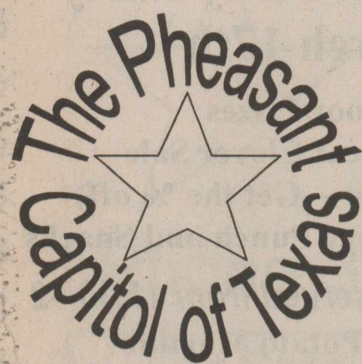


Sherman County Museum 7 /05
Box 1248
Stratford, TX 79084



The Stratford Star

75 cents

Published for over 100 years in Stratford, Sherman County, Texas 79084 usps 523

Number 11 March 17, 2005



Panhandle Days in Austin

Attending Panhandle Days in Austin; L/R Sean Hardman, George Harding, P.J. Pronger, Lonnie Robbins, Mayor of Pampa, Mayor David Brown.



THE General Store Celebrates 18 Years

THE General Store held their Grand Re-Opening of its new store addition and their 18th Anniversary on Wednesday, March 9, 2005. They had an excellent turnout for their big day. Shown above are Ronnie and Zelda Pickens recutting the ribbon as a Chamber Member. Congratulation's! Hope you have another 18 years + in your business. We appreciate you.



Stratford Citizens attend Panhandle Days in Austin, March 1, 2005. L/R: George Harding, Mayor Pro-Tem; Gaynelle Riffe, Chamber of Commerce; Sean Hardman, City Manager; Mayor David Brown.

Happy St. Patrick's Day
March 17th

Attention Junior Parents

Junior Parents-We will be meeting Tuesdays and Thursdays at 7:00 p.m. at Wesley Spurlocks barn on Beaver Road next to the Ambulance Building. We NEED all Junior Parents to be there.

Community Easter Services-March 20

Community Easter Services will be held on Sunday, March 20, 2005 at 7 p.m. at First United Methodist Church. With Brent Farney as the speaker.

Relay For Life

Relay for Life is an event to help raise money for the American Cancer Society. It is a community wide event and all are asked to participate.

TEAMS ARE NEEDED TO MAKE THE EVENT POSSIBLE. Our goal is to have at least 15 teams with 10-15 members on a team. If interested in being a team captain or being on a team, contact Desine Garza at 396-5336 for more information. **HELP STOMP OUT CANCER!**

Cowboy Church Held Wednesdays

Cowboy Church will meet every Wednesday at the County Barn at 7:30 p.m. Everyone is welcomed to attend

Library to Close Early on March 21

The Sherman County Public Library will close early on Monday evening, March 21, 2005 at 6:30 p.m. for the CASA meeting which is being held at the library.

Trustee Election May 15, 2004

The Stratford Independent School District will hold a trustee election May 7, 2005 to fill two positions.

Early voting by personal appearance will begin Wednesday April 20, 2005 and will end Tuesday, May 3, 2005. Early voting will be conducted in the Business office Monday through Friday from 8:00 a.m. until 4:00 p.m. each day

Board members whose term will expire are Ricky Reed and Joe Reinart. Holdover members are Gared McBryde, Patti Vincent, Brent Spurlock, Steve Hays, and DeWain Trayler.

Candidates are Joe Reinart, Ricky Reed, and Barney Wilborn.

EQIP SIGN-UP

An EQIP sign-up is underway to cost share conservation practices on farms and ranches. Sign up will continue through March 18, 2005 for Sherman County.

Call the NRCS office for an appointment at 396-5517 ext. 3. Cost share is available for livestock water facilities, grass seeding and cross fencing and windbreaks. Irrigation practices include pipeline, sprinkler upgrades to LPIC and LEPA systems, new sprinklers to convert row water to sprinkler and converting row water to drip irrigation.

Signatures for ALL Owners and operators will be required at the time of sign-up.



Don Riffe Honored

Don Riffe was honored on Wednesday, March 9, 2005 for being involved in the Scouting program since 1941. As Don said "His love affair with scouting started in the spring of 1941". Don said he had so much pleasure watching his sons and grandson become Eagle Scouts. Don himself has served as Council president as well as other duties of being a Scoutmaster. When Don and Gaynelle's girls become involved in scouting, Gaynelle also became a Den mother, so you can see scouting really runs in the Riffe family. The Stratford Scout Drive will be starting locally. This drive will help around 10,000 scouts. Money raised will be used to help scouting locally as well as others. Don Said, he feels that the late Bill Sladek was the epitome of Scouting. He took his boys on camping trips, etc. and scheduled them around his own vacation time. He was a great leader. You were very lucky if Bill came into your life. Next time you see Don ask him about his "Love Affair" with scouting. He will have some interesting stories to share with you. Again Congratulations Don-a well deserving honor for you and your family. Shown above with Don is Gared McBryde, who made the presentation to Don.

Stratford Hospital District Election

The Stratford Hospital District will hold a Board Member Election on May 7, 2005. Anyone interested in applying for a place on the ballot may do so from March 1 until April 1, 2005. You may apply at Coldwater Manor's Office, 1111 Beaver Road, from 8:15 a.m. until 4:30 p.m., Monday through Friday.

Early voting by personal appearance will begin on Wednesday, April 29, 2005, and continue through May 3, 2005. Early voting will be conducted in the Administrative Office at Coldwater Manor, Monday through Friday, from 8:15 a.m. until 4:30 p.m.

SHD Board members whose term will expire are Wayne Smith and Betty Brown. Other SHD Board members are: Shannon Taliaferro, Ronnie Brooks and Larry Drake.

Ex-Student Reunion Meeting Thurs. March 24

Stratford Ex-Student Reunion July 29-30, 2005. A planning meeting of all honored Class members (1935, '45, '55, '65, '75, '85, '95) will be held Thursday, March 24, 17 7:00 p.m. at The Imagination Station.

Classes should have corrected addresses ready for the mailing in April and complete addresses are needed for the class of 1995 and 1996.

Class 1935 Maurine Reeder Plunk; Mae Marshall Plunk; Bernice Fedric Stubblefield; Class 1945-Peggy Morse Jackson; Class 55 Gaynelle Parker Riffe; Richard Bachman; Sarah Lavake Keener; Joyce Haney Dodson; Class 1965 Ellen Dyess Tillery; Karen Keener Pulliam; Terry Mathews; Larry Norris; Zelda Roach Pickens; Lola Sanders Johnson; Kathy Sneed Bonds; Boyd Spurlock Karen Woolsey; Gary & June Huggins Palmer; Class 1975-Gayl Irland Sims; Miles Smith; Phillip Walden; Carrol Sadler; Carol McLaughlin Zimmer; Scott Buckles; 1985-Piper Bennett; Todd Drake; Kevin Long; Sabrina Palmer Melton; 1995-Shannon Burkhalter Stewart; Rhea Chumley; Arron Griffith, Marcus Lavake.

SCDC Seeking Land for Dairies

The Sherman County Development Committee is looking at the prospects of bringing dairies into Sherman County. To be successful in this venture we are searching for county landowners that are interested in selling their land should a dairy decide to locate to the area. According to engineering specs, the land should have the following points to be considered by the dairymen:

1. Land has to be at least 1/2 mile from any occupied facility.
2. Access to feed to be purchased.
3. Reasonable access to 3-Phase power.
4. Good roads.
5. Prefer land with north-to-south slope; but any can be considered.
6. Acreage: Prefer at least 1/4 sections and larger.

A dairy permit, whether in process or already approved, establishes an attractive incentive when talking with a dairyman. The cost of the permit is \$6,500 which most farmers or ranchers recoup when their land sells.

The SCDC is gathering information to distribute to dairymen wishing to relocate. If you would like to be included and you think your land meets

the criteria listed above contact Kathy Allen at the SCDC office at 366-2897 or mail the necessary information to PO Box 652, Stratford, 79084.

Along with the information listed above we will need the location of your land, the acreage, the asking price (with or without improvements), type

of land & roads, and if there is a permit in place, for how many head and if there is not a permit will you consider permitting the land. We also need your name, mailing address and two (2) phone numbers where you can be contacted. If and when a dairy shows interest, the complete list of landowners will be given to them and they will be contacting you directly. The goal of the SCDC is to develop economic opportunity in the community. We are not in the business of buying and selling land.

Master of Memory to be Offered

Many people believe that memory loss and aging go hand-in-hand: as a person gets older his or her memory begins to fail. Not true!!

The Sherman County office of the Texas Cooperative Extension and SCOT will be offering "Master of Memory". The six -lesson class series will help you understand how your memory works and what may affect your memory. Medical conditions, medications, diet and exercise, among other things, may all play a role in how your memory works. "Master of Memory" will also help you identify and use strategies to improve your memory functions.

The class series will be offered April 4, 15, 18, 29, May 2 & 6 from 6:00 p.m. to 7:30 p.m. at SCOT Hall in Stratford. There is no charge for the class.

Susie Spurlock, County Extension Agent for Family and Consumer Sciences will be teaching the series. Topics will include how the brain takes new information and processes it, memory strategies, role of nutrition, medications and how they affect the memory, memory problems, and importance of exercise.

Pre-registration is encouraged so that adequate materials will be available to class participants. To register, contact the Sherman County Extension Office at 366-2122. Extension educational programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin.

Obits

Rev. D.C. Chandler

Texhoma, OK-Rev. D. C. Chandler, 80, of Texhoma, Oklahoma, passed away Tuesday afternoon March 8, 2005 at his home in Texhoma.

D. C. Chandler was born January 17, 1925 in Durant, Oklahoma to Frank Forehand and Nona Lee (Wright) Chandler. He served in the U.S. Army during WWII. D.C. married Betty Eurcelyn Hunt in Huntington, Arkansas on May 4, 1946. She preceded him in death on December 27, 2003. D.C. moved to Guyton in 1960 and then to Texhoma in 1975 where he was City Marshall from 1975 to 1978. He drove truck for Shupe Bros. For two years before retiring in 1980. D.C. was a licensed minister since 1961 and preached at the Pentecostal Church of God in Sunray, Texas from 1989 to 1993. He was a member of the Texhoma Pentecostal Church of God and the Disabled American Veterans.

Survivors: include 2 sons and Daughter in Law: Frank & Brenda Chandler of Stratford and Bob Chandler of Texhoma, Oklahoma. 1 daughter: Donna Gross of Liberal, KS; 1 Brother Jack Chandler of Ulysses, KS. 1 sister Laverta Katherine Gilmer of Amarillo, Texas and 1 daughter in law: Ann Chandler of Pinon, TN. 10 Grandchildren; 20 great grandchildren and 14 great, great Grandchildren. Several Nieces, Nephews and Cousins.

D.C. was preceded in death by his parents, wife, 1 son: Charles Chandler. Three brothers: David, Frank Andrew, and Marvin Kenneth Chandler, 1 sister: Violet B. Boydston.

Funeral services were held on Friday, March 11, 2005 at 10:00 a.m. at the Texhoma Pentecostal Church of God with Rev. Larry Brace officiating and Mike Chandler assisting. Interment was in the Texhoma Cemetery under the direction of

Dawson-Welch Funeral Home of Texhoma, OK.

Pallbearers: Kevin Getz, James Gross, Gary Schmidt, Shane Chandler, Frank Chandler, Charles Chandler.

The Family suggests memorials be to Texhoma Pentecostal Church of God.

Shirley Plunk

Shirley Plunk, 77, died Tuesday, March 8, 2005 in Amarillo.

Services were held at 2 p.m. Saturday, March 12, 2005 in First United Methodist Church with the Rev. Ken Metzger, retired Methodist minister, and the Rev. Gene Weinette, pastor, officiating. Burial was in Stratford Cemetery by Morrison Funeral Directors.

Mrs. Plunk was born May 19, 1927, in Pratt, KS. After graduating from Pratt High School, she moved to Stratford, where she was a longtime resident. She attended St. Anthony's School of Nursing, graduating in 1947. She married C.C. "Pinkey" Plunk in 1949 in Stratford. She was an RN for several doctors in the Stratford and Sherman County community.

The family would like to express their deep appreciation for the prayers, visits and tokens of kindness.

She was preceded in death by her husband in 1983.

Survivors include three sons, Dr. Phil Plunk of Guatemala, Ken Plunk and wife, Louise, of Amarillo and Max Plunk and wife Kathy, of Lawton, OK; seven grandchildren; and two great-grandchildren.

The family suggests memorials be to Project Salud y Paz Mission Fund, 2738 S. Georgia St., Amarillo, TX 79109

The Voting cancer off the island team is raising money for the American Cancer Society in the Relay for Life. We are selling pastry butter braids, cobblers (two sizes) and ready to bake cookies. Please contact Sheila Lanning @ 366-2506, Laura Brown @ 366-7619 or Cindy Cummings @ 366-2265 to place your order. Help find a cure for Cancer.

Billy Bob Adkins

Brownwood, TX-Billy Bob Adkins, 76, died at his home in Brownwood, Texas on Feb. 27th. Burial was March 2nd at May, Texas.

He attended Stratford Schools and worked for Phillips Petroleum Company before moving from Stratford.

He is survived by his wife Jean, of the home. Two sons, Robert and Wife Gay of Houston; Billy and wife Sherill of Kansas City and one daughter of the home. Six grandchildren. Also survived by two sisters: Viola Springfield of McKinney and Eloise Benslay of Ft. Wayne, IN

Stratford Area Foundation will be having their 25th Annual Meeting in April 2005 DID YOU KNOW? EMT Association was the first recipient of matching funds from the Area Foundation. Total to date for EMT to receive from Foundation \$12,000.00

4-H Extravaganza

Sherman County 4-H members who would like to participate in the 4-H Shooting Sports Extravaganza April 22-24 are asked to register by the March 24th deadline. For more information contact either Cindy Russell or Susie Spurlock.

There is no kind of peace which may be purchased on the bargain counter. Carey Williams

Act with a determination not to be turned aside by thoughts of the past and fears of the future. -Robert E. Lee

Marvin Eugene Weaver

Boise City, OK-Marvin Eugene Weaver, 84, died Wednesday, March 9, 2005.

Services were held at 10:30 a.m. Tuesday, March 15, 2005 in St. Paul's United Methodist Church with Mark and Gail Smith officiating. Burial was in Boise City Cemetery by Cimarron Mortuary.

Mr. Weaver was born June 9, 1920, in Oronogo, MO. He married Marcelle Yvonne Renault on Aug. 23, 1943, in Webb City, MO.

Survivors include a niece, Carolyn Brooks of Gale City, TN; a nephew, Ricki Weaver of Calhoun, GA; and several dear friends.

The family suggests memorials be to Boise City Cemetery and may be sent to the mortuary, P.O. Box 277, Boise City, OK 73933.

Happy is he who has laid up in his youth, and held fast in all fortune, a genuine and passionate love for reading. -Rufus Choate

Let's Make Arrangements St. Patrick's Day Party March 17th

- Door Prizes
 - Four Leaf Clover Sale (Find a clover—Get the % off)
 - Complimentary Punch and Snacks
- Lunch will be served from 11:30 - 2
- Green Potato Martini
 - Pasta Salad
 - Ham or Turkey Croissant
 - Buttermilk Lime Pie

Erin Go Braugh!

COLLEGE CREDIT

DISCIPLINE

LEARNING SKILLS

LEADERSHIP

4H/EQUINE

MOTIVATION

San Marcos Baptist Academy is a private boarding school for boys in grades 6-12 and girls in grades 8-12. Day school is available for boys and girls in grades 6-12.

There will be an information session at the JW Marriott (5150 Westheimer, Houston) on Thursday, March 31, 2005 at 7:00 PM. Please come and learn about curriculum, campus life, and admissions process. PUBLIC INVITED!

2801 Ranch Road 12 • San Marcos, TX 78666 • 1-800-428-5120 • e-mail: admissions@smba.org • www.smba.org

San Marcos Baptist Academy does not discriminate on the basis of race, color, national or ethnic origins.

ALLSUP'S
March 13, 2004 thru March 26, 2005

DIET COKE, SPRITE OR
COCA-COLA
6 PACK
\$1.89

ALL FLAVORS TOM'S
POTATO CHIPS
REG. \$1.89
2 FOR \$3

"MOO"
BUY 12 GALLONS OF FRESH ALLSUP'S MILK... GET ONE FREE!

Collect Self Stick "Moo" Stamps Today & You Could Win FREE Milk For A Year!

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(806)396-5334

BLUE BUNNY ICE CREAM BARS
4.25 OZ. / 89¢ EACH OR
BUY ONE GET ONE FREE

ASSORTED FLAVORS BROWNIE BAKER
COOKIES
99¢

HERSHEY'S ASST. FLAVORS
MILK OR MILKSHAKES
14 OZ. BTL.
\$1.59

ALLSUP'S SANDWICH BREAD 24 OZ. / 79¢ EACH OR	2 FOR \$1.09
ALLSUP'S WHEAT BREAD 24 OZ. / 89¢ EACH OR	2 FOR \$1.29
SHURFINE GREEN BEANS OR WHOLE KERNEL CORN MIX OR MATCH / 75¢ EACH OR	3 FOR \$1.00
SHURFINE SUGAR 4 LB. / \$2.39 EACH OR	2 FOR \$3.00
SHURFINE FLOUR 5 LB. / \$1.59 EACH OR	2 FOR \$2.00
ROMA LAUNDRY DETERGENT 4 LB. / \$3.09 EACH OR	2 FOR \$5.50
SAUVE SHAMPOO OR CONDITIONER 15 OZ. / \$1.89 EACH OR	2 FOR \$3.00
SOFT'N GENTLE 4 ROLL PKG. / REG. \$1.19	99¢
SHURFINE DOG FOOD GRAY 20 LB. / REG. \$4.99	\$4.00
GLOVES SELECT FASHIONS	10% OFF

ALLSUP'S COMBO MEALS

COMBO NO. 1	BACON/EGG BISCUIT & 16 OZ. COFFEE	\$1.99
COMBO NO. 2	SAUSAGE/EGG BISCUIT & 16 OZ. COFFEE	\$1.99
COMBO NO. 3	BBQ SANDWICH & 32 OZ. TALLSUP	\$1.99
COMBO NO. 4	HOMESTYLE POPCORN CHICKEN & 32 OZ. TALLSUP	\$2.59
COMBO NO. 5	SPICY POPCORN CHICKEN & 32 OZ. TALLSUP	\$2.59
COMBO NO. 6	3 TAMALES, HOWLERS & 32 OZ. TALLSUP	\$2.49
COMBO NO. 7	2 HOT LINKS WITH BREAD & 32 OZ. TALLSUP	\$2.49
COMBO NO. 8	2 CORN DOGS & 32 OZ. TALLSUP	\$2.29
COMBO NO. 9	CHIMICHANGA & 32 OZ. TALLSUP	\$2.29
COMBO NO. 10	2 BEEF & BEAN BURRITOS & 32 OZ. TALLSUP	\$2.29



Women of Distinction Honored

Five Star Girl Scout Council honored six "Women of Distinction" Friday March 4 at a gala held at the Tascosa Country Club. Women honored L/R: Dr. Meganne Walsh, Amarillo; Erlene Schaefer, Goodwell; Gaynelle Riffe, Stratford; Myrna Raffkin, Amarillo; Sharon Miner, Amarillo; Jane Juett, Amarillo.

Local Scholarships-2005

***Prospectus Study Club-** Personal letter of no more than one page describing yourself and future plans/goals. Include a resume with activities, honors, and work experience.

***Tiffany Knight/Nu Beta Sorority-**personal letter of no more than one page describing yourself and future plans/goals. Include a resume with activities, honors and work experience.

***V.O. Lasley Memorial-**brief application and a personal letter of no more than one page describing yourself and future plans/goals. Include a resume with activities, honors and work experience.

***Stratford Fire Department-**short application, resume and one page personal letter describing yourself and future plans/goals.

***The Tiffany Knight Memorial-**essay describing your personal memories of Tiffany

***Earl and Conrad Riffe Memorial-**personal letter of no more than one page describing yourself and future plans/goals. Include a resume with activities, honors and work experience. Not due until **April 25th**.

For more information on these scholarships, please contact Misti McBryde at 366-3322.

Health

(NU) - Millions of Americans are all too familiar with pain. There can be countless trips to the doctor or chiropractor, pain medications and sleepless nights. Now, a consumer survey commissioned by the American Massage Therapy Association reveals that more people than ever are seeking massage to manage and relieve pain. Find an AMTA-member massage therapist in your area by visiting www.amtassage.org or calling 1-888-THE-AMTA.

Chamber News

By Patty Tims

HELLO AGAIN

The Chamber of Commerce would like to thank these businesses and families for renewing their membership: Richard Ragsdale and Martha & Melvin Mitts, New Membership: Billy Elliott. Without the support of these families and businesses, the Chamber of Commerce would not be able to serve the community of Stratford. Once again, thanks to all of you. If you would like to become a member of the Chamber, please come by the office, Monday, Wednesday, or Friday, or call 366-2270. Help us make a difference.

CHAMBER OF COMMERCE ANNUAL BANQUET

The Stratford Chamber of Commerce Annual Banquet will be April 11, 2005 this year. The banquet theme this year will be, "Envision the Future", with Scott Buckles presenting the program. There will also be a live charity auction, with Aubrey Latham, auctioneer, XIT Auctions, Jeff Kautz is catering the meal. Auction items are being displayed at the Chamber office. Come in and take a look or check it out as you walk by. We encourage everyone to attend this event.

WOO HOO

THE General Store Grand Re-Opening was more than anyone expected. Zelda said 484 individuals were served lunch and over 500 people attended, awesome. Stratford, thank you for supporting his business on such a special day.

Letters to The Editor

Dear Editor:

Spring is the time of year accolades are bestowed on deserving persons. Coach of the Year, Citizen of the Year, Athlete of the Year, Student of the Year, Woman or Man of the Year, etc are honored because someone took the time and thought to fill out a nomination form with the personal information that is required for a selection committee to know that person to be considered for the honor. How many times do you read about these honors and think of a person who is also deserving? Maybe no one took the time to nominate them!

I just received a very nice honor from the Five Star Girl Scout Council as "A Woman of Distinction". I appreciate those who took the time to nominate me for the award and I understand those nominations have been sent in for several years. I have received several awards in the past that required a nomination and letters of recommendation and I thank those persons for their time and effort to write those letters.

I encourage each of you to start a file of persons deserving to be honored for "Stratford Citizen of the Year", Women's Forum "Distinguished Service Award" (Stratford Star March 9) and other awards. Get the information; write a resume, submit it at the proper time and keep a copy for use another year for maybe another honor. It is disappointing for selection committees to have only one or two choices in nominees when there are many who should have the recognition. Please start today making notes about special persons in your life that you would like to say Thank You, in a public way.

Gaynelle Riffe

Kerrick News

By Marylou McDaniel

Eight Kerrickites attended the XIT annual meeting last week. Half of them won door prizes. Florencia Eslinger won a flashlight, Bill Boren gets an oil change, Mike McDaniel got a clock and Marylou McDaniel a mirror with hangers. Others attending were Shorty Hudgens, Pat Boren, Ted & Joyce Irlbeck. Jon Hart was seated at the table. All enjoyed a good meal.

Patti McDaniel came from Denver for Shirley Plunk's funeral.

Stratford Grain Bowling team was in first place of Dalhart City tournament Saturday with four teams left to bowl this weekend.

Sunday March 6, Bill & Pat Boren and Elaine Horne met Dennis & Teresa Weber at Lamar, CO for lunch.

Jo June McDaniel is home and continues to improve!

It's Spring Break and Donna & Bill Gillenwaters have four grandchildren this week-Kylee of Bushland, Jacy, Dasan, Tala of Moreland, OK.

Keegan & Creed Callaway of Clarendon, spent the weekend with the Ralph Hampton family.

Scot Talk

By Mary Hill

Hear Ye! Hear Ye! There are a few more SCOT activities this month that we need to remember.

The birthday party will be on March 17 at 2 p.m. A good chance to do a little visiting! Then at 7 that evening we will have Bingo.

On March 21, from 5:30 to 9 p.m. will be "Surfing the Internet 101", which will be presented at the Imagination Station.

The board meeting will be on Tuesday, March 22 at 5:30 p.m.

Our luncheon will be on March 24, and a pretty special occasion, as Coldwater Manor will be doing the table decorations and furnishing the meat. The theme will be St. Patrick's, and they are urging everyone to wear green. A big "Thank You" to Coldwater Manor for all the help.

And, hear ye this! SCOT is once again hosting a dance! This will be on March 26 at 8 p.m., so if you want to dance and have a very pleasant evening, come and join the fun.

Later, in April and May, there will be programs on improving memory, presented by Susie Spurlock. More reminders of this later.

The expectations of life depend upon diligence; the mechanic that would perfect his work must first sharpen his tools.

-Confucius

Food

(NU) - Got a busy schedule? Then make a frittata. A frittata is an unfolded Italian version of the omelet. You start cooking a frittata on top of the range along with all its filling ingredients in a single pan. When the thick omelet is almost set, you can use any of several ways to finish cooking it — under the broiler, in the oven, turned over in the pan to cook the top or simply covered. Find frittata recipes and other ideas for fast dinner dishes at www.aeb.org.

Business

(NU) - Statistics show that, on average, U.S. companies lose half of their customers every five years. It's true that acquiring new customers will help your business grow. However, your current customers are the lifeblood of your business and keeping them happy should be your highest priority. For tips on how to keep your customers happy, go to www.staples.com.



Public is Invited to a:
Free Licensed Viewing of "The Passion of the Christ" At First Baptist Church Friday, March 25th 7:00 p.m. (Nursery will be provided for younger children).



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The Churches of Stratford Welcome You

CONSIDER JESUS

What can we do to get people to consider the claims of the Bible and the claims of Christ? For one thing we can stop this nonsense that faith has no rational basis or proof. There is actually plenty of evidence that the Bible is an authentic and reliable book. There is also sufficient evidence that Jesus Christ is actually the Son of God who was raised from the dead. But we have this silly idea that the things of religion are not scientifically verifiable. So we have tossed God out of the classroom. He is not someone or something we can deal with in our physical world. He is not someone we can actually wrestle with in our minds. He is in the great beyond. He is the wholly other God. All I've got to say is, "Hog Wash?" We may not be able to see God directly with our eyes, but God is revealing Himself. Listen to what the Bible says about God, "Since the creation of the world His invisible attributes, His eternal power and divine nature, have been clearly seen, being understood through what has been made" (Romans 1:20). The invisible God is revealed in and through creation. His power and divine nature are clearly seen and understood through His creation. "The heavens declare the glory of God" (Psalm 19:1). That's one great point. Here is a second point that cannot be missed. Jesus Christ was a historical figure. He lived and died in Palestine. There is absolutely no doubt about this. The historical records about his life and death can be verified. They would stand up in a court of law. They would also stand the test of rigid scientific inquiry. So people today must consider the God of the Bible. They must consider Jesus, the Son of God. Will you consider Jesus?

First Assembly of God
Kevin Anderson, Pastor
921 Fulton
Sunday School 9:45 am
Morning Worship 10:45 am
Evening Worship 6:00 pm
Wed. Bible Study 7:00 pm

First Christian
Rev. Walter Reed
5th & Main
Sunday School 9:45 am (nursery)
Morning Worship 10:45 am (nursery)
No Sunday Evening Worship Service
Wed.: Youth Choir 3:45 pm, Chi Rho 5 p.m.,
CYF 6 p.m., Bell Choir 6:50 p.m., Adult Choir 8 p.m.

First United Methodist
Rev. Gene Weinette
520 N. Main
Sunday School 9:40 am
Morning Worship 10:50 am
Junior High UMY 5:00 pm
Senior High UMY 6:00 pm

St. Joseph Catholic
Rev. Dr. Johnson, Reiki Master
6th & Pearl
Rectory - 366 - 5687
Sunday morning: 8:00a.m. (English), 12 noon. (Spanish)
Sacrament of Reconciliation: Before Mass. or by appt.
Christian Formation Classes: K-6th Grade, Wed. afternoon
Jr. & Sr. High, Wed. - 6:30-8:30 p.m.

Church of Christ
Ernie Maiwald
N. 3rd & Chestnut
Sunday School 9:30 am
Morning Worship 10:30 am
Evening Worship 5:00 p.m.
Wednesday Bible Study - 7:00 p.m.

Calvary Baptist
James Washburn
302 S. Main - 806-396-5335 lv. message
Sunday School - 10 a.m.
Morning Worship - 11 a.m.
Evening Service 6 p.m.
Wed. Service - 7:30 p.m.

First Baptist
Brent Farney
702 N. 3rd
Early Service 9:00 a.m.
Growth groups/Sun. School 10:00 a.m.
Late Service 11:00 a.m.
Growth Groups Nightly 7:00 p.m.
Wed. - Youth Group Teen Kids 7:00 p.m./Adult Choir 7:00

La Mision Bautista
Mision Bautista
401 S. Wall 396-5376
Domingo-(Sunday)
Estuela Dominical 9:45 am

Miercoles (Wednesday)
Servicio De Adoracion 11:00 am
Servicio De Oration 6:00 pm
Servicio De Adoracion 6:00 pm
Susninos Durante El Servicio.

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Templo Hispano Eben-Ezer
Pastor Roberto Frescas
205 N. Poplar - Hwy 287
Escuela Dominical 10 a.m.
Servicio De Adoracion 5 p.m.
Meir Co Les Serv De Ador 5 p.m.

Kerrick Community Church
Pastor Roy Harris
Community Building
Sunday Morning - 11:00 a.m.
Sunday Evening-6:00 p.m.
Prayer Meeting - 7:00 p.m. Wednesday

Stratford Hospital District Minutes Board of Directors Meeting February 8, 2005

Stratford Hospital District Board of Directors met for the regular meeting at 12:00 p.m. in the E.M.S. building.

Officers and Directors present were:
Shannon Taliaferro, President
Ronnie Brooks, Vice-President
Betty Brown, Sec.-Treasurer
Larry Drake, Director
Wayne Smith, Director

Also present, Dr. Perry Bassett and Judy Griffith representing Stratford Family Medical Clinic, Jimmy Lanning representing Stratford Emergency Medical Service, Debbie Beilue, Administrator, and Gail Schmidt-Witcher for Coldwater Manor. Visitors were Wayne Lavake and Les Dodson.

Meeting called to order at 12:00 p.m. President Shannon Taliaferro asked for Community Comments. Wayne Lavake stated, "Debbie Beilue was doing a good job at Coldwater Manor working after and weekends, I thought that you need to know."

Minutes of previous meeting were read and approved.

Jimmy Lanning presented financial report for Stratford EMS. He reported 30 runs for January, 27 patients. EMS bought a defibrillator to replace the old one; part of it was paid by EMS Association. There will be protocol channels that require \$500.00 to \$600.00 dollars worth of extra equipment on the Ambulance. Home Land Security channels; to change out the pager system (cell phones), will have to install new radio system at \$2500.00 each with 7 to 10 in staff. Possible grant money available to help with cost from PRPC. Motion by Wayne Smith for approval to pay Stratford EMS payables as presented, seconded by Betty Brown. Motion carried 5/0.

Judy presented the financial report for Stratford Family Medical Clinic. She reported 431 patients for January; 81 new patients and 83 Veterans. Hired new LVN, Sherry Sladek, starts February 21, 2005. Will transfer \$30,000 to MMA account. Clinic having difficulty with new billing program; will have checked or look for new program. Motion by Larry Drake for approval to pay Stratford Family Medical Clinic payables as presented, seconded by Ronnie Brooks. Motion carried 5/0.

Debbie Beilue presented financial report for Coldwater Manor. She presented a "Thank You" note from the family of Lewis Waide. Motion by Ronnie Brooks for approval to pay Coldwater Manor payables as presented, second by Betty Brown. Motion carried 5/0.

Debbie presented financial report for Stratford Hospital District. Discussion on moving payday from 3rd to 5th and 18th to 20th to give more time for processing; Board was in agreement, no vote taken. Discussion on paying overdraft charges for payroll. Meeting adjourned for a 15-minute break. Motion by Wayne Smith for approval to pay Stratford Hospital District payables as presented seconded by Larry Drake. Motion carried 5/0.

Executive session commenced at 1:05 p.m.

Regular session reconvened at 1:39 p.m. Meeting adjourned 1:40 p.m.

Health

(NU) - One of the greatest challenges people with pain face is access to appropriate care. Several resources are available to help patients find a pain physician and learn about treatment options. Pain sufferers can visit the American Board of Pain Medicine's Web site, www.abpm.org, to locate a doctor and www.painpathways.com to explore treatment options.

"SURFING THE INTERNET" MARCH 21

"Surfing the Internet 101" one of several educational programs offered to assist Sherman County residents will be offered on Monday, March 21, 2005 from 5:30 p.m. to 9:00 p.m. at the Imagination Station Computer Lab.

Class participants will be trained on how to find basic websites relating to senior issues and to evaluate benefits of each site. Once trained, participants will be able to assist friends and family members in their personal search of information on the internet.

Andy Crocker, Extension Program Specialist - Gerontology Health with Texas Cooperative Extension will be class facilitator. There is no registration fee for the class and the class will be limited to 12 participants. Interested persons are encouraged to pre-register so that adequate arrangements may be made, as a light meal will be served.

To enroll for the class or for more information, call Texas Cooperative Extension- Sherman County at 366-2122. Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin.

"Surfing the Internet 101" is sponsored by SCOT and the Sherman County Family Living Committee.

New York Times Fiction Best Sellers at the Sherman County Public Library

- Honeymoon by James Patterson
- The Rising* by Tim LaHaye
- Impossible by Danielle Steel
- The Broker by John Grisham
- The Da Vinci Code by Dan Brown
- The Five People You Meet in Heaven by Mitch Albom
- Vanishing Acts by Jodi Picoult
- Prince of Fire by Daniel Silva
- State of Fear by Michael Crichton
- The Forgotten Man* by Robert Crais
- Blood Money by Greg Iles
- Missing Persons by Stephen White
- Chainfire by Terry Goodkind
- I Am Charlotte Simmons by Tom Wolfe
- Conviction by Richard North Patterson
- Lost Lake by Phillip Margolin
- Angels and Demons by Dan Brown
- A Salty Piece of Land by Jimmy Buffett
- By Order of the President by W.E.B. Griffin
- Nightfall by Nelson DeMille
- London Bridges by James Patterson

*Indicates books on order

COCONUT ICE CREAM
(Makes 8 servings)

- 6 egg yolks
- 14 packets sugar substitute
- 2 cups heavy cream
- 1 (13.5-ounce) can unsweetened coconut milk
- 2 teaspoons coconut extract
- 1 teaspoon vanilla extract
- 1 cup shredded unsweetened coconut, lightly toasted

In a medium bowl, whisk yolks and sugar substitute to combine. In a medium pot, bring heavy cream to a simmer over medium-low heat.

Slowly pour 1 cup cream into the yolk mixture, whisking constantly. Pour yolk mixture back into pot. Cook, stirring constantly, until mixture is thick enough to coat the back of a spoon. Remove from heat. Stir in coconut milk, coconut and vanilla extracts. Chill 4 hours.

Pour ice cream mix into ice cream maker. Process according to manufacturer's directions. About 5 minutes before ice cream is finished, add the toasted coconut.

Nutritional information per serving: 6 g carbohydrates, 4.5 g net carbohydrates, 1.5 g fiber, 4g protein, 32 g fat, 326 calories.

Atkins offers a free newsletter with product updates, low-carb diet tips and recipes. For great recipes, look for "Dr. Atkins' New Diet Revolution" (Harper Collins) and "Atkins for Life" (St. Martin's Press). For more information, visit www.atkins.com.

A good marriage is one which allows for change and growth in the individuals and in the way they express their love.
—Pearl Buck

Living a Better Life in Times of Chaos

(NU) - Is your life full of chaos? Challenges such as stress, anxiety, illness and depression all contribute to a chaotic life. So how do you rid your life of the obstacles to your happiness and change it for the better?

Yehuda Berg says the answer lies within a group of sacred letters from the biblical story of Moses and the Red Sea. In his book "The 72 Names of God," Berg says that through 72 three-letter combinations taken from three biblical verses, you can find the strength to eliminate negative forces that keep you from living a fulfilling life. The book explains that the 72 names are not "names" in the literal sense, but visual mantras that are activated spiritually rather than vocally. These spiritual tools come from a tradition called Kabbalah, which is today the fastest-growing global spiritual movement. Contrary to popular belief, Kabbalah is not a religion and you do not have to be Jewish to study it.

According to the teachings of Kabbalah, everything, including our destiny, begins and ends with our own individual behavior. The apparent randomness that we encounter in life is actually a system of cause and effect. Furthermore, the ability to overcome challenges lies in the power of mind over matter.

"The 72 Names of God" encourages readers to meditate on the names and follow through with a physical action to implement positive change in their lives.

Here are a few of the names and their applications:

- Healing:** Think about others who also need healing. Be accountable. Blaming someone or something else absolves us of responsibility. Accepting 100 percent responsibility brings about the energy of healing.
- Unconditional Love:** You should offer unconditional love to others if you want to have peace and serenity in your life. Love has the power to eradicate all forms of darkness. When you offer love to your enemies, you destroy their darkness and hatred.
- Eliminating Negative Thoughts:** When negative thoughts — worry, anxiety, fear, pessimism, uncertainty — invade your mind, focus on thoughts that move you forward, not backward.
- Letting Go:** Human nature is to hang on to past regrets and earlier traumas. But you cannot live a fulfilling future if you are hanging on to an unhappy and cynical past. This name gives you the courage to let go.

For more information about "The 72 Names of God," log on to www.72.com.

Business

(NU) - In business, the customer is always right — sometimes confused, misinformed, rude, stubborn and changeable, but never wrong. Ever date anyone like that? Customers are the reason you have a business. Therefore, you should approach customer service the same way you approach a date. Nurture it with good habits and relentless care. Each date builds on the previous one. Each sale does the same in building customer retention. For more business advice, go to www.shifttap pens.com.

Progress is always the product of fresh thinking, and much of it thinking which to practical men bears the semblance of dreaming.
—Robert Gordon Sprou

Great strides in human progress are being made by men who delve deeply into the imagination, then through the medium of hard work, bring fancy into reality.
—Robert K. Patterson

Stratford Patriots Compete in Regional Tournament

Our Special Olympic Basketball teams brought home 9 medals in the Regional Basketball Tournament held in Amarillo March 4, 5, & 5th.

We had 3 athletes compete in team play:

Matt Powers-2nd place
Wade Plunk-3rd Place
Tyler Pickents-2nd place

We had 6 athletes compete in individual basketball skills:

Brian Zinck-2nd place
Seth Kimbrell-1st place
Steven Kimbrell-1st Place
Jessica Johnson-2nd place
Linda McKinney-2nd place
Ashley Short-1st place.

These athletes did a wonderful job and had a great time. Congratulations to each and everyone of you on a Great Basketball Season!!!!

Arts in the Area

By Gaynelle Riffe

- March 10-20 "Getting Away With Murder" Mystery
Amarillo Little Theatre 806-355-9991
- March 15 Royal Lipizzaner Stallions
Amarillo Civic Coliseum 806-378-4297
- March 29-30 "Miss Sigon" Broadway Series
Amarillo Civic Auditorium 806-378-3096
- April 1-3 "Hank The Cow Dog" ALT Academy
Amarillo Little Theatre Main Stage 806-355-9991
- April 1 West Texas A&M U Showcase of Music
Amarillo Civic Auditorium 806-651-2840
- April 2 Chamber Music Amarillo- strings 8:00 p.m.
Amarillo Museum of Art 806-236-3545
www.chambermusicamarillo.org
- April 2 Sandy A. Flint Magic Show
Amarillo Civic Auditorium 806-378-3096
- April 9 Amarillo Symphony, Jennifer Frautschi, violin
Amarillo Civic Chorus, WTAMU Choirs
Amarillo Civic Auditorium 806-378-8782
- April 12 Harrington String Quartet
WT A&M U Mary Moody N Recital Hall 806-376-8782

Business Directory

WALTER LASLEY & SONS INC.
THE Feedyard
Since 1953
753-4411

Stratford Grain Co.
Stratford 396-5541
Lautz 769-4485
4 North Main

CONSUMERS
208 Texas
We Sell Seed & Fuel
Farmland, Acco, & Moorman Seeds & Diamond Shamrock Products
366-2261

Stratford Auto Electric
119 S. Wall, Stratford, Texas 79084
Phone 366-5941 366-5857
Alternator, Starter, Magneto Repair
Since 1964

Betty Brown's Medical Claim Service
605 S. Main P.O. Box 7
Stratford, TX 79084 806-396-2623

Brown's Meat Locker
Custom Wholesale & Retail Meat
Federally Inspected
Hwy 287 South 396-2513

A & I PARTS CENTER
AUTOMOTIVE AND INDUSTRIAL PARTS — THE CAR CARE PEOPLE
Jerry Ewers
Manager
P.O. Box 1146
201 N. 2nd-Stratford, TX 79084

This Space Available
Call 366-5885

THRIFTWAY
Big Town Selection * Small Town Friendliness
Wide Selection Frozen Food
Quality Foods Fresh Produce
Hwy 54 East 396-5586

Joan Bell THE TRAVEL STORE
affiliated with National Travel Systems
A Full Service Travel Agency
396-5958
1-800-753-2792

This space available

Stratford Hospital District
Coldwater Manor
Stratford Family Medical Clinic
Stratford EMS
Proudly serving the medical needs of Stratford and Sherman County

folkstrik ONE Stroke
OSCI
BOBBIE STRONG
806-396-2802

Robert's Service Center
400 S. Poplar
396-2882
Tires & Batteries
Auto & Lawn Mower Repair

George Harding
Sewer & Drain Cleaning
Plumbing, Electrical, Remodeling, Painting
366-2206

Allen-Tarver Insurance Agency
Carolyn A. Tarver
Auto • Home • Life • Commercial
Bus: (806)396-5810 • Res: (806) 396-2393

Joe Flores
Farm Bureau Insurance
396-5538 office
396-5389 home

Jesse's Gun Shop
Gun Repairs • Sales • Cleaning
Hours: Mon. - Fri. - 1730 - 2000
Sat. - 0800-1600
Jesse Resendes (806) 763-4454 111 S. Maple Stratford, TX 79084 (806) 366-3134 Shop

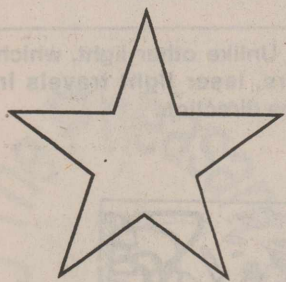
Your Home Town Pharmacy.
ELK PHARMACY
317 N. Main P.O. Box 380 Stratford, TX 79084 806-396-5505
Major Prescription Plans Accepted
Gayland Vandiver, R.Ph. Debbi Vandiver/ Owners
Carton Cards, Millionaire Candy, Gifts, Cookie and Balloon Bouquets

Tommy's Embroidery
580-423-7718
Texhoma, OK
210 Hwy 54 West
Caps, Shirts, Jackets, Baby Blankets, Towels, Towel Wraps, School Logos, & Much More!

Decks, Porches, Patios, Awning, Fence repair and New fence, Painting and Dry wall
All Types of Construction
935-5890-or-930-6545
930-0339

Joe Taylor, Photography
PO Box 27
1305 N Chestnut
Stratford, TX 79084
806-366-2459
Weddings, Portraits, Etc.

DAVID J. CROSS
Rockin' C Cross Appraisals
Bus (806) 366 7525 401 N 3rd Suite 8
Fax: (806) 366 7515 P O Box 1168
rockinc@aol.com Stratford, TX 79084



It Pays To Look In The

Star Classifieds

Phone 366-5885

..The Best Salesperson Around

For Sale

For Sale 2002 Mercury Grand Marquis LS Leather Low Miles! \$11,900 (806) 366-5557
4-6-c

FOR SALE: 1992 Suzuki 250 Quad-Racer 4-wheeler, 2 stroke, New tires and tune-up. \$2000. Call 366-7664 or 753-6677.
2-17-tfn

For Sale: 2001 Chevy Impala LS Heated Leather Seats 40K \$11,900 (806) 366-5557.
4-6-c

PROM TIME: Get your tuxedo at Family and Friends, Prices starting at \$65.00. Call 396-2809, or come by 218 N. Main.
3-10-4x's-31

For Sale: 2001 Chevy 2500HD 4x4 \$10,900 (806) 366-5557
4-6-c

For Sale or Lease-212 N. Poplar-40' x 60' office building. Call 806-679-5585.
3-31-c

Used Tire Sale-Many Sizes Starting \$5.00 Duncan Chevrolet 806-366-5557
4-6-c

Help Wanted

PIANIST NEEDED

First Baptist Church of Stratford is looking for an individual to play the piano for Church Services on Sunday Mornings and to be available for Choir practice on Wednesday evenings. If you have a desire to serve the Lord with your talents, please call the Church office at 396-5554

Looking for dependable, reliable & loves to work with children. Fulltime/parttime position. Must apply in person. No phone calls please. Lollipop Junction
9-30-tfn

CASA 69, Inc. is currently seeking an Executive Director. Pick up or request applications from the CASA office at 414 Denver Avenue, Suite 103 (Basement-Dallam County Courthouse, Dalhart, Texas 79022. 244-2684-E0E
3-3-tfn

Now seeking a temporary full/part time dependable salesperson to operate Stratford Store. Duties: assisting customers, maintaining plants, and operating cash register. Starting pay: \$6.00/hour-40 hour workweek. No experience necessary. Hiring begins April 1st. Send resume to D&C Greenhouse, 36 Nelson Drive, Spearman, TX 79081.
3-24-c

Home

(NU) - Few things are more disruptive and frustrating than unexpected home repairs. And when they occur, they can be budget-busters. The good news is, there's a practical and affordable solution to the surprise costs and hassles when home systems and appliances break: a home warranty. Home warranties cover major breakdowns, and often for less than \$500 per year. For more information on how a home warranty can save you money and time, visit www.ahswarranty.com.

Sherman Co. Child Welfare Board

To report Suspected Child Abuse, Call

Kathie Altman-366-5611
David Cross-396-2396
Ken Forthman-366-2586
Patsy Harland-827-7568
Belinda Hamilton-827-7728
Jesse Rescendes-366-3134
Brent Farney-396-5554

Austin Hotline
1-800-252-5400
ALL CALLS
CONFIDENTIAL

Services

SANDY'S "ROUN-TUIT" SERVICE Home Repair, Welding, Painting, Odd jobs, Mower Repair. No job too small. "If you can't get around to it," CALL SANDY! 753-7354 or 727-4692
9-16-tfn

I will do little handiwork jobs for the elderly at a reasonable cost. Call Dick Bachman 366-7679.
8-19-tfn

For Rent

PHEASANT RIDGE APARTMENTS

1319 & 1320 N. Chestnut Stratford, Texas

Newly remodeled
Very spacious, 2 bedroom
New appliances
Central heating & air-
Washer/Dryer hookups
Clean, comfortable & convenient
Professionally managed
SENIOR DISCOUNT

806-244-3418

Country Rent House-4 1/2 miles west of Stratford. 3 bdrm-1 bath. Washer, dryer hookups. Call 333-5465 or 727-4619.
3-3-tfn

FOR RENT...Office space on Main Street for rent. For information call (806)396-5541.
11-27-tfn

For Rent: 1 Bedroom furnished apt., 6th & Fulton. Call 396-5541 daytime, 396-5692 at nights.
1-28-tfn

For Rent 2-bedroom house, utility porch, fenced backyard and garage. 396-2125.
1-6-tfn

Land for Sale

Land for Sale: Section 66 and South 1/2 of Section 67 Block 8. Capital Syndicate sub-division. Dallam County CRP to 9-30-2007. Contact Trust Dept. at First State Bank of Stratford 806-396-5521.
10-23-tfn

Pet of the Week



The Dalhart Animal Rescue Shelter needs your old blankets, towels, & rugs for the dogs and puppies. If you have any that you would like to provide them, please contact Linda Reimer at 244-6326 (leave message) or 249-5333. You can also drop them off at the shelter.

The Dalhart Animal Rescue Shelter ("no kill" facility) currently has over 100 dogs and puppies available for adoption. These dogs are all sizes & range in age from 4 weeks on up. The older dogs have been spayed and/or neutered & have their shots. These dogs need a good home.

We are also seeking responsible individuals to provide foster care for the dogs. If you feel you would like to take one or two and care for them for a couple of months, we will provide the food. All of these dogs have had their shots and are looking for lots of love. Please contact Diane Trull at 244-3216 for additional information.

Houses For Sale

For Sale: 5 Bdrm house, 2 bath, garage & storage, newly remodeled \$35,000 Call 366-3625 or Cell-681-8406.
4-6-p

For Sale by Owner: 41/23 home on corner lot. Custom built in 1995. New carpet, 20 x 20 finished basement, fireplace, ceramic tile in entry, utility, dining and kitchen, sprinkler system, open floor plan, approx. 3200 total sq. ft. Call 806-366-2303 evenings or leave a message.
1-4-tfn

FOR SALE BY OWNER...Beautiful 4 bedroom home, large sized rooms, 3 full baths, office, large utility room, basement, covered patio, beautifully landscaped backyard. W/deck. This house is located in a GREAT neighborhood!! 202 Kay Ave. Approx. 3800 sq. ft. Call 806-366-2482.
4-22-tfn

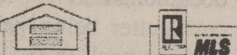
For Sale: Our home at 619 S. Pearl. 2572 sq. ft. living area, 3 b, 2 b, fireplace, heated tile floor in den & kitchen, 2 car garage, separate storage garage extra lg. Lot 366-5829 or 753-7775.
4-22-tfn

3 Bdrm Brick, 2 baths on large corner lot. 1201 NW 2nd St. Sprinkler system, fenced yard. Located in Casa Bonita Addition. Call 366-2153 for appointment.
10-21-tfn

For Sale: 3BR, 1.75 bath home at 603 S. Fulton. 2 living areas, dining room, master bedroom with 2 walk in closets. Lots of closets and storage throughout the house. Large backyard with above ground swimming pool, metal storage shed and covered patio. 2 car garage. Brick and vinyl exterior for maintenance free up keep. Contact Rhonda Browne after 6:30 at 366-7597 or leave message.
12-9-tfn

For Sale: House and furnishings as a package. 1320 sq. ft. living, detached garage; sprinkler system. \$49500.00. Shown by appointment only. Trust Dept. 396-5521.
9-25-tfn

Ad Rem Land Co.
803 S Bliss
Dumas, TX 79029
806-935-7364



Stratford Agent:

Raymond Wiley
806-676-7457
806-744-5270

2-bedroom 2-bath home with recent updates, new floors, carpet, and paint. 33,000

3 bedrooms 1.75 bath. Large master suit with walk-in shower, workshop with double garage and C/H&A.

3 bedroom 1.75 bath. This home has a new sewer line and has had carpet professionally cleaned. Move up to this beautiful house. Possible lease before purchase
89,900

2 bedroom 1.75 bath home with style. Large living and dining areas, hardwood floors and updated bathrooms. 78,900

Very cute 1 bedroom .75 bath home that would make a great rental property. 15,000

2 bedroom 1 bath home, this would make a great starter home. 25,000

Nice 3 bedroom 2 bath home with a 1 car detached garage and a shop in the backyard. 50,000

This 3 bedroom 2 bath home is located in a prime location in a quiet neighborhood and close to schools. 125,000

This 4 bedroom 1.5 bath home is a very nice corner lot with a great fence. C/H&A, sewer lines, and gas line all recently replaced. 60,000

Public Notice

STRATFORD SECURE STORAGE LEGAL NOTICE

This is to notify that the contents in Units #101, #107, #108 and #205, currently leased by Kenn Srader of 207 South Chestnut are now seized. Anyone interested in bidding on the contents of these units should contact Henry Harrison at the numbers listed below. Bids will be made for contents of each unit. All bids will be confidential. Bids will be finalized by 10:00 a.m. On March 26, 2005. Phone #'s 806-366-5381 or 753-6481. Public notice published on Thursday, March 17, 2005 and Thursday, March 24, 2005.

Technology

(NU) - For anyone who has lived in the Midwest along that band of states known as "Tornado Alley," hearing news reports of a tornado and the ominous wail of warning sirens means that you head for the basement and safety until the storm passes. But for Tim Samaras, those reports mean it's time to go to work. Samaras chases tornadoes using cutting-edge sensor probes and a TracVision in-motion satellite TV antenna from KVH Industries. For more information about in-motion satellite TV antennas, visit www.kvh.com.

Cards of Thanks

We would like to say THANK YOU to all who supported me by eating with us last week. It would have not been successful if it weren't for those who came and gave. Thank you to all who worked, cooked, served, cleaned up and gave money to make my trip possible. The use of the County Barn was appreciated, and it is so great to see how a small community gathers around to help and support each other. Thank you also to all of you who have sponsored me and given donations to help me. We are so glad to be a part of this community, and appreciate all of you very much. I look forward to completing my journey to Europe and will eagerly share my experience with any one of you.
Stassi Baugus and Family

It's great to be back home again after so many months in hospital. Thank you so much for the calls and visits.
Mary Riffe



Dogs and humans are the only animals with prostates.

Credit to the fullest the good qualities to be found in others, even though they may far outshine your own.
-William M. Peck

Health Screenings At Age 40 And Older: What You Need And When

(NAPS)—Most diseases in their earliest, most treatable stages don't cause any symptoms or pain. That is why it's so important to check for disease with regular scheduled screening tests.

"Patients often think that if they feel O.K., then they don't need to see a doctor. But with many diseases, by the time you feel pain or have symptoms, it could be too late," said Peter S. Johnson, MD, FCAP, a pathologist at Broward General Medical Center in Fort Lauderdale, Fla. "There are better, safer, less painful ways than a heart attack to learn you have high cholesterol and blood pressure."

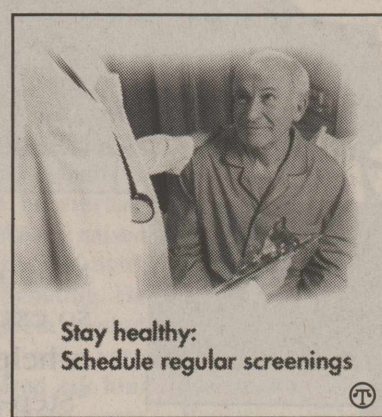
That is why the College of American Pathologists (CAP) recommends regular health screens. If you are 40 or older, talk to your doctor about these tests:

Cholesterol Testing
The CAP recommends that patients have their cholesterol checked every five years, starting at age 35. If you smoke, have diabetes, or if heart disease runs in your family, you should start at age 20.

Diabetes Testing
The CAP recommends all adults age 45 or older have a fasting glucose test. This test should be repeated every three years.

Mammograms
About 80 percent of breast cancers occur in women over age 50. The CAP recommends that women in their 40s or older have a screening mammogram on a regular basis, every one to two years or earlier based on family history.

Colon Cancer Screening
Colon cancer is the second leading cancer killer among adults. Your physician may recommend one or a combination of screening tests, depending on your risk factors and health history. Fecal occult blood tests plus flexible sig-



Stay healthy: Schedule regular screenings

moidoscopy every five years are the preferred testing options.

Pap Testing
The risk of cervical cancer increases with age. Most invasive cervical cancers can be prevented if women have Pap tests and pelvic exams.

Prostate Cancer Screening
Prostate cancer is the most common cancer in American men. More than 80 percent of prostate cancers occur in men 65 and older. A rectal exam and a blood test that measures for Prostate Specific Antigen (PSA) are two screening methods.

"Remember, testing is only the first step," said Dr. Johnson. "Practicing healthy behaviors like good eating, regular exercise, and not smoking can really help minimize many of the physical limitations that accompany advancing age."

The College of American Pathologists provides a free Web site that reminds people to schedule annual health tests such as mammograms, colonoscopies and Pap tests. Visit MyHealthTest Reminder.com to select the day on which you would like to be reminded to schedule a screening. On that date, you will receive an e-mail reminding you to call your doctor or health care provider to schedule an appointment.

Understanding Celiac Disease

(NAPS)—There may be comforting news for people who don't understand their digestive distress.

A leading medical professional organization and its foundation, representing pediatric gastroenterologists, are educating the public about celiac disease, a common genetic disease, and launching a new Web site, www.celiachealth.org.

Celiac Disease GI symptoms may include:

- Abdominal cramping
- Bloating and gas
- Diarrhea
- Constipation

Celiac Disease Non GI symptoms may include:

- Anemia
- Stunted growth
- Poor weight gain
- Chronic itchy rash

Individuals with the disease are affected by gluten—a protein in wheat, barley and rye—which inflames and damages the intestine. Early diagnosis and treatment may decrease the frequency of associated disorders including intestinal malignancies, osteoporosis and infertility. A major problem is under-recognition of the disease. To address this, the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition and the Children's Digestive Health and Nutrition Foundation developed new scientific guidelines about celiac disease in children for physicians and launched a public awareness campaign. A new patient brochure and soon-to-be available gluten free diet guide along with other materials may be found on their Web site at www.celiachealth.org.

The campaign is made possible by grants from the University of Maryland Center for Celiac Research and Prometheus Laboratories, Inc.

City Council Minutes

COUNCIL MINUTES
FEBRUARY 10, 2005

Stratford City Council met in Regular Session, Thursday February 10, 2005 at 6:00 p.m. with Mayor David Brown presiding and the following council members present: Nan McWilliams, Nancy Kimball, and George Harding.

Also present were: Sean Hardman, City Administrator, Cindy Jackson, Municipal Judge, Rob Elliott, City Attorney, and Dwayne Dennis, Stratford Police Department.

CALL TO ORDER

Mayor Brown called the meeting to order at 6:02 p.m.

APPROVE MINUTES

George Harding motioned to approve the minutes of the January 13, 2005 Regular meeting with changes, Nancy Kimball seconded, all in favor, motion carried.

Nancy Kimball motioned to approve the minutes of the January 31, 2005 Special meeting with changes, George Harding seconded, all in favor, motion carried.

POLICE DEPARTMENT REPORT

Dwayne Dennis was present to discuss a School Resource Office (SRO) Grant. Dwayne states there is a grant for the Police Department to work at school related activities, 75% of the time. The grant will provide a car for the officer, will pay 100% of officer's salary the 1st year, 80% of salary the 2nd year, 60% the 3rd year, 40% the 4th, and 20% the 5th year. Dwayne will talk to the school concerning this subject and what their interest would be and then will report back to the council. No action taken.

MUNICIPAL COURT REPORT

Nancy Kimball motioned to approve the second reading of the Municipal Court Technology Fund Ordinance,

Nan McWilliams seconded, all in favor, motion carried.

CITY ADMINISTRATOR'S REPORT

Sean had the following items to report on:

*Steve Green with TCEQ will be here on February 16, 2005 at 10:00 a.m. for an inspection

*Panhandle Days is February 28-March 1, 2005, to date Sean, David Brown and George Harding will be going from the City.

*The survey crew in town is surveying for the Hwy 287 project and also the Main Street Project

*February 25, 2005 there is a Small Problem Clinic at Canyon

*Monday, February 14, 2005 traffic will be rerouted due to repairs on the Railroad at Highway 287

Rob Elliott reported he has spoken with Fred Griffin concerning his fees. There will be no need to sign a contract.

Financing for the sewer plants, North lift station, and the pump house were mentioned.

COUNCIL BUSINESS

George Harding motioned to deny the City membership to the Stratford Gym, Nan McWilliams seconded, all in favor, motion carried.

Appointment of new member to Sales Tax Corp. was tabled.

Nancy Kimball motioned to approve the \$5,000 budgeted funds for Sherman County Development Committee, George Harding seconded, all in favor, motion carried.

Mayor skipped to item 6E on the agenda.

Nancy Kimball motioned to approve the order of election on May 7, 2005 electing three (3) council members for two (2) year terms, George Harding seconded, all in favor, motion carried.

A fee for the City of Stratford dump truck was discussed. The City currently has a dump truck used by citizens for hauling off large amounts of junk/trash. Nancy Kimball motioned to approve the fees as stated:

*\$50.00 per day with maximum of 5 days.

George Harding seconded the motion, all in favor, motion carried.

Discussion took place regarding the City's phones. Council would like to see a memo go out to employees regarding personal calls. Mayor approved the payment for the XIT Communications bill.

Nancy Kimball motioned to approve all other bills, George Harding seconded, all in favor, motion carried.

George Harding motioned to approve the January financial statement, Nan McWilliams, seconded, all in favor, motion carried.

ITEMS FROM THE COUNCIL

Mayor Brown gave the council a brief history regarding the curb/gutter on property on North Purnell. Council would like to see further documentation of the curb/gutter being paid for and brought back to the council for further action to be taken. At this time there is no such documentation; therefore, no action will be taken.

The state champion signs were discussed. The City will again check with the state regarding legal placement of the signs.

Dwayne Dennis returned after reporting to the school regarding the SRO and the school is interested at this time. Dwayne will report back once further information is gathered.

The City will be getting an asphalt tank from the state at no cost to the city.

There being no further business, meeting adjourned at 7:27 p.m.

LaRita Butler

David Brown, Mayor
City Secretary-City of Stratford



A baboon's lifespan may reach 45 years.

National Ag Day

Waco-When was the last time you slipped into your favorite pair of jeans or poured yourself a glass of milk and thought about the people that produced the products necessary for these everyday items? On March 20, 2005, National Ag Day, Americans can join in on celebrating the great industry that provides us with many everyday products.

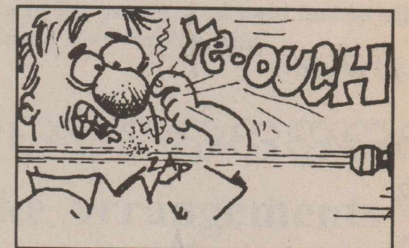
"National Ag Day will be a time when Texans can learn about the important role agriculture plays in our state's economy. It will provide valuable information about how agriculture provides safe, abundant and affordable products to us as Americans," said Kenneth Dierschke, president of Texas Farm Bureau.

The National Ag Day program has been established so Americans can be made aware of how food and fiber is produced. The program also demonstrates how agriculture provides products not usually associated with agriculture. For example, wheat straw is being used in building materials and corn and soybeans are being used as fuels.

All across America industry leaders, producers, companies, government agencies and counties will join together to celebrate what the agriculture community brings to us daily. Also, the program will

showcase the career opportunities in agriculture, food and fiber industries available to Americans.

National Ag Day falls during National Ag Week, March 20-26, 2005. For more information you can contact the Agriculture Council of America AT (913) 491-1895.



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Children's Health

Hope and Help for Families Battling Cancer

(NAPS)—Every school day, the lives of 46 American children and their families are turned upside down when the diagnosis of childhood cancer is confirmed. More than 40,000 infants, adolescents and young adults currently are being treated for what is the number one disease killer of children—which claims the lives of more young people under the age of 20 than any other disease. Fortunately, scientists and physicians are making remarkable progress through research to pioneer improved pediatric cancer treatments and cures.

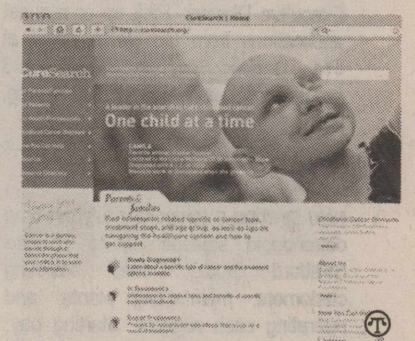
After hearing a diagnosis of childhood cancer, families often turn to the Internet for information. Today, a new and totally interactive Web site is online at www.CureSearch.org, providing patients, families and friends with the most comprehensive, up-to-date information about childhood cancer based on a child's age, diagnosis and treatment.

CureSearch.org is run by CureSearch National Childhood Cancer Foundation and the Children's Oncology Group, a world-class network of physicians, nurses and scientists whose scientific advancements have transformed childhood cancer from a nearly fatal disease to one with an overall 78 percent cure rate. With more than 200 member institutions, the network provides compassionate care to more than 90 percent of children with cancer in North America.

"A diagnosis of cancer is devastating to a parent," said Peggy Conlon, President and CEO of The Advertising Council, which created a public service advertisement.

Food

(NU) - Kids always seem to be hungry — a perfectly normal situation. Growing bodies need a constant supply of energy and nutrients for proper development. It's seldom a problem getting kids to eat. The hard part is getting them to make healthy food choices, like eating eggs. See www.aeb.org for step-by-step instructions for quick, healthy snack recipes your kids will love.

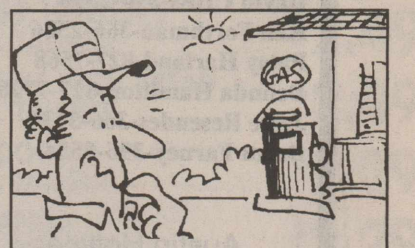


One in every 330 Americans develops cancer before age 20.

ing campaign to publicize CureSearch.org. "This wonderful resource was produced by the same network of medical experts responsible for the increasing cure rate."

Having access to the best, state-of-the-art resources can make a significant difference when it comes to families getting the help they need. At CureSearch.org, a section for newly diagnosed children offers information about specific types of cancer, available treatment options, relative risks and benefits of specific methods and a special section on how the community can help to support a family touched by the disease.

"We created CureSearch.org to be a comprehensive, honest and respectful Web resource to help empower families facing childhood cancer," said Paul T. Burke, President and CEO of CureSearch National Childhood Cancer Foundation. "We are hopeful that families touched by childhood cancer will use the site as a companion on their journey with the disease."



The first gas pump was made by Sylvanus F. Bowser of Fort Wayne, Indiana, and delivered to local storekeeper Jake Gumper on September 5, 1885.