

THE STRATFORD STAR

50 CENTS

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Number 29 July 18,1996

Miss Stratford Scholarship Pageant Coming Up

Miss Stratford Scholarship Pageant is coming up. All girls interested ages Preschool thru 12th grade. Contact Marie Sladek 2865 (home, message) 2259 (work) or Becky Brooks at 2845.

Attention **Quilt Makers**

Quilt show at Sherman County Fair need new quilts or quilts with a history. Bring to Fair building Thursday, Sept. 5th by 3 p.m. Call Rose at 2191.

Kids Cooking School To Be Held

Southwestern Public Service and Sherman County Extension Office will be hosting a Kids Cooking School on Thursday, July 18 at 11:00 a.m. Karen Ashurst, SPS Marketing Director will be conducting the class.

The basic cooking class is designed for kids ages 7 through 12 years of age. To assist in the preparations for the class, kids interested in attending the class are asked to preregister by calling the county Extension office at 396-2122 by July 15th.

For more information, contact Susie Spurlock at the Sherman County Extension Office.

Look Who's **Coming To Dinner**

Look who is coming to (the Exstudents) dinner.....

Vondell Guthrie Van Bebber

Mr. and Mrs. C.D. Holmes Russell Boney '40 Gerry Sherrod '73 Ruby Bryant Graves '36 Bruce Biddy '56 Ellen Dyess Tillery '65 Sandy Tillery '64

Community **Youth Choir**

The youth of the First United Methodist Church invite all Junior High and High School students to join their newly formed Community Youth Choir. This choir will be under the Direction of Jim Taliaferro. Rehearsals will begin on Wednesday, July 17, 1996 at 8:00 p.m. to 8:45 p.m. in the sanctuary of the First United Methodist Church. The music will be contemporary, it will be fun and there will be food. For more information contact the church office at 396-2178 or Nancy Kimball at 396-2417.

Class of '66 To Meet

The class of '66 will meet for lunch Saturday, July 27, 1996 at 12 noon at The Crossroads. For more information Call Gail Allen at 396-5521 or 727-4322.

If you do not think about the future, you cannot have one. —John Galsworthy

Scot Bingo

Bingo Thursday, July 18th 7 p.m. at Scot Hall.

Photography Contest

County Fair: Sept 5, 6 and 7.



Winner of the Texas Flag and framed documentation donated by Teel Bivens to the Lollipop Junction was Kristen Crabtree. Shown with Kristen is Mary Cross, Lollipop Board member who sold the winning ticket. Kristen is the daughter of Doak and Lisa Crabtree.

Vincent Meets With Board To Discuss 1/2 Cent Sales Tax Program

The Board of Trustees of the discussed. Stratford Independent School District met for a regular board meeting on Thursday, July 11, 1996 at 8:00 p.m. All members and approved. The claims and accounts for the month were paid. Kenton Kimball, given by President.

Renee Booth Cavitt and Wesley Spurlock representing the Lollipop Junction, discussed the proposed Corporate Policy of the Lollipop.

Lorie Vincent of the Sherman Cunningham Parade County Development Committee Lippo's Music Mart. The Student 1/2 cent sales tax program.

Chad Utley, representative of accepted by the board. Quicksilver Consultants gave a

The transportation report, new salaries and tax rate. school bus, TAPT Convention Meeting adjourned at 9:35 attended by Billy Joe Potts and p.m. cellular phones for the buses was

The minutes from the June 6th and July 2nd were read, amended and approved. The claims and

The board accepted bids from the following: J-Max Satellite, Panhandle Satellite, Lowe's Home Centers, Trook Cabinets, Builders Square, Alert Services, Buck's Sporting Goods. The following quotes were accepted for Band Uniforms: Fruhauf Uniforms, Wear, met with the board to discuss the Code of Conduct and the Student Handbook from each campus was

In other business, the board report to the board on the discussed the preliminary budget progress of the renovation project. for the 1996-97 school year,

Annual Miss Farm Bureau Pageant To Be Held

The Sherman County Farm Bureau will be holding it's annual Miss Sherman County Farm Bureau Contest and Talent Find Contest Friday, July 26 at 6 p.m. at the Methodist Church Fellowship Hall Proteins and the contest Friday. Hall. Participants in each contest must be between 16-19 years of age as of September 1, 1996. Contestants will be allowed to enter one or both contests. Local winners will receive a \$100 scholarship and go on to compete at the District level where a \$600 scholarship prize is available and a chance to advance to the State level. Winners at the State level will receive a \$1500 scholarship. Talent find contestants can be girls or boys and can be by groups up to three persons. If you are interested in competing in one or both of these contests, please call the Farm Bureau office at 396-5538. Deadline to sign up is Friday July 19, 1996.

AAU Tracksters Regional Bound

Mandy Helmuth & Levi Artho competed in the AAU Regional Qualifiers Track Meet June 29th in Amarillo.

Levi competed in the 400, 880 and 150 m. dash. He won the 400 with a time of 77.27, he also won dash with a time of 13.99.

Jump 100 M. dash and 200 yd. dash. Mandy being only 12 had to compete with 13 & 14 yr. olds. She won 4th in the long jump with a jump of 12' 1' was 3rd in her heat in the 100 m. dash with a time of 13.0 but finished 6th overall. Ran the 200 m. dash in 30.41 finished 2nd in heat but 5th overall.

These two young kids get to compete July 19 and 20 in San Antonio. If you would like to help with their expenses contact Mandy at 5975 or Levi at 2240. If you see these two wish them well. They deserve it.



McWilliams Big Winner

Winner of the Sherman County 4-H Council Cow-Patty Bingo at Pendleton Park on July 4th was Kirk McWilliams, left. Kirk won \$100.00. Shown with Kirk is Cassie Bell - 4-H Council Delegate and Michael Clawson - Sherman County Extension Agent.

. Kid's Cooking School

Just a reminder that the SPS "Kids Cooking School" will be the 880 with a time of 2:56:66. Thursday, July 18th at 11:00 at the Levi qualified 4th in the 100 yd County Exhibit Building. Karen Ashurst will be leading the session hosted by Sherman County Mandy competed in the long Extension Service. Pre-registration

Aduddell Takes 1st place

Brandon Aduddell, son of Cleo and Debbie Aduddell, won 1st place in Holly, Colorado in Bull Riding.

Brandon rode J&J Rodeo Company's bull called Ace. Ace had not been ridden in over a

Brandon rode Ace for 8 seconds for a score of 84 points to win the Bull Riding.

Congratulations Brandon!



Recycle (Behind Thriffway) New Hours: Effective May 1st Wed. 9-11 a.m. Sat. 9-12 a.m. Newspapers & Magazines, Glass-clear, colored plastic milk cartons Soft-Drink, tin, aluminum

sortened-flattened-rinsed

Up-coming Events

Stratford School Ex-Student Reunion July 26, 27

Friday, July 26 7:00 food booths and family visiting

Sat. July 27 noon honored class individual reunions, 7:00 Banquet Honored Class years in 10 years increments 1926-1986 plus a renegade class or two.

Sherman County Fair and **Jamboree Sept. 5, 6, 7, 8**

Exhibits accepted Thursday 5th. Fair open to public 6 and 7. Did you know that black and Saturday 7: Parade, Bar-B-Que, white photos will outlast color Children's turtle races, bike & foot photos? There is a place for black races, tractor pull, Old Timers and white pictures at the Sherman Program. Dance. Rodeo 7 and



Grand Opening For Tommy's Embroidery

Tommy's Embroidery held their Grand Opening on Friday, July 12th from 9:00 - 5:30. Tommy's new location at 210 Highway 54 West has 3,750 square feet compared to their previous location of 1,600 square feet. Computerized embroidery came to the business in January of 1993. A second machine was added in October 1994 and in June, 1996 a four-head computerized embroidery machine adds more features and capabilities to embroidery items. This machine is the only one of its kind until you reach Oklahoma City. Tommy's Embroidery will embroider anything that can be embroidered. Just a few of the many things embroidered are caps, jackets, towels, afghans, towel wraps for men and women, luggage, sports bags, Tshirts, sweat shirts. Tommy's Embroidery also features Lawman jeans size 7-14 for little girls, 1-15 for ladies, Rocky Mountain jeans, and ladies fashions by Koret. Tommy's also carries the largest selection of Dreamsicles in the local area. She also carries silver jewelry and balloon bouquets. A new item added recently was a heat press to do team uniforms. Owner Tommy Goetz operates the business, along with her daughter Tonja Berry, and employees Cathy Walters and Tonja Yates. Tommy's Embroidery has expanded greatly since they started in 1991.

JULY

JUMPIN' JACK N' PEPPER PIZZAS

- **Makes 12 Pizzas** 6 Bays English Muffins, split Black Bean Spread (recipe follows)
- 2 cups shredded Monterey Jack cheese with jalapeño
- peppers 1 red pepper, roasted,
- peeled, seeded, chopped yellow pepper, roasted, peeled, seeded, chopped
- green pepper, roasted, peeled, seeded, chopped
- green onions, chopped jumbo black pitted olives,
- chopped 1/4 cup snipped fresh cilantro large avocado, peeled,
- pitted, chopped tablespoon red pepper

flakes Sour cream Bake muffin halves at 450

degrees F, on a baking stone or

a baking sheet until crisp, about 5 minutes; remove. Evenly spread Black Bean Spread over each muffin half. Sprinkle on Monterey Jack cheese. In small bowl, stir together peppers, onions, olives and cilantro. Spoon on top of cheese. Top each with a few pieces of avocado. Sprinkle

a dollop of sour cream. BLACK BEAN SPREAD

on red pepper flakes. Bake at 450 degrees F, about 10 minutes or

until cheese is bubbly. Serve with

- 15-ounce can black beans, rinsed, drained
- 4 cloves garlic, peeled 1 cup plum tomatoes, seeded, chopped
- 2 dashes hot pepper sauce In food processor, puree beans and garlic until smooth. Stir in tomatoes and hot pepper sauce. Set aside.



A mother elephant calls to her young by slapping her ears against her head.



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There's probably no investment more important than your home. For its value and for the security it gives your family. But what if you aren't there to make sure the mortgage is paid in full?

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Allen Agency 396-5513



Farmers New World Life Insurance Co Mercer Island, WA

110 S. Bliss

Letter To The Editor

Dear Editor:

The rain is wonderful. It makes the trees smile, the grass green and aerobics. Bingo will be this and the weeds grow. Sixteen persons have been hundred invited to Stratford for the Ex- Pizza and tour the new homes in students' and Teachers Reunion Guymon. Next week will be board weekend July 26, 27. We are not meeting, Hamburger dinner and expecting quite that many Ex's to the last week of the month will be visit this year but I am sure we the school alumni and dance at want to show our best by having Scot Hall. things mowed and trimmed. The things moved and trimmed. The best time to pull those weeds in August 16 will be on Bulletin the sidewalks is after a rain. (The Board. Twenty seats have been second person passing those reserved also trip to Cripple weeds is just as obligated as the Creek is being planned for last first.) Let's put on our Sunday dress for our visitors.

part of Sept. Let me know if you are interested in either or both of these activities. A.S.A.P.

Scot News

By Jack Gore

Activities will be slow around

Scot Hall this week. Regular

activities such as pool, ceramics

'Gaynelle Riffe

Simplicity of character is no hindrance to subtlety of intellect. -John, Viscount Morley of Blackburn

Come Support the Stratford All-Stars this Weekend at Pendleton Park J.H. Cheerleaders serving Hamburgers, Baked Potatoes & Snow-Cones!

AUCTION

Household Consignments Saturday, July 20, 1996 - 10:00 a.m. Sherman County Exhibit Building, Stratford, TX. Living Room, Kitchen, Bedroom, Office, Shop and Garden, Electronics, Miscellaneous

Keith Waters

Auctioneer P.O. Box 1185



Performance You Expect. THE General Store 可以不可以 515 N. Poplar Stratford, Texas 79084

(806) 396-5308 Save on Genuine Eureka Bags & Belts

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'omen's Health Center

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r. Turhan I. Baykan, M.D.

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To Stay Heart Healthy, **Emphasize Vitamins**

(NU) - Millions of Americans strive to lower their risk for heart disease by eating less saturated fat and cholesterol and by controlling their

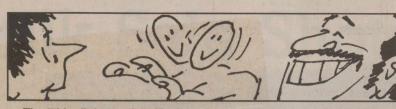
weight. Now, scientists are finding Thursday, 18th. Last week 13 that other aspects of nutrition may Scotters went to Guymon to eat also play an important role in reducing the risk of heart disease.

Generous intakes of vitamin E and other antioxidants, such as vitamin C and carotenoids, may help re-

duce the risk of coronary heart disease. Optimal levels of vitamin E act as a powerful antioxidant, helping to curb the development of coronary artery disease. It works, scientists say, by reducing the buildup of fat-

ty deposits, or plaque, on artery walls. Such deposits can lead to chest pain and heart attacks.

Scientists are also focusing on the role of the B vitamins, especially folic acid, in helping to reduce the risk of heart disease.



The "thing" that makes Mexican Jumping Beans jump is the larvae of a moth, reacting to the warmth in the hand of someone holding the bean.



Physical Medicine & Wellness Center 1101 Liberal (1/2 mile East of K-Bob's on HWY 54

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Or contact your personal physician.

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Texas

Folgers Coffee 13 oz. \$2.99

Shurfine Picante Sauce \$1.69

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PRICES EFFECTIVE July 17-23, 1996

OFFER GOOD WHILE SUPPLIES LAST

Happy day to you Sherman County Old Timers & Readers this sunny morning July 15, 1996.

Sunny is a happy word to describe the day since cloudy rainy, showery have been the wonderful words to describe Sherman County July 1996 weather. At 8:45 a.m. this morning the temperature registered 70 degrees.

The paradox of blessings moisture for one crop and the bane for harvesting another crop has been the weather story effecting Sherman County farmers in July 1996. The dryland harvest was practically over. The harvest of irrigated wheat is still delayed by the rain to some extent. The promise of a bumper corn crop is evident an so the role of supportive O.T.'s has to be played by us. Namely: We weep with those who are sad, we rejoice with those who are glad and Fervently thank the Lord for the blessing of moisture that has fallen on our excellent. Thanks for the shoulder land. Amen.

Turning to the SCOT calendar: Bingo Thurs. 7-18-96 7 p.m. Board meeting Tues. 7-23 10 a.m. Hamburger Fry Thurs. 7025 6 p.m.

Host & Hostesses For July: Kenneth & Beverly Pemberton, Elmer & Charlene Oquin, Warren & Nadine Miller, Jack Dettle, Roy Mitchell, and Dorothy Robbins. (Also Jack Gore helps a little).

For the community calendar be sure to read in Star July 4, 1996 page 5, the Sherman County Museum Calendar.

Remember your fellow classmates during S.H.S. reunion 7-26 and 27. And don't forget the Ot's reunion an Sherman County Fair Sept. 5,6,7 & 8

summer following a long dry spell when by Mary Riffe. plentiful rainfall comes. Our among these.

The problem of Humid heat for Baby Devan was quickly happy. Timi's problem of water in sested city. Here you can find beau-offices and I have a chance to find.

basement was solved when son tiful small towns, growing hustling fault with what they do, the decibaskin Brown made proper adjustments on the water spout on the large expanding wheat farms and have my say about things.

We service porch. (Hope you and the ranches that are stocked in the Panhandle because that the proper and the ranches that are stocked in the Panhandle because that the panhandle because the people. I like to struct the people. I like it in the Panhandle because the people. I like to struct the people. I like to struct the people this item if it is to with blooded cattle.

The Panhandle country of the proper than the people that the people is the people than the peo

the

past years to present. Bob & on an even keel. Wanna Bradford owned & First Baptist Church.

Joy will soon be home in Arlington, Texas. She will spend much time happily with her two great grand children. Rev. Mark Metzger the Methodist minister plans to leave for Atlanta, Ga. Olympics Monday, July 22, 1996 Happy Motoring Friend.

We had a delightful visit with Opal Bryant on Wednesday July 10, 1996. She's well and happy. We learned that Betty Lou O'Brien is recovering from her back injury and is expecting an over night visit from Dixon cousin

Amarillo, who are on their way to Colorado Springs.

Brandon & De Shan Hart were here Thurs. July 11, 1996 attending to business they missed seeing grandparents Joyce & William Hart who were visiting Joyce's college suitemate in Pueblo Co. Thanks for the delicious barbecued meat you brought us (and Betty Lou) on Sat. evening July 13, 1996, glad you had a nice visit in Pueblo.

Kathy Riffe's former children's companion Chela from San Antonio is spending her vacation with the Riffes and Allens.

Jim Bob Brown & Patty leave for Lubbock today. Jim will enter the hospital under the supervision of Dr. Stanley Ullom who will perform nose surgery on Jim Tuesday, July 16, 1996. Ashley and Caleb will be at home under supervised care during the day and spend the night with grandparents Betty & Baskin Brown while their parents are in Lubbock. Good

From Methodist church joys concern. Joys-moisture promises bumper crop in Sherman Co. The Boy Scout Camp, An Girls Scout Day Camp were pats Don Riffes.

Concern: Joe Wells, Mansfield, Texas move made under great difficulty. Joe Childs, Pauline Martin, Flo Hudson. Having respiratory trouble Mike Vincent,

some better, Darlene Smith Bruni, Dumas Hospital, Bill Sladek knee surgery, Jana Pronger, back home in Borger. Shane Snow, Texhoma recovering.

At 12:05 p.m. the sun is not so bright but no rain is falling. Let us Senior Citizens use the time profitably with encouraging pats

Kerrick News By Marylou McDaniel

Gail and Jo June McDaniel, Hank & Mabel Rogers, Terry and Barbara Schoonover and Kenneth and Lynn Wells will host a wedding shower for Jimmy Gillenwaters and Sundy Gilchrist (of Wichita) at the Kerrick Community Bldg, 7:00 p.m., July 27. All friends and relatives are invited to come and enjoy a covered dish, salad supper in their honor (A money tree will also be provided), SEE YOU THERE!

Sunday Gilchrist, bride to be of Jimmy Gillenwaters, spent the weekend with the Gillenwaters. Jimmy and Sunday shopped in Amarillo on Sat. She brought Donna a Jumbo belated birthday cookie.

Friends Kathie Altman, Jan Heiskell, Viola Kautz, and Kathy treated Gillenwaters to a birthday lunch Wednesday at the Crossroads. She was also given a beautiful blanket

McDaniel and Brenda Taylor attended the 15th

spent Saturday at Kerrick with grandparents Gail & Jo June McDaniel.

Ira D. Divine was editor of the Texhoma Times for many years. During the second world wear, Mr. Divine took care of the Stratford Air Conditioning, humid heat, Star while Editor Brown Ross was in the service. During that time he water drainage, water in met and married Eva Ullom Divine. Mrs. Divine grew up in Stratford basements, sewer problems are and raised her two boys. James Arthur "Jiggs" and Stanley in Stratford, problems both graduated from Stratford High School. This article was brought in

By Ira D. Divine

Stratford, Texas

remedied when Pa Haile H.L., country, larger than some states, replaced a worn out cooling and there are within its boundaries system with a larger refrigerate air about as many different kinds of cooling systems, Devan rest cool & people as there are in a large, conhappy. Timi's problem of water in gested city. Here you can find beauthand in the cooling systems and I have a chance to find the cooling systems. Sunday School 9:45 am people—a lot of them hold public offices and I have a chance to find the cooling systems.

sewage problems in various places.

diversified weather every day. It many women "Grandma", and many seldom remains the same for twenty. men "Grandpap". I like it in this seldom remains the same for twenty. men "Grandpap". I like it in this four hours. There can be the stiff small town because it's nice to have tidbits on Sunday was okay, the winds carrying billows of dust, then friends drop in for a same of 42, business in Dumas was a great stillness of the air; rain, visit with Mother Jane and me, and successfully concluded an we're snow, sleet, and freezing weather enjoy an evening together. I like this back in the groove today.

and sunshine all within the bounda-small town because it offers some caption ries of one whole day.

accompanied the picture of liked by the newcomer, and he finds the ladies clubs, the Lions club, and Spurlock reunion in Star July 11, that it is like celery or some other I enjoy the general dissatisfaction Spuriock reunion in Star July 11, that it is like celery or some other I enjoy the general dissatisfaction:

1996 is to call the honor roll of of the rabbit foods, he must learn one can find in a small town. I like:

Sherman County Old Timers. to like it before it can be appreciate to hear people rant and fuss and Blessings on everyone mentioned.

Amen.

In the same issue of the Star on the Panhandle country, and they and then again all is happy and well would not live anywhere else. I like with the people.

In the same issue of the Star on the because it promises so much evilually it because it promises so much evilually it might give very little. I like it just a plain every day citisen with because it's never the same. If we a home that looks like it had been the same is used for the fact that because it's never the same. If we a home that looks like it had been the same is used for the fact that because it's never the same. If we a home that looks like it had been the same is used for the fact that because it's never the same. If we a home that looks like it had been the same is used for the fact that because it's never the same. If we a home that looks like it had been the same is used for the fact that because it's never the same. If we a home that looks like it had been the same is used for the fact that because it's never the same is used for the fact that because it's never the same is used for the fact that because it's never the same. If we a home that looks like it had been the fact that because it's never the same is used for the fact that because it's never the same is used for the fact that because it's never the same is used for the fact that the people.

Sunday School 9:40 am Sunday School 9:

I like it in the Panhandle country comfort and happiness. Within its because the people are high type, walls I can do as I please. operated the Conlen station for 4 or 5 years some years ago. Their children attended Stratford question. I like the Panhandle counchanges, and they come at night: No Saturday Mass

personal problems were listed DO YOU LOVE THIS COUNTRY? great chance to cuss the public ser-The Panhandle country is a great It gives me a chance to cuss them Rev. Mike Leonard out and say what I think about:

personal)., We notice evidence of The Panhandle country offers a most of the people. Where I can call First Christian of the things that get down to real: Evening Worship 6:00 pm The Panhandle country is seldom life—the home town school plays, Wed., Adult Choir 8:00 pm

Bradford and Betty Lee Brown in alike we would get frantic, nervous, some, the rugs on the floor may be. Dalhart span's remembrance of and disgusted. The changes keep us a little worn, the windows may rattle past years to present. Bob & on an even keel.

Schools and the family attended try because I can drive over the best times as well as day times. Every highways under the sun as fast as morning in driving to work the

Medical Breakthrough: Freezing Cancer Tumors

(NU) - An innovative surgical technique now in use by physician Kenneth P. Ramming at Los Angeles' Century City Hospital is bringing new hope to victims of cancer of the liver and prostate.

The technique, known as cryosurgery, involves the use of nitrogen to freeze and thaw tumors until they die. It offers a surgical option where none was available

before. Other advantages include less pain and blood loss and faster recovery times. And since healthy tissue is preserved in the tumorinvolved organ, the procedure can be repeated if the cancer returns.

For information about cryosurgery, call the Cancer Center Hotline at Century City Hospital, 1-800-605-5166.

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Jimmy Gillenwaters is at home for a while after traveling in Germany, Italy, France, Africa and England.

On July 6, Gail & Jo June Appreciation luncheon.

George Avent reported they have had 3 1/2 inches of rain this month. He and Barbara went to Raton and picked up their granddaughter Jacy Wright. She will spend all this week with them.

Nicholas and Shelby McDaniel

vice company for the lights going: Assembly of God

Bob is deceased. Wanna lives my car will go or I can take my reaking of the dawn offers scenery time and enjoy the drive without be that will never be duplicated by an in Dalhart as does son, Randy.

Daughter Robbie & husband

I like it because we have to fight ing is different, and its exciting to (family) operator the Napa Part for what we get. All the things we seem that you are driving down to Store in Texhoma. Thanks for now enjoy we first had a keen fight the ocean side when in all reality it your inquiry of us, Wanna, visit before we got them. The citizens of is only a Panhandle cloud beauty Stratford during S.H.S. Home all the towns had to fight for city fading out into a clear day. Clouds coming we could easily meet water, electric power service, and to caught up in the sky over the Panhandle tangle up in far more beautiful scenery actions than can be The Jim Allisons were her over the weekend. They are neighbors to Hubert Waldrops. They report the Waldrops have their house for sale an plan to obtain a condominium for convenience sake. Blessings on all.

Mark, Carla & Chris Lamb and grandmother lov Hester are the world.

I like it here becaus I took part found in any other place on earth. It is it here because I took part found in any other place on earth. Live in the Panhandle country, and like it, love it and admire it. Drive through the will go on through it without know-because we have to fight the railroads to get them to install adequate was fought for, and made into the server of the nation, and has been kept by its people just so God grandmother. Lov Hester are grandmother Joy Hester are to get good phone service to our can use it in His example to the returned from a 10 day visit to homes and business houses. I like it world, as to how people can walk London.

Rent Gasoline **Doctor Bills Prescriptions** Barber/Hairdresser

Happy Birthday,

Cherise, Dori, LaRenda, Roy, Yvonne,

Bradford, Luzelle, Martin, Charles, Juana,

Marcus, Randy, Brandi, Cody, John, Karen,

Shelby, Aleta, Diane, Tommy, Faye,

Gaynelle, Justin, Maggie, Connor, Kellie

RERECES CONTRACTOR CON

WHAT DO THE FOLLOWING HAVE IN

COMMON??

Groceries

Home Payments

Church Contributions

Automobiles Purchase

We All Have These Expenses and They Make Up the Largest Part of Our Monthly Expenditures.

BUT!

NONE OF THESE EXPENSES WILL BE AFFECTED BY THE PROPOSED HALF-CENT CITY SALES TAX INCREASE.

There are many other items that are exempted from the Texas Limited Sales and Use Tax but those listed above affect all of us regardless of income and other circumstances. This is important for those on a fixed income. Nobody likes taxes but it should be noted that most of our basic needs will not be affected by the halfcent sales tax increase and at the same time we will working together to improve

LET'S GIVE STRATFORD A FIGHTING CHANCE TO GROW! VOTE YES! YES! YES! YES! ON PROPOSITION 1 AUGUST 10th Early voting starts on July 22nd at City Hall

Pd. Pol. Adv. by the Sherman County Development Committee, Inc. P.O. Box 652 Stratford, Texas 7908

921 Fulton

Sunday School 9:45 am Morning Worship 10:45 am

Sunday Coffee Fellowship 9:00 am Sunday School 9:45 am Morning Worship 10:45 am

First United Methodist

Morning Worship Service

St. Joseph Catholic Michael Colwell - pastor

Rectory - 5687, Parish Hall - 2298 Sunday English Mass 9:00 am Sunday CCD 10:00 - 11:00 am Sunday Spanish Mass 11:00 am

Church of Christ Jon Heatwole

N. 3rd & Chestnut Sunday School 10:00 am Morning Worship 11:00 am **Evening Worship 6:00 pm** Wednesday Bible Study 7:30 pm **Calvary Baptist**

Gerald Clark 302 S. Main Morning Worship 10:30 am Children's Active Learning 10:30 a.m. **Evening Worship 6:00 pm** Wed. Bible Study & Fellowship 7:30 pm **First Baptist**

Bro. Jerry Stewart 702 N. 3rd Sunday School 9:45 a.m. Morning Worship 10:50 am Church Training 6:00 pm

Wednesday Bible Study 7:00 pm La Mision Bautista

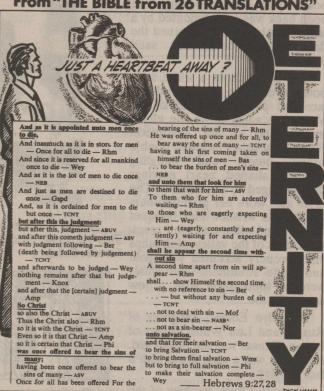
Roca De Salvacion **County Barn**

Evening Worship 7:00 pm

Domingo-(Sunday) Estuela Dominical 9:45 am Servicio De Adoration 11:00 am Servicio De Adoration 6:00 pm Se Cuidamos Susninos Durante El Servicio.

The Churches of Stratford Welcome You

From "THE BIBLE from 26 TRANSLATIONS"



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Mission Hispania Assemblios DeDios

Pastor Roberto Frescas County Barn Sunday School 10:00 a.m. Morning Worship 11:30 a.m.

Miercoles (Wednesday) Estudio Biblico & Servicio De Oraction 6:00 pm



Cloyd & Day Wed

Susan Denise Cloyd and Rick R. Day were united in marriage in a candlelight service, Tuesday, June 11, 1996 in the First Baptist Church of Ruidoso, New Mexico. Rev. Allen Cearly officiated.

Susan is the daughter of Jim and Lynda Cloyd of Stratford. She is the granddaughter of Audie Cagle of Tulia and the late J.M. Cagle and the late E.R. and Bessie Cloyd, Canadian.

Rick is the son of Bill and Sallye Day of Santa Anna. He is the grandson of Lucille Daniel and the late Tom Daniel and Manola Day and the late R.C. Day all of Floydada.

The bride, who walked down the aisle to the "traditional Wedding March" with her father, was given in marriage by both her mother and father. She wore a straight full length white satin sheath dress with a scalloped Vshaped neckline. The fitted bodice was enhanced with intricate detailing of re-embrodered lace and pearls. The cap sleeves also featured re-embrodered lace and pearls over illusion netting. The open back was complimented by a large satin bow which adorned the floor length detachable satin

The bride chose a white satin bow covered in re-embrodered lace and pearls with Lily of the Valley cascading down the elbow length tulle as her headpiece. Finishing touches included double strand pearls and dangling teardrop shaped pearl earrings that belonged to her mother. The bride also wore her grandmothers pearls as a wristlet. Her bouquet consisted of white and pink roses, while lilies of the valley, pink tulips and greenery accented with gold and white streamers. Her shoes were of white satin with a bow

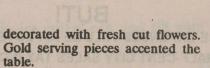
Kathelyn Ediger, daughter of Russell and Lisa White Ediger of Inman, Kansas was the flower girl. Her dress was a pink floral with a lace overlay.

Grayson Cloyd, nephew of the bride, was ringbearer. He wore pinstriped knee length pants with suspenders, knee length socks and saddle oxford shoes.

The groom wore a black houndstooth sportcoat, white shirt with a black tie, black wranglers and Ropers.

Special music was provided by Lisa White Ediger. She sang "I Will Be Here" while guests were being seated. She then sang "Cherish the Treasure" when the family was seated. Rev. Cearly read from the Love Chapter, 1 Cor. 13, while the couple lit the unity candle.

The reception was held in the Fellowship Hall of the Church immediately following ceremony. The bride's table featured a two-tiered, three layered wedding cake which was



The groom's table featured a triple layered chocolate sheet cake. Both cakes were a wedding gift made by Alice Eads of Andrews. Coffee and nuts were

also served at his table. After the reception the couple left for a honeymoon trip to Cloudcroft, New Mexico. The couple will reside in Andrews where both are middle school science teachers.

After Summer Camp,

Watch for Head Lice

camp, but they can bring home an

unwelcome visitor — head lice.

(NU) - Children love to go to

Lice are difficult to see. But their eggs are glued to the hair and are

The tiny eggs are usually clustered along the centerline from the front to

Care Technologies, Inc. has a

back of the head, just above the ears and nape of the neck. When you find

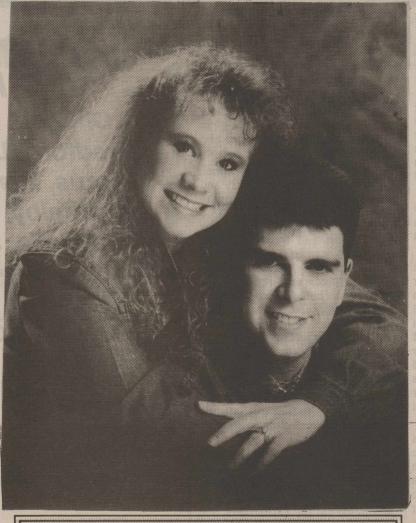
guide that details the three steps you

will need to follow: Kill the lice, re-

To receive a copy of the "Head Lice" guide, call: 1-800-783-1919.

move the nits and stay lice-free.

lice eggs, called nits, don't panic.



Engagement Announced

Mr. and Mrs. Tommy Sangster, Texhoma, TX. announce the engagement of their son, David Lee Boothby to Carrie Renee Mefford, daughter of Mr. and Mrs. Harlan Mefford, Eldorado, Ok. The wedding, planned for September 14 at 7:00 p.m. will be held at Corinth Baptist Church in Eldorado, Ok. The bride-elect is a graduate of Oklahoma State University, Stillwater, where she received a Master's Degree in Elementary Education/Early Childhood and Library Science. While in college she was a member of the Kappa Kappa Gamma Sorority and was involved in homecoming activities and university choir. She was listed on the Dean's and President's Honor Rolls and was named outstanding first year teacher representing Westwood Elementary School, Stillwater. The prospective bridegroom is a graduate of Oklahoma State University where he majored in Mechanical Power Technology. He is employed by Texas Hydraulics, Inc. in Temple, TX. In college, he was involved in the Tau Alpha PI Honor Society, Golden Key National Honor Society and President's Honor Roll. He served as vice president of the Fluid Power Society. The couple plans to make their home in Temple, TX.



Tiffany Reinart, bride-elect of Nick Phelps was honored with a shower in the home of Kathy Thomas on July 14, 1996. Shown from left, Jan Shields, Sherry Phelps, Tiffany, Clara Reinart, Heather Carter, and Connie Reinart.



The first raincoat was made by Francois Fresnau, Chief Engineer at Cayenne, French Guinea, who discovered rubber trees growing at Aprouage in 1747, and waterproofed an old overcoat by smearing it all over with latex.

Tips & Topics By Susie Spurlock

We have been blessed with great July weather, abundant moisture and low temperatures, that many home vegetable gardens will receive benefit with a great harvest. As gardens are enjoying this unusual weather, homeowners planning to preserve the fruits of the harvest need to take time now to see that everything needed for food preservation is in top notch

*Inspect your home canning equipment for adequate number of approved canning jars, flats, and lids. Discard any jars that have nicks around the opening as this is will cause jars not to seal properly and be an open invitation for food safety culprits. Purchase what equipment you will need while the supply is still good at your local

*Take time to contact the County Extension Office and make an appointment to have your dial gauge canners checked for accuracy. This process takes more time to set up the checking equipment than actually testing the equipment, so it is advisable to call ahead. This time of the year, I get busy too. I will be out of the office the following dates: July 22 & 23, July 31 through August 9th. The days I am in the office, I will check canners that are here and honored German wedding tradition: will be happy to share resources The bride and groom exchange not for replacement parts.

*Review your printed canning on their wedding day. information for the most current methods recommended by USDA. In 1988 and 1989, a large amount of canning information was revised based upon research conducted by USDA. The printed material available at your local County Extension Office reflects changes recommended. Changes in cooking times, etc. are made for your protection and to insure food safety for everyone.

For more information about food preservation topics, come by the Sherman County Extension Office located in the north wing of the Courthouse complex or call Susie Spurlock at 396-2122.

Tops Will Work, If You Give It A Chance

TOPS will work if you are willing to try. How about these figures: 1,748,363.59 lbs. or 874 tons? That's what the total loss in 1995 was with a total enrollment of 299,625. Total number of chapters were USA-9720, Canada-1800, and overseas -40, with a grand total of 11,560.

If you would like to know more about TOPS, we will be more than glad to show you. TOPS is nonprofit. Come see us at the County Barn any Thursday morning at 8

Powers Boot & Shoe & Saddle Repair, 532 Morton, Elkhart, KS 67950 1-316-697-2940

Now has a place in Stratford for Pick up & Delivery. Bring your repairs to be done to **Coldwater Manor Thrift Store** on 287 and we will pick up, fix and deliver. Thrift Store open Thurs.'- Sat., 9-4.

More Wedding Couples Exchange Watches, Too

(NU) - You might say it's a timeonly simple gold rings but watches

But it's not just Germany where watches are popular wedding gifts. Peter Laetsch, president of the Federation of the Swiss Watch Industry, says more and more brides and grooms are exchanging watches to symbolize commitment and time together. Often, the watches are engraved with such sentiments as "Our time together is endless" or "Time began today.

For information on choosing watches as a wedding gift, contact Watchmakers of Switzerland Information Center, 608 Fifth Ave., New York, NY 10020. Or call (212) 757-



Harmattan is a cool, extremely dry wind that forms over the Sahara and blows westward or southwestward to the African coast. Many carry quantities of fine dust and can be dangerous to airplanes.



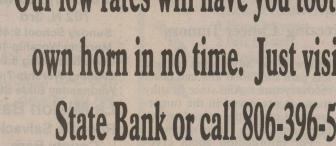
BELVEDERE HAS CONFESSED TO ALL THE NAUGHTY THINGS HE DID TODAY, AND HE'S READY TO TAKE HIS SPANKING LIKE A MAN. *

We expect our new car loans to generate a lot of traffic.

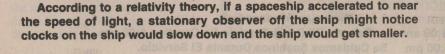
Our low rates will have you tooting your own horn in no time. Just visit First State Bank or call 806-396-5521.







First Class Banking



Check Out The Library By Dorothy Haile

Welcome to READ*WRITE* preschool to sixth grade.

READ*WRITE*NOW! draws upon the best in reading and successful experiences of teachers, librarians, and families. Research little as 30 minutes a day can help across the United States. children improve their skills and be more successful students. READ*WRITE*NOW! are in this Reading outside of school can kit. It's now up to you to find a maintain, and in most cases, special child and introduce that increase levels of reading growth child again and again to the magic reached in the classroom. Summer of the written word, to a lifelong fall-off in students' skills can be love of reading. stopped if a child continues to read on a daily basis.

READ*WRITE*NOW!'s simple formula makes reading and writing fun and productive. All needed READ*WRITE*NOW! is a child, a learning partner, and a book:

Children agree to read and write just 30 minutes a day, five days a week. Families may read to or with children during this time.

*One day a week, children meet with a learning partner (a reader who is a family member, a teenager, a senior citizen, or a NOW!- a national initiative to caring community member). improve the reading and writing Learning partners tutor children skills of America's children, from and provide extra help in reading and writing.

We invite you to make a real difference in the life of a child. writing research, as well as the Join the hundreds of thousands of READ*WRITE*NOW! learning partners who are helping children shows that reading and writing as read and write in communities all

All the materials you need to

All the material that one needs for this program may be picked up at the Sherman County Library.



Girls that attended Girls Scout Day camp held July 8-12 entertained parents with a few songs on Thursday, July 11 at the Sherman County Barn. After the program, they served watermelon.

Tomorrow's Leaders



Meghan Mackenzie - age 10 mo. Daughter of **Lance & Kelly Brooks**



Brandon - age 6 mo., Kira age 10 Children of Randy & Ellen Downs



Amanda Keener age 2 1/2 **Daughter of Floyd & Theresa**



Tiffany - age 9, Jonathan age 4 Children of Daron & Keri Knight



Rowdy - age 3 1/2 and Ransom - age 1 1/2 Children of Ray & Tammi Lermon



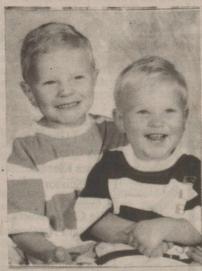
Chancelor - age 5, Chase age 3 mo. Children of James & Michelle Lutes



Justin - age 2 1/2, Kaylee age 16 mo. Children of Bryan & Kendra Mungia



Reed - age 21 mo., Rett - age 7 weeks Children of Brady & Trisha Schoonover



Tyler Bryan - age 3, Tanner Cole - age 1 Children of Greg & Marsha Wright

Sponsored By The Stratford Star

Photo's Courtesy of Thompson Photographics

Business Directory

THE Feedyard

Since 1953 753-4411

Stratford Grain Co. Stratford 396-5541 Lautz 769-4485

4 North Main



Leah Oakley Tues - Sat 9:00 - 6:00 Late appointments also

Stratford Auto Electric 119 S. Wall Stratford, Texas 79084 Phone 396-5941 396-5857 Alternator, Starter,- Magneto Repair Since 1964

Betty Brown's Medical Claim Service

401 N. 3rd. P.O. Box 7 Stratford, TX. 79084 806-396-2623

> George Harding Sewer & Drain Cleaning Plumbing, Electrical, Remodeling, Painting 396-2206

Brown's Meat Locker

Custom Wholesale & Retail Meat

Federally Inspected

Huy 287 South

396-2513

Big Town Selection * Small Town Friendliness Wide Selection Frozen Food Quality Foods Fresh Produce

Hwy 54 East

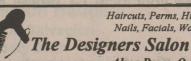
396-5586

Westside Laundry Call 1-800-547-2761 for Pickup and Delivery Mon. - Wed. - Fri. Pants \$1.75 Shirts \$1.50

Termite Termination

10 Yrs. Exp. - Free Estimates Lots of Local References House Leveling

Call Dennis at 1-800-613-9317



Haircuts, Perms, Hi-Lites, Up Do's Nails, Facials, Wax, Ear Piercing

Sat. 9:00 - 6:00 715 E. 1st Street Dumas, Texas 79029 Tanning Bed

Alma Perez, Owner & Stylist Karina Chabolla/Stylist Bus. 935-9922 Res. 935-8763

COLDWATER MANOR

"LOVE SPOKEN HERE" 1111 BEAVER RD., STRATFORD, TX (806) 396-5568

BROOKS MOTO PARTS PLUS 396-2631

314 S. Poplar

For Your Moorman Mineral & Feed Supplements Come By **THE General Store or** Call Ronnie at 396-5308

Nina C. Lavake .

Bookkeeping & Income Tax Service



396-5874 N. 3rd & Chestnut (North plains Savings & Loan Building)

Ellie's

For all your gift and floral needs Baby & Bridal Registry

209 S. Main

396-2092

Joe Flores Farm Bureau Insurance 396-5538 office 396-5389 home

STRATFORD GLASS & MIRROR Glass chip repair - Auto glass - Store fronts Plumbing, Electrical, Carpentry, General Repair Phone 806-396-5852

Hwy. 54 E. Stratford **ELK PHARMACY** 317 N. Main

Stratford, TX 79084 806-396-5505

We Honor.....P.C.S. P.A.I.D. BC/BS Texas Medicaid Gifts & Decorative Accessories • Helium Balloons UPS Shipping Center Bridal Registry One Day Photo Processing Baby Shower Registry Visa and Mastercard Welcomed Toys

Dumas Travel Center A Full Service Travel Agency

396-5958

Do all your travel plans at no cost to you.

Joan Bell 1-800-753-2792

P.T.'s Star Pizza

287 South 396-5332 Dine In - Take Out Free Delivery 5:30 p.m. - 9 p.m. - Mon. thru Sat.

Tommy's Embroidery 405-423-7718 Texhoma, OK. 122 W. Main

Caps, Shirts, Jackets, Baby Blankets, Towels, Towel Wraps, School Logos & Much More!



VICKI GORE, OWNER

CUSTOM SEWING ALTERATIONS

Ice Cream Freeze Off Winners

1st place

MOCHA ICE CREAM

6 eggs 3 3/4 cups sugar

3 tablespoons vanilla

3 cups whipping cream 4 cups half & half

1/4 teaspoon salt 1 1/2 cups chocolate syrup

3 tablespoons coffee crystals melted in 1/4 cup hot water Milk (to finish filling freezer)

In a large mixing bowl beat eggs until foamy. Slowly add sugar, beat until thickened. Add all other ingredients except milk and mix well. Pour into can. Add milk to fill line on can and stir well. Churn in freezer per freezer instructions. Makes 1 1/2 gal.

2nd place

CHOCOLATE PECAN ICE CREAM CAROLLEE WATERS

2 cans Eaglebrand Milk 1 can chocolate syrup 1/2 pint whipping cream 1 pint half and half

Mix together and pour in ice cream can and fill with milk and freeze.

3rd place

1 cup pecans

Strawberries 'n Cream Ronna & Eric Riffe

2 cups sugar

3 cups whipping cream

3 pints half & half

1 t. salt

1 t. vanilla

2 16 oz. packages frozen strawberries



This recipe is intended to be part of an overall healthful ke should be less calories for a day - not for each food or recipe.

Barbecue-Simmered Chicken Chunks

pound boneless, skinless chicken breasts or turkey breast tenderloins, all visible fat removed Vegetable oil spray

1/4 cup barbecue sauce cup spreadable fruit or reduced-sugar marmalade, jelly, jam or preserves

Rinse chicken and pat dry. Cut into bite-size pieces. Spray a large skillet with vegetable oil. Place over mediumhigh heat. Add chicken pieces to hot skillet. Cook 3 to 4 minutes or until chicken is tender and no longer pink, stirring occasionally. Stir in remaining ingredients. Cook and stir until heated through, about 3 minutes.

Serves 4; ½ cup per serving. Preparation time: 5 minutes. Cooking time: 6 to 7 minutes.

Nutrient Analysis per Serving

174 kcal Calories 25 gm Protein

10 gm Carbohydrate

62 mg Cholesterol 185 mg Sodium

3 gm Total Fat

1 gm Saturated Fat 1 gm Polyunsaturated Fat

1 gm Monounsaturated Fat

Full-Moon Fever

(NU) - Why does the full moon look so bright? Square mile for square mile, a full moon reflects more light towards the Earth than at any other time of its lunar cycle.

"The brightness of the moon will change from day to day as the moon goes through its lunar cycle fainter as it goes toward higher phase, brightest at the time of the full moon," says astronomer Robert Nelson of California's Jet Propulsion

Laboratory. Give a lot of the credit to a phenomenon known as Coherent Backscattering, a process that occurs when reflected light waves constructively merge and enhance the

intensity of their rays. Nelson says that Coherent Backscattering only works when rays striking the moon's surface and the rays leaving the surface are in a direct line — in other words, when there's a full moon.

will sweat a lot to cool their bod-

don't slow down when it gets ies. Unfortunately, if the lost flufer heat illness.

According to Dr. Oded Bar-Or, Professor of Pediatrics, McMaster University, researcher and expert on exercise and nutrition in children, "Dehydration can seriously impair children more quickly and more dramatically than it can adults.'

children include:

sunken eyes

• infrequent urination dizziness and loss of energy

is to check the color of their child's urine. Clear or light-colored urine children can be taught to deter-

stimulate their thirst and quickly replace fluid and electrolytes (sodium, potassium) lost during sports and activity. Although water is good to drink, most children find it less appealing than other beverages and won't drink enough

A properly formulated sports drink, like Gatorade, not only supplies energy, but encourages youngsters to drink by "turning on" their thirst. Beverages that are higher in sugar, such as fruit juices

1954, pending in the County Court of Sherman County, Texas, to

NOTICE TO CREDITORS

Notice is hereby given that

original Letters Testamentary for

the Estate of Bernice A. Potts,

Deceased, were issued on the 20th

day of June, 1996, in Docket No.

ROBERT L. POTTS. resident The of Independent Executor is in Sherman County, Texas and his mailing address is P.O. aBox 762,

Texhoma, Texas 73949. All persons having claims against this Estate which is currently being administered are required to present them within the time and in the manner prescribed by law.

Dated the 10th day of July,

Respectfully submitted Jack Barton P.O. Box 986 Stratford, Texas 79084 (806)396-2270 State Bar #01854000 Attorney for the Estate

Publsihed in The Stratford Star, Thursday, July 18, 1996.

Helping Children Beat The Heat

(NAPS)—Most active children warm outside. As a result, they ids are not replaced, children will become dehydrated and could suf-

Symptoms of dehydration in

dry lips and tongue

· dark-colored urine

In addition to physical appearance, one way for parents to judge whether fluid intake is adequate while a dark-colored urine may mean they are dehydrated. Older mine this themselves.

water to replace all lost fluids.

and regular soft drinks, can absorption and increase the chance absorption are companied to the chance absorption and increase absorption and increase absorption and increase absorption are also absorption and increase are also absorption and increase absorption are also absorption and also account a second account a second account and a second account a second

It is also important to encour-

T-L SUMMER

FINANCE SPECIALS

8.95% APR - 5 YEAR LOAN

8.95% APR - 5 YEAR LOAN

1st payment due January 2, 1998

10% down payment

10% down payment

No prepayment penalty

These programs are available for a limited time

on new orders only and are subject to credit

approval- so see your local T-L dealer NOW.

The choice is simple.

No prepayment penalty

1st payment due January 2, 1997

age children to drink fluids before, during and after physical activity. Offer children a drink before they leave the house. Have them take a squeeze bottle, such as the Gatorade sports bottle, to their activities. The following are some recommended guidelines for fluid replacement for children:

• Drink every 15 to 20 minutes during physical activity.

• For children under age 10 years, drink until thirst is satisfied, then drink two to four ounces more.

• For kids over age 10, drink until thirst is satisfied and then drink four to eight ounces more.

· Children involved in organized sports programs should be weighed before and after they exercise. For every pound of at weight lost, make sure they drink

Free Information

A free brochure titled "Keeping of July 1996. Active Kids Cooled and Fueled" is available by calling 1-800-88GATOR (1-800-884-2867)

Truth often suffers more by Active children should be the heat of its defenders than offered beverages that taste good, from the arguments of its

the best after all.

-William Penn

LEGAL NOTICE SPECIAL ELECTION

Legal Notices

The City of Stratford will hold a Special Election for adoption of Proposition 1: the adoption of an additional one-half of one percent sales and use tax to be used for any purpose authorized by Section 4B Article 5190.6 V.T.C.S. as the amended (The Development Corporation Act of 1979), including, but not limited to, projects for the promotion and development of new or expanded business enterprises; buildings, and equipment; related roads, streets, water, and sewer facilities; demolition of existing structures; drainage and related improvements, and other projects that is determined as directly development of new or expanded business enterprises. The election will be held August 10, 1996, with early voting July 22, 1996 through

August 7, 1996. Published in The Stratford Star, Thursday, July 18, 1996, Thursday, July 25, 1996, Thursday, August 1, 1996.

NOTICE OF **IMPOUNDMENT OF ESTRAY**

On the 10th day of July, 1996, I impounded the following estrays:

Kind of Animal: Steers, #2

Breed: Mixed

Color: Mixed

Age: Yearlings

Size: more than 450 pounds Band: Figure "7" on left hip.

and on the 11th day of July, 1996, I filed a Notice of Estray in the Estray Book of Sherman County, Texas.

I have made a diligent search of the register of recorded brands in Sherman County, Texas, for the owner of said estray, but the search did not reveal the owner.

Notice is hereby given that, if the ownership of said estray is not contract, the bidder will promptly determined by the 8th day of enter into a contract and execute August 1996, said estray will be such bonds as may be required. sold at public auction/Sheriffs Sale the Courthouse door, waive Sherman Texas.

Witness my hand this 11th day

Jack Haile, Sheriff Sherman County, Texas

Published in The Stratford Star, Thursday July 18, 1996 and Thursday, July 25, 1996.

The more people have studied different methods of bringing up children, the more they have come to the conclusion that what good mothers and fathers instinctively feel like doing for their babies is

Supply List 1996-97

SECOND GRADE 1 (8 oz.) Glue

1 Box Crayons 2 Boxes Kleenex

1 Pair Scissor

#2 Pencils

2 Big Chief Tablets 200 Count Notebook Paper

3 Red Pencils

1 Box Watercolors 1 Spiral Notebook

3 Folders With Brads

4 Zip Lock Heavy Duty 1 gal. size bags 5 Zip Lock Heavy Duty Qt. size bags

THIRD GRADE

1 Box of 24 Crayons 20 Pencils

2 Red Grading Pencils No Red Pens

1 Box Map Color Pencils

1 Pencil Sharpener 2 Rolls of Scotch Tape

2 Boxes Kleenex 2 Pair Scissors

1 (8 oz.) Glue

1 Eraser

2 Pkgs. Looseleaf Notebook Paper

3 Spiral Notebooks (60-100 pgs.)

3 Pocket Folders With Brads No Notebook Binders or Trapper Keepers!!

Please Mark Your Child's Things With His Or Her Name!

BIDS

ADVERTISEMENT FOR

Sealed proposals for the 1996 Additions and Renovations to Coldwater Manor Nursing Home, Hospital Stratford Stratford, Texas, will be received by the Board of Directors in the Board Room of Coldwater Manor Nursing Home until 4:00 p.m. local time, August 6, 1996, then publicly opened and read aloud. Proposals shall be addressed to Mr. David Boggs, Administrator, Coldwater Manor Nursing Home, 1111 Beaver Road, Stratford, Texas, or mailed to P.O. Box 1189, Stratford, Texas 79084.

The scope of the project shall include an 1800 square foot addition, a landscaped courtyard contribution to the promotion or and minor renovations to the existing facility. All work, including demolition, drywall, finishes, millwork, doors, windows, hardware, carpentry, structural, mechanical, plumbing, electrical and all associated work will be let in one (1) general contract.

Plans and Specifications may be examined at the following location:

HD&D DESIGN COLLABORATIVE-1600 S. Harrison Street, Amarillo, Texas 79102, (806) 372-5144.

Two (2) sets of plans and specifications may be obtained from HD&D Design Collaborative by qualified general contractors on deposit of \$100 per set. All checks for plans and specifications shall be made payable to HD&D Design Collaborative. All plans and specifications are returned in good condition to the Architect within ten (10) days after the bid opening.

cashier's check, or acceptable bidder's bond, payable to the Stratford Hospital District, in the amount of 5% of the largest possible total of the bid submitted must accompany each proposal as a guarantee that, if awarded a

The owner reserves the right to informalities, any Courthouse, Stratford, County of irregularities, and reject any or all

> All proposals shall remain in effect for a period of thirty (30 days from the date of receipt oner returned). The fe hour bid time limit as observed by AGC will be in effect on this project.

> Published in The Stratford Star, Thursday, July 18, 1996 and Thursday, July 25, 1996.

> > -Dr. Benjamin Spock

Mary Allen Elementary

KINDERGARTEN

1 Box Kleenex

2 Large Bottles of Glue

2 Glue Sticks 1 Box of 8 Crayons

1 Box of 16 Crayons 5 Pencils

1 Scissor 1 School Box

1 Spiral Notebook

1 Rest Mat. No Blankets, Exercise Mats, Sleeping Bags.

FIRST GRADE

1 Big Chief Tablet Per Semester 12 #2 Pencils

2 Boxes of Crayons (8 Basic Colors) No Fluorescent or Sparkle Crayons 2 Bottles (8 oz.) Glue or 2 Glue Sticks

1 Small Pencil Box

2 Pocket Folders

1 Pair of Pointed Scissors

1 Large Box Kleenex 1 Large Roll of Paper Towels

2 Pencil Erasers

Paint Shirt 1 Spiral Notebook

2 Red Pencils

No Pencil Sharpeners

Roy J Hill Len Sheets 806-396-2110 806-935-6411



It Pays To Look In The

Star Classifieds

.. The Best Salesperson Around

Phone 396-5885

For Sale

Car For Sale: 1990 Ford Tempo, Red excellent cond. Call 396-2772.

For Sale: 1993 Mustang Convertible. Call Arnita at First State Bank. 396-5521.

Showers selections for Cara Casey, brideelect of Paul Lundberg are at THE General Store. Free delivery to the shower on Aug.

Baseball Pictures are in and can be picked up at the Elk Pharmacy

For Sale: 1989 GMC 3/4 Ton Extended Cab Pickup. Call Arnita: 806-396-5521.

K's INTERIORS - Now Taking Furniture Consignments (new, used, and antiques). 396-2760, 396-5694, 217 Hwy 54 6-27-4xc----

For Sale: Pool table - \$300. Call 396-2760 or 396-5694.

K's INTERIORS - WALLPAPERS, DRAPES, FURNITURE, GIFTS, ACCESSORIES & LAMPS. 396-2760, 217 Hwy 54. 6-27-4xc--

For Sale: Acreage & Barns. Contact First State Bank Trust Department 396-5521.

For Sale: Gas dryer- 10 speed road bike and small roll top desk. Call 396-5804.

THE General Store has Ball canning supplies for those canning for the fair or home use. Cookers and other canning accessories available.

For Sale: Mom & Pop Grocery Store, located 1 block off of Highway 54 in Texhoma, Texas. Call 806-827-7413 for more information or 405-423-7783 after 8

For your summer needs, come to THE General Store. Potting soil, fertilizers, trimmers & trim line, furnace filters for 7-11-2xc-

Shower selections for Cara Casey, bride- 4-18-tfnelect of Paul Lundberg are at Elk Pharmacy. Free delivery to the shower on 7-18-3xc-

Help Wanted

Truck Driver Needed: CDL Required. Call Panhandle Agri-Tech. 396-2618. 7-18-1xc---

Help Wanted: Dispatcher/Jailer. Pickup applications at Sheriff's Office 701 N. 3rd, 396-5551. EOE 7-18-2xc-

Help Wanted: Needed - Truck Driver/Concrete Plant Manager for the Stratford Plant. Apply at Trans Mix in Dalhart, Hwy 54 West. 5-2-tfn-

Nurse Aide Positions are now available at Coldwater Manor. Excellent benefits including health insurance after 90 days. Will provide training for certification. Apply in person at Coldwater Manor. 1111 Beaver Road, Stratford, Texas. EOE. 05-09-c--

Housekeeping/Laundry position available. Excellent benefits include health insurance after 90 days employment. Apply in person at Coldwater Manor; 1111 Beaver Road; Stratford, TX. EOE 7-18-1xc--

The Sherman County FSA Office is presently accepting applications for temporary employment. Applications may be filed at the CFSA Office, Stratford, Texas. FSA Office experience would be helpful. Candidates will be considered without discrimination because of race. color, religion, national origin, sex, political affiliation, personal sponsorship, physical or mental disability, age, marital status, or other nonmerit factors.

7-18-c-

Services

"Independent Insurance Agent" Life Insurance, Retirement

planning, Burial Insurance, Medicare Supplement, Disability Income Insurance Molly Griffin, LUTCF 396-5612

Need Your House Professionally Cleaned? Call 2531. 7-18-c--

> Carpet and Vinyl Flooring products, Installation Available K's Interiors 396-2760

WALLPAPER SALES AND INSTALLATION -**UPHOLSTERY SALES AND SERVICES - K's** INTERIORS 396-2760.

Check with us before it Hails. Crop Hail rates same as last year. **Allen Agency** 806-396-5513

> K's Interior **Now Open** Remodeling in progress

VETERANS - Needing Assistance in filing Eligible Verification Reports (EVR) applying for Pensions, Hospitalization, Land and Housing purchase. Contact Max

Stephenson CSO at 396-5348. For Termite Control

Call Leo Russell 1-383-7075 Amarillo. Have been working Stratford for 28 years. Have City and State license for the City of Stratford.

Powers Boot & Shoe & Saddle Repair 532 Morton Elkhart, KS 67950 1-316-697-2940

central air, evaporative A/C supplies, hose Now has a place in Stratford for Pick up & & repair parts, drip irrigation, sprinklers Delivery. Bring your repairs to be done to Coldwater Manor Thrift Store on 287 and we will pick up, fix and deliver. Thrift Store open Thurs. - Sat. 9-4.

Wanted

Need to Buy: Used bedroom furniture. Must be all wood to refinish. Tana 5684. 7-18-2xc--

Garage Sale

Garage Sale: Come Early 8:00 a.m. until I get rid of this junque or tired whichever happens first! Leonda Fedric, 1111 N. Putman, Stratford, Saturday, July 20th.

Garage Sale: 502 S. Pearl Friday & Saturday, July 19 & 20. Lots of "Stuff". If rains postponed one week.

Yard Sale: from 8:00 a.m. to 11:00 a.m. on Sat. July 20, 206 S. Pearl.



The Greeks introduced the horseshoe to Western culture in the fourth century and regarded it as a symbol of good fortune. Legend credits St. Dunstan with having given the horseshoe, hung above a house door, special power against evil.

Houses For Sale

House for Sale: 2 story home, 4 bedroom, 2 bath, den, North 3rd & Maple. Call 396-5927 or 396-5831. 11-9-tfn-

Very nice old 2 BR Home w/storage Bldg. New paint on house, \$5,000.00 DN \$250.00/mnth for 60 months or \$17,500.00 Firm. 396-2876-306 N. 3rd St. Stratford, Texas

94 16 X 80 Mobile Home 3 Bdrm., 2 bath w/ fireplace. All appliances included. Call 396-2596. 7-18-tfn--

Nothing that was worthy in the past departs, no truth or goodness realized by man ever dies or can die.

Home for Sale: 3 bedroom, 1 3/4 bath, lots of closet space, corner lot, new paint inside and outside, near school. Ready for immediate occupancy. 1002 N. Maple. For appointment call 1-806-935-2853.

Houses for Sale: 3 BR, Brick home, 1200 sq. ft., 1 1/2 bath, 1 car garage, central heat, equipped with dishwasher stove and refrigerator, close to both schools at 806 N. Fulton. A 3 BR, wood siding, 2000 sq. ft, 1 bath, central heat/air, with basement at 401 N. Wall. Call 806-396-2348. 4-4-tfn-

House for Sale: 3 Bdrm. large backyard, new heat pump. Been remodeled. 114 S. Fulton. Call 2401 or 2403.

Home for Sale: 3 Bedroom, 2 bath brick home, large living room with fireplace, 2 car garage, storage building in back yard. —Thomas Carlyle 615 S. Fulton. Call 396-2180/5322.

Ad Rem Land Co.



118 E. 7th, P.O. Bx. 621

Dumas, TX 79029 806-935-7364 • Fax 935-7687

Homes • Farms • Ranches • Commercial Real Estate New Listing: 3 Bedroom Brick, 1 3/4 Baths, 1,913 Sq. Ft. Living Area, Double Garage, Storage Bldg., Central Heat/Air. \$72,000

New Listing: 2 Bedroom Brick, 2 Bath, New Carpeting, New Cabinet Tops, New Roof. \$35,000

New Listing: 4 Bedroom Brick, 2 3/4 Baths, 2,550 sq. ft. living area, garage, storage building, central heat/air, new sprinkler system. \$85,000

New Listing: 3 Big Bedrooms Brick Home, 2 Full Baths, New Garage, New Living Area, New Utility Room, 24x48 Shop Building, 14x38 Lean To in Pasture, 12x24 Storage Building, 3 12x12 Horse Stalls with outside runs & pens, 7.5 acres. \$135,000

New Listing: 3 Bedroom Brick, 1 Bath Plus, 720 Sq. Ft. Heated Shop in Back. \$40,000

Listing: 4 Bedroom Brick Home, 2 Baths. \$35,000 New Listing: 4 Bedroom, 1 bath on 3 lots with all new storm windows. \$27,500

Reduced: 3 Bedroom, 1 Bath, New Heat Pump. \$27,500 Agent: Keith Waters - Call 806-396-5391 Day or 806-396-5801 Night Tom Ferguson, Broker - Res. 806-935-7408

For Rent

For Rent: One bedroom, furn. apt. 6th and Fulton. 396-5692 night, day 5541 day. 12-

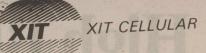
Some people are so fond of ill luck that they run half-way

—Douglas Jerrold

Lost & Found

Lost & Found: There is a plate at my house. White with daisies. If it is yours please call. I'll be happy to return it! Tana

7-18-1xc-



Sales & Service

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Authorized Dealer

Williams Repair Service Residential & Commercial **Plumbing Service** Ditching & Backhoe We Sell & Install State Water Heaters 396-5330

Munden & Munden

Certified Public Accountants Accounting * Auditing * Tax Service

Hours: 9-5 Mon.-Fri.

216 N. Main

(806) 396-2177 Stratford, TX

Card of Thanks

She went to sleep one night never here to awake again. But everything was alright between her and Him so she awoke in Heaven's courtyard free from pain within. The Angels gathered round her and they took her by the hand. Serenaded by Angels, up to the throne, serenaded by angels, finally at home, surrounded by praises to the King, welcome to paradise the angels

will sing.
The family of Rebecca Lavake would like to thank the First Baptist Church of Stratford and the entire Sherman County community, for their outpouring of kindness during our time of loss. Each and everyone of you are greatly appreciated.

> Mary Lou Walden John Walden & family Philip Walden & family Laura Evans & family

I want to thank all of you that came to the High Plains Hospital to see me and since my return home. I hope to be able to drive my car in another 2 weeks and can see all of you. In the meantime my children have been so good to take me where I needed to go.

Love, Jane Willey

SIRENS:

TORNADO WARNING:WAVERING SOUND-10 minutes in Length. Issued when tornado has been sighted in the area or indicated on radar.

CHEMICAL **EMERGENCY: 1 MINUTE CONTINUOUS** TONE=Test; 3 minutes of Continuous tone-go indoors and remain until further notice; 1 minute of continuous tone=all clear.

All CLEAR: 1 minute of continuous tone.

Alcohol Anonymous And Al-Anon meets every Thursday at 8 p.m. at the County Barn



Despite what many people believe, eating sugar does not

E-Mail Turns Kids On To Writing



6080604S.EPS

(NAPS)—If your computer has email. it contains "the write stuff" to get your children interested in writing. Why? E-mail is a fun, interactive way to help children develop important language and writing skills. With MCI's new booklet, Write Here, Write Now Educational E-Mail Guide, it's easy to get your children learningwith e-mail.

Educators say e-mail is valuable to children's education. "Sending and receiving e-mail provides a quick reward for practicing writing skills that will pay off in the classroom," explains Cheri Fuller, learning specialist and author of 10 books on child development. "A student's ability to write well affects his or her level of learning and achievement in every subject in school."

Parents can introduce youngsters to the fun of writing with Write Here, Write Now. Fuller worked with MCI to develop this two-part guide. It's packed with information for parents and children. Included are tips for parents to help children sharpen language skills and a "just-for-kids" pull-out section with fun, instructive and easy computer e-mail activities.

Besides letter writing, other Write Here, Write Now activities include science experiments by e-mail, hi-tech storytelling, tips for creating an electronic family newsletter and ways to ask an expert, such as a scientist at National Geographic, for information.

Write Here, Write Now is a complement to MCI's Friends & Family Mail e-mail software. Friends & Family Mail turns a home PC into a family communications center, allowing even children to easily send and receive e-mail messages.

Plus, communicating through Friends & Family Mail is safe since kids compose and send e-mail messages offline. And because Friends & Family Mail dials into an 800 number, phone charges don't add up.

For a free Write Here, Write Now booklet, call 1-800-726-8470.

North American

6080605S.DOC Precis Syndicate

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NOW READY TO HELP YOU BUY OR SELL A HOUSE CALL ROY J. HILL AT 396-2087 **CURRENT LISTINGS**

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619 N. Maple 806 N. Maple 401 N. 5th LIC.#0118281

508 N. Fulton 511 S. Main 311 S. Chestnut

Jack Barton Attorney at Law



Private Practice Law Office Hours By Appointment Only For Appointments call 8:00 - 5:00

> Monday - Friday Evenings

396-2270 396-2140

Chamber Chatter By J.A. Lassley

Can you believe two Chamber foundation of the of Commerce days for activities here in our community. July 4th evening was absolutely perfect, a little warm but then July is suppose to be warm. Right? Friday of last week, another perfect day for the annual Sidewalk Sale-cloudy and much much cooler. A good crowd out taking advantage of the many bargains. Food and drinks aplenty. It was a good day!

Last Wednesday, the JTPA worker, Ericka Jiminez and yours truly went to Amarillo to a Good road transportation meeting at the Amarillo Country Club. It was, indeed a very informative meeting. Not all that we learned from the video shown and the comments made by those speaking was good news. It will behoove we as users of the Highways to write, visit with, call our Texas representatives and Senator. 78% of Texas roadways are in much need of repair or modernization. Texas leads the nation in substandard bridges. Failing to keep up with our State growth. Today more than 1/2 of our states highway project cannot be built. WHY? Spending of highway dollars have been used on other than roads and bridges reducing the value of our Texas Highway System. If something is not done soon and our roads continue to deteriorate, it will cost even more to stop the decline. In the last 10 years 2.5 billion have been spent or taken from the highway fund and spent on nonhighway programs-above and beyond the 25% of gas tax revenues dedicated to schools. In 1960 about 1/3 of the state budget went to Highways. This year only 8% highway funding has also decreased because gasoline taxes have not gone up in several years projects in various counties to and increased fuel efficiency has kept highway revenues flat even roadways. Estimated cost \$7.5 though more cars have been on the road. What can you and I do? Help get this message out. Alert County from Loop 171 to the others the growing highway construction and maintenance backlog and how it could slow economic growth. Sign petitions to encourage City Council, County Commissioners, Chamber of Commerce, to endorse a policy of spending highway money only, on highways. Our STATE'S GOOD ROADS ARE A TREASURE WE MUST PROTECT.

The Texas Department of Transportation Mission is to work cooperatively to provide safe, effective and efficient movements of people and goods.

The TxDOT maintains a network of 9,212 lane miles of Highways in the Texas Panhandle. The Amarillo District serves the 17 northmost counties in Texas. This district borders 2 states and 2 other TxDOT districts. Transportation projects are coordinated through one Planning Metropolitan organization:

At present: TxDOT is involved with the following: Interstates: 175 miles of IH 27 and IH 40 US Highways closely parallel the Texas Trunk System and were the

transportation network.

AIRPORTS: 17 aviation airports

Other services: TxDOT Travel & Information Center

Currently Under construction: US: an overpass at the railroad crossing in east Amarillo near Sate 136. Amarillo contributed 2 million to this project. Construction Cost: 4.4

US 87- the states first geothermal heated bridge deck that will prevent "black ice" forming on the bridge. To be completed by the winter of 96.

LOOP 335: the first of 3 phases needed to complete a transportation loop around the city of Amarillo. Cost 3.7 million.

US 54, from Middlewater to the New Mexico State Line. This project is a part of the district's long term plans to strengthen US 54, a major truck corridor that links New Mexico, Texas, Oklahoma and Kansas.

1996 Fiscal year:

US 87 -a road widening project between Hartley and Dalhart. The first of the Districts, National Highway Trunk System projects. Estimated cost \$7.7 million

IH 40 and IH 27 road rehabilitation projects in Oldham, Potter and Randall Counties will help the interstates handle the area's heavy truck traffic. Estimated cost \$5.9 million

Fiscal Year 1997: Loop 225, 2nd of the 3 phases to complete a transportation around the city of Amarillo, estimated cost 7.5

IH 27 road rehabilitional extend the life of the two

State Highway 70: In Gray Roberts County Line. The road rehabilitation project will prove transportation in the rapidly developing area. Estimated cost \$2.7 million

1998 fiscal year: IH 40/27 same rehabilitation to extend life to two roadways. Estimated cost \$7.5 million

Loop 333 last of the 3 phases that will complete loop around City of Amarillo.

Estimated cost \$4.5 million LONG RANGE PROJECTS;

Us Highway 287: from Amarillo Stratford to Ok. State line. Widening the existing 2-lane road to a 4-lane divided highway.

US 87 Dallam County from Texline to the New Mexico State line. Plan to widen the existing 2lane road to a 4-Lane divided highway.

US 60: at the intersection of FM 1912 & FM 2372. Plan to improve the two intersections with separate bi-level interchanges that will serve the area's largest employers.

Sidewalk Sale Shots

There was a good turnout on a beautiful Friday for the Sidewalk Sale held in Stratford July 12th.





*Long range projects have not yet been authorized for funding.

Needless to say-we have to be

Now a look at what is

Thursday July 18th Scot pool-

Friday July 19 Scot 1 p.m. Pool,

Sunday, July 21 Coldwater

Manor 9 a.m. Worship Service,

Monday, July 22 Scot 1 p.m. Ceramics, & pool, 7:30 Dance

Pool, Scot Board Mtg. 10 a.m.

Tuesday, July 23 Scot 1 p.m.

Wed. July 24 Scot hall pool,

persistant-even to being demanding. These are our roads

happening this week in our

community. Have a good week.

AA/Alnon 8 p.m. County Barn.

let your voice be heard.

Calvary Baptist.











High Blood Pressure And The Elderly



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North American Precis Syndicate

(NAPS)—High blood pressure, or hypertension, affects an estimated 43 million Americans. If left untreated, high blood pressure can lead to stroke, kidney damage and heart attack. This is of particular concern among the elderly. In fact, four of five people who die from heart attacks are 65 years of age or older. The good news is that doctors today have better medicines to treat high blood pressure than ever before.

As we age, the risk of high blood pressure increases dramatically. Men have a greater risk of high blood pressure than women until age 55, when the risk is about equal. However, at age 65

develop high blood pressure. Only your doctor can tell for sure if you have high blood pressure because it is generally symptomless.

Older people often suffer from other diseases, such as angina, chronic lung disease, arthritis or diabetes. As a result, they may take more than one medication. Sometimes these medications may interact with each other.

The best choice for any drug treatment is a medication that is safe, effective and easy to take. Doctors want to minimize side effects and drug interactions and encourage patients to take

their medication. Researchers recently gathered to discuss a major new National Institutes of Health (NIH) hypertension clinical trial in patients over 60. This NIH study closely examines the long-term safety and effectiveness of several blood pressure medications in 40,000 older Americans. A board of eminent physicians continually reviews and confirms the safety and effectiveness of the med-

icines in this trial. One of only four medications in this study, Norvasc®, also known as amlodipine besylate, has been found to be safe and effective in controlling blood pressure in the elderly. The most common side effects are headache and

and older, women are more likely to edema. Norvasc needs to be taken only once a day, is not known to interact with other medicines, and is easy to take. Norvasc is also safe in patients who may have diabetes, chronic lung disease or angina.

Your doctor may prescribe high blood pressure medication for you. In addition, lifestyle changes may also be recommended. These include:

· Stop smoking.

· Watch your weight. Your doctor can tell you what is a normal weight for your height and age.

• Eat a balanced diet. Include lots of

fruits and vegetables, and keep your fat intake to a minimum. · Reduce salt intake. Use it spar-

ingly-taste your food before you salt it-and cut down on saltrich foods.

· Control stress. Take time for recreation and relaxation.

• If you drink, do so in moderation. See your doctor at least once a year to check your blood pressure, and keep these tips in mind. High blood pressure needs to be controlled.

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North American Precis Syndicate