Serving Coke & Sterling Counties

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Vol. 119, No. 28

Friday, February 2, 2007

RLBC to host Super Bowl Service

Bowl Service on Sunday, February 4, at 5 pm in the game, and fellowship!

Coke County dance slated

The monthly dance for Coke County will be held from 6:30 pm to 9 pm Tuesday, February 6, at the Robert Lee Rec Hall. Everyone is invited to take this opportunity for some fun.

There is a break from dancing around 8 pm for a little snacking also. After the good finger foods, it will be time to get out once again on the dance floor to burn off some of those calories.

The turnouts have been fairly good, but it would be nice to have a few more pairs and/or spares to make it a really fun evening. It is a good time for a little socializing.

Robert Lee cemetery meeting set

The Hayrick Lodge Cemetery Association (Robert Lee Cemetery) will meet meetings, are encouraged to Monday, February 5, at 5:30 contact the Coke County pm in the Masonic Lodge Extension office at the Coke Building in Robert Lee.

Everyone interested in the Robert Lee Cemetery is urged to attend. For more information call 453-2957.

Red Hat Mamas meeting slated

The Red Hat Mamas will meet February 6 at 11 am at Red Barn in Bronte. See you all there.

Last Chance CEU Training Course

On Thursday, February 8, there will be 5 hours of Continuing Education Units (CEU's) for maintaining your pesticide license. The program will be held at the Texas A&M Research and Extension Center located on North Hwy. 87 in San Angelo. The program will begin at 12:30 pm with registration. You must RSVP by Wednesday, February 7 by calling the Tom Green County Extension office at 659-6522.

CEU's given will include 1

hour Integrated Pest Management, 1 hour for Robert Lee Baptist Church Laws & Regulations, 1 hour will host a church wide Super for Drift Minimization and 2 hours General.

Agenda will start at 1 pm Fellowship Hall. Bring your with Cory Pence, TDA, on favorite snack, enjoy the Laws & Regulations, followed by Billy Kniffen, CEA-Menard County, discussing Watershed Management. Following the break, Tommy Antilley, CEA-Coke County, will give information on Brush Busters Brush Management and Jim Ainsley will discuss the recent work on harvesting mesquite for biomass. Billy Warrick, Extension Agronomist, will present Drift Minimization, followed by Chris Sansome, Extension Entomologist, discussing insects on rangeland.

Additional information can be obtained from Tommy Antilley, Coke County CEA at 453-2461.

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in these County Courthouse in Robert

Coke County Relay for Life

One in three Americans will be diagnosed with cancer in their lifetime. Relay for Life represents the hope that those whose lives have been lost to cancer will never be forgotten, that those who face cancer will be supported, and that one-day cancer will be eliminated.

For now the fight against cancer goes on. There is no one I know who can say they do not know anyone who has battled cancer. Relay for Life offers a way for everyone to fight the horrible disease called cancer.

On May 11, 2007, Coke County will become part of a very special tradition as we mark the third year of The American Cancer Society's Coke County Relay for Life at the Bronte ISD track.

We will join over 4000 relay communities nationwide and around the world in



Congressional Representative! A congressional representative from Congressman Mike Conaway's office was in Robert Lee recently to visit with Coke County residents. Shown visiting in the Commissioner's Courtroom include (from left) Josie Dean, Joanne Powell -Representative, Nancy Arthur, Gene Montgomery, Stover Taylor, Roy Blair and Gaylon Pitcock.

the fight against cancer as we honor and remember those whose lives have been touched by cancer.

Relay for Life is the American Cancer Society's nationwide signature event. This annual overnight event involves teams of 10-15 people who raise money in advance through donations and fundraising to support cancer research, education programs, patient services, and advocacy.

More than 90 cents of every dollar raised goes directly to The American Cancer Society. 60 percent of all funds stay in our community to support local programs for patients such as Road to Recovery, which offers free transportation to and from doctor's appointments.

The day of the Relay, teams campout and take turns walking or running around the track while they enjoy hours of fun, food, entertainment, and camaraderie in a huge celebration of life! Inspirational moments include the Survivor's Reception and Victory Lap and the beautiful Luminaries Ceremony where candles are lit in honor and in memory of those who have fought

Each year, we rely on the support of local businesses and individual volunteers to achieve our goals. Relay for Life is a special event that

brings communities together. vention by identifying pipeyour business. For more the fight against cancer.

Relay for Life their

Public Education contractor awareness program slated

The Pipeline Group's annual "Public Education -Contractor Awareness Program" will be held at 6:30 p.m. on Tuesday, February pipelines and utilities. A free gyms. dinner will be catered by persons involved in excava- Paul Tanner, importance of accident pre- @wtxs.net.

Please consider being an line and utility rights of way, underwriting supporter of the use of one-call systems, and Coke County Relay. I look the importance of working forward to following up with with pipeline and utility companies to safely excavate in information, you can call me the vicinity of underground at (325) 473-7771. Together facilities. The Texas law we can make a difference in requiring notification to a one-call system before exca-Sincerely, vating will be discussed. Benny and Jackie Corley Sponsors will provide promo-Underwriting and tional materials; including Sponsorship Coke County notification information for companies, safety related brochures and other safety reminders.

> For more information call (800) 982-8752 or visit our web site at www.pipelinegroup.com.

RLBC to host 12 & under B'ball tourney

Robert Lee Baptist Church 13, 2007, at the San Angelo will be hosting a 12 and Convention Center, 500 Rio Under Basketball Tournament Concho Drive, in San Angelo, called the Jesus Hoopfest. It Texas. The program will be is a fundraiser to help stusponsored by a group of com- dents attend summer youth panies with a common goal of church camp. It will be held preventing accidents and on Saturday, February 24, damages to underground 2007, at the Robert Lee ISD

For more information and McGowen's Catering for all to register, please contact tion related activities in Minister, Robert Lee Coke, Concho, Crockett, Baptist Church, PO Box Irion, Menard, Reagan, 493; 22 West 11th Street, Runnels, Schleicher, Sutton, Robert Lee, TX 76945, and Tom Green counties. Office: 325-453-2724, Fax: Following the dinner, a brief 325-453-4650, www.robert safety program will be pre- lee.org, paultanner0506 sented which stresses the @wtxs.net, rlbaptist1904

THE OBSERVER/ENTERPRISE

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Death **Notices**

Allen

Cecil Thomas "Tommy" Allen, former Coke County resident, passed away at his residence in Kermit, Texas.

Graveside services were at 10 am, Wednesday, January 31, 2007, at the Robert Lee Arrangements Cemetery. were by Shaffer Funeral Home.

Survivors include his mother Vera Bethune of Mena, Arkansas; son Lonny Allen and wife Julie of Tiffin, Ohio; daughter Shona Ramos and husband Richard of San Angelo, Texas; sister Judy Williams of Robert Lee, Texas; brother Melvin Allen and wife Dixie of Waxahachie, Texas; granddaughters Macy and Zoey Allen and grandsons Richie and Robbie Ramos; aunts Lillian Stewart of Del Rio, Texas and Billie Dove Ross of Robert Lee, Texas; and numerous nieces and nephews.

FUMC Study Continues

Robert Lee United Methodist Church is continuing a study of church history. Sunday, February 4, at 6 pm, the study continues with a discussion of Reformation. All are invited to attend.

Porter to donate kidney to father

Clint and Denise Porter, long time residents of Bronte, will be traveling to San Antonio where Clint will be receiving a kidney transplant on Wednesday, February 7. His daughter, Gale Porter of Casper, Wyoming, will be giving one of her kidneys to her dad. Anyone wishing to help with expenses may donate to Clint and Denise through the First National Bank in Bronte.

CASA seeks volunteers

The Children's Advocacy Center of Tom Green County is seeking quality volunteers. The next training session will be Tuesday, February 6, 2007. The qualifications for volunteers include: must have a heart for children,

want to make an impact in the community, be at least 21 years of age, willing to make a one year commitment, commit to 30 hours of training, and submit to a background check. For more information call 653-HOPE or go www.cactomgreen.org print an application.

Small Business Seminar slated

University Texas/Permian Basin in Odessa includes a Small Business Development Center which has announced two special business seminars to be held over the next few weeks. On February 7, 2007, starting at 6 pm at the CEED building, the UTPB Small Business Development Center will host a seminar directed at understanding financial statements for your business. The two-hour seminar will present an overview of the financial statements a small business will have to become familiar with, will highlight the importance and priorities of them, and will help in their understanding and preparation. Fear of the accounting processes runs just behind public speaking for many people. This seminar will take some of the mystique

On February 19, another SBDC seminar with a guest speaker from the regional office in Lubbock titled "Doing Business with Government." The seminar will cover the following top-

State Purchasing Methods, Vendor Registration, Small Business Programs, Finding Bid Opportunities and Marketing to State Agencies. Again, this two hour seminar will start at 6 pm at the CEED Building.

Registration is important as a minimum number is needed to make the seminars viable. There is no charge for attendance and registration is handled by calling UTPB's Small Business Development Center at 432-552-2455 or online at www.utpbsbdc.org. Follow the workshops link and location and driving directions will also be available.

Midessa Boat, RV, Sport & Gun Show slated

The 25th Anniversary of the Midessa Boat, RV, Sport & Gun Show will be held at the Ector County Coliseum Complex, Odessa, TX, February 8-11, 2007. To celebrate the 25th Anniversary, everyone who buys a ticket will be eligible for cash giveaways. \$200 on Friday, \$300 on Saturday and \$500 on Sunday will be given away. Those attending can also sign up to win a free guided fishing trip and to check the many booth spaces for free prizes.

Also, see the Royal White Tigers at the show. The "Royal White Tiger Discovery" program is a special designed, hands-on, interactive conservation education program whose goal is to promote and excite people to the many conservation issues involving the last five remaining species of tigers in the wild. Currently there are only about 40 Royal White Tigers on exhibit in zoos throughout the United States, and less than 400 in the world, and none left in the wild. We are proud to be able to bring and share these magnificent adult Royal White Tigers to the general public.

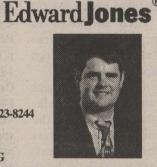
Small business loans available

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accessing affordable or rea- Coke, Concho, Crockett, Irion, sonable financing for busi- Kimble, Mason, McCulloch, ness start-up of business Menard, Reagan, Schleicher, expansion resulting in job Sterling and Sutton counties. The Regional The revolving characteristic Economic Development allows for continuous loan Council recognized that repayments by borrowers "gap" in financing for small, that serve as a long term emerging private business loan source for start-up and enterprise increases employ- expanding business in the ment when new business or future. Loan criteria and an business expansion creates or application form from the Rural Business Revolving The U.S. Department of Loan Fund may be obtained Agriculture supports the from the Concho Valley Regional Council's plans to Workforce Development Board increase employment by at 36 E. Twohig, Suite 810, awarding \$68,600 in grant San Angelo, Tx 76903; (325) or Business Revolving Loan www.cvworkforce.org or the Fund. An award presentation Angelo State University Small by the U.S. Economic Business Development Center Development and Business at 2222 Dena Drive, Room Support meeting is set for the 201, San Angelo, Tx 76909, Ed Davenport Civic Center in (325)942-2098. Angelo State Brady at 12:30 p.m. on University SMDC is available February 15, 2007. The to assist businesses in complet-Regional Economic ing their application packet Development Council con- and applications are reviewed sists of representatives from by a Loan Committee on a

For more information, conties, chambers of commerce, tact Mary Kay Kuss at the industrial foundations and Concho Valley Workforce businesses from the 13- Development Board or Dave Erickson at Angelo State The initial investment for University SMDC or your the Rural Business Revolving local economic development

Area Churches

Invite You to Worship

Bronte Church of Christ PO Box 346 • 118 S. Jefferson Bronte (325) 473-3291 Preacher John V. Driggers Sun. 10 am & 6 pm, Wed. 7 pm Sun. 10 am, Sunday School Central Baptist Church 324 S. Franklin • Bronte (325) 473-4811 Sun. 10 am Sunday School 11 am & 6 pm Worship Wed. 6 pm **Emmanuel Pentecostal** PO Box 683 • 1019 Colorado City Hwy

Robert Lee (325) 453-2360 Rev. Ray Aldridge, Pastor Sun. 10 am & 6 pm, Wed. 7 pm **First Baptist Church** 424 S. Washington • Bronte (325) 473-2331 Bro. Morris Johnson, Pastor Sunday 9:45 am Sunday School, 10:55 am Worship, 6 pm Youth and Worship Wednesday 7 pm Prayer Meeting

First United Methodist Church Corner of Washington & Holmes Bronte (325) 473-3281 Rev. David Bailey, Pastor

Sun. 10:00 am Sunday School

11:00 am Worship 5:00 Youth First United Methodist Church PO Box 144 •9th & Chadbourne Robert Lee (325) 453-2417

Rev. Steve Rowe, Pastor Sun. 10 am Sunday School 11 am Worship Wed. 7 pm Choir Iglesia Bautista Bethel 101 Houston • Robert Lee (325) 453-5003 • 453-2296 Pastor: Basilio Esquivel Sun. 9:45, 11:00, & 11:30 am

& 6 pm, Wednesday 7 pm

Southside Church of Christ PO Box 698 •8th & Houston Robert Lee (325) 453-2176 Frank J. Daniels, Preacher

11 am & 6 pm, Worship Wed. 7 pm, Worship **Northside Church of Christ** PO Box 388 •9th & Chadbourne Robert Lee

(325) 655-9784 or 453-2685 Portis Ribble, Minister Services: Sun. 10 am & 1:30 pm; Wed. 6 pm

Our Lady of Guadalupe Catholic Church 601 W. 10th, Robert Lee (325) 365-2687 Rev. Hubert Wade, Jr., Pastor Sat. 6 pm **Pecan Baptist** PO Box 542 • 12 miles West of Robert Lee on Sterling City Hwy • (325) 453-2004 Rev. Richard Easterling, Pastor Sun. 10 am, Sunday School

11 am & 7 pm, Worship

Robert Lee Baptist Church PO Box 493 •22 W. 11th (325) 453-2724 Jason Martin, Pastor Sun. 9:45 am, Sunday School 11 am & 6 pm, Worship Wed. 7 pm, Prayer Meeting

Tennyson Baptist Church Hwy 277 • Tennyson Joe Hodges, Pastor (325) 473-2040

Sun. 9:45 am, Sunday School 11:00 am & 6 pm, Worship Wed. 6:00 pm Prayer Meeting Victory Assembly of God PO Box 638 • 6th & Houston Robert Lee (325) 453-2208 Rev. Irving Smith, Pastor Sun. 9:45 am, Sunday School 10:45 am & 6 pm, Worship Wed. 7 pm, Prayer Meeting

St. James Catholic Church 215 N. Washington, Bronte (325) 365-2687 Rev. Hubert Wade, Jr., Pastor Sun. 5 pm

Parker named director for Bronte Senior Citizen's Center

Darla Parker is the new Director of Bronte's Senior Citizen's Center. Darla is excited with her new position and is looking forward to meeting all of Bronte's Seniors and getting their input/advice for activities to benefit our Center.

Stop by and meet Darla, visit with her about some of the ideas she has for this

A Valentine's Pot-Luck mixer is planned for February 13 at the center from 5 pm to 7 pm. Whip up your favorite covered dish and come join the fun.

Hope to see you soon. If you have any questions/ideas, you can reach Darla at (325) 513-5789.

Senior Day 2007 at the Capitol

Senior Day 2007 at the Capitol is set for Tuesday, February 13, 2007 at 10:30 am on the South Lawn of the State Capitol in Austin, Texas.

Senior Day 2007 at the Capitol theme is "Seniors: The Heart of Texas," which will focus on seniors past and present contributions to the state, as well as those yet to come.

There is a \$30.00 (nonrefundable) charge for this trip, which includes a round trip ticket on chartered vans, continental breakfast, your lunch, a visit to the Bob Bullock Museum, and snacks.

For more information on Senior Day 2007 please contact Rosie Quintela or Dale Mertz with the Area Agency on Aging of the Concho Valley at 325-223-5704 or 1-877-944-9666 by February 2,

Check Out Coke County Library

The Coke County Library Guide to Texas' Local Legends and Best Kept Secrets by Wesley Treat, Heather Shade, and Rob Riggs.

Chapters include Ancient Myteries, Unexplained Phenomena, Bizarre Beasts, Cemetery Safari and Abandoned in Texas. One of the stories is about a ghost cow that appears on Farm Road 511 near Brownsville. The appearance of a ghost cow on dark curves has caused wrecks and has happened enough times that it is no longer a humorous tale to law enforcement. Another ghostly road is called Demon's Road near Houston where a faceless creature appears to drivers just before dusk.



First place! Dawson Brisbin is pictured with Pete and Deone Roe, who purchased his first place lamb at the 2007 Coke County Junior Livestock Show Premium Sale. Also pictured is Dawson's grandfather, Bob Ragsdale.

Hoss Cartright (Dan Blocker) is memorialized in O'Donnel in a small museum 8-12; Wednesdays, 8-4; that is not often open. An Thursdays, 1-5 and Fridays, abandoned grocery store across the street still bears the name Blocker's Grocery.

The story of Old Rip the horned toad in Eastland gets better through Bette Armstrong's horned toad costume which she wears in all the parades in the area. She also has a store full of horn toad replicas.

Strange lights appear in other parts of Texas besides Marfa. Anson has a light which appears to drivers who blink their lights at night three times on a road outside town. A ghost light will appear to be coming down the road toward the car. The story goes that a mother sent her three boys out to do chores one night. They were to flash their lanterns three times if there was trouble. The boys didn't come home has added a book titled one night and when the Weird Texas: Your Travel mother went out to find them, they had been killed. The mother looks for the killer still. Near Enchanted Rock there is a ghost light called the Six Mile Light, which appears at night. It is on the same latitude as the Marfa Lights and may come from the same energy source as the Marfa lights.

> Weird Texas is a part of the many Texas and regional lit

erature at the Library.

Library hours are Tuesdays, 8-12.

State-Fish Art Contest calls for entries

Texas students in grades 4 through 12 are invited to enter the ninth annual Wildlife Forever State-Fish Art Contest.

Contestants must create an illustration of an officially recognized state fish and write a one-page composition about its behavior, habitat and conservation. One Texas winner will be selected from each of three grade levels: 4-6, 7-9 and 10-12. Those winners will then compete at the national level for best of show and art of conservation stamp honors. Deadline for entries is March 31, 2007.

Texas entries are judged at the Texas Freshwater Fisheries Center in Athens. For details on the contest and how to enter, go to http://www.tpwd.state.tx.us/fishart.

The Texas Freshwater Fisheries Center is a facility of the Texas Parks and Wildlife Department that incorporates a visitor center, educational programming and a production fish hatchery. It is located 75 miles southeast of Dallas and is open Tuesday through Sunday. For more information call (903) 676-2277 or visit http://www.tpwd.state.tx.us/tffc.

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Beer

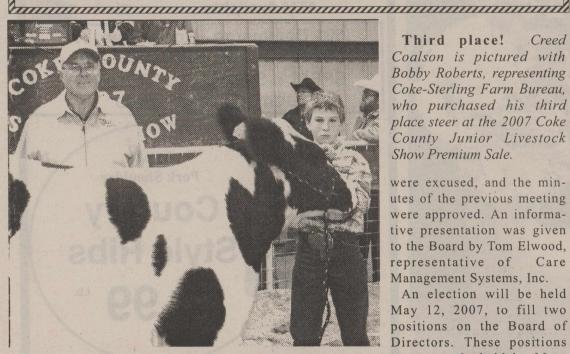


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Attention Parents of BHS Seniors

On Wednesday February 7, from 6 pm - 8 pm, the Bronte High School computer lab will be opened for parents wanting to submit their students' Federal Aid forms online. Mrs. Hoyt, Bronte School Counselor, will be available to provide assistance if needed. If you have any questions please call Mrs. Hoyt at (325) 473-2521 ext. 119 or by email at micah.hoyt@bronteisd.net.



Breakfast Monday, February 5

Cereal, sliced peaches, toast, jelly, milk

Tuesday, February 6 Sausage roll, assorted

juice, milk

Wednesday, February 7 Scrambled eggs, assorted

juice, toast, jelly, milk Thursday, February 8

Pancake and sausage on a stick, milk

Friday, February 9

Peanut butter and jelly sandwich, assorted juice, milk

Lunch Monday, February 5

Chicken nuggets, gravy, creamed potatoes, green beans, assorted fruit, roll, brownies, milk

Tuesday, February 6

Soft taco with cheese, Spanish rice, refried beans, fruit cup, flour tortilla, milk Wednesday, February 7

Grilled cheese sandwich, beef & vegetable soup, broccoli w/ranch, strawberries and banana, corn bread, milk

Thursday, February 8

Spaghetti, tossed salad, corn, sliced peaches, bread sticks, milk

Friday, February 9

Chick-fil-lay sandwich, tator tots, tossed salad, baked beans, bun, sugar cookie, milk

Longhorn basketball results

The Bronte Longhorns defeated Garden City by a score of 43-27. Stats: Logan Rawls 12 pts., 8 rebounds, 5 assists; Eric Hendrickson 12 pts.; Albert Force 15 pts., 7 rebounds; Jonathan Marrs 2 pts.; and Brett Wills 2 pts.

The Longhorns defeated Water Valley by a score of 47-24. Stats: Logan Rawls 13 pts., 7 rebounds, 4 assists, 3 steals; Albert Force 12 pts., 5 assists; Philip Rawlings 4 pts., 4 assists; Jonathan Marrs 2 pts.; Johnathan Ehl 4 pts.; and Brett Wills 6 pts., 5 rebounds.

Longhorns JV basketball results

On January 18, Bronte JV defeated Robert Lee by a score of 43-28. Scoring: Sam Rawlings 14; Reece Springer 8; Audi Miller 2; Ty Mackey 6; Rob Rosson 11; and Jason Horton 2.

On January 23, the Bronte JV defeated Garden City by a score of 55-12. Scoring: Kolton Pena 3; Sam Rawlings 4; Reece Springer 14; Ernesto Casillas 3; Audi Miller 7; Mathew Halfacre 2; Jacob Scott 2; Rob Rosson 16; and Jason Horton 4.

On January 26, the Bronte JV defeated Water Valley by a score of 38-20. Scoring: Sam Rawlings 6; Reece Springer 6; Ernesto Casillas 2; Rob Rosson 20; Jose Perez 1; and Jason Horton 3.

West Coke County Hospital District Meeting

by Pat Stephens The West Coke County Hospital District Board of Directors met in regular session on Monday, January 29, 2007 at 9:30 at the Robert Lee Care Center. Members present were Mary Bessent, Mike Lomas, Marilyn White, Dessie Kendall and Pat Stephens. Others present were Cy Jenkins, Administrator, who led the invocation, and Jan Magness, Human Resources.

Absent board members

Creed Third place! Coalson is pictured with Bobby Roberts, representing Coke-Sterling Farm Bureau, who purchased his third place steer at the 2007 Coke County Junior Livestock Show Premium Sale.

were excused, and the minutes of the previous meeting were approved. An informative presentation was given to the Board by Tom Elwood, representative of Care Management Systems, Inc.

An election will be held May 12, 2007, to fill two positions on the Board of Directors. These positions are currently held by Mary Bessent and Dessie Kendall. Forms may be picked up at the Care Center, and must be returned no later than May 11, 2007, at 5 pm.

The Board passed a motion that bank resolution papers must be signed by the President of the Board, or the administrator of the Care Center. The board policy book was discussed, and new policies were voted on to take effect immediately.

The financial report was discussed and accepted. A motion concerning selected signatures on checks was passed. Jan Magness gave an update on Worker's Comp, and Indigent Health Care by means of a well-prepared spreadsheet. The board also voted to immediately implement an update presented by Cy Jenkins on the Facility Vehicle Use Policy.

George Eubanks, Director of Maintainance, presented information and bids concerning water heaters in Dietary which were not reaching an adequate temperature to properly sanitize. The Board voted to replace the water heaters, and move them from the roof to a more accessible location nearer the

Copies of the yearly audit eport and recommendations were made available to the Board.

Cy Jenkins shared a report concerning the administrator's responsibility and requirements for regulations which must be met in order for the Care Center to be compliant with State laws governing the facility. Cy also informed the Board there will be a clinic Saturday, February 3, to train staff for IV certification. Teresa Lewis, Director of Nurses, gave her report to the board concerning quality care of the patients in the facility.

The Board went into Executive Session at 4:20 to discuss personnel matters, and returned to regular session at 4:55. Future agenda items were discussed, and the next meeting will be Monday, February 26, at 9:30 am at the Care Center. The meeting was adjourned at 5 pm:

Texas "Teacher of the Year" award nominations open

Nominations for the Texas 2006-2007 "Teacher of the Year" award are being accepted through March 1, 2007. The announcement came from the award sponsor, Teachers' Insurance Plan, a car insurance program exclusively for members of the educational community.

The award will include \$1,000 to the winning teacher and a \$500 grant to that teacher's school. The state winner will also be eligible for the National Award that includes a special recognition and a \$2,500 travel certificate.

Last year's state winner was Elizabeth Charbonnet, a 4th grade teacher at Lakeway Elementary School in Lakeway.

Teachers, students and parents can nominate any of the state's more than 315,000 accredited teachers. Nomination forms are available online at www.teachers.com/toty.

To nominate an educator, or yourself, explain in 250 words or less why this teacher should be the Teacher of the Year. Nominees will be judged on their ability to motivate students, their special talents, and their contribution to their school, students or educational community. Winners will be announced at the start of the next school year. Teachers' Insurance Plan is underwritten by licensed members of the Response Insurance Group of Companies, as authorized by law.

Some undergraduates are 24 or older

College students have traditionally been young adults having their first experiences of life away from home. But that traditional view may not reflect the current situation, as many adults choose to go back to school to improve their earning prospects.

In Texas, 43 percent of undergraduates are age 24 or older, slightly more than in the U.S. as a whole. Undergraduates age 24 and older are split fairly evenly between the 24-to-29-yearold age group and the 30and-older age group. In the U.S., older undergraduates

are somewhat more common.

Many people are unaware that federal student aid programs do not discriminate based on age. Non-traditional students, therefore, are just as eligible for federal student aid as their peers.

For tips on how to establish high expectations for students as early as middle school, and for assistance in planning for higher education academically and financially, visit www.AIE.org. TG provides this web site as a public service to help all families and students achieve their educational and career dreams.

How Can I Tell If My Child Has A Learning Disability?

Experts are usually cautious about labeling a child as "learning disabled." Parents should be, too.

"You have reason to be concerned about a learning disability when a child is at least two years below grade level in a specific academic subject such as reading or math, and performing near, at or above grade level in other subjects," said John Laurence Miller, a learning and education specialist and author of "Mind Magic."

"Keep in mind there are many other causes of problems in school. The solution to what seems like a learning problem can sometimes be as simple as a prescription for reading glasses," he added.

Even among children diagnosed as "learning disabled," a very small minority (probably less than one percent) have a problem with their brains that actually keeps them from learning a particular subject, Miller stresses.

More often, they have trouble with some underlying skill, such as keeping the order of events straight or staying focused on a task for a long time. That difficulty makes school hard for them.

The good news is that it is usually possible to help children build up the necessary skill or find a way of working around it. In the end, this should allow children to be as successful academically as their peers, even though the way they learn may be a little different.

Concerned parents should speak with their child's school psychiatrist or adviser. For more information about intelligence and learning, visit www.power-your-mind.com.

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stick" blood samples from

newborns for 26 disorders,

with a 27th to be added early

next year. Previously, new-

borns were screened for

"We are pleased to

announce that the Newborn

Screening Program expansion

has begun and is now giving

important clinical informa-

tion to health care providers

and families," said Dr.

Charles Bell, DSHS Acting

Commissioner. "Early detec-

tion of these disorders allows

early treatment that can pre-

vent serious complications

such as growth problems,

developmental delays, deaf-

ness or blindness, mental

retardation, seizures or early

are required to have two

rounds of screening tests for

certain inheritable and other

disorders. The Newborn

Screening Program identifies

those infants who have an

abnormal screen at birth or

shortly afterward. An abnor-

mal laboratory result triggers

care provider to take appro-

2005, mandated that DSHS

screen for additional disor-

ders recommended by the

American College of Medical

Genetics as funding allows.

DSHS receives about

priate action.

All babies born in Texas

death."

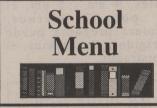
seven conditions.

Junior Class to sell Krispy Kremes

The Robert Lee High School Junior Class will be selling Krispy Kreme doughnuts, Tuesday, February 6, at the Robert Lee vs. Bronte basketball games, which will be held at the Robert Lee ISD gym. For more information, contract any member of the junior class or call Cynthia Dillard at 453-4555.

Expanded newborn screening

The Texas Department of State Health Services (DSHS) is now testing "heel



Breakfast

Monday, February 5

Juice, pigs in blanket, cereal,

Tuesday, February 6 Juice, cinnamon roll, cereal,

Wednesday, February 7

Juice, pancake & sausage on

stick, cereal, milk

Thursday, February 8 Juice, pop tart, cereal, milk Friday, February 9

Juice, sausage & biscuit, cereal, milk

Lunch Monday, February 5

Chicken O's, potatoes, black eyed peas, bread, applesauce, graham crackers, milk

Tuesday, February 6 Pizza, salad, corn, breadsticks

w/sauce, orange, milk Wednesday, February 7

Oven fried chicken, mac & cheese, green beans, bread, pears, milk

Thursday, February 8

Frito pie, salad, chili beans, apricots, chocolate pudding,

Mark Wright, representing Wildcat Taxidermy & Outfitting, who purchased his second place Crossbred pig at the 2007 Coke County Junior Livestock Show Premium Sale. 760,000 newborn specimens annually.

Second Place! Taylor

Percifull (1) is pictured with

Babies continue to receive hearing screenings as well.

Information about the DSHS Newborn Screening Program and the disorders covered are available online at www.dshs.state.tx.us/newb orn/default.shtm.

How to eat healthy year-round

With holidays, vacations, and family celebrations seemingly upon us all year long, eating healthfully can sometimes be a challenge.

Eating right, even while on vacation, is a key step to staying healthy, looking great and most importantly, keeping ailments like diabetes in

Here are some tips from The National Diabetes Education Program for anyone interested in eating healthful meals while still enjoying the foods that every season has to offer.

At a buffet, start by scanning the table to see what is available. Fill up your plate with mostly vegetables and whole grains. If there are meat dishes, limit your portion to about the size and thickness of a deck of cards.

Choose lean meats, poultry or fish instead of high fat meats such as barbecued ribs. Choose grilled chicken (remove the skin) instead of something fried.

Look for high-fiber foods, such as dried beans and peas, lentils and dark green vegetables such as broccoli, cabbage, spinach and kale.

Dishes with green beans, three-beans, black beans and black-eyed peas are always good choices, as are whole follow-up and case manage- grain foods such as brown ment to contact the health rice, couscous, whole wheat bread and pasta.

Watch out for fatty foods. House Bill 790, passed by Avoid dishes with a lot of the Texas Legislature in mayonnaise, sour cream and butter. Choose veggies that are light on dressing and cheese. For fun, try making your own dressing with a little olive oil and vinegar.

If you make a sandwich,

use whole wheat bread with mustard or salsa instead of mayonnaise.

The Observer/Enterprise Friday, February 2, 2007 Page 5

Try to drink water, unsweetened tea, or diet soda with your meal. If you choose to drink alcoholic beverages, drink only with a meal and do not drink more than one (for women) or two (for men) per day.

Don't forget dessert!

Dessert is a great opportunity to get in some of your daily fruit intake. Everyone including people with diabetes - needs three to four servings of fruit a day. Fruit is an excellent source of fiber, vitamins and minerals, and has zero fat.

Those pies and cookies taste good, but have a lot of fat and cholesterol and not much nutrition. So, if you can't resist, have a small serving.

Focus on feeling better, eating healthy, and controlling any medical conditions, such as diabetes, for life. For more tips and free materials on diabetes control, visit the National Diabetes Education Program online www.ndep.nih.gov, or call (800) 438-5383.

Phone tax refund available

If you own a regular telephone or cell phone, you're probably eligible for a tax refund from the federal government, thanks to the elimination of a tax on long distance phone calls and an order to repay much of this money to phone owners.

You don't even have to file a tax return to get your money, as this refund is due to all eligible phone owners, whether they file annual taxes or not - a category that includes many seniors and students.

If you or your business had long distance or bundled service between February 28, 2003 and August 1, 2006, you're owed the refund. Plain and simple.

Known as the Telephone Excise Tax Refund, this onetime payment is being offered to refund a portion of the federal excise tax on long-distance calls, which originally began almost 110 years ago to help pay for the Spanish-American War.

"As far as I know, the Spanish-American War is over and phones no longer should be taxed as luxury items for Americans," said Marc Rubin, President of the New York-based accounting firm, Marglo Associates.

Individuals can claim a standard refund of \$30 to \$60, depending on their marital status and household size, or they can apply for an actual refund based on the amount they actually paid on their home phone and cell phone bills over the 41 months covered by the new credit.

"It makes sense to add up the amount you paid over the years and take the actual refund rather than the standard ones offered by the IRS, as this could mean more money coming back to your pocket," said Rubin.

And remember to take into account your home telephone lines, as well as any cell phones your family owns, he stresses. They all probably were subject to the federal excise tax on long distance calls, with taxes originally computed based on the distance and time of each long distance call.

For more information on the refund, visit www.marglo.com or the IRS Web site at www.IRS.gov, where you can also download the appropriate

The IRS anticipates having to refund as much as \$10 billion to Americans who file for their refunds.

Of course, we all may be in trouble if the government decides to renew hostilities with Spain.

Send your news in through the internet.

Email: CokeCoObserver @aol.com

Please send articles in the body of the email and photos as a ipeg attachment.

DARYL'S BODY SHOP

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453-2980

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> Legal Notices: 25¢ Per Word

A service charge will be added to all ads which must be billed.

ADVERTISING DEADLINE Tuesdays at 2 pm

PUBLISHER'S NOTICE:

All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention, to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18.

This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination, call HUD tollfree at 1-800-669-9777. The toll-free telephone number for the hearing impaired is 1-800-927-9275.



FOR SALE

COMPUTERS

New and Used. Repairs, upgrades, internet service. Ed Martindale, 473-3004.

22-tnc

FOR SALE ONLY in Bronte. 3 properties. 205 S.

Franklin, 209 S. Franklin, 418 SW Railroad. Call 432-693-2322 or 432-557-0418.

FOR SALE

Sleeper sofa, 2 recliners, full size brass bed, 3 hanging chain lamps, microwave, microwave stand, large TV. All in excellent condition. For information call 453-2198 and ask for Joyce.

28-1twp

HANDYMAN CONSTRUCTION

LICENSED ELECTRICIAN • INSURED & BONDABLE ANY TYPE OF JOB

TOMMY WILLIAMS ROBERT LEE, TX 325-453-4477 MOBILE: 325-277-7370

FOR RENT

FOR LEASE

Large shop with office & restroom on over 350' of Hwy 277 frontage in Bronte. Call 325/672-0204. \$500/ month.

27-tnc HOUSE FOR RENT in Robert Lee. Ray Aldridge, 453-2360.

26-tnc

MISCELLANEOUS

THE "BARBER" SHOP Debora England, 107 W. Main, Bronte. 650-1970. Monday, Tuesday, Wednesday. 9 am - 5 pm.

33-tnc TREES TOPPED trimmed, or removed. Call 473-8712 or 453-9902 after 5:00. <u>07-tnc</u>

CEMETERY MAINTENANCE

Plot maintenance or repairs. Call 473-8712 or 453-9902 after 5:00.

07-tnc

WARNING!!

The air in your home or office could be making you sick! Doesn't it make sense to breathe the cleanest air possible? Ask about free in-home trial. For more information, call (325) 453-2768 or 1-888-553-2768.

28-tnc COW PASTURAGE WANTED

Will pay by month, head or acre or will trade for dozer work. 817-350-4816.

PARKER PLUMBING Residential & Commercial. All types plumbing repair new construction, remodeling, fixtures, and sewer service. Licensed Master Plumber. 473-2131, Bronte

STUMP GRINDING You have an unsightly tree stump in your yard? We'll grind it out without leaving a hole or a mess. Richard Baker. 473-2017 (home), (325) 669-7415 (cell).

> To advertise, call 453-2433!

20-tnc



24 hr. Emergency **Water Damage Service**

HANDYMAN SERVICES

Flat Repair • Vehicle Service • Equipment Rental

402 Commerce • Robert Lee 325/453-2797 • 453-4477 FAX 453-4690

HELP WANTED

COKE COUNTY WATER SUPPLY

is accepting applications for manager operator until noon on February 12th. Valid drivers license, HS diploma, GED equivalent required. Water license preferred but will train. Must furnish own transportation and tools. Salary DOE. Pick up application at office. Office open Monday-Friday 8 am-noon. Phone 453-2078.

28-2tc

NOTICES

NOTICE TO ALL PERSONS HAVING **CLAIMS AGAINST THE** ESTATE OF LORETTA MAY RUBOTTOM, **DECEASED**

Notice is hereby given that original Letters Testamentary for the Estate of LORETTA MAY RUBOTTOM were issued on January 22, 2007, in Cause No. 06-1688 pending in the County Court of Coke County, Texas to: JOYCE WAGGONNER

The residence of such Executrix is Coke County, The mailing Texas: address for the Executrix

JOYCE WAGGONNER C/O NANCY FIREBAUGH ARTHUR

Attorney-at-Law P.O. Box 970 Robert Lee, TX 76945 325/453-2576

FAX: 325/453-2577 All persons having claims against this Estate which is currently being administered are required to present them within the time and in the manner prescribed by law. DATED January 22, 2007

NANCY FIREBAUGH ARTHUR Attorney for the Estate 28-1tc

PUBLIC NOTICE TO LANCE D. EVANS

Pursuant to the provisions of Chapter 29 of the Texas Property Code, William L. Archer, Sr. and Nita Allen Archer of 1915 Austin Street, San Angelo, Texas, seek reimbursement of the prorata share of a total of \$6,532.00 paid on ad valorem taxes on the property from Lance D. Evans who owns an undivided 1/108th of the following real property,

Coke County

Land

For information & photos, visit our web site at

453-5144 OFFICE • 5 E 6TH STREET • ROBERT LEE, TX MARSHALL MILLICAN • 473-0437

ASH-MILLICAN-CARSON REAL ESTATE

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Coke County ~ Ranch & Hunting Properties

761+/- ac., rolling cedar hills with deep draws and headers, seasonal live water creek, two water wells, pavement access, scenic views 650+/- ac., all pasture land, 3 surface tanks, near Colorado River. 314+/- ac., all pasture land, 2 water wells, barn & pens. 164+/- ac., 25 ac. cultivation, rural water, 1 water well, seasonal creek, nice home, 40x80 barn, mountainous views. 160+/- ac., All past SOLD ater, hilltop view of Lake Spence.

We have Buyers, We need Land Listings.

Lake Front Property, 3 BR, 2 Bath home, 1550 sq. ft., vaulted ceiling in living area, 2 car carport, on apprx. 4.5 ac. with magnificent views, additional guest house.

together with a remainder interest in an additional undivided 1/216th interest. The subject property is described as 709.67 acres in Coke County, Texas, described by metes and bounds in deed recorded in Vol. 160, Page 587, Coke County Deed Records, Texas, and being 116.3 acres out of Survey No. 9, Abst. 642, 63 acres out of Survey No. 7-1/2, Abst. 898, all of J.F. Conner Survey, Abst. 835, all of D.L. Conner Survey No. 4, Abst. 1015, all of Survey No. 1, Abst. 1291 and 229 acres out of Survey No. 7, Abst. 647, Save 17.83 acres conveyed to CRMWD. Greg Gossett, Attorney P.O. Drawer 911 San Angelo, Texas 76902

26-4tc ROBERT LEE

ISD NOTICE Candidate applications will be available for 2 places on the Robert Lee ISD Board of Trustees for three year terms. Applications can be picked up at the Robert Lee ISD Administration Office beginning Monday, February 12, 2007 during the hours of 8:00-3:30 Monday through Friday. The deadline for filing a candidate application is Monday, March 12, 2007 at 5:00 pm. Election day will be Saturday, May 12, 2007. Requirements for filing are that you must have lived 1 year in the state and 6 months in the school district prior to filing, be at least 18 years age, and be registered voter at time of election.

Robert Lee ISD will need to elect two trustees. The 3 year terms of Kevin Roe and Tod Reed are

expiring.

• Formal Dining Room! Under Contract near School with Guest House! \$30's!

• Watch the Deer & Wildlife on these 10 Acres with Large Older Home! Barn!

· Hillcrest Location! 2 Bedroom Home with 2 Living Areas! Fireplace! \$40's!

• Possible Owner Finance! L Under Contract obile home with Shop!
• Cozy Cabin! 2 Bedroom! Jacuzzi tub! CH/CA! Garage! Chain link fenced! \$40's!

• Large 4 Bedroom Home with Office or 5th Bedroom! Situated on 1+ Acres!

• Huge Shop! 3 B Under Contract rick Home! Horse Pens! Aprox. 2 Acres!
• New Listing! 3 Bedroom Home with Vinyl Siding! CH/CA! Carport! \$19,900!

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• 6 Acres with Large Home w/pool! Live Oak Trees & Creek! Large Shop!

• Approx 27 Acres! SOLD on Kickapoo Creek! Pens & Sheds!
• Hot Tub On Patio! 3 Bedroom Brick Home! 2 Living Areas! Horse Pens!

• Possible Carpet Allowance Under Contract Bath Brick Home! . • Beautiful Neighborhood! 3 Bedroom Brick Home! Garage! \$50's!

· 2 Bedroom Cottage! Fireplace! High Ceilings! Apartment! \$40's!

• 300+/- Ac. w/trees, live water, and all varieties of wildlife!

Becky

Clendennen

Owner/Broker

Home 453-4748

Cell 650-9729

• 300+/- Ac. w/cabin, brush, barn & pens, possible owner finance!

• Owner May Finance! Custom 2 Story Home on Lake Spence!

• Investor Special! 2 Houses priced in the 20's!

· 220+/- Ac. w/good well & new fences!

NOTICE OF FILING DEADLINES

The West Coke County Hospital Board of Directors hereby gives notice of filing deadlines for the May 12, 2007 Election. Two (2) Directors will be elected for a term of two (2) years each. Candidates may applications for inclusion on the ballot between February 10, 2007, and March 12 2007. Applications and petitions may be obtained at Robert Lee Care Center during normal business hours, 9 am - 5 pm, Monday through Friday. questions may be addressed Jenkins, Су Administrator.

LA NOTA DE LA CLASIFICACION LAS FECHAS TOPES

Junta directiva Occidental del Distrito del Hospital del Condado del Coque por la presente avisa de la clasificacion las fechas topes para el mayo 12, 2007 Eleccion. Dos Directores seran elegidos para un termino de dos (2) anos cada. Los candidatos pueden archivar las aplicaciones para inclusion en la votacion entre el 10 de febrero de 2007 y el 12 de marzo de 2007. Las aplicaciones y las peticiones se pueden obtener en el Centro del Cuidado de Sotavento de Robert Lee durante horas de oficina normales, 9 am - 5 pm, el lunes por el viernes. Cualquiera pregunta puede ser dirigido a Cy Jenkins, el Administrador.

28-3tc

Send your news in through the internet.

Email: CokeCoObserver @aol.com

Please send articles in the body of the email and photos



drop box is located at HOMETOWN



Falling: A Key Factor in Lost Independence

The rate of hip fracture increases after age 50, doubling every 5-6 years. Wearing well-fitted shoes, staying active, and keeping bones and joints strong are all key factors in avoiding another threat to independence - falls. Seeking regular treatment for certain medical conditions can significantly reduce one's potential for falls, fractures, and other injuries.

Some of the medical conditions that put you at risk include the following:

- * Irregular heartbeat and blood pressure fluctuations.
- Cancer that affects bones.
- * Depression, Alzheimer's Disease, and confusion.
- * Neurological conditions, Parkinson's Disease, Multiple Sclerosis, and strokes.
- Urinary and bladder dysfunction.
- * Vision or hearing loss.
- Side effects from medications.

Reducing the risk for falls and other injuries requires attention to improving environmental safety at home.

Falls are not natural occurrences - they can be prevented! Here are some ways to help avoid falls in and around your home: Stairs

*Provide enough light to see stairs clearly.

*Keep stairs free of clutter. *Cover stairs with tightly woven carpet.

*Install sturdy handrails on both sides of the stairway. Bathroom

*Keep a nightlight on in the bathroom.

*Use rugs with non-skid backing.

*Install handrails in the

bathtub and toilet areas. *Place non-skid, rubber mats on the bathtub and

shower floors. *Leave the bathroom door

unlocked so it can be opened from both sides.

Kitchen

*Avoid climbing and reaching to high shelves; use a stable step stool with handrails.

*Arrange storage at counter level.

*Clean up spills as soon as they happen.

*Don't wax floors.

Living area

* Arrange furniture to provide an open pathway to each room.

*Remove low tables, footstools, and other items from

*Keep electrical and telephone cords out of the pathway.

Bedroom

*Remove throw rugs, extension cords, and any other clutter from the floor.

*Install a night-light. *Do not select a bed that is too high, use a normal size mattress, box spring, and

bedframe. *Before leaving your bed, sit on the edge for a few moments to make sure you are not dizzy.

Footwear

*Wear low-heeled shoes with non-skid soles.

*Tied shoes with a fairly snug fit are preferred. Be sure to keep laces firmly

*Avoid shoes with thick heavy soles.

Pet Talk

If you're feeling bad and think you're sick as a dog, you might have put your finger on the cause.

There are more than 200 diseases that can be transferred from animals to humans, and even man's best friend can be unfriendly when it comes to staying healthy.

From Petey the parakeet to Roger the rabbit, almost every animal is capable of passing some type of disease or sickness to humans. Dr. Leon Russell, a veterinarian in Texas A&M University's College of Veterinary Medicine & Biomedical Sciences who teaches a course on the subject, says ailments range from near harmless to downright deadly.

The technical term for such a transfer is zoonosis, which means any disease that is communicable from animals to humans.

"Most of those 200 or so diseases that can be passed to humans are fairly rare and don't occur much in the United States," Russell says. "But there are a few dozen that are very common and can be even be killers."

One of the worst: salmonella. It's a bacterial disease found in poultry and eggs and uncooked meat. Worldwide, it kills thousands of people every year but can raw milk and can cause a

be one of the most preventable, Russell says. Its bacterial cousin - campylobacter - can also be acquired from poultry, but young puppies have been known to pass the disease, Russell confirms.

"If you cut up chicken and then use the same knife to cut the bread or salad, you're asking for trouble," Russell believes. "And it's best to clean off a cutting board you're using, too. Just one drop can make a person very sick."

"Also," he adds, "you must wash your hands after handling raw meat or poultry to prevent transfer of these bacteria to other food items."

Snakes and other reptiles are capable of passing salmonella, too, he says. "If a youngster has handled a snake or other reptile and then eats without washing his hands, it gives salmonella an open door to invade the body," he says.

Being pregnant is not the best time to be cleaning out the cat's litter box, either. Russell says toxoplasmosis is sometimes passed from cats to humans and can harm a woman's fetus during pregnancy, possibly leading to birth defects. "It's best to let someone else change the kitty litter if you're pregnant," he advises.

"Eating uncooked meat, such as pork, mutton or beef, is another way of transmitting toxoplasmosis," Russell believes.

Cows - and dogs - can pass along leptospirosis to their owners. It affects the liver and kidneys and can become very serious. It can be similar to infectious viral hepatitis in humans, Russell points out. Animals urinating in surface water such as ponds, tanks or even small puddles is a hazard, he says.

Brucellosis can also be passed from cattle to humans, and although it is not as common in the United States and it used to be, other countries still are dealing with the problem. It often comes from impure development.

Children who ingest dirt that is used by dogs who have roundworms can get roundworms and can get ill, and hookworms from an uncovered cat's sand box cause skin lesions on humans, Russell adds.

Cat Scratch Fever is not a myth - it's real and when kitty's claws come into contact with skin and blood, it can result in flu-like symptoms and swollen lymph glands, Russell says.

"Nationally, about 1 percent of all emergency room hospital admissions are due to animal bites or scratches," Russell explains. "That figure may sound low, but it adds up to between 1 and 2 million people a year."

The dreaded disease of rabies has been around for hundreds of years, and skunks and solitary bats are the most frequent carriers, Russell says. The best advice: "Use common sense and stay away from wild animals, and if you see a bat on the ground or a wall, leave it alone. And remember that rabies is transmitted by animal bites, not by skunk scent or flying bats."

If you're a bird lover, watch out for histoplasmosis. It comes from bird droppings that are often seen on the sidewalk or on cars, and if you inhale it long enough, it causes conditions that resemble tuberculosis, Russell says, and can become very serious.

And parakeets can give humans Psittacosis, commonly called Parrot Fever, which can cause flu-like illness and eventually may affect the heart and lungs.

The Easter bunny can be soft and cuddly, but if it is a wild rabbit it is capable of passing along Tularemia, which causes skin lesions, high fever and swollen lymph nodes, Russell says.

Ticks on animals can make them sick and the results can be transferred to humans in the form of Lyme disease or Rocky Mountain Spotted Fever, both of which can be

high fever and affect bone deadly. Russell says Lyme disease starts out as a skin rash, evolves into conditions resembling arthritis and in its final form, can cause serious neurological problems.

> Deer ticks have been known to pass along Lyme disease and dog ticks spread Rocky Mountain Spotted Fever to humans, Russell notes.

> Horses can develop Equine Encephalitis and the same mosquitoes can pass it to their own-Although horses and humans can be victims of mosquito transmitted Encephalitis, horses do not directly transmit the disease to humans, Russell points out.

> Most moms know a young kitten or dog can have ringworms, a skin ailment that while not usually serious, can be extremely unpleasant.

Ferrets can be cute and playful, but some have a nasty habit of biting small children which can cause various types of infection, Russell says.

And what about the reverse? Can animals get diseases from humans?

"Tuberculosis can be passed both ways - from animals to humans and vice versa," Russell explains.

"If people use common sense, they should not have much to worry about when it comes to animal diseases. Washing your hands after handling animals and pets, not kissing dogs or cats near their mouths, treating bites effectively, keeping clean litter boxes and bird cages - all of these things can go a very long way in easing any worries an animal or pet owner might have," he adds.

Editorial & Advertising Deadline is 2 pm on Tuesday preceding publication. Serving Coke County P.O. Box 1329 Robert Lee, TX 76945 (915) 453-2433

2006 Ford Mustang Convertible #7065 \$19,995 Silver • Charcoal Leather Interior • 16K Miles! #7058 \$19.995 2006 Ford Explorer XLT Dark Pearl Blue • Only 15K Miles! #7060 \$16,995 2006 Mercury Grand Marquis Light Blue Metallic • Gray Leather • 16K Miles! #7049 \$17,595 2006 Ford Escape XLT Oxford White • 6 Disc CD • 18 K Miles! • Super mileage! #7061 \$14,595 2006 Ford Taurus SEL Arizona Beige • Leather • Moon roof • Loaded! 2006 Ford Focus SES ZX5 #7064 \$13,995 White • Gray Leather • 13K Miles! #7063 \$12,595 2006 Ford Taurus SEL Arizona Beige • Tan Cloth • Floor Shift 2004 Ford Explorer XLT 4x4 #4891A \$16,595 Oxford White • 3rd Row Seat • Rear Air • 30K Miles! **2004 Ford Mustang Coupe** #4903A \$12,295 Bright Red • V-6 • Auto • Super Sporty! 2004 Ford F-150 Reg. Cab XL #4905A \$11,595 Oxford White • Longbed • V-6 • Only 20K Miles! 2003 Mazda B2300 Cab Plus #4910A \$ 9,995

White • 4 Cyl 5 Speed • 18K Miles • Fantastic Mileage

2003 Lincoln Town Car Signature #7031A \$15,995 White • Tan Heated Leather Seats • Only 50K Miles! 2003 Chevy 1500 Reg. Cab
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Pewter w/Tan Cloth Interior • Great Family Ride! #4911B **\$10,995** 2000 Ford F-150 S/C XLT #G122A \$11,295 Bright Red • 5.4 V-8 • Grill Guard • 50K Miles! #4383A \$ 9, 995 1998 Ford Expedition XLT Toreador Red • Tan Cloth • Great Buy! 1994 Cadillac Deville Concourse #4909A \$ 3,995 Sand Metallic • Leather • Classy!

453-4561 Ask For:

Randy Flanagan • Marsha Wink Billy Wayne Roe

Save buying: Medical products and treatments

by: Texas Attorney General Greg Abbott

Recently, my Consumer Protection Division has halted three separate outfits that put consumers at risk for serious eye injury by selling contact lenses without physician approval. Dispensing any contact lenses, even non-corrective lenses or lenses which are intended solely to change the appearance of the eye, still requires a permit and a prescription from a physician or optometrist.

Two of the businesses were operating from local flea markets, where dispensing contact lenses is never permitted. The businesses rarely obtained a prescription from the consumers, but sold them the contact lenses anyway.

Selling and dispensing contact lenses without prescription is a serious violation of the Contact Lens Prescription Act as well as the Texas Deceptive Trade Practices

Before you buy contact lenses from someone other than your eye care professional, take simple precautions to ensure your purchase is safe and effective.

Have a current, valid prescription when you order contact lenses. To keep your eyesight healthy, you should not order lenses with a prescription that has expired or stock up on disposable lenses right before they expire. Have your eyes re-checked by a licensed eye care professional.

Order contact lenses from a trusted supplier. Request the manufacturer's written instructions for use of your new lenses as well as other risk and benefit information.

Check back with your eye care professional after receiving the lenses to be sure they are the correct prescription. Do not accept substitutions unless approved by your eye care professional. Slight changes in weight, diameter and other measurements can affect your eyesight.

The health and safety of Texas consumers is a high priority for my administration. In addition to halting unlawful contact lens operations, three years ago, we effectively halted the unlawful selling and clinical use of prescription "colonic hydrotherapy" devices in several Texas cities. The treatments consisted of using prescription nozzles and systems to thoroughly cleanse the colon, which requires physical oversight under federal and state law. In addition, the purchase, possession and use of the devices must be done with the approval of a physician. Colonic irrigation without physician oversight poses potential dangers to patients, including death.

Our office was also successful in shutting down four ultrasound-imaging companies that were operating ultrasound equipment without physician oversight. The companies offered fetal sonograms to pregnant women as "keepsake" photos and videos. The operators did not inform the women that prescriptions are required before such devices may be used. A physician often approves sonograms only for medical and diagnostic purposes, not for momento purposes.

My office takes action against such unlawful practices upon referral of the cases from the Texas Department of State Health Services (DSHS). Consumers may file complaints about unlawful medical practices by calling the Texas Department of State Health Services at 1-800-942-5540.

Winter car care essentials

Whether or not you do a lot of driving in the cold or on snow or ice, it still is important to be sure your car can handle the season.

Colder weather can affect cars and trucks in all parts of the country, especially as far as batteries, tires and fluid levels are concerned.

Now is a great time of year to check your battery's charge, antifreeze and windshield washer fluid levels, as well as your tires and windshield wiper blades.

You want to be sure your vehicle can handle everything Mother Nature can dish out this time of year and that you don't get left stranded.

"Don't forget to make time for your vehicle this winter," said Mark Salem, ASE Certified Master Technician and host of "Under the Hood," a radio car-care show in Phoenix. "Proper maintenance and preparation will help ensure that you and your passengers don't get caught out in the cold."

your eye care professional.

Slight changes in weight, diameter and other measurements can affect your eyesight.

The health and safety of Texas consumers is a high priority for my administration. In addition to halting

Knowing a few tricks of the car trade can help. For instance, many people are unaware that as the mercury drops, your tire pressure can fall along with it, with experts saying they can lose as much as eight pounds in colder weather.

Similarly, you should be sure to check any of your engine's rubber parts, such as hoses and belts that can easily crack or snap in colder weather, especially if they freeze.

This is why the experts at the National Institute for Automotive Service Excellence (ASE) are offering these tips to help you make sure your vehicle is prepared this winter:

* Read your owner's manual and follow the manufacturer's service intervals.

* Replace worn wiper blades and keep plenty of washer fluid on hand to fight road salt, grit, and other grime.

* Replace worn tires with all-season radials or snow tires, as conditions warrant. Don't forget to check the spare tire and jack.

* If you are not a do-ityourselfer, find a repair shop with a courteous staff, qualified technicians, and modern equipment. Look for repair facilities that employ ASEcertified automotive technicians to do those jobs you cannot or do not want to perform.

* Engine performance problems (rough idling, poor acceleration, or hard starts) should be corrected. An inconvenience in the summer, stalling can be deadly in winter storms.

* Have a qualified auto technician check the condition of your battery and cables, plus the radiator, and all hoses and belts.

* Make certain the heater and defroster are in good, working condition; have the exhaust system examined for leaks, a potentially deadly condition in closed vehicles.

* Carry emergency gear: flares, boots, gloves, ice scraper, high-energy snacks, a blanket, shovel, flashlight, tire chains, a few tools, and a cell phone.

For more information on the care and upkeep of your car or truck, visit the Institute's Web site at www.ase.com.

How Can I Better Organize My Closet?

A messy closet can make the start of any day unpleasant, but digging out and getting organized can seem daunting.

Here's some advice on taming closet chaos from Robin Wilson, home efficiency expert and CEO of Robin Wilson Home.

To organize a closet on a budget, start with hangers, she advises. Use the same size hangers, so garments hang at the same level. Sort clothes by type and color for easy selection - for example, arrange blouses from light to dark colors.

A double rod creates additional hanging space, stresses Wilson, allowing shirts to be placed at eye level and pants on a lower level. These rods, as well as hanging shelves, shoe holders and baskets are available at organization and hardware stores, requiring little installation. Use these tools to color code t-shirts and other folded items, store handbags and keep shoes together.

With a larger budget, consider a custom solution that uses the full height and space of the closet with multiple levels and types of shelves,

rods, and drawers.

"On an ongoing basis, reduce clutter by taking clothing out of plastic dry cleaning bags. This allows fabrics to breathe and encourages you to color-code garments right away," she says, "At the start of each season, go through your clothes and determine which items have not been worn in the past 12 months. Turn their hangers around. When the next season comes, if the hangers have not been turned around, donate these items to charity."

Editorial & Advertising Deadline is 2 pm on Tuesday preceding publication.





TWO RAWHIDE BONES,
ONE SPRINKLER SYSTEM
AND ONE PET TURTLE
THAT DIDN'T MAKE IT.
IT ALSO CONTAINS

MULTIPLE PIPELINES.

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