

Let's Celebrate the big

OThe Floyd County Hesperian-Beacon

Tom Byars, a native of
Roaring Springs, Texas and currently a resident of Lockney, Texas, was recently named the "Cooperative Ginner of the Year" for the state of Texas. The award is
made annually in recognition of the top general manager of of the top general manager of cotton gin in the state.
In making the award, he
cotton was cited for his many years in the cotton gimning business,
having helped to build the cohaving helped to build the co-
po gin in Enochs, working op gin in Enochs, working
for the Beck Gin Company in Lubbock, assisting in a major turnaround at the co-op Farmers Gin for a brief period, but spending most of his career and raising his family in Seminole where he ran his own gin.
He was also recognized for his work at rebuilding, establishing, and managing over 15 gins in Mexico. With his international background, his ability to assess the situation and bring remedy to a gin, he was
later summoned to build two cotton gins in Africa. He took on all those assignments with an open mind, a focus toward efficiency and a commitment to see things to completion. Prior to landing his present job as general manager of Lockney Co-op Gin in 2005, Byars was asked to take his skills to Mississippi to restore a troubled gin in that state. As
it was noted in his presentation, everything he touched tion, everything he louched
seemed to turn to gold and he quickly developed a reputation as a staunch turnaround specialist.
He and his wife Patsy, of 39 years, have a daughter
 in Lubbock. Over the years, Independent Sche Seminole Board of Trustees, District of the Seminole Ag Boosters club, and is a member of the VFW in Lockney. He was drafted into the military at the age of 24 and was stationed in Germany achieving the rank of sergeant.
Byars is an avid hunter, likes arrowhead hunting and gun shows, and enjoys his an-
nual visit to Colorado in the nual visit to Colorado in the
summer. Byars was recognized during ceremonies at the CoBank/Texas Agricultural Cooperative Council (TACC)
Joint Cooperative Meeting in Corpus Christi in March. During the 4-day meeting attended by some 350 representatives, Randy Reid, general manager of TriCounty Producers Co-op in Loop, Texas, was elected president
of TACC. In addition, John Cowan, the CEO of the Texas Association of Dairymen Association of Dairymen
in Grapevine, received the "Cooperator of the Year" award and Ed Bercot, an agriusiness CPA living in Boerne received the Distinguished iving in Colorado and a son

Hackberry Creek Care Center, Inc., in

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The 2010 American Cancer
Society Relay loyd County For Life in Floyd County will be Friday, April 30 at the Floyd County Kriends Unity Center at
Muncy. Registration starts at 5:30 p.m. The relay begins at $6 \mathrm{p} . \mathrm{m}$. and lasts until 11 pm . SURVIVORS' LAP Cancer survivors will cel ebrate by walking the first lap of the relay. Caregivers are invited to join for the second invited
lap.
Surv

Survivors will be honored with a free meal and ice cream
sundae at the survivors' area sundae at the survivors' area.
A meal of brisket sandwich, chips and drink will be available to the public for a $\$ 5.00$ donation.

LUMINARIA CEREMONY
A luminaria ceremony at oved ones who have been ost to cancer. Some people Iso use luminiarias to celbrate survivorship of people who have won the battle with
Continued on page 10
 READY? - Lockney Elementary School teacher Mrs. Cindy Cotham is about to receive a pie in the face from third grader Fernando Valdez during a school assembly las to see their favorite teachers get "creamed," a fund-raising event conducted by the school's Relay For Life team

## LHS UIL teams advance to state

Winning ways continue for Lockney Jackson, Quinn Jackson, Dylan Aufill and High School's number sense and literary
criticism tams as the criticism teams as the both placed first in regional competition at
College on Friday, April 23 .
College on Friday, April 23 .
In the literary criticism contest, nior Kami Hunt finished second, senior Anna Sherman placed third, senior Alisha Damron placed eighth and Lindsay Stewart 11th to lead their team to a first-place finish. These ladies are coached by Lesha Woodard and Jessica Jordan. They will compete in Austin on Saturday, May 8.
The number sense team of Lezlie

Cuellar and Thompson qualify for regionals By Coach Reyes Garza Josh Cuellar and
Shaquille Thompson of Shaquille Thompson of
Lockney competed at the Lockney competed at the
area meet April 16, 2010 area meet Apris 16, 20 and
Athletes of districts 5 and 6 make up the area track meet. It was initially sited Continued on page 10

Helms, Terrell headed to state By Coach Smith
$\qquad$ qualified nine to the Regional Tennis Tournament in Odessa this past week. The Girls Doubles team of Brityn Helms and Lexie to win the Championship without losing a set. They defeated Cisco, Bowie \#1, San Saba and in the final it was the defeat of Bowie \#2. The final found the two of them as the only seeded team left in the girls doubles bracket. They fell to a $0-2$ start in the first set. Finding themselves in a situation they had rarely been in, they bat-
tled back and tied the set up
at 2 all. Only losing one more game in the first set, they finished the set at $6-3$. With a strong finish of the first set, they never looked back and finished up the second set at 6 4. REGIONAL for the first time.
They will play
They will play in the State 11th. Lexie Terrell is the first 11 th. Lexie Terrell is the first
in Floydada to repeat qualifying for state in tennis. In 2009, Lexie qualified for State as a junior with partner Jennifer Rainwater.
Others participating in the Regional Tournament were Makenzie Schwertner and
Imelda Resendiz in Girls

Continued on page 10


2010 REGION 1 - 2A GIRLS DOUBLES CHAMPIONS
Brityn Helms (left) and Lexie Terrell (right)

## Considering Crop Hail?

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Floydada, TX 79235

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## The First National Bank of Floydada would like to congratulate the 2009 Floyd County Producers of the FiberMax One Ton Club


(I-r) Bart Greer, Wesley Campbell and Rick Heflin
"Helping you change things for the better"
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## THE FIRST NATIONAL BANK OF FLOYDADA

Fisile

## South Plains Hobby Club Nezos

By Sandra Lass
On Wednesday, April 14,
2010, the day before the ig 2010, the day before the big
rain, the South Plains Hobby rain, the South Plains Hobby
Club met in Olton for lunch Club met in Olton for lunch
and a tour of the Wild Plum Bed and Breakfast Inn. Since many of us arrived early, we managed to do a little shopping at Bizzell's, fine clothing for women and children. Not a few of us lingered by the sweaters, jackets and long sleeved
blouses racks; blouses racks; it was quite
windy, drizzly and cold windy, drizzly and cold outside. We all wondered
what happened to spring what happened to spring
and when the warm, balmy weather would arrive. At 12 noon, we met at the Wild Plum for lunch. Those attending included Ann Hartman. Margaret Kitchens, Carol Hopkins, Peggy
Roberts, Shirley
Weldon Janis Julian, Lou Burleson, Carolyn Marble, Mary M Carter, Margie Young, Joy Smitherman, Virginia Taylor and Sandra Lass.
Cynthia Gunter, proprietor,
greeted us at the do greeted us at the door. She directed us to the three tables already set for us. She said they were ready to serve us our meal, and we were ready
to eat. Before eating Shirley Weldon gave the blessing and after serving our drinks and after serving our drinks,
water, coffee or tea, April Wunter Burns, Cynthia's daughter, served our salad: baby spinach, blueberries, mandarin orange, avocado, a variety of lettuces, including a red lettuce, sliced almonds and poppy seeds, topped with their home-made poppy seed dressing. Our
main dish included reasted Italian baby brown and red potatoes, Italian garden

## Matador Market Day Set for May 1

The first Matador Market Day featuring live Matador
music and vendors offering food, arts, crafts, The Nifty Fifties Antique Car Club will antiques, and collectables will be Saturday, display their vintage vehicles around the May 1, beginning at $10 \mathrm{a} . \mathrm{m}$. in downtown Matado
70 conjunction with the annual Highway 70 Garage Sale event, Matador Market Day is sponsored by the Motley County Chambe of Commerce. Market Day will showcase area craftsmen and entrepreneurs, enhance attendance at the Highway 70 event, and

## 解

## Floydada Senior Citizen News



Hernandez returns to pastor the Templo Getsemani Assembly of God Church


REV. JOE AND NORMA HERNANDEZ

By Joe Hernandez
My wife and I were both born and raised in Floydada. We recently moved back in mid March 2010 as the new pastors of the Te
Getsemani Assembly of God Church
We have really enioyed cur hon especially family and old friends. We believe people want to change for the better becaus there is a more excellent way to live and enjoy life. Many people live life, but many don't enjoy life, the reason is because they haven't found their purpose in life, therefore they have no direction or

## From the archive

FLOYD COUNTY HISTORY
FROM THE ARCHIVES OF THE FLOYD COUNTY MUSEUM

EROM THE FLOYD COUNTY HESPERIAN JULY 14, 1927

Fuqua, New Townsite at Junction Near Lockney

New Floyd County Railroad Town Will Be Launched by Builders of Borger and Roxana

Keeping step with other rapid developments in
the South Plains of Texas, new towns are the South Plains of Texas, new towns are coming
into existence in quick succession. The latest townsite to be announced is that of Fuqua which will be located on the Fuqua land at the Junction of the Silverton-Lubbock line with that of the East and West Line of the new South Plains road. The Lockney.
The announcement of the new townsite was made recently by the Earl Fuqua of Amarillo through the conview News. Mr. Fuqua stated in a telephone conversation with the News editor that a contract C. Ward and Burton, pioneer town builders, to develop and place on market the Fuqua land at the junction of the Lubbock and Silverton rail line with that of the Plainview and Dimmitt line. According to the Plainview News, Messrs. Ward and Burton are experienced town builders having
floated the townsites of Borger and Roxana, two of the best townsite propositions and successes in the Amarillo oil fields. They are now laying definite plans to develop and place on the market the new town at the junction and within a few weeks the honor of being till hewest
Plains of Texas wased from South Plains to Fuqua
Located as it is on the junction of the two rail lines with four outlets available to the town there is strong assurance that small rail shops and a round Denver at that point. Other industries are seeking locations from Mr. Fuqua and have assured him that they will build in the new town. A grain

If you are looking for a home church or would like to connect with people who have similar values or morals as you do, come visit shurch we have sound Biblical teaching that church, we to people's situations now and we offer engaging and realistic dialogue about God and life...so if you are asking yourself if God really cares about you or, if there's even a God, come as our guests at 701 West Missouri Street. God will not disappoint you! For more information about church services ou can call 806-983-5286.

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already designated their intentions of locating in
```

he new town.

Mr. Fuqua is the owner of 960 acres of land at his location and will use as much of this land as is ownsite company is well under way and within few days the complete plans will be announced The name for the town has not yet been selected but it is probable that it will bear the name of the EROM THE FLOYD COUNTY HESPERIAN EEBRUARY 9,1928
STRINGER NEW TOWN 11 MILES WEST of FLOYDADA
Callahan Lands in West Part of the County to Have Town on Denver Lines.

A corps of men from the office of Engineer Geo A. Lider this week have made a survey of the land and the plats will be made up this week for the new
Iown of Stringer, and the dedication deeds and plat will likely be recorded within a few days. The new town is almost exactly 10 mile west an one mile north of Floydada, where the new line of The Fort Worth \& Denver \& South Plains Rail way crosses the road running through the Stringer land
of the Callahan School survey. It is being named for J. W. Stringer, now deceased, who purchased the lands several years ago and began improving them. Less Stringer, his son, is out this week from Wichita. Falls working out the final details inciden
to opening up the town. oopening up the town.
The tract is being pl
the railway and on the south side of the road, and graders will be put to work at once putting th
streets up for the town. streets up for the town. The road running east
and west on the north side of the town will and west on the north side of the town will be
designated as Dooley Lane on the plat, for W. R. Dooley who has lived on and handled the Stringer lands for the past several years.
An elevator and gin will be two of the first The rails on the Denver are expected to be laid to Stringer before the close of the current month

## Floyd County Church Directory


Dennis Butler, Pastor Morning Worship .. $11: 00$ a.m.. BIBLE BAPTIST CHURCH, 810 S. 3 rd, Floydada Darwin Robinson, Pastor Sunday School..... $10: 00$ a.m. Morning Worship .. $10: 50 \mathrm{a} . \mathrm{m}$.
Evening Worship
6000 p Wednesday.....***... $7: 00$ p.m
CALVARY'S
CORNERSTONE
FELLOWSHIP
Floydada

Armando Morales, Pastor Sunday School .......9:45 a.m. Bible Study ...........6:00 p.m. Wednesday Evening7:00 p.m.

CARR'S CHAPEL
Service Every Sunday: Morning Worship ...9:00 a.m. Sunday School ...... $10: 30$ a.m.
CHURCH OF CHRIST
West College \& Third, Lockney
Morning Worship . 10:30 am Evening Worship $5.30 \mathrm{p} . \mathrm{m}$. Wednesday Service 7:30 p.m.


American State Bank
217 W. California 983-3725

| Barwise <br> Gin <br> Barwwise Community <br> $983-2737$ |
| :---: |
| Tastee <br> Burger <br> 116 North Main <br> 652-2630 |
| Clark <br> Pharmacy <br> 320 N. Main- Lockney <br> 652-3353 |
| Davis Lumber <br> 102 E. Shubet <br> Lockney <br> 6523385 |
| Sawaya Ins. <br> Agency <br> 120 E. 7th Street <br> Plainview <br> $293-1318$ |

## Lighthouse

 Electric Coop 703 A Matador Hwy 983-2814METHODIST CHU

POWER OF PRAISE
FULL GOSPEL CHURCH $\left.\begin{array}{cc}\text { METHODIST CHURCH } \\ \text { Floydala } & \text { FULL GOSPEL CHURCH } \\ \text { Rev. Manuel Rendon, Rastor } \\ \text { Rev. Les Hall, Pastor } & 704 \text { N. Main, Lockney }\end{array}\right)$ Rev. Les Hall, Pastor
 Morning Worship ... 10.50 a.m. $\quad$ Wednesday.............7:30 p.m
Youth (Sunday).......5:00 p.m.
Youth (Wednesday). $7: 30$ p.m $\begin{array}{cc}\text { Youth (Wednesday). } 7: 7: 30 \text { p.m } & \text { PRIMERA IGLE } \\ \text { ***** } \\ \text { FIRST UNITED } & \text { BAUTISTA } \\ \text { Lockney }\end{array}$ METHODIST CHURCH Jesus Caballero, Pastor Sunday School .......9:45 a.m. Worship Service ......11:00 a.m. Discipleship ............5:00 p.m.
Wed. Service $. . . . . . .7: 00 ~ p . m . ~$
pRIMERA IGLESIA BaUTISTA
Floydada
Pastor Reverend Ra
$\qquad$
Sunday School..... $9: 45$ a.m Evening Worship ... 6:00 p.m Wed. Evening.........6:00 p.m

SAN JOSE
CATHOLIC CHURCH Lockney
Sim McCarney,Pa
Wed. Communion.... 8:00 p.m - Sunday Mass..........11:30 a.m

## SOUTH PLAINS

 BAPTIST CHURCH Joe Wellon, Pastor Sunday School ..... $10: 00$ a.m. Morning Worship ...11:00 a.mPrayer Meeting......:00 p.m TEMPLO GETSEMANI ASSEMBLY OF GOD 701 W.Missouri Andy Rodrigue
Andy Rodrigue
$983-5286$ (church) 983-3047 (parsonage) Sunday School ......9: 45 a.m Morning Worship ...11:00 a.m EveningService....... $5: 00$ p.m.
Wednesday........... $7: 00$ p.m ST. MARY MAGDALEN CATHOLIC CHURCH Floydada
Rev. Angelo Consemin
Phone: $983-5878$ Sunday Mass........11:30 a.m Confession Sat........ $10-11$ a.m. TEMPLO BAUTISTA

SALEM
Lockney Rev. Joe Herrandez
Un. Prayer Service 9:30 a.m. Sun. Prayer Service $9: 30$ a.m.
Sunday School $. . . . . . .9: 45$
p.m. Worship Service ....11:00 a.m. Wed. Meeting ........ $7: 00$ p.m.

## TEMPL ASSEMBLY O

 GODWashingtoo and 1 st $S$ S. Sunday School ........9:45 a.m. Evening Worship . $11: 00 \mathrm{a} . \mathrm{m}$. Evening Worship .... 5:00 p.m.
Wed. Service ........7:00 p.m.

TEMPLO NUEVA VIDA
Rev. Herman Martinez Sunday School .....10:00 a.m Evening Worship .....5:00 p.m. Tuesday ..................7:30 p.m
Thursday Service..... $7: 30$ p.m

Trinity Assembly 500 W. Houston, Floydaa Henry Russell, Co-Pastor Children's Church h...10:30 Morming Worship........ $10: 40 \mathrm{a}$.m Sunday Evening............ 5 p.m.

## TRINITY

 LUTHERAN CHURCH Providence Community on FM $2301 \quad$ 293-3009 Rev. Peter W. Harringto Minister Sunday School ........9:45 a.m Norship Service ..... $11: 0$ HURCH OF CHRIST Floydàda 983-3548Sunshine Pump

- Oliver Clark Box 266, Lockney (Mobile)


## Schacht

 Flowers, Jewerry \& Gift 12 W. Poplar, Lockney 652-2385Sunday Worship ...10:30 a.m.
Sunday Evening .....5:00 p.m

Shepherd's Meadow Assisted Living 1230 S. Ralls Hwy Floydada Floydada
$983-8177$
$+\quad+$

Baseball Longhorns 8-0 in district, set for playoffs
TheLockneyLonghorn and good hitting helped practice rames sched TheLockney Longhorn the District 5-1A the Longhorns win their on Tuesday night, April trict title 20, defeating the Hale Center Owls $12-2$ in five Cencr. Owls 12-2 in five in the first round of the innings. The Longhorns finished district play with an 8-0 record, out scoring their opponent 117-16 in those eigh

teleflora's dragonfly bsuquet Give Mom a present she"ll love
now and forever - fragrant lifes and roses in o vase graced with hand-etched dragonfies. The
dragonfly symbol of ioy and renewal, appears as a godicen accent in the lovely bouquet. To send this exquiste gifivitually anywhere in Canadd and the U.S.
callo visit our shop call or wist our shop
mother's day is
sunday, may 9
Order Early
Schacht
 teleflora. BASKETBALL SCHOLARSHIP - Lockney High Scho tent to play basketball at Clarendon Junior College. She is pictured (seated) with her parents, Kellie and Roger Cantwell, and (standing left to right) LHS athletic director Malcom Moerbe, Clarendon College assistant women's basketball coach Chris Marks, and Lady Horn assistant coach Keegan Reynolds.
Kortney Williams signs with Clarendon College Kortney Williams of present for the signing last Lockney has signed a na- week, said "We are excited tional letter of intent to play to get a quality player and basketball for Clarendon quality young lady from thi College. The Lockney High area. She had a great work School senior was chosen out with us. We needed to receive a full two-year post player, and we think sh athletic scholarship at the can fill that need." Clarendon, Texas junior col- Williams said "It's a re lege. She is the daughter of ally, really awesome op Kellie and Roger Cantwell of Lockney

In 30 games during the 2009-2010 season, Williams averaged 10.9 points, 12.1 rebounds, 1.3 assists, 2.9 steals and 2.3 blocks per game fo the LHS Lady Horn team. Chris Marks, assistant women's basketball coach at portunity, and I'm supe xcited.'
The Clarendon Colleg Lady Bulldog team com petes as an independent in Division II of the Nationa Junior College Athletic
Association. They led the Association. They led the nation in scoring and ad vanced to the NJCAA play Clarendon College, who was offs last season.

Lockney High School A Honor Roll
Semester 2, Cycle 2 Peralez, Candi Rea, Justin Grade 9: McKenzie Kemp, Rayann Race, Maison Ragland, Stewart.

Grade 10:
Logan Edwards, Christina Jackson, Landon Kidd, Jackson, Landon Kid Segovia.
Grade 11: Kami Hunt, Isabel Solis, Grade 12: Jill Bramlet, Alisha Damron, Konner Ellison,
Lezlie Jackson, Malory Johnson, Tessa Saul, Anna Sherman, Bethany Wilson.

Lockney High Schoo
Lockney High Schoo Semester 2, Cycle 2

Grade 9:
Erik Cortez, Esperanza Erik Cortez, Esperanza
Garcia, Jose Guerrero, Garcia, Jose Guerrero,
$\qquad$

## Motley County

Chamber of Commerce Matador Market Day


LHS NUMBER SENSE TEAM - Left to right: Landry Kidd, Dylan Aufill, Quinn Jackson, Lezlie Jackson, Luke Sherman and Justin Roberts.


Staff Photo by Jim Huggin ITTLE LONGHORNS - Lockney Elementary School students of the week are (left to right, front row) Mikia Collins, Nathaniel Castillo, Armando Reyes, Ashton Urrutia; (middle row) Karina Torres, Israel Cuellar, Bryson Hallmark; (back row) C.J. Perales, Tommy Lopez, Haley Walker, Rollie Guerrero.

Boyd Jackson for LISD Board Trustee, Precinct 4


I work hard every day to secure the future for my family, and with your help I will work just as hard to secure the future of the Lockney Independent School District.

Early Voting: Monday, April 26th - Tuesday May 4th Election Day: Saturday, May 8th All Voting will be held at the Superintendent's Office Please take the time to vote in this and all elections.

Political ad pd. for by Boyd Jackson

Lockney School Menu May 3-7
MONDAY Breakfast: donut or cereal, toast, juice, milk Lunch: steak patty or ham, macaroni \& cheese mixed vegetables, pears, roll, milk

TUESDAY
Breakfast: mini corndogs or cereal, toast, juice, milk
Lunch: chicken fajitas or grilled cheese, pinto beans, salad, fruited gelatin, flou tortilla, milk

WEDNESDAY Breakfast: waffle or ce real, toast, juice, milk Lunch: baked chicken or steak fingers, potatoes, cut green beans, peaches, roll, milk

THURSDAY Breakfast: eggs/ham or cereal, toast, juice, milk Lunch: nacho grande or corndog, salad, apple sauce, milk

FRIDAY
Breakfast: cinnamo roll or cereal, toast, juice milk
am \& cher salad, pineapple, milk

## Lockney Band

 Boosters to meet May 6There will be a Lockney Band Booster meeting on Thursday evening, May 6th, at p.m. in the Band Room The upcoming trip to Florida will be discussed and Band Booster officer elections for the 2010-1
school year will be held
school year will be held.

## 10-run Seventh Keeps Edible Books? Winds Undefeated <br> Floydada Junior High would like to invite with your school, the students and the faculty

CHILDRESS - with he Floydada Whirlwinds to finish district tula follow at 3 p.m.if necessary the Floydada Whirlwinds to finish district play on featuring Childress against
trailing the Childress. Friday. The makeup contest the loser of game one for trailing the Childress
Bobcats $3-2$ in the seventh is scheduled for $4: 30$ p.m. The make conter of game one for
the third playoff seed. All inning Saturday, it looked Friday in Tulia.
like the Winds' perfect Even though Floydada trip through District 2-2A is in the playoffs as the was over despite already No. 1 seed, the rest of the wrapping up the district district is up in the air. championship. Should Floydada beat Tulia However, Bobcat Friday it will force a 3-way pitching fell apart and the playoff Saturday for the
Whirlwinds capitalized by second and third playoff scoring 10 runs in the top seeds between Childress, scoring 10 runs in the top
of the seventh to win 123. The win kept Floydada one will be Muleshoe vs. perfect in district play Tulia at 10 a.m. The winner improving to 9-0. of that game will then meet Most of the district has Childress at 12:30 p.m. completed play. However, Should Childress lose game
the Winds still have a twq then game three will
 Friday, then Tulia will be the No. 2 seed and Childress
and Muleshoe will have a and Muleshoe will have a one-game
third seed District Standings Team District Floydada
Tulia Tulia
Childress Muleshoe Friona
Dimmitt


Floydada Junior High would like to invite with your school, the students and the faculty
you to a unique and wonderful event: FJH here at Junior High, this is an outstanding $\begin{array}{ll}\text { you to a unique and wonderful event; FJH } & \text { here at Junior High, this is an outstanding } \\ \text { edible book project. This is an exciting and } \\ \text { way to show your support and walk away }\end{array}$ edible book project. This is an exciting and
unique way to support reading in our school. unique way to support reading in our school.
Students are required to create a book in Sudents are required to create a book in

edible form; the idea is to create an edible | $\begin{array}{c}\text { ghe thes will be in Floydada. } \\ \text { game That }\end{array}$ | $\begin{array}{r}\text { If Tulia beats Floydada }\end{array}$ |
| ---: | ---: |
| project that is recognizable as the book title. |  |
| Projects will be judged by a panel of judges |  |


on creativity, recognition and presentation. The top 12 winning projects will then be auctioned off to the highest bidder. The top 12 designers will receive prizes for their efforts.
There will be a price attached to all other There will be a price attached to all other projects if you desire to purchase one of those.
(Students have the option of selling their item (Students have the option of selling their item
or not). The auctioned or sold items will help in generating our activity fund to be used directly on our students.
If you are looking for a way to be involved DUNCAN ELEMENTARY STUDENTS OF THE WEEK for April 26, 2010 were (back row, Payton Teeple, Angela Suarez, Steven Garcia, Kimberly Rios; (front row, $1-r$ ) Andrew
Suarez and Analise Perez.
way to show your support and walk away We a en enjoy participate in this event. Local businesses are welcome as well, we look forward to seeing you there.
When - Thursday, May $20^{\text {th }}$ - tour the exhibits (9:00 a.m. - 10:30 a.m.)
Where -- Judging and exhibitions in FJH Auditorium
Auction to be held in FJH Gym at 10:45 a.m. There

There will be a Junior High Awards Assembly at the High School Auditorium at 1:00 p.m. that day as well. Everyone is encouraged and welcome to attend.
 AB Courtesy Photo
DUNCAN
ELEMENTARY STUDENTS OF THE WEEK for April 19, 2010 were (back row, 1-r) Taylor Dumas, Alex Pinon, Ethan Smith, Karly Lehman; (front row, l-r) Alianna Juarez, Alexandra DeLosS
Perez.


## Bridal Selections For:

Cameron Gasser \& Graden Loong Tiffany Taylor \& Terry Don Webster Remember Mom on May 9th Clark's Pharmacy
309 North Main Street
Lockney, IX 79241 is
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If your looking for a Hatsour looking for a
satisying job in a friendly atmosphere atmosphere
HACKBERRY CREEK CARE CENTER can be your answer FULLTIME EVENING COOK and
are needed now

## For more information

 please call Alyssa at 806-347-2942

Hackberry Creek CARE CENTER Matador - 806-347-2942


DISTRICT 5 FISD SCHOOL BOARD WRITE-IN CANDIDATE


I am a candidate for District 5 FISD School Board and would appreciate your vote. I have lived in Floydada most would appreciate your vote. thave lived in Floydada most
of my life and have served this communities youth much of that time. I would appreciate your vote so that I may continue to do so as I remain dedicated for us to have the
best schools possible.
best schools possible.
Thank you,
Charles Tyer
PUBLIC NOTICE OF TEST OF AUTOMATIC TABULATING EQUIPMENT
Notice is hereby given that the automatic tabulating equipment
that will be used in the Floydada ISD School Trustee Election held on May 8,2010 will be tested on May 5,2010 at $\frac{9: 00 \text { a.m. }}{\text { (date) }}$ (time)
at Eloyd County Court House, Rm 113 to ascertain that it will (location)
accurately count the votes cast for all offices and on all measures.

## Laveta Morren Signature of Officer

AVISO PUBLICO DE PROBAR
EL EQUIPO PARA TABULAR AUTOMATICAMENTE
Por lo presente se da aviso que el equipo para tabular automa-
ticamente que se usara en la Eleccion Floydada ISD School
Trustee que se llevara a cabo el mayo 8,2010 se probara el
mayo 5, 2010 a las $9: 00$ am en Floyd County Court House $\mathrm{Rm}, 113$, para determinar si el equipo contara con éxacitud los votos para todos los puestos oficiales y sobre todos los proyectos de ley.

Laveta Morren
Firma del/dela Oficial


Staff Photo by Jim Huggins MMMM, PIE! Lockney Elementary School principal Jean Anne Williams got a pie in the face from kindergarten student Tyann Phillips during a school assembly last week. Students donated to the American Cancer Society to see their favorite school staff members receive pies in the face. The school's Relay For Life team collected $\$ 570$ in the fund raising contest. The 2010 Floyd County Relay For Life is set for Friday, April 30 at the Unity Center.


Staff Photo by Jim Hu
replace the outdated OLD PLAYGROUND EQUIPMENT - Floydada Lions Club is accepting donations to replace the outdated playground equipment at Floydada Park, located east of the high school

Survey Results Compiled

By Justin Jaworski
Executive Director Executive Direct Floydada EDC On Tuesday, Apri tives met with the City of Floydada the City of Floydada to revie the survey results from Floyd County residents Beginning in Februar of this year, YMCA Executive Director, Ro Wilkinson of Plainview approached the City for assistance in fielding survey for potential inter est of YMCA program in Floyd County. At tha time, the Floydada EDC assisted the process by distributing the surve and summarizing the re
sults. sults. The survey was avail able to complete at the EDC office, on the EDC website and through the Hesperian-Beacon Much to the surprise of Wilkinson, more than 100 individuals responded to the survey with their ideas and opinions for what they would lik to see in our area. Survey respondents were asked to indicate level of interest for fit ness, aquatics, teen pro grams, family programs youth sports, adult sports,
senior activities, childcare programs and gencare programs and gen- $21^{\text {st }}, 2010$.

## Thanks for Reading! <br> Thanks for Reading!

## Your 2010 Graduates Registered at Life Blessings are :

eral programs such as nutrition, dance and weigh loss classes. Of the top scoring categories, ap proximately 21 percen of respondents indicated an interest in fitness, 16 percent indicated an in terest in aquatics, with the remaining categories scoring fairly evenly a nine to 10 percent.
At this point, the survey results where submitted to YMCA for their Board of Directors to review and consider Once a decision is made on program feasibility, the group is expected to contact the City with timeline for implement ing programs. It should be noted the City's as sistance does not mean any taxpayer dollars will be spent to accommodate his program. The YMCA is a private non-profit or ganization (visit their we site for more informatio at www.ymca.net).
For the complete sur vey results, logon to the Floydada EDC web site and find the news article itled, "YMCA Survey Results Submitted fo Consideration."
(This article first appeared on the Floydada web site on April 2010.)


Karina Bazan
Dora Bueno
Destinee DeLeon Diane Flores
Valerie Gonzales Adrian Hernandez Anthony Hernandez Malory Johnson Maisey Martinez

Daniela Moya
Kenya Pesina Jessica Prisk Matthew Renchen Tessa Saul Anna Sherman Ellisa Vasquez Katie Vasquez Kortney Williams

Don't see your name? It's not too late! Come by and register at Life Blessings before you walk the stage, and get ready for college! We do accept phone orders and we do offer FREE delivery!

## Store Hours 10:00-5:30p.m.

Phone: 806-293-7886

## Store Location:

1711 W 5th
Plainview, TXX
We are also offering discounts if you need to buy for more than 10 graduates.

This summer, June, July, and August, we are thanking our teachers with a special Summer Teacher Appreciation Discount! All teachers during those summer months will receive a special $25 \%$ off your Entire Purchase at Life Blessings! Just say your name, where you teach and what grade to receive the discount!

## Opinon

## The Paperboy

## Time to reflect

By CHRIS BLACKBURN
I saw a reflection of myself ... for hours
Eight years ago, my girlfriend, now my wife, suggested we rip the carpet out of my house and see what was underneath. Turned out there were hardwood floors beneath that dirty, old carpet.
We refurbished those floors. Lately, we've been having them re-stained which is generally followed by several coat living room which turned into an all-day project. Spending all day on your hands and knees can give the mind a lot of time to think and reflect ... especially when you are staring straight at your own face.
In that reflection, I realized the man and the house before
me had seen a lot of change since the last time I was in this me had seen a lot of change since the last time I was in this position. I saw eight years of family visits and eight years of

I tholithips with good friends.
I thought of all of the special things which have occurred in this exact space: My last Christmas with Mom was My longtim
My longtime friend and dog scratched up that floor.
My wife practiced My wife practiced her birthing exercises on that floor
My boys learned to crawl and late walk My boys learned to crawl and later walk on that floor.
My father and his brothers and sister reunited My 4-yeat and his floor that floor.
The list was endless. Sporting events, presidential elections, holidays - things I hadn't thought about in years were suddenly rushing back to me as I worked.
I then thought about the other events my 94 -year-old home had witnessed. Several families and most likely, similar stories to my own.
Beyond the me Beyond the memories, my reflection showed me something

It showed me a man who isn't getting any younger. A man who needs to do a better job in several facets of his life. Of equal importance, it showed me someone who is blessed to have the family and friends I have. Someone who is fortunate to have an old house to work on.
On occasion, it's good to do some soul searching. It's healthy to have a long conversation with yourself, even though you may not like some of the topics least, being lost in thought and memory was a good way to pass the time while working.

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Christopher Blackburn is the president of Blackburn Media Group, Christopher Blackburn is
owner of this publication.

## Other Opinions

## Too Politically Connected to Fail

By ERIC SANDBERG
The Obama Administration and Democratic Congressional leaders are misleading the American public. Their financial regulatory reform bill, which could soon reach the Sen-
ate floor, is promoted as protecting consumers from fat cat bankers. Unfortunately, the bill takes aim at the wrong parties and comes down against the state's traditional community banks - the ones that did not cause the economic mess in the first place-and exempts most of the investment bank and bro-
ker dealer activities that were responsible for the financial collapse.
In touting their bill, proponents have made several statements that, upon further analysis, are misrepresenting the legislation. For xample:

- Proponents say the bill will prevent future bailouts. As passed by the Senate Banking
Committee, the bill allows for endless tax-
payer bailouts of Wall Street banks. Currently, there is a provision in the bill that would create a $\$ 50$ billion resolution fund to pay - Proponents say the bill will put an end to Too Big to Fail." While it addresses "Too Big to Fail," the bill still leaves loopholes for the government to prop up faltering institutions it deems to be systemically important. Any big banks in the future with connections, like Fannie Mae, Freddie Mac or Goldman Sachs, could lobby Washington to bail them out.
Here'

Here's what the bill will do

- It will create a huge new bureaucracy in tion Bureau. This new entity wancial Protecwith safery-and-soundness regulators and it would not afford the same regulatory scrutiny to non-banks - non-regulated and nonFDIC insured financial institutions. -It strips the Federal Reserve of its regula-
tory role of state member banks, a costly a unnecessary change for affected banks. - Because of the broad authority granted the authority to dictate the products and rates banks offer to customers, to the point that person with excellent credit could be charged the same rate as another with poor credit. - The bill fails to address one of the major factors that led to the excessive amounts of foreclosures: The pressure the past few Administrations have placed on lenders to ensure all Americans realize the dream of homeownership at any cost.
Most Texas banks are financially healthy and sound. They did not engage in risky lending practices: They did not make subprime
loans. They have, instead, been the engines of recovery by continuing to mak credit available to businesses and to mak ers in a very difficult economy. Yet, this bill takes aim at community banks by subjectin
them to numerous new and costly regulatory requirements, often on issues that have nothing to do with the financial crisis, while ignoring the investment banks that caused the mess in the first place. Because of this, Texa tory reform legislation.
While Texas bankers are in favor of sensible regulatory reform that addresses critical issues such as too big to fail, adequate regulation of non-bank lenders and revision. in consumer protection rules, the bill that is soon coming to the Senate floor fails to do any of that.
Eric Sandberg, President \& CEO, Texas Bankers Association, Austin. The Texas Bank ers Association (www.texasbankers.com) that represents 86 percent of Texas banks, from the smallest to the largest banks in the nation.


## Other Views

## Has The Time Come For A Real Maverick?

## By MICHAEL SWARTZ

A few election cycles ago Republicans ended up nominating a real, honest-togoodness old warhorse for their presidential
candidate, putting him up against a scandalplagued incumbent Democrat. With the offyear elections two years before bringing a resounding GOP victory, Republican regulars shrugged off the 23 -year age gap between the two nominees and presumed that the contrast between the incumbent's lacking character and their nominee's homespun charm could
still score them an upset victory till score them an upset victory.
just enough of a third-party effort to deny the incumbent a majority of the vote to deny the stalwart Bob Dole lost the 1996 election to Bill Clinton. It was an era which placed the term "triangulation" into the political lexicon and Clinton executed that strategy masterally in winning a second term.
In fact, recent history suggests. Washing-
tidates insiders don't do well as Republican candidates. George W. Bush won because he cut his political teeth in Texas, far from the naerned California before winning the White House on his second try and America pected more of the same when they elected a Beltway insider to succeed him in Vice-President George H.W. Bush. Conversely, Dole and John McCain were longtime Republican fixtures in Washington, perhaps alienating them from the party grassroots.
To that end, a number of names being bandied about for the GOP nod in 2012 come from the ranks of state governors. While
Bobby Jindal of Louisiana declared last week Bobby Jindal of Louisiana declared last week
he was not in the running, there's still several current or former state chief executives in the mix - Tim Pawlenty of Minnesota, Texas's Rick Perry, 2008 candidates Mike Huckabee of Arkansas and Mitt Romney of Massachusetts, and of course
Sarah Palin of Alaska.

Yet there is a Beltway insider who has enough appeal among the conservatives who attend events like CPAC or last week's to beat most of the Leadership Conference in their straw polls - he won the CPAC vote handily and just missed winning the SRLC balloting by one vote. If nominated, he would be 26 years older than the current incumbent Democratic president.
Somehow Ron Paul has escaped the wrath of being perceived as a Washington insider despite serving three stints in Congress to taling 20 years. Obviously he didn't do par-
ticularly well in a 2008 as far as gathering votes gaes field in 2008 as far as gathering votes goes, but he darling among the portion of the Republican Party which preaches fiscal conservatism and limited government through his Campaign for Liberty organization. More importantly, he has an appeal among young conservatives which belies his age.

And with economic issues in the forefront this time around, one Achilles heel of Paul's 2008 bid - his strident opposition to the war in Iraq - is off the table. His domestic policies generally follow a line which straddles
conservatism and libertarianism, making him conservatism and libertarianism, making him definite friend of the TEA Party set.
It's doubtful that many of the Presidential players for the 2012 cycle are going to make their intentions known before the 2010 election because of November's potential
for upending the Democrats' stranglehold on our legislative branch. This wait-and-see approach serves to gauge the strength of TEA Party politics and the eneral anti-incumbent mood.
But don't be surprised if the gentleman from Texas doesn't toss his hat back into the presidential ring next year and is more successful this time around. Unlike Bob Dole, it's not likely this elderly Washington insider will be uninspiring on the campaign trail.

## Barack Obama: Administrator

By BILL WILSON
The American pèople cannot say they weren't warned. When he was standing for
lection, Barack Obama said, "I think when election, Barack Obama said, "I think when
you spread the wealth around, it's good for you spread the wealth around, it's good for
everybody." And, a $\$ 787$ billion "stimulus", $\$ 2.5$ trillion health care takeover, and a proposed budget that will add at least $\$ 10.6$ trillion to the national debt by 2020 later, there should be little uncertainty of this Whit House's insistence to redistribute wealth.
But in case there was any lingering doubt, last week Obama left none when he endorsed a Senate plan to take over the nation's finan-
cial system. The Dodd bill, which the Senate cial system. The Dodd bill, which the Senate ernment the ultimate power to take over and "liquidate" any company in the country and "spread the wealth around."
All that is necessary under the bill for a company to be taken over, is that:

1) government deems the company to be "substantially engaged in activities... that are nancial in nature,"
2) alleges it is in default or in danger of 3) whanl,
3) which would have what it says are "sethe United States"
4) where it claims "no viable private sector alternative is available to prevent the default of the financial company."

## You know, companies like GM and Chrysler, which were nationalized under

 Chrysler, which were nationalized under the similar Troubled Asset Relief Program(TARP). Only, those companies were auto(TARP). Only, those companies were auto-
makers, not financial companies, and there makers, not financial companies, and there
were private sector alternatives to nationalization. It's called bankruptcy.

The costs of the failures of the automakers were overstated, too. It would have meant that the brands were bought by other companies, not that the end of the U.S. economy was imminent. But, because of unlimited discretion vested in the executive, the bailout
fund was abused to take exception to its in fund was abused to take exception to its in
tentions
Import
mportantly, the ownership of the companies was redistributed from their bondholders that kept the companies afloat to the labor unions that put it into red in the first place. Obama did say he wanted to "spread the weath around," and the Dodd bill will make
that authority Under this unendin.
Under this unending program, any company may be seized under a $\$ 50$ billion, re-
volving " orderly volving "orderly liquidation fund," which
is funded by the Federal is funded by the Federal Deposit Insurance
Corporation (FDIC) levying assessments Corporation (FDIC) levying assessments on
about 60 financial and insurance companies about 60 financial and insurance companies
holding $\$ 50$ billion or more in assets. There holding $\$ 50$ billion or more in assets. There
would be no limit on how much money could flow through that fund, nor require any Congressional approval for firms to be seized,
funds to be spent funds to be spent, or new assessments to be

## d by the FDIC to replenish the fund.

 As reported by the Wall Street Journal's editorial board, all "crucial questions will be settled not by statute, but by regulatorydiscretion after the law passes." The Jourdiscretion after the law passes." The Jour-
nal warns that "the President had better be nal warns that "the President had better be
very, very smart because the reform bill he very, very smart because the reform bill he
is stumping for would give him and his reguis stumping for would give him and his regu-
lators vast new sway over financial markets and risk-taking."
In short, it is the ultimate expression of Edward Mandell House's Philip Dru: Admin istator's "supremacy of mind." In House's
utopian vision, a socialist takes over the nautopian vision, a socialist takes over the na-
tion, dissolves the Constitution, eliminate tion, dissolves the Constitution, eliminates
judicial review, and well, spreads the wealth judicial review, and well, spreads the wealth
around. He guarantees labor and government around. He guarantees labor and government
representation on the board of every corporation, places corporations under the control of national and state "commissions" appointed nationar and state "commissions" appointed
by the Administrator, and prohibits selling short or long stocks, bonds, commodities or "anything of value."

In Dru's America, profits are capped, wages are maximized, full employment secured, prices fixed, and loans guaranteed
for the poor. Any "surplus" of profits was to for the poor. Any "surplus" of profits was to
"be distributed between labor and capital on some principle of equity."

## Administrator Dru

eople prefer his role as pretends that the the "inefficiency" of Con dictator because of ity of the Supreme Court to strike down laws
as unconstitutional. Thus, "the function of law making was confined to one individual, the Administrator himself." Speaking to the American people, Dru flatly states, "I am
sure I shall be able to meet your wishes in ure I shall be able to meet your wishes in a the Constitution, Congress or the courts. And that's exactly what the Dodd bill does. Besides giving the executive branch unlimited authority to seize companies, levy taxes, and spend the fund, any company eized would be barred any recourse to fedcal courts on "any action seeking a determiation of rights with respect to, the assets of [FDIC] has ineen company for which The Supreme Court's "jurisdiction" would be utterly limited to no longer hear due process roperty rights claims.
In short, the seizure of any company by the government would be beyond dispute. Instead, any company seized by the FDIC will Treasury. Then, the Titeasury secretary can keep (i.e. nationalize) the company, or redistribute it to customers of his choosing. You know, like union bosses.

Sadly, Obama will have a much "simpler" time at "spreading the wealth around" if the Dodd bill passes. Indeed, it may be what he had in mind all along.

## ORDINANCE NO. 10-2

## AN ORDINANCE OF THE CITY OF FLOYDADA,

 TEXAS READOPTING ARTICLE 8.900 OF THE CITY OF FLOYDADA CODE OF ORDINANCES, CURFEW HOURS FOR MINORS, PROVIDING A PUBLIC HEARING DATE, PROVIDING PUBLI-CATION AND PROVIDING AN EFFECTIVE DATE.

ARTICLE 8.900 CURFEW HOURS FOR MINORS
Sec. 8.901 Definitions
Curfew Hours.
(1) 11:00 p.m. on any Sunday, Monday, Tuesday, Wednesday, or Thursday until 6:00 a.m. of the following day; and
(2) 12:01 a.m. until 6:00 a.m. on any Friday or Saturday.

Emergency. An unforeseen combination of circumstances or the resulting state that calls for immediate action. The term includes, but is not limited to, a fire, a natural disaster, an automobile accident, or any situation requiring immediate action to prevent serious bodily injury or loss of life.
Establishment. Any privately owned place of business operated for a profit to which the public is invited, including, but not limited to any place of amusement or entertainment.
Guardian.
(1) A person who, under court order, is the guardian of the person of a minor; or
(2) A public or private agency with whom a minor has been placed by a court.

Minor. Any person under 17 years of age.
Operator. Any individual, firm, association, partnership, or corporation operating, managing, or conducting any establishment. The term includes the members or partners of an association or partnership and the officers of a corporation.
Parent. A person who is
(1) A natural parent, adopting parent, or stepparent of another person; or
(2) At least 18 years of age and authorized by a parent or guardian to have the care and custody of a minor,
Public Place. Any place to which the public or a substantial group of the public has access and includes, but is not limited to, streets, highways, and the common areas of schools, hospitals, apartment houses, office buildings, transport facilities, and shops.
Remain.
(1) Linger or stay; or
(2) Fail to leave premises when requested to do so by a police officer or the owner, operator, or other person in control of the premises
Serious Bodily Injury. Bodily injury that creates a substantial risk of death or that causes death, serious permanent disfigurement, or protracted loss or impairment of the function of any bodily member or organ Sec. 8.902 Offenses and Defenses
(a) Offenses.
(1) A minor commits an offense if he remains in any public place or on the premises of any establishment within the city curfew hours.
(2) A parent or guardian of a minor commits an offense if he knowingly permits, or by insufficient control allows the minor to remain in any public place or on the premises of any establishment within the
city during curfew hours. city during curfew hours. .
(3) The owner, operator, or any employee of an establishment commits an offense if he knowingly
allows a minor to remain upon the premises of the establishment during curfew hours.
(b) Defenses.
(1) It is a defense to prosecution under subsection (a) that the minor was:
(A) accompanied by the minor's parent or guardian;
(B) on an errand at the direction of the minor's parent or guardian, without any detour or stop;
(C) in a motor vehicle involved in interstate travel;
(D) engaged in an employment activity, or going to or returning home from an employment activity, without any detour or stop;
(E) involved in an emergency;
(F) on the sidewalk abutting the minor's residence or abutting the residence of a next door neighbor of the neighbor did not complain to the police department about the minor's presence;
(G) attending an official school, religious, or other recreational activity supervised by adults and sponsored by the City of Floydada, a civic organization, or another similar entity that takes responsibility for the minor, or going to or returning home from, without any detour or stop, an official school, religious, of Floydada, a civic organization, or another similar entity that takes responsibility for the minor;
(H) exercising First Amendment rights protected by the United States Constitution, such as the free exercise of religion, freedom of speech, and the right of assembly; or
(I) married or had been married or had disabilities of minority removed in accordance with Chapter 31 of the Texas Family Code.
(2) It is a defense to prosecution under subsection (a)(3) that the owner, operator, or employee of an establishment promptly notified the police department that a minor was present on the premises of the establishment during curfew hours and refused to leave.
(c) Enforcement. Before taking any enforcement action under this section, a police officer shall ask the apparent offender's age and reason for being in the public place. The officer sh
not issue a citation or make an arrest under this section unless the officer reasonably believes that an offense has occurred that, based on any response and other circumstances, no defense in subsection (b) is present.
Sec. 8.903 Penalties
(a) A person who violates a provision of this article is guilty of a separate offense for each day or A person of a day during which the violation is committed continued, or permitted. Each offense upon conviction, is punishable by a fine in accordance with the general penalty provision set forth in Section 1.109 of this code.
(b) When required by Section 51.08 of the Texas Family Code, as amended, the municipal court shall waive original jurisdiction over a minor who violates subsection (a)(1) of this article and shall refer the minor to juvenile court.
(Ordinance 07-2 previously adopted 4/17/07)
This Ordinance shall be effective on May 18, 2010.

Bobby Gilliland, Mayor
ATTEST:

Karen E. Lawson, TRMC/CMC
City Secretary

## Apply now for Texas Farm Bureau

 Youth Leadership ConferenceTexas Farm Bureau (TFB) is providing Texas high school juniors and to $\begin{aligned} & \text { become leaders in their }\end{aligned}$ ther and communities with the $47^{4}$ annual TFB Youth Leadership Conference, set June 14-18 t Angelo State University in San Angelo.
"Thegoaloftheconference is to promote patriotism long with responsibility and along with responsibility and
leadership," said Kenneth Dierschke, Texas Farm Bureau president. "Our communities, state and nation need qualified leaders and the Youth Leadership Conference is helping to develop them." During the conference, capitalism and the free market system. They will see firsthand how the election process works by role playing a member of the U.S. Congress. They will also participate in activities that allow them to develop professional etiquette skills The conference will feature motivational speakers from as professional development speakers.

Incoming high school juniors and seniors will be
selected and sponsored by their respective county Farm Bureau and must be in the top 30 percent of their class. "We are really focusing on personal leadership this year," said Coleburn Davis,
conference coordinator conference coordinator. We are not taking away from the other areas but we
have seen a need to develop have seen a need to develop
business etiquette and professionalism." Students who attend the conference will qualify to participate in the Free Enterprise Speech Contest Thirteen district winners each receive a $\$ 1,000$ scholarship as well as an compete in the state contest. The top six contestants in the state will receive additional scholarships as well as an expense paid trip o Washington, D.C.
Deadline for April 30 for applications April 30. For more local county Farm Bureau or Coleburn Davis at cdavis@ xfb.org or call


PUBLIC NOTICE OF TEST OF AUTOMATIC TABULATING EQUIPMENT

Notice is hereby given that the automatic tabulating equipment that will be used in the City of Floydada Special Election held on
May 8,2010 will be tested on Wednesday, May 5,2010 at $8: 30$ May 8, 2010 will be tested on Wednesday, May 5, 2010 at $8: 30$
a.m. at Floyd County Courthouse, Room 113, Floydada, Texas to ascertain that it will accurately count the votes cast for all offices and on all measures.

## Karen E. Lawson, TRMC/CMC

City of Floydada
AVISO PUBLICO DE PROBAR EL EQUIPO PARA TABULAR AUTOMATICAMENTE

Por lo presente se da aviso que el equipo automático de tabular que será utilizado en la Elección Especial de la Cuidad de Floydada -que se llevará a cabo el 8 de Mayo de 2010 será probado el miércoles, el 5 de Mayo de 2010 a las $8: 30$ de la mañana en el Palacio de Justicia del Condado de Floyd, el Cuarto 113, Floydada, Tejas
para acertar si el equipo contara exactamente los votos para todo los puestos oficiales y sobre todas los proyectos de ley.

Karen E Lawson TRMC/CMC
City of Floydada

## DEVELOPMENT DIRECT LOANS

TEMPL 23, 2010 -

TEXAS, April
USDA Rural Development announced Direct Loan funding remains for fiscal year 2010. Due to an increased level of funding as a result of the American Recovery and Reinvestment Act, USDA Rural Development in Texas had more than $\$ 130$ million in Direct Loan to help families achieve the to help families achiene homeownership. dream of homeownership.
Direct Loans are available to qualified applicants for purchasing or building a single family home in a rural area.
"USDARuralDevelopment is proud to assist rural Texans in meeting their housing
needs, which is critical to the long term sustainability of corn

## USDA'S Farm Service reminds

 producers to file annual report of acreage CED Stephanie Bradley, completed by the applicableExecutiveDirectorof USDA's final crop reporting deadline, Farm Service Agency (FSA) which may vary from state in Floyd County, today to state. Prevented acreage reminded producers to submit -their annual report of acreage to their local FSA county office to meet FSA program eligibility requirements. "Producers must file their reports accurately and timely for all crops and land uses, failed acreage, to ensure they failed acreage, to ensure they
receive the maximum FSA program benefits possible, said Bradley.
$\qquad$ are necessary to determine and maintain eligibility for various programs, such as the Direct and Counter-cyclical Program and newer programs
authorized in the 2008 Farm authorized in the 2008 Farm he Supplement Revenue Assistance Payments Program (SURE), Average Cro Revenue Election Program (ACRE), Livestock Forage Disaster Program (LFP), Tree Assistance Program (TAP) and Emergency Assistance Farm Raised Fish Progran ELAP). Acreage reports are Lockney Senior Citizens Menu

May 3-7
Monday: tace
Monday: tacos Tuesday: hamburger steak
Wednesday: pork chop Thursday: chicken strips Friday: meat loaf


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Come see Stacie at Scott Gin

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## the Ralls Hwy. <br> HORIZON BUILDERS

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All Types of Metal Roofing Steel Siding and Eaves Replacement Windows \& Doors

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county FSA office to complet acreage reporting. Fo questions on this or any FSA program, including specific crop reporting deadlines and planting dates, producer should contact their county FSA office. More information
on FSA programs is at: www on FSA prog
fsa.usda.gov
$\frac{\text { fsa.usda.gov }}{\text { Please call for an }}$ Please call for an
appointment to 806-983-3763
PRODUCER'S
COOPERATIVE COOPERATIVE
ELEVATOR
983-2821 Floydada 983-3770 Dougherty

| First National Bank of Floydada 983-3717 <br> 57 THE FIRST VATIONAL BANK OF FLOYDADA Member F.D.I.C. |
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NRCS Celebrates 75 Years
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## conservation Service (NRCS

 will tu2010. 

"For the past 75 years, the NRCS has led the nation
in protecting our natural resources,"s said Don Gohmert, NRCS state conservationis for Texas. "We have followed
the lead of the first chief the lead of the first chief of
our agency, Hugh Hammond our agency, Hugh Hammond
Bennett, who envisioned the Bennett, who envisioned the
agency's soil conservationists agency's soil conservationists
working one-on-one with producers on private lands and walking the land to develop a conservation plan with private
landowners," he said. landowners," he said.
In Texas, approximately 90 percent of the land is privately owned. Gohmert said that means that the quality of ou
Texas land, water, air and Texas land, water, air and the stewardship decisions
that thousands of private that thousands of private landowners make every day. Although programs and technology have provided many changes in the way
NRCS delivers its services NRCS delivers its services, Gohmert said working wit he private landowner and getting conservation on the
ground remains NRCS's number one priority. "That priority is reflected in our agency's mission Helping People Help the

Relay for Life 2010 ( )ixiv Luminaria Ceremony
The Luminaria Ceremony is one of the most moving moments of Relay. Many use this time to commemorate the loved ones who were lost by this disease. Others use Luminaria's to celebrate the survivorship of the people who have won the battle. Would you like to honor someone with a luminaria at our relay for life? You too can help spread the light of hope and honor or remember those in your life who have been touched by cancer.
Floyd County Relay for Life
Floyd County Relay for
April 30, 2010
April 30, 2010
Unity Building

| Name to be listed on bag(s) | In Memory | In Honor | Donation Amount <br> ( $\$ 5$ suggested |
| :--- | :--- | :--- | :--- |
|  |  |  |  |
|  |  |  |  |

Please make Checks Payable to: American Cancer Society Give form to Team Captains or cut out and mail to 3612 Side St Plainview, TX 79072
For more information Call; Janee Harrison, Luminaria Chair (806) 296-5267

Luminarias will also be on sale the night of relay.
We hope to see you there!

## NOTICE OF INTENT TO SELL REAL PROPERTY AND INVITATION TO BID

The Board of Trustes of the Floydada Independent School District [FISD] hereby serves notice that FISD will receive sealed bids from persons interested in purchasing the following real property located in the city of Floydada, Floyd County, Texas:

1. The property commonly known as The Floydada Independent School District CCLC or Della Plains campus. The property is located at 601 East Ross Street, Floydada Texas. This property contains all of Block 11 Original Town Floydada and consists of 16 $-50^{\prime} \times 150^{\prime}$ lots or approximately 2.75 acres. All improvements will convey with the property.
2. The property is commonly known as the Floydada Independent School District R.C. Andrews Elementary School site and located at 215 North White Street, Floydada Texas. This Property contains all of Block J Andrews Addition, Lot B Andre
Block 14 Western addition as well as the property on which the building resides or approximately 10.05 total acres.

FISD will accept bids for the entire property with all improvements OR for just the East $1 / 2$ of the real property with all improvements.

Interested parties may contact Jerry Vaughn, Superintendent, FISD Administration Office, 226 W. California Street, Floydada, Texas or 806.983 .3498 to arrange for inspection of the premises and for review of the sales contract and Special Warranty Deed.

This property houses buildings that are known to contain asbestos and/or asbestos-containing material. A copy of FISD's Asbestos Management Plan setting forth the location and identity of all known hazardous materials will be provided to bidders upon request. Bidders will be required to assume by contract all current and future responsibilities, costs, abatements, and liabilities of all hazardo materials.
Interested bidders may obtain a bid packet from Superintendent, Jerry Vaughn, at the office of the Floydada Independent School District's Administration Office, 226 W. California, Floydada Texas. The bid packet contains: a full legal description of the Property, bid instructions and the District's "Contract of Sale." Bidders shall return a completed "Contract of Sale," with the requird eaares
money, in a sealed envelope marked "R.C. Andrews Real Property Bid, Entire Premises" or "R.C. Andrews Real Property Bid, East of Premises" to office of the Floydada Independent School District's Administrative Office, 226 W . California Street, Floydada Texas, 79235, Attention Jerry Vaughn. Sealed bids will be received until 1:00 PM May 17, 2010. All bids received at or prior to such time will be opened and read aloud. Bids received after such time will not be opened or considered. The bids will be presented to the Board of Trustees for review and possible approval at its next regularly scheduled meeting on May 18, 2010 at 7:30 p.m. Floydada ISD reserves the right to accept and/or reject any and all bids.
The property will be conveyed by Special Warranty Deed and will be subject to reversion to the FISD in the event the property is used for the purpose of establishment or operation of a segregated school system in accordance with standing orders entered in United
States v. Texas. Civil Action No. 5281 , (E. D. Tex., August 9 and 15, 1973). The conveyance is contingent upon review and approval States v. Texas, Civil Action No. 5281, (E. D.
by the Texas Commissioner of Education.

Bids must be based on a lump sum cash payment (net of all closing costs), payable not more than 30 days following approval of the sale by the Board of Trustees. Bidders will be responsible for arranging any desired surveys, title insurance, other inspections of the premises, and all other "closing costs" without cost to FISD. Bids, which specify other payment terms, will be deemed non-responsive
and will not be considered. Floydad Indenendent School District reserves the right to reject all bids and to waive any formalities.

WAIVER OF CLAIMS: BY TENDERING ABID TO THIS INVITATION TO BID, THE BIDDER ACKNOWLEDGES THATITHAS READ AND FULLY UNDERSTANDS THE REQUIREMENTS FOR SUBMITTING A BID AND THE PROCESS USED BY THE DISTRICT FOR SELECTING A BEST BIDDER. FURTHER, BY SUBMITTING A BID, THE BIDDER FULLY, VOLUNTARILY AND UNDERSTANDINGLY WAIVES AND RELEASES ANY AND ALL CLAIMS AGAINST THE DISTRICT AND ANY OFIT
TRUSTEES, OFFICERS, AGENTS AND/OR EMPLOYEES THAT COULD ARISE OUT OF THE ADMINISTRATION, EVALUATION, OR RECOMMENDATION OF ANY BID SUBMITTED IN RESPONSE TO THIS INVITATION TO BID.
$4-22,4-29 \mathrm{c}$
lubbockhorizonbuilders.com

Ban on skiing and personal watercraft lifted/Floydadaquarter-centsalestaxonMay8ballot
$\begin{array}{ll}\text { The administration of Mackenzie } & 2009 \text { and in is now cancelled due to a } 5^{\prime} 6^{\prime \prime} \\ \text { Municipal Water Authority (Lake Mackenzie } \\ \text { rise in the lake level due to recent rainfall in }\end{array}$ has lifted the ban on water skiing, tubing or the lake's watershed
a person towed by a boat, and the use of per- For more information regarding Lake sonal watercraft (Jet Skis, Seadoos, etc.) as Mackenzie (including a fee schedule) visit of April 20, 2010. the website www.lakemackenzie.com.

## RELAY

the disease. For a suggested donation of $\$ 5.00$ or more nyone can commemorate a ancer victim or honor a surivor with a luminaria which will be lighted during the cerENTERTAINMENT There will be entertain ment by local singing groups, various times during the re lay event.
FUND RAISING EVENTS Relay teams have already conducted several fund raising events for the relay The Lockney Elementary with their "pie in the face" contest where students do nated money to see their "favorite" teachers receive a pie in the face during a school assembly. The Lockney High School/Junior High team raffled off a half beef donated by Caprock Feed Yard No. 6. Melissa Kunselman won that Hospital's team had several fund raisers including a bak sale and fish luncheon. The ale and fish luncheon. The
Sterley team hosted a fajit

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$$
\begin{aligned}
& \text { Assiter Insurance } \\
& 120 \text { W. Cauforna - } 983-2511
\end{aligned}
$$ he disease. At Relay, teams of people camp out at a loground and take turns walk round and take turns walking or running around a track r path. Each team is asked to track at all times during the event. Relay began in 1985 when Dr. Gordy Klatt, a colorectal surgeon in Tacoma Washington, ran and walked round a track for 24 hours to ancer Society. Since then Relay has grown from Relay has grown from a

single man's passion to fight ingle man's passion to figh
ancer into the world's larg-
ncer, remember loved ones lost, and fight back against
est movement to end the dissupper, and the team led by ease. Each year, more than Gatorade and took dona- 3.5 million people in 5,000 Gatora
tions. WHAT IS RELAY FOR LIFE? The American communities in 20 other Society Relay For Life is in this global phenomeno a life-changing event that and raise much-needed fund gives everyone in com- and awareness to save live from cancer. Thanks to Relay participants, the American save lives.

Correspondent
During this May's election the City of
loydada's quarter-cent sales tax for stree maintenance will be on the ballot for citizen to vote FOR or AGAINST continuing the tax. According to Floydada City Manager Gary Brown, this quarter-cent sales tax can only be existing streets; it cannot be used to create or pave new streets or to do any other project Brown said currently the quarter-cent sales tax revenue is used to sealcoat streets, patch pot holes, purchase base for dirt streets, and improve drainage culverts.
When asked what specific street repair and maintenance projects this quarter-cent sales tax has been used for since the last time the tax was voted in, Brown said many dif-
ferent blocks all over town - primarily west of Main Street - have been contracted out for
sealcoating, and coal mix has been purchased
for pot hole repair all over town. By law, this tax must be on the ballot every four years for the citizens to decide whether it continues to supply revenue in this way for the City to maintain its streets. The quarter-cent sales tax was originally estimated to bring in 20,000 a year for street maintenance, but actax is paid by anyone who buys a taxable item in is ploydada - not just Floydad a citizens Brown said if the quarter-cent sales tax continues, the City is currently looking at what street repair/maintenance projects will be addressed next. "We're looking at our sealcoat program," Brown said. He said the City sealcoats the streets every year whether they have the income from the tax or not, but he voiced how important it is for the City to have this additional revenue to fund the mainElection day is
Election day is May 8th, at the Massie A city Center from 7 a.m. to 7 p.m.


Staff Photo by Jim Huggins PLAYGROUND DONATION - Floyd County Judge Penny Golightly makes her donation to the Floydada Lions Club for new playground equipment at Floydada Park. The Lions, represented in the photograph by Lion Boss Bobby Gilliland (left) and Lion Treasurer Tommy Ogden, are collecting funds in an attempt to secure a matching-funds grant from the Helen Jones Foundation in Lubbock to replace old, outdated playground equipment at the park Floydada residents and anyone who uses the park to donate to the new playground equipment fund. Let's make this happen for the safety and activity of our children."

Thanks For Reading!

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TENNIS
Doubles. They defeated th \#4 seed of Wall and then lost
to Shallowater in a three set second round match. Mason and Haden Lipham ership Boys Doubles) defeated ership. Spearman in the first round Ineed to give special thanks and then lost to the 3rd place have followed us everywhere Reagan County team in and have done anything Thave the second round. Lindsey ask them to do to help. Thank (Mixed Doubles) Campbell you for the support of all the $\begin{array}{lll}\text { round match to Shallowater. } & \text { up on Thursday when Lexie }\end{array}$ Hannah Griffin also found and Brityn were playing in the day to be tough in Girls the final, to see all the parent Singles when she met up with who stayed to support the two Kaitlyn Rermer of Jim Ned.
I am so very proud of all the kids who participated at supporting them as they go to
Regionals. They left it all out
State in May. Regionals. They left it all out Good Luck Lexie and on the court and that is all I Brityn! Let's go take LHS TRACK

## LHS TRACK

at Lowery Field in Lubbock Levelland on May 3 and 4. but due to rain the meet was Shaquille also competed moved to Sundown. Josh in the discus. He placed 4th
and Shaquille both competed
and qualified for regionals. and Shaquille both competed
in the shot put. Josh placed
The top 4 places in an in the shot put. Josh placed The top 4 places in an
7 th and Shaquille placed 3 rd and qualified for regionals in for regionals.

NOTICE OF AVAILABLE LOAN a College or university

The Burch-Settoon Student Loan Fund Trusst has loans available to graduates of any high school located in Hale, Floyd, Lamb, purpose of attending an accredited College or University

The loans are processed through the First United Methodist Church, Plainview, Texas, but applications will be considered without regard to religious preference, race, creed, or color. The loan will be makde by Wells Fargo Bank, Trustee, after applicaMethodist Church in Plainview, Texas.

Applications are available upon request. Interest does not start until the Borrower graduates from college or terminates their attendance. Subject to available funds, applicant must submit an
application each year application each year.

Applications for loans may be obtained in person from the Wells Fargo Bank
addresses:

> Burch-Settoon Student Loan Trust Wells Fargo Bank Trust Department P.O. Box 10517 Lubbock, Texas 79408

Burch-Settoon Student Loan Fund Trus \% First United Methodist Church Plainview, Texas 79072

APPLICATIONS WILL BE ACCEPTED THROUGH JULY 15,2010.

4-8,4-15, 4-22, 4-29, 5-6c


The senior population is one of the fastest-growing demographics, thus making it a very influential one. There are currently about 500 million people age 65 or older around the
world. And many seniors are living longer than ever before. Statistics project that there will be 580,605 centenarians in the United States in 2040. Also, by 2050, seniors will make up 21 percent of the population. While there is no singular reason for seniors living longer, advancements in medicine no doubt have played a major role in the average life expectancy increasing over the last several year.


Many empty nesters are finding their adult children

## Mature drivers can

sharpen their road skills
whie are commonly perceived as to minimize distractio low are commonly perceived as
the riskiest drivers on the the riskiest drivers on the roas, insurance companies drivers to be big risks as well. courses -- offered in a classroom setting or online -- can help mature drivers become safer behind the wheel.
According to the AAA, the most common factors in collisions involving mature drivers are:

* failure to yield right of
way
improper left turns
* confusion in heavy traffic
* inattention
* complications while backing up
* Failure
* Failure to maintain $\stackrel{\text { proper speed }}{*}$
ing to new traffic signs si ing to new traffic signs, sig
nals or pavement markings Seniors, however, can duce their risk of car accidents by taking a few easy precautions.

Move into an inter section only after check ing the area for pedestr ans, cyclists, hazards, an other motor vehicles. Don be pressured into sudden moves by other drivers * Limit conversation and
to minimize distraction. * Don't drive when tired, a strong emotion, such as anger.

* Never drink and drive Metabolism changes with age, and even one drink can
make driving unsafe at any speed. * Avoid driving while aking new medications. * Ensure that the windshield is clean and visibility is clear. Do not smoke inside the vehicle.
Driving in heavy traffic can be the most difficult aspect of driving. If such a situation is unavoidable, try to stay in one lane, use turn signals, be patient and avoid
frequent lane changes. Remain alert but relaxed and try to enjoy the ride. Pedestrians, especially special kind of problem for senior drivers because of their unpredictability While most pedestrians use crosswalks and obey signals, expect the unexpected. Watch out for bicyclists and skaters, who usually move at a faster speed than walkers and runners.
Remember that pedestrians always have the right of way.


## When the Empty Nest Becomes Full Again

Soaring unemployment numbers, issig prices on necessities and stricter rules regarding qualifying for a home mort gage have become the norm. As a side-effect, many adut hion for the solution for many is to
home.

## home.

Young adults and even established families are finding that the economic crunch is taking its toll on their ability to make it on their own. The scarcity of jobs and high foreclosure rates is leading a number of adult-age children to solicit their parents for a place to stay. While the situation is often billed to be temporary, the economic downturn might linger longer than expected.
$\qquad$ parents who generally would be empty nesters actually hav at least one grown child living at home. Whether this is result of the economic downturn, adult children caring for aging parents or another financial situation, the rates are growing. What's happening is that individuals who grew accustomed to their independent lifestyles are forced once again to make compromises living under the same roof. The results can be tenuous. However, there are steps to take to help the situation work. with a firm deadline. Children are expected to find new living arrangements as soon as possible.
method. This can involve to the household in a tangible method. This can involve financial contributions, hous * It is important for the child to have a good relationsh with Mom. Studies indicate that a happier household is indicative of mother and child cohabitating well. The relationship with the father inn't as important, behavior experts tionsh.
say.
$*$
*The parents' relationship should be strong and established. Newlyweds welcoming an adult child (who will be a stepchild to one parent) could face tension.

* Set ground rules for the house. Remember, the child is living under his or her parents' roof. Parents' rules apply. *Give each other the space needed. Three or more adults one in a space can eat away at nerves, especially if everyone has their idea of how things should be done. Respect others' privacy and spend time alone when possible.
* There has to be a legitimate need for children to move
back home. It can't simply be a whim or lack of ambition.
* Parents should see a real need to help their child or chil- chid
ren.

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Caring for an aging parent As U.S. Census Bureau reports can attest, the number of older adults in the United States is growing. Thanks to advances in medicine and a attitudinal shift toward healthier lifestyles, people are living longer, and the growing number of seniors is a testament to that. Still, the exploding senior population has also resulted in a growing number of adults caring for older adults. The recent economic stuggles have also adderto this number, as many adults have found tha nursing homes or assisted living center are no longer affordable in these tough imes.
For adults faced with the responsibility of caring for an aging parent, consider the following tips to make sure the transition
goes as smoothly as possible

* Be prepared. While not all aging parents will need to move in with thei sons or daughters as they get older, many will. Preparing for this possibility well in advance can make the process go much more smoothly.
Don't wait until parents' health deteriorates to the point where options will be
limited. Also, by planning ahead, you're ger zones for seniors, and slipping and


Involving kids in the decision-making when seniors are moving in is one way to ensure everyone is still smiling once Grandma or Grandpa make the move. falling can prove disastrous for seniors. bulbs to increase visibility, securing throw Consider installing handrails in the shower rugs to reduce the likelihood of slipping to make things safer for seniors. and converting a first floor room into Other easy ways to make a home safer and redrong to Other easy ways to make a home safer bedroom to make it easier for seniors to $g$ for seniors is to use higher wattage light around the house and lessen their load.

## Knowing the warning signs of Alzheimer's, a growing disease

As persons age, many mentia triple healthcare lowing signs in a friend or ing and need to be ac ing and need to be ac-
cepted. Someone who was once a night owl might once a night owl might better on a full night's better on a ful night rest. Those who tended to spend long days at the office might realize they now need to head home at quitre their energy.
While both of tho alizations manifest them alizations manicest them selves physically, anothe more troabling problen or's diseas affects many as 5.3 millions in the United Stoneople in the United States alone
costs for Americans age 65 and older according to 65 and older according to he 2009 Alzheimer's Dis ease Facts and Figures report from the
Association.
Part of the fear associPart of the fear associ ated with Alzheimer's
disease is the uncertainty disease is the uncertainty
surrounding it. While sesurrounding it. While seniors might be willing to midnight oil like they once midnight oil like they once did, few can accept or are willing to admit they migh be suffering some mental side effects of aging as well. Therefore, ofte up to friends and family to of Alzheimer's. If you see or suspect any of the fol
relative, consult a ph
cian immediately. * Disruptive chan memory. The Alzheimer's memory. The Alzheimer's Association notes that one of most common, particu arly in its early stages, indicators of Alzheimer's is information. Other memory disruptions that could indicate Alzheimer's are forgetting important dates or events, routinely using memory aides such as notes or asking for infor mation more than or ask * Difficulty planning or solving problems. Some people begin to struggle with planning, both devel oping a plan for a given
whereas waiting too late can limit their whereas waiting too late can limit their input and possibly
life as a result.
fe as a result.
Discuss the situation with your own family. Another way to make the transition go smoothly is to prepare your children ran changes thaccould come once their grandmother or grandfacher moves in, young they are
Doing so will make them feel better about the process. For example, rather han telling a child that grandma will be aning their bedroom, ask them how they rom for ooms, and explain to Byin
By including them in the decision-makng process you're letting them know their iews matter, which is often a problem hildren beforehand

* Be sure your home is safe. Certain things are safe for young adults and chilhings are safe for young adults and For much less so for senior.


## ask or following another's get paid. Tasks that once tasks often seem foreign to

 plan. This can include dif- took a few moments might people with Alzheimer's, ficulty with daily respon- now take a lot longer as sibilities such as following well. well.$\qquad$ This can include driving a car, understanding a farecipes or monthly tasks * Difficulty performing vorite game or cleaning ke making sure the bills familiar tasks. Familiar Continued on Page 4B

[^0] designed to meet the diverse and changing needs of today's senior adults. Each resident is treated with dignity and respect in order to make a difference in the lives of the elderly that have been entrusted to our care.

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Home Health staff include Sharon Hunt, Administrator; back left; Tammy Dunn, RN; Amy Leatherman, Office Manager; Deneen Marricle, RN, Agency Director. Krystal Delgado, PT, Director of Therapy,; Marka Francis, PT; and Mary Lou Herrera, CNA

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Few issues have garnered more head-
lines in recent months than the drastic events that are plaguing the nation's financial institutions.
For seniors who might have lost some or all of their retirement nest eggs, the unfortunate financial developments since late 2008 have only highlighted the importance of surviving on a fixed income. Those who may or may not have lost some retirement savings in the faltering economy should consider the following tips for living on a fixed income.

* Join price clubs at grocery stores and pharmacies. By signing up for price clubs at neighborhood grocery stores and pharmacies, you're often making yourself eligible for sale prices on items without having to scour the Sunday newspaper circulars and clip coupons. * Buy select items in bulk. Buying nonperishable items in bulk can also be a great way to save money. Many neigh-


## Eating Healthier

Though even the President of the America's obesity epidemic to task more and more people in America and across the globe are trying to tackle their weight problems and eat healthier. Because kids are naturally more physically active than their adult counterparts, it can be easier for the younger crowd to get healthier
For seniors, who no longer have rapid For seniors, who no longer have rapid
netabolisms, losing weight or keeping pounds off is far more difficult. Because even the most active senior is limited in what he or she can handle with respect to physical activity, a greater emphasis must be placed on eating healthy the older a person gets. Fortunately, there are many ways for seniors to eat healthier without making drastic changes to their lifeistyles.

Don't Forget Fluids
Be it seniors, young adults or even kids, water is an essential part of a healthy diet. For years, the medical profession has said eight cups per day is what the average adult needs to keep his or her
body working properly. Eight cups per day should help avoid dehydration, the side effects of which include dry skin elevated heart rate, lack of energy, and elevated heart rate, lack of energy, and
weakness.

items, such as toiletries and paper tow- occasions. els in bulk, and some even have aisles devoted entirely to bulk items
If the neighborhood store does not, call around to the bulk stores that require memberships and inquire as to the membership fees associated with each. If the differences are negligible, choose the store that's closest to home to save money on gas and make trips more convenient.

* Don't be skittish about senior discounts. While some seniors might scoff at taking advantage of senior discounts, such discounts are a great way to save money and making the most of them is nothing to be ashamed of.
* Cook at home rather than eat out. Seniors don't have to try new restaurants in order to taste new cuisine. Visit the local library and check out some cookbooks to use in the comfort of your own kitchto use in the comfort of your own kitch-
as You Get Older
One area seniors should be extra careful regards their caffeine intake. Caffeine can make the body lose water, so seniors can make the body lose water, so seniors
who still enjoy caffeinated coffee or the who still enjoy caffeinated coffee or the
occasional soda should be aware that it might be costing them in other areas. Change Your Shopping Habits Change Your Shopping Habits
How a person shops for food can hav a big impact on how healthy that person eats. For instance, don't shop when you are hungry. Doing so often leads to buy ing more food than you need and even ing more food than you need and even not eat.

Seniors typically must live on a budget. While this can make it difficult to eat healthy, it's not impossible. Comparison shopping is one way to save money and eat healthy at the same time Check label for generic store brands to see if there' any difference in nutritional value of any difference in nutritional value. Of tentimes there is no difference, and the generic brands are significantly cheaper.
When buying fruit, buy fruit at various stages of ripeness. That way truit varieat one ripe piece of fruit way, you can eat one ripe piece of fruit today and one Don't Forget Dair
While many seniors struggle to digest dairy as they get older, there are ways to
continued on page 4B
 niors often can't visit their kids and rand often can't visit their kids and and grandkids to visit during the win grandkids enough. Unfortunately, if the cold winter weather and a from the kids live far away, the cost of these vis- to reconnect with family a great chance


Don't let living on a fixed income take away from enjoying your retirament Don't let
years.

## Helping Seniors Cope with

Recession-Related Financial Loss During the global eco- ment savings take a big hit. In many cases, the chil many people were forced dren of those baby boomer many people were forced dren of those baby boomers
to reassess their financial and senior citizens are left to reassess their financial and senior citizens are lef
futures. While some weath- wondering what they can do ered the storm better th ered the storm better than others, few came out of the recession in beter
than they entered it. than they intred it. Perhaps no group of people was more hurt than baby boomers or senior citizens. While some senior citizens were savvy enough
to see the economic down turn coming and thownturn coming and therefore
minimize the minimize the damage done to their nest eggs, many

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## National Nursing

 Home Week
## May 9-15, 2010

Theme: Enriching Every Day Calendar of Events

- Sunday - Mothers Day Tea at 2:00 p.m. - Join us in honoring our mothers - Monday - Balloon send off to kick off Nursing Home Week Celebration

Tuesday - Western Day - Release your inner cowboy!

- Wednesday - Aloha Day - Hang loose with us
- Thursday - 50's Day - Come have a coke float with us. We will have antique cars on site
Friday - Cookout - End Nursing Home Week with a burger and hot dogs


## Lockney Health and Rehabilitation Center

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wondering what they can do to help. Adults themselves,
these children have likely these children have likely also taken a financial hit as
a result of the recession, and a result of the recession, and might be puzzled as to how they can help their parents or in-laws cope with financial loss. The following tips may help do just that. *ards. Credit using credit cards. Credit cards are not the solution to solving any current debt or financial problems. Credit cards are only adding more debt or, for those without any current debt, creating a bigger financial problem than the
one that currently Whe that currently exists. While recent legislation in the United States has placed restrictions on creditors and interest rates, that does not mean credits cards are now a viable crutch for those struggling financially.

* Discourage risk. The knee jerk reaction when one loses money in the market is generally one of two things. Some investors immediately want to pull all of their money out of the market, while others want to
take on more risk. The latter take on more risk. The latter
is similar to someone losing money at a casino and continually doubling their bets in an effort to recoup their losses with one lucky hand. Unfortunately, there is no lucky hand when it comes to the market, and adults should discourage their parents of taking on riskier investments to recoup their lost nest eggs. Regardless of how much a person may or may not have lost during the recession, the rule of thumb that investments of thumb that investments their golden years and hang
should grow less risky as on to their money as well.
we grow older still applies. * Recommend a relocation. While the housing market also took a hit dur-
ing the recession ing the recession, chances are your parents' property is
still quite valuable. What's still quite valuable. What's more, if your parents are still in the home where they raised their family, that's an asset they probably no longer need. Whether downsizing involves selling the home and moving to a smaller home or condo or selling the home and relocating to a more affordable state or city, it's an option that can free up assets and help relieve some of the stress associated with losses from the recession.
* Discuss a fixed annuity. Fixed annuities might not be for everyone, but seniors worried about outliving their retirement savings and having no income might want to consider a fixed annuity. These can be immediate or deferred, allowing seniors the chance to plan for living on a fixed income without having to jump right into it. Consult a financial advisor with your parents to discuss the advantages and disadvantages to fixed annuities.
* Suggest retirees adjust their withdrawal rate. Current retirees can adjust their retirement account withdrawal rate and save money in doing so. While it might not be ideal to cut back spending during a time that's supposed to be carefree, the recession certainly changed reality in ways many did not foresee. As a result, cutting spending by reducing their rate of withdrawal might be the best on to their money as well.


## Common discounts available to senior citizens

Today's seniors might cringe at the escalating costs of necessities such and even higher utility nd even higher utility bills, and understandably so. However, savvy seniors an save by taking advanage of a host of discounts xhe ove age of 65 * Travel perks. Many seniors love to travel, and an even do so at heavily iscounted prices. Larger ors disco olt frepiscounts as high as 0 percen. Unfortwately, many U.S. domestic airlines, facing higher fuel ess due the global econess due the global ecoomic downturn, ceased

## Healthy Eating

from page $3 B$
still get the health benefits of dairy, i cluding stronger bones, and not struggle with digestion.

When eating dairy, eat smalle mounts more times per day. Also, eat

ares day. Also, eat are more difficult to digest.

Email us at fchb.editor@yahoo.com
in 2009. However, cer- heavily discounted, if not tain airlines, including free, rates to seniors for Southwest Airlines, still public transportation. earoffer discounted rates to seniors.
These discounts can be as much as 10 percent. It's also common for car rental agencies to offer senior discounts.

* Transportation. Many communities provide
ly bird specials still exist many chain restaurant offer discounted prices to seniors regardless of time of day. In many cases, these discounts aren't listed on the menu, but it never hurts, and typically saves, to ask. niors looking to spend day or night on the town and take in some culture can typically do so at a discounted rate. Museums and National arks typically offer discounted admission to seniors, as do movie theaters and even some concert halls.


## Alzeimer's

## from page $2 B$

the house
*Losing track of time or place. Se niors who begin to lose track of time forget what season it is or where they are might be suffering from Alzheimer's. Many times, people with Alzheimer's only understand things that are happening immediately.

* Problems with vision and spatial relationships. While many people are quick to assume vision loss is a standard sign of aging, such loss could also be indicative of a larger problem such as Alzheimer's, which can make it difficult for seniors to read, judge distance or distinguish between colors. In addition, someone with Alzheimer's might walk past a mirror and think someone else in the room, unaware the person in the mirror is their own re* Difficulty with conversation. Some times, people with Alzheimer's have trouble maintaining or joining a conver-
sation. Some people might struggle with vocabulary, such as calling things by the wrong name, while others might stop in the middle of a conversation and not be able to continue. Most typical is when a person cannot find the right word to express a given idea.
* Misplacing items and being unable to retrace steps. Nearly everyone misplaces an item from time to time. However, this is more common among those with Al zheimer's, who might put their car keys in the refrigerator or routinely lose items such as the remote control or their eyeglasses. When such items are misplaced, glasses. When such items are misplaced,
a person who could have Alzheimer's a person who could have Alzheimer's
will find it nearly impossible to retrace will find it
their steps.
* Poor judgement. People with Alzheimer's can suffer from poor judgement as well. This includes making poor financial decisions or paying less attention to grooming and appearance.


## The Care You Can Count On

 From The People You Trust...from the moment you arrive


Gary Mangold, MD


Kevin Stewart, MD


Kevin Stennett, MD


Jamie Cox, MD Cynthia Schleuter, DO


Krysta Williams, PA


> Cogdell Clinic Welcomes Patients Monday thru Saturday
W.J. Mangold Memorial Hospital and Cogdell Clinic offer an array of services

- General Family Medicine • Pediatric Healthcare • Obstetric Services Including Epidural • Female Health and Family Planning • Cardiac Treadmill Stress Test • General Surgery \& Endoscopic Procedures • Physical Therapy \& Rehabilitation
- Radiology/CT/MRI • Occupational \& Speech Therapy • Laboratory • Fitness Center/Massage Therapy
- Spider/Varicose Vein Treatment • Home Health Services • Endovenous Laser Procedure

| Cogdell clinic |
| :---: |
| Lockney |
| 320 N. Main |
| Lockney $806-652-3373$ |

320 N. Main


[^0]:    Hackberry Creek Care Center, Inc., in Matador was custom

