

The Roundup

Friday, July 11, 1986

VOLUME XXXVIII

NUMBER 27

20 Pages

Lubbock, Texas 79408

Serving the Reese Community Since 1948

In Memory



Captain Gloria Patrick Holbrook

Oct. 2, 1959 - July 3, 1986



High Flight

Oh, I have slipped the surly bonds of earth
And danced the skies on laughter-silvered wings;
Sunward I've climbed, and joined the tumbling mirth
Of sun-split clouds—and done a hundred things
You have not dreamed of—wheeled and soared and swung
High in the sunlit silence. Hov'ring there,
I've chased the shouting wind along, and flung

My eager craft through footless halls of air.
Up, up the long, delirious, burning blue
I've topped the windswept heights with easy grace
Where never lark, or even eagle flew.
And while with silent, lifting mind I've trod
The high untrespassed sanctity of space,
Put out my hand, and touched the face of God.

Gone, But Not Forgotten

Gloria Holbrook was born and reared in the military tradition. Born to Col. and Mrs. Richard Patrick (USAF, retired) on Oct. 2, 1959, in Mountain Home, Idaho, she grew up to complete her schooling with bachelor's and master's degrees in engineering from the AFROTC program at the University of California at Berkeley in 1982.

In 1983, she graduated from Undergraduate Pilot Training at Williams AFB, Ariz. She had served as an instructor pilot at Reese since April 1984.

In the two years that she was with us, her dedication to excellence and her outgoing friendship touched the hearts of all those she had come to know.

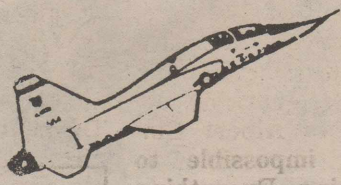
There were no dry eyes as we said our goodbyes to Gloria. As Chaplain Winburg read "High Flight," the words cut like a hot sword, touching all with the realism of the moment. We had lost a fellow aviator, an outstanding officer, a close friend and a beautiful person.

A highly respected pilot, top instructor and friend to all, she will be missed but never forgotten.

Col. and Mrs. Richard Patrick (USAF, retired), parents of Capt. Gloria Patrick Holbrook, wish to express their sincere appreciation to the Reese Air Force Base community for their support and hospitality given during their time of grief.

As I See It...

By Col. James McIntyre
Wing Commander
64th Flying Training Wing
Reese AFB, Texas



DEPARTMENT OF THE AIR FORCE
HEADQUARTERS 64TH FLYING TRAINING WING (ATC)
REESE AIR FORCE BASE, TEXAS 79489-5000
Office of the Wing Commander

To the men and women of the 64th Flying Training Wing, I have asked that we dedicate this week's Roundup to an outstanding Air Force officer and instructor pilot, Captain Gloria Holbrook, who was fatally injured last Thursday. We grieve her loss, and she will not be forgotten.

I believe Captain Holbrook would want us to press on with our mission with renewed determination. The business of flying is unforgiving and inherently risky. Captain Holbrook knew that--we all know that--yet we, like she, accepted that risk from the start, because we understand that the risk is overshadowed by the deep calling of our profession, and the part that we play in the defense of our country.

Reese Air Force Base trains the best pilots in the Air Force. Captain Holbrook was proud to be a part of that. So, let's re-dedicate ourselves to the safe accomplishment of our UPT mission in her memory as we move forward in the continuing pursuit of excellence.

I firmly believe that is what Captain Holbrook would expect of us, and want most.

James W. McIntyre
JAMES W. MCINTYRE, Colonel, USAF
Commander

The Roundup

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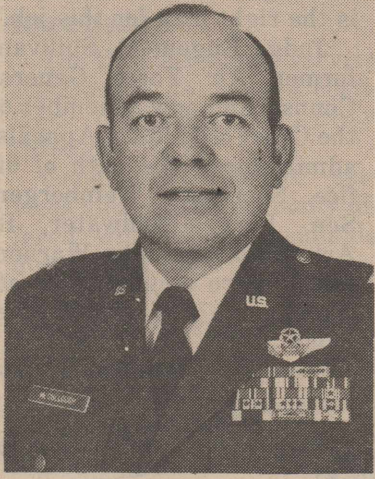
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Wing Commander Col. James McIntyre
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Commander's column

'Get involved' is the answer



by Col. Donald J. McCullough
Deputy Commander for
Resource Management

"Get Involved" is the Answer!

How many times have you taken on a responsibility to do something and couldn't get any help to accomplish the task? Obviously this doesn't apply to your everyday jobs in a military organization—but community events, volunteer positions in various organizations, and a host of other activities often fail to reach their established goals due to the lack of involvement.

At the same time these events are occurring, many people are prone to voice their opinion as to "how

things are run." To a large degree, it is this same group of personnel that are content to stand on the sidelines and not "get involved."

As we observed the many activities on the Fourth of July, we were reminded once again how fortunate we are to live in a democratic society and how important the freedom is that we have in our daily lives. With that comes the freedom to be "passive" or "active." While we have heard "The Air Force is a Great Way of Life" and "The Air Force takes care of its own," we must never forget that these are action state-

ments—they imply action and participation from everyone.

As commanders and supervisors, we know how important it is to know our people and to understand what is going on with their lives. Problems like alcoholism or drug abuse signs are often subtle and, if we are too engrossed in our own work and personal lives, warning signs may be overlooked or escape our attention. At the same time, personal rewards for service to your fellowman are extremely high.

Numerous activities on Reese AFB survive only because of volunteers. The

CGOC, NCOA, AFSA, NCOGA, and a host of other activities and clubs accomplish many things to help improve the Air Force, our base, society, and many individuals.

You can't be involved in all these activities, but at least you can choose one or two that could benefit from your time and talents.

The next time someone asks you to "get involved" or donate your time on a weekend, recognize that your participation does make a difference! If we each make a contribution for the "Reese Team" effort—it will be easy for everyone.

Free yourself from bonds of mental stagnation

by SMSgt. Thomas E. Sterling
first sergeant
377th Services Squadron
Rhein-Main AB, West Germany

Why is so much emphasis placed on job creativity? Improved productivity and increased morale are two possible answers.

Promoting creativity in the work place should be an important task of all supervisors and managers. What can we do to make our facilities different and improved in appearance and atmosphere? How might improved technical methods, management systems and human development techniques be recognized and successfully introduced into our work place? These subjects present challenges requiring a great deal of thought.

To establish and maintain a creative organization, one point is essential: The organizational climate must be conducive to a free flow of ideas at all levels. Subordinates must feel they are truly part

of the decision-making process, not just a name in the organization.

What about personal creativity? How do we, as individuals, stack up? Some time ago it dawned on me that I had not had a truly original idea or creative thought in years. I had become a mental puppet. My strings were being pulled by network news programs, news and business publications, associates and others. The views I expressed were not my own. I was simply agreeing, taking the easy way out. This is not creative thinking.

I venture to say that 90 percent of the world's population suffers from mental stagnation.

To free ourselves from its bonds, I suggest we become walking questions marks, looking at everything around us. We should question with an open, knowledge-seeking mind.

Think about it. All of the scientific, literary, political

and social breakthroughs have been accomplished by 10 percent of the people. What on earth are the rest of us doing? We listen but don't hear. For better or worse, we follow, relegating ourselves to the ranks of the faceless and nameless followers of the few.

Creative thinking is useless if not accompanied by action. Our creative thoughts must be shared with humanity for the betterment of the race. No one has ever crossed a bridge while it was still in the mind of the designer.

According to Albert Einstein, it is impossible to create anything. Everything we need is already here. All we have to do is become super sleuths. What we really do when we say we create is recognize, organize and materialize what is already available.

"Recognize" implies maintaining an awareness of our environment from all possible viewpoints. When do we have a definable or potential pro-

blem area? Are we responding to changes in technology and human attitudes and values? If so, are we responding correctly, and quickly?

"Organize" means we must "put our ducks in line." We are constantly bombarded with opportunities. We must pick those that are timely, useful and productive. Once we have made the decisions, we group the ideas, intuitions or opportunities into a usable plan.

"Materialize" is the step that turns ideas into action. During this phase we must be

alert to subtle changes, both in the environment and within ourselves. This helps us to fine-tune the end result.

Following these easy steps can help you join that 10 percent who are change agents—walking question marks.

A message in a factory window during the Depression is appropriate: "If you are like a wheelbarrow, going no further than you are pushed, do not apply for work here!" I suggest that you choose to be not the wheelbarrow, but the person who moves it to constructive action.

Kudos to...

Capt. Jeff Smith, 1st Lt. Chris Jergens, 2nd Lt. Andrew Zaprzala, and 2nd Lt. Marry Lowt for their outstanding contribution to the 1986 AFA Membership Drive. Through their efforts Reese produced 166 new members—from General Andrew P. Iosue, commander, ATC.

MSgt. Vernest Davis for rendering prompt and unselfish assistance to a victim of a recent traffic accident in Lubbock. MSgt. Davis rendered immediate aid to the victim and directed traffic until emergency response vehicles arrived.

Careline

The CARE Line is prepared by Col. James McIntyre, 64th Flying Training Wing commander, on a weekly basis. All information provided to the CARE Line will be held in strict confidence. Callers are urged to give their name and duty telephone number so that a personal reply may be made; however, neither are mandatory. Callers should use the CARE Line only after all possible means to air their views or complaints through the chain of command have been exhausted. The CARE Line number is 885-(Ext.) 3273.

Sick dog costly

My new dog appeared sick on Sunday and I took it to the Vet on an appointment basis on Tuesday. The admin help there was great but the vet didn't appear to care much about the dog's welfare. We were in and out in about three minutes. All the Vet did was look at the dog's teeth, give him rabies and parvo shots and advise us on future needs.

Within two hours, my dog was completely immobile so we took her to the emergency room. She is still in the hospital with parvo and my wallet is \$300 lighter. In my opinion, the care my dog got from the Vet was next to worthless. I thought you should be aware of this and that perhaps you could look into this a little closer.

I have done some checking but as

far as I can tell, our Vet., Captain Gary Yaucha, is the one who's being given a bad deal.

First of all, I'm told by two parties present that it was you who rushed through your appointment by being in a hurry to leave from the time you got there, and that initially you only asked the Vet for your dog's needed shots.

It's important to remember that our Vet clinic is essentially a vaccination clinic offering service one or two days a week. It is not a full-service veterinary hospital.

Also, I am told that because of the nature of the Parvo virus, it is not possible for a veterinarian to tell that the virus is present during the 3-7 day incubation stage. Since your dog appeared healthy during the visit and only showed symptoms of Parvo within two hours of visiting the vet, that would tend to indicate the dog was in the late stages of incubation at the time of your visit or that the dog had an allergic reaction to the vaccine. In either case, that's not something a vet can control, again, due to the nature of the Parvo virus.

Plan timely lawn mowings

I think the base policy to make sure

that people in base housing cut their grass on Monday needs to be changed. Last Monday we had terrible weather—high winds and heavy rain. On Tuesday they held a housing inspection and I got my first yellow ticket for the lawn not being mowed in the three years I've been here. When I tried to get an explanation from the Mission Support Squadron people who performed the inspection, all I got was a bureaucratic run-around and an inspector who I felt spoke rudely to me. I'd still like to know why they performed the inspection instead of waiting another day?

Housing inspections are conducted each Tuesday. At the direction of the base commander, the inspector in your case was a 3500 MSS member. I'm told your apparent "run-around" was an attempt by the MSS staff to get the two of you talking to each other so you could get your question answered.

There is no requirement to mow your lawn on Monday—only that the lawn must pass inspection on Tuesday. I'd suggest that people who are going to be away for the weekend either cut their lawn before leaving or make arrangements for someone else to take care of the yard while they are away.

Lost wallet returned—intact

I'd like to thank Tina Pachecano and her son Jesse. I lost my wallet last week and Jesse found it in the field. His mother returned it to me with my \$26 still in the wallet. I appreciate the effort Jesse and his mom made to return my wallet.

Nice going Jesse, it appears your mom and dad are raising you with a great set of values and concern for others, and that's the true Reese spirit!

No recognition in the Roundup

I work in Data Automation and my complaint is that our DPI was awarded the IPC of the year for ATC yet we haven't gotten any recognition in the Roundup. They have been putting us off and saying they didn't have room for us, yet we see photos of the Home of the Month for someone who cut their grass.

The Date Processing Installation (DPI) story appeared in last week's Roundup and the staff is sorry for the delay. Finding enough space to print the stories of everybody who's doing things right at Reese is a constant problem.

Aldridge sworn in as secretary of the Air Force

WASHINGTON (AFNS)—Edward C. "Pete" Aldridge Jr. was sworn in as Secretary of the Air Force June 27 in a ceremony hosted by the Secretary of Defense at the Pentagon.

Calling his swearing in as the 16th Secretary "The fulfillment of a dream," Mr. Aldridge said he was assuming leadership of an Air Force that was in the "best shape ever."

Secretary Aldridge said, "The quality of our Air Force people is outstanding, and, compared to five years ago, we are up in every single measure of combat capability."

The secretary noted the future would be "much tougher." He predicted that with defense monies harder to get from Congress, "Some tough decisions will have to be made about how to best allocate our resources."

Mr. Aldridge promised Secretary of Defense Caspar Weinberger that the Air Force will continue to be a "team player."

He told Mr. Weinberger, "We are a team. We are team players. We will continue to be part of the Department of Defense team—working with our sister services and being as cooperative as we can."

In remarks before the swearing Secretary Weinberger called Mr. Aldridge a "Doer" with a remarkable record of accomplishments.

Mr. Weinberger noted that the new secretary is a strong supporter of high technology and an articulate advocate of the Air Force's role in space. As under Secretary of the Air Force for the past five years, Mr. Aldridge has overseen the Air Force's space programs.

Secretary Weinberger said, "As we pursue the president's Strategic Defense Initiative, Secretary Aldridge's space program background, his expertise in strategic defense and his commitment to the program will be enormously useful."

With more than 13 years in the Department of Defense, Mr. Aldridge is a strategic arms expert. He has been an adviser to the Strategic Arms Limitation talks, served as Deputy Assistant Secretary of Defense for strategic programs and as a principal adviser to the Secretary of Defense in the planning and evaluation of the U.S. Forces and support structure.

Mr. Weinberger said, "There is no doubt we are going to need all of Secretary Aldridge's talents: Clearly he is the right man for this job."

Judge Eugene R. Sullivan, former Air Force General Counsel and now a member of the Court of Military Appeals, administered the oath of office. Secretary Weinberger, Sen. Barry Goldwater, R-Ariz., and Sen. John Warner, R-Va., were among those attending the swearing-in-ceremony.

Dity, fraud, waste and abuse

by TSgt. Robert A. Carpenter
NCOIC, Passenger and Household Goods Movements

Military personnel participating in the Do It Yourself Move Program (DITY) are reminded that any attempt to alter weight tickets or include unauthorized items in the weight of your household goods is defrauding the government.

Random checks for unauthorized items in vehicles used in the DITY Program will be conducted by TMO personnel to determine compliance with governing DITY regulations. Any violations will be turned into the OSI for further investigation.

Unauthorized items of household goods are considered to be: automobiles,

boats, airplanes, camper trailers, live animals, building materials, property intended for resale, ammunition, and other items that were not acquired by the military member prior to the effective date of orders.

Any further questions regarding this matter can be answered by calling TMO at Ext. 3838.

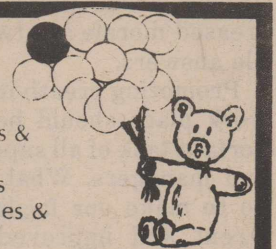


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Station Wagon GL #836-5-speed, blue, A/C	\$12,030	\$10,795
GL 4-door #853-5-speed, black, A/C	\$12,334	\$10,995
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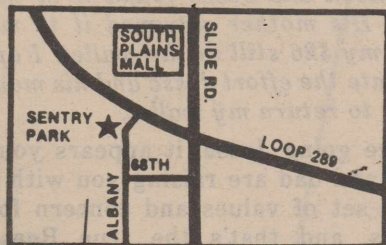
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News briefs

Exchange service station without mechanic

The Base Exchange service station will not have a certified mechanic on duty through July 21.

General automotive services and repairs normally offered will still be available during this time.

Property lost and found

The Security Police Investigation Section has the following lost and abandoned property: Two small purses, two sets of keys, one set of female's hair curlers and one men's wristwatch. If any of this property is yours, call Ext. 3999.

Problem Drivers Control Program

The Problem Drivers Control Program is now in effect. This program is designed to identify those personnel who display a negative driving behavior pattern. The main goal is to protect our number one resource priority here at Reese. Active duty military members, DoD Civilians are military dependents are subject to be cited by any officer or senior NCO for on-base or off-base traffic infractions. Authorized personnel observing a traffic violation are encouraged to report the infraction to the Law Enforcement Desk Sergeant, Ext. 3333.

Policy change

Air University has issued major policy changes for the 1986 seminar. Captains with a date of rank before 1984 and six years commissioned service may enroll in the seminar and the required prerequisite courses concurrently. Tests for those courses must be taken by Oct. 24, course 32, and Jan. 16, course 33.

Individuals who have completed course 30A will be given credit for both courses, 32 and 33, and may enroll in the 1986 seminar.

For more information, stop by the Education Center, Bldg. 920, Room 139.

Lose weight, not life

Some Texas weight control clinics have been directly ap-

pealing to military service members to promote weight reduction with a product called MINT CAL.

The active ingredient in MINT CAL is 2-4 Dinitrophenol—DNP. DNP is used as a pesticide and a dog wormer. The Food and Drug Administration has not approved DNP for use in humans. The product interferes with the cell's ability to use food to produce energy. It produced an increase in metabolic rate and heat production and is highly toxic to man.

Persons using MINT CAL are urged to discontinue using it immediately. The Hospital offers weight loss classes which are safe and aimed at long-term weight control.

Discount tickets available

Discount Wet 'n Wild, Water Wonderland and Six Flag tickets are available at the Mathis Recreation Center Tour and Travel Office. Tickets for Wet 'n Wild are \$8.50, and Water Wonderland tickets are \$9. Six Flags tickets are: One day, \$13; Two days, \$15.50; and children under 42 inches high, \$8. Tickets must be purchased Monday-Friday, 10 a.m. to 6 p.m. The Tour and Travel Office is closed Saturdays, Sundays and Holidays. For more information, call Ext. 3787.

Summer camp seeks counselors

Camp Blue Yonder, an annual Reese event, is seeking counselors. The purpose of the camp is to give underprivileged youths between the ages of 9-11 a chance to enjoy a summer camp that they otherwise would not be able to experience. The girls camp will be Aug. 4-8, while the boys camp is Aug. 11-15. If selected to be a counselor, you will be given permissive TDY during the camp. Contact TSgt. Joe McDowell, Ext. 3334, or SrA. Dave Miller, Ext. 3876 for more information.

Civilian Performance Evaluations and Ratings

The annual closeout for General Schedule Employees performance ratings was June 30. By this time supervi-

sors should have completed the rating in draft and forwarded to the reviewing official—next level supervisors—These ratings are very important and effect the career of each employee in the areas of promotion consideration, training and cash awards. With the pending MCI ahead, it is important that all appraisals be processed in a timely manner to assure arrival in the Civilian Personnel Office by Aug. 15 deadline. For further information contact Hal Corbin at Ext. 3804.

Catholic Bible School begins

The Catholic Community of Reese will conduct its annual Vacation Bible School between August 4-8. To enroll your child, contact Barbara Chauncey at the Reese AFB Chapel, Ext. 3237. In addition to learning Bible stories, arts and crafts and music will be available.

Corona Virus vaccine available

Corona Virus Vaccine is now available at the Reese AFB Veterinary Services. Corona, an intestinal virus of dogs, causes severe vomiting and diarrhea which may last up to two weeks. Fatalities may result despite treatment. The virus is highly contagious among all dogs. Those at increased risk include the very young, the old, or those animals exposed to high risk areas such as boarding kennels of dog shows. Many kennels now require corona vaccination before an animal will be accepted. The disease may be easily prevented through vaccination. Initial immunization requires two doses two to three weeks apart. A single annual booster is recommended. For more information or an appointment, call the Veterinary Services, Ext. 3535 Monday-Wednesday.

Texas state law and Reese AFB regulation requires that all dogs and cats over 12 weeks of age be vaccinated annually against rabies.

Special softball tournament held

The Noncommissioned Officers Association is sponsoring a double elimination soft-

(Continued on page 6)



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News briefs

(Continued from page 5)

ball tournament to raise money for Special Olympics. The tournament will be held Saturday and Sunday, starting at 9 a.m., at the Reese AFB Softball Fields.

Teams must register at Mathis Recreation Center by 7 p.m. today. A \$25 deposit is required at registration which will apply towards a total entry fee of \$80.

Trophies will be awarded for 1st through 5th place, individual trophies for 1st through 3rd, and trophies for the All-Tourney team.

Food and beverages will be available. For more information, call SMSgt. Mike Derringer, Ext. 3895, MSgt. Frank Berg, Ext. 3704, or SrA. Debbie Brigham, Ext. 3172.

Softball team practice

The men's 35 and over softball team will hold practice Wednesday at 8 p.m. at the War Highway softball field. For more information, call MSgt. Forest Johnson, Ext. 3843.

Barbeque to support charity

A Noncommissioned Officers Association sponsored luncheon today and tomorrow will donate all proceeds to local charities. The luncheon will be from 11 a.m. to 1 p.m. at the BX Pavillion. The menu will be barbequed chicken and ribs, potato salad and beans for \$2.50. For more information, call MSgt. Matt Alvarez, Ext. 3167.

Home of the Week

On July 1, 1986, Reese Village Housing Inspection yielded the following weekly and monthly winners. All winners were selected by Lt. Col. Michael M. Vizzone, commander, 3500 Mission Support Squadron, based on best overall appearance.

WEEKLY WINNERS:

Officers Single Unit—103 Yount, Capt. John P. and Elizabeth Adamo.

Officers Duplex—216 Harmon, 2nd Lt. Carl P. and Halina Boyer and 218 Harmon Richard M. and Jennette Cockley.

Enlisted Single Unit: 104 McGuire, SSgt. George D. and Royal Jones.

Enlisted Duplex—205 McGuire, MSgt. Ernest and Gloria Campagnone and 207 McGuire, TSgt. Albert L. and Iona Burton.

One Day Tours

Experience the famous Carlsbad Caverns. Descend more than 800 feet, passing many of the cavern's most beautiful formations. High Speed elevators will take you to the bottom of the cavern without the wald. Saturday, July 19, register by Thursday, July 17. The cost is Adults, \$5.00 and children (6-15) \$4.00. The tour departs at 7:30 a.m. and returns 8:30 p.m. For more information call the Mathis Recreation Center, Ext. 3787.

Sock Hop

Wednesday, July 18, at the Mathis Recreation Center, Admission is \$1.00, or dress to the times and get in free. 9 p.m. until 1 a.m. For more information contact the Mathis Recreation Center, Ext. 3787.

Baton Rouge

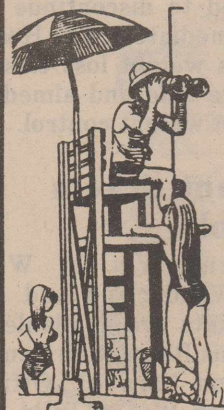
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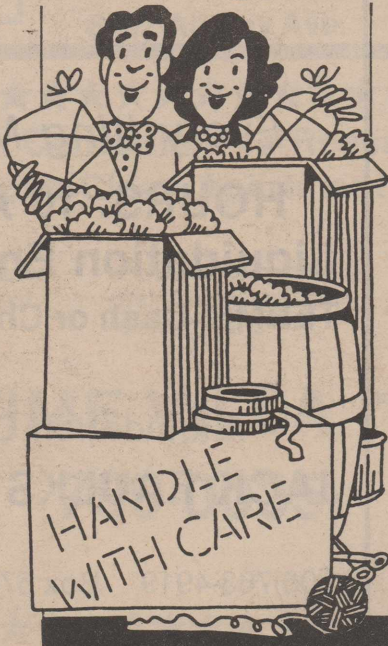
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What are the rules

An officer of the day expressed his concern to the Roundup about the lack of respect given to Reveille and Retreat ceremonies. It seemed that individuals were afraid that someone would beat them to the gate. MSgt. J.T. Washington has outlined the rules dealing with these topics.

by MSgt. J.T. Washington
Commandant, PME Center

What are the rules for Reveille and Retreat ceremonies? We have been asked this question many times. Perhaps you have been asked and you just can't remember. AFR 50-14, Chapter seven has all the answers. There are rules for those participating in a formal ceremony, but we are not going to deal with those. We will only deal with the rules that govern each individual as they walk, jog, or ride

around the base. The rules are:

- In a vehicle, the driver stops on the first note of "The National Anthem" or "To The Colors". Personnel in the vehicle, including the driver, remain seated at attention until the last note of the music or until the flag is secured, whichever comes last.
- When outdoors in uniform:
 - A. On the first note of Reveille or Retreat, stop, face the flag, if flag is not visible, face in the direction of the music and wait.

B. On the first note of "The National Anthem" or "To The Colors", come to attention and salute. Hold the salute until the last note of the music or until the flag is secured, whichever comes last.

- When outdoors in civilian or athletic clothing, take the

same actions as when in uniform, except the manner of saluting is different. Here we use the civilian salute (right hand over the heart).

- Men-Remove headdress with right hand and hold headdress at the left shoulder with the right hand over the heart.
- Men without headdress and women salute by standing at attention and placing the right hand over the heart.
- When indoors, take no action unless at a formal program or sporting event. If at a program or sporting event, face the flag if present or visible. If the flag is not present or visible, face the music, come to attention but do not salute unless under arms (part of flag detail).

If in civilian or athletic clothing the civilian salute is appropriate. All personnel, military and civilians, on a military installation show the proper respect to the flag as state above. If you cannot hear the music or see the flag watch what others are doing. We all should know what time Reveille and Retreat are held each day (Reveille-6:45 a.m., Retreat-4:45 p.m.) So let's be prepared to pay respect to our flag. Remembers, Reveille signals the start of the official duty day, and Retreat serves a twofold purpose. It signals the end of the official duty day and serves as a ceremony for paying respect to the flag. It takes approximately ten minutes to show our respect for each event. Isn't our flag worth twenty minutes of silence each day to say thanks to those who died in foreign lands for our freedom?

Freedom Fest

"The Fourth of July Freedom Fest '86 was a great success! Approximately 170 people showed for this gala event," said 1st Lt. Mark Farmer, Freedom Fest Coordinator.

"We started off with the official Reese Marathon. It was a tough and grueling experience but the 35th FTS led by their Commander, Lt. Col. Flannigan was able to slightly pull ahead of the 64th STURON. In a close 3rd place was MWR led by their fearless leader Mr. Beam. Honorable mention was also awarded to the CE, 54th combo

team who excelled in their intrasquadron coordination.

"The Watermelon seed spitting contest followed the Marathon and many winners were singled out from all age groups. The Chocolate Pie Eating contest was also a great success with many pie covered faces following the event.

"CE was there once again with delicious Reese style, barbecue chicken. MWR was also there to keep our whistles wet and help advertise the Freedom Fest for next year.

"Thanks again to everyone that participated," he said.

UPT Graduation Awards

REESE AFB, Texas—Forty-two students completed a year of pilot training and earned the right to wear the coveted wings of an Air Force pilot.

The graduates of class 86-06 received their silver wings and "aeronautical pilot" ratings from the guest speaker, Major General Donald L. Marks, assistant deputy chief of staff, operations, Headquarters Strategic Air Command, Offutt Air Force Base, Nebraska.

Nine of the students, Second Lieutenants Eileen M. Isola, Scott D. Porter, Jay H. Hardy, Michael S. Schulenberg, Anthony J. Carelli, Edward B. Tomme, Stephen M. Urbanczyk, Neil W. Agnew and Michael S. Schulenberg will remain at Reese as T-38 or T-37 instructor pilots for future classes.

The outstanding graduates of the class were 2nd Lt. Ter-

rence Linehan and 2nd Lt. Glenn M. Ullmann.

The Flying Training award was given to 2nd Lts. Bruce Magoon and Bryan F. Myers.

2nd Lt. Bryan F. Myers was also awarded the Distinguished Graduate Award, along with 2nd Lts. Jay Hardy and Richard L. Hedgpeth.

The Leadership Award was given to 1st Lt. Gerald R. Burton and Capt. Frank H. Williams.

The Citizenship Award went to 2nd Lt. Lawrence M. Martin.

ATC Commander's Trophy was awarded to 2nd Lt. Bryan F. Myers.

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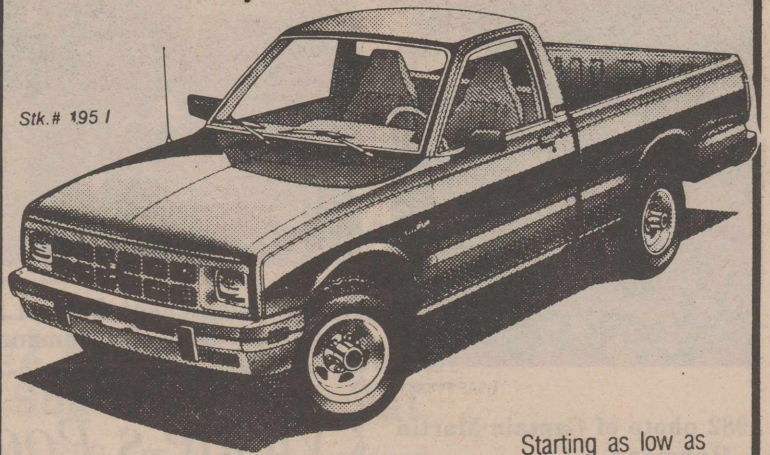
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Reese a family tradition

by A1C Robin Reams
Public Affairs

The class graduating of 54-P was urged by Maj. Edward S. Ashley, wing comptroller and principal speaker "to use every resource in keeping Air Force power at its maximum utilization." Retired Lieutenant Colonel Robert J. Huhmann, a member of class 54-P has done just that.

He contributed two additional pilots to maintain Air Force power. Lt. Col. Huhmann's eldest son Captain Martin J. Huhmann graduated from UPT at Reese in 1982, class 82-06, and another son, 2nd Lt. Dale Huhmann graduated last week with class 86-07.

When Lt. Col. Huhmann graduated from Reese in 1954 it was known as the 3500th Pilot Training Wing. Reese became the 64th Flying Training Wing April 4, 1972.

Lt. Col. Huhmann was among the 4,005 Aviation Cadets to graduate from Reese between August 1949 and Sept. 14, 1964. The Cadets were commissioned as 2nd Lts. upon successful completion of their flying training, the Cadets then supplemented the production of already commissioned officers.

Lt. Col. Huhmann was recognized as a Distinguished Cadet and was awarded a regular Air Force commission on the basis of outstanding grades in flying, military and academic training.

When Lt. Col. Huhmann visited Reese in June of '82 for Capt. Huhmann's graduation from UPT he was impressed with the improved facilities. "When I was at Reese, the dormitories were the old WWII style barracks" Lt. Col. Huhmann said. He was also impressed by the modern flight simulators. In 1954, "the sims were just boxes, archaic in comparison" with the ones used today he said.

According to Lt. Col. Huhmann, pilot training is longer now than in '54. "Aircraft are more complicated, today's pilot is more experienced, and the aircraft themselves are a lot faster" he said.

On reflecting back to UPT in '82 Capt. Huhmann said "I thought the program would never end and was glad when it did."

Neither Capt. Huhmann or his father encouraged Lt. Huhmann to become a pilot. "UPT is such a strenuous, demanding program that the de-

cision to enter the program has to be a personal one" Capt. Huhmann said. Lt. Col. Huhmann also feels the decision to become a pilot is a personal one, he made his boys aware that the opportunity was available to them and is proud of both of them.

All three of the Huhmann pilots encountered a similar obstacle in their pilot training; the constant weather changes in the area. According to Lt. Col. Huhmann, "dust affected reciprocating engines, clogging them up..." Lt. Huhmann stated "dust is still a big problem, causing poor visibility for flying."

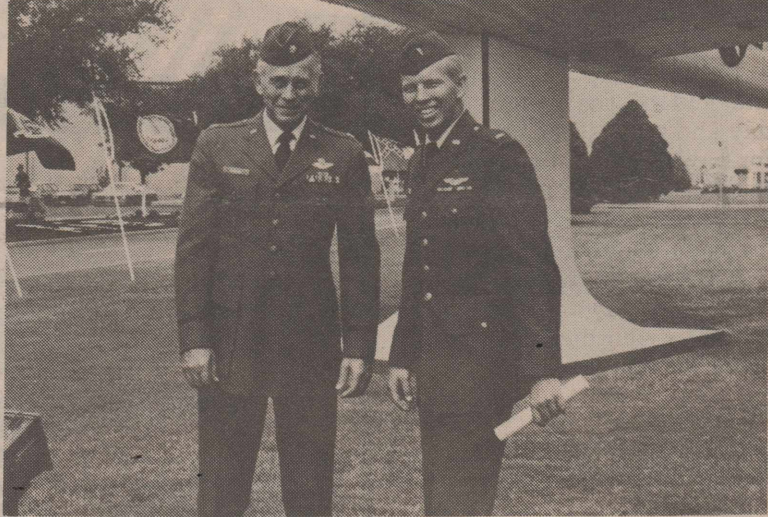
Pilot training at Reese is where the similarity in the Huhmann pilots career ends. Lt. Col. Huhmann left Reese to fly KC 97 and 135 aircraft under Strategic Air Command. Capt. Huhmann moved on to Tactical Air Command, flying F-4s. Lt. Huhmann will fly C-141s under MAC command.

Whether or not the Huhmann family flying tradition will end with Lt. Huhmann is not yet determined: "I would like to see future generations of Huhmanns become pilots" Lt. Huhmann said.



USAF PHOTO

1982 photo of Captain Martin J. Huhmann.



(USAF Photo by A1C Robin Reams)

Retired Lieutenant Colonel Robert J. Huhmann and Second Lieutenant Dale R. Huhmann.

Congratulations

Congratulations to 1st Lt. Douglas K. Wolfe on his recent outstanding instrument evaluation. This level of performance during Undergraduate Pilot Training indicates a dedication to excellence, in all aspects of flying training.

Congratulations and continued good luck throughout the remainder of the program. From the 35th Flying Training Squadron.

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Wednesday, July 16—Trivia Night—

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Thursday, July 17—Dining Menu Specials

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THURS JULY 17

Family Style
Chicken Every
Thursday

Change of command



(USAF Photo by Amn. Greg Spraggins)

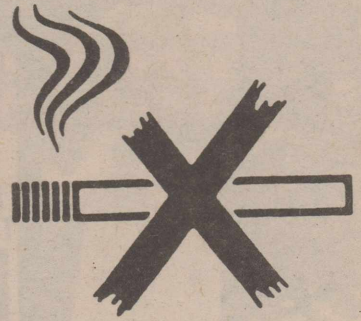
Col. Chuck Edwards (left) and Col. John C. Griffith exchange hats before the change of command held June 30. Col. Edwards left the Deputy Commander for Operations position to take over as the new base commander. Col. Griffith left Reese to take over as wing commander at Laughlin AFB, Texas.



(USAF Photo by Amn. Greg Spraggins)

As a final farewell salute, Mr. Teal, head of Grounds Maintenance Shop led a farewell parade to Col. Griffith as he exited the base for Laughlin AFB, Texas. Col. Griffith said it was more appropriate for him to have a drive-by than a fly-over for his departure.

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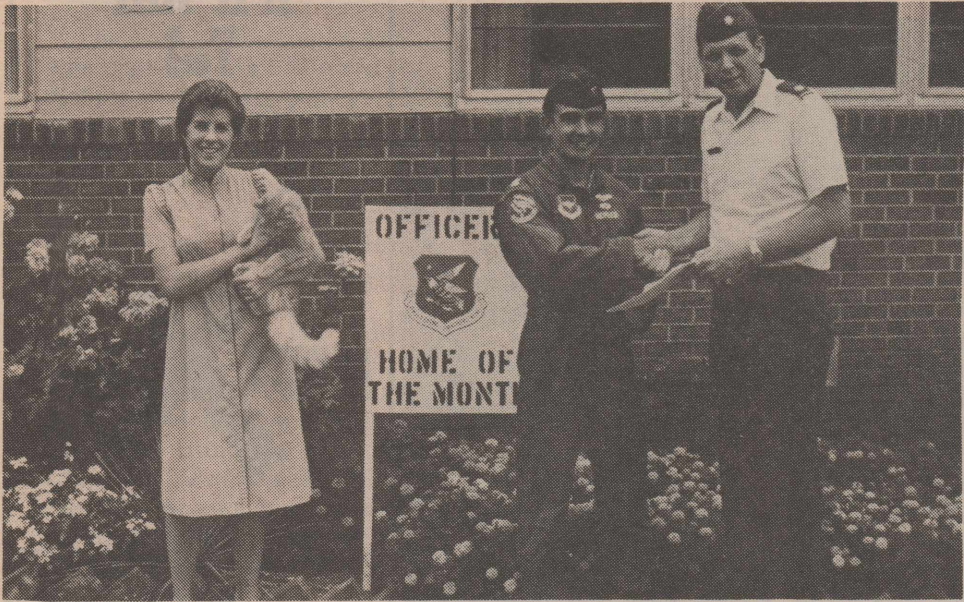
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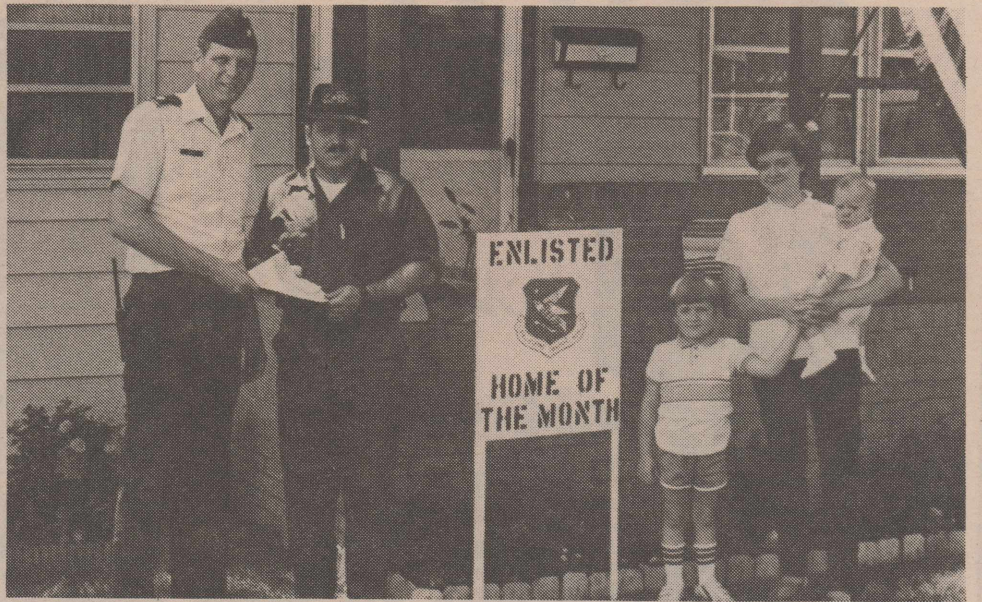
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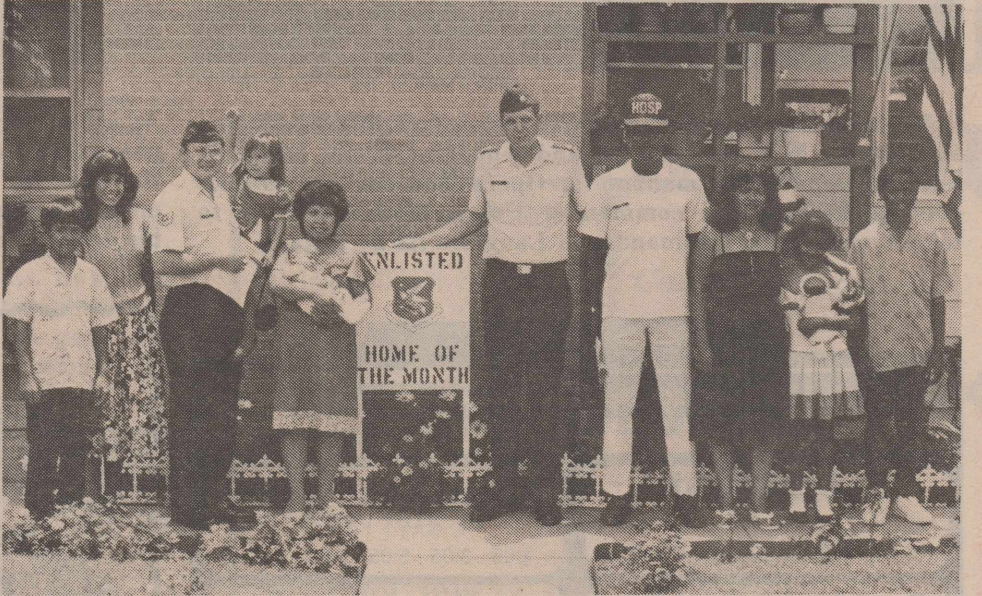
Officers Duplex—pictured above: Rose, Tigger, Capt. Michael Hepler of 113 Harmon and Lt. Col. Ted Ownby, deputy base commander. (Not shown: 1st Lt. Mark A. and Lisa Miller of 115 Harmon.)



Officers Single—Lt. Col. Ted Ownby, 1st Lt. Daniel R. Holmes, Robert, Barbara and Breanne Holmes, of 108 Andrews.



Enlisted Single—pictured above: Lt. Col. Ted Ownby, SSgt. Michael E. Belmont, Michael, Drema and George Belmont of 338 Harmon.



Enlisted Duplex—pictured above: Arnel, Joy, TSgt. John Bigos, Joanne, Rebecca and John Henry Bigos, of 214 Mitchell, Lt. Col. Ted Ownby, Sgt. Marion Chatmon, Vivencia, Ebony and Daniel Chatmon of 212 Mitchell.

USAF Photos by Ann. Greg Spraggins

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'84 Celica Coupe, 4 cyl, 5 spd, air, tilt, cruise, cassette	#172	\$ 8,900	'85 LTD Crown Victoria, white, V-8, everything	#561	\$11,300
'84 Camaro, V-8, auto, air, cassette, power everything	#652	\$ 8,900	'85 Bronco XLT, white, loaded	#122	\$11,700
'84 Camaro, V-8, Berlinetta, loaded, 18,000+ miles	#041	\$ 8,900	'85 Lincoln Town Car, V-8, fully loaded	#031	\$16,000
'84 Mazda RX7, 5 spd, PB, air, cassette, sunroof, cruise	#188	\$ 9,900	'86 Bronco II, V-6, auto, cassette, XLT, tilt, cruise	#981	\$12,900

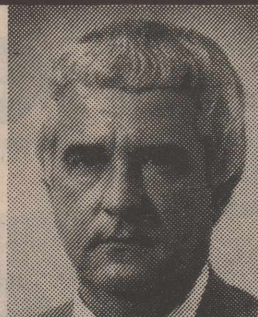
COME MEET THESE PROFESSIONALS



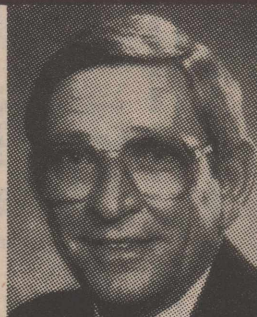
Buddy Copaus



Al Gould



Don Huckaby



O.H. Jones



Mitch Wright

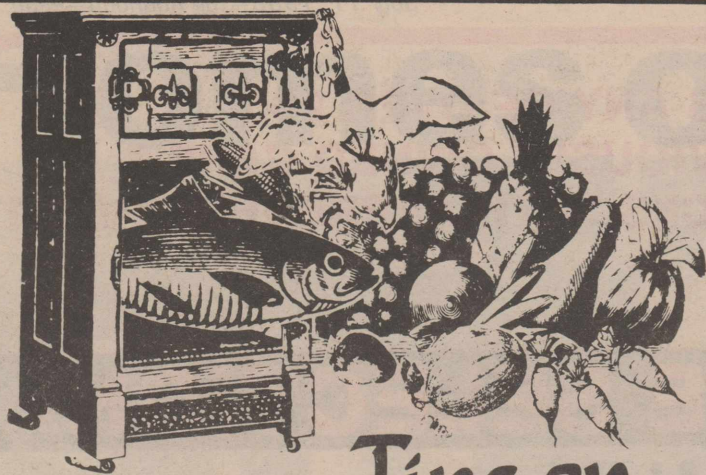


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Tips on safe food STORAGE

For Barbecues or Picnics

Harmful bacteria can grow quickly in warm weather so:

Get groceries out of the car and the perishables into your refrigerator as quickly as you can.

When preparing food, start with everything — utensils, equipment, hands — as clean as possible. Everything used in preparing raw meat and poultry should be cleaned again with hot, soapy water before using them with other raw foods (such as salads).

Don't let foods stand at room or outdoor summer temperatures for very long. Food spoils much faster at higher temperatures. Remember that the temperatures inside cars or just in the sunshine can become very high. This is important for foods that spoil quickly — dishes with fish, meat, poultry, milk, or egg.

Chill already prepared dishes in the refrigerator at 40°F. or cooler until just before you need them. You can cool foods more quickly in the refrigerator by storing them in small quantities and shallow layers.

Pack foods just before you leave . . . cold foods in a cooler with plenty of ice, hot foods in a clean thermos.



Did you know...

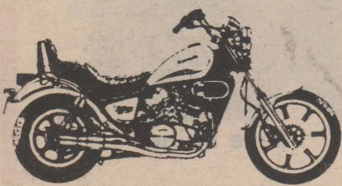
- A military man played a major role in colonizing Texas. Gen. Thomas J. Chambers was granted a contract to bring 800 families into Texas February 12, 1830. Their group was bigger than most Texas towns of that time.

- Texas had its own navy. Its first officers were commissioned March 2, 1836. The Texas Navy fought its last engagement April 3, 1843.

- Maj. Gen. Benjamin D. Foulois, U.S. Air Force, Retired, America's oldest military pilot, died at Andrews Air Force Base, Maryland, April 25, 1967.

- The first operational F-11A supersonic tactical fighter left Fort Worth, Texas and landed at Nellis Air Force Base, Nevada, October 16, 1967. The plane used its terrain-following radar guidance controls for the flight.

Kawasaki
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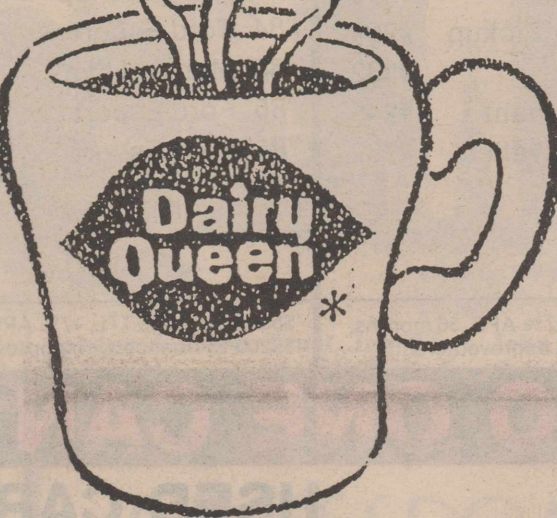
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\$1.79 "Texas Country" Breakfast

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(Reg. \$2.19)

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New "Breakfast Sausage Sausage on a Stick"

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99¢ Pancakes and Coffee

—short stack with butter and syrup—
(Reg. \$1.39)

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Reese is still showing the way

by 1st Lt. Scott Shankland
35FTS Public Affairs Officer

Throughout this summer, the 35th Flying Training Squadron is sponsoring Reserve Officers Training Corps cadets from four Air Force training camps for their T-37 orientation flight program. A total of 600 AFROTC cadets will spend two days at Reese for a closer look at the Undergraduate Pilot Training Program. The purpose of this program is to help motivate and prepare qualified cadets for Pilot Training and a career as an Air Force officer.

The cadets' trip begins early on a Friday morning at their encampment base, where they board a C-141 for the flight to Reese. Upon arrival, the group of approximately 150, is transported to the Base Theatre for a welcoming brief. The cadets spend the rest of the day getting prepared for their T-37 flight the next day. This preparation includes helmet and parachute fitting, and a trip to Physiological Training for ejection seat and ground egress training. The cadets also receive a

tour of the Runway Supervisory Unit where they can observe takeoffs, landings and pattern procedures firsthand.

At the end of the day, following a satisfying dinner at the Caprock Cafe, the cadets are taken to their motel downtown and given some free time to investigate Lubbock's fascinating night life.

Saturday morning arrives early for the cadets as they are given breakfast and then transported back to the 35th FTS for a 5:45 a.m. report time. Following the morning briefing, each Instructor Pilot is assigned two cadets to fly with. The IP then spends about 15 to 30 minutes thoroughly briefing each of them about the flight.

Each orientation ride is approximately 30 minutes long, and includes a takeoff, and a tour of beautiful West Texas with some simple acrobatics. Upon returning to Reese, the IP's fly one straight-in landing, and then taxi the aircraft to parking. Once the engines are shut down, Maintenance personnel and student pilots help the first cadet get out of

the aircraft and then ensure that the next cadet gets seated and strapped in properly. After this is accomplished, the aircraft is launched on a second flight identical to the first. To ensure that each cadet gets an orientation ride, the flying day usually begins at 7 a.m. and lasts until at least 1 p.m., and nearly every IP in the 35th FTS participates.

An additional highlight of the days activities is a landing

competition that all the Instructor Pilots participate in. The 35th Squadron supervisors monitor each landing from the Runway Supervisory Unit and grade them appropriately. The top two instructors in the competition are announced at the end of the days flying.

This years ROTC flying program spans four separate weekends this summer and the logistical coordination for

each is amazing. The individuals responsible for the smooth operation of each weekend are this year's Project Officers, 1st Lt. Scott Poppleton and 1st Lt. Scott Will. They each spend countless hours organizing transportation, life support training, maintenance support, and flying schedules, in preparation for each visit. "All the work is worthwhile when you see the excited look on each

(Continued on page 14)



Several of the cadets relax in one of the flight rooms after their flights.



(USAF Photos)

One of the two project officers, 1st Lt. Scott Poppleton (far left) prepares to address the group of 200 cadets who visited Reese two weeks ago.

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Present this coupon Chimichanga Special \$3.75 Two golden fried Beef Burritos topped with Ranchera Sauce and Sour Cream. Served with Spanish Rice and Refried Beans. El Chico EXPIRES 8-1-86 EAT IN ONLY	Present this coupon Burrito Con Queso Special \$3.95 A flour tortilla filled with ground Beef and topped with Chili Con Queso. Served with Guacamole, Spanish Rice and Refried Beans. El Chico EXPIRES 8-1-86 EAT IN ONLY	Present this coupon Juarez Dinner Special \$4.75 Includes: One Cheese Enchilada, a Beef Taco and one Cheese Taco. Served with Guacamole and Spanish Rice. El Chico EXPIRES 8-1-86 EAT IN ONLY

Reese shows way

(Continued from page 13)

cadet's face after their flight," remarks 1st Lt. Poppleton. "We couldn't do anything without the complete support and dedication of the entire Wing," added 1st Lt. Will.

If the cadets' reaction to their weekend trip to Reese is the measure of success, then it's another outstanding job well done for the entire 64th FTW. "It was one of the greatest experiences of my life, and by far the best part of the ROTC camp!" remarked Cadet Henry Vitale from Clarkston University. This was the prevailing reaction from all the cadets, and it is once again apparent that the effort, pride and dedication of all those involved is making an impact on these future Air Force officers and has again allowed Reese to "Show the Way."



During ROTC flying, Instructor Pilots compete in a landing competition, each landing is graded by the 35th FTS squadron officers.

“There is no end to the Eagle Scout Trail.”

There is no end to the Eagle trail. Scouting can still use your experience and knowledge. If you're an Eagle Scout, you can be a vital part of the movement by being a member of NESA.

Just call the number below for more information.

Have publication set your local Scouting organization name, address, and telephone number.

Lubbock churches invite Reese personnel to attend church

WESTMINSTER PRESBYTERIAN CHURCH

33rd & Indiana 799-3621
Church School 9:30
Worship 10:45
Youth Fellowship 6:30
Evening Worship
2nd & 4th Sunday 7:30
PASTOR— SAM LAINE

SUNSET CHURCH OF CHRIST

Bible Class 8:00 & 10:15 a.m.
Worship 9:15 a.m.
Sunday Evening Worship 5:00 p.m.
Wednesday Bible Classes 7:30 p.m.
3723 34th Street 792-5191

MOUNT CALVARY BAPTIST CHURCH

Sunday School 9:45 a.m.
Sunday Worship 11:00 a.m.
Church Training 6:00 p.m.
Sunday Even. 7:00 p.m.
Wed. Prayer & Mid Week Worship 7:30 p.m.
G.B. COLEMAN, Pastor
2208 Ave. O 747-6363

SOUTHCREST BAPTIST CHURCH

Touching lives because we care.
Sunday Bible Study 9:30 a.m.
Worship Service 10:50 a.m.
Evening Service 6:30 p.m.
Wednesday Evening 7:00 p.m.
REV. DON CASS, Pastor
4810 Ave. P 744-4523

FIRST FOURSQUARE GOSPEL CHURCH

Sunday School 9:30
Morning Worship 10:50
Evening Service 6:00
Wednesday 7:00
Pastor: PHIL DEMETRO
Asst: LEE R. COOL
3115-2nd St. 762-8481

QUAKER AVENUE CHURCH OF CHRIST

1701 Quaker Ave. 792-0652
Sunday Worship Service 10:30 a.m. & 6:00 p.m.
Family Bible Study Hour Wednesday 7:30 p.m.
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Sunday School 9:45 & 11:00 a.m.



HIGHLAND BAPTIST CHURCH
4316 34th St. 795-6453
Sunday School 9:30 a.m.
Morning Worship 10:45 a.m.
Evening Service 6:30 p.m.
DR. STAN BLEVINS, Pastor

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Sunday School 9:30 a.m.
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Minister of Youth & Family
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BEREAN BAPTIST CHURCH

Sunday School 9:45 a.m.
Morning Worship 10:50 a.m.
Evening Worship 7:00 p.m.
Wednesday Prayer Service 7:30 p.m.
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Morning Worship 11:00 a.m.
Church Training 6:00 p.m.
Evening Worship 7:00 p.m.
Mid-Week Service
Wednesday 7:30 p.m.
Leon Anderson, Pastor
6119 19th St.

FAITH ASSEMBLY OF GOD CHURCH

5426 50th
Sunday School 9:45 a.m.
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Evening Evangelistic Services 6:30 p.m.
Wednesday Bible Study 7:30 p.m.
CURTIS NEWTON-Pastor
792-1163 - Rides Available
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BROADVIEW BAPTIST CHURCH

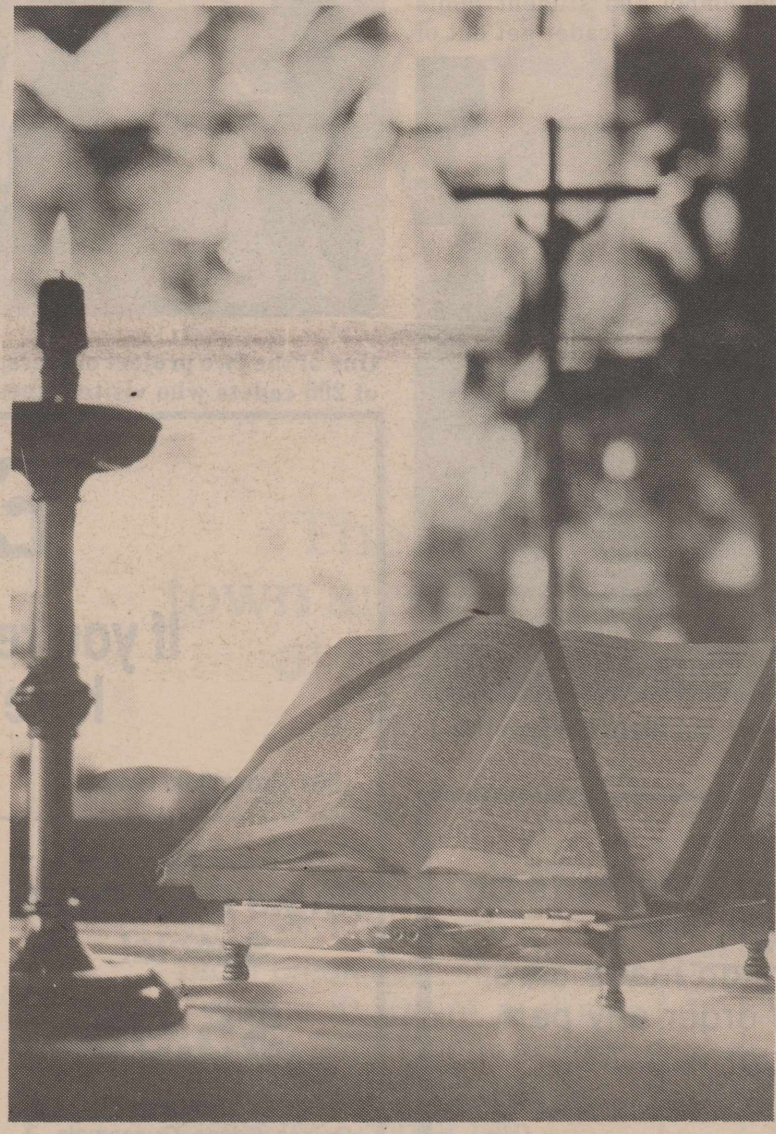
1402 North Frankford 797-3038 797-1745
BILL HATLER, Pastor
Come As You Are
God Will Have You No Other Way
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Morning Worship 11:00
Church Training 5:00
Evening Worship 6:00
Wed. Prayer Meeting 7:00
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The Church Where Love Is
SUNDAY
Bible School 9:45 am
Morning Worship 10:35 am
Evening Praise 6:00 pm
WEDNESDAY
Family Night 7:30 pm
Billy Gibson - Pastor
W. 34th & Loop 289 793-9669

Flint Ave. Baptist Church

“The Church That Cares”
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Morning Worship — 11:00
Training Union — 6:00
Evening Worship — 7:00
Dean Thomas - Pastor
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900 N. Flint
One Block Off (The Littlefield) Clovis Hwy



New pension system in effect for federal employees

WASHINGTON (AFNS)—President Reagan has signed into law a bill creating a new retirement plan for all federal employees hired since Jan. 1, 1984.

According to officials here, the new system takes effect Jan. 1, 1987, and provides social security benefits earned through federal employment, a modified retirement plan for which employees will pay 1.3 percent of their salary, and an optional, tax-deferred thrift savings plan with government-matching contributions.

Coverage under the new federal employees' retirement system is automatic for first-time employees hired after 1983 and for most people returning to federal service, if they were out of federal employment for more than one year.

All other employees have the option of continuing in the current civil service retirement system, switching to the new system, or just enrolling in the thrift plan, but without government-matching funds, officials said.

People hired before 1984 will have the chance to switch to the new system during an "Open Season" from July 1, 1987, to Dec. 31, 1987. Those who remain in the CSRS will continue to pay 7 percent of their salary for retirement benefits and will be allowed to contribute up to 5 percent of their salary to the thrift plan.

Officials said retirement specialists will be trained Air Force wide later this month to help employees make retirement decisions.

According to officials, the basic pension benefit formula for the FERS is simpler than the CSRS formula.

They explained that the CSRS formula provides 1.5 percent of pay for the first five years of federal service, 1.75 percent of pay for the next five years and 2 percent for the remaining years. Pay for retirement purposes is defined as the average pay in the highest three consecutive years—or "high-three" as it is commonly called.

The new system retains the "high-three" pay base, but the benefit formula is now a simple one percent for each year of federal service for people who retire before age 62. Employees retiring after age 62 with 20 years of service will receive a benefit equal to 1.1 percent per year of service. They also will receive social security and benefits accumulated under the thrift savings plan, officials noted.

Employees with 30 years' service can continue to collect full retirement benefits under the new system, if they meet certain age requirements. The new system initially preserves the benefit of retiring at age 55 with 30 years of service. However, officials noted that the age requirement gradually will be raised to 57 in line with increases in social security full retirement age.

Another major change in the basic pension provisions under the new system is the cost-of-living adjustment. Instead of an annual increase equal to rise in the consumer price index, FERS provides a

cola equal to the index increase minus one percent. The cola does not begin until age 62 for retirees but is provided at all ages for survivors and disabled annuitants.

Under the thrift plan, people covered by the FERS may contribute up to 10 percent of basic pay each period, and direct their accounts to any of three different investment

funds. At the same time, the government will match employee contributions. The government will contribute one percent automatically, whether or not the employee decides to contribute, plus additional amounts based on the employee's contributions. The highest government match, however is 5 percent, officials said.



by AIC Robin Reams

Have you seen "The Natural"? It will be shown Monday at 7 p.m. at the Mathis Recreation Center, Free! "The Natural" is rated PG—Parental Guidance. Friday, July 18, at 7 p.m. "Power" rated R—Restricted: No one under 17 admitted without parent or guardian, will be shown. Sunday, July 20, "Down and out in Beverly Hills" also rated R will be shown at 3 p.m.

Movies to come:

Monday, July 21, "Top Secret"—PG
Friday, July 25, "Youngblood"—R
Sunday, July 27, "Best of Times"—PG-13
Friday, August 1, "My Chauffeur"—R

For more information on the free Mathis Movies contact the Mathis Recreation Center at Ext. 3738.

Weekly winner



(USAF PHOTO)

Facility of the Week was awarded to Bldg. 75, which consists of Disaster Preparedness, Manpower, OSI and Area Defense Council. From left to right are: SSgt. Gary Fleenor, SSgt. David Gallivan (kneeling), SSgt. Chuck Norris, Lt. Col. Ted Ownby, SrA. Anthony Crawford, TSgt. Dennis Sebranek, Sgt. James Hakala, SrA. Robert Scott (kneeling) and Sgt. Perry Carpenter.

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Gym Shorts



Improve muscle fitness through weight training

by Capt. Frank Gross

RANDOLPH AFB, Texas (AFNS)—Muscular fitness is important to health and quality of life. Fifty percent of adult society has back trouble, and serious thought needs to be given to this "little exercised" component of fitness.

By enhancing muscular fitness, a person can prevent, decrease, or even overcome this common condition. People who intend to remain active beyond middle age should give serious thought to some form of fitness enhancement.

There are three basic parts to muscular fitness: strength, endurance and flexibility. As flexibility increases, so does strength and endurance.

Endurance is increased by repetitive contractions of a portion of muscle fibers. These contractions require a continuous supply of energy, and "slow twitch" muscle fibers are best suited for this job. They have a very good oxygen supply and are very

effective in using the available energy over an extended period of time.

Weight training is an efficient way to train for muscular fitness, but we can't really take a closer look at this without discussing the overload principle. This principle states that, for improvements to take place, the body must have increasing demands placed on it. Through the body's ability to adapt, additional workloads can be added incrementally. Intensity, duration and frequency of training are the keys to muscular improvement.

Overload training leads to adaptations in the muscles. The adaptation to strength training is increased protein filament density. The adaptations to endurance training are an increase in capillaries along with improved aerobic action at the cell level.

The following information will help you select the appropriate mode of weight training. Also, it should allow you to estimate the rate of progress that can be expected, as

well as help develop a well-rounded physical fitness program. Remember, no program is complete without a consistent aerobic component.

Two basic directions can be taken in weight training: strength and endurance. Strength and endurance are different, but one is just as important as the other.

The following prescription is effective and recommended for strength development: Select a weight that can be lifted three to four times in one set. Do three or four sets every other day or twice a week. When all of the repetitions can be done on the last

set, it is time to increase the resistance.

Obviously, the main difference between training for strength and endurance is the level of tension or resistance and the actual number of repetitions. A simple prescription for endurance is: 12 or more repetitions, three sets, three times a week.

Remember, a good exercise program includes a warm-up with stretching, and a cool-down with stretching.

Most people don't spend enough time increasing their flexibility. Flexibility is best increased through stretching, which also decrease the risk

of muscle injury and increases strength and endurance.

Today, static stretching is recommended. This requires moving to a position and holding it rather than bobbing or bouncing into the position. Stretching should be conducted before and after exercising. Stretching increases muscle fitness.

Progress comes quickly when training for muscle endurance, while training for strength takes longer. Of course, ultimate progress is dictated by genetic background. Take heart—at least you will come closer to your potential.

Swimming Lessons

Swimming Lessons will be offered in two sessions this summer. Session one begins July 14 and will end July 25. Session two begins July 28, ending August 8. Classes offered:

Mom & Tot Class (at least 5 mos. old) 4:30-5:30—Officers Pool.

2-3 year olds (two teachers) 5:30-6:30—Enlisted Pool

4-6 year olds (two teachers)

6:30-7:30—Enlisted Pool

7-8 year olds (one teacher)

10-11 a.m.—Enlisted Pool

9-up (one teacher) 10-11 a.m.—Enlisted Pool

Adult beginner class 6-7 p.m.—Officers Pool

Lifesaving (Carol & David)

6-9 p.m.—Enlisted Pool

For more information call

Enlisted Pool Ext. 3371 or Officers Pool Ext. 3667.

Basketball Tryouts

Tryouts for Base Basketball team are August 3, 1986. Tryouts will be held at the base gym at 6 p.m.



Track Team

The track team will meet Saturday at 9 a.m. at the base gym.

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Aid Society provides budget help with computer

By Nancy Ragan
Air Force News Service

KELLY AFB, Texas (AFNS)—The Air Force Aid Society soon will begin testing a new computer program called Dial-a-Budget at a number of Air Force bases.

Rosalyn Massie, personal financial management program counselor in the Family Support Center here, said the program will enable a person to build a computerized list of all bills and expenses. The computer will produce a printout of exactly where everything is going, and may help prevent overextension of credit obligations.

When it goes on-line, the program will set up a budget based on percentages of the person's income that would meet all obligations.

"The computer will show you how to figure your budget to stay within your means, and may even indicate a surplus," Mrs. Massie said. Then the client and counselor will make decisions as to the best way to build the budget, particularly if there is a potential for overextending.

If someone is already overextended, there's a budget reconstruction program already being testing at 77 bases worldwide that will form a stopgap between some members and bankruptcy. "It will work for some, but not everybody," said Mrs. Massie.

Under the reconstruction program, she said, the Aid Society will give the member an emergency interest-free loan to pay off all past-due amounts and bring the member up to date on payments.

"If the total amount owed to creditors is within the society's monetary limit, he can get an interest-free budget reconstruction loan to pay off all or most of them," she said. The member will have to accept financial management counseling and subsequent monitoring, however.

There are several ways the reconstruction program can work, she said.

A computer program will

take all amounts owed to creditors, and offer several options as to how these can be paid off. The printout includes a breakdown of the payback amount, which creditors will be paid off, and how long the payments are to run, Mrs. Massie said.

Approval of the loan depends on the commander's evaluation of the individual, because the loan is paid back by allotment.

"If there's a chance the individual might not stay in the Air Force, it may not be approved," said Mrs. Massie.

"We choose the loan amount and payback option that best suits the applicant, the Aid Society and the Air Force.

"For a Department of Defense civilian family, we can tell them what to do in order to get within their income—to bring their budget down to a point where they can handle it. But," she emphasized, "because Air Force Aid doesn't have money to help civilians, it will be up to a civilian financial institution to follow through."

Mrs. Massie said that once people start following a budget, they become aware of how much is being spent on living expenses, as well as for credit purchases, and how much money is being wasted.

The first entry on a budget plan should be for savings, she said. The rest is then budgeted for living expenses. "It's very important to save first, because if you try to save what's left over, there never seems to be enough."

By saving first and then budgeting, she said, anything that's left over is discretionary income and can be spent on whatever the individual wants.

To stay on a budget one thing must be controlled—impulse buying. Mrs. Massie explained several ways to do this.

—Before going to the grocery store, shoppers should do their homework. "Keep a pencil and tablet in the kitchen and write down things

as they need to be replaced.

—Make up a menu—for a week, two weeks, a month, whatever period of time you are shopping for. Make a shopping list according to the menu and use coupons.

—Send off for refunds and rebates. You can save a nice amount that way.

—Drink lots of water or eat before going to the commissary or grocery store and carry cash only. Mrs. Massie explained that hungry shoppers tend to buy more. And knowing that there's only a certain amount of money available will keep shoppers from buying things that aren't needed.

Shoppers also need to look at items on upper and lower shelves, Mrs. Massie said. "A lot of food chains will put certain food items at eye level that are not the best buys," she said. "Check out the various prices and quantities to find out exactly what is the best buy."

She advises shoppers to watch for sales on clothing and big-ticket items, such as

refrigerators and washers. "If you plan to buy one of these things on credit, be aware of the interest rates some department stores charge," said Mrs. Massie.

She also said everyone should be wary of stores that advertise so much off or so much a month without mentioning how much an item will actually cost.

"You have no idea about how many months or what the interest rate is unless you read the fine print at the bottom of the last page of the advertisement," she said. "You could end up paying three times more for an item than what it would sell for at another store."

Rather than charge purchases, shoppers should consider using layaway, Mrs. Massie said. "If you use layaway and can't finish paying for it, the store still has its merchandise and you'll get your money back, minus a small fee or a credit slip to buy other merchandise in the store. No one is hurt—and your credit stays intact."

She also advises shoppers to plan purchases—three months or six months down the road—and pay cash. "When you have enough set aside, you can go get it," she said.

She warned that a shopper needs to be aware of certain subliminal persuaders used in many stores. "They have piped-in music that helps you relax, and sometimes, if you get too relaxed you have a tendency to spend a little more," she said.

"So buy only what's on your shopping list, and be aware of what you are spending. Because that's what you have budgeted for and it will work out better for you in the long run."

Mrs. Massie said automatic teller machines cause problems for some people who use their cards in the machines to get instant cash, forget they've taken out \$10, \$20, or \$50, and suddenly are overdrawn.

Her advice—"Get rid of the cards! They are real budget busters."

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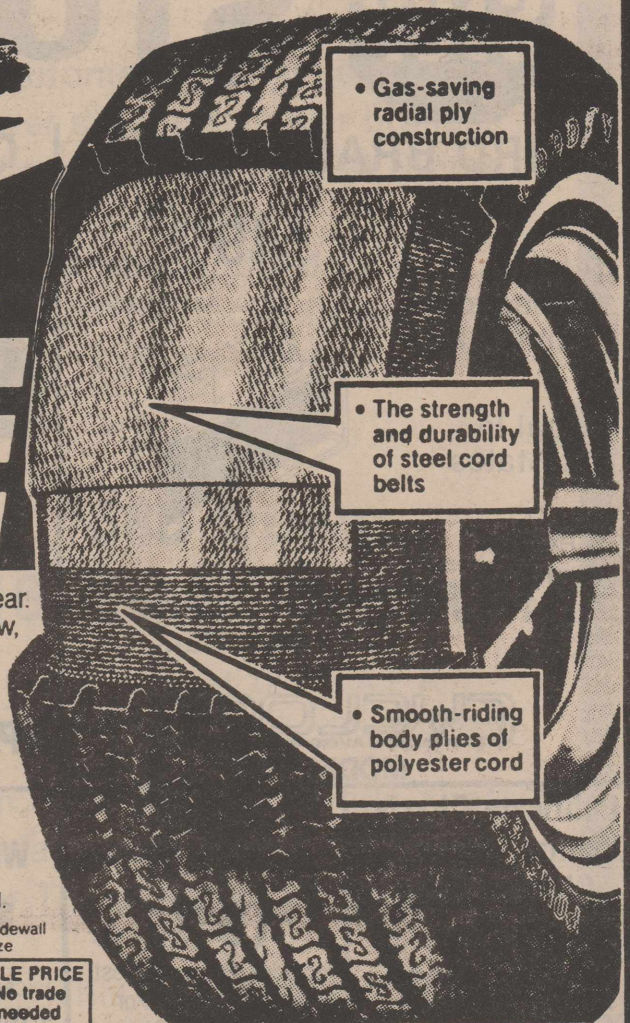
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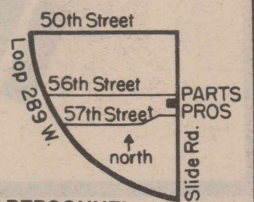
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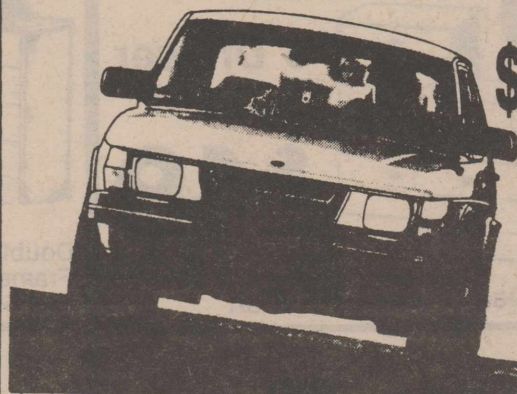


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