



THE STRATFORD STAR

75 CENTS

Published for over 100 years in Stratford, Sherman County, Texas 79084

Number 7 February 13, 2003

Elks & Lady Elks Advance To Play-Offs



The Stratford Elks beat Gruver on Friday night February 7th to win District and advance to the play-offs. Shown kneeling from left, Case Crabtree, Chris Ortega, Travis Soto, Brady Bell, Tyler Haynes, and Matthew Taliaferro. Standing from left, Dylan Everett, Corey Rendon, Dalton Sladek, Jason Ashley, Josh King, Asbel Gomez and Adam Witcher. Congratulations and Good Luck!



Congratulations to the Stratford Lady Elks who at press time were to play Shamrock for Bi-District on Tuesday, February 11th. Lady Elk Erin Ashley shown far left waiting for pass from Lady Elk Amber Larance in District game against Booker.



Lady Elks #21 Amber Larance and Alisha Sladek, bottom against Booker on Tuesday, February 4th.

FFA Trailer Stolen In December

south of Stratford. The trailer is at 2nd & N. Pearl white in color, 18 feet long and Please bring box cutter knifes, and a full top and had Stratford yardsticks. FFA painted on it.

Sherman County Crimestoppers needs your help with this felony. Please remember that the Crimestoppers telephone number, 366-TIPS, goes to an answering machine to protect your identify. You must leave a call back number and code name so School District will hold a Trustee that we can contact you. If you Election on May 3, 2003. Anyone need to contact a person call the interested in applying for a place Sheriff's Office at 366-5551 or the on the ballot may due so from Police Dept. at 366-3051.

for the above listed crime or any other felony crimes please contact 4:00 p.m., Monday through Friday. Sherman Co. Crimestoppers (8477), the Sherman Co. Sheriff's 14, 2003, and persons involved.

Cowboy Church Meets Wednesdays

every Wednesday at the County through Friday, from 7:30 a.m. Barn at 7:30 p.m. Everyone is until 4:00 p.m. each day.

Free

OSTEOPOROSIS and brittle bones? Osteoporosis is a gradual thinning and weakening of bones, which can lead to bone fractures. Over 28 million Americans, 80% of whom are women, have or are at risk of developing this condition. Since osteoporosis is often referred to as a "silent His Steps" will be held Saturday, disease", many are less likely to March 8, 2003 from 9 a.m. to 3 find out they have it until they p.m. at Paramount Terrace suffer a painful bone fracture.

Now there is a safe, simple, painless test that can assess your risk of developing osteoporosis. Postmenopausal Women over age 50) are invited to receive a FREE Bone Scan on February 25, 2003, 11 a.m. - 4 p.m. Coldwater Manor

ATTENTION: PARENTS

IT'S PROM TIME AGAIN!!!!

We will begin decorating Monday & Thursday evenings Sometime in December of beginning Monday, February 3rd 2002 someone took the Stratford at 6:30 p.m. until further notice at FFA trailer from the FFA farm the Old Lumberyard Bldg. located

vive feet wide, has tandem axles scissors, paintbrushes, pencils and

Trustee Election

The Stratford Independent February 17 through March 19, If you have any information 2003 at 5:00 p.m. You may apply regarding the persons responsible at the Superintendent's Office, 503 N. 8th Street, from 8:00 a.m. until

School will be closed for Spring answering machine 806-366-TIPS Break March 12 through March Office or the Stratford Police applications may be filed at The Dept. Crimestoppers will pay up to Sherman County Public Library \$1,000.00 for information leading with Sandy Baskin. Hours are as to the arrest and conviction of the follows: Wednesday-Thursday 4 p.m. - 6 p.m. Friday-Closed,

continue through April 29, 2003. Early voting will be conducted in Forum is seeking nominations for the Panhandle of Texas through Cowboy Church will meet the Administrative office Monday the annual Distinguished Service their local communities. The

will expire are Max Christian, the Texas Panhandle through their anonymous panel of judges, Ronna Riffe, and Gared McBryde. talent and skill. Holdover members are Joe Reinart, Ricky Reed, Steve Johnson and Ted Allen.

Single Parenting Seminar To Be Held

Single Parenting Seminar "In Christian Church in Amarillo. Cost is \$10.00 (Scholarships Available).

Adult-Workshops

Children-Sessions Door Prizes, Lunch Provided.

Child care by reservations only. RSVP to Penny at PTCC-353-6615.



Everett Signs Letter of Intent

Dylan Everett, son of Mike and Reyna Everett signed a letter of intent to play football for West Texas A&M. Shown with Dylan at his signing on Wednesday, February 5th is Coach Brad Thiessen and Dylan's parents Mike and Reyna. Congratulations and Good

Women's Forum Seeks Early voting by personal appearance will begin on Wednesday, April 16, 2003 and continue through April 20, 2003

The Amarillo Area Women's individual's significant impact on Service Awards honor outstanding professional Board members whose term women who have helped to shape according to the award criteria. An

> The award recognizes the visible examples set by women who pave The nomination deadline is science and other fields.

nominee must be a Texas woman is Jane Juett. who is a legal resident of the top 26 counties of the Texas Panhandle and has not previously nominated but not selected.

the way for others to follow. Since February 28th. There will be a 1975, honorees have been selected presentation of the awards during are now seeking nominations from in the categories of the arts, a luncheon on Saturday, April 5, business and finance, civic 2003 at the Amarillo Country leadership and public service, Club. Co-chairs for the 2003 leadership and public service, Club. Co-chairs to Long and education, health care, law, awards are Natrelle Long and Panhandle during 2002. The Becky Zenor. The 2003 President Golden Nail Awards is sponsored To be eligible for the award, a of Amarillo Area Women's Forum by the Arts committee of the

representative of the Panhandle

area, will select recipients on the

basis of their lasting contributions

and achievements.

received the award. It is other information, call Gaynelle will be honored at the ceremonies are available at the Amarillo encouraged to re-nominate Riffe, 396-5303, or Becky Zenor, held Saturday, April 12, 2003 at women who have been previously 806-358-4870 or Natrelle Long, the Amarillo Civic Center. The 806-651-2003. The nominations gala will be held in conjunction Winners of the award will be should be sent to Becky Zenor at with the Amarillo Symphony's selected on the basis of the 2210 S. Bonham, Amarillo, TX concert. "MOHT' zart" featuring



Clint Adams

Dylan Everett

Adams & Everett Will Play In The 2003 Down Under Bowl

Clint Adams and Dylan Everett have been invited to play in the 2003 Down Under Bowl this coming June. The Down Under Bowl is an annual event (now in its 15th year) hosted each summer in Australia.

There have been football teams from Texas representing their state for eleven years in the Down Under Bowl. These players will be representing their families, communities, the state of Texas, and most importantly United States of America. These players must be of high character, a graduating Senior football player, All-State, All-District, or come highly recommended by a coach. International Sports Specialists, Inc. sponsors the Down Under Bowl and their goal is to continue to provide athletes who excel in their sports the opportunity to experience the culture, beauty, and grandeur of the land Down Under all within the framework of spirit and intense competition in many different sports.

Clint and Dylan would like to invite the community to enjoy the fellowship of their upcoming fundraising events and ask for the Awards. The Distinguished impact should extend beyond community's support in their effort to raise funds for the cost of this achievements, trip

Golden Nail Awards Seeking Nominations

a 12 city area of those who have Amarillo Chamber of Commerce.

Recipients of the Golden Nail Awards include individuals, For nominations forms or businesses and foundations that old American songs of Aaron

Golden Nail Awards planners
e now seeking nominations from

Copland and Mass. C minor K,
427 from Wolfgang Amadeus Mozart performed by Christine provided extraordinary support Brandes, soprano: Sarah Booth, soprano: Joe Bolin, tenor, Tim Kennedy, bass-baritone and the Amarillo Civic Chorus, Steve Webber, director and WTAMU Chorus, George Biffle, director.

Nominations are invited from individuals as well as organizations. Nomination forms Chamber of Commerce office, 1000 S. Polk in Amarillo, Mrs. Gene Hendrix, Dalhart or Mrs. Don Riffe 806-396-5303 Stratford. The deadline for the nominations is March 3, 2003.

Obits

Wayland M. Green

Wayland M. Green, age 78 died Monday, February 3, 2003 at Boise City, Oklahoma.

Graveside services were held Wednesday, February 5, 2003 at Stratford Cemetery at 2 p.m. with Rev. Bob Sweeten, pastor of First Christian Church of Stratford officiating.

Mr. Green was born June 15, 1924 in Stratford, Texas. He was a lifelong Stratford resident.

He was a member of First United Methodist church in Stratford, Texas. He was a farmer.

Waylon attended a country school in Stevens, Texas until it was time to enter high school at Stratford High School, where both he and his sister attended. He worked as a licensed plumber and electrician for many years in Stratford and Dumas. He also was very good at repairing televisions and many people depended on Texhoma at the Nazarene Church him for his help. He loved music of Guymon. and enjoyed playing the guitar, banjo, trombone and many other instruments. He also loved dancing, especially with his sister. He loved to fish and work with his cattle. Most of all, he loved his

He is survived by his one sister: Sunday school classes. Mary Lee Montgomery, Boise City, Oklahoma. One niece: Kelly Henley, Edmond, Oklahoma and two nephews: Wayne Montgomery and Austin Bridwell, both of and Steven Montgomery, both of Boise City and numerous cousins and friends.

favorite charity.

Cleva Garrison

Cleva Garrison, age 98 died Stratford, Texas.

Graveside Services were held Austin Bridwell and Jack Johnson. at 11:00 a.m. Tuesday, February at 11:00 a.m. Tuesday, February
11, 2003 at Stratford Cemetery be to Texhoma First Christian thin frame; Female sex; Caucasian Stratford, Texas officiating.

Mrs. Garrison was born November 24, 1904 in Billings, Missouri. She was a homemaker.

She was a member of First Christian Church in Stratford,

She married Russell Garrison in 1922 in Windsor, Missouri. He preceded here in death in 1981. e was also preceded in death by a son Bill in 1961 and daughter, Marcella Gillis in 1989.

She is survived by three eye muscles move more than granddaughters: Sharon Herbert, 100,000 times a day. Many of Mission Viejo, California, Connie Oquin, Stratford, Texas, Brenda during the dreaming phase of Tanner of Allen, Texas. One sleep. grandson: Russell A. Garrison, San Diego, California. Nine great grandchildren and 4 great great grandchildren.

Memorials may be to First Christian Church, P.O. Box 626, Stratford, Texas 79084, or Stratford Cemetery Association, P.O. Box 188, Stratford, Texas 79084 or Coldwater Manor Activity Fund, 1111 Beaver Road, Stratford, Texas 79084.

Bonnie Nadine Tomlinson Bridwell

Texhoma, OK-Bonnie Nadine Tomlinson Bridwell, 73, died Thursday, Feb. 6, 2003 in Spearman, Texas.

Services were held at 2 p.m. Monday, February 10, 2003 in Texhoma First Christian Church with Mike Hughes officiating. Burial was in Texhoma Cemetery by Dawson-Welch Funeral Home.

Mrs. Bridwell was born Oct. 11, 1929, in Hough, the daughter of Percy and Delia Steinkuehler Tomlinson. On March 3, 1951, she married Wallace Bridwell of

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Box 8 1-806-366-5885 Fax 1-806-366-5885



Bryson Receives 15 Yr. Service Award

Jeanie Bryson of the Sherman County FSA Office has just received her 15 year service award from the Texas State FSA Office. Jeanie has worked at the Sherman County FSA for a total of 17

Bonnie then spent the next 51 years of her life 12 miles south of Texhoma on their farm. Bonnie Free Bone Scan was a longtime member of First Christian Church in Texhoma,

two grandsons, Marshall Bridwell developing the disease. Texhoma; three sisters, Eileen women osteoporosis is Grand Junction, CO; two brothers, (or Guymon; and many beloved osteoporosis have no symptoms nieces and nephews.

Pallbearers Mark were Freeman, Marshall Bridwell, which may lead to "brittle bones."



It has been estimated that the these eve movements take place

Did you know that where she was active in teaching osteoporosis affects one out of Ladies Bible Studies and many every two women over the age of 50. Here in the United States Survivors include her husband; there are over 23 million women a son, Devin Bridwell of Texhoma; who have or are at risk of

> "dowager's hump"). until a fracture occurs.

The following are all risk with the Rev. Bob Sweeten, pastor of the First Christian Church of Spearman.

Church; or Hansford Hospice of ancestry; Asian ancestry; Early menopause; Family history of menopause; Family history of dainy. lifestyle; Excessive caffeine.

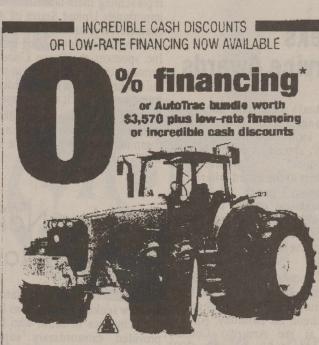
Would you like to know if you

painless test that can help about three times he let Pat know you osteoporosis. As a service to our and Pat talked it over and Fat patients on February 25, 2003, we be providing a FREE osteoporosis screening test for all women over the age of 50.

to schedule an appointment for will be learning how to tie knows. your free bone screening on I'm not sure who will be teaching February 25. It's painless and only takes 10 minutes of your time.



For moist air to be classified as fog, visibility has to be reduced to less than 1,100 yards-1,091.2 to be exact, according to the international definition of fog.



For a limited time, on any new John Deere 8020 Series Tractors: Choose either 0% fixed-rate financing for 3 years; or choose to add a GreenStar" AutoTrac-Ready bundle" worth \$3,570 for free, in addition to incredible low-rate financing or cash discounts! Now is a great time to buy a powerful new 8020 Series Tractor and take advantage of hands-free assisted steering technology. Stop in today for details!

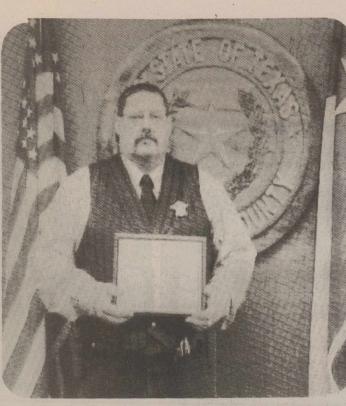
Fixed-rate financing offer may be in flau of other incantives. Limited-time offer valid through 4/30/03.
Offer valid in the U.S.A. only and subject to John Deere Credit approval. "Purb Trec Residy equipped.
Bundle does not include StarFire receiver. GreanStar dieplay, proble processor, or AutoTrec KeyCard.
AutoTrec bundle required for 80/20 Series wheel tractors only, il-rited availability. See your participating John Deers dealer for detalk



HANSFORD IMPLEMENT CO. **HWY 287 SOUTH** SPEARMAN, TX 79081 800-753-1511

Solid. Stable. Still

eere.



Haile Receives Master Peace Officer's License

On January 29, 2003 Sheriff Jack Haile received his Master Peace Officer's License. This is the highest honor the Texas Commission on Law Enforcement Officers Standards and Education awards to its most highly trained officers. The criteria for selection is based on years of service and education.

Letter To The Editor

Dear Editor:

There has been a new chapter of, "The Fellowship of Christian solver among the hoofed animals. For many postmenopausal Cowboys," started in our area. All dues have been paid and we are Pierce of Guymon, Jackie debilitating disease that can lead an official chapter. The fellowship Williamson of Nanoose, British to pain, height loss, spine and hip is for everyone-men, women (old Memorials may be made to a Columbia, and Billy Revis of fractures, and a deformed spine or young), kids, and especially families. Guess what? You don't Percy Tomlinson of Burnsville, Unfortunately, it is a silent disease even have to be a cowboy/cowgirl. MN and Max Tomlinson of and many women with This fellowship is based on the cowboy way of life with special focus on Christian teaching and If you are postmenopausal, you Christian music. At present we're Sunday, February 9, 2003 at Freeman, Luke Freeman, Paul may be at risk for osteoporosis, not set up for you to bring your are the only surviving Wonder of horse (Hope to be there soon.), the Ancient World. but we are set up for you to bring your Bible, your heart and most especially your friends.

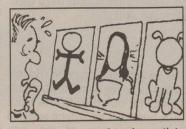
> The Fellowship of Christian menopause; Family history of Cowboys will be having their 2nd osteoporosis; Avoidance of dairy meeting on Thursday, February, foods; Never taken estrogen; 2003 at the Texhoma Livestock Rheumatoid arthritis; Excessive Barn (heated). We will be meeting alcohol intake; Smoking; Low from about 7:30 to 8:30 p.m. vitamin D intake; Sedentary cowboy time. Last month the activity for the month was how to teach your horse a horse trick. Pat Hooks brought cutter, and Cutter Now there is a safe, simple, However, after doing the trick did a great job doing his trick. have that he was thoroughly tired. He agreed that Cutter's idea was the best, but Cutter did agree to do the trick one more time. I tell you, you just gotta love Cutter. The Please call of office at 395-5568 activity for the February meeting this activity???? Come and be surprised. It might even be you. Surprise!!

The 1st organizational meeting was last month, January 16th with 101 in attendance. overwhelming, hugh? Let's double that this month. Special plans are already being worked on to have some special events up in the Kenton area. Leon Apple has the facilities to accommodate a pretty big group. Most of all, Leon has a big heart for the Lord, and He's the Guy (The Lord) that can mak ? it all happen.

Here's some cowboys to contact for more information: Pat Hooks 580-423-7482; Gary Blain 806-827-1382; Mike Hughes 580-423-7347, Leon Apple 580-261-

Hope to see you there.

Joyce Dodson (I told you that you didn't have to be a cowgirl).



In 18th century America, artists journeyed from town to town with paintings of men and women, complete in every feature but the faces. A person wishing to sit for a portrait had to select the body he liked best and let the artist fill in the missing hair and face.

Fall seven times, stand up eight. -Japanese proverb

Never advise anyone to go to war or to marry.

-Proverb

Dumas/Moore County Chamber & Visitor Center-Grand Opening

Please join the Dumas/Moore County Chamber of Commerce for the grand opening of the **Dumas Visitor Center**

Saturday, February 15, 2003 at 12:00 noon at 1901 S. Dumas Ave., South 287, Dumas, TX

The new facility will provide the traveling public information for the Moore County area along with information for the state of Texas and bordering states. This facility will also house Dumas/Moore County Chamber of Commerce.

We invite you to come and join in our celebration of this exciting new addition to the Dumas/Moore County Area.

TRTA To Meet Feb. 20th

The Dallam-Hartley-Sherman-Moore unit of the Texas Retired Teachers' Association will meet Thursday, February 20, at St. James Episcopal Church in Dalhart, 2 p.m. The Church is located at the corner of Denver and 8th Streets. Invocation will be given by Rusty Hancock of Lincoln Street Baptist Church, who will also give a short musical program. There will be reports from all committee chairmen. The legislative report should be heard all retired educational personnel. Dr. Melanie Thompson of Advance Eyecare will give an informative talk on diseases of the eye affecting older people. The public is cordially invited to hear Dr. Thompson and have their questions about eye care answered. Hosts and hostesses for the meeting are: Nelda and Bob Askey, Bertie Hall, William Jones, Christine Albright, Frances McMurry, and Vera Hancock.

Arts in the Area

By Gaynelle Riffe

*** note new listing

The pig is the best problem

The Great Pyramids of Egypt

Feb. 13-22

Feb. 13

March 7

"Chicago" Musical 8:00 p.m. Sun. 2:30 Amarillo Little Theatre Adventure Space 806-355-9991 Amarillo College Distinguished Lecture Series "Remember the Titan's" Herman Boone Amarillo Civic Center 806-

LaRita Dinner Theatre presents LSB Stars over Texas Feb. 14 Dalhart Community LaRita Theatre 244-5646

Sun. 16 Branding Iron Theatre WTAMU 806-651-2881 Feb. 14-16 "An evening of Short Plays" 7:30 Sun. 3:00p.m. Amarillo College Experimental Theatre 806-371-5343 20-22

Lone Star Ballet "AEROS" Hungarian Dance Troupe Feb. 18 Amarillo Civic Auditorium (806) 378-3096 or 372-2463 Feb. 21-23 "I never Saw Another Butterfly" 7:30p.m.

Amarillo College Theatre for Children 806-371-5353 Willie Nelson & Family 7:30 Feb. 27 Amarillo Civic Auditorium 806-378-3096

www.panhandletickets.com Broadway Series "South Pacific" March 5-6 Amarillo Civic Auditorium 806-378-3096

> "Cinderella" One-Act Play Dinner Theatre 7:00 p.m. Mary Allen Elementary Cafeteria

D.O White Bag Special \$7.99

2 Hamburgers, 2 Fries 2 Drinks Until the end of February All Day 10:30 a.m. - 9 p.m. Stratford Dairy Queen

C & M CATTLE STOCKER CALVES FOR SALE

135 Steers - Avg. weight 389 at \$95.75

+ feed & processing

37 Steers - Avg. weight 481 at \$89.75 + feed & processing

112 Heifers - Avg. weight 451 at \$84.75

+ feed & processing

18 Heifers - Avg. weight 300 at \$92.50 + feed & processing

40 Steers - Avg. weight 488 at \$88.50

+ feed & processing

NEW ARRIVALS WEEKLY For Processing & Pre-condition Contact Chuck & Margie Murdock 580-544-2603 - Boise City, OK

Kerrick News By Marylou McDaniel

There will be Sunday dinner at the Kerrick Community Center at 1.p.m. with the Hampton family as

owent to Lubbock last week for two eating and hearing sweet nothings and he doesn't want to see her presidents, celebrating birthdays, until July. She is really doing well George Washington and Abraham after back surgery. They met Lincoln. Stratford Lady Elks are in Bethany and baby Keegai. basketball playoffs go get em Lady Callaway in Amarillo and all went Elks. Some people were born on on to Lubbock. Caleb & Hanna Leap years hoping for a birthday Hamptons Thursday through this divided by four. Tuesday. They all had birthday

Community Church Sunday.

Jo June McDaniel was in

& Joyce Irlbeck. Among those another. enjoying the meal were Nita Taylor, Buck Weaver, Jo June McDaniel and Marylou McDaniel.

Births

long.

Hamlin, TX.

Kalispell, MT.

Stratford, TX.

1 - 10X13

1 - 8X10

2 - 5X7s

2 - 3X5s

Dumas. Tyson weighed in at 6

lbs., 12 oz and 18 1/2 inches long.

He is welcomed home by his

LaFayette LA, great grandparents James and Jackie Donovan of

Paternal grandparents are

Ronnie and Becky Brooks of

THRIFTWAY

STRATFORD, TX.

THURSDAY

FEB. 27

PHOTO HOURS

10-6

16 King Size Wallets per person

8 Regular Size Wallets

99

plus tax

due at pick-up

\$1.99 sitting fee

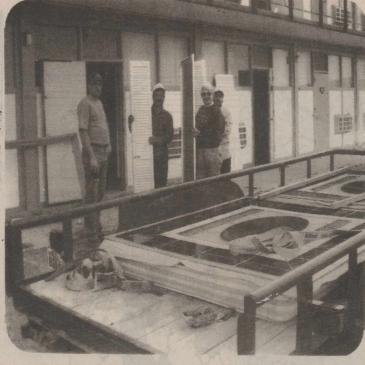
parents, Lance and Kelly Brooks

Lollies Lines By Lorelyn Powers

thosts. Bring a favorite dish and the year seems like it is a busy month with Cupid shooting arrows Annette and Minnie Hampton on Feb. 14 some sweethearts reasons. Annette saw her doctor in each others ears. Two Graig had been with the every four years and can be

cake in Lubbock for Annette, she visited with Helen Mason, David Ortiz of Dumas was very well I personally was glad to guest speaker at Kerrick hear from them and know that all was well for them.

Well with the time for deadline Dumas last week for a series of for the Star is nearing the sun is shining and it is a cool 49 degrees



Imagination Station Picking Up Gifts

Imagination Station picking up gifts salvaged from the Working at St. Joseph's and all is well so take care of Coronado Inn which is to be torn down in Pampa. L/R: Demolition Sausage Dinner Sunday were Ted yourself and be kind to one manager, John Clark; Joe Rangel, Stratford Grain Co.; Loralee Cooley, Pampa; Alex Aldavez, Stratford Grain Co. Notice large stained glass windows on trailer.

tests than students who rarely ate

in the morning. This study, and

others, suggests that eating break-

fast improves memory, attention

Eating Breakfast Keeps

The Doctor Away

immune system. People who eat

breakfast may be better equipped to

fight off colds and flu, according to

research at the School of Psychology

Breakfast And Beyond

fast, it's wise to eat a well-bal-

anced lunch and dinner, plus two

or three snacks. Most people need

to eat every three to four hours to

help keep you well-fueled for the

day and ready to tackle whatever

comes your way.

Keeping these tips in mind can

First Assembly of God

Sunday Coffee Fellowship 9:00 am

Terry Callis, Pastor

Sunday School 9:45 am

Morning Worship 10:45 am

Evening Worship 6:00 pm

Wed. Bible Study 7:00 pm

First Christian

Rev. Bob Sweeten

5th & Main

Sunday School 9:45 am

520 N. Main

Morning Worship 10:45 am

No Sunday Evening Worship

921 Fulton

avoid overeating due to hunger.

After eating a healthy break-

at Cardiff University in England.

Breakfast also strengthens your

span and physical performance.

THE STRATFORD STAR Thursday, February 13, 2003

Page 3

New Windows At Courthouse

Replacing County Office Windows in the Courthouse. (Watch for Sheriff's Auction of Historic windows in April).

newsworthy trends

The Power Of Breakfast

(NAPS)—Here's food for thought: Junior and Mandy Gomez of Hope Mills, North Carolina are proud to announce the arrival of their baby boy, Rowan William. He is welcomed home by big improve performance and can brother Reese Aaron. Rowan even fight off illness William was born on February 4, Pick The Right Breakfast 2003 in Fayetteville, NC and For You

weighed 5 lbs., 12 oz and was 18"

Grandparents are Bill and Kay stay with you longer and give you who ate breakfast scored higher on Mires of Stratford, TX and Teresa the energy you need. An egg on and Felix Quinones of Borger, TX. Great grandparents are Mr. and Mrs. Lewis Johnson of toast, whole-grain cereal with lowfat milk, even a fruity breakfast shake made with low-fat milk are good choices. No time for breakfast? Many on-the-go people turn to new Uncle Ben's Breakfast Bowls. Meghan and Gage Brooks are They're hot, nourishing meals ready pleased to announce the arrival of their new baby brother, Tyson in just four minutes in the microwave. This new breakfast fare Kole. He was born Thursday, comes in eight tasty varieties. February 6th at 10:19 p.m. in

Breakfast To Shed The Pounds Eating a healthy breakfast could be key to shedding the pounds, a new study shows. The

Maternal grandparents are U.S. National Weight Control Richard and Vicki Donovan of 3,000 individuals—showed that of perhaps a longer life.

Studies show eating breakfast not those who have successfully mainonly gives you energy to get tained weight loss, nearly 80 perthrough the day, it helps you cent eat breakfast every day as maintain the right body weight, part of their routine to stay slim. Kids Need A Breakfast Boost

Children especially need a nutritional boost every morning to get the learning process going. A Breakfast foods that contain pro- study conducted by the Minnesota tein and a little fat, in addition to Department of Children, Families complex carbohydrates and sugars, and Learning found that children



Eating a good breakfast can Sheila Donovan of Carlsbad, NM, Registry—an ongoing study of help you have a better day and

REAGAN & BROWN FARM EQUIPMENT AUCTION

DATE - FEB. 18th, 2003 TIME - - 10:00 A.M. **STORM DATE - FEB. 20, 2003** LOCATION - FROM DALHART, TX. GO 4 1/2 MILES EAST ON HWY 297 TO **AUCTION SITE**

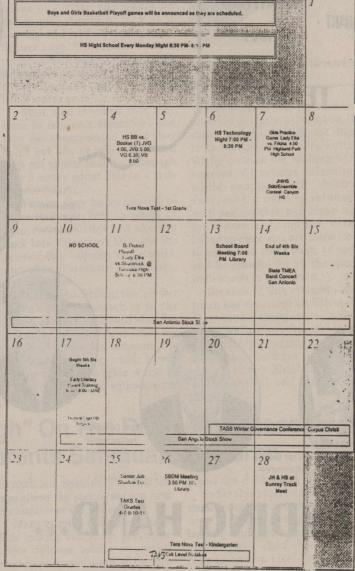
ROBERT YOUNG & JERRY MITCHELL

TRACTORS, LOADER, COMBINE, HAY EQUIP., GRAIN CARTS, FEEDER BOX TRAILER, FARM EQUIP, SERVICE & FUEL TRAILER RIGS, TRAILERS, GRAIN AUGERS, SEED CLEANER, POSTHOLE DIGGER, 4-WHEELERS, SPRAYER, TRUCKS, TANKS, HONDA TRACK & RIDING MOWER, SHOP EQUIP., IRRIGATION, MISC. & UNCLASSIFIED. FOR A BROCHURE CALL OUR OFFICE AT (806)244-6776 OR EMAIL US AT rhauct@xit.net.

> Bob Brown TXS - 058-007442

February 2003







Wed., Adult Choir 8:00 pm **First United Methodist** Rev. Mark Metzger Sunday School 9:40 am Morning Worship 10:50 am : Junior High UMY 5:30 pm Senior High UMY 6:00 pm 5:00 pm Cable Ch. 3 for : Morning Worship Service - Ev. worship - 7:00 : St. Joseph Catholic

The Churches of Stratford Welcome You

Effective Prayer

Have you ever argued with God? Probably! And you may have felt guilty afterward. But more likely, you were probably so fed up with life that you were like Job's wife. She encouraged her husband by saying, "Curse God and die" (job 2:9) Some encouragement! But there is a proper way to argue with God. It is not by railing against God. It is by fully believing His promises. Moses believed the promise of God. And Moses was bold to remind God, 'The nations who have heard of Thy fame will say, Because the Lord could not bring this people into the land which He promised by oath, therefore He slaughtered them in the wilderness" (numbers 14: 15-16). Yes, Moses believed the promise of God. And Moses was ready to defend the promise of God before its author. Reminding God of His great and precious promises is an effective way to pray. And pleading with God to defend the greatness of His name is a powerful argument with God. But just remember, if you are going to argue with God, you had better be on His side. If you dishonor God before others and blaspheme His name, you are in trouble. But if you seek His honor and if you argue before him to glorify His name in the world, you will be blessed!

15 Years, 4500 Babies In Dumas

Women's Health Center

Normal and high risk pregnancies Gynecologic cancer screening Breast cancer screening Infertility and family planning Menopause and hormone problems Turhan 1. Baykan, M.D.

Specializing In **OBSTETRICS-GYNECOLOGY**

Monday - Saturday 9 a.m. - 6 p.m. 10 S. Bliss

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6th & Pearl Rectory - 366 - 5687 Sunday morning: 8:30a.m. (English), 10:30 a.m. (Spanish) Sacrament of Reconciliation: Before Mass. Christian Formation Classes: K-6th Grade, Sun. - 9:00 a.m.-10:15 a.m. Jr. & Sr. High, Wed. - 6:30-8:30 p.m. Church of Christ Larry Evans

N. 3rd & Chestnut Sunday School 9:30 am Morning Worship 10:30 am Evening Worship 5:00 p.m. Wednesday Bible Study - 7:00 p.m.

Calvary Baptist James Washburn

302 S. Main - 806-396-5335 Iv. message Sunday School - 10 a.m. Morning Worship - 11 a.m.

Evening Service 6 p.m. Wed. Service - 7:30 p.m. First Baptist

Brent Farney 702 N. 3rd Sunday School 9:45 a.m. Morning Worship 10:50 a.m. Church Training 6:00 p.m.. Evening Worship 6:00 p.m. Wednesday Bible Study 7:00 pm

La Mision Bautista Mision Bautista

401 S. Wall 396-5376 Domingo-(Sunday) Estuela Dominical 9:45 am

Miercoles (Wednesday) Servicio De Adoration 11:00 am Servicio De Oraction 6:00 pm Servicio De Adoration 6:00 pm Susninos Durante El Servicio.

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Kerrick Community Church Pastor Roy Harris Community Building Sunday Morning - 11:00 a.m. Sunday Evening-6:00 p.m. Prayer Meeting - 7:00 p.m. Wednesday



Ryan Eady

Eady Selected To Attend NYLF/DID

Washington, D.C. - Mr. Ryan Eady of Hutto, has recently been selected to participate in the National Youth Leadership Forum on Defense, Intelligence and Diplomacy (NYLF/DID) from February 4 to February 9, 2003 in Washington, D.C. Having demonstrated academic achievement and an interest in a career related to national security, Eady will join approximately 400 outstanding high school juniors and seniors from across America at the Forum.

"By participating in the National Youth Leadership Forum on Defense, Intelligence and Diplomacy, students like Ryan Eady will develop a keenly educated perspective on the United States' role in global conflict resolution," said Donna Snyder, executive director of NYLF. "We introduce these young leaders to the masterminds behind our country's international relations communities. Students also take part in a series of simulations. The combination of interacting with professionals and other students, in addition to our superior curriculum is equipping our country with a very bright

The NYLF/DID curriculum is based on actual world events, which allows its participants to learn from the examples set by previous generations of leaders, while encouraging them to develop a perspective and tenacity unique to upcoming generations of leaders. Throughout the Forum, students will examine how the U.S. plans for peace and prepares for crisis. Students will meet with leaders from key agencies and institutions.

In the past, NYLF/DID has visited several government institutions military installations, including: the U.S. Department of State; the U.S. Corps Marine Combat Command Development Quantico; Defense Intelligence Agency; the U.S. Naval Academy; embassies, and others.

NYLF a nonpartisan, educational nonprofit organization that sponsors highly specialized career-oriented programs for outstanding high school students who demonstrate potential. leadership additional information on NYLF programs, visit us on the Internet at www.nylf.org.

Ryan is the son of Bob and Tonie Eady formerly of Stratford and the grandson of Joan Palmer, and the late Rex Palmer, and is the brother of Ashley (Eady) James. Ryan also participates in football and baseball at Hutto High School and has been nominated to attend the Presidential Classroom Forum in Washington D.C. this summer.



Marsh Mallow is a plant that grows in meadows and marshes of eastern Europe. It is now grown in the U.S. During famines, people have eaten its roots. The root was once used as an ingredient in the candy called marshmallow.



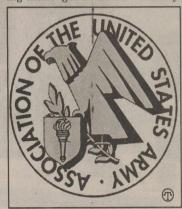
Two toads of central and southwestern Europe are called midwife or obstetrical toads because the male helps care for the eggs. The male fastens them to his legs and carries them until they hatch. He usually hides under a stone or some other place while carrying them, but comes out after dark to bathe the eggs in a pond or stream.

AMERICA'S **Defenders**

Supporting The Army

On Its New Course (NAPS)—For the U.S. military,

the events of 2002 were not "business as usual" as it prosecuted the war on terrorism, while transforming itself to meet the emerging challenges of the 21st Century.



A private, non-profit educational organization is building public support for the U.S. Army.

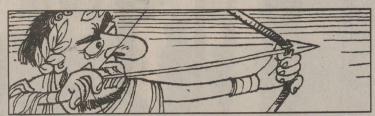
That's the key message of an organization that works to foster public support for the Army's role in national security.

The organization—the Association of the United States Army (AUSA)—has created a number of resolutions that set its agenda for the coming year. These include supporting the increase in size of the active force, maintaining the current size of the guard and Army Reserve, improvement in pay, housing for Army personnel and an increase in defense spending.

AUSA is a private, non-profit educational organization that supports America's Army-Active, National Guard, Reserve, Civilians,

Retirees and family members. To learn more, visit the Web sit at www.ausa.org.

Courage mounteth with occasion.



-William Shakespeare,

King John

The Roman Emperor Donitian, it is said, was such a good shot, he could put four arrows between the spread fingers of a man's hand.



The most celebrated diamond is the Koh-i-noor, which was presented to Queen Victoria in 1850 by the East India Company.



Gold can be hammered into foil ten times as thin as a sheet of



What: Training to help you, help your child become a better future reader

Who: Parents of Preschool to kindergarten children

Where: Mary Allen Elementary Cafeteria

February 17 When: March 17 April 14 6:30 to 8:00

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Child Care Provided



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Quien: Padres del pre-entrenamiento a los ninos del jardin de la infancia

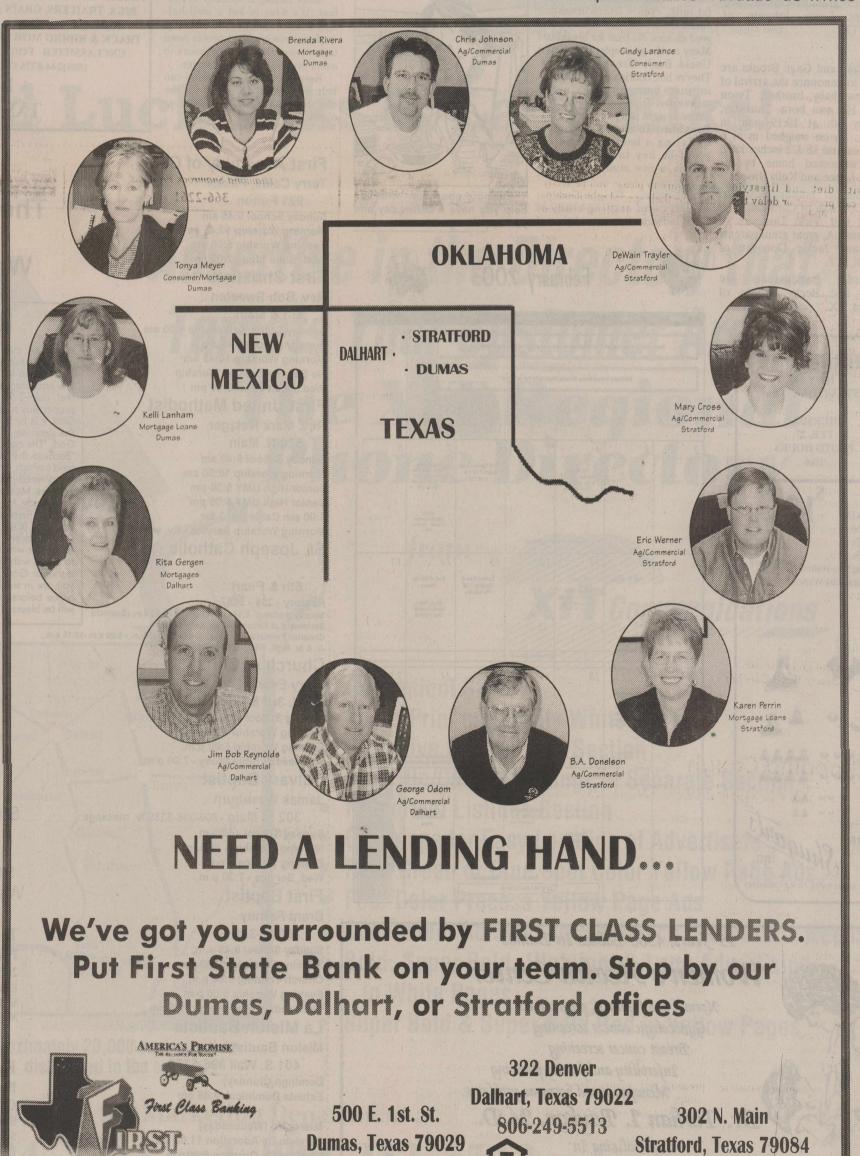
Donde: Mary Allen Elementary Cafeteria

Cuando: del 17 de febrero del 17 de marzo del 14 de abril

6:30 a 8:00

Patrocinado por los departamentos, la recuperación de la lectura de Mary Ellen, el Junigrantes, ESL, educación espeial y Rog on XVI-ECI

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Your Child's Real Nightmare: The Bully?

(NAPS)—Bullying is defined as constantly saying or doing nasty or unpleasant things or teasing in a way someone doesn't like. Here are some tips on dealing with

bullying from the 120-year-old children's crisis charity, KidsPeace.

> for: ·Sudden fear or reluctance to go to • Ripped or torn cloth-

Be on the lookout

Learn how ing at the end of the to deal with school day bullying

• Frequent cuts or bruises and excuses to explain them · Lost lunch money or posses-

- sions and excuses you have trouble believing
- · Spending more time alone • Grades that begin to fall
- · Spending less time doing activities once enjoyed

Pay attention to the problem, says

• Talk—let your child know you know something's wrong

Support—let your child know

· Changes in sleeping or eating Physical complaints Looking and acting sad What to do

KidsPeace President & CEO C.T. O'Donnell II. Parents need to help their child deal with bullying, and, in some cases, to protect the child from emotional and physical harm.

• Listen-encourage your child

it's not his fault

• Protect—if your child is in physical danger, talk to the school denies it

authorities child talk to the bully (only if he is

not in physical danger) • Reach out—tell a teacher or guidance counselor if necessary

My child might be a bully "Bullying can be serious—for the bullier and the child who is bullied," says Alvin Poussaint, M.D., Professor of Psychiatry at Harvard Medical School and National Director of the KidsPeace Lee Salk Center for Research. "It's important to address the underlying reasons before they lead to even more

Kids bully because: • They need to be in control

• They're jealous, but have trouble sharing · They learned threats or vio-

lence get them what they want • They've seen those close to

them bully someone else • They've been bullied and may be trying to get back at some-

body without realizing it • They have trouble controlling

• They don't know how to talk

about how they feel They're used to getting what

They have low self-esteem · They see a lot of violent of modern life.

shows or games I want to help

Try some of these suggestions: • Awareness—Let your child know you're aware of bullying

• Stick to it-Even though he

• Show real concern—Let her • Encourage-suggest your know you want to help and are concerned about her behavior

• Talk—Talk about what you've seen or heard, but don't judge him

• Teach her—She may not know how to talk about feelings. Be open about the importance of talking, especially about upsetting

• Be careful—Bullying, frequent yelling or violence at home, can affect younger children

KidsPeace offers parents and guardians useful information about children and common crises of growing up at www.kidspeace.org. Older children and teens can visit the safe, anonymous and free self-help Web site, www.TeenCentral.Net. There they can work out problems, share stories with other teens, and find friendly, personalized, clinically screened advice. Sometimes," says Lewis P. Lipsitt, Ph.D., child development expert and National Director of the KidsPeace Lee Salk Center for Research, "the most comforting thing to know is that you and your children are not alone and that help is available.

KidsPeace is dedicated to giving help, hope and healing to children facing crises such as traumas, depression, and the stresses

KidsPeace helps thousands of children at 50 centers nationally, and millions more through public education efforts supported by its national spokesperson, TV personality, Leeza Gibbons.

Every bondman in his own hand bears the power to cancel his

-William Shakespeare, Julius Caesar

Healthy

(NAPS)—Those who are overweight or obese and find it difficult to take off the pounds through diet and exercise alone may want to consult their physician about other available options. One such option is a prescription weight-loss medication called Xenical (orlistat). Xenical helps patients lose weight by preventing one-third of dietary fat from being absorbed. A recent study showed that Xenical, combined with diet and lifestyle changes, can prevent or delay the onset of type 2 diabetes.



Understanding the facts about cholesterol can help you take better care of your heart and live a healthier life, reducing your risk for heart attack and stroke. If your doctor has told you that you need to manage your cholesterol, you might benefit from a new tool from the American Heart Association, Heart Profilers at american heart.org/heartprofilers. People can visit the site and enter information in the system to find out about lifestyle changes, risk factors, medication and new treatment options.

The dog is the god of frolic. -Henry Ward Beecher

Valentine's Day Delights V

What's Love Got To Do With It? Everything!

(NAPS)—Love—or thoughts of love-rules on Valentine's Day, but there are as many ideas of love as there are cupids—or guys and gals-searching for those words sure to please and perfectly describe their special relationship.

Research by Hallmark asked men and women how they felt about valentines, and incorporated the results into planning this year's valentines.

The research revealed some interesting information, according to Tressa Schurz, Valentine's Day product manager at Hallmark.

"Most men perceived that their wives or girlfriends would be happy with a card as long as it was big and had a lot of words," Schurz says. "In reality, women prefer cards that express genuine, meaningful messages—regardless of the size of the card or the number of words on it."

Most men revealed that they want to receive a valentine—and they feel disappointed when they don't get one or when the card does not appeal to them (although they'd never admit this to a wife or sweetheart).

Women may be surprised to learn that men tend to prefer to receive cards that put the fun back into Valentine's Day and the relationship—simple, to the point, and often flirtatious or with sexual overtones.

The key to finding the perfect valentine is to match it to the stage of your relationship. For example, the word "love" may not be appropriate for someone you just started dating, which is why many valentines offer-warm or humorous messages without using



Hallmark Valentine illustrator Gary Head.

The research also revealed that married couples at various life stages want to say different things to their spouse in a valentine. Young couples are seeking lighthearted, flirtatious valentines, while couples with children expressed a need to reconnect with one another and make time for romance. Longtime, established couples also are more likely to reflect on their past, to recall and be grateful for all the special individuals in their lives.

Because of this research, Hallmark has expanded its Valentine's Day card selection to include about 500 cards for couples in love relationships, ranging from cards for those who have just started dating, to racy Shoebox cards and both sensual and simple love

"Whooping Cough" On The Rise—New Resource To Help Parents Safeguard Children

(NAPS)—Pertussis or "whooping cough," as it is more commonly known, is a severe childhood disease that can cause long coughing spells, sometimes lasting for weeks on end. A sick child will often cough for five to ten minutes before drawing in air with a loud gasp, or "whoop" sound. Even though pertussis is preventable through regular childhood immunizations, more than 7,000 U.S. children contracted the disease last year.

In some cases, pertussis can cause pneumonia, swelling of the brain, ear infection, dehydration, anorexia, and even death. In order to raise awareness of this devastating disease, NAPNAP (The National Association of Pediatric Nurse Practitioners) has recently launched www.pertussis.com, an educational tool to increase awareness of pertussis and better understand how it can be spread.

Pertussis.com answers the most frequently asked questions parents may have on the disease in both English and Spanish. The Web site also allows the user to see and hear pertussis over the Internet.

Many parents don't understand how infants can catch pertussis. Older children, adults, or parents may have a mild form of the dis-

Even though pertussis is preventable through regular childhood immunizations, more than 7,000 U.S. children contracted the disease last year.

ease and not recognize it. In these mild cases of the disease, symptoms often mimic the common cold and the "whoop" sound, for which the disease is known, may not be present. But unsurprisingly, it is adults, adolescents, and older children who are the most common carriers of infection to more vulnerable infants and children in their own homes. Milder symptoms usually affect all age groups, but research points out that mild disease is increasing even among

So far this year, unusually high numbers of pertussis-infected children in Texas, Arkansas, Washington, Ohio, Minnesota, Iowa, and Virginia show that the disease is on the rise. Since 1976 when U.S. cases reached an alltime low, the disease has made a steady comeback, in part due to under-immunization. It is important to remember that no child is protected against pertussis without completing the entire series of three immunizations with a DTaP

Pertussis is one of the most contagious diseases known to affect children in the U.S. Young children under 12 months of age remain the highest risk group for severe illness, complications, and death. In 2000 alone, pertussis claimed the lives of 17 U.S.

To get the facts on pertussis, visit www.pertussis.com to keep our families, schools, and communities pertussis-free.



Tarver Lucky Winner

Lee Tarver was the lucky winner of the Give your valentine the gift that lasts all year long. Let's Make Arrangements had been selling chances and the winner was drawn out on Friday, February 7, 2003. Proceeds from the raffle will go to the Lollipop Junction. Shown above standing is Angela Hays, Barbara Schoonover holding one of the bouquets to be sent. Little girls from Lollipop drawing Lee's name were Amanda Harbour, Brooke Teel and Ella Godsey. Board Member Ronda Browne.

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THE STRATFORD STAR
Thursday, February 13, 2003
Page 6

Basketball Action Shots!



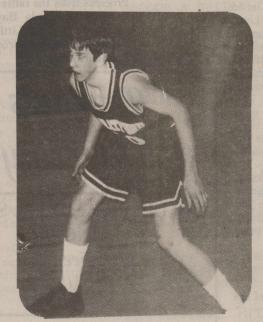
J.V. Lady Elks from left, Katelyn Reed, Kayla Robertson and Haley Buckles



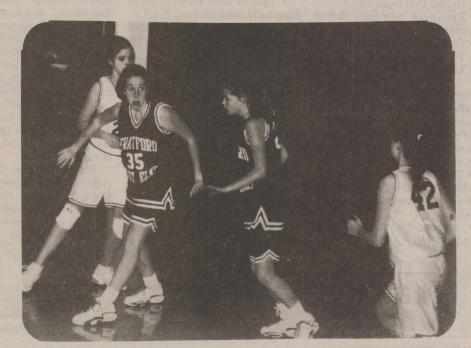
J.V. Lady Elks Chelsi Thiessen



Stratford Elk Jason Ashley



J.V. Elk Case Crabtree



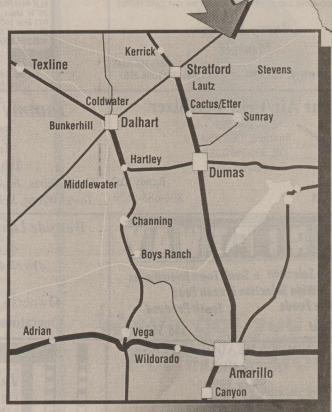
8th Grade Lady Elks #35 Juliana Taliaferro and Candie Bell

Good Luck Elks & Lady Elks!

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Mower. Call fo: more information. Amarillo, TX. 727-4671. 5-2-tfn---

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Tuesday, February 18, 2003 7:00 p.m. For more information call 806-249-8655

Cards of Thanks

We want to thank everyone for all deeds kind Haywood's illness and surgery. Special thanks to Mark for your faithfulness and to our wonderful family for hanging in there with us. God Bless You.

Haywood and Eunice Vaughn

Thanks for all the phone calls and visits while I was sick. A Special Thanks to Dale, Connie & Cassie Beasley for doing horse chores. I appreciate it all.

Bobby Edmond

Dear Friends, We appreciate your prayers, memorials, flowers and love during the difficult times we have just endured. Your compassion and caring thoughts makes us realize how important we are to each other and how God's love warms our hearts. We love you.

> Sincerely, Jim, Rinda, Wes, Jennifer & Wendy Allison

In the 19th century, students at Cambridge University, England, were not permitted to keep a dog in their rooms. Lord Byron, the famed poet, complied with the rule—he kept a bear instead.

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lage.com. SharingCare at www.sharingcare.com.

The American Botanical Council at www.herbalgram.org. Hyper-Threading Technology information at www.intel.com/info/hyper

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-William Shakespeare,

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The National Pest Management Association at www.pestworld.org. The Leadership to Keep Children Alcohol Free at www.alcohol

monary Disease) Lung Profiler™ at www.lungusa.org.

Porter-Cable's Grip-To-Fit cordless drill at www.porter-cable.com. Godiva at Godiva.com. IBM at www.ibm.com.

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These Web Sites:

Hilton Easy Escapes at www.hilton.com/families.

The American Lung Association COPD (Chronic Obstructive Pul-Pfizer at www.pfizer.com.

The Association of the United States Army at www.ausa.org.

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Call today to see it. \$79,500. Nice Brick Home! 3 br, 2 bath, single garage. Nice kitchen cabinets. Ready at \$54,000.

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-Stephen Covery

1040 u.s. Indis A New Year Brings New Tax Laws

.. The Best Salesperson Around

(NAPS)-Perhaps the only thing more certain than taxes is the fact that each year brings changes to the tax laws.

For example, did you know that tax rates were lowered by 1/2 percent across the four highest income tax rates? Plus, a new 10 percent tax rate is now applicable to the first \$6,000 for singles. \$10,000 for heads of household and \$12,000 for married persons filing joint returns.

There's also a new tuition deduction that applies to students and others who pay for college or other post-secondary education.

Qualified persons may now deduct up to \$3,000 in expenses for tuition and fees if their modified adjusted gross income is at or below \$130,000 (if married) or \$65,000 (all others). Married persons filing separate returns are not eligible at all.

A new educator's deduction of \$250 applies to elementary and secondary school teachers, counselors, principals and aides. Qualified persons may now deduct up to \$250 in expenses for books, classroom supplies and computer equipment regardless of whether deductions are itemized.

A new minimum allowable contribution has been established for taxpayers who participate in a 401(k) or 403(b) plan at work. The maximum contribution to these plans is now \$11,000 for 2002 or \$12,000 for those persons age 50 or older by the end of the year.

There's also an increase in the maximum deductible contribution



Changes to the tax laws may affect those paying tuition or contributing to a 401(k).

for IRAs, to \$3,000 or \$3,500 for persons age 50 or older by the end

Fortunately, for those who want to get the most out of the retirement tax law changes, the maker of what's been described as the number-one selling tax preparation software has introduced a new product to make retirement plan-

ning easier. The TurboTax Deluxe Retirement Planning Edition is for anyone who wants to understand the tax implications of their retirement plan.

It starts with the same tax-saving tools included with TurboTax Deluxe, and then adds a complete suite of retirement-specific tax tools to help users maximize taxsaving opportunities in planning for, and enjoying retirement.

To learn more visit the Web site at www.turbotax.com

(NAPS)-To learn about reducing the risk of heart disease and stroke through nutrition, visit the American Heart Association Web site at americanheart.org or call 1-800-AHA-USA-1 (1-800-242-8721). Ask for your free copy of the Shop Smart with Heart brochure.

A new type of medical procedure merges diagnostic and therapeutic medicine. This concept gives medical specialists the information they need in "real time" right at the patient's bedside, versus laboratory blood work-ups done at the hospital or an off-site location. Theranostics, a word coined by PharmaNetics Inc., is the name of this technology that will provide doctors with easy-touse tools to accurately assess individual patient conditions and responses. For more information visit www.pharmanetics.com or www.enoxtest.com.

Now, women and their doctors or healthcare professionals have a new option among birth control pills—one that offers a combination of hormones to provide excel-



efficacy. ORTHO TRI-CYCLEN LO (norgestimate/ethinyl estradiol) Tablets are now available by prescription. Recently approved by the U.S. Food and Drug Administration (FDA), ORTHO TRI-CYCLEN LO contains 25 mcg of estrogen and the progestin, norgestimate. Like other combination birth control pills, ORTHO TRI-CYCLEN LO is highly effective when taken correctly. For mcre information, visit www. orthotri-cyclenlo.com, www.or thotri-cyclen. com or www.orthomcneil.com.

Avoiding Credit Problems

(NAPS)-Do you have a credit problem? To find out, leading consumer lender Household (parent company of Household Finance Corp. and Beneficial) suggests asking yourself the following questions.

- Have you reached or are you close to the limit of your lines of credit?
- Are you only able to make the minimum payments on your credit cards?
- Is the size of your new bills a surprise each month? · Are you frequently taking cash advances on your credit
- · Are you chronically late paying your bills? Are you borrowing to pay for
- items you used to pay for with cash? Are you tapping into your savings to pay current
- · Do you put off medical or dental visits because of lack of money? • Do you only have savings
- equal to less than three months of income? • Is an increasing percentage
- of your income going to pay · Are you unsure of how much

you owe? If you answered "yes" to any one of these questions, it may be time to reassess your credit use. If you answered "yes" to two or more questions, it's time to take steps to actively improve your current ing habits and identify ways you financial situation.



To correct minor credit issues, Household recommends

taking the following steps: · Stop impulse buying-Only go to the store when you need something specific. Try not to go shopping when you're looking for a "pick me up" as you'll tend to buy things you don't really

 Pay with cash or checks only—People who use cash to pay for everyday expenses generally spend less than they would using credit cards. • Put your credit cards

away-To avoid the risk of charging even more money to your credit cards, take them out of your purse or wallet and put them away. Once your credit card debt is paid off, try to pay all new credit card charges in full and on time each month.

 Track monthly spending-To become aware of how you manage your money, start keeping a daily diary of everything you spend. At the end of the month, analyze your spendcan cut back.

· Prioritize debt payments— Calculate how much money you owe. Make up a spending plan that includes payments to cover at least the minimum amounts due on all your loans and credit cards.

To correct major credit issues, Household recommends that you:

· Talk with your creditors-Responsible lenders want to help when you have financial difficulties. If you cannot make payments or are going to be substantially late paying a bill, talk to your creditors. Let them know you're having problems but fully intend to pay. Most creditors will work with you to come up with a reasonable plan allowing you to

repay your bills over time. · Seek credit counseling-Experienced credit counselors can help you begin to figure out where to cut costs, how to deal with your debts and how to plan a reasonable budget. Two sources of free credit counseling are the National Foundation for Consumer Credit (www.nfcc.org) and the Association of Independent Consumer Credit Counseling

(www.aiccca.org). For additional information about repairing credit and other important financial issues, log onto www.household.com and www.yourcreditcounts.com. You can also write to Household (Corporate Communications, 2700 Sanders Road, Prospect Heights, IL 60070-2799) for complimentary booklets on how to manage credit, spending and savings.



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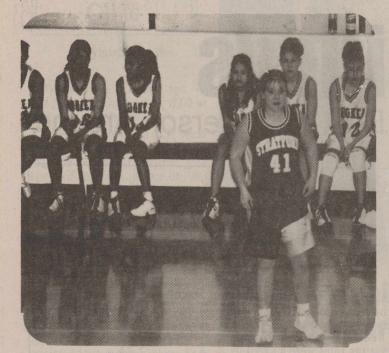
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Basketball Shots!



J.V. Lady Elk #41 Heather Robertson



Stratford Elks #12 Matthew Taliaferro and #20 Tyler Haynes



8th Grade Elk Harrison



The 8th grade Lady Elks beat

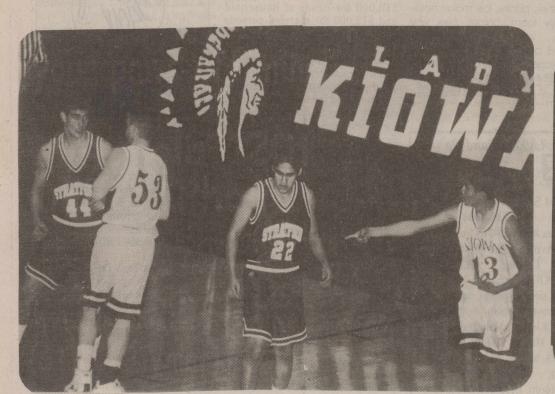
added 4 points followed by Cheyenne Zieman and Gina Mattocks with 2 points each. The Lady Elks beat Booker 31-25 on Tuesday, February 4th. Deidre Tarver was high point with 7 points followed by Alisha Sladek and Amber Larance with 6 points each. Also scoring were Amie Witcher and Yadira Ortega with 3 points each and Erin Ashley. Veronica Ortega and Allison Baskin with 2 points each. At press-time the Lady Elks played Shamrock on Tuesday, February

Hudson and Kayla Robertson with 6 points each. Haley Buckles

11th for Bi-District. Stats were not available for Elks, but they beat Booker and Gruver on Thursday and Friday of last week to win District.



Stratford Elk Josh King



J.V. Elks #44 Adam Witcher and #22 Gustavo Rosales



8th Grade Lady Elk Shadley

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Sale Ends

5:00 p.m. February 14, 2003