



Imagination Station to hold Drama Camp

All kids 4-11 are invited to attend Drama Camp July 17-20. Cost is \$20.

Kids 4-6 will meet from 10-11 am and kids 7-11 will meet from 2-4pm. There will be a performance to show off what the kids have accomplished on the evening of the 20th at 5:30pm. Please reserve your child's spot by calling Laurie

Spurlock at 806-3662772. Space is limited.

Memorial Bench placed at Stratford Country Club

The Mary Pat Williams Memorial Bench was placed at the Stratford Country Club on hole #3 on Friday, July 7, 2017. On Saturday morning July 8, 2017, SCC Ladies Golf along with Mary Pat's husband Randy gathered at the bench for a small dedication ceremony. Shown with Randy are a few of the SCC Ladies Golf Association. L/R: Macy Begley, Nikie Berry, Keri Walden, Shari Hudson, Terri Lantelme (in back), Randy, Laurie Spurlock, Tracy Hicks, and Cindy Miller. This bench was made possible through donations from the community and Ladies Golf and friends fundraiser meal.

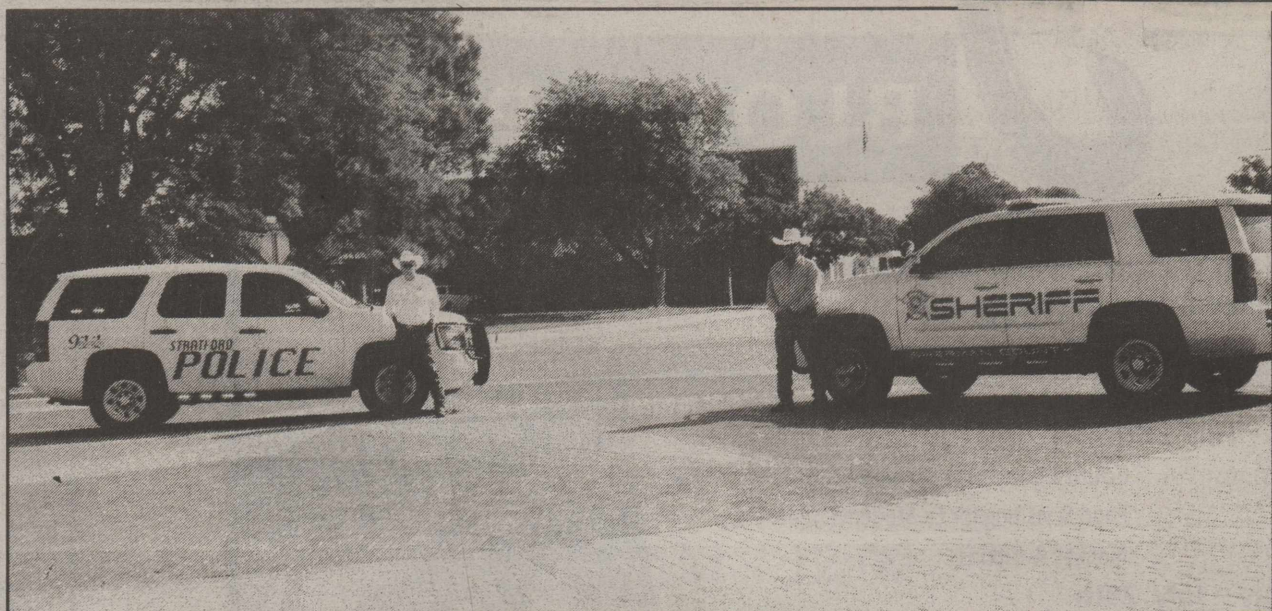
Randy Williams is shown with the memorial bench on hole #3 at the Stratford Country Club in memory of his wife Mary Pat.

Stratford Hospital Board meeting will be Tuesday, July 18th at the Coldwater Manor Board Room at 6 p.m.



Former Pastor Returns

Shown above are Arlene Baker, Brian Adams who is a former First United Methodist Church minister in Stratford. Also in photo Arlene's great granddaughter Hadlee Olson. Arlene Baker's husband Al Baker died recently and Brian Adams spoke at the funeral. Photo provided by Mildred Hacker.



Statewide Call to stand with Law Enforcement in Texas

Governor Abbott issued a statewide call to stand with Law Enforcement in Texas to mark the one-year anniversary of the attack on Dallas law enforcement and to honor all peace officers across Texas. At 10:00 a.m. on Friday, July 7th all officers turned on their red and blue lights for one-minute. Governor Abbott also attended and spoke at the funeral of a San Antonio Police Officer Miguel Moreno, who was shot and killed in the line of duty last week.

"Respect for our law enforcement officials must restore in this nation," said Governor Abbott. "It is our officers who stand between us and all that threatens and we must stand behind them by sending a clear message that attacks on our men and women in blue will not be tolerated. He asked that all Texans come together to show our appreciation for those who keep us safe."

Shown above left Stratford Police Chief Randy Hooks and at right Sherman County Sheriff Ted Allen at 10 a.m. on Friday, July 7, 2017 at the corner of Main and Third Street.

NEW LIFE CHIROPRACTIC is moving!

Effective July 19, 2017 we will be located at 301 B North Main, between Main Street Essentials & SCDC. With a larger space we'll be offering additional therapies such as the Stretch Table, Intersegmental Traction, Hot/Cold Packs and Electric Muscle Stimulation. The office will still be open only on Wednesdays, call anytime for an appointment. Dr. Ian Kelly 806.337.2084.

****Moving Special – No charge for New Patient Exams during August!**

STRATFORD REUNION WEEKEND FUN RUN



& YOUTH BIKE-A-THON

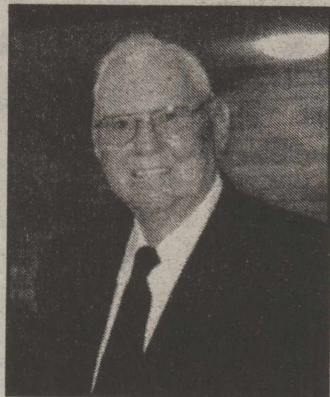
Saturday, July 29, 2017 starting @ the High School

Registration beginning at 7:30 a.m. and activities at 8:30 a.m.

Contact ViAnn Reed @ 806.753.7795.

****ALL PROCEEDS WILL BENEFIT THE LATE RON BROOKS FAMILY.**

Obituaries



Albert "Al" LeRoy Baker
October 9, 1929-July 3, 2017

Albert Al' LeRoy Baker passed away on Monday, July 3, 2017 in Amarillo, Texas at the age of 87. Funeral services were held at 3 o'clock in the afternoon on Thursday, July 6, 2017 at First United Methodist Church in Stratford. Interment followed in Stratford Cemetery under the direction of Morrison Funeral Directors.

Al was born on October 9 1929 in Esbon, Kansas to Ray and Sarah Baker. He had 6 siblings. Al was a high school state champion in track, basketball, and football. He graduated from Esbon High School and began working for the Rock Island Railroad until retirement. On October 31, 1952 Al married the love of his life, Arlene. He was drafted to the United States Army during the Korean War. Al and Arlene moved to Stratford in 1958 where they raised their 4 children. Al quickly became a die-hard Stratford Elk football fan. He enjoyed camping, motorcycles, spending time with his family, and being Mr. Fix-It. He was living in Amarillo after being a resident of Stratford, Texas for 57 years.

He is survived by his wife of 64 years, Arlene Baker of Amarillo, Texas; son Ricky Baker and wife Elizabeth; son Rohnny Baker; daughter Brenda Stringer; and son Chris Baker and wife Cindy. Al had 9 grandchildren; Chelsea Olson and husband Aaron; Alyssa Dahl and husband Ole; Jordan Frasier and husband Stephen; Austin Hicks and wife Elizabeth; Nathan Baker and wife Trina; Madison Hicks; Aaron Baker; Clayton Baker and wife Alex; Cadey Baker; and 11 great-grandchildren.

Ex Student and
Jamboree Weekend
July 28, 29 and 30th
Everyone come out
and enjoy the
weekend
So much to do
Parade
BBQ at the Park
Rodeos
All Kinds of food
Pronger Pioneer
Family Reception
Barbecue
Hogman Golf
Tournament
Street Dance
Music by Young
Country from
Amarillo
Kids Games
Block Party
1-Mile walk
& Fun Run

Letter to the Editor

SUBMITTING A LETTER: Letters should be no more than 200 words and can be mailed to PO Box 8, Stratford, TX 79084 or faxed to 366-5884 or e-mailed to stardm@xit.net. Please include your street address (NO PO boxes), daytime phone number and full name. All submissions are subject to editing for length, libel, clarity and taste. The newspaper has the last say on whether a letter will be published. Letters to the editor are the opinions of the writer, not the newspaper.

Dear Editor:

I am both thrilled and impressed by the existence and growth of the Silver Spurs Rodeo Club! What a great outlet for some of the kids in this town and surrounding towns! Alexa Reed, Jana Clift and Serna Howell and many others have done a fabulous job putting the play days together and keeping it all running well! Brennan and I thank you!!

I do have a question about the county arena. It is owned by the county but who takes care of the grass and weed control? The Scotch thistles have been having a wonderful time growing unmolested there, and the grass and weeds under the grandstands is a concern partially because of the snakes. What can be done besides me taking my little shovel and digging up the thistles? Who is responsible for the care of the area?

Sincerely,
Cece Yelek and Brennan Lyman

SCOT Monthly Activities

Men's Pool daily 1 p.m. M-F

Ladies Mexican Train Dominoes
Monday at 1:30 p.m.

Chair Exercise have been canceled until fall when school starts again

Ladies yoga with Cindy Jackson
Tuesday 8:15 a.m. (canceled for the next 2 weeks)

Monthly luncheon-4th Thursday-12 noon
(covered dish Luncheon)

Deadline for The Stratford Star

Deadline for Stratford Star items. Photos by Sundays at 4 p.m. Letters to Editor 9 a.m. on Mondays (typed) and all other articles and ads at 10 a.m. on Mondays. (PLEASE) Thank you

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JULY 28 - 30, 2017

Stratford Jamboree & BLOCK PARTY

This year we're excited about 2 additional events during the Jamboree - The Pioneer Family Award and The Ranch Rodeo! The weekend will be busy filled with activities for all ages! Bring your family and join us!

Friday - July 28th

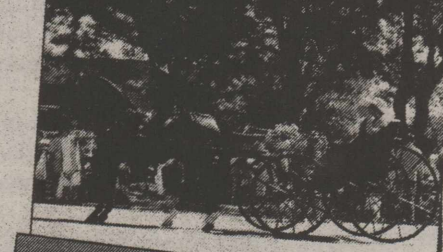
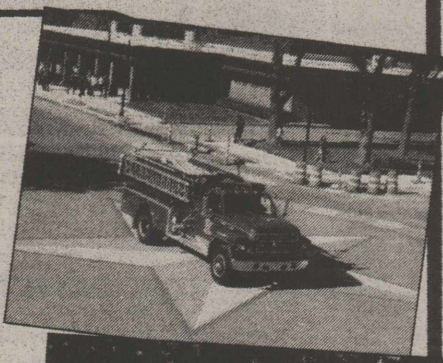
7:00 p.m. County Barn, 6th & Maple
Food & visiting for Ex-Students, teachers, families & friends

Saturday - July 29th

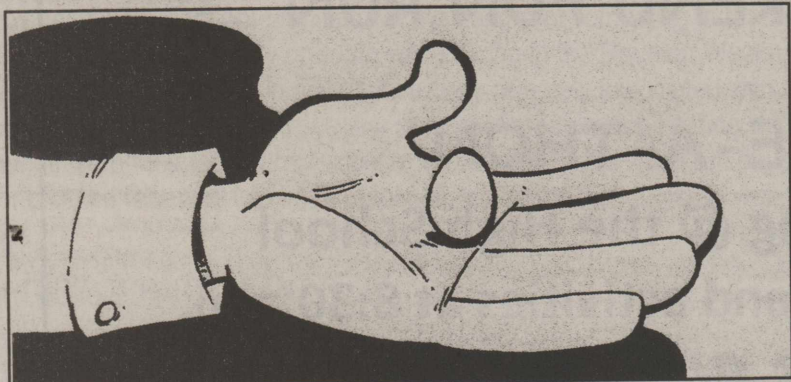
8:00-9:00 a.m. Register for 1 mile Fun Walk/Run @ the High School (Donation entry)
9:30 a.m. Pronger Pioneer Family Reception @ Imagination Station on Main Street
10:30 a.m. Parade
11:30 a.m. BBQ @ the Park, bring your lawn chairs.
12 Noon Kids Games @ the Park w/Methodist Youth
2:00 p.m. Hogman Golf Tournament @ the Country Club
5:30 p.m. Ranch Rodeo @ Sherman Co. Arena
7:00 p.m. Block Party on Main Street
8:00 p.m. Street Dance - bring your lawn chairs.

Sunday - July 30th

1:00 p.m. Ranch Rodeo @ Sherman Co. Arena



For information on the Parade contact Cece Yelek @ 806.290.3655; the Block Party call or text Kathy Allen @ 806.753.6897 or emailscdc@xit.net; the Golf Tournament call Danny Davis @ 806.930.5891, Corey Naugle @ 806.773.2789 or Roger Allen @ 806.753.7833; the Ranch Rodeo call Jack Haile @ 806.753.6199 or Ted Allen @ 806.753.7351.



The smallest bird egg is that of the vervain hummingbird of Jamaica. It measures just 0.39 inches and weighs 0.0132 ounces.

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Attention to all subscribers!! Rate change

The Stratford Star is no longer sending out notices when your paper is due. Check the label on the paper and see what month your subscription expires. **I will be putting "Stars" on the current month" If you have a Star on your label it means that your sub expires that month.** If you are not sure the amount you owe if you live out of the area call 753-7373 and double check. Locally is \$33.00 and out of the area \$40.00. If you are paying for someone else's sub, you will be billed for that person. The Stratford Star, PO Box 8, Stratford, TX 79084
Thanks-Marty

7th ANNUAL SCDC

BLOCK PARTY

This year's Block Party will be held during the Stratford Jamboree on Saturday evening, July 29, 2017. Non-profit and for-profit organizations, private businesses & citizens are invited to sign up for a designated space as early as possible. People have already signed up to sell cold drinks, water, ice & cups, jewelry & crosses and essential oils. Groups, restaurants, individuals - anyone who wants to sell any type of food - burgers, ice cream, cookies, ribs, etc - Contact SCDC. ALL Vendors selling merchandise, food, drink, etc are invited to reserve their space. There is no charge for spaces but you will be assigned a certain spot. If you have questions call SCDC at 366.2897, text your request to 806.753.6897 or email scdc@xit.net.

1st ANNUAL STRATFORD JR RODEO

Saturday - July 29, 2017 

Sherman County Arena @ Hwy 287 & 15

Books open at 12 noon, Rodeo starts at 1 p.m.

Barrels, Poles, Flags, Steer Daubing, Breakaway & Goat Tying

Ages include peewee 0-6, jr. 7-10, int. 11-13, & sr. 14-18

\$8/event, \$12 livestock event - 1st Place Buckle,

2nd Place 40% payback and 3rd Place 20% payback.

****Call Alexa Reed @ 806.390.9030 for information.****

Pick up food at the BBQ or other food spots in town and head out to the arena!

**Parade starts at 10:30 a.m., everyone is welcome to ride in the parade with the Silver Spurs Rodeo Club, contact Alexa to see where everyone is lining up.*

The Churches of Stratford Welcome You

First Assembly of God
Kevin Anderson, Pastor
921 Fulton
Sunday School 9:45 a.m.
Morning Worship 10:45 a.m.
Evening Worship 6:00 p.m.
Wed. Bible Study 6:30 p.m.

First Christian Church
5th & Main
Sunday School 9:45 a.m. (nursery)
Morning Worship 10:45 a.m. (nursery)
No Sunday evening Worship Service

First United Methodist
Rev. Steve Ulrey 396-2178
520 N. Main
Sunday School 9:20 a.m.
Morning Worship 10:30 a.m.
Junior & Senior High UMY 6:00 p.m.

St. Joseph Catholic Church
6th & Pearl
Rectory 366-5687
Sunday morning 8:00 a.m. (English) 9:30 (Spanish)
Sacrament of Reconciliation Before Mass or t.
Christian Formation Classes K-6 Grade Wed. Afternoon
Jr. & Sr. High. Wed. 6:30-8:30 p.m.

First Baptist Church
Pastor Ron Whitt
702 N. 3rd
Sun.-Coffee 8:30 a.m.
Sunday School 9:30 a.m.
Worship Service 10:30 a.m.
Wed. Children 6 p.m. youth 7 p.m.

Heritage Bible Baptist
Pastor Mark Looney
302 S. Main
For more info-call 396-2212
Morning worship 11:00 a.m.
Evening Service 6 p.m.
Thurs. Service 7:00 p.m.



La Mision Bautista
Mision Bautista
401 S. Wall 396-5376
Domingo (Sunday)
Estuela Dominical 9:45 a.m.
Miercoles (Wednesday)
Servicio De Adoration 11 a.m. Estudio
Biblico & Servicio De Oracion 6 p.m.
Servicio De Adoration 6 p.m. se Cuidamos
Susuinos Durante El Servicio

Eben-Ezer Templo Hispano
Asambleas De Dios
Pastor: Juan M. Valenzuela
806-366-3071
205 N. Poplar-Hwy 287 268-2188
Escuela Dominical 10 a.m. - 12 noon
Servicio De Adoracion 5 p.m.-7 p.m.
Miercoles: Servicio De Adoracion 6-8 p.m.

Kerrick Community
Pastor Roy Harris
Community Building
10 a.m. Worship Service

Church of Christ
N. 3rd & Chestnut
Sunday School 9:30 a.m.
Morning Worship 10:30 a.m.
Evening Worship 5:00 p.m.
Wednesday Bible Study 7:00 p.m.

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Tales from No Man's Land Museum

Among the thousands of artifacts in the No Man's Land Museum in Goodwell, Oklahoma is a somewhat rough, rectangular wooden box that is at least 149 years old. It was made by Charles Vogel, an early settler who lived near Black Mesa in the northwestern edge of Cimarron County. He and his wife Mary and their children came to Oklahoma Territory in 1898, and made their home near the banks of the North Carrizo. They built a home using tools from the old wooden tool box. It was made of pine and fastened together with square nails. Using roofing nails, the date "1868" is clearly visible on the lid of Vogel's box.

Although Charles and Mary moved to Oregon in 1915, the box remained in Cimarron County. It was given to their son-in-law, Oliver Wesley (O. W.) Tucker who had married their daughter Clara Vogel. The young couple bought a homestead "relinquishment" of 160 acres for \$100 in 1903. They later moved into the two room stone house that was already on the land. It featured a dirt floor and a pole and dirt roof and was about four miles from where the North Carrizo runs into the Cimarron River. O. W. built an irrigation ditch from the creek and irrigated alfalfa, corn, and small grain crops.

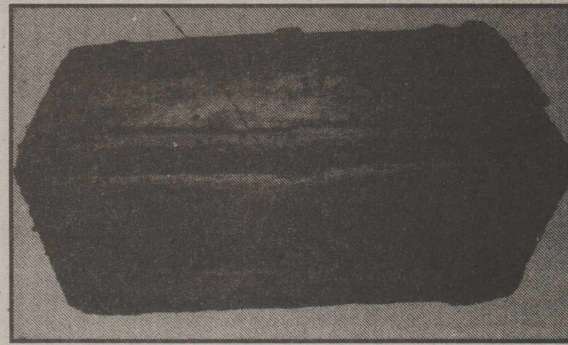
The Tuckers had been married for only eight years when Clara tragically died of childbirth on her 27th birthday in 1911. She left two sons, six year old Truman and his little brother Fred who was 30 months old.

Truman Tucker was the child who developed a fascination with history and geology and paleontology and became dedicated to preserving the early history of Cimarron County. He is the one who cherished and preserved the old tool box. Truman began his life in Cimarron County as a five month old baby in his parents two room home near Black Mesa, the highest point in the state of Oklahoma. He was also near the remains of Robber's Roost, the outlaw hideout of William Coe. As an older adult, he could still relate some details of traveling to Lamar from their ranch on a stagecoach with his mother when he was about four years old. As a twelve year old boy, he accompanied his father as they drove freight wagons from Lamar to Kenton. Each drove a wagon pulled by four, two-horse teams. The trip took a week there and back so they camped in the open at night under the stars. This gave the young Truman a firsthand appreciation of the land and the geology of the area.

"I never went to school a day in my life in a building built as a schoolhouse," Truman often quoted. He always added that his school buildings were deserted claim shacks that became "one teacher" schoolhouses. Although not formally trained, Truman became an expert on the area around Kenton.

In 1941, Truman married Fanny Cowart who had been a college student at the University of Oklahoma. Since she was also interested in paleontology, they amassed a large collection during their 37 year marriage. Truman began to write articles for The Boise City News recording his discoveries and leading groups of visitors to historic sites. In 1982, he received the Stanley Draper Distinguished Service Award from the Oklahoma Heritage Foundation.

The wooden tool box and a wide variety of other artifacts can be seen at the No Man's Land Museum in Goodwell on Tuesday - Friday, 10 AM - 12 AM and 1 PM - 4 PM and Saturday 10 AM - 4 PM.



Legacy to Host Antique Show

By Paula Nusz

Legacy Assisted Living is hosting a Trash or Treasure Antique Show on Saturday, July 22, 2017. Registration will open at 9:00 a.m. and the free evaluations will begin at 9:30. Registration will close at 11:00, and evaluations will end at 12:00 noon, even if there are more items that have not been evaluated. Each person may bring no more than 2 items for evaluation.

Mr. Terry Alward of Rafter 6 Antiques in Dumas, Texas, will be doing the evaluations. Mr. Alward has had his business in Dumas since 2011. When Terry was a child, his parents owned an antique store in Claude, Texas. Terry specializes in all types of jewelry, knives, spurs, guns, coins, signs, Native American items, industrial items and others specialties. His extensive history in the antique business makes him a very qualified individual for this antique show. Neither Legacy nor Mr. Alward will be held responsible for accidents that may result in damage to items while on Legacy property.

A similar show was held at Coon Memorial Home in 2014, and the turnout was magnificent. On that day, items came from Clayton, Dalhart, Hartley, Dumas and Stratford. 58 items were evaluated, and the history behind those items was very interesting. Legacy residents are already searching through their apartments and calling family members to bring their family treasures to the show. Refreshments will be served. A door prize will be awarded.

Legacy invites the communities of the Panhandle to come and spend a morning with other collectors in Dalhart. Legacy Assisted Living is located at 301 Texas Boulevard, in Dalhart, Texas. For more information, please call 806-244-1450 and ask for Paula Nusz or Tammy Parker. Legacy is ADA accessible and has designated parking for handicapped individuals.

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Texas is looking for experienced RN's LVNs and CNA's. If interested please come by 1111 Beaver Road for an application or send your resume to dgross@shdistrict.com EOE

Coldwater Manor in Stratford, Texas is now accepting application for a person to work in the Dietary Department and Housekeeping. If interested come by 1111 Beaver Road in Stratford, TX for an application. EOE

Card of Thanks

Thank you to the very special friends of the Dick Davenport family. We've had so many prayers, phone calls and comforting cards. We still receive those kinds of things and your warmth and thoughtfulness lifts our hearts in this sad time.

Jo Davenport and Family



WOMEN'S HEALTH

What You Can Do to Prevent Breast Cancer

By Christine Horner, M.D.
For NewsUSA

(NU) - Every year, 1.3 million women across the globe are diagnosed with breast cancer. Breast cancer awareness is high, but the primary focus of research is on early detection and treatment rather than prevention. Detection and treatment are undeniably important, but many feel prevention deserves more than the 2 percent of funding it currently receives, especially given the promising preventative strategies already out there.

One of these strategies could make preventing breast cancer as easy as warding off the flu. While the causes of breast cancer are diverse, nearly 40 percent of women with breast cancer test positive for a virus called the Human Mammary Tumor Virus, which could be completely prevented if there were a vaccine. In fact, researchers at the Cleveland Clinic have developed a breast cancer vaccine that targets a protein found in most breast cancers, and they announced a month ago that they are planning to begin clinical trials in two years.

Luckily, you don't have to wait until the breast cancer vaccine is available to protect yourself. Here are three research-proven natural approaches to help you prevent this all-too-common disease.

1. Get the Toxins Out with Panchakarma: Environmental toxins collect in the fatty tissue of the breasts, where they may contribute to the development of breast cancer. Panchakarma is a detoxification treatment that can

effectively eliminate these toxins from the body. Consisting of saturating the body with oils, pulse diagnosis, massage, heat treatments and internal cleansing, it is performed in a spa-like setting with medical personnel.

2. Take Medicinal Mushrooms: Japanese medicinal mushrooms have extraordinary immune system-supporting and cancer-fighting properties. The most effective way to consume them is in concentrated supplement form. One highly researched mushroom supplement is AHCC, a fermented extract of medicinal mushroom mycelia (roots). AHCC is widely used in clinics throughout Asia to bolster the immune system, reduce risks of infections and provide complementary support for the treatment of cancer, Hepatitis C, liver disease and Human Papillomavirus (HPV).

Observational human studies have suggested AHCC can improve outcomes and quality of life in breast cancer patients. In one study, 33 percent of breast cancer patients taking AHCC experienced remission.

3. Allow Love In: Studies show that women who develop breast cancer give more love than they receive. By surrounding yourself with nurturing relationships, you can reverse this unhealthy imbalance.

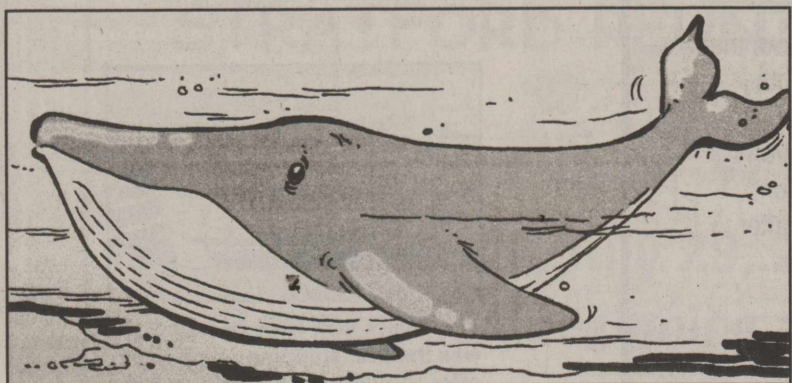
Dr. Horner is a nationally recognized surgeon and one of the country's leading experts on breast cancer prevention. She ran a successful campaign to pass laws requiring insurance companies to pay for breast reconstruction after mastectomy. Dr. Horner's book "Waking the Warrior Goddess: Dr. Christine Horner's Program to Protect and Fight Breast Cancer" has just been published in its third edition.

Health

(NU) - When Laura Kimball was diagnosed with relapsing-remitting multiple sclerosis (RRMS), few therapy options were available to treat the chronic and debilitating illness. She was told to prepare for the worst.

After hearing a Paul Harvey radio broadcast announcing enrollment for a new clinical trial of an investigational treatment, her outlook became more positive.

"I quickly worked to enroll in the study, and finally felt like I was proactively doing something to manage my disease," Laura remembers. Multiple sclerosis is an autoimmune disease that affects the central nervous system.



A baby blue whale is 25 feet long at birth.

Xcel Energy/4-H Power Camp provides youth with leadership skills

Writer: Kay Ledbetter, 806-677-5608, skedbetter@agtamu.edu

Contact: Shawnte Clawson, 806-677-5600, sfdawson@ag.tamu.edu

FLOYDADA - About 90 youth from the Panhandle and South Plains districts attended the annual Xcel Energy/4-H Power Camp June 30-July 2 at the Plains Baptist Encampment near Floydada.

4-Hers from the Panhandle and South Plains learn about wiring during the Xcel Energy/4-H Power Camp. (Texas A&M AgriLife Extension Service photo by Andy Hart) The goal of this camp is for the youth involved in Texas A&M AgriLife Extension Service's 4-H program to learn about leadership, electricity and team building, said Shawnte Clawson, AgriLife Extension 4-H youth development specialist in Amarillo.

The camp activities included ziplining, ropes course, kayaking, nightly dances and other recreational activities, which allowed participants to learn the basics of leadership and character development, Clawson said.

Xcel employees from Hereford, Plainview, Perryton and Lubbock taught classes and assisted with the event. The classes covered wiring and electrical safety along with energy conservation and careers in energy, said Mike Grant, Xcel community service and economic development manager in Hereford.

Youth play nine-square volleyball at the Xcel Energy/4-H Power camp, which is focused on teaching about leadership, electricity and team building. (Texas A&M AgriLife Extension Service photo by Andy Hart)

"We had a great time teaching about electricity and safety, two of my favorite topics," Grant said. "We had the largest group attend the camp in over 10 years."

"Our relationship with this wonderful group allows us to reach many of our rural areas with an electric safety message that can save lives and teach young people about electricity," he said.

Xcel named three top campers: Carter Strawn, Ochiltree County; Katherine Bezner, Dallam/Hartley; and Kynzie Hardegree, Mitchell.

Clawson said this year's camp also included the election of each district officer team. Those elected for District 1, the Panhandle area, were: president - Jenna Mayer, Potter County; vice president - Asher Miller, Ochiltree County; second vice president - Clay Wilson, Wheeler County; public relations officer and state 4-H council delegate at large - Alejandro Mata, Deaf Smith County; secretary - Ashby Dauer, Carson County; health and safety officer - Lydia Miller, Ochiltree County; photographer - Sedona Bailey, Potter County; treasurer - Mallory McKinney, Potter County; and two member advisers - Kaleigh Meador of Potter County and Marcee Cooke of Hemphill County.

District 2, South Plains area, elected officers were: president - Kyle Hardegree, Mitchell County; vice president - Rachel Graham, Floyd County; delegate at large - Quinton Linson, Gaines County; second vice president - Bryson High, Castro County; third vice president - Chandler Schulte, Castro County; secretary/treasurer - David Burt, Lamb County; public relations officer - Kristi McAlister, Castro County; and member adviser - Carson Millican, Gaines County.

Clawson said 4-H and Xcel Energy have collaborated for over 64 years in educating youth about leadership and energy. "The North Region 4-H program thanks Xcel for their continued financial and educational support of its programs," she said.



STRATFORD ELK



SPORTS CAMP



BE APART OF THE STRATFORD ELK TRADITION

LEARN FUNDAMENTAL SKILLS IN FOOTBALL & BASKETBALL

FOR INCOMING 3RD GRADE - 9TH GRADE

JULY 24-27

9:00AM - 12:00

\$50

STRATFORD ELK CAMP T-SHIRT & BASKETBALL INCLUDED

MAKE CHECKS PAYABLE TO: ELK SUMMER CAMP

ALL CAMP FORMS & MONEY RETURNED TO COACH LOVORN OR COACH WYATT BY JULY 14

NAME:

GRADE:

T-SHIRT SIZE:



The bird with the longest feathers is the onagadori, a domestic strain of red jungle fowl. Its feathers span more than 34 feet.



2017 Stratford Ranch Rodeo

July 29 & 30

Saturday, July 29:

5:30 p.m. Calcutta

6:00 p.m. Rodeo

Bronc Riding

Double Mugging

Wild Cow Milking

Team Penning

Team Branding

Trailer Loading

\$500.00 Entry Fee

4 or 5 man team

20 team limit

Sunday, July 30th

1:00 p.m. Rodeo

Admission: \$10

Children 10 & Under FREE

Saturday July 29th Silver Spurs

Jr. Rodeo

1:00-4:00 p.m.

Call 806-390-9030

Stratford Hospital District

"Proudly serving the medical needs of Stratford and Sherman County"
Stratford Family Medical Clinic

Stratford Family Medical Clinic

Mon. - Thurs 8 a.m. - 5 p.m. Fri, 8 a.m. - 3 p.m.
396-5583 Tommy Brian, ANP & Krista Brown ANP

Elk Pharmacy

Mon.-Fri. 9 a.m. - 5:30 PM

"Check our Competitive pricing"
"Compounding Available"

366-5505 Shelly Worley, PharmD, RPH

Coldwater Manor Nursing Facility

396-5568 Mark Moore, LNFA

Stratford EMS

9-1-1 or 396-2844 Jimmy Lanning, Director

The Stratford Hospital District operates on a non-discriminatory basis, giving equal treatment and access to services without regard to sex, race, religion, age or ethnicity.

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806-396-2300 Office
806-679-9007 Chuck's Cell

I am rather inclined to silence, and whether that be wise or not, it is at least more unusual nowadays to find a man who can hold his tongue than to find one who cannot.

—Abraham Lincoln

REGISTRATION FORM

STRATFORD REUNION WEEKEND FUN RUN AND YOUTH BIKE-A-THON

SATURDAY, JULY 29, 2017

As a member of a community that cares and takes care of their own, you are invited to help an area family in need of some extra support, by participating in a **1 MILE Fun Run/Walk and Youth Bike-a-Thon**.

Proceeds from the 2017 Fun Run will benefit the Ron and Margaret Brooks Family. He is currently battling Heart disease.

Run or walk the 1 mile course, or just relax at home as a Couch Potato or Pajama Participant. Children ages 10 and younger are invited to join the fun by riding along in the Youth Bike-A-Thon. T-Shirts can be picked up Thursday and Friday at the Stratford Farm Store (501 S. Poplar) or Saturday morning during registration.

Registration Fee: \$15.00 per person with pre-registration before Friday, July 14th.

\$18.00 per person after July 14th.

*****Race t-shirts are only guaranteed to those who pre-register before July 14th.*****

To pre-register, submit this completed form and your registration fee to:

ViAnn Reed at 1205 NW 1st or mail to, P.O. Box 1223, Stratford, TX 79084, 806-753-7795

RACE DAY: Registration for the race will be held July 29th, 2017 from 7:30-8:15 a.m. in front of the High School. The race will promptly begin at 8:30 a.m., starting and finishing in front of the High School.

PLEASE INDICATE HOW YOU WILL BE PARTICIPATING:

- **RUN/WALK:** Top runners will be recognized at the end of the race.
- **YOUTH BIKE-A-THON:** Open to children 10 years old or younger.
- **COUCH POTATO OR PAJAMA PARTICIPANT:** Support the cause from the comfort of your home or bed and get a race t-shirt when you pre-register.

Name and Address: _____

T-SHIRT SIZE: _____ PHONE NUMBER: _____

I hereby certify that I am not unmindful of the danger of competing in road races and I agree to assume the risks, in the event of my injury or death while racing in the Reunion Weekend Fun Run/Walk and Youth Bike-A-Thon or participating in any other activity remotely associated with the race, neither I, nor my relatives or representatives will sue any person or organization helping with the race for damages; even if my injuries were their fault. I have confirmed with my doctor that I am physical sound and ready to run, walk or bike the race and I assume responsibility for my own physical well-being before, during and after the race.

SIGNATURE OF PARTICIPANT _____

(A parent or guardian must sign if the participant is under age of 18.)

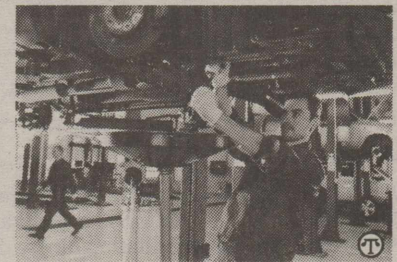
Car Care Corner

Mind Your Maintenance

(NAPS)—To make your car last, you have to put it first. Sticking to the maintenance schedule for your specific car keeps it running properly and protects you from expensive repairs. Here are three of the top items to consider to keep your car in tip-top shape.

• **Oil changes**—This is probably THE most important thing you can do for your car. Skipping even one oil change can start damaging your engine.

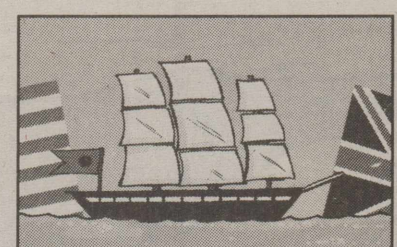
• **Preventative maintenance**—Fluids, spark plugs, drive belts and more all need to be checked and changed at certain intervals, especially on higher-mileage cars.



To keep your car running smoothly, be sure to keep up to date with its maintenance schedule.

• **Tire rotations**—Tires can be very expensive to replace. As one vehicle owner complained, "It's easy to pass service milestones if you don't get reminders...I had to replace four tires on my wife's SUV before their time at over \$900 a set."

Fortunately, taking care of your car can be easier with help from myCarfax.com. You can sign up at no cost to get reminders when it's time for the next service visit.



The Black Ball Line in New York was the first shipping company to offer regularly scheduled service from the United States to England. It also publicized the idea that it was concerned with the comfort of its passengers.