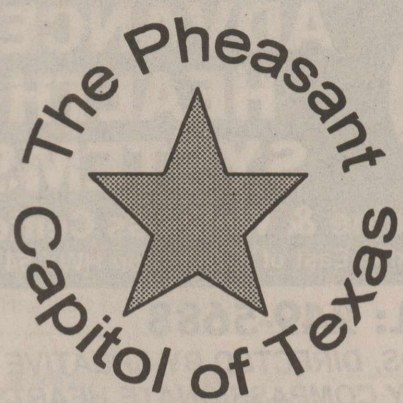


W.G. Hart
Box 3
Stratford, TX 79084
12/96



THE STRATFORD STAR

50 CENTS

Published for 95 YEARS in STRATFORD, SHERMAN COUNTY, TEXAS 79084 usps 523-108

NUMBER 29 July 18, 1996

Miss Stratford Scholarship Pageant Coming Up

Miss Stratford Scholarship Pageant is coming up. All girls interested ages Preschool thru 12th grade. Contact Marie Sladek 2865 (home, message) 2259 (work) or Becky Brooks at 2845.

Attention Quilt Makers

Quilt show at Sherman County Fair need new quilts or quilts with a history. Bring to Fair building Thursday, Sept. 5th by 3 p.m. Call Rose at 2191.

Kids Cooking School To Be Held

Southwestern Public Service and Sherman County Extension Office will be hosting a Kids Cooking School on Thursday, July 18 at 11:00 a.m. Karen Ashurst, SPS Marketing Director will be conducting the class.

The basic cooking class is designed for kids ages 7 through 12 years of age. To assist in the preparations for the class, kids interested in attending the class are asked to preregister by calling the county Extension office at 396-2122 by July 15th.

For more information, contact Susie Spurlock at the Sherman County Extension Office.

Look Who's Coming To Dinner

Look who is coming to (the Ex-students) dinner.....

Vondell Guthrie Van Bebber '44
Mr. and Mrs. C.D. Holmes
Russell Boney '40
Gerry Sherrod '73
Ruby Bryant Graves '36
Bruce Biddy '56
Ellen Dyess Tillery '65
Sandy Tillery '64

Community Youth Choir

The youth of the First United Methodist Church invite all Junior High and High School students to join their newly formed Community Youth Choir. This choir will be under the Direction of Jim Taliaferro. Rehearsals will begin on Wednesday, July 17, 1996 at 8:00 p.m. to 8:45 p.m. in the sanctuary of the First United Methodist Church. The music will be contemporary, it will be fun and there will be food. For more information contact the church office at 396-2178 or Nancy Kimball at 396-2417.

Class of '66 To Meet

The class of '66 will meet for lunch Saturday, July 27, 1996 at 12 noon at The Crossroads. For more information Call Gail Allen at 396-5521 or 727-4322.

If you do not think about the future, you cannot have one.
—John Galsworthy

Scot Bingo

Bingo Thursday, July 18th 7 p.m. at Scot Hall.

Photography Contest

Did you know that black and white photos will outlast color photos? There is a place for black and white pictures at the Sherman County Fair: Sept 5, 6 and 7.



Winner of the Texas Flag and framed documentation donated by Teel Bivens to the Lollipop Junction was Kristen Crabtree. Shown with Kristen is Mary Cross, Lollipop Board member who sold the winning ticket. Kristen is the daughter of Doak and Lisa Crabtree.

Vincent Meets With Board To Discuss 1/2 Cent Sales Tax Program

The Board of Trustees of the Stratford Independent School District met for a regular board meeting on Thursday, July 11, 1996 at 8:00 p.m. All members were present. The invocation was given by Kenton Kimball, President.

Renee Booth Cavitt and Wesley Spurlock representing the Lollipop Junction, discussed the proposed Corporate Policy of the Lollipop.

Lorie Vincent of the Sherman County Development Committee met with the board to discuss the 1/2 cent sales tax program.

Chad Utley, representative of Quicksilver Consultants gave a report to the board on the progress of the renovation project.

The transportation report, new school bus, TAPT Convention attended by Billy Joe Potts and cellular phones for the buses was

discussed.

The minutes from the June 6th and July 2nd were read, amended and approved. The claims and accounts for the month were paid.

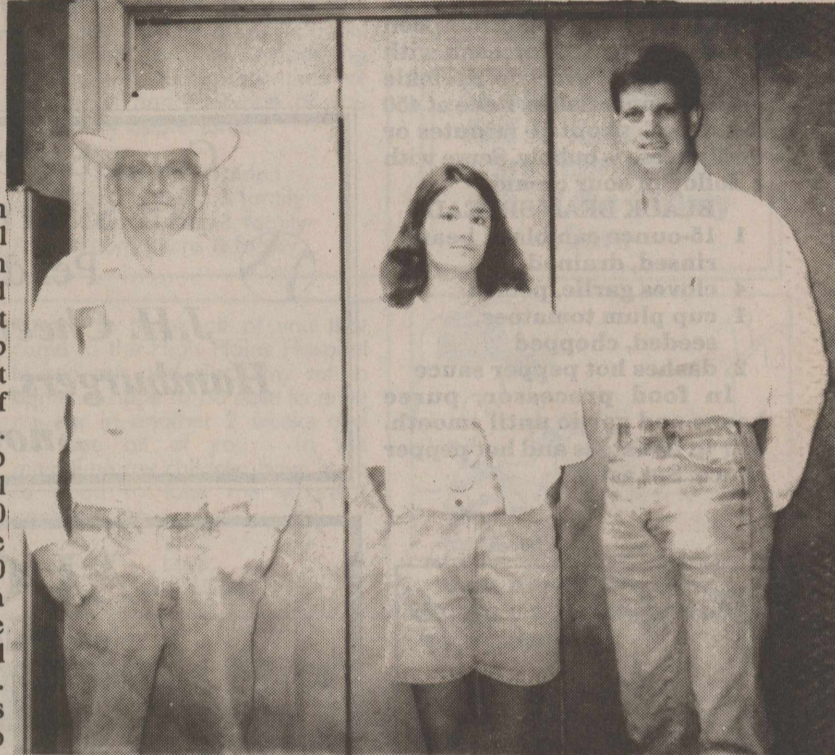
The board accepted bids from the following: J-Max Satellite, Panhandle Satellite, Lowe's Home Centers, Trook Cabinets, Builders Square, Alert Services, Buck's Sporting Goods. The following quotes were accepted for Band Uniforms: Fruhauf Uniforms, Cunningham Parade Wear, Lippo's Music Mart. The Student Code of Conduct and the Student Handbook from each campus was accepted by the board.

In other business, the board discussed the preliminary budget for the 1996-97 school year, salaries and tax rate.

Meeting adjourned at 9:35 p.m.

Annual Miss Farm Bureau Pageant To Be Held

The Sherman County Farm Bureau will be holding its annual Miss Sherman County Farm Bureau Contest and Talent Find Contest Friday, July 26 at 6 p.m. at the Methodist Church Fellowship Hall. Participants in each contest must be between 16-19 years of age as of September 1, 1996. Contestants will be allowed to enter one or both contests. Local winners will receive a \$100 scholarship and go on to compete at the District level where a \$600 scholarship prize is available and a chance to advance to the State level. Winners at the State level will receive a \$1500 scholarship. Talent find contestants can be girls or boys and can be by groups up to three persons. If you are interested in competing in one or both of these contests, please call the Farm Bureau office at 396-5538. Deadline to sign up is Friday July 19, 1996.



McWilliams Big Winner

Winner of the Sherman County 4-H Council Cow-Patty Bingo at Pendleton Park on July 4th was Kirk McWilliams, left. Kirk won \$100.00. Shown with Kirk is Cassie Bell - 4-H Council Delegate and Michael Clawson - Sherman County Extension Agent.

AAU Tracksters Regional Bound

Mandy Helmuth & Levi Artho competed in the AAU Regional Qualifiers Track Meet June 29th in Amarillo.

Levi competed in the 400, 880 and 150 m. dash. He won the 400 with a time of 77.27, he also won the 880 with a time of 2:56:66. Levi qualified 4th in the 100 yd dash with a time of 13.99.

Mandy competed in the long jump 100 M. dash and 200 yd. dash. Mandy being only 12 had to compete with 13 & 14 yr. olds. She won 4th in the long jump with a jump of 12' 1" was 3rd in her heat in the 100 m. dash with a time of 13.0 but finished 6th overall. Ran the 200 m. dash in 30.41 finished 2nd in heat but 5th overall.

These two young kids get to compete July 19 and 20 in San Antonio. If you would like to help with their expenses contact Mandy at 5975 or Levi at 2240. If you see these two wish them well. They deserve it.

Kid's Cooking School

Just a reminder that the SPS "Kids Cooking School" will be Thursday, July 18th at 11:00 at the County Exhibit Building. Karen Ashurst will be leading the session hosted by Sherman County Extension Service. Pre-registration is requested by calling 396-2122 by noon Wednesday, July 17th.

Aduddell Takes 1st place

Brandon Aduddell, son of Cleo and Debbie Aduddell, won 1st place in Holly, Colorado in Bull Riding.

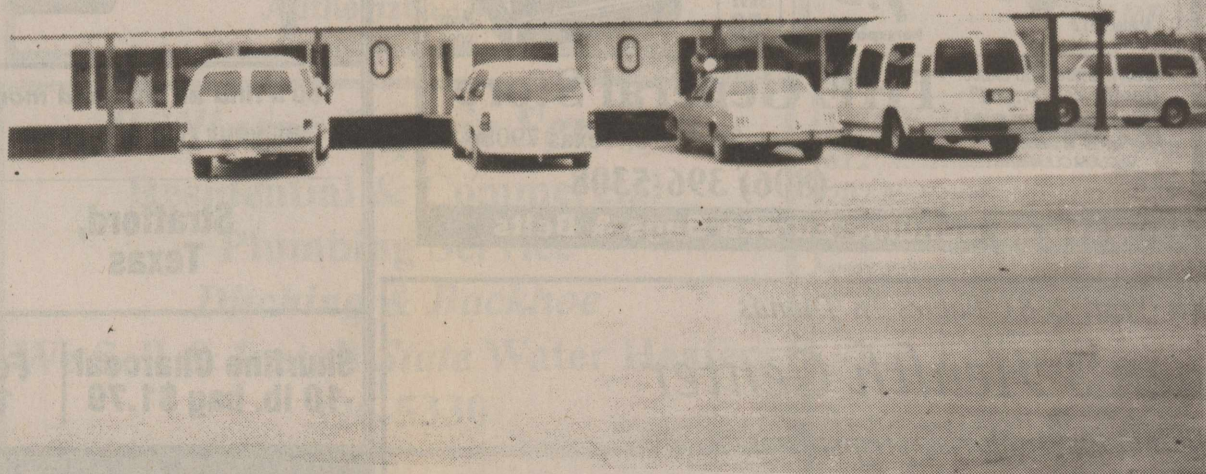
Brandon rode J&J Rodeo Company's bull called Ace. Ace had not been ridden in over a year.

Brandon rode Ace for 8 seconds for a score of 84 points to win the Bull Riding.

Congratulations Brandon!



JULY IS NATIONAL EYE EXAM MONTH!



Grand Opening For Tommy's Embroidery

Tommy's Embroidery held their Grand Opening on Friday, July 12th from 9:00 - 5:30. Tommy's new location at 210 Highway 54 West has 3,750 square feet compared to their previous location of 1,600 square feet. Computerized embroidery came to the business in January of 1993. A second machine was added in October 1994 and in June, 1996 a four-head computerized embroidery machine adds more features and capabilities to embroidery items. This machine is the only one of its kind until you reach Oklahoma City. Tommy's Embroidery will embroider anything that can be embroidered. Just a few of the many things embroidered are caps, jackets, towels, afghans, towel wraps for men and women, luggage, sports bags, T-shirts, sweat shirts. Tommy's Embroidery also features Lawman jeans size 7-14 for little girls, 1-15 for ladies, Rocky Mountain jeans, and ladies fashions by Koret. Tommy's also carries the largest selection of Dreamsicles in the local area. She also carries silver jewelry and balloon bouquets. A new item added recently was a heat press to do team uniforms. Owner Tommy Goetz operates the business, along with her daughter Tonja Berry, and employees Cathy Walters and Tonja Yates. Tommy's Embroidery has expanded greatly since they started in 1991.

Recycle
(Behind Thriftway)
New Hours:
Effective May 1st
Wed. 9-11 a.m.
Sat. 9-12 a.m.
Newspapers & Magazines,
Glass-clear, colored plastic milk
cartons
Soft-Drink, tin, aluminum,
sorted-flattened-rinsed

Up-coming Events

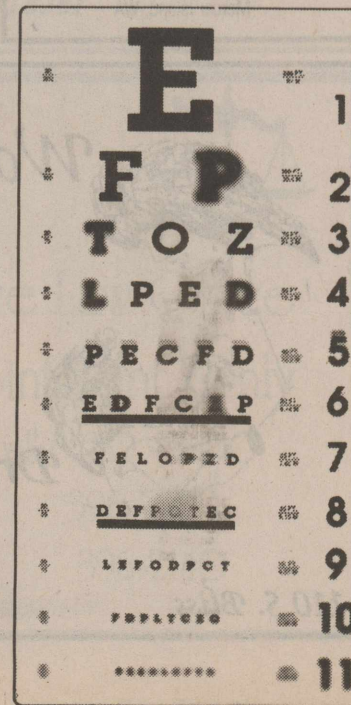
Stratford School Ex-Student Reunion July 26, 27

Friday, July 26 7:00 food booths and family visiting

Sat. July 27 noon honored class individual reunions, 7:00 Banquet Honored Class years in 10 years increments 1926-1986 plus a renegade class or two.

Sherman County Fair and Jamboree Sept. 5, 6, 7, 8

Exhibits accepted Thursday 5th. Fair open to public 6 and 7. Saturday 7: Parade, Bar-B-Que, Children's turtle races, bike & foot races, tractor pull, Old Timers and white pictures at the Sherman County Fair: Sept 5, 6 and 7.



JUMPIN' JACK N' PEPPER PIZZAS

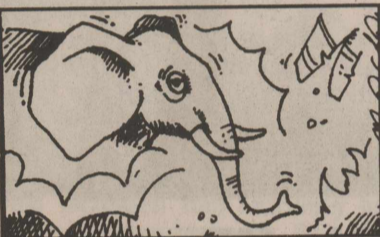
Makes 12 Pizzas
6 Bays English Muffins, split Black Bean Spread (recipe follows)

- 2 cups shredded Monterey Jack cheese with jalapeño peppers
 - 1 red pepper, roasted, peeled, seeded, chopped
 - 1 yellow pepper, roasted, peeled, seeded, chopped
 - 1 green pepper, roasted, peeled, seeded, chopped
 - 10 green onions, chopped
 - 12 jumbo black pitted olives, chopped
 - 1/4 cup snipped fresh cilantro
 - 1 large avocado, peeled, pitted, chopped
 - 1 tablespoon red pepper flakes
 - Sour cream
- Bake muffin halves at 450 degrees F, on a baking stone or a baking sheet until crisp, about 5 minutes; remove. Evenly

spread Black Bean Spread over each muffin half. Sprinkle on Monterey Jack cheese. In small bowl, stir together peppers, onions, olives and cilantro. Spoon on top of cheese. Top each with a few pieces of avocado. Sprinkle on red pepper flakes. Bake at 450 degrees F, about 10 minutes or until cheese is bubbly. Serve with a dollop of sour cream.

BLACK BEAN SPREAD

- 1 15-ounce can black beans, rinsed, drained
 - 4 cloves garlic, peeled
 - 1 cup plum tomatoes, seeded, chopped
 - 2 dashes hot pepper sauce
- In food processor, puree beans and garlic until smooth. Stir in tomatoes and hot pepper sauce. Set aside.



A mother elephant calls to her young by slapping her ears against her head.



A Sign Of The Security You Have With Farmers

There's probably no investment more important than your home. For its value and for the security it gives your family. But what if you aren't there to make sure the mortgage is paid in full?

Farmers has a solution you can trust...mortgage insurance that pays off your home loan should you pass away. It costs so little. And you can go on with your life knowing such a small sum is paying big dividends for your family's security.

Call today and ask about Farmers New Home Life Mortgage Insurance.

Allen Agency
396-5513



Farmers New World Life Insurance Co. Mercer Island, WA

Letter To The Editor

Dear Editor:

The rain is wonderful. It makes the trees smile, the grass green and the weeds grow. Sixteen hundred persons have been invited to Stratford for the Ex-students' and Teachers Reunion weekend July 26, 27. We are not expecting quite that many Ex's to visit this year but I am sure we want to show our best by having things mowed and trimmed. The best time to pull those weeds in the sidewalks is after a rain. (The second person passing those weeds is just as obligated as the first.) Let's put on our Sunday dress for our visitors.

Gaynelle Riffe

Scot News

By Jack Gore

Activities will be slow around Scot Hall this week. Regular activities such as pool, ceramics and aerobics. Bingo will be this Thursday, 18th. Last week 13 Scotters went to Guymon to eat Pizza and tour the new homes in Guymon. Next week will be board meeting, Hamburger dinner and the last week of the month will be the school alumni and dance at Scot Hall.

Sign up sheet for "Texas" for August 16 will be on Bulletin Board. Twenty seats have been reserved also trip to Cripple Creek is being planned for last part of Sept. Let me know if you are interested in either or both of these activities. A.S.A.P.

Simplicity of character is no hindrance to subtlety of intellect.
—John, Viscount Morley of Blackburn

Come Support the Stratford All-Stars this Weekend at Pendleton Park
J.H. Cheerleaders serving Hamburgers, Baked Potatoes & Snow-Cones!

AUCTION

Household Consignments
Saturday, July 20, 1996 - 10:00 a.m.
Sherman County Exhibit Building, Stratford, TX.
Living Room, Kitchen, Bedroom, Office, Shop and Garden, Electronics, Miscellaneous

Keith Waters Auctioneer
P.O. Box 1185
Stratford, Texas 79084
License TXN 6477

Terms: Cash - All Settlements Must Be Made in Full Day of Sale
All Announcements Made Day of Sale. Will Have Priority Over All Previous Announcements Concerning This Sale.

The Eureka Vacuum Power Sale! 1 WEEK ONLY!!

Eureka The Boss Victory™ with Back-Saver® handle
SALE \$99.99 Model 4335

Eureka Powerline Plus
\$109.99 Model 9720
• On-board cleaning attachment set
• Filtraire™ bag system retains up to 99.9% of dust & pollen

Eureka Corvette Hand Vac
\$29.99 Model 52A
• 25 foot power cord

Eureka Shop Boss® Wet/Dry
\$49.99 Model 2812
• Powerful blower
• 9 gallon capacity
• Unique tank design and 5 wheel caster system helps stop tip overs

Eureka Bravo!
\$69.99 Model 9002
• Triple filter bag system
• Dual edge cleaning

Performance You Expect Quality You Demand
EUREKA VACUUM CLEANERS
THE General Store
515 N. Poplar Stratford, Texas 79084
(806) 396-5308
Save on Genuine Eureka Bags & Belts

To Stay Heart Healthy, Emphasize Vitamins

(NU) - Millions of Americans strive to lower their risk for heart disease by eating less saturated fat and cholesterol and by controlling their

weight. Now, scientists are finding that other aspects of nutrition may also play an important role in reducing the risk of heart disease.

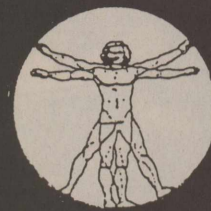
Generous intakes of vitamin E and other antioxidants, such as vitamin C and carotenoids, may help reduce the risk of coronary heart disease. Optimal levels of vitamin E act as a powerful antioxidant, helping to curb the development of coronary artery disease. It works, scientists say, by reducing the buildup of fat-

ty deposits, or plaque, on artery walls. Such deposits can lead to chest pain and heart attacks.

Scientists are also focusing on the role of the B vitamins, especially folic acid, in helping to reduce the risk of heart disease.



The "thing" that makes Mexican Jumping Beans jump is the larvae of a moth, reacting to the warmth in the hand of someone holding the bean.



ADVANCED HEALTH SYSTEMS

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A physician's prescription is required for admission to Advanced Health Systems. Referrals can be made by calling Advanced Health Systems at 249-5688 between the hours of 9 am to 8 pm. Or contact your personal physician.

CHECK OUT the FIREWORKS at ALLSUP'S

It's America's Birthday Month, and in her honor we're offering super deals to you. So come to Allsup's, where our low prices and great products are sure to light you up!

Enjoy Coca-Cola CLASSIC \$1.99 Coca-Cola 3 Liter	COMBO MEAL 2 Hot Diggidy Corn Dogs! & Tallsup \$1.89
HONCHO Fountain Drink PLASTIC 99¢ PLASTIC REFILL 79¢ 89¢ 44 OZ. PAPER CUP	HORMEL LIGHT & LEAN SLICED Ham or Turkey 8 OZ. PKG. \$1.89

Instantly Win up to \$1,000

Get a Free Game Ticket With Every HONCHO 44 oz. Fountain Drink Purchase!

PLUS Enter to win a 1996 Ford Ranger XLT Pick-up!

ALLWAYS a LOW PRICE on

SHURFINE Grape Jelly 32 OZ. JAR \$1.69	TROPICANA ASSORTED Juices 16 OZ. BTL. 79¢	SHURFINE Crispy Rice Cereal 15 OZ. BOX \$2.29
You'll find all this and more at your Allsup's store		ALLSUP'S Fresh Bread 1-1/2 LOAF 1 FOR 79¢ OR 2 FOR \$1.29

Shurfine Charcoal 10 lb. bag \$1.79 | Folgers Coffee 13 oz. \$2.99 | Shurfine Picante Sauce \$1.69 | Solo Cups 20 Count \$1.49

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Always

PRICES EFFECTIVE July 17-23, 1996 OFFER GOOD WHILE SUPPLIES LAST

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Specializing In

OBSTETRICS-GYNECOLOGY

110 S. Bliss

Monday - Friday 9 a.m. - 6 p.m.

935-6599



Cloyd & Day Wed

Susan Denise Cloyd and Rick R. Day were united in marriage in a candlelight service, Tuesday, June 11, 1996 in the First Baptist Church of Ruidoso, New Mexico. Rev. Allen Cearly officiated.

Susan is the daughter of Jim and Lynda Cloyd of Stratford. She is the granddaughter of Audie Cagle of Tulia and the late J.M. Cagle and the late E.R. and Bessie Cloyd, Canadian.

Rick is the son of Bill and Sallye Day of Santa Anna. He is the grandson of Lucille Daniel and the late Tom Daniel and Manola Day and the late R.C. Day all of Floydada.

The bride, who walked down the aisle to the "traditional Wedding March" with her father, was given in marriage by both her mother and father. She wore a straight full length white satin sheath dress with a scalloped V-shaped neckline. The fitted bodice was enhanced with intricate detailing of re-embroidered lace and pearls. The cap sleeves also featured re-embroidered lace and pearls over illusion netting. The open back was complimented by a large satin bow which adorned the floor length detachable satin bustle train.

The bride chose a white satin bow covered in re-embroidered lace and pearls with Lily of the Valley cascading down the elbow length tulle as her headpiece. Finishing touches included double strand pearls and dangling teardrop shaped pearl earrings that belonged to her mother. The bride also wore her grandmothers pearls as a wristlet. Her bouquet consisted of white and pink roses, white lilies of the valley, pink tulips and greenery accented with gold and white streamers. Her shoes were of white satin with a bow across the toe.

Kathelyn Ediger, daughter of Russell and Lisa White Ediger of Inman, Kansas was the flower girl. Her dress was a pink floral with a lace overlay.

Grayson Cloyd, nephew of the bride, was ringbearer. He wore pinstriped knee length pants with suspenders, knee length socks and saddle oxford shoes.

The groom wore a black houndstooth sportcoat, white shirt with a black tie, black wranglers and Ropers.

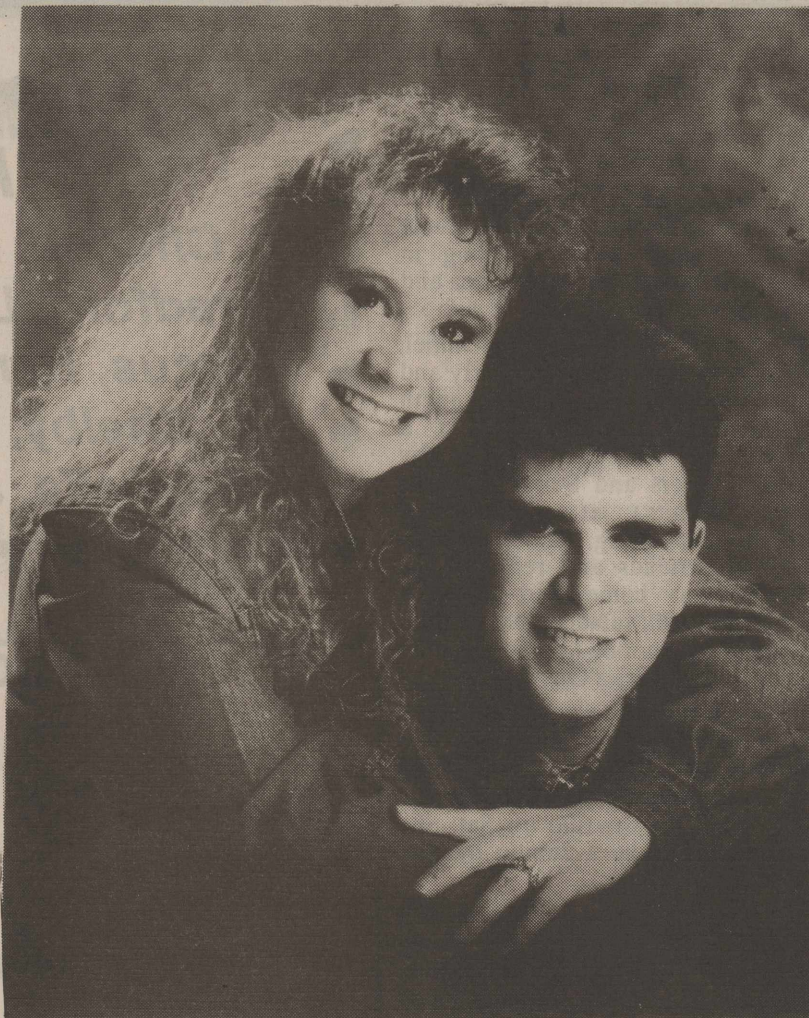
Special music was provided by Lisa White Ediger. She sang "I Will Be Here" while guests were being seated. She then sang "Cherish the Treasure" when the family was seated. Rev. Cearly read from the Love Chapter, 1 Cor. 13, while the couple lit the unity candle.

The reception was held in the Fellowship Hall of the Church immediately following the ceremony. The bride's table featured a two-tiered, three-layered wedding cake which was

decorated with fresh cut flowers. Gold serving pieces accented the table.

The groom's table featured a triple layered chocolate sheet cake. Both cakes were a wedding gift made by Alice Eads of Andrews. Coffee and nuts were also served at his table.

After the reception the couple left for a honeymoon trip to Cloudcroft, New Mexico. The couple will reside in Andrews where both are middle school science teachers.



Engagement Announced

Mr. and Mrs. Tommy Sangster, Texhoma, TX, announce the engagement of their son, David Lee Boothby to Carrie Renee Mefford, daughter of Mr. and Mrs. Harlan Mefford, Eldorado, Ok. The wedding, planned for September 14 at 7:00 p.m. will be held at Corinth Baptist Church in Eldorado, Ok. The bride-elect is a graduate of Oklahoma State University, Stillwater, where she received a Master's Degree in Elementary Education/Early Childhood and Library Science. While in college she was a member of the Kappa Kappa Gamma Sorority and was involved in homecoming activities and university choir. She was listed on the Dean's and President's Honor Rolls and was named outstanding first year teacher representing Westwood Elementary School, Stillwater. The prospective bridegroom is a graduate of Oklahoma State University where he majored in Mechanical Power Technology. He is employed by Texas Hydraulics, Inc. in Temple, TX. In college, he was involved in the Tau Alpha Pi Honor Society, Golden Key National Honor Society and President's Honor Roll. He served as vice president of the Fluid Power Society. The couple plans to make their home in Temple, TX.



Tiffany Reinart, bride-elect of Nick Phelps was honored with a shower in the home of Kathy Thomas on July 14, 1996. Shown from left, Jan Shields, Sherry Phelps, Tiffany, Clara Reinart, Heather Carter, and Connie Reinart.



The first raincoat was made by Francois Fresnau, Chief Engineer at Cayenne, French Guinea, who discovered rubber trees growing at Aprouage in 1747, and waterproofed an old overcoat by smearing it all over with latex.

After Summer Camp, Watch for Head Lice

(NU) - Children love to go to camp, but they can bring home an unwelcome visitor — head lice.

Lice are difficult to see. But their eggs are glued to the hair and are easier to see.

The tiny eggs are usually clustered along the centerline from the front to back of the head, just above the ears and nape of the neck. When you find lice eggs, called nits, don't panic.

Care Technologies, Inc. has a guide that details the three steps you will need to follow: Kill the lice, remove the nits and stay lice-free.

To receive a copy of the "Head Lice" guide, call: 1-800-783-1919.



According to a relativity theory, if a spaceship accelerated to near the speed of light, a stationary observer off the ship might notice clocks on the ship would slow down and the ship would get smaller.

Tips & Topics By Susie Spurlock

We have been blessed with great July weather, abundant moisture and low temperatures, that many home vegetable gardens will receive benefit with a great harvest. As gardens are enjoying this unusual weather, homeowners planning to preserve the fruits of the harvest need to take time now to see that everything needed for food preservation is in top notch condition.

*Inspect your home canning equipment for adequate number of approved canning jars, flats, and lids. Discard any jars that have nicks around the opening as this is will cause jars not to seal properly and be an open invitation for food safety culprits. Purchase what equipment you will need while the supply is still good at your local retailers.

*Take time to contact the County Extension Office and make an appointment to have your dial gauge canners checked for accuracy. This process takes more time to set up the checking equipment than actually testing the equipment, so it is advisable to call ahead. This time of the year, I get busy too. I will be out of the office the following dates: July 22 & 23, July 31 through August 9th. The days I am in the office, I will check canners that are here and will be happy to share resources for replacement parts.

*Review your printed canning information for the most current methods recommended by USDA. In 1988 and 1989, a large amount of canning information was revised based upon research conducted by USDA. The printed material available at your local County Extension Office reflects the changes recommended. Changes in cooking times, etc. are made for your protection and to insure food safety for everyone.

For more information about food preservation topics, come by the Sherman County Extension Office located in the north wing of the Courthouse complex or call Susie Spurlock at 396-2122.

Tops Will Work, If You Give It A Chance

TOPS will work if you are willing to try. How about these figures: 1,748,363.59 lbs. or 874 tons? That's what the total loss in 1995 was with a total enrollment of 299,625. Total number of chapters were USA-9720, Canada-1800, and overseas -40, with a grand total of 11,560.

If you would like to know more about TOPS, we will be more than glad to show you. TOPS is non-profit. Come see us at the County Barn any Thursday morning at 8 a.m.

Powers Boot & Shoe & Saddle Repair, 532 Morton, Elkhart, KS 67950 1-316-697-2940

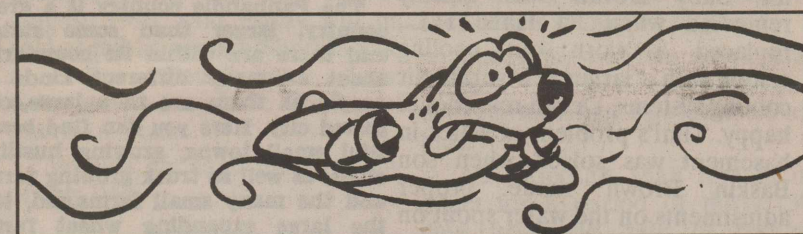
Now has a place in Stratford for Pick up & Delivery. Bring your repairs to be done to Coldwater Manor Thrift Store on 287 and we will pick up, fix and deliver. Thrift Store open Thurs. - Sat., 9-4.

More Wedding Couples Exchange Watches, Too

(NU) - You might say it's a time-honored German wedding tradition: The bride and groom exchange not only simple gold rings but watches on their wedding day.

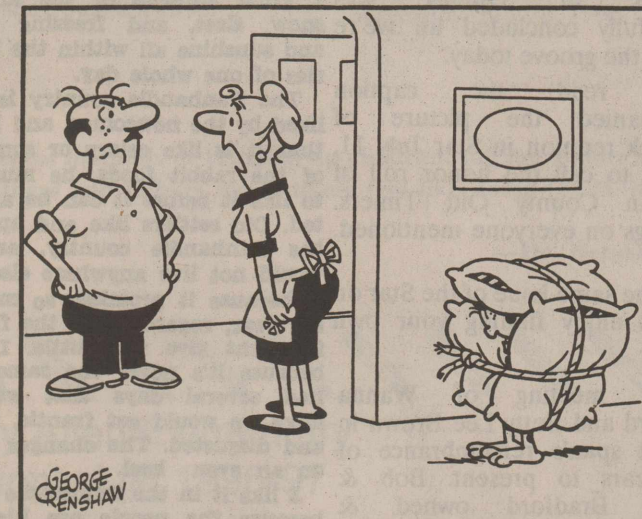
But it's not just Germany where watches are popular wedding gifts. Peter Laetsch, president of the Federation of the Swiss Watch Industry, says more and more brides and grooms are exchanging watches to symbolize commitment and time together. Often, the watches are engraved with such sentiments as "Our time together is endless" or "Time began today."

For information on choosing watches as a wedding gift, contact Watchmakers of Switzerland Information Center, 608 Fifth Ave., New York, NY 10020. Or call (212) 757-7030.



Harmattan is a cool, extremely dry wind that forms over the Sahara and blows westward or southwestward to the African coast. Many carry quantities of fine dust and can be dangerous to airplanes.

BELVEDERE by George Grenshaw



BELVEDERE HAS CONFESSED TO ALL THE NAUGHTY THINGS HE DID TODAY, AND HE'S READY TO TAKE HIS SPANKING LIKE A MAN.

We expect our new car loans to generate a lot of traffic.

Our low rates will have you tooting your own horn in no time. Just visit First State Bank or call 806-396-5521.



Check Out The Library

By Dorothy Haile

Welcome to READ*WRITE*NOW! a national initiative to improve the reading and writing skills of America's children, from preschool to sixth grade.

READ*WRITE*NOW! draws upon the best in reading and writing research, as well as the successful experiences of teachers, librarians, and families. Research shows that reading and writing as little as 30 minutes a day can help children improve their skills and be more successful students. Reading outside of school can maintain, and in most cases, increase levels of reading growth reached in the classroom. Summer fall-off in students' skills can be stopped if a child continues to read on a daily basis.

READ*WRITE*NOW!'s simple formula makes reading and writing fun and productive. All that is needed to READ*WRITE*NOW! is a child, a learning partner, and a book:

Children agree to read and write just 30 minutes a day, five days a week. Families may read to or with children during this time.

*One day a week, children meet with a learning partner (a reader who is a family member, a teenager, a senior citizen, or a caring community member). Learning partners tutor children and provide extra help in reading and writing.

We invite you to make a real difference in the life of a child. Join the hundreds of thousands of READ*WRITE*NOW! learning partners who are helping children read and write in communities all across the United States.

All the materials you need to READ*WRITE*NOW! are in this kit. It's now up to you to find a special child and introduce that child again and again to the magic of the written word, to a lifelong love of reading.

All the material that one needs for this program may be picked up at the Sherman County Library.



Girls that attended Girls Scout Day camp held July 8-12 entertained parents with a few songs on Thursday, July 11 at the Sherman County Barn. After the program, they served watermelon.

Tomorrow's Leaders



Meghan Mackenzie - age 10 mo.
Daughter of Lance & Kelly Brooks



Brandon - age 6 mo., Kira - age 10
Children of Randy & Ellen Downs



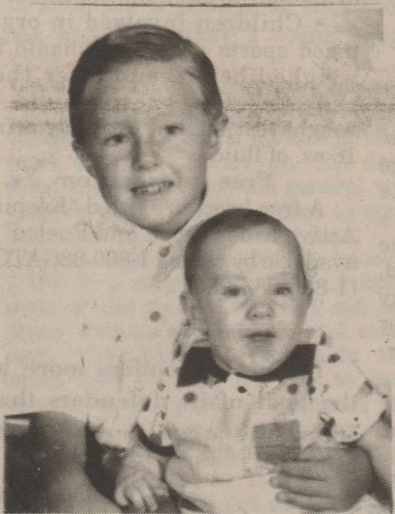
Amanda Keener age 2 1/2
Daughter of Floyd & Theresa Keener



Tiffany - age 9, Jonathan - age 4
Children of Daron & Keri Knight



Rowdy - age 3 1/2 and Ransom - age 1 1/2
Children of Ray & Tammi Lermon



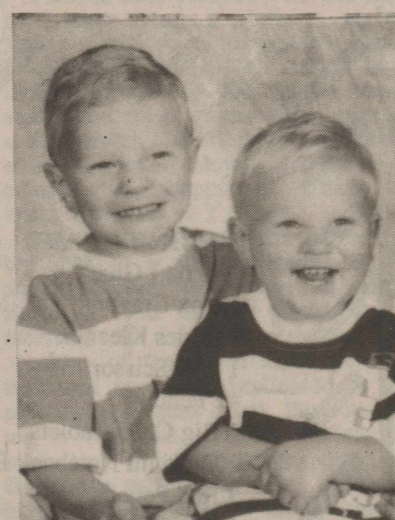
Chancellor - age 5, Chase - age 3 mo.
Children of James & Michelle Lutes



Justin - age 2 1/2, Kaylee - age 16 mo.
Children of Bryan & Kendra Mungia










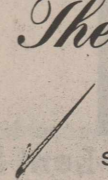
Reed - age 21 mo., Rett - age 7 weeks
Children of Brady & Trisha Schoonover



Tyler Bryan - age 3, Tanner Cole - age 1
Children of Greg & Marsha Wright

Sponsored By The Stratford Star

Photo's Courtesy of Thompson Photographics

<p>Business Directory</p>	<p>COLDWATER MANOR "LOVE SPOKEN HERE" 1111 BEAVER RD., STRATFORD, TX (806) 396-5568</p>
<p>WALTER LASLEY & SONS INC. THE Feedyard Since 1953 753-4411</p>	<p>BROOKS MOTOR PARTS PLUS 396-2631 314 S. Poplar</p> 
<p>Stratford Grain Co. Stratford 396-5541 Lutz 769-4485 4 North Main</p> 	<p>For Your Moorman Mineral & Feed Supplements Come By THE General Store or Call Ronnie at 396-5308</p>
<p>COUNTRY CUTS 301 N. Main 396-2424 Leah Oakley Tues - Sat 9:00 - 6:00 Late appointments also</p>  	<p>Nina C. Lavake Bookkeeping & Income Tax Service 396-5874 N. 3rd & Chestnut (North Plains Savings & Loan Building)</p> 
<p>Stratford Auto Electric 119 S. Wall Stratford, Texas 79084 Phone 396-5941 396-5857 Alternator, Starter, - Magneto Repair Since 1964</p>	<p>Ellie's For all your gift and floral needs Baby & Bridal Registry 209 S. Main 396-2092</p>
<p>Betty Brown's Medical Claim Service 401 N. 3rd. P.O. Box 7 Stratford, TX. 79084 806-396-2623</p>	<p>Joe Flores Farm Bureau Insurance 396-5538 office 396-5389 home</p>
<p>George Harding Sewer & Drain Cleaning Plumbing, Electrical, Remodeling, Painting 396-2206</p>	<p>STRATFORD GLASS & MIRROR Glass chip repair - Auto glass - Store fronts Plumbing, Electrical, Carpentry, General Repair Phone 806-396-5852 Hwy. 54 E. Stratford</p>
<p>Brown's Meat Locker Custom Wholesale & Retail Meat Federally Inspected Hwy 287 South 396-2513</p>	<p>ELK PHARMACY 317 N. Main Stratford, TX 79084 806-396-5505 We Honor.....P.C.S. P.A.I.D. BC/BS Texas Medicaid Gifts & Decorative Accessories ● Helium Balloons ● UPS Shipping Center ● Bridal Registry ● One Day Photo Processing ● Baby Shower Registry Visa and Mastercard Welcomed ● Toys</p> 
<p>THRIFTWAY Big Town Selection ★ Small Town Friendliness Wide Selection Frozen Food Quality Foods Fresh Produce Hwy 54 East 396-5586</p>	<p>Dumas Travel Center A Full Service Travel Agency Joan Bell 1-800-753-2792 396-5958 Do all your travel plans at no cost to you.</p>
<p>Westside Laundry Call 1-800-547-2761 for Pickup and Delivery Mon. - Wed. - Fri. Pants \$1.75 Shirts \$1.50</p>	<p>P.T.'s Star Pizza 287 South 396-5332 Dine In - Take Out Free Delivery 5:30 p.m. - 9 p.m. - Mon. thru Sat.</p>
<p>Termite Termination 10 Yrs. Exp. - Free Estimates Lots of Local References House Leveling Call Dennis at 1-800-613-9317</p>	<p>Tommy's Embroidery 405-423-7718 Texhoma, OK. 122 W. Main Caps, Shirts, Jackets, Baby Blankets, Towels, Towel Wraps, School Logos & Much More!</p>
<p>The Designers Salon Alma Perez, Owner & Stylist Karina Chabolla/Stylist Tues. - Sat. 9:00 - 6:00 715 E. 1st Street Dumas, Texas 79029 Bus. 935-9922 Res. 935-8763 Tanning Bed</p> 	<p>The Golden Needle VICKI GORE, OWNER 319 N. 9TH ST. P.O. BOX 267 STRATFORD, TEXAS 79084 (806) 396-2326 CUSTOM SEWING ALTERATIONS</p> 

Ice Cream Freeze Off Winners

1st place

MOCHA ICE CREAM

- 6 eggs
- 3 3/4 cups sugar
- 3 tablespoons vanilla
- 3 cups whipping cream
- 4 cups half & half
- 1/4 teaspoon salt
- 1 1/2 cups chocolate syrup
- 3 tablespoons coffee crystals melted in 1/4 cup hot water
- Milk (to finish filling freezer)

In a large mixing bowl beat eggs until foamy. Slowly add sugar, beat until thickened. Add all other ingredients except milk and mix well. Pour into can. Add milk to fill line on can and stir well. Churn in freezer per freezer instructions. Makes 1 1/2 gal.

2nd place

CHOCOLATE PECAN ICE CREAM
CAROLLEE WATERS

- 2 cans Eaglebrand Milk
- 1 can chocolate syrup
- 1/2 pint whipping cream
- 1 pint half and half
- 1 cup pecans

Mix together and pour in ice cream can and fill with milk and freeze.

3rd place

Strawberries 'n Cream
RONNA & ERIC RIFFE

- 6 eggs
- 2 cups sugar
- 3 cups whipping cream
- 3 pints half & half
- 1 t. salt
- 1 t. vanilla
- 2 16 oz. packages frozen strawberries

Help Your Heart Recipes

This recipe is intended to be part of an overall healthy eating plan. Total fat intake should be less than 30 percent of your total calories for a day — not for each food or recipe.

Barbecue-Simmered Chicken Chunks

- 1 pound boneless, skinless chicken breasts or turkey breast tenderloins, all visible fat removed
- Vegetable oil spray
- 1/2 cup barbecue sauce
- 1/4 cup spreadable fruit or reduced-sugar marmalade, jelly, jam or preserves

Rinse chicken and pat dry. Cut into bite-size pieces. Spray a large skillet with vegetable oil. Place over medium-high heat. Add chicken pieces to hot skillet. Cook 3 to 4 minutes or until chicken is tender and no longer pink, stirring occasionally. Stir in remaining ingredients. Cook and stir until heated through, about 3 minutes.

Serves 4; 1/2 cup per serving. Preparation time: 5 minutes. Cooking time: 6 to 7 minutes.

Nutrient Analysis per Serving

174 kcal Calories
25 gm Protein
10 gm Carbohydrate

62 mg Cholesterol
185 mg Sodium
3 gm Total Fat

1 gm Saturated Fat
1 gm Polyunsaturated Fat
1 gm Monounsaturated Fat

Full-Moon Fever

(NU) - Why does the full moon look so bright? Square mile for square mile, a full moon reflects more light towards the Earth than at any other time of its lunar cycle.

"The brightness of the moon will change from day to day as the moon goes through its lunar cycle — fainter as it goes toward higher phase, brightest at the time of the full moon," says astronomer Robert Nelson of California's Jet Propulsion Laboratory.

Give a lot of the credit to a phenomenon known as Coherent Backscattering, a process that occurs when reflected light waves constructively merge and enhance the intensity of their rays.

Nelson says that Coherent Backscattering only works when rays striking the moon's surface and the rays leaving the surface are in a direct line — in other words, when there's a full moon.

T-L SUMMER FINANCE SPECIALS

8.95% APR - 5 YEAR LOAN

- ◆ 1st payment due January 2, 1997
- ◆ 10% down payment
- ◆ No prepayment penalty

8.95% APR - 5 YEAR LOAN

- ◆ 1st payment due January 2, 1998
- ◆ 10% down payment
- ◆ No prepayment penalty

These programs are available for a limited time on new orders only and are subject to credit approval- so see your local T-L dealer NOW.



Len Sheets
806-935-6411

The choice is simple.

Roy J Hill
806-396-2110

Legal Notices

NOTICE TO CREDITORS

Notice is hereby given that original Letters Testamentary for the Estate of Bernice A. Potts, Deceased, were issued on the 20th day of June, 1996, in Docket No. 1954, pending in the County Court of Sherman County, Texas, to ROBERT L. POTTS.

The resident of the Independent Executor is in Sherman County, Texas and his mailing address is P.O. aBox 762, Texhoma, Texas 73949.

All persons having claims against this Estate which is currently being administered are required to present them within the time and in the manner prescribed by law.

Dated the 10th day of July, 1996.

Respectfully submitted
Jack Barton
P.O. Box 986
Stratford, Texas 79084
(806)396-2270
State Bar #01854000
Attorney for the Estate

Published in The Stratford Star, Thursday, July 18, 1996.

LEGAL NOTICE SPECIAL ELECTION

The City of Stratford will hold a Special Election for adoption of Proposition 1: the adoption of an additional one-half of one percent sales and use tax to be used for any purpose authorized by Section 4B Article 5190.6 V.T.C.S. as amended (The Development Corporation Act of 1979), including, but not limited to, projects for the promotion and development of new or expanded business enterprises; land, buildings, and equipment; related roads, streets, water, and sewer facilities; demolition of existing structures; drainage and related improvements, and other projects that is determined as directly contribution to the promotion or development of new or expanded business enterprises. The election will be held August 10, 1996, with early voting July 22, 1996 through August 7, 1996.

Published in The Stratford Star, Thursday, July 18, 1996, Thursday, July 25, 1996, Thursday, August 1, 1996.

NOTICE OF IMPOUNDMENT OF ESTRAY

On the 10th day of July, 1996, I impounded the following estrays: Five (5)

Kind of Animal: Steers, #2 Okie

- Breed: Mixed
- Color: Mixed
- Age: Yearlings
- Size: more than 450 pounds
- Band: Figure "7" on left hip.

and on the 11th day of July, 1996, I filed a Notice of Estray in the Estray Book of Sherman County, Texas.

I have made a diligent search of the register of recorded brands in Sherman County, Texas, for the owner of said estray, but the search did not reveal the owner.

Notice is hereby given that, if the ownership of said estray is not determined by the 8th day of August 1996, said estray will be sold at public auction/Sheriff's Sale at the Courthouse door, Courthouse, Stratford, County of Sherman Texas.

Witness my hand this 11th day of July 1996.

Jack Haile, Sheriff
Sherman County, Texas

Published in The Stratford Star, Thursday July 18, 1996 and Thursday, July 25, 1996.

ADVERTISEMENT FOR BIDS

Sealed proposals for the 1996 Additions and Renovations to Coldwater Manor Nursing Home, Stratford Hospital District, Stratford, Texas, will be received by the Board of Directors in the Board Room of Coldwater Manor Nursing Home until 4:00 p.m. local time, August 6, 1996, then publicly opened and read aloud. Proposals shall be addressed to Mr. David Boggs, Administrator, Coldwater Manor Nursing Home, 1111 Beaver Road, Stratford, Texas, or mailed to P.O. Box 1189, Stratford, Texas 79084.

The scope of the project shall include an 1800 square foot addition, a landscaped courtyard and minor renovations to the existing facility. All work, including demolition, drywall, ceiling, finishes, millwork, doors, windows, hardware, carpentry, structural, mechanical, plumbing, electrical and all associated work will be let in one (1) general contract.

Plans and Specifications may be examined at the following location:

HD&D DESIGN
COLLABORATIVE-1600 S.
Harrison Street, Amarillo, Texas 79102, (806) 372-5144.

Two (2) sets of plans and specifications may be obtained from HD&D Design Collaborative by qualified general contractors on deposit of \$100 per set. All checks for plans and specifications shall be made payable to HD&D Design Collaborative. All plans and specifications are returned in good condition to the Architect within ten (10) days after the bid opening.

A cashier's check, or acceptable bidder's bond, payable to the Stratford Hospital District, in the amount of 5% of the largest possible total of the bid submitted must accompany each proposal as a guarantee that, if awarded a contract, the bidder will promptly enter into a contract and execute such bonds as may be required.

The owner reserves the right to waive any informalities, irregularities, and reject any or all bids.

All proposals shall remain in effect for a period of thirty (30) days from the date of receipt unless sooner returned. The four-hour bid time limit as observed by AGC will be in effect on this project.

Published in The Stratford Star, Thursday, July 18, 1996 and Thursday, July 25, 1996.

Truth often suffers more by the heat of its defenders than from the arguments of its opposers.

—William Penn

The more people have studied different methods of bringing up children, the more they have come to the conclusion that what good mothers and fathers instinctively feel like doing for their babies is the best after all.

—Dr. Benjamin Spock

Mary Allen Elementary Supply List 1996-97

- SECOND GRADE**
 - 1 (8 oz.) Glue
 - 1 Box Crayons
 - 2 Boxes Kleenex
 - 1 Pair Scissor
 - #2 Pencils
 - 2 Big Chief Tablets
 - 200 Count Notebook Paper
 - 3 Red Pencils
 - 1 Box Watercolors
 - 1 Spiral Notebook
 - 3 Folders With Brads
 - 4 Zip Lock Heavy Duty 1 gal. size bags
 - 5 Zip Lock Heavy Duty Qt. size bags
 - KINDERGARTEN**
 - 1 Box Kleenex
 - 2 Large Bottles of Glue
 - 2 Glue Sticks
 - 1 Box of 8 Crayons
 - 1 Box of 16 Crayons
 - 5 Pencils
 - 1 Scissor
 - 1 School Box
 - 1 Spiral Notebook
 - 1 Rest Mat. No Blankets,
 - Exercise Mats, Sleeping Bags.
 - FIRST GRADE**
 - 1 Big Chief Tablet Per Semester
 - 12 #2 Pencils
 - 2 Boxes of Crayons (8 Basic Colors)
 - No Fluorescent or Sparkle Crayons
 - 2 Bottles (8 oz.) Glue or 2 Glue Sticks
 - 1 Small Pencil Box
 - 2 Pocket Folders
 - 1 Pair of Pointed Scissors
 - 1 Large Box Kleenex
 - 1 Large Roll of Paper Towels
 - 2 Pencil Erasers
 - Paint Shirt
 - 1 Spiral Notebook
 - 2 Red Pencils
 - No Pencil Sharpeners
- No Notebook Binders or Trapper Keepers!!

Please Mark Your Child's Things With His Or Her Name!

Chamber Chatter

By J.A. Lasley

Can you believe two Chamber of Commerce days for activities here in our community. July 4th evening was absolutely perfect, a little warm but then July is suppose to be warm. Right? Friday of last week, another perfect day for the annual Sidewalk Sale-cloudy and much much cooler. A good crowd out taking advantage of the many bargains. Food and drinks aplenty. It was a good day!

Last Wednesday, the JTPA worker, Ericka Jimenez and yours truly went to Amarillo to a Good road transportation meeting at the Amarillo Country Club. It was, indeed a very informative meeting. Noj all that we learned from the video shown and the comments made by those speaking was good news. It will behoove we as users of the Highways to write, visit with, call our Texas representatives and Senator. 78% of Texas roadways are in much need of repair or modernization. Texas leads the nation in substandard bridges. Failing to keep up with our State growth. Today more than 1/2 of our states highway project cannot be built. WHY? Spending of highway dollars have been used on other than roads and bridges reducing the value of our Texas Highway System. If something is not done soon and our roads continue to deteriorate, it will cost even more to stop the decline. In the last 10 years 2.5 billion have been spent or taken from the highway fund and spent on non-highway programs-above and beyond the 25% of gas tax revenues dedicated to schools. In 1960 about 1/3 of the state budget went to Highways. This year only 8% highway funding has also decreased because gasoline taxes have not gone up in several years and increased fuel efficiency has kept highway revenues flat even though more cars have been on the road. What can you and I do? Help get this message out. Alert others the growing highway construction and maintenance backlog and how it could slow economic growth. Sign petitions to encourage City Council, County Commissioners, Chamber of Commerce, to endorse a policy of spending highway money only, on highways. Our STATE'S GOOD ROADS ARE A TREASURE WE MUST PROTECT.

The Texas Department of Transportation Mission is to work cooperatively to provide safe, effective and efficient movements of people and goods. The TxDOT Amarillo maintains a network of 9,212 lane miles of Highways in the Texas Panhandle. The Amarillo District serves the 17 northmost counties in Texas. This district borders 2 states and 2 other TxDOT districts. Transportation projects are coordinated through one Metropolitan Planning organization:

At present: TxDOT is involved with the following: Interstates: 175 miles of IH 27 and IH 40 US Highways closely parallel the Texas Trunk System and were the

foundation of the early transportation network.

AIRPORTS: 17 general aviation airports

Other services: TxDOT Travel & Information Center

Currently Under construction: US: an overpass at the railroad crossing in east Amarillo near Sate Highway 136. Amarillo contributed 2 million to this project. Construction Cost: 4.4 million

US 87- the states first geothermal heated bridge deck that will prevent "black ice" forming on the bridge. To be completed by the winter of 96.

LOOP 335: the first of 3 phases needed to complete a transportation loop around the city of Amarillo. Cost 3.7 million.

US 54, from Middlewater to the New Mexico State Line. This project is a part of the district's long term plans to strengthen US 54, a major truck corridor that links New Mexico, Texas, Oklahoma and Kansas.

1996 Fiscal year: US 87 -a road widening project between Hartley and Dalhart. The first of the Districts, National Highway Trunk System projects. Estimated cost \$7.7 million

IH 40 and IH 27 road rehabilitation projects in Oldham, Potter and Randall Counties will help the interstates handle the area's heavy truck traffic. Estimated cost \$5.9 million

Fiscal Year 1997: Loop 225, 2nd of the 3 phases to complete a transportation around the city of Amarillo, estimated cost 7.5 million

IH 27 road rehabilitational projects in various counties to extend the life of the two roadways. Estimated cost \$7.5 million

State Highway 70: In Gray County from Loop 171 to the Roberts County Line. The road rehabilitation project will prove transportation in the rapidly developing area. Estimated cost \$2.7 million

1998 fiscal year: IH 40/27 same rehabilitation to extend life to two roadways. Estimated cost \$7.5 million

Loop 335 last of the 3 phases that will complete loop around City of Amarillo.

Estimated cost \$4.5 million

LONG RANGE PROJECTS: US Highway 287: from Stratford to Ok. State line. Widening the existing 2-lane road to a 4-lane divided highway.

US 87 Dallam County from Texline to the New Mexico State line. Plan to widen the existing 2-lane road to a 4-Lane divided highway.

US 60: at the intersection of FM 1912 & FM 2372. Plan to improve the two intersections with separate bi-level interchanges that will serve the area's largest employers.

*Long range projects have not yet been authorized for funding.

Needless to say-we have to be persistent-even to being demanding. These are our roads let your voice be heard.

Now a look at what is happening this week in our community. Have a good week.

Thursday July 18th Scot pool-AA/Alnon 8 p.m. County Barn.

Friday July 19 Scot 1 p.m. Pool, ceramics

Sunday, July 21 Coldwater Manor 9 a.m. Worship Service, Calvary Baptist.

Monday, July 22 Scot 1 p.m. Ceramics, & pool, 7:30 Dance practice.

Tuesday, July 23 Scot 1 p.m. Pool, Scot Board Mtg. 10 a.m.

Wed. July 24 Scot hall pool, ceramics at 1 p.m. Coldwater Manor Bible Study Church of Christ.

Sidewalk Sale Shots

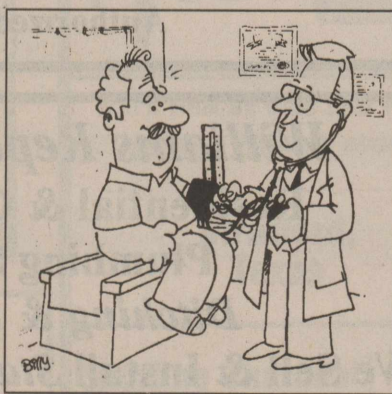
There was a good turnout on a beautiful Friday for the Sidewalk Sale held in Stratford July 12th.



Sidewalk Sale



High Blood Pressure And The Elderly



6070501S.EPS Art courtesy of North American Precis Syndicate

(NAPS)—High blood pressure, or hypertension, affects an estimated 43 million Americans. If left untreated, high blood pressure can lead to stroke, kidney damage and heart attack. This is of particular concern among the elderly. In fact, four of five people who die from heart attacks are 65 years of age or older. The good news is that doctors today have better medicines to treat high blood pressure than ever before.

As we age, the risk of high blood pressure increases dramatically. Men have a greater risk of high blood pressure than women until age 55, when the risk is about equal. However, at age 65

and older, women are more likely to develop high blood pressure. Only your doctor can tell for sure if you have high blood pressure because it is generally symptomless.

Older people often suffer from other diseases, such as angina, chronic lung disease, arthritis or diabetes. As a result, they may take more than one medication. Sometimes these medications may interact with each other.

The best choice for any drug treatment is a medication that is safe, effective and easy to take. Doctors want to minimize side effects and drug interactions and encourage patients to take their medication.

Researchers recently gathered to discuss a major new National Institutes of Health (NIH) hypertension clinical trial in patients over 60. This NIH study closely examines the long-term safety and effectiveness of several blood pressure medications in 40,000 older Americans. A board of eminent physicians continually reviews and confirms the safety and effectiveness of the medicines in this trial.

One of only four medications in this study, Norvasc®, also known as amlodipine besylate, has been found to be safe and effective in controlling blood pressure in the elderly. The most common side effects are headache and

edema. Norvasc needs to be taken only once a day, is not known to interact with other medicines, and is easy to take. Norvasc is also safe in patients who may have diabetes, chronic lung disease or angina.

Your doctor may prescribe high blood pressure medication for you. In addition, lifestyle changes may also be recommended. These include:

- Stop smoking.
- Watch your weight. Your doctor can tell you what is a normal weight for your height and age.
- Eat a balanced diet. Include lots of fruits and vegetables, and keep your fat intake to a minimum.
- Reduce salt intake. Use it sparingly—taste your food before you salt it—and cut down on salt-rich foods.
- Control stress. Take time for recreation and relaxation.
- If you drink, do so in moderation.

See your doctor at least once a year to check your blood pressure, and keep these tips in mind. High blood pressure needs to be controlled.