The - OUNG August 12, 1988 Lubbock, Texas 79408 20 Pages

SPs to get new weapons



Airman Janet Stringer, 64th Security Police Squadron, works the main gate. The native of Tahoka, Texas has been at Reese for six months. (USAF Photo)

OES video training now available

CENTER, RANDOLPH AFB, Texas— A chief of staff-directed video training course on the Officer Evaluation System is now available to all officers Air Force-wide.

The three-hour course, taking place now through September, includes a videotape and guided discussions led by unit commanders. It describes the revised OES, giving primary emphasis to performance observation and feedback skills.

The training will be conducted in small groups of from five to 20 officers. It revolves personnel office OES officials.

AIR FORCE MILITARY PERSONNEL around the video presentation, allowing breaks for discussion and exercises on performance feedback issues.

Other sources of information of the OES include Air Force Regulation 36-10, Officer Evaluation System; and Air Force Pamphlet 36-6, USAF Officers' Guide to the Officer Evaluation System.

The course video, film No. 607793, is titled, "USAF Officer Evaluation System "Training Program."

More information is available from base

RANDOLPH AFB, Texas (ATCNS) — Air Training Command security police units are converting to the Berreta M-9, 9mm semi-automatic pistol.

In mid-July the 82nd Security Police Squadron, Williams AFB, Ariz., and the 12th SPS at Randolph AFB, Texas, became the first units to carry the new handgun. The 3480th SPS, Goodfellow AFB, Texas, and the 3345th SPS at Chanute AFB, Ill., have also switched to the Italian made weapon.

ATC Security Police officials announced that seven other ATC bases have received the weapon but will wait until all unit personnel are trained before switching over. A shortage in the shipment of leather gear to hold the weapon is also causing short delays in the conversion.

"The M-9 is a semi-automatic weapon which requires a different holster from the .38-caliber Smith and Wesson revolver it is replacing," said MSgt. Edward L. Coleman, Headquarters ATC Combat Arms Training

and Maintenance (CATM) program manager. "A separate pouch is needed to carry the extra 15-round magazine.'

The switch-over to the semi-automatic handguns is a result of a Department of Defense decision to align the services with NATO Pact countries. The 9mm round is the official NATO cartridge.

The Army was the first to negotiate a contract with the Italian-based Berreta. Now, all services, including the Guard and Reserve, will carry the Berreta M-9.

"The Berreta is a superior weapon," commented Sergeant Coleman. "It's capable of firing 15 rounds without reloading. The .38, on the other hand, can only fire six.'

The CATM manager pointed out the standard issue is 30 rounds — one magazine in the weapon and one in the belt. Previously, SPs carried only 18 rounds — six in the revolver and 12 in a pouch on the belt. Because the Berreta is magazine fed, it can be reloaded faster and less often, he said.



Lieutenant Gen. Robert C. Oaks, commander, Air Training Command, will speak at the graduation of UPT Class 88-07 today. This is the first official visit of the new commander to Reese. See graduation section, pg. 9. (USAF Photo)

B-2 systems begin checkout

begun checkout of the B-2 Bomber's systems and instrumentation, leading to the new bomber's first flight this fall.

Also called the advanced technology bomber, the B-2 is scheduled for roll out from its plant in Palmdale, Calif., in mid-Novem-

Plans call for production of 132 of the new bombers. Assembly is already well along on the second aircraft. The first six aircraft will initially be assigned to flight test duties at

WASHINGTON (AFNS) — Air Force has Edwards AFB, Calif. Eventually, five of the six will join the operational force.

Operated by a crew of two, the new bomber is powered by four General Electric F-118 engines, derivatives of current production engines. The B-2 will be able to deliver both nuclear and conventional weapons against both fixed and mobile targets. The new advanced bomber is scheduled to be operational in the early 1990s.

Northrop is the prime contractor for the aircraft.

Military drug use

drugs by people in the military continues to decline.

Preliminary results of the Defense Department's worldwide 1988 substance abuse survey show that 5.5 percent of people in uniform had used drugs in the 30 days before the survey.

Previous surveys showed 27 percent had used drugs in the 30 days before the survey in 1980, 19 percent in 1982, and 9 percent in 1985.

The 1988 Worldwide Survey of Substance Abuse and Health Behaviors among Military Personnel represents responses from 17,213 military people. More than 26,000 people were provided survey questionnaires.

Overall, 10 percent of military people reported non-medical drug use in the previous

WASHINGTON (AFNS) — Use of illicit 12 months, compared to 13 percent in 1985.

Marijuana use was reported by 3 percent in the previous 30 days, down from 7 percent in 1985; and 7 percent in the past 12 months, down from 11 percent in 1985.

Reported marijuana use was highest in the lower ranks. Six percent of E-1s through E-3s reported using marijuana during the prior 30 days (11 percent in 1985) and 15 percent during the previous 12 months (19 percent in

Self-reported loss of productivity during the past year due to drug use was reported by 2 percent of the active-duty population (3 percent in 1985).

Survey results indicate that heavy drinkers constitute 9 percent of the military population (12 percent in 1985). Heavy drinking is defined as five or more drinks per occasion at

least once a week.

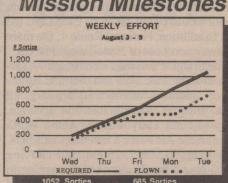
Overall, lost productivity because of alcohol use during the prior 12 months was reported by 23 percent of the military population (27 percent in 1985).

The survey also examined smoking habits. Fifty-seven percent of military people did not smoke in the previous 30 days (54 percent in 1985) and 23 percent smoked about a pack a day or more (31 percent in 1985).

Dr. William Mayer, assistant secretary of defense for health affairs, said the services have done a "superb job in working toward eliminating illicit drug use from the military and in establishing healthy behaviors among service members."The 1988 survey was conducted under contract by Research Triangle Institute. Final results are expected in

(continued on page 3)

Mission Milestones



The late afternoon thunderstorms, along with Pride Day, caused a sharp drop in effective sorties flown by both squadrons. The timeline hasn't suffered—T-37s are at 3.8 days ahead and T-38s are 3.7 days ahead.

Bits & Pieces

Decisions, decisions, decisions...

I recently read a story of a farm hand, usually an excellent worker, who was given the task of grading some apples. After a time the owner dropped by to check on the progress being made and was surprised to find that few apples had been sorted. He then inquired as to whether or not the farm hand liked the job. "It's not the work that bothers me," replied the farm hand, "It's all those pesky decisions."

In the Air Force, almost everyone moves into some supervisory position eventually. And people who move into supervisory positions have *decisions* that need to be made *every day*. The decisions may range from whether to reprimand someone for being five minutes late to setting quotas for determining the flying CAP. The fact remains that decisions require energy and take time.

A common failing of many supervisors is to *ignore* a problem rather that face it head on and take the responsibility for deciding one way or another. A common rationalization is to assume that people who don't make decisions cannot be criticized for poor judgment. Eventually, they will be criticized any way. And for something far more serious—failing to produce results.

Remembering the words of Abraham Lincoln, "...you can't fool all of the people all of the time," reveals that sooner or later, a failure to manage will become painfully obvious to all. The art of management is to work at avoiding either of the two extremes—unwarranted delay and vacillation on the one hand, and impulsive, snap judgments on the other. If action is needed promptly, even a poor decision may be better than no decision at all. It was General Patton who said, "A good plan today properly executed, is far preferable to a perfect plan tomorrow."

And don't expect all of your decisions to be 100 percent correct all of the time, because neither will anyone else's be. The president of a leading corporation, known for his ability in developing associates, dismisses most errors of judgment with a stock comment: "All right, that's behind us. Now what's our next move?"

I encourage folks to make decisions, for managers to manage and for leaders to lead. What I want is movement toward our goals and a winning average—not little action with a perfect record. I want a wing that vigorously trains the best pilots in Air Training Command, and not one that rests on its laurels for fear of making mistakes. Remember, it is

you, the folks within this wing, who determine how successful we can be

Always welcome...

We at Reese had the pleasure of hosting a couple of Distinguished Visitors here this past week. Today, we have the honor of being visited by our commander, Lt. Gen. Robert C. Oaks. He is coming in to preside over the graduation of UPT Class 88-07 and serve as their distinguished guest speaker. This is his first visit to Reese as ATC commander, and I am confident that Reese pride will be evident from the moment he arrives on base. The base looks great and I thank everyone for doing their part. We look forward to General Oaks' remarks and the awarding of wings to UPT Class 88-07.

On Wednesday evening we received a visit from Brig. Gen. Jeffery T. Ellis, the ATC Deputy Chief of Staff for Operations and Readiness. I want to thank Pauline and her staff for yet another phenomenal "Special." I know General Ellis was most impressed, and probably will not eat again for a week.

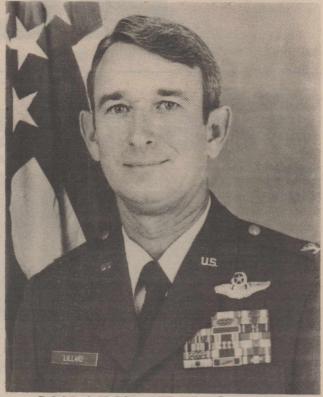
General Ellis is moving on to become the Commandant of ROTC, at Maxwell AFB, Ala. His leadership and inspiration will be missed. He leaves behind a worthy legacy that will be the standard to follow in ATC in the years to come. As a direct result of his efforts, ATC won the Air Force "Benjamin D. Foulois" safety award for the safest command in 1987. In that year ATC experienced no class A mishaps! Sir, we will miss your insight, best wishes to you and your family in the future.

What about a base kennel...

Lately, I have received a number of inquiries from folks regarding the possibility of building and maintaining a kennel on Reese AFB, for use by folks on leave or in the middle of a PCS move. Although this is an excellent idea, current regulations do not authorize private kennels on an installation. Management of a kennel facility would come under the auspices of M.W.R. programs and would have to be operated out of non-appropriated funds.

Operating a kennel on base would require a full time staff to include a veterinarian and personnel to man the facility on a 24 hour basis. As you can probably conclude, this could become a very costly endeavor.

Currently, our resources do not allow us to construct such



Col. Mark H. Lillard III, Wing Commander

a facility on base. Even if we could, the volume of business required to keep the facility open and running on a base the size of Reese is just not feasible. The best alternative is to use one of the six kennels located in the Lubbock area which can provide highly professional care for your pets.

On the horizon...

We received word this week that the next *Unit Effective-ness Inspection (UEI)* will be held *Jan. 31 through Feb. 9, 1989*. As I recently stressed, we need to prepare well in advance at a steady rate to be completely prepared for this inspection. We need to walk into the inspection confident and prepared. Our theme is still "work smarter—not harder." With September being designated as inspection month, I see this as the logical first step on the road to an outstanding UEI. Let us begin to work together now!

Blown bridge lets no supplies pass

By Marty Brazil Company of Military Historians

KEESLER AFB, Miss. (ATCNS) — Most of the supplies that came into Hanoi and later moved south over the Ho Chi Minh Trail, had to pass over one key bridge — the Paul Doumer Bridge.

The Paul Doumer Bridge was a monstrous structure for that part of the world — more than a mile long, with a rail line in the middle and a 10-foot wide road on either side. The bridge crossed the Red River. It was held up by 18 huge piers of heavily reinforced concrete, connecting 19 separate spans.

Because the bridge was so close to Hanoi, Washington included the structure in the restricted zone until July 1967. Then, President Johnson and his joint chiefs decided to expand the air war. As the key element in the rail and road transportation system that moved supplies to Hanoi, the bridge became an immediate target.

If the Paul Doumer Bridge was blown, Hanoi would be cut off from China and the sea. In addition, National Route 1, the main highway north out of Hanoi, would be cut.

The bridge's defenses were tough — surface-to-air missile sites and multiple batteries of automatic anti-aircraft artillery, all radar directed, concentrated and accurate. Only minutes away was the entire North Vietnamese Air Force's inventory of MiGs.

On Aug. 11, 1967, 26 F-105Ds carrying 3,000-pound bombs attacked the bridge in three waves. F-4 fighters flew overhead cover during each wave and four F-4s at-

tacked the anti-aircraft batteries. Four more F-105 "Wild Weasels" flew SAM suppression

The bombing force was commanded by Col. Robert White, a former X-15 test pilot. Col. Harry Schurr commanded the escorts.

As the anti-personnel bombs exploded on top of the anti-aircraft batteries, the main bomb force climbed from tree-top level to 13,000 feet, where they began a 45-degree dive toward the bridge. They dropped their bombs, hit the air brakes, and pulled out and up.

After the main attack, which dropped 94 tons of bombs, three spans were in the water—the bridge was out of service. Hanoi was virtually isolated for seven weeks.

The bridge was reopened Oct. 3.

To help lighten the increasing load on the bridge, the North Vietnamese began ferrying freight cars across the river. However, the U.S. Navy knocked out the ferry shortly after it started operating.

The U.S. Air Force came in again Oct. 25 and dropped 63 tons of bombs on the same spans, knocking out the bridge again.

Less than a month later, the North Vietnamese reopened the bridge a second time.

The Air Force came in again, dropping 90 tons of bombs and blowing several large gaps in the bridge.

This strike drove home to the North Vietnamese the futility of rebuilding the bridge. Instead, they moved five miles downstream and built a rail pontoon bridge. It was opened to traffic in mid-April 1968.

Altogether, the Paul Doumer Bridge was

attacked in 1967 by 177 bombers, dropping 380 tons of bombs. The North Vietnamese launched 109 SAMs and fired countless rounds of anti-aircraft artillery shells, knocking down two and damaging 15 American aircraft

Although traffic continued to trickle across the bridge, frustrating American efforts to cut North Vietnamese supply lines, the Air Force did not fly against it again until the American withdrawal and North Vietnamese Easter offensive in May 1972.

On May 10, 24 F-4s from the 8th Tactical Fighter Wing and 15 F-105s from the 388th TFW, accompanied by four EB-66s to jam radar, hit the bridge. Eight F-4s flew in and dropped a chaff corridor. The F-105s peeled off and attacked the bridge defenses. Sixteen

F-4s hit the bridge proper with 2,000-pound iron bombs.

Only one span was knocked out, but that was enough to close the bridge. No U.S. aircraft were lost.

The next day, four F-4s, with a cover force of F-105s, hit the bridge with 2,000-pound iron bombs and 3,000-pound laser-guided bombs. Three more spans of the bridge were blown into the Red River.

This raid finally spelled the end of the Paul Doumer Bridge as a major supply route for the North Vietnamese

By the end of June 1972, this and similar raids also stopped the North Vietnamese Army, allowing the South Vietnamese to regain control on the ground and prompting the resumption of peace talks in Paris.



The Roundup +

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Reese Air Force Base Editorial Staff

Wing Commander Col. Mark Lillard, Ill Chief of Public Affairs Mr. Bill Tynan NCOIC MSgt. Cliffordean Washington Editor SrA. Greg Spraggins Associate Editor . 2nd Lt. Cecily Christian

Staff Sergeant Brent Coleman, a clinical laboratory technician, does a urine pregnancy test at USAF Hospital-Reese. The native of Houston, Texas has been assigned to Reese for one and one-half years.

Drug use declines

(continu	ed from page 1)	—Non-m Marijuana	edical dru Air Force	ug use:	Navy	Marine Corps
Sele	cted preliminary estimates	Past 30 Days Past 12	.6	4.9	4.0	1.9
-Averag	ge daily alcohol intake in ounces:	Months	1.7	10.3	9.4	5.1
Men	Air Force Army Navy Marine Corps .74 1.32 1.03 1.36	Cocaine Past 30				
Women	.49 .43 .48 .67	Days Past 12	.2	1.6	.9	1.5
		Months	.6	3,5_	5.3	2.9
—Any dr	rug use in the past 12 months:	Heroin -				
Men	Air Force Army Navy Marine Corps 3.3 14.0 13.4 9.8	Past 30 Days	0	.4	.2	.1

Hospital member no stranger to Reese



Pelfery is a Physician Assistant (PA) assigned to the hospital. He has a combined enlisted and commissioned time of over ten years at USAF Hospital-Reese.

Lieutenant Pelfery is presently working in the Acute Care Clinic seeing as many as 25-30 patients a day. The types of patient problems he encounters range from orthopedic injuries to colds and sore throats. Trauma patients, he says, are his biggest challenge. Lieutenant Pelfery is also the OPR for the Base Weight Management Program and Shaving Clinic and he works closely with the TOPS (Take Off Pounds Sensibly) group.

As a former Medical Service Specialist, Lieutenant Pelfery spent much of his time in the hospital emergency room. "Now I'm on the other side of the coin," he said, "having more responsibility for directing the treatment of patients.'

Lieutenant Pelfery received his Physician Assistant Diploma from the USAF School of Health Care Sciences and his Bachelor of Science Degree as a Physician Assistant from the University of Oklahoma. He has been

First Lt. Stanley D.W. certified by the National Commission on Certification of Physician Assistants.

Physician's Assistants have been a part of the Air Force Medical Service since 1973. Within the Air Force, there are approximately 460 PA's currently on active duty. They are utilized in primary care, family practice, orthopedics, surgery and ENT clinics. Most PAs were enlisted members prior to entering the physician assistant field, bringing to the job a keen understanding of Air Force life.

Air Force Physician Assistants are under the supervision of a Medical Corps Officer. They take medical histories, examine patients, order and interpret diagnostic tests, make diagnoses, and direct treatments. They are capable of handling approximately 70 percent of the patients in the medical facility.

According to Dr. (Maj.) Joe Taylor, chief, Hospital Services, "PAs are a valuable resource to our hospital. Their training allows them to function as key players in providing care to a variety and majority of the types of patients we see at Reese.'

Lieutenant Pelfery is a Texas native, born and raised in Amarillo, Texas. He lives in Lubbock with his wife Denise and their two children Ginefer and Dustin.



Staff Sergeant Ernesto Maligaya, a medical services technician assigned to USAF Hospital-Reese, gives a shot to Timothy Prince. Sergeant Maligaya has been assigned to Reese for five and one-half years. (USAF Photos)

school registration begins

Registration will be conducted Aug. 16-19 at fore a child will be enrolled: Reese Elementary School for students who are • Birth certificate (pre-kindergarten thru new or who did not pre-register during the first grade) spring semester of last year, and for students who wish to apply for enrollment in the Prekindergarten (4-year-old) program. The time for registration will be 8:30 a.m. - 4 p.m. each day. Because of construction in progress registration will be conducted in Bldg. "C" which is located on the south side of the main building.

The following items must be presented be-

· Immunization (shot) record (all stu-

• Report cards (grades 2-4)

The following are eligibility and informational items regarding the Pre-kindergarten classes:

The child must be 4 years old on or before Sept. 1, 1988.

The child must be unable to speak and Afternoon (12:45-3:30 p.m.) comprehend the English language or reside in a household with an income at or below the subsistence level using the same scale as used for determining free or reduced lunch eligibility. Verification of income such as a current payroll voucher and the like must be presented when registering if enrolling under

the income guidelines. There will be two one-half day classes offered: Morning (8:30-11:15 a.m.); and

Classes will be limited to 22 students each and will be filled on a first-come basis.

Bus service and breakfast/lunch programs are not available for this class.

The first day of classes for Reese Elementary is Sept. 1. Lunch applications may be picked up at Bldg. "C" after Aug. 16. Further questions may be answered by calling the school office at 885-4910.

mosquitoes...they're here

By Capt. Charles Sinclair Chief, Environmental Health

Some of you may recall that I wrote an article about a month ago on the Asian Tiger Mosquito. The Tiger, Aedes albopictus, was imported into the United States in 1986 on ships from the Orient. We are concerned about this mosquito because it is able to transmit dengue fever and yellow fever-very uncommon diseases in the U.S. We don't want the diseases. We don't want the mosquito. In my article, I noted that the Tiger has been found on the Texas Gulf Coast and has been moving inland. Last week, the Lubbock Health Department found a few of them. We haven't detected them at Reese yet. And we don't want to.

The good news is:

...Just because there is a new mosquito that

can transmit disease doesn't mean that we are expecting any trouble. To get an outbreak of either yellow fever or dengue, we need the vector (mosquito), a host (people), and the virus. Since the viruses causing these diseases are not found in the local population or the animals, we don't have a problem. Interestingly, yellow fever virus is often sustained in an area by monkeys.

.. There aren't many monkeys swinging through the tumbleweeds of Lubbock. We are concerned about the Asian Tiger only because it poses the potential to transmit disease under the right conditions. The mosquito is well-established in several states now but cases of either disease are

.. As the cold weather arrives in October, the biting mosquito population will drop.

(Unfortunately, Asian Tigers can overwinter. They will probably be back next year.)

We don't have to raise Asian Tigers. There are simple actions we can take to reduce the breeding sites. This is especially important for residents of Base Housing.

The Tiger lays her eggs in shallow, dark pools of water. Common breeding sites include bird baths, junk heaps, old tires, toys left outside, empty flower pots, plastic wading pools with water over a week old and mud puddles over a week old.

Anything that can accumulate rain water can be a breeding site.

Civil Engineering uses a natural larvacide in the two base lakes. They also do a good job of fogging for mosquitoes.

Many of the mosquitoes at Reese come in from surrounding fields.

While it is always wise to use a mosquito repellant containing DEET when outdoors at night, this is less reliable as a control measure than eliminating breeding sites.

As you may know, Dr. Walter Reed and others made Panama habitable by eliminating mosquito breeding sites.

In summary, the Asian Tiger Mosquito has been found in Lubbock County. It is different from the "garden variety" mosquito only in that is is capable of transmitting yellow fever and dengue viruses. Our health is not threatened since the viruses don't exist here at this time.

We would certainly like to discourage the Tiger from breeding here. You can help by eliminating breeding sites in your yard and

Commander's Column

Teamwork is what makes us tick

By Col. Gerald W. Deakin

Deputy Commander for Operations

The Deakin family is delighted to be at Reese AFB. Reese enjoys a reputation of excellence for mission accomplishment and producing well trained pilots for the Air Force. We are impressed with the vitality of the people at Reese and are certain we will thoroughly enjoy being a part of the Reese

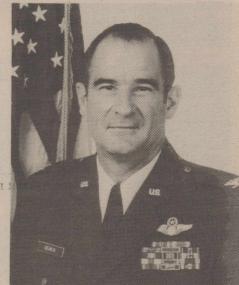
Teamwork is the key ingredient in successful mission accomplishment. The Operations community appreciates the support they receive daily. Like our instructors who are young professionals, the crew chiefs and maintainers, in many cases new to ATC or the Air Force, are professionals and do a superb job of keeping the aircraft in the air. The maintainers in the specialty shops per-

form top work which is not recognized on a daily basis, but is clearly visible to the pilots since their lives virtually depend on the airworthiness of the aircraft. Without the folks from supply, our operations would quickly come to a halt — the backbone of good operation is an effective supply system to keep the aircraft, people and offices mission

Teamwork is absolutely essential to any operation—especially the armed forces. However, the Reese Team is not just any team. The vitality and enthusiasm of the people who work the line daily, keep the airplanes flying and run our CBPO, finance and administration offices provide a special meaning to "Teamwork".

The majority of the men and women of Reese are relatively young and have spent only a short time in the Air Force. Although it is the older, more seasoned members who provide continuity and leadership, our voungest and newest members are the heartbeat of this team. The energy and expressiveness of our young people provide life, newness, and if we are attentive, generally have a wealth of ideas which could allow us to make our way of doing business more effectively.

Although all bases and commands share some of Reese's characteristics, we found through the years that UPT bases offer a special zeal. The learning atmosphere and the drive to succeed is intense. The aura of energy is great. We have been made to feel totally welcome and right at home. We are glad to be a part of the 64th Flying Training Wing and could not ask for better people with whom to serve.



Col. Gerald W. Deakin

By Chaplain (lst Lt.) Jim Browning

As a Reserve Chaplain, I am assigned as an augmentee to visit several areas of the base. One area includes 64th Field Maintenance Squadron. Last week as I visited in the shops of 64th FMS, I was reminded of a story I once heard. While I do not remember the specific facts, I still remember the lesson from it.

Apparently, there was a town that was going to be lost to a new lake. For two years the dam had been constructed and it was only

a matter of time before the small town would be covered up by water.

Ever since the final announcement of the building of the lake, people began to neglect their houses.

Since their houses were going to be destroyed by the rising water, they had no reason to keep up their houses or town.

Gradually, everything became dilapidated ... except one home. One family saw to it that their home and yard continued to be kept. They refused to just let everything go.

Even though they realized they too would have to move and leave behind everything they had worked for, a pride in their work and themselves kept them from neglecting that which was important to them.

The big discussion within the maintenance area seems to be what is going to happen when maintenance changes over to either civil service or contract.

Certainly the decision will affect many people and their families. Even though it seems to me that many people could lose their position or benefits. I was impressed with some of the attitudes of the people who will be affected the most.

I saw what some might call "professionalism" or "Reese pride."

The supervisor of one of the maintenance shops reflected to me that while his job might not continue after the change-over, he would see to it that their work performance would continue through the change-over and he was dedicated to creating a smooth transition.



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News Briefs

Family Services Update

Lynnette Madgwick's name was inadvertently omitted from the list of Family Services volunteers receiving awards on July 29. Mrs. Madgwick received a 750-hour guard.

Other Family Services volunteers missing from the picture were: Pat Bickers, JoAnn Garoutte, Josiane Goupie, Linda Horn, Stacey Kampe, David Slaughter, Julie Slaughter and Rita St. Onge.

New and improved Wordstar

Does your old version of Wordstar seem a bit cranky? Have you ever wished for improvments to make it easier to use? Wordstar Classic Release 5 is here and it's better than ever. An upgrade can take you from your current release up to Classic Release 5 in one smooth transition.

Wordstar Classic Release 5 has got over 200 improvements over the older versions and they are available to you now. It features columns, laser printer support, font selection by names, automatic text alignment and even windows. With its graphic pull-down menus, it's a breeze to use even for a novice Wordstar user. So if this package sounds like what you need, don't hesitate, call Amn. Michael Robison, 6090.

Air National Guard

The New York Air National Guard invites personnel qualifying under the Palace Chase/Palace Front programs to apply for the various part time positions currently available. Call the New York ANG Recruiting Office at AUTOVON 587-9158/59/60/73 for more information, or write to 174th TFW/ RS Hancock Field. Syracuse, N.Y. 13211-7099.

Dental Program changes

The following is a policy change pertaining to the enrollment/disenrollment from the Delta Dental Program (DDP) upon a PCS move:

- CONUS to CONUS PCS individuals may disenroll within 90 days of arrival at their new duty station providing they have not used the DDP.

- CONUS to Overseas PCS individuals may disenroll while outprocessing at the CONUS base, or after inprocessing at the overseas base. Outprocessing time is the time one is relieved of duty prior to the final outprocessing appointment. If the disenrollment is at the overseas base, no retroactive disenrollment back to the outprocessing date is allowed. directors a.m. to com

- Overseas to CONUS PCS individuals can enroll either while outprocessing at the overseas site, or within 90 days of the date of arrival on station at the CONUS site. Delta Dental coverage is not effective until the first day of the month following the month in which the member initiates enroll-

Legal assistance available

Assistance in preparing powers of attorney and notary service are available in the base legal office between the hours of 10 a.m. and noon and 2 to 4 p.m. You may drop off your document at any time, and pick it up during the above listed hours for expedited services. Emergency service is available anytime between 7:30 a.m. and 4:15 p.m., Monday through Friday.

Unauthorized survey

North Coast Behavioral Research Group is conducting a telephone survey. Representatives from the company have contacted several commanders attempting to arrange a time to conduct the telephone survey. Due to the proprietary nature of the survey, Air Force members are not authorized to participate in this study. The research group has continued to contact Air Force personnel despite explicit instructions not to do so. If you are contacted, simply tell them that you are not authorized to participate, and report the call to the Special Actions Unit, 3823.

Off-base residents

Military personnel continue to sign leases for both private homes and apartments without understanding what they are signing. A lease is a binding contract and the only way to terminate it, is to fulfill the obligations. A lease is to protect the tenant as well as the landlord. Moving into Military Family Housing is not part of the Military Clause except when it is specifically written in the lease. Most apartment managers do not have the authority to release you from your contract. To avoid any misunderstandings, call or visit the Housing Referral Office. We have a "Texas Red Book" governing most of the laws pertaining to the state of Texas. The office is located in Bldg. 6100, right out side of the Main

Car wash tomorrow

The Reese Weather Station personnel are holding a car wash tomorrow at the Reese Federal Credit Union from 9 a.m. to 3 p.m. They are asking \$2 for cars and \$3 for vans and trucks.

OPEN TIL 9 P.M.

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Palace Chase/Front Vacancies

The Rhode Island Air National Guard has vacancies in the following career fields: 30XX, 362X4, 491XX, 493XX, 542XX 623X0 702X0. Palace Chase and Palace Front applications are being accepted from motivated individuals who desire to continue their military affiliation on a part time basis with outstanding, hometown Air National Guard Units. If you possess any of the AFSCs listed or are willing to retrain, please contact MSgt. Kevin McDonnell with the Rhode Island Air National Guard at AV 476-3281 or commercial (401) 828-8866

If you are separating and want to continue your military career on a part time basis as a civilian or you want to go Palace Chase, the Alabama Air National Guard may be for you. Weekend duty is available in the following AFSCs: 304X4, 423X3, 461X0, 492X1, 493X0, 551X1 AND 732X0. Military and the new GI Bill educational benefits are available. Call MSgt. Ray Glasscock, AV 742-9430 or 742-9431.

Family Services news

Kids, interested in making extra money? Babysitters names are needed at Family Services. They do not recommend anyone, but your names are posted and personnel needing a babysitter are welcome to come in and check out the babysitters' catalog. Why not list your name in the notebook? Stop by Bldg. 310, Family Services between 9 a.m. and 3 p.m.

The Woman's Contribution

The theme for this year's Hispanic Heritage Week is "Five Hundred Years of Hispanic Heritage 1492-1992...The Woman's Contribution", Sept. 10-17. Anyone interested in helping with this year's program is asked to contact TSgt. Porfirio Castillo, project officer, 6888; Carmen Lopez, 3518, or MSgt. Matt Alvarez, 3153. All meetings are on Thursday of each week, 10 a.m., Social Actions, Bldg. 32.

Car wash / burrito sale

The Hispanic week committee and the Mexican American Club holds a car wash and burrito sale Aug. 27 from 10 a.m. to 4 p.m. The car wash will be held on the side of the Class VI store. The burrito sale will be at the gazebo between the BX and the Commissary. All proceeds will go to sponsor the Hispanic Week events. For more information, contact TSgt. Porfirio Castillo, 6888.

SCHOOL CAR

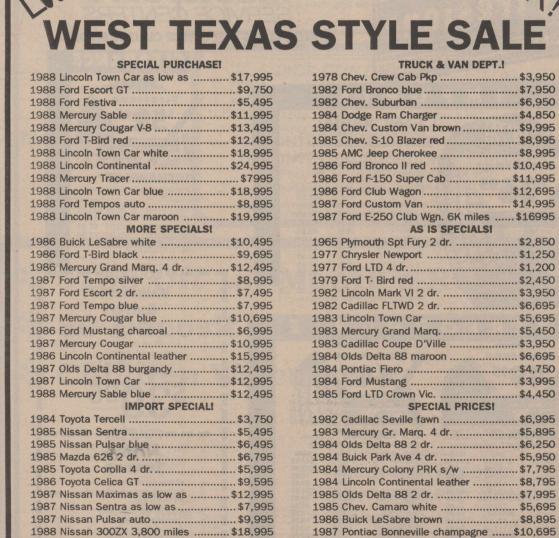
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Enlisted Duplex of the Month was awarded to 301 and 303 Mitchell. Pictured is Sheila (left) and SSgt. Jimmy Bourns, assigned to the 429 Field Training Detachment, with their son Jon (Todd not pictured) and (right) SSgt. Mark, assigned to the 3500th Mission Support Squadron, and Colleen Duffey with their daughters Julie and Wendy.



The Officer's Duplex of the Month was awarded to 229 and 231 Mitchell. Pictured is (top left) Capt. Alvin, assigned to the 64th Field Maintenance Squadron, and Nancy Boudy with their children Craig and Andre (Chris and Andre, Jr. not pictured), and 1st lt. Jeffery (right), assigned to the 35th Flying Training Squadron, and Anne (not pictured) Arndt. Lieutenant Col. Kevin Collins (center) presented the awards to the winners.



The winner of the Enlisted Single of the Month was 223 Arnold. Pictured is Rochelle (left) and SSgt. Ray Timbers, assigned to the 64th Supply

Officer Single Home of the Month was awarded to 105 Yount, 2nd Lt. Christopher and Nenita Walker (not pictured), assigned to the 1958th Communications Squadron.



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P185/70R14	102.95	58.95	P215/70R14	63.95	56.95	
P195/70R14	106.95	62.95	P225/70R14	66.95	. 59.95	
P205/70R14	114.95	65.95	P235/70R14	68.95	61.95	
P215/70R14	116.95	68.95	P225/70R15	69.95	62.95	
P225/70R15	123.95	76.95	P235/70R15	74.95	65.95	
P255/70R15	NEW SIZE	86.95	P255/70R15	79.95	72.95	
P215/65R15	121.95	74.95	P215/60R13	59.95	53.95	
- P215/60R14	117.95	69.95	P235/60R14	69.95	62.95	
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P245/60R14	NEW SIZE	78.95	P235/60R15 P245/60R15	74.95 76.95	66.95 69.95	
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9 p.m. - 2 a.m. in the Lounge. Saturday, August 13 - Variety with "Jody Max"

9 p.m. - 2 a.m. in the Lounge. Tuesday, August 16 - "Turk C.D. Night"

7 p.m. - 11 p.m. in the Lounge. Wednesday, August 17 - Ronnie J. Walker "Country" 7 p.m. - 11 p.m. in the Lounge.

Thursday, August 18 - Variety with "Jody Max" 7 p.m. - 11 p.m. in the Lounge.

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On the job.

Airman First Class Donald Evans, a Communications Operator at the base Fire Department, checks the tape recorder that records all radio and phone communications in the fire department tower. The tower answers all emergency phone calls, notifies the downstairs personnel and records the information in a phone log. The native of Harrison, Ark., has been assinged to Reese for two years.



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UPT Class 88-07 graduates

By 2nd Lts. Daniel D. McMackin and Stephen L. Moffett

August 25, 1987. That day sounds so long ago, especially as Aug. 12, 1988 has rushed to greet us. (We have of course, open arms!) There were 47 of us who gathered that day to face the ones who were to teach us what so many people dream about, but only a chosen few get to do.

Quite a group we were, three Captain navigators, 34 Rocky Mountain U. grads, three ANG, one AFRES, two Peruvians, three Kuwaits and undoubtedly a record eight

Well, the one class became two sections and we were off and running and running and

running some more into phase I, like academics for the 6000 pound dog whistle and brick one of the building block approach to flying. Of course our days were not totally filled with books and the quest for knowledge—we had a few spare moments to get our helmets poured and pick up those coveted green flight suits. One could always afford to take the time to check out the thriving metropolis of Lubbock.

We stood in awe of its intricate culture and majestic landscape. So many things to do and so little time, or is that so much time and so little to do? At any rate distractions were few here in West Texas and all we had on our minds was the formidable Tweet and that

The forms should have read, Aircraft Takeoff: 0800, student Takeoff: 0810. We now understood the meaning of "Being behind the power curve." Soon all of that was to change (except for the Tweet being behind the power curve) and when the 35th was through with us we were in charge of the Tweetster, instead of the other way around.

There were some memorable moments from down the street, a few isolated faux-pas that will go down in history. "Scooter" Vinton still thinks he can fly the jet with his lips, "Goose" Ham's Bingo Fuel Four Wheelin' with Pete Stravos, Rick Ford's low level through Brownfield and Billy Mengero's

sterling solo gear check, or lack therof we should say.

We managed to get through Phase II, we lost some friends and gained a few more and ended up with time to spare. Time to spare! Gee whiz, what are we going to do!? Most everyone discovered Chips, the Spoon and, oh ves, Texas Tech girls.

Down the street and on to Phase III academics and the "Dollar Ride" again. The white rocket humbled more than one cocky "Tweet complete" student, showed us how slow we really were, the true meaning of a quick instrument crosscheck, and how much was left to learn.

One more time we made it through the checks and all the sundry "things" that go hand in hand with being in UPT. Again, we said goodbye to some more friends and greeted some new ones. We had our trials and tribulations and a few more incidents. Whit "Kaler" learned to remember what area he was in, "Yak" Maryak became the great white fowl hunter, and "Izzie" Schwartz became an expert on the intricacies or the T-38 canopy. Once again Pete Stravos went four wheelin'. Michelle Barry's 360 on the Ruby recovery complete with penalty vectors and Jay Tung and Billy Mengers' outrageous aircraft repair bills.

Before we knew it, the end was upon us. In a lot of ways it was a great year. With all the impromptu yard parties, solo parties and the Christmas Party, we managed to "relax" a little. Two or three times a week, we did our part to relax the Air Force way, and stay in

All of that work for one goal — to earn those wings. We knew success and failure and, experienced all that lay in between. It feels good to get one foot out the door. The wings are on our flight suits now. Hopefully we'll all find more goals as challenging and rewarding as UPT.

We sadly bid farewell to Lubbock except for those whose privilege it is to stay and ensure that future classes can earn a set of Air

Each of us takes something different with them from this one year of life, and today, as we stand ready at the threshold to walk our separate paths let us hope that we have learned a little something of life from this, our





The returning instructor pilots for UPT Class 88-07 were congratulated by Col. Mark H. Lillard, III (left), wing commander, during assignment night. They are (left to right): 2nd Lts. Todd D. White, T-38; Thomas E. Scully, T-38; Melissa D. McDonald, T-37; and Michael A. Stewart, T-38. Second Lt. Robert D. Rowe (not pictured), will also return to Reese to fly the T-38.

ATC commander sneak today

Lieutenant General Robert C. Oaks, commander of Air Training Command, with headquarters at Randolph Air Force Base, the graduation ceremony of UPT Class 88-

Academy in 1955 after attending Brigham Utah National Guard. General Oaks earned a bachelor of science degree from the academy in 1959 and a master's degree in business 1967. He completed the Naval War College

Upon graduation from the academy he was commissioned as a second lieutenant in the Air Force. He completed flight training at Bartow Air Force Base, Fla., and Vance Air Force Base, Okla., and received his pilot Oct. 8, 1986, with same date of rank. wings in September 1960.

more than 3,300 flying hours. He flew 188 combat missions in F-100s in Southeast Asia.

His military decorations and awards are the Distinguished Service Medal, Legion of Merit with one oak leaf cluster, Distin-Texas, is the featured guest speaker today for guished Flying Cross, Meritorious Service Medal with one oak leaf cluster, Air Medal with eight oak leaf clusters, Air Force Com-General Oaks was born Feb. 14, 1936, in mendation Medal, Presidential Unit Citation, Los Angeles. A 1954 graduate of Brigham Air Force Outstanding Unit Award with two Young High School in Provo, Utah, he en- "oak leaf clusters, Combat Readiness Medal, tered the first class of the U.S. Air Force Good Conduct Medal, National Defense Service Medal with one service star, Armed Young University for one year. Prior to enter- Forces Expeditionary Medal with one serving the Air Force, he served 18 months in the ice star, Vietnam Service Medal with three service stars, Air Force Overseas Ribbon-Short, Air Force Overseas Ribbon-Long with one oak leaf cluster, Air Force Longevadministration from Ohio State University in ity Service Award Ribbon with six oak leaf clusters, Small Arms Expert Marksmanship Ribbon, Air Force Training Ribbon, Republic of Vietnam Gallantry Cross with one service star, and Republic of Vietnam Campaign Medal.

He was promoted to lieutenant general

General Oaks is married to the former General Oaks is a command pilot with Gloria Unger of Provo. They have four sons: Perry, Barton, Derek and Brock; and two daughters, Keri and Kristie.







2nd Lt. Lawrence A. Brundidge



2nd Lt. David M. Conner



2nd Lt. Edward P. Conroy



2nd Lt. Bret A. Crenweige



2nd Lt. Jeffrey L. Crow



2nd Lt. Richard D. Ford



2nd Lt. Michael T. Friske



2nd Lt. Michael W. Hafer



Capt. David C. Ham



2nd Lt. Douglas S. Hammen



2nd Lt. Michael M. Hanson



2nd Lt. Edwin W. Kaler III



2nd Lt. Alan P. Laursen



2nd Lt. Wayne A. Manswell



2nd Lt. Mark S. Maryak



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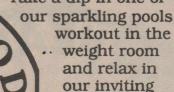
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2nd Lt. Peter D. Stavros



2nd Lt. Michael A. Stewart



2nd Lt. Timothy S. Sweterlitch





2nd Lt. Winfred S. Vinton







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2nd Lt. Anthony A. Eris

2nd Lt. Regner O. Sabillon

2nd Lt. Linda K. Warren







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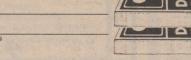


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AF News Briefs

Reconnaissance meet

BERGSTROM AFB, Texas (AFNS) — Reconnaissance aircraft and crews from the United States, Australia and West Germany will test their skills here Aug. 16-26 during RAM '88.

The Reconnaissance Air Meet, sponsored by the Tactical Air Command, will deploy 15 teams from the active-duty Air Force, Air National Guard, Navy, Marine Corps, Royal Australian Air Force and West German Air Force. Japan and Canada will be sending observers.

Judges will score arrival and sensor download times, imagery interpretation, maintenance, and day and night flying operations.

Teams will fly RF-4Cs, F-14s and F-111s on 13 low-level, high-speed tactical reconnaissance missions with four targets each. The number of missions nearly doubled this year to allow addition of night flying and tactical mission competitions.

RAM '88, which promotes tactical techniques used by the U.S. and allied reconnaissance units, is similar to TAC's William Tell and Gunsmoke competitions for air defense, fighter and attack aircraft.

Awards will be presented Aug. 26 at a banquet sponsored by the Austin, Texas, Chamber of Commerce.

Test pilots

EDWARDS AFB, Calif. (AFNS) — Graduates of the Air Force's test pilot school here now can earn as many as 17 semester hours toward a master's degree in engineering.

A team from the American council on Education made the announcement after a three-day study based on textbook research, student and staff interviews and in-

structors' backgrounds.

The credit recommendation is retroactive and affects all graduates who started class in July 1974 or later. Included are pilots, navigators, engineers, civilian contractors and foreign students.

While most colleges limit transfers to six semester hours, the availability of 17 credits from six different subjects provides students more opportunities to have six transferable credits accepted.

The American Council on Education's Center for Adult Learning and Education Credentials recommends three graduate hours for avionics systems integration, two hours for aerodynamics, two for linear control theory, four for flight mechanics, two for systems management and four for performance.

More information is available by calling Mike Nelson at the test pilot school, AUTOVON 527-2348 or commercial (805) 277-2348.

Flight safety

WASHINGTON (AFNS) — Allegations that Air Force pilots routinely use drugs are absolutely wrong, according to Air Force officials.

In specially controlled circumstances medications are prescribed by qualified Air Force flight surgeons to enhance safety and crew well being. The prescriptions are made on an individual doctor-to-patient basis to enhance rest or counter special mission related fatigue. These circumstances involve prolonged transoceanic flights in fighter aircraft.

"The Air Force has an excellent flying safety record and safety investigations confirm that no aircraft mishaps have been related to the use of the medications," said Col. (Dr.) Russell Rayman, chief, Aerospace Medical Consultants Division, Office of the Surgeon General. Dr. Rayman is a flight surgeon and physician.

Dexedrine, Seconal and Temazepam are prescribed almost exclusively for transoceanic solo flights in fighter aircraft between the United States and overseas bases, he said. Dexedrine is a stimulant, Seconal and Temazepam are sedatives.

"Stimulant and sedative medications may be authorized by the squadron flight surgeon in consultation with the wing and squadron commanders and approved by the major command surgeon.

Only aircrew members who have been pretested on the ground and are found to have no adverse reaction to such medications are offered the prescribed medication," said Dr. Rayman. Medications are not used on training missions.

Dexedrine is used to avoid falling asleep on very long flights. Seconal is a sedative used to ensure sleep between legs of a mission. "A pilot in a fighter aircraft can't just get up and stretch his legs when he starts to get tired," said Dr. Rayman.

He pointed out that the Air Force does not routinely prescribe medication to aircrew members for everyday training missions. "Medications are only prescribed in situations where safety might be jeopardized by pilot fatigue," said the doctor. "Very small quantities of medication are prescribed and are rigidly controlled by squadron flight surgeons.

"In no case does the Air Force encourage or advise routine use of these medications. It is the pilot's decision based on his fatigue whether or not to take the medication," said Dr. Rayman.

The doctor said the Air Force has followed

the practice of dispensing medication in situations where fatigue could compromise flying safety for the past 25 to 30 years.

Trap shooter

AIR FORCE MILITARY PERSONNEL CENTER, Randolph AFB, Texas (AFNS) — SMSgt. Terry M. Howard has been selected as a member of the all-Air Force International Trap Team that will compete in the United States International Trap Championships in Riverside, Calif., Aug. 6-15. The competition is sanctioned by the National Rifle Association.

Wright trophy

AIR FORCE MILITARY PERSONNEL CENTER, Randolph AFB, Texas (AFNS)—Air Force has nominated Robert S. Cribb, Scott AFB, Ill., for the 1988 Wright Brothers Memorial Trophy for outstanding contributions to American aviation. The trophy is awarded annually in December by the National Aeronautic Association to an American civilian who has rendered significant public service of enduring value to U.S. aviation. Mr. Cribb, chief of training development with the logistics staff at Military Airlift Command Headquarters, was cited for maintenance training contributing to a combatready airlift fleet.

Historian search

AIR FORCE MILITARY PERSONNEL CENTER, Randolph AFB, Texas (AFNS) — Air Force needs 30 noncommissioned officers to retrain as historians next fiscal year.

Requirements are a minimum general aptitude score of 69, typing speed of at least 20 words per minute, eligible for a top secret security clearance, strong writing and research skills, and ability to work with minimum supervision. First-term airmen are eligible to retrain as historians under the career airmen re-enlistment reservation system. More information is available from the base personnel office customer service unit.

Rifle competition

AIR FORCE MILITARY PERSONNEL CENTER, Randolph AFB, Texas (AFNS) — Four people have been selected members of the all-Air Force International Rifle Team that will compete in the United States Rifle Championships at Chino, Calif., Aug. 13-21. They are: Lt. Col. Robert DeClerck, Bergstrom AFB, Texas; Capts. James Alton II, Wright-Patterson AFB, Ohio, and Jeffrey Jones, Air Force Academy, Colo.; and 2nd Lt. Mark Foringer, Patrick AFB, Fla. The competition is sanctioned by the National Rifle Association.

Skeet champs

AIR FORCE MILITARY PERSONNEL CENTER, Randolph AFB, Texas (AFNS) — Six people have been selected to the all-Air Force International Skeet Team that will compete in the United States Skeet Championships at Chino, Calif., Aug. 13-21. They are: Majs. John Hess, Pease AFB, N.H., and Robert Crist, Travis AFB, Calif.; Capts. William Roy, Wright-Patterson AFB, Ohio, Scott Schroeder, Hill AFB, Utah, and Charles Magee, Mountain Home AFB, Idaho; and MSgt. Fred Quarles, Bergstrom AFB, Texas.

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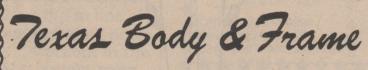
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Airman Doug Seals (left), weather observer and Sgt. Doug Humphrey, weather forcaster, check the rain guage in front of Base Operations, where Det. 11, 24 Weather Squadron is located. Reese received .22 inches of rain last week. (USAF Photo)

Caprock menu

Pork Schnitzel Macaroni & Tuna Salad Creole Shrimp Roast Turkey

Fried Rice Mashed Potatoes Marshmallow Sweet Potatoes Mixed Vegetables Turkey Gravy

Saturday

Beef Stroganoff Braised Pork Chops French Fried Ocean Perch Oven Glo Potatoes Southern Style Mustard Greens Peas & Carrots Green Beans Brown Gravy

Steamship Round Veal Paprika Steak Chicken Pot Pie **Baked Potatoes** Mashed Potatoes Lima Beans Corn on the Cob Collard Greens Natural Pan Gravy

Fish Fillet

Cauliflower

Brown Gravy

Pineapple Chicken

Franconia Potatoes Okra & Tomato Gumbo

Buttered Noodles

Sunday

Smothered Steak w/onions Chicken Ala King Baked Lasagna Rice Pilaf French Fried Potatoes Creole Wax Bean Cauliflower w/margarine Carrots w/margarine Brown Gravy

Grilled Top Sirloin Steak Stuffed Rolls Seafood Platter **Baked Potato** French Fried Potatoes Southern Fried Okra Peas w/onions Corn on the Cob Brown Gravy

Monday

Italian Style Veal Cutlets. Chicken Salad Rice Pilaf Rissole Potatoes Hot Spiced Beets French Fried Okra Brown Gravy

Salisbury Steak Southern Fried Chicken Steamed Rice **Mashed Potatoes Brussels Sprouts** Cauliflower w/margarine Succotash w/margarine Brown Gravy

Tuesday

Enchiladas Baked Fish Portion (Perch) Chicken Salad Baked Macaroni & Cheese Oven Brown Potatoes Stewed Tomatoes Peas w/margarine Mixed Vegetables Brown Gravy

Swiss Steak w/gravy - Sweet & Sour Pork Turkey Nuggets Mashed Potatoes Corn Pudding Green Beans Cauliflower Brown Gravy

Wednesday

Baked Lasagna Veal Parmesan Assorted Pizza Golden Potato Balls Mashed Potatoes Broccoli Parmesan Stewed Tomatoes w/croutons Cauliflower Au Gratin Brown Gravy

BBQ Spareribs Chipper Perch Steamed Rice Mashed Potatoes **Buttered Succotash Candied Sweet Potatoes** Asparagus w/margarine Giblet Gravy

Thursday

Beef Stew Deept Fat Fried Fish (Flounder) BBQ Chicken Oven Brown Potatoes Stewed Tomatoes Corn Combo Blackeye Peas **Brown Gravy**

Sweet & Sour Chicken Baked Stuffed Pork Chops Oven Fried Fish (Flounder) **Baked Beans** Mashed Potatoes French Fried Cauliflower Southern Style Collard Greens Green Beans w/margarine Brown Gravy

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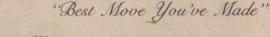
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P215/75R15 - \$52.21

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MWR Notes

Tops In Blue

Tops In Blue is the all-Air Force entertainment showcase that tours worldwide each year. It originated more than 30 years to enhance mission productivity for Air Force members and their families, especially those in remote or relatively isolated places.

Two separate Tops In Blue showcase units annually tour locations throughout the continental United States, Canada, Europe, Greenland, Iceland, Panama, Alaska, and the Pacific.

During these tours, Tops In Blue entertain more than 500,000 Air Force personnel and their families, presenting an average of 200 performances at 175 locations worldwide. Tops In Blue also appear at approximately 20 recruiting performances, which include numerous national events and annual celebrations throughout the United States.

In 1981, Tops In Blue performed at the halftime show from the Garden State Bowl in New Jersey. They gave a halftime performance at the 1985 Super Bowl XIX in Palo Alto, Calif. In 1987, Air Force Entertainment and Tops In Blue coordinated the production of the nationally televised "Bob Hope Birthday Special" at Pope AFB, N.C.

This year's Tops In Blue will delight you with the "Magic of Imagination" show at the Simler Theater on Aug. 24, at 7:30 p.m. The whole family will enjoy the one and one-half hour show, filled with laughter, excitement and surprises.

Intramural Flag Football meeting

Intramural Flag Football coaches meeting will be held at the Base Library conference room Monday at 1 p.m. Reservations for team practice at the football field begin Monday. The 1988 season will kick off Sept. 6. For reservations and information contact A1C Joel Salonga at 3783.

Intramural Swimming meeting

Intramural swim meet coaches meeting will be held at the Base Library conference room Monday at 10 a.m. An intramural swimming meet will be held at the Officers' pool Aug. 20, at 9 a.m. For more information contact SSgt. Gary Grant at 3783.

Officers' Open Mess closed

The Officers' Open Mess will be closed Monday through Wednesday for repairs to the kitchen area. The office will be open from 10 a.m. - 2 p.m. during this time.

Free movies for kids

The Base Library will show VHS movies for children on Wednesday and Aug. 24, at 1:30 p.m. All movies are free and will be rated G. Parents who drop off their children are requested to check the running time of the movie, which will be posted on the Library door.

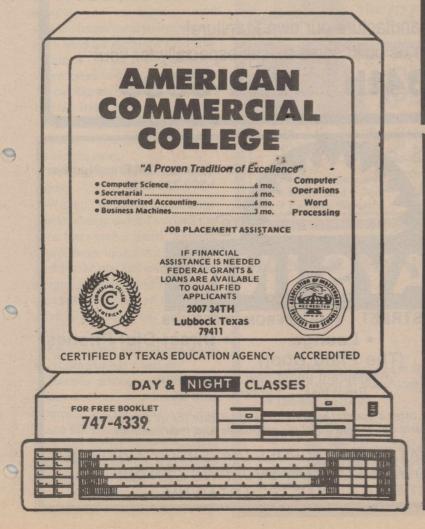
Camp Rainbow final session

The Reese Youth Center Camp Rainbow will begin their final session for this year on Monday. It's not too late to sign your child up for the last session. Some of Camp Rainbow's activities include field trips, arts and crafts, games, swimming, movies, outdoor activities and bowling.

Varsity Flag Football

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The Physical Fitness Center is beginning the search for a Varsity flag football coach. Anyone interested in coaching the Reese Varsity Flag Football team for the 1988 season, should submit their resumes to the Physical Fitness Center, 64 ABG/SSRS/8.





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Events Calendar

Information provided by Becky Pillifant, MWR Publicity

August 12 through 18

Friday August 12

Mathis Recreation Center Free movie "Someone To Watch Over Me" 7 p.m., Rated R

Information, Ticket and Tour (ITT) Office

Discount tickets available for Aquarena Springs, International Wildlife Park, Sea World of Texas, Six Flags, Texas Water Rampage, Water Wonderland, Wax Museum of the Southwest, Wet 'N' Wild Hours of operation: Monday - Friday, 11 a.m. - 3 p.m.

Bowling Center

T.G.I.F., 3 games for \$1, 7 a.m.-10 p.m. **Youth Center**

Free VHS movie and popcorn "Little Shop of Horrors" 5 p.m. Summer Day Camp - sign up for last

session

Saturday August 13

Reese Sportsmen's Club Skeet Range open 11 a.m. - 3 p.m.

Mathis Recreation Center Free Shuttle Bus to South Plains Mall 2-6 p.m.

Information, Ticket and Tour (ITT) Office

Six Flags Weekend Tour departs at 6:30 a.m. today, returns Aug. 14 at 11 p.m.

Bowling Center Red Pin Bowling 10 a.m. - 10 p.m.

Youth Center Table Hockey Tournament, 2 p.m. Monthly Birthday Party, 4 p.m.

Sunday August 14

Mathis Recreation Center FreeVHS movie "call 3787 for title" 3 p.m. Rating unknown

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Bowling Center Unlimited bowling games noon - 5 p.m.

> **Youth Center** Games, 2 p.m. Exercise Classes 3:45 p.m.

Monday August 15

Officers' Open Mess Closed for kitchen repairs. Main office open 10 a.m. - 2 p.m.

Physical Fitness Center Swimming Meet coaches meeting: 10 a.m. at the Library

Intramural Flag Football coaches meeting 1 p.m. at the Library Men's Varsity Softball: Berl Huffman Field No. 1, Reese Rattlers vs. Lubbock Outlaws, 8:30 p.m.

Mathis Recreation Center

Discount theater tickets to the Fox Mann and United Artists Theaters - \$3.50 Reservations available for Picnic Grounds or Reese Manor call 3787

Bowling Center

Sign up for winter leagues now Youth Center Summer Day Camp last session begins

Tuesday August 16

Officers' Open Mess Closed for kitchen repairs. Office open 10 a.m. - 2 p.m.

MWR Logistics

Looking for camping equipment, fishing gear, picnic games, or gardening tools? Give MWR Logistics a try!

Arts and Crafts

Design your own logo, patch, or have your squadron emblem put on a t-shirt, cap, stationery, or running outfit

> **Youth Center** Swimming party, 2 - 4 p.m.

Wednesday August 17

Officers' Open Mess Closed for kitchen repairs. Office open 10 a.m. - 2 p.m.

Mathis Recreation Center Tops In Blue coming Aug. 24—7:30 p.m.

Bowling Center

Open Bowling every Wednesday Wednesday League begins Sept. 7

Youth Center Arts & Crafts - Wind Whirlers, 5 p.m.

Library Free VHS movies for children, 1:30 p.m. Rated G

Thursday August 18

Bowling Center Y.A.B.A. bowling begins Sept. 10. Sign up now.

Youth Center Arts & Crafts: Pinwheels, 5 p.m.

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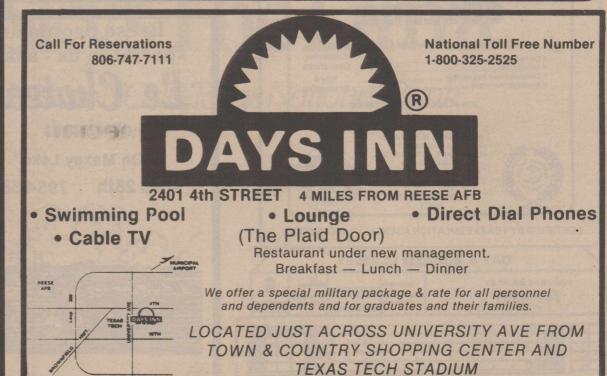
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National League		American League			
	w	L		W	L
OMS A	20	5	54 FTS	19	6
USAF Hosp	15	10	FMS A	17	8
MSS	10	15	OMS B	16	9
35FTS	10	15	COMM	14	11
RM B	8	17	RM	14	11
FMS B	6	19	CES	11	14
			SPS	9	16

		G	olf sta	andings					
Week 13									
National League	w	L	T	American League	w	L	Т		
3500 MSS	11	2,	0	64 FMS	11	1	1		
Hospital	5	5	3	54 FTS	9	2	2		
1958 COMM	4	7	2	64 SPS	8	4	1		
64 OMS	4	7	2	64 FTW/RM	6	5	2		
35 FTS	1	11	1	MSS/CIV	6	6	1		
				64 CES	3	10	0		
	*								
TI	ie 64th St	udent Sq	uadron wit	hdrew from the competition	1.				
			•						

Exercise and Fitness questions & answers

by: SSgt. Randy Pratt

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If you have questions about exercise, fitness and sports, write them down and send them to the Reese Physical Fitness Center, 64 ABG/ SSRS, or call 6020; and ask your question. We will provide an answer to your question in writing and publish the best ones in the Roundup.

Here are some misconceptions that many people still hang on to:

Exercising makes you eat more, so you become fatter.

Actually, the reverse is often true. A good workout tends to curb the appetite. Certain individuals, however, do eat more - and should. Increased activity can trigger a need for increased food consumption to fuel the exercise. When a person works out correctly, the calories are burned off and don't add fat. It is possible to gain weight in muscle, the end result being that someone will look trimmer even if he weighs more.

Never drink water after exercising.

Wrong. So much water is expended during an hard workout that your body craves fluids. Gulping down huge quantities of water could make you feel nauseated, but sipping a small amount is recommended. After half an hour or so, drink a couple of tall glasses of

Always take salt tablets when exercising in hot weather.

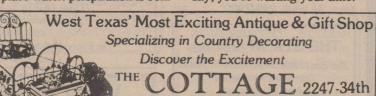
Terrible advice. During any steady workout, even in cool temperatures, you do sweat a lot, but losing salt is less serious than popping salt tablets indiscriminately into your system. A misdirected person who overuses them may cause his blood pressure to rise temporarily. With prolonged overartificially elevated for a prolonged time, courting heart attack.

Salt tablets are counter-productive during exercise because they pull water normally located in the muscle tissue into the stomach to cut down the resulting salinity. This increases the possibility of dehydration. Salt lost through exercise is easily replaced at the next meal. But it's more important to replace water: perspiration is com-

use, the blood pressure will stay posed of much more water than salt, so trying to retain salt at the expense of dehydration is wrong.

In only a few minute a day, you can be physically fit.

Hogwash. No instant method exist for physical fitness. Only an ongoing regimen combining limbering, maintenance and building exercises will help you realize you physical potential If you schedule only a few minutes of exercise a day, you're wasting your time.





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1973 GREEN OLDS CUTLESS SUPREME. Low mileage, new tires, new white vinyl top, very good condition. \$1,200. Can be seen at Hartford and 66th. Call 799-1426.

CHILDCARE, Saturday specials 9 a.m.-2 a.m. Reasonable rates, references. **792-4016**

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1:30 til 6:00 p.m. Saturday & Sunday Only 5802 Dartmouth Shadow Hills

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CLOSEST KENNEL TO REESE
K-9 KENNEL - HORSE CARE
CENTER & CATTERY
Alcove Rd. between W. 19th & 4th St.
Phone 792-1325
Hours - 8:30-5:30 Mon. thru Sat.
4 p.m.-8 p.m. Sundays

SINGER TOUCH & SEW--School machines, deluxe models; console cabinets; zig zag; buttonholes, etc. All new condition, \$69.95 ea. Guaranteed. ABC Sewing Center, 3407-34th St. 799-0372 ROOM FOR RENT-Why live in small cramped quarters or a small apartment, when you can share a large house for less. Teacher wishes to share home with lots of space and privacy. Call 797-0415.

PRACTICAL JOKES—Male-Female—Bellygram—Strip-A-Gram—Dancing Gorilla—Dancing Pig—Balloon Bouquet delivered. Little Hollywood 747-2656

PECAN GROVE: 2 & 3 bedroom trailer for rent, also trailer spaces. Levelland highway across from Reese. Call **799-0691** or **792-0653**

FOR SALE: '71 Ply. Satellite 315, needs work and 2 tires. \$500 OBO. 616 A N. Elkhart, Lubbock. 8-12

T-37 AND T-38 postcards! Sold by class 89-03 wives. Call Mary Ellen Brooker to order 885-2276.

MUST SELL, will negotiate, 2/1/1, 1,500 sq. ft., FHA, non-Qualifying, assumable. 9 1/2% fixed interest, remodeled, good location, many extras. 2606 37th. 795-2711 8-12

FOR RENT: 3 BR/2 bath, large bedrooms; central heat/air; large living area with fireplace; double garage with opener; nice back yard with covered patio and privacy fence; 10 minutes from base. \$500/month. 795-0341

GARAGE SALE. Friday and Saturday. Open - 800. 1413 Elkhart, just north of LCU. TV, 8 track player/recorder, loveseat, washer, draperies-bedspread set, doghouse, dishes, clothes and much more. 8-12

5 MINUTES FROM REESE, 1982 Schult mobile home with storage shed. 2 bedroom, 1 1/2 bath, located in Freedom Mobile Home Park. Call 793-2322

FOR SALE: Competition engineering chrome traction bar. Never used, all parts and hardware. \$200 new. Will sell for \$75. Fit early model Chevy's 796-0082.

Will Clean Houses For Final Inspection

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REESE WIVES!! Bored? Volunteer with the American Cancer Society. We need you! Set your own hours, varied duties. Call us ... 794-5808.

COLLECTOR WANTS TO BUY old dolls and jointed teddy bears, old children's dishes and books; also old buttons, 795-6991. RTN

FOR SALE: matress, box springs and metal Hollywood frame—\$75. Commodore 64—\$75. Call **795-9978**.

FOR SALE 9'x12' mauve shoreshag Sears Best carpet. Freshly cleaned 1 year old. Great for base housing, \$100 or best offer. Day or night, 791-3035.

FOR SALE: 1981 Chrysler station wagon, good condition \$1,400 or best offer. Jesse 793-8749 8-12

white hulls, Rumrunner colored sails, 2 trapeze, excellent condition, all accessories included \$3,700 OBO. Call John 791-3759.

DOG TO GIVE to good home. Has all shots and is registered both in Lubbock and on base. Comes with large dog house, food, food bowl, walking chain, and toys. Goes both 'Dusty' and is super-friendly. For more information, call Sgt. Slusser at 797-7740 from 5 p.m. to 9 p.m.

FOR RENT, 4/2/2 in Horizon West, convenient to Reese, on cul-desac, garage door opener, child's playhouse. Call 799-3660.

SEWING MACHINE TUNE-UP--All brands - Singer, Necchi, White, Elna, Etc. Completely delint, oil, and adjust tensions \$12.50. In Home Service. ABC Sewing Center 3407-34th St. 799-0372

Roundup Newspaper Delivery Problems?

If you live in base housing and have a problem concerning the delivery of your newspaper, call the publisher at 763-4551.

The Roundup should be delivered to your home on Thursday evening,

except during adverse weather conditions.

Want to Run a "WANT AD"?

Reese personnel may run FREE ads in The Roundup.

FREE ADS to sell personal items.

Take written ad to Public Affairs Office, 2nd floor, Bldg 800 by Tuesday of the week you want ad to run, or mail to **The Roundup**, P.O. Box 2415, Lubbock, TX 79408. (Ad must reach publisher by noon on Wednesday of the week you want ad to run.)

Every effort will be made to run all ads received on time. Free ads are run on a "space available arrangement are not guaranteed to run. Real estate is not considered a personal item.

\$4.00 Ads to sell real estate and business items. Call in Want Ad to Roundup Publisher, 763-4551.

Want ads

HOUSE FOR SALE: 3/2/2, 9% assumable loan-low, low payments, 10 min. from Reese, hot tub, alarm system and much more. Call 799-0060.

Rentals

* Clean & Remodeled 2 BR duplex \$255 + Utilities. * Large 2 BR / 1 1/4 bath 1 car garage. 4900 Blk. of 5th - \$375 + utilities.

* OTHER PROPERTIES ARE
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No Deposit for Military

Pat Garrett Rentals 3833 34th St. 792-2749

HOUSEMATE(S) wanted to share 3 bedroom, 2 bath house. \$165 plus bills. Decrease in rent with 3rd person. Fireplace, waterbeds, micro wave, washer, dryer, etc. Your own furniture will be OK. Call 744-8866 after 5:00 p.m.

Thrift Shop

Our 1st Saturday open was great.

Thanks for your support.

Our next Saturday will be September 3rd.

Bring your furniture for consignment.

LOOKING FOR A MALE AKC registered sheltie. Must see to approve. After 9:00 p.m. Call **795-7963**

FREE: 10-12 week old female kitten 1/2 tiger, 1/2 siamese. Litterbox trained. Please help us, child allergic, do not want to bring kitten to the pound. She's good with children and dogs. Litterbox and food dishes included. 885-4753 anytime or see at 101 George.

FOR SALE-1981 Cutlass Supreme Brm. PS/PB, cruise, power windows, A/C \$1,500. Ask for Greg 796-0082. FOR SALE: Bassett-hound 8 months old, tri-color, HAC papers applied for. Had all shots, great w/kids. \$100 asking price. 791-2501

SOFA FOR SALE, good condition, country colonial style, green/gold print. \$50 or best offer. Call **791-3035** day or night.

Going to Move?

We rent Ryder Trucks—also Storage for your RV's and boats. \$100 per year - Nightwatchman on duty to protect your RV's and boats. Pharr RV's Inc. - 765-6088 320 N. Loop 289

FOR SALE: 1982 Datsun 280ZX, blue, loaded, new tires. \$5,500 **799-3537**

snow skis for sale: 160-Dynastar with Salomon 347 bindings. Excellent condition. Great beginner/intermediate skis. \$175. Days 747-2105, nights 765-7011.

EARN UP TO \$100 in free crystal or \$16-\$20 per hour. Receive a free crystal heart pendant for calling for information. Call 1-800-543-0732. RTN

NEAR REESE-This newly redecorated home has warmth & style. 3/2/1, brick, new exterior paint, 1,324 sq. ft., assumable FHA loan 9.5%, \$49,950. Call 799-4070 8-26

CHARMING 2 STORY BY OWNER. 3-2 1/2-1 1/2, approx. 1,500 sq. ft., on cul-de-sac, fireplace, alarm system, 3 years old, \$64,950, VA assumable, \$2,950 equity, 5741 Dartmouth Dr. 793-8387, home 793-8387 or (512)658-8183

APARTMENT FOR RENT-near Reese, 2 bedroom, 1 1/2 bath, garage with door opener, central air and heat, carpet, fireplace, stove, refrigerator, dishwasher, garbage disposal, washer/dryer connections, \$375 per month. Call 892-2004.

HOUSE FOR LEASE-south Lubbock. Very nice 4 bedroom, 2 1/2 baths, 2 story house, 15 minutes from Reese. Deck & hot tub outside. Two car garage, ceiling fan, fireplace outside pets only. If interested call 745-9386.

BEWARE of housing rates that make you moan, Instead, get a fixed rate townhome loan.

With only \$4,000 down, and a \$30,000 price, You get a 2 bedroom, 1 bath home that's really nice.

Vaulted ceilings, 2 skylights, a washer & dryer to boot—A pantry, fireplace, and dishwasher too.

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List Price \$13,612
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FOR SALE at ACTION AUTO AUCTION a '73 240Z, good condition. (See ad for details on this page)

8-5

COLLECTOR WANTS TO BUY old dolls and jointed teddy bears, old children's dishes and books; also old buttons, 795-6991. RTN

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5604 Slide Rd. 5 just north of South Plains Mall. 795-4351

556th Street PRO

PARTS & ACCESSORIES . FRIENDLY, EXPERIENCED PERSONNEL

Newsmakers

News items on this page are brought to you by the advertisers in the Roundup, who actively solicit business from the military and civilian personnel at Reese Air Force Base.

Local officers square off for duel to the slimmest

firefighters will officially receive have officers in top-notch condithe challenge to shape up for charity in a 90-day "Battle of the Badges" sponsored by Weight Watchers on Monday, Aug. 15 at 11:30 a.m. at the Weight Watchers Center at 3333 66th St.

Stevens and Police Chief Thomas J. Nichols, no department official is exempt. To illustrate that point officers will submit to "official" weigh-ins just prior to the news conference. Also on hand will be Mayor B.C. "Peck" McMinn to market location.

Lubbock's police officers and lend his support in this effort to

The charities which stand to benefit from a \$1,500 cash prize donated by Weight Watchers plus community contributions are the Muscular Dystrophy Association, According to Fire Chief Don courtesy of area firefighters, and the Lubbock Police Officers Benefit Association, benefitting families of police lost in the line of duty. Pledge forms will be available from Aug. 15 - Nov. 12 at any Weight Watchers or United Super-



Arts, Crafts and Market Day to be held in Slaton, Aug. 19

The Women's Division of the School" Sidewalk Sale. Slaton Chamber of Commerce is sponsoring an Arts, Crafts, and Market Day on Friday, Aug. 19. It a variety of merchandise for \$10 will be held on the lawn of Slaton each. Information on reservations City Square from 10 a.m. to 8 p.m. can be obtained from Cindy Barin conjunction with Slaton's nett, P.O. Box 166, Slaton, Texas Chamber of Commerce "Back-to-79364, 828-4959.

Booth space will be available for arts, crafts, fresh produce, and

Benefit golf tournament to be held at Reese

A Benefit Golf Tournament will be held Saturday, Aug. 20, at the Reese Air Force Base Golf

The tournament is a four-man, low ball; one team per hole; shotgun start. Individual entry fee is \$50. Check-in time is 12:15 p.m. with tee-off at 1 p.m.

Hamburgers, hot dogs, ice cream, cold drinks, chips, etc. will be sold throughout the tournament. A trip for two to Las Vegas (provided by Laurie Morse of Travel Experts) will be given

All proceeds will benefit the Parenting Cottage, Inc.

The Parenting Cottage, Inc. is a non-profit center for young handicapped children and their families. Cottage services include play groups, parenting, therapy (physical, occupational, speech and communication), parent library, service coordination, and other services, in a warm, home-like atmosphere. It is the only facility of its kind on the South Plains.

The Cottage is operated pri-

marily by dedicated volunteers thus eliminating all administrative

This program provides parents with the assistance and support they need to help their children reach their full potential.

The facility of the Cottage is located at 3818 50th St. and has been provided to the Cottage and its children through the generosity of the Mabee Foundation.

For more information, contact Gloria Galey at 766-1172 or 795-

Reese Commander tours South Plains College

at Reese Air Force Base, took a ship in providing college courses VIP tour of South Plains College's at the base for 18 years. Levelland campus Wednesday.

recently taken over this new command at Reese, will be working with SPC officials in offering a variety of college-credit courses for both base personnel and civilians at Reese.

see first-hand the type of educational programs we offer at South Plains College," said Don facilities and see student Yarbrough, Dean of the Continuservices in place at SPC.

LEVELLAND-Maj. Sherill ing Education Division. "SPC and L. Donalson, commander of the Reese Air Force Base have main-3500th Mission Support Squadron tained a strong working partner-

More than 700 students, both Maj. Donalson, who has just military and civilians, take advantage of SPC course offerings at Reese each session.

Registration for the fall session at Reese is Aug. 23-24 in Building

Mai. Donalson had lunch with "We are pleased to have this SPC officials before being shown opportunity to introduce Maj. around campus by Yarbrough and Donalson to our college and let her Jim Featherston, SPC director of Reese AFB programs.

She will tour classroom and lab facilities and see student support



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of our Flight For Life program-Lubbock's most experienced and bestequipped emergency helicopter service. Our Flight For Life team makes quality emergency care accessible to people throughout the South Plains. And, with the arrival of the Dauphin 2-the world's most advanced emergency medical service helicopter - we're able to serve more communities than ever before.

From minor emergencies to life-threatening situations, we're ready to help. At St. Mary of the Plains, the same commitment that reaches out across the South Plains is here for you. Any emergency. Any time.