

Sherman County Museum 7 /08 Box 1248 Stratford, TX 79084

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Number 34, August 16, 2007



Bert Corona Leadership Institute in Democracy Leadership Program in Washington, DC - 2007

Four students from the Region 16 area recently participated in the Bert Corona Leadership Institute's Experience in Democracy Leadership Program (BCLI/EIDLP) in Washington, D.C. The students were: Dora Garcia, a senior from Bovina; Yamili Guerra, a senior from Stratford; Myra Ramos, a junior from Childress; and Savannah Pena, a senior from Bovina. Cont. on page 3

Local Restaurant Honored for **Outstanding Performance**

By Bailey Naugle

Stratford's Dairy Queen has recently been honored with the esteemed Sales Improvement Award, presented by the Roundtable Corporation.

Recipients of this award must realize a store sales increase of at least 5% from the previous year. Norma Rangel, General Manager of the Stratford Dairy Queen, and her team achieved an impressive 10% increase.

The Roundtable Corporation, which consists of 31 franchises throughout Texas and New Mexico, sets specific sales standards for their employees. "We must achieve 50% success on cheese sales and 30% on Texas Size sales," said Rangel, "And we were the first store to achieve that goal."

Congratulations to Rangel and all of the Dairy Queen staff for a job well done.

Circle of Friends Benefit August 25th and 26th

Sherman County Circle of Friends, to assist cancer patients, will host their annual benefit golf tournament and steak dinner at the Stratford Country club, August 25 and

The Scotch Scramble Golf Tournament will be held August 25-26 at 9:00 and 2:00. Information on the golf tournament, Duane Pittman.

A Steak dinner and Raffle will be held Saturday, August 25 at 6:30 p.m. at the Stratford Country Club. Two of the Raffle items to be seen at the Red Door are: A large metal star from Acquisitions: From Duncan and Boyd Jewelers in Amarillo a David Yurman, Gold, Silver, Pearl Necklace. Contact Pat Johnson for Steak Dinner reservations and Raffle information.

Main Street Art Friday August 17

The Imagination Station will hold the summer's final Main El Palacio de justicia del Stroke Painting taught by Bobby Strong and Kay Payne. Daisies and hummingbirds will stroke the imagination to ages 5 to 50 or above. The cost of the session is

Sherman Co. Child **Welfare Board**

To report Suspected Child Abuse, call

Kathie Altman-366-5611 Paula Everett-966-5445 Leonda Fedric-366-5992 Patsy Harland-827-7568 Belinda Hamilton-827-

Jesse Resendes-366-3134 Ernie Maiwald-366-5546

> **Austin Hotline** 1-800-252-5400 ALL CALLS CONFIDENTIAL

Meet & Greet Stratford's **New City Manager** Ted B. Dodd **Friday August 17** 2-4:00 at City Hall

IMPORTANT NOTICE TO STRATFORD **CITIZENS**

NOTICE THE SHERMAN COUNTY **COURTHOUSE IS NOT A** STORM SHELTER

Sherman Courthouse is not a public shelter and is not intended to be available to the public for protection from disasters or storms (such as tornados), The Courthouse is not structurally sound, has a great deal of exposed glass, and not designed to be a safe refuge in case of storms or disasters.

If you seek shelter at the Courthouse during a storm or disaster, you do so AT OWN RISK. Sherman County has no liability for any injuries or deaths that occur to any persons seeking shelter at the Courthouse during a disaster or storm.

If a storm or other disaster occurs after business hours, the only door open to the public will be the west basement door by the tax

AVISO EL PALACIO DE JUSTICIA **DEL CONDADO DE** SHERMAN NO ES UN REFUGIO DE LA **TEMPESTAD**

Street Art session, Friday August Condado de Sherman no es un 17 from 10:00 to Noon. One refugio publico y no es pensado estar disponible al publico para la proteccion de desastres y tempestades (tal como tornados). El palacio de justicia no es estructuralmente solido, tiene mucho vidrio expuesto, y no es disehado para ser un refugio seguro en caso de tempestades ni desastres.

Si usted busca refugio en el palacio de justicia durante una tempestad o un desastre, usted hace asi **BAJO SU PROPIA** RESPONSABILIDAD

Condado de Sherman no tendra obligacion para ningunas heridas o muertes que ocurran a ninguna persona quien busca refugio en el Palacio de justicia durante un desastre tempestad.

Si una tempestad u otro desastre ocurre despues de horas de oficina, la unica puerta abierta al publico sera la puerta occidental del sotano al lado de la oficina de impuestos.

School Supply List Page 6

New Student Enrollment Mary Allen Elementary and Stratford Junior High

Mary Allen Elementary - Grades Pre-K through 4th Location: 501 N. Shirley Avenue

Date: Week of August 20th Times: 10:00 a.m. - 3:45 p.m.

Needed: current shot records, birth certificate and social security card For more information, please call our office at 366-3340.

Stratford Junior High - Grades 5th through 8th Location: 503 N. Eighth Street

Date: Week of August 20th Times: 10:00 a.m. - 3:45 p.m.

Needed: current shot records, birth certificate and social security

For more information, please call our office at 366-3320.

4-H **ENROLLMENT** NIGHT

By Susie Spurlock

All Sherman County youth age 8 and enrolled in the 3rd grade through age 19 are invited to the 4-H Enrollment Night Monday, August 27 from 6:30 to 7:30 p.m. at the County Exhibit Building in

Stratford. Youth will learn of the variety of projects available through the youth development program of Texas Cooperative Extension and how parents may become involved in the county 4-H program. Exhibits at the Enrollment Night will allow youth to see first hand what activities and achievement events offered with each project. Teen and junior leaders along with volunteer adult leaders will be manning each booth.

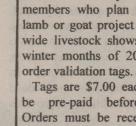
Food and fun will be enjoyed by all who attend. All youth who plan to participate in the county 4-H program are reminded to come and complete an enrollment form at this time. Current 4-H members will be asked to complete a re-enrollment form.

Educational opportunities sponsored through the Texas Cooperative Extension are open to all youth ages 8 years old and in the third grade through 19 years of age regardless of socioeconomic level, race, color, sex, religion, disability, or national origin.

For more information, contact the Sherman County Extension ATTENTION Office at 806-366-2122 or come LAMB AND GOAT office located in the Courthouse Annex.

Weather Line 366-2000 Sponsored by Stratford Grain & ADM/Alliance Nutrition Greg Wright -7 days a

week, updating as needed



27, 2007.



Royalty Crowned

Miss Sherman County Farm Bureau Queen and Talent contest took place on Friday, July 27, 2007 at the Sherman County Farm Bureau building. Whitney Reese (left) was crowned Miss Farm Bureau and Becky Rosales won the talent contest. Congratulations!!

ATTENTION READERS

Editors Note: If you have someone serving in the military and would like to have someone's picture and address put in the paper, please leave it with us and we will put it in for you. We will start putting addresses in and they will stay in every week. Call 366-5885 or fax to same number or e-mail stardm@xit.net

Nicholas McDaniel Nicholas McDaniel is stationed in Iraq. If you would like to send Nicholas a card or letter His address is **BALAD IRAQ PVT MCDANIEL NICHOLAS** ABTRY (all of above on one 1st PLT 1/9 FA APOAE09391



Chance Crowl

LCPL CROWL, CHANCE E. 22 MEU DET C BLT 3/8 (b 1/10) **UNIT 74044** FPO AE 09509-4044 E-mail address is chance.crowl@ponce.usmcmil

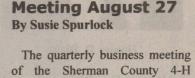
4-H Parent/Leaders **EXHIBITORS**

By Susie Spurlock

Sherman County 4-H and FFA members who plan to exhibit a lamb or goat project at the statewide livestock shows during the winter months of 2008 need to

Tags are \$7.00 each and must be pre-paid before ordering. Orders must be received in the Sherman County Extension Office by 12 Noon on Monday, August

For more information, contact the Sherman County Extension Office at 366-2122.



Parent/Leaders Association will be Monday, August 28 at 7:30 p.m. at the Sherman County Exhibit Building in Stratford.

The organization is the booster club for the county 4-H program and all parents of 4-H members and volunteer leaders are invited to attend. Business items will include reports of summer activities, updates on Fall 4-H Projects, planning for county wide events for 2007-08 year, and adoption of the 2008 budget.

For more information, contact Susie Spurlock, Sherman County Extension Agent at 366-2122. All parents of 4-H members are encouraged to attend.

Please join us to:

1 Visit your child's new classroom

2 Meet your child's teacher for the school year

2 Bring your school supplies before the first day of school

Get the school year off to a great start!

For those who are unable to attend, please remember that our school year will begin on Monday, August 27th at 8:00 a.m.

Juntamos por favor a:

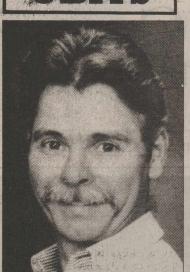
Visitar la clase de su nino

Reconocer la maestra de su nino por el ano nuevo

comenzara el lunes, 27 de agosto a las 8:00 de la manana.

Traer sus cosas para la escuela antes el primer dia de escuela Obtener el ano de la escuela lejos a un comienzo magnifico!

Para los que son incapaz de asisir, complacer recuerda que ano de escuela



Tommy Ed "T.J." Bench, Jr.

Tommy Ed "T. J." Bench, Jr., 51, of Stratford, died Wednesday, August 8, 2007, in Stratford. Services will be held Saturday, August 11, 2007, at 10:00 AM in First Assembly of God with Darla longtime family Cummings, friend, officiating. Burial will follow in Stratford Cemetery.

Mr. Bench was born December 2, 1955, in Garland, TX and on February 2, 1979, he married Beth Palmer in Clayton, NM. He was a Stratford resident most of his life. Mr. Bench worked as a board operator for Stratford Feedyard for over 30 years retiring on December 16, 2006.

Survivors include: his wife, Beth, of the home; one daughter, Katy Michelle Bench of the home; two sisters, Sundie Francies of Waco, TX and Pam Thomas of Houston, TX; two nephews; one niece and lots and lots of loving friends.

The family requests memorials to Memorial Hospice, 209 S Bliss, Dumas, TX 79029.



Homer D. Blake

Stratford, passed away on included a complimentary meal. held at 10:00 a.m. Monday, chooses to recognize and express August 13, 2007, at First Baptist its gratitude for all of its Church, Stratford, Texas. volunteers, partners and valued of First Baptist Church, Stratford, a venue where spotters, Cemetery.

Enery and Myrtie Blake. Homer year the NWS prepared and was a Stratford resident for 70 served the meal, which included years. He served in the U.S. Army smoked chicken and brisket, of First Baptist Church, Stratford, trimmings. Along with the meal, Texas. He married Velma Chisum NWS staff provided in-depth on May 21, 1945 in Guymon, tours of the office and gave away He Oklahoma. owner/operator of Blake's Used landscape work and enjoyed it for individual and group "Spotter of

many years. Velma, of the home: son, Tommy Year was Mr. Blake and wife, Wanda, Whittington of Booker, Texas. Streetman, Texas and two Brandon provided grandchildren.

to their favorite charity.

The state of the s

Steve Griffith, 58, of Stratford, Dumas Economic passed away on Sunday, August Development 5, 2007 in Amarillo, Texas. Services were held Thursday, August 9, 2007 at 10:00 a.m. at provide \$30,000 First Christian Church, Stratford, grant program Texas with Rev. Walter Reed, for small business pastor of First Christian Church, assistance officiating. Burial was in Stratford Cemetery, Stratford,

1949 in Sayre, Oklahoma to Jewel and Doris Griffith. He was a Stratford resident since 1974. He was a graduate of Dumas High School in 1968. He married Judy Dumas, Texas. He retired as start-up manager of A&I Parts in Dumas. companies. He was a member of First companies Christian church,

Survivors include: his wife, Judy of the home; son, Aaron Griffith, Amarillo, Texas; mother, Doris Hise and husband, Pete, Rockport, Texas; sister, Susie Musgrove and husband, Phillip, Childress, Texas and brother, Gary Griffith and wife, Kay, Corpus Christi, Texas.

The family requests memorials to Stratford EMS, Box 106, Stratford, Texas 79084.

Raymon Richard Green

Raymon Richard Green, 81, of Stratford, died Tuesday, August 7, 2007, in Stratford. Memorial services were held Saturday, August 11, 2007, under the Direction of Morrison Funeral Directors at 4:00 PM in First Baptist Church with Pastor Jason Stone officiating.

Mr. Green was born June 12, 1926, in Tennessee to Richard and Gertrude Lening Green. He served in the Armed Forces and in 1964; he married Lois Mizer in Guymon, OK. He worked in process provides a great maintenance for the public school

He was preceded in death by his wife, Lois, on March 6, 2006; two brothers and one sister. Survivors several nieces and nephews.

NWS Spotter & Cooperative Observers Attend Annual Appreciation Day

The Amarillo National Weather

Service held its 7th annual Appreciation Day on Saturday, August 11, 2007. Approximately 100 people attended the event, included spotters, observers, emergency managers, TV meteorologists, and other valued partners and customers, including Amarillo Mayor Debra McCartt. Several of the NWS Homer D. Blake, 91, of staff also attended. The event Thursday, August 9, 2007 in Appreciation Day serves as one Dumas, Texas. Services were way the NWS in Amarillo Officiant was Jason Stone, pastor customers. In addition, it provides Texas. Burial was at Stratford cooperative observers and others can learn more about NWS He was born on May 12, 1916 operations, meet the NWS staff, in Cass County, Missouri to and get to know each other. This during WWII. He was a member grilled hotdogs and all the

was numerous door prizes. For the first time in what will Cars. In his spare time, he loved become an annual recognition, the Year" awards were presented. Survivors include: his wife, The individual Spotter of the daughters, Betty Cornick and Gay reports on numerous severe Delz, Kingsland, Texas; eight weather events that affected the grandchildren, 21 great eastern Oklahoma Panhandle and grandchildren and 2 great great northeastern Texas Panhandle. Brandon was the first to report the The family requests memorials touchdown of the March 28th killer tornado that struck Beaver County, Oklahoma. During the

Cont. on page 7

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Corporation to

Dumas Development Corporation, in Steve was born February 19, partnership with the West Texas University A&M Enterprise Network, launched program to assist businesses. EnterPRIZE Challenge is Holberg on February, 1970 in competitive grant program for early-stage and eligible, To be must meet Stratford, requirements spelled out in the Enter PRIZE Challenge guidelines. One of the significant requirements is that the winning firms sell their products and services primarily outside the area. For successful contestants who meet those criteria, the grant program provides up to \$30,000 that may be used for any business purpose to launch or expand a

> Entrepreneurs must submit a business plan and an application to be judged by a panel of independent business community leaders. Business plans will be due on Monday, September 24, 2007. Each entrepreneur who submits a business plan will receive written feedback from the judges. A select group of finalists will be asked to make an oral presentation of their business idea. Ultimately, the judges will select which entrepreneurs will be awarded the grant dollars. Kari Campbell, Assistant Director of

the Dumas EDC, said, "This opportunity for men and women to start or expand a business in Moore County. Going through the process of writing a business plan is a win/win for everyone. Dumas EDC is proud to provide this program to foster new ideas, innovation and business growth for our area."

Entrepreneurs must attend an orientation workshop Saturday, August 18, 2007 to learn more about this program. A light breakfast will be provided. Please call Dumas Economic Development Corporation 806-934-3332 to RSVP and to find out more about this exciting opportunity.

Whips and Wheels September 22

A day of traditional driving of horse drawn vehicles will be a special treat for Stratford. Whips and Wheels will hold their third annual Day of Traditional Driving on Saturday, September 22 with a clinic to follow on September 23. At least twelve vehicles (carts, wagons, buggies, etc.) are expected to participate in the day to begin with the presentation and instructions, Country Drive, Tests, Cones and Games. An awards dinner, public invited, will be held on Saturday evening.

The event will be held mostly at the Rodeo Arena complemented by a Craft Show at the Exhibit lives. Buildings. Make plans to see something different.

The Stratford

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Purnell, Stratford, TX

79084 Martha (Marty) Robertson Editor & Publisher Shari Hudson-Advertising & **Photography**

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months) College Rate The Stratford Star Box 8 1-806-366-5885 FAX-1-806-366-

5885

ALT Presents Rounding Third

Amarillo Little Theatre very proudly presents the hilarious new comedy, Rounding Third as first Adventure production of ALT's 80th Anniversary season!

Rounding Third is the journey of two Little League coaches through an entire season, from the first tentative meeting to the climactic championship game. One is a tough, blue collar, "win at all costs" veteran coach. The other is a newcomer both to town and to baseball. The play examines much deeper issues than winning and losing and each coach must face difficult realities about the game and their own

ALT has assembled a terrific cast of actors for this production. Show Dates are August 16, 17, 18, 23, 24, and 25 at 8:00 pm and August 26 at 2:30 pm. This production is rated PG-13 for language.

Rounding Third is sure to be "home run." Make reservations today!

Tickets are available at the Amarillo Little Theatre Box Office at 2019 Civic Circle or by calling (806) 355-9991. Tickets may also be reserved online by emailing



Guymon, Okla **Movies Beginning August 17**

Superbad R Seth Rogen

The Invasion PG-13 Nicole Kidman

Rush Hour 3 PG-13 Jackie Chan Chris Tucker

Stardust PG-13 Michelle Pfeiffer Robert DeNiro

The Bourne Ultimatum

Underdog

PG Nathalia Ramos Pronounce You Chuck &

PG-13 Adam Sandler Kevin James

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970-314-1469 Website: www.Cunninghampeaches.com

Alco Parking Lot-Dalhart August 20, 2007

John Deere Dealership -Dumas-Hwy. 287 North, August 19, 2007

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Gynecologic cancer screening Breast cancer screening Infertility and family planning Menopause and hormone problems

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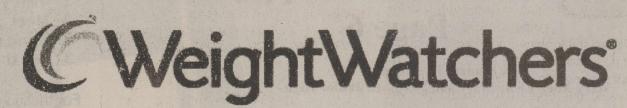
110 S. Bliss Monday-Thursday 8 a.m. - 5 p.m. Friday 8 a.m. - 12 noon

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Save with the New Monthly Pass Our lowest price per week plus Free eTools**

> We have a meeting close to you! Tuesday, 6:00 p.m. **Stratford Elementary School** 501 Shirley Stratford

Weigh-in and Registration begin 30 minutes prior to meeting time.



watch yourself change.

1.800.651.6000 WeightWatchers.com

**Monthly Pass available and accepted at participating locations only. Not valid for At Work meetings.

FREE REGISTRATION BEGINS AUG. 18

BREAD IN A BAG SESSION AUGUST 20 By Susie Spurlock

The final session of "4-H Bake Shoppe" will be held Monday, August 20 for Sherman County youth entering the 3rd grade and older. Participants will learn how to prepare a loaf of Honey Whole Wheat Bread using a plastic food storage bag.

The session will begin at 9:30 am with Susie Spurlock and Jennie Spurlock leading the session. This session will be held at the Sherman County Exhibit Building in Stratford.

Shoppe" series, youth will be invited to join 4-H Food and Nutrition project group sessions. These educational sessions will focus on food preparation, nutrition, food buying, food safety, and nutrition and health relationships. In addition, Nutrition Quiz Bowl will be introduced to youth and adult participants. These project group meetings will begin the week of August 27th.

For more information about "4-H Bake Shoppe" or the 4-H Food and Nutrition Project, contact Texas Cooperative Extension-Sherman County at 366-2122 or come by the Annex of the Sherman County Courthouse located at 701 N. Third Street in Stratford.

Educational programs of Texas Cooperative Extension are open to all citizens without regard to race, color, sex, disability, religion, age, or national origin.

If you don't do it excellently, don't do it at all. Because if it's not excellent, it won't be profitable or fun, and if you're not what are you doing there?

Ask the Geek By Kevin McDonald

Dealing With Viruses and Spyware - Part 1

One of the biggest problems that computer users face on a daily basis is the sheer volume of viruses, "spyware" and "malware" that slip behind the curtains of your computer's operating system to do their dirty work. Unfortunately, without several layers of protection and near-constant vigilance, these pests will eventually find a way to compromise your computer. Once they're in, many of them find ways to bypass your weakened barriers and open the floodgates for more.

A recent survey performed by Consumer Reports indicates that, if you have a home computer with Internet access, you have a 25% Following the "4-H Bake chance of being victimized online via viruses, spyware or "phishing" scams. The same survey showed that 38% of their respondents had been infected by a virus, and 34% had been infected by spyware.

> Infections like these don't always carry dire consequences, such as shutting your computer down and destroying your data (but they can). Still, at the very least, they will slow you down. Your computer starts to spend more time catering to the unwanted programs than to the important ones, like your web browser, word processor or favorite game. Before long, your computer slows to a crawl, putting it at a high risk of being kicked or thrown out of the nearest window.

This article is the first in a multi-part series addressing these issues. I'll cover the different types of infections you'll come across, explain some of the mechanics behind the problems, and most importantly, tell you how you can keep yourself protected without paying a dime. Here are a few tips to get the ball rolling:

- Extra "toolbars" at the top of your web browser are rarely a good idea. (The Google Toolbar is one good exception.) In fact, if you see them, they're often a good indicator that you've let some spyware slip past the goalie. They're often a pain to get rid of.
- You need good anti-virus software, and you need to keep it updated at least monthly. Also, just because you're paying a premium for it doesn't mean it's good. My personal favorites are incredible, and they're free. (More on that later.)
- · Come across a great new anti-virus package or "spyware blocker?" Don't be fooled - many of them are actually just wolves in sheep's clothing: Spyware in disguise, and nearly impossible to remove. Google them before you install them!

Until next week, if you've got questions about any part of the computing experience, I'd love to hear from you. That's exactly what in business for fun or profit, this column is for. Email the address below. I look forward to hearing from you! -Robert Townsend

> Kevin McDonald lives in Stratford with his wife and three children. He owns and operates Definition Computers.

Do you have a burning computer question (or perhaps, a burning computer)? Email Kevin at askthegeek@definitioncomputers.com, and your question might be answered in a future article.

Many attempts to communicate are nullified by saying too much. -Robert Greenleaf, ATT





By now you've probably heard - Hilmar Cheese Company has arrived in the XIT City. Our new plant, currently under construction, is busily hiring, scheduling and training our initial group of team members. When fully operational, we will be able to process 5 million pounds of milk each day...but to do that we're going to need some help.

We are still looking for a limited number of dedicated and reliable individuals who can step right in as soon as early August. Missing this opportunity would be like crying over spilled milk. If you fit the bill – bring your talents to a company that takes pride in being different.

Production Operators

Good computer skills are required to operate a variety of equipment and machinery in our production environment. Must be proficient in reading, writing and speaking English.

Maintenance Mechanic

In this important, proactive role, you will help maintain and repair a variety of electrical, pneumatic and hydraulic equipment.

Lab Technicians

A background in microbiology or chemistry will give you a "leg up" for consideration in one of these technical positions. Successful candidates will be expected to work with minimal supervision and must be able to quickly learn and efficiently conduct all lab tests and record results for reporting to management.

Additional opportunities are also available!

Along with a safe, clean work environment and some of the best training available, we're proud to offer a full range of benefits that will help protect the health and well-being of you and your family. For more information about us and our opportunities, visit our Web site at: www.hilmarcheese.com or contact your local Panhandle WorkSource office. 806-244-1834 or www.workintexas.com.



Leadership

Cont. from page 1

During the week long event, the students participated workshops designed to prepare them for meetings with members of congress and to help them focus on common issues in order to prepare a speaking agenda to present to their congressional representatives. The program teaches American Civics by exposing students to the inner workings of the national government combined with leadership training and academic enhancement. The students are trained using three models designed to teach and enhance: 1. understanding of power and politics, 2. the political process and how governments works, and 3. leadership and communicating to congress.

The Region 16 students were able to meet with representatives from Senator Kay Hutchinson's office and Congressman Mac Thornberry's office to present their views on such issues as teen pregnancy, drop out prevention, drug abuse prevention, immigration, and gangs. The students were also able to meet special guests such as David Cleavinger, the National Vice President of the Wheat Growers Association from Wildorado, and Pedro Ramos

from Friona who is an intern with Congressman Ruben Hinojosa's office. During the week, students were also able to tour such historic sites as the Lincoln Memorial, Arlington Cemetery, the Holocaust Museum, and the Museum of Natural History.

The BCLI/EIDLP trip was funded by Region 16 Education Service Center with some assistance provided through the Migrant Interstate Program. Wendy Branstine, Migrant Counselor from Region 16, accompanied the group.

BCLI's mission is to promote who added not consider the promote which added not consider the promote which added not cons civic participation, education, economic advancement among youth living in immigrant and farmworker communities.

Thursday, August 16, 2007 Page 3

THE STRATFORD STAR

Cards of Thanks

The Nu Beta sorority would like to thank the following donors for their generous support of the Memorial Scholarship Golf Tournament. This cause is very close to the hearts of all the Nu Beta members, and your support is deeply appreciated. Duncan Chevrolet Premier Ag First State Bank Happy State Bank H.E.R.S. Cattle Sam Gustin Greg Willis Stratford Feedyard S&D Cattle Walter & Kris Laslev Coon Memorial Home Health & Hospice Legacy Assisted Living Hair Creations Doug & Joyce McBryde Boars Nest El Rancho Richard Chumley Rhea Chumley Dick Chumley Jeff Kautz Jimmy Helmuth Clay Myers Acquisitions Let's Make Arrangements Elk Junction

Subway John & Lauri Ewers Personal Touch Long's Ben Franklin El Primo's Cafe Ronnie & Becky Brooks The General Store Royce Howell Marcus & Ashley Lavake Wesley & Cindy Miller Dorothy Haile Stratford ISO Martha Ellison

Elk Pharmacy A special thanks to all the golfers who participated also. Your involvement made this an exceptional tournament, and we hope to see all of you again next year.

If you would like to make a contribution to the Nu Beta Memorial Scholarship Golf Tournament, please mail your donations to Mu Beta c/o Sherry Willborn PO Box 747 Stratford, Texas 79084

> To control your cow, give it a bigger pasture.

-Suzuki Roshi, Zen Master

First Assembly of God

Kevin Anderson, Pastor 921 Fulton Sunday School 9:45 am Morning Worship 10:45 am **Evening Worship 6:00 pm** Wed. Bible Study 7:00 pm

First Christian Rev. Walter Reed

5th & Main Sunday School 9:45 am (nursery) Morning Worship 10:45 am (nursery) No Sunday Evening Worship Service

First United Methodist Rev. Gene Weinette

520 N. Main Sunday School 9:20 am Morning Worship 10:30 am Junior High UMY 5:00 pm Senior High UMY 6:00 pm

St. Joseph Catholic **Father Aleksy Kowalski**

6th & Pearl Rectory - 366 - 5687 Sunday morning: 9:00a.m. (English), 12 noon. (Spanish) Service . Wed. Thurs. Fri.—6 p.m. Sat. 5 p.m. Sacrament of Reconciliation: Before Mass.or by appt. Christian Formation Classes: K-6th Grade, Wed. afternoon Jr. & Sr. High, Wed. - 6:30-8:30 p.m.

Church of Christ

Ernie Maiwald N. 3rd & Chestnut Sunday School 9:30 am Morning Worship 10:30 am Evening Worship 5:00 p.m.

Wednesday Bible Study - 7:00 p.m. **Heritage Bible Baptist Pastor Rick Carter**

302 S. Main - For More Info-call 396-2212 Morning Worship - 11 a.m. **Evening Service 6 p.m.** Wed. Service - 7:30 p.m.

First Baptist Pastor Jason Stone

Domingo-(Sunday)

702 N. 3rd Sun.—Coffee - 8:30 Sunday School - 9:30 Worship Service - 10:30 Wed. -Children-6:00, youth-7:00

La Mision Bautista **Mision Bautista** 401 S. Wall 396-5376

Estuela Dominical 9:45 am Miercoles (Wednesday)

Servicio De Adoration 11:00 am & Servicio De Oraction 6:00 pm Servicio De Adoration 6:00 pm Susninos Durante El Servicio.

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The Churches of Welcome You

Oneness

Today I focus my prayer time on my oneness with all people everywhere, on the blessing which I have to give to others and the blessing which they Wed.: Youth Choir 3:45 pm, Chi Rho 5 p.m., have to give to others and the blessing which they CYF 6 p.m., Bell Choir 6:50 p.m., Adult Choir 8 p.m. have given to me. I know that we are all here to fulfill a divine plan and purpose. Through realizing the oneness that we all share, I am better able to fulfill my own divine potential. I know that I am not separate or apart from the mainstream of life, but rather the mainstream of life flows through me and through everyone, connecting us in a divine and wonderful way. I know that we are here to help and to bless one another. I send forth my silent, loving blessing to all people everywhere, and know that we of the human race are growing and unfolding in magnificent ways, that greater and greater good is in store for all of us.

> There is one body and one Spirit... one God and Father of us all, who is above all and through all and in all.-Eph.4:4-6.

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Templo Hispano Eben-Ezer Pastor Roberto Frescas 205 N. Poplar - Hwy 287 Escuela Dominical 10 a.m. Serbicio De Adoracion 5 p.m. Meir Co Les Serv De Ador 5 p.m.

Estudio Biblico

Kerrick Community Church

Pastor Roy Harris Community Building Sunday Morning - 11:00 a.m. Sunday Evening-6:00 p.m. Prayer Meeting - 7:00 p.m. Wedt



Myrtle and Everett Riggs (front); Taylor and Kenzie Riggs (Back) More photos on page 8 **Photo by Caryn Riggs**

More Everett Riggs photos on page 8

BEILUE: RECOGNIZED AT LAST

Editors Note from Stratford: This article was taken from Fridays edition August 3, 2007 from the Amarillo Globe News and was written by Jon Mark Beilue. The ceremony took place on Saturday, August 4, 2007.

DALHART - Only when Everett Riggs is asked what Saturday will be like does he drop his matter-of-fact guard. He thinks about the dogged effort of his son, of the long-delayed recognition of a terrible but heroic World War II incident 62 years ago and his lip quivers and his eyes get red. "I wish I could tell you how I'll feel, but I don't know," said Riggs, 86. "I might be a total wreck. It's very touching that he's done so much. "Riggs puts a hand on the arm of his son, Charles, a chemistry professor at Texas Woman's University in Denton. They are in the reception room of the Coon Memorial Nursing Home in Dalhart where Myrtle, Everett's wife of 66 years, Luttrell resides. He makes the 30-mile trip from his home in Texline several 2. Einstein by Walter Isaacson times a week to see her. Saturday morning, the nursing home will be 3. Outrage by Dick Morris full with about 20 relatives, from children to grandchildren to great- 4.1 Feel Bad About My Neck by grandchildren. "Be a ton of them," Riggs said. Also present will be Nora Ephron Jim Smith, commander of the Texline chapter of the Veterans of Foreign Wars, and Danelle Barber from U.S. Congressman Mac Thornberry's office. They will gather for a ceremony that should have happened 62 summers ago. Riggs will be awarded a Bronze Star for Valor to signify and recognize his actions on the night of April 22, 1945. That he never received a medal for that night 62 years ago are still pieces of a puzzle, but what he did was no mystery. Riggs was a private first class in Patton's 12th Armored Division - Company C of the 66th Armored Infantry Battalion to be exact. Famous German general Erwin Rommel called them Hellcats. Within the U.S. Army, they were the "Mystery Division." On this night, a squadron from Company C was trying to get some sleep in a house in the German town of Kicklingen. It was just a few weeks before Germany's surrender to the Allies. Riggs, a farm boy from the Oklahoma Panhandle town of Forgan, had been in Europe just more than three 113. months, at the end of the Battle of the Bulge. He was one of two standing guard that night when an 18-man patrol of German soldiers attacked. He was in a half-track, a combination of a tank and wheeled vehicle. Riggs managed to avoid injury from four hand grenades, and while another guard, Thomas Ray, covered him, Riggs ran for his life to a 50-caliber machine gun. "I'd rather hear that ol' 50 rattle than my knees," he said. It rattled, all right. Riggs would kill nine German soldiers - half the patrol - and wound another, who was taken prisoner the next morning. He prevented infiltration of the company's line and saved Lord knows how many lives in his squadron. A few soldiers were said to have awakened the next morning wondering what in the world had happened. "I was just doing what any soldier would have done," Riggs said. "I was trying to protect the rest of the boys who were asleep. I had a job to do. I wasn't a hero. I was going on instinct. The heroes were the ones buried over there. "In July of that year, six

in the 12th Armored Division were awarded Bronze Stars. One was supposed to be Riggs, but with the war hi Europe over, he had left for preparation for a likely invasion of Japan. The medal, for reasons still not clear, never made it with the transfer to his personnel file. Riggs was discharged from the Army in December 1945, returning to Myrtle and their two young daughters. He never gave that oversight much thought. In fact, he wouldn't talk about his war experiences for another 56 years. He tried to build a life for his family. He owned a butane business in Stratford in the 1950s, and after that, was a

mechanic for John Deere and International Harvester, for the highway department, and the Parks and Wildlife Department. They stayed in the Corpus Christi area for 18 years before moving back to Texline in 1986 to take care of his wife's ailing mother. Meanwhile, son Charles did some poking around. After service in Vietnam in 1969-70, including receiving his own Bronze Star, some things didn't add up. He remembered from the 1950s as a boy reading an account of his dad's action in the Beaver, Okla., newspaper. Having received a similar medal, Charles thought his dad deserved much more. Then after looking into it further, he discovered that a medal his father brought back was indeed a Bronze Star, but it was for combat infantry. There was nothing for valor, nothing for that night in Kicklingen. To top it off, Riggs' Army personnel records were apparently destroyed, and so it appeared to have hit a dead end. Then when he was 80 in 2001, Riggs began to talk of the war for the first time. It was evident to his son something was amiss. Riggs said his platoon leader, Lt. Lawrence Ferolie, had recommended him for a Distinguished Service Cross, then the second-highest medal the Army gives. Ferolie, still alive at the time, confirmed that. Charles worked with three different congressmen, two from his district in Denton, and Thornberry over several years. Dick Armey, former House Majority leader, was successful in finding lost Army records. Congressman Michael Burgess uncovered the original Bronze Star order. Thornberry was able to get the medal back on Riggs' record, and get the medal authorized and delivered: Charles' only regret was his failure to get the medal upgraded. He said his dad's actions for valor are clearly worthy of a Silver Star and are borderline for Medal of Honor, this country's highest combat award. Riggs likely prevented the capture of a key bridge that could have prolonged the war for a few weeks and he saved the lives of this squadron with his bravery behind a machine gun. But an Army review board declined to upgrade the medal. In the end, however, a wrong has been righted, and a grievous oversight has been corrected - 62 years later. Ultimately, that's what really matters is a saturday morning, an emotional 86-year-old gentleman will receive a medal for valor and gallantry on a spring night in Germany lo these many years ago. He will then ride in an open car in the XIT Parade, which will begin not Las Vegas are manufactured to a far from the nursing home. Wave proudly, Everett Riggs. This is your than 1/2 the thickness of a human time - finally. Jon Mark Beilue's column appears Sunday, Wednesday hair. and Friday. He can be reached at jonbeilue@amarillo.com or (806) 345-3318.

New York Times Best Sellers @ Your Library Fiction By Sandy Baskin-Librarian

1. A Thousand Splendid Suns by Khaled Hosseini

2. The Quickie by Patterson

3. The Secret Servant by Daniel

4. High Noon by Nora Roberts 5. The Tin Roof Slowdown by James Lee Burke

6. Lean Mean Thirteen by Janet Evanovich

7. The First Commandment by **Brad Thor** 8. Justice Denied by J. A. Jance

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11. The 6th Target by James Patterson

12. For One More Day by Mitch Albom 13. The Children of Hurin by J.

R. R. Tolkien 14. What Matters Most by

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The Navigator by Clive Cussler 20. Killer Weekend by Ridley

Pearson Non-Fiction

1. Lone Survivor by Marcus

The Audacity of Hope by Barack Obama

Marley and Me by John

7. The Dangerous Book For Boys by Conn Iggulden

8. Who Moved My Cheese? by Spencer Johnson

9. Blink by Malcolm Gladwell 10. 90 Minutes in Heaven by Don

11. Night by Elie Wiesel The Tipping Point by

Malcolm Gladwell Mayflower by Nathaniel

Philbrick 14. The Measure of a Man by Sidney Poitier

15. The Freedom Writers Diary by the Freedom Writers with Erin

To check the availability of these www.hlcto go lib.org/stratford

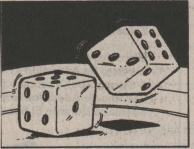
Next click on "Search the" catalog" and search Sherman County Library. Call 366-2200 and we will be happy to place a hold on the item for you.

Beauty

(NU) - Thirty-four percent of women between the ages of 25 and 55 say dryness is their top hair concern for summer, followed by frizz, breakage, sun lightening and chlorine damage, according to a survey conducted by Aussie Hair Care. Lisa Chiccine, stylist for Infusium 23, says the biggest trend for this season is shine. To achieve the ultimate shine, invest in a blow dryer with a super-thin nozzle. Hair experts recommend a variety of serums, sprays and leave-in treatments for soft, shiny hair. One to try is Aussie Sun-Touched Shine Conditioning Shine Spray, which contains sea kelp for thirsty locks. Spritz onto clean, damp hair and work it through without rinsing. This and other Aussie products are available in stores nationwide for \$2.99.

Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen.

—Winston Churchill



Dice used in crap games in



Iris Garden Club Ladies from Texhoma 1st row: Ann Welch, Barbara Burns, Grace Schafer, Mary Lou Johnson, Stephanie Clark and Amy Berry. 2nd Row Peggy Harland, Pat Trijello, Carmen Harland, Christi Mitchel, Charliss Thrasher, Lori Bonilla. Not listed in photo: Missy Cartwright, Rachael Parrott, Barbara Palmer, Barbara Davidson, Julina Davidson, Amanda Crawford, Jean Hensley and Margaret Russell.

IRIS GARDEN CLUB OF TEXHOMA **RECEIVES NATIONAL AWARD**

Pictured above are the Iris Club ladies from Texhoma with their numerous awards.

In 2006 the Iris Garden Club ladies decided to plant trees west of Texhoma to welcome people to their town. In order to accomplish this a water line was needed. They needed permission from the Texas Hiway Department from Stratford. When the Department found out a water line was to be laid for the trees they contacted their superiors out of Amarillo. They ask the ladies if they would build a covered picnic area and have a flower bed surrounding it., would they plant grasses and flowers. They drew up plans and contracted out the rest area. Upon completion the grasses and flowers were planted making a beautiful rest area.

During and after the area was built the ladies took pictures and decided to enter the Roadside Beautification Contest sponsored by the Garden Clubs of America. They got busy and made a book of articles and pictures showing each step of the operation and sent it into the Oklahoma Garden Clubs Inc.

In March of 2007 at the Oklahoma Garden Club State Convention which was held at Tulsa, Okla. The Iris Garden Club from Texhoma entry won first place in the state. Immediately after the state convention it was forwarded to the Regional Convention where it won the second place over four states, Texas, Arkansas, New Mexico and Oklahoma. The top two entries were sent on to the National Garden Club Convention to be judged against all other entries across the United States. This convention was held in Boston, Mass.

In July 2007, The Iris Garden Club received an award from the National Garden Club Convention naming the Iris Garden Club of Texhoma the number One in the United States. They were awarded the First Place Award for Roadside Beautification and Natural Land and Trust Award.

Also pictured is the Roadside Beautification award presented by the Gamma Theta Chapter of ESA in Texhoma which the club was very proud to receive.

The ladies of the Iris Garden Club would like to say "THANK YOU" to all the organizations, individuals, grants received and help that made these awards possible. It's working together that makes the effort worthwhile; we now have a beautiful entry to Texhoma.

> The vision must be followed by the venture. It is not enough to stare up the steps—we must step up the stairs.

-Vance Havne

Define your business goals clearly so that others can see them as you do.

-George F. Burns

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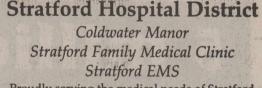
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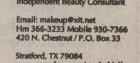
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Last year over 26,000 children were sexually abused in Texas. In light of the ongoing media coverage of various child sex abuse cases, it's understandable that many parents may be feeling especially concerned about the safety of their children and may be wondering how they can protect their child from being sexually abused.

Wendell Teltow, Executive Director of Prevent Child Abuse Texas, a non-profit organization whose mission is to prevent child abuse in all its forms, explains that parents should know that there is no single psychological profile of a sexual offender. Myths suggest that only dirty old men' are sexual abusers, but the reality is that anyone in a position of authority and with access to children can abuse a child, he said. The majority of sexual abuse perpetrators are people the child knows and trusts. Be particularly cautious about people who are close to your child who do any of the following:

• Treat children as property by grabbing them, forcing attentions and affection, tickling excessively, and generally showing disrespect for children's requests and privacy

• Relate to children in a sexual or seductive manner, for example, by

• Entice children into their homes or into activities with them, or

commenting She's a sexy little thing

• Use gifts and favors as the main way of relating to children

show excessive friendliness

Many sex offenders will not display any signs that indicate they are a danger to children. While the general public tends to pay a lot of attention to identified sex offenders in the community, it is important to realize that the majority of sex offenders that are living in communities have not been identified. Teltow explained, we need to take steps to insure the safety of children in all aspects of their lives, realizing that the unidentified threat' is greater than the small percentage of people who have been identified as sex offenders.

According to Teltow, while we can, and should, teach our children personal safety skills, we adults need to take primary responsibility for keeping children safe. The best strategy for prevention is for adults to supervise children and their relationships with others. Parents can't control everything having to do with their child, but they can be alert to potentially dangerous situations. The following are some of the things you can do to help prevent child sexual abuse.

Teach your children about sexual abuse prevention just as you teach other safety guidelines. You can bring the subject of sexual abuse into daily life and make it part of ongoing talks with your children about safety, rather than presenting it as a one-time-only lecture which will scare them rather than educate and empower them.

Encourage children to talk. Children should feel that they can come to you to discuss anything no matter how big or small. Children must be free to ask about adult behavior that confuses them, even when it is behavior not related to sexual abuse.

Pay attention when children act different around certain people. You can use what you observe to start a conversation with children, such as: I notice you get very quiet when Uncle John is around. Are you feeling uncomfortable around him? I want you to know that you can tell me any time you feel uncomfortable around someone and I will listen and try to help. Listen to children when they talk about babysitters or other people, paying attention to words as well as body language that may indicate a problem.

Teach children the First Rule of Safety, which is that before they can go anywhere they need to tell you where they are going, who they will be with and when they will be back.

Supervise children's use of the internet. The internet can be used by offenders to form relationships with children who they then meet

Make it clear to children how they can reach you or someone they trust at all times. Help each child identify a safety networkof people they could talk to about feelings, especially feelings of being

Teach your children that there are things they can do if they feel unsafe. It may be helpful to a play a what if game with children to clarify their feelings and practice ways to deal with a situation. For example, you can say What if someone put his hand on your bottom? Children can talk about what they could do about it (for example, say I don't like that! and run away and tell someone.)

Trust your instincts. If something doesn't feel right, pay attention to your feelings and check into any situation that makes you feel

For more information or to join our efforts, contact Prevent Child Abuse Texas by calling 1-800-CHILDREN or visit www.preventchildabusetexas.org

Tips to Help You Stay **Energized All Day**

(NU) - Gone are the days when three square meals could keep a person going for a full 12 hours. Our desk jobs keep us working indoors and we often feel sapped by fluorescent lighting and a lack of time in which to exercise.

Choosing healthful foods and eating five or six small meals a day rather than three larger ones will ensure that your energy level stays stable and you're spared the highs and lows that accompany overeating or an unhealthy diet. Here are some tips on getting the most energy out of your daily food intake:

• Forget what your mother told you about snacking between meals. Nutritious snacks made of fresh, unprocessed foods will help keep your energy level up over the course of the day. A handful of nuts, some carrot sticks or slices of fruit are good

• Stay hydrated with fruit juice, skim milk, water or a nutrient-packed beverage like Nu-Vim to keep from getting fatigued. NuVim, which is available in the refrigerated juice section of many supermarkets, contains the proven immune systemenhancing ingredient MunePro, along with vitamins C, E, B-12 and zinc; vitamin A; calcium; and complete protein. It's caffeine-free and low in calories, carbs and sugar. For a list of stores that carry NuVim or to purchase it in powder form, visit www.nuvim.com or call 877-850-8777.



Eggs are a good source of protein, which will keep you energized in the morning.

• Don't skip breakfast. It may seem like an easy way to lose weight, but you'll find that instead of feeling lighter, you'll feel lightheaded or even sluggish. If making breakfast is too much of a hassle, grab something nutritious to eat on the go. When you do cook breakfast, forgo the sweet stuff and choose protein instead; eggs or egg substitutes are good energy-builders when paired with a slice of whole grain toast. High-fiber cereal, such as oatmeal, also provides long-lasting energy.

• Sit down to eat — but not in front of the TV. Focusing your attention on the television instead of what is on your plate

could lead to overeating. Watch your evening portions. Eating a large meal before bed is hardly energy-efficient. Instead, make sure your body gets energy when it needs it most: when you're awake. A good breakfast and lunch, along with midday snacks and a light dinner, will keep your energy level on an even keel throughout the day.

Classy Coleslaw

(NAPS)—There's more than just a shred of interest in coleslaw these days. The reason may be that it not only makes a great salad, but it's used as a topping for a number of dishes, including fish tacos and pulled pork sandwiches. It also adds a lot to turkey burgers and grilled chicken sandwiches. Here's a recipe for a classy coleslaw dish many will warm up to:

Classy Coleslaw

1 bag precut cabbage (or 1

head cabbage sliced thin) 8-oz. can pineapple chunks, drained 1 cup miniature

marshmallows 14 cup grated carrots (optional)

1 jar Litehouse Coleslaw Dressing

Mix all ingredients in bow For more pineapple flavor add the drained juice to the dressing before mixing into the salad. Let sit 10 minute before serving.

Coleslaw fans will be happy t know that this recipe is not carve in cabbage. Among the man ingredients you can add are fet or bleu cheese crumbles, slice apples or pears, dried cranberries grapes, shredded veggies (include ing zucchini, broccoli, carrots and jicama), crushed pineapple and for the very adventurous, min marshmallows.

For more delicious recipes visit litehousefoods.com.

(NAPS)-According to th Direct Selling Association, Bab Splendor and BabyCrazy, which sell baby products at home par ties, are just the latest in a grov ing category of direct selling proucts. New categories also includ pet accessories, tools and garden ing products. For more informa tion, visit www.dsa.org.

Before initiating a quote for commercial auto policy, know that you may qualify for discounts you've carried increased liability limits in the past and if you employee base consists of exper enced drivers. To learn more, vis www.driveinsurance.com.

The chefs at Litehouse Food point out that coleslaw not onl makes a great salad, but it's use as a topping for a number of dishes, including fish tacos an pulled pork sandwiches. For mor recipes, visit litehousefoods.com

Courage is not the absence of fear, but rather the judgement that something else is more important than fear.

-Ambrose Redmoon

Page 5 Every man has his own courage, and is betrayed because he

THE STRATFORD STAR

Thursday, August 16, 2007

seeks in himself the courage of other persons -Ralph Waldo Emerson

2007 Stratford Elks Football Schedule

				The state of the s	
	Aug. 18	Borger (Scrimmag	e)	Here	10:00
	Aug. 23	Texhoma (Scrimm	age)	There	5:00
	Aug. 31	Levelland		Amarillo	4:30
	Sept. 7	Childress		Here	7:30
r, re	Sept. 14	Floydada (Homeco	oming)	Here	7:30
es es	Sept. 21	Perryton	(Zaniewskery) y "na letys "na letys	Here	7:30
to	Sept. 28	Open	Andrew State on the control of the c	Apple 1	
ta ed es,	Oct. 5	Dalhart		There	7:30
d- nd d,	Oct. 12	Spearman		There	7:30
ni s,	Oct. 19	Panhandle		There	7:30
	Oct. 26	Canadian		Here	7:30
?	Nov. 2		i chi mongazi mongazi si contoto	There	7:30
by ch	Nov. 9		con a Bridge of the Control	Here	7:30
w- od- de		· 自由主席及北京在	JV Schedul	a metho	
n- ia-		t night 62 years ago ar		24200 K	
a	Sept. 6	Spearman	There	6:00	JV
а	Sept. 13	Panhandle	There	4:30	7,8,JV
at	Sept. 20	Canadian	Here	5:00	7,8,JV
if	Sept. 27	West Texas	There	4:00	7.8.JV
ty	Oct. 4	Perryton	Here	5:00	7&8
ri-	Oct. 4	Dalhart	Here	7:00	JV
sit	Oct. 11	Spearman	Here	5:00	7,8,JV
	1200 A 1200 N	Panhandle.	Here 10 alnes		7.8.1
ds	Oct. 25	Canadian	There	5:00	7,8,JV
ed	Nov. 1	West Texas	Here	5:00	7.8.JV
of nd re	Nov. 8	Sanford Fritch	There	5:00	7.8.JV
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Stratford Independent School District has announced its policy for providing free and reduced-price meals for children served under the National School Lunch Program and / or School Breakfast Program. Each school and the central office have a copy of the policy, which may be reviewed by any interested party.

The household size and income criteria identified below will be used to determine eligibility for free and reduced-price benefits. Children from households whose income is at or below the levels shown are eligible for free or reduced-price meals. Foster children who are the legal responsibility of a welfare agency or court may also be eligible for benefits regardless of the income of the household with whom they reside. Eligibility for the foster child is based on the child's income.

Family	Ann	Annually		nthly	Weekly		
Size	Free	Reduced Price	Free	Reduced Price	Free	Reduced Price	
1	\$13,273	\$18,889	\$1,107	\$1,575	\$256	\$364	
2	17,797	25,327	1,484	2,111	343	488	
3	22,321	31,765	1,861	2,648	430	611	
4	26,845	38,203	2,238	3,184	517	735	
5	31,369	44,641	2,615	3,721	604	859	
6	35,893	51,079	2,992	4,257	691	983	
7	40,417	57,517	3,369	4,794	778	1,107	
8	44,941	63,955	3,746	5,330	865	1,230	
9	49,465	70,393	4,123	5,867	952	1,354	
10	53,989	76,831	4,500	6,404	1,039	1,478	
11	58,513	83,269	4,877	6,941	1,126	1,602	
12	63,037	89,707	5,254	7,478	1,213	1,726	
or each additional	family member add:		医多种种种 类的	Wat Daniel Barrell	Carlo Carlo Carlo Carlo		
	+4,524	+6,438	+377	+537	*+87	+124	

Application forms are being distributed to all households with a letter informing households of the availability of free and reducedprice meals for their children. Applications also are available at the principal's office in each school and at the cafeteria. To apply for free and reduced-price meals, households must fill out the application and return it to the school. Applications may be submitted anytime during the school year. The information households provide on the application will be used for the purpose of determining eligibility and verification of data. Applications may be verified by the school officials at any time during the school year.

For school officials to determine eligibility for free and reduced-price benefits, households receiving food stamps or Temporary Assistance for Needy Families (TANF) only have to list their child's name, food stamp or TANF case number. An adult household member must sign the application.

Households who do not list a food stamp or TANF case number must list the names of all household members, the amount and source of the income received by each household member, and the social security number of the adult household member who signs the application. If the adult who signs the application does not have a social security number, the household member must indicate that a social security number is not available by writing the word "NONE", "No Number," or some indication that the person does not have a Social Security number. The application must be signed by an adult household member.

Under the provisions of the free and reduced-price meal policy the business manager will review applications and determine eligibility. Parents or guardians dissatisfied with the ruling of the official may wish to discuss the decision with the reviewing official on an informal basis. Parents wishing to make a formal appeal for a hearing on the decision may make a request either orally or in writing to Tim Gilliland, Superintendent, at PO Box 108 Stratford, TX 79084 Phone 366-3300.

If a household member becomes unemployed or if the household size increases, the household should contact the school. Such changes may make the children of the household eligible for benefits if the household's income falls at or below the levels show above.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800)795-3272 or (202)720-6382 (TTY). USDA is an equal opportunity provider and employer.

School Supply

Mary Allen Elementary School Supply List 2007-2008

Pre - Kindergarten 1 Box of Kleenex 1 Back Pack

2 Box of 8 Large Crayola Crayons

Kindergarten 2 Boxes of Kleenex 5 Large Glue Sticks 1 Box of 8 Crayons

1 Box of 16 Colors 12 Pencils 1 Pair of Fiskar Scissors

1 Small School Box 1 Rest Mat (No blankets, exercise mats or a

1 Pink Eraser 1 Box 24 Colors 1 Spiral Notebook

Second Grade

First Grade 1 Wide Rule Spiral Notebook 12 #2 Pencils 2 Red Pencils 10 Pencil Erasers 2 Boxes of Crayons (No Fluorescent) 1 Small Pencil Box 1 Pair pointed scissors 1 Large box of Kleenex - BOYS ONLY

No Pencil Sharpeners Please mark your child's things with his/her near

1 Large roll of paper towels - GIRLS ONLY

1 Large Zippered Pencil Bag 1 Box 24 count Crayons 1 Large box of Kleenex - BOYS ONLY 1 Pair of scissors 20 #2 pencils 3 Red pens or pencils

2 70 count spiral notebooks (Wide Ruled) 2 Plastic Folders with pockets 2 Pink Erasers (Big) 18 oz. bottle Elmers Glue 1 Roll paper towels - GIRLS ONLY 1 pkg. loose leaf paper (wide ruled) Please mark your child's things with his/her nam Third Grade

1 Box of 24 Crayons 20 Pencils 2 Red Grading Pens 1 Box Map Color Pencils 3 Boxes of Kleenex 1 Pair Scissors 1 Pocket Folder -No Brads 2 Glue Sticks 1 Erasers 1 pkg. Loose leaf paper 2 Spiral notebooks (60 - 100 pages) Internal Stobood's Trapper Keeper (Optional) No Click (mechanical) Pencils

> Fourth Grade 2 Spiral notebooks Box of 12 Map Pencils 5 Highlighters Glue Stick 1 1in. 3 Ring Binder 2 Boxes of Kleenex Zippered Pencil Bag 20 Pencils (no mechanical pencils please) 10 Red Grading Pencils or pens 1 Hand pencil sharpener 2 pkgs. Notebook paper (WIDE RULED)

Please mark your child's things with his/her

Stratford Middle School Supply List 2007-2008

5th & 6th Grade

Math 20 pencils 1 pocket folder 3 red pens or pencils

Science Large 3-ring notebook (1 1/2" rings) 6 tabbed dividers Large red wire spiral notebook (120 pgs) Colored pencils 1 plastic folder w/pockets

Social Studies Thick wire-spiral Colored pencils (may be used for science as well) Erasable ink pens: 6 red; 6 blue or black; 2 pencils Zipper pouch If you purchase stretchy book cover, Social Studies book is extra-extra large

English 1 pocket folder w/brads 1 wire spiral notebook Erasable ink pens Red pen or pencil 1 large box of Kleenex

6th grade

Reading Pocket folder w/brads Pen or pencil

7th grade

Stratford Junior High School Supply List 2007-2008

notebook paper 12-#2 pencils

6 ball point pens (black or blue) 6 red ball point pens

3-3-hole Folder w/brads & pockets 1 set magic markers

2 small spiral notebooks

3 large Kleenex boxes highlighter

8th grade

notebook paper 12-#2 pencils 6 ball point pens (black or blue)

6 red ball point pens 3 folder (3 holes) w/pockets & brads

3 large spiral notebooks 3 large Kleenex boxes

NOTICE OF PUBLIC MEETING TO DISCUSS

The	TEXHOM	A INDEPENDENT	SCHOOL DISTR	RICT		will hold a publ
meeting at	10:00 A.M., AUGL	JST 25, 2007	in_	THE OF	FICE OF T	HE SUPERINTENDENT
	TEXHOMA, TEXAS	ie) Divisoria	the state of the s	ne purpose c	of this n	neeting is to discuss th
school district's	budget that will	determine				ed. Public participatio
in the discussion	on is invited.				endersten Edit	
the proposed rate		ess the district	publishes a	revised notice	e contai	later date may not excee ning the same information ised notice.
Mainten	ance Tax	\$ 1.04000	/\$100 (Pro	oposed rate fo	or maint	enance and operations)
	ebt Service Tax d by Local Voters	\$ 0.00000	/\$100 (pr	oposed rate to	o pay bo	onded indebtedness)
dott lead	Comparison	of Propose	d Budget w	vith Last Yea	r's Bud	get
fiscal year and to		ted for the fisc ure categories	cal year that I		the cur	dgeted in the preceding rent tax year is indicated % (decrease)
Debt serv	Address of the Hotel	0.00000	_% increase	or	etta ezten	% (decrease)
Total exp	enditures	8.14077	_% increase	or	TO SHEET WA	% (decrease)
reliade.		Appraised Valculated und				mente de grand gan (Ali ke) not granda ganda (Ali du a aldenotheona nci sal du
1 Sept. 1			Precedi	ng Tax Year	Cur	rent Tax Year
Charles for West admis	raised value* of all	HARLES STATE OF THE PARTY OF TH	\$	176,931,145.00	\$	208,170,650.00
	raised value* of nev		\$	92,600.00	\$	257,460.00
	ble value*** of all p		\$	132,087,065.00	\$	160,082,100.00
moundance !	ble value*** of nev	September 1 1	bath, lenced	92,600.00		257,460.00
"New property	ue" is the amount show " is defined by Section ? " is defined by Section 1	26.012(17), Tax Co	ode.	ed by Section 1.0	4(8); Tax (Code.
		100 05 05 05 05 05 05 05 05 05 05 05 05 0	DIP 3 Dedition			
article article	ount of outstanding		d Indebted			0.00

alcepinshilly of a wellon recide. Elegiblity for the li	erations	Interest nking Fund*	Total	200	al Revenue er Student	r Student
Last Year's Rate	\$ 1.29146	\$ 0.00000 *	\$ 1.29146	\$	10,238.00	\$ 398.00
Rate to Maintain Same Level of Maintenance &						
Operations Revenue &						
Pay Debt Service	\$ 1.00160	\$ 0.00000 *	\$ 1.00160	\$	10,621.00	\$ 2,630.00
Proposed Rate	\$ 1.04000	\$ 0.00000 *	\$ 1.04000	\$	10,770.00	\$ 2,871.00

Comparison of Proposed Levy with Last Year's Levy on Average Residence **Last Year This Year** 36,220.00 33,780.00 Average Market Value of Residences 18,780.00 21,220.00 Average Taxable Value of Residences Last Year's Rate Versus Proposed Rate per \$100 Value 1.29 1.04 Taxes Due on Average Residence 242.54 220.69 Increase (Decrease) in Taxes Under state law, the dollar amount of school taxes imposed on the residence homestead of a person

65 years of age or older or of the surviving spouse of such a person, if the surviving spouse was 55 years of age or older when the person died, may not be increased above the amount paid in the first year after the person turned 65, regardless of changes in tax rate or property value.

Notice of Rollbac	k Rate: The highest tax r	ate the district can adop	pt before requiring voter approval at an
election is	\$1.04	This election will be	automatically held if the district adopts
a rate in excess o	of the rollback rate of _	\$1.04	im to keep from Jehing keep and a street of the december of th

Fund Balances

The following estimated balances will remain at the end of the current fiscal year and are not encumbered with or by a corresponding debt obligation, less estimated funds necessary for operating the district before receipt of the first state aid payment:

> 550,000.00 Maintenance and Operations Fund Balance(s) Interest & Sinking Fund Balance(s)

It Pays To Look In The

S daily rotate bases of

Star Classifieds

Phone 366-5885

Help Wanted

CAL FARLEY'S

SERVING CHILDREN AND FAMILIES SINCE 1939!

HOUSE PARENT COUPLES

Boys Ranch (36 miles NW of Amartilo, TX) and Giristown USA (near Lubbock, TX) has openings for dedicated, energetic, married couples for our childcare teams! We are a non-profit, Christ-centered organization providing home-like residential settings for basic-care need youth. House Parent couples serve as role-models and have all of the responsibilities of a parent in helping to meet the physical, emotional, social and spiritual needs of the youth in their

- Starting salary of \$50,294 per couple. Work 6 days, off 3 days! Respite program. Private apartment within our attractive residential homes located in rural West Texas settings, utilities paid, business vehicle and food provided while on duty, extensive training and outstanding support. Great medical insurance, 401(k) w/company match, and many other

You can make a difference in the life of a child! Visit our website at www.calfarley.org or call (800) 687-3722 ext. 2615 or 2636.

Elevator and office help wanted at Stratford Grain. Apply in person or call 396-5541 FMI.

8-9-c-Counter Sales person needed at A&I Parts in Stratford. Applicants must be dependable. Benefits include health insurance, vacation and holiday pay. Contact Jerry at 806-366-5592. We are an equal opportunity employer.

Lollipop Junction is searching for a new director. Also need dependable adult. Must be 18 years of age w/high school diploma or equivalent. Must love children. Hours may vary. Send resume to Box 411 or contact Wesley Spurlock-Board present at 753-7215. 6-7-tfn-

Part time silage help needed. Mostly evenings and weekends. Flexible hours w/above average pay. Stratford Feedyard 806-396-5501 leave message for Tres Hess.

County Services is looking for Route Driver. Good Pay-CDL A or B needed. Contact Joe Hernandez at County Services (806) 344-7424 8-23-c-2x's----

Now hiring presser position. 18 or older. 30-36 hrs. per week. Come by The Cleaning Station for application. 8-16-2x's-

Stratford Family Medical Clinic is taking applications for a Medical Office Assistant. Please apply in person 1220 Purnell, between the hours of 8 a.m. and 5 p.m. Mon-Thurs. and 8 a.m. till noon on Fridays. 9-6-c-4x's--

Services

Need a pet sitter? Dependable! Will check, feed and walk pet several times a day. Call Mark Hand at 366-3678 to make your appointment. 7-26-tfn--

Garage Sales

Estate Sale: Friday and Saturday, Aug. 17 & 18th. 9 a.m. to 4 p.m. Appliances, furniture, kitchenware, clothing, books. collectibles & antiques. 1207 N. Division-Donna Kendrick. Stratford,

Garage Sale: 320 N. Maple, 8:30 till? Saturday, Aug. 18th. Clothes-Knives-Scopes-DO DADS

8-16-c-

7-5-tfn

8-16-tfn

BAG SALE: Thursday night August 16th from 6 to 10 p.m. 401 S. Fulton.

Garage Sale: 320 N. Maple, 8:30 till? Saturday, Aug. 18th. Clothes-Knives-Scopes-DO DADS 8-16-p-

Wanted Looking for an interested person to mow yards. Call 333-7418.

For Rent

House for Rent: 519 N. Grace, 2 Bdrm, 2 bath, huge backyard. NO SMOKERS & NO PETS. For more information call 753-7052 or 753-7092.

· Legally married for two years or more.

. Up to two school age dependent children welcomed!

· High School diploma/GED required

Houses for Sale

For Sale: Country Living, 15 miles from Stratford. 25 from Dalhart, 4000 plus living, 4 bedrooms, 3 bath, formal dining, oak flooring, basement, 40 x 50 insulated shop. All rooms extra large. Call 366-3233 for appointment. See pictures @ Shermancountytx.org

REDUCED: 3 Bdrm, 1 3/4 bath on large corner lot, 1201 NW 2nd St. Sprinkler system, fenced yard. Call 366-2153.

House for sale by owner-1210 N. Division, 3 bedrm, 2 bath, fenced yard, storage building, sun porch, close to schools. 396-2484

For Sale: 816 N. Maple, 3 bedroom, 1 bath, 2 story home. Call 753-6677 or 366-7664-lv message

NEW LISTING! For sale by owner. 314 S. Fulton. 1662 total sq. ft. 3 CH&A. bed/2bath. garage/double driveway. Large deck. Cash back at closing incentive. Will show by appt. 806-683-2553.

206 N. 3rd-79,900.00 3/1.50/1 home. Kit. W/eating bar & pantry. Living rm. W/fireplace. Mstr. Brdm. W/sitting rm. 1 car garage w/storage & 2 car carport. Storm cellar. Call Lindahl Realty 806-935-

7300, 1-866-935-7300 Approx. 640.7 Acres of land, widbl. wide mobile home w/garage \$640,700.00

Approx. 640.7 acres of land, 1/old abandoned house & Quonset barn-\$640,700.00

Approx. 640.7 acres of land-\$961,050.00

All acreage has irrigation equipment. All crops and farm equipment will be retained by seller. Seller will sell CRP land. 1202 N. 5th-\$116,900.00-4/1.75

home. Recently updated. Living Room wffireplace. Den, Kitchen, wet bar. Mud room. Sewing Room 12 x 15 Corrugated Storage Building, extra lot

501 N. Poplar-\$45,000.00-Lobby area, 3 offices, 2 baths, shop w/10x12 overhead door. Cinder block building. Call Lindahl Realty (806) 935-7300 for more details. 408 N. 8th-Stratford-\$85,000.00 3/1 3/4/1 Home Call: Lindahl Realty (806) 935-7300 or 1-866-935-7300. 402 N. 8th-Stratford-\$20,000.00 2/1 Home Call: Lindahl Realty (806) 935-7300 or -1866-935-7300. 301 N. Poplar-Stratford-\$275,000.00 60 x 100 Commercial Building **Showroom & Office** Call: Lindahl realty (806) 935-7300 or 1-866-935-7300.

The important thing to recognize is that it takes a team, and the team ought to get credit for the wins and the losses. Successes have many fathers,

9-21-c-

failures have none. -Philip Caldwell

For Sale

For Sale: 2004 Colorado-\$11,900.00 2000 4 x 4 Suburban-\$12,900.00 2003 Ford Pickup-Power Stroke-\$16,900.00 2001 Pontiac Grand Prix-\$7900.00

Duncan Chevrolet 366-5557 103 S. Poplar

Used Tire sale: Duncan Chevrolet 366-5557

7-28-tfn-For Sale or Lease-212 N. Poplar-40' x 60' office building. Call 806-679-5585

For Sale or Lease-Morten Building, 54' x 72' x16. 396-2305.

For Sale: 2005 Dodge 3500 4 x 4 diesel. 2002 4x4 Yukon. Call 580-543-6431 or cell 580-519-1953. 8-30-4x/s-

803 S. Bliss • Fax: 935-7687 935-7364

E-mail:adrem(a adremland.com

website: www.adremland.com MLS Se Habla Español

601 S. Pearl - 3/2/1, Lots of char acter! Lots of recent updates Includes 270 sq. ft. shop and 135 sq. ft. mctal storage, covered patio, large fenced yard, and isolated master.

1214 Butler St-\$130,000 3/2/2. The enclosed patio is a perfect second living area or game room/office.

207 West Texas Ave-PRICE **REDUCED! \$129,000** Commercial Building.

Sale

SHERMAN COUNTY SECTIONSthree sections, 3 phase electricity, two nice homes and landscaping, Quonset barn, irr. wells, sprinklers, 3 miles hwy front,+caliche-WILL DIVIDE!

HORSEMAN'S PLEASURE/CATTLEMAN'S **DELIGHT-NW of GRUVER-80** acres +/-, nice 4,000+/-sq. ft. brick home, metal roof, fireplace, two car garage, irr. well, 1/4 mile sprinkler, quonset barn, pipe-rail pens, covered working area.

HWY. 152 BETWEEN STINNETT & DUMAS-767 acres +/-, 4,000 sq ft +/-home & a 1,700 sq ft +/-home, beautiful homes and landscaping, large metal barn with office, irr. wells, sprinkler, strong water, hwy front. road-CONSIDER +caliche **DIVIDING!**

SHERMAN COUNTY 1/2 SECTION WITH PERMIT-plus 1 1/2 sections, hwy front., nice brick home, quonset barn, pens, irr. wells, sprinklers. Choice milk processing and dairy sites available in Dallam, Hartley, Moore, Oldham, Sherman and Hutchinson Counties. See our

www.scottlandcompany.com Ben G. Scott-Broker 800/933-9698

website or give us a call!

For Sale Feed, Seed Or Hay

Winter Wheat & Fall Forage Seeds **WHEAT** TAM 111, TAM 112 Cutter, Jagalene **BEARDLESS WHEAT ** Deliver, Longhorn, Russian Beardless, Weathermaster 135 **TRITICALE** Bobcat, Beardless Blend Presto, Pika, T-28, Full Season Trit Blend, Tamcale 5019, Jenkins **GRAZING BLENDS** **Bobcat Beardless Trit Blend**

BARLEY P919 Beardless Barley **RYE** Maton, Elbon, Strain Cross, Oklon **OATS**

Triple B Beardless Blend

Troy, Hy-test, Jerrys Bagged or Bulk, Delivery available 800-299-9273 *806-258-7394 **GAYLAND WARD SEED**

Hereford, Texas

9-27-8x's-

Legal Notice

Request for Proposals

The Stratford Independent School district is accepting requests for proposals for Physical Therapy Occupational Therapy for our

Special Education Students.

The proposals are for the period of September 1, 2007 through August 31, 2008. The proposals will be accepted until 2:00 p.m. August 28, 2007. Any request for proposal after this date will not be accepted. The proposal may be mailed to Stratford I.S.D. P.O. Box 108, Stratford, TX 79084, faxed to 806-366-3304, or delivered to Superintendent Office at 503 N. 8th Street, Stratford, TX. The requests for proposals will be opened September 5, 2007 at 2:00 p.m. We reserve the

and or all proposals. Stratford ISD does not discriminate on the grounds of race, color, sex, or national

right to accept or reject any

origin. Published in The Stratford Star Thursday, August 16, 2007 and Thursday, August

Stratford Independent School District Legal Notice

23, 2007.

The Stratford Independent School District requests proposals from interested contractors for Special Education Physical Therapy/Occupational Therapy. Specifications may be obtained by contacting the Administrative Office at (806) 366-3302.

The proposals will be accepted until 2:00 PM August 28, 2007. Any requests for proposals after this date will not be accepted. The

.. The Best Salesperson Around

proposals. Thursday, August 16, 2007.

District Legal Notice from interested contractors for Meteorologist-In-Charge HVAC Repairs and Security Garcia. Cameras. Specifications may be information they provide is an obtained by contacting the essential part of the warning Administrative Office at (806) process."

this date will not be accepted. The support, the success of the event proposals may be mailed to would not be possible! Stratford ISD PO Box 108, Stratford, TX 79084, or Faxed to 8th Street, Stratford, TX. The serve the needs of people. requests for proposals will be opened on September 3, 2007 at 2:00 PM. We reserve the right to

proposals. Thursday, August 16, 2007, are problems. The problem is Thursday August 23, 2007 and expecting otherwise and thinking that having problems is a Thursday, August 30, 2007. problem.

NWS Cont. from page 2

proposals may be mailed to entire life span of the tornado, Stratford ISD, PO Box 108, Brandon continuously provided Stratford, TX 79084, or Faxed to critical information to the NWS. 8064366-3304, or delivered to the The group "Spotter of the Year" Superintendent office at 503 N award went to the Potter & 8th Street, Stratford, TX. The Randall Counties ARES / RACES requests for proposals will be organization. These amateur radio opened on August 28, 2007 at spotters, also known as HAMS, 2:00 PM. We reserve the right to are the longest serving spotter accept or reject any and/or all group in the Panhandles. The net control, or "dispatch center," is Published in The Stratford Star, located at the Amarillo NWS Thursday, August 9, 2007 and office and allows reports to be received at the NWS office directly. The HAMS were critical in all of the big tornado Stratford Independent School outbreaks, but also provided timely reports in many of the less significant severe weather events. The Stratford Independent "Storm spotters serve as the eyes School District requests proposals and ears for the NWS," said Jos "No doubt,

Once again, the Amarillo NWS The proposals will be accepted would like to thank Wal-Mart of until 2:00 PM September 3, 2007. Amarillo for sponsoring this Any requests for proposals after event. Without their generous

806-366-3304, or delivered to the There is no reason for anything Superintendent office at 503 N in business to exist if it does not

-Bruce Cryer

accept or reject any and/or all Published in The Stratford Star, The problem is not that there

Mandrans

-Theodore Rubin

We know law like you know the back of your hand.



Oil, Gas, Real Estate, Banking and Commercial Transactions

You've spent years paying your dues and learning your craft. So have we.

SPROUSE SHRADER SMITH PC, leads the way in providing customized legal services for the oil, gas, real estate and banking industries. Whether it's gas marketing, leasing transactions, water rights, commercial development or complex lending transactions, let's roll up our sleeves and get down to business.

We know law.



701 S. TAYLOR, SUITE 500 AMARILLO, TEXAS 79101 806.468.3300 www.sprouselaw.com



Driver of the vehicle is Jim Smith, Post Commander of the Texline VFW; Everett E. Riggs is the passenger; Taylor and Kenzie Riggs (the great-grandkids) are in the back. Photo by Caryn Riggs



Jim Smith, Post Commander of the Texline VFW and Everett E. Riggs (Photo by Caryn Riggs)

HEALTH

Poor Sleep Affects Accuracy, Attitude on the Job

NewsUSA

(NU) - If you've been burning the midnight oil, you may soon be burning out at work.

According to a recent national survey by the Better Sleep Council, eight out of 10 Americans report at least one negative work-related side effect as a direct result of sleep deprivation.

Respondents reported most often that the quality of their work was affected by lack of sleep, as was their ability to think clearly, exercise good judgment and generally be in a pleasant mood.

"A perception today is that you can accomplish more if you spend less time sleeping, but limited sleep can affect every aspect of your life," said Dr. Bert Jacobson, Better Sleep Council spokesman and author of a new Oklahoma State University study on mattresses and sleep quality, which was recently published in the Journal of Chiropractic Medicine. "In fact, sleep deprivation impacts your level of alertness, your productivity and your ability to interact with colleagues and customers on the job."

Only 27 percent of Americans get the recommended eight hours of sleep each night, impacting not only their health but the economy as well. Due to employees' lack of quality sleep, U.S. businesses reportedly lose nearly \$150 billion annually in absenteeism and lost productivity.

More alarming, when it comes to fighting fatigue during the day, only 13 percent of Americans say they are willing to make the commitment to get more sleep in order to feel more awake and productive at work. But many consumers fail to realize that improving the quality and quantity of sleep can be as easy as buying a new mattress.

According to Jacobson's study, sleep quality is directly affected by



Routinely losing sleep can negatively affect your attitude and accuracy at work.

the quality of a person's mattress.
For a good night's sleep, the
Better Sleep Council reminds consumers to evaluate their mattress
every five to seven years for optimum comfort and support, and replace if necessary.

Follow these tips from the Better Sleep Council to help improve your quality of sleep, and thereby live a happier, healthier and more productive life, both in and out of the workplace:

• Stick to a sleep schedule.

Make sleep a priority by scheduling eight hours of sleep each night and maintain a consistent schedule, even on the weekend.

• Kick the caffeine habit. Avoid tea, coffee and soft drinks close to bedtime; research shows that caffeine interferes with getting a good night's sleep.

• Invest in rest. You spend one-third of your life in bed, so when you do need to buy a new mattress, be sure to choose one that is of the highest quality and comfort you can afford.

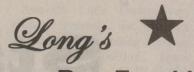
For more tips and information on better sleep, visit www.better sleep.org.

Consumer

(NU) - The demand for all things green has hit a new high with the introduction of many new Earth-friendly products by the nation's top retailers. A new line of 100 percent biodegradable disposable dishware called EarthShell has earned shelf space in more than 5,000 stores nationwide, including Wal-Mart, Target and other large regional grocers. Made from corn, potatoes and limestone, EarthShell products are designed to fill U.S. grocery carts rather than landfills. For more information, visit www.renewable-products.com.

Travel

(NU) - These days, older adults are seeking out more exciting vacation options. In an AARP survey, 55 percent of boomers consider themselves adventurous. At the same time, going on a high-energy vacation doesn't mean that you have to rough it. Catering to thrill-seeking boomers who also want some R&R, western Canada's new Whistler Mountaineer train, coupled with one of eight adventure packages, provides the best of both worlds. Along with the three-hour rail trip from Vancouver to Whistler, British Columbia, travelers can choose from a selection of adventures featuring day tours or overnight stays in luxury hotels in Whistler. For more information, call 866-754-8842 or visit www.whistlermountaineer.com.



Ben Franklin

Your hometown Variety, Craft & Dollar store!

303 N. Main Stratford, TX Mon.-Sat. 9-6 Sun 1-5

Back to School!

* Grab & Go with school supply <u>bundles</u>
We have put together by grade K-8th

* 1 box of free kleenex or paper towel with purchase of school supply bundle.

* Don't forget tax-free weekend August 17,18,19 Clothes, shoes, & NOW backpacks are exempt.

* Come Check out other savings throughout the store!

2007 Property Tax Rates

This notice concerns 2007 property tax rates for the listed entitites. It presents information about three tax rates. Last year's tax rate is the actual rate the taxing unit used to determine property taxes last year. This year's effective tax rate would impose the same total taxes as last year if you compare properties listed in both years. This year's rollback rate is the highest tax rate the taxing unit can set before taxpayers can start tax rollback procedures. In each case these rates are found by dividing the total amount of taxes by the tax base (the total value of taxable property) with adjustments as required by state law. The rates are given per \$100 of property value.

		City/Stratford	City/Texhoma	Hospital/Stratford	Hospital/Texhoma
Last year's tax rate:					
Last year's operating taxes +	\$	443,908	25,947	891,182	9,731
Last year's debt taxes =	\$	25,350	0	0	0,701
Last year's total taxes -:-	\$	469,258	25,947	891,182	9,731
Last year's tax base =	\$	52,139,835	8,512,055	387,470,450	133,296,095
Last year's total tax rate	\$/\$100	0.90000	0.30483	0.23000	0.00730
This year's effective tax rate:					
Last year's adjuusted taxes -:-	\$	469,313	25,855	890,678	9,728
(after subtracting taxes on lost property)		409,510	20,000	090,070	9,720
This year's adjusted tax base =	\$	56,409,037	8,541,400	382,591,827	159,066,500
(after subtracting value of new property)		00,400,007	0,041,400	302,331,021	159,000,500
This year's effective tax rate	\$/\$100	0.83198	0.30270	0.23280	0.00611
(Maximum rate unless unit publishes	4,4,00	0.00100	0.00270	0.23200	0.00011
notices and holds hearings)					
This year's rollback tax rate:					
Last year's adjusted operating taxes	\$	443,469	25,855	890,678	9,728
(after subtracting taxes on lost property) -:-				gle mythucousinods.	drift week to asset at our w
This year's adjusted tax base =	\$	56,409,037	8,541,400	382,591,827	159,066,500
This year's effective operating rate x	\$/\$100	0.78708	0.30270	0.23280	0.00611
1.08 = this year's maximum operating rate +	\$/\$100	0.85004	0.32691	0.25142	0.00659
This year's debt rate =	\$/\$100	0.04628	0.00000	0.00000	0.00000
This year's total rollback rate	\$/\$100	0.89632	0.32691	0.25142	0.00659
STATEMENT OF INCREASE/DECRI	EASE				
If the listed unit adopts a 2007 tax					
rate equal to the effective rate of	\$	0.83198	0.30270	0.23280	0.00611
per \$100 of value, taxes would		increase	increase	increase	increase
compared to 2006 taxes by	\$	244.98	71.07	1,135.96	4.08
SCHEDULE A - UNENCUMBERED			1		
FUND BALANCES					
Maintenance and Operation-Tax Acct		0	195,620	300,000	438,000
Maintenance and Operation-Other Ac	c\$	190,623.65	0	0	0
Interest and Sinking		0	0	0	. 0
SCHEDULE B - DEBT SERVICE					
Description of Debt		Sewer Plant	None	None	None
Total Required for 2007 Debt Service		26,149	0	0	0

This notice contains a summary of actual effective and rollback tax rate calculations. You can inspect a copy of the full calculations at the Appraisal District Office, 402 N. Third, Stratford, Texas.

Name of Person Preparing this Notice <u>Teresa Edmond</u>
Title <u>Chief Appraiser</u>
Date <u>August 9, 2007</u>

