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The Haskell Free Press

VOL. 123—NO. 28, ©JULY 9, 2009

"The People's Choice"

8 PAGES—ONE SECTION—75 CENTS

Calendar

Homecoming

The Greater Independent Baptist Church, 301 N. 3rd St. in Haskell, will hold their 41st homecoming and memorial service Sat. and Sun., July 18-19. Saturday services will begin at 12:30 p.m. with a get together followed at 7:30 by a musical. Sunday morning services begin at 9:45 with Sunday School followed by morning worship at 11 a.m. An evening service at 3 p.m. will include a memorial service. Speakers will be Rev. Don Burton and Rev. James Anderson.

Benefit lunch

A benefit hamburger luncheon and silent auction will be held for Diana Simmons Sun., July 26 from 11:30 a.m. to 1:30 p.m. at the Haskell Elementary Cafeteria. Tickets are \$7 and can be purchased at the door or in advance by calling Susan Cockerell at the County Judge's office at 940-864-2851.

Food distribution

The Haskell County Ministerial Alliance Food Distribution Center will distribute food Sat., July 18 from 10 a.m. til 11:30 a.m. at 206 S. 2nd (building east of Civic Center) in Haskell. Volunteers and boxes are needed.

Food distribution

The Haskell County Ministerial Alliance Food Distribution Center will distribute food Sat., July 18 from 10 a.m. til 11:30 a.m. at the First Baptist Church in Rule. Volunteers are welcome.

Homecoming

Haskell homecoming will be held Sept. 25-26. Updated information is needed on former students. If you can provide updated information concerning addresses, email addresses or phone numbers, send the information to 1702 N. Ave. H, Haskell, Texas 79521 or email baylessgrant@gmail.com or call 940-864-2176.

Immunizations

The Texas Dept. of Health in Stamford will hold an immunization clinic Thurs., July 16 at the Haskell Hospital Education Building in Haskell. Clinic times are from 1:30 to 4 p.m. New immunization requirements for Kindergarten and seventh grade students. Kindergarten students must have or have had two doses of Varicella and two doses of Hepatitis A. Seventh grade students must have or have had one dose of Meningitis, Tdap and Varicella booster. For more information call 325-773-5681.

Noah Project

The Noah Project-North Advisory Committee will meet Fri., July 10 at noon in the jury room of the Haskell County Courthouse. All members are asked to attend to finalize the plans for the Noah Fun Day Sat., July 18 on the courthouse lawn. The activities will include the sale of ABC Greenhouse plants at The Drug Store with all proceeds benefitting the Noah Project, a bake sale and other fun booths.

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Parade benefits storm cellar fund at The Anchor

Red, white and blue colored the 7th annual golf cart parade held at The Anchor Park on Lake Stamford July 4, to help raise money for the lake community's storm cellar fund.

Eight entries were made in the kids division and 17 carts entered the adult division.

The parade was started seven years ago by Tammy Paley of Austin to help the lake community raise money to fund the Paint Creek Fire Department, later a pavilion fund benefitted, and now the storm cellar fund is the recipient of the donated money.

The cellar was credited with saving lives when a tornado ripped through The Anchor several years ago. In a recent weather event, its importance was noted when approximately 65 lake residents and campers sought shelter in the cellar.

This year box fans, a first aide kit, towels and containers to store the towels were presented to be used in

the cellar.

Donations also help with the cellar expenses, such as fuel to run the generator.

Winners in the kids division were: first, Dakota Baumbach, Dominic Gould, Starr Baumbach and Dove

North; second, Kyle Skinner, Lexy Skinner, Dale Skinner and Marsha Skinner; third, Pat Rice, Makayla Tianco, Skylie Rue, Alex Tianco, Dillon Rue and Kaleb Tianco.

Adult winners were:

first, Belinda Moore, Taylor Taylor, Kamtzy Zme and Kenny Moore; second, Keith Hannsz and Felicity Gentry; and third, Baylee Blanton, Tony Medauer and Mayson McGaughey.

Judges were Kenneth

Millsap of Tulia and Gordon and Denise Bohannon of Levelland.

Besides being of great benefit to the lake community, the event is just plain fun for those attending and those participating.



LAKE PARADE—Twenty-five entries were made in the July 4th golf cart parade held at The Anchor on Lake Stamford. Red, white and blue were the colors of the day as eight entries in the kids' division and seventeen entries in the adult division paraded throughout the park in celebration of our nation's independence. Proceeds from the day benefitted the lake community's storm cellar fund.



THE ANCHOR PARADE—Winning first place in the golf cart parade kids' division were Dakota Baumbach, Dominic Gould, Starr Baumbach and Dove North.



THE ANCHOR PARADE—Winning first place in the golf cart parade adult division were Belinda Moore, Taylor Taylor, Kamtyn Zme and Kenny Moore.

Texas Dept. of Health Services urges PAM precautions

The Texas Department of State Health Services is reminding swimmers and skiers to take precautions to avoid infection from Naegleria fowleri, an ameba assumed to be present in all rivers, lakes, ponds, tanks and streams.

The ameba can cause primary amebic meningoencephalitis, or PAM, an infection of the brain. Though PAM is rare, it is almost always fatal.

The ameba thrives in warm, stagnant water but may be present in any body of fresh water. A combination of lower water

levels, high temperatures and stagnant or slow-moving water may produce higher concentrations of the ameba.

Infection typically occurs when water containing the ameba is forced up the nose when diving or jumping into the water or when skiing. Initial symptoms of the infection include severe headache, high fever, stiff neck, nausea and vomiting.

The ameba does not live in salt water or in swimming pools and hot tubs that are properly cleaned, maintained and treated with chlorine.

DSHS offers these

precautions to reduce the already low risk of infection:

•Never swim in stagnant water.

•Hold your nose or use nose clips when skiing, jet skiing or jumping into any water.

•Other dangers associated with lakes and rivers include diving into waters that are too shallow or that may hide rocks and debris. Never leave children unattended around water.

Nine cases of PAM have been reported in Texas since 2000, including one in 2008.



ITEMS FOR THE CELLAR—Julie Miller, left, presents box fans, a first aide kit, and towels with new containers to Nita Pool, center, and James Arnold, right, for use in the community storm cellar at The Anchor. The community cellar has been credited with saving the lives of community members and park campers during bad weather.

FOR NEWS ITEMS OR TO SUBSCRIBE, CALL 940-864-2686

Obituaries

Tammy Marie Kasperek



TAMMY KASPAREK

Funeral services for Tammy Kasperek, 48, of Bonham were held Thurs., July 2 at Corinth Baptist Church, north of Bonham, under the direction of Wise Funeral Home of Bonham. Dr. Al Taylor officiated.

Burial was in Arledge

Ridge Cemetery.

Mrs. Kasperek died Monday night, June 29 at Wilson N. Jones Medical Center in Sherman.

Born March 6, 1961 in Plattsburgh, New York, she was the daughter of Roy L. Petrich and Wanda Donaldson. She was a graduate of Iowa Park High School and Midwestern University in Wichita Falls. She married Lester Kasperek June 10, 1988. She was an X-ray Tech at Wilson N. Jones Medical Center in Sherman. She was a member and Sunday School teacher at Corinth Baptist Church and loved working with Vacation Bible School each summer. She worked with the Bonham 4-H and March of Dimes. She enjoyed

scrapbooking, photography and latch hook.

She was preceded in death by a brother, Jason Carl Petrich.

Survivors include her husband, Lester Kasperek of Bonham; daughter, Leslie Kasperek of Bonham; stepdaughter, Erica Kasperek of Seymour; mother, Wanda Donaldson of Iowa Park; father and stepmother, Roy L. Petrich and Connie of Bonham; brother, Boyd Petrich and wife Pam of Houston; sister, Susan Petrich of Dallas; two nephews, Chase and Will Petrich of Houston; mother-in-law, Dolores Kasperek of Childress and numerous extended family members and a host of friends.

PD. NOTICE

Pauline Burson Norman



PAULINE NORMAN

Funeral services for Pauline Burson Norman, 93, of Haskell were held Sun., July 5 at Cornerstone Fellowship Baptist Church with Dr. Troy Culpepper and Bro. Morris Johnson officiating. Burial was in Willow Cemetery under the direction of Holden-

McCauley Funeral Home of Haskell.

Mrs. Norman died Thurs., July 2 in Fort Worth.

Born Sept. 14, 1915, she was the daughter of the late C.G. Burson and Lela Hayes Burson. She married Melvin Norman Aug. 13, 1932 in Rule. He preceded her in death Jan. 17, 1987. She worked on the farm with her husband until her children were in high school. Later she worked until she was in her eighties at Lane-Felker dress shop, where she enjoyed meeting people who came to shop. She enjoyed painting well into her retirement. She was a Sunday School teacher for many years at First Baptist Church and was a founding member of Cornerstone

Fellowship Baptist Church. She enjoyed the company which seemed to always be at her home.

She was preceded in death by her parents; husband; infant son, Jerry; son, James; five sisters; and two brothers.

Survivors include her daughter Shirley and husband Tom; daughter-in-law, Carolyn Norman; six grandchildren, Mike Norman and wife Sandy, Keri Cauthorn and husband Guy, Laura Baughman and husband John, Julie Swenson and husband Chuck, Stacy Bannen and husband Grant, Sharla Wendt and husband Chris; ten great grandchildren; and many nieces and nephews.

PD. NOTICE

Joseph Luther Toliver Jr.



J.L. TOLIVER JR.

Funeral services for Joseph Luther Toliver Jr., 85, of Haskell were held Tues., June 30 at Cornerstone Fellowship Baptist Church in Haskell with brother Morris Johnson and Brother Troy Culpepper officiating. Burial was in Willow Cemetery

under the direction of Holden-McCauley Funeral Home of Haskell.

Mr. Toliver died Sun., June 28.

Born Jan. 31, 1924 in Haskell County, he was the son of Luther and Ardonia Josselet Toliver. He graduated from Weinert High School in 1942. He served in the U.S. Army during World War II and was honored with a Purple Heart. He married Martha Frances Davis Nov. 30, 1946. He was a conductor with Burlington Northern Railroad, from which he retired in 1986. He was a proud founding member and deacon of Cornerstone Fellowship Baptist Church. He will be remembered for his love of God, family and country.

He was preceded in death

by his parents; and two sisters, Margaret Simmons and Elsie Marion.

Survivors include his wife of 62 years, Martha Toliver of Haskell; two daughters, Patricia Seidel and husband Doug of Dallas and Karen Pope and husband Jim of Springer, Oklahoma; six grandchildren, Delainija Hale of Wichita Falls, Sally Cannedy of Iowa Park, Jodi Teasley and husband Chad of Seguin, Caleb Brown and Laura of Abilene, Ethan Brown and wife Beth of Rowlett and Kane Cannedy and wife Emily of Plainview; four great grandchildren, Hailey, Lacey and Leah Teasley, and Madilyn Brown; three siblings, Eloise Perrin of Haskell, Bailey Toliver of Haskell and Lucille Pickering of Lubbock.

PD. NOTICE

Program to identify uninsured vehicles wraps up successful first year

There are two sounds a motorist never wants to hear. First is the crush of metal or shattered glass when two vehicles collide. The second is the voice of the other driver telling you he doesn't have insurance.

It's a situation that plays out every day in Texas, where industry experts estimate that one in every five motorists fails to carry mandatory vehicle liability coverage. Thanks to TexasSure, Texas is delivering on its promise to do something about it: if you're not covered, you'll be discovered.

The Texas Department of Transportation (TxDOT), the Texas Department of Insurance (TDI), the Texas Department of Public Safety (DPS) and the Texas Department of Information Resources (DIR) joined forces last year to create TexasSure, a statewide database that matches up-to-date auto insurance policies from more than 200 insurance companies with more than 21 million registered vehicles. It gives law enforcement and county tax collectors a quick and easy way to verify whether a vehicle is insured.

State and local officials are tapping into the database in record numbers. According to the Texas Department of Insurance, more than three million queries are made to TexasSure every month.

"Motorists have overwhelmingly embraced the TexasSure database, especially given its 99 percent success rate of matching vehicles to their insurance coverage," said Rebecca Davio, TxDOT's Director of Vehicle Titles and Registration. "It's proving to be a tremendous resource for identifying those without insurance."

All 254 Texas county tax offices have access to the policyholder database, and DPS and law enforcement agencies across the state can tap into it, too. Officials typically do a computer check to verify insurance coverage when a motorist is renewing a car or truck's annual registration or during a routine traffic stop.

"We're pleased that our troopers have a new tool to find uninsured motorists," said Tom Vinger, spokesperson for the Texas Department of Public Safety. "We hope the TexasSure program will help thwart uninsured drivers that drop coverage or use a fraudulent insurance card."

Consumers also are pleased to see steps being taken to address a problem estimated to cost Texans up to \$1 billion a year for optional coverage to protect

themselves against the uninsured. Consider what happened to Wade Graham, Paris, Texas, after he was hit by a driver whose vehicle was not insured.

"We found out a month later the other driver was actually uninsured, even though we had written down the information on their insurance card at the time of the accident. We were left with more than \$17,000 in medical bills that should have been covered, had the other driver actually been insured," Graham said. "This TexasSure program is something we can definitely get behind, to help break the cycle of uninsured vehicles on our roads today."

Officials say that although no action is required on the part of the millions of responsible insured motorists who are correctly listed in the TexasSure database, there are some simple steps every consumer can take to minimize headaches and confusion when it comes to auto insurance:

- Carry adequate and up-to-date insurance. At a minimum, vehicle owners in Texas must carry liability insurance that covers \$25,000 for each injured person (up to a total of \$50,000 per accident) and \$25,000 for property damage. The penalties for driving without liability insurance include a maximum fine of \$350 and hundreds of additional dollars in court costs and fees. Repeat offenders also are subject to a two-year driver license suspension.

- Carry your proof of insurance card in your vehicle at all times. If you get pulled over, in most cases, the TexasSure database will indicate whether or not your vehicle is properly insured. However, Texas state law requires that you carry your proof of insurance card. Also check that your insurance card and policy are up-to-date. Proof of insurance is required for annual vehicle inspections, vehicle registrations, and some driver license transactions.

- Always get insurance information at the scene from all individuals involved in an accident. Even if you have exchanged information with the other parties involved in a traffic crash, it's always a good idea to ask a law enforcement officer to check the TexasSure database to confirm insurance information. Doing so may prevent future problems.

- Never skimp on liability coverage to save money. There are many factors and plan options that can lower your insurance premium without decreasing your liability coverage. Many insurance companies offer discounts for features that reduce your risks, such as air bags, anti-lock brakes and anti-theft devices. Lower rates also may be available to customers with good driving records or those who bundle their renters or homeowners and vehicle insurance policies. Shop around to find affordable plans that fall within legal guidelines. Consumers can explore the many coverage options available by going to www.helpinsure.com.

Texas is one of more than 30 states across the nation with a program designed to identify uninsured vehicles and protect the driving public. Over time, TexasSure expects to steadily reduce the number of uninsured vehicles and further protect consumers like Tina Morton.

"I was hit by an uninsured driver and hurt pretty badly. My insurance had a limit and did not cover all of the expenses, especially after two surgeries," said Morton. "If I sat down with an uninsured driver, I would tell them about my wreck and how it has cost me and my family. I am so glad a program like this exists to protect others from the small percentage of irresponsible people out there."

For more information, visit www.TexasSure.com or contact the Texas Department of Insurance Consumer Helpline at 1-800-252-3439.

HNB receives award

Haskell National Bank takes great pride in receiving a 5-Star Superior rating for financial strength and stability from BauerFinancial, Inc., Coral Gables, Florida. 5-Stars is the highest rating attainable from BauerFinancial (the nation's bank rating firm for over a quarter of a century) and is based on the overall financial picture of the institution.

Earning a 5-Star rating indicates that Haskell National Bank is one of the strongest banks in the nation. In fact, this is the 69th consecutive quarter that Haskell National Bank has earned this highest honor. Only seven percent of the nation's banks can claim this distinction.

Given that, it is not surprising that Karen L. Dorway, president of BauerFinancial, has high praise for Haskell National Bank. "Haskell National Bank has avoided the lending and underwriting problems that have plagued much of the banking industry. It is clear that the staff of Haskell National Bank, under the direction of Robert A. Howard, CEO, remains diligent in adhering to sound banking principles and standards."

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Gastroesophageal reflux disease

by Jane Rowan
CEA/FCS, Haskell Co.

Gastroesophageal Reflux Disease (GERD) is a chronic digestive disease that affects millions of people in the United States. GERD occurs when stomach acid or other digestive juices flow back into your esophagus, the "pipe" that connects your mouth to your stomach. Though acid reflux and GERD are closely related, they are not necessarily the same disorder. It is when acid reflux occurs more than twice each week or interferes with your daily life that your health provider may diagnose you with GERD. Andrew B. Crocker, Extension Program Specialist—Gerontology Health, shares the following information about this disease.

When you swallow, a small muscle near the bottom of your esophagus, called the lower esophageal sphincter, opens to allow food and liquid to flow down into your stomach and then closes again. However, if this muscle relaxes abnormally or weakens, stomach acid can flow back up into your esophagus, causing heartburn. This acid may irritate the lining of your esophagus and cause it to become inflamed. Over time, the inflammation can erode the esophagus, causing bleeding, trouble breathing and other serious problems.

In addition to acid reflux, symptoms of GERD may include, but are not limited to

- Heartburn, spreading to the throat with a sour taste in your mouth
- Chest pain
- Difficulty swallowing
- Dry cough
- Hoarseness or sore throat
- Sensation of a lump in the throat

Make an appointment with your health provider if you experience severe or frequent GERD symptoms or if you turn to over-the-counter medications for heartburn more than twice per week. You are likely to start by seeing your family's health provider. He or she may refer you to a specialist in digestive disorders—a Gastroenterologist. Your health provider may suggest tests and procedures used to diagnose GERD, such as an X-ray of your upper digestive system, Endoscopy and a test to monitor the amount of acid in your esophagus, among others.

Conditions that may increase your risk of GERD include, but are not limited to

- Obesity
 - Hiatal hernia
 - Pregnancy
 - Smoking
 - Dry mouth
 - Asthma
 - Diabetes
- Seek immediate medical attention if you experience

chest pain, especially when accompanied by symptoms such as shortness of breath or jaw or arm pain. These may be signs of a heart attack.

Treatment for heartburn and other signs and symptoms of GERD usually begins with over-the-counter medications that control acid:

- Antacids that neutralize stomach acid. Overuse of some antacids can cause side effects such as diarrhea or constipation.

- Medications to reduce acid production. These may not act as quickly as antacids but they provide longer relief.

- Medications that block acid production and heal the esophagus. These block acid production and allow time for the esophagus to heal.

Tell your health provider if these medications do not seem to be helping after a few weeks. If heartburn persists, your health provider may recommend prescription-strength medications. Too, medications are sometimes combined to increase effectiveness. Though most GERD can be controlled through medications, there may be instances where medications are not effective. In these instances, your health provider may recommend additional treatment options.

Lifestyle changes may help control your GERD symptoms. The American College of Gastroenterology recommends

- Maintain a healthy weight. Excess weight puts pressure on your stomach causing acid to back up into your esophagus.
- Avoid tight-fitting clothing. Clothes that fit tightly around your waist put pressure on your abdomen and the lower esophageal sphincter.
- Avoid foods that trigger heartburn. Common triggers may include fatty or fried foods, alcohol, chocolate, mint, garlic, onion and caffeine, though triggers will vary for different people.
- Do not lie down after a meal. Wait at least two to three hours after eating before lying down or going to bed.
- Elevate the head of your bed. An elevation of about six to nine inches may reduce acid flow into your esophagus.
- Do not smoke. In addition to the detriment smoking causes to your overall health, it decreases the lower esophageal sphincter's ability to function properly.

For more information, contact Jane Rowan—County Extension Agent/FCS for Haskell County at 940-864-2546. You may also access additional information from the National Institute of Diabetes and Digestive and Kidney Diseases, a division of the National Institutes of Health: <http://www.niddk.nih.gov>.



HONORED—The Texas Tech University College of Education and the K-12 International Education Outreach Program recently honored Dr. Ginney Felstehausen of Lubbock, left, and Nancy Toliver of Haskell for their contributions to the international displays. Dr. Felstehausen, as remembered by her students at Texas Tech, contributed a doll collection and Toliver contributed memorabilia, clothing, videos and music cassettes from around the world. The items are on display in the International Cultural Center and used for public school demonstrations during the school year, serving as great teaching tools inspiring students to learn more about the cultures of other nations.

Cancer support group meets in Haskell

Cancer is mean. It does not discriminate due to age, sex, race or status. Very few people can say they haven't been affected by cancer in some way, either directly or by association.

The Haskell Area Cancer Support Group, a non-profit organization, and its Board of Directors are dedicated to providing education about all types of cancer. The group meets every other Tuesday at the First Assembly of God in Haskell.

In addition to offering facts about the disease, the group also has programs on ways to cope personally with cancer, support for caregivers and help for family and friends in knowing what to say and do.

The Haskell support group was begun by Glen and Kim Hutto. "We want to get the message out to everyone.

We offer support, a smile, education and understanding to all those whose lives have been touched by cancer," says Hutto.

A light meal, prepared by Mae Lou Yeldell, is served at each meeting, often followed by a guest speaker. As was recently pointed out by one of the speakers, "It is not only in our hands." An encouraging gesture or word, or even a smile can make such a difference in a patient's life.

The support group gratefully acknowledges and appreciates the recent donation from the family of Imogene Camp made in her memory.

The group invites anyone from the area, who has an interest, to join them. For more information call 940-864-5964.

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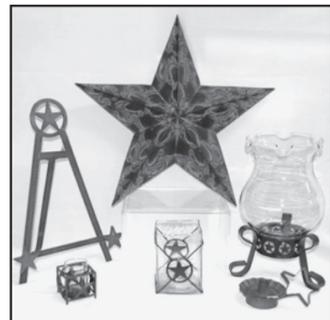
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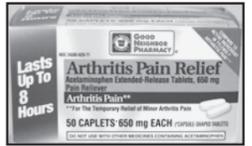
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ECC Menu

Mon., July 13
Lunch—Enchiladas, Spanish rice, pinto beans, garden salad, chips, salsa, apricot cobbler, tea or coffee

Fri., July 17
Lunch—Beef stew, tuna and pimento sandwiches, onion slice, chips, pickles, jello, cookie, tea or coffee

Wed., July 15
Lunch—Kraut and sausage, onions, pickles, mac and

cheese, pinto beans, garlic toast, Coke cake, tea or coffee

Haskell Summer Menu

Lunch
Milk is served daily.

Monday: Popcorn chicken, mashed potatoes with gravy, breadsticks, broccoli with cheese, orange slices

Tuesday: Corn dogs, macaroni and cheese, pork 'n beans, shape-ups.

Wednesday:

Hamburgers, chips, lettuce, tomatoes, pickles, ice cream cups

Thursday: Chicken spaghetti, green beans, salad, breadsticks, fresh fruit

Friday: Ham and cheese sandwiches, chips, lettuce, tomatoes, pickle spear, chocolate chip cookie



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OPINION

TEXAS PRESS ASSOCIATION

State Capital



HIGHLIGHTS By Ed Sterling

Quick special session ends with road bond measure, agencies saved

AUSTIN—Special sessions of the Texas Legislature usually are 30 days long, but the first called session of the 81st Texas Legislature lasted only two days, beginning July 1 and ending July 2.

The House and Senate passed just two bills, House Bill 1 and Senate Bill 2, and adjourned. HB 1 authorizes the Texas Transportation Commission—a body that oversees the Texas Department of Transportation—to issue up to \$2 billion in general obligation bonds to fund state highway improvement projects.

The voters of Texas approved the issuance of those bonds via constitutional amendment in the fall of 2007. Passage of HB 1 completes the statutory process, allowing the sale of bonds to move forward. The state comptroller is required to pay the principal and interest and any costs related to the bonds.

SB 2, the Sunset “safety net” bill, extends by two years the life of five state agencies: the Texas Department of Transportation, the Texas Department of Insurance, the Texas Racing Commission, the Texas State Affordable Housing Corporation and the Office of Public Insurance Council.

Gov. Rick Perry expressed pleasure over the fact that lawmakers did what he asked in breathing new life into those state agencies and passing the bill funding state highway construction.

Lt. Gov. David Dewhurst, who like Perry predicted a very short special session, praised lawmakers for getting the work done fast.

Lawmakers, however, did not pass a third item on the governor’s call. HB 3 would have extended the authority of the TxDOT and a regional mobility authority to use “Comprehensive Development Agreements” to design, finance, build and maintain toll roads.

Perry’s statement upon adjournment of the special session: “With more than 1,000 people moving to Texas each day and a growing economy, improving transportation in our state continues to be a top priority of mine.

“I had hoped to reduce uncertainty regarding several major transportation projects across the state by extending the Comprehensive Development Agreement authority for local and state transportation agencies.

“Although the CDA bill did not pass, we will continue to work with legislators and local

officials to find transportation solutions for our state,” Perry said.

No-vote urged on energy act

U.S. House Resolution 2454, titled the American Clean Energy and Security Act of 2009, is captioned as follows: “to create clean energy jobs, achieve energy independence, reduce global warming pollution and transition to a clean energy economy.”

But, in a letter dated June 30, Texas Railroad commissioners Elizabeth Ames Jones, Victor G. Carrillo and Michael L. Williams urge Texas’ U.S. Sens. Kay Bailey Hutchison and John Cornyn to vote against passage of a bill authored by U.S. Reps. Henry Waxman, D-Calif., and Edward Markey, D-Mass.

Their letter says the bill would “disproportionately and drastically negatively impact Texas jobs, economy, and above all, every Texas energy consumer.”

Their letter also states, “In layman’s terms, ‘increased federal revenues’ means ‘new taxes’ on the American public—almost \$850 billion of new taxes. The bottom line: Cap and Trade will cost Texans jobs and money.”

Waxman said, “Our goal is to strengthen our economy by making America the world leader in new clean energy and energy efficiency technologies.”

Grants will help feed Texans

Agriculture Commissioner Todd Staples announced that \$2 million in grants is available for nonprofit organizations to buy excess vegetables and fruit produced in Texas.

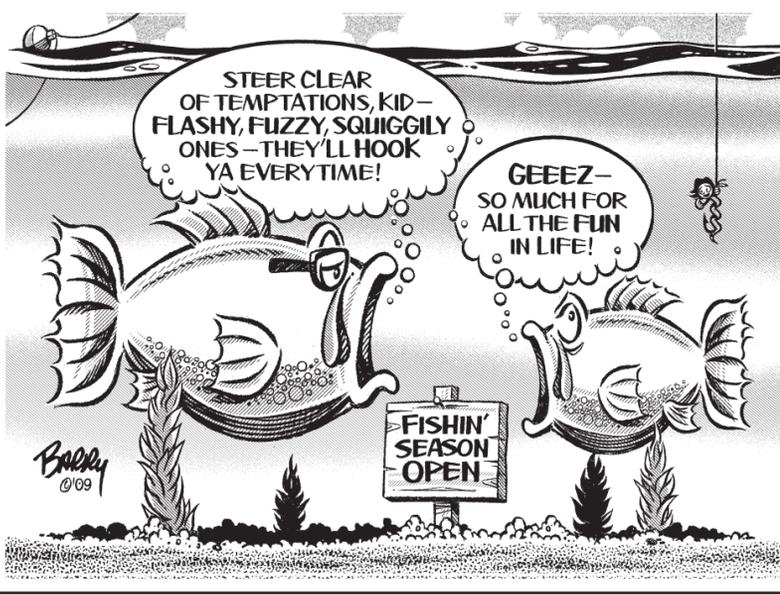
The funds come through the state agriculture department’s Texans Feeding Texans program.

Grant funds must be used to purchase and donate agricultural products to food banks or any charitable organization that feeds hungry Texans, Staples said.

Remember to hold your nose

The Texas Department of State Health Services on July 1 publicized these precautions to Texans: Never swim in stagnant water, and hold your nose or use nose clips when skiing, jet skiing or jumping into any water.

The reason is PAM, or Primary Amebic Meningoencephalitis, a potentially fatal disease caused by Naegleria fowleri, an amoeba the health agency says is assumed to be present in all rivers, lakes, ponds, tanks and streams.



From Out of the Past

From the files of The Haskell Free Press

10 Years Ago July 15, 1999

Samuel Bitner, son of Sammy and Tina Bitner of Haskell, won the International Bowhunting Organization Texas State Championship in the 9-12 year old class.

One hundred and sixty-four students from Texas, New Mexico, Colorado, Oklahoma and Arkansas participated in the Haskell Church of Christ singing school.

Haskell police K-9, Hamilton, received third place honors in narcotics detection competition during the Texas Police Games held in Abilene. His police partner was Joe Ray Torres.

20 Years Ago July 13, 1989

The Texas Girl’s Coaches Association named Joy McKeever of Haskell a state 100-meter hurdle all-star. In addition, she was named to the TGCA Track Academic All-Stars.

Tiffany Moeller of Haskell was named a “Distinguished Student” at Tarleton State University.

Brian Brzozowski was the winning pitcher as the Haskell Little League All-Stars won their first game in the Area IV tournament.

Descendants of the late Joel Thomas and Lara Ann Conner celebrated their first family reunion.

30 Years Ago July 12, 1979

Officials gathered for the official ground breaking

ceremonies on the new fire station in Haskell. Those present were Dave Strickland, building contractor and advisor; Tom Watson, Fire Chief; Royce Williams, Mayor; Desmond Dulaney, City Secretary; Joe Cortez, Fire Commissioner and Satch Lusk, Fire Department Supervisor.

The family of the late Mr. and Mrs. Louis E. Marr met for their family reunion at the Corral building in Haskell.

Joy Smith accepted the chairmanship of the Annual Fall Campaign on behalf of the Cystic Fibrosis Foundation.

40 Years Ago July 10, 1969

The junior leaders from the Weinert Senior 4-H Club and the young teens of the junior club enjoyed a field trip to Lane-Felker, a fashion shop in Haskell.

The Rainbow Sewing Club met in the home of Mrs. Alvin Corzine.

Rotary Club officers of 1969-70 were Eldon Anderson, president; Bob Beauchamp, vice-president; Abe Turner, secretary/treasurer and Charles McCauley and J.B. Gipson, directors.

Children and grandchildren of the late Mr. and Mrs. John Campbell, longtime residents of Haskell and Haskell County, met at the Lake Stamford.

50 Years Ago July 9, 1959

Maye Bell Taylor returned home from Brazil where she

had been in Baptist mission work for a number of years.

Mr. and Mrs. Rudy Jones of Haskell purchased, the Dairy Cream.

The Haskell County Sheriff’s Posse won a first place trophy in the riding club division of the Cowboy Reunion Parade in Stamford.

Three local plane modelers, Ervin Frierson, Ted Dement and Jody Kennedy, attended a model show and contest in Odessa.

Sam Adams, 1954 graduate of Weinert High School, was employed by Weinert High School to be head football coach.

Willie A. Druessedow, son of Mrs. Louie Druessedow, was promoted to staff sergeant in the U.S. Air Force.

100 Years Ago July 10, 1909

C.E. Bowers sold his dry goods store in Sagerton to J.S. Brasher of Frankston.

Mr. and Mrs. C.M. Hunt visited Oregon, Washington and California.

R.B. Fowler of Hughes Ranch reported that grass was not as good as it ought to be and that more rain was needed.

W.T. Hudson visited his daughter, Mrs. Robert Reynolds, in Roswell, N.M.

Mr. and Mrs. G.R. Couch visited the First National Bank of Knox City. He learned that the bank declared a semi-annual dividend of six per cent.

Know the warning signs of type 1 diabetes

When Sonia Sotomayor was named Supreme Court nominee, the type 1 diabetes community seized the news as proof that diabetes is no longer a life-limiting condition.

Unfortunately, the number of children with type 1 diabetes—Sotomayor was diagnosed at age 8—is on the upswing. In type 1 diabetes, also known as insulin dependent diabetes or juvenile-onset diabetes, the pancreatic beta cells that produce insulin are destroyed by an autoimmune process. Type 1 diabetics must regiment their diets and take insulin multiple times a day to control blood sugar levels and prevent diabetic coma.

Health care professionals don’t know why the numbers are rising or exactly what causes type 1 diabetes, but Dr. Soumya Adhikari, assistant professor of pediatrics at UT Southwestern Medical Center, says the warning signs are clear.

“The biggest thing to watch out for is somebody who starts having to go to the bathroom (to urinate) all the time or drinking all the time,” says Dr. Adhikari, who practices at Children’s Medical Center Dallas. “In the Texas heat, people typically see that and think, ‘It’s hot—they’re probably urinating more because they are drinking more,’ and nine out of 10 times that’s right. But, if it seems atypical compared to what they did last summer, or they’re losing weight or otherwise seem ill, it’s probably worth at least considering having their blood sugar tested.”

Other symptoms can include abdominal pain, sudden vision changes, drowsiness, nausea and heavy, labored breathing.

From the AG

By Greg Abbott

Consumer Protection: Home Buying and Mortgages

In the wake of the recent housing downturn, many Texans are understandably cautious about the real estate market. But there are many things—like low interest rates, reduced sales prices and government incentives for first-time home buyers—that have many Texans thinking about exploring the benefits of home ownership.

Buying a home can be a complicated process—and mistakes or errors in judgment can have long-lasting consequences for a home buyer. Texans who are eyeing the real-estate market should educate themselves and enlist help from professionals who can protect their interests.

Ideally, Texans should make financial decisions that will foster healthy credit profiles long before they are ready to become home owners. Proof of financial responsibility, often in the form of a higher credit score, can often be parlayed into lower interest rates and mortgage costs.

One of the first things a home buyer should consider

is hiring a knowledgeable real-estate agent. Asking friends and family for realtor recommendations is a good place to start. But buyers should interview an agent to make sure the individual sounds like a good fit. Consider questions such as: How long have you been licensed? What are your hours? What are your rates? How are you different from your competition? With which areas of town are you the most familiar?

Texas home buyers should learn as much as they can about their specific housing markets. The Internet provides a multitude of resources allowing prospective buyers to research homes. Home buyers should consider specific areas of town, home prices and values, tax rates, school districts, mortgage terms, interest rates, proximity and crime rates, as well as any other factors important to them. The more a buyer knows, the more difficult it is for an unscrupulous actor to take unfair advantage.

One of the issues under scrutiny and blamed for much of the mortgage crisis is predatory lending.

Predatory lending refers to a variety of illegal activities in the loan industry, including deceiving borrowers into accepting unfair and abusive loan terms.

To reduce the risk of predatory lending, a prospective purchaser should do their homework to best understand mortgage financing. Shopping around for the best mortgage deal can save thousands of dollars over the life of a loan. The lower the interest rate, the less the owner will pay the lender to borrow money. Understanding the terms of the loan is also important. Some loans—like adjustable rate mortgages (ARMs)—have fluctuating interest rates, which means an owner could end up making higher payments after an initial period of time. Home owners should carefully weigh their ability to pay more per month if the rate goes up.

Home buyers should consider getting quotes and information from a variety of lending sources, such as mortgage companies, commercial banks and credit unions. And, of course, home buyers should never sign a loan agreement or sales

contract unless they are certain they fully understand the terms.

Lastly, home buyers should always use a title company. This is the only way home buyers can protect themselves from financial loss due to title defects, liens or other problems. Buyers should not skip this service even if the seller “just had a title search six months ago.” Any number of things can happen in six months that affect the seller’s ability to legally transfer a home’s title. Plus, the seller’s title insurance would not protect the buyer in the event that a claim against the property arose after the sale.

More home buying information is available on the Office of the Attorney General (OAG) Web site at: http://www.oag.state.tx.us/consumer/buying_house.shtml.

Texans who believe that they may be a victim of predatory lending, deceptive trade practices or other consumer fraud should visit the OAG’s Web site at www.texasattorneygeneral.gov for more information and to file a complaint.

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Garcia named executive director for Texas Farm Service Agency

The Obama Administration announced that Juan Garcia will serve as Texas State Executive Director for the Farm Service Agency at the USDA.

"Juan Garcia has a solid understanding of the challenges and opportunities facing our rural communities and will help build on the Obama Administration's efforts to rebuild and revitalize rural America," said Agriculture Secretary Tom Vilsack.

Garcia currently has served as the Agricultural Program Manager/Assistant State Executive Director for the Farm Service Agency and acting SED since January. He has

32 years of experience in the delivery of federal farm commodity and farm credit programs, and began his career with Texas FSA at the county level. During his time at the USDA Soil Conservation Service, Garcia provided technical guidance to farmers, ranchers and organizations in the planning and implementation of conservation programs. He served as an FSA County Executive Director in Hidalgo, Nolan and Cameron County, Texas, and also as a District Director for both the southern and eastern districts of the state.

Garcia was raised on a cotton, grain sorghum and cattle operation in

Willacy County. He holds a bachelor's degree in animal science from Texas A&I University.

The Farm Services Agency works to increase economic opportunity and improve the quality of life for rural Americans. Some of the agency's efforts include providing direct operating loans for farm equipment, seed and fertilizer, as well as rural housing loans to help rural people buy, build or rent housing.

FSA also procures various commodities to benefit low-income families through domestic food assistance programs. At the same time, the agency creates jobs by

funding the growth and creation of rural businesses and cooperatives.

The USDA provides leadership on food, agriculture and natural resources and touches the life of every American. Reflecting President Obama's commitment to expanding economic opportunities in rural America, Agriculture Secretary Tom Vilsack and the USDA are working to enhance availability of broadband, promote the development of renewable energy, to conserve, maintain and improve our natural resources and environment, and promote a sustainable, safe, sufficient and nutritious food supply.

Valentin to serve as director for Rural Development in Texas

The Obama Administration announced that Francisco Valentin, Jr. will serve as Texas State Director for Rural Development at the USDA.

"Francisco Valentin, Jr. will be an important advocate on behalf of rural communities throughout the state and help administer the valuable programs and services provided by the USDA that can enhance their economic success," said Agriculture Secretary Tom Vilsack.

Valentin formerly served as the Director of the Rural Utilities Service with USDA Rural Development. For 28 years, he worked with

USDA in various capacities, including his tenure as Rural Development Manager in both Georgetown and Bryan, Texas. He gained familiarity with community facilities and multi-family housing loans while serving as a USDA Rural Development Housing Loan Specialist. During the period of 1982-91, Valentin was county supervisor for the USDA Farmers Home Administration (FmHA) in Caldwell, Texas. Prior to that position, he served as Assistant County Supervisor in Gilmer Texas for FmHA. Before beginning his federal career in 1979 he worked as a ranch manager. Valentin holds a Bachelor

of Science in agriculture from Southwest Texas State University.

Rural Development administers and manages over 40 housing, business, and community infrastructure and facility programs as laid out by Congress through a network of 6,100 employees located in 500 national, state and local offices. These programs are designed to improve the economic stability of rural communities, businesses, residents, farmers and ranchers and improve the quality of life in rural America. Rural Development has an existing portfolio of over

\$114 billion in loans and loan guarantees.

The USDA provides leadership on food, agriculture and natural resources and touches the life of every American. Reflecting President Obama's commitment to expanding economic opportunities in rural America, Agriculture Secretary Tom Vilsack and the USDA are working to enhance availability of broadband, promote the development of renewable energy, to conserve, maintain and improve our natural resources and environment, and promote a sustainable, safe, sufficient and nutritious food supply.

Tips on grilling to reduce cancer risks

Summer is in full swing, and barbeques are a perfect way to relax and spend time with family and friends. To help you better prepare for this popular activity, nutrition experts at The University of Texas M. D. Anderson Cancer Center offer advice on how to barbeque the healthy way.

M. D. Anderson dietician, Vicki Piper, R.D., L.D., encourages cookout fans to grill plenty of fruits and vegetables, and less meat. Diets high in plant foods can lower your chances of developing several cancers, including breast and colon cancers.

"You can still have a barbeque without letting your health go up in flames," Piper said. "Aim for a meal made up of two-thirds vegetables, fruits, whole grains or beans, and one-third animal protein."

•Grill plant-based foods Eating mostly plant-based foods provides a range of nutrients that protects the body from cancer. And it is a great way to manage weight, which is important because there is evidence that excessive body fat increases cancer risks.

"Try a new vegetable every week, one that you have not tried in many years," Piper said. "My family favorites are grilled onions, zucchini, asparagus and pineapple."

Use a light brushing of canola or olive oil on vegetables and fruits to help prevent sticking to the grill. Sprinkle vegetables with pepper, a small amount of salt and vinegar to bring out their taste. Using non-stick grates, foil packets

or a grilling basket lightly coated with oil also can be helpful when grilling plant-based foods. As a general rule, don't peel vegetables before grilling. You'll get more nutrients and enjoy a smokier flavor if they aren't peeled.

•Where's the beef? Diets high in red meat (beef, pork and lamb), and especially processed meats (such as hot dogs), have been reported to be a convincing cause of colorectal cancer, according to the American Institute for Cancer Research. Fatty red meat is high in saturated fat, which is the most damaging type of fat.

"You do not need to give up red meat to be healthy, but the evidence suggests you would be wise to limit how much you eat," Piper said. "Experiment with other healthier sources of protein, such as fish, chicken, beans, edamame or tofu. My red meat-loving husband has grown to enjoy more grilled salmon, marinated chicken and even hummus!"

Grill fish and skinless chicken breasts are much leaner than most red meat. If you are going to grill red meat, look for those with "loin" in the name, such as beef tenderloin, pork tenderloin and lamb loin chops. For beef, also look for round steaks and roasts, and choose ground beef labeled at least 95 percent lean. Finally, beef labeled "prime" is the top grade but also is the highest in fat. For the leanest red meat, look for a "select" grade at your supermarket.

Keep meat portions small by cutting them

in chunks and removing excess fat. Combine them with vegetables and make kabobs. Serve any kind of meat as an accent to a meal rather than the main dish.

•Where there's smoke, there's cancer risk

Grilling any type of meat, even chicken or fish, until it's charred or burned can increase your chances of getting cancer, according to the American Institute for Cancer Research. Grilling vegetables and fruits does not create carcinogens (sources that cause cancer) so there is no cancer risk, which is just one more reason to add them to your shopping list.

If you do choose to barbeque meat, stay clear of burning it, and follow these tips:

Grill fish instead. Fish contains less fat than meat and poultry do, making it less likely to create carcinogens and cause flare-ups caused by dripping fat. Fish also requires less time on the grill, reducing its exposure to carcinogens.

Precook your foods. The higher the temperature at which food cooks and the longer it stays on the grill, the more carcinogens develop. Partially cooking meat or poultry indoors for two to five minutes draws out most of the potentially harmful chemicals without sacrificing moistness. Heat your meat up in the microwave or oven, and then finish it on the grill.

Lightly oil your grill. A little oil keeps charred material from sticking to the food. It also helps keep fish and chicken in one piece.

Lower the heat. On

charcoal grills, increase the distance between the food and the hot coals by spreading the coals thin or by propping the grill rack on bricks. On gas grills, just lower the settings.

Stick to charcoal and hardwood. Barbecue briquettes and hardwood products, such as hickory and maple burn at lower temperatures than softwood (pine) chips.

Clean your grill. Scrub your grill thoroughly after every use to avoid a buildup of carcinogens that can be transferred to your food the next time you grill.

Spread aluminum foil on the grill. This will reduce flare-ups. Just make sure to make small holes in the foil to allow fat to drain.

Flip meat frequently. This reduces the amount of carcinogens that arise.

Marinate your food. Marinating not only makes grilled foods taste better, but makes them safer because marinades draw out chemical precursors of carcinogens.

Prepare a will

Have You Prepared Your Will?

When a loved one dies, it is a traumatic event for the family. Be sure your family and friends do not become entangled in haggling and legal procedures in the disposition of your estate by having your will prepared in advance.

Many people put off preparing their will because they think they need to have an attorney prepare it. On the other hand, it probably is not as expensive as you think to have an attorney prepare your will if you are willing to shop around.

With today's technology, you have access to many online forms you can use in preparing your "last will and testament." These forms make it easy if your estate is simple and straightforward. You merely designate who you want to receive your property, including your home, automobile, personal items and investments. If you have a complex financial portfolio, it would be advisable to seek the advice of an attorney. The most important thing to remember is that if you die without a will, your estate will be determined by state law and if no one can be found to inherit your property, it goes to the state.

For those of you who are parents, it is extremely important that you have a will that names a guardian for your minor children should both of you die. Otherwise, the state will decide who cares for your children.

When designating a guardian for your minor children in the event that both of your children's parents die, it is important that both you and your spouse designate the same person to be the personal guardian of your minor children. That same guardian can also be designated to manage any property or trusts that you leave to your children. This trustee would manage the property or trusts until your minor children reach legal age, or an age specified by you, to inherit the property.

As for surviving spouses, if you live in a community property state, your surviving spouse is entitled to half of your estate. The other half can go to anyone whom you designate. Other states require the surviving spouse to go to court to claim their share of the estate.

In the rare event that someone should challenge your will, they would have to prove to a court that the will was invalid because your

signature was forged, you were not of sound mind when you wrote the will or you were coerced into signing the will. These claims do not usually stand up in court because they are usually brought by a disgruntled family member who feels cheated for not receiving what they believe is rightfully theirs.

After your will is written, it must be signed and dated by you in the presence of witnesses (usually two witnesses). Many states require that those who witness the signing of your will are not designated to receive any part of the estate.

While there are no requirements that your will be notarized, having you and your witnesses sign the document in the presence of a notary public will simplify the validity of the will when you die. Be sure your signature is placed at the end of the will or your will could be invalidated by the courts.

It is not necessary to record or file your will with any government agency, but be sure you keep it in a safe place, such as a safe deposit box at your bank. Be sure the document is accessible to your executor, the person you designate to handle the affairs of your estate. You should also prepare a document for your executor with up-to-date information on your credit cards, insurance policies bank information and other financial information and keep a copy with your will.

Your will can always be updated should changes occur like marriage, adoption, births of additional children, death or divorce. Other changes might include changes in tax law or you might decide to appoint a different executor of your estate. In these instances, you can either re-write your will or add what is known as a codicil, which is an addition to your original will. With today's technology, most attorneys just re-write the will rather than prepare a codicil.

While there is software available to you for other estate planning documents, including physician directives and durable power of attorney, be sure you understand the implications. If you have any questions, it would be advisable to consult a professional.

While you are well and healthy is the best time to prepare your will so you can give careful thought on how you want your estate managed when you're gone.

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Agent Jean Merchant

Mosquito facts and protection from West Nile disease

After a mild winter and recent early summer rains in West Texas, mosquitoes are coming. People will be suffering from the annoying itch of mosquito bites. Before you worry about West Nile infection, Texas Tech University Health Sciences Center epidemiologist Ronald Warner, D.V.M., Ph.D., reminds us of some facts and methods to prevent this mosquito-borne disease.

Dr. Warner, in the Department of Family and Community Medicine, said between March and June, "West Nile" mosquitoes prefer to feed on birds such as crows, ravens, robins, sparrows and jays. July to October, these mosquitoes shift their feeding preference to mammals, including humans. The female mosquitoes need to feast on protein enriched foods (blood) to develop and form their eggs. Once winter arrives adult mosquitoes will seek shelter in attics and under shingles and the bark on trees. Some unhatched mosquito eggs will be resistant to winter weather

and survive until the return of spring rains.

"Domestic pets, such as dogs and cats, are rarely infected with West Nile but horses, mules and donkeys are much more susceptible," Warner said. "There are several vaccinations to help prevent your horses from being infected by the West Nile virus."

Depending on a person's age and health condition, some may have serious effects from West Nile virus, if infected. Underlying diseases such as hypertension and kidney disease appear to increase the severity of West Nile disease. Younger people, especially transplant patients and others with immune suppression (e.g., cancer treatment), can also suffer severe effects.

On average, most West Nile diseases are acquired near the home because that is where people spend most of their outdoor time. Outdoor candles, torches and/or coils may be burned to produce a smoke that repels mosquitoes, but make sure the active ingredient contains the oil of citronella.

Be aware of general fire hazards and use only under calm or windless weather conditions. A few more household tips to keep in mind: keep your grass fairly short, remove weeds in your alley, and always remember to practice the "4 Ds:"

•DEET is the active ingredient in "Off," but avoid applying high-concentrations (no more than 50% DEET); no more than 10% on small children. Also, use skin repellents sparingly; one application should last 4 to 6 hours, but apply after profuse sweating or swimming.

•Dress appropriately if outdoors; wear long sleeves, long pants and apply mosquito repellent to the remaining area of skin that is not covered by your clothing. Permethrin-containing repellents (permanone) may be put on clothing, shoes and camping gear. Permethrin-treated clothing repels ticks, mosquitoes and other arthropods and retains this effect even after repeated washings. However, if a garment is dry-cleaned, the repellent will need to be re-

applied.

•Dusk and dawn are the times during the day when mosquitoes are the most active.

•Drain ALL standing water around your home. Wading pools—drain every other day; also flower pot basins, dog bowls, and kids toys. Any standing water will attract mosquitoes and provide a place for their eggs to develop and hatch.

There are many myths about mosquitoes. Warner said one myth is mosquitoes become larger with more rain; that is false.

"In Texas alone there are approximately 80 different documented species of mosquitoes. The time of year and local weather conditions determine what type of species we will have," Warner said.

Warner added that eating bananas, washing your mouth with Listerine and wearing dark clothes will not protect you from mosquito bites. Just remember to practice the 4 Ds and look for the active ingredients that help protect you and your loved ones.

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Public Notices

NOTICE TO THE CITIZENS OF WEINERT

The Texas Natural Resource Conservation Commission (TNRCC) has notified the City of Weinert water system that the drinking water being supplied to customers had exceeded the Maximum Contaminant Level (MCL) for Nitrate. The U.S. Environmental Protection Agency (EPA) has established the MCL for Nitrate at 10 mg/L, and has determined that it is a health concern at levels above the MCL. Analysis of drinking water in your community for Nitrate indicates a level of 21.0 mg/L.

Infants below the age of six months who drink water containing nitrate in excess of the MCL could become seriously ill and, if untreated, may die. Symptoms include shortness of breath and blue baby syndrome.

You do not need to use an alternative water supply. However, if you have health concerns, you may want to talk to your doctor to get more information about how this may affect you.

At the present time we are currently looking into ways to correct this problem. If you are pregnant or have an infant under six months included in this public water system as a customer, we have made arrangements with local grocery store in Haskell (Modern Way) so that you may get bottled water at the City of Weinert's expense.

If you have any questions or would like to know if you are currently being served as a customer of this public water system please feel free to call or contact the City Secretary Patricia Horan, c/o City of Weinert, Box 248, Weinert, Texas 76388 at 940-673-8223.

Our Public Water System ID# is 1040004. 28c

Help Wanted

THE NEW SONIC Drive In in Haskell is now taking applications for all positions. Apply in person. 44tfc

GIBSON CARE Center, Aspermont needs CNAs for all shifts. Call Melissa Prew, ADON at 940-989-3526. E.O.E. 9tfc

CERTIFIED NURSE Aide positions available. Please apply in person at Brazos Valley Care Home, 605 S. Ave. F, Knox City. 28-29c

HELP WANTED: Busy, independent pharmacy has an immediate opening for a full-time office assistant/pharmacy tech—need honest, motivated, energetic, dependable person with computer skills. Competitive salary and benefits. Print out application at www.haskelldrugstore.com. Apply in person at The Drug Store in Haskell. Contact Linda or Lonnie 940-864-2673, email thedrugstore@haskelldrugstore.com. 28c

Real Estate

FOR SALE: Brick, 2 bedrooms, 2 bath. CH/A. Large rooms. Great location. Expandable to 3 bedrooms. Bill Jackson Realtors, 325-773-3358 or 325-669-8691. G.W. Clark, agent. 20tfc

FOR SALE: Log house in the country. Large three bedroom, two bath home on the country club road in Haskell. House has a large open floor plan with living/kitchen/dining and fireplace; lots of closets/storage. The property has a storm cellar, three car carport, large shop/barn on 1.8 acres. Great location with city amenities. Call 940-864-3260 for an appointment. 28-29c

HOUSES FOR SALE in Rochester: Lease/purchase. 3 bedroom. \$500 down. \$300 monthly. 604 Railroad. 940-642-6599. 28c

This Week's Devotional Message:



Whether you travel or stay home, God is there

Like many of us, you may have a vacation looming on the horizon, and of course your budget will dictate where you will spend it. You may visit another part of the world, or just lounge around the house. In any case your vacation can be a very enjoyable and rewarding escape from the realities of everyday living. Moreover, wherever you are the Lord will be there to watch over

you. Thank Him for His protection at any house of worship, and even if your travels take you beyond the orbit of civilization, there is always the Bible. Put it on your list of things to pack in your suitcase. In fact, that's a good idea no matter where you're going. To borrow the advice of a well-known TV commercial, "Don't leave home without it."

ATTEND CHURCH THIS SUNDAY

—HASKELL—

- East Side Baptist Church**
Ronnie Gibson, pastor
Sun. 9:45 a.m., 11 a.m., 6 p.; Wed. 7 p.m.
600 N. 1st East, Haskell
- Christian Church**
Jim McCurley, interim minister
Sun. 10:45 a.m.
107 N. Ave. F, Haskell
- Church of God**
Bruce Ray, pastor
Sun. 10 a.m., 11 a.m., 6 p.m.
Wed. 7:00 p.m.
714 North First East, Haskell
- Trinity Lutheran Church**
Ron Rennegarbe, pastor
Sunday School 9:30 a.m., Worship 10:30
Hwy 380 East, Haskell
- Iglesia Bautista El Calvario**
Art Flores, Interim pastor
Sun. 9:45 a., 10:45 a., 5 p.m.; Wed. 7 p.m.
607 S. 7th, Haskell
- First United Methodist Church**
Rev. Tom Long, pastor
Sun. 9:45 a.m., 10:50 a.m. 6 p.m.
Wed. 6 p.m.
201 N. Ave. F, Haskell
- First Assembly of God**
Rev. J.C. Amburn
Sun. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m.
1500 N. Ave. E, Haskell
- St. George Catholic Church**
Father George Roney
Sat. Mass 7 p.m.; Sun. Morn. 9:00 a.m.
901 N. 16th, Haskell
- Church of Christ**
Philip Sims, minister
Sun. 9:30 a.m., 10:30 a.m., 6 p.m.;
Wed. 7 p.m.
510 N. Ave. E, Haskell
- First Presbyterian Church**
Kelly Pigott, interim pastor
Sun. Morn. 9:30 a.m.
306 N. Ave. E, Haskell
- Trinity Baptist Church**
Larry White, pastor
Sun. 10 a., 11 a., 6:30 p.m.; Wed. 6:30 p.
114 S. Ave. D, Haskell
- Hopewell Baptist Church**
Sun. 9:30 a.m., 11:00 a.m.; Wed. 7 p.m.
908 N. Ave. A, Haskell

Greater Independent Baptist Church

Sun. 9:30 a., 11:00 a., 6:30 p.; Wed. 7 p.
301 N. 3rd St., Haskell

New Covenant Foursquare

Bill and Renee Glass, pastors
Sun. 10 a.m., 11 a.m., 6:30 p.m.
Wed. 7 p.
200 S. Ave. F, Haskell

Mission Revival Center

Rev. William Hodge
Sun. 10 a.m., 11 a.m., 6 p.m.; Tues. 6 p.m.
1600 N. Ave. B, Haskell

First Baptist Church

Greg Gasaway, pastor
Sun. 9:45 a., 10:55 a., 6 p.m.; Wed. 6:30 p.m.
301 N. Ave. E, Haskell

Church in the Wind

C.C. Curran, pastor
Sun. fellowship 5 p.m. Church 5:30 p.m.
Tues. Bible Class 7:30 p.m.
203 S. 1st East, Haskell

Cornerstone Fellowship Baptist Church

Morris R. Johnson, pastor
Sun. 9:30 a.m. 10:45 a.m., 6 p.m.
Wed. 7 p.m.
1600 N. First St., Haskell

God Loves You Ministries

Mark Wallace, pastor
Sun. School 10 a.m.; Church 10:45 a.m.
West side of square, Haskell

—WEINERT—

First Baptist Church

Dan Bullock, pastor
Sun. 10 a.m., 11 a.m., 6 p.m., Wed. 7 p.m.
Weinert

Weinert Foursquare Church

Rev. Robert Harrison
Sunday 11 a.m
Weinert

—ROCHESTER—

Church of Christ

Steve Willis, minister
Sun. 9:45 a., 10:45 a., 6 p.m.; Wed. 6 p.m.
West on Main Street, Rochester

First Baptist Church

Joseph Barrett, pastor
Sun. 9:45 a.m., 11 a.m., 6 p.m.;
Prayer Time/Team Kids 5 p.m.;
Wed. Youth meeting 7 p.m.
500 Main, Rochester

Union Chapel Baptist Church

Clovis Dever
Sun. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m.
Rochester

Faith Chapel of Rochester

Randy Hollingsworth, minister
Sun. 10 a.m., 11 a.m., Wed. 6 p.m.
Hwy 6, Rochester

—SAGERTON—

Sagerton Methodist Church

Stephanie Gilkey, pastor
Sun. Morn. 9:45 a.m.
Sagerton

Faith Lutheran Church

Rev. Dr. Keith Palmquist, pastor
Sun. 10:30 a.m.
Sagerton

—RULE—

First Baptist Church

Russell Stanley, pastor
Sun. 9:45 a., 11:00 a., 5 p.m.; Wed. 7 p.m.
1001 Union Ave., Rule

Primitive Baptist Church

Dale Turner Jr., pastor
First & Third Sundays 10 a.m.
Corner of 8th & Robins, Rule

Church of Christ

John Greeson, minister
Sun. 9:45 a., 10:40 a., 6 p.m.; Wed. 7 p.m.
811 Union, Rule

Primera Iglesia Bautista

Alfa y Omegs
Manuel Marin, pastor
Sun. 10 a., 11:00 a., 5 p.m.; Wed. 6 p.m.
500 Elm Street, Rule

Sweet Home Baptist Church

Larry Neal, pastor
Sun. 10 a.m., 11 a.m., 5 p.m.;
Gladstone Ave., Rule

West Bethal Baptist Church

Rev. Clovis Dever
Sun. 10 a., 11 a., 8 p.m.; Wed. 7:30 p.m.
300 Sunny Ave., Rule

—PAINT CREEK—

Paint Creek Baptist Church

Sun. 10:00 a.m., 11:00 a.m., 6 p.m.
Paint Creek

—O'BRIEN—

O'Brien Baptist Church

Jim Reid, pastor
Sun. 9:45 a., 11 a., 5 p., 6 p, Wed. 6 p.m.
O'Brien

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FOR SALE: Aluminum camper shell for a short bed pickup. \$25. Call 325-721-0674 cell or 940-864-2023 after 5 p.m. 44tfc

FOR SALE: Red Top Cane hay to be laid down in July. Big bales or small squares. Call Tiffen Mayfield, 940-673-8364 nights, or 940-256-0294 days. 26tfc

FREE KITTENS: Total of five. Four are bobtails. 940-989-3153. 28p

M U N G B E A N CONTRACTS available. Seed furnished. Growthy variety. Caudill Seed Co., Granite, Oklahoma. 580-471-7276. 28-29c

SACRIFICE: \$225. Brand name king pillow top mattress set. New in plastic, warranty. 325-428-9172. 28c

SACRIFICE: \$119. Brand name queen pillow top mattress set. New in plastic, warranty. 325-428-9172. 28c

FULL MATTRESS set. New in plastic. Must sell. \$109. 325-428-9172. 28c

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Miscellaneous

HOUSE LEVELLING and foundation repair. No payments until work is satisfactorily completed. David Lee & Co. 325-675-6369. 1-888-486-8588. 6tfc

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FOR RENT: Furnished rooms for rent. Nightly, weekly. Call Lone Star Lodging 864-2238 or 864-2424. 2tfc

S&S STORAGE in Haskell has storage units for rent. Call 864-2208. 23tfc

FOR LEASE: 1107 N. 10th. 2 bedroom apartment. C/HA. 864-3762. 28c

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Garage Sale

HAMLIN TRADES DAY Village, 711 N. Central. July 11 and 12. Sat. 9-5 and Sun. 11-4. www.hamlintradesdayvillage.com. 26-28c

GARAGE SALE: Fri.-Sat. 8 til ? 905 N. 4th, Haskell. 1973 Stingray, 1968 Ford flatbed, runs; tools, camping, fishing, glassware, old wood fence. 28p

THE KIDS want a Wii. We have cleaned out every room in the house. Sale includes a swing, wrought iron table with 4 chairs, china cabinet, Tell City table with chairs and table pads, pool table, older game systems and much more. Fri., 6-8 p.m.; Sat., 8-11 a.m. 1202 N. Ave. M. 28p

GARAGE SALE: Loutina White. 401 N. Ave. H. Sat., July 11. 8 til ? Men, women and baby clothes; high chair, many baby items, golf bag, fishing lures, household items. 28p

GARAGE SALE: Sat. 8 to noon. 307 N. Ave. H. 28p

Public Notices

TEXAS COMMISSION ON ENVIRONMENTAL QUALITY NOTICE OF RECEIPT OF APPLICATION AND INTENT TO OBTAIN WATER QUALITY PERMIT AMENDMENT PERMIT NO. WQ0011018001

APPLICATION. City of Weinert, P.O. Box 248, Weinert, Texas 76388-0248, has applied to the Texas Commission on Environmental Quality (TCEQ) to amend wastewater discharge Permit No. WQ0011018001 to authorize a change in the disposal from discharge into waters of the State to disposal via irrigation, and construction of a new facultative lagoon and storage pond. The domestic wastewater treatment facility and disposal area are located approximately 300 feet west of U.S. Highway 277, approximately 1,500 feet south of intersection U.S. Highway 277 and Farm-to-Market Road 617 and 3,500 feet southwest of intersection Farm-to-Market Road 617 and State Highway Spur 203 in Haskell County, Texas 76388. TCEQ received this application on April 27, 2009. The permit application is available for viewing and copying at Weinert City Hall, 102 South Breustedt Street, Weinert, Texas.

ADDITIONAL NOTICE. TCEQ's Executive Director has determined the application is administratively complete and will conduct a technical review of the application. After technical review of the application is complete, the Executive Director may prepare a draft permit and will issue a preliminary decision on the application. Notice of the Application and Preliminary Decision will be published and mailed to those who are on the county-wide mailing list and to those who are on the mailing list for this application. That notice will contain the deadline for submitting public comments.

PUBLIC COMMENT/PUBLIC MEETING. You may submit public comments or request a public meeting on this application. The purpose of a public meeting is to provide the opportunity to submit comments or to ask questions about the application. TCEQ will hold a public meeting if the Executive Director determines that there is a significant degree of public interest in the application or if requested by a local legislator. A public meeting is not a contested case hearing.

OPPORTUNITY FOR A CONTESTED CASE HEARING. After the deadline for submitting public comments, the Executive Director will consider all timely comments and prepare a response to all relevant and material, or significant public comments. Unless the application is directly referred for a contested case hearing, the response to comments, and the Executive Director's decision on the application, will be mailed to everyone who submitted public comments and to those persons who are on the mailing list for this application.

Following the close of all applicable comment and request periods, the Executive Director will forward the application and any requests for reconsideration or for a contested case hearing to the TCEQ Commissioners for their consideration at

If comments are received, the mailing will also provide instructions for requesting reconsideration of the Executive Director's decision and for requesting a contested case hearing. A contested case hearing is a legal proceeding similar to a civil trial in state district court.

TO REQUEST A CONTESTED CASE HEARING, YOU MUST INCLUDE THE FOLLOWING ITEMS IN YOUR REQUEST: your name, address, phone number; applicant's name and proposed permit number; the location and distance of your property/activities relative to the proposed facility; a specific description of how you would be adversely affected by the facility in a way not common to the general public; and, the statement "[I/we] request a contested case hearing." If the request for contested case hearing is filed on behalf of a group or association, the request must designate the group's representative for receiving future correspondence; identify an individual member of the group who would be adversely affected by the proposed facility or activity; provide the information discussed above regarding the affected member's location and distance from the facility or activity; explain how and why the member would be affected; and explain how the interests the group seeks to protect are relevant to the group's purpose.

Further information may also be obtained from City of Weinert at the address stated above or by calling Patricia Horan at 940-673-8223.

calling Patricia Horan at 940-673-8223.

Issuance Date: June 30, 2009. 28c

NOTICE The City of Haskell will be accepting sealed bids for the following property until July 24th at 12:00 noon. Property #RO7342, Highland Addition Haskell, Block 16, Lot 12. Sealed bids will be accepted until 12:00 noon July 24th, 2009 at which time bids will be opened. Bids will be accepted or rejected at a Regular City Council Meeting on July 27 or August 8, 2009 at 7:00 a.m. The City Council reserves the right to reject

AGENCY CONTACTS AND INFORMATION. All written public comments and requests must be submitted to the Office of the Chief Clerk, MC 105, TCEQ, P.O. Box 13087, Austin, TX 78711-3087 or electronically at www.tceq.state.tx.us/about/comments.html. If you need more information about this permit application or the permitting process, please call TCEQ Office of Public Assistance, Toll Free, at 1-800-687-4040. Si desea informacion en Español, puede llamar al 1-800-687-4040. General information about TCEQ can be found at our web site at www.tceq.state.tx.us.

any or all bids. 27-28c

Issuance Date: June 30, 2009. 28c

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FOR RENT Bobcat Skid \$125 per day Steer Loader \$175 per day Excavator \$175 per day Call or check at Steele Machine 940-864-2208

any or all bids. 27-28c

AUCTION OF SEIZED VEHICLE Haskell Police Department will auction a seized vehicle Sat., July 22, 2009 at 10:00 a.m. at the Haskell Police Department. The vehicle is a white, 1993 Pontiac Grand Am, 4 door, VIN #1G2WH54T1PF230582. The Haskell Police Department reserves the right to accept or reject any or all bids. Vehicle may be viewed on July 22, 2009 from 8 a.m. to 10 a.m. at the Haskell Police Department. 28-29c

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611 5th St., RULE. Two separate adjoining buildings in great condition. The property would be excellent for an office, game room, apartment and much more. The east side has a bath and kitchen. The west side has a half bath and room for pool tables, pinball and much more. There is extra storage on a slab foundation in the rear and the front has a new metal awning.

ANTIQUE STORE-623 5th, Rule. Large building with approximately 2500 square feet of display and storage space. Building is full of antique glass, furniture (two lawyers book cases), lots of bric brac. All contents will be sold with the building. Must See!

ANTIQUE STORE-704 5TH, Rule. Large building filled with many goodies. Approximately 3500 square feet with glass, furniture, old store fixtures and much more. All contents go with the building. Must see!

510 N. FIRST ST. Large office building located on Hwy. 380 West with three private offices, one large open area for several desks, a large vault, break area for refrigerator and appliances, and two rest rooms. Building is wired for computer hookups.

749 EARLES CAMP ROAD-LAKE STAMFORD. One bedroom lake cabin with large living, dining, one bath, large kitchen and wood burning stove for heat and refrigerated unit for cooling. Cabin was redone after the 2005 flood. Property has its own channel with a small dock and access to a larger dock that is shared with a neighbor. There is a large deck overlooking the lake, an attached carport, separate storage building with washer dryer connections.

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FEATURED LISTINGS
1504 N. AVE E. MOVE-IN READY. UNDER CONTRACT. 2 bedroom, 2 full bath frame home, formal living room, with step down den, fireplace, wet bar, large kitchen, dining room, master bedroom with large walk in closet, utility room, 2 seat hot tub, all appliances and furnishings stay, fenced back yard, one car carport. Priced to sell.

1557 US HWY. 380 WEST. COUNTRY LIVING WITH ACREAGE. MUST SELL. 4 bedrooms, 2 bath, brick home, living room, large kitchen open to nice size dining room, great for entertaining. Wonderful storage throughout house, utility room. Patio area. 2 car carport, beautiful yard, shop with attached carport. Property sits on approximately 9 acres of cultivated land. REDUCED.

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FEATURED PROPERTIES
210 Carothers, Rochester. Grocery/market/ cafe/game room/etc. Unlimited possibilities. Possible owner finance. Call for more details. Must sell.
5871 Hwy. 6, Stamford. Rustic frame house, 3 bedroom, 1 & 1/2 baths. Includes 4 acres and barns. Six miles west U.S. 277 on Hwy. 6. Reduced \$29,900.
507 N. 5th St. 2 or 3 bedroom, 2 bath. Furnished. Recently updated. New windows. Must see inside. Large corner lot. Water well. Storage building.
Historic Railroad Depot. To be moved, located in Knox City. Approximately 1,200 sq. ft. Great potential.
Building lots available. Several zoned for mobile homes. Other will have building deed restrictions.



THE ANCHOR PARADE—Winning second place in the golf cart parade kids' division were Kylea Skinner, Lexy Skinner, Dale Skinner and Marsha Skinner.



THE ANCHOR PARADE—Winning third place in the golf cart parade kids' division were Pat Rice, Makayla Tianco, Skyler Rue, Alex Tianco, Dillon Rue and Kaleb Tianco.



THE ANCHOR PARADE—Winning second place in the golf cart parade adult division were Felicity Gentry, left, and Keith Hannsz.

Area students attend health camp

The Big Country AHEC (Area Health Education Center) conducted their 4th Annual Health Matters Summer Camp during the week of June 8-12 at McMurry University. The camp hosted 32 high school students from across the Big Country, including one from as far south as Mason, Texas and four as far east as the Fort Worth-Dallas Area.

The Health Matters Summer Camp provided area high school students with information, activities, and hands-on learning experiences in the world of health careers. Campers participated in tours of local health care facilities and local health professions training programs including the Patty Hanks Shelton School of Nursing and Cisco Junior College Respiratory Therapy Program at Hendrick Medical Center. Hendrick Medical Center also provided a view of their Radiology Program for the campers.

In addition, the campers had the opportunity to tour health career programs at two of the Abilene universities: the Hardin Simmons Physical Therapy program and the McMurry University Pre-Health Professions Program. Texas Tech School of Pharmacy also gave the campers a tour of the facility and some insight into a career in pharmacy. The campers toured Texas State Technical College, Cisco Junior College Allied Health Programs, and the Presbyterian Medical Care Mission.

Perhaps a highlight of the week's activities was a day trip to the Texas Tech Health Science Center in Lubbock where the campers were able to witness many different programs including a Clinical Simulation Lab and Telemedicine.

High school students from across the Big Country and Texas were selected to attend the Health Matters

Summer Camp based on their application and recommendation from a teacher. Each student accepted to the camp displayed a vested interest in entering a health related career program upon high school graduation. The following students were chosen from Haskell County schools to attend the 4th Annual Health Matters Summer Camp: Kymbre Kupatt (Haskell), Brittany Waggoner (Paint Creek), Allison Petty (Rule) and Stephanie Threet (Rule).

The Health Matters Summer Camp is made possible through the support of the Hodges Foundation and the Junior League of Abilene.

Opportunities like the Health Matters Summer Camp are the result of partnerships with communities, community health professionals, health professions training schools and the Big Country Area Health Education Center (AHEC).

The Big Country AHEC is a service of Texas Tech University Health Sciences Center F. Marie Hall Institute for Rural and Community Health and the West Central Texas Council of Governments.

For further information about the Big Country AHEC please contact Kelly Cheek at kcheek@wctcog.org or 325-793-8484.



THE ANCHOR PARADE—Winning third place in the golf cart parade adult division were, l-r, Baylee Blanton, Tony Medauer and Mayson McGaughey.

Always designate someone to watch young swimmers

Many children narrowly escape drowning during summertime celebrations held near water. Even if lifeguards are on duty, designating an adult water watcher could easily prevent a tragedy, says Dr. Steven Kernie, associate professor of pediatrics at UT Southwestern Medical Center.

"A lot of drownings happen at parties or social events where there are plenty of adults around, but everybody assumes someone

else is watching the water," says Dr. Kernie, a pediatric critical care physician.

Water watchers should not swim themselves and have immediate access to a telephone so they can call 911 in case an accident occurs. That means keeping the phone, if it's a cell phone, charged and within reach rather than in your vehicle or indoors, Dr. Kernie says. Water watchers should also refrain from eating, talking or other distractions while on duty.

Calendar

Volleyball night

First Baptist Church in Haskell is hosting an open gym for volleyball every Thursday night at 7:30 p.m. Volleyball players of all ages are welcome to come and play. There is no charge. For more information, call the church office at 864-2581.

Bible festival

Cornerstone Fellowship Baptist Church in Haskell will host their Family Bible Festival Aug. 6-8 from 6 to 8:30 p.m.

PC Homecoming

Paint Creek School is seeking updated information on all former students for Homecoming 2009. Send any name changes, address changes or life status changes to rlhansoncmc@sraccess.net, call 940-864-

3904, or mail to 807 N. 9th St., Haskell, Texas 79521. Homecoming is planned for early November.

Cancer support

The Haskell Area Cancer Support group meets every other Tuesday from 5:30 to 7 p.m. in the meeting room of the First Assembly of God Church. For more information, call 940-864-5964.

Summer lunches

The Summer Food Service program, sponsored by Haskell CISD, will continue through July 24. Meals will be served from 11:30 a.m. to 1 p.m. Monday through Friday at the Haskell Elementary School Cafeteria, 306 S. Ave. G. Anyone ages 1 through 18 years of age is invited to come eat free. Adults may eat for \$3 per plate.

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