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TUESDAY EDITION, MARCH 24, 2020

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Cancellations/ Postponed events:

Big Spring Film Festival Postponed until later date

National Pharmaceutical Take Back Initiative for April 25

No School for Forsan ISD, Coahoma ISD, Big Spring ISD through April 3

Pints for Polio for March

No dates have been set, but will be released as soon as possible.

Big Spring Symphony Fashion Show **Fundraiser** 11:30 a.m. -1 p.m.

Health Fair for April 4 has been postponed until August 8.

KBSB has cancelled Trash Off set for April 4 along with all other activities, including Toasty Tuesdays until further notice.

Master the Mountain 5K/10K set for April 18 at the State Park has also been postponed. No new date available yet.

AARP Tax-Aide on Mondays has been put on hold.

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Howard County Commissioners hold regular meeting Monday

Memorandum of Understandings top agenda

By AMANDA DUFORAT

Managing Editor

The Howard County Commissioners Court met in regular session Monday afternoon at the Howard County Courthouse. The meeting, in order to keep in accordance with the public gathering limitations of 10 or less, was live streamed for the community to join in on. Howard County Judge Kathryn Wiseman also mentioned that the attendance was limited to only a quorum of the Commissioners in order to keep in line with require-

Public Comment was the first item on the agenda, but no residents had submitted questions via live stream or where in person to make a comment. The meeting continued on with a presentation from the Howard

Children's Librarian Sandra Verdin spoke to the Court regarding a recent grant that was awarded to the Howard County Library. Verdin was the creator of the grant. The grant was for \$6,000 and will be utilized toward early childhood learning resources in the Howard County Library.

Howard County Librarian Mauver Braswell spoke to the Court regarding two Memorandum of Understandings between the Library and The Church of Jesus Christ of Latter-Day Saints and Big Spring ISD. According to Braswell, there is a volunteer through Jesus Christ of Latter Day Saints who is required to do community work as part of a mission pro-

"We haven't worked out the exact number of hours, but I see this person helping with the children's program and develop the Tinker Tuesday program, that are being offered at the library," Braswell said.

The MOU with Big Spring ISD is pertaining to high school students in

See MEETING, Page 3

DECLARATION OF LOCAL DISASTER FOR PUBLIC HEALTH EMERGENCY FOR HOWARD COUNTY, TEXAS (COVID-19)

WHEREAS, a novel coronavirus, now designated SARS-COV2 which causes the disease COVID-19, has been declared a global pan-

demic by the World Health Organization; and WHEREAS, on March 13,2020, the Governor of the State of Texas issued a proclamation certifying that COVID-19 poses an imminent

threat of disaster in the state and declaring a state of disaster for all counties in Texas; and WHEREAS, extraordinary measures must be taken to contain COVID-19 and prevent its spread throughout Howard County, Texas

NOW, THEREFORE, BE PROCLAIMED BY THE COUNTY JUDGE OF HOWARD COUN-TY. TEXAS:

1. Pursuant to 418.108(a) of the Texas Government Code, a State Of disaster for public health emergency is hereby declared by Howard County. Texas:

Pursuant to 418.108(b) of the Texas Government Code. this declaration of a state of disaster for public health emergency

See COUNTY, Page 3

May 2 Election still a go despite COVID-19

Updates will be provided regarding elections as they are announced

By AMANDA DUFORAT ing COVID-19, the Howard tion will have candidates for

Managing Editor While there are closures many taking place across the nation, there are some functions of the government that are still tasked to move forward. There are essential functions of state and nation

community, - healthcare, law enforcement and

first responders, city and county leadership and elections offices.

While the Howard County Courthouse has limited access to the building and a few of the offices have closed the door to public entrance dur-

springherald.com.



Jodi Duck

Elections County May 2. The Democratic Runoff Election has been moved by the State to July 14, 2020, according to Jodi Duck, Elections Administrator

in Howard County. "We are working to have a plan in

place to keep within the guidelines set by the Governor, Commissioners Court and the City," Duck said. "There may be changes as we get closer to early voting, but at this time locations will remain the same."

The upcoming May 2 elec-

City of Big Spring, Big Spring office is tasked with ISD and Howard County Juholding the upcom- nior College District. According election for City ing to Duck, Forsan and Coand School Board on ahoma have opted out at this

> "Voter turnout is statistically low in city and school elections. Once a health plan is in place we will be able to conduct the election effectively and safely," Duck said. "You can never really estimate the turnout in any election and this one is no different. We will plan for a good

turnout as we always do." She continued, "It is too early to tell if this will have an impact on the November election. If everyone adheres to social distancing practices and maintains good hygiene, it is our hope the crisis will be over soon."

In regards to the upcoming election, Duck does encourage those who are over 65 or who have a disability to contact the Elections Office and request a ballot by mail application. The mail ballot program is regulated by the Texas Election Code and we have not been instructed to allow

any changes at this time. information will More be put out on the Howard County Elections Facebook page as it becomes available. More information can also be obtained by calling the Elec-

Amanda Duforat is the Managing Editor at the Big Spring Herald. To contact her, e-mail editor@bigspringherald.com or call 432-263-7331.

tions Office at 432-264-2273.

Big Spring takes part in Chalk the Walk



In an effort to add a little brightness to a gloomy situation, area residents took part in Chalk the Walk this past weekend. Families took to the sidewalks with some colorful chalk and decorated with a little bit of color for neighbors to enjoy as they walked by, practicing social distancing. Any others who took part in Chalk the Walk are encouraged to submit photos to editor@big-

City of Big Spring encourages online bill pay

Water department phone number change

Special to the Herald

The City of Big Spring Water Office has relocated to the City Hall Annex located at 204 Johnson Street. All City of Big Spring offices, including the Water Office, are currently closed to the public, and open by appointment



and electronic means only. During this time online payments through mybigspring.com or by phone are highly encouraged. The City of Big Spring has issued a few tips for those making payments online or over the phone for the first time:

WAYS TO MAKE YOUR PAYMENT:

- 1. Pay online at www.mybigspring.com. Click ONLINE BILL
- 2. Pay via the automated phone system by calling 833-227-1752. 3. Payments with a check or money can be placed in the Drop Box at the Polly Mays Annex (501 Runnels). Staff members check the box daily. Please do not place cash in the drop box.
- 4. Pay over the phone by calling 432-264-2319 or 432-264-2320. Water Office staff are still available to assist customers by appointment and over the phone during normal business hours. To contact the Water Office, please call 264-2319 or 264-2320.

Please note these are not the normal Water Office contact

numbers.

Obituaries



Gareth L. "Gary" Kistler

Gareth L. "Gary" Kistler, 80, of Big Spring, passed away Sunday, March 22, 2020. Graveside services will be 10 a.m., Thursday, March 26, 2020, at the Peace Chapel at Trinity Memorial Park.

Survivors include two sons, Paul Kistler and wife, Carla of Big Spring, and Karl Kistler of Velva, North Dakota; two grandchildren; two great-grandchildren; and a sister, Eileen Rubart of Flordia.

Arrangements are under the direction of Nalley-Pickle & Welch Funeral Home and Crematory. Online condolences may be made at www.npwelch.com.

Retha Southwood, 80, of Lubbock, formerly of Big Spring died Sunday, March 22, 2020. Services are pending at Myers & Smith Funeral Home.

Sheriff

The Howard County Sheriff's Department reported the following activity:

Retha Southwood

Note – Officials with the Howard County Jail reported having 82 inmates at the time of this re-

 VICTORIA LYNN CASTIL-LO, 25, was arrested by BSPD on public intoxication and criminal mischief between \$100 and \$750.

SERGIO JACOB CER-VANTES, 25, was arrested by BSPD on driving while intoxciated and possession of marijuana.

 KELSEY RENEE CHAVAR-**RIA,** 25, was arrested by BSPD on a charge of driving while intoxicated with child and public intoxication.

• MARCUS LAMON COLE,

33, was arrested by HCSO on a charge of resist arrest search or transport and two counts of bail jumping and fail to appear.

• JUSTIN GOFF,24, was arrested by DPS on driving while intoxicated/open alcohol con-

 JERRY RYAN MOSLEY, 40, was arrested by BSPD, on a charge of driving while intoxicated second offense. LORENZO FABIAN ON-

TIVEROS, 38, was arrested by

BSPD, on charges of public intoxcication and posession of marijuana less than two ounces. JULIA ROSALIE SHIP-**MENT**, 25, was arrested by

toxcication. • MARCUS EMORY STUR-

BSPD, on a charge of public in-

GILL, 31, was arrested by BSPD. on a charge of indecent assault. DAVID ALAN TINDOL, 38.

was arrested by BSPD, on charges of criminal trespass and possession of a controlled substance less than 28grams.

 DAVID JOE VILLAREAL JR., 33, was arrested by HCSO. on charges of resisting arrest/ search/transport and evading arrest detention.

 JACOB HENRY WHITE, 30, was arrested by BSPD, on charges of possession of controlled substance less than one gram, evading arrest/detention with previous conviction, fail to identify fugutive, possession of drug paraphernalia, evading arrest detention and one non-reportable charge.

Take Note

- City of Big Spring offices will remain open by appointment and electronic means only effective Sunday, March 22, at midnight. These offices include: City Hall (432-264-2401); Finance Department (432-264-2513); Public Works Department (432-264-2501); Human Resources Department (432-264-2346); Water Office (432-264-2319); Code Enforcement/Permits (432-264-2505); Community Services Office; Convention and Visitors Bureau (432-263-8235); Facilities (432-264-2322); Cemetery (432-264-2323); Police Department (432-264-2550); Fire Department (432-264-2304; The Big Spring Senior Center will be closed to congregate meals, but those who wish to pick up a to go order can call 432-267-1268, for more information. All City pavilions and playground structures will remain closed until further notice. For any questions or concerns please contact the City Manager's Office at 432-264-2401.
- The City of Big Spring will be following CDC guidelines and the executive order by Governor Abbott concerning COVID-19 and will be closing all city park playground structures and park pavilions including: Kidz Zone, Cotton Mize softball field, playground structures at ABC Park, Bert Andries Park, Dr., Morgan Park, and any other city owned playground structure or pavilion until at least April 20th. The date of closure has the possibility to extend. We also ask that you refrain from gathering in groups of 10 or more during this time so we can help stop the spread of COVID-19. For any questions or concerns please contact the City Managers Office at
- Big Spring High School will be recognizing the football team, band members and cheerleaders who participated in the first game at Memorial Stadium in the fall of 1956. The recognition will take place Friday, Sept. 4, 2020 at Memorial Stadium. If you are a member of these groups, or know of a member of these groups, and would like to participate, please contact Edward Slate at 432-270-1995, or at 813 Vista Ridge, Big Spring, Texas, 79720.
- The Alzheimer's Association West Texas Chapter will host the Big Spring Community Forum on March 26, 2020, from 9:30 a.m to 11:30 a.m., at the Big Spring Senior Center, located at 100 Whipkey. The event is free, but space is limited. RSVP to West-Texas@alz.org, call 1-800-272-3900, or go to the link at bit/ly/ConfBS20. More information can also be found at www.alz.org/westtexas.
- Scenic Volunteers will be having their annual jewelry sale April 7 and 8, 2020, from 8 a.m. to 5 p.m., at the Medical Plaza, right next door to the hospital.

3613 HAMILTON Completely remodeled brick & mortar fresh on the market! Be sure to stop by & check out this spacious 4bed 2bath home lined with a metal privacy fence & plenty of amenities throughout Inside you will find neutral tones, refinished kitchen & bathrooms & a very large sequestered summer weather in the large backyard with

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- Kindred at Home will be hosting a blood drive on Tuesday, March 31, 2020, from 10 a.m. to 2 p.m. The Vitalant Bloodmobile will be on site. See Nicole Doose to sign up. The Sponsor Code is BSKindred. Eat a good meal, drink plenty of water, and bring a picture ID.
- POSTPONED: AARP Foundation Tax-Aide offers free tax preparation help to anyone, and if you're 50 and older, and can't afford a tax preparation service, AARP Tax-Aide was made especially for you. They understand that retirement or other life changes may mean your taxes are a little more complicated now. With the help of our team of IRS-certified volunteers, we make it easy for you. AARP Tax-Aide Service will be available at the Big Spring Senior Center every Monday, beginning on Feb. 3, 2020, from 8 a.m. to 12 p.m. There's no fee and no sales pitch for other services, and AARP membership is not required. Additional information can be found on the AARP web site https:// www.aarp.org/money/taxes/info-2004/about_aarp_ taxaide.html
- VFW Post 2013 meets the first Tuesday of every month at 7 p.m. New members are being sought. The Post is located at 500 Driver Rd. Qualified veterans, those who have served in a foreign war, who are interested in joining the VFW are encouraged to attend a meeting to find out more information.
- DivorceCare is a biblical support group for those facing divorce or separation. Each DVD session features nationally respected experts, such as Christian Counselors and Pastors. Small group discussions and workbook exercises help participants apply the information to their own situations. We cover pertinent issues like: • Will I survive? • How to get out of debt. • How do you know when you are ready for a new relationship? • How to lessen the impact of divorce on your children. • Is reconciliation possible? There is no charge for attendance. 13-week seminars are held two times per year on Tuesday evenings from 6 to 8 p.m. at Trinity Baptist Church in Big Spring.

Dr. Rudy Haddad

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Food Pick Up Info:

Big Spring ISD be providing sacked meals for students while the campuses are closed. Meals will be available at three schools from 9 a.m. to noon, Monday



the three campuses where they are being handed out, which will be Moss, Marcy and Big Spring Junior High School. At both March and Moss, pick up will be in the bus lane behind the campus. At BSJH, pick up can be made at Door #5 on the east side of campus. Children in Big Spring ISD can also pick up

through Friday. Meals can be picked up at any of

meals at the following times and locations:

From 9 a.m. to 9:55 a.m., you can pick up at:

Bus 13-Navajo and Choctaw

Bus 14-Bauer

Bus 15: Larry and McDonald Bus 27: 5th and Abrams

Bus 28: 3rd and Lockhart

Bus 77: Parkway and Hearn

Bus 85: Goliad Elementary Bus 86: 6th and Circle

Bus 90: Southridge RV Park Bus 96: Albrook and Randolf

From 10 a.m. to 10:55 a.m., you can pick up

Bus 13-Barcelona Apartments

Bus 14-Lakeview Bus 15: Colby and Drew

Bus 27: 8th and Lorilla

Bus 28: Roy Anderson Complex Bus 77: Airport and Mobile

Bus 85: Scott and Macausian

Bus 86: Washington Elementary

Bus 90: Oasis and Neill Bus 96: Anderson School

Lunch is also available at North Side Movement for all children in the area. Meals can be picked up at Ryan Hall, located behind the church, at 605 N. Main St. To comply with Governor Abbott's mandate, all meals will be set-up drive-through style. No meals will be served inside the hall. Deliveries will depend on number of volunteers available. You can follow the North Side Movement Facebook page for additional information.

Coahoma ISD will provide take-home lunches to



all students while the campuses are closed. Students can pick up a lunch at the back door of the cafeteria, Monday through Friday from 11 a.m. to 1 p.m.

be providing sacked

ISD will

meals for students while the campuses are closed. Meals are available at the following

Forsan

three locations: Forsan Elementary at the south entrance of the building, Special Education 87-20 Coop, or "The

Pad". Breakfast is served from 7:30 a.m. to 8:30 a.m., and lunch from 11 a.m. to 1 p.m.



If your restaurant or organization is helping

feed students during this time, please e-mail us informaiton and we will be sure to include it in our listing and let the community know. On behalf of the Big Spring Herald and all those who are able to receive support during this time, we say Thank You for all that you are doing and continue to do. The support is much appreciated and does not go unnoticed.

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MEMBER

TEXAS PRESS ASSOCIATION

particular. It will help them have access to reading materials especially at this time of extended learning due to COVID-19. Coahoma ISD also has an MOU that was recently signed with the Howard County Library. The Commissioners voted to approve both MOUs presented by Braswell.

Commissioner Jimmie Long was not in attendance and Russell Callahan with Texas Comptroller's Office: County Assistance District reported through phone call before the meeting to inform the court that due to travel restrictions he would not be in attendance at the meeting. The Commissioners voted to table the issue until further notice.

Before the meeting concluded, Terry Chamness, Emergency Management Coordinator, addressed the court in regards to the Declaration of Local Disaster for Public Health Emergency for Howard County, Texas implemented on Friday, March 20. Following guidance of Chamness, Commission-

ers adjusted the verbiage of statement #2 until the governor of the State withdraws the states declaration of public health disaster. The court amended the original statement #2 "

... this declaration of a state of disaster for public health emergency shall continue for a period of no more than seven (7) days from the date of this declaration and replaced with the new verbiage " ...to continue until the Governor of the State of Texas withdraws the state's Declaration of Public Health Disaster."

According to Chamness, on April 4 the State will reconsider the Declaration of State Disaster at which time the Court will also review the local dec-

The Commissioners also approved:

- Annual financial report by Roberts and McGee, CPA
- Monthly financial report
- · Invoices, purchase requests and budget amendments by County Auditor
- Personnel considerations, monthly payroll report (February) and monthly report (February) by County Treasurer.

Amanda Duforat is the Managing Editor at the Big Spring Herald. To contact her, e-mail editor@ bigspringherald.com or call 432-263-7331.

COUNTY



Today: Sunny, with a high near 80. West wind 10 to 15 mph. **Tonight:** Partly cloudy, with a low around 51. West wind 5 to 15 mph becoming southeast after midnight.

Wednesday: Mostly sunny, with a high near 91. Southwest wind 5 to 15 mph.

Wednesday Night: Partly cloudy, with a low around 59.

Thursday: Partly sunny, with a high near 90.

Thursday Night: Mostly cloudy, with a low around 60.

Friday: Mostly cloudy, with a high near 82.

Friday Night: Mostly cloudy, with a low around 48.

Saturday: Sunny, with a high near 71.

Saturday Night: Mostly clear, with a low around 44.

Sunday: Mostly sunny, with a high near 72.

Sunday Night: Partly cloudy, with a low around 49.

(Weather courtesy National Weather Service via forecast.weather.gov) Continued from Page 1

shall continue for a period of no more than seven (7) days from the date of this declaration unless continued or renewed by the Commissioners Court of Howard County, Texas: (*amended during the Monday meeting align with and extend until the State order is changed)

Pursuant to 418.108(c) of the Texas Government Code, this declaration of a state of disaster for public health emergency shall be given prompt and general publicity and shall be filed with the County Clerk; Pursuant to 418.108(d) of the Texas Government Code, this dec-

laration of a state of disaster for public health emergency activates the Howard County Emergency Management Plan; 5. That this declaration authorizes the County to take any actions necessary to promote health and suppress the virus, including the quarantine of persons and occupied structures, examining and regulating hospitals, regulating in-

gress and egress from the County, regulating ingress and egress to occupied structures, establishment of quarantine stations, emergency hospitals, and other hospitals, and insuring compliance for those who do not comply with the County's rules and directives; 6. In accordance with Texas Government Code 418.173, a person who knowingly or intentionally violates this declaration commits an offense, pun-

ishable by a fine up to \$1,000.00 or confinement in jail for a term that does not exceed 180 days; This declaration of a state disaster for public health emergency 7.

shall take effect immediately from and after its issuance.

Declared this the 20th day of March, 2020.

Safety tips during COVID-19

5 Steps that can be taken to help prevent the spread o the Coronavirus

- 1. HANDS Wash then often
- 2. ELBOW Cough into it
- 3. FACE Don't touch it
- 4. FEET Stay more than 6ft apart
- 5. FEEL sick? Stay home and avoid having visi-

Symptoms of the Coronavirus, which may not appear for 2-14 days after exposure

- Fever
- Cough
- Shortness of Breath

Some actions we are currently taking to prevent the spread.

- 1. Before and after visiting each home or business, our technicians will be washing their hands or using the hand sanitizer provided to them.
- 2. Each technician has a can of disinfectant spray they can use to spray on their clothing and shoes if needed to use before and after each home visit.
- 3. Our technicians will be checked for any symptoms of the virus each morning when arriving at work and have been brought up to date on all the symptoms to be aware of. 4. Our technicians have been provided with
- gloves to use when necessary at locations, as well --as eyewear. Once acces-

sible we will also have mask on hand for them if needed.

5. We ask that our clients leave lights on or blinds up to allow sufficient lighting in as well as leave doors open inside the home/business so we are not having to touch surfaces if it is not necessary.

6. We understand some of our clients will not want to have the interiors of their homes sprayed and we understand this. However, we do urge that if you are healthy to allow us to do what is needed in the home if possible to prevent you from having pest invade the home. We can also spray exteriors of homes in order to help the prevention of the insects. We will accommodate to our customers needs as much as we possibly can.

COWBOYS STEAKHOUSE AND RESTAURANT

\$1.00 Off Adults 50¢ Off Children **Sunday Only** 11-3 Buffet or Any Entree \$9.00 or above 1 Coupon Per Person

Must Be Presented For Discount Expires 03-31-20

MYERS & SMITH FUNERAL HOME & CHAPEL

24th & Johnson 267-8288

Retha Southwood, died Sunday. Services are pending at Myers & Smith

Share your creativity at home with us, ideas to help with homeschooling, and more. Email editor@ bigspringherald. com.



MATTRESS

Plush or Euro Top TWIN SET **Pillowtop or Extra Firm** TWIN SET FULL SET......\$497 **Extra Plush Pillowtop** TWIN SET Plush \$177 \$247 QUEEN SET Pillowtop TWIN SET QUEEN SET......\$347

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Rustic

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Hooker Furniture

Public Health Disaster declared statewide, prevention measures announced, resources listed

Representative

Drew Darby

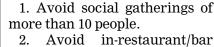
Special to the Herald

Representative Drew Darby (R-San Angelo) issued the following statement regarding recent actions to protect Texans and prevent the spread of the novel Coronavirus (COVID-19):

"Today, Governor Greg Abbott issued Executive Orders calling for new efforts to minimize exposure to and transmission of COVID-19. I am grateful for the Governor's leadership and fully support these steps to keep Texans safer. I especially appreciate the tireless work of our local West Texas leaders. first responders, health care professionals, and critical customer service workers for their dedication during this

challenging time. I strongly encourage West Texas residents to heed the direction of local officials as they prescribe important measures aimed at protecting citizens and maintaining our health care resources. We are strong and we will get through this together."

During the press conference, Texas Department of State Health Services Commissioner John Hellerstedt declared a statewide Public Health Disaster, which will give state and local officials additional tools to respond to CO-VID-19. Governor Abbott issued the following Executive Orders, effective through midnight on April 3, with the possibility of being extended based on the Centers for Disease Control and Prevention recommendations:



dining and drinking, while still allowing for takeout services. 3. People shall not visit nurs-

ing homes, unless to provide critical assistance. 4. Schools shall temporarily

The Executive Orders do not affect resources such as grocery stores, pharmacies, gas stations, or other businesses and workplaces of more than 10 people, as long as necessary precautions are maintained to reduce contact and virus transmission. All critical infrastructure will remain operational.

Additional state resources:

• Texas Education Agency's "Texas Students MealFinder Map" to find where Texas schools are serving meals amid closures: https://tea.texas.gov/texas-schools/safe-andhealthy-schools/coronavirus-covid-19-support-and-guidance

• Texas Workforce Commission information for employers and jobseekers: https:// twc.texas.gov/news/unemployment-news

 Texas Department of State Health Services updates on Coronavirus symptoms, testing, and prevention: https://www.dshs.texas.gov/ coronavirus

Recognizing those who go above and beyond on a daily basis for patients

Brookins recognized for March



Serving above and beyond is what makes an impact on the lives of residents and families, just ask those at Parkview Skilled Care and Rehabilitation. Recently, the exceptional service provided by Debbie Brookins, R.N., IPCO, was recognized by fellow staff members and families associated with residents at Parkview. The service she has provided is beyond appreciated by all.

ESTATE SALE - LOG HOMES

PAY THE BALANCE OWED ONLY!!

AMERICAN LOG HOMES IS ASSISTING **JUST RELEASED**

Texans Urged to Use 2-1-1 Texas Social Services Hotline For COVID-19 Information and Referrals

AUSTIN - Texas Health and Human Services encourages all Texans in need of COVID-19 information and referrals to community resources to call the 2-1-1 Texas hotline 24 hours a day, 7 days a week.

"As we encourage people to use social distancing and to stay at home when possible, this state resource can help the public stay informed, stay calm and stay safe," said Wayne Salter, HHS Deputy Executive Commissioner of Access and Eligibility Services. "Our trained staff are working tirelessly around the clock to respond to all the public's questions, through 2-1-1 as well as our HHS social media platforms."

Texans, no matter where they live, can dial 2-1-1 or (877) 541-7905 and select option 6 to get information and referrals to COVID-19 social services, including testing, community clinics, unemployment benefits and more.

Texans can also dial 2-1-1 to find information about local community resources such as financial assistance for utilities or rent and food pantries, housing assistance, crisis counseling, utility payment assistance, and senior services.

Call center operators answered more than 785,000 calls by Texans for infor mation and services during Hurricane Harvey and are available to help dur ing this public health crisis.

For general health-related information and precautions on COVID-19, visit

the DSHS website and the CDC page.

Stay up-to-date on the latest news and updates impacting HHS services and regulated providers by visiting the HHS CO-VID-19 page.

For more information on the state hotline, visit

ESTATE & ACCOUNT SETTLEMENT ON HOUSES 4 Log Home kits selling for BALANCE OWED, FREE DELIVERY 1) Model # 101 Carolina \$40,840...BALANCE OWED \$17,000 \$49,500...BALANCE OWED \$19,950

\$36,825...BALANCE OWED \$14,500 4) Model # 403 Augusta \$42,450...BALANCE OWED \$16,500

NEW - HOMES HAVE NOT BEEN MANUFACTURED

Make any plan design changes you desire!

 Comes with Complete Building Blueprints & **Construction Manual** · Windows, Doors, and Roofing not included

• NO TIME LIMIT FOR DELIVERY!

OFFER NOT AVAILABLE TO AMERICAN LOG HOME DEALERS

SERIOUS ONLY REPLY. Call (704) 602-3035 ask for Accounting Dept.

PORTER'S

ALL LOCATIONS TEMPORARY STORE HOURS 9AM - 8PM

> **SENIOR HOUR** 9AM - 10AM



Hull's Meat Company

Meat Processing and Market

500 N. Birdwell Lane

432-267-7781

NORMAN HARRIS, M.D. (Offices In Big Spring, Odessa & Midland)

LORI STAFFORD, D.O. (Offices In Midland & Odessa)

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Texas State Parks to Close Public-Serving Facilities and Programs started March 19 until further notice;

Law Enforcement, Boat Registration Offices Close to Public Visitation

Special to the Herald

More closures and access limitations are being pushed down daily. Amongst one of the newest closures is tied to State Parks across Texas. After careful evaluation of the ongoing public health situation, Texas State Parks will be limiting park programming and closing public access to park headquarters, visitor centers and park stores starting at 12 p.m. Thursday, March 19. According to Ron Alton, the Big Spring State Park in Big Spring will remain open at this time.

"Our main priority has always been the health and wellbeing of our visitors and staff, and in order to maintain this standard to the best of our abilities TPWD facilities will be modifying operations as a precautionary step towards protecting public health," said Carter Smith, Executive Director of the Texas Parks and Wildlife Department. "While

we have worked hard to provide access to state parks through much of Spring Break, we have now reached a point where changes are imperative for safety reasons. I am grateful to our State Parks team and volunteers for their valiant work during this exceedingly difficult time and thank our visitors for their patience and understanding as we continue to evaluate additional measures to ensure the safety of everyone in the parks." As part of these operational changes, parks will

be suspending all cash transactions where feasible. Visitors are encouraged to utilize the self-pay stations, the online reservation system and credit card transactions at this time. Other reduced services include the suspension of equipment rentals and interpretive programs. Park visitors should check the Texas State Parks

Alert Map regularly for the latest information about the status of parks.

In addition to the operational changes at Texas State Parks, TPWD law enforcement and boat registration offices, including the license and boat registration counter at TPWD's Austin headquarters, will be closing to public visitation at 12 p.m., March 19. Texans needing to purchase hunting and fishing licenses, boat and motor owner transfers, and boat registration renewals are encouraged to visit tpwd.texas.gov or call the department at (512)

These changes will remain in effect for the foreseeable future. TPWD will continue to monitor the evolving health situation with local and state officials and will adjust operations at department sites and facilities as necessary. The public is encouraged to follow the department's social media accounts and monitor its website for the most up to

Texas halts abortions amid coronavirus response

HOUSTON — The State of Texas has halted most abortions under a new statewide order to conserve medical supplies during the coronavirus pandemic. Pro-Life Texans have been appalled that the abortion industry has continued killing preborn children during the outbreak while statewide and local orders have recommended they close. Furthermore, the abortion industry has been consuming and hoarding medical supplies that are in desperate need around the state including masks, gloves, and other protective gear for medical professionals.

The new executive order by Governor Greg Abbott will stop all surgical elective abortions until 11:59 p.m. on April 21, 2020, unless otherwise ordered. According to the state's latest data, this could save 2,868 lives, which equates to 66% of abortions in Texas for the month. Texas Right to Life is grate-

ful that the loss of life during the COVID-19 outbreak will be decreased thanks to the halt in abortions. We call on the State of Texas to expand the order to include chemical abortions as well.

Founded in 1973, Texas Right to Life is the oldest and largest Pro-Life organization in Texas. Recognized as the statewide leader of the Pro-Life movement in Texas, Texas Right to Life works through legislation and education to protect the rights of the unborn, persons with disabilities, the sick, the elderly, and the vulnerable through legal, peaceful, and prayerful means.

BSI staff preparing packets to continue learning from home



Mrs. Sindy Rios, Ms. Vicki Sotelo, and Mrs. Rosemary Sanchez, BSI paraprofessionals waiting for parents to pick up packets while still observing social distance.



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1st Place in each Age Category wins a Photo Shoot by Abstract Photography. Photo by www.abstractphotographystudio.com

Parkview residents get creative with Arts and Crafts





In an effort to keep Parkview residents from going stir crazy while visits are limited there has been an opportunity for arts and crafts activities in their rooms. Each resident was able to create different pictures of flowers and other unique decor while practicing social distancing.

Workforce Solutions Permian Basin to close office due to COVID-19

WORKFORCE SOLUTIONS PERMIAN BASIN

Special to the Herald

To protect our community and to help mitigate the spread of COVID-19, all Workforce Solution Permian Basin offices will be temporarily closed to the public effective Monday, March 23, 2020.

Workforce Solutions Permian Basin staff will be available to assist employers, job seekers, and all other customers by phone or online. For assistance, please call 1-800-248-6451 or (432) 336-6382. Customers may also contact us at www.workforcepb.org Laid off employees may apply for Unem

ployment Insurance Benefits online at www. ui.texasworkforce.org or call the Texas Workforce

Commission Tele-Center at 1-800-939-6631. Deaf or hearing-impaired individuals may dial Relay Tex-Information for employers regarding Unemployment Insurance may be found at https://twc.texas.

gov/news/covid-19-resources-employers Job seekers may find information regarding Unemployment Insurance and how to apply for benefits at https://twc.texas.gov/news/covid-19-resourc-

Employers may post a job opening and job seekers may post a resume for job matches at www. workintexas.com

AgriLife Extension issues health tips: Be alert to diabetes risk

Special to the Herald

AgriLife Extension experts ask Texans, others to alert' themselves to diabetes risk, control March

During National American Diabetes Association Alert Day on March 24, Texas A&M AgriLife Extension Service experts are asking Texans and others to learn more about diabetes and their risk for the "We want to encourage everyone to use this day

to learn about their own family history of diabetes and to take the diabetes risk test if they feel they may be susceptible to developing diabetes," said Danielle Hammond-Kruger, AgriLife Extension program specialist in the Department of Nutrition and Food Science at Texas A&M University, College Station.

She said while not all forms of diabetes are entirely due to genetic factors, having a family member with Type 2 diabetes puts a person at greater risk to develop the condition.

"Along with lifestyle factors such as being overweight, smoking or physically inactive, talking to your family about their medical history can help you learn if you are at risk and the steps you can take to prevent or delay diabetes," Hammond-Kru-

Approximately 2.84 million people – about 14% of the state's population — have diabetes and an estimated 663,000 of these are undiagnosed, greatly increasing their health risks. Another 6.8 million people have prediabetes, with blood glucose levels in the above-normal range but not yet high enough to be diagnosed as diabetes.

Hammond-Kruger said people who feel at risk for diabetes should talk with their doctor or at the very least go to the American Diabetes Association's Diabetes Risk Test and answer a few simple questions to help determine if they might be at risk.

She also noted AgriLife Extension offers several programs related to diabetes education and management.

"Whether online or face to face, these programs help people with prediabetes or diabetes and their

caregivers learn the skills and confidence to either help prevent or manage the condition,' she said. "Diabetes is not curable, but it is manageable, and people can learn skills to effectively manage their diabetes when good, objective, research-based information is readily available."

She said two of the AgriLife Extension programs that teach participants the skills to effectively manage their diabetes or reduce the risk of developing diabetes through better nutrition, exercise and bloodsugar monitoring are:

Do Well, Be Well with Diabetes - A five-week class focusing on understanding diabetes basics and how to incorporate dietary and self-care practices to help manage the condition. This program is available through local AgriLife Extension county agents in English and Spanish. It will also soon be available online.

Cooking Well with Diabetes - Fun, interactive cooking schools designed by AgriLife Extension to help people with diabetes and anyone who prepares food for them. These are offered by some county AgriLife Extension offices. To see if one is available, go to https://counties.agrilife.org/ and contact the local office.

"We also have programs that are culturally responsive and provide information more tailored to specific ethnic groups," said Ninfa Purcell, AgriLife Extension health specialist, College Station. "These are face-to-face programs that allow us to instruct and pay close personal attention to smaller groups and to address some of the social and cultural issues related to diabetes."

Purcell said the two AgriLife Extension programs with a more cuitural locus are:

¡Si, Yo Puedo Controlar Mí Diabetes! (Yes, I Can Control My Diabetes!) – A six-week program for Spanish-speaking adults, developed to provide culturally relevant Type 2 diabetes self-management education.

Wisdom, Power, Control – A seven-week diabetes self-management program for African American adults with Type 2 diabetes. Its objective is to educate, empower and equip participants to help them control their diabetes using a real-world, practical

¡Sí Yo Puedo Controlar Mi Diabetes! and Wisdom, Power Control, WPC, are featured by the American Diabetes Association in their Diabetes Support Directory. The directory is a free, online tool to help connect people with a qualified, ADA-approved diabetes support program.

noted Purcell also ¡Sí, Yo Puedo Controlar

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proved to be included in the evidence-based health promotion and disease prevention pre-approved list of programs eligible for U.S. Administration for Community Living, or ACL, support. Through a two-stage review process, the program met ACL criteria as a top-tier evidence-based health promotion/disease prevention program.

"With the Yo Puedo and WPC program, we have also had great success in reaching underserved and marginalized groups with limited access to health services," Purcell said. "These programs have been very beneficial for educating and informing many low-income and disadvantaged individuals about diabetes and how to manage it."

Purcell also noted AgriLife Extension has collaborated with Baylor Scott and White Health to offer a free, online, self-paced course called Diabetes 1st Step: Live Healthy, Be Hopeful. The course provides basics of diabetes self-management for people newly diagnosed with Type 2 diabetes or for those who wish to learn more about diabetes self-care.

In addition, through the Healthy South Texas Diabetes Control Program, AgriLife Extension is working to reduce instances of diabetes in a 27-county

region of South Texas. Hammonu-Kruger and Purcell said Hillside Properti National American Diabetes Association Alert Day provides a useful There's no place like home... reminder for Texans 1 & 2 Bedroom and others to learn if Apartments & RVs they have a family history of diabetes as it may NOW Available!

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SPRING HERALD

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> Page 7 Tuesday, March 24, 2020

How athletes are staying active during sports suspension

By SHAWN MORAN

Herald Sportswriter

The world of sports is currently navigating through uncharted waters. From the professional leagues across the globe to local high schools, the entirety of sports has been at a standstill for over

Since the postponement of entire seasons and cancellations of others, athletes have been forced into quarantine where they are coming up with their own ways to stay healthy and active. Running and doing cardio in your own home has become the workout of choice during this global health scare.

Some, like the Toronto Raptors big man Serge Ibaka, are staying fit by running wind sprints through the hallways of their multi-million dollar mansions. And others, such as United States Olympian and Rio 5,000-meter silver medalist Paul Chelimo, have given more creative ideas throughout their social media accounts.

Chelimo posted a video of him to his Twitter account where he put soap and a small amount of water at the bottom of his bathtub and held onto the towel rack on the wall while moving his feet as though he was beginning to run. The post had the caption, "Trying this out in case, there is a curfew! No Treadmill, No Problem!!!!!! Tough Times calls for Tough Measures. I'm not about to show up at the Olympics Trials out of shape. Go Hard or Suffer the Rest of Your Life!"

Unfortunately, Chelimo will have to wait longer for those Olympic Trials. On Monday morning the International Olympic Committee decided to postpone the 2020 Tokyo Summer Olympics.

For athletes in other professional sports the wait

continues on to see if their season will resume once the COVID-19 outbreak is resolved.

NBA players are taking the quarantine orders from their teams very seriously and have taken to fun activities in addition to keeping their mind on the game. Atlanta Hawks star point guard Trae Young posted a video online of him doing his own "Three Point Contest" throughout his living room with a small ball and a handful of trash cans. On the other coast, Steph Curry of the Golden State Warriors has been spending some time making viral golf trick shot videos.

LeBron James is on the other end of the spectrum of these NBA athletes and has posted videos of him working out inside of his home gym during these uncertain times. James could be seen working out with dumbbells and doing a series of cardiovascular exercises.

An event like this has never happened in sports and training regimens have most likely been thrown off throughout the professional leagues. Athletes that make-up the rosters have been put through extreme workouts mostly everyday of their lives. Over the past week-and-a-half those same athletes have been confined to their homes where they are forced to come up with unique ex-

Now, consider the difficulties that local high school athletes are currently going through while having to be separated from practicing with their teams. Baseball and softball season was on the verge of entering the district part of the schedule when they were given the news that their season would be postponed.

Forsan baseball coach Stephen East has given his

team a list of things to do to stay active and stay in volved in case the season is able to resume in early May.

"We want our guys to keep throwing if they can hitting the ball into the net, and just stay active, East said. "We told our guys to keep their school routine. Get up early, eat some breakfast, do some schoolwork, workout, and do whatever you can to stay active and keep it as normal as possible right

That kind of plan has resonated across town in Coahoma where athletic director Chris Joslin has come up with a similar plan for his athletes and coaches during this time. He understands that for his teams to succeed once they are able to retake the field, they will need an acclimation period back with their teams. "Even though we're sending out workouts to all

doing that," Joslin said. "We would hate for a kid to go right back into competition and get hurt just because their bodies are not in shape to do that." Injuries happen in every sport but if there is a way to avoid them or prevent them, coaches want

of our kids, there's no way of knowing if they're all

to take every measure to ensure that happens. Local coaches will continue to give their players workout plans until they are able to practice together again. As long as these athletes keep a positive mindset and healthy routine, they will be able to perform near their top levels when the season is able to continue.

Shawn Moran is the sportswriter at the Big Spring Herald. To contact him, email sports@bigspringherald.com or call 432-263-7331.

Sports Briefs

UEFA formally postpones Champions League final amid shutdown

NYON, Switzerland (AP) — UEFA formally postponed the Champions League final on Monday — an inevitable move with European soccer in total shutdown and four Round of 16 games yet to be completed.

The final was scheduled for May 30 in Istanbul before the spreading coronavirus pandemic forced the four remaining second-leg games on March 17-18 to be delayed indefinitely.

UEFA said no decision has yet been made on finding a new date.

The shutdown has no end in sight though UEFA and European soccer leaders said last week they hope to complete the club season by June 30.

The 2020 European Championship for national teams was postponed for one year to clear space in the fixture calendar for clubs to win titles in domestic leagues and cups, and UEFA's competitions.

UEFA said the Europa League final, due on May 27 in Gdansk, Poland, and the Women's Champions League final, scheduled for May 24 in Vienna, Austria, were also postponed.

The Europa League is also frozen at the Round of 16 stage, with six of the eight first-leg games played. The Women's Champions League was about to start the quarterfinals stage.

After consulting European soccer officials on March 17, UEFA created a working group chaired by its president Aleksander eferin to look at rescheduling this season's games

UEFA said that panel would make more announcements "in due course."

Predators sign goaltender Connor Ingram to 3-year contract

NASHVILLE, Tenn. (AP) — The Nashville Predators have signed goaltender Connor Ingram to a three-year contract.

Predators general manager David Poile announced the deal Monday.

The 22-year-old Ingram posted a 21-5-5 record for the AHL's Milwaukee Admirals in the 2019-20 season. He ranked third among AHL goaltenders in save percentage and goals-against average and he tied for third in wins.

The contract is worth \$700,000 at the NHL level in 2020-21 and \$750,000 each of the following two seasons.

Ingram was a third-round pick by Tampa Bay in the 2016 NHL draft. He played for Canada in the 2017 World Junior Championship.

Benton Harbor's Butler wins Michigan's Mr. Basketball award

DETROIT (AP) — Benton Harbor's Carlos "Scooby" Johnson is Michigan's Mr. Basketball for 2020, a season that was suspended due to the coro-

The Hal Schram Mr. Basketball award given out on Monday honors the state's top senior basketball player. It is given annually by the Basketball Coaches Association of Michigan. The award is named for the late Hal Schram, who followed high school athletics for the Detroit Free Press for over

The 6-foot-6 Johnson signed a letter of intent to attend Butler after turning down scholarship offers from Michigan State and Michigan.

He received 2,949 points in Mr. Basketball voting and and Jalen Terry of Flint Beecher was second with 2,760 points. Orchard Lake St. Mary's Lorne Bowman II was third, followed by Clarkston's Matt Nicholson of Clarkston and Tyson Acuff from Detroit Cass Tech.

Johnson averaged 25 points, 11 rebounds, six blocks and three steals per game as a senior for the state's top-ranked Division 2 team. The Tigers advanced to the district final before the coronavirus pandemic halted play.

The Michigan High School Athletic Association suspended all sports for all seasons, following the state's earlier this month to shut down schools.

Johnson said in an interview with the Detroit Free Press he is still hoping the playoffs can resume to give his team a shot to win the state title.

"It's every high school team's goal to be holding that trophy at the end of March Madness," Johnson said in a story published Monday by the newspa-

Ex-Brady backup Hoyer agrees to 1-year deal with

BOSTON (AP) — Brian Hoyer is returning to the Patriots for a third time. The veteran quarterback has agreed to a one-year deal worth \$1.05 million. Hoyer was released by Indianapolis on Saturday.

Dance Lab Duo places 1st Fulgum and Allen claim the win



Taelyn Fulgum and Avery Allen are pictured competing as a Hip Hip Dance Duo. The pair placed 1st Place in the competition. Way to go girls!

Athletic Support: "What if COVID19 cancels my son's senior season?"

Dear Athletic Support: My son started playing baseball when he was five years old. I can still remember him in the backyard with his little ball and. With school currently closed, he fears his senior baseball season isn't going to happen. Is there anything he can do to make sure he's ready when/if school comes back in session and his final baseball season resumes? — Hopeful Dad

Dear Hopeful: Across the country, high school athletes are staring down the barrel of possible season cancellations. I can't imagine how scary this must be. All the years of hard work, all the extra practices and time invested

That answer isn't simple (nothing is simple right now). But the best way I can think to explain this is through a story. When I was growing up, everything was a competition, my whole life a game.

My dad always played the role of a coach. As far back as I can remember he was all the time coming up with ways to make boring, daily rituals like brushing my teeth into exciting contests. One time he told me if I ate a banana, he'd buy me a pair of roller blades. I hated bananas (I still do), but I got those

rollerblades. The prizes for my dad's games weren't always so extravagant. Mostly, he'd keep my reward a secret, telling me I was in for a "big surprise" as soon as I

brushed my teeth, or combed my hair, or threw three perfect strikes in a row,

painting the corners and checking the imaginary runner on second base.

Dad's big surprise, as it turns out, was simply the satisfaction of winning, the joy that can be found in a job well done. Was it a letdown? Kinda. Especially at such a young age, but there's a lesson to be learned here, one that applies to your son's senior baseball season.

Early on, we're taught that results are what matter most. The trophies. The accolades. The wins and the losses. When in actuality, it's the process that's most important. The long hours spent perfecting a change up, or studying film

that's where athletes learn the true value of sport. In the end, it's not whether you win or lose — or in this case — if you even get to play the games. What matters most is learning both to enjoy the process and acquire an understanding of the true value of hard work.

So, yes, your son should go out and keep practicing. He should continue to prepare for his senior season (just make sure he's adhering to our country's new "social distancing" guidelines). In the end, even if his final season does get cancelled, he can still find joy in a job well done, and that's a lesson he'll be able to carry with him long after his playing days are over.

Eli Cranor is a former professional quarterback and coach turned award-winning author. Send questions for "Athletic Support" to eli.cranor@gmail.com or visit elicranor.com.

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Announcements

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The Colorado River Municipal Water District is accepting applications for the following position:

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The Colorado River Municipal Water District is accepting applications for the following position:

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Help Wanted

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Individual will be responsible for several areas of coverage, from feature stories to hard news. Must have a flexible schedule.

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Request for public hearing from persons who can show they are adversely affected, or requests for further information should be submitted in writing within 15 days of publication to the Environmental Services Section, Oil and Gas Division, Railroad Commission of Texas. P.O. Box 12967, Capital Station, Austin, TX 78711 (Telephone 512/463-6792)

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Dear Annie: I'm an older gent who has been doing weight training for years. I was walking down the beach one day, wearing my swimsuit, and a young lady approached on a bicycle from the opposite direction. She pointed toward me. and I turned to look at the water thinking the dolphins that had been swimming close to shore were back. She said, "No, you!"

Wow. I was blown away. That unsolicited compliment made me feel great the entire day. But it also rang a bell.

Since then, I've started the practice of making appreciative comments, even to strangers, when they're deserved. "That's a really good color for you," or "Good form on that bicep curl" -- that sort of thing. The key is that the comment has to be legit. People know when they're being patronized.

And guess what. It doesn't cost a dime and makes both parties feel better. -- Doesn't Cost a Dime

a Dime: It is interesting that right before you had this beautiful realization of kindness, you saw dolphins. Dolphins structure their lives around a social group. called a "pod." They are said to communicate with the others in their pod by making sounds such as clicks and

squeaks.

You took this wave of kindness to heart and applied it to your life. It just goes to show that when we lead with kindness and see the good in others, others see the good in themselves and want to share it, and so on and so on. What a beautiful realization and ripple effect. And, yes, the comments have to be genuine.

One of my favorite expressions is "One smile will get you two." I hope your letter encourages people to be kinder to one another, themselves and the animals that inhabit this beautiful Earth.

Dear Annie: As the mother of three sons, I taught them that the thing that separates men from animals is the ability to write thank-you cards. I now have two grandchildren, and when they can write, I will expect to receive thank-you cards from them. If not, then the phone call I will make will be to my sons to remind them of

what they were taught. Writing in appreciation for what has been done for you is an additional gift to you, not the giver. Children are then taught to be thankful and not feel entitled.

Grandparents should recognize that we are doing our grandchildren a favor when we support them in doing what is right just because it is right. -- Indiana Mom and Grandmother

Dear Indiana Mom and Grandmother:

Congratulations on giving your sons, and now your grandchildren, the gift of gratitude. Showing appreciation does make both parties feel good. They can't help but feel more joy. As author and philanthropist Lynne Twist shared with Oprah Winfrey, "What you appreciate appreciates" -- one of my favorite quotes.

> Send your questions for Annie Lane to dearannie@creators.com.

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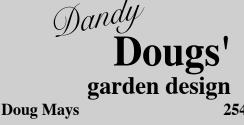
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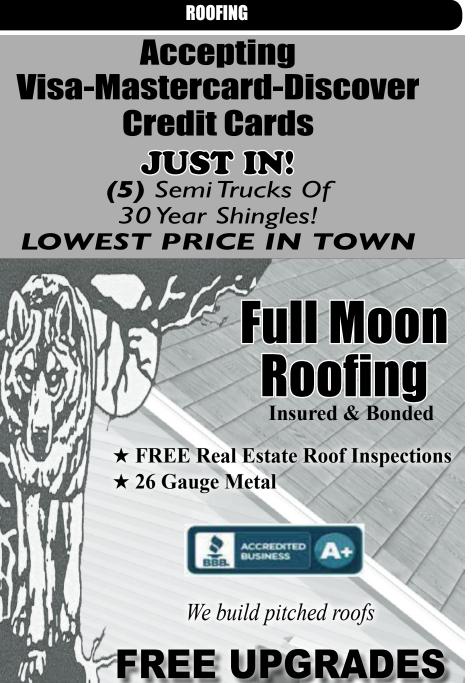
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By Steve Becker Famous Hand — Part Two

East dealer. Both sides vulnerable. **♣**A 9 6 4 3 2 SOUTH **↑** A O 3 ♥Q 10 8 ♦ K 7 3 2 **♣**Q 10 7 The bidding: South West East North Pass Pass

2 🏚 Pass 3 NT Pass Opening lead — seven of hearts. Yesterday we discussed this deal

from the 1975 Italy-U.S. match in which the Italian star Giorgio Belladonna, South, wound up as a declarer in five diamonds and made it thanks to a slip by the defense. The bidding at the second table

went differently, and the American North-South pair wound up in three notrump. This was not as good a contract as five diamonds, and the Italian East-West pair could have defeated three notrump with entirely normal

But, as mentioned yesterday, things can sometimes go surprisingly wrong even at the highest levels of the game. West led the seven of hearts, consistent with the method he and his partner were using of leading the middle card from three small. East won with the king and should have returned a low heart, which would ultimately have defeated the contract. But East inexplicably shifted to a low spade, a lapse that the U.S. declarer then proceeded to fully exploit.

He won the spade return with the ace, forced out the ace of clubs, won the next spade with the queen, finessed the ten of diamonds and eventually, with the aid of a squeeze, made five notrump to score 660

So the U.S. team gained 60 points on the volatile deal even though it could have been defeated in three notrump at the second table.

The İtalian East's failure to return a low heart at trick two was an especially egregious mistake. He obviously thought West had led from the 7-4 of hearts and therefore abandoned the suit. But East should have concluded that this was unlikely, one reason being that South might not have bid two spades with a holding of Q-10-9-8 of hearts.

Numbers

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puzzle will have

you hooked from

the moment you

square off, so

sharpen your

pencil and put

savvy to the test!

vour sudoku

mind-bending

Tomorrow: Look before you leap ©2020 King Features Syndicate Inc.

The Moon Is New, and So Are You

32-267-5478

ARIES (March 21-April 19). The life that used to seem so clear to you is nowhere to be seen. You were younger when you played it on the projector of your mind. Now your ideas about the future wisely include great margins of inconceivability.

TAURUS (April 20-May 20). As you continue to make efforts instead of excuses, you set yourself apart from the weaker contestants. The competition gets more intense, and so do you. Your fan base arows.

GEMINI (May 21-June 21). When people feel judged, they want to depart from the source of judgment. It's true of self-judgment, too. To eliminate the need for such an escape, refrain from harsh judgment of yourself or anyone else.

CANCER (June 22-July 22). More is not always merrier, and it's usually costly and cumbersome. Before you add a slew of people to the party, make sure you have the proverbial equivalent of enough food, drink and entertainment.

LEO (July 23-Aug. 22). Once you're moving, moving is the most natural thing to do. The same goes for deciding. You're in a mood to make decisions and keep choosing until you have lined up your activity plan into the foresee-

able future.

Tomorrow's Horoscope By Holiday Mathis really matter?

GO (Aug. 23-Sept. 22). There are three roles open to you: critic, competitor and prob-

lem-solver. The most natural fit is the last one, as you'll gravitate toward solutions that serve the best interests of all.

VIR-

LIBRA (Sept. 23-Oct. 23). You get along with most. No one can get along with all. There's learning potential in every interaction, and you'll grow from every relationship, even the more difficult ones.

SCORPIO (Oct. 24-Nov. 21). Maybe believing in an indifferent universe is the same as accepting reality. The inevitabilities of life can and should be combatted daily with an active pursuit of kindness and beauty.

SAGITTARIUS (Nov. 22-Dec. 21). There's no great mystery here, just a problem with a practical solution, which you have at your fingertips. You won't even have to come up with it. Just close your eyes and remember.

CAPRICORN (Dec. 22-Jan. 19). Does scale 9, 18, 4, 44 and 28.

The at-

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today

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person

or 100

1,000.

You'll

give it

all your very best.

AQUARIUS (Jan.

20-Feb. 18). You want to

they can use and delight

levity, the gift, the laugh-

ter. This is a lot to ask of

yourself, and yet you'll

PISCES (Feb.

19-March 20). When

it's your room, it's your

with this principle, the

rules. The more you get

more you adhere to oth-

er people's rules in their

TODAY'S BIRTH-

DAY (March 24). The

cosmic birthday gift:

You'll take a risk, and

suddenly things will just

fall into place, which is

how you'll know you're

on the right track. The

others, the better you'll

know yourself. Refuse

the tendency to isolate.

You're excellent compa-

ny, but your best inter-

ests are severed when

you join others. Gemini

and Libra adore you.

more you share with

rooms. Boundaries get

laid today.

deliver it today.

bring people something

in. You want to be the

er

ad-

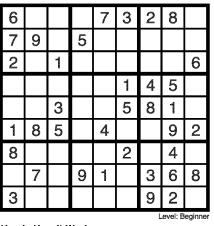
PASSION AND THE ARIES NEW MOON: Ar ies energy is the energy of identity. The phrase associated with the ram is "I am." As the sun and moon align in the sign of new beginnings, we make goals and decisions about who we want to be. Aries is also the energy of the warrior and can extend into anger, territorial instinct and similar emotions relating to passion.

Passion has largely positive connotations in today's milieu, but it wasn't always so. Many cultures have associated passion with being unreasonable, out of control and in no state to make reasonable decisions. For entire centuries, the prevalent advice was that people steer clear of people and endeavors that produced such heated feelings as desire. And certainly, to marry someone in a fit of passion was considered

the utmost foolishness. A cosmic blast of beginner's luck will accompany this Aries new moon, which will prove an ideal starting point. Whatever your pursuit, consider passion's role in it. Passion's energy may swell and launch the action, but only the worthy and practically useful endeavors are likely to continue once the initial excitement has died down. If you can put aside heated feelings to consider what is really worth doing, you will be ahead in this game.

> Write Holiday Mathis at HolidayMathis.com.

SUDO



Here's How It Works:

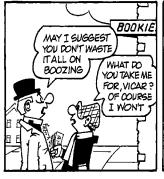
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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| | ω | G | Þ | | တ | 8 | L | 7 | 6 | | | | |
| | 9 | L | ç | 6 | œ | Þ | | 3 | S | | | | |
| | 4 | 3 | ₩. | တ | N | G | 8 | 6 | 7 | | | | |
| | 6 | 8 | 5 | ω | 7 | k | 4 | G | 9 | | | | |
| ľ | ANSWER: | | | | | | | | | | | | |

Your lucky numbers are: **COPYRIGHT 2020** Please thoroughly wash your hands to keep us healthy!

| | | KMID 3 Midland | UNI 4 Spanish | KPEJ 5 Odessa | KOSA 7 Odessa | KTLE 8 Telemundo | KWES 9 Midland | KMLM 12 Odessa | KPBT 13 Odessa | KWWT 14 Odessa | KWES2 15 Midland | WTBS 33 Atlanta | TNT 34 Atlanta | ESPN 35 Sports | ESPN2 36 Sports | FSN 38 Sports | USA 55 New York | A&E 58 New York | DISC 60 Discovery |
|--------|-----------|-------------------|------------------|------------------|------------------|---------------------|-------------------|-------------------|----------------------|-------------------|---------------------|--------------------|------------------------------|-------------------|--------------------|------------------|--------------------|--------------------|----------------------|
| 5 : | 30 | ABC | Noticiero | Mom | CBS | Noticias | News | Shofar | Focus | Flintstone | Burgers | Fam. Guy | man (DVS) | , | Spec. | The Blitz | SVU | | |
| | | News | Rosa de | Big Bang | CBS 7 | Exatlón Es- | | Норе То | PBS News- | M*A*S*H | Fam. Guy | Big Bang | | O.J.: Made in | E:60 | TMS Pre. | | The First 48 | Moonshiners |
| 6 : | 30 | Wheel | Guadalupe | Big Bang | ET | tados Unidos | News | Building | Hour | M*A*S*H | Fam. Guy | Big Bang | Movie: The | America | | Stars In. | SVU | | |
| : | PM | Conners | Ringo | The Resident | NCIS (DVS) | (SS) | Ellen's Game | Our Mess | East Lake | Andy G. | The Flash | Big Bang | Hobbit: The | | UFC Main | Stars Pre. | | The First 48 | Moonshiners |
| 7 :: | 30 | Bless | | | | | | Eye on | Meadows: | Andy G. |] | Big Bang | Battle of the Five Armies | | Event | To Be An- | Loser | | |
| : | PM | mixed-ish | | | FBI | La Doña | This Is Us | Light of | A Public Housing | G. Pyle | DC's Leg- | Big Bang | Tive Attilles | | | nounced | | The First 48 | Moonshiners |
| 8 : | | black-ish | | (DVS) | | (SS) | | Southwest | | G. Acres | | Big Bang | | America | ACL Corn- | | Loser | | |
| | | | | FOX 24 | FBI: Most | Operación | (:01) Council | | Frontline | Heroes | | Big Bang | (:15) Movie: | | hole | | Law & Order: | The First 48 | |
| 9 : | | | | News at 9 | Wanted | Pacífico | | Southwest | | Heroes | Seinfeld | Miracle | Taken 2 | | | | SVU | | |
| | | | | TMZ | CBS 7 | Tele | News | Being | Amanpour- | C. Burnett | black-ish | Conan | (DVS) | SportsCenter | SportsCenter | Postgame | Law & Order: | | (:01) Moon- |
| 10 : | | Jimmy Kim- | | Mom | Late Show- | Noticias | Tonight | Words of | Со | Perry Mason | | Miracle | | | | Fight Sports: | | First 48 | shiners |
| | PM | | | Mod Fam | Colbert | Titulares | Show | Jesus IS | East Lake | | Gold | New Girl | | SportsCenter | | Boxing | | (:03) The | Moonshiners |
| 11 :: | | | | | James | La Doña | Seth Meyers | | Meadows: A Public | Twi. Zone | | o o nan | Movie: Jack Reacher, | | Helwani's | | | First 48 | |
| | | | Destilando | Two Men | Corden | (SS) | | On the | Housing | Hitchcock | Live PD | Jokers | Robert Du- | SportsCenter | | | (12:01) | The First 48 | |
| 12 : | | WICH FIODDING | | Simpsons | Holly | Caso | , , | For the | | Hitchcock | Live PD | Jokers | vall (DVS) | | leashed | | Briarpatch | | |
| | AM | | Como dice el | | ET | Programa | | Light of | Frontline | Mannix | Cops | Jokers | , , | SportsCenter | UFC Un- | nounced | (:02) Chi- | The First 48 | (:01) Moon- |
| 1 : | | raid rig. | | Pawn | Paid Prg. | De'siónes | merae Ear | Southwest | | | | Broke Girl | | | leashed |] | cago P.D. | | shiners |
|] _ :/ | AM | (:07) ABC | Vecinos | Paid Prg. | (:07) CBS | Pelicula: El | Today-Hoda | Light of | POV | Cannon | Prostate | Broke Girl | NCIS: New | SportsCenter | SportsCenter | 1 | (:01) Chi- | (:07) The | Moonshiners |
| AN | ID | ANDY CAPP AGNES | | | | | | | | | | 8 | | | | | | | |









ONE BIG HAPPY

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PHIL

IS HERE



I BROKE IT

RIDING

ON A

SCOOTER

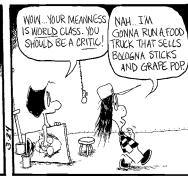
00H,,

WELL, YOU KNOW WHAT

THEY SAY.

PHILIP, WHAT HAPPENED

TO YOUR ANKLE



THE FIRST 40 YEARS OF YOUR CHILDHOOD

ARE THE HARDEST.

ARCHIE



NEST HEAD

PROCRASTINATION MEANS THERE'S

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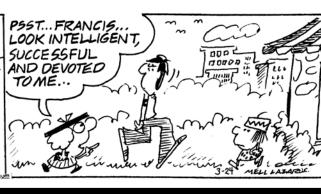


WE'LL BE RIGHT BACK WITH

"BEHIND THE BALLET."

3/24 ALLEN





This Date In History

Today in History By The Associated Press undefined Today in History Today is Tuesday, March 24, the 84th day of 2020. There are 282 days left in the year.

Today's Highlight in History:

On March 24, 1989, the supertanker Exxon Valdez (vahl-DEEZ') ran aground on a reef in Alaska's Prince William Sound and began leaking an estimated 11 million gallons of crude oil.

On this date:

In 1765, Britain enacted the Quartering Act, requiring American colonists to provide temporary housing to British soldiers.

In 1882, German scientist Robert Koch (kohk) announced in Berlin that he had discovered

the bacillus responsible for tuberculosis. In 1955, the Tennessee Williams play "Cat on a Hot Tin Roof"

opened on Broadway. In 1958, Elvis Presley was inducted into the U.S. Army at the draft board in Memphis, Tennessee, before boarding a bus for Fort Chaffee, Arkansas. (Presley underwent basic training at Fort Hood, Texas, before being shipped off to Germany.) In 1975, Muhammad Ali defeated Chuck Wepner with a technical knockout in the 15th round of a fight in Richfield, Ohio. (Wepner, a journeyman known as the "Bayonne Bleeder," inspired Sylvester Stallone to make his "Rocky" films.)

In 1976, the president of Argentina, Isabel Peron, was deposed by her country's military. British war hero Field Marshal Viscount Montgomery, 88, died in Alton, Hampshire, England. In 1980, one of El Salvador's most respected Roman Catholic Church leaders, Archbishop Oscar Arnulfo Romero, was shot to death by a sniper as

he celebrated Mass in San Salvador. In 1988, former national security aides Oliver L. North

and John M. Poindexter and businessmen Richard V. Secord and Albert Hakim pleaded not guilty to charges stemming from the Iran-Contra affair. (North and Poindexter were convicted, but had their verdicts thrown out; Secord and Hakim received probation after each pleaded guilty to a single count under a plea bargain.) In 1995, after 20 years, British soldiers stopped routine patrols in Belfast, Northern Ireland.

In 1998, two students, ages 13 and 11, opened fire outside Jonesboro Westside Middle School in Arkansas, killing four classmates and a teacher. (The gunmen were imprisoned by Arkansas until age 18, then by federal authorities until age 21.) In 1999, NATO launched airstrikes against Yugoslavia, marking the first time in its 50year existence that it had ever attacked a sovereign country. Thirty-nine people were killed when fire erupted in the Mont Blanc tunnel in France and burned for two days. In 2001, U.S. skater Michelle Kwan won her fourth World Figure Skating title in Vancouver, British Columbia; Irina

Slutskaya of Russia got the

silver, and American Sarah

Hughes earned the bronze.

promise he'd made to anti-

abortion Democratic lawmak-

Ten years ago: Keeping a

ers to assure passage of his historic health care legislation, President Barack Obama signed an executive order against using federal funds to pay for elective abortions covered by private insurance. Actor Robert Culp died in Los Angeles at age 79. Singer Johnny Maestro died in Florida at age 70. Five years ago: Germanwings Flight 9525, an Airbus A320, crashed into the French Alps, killing all 150 people on board; investigators said the jetliner was deliberately downed by the 27-year-old co-pilot, Andreas Lubitz. President Barack Obama received Afghan President Ashraf Ghani at the White House, where Obama agreed to slow the U.S military

but insisted the delay would not jeopardize his commitment to end America's longest war before leaving office. One year ago: Attorney General William Barr reported that special counsel Robert Mueller did not find evidence that President Donald Trump's campaign "conspired or coordinated" with Russia to influence the 2016 presidential election, but reached no conclusion on whether Trump obstructed

pullout from Afghanistan at the

request of its new government

justice; Democrats pointed out

that Mueller had found evidence for and against obstruction, and they demanded to see his full report. (The report would be released in April.) New England Patriots tight end Rob Gronkowski announced that he was retiring from the NFL after nine seasons, which had included three Super Bowl victories.

Today's Birthdays: Poet

Lawrence Ferlinghetti is 101. Actor William Smith is 87. Fashion and costume designer Bob Mackie is 81. Former Washington Gov. Christine Gregoire is 73. Rock musician Lee Oskar is 72. Singer Nick Lowe is 71. Rock musician Dougie Thomson (Supertramp) is 69. Fashion designer Tommy Hilfiger is 69. Comedian Louie Anderson is 67. Actress Donna

60 Very small

amount

62 Earl Grey and

61 Moistens

oolong

clean

side

DOWN

63 Orderly and

1 Part of TGIF

3 Parts of the

4 Notches on a

cutting blade

5 Oscar or Emmy

6 Sandy riverbank

well that

psyche

deposit

ends well"

8 Printable file

9 Irate feeling

10 Isle near Maui

format

2 Negative debate

59 Requiring talking 11 Trivial

Pescow is 66. Actor Robert Carradine is 66. Sen. Mike Braun, R-Indiana, is 66. Former Microsoft CEO Steve Ballmer is 64. Actress Kelly LeBrock is 60. Rhythm-and-blues DJ Rodney "Kool Kollie" Terry (Ghostown DJs) is 59. TV personality Star Jones is 58. Country-rock musician Patterson Hood (Drive-By Truckers) is 56. Actor Peter Jacobson is 55.

complaints

musical group

21 Ran off to wed

25 Writer Angelou

27 Chest muscles,

informally

28 Head-and-

29 Judge's

shoulder

garment

30 Fliers of jets

31 Soul singer

Franklin

Japanese

competitor

32 Toyota's

34 Unruly kid

sculptures

22 More stylish

23 Expensive

speaking nation

12 Otherwise

17 "Marching"

18 Persian-

Rock singer-musician Sharon Corr (The Corrs) is 50. Actress Lauren Bowles is 50. Actress Lara Flynn Boyle is 50. Rapper Maceo (AKA P.A. Pasemaster Mase) is 50. Actress Megyn Price is 49. Actor Jim Parsons is 47. Christian rock musician Chad Butler (Switchfoot) is 46. Actress Alyson Hannigan is 46. Former NFL quarterback

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Newsday Crossword

ACROSS

- Chills, as a drink
- 5 Right away, in a memo
- 9 Top-rated 13 Sheet worn by
- Caesar 14 Untamed
- 15 Hammer's target **16** Kid's activities
- after a blizzard 19 Begins
- 20 Find a second
- purpose for 21 And so on: Abbr.
- 24 Conclude
- 25 Scratch up 26 Shaped into a
- coil
- 28 Raisin
- (cereal variety)
- 30 Skillet or wok
- **33** Earliest stage 34 Harbor marker
- 35 Voice of Apple
- devices
- 36 Low-scoring baseball games
- 39 "Electric" fishes
- 40 Partner at a prom
- 41 Very funny people
- 42 No longer damp 43 Obtains
- 44 Mrs. George
- Washington
- 45 Bread for a burger
- 46 Small book to write in
- Francisco, CA 48 Series of steps
- between floors **51** Dwarflike garden ornaments
- 54 Controversies between different beliefs
- 58 Woodwind instrument

GOING AT IT by Sally R. Stein Edited by Stanley Newman www.stanxwords.com

- 37 Eve and Adam's
- home 38 Exchanges for a new car
- **43** Wise mentor
- 44 Papa Bear's partner
- 45 Mosquito attacks
- **46** Public opinion
- surveys 48 Trash-hauling
- boat 49 Toothpaste
- holder
- 50 Frequently 51 Richard of
- Pretty Woman 52 University
- sports org.
- 53 Sneaker or
- moccasin
- 55 Go bad, as food
- **56** Incoming flight
- stat.
- 35 Mix with a spoon 57 Rested in a chair

10 11 13 14 15 16 17 18 19 20 22 23 24 25 27 28 | 29 30 31 32 26 35 33 34 38 36 37 39 40 41 42 43 44 45 46 47 48 49 50 <u>51</u> 52 53 54 55 56 57 58 59 60 61 62 63 3/24/20

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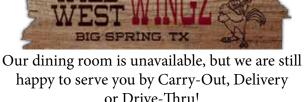
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