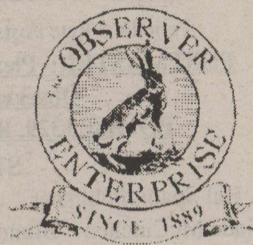


THE OBSERVER/ ENTERPRISE

Serving Coke & Sterling Counties

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Friday, February 15, 2008

Early Voting begins Tuesday, February 19

The March 4 Primary Election will be upon us before we know it and several deadlines are closing in fast. Early voting will begin this Tuesday, February 19 and run through Friday, February 29. Early voting will be held in the County Clerk's office in the Courthouse in Robert Lee. Hours for early voting will be Monday - Thursday, 8 am - 5 pm and Friday, 8 am - 1 pm. There will also be two days voters on the east side of the county will be able to vote in Bronte. On Thursday, February 21 and Tuesday, February 26, residents will be able to cast their vote at the First National Bank in Bronte from 9 am until 1 pm. And if voters would like to apply for a ballot by mail, their application must be received in the County Clerk's office by Tuesday, February 26. Again, this is received, not postmarked. Primary Election day will be Tuesday, March 4. Polling locations are:

Precinct #1 - Robert Lee

Senior Citizens Building;
Precinct #2 - Bronte Senior Citizens Building;
Precinct #3 - Coke County Courthouse;
Precinct #4 - Bronte City Hall.

All voters are reminded that they need to bring their voter registration card when they go to vote.

Singing Winds to host golf tourney

There will be a 27 hole, 2 person select shot golf tournament on February 16, 2008, at the Singing Winds Golf Course in Bronte. For more information, call (325) 473-2156.

BHRC Auxiliary to meet

The Bronte Health and Rehab Center Auxiliary will meet at 1 pm on Thursday, February 21, in the living room at Bronte Health and Rehab Center. Everyone is welcome to join this group to lend support to residents and activities. Lunch will be served for a nominal fee. For more information call Janet Wommack at 325/473-5388



Hochheim Prairie Insurance Meeting! Approximately 80 county residents attended the Hochheim Prairie Farm Mutual Insurance Association dinner. The annual meeting was held at the Bronte Community Center on Monday, February 11, 2008.

or Lanette Fletcher at 325/473-6791.

RL Community meeting slated

There will be a community meeting on February 18 at 7 pm in the Courtroom at the Coke County Courthouse. Aaron Hood, Robert Lee ISD Superintendent, will be discussing the wind turbines and possible Bond Election.

Holiday Closings

Several Coke County offices and businesses will be closed on Monday, February 18, in observance of President's Day. The Robert

Lee City Hall will be closed on Monday but the City Landfill will be open on Saturday, February 16 from 9 am to 12 noon. The Bronte City Hall, as well as the Coke County Courthouse, will also be closed on Monday, February 18.

CCRTA meeting to be held

The Coke County Retired Teachers Association will meet for a noon luncheon on February 18. The noon luncheon will be held at the First Baptist Church of Bronte.

Roping Club meeting set

The Coke County Roping Club will have their annual organizational meeting on Sunday, March 2. All those interested are asked to assemble at the arena in Bronte at 3 pm. For more information contact Wayne or Morgan McCutchen at 473-3201.

BHRC to host CNA class

The Bronte Health and Rehab Center will be sponsoring a CNA class to be held at a later date. Applications are available at the Bronte Health and Rehab Center and will be taken until February 22. For more information, contact Moverine Ellis, Director of Nurses, at 473-3621.

RL City Elections slated

February 11, 2008 was the first day a candidate may file an application for a place on the ballot for the City

General Election which will be held May 10, 2008. Applications may be picked up at the City Secretaries' office at the Robert Lee City Hall through 5 pm on March 10, 2008. An Election will be held for the position of Mayor, and Two (2) Council Members. Terms are two years. City Officials terms expiring are Mayor, Joe White; and Council Members, Beth Prather, and Bonita Cartrite.

Severe Weather Awareness Week set

Governor Rick Perry has declared February 24 - March 1, 2008 Severe Weather Awareness Week in Texas. Each year begins with the potential for violent weather to Texas. Flooding, tornadoes, hail, windstorms and other emergencies can devastate large portions of our state including Coke County. The Governor's Division of Emergency Management, the National Weather Service and the Federal Emergency Management Agency (FEMA) have joined together in urging all citizens to prepare for severe weather events and to educate themselves on safety strategies. The Coke County Commissioners Court urges everyone in our community to learn more about severe weather preparedness in Coke County. In official recognition of this statewide event, we proclaim February 24 - March 1, 2008 to be Severe Weather Awareness Week in Coke County.



Donation! Local insurance agent Marilyn Bivins presents Jerry Parker, representing the Bronte Volunteer Fire Department, with a check in the amount of \$1,000.00. The funds were a donation from the Hochheim Prairie Farm Mutual Insurance Branch #95, which includes Coke County. The Bronte VFD provided the excellent meal at Monday night's annual meeting.

THE OBSERVER/ENTERPRISE

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Obituaries



Hilliard

Mary Belle Hilliard, age 79, homemaker, passed away peacefully with family at her side at Shannon Medical Center on Wednesday, February 6, 2008.

The funeral service was at 10 am, Saturday, February 9, at the First United Methodist Church in Bronte with David Bailey officiating. Burial followed at Fairview Cemetery in Bronte. Services were under direction of Shaffer Funeral Home.

Mary Belle was born on February 29, 1928, in Maverick, Texas, to the late Millard and Annie Stubblefield Cope. She graduated from Norton High School. On June 12, 1946, she was united in marriage to Harley Hilliard, her husband of 61 years. He preceded her in death on January 27, 2008.

Mary Belle was a member of the First United Methodist Church in Bronte where she played the piano for Sunday services. She also played the piano for the Norton Methodist Church and the Norton Baptist Church. Her love for music carried her all over the state of Texas as pianist for Eastern Star installation ceremonies. Mary Belle also served as Worthy Matron and a member of the Order of Eastern Star.

Her life was highlighted by the time she spent fishing with her children and grandchildren, and Mary Belle's favorite time of year was spring because of her love for gardening. Her hobbies also included cooking and ceramics. Mary Belle was a cherished wife, mother, grandmother, sister, and friend.

Mary Belle was preceded in death by her husband and sister, Joyce Knight. She is

survived by her son, Barry Hilliard of Bronte; two daughters, Becky Bledsoe and husband Ken of Ballinger, and Pam Hilliard of Bronte; five grandchildren, Carla Michulka and husband Steve of San Angelo, Karen Tribbett of Winters, Sandy Meeks and husband Dusty of Abilene, Jodie Arrott of Dallas, and Kayla Hilliard of San Angelo. She is also survived by nine great grandchildren and a brother, R.D. Cope of Katy, Texas.

The family would like to thank Dr. Powell, Hospice of San Angelo, North Runnels Hospital in Winters, and the nursing staff of Shannon Medical Center. Memorials can be made to Hospice of San Angelo or the charity of your choice.

30-1tc

Death Notices

Borom

Janet Louise Borom, 57, of Blackwell died Tuesday, February 5, 2008, in an Abilene hospital. Visitation was held on Friday with the family present from 3 pm until 6 pm. A graveside service was at 2 pm, Saturday, February 9, 2008, at Hylton Cemetery. Arrangements were by Shaffer Funeral Home.

Survivors include her husband, Lewis Borom of Blackwell; sons, Ben Borom

and Luke Borom, both of Blackwell and Steve Borom of Temple; and sisters, Shirley Sellers and Gayla Squyers, both of Hamilton.

Snyder

Lynn Elwood Snyder, 74, of Frankston, passed from this life on Friday, February 1, 2008, in Tyler. He was born March 17, 1933 in Miles, Texas, to the late Harold Erwin Snyder and Nancy Elizabeth Winston Page.

Survivors include his wife Betty Snyder of Frankston, sons John Snyder of Odessa and Harold Snyder of Ft. Stockton, stepson Daniel Zea of Lockhart, stepdaughter; Lynne Denena of Frankston, several Grandchildren and several Great Grandchildren.

Graveside services were held at 2 pm Monday, February 4, 2008, at Garden Oaks Cemetery, Berryville with Rev. Maurice P. Barnes presiding. Arrangements were under the direction of Autry Funeral Home, Frankston.

For Health, Bigger Isn't Always Better

By Senator Kay Bailey Hutchison

In Texas, we are known for bragging, "Bigger is better." From our pick-up trucks, to our linebackers, and to our cuts of beef, our state holds a premium on size. Health, however, is where this trend stops. More and more, we are faced with the reality that excess weight can take a heavy toll on a person's health, leading to debilitating and often deadly illnesses, such as diabetes. With obesity on the rise, healthcare costs skyrocketing, and the wellness of our children at stake, diabetes is one of the major problems we face.

Diabetes is a devastating disease that can deteriorate an individual's health, causing a lifetime of complications, including blindness, heightened susceptibility to infection and sickness, heart disease, and, in many cases, premature death. In our state, diabetes is the sixth leading cause of death. It can also adversely affect a person's quality of life, due to increased disabilities, lost wages, and diminished access to care. In 2006,

the indirect cost of diabetes in Texas reached \$4.3 billion. When added to the \$8.1 billion in health care dollars associated with the illness, the total cost of diabetes in Texas soared to \$12.46 billion.

On a broad level, Texas is leading research efforts to find a cure for diabetes. Last week, the National Institutes of Health designated the Baylor College of Medicine in Houston a Diabetes and Endocrinology Research Center. Renowned for its worldwide leadership in the study of diabetes, the center will be one of 17 in the country and the only one in Texas. The work of this and other research institutions is critically important to Texas, which has a climbing obesity rate.

Trust for America's Health (TFAH), an advocacy organization that monitors health conditions in each state, recently placed Texas twelfth nationwide in obesity, reporting that approximately one in four adults in the state is considered clinically obese. It is projected that our state's obese population will rise to a staggering 35.8 percent by 2040. And as Texans' waistlines expand, so will the diabetes epidemic in our state.

A new and alarming trend in diabetes is the rise in cases of type 2 diabetes among children. Formerly known as "adult onset," the diagnosis of type 2 diabetes in individuals under 20 has increased from less than 2 percent to as much as 45 percent over the last 20 years. In addition to fragile health and the potential for lifelong medical problems, children with diabetes are negatively impacted in other areas of their lives. Diabetic children are frequently absent

from school, are more likely to have learning difficulties, and demonstrate poor academic performance over the course of their education. Since Texas ranks sixth nationwide in the percentage of obese youth (ages 10 - 17), we are faced with the major challenge of ensuring that the next generation of Texans are fit and healthy.

In Texas, we are not taking this challenge lightly.

Currently, Texas is one of only 17 states that requires school breakfasts, lunches, and snacks to meet higher nutritional standards than the U.S. Department of Agriculture mandates. This is an important first step, but the foundation for a healthy lifestyle must be reinforced in the home. In the 2007 Farm Bill, I created an elementary school pilot program that encourages parents to participate in nutrition education with their children. Under this program, schools would be able to employ a nutrition coordinator to assist them in establishing a comprehensive nutrition and fitness program for parents and students alike. This program is one of the first of its kind and it will help prevent obesity and promote healthy lifestyles among families.

Congress recognizes the urgent need for diabetes research and efforts to find a cure. In late 2007, I cosponsored a bipartisan measure to fund clinical trials on new medications, identification of factors that place individuals at risk of developing the disease, and efforts to reduce health complications caused by diabetes.

Diabetes is a massive challenge that requires a comprehensive solution. From the family dinner table to the school cafeteria, and from the research lab to the halls of Congress, efforts to prevent diabetes must be a priority.

Area Churches

Invite You to Worship

Bronte Church of Christ
 PO Box 346 • 118 S. Jefferson • Bronte
 (325) 473-3291

Preacher John V. Driggers
 Sun. 10 am & 6 pm, Wed. 7 pm

Central Baptist Church
 324 S. Franklin • Bronte
 (325) 473-4811

Dale Patterson, Pastor
 Sun. 10 am Sunday School
 11 am & 6 pm Worship

Wed. 6 pm
Emmanuel Pentecostal
 PO Box 683 • 1019 Colorado City Hwy
 Robert Lee

(325) 453-2360
 Rev. Ray Aldridge, Pastor
 Sun. 10 am & 6 pm, Wed. 7 pm

First Baptist Church
 424 S. Washington • Bronte
 (325) 473-2331

Bro. Morris Johnson, Pastor
 Sunday 9:45 am Sunday School,
 10:55 am Worship,
 6 pm Youth
 and Worship

Wednesday 7 pm Prayer Meeting
First United Methodist Church
 Corner of Washington & Holmes
 Bronte

(325) 473-3281
 Rev. David Bailey, Pastor
 Sun. 10:00 am Sunday School
 11:00 am Worship
 5:00 Youth

First United Methodist Church
 PO Box 144 • 9th & Chadbourne
 Robert Lee

(325) 453-2417
 Rev. George Bradley, Pastor
 Sun. 10 am Sunday School
 11 am Worship
 Wed. 7 pm Choir

Iglesia Bautista Bethel
 101 Houston • Robert Lee
 (325) 453-5003 • 453-2296

Pastor: Basilio Esquivel
 Sun. 9:45, 11:00, & 11:30 am
 & 6 pm, Wednesday 7 pm

St. James Catholic Church
 215 N. Washington, Bronte
 (325) 365-2687

Rev. Hubert Wade, Jr., Pastor
 Sun. 5 pm

Southside Church of Christ
 PO Box 698 • 8th & Houston
 Robert Lee • (325) 453-2176

Frank J. Daniels, Preacher
 Sun. 10 am, Sunday School
 11 am & 6 pm, Worship

Wed. 7 pm, Worship
Northside Church of Christ
 PO Box 508 • 9th & Chadbourne
 Robert Lee

(325) 655-9784 or 453-2685
 Portis Ribble, Minister
 Services: Sun. 10 am & 1:30 pm;
 Wed. 6 pm

Our Lady of Guadalupe Catholic Church
 601 W. 10th, Robert Lee
 (325) 365-2687

Rev. Hubert Wade, Jr., Pastor
 Sat. 6 pm

Pecan Baptist
 PO Box 542 • 12 miles West of
 Robert Lee on Sterling City Hwy
 (325) 453-2482

Jim Dominey, Pastor
 Sun. 10 am, Sunday School
 11 am & 7 pm, Worship

Robert Lee Baptist Church
 PO Box 493 • 22 W. 11th
 (325) 453-2724

Jason Martin, Pastor
 Sun. 9:45 am, Sunday School
 11 am & 6 pm, Worship

Wed. 7 pm, Prayer Meeting
Tennyson Baptist Church
 Hwy 277 • Tennyson

Joe Hodges, Pastor
 (325) 473-2040
 Sun. 9:45 am, Sunday School
 11:00 am & 6 pm, Worship

Wed. 6:00 pm Prayer Meeting
Victory Assembly of God
 PO Box 638 • 6th & Houston
 Robert Lee

(325) 453-2208
 Rev. Irving Smith, Pastor
 Sun. 9:45 am, Sunday School
 10:45 am & 6 pm, Worship

Wed. 7 pm, Prayer Meeting

Tommy E. Neal
 Financial Advisor

Edward Jones



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MAKING SENSE OF INVESTING

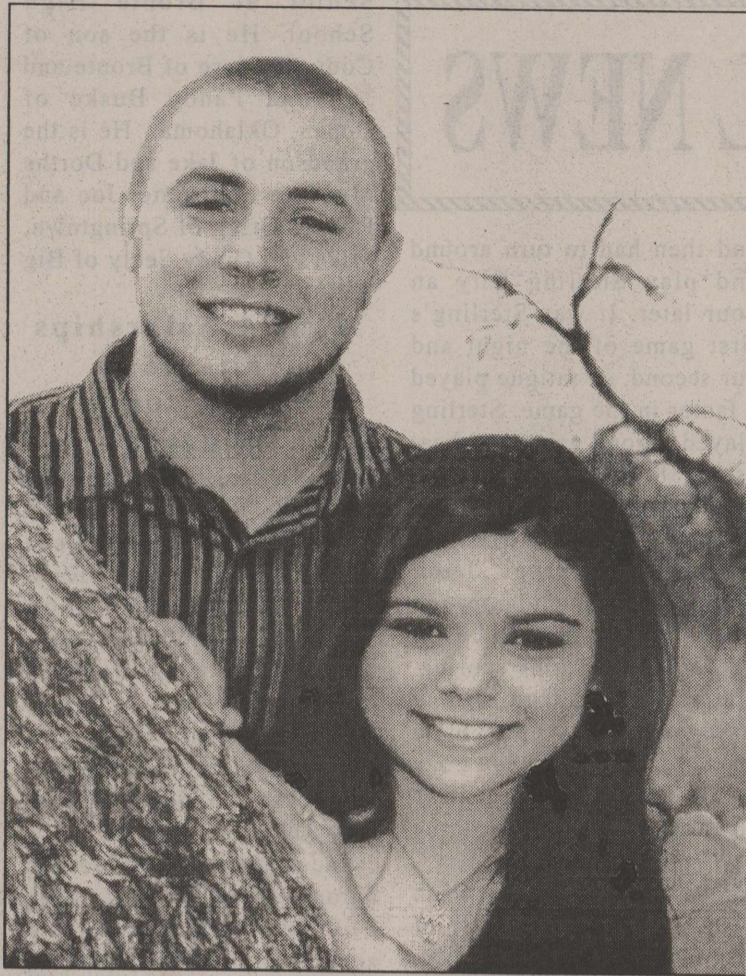
Rodriquez-Flanagan engagement announced!

Mike and Mary Rodriquez of Robert Lee are pleased to announce the engagement of their daughter, Monica, to Cole Flanagan, son of Randy and Camille Flanagan of Robert Lee and Ann Coffee of Odessa.

Monica is a 2007 graduate of Howard College and is employed by San Angelo Community Hospital as an LVN. Cole is a 2008 graduate from Hendricks School of Radiography and is employed by Community Medical Associates as an X-ray tech.

Monica Rodriquez is the granddaughter of Sotera Galvan and the late Juan Galvan of Robert Lee and Mr. and Mrs. Frank Rodriquez of San Angelo. Cole Flanagan is the grandson of the late Mr. and Mrs. R.L. Flanagan of Robert Lee and the late Mr. and Mrs. Jim Coffee of Odessa.

The couple plans to marry June 14, 2008, at the Cactus Hotel in San Angelo, Texas. After the wedding, the couple will reside in San Angelo.



ACT Test to be offered at Bronte High School

The ACT test will be offered at Bronte High School on April 12, 2008. Registration is open to anyone but juniors are encouraged to apply. Applications are available in the high school counselor's office or online at www.actstudent.org. Fee waivers are also available for students who are on free or reduced lunches. In order to avoid late fees, please register by March 7, 2008. For more information, please call the counselor's office at Bronte High School at 473-2521.

Search for Texas' 2008 Outstanding Older Worker underway

Experience Works, the nation's largest training and employment organization for mature workers, is searching for Texas' outstanding older worker. Experience Works Prime Time Awards program is part of Experience Works' national effort to raise awareness of the contributions made by older individuals and to break down barriers associated with the hiring of all older workers. Outstanding older workers from every state, the District of Columbia, and Puerto Rico will be honored in Washington, D.C., and in their home states for their contributions to the workforce and local communities.

Nominees or applicants must be 65 years of age or older, a resident of Texas, currently employed, and working at least 20 hours each week for pay. The honoree must be willing and able to travel to Washington, D.C., the week of September 22-26 for the Prime Time Award events. The visit will include meetings with congressional representatives, a tour of the city's landmarks, and

the awards banquet and ceremony. Honorees have an opportunity to meet, share their stories, and celebrate their accomplishments. Family, friends or colleagues can send in a nomination, or older workers can self nominate.

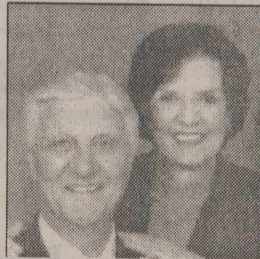
Texas' outstanding older worker in 2007, 87-year-old Martha P. Moyer, RN, "learned to work and play hard" as a surgical nurse treating General Patton's troops in field hospitals. She left the Army in 1946 with the rank of captain and five Bronze Stars to her credit. Becoming director of nursing at Westview Manor in 1966, Mrs. Moyer has retired three times: In 1989 she left but returned to open a new "special needs" wing. She retired in 1991, only to be rehired as an infection control and quality assurance nurse. More recently, Westview persuaded her to return to do patient discharge summaries.

Chosen by the McGregor Chamber of Commerce as the Outstanding Citizen of 1978 over almost 300 other nominees, Mrs. Moyer was a founder of her town's first volunteer emergency medical service. She no longer rides along as an EMT, but still serves on the board of directors, in addition to assisting with blood drives, and remaining a lifetime member of the American Legion and active in her church.

The search for America's Oldest Worker for 2008 is also under way, as is the search for outstanding employers of older workers. Last year, 101-year-old Ray Jenkins, maintenance coordinator from Colchester, Vermont, was named America's Oldest Worker. An online nomination form or a printed nomination form can be accessed at www.experienceworks.org. The deadline for nominations is June 1.

Pastor and Mrs. Russell Craft

of Longview, Texas, will be ministering, Sunday, February 17, at the 10:45 am and 6 pm services at Victory Assembly of God in Robert Lee.



- Pastor Russell Craft was a founding elder of Longview Christian Fellowship in 1975 and assisted the church in establishing a K-12 school, Longview Christian School (LCS), in 1982. LCS has 170 students and is accredited with The Association of Christian Schools International. He served LCF as Worship Leader in the early years, as Associate Pastor, then as Senior Pastor from 1995-2005.

- With a heart for the Church and for pastors and leaders everywhere, Pastor Craft leads the East Texas Pastors' Association. This group of pastors from various churches and denominations in the East Texas area meets monthly for the purpose of edification and accountability.

- Pastor Craft has a burden to see the church demonstrate love, unity, and integrity with a common voice to speak to the city and to the world.

Victory Assembly of God
Corner of 6th & Houston • Robert Lee
Pastor Irving Smith

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Boneless Beef
"London Broil"

**Top Round
Roast**

\$2.49 Lb.

Boneless • Skinless
Previously Frozen

**Chicken
Breast**
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Iceberg
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\$.69 Ea.

Red
Ripe
**Roma
Tomatoes**
10 for /\$1



Select Group including
Corn, Green Beans, Peas
or Mixed

**Shurfine
Vegetables**
5 14.5-15.25
Oz. Can **/\$2**



Miller Lite or
**Coors
Light**
18 Pack
Cans
\$12.79



Reg., Light or Select
Budweiser
18 Pack
Cans
Beer
\$12.99



BRONTE SCHOOL NEWS

Care Package for Brown Family

A care package is being put together at Bronte ISD by the PALS class to send to Chris Brown and his family. Chris was involved in a serious car accident last fall and is currently undergoing therapy in Dallas. Anyone wanting to send cards, letters, snacks, money, or other items may bring them to the Bronte High School or Elementary office by 3:30 pm, Thursday, February 21.

Senior Parents FAFSA Workshop set for Bronte

Representatives from the Howard College Financial Aid Office will be at Bronte High School on Tuesday, February 26, 2008 at 6 pm to help parents/senior students fill out their online Free Application for Federal Student Aid (FAFSA) in the Auxiliary Computer Lab. All parents are invited to attend regardless if their son or daughter is planning on attending Howard College. Parents and/or students will need to bring a copy of their 2007 tax return and FAFSA pin numbers. If a parent or student has not yet

registered for a pin number, please visit www.pin.ed.gov. Please call Mrs. Timmerman, BHS counselor at 473-2521 to register for the session, or if you have any other questions.

Discover ASU Day

Angelo State University is planning a Discover ASU day on Saturday, February 16, 2008. ASU offers this free informative session to prospective students and their parents to find out more information about the university and the programs they offer. University faculty and administrators will be available to answer questions and provide personalized information about college life. Academic departments will have booths set up, as well as other ASU offices, such as admissions and financial aid, and campus tours will be offered. Check in begins at 9:30am in the Houston Harte Center. A free hamburger lunch will also be provided to all those who attend. Anyone interested in attending may register by calling the ASU admissions office at 942-2041, or register online at www.angelo.edu.

BHS Senior Class to raffle beef

The Bronte Senior Class Project Graduation is raffling two sides of beef with freezers. For more information and to purchase tickets, please contact Cindy Saunders at 473-2028 or Mike Harris at 473-2203.

Bronte offering free passes to Senior Citizens

Bronte ISD is offering free passes for Senior Citizens 65 and over for District Basketball games. Bring proof of I.D. to Superintendent's office beginning January 7, 2008, from 8 am to 4 pm weekdays.

Bronte Shorthorn Basketball update

The Bronte JH "A" Boys won the Consolation Bracket of the Water Valley "A" Boys Tournament last Saturday. We drew a tough position in the bracket with us needing to win the two games we played on Thursday to even play for the Championship. We won our first game against Irion County on Thursday night

and then had to turn around and play Sterling City an hour later. It was Sterling's first game of the night and our second, so fatigue played a factor in the game. Sterling played a good game and beat us 21-38. With this loss, we were scheduled to play Irion County once more on Saturday morning. Irion County did a much better job defensively, and as a result we had a tough time scoring. The game was won with a last second shot to take us to the Consolation Championship against Menard. A great job to all the guys during this tournament.

Game #1 was against Irion County with a final score of Bronte 41 - Irion County 20. Scoring for Bronte were: Reyes 6, Coalson 8, Baumann 9, Parks 1, Grigg 9, and Rosson 8.

Game #2 was against Sterling City with a final score of Bronte 21 - Sterling City 38. Scoring for Bronte were: Baumann 5, Parks 2, Grigg 12, and Rosson 2.

Game #3 was again against Irion County with a final score of Bronte 21-Irion County 20. Scoring for Bronte were: Reyes 2, Baumann 3, Grigg 10, and Rosson 6.

Game #4 was against Menard with a final score of Bronte 46 - Menard 15. Scoring for Bronte were: Reyes 4, Coalson 4, Deller 4, Baumann 8, Parks 2, Grigg 8, and Rosson 16.

McClure named to All-Star Classic Football Team

CJ McClure was recently nominated and subsequently chosen for the 2008 FCA Myrle Greathouse All Star Classic Football Team. 200 football players from Abilene and surrounding areas were nominated for this honor, but only 45 players made the cut to be on teams. A press conference was held on February 2nd to announce the teams. There will be a banquet for players & their families on April 6 with Colt McCoy-QB for the Texas Longhorns speaking. The All-Star game will be held at Shotwell Stadium in Abilene on Saturday, June 7. CJ is very honored to be chosen for the team and his family is proud of him for this accomplishment. CJ is a

Senior at Bronte High School. He is the son of Cody McClure of Bronte and Jim and Pandy Buske of Copan, Oklahoma. He is the grandson of Jake and Dorthe McClure of Bronte, Joe and Robbie Grigg of Springtown, Mike and Cindy Seely of Big Spring.

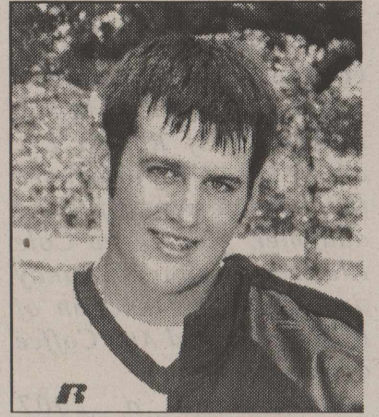
Many scholarships available to Coke County students

If your family is a member of the Taylor Telephone Cooperative and you are a senior, you are eligible to apply for a \$1,500.00 scholarship. Applications are available in the counselor's office at Bronte HS. Applications must be in to the Taylor Telephone Cooperative Inc. business office by April 1, 2008.

The Concho Valley Electric Cooperative offers four \$1,000.00 scholarships. Two scholarships are awarded to graduating high school seniors and two are awarded to other students of higher learning. The applicant must be an active CVEC member whose primary residence is served by CVEC or by the dependent of a CVEC member whose primary residence is served by CVEC. Applications are available on the scholarship bulletin board at Bronte HS or online at www.cvec.coop. The deadline to apply is April 24, 2008.

The Permian Basin Area Foundation offers a variety of academic scholarships to those pursuing higher education and vocational training. Students who are residents of Coke County are encouraged to download an application at www.pbaf.org. For more information, you may call the organization at 432-682-4794.

The Monsanto Company, in association with the National Association of Farm Broadcasting, will offer the Commitment to Agriculture Scholarship Program to award \$150,000 in scholarships for 2008. You are not required to be an FFA member to apply for this scholarship. If you are interested, please go to



C.J. McClure

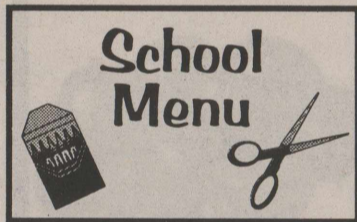
www.monsanto.com or www.ffa.org to apply.

USA Today and America's Milk Processors are pleased to announce the 11th Annual Scholar Athlete Milk Mustache of the Year (Sammy) award program. From now through March 7, 2008 teachers, coaches, principals, counselors, athletic directors, parents and relatives are encouraged to nominate a senior athlete for the SAMMY 2008 Award. Applications and official rules are available online at www.sammy.bodybymilk.com.

The San Angelo Area Foundation (SAAF) has also posted their scholarship online at www.saafound.org. The application deadline is March 1, 2008. Many area scholarships may be applied for through the use of this one application being submitted. For more information and a list of the scholarships offered, please visit the website.

Students planning on majoring in Geology, Hydrology, Environmental Science, Environmental Law, Environmental Education, Forestry, Oceanography, and Ecology may apply for the 2008 Ozarka "Every Drop Counts" Scholarship. Applications are available on the scholarship bulletin board at Bronte High School. The deadline to apply is March 31, 2008.

Bronte High School seniors may now apply for the C.J. Macon Memorial Scholarship and the Bronte Community Scholarship. The applications are available on the counselor's page on the BHS web site at www.bronteisd.net. Applications must be turned in to the counselor's office on or by April 8, 2008.



School Menu

Breakfast

Monday, Feb. 18
Cereal, mixed fruit, toast, jelly, milk

Tuesday, Feb. 19
Pancake and sausage on a stick, juice, milk

Wednesday, Feb. 20
French toast sticks, syrup, juice, milk

Thursday, Feb. 21
Scrambled eggs, toast, jelly, juice, milk

Friday, Feb. 22
Sausage roll, juice, milk

Lunch

Monday, Feb. 18
Chicken fajitas, tossed salad, refried beans, Spanish rice, tortillas, rosie apple sauce, milk

Tuesday, Feb. 19
Spaghetti, tossed salad, corn, apricots, garlic toast, milk

Wednesday, Feb. 20
Tacos, cheese, lettuce, tomato, pinto beans, fruit jello, milk

Thursday, Feb. 21
Grilled cheese sandwich, beef & vegetable soup, baby carrots, corn bread, strawberries and bananas, milk

Friday, Feb. 22
Hot dog, chili, cheese, tator tots, assorted fruit, brownies, milk

RELAX WITH A CHAIR MASSAGE

BY KRISTY HOOTEN

WEDNESDAY AFTERNOONS

3:45 PM - 5 PM AT

DJ'S MERLE NORMAN

7 E. 6TH ST. • ROBERT LEE

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Allen Receives TASBO Certification

The Texas Association of School Business Officials (TASBO) is pleased to announce that Robin Allen, Business Manager with Robert Lee ISD, has successfully completed the requirements to earn the designation of Certified Texas School Business Specialist (CTSBS), effective 1/25/08, specializing in the area of Accounting.

A voluntary certification effort founded in 1985, the TASBO certification program is designed to elevate professional standards, enhance individual performance and designate those who demonstrate knowledge essential to the practice of school business management. TASBO certification is earned through a combination of specified coursework and school business experience. Once it is earned, certification is maintained through continuing education and participation in the profession.

Individuals can earn certification in three categories: Registered Texas School Business Administrator (RTSBA); Certified Texas School Business Official (CTSBO); and Certified Texas School Business Specialist (CTSBS).

"Certification by TASBO offers school business officials the opportunity to expand their professional knowledge base, continue their education in the ever-changing rules and regulations of state and federal laws, and establish an

additional level of professional recognition and respect," said Gwen Santiago, TASBO Executive Director. "Certification is a mark of distinction, a symbol of leadership and accomplishment, and it is highly regarded by others in education as well as school business management. Also, certification offers a competitive edge in today's job market."

"Robin Allen is to be commended for pursuing professional excellence through TASBO certification," Santiago stated. "The Association is pleased to recognize this outstanding personal achievement."

Established in 1946, the Texas Association of School Business Officials (TASBO) is an independent, not-for-profit professional association dedicated to improving the knowledge and skills of its members and school business practices in Texas. TASBO is one of the state and province affiliates of the Association of School Business Officials International (ASBO) which serves members from the United States, Canada, and more than 20 other nations. Currently, TASBO has more than 4,500 members and 25 regional affiliates, representing more than 850 school districts in Texas.

For more information, contact Esmeralda Gonzalez, Education Specialist, TASBO, 512-462-1711 ext. 217.

Aggieland Saturday slated for Feb. 16

"Aggieland Saturday," a campus-wide open house to help prospective students and their families learn more about the opportunities available at Texas A&M University, is scheduled for Saturday, February 16.

Sponsored by the Office of Admissions and Records, "Aggieland Saturday" is open to both high school students and transfer students.

While prospective students are on campus, a variety of group sessions will provide information about admissions, financial aid, student services, student organizations and student traditions. Participants also will have opportunities to meet current students, tour campus housing, visit the university's libraries and computer labs and have lunch in campus dining facilities, organizers note.

Because "Aggieland Saturday" is designed to be

self-guided so participants can focus on their specific areas of interest, each academic college and several student services offices have planned fun and informational sessions throughout the day, organizers add.

Organizers say "Aggieland Saturday" is open to prospective students, former students, their families and anyone wishing to learn more about Texas A&M. So far more than 10,000 prospective students, their parents and counselors have registered to attend. Activities are free except for meals and parking.

For more information, go to <http://www.tamu.edu/aggiesaturday/index.html> or contact the Prospective Student Center at (979) 458-0427, email admissions@tamu.edu. For a schedule of events planned for the day, go to http://www.tamu.edu/aggiesaturday/pdf/Schedule_2008.pdf. For a map of parking areas designated for "Aggieland Saturday," go to: http://transport.tamu.edu/special_events/announce/AgSat.aspx.

Clay Antilley Memorial Scholarship Fund established

The Clay Antilley Memorial Scholarship Fund has been established at the San Angelo Area Foundation in memory of Robert Lee, an avid member of 4-H and FFA, who attended as many stock shows as was possible. The San Angelo Area Foundation will be accepting scholarship applications for this fund in the spring of 2008.

To be eligible for the scholarship, a student must be a graduate of a Coke County high school located in Coke County, Texas, and have been a resident student of said high school for three consecutive semesters beginning the junior year. In addition, the student must demonstrate outstanding achievement in a Coke County FFA or 4-H club and participated in school, community and agriculture related organizations. Scholarship applications will be available on our website January 1, and are due to the Foundation office by March 1.

To obtain more information about this and other

scholarships at the San Angelo Area Foundation, please visit our website at www.saafound.org. Memorial contributions to this fund may be made online or may be mailed to the Clay Antilley Memorial Scholarship Fund, c/o San Angelo Area Foundation, 2201 Sherwood Way, Suite 205, San Angelo, Texas 76901.

What You Should Know Before Taking A Class Online

Whether you're looking to take classes to improve your career prospects, complete a college degree, or simply to pursue an interest or hobby, your busy schedule often can get in the way.

That's why millions of Americans have turned to the Internet to take courses where they set their own weekly study schedules and "attend class" anytime, anywhere their family and work commitments allow.

In fact, 3.5 million people took at least one online class in the fall of 2006, according to a study by The Sloan Consortium. There's little doubt that number has grown since.

But you need to prepare properly and know what you're getting yourself into before jumping online into the virtual classroom, says Susan Colaric, director of instructional technology at Saint Leo University. Colaric oversees online curriculum development at Saint Leo, which is noted for delivery of online courses around the world, particularly to men and women serving in the U.S. military.

"Many students think an online class is going to be easier than a traditional one," she says. "But most people who have actually taken an online class say it's harder."

Why harder? Because many online classes are self-paced. Success or failure heavily depends on one's own motivation and time management skills. When due dates for assignments are flexible, procrastination easily can become a problem.

That's why prospective students need to take a close

look at themselves before signing up for an online class. Two questions to ask: "Do I really want this?" and "Do I really have the time?"

The old rule for traditional classes is a student should spend two hours preparing for every hour of classroom time. This also holds true for online classes. So, for a class that meets online three times a week for an hour, that's a nine hour per week commitment.

"The last thing you want to do is pay for a class and then not be successful because you find you don't have the time," Colaric says.

Another important consideration should be your computer. An outdated system with insufficient memory or with a dial-up connection won't get it done. Online classes today tend to include video and animation which may take too long to load over dial-up.

And many classes require a webcam to interact with teachers and students. If that's the case, lots of schools will help students purchase one at a reduced price.

Once students decide they have the time and drive to take online classes, it's time to choose a program. Colaric recommends using this as an opportunity to sharpen analytical skills.

"Turn it into a research paper that compares different program options," she says. "Create a chart for yourself with all the pros and cons."

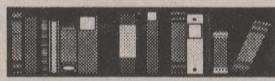
The most important thing to look for is whether a program is accredited, which can be a little tricky because not all accreditations are equal. Before registering, call a nearby university and ask if they accept transfer credits from the online program you're considering. That's a good indication of a program's quality.

You should also ask how long an institution has been providing online classes and whether faculty have received training in online teaching.

Finally, students should inquire about tutoring support. Many online students haven't been in school for a long time. Some skills -- especially math skills -- may be a little rusty. Many schools offer tutoring support to help get back up to speed, Colaric says.

For more information about online learning, visit www.saintleo.edu and click on "Center for Online Learning."

School Menu



Breakfast

Monday, Feb. 18

Pancake & sausage on stick, juice, milk

Tuesday, Feb. 19

Cinnamon roll, cereal, juice, milk

Wednesday, Feb. 20

Pizza, juice, milk

Thursday, Feb. 21

Muffin, cereal, juice, milk

Friday, Feb. 22

Pigs in blanket, cereal, juice, milk

Lunch

Monday, Feb. 18

Pizza, salad, corn, apple, cookie, milk

Tuesday, Feb. 19

Corndog, tator tots, orange, chocolate pudding, milk

Wednesday, Feb. 20

Rib-b-que, mac & cheese, corn on cob, roll, peaches, milk

Thursday, Feb. 21

Fajitas, salad, ranch beans, Spanish rice, pineapple, milk

Friday, Feb. 22

Hot dog, chili, cheese, Fritos, pork & beans, fruit cocktail, milk

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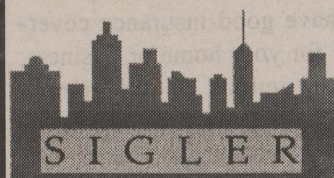
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Emergency Preparation is Critical to Natural Disaster Recovery

by Sen. Kay Bailey Hutchison

As the first wave of wildfires of 2008 ignited across our state last month, many Texans were once again reminded of the frequency with which natural disasters strike our terrain. All over Texas, our citizens have endured floods, droughts, severe storms, and wildfires. You'd be hard-pressed to find a Texan who doesn't know what a tornado sky looks like. And those living along the Gulf Coast are all too familiar with the destruction that a hurricane can leave in its path. But with each disaster, Texans show true grit and tenacity, and we weather the storm. We always recover.

Although we can't control the weather and the challenges it brings, we can help prepare communities to make sure they're ready to respond swiftly and effectively to protect lives and mitigate damage to our homes and our vital interests.

Last year brought heavy rains, which spared us an active wildfire season. But with the heavy precipitation of 2007, the grass has grown back and it has essentially become fuel for future fires. The heavy grass overgrowth, coupled with a drier than normal forecast this winter, has led the Texas Forest Service to project an active and dangerous wildfire season for 2008.

Wind conditions and low humidity have swept fires through areas around Dallas-Fort Worth, the North Texas Panhandle, South Texas, and parts of Central and West Texas, burning over 30 square miles of land since the beginning of the year. One hundred eighty-four counties are currently threatened by extreme fire hazard, and, as of early February, 10 counties have local disaster proclamations in effect. Burn bans have been imposed on 172 counties.

Few can forget the fires that ravaged our state in 2006. Some of the largest wildfires in Texas history caused 12 fatalities, burned 730 homes, destroyed nearly 10,000 head of cattle, scorched over 800,000 acres of land, and resulted in millions of dollars in lost crops. These casualties heavily burdened many families, and Texas' agriculture industry was hit hard. Drought and fires caused an estimated \$4.1 billion in crop and livestock losses in nearly 200 Texas counties. In the aftermath of the 2006 fires, I worked with my colleagues in Congress to secure fund-

ing to offset some of the monetary losses, particularly those incurred by Texas' vital agriculture industry. I also worked with the USDA to ease guidelines for ranchers on the grazing and feed shortages that resulted from those fires.

Overcoming the bureaucratic hurdles to support our farmers proved challenging and led me to support a provision in the 2007 Farm Bill that established a \$5.1 billion emergency fund to assist our farmers and ranchers in the wake of major disasters. Under this provision, should a catastrophic event take place, the USDA would be able to immediately tap this fund to hasten recovery efforts and come to the aid of impacted farmers and producers. Texas producers wouldn't have to wait for Congress to approve additional funding requests. Texans who suffer loss of crops, livestock, or other produce would be eligible for benefits, up to 75 percent of what was lost in the disaster.

I have long advocated for the creation of an emergency reserve fund government-wide to help citizens impacted by natural disasters. Creating a contingency fund to provide resources for response and recovery would ensure that adequate and immediate funding is available. It would prevent agencies, such as the Federal Emergency Management Agency, from having to draw emergency spending from their annual budgets, which currently don't have sufficient funding for small or large scale domestic disasters. A rainy day fund would also give Congress a more efficient, less contentious, and fiscally responsible process for providing relief in times of domestic emergencies.

While I will continue to push for a national rainy day fund, I am pleased we are getting closer to an emergency fund for agriculture disasters as the 2007 Farm Bill proceeds to a conference committee with the House. Once the differences between the House and Senate passed bills are reconciled, the Farm Bill will be ready to be signed into law.

As Congress looks for better ways to respond to and recover from catastrophic events, individuals must also take steps to protect their families and their homes. I urge all Texans to establish a family safety or evacuation plan for floods, fire, severe storms, tornadoes and—if you live in a coastal area—hurricanes. It is also important to have good insurance coverage for your home or business, as no amount of government relief can ever be entirely sufficient. I encourage you to visit the Department of Homeland Security's website, <http://www.ready.gov>, for general emergency planning advice.

If we work together to prepare for emergencies, we will con-

tinue to survive and thrive despite whatever challenges Mother Nature throws in our way.

Jordan Ray achieves

Eagle Scout status

Jordan Ray, son of Brent and Elaine Ray of Dallas was presented his Eagle Scout award at a Court of Honor, February 9, 2008. He is a member of Troop 437, and a senior in the Richardson Home School Co-op Association.

In his three years of scouting he served as assistant Patrol Leader, Patrol Leader, Troop Scribe, assistant Senior Patrol Leader, Troop Instructor and Troop Senior Patrol Leader. He earned 26 merit badges and had the opportunity to earn the Triple Crown award by participating at each of the National Boy Scout High Adventure Programs – Philmont Sea Base and Northern Tier. Another highlight was helping with meal preparation for relief workers in Baton Rouge, LA after hurricane Katrina along with other members of Troop 437.

For his Eagle Scout project, Jordan planned and supervised the renovation of two family apartments for the Dallas Life Foundation, a non-profit group that works to help homeless people in Dallas return to productive participation in the community. His crew made repairs to the ceilings and walls of the apartments, stripped and sanded old paint and plaster, applied two new coats of paint, installed new window blinds, and set up furniture in the apartments.

Jordan has also participated in Youth and Government, presenting bills on two separate occasions before the Youth Legislature in Austin. He earned the President's Gold Volunteer Service Award which recognizes the hours he spent in volunteer services for his community. In addition to scouting, schoolwork, and church activities, one of his past-times is drawing. He has earned special awards the last two years at the local Street Art Show for his design work and sketching.

After graduation from High School this spring, Jordan anticipates attending Texas A&M University where he plans to major in Geology. Then he hopes to work in the field of Petroleum Geology and continue his involvement in scouting as an adult leader.

His grandparents, Kenneth and Kay Lackey of Robert Lee were special guests at his Eagle Court of Honor.

Pet Talk

February is National Veterinary Dental Health Month – a good time to make sure poochie's pearly whites are in

good shape since dental disease is often a big problem affecting pets.

Proper dental health can solve much more than bad breath. The Academy of Veterinary Dentistry was established in 1987 and has dedicated its efforts to educate pet owners about proper veterinary dental care. Many health problems can be prevented through simple dental care practices by veterinarians and pet-owners.

Experts say the mouth is the gateway to health. If problems arise in the mouth, they can possibly be transferred via the circulatory system to cause more serious problems in vital organs.

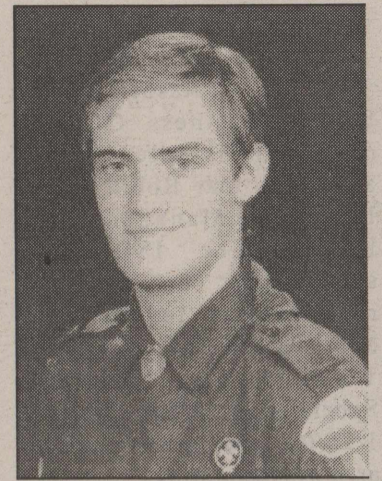
Dr. J.R. "Bert" Dodd, clinical associate professor and veterinary dentist at the College of Veterinary Medicine & Biomedical Sciences at Texas A&M University, believes the mouth can be a source of infection in joints, lungs, the heart and liver. Bacteria are released into the bloodstream every time a pet chews or plays with toys.

"Dental disease can contribute to generalized systemic disease in veterinary patients – it's not merely a localized or cosmetic problem," says Dodd. "In fact, dental disease is the No. 1 disease entity affecting adult pets."

In a study done by the American Veterinary Dental Society, more than 80 percent of dogs and 70 percent of cats develop some degree of periodontal disease by 3 years of age. This may include gingivitis, periodontal infections, malocclusions, fractured teeth, oral tumors or painful cavity-like lesions.

Dodd explains that periodontal disease is a disease of neglect and that almost 95% of the cases he sees at the Texas A&M University Small Animal Hospital are cases of periodontal disease.

Semi-annual exams, an



Jordan Ray

annual professional cleaning, and appropriate use of chew toys, water additives and treats are all vital parts of a healthy dental regimen. For those pets already experiencing periodontal disease, a cleaning every 4-6 months is necessary.

Dodd also explained that pets can easily be trained to have their teeth brushed by their owners and this activity should be a part of an animal's overall healthcare program.

Pet owners should work closely with their veterinarians to ensure that pets are receiving appropriate dental care. It is imperative that pet owners know what "normal" is because it allows owners to more easily identify when problems arise.

Dodd notes that when inspecting their pets' teeth and mouths, owners should look for broken teeth, bad breath, loose or discolored teeth, tartar buildup, pawing of the face, jaw quiver, drooping of food during chewing, avoidance of feed though desired and any change in preference for food. Such an approach by pet owners is vital in preventing periodontal disease and other, more serious complications, he believes.

"As human healthcare and dentistry have improved through further research and advancements in technology, so has veterinary dentistry," he adds. "But just like human dental care, the simplest and most effective treatment is still prevention."

Which Path Do You Walk?

- 1) Blessed is the man who walks not in the counsel of the ungodly, nor sits in the path of sinners, nor sits in the seat of the scornful;
- 2) But his delight is in the law of the Lord, and in His law he meditates day and night.
- 3) He shall be like a tree planted by the rivers of water, that brings forth its fruit in its season, whose leaf also shall not wither; and whatever he does he shall prosper.
- 4) The ungodly are not so, but are like the chaff which the wind drives away.
- 5) Therefore the ungodly shall not stand in the judgment, nor sinners in the congregation of the righteous.
- 6) For the Lord knows the way of the righteous, but the path of the ungodly shall perish.

Psalm 1:1-6

Victory Assembly of God
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Tips For Living With Food Allergies

If you or your family members have food allergies you know how difficult it can be to shop for food in the supermarket, eat out at a restaurant or even simply prepare a family dinner at home.

"Twelve million Americans have food allergies to the top eight food allergens -- wheat, dairy, soy, eggs, fish, shellfish, tree nuts, or peanuts," says Carol Fenster, Ph.D., a culinary expert whose company, Savory Palate, Inc. provides education on how to cook with substitutes for these allergens.

By following some simple tips, however, you can make living with food allergies easier:

- * **Get An Accurate Diagnosis.** See a qualified health professional to determine your food culprits. Otherwise, you might avoid harmless foods and omit critical nutrients from your diet.

- * **Follow Doctor's Orders.** For instance, avoiding gluten (a protein in wheat, barley, rye, spelt, kamut, and tricale) means absolutely no gluten -- not even a tiny bite. The same is true of all other food allergens. Tiny amounts of forbidden foods can cause reactions in extremely sensitive persons.

- * **Beware of Allergens in Surprising Places.** For example, wheat lurks in licorice candy and canned soups, milk can be found in chocolate bars and granola, and eggs are often used in pasta. Soy commonly appears as soy lecithin in processed foods.

- * **Read Labels on Everything.** Labels on food manufactured in the U.S. after January 1, 2006, must state on the ingredient list -- in plain English -- if they contain any of the eight major food allergens. Read the label each time you buy any food to determine its safety. Double-check the label again before you prepare the food.

- * **Learn To Cook with Safe Substitutes.** "Almost every food allergen can be replaced in baking and cooking," says Fenster who has authored seven allergen-free cookbooks and has lived without gluten for 20 years. For example, wheat flour can be replaced with sorghum flour in baked goods, rice milk replaces cow's milk for drinking and cooking, and flax meal stands in for eggs in baked goods. Look for special cookbooks that show you which ingredients can replace your food allergens.

- * **Avoid Cross-Contact in the Kitchen.** Use a separate toaster for gluten-free bread and buy condiments in squeeze-bottles so they aren't contaminated by serving utensils. Keep allergen-

free food in clearly-marked containers and don't let it touch any food that is off-limits.

Living with allergies doesn't have to mean depriving yourself at mealtimes or not enjoying meals together with your family.

Tips To Get The Most From A Doctor Visit

Just because you visit the doctor when you have a problem or for an annual physical, doesn't mean you are getting the most beneficial results from your time spent in the examining room.

If you don't communicate effectively about your medical condition -- or if the doctor doesn't ask the right questions -- your check-ups can leave many problems and potential problems unaddressed.

"It is crucial for individuals to take full advantage of their limited time with their doctor... By preparing for the meeting beforehand, patients will be able to present their doctors with a more complete view of their current state of health, adding valuable information to help the physician during the evaluation," said Dr. Boyd Lyles, Corporate Medical Director, U.S. Preventive Medicine.

This is why the experts at U.S. Preventive Medicine are offering these important tips to help consumers get the most from annual physicals:

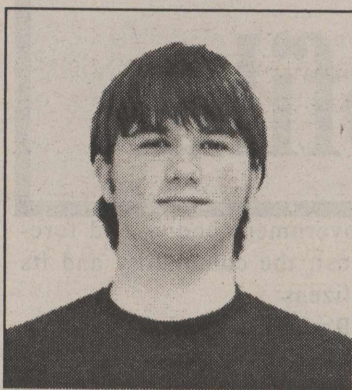
- * **Prioritize and verbalize personal concerns and goals.** In advance of the appointment, identify all primary health and wellness concerns as well as expectations and goals for the visit. Address these with your doctor.

- * **Review family medical history.** Update or review the history of illnesses in blood relatives. Many diseases have a strong hereditary predisposition.

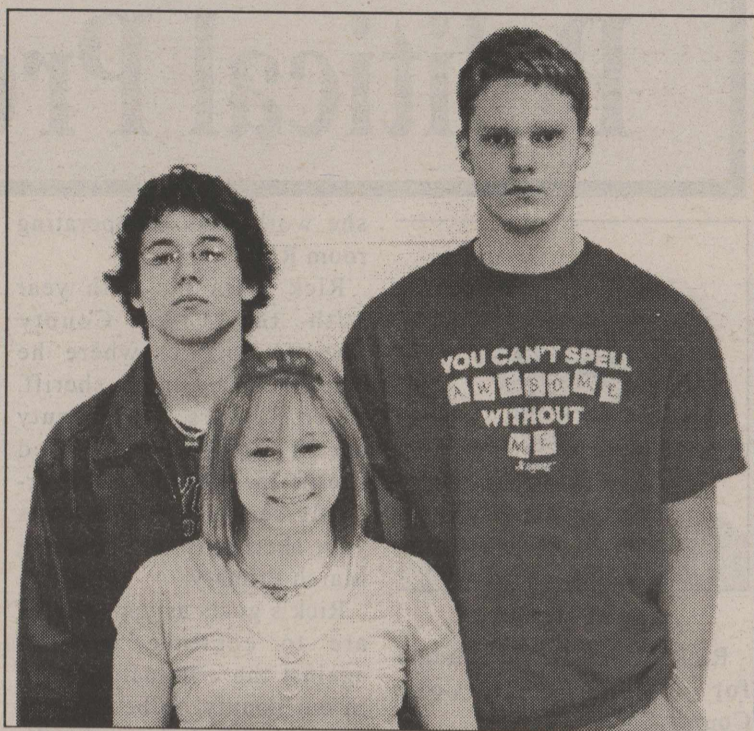
- * **Get an examination the old-fashioned way.** A thorough physical must include a thorough physical examination, no matter how uncomfortable, for early detection and prevention.

- * **Address the potential for metabolic syndrome.** Metabolic syndrome increases the risk of developing diabetes and cardiovascular disease and is easily diagnosed through a cholesterol or lipid profile, blood glucose (sugar), blood pressure readings and measurement of waist circumference. However, metabolic syndrome is not routinely addressed by many doctors during a physical. Ask if you should be assessed for it.

- * **Ask about screening for chronic diseases.** Early detection leads to improved prognosis for many of the most common chronic diseases, such as heart disease, cancer and diabetes. Talk to your doctor about a schedule of recommended preventive



Solo and Ensemble Contest! On Saturday, February 9, four Bronte High School band members attended the Region 7 Solo and Ensemble Contest in Brownwood. Kelsey Sedden (right photo, middle) received a first division medal on her class three flute solo, "Menuett". Geoffrey Ehl (right photo, far left) received a first division medal on his class two trumpet solo, "Romance in Eb". Will Macon (right photo, far right) received an excellent rating on his class two trumpet solo, "Sarabanda and Gavotta". Jonathan Dannheim (left photo) received a first division medal on his class one Snare drum solo, "Prattfalls". Jonathan will compete in the Texas State Solo and Ensemble Contest in San Marcos in May. Mrs. Rosson was the piano accompanist for the solos and did a fantastic job. There will be several opportunities to hear these soloists over the coming months.



The Bronte High School band will compete in the Region 7 UIL Concert and Sightreading Contest in Hamilton on March 12. On Monday, February 18, the high school band will rehearse from 7 pm until 9 pm. The same schedule will apply to Monday, February 25, Monday, March 3 and Monday, March 10. It is essential that all students who are eligible be in attendance. Mr. Mike Brady will be the February 25 guest clinician.

screenings.

- * **Discuss unhealthy habits or lifestyle choices.** Issues that should routinely be addressed include tobacco use, alcohol intake, eating disorders, medication overuse and unsafe sexual practices.

- * **Evaluate the best diet.** Optimal wellness and disease prevention cannot be achieved without a healthy nutritional plan. Discuss nutrition with your doctor at each annual physical and consider consultation with a registered dietitian to determine the best diet for individual medical concerns.

- * **Create an exercise regimen -- even if you have physical limitations.** Some people may have physical conditions that they assume limit or negate their ability to follow an exercise regime. Ask the physician for a referral to a clinical exercise physiologist, physical therapist or cardiac rehabilitation program for an exercise evaluation and individualized prescription.

- * **Discuss mental health issues.** There is strong scientific evidence that stress, anxiety and depression have significant effects on physical well-being. Each annual physical should include discussion of personal stressors (occupational concerns, financial difficulties, family illness, etc.) and any symptoms of anxiety, irritability, tension or depression.

- * **Evaluate sleep patterns.** Discuss sleep patterns and note any loud or disruptive snoring, periods of apnea (pauses in breathing) or drowsiness during the daytime. Difficulties with frequent urination during the night, insomnia, restless legs and early morning awakening

should also be mentioned.

- * **Review the list of prescription and over-the-counter medications you currently take.** Provide your doctor with a complete list of all prescription and over-the-counter medications, vitamins, herbs or other supplements that you are taking or have recently taken.

- * **Keep a personal copy of the paperwork.** Request a copy of all laboratory work, diagnostic studies, consultations and the physician's report for your personal records. Maintain a notebook or binder with all of your medical records and any nutritional or exercise

recommendations.

For more information about preventive health services, visit www.USPreventiveMedicine.com.

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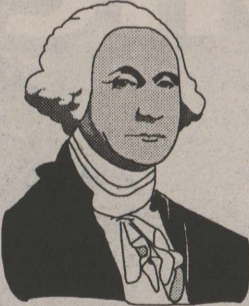
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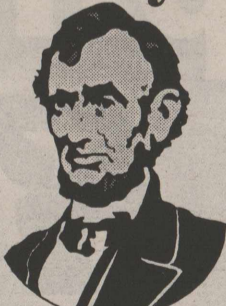
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Monday, February 18

In Observance Of



Presidents



Day

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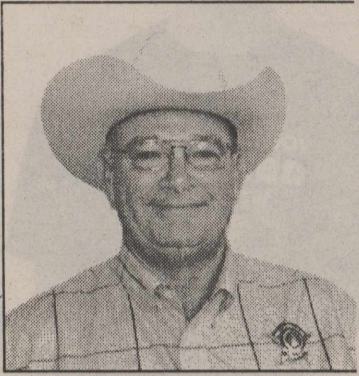
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Political Profiles



Rick Styles

Rick Styles is a candidate for re-election as Coke County Sheriff.

Rick and his wife, Kay, moved to Coke County (Robert Lee) in 1983 when they purchased the Robert Lee Observer and the Bronte Enterprise newspapers from the late Patsy Ogelsby; which they later sold to the current owner Hal Spain.

Rick and Kay have been married for 39 years. Rick is 58 years old and Kay is still just 29. They have one daughter, Marti, and two wonderful grandchildren, Mason (6) and Ryan (2), who also live in Coke County.

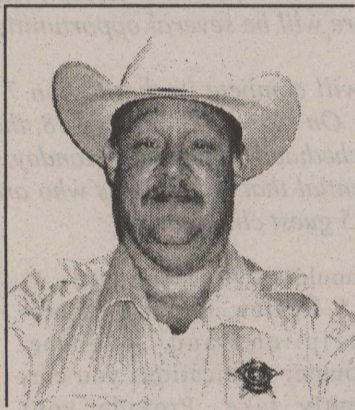
Rick is a member of the First Baptist Church in Bronte, Bronte Masonic Lodge #962, Bronte Evening Lions Club and the Sheriffs Association of Texas. Kay is a member of the First Baptist Church in Bronte, the Order of the Eastern Star Bronte Chapter # 1048, The Sorosis Study Club and the Coke County Red Hats.

Rick and Kay both graduated from Seymour, Texas High School 1968/1969. Rick previously worked for Delta Air Lines at Dallas Love Field/DFW Airport from 1969 to 1983. Kay retired from St. Johns/Shannon Hospital after 15 years where

she worked as an operating room RN.

Rick is in his 18th year with the Coke County Sheriff's office, where he started as a deputy sheriff. After 8 years as a deputy sheriff he was appointed sheriff in 1998. Rick is currently seeking re-election as your sheriff in the upcoming March Primary.

Rick's goals as your sheriff are to continue working against the criminal element in our county, to be fair and honest in his duties and to be a respectable law enforcement officer; and a good public servant for the citizens of Coke County.



Randall Jacks

When Randall Jacks was asked as a young adolescent at age 15 what he wanted to be as an adult, it was a very simple answer even then. Randall's reply was a Police Officer.

Randall's career objective in law enforcement has always been to increase his knowledge as a police officer through training, education, street experience, communications with other law enforcement entities, and civilians. The training and skills received will allow him to better serve the police agencies, city, state and local

government bodies and foremost, the community and its citizens.

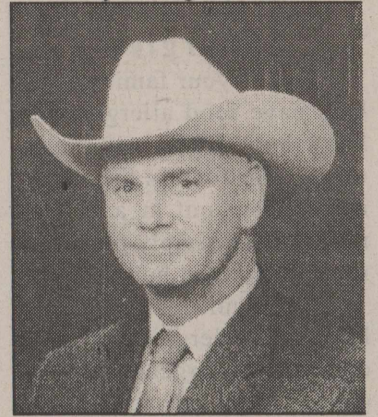
Randall attended Alvarado High School, graduating in 1983. Randall also attended Tarrant County Junior College and Hill Junior College in Cleburne with studies focusing upon Criminal Justice and advanced sciences. Randall attended the Texas A & M Extension Services police academy held at Carswell Air Force Base, Ft. Worth, and graduated in May 1985 with a Basic Peace Officer certification. Randall has continued his education and in 2006, earned the Master Peace Officer certification, the highest law enforcement certification there is. Randall has completed 1500+ hours of law enforcement training holding 60+ documented licenses and accreditations, receiving 8 letters of Commendation for Outstanding Service Above and Beyond.

Fast forward in Randall's career to present day and you find Randall Jacks with experience of working with various state and federal agencies, narcotics interdiction and investigation, and while working with the US Treasury Department as an Assistant Security Specialist, realized his real calling and love was in "Local" law enforcement, giving him the opportunity to interact with the citizens he lives among and serves. Randall being a 4 year veteran of the Coke County Sheriff's office, proudly making Coke County his home, is asking for your support in the March 4th Democratic Primary as Coke County Sheriff.

Randall believes citizens

deserve to have a Working Sheriff, one fully involved and cooperating with the cities and county government departments and commissioners court.

Precinct #2. I hope you will exercise your right to vote.

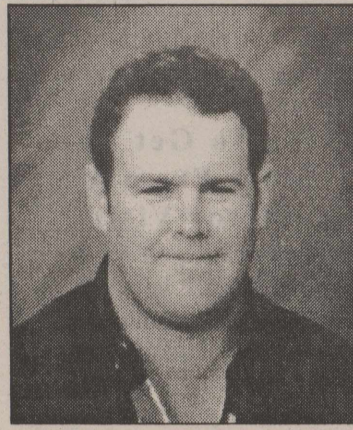


Marshall Millican

Marshall Millican is a Democratic candidate for the position of Coke County Constable, Precincts 1 & 3. Marshall has been married to Sheri Pitcock Millican for thirty-three years and they have two grown children. Marshall is fifty-five years old and has served the citizens of Coke County for twenty-eight years as a law enforcement officer.

Marshall is a member of the Coke County CERT, Robert Lee/Silver Lions Club, a director of the Coke County Rural Water Supply Corporation, and a member of the Robert Lee Baptist Church. Marshall is currently serving a two-year unexpired term of the constable's office. Marshall is running, unopposed, for a full four-year term.

Marshall knows the importance of the vital position of a county constable, which is one of the oldest Law Enforcement Terms, that was established in 1823 during Stephen F. Austin's colonization of Texas. A county constable has county wide jurisdiction and Marshall says that he will respond where he is needed. Marshall's personal statement is, "I will serve the citizens of Coke County with courtesy, honesty and respect, while enforcing the laws that I have sworn to uphold in the oath of office."



Marty Boyd

I am an incumbent candidate for Coke County Constable Precinct #2. I moved to Bronte at the age of 14 and I am a 1983 graduate of Bronte High School. I continued my education by attending Angelo State University, majoring in Business. In 1988, I opened my own business, B & B Enterprises.

My wife, Missy, teaches Pre-Kindergarten at Bronte Elementary. We have two daughters, Cheyenne and Whitney, who attend Bronte ISD. We are active members of the First United Methodist Church of Bronte. I have served on the Bronte City Council and I volunteer to drive the EMS.

Since being elected for Coke County Constable Precinct #2, I have attended a 20-week Police Academy in San Angelo. In addition, I have attended state required courses and other classes to continue my education as your Coke County Constable.

Coke County Constables work in conjunction with the Justice of the Peace and the Sheriff's Department. I will continue to bring honesty and sincerity to this position. I have been very proud to serve you as the Coke County Constable for

**To Advertise
Call 453-2433**

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Get a rebate up to \$100 instant rebate

With purchase of phone. Phones starting at \$59. Certain restrictions apply.

Unlimited Minutes • No Contract • No Credit Check • No Deposit

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Right Wireless • 3371 Knickerbocker Rd.
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Food Basket • 2 South Main Street

Menard
B&N Artwear • 606 Ellis

Eden
Lubke Chevrolet • 302 W. Broadway

Brady
West Central Wireless • 2019 S. Bridge

Mason
Mason Gas • 1004 San Antonio Hwy.

San Saba
Central Texas Communications • 208 East Brown

Robert Lee
Rock Solid Communications • 803 Austin

Now is the time to get that new phone you've been waiting for, plus get up to a \$100 instant rebate. From unlimited long distance, to unlimited texting, voicemail to caller ID, Right Wireless has the features you want, at a price you can afford. Stop by today and choose from a large selection of cool phones and get an instant rebate up to \$100.

Gaylon Pitcock

Gaylon Pitcock was born in San Angelo, Texas, and spent his childhood in Sanco, Texas. He graduated from Robert Lee High School in 1967. After graduation, he attended Texas Tech College in Lubbock. He returned to Robert Lee in December of 1969. In 1970, Gaylon began a 30-year employment with General Telephone of the Southwest. After his retirement, Gaylon became Coke County Commissioner, Precinct 3.

Gaylon is a member and deacon of Robert Lee Baptist Church. He also serves on the Coke County Appraisal Board, Coke-Sterling Farm Bureau, and the Corporation B Community Development Board. He is a past member of the Robert Lee ISD Trustees and the Coke County Water Supply Board.

Gaylon is married to the former Kaye Roberts. They have two married sons, Blake of Glen Rose, TX and Korey of Plano, TX. Gaylon and Kaye have lived southwest of Robert Lee in the Edith Community since shortly after their marriage.

Gaylon has been Coke County Commissioner, Precinct 3, for 2 terms. Although running unopposed, he would appreciate your vote of confidence on March 4, 2008 for Coke County Commissioner, Precinct 3. And to all voters in Coke County, he urges you to exercise your right to vote in the Primary Election on March 4, 2008.

Josie Dean

My name is Josie Dean. I am the Tax Assessor-Collector for Coke County. I am seeking your support in the primary election on March 4, 2008. I moved to Robert Lee in 1995. My husband is Joseph Dean, who is employed by Range Resources. I have five children; Kristopher, Brandie, Krystal, Brittany and Brandon. My grandchildren are Kobe, Kaydence and Trenton Smith and Nicholas Guzman.

Some of my hobbies include crafts, fishing, camping, fishing in bass tournaments and gardening. I also enjoy landscape painting and most of all spending time with my family.

Prior to being appointed in 2005 as Tax Assessor-Collector, I worked as Deputy in the Tax Office for one year and nine months. Before being employed by Coke County, I worked as Supervisor/Lead Teacher for the Ballinger Head Start for six years and six years for 3M Company as

Operator/Trainer in Brownwood, Texas.

I graduated from Brownwood High School and attended Cisco Junior College, Weatherford Junior College, and took an Administrative course at Texas Tech University in Lubbock, Texas.

Presently, I am a member of the Tax Assessor Collectors Association of Texas, the Board of Tax Professional Examiners, the Texas Association of Appraisal Districts, and the Texas Association of Assessing Officers. I have been selected to Who's Who among Business Professionals for 2006 and 2007 and also the Presidential Who's Who among Business Professionals for 2007. I maintain my professional skills and knowledge through courses required by the state.

Since being appointed the Tax Assessor for Coke County, I have enjoyed serving the Citizens of Coke County. I will continue to serve the community with loyalty, honesty and integrity. I look forward to your support in the Primary Election, on March 4, 2008.

Thank You For Your Support!

Longhorns defeat RL Steers in close game

The Longhorns played the Steers and came away with a very close win. The final score was Bronte 45 - Robert Lee 44. Scoring for the Longhorns were Wills 5 pts, 6 rebs; Burns 8 pts, 3 assists; Rosson 6 pts; D. Rawls 13 pts, 7 rebs, 5 assists; Richey 7 pts; and K. Rawls 6 pts, 4 steals, 6 assists.

The Longhorns then went on to play Garden City. The final score in this game was Bronte 30 - Garden City 39. Scoring for Bronte were Wills 5 pts; McConnell 2 pts; Burns 5 pts; Rosson 8 pts; D. Rawls 8 pts, 8 rebs; and Richey 2 pts.

Bronte finished 8-2 in District and are now 22-7 overall. They finished 2nd in District and advance to play Westbrook in Bi-District.

Consumer Alert: Landlords, Roommates Can Fall Prey To Counterfeit Checks

Texans who plan to get a roommate or rent out their house or apartment in the new year should beware of a new version of an old counterfeit check scam.

The U.S. Postal Inspector recently warned that some property owners are being duped by con artists using counterfeit checks. Managers of large apartment complexes and owners of a single rental property are

targeted by the scam. A landlord should not trust a prospective tenant who responds from overseas to an online advertisement, pays a deposit with a cashier's check (possibly even offering to pay several months' rent in advance), and then asks the landlord to wire back part of the money. The checks often turn out to be clever counterfeits.

People who advertise seeking roommates should be careful of this scam as well. Roommates abroad who send large deposit checks and then ask to have some funds returned to them

because of a "family emergency" or similar reason are simply trying to profit from the prospective roommate's trust.

To provide further reassurances, the scammer might even telephone the person who places the advertisement. But the result is invariably the same: They want to separate consumers from their money.

Many consumers mistakenly believe it is possible to get back their money, but the con artists behind these ploys are almost always in other countries. Even with the

assistance of international law enforcement authorities, these thieves are nearly impossible to catch because they are constantly on the move.

Landlords and roommate seekers who are contacted with one of these offers should simply say "no."

Early Voting Begins Tuesday!

Citizens of Coke County

As you know it is time again to elect a sheriff for our county.

I think it would be advisable for the voters to **check out your candidate** before you cast your vote.

In the March Primary we have incumbent Sheriff Rick Styles and his deputy Randall Jacks as our choices for the job of sheriff.

Rick Styles has been our sheriff for going on 10 years and was our deputy for 8 years before he was appointed sheriff. Sheriff Styles has stated his objective is to continue to fight against crime in our county and to help our young people make the right choices and to help anyone who needs assistance and to be a good public servant for all the citizens of Coke County.

Check Out Your Candidate

Sheriff Styles has dealt with many people over the last 17+ years, from the juvenile to the elderly and all ages in between, **throughout the entire county**. I would be willing to bet that if you were to ask anyone who Sheriff Styles has dealt with, whether he arrested them and put them in jail or just talked to them and resolved their situation, they would tell you he was professional, courteous and fair in doing his job as our sheriff.

Check Out Your Candidate

Deputy Randall Jacks was hired by Sheriff Styles on 2-1-04, so Deputy Jacks has a total of 4 years experience in Coke County. Deputy Jacks has a political flyer circulating around that states his career objective is to increase his law enforcement knowledge and education. He states that he has over 1500+ hours of training and education. One might want to ask how many hours of training and education do you need and how many more hours of training and education does he intend to acquire at the taxpayers' expense? You can spend your entire career going to various schools and still not be a good public servant.

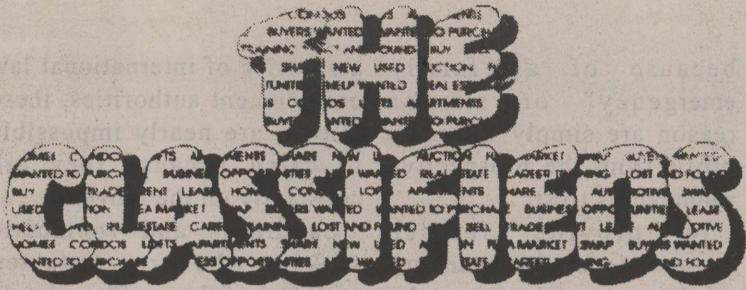
Check Out Your Candidate

Deputy Jacks also lists a number of jobs he has had and it seems to be a rather large number of jobs, such as Assistant Security Investigator for the U.S. Treasury Department and also an Assistant Police Chief (doesn't mention where). One would think the two jobs listed above out of all the others would have been pretty good jobs and I would think came with a pretty good paycheck.

It should make one wonder why did Randall Jacks apply for one of the lowest paying deputy sheriff jobs in the state of Texas?

Check Out Your Candidate

I would hope you voters would make your choice for the Sheriff's candidate upon what you know about them yourself and not from people who spread false truths. Please don't vote for someone just because of what side of the county they live on. Check out your candidate. Go ask them about your concerns, not what you hear in the coffee shop.



BUY IT! SELL IT! FIND IT!

CLASSIFIED ADVERTISING RATES

Rates when paid in advance.

- First Insertion 20c Per Word
- \$3 Minimum
- Subsequent Insertions 16c Per Word
- \$2.50 Minimum

Legal Notices: 25c Per Word

A service charge will be added to all ads which must be billed.

ADVERTISING DEADLINE
Tuesdays at 2 pm

PUBLISHER'S NOTICE:

All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention, to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18.

This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination, call HUD toll-free at 1-800-669-9777. The toll-free telephone number for the hearing impaired is 1-800-927-9275.



EQUAL HOUSING OPPORTUNITY

FOR SALE

COMPUTERS

New and Used. Repairs, upgrades, internet service. New 6.0 megapixel digital cameras \$90. New Polaroid photo printers \$25. Many new items 1/2 price! Ed Martindale, 473-3004.

22-tnc

VERY NICE 3BR/2BA

Doublewide on approximately 1 acre at 625 Summit, Robert Lee. CH/CA. Some appliances remain. \$39,900. Directions: take 208 to Robert Lee, left at 158 (flashing light), right on Sunset, follow dirt road to Summit. For more information or to schedule an appointment, call Sammie Gonzales, D&D Realtors, at 325/234-3939 anytime.

21-tnc

THE HANDYMAN CONSTRUCTION CO.

Licensed Electrician • Insured & Bondable
Any Type of Job • Turn Key Metal Buildings
If you have a job that you can't get done, call Tommy Williams!

Robert Lee, Texas

325-453-4477 • 325-453-2797 • 325-277-7370

Political Calendar

The Observer/Enterprise

has been authorized to make the following announcements for the political offices in Coke County. Each candidate or the campaign treasurer has paid for his or her announcement. All political advertising, announcements, and printing is cash in advance.

CONSTABLE PRECINCTS 1 & 3
Marshall Millican (Dem.)
COKE COUNTY SHERIFF
Rick Styles (Dem.)
Randall Jacks (Dem.)

FOR SALE

2 BR / 1BA House. 413 Highland, Robert Lee. 453-4362 or 450-3868. \$17,000.

29-3tp

FOR SALE

4 houses in Bronte. 205 and 209 S. Franklin, 501 S. Franklin, 418 SW Railroad. FMI (432) 693-2322.

29-4twp

FOR SALE

18 foot travel trailer. 1983 Wilderness. 473-4747.

30-1tc

1986 MOTOR HOME

Ford Honey Bee. Self contained. Onan generator. 473-4747.

30-1tc

FOR RENT

RENT WITH THE OPTION TO BUY

\$600/mo. Plus security deposit of \$600. Near RLHS. 508 W. 9th. Apply @ 655-9141.

27-tnc

FOR RENT

3 BR/2 Bath Brick Home in Robert Lee. \$550/month. 817-995-3507. Leave message.

29-tnc

MISCELLANEOUS

THE "BARBER" SHOP

Debora England, 107 W. Main, Bronte. Monday, Tuesday, Wednesday. 9 am - 5 pm. Avon, buy or sell, independent rep. 650-1970.

33-tnc

FREE BATH TUB
white cast iron. Also, pink bath tiles, used. 473-4747.

30-1tc

COSMETIC TATOING

Eyeliner, Eyebrows, and Lips. 325-277-9843.

29-2tc

FOUND

Edith Area. Young male rat terrier dog. Well mannered and vehicle trained. If not claimed by Saturday, will give to first caller on Sunday. 453-4661.

30-1tp

PARKER PLUMBING

Residential & Commercial. All types plumbing repair - new construction, remodeling, fixtures, and sewer service. Licensed Master Plumber. 473-2131, Bronte.

34-tnc

STUMP GRINDING

You have an unsightly tree stump in your yard? We'll grind it out without leaving a hole or a mess. Richard Baker. 473-2017 (home), (325) 669-7415 (cell).

20-tnc

WANTED

Deer Lease for 8 Responsible Hunters. This group of hunters has hunted together on the same lease for over 30 years (owner selling property). 254-744-0174.

30-4tc

HELP WANTED

HELP WANTED

Cedar Manor Nursing and Rehab Center has LVN & CNA positions open. Apply in person @ 1915 Greenwood St., San Angelo. 942-0677.

38-tnc

NURSES UNLIMITED, INC.

Nurses Unlimited, Inc. is seeking enthusiastic and outgoing attendants to assist clients in the home with personal care, meal preparation, and light housekeeping. Part-Time. E.O.E. Call 1-888-859-0642.

29-2tc

TRES AMIGOS CONVENIENCE STORES

Has openings for Cashiers/Food Service Workers in Water Valley. Apply in person.

30-2tc

GARAGE SALES

GARAGE SALE

Saturday, February 16. 9am. 221 E. 1st St., Robert Lee. Entertainment Center, welder, VCR's, twin bed, computer desk, lots of misc. No early sales!

30-1tc

Drop box is located at Hometown Hardware in Bronte

Bob Frazee's 944-0010 473-6603

Texas Best
Deflooding & Carpet Cleaning

24 hr. Emergency Water Damage Service

ASH-MILICAN-CARSON REAL ESTATE

453-5144 OFFICE • 21 E 6TH STREET • ROBERT LEE, TX
JOE ASH • 473-0164 MARSHALL MILICAN • 473-0437

For information & photos, visit our web site at
www.amcwesttexasranches.com

Coke County ~ Ranch & Hunting Properties

New Listing! 91+/- ac., Highway frontage, 2 water wells, a 36'x45' all metal barn with plumbing, nice 3 bedroom, 2 bath mobile home. 650+/- ~~land~~ **SOLD** land, 3 surface tanks, near Colorado River.

We have Buyers, We need Land Listings.

Price Reduced! On 3.7 acres, brick home with 3 bedrooms, 2 baths, fireplace, attached two car garage, 25'x40' metal shop with a 25'x40' attached shed, perfect for livestock.

Lake Spence, mobile home on large lot with huge storage/shop.
Lake Front Property, 3 BR, 2 Bath home, 1550 sq. ft., vaulted ceiling in living area, 2 car carport, on approx. 4.5 ac. with magnificent views, additional guest house.

NOTICES

NOTICE OF FILING DEADLINES

The East Coke County Hospital Board of Directors hereby gives notice of filing deadlines for the May 10, 2008 Election. Three (3) Directors will be elected for a term of two (2) years each. Candidates may file applications for inclusion on the ballot until March 10, 2008. Applications and petitions may be obtained at Bronte Health and Rehab Center during normal business hours, 9am-5pm, Monday thru Friday.

30-3tc

NOTICE OF FILING DEADLINES

The West Coke County Hospital Board of Directors hereby gives notice of filing deadlines for the May 10, 2008 Election. Three (3) Directors will be elected for a term of two (2) years each. Candidates may file applications for inclusion on the ballot between February 9, 2008 and March 10, 2008. Applications and petitions may be obtained at Robert Lee Care Center during normal business hours, 9am

-5pm, Monday thru Friday. Any questions may be addressed to Roger Alexander, Administrator.

LA NOTA DE LA CLASIFICACION LAS FECHAS TOPES

La Junta directiva Occidental del Distrito del Hospital del Condado del Coque por la presente avisa de la clasificacion las fechas topes para el mayo 10, 2008 Eleccion. Tres (3) Directores seran elegidos para un termino de dos (2) anos cada. Los candidatos pueden archivar las aplicaciones para la inclusion en la votacion entre el 9 de febrero de 2008 y el 10 de marzo de 2008. Las aplicaciones y las peticiones se pueden obtener en el Centro del Cuidado de Sotavento de Robert Lee durante horas de oficina normales, 9am - 5pm, el Lunes por el Viernes. Cualquiera pregunta puede ser dirigido a Roger Alexander, el Administrador.

29-3tc

Send your news to
CokeCoObsever
@aol.com

Land

- 160+/- acres in Nolan County! Hills, Live Oaks and Gorgeous Valley!
- 220+/- acres with Creek, Pond, Water Well & New Fences!
- 955+/- acres that owner will divide! Great hunting or homesite! Rough Creek area!

Featured Listing!



GREAT HOME IN BLACKWELL! Gorgeous landscaping, 3 outbuildings, covered deck, top-of-the-line everything! Owners built in 1998 planning for their retirement. They installed everything for convenience and ease of maintenance! Conveniently located between San Angelo, Abilene, and Sweetwater!

Homes Available!

- **Approx. 9 Acres!** 3 Bedroom 2 Bath Frame Home! CH/CA! Double Car Garage/Shop! R/V Cover! \$70's!!!
- **French Doors Lead to Patio!** 4 Bedroom 2 Bath with Formal Dining Room! Ceramic Tile & Custom Wood Blinds!
- **Extra Land with this Large Home!** 2 Living Areas! Beautiful Ceramic Tile in Kitchen & Dining! Sunroom!
- **Approx. 5 Acres!** Brick 4 Bedroom 2 Bath Home! Hardwood Floors! Large Windows with Mountainous Views!
- **Near Golf Course & Park!** Brick 3 Bedroom Home! Updates include Paint & Carpet! Fireplace in Den! \$80's!!!
- **Game Room or Possible 4th Bedroom!** 2 Living Areas! Double French Doors lead to Covered Patio! \$90's!!!
- **Hillcrest Addition!** Rock Home with 4 Bedrooms and 2 Baths! Large enclosed Patio could be second Living Area! \$70's!!!
- **Edge of Town!** 3 Bedroom 2 Bath Brick Home with updated Ceramic Tile in Entry, Living Area & Kitchen! \$50's!!!
- **Approx. 20 Acres & Almost New Rock Home!** 4 Bedroom 3 Bath! Huge Living Area with Vaulted Ceiling and Fireplace! Live Oaks!
- **Almost An Acre!** This 3 Bedroom 2 Bath Home has Updated Paint, Hardwood Floors, Ceramic Tile and Fireplace in Living Area! \$50's!!!



Concho Realty

Office 653-4535

www.conchorealty.com

Becky Clendennen Home 453-4748
Melinda McCutchen Home 473-3201
Owner/Broker Cell 650-9729 Cell 473-8863 REALTOR®

...More Classifieds

NOTICES

**ROBERT LEE
ISD NOTICE**

Candidate applications will be available for 3 places on the Robert Lee ISD Board of Trustees with 2 places each being three terms and 1 place being for a three year un-expired term with one year remaining. Applications can be picked up at the Robert Lee ISD Administration Office beginning Monday, February 11, 2008 during the hours of 8:00am -3:30pm Monday thru Friday. The deadline for filing a candidate application is Monday, March 10, 2008 at 5:00 pm. Election day will be Saturday, May 10, 2008. Requirements for filing are that you must have lived 1 year in the state and 6 months in the school district prior to filing, be at least 18 years of age, and be a registered voter at time of election.

Robert Lee ISD will need to elect three trustees. The 3 year terms of Irma Torres and Jeffie Roberts are expiring. RLISD will also need to fill a vacant 3 year un-expired term with one year remaining held by Brandi Brosh.

29-2tc

PUBLIC NOTICE

Notice is hereby given that Coke County is taking applications for the Robert Lee Park Caretaker job. Applications may be picked up in the Judge's office at the Courthouse. Applications will be taken until 9am Monday, February 18, 2008. For further information, you can contact Commissioners Gaylon Pitcock or Troy Montgomery. Coke County is an Equal Opportunity Employer.

29-2tc

**TDA Market Recap
February 11, 2008**

For the week ending February 9, 2008, feeder steer prices at Texas auctions were up \$4.31 per hundredweight from the previous week. Fed cattle prices were also higher as increased beef prices boosted packer margins. Sheep and goat prices rose as processors line up supplies for the spring holidays. Wheat prices were up sharply as demand remains good for the tight supplies, with projected carryover stocks at the lowest level in 60 years. Corn, cotton and grain sorghum prices ended the week unchanged to higher. Prices for pine sawlogs declined as a weakened housing market reduced demand. Pine pulpwood prices set a record high on strong demand for pulp and paper. As for futures markets, feeder cattle and finished cattle were lower, while cotton, corn,

wheat and lumber were higher. Little precipitation was recorded anywhere in the state, with some scattered showers in East Texas. The winter wheat crop continues to struggle because of the lack of moisture and rates in fair to very poor condition. Field preparations for spring planting are underway in many areas.

The cash prices at right are market averages for locations covered by the TDA Market News program and do not reflect any particular sale at any specific location. Feeder cattle prices are for 500-600 pound medium and large #1 steers. Sawlog and pulpwood prices are reported bimonthly by the Texas Forest Service. Futures prices are quoted for the nearest month contract on the last trading day of the week.

For additional information, contact TDA Market News at (800) 252-3407 or visit our Web site, www.tdamarketnews.com.

**Shop Smart:
Beware Of Harmful
Counterfeit Goods**

Fake goods can do more than just save you money -- they can negatively impact your family's health.

A recent investigation of counterfeit goods conducted by Consumer Reports magazine found that today's fakes are not just the usual knockoffs like bogus handbags or watches. Some unsafe counterfeits in circulation include phony oil filters, fake diabetic strips that give erratic readings and even brake pads made of kitty litter, sawdust, and dried grass.

And investigators have seized electrical power strips, extension cords, and smoke alarms with phony Underwriters Laboratories (UL) marks; toothpaste made with a chemical found in antifreeze; and cell-phone batteries that could explode.

In addition to posing potential health threats, fakes are estimated to cost

legitimate businesses up to \$250 billion in yearly sales. And while it's not against the law to buy phony goods, it's not a victimless crime.

You may expect counterfeits to be sold by vendors on city streets, but they also are marketed on the Internet, at some deep discount stores, at flea markets, salons, swap meets and college campuses.

"Goods are showing up in different outlets other than the guy on the street corner, so more people could be exposed to products that pose a danger to their health and safety," said Tod Marks, senior editor, Consumer Reports.

The easiest way to avoid counterfeits is to deal with reputable dealers authorized to sell a manufacturer's products. Consumers should be suspicious of third-party Web sites that offer deep discounts for products that are usually pricey.

Here are some tips from the experts at Consumer Reports on avoiding bogus merchandise:

* Think twice before buying at deep-discount and dollar stores, which have been sources of fake extension cords, toothpaste, and batteries.

* Avoid no-name products. A manufacturer's name and address is no guarantee of safety, but at least it lets you contact the company to try to remedy problems.

* Inspect labels and packaging. Missing or expired "use by" dates, broken or missing safety seals, misspellings, or unfamiliar or flimsy packaging for big-name brands should send up a warning flag.

* For electrical goods, look for the UL safety mark. A silver holographic seal is required on decorative lighting made worldwide and on fans, other lighting and the like made in China.

* It's especially hard to tell

whether car parts are authentic. Use a mechanic who has been reliable, or a new one that comes with a recommendation.

The full report on counterfeit goods appeared in Consumer Reports magazine and is also available online at www.ConsumerReports.org.

**Flu Vaccine,
Personal Precautions
Offer Protection**

With flu classified as widespread in the state for the last two weeks, Texas Department of State Health Services (DSHS) officials are reminding people to take precautions to reduce the risk of getting and spreading the viral illness.

According to health officials, getting a flu vaccination is one of the best ways to prevent getting and spreading the illness. Vaccination is recommended for people ages 6 months and older. Flu vaccines are available in shot and nasal spray forms.

(Continued on next page)

	----- Week Ending -----		
	02/09/2008	02/02/2008	02/10/2007
Cash Markets			
Feeder Steers (\$/cwt)	111.47	107.16	109.43
Finished Cattle (\$/cwt)	91.98	89.97	90.93
Slaughter Lambs (\$/cwt)	126.50	115.00	125.00
Slaughter Goats (\$/cwt)	136.50	125.50	130.00
Cotton (¢/lb)	63.50	62.75	50.38
Wheat (\$/bu)	10.62	9.13	4.40
Corn (\$/bu)	5.11	5.11	4.21
Grain Sorghum (\$/bu)	8.30	8.16	6.83
Oranges (\$/carton)	8.38	7.84	16.75
Pine Sawlogs (\$/ton)	36.72	38.45	42.75
Pine Pulpwood (\$/ton)	15.98	12.02	8.73
Futures Markets			
Feeder Steers (\$/cwt)	105.03	105.45	
Finished Cattle (\$/cwt)	92.20	90.23	
Cotton (¢/lb)	69.09	68.16	
Wheat (\$/bu)	11.40	9.90	
Corn (\$/bu)	5.08	5.01	
Lumber (\$/1000bd.f)	229.70	221.00	

IVEY MOTOR COMPANY, INC.

<p>2008 Mercury Grand Marquis LS #5092 \$19,595 <i>Light Ice Blue • Leather Interior</i></p> <p>2007 Ford Explorer XLT- #7084 \$19,995 <i>Pearl Blue • 3rd Row Seat</i></p> <p>2007 Ford Ranger Sport #5083B \$14,595 <i>Red Fire • Power Windows • Power Locks • V-6 • 6K Miles! • Wow!</i></p> <p>2007 Ford Taurus SEL #5091 \$13,995 <i>Light Ice Blue • 18K Miles!</i></p> <p>2006 Ford Escape XLT #7073 \$18,795 <i>Burgundy • Cloth Interior • 19K Miles!</i></p> <p>2005 Ford F-150 SuperCrew FX4 #6051 \$23,495 <i>Bright Red • Black Leather Interior • Moon roof!</i></p> <p>2005 Ford F-350 CrewCab Flatbed #6050 \$19,595 <i>White • Powerstroke • Automatic • Bruton bed</i></p> <p>2005 Ford Explorer XLT 4x4 #4986A \$14,495 <i>Silver • 3rd Row Seat • Rear Air</i></p> <p>2005 Ford Focus SE ZX4 #6028C \$ 9,495 <i>White • Charcoal Cloth • Gas Saver!</i></p> <p>2004 GMC Yukon XL SLT #6005A \$17,495 <i>Dark Gray • Charcoal Leather • DVD • VCP</i></p> <p>2004 Ford F-250 SuperCab Lariat #H211A \$13,595 <i>Charcoal Gray • V-8 • Automatic</i></p> <p>2004 Ford F-150 SuperCab XLT #7074A \$12,995 <i>Toreador Red • V-8 • Automatic</i></p>	<p>2002 Ford F-250 CrewCab Lariat #6028B \$19,595 <i>White • Tan Leather Interior • 7.3 Powerstroke • Full Warranty!</i></p> <p>2002 Ford F-150 Regular Cab XL #5088A \$ 4,795 <i>Silver • V-6 • 5 Speed • Shortbed</i></p> <p>2000 Ford F-350 CrewCab 4x4 #4987A \$12,995 <i>White • Lariat • Powerstroke</i></p> <p>2000 Ford F-250 CrewCab XLT #5081B \$11,995 <i>Arizona Beige • Tan Cloth</i></p> <p>1999 Ford Mustang #5090 \$ 5,995 <i>Bright Red • V-6 • Automatic</i></p>
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453-4561

Ask For:

Randy Flanagan • Marsha Wink

Billy Wayne Roe

...Flu Vaccine

(Continued from previous page)

Only healthy people ages 2 through 49 years who are not pregnant may receive the spray form.

DSHS health officials offer the following additional precautions:

* Wash your hands frequently with either soap and water or an alcohol-based hand sanitizer

* Cover your coughs and sneezes;

* Stay home if you're sick.

The Texas flu season typically runs October through March.

The flu vaccine, which takes about two weeks to become fully effective, can be given at any time during this period. People wanting the flu vaccine should call their health care provider, local public health department, 2-1-1 or check online at www.211Texas.org about availability.

Flu is not a reportable condition in Texas, but DSHS relies on reports from a surveillance network to classify flu activity in the state. The widespread classification applies when there are increases in flu-like illnesses and recent laboratory-confirmed flu cases in at least half of the state's regions.

Five Tips For Choosing An Engagement Ring

Before popping the question, most men realize they know little or nothing about their girlfriend's tastes in jewelry, especially when it comes to a ring she will be wearing forever.

It's no wonder then that 75 percent of all brides-to-be give their future husbands direct input on the engagement ring they want, according to industry experts.

Those potential proposers who aren't so lucky to be on the receiving end of such helpful girlfriend advice, would do well to heed these five tips from the experts at Brides.com on how to select and purchase the right engagement ring:

* Determine style: Are you and your girlfriend modern, classic or bohemian? Take a look at the style most often worn and consider the metal: is it mostly silver, platinum, yellow gold? Having a sense of style helps narrow your choices and will allow the most comfort when wearing the ring.

* Enlist family and friends: They may provide valuable insight into what she might like or dislike in an engagement ring (If she's clever she will tell them so they can drop you a hint!). If you are feeling brave, ask your girlfriend's best friend or sister to shop with you. It helps to get a good second opinion.

* Decide on a stone: Though diamond is the obvious choice, more and more brides are opting for color with a ruby

or, sapphire. Also, familiarize yourself with the different shapes -- round, square, marquis, heart, pear ... then buy the most expensive stone you can afford!

* Go to a reputable jeweler: You don't want to take chances here. Make sure they have a solid reputation and are certified by the Jewelers of America and/or trained by the Gemological Institute of America (GIA). GIA also provides diamond-grading certificates. And don't forget to get it insured.

* Think way ahead: Give yourself plenty of time to buy the ring before you pop the question. You might need to save money, or if you are buying a stone separate from the setting the jeweler will need time to set it. Any custom work or engraving takes time, too.

And when getting down to the nitty-gritty of actually choosing a diamond or other gemstone, be sure to visit the GIA's Web site at www.gia.edu to learn how to compare different stones and to be able to speak the language of diamonds with the jeweler.

For more helpful wedding planning tips visit www.brides.com.

Protecting Your Laptop Computer

Did you know that the chances of a laptop computer being stolen are one in ten? In fact, a laptop is stolen every 53 seconds and, according to the FBI, 97 percent are never recovered?

"Anyone who owns a laptop today needs to be concerned with its security. Fortunately, we can all apply a few simple guidelines to significantly decrease our vulnerability," said John Livingston, Chairman and CEO of Absolute Software, a leader in computer theft recovery.

Here are some ways you can protect your laptop and your valuable data, according to the experts at Absolute Software Corporation:

Common sense practices include using visual deterrents, keeping laptops out of sight when traveling and securing them when not in use.

Be sure to use complex passwords and change them regularly. Also essential is backing up data on a scheduled basis in case your computer is lost or damaged.

Software safeguards that you should install include anti-virus, anti-spyware, encryption and firewall programs.

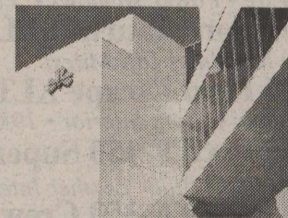
Laptop theft recovery tools, such as LoJack for Laptops, are highly effective. These solutions can locate a stolen laptop and recover the computer as well as catch the thieves.

For more helpful advice on protecting your computer, visit www.lojackforlaptops.com/tips on the Internet.



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