

Sherman County Museum 7 /08
Box 1248
Stratford, TX 79084

The Stratford Star

75 cents

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usps 523

Number 40, September 27, 2007



Left to Right: Jimmy Wiseman, George Bonds-Sherman Co. President, Dean Hauser-Board Member and Eddie Williams-Fire Chief

Wiseman Donates Truck

Jimmy Wiseman from Dumas, Texas has been a Sherman County Farm Bureau member and insurance customer for over 50 years. He recently sold his farm and had no further use of a good, low mileage Ford grain truck and he wanted to give it away. He contacted the Stratford Farm Bureau office in search of a worthy recipient for this truck. It was suggested that he donate the truck to the Stratford Fire Department, which he did.

Manor Friends To Meet Oct. 1

Manor Friends will meet on Monday, October 1st at 10 a.m. at Coldwater Manor.

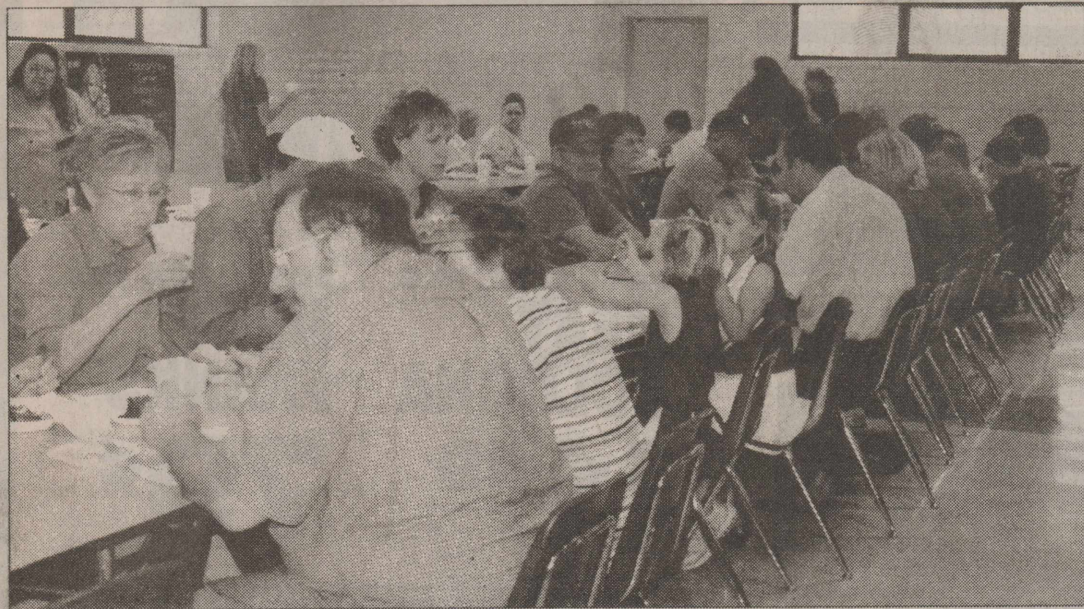
Elk Sunshades Are In

They're In... Stratford Elk sunshades for your car sponsored by Lollipop Junction. Get yours TODAY! Call Jennifer at 396-2782 or LaDawn at 930-5742

Annual Book Sale Coming Soon

Start saving your sacks for the Sherman County Public Library Annual Book Sale. The sale opens to the public on Friday, October 19th at 9:00 a.m.-5:00 p.m. and ends on Saturday, October 20th, 9:00 a.m.-12:00 p.m. A special early bird "Sneak a Peak" sale will begin on Thursday evening, October 18th from 6:30-8:30 p.m. with a \$2.00 donation. Come fill a sack for \$2.00. Call the library at 366-2200 for more information.

Have you had a kindness shown? Pass it on; 'Twas not given for thee alone, Pass it on; Let it travel down the years, Let it wipe another's tears, Till in Heaven the deed appears, Pass it on.
—Henry Burton



Shown at left The Band Booster's delicious barbecue supper - being enjoyed by those in attendance on Friday, September 21, 2007.



Alexis Cisneros

Rett's Day @ Elk Junction October 14th

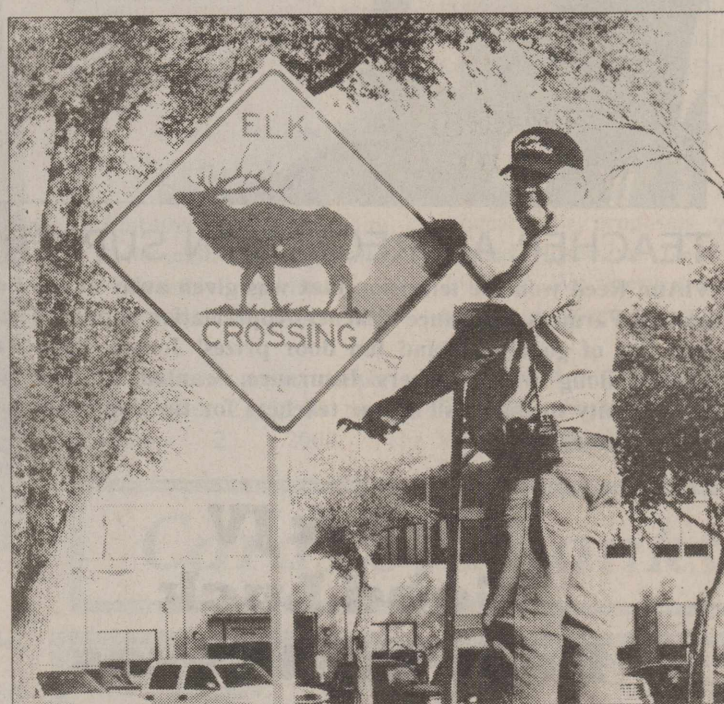
October is Rett Syndrome Awareness month and in honor of that we would like to invite you to Rett's Day @ the Restaurant again this year! Last year over \$1100 dollars were raised for the International Rett Syndrome Association from tips and donations. The family of Alexis Cisneros will give the girls at Elk Junction a break again this year on Sunday October 14th and all tips collected will go directly to IRSA. Her family includes her parents; Jason & Laura Rogers, Grandparents; Larry and Verlie Morris, and Great-Grandparents; Don and Martha Ellison, plus countless others!

Rett Syndrome Facts:

Rett Syndrome was first recognized by Andreas Rett in 1966 and is a neurological disorder affecting primarily females.

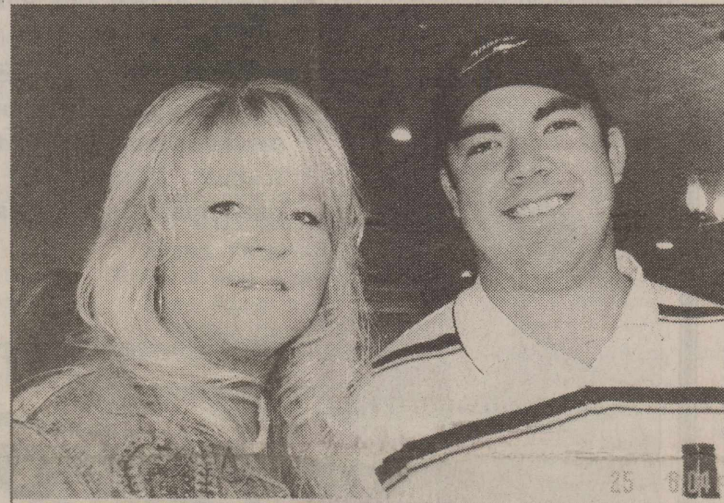
The prevalence of Rett Syndrome is between 1 in 10,000 births and 1 in 15,000 births. Typical characteristics:

- * Normal development until 1/2 to 1 1/2 years
- * Shakiness of the torso, and possibly the limbs
- * Unsteady, stiff-legged gait
- * Breathing difficulties (hyperventilation, apnea, air swallowing)
- * Seizures (approximately 80% have epilepsy)
- * Teeth grinding and difficulty chewing
- * Stunted growth and small head
- * Scoliosis can range from mild to severe
- * Hypoactivity



New Signs for Stratford

Eddie Williams, City of Stratford Street Maintenance, is shown above putting up one of the new Elk Crossing signs. If you would like one of the signs contact City of Stratford 366-5581 for more information.



Circle of Friends Golf Tournament & Steak Supper

Kathy Hart and Cory Naugle, enjoyed the day at Circle of Friends Golf Tournament held in August at Stratford Country Club.

Story and more pics on page 6

Cub Scouts Sell Popcorn

Pack 38 is now selling popcorn all around Stratford. There are 33 boys selling popcorn so you may get approached a couple times over. If somehow you get missed, please call one of the den leaders. They are Ronna Riffe, Laurie Spurlock, Dana Hess and Tanya Smith. We would love to send a Cub Scout your way. The money that stays here is used to buy shirts, books and any necessary den meeting items. The other proceeds support the local and national Boy Scouts. Thank you for your support.

7-8-& JV
Good Luck
Beat West
Texas

Weather Line
366-2000
Sponsored by
Stratford Grain &
ADM/Alliance
Nutrition
Greg Wright - 7 days a
week, updating as needed



FARMERS

Teacher of the Month

September, 2007

Thank you for your commitment to our kids!!

Diane, Patty, and Joanie



TEACHER OF THE MONTH

Susan Wheeler was selected as our September 2007 Teacher of the Month. If you see Mrs. Wheeler, please thank her for her commitment to our children.

TEACHER OF THE MONTH- SEPTEMBER 2007

NAME: Susan Wheeler
FAMILY: Husband-John
Sons-Clay & Colby & wife, Sandi
Grandchildren-Jaycie, Brody & one on the way!
HOBBIES: reading & my grandchildren
WHAT GRADE DO YOU TEACH: Kindergarten
HOW LONG HAVE YOU BEEN TEACHING:
This is my 19th year.
WHY DID YOU BECOME A TEACHER: I enjoy being around children. Teaching makes a difference in their lives.
WHAT DO YOU LIKE BEST ABOUT TEACHING: When something they have been struggling with "clicks" and their faces light up.
WORDS OF WISDOM OR MOTTO ABOUT TEACHING: Always remember we (teachers) are a major influence on children for their whole live.



4-H COUNCIL MEETING

By Susie Spurlock

Sherman County 4-H Council will meet Monday, October 1, 2007 at 7:30 p.m. at the Sherman County Extension Office for a business meeting. Items of business will include National 4-H Week Plans, evaluation of the county Achievement Banquet, and reports from the District 4-H Council meeting.

All members are encouraged to attend.

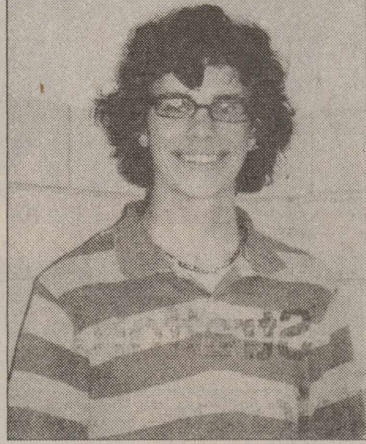
TEACHER APPRECIATION SUPPER

ViAnn Reed won the television that was given away at the first annual Farmers Insurance Teacher Appreciation supper. There was lots of good food and fun door prizes' Joanie, Patty and Diane, along with Farmers Insurance, wanted to take this opportunity to thank all of our teachers for the important jobs they do every day.

7-8-& JV Good Luck Beat West Texas



The American Museum of Natural History in New York City is the largest natural history museum in the world.



Austin Riffe

Austin is a member of the Big Blue Band. He also serves as manager for the Elk football and basketball teams. Austin also does One-Act play and participates in speech and debate contests.

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Student of the Week

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ATTENTION READERS

Editors Note: If you have someone serving in the military and would like to have someone's picture and address put in the paper, please leave it with us and we will put it in for you. We will start putting addresses in and they will stay in every week. Call 366-5885 or fax to same number or e-mail stardm@xit.net

Nicholas McDaniel
Nicholas McDaniel is stationed in Iraq. If you would like to send Nicholas a card or letter

His address is
BALAD IRAQ PVT
MCDANIEL NICHOLAS
ABTRY (all of above on one line)
1ST PLT 1/9 FA
APOAE09391
Chance Crowl

New Address
LCPL CROWL, CHANCE
B BTRY
1ST BN 10TH MAR
UNIT 73330
FPO AE 09509-3330



Movies Beginning September 28

The Game Plan
PG Dwayne "The Rock" Johnson
Beginning Jane
PG Anne Hathaway Maggie Smith
Good Luck Chuck
R Dane Cook Jessica Alba
Resident Evil: Extinction
R Milla Jovovich
Mr. Bean's Holiday
G Rowan Atkinson
Mr. Woodcock
PG-13 Sean William Scott
Dragon Wars
PG-13 Jason Behr
3:10 to Yuma
R Russell Crowe Christian Bale
Halloween
R Brad Dourif

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Ask the Geek

By Kevin McDonald

Knowing When to Upgrade - Part 1

This week, a reader writes:

I have a computer that is several years old. My kids would like to use it to play games and such but it either won't run the programs or it just doesn't run them well. So my question is, is it more cost effective to upgrade my current machine or just purchase another one? If I just purchase another one, what can I do with the old one? When does someone just need to make the decision to do away with the old to get the new? And, how can I do either one without spending a lot of money?

I'm rather conservative when it comes to upgrading. The first question I ask: "What does your computer *not* do that you *want* it to do?" In your case, you've got software that needs more "oomph." I'm lacking some important details about your particular situation, but I'll give you an overview of what you should be looking for.

First, there must be a *reason* that the PC doesn't run this software. Does it give you an error message? Does it make any suggestions? If so, that will be key to determining what you need next. Is it saying that your "display adapter" needs to be set at a different resolution? Try changing those settings before giving up, or spending money. Does it run, but slowly? Check to see if your PC is running a lot of other programs - look down by your PC's clock. If there are a lot of little icons down there, those typically represent programs that are started when you launch your computer, whether you're using them or not. Try closing several of them and see if that improves performance. If so, try to configure them to *not* run at startup.

If your software won't run because your operating system (OS) is too old, you must next determine if your PC will handle a newer OS. (If you're already running any flavor of Windows XP, this is most likely not your issue.) I *do not* recommend upgrading to Windows Vista. It requires a lot of horsepower to run, and I've not yet met one person who has enjoyed their "Vista experience." Stick with XP!

Windows loves memory. If you don't have at least 256MB of memory, you need more. Fortunately, this is *not* an expensive upgrade, and it's *very easy* to install. I recommend at least 512MB total, and more if your wallet and your motherboard can handle it. There are certainly other considerations, such as your processor, your hard drive, your optical device (CD or DVD drive) and your video card. I'll tackle these other upgrade options in next week's edition. For now, if you're already running XP, look into more RAM, and check to see if there are too many superfluous programs running.

Kevin McDonald lives in Stratford with his wife and three children. He owns and operates Definition Computers: 806-366-7637

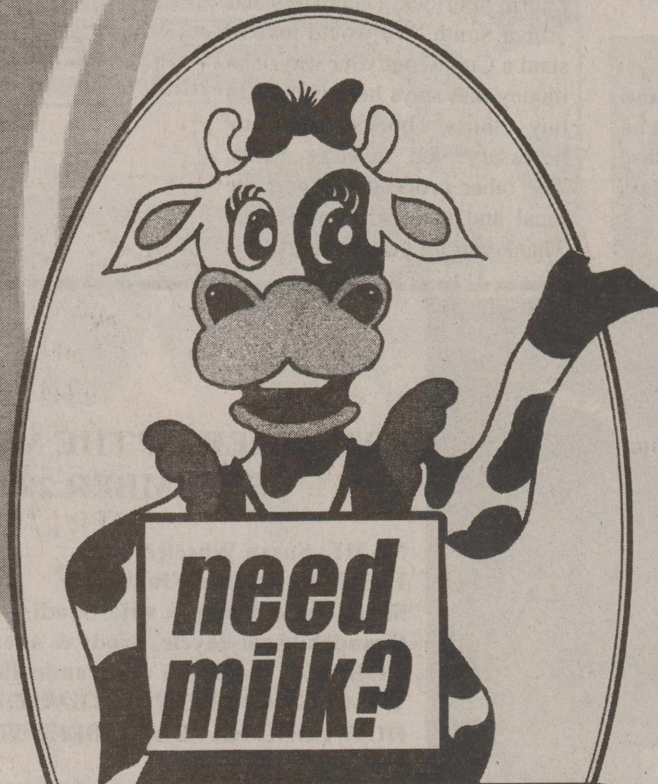
Do you have a burning computer question (or perhaps, a burning computer)? Email Kevin at askthegeek@definitioncomputers.com.



The country with the greatest number of telephones is the United States with an estimated 130,110,000.

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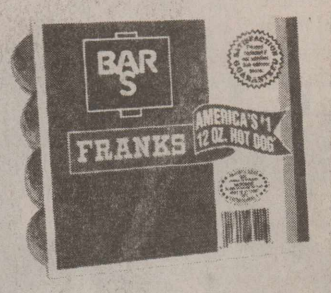
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ALLSUP'S WATER .5 LTR. BOTTLE / REGULAR 59¢	BUY ONE GET ONE FREE
AMERICAS FINEST CHEESE SLICES	\$1.09
TAMPICO PUNCH ASSORTED FLAVORS GALLON	2 FOR \$3
GATORADE ASSORTED FLAVORS 32 OZ. BOTTLE	2 FOR \$2
DON PABLO ASSORTED CHIPS REGULAR \$2.49	2 FOR \$4

Is 4-H a Fit? Births

By David Graf - Sherman County Extension Agent, Ag/Natural Resources

Small communities are a wonderful place to rear a family. They are also a place where every kid is pulled to be involved in every activity. Therefore it is important that you and your child carefully consider how you spend your time. Thinking through what activities best fit his or her needs is important in developing the knowledge and skills that you want for your child.

4-H is a premier family oriented program that offers opportunities for you and your child to develop a unique bond. 4-H gives you the chance to spend one on one time together, as well as a family. It provides children the earliest opportunity to learn skills in meeting participation, officer and committee leadership roles, and especially to learn to interact with kids who are the cream of the crop. All activities are supervised by VOLUNTEER leaders who love working with kids.

It's never too late to start a 4-H project or join a 4-H club, but now is prime-time, as clubs are forming. Contact one of these volunteers: *Foods/Nutrition*-Connie Burton or Laurie Spurlock; *Horse Club*- CeCe Yelek or Penny Gilbert; *Swine*-Dinah Horsford or Barney Willborn; *Texhoma Livestock Club*- Shannon and Arba Wood or Jewel Rae Grice; or call the Sherman County Extension Office at 366-2081.

Courage doesn't always roar. Sometimes courage is the little voice at the end of the day that says I'll try again tomorrow.
—Mary Anne Radmacher

Caitlin and Mary Graham are delighted to announce the arrival of their little sister Teena Marie Graham. Teena was born on Sunday, September 9, 2007 at Southwest Medical Center in Liberal, KS. She weighed 5 pounds 3 ounces and was 19 inches long. She is welcomed into the family by parents Michael and LaQuita Graham and sisters Caitlin and Mary of Texhoma, OK; Grandparents Frank and Barbara Vaughn, Aunt Diane Vaughn, and Great-Grandmother Berenice Stublefield of Stratford, TX; Uncle Chris Graham and Grandmother Juanita Graham of Texhoma, OK, and Grandfather Michael Graham Sr. of Guymon, OK. She is a small bundle of joy and is happy to be loved and cherished by her family.



Baby Shower Held Sunday

A Baby Shower was held on Sunday, September 23, 2007 in the home of Sherry Phelps honoring Tiffany Reagon and baby son Braxton. Shown above Dora Lutes, Tiffany and Braxton and Leslie Reagon.

CHANGES COMING TO SCOT

We hope everyone is ready to get back on schedule after the long summer. HOWEVER we are going to be seeing some changes in our schedule. The first change is the moving of SCOT night at the movies to SCOT afternoon at the movies. We will be showing academy-award winning movies at 2:00 on the first Monday of every month at Sherman County Library. Mark it on your calendar. Watch for more changes to be announced later.

A REMINDER—the Regular noon luncheon is Sept. 27 (this Thur) We will have the Senior Citizen group from Goodwill as our guests and a special program so come join us for a great time and and good food.

Brooks-Hutson Engagement

Ashley Renee Brooks and Rhett Alan Hutson are proud to announce their engagement and approaching marriage. The bride-elect is the daughter of Russel and Tina Brooks of Channing. Parents of the groom are Richard and Stacey Hutson of Dumas. The couple is planning an exchange of wedding vows on Friday, September 28, 2007 in the Stratford Country Club in Stratford. The bride-elect is a 2005 graduate of Channing High School. She is employed at Wal-Mart. The groom is a graduate of Amarillo College. He is employed by Coffey Tire & Brake, Inc. The couple will reside in Dumas.

Story Time To Begin

The Sherman County Public Library is accepting enrollment in the library's Fall Story Time which will begin on Tuesday, October 16th, at 9:30-10:15 a.m. and continue every two weeks through Tuesday, December 11th. Story Time is a project of the Sherman County Library and is free to all children ages 2-5 years of age with enrollment strongly encouraged (but not necessary) to allow the library to have ample supplies on hand for each session. Volunteers are also needed to assist with the programs. To enroll, volunteer, or if there are any questions, call the library at 366-2200.

Community

(NU) - For U.S. citizens, the American flag symbolizes the very ideals of the United States itself: life, liberty and the pursuit of happiness. Despite its ubiquitous presence, many citizens still do not know the basics of purchasing or maintaining the stars and stripes. AmericanFlags.com, the largest flag retailer in the world, advises that nylon is the most popular fabric for flags because it's durable, lightweight and flies well in even the slightest breeze. Cotton is the traditional flag fabric, but it wears more quickly and is heavier than nylon. For information about flag etiquette, including points on proper display and half-mast alerts, and to browse a large selection of flags, visit www.AmericanFlags.com.

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First Assembly of God
Kevin Anderson, Pastor
921 Fulton
Sunday School 9:45 am
Morning Worship 10:45 am
Evening Worship 6:00 pm
Wed. Bible Study 7:00 pm

First Christian
Rev. Walter Reed
5th & Main
Sunday School 9:45 am (nursery)
Morning Worship 10:45 am (nursery)
No Sunday Evening Worship Service
Wed. Youth Choir 3:45 pm, Chi Rho 5 p.m.,
CYF 6 p.m., Bell Choir 6:50 p.m., Adult Choir 8 p.m.

First United Methodist
Rev. Gene Weinette
520 N. Main
Sunday School 9:20 am
Morning Worship 10:30 am
Junior High UMY 5:00 pm
Senior High UMY 6:00 pm

St. Joseph Catholic
Father Aleksy Kowalski
6th & Pearl
Rectory - 366 - 5687
Sunday morning: 9:00a.m. (English), 12 noon. (Spanish)
Service - Wed. Thurs. Fri.—6 p.m. Sat. 5 p.m.
Sacrament of Reconciliation: Before Mass. or by appt.
Christian Formation Classes: K-6th Grade, Wed. afternoon
Jr. & Sr. High, Wed. - 6:30-8:30 p.m.

The Churches of Stratford Welcome You

In A Spirit of Love & Faith,
I Affirm Divine Justice

A person may find himself involved in what seems to be a most unjust situation. What is the recourse? What is the answer? In any situation that seems unjust, we need to hold firm to our faith in the never-failing justice of God. The divine law of justice is above man-made law. To affirm divine justice, to have faith in it, opens the way for the establishment of justice in any troubled situation. Justice and love go hand in hand. So when we pray for justice, when we affirm justice, let us do so in a loving spirit. The justice of God unites, never divides. The justice of God dissolves animosity and erases any desire for revenge or retaliation. The justice of God sets us free from the belief in injustice so what we know the nothingness of all which has seemed to stand between us and our good, between us and peace of mind and happiness.

Righteousness and justice are the foundation of thy throne.—Psalms 89:14.

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Church of Christ
Ernie Maiwald
N. 3rd & Chestnut
Sunday School 9:30 am
Morning Worship 10:30 am
Evening Worship 5:00 p.m.
Wednesday Bible Study - 7:00 p.m.

Heritage Bible Baptist
Pastor Rick Carter
302 S. Main - For More Info—call 396-2212
Morning Worship - 11 a.m.
Evening Service 6 p.m.
Wed. Service - 7:30 p.m.

First Baptist
Pastor Jason Stone
702 N. 3rd
Sun.—Coffee - 8:30 Sunday School - 9:30
Worship Service - 10:30
Wed. -Children—6:00, youth—7:00

La Mision Bautista
Mision Bautista
401 S. Wall 396-5376
Domingo-(Sunday)
Estuela Dominical 9:45 am

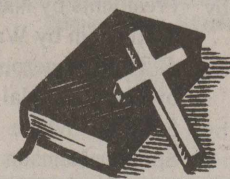
Miercoles (Wednesday)
Servicio De Adoration 11:00 am
& Servicio De Oration 6:00 pm
Servicio De Adoration 6:00 pm
Susninios Durante El Servicio.

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Pastor Roberto Frescas
205 N. Poplar - Hwy 287
Escuela Dominical 10 a.m.
Servicio De Adoracion 5 p.m.
Meir Co Les Serv De Ador 5 p.m.

Kerrick Community Church
Pastor Roy Harris
Community Building
Sunday Morning - 11:00 a.m.
Sunday Evening-6:00 p.m.
Prayer Meeting - 7:00 p.m. Wednesday





ELK TALES

Mrs. Reed's Nutrition and Foods classes have been learning about nutrients, safety, sanitation, food borne illnesses and also learning how to work together in a cooking lab. These students also will be doing home cooking assignments. They have to cook 10 items this semester and clean up as part of the assignment. The Personal and Family Development classes are learning about how to get along with others and communication. They will be starting a sewing unit next six weeks. I will try to keep you posted on how that is going.

We have some exciting new animals in Ms. Talcott's high school Science Classroom that everyone is invited to come and see!

We have a big, black, hairy tarantula named "Bob." There are also two snakes that love to slither around your arms when you hold them. Although they do not yet have names, we are taking suggestions. One is a coachwhip and the other is a Bull snake. We have a beautiful blue Beta fish named "Smurf" that lives in an ecosystem with a plant.

And perhaps the most intriguing of all the animals in the room is the Bearded Dragon! She is from Australia and loves to eat crickets and mealworms. She also has a great personality and loves to be held. Her name is still being determined.

Please do not hesitate to come by or schedule with me to come meet all of our new friends! (I visited the "zoo" and it's very interesting!—Mrs. Hauser).

Some of Mrs. Riffe's speech students have given speeches on some interesting topics. The activity really got the classes involved in spirited debates.

First Graders got their first Basal Reader and are reading in it. They are going strong in Accelerated Reader and they are getting a lot of use out of the computer lab. Parent conferences are next week.

The seniors attended the College Fair in Dalhart on Monday. The 7th, 8th, & JV will play in Stinnett on Thursday. Friday is the open date for the varsity football team. There is a cross country meet Saturday in Lubbock. This is the end of the first six weeks of school. Report cards will go out next week.

Quote of the week: "Personality can open doors, but only character can keep them open."—Elmer G. Letterman.

Guymon Community Theatre Honors Stratford Actor

The Guymon Community Theatre recently held their annual Awards Dinner honoring actors for the 2006-2007, 28th Season. Best Female Lead, Kristine Beddingfield for *Seven Brides for Seven Brothers*; Best Male Lead, Tom Dye for *Seven Brides for Seven Brothers*; Best Supporting Female, Lisa Schmitt for *Meshuggah-Nuns!*; Best Supporting Male, Austin Riffe for *Seven Brides for Seven Brothers*; Best Female Cameo, Katie Carter for *Seven Brides for Seven Brothers*; Best Male Cameo Jacob Stonecipher for *Cheaper by the Dozen*; Best set design *Seven Brides for Seven Brothers*.

The 29th season will open with *Cinderella*, directed by Raven Carter. Production times are Thursday, October 4, 7:30 p.m.; Saturday, October 6, 2:00 p.m. and 7:30 p.m.; Sunday, 2:00 p.m.; Monday, October 8 at 7:30 p.m. and Tuesday October 9 at 7:30 p.m.

Other productions for the 2007-2008 season will include *Thoroughly Modern Millie*, February 2008 and *Steel Magnolias* in April 2008.

All productions are made possible through the assistance of the Oklahoma Arts Council and the National Endowment for the Arts.

STRATFORD INDEPENDENT SCHOOL DISTRICT BOARD OF TRUSTEES REGULAR SESSION

September 18, 2007

The Stratford ISD board of Trustees met in regular session on Tuesday, September 18, 2007. President Joe Reinart established a quorum was present and called the meeting to order at 7:05 AM.

Board members present: Joe Reinart, Brent Spurlock, Patti Vincent, Greg Wright, Barney Willborn, Steve Hays, and DeWain Trayler. Guest present: Lynette Kautz, Misti McBryde, Clint Seward, Ashley Hartsell, Dinah Horsford and Theresa Edmond.

Ashley Hartsell led the invocation.

Mr. Gilliland went over the recognition for the month. It was as follows: Sherman County Younger Texans held their annual awards banquet on Monday, September 3, 2007. Awards were presented to: **1st Year Awards** - Wesley Allen, Boston Hudson, Ashton Sellers, Madeline Drake, Alex Riffe, Kelsey Pickens, Branson Palmer, Tyler Rouse, Monica White, Taylor Wright, Bethany Everett **Rookie of the Year** - Cathryn Griffin, Blaine Killian **Bronze Star** - Ben Gilliland, Landry Davis **Silver Star** - Sunny Russell, Katie Killian. The **Gold Star Award** was presented to Jennie Spurlock. This is the highest award that a 4-H'er can receive and has a scholarship with it. He congratulated these 4-H'ers.

Mrs. McBryde gave the elementary report. She passed out a report of events at the Mary Allen. Back to School night was held on September 4th. Attendance was down possible due to the Labor Day holiday. The Title I meeting was held during Back to School night. Mary Allen Elementary is participating in a pilot program for the 3rd edition of Saxon math. The new staff at the elementary is adjusting well. She thanked the board for the security cameras on the elementary campus. On-line assessments will begin at the end of the month. The current enrollment for the elementary campus is 233. Mr. Seward gave the junior high report. He reported that his campus enrollment is up about 10 students from last year and the current enrollment is 181. Both 7th and 8th grade football teams are doing well. The cross country teams are also doing well. They will run at Sunray this weekend. Three week progress reports went out on Friday. The 5th grade math class is also participating in the pilot program for Saxon math. Stratford will host the Elementary/ Junior High UIL meet at Frank Phillips College in Borger on November 9th.

Mr. Hartsell gave the high school report. The high school enrollment is currently 174. The football teams and cross country teams are doing well. The cross country teams will compete in Sunray this weekend. He reported that several Ag students exhibited animals in the Tri State Fair in Amarillo this past weekend.

Mr. Gilliland went over the district enrollment. It was Mary Allen, Elementary-233, Junior High - 181, High School-174, for a total district enrollment of 588. He then gave the superintendent report. The transportation cost was .55 for the month. He then gave the monthly budget summary. Monthly expenditures are at 88.61% and revenue collected at 95.02%. Tax Collections are at 99.20% with all remaining taxes being delinquent. He went over the quarterly investment report. SEE ATTACHMENT #1 He reported to the board on the TASB property insurance. The board decided to send out for property insurance bids.

Brent Spurlock made the motion and Barney Willborn seconded to accept the consent agenda as presented. Motion carried 7-0.

Mr. Gilliland went over the Physical Therapy/Occupation Therapy service proposals received. Coon Memorial Hospital was the only proposal received. SEE ATTACHMENT #2 Discussion was held. Patti Vincent made the motion and Steve Hays seconded to accept the proposal as presented. Motion carried 7-0.

Mr. Gilliland presented the computer proposals that were received. SEE ATTACHMENT #3 Computers will be purchased with federal funds. DeWain Trayler made the motion and Greg Wright seconded to accept the proposals from Westgate Computers for the desktop and laptop computers. Motion carried 7-0.

Mr. Gilliland went over the HVAC repair proposals. Proposals were received from Dumas Air Conditioning and Mungia's Heating and Air. SEE ATTACHEMENT # 4 Discussion was held. Barney Willborn made the motion and DeWain Trayler seconded to accept the Mungia's Heating and Air HVAC Repair proposal as presented. Motion carried 7-0.

Theresa Edmond on the Sherman County Appraisal District discussed with the board changes in the Appraisal District due to law changes. The Sherman County Appraisal District is no longer able to appraise property outside the Sherman County boundaries. Preliminary budget figures were discussed. Actual figures will be received in October. These law changes will affect the appraisal district board members also as you must live in Sherman County to be on the appraisal board. She also discussed the Goods in Transit Law. This law must be acted upon before January 1, 2008. She then discussed an exemption that will be on the November ballot pertaining to personal vehicles.

Mr. Gilliland went over the Energy Consumption Reduction Plan. Discussion was held. DeWain Trayler made the motion to approve the plan as presented. Patti Vincent seconded the motion. Motion carried 7-0.

The meeting was adjourned at 8:15 AM. The board took a facility tour.

New York Times Best Sellers @ Your Library

By Sandy Baskin-Librarian

- Fiction
1. You've Been Warned by James Patterson
 2. A Thousand Splendid Suns by Khaled Hosseini
 3. Pontoon by Garrison Keillor
 4. The Wheel of Darkness by Douglas Preston and Lincoln Child
 5. Bones to Ashes by Kathi Reichs
 6. The Quickie by James Patterson
 7. The Elves of Cintra by Terry Brooks
 8. Play Dirty by Sandra Brown
 9. Tree of Smoke by Denis Johnson
 10. Lord John and the Brotherhood of the Blade by Diana Gabaldon
 11. The First Commandment by Brad Thor
 12. The Tin Roof Slowdown by James Lee Burke
 13. The Secret Servant by Daniel Silva

14. Lean Mean Thirteen by Janet Evanovich
 15. High Noon by Nora Roberts
 16. Water For Elephants by Sara Gruen
 17. The Kite Runner by Khaled Hosseini
 18. The Memory Keeper's Daughter by Kim Edwards
 19. Middlesex by Jeffrey Eugenides
 20. The Road by Cormac McCarthy
 21. Snow Flower and the Secret Fan by Lisa See
 22. The Boleyn Inheritance by Philippa Gregory
 23. Summer by Karen Kingsbury
 24. 74 Seaside Avenue by Debbie Macomber
- Non-Fiction
1. Lone Survivor by Marcus Luttrell
 2. The Preacher and the Presidents by Nancy Gibbs
 3. Einstein by Walter Isaacson
 4. The Dangerous Book for Boys by Conn and Hal Iggulden
 5. Who Move My Cheese by Spenser Johnson
 6. Reposition Yourself by T. D. Jakes

4-H FOOD SHOW OCTOBER 8

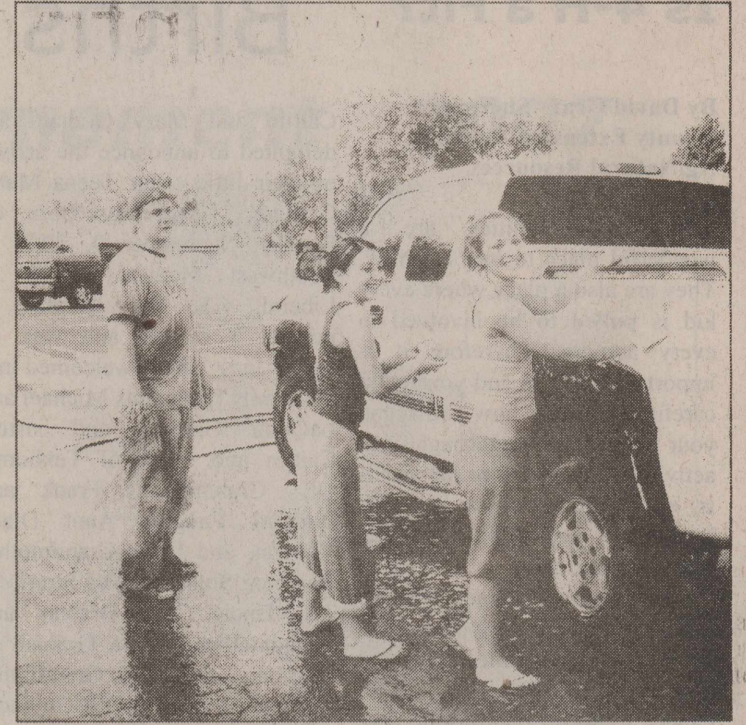
By Susie Spurlock

Members of Sherman County 4-H are preparing for the County 4-H Food Show to be held October 8, 2007. These members are meeting in project groups under the leadership of volunteers dedicated to assisting youth in learning life skills.

Youth are learning nutrition knowledge, food preparation and safety skills, social role of foods, and food buying skills. Participants of the County Food Show will be showcasing knowledge and skills learned by exhibiting a food dish of their choice. **Members are reminded that Entry Forms and recipes are due by 5:00 p.m., Tuesday, October 2, 2007.** Entries should be returned to the County Extension Office located at the Courthouse in Stratford.

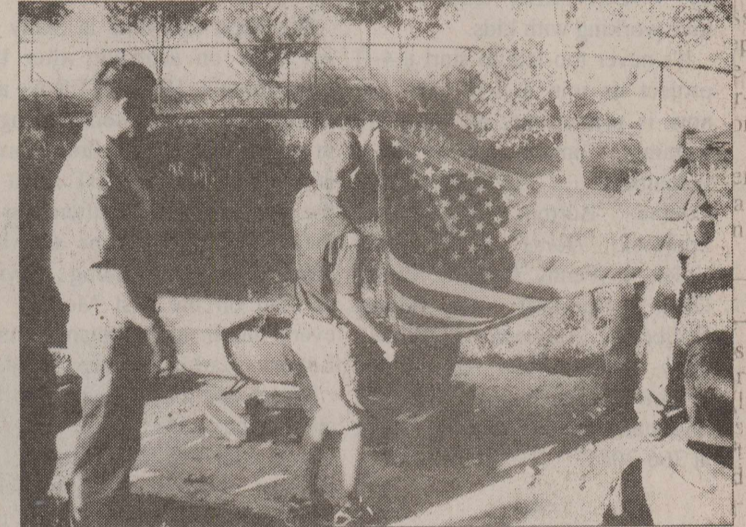
Volunteer project leaders are Connie Burton, Mary Ann Ely, Jennie Spurlock, Katie Killian, and Laurie Spurlock.

Sponsors of the Food Show are Stratford Grain Company, Walter Lasley and Sons Feedyard, West Texas Gas Company, Moore Food Pride of Stratford, Sherman County Parent/Leaders Association and the Texas Cooperative Extension. Educational programs conducted by Texas Cooperative Extension are open to all citizens without regard to race, color, sex, disability, religion, age, or national origin.



Senior Car Wash

The Senior Car Wash was held on Saturday, September 22, 2007. Seniors from left, Dillynn Williams, Tomasina Swift and Darcy Rosales working the first shift of the car wash. A total of 335 vehicles were washed.



Cub Scouts Hold Flag Retirement Ceremony

The Stratford Cub Scouts recently held a Flag Retirement Ceremony. At the beginning of the meeting, Chris Riffe, told the boys about the proper ways to display and handle the flag. He then informed the boys that anyone could retire a flag but that the only two proper ways to retire a flag was by burning or burial. The Riffes had accumulated over twenty flags that the Scouts retired. The Scouts brought the flags down to the fire, opened it up, and the Pledge of Allegiance was said. Then the flag was gently set onto the flames. It was a very special ceremony and the boys (and audience) learned about flag respect.

Letters to the Editor

Dear Editor:

I am really excited and thankful to have others as a working committee to enhance and improve Stratford. I hope they will address the more than 50 dead trees in town. That was addressed several years ago and went nowhere. Some one asked how to get trees trimmed on public property? Get out your check book! That also includes mowing. Sometimes it is not a lack of desire but the lack of equipment. The equipment is available; the use of it is sometimes the problem. Maintenance is not a one shot project but ongoing. Hopefully this committee will stay the course and be committed for the long haul. I have been involved with this since the Scouts begin Keep Stratford Beautiful observed each April in the 1960's.

Gaynelle Riffe

People are made of flesh and blood and a miracle fibre called courage.
—Mignon McLaughlin

FOOD AND WINE

White Tea: The Next Health Craze

(NU) - White tea is the least processed of any tea and is widely recognized for its antioxidant properties. Recent studies indicate that compared to other teas, white tea contains even higher amounts of flavonoid antioxidants. With the health research looking very promising, white tea is well on its way to becoming the next health food craze.

White tea is harvested in the cloudy mountain mists of China. As might be expected, the flavor is subtle and mellow, creating a delicious taste sensation. Each cup of Salada White Tea contains 190 mg of flavonoid antioxidants, so it is just right for today's healthy lifestyle.

During the fun-filled days of summer, why not shake things up and treat the family to a fruit smoothie with a healthy twist? The Salada White Tea smoothie is refreshing, easy to make and an excellent way to enhance your health while cooling off.

WHITE TEA SMOOTHIE

(Makes 2 1/2 cups)

- 1 1/2 cups of frozen fruit (berry medley - includes raspberries, strawberries, blueberries, blackberries)
- 3/4 cup of soy milk
- 1/4-1/2 cup of brewed Salada 100% Pure White Tea, depending upon desired strength
- 1/2 cup of natural pomegranate or pomegranate/blueberry juice
- 1 banana

Put frozen fruit, soymilk,



white tea, juice and banana in a blender. Cover and blend until smooth.

Another recipe from Salada, featuring white tea, that is perfect for the summertime is white iced tea:

WHITE ICED TEA

(Makes 4-6 glasses)

- One quart boiling water
- 4 Salada 100% Pure White Tea or 100% White Tea
- Asian Plum White tea bags
- Fresh raspberries, orange slices or lemons

Place tea bags in a glass pitcher. Add boiling water. Steep for five minutes. Pour into ice-filled glasses. Add fresh raspberries, orange slices or lemons for natural flavor and sweetness.

For more recipes, and further information regarding white tea, please visit www.greentea.com.

Home Improvement

(NU) - Brick pavers are becoming popular among homeowners who want to improve their home's curb appeal by reworking their driveway, says Laura Schwind, a landscape architect for Pine Hall Brick, a paver manufacturer. "Everywhere you go, you see oceans of concrete driveways, but a brick driveway sets your driveway apart from everyone else's with a richer, more distinctive look," Schwind says. For more information or to find the nearest Pine Hall Brick distributor, call 800-334-8689 or visit www.pinehallbrick.com.

To check the availability of these items go to www.hlc-lib.org/stratford. Next click on "Search the catalog" and search Sherman County Library. Call 366-2200 and we will be happy to place a hold on the item for you.

Cross Country At Sunray



Lady Elk runner Kristen Crabtree wins second at Sunray.



Lady Elk runner Kelsie Keener



J.V. runner Nelson Rodriguez

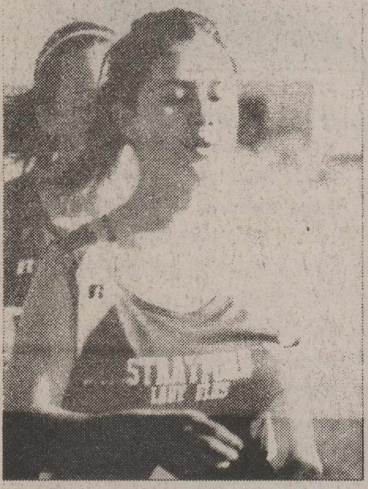


J.V. runner Roy Allen



Rattlesnake Loses Fight

Kelsie Keener holding the large rattlesnake killed by her father Mark and brother Klinton on their ranch in Kerrick last week.



J.V. Lady Elk runner Beatriz Marquez



7th grade runners Kelby Hartman, left and Reed Schoonover.



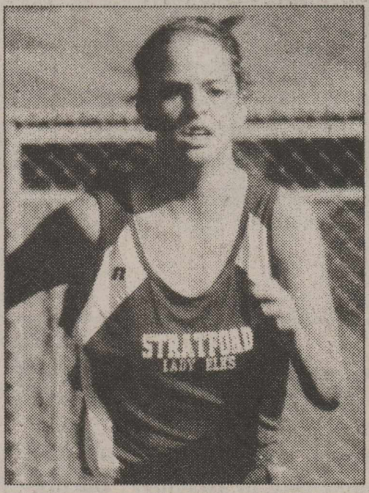
8th grade runner Justin Mungia



8th grade Lady Elk runner Shannon Maiwald



Tori Rouse - 8th grade Lady Elk runner.



J.V. Lady Elk runner Kristina Woodburn

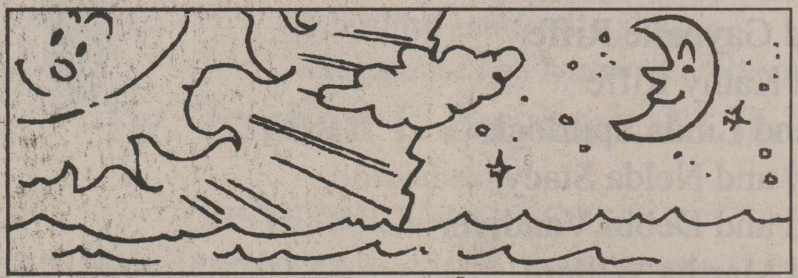
Did You Know?

(NAPS)—A variety of medications can be prescribed for hypertension, including ACE inhibitors. ALTACE (ramipril) is an ACE inhibitor and is described as the No. 1 brand in its class. To learn more, visit www.altace.com.

Families can use the Department of Education's and office of Federal Student Aid's online FAFSA4caster to calculate the amount of federal student aid they'll receive for college and to get a jump start on the FAFSA process. Call (800) 4-FED-AID or visit www.FederalStudentAid.ed.gov.

Too often we give children answers to remember rather than problems to solve.

—Roger Lewin



All bodies of water are subject to the tide-producing forces of the sun and moon, but only when oceans and continents meet are the tides great enough to be noticed.

The J.H. Cross Country teams traveled to Hugoton on Saturday, September 17, 2007.

The 7th grade girls placed 1st as a team and individuals finished in the following order: Erika Robles - 3rd - 6:32.95; Meghan Brooks - 11th - 7:04.23; Haydee Rojas - 25th - 7:38.46; Karen Lozoya - 27th - 8:06.74; Tera Harris - 30th - 9:02.93 and Shyanne Acker - 31st - 9:16.94.

The 7th grade boys won 1st as a team and placed individually as follows: Reed Schoonover - 3rd - 5:57.97; Alex Chavoya - 4th - 6:00.83; Kenny Ruiz - 12th - 6:13.64; Grayson Gonzalez - 14th - 6:14.40 and Kelby Hartman - 16th - 6:20.07.

The 8th grade girls team placed 3rd and individuals placed as follows: Tori Rouse - 7th - 9:29.90; Shannon Maiwald - 20th - 11:09.32; Perla Reta - 25th - 11:23.23; Adriana Ibarra - 27th - 11:31.39; Carina Michel - 28th - 11:36.84.

8th grade boys individual results as follows: Justin Mungia - 11th - 8:40.55; Neftali Valenzuela - 34th - 10:04.40; Nicolas Barajas - 35th - 10:07.68.

On Saturday, September 22, 2007, the J.H. and High School Cross Country teams traveled to Sunray to compete.

The Varsity Lady Elks placed 6th as a team with 154 points. Individually Kristen Crabtree captured the silver medal with her second place finish with a time of 13:35 followed by Kelsie Keener in 12th with a time of 14:24; Janeth Reyes - 44 - 15:30; Lucero Ortega - 59 - 15:50; Jessica Ibarra - 68 - 16:17; Brianda Chavoya - 73 - 16:38 and Yesenia Ibarra - 84 - 17:11.

The J.V. Lady Elks placed 3rd as a team with 90 points. Individual results as follows: Rubi Rueda - 5th - 16:05.8; Kelsey Stein - 18th - 17:06.5;

Beatriz Marquez - 24 - 17:33.6; Jordan Confer - 25th - 17:37.4; Kristina Woodburn - 26th - 17:37.8; Esmeralda Sauzameda - 31st - 18:01.0; Morgan Carter - 38 - 18:31.0; Lindsy Confer - 39 - 18:48.5.

The J.H. Lady Elks placed 7th as a team with 144 points. Tori Rouse finished 10th with a time of 15:11.1 followed by Erika Robles - 12th - 15:23.5; Meghan Brooks - 55 - 17:45.7; Stephanie Jacquez - 56 - 17:48.2; Perla Reta - 64-18:20.6; Shannon Maiwald - 65-18:25.7; Carina Michel - 66-18:25.9; Karen Lozoya - 79th, Adriana Ibarra - 80th; Haydee Rojas - 92nd, Monica King - 97th - Elizabeth Reyes - 111; Shyanne Acker - 112; M'Lynn Wells -113; Alex Asher - 114; Kaylee Mungia - 115; Diana Lopez - 116 and Jessica Couch - 123.

The J.H. Elks placed 2nd as a team with 67 points. Justin Mungia finished 7th with a time of 17:31.6 followed by Alex Chavoya - 10th 17:41.2; Reed Schoonover - 13th - 17:44.3; Kelby Hartman - 25th - 18:37.5; Kenny Ruiz - 27 - 18:55.2.

The J.V. Elks team placed 4th with 83 points. Nelson Rodriguez finished the 3 mile course 6th with a time of 19:34.0. Vince Rueda followed in 8th place with a time of 19:50.6; Roy Allen - 16th - 21:06.1, Christian Alcala - 22 - 21:24.1 and Justin Smith 32 - 24:06.1.

According to the National Pest Management Association, stinging insects send more than 500,000 people to the emergency room annually and can show up almost anywhere. If you suspect a pest problem or want regular home inspections, contact a pest professional. For more information, visit www.pestworld.org.

All houses require maintenance of some kind, and it's especially important when the weather turns colder, says Jim Rocchetta, vice president of Marketing for nationwide home improvement contracting network Handyman Connection. For more information, call (800) 88-HANDY or visit www.handymanconnection.com.

Stylists say people's cell phones give insight into their personalities. To find out the type of cell phone user you are, you can visit MyCellStyle.com.

Garage door safety is no accident. A safety reverse system is a must when it comes to keeping your family safe around a heavy garage door. If the sensors are not working properly, visit www.liftmaster.com.

There was never a child so lovely, but his mother was glad to get him to sleep.
—Ralph Waldo Emerson



The world's biggest jack-o'-lantern was carved from an 827-pound pumpkin in California in 1992.

<p>Business Directory</p> <p>WALTER LASLEY & SONS INC. THE Feedyard Since 1953 753-4411</p>	<p>Stratford Hospital District Coldwater Manor Stratford Family Medical Clinic Stratford EMS Proudly serving the medical needs of Stratford and Sherman County</p>
<p>Stratford Grain Co. Stratford 396-5541 Lautz 769-4485 4 North Main</p>	<p>TRCC # 11427 PALMER CONSTRUCTION New Construction Remodeling Roofing Free Estimates 610 E. Taylor P.O. Box 217 Texline, TX 79087 806-333-4253 806-362-4253</p>
<p>Stratford Auto Electric 119 S. Wall, Stratford, Texas 79084 Phone 366-5941 366-5857 Alternator, Starter, -Magneto Repair Since 1964</p>	<p>Joe Taylor, Photography PO Box 27 1305 N Chestnut Stratford, TX 79084 806-366-2459 Weddings, Portraits, Etc.</p>
<p>Betty Brown's Medical Claim Service Located at 8306 Pomona, Amarillo, TX Phone 806-367-5617 Cell 806-753-7569</p>	<p>Ivy Insurance Agency Joanie Ivy Auto • Home • Life • Commercial Bus: (806) 396-5810</p>
<p>Dalhart Maintenance Services Carpet & Upholstery Cleaning Residential - Commercial Clark Schafer - Owner/Operator IICRC Certified 806-244-0534 806-220-4047 "Helping you maintain both your home & business"</p>	<p>Duncan Chevrolet www.duncanchevrolet.com E-mail duncanch@xit.net</p>
<p>A & I PARTS CENTER AUTOMOTIVE AND INDUSTRIAL PARTS - THE CAR CARE PEOPLE Jerry Ewers Manager P.O. Box 1146 201 N. 2nd-Stratford, TX 79084</p>	<p>Jesse's Gun Shop Gun Repairs • Sales • Cleaning Hours: Mon. - Fri. - 1730 - 2000 Sat. - 0800 - 1600 Jesse Resendes (806) 763-4454 (806) 366-3134 Shop 111 S. Maple Stratford, TX 79084</p>
<p>DON'S COLLISION CENTER Owner - Don Aduddell 319 S. Poplar Office 806-396-2812 • After hours 806-366-3233</p>	<p>Your Home Town Pharmacy.. ELK PHARMACY 317 N. Main P.O. Box 360 Stratford, TX 79084 806-396-4505 Major Prescription Plans Accepted Gayland Vandiver, R.Ph. Debbi Vandiver/ Owners Carlton Cards...Millionaire Candy...Gifts Cookie and Balloon Bouquets</p>
<p>MARY KAY® Mayrene K. Aduddell Independent Beauty Consultant Email: makeup@xit.net Hm 366-3233 Mobile 930-7366 420 N. Chestnut / P.O. Box 33 Stratford, TX 79084 www.marykay.com/maduddell</p>	<p>Stratford Hospital District Coldwater Manor Stratford Family Medical Clinic Stratford EMS Proudly serving the medical needs of Stratford and Sherman County</p>

Circle of Friends Benefit Golf Tournament 2007

Our thirteenth annual Circle of Friends Golf Tournament and Steak Dinner was a wonderful success thanks to the hard work of our host couples and the generosity of local and not so local businesses.

Hosted By -----2007

Rex and Bernice Christian

Si and Sharon Perkins

Tim and Laurie Gilliland

Marty Bain

E.R. and Joan Bell

Nathaniel and Keri Walden

Dick and Barbara Chumley

Marcus and Ashley Lavake

B.A. and LeRayne Donelson

Joe and Jean Everett

Bill and Betty Fesler

Bill and Donna Gillenwaters

George and Gayle Harding

Tim and Tiffany Hudson

Pat Johnson

Cagle and Sonya Kendrick

Walt and Kris Lasley

John and Sharon Wilson

Dwight and Mary Brooks

Ole and Audrine Olson

Gared and Misti McBryde

Duane and Yvonne Pittman

Chris and Ronna Riffe

Don and Gaynelle Riffe

Bill and Kathy Riffe

James and Linda Spurlock

Wendell and Nelda Stacy

Gayland and Debbi Vandiver

Jess and Martha Willard

Billy Elliott

Richard Chumley

Wesley & Susie Spurlock

Bill & Margaret Reed

John & Nina Lavake

Roger Allen

Jim Peirce

Kathy Hart

Judd and Deana Butler

Greg and Sheri Hudson

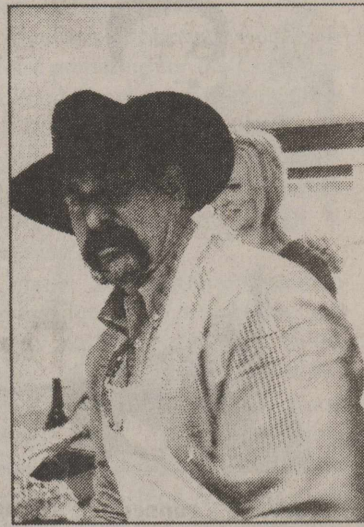
Kenny and Barbie Wight

Eddie and Stacie Metcalf

Ashley and Amy Hartsell

Blake and Thiffany Confer

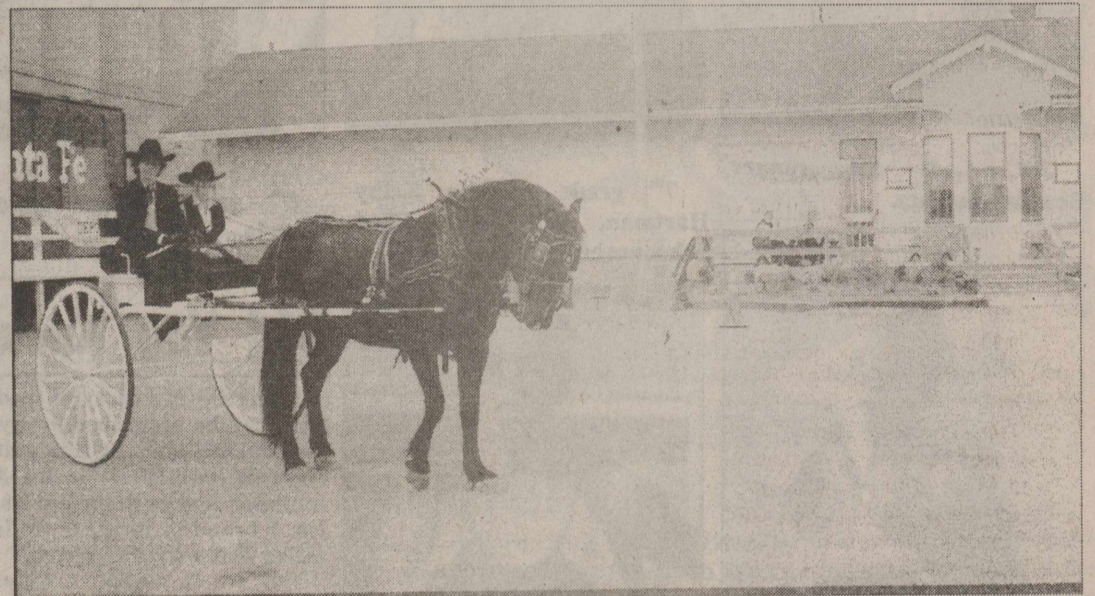
Cory and Baily Naugle



Chef Judd Butler at the Circle of Friends Benefit Golf Tournament held at Stratford Country Club.



Walter Lasley and Tim Hudson at Circle of Friends Benefit Golf Tournament recently held.



Traditional Day of Driving

Driver, Austin Riffe and groom, Katie Killian make the Pub-Hub stop at the Depot Museum, Saturday during the Traditional Day of Driving. Dorothy Haile and Pat Johnson hosted the viewing porch. Judge Terri carter measured the distance to the cone.

I don't know why I'm always amazed at how enthusiastically our people respond to causes like this, but we do live in a very special and unique community with very caring people—Thank you all very much.

It's not too late to help, if somehow we missed you. You're TAX-DEDUCTIBLE donation can still be made. Make checks payable to Circle Of Friends and mail to Pat Johnson, Box 888, Stratford, Tx 79084.

REMEMBER THIS MONEY STAYS IN THE 'TOP OF TEXAS' TO HELP OUR PEOPLE !!!

2007
CIRCLE OF FRIENDS GOLF TOURNAMENT
STRATFORD COUNTRY CLUB

CHAMPIONSHIP FLIGHT —1ST DUANE PITTMAN & AUDRINE OLSON-137
2ND-BRETT & SAMI WILSON-142
3RD-ROYCE HOWELL & DIANN LATHAM-146

1ST FLIGHT —————1ST -BILLY MIZER & 151
2ND-LOU THOMAS & TANER TINCANON-153
3RD-JIM & NANCY CRANE-154

2ND FLIGHT —————1ST-DAVE & JERRY WATKINS-153
2ND -RED & MARLYN PARKER-154
3RD-COY & BELINDA BARTON-159

3RD FLIGHT —————1ST-JAMES & PAULA ISABELL-167
2ND CLAY & JACKIE MYERS-168
3RD-GARY & LARONDA BISHOP-168

4th FLIGHT —————1ST-RON LASATER & MONET LASATER-175
2ND-RICHARD CHUMLEY & PAT JOHNSON-177
3RD ROBERT & WANDA FERGERSON-179

Business Donors were: C & D Body shop, Duncan & Boyd Jewelry, General Store, Moore's , Mungies, A & I Parts, Bain Tire, Smith Agency, First State Bank (Stratford), Happy Bank (Stratford), Lextron (Dalhart) Stratford Grain, Brooks Motor, John Ewers, Stratford Star, Ivy Ins., West Texas Golf Carts (Dalhart), Texas Electric, Acquisitions, Lehr Fertilizer, Stewarts Lube (Dumas), The Red Door, Lets Make Arrangements, Sue Holt State Farm Ins (Dumas), Hart Motors (Dalhart), Texhoma Wheat Growers, Iowa Vet Supply, Great Lengths, Morrisons Funeral Home, Gary Hudson Seed Co., XIT Cellular, Stratford Farm Bureau, First National Bank (Texhoma), Panhandle Imp, Budweiser, Duncan Chevrolet, Micro Beef Tech, Stevenson & Sons, Lasley Feedyard, Coronado Feedyard, Dettle Cattle Co, Cimarron Feeders, Hartley Feeders, Hitch Feeders, Stratford Feedyard, Cargill Cattle Feeders Lesa Scott Photography (Dumas) Ad Rem Land Co, (Dumas), Gaskill, Pharis & Pharis (Dumas), The Boars Nest (Dumas), Helena Chemical, Clay Myers (Texhoma), Elk Junction, W&C Land & Cattle, Smith Agency, Sunray Co-Op, The Cleaning Station, Moore Co. Gin, Vincent Ins., Edward Jones Investments (Dumas), Stockmans Feed (Dalhart), Premier Ag. (Dalhart), Murphy Farms, West Texas Gas, David Saugtade (Amarillo), Spurlock Farms, Donelson Farms Dana Buckles Insurance Stratford Flying Service, Hansford Imp, KDDD Radio (Dumas), Boars Nest, El Rancho, Wimpys (Dumas), Sem Crude (Booker), Frontier Fuel (Dalhart), Crop Core,

Steaks Donors Were:

'Dettle Cattle Co	Coronado Feedyard	Lasley Feedyard	Stratford Feedyard
Cimarron Feedyard	Hartley Feeders	Hitch Feeders	Cargill Cattle Feeders

Raffle winners were:

DUNCAN & BOYD— NECKLACE—BECKY SELLS
ACQUISITIONS—LARGE GARDEN STAR—MARCIE LANGLEY
FIRST NATIONAL BANK (Texhoma)—\$5 GOLD COIN—SUSIE HAGAN

REMINDER

RANCHERS.....WE ARE QUICKLY APPROACHING WINTER...AND WE ALL KNOW WHAT THAT MEANS!! LET'S HOPE FOR GOOD MOISTURE, BUT MAYBE NOT ALL AT ONE TIME!! IT LOOKS LIKE CATTLE PRICES ARE GOING TO REMAIN GOOD...SO DON'T FORGET ABOUT YOUR LIVESTOCK INSURANCE. OUR AGENCY OFFERS THE MOST COMPETITIVE RATES AS WELL AS A FRIENDLY STAFF, AND GREAT CUSTOMER SERVICE!! GIVE US A CALL FOR WINTER PRICES!! WE CAN BIND COVERAGE ON CATTLE EFFECTIVE 10/01/07.

GIVE US A CALL!

Diane, Patty or Joanie

806 396 5810

After hours: 806 396 5533 or 806 676 9593



FARMERS

205 N Main

Stratford, Texas 79084



It Pays To Look In The

Star Classifieds

Phone 366-5885

..The Best Salesperson Around

Help Wanted

COLDWATER MANOR has an opening for Kitchen help. Apply in person.
10-4-c-2x's

Stratford Family Medical Clinic is taking applications for a Medical Office Assistant and Receptionist. Spanish a plus. Please apply in person 1220 Burnell, between the hours of 8 a.m. and 5 p.m. Monday-Thurs and 8 a.m. till noon on Fridays.
9-27-c-4x's

Cimarron Feeders needs a full time member to join the Doctor Crew. Excellent facilities, team atmosphere & respect for refined skills and quality performance. Great benefits that include: Medical & Dental insurance as well as 401 K, vacation, & bonuses. Questions? Call: Garrett @ 580-543-6383 ext. 1646. Must pass physical and drug test. EOE
10-4-c-2x's

Cimarron Feeders needs a full time member to join the Pen Riding Team. Excellent facilities, team atmosphere & respect for refined skills and quality performance. Great benefits that include: Medical & Dental insurance as well as 401 K, vacation, & bonuses. Questions? Call: Garrett @ 580-543-6383 ext. 1646. Must pass physical and drug test. EOE
10-4-c-2x's

Lollipop Junction is searching for a new director. Also need dependable adult. Must be 18 years of age w/high school diploma or equivalent. Must love children. Hours may vary. Send resume to Box 411 or contact Wesley Spurlock-Board present at 753-7215.
6-7-tfn

Sherman County Yearling Ranch looking for employee, Cattle & Horse experience necessary. Benefits. Call office 580-423-7281 or mobile 620-482-5501. Freeman Ranch
10-4-c-3x's

Part time welder, experience with pipe fences required. Flexible schedule
Call: (806) 727-4646 Coldwater Creek Cattle Co.
9-20-c

For Rent

House for Rent: 519 N. Grace, 2 Bdrm, 2 bath, huge backyard. NO SMOKERS & NO PETS. For more information call 753-7052 or 753-7092.
8-16-tfn

For Sale

For Sale: Kitchen Electric stove 30" and Exercise bike. Reasonable. 396-2268.
9-27-c

For Sale: Sofa Sleeper-Queen size, matching love seat, Leather Rocket/recliner. May see at 720 N. Pine. Phone 366-5349.
10-4-3x's

For Sale or Lease-Morten Building, 54' x 72' x 16. 396-2305.
6-22-tfn

For Sale: 1995 Pickup for sale Call 396-2404.
9-27-c

For Sale or Lease-212 N. Poplar-40' x 60' office building. Call 806-679-5585
4-1-tfn

For Sale Feed, Seed Or Hay

Winter Wheat & Fall Forage Seeds
WHEAT
TAM 111, TAM 112
Cutter, Jagalene
BEARDLESS WHEAT
Deliver, Longhorn, Russian
Beardless, Weathermaster 135
TRITICALE
Bobcat, Beardless Blend
Presto, Pika, T-28, Full Season
Trit Blend, Tamcale 5019, Jenkins
GRAZING BLENDS
Bobcat Beardless Trit Blend
Triple B Beardless Blend
BARLEY
P919 Beardless Barley
RYE
Maton, Elbon, Strain Cross, Oklon
OATS
Troy, Hy-test, Jerrys
Bagged or Bulk, Delivery available
800-299-9273 *806-258-7394
GAYLAND WARD SEED
Hereford, Texas
9-27-8x's

Houses for Sale

For Sale: Country Living, 15 miles from Stratford. 25 from Dalhart, 4000 plus living, 4 bedrooms, 3 bath, formal dining, oak flooring, basement, 40 x 50 insulated shop. All rooms extra large. Call 366-3233 for appointment.
See pictures @
Shermancountytx.org
6-28-tfn

For Sale: 816 N. Maple, 3 bedroom, 1 bath, 2 story home. Call 753-6677 or 366-7664-hv message
5-17-tfn

NEW LISTING! For sale by owner. 314 S. Fulton. 1662 total sq. ft. 3 bed/2bath. CH&A. Single garage/double driveway. Large deck. Cash back at closing incentive. Will show by appt. 806-683-2553.
8-9-tfn

Ad Rem Land Co.

803 S. Bliss • Fax: 935-7687
935-7364
E-mail: adrem@adremland.com
website: www.adremland.com
MLS Se Habla Español

601 S. Pearl - 3/2/1, Lots of character! Lots of recent updates. Includes 270 sq. ft. shop and 135 sq. ft. metal storage, covered patio, large fenced yard, and isolated master.

207 West Texas Ave - PRICE REDUCED! \$129,000 Commercial Building.

SHERMAN COUNTY SECTIONS- three sections, 3 phase electricity, two nice homes and landscaping. Quonset barn, irr. wells, sprinklers, 3 miles hwy front, +caliche-WILL DIVIDE!
HORSEMAN'S PLEASURE/CATTLEMAN'S DELIGHT-NW of GRUVER-80 acres +/-, nice 4,000+/-sq. ft. brick home, metal roof, fireplace, two car garage, irr. well, 1/4 mile sprinkler, quonset barn, pipe-rail pens, covered working area.
HWY. 152 BETWEEN STINNETT & DUMAS-767 acres +/-, 4,000 sq ft +/-home & a 1,700 sq ft +/-home, beautiful homes and landscaping, large metal barn with office, irr. wells, sprinkler, strong water, hwy front, +caliche road-CONSIDER DIVIDING!
SHERMAN COUNTY 1/4 SECTION WITH PERMIT-plus 1 1/2 sections, hwy front, nice brick home, quonset barn, pens, irr. wells, sprinklers.
Choice milk processing and dairy sites available in Dallam, Hartley, Moore, Oldham, Sherman and Hutchinson Counties. See our website or give us a call!
www.scottlandcompany.com
Ben G. Scott-Broker 800/933-9698

Did You Know?

(NAPS)—To help prevent or maintain diabetes, eDiets.com offers a "Living with Diabetes" meal plan that's designed to help keep blood glucose levels under control. It also features a support board and newsletter, and members can consult with diabetes experts and nutritionists.

If checking things off your holiday list is taking longer than you'd like, you may want to steer the reindeer to a state known for its many exceptional shopping opportunities—Pennsylvania. Some of the most exceptional are near Valley Forge. For more information, visit www.valleyforge.org.

Karen Giblin, founder of the Red Hot Mamas, says, "Women should keep a positive attitude as they experience the menopausal process. By proactively dealing with it and discussing concerns with their physicians, women can take charge of their menopause before it takes charge of them." For more information, visit www.redhotmamas.org.

A recent survey found that, for many, the shower is a serene think tank where they work through problems and even make major life decisions. More than half (53 percent) of respondents to the survey, sponsored by GROHE, reported thinking about problems while in the shower. To learn

more, visit the Web site at www.groheamerica.com.

Don't Drop the Ball, Buy the Right Shoe

NewsUSA

(NU) - Shoes can protect athletes against injury and make or break their game. With all the different options available, buying athletic shoes can be overwhelming, especially if you participate in multiple sports.

Cross-trainers often seem like a good solution, but athletes shouldn't make them do everything. Playing a sport two to three times a week justifies buying sport-specific shoes.

"Generally, you want to go with a sport-specific shoe if you are participating in a sport on a regular basis," said Dr. Jim Christina, director of scientific affairs for the American Podiatric Medical Association.

What's the difference? APMA experts offer insight into choosing a sport-specific shoe that will provide the best performance for your needs:

Basketball: Whether executing the perfect pass or making that high-flying dunk, the features of basketball shoes will help you prevent injury.

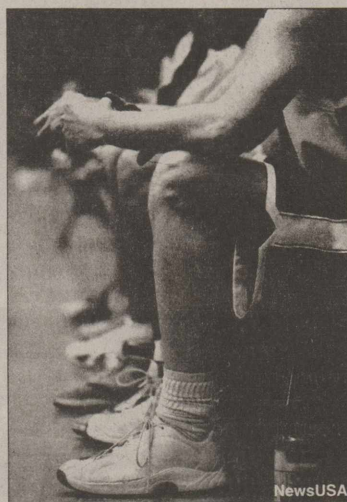
- A thick, stiff sole gives support when landing jumps or running.

- The high-top construction provides the strongest support of the shoe. It reinforces the ankle during quick changes in direction.

- Basketball shoes should be replaced every two to three months for five-day weeks of play or when the soles become smooth.

Racquetball and Tennis: Court shoes for tennis and racquetball may look like ordinary athletic sneakers, but they're designed specifically for the body movements made during these sports.

- A court shoe supports both sides of the foot for quick stops and starts and weight shifts during side-to-side movement.



Finding the right shoe can make or break your game.

- The flexible sole enables quick shifts in direction.

- The court shoe absorbs less shock than a running or basketball shoe.

- Court shoes help prevent ankle injuries by providing less traction than running shoes.

Running: The running shoe is the most personal and intricate of all athletic shoes. Choices abound because every runner has specific needs.

- The running shoe provides maximum shock absorption to prevent ailments like shin splints and knee pain.

- It should control the way your heel strikes the ground so that the rest of your foot falls correctly.

- Know your foot type — high, medium or low arch — so you get the shoe with the best support.

- Shoes should be flexible in the area around the ball of the foot.

For more information on finding the right shoe, visit www.apma.org.

HEALTH

Yogurt Helps Relieve 'Belly Blues'

NewsUSA

(NU) - When Marla Boggs experiences occasional digestive discomfort, she doesn't have time to slow down. A Manhattan showroom manager with a busy social life, she sometimes experiences bloating and irregularity, leaving her with that bloated, "hard as a rock" feeling.

Boggs isn't alone with her belly blues. In a national survey of 1,259 U.S. women conducted by Harris Interactive for Dannon's Activia, 69 percent said they have experienced digestive health issues at some point in their lives. A large percentage said their belly battles have a negative impact on their lives, and 20 percent said they have declined an invitation to a social event when they were experiencing digestive health issues.

Boggs is among that group. Her social life, she says, was sometimes at the whim of her digestive system.

"I've made excuses for not attending parties simply because I was afraid my digestive system would act up in the middle of the event," she said. Dinners out with friends, one of her favorite activities, have been cut short because of stomach discomfort.

To help improve digestive health, Liz Lipski, Ph.D., a certified clinical nutritionist and digestive wellness expert in Asheville, N.C., suggests the following tips:

- Add good bacteria. Not all bacteria is bad for you; one cup

of Dannon's Activia yogurt contains billions of beneficial probiotic cultures, which help reduce slow intestinal transit when eaten daily for two weeks. Slow intestinal transit is a common cause of discomfort and occasional irregularity.

- Fill up on fiber. Get at least 25 to 30 grams per day.

- Drink water. Drinking plenty of water each day will help to ensure your overall digestive wellness.

- Chew thoroughly. Chewing food thoroughly helps the digestive system process what you're eating.

- Avoid "trouble triggers." Common "trouble triggers" such as gluten and vegetables in the cabbage family can lead to problems.

While Boggs knew about water and fiber, she was skeptical at first that something as simple as eating yogurt could help ease her digestive problems. "But I had nothing to lose," she said.

After eating a cup of Activia yogurt every day for two weeks, she began to feel a difference.

"I no longer had that uncomfortable, 'I wish I could go to the bathroom' feeling," she said. "I felt like Activia helped to get my digestive system moving."

Visit www.activiachallenge.com for information on how Activia can help naturally regulate the digestive system and for details about the Activia 2-Week Challenge.

Gardening

(NU) - Container gardens are one of the fastest-growing trends in gardening, thanks to their ease of planting, portability and low maintenance. The container options are endless, so feel free to be creative; just remember that roots need room to grow and that drainage is your key to success. You can either plant from seed or cut a portion of your outdoor plants. Seeds generally germinate within a week, and many outdoor plants will rebound quickly by simply removing two-thirds of their top growth.

It's important that the content of the soil is nutrient-rich. Growing plants require nutrients in order to reach their peak, and the correct balance might not be found in your local soil. At planting time, mix controlled-release fertilizer granules into the soil mixture, or apply a diluted liquid fertilizer with every other watering.

Legal Notices

LEGAL NOTICE

The Stratford Independent School district is accepting requests for proposals for the following items:

- Blanket Building Insurance - Content General Liability
- Employee Benefit Liability
- Boiler and Machinery Policy
- Educators Legal Liability
- Inland Marine

The proposals are for the period of November 23, 2007 through November 23, 2008. The

proposals will be accepted until 2:00 p.m., November 12, 2007.

Any request for proposal after this date will not be accepted. The proposal may be mailed to Stratford I.S.D., P.O. Box 108, Stratford, TX 79084, faxed to 806-366-3304, or delivered to the Superintendent Office at 503 N. 8th Street, Stratford, TX. The requests for proposals will be opened November 12, 2007 at 2:00 p.m. We reserve the right to accept or reject any and or all proposals.

Published in The Stratford Star Thursday, September 27, 2007 and Thursday, October 4, 2007.

Cards of Thanks

Thank you for all the prayers, food, flowers, memorials, phone calls and visits during the loss of our loved one, Marillyn Harkins. She was a big supporter of the people in Stratford and Sherman County - you would have made her proud!

- George Harkins
- Leonda & Claude
- Fedric
- Denton & Connie
- Harryman
- Jeff & Gail Harryman
- Norma Herbold
- Mike & Pam Albert
- Lane Albert & Debra Nash

The Band BBQ Dinner was a wonderful success! Thank you Stratford for your support of our Big Blue Band! We couldn't have done it without the band students who worked to get their tickets sold, parents who showed up to help set up, serve and clean up, and those who bought tickets and shared a meal with us. But most of all we are grateful to those businesses and individuals who generously donated to the band:

- Walter Lasley and Sons Inc.
- Stratford Feed Yard
- First State Bank
- Stratford Grain
- Happy Bank
- Wesley and Susie Spurlock
- Dorothy Haile and Flying V Barbeque Sauce

The Imagination Station had a "Whale of a Sale," thanks to those who donated items and the shoppers. The utility bills are covered for about 4 months and others will benefit from the clothing and items left over. Thank you for your support

- Grateful thanks to those generous donors who made the dinner for the Panhandle Peace Officer's Association possible. We appreciate your support of peace officers and the job they do.
- Texhoma Wheat Growers, Inc.
 - Stratford Feedyard
 - Happy State Bank
 - Walter Lasley & Sons, Inc.
 - XIT Cellular
 - First State Bank
 - IVESCO
 - Dean Cluck Feed Yard
 - Stratford Grain Co.
 - Sandy Williams, E.M.C.
 - Murphy Brown, L.L.C.
 - Flying V Barbeque Sauce/Dorothy Haile
 - Moore's Food Pride-Kathy Melton
 - J.B.S. Swift & Co.-Kathy Rolland

Everything that lives, lives not alone, nor for itself.
—William Blake

A man wrapped up in himself makes a very small bundle.
—Benjamin Franklin

Three things in human life are important: The first is to be kind. The second is to be kind. And the third is to be kind.
—Henry James

Be kind, for everyone you meet is fighting a hard battle.
—Philo

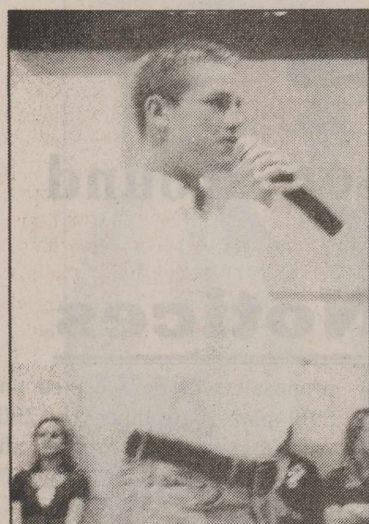
Kindness in words creates confidence. Kindness in thinking creates profoundness. Kindness in giving creates love.
—Lao-tzu

7-8-& JV Good Luck Beat West Texas Beauty

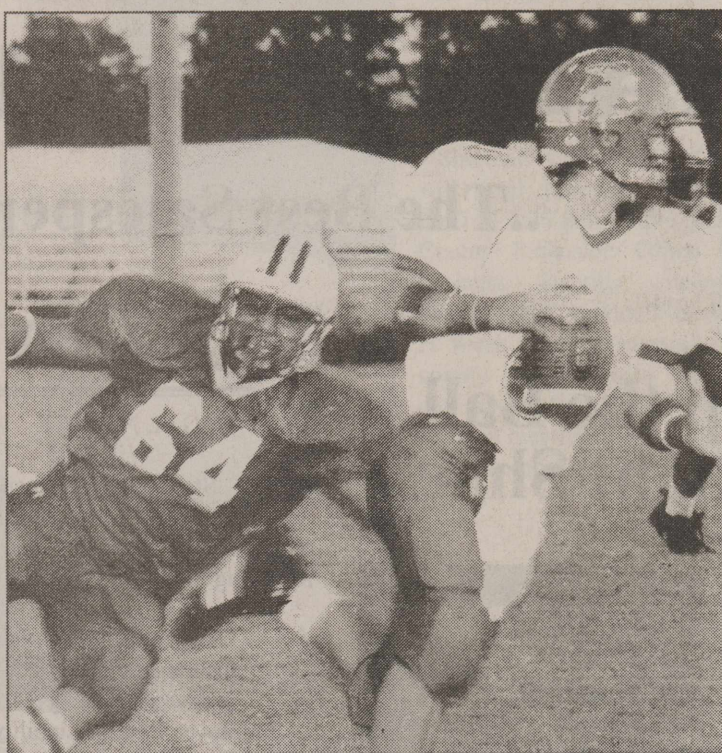
(NU) - As the days cool off and the leaves change their color, fall may be the perfect time to change your look. Celebrity stylist Sarah Potempa offers the following maintenance tips: Breathe new life into your locks with a deep conditioner or leave-in treatment, such as Aussie's 3-minute Miracle smoothing treatment or the Infusium 23 Repairologie Leave-in treatment. With a healthier texture, your hair will be looking fresh for the fall.

As cool air comes in and the sweaters come out, your hair can get a lot of static, so apply a drop of no-frizz gel on your brush and comb down the fine hairs along the hairline. Lastly, applying a volumizing foam and leave-in conditioner to the roots before you blow-dry will create volume and movement.

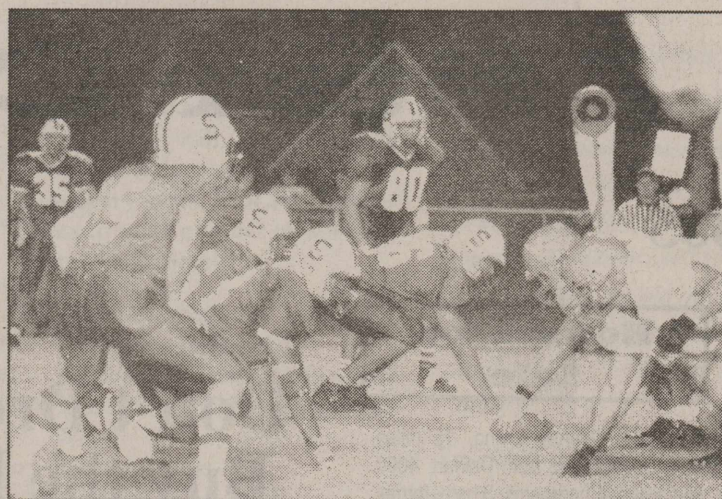
Stratford Football



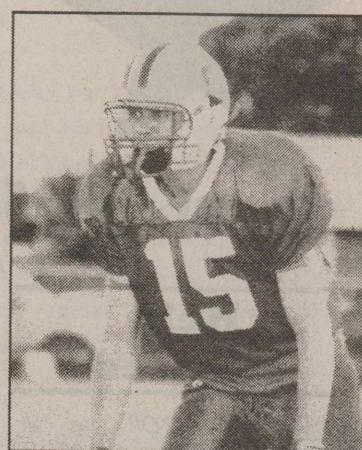
James Smith giving the Pep Talk on Friday, September 21, 2007.



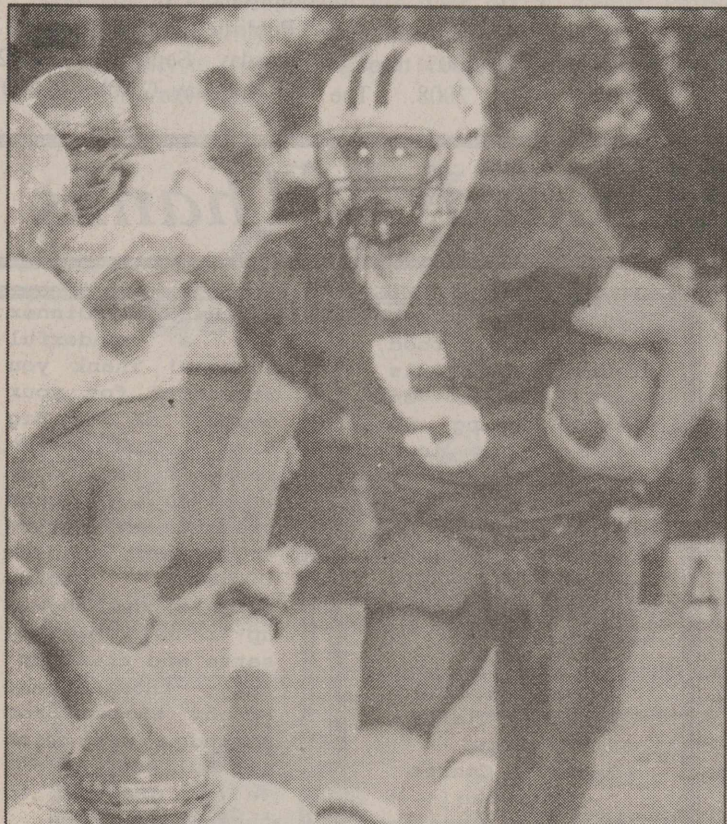
Stratford Elk #64 Jorge Robles tries to get a hold of Perryton player for the tackle.



Stratford Elks line up on defense in the Elks win over Perryton.



Stratford Elk #15 Kaleb Horsford on offense against Perryton.



Stratford Elk Quarterback Hunter Buckles carries the ball for the Elks.



Sandro Gomez causes Perryton player to fumble in the Elks win Friday, September 21, 2007.



J.V. Elks #72 Servando Torres and #30 Christian Alcalá close in for the tackle.



8th grade Elk quarterback Braiden Palmer.

Autumn Leaves Present Driving Hazards

(NU) - Autumn's leaves are beautiful to see, but when wet or in piles, they present driving hazards unique to the season. The Car Care Council reminds drivers to prepare for fall driving conditions by having their vehicles' tires, brakes and wipers checked before heading out.

Most motorists know that puddles or standing water can cause loss of control, and they adjust their driving accordingly. But fewer drivers, especially those who are inexperienced or new to an area with heavy foliage, are aware of the dangers of wet leaves.

A single layer of wet leaves can make braking, steering and stopping difficult. This effect is particularly dangerous at intersections and is intensified at downhill stop signs. Acceleration can be affected, too. Fishtailing can result on leaf-strewn interstate entrance ramps and other areas where hard accelerations may be necessary.

Even when dry, leaves can present a challenge. Piles of leaves can obscure potholes, curbs and street markings and even present a fire hazard should leaves contact a hot muffler or tailpipe.

The Council reminds motorists that tires can affect the car's ride,

handling, traction and safety, and that they are a critical connection between the car and the road in all types of driving conditions. To maximize tire life and safety, check the inflation pressure and the tread depth, and inspect the sidewalls for cracks or punctures. As a general rule, tires should be rotated and balanced every 6,000 miles.

The brake system is the car's most important safety system. Brakes are a normal-wear item for any car, and brake linings, drums and rotors, as well as brake fluid, should be checked at each oil change.

To help ensure the performance and safety of wipers, blades should be replaced every six months or when cracked, cut, torn, streaking or chattering. Only windshield washer fluid should be used, and it should be checked monthly.

The Car Care Council is the source of information for the "Be Car Care Aware" consumer-education campaign, promoting the benefits of regular vehicle care, maintenance and repair, to consumers.

For more information or to receive a copy of the council's new Car Care Guide for motorists, visit www.carcare.org.

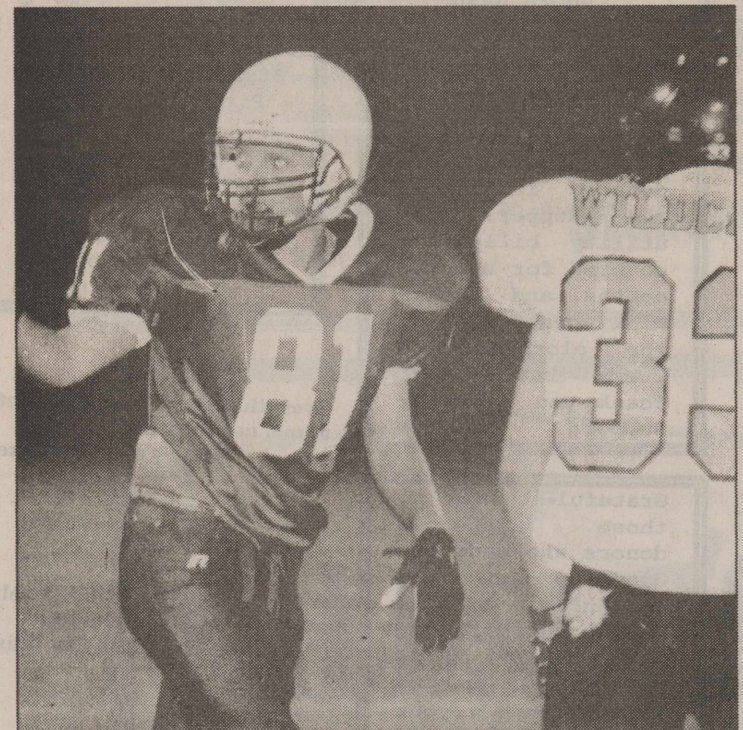
Elks Beat Perryton 33-10

The Stratford Elks added another victory to their record with a 33-10 win against Perryton on Friday, September 21, 2007.

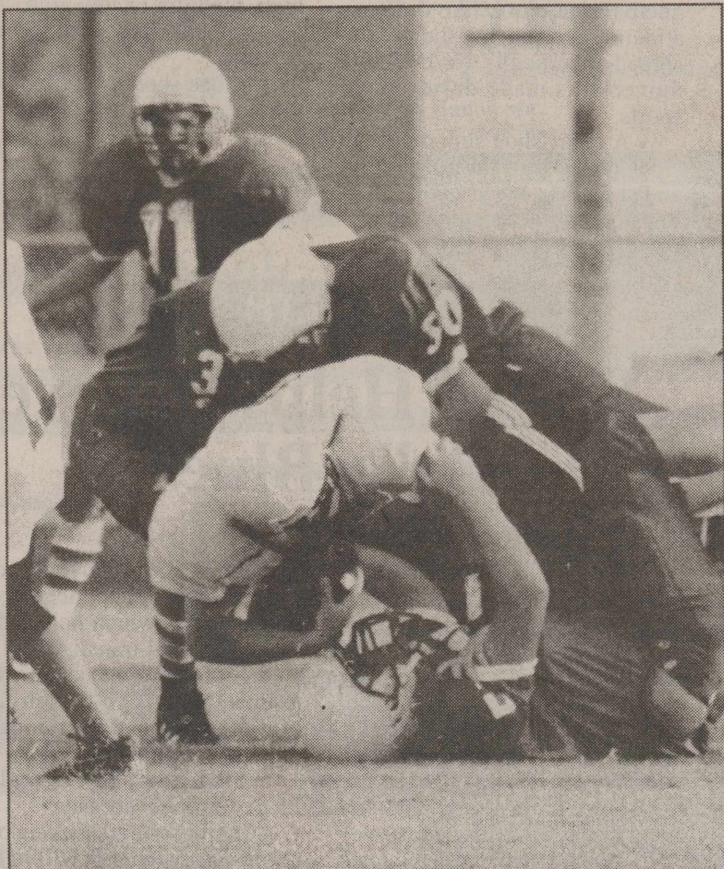
Hunter Buckles completed 6 of 12 passes for 96 yards and one touchdown and Kaleb Horsford completed 3 of 3 passes for 33 yards and carried the ball for 31 yards on 3 carries and one touchdown. Craig Kautz carried the ball for 136 yards on 15 carries and scored two touchdowns followed by Alex Martinez with 89 rushing yards on 23 carries and one touchdown. Buckles carried the ball for 87 yards on 11 carries. Manuel Chavoya caught the ball for 60 yards on 2 receptions and scored one touchdown followed by Julio Ramirez with 29 yards on 2 catches. Victor Carrera scored one PAT for the Elks and Alex Martinez scored on a two-point conversion for the Elks.

James Smith and Julio Ramirez led the Elks with 8 tackles followed by Jorge Robles with 6, Joey Reta and Sandro Gomez with 5 tackles each. Elks also contributing on defense were Pepe Licon, Craig Kautz, Erik Ruiz, Hunter Buckles, Oswaldo Terraza, Brent Reed, Kaleb Horsford, Victor Carrera, Manuel Chavoya and Michael Frizzell.

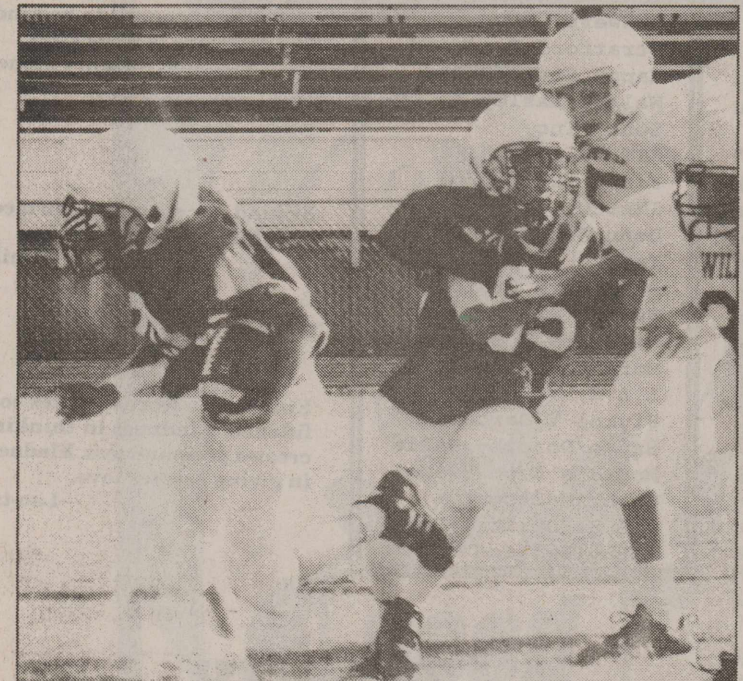
Players of the Week:
Offensive Line - Sandro Gomez,
Defensive Line - Julio Ramirez,
Offensive Back - Alex Martinez,
Defensive Back - Manuel Chavoya and Special Teams - Angel Resendes.



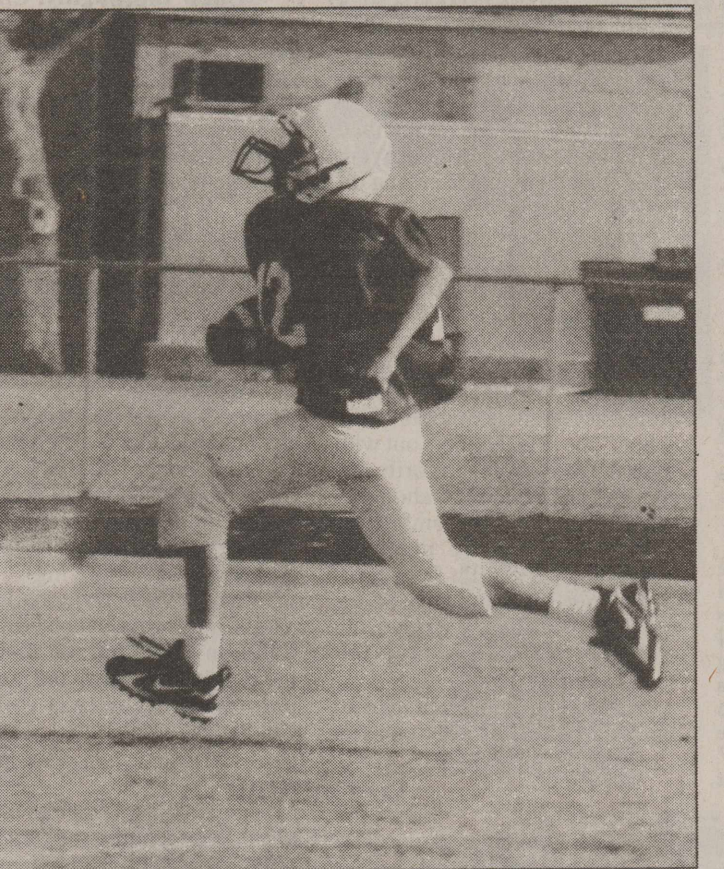
J.V. Elk #81 Tyler Gilliland on offense in the Elks win over Canadian on Thursday, September 20, 2007.



Lots of 8th grade Elks get in on tackle of Canadian player.



7th grade Elk #85 Grayson Gonzalez blocks for ball carrier Kelby Hartman.



7th grade Elk Alex Chavoya scores a touchdown.

Environment

(NU) - Local habitat destruction and broad environmental policies are taking a serious toll close to home. Populations of some of America's most familiar and beloved birds have declined over the past 40 years, with some down by as much as 80 percent, according to the National Audubon Society.

Fortunately, your actions can prevent birds from becoming fading memories of the living abundance that America used to know. The following are some important ways to help:

- Protect local habitat.
- Promote sound agricultural policy.
- Support sustainable forests.
- Protect wetlands.
- Fight global warming.
- Combat invasive species.

For links to more information on the above initiatives, visit www.audubon.org.

Health

(NU) - According to the American Dental Association, acid in food and beverages plays a major role in the development of enamel erosion. Some dentists also warn that high-acid soft drinks and coffees can expedite the development of cavities. Bearing this in mind, some coffee manufacturers have begun to offer low-acid brews that still maintain a full-bodied flavor. For example, Tyler's Coffee (www.tylerscoffees.com) sells only low-acid roasts. The company uses a "Z-roasting" process that optimizes the time the coffee beans are cooked. For more information about Tyler's Coffee, call 520-903-2739.

Food

(NU) - According to a recent survey conducted by the The J.M. Smucker Company, 44 percent of Americans are likely to include sundaes as part of their summer festivities.

For a dessert that combines the quality ingredients you and your family will love, start with your favorite flavor, and then try different variations using **Smucker's® Toppings**, to transform it into a frozen masterpiece.

With more than 30 different varieties of ice cream toppings, **Smucker's** gives sundae-lovers a wide variety of options to choose from, including three sugar-free choices — Caramel, Hot Fudge and now Strawberry — and the new **Smucker's Dark Chocolate with Mint Topping**.

For more creative ways to decorate your ice cream, visit www.smuckers.com.