its interaction with the Reese community.

According to Mac Odom, Reese librarian, the ATC Library Public Relations Award is presented annually to the installation library with the most active public relations programs.

Specifically cited by ATC was the library's children's section. The section, managed by Mrs. Jimmie Owings (called "Ms Jimmie" by the kids), features a variety of special programs and shelves full of the most popular children's books.

complete collections of the nation's top award winners.

summer and winter reading pro- Thursday; 10 a.m. to 5 p.m. Friday; grams. The winter session is ex- and noon to 4 p.m. weekends.

0

pected to begin in January. Each Wednesday the library holds two reading hours for Reese youth. The first session is 9:15 a.m. and the second is at 10 a.m.

Other programs cited by ATC officials included the use of the library as a voter registration center, displays for cultural observances, Project Warrior promotions and support for various health programs.

Mr. Odom said ATC also was impressed with the special clinics for senior citizens sponsored by the library. These range from craftmaking to how to make a will. The Among the books available are library recruits wing experts to teach the clinics.

The library is open from 10 a.m. The library also hosts special to 6:30 p.m., Monday through



Reese children, like the ones shown above during a recent fire drill, have a variety of popular reading choices available to them at the base library.



### 6 Reese achievers

### **NCO Preparatory Course**

An airman assigned to the the 64th Field Maintenance Squadron was the John Levitow Honor Graduate from Noncommissioned Officers Preparatory Course 89-8.

A1C April C. Schroeder took the Levitow Award, which is given to the course's top graduate.

Distinguished graduates were SrA. Candase L. Fagnant and Dennis L. Ryder Jr., 64th Civil Engineering Squadron; and SrA. Peter J. Palmieri, 64th Organizational Maintenance Squadron.

Other graduates were:

FMS: SrA. Marcel E. Brower, Damita J. Elam, Shane Mewborn and Erich W. Vaughn.

OMS: SrA. Cynthia A. Boyle, Steven M. Carpenter, Bryan L. Childs, Joseph P. Murtagh, Ronald J. Nelson Jr. and Paul L. Troupe Jr.; and A1C Ernest E. Taylor and Michael S. Wood.

64th Security Police Squadron: SrA. Christine P. Brown and Wesley T. Morgan.

64th Supply Squadron: SrA. Nicole L. Clark.

USAF Hospital Reese: SrA. Coylene Brinkerhoff and Richard L Mutina.

### **BTZ** promotees announced

The following airmen first class at Reese have been selected for promotion to senior airman below the zone:

Scott L. Alexander, 1958th Communications Squadron. Jesse R. Gilsdore, 64th Field Maintenance Squadron. Todd B. Korn, 64th Organizational Squadron. Ray Roman, 64th FMS.

### Weekly housing winners named

The following couples in Reese Village have been cited for the appearance of their homes during recent inspections:

Enlisted duplex: MSgt. Jerry and Romine Newsome, MSgt. Willie and Brenda Lee, Army Sgt. 1st Class Daniel and Patty Cook, TSgt. David and Christine Koester, SSgt. Bobby



and Cassandra Smith, and Sgt. Dennis and Teresa Askins. Enlisted single: SMSgt. Billy and Margaret Shields.

Officer duplex: Capt. Gregory and Karen Cummings, Capt. Patrick and Patricia Wilson, 1st Lt. Jeffrey and Barbara Hawkins, 1st Lt. Todd and Lauribeth White, 2nd Lt. Brian and Angela Greer, and 2nd Lt. Dwayne and Diana Wilhite.

Officer single: Capt. Robert and Danette Saenz.

### **Ground safety awards**

A member of the Reese Morale, Welfare and Recreation Division and another from the 64th Mission Support Squadron have been selected for quarterly ground safety awards.

MSgt. Roland Chambliss, MWR, and SSgt. Derald C. Jones, MSS, each received a desk set for their contributions to the wing safety program over the last three months.

### **Chapel member excels**

A technical sergeant assigned to the Reese Chapel was the

honor graduate from a recent Chapel Management Technician Course at Keesler AFB, Miss.

TSgt. Clarence A. Durst earned the award by posting the highest academic average in the course's history, according to chapel officials.

### **Members excel on CDCs**

The following individuals have been named Outstanding career Development Course Achievers based on their CDC performance, according to the Reese Consolidated Training Office (course titles and scores are listed in parenthesis):

□ SSgt. Clay A. Dixon, 64th Supply Squadron ("Financial Management," section B — 92).

□ A1C Lisa L. Glover, 64th SUPS ("Financial Management," section E-90).

□ A1C Noel D. Owens, 1958th Communications Squadron ("Weather Equipment Specialist" – 92).

□ Amn. Craig M. Finn, 1958th CS ("Computer Systems Operator" – 95).

### **Civilians cited for service**

Five civilian employees at Reese were recently cited for service to the federal government.

Donald R. Stewart Jr., a member of the Reese Accounting and Finance Office's Military Pay Section, has been a federal employee for 20 years; 15 of those here at Reese.

□ Carmen Lopez, a secretary/stenographer in the 64th Flying Training Wing Comptroller Division, has also served the government for 20 years.

Army veteran Johnny Trevino, a lead firefighter in the 64th Civil Engineering Squadron, was also cited for two decades of service.

Louise Ropes has served the government for 10 years. She is a medical clerk with USAF Hospital Reese.

□ Felix Zuniga, an Air Force veteran, has accumulated 10 years of service. He is a sheet metal mechanic in the 64th Field Maintenance Squadron.





### THE HOLDARS \$AVE \$AVE \$AVE \$AVE \$AVE \$AVE \$AVE \$AVE Call Doreen 741-0344 Now For the Best Rates

Military & Supersaver discounts are still available, but are going fast... Call Doreen today for your holiday reservations. Be sure to mention you are military to receive all special discounts available at time of booking.

✤ ★ FREE DELIVERY TO REESE ★ Caprock Travel Services ★

A Division of Caprock Savings and Loan 5202 Indiana Avenue, Lubbock, TX 79413

In Lubbock call 793-0606 Outside Lubbock call toll-free (800) 722-0606



1984	Toyota Celica GTS, Red	\$6,995.00
1986	Ford Escort, 2 Door, Auto, Air Cond., Real Nice	\$4,495.00
1986	Toyota Supra, Loaded, Blue Metallic	\$13,900.0
1986	Toyota Celica GT Liftback, Air Cend., Cassette	\$8,495.00
1986	Chev. Cavalier, 2 Door, Auto, Air Cond	\$5,495.00
1987	Honda Accord LX Cpe., Air Cond., Cassette	\$8,995.00
1987	Toyota Cressida, Loaded, W/Sunroof, 1 Owner	\$12,950.00
1988	Toyota Tercel Deluxe Liftback, Auto., Air Cond.	\$6,995.00
1988	Nissan 300 ZX, Loaded, W/T-Tops, Pearl Red	\$SAVE
1989	Toyota Camry Sta. Wagon, Auto., Air Cond., 1 Ov	mer \$SAVE
1989	Camaro RS, Air Cond., Cassette	\$9,995.00

0

#### TRUCKS

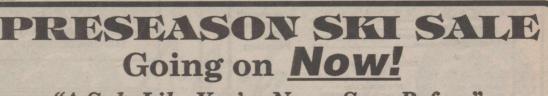
1985	Ford F150 Short Bed P.U., loaded, white\$6,995.00
1985	Toyota X-Cab P.U., Auto, Air Cond., Special Price\$3,995.00
1986	Toyota P.U., air, cassette, 1 owner\$5,995.00
1986	Dodge Ram Custom 250 Van, Loaded\$8900.00
1986	Chev. P.U. Short Bed, Silverado Pkg., Loaded, Blue Metallic\$7,995.00
1986	Nissan P.U. "Customized", Come Drive!\$SAVE
1986	Dodge Ram 50 P.U., Look!\$3,995.00
1988	Suzuki Samurai 5 Speed, Air Cond. Reduced\$6,400.00
1988	Isuzu Trooper II, Air Cond. Cassette, "REDUCED PRICE"
1988	Jeep Wrangler, w/Sahara Pkg., 1 Owner, Come See!\$10,700.00
1989	Nissan X-Cab 4X4 SE, V-6, 7,800 Miles + Black \$13,950.00



Loop 289 East of Slide Rd. "Prices do not include options or TT & L 794-2222

Four Seasons Real Estate 1-800-822-7654 Mention this ad for 10% discount to Reese personnel. has access to over \$325 million worth of parts.

Call 1-800-LET-NAPA For The Nearest NAPA AUTO PARTS store.



"A Sale Like You've Never Seen Before"

 Boots, Skis, Bindings, Poles – 70% OFF • ALL the HOT, NEW Ski

the

Apparel - 20% OFF

• Ski Tune-Up Specials!!!

SKI LUBBOCK SPORTS

"THE PROFESSIONAL SKI SHOP"

 Great Deals on Ski Packages for beginner to expert

> 10 Great Prizes to give away worth \$2,000 ( No purchase necessary to register)

### 747-3477

3817 50th (Memphis Place Mall)

R

te

of

at

al

ra

A

re

fir

the

nu



### Local news

#### **Retiree Appreciation Days**

Today and Saturday have been designated as Retiree Appreciation Days by the city of Lubbock, and several base activities are planned for the event.

A retiree golf tournament will tee off at 1 p.m. today at the High Plains Golf Course. Everyone on base is welcome.

Tours to the Llano Estacado and Pheasant Ridge Wineries will begin at 3 p.m. today.

Briefings on retirement-related topics will be held at 8 p.m. Saturday in the Mathis Recreation Center.

D Physical examinations for retirees will be given throughout Saturday. Appointments can be made through the USAF Hospital Reese Appointments Desk at 3245.

For details, call the Reese Retirees Activities Office at 6261.

**AFO** counter closes early

The customer service counter in the Reese Accounting and Finance Office will close at 2 p.m. Thursday

### AU briefing team visits area

The Air University National Security Briefing Team will be in the Reese area Nov. 15 - 17 to give unclassified briefings to interested organizations.

The briefings will deal in part with events in the news and what role they play in national security concerns. To schedule a briefing for your organization, call Capt. David H. Emery, Air Force Reserve Officer Training Corps, at 742-2143.

### WIC moves to Bldg. 75

The Women, Infant & Child Program has moved to Bldg. 75, next to the Reese Photo Lab.

All WIC recipients on base who have been getting WIC cards at USAF Hospital Reese can now get them at Bldg. 75.



## fficer release program extended

The Officer Voluntary Early Release Program has been extended to meet fiscal year 1990 officer strength reductions.

"By reducing the number of officers coming into the service and continuing the voluntary early release program, we should be able to attain the fiscal 1990 congressionally mandated officer strength reductions," said Maj. Kathleen Pivarsky, chief of the officer separation policy branch, Headquarters Air Force.

Fiscal 1990 reductions are currently set at 2,300 officers, but with final action on the fiscal 1990 Authorization Act still pending, this number could go higher, Major

Pivarsky said. The early release application period is open now and continues through July 31, 1990, with dates of separation from October through Sept. 29,1990.

The program permits waiver of certain active-duty service commitments and allows officers to separate early from the Air Force, the Major said.

A maximum of 24 months can be waived for officers who have a commitment due to commissioning through the Air Force Reserve Officer Training Corps, Airman Education and Commissioning Program or Officer Training School.

Up to 18 months can be waived

for officers who recently accepted an assignment in the continental United States, and for officers wishing to separate who recently accepted promotion to major through colonel. However, requests for retirement in current grade by lieutenant colonels or colonels with less than three years time-in-grade cannot be granted, Major Pivarsky said. For example, a lieutenant colonel eligible for retirement could waive up to 18 months of commitment, but retirement would be in the grade of major since the time-in-grade requirement had not been served.

Up to 12 months can be waived from a service commitment for

non-medical service officers who attend a full-time education program at a resident or civilian institution. This also applies to officers who attended non-flying resident or technical training courses, including professional military education courses or off-duty education. Education with Industry Program participants and officers previously selected for a selective continuation can also waive 12 months, Major Pivarsky said.

• Officers serving overseas tours of 30 months or less, along with those who have not completed 24 months of a 36-month overseas tour or 36 months of a 48-month overseas tour.

Pilots and fighter weapons systems officers in the grade of lieutenant colonel and below.

Medical service officers and officers possessing skills in communication-computer systems, civil engineering and certain scientific and development skills.

Colonels who possess acquisition, contracting, comptroller or intelligence skills.

Officers already pending separation because of quality factors, court-martial or promotion nonselection.

For more information on the officer early release program, contact Separations at 3420. (Air **Force News Service**)



### **Campaign rolls on at Reese**

As of Wednesday, wing members have donated \$65,884 to the 1989-90 Combined Federal Campaign. This figure represents 47 percent of Reese's CFC goal this year. To find out how you can contribute, contact your unit/section key worker.



## **Eleven receive Article 15s**

### Members punished under Uniform Code of Military Justice

a steady number of Article 15 actions. During the quarter, 11 actions were completed.

Following is a summary of these actions. Each case is unique and the commander's action, with regard to punishment, was tailored to the offense and offender. The relevant article in the Uniform Code of Military Justice is listed at the end of each Article 15 summary.

An officer was reprimanded and ordered to forfeit \$500 per month for two months for conduct unbecoming an officer (Article 133).

A staff sergeant was reduced to sergeant (suspended) and ordered to forfeit \$250 per month for driving under the influence of alcohol (Article 111).

A staff sergeant was reduced to sergeant (suspended) and or-

The third quarter of 189 showed dered to forfeit \$150 per month for two months and to perform 30 days extra duty for assault and disorderly conduct (Article 128 and 134).

A sergeant was reduced to airman first class (suspended) and ordered to forfeit \$175 per month for two months and to perform 30 days extra duty for assault, disorderly conduct and resisting apprehension (Article 128, 134, and 95).

A senior airman was reduced to airman first class (suspended) and ordered to forfeit \$100 per month for two months for assault on a security police officer and disorderly conduct (Articles 128 and 134).

An airman first class was reduced to airman (suspended) and ordered to perform 14 days extra duty for failure to go (Article 86).

An airman first class was reduced to airman (suspended), ordered to forfeit \$391 per month for two months, and ordered to perform 45 days extra duty for being absent without leave and falsifying official documents (Articles 86 and 107).

An airman first class was reduced to airman (suspended) and ordered to forfeit \$150 for providing alcohol to a minor (Article 134).

An airman first class was reduced to airman and ordered to perform 14 days extra duty for fraudulent checks (Article 123a).

An airman first class was reduced to airman (suspended) and ordered to forfeit \$100 per month for two months for wrongful possession of a false military identification card (Article 134).

An airman was ordered to forfeit \$50 and to perform 14 days extra duty for underaged drinking and failure to obey an order (Articles 92 and 134).



### 10 Command news

### **CHAMPUS** limits start new year

The deductible for outpatient care and the limit on how much families will pay for medical bills under CHAMPUS started over for the fiscal year 1990 on Oct. 1.

CHAMPUS, the Civilian Health and Medical Plan for the Uniformed Services, requires that participants pay the first \$50 (for one person) or the first \$100 (for a family) of allowable outpatient bills.

Additionally, active-duty families participating in the program do not have to pay more then \$1,000 in deductibles in any given year, thanks to the deductible cap. Non-active-duty participants have a \$10,000 cap.

For details, contact Carolyn Johnson, Reese health benefits advisor at 3581.

### **Crash causes inspections**

Inspections have been ordered on the fleet of Strategic Air Command KC-135s following the explosion of a KC-135A in Canada Oct. 4 that killed three crewmen and left one missing and presumed dead.

Each KC-135 Stratotanker is restricted from flying until it has been inspected. The checks add a couple of hours to the normal pre-flight inspection. Investigators have yet to determine what caused the Loring AFB, Maine, tanker to crash in New Brunswick.

This latest accident happened just two weeks after an Alaskan Air National Guard DC-135 burst into flames on the ramp at Eielson AFB, Alaska, killing two boom operators. (Air Force News Service)

### **USAFE not leaving Britain**

Recent stories in Stars and Stripes reporting impending closure of four U.S. bases in England are untrue, according to the commander in chief of U.S. Air Forces in Europe.

"We have no plans to pull our forces out of England," said Gen. Michael J. Dugan, CINCUSAFE.

The Stars and Stripes front-page report claimed preliminary work was complete on the decision to pull American forces out of RAFs Alconbury, Bentwaters, Fairford and Mildenhall. The story appears to be based on speculation about the conventional forces in Europe talks being held in Vienna, a USAFE News Service release said.

Stars and Stripes gave precedence to unnamed sources in its report in spite of the Department of Defense expressing incredulity. Lt. Col. Sam Giammo, 3rd Air Force spokesman at RAF Mildenhall, flatly denied the report. (Air Force News Service)

### ANG has openings

The 273rd Engineering Installation Squadron of the Texas Air National Guard has openings for people separating from service in the near future and for people considering Palace Chase. For details, call AUTOVON 954-2478.

Also, the Alabama ANG is looking for people with Air Force Specialty Codes fo 272X0, 304X4, 304X6, 305X4 and 362X4, as well as several others. For details, call AUTOVON 742-9240.

For people planning to relocate in the Northeast after separating, the New Hampshire ANG has openings. Call AUTOVON 852-1808. (ANG news releases)



### Wings UPT Class 90-01

graduates Oct. 20

### **SPS** exercise

64th sps takes part in Volant Scorpion

### Torchlight

Wing team returns from ATC competition

### Pingpong

Weekend tournament to determine the base's best





### Gridiron Update on IM football action

### CFC

Reese efforts continue during campaign

Buy - Sell - Trade Refrigerators, ranges, freezers, washers/dryers. Best price in town. Trader Jack 7304 W. 19th 792-9914

Receptionists Word Processors (Software Training available) • Earn Top Salary • Same Week Pay Checks • Never A Fee! Call Jennifer 797-1171 For Appointment SINELLING EXAMPLE OF COMPARY (STREEL 0

0

### COMMUNITY



Virginia Hollie (above) wheels children out of the Reese Child Development Center during a fire drill Tuesday, while TSgt. Randall Sutton, assists a "fire victim" during a firefighting

exercise in Reese Village later that day. These two events were part of the wing's Fire Prevention Week that also leatured a parade and several demonstrations.

### **Community notes**

### **OOM brunch set for Sunday**

The monthly Sunday brunch at the Reese Officers' Open Mess will be 10:30 a.m.to 1:30 p.m. Sunday.

The brunch is open to all OOM and Enlisted Open Mess members. It costs \$6.95 for adults and \$3 for 6- to 10-year-old children.

### Teen forum to be held

An all-teen forum will be held from 6:30 - 10:30 p.m. Saturday at the Reese Youth Center. The forum-is designed to help teens develop self-esteem and communication skills.

During the evening, there will be food and refreshments available. To make a reservation, call the center at 3820 or the Reese Family Support Center at 3305.

### Today is youth show deadline

Today is the deadline for youth who want to participate in

the Reese Youth Center's Oct. 21 talent show. To sign up, stop by the center or call 3820.

### **Holiday demonstration set**

The Reese Library will sponsor a holiday decoration demonstration at 10 a.m. Thursday. It will deal with Halloween, Thanksgiving and Christmas decorations.

### Youth center meeting planned

The Reese Youth Center will hold a booster club meeting and officers election at 7 p.m. Thursday. Anyone who is interested can attend.

### **Heir Force**

The 64th Organizational Maintenance Squadron would like to congratulate one of their maintainer families on the birth of their baby:

Quianyka Scott, born Sept. 7 to TSgt. Quintin and Lois

Scott. Quianyka was born in Lubbock General Hospital and weighed 7 pounds, 7 ounces.

### **PME** center plans hoagie sale

Reese Noncommissioned Officer Leadership School Class 90-A will hold a hoagie sale Wednesday.

Hoagies cost \$2.50. Class members will visit duty sections before Wednesday to take orders. For more information, call SSgt. David Joyal at 6396.

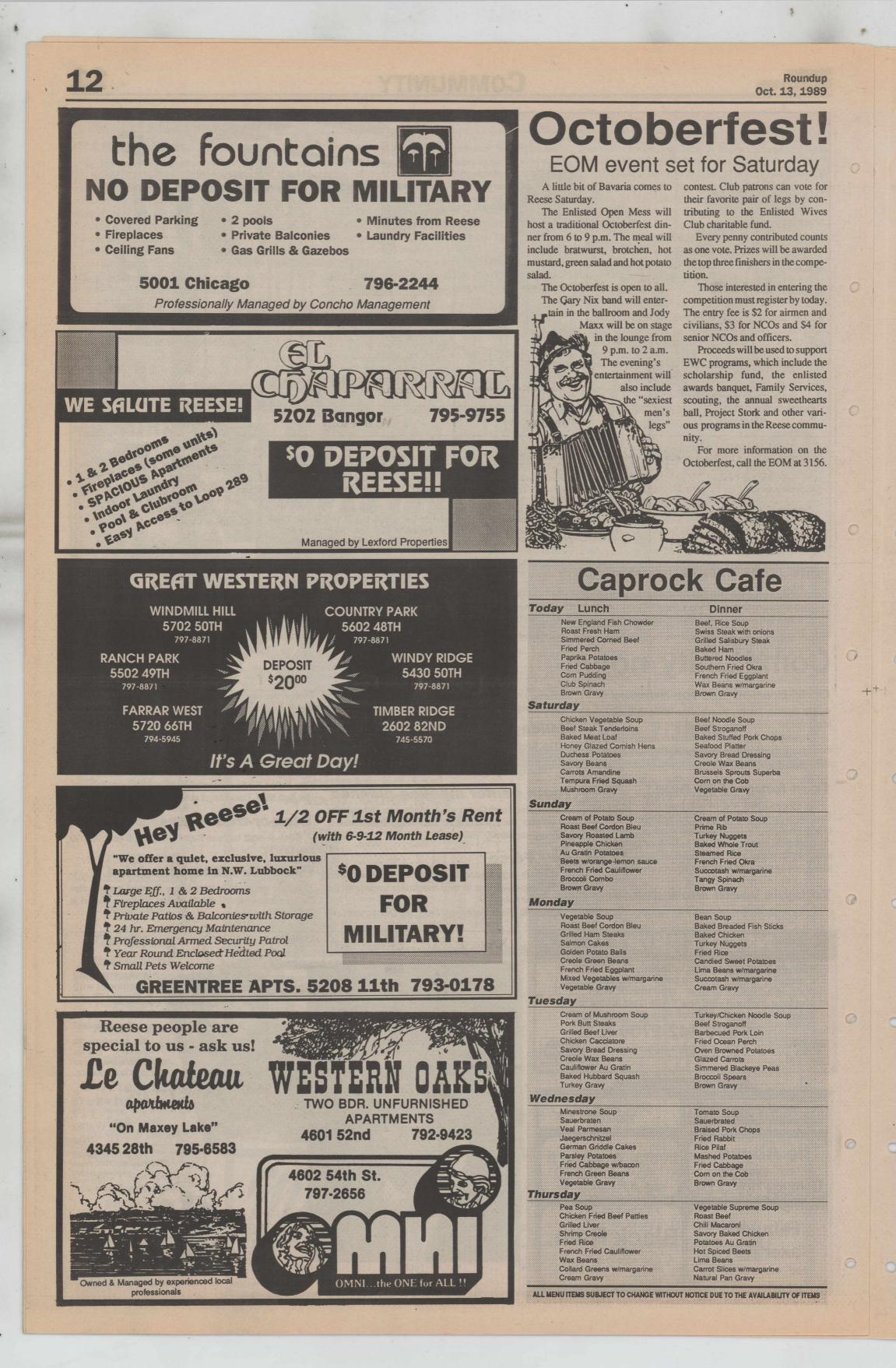
### **Trick-or-treat hours**

Trick-or-treat hours in Reese Village will be 5:30-8:30 p.m. Oct. 31.

### **Financial class scheduled**

People interested in attending a financial management class beginning Nov. 7 should contact the Reese Chapel at 3237 by Tuesday.





0

Q'

### AT EASE

### 13

-			
doing	Today	Saturday	Sunday
good	Mathis Recreation Center	Bowling Center	Mathis Recreation Center
things	Information, ticket and tour office has Texas Tech	Y.A.B.A. league begins, 9:30 a.m.	Sign up Monday through Friday for free Llano
for people	vs. Rice football tickets on sale, \$12.	"Rock and bowl" 7 p.m., Costs \$7	Estacado Winery tour on Oct. 28. Sign up
tor people	Base level table tennis tournament, 5:30 p.m. Bowling Center	Red pin, noon to 6 p.m., \$1 per game Enlisted Open Mess	Monday through Friday for Carlsbad Caverns tour on Oct. 28.
	Bowl half price from 9 a.m. to 10 p.m.	"Octoberfest;" Gary Nix Band in the ballroom	Bowling Center
A .	Colorama and bowling bingo, 7 p.m.	and Jody Maxx in the lounge, 9 p.m. to 2 a.m.	Unlimited bowling from noon to 6 p.m. for \$5.
1 miles	Enlisted Open Mess	Officers' Open Mess	Enlisted Open Mess
	Lunch menu: Steak fingers, \$3.65, or stir fry	Saturday night dining, 6 - 9 p.m.; New York	Casual lounge open from noon to 6 p.m.
	from 11 a.m. to 1:30 p.m.	pepper steak, \$10.95. Open to all NCO and	Mamma Reesione's
	Maestro Lee Show, 9 p.m. to 2 a.m.	OOM club members.	Hours of operation: Sunday - noon - 6 p.m.; Monday through Thursday-11 a.m 1:30 p.m.,
46:0	Officers' Open Mess	Lounge open from 4 - 10 p.m. Arts and Crafts Center	4:30 - 9 p.m.; Friday - 11 a.m 1:30 p.m., 4:30
this	Retirees Banquet; no dining.	Old-world Santa painting class, 2:30 p.m.	10 p.m.; Saturday - 4:30 - 10 p.m.
	Arts and Crafts Center	Child Development Center	Officers' Open Mess
	Open from 10 a.m. to 6 p.m.	Open every Saturday, 6 p.m. to midnight,	Sunday Brunch: 10:30 a.m. to 1:30 p.m. Open to
week	Auto Hobby Shop Steam cleaning special, \$4.25.	reservations accepted.	all NCO and OOM club members.
ncon	Youth Center	Youth Center	Auto Hobby Shop "You-do" oil change: \$2 stall fee for 30 minutes.
several rely and have don't had not a read	Free video movie, "Monster Squad," 5 p.m.	Martial arts, 1 p.m.	Youth Center
Oct. 13 – 19	Trip to Show Place Six, 6:30 p.m., Costs \$2.	Teen forum, 6:30 p.m. Free food.	Registration underway for youth talent show on
	Child Development Center	Base Theater Free movies for children: "Monster Squad," 11	Oct. 21. Call 3820 to register for the great
Information provided by	Open from 7 a.m. to midnight every Friday.	a.m.; "Lady in White," 1 p.m.,	pumpkin contest.
Becky Pillifant, MWR Publicity	Reservations accepted.	8 p.m. movie is cancelled	The Microsofting Constitution of the
Monday	Tuesday	Wednesday	Thursday
Monday	Tucsuay	weunesuay	Thursday
Mathis Recreation Center	Mathis Recreation Center	Physical Fitness Center	Physical Fitness Center
Discount tickets for the Fox/Mann theaters,	Information, ticket and tour office: last day to	Registration underway for the Volksmarch to be	Open to all squadrons after hours.
\$4.00 per ticket	register for the Dallas Cowboys football tour Nov.	held at 8 a.m. Oct. 21. Call 6020 for details.	Call 3207 for details.
Bowling Center Lunchtime special: three games for \$1,	18. Last day to purchase tickets for the Texas Tech vs. Rice football game.	Bowling Center You can celebrate your child's birthday with a	Bowling Center
11 a.m. to 1:30 p.m.	Bowling Center	bowling party at the Windmill Lanes. Call 3116	Lunchtime special: 11 a.m 1:30 p.m., Three games for \$1, Mixed league, 5:30 p.m.
Intramural league 5:15 and 7:30 p.m.	Lunchtime special: three games, \$1	for details.	Enlisted Open Mess
Enlisted Open Mess	Lubbock law enforcement league, 5 p.m.	Lunchtime special, 11 a.m. to 1:30 p.m.: Three	Lunch menu: Baked chicken, \$3.65, or stir fry
Lunch menu: Taco salad in large tortilla bowl,	Enlisted Open Mess	games, \$1. Mixed couples league, 7 p.m.	from 11 a.m. to 1:30 p.m.
\$3.25, or stir fry. Games night: Monday	Lunch menu: Veal Parmesan, \$3.85, or stir fry from 11 a.m. to 1:30 p.m.	Enlisted Open Mess Lunch menu: Baked lemon pepper cod, \$3.65, or	Music by request, 7 - 11 p.m.
through Friday, 5 p.m.	Officers' Open Mess	stir fry from 11 a.m. to 1:30 p.m. Music by	Officers' Open Mess
Officers' Open Mess	Officers' Wives Club Ladies Day, 10:30 a.m	request from 7 - 11 p.m.	Evening dining, 5:30 - 8:30 p.m.
Monday night football in the lounge: - free snacks	12:30 p.m. Free to members.	Officers' Open Mess	Base Library Halloween, Thanksgiving and Christmas
Arts and Crafts Center	Evening dining, 5:30 - 8:30 p.m.	Fried chicken special served family style every	decorations demonstrations, 10 a.m.
Registration going on now for a booth in the	Arts and Crafts Center	Wednesday. "Over-the -hump-day" free tacos	Arts and Crafts Center
Kris Kringle Kraft Karnival	Open workshop on painting wooden cut outs. Costs \$2 plus supplies.	from 5 - 7 p.m. Auto Hobby Shop	Open from noon to 9 p.m.
to be held Nov. 17 - 19	"Cleaning out the closet" sale: paints, silk flowers,	Paint special on cars, vans and trucks, Call 3142	Beginners oil painting class from 6:30 - 9 p.m.
Youth Center	ceramics and other itmes	for details.	Costs \$2 plus supplies. Frame shop now taking
Drawing contest entry due Oct. 21.	available in the retail store.	Youth Center	orders for custom-made frames.
	Youth Center	Arts and Crafts, 4:30 p.m.	Auto Hobby Shop Tire balancing and rotation by appointment.
ALL DE LIVER OF ALL ALL ALL ALL ALL ALL ALL ALL ALL AL	Registration underway for tumbling, ballet, jazz and gymnastics classes.	and the second s	Call 3142 for details.
		A CONTRACT OF THE OWNER	
		ORT	
		GO 1ST	CLASS!! FOR LESS!!
YAIGTOY.TI	The Has Expanded Inv An Import Auto P	ventory & Is Now No Den	osit for Military
Waterfo	Retail and	Wholesale	, it is in the second sec
	LACE We Also Hav	re Parts For	a quiet, peaceful atmosphere with exceptionally clear
"NEW units NOW Avo	ailable!" American	Cars With apts. and ma	intenance that is done promptly & thoroughly, then
♦ 1,2 & 3 Bedrooms ♦ Monitore	d Alarm Systems		you need to make your new home
		ac contract in the th	al
Fully Equipped Worl	Kout Center Open Monday-Friday	8-6; Saturday 8-12	795-9298
Fully Equipped Worl 502 Slide Rd. A McDougal Proper	0000 000000	792-4814	795-9298 5501 Utica

FREE RENT for one-half month with a 6 or 9 month lease.

Sural and a sol and a stand a stand a stand and a stand as a stand "Check out the good guys! 13

• Lighted Tennis Courts • Pool Basketball Court



Park



(the same

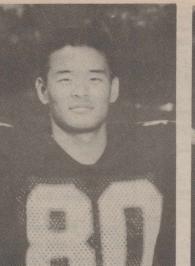
## Falcons play for Reese flying units

**SPORTS** 

**By MSgt. Ralph Monson** NCOIC of Public Affairs

The 35th and 54th Flying Training Squadrons will be represented Saturday as the Air Force Academy host top-ranked Notre Dame in a college football battle of unbeatens.

The 35th will be represented by sophomore James Camarena (64), a 6 foot 1, 235-pound nose guard from Woodland, Calif.



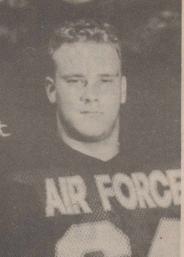
Mike Honma, WR

150-pound wide receiver from Pearl City, Hawaii.

The Falcons are representing the 35th and 54th as part of a special "scarf" program that has players representing specific flying units each time they step on the field.

As previously announced, offensive guard Neal Thompson represents the 64th Flying Training Wing.

Notre Dame enters the game at Playing for the 54th is sopho- 5-0 and ranked number one in the more Mike Honma (80), a 5 foot 8, country. The Air Force Academy is



Roundup

Oct. 13, 1989

James Camarena, NG

ranked 17th and has the nation's best record at 6-0.

Seemingly as large as the game itself is the matchup of Heisman Trophy contenders Dee Dowis and Tony Rice.

The two quarterbacks are considered among the top three or four candidates at this point in the season and the best showing Saturday by either could make the difference in final balloting.

## Sports shorts

### **Golf course fees increase**

Fees at the High Plains Golf Course have increased. New fees are:

Annual fees: single annual fee - \$225; first dependent fee — \$100; maximum family rate — \$400. Semi-annual fees (available in January and July only): single — \$150; first dependent — \$75.

Monthly: single — \$30; first dependent — \$20. Daily: airman basic through airman first class -

\$4; senior airman through captain — \$5.50; major and above, and civilian employees - \$6.50; guests -\$10.

Weekend rates cost \$1 extra, except for guests. Cart use costs \$6 for nine holes. The course's twilight half-price special begins at 5 p.m.

### Volksmarch upcoming

The Global IX Volksmarch, a non-competitive walking/running event., will be held at 8 a.m. Oct. 21 at the Reese Picnic Grounds.

There will be 10- and 20-kilometer distances for the event. Awards will be given. For more information, call SSgt. Randy Pratt, Reese Physical Fitness Center, at 6020.

### Flag football schedule

The Intramural Flag Football schedule for the





coming week is:

Tuesday - OMS vs. MSS, 5 p.m.; 54th FTS vs. STURON, 6:15 p.m.

Wednesday — COMM vs. OMS, 5 p.m.; STURON vs. CES, 6:15 p.m.

Thursday — CES vs. FMS, 5 p.m.; COMM vs. 35th FTS, 6:15 p.m.

All games will be played on the field on the west side of the Youth Center.

I	M stai	ndings	
	Footb	all	
	(as of Wed	nesday)	
National Lea	gue	American Lea	ague
COMM	5-0	FMS	4-2
54th FTS	4-0	RM	3-3
35th FTS	3-2	STURON	2-3
CES	2-3	OMS	2-4
MSS	2-3	HOSP	0-7
	G	olf	
	(End of reg	ular season)	
National		American	
35th FTS	10-4-1	SPS	12-2-0
HOSP	9-6-0	54th FTS	11-2-1
OMS	7-6-2	FMS	7-5-2
MSS	7-6-2	CES	4-10-0
STURON	6-7-2	RM	2-11-1
COMM	0-14-1		



(Courtesy photo)

### **Tech tickets available**

Texas Tech fullback Louis Sheffield turns upfield during a recent game. The information, ticket and tour ofice at the Mathis Recreation Center has tickets for the Oct. 21 Texas Tech - Rice game for \$12 each. Purchase deadline is Tuesday. For details call 3787.

### **Cross-country trials on tap**

People interested in trying out for a spot on the base's team in the 1989 Air Training Command Cross-Country Championships should call Jake Trevino at 6020/3207 to arrange a time trial.

### Wargames club forming

People interested in forming a wargames club should contact Sgt. Michael James at 3632. Some of the games include Air Power, Diplomacy and chess.



# New fitness program in effect

**Run and Walk Standards** 

The first phase of the Air Force's Improved Physical Fitness Program started Oct. 1.

16

Standards for the men's 1.5-mile run are now more demanding, with running times for each age group lowered every Oct. 1 through 1992, shaving some two minutes from previous run times.

Age categories are also changed to 10year groupings instead of five-year groupings for men and women, and option to walk three miles instead of running 1.5 miles will be restricted to people 35 and older beginning Oct. 1, 1990.

Fitness standards for the women's 1.5mile run were not substantially changed. Minor reductions were made in women's standards to allow for the transition from women's five-year age groups to the new 10year age groups.

The new standards are based on current fitness research. Recent studies determined that the men's standards based on old research data were too low to properly assess fitness. The same study showed that women's standards, already based on more current research, were appropriate.

AL S

"The men's run standards were estab-

	1.5-r	nile run	3-mile w	3-mile walk option	
Age	Men	Women	Men	Women	
Up to 29					
Oct. 1, 1989	14:00	15:30	40:54	43:52	
Oct. 1, 1990	13:20	15:30	n/a	n/a	
Oct. 1, 1991	12:40	15:30	n/a	n/a	
Oct. 1, 1992	12:00	15:30	n/a	n/a	
30 - 39					
Oct. 1, 1989	14:45	16:00	42:15	45:15	
Oct. 1, 1990	14:00	16:00	41:30	44:00	
Oct. 1, 1991	13:15	16:00	40:45	42:45	
Oct. 1, 1992	12:30	16:00	40:00	42:00	
40 - 49					
Oct. 1, 1989	15:30	17:00	44:30	47:45	
Oct. 1, 1990	14:40	17:00	43:30	46:30	
Oct. 1, 1991	13:45	17:00	42:45	45:15	
Oct. 1, 1992	13:00	17:00	42:00	44:00	
50 and up					
Oct. 1, 1989	16:30	18:00	47:15	50:45	
Oct. 1, 1990	15:45	18:00	46:30	49:30	
Oct. 1, 1991	15:00	18:00	45:45	-48:15	
Oct. 1, 1992	14:30	18:00	45:00	47:00	

#### lished long before the women's standards, and they had become outdated," said Capt. Kimberly Ritsche, chief of military fitness at the Air Force Military Personnel Center.

"This revision, phased in over the next four years, brings the men's physiological requirements in line with women's requirements. The adjusted run times will create an equitable baseline standard throughout the Air Force," Captain Ritsche said.

The new physical fitness program also has more demanding three-mile walk standards for men and women in all age categories.

The new run and walk standards are listed below.

"We encourage all Air Force members to adopt the healthy lifestyle habits that will enable them to safely and reasonably attain better fitness," Captain Ritsche said. "Fitness specialists at base fitness centers have been trained to help individuals reach their fitness goals."

More information is available at unit orderly rooms. Also, people looking to learn about appropriate fitness programs can call the Reese Physical Fitness Center at 6020. (Air Force News Service)

894-1518



15 Minutes from Reese AFB on West 114
2 Tennis Courts • Concrete Driveways
Swimming Pool • Basketball Court
• FREE WATER & GARBAGE PICKUP
• 5 Miles to South Plains College
• Large Community Building
• Levelland School District

## \$75° PER MONTH

ACROSS THE STREET FROM – HOOTERS BEER – LIQUOR – WINE

**HWY 114 WEST**