# Ine Stratford Star 

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Number 31, August 18, 2005

Fellowship of Christian Athletes

Fellowship of Christian Athletes, Friday, August 19 at the City Park from
7-9
p.m
veryone Welcome $-6^{\text {th }}-12^{11}$ Everyone Welcome - ${ }^{\text {G }}$ - 12
Grade. Come enjoy a band,

Study Club Selling Elk Banners

Prospectus Study Club selling This for the Scholarship Fund. annually to graduating seniors Prospectus has heen providing Stratford with college scholarships since The banners will cost $\$ 30.00$ Prospectus member, or you can contact D'Lynn Reed or Patti

## SEASON

FOOTBALL
TICKETS ON
SALE NOW
The 2005 Football Season is upon us...two-a-days began on Monday, August 1 and the Elks are eager to play ball! Season football tickets will go on sale ffice of the Superintendent. Office hours are Mon-Fri, 8:00 a.m. to $4: 00$ p.m.

Seating will be held for previous owners until Thursday, August 25 . After that date seats will be sold on a first come first serve basis.
There are

5 home games this Coar. Adults: $\$ 15.00$
Child- $\$ 10.00$
We are hoping for another great
season and the Elks look forward to your support. For our seat call Penny at 366 your seat call
3305 . Go Elks!

PRAISE SERVICE 7:30 P.M.
Each Wednesday
County Barn

## 2005 Football Shirts On Sale

The 2005 Football Shirts are now on sale. Pick-up an order call $366-3324$. Orders must be turned in by August $19^{\text {th }}$

Lunch and Learn Meeting Thursday
Lunch and Learn TEEA will meet Thursday, August 18 at 12 the County Extension Office The program will be "Which Diet is the Best". All members are invited and guests are welcome also.
Lunch will be served at a cost participants are asked to call the Exticipants are asked to call the
Extension Office at $366-2122$ by $5: 00 \mathrm{p} . \mathrm{m}$. Wednesday, August 17 so that adequate preparations can be made. Educational programs conducted by the Sherman County Office of Texas to all citizens without regard to race, color, sex, disability, religion, age or national origin.
ind Farm Bureau Queen


Shown above left is Sherman County Farm Bureau QueenCalli Hamilton, Cheyenne Zieman-Participant and Sherman
County Farm Bureau Talent-Heather Seiler. They will go on to compete in the District at Borger.

## 4-H Achievement

 Banquet August 22 By Susie SpurlockSherman County 4-H'ers will be recognized for their accomplishments at the annual
4-H Achievement Banquet to be 4-H Achievement Banquet to be
held August $22^{\text {nd }}$ at the Sherman County Exhibit Building. A hountight of the evening will be the announcement of the 2005 Gold Star Award recipients, the highest honor given to a $4-\mathrm{H}$ member. The banquet will begin at
7:00 p.m. with covered dish 7:00 p.m. with covered dish
meal. The banquet is being meal. The banquet is being
coordinated by adult leaders Desiree Davis and Cindy Dickenson. These leaders are being assisted by members of the Sherman County $4-\mathrm{H}$
Council. Council. The planning committee and 4-H Council members will meet on Sunday, August 21 at $1: 00$
p.m. to decorate for the p.m. to decorate for the
banquet. For more information, contact Susie Spurlock at the Sherman County Extension Office at 366-2122.

## XIT A\&N Club

 to Meet Aug- 20XIT A\&M Club Ice Cream Social at Veterans Memorial Park in Dalhart on Saturday, August $20^{-1}$ at 6 p.m. Bring your
favorite ice cream or dessert. Friendly Home Program August 25 By Susie Spurlock
Owning a home is part of the American Dream. However, as we get older, our American change to accommodate our changing bodies. Whether you own or rent your home, keep in mind the fact that you may have
special needs as you grow older. special needs as you grow older.
To assist Sherman County residents in knowing how to make their homes more accommodating, Home Friendly Home, will be presented on Thursday, August 25 at $1: 30 \mathrm{p} . \mathrm{m}$. at SCOT Hall in Stratford.
The educational program will on universal design principles, how to make simple, relatively low-cost home improvements that can make their home easier to live in. Program participants will be able to identify risks associated with falls in the
home. Connie Biddy and Susie Spurlock will be leading the discussion and exhibiting articles that can be purchased locally to make homes more friendly.
For more information, contact Susie $\quad$ Spurlock, County
Extension Agent for Family and Consumer Sciences at $806-366$ 2122. Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability,
or national origin. or national origin.


## Gomez

Interview
By JA Lasley
Recently I had the privilege in visiting with Sergeant $1^{\text {si }}$ Class Alfonso Gomez, Jr. affectionately called "Jr." He graduated from Stratford High
School. He traded a football School. He traded a football
scholarship to scholarship to join the Army, 13
years ago. years ago.
I wanted
1 wanted to learn first hand Iraqi War and Jr. was all that I expected.
My first question was "Was this war necessary?" (Jr.)
"Absolutely this war was and is! "Absolutely this war was and is! Take what we learned with 911 ,
do we want the enemy to come do we want the enemy to come
here (again) on our American here (again) on our American
Soil with car bombs parked out and about our public schools killing innocent children? I don't want my three boys facing
this kind of murder." this kind of murder." Next, what opinion did he
have regarding the have regarding the media?
"Well they seldom tell what "Well they seldom tell what
training side by side with Iraqi's learning how to deal with becoming an independent country, or we soldiers giving the youngsters a simple pencil. It's a prize, for it means education-freedom! Instead the media gives only numbers of
comrades lost in battle; comrades lost in battle; as 1 did and volunteered to defend the United States of America. I hurt for their loss of fine young men and women, but
I honor them." I honor them."
Then I asked Jr. "Is President
Bush and his cabinet doing their Bush and his cabinet doing their
job?" (Jr.) "Absolutely. Let me Job. (Jr.) "Absolutely. Let me
ask anyone-do we want bloodshed here on American soil? We had 911 and look what is taking place in Great Britain. In order to keep the fighting elsewhere, we as the Armed Forces are there protecting, my family and yours. Absolutely our President is and has been on
rack these two years plus, and rack lhese two years plus, and
we are in for as long as it takes. we are in for asing with the Iraqi
We are work people to help themselves. It will take time, bloodshed, losses, but our enemies will be defeated. Trust me. We are doing a darn good job! The
'bad' Muslims hate the world 'bad' Muslims hate the world
that practices Christianity that practices Christianity.
There are however some very good Muslims that I have


Back to School Hamburger Supper Held
A Back to School Hamburger supper was held on Monday, August $15^{\text {th }}$. The supper was held in the High School Cafeteria. After the supper the community was invited to meet the high school
Elk Football teams, the Lady Elk Cross Country team and the Cheerleaders. Ice cream was served by the cheerleaders.


Only 129 mose day until Chistmar, 2005
Stratford ISD
"Gold Card"
Available to those 62 years of age \& above

Cooking School To Be Held
unray Lions Club 37 ${ }^{\text {th }}$ Annual SUNRAY FUNDAY

Stratford ISD is proud to offer a "Gold Card" for all citizens older. This card will admit one person to all "home" UIL "Gevents. You may pick up a "Gold Card" in the Office of the Superintendent Monday-Friday
from 8:00 a.m. to $4: 00$ p.m. We would be happy to mail you one by calling us at $366-3305$. The Stratford ISD appreciates your support of the students and faculty of this district. We look forward iò seeing you this year. "Gold Cards" are good for a lifetime, unless lost or damaged. Gold Cards are not for the
Reserved Football Seating Section. Those tickets must be purchased.
worked with. They are seeking
peace, the same as we
Americans."
1 asked him. "When will it
end?" (Jr.) "A time table is not
endi. (Jr.) "A time table is not
losses, but every soldier that
volunteered as I did when we
took the oath to protect America
and what it stands for
Jr. and ! lis wife Mandi, Reese
Rowan and Walker live in
Fayetteville, N.C
Fayetteville, N.C. and Jr is
stationed at Fort Bragg, North
stationed
Carolina.

Needing assistance in preparing low fat, low sodium, dishes and meals? Come join Cooking Well with Diabetes Cooking School to be held in
Stratford August 16 Strat ord August $16,23, \& 30^{\text {th }}$. The Three week cooking
school will focus on food preparation skills with less fat preparation skills with less fat,
sugar, cholesterol and sodium. The cooking school will be conducted from 6:00-8:00 p.m. in the home of Susie Spurlock, County Extension Agent for Family and Consumer Sciences.
Cooking Well with Cooking School is designed to help not only the person with diabetes, but also anyone who prepares food for those with diabetes. Cost of the school is $\$ 10.00$ per person and is limited to 8 participants.
Extension educational programs conducted by the
Texas Cooperative Extension serve people of all ages serve people of all ages
regardess of socioeconomic level, race, color, sex, religion, handicap or national origin. For more information or to enroll in the class, contact the Orfice at County Extension by 701 N. $3^{\text {rid }}$ Street in Stratford. Registration deadline for the class is August $12^{\text {th }}$. S Texas on August 20, 2005 for the 37 annual Sunray Funday Main Street kicks off down events beginning at 10.00 am . Following the parade. the celebration will move to a new location this year, the Sunray Community Park on E. $7^{\text {ti }}$ will beet. NOTE: shutle serviee Lions we available. The Sunray famous barbe serving their BEAST. Moore Counts longest rural mobite cooker Serving will begin promptly at
$11: 27$ 11:27 a.m. and continue until 1:07 p.m. With every barbecue eceive purchased, you will also RCA TV dinnate to win a 32 in Sunray. Ticket proxson's $\$ 6.00$ in advance and $\$ 7.00 \mathrm{om}$ Funday. There will be games, entertainment, food, crafs, and much more. A variety of booths for cratts, games,
available for rental
So bring your lawn chairs and blankets and join in the seeing you in Surray on August seeing
20.
For
For more information contact: Funday Chairman-Steve Pierson at 948-1414. Booth Rental-Greg Smith at $948-4111$ and Parade
entry-H.A. Carter at $948-4121$.

THE STRATFORD STAR
Thursday, August 18, 2005
Page 2

## ELK TALES

By Lynda Hauser
Welcome to Elk Tales.
Hopefully this will be a weely Hopefully this will be a weekly
column about activities at columin aibo
Stratford ISD.
The teachers are back at Nork. We started Mondiay.
Angust \& We had In-service Alyss and a Teacher Work Day. We have several teachers and aides who are new to the school.
They include Clint and Cinds Seward. Harletta Carthel. Kristi Walden. Mettie Judd. and Norma Ruiz. They will be an asset to our school and community. and we are looking forvard to working
with them Be sure to welcome them when sour see them. We also welcome Mr. Gilliliand as our new Superintendent.
The School Board fed the
Stratford commumity hamburgers Stratford commmity hamburgers Mondia. August 8 . and we were all introduced to the Varsity and
IV football teams and the Varsity: Checrlcaiders.
The staff lunch Thursday was furnished by Happy. State Bank: The Student Council served a baked potato lunch on Friday: First State Bank of Stratford
hosted a picnic for all staff and their fancilies on Monday evening. August 15 , at the lovely country home of B.A. and LeRayne Donelson.
All the food was delicious and are want to say a big "Thank
you" to all who contributed Isn"t it great to teach in a sistem where the community is so appreciative"
The Cheerleaders are selling Football T-Shirrs and the students will bring home order
forms. Watch for them! forms. Watch for them! studring the Shurley sentence classification so they can utilize it throughout the year.
The staff of Stratford ISD is
looking forvard to a meaningful looking forviard to a meaningfulu
and productive and productive vear. We
appreciate our students. parents. and the entire commmum

Head Back to School Safely
Head Back to School
With These Auto Tips
By Trisha Hessinger
For NewsUSA
(NU) - Across America, stu(NU) - Across America, stu-
dents are jumping in their cars
and driving back to class. What better way to send your students
back to school than to arm them with proper car care knowledge
and a welland a well-
main a ined
vehicle?
The follow- Commentary
ing tips will help educate drivers about car
care and safety basics - an important part of every young driver's education. fluids. Ensure Check the fluids. Ensure
that the vehicle's main fluids are
routinely checked and filled to that the vehicle's main fuids are
routinely checked and filled to
recommended levels. The main recommended levels. The main
fluids are: antifreeze/cooolant, fluids are: antifreeze/coolant,
brake fluid, window washer flu-
id, engine oil, automatic transid, engine oil, automatic trans-
mission fluid, power steering fluid and gas.
$\cdot$
Pay attention to the tires. Stopping on wet roads can take up to four times longer than on
dry surfaces. Plus, if the tire dry surfaces. Plus, if the tire
tread is worn, the tires may hydroplane, or skim over the road with little or no traction. Help
avoid this situation by checking avoid this situat

- tires regularly.
ly inflate all four tires plus your spare, to the vehicle
manufacturer's recommended levels. Tires can lose up to 1
pound of air pressure per square pound of air pressure per square
inch per month. Use an accurate tire gauge to check tire air pressure monthly and only do it
when the car is cool - meaning when the car is cool - meaning
when it has been driven less than 1 mile or has not moved in at least three hours.
Tocheck the tire
Tocheck the tires' tread, per-
form this simple test in several form this simple test in several
areas of the tire: Place a U.S. penny into a tread groove with you can see the top of Lincoln's you can see the top of Lincoln's
head. the tire should be re-
placed. placed. Consider the owner's - Consider the owner's
manual the "textbook" for manual the "textbook" for
learning about the vehicle. Follow the vehicle manufacturer's
maintenance schedule in the maintenance schedule in the
owner's manual or pick up a free schedule at your local Ferestone Complete Auto Care center.
- Be ready for emergencie - Be ready for emergencies.
Keep an emergency kit it your Keep an emergency kit in your
car for any unexpected break-
downs or accidents downs or accidents.
Trisha Hessinger is a nation-
al spokeswoman for Firestone al spokeswoman for Firestone
Complete Auto Care's awardwinning Car Care Academy pro-
gram. For more information on gram. For more information on
the program, visit www.Master CareUSA.com.


## Letters To The Editor National Incident Management System 1 Remember

 I vividly recall VD Day When word came that theJapanese had surrendered I was working at Albert's Grocery on main where the First State Bank is located now. The church bells at First Christian Church was
located (where the parking lot located (where the parking lot
for the bank was located) as the bells rang people began moving from whatever they were doing
to climbing the steps to the church. There was no talking in side of the church, personal prayers were spoken silently and then foiks began going back to their jobs or to their vehicles
with happy hearts, the Japanese had surrendered. There was a feeling of victory. But to me it meant that Orland, my husband would be coming home as well as his brother Sam. It was a happy day indeed. I waited; it seemed at the time
for a very long time for a very long time awaiting a phone call. My dad hod ad across town at the home of my grandparents (where Allsups is now located) it was there that 1 got that most waited call. It was Orland calling to say they were on the
west coast but were taking the USS Drayton 366 to the east coast where it would be scrapped. By the time the Drayton arrived on the east coast Orland had enough points to be discharged (Sam was discharged 2 months later). Orland was discharged in
Norman, Oklahoma the first of September 1945.
While out to sea the Drayton was hit by the Japanese suicide early April was in late March or in Oakland for Drayton was Orland and Sam had first leave. The one thing Orland wanted to
do and did was throw a mushy snowball on the $4^{\text {th }}$ of May upon returning the Drayton and going
out to sea Orland received the Bronze Star for having saved three men's lives, one of the three was his brother Sam R This all occurred in April 1944.
Yes, 60 years Yes, 60 years ago is vivid in
my mind JA Lasley
ITS NOT TOO LATE TO SIGN UP FOR LOLLIPOP PRE-SCHOOL
Lollipop Junction Daycare is offering a Pre-School program for 3 and 4 year ollds. We
will be teaching from a Texas Education Agency appoved pre-shool curriculum. As


PRE-SCHOOL SCHEDULE

| $\mathbf{3 ~ Y r s . ~}$ | 4 Yrs. |
| :---: | :---: |
| T-TH | M-W-F |
| $9: 00-11: 30$ A.M. | $9: 00-11: 30$ <br> $\$ 50 /$ Month <br> w/c childcare |
| $\$ 75 /$ Month <br> w/o childcare |  |

For more information, a copy of the policy, and a complete handbook please contac
WOW...HAVE YOU SEEN THE NEWLY REMODELED LOLLIPOP FACILITY? STOP BY AND CHECK IT OUT.

We have some exciting new changes and discounts to offer for your auto insurance:

Power deductibles
YES discount for teens Bank draft discounts

## We also offer discounts for packaging

 your policies. Come by for a comparison. Agents, Diane and Patty, will work hard to save you money.ALIEN-TARVER INSURANCE
AGENCY
205 N. MAIN 806-396-5810 or 5513

## Simple Steps to Refuel While <br> On the Go

 of respondents indicated that theyeat meals or snacks eat meals or snacks on the go ond
60 percent do so on a daily basis. The survey took place between
April 11 and April 13, 2005; its April 11 and April 13, 2005; its
margin of error is plus or minus 3 margin of error is p . The survey results also show
that many people cite on-the-go ac that many people cite on-the-go ac-
tivities - traveling for instance tivities - traveling, for instance -
as reasons for falling off of the as reasons for falling off of th
health-and-wellness wagon. While a hectic schedule can
hinder your efforts to eat well hinder your efforts to eat well
small adjustments to your daily small adjustments to your dail
routine can greatly contribute to routine can greatly contr
overall healthy living.
Carolyn O'Neil,
Carolyn O'Neil, a registered Dish on Eating.Healthy and " Be-
ing Fabulous! " ing oabulous!!", says that small changes can lead to long-term
success as they gradually become success as they gradually become
part of your everyday lifestyle.
She offers the following tiply phart of your everyday lifestyle
maintains the following tips on healthy lifestyle in maintaining a healthy lifestyle in
spite of a hectic schedule. - Develop a plan for healthy eating on the go. Pack foods rich
in vitamins and minerals, such as in vitamins and minerals, such as
fruits and vegetables, che ase fruits and vegetables, cheese
sticks, nuts and ZonePerfect Nusticks, nuts and ZonePerfect Nu-
trition Bars. All of these can
be stored in be stored in your briefcase
backpack or purse.
backpack or purse.
A Alttle exercise throughout the day goos a longo way.
Taking the stairs burns five times Taking the stairs burns five times
more calories than hopping on the elevator or escalator. Keep walking shoes in your car or at
your office and fit in a lunchtime your office and fit in a lunchtime
or midafternoon power walk. After work, continue physical ac-
tivity by playing with the kids tivity by playing with the kids or taking the dog for a nightly
stroll. ${ }_{\text {stroll }}^{\text {a }}$ Ch
sweet ethoose treats that are survey - also found nutrititious. The 96 percent of American adults crave snaeks. at some point during the day.
Fresh-cut strawberries dip Fresh-cut strawberries dipped in
low-fat or nonfat yogurt, apple low-fat or nonfat yogurt, apple
slices slathered with a tablespoon
of slices slathered with a tablespoon
of peanut butter or, for chocolate lovers, Chocolate Caramel Cluster ZonePerfect Nutrition Bars
are great-tasting, nutritious and are great-tasting, nutritious and
protein-packed options that will satisfy your cravings.


Colorado Peaches Peaches Tell your fricuds! From Palisade!

Straight from the grower to you
Free ripe, Juicy and Bursting with flavor. Refrigerated. Semi-Load Also Bartlet Pears
18\# Box $\$ 18.75$ 18\# Box \$18.75 970-314-1469
Visit us on the web @ www.CunninghamPeaches.com
Alco Lot-Dalhart, Friday, August 26 8:10-5: 141
BOBBY EDMOND HORSE SALES


Everyone is invited to celebrate Bernice Stublefield's 90th Birthday
Sunday, August 21st First Christian Church 2:30-4:00 p.m.
A special invitation To "her" kids from yesteryears. And their working parents. Your presence will be greatly appreciated. No gifts please
15 Years, 4500 Babies In Dumas
Nomen's Health Center
Normal and high risk pregnancies
Gynecologic cancer screening
Breast cancer screening
Infertility and family planning
Menopause and hormone problems

## Extra Coats?

Have your children
outgrown their coats? We'll be Happy to take 'em! Bring new or gently used coats to Happy State Bank or the Cleaning Station for Coats for Kids We need all sizes


HAPPY STATE BANK


## Engagement Announced

Raymond and Gail Winter of Borger announce the Samarah Danee' Winter of Amarillo to Michael Welch Meil, also of Amarillo, son of Dwayne Meil of Amarillo and Teresa Mercer-Meil of Amarillo. The couple plan to wed on Saturday September 3, 2005 at Galbraith House Bed \& Breakfast Inn in Amarillo. The bride graduated from home school from B.S. in Christian Ministry from Cornerstone Theological University of Jerusalem, Israel. Samarah is presently owner of Amarillo Travel, Amarillo. The groom graduated from Stratford High School Graduated with a B.B.A. in Finance
from Texas Tech University of Lubbock, He is presently employed at First Bank Southwest. Michael and Samarah ar currently involved in several nistries at Trinity Fellowship Amarillo.

## Kerrick News <br> By Marylou McDanie

Recent visitors in the area were Alvin \& Dayle Harris of Beaver, OK and Gary \& Vicki
Thompson of South Dakota, former residents. Brady, Trisha, Reed, acred's Spread in Colorado ThursdaySunday. They went to the top of Bishop's Castle. Was nice and cool there and was cool here
when they came home. when they came home. Marylou
Betty Henry \& Ma Aug. 4-8. They were joined by Patti McDaniel of Denver. They saw where $t$ he big fire started. Looked like big, black toothpicks where trees had
been. Also attended the Arts \& been. Also attended the
Crafts Show at Beulah. Jo June McDanial Clayton Aug. 12 to see Danielle Stanford and two year old Penny Jo. They were visiting from Pecos with Penny \& Linda Whitson. Recent visitor with Jo June was Betty Fry of Texhoma.
Pat Boren celebrated here Pat Boren celebrated here
Aug. 12 birthday with daughter Aug. 12 birthcay with daughter
Kerry \& Kelly Carlisle and Kerry \& Kelly Carlisle and
Kevin \& Kole at Abernathy and Bill, Too.
The Crabtree family had a reunion Sunday at Kerrick Community Building. Nearly 60
attended. attended.
Going to Pontotoe, MS,
recently were Heath \& Kenna Collums, Roger \& Brandi Wells and Addie.


The Family of Don \& Betty Jacobs Cordially invite you to celebrate their $50^{\text {th }}$ Wedding Anniversary On Sat. Sept. $3^{\text {rd }}$ at Edgemont, S.D. Baptist Church. No Gifts Please




## Good Mood Food

## Creating Nutritious Snacks Kids Crave


enncorporate low-fat ingredi-
ents into your kids' favorite dishes
or create exciting new snacks
or create exciting new snacks.
Cover a whole-wheat English muf
Cover a whole-wheat English muf-
fin with a slice of low-fat cheese
and some tomato sauce to create a
healthy mini-pizza. Or, instead of
a sandwich, stuff a whole-wheat

cheese. Also, an unusual, fun treat
is "ants on a $\log$ "-fill celery sticks
with low- cate cheese or
peanut butter, then dot with milk
peanut butter, then dot with milk
chocolate-covered raisins.

sticks and bite-size pieces of raw
vegetables to dip in low-fat yogurt
 or peanut butter.

## kids love the taste and won't trade it on the school "blackton" during

ate a sweet treat kids can help lunchtime. In fact, according to the
Snack Survey, Raisinets ranked
 be a huge hit at lunchtime. A

$$
\begin{aligned}
& \text { good example is the following } \\
& \text { Trail Mix recipe with mik chooo- } \\
& \text { late-covered raisins, pretzels, }
\end{aligned}
$$

$$
\begin{aligned}
& \text { ping-using the opportunity to teamed up to } \\
& \text { teach them about nutrition-but } \\
& \text { alse in preparing their packed along snack. }
\end{aligned}
$$

alse in preparing their packed
lunches. If kids help, they will take
pride in their own creations and be
less likely to trade their lunch
less


## Rev. Walter Reed 5th \& Main $\quad$ Anger is Dynamite

Sunday School $9: 45$ am (nursery)
Morning Worship 10:45 am nursery)
No Sunday Evening Worship Service
 First United Methodist First United Met
Rev. Gene Weinette Rev. Gene Weine
520 N. Main Sunday School 9:40 am
Morning Worship 10:50 am Morning Worship 10:50 am
Junior High UMY 5:00 pm
Senior High UMY 600 Senior High UMY 6:00 pm
St. Joseph Catholic Rev. Dr. Johnson, Reiki Master 6th \& Pearl
Rectory $-366-5687$


Church of Christ
Ernie Maiwald
N. 3rd \& Chestnut
Sunday School 9:30

Sunday School $9: 30$ am Morning Worship 10:30 am
Evening Worship 5:00 p.m Evening Worship 5:00 p.m.
Wednesday Bible Study - 7:00 p.m. Amazingly, the Bible says, "Be angry, and yet do
not sin (Ephesians 4:26). The Bible also tells us not sin (Ephesians 4:26). The Bible also tells us
"outbursts of anger" are among the "deeds of the flesh" ( (*Galatians 5:19-20). The Bible exhorts you
to "let all bitterness and wrath and to "let all bitterness and wrath and anger...be put
away from you" (Ephesians $4: 31$ ). How can this away from you" (Ephesians 4:31). How can this
happen? How can you be angry and yet not sin? happen? How can you be angry and yet not
Here is a clue. "Tremble (with anger), and do not sin; meditate in your heart upon your bed, and be
still" (Psalm 4:4). The point is simple. When we get still" (Psalm 4:44). The point is simple. When we get
angry, we tend to attack others. We lash out at angry, we tend to attack others. We lash out at
them with a torrent of verbal abuse. The batter part of wisdom is to "be still." We should bite our tongues and keep silent. Why? The real sin comes.
in verbal abuse or worse yet in physical abuse. in verbal abuse or worse yet in physical abuse.
Anger can build into hate, which in turn takes Anger can build into hate, which in turn takes
vengeance. So you'd better watch out! You'd better remember the words of Jesus. "You have heard remember the words of Jesus. "You have heard
that the ancients were told, 'You shall not commit
murder; and 'Whoever commits murder shall be murder; and 'Whoever commits murder shall be
liable to the court.' But I say to you that everyone liable to the court.' But I say to you that everyone
who is angry with his brother shall be guilty before the court" (Matthew 5:21-22). Anger, which is not controlled, is a volcano. When it erupts, everyone

Calvary Baptist James Washburn

Sponsored by;
302 S. Main - 806-396-5335 Iv. message Sunday School - 10 a.m. Morning Worship - 11 a.m.
Evening Worship 6 p.m. Evening Worship 6 p.m.
Wed. Bible Study 7.30 p.m. First Baptist Brent Farney
702 N. 3rd Early Service 9:00 a.m.
Growth groups/Sun. School 10:00 a.m.
Late Service 11:00 a.m.
Grow .- Youth Group Tighty 7:00 p.m.
Wed.- Youth Group Teen Kids 7:00 p.m./Adult Choir 7:00
La Mision Bautista
Mision Bautista
401 S. Wall 396-5376
Domingo-(Sunday)
Estuela Dominical 9:45 am
Pemplo Hispano Eben-Ezer

Miercoles (Wednesday)
Servicios De Adoration 11:00 am
Servicio De Oraction 6:00 pm
Servicio De Adoration 6:00 pm
Estudio Biblico \&
Cuidamos
Kerrick
Pastor Roy Harris
Community Building
Sunday Morning - 11:00 a.m.
Sunday Evening-6:00 p.m.

the Museum. Don't miss this exhibit.

## 100 Years on the Ranch

Editors Note: Following is
week 2 in the series on week 2 in the series on
Prongers Brothers. Be sure and go by the Sherman see the Special exhibit on the Prongers. Hours 8 to 12 a.m. and 2 until 4 p.m.

After the death of Fred and Perce in 1961 their estate was Ivie then sold her interest to her hilfren. Altred and topa reorganized the partnership with their holdings to continue the operation as Pronger Brothers Ranch, adding another 2560 acres of deeded land. The peration consisted of over
8300 deeded acres and 3200 3300 deeded acres and 3200 aise registered Hereford cattle, wheat, grain sorghum and Hay .J. and Alfred were born on he Ranch and attended the pronged School before going to high school in Stratford. Alfred and served in the Anti-Aircraft Artillery during World War II, the brothers lived on the Ranch


## PARENTING

Families to Receive Free Child ID Kits at Sept. 3 Event


Wildland Fires By sandy williams
Due to the hot, dry conditions we experience in the Texas
anhandle, residents need to be extra cautious. Although wildland or grass fires are normally considered to be in the country and a distance from towns and cities, their fast movement and rapid spread can
impact homes and businesses on he edges of towns. Wildfire can the edges of towns. Wildfire can
strike home if you have not taken some steps to protect your house and property. The actions and precautions listed below are designed to help you prepare your home and property and lessen the threat of wildland fire damage
10 Simple Steps to Protect Your Home from Wildland Fire \#1 LPG tanks should be far enough away from buildings for fire. Keep area around tank ire. Keep area around tank
clear of flammable vegetation \#2 Store gasoline in an approved safety can away from occupied buildings.
\#3 All combustibles such as firewood, wooden picnic tables, boats, stack lumber, etc. should
be kept away from structures. \#4 Clear roof surfaces and g4ters regularly to avoid buildupters regularly to avoid buildas leaves and other debris. $\# 5$ Remove branches from tree to a height of 15 feet or more. \#6 $\ln$ rural areas, clear a fuel ength around the structures. 7 Have fire tools handy such as: ladder Iong enough to reach your roof, shovel, rake and a bucket or two for water \#8 have connected garden hoses at all sides of your home for
emergency use. mergency use.
\#9 Assure that you and your
family know all emergency exits family know all emergency exi
from your home. amily knows all emergenc xits from your neighborhood. During hot, dry periods you should be aware of the following things:
\#1 Know if there is a burning ban in plac
\#2 If you burn, contact Sherma County Sheriff Dispatch at 806 -$366-5551$ and give the location (city or county) where you fire danger for that time period, you will be advised.
\#3 If you burn, clear a large
area on the ground of any
area on the ground of any
combustible materials such as grass, leaves and scrap wood, burn only what you want to burn.
\#4 Do not leave your burn pile unattended
the ready.


If you lend someone $\$ 20$, and
never see that person again, it was probably worth it. -Autho
why the Sclater-Booths have
ilies and help spread awareness
of PKD. In the last year, Kirsten has helped organize an ARPKD
Chapter of the PKD Foundation world dedicated to finding the She also established Luke's
Team, which raised $\$ 45,000$ for
he Walk for PKD the Walk for PKD. This year, she
hopes to top that donation and
encourage other families to get Learn Mor The 2005 Walk for PKD is
scheduled for September 17 or 18 in cities across the country. While
teams raised more than a milion teams raised more than a million pushing for 1.5 million. The
money goes directly to funding research and raising awareness
for PKD and the millions of families battling the disease every Anyone can start or join a
Walk for PKD team. And if there's not a Walk nearby, friends
and families can participate in a their own. For more information
and to sign up for the Walk, visit www.pkdcure.org or call ( 800 PKD-CURE.

| Business <br> Directory | Stratford Hospital District <br> Coldwater Manor <br> Stratford Family Medical Clinic <br> Stratford EMS <br> Proudly serving the medical needs of Stratford and Sherman County |
| :---: | :---: |
| WALTER LASLEY \& SONS INC. <br> THE Feedyard Since 1953 753-4411 |  |
| Stratford Grain Co. Stratford 396-5541 Lautz 769-4485 4 North Main | Robert's Service Center <br> 400 S. Poplar <br> 396-2882 <br> Tires \& Batteries <br> Auto \& Lawn Mower Repair |
| CONSUMERS 201 Texas We Sell Seed \& Fuel Fermland - teeor-dMoerman Seeds \& Diamond Shamrock Products $366-2261$ | George Harding <br> Sewer \& Drain Cleaning Plumbing, Electrical, Remodeling, Painting 366-2206 |
| Stratford Auto Electric <br> 119 S. Wall, Stratford, Texas 79084 Phone 366-5941 366-5857 Alternator, Starter,-Magneto Repair Since 1964 | Allen-Tarver Insurance Agency Carolyn A. Tarver <br> Auto - Home - Life - Commercial Bus: (806)396-5810 ७ Res: (806) 396-2393 |
| Betty Brown's Medical Claim Service 605 S. Main P.O. Box 7 Stratford, TX 79084 806-396-2623 | Joe Flores Farm Bureau Insurance 396-5538 office 396-5389 home |
| Brown's Meat Locker Custom Wholesale \& Retail Meat Federally Inspected <br> Hwy 287 South | Jesse's Cun Shop <br> Gun Repairs © Sales © Cleaning Hous: Mon. Fri, 1730-2010 Jesse Resendes (806) 763-445 <br> 111 S. Maple <br> (806) 366-313\% Shop Stratford, TX 7908.4 |
|  |  |
| This Space Available Call 366-5885 | Tommy's Embroidery <br> 580-423-7718 <br> Texhoma, OK <br> 210 Hwy 54 West <br> Caps, Shirts, Jackets, Baby Blankets, Towels, Towel Wraps, School Logos, \& Much More! |
| TULCITTULIT <br> Big Town Selection $\star$ Small Town Friendliness <br> Wide Selection Frozen Food <br> Quainity Foods <br> Frosh Produce <br> Hwy 54 East <br> 396.5586 | This space available |
| This space available | Vac Taylos, Photograthy PO Box 27 1305 N Chestnut Stratford, TX 7908 806-366-2459 Weddings, Portraits. Etr. |
| This space available |  |

## Education NEWS \& NOTES

Tips For Freshmen Entering A New Chapter In Living And Learning

Half the interest of a garden is the constant exercise of the magination.
${ }_{* * *}{ }^{*}$ Mrs. C.W. Earle

| APS)-If there's a new collots of company. This fall, ons of homes across the or woman away to college for rst time. Not surprisingly, djustment to new living and ng conditions is felt by both $t$ and student. <br> re are some suggestions that help lessen your young stustress (and your own) during first months of college life. Have your soon-to-be college nt prepare a "needs" checkThen review the list together decide which items are sities. <br> Though DVD players, video systems, televisions and os are all popular on cambe sure to send your son or hter photos of friends and y. These will bring a touch me to campus and are good akers. <br> Computers (laptops are most ar) are a must. They're not or reports and research; hitthe books has taken on a savvy college and university nts, who are using digital ing tools to complete their work. <br> example, today your son or hter will be armed with an <br> of advanced, electronic als that were unimaginable vious generations. Textbooks incorporate a broad range of ble supplements that pronaterials for students. With tools, students supplement aditional textbook and class- |
| :---: |



New on campus? Photos of family and friends will help. So will the new digital tools that are available.
As professors and universities
attempt to meet the needs of an increasingly diverse student popu-
lation, publishers have also lation, publishers have also evolved their learning tools to keep
pace with changing curricula and learning styles. By incorporating
new digital tools into the curricunew digital tools into the curricu-
lum, professors are using the materials they believe will give their students the best education. - Encourage your student to study eary and often. Many stu tutors 24 hours a day, seven days
a week, which enables learning to a week, which enables learning to
extend beyond the library or a extend beyond the library or a
professor's office hours. The new professor's office hours. The new
tools also improve student success
because they offer individual because they offer individual
attention and help students to work at their own pace, focusin work at theiric own pace, focusing
on a specifict or skill until
it is mastered it is mastered. fortable with the digital world, are
increasingly intereste visual learning tools to engac, then. Now instructors, adminis a broad range of just that range of materials that do educational exp
(4) NOTICE OF PUBLIC MEETING TO DISCUSS BUDGET AND PROPOSED TAX RATE

The Stratford Independent School Distric $\qquad$ will hold a public meet ing at 7:00 PM August 30, 200 $\qquad$ in the High School Library at 503 8th Street, Stratford, Texas The purpose of this meeting is to discuss the school district's budget that will determine the tax rate that will be adopted. Public participation in the discussion is invited.
The tax rate that is ultimately adopted at this meeting or at a separate meeting at a later date may not exceed the propose the show the district publishes a revised notice containing the same information and comparisons set rate shown below unless the district publishes a revised notice contain
below and holds another public meeting to discuss the revised notice.


The bonds, and the tax rate necessary to pay those bonds, wete approved by the voters of this district.

| Comparison of Proposed Levy with Last Year's Levy on Average Residence |  |  |
| :---: | :---: | :---: |
| Avere Maret Value of Residences | Last Year | This Year |
| Average Taxable Value of Residences | \$ 20,753 | \$ 20,890 |
| Last Year's Rate Versus Proposed Rate per $\$ 100$ Value | \$ 1,4206 | \$ 1.48503 |
| Taxes Due on Average Residence | \$ 294.82 | \$ 310.22 |
| Increase (Decrease) in Taxes |  | \$ 15.40 |

Under state law, the dollar amount of school taxes imposed on the residence homestead of a person 65 years of age or older or of the surviving spouse of such a person, if the surviving spouse was 55 years of age or older when the person died, may not be increased above the amount paid in the first year after the person turned 65 , regardless of changes in tax rate or property value.

Notice of Rollback Rate: The highest tax rate the district can adopt before requiring voter approval at an elec$\begin{array}{ll}\text { tion is } \\ \text { excess of the rollback rate of } & 1.48617\end{array}$

## Fund Balances

The following estimated balances will remain at the end of current fiscal year and ate not or by a corresponding debt obligation, less estimated funds necessary for operating the district before receipt of the first state aid payment:

Maintenance and Operations Fund Balance(s) $\$ 686,866$
Interest \& Sinking Fund Balance(s)
s. 5,105

## Happy Birthday Blooms

(NAPS)-Everyone has a birthstone, but did you know that we ers originated during the 1800 s, when it was customary for calendars to depict each month with a ally, each month came to be represented by its own "birth flower." Nothing celebrates individual ity, or says "You're one of a kind,"
like a bouquet of birthday flowers
lit To help get you started, here's a st of birth flowers by month from
$\begin{array}{ll}\text { January: } & \text { Carnation } \\ \text { February: } & \text { Violet } \\ \text { March: } & \text { Daffodil } \\ \text { April: } & \text { Daisy } \\ \text { May: } & \text { Lily of the V } \\ \text { June: } & \text { Rose } \\ \text { Juny: } & \text { Sunnlower } \\ \text { August: } & \text { Gladiolus } \\ \text { September: } & \text { Aster } \\ \text { October: } & \text { Marigold } \\ \text { November: } & \text { Chrysanthe }\end{array}$

How do you keep beautifu


These flowers take the cake. Actually they are the cake and a beautiful way to say Happy Birthday. Floral expert Julie McCann Mulligan of 1-800-FLOWERS.COM rec cool location, away from drafts on an angle and add warm water and plant food to the vase every other day. Flowers should last approximately five
if properly cared for.
You can visit fr. 1800 flowers.com on the Web for beautiful selections
of birthday flowers including its of birthday flowers, including its
signature Birthday Flower Cake.

## 2005 Property Tax Rates

This notice concerns 2005 property tax rates for the listed entitites. It presents information about three tax rates. Last year's tax rate is the actual rate the taxing unit used to determine property taxes last year. This year's effective tax rate would impose the same total taxes as last year if you compare properties listed in both years. This year's rollback rate is the highest tax rate the taxing unit can set before taxpayers can start tax rollback procedures. In each case these ates are found by dividing the total amount of taxes by the tax base (the total value of taxable property) with adjustmen



MWA Donates School Supplies
Modern Woodman of America Camp 12423 held a school supply drive at their monthly meeting in July. Shown is Walt
Berry, MWA Agent, delivering the donated school supplies to Berry, MWA Agent, delivering the donated school supplies to Camp meeting is August $30,2005$.


## (2) =is minion <br> Statement of Increase/Decrease If SHERMAN COUNTY adopts a 2005 tax rate cqual to the effective tax rate of $\$$ $\$ 100$ of value, taxes would _INCREASE compared to 2004 taxes by $\$ 4914$.

## Schedule A - Unencumbered Fund Balances

$\qquad$

Type of Property Tax Fund
GENERAL FUND:
Balance
$\begin{array}{r}\$ 840000 \\ \$ 8000 \\ \hline\end{array}$
Schedule B - 2005 Debt Service


Schedule D - State Criminal Justice Mandate (For Counties)
The SHERMAN
 in the previous 12 months heginning JULY 1,2004 for the maintenance and operations cost of keeping
inmates sentenced to the Texas Department of Criminal Justice. SHERMAN County Sheriff hat provided inmates sentenced to the Texas Department of Criminial Justice. SHERMAN
information on these costs, minus the state revenues received for reimbursement of such costs.
full calculations at SHERMAN COUNTY TAX OFFICE
Name of person preparing this notice VALERIE MCALISTER
Title SHERMAN COUNTY TAX ASSESSOR-COLLECTOR

## Treat'n Troops

Our troops need our thoughts and prayers...and care
packages. These items will be packages. These items will be
packaged and sent to a specific local soldier who will in turn distribute them

troops in his platoon/unit. troops in his platoon/unit. | Camouflage Aqua Cool Scarf |
| :--- |
| White crew type socks | White crew type soct

(packages in mens and ladie

## sizes) Small

Gatorade/tea/Crysta
(this is a powder)
Travel size packages of wet
wipe
Lotio

$$
\begin{aligned}
& \text { size } \\
& \text { needed) }
\end{aligned}
$$

needed)
Disposable razors
Travel size toothpaste Toothbrush
Eye drops (small)
Hand sanitizer (travel size)
Hand sanitizer (travel size)
Lip balm (Carmex in a tube is Lip balm (Carmex in a tube is
preference)- Paperback books \& playing cards Foot powder (small) Gold Beef Jerky
Sunflow
Gum
Snack foods
Band Aids
Q-Tips
Q-Tips
Pens \& Pads
CASH for postage
AA Batteries
We will build packs fro
your donations. You your donations. You can
donate one thing or several. The average cost for a mailing
is $\$ 300$. Your cash donation is $\$ 300$. Your cash donation will help with postage and
needed supplies. Checks can needed supplies. Checks can
be made to Treat'n Troops. be made to Treat'n Troops.
All funds will be handled All funds will be handled
through the First United Methodist church. Donations may be mailed to the church
or to Sue Hudson. Drop boxe will be at the local churches or you may call $366-5916$ or
$396-2178$ 396-2178 and your donation will be picked up..... interested in providing particular item, please call Sue Hudson, for mor information on items that ca
be donated in be donated in bulk.

## Wellness

(NU) - The warm weather
means one thing: Sandal seameans one thing: Sandal sea-
son is here. Among other
heel-to-toe beaty heel-to-toe beauty tips, the
American Podiatric Medical Ammerican Podiatric Medical
Association recommends
that that you soak your feet and
then slough away calluses then slough away calluses
around the heels, balls and sides. around the heels, balls and sides
of your feet with a pumice
stone or foot file You stone or foot fille. You should
avoid using a foot razor to avoid using a foot razor to
shave away calluses because it
can easily cause infection and shave away caulusese infection and
can ermanent damage if used inpermanent damage if used in-
correctly, the APMA says. For more tips, visit www.apma.org.
.41123

- per per

| Garefor |
| :---: |
| Garegivers |

Stress-Busting Tips


STEVENSON \& SONS PEST CONTROL
Termite \& Pest Control
Yard \& Tree Spraying Control



Bring in $\$ 5$ worth of school supplies to any XIT Customer Care Center and receive $\mathbf{\$ 1 0}$ off any in store purchase.

## Sale begins August 1st and ends August 19th

Ask about the XIT School Rebate Program and how you can help your local schools earn money.

See your local school's supply list to find out what is needed.

## communications

401 North 3rd St. 366-3355
Some restrictions apply. See store for details.

## It Pays To Look In The

## Star Classifieds

Phone 366-5885


The Best Salesperson Around

| Legal |
| :---: | :---: |
| Not of |
| Notices |
| Week |

STRATFORD SECU
STORAGE
LEGAL NOTICEThis is to notify that the
contents in storage Unit $\# 203$

$\qquad$seized. Anyonas are nowseized. Anyone interested in
bidding on the contents shouldcontact Henry Harrison at thephone numbers listed below. Allbids will be confidential. Bidswill be finalized by $10: 00$
August $20^{\text {th }}$ of this yearAugust $20^{\text {in }}$ of this year.
Phnne
Published in The Stratford
Star, Thursday, August 11,
2005 and Thursday, August 18
2005.

Cards of Thanks


The Dalhart Animal Rescue The Dalhart Animal Rescue towels, \& rugs for the dogs and puppies. If you have any that you would like to provide them. please contact Linda Reimer al 244-6326 (leave message) or
249-5333. You can also drop 249-5333. You can
them off at the shelter. The Dalhart Animal Rescue
Shelter ("no kill" facility) Shelter ("no kill" facility) currently has over 100 dogs and puppies available for adoption. These dogs are all sizes \& range
in age from 4 weeks on up. The in age from 4 weeks on up. The older dogs have been spayed
and/or neutered \& have their shots. These dogs need a good shots.
home.
We are also seeking
responsible responsible individuals to to
provide foster care for the dogs provide foster care for the dogs.
If you feel you would like to take one or two and care for hem for a couple of months, we will provide thee food. All of these dogs have had their shots and are looking for lots of
love. Please contact Diane Trull

244-3216 for additional

## The General Store

## 515 N. Poplar, Stratford

Convenience, Service, Selection-in your neighborhood!


We have a great selection of farm supplies!

Stock Tanks T Posts Barbed \& Barbless Wire

We also have floats, tank heaters, and automatic valves.

Cattle panels and cedar posts!
Don't See What You Need, Ask, If We Don't Have It We Can Get It

(806)366-5308 Fax(806)366-5338 Do It Best. Com

## Ranch Rodeo Shots



Rafter S Team-Joe Shadle,
Josey Shadle, Brad Shadle, Randy Crump \& Wes Mason.
J Lazy 6-Henry Elam, Herman
Elam, Cody Elam, Bruce Elam Elam, Cody El
\& Brady Pool.
${ }^{\text {st }}$ place Rocking J: Jimmy Boyd, Gabe Hill, Shawn
Spinar, Jarrett Adams. J Lazy 6: Henry Elam, Herman Elam, Bruce Elam, Cody Elam,
Brady Pool. $3^{\text {rd }}$ Place Rafter S Brady Pool. . $^{\text {rd }}$ Place Rafter S:
Joe Shadle, Josey Shadle, Brad Joe Shadie, Josey Shadie, Brad
Shadle, Randy Crump, Wes Mason.

Event Winners: Team Roping sponsored by Stratford Grain, winner: Rocking J: Jimmy Boyd, Gabe Hill, Shawn from Dalhart. Wild Cow Milking sponsored by XIT
Communications, winner: Crutch Ranch; Jake Mitchell,
 Casey Maxwell, Ken Collins, Randy Maxwell, and Luke
Lucero, from Borger. Team Lucero, from Borger. Tea
Branding
sponsored Branding sponsored by by
Sherman County Development Sherman County Development
committee/Double Mugging sponsored by Frische Brothers
Fertilizer Inc., winner: Rafter S: Joe Shadle, Josey Shadle, Brad Shadle, Randy Crump, Wes Mason, from Clarendon. Cimarron Feeders, winner: Gary Clements, Roy Don McCracken, Cody Lawrence and Shannon Anderton, from
Stratford. Stratford.

Sponsors for this years Ranch Rodeo: Cattleman's Livestock COmmission, FSB of Texhoma, Feeders, Stratford Grain,
Bobby Edmond Horse Sales, Bobby Edmond Horse Sales,
Joe Pete Flores, XIT $\begin{array}{ll}\text { Joe Pete Flores, } & \text { XIT } \\ \text { Communications, A\&I } & \text { Parts, }\end{array}$ Fommunications, A\&I Parts, Federal Sovings \& FNB Federal Savings \& Loan, FNB
of Dalhart, United Supply, Phil of Dalhart, United Supply, Phil
Like Motors, R\&R Machine Like Motors, R\&R Machine
Works, XIT Concrete, J\&L Morks, XIT Concrete, J\&L Well co., Bain Tire, Econ
Langsford, Frische Brothers, W alter Lesley \& Sons, Eden CPA's, W\&C Land \& Cattle Co., Happy State Bank \& Trust, Gaskill, Pharis \& Pharis, Sherman County Development committee, lowa $\underset{\text { Texhoma }}{\text { Vet Suply, McBryde Farms \& }}$ Livestock Texhoma


Gate Prize Sponsors: The Red Door: Tiffani Hudson, Let's
Make Arrangements: Linda Young, El Rancho and Tevebaugh Vet Service; Sherree
Langen
Tevebaugh,
Chevrolet: Langen, EI Burro Loco, Brook's Video; Becky Brooks, Great Lengths: Cynthia Henley \& Mika Bell, Hair Creations: The Stratron Cent The Stratford Chamber of Commerce would like to thank this years Ranch Rodeo. Eithe by sponsorship, donations, time and assistance. Some special people who assisted this yea were: Keith Whatley, Jarred Roeann Lopez and Lynn Allen. Thanks to all.


