

Sherman County Museum 7 / 06  
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Stratford, TX 79084

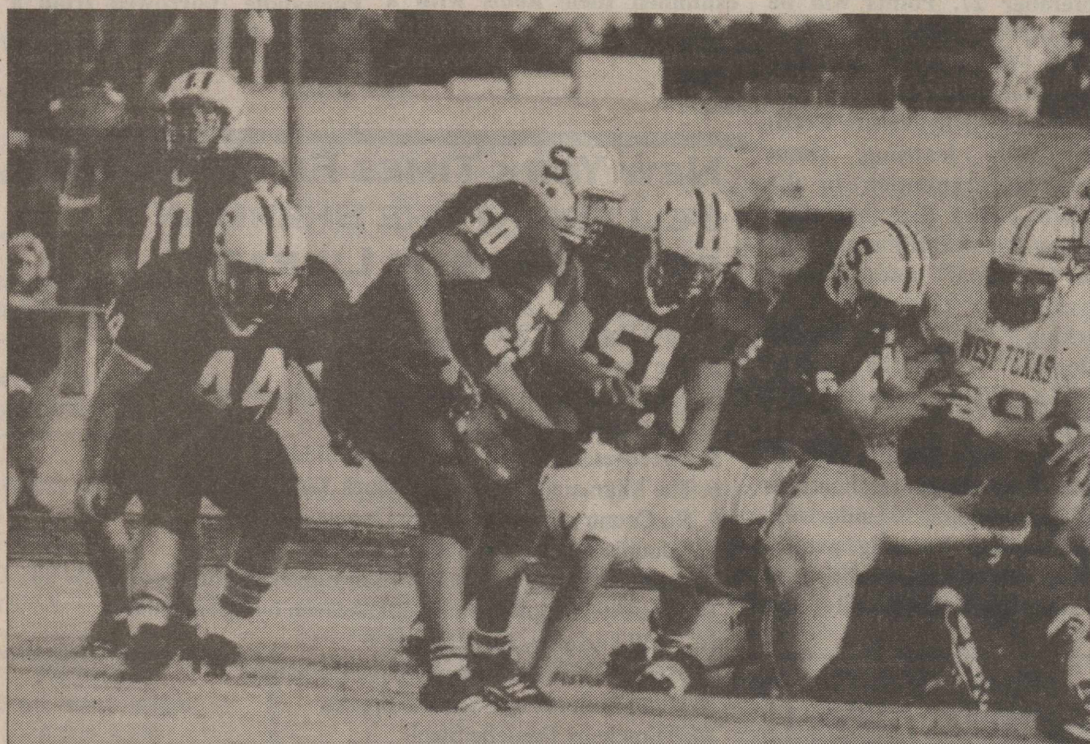


# The Stratford Star

75 cents

Published for over 100 years in Stratford, Sherman County, Texas 79084 usps 523

Number 33, September 1, 2005



## Elks-54 West Texas-0

The Stratford Elks easily took care of West Texas on Friday, August 26, 2005-54 to zip. The boys will be taking on Panhandle for Homecoming on Friday September 2. See you there. Story and more pics on page 4.



Dean Hauser, Lynz McCracken, Tim Weldon & Jeff Kautz pose with the roasted pig at Friday's Tailgate party hosted by First State Bank. Thanks to Jeff for helping Dean and Tim start roasting the pig at 3 a.m. Friday morning!



## XIT Presents Check

Shown at left is Nancy Kimball, (representing XIT) presenting a check to Pat Johnson for the Circle of Friends Fundraiser.

## Public Hearing to be Held

Stratford Hospital District will have a Public Hearing on September 8, 2005 at 7 p.m. at the EMS Building-regarding the Tax Rate.

## Study Club Selling Elk Banners

Prospectus Study Club is selling Elk Banners this fall. This is a fund raiser for the Scholarship Fund. This fund gives scholarships annually to graduating seniors. Prospectus has been providing Stratford seniors with college scholarships since 1958.

The banners will cost \$30.00 and are available from any Prospectus member, or you can contact D'Lynn Reed or Patti Vincent.

## Globe-News Center for Performing Arts Representative Visits Stratford Education Foundation Board

The Stratford Education Foundation Board met in the home of Mr. and Mrs. BA Donelson for their August 24, 2005 meeting. LeRayne Donelson prepared lunch for the board and their guests. Board members present were: Joyce McBryde, Dinah Horsford, BA Donelson, Marihoward Engelbrecht, Kathy Riffe, Marsha Wright, Margaret Reed, Lugenia Carter, Steve Johnson and Tim Gilliland. Guests were: Clint Sewerd, Ali Teigs and Mary Emeny.

Ali Teigs is the Education Director from the Globe-News Center for the Performing Arts in Amarillo. She provided a presentation about the educational benefits to panhandle children that will help broaden the arts opportunities for area students. The Education Center is in the process of raising 1.8 million dollars for children's education.

The education program will offer opportunities for learning through artistic experiences, live performances, and innovative technology, using a world-class center. A question and answer period was held at the close of the presentation.

Following the presentation the Stratford Education Foundation Board held its quarterly meeting. Committee reports were given. Mr. Gilliland said school enrollment is up this year. The treasurer's report showed total monies collected by the foundation is \$162,707.71. A committee will be formed to review by-laws for the foundation and see if

changes need to be made. A formula for each years grant funding was discussed. The foundation received several donations resulting from the ex-students mail-out. Remember to honor special people with honorariums or memorials to the Stratford Education Foundation. Watch for new fund raising opportunities in the future.

The next regular board meeting is scheduled for November 16, 2005, 7:30 a.m. at the SCDC office.



## LADY ELKS CROSS COUNTRY COMPETES AT TASCOSA MEET

On Saturday, August 27th, the Lady Elks Top 7 cross country runners traveled to Amarillo to compete in the Tascosa Rebel Cross Country Meet held at Thompson Park. Nine schools fielded teams in the class 1A-3A division and the Lady Elks were able to come away with a 4th place finish after a very rugged start. Yadira Ortega led all the Stratford runners by finishing 7th out of 107 runners and running a time of 13:34. This was 30 seconds faster and 16 places better than when she ran the course in 2004. Kristen Crabtree was the second Lady Elk to cross the finish line with a time of 14:16 (28th). This was a good run for Kristen considering she was sick and unable to practice much of the first week of school. Perla Rueda, a freshman, ran a good race for her first high school competition and came in 57th with a time of 15:11. Whitney Reese followed Perla by running a time of 15:12 which was good enough for 58th place. Lucero Ortega was not far behind these young ladies finishing in 70th place and running a time of 15:28. Deborah Molina ran a time of 16:00 and Mary Lou Maldonado ran a 17:20 on the slightly longer than 2-mile course. Farwell placed 1st with 64 points, Spearman was 2nd with 73, Vega came in 3rd with 134 and the Lady Elks finished 4th with 142. The Lady Elks will be open for the Labor Day weekend, but will return to action on Saturday, September 10th at the 16th Annual Wolf Creek Cross Country Meet in Perryton. Good Luck & Go Lady Elks!! Shown l/r: Marylou Maldonado, Deborah Molina, Perla Rueda, Whitney Reese, Yadira Ortega, Kristen Crabtree, Lucero Ortega.

## Life Insurance Awareness Month

Forty-four percent of U.S. households (48 Million) say they need more life insurance coverage, according to LIMRA International's 2005 Life Insurance Ownership Study of household financial decision makers.

Perhaps the biggest barrier to people getting the coverage they say they need-78 percent of Americans say they don't have a personal life insurance agent.

September marks the second-annual observance of Life Insurance Awareness Month, an opportunity to raise awareness and educate consumers about the importance of life insurance coverage and the professional financial services representatives trained to help them get the adequate financial protection they feel they need.

Led by the Life and Health Insurance Foundation for Education, more than 100 life insurance organizations and their representatives, including local Modern Woodmen of America agent Walt A. Berry will mark the occasion by providing information regarding the role of life insurance in a sound financial plan.

"Life Insurance Awareness Month is a great time for people to evaluate their personal situation," says Berry. "There's a big gap between the coverage people have and what they feel they need. That's where an adviser's role comes in-to help people who have these concerns but aren't sure where to turn to determine their needs or how to meet those needs."

Modern Woodmen members and others can find life insurance information and

online financial planning calculators at 806-366-7684 about a free life insurance analysis.

Modern Woodmen representatives help more than 750,000 members meet quality-of-life needs for their families and communities through financial advice and products, and fraternal programs.

Founded in 1883 as a fraternal benefit society, Modern Woodmen of America offers financial services and fraternal member benefits to individuals and families thought-out the United States.

## USDA Asking for Input on Upcoming Farm Bill

Aug. 29, 2005-The U.S. Department of Agriculture is asking for your help in identifying ways to address agricultural issues in the next Farm Bill. The 2002 Farm Bill (officially entitled the Farm Security and Rural Investment Act of 2002) authorizes many USDA programs, including farm price and income support programs. New legislation will need to be enacted prior to the bill's expiration in 2007.

USDA intends to develop recommendations for the new farm bill and believes that public input is essential to this process. Written comments may be submitted to USDA online at [www.usda.gov/farmbill](http://www.usda.gov/farmbill). Select "Comment on the 2007 Farm Bill", which is the last item located in the middle section, to send your message. You can also send your written comments by mail to the following address:

USDA Farm Bill  
Secretary of Agriculture Mike Johanns  
Office of the Executive Secretariat, Room 116-A  
Jamie L. Whitten Federal Building, 1400 Independence Avenue SW  
Washington, DC 20250-3355.

## Stratford ISD "Gold Card" Available to those 62 years of age & above

Stratford ISD is proud to offer a "Gold Card" for all citizens who are 62 years of age or older. This card will admit one person to all "home" UIL events. You may pick up a "Gold Card" in the Office of the Superintendent Monday-Friday from 8:00 a.m. to 4:00 p.m. We would be happy to mail you one by calling us at 366-3305. The Stratford ISD appreciates your support of the students and faculty of this district. We look forward to seeing you this year. "Gold Cards" are good for a lifetime, unless lost or damaged. Gold Cards are not for the Reserved Football Seating Section. Those tickets must be purchased.

In order for your input to be considered, please send your responses no later than Dec. 30, 2005. Comments should address one or more of these six questions:

1. How should farm policy address any unintended consequences and ensure that such consequences do not discourage new farmers and the next generation of farmers from entering production agriculture?
2. How should farm policy be designed to maximize U.S. competitiveness and our country's ability to effectively compete in global markets?
3. How should farm policy be designed to effectively and fairly distribute assistance to producers?
4. How can farm policy best achieve conservation and environmental goals?
5. How can Federal rural and farm programs provide effective assistance in rural areas?
6. How should agricultural product development, marketing and research-related issues be addressed in the next farm bill?

Senior USDA officials will host issue-specific forums throughout the nation focusing on these six questions. In addition additional forums will address conservation, rural development nutrition issues. During these specialty forums, the public will be asked to respond to questions that are tailored to those subject areas. These questions will be announced prior to the specialty forums and published on the USDA website.

The dates, locations and times of the forums will be accounted as they are scheduled and posted on the USDA website. Information on the forums can also be obtained by calling any USDA office.

NOTE: All comments, including names and addresses, provided by respondents are a matter of public record. Comments may be viewed at the Department of Agriculture. To make arrangements to view comments, please contact the Office of the Executive Secretariat, Room 116A, Jamie L. Whitten Federal Building, 1400 Independence Avenue

## Homecoming 2005-Sept. 2

**PRAISE SERVICE**  
7:30 P.M.  
Each Wednesday  
County Barn



## Obits



Carole A. Gibson  
1941-2005

Carole A. Gibson, 63, died Friday, August 26, 2005 in Amarillo.

Services were held at 2 p.m. Tuesday, August 30th, 2005 in First Christian Church in Stratford with the Rev. Ken Metzger, retired Methodist minister of Lubbock and the Rev. Gene Weinette, pastor of First United Methodist Church in Stratford, officiating. Burial was in Stratford Cemetery by Morrison Funeral Directors.

Carole Kading was born in Baltimore on October 25, 1941. She was raised in Casey, Iowa, where she married Don Gibson in 1962. They moved to Stratford in 1968.

She was a Girl Scout volunteer for more than 20 years. She was a longtime member of First United Methodist Church and was very active in the United Methodist Women and church bell choir. She worked at different jobs full time and part time while she raised her kids. She retired in 1998, and they moved to Borger until Don retired in 2004 when they came back to Stratford. Many other kids besides her own knew her as Mom or Nanny.

Survivors include her husband; three children, Soren G. Gibson of Canyon, Donita Robertson of Stratford and Jeremy W. Gibson and wife, Jana, of Amarillo; two brothers, Bill Kading and wife, Barbara,

and Keith Kading, all of Casey; and six grandchildren, Kayla, Heather, Aubrey, Stephanie, Austin and Angela.

The family suggests memorials be to the Don and Sybil Harrington Cancer Center, 1500 Wallace Blvd., Amarillo, TX 79106.

## The Imagination Station News

By Gaynelle Riffe

The Imagination Station is still preparing for the Whale of a Sale. Some items in the show window at 309 North Main: Dryer, book case, student desk, school desk & chair, ice cream freezer, canner, Iron Rite ironer, Blue velvet couch, lounge chair, double bed comforter, skirt, pillows, drapes etc. high chair, copper pots, bikes, electric organ and many more items.

The computer lab will open to the public September 6<sup>th</sup>, Tuesday, Wednesday, Thursday from 4:00 to 6:00 and Sunday from 2:00 to 5:00 p.m.

Have you done research on any of the U.S. Presidents or have items particular to a term of office that you would be willing to share for the upcoming Exhibit? Please contact a board member, Gaynelle Riffe, Jeanne Bell, Kim Allen, Laurie Spurlock, George Harding, Laurie Gilliland, Terri Teig, Marsha Wright, and Don Riffe. (George has already made the White House!)

### The Stratford Star

Published Every Thursday at 805 Purnell, Stratford, TX Second Class Postage paid at Stratford, TX 79084

Martha (Marty) Robertson Editor & Publisher Shari Hudson-Advertising & Photography

Subscription Rates \$25.00 per year in Sherman & Adjoining Counties \$32.00 per year all others \$20.00 per (9 months) College Rate  
The Stratford Star Box 8  
1-806-366-5885 Fax-1-806-366-5885

## ELK TALES

By Lynda Hauser



Can you believe it? This week is already the third week of school! By the time you read this, the first six weeks will be nearly half over.

Students have registered for the Concurrent English and Government classes through Frank Phillips College.

Both 5<sup>th</sup> and 6<sup>th</sup> graders are having spelling in Math class! Mrs. Brownlee is having her students learn to spell the number words and other mathematical terms. The 5<sup>th</sup> grade learned the "Brownlee" trick --- a neat way to subtract across zeroes.

This week is Homecoming, so we have special ways to dress each day. Monday is "Jersey" day; Tuesday is "Mismatch" day; Wednesday is "Superhero" day; Thursday is "Hillbilly" day; and Friday is "Blue & White" day (of course).

Last week the High School Speech Communication classes completed their Self-Interview Speeches. Mrs. Teig said they learned a lot about each other.

The One Act Play directors met in Pampa to recommend judges for the contest and to determine the order for play performances. Stratford will be the 4<sup>th</sup> play to perform in Stinnett. The contest will be sometime in March.

The High School/Middle School library has been very busy this first 2 weeks of school. All the students need books for reading and English classes. Mrs. Stoy's classes have been using Microsoft Word on the library computers, and several classes

have used the computer lab for different assignments.

The Student Handbook and Student Code of Conduct have gone out to the students. There are pages in these that must be signed and returned to school.

Mrs. Hand's 6<sup>th</sup> grade reading class has begun a new skills program with the laptop computers. It is called Study Island. The students are having fun while they are learning.

Mrs. Haynes class started

Accelerated Reading last week.

Pre-K is glad to be at school. We have made a lot of new friends. We are learning to say the Pledge of Allegiance to the American flag and the Texas flag. We have also learned the 8 basic colors. Next we are going to start on the letter A and the four basic shapes. It is going to be an exciting year! --- Mrs. Norris and Mrs. Maldonado

Besides their regular English lessons, eighth graders are working on written book reports (typed) in Barbara Haile's classes this six weeks. Book reports for 8<sup>th</sup> grade English classes are due September 27. Points will be taken off for misspelled words.

The Family and Consumer Science classes Nutrition and Foods (taught by ViAnn Reed) have been learning about safety and sanitation in the kitchen. They had their first cooking lab and all went well. The Personal and Family Development class has been working on personality collages. We will be electing FCCLA (FHA) officers next week.

Mrs. Cindy Seward says 8<sup>th</sup> grade Technology Applications and keyboarding is underway. Students are learning proper keyboarding skills so they will be able to type quickly and

accurately when it comes to other computer applications.

In 7<sup>th</sup> grade Reading, students are working on context clues and related facts and details. They will also be working on building their vocabulary. Students should all have library books and be reading some each night.

Mrs. Metcalf's 4th graders went on a Science Scavenger Hunt on Friday. They found several interesting living things. In class, they have been discussing the 5 characteristics of living things. They closely examined their items with a hand lens. Some of the

students even had the good fortune or misfortune, whichever way you look at it, of seeing a grass snake in the front of Mary Allen.

Mrs. King's classes have been meeting in the library since her air conditioning quit working.

I guess roasting "Quanh Porker" worked. Good job, Elks!

Homecoming Coronation and Pep Rally will begin at 3:05 on Friday afternoon in the gym.

Go Elks, manhandle Panhandle (borrowed from a hall sign)!

## NEW YORK TIMES FICTION BEST SELLERS AT THE SHERMAN COUNTY PUBLIC LIBRARY

1. Chill Factor by Sandra Brown
2. The Da Vinci Code by Dan Brown
3. The Historian: A Novel by Elizabeth Kostova
4. Lifeguard by James Patterson
5. Sweetwater Creek by Ann Rivers Siddons
6. The Mermaid Chair by Sue Monk Kidd
9. No Country for Old Men by Cormac McCarthy
11. Double Tap by Steve Martini
12. Match Me if You Can by Susan Elizabeth Phillips
14. The Five People You Meet in Heaven by Mitch Albom
16. Chill Factor by Kay Hooper
17. Straight into Darkness by Faye Kellerman
18. True Believer by Nicholas Sparks
10. Miracle by Danielle Steel
21. Eleven on Top by Janet Evanovich
22. Crusaders Cross by James Lee Burke
23. Long Time Gone by J.A. Jance
26. Cross Bones by Kathy Reichs
28. Angels and Demons by Dan Brown
30. 4<sup>th</sup> of July by James Patterson
34. Fire Sale by Sara Paretsky

### MITCHELL THEATRES NORTHBRIDGE CINEMA 8

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#### Transporter 2

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#### March of Penguins

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#### Red Eye

PG-13 Rachel McAdams

#### Skeleton Key

PG-13 Kate Hudson

#### Dukes of Hazzard

PG-13 Jessica Simpson  
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PG Johnny Depp

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SANTA FE CORN TORTILLAS 20 CT. / REG. \$1.09	99¢
BAR-S BOLOGNA 12 OZ. / REG. \$1.49	\$1.09
SHURFINE HAMBURGER DILL SLICES 32 OZ. / REG. \$2.49	\$1.99
VAN CAMP PORK AND BEANS 15 OZ. / REG. 99¢	3 FOR \$1.00
YOPLAIT YOGURT ASSORTED FLAVORS 6 OZ.	59¢
SO-DRI PAPER TOWELS 1 ROLL PKG. / REG. 75¢	59¢
SOFT N' GENTLE BATHROOM TISSUE 4 ROLL PKG. / REG. \$1.19	99¢
SECRET DEODORANT 1.7 OZ. / REG. \$2.69	\$1.99
CREST TOOTHPASTE TARTAR CONTROL 4.6 OZ. / REG. \$2.99	\$1.99



## Kerrick News

By Marylou McDaniel

Joining the Happy Bank outing at Wonderland Park in Amarillo Sunday were Trisha, Reed, Rett, Rese Schoonover and Justin Mungia. Brady was busy planting wheat.

Bill & Pat Boren went to Sheridan Lake, CO last week, then on to Burlington where they go a new cotton puppy. Her name is Suzette.

Mike McDaniel attended the Indianapolis Colts-Denver Broncos football game Saturday with his sister Patti. Patti will be here for her niece, Merilee's 16<sup>th</sup> birthday Wednesday.

Marylou McDaniel spent 11 days at Fred's Spread near Lake San Isabel.

## TRI-CORNER ART

By Mary Hill

When Tri-Corner Art Association met in July, it was decided that the group would again meet and paint on each Tuesday. The first session will be on September 6, at 10 a.m. at the County Barn. Anyone who would like to join them for painting and visiting would be welcome at this time. Come on out!

## Scot Talk

By Mary Hill

As always, SCOT had a lovely luncheon last Thursday. The theme was German, with good food, good music, lovely table decorations, just a totally good time!

And, there was a retirement party for Jack Gore on Sunday afternoon. Jack has resigned as director of SCOT, but promises to remain a member. We at SCOT Hall appreciate all the time and effort he has put forth over the years. He has served us very well.

Applications for the director's job are available at SCOT Hall for anyone who is interested.

There also was a dance on Saturday night, with good attendance, good music by the Oklahoma Cowboy, and just a great time.

SCOT Hall has been a busy place, with more coming up.

On Sept. 2, at 7 p.m. will be bingo night; crafts will be on September 6, and 20 at 5:30 p.m.; game night is on the 9<sup>th</sup> at the luncheon will be on the 22<sup>nd</sup>.

A special activity will be a trip to Dalhart to hear "The Diamonds" on September 7, for those who sign up.

SCOT can keep one busy.

The  
Stratford  
Star will be  
closed on  
Monday,  
Sept. 5<sup>th</sup> for  
Labor Day  
early  
deadline is  
Friday Sept.  
2<sup>nd</sup> at 2 p.m.

Beat  
Panhandle

## Cooking for Spares & Pairs

Living with one other person or living alone presents meal preparation challenges. Texas Cooperative Extension-Sherman County will be offering "Cooking for Pairs and Spares".

The cooking class will be held Monday, September 12 from 6:00 p.m. till 8:00 p.m. at SCOT Hall. The class will be repeated on Monday, September 19 from 2:00 p.m. till 4:00 p.m. Persons interested in attending the class are encouraged to pre-register by calling the Extension Office at 366-2122.

Participants will learn tips for preparing meals to meet some medical conditions, ways to reduce recipes, tips for food safety, and food preparation tools to make the preparations easier.

For more information, contact Susie Spurlock, County Extension Agent for Family and Consumer Sciences at 806-366-2122. Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin.

## Homecoming 2005-Sept. 2

modern woodmen of america

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U.S. households say they need more life insurance. Do you?

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Sunday  
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\*Bridal or Baby Showers \*Any Group Event

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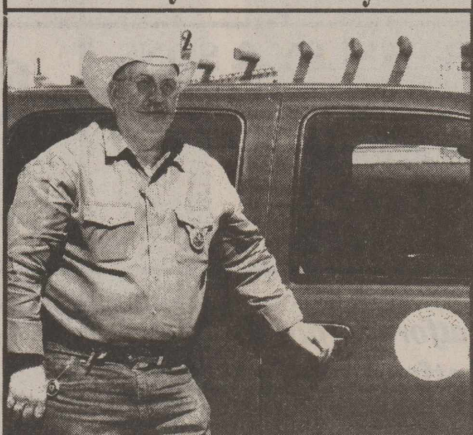
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"They're not just there to loan money. They want to be a service to the community." - Franky Scott



Hartley County Sheriff Franky Scott is a cowboy, from the top of his big, white hat to the toes of his cowboy boots - and don't miss the handlebar mustache in between.

"I grew up on horseback in the South Plains," Franky said. He was raised in a farming/ranching community and likes it that way.

Franky and his wife, Nancy, married in 1975, moved to Dalhart in 1976 and all three of their sons: Shawn, Trevor and Lance, were born in Dalhart and graduated from Dalhart High School. Nancy teaches fifth grade in Dalhart.

"They say if you wear out a pair of shoes in the Panhandle, you'll stay," Franky said. "And I'm staying."

In 2000, Franky retired from the DPS, where he had been a highway patrolman for 25 years. That year, he was appointed as sheriff of Hartley County, a job he loves.

"I enjoy the challenge of knowing the people, working with people and providing what they need," he said. "I'm a community person and I like doing business in the community."

That's why he likes Happy State Bank.

"The folks at every facility are friendly and the banking is easy," he said. "If I need a loan, it's no hassle, I just sign. They trust me, I trust them. It's old style, homestyle."

People who love the Panhandle and love their community - people like Franky Scott and the folks at your hometown, Happy bank.



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Sunray 948-BANK Stratford 366-BANK  
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## Good Luck Stratford Elks

### First Assembly of God

Kevin Anderson, Pastor  
921 Fulton  
Sunday School 9:45 am  
Morning Worship 10:45 am  
Evening Worship 6:00 pm  
Wed. Bible Study 7:00 pm

### First Christian

Rev. Walter Reed  
5th & Main  
Sunday School 9:45 am (nursery)  
Morning Worship 10:45 am (nursery)  
No Sunday Evening Worship Service  
Wed. : Youth Choir 3:45 pm, Chi Rho 5 p.m.,  
CYF 6 p.m., Bell Choir 6:50 p.m., Adult Choir 8 p.m.

### First United Methodist

Rev. Gene Weinette  
520 N. Main  
Sunday School 9:40 am  
Morning Worship 10:50 am  
Junior High UMY 5:00 pm  
Senior High UMY 6:00 pm  
**St. Joseph Catholic**  
Rev. Dr. Johnson, Reiki Master  
6th & Pearl  
Rectory - 366 - 5687  
Sunday morning: 8:00a.m. (English), 12 noon. (Spanish)  
Sacrament of Reconciliation: Before Mass. or by appt.  
Christian Formation Classes: K-6th Grade, Wed. afternoon  
Jr. & Sr. High, Wed. - 6:30-8:30 p.m.

### Church of Christ

Ernie Maiwald  
N. 3rd & Chestnut  
Sunday School 9:30 am  
Morning Worship 10:30 am  
Evening Worship 5:00 p.m.  
Wednesday Bible Study - 7:00 p.m.

### Calvary Baptist

James Washburn  
302 S. Main - 806-396-5335 lv. message  
Sunday School - 10 a.m.  
Morning Worship - 11 a.m.  
Evening Worship 6 p.m.  
Wed. Bible Study 7:30 p.m.  
**First Baptist**  
Brent Farney  
702 N. 3rd  
Early Service 9:00 a.m.  
Growth groups/Sun. School 10:00 a.m.  
Late Service 11:00 a.m.  
Growth Groups Nightly 7:00 p.m.  
Wed. - Youth Group Teen Kids 7:00 p.m./Adult Choir 7:00

### La Mision Bautista

Mision Bautista  
401 S. Wall 396-5376  
Domingo-(Sunday)  
Estuella Dominical 9:45 am

Miercoles (Wednesday)  
Servicio De Adoracion 11:00 am  
Servicio De Oracion 6:00 pm  
Servicio De Adoracion 6:00 pm  
Susninos Durante El Servicio.

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Se Cuidamos

## The Churches of Stratford Welcome You

### Real Possibilities for Change

When we start trying to make significant change in our lives, we find out how stubborn old habits can be. They are very difficult to break. We need help. Real help in breaking bad habits comes from God. First, you need to see those old habits as sinful. They are not only distasteful to you, they are abhorrent to God. Second, you need to turn to God and ask forgiveness. Third, you need to ask God for special power to turn away from those old habits. Fourth, you must work on forming new habits to replace the old ones. In all of this, you must realize that Christ gave His life for Christians "that we should no longer be slaves to sin" (Romans 6:6). Christ breaks the rule and reign of sinful bad habits. Christ gives Christian people inner strength. With this new inner strength, bad habits can be conquered and new good habits formed. You can therefore follow the Bible when it says, "Just as you used to offer the parts of your body in slavery to impurity and ever-increasing wickedness, so now offer them in slavery to righteousness and holiness" (Romans 6:19). Are you really serious about forming new habits in the next weeks and months? Seek out Jesus Christ. He breaks the power of old habits. He led us into new ones.

Sponsored by:  
Thriftway 396-5586  
Stratford Grain 396-5541  
Lautz 769-4485  
Ellie's 396-2092  
Stratford Star 396-5885  
Walter Lasley & Sons, INC.  
753-4411

**Templo Hispano Eben-Ezer**  
Pastor Roberto Frescas  
205 N. Poplar - Hwy 287  
Escuela Dominical 10 a.m.  
Servicio De Adoracion 5 p.m.  
Meir Co Les Serv De Ador 5 p.m.

**Kerrick Community Church**  
Pastor Roy Harris  
Community Building  
Sunday Morning - 11:00 a.m.  
Sunday Evening-6:00 p.m.  
Prayer Meeting - 7:00 p.m. Wednesday

15 Years, 4500 Babies In Dumas

## Women's Health Center

Normal and high risk pregnancies  
Gynecologic cancer screening  
Breast cancer screening  
Infertility and family planning  
Menopause and hormone problems

**Dr. Turhan I. Baykan, M.D.**

Specializing In  
OBSTETRICS-GYNECOLOGY

Monday - Saturday 9 a.m. - 6 p.m.



110 S. Bliss



## Elks Easily Handle West Texas

The Elks got the season underway in great Elk Tradition with a 54-0 win over West Texas on Friday, August 26, 2005.

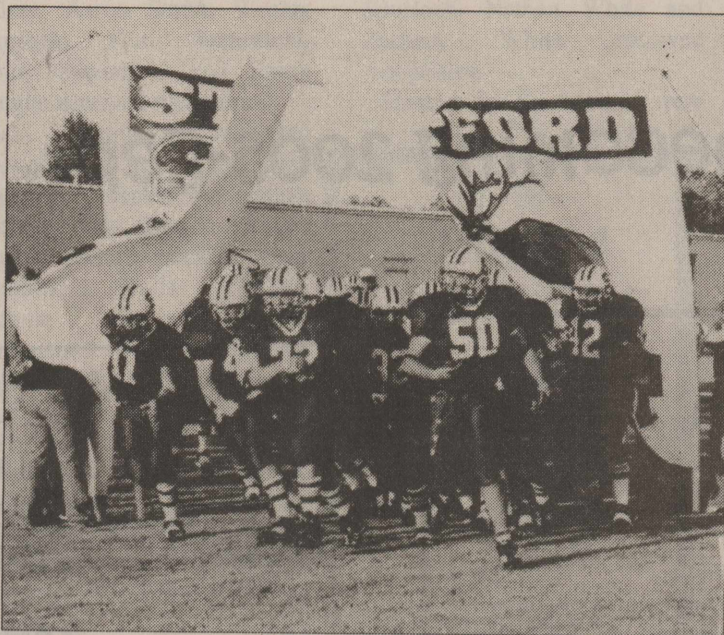
Josh Lanning completed 7 of 9 passes for 95 yards and one touchdown. Hunter Buckles completed 4 of 4 passes for 133 yards and two touchdowns. Lanning also carried the ball for 50 yards on 6 carries and one touchdown and caught the ball for 64 yards on 2 receptions and one touchdown. Jeffrey Frizzell carried the ball for 46 yards on 4 carries and one touchdown followed by Brady Bell for 35 yards and two touchdowns. Hunter Buckles also scored on a run for the Elks. Case Crabtree led the Elks in receptions with 104 yards on 5 catches and two touchdowns. Martin Beltran completed four PAT's for the Elks.

Steven Rueda led the Elks defense with 11 tackles followed by Hunter Buckles with 7 tackles, Andrew Correll and Brady Bell with 6 tackles each, Martin Beltran with 5 tackles and Scott Hudson with 4 tackles. Connor Vincent, Jonathan Licon, Pablo Ibarra, and Jerald Frizzell finished the night with 3 tackles each. Martin Beltran and Steven Rueda each had quarterback sacks, and Brady Bell had a fumble recovery to contribute to the Elks defense. Also contributing to the Elks defense were Craig Kautz, Gilbert Reta, Jeffrey Frizzell, Josh Lanning, Rudolfo Portillo, Sandro Gomez, Brandon Davis, and Case Crabtree.

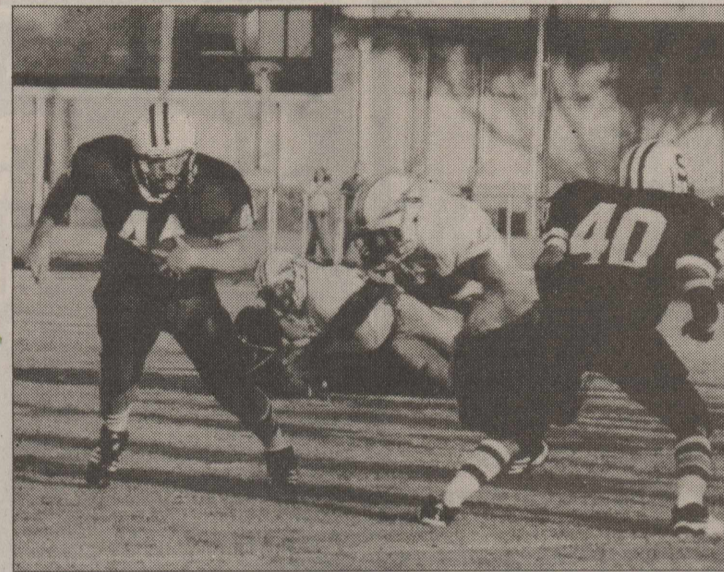
The Elks will host Panhandle for Homecoming on Friday, September 2 at 7:30 p.m. Go Elks, Get a Panther!!!

Players of the Week were Offensive Lineman - Connor Vincent; Offensive Back - Josh Lanning; Defensive Lineman - Steven Rueda; Defensive Back - Hunter Buckles; Special Teams - Jonathan Licon.

## GOOD LUCK ELKS

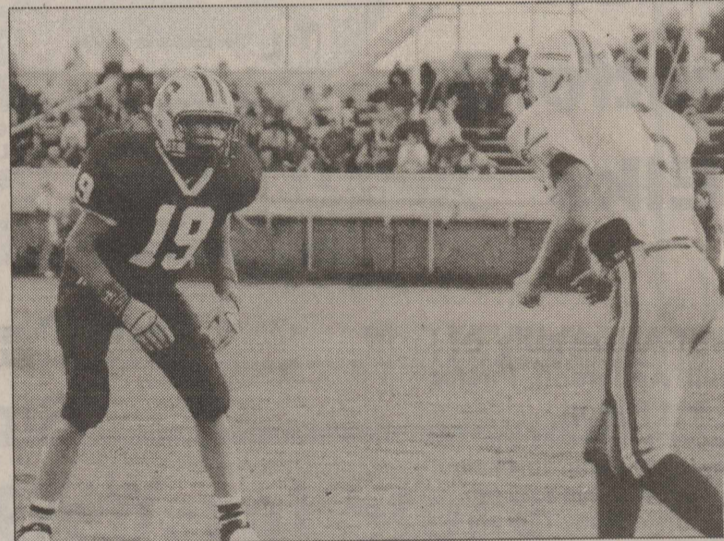


The Stratford Elks beat West Texas 54-0 in the season opener.

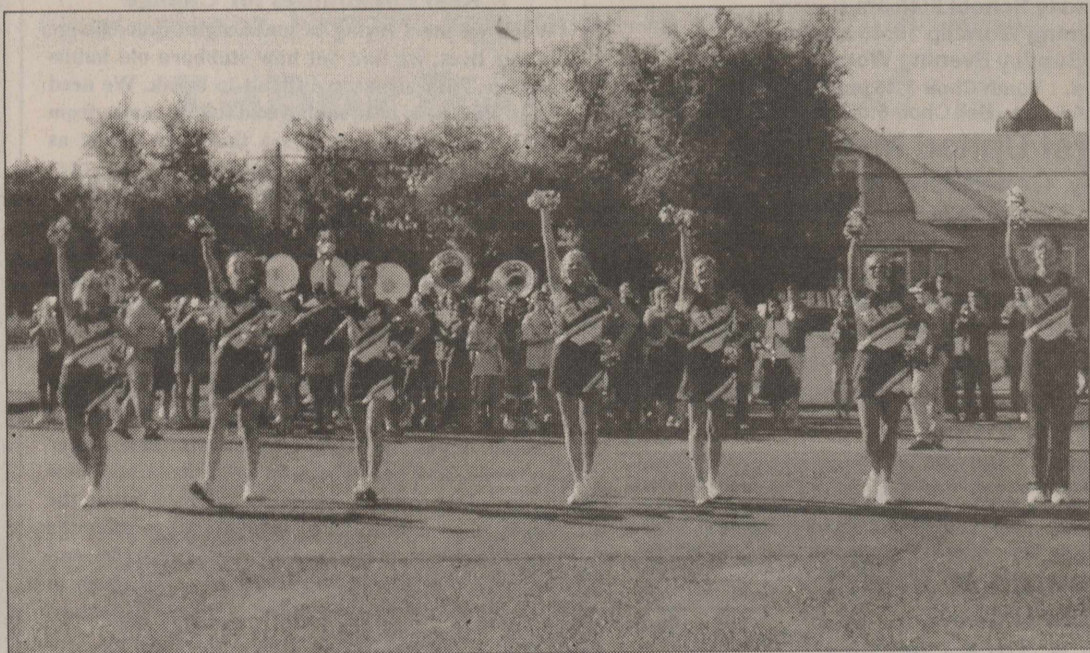


#44 Brady Bell carries the ball for the Elks and #40 Pablo Ibarra blocks.

## Beat Panhandle



Stratford Elk #19 Case Crabtree



The Big Blue Band and SHS Cheerleaders played and cheered to the Fight Song at the First State Bank's Tail Gate Party before the game.

## Quick Nutrition Tips For On-The-Go Moms

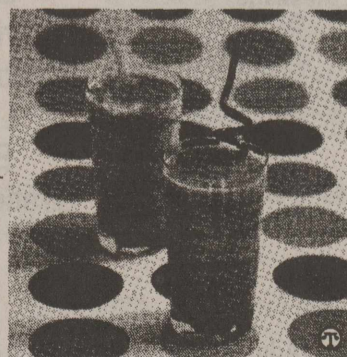
(NAPS)—Many of today's moms are focused on cooking up creative ways to get their children to eat healthful meals. However, they often neglect the nutritional needs of one very important person: themselves. According to the recently released USDA Dietary Guidelines for Americans 2005, everyone—moms included—needs to pay closer attention to what they eat for good health.

"Choosing wisely at the grocery store can go a long way toward taking care of the family's nutrition needs," said Liz Weiss, MS, RD, a noted nutrition consultant. "Precut, prewashed fruits and vegetables, lean meats, canned beans, whole wheat pasta, low-fat dairy, and products fortified with key nutrients are all easy ways to kick-start good nutrition."

For lots of busy moms, cutting back on calories and sugar is a priority. Fortunately, supermarkets offer plenty of light products including light juice beverages such as Mott's Plus Light, which has 50 percent less calories and sugar than regular apple juice and is fortified with vitamins C and D and calcium.

### Nutrition Tips for On-The-Go Moms:

- Weiss recommends moms use prewashed salad greens to save time in the kitchen.



Breakfast smoothies can be a sweet and nutritious way to start the day.

- Select pre-cut fresh fruit for a quick fruit salad.
- Use canned and frozen fruits and vegetables—they can be nutritious, quick and easy.
- Buy fortified juices for added nutrients.

- When eating out, Weiss suggests choosing baked, broiled or sauteed options over fried entrees.
- Ordering a salad (with dressing on the side) and an appetizer instead of an entree.

The USDA Dietary Guidelines are explained at the Web site [www.mypyramid.gov](http://www.mypyramid.gov). The site lets people customize the Pyramid

based on gender and activity level. These food ideas may help, too.

- Flavored Ice:** Fill ice cube trays with a light apple juice beverage instead of water, giving a cool apple twist to favorite drinks.
- Easy Spritzer:** Mix a light apple juice beverage with club soda.
- Fruity Frappe:** Blend low-fat vanilla frozen yogurt, fresh or frozen fruit and a light apple juice beverage.

### Breakfast Smoothie

- ½ cup Mott's Plus Light Apple Juice Beverage
- ½ cup nonfat plain yogurt
- ½ cup frozen unsweetened mixed berries
- Honey, as desired

Combine ingredients in blender; blend until smooth. Sweeten with honey, if desired. Makes 1 serving.

Nutrition Information Per Serving: 120 calories; 0g fat; 5mg cholesterol; 85mg sodium; 26g carbohydrate; 2g fiber; 5g protein; 3% calories from fat; Vit. A 10% DV; Vit. C 60% DV; Calcium 20% DV; Iron 2% DV; Vit. D 40% DV.

More information and recipes are available at [www.motts.com](http://www.motts.com).



Stratford Elks from left, #19 Case Crabtree, #25 Scott Hudson, #22 Jeffrey Frizzell, and #40 Pablo Ibarra get ready for the kick-off.



All little girls that participated in cheer camp this summer cheered at the first Pep Rally and game on Friday, August 26<sup>th</sup>.

## Business Directory

WALTER LASLEY & SONS  
INC.  
**THE Feedyard**  
Since 1953  
753-4411

Stratford Grain Co.  
Stratford 396-5541  
Lautz 769-4485  
4 North Main

CONSUMERS  
208 Texas  
**We Sell Seed & Fuel**  
Farmland, Acco, & Moorman Seeds & Diamond Shamrock Products  
366-2261

Stratford Auto Electric  
119 S. Wall, Stratford, Texas 79084  
Phone 366-5941 366-5857  
**Alternator, Starter, Magneto Repair**  
Since 1964

Betty Brown's  
**Medical Claim Service**  
605 S. Main P.O. Box 7  
Stratford, TX 79084 806-396-2623

Brown's Meat Locker  
**Custom Wholesale & Retail Meat**  
  
**Federally Inspected**  
  
Hwy 287 South 396-2513

A & I PARTS CENTER  
AUTOMOTIVE AND INDUSTRIAL PARTS - THE CAR CARE PEOPLE  
**Jerry Ewers**  
Manager  
P.O. Box 1146  
201 N. 2nd-Stratford, TX 79084

**This Space Available**  
Call 366-5885

**THRIFTWAY**  
Big Town Selection ★ Small Town Friendliness  
Wide Selection Frozen Food  
Quality Foods Fresh Produce  
Hwy 54 East 396-5586

**This space available**

Stratford Hospital District  
Coldwater Manor  
Stratford Family Medical Clinic  
Stratford EMS  
Proudly serving the medical needs of Stratford and Sherman County

folkstr  
**ONE Stroke™**  
OSCI  
BOBBIE STRONG  
806-396-2802

Robert's Service Center  
400 S. Poplar  
396-2882  
**Tires & Batteries**  
**Auto & Lawn Mower Repair**

George Harding  
**Sewer & Drain Cleaning**  
Plumbing, Electrical,  
Remodeling, Painting  
366-2206

Allen-Tarver Insurance Agency  
Carolyn A. Tarver  
Auto • Home • Life • Commercial  
Bus: (806)396-5810 • Res: (806) 396-2393

Joe Flores  
Farm Bureau Insurance  
396-5538 office  
396-5389 home

Jesse's Gun Shop  
Gun Repairs • Sales • Cleaning  
Hours: Mon. - Fri. - 1730 - 2000  
Sat. - 0800-1600  
Jesse Resendes  
(806) 769-4454  
(806) 366-3134 Shop  
111 S. Maple  
Stratford, TX 79084

Your HomeTown  
Pharmacy..  
ELK PHARMACY  
317 N. Main  
P.O. Box 360  
Stratford, TX 79084  
806-396-6505  
Major Prescription  
Plans Accepted  
Gayland Vandiver, R.Ph.  
Debbi Vandiver Owners  
Carlton Cards...Millionaire Candy Gifts  
• Quikie and Balloon Bouquets

Tommy's Embroidery  
580-423-7718  
Texhoma, OK  
210 Hwy 54 West  
Caps, Shirts, Jackets, Baby Blankets, Towels,  
Towel Wraps, School Logos, & Much More!

**This space available**

Joe Taylor, Photography  
PO Box 27  
1305 N Chestnut  
Stratford, TX 79084  
806-366-2459  
Weddings, Portraits, Etc.



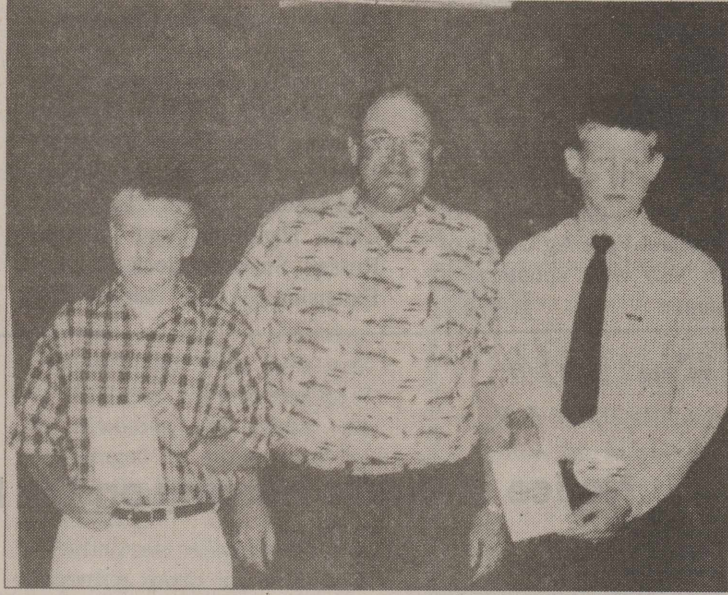
# 4-H Members Honored at Banquet

Rustin Russell and Calli Hamilton were named 2005 Sherman County 4-H Gold Star winners at the annual Achievement Banquet held August 22<sup>nd</sup>. Tim Weldon, Vice-President and Loan Officer at First State Bank of Stratford presented Rustin and Calli with a Gold Star pin and announced sponsorship of a framed portrait. All Sherman County 4-H members were recognized at the banquet which celebrated "Rising to the Stars".

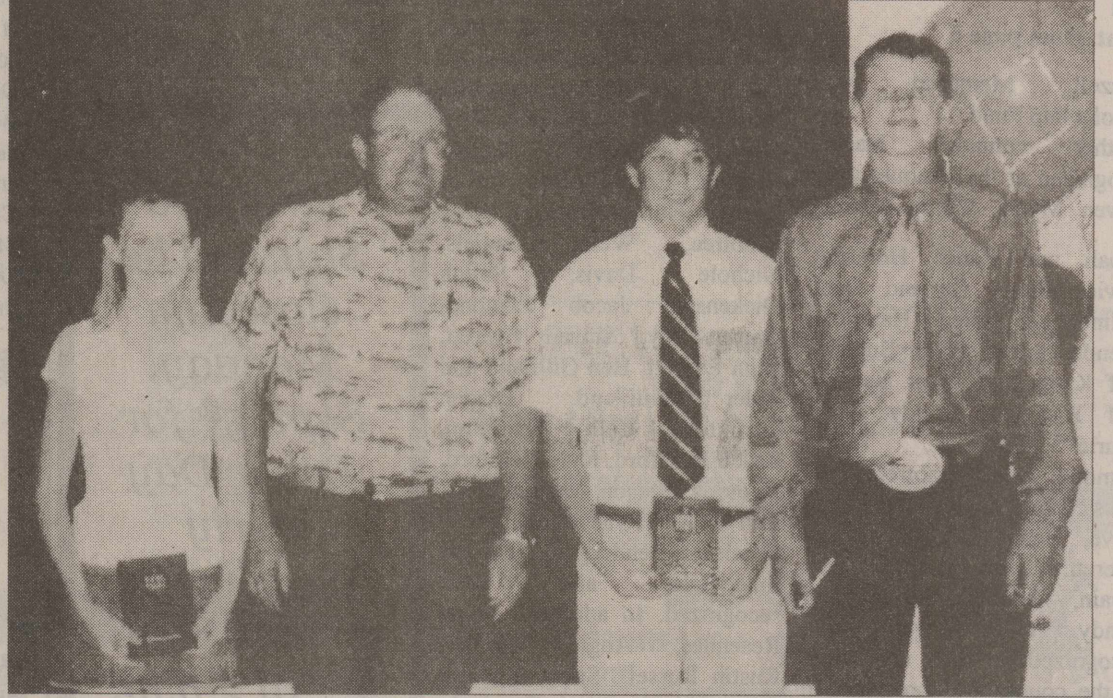
Shyanne Acker, Mary Ann Spurlock, and Garrett Ely of the Younger Texans 4-H Club and Nathan Bennett of the 4-H Horse Club were recognized as Rookies of the Year.

Rhyan Burton and Danton Sutterfield received the Bronze Star Awards. Receiving Silver Awards were Eric Burton and Kyle Horsford. Walter Spurlock, Shiloh Dickenson and Kaleb Horsford were named I DARE YOU recipients.

During the banquet, The General Store of Stratford was recognized as the Business Friend of 4-H for their contributions and support of numerous 4-H educational projects and events. Gaynelle Riffe received the Friend of 4-H citation for her continued support and encouragement to "make the best better" in



Eric Burton and Kyle Horsford received the Silver Star Award from Lem Russell. The Silver Star Award recognizes members ages 12-14 for continued project accomplishments, leadership and community service.



Lem Russell presented the I DARE YOU awards to Shiloh Dickenson, Walter Spurlock and Kaleb Horsford.

Sherman County 4-H.

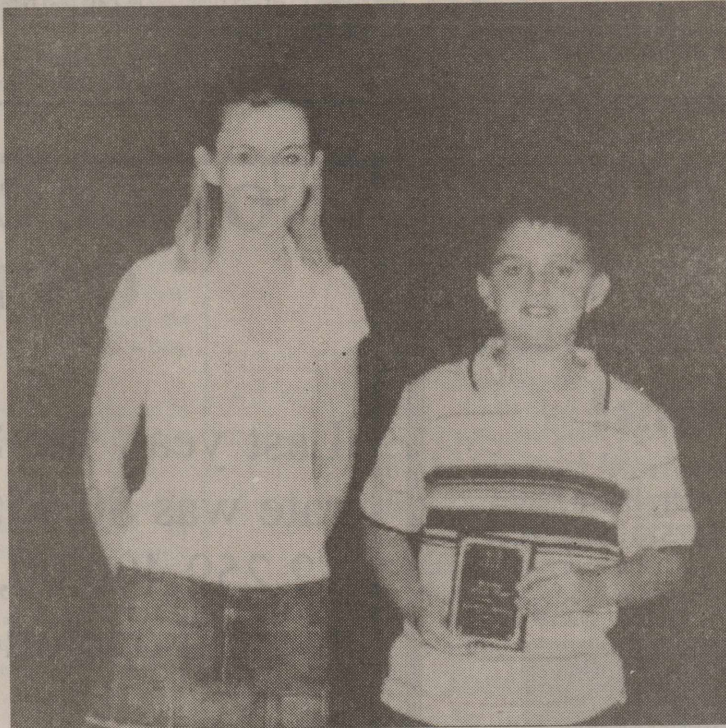
Sherwin and Connie Burton received recognition as Outstanding 4-H Leaders for the year. The Burtons were cited for their leadership in the Foods and Nutrition, Clothing and Textiles, and Shooting Sports projects. They are also active in the county 4-H Parent/Leaders Association.

Sherman County Extension Education Association Council presented a certificate of support to the Judge Bill

Cont. on page 6



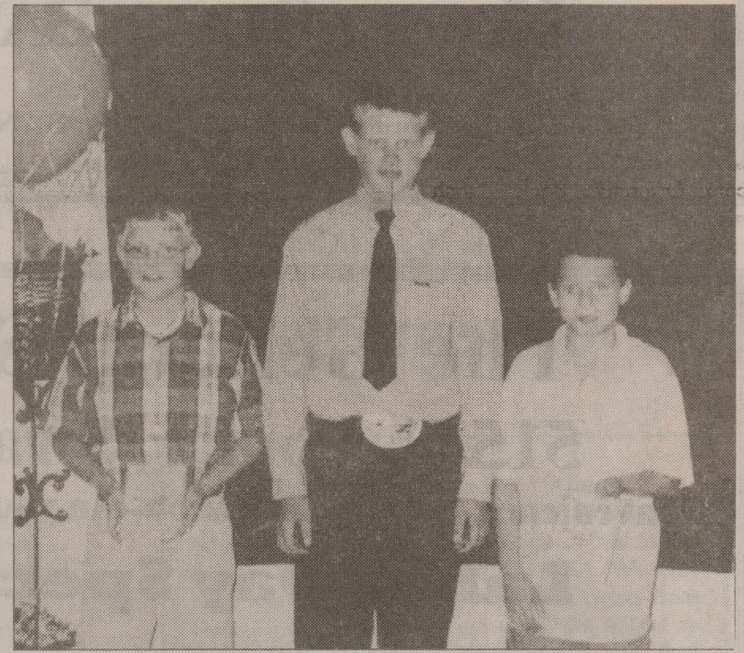
Kaleb Horsford presented the Friend of 4-H Award to Gaynelle Riffe. Gaynelle continues the 4-H program to make the best better with her suggestions for marketing and ample supplies of materials for various projects.



Nathan Bennett received Rookie of the Year from the Horse Club. Nathan received his award from Shiloh Dickenson.



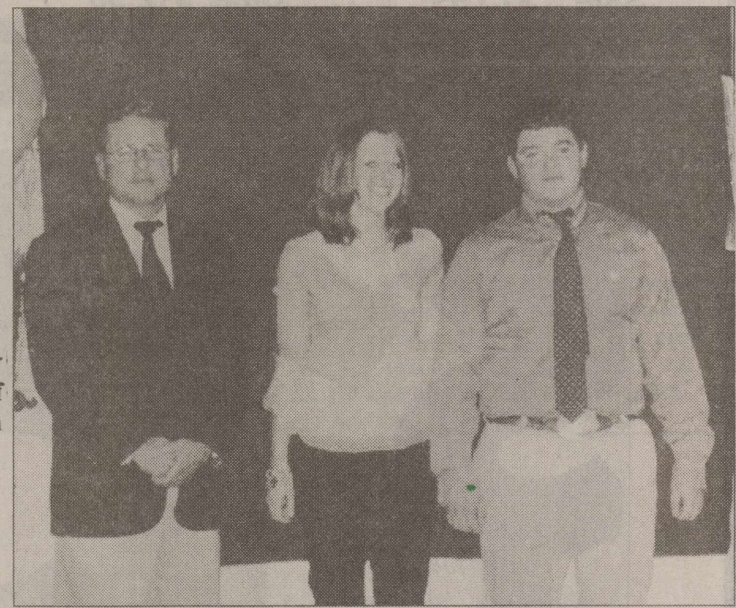
Business Friend of 4-H honor was extended to THE General Store of Stratford. Nathan White presented the award to Ronnie and Zelda Pickens for their ability to help members get supplies needed and their ability to get supplies to assist youth.



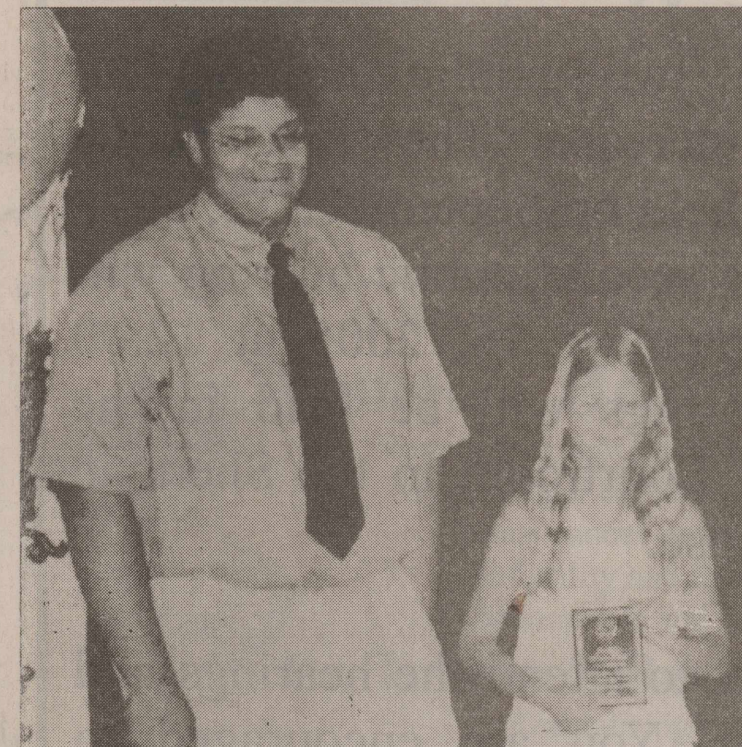
Bronze Star Award winners were Danton Sutterfield and Rhyan Burton. These awards honor 4-H members ages 9-11 for outstanding work in a variety of projects and activities. Kyle Horsford assisted with the presentation.



Mary Ann Spurlock was recognized as Rookie of the Year from the Younger Texan 4-H Club by Jacob Edmond at the 4-H Achievement Banquet held August 22.



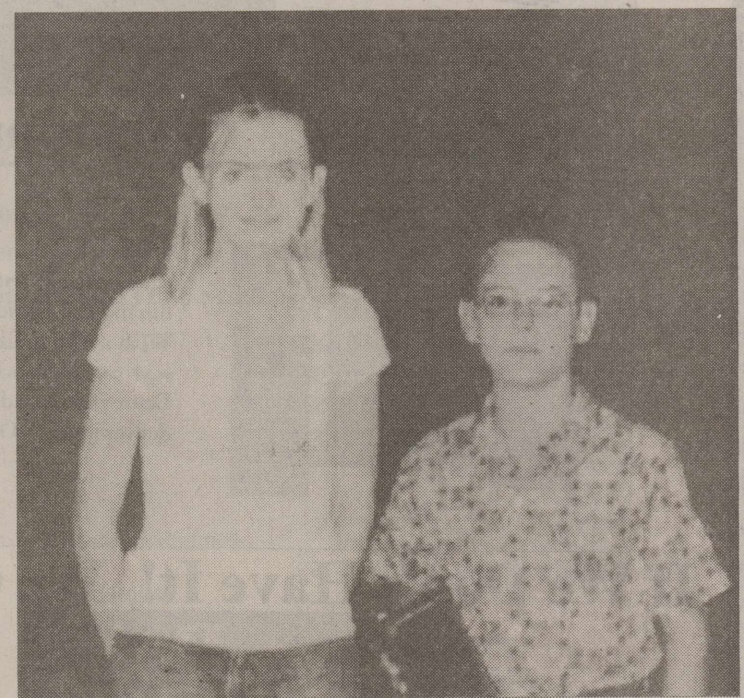
Calli Hamilton and Rustin Russell were named Gold Star recipients at the 4-H Achievement Banquet. Tim Weldon of First State Bank presented the honorees with the recognition pins.



Shyanne Acker was one of the Rookies of the Year recipients at the 4-H Achievement Banquet. Jacob Edmond presented Shyanne her award.



Tim Weldon of First State Bank recognized 2004 Gold Star recipient Walter Spurlock for this Gold Star honor and presented his family with the portrait that was displayed in the bank lobby this past year.



Garrett Ely received Rookie of the Year from the Younger Texans 4-H Club. Shiloh Dickenson presented Garrett his award.



4-H  
 Cont. from page 5

Frizzell Memorial 4-H  
 Scholarship Fund.  
 Other volunteer leaders  
 recognized at the banquet were  
 Steven Myers, Cindy Russell,

Dinah and Lance Horsford,  
 David White, Garland Dahl,  
 Belinda & Glen Hamilton,  
 Brenda Acker, Scott Buckles,  
 Jeff Kautz and Piper Bennett.  
 Jeff Ricketson, Andy Riffe,  
 Laurie Spurlock, Teresa  
 Edmond, Doak Crabtree, Trey  
 Hess, Cindy Dickenson, Logan  
 Neve, Jean Everett, Reyna  
 Everett, Lem Russell, Jack  
 Swain, Bobbie Strong and  
 Sandy Tillery were also  
 recognized for their dedication  
 to the county 4-H program. In

addition, Dallas Lowe, Bobbie  
 Strong, Jesse Resendes, Sandy  
 Tillery, Aaron Smith, Wesley  
 Spurlock, Kim Sutterfield,  
 Randy Sutterfield and Frank  
 Vaughn received recognition.

4-H members receiving  
 recognition at the banquet were  
 Shyanne Acker, Nathan  
 Bennett, Eric Burton, Rhyann  
 Burton, Hunter Buckles, Case  
 Crabtree, Wells Daniels,  
 Nichole Davis, Shiloh  
 Dickenson, Jacob Edmond,  
 Garrett Ely, Sinead Everett,  
 Rhia Everett, Ben Gilliland and  
 Tyler Gilliland. Braden  
 Hamilton, Calli Hamilton,  
 Kaleb Horsford, Kyle Horsford,  
 Brandon Hudson, Monica Kind,  
 Tell Lowe, Ryan Pendergrace,  
 Katahrina Pendergrace, Danton  
 Sutterfield, also were  
 recognized. In addition, Angel  
 Resendes, Angie Rosales,  
 Rustin Russell, Sunny Russell,  
 Ethan Shields, Jennie Spurlock,

Mary Ann Spurlock, Walter  
 Spurlock, Nathan White and  
 Zachary White received  
 recognition.

Hostess for the banquet were

*The  
 Stratford  
 Star will be  
 closed on  
 Monday,  
 Sept. 5<sup>th</sup> for  
 Labor Day  
 early  
 deadline is  
 Friday Sept.  
 2<sup>nd</sup> at 2 p.m.*

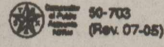
Jean Everett, Reyna Everett,  
 Elizabeth Zimmer and Deedee  
 Dewese members of the  
 Sherman County FCE clubs. 4-  
 H adult leaders serving on the  
 committee were Cindy  
 Dickenson and Desiree Davis.  
 Beef served at the dinner was  
 donated by Stratford Jamboree  
 and prepared by Stratford Lions  
 Club. First State Bank of  
 Stratford and First Ag Credit of  
 Dalhart also were sponsors of  
 the banquet.

Walter Spurlock served as  
 Master of Ceremonies for the  
 banquet assisted by other  
 members of Sherman County 4-

H Council. Other members of  
 the county 4-H Council  
 assisting were Kaleb Horsford,  
 Kyle Horsford, Shiloh  
 Dickenson, Jacob Edmond,  
 Calli Hamilton and Rustin  
 Russell. Susie Spurlock, County  
 Extension Agent serves as

advisor to the group. She was  
 assisted by Paula Nusz and  
 Jennifer DeAnda, Sherman  
 County Extension Office  
 secretarial staff members.

The 4-H Achievement  
 Banquet supports the state  
 Extension goal of development  
 of life skills and leadership  
 qualities of youths and adults  
 and the county Long Range  
 Extension Program enhancing  
 skills for quality life.



**Notice of Public Hearing on Tax Increase**

Last year, the City of Stratford property tax rate was \$ .85000. That rate  
 raised \$ 382,890.00, a portion of which was used to fund operations such as:

Maintenance and Operations

This year, City of Stratford is proposing a property tax rate of \$ .90000.  
 That rate would raise \$ 405,500.00, which is \$ 22,610.00 more than taxes  
 imposed last year.

There will be two public hearings to consider that increase. The first public hearing will be  
 held on September 7, 2005 at 6:30 p.m.. The second hearing will be held on  
September 8, 2005 at 6:30 p.m.

You have a right to attend the hearings and make comments. You are encouraged to attend  
 and make comments if you wish.

The City Council of the City of Stratford, Texas took its record vote on  
 the proposed tax rate at its Special Meeting on August 23, 2005. The  
 record vote was a follows:

FOR the proposal: Blake Confer, Nancy Kimball, George Harding, Bryan Mungia  
 AGAINST the proposal: None  
 PRESENT and not voting: None  
 ABSENT: None

**A Winning Tradition.**

**HAPPY STATE BANK**  
 AND TRUST COMPANY  
 Stratford • 100 N. Main • 366-BANK  
 www.happybank.com Member FDIC

**The General Store**  
 515 N. Poplar, Stratford  
 Convenience, Service, Selection—in your neighborhood!  
**Labor Day Specials!**

34 QT Victory Cooler 2a2000 Reg. \$19.99	16" Oscillating Fan 530651 Reg. \$19.99	Hefty Foam Plates 617520 Reg. \$3.59
Sale \$15.99	Sale \$12.99	Sale \$2.99

**BUY NOW & SAVE**

**\$15**

**LARSON OFF STORM DOORS**

Choose the door that fits your style,  
 then take advantage of great savings  
 during the Larson Fall Sale!  
 With a \$15 mail-in rebate you can  
 save on any stock Larson Storm  
 Door purchased from  
 September 1– October 15, 2005.

**If We Don't Have It! We Can Get It!**

**Do It Best**

(806)366-5308 Fax(806)366-5338 Do It Best. Com

**NOTICE OF PUBLIC HEARING  
 ON TAX INCREASE**

Last year, the Sherman County property tax  
 rate was \$0.45544 per \$100. That rate raised  
 \$2,259,400.00, a portion of which was used  
 to fund operations such as:

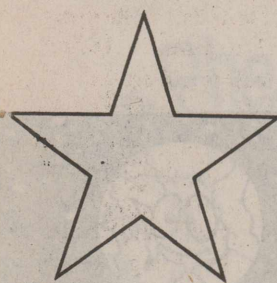
**Maintenance and Operations**

This year, Sherman County is proposing a  
 property tax rate of \$0.43179. That rate  
 would raise \$2,377,893.21, which is  
 \$118,493.21 more than taxes imposed last  
 year.

\*There will be two public hearings to  
 consider that increase. The first public  
 hearing will be held on September 12, 2005  
 at 8:00 a.m. The second public hearing will  
 be held on September 16, 2005 at 12:00  
 noon. Both hearings will be held in the  
 Commissioners' Courtroom in the Sherman  
 County Courthouse.

You have a right to attend the hearings and  
 make comments. You are encouraged to  
 attend and make comments if you wish.





It Pays To Look In The

# Star Classifieds

..The Best Salesperson Around

Phone 366-5885

## For Sale

Used Tire Sale: Duncan Chevrolet-366-5557.  
7-28-tfn

For Sale: 1993 Chevy Blazer, low mileage, 4 WD, call 366-5308 or 396-5978.  
3-24-tfn

For Sale or Lease-212 N. Poplar-40' x 60' office building. Call 806-679-5585.  
4-1-tfn

Homecoming is Sept. 2nd Contact a senior for your Mum order.  
9-1-c

For Sale: Washer and Dryer (Gas) Call 396-1040.  
9-8-c

For Sale: A blue Hide a bed sofa. Can be seen at 820 N. 3rd or call 366-3088.  
9-1-c

**Elk Junction  
Snack Attack Special**  
4 p.m. to 5 p.m.  
Small hamburger, small fries,  
small drink-\$4.00  
All drinks 1/2 price  
4 p.m. to 5:00 p.m.  
Monday thru Friday

Entertainment Center for Sale-Cherry in Color, glass cabinet and 2 drawers on side. 2-door cabinet on bottom \$75.00 Call Jennifer at 396-2782 after 4:00 p.m.  
9-1-c

For Sale: new Lazy boy recliner, cream color in micro fiber. Push button to lift. 366-2153.  
9-1-c

## Help Wanted

Needed: pianist, organist and choir director. Salary dependent upon experience. If interested contact the First United Methodist Church at 396-2178.  
9-1-c4xc

Part-time presser needed-Bilingual preferred, 3-4 days a week. Call 366-7627.  
9-1-c

## Lost

Lost or Strayed, from 10 miles east of Stratford, 600 lb. Heifer. Blue tag in right ear, purple tag in left ear.  
Brand S on right hip.  
Joe Flores, 396-5538 (work)  
396-5389 (home)  
7-21-c

## Garage Sales

BIG DEAL GARAGE SALE: Sept. 9th and 10th. Everything plus the kitchen sink. Sept. 9-9 a.m. to 6 p.m. Sept. 10 9 a.m. to 3 p.m. 619 S. Pearl.  
9-8-2x

Garage sale: Monday, September 5th 8 a.m. to 8 p.m. 300 N. Wall  
9-1-c



Jockey Albert Adams won nine consecutive races over a three-day period at a Maryland track in 1930.

## Sherman Co. Child Welfare Board

To report Suspected Child Abuse, call

Kathie Altman-366-5611  
Paula Everett-966-5445  
Ken Forthman-366-2586  
Patsy Harland-827-7568  
Belinda Hamilton-827-7728  
Jesse Resendes-366-3134  
Ernie Maiwald-366-5546

Austin Hotline  
1-800-252-5400  
ALL CALLS  
CONFIDENTIAL

## Services

Tree trimming or removal. Call Dusty Stewart for a free bid. 366-7601.  
6-9-tfn

I will do little handiwork jobs for the elderly at a reasonable cost. Call Dick Bachman 366-7679.  
8-19-tfn

SANDY'S "ROUND-TUIT" SERVICE Home Repair, Welding, Painting, Odd jobs, Mower repair. No job too small. \*If you can't get around to it, \*CALL SANDY! 753-7354 or 727-4692.  
9-16-tfn

Allen-Tarver Agency now has a locked payment drop box for your convenience. Cable and Insurance payments, with payment coupons, will be accepted. **NO CASH.** Located by front door of agency.  
7-28-2mo. 9-8-05

Stay at home Mom would like to keep 1 to 2 children in my home. Days-Monday thru Friday. CPR Certified, References available. Please call Tonya at 366-7555.  
8-25-c

Lanning Childcare has the following openings: 18 months-3 yrs. And 4 yr. old. If interested please call 366-2506.  
8-25-c

Accepting new Piano students for the 2005-2006 year. For more information call Melissa Aduddell at 366-3299.  
9-8-c

## For Rent

**PHEASANT RIDGE  
APARTMENTS**  
1319 & 1320 N. Chestnut  
Stratford, TX  
**HAS OPENINGS  
"2 BEDROOMS"**  
Great for Senior  
Citizens and HUD  
Approved.  
Call we have a  
home you.  
806-244-3418

For Rent: Office space on Main Street for rent. For information call (806) 396-5541.  
11-27-tfn

For Rent: 1 Bedroom furnished Apt., 6th & Fulton. Call 396-5541 daytime, 396-5692 nights.  
1-28-tfn

House for Rent-2 Bdrm at 609 N. Grace. Call 366-2008 for more information.  
5-12-tfn

For Rent: 4 Bedroom, 2 Bathroom, Brick home located near the Plainview School. Bills paid, rent \$250.00. Call Mr. Murphy @ 580-543-6366 for details.  
8-18-c

For Rent: 2 Bedroom, 1 bathroom duplex located near the Plainview School. Bills paid, rent \$200.00. Call Mr. Murphy @ 580-543-6366 for details.  
8-18-c

3 bedroom, 2 bath-204 S. Main, Stove, Refrig, Dishwasher included, Central H/A W/D Hook-ups. Rent: \$450 Deposit: \$200 Contact Kristine Olsen 244-5646. References requested.  
9-1-c

2 bdrm house for rent: garage & fenced backyard. Call 396-2125.  
7-14-tfn

3 bedroom, 2 bath-204 S. Main, Stove, Refrig, Dishwasher included, Central H/A, W/D Hook-ups, Rent: \$450 Deposit: \$200. Contact Kristine Olsen 244-5646. References requested.  
8-3-c

## Houses for Sale

House for Sale: 802 N. Fulton, Carport, CHVA Heat Pump system. Call 396-2007.  
5-12-tfn

For Sale-Nice 3 br. 1.75 bath brick home at 408 N. Fulton. Ready to move into. Updated kitchen and bathrooms. CHVA, attached garage, new attic insulation, large fenced in backyard. Stove, washer, dryer and new built in dishwasher stay. Great neighborhood. \$55,000. Call 366-3111.  
3-31-tfn

For Sale: 3BR, 1.75 bath home at 603 S. Fulton. 2 living areas, dining room, master bedroom with 2 walk in closets. Lots of closets and storage throughout the house. Large backyard with above ground swimming pool, metal storage shed and covered patio. 2 car garage. Brick and vinyl exterior for maintenance free up keep. Contact Rhonda Browne after 6:30 at 366-7597 or leave message.  
12-9-tfn

For Sale: 305 N. 3rd, 2 bdrm, laundry room, CHVA, detached garage, storage building, nice location \$20,000. Call 930-0734 or 930-5613.  
3-31-tfn

For Sale: 611 N. Chestnut, 3 Bdrm, 1 full bath-2-3/4 bath, CHVA detached garage, Big back yard with storage building, close to school. Call 366-2401.  
5-5-tfn

For Sale by Owner. 4/23 home on corner lot. Custom built in 1995. New carpet, 20 x 20 finished basement, fireplace, ceramic tile in entry, utility, dining and kitchen, sprinkler system, open floor plan, Approx. 3200 total sq. ft. Call 806-934-3381 evenings or leave a message.  
11-4-tfn

Reduced price. Precious brick house. 3 bedrooms, 1 bath. New carpet, central heat and air, sprinkler system and huge storage building. 401 S. Pearl Call 366-3678  
6-16-tfn

House for Sale at 1209 Division St. 3 bedroom, 2 bath, nice neighborhood. Close to schools. Lg. Storage building in fenced backyard-Attached Garage. For more information call 934-3569 or 922-3569.  
7-14-tfn

For Sale or Trade: Wonderful unique, large home on 13.5 acres, 2 miles west of Stratford on HWY 54. Four bedrooms, three full baths, hobby room, new central air, double garage, large open kitchen/family room and a newly drilled water well. Property is covered with trees. Contact Carolyn days-806-396-5810 or cell 210-854-8924.  
7-21-tfn

HOUSE FOR SALE: 816 N. Maple-Two story, 3 bedrooms, 1 bath, Central H/A, Fireplace, Carport, Fenced backyard with deck. Close to school! \$40,000. Call Brett: 366-7664 or 753-6677.  
7-28-tfn

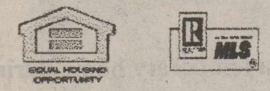
RUN TO THE CELLAR when the storms come your way!! Nice brick home with 3 bedrooms, 1.75 baths, attached 2 car garage, new laminate flooring in kitchen and dining area, central heat and air, storm cellar in backyard, storage shed. REDUCED to \$65,000. Located at 712 N. Wall in Stratford. For appointment call Deana Houlette at Houlette Real Estate in Dumas. 935-2863/922-6863.  
6-16-tfn

REDUCED: 3 Bdrm Brick, 2 baths on large corner lot. 1201 NW 2nd St. Sprinkler system, fenced yard. Located in Casa Bonita Addition. Call 366-2153 for appointment.  
10-21-tfn

\*\*\*  
If you must be in a hurry, then let it be according to the old adage, and hasten slowly.  
—Saint Vincent de Paul  
\*\*\*

The Stratford Star will be closed on Monday, Sept. 5th for Labor Day early deadline is Friday Sept. 2nd at 2 p.m.

**Ad Rem Land Co.**  
803 S Bliss  
Dumas, TX 79029  
806-935-7364



**Home Well Cared for!** This 2 bedroom, 1.5 bath home has two living areas, a wonderful fireplace and entire home has been well kept.  
43,500

**Home with Style!** 2 B/R, 1 1/4 baths, with large living and dining areas. Hardwood floors, and updated baths.  
\$78,900

**Very Cute!** 1 B/R, 3/4 bath home, would make a great rental property.  
\$15,000

**Great Starter Home, or Possible Investment Property!** 2 B/R, 1 bath.  
\$25,000

**Shop in Backyard!** Nice 3 B/R, 2 bath with 1 car detached garage.  
Reduced to \$43,000

**Prime Location!** This 3 B/R, 2 bath home is located in a quiet neighborhood and close to schools.  
\$110,000

**Corner Lot!** This 4 B/R, 1 1/2 bath home has had CH&A, sewer lines, and gas line has all been recently replaced.  
\$55,000

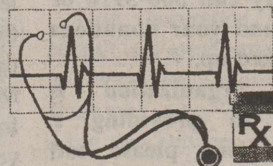
Land for Sale: Section 66 and South 1/2 of Section 67 Block 8. Capital Syndicate sub-division. Dallam County CRP to 9-30-2007. Contact Trust Dept. at First State Bank of Stratford 806-396-5521.  
10-23-tfn

### Scott Land Company

IN YOUR FRONTYARD-1/2 section, one circle of improved pasture, one 1/4 native grass, new sprinkler, new pens & fences.

CHILTREE CO.-dryland 1/2 in irrigation area  
**STRONG WATER**-with over 300 feet of sat. thickness-all sprinkler irrigated, barbed wire & steel post fences on every circle, steel pens with covered working area with hyd. Chute, well suited for corn, wheat, cotton, peanuts, alfalfa or seed milo (good isolation)!  
**CHECK OUR WEBSITE** for data and pictures of many farms, ranches, feed yards, dairies and choice dairy locations with permits and acreages with homes

Shawn Gillispie 806/922-5532  
Ben G. Scott-Broker 800/933-9698  
day/eve



## A Disease Many People Don't Know They Have

by Miriam Nelson, Ph.D. (NAPS)—Diet and exercise have countless benefits, but strong bones are not automatically one of them. Despite eating more vegetables and fewer fats, bone health is often neglected. People are living longer, but not necessarily stronger. Why is bone health suffering?

In his report on bone health, the United States Surgeon

General pointed out that many don't eat or exercise well enough to avoid the common bone-destroying disease known as osteoporosis. There are 10 million people suffering from it now and about twice that number are at risk. Many don't realize the danger. Weak bones are invisible, and a broken bone is usually the first sign of trouble.

The good news is that osteoporosis can be prevented and there are simple actions that everyone can take to help protect themselves:

• Get enough daily calcium

## Legal Notices

### Stratford Independent School District

The Stratford Independent School District requests proposals from interested vendors for cafeteria equipment. Specifications may be obtained by contacting the Administrative Office at (806) 366-3302.

The proposals will be accepted until 2:00 p.m. Tuesday, September 13, 2005. Any requests for proposals after this date will not be accepted. The proposals may be mailed to Stratford ISD, PO Box 108, Stratford, TX 79084, or faxed to (806) 366-3304, or delivered to the Superintendents office at 503 N. 8th Street, Stratford, TX. The requests for proposals will be opened September 13, 2005 at 2:00 p.m. We reserve the right to accept or reject any and/or all proposals

Published in The Stratford Star, Thursday, August 25, 2005 and Thursday, September 1, 2005.

### NOTICE FOR BIDS

Sherman County will accept bids until 4:00 p.m. September 2, 2005 for the purchase of HAVA compliant election equipment, software, maintenance, accessories, and services necessary for conduction of elections in Sherman County. Bids can be delivered to: Judge Terri Carter, 701 N. 3rd, Room 206, or mailed to PO Box 165, Stratford, TX 79084. Bids will be considered at 9:00 a.m. Monday, September 19, 2005 at the Regular Meeting of the Sherman County Commissioners' Court. No bids accepted by fax. Late bids will not be considered. Sherman County reserves the right to reject any or all bids and to select the bid most advantageous to Sherman County. Terri Carter, Sherman County Judge.

Published in The Stratford Star, Thursday, August 25, 2005 and Thursday, September 1, 2005.

## Good Luck Stratford Elks

## Health Awareness

with vitamin D  
• Do the right kind of exercise several times a week

**Q: What's the easiest way to avoid osteoporosis?**

A: A balanced diet rich in calcium and vitamin D is the first step. Eat at least three servings of nonfat or low-fat dairy products like milk, cheese or yogurt every day. Nondairy calcium sources such as tofu, almonds and green-leafy vegetables are also good choices.

**Q: What exercises help build strong bones?**

A: Weight-bearing exercises and resistance training are two different types of exercise that improve bone health. Walking, jogging, aerobics, stair climbing and sports like tennis are all good examples of weight-bearing exercises. Weight lifting or strength training are resistance exercises. Don't be intimidated about starting or expanding your fitness routine. Your bones and overall health depend upon you taking steps to become more physically active. If you are not ready to join a fitness center, start exercising at home—whatever works for you is what is best. Try working out with a

## Cards of Thanks

The Sherman County Public Library Board and Staff would like to thank First State Bank for providing free swim passes for the summer reading program and to the Happy State Bank for providing the library's movie license for one year which allows the library to legally show movies. A special "thank you" to our lone volunteer, Allison Baskin, for reading and helping with the other activities. A total of 187 children participated in this year's program making it a huge success.

A great big Thank You to my Family & Friends who made my 90th Birthday such a wonderful occasion. The Party, Flowers, Cake, Cards, Calls, visits, Hugs and Kisses were so nice. I love all of you.

Bernice Stublefield

I would like to let everyone know what an honor it was for me to be selected Top Hand at this years Stratford Ranch Rodeo. The belt buckle is beautiful and I will wear it with pride. Thanks.

Bobby Edmond

I would like to thank the Scot Board of Directors for the Retirement Reception and gift they gave me last Sunday. Also I want to thank all Scot members for allowing me to be a part of your wonderful organization for over 15 years. I will cherish the memories forever. Thanks.

Your Retiring Director  
Jack

buddy to help boost confidence and keep you motivated. Or get a trainer to help you out with a couple of sessions.

**Q: What about calcium supplements? Do I need one? What kind should I take?**

A: Unless you get three servings or more of calcium rich dairy foods every day, you should consider taking a calcium and vitamin D supplement. Calcium citrate and calcium carbonate are the two most readily available forms. I prefer a calcium citrate supplement such as Citracal® that can be taken at any time of day or night, with or without food. Research has shown a reduction in osteoporosis with calcium citrate supplementation.

**Q: How much calcium should you get each day?**

A: Men and women ages 25 to 50 need 1,000 mg per day and those over age 50 need 1,200 mg per day. Most get only half their daily requirement from food.

Share this information with family and friends and help put the focus on prevention.

• Dr. Nelson is the author of the "Strong Women" book series. Citracal® is a product of the Mission Pharmaceutical Company.

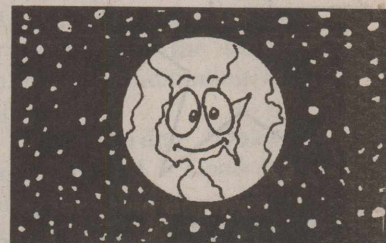




Depot Museum Host Volunteer Appreciation Ice Cream Supper at Pendleton Park, Tuesday, August 22. L/R Bill & Selma Pendleton, Pat Hartman, Richard Ragsdale, Stanley Pleyer, Ann Wells, Don Riffe.



Museum Volunteers: Elsie Pickens, Bess Stone, Dorothy Haile, Kathie Altman, Doris Pleyer, Bill & Selma Pendleton.



The earth's atmosphere is only about 21 percent oxygen. Seventy-seven percent is nitrogen.

### Dogs, hogs and horses...

**AMARILLO** - Thousands of four-legged critters will have a temporary home during the 2005 Tri-State Fair & Rodeo.

Dogs, hogs, horses, sheep and cattle are just a few of the animals that will be shown in Tri-State Fair agriculture competitions. The livestock and youth competitions are a core part of the 82-year Tri-State Fair & Rodeo tradition.

"This year we're seeing an increase in the number of youth heifer, hogs and goats," said Virgil Bartlett, Tri-State Exposition General Manager. The deadline for all livestock entries is Thursday, Sept. 1.

The Following is a list of some of the agriculture competitions.

Sept. 17-

- NCHA Cutting Show- 8 a.m. in the Bill Cody Arena
- Bantams Judging- 9 a.m. in the Rabbit Building
- 4-H & FFA Livestock Judging Contest- 9 a.m. in the Ag Pavilion
- Junior College Individual Livestock Judging- 9 a.m. in the Ag Pavilion
- FFA & 4-H Ag Mechanics Judging- 10 a.m. in the Ag Pavilion
- Youth Heifer Show- Noon in the Glenn McMennamy Building
- Youth Barrow Show- 4 p.m. in the Ag Pavilion
- RCHA Cutting Show- 5 p.m. in the Bill Cody Building

Sept. 18-

- NCHA Show- 8 a.m. in the Bill Cody Building
- Youth Lamb Show- Noon in the Ag Pavilion

Sept. 19-

- Longhorn Show Halter & Non-Halter Cattle and Trophy Steer- 8:30 a.m. in the Glenn McMennamy Building
- Donkey & Mule Show- 9 a.m. in the Bill Cody Building

Sept. 20-

- Black Angus, Red Angus, & Shorthorns Show- 9 a.m. in the Glenn McMennamy Building
- Youth Market Goat Show- 4:30 p.m. in the Ag Pavilion

Sept. 21-

- Boer Goat Show- 8:30 a.m. in the Ag Pavilion
- Stock Dog Trials- 1 & 6 p.m. in the Bill Cody Building

Sept. 22-

- AQHA Versatility Ranch Horse- 10 a.m. in the Bill Cody Building

Sept. 23-

- Open Dairy Goats/Jr Does Shows- 9:30 a.m. & 1:00 p.m. in the Ag Pavilion
- Youth Rabbit Show- 6:30 p.m. in the Rabbit Building

Sept. 24-

- Range & Pasture Plant I.D. Contest- 8 a.m. in the Amarillo National Center VIP Room
- Quarter Horse Show- 8 a.m. in the Bill Cody Building
- Youth Sr. Doe Show- 8:30 a.m. in the Ag Pavilion
- Youth Steer Show- 9 a.m. in the Amarillo National Center
- Open Rabbit Show- 9 a.m. in the Rabbit Building
- Open Dairy Goat & Sr. Does Show- 9:30 a.m. in the Ag Pavilion
- Youth Steer Champion Announced- 7 p.m. in the Amarillo National Center

## Good Luck Stratford Elks



The Dalhart Animal Rescue Shelter needs your old blankets, towels, & rugs for the dogs and puppies. If you have any that you would like to provide them, please contact Linda Reimer at 244-6326 (leave message) or 249-5333. You can also drop them off at the shelter.

The Dalhart Animal Rescue Shelter ("no kill" facility) currently has over 100 dogs and puppies available for adoption. These dogs are all sizes & range in age from 4 weeks on up. The older dogs have been spayed and/or neutered & have their shots. These dogs need a good

home.

We are also seeking responsible individuals to provide foster care for the dogs. If you feel you would like to take one or two and care for them for a couple of months, we will provide thee food. All of these dogs have had their shots and are looking for lots of love. Please contact Diane Trull at 244-3216 for additional information.

### Treat'n Troops

Our troops need our thoughts and prayers...and care packages. These items will be packaged and sent to a specific local soldier who will in turn distribute them to troops in his platoon/unit.

**Camouflage Aqua Cool Scarf**  
White crew type socks (packages in mens and ladies sizes)

Small packs  
Gatorade/tea/Crystal Lite etc. (this is a powder)  
Travel size packages of wet wipes

Lotion/shampoo/soap-hotel size (conditioner is not needed)

Disposable razors  
Travel size toothpaste  
Toothbrush

Eye drops (small)  
Hand sanitizer (travel size)  
Lip balm (Carmex in a tube is preference)- Paperback books & playing cards

Foot powder (small) Gold Bond, Baby powder, etc.  
Beef Jerky

Sunflower seeds, peanuts, etc.  
Gum  
Snack foods  
Band Aids  
Q-Tips  
Pens & Pads  
CASH for postage  
AA Batteries

We will build packs from your donations. You can donate one thing or several. The average cost for a mailing is \$300. Your cash donation will help with postage and needed supplies. Checks can be made to Treat'n Troops. All funds will be handled through the First United Methodist church. Donations

may be mailed to the church or to Sue Hudson. Drop boxes will be at the local churches or you may call 366-5916 or 396-2178 and your donations will be picked up.

If your organization is interested in providing a particular item, please call Sue Hudson for more information on items that can be donated in bulk.

### Patronage Cash Return to Great Plains Ag Credit Stockholders Reaches New High

The Board of Directors of Great Plains Ag Credit has declared a \$1.376 million cash patronage payment to its stockholder owners and borrowers. The distribution is the highest of record for the lending cooperative and is more than double last years' distribution, according to Mike McLain, the Board Chairman from Gruver. Since the 2000 year, \$8.3 million of GPAC earnings have been allocated to members and \$3.6 million in cash distributions have been paid. McLain added that the patronage allocation program, which defrays interest costs, is a strong cooperative benefit to producers.

GPAC, which is headquartered in Amarillo, provided short-term loans through its Production Credit Association and real estate loans through its Federal Land Bank Association throughout the panhandle and upper South Plains. GPAC has loan assets of approximately \$250 million; and maintains other loan offices in Plainview, Dimmitt, Dalhart, Dumas, Friona, Olton and Muleshoe. Other directors are Dennis Anthony, Vice-Chairman of Friona; Danny Detten, Panhandle; David Doshier, Vega; Earl Harkins, Hereford; Dwight Teeple, Lockney; and Terry Sherrill, Outside Director from Gruver.

The Stratford Star will be closed on Monday, Sept. 5<sup>th</sup> for Labor Day early deadline is Friday at 2 p.m.

## Chamber News

By Patty Tims

### OFFICE HOURS

Office hours have changed again; I have added another class and will be taking 18 hours this semester. The hours are as follows: Monday & Wednesday 3:30-5:00 p.m., Tuesday & Thursday 1:00-5:00 p.m. Friday 9:30-12 noon and 1:00-5:00 p.m.

If you need to contact the Chamber office, please call and leave a message and I will get back with you as soon as possible. Thank you for your patience while I attend school.

### PHEASANT HUNT

Once again it's time to start preparing for the annual Pheasant Hunt. Farmers, this is your opportunity to consider leasing land for the hunt. This year will be a two week hunt, starting with opening weekend. The bird crop this year is abundant and this is also an opportunity to make a few extra dollars off your fields. Please consider this request. If you wish to lease land for the hunt, please contact the chamber office.

### RANCH RODEO

This years Ranch Rodeo was a great success, the Chamber would like to say thanks to Sheriff Jack Haile for sponsoring the Calf Scramble. Thank you Jack and to all the other supporters. Without the support from local businesses and citizens, this event and all Chamber events would not be possible.

## CHILD FIND.....



Is the ongoing process of locating children With disabilities from birth through age 21.

If you suspect your child has significant delays in learning, behavior, motor skills, speech, vision or hearing contact your school district (806) 366-3320

### 504 CHILD FIND NOTICE

Pursuant to Section 504 of the Rehabilitation Act of 1973, Stratford ISD has a duty to identify, refer, evaluate, and if eligible, provide a free, appropriate public education to disabled students. For additional information about the rights of parents of eligible children, or for answers to any questions you might have about identification, evaluation and placement into Section 504 programs, please contact the District's Section 5-4 Coordinator Jessica Wheeler at 366-3324 or by mail at P.O. Box 108, Stratford, Texas 79084.

God made time, but man made haste.

—Irish proverb

### AVISO DE IDENTIFICACION DE ESTUDIANTES INCAPACITADOS BAJO LA SECCION 504

Bajo la Seccion 504 del Decreto de Rehabilitacion de 1973, Stratford ISD esta obligado a identificar, referir, evaluar, y propocionar servicios educativos apropiados y gratuitos a los estudiantes incapacitados que califican bajo esta ley. Si usted desea mas informacion sobre los derechos de padres de ninos incapacitados, o si tiene preguntas sobre la identificacion, y colocacion de ninos en el programa de Seccion 504, favor de ponerse in contacto con el Coordinador de 504 del Distrito Jessica Wheeler, al numero 366-3324 o por correo a la siguiente direccion: P.O. Box 108, Stratford, Texas 79084.

Spring has Spring  
Spring in for Great CD Rates

6 mo. 3.02% APY \*  
12 mo. 3.53% APY \*  
24 mo. 4.04% APY \*

FDK

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423 Broadway TRIBUNE - ELKHART 432 Morton Street  
Tribune, KS 67879 Elkhart, KS 67950  
620-376-4228 620-697-2101

\*Annual Percentage Yield. Minimum deposit of \$100.00.  
Early Withdrawal Penalty may apply. Special expires April 30, 2005