

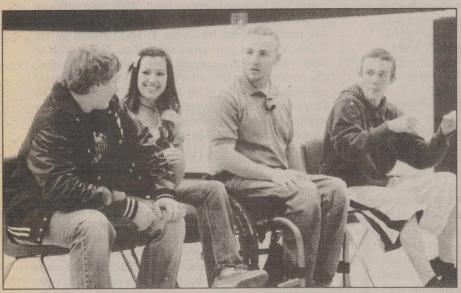
Sherman County Museum 07/12 PO Box 1248 Stratford, TX 79084

# The Stratford Star

75 cents

Published for over 100 years in Stratford, Sherman County, Texas 79084 usps 523

Number 8 February 23, 2012



## **Dever Involves Students**

Tyson Dever involved high school students from left, Tayler Henderson, Mary Ann Spurlock, and Dallas Harbour with his "ROLL with Tyson Dever" story that he shared with students on February 7, 2012. Tyler was an inspiration to everyone who listened to his story. To read his story look online at <a href="https://www.tysondever.com">www.tysondever.com</a>.

### Sherman County Sheriff's Candidate Forum

March 8, 2012
6:30 p.m. at
Texhoma Elementary School
Cafeteria

If you have questions for the candidates please take by Texhoma City office by March 1st



# Dever Shares His Story

On February 7, 2012 Tyson Dever shared his story to students 5-12<sup>th</sup> grade at Stratford Junior high and high School. This amazing young man survived a horrific car accident on March 11, 2005 that left him paralyzed from the waist down. He shared with the students how he has not let this slow down his dreams and his accomplishments. Shown with Tyson are HS Principal Dr. Paul Uttley and Junior High Principal Clint Seward.

# American Legion selects Boys and Girls State Delegates

The Howard Norvell Green Post 262 of the American Legion announces their selections for delegates to attend Boys State and Girls State this summer. The Boys State selection is Grayson Gonzales. Grayson is the son of DeWain and Suzanne Trayler. The Girls State selection is M'Lynn Wells. M'Lynn is the daughter of Jennifer Wells.

Boys State is held on the campus of the University of Texas at Austin. Girls State will be held on the campus of Texas Lutheran University in Sequin. Both programs are designed to develop civic leadership and pride in their local communities. The development of a keen interest in the detailed operation government and the understanding of American traditions and loyalty: to our country. Also, to inculcate a sense of individual obligation to community, state and nation.

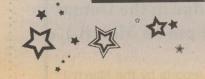
There will be a Hamburger Feed Fundraiser on March 18, 2012 at the Sherman County Barn from 11:30 am - 1:30 pm to raise funds to defray expenses associated with travel and registration.

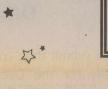
Another Eagle Scout recipient was Chase P. Griffin.

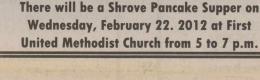
Stratford Lady Elk Cookie Sales will begin February 20-March 2. Contact

Coach Foos or Coach Reed at 366-3351.

**Proceeds for Summer Team Camps!** 









(from left to right) Judge Ron Enns and Oscar Arriaga

### CASA 69, Inc. Adds New Board Member

The CASA 69, Inc. Board of Directors met in the Dallam County Courthouse on January 30, 2012. District Judge Ron Enns an officio member of the CASA 69, Inc. Board of Directors, was on hand to administer the oath to the new selected member: Oscar Arriaga (Moore

Oscar, his wife, Luisa, and their six children, only two are still at home, Alex and Abraham, are from Dumas. Oscar is the Human Resource Manager at JBS and is involved with the Dumas Demons High School Wrestling Team and youth in the community. Oscar joins CASA 69 to give back to an organization who has

given much to families in the community.

CASA 69, Inc. (Court Appointed Special Advocates) believes that a child's right to a safe, permanent home should be acted on by the court in a sensitive, expedient manner. CASA 69, Inc. is a non-profit organization that provides trained community volunteers to represent the child's best interest in the court. CASA 69, Inc. serves abused and neglected children from the 69<sup>th</sup> Judicial District (Dallam, Hartley, Sherman, and Moore Counties).

CASA 69 is a United Way agency.

A burn ban is in effect for Sherman County as of February 14, 2012. Please help prevent fires. Violation of the burn ban is a Class C misdemeanor with a fine up to \$500.

Una prohibicion de quermar es vigente para el Condado de Sherman el 14 de febrero de 2012. Por favor ayude a prevenir los fuegos. La violacion de la prohibicion de quemar es una Clase C delito con una multa hasta \$500.

### Singles Group to Meet

Stratford and area singles are encouraged to attend the next meeting of the new singles fellowship group to be held on Leap Year Day, February 29<sup>th</sup>. The program will be a discussion of the goals and activities planned for the year. An activity calendar will be set with topic and events suggested by those at the meeting. The kickoff meeting, held as a Valentine's Day party, was well attended with much discussion about future plans. So, bring your own supper meal and your ideas for future meetings and outings to the United Methodist Church's Fellowship Hall (located at 520 N. Main St. in Stratford) at 6:30 p.m. and "leap into a new experience" with other singles. For more information, contact Pastor David Terry (806-338-0028) or Paula Nusz (806-753-6489).

A Medical Fund has been set up for Jessica Acosta at the First State Bank of Stratford

A fund for Pepe Licon and Brenda Ibarra is set up at the First State Bank to help with expenses for their house that sustained fire damage St. Joseph Catholic

Church
Annual Sausage Dinner

Sherman County Barn Sunday, February 26 II:00 a.m. - 2 p.m.

Adults - \$8.00 Children - \$5.00 under 4 yrs. free

Sausage also sold by the pound... \$4.50/uncooked \$5.50/cooked

Pre-orders available Call Heather Braden

806-366-3224

### Special

(Wednesday thru Tuesday)
2 p.m. till closing
Happy Hour 2-5 p.m.
Any size drinks - 85 cents

Hamburgers, fries and drink \$3.99

# El Primo's

Call 806-366-3799 1120 E. Texas Hwy 54

HELP!!!
Storage Room
Overflowing!
Book Sale
Saturday
February 25<sup>th</sup>
9 a.m. to 2 p.m.
Sherman County
Public Library

Attention to all subscribers!!

Rate changed

The Stratford Star is no longer be sending out notices when your paper is due. Check the label on the paper and see what month your subscription expires. I will be putting "Stars" on the current month" If you have a Star on your label it means that your sub expires that month. If you are not sure the amount you owe if you live out of the area call 753-7373 and double check. Locally is \$33.00 and out of the area \$40.00. If you are paying for someone else's sub, you will be billed for that person. The Stratford Star, PO Box 8, Stratford, TX 79084
Thanks-Marty

THE STRATFORD STAR Thursday, February 23, 2012 Page 2

# bituaries

Willie Mae Fleming November 27, 1916 February 16, 2012

TEXHOMA, Okla. — Willie Mae Fleming, 95, of Texhoma died Thursday, Feb. 16, 2012, in Stratford,

Graveside services were at 2 p.m. Monday February 20, 2012 in Texhoma Cemetery with the Rev. Jeff Booth, pastor of Amarillo Christian Church of God, officiating. Arrangements were by Bunch-Roberts Funeral Home of Guymon.

Mrs. Fleming was born Nov. 27, 1916, in Kemp, Texas, to Jesse Coleman and Maudie Belle Hammond Henson. She married Arval Fleming on June 2, 1941, in Paducah,

Survivors include her three children, Dicksie Duke of Virgin, Utah, Bob Fleming of Texhoma, Texas, and Barbara Callaway of Texhoma; 10 grandchildren; 19 great-grandchildren; two great-great-grandchildren; a brother, J.C. Henson Jr. of Arkansas; and two sisters, Wilma Jeffries of Pampa, Texas, and Dicksie Hodges of Emory, Texas.

The family suggests memorials be to Texhoma Ambulance, in care of the funeral home, P.O. Box 1112. Guvmon, OK 73942.

#### Stratford Hospital District News **Breast Cancer Screening**

Did you know that breast cancer is one of the leading causes of death among women ages 40 and over? In 2011, it is estimated that over 230,000 women were diagnosed with breast cancer and nearly 40,000 of these women died. Breast cancer screening is important because when it starts out, the cancer is too small to feel and does not cause any signs or symptoms. A mammogram is an x-ray of the breast and is used to look for early signs of breast cancer. Having regular mammograms reduces the risk of dying from breast cancer. According to the Center for Diseases and Control (CDC), women ages 50-74 should get a mammogram at least every two years. Younger women should contact their doctors to determine their need for breast screening.

With these facts in mind, the Stratford Family Medical Clinic has asked the Harrington Breast Center of the Don and Sybil Harrington Cancer Center to come provide mammogram screening for the residents of Stratford. They will set up their screening unit on March 14, 2012 at the Stratford Family Medical Clinic located at 1220 Purnell. For more information or to schedule an appointment, please contact the Harrington Breast Center at 1-800-377-4673 or (806) 356-1905.

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15 Years, 4500 Babies in Dumas

# Women's Health Center

Normal and high risk pregnancies Gynecologic cancer screening Breast cancer screening Infertility and family planning Menopause and hormone problems Dr. Turhan I. Baykan, M.D.

Specializing In OBSTETRICS-GYNECOLOGY

110 S. Bliss Monday-Thursday 8 a.m.-5 p.m. Friday 8 a.m.-12 noon

### SCOT Hall Scuttle

I was asked the other day, if I knew why you say; "God bless you", after someone sneezes and I said; "I don't remember". Well, if I did put this in the scuttle before, please have mercy on my forgetfulness. Bless you or God bless you, is a common English expression addressed to a person after they sneeze. The origin of the custom and its original purpose are unknown. One explanation holds that the custom originally began as an actual blessing, Gregory I became Pope in AD 590 as an outbreak of the bubonic plague was reaching Rome. In hopes of fighting off the disease, he ordered unending prayer and parades of chanters through the streets. At the time, sneezing was thought to be an early symptom of the plague. The blessing ("God bless your) became a common effort to halt the disease. Another legend holds that it was believed that the heart stops beating and the phrase "bless you" is meant to ensure the return of life or to encourage your heart to continue beating. Did you know that another name for a coffin is slumber box? I had never heard it called that before. The only difference between a rut and a grave is the depth, and I'm not ready for either one. Older? It's who you've always been, only later.

SCOT Membership Drive-until Friday, March 9<sup>th</sup>, 2012 February 21, 2012-5:15

February 23, 2012- S.C.O.T HALL LUNCHEON, NOON Thank you for being a member of the S.C.O.T. Hall

Mitchell

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# From the desk of Chief Powell

I have three very important topics to cover this week:

# 1 PHYSICAL / MENTAL ABUSE

Most of you should know me by now and know I speak what is on my mind. We have had too many tips from people about physical & mental abuse happening right here in our city. We want to STOP this problem. You have a police department that CARES and I give you my word... .we will HELP you but we must know about the problem. Life is too short to live like that and our town simply will have no tolerance for it. We'll meet with you in total confidence, wherever you want to meet. We have well-trained officers who want to HELP. Take all the "what-ifs" out of your mind and call us. If you wish to block your number... .simply push \*67 before you dial. The number to our office is (806) 366-3051. My personal cell phone number is (479) 295-8863 STOP LIVING IN FEAR AND LET US HELP YOU. Often times, the victim of abuse believes they will be in more danger by contacting the police when in fact, it may be the first step in starting a new and HAPPY life. Please, call us !! "Chief Powell

**#2 DRUNK DRIVING** 

In the past week, we have arrested two for D.W.I. If you work hard, then play hard but don't DRINK AND DRIVE. My family and your family are way too valuable to allow this type of behavior to go on. One arrest was made after an accident and the other was stopped for driving northbound in the southbound lane. What if it was your wife or husband coming down the road at that time, or perhaps your child crossing the street?? We don't have time to "what if." They will simply be arrested and taken straight to jail.

# 3 OUR STRATFORDPD WEBSITE (On a better

By or before March first, the website will be back up and running with new changes I'm sure you will like. Also, I plan to show our total crime stats for 2011.

HAVE A GREAT WEEK, STRATFORD!! & THANK YOU FOR YOUR SUPPORT ==== IT MEANS SO MUCH TO US!!!

"Chief' Joe Powell YOUR Police Department



**NORTH PLAINS** 

**Attention All Producers of** Groundwater in the North Plains **Groundwater Conservation District** Your 2011 production Reports are due in the Dumas Office by 5 pm on March 1st GROUNDWATER

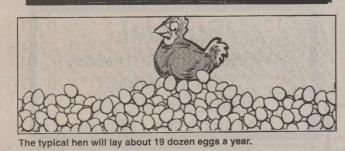
Only producers who submit their completed reports by the March 1st deadline will qualify for the District's Groundwater Conservation Reserve for 2011. The District's Groundwater Conservation Reserve will allow you to reserve unused allocation from 2011 and apply it to future production years. Remember, annual allowable production will decrease in 2012 from 21 inches-per-acre to 18 inches-per-acre. If you want to have the option of applying unused allocation from 2011 to future production years, your 2011 production reports must be in the Dumas office of the:

North Plains Groundwater Conservation District PO Box 795, 603 E 1st Street Dumas, TX 79029 By 5 pm on March 1st

For more information about 2011 production reporting, call the office at 806-935-6401 or log on to www.northplainsgcd.org

### **Deadline** for The Stratford Star

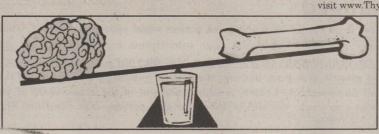
**Deadline for Stratford Star** items. Photos by Sundays at 4 p.m. Letters to Editor 9 a.m. on Mondays (typed) and all other articles and ads at 10 a.m. on Mondays. (PLEASE) Thank you





Modern airplanes are monoplanes—airplanes with one wing on each They may be high-wing, mid-wing or wings are on the fuselag





brains are 75 percent water, while bones are 25 percent water.

### HEALTHY IDEAS



(NAPS)—"Hospital to Home: Plan for a Smooth Transition" is a new publication from the Eldercare Locator. It features information about planning for a stay in the hospital and planning for your return home. For a free copy, call (800) 677-1116 or download it at www.eldercare.gov.

As many as 30 million Americans may be affected by thyroid disorders, although more than half remain undiagnosed, say experts at the American Association of Clinical Endocrinologists. A new blue paisley icon hopes to promote Thyroid Awareness. For more information, visit www.ThyroidAwareness.com.

Regular, comprehensive eye exams can help you maintain healthy sight and alert your eye doctor of any other health issues. Adaptive lenses, such as Transitions lenses, help prevent squinting, reduce glare and block 100 percent of harmful UV rays. Learr more at www.transitions.com.

The affiliated health plans of one health benefits company, WellPoint have put together an easy-to-use online education program, www anthem.com/eralt/ana/, to help consumers find alternatives to the emer

A grandmother pretends she doesn't know who you are on Halloween.

-Erma Bombeck



### Robertson honored with Baby Shower

Kayla Robertson was honored with a baby shower on Sunday, February 19, 2012 in the home of Tana Pemberton. Shown above left to right are Tammy Craig, Marty Robertson, Kayla, Donita Robertson, Brittany Haynes holding Jackson Haynes and Shari Hudson.

# SHS Announces One Act **Play Dinner Theatre**

The Stratford High School One Act Play will be hosting a dinner theatre on Monday, March 19 at the Mary Allen Cafetorium. The evening will begin with dinner at 6:00 followed by a performance of this year's UIL One Act Play. The cast and crew will be going to zone competition on Wednesday, March 21 at West Texas High School.

The meal will be 1950's diner style blue plate special pot roast. The play is called Moon Over Buffalo by Ken Ludwig and is directed by Ronna Riffe and Stacy Metcalf. George and Charlotte Hay, an acting couple out of their prime, are on tour in Buffalo in 1953. Fate gives them one more shot at stardom when director Frank Capra plans on attending the matinee performance. You won't want to miss this backstage farce full of hilarious misunderstandings and misadventures. It's sure to be a crowd pleaser!

Tickets are \$12 for adults and \$7 for children and students and will go on sale Thursday, February 23. Tickets go fast so don't delay. All proceeds go to the SHS speech and theatre fund and will help send interested students to speech, debate, and theatre summer camps. For tickets, see any member of the cast or crew or call Ronna Riffe at the high school at 366-3330 or 753-7255. We hope you come out to enjoy an evening of good food and fun at the theatre!

#### 2012 OAP Cast, Crew and Alternates

Jordan Johnson Kammi Birdsong Mary Ann Spurlock Shyanne Acker Derek Vasquez Katy Moore Adrian du Plessis Kavan Killian Perla Reta

Tyler Seward Logan Uttley Preston Burr Jacie Seward Macy Everson Allissa Palmer Chase Lutes Blaine Killian



During the 18th century, books that were considered offensive were sometimes "punished" by being whipped.

# Kerrick News

By Marylou McDaniel Roy and Ciccy Harris were at Woodward, OK. Last week where Roy officiated at funeral service for Kenneth Ruttaman.

They saw Roy's daughter Shanna Wiggins and son Dustin. Annette Hampton had a booth at the recent boat show in Dallas. Tamara Hagar Roichie worked the booth with her.

She will have a booth at the Make-A-Wish show in Amarillo March 3-4. Sandy Trail Farm is

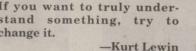
If you want to truly understand something, try to change it.

\*\*\*

Because things are the way

they are, things will not stay

the way they are. -Bertolt Brecht



Amarillo, Texas on May 26, 2012.

Engagement

Mr. and Mrs. Eddie Franks of Amarillo are pleased

to announce the engagement of their daughter, Megan Noel Franks, to Brock Aaron Swain, son of

Megan is the granddaughter of Gary and Chyrel

Pelfrey and Betty Franks and the late Jimmy Franks,

all of Amarillo. Brock is the grandson of Clarence

and Jane Parker of Amarillo and the late Jack and

The bride-elect is a graduate of River Road High

School in Amarillo and is a 2010 graduate of West

Texas A&M University, where she was a member of

Chi Omega sorority. She received a Bachelor of

Science degree in Interdisciplinary Studies. She is

employed by Amarillo Independent School District as

The prospective groom is a graduate of Stratford

High School and is a 2007 graduate of Texas Tech

University where he received a Bachelor of Business

Administration degree in Management. He is employed by Amarillo National Bank as a lending

The couple plan to be wed in an outdoor ceremony in

a second grade teacher at Hamlet Elementary.

assistant at the Georgia Street branch.

Announced

Dr. and Mrs. Jack L. Swain, Jr.

Dale Swain of Lubbock.

Pigs can cover a mile in about 71/2 minutes when running at top

# Stratford Hospital District

"Proudly serving the medical needs of Stratford and Sherman County."

#### **Stratford Family Medical Clinic** Mon. - Thurs. 8 AM - 5 PM, Fri. 8AM - 3 PM

396-5583 Tommy Brian, ANP

## **Elk Pharmacy**

Mon. - Fri. 9 AM - 5:30 PM 366-5505 Angie Hipp, RPh

### **Coldwater Manor Nursing Facility**

396-5568 Karl Punch, LNFA

### Stratford EMS

9-1-1 or 396-2844 Jimmy Lanning, Director

The Stratford Hospital District operates on a non-discriminatory basis, giving equal treatment and acces

## The Churches of Stratford Welcome You

First Assembly of God Kevin Anderson, Pastor 921 Fulton Sunday School 9:45 a.m. Morning Worship 10:45 a.m. Evening Worship 6:00 p.m. Wed. Bible Study 6:30 p.m.

First Christian Church **Pastor Gary Smith** 5th & Main Sunday School 9:45 a.m. (nursery) Morning Worship 10:45 a.m. (nursery) No Sunday evening Worship Service

First United Methodist Rev. David Terry 520 N. Main Sunday School 9:20 a.m. Morning Worship 10:30 a.m. Junior High UMY 5:00 p.m. Senior High UMY 6:00 p.m.

St. Joseph Catholic Church 6th & Pearl **Rectory 366-5687** Sunday morning 8:00 a.m. (English) 9:30 (Spanish) Sacrament of Reconciliation Before Mass or t. Christian Formation Classes K-6 Grade Wed. Afternoon Jr. & Sr. High. Wed. 6:30-8:30 p.m.

First Baptist Church 2 **Pastor Jason Stone** 702 N. 3rd Sun.-Coffee 8:30 a.m. Sunday School 9:30 a.m. Worship Service 10:30 a.m. Wed. Children 6 p.m. youth 7 p.m.



This page sponsored by Stratford Grain 396-5541 Lautz 769-5541

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> **Stratford Star** 366-5885

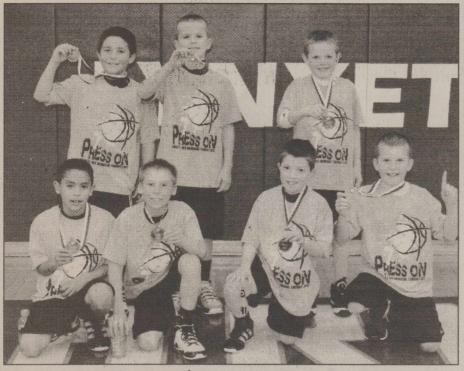
**Church of Christ Brad Beckett** N. 3rd & Chestnut Sunday School 9:30 a.m. Morning Worship 10:30 a.m. Evening Worship 5:00 p.m. Wednesday Bible Study 7:00 p.m.

> Heritage Bible Baptist **Pastor Rick Carter** 302 S. Main For more info-call 396-2212 Morning worship 11:00 a.m. Evening Service 6 p.m. Wed. Service 7:30 p.m.

Eben-Ezer Templo Hispano **Asambleas De Dios** Pastor: Juan M. Valenzuela 806 366-3071 205 N. Poplar-Hwy 287 268-2188 Escuela Dominical 10 a.m. - 12 noon Servicio De Adoracion 5 p.m.-7 p.m. Miercoles: Servicio De Adoracion 6-8 p.m.

> **Kerrick Community Pastor Roy Harris** Community Building 10 a.m. Worship Service

La Mision Bautista **Mision Bautista** 401 S. Wall 396-5376 Domingo (Sunday) Estuela Dominical 9:45 a.m. Miercoles (Wednesday) Servicio De Adoration 11 a.m. Estudio Biblico & Servicio De Oraction 6 p.m. Servicio De Adoration 6 p.m. se Cuidamos Susuinos Durante El Servicio



# Team takes 1st place at Spearman

Stratford 3rd and 4th grade boys' basketball team took first place in the Garrett Rex Memorial Tournament this past weekend in Spearman. This team also had a combined record of 18-2 since they started their season in November. Shown above standing from L/R: Abraham Villegas, Ty McBryde, Trever Bell. Kneeling in front L/R: Iuden Romero, Creed Riley, Tyler Stone, Walker McBryde.



grade Boys win Spearman Tournament

Back Row: Colten Lanning, Ruben Gonzalez, Coach Brad McBryde. Front Row: Kade McBryde, Pedro Ortega, Blake Rios, Shay Hess, Sergio Guerrero, Wylie Hacker, Baruc Ortega.



### Team takes 1st place at Gruver

The 5th/6th grade Stratford Stars basketball team won 1st place in the Gruver Tournament February 16th & 18th. The Stars beat Hooker, OK on Thursday, 28 to 12. On Saturday they beat Spearman 20 to 13. Gruver 27 to 8 and they played Hooker again for the championship and won 28 to 19. Way to go Stratford Stars! Front row: Katelin Berry, Taylor Aduddell, Libbie Uttley, Vanessa Gonzalez. Back row: Coach Cara James, Carlee Metcalf, Laynee Burr, Shaylee Audrain and Allie James.



place at Spearman Tourney

3rd/4th Grade Girls-Back Row: LaShala Anderton, Lilia Trayler, Cambri Cummings, Kenlee McBryde, Coach Jessica Audrain. Front row: Cody Audrain, Ashton Lavake, Payton Berry, Reaghan Audrain, Rese Schoonover. Culif-Free severages

# Business Directo

# Vincent Insurance

Agency

Sabrina Melton

Office: 806-396-2456 PO Box 739 Stratford, TX 79084 Home: 396-2512 Email: vinccins@xit.net

### **Great Lengths Salon**



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### **Stratford Auto** Electric

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4 North Main

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Sunray, TX Stratford, TX Office 806-366-ahhh (2444)

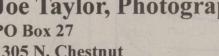
Cell 806-290-3655 9-5 M-F-Sat. by appt

# Joe Taylor, Photography

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Stratford, TX 79084 806-366-2459

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### **Duncan Chevrolet**

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### It Pays To Look In The

THE STRATFORD STAR Thursday, February 23, 2012

.. The Best Salesperson Around

# Star Classifieds

Phone 366-5885 Houses for Sale

401 S. Maple, Stratford 3 bedrooms, 2 baths, 2 living rooms, laundry room, garage. Includes: 3 lots beside the house. (806) 366-3512 or

House for Sale: 313 N. Pearl-3 Bdr, 2-1/2 Bth 806-930-6920 2-23-tfn

### Help Wanted

Cimarron Feeders is accepting applications for the following positions:

-Mill Laborer

-Part-time night watch

-Processor 17 Keyes S Keyes, OK on HWY 171

15 miles N of Stratford, TX on HWY 287, then right 5 miles on HWY 171. Apply in person: M-F 8a.m-3p.m. or call (580) 543-6383

Great benefits for full-time positions that include: Medical, Dental & Vision insurance as well as 401 K and paid time off. Pre-employment drug screen required. EOE M/F

Stratford Feedyard-Looking for a qualified maintenance person to work in feed mill. Duties include: servicing equipment, change bearings, some fabrication and electrical work in mill. Competitive wages, health benefits and retirement. We are located at 14001 CR 9, Stratford, TX Contact Larrs Brauer at 806-396-2548 or 806-396-5501. Email at: larrs.brauer@cactusfeeders.com

Truck driver w/class A or B CDL license w/clean driving record. Employee Insurance & 401 K after 90 days. Call Edward Ned @806-344-7422, 2-9-tfn

### For Sale

For Sale: Oak firewood for sale-\$320 cord. Call 806-338-0423

For Sale: Used tires, sizes 13's, 15's and 16's. Includes two brand new 185 8OR 13 tires and two brand new P235 75R tires. Set of 4 used LT265 75R 16's mounted with hub caps. Some good farm tires. If interested please call 753-6333.2-2-tfn

Good Horse/Cow Hay. Big solid round bales of Timothy/other grass mix. 1450-1750# bales, net wrapped and put up right in good dry conditions. 10 Bale Minimum! \$230/ton FOB Stratford, TX. Volume discount. Semi load delivery available. 806-727-4646/806-268-0509.

#### **Guilt-Free Beverages** For Your Fridge

(NAPS)-According to the recent U.S. Dietary Guidelines, calorie balance over time is in tant for weight management. Along with increasing physical activity, controlling total calorie intake is a key factor in maintaining a healthy weight.



Swap sugary sodas and highcalorie beverages for all-natural, low-calorie drinks.

At home, at work or on the go, it's easy to drink the first thing you see, which is why it's important to stock your fridge with healthy options.

If you're looking for low-calorie, all-natural alternatives to put on your shopping list, here are two

Sparkling Mineral Waters: Refreshing and with carbonation. these waters offer a healthy alternative to sugared or artificially sweetened soft drinks. Try Crystal Geyser Sparkling Mineral Waters, which blend natural mineral water with all-natural fruit essences. Unsweetened and caloriefree, the five delicious flavors are great with meals and provide healthy everyday refreshment. Available in the Western U.S.; visit www.crystalgeyser.com for

store locations. Low-Calorie Bottled Teas: Skip high-calorie teas and try a low-calorie option like new California Iced and Green Teas. Lightly sweetened, the seven allnatural varieties, including those blended with real fruit juice, are only 45 calories or less per serving and provide a refreshing break from overly sweet soft drinks. Available in the Western U.S.; see www.californiateas.com for store locations

# Legal Notice

NOTICE OF PROPOSED SALE OF PROPERTY BY COUNTY

The Sherman County Commissioners' Court gives notice that at its meeting on March 13, 2012, at 9:00 a.m., the County will consider the sale of the following-described county-owned real property to an adjoining landowner at fair market value, as determined by appraisal, pursuant to section 263.002 of the Texas Local Government Code: An 1830 sq. ft. parcel of land out of Block 120, Original

Town of Stratford, Sherman County, Texas, being that portion of Lot 19 and Lot 20 described in a Deed to Sherman County recorded in Volume 55, Page 548, Sherman County Deed Records. A metes and bounds description of the property may be obtained from the office of the County Attorney at (806) 366-2270 or from the office of the County Judge at (806) 366-2021.

Published in The Stratford Star, Thursday, February 23, 2012, Thursday, March 1, 2012 and Thursday, March 8,

### Card of Thanks

WE WANT TO SAY THANK YOU TO ALL THE COMMUNITY OF STRATFORD FOR THE PRAYERS THAT WENT UP FOR OUR JR. PRAYER WORKS! GOD BLESS YOU ALL

> JR. & MANDY GOMEZ FAMILY BILL & KAY MIRES & FAMILY



The most-used letter in the English alphabet is "E," and "Q" is the





In 1690 the Massachusetts Bay Colony became the first of the colonies to issue paper money.

### Winners of Gruver Tournament

6th Grade Boys: Back row-Colten Lanning, Baruc Ortega, Ruben Gonzalez, Coach Brad McBryde. Front Row: Kade McBryde Sergio Guerrero, Shay Hess, Pedro Ortega, Blake Rios, Wylie Hacker.

### HOME

HOME

### Keep Old Man Winter at Bay

NewsUSA

(NU) - When the air turns crisp and the trees start to shed their leaves, you know winter is not too far around the corner. Before the temperatures start to drop, you may want to address commonly overlooked home winterization projects to ensure that you and your family stay warm and comfortable this season

One of the most overlooked yet most essential - items in your home is the furnace, and there are some simple steps you can take to avoid being left in the cold. Accord-ing to Lori Boyce, manager of heating and indoor air quality products for Carrier's Residential Systems, it is important to perform a visual inspection of the furnace before it begins its heating cycle. Boyce recommends homeowners begin by inspecting the furnace exterior and area around the unit. The surrounding area should be kept clear of clut-

Next, Boyce recommends checking to see if the air filter needs to be changed. It is recommended that you replace your filter quarterly or semi-annually. "A clean filter is important to keep your furnace operating efficiently," says Boyce. "A local Carrier dealer can provide you with a high-quality replacement filter, or you can clean reusable filters at home using cold water."

Set your thermostat to heat in order to confirm that the furnace cycles from start-up through shutdown normally. Check to make sure air is blowing from the small grates in each room.

If a furnace fails to start up during a system check, make sure the thermostat is set to "heat" and that the furnace door is properly in



Prevent furnace repairs by doing regular home inspections.

place. There is a safety switch on many furnace doors that "pops out" when the door is removed. If this is the case, properly close or position the door, and repeat the system check. If the furnace still fails to start up, call your local heating, ventilation and air conditioning (HVAC) professional.

Even if you regularly check to make sure your HVAC equipment is operating efficiently, it is a good idea to schedule seasonal check-ups with an HVAC professional.

'A properly working furnace is essential for most people during colder months, but there are other steps homeowners should take to maximize the heat in their homes," added Boyce. "Installing storm windows, adding extra insulation in the attic or walls, and replacing weather stripping on windows and doors are all dependable ways to keep your family comfortable during the winter season.

For more seasonal tips throughout the year, visit www.carrier.com.

### HOME IMPROVEMENT

### HOME IMPROVEMENT

### **Insulating Window Treatments Save Energy and Look Good Doing It**

NewsUSA

(NU) - Light. Openness. Beau-

money - and it looks good doing it

without impeding all the benefits

manufacture right here in Vermont,

are of such high quality they can

pay for themselves in 5 to 8 years

through reduced energy costs."

Says Michelle Graveline-Welch a

representative for CellularWin-

dowShades.com, an online store

making and selling insulating hon-

eycomb shades. "The thing is, they

don't just save money - they help

with privacy and glare, and they are

really beautiful to look at. We tell

customers, if they are on the fence,

to put them in just one room, and

inevitably they come back for more

by blocking solar heat gain outside

in the summer and trapping it in-

side in the winter. There is also a

Insulating cellular shades work

because they really do work."

"Our window shades, which we

of the window.



Cellular window shades can

cool, and your furnishings may be getting ruined by harmful UV rays. reduce your energy costs. There are a lot of window-fashsidetrack system, which creates a ion options out there, but one four-sided seal so the energy savproduct in particular, cellular window shades, was designed specifings are even more powerful. ically to help a homeowner save

Homeowners can proactively keep their homes more comfortable without relying on heating and cooling systems as much. Simply closing their shades during the day and opening them at night in the summer will help capture and keep the cool night air, and reversing the process in the winter will help con-

tain the solar gain.
One added benefit of cellular window shades with the energy saving sidetrack system is the tax savings. After all, what homeowner doesn't want to save money on energy bills and taxes? By insulating windows with the sidetrack system, homeowners can earn a tax credit for 10 percent of the cost in 2011, up to a maximum of \$500 through Dec. 31, 2011. For more information on the tax credit and saving energy with window fashions, visit CellularWindow-

### **Home Improvement**

(NU) - As Designer and HGTV Personality Lori Dennis explains, homeowners are choosing projects that add long-term comfort, efficiency and functionality.

This shift from sell to stay is why it pays to look beyond resale value when making home improvement decisions. In a new era, three projects stand out: window replacement, outdoor spaces and kitchen remodeling. Advancements in energy-efficient windows save 30 percent or more on energy bills, so much cost is recouped over time. Learn more about remodeling at www.milgard.com/lp/smart-investment.

### Home & Garden

(NU) - According to the American Lighting Association (ALA), with a few updates to your outside lighting, you can enjoy a mini vacation at home. It's easier and less expensive than you might think to transform your existing patio or deck into a lovely retreat. Rather than buying a costly designer patio set, invest in a new lighting scheme that will enhance your outdoor area.

All that's needed are basic tools, a transformer, outdoor low-voltage copper cables and low-voltage lighting fixtures - all available at your local ALA lighting showroom, www.AmericanLightingAssoc.com.

# **Sherman County Appraisal District Board of Directors Hold Meeting**

The Sherman County Appraisal District Board of Directors met on Friday, January 20, 2012 in the appraisal district board room. Board members present were Roger Wells, David Jackson, Tim Hudson, Mel Yates, Tom Moore, Chet Everett, Dana Buckles, and Valerie McAlister. Doak Crabtree with Happy State Bank and Chief Appraiser Teresa Edmond were also present.

The meeting was called to order at 7:00 a.m. by Chairman Roger Wells. The statement and Oath of Office were signed by a new board member and members starting a new term. These were Dana Buckles, Mel Yates, Roger Wells and Tim Hudson.

Wells opened the floor for nominations for board chairman. Jackson moved that the 2011 officers be elected for 2012. Yates seconded the motion. There was discussion about the board secretary's responsibilities. One responsibility is signing checks. Hudson stated that this had been a problem for him last year and recommended that a new secretary be elected. After further discussion, Hudson nominated Wells for board chairman and Buckles for board secretary. Moore seconded the motion, and the motion

Everett moved that the minutes of the December meeting be approved as presented, and Jackson seconded the motion. The motion passed.

Doak Crabtree presented Happy State Bank's proposal to continue to serve as depository for Sherman County Appraisal District for 2012-2013. Crabtree stated that additional interest could be earned by moving our accounts to a different type of checking account. Yates moved that Happy State Bank be accepted as the district's depository for 2012-2013. Jackson seconded the motion, and the motion passed.

The current financial report and bills were presented. McAlister moved that these be approved, and Yates seconded the motion. The motion passed.

An auditor's engagement letter from Doshier, Pickens and Francis was presented. The letter included a two and a half percent increase in cost for auditing the appraisal district financial records for 2011. Jackson moved that Doshier, Pickens & Francis be approved to audit the 2011 records. Everett seconded the motion, and the motion passed.

The budget funds remaining in the Legal Expense account for 2011 were discussed. Edmond reported that our attorneys will be sending us a bill soon, but there should be adequate funds in the 2011 budget to pay the bill.

The Sherman CAD Board Policies and Procedures were presented to the board at the December meeting for their review. There were no questions or discussion on the policies and procedures. Moore moved that these be approved, and Jackson seconded the motion. The motion passed.

Proposed line item adjustments for the 2011 budget were discussed. Accounts whose expenditures are over the budget amount are: Tax Suit Expense, Board of Directors, Depreciation Expense, and Mapping Expense. The contingency allowance will be adequate for these adjustments. Moore moved that the adjustments be made as discussed, and Hudson seconded the motion. The motion passed.

Appraisal Review Board members for 2012 need to be appointed. Board members suggested people for Edmond to contact to see if they are willing to serve on the ARB. By law, the appraisal district board appoints the ARB officers. The following were nominated by Hudson:

Chairman Craig Cartrite Vice Chairman Cindy Miller Secretary Jo Hinds

Jackson seconded these nominations, and the nominations were approved. Meeting dates for 2012 were selected. Meetings were scheduled for March 16, May 18.

September 7, and December 7 at 7:00 a.m.

Chief Appraiser Edmond reported that second statements for 2011 taxes and delinquent tax statements were recently mailed. Renditions for 2013 have also been

The role of the Agricultural Advisory Committee was discussed. Edmond asked for suggestions for people to serve on this committee. Several suggestions were made. There being no further business, Moore moved that the meeting adjourn. Jackson seconded the motion. The meeting adjourned at 8:00 a.m.

# 2012 TREE SALE

Time is here once again for Sherman County Soil and Water Conservation District's annual Spring Tree Sale. Order forms are ready and can be picked up at our office at 418 North 4th in Stratford, or we can mail it if you give us a call. We can also email the order form if you supply us with an email address. Just call us or email us at shermswcdexit.net.

While we try to list as many species that are available for this area, we cannot list them all. If you have any special wants or wishes as far as trees go this year, please call the office at 396-5517 ext. 3 and we will be happy to try and find what you need.

The District can also fill requests for drip irrigation supplies. We keep some drip supplies in stock, and will help in the design of your system and order exactly what is needed for you if we do not have it. Delivery is usually within three working days. You can also help your investment with the installation of weed barrier. We have this available also. This is especially important in windbreaks because we do not want the newly planted seedlings to have to fight with weeds and grass for water. The barrier will help prevent the growth of weeds and grass and keep the moisture in the ground.

If you need a Tree Order Form, want to place an order for trees, irrigation supplies, weed barrier or just have any questions regarding the trees or need help planning for your particular needs, please do not hesitate to contact the District or the NRCS at 396-5517 ext. 3.

Thank you for your continued support of conservation in Sherman County.



Coffee Memorial Blood Center is hosting a blood drive in the Texhoma area.

### Texhoma Community Blood Drive

Monday, March 5, 2012

3:00 pm to 7:00 pm

First United Methodist Church Fellowship Hall

Every eligible donor who presents to donate will receive a Hoops Madness t-shirt and a chance to win a new flat screen TV from Sears AND a fajita party for 20 people from Jorge's Mexican Bar & Grill!

> \*\*\*\*Photo ID or Donor Card Required to Donate\*\*\* MUST BE 17 YEARS OLD TO DONATE BLOOD.

For an appointment, please call 331-8800 or 1-877-574-8800. Find us on facebook \* Follow us on Twitter \* www.thegistoflife.org

ALL BLOOD TYPES ARE CURRENTLY NEEDED!

The need is real. There is no substitute for blood. It can only come from volunteer blood donors. Please support the patients of the High Plains Region... Give the Gift of Life!

### FOOD

#### **FOOD**

### White Bean Chili Recipe Will Warm the Heart

(NU) - Hearty stews and belly-warming soups are coming out of the kitchens; frost is sparkling, and winter jackets are coming out of hiding. Families are craving slow-cooked, savory meals that yield health benefits and leftovers.

Delicious, savory winterrecipe ingredients that will surely satisfy are white beans and Oso Sweet Onions, an onion grown at the foot of the Andes Mountains. Onions are not only believed to be a cancer preventative, their lowsalt, low-fat health benefits are the proactive equivalent to superhero powers. Onions have 25 compounds that lower blood pressure and cholesterol, prevent thrombosis, inhibit strokes and battle heart disease, says the American Heart Association.

Plus, the antioxidants and flavonoids found in onions don't lose their potency once cooked. This makes them ideal for slowcooked recipes. They add a punch of flavor and a whopping serving size, making them an affordable luxury during the chilly winter

Use the following recipe for a tasty detour from your typical red

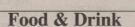
OSO WHITE BEAN CHILI 1 bag dried white beans 2 Oso Sweet Onions

cup celery (chopped) 1 tsp Oregano 1/4 cup Olive oil 2 each large green mild chili (de-

seeded)

1/2 cup Garlic (chopped) 1 pound ground chicken or turkey Puree 1 cup beans for a thick-

For info about sweet onions, visit www.ososweetonions.com.



(NU) - In a world of constant upheaval, cognac makers have always taken pride in how their centuries-old techniques never change. It's big news that these days the brandy is enjoying quite the renaissance among

bar and restaurant patrons of all age groups, cultures and regions.
Why the resurgence in appeal? According to spirit aficionados, it's largely due to the emergence of new ranges of the amber liquid that defy the drink's image as best enjoyed in winter. Two of the latest standouts, the aromatic CAMUS Elegance V.S. and V.S.O.P., are perfect yearround for their smoothness.

### Health

(NU) - The Mayo Clinic says the common cold is the number-one reason why children miss school. Children catch six to 10 colds a year, while adults catch two to four, and coughing is a key symptom. Dr. Jim LaValle, clinical pharmacist and founder of LaValle Metabolic Insti-

tute, offers advice for treating coughs:
• Honey: Myth or truth? Truth!

Opt for expectorants over suppressants. Read the labels.

LaValle recommends an over-the-counter cough syrup containing honey, such as Chestal. Learn more at www.chestal.com.

### Safety

(NU) - According to the National Institute on Deafness and Other Communication Disorders (NIDCD), age and hearing loss are strongly related. Nearly 30 percent of seniors from 65 to 74 years old suffer from a hearing disability.

The NIDCD reports that only one out of every five people who needs a hearing aid wears one due to the extravagant cost. Boardcertified ear physician Sreek Cherukuri's response was to develop affordable, effective hearing aids. MDHearingAid, www.mdhearingaid.com, offers inexpensive hearing aids and expert consumer

### **Finance**

(NU) - Save enough for your family. Experts advise saving between three and six months' worth of expenses for an emergency fund. Individual situations determine what amount is best.

Start small. It can be as simple as depositing \$100 into a high-interest savings account. Before you begin, be sure you're meeting your ba-

Consider online savings accounts. Many traditional banks aren't offering a savings option with interest rates high enough to meaningfully beat inflation. AAA and Discover Bank partnered to bring members competitive rates on online savings accounts.



Oso White Bean Chili is a hearty winter recipe; a crock-pot full of healthy compounds.

2 quarts chicken stock or water (to 2 tsp Cumin

Saute onions, garlic, celery, chilies, chicken/turkey for 10 minutes on medium heat. Add half of the chicken stock. Then add salt, pepper, oregano and cumin and simmer for 45 minutes. Then adjust with the remaining chicken stock. Combine all ingredients in crock pot or large heavybottomed pot, bring to a boil and then simmer overnight, or 8 hours.

er chili and serve. Garnish with shredded cheese, fresh cilantro, tarragon or basil, chopped Tabasco peppers, raw chopped Oso Sweet onions or hot sauce.