

## Haile Recently Honored

Evan Haile was recently honored as the recipient of the Glint and Donna Peoples Scholarship which is administered by the Sheriffs Assn. of Texas. Shown with Evan is her father, Sheriff Jack Haile, who asked by the Sheriff's Assn. to present the scholarship.

## Fund for Zelda Pickens Has Been Set Up

There has been a fund set up at Happy State Bank to help with Medical Expenses for Zelda Pickens.

## District Golf Held

The High School girls and boys golf teams recently competed at District. On Monday, March 31, the first round was held at Borger and the second round was played in Guyton on Monday, April 7. Jordan Confer shot a two-day total of 222 and will be advancing to the Regional Meet in Abilene on Monday, April 21 and 22<sup>nd</sup>. Kelsey Stein followed with a two-day total of 224 and Catheryn Arisano finished with a two-day total of 251. On the boys side, Cody Carter shot a two-day total of 187, Chris Hart - 201, Tyler Gilliland - 214, Klinton Keener - 221 and Roy Allen - 217, Rowdy Lerman - 255. The team placed 4<sup>th</sup> with 818 points.

Good Luck Jordan!

## Elks Summer Basketball Coke Fundraiser

Coming Soon-Elks Summer Basketball Coke Fundraiser. Sale will begin April 28 and will end May 5<sup>th</sup>.

All cokes must be paid for when ordered.

Coke Products and Water will be \$20.00 case

Powerade Products will be \$21.00/Case.

Contact Any JH or his Boys Basketball Player to place an order or call Dinah at 366-3300 or 753-7053.

## The Imagination Station "Week of the Young Child" April 22 & 24

The Imagination Station will host their annual "Week of the Young Child" theme of "On the Farm". April 22 will feature crops and machinery. April 24 will feature animals. The April 24 program is filled with some space available on April 22. This program is for pre-kindergarten through 2nd grade.

Weather Line  
366-2000

Sponsored by  
Stratford Grain &  
ADM/Alliance  
Nutrition

Greg Wright - 7 days a week, updating as needed



## Winners Named

Sherman County 4-H Fashion Show participants were Desinya Garza, Jacie Seward, Hanna Franklin, Landry Davis, Mary Ann Spurlock, Katie Killian, and Jennie Spurlock. (see story below)

## WINNERS NAMED AT 4-H FASHION SHOW

By Susie Spurlock

Eight Sherman County 4-H clothing project members competed in the county 4-H Fashion Show held April 7th in Stratford.

Participants were Mary Ann Spurlock, Desinya Garza, Jacie Seward, Landry Davis, Hanna Franklin, Russell Spurlock, Katie Killian, and Jennie Spurlock.

The Fashion Show teaches youth self confidence in modeling, clothing construction and care skills, buying skills, textiles, fibers, and fabrics, and self-expression through clothing. Jean Everett, Cindy Russell, and Jill Killian served as adult volunteer leaders for the project assisted by project member's parents under the direction of the Texas AgriLife Extension Service. Teen leaders for the project were Jennie Spurlock, Katie Killian, and Sunny Russell.

## LOCAL AMERICAN LEGION POST WINS AWARD Post 262

The local Howard Norvell Green Post 262 of the American Legion was named the top Post in District 18 for Membership at the District Convention held April 12, 2008 at Shamrock, Texas. The convention was hosted by the DeShazo-George Post 68, Shamrock, Texas.

The local Stratford Post ranked number 1 in the District which is composed of 25 posts in the top 26 counties of the Texas Panhandle. Post 262 achieved 138% of goal for the 2008 membership year.

Cont. on page 4



## Confer Advances

Jordan Confer, senior at Stratford High School will be advancing to the Regional Golf Meet in Abilene on April 21 & 22. Jordan is second individual medalist at District. Way to go Jordan!

## Free Mulch Available

Mulch is available for free at the City of Stratford Recycling Center during business hours.

## STRATFORD CHAMBER BOARD MEMBERS NEEDED

The Stratford Chamber of Commerce needs volunteers to serve on the Board of Directors. Due to various schedule conflicts, Jolie Asher and Shannon Sellers are the only remaining board members and the Chamber needs additional volunteers. The Chamber is organized for the purpose of advancing the agricultural, industrial, educational, civic and general interest of the City of the Stratford and the Sherman County trade area. The Chamber does not wish to close due to lack of interest, so please contact the office at 806-366-2260 or contact Jolie or Shannon by May 12 if you are interested in serving the citizens of Stratford.

## BEWARE! Password/User ID Request... a HOAX!

XIT Communications has received numerous calls from our customers regarding emails and phone calls from unknown persons, who are falsely representing XIT Communications. The emailer or caller is asking customers to provide them with their usernames and passwords. THIS IS A HOAX! Do not give out any of your personal information. XIT Communications will never request information in this manner. This includes usernames, passwords, social security numbers, or any other financial information. If you receive emails like this, delete them immediately. If you receive phone calls, try to get as much information about the calling person as possible and report it to the local authorities. Never give out personal information on an unsolicited phone call or email. No respectable company will ever make requests like these.

Intermediate - Dressy Daywear and Junior qualifiers. Desinya Garza, Construction - Casual Daywear, Landry Davis, and Hanna Franklin, Embellished Daywear. Jacie Seward was alternate winner in the Junior Construction-Dressy Daywear. Russell Spurlock, Hanna Franklin, and AJ Riffe were recognized as Rookies of the Year.

## Open House & Hamburger Feed to Be Held

On April 22 the City Recycling Center is holding their annual Open House and hamburger feed from 11:30 to 1:00 p.m.

## Annual Area Foundation Meeting to be held

The Stratford Area Foundation will be having their Annual Meeting on Thursday, April 24<sup>th</sup> at 7 p.m. at Sherman County Barn. Entertainment and refreshments.

Selected to represent Sherman County at the District 1 4-H Fashion Show to be held April 19 at Bushland Middle School will be: Jennie Spurlock, Senior-Buying Formal; Katie Killian - Senior Construction Dressy Daywear. Mary Ann Spurlock,

Construction-Dressy Daywear. Russell Spurlock, Hanna Franklin, and AJ Riffe were recognized as Rookies of the Year.

Jean Everett was recognized for her dedication and commitment to the 4-H Clothing and Textiles project area. Awards for the Fashion Show were provided by the Sherman County 4-H Parent-Leaders Association.

## AMARILLO VETERAN TO LEAD AMERICAN LEGION

June 30th will mean the end of a three year term for Barry Schoenhals of Darrrouzett as 18th District Commander of The American Legion, Department of Texas. At the annual spring convention held last Saturday in Shamrock, Amarillo legionnaire Roosevelt Sullivan was elected as Commander. Current Vice Commander, Robert Overton of Perryton was also replaced by Amarillo veteran Don Seager. Schoenhals and Overton will continue to serve the District as Adjutant and Historian respectively. Keith Wheatley and his wife, Susan will continue to serve as Sgt and Arms and Auxiliary President. Hazel Stumpf of Spearman will serve as Auxiliary Vice President. Roger Dempsay of Darrrouzett, who has served as District Chaplain for the past four years did not seek re-election.

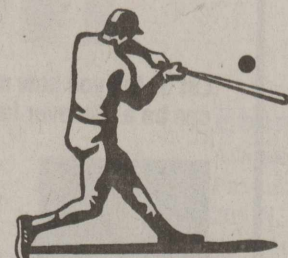
The event, hosted by DeShazo-George Post 68 of Shamrock

Cont. on page 4

## STRATFORD YOUTH BASEBALL ASSOCIATION

"MEET YOUR TEAM" COOKOUT  
PENDELTON PARK - FRIDAY, APRIL 18<sup>TH</sup> - 6:00 - 7:30p.m.

BURGERS HOT OFF THE GRILL WITH CHIPS, COOKIES AND ICE COLD SOFT DRINKS - \$5.00



PLAYERS COME MEET YOUR TEAM AND COACHES!  
THE ENTIRE COMMUNITY IS INVITED!  
COME OUT AND HELP US RAISE MONEY FOR OUR YOUTH BASEBALL ASSOCIATION, YOUR SUPPORT IS NEEDED!

## Letters to the Editor

### Stratford Ex-Student Reunion???

The Stratford Ex-Student Reunion has been held the last week-end in July for many years. (July 25-26, 2008) It can only happen with the help of the honored classes local ex-students. April 8 was a meeting of local honored class representatives, in order to update mailing list and identify the activities for each class. Out of a possible 23 representatives from 1948 to 1998 only two persons attended, 1948 and 1988 were represented. We need a little help here. Realizing the local ex's are home, reunion does not seem to important but to classmates away, that is what it is all about. This is only successful with long range planning (at least 3 months ahead) You never know when you might be inviting an ex-student who can help with Stratford's economic development.

### ELK TALES

By Lynda Hauser

We have an early release on Wednesday of this week. The students are dismissed, but the teachers stay for TAKS preparation. Wednesday (early release day) will be Fitness Gram day for high school students. This is a state-mandated report and will be conducted by the coaches and teachers on that day. Thursday is the high school band Concert/Site Reading Contest. The Regional Golf meet will be this coming Monday and Tuesday in Abilene.

Mrs. Davis says the 4th Grade Science Fair is coming up May 16. Mrs. Nusz's Third Grade Math classes are in the middle of math baseball season. Check out their article and picture in this paper.

Erik Ruiz won the Drawing competition at OPSU and received a scholarship for next year. Congratulations, Erik!

In biology, Mrs. Everett's classes will cover plants this week. Let's Make Arrangements will donate the flowers to dissect! TAKS Review, Tuesday night from 6 to 7 for juniors and sophomores.

Quote of the week: "We learn something every day, and lots of times it's that what we learned the day before was wrong."

### Presley Fund Set Up At Bank

A medical fund for the son of J.B. & Amanda Presley has been set up at the First State Bank of Stratford. For more information contact the First State Bank 396-5521.

On November 6, 2007, the City of Childress voted to sell and serve alcohol. On May 10, 2008 your community faces a crucial decision on the issue of alcohol sales. I have been living in Childress for only a year. Within that year, it is evident that Childress is a family-oriented community. We take pride in our community and provide activities that draw others from area towns. The pioneers of Childress and current individuals have worked hard to establish this family friendly environment. I'm sure the same could be said of Stratford, Texas. Many communities do not enjoy the positive environment as we do. I would like to share with you some of the reasons why I am concerned about and opposed to this proposition of alcohol sales within Stratford.

1 Youth who drink alcohol are 7 1/2 times more likely to use any illicit drug, more than 22 times more likely to use marijuana and 50 times more likely to use cocaine than youth who never drank. (Source: Center on Addiction and Substance Abuse)

2 Alcohol kills 6 1/2 times more young people than all other illegal drugs combined. (Source: Pacific Institute for Research and Evaluation)

3 The use of alcohol is associated with most other forms of drug use and is directly linked to violence, fighting, negative attitudes, academic failure and poor health practices. (Source: Pacific Institute for Research and Evaluation)

4 Across the state of Texas, alcohol is the most widely used and abused drug among students. (Source: 2006 Texas School Survey of Secondary Students)

5 In 2005, underage drinking cost the citizens of Texas \$5.2 billion. These costs include medical care, work loss, and pain and suffering associated with the multiple problems resulting from the use of alcohol by youth. This translates to a cost of \$2,209 per year for each youth in the state. (Source: Miller, T.R., Levy, D.T., Spicer, R.S., & Taylor, D.M. [2006]. Journal of Studies of Alcohol, 67[4], 519-528)

6 A study of changes in alcohol outlet density over time as related to violence found that regardless of other neighborhood characteristics, an increase in outlets (package stores) increased violence. In neighborhoods with a high minority population and low incomes, the effect was more than four times greater than for the statewide sample of communities. (Source: Pacific Institute for Research and Evaluation)

7 A study done in 1995 showed that each additional alcohol outlet (package store) that was located in a community was associated with 3.4 additional assaults per year. (Source: Scribner, R., Mackinnon, D. & Dwyer, J. [1995]. American Journal of Public Health, 85[3], 335-340)

8 In 2005, underage drinkers consumed 20.3 percent of all alcohol sold in Texas, totaling \$1.7 billion in sales. Strong evidence exists which suggests that increased local access leads to an increase in underage consumption of alcohol. (Source: Miller, T.R., Levy, D.T., Spicer, R.S., & Taylor, D.M. [2006]. Journal of Studies of Alcohol, 67[4], 519-528)

9 The proportion of underage drinkers who report drinking heavily (five or more drinks at a

sitting) is higher than for adults who consume beverage alcohol. While about 43 percent of adult drinkers report heavy drinking on one or more occasions in the past month, 50 percent of 12-14 year-old drinkers, 65 percent of 15-17 year-old drinkers and 72 percent of 18-20 year-old drinkers report heavy drinking in the past month. In short, young people who do consume alcohol are more likely than adults to drink heavily. (Source: Pacific Institute for Research and Evaluation)

While some communities may see an increase in tax revenue through the sale of beverage alcohol, the "hidden" costs of alcohol sales (code enforcement, alcohol related accidents, violence, assaults, etc.) are significant.

The environmental and cultural influences upon potential consumers - especially as these impact the lives and views of young people - are substantial. For example, alcohol is cheap and becoming cheaper. The real price of alcohol has been steadily dropping for the last five decades. Cheap beers are now roughly the same price as popular brands of soft drinks.

There is another reality: Americans are bombarded with \$4 billion of alcohol marketing each year and such advertising often uses youth-oriented themes. (Source: Pacific Institute for Research and Evaluation)

Childress began selling alcohol in February, 2008. In that short time, we have read many alcohol related incidents in the newspaper that required assistance from our police departments. By driving thru Childress, one can see the increase in beer cans and bottles on the side of the roads.

From my perspective, the true economic benefit of alcohol sales is difficult to quantify.

On the other hand, the potential risks and dangers of increased alcohol sales are obvious to me. Because of the issues and reasons above, I want to encourage you to vote "no" to local alcohol sales on May 10th in Stratford.

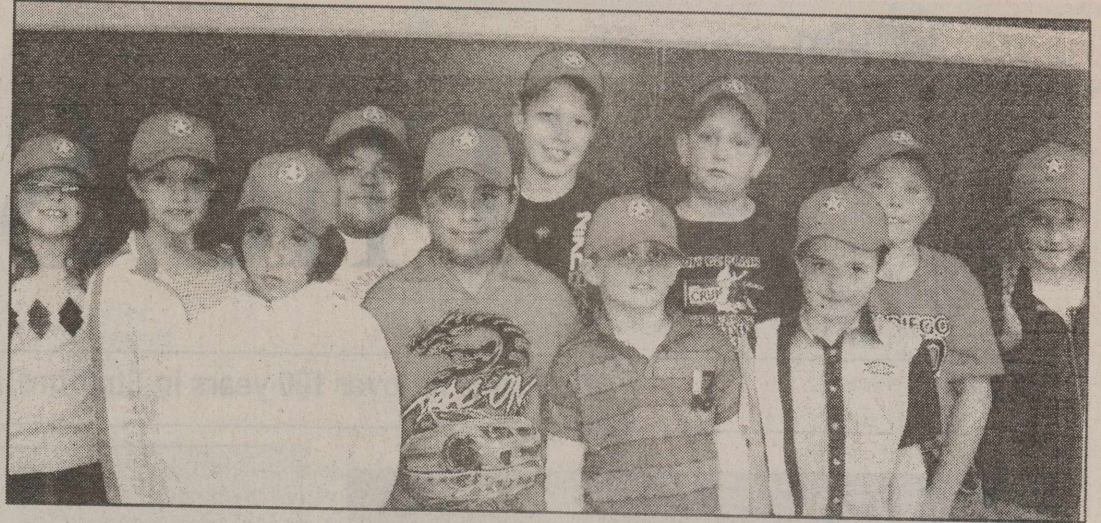
Chad King, Pastor  
First Baptist Church  
Childress, TX

Dear Voters,

Have you registered to vote in the May 10 election? If not you are too late, registration to vote must be 30 days before an election. For those of you who are registered to vote, early voting begins April 30 through May 6. What will you vote on? Only the community life changing proposition of selling packaged Liquor in Sherman County. It is sad that there will be NO election for School Board, City Council or Hospital District. On most of the boards we have people serving that have not stood for an election. I guess we need to be thankful there are person who will serve. Is the community really satisfied with the way things are managed and are not willing to share the responsibility. Your vote is very important. The last liquor proposition was defeated by only 3 votes!

Gaynelle Riffe

Jean Baptiste le Moyné, Sieur de Bienville traveled down the Mississippi River establishing six new cities for France, including the city that grew to become known as New Orleans.



### Baseball Season In Third Grade

Baseball season has already started in the Third Grade. Students have been reviewing TAKS test objectives in order to score points for their home room team. The highest scoring class each week is allowed to show their pride by wearing baseball caps all day at school on Friday. The scores are Blackmore Bears-0, McKinney Mavericks-1, Nusz Nuggets-2. Pictured wearing their caps are the McKinney Mavericks. The caps were donated by Happy State Bank. At the end of the season (6 weeks) the students will be able to keep their caps in appreciation for their hard work!

### Food

(NU) - What can you do to get your children's nutritional habits on track and moving in a healthy direction?

• **Take a look.** Check out the U.S. Department of Agriculture's MyPyramid for kids online at [www.mypyramid.gov](http://www.mypyramid.gov).

• **Check ingredients.** Ingredients such as whole-grains and foods with oils derived from corn, soybean, canola and olive oils are good picks.

• **Get moving.** Have fun in the outdoors.

• **Set limits.** Limit television and computer time to encourage your children to spend more time being active.

For more information on healthy habits, visit the National Children's Cancer Society at [www.beyondthecure.org](http://www.beyondthecure.org).

## Want to Buy Indian Arrowheads

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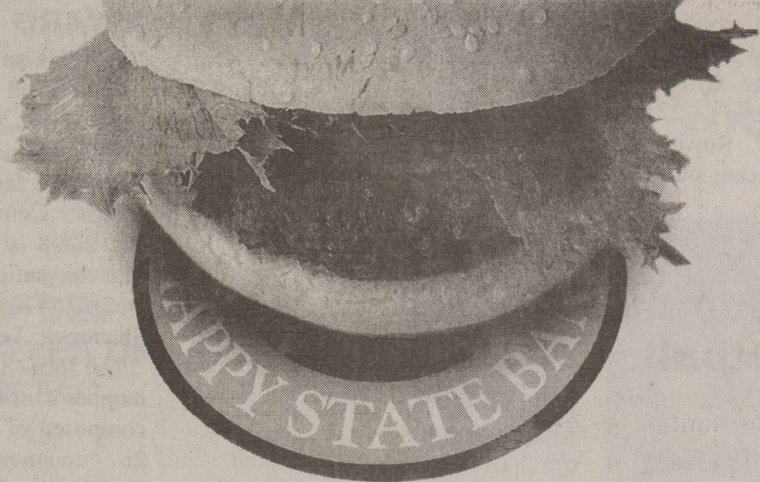
6th Annual • Customer Appreciation Cookout

## Free Burger Feed!

Everyone is Invited!

Friday, May 16th • 11:30am~1:30pm

The Stratford Fire Department Building



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UIL  
**CONCERT SIGHT READING CONTEST**  
April 17  
At Boys Ranch  
Big Blue Band  
performs at  
6:30 p.m.

Kyle Horsford - Kyle is a member of the Elk football, basketball, and track teams. He is also a member of the student council. Kyle is also active in 4-H shooting sports and showing pigs. He is a freshman at Stratford High.

**Duncan Chevrolet**  
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**NCS**  
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Guymon, Okla

Movies Beginning April 18th

**Forbidden Kingdom**  
PG-13 Jet Li Jackie Chan

**Stop Loss**  
R Ryan Phillippe

**Prom Night**  
PG-13 Brittany Snow

**Street Kings**  
R Keanu Reeves Chris Evans

**Nim's Island**  
PG Jodie Foster Abigail Breslin

**Leatherheads**  
PG-13 George Clooney Renee Zellweger

**Never Back Down**  
PG-13 Djimon Hounsou

**Drillbit Taylor**  
PG-13 Owen Wilson

**Horton Hears a Who**  
G Animated (Jim Carey)

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# Kerrick News

By Marylou McDaniel

A great grandson of the late Nadine Miller was born Sunday April 6 at BSA Hospital in Amarillo. He is the son of Allison Altman and Willie Adams. Elijah Daniel weighed 2 pounds 15 oz. He was 10 weeks early. Bonnie Miller Altman of Amarillo is a grandmother. The Miller girls, Bonnie and Debbie, grew up in Kerrick.

Marylou and Mike McDaniel spent April 3-7 in Denver with Patti McDaniel Patti and Marylou attended opening day of Rockies-Diamondbacks baseball game on Friday and the Saturday game. Lost both games but they have been doing better since then.

They saw a stage production of "My Fair Lady" with Sharon Martenson Powell, and her daughters Sarah and Kristen

Jo June McDaniel spent a day last week seeing doctors in Amarillo

Florencia Eslinger's daughters, Mindy of Houston and Becky of Dumas, spent Sunday with her.

## Ex-Students Reunion July 25-26

New addresses are needed for ex-students. Do you have a change of address for family, friends and class mates? We need them now to mail information before the stamp raise in May. Please call Gaynelle Riffe 396-5303 or B. A. Donelson 366-5905.

## Rush Information Meeting April 27th

Amarillo Panhellenic will host a mother/ daughter Rush Information Meeting on Sunday, April 27 at 3:30 p.m. at First Presbyterian Church, 1100 S Harrison, Amarillo, Texas. Please enter through the north side doors.

All Amarillo area high school senior women who are interested in going through Rush for membership in college sororities should attend this meeting to receive information on Rush packets and deadlines. A short discussion will be part of the meeting.

For information, please call Emmy Watkins 335-6131.

Frederick A. Cook discovered the geographical North Pole in 1908.



SATURDAY, MAY 31, 2008--7PM

FIRST BAPTIST CHURCH, STRATFORD, TEXAS

TICKETS \$25 CALL 806-396-5554



## Martins to Perform in Stratford

The Martins are coming to First Baptist Church of Stratford, Saturday, May 31, 2008 with special guests the 4Given Quartet. The Martins have traveled with the Gaither Homecoming, and have appeared at the White House for President Bush and First Lady Laura Bush, as well as with Billy Graham. It is rare to have someone of this caliber in Stratford. Don't miss your only chance to see the Martins in this area for 2008!!!!Call the First Baptist Church office at 396-5554 for tickets or contact any Ministerial Alliance pastor.

\*\*\*\*\*  
**THE GARDEN GATE**  
 There's a new greenhouse in Stratford! Mary Carter is now open as of April 16, 2008.  
**I will be there EVERYDAY!**  
**M-Sat. 9 a.m.—7 p.m.—Sunday 1-5 p.m.**  
**Mary Carter**  
**Hwy 54—Next to Acquisitions—806-753-6884**  
 \*\*\*\*\*

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On May 29, 1953, Sir Edmund Hillary and Sherpa mountaineer Tenzing Norgay became the first climbers known to reach the summit of Mount Everest.

- First Assembly of God**  
 Kevin Anderson, Pastor  
 921 Fulton  
 Sunday School 9:45 am  
 Morning Worship 10:45 am  
 Evening Worship 6:00 pm  
 Wed. Bible Study 7:00 pm
- First Christian**  
 Rev. Charles F. Fische, Interim Pastor  
 5th & Main  
 Sunday School 9:45 am (nursery)  
 Morning Worship 10:45 am (nursery)  
 No Sunday Evening Worship Service  
 Wed. : Youth Choir 3:45 pm, Chi Rho 5 p.m.,  
 CYF 6 p.m., Bell Choir 6:50 p.m., Adult Choir 8 p.m.
- First United Methodist**  
 Rev. Gene Weinette  
 520 N. Main  
 Sunday School 9:20 am  
 Morning Worship 10:30 am  
 Junior High UMY 5:00 pm  
 Senior High UMY 6:00 pm
- St. Joseph Catholic**  
 6th & Pearl  
 Rectory - 366 - 5687  
 Sunday morning: 8:00a.m. (English), 9:30 (Spanish)  
 Sacrament of Reconciliation: Before Mass. or by appt.  
 Christian Formation Classes: K-6th Grade, Wed. afternoon  
 Jr. & Sr. High, Wed. - 6:30-8:30 p.m.
- Church of Christ**  
 Ernie Maiwald  
 N. 3rd & Chestnut  
 Sunday School 9:30 am  
 Morning Worship 10:30 am  
 Evening Worship 5:00 p.m.  
 Wednesday Bible Study - 7:00 p.m.
- Heritage Bible Baptist**  
 Pastor Rick Carter  
 302 S. Main - For More Info—call 396-2212  
 Morning Worship - 11 a.m.  
 Evening Service 6 p.m.  
 Wed. Service - 7:30 p.m.
- First Baptist**  
 Pastor Jason Stone  
 702 N. 3rd  
 Sun.—Coffee - 8:30 Sunday School - 9:30  
 Worship Service - 10:30  
 Wed. -Children—6:00, youth—7:00
- La Mision Bautista**  
 Mision Bautista  
 401 S. Wall 396-5376  
 Domingo-(Sunday)  
 Estuela Dominical 9:45 am
- Miercoles (Wednesday)  
 Servicio De Adoracion 11:00 am Estudio  
 Biblico & Servicio De Oracion 6:00 pm  
 Servicio De Adoracion 6:00 pm Se Cuidamos  
 Susninos Durante El Servicio.

## The Churches of Stratford Welcome You



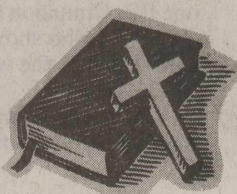
**1 Timothy 4:8**  
 For bodily exercise profiteth little: but godliness is profitable unto all things, having promise of the life that now is, and of that which is to come.

## This Page Sponsored by

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**Eben-Ezer Templo Hispano**  
 Asambleas De Dios  
 Pastor: Juan M. Valenzuela 806.366.3071  
 205 N. Poplar - Hwy 287 806.268.2188  
 Escuela Dominical 10 a.m.-12:00 p.m.  
 Servicio De Adoracion 5 p.m.-7:00 p.m.  
 Miercoles: Servicio De Adoracion 6 -8 p.m

**Kerrick Community Church**  
 Pastor Roy Harris  
 Community Building  
 Sunday Morning - 11:00 a.m.  
 Sunday Evening-6:00 p.m.  
 Prayer Meeting - 7:00 p.m. Wednesday



A study of changes in alcohol outlet density over time as related to violence found that regardless of other neighborhood characteristics, an increase in outlets (package stores) increased violence. In neighborhoods with a high minority population and low incomes, the effect was more than four times greater than for the statewide sample of communities. (Source: Pacific Institute for Research and Evaluation)

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Keeping you informed!  
 Don't forget to vote "NO" on May 10th!



## 15 Years, 4500 Babies In Dumas Women's Health Center

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**Legion Post**  
Cont. from page 1

Mr. Harry Hicks, Division 4 Commander from El Paso, Texas presented the Membership Certificate Award on behalf of the Department of Texas. He also presented the post with the 4th Division Commander Certificate of Excellence for outstanding achievement; Assisting Mr. Hicks was Mr. Barry Schoenhals, District Commander,

Representing the Stratford Post was Mr. Wayne L. Smith, Post Commander and Mr. Claude Fedric, Post Vice-Commander. District Commander Barry Schoenhals indicated that the revival of the Stratford Post is a great story of what a little determination and perseverance can accomplish. The members of the Stratford Post 262 have worked extremely hard to revive a post that was almost dormant a couple of years ago.

Mr. Smith stated, "We are extremely proud of the Stratford Post. Our members are determined to make a difference in our community." I am excited about the future of our post and I know that our members will work very hard to achieve our goals".

**Amarillo Veteran**  
Cont. from page 1

began last Friday evening with a social at the Post Home which was attended by Department dignitaries from El Paso and Austin.

Approximately 60 delegates and guests attended the convention and represented Posts and Units from Amarillo, Borger, Dumas, Hedley, Claude, Nazareth, Darrouzett, Perryton, Shamrock, Wheeler, Stratford, El Paso, Austin and Plainview. The convention was dedicated to "All Veterans".

Addressing the convention was Dumas Post 224 Commander David Rehkopf, who spoke on the need to involve younger veterans and their families. Rehkopf also leads the District's only American Legion Riders Chapter, an organization of American Legion members who support charitable causes through their common interest in motorcycling. The American Legion Riders have earned well over a half million dollars in direct support of scholarships for the children of fallen heroes in The War on Terror. Also addressing the convention was Shamrock mayor, Wendell Morgan, City councilman and Mayor elect Buc Weatherby and local Pastor Joe Jernigan. 4\* Division Commander, Harry Hicks also addressed the delegates and spoke of the need to advance awareness through education and cooperation. Hicks is a retired Army Command Sergeant Major with over 30 years of military service and commands The American Legion's 4th Division which takes in 5 districts in the Panhandle and Western Texas.

Hicks and Schoenhals presented 22 Certificates of Meritorious Service and Gratitude to District leaders, special guests and Membership Achievement Awards to Posts from Claude, Shamrock, Hedley, Stratford, Canadian and Booker. Amarillo Post 54 retained the District Commander's Trophy for having the most delegates in attendance, edging out Darrouzett by one member..

**Cards of Thanks**

The Junior Class and their sponsors would like to give a special thanks to all the parents who worked so hard to make the prom such a success! We appreciate all your hard work and effort to make our prom such a memorable event.

Dear Friends, Thank you so much for all the care and love you have shown, not only since Mother's passing, but over the last few years. We appreciate those who helped care for her by taking her places, and being 'on call' when the family was out of town, for keeping an eye on her house and all the other acts of kindness you have shown us. To her caretakers and the staff at Coldwater Manor, we will never forget the love and care you gave to her, and us. Thank you for the prayers, calls, cards, and food. And thanks to those who took part in the service, Gene, Marihoward and the choir, and Brett, it was very special to us. We appreciated all the hugs, and all the shared memories. Mom loved living her '96' years in Stratford and she loved each of you. We are so fortunate to call Stratford, "our hometown". Bill and Glenda Dyess and family, Ernie and Natacha Dyess and family, Ellen and Sandy Tillery and family

First, we want to express our deepest appreciation to the Stratford EMTs who responded to the call. Thank you Jimmy, Larry, and Verlie for assisting God in performing a miracle early that Tuesday morning. You are the very best! We have been blessed beyond belief (both in the hospital and since we have been home) with cards, calls, flowers, visits, and food. Thank you to all our friends for making us feel so loved. Some of you (you know who you are!) have gone far beyond the call of duty!! To our amazing families who seem to think of everything we want or need, we love you all! The road to recovery is not a short one, but we are confident that the path will be paved with your prayers. Words are inadequate in situations like this, but please know that you all have touched our hearts.

With love,  
Brad, Kaci, Kade & KenLee

On behalf of the Stratford Youth Basketball, I would like to say THANK YOU to the following who coached a team this year: 2-4 grade Girls: Barney Willborn, Scott & Patty Law, Connie Biddy and Jordan Confer. 2-4 Boys: Tres & Danna Hess, Brad McBryde & Gared McBryde, Keri Harris, Brenda and Stephanie Bell, Sheryl Allen, 5-6 Girls: Johnny Mungia, Rachelle Long, Connie Biddy, Daina Butler, April Peregrino, Shane Palmer and Ashley Elerick. 5-6 Boys: Brenda & Stephanie Bell, Chet Everett, & Christy Burr. I would also like to say THANK YOU to the following volunteers for referring our games: Brenda Bell, Connie Biddy, Jimmy Lanning, Justin Lanning, Adam Bell, ViAnn Reed, Brent Reed, Duane Mungia, Coby Galla, Judd Butler, Rachelle Long, Stephanie Bell, Jordan Confer, April Peregrino, Barney Willborn, Scott Law, Gared McBryde, Tres Hess, Shanda Davis, Thank you to Connie Biddy for taking care of the gym and pictures. THANKS CONNIE FOR ALL YOUR HELP!!! Thank you to all the parents who helped out with keeping books and clock and helping with clean up. Thank you to Stratford ISD for letting us use the gyms. I hope I have not left any one out, if I have, I do apologize, everyone's help was greatly appreciated!

Kendra Mungia  
STRATFORD YOUTH  
BASKETBALL

**HEALTH**



**Retention Plans Help Offset Nursing Shortage**

(NU) - The country's nursing shortage continues to cause concern. Hospitals with insufficient staff are having to shut down beds and even emergency services, a threat to us all. Research indicates that by 2014, 1.2 million new and replacement nurses will be needed to fill vacancies nationwide. The shortage is being caused by a host of factors, such as a growing demand for healthcare as our population ages, accelerated retirements in an extremely stressful work environment and fewer nursing graduates to replace those who retire.

However, strategies to turn around the nursing shortage are being addressed throughout the healthcare profession. In addition to higher pay, better benefits and more flexible hours, professional recognition is playing an important role in hospital-retention programs.

The Daisy Foundation has developed "The Daisy Award for Extraordinary Nurses" to aid in the recognition of nurses and possibly reverse this unsettling trend. And in partnership with the Daisy Foundation, all participating Cinnabon bakeries will give away one free Cinnabon Classic Roll to all nurses who show their healthcare ID badge the week of May 5-11, 2008.

For more information, visit [www.daisyfoundation.org](http://www.daisyfoundation.org).

**New York Times Best Sellers @ Your Library Fiction**

By Sandy Baskin-Librarian

- Fiction
1. Compulsion by Jonathan Kellerman
  2. The Appeal by John Grisham
  3. Remember Me? By Sophie Kinsella
  4. A Thousand Splendid Suns by Khaled Hosseini
  5. 7th Heaven by James Patterson
  6. Winter Study by Nevada Barr
  7. A Prisoner of Birth by Jeffrey Archer
  8. Dead Heat by Joel Rosenberg
  9. Guilty by Karen Robards
  10. World Without End by Ken Follett
  11. Buckingham Palace Gardens by Anne Perry
  12. Blue-Eyed Devil by Lisa Kleypas
  13. Killer Heat by Linda Fairstein
  14. The Winding Ways Quilt by Jennifer Chiaverini
  15. Duma Key by Stephen King
  16. Honor Thyself by Danielle Steel
  17. Water for Elephant by Sara Gruen
  18. Friday Night's Knitting Club by Kate Jacobs
  19. The Other Boleyn Girl by Philippa Gregory
  20. The Road by Cormac McCarthy
  21. Atonement by Ian McEwan
  22. No Country for Old Men by Cormac McCarthy
  23. Peony in Love by Lisa See
  24. Love in the Time of Cholera by Gabriel Garcia Marquez
  25. The Boleyn Inheritance by Philippa Gregory
  26. The Thirteenth Tale by Diane Setterfield
  27. The Naughty Neighbor by Janet Evanovich

- Non-Fiction
1. Mistaken Identity by Don & Susie Van Ryn
  2. I Am America (Arid So Can You) by Stephen Colbert
  3. Lone Survivor by Marcus Luttrell
  4. Eat, Pray, Love by Elizabeth Gilbert
  5. The Audacity of Hope by Barack Obama
  6. John Adams by David McCullough
  7. Marley & Me by John Grogan
  8. 90 Minutes in Heaven by Don Piper
  9. The Innocent Man by John Grisham
  10. Grace (Eventually) by Anne Lamont
  11. The Secret by Rhonda Byrne
  12. Women & Money by Suze Orman
  13. Become a Better You by Joel Osteen
  14. The 4-Hour Workweek by Timothy Ferriss
  15. The Dangerous Book for Boys by Conn Iggulden
  16. The Daring Book for Girls by Andrea Buchanan
  17. The Total Money Makeover by Dave Ramsey
  18. The Purpose Driven Live by Rick Warren
  19. Rich Dad, Poor Dad by Robert T. Kiyosaki
- To check the availability of these items go to [www.hclib.org/stratford](http://www.hclib.org/stratford). Next click on "Search the catalog" and search Sherman County Library. Call 366-2200 and we will be happy to place a hold on the item for you.

**Health**

(NU) - An overwhelming majority (78 percent) of American voters say they would vote for congressional candidates who would strengthen Medicare coverage for power wheelchairs, oxygen devices, hospital beds and other durable medical equipment and services used in the home, according to a 2007 survey. Homecare is a very cost-effective method for nearly 8 million Americans who depend on homecare for medically required services and equipment. For more information on homecare, visit [www.aahomecare.org](http://www.aahomecare.org).

**Health**

(NU) - In the United States, one out of every two men and one out of every three women will develop cancer at some point during his or her life, according to the American Cancer Society. Patients, their families and their friends should know their rights - rights that could make all the difference during and after cancer treatment:

- You have the right to ask questions. Ask as many questions as you need to until you feel comfortable, and be cautious of doctors who won't answer your questions.
- You have a right to know about side effects. Every treatment has some kind of side effect. Learn about side effects as you weigh which treatments are best for you and your lifestyle.
- You have a right to understand your costs. Treatments can be expensive. Ask your doctors and insurance providers before treatment begins about your costs so you and your family can plan ahead. For a free brochure on understanding cancer treatments, visit [www.rtranswers.org](http://www.rtranswers.org).

**Arts**

(NU) - The 2008 "Lilly Oncology on Canvas" art competition, which is open to all U.S. and Puerto Rico residents, is currently looking for entries in the form of oil paintings, watercolors, acrylics, photography, pastels and mixed media. "When we launched 'Oncology on Canvas,' we hoped to create a forum where those affected by cancer could express their hopes and fears," said Dr. Richard Gaynor, vice president of cancer research for Eli Lilly and Company. The deadline for submissions is June 30, 2008. For more information on how to enter the 2008 "Lilly Oncology on Canvas" competition and to receive a participant pack, call 800-734-4131 or visit [www.LillyOncologyOnCanvas.com](http://www.LillyOncologyOnCanvas.com).

<p><b>Business Directory</b></p> <p>WALTER LASLEY &amp; SONS INC. THE Feedyard Since 1953 753-4411</p>	<p><b>Stratford Hospital District</b> Coldwater Manor Stratford Family Medical Clinic Stratford EMS Proudly serving the medical needs of Stratford and Sherman County</p>
<p><b>Stratford Grain Co.</b> Stratford 396-5541 Lautz 769-4485 4 North Main</p>	<p>TRCC # 11427 <b>PALMER CONSTRUCTION</b> New Construction Remodeling Roofing Free Estimates 610 E. Taylor P.O. Box 217 Texline, TX 79087 806-333-4253 806-362-4253</p>
<p><b>Stratford Auto Electric</b> 119 S. Wall, Stratford, Texas 79084 Phone 366-5941 366-5857 Alternator, Starter, -Magneto Repair Since 1964</p>	<p><b>Jae Taylor, Photography</b> PO Box 27 1305 N Chestnut Stratford, TX 79084 806-366-2459 Weddings, Portraits, Etc.</p>
<p><b>Betty Brown's Medical Claim Service</b> PO Box 20118 Phone 806-367-5617 Amarillo, TX 79114 Cell 806-367-0070</p>	<p><b>Ivy Insurance Agency</b> Joanie Ivy Auto • Home • Life • Commercial Buse: (806) 396-5810</p>
<p><b>This Space Available</b></p>	<p><b>Duncan Chevrolet</b> P.O. Box 610 Stratford, TX 79084 Phone 806-366-5557 www.duncanchevrolet.com E-mail <a href="mailto:duncanch@xif.net">duncanch@xif.net</a></p>
<p><b>A&amp;I PARTS CENTER</b> AUTOMOTIVE AND INDUSTRIAL PARTS 201 N. 2nd Street - Stratford, TX 79084 Tele (806)366-5592 * Toll-free 800-624-5494 Fax (806)366-2583</p>	<p><b>Jesse's Gun Shop</b> Gun Repairs • Sales • Cleaning Hours: Mon. - Fri. - 1730 - 2000 Sat. - 0900-1600 Near Rescues: (806) 763-4454 111 S. Maple (806) 366-3134 Shop Stratford, TX 79084</p>
<p><b>DON'S COLLISION CENTER</b> Owner - Don Aduddell 319 S. Poplar Office 806-396-2812 • After hours 806-366-3233</p>	<p><b>Your Home Town Pharmacy..</b> ELK PHARMACY 317 N. Main P.O. Box 360 Stratford, TX 79084 806-366-4505 Gayland Vandiver, R.Ph. Debbi Vandiver/ Owners Certain Cards...Millionaire Candy...Gifts... - Quokis and Balloon Bouquets</p>
<p><b>FARM BUREAU INSURANCE</b> National Quality Award—35 Year Member <b>JOE FLORES</b> AGENT Office Phone/806-396-5538 Bus. Phone/806-396-2422 Residence/806-396-5389 Fax/806-396-2113</p>	<p>P.O. Box 25 Hwy 287S. Stratford, TX 79084</p>

**Government**

(NU) - The government's efforts to stimulate the U.S. economy by sending out checks to workers could backfire, suggests a survey asking consumers what they will do with their checks. Nearly three-quarters of those asked said they will either pay down debt or save the money that's being sent to them as part of an economic stimulus package. The goal of the program is to have the people spend the money, which only about a quarter said they would do.

"Overspending is the problem, not the solution," says Eric Solis, a certified financial planner and chief executive officer of SAVE252. "A sound, long-term savings program like an IRA will help you reach your financial goals sooner."

For more information and more money-saving options, go to [www.save252.com](http://www.save252.com).

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Of all nature's gifts to the human race, what is sweeter to a man than his children?  
—Marcus Tullius Cicero

\*\*\*  
In three words I can sum up everything I've learned about life: It goes on.

—Robert Frost



It Pays To Look In The

# Star Classifieds

Phone 366-5885

..The Best Salesperson Around

## Help Wanted

Part-Time Help Wanted: Acquisitions is looking for someone (19 or over) to work part-time. Must be available to work most Saturdays. Please contact Karen or Dana at 396-5691 or apply in person.  
4-24-c-2x's

Coldwater Creek Cattle Co., a feed yard located 3 miles West of Stratford is seeking a full time employee. Cowboy experience is required. Must be dependable and responsible. Competitive References are required. Please call (806) 727-4646 for more information.  
4-17-4-24-2x's-c

Maintenance Man position opening at Coldwater Manor. Apply in person. Must speak English  
4-17-2x's

Coldwater Manor has openings for 1-LVN-PRN and 1-CNA Apply in person.  
4-17-c-2x's

Hourly Worker wanted: Good pay w/benefits. Call Joe Hernandez at 806-344-7424.  
4-17-2x's

Cimarron Feeders needs a full time member to join the Pen Riding Team. Excellent facilities, team atmosphere & respect for refined skills and quality performance. Great benefits that include: Medical & Dental Insurance as well as 401 K, vacation, & bonuses. Questions? Call: Garrett @ 580-543-6383 ext. 1646. Must pass physical and drug test. EOE.  
4-10-2x's

A&I Parts Center in Stratford is looking for a full time warehouse employee, job duties include stocking parts and pulling orders as well as other duties. Must be able to lift 50 lbs. Applicants must be dependable. Benefits include health insurance, vacation and holiday pay. Contact Bryan at 806-366-5561. We are an equal opportunity employer.  
3-13-tfn

Part-time position available for active Non-Profit Association. 10-20 hours per week. Flexible hours. Administrative duties include clerical, receptionist, correspondence, bookkeeping, event coordination and special projects. Computer skills a must. Please send resume and contact information to P.O. Box 751, Stratford, TX 79084.  
3-20-3-27-c-2x's

Counter Sales Person needed at A&I Parts in Stratford. Applicants must be dependable. Benefits include Health Insurance, vacation and holiday pay. Contact Coby at 806-366-5592. We are an equal opportunity employer.  
3-6-tfn

## For Sale

For sale: Approx. 1000 sq. ft. of oatmeal colored carpet. Good Condition. \$500.00. For more information call 806-753-7644.  
5-2-3x's

A brand new twin mattress and box. Sealed in plastic w/warranty \$100-806-341-6233.  
2-7-08-tfn

BED-\$250-Brand Name King PT Mattress Set. NEW in plastic, warranty. 806-341-6233.  
2-7-08-tfn

NEW QUEEN Pillow Top mattress set. Unopened, w/warranty. Sacrifice \$150 806-341-6233.  
2-7-08-tfn

Mattress Set-Queen orthopedic \$140 Must Sell, Still in plastic. 806-341-6233.  
2-7-08-tfn

Full size mattress set-Brand new, still in package. Sell for \$125. 806-341-6233.  
2-7-08-tfn

For Sale or lease 212 N. Poplar 40' by 60' office building. Call 806-679-5585.  
11-1-tfn

DEKALB Bar Double Diamond Seed 1580-544-2545-1-580-517-1700  
1-24-08-tfn

NASA VISCO memory foam mattress set, never used, must move \$350. 806-341-6233.  
2-7-08-tfn

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Three grand essentials to happiness in this life are something to do, something to love and something to hope for.  
—Joseph Addison  
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## Houses for Sale

Lindahl Realty, LLC  
701 S. Bliss/PO Box 572  
Dumas, Texas 79029  
806-935-7300  
Check out our Website  
www.lindahlrealty.com  
For Details!!!

Residential Property  
14433 Hwy 287 Stratford  
\$127,500

408 N. 8th Stratford  
\$85,000

402 N. 8th Stratford  
\$20,000

911 Chestnut Stratford  
\$89,900

N. Hwy 287 Approx. 5.5 ACS  
Sherman Co., Cactus, Texas  
\$179,500

Commercial Property  
501 S. Poplar Stratford  
\$29,900

301 N. Poplar Stratford  
\$275,000

## Tips For The Perfect Paint Job

(NAPS)—Springtime is the perfect time to update your home with a fresh coat of paint. And you can get professional results without the expense of hiring a professional. It's easy when you know their secrets.

They know that if you prime first, then paint, your paint job will look better and last longer. Here's why:

• **Primers hide previous colors**—even the darkest blues and deepest reds—far better than paint alone and prevent them from showing through or changing the color of the top coat. They'll make your new paint job look more vibrant and even.

• **Primers work hard to block stains.** If you try to cover a stain with a fresh coat of paint, the stain will probably bleed through—no matter how many coats of paint you apply. Quality primers seal in stains and prevent them from ruining your paint job.

• **Primers prevent common paint problems.** Because primers are formulated to prevent problems such as cracking, peeling and blistering, they'll make any painted surface more durable and washable—and last much longer!

• **Primers provide a sound base for paint.** Paint is formulated to provide rich, beautiful color—but don't expect it to do a



Don't try to cover a stain with a fresh coat of paint—use a stain-blocking primer instead.

primer's job. High-quality primers are rich in resin and provide a firm base for paint to adhere. Primers such as Zinsser's Bulls Eye 1-2-3® even stick to glossy, hard-to-paint surfaces without sanding, so you can paint paneling, cabinets, glossy paints, vinyl siding and more.

Here's a little secret from the pros: By tinting your primer toward your paint color, you'll use less paint—plus get all the benefits of priming. Just ask your paint store or home center associate to add the same colorant they use to mix your paint.

Remember, if you want to paint like a pro, prime like a pro. For more helpful "tips" for a professional-quality paint job, visit [www.zinsser.com](http://www.zinsser.com).

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Three grand essentials to happiness in this life are something to do, something to love and something to hope for.  
—Joseph Addison  
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## Public Notices

PROPOSED ORDINANCE  
#2008041001

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF STRATFORD REGULATING THE SALE OF ALCOHOLIC BEVERAGES BY ANY DEALER WITHIN THE PROXIMITY OF CHURCHES, SCHOOLS AND HOSPITALS WITHIN THE CITY LIMITS OF THE CITY OF STRATFORD, TEXAS.

WHEREAS, it is necessary for the purpose of regulating the sale of alcoholic beverages within the proximity of churches, schools, and hospitals within the City Limits of the City of Stratford, Texas;

NOW THEREFORE, BE IT ORDAINED BY THE CITY COUNCIL OF THE CITY OF STRATFORD, TEXAS:

(a) The city hereby enacts regulations prohibiting the sale of alcoholic beverages by a dealer whose place of business is within three hundred feet of a church, public school, or public hospital.

(b) The measurement of the distance between the place of business where alcoholic beverages are sold and the church or public hospital shall be along the property lines of the street fronts and from front door to front door, and in direct line across intersections. The measurement of the distance between the place of business where alcoholic beverages are sold and the public school shall be in a direct line from the property line of the public school to the property line of the place of business, and in a direct line across intersections.

(c) The city may allow variances to the regulation(s) if

the city determines that enforcement of the regulation(s) in a particular instance is not in the best interest of the public, constitutes waste or inefficient use of land or other resources, creates an undue hardship on an applicant for a license or permit, does not serve its intended purpose, is not effective or necessary, or for any other reason the court or governing board, after consideration of the health, safety, and welfare of the public and the equities of the situation, determines it is in the best interest of the community.

Published in The Stratford Star, Thursday, April 17, 2008 and Thursday, April 24, 2008

## Legal Notices

Estate of Joan Bell, Deceased  
In the County Court of  
Sherman County, Texas

NOTICE TO ALL PERSONS HAVING CLAIMS AGAINST THE ESTATE OF JOAN BELL, DECEASED

Notice is hereby given that original Letters Testamentary for the estate of Joan Bell were issued on 4/11/2008 in Cause No. 2138, in the County Court of Sherman County, Texas, to E. R. Bell.

The residence of the Independent Executor is Stratford, Sherman County, Texas; the post office address of the attorney for the Estate is:

Kyle Lewis  
Attorney at Law  
P.O. Box 718  
Dumas, Texas 79029-0718

All persons having claims against this Estate which is currently being administered are required to present them within the time and in the manner prescribed by law.

DATED this 7th day of April, 2008.

MOORE, LEWIS & RUSSELL, P.C.

713 Bliss, P.O. Box 718  
Dumas, Texas 79029-0718

Phone: (806) 935-9272  
Fax: (806) 935-9354

Attorney for Applicant  
Kyle Lewis

State Bar No. 12295500  
Published in The Stratford Star,

Thursday, April 17, 2008

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The lack of objectivity, as far as foreign nations are concerned, is notorious. From one day to another, another nation is made out to be utterly depraved and fiendish, while one's own nation stands for everything that is good and noble. Every action of the enemy is judged by one standard—every action of oneself by another. Even good deeds by the enemy are considered a sign of particular devilishness, meant to deceive us and the world, while our bad deeds are necessary and justified by our noble goals which they serve.  
—Erich Fromm  
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He who truly knows has no occasion to shout.  
—Leonardo da Vinci  
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## Houses for Sale

Ranch style home for sale by owner. 619 N. 5th; 2354 total sq. ft. 1980 sq. ft. ground level plus an additional 374 sq. ft. basement. 3 bedroom, 3 1/2 baths. Master suite w/large master bath. 2 fireplaces plus central heat/air. Sits on 3 1/2 lots, detached two car garage, covered patio, and privacy fence. 24 x 30 additional shop. Basement has one bedroom plus a large media room. Sprinkler system front/back. A home you must see! Call 753-7315 or 753-6484 for appointment.  
2-28-tfn

2 houses for sale:  
514 N. 8th Street  
2 bedroom, new windows & doors, new fence, 2 storage sheds, garden space and some cement in backyard, new siding, 800 sq. ft.  
719 N. Pearl Stratford, TX fixer upper. 2 bedrooms, satellite dish, 1 bath, needs around \$10,000 in work but is livable. Will sell both houses for \$20,000. Contact Ron Solberg- 505-632-2044 (New Mexico#) or 806-366-3049 (Stratford#)  
17-c

## House for Sale

1217 N. Butler

Beautiful home app. 2800 sq. ft. 3 bedroom, 2 baths, den and living room w/fireplace, 2 car garage, sprinkler system

Contact: Neal Flathers 806 434-1407



Neal Flathers  
neal@texpand.com  
www.texpand.com

417 S. Amberst  
Perryton, TX 79070  
Office (806) 434-1407  
Fax (806) 435-5123  
Mobile (806) 202-0746

## ENVIRONMENTAL

# 'Peanut Hotline' Helps Shipping Go Green

NewsUSA

(NU) - In today's environmentally conscious world, it's clear that recycling has become more than just a trendy, passing phase. According to the U.S. Environmental Protection Agency (EPA), the popularity – and necessity – of recycling everyday materials has grown dramatically in less than 20 years.

The EPA reports that today, Americans recycle 32.5 percent of their waste. This number is almost double what it was 15 years ago, proving that consumers are understanding the value of recycling everyday materials more than ever before.

With that in mind, it should satisfy many that one of the biggest creators of waste – shipping products – has an ally in the fight to go green. For those who receive a package by mail and wonder what to do with the plastic peanuts left in the box, there's now an environmentally friendly answer. The Peanut Hotline, a reuse program started by the Plastic Loose Fill Council, gives consumers a place to drop off packing peanuts for reuse. Additionally, Pak Mail packing and shipping centers across the country have teamed up with the Plastic Loose Fill Council to reuse the packing peanuts collected by the program.

As the most successful packaging reuse program in the country, the Peanut Hotline directs consumers to the nearest location that accepts plastic loose fill prod-



Packing peanuts are being reused and recycled, thanks to Pak Mail and the Peanut Hotline.

ucts for reuse. So far, the program has referred over 1 million consumers to local businesses near them that help to further the cause. The program allows an average Pak Mail store to save more than 50 percent on the cost of new loose fill purchases.

"It's our hope that consumers will continue to access the Peanut Hotline to recycle packing products and use Pak Mail to further promote the use of those recycled materials," said Rhonda Knight, Director of Marketing at Pak Mail.

In addition to their recycling programs, Pak Mail centers around the country offer a complete menu of packing and shipping services. For more information and locations, call (800) 778-6665 or visit [www.pakmail.com](http://www.pakmail.com). To find a local packing peanut drop-off center near you, call (800) 828-2214 or visit [www.loosefillpackaging.com](http://www.loosefillpackaging.com).

## Automotive

(NU) - According to a recent survey conducted by the U.S. Department of Transportation, more than 241 million registered vehicles will be traveling U.S. roadways this spring. Many of these cars, trucks and SUVs may have just weathered the harsh conditions and corrosive elements associated with winter, including freezing rain, snow, ice, sand and salt. To be prepared for the changing weather and road conditions of spring, proper tire inflation is essential. This increases automotive safety and optimum driving performance and provides significant cost savings, including better fuel mileage. For more helpful car care advice or information on tires for cars, light trucks, SUVs and more, visit your local Goodyear retailer or go online to [www.goodyear.com](http://www.goodyear.com).

## Home

(NU) - Concrete construction is not what people generally think of when they consider the main material their home should be made from. Most assume that a house is built from wood frames and insulation. However, what they don't realize are the many benefits concrete can provide. Concrete masonry is built to last and is a solid investment for your family in terms of both value and safety. Insurance companies recognize concrete as being safer than any other form of construction material when fire threatens a home. If you would like more information about how concrete masonry can make your life easier, visit [www.ncma.org](http://www.ncma.org).

\*\*\*\*\*  
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Expanding Our Business!  
  
\* Tanker Drivers Needed  
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Dedicated to Diversity EOE  
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## TAX DEFERRAL AVAILABLE FOR ELDERLY HOMEOWNERS

Texans aged 65 or older can postpone paying delinquent and current taxes on their homes. They can take advantage of a tax option called "over-65 deferral" by signing an affidavit at the Sherman County Appraisal District office.

If the affidavit is on file, an older homeowner cannot lose a homestead because of delinquent taxes. Once a homeowner files an over-65 tax deferral affidavit with the appraisal district, no taxing unit can start or continue a lawsuit for delinquent taxes as long as that person owns and lives in that home. The tax deferral only postpones paying delinquent taxes on the home; it does not cancel them.

The form and more information are available at the Appraisal District office, 402 N. 3rd Street in Stratford or call (806) 366-5566.

## Free Newsletter Keeps Citizens Informed on Groundwater in the Panhandle

With concerns about the future of our groundwater supplies in the public eye right now, there is a way for citizens to stay informed on the activities and services of the North Plains Groundwater Conservation District.

The North Plains Water News is published quarterly, and contains information on District events and programs, current research in groundwater and water conservation, as well as helpful tips to conserve water for home owners and businesses. In addition, information on water legislation at the state level is covered. The newsletter is one program of the District intended to provide timely and useful groundwater information to the citizens of the District.

The newsletter is free to the public, and all interested persons are urged to contact Rhonda Artho at 806-935-6401 to be placed on the mailing list.

## Burke Bell Memorial Scholarship Applications Available

The Dalhart Office of First Ag Credit, PCS will award the 22nd annual Burke Bell Memorial Scholarship to a deserving graduating high school senior. The scholarship will be awarded in the amount of \$1,000.00, to be paid \$500 for the '08 fall and '09 spring semesters.

The applications have been mailed to area counselors in the Association's territory of Dallam, Hartley, Sherman and Moore counties. Applications are also available by calling the Dalhart Credit Office at (806)249-2611 and should be returned to the office at 201 West 5th no later than Friday, April 25th.

The eligibility requirements for the scholarships are as follows:

1. A resident of Dallam, Hartley, Sherman or Moore counties of Texas;
2. A "B" average or (80 or above);
3. A well rounded student with a good attitude.

There are no restrictions on the college or university to be attended by the recipient or the field of study to be entered by the recipient.

The award is named in honor of Burke Bell who served as manager of the Federal Land Bank Association of Dalhart from 1960 - 1982.

Past recipients include: Daniel C. McCann, Kristina S. Altman, Delia E. Jenkins, Michia D. Lunt, Gregory L. Pool, Tara J. Porter, Brent D. Shoulders, Justin D.

Carthel, Clinton D. Vincent, Michelle L. Pearce, Randa L. Clayton, Kiki D. Carthel, Kimberly G. Weatherford, Travis S. Zinck, Ross W. Jones, Kamber N. Sherrod, Elizabeth A. Davis, Julie M. Kimball, Hollye N. Callis, Chelsea A. Hand; Thea D. James, Adam J. Ford, Samantha M. Crum, Brett D. Gibson, Katie J. Moore, Whitney A. White, Benjamin D. Moore, Ashlee B. Clock, Mary A. Green, Kayla B. Willard, Nathan French and Jessica A. Borman.

\*\*\*  
The most effective kind of education is that a child should play amongst lovely things.  
\*\*\*

—Plato

## The Panhandle Artists' Hanging

The Amarillo Museum of Art and the Art Museum Alliance present the PANHANDLE ARTISTS' HANGING, Friday May 9 - Sunday, May 18 at the Amarillo Museum of Art, 2200 South Van Buren.

The Hanging is a unique initiative designed to give artists of all ages and levels of experience an opportunity to exhibit their work in a museum setting. It is open to any artist working in any medium. Only one work per person is allowed. The show is hung, by the artist, salon style from floor to ceiling.

Artists may hang their work on Thursday, May 8, 5 p.m. - 9 p.m. and on Friday, May 9 from 10 a.m. - 4 p.m. All work must be dry and ready to hang; AMoA will furnish pins, nails, hammers and a limited number of pedestals. Work may not exceed 5x5. Label material will be furnished. No additional label material will be allowed.

There will be an Opening Party on Friday, May 9 from 6:30 p.m. - 8:30 p.m. Admission is \$10 per person. AMoA members are free.

All artwork submitted is subject to review to assure the exhibition is appropriate for an audience of all ages. For additional information, please call the Museum at 806-371-5050.

STEAK 'N' ASPARAGUS  
When stalking the perfect steak, asparagus are usually nearby. Here's one example:

Ingredients:  
3 pounds of rib steak  
18 asparagus stalks  
4 Idaho Potatoes, peeled and quartered  
Butter  
Olive oil  
Salt  
Paprika

Directions:  
Slowly grill the steak in plenty of butter and olive oil, turning with a tong so as not to pierce the meat. A 1-inch-thick cut should be done in 11 to 14 minutes.

Place potatoes in a 350-degree oven, salted and sprinkled with paprika a half hour before the steak.

Stir-fry the asparagus stalks when the steak and potatoes are nearly ready.

Artfully place the beef over the asparagus and roasted potatoes. When finishing the dish, a sprinkle of spice is nice.

\*\*\*  
Talent is formed in solitude, character in the bustle of the world.

—Johann Wolfgang von Goethe

\*\*\*  
Don't say things. What you are stands over you the while, and thunders so that I cannot hear what you say to the contrary.

—Ralph Waldo Emerson

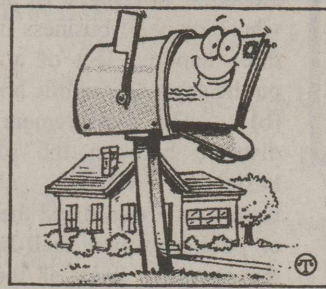
## Did You Know?

(NAPS)—Overlooked until recently by some homebuyers and real estate agents, the Federal Housing Administration (FHA) loan is reclaiming its status as an affordable loan. It now comes with more buyer-friendly features than in the past. To learn more, visit [www.bankofamerica.com](http://www.bankofamerica.com).

\*\*\*  
The United States Fire Administration launched the Smoking & Home Fires Campaign to help prevent smoking-related fires. For more information, visit [www.usfa.dhs.gov/smoking](http://www.usfa.dhs.gov/smoking) or call (800) 561-3356.

\*\*\*  
One of the latest developments in online data collection is a type of search engine that specializes in collecting in-depth information in particular topic areas. One of the most successful of these vertical search engines is called GlobalSpec. Learn more at [www.globalspec.com](http://www.globalspec.com).

\*\*\*  
While there is no denying that the most important attribute of every meal is taste, plating like a professional can take the next meal you serve from decent home cooking to decadent five-star fare. Consider serving a sparkling mineral water, such as S.Pellegrino® Sparkling Natural Mineral Water, with red meats, and a still, nat-



ural spring water, such as Acqua Panna® Natural Spring Water, with white meat, fish and light fare. If the dish being served is colorful, try serving it on a simple, single, complementary-colored plate.

\*\*\*  
For suggestions on saving money and energy and protecting the planet from global warming, visit the National Wildlife Federation Web site at [www.nwf.org/goodneighborhood](http://www.nwf.org/goodneighborhood) or call (800) 822-9919.

\*\*\*  
For food safety information about meat, poultry or egg products, call the USDA Meat and Poultry Hotline at 1 (888) MPHotline or 1 (888) 674-6854, type a question into "Ask Karen" ([www.AskKaren.gov](http://www.AskKaren.gov)), go to [www.fsis.usda.gov](http://www.fsis.usda.gov) or visit [beefood safe.gov](http://beefoodsafe.gov).

## Honor Rolls

### Mary Allen Elementary Honor Roll 5th Six Weeks

Alexander Aldavaz  
Francisco Barajas  
Bret Barnard  
Gage Brooks  
Zorro Daniels  
Katie Dennis  
Julio Duran  
Hannah Franklin  
Nancy Garay  
Ella Godsey  
Karina Henderson  
Fernando Jacquez  
Terrel Keksi  
Nicolle Law  
Brenda Luque  
Kyfar Ontiveros  
Daniela Reyes  
Blake Snider  
Russell Spurlock  
Stephanie Vasquez  
Tristan Weinette  
RaeLeigh Willborn  
Wesley Allen  
Yadhira Chavoya  
Kevin Hernandez  
Ty Hess  
Jackson McBryde  
Michael McKinney  
Alex Riffe  
Alexie Wright

### 5th 6-weeks Honor Roll High School

Catheryn Arisano  
Carlos Armendariz  
Cynthia Armendariz  
Brooke Barnard  
Heidi Brooks  
Eric Burton  
Raquel Carrillo  
Matthew Chaffee  
Brianda Chavoya  
Jordan Confer  
Kristen Crabtree  
Bryce Cummings  
Kelsi Dennis  
Roberto Duran  
Severo Duran  
Sinead Everett  
Michael Frizzell  
Sandro Gomez  
Luke Haile  
Braden Hamilton  
Chris Hart  
Courtney Hartman  
Chandra Hawkins  
Kyle Horsford  
Katherine Killian  
Trenda Maiwald  
Alex Martinez  
Deborah Molina  
Eduardo Niave  
Miranda Olivias  
Lucero Ortega  
April Peregrino  
Britten Pickens  
Jose Reta  
Janeth Reyes  
Austin Riffe  
Margarita Rocha Zubia  
Becky Rosaes  
Anthony Ruiz  
Sunny Russell  
Daisy Ruvalcaba  
James Smith  
Jennie Spurlock  
Kelsey Stein  
Tyler Wright  
Channing Zieman  
Brian Zinck

## HEALTH

### Tips to Prevent Backaches From Ruining Your Day

NewsUSA

(NU) - As temperatures increase, so do our activity levels. Often we find ourselves performing tasks we've done our entire lives. Activities that require bending and wrenching the lower back may not have affected us in the past years, but they can sneak up quickly. They can easily become painful and, in some cases, keep us from doing the things we enjoy so much.

Besides surgery, there are few treatments that can cure back pain, but there are preventive measures that can be taken to keep the aches and pains from occurring:

- First, you may want to check with a physician to see if you have pre-existing conditions.

- If you sit for extended periods of time at work, interrupt your sitting to get up and move around. Try sending a fax, making a copy or even taking a walk on your lunch break.

- Be certain you have a good sitting position at work or in your car. Your knees should not be higher than your hips. Make a habit of keeping your hips towards the back of your chair.

- If you're gardening or performing any other activity that requires prolonged or repeated bending at the waist, straighten your back often and walk around. Intermittently stretch by performing a standing backward bend by placing your hands in the small of your back and bending backward five to 10 times.

- When lifting an object from



Gardening for extended periods of time can become a significant source of back pain.

the ground, get as close as possible to the object; bend your knees while you keep your back erect as you squat; straighten your knees, not your back, as you lift the object upward; pivot your feet and do not twist your back as you move the object to another location; and as you lower the object to the ground or other surface, get as close as you can to the surface.

- Avoid slouching postures immediately following a physical activity while your body cools down. Often this is the time that back pain develops - not during the physical activity itself.

If you do have pain and need temporary relief for muscles or joints, apply ice and an over-the-counter medication like Absorbine Jr. pain-relieving liquid. Menthol, along with a proprietary blend of natural herbal extracts, penetrate into injured tissue to relieve backaches.

For more information, visit [www.absorbinejr.com](http://www.absorbinejr.com).

## NOTICE

### THE SHERMAN COUNTY COURTHOUSE IS NOT A STORM SHELTER

The Sherman County Courthouse is not a public shelter and is not intended to be available to the public for protection from disasters or storms (such as tornados). The Courthouse is not structurally sound, has a great deal of exposed glass, and is not designed to be a safe refuge in case of storms or disasters.

If you seek shelter at the Courthouse during a storm or disaster, you do so **AT YOUR OWN RISK**. Sherman County has no liability for any injuries or deaths that occur to any persons seeking shelter at the Courthouse during a disaster or storm.

If a storm or other disaster occurs after business hours, the only door open to the public will be the west basement door by the tax office.

## AVISO

### EL PALACIO DE JUSTICIA DEL CONDADO DE SHERMAN NO ES UN REFUGIO DE LA TEMPESTAD

El Palacio de justicia del Condado de Sherman no es un refugio público y no es pensado estar disponible al público para la protección de desastres y tempestades (tal como tornados). El palacio de justicia no es estructuralmente sólido, tiene mucho vidrio expuesto, y no es diseñado para ser un refugio seguro en caso de tempestades ni desastres.

Si usted busca refugio en el palacio de justicia durante una tempestad o un desastre, usted hace así **BAJO SU PROPIA RESPONSABILIDAD**.

El Condado de Sherman no tendrá obligación para ningunas heridas o muertes que ocurran a ninguna persona quien busca refugio en el Palacio de justicia durante un desastre o tempestad.

Si una tempestad u otro desastre ocurre después de horas de oficina, la única puerta abierta al público será la puerta occidental del sótano al lado de la oficina de impuestos.

## Automotive

(NU) - When it comes to auto care, spring is the best of all seasons. Maintenance and service now will undo winter's wear and tear and prepare your vehicle for warm-weather driving ahead. The experts at the non-profit National Institute for Automotive Service Excellence (ASE) suggest looking for an orderly repair shop with modern equipment in the service bays and qualified automotive technicians as evidenced by trade school diplomas, certificates of advanced course and ASE certifications. Visit [www.ase.com](http://www.ase.com) for more car care tips.

## Health

(NU) - Many of our troops returning from the wars in Iraq and Afghanistan are still facing a battle - one against traumatic brain injury (TBI). Thousands of injured service members and veterans are returning home from Iraq and Afghanistan with hopes of transitioning into successful civilian life. For many of these individuals, gaps and barriers to health care, job training and employment, housing, recreation and transportation limit their ability to fully participate in family and community life. Easter Seals has stepped up to offer help and hope for veterans with TBI. For nearly 90 years, they have been providing and advocating for services that change the lives of people living with disabilities and their families. To learn more, visit [www.easterseals.com](http://www.easterseals.com) or call toll-free 866-423-4981.