3 Forsan Jr High Students qualify for Texas Junior High Rodeo

Courtesy photos/Shelbi Cervantes

Brycen Cervantes takes down a steer and finishes off a tie as he shows how a young cowboy competes at a high level.

Special to Herald

FORSAN – Brothers Brycen and Brayden Cervantes as well as fellow Forsan Junior High student Cade Wallis all qualified for this years Texas Junior Rodeo in Gonzales. Wallis, who qualified for the third straight year and made it to Nationals last year, will be competing in tie down roping, chute dogging, and ribbon and team roping with his partner Brayley Hudnel this year. Brycen, a 7th grader, will be competing in chute dogging, while his little brother Brayden, a 6th grader, will be competing in goat tying, break away roping, and will also be competing for the all around rookie cowboy for region 2. Congratulations to these young men and their families and good luck at state.

Local Summer Sports Camps

Special to the Herald

Lady Steer Mini Volleyball Camp

Where: Big Spring Junior High Gym

When: May 30-31

Incoming 1st-3rd grade: 8:00 am – 10:00 am

Incoming 4th-6th grade: 10:15 am – 12:15 pm

Cost: $30 *includes T-Shirt (Sibling Discount: $55 for 2, $80 for 3)

You can register online with PayPal at

https://fs10.formsite.com/oWfnXs/fgcbm98knz/index.html

What to bring: Water bottle, appropriate shoes, kneepads, athletic clothes and a good attitude

Contact Coach Braswell at kbraswell@bsisd.esc18.net with any questions.

Reminder: There are no incoming 4th-6th graders signed up at this time. The coaches need at least a minimum of 6 participants in order to hold the camp. If you have a student that is interested please contact Coach Braswell at kbraswell@bsisd.esc18.net or the ATC so we can get you signed up.

Big Spring Girls Basketball Camp

June 24 - 25, 2019 at BSHS Steer Gym

Session 1: 8:30 am – 10:00 am Session 2: 10:30 am – 12:00 pm Session 3: 1:30 pm – 3:30 pm

Incoming 1st – 4th grade Incoming 5th – 8th grade Incoming 9th grade ONLY!

Camp Info

The 2019 Big Spring Girls Basketball Coaching Staff will instruct athletes on the basic fundamentals of basketball including dribbling, passing, and shooting.

Your camper will also get to interact with Varsity Lady Steers during camp.

Camp Cost

$50/camper (Cash or Check only) or Sibling Discount - $80 for 2, $100 for 3

** Make checks payable to: BSHS Lady Steer Basketball** Form/Payment can be turned in to the athletic office at the ATC, Monday – Thursday, 8:30 am – 3:30 pm to Coach Audrey Dunn or Coach Hope Allen

Register early to ensure your camper receives a Camp T-Shirt and Camp Water Bottle. Deadline for Registration is: Friday, June 7th 2019. Late Registration is Friday, June 21st.

Contact Coach Dunn – adunn@bsisd.esc18.net or Coach Allen – hallen@bsisd.esc18.net if you have questions!

Steer Football Camp

Where: Memorial Stadium 2195 Kentucky Way, Big Spring, TX

When: May 29th - 30th 9:30 am – 11:30 am Incoming 1st through 6th grade.

Cost: $50.00 includes camp shirt. Registration and payment due no later than Tuesday, May 22. You can bring registration form and payment to the ATC. Please make checks payable to BSHS Football, cash is also accepted.

For more information please contact the Athletic Office at 432-264-3662

Earl Diddle's Howard College Hawks Girl's and Boy's Basketball Camp

Where: Dorothy Garrett Coliseum

When: June 3rd - 6th Girl's and Boy's Little Hawk Camp 8:30 am – 9:45 am

Girl's and Boy's Individual shooting/Skill camp 10:00 am – 12:00 pm

Cost: $50 for each camp (please make out all checks payable to Howard College Women's Basketball)

For more information contact Earl Diddle (ediddle@howardcollege.edu) 432-264-5043 or Tara Lisle (tlisle@howardcollege.edu) 432-264-5155

Staying sharp: Sack artist Donald fueled by Super Bowl loss

By PAT GRAHAM
AP Sports Writer

To stay a cut above the competition, Aaron Donald again trained this offseason by dodging knives.

Fake blades, of course. But the results from the reaction exercises have certainly been real.

The two-time reigning AP defensive player of the year for the Los Angeles Rams is always searching for out-of-the-box ways to take his game to another level. The sting of a 13-3 Super Bowl loss to Tom Brady and the New England Patriots in February helps him stay sharp, too. That's one reason the defensive tackle attended organized team activities this spring for the first time since 2016, even as other veterans passed on the workouts.

Anything to earn that ring.

"The main goal is to be the No. 1 team standing and call yourself a champion," said Donald, who skipped workouts the last two springs while dealing with contract negotiations before signing a $135 million, six-year extension last August. "So I'm just working, trying to get myself better and continue to improve my game."

AP photo

Los Angeles Rams Aaron Donald (99) rushes against the New England Patriots during NFL Super Bowl 53 in Atlanta. Two-time reigning defensive player of the year Aaron Donald is always searching for out-of-the-box ways to improve his game. That's why the Rams defensive lineman trained with knives again this offseason. That's right, knives, of the plastic variety, of course, in order to improve his eye-hand coordination. His real driving force? That loss to the New England Patriots in the Super Bowl last February.

Donald is coming off a season in which he recorded 20½ sacks.

So yes, Donald has given thoughts to former New York Giants standout Michael Strahan's 22½-sack season in 2001, which is the NFL record since it became an official stat in 1982.

And no, he doesn't chase after it.

"If you would've asked me five years ago if I would have an opportunity to have 23 sacks in one season, I would've laughed at you and said, 'That's impossible,'" Donald said in a phone interview as the player known for his quick bursts to the QB embraces National Runners' Month at DICK'S Sporting Goods. "You would like to accomplish something like that, but in the mix of doing your job and helping your team win you play at a high level. So all that's going to come about on its own. Because the more you think about it, the less success you have.

See **DONALD**, Page 12