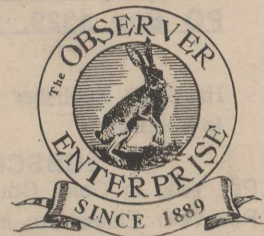


THE OBSERVER / ENTERPRISE

Oak
Jelo, TX 769



Serving Coke County

(USPS 467-480)
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Vol. 108, No. 02

Friday, August 11, 1995

Horn Night set for Aug. 17

Summer is ending and school is beginning, and the whole community is invited to help celebrate at the annual "Meet the Longhorns" night. The evening will hold a lot of fun for everyone - whether you've got kids in school or not!

Beginning at 5:00 p.m. Thursday, Aug. 17th at the Bronte City Park, the Chamber of Commerce will hold a hamburger cookout. Everyone is invited to come early, kick back and let the chamber officials do the cookin'.

Then, about 7:00, the All-Sports Booster Club and Band Boosters will sponsor dessert - homemade ice cream, cakes, and cookies for the students and fans. Introductions will be made of this year's football and volleyball players, cheerleaders, coaches, Bronte Longhorn Marching Band and director, new and old teachers and principals, booster club officials and anyone else who looks important!

Membership drives will get underway for the various organizations, including the P.T.A.

Bring your lawn chairs, if it rains again, (bring your bug spray!). Don't forget to bring your spirit, too and give this

new school year a boost.

Special Note to Parents

All parents of athletes are asked to bring cakes and cookies, band booster parents are to bring ice cream, preferably homemade, but Blue Bell works OK too! Be at the park before 7:00 and help serve. Also, would you like to pick your concession stand date? Sign up at the park. See you Thursday night! **We Need You!**

4-H Swim Party

Attention 4-Hers! The annual 4-H enrollment party will be held Friday, August 11, 1995 at the Robert Lee swimming pool from 7:30 to 9:00 pm. All 4-Hers from Bronte and Robert Lee are encouraged to sign up for the upcoming 4-H year.

4-H is open to anyone who is currently enrolled in grades 3-12. Please come by the Extension office to get a medical release form which enables you to participate.

Dance

The Coke County Cavaliers will provide C&W music for the Third Thursday Dance at 7:30 pm on August 17 in Robert Lee. The event is open to dancers of all ages and tickets are available at the door.



Extravaganza in the works

Make plans now to spend Saturday, September 2 at the Labor Day Extravaganza in the shady county park in Robert Lee. The West Coke County Community Development will sponsor its 6th annual festival.

The all-day family fun will include Arts & Crafts, food, drinks, games, and contests. One of the day's highlights will be the Rabbit Twister Chili and Bar-B-Q cookoff. Other events are still in the works and plans are not yet complete.

This year booth spaces will be available both in the shady outdoors and in the air conditioned rec hall. More information is available in today's classified ads and more plans are forthcoming in next week's paper.

Following the end of the day's activities a dance from 8-12 midnight will be held on the tennis courts with music by Wagner Sound Systems.

Notice to 4-H & FFA Lamb Feeders

All 4-H and FFA lambs are required to be validated with a Texas Lamb validation tag this year. Lamb feeders must contact either the County Extension office or the Ag Science teacher in Bronte or Robert Lee before August 15 and tell us how many lambs you plan to feed so we can order these tags.

...Upcoming

Grain production meeting to be held

There will be an educational meeting concerning Small Grain Production held on Wednesday, August 16, beginning at 7:30 pm at the Senior Citizens' building in Robert Lee.

Dr. Billy Warrick, Extension Agronomist, will be on hand to discuss various topics associated with small grain production. These include a discussion of new varieties for both forage and grain production, fertility programs and a design of Management Decisions at Critical Stages of Small Grain Development.

This should be a very informative meeting for small grain producers. For additional information contact Tommy Antilley, Coke County Agricultural Extension Agent at 453-2461.

WCCEMS offers class

The West Coke County EMS is sponsoring an instructor's class. The class will meet at the West Coke County EMS training/ambulance center. The instructor's class is a 40 hour class. Sessions will begin Monday, August 14 at 6:00

pm and will conclude Monday, August 21. Classes will meet August 14 and 15 at 6:00 pm, 17, 18 and 19 at 5:00 pm, all day August 20, and at 5:00 pm August 21. Those wishing to attend the class may call Mary Bessent at (915) 453-2492 or (915) 453-2632.

Bronte Sports Boosters

The Bronte All-Sports Boosters will meet Monday, August 14th at 7:00 p.m. in the school cafeteria. All persons interested in supporting our youth are requested to be there!

RL All Sports Booster Club

Robert Lee All-Sports Booster Club will hold its first meeting of the 1995-96 school year Monday, August 14 at 7:00 pm. The meeting will take place at the high school in Robert Lee.

If there is anything that we wish to change in the child, we should first examine it and see whether it is not something that could better be changed in ourselves.

Carl Gustav Jung



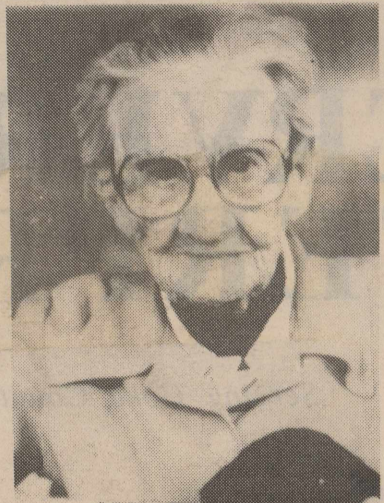
Judge Jackie Walker (r) presents a plaque to Mrs. Zada Denman of Bronte honoring her late husband, Coke County Judge Aubrey Denman, for his years of service to the Concho Valley Council of Governments. The presentation was made at Monday's general session of the county commissioners' court meeting.

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 Per Year Outside of Texas.....\$20.00

Death Notices



Wilkerson
 Edwina Ross Wilkerson, 73, of Denton and formerly of Robert Lee and McCamey, died Saturday, August 5, 1995, in a Denton hospital. Graveside service was held at 2:00 pm Tuesday, August 8 in Resthaven Cemetery in McCamey. Arrangements were by Richard W. Box Funeral Home.



Barbara Renfroe has been selected Bronte Nursing Home Employee of the Month for July. Barbara is an LVN and has been employed for one year.

Obituaries

Brown
 Robert Ira Brown, born August 3, 1915, in Lometa, Coke County, Texas, to Thomas Asa and Sudie (Rutland) Brown, passed from this life on August 7, 1995, at age 80 years, 4 days. He lived in Tennyson most of his life. Preceding him in death were his daughter, Patsy Ruth; his mother and father; brother, John, Charlie, and Tom Brown; and his sisters, Grace Heckendorf and Betty Green. He was a member of the Tennyson Baptist Church and Masonic Lodge 962 of Bronte. He retired from the Santa Fe Railroad in San Angelo as a track foreman after 25 years of service. He was loved by his family and many friends. He is survived by his wife of 57 years, Lora Belle Wrinkle Brown; daughters, Ola Sue

Manning and friend Ted Whitlock, of San Angelo and Kathey June (Brown) Young and husband, Cecil P. Young, of Belton; son, Russell W. Brown and wife, Virginia A. (Richards) Brown, of McAllen; sisters, Emma Stewart and Ruth Hagerman both of San Angelo; 10 grandchildren; seven great-grandchildren; and one great-great-grandchild. Service was held at 2:00 pm Wednesday, August 9 at the Tennyson First Baptist Church with the Rev. Bryan Ross and the Rev. Jack Wallace officiating. Burial was in Mule Creek Cemetery in Tennyson. Arrangements were by Shaffer Funeral Home. The family requests that memorials be made to the Tennyson First Baptist Church, the Tennyson Community Center or a favorite charity.

Pendergrast
 Graveside services were conducted Monday, August 7 at Abilene's Cedar Hill Cemetery for Anna Mae Eaton Pendergrast. Officiant for the service was Rev. Bill Wright of Abilene. Mrs. Pendergrast, 99, died at 12:12 am Saturday, August 5 in a Cleburne hospital. She was preceded in death by her husband, R.H. Pendergrast; sons, Eddie Brock, Charlie Frank Pendergrast, and Carl Brock. Survivors include her daughter, Wanda Pendergrast Wright Allen of Weatherford; sons, Tom Pendergrast of Maxdale and Sam Pendergrast of Abilene; granddaughter, Linda Wright Nugent of Fort Worth; grandsons, Carl Brock of Anson, Gary Brock of Mineral Wells, Benny Wright of Redondo Beach, California, Wesley Wright of Mimbres, New Mexico; a number of great-grandchildren and numerous nieces and nephews.

Bruckner
 Howard C. Bruckner, MD of Fort Worth, died at home July 27, 1995 after a long illness. He is survived by his wife, Jane Austin Bruckner; a son Ted Bruckner of Austin; and a daughter and son-in-law, Pam and John Walker of Dallas; his mother, Margaret Turner and two brothers, Robert Bruckner of Plano and James Bruckner of Athens, Georgia; his mother-in-law, Lila Austin Cope of Robert Lee and brother-in-law, Isham Austin of Robert Lee. Private burial was held at Sanco Cemetery.

Appreciation Picnic
 An appreciation picnic honoring Representative Rob Junell will be held Monday, August 21 at the Ruddick Park Amphitheatre in Colorado City. Hamburgers will be served at the event which will begin at 6:30 pm. For those wishing to attend, more information can be obtained by calling Nancy Sullivan at 915-728-2015.

Letter to the Editor
 Enclose find check for another year of the Enterprise. I do look forward to getting the paper. Bronte will always be home to me.
 Thanks,
 Clairine Davis McKow
 P.O. Box 603
 Somerset, Tex. 78069

ECC EMS MEMORIALS
 Hazel Percifull
 Bruce, Fran & Lynn Sonnenberg
 Benny & Jackie Corley
 Jimmy Ed & Marifrances Mackey
 J. B. & Georgia Mae Mackey
 Royce Dean Clark
 Maude Collins
 Elmer & Janet Hurley
 Bronte Evening Lions Club
 Wink Kiker
 Cotton, Joyce & Sam Morgan
 Clark & Mary Frances Glenn
 Norma Gentry
 Jo Ann Hutchinson
 Agnes Walter
 Frances (Dean) Percifull & Family
 Willie Forman
 Bronte Senior Citizens Group
 Wendell & Jeanna Lee
 Bill & Nelda Thomason
 Gladys Maye Sims
 Wayman & Hazel Percifull
 Delmo & Martha Pearce
 Ioma Ellis
 The Jerry Landers Family

Coke County arrests posted
 Coke County July arrests and/or charges filed are posted below.
 Jason Wayne Tidwell, Minor in possession of alcohol, 7-3-95; Brandon Scott Hayes, Minor in possession of alcohol, 7-3-95; David Sarakas, Theft: property by check, 7-8-95; Samuel Gutierrez Torres, Assault - Capias Pro Fine, 7-4-95; Theresa Fernandez, Felony theft, 7-10-95; Kristi Raylene Aldridge, Criminal trespass of a habitation, 7-22-95; Doyle Max Cunningham, Public intoxication, 7-22-95; James Lynn Badgett, Possession of marijuana, Class B, 7-29-95; Ronald Eugene Stanford, Driving while intoxicated-2nd, 7-30-95; Martin Solis, Assault-Motion to revoke probation, 7-30-95.

Lewis
 Robert Dean Lewis, 25, of Austin died Friday, August 4, 1995, in an Austin hospital. Service was conducted Sunday, August 6, at 2:00 pm at Southside Church of Christ in Robert Lee with burial in Wilmeth Cemetery, directed by Shaffer Funeral Home. Survivors include his mother and stepfather, Nancy and Jess Lewis of San Antonio; his father, Wendell Lewis of Dell City; his grandparents, Andy and Nora Lea Lewis of Dell City and Rose Marie and C.L. Behrends of Midland; a brother, Jeremy Lewis of San Angelo; a nephew, Cory Lewis of San Angelo; and several aunts, uncles and cousins, including a great uncle and aunt, Bill and Wanda Green of Robert Lee.

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 453-2522

School is back in session!

Remember to watch for children at all crossings & school zones.

BELL AUTO PARTS
 Robert Lee 453-2911

PEACE OF MIND

One of our finest products.

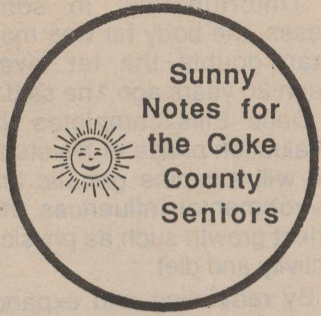
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Sunny Notes for the Coke County Seniors

Quilters

Thursday, August 17th is our next quilting day at the Bronte Senior Center. Doors open at 9:00 am.

Free Glaucoma Screening

The Texas Society to Prevent Blindness representative will be at the Bronte Senior Center on Thursday, August 24th for a screening to check for glaucoma. High risk factors for glaucoma include: glaucoma in the family, black race, severe nearsightedness, diabetes, long-term steroid medication use, previous eye surgery, age 65 and older.

Appointments begin at 9:00 am. Call 473-6471 to make an appointment. Don't be blind to the facts! Glaucoma discriminates.

Meals for the Week

Monday, August 14

Salisbury Steak/gravy, potatoes, broccoli, hot rolls, fruited gelatin.

Wednesday, August 16

Meatballs w/sauce, noodles, cabbage, carrots, hot rolls, banana pudding.

Friday, August 18

Swiss Steak, peas, carrots, corn muffin, tossed salad, orange sections.

Sims recognized for rabies effort

State Senator Bill Sims was recognized recently in a resolution adopted by the Texas Veterinary Medical Association for his work to combat the rabies epidemic. As stated in the resolution, adopted on May 7, 1995, "the Board of Directors of TVMA commends Senators John Montford and Bill Sims and Representatives Rob Junell and David Counts for, as stated by Governor Bush, their work in seeking emergency action to address this public health crisis."



The Bronte Senior Center was pleased to have had three generations represented at the congregate meal on Wednesday, August 2nd. Pictured (l-r) is Annie Laura McShan who is a regular at the Senior Center, her daughter, Peggy Hembree, and her great-grandchildren, Danielle and Michael Wilcox from Midland. We also had a two generation duo at our "Afternoon at the Movies" last week. Christine Clark and grandson, Callan, came to watch *Roger Rabbit* in an exciting who-done-it.

Sims credited the aforementioned legislators along with Governor Bush, Senator Eddie Lucio, Reps Eddie De La Garza and Roberto Gutierrez, the Texas Department of Health, and practicing veterinarians as "being the main forces behind getting something done about our rabies problem. Our local veterinarians certainly do their jobs well, and I am glad that the State responded in the way we did. Our governor called in the National Guard to assist veterinarians in providing low-cost community assistance rabies vaccination clinics in areas where that was a great need: Lucio, De La Garza, and Gutierrez were the main authors of HB 721, a piece of rabies control legislation that we were all glad to support; and our West and Central Texas delegation, working in cooperation with the Department of Health, was able to spearhead the creation of a West Central Texas Rabies

Response Center." Gray fox rabies, which originated in Sutton County in 1988, rapidly spread to twenty counties with 260 cases confirmed through 1993. There was a dramatic upsurge in 1994, with thirteen more counties becoming involved with 264 additional cases reported. Veterinarians are focusing their efforts on ensuring that more domestic animals are vaccinated.

American Heart Association
Fighting Heart Disease and Stroke

AMERICAN HEART ASSOCIATION MEMORIALS & TRIBUTES

1-800-AHA-USA1

This space provided as a public service. ©1994, American Heart Association

All children who qualify for special education services have a right to a free, appropriate public education.

If you know of a child needing special services, contact...



Marsha Lindahl, Director
Small Schools Cooperative
3132 Executive Drive
San Angelo, Texas 76904
915/947-0939or

Education Service Center Region XV
Special Education Component
612 South Irene
San Angelo, Texas 76903
915/658-6571

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IGA 1 # ROLL
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Lb.

Family Pack 3 Lbs. or More

Family Pak Split
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IGA
Meat Franks .69
12 oz. pkg.

BRONTE SCHOOL NEWS

Bronte Elem. receives rating

Bronte Elementary has received a Texas Education Agency rating of EXEMPLARY for the 1995-96 school year. This rating is based on school performance during the 1994-95 year. An exemplary rating is the highest honor given by the Texas Education Agency.

"I am extremely proud of our students and teachers," says Terry Myers, principal at Bronte Elementary. "I asked our teachers to focus on a few areas where we needed improvement, and then I got out of the way and let them teach. We are certainly pleased with the results."

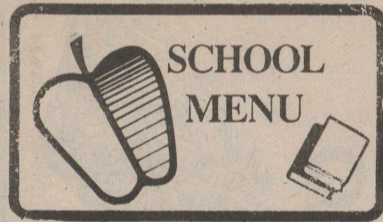
Mr. Myers also comments, "I think I speak for our entire staff in congratulating our community for this accomplishment. This type of honor would not be possible without a supportive group of parents, community members, and businesses. We sincerely thank everyone involved."

Longhorn Band completes camp

by George Torres

We have just completed a very successful band camp. The show is almost completed.

During the band booster meeting we decided to use



Bronte School Menu

Breakfast

Thursday, August 17

Sausage, Apple Juice, Pancakes, Milk.

Friday, August 18

Breakfast Pizza, Grape Juice, Milk.

Lunch

Thursday, August, 17

Pizza, Buttered Corn, Tossed Salad, Milk, Chocolate Pudding.

Friday, August 18

Submarine Sandwiches, Ham & Cheese, Lettuce & Tomatoes, Pickles, Ranch Style Beans, Bun, Chips, Milk, Ice Cream Cup.

our white shoes again this year (except dye them black). We will have a parent work session Tuesday night at 7:30 pm in the band room. Please bring a bottle of (rubbing) alcohol and rags to help clean the white shoes before we start painting them black. We need everyone's help on this (there are about 100 shoes).

Longhorn Night is Thursday, August 17 at the park. The band room will be opened at 6:00 pm. Please have your child at the park with their horn and music by 7:00 pm. This is the year that the band parents are expected to bring ice cream; so please bring some ice cream when you come. We will also be taking orders for band T-shirts that night.

Letter to the Editor

Dear Editor & the citizens of Bronte;

It's time for a new school year. Do you know where your school is?

Do you know what resignations have occurred? Do you know if anyone has been hired? Do you know how many administrators and teachers have been hired these past few years who do not have the necessary qualifications for their positions? Do you know that your school board is considering eliminating Home Economics? A teacher without Home Economics accreditation has been hired for this coming school year. Home Economics is a program that teaches about life -- home and family management skills, nutrition, financial management, etc. Sound important to you? Tell your school board!!!

Our current high school students have struggled with untrained Spanish teachers, long-running substitute math teachers that nearly cost one class a whole semester, and other deficiencies. What's next -- will we hire a coach who never played ball? Heaven forbid!

Bronte is not a second rate school and never has been. We should never, ever settle for less than the best. And, the best has been there for our choosing -- there have been many worthy applicants. Our board and our community should never be brainwashed

into thinking differently.

Mr. Editor, this may be too long for you to print, but this all bugs us and we know it bugs alot of other people, too. The winds of change are blowing. The superintendent's position is open. The choice is crucial. Many well-qualified leaders are wanting the job. Don't be afraid to call your board members and express your opinion. Or, go to a board meeting. We will not be duped again.

Yours truly,
A Bronte parent,
taxpayer, and ex-student

Growth differs according to ethnic origin

Growth patterns differ among ethnic groups, according to preliminary findings at the USDA's Children's Nutrition Research Center.

"What's normal for one group is not normal for another, and it doesn't make sense to compare someone against an inappropriate scale," said Dr. Kenneth Ellis, a CNRC scientist and a professor of pediatrics at Baylor College of Medicine.

Ellis found that by age 6, black girls tend to have more muscle and bone mass and grow faster than white or Hispanic girls. That trend progresses during puberty as black girls mature at a faster rate than girls in the other two groups. Ellis also noted that although Hispanic girls tend to be shorter than white girls, the general growth patterns of the two are similar.

Ellis believes that new information on growth patterns may play a role in adjusting or "customizing" dietary guidelines to meet the nutritional needs of particular groups.

"It is important to know, for example, that black girls may need more protein in their diet because they are developing muscle and growing at a faster rate," he said.

Since the 1960s, children have had their growth and development evaluated on standard growth charts that were based on data from white children. These charts, however, do not reflect America's changing demography.

To construct an accurate picture of growth and development, Ellis has evaluated bone mineral content, water, fat and potassium levels, a mineral found in lean tissue that is essential to normal growth. More than 600 white, black and Hispanic children, ages 3 to 18, have participated in the study.

According to Ellis, study results also revealed that nearly

all of the children had a relatively high fat mass.

"Unfortunately, in some cases, the body fat was more than double the fat levels seen 20 years ago," he said.

Once Ellis completes the evaluation phase of his study, he will examine genetic and environmental influences that affect growth such as physical activity and diet.

By redefining and expanding what is considered to be the "norm" for growth and development, Ellis believes healthcare professionals will be able to more accurately identify and treat children who are at risk of malnutrition or from diseases characterized by obesity, muscle weakness or growth deficiency.

It keeps more than memories alive.

American Heart Association
Fighting Heart Disease and Stroke

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NATIONAL SCHOOL LUNCH PROGRAM/SCHOOL BREAKFAST PROGRAM

BRONTE ISD today announced its policy for providing free and reduced-priced meals for children served under the National School Lunch Program and/or School Breakfast Program. The central office has a copy of the policy and may be reviewed by any interested party.

The household size and income criteria identified below will be used to determine eligibility for free and reduced-price meals. Foster children who are the legal responsibility of a welfare agency or court may also be eligible for benefits regardless of the income of the household with whom they reside. Eligibility for the foster child is based on the child's income.

HOUSEHOLD SIZE	INCOME CHART		
	ANNUAL	MONTHLY	WEEKLY
1	13,820	1,152	266
2	18,556	1,547	357
3	23,292	1,941	448
4	28,028	2,336	539
5	32,764	2,731	631
6	37,500	3,125	722
7	42,236	3,520	813
8	46,972	3,915	904
add	+4,736	+395	+92

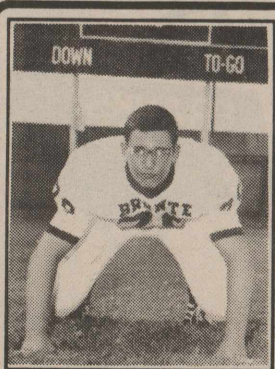
Application forms are being distributed to all households with a letter informing households of the availability of free and reduced-price meals for their children. Applications also are available at the principal's office in each school. To apply for free and reduced-price meals, households must fill out the application and return it to school. Applications may be submitted anytime during the school year. The information households provide on the application will be used for determining eligibility and verification of data. Applications may be verified by the school officials at any time during the school year.

For school officials to determine the eligibility for free and reduced-price benefits, households receiving food stamps or AFDC only have to list their child's name, food stamp or AFDC case number, and an adult household member must sign the application. Households who do not list a food stamp or AFDC case number must list the names of all household members, the amount and source of the income received by each household member, and the social security number of the adult household member who signs the application. If the adult who signs the application does not have a social security number, the household member must indicate that a social security number is not available by writing "NONE". The application must be signed by an adult household member.

Under the provisions of the free and reduced-price meal policy the CAMPUS PRINCIPALS will review applications and determine eligibility. Parents or guardians dissatisfied with the ruling of the official may wish to discuss the decision with the reviewing official on an informal basis. Parents wishing to make a formal appeal for a hearing on the decision may make a request either orally or in writing to Superintendent, PO Box 670, Bronte, Texas, 76933 - 915-473-2511. Households that list a food stamp or AFDC case number must report when the household no longer receives these benefits. Other households approved for benefits based on income information must report increases in household income of over \$50 per month or \$600 per year and decreases in household size. Also, if a household member becomes unemployed or if the household size increases, the household should contact the school. Such changes may make the children of the household eligible for benefits if the household's income falls at or below the levels shown above. In the operation of child feeding programs administered by the US Department of Agriculture, no child will be discriminated against because of race, color, sex, national origin, age, or handicap. If any member of a household believes they have been discriminated against, they should write immediately to the Secretary of Agriculture, Washington, DC 20250.

El Rancho Restaurant

Mexican-American Food
Open Tues.-Sat. 11 am - 2 pm & 5-9 pm
Open Sunday 11 am - 2 pm
224 W. Main Bronte 473-2140



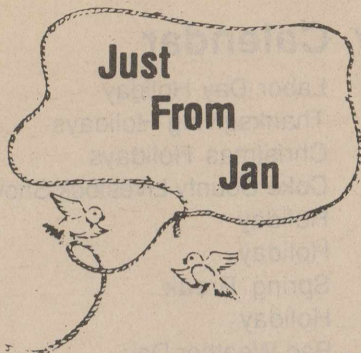
Brad Reed

Life is filled with simple joys and blessings without end, one of the greatest blessings is having you for a father. Some of the greatest joys are having you as a lover and best friend.

Happy 40th Birthday,
Dona & Jeff

PUBLIC NOTIFICATION OF NONDISCRIMINATION IN CAREER AND TECHNOLOGY EDUCATION PROGRAMS

1. Bronte ISD offers career and technology education programs in Agriculture & Home Economics. Admission to these programs is based on classification, student interest, student aptitude, and available space.
2. It is the policy of Bronte ISD not to discriminate on the basis of race, color, national origin, sex, or handicap in its vocational programs, services, or activities as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; and Section 504 of the Rehabilitation Act of 1973, as amended.
3. It is the policy of Bronte ISD not to discriminate on the basis of race, color, national origin, sex, handicap, or age in its employment practices as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; the Age Discrimination Act of 1975, as amended; and Section 504 of the Rehabilitation Act of 1973, as amended.
4. Bronte ISD will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs.
5. For information about your rights or grievances, contact the Title IX Coordinator, The Superintendent at Box 670, Bronte, Texas 76933, and/or Section 504 Coordinator, Terry Myers, at Box 670, Bronte, Texas, 915-473-2511.



Savvy selections in the supermarket

Does your grocery list need a checkup? Most of us consume the "typical" American diet - too much fat, salt, sugar and cholesterol.

We can improve our health and reduce our risk of disease whenever we decide what to eat or which foods to purchase. It is so simple that it sometimes surprises people: Making informed food choices is one of the most significant steps we can take toward enhancing our overall health and well being.

Facts about nutrition facts. To make it even easier to make smart food choices, we now have new food labeling that is intended to help consumers choose wisely. Look for the heading "Nutrition Facts" on the package and pay particular attention to these key features: *Standard serving size - this makes it easy for you to compare and contrast foods. It also allows you to compare the labeled serving size with the amount you usually eat which may be more or less than the serving size. *% daily value - this information tells you the percent of certain nutrients and fats you get from one serving of the food. *Vitamins and minerals - vitamins A & C and minerals iron and calcium must be listed on the label. *Daily values - this section provides reference values set by the government.

What's in a word? A nutritional content claim gives you a ballpark idea of the amount of a specific nutrient per serving. However, the overlapping of some claims can be confusing. These new legal definitions may help: *Free - the product is a negligible source of a specific nutrient. *Reduced - a food has at least 25% reduction in a nutrient compared to the regular product. *Low - a food contains a small amount of a particular nutrient. *Very low - this can refer only to sodium. An item has no more than 35 milligrams per serving. *Light or Lite - the product has one third fewer calories than a comparable product, or 50 percent or less of the fat found in a comparable product.

Now get out there and shop! According to nutritionist supermarket shopping should not be a haphazard affair. You must have a game plan. *Know your nutritional goals. *Make a shopping list - the more thought you put into your selections and meal planning, the greater the likelihood you will make wise food choices. *Do not shop on an empty stomach or when you are moody - the danger of impulse buying increases if you are angry, frustrated, hungry or depressed. *Know the lay-

out of the store - supermarkets may seem organized with little rhyme or reason, but don't be fooled. Business marketing experts plan store layouts so that you spend most of your money on what the store wants you to buy. As you walk through the aisles, the urge to "binge buy" may be hard to resist. Have a shopping plan and stick to it. *Read labels - take time to read food labels and make intelligent choices. You do not have to deny yourself any specific food. Remember to give your grocery list a check-up and purchase the right foods.

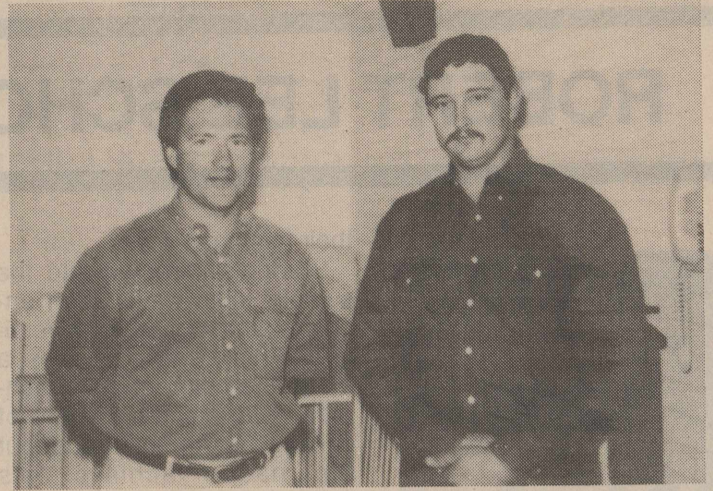
**by Jan Yanez
Coke County
Ext. Agent**

Co-op presents ratite program

Over 75 ratite ranchers from eight different counties gathered at the Bronte Church of Christ annex on Tuesday, August 8th to hear a presentation from Coast to Coast Co-op in Lockhart, Texas. Co-op rep Brad Thomason discussed how the co-op is set up, what they can offer the local rancher, and their future plans.

Coast to Coast is located in Lockhart, Texas with their slaughter facility in Eastland and processing at LaGrange. Another slaughter plant is to open in Seguin this fall. In the past three months with 127 members, approximately 22 birds a week have been slaughtered.

Jody Lewis, who recently represented the American Emu Association in Washington, DC, also spoke to the group. Mr. Lewis was with a

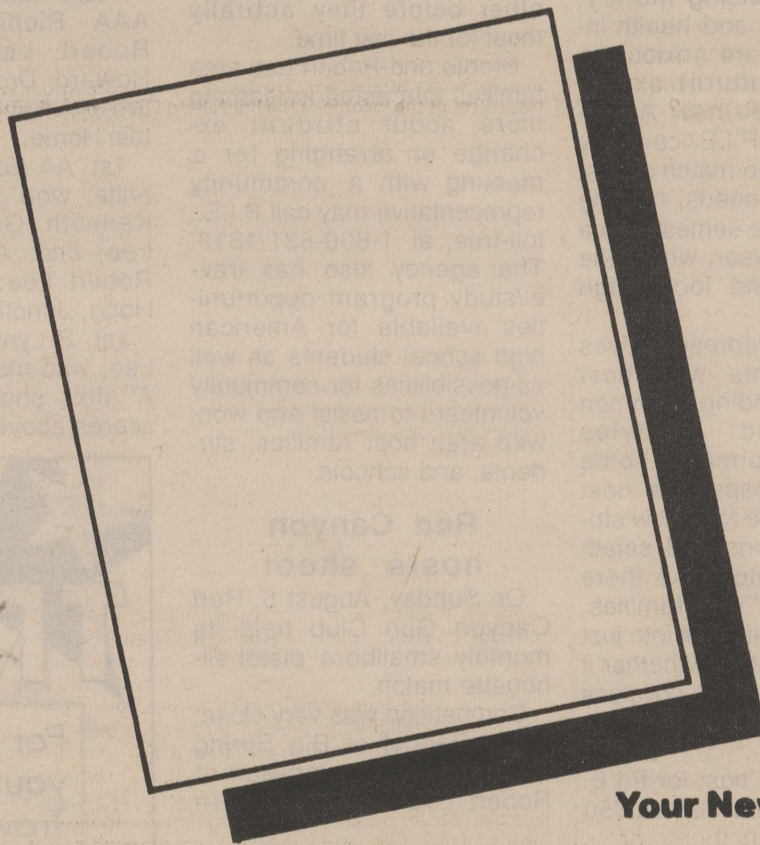


Brad Thomason (l) of Boerne, representative and member of Coast to Coast, and Jody Lewis of Richland Springs spoke at a ratite producers meeting in Bronte August 8 at the Bronte Church of Christ.

group of five others who have been working toward approval of a USDA stamp for emu meat. Jody is also a member of EMU and ERI co-ops and is very knowledgeable in the emu industry.

Carolyn Templin of Ballinger and Mike McKinney of San Angelo displayed some of the many emu products now available, from sports analgesic rubs to cologne and leather goods.

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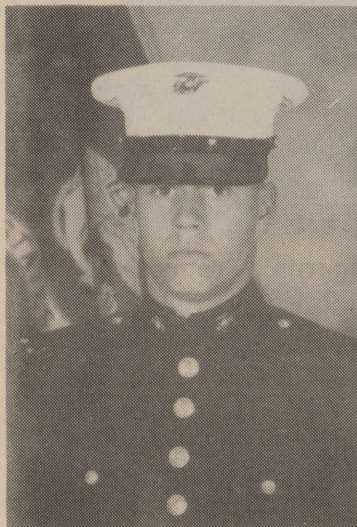
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ROBERT LEE SCHOOL NEWS



Recruit Jason L. Dickey

Dickey completes training

Recruit Jason L. Dickey of Robert Lee, completed 13 weeks of Basic Training at the Marine Corp. Recruit Depot in San Diego, California. Jason graduated a United States Marine on August 4, 1995. He will return to San Diego for further combat training and 8 weeks of M.O.S. training before getting an assignment.

He is the son of Ron Dickey of Robert Lee and a RLHS graduate.

Gibbs inducted into Phi Eta Sigma

Elaine Gibbs, a Tarleton State University student from Robert Lee, was one of 64 students inducted into the Phi Eta Sigma national freshman honor society. University officials recommend students for membership during the spring semester at the end of

RL School Menu

Monday, August 14
Orange Juice, Donuts, Cold Cereal, Milk.

Tuesday, August 15
Orange Juice, Breakfast Pizza, Milk.

Wednesday, August 16
Orange Juice, Cinnamon Toast, Cold Cereal, Milk.

Thursday, August 17
Orange Juice, Biscuits & Sausage w/gravy, Milk.

Friday, August 18
Orange Juice, Blueberry Pancake - Sausage on a Stick w/syrup, Cold Cereal, Milk.

Lunch
Monday, August 14
Pizza, Buttered Corn, Applesauce, Teddy Grahams, Milk.

Tuesday, August 15
Chicken Nuggets w/gravy, Creamed Potatoes, Buttered Green Beans, Hot Rolls w/butter, Diced Peaches, Milk.

Wednesday, August 16
Fish Sticks w/tartar sauce, French Fries, English Peas, Hot Rolls w/butter, Pineapple Tidbits, Milk.

Thursday, August 17
Meat & Cheese Nachos, Ranch Beans, Tossed Salad w/crackers, Pears, Milk.

Friday, August 18
Hamburgers, Lettuce, Tomatoes, Onion, Pickles, Tator Tots, Fruit Roll-ups, Milk.

their freshman year.

Students inducted into the society must have been enrolled full-time at the University and have earned at least a 3.5 grade point ratio as freshmen. Only eight percent of college freshmen throughout the nation achieve this distinction.

Gibbs is the daughter of Bill and Judy Gibbs of Robert Lee.

Phi Eta Sigma was founded in 1923 at the University of Illinois with the purpose of encouraging and rewarding superior academic achievements among freshmen. It was chartered on the Tarleton campus in 1981, and there are over 200 chapters throughout the United States and the District of Columbia.

Host families receive final request

Foreign high school students are scheduled to arrive soon for academic program homestays, and the sponsoring organization needs a few more local host families.

According to Pacific Intercultural Exchange (P.I.E.) Executive Director John Doty, the students are all between the ages of 15 and 18 years, are English-speaking, have their own spending money, carry accident and health insurance, and are anxious to share their cultural experiences with their new American families. P.I.E. currently has programs to match almost every family's needs, ranging in length from a semester to a full academic year, where the students attend local high schools.

P.I.E. area representatives match students with host families by finding common interests and lifestyles through an informal in-home meeting. Prospective host families are able to review student applications and select the perfect match. As there are no "typical" host families, P.I.E. can fit a student into just about any situation, whether it be a single parent, a childless couple, a retired couple, or a large family.

Families who host for P.I.E. are also eligible to claim a \$50

per month charitable contribution deduction on their itemized tax returns for each month they host a sponsored student.

For the upcoming programs, P.I.E. has students from Spain, Germany, Poland, Russia, Finland, Argentina, Brazil, Colombia, Paraguay, Australia, New Zealand, Croatia and many other countries. P.I.E. has also been invited to participate in a special government-funded program to bring scholarship students from the Newly Independent States of the former Soviet Union to the United States. P.I.E. is a non-profit educational organization that has sponsored more than 18,000 students from 40 countries since its founding in 1975. The organization is designated by the United States Information Agency and is listed by the Council on Standards for International Educational Travel (CSIET), certifying that the organization complies with the standards set forth in CSIET's Standards for International Educational Travel Programs.

Doty encourages families to contact the program immediately, as it will allow the proper time for the students and hosts to get to know one another before they actually meet for the first time.

Bronte and Robert Lee area families interested in learning more about student exchange or arranging for a meeting with a community representative may call P.I.E., toll-free, at 1-800-631-1818. The agency also has travel/study program opportunities available for American high school students as well as possibilities for community volunteers to assist and work with area host families, students, and schools.

Red Canyon hosts shoot

On Sunday, August 5, Red Canyon Gun Club held its monthly smallbore pistol silhouette match.

Competition was very close; Doug Randel of Big Spring beat out Richard Johnson of Robert Lee for the top gun

RLISD Holiday Calendar

September 4	Labor Day Holiday
November 22-24	Thanksgiving Holidays
December 22-January 1	Christmas Holidays
January 19	Coke County Livestock Show Holiday
February 23	Holiday
March 1	Holiday
March 11-15	Spring Break
April 5	Holiday
April 8	Bad Weather Day
April 26	Bad Weather Day
May 10	Holiday
May 23	Last Day of School/Jr. High Graduation
May 24	High School Graduation

1995 RLHS Football Schedule

DATE	OPPONENT	SITE	TIME
Aug. 24	Ozona (Scrimmage)	There	NA
Aug. 31	Christoval (Scrimmage)	There	NA
Sept. 8	Miles	Here	8:00
Sept. 15	Santa Anna	There	8:00
Sept. 22	Open		
Sept. 29	Roby	There	8:00
**Oct. 6	Cross Plains	Here	8:00
*Oct. 13	Bronte	Here	7:30
*Oct. 20	Garden City	Here	7:30
*Oct. 27	Water Valley	There	7:30
*Nov. 3	Roscoe	Here	7:30
*Nov. 10	Sterling City	There	7:30

**Homecoming
*District

prize.

Kenneth Green of Robert Lee outshot his shooting partner, Richard Johnson, for high overall in the open sight gun.

Winners in the scoped pistol were: 1st. Doug Randel of Big Spring; 2nd. Richard Johnson, Robert Lee; 3rd. Howard Droll, San Angelo.

Class winners were: 1st. AAA Richard Johnson, Robert Lee; 2nd. AAA Howard Droll, San Angelo; 3rd. AAA Bill McNutt, Mountain Home.

1st. AA Earl Williams, Ker-ville, won a shoot-off with Kenneth Green of Robert Lee; 2nd. AA Ken Green, Robert Lee; 3rd. AA Cecil Hogg, Junction.

1st. B Lynn Green, Robert Lee, who moved up to Class A after shooting 3 higher scores above B class; 2nd. B

Stevie Smith, Robert Lee; 3rd. B Linda Randel, Big Spring.

Open sight pistol match winners were: High Overall - Ken Green, Robert Lee; 2nd. Richard Johnson, Robert Lee; 3rd. Doug Randel, Big Spring.

Class winners were: 1st. AA Richard Johnson, Robert Lee; 1st. A Doug Randel, Big Spring; 1st. B Stevie Smith, Robert Lee.

Doug Randel earned a 5 in a row pin on chickens and rams. Earl Williams earned a 5 in a row pin on pigs. Ken Green earned a 5 in a row pin on pigs.

This was a great match with some good scores and close competition by all shooters.

Poetry is an echo, asking a shadow to dance.

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Initial Ideas & Gifts From The Hearth

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We will continue taking orders through Friday, August 11th at our current location. In the interim, please call 453-4787. We'll look forward to talking with you soon!

RLJV FOOTBALL SCHEDULE

DATE	OPPONENT	SITE	TIME
Sept. 7	Miles	There	6:00
Sept. 14	Santa Anna	Here	7:30
Sept. 21	Open		
Sept. 28	Roby	Here	7:30
Oct. 5	Cross Plains	There	7:30
Oct. 12	Bronte	There	7:30
Oct. 19	Garden City	There	7:30
Oct. 26	Water Valley	Here	7:30
Nov. 2	Roscoe	There	7:30
Nov. 9	Sterling City	Here	7:30

RLJH FOOTBALL SCHEDULE

DATE	OPPONENT	SITE	TIME
Sept. 14	Santa Anna	Here	6:00
Sept. 21	Open		
Sept. 28	Roby	Here	6:00
Oct. 5	Cross Plains	There	6:00
Oct. 12	Bronte	There	6:00
Oct. 19	Garden City	There	6:00
Oct. 26	Water Valley	Here	6:00
Nov. 2	Roscoe	There	6:00
Nov. 9	Sterling City	Here	6:00

Make water part of game plan

In an age when virtually everything related to sports carries a corporate logo or a celebrity endorsement, there's still one thing that has no commercial affiliation.

Ironically, it's the most important sports accessory of all - water.

The best weapon against heat exhaustion and dehydration, water is vital for those who exercise or work outdoors in steamy summer temperatures.

"It doesn't sound as glamorous as the advertised sports drinks, but water is fine for preventing dehydration," is the endorsement from Dr. James Muntz, an internal medicine specialist at The Methodist Hospital. Dr. Muntz is also an official team doctor of the Houston Oilers football team and the Houston Rockets basketball franchise.

Sports drinks such as Gatorade and 10K are packed with sodium and potassium to replace those substances lost through perspiration. They also contain carbohydrates, which are starches and sugars that change into blood sugar, the fuel that powers your body.

There's nothing wrong with sports drinks, says Dr. Muntz, but he warns that too much blood sugar can actually slow you down.

"No matter what you drink, remember to drink before you get thirsty," he adds. "If you wait until you are thirsty, then you're already in trouble."

Heat exhaustion results from water and salt loss, and from overexposure to the sun. Excessive heat exposure causes an average of 452 deaths annually in the United States, a number easily doubled in 1995 by this summer's deadly heat wave.

Dr. Muntz suggests a few other guidelines to cut the risk of dehydration and heat exhaustion:

*Don't take salt tablets. Formerly believed to replace salt lost through sweat, salt tablets only accelerate dehydration. Sports drinks are a safer way to replace the body's lost minerals.

*Even though some activities - such as bicycling or sailing - keep sweaty skin dry, the body still requires fluid replacement.

*Avoid alcoholic beverages. They only speed dehydration

and impair judgement.

*When exercising or working outdoors, stop at the first sign of fatigue, light-headedness or dizziness.

Someone suffering from heat exhaustion has pale and clammy skin. The victim could have a headache, be dizzy and weak, vomit or even faint. Treat heat exhaustion by getting the victim's skin cool; loosen clothing, and give sips of water.

"It isn't impossible to exercise or work outdoors when the temperature is in the 90s or above," says Dr. Muntz. "It just takes some care, planning and common sense."

Take a container of water with you to the tennis court, the gym or wherever you plan to have your activity. Remember to drink before, during and after exercising.

They may not be paid to say so on TV, but every superstar athlete knows that the best way to beat the heat is to make water a part of the game plan. You can too, and it's free.

Wylie honored

Mary May Wylie was guest of honor at a reception Saturday, August 5, at the home of her daughter and son-in-law, Fran and Mike Lomas. The event was to celebrate her upcoming 80th birthday and was hosted by her daughters and sons-in-law, the Lomases and Prescilla and Stan Davis of San Angelo; grandchildren and families, David and Lisa Lewis, Jessica and Clay of Brownfield; Teri K. Bryan of Burleson; and Frank and Shari Bryan and Kristen of Oklahoma City, OK.

Other family members attending were Bill and Carlene Craddock, Ann Wells and Misti, all of Medina; Billy Craddock of Eola; James Ulmer of Miles; and William K. and Elmina Ramsey of San Angelo.

Others attending were C.R. and Zelma Reed of Dublin, Bo Evans of Medina; Louise Hatch and Hugh Lewis, Jr. of San Angelo; Sonja Valdez of Breckenridge; Pansy Bloodworth of Silver; Hank Baker, Bob and Jamie Boren, Zera Fields, Joe and Dee Anna

Harmon, Cameron Hodge, Polly Holland, John and Jeanette Jacobs, O.B. Jacobs, David and Allene Key, George and Thelma Lomas, J.F. and Doris McCabe, Tom and Gay Sawyer, Louise Walker, Dale and Sue Wojtek and Texie Wollett, all of Robert Lee.

Following the reception, a family dinner was served.

King Reunion

The descendents of Sam and Anna (Benson) King met July 29 in the Robert Lee Community Center. The day was spent eating, reminiscing, getting family history facts straight, playing games, trying to stay cool, and swimming. At lunch Don King declared it R.B. King Day as he is the last surviving child of Sam and Anna. Many attended the Ole Coke County pageant during the weekend.

Those attending were: Eugenia Smith of Carlsbad, New Mexico; Sharon and Joe Glaze of Merkel; Lauri, Jim, Jessica, Robert and Dusty Hall of Anson; James and Rachel Glaze of Abilene; Anna Mae and Claude Hartsell of Comanche; Charles and Janie Bowns of Edwards, Missouri; Betty Herman and Larry and Kathy Hartsell of Ardmore, Oklahoma; Trudi and Don Green of Sun Lakes, Arizona; Judy Snowden, Joyce and Bobby Walker, Rex, Gwen, and Taylor Walker, and Dave, Donna, Laurel and Meredith Walker of Odessa; Ralph Clayton and Eva King of Brazoria; Eddie, Darlene, and Christa Gower of Ballinger; Ramon, Kay, and Brian Morin and Delle Thomas of Arlington; Melanie Baker of Brady; Tom King, and Don and Wanda Plumlee of Houston; Lester and Cheri King of Amarillo; Lois Ricks of Childress; Lisa and Carly Weaver of Wichita Falls, Lorraine Brooks, and Michael and Angela Wade of Artesia, New Mexico; T.L. and Margaret King of Fort Worth; Jesse III, Kayla, John, Jesse IV Eads of Midland; Amy and Jeff King of Dallas; Gwen and Harry Anderson of Granite Shoals; LaVelta and Burt McVicker of Burnett; Annie Faye and Jimmie King of Wingate; Heather and George King of Denton; Joan and Elden King of El Paso; Don and Dorothy King of Stanley, New Mexico; Carl and Pauline Blair, and Frank Blair of Bronte; and Shellie Sizemore of Coleman.

Those attending from San Angelo were: Lucille Middleton, Sara Lavern Summers, R.B. and Corine King, Pam and Sarah Gandy, Shirley Strakos, Jess and Dorothy Gaines, Dwain Blair, Robin, Frank, Lori and Teri Smith, Waymond and Katie Dixon, Karla Kay, Kari and Kylan Wilson, Rena Dee and Garland Gaines, Joe, Wynell, Kelli, Cody, Sam and Judy Keel, and Clara Belle Deese.

Attending from Robert Lee were: Bessie Brice, Vivian King, Jesse Jr. and Willie Eads, Kathy and Skylar Abbott, Aline and David Key, and

Raymond E. and Gwen Smith. Friends joining in for the day were: Jackie Dunn of Granbury; Jewel Puckett of Thousand Palms, California; J.B. and Samantha Robertson and Ronald Hester of Robert Lee; Brock Tinney of Orient; and Justin Wiley and Michelle Lowry of Ballinger.

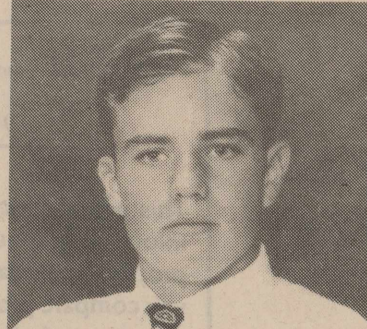
Wink-Tinkler Reunion

Seventy relatives and friends of the Wink and Tinkler families gathered for the Wink-Tinkler Family Reunion Saturday, August 5, at the large recreational hall at the West Coke County Park in Robert Lee. Fourteen Texas and two Virginia towns and cities were represented. Good food, much visiting, and various recreational activities were enjoyed by all.

Those attending were: Leslie Nell Hanky, Ashland, Virginia; Casie Buchanan and Brock Buchanan, Mechanicsville, Virginia; Isabel Davis and Edith Hale, Alpine; Bill and Beth Davis, Clark Davis, and Fred and Linda Davis, Arlington; Jody and Kim Tavarez, Bedford; Ella Mae Dumas and David Dumas, Brady; Dianna Tinkler, Austin; Barbara Crousen, Clyde; Harvey and Shari Wink, Jenny Wink, Alisha Wink, Joseph Wink, and Katy Overstreet, Eldorado; Charles and Kay Ledbetter, Lisa Ledbetter, Barry Ledbetter, Lori Wink, Jason Wink, and Rachel Abeyta, Lubbock; Randy and Jeania Lewis, Ran Lewis, Midland; David and Karen Moore and Jason Moore, Miles; Erma Wink, Milburn Wink, Robert and Marsha Wink, Cassidy Wink, Roy and Jennie Tinkler, Bob and Polly Large, Clark and Noel Tinkler, Matt Tinkler, Bill and Rhonda Hood, Aaron Hood, Eric Hood, Douglas and Erma Lee Gartman, Sylvia Tinkler, and Mary Beth Dodson, all of Robert Lee; Kerry and Frankie Gartman, Jordan and Justin Gartman, Ropesville; Clarence and Billie Tinkler, Marguerite Sonnenberg, Regina DeWoolf, W.H. Hill, Angela Hood, Brenda Baggerman, Wade Tinkler, and Lindsey Tinkler of San Angelo; and W.E. Tinkler of Wink.

If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music which he hears, however measured or far away.

Henry David Thoreau



Tony Mashburn

Mashburn earns silver medal

Tony Mashburn, a 1995 graduate of Salado High School participated in the State Solo and Ensemble Contest at San Marcos, May 27. Tony earned a first division rating on his class I solo at the district competition earlier this spring to be eligible for the contest. Class I music literature is the most difficult level in UIL Contests. At the State Contest Tony earned a second division rating and a silver medal for his performance of Leopold Mozart's "Concerto for Trumpet". Tony has been a band member since the fifth grade at Robert Lee. He currently attends the University of Texas. His accompanist for the event was Ellen Frazier. He is the son of Rick and Cheri Mashburn of Salado.

Tony's grandparents are Wayne and Dorene Mashburn and Bobby and Janet Baker, all of Robert Lee. Floyd and Jessie Harmon and Opal Baker, also of Robert Lee, are his great-grandparents.

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August is when you drink iced tea to cool off from the warmth of the sweater you're wearing to ward off the chill of air-conditioning you have on because it's August.

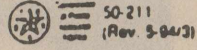
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COKE CO. GENERAL & FARM TO MARKET/FLOOD CONTROL, COKE CO. UNDERGROUND WATER DIST., WEST COKE CO. HOSPITAL DIST., KICKAPOO WATER DISTRICT

1995 **Property Tax Rates in**

This notice concerns 1995 property tax rates for entities listed above. It presents information about three tax rates. Last year's tax rate is the actual rate the taxing unit used to determine property taxes last year. This year's effective tax rate would impose the same total taxes as last year if you compare properties taxed in both years. This year's rollback tax rate is the highest tax rate the taxing unit can set before taxpayers can start tax rollback procedures. In each case these rates are found by dividing the total amount of taxes by the tax base (the total value of taxable property) with adjustments as required by state law. The rates are given per \$100 of property value.

	General Fund	Farm to Market/ Flood Control Fund	Coke County Underground Water Dist	West Coke Hospital District	Kickapoo Water District
Last year's tax rate:					
Last year's operating taxes	\$ 714,513	\$ 167,517	\$ 26,087	\$ 302,737	\$ 1,080
Last year's debt taxes	\$ 0	\$ 0	\$ 0	\$ 0	\$ 0
Last year's total taxes	\$ 714,513	\$ 167,517	\$ 26,087	\$ 302,737	\$ 1,080
Last year's tax base	\$185,296,150	\$182,537,280	\$191,676,350	\$122,581,660	\$ 21,607,300
Last year's total tax rate	\$.386500/\$100	\$.092081/\$100	\$.013610/\$100	\$.246968/\$100	\$.005000/\$100

This year's effective tax rate:					
Last year's adjusted taxes (after subtracting taxes on lost property)	\$ 714,512	\$ 167,517	\$ 26,086	\$ 302,737	\$ 1,080
+ This year's adjusted tax base (after subtracting value of new property)	\$174,215,482	\$171,517,702	\$180,550,815	\$108,714,140	\$ 22,378,705
- This year's effective tax rate for each fund	\$.410131/\$100	\$.097666/\$100	\$.014448/\$100	\$.278470/\$100	\$.004827/\$100
Total effective tax rate	\$.507797/\$100		\$.014448/\$100	\$.278470/\$100	\$.004970/\$100

x 1.03 = maximum rate unless unit publishes notices and holds hearing	\$.523030/\$100		\$.014881/\$100	\$.286824/\$100	\$.004970/\$100
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This year's rollback tax rate:					
Last year's adjusted operating taxes (after subtracting taxes on lost property and including taxes for state criminal justice mandate.)	\$ 714,513	\$ 167,517	\$ 26,087	\$ 302,737	\$ 1,080
+ This year's adjusted tax base	\$174,215,482	\$171,517,702	\$180,550,815	\$108,714,140	\$ 22,378,705
- This year's effective operating rate	\$.410131/\$100	\$.097667/\$100	\$.014448/\$100	\$.278471/\$100	\$.004827/\$100
x 1.08 = this year's maximum operating rate	\$.442941/\$100	\$.105480/\$100	\$.015603/\$100	\$.300748/\$100	\$.005213/\$100
+ This year's debt rate	\$ n/a /\$100	\$.015564/\$100	\$ n/a /\$100	\$ n/a /\$100	\$ n/a /\$100
- This year's rollback rate for each fund	\$.442941/\$100	\$.121044/\$100	\$.015603/\$100	\$.300748/\$100	\$.005213/\$100
This year's total rollback rate	\$.563985/\$100				

Unencumbered Fund Balances

The following estimated balances will be left in the unit's property tax accounts at the end of the fiscal year. These balances are not encumbered by a corresponding debt obligation.

Type of Property Tax Fund	Balance
Coke County General	\$ 513,657
Coke County FMFC	\$ 277,628
Coke Co. Underground Water Reserve	\$ 18,000
West Coke Hospital Contingency	\$ 2,998
Kickapoo Water Contingency	\$ 30,000

1995 DEBT SERVICE

The unit plans to pay the following amounts for long-term debts that are secured by property taxes. These amounts will be paid from property tax revenues (or additional sales tax revenues, if applicable).

DESCRIPTION OF DEBT	PRINCIPAL OR CONTRACT PAYMENT TO BE PAID FROM PROPERTY TAXES	INTEREST TO BE PAID FROM PROPERTY TAXES	OTHER AMOUNTS TO BE PAID	TOTAL PAYMENT
Prec 1	\$8,693	\$577	\$0	\$9,270
Prec 2	\$4,024	\$329	\$0	\$4,353
Prec 3	\$7,362	\$1,477	\$0	\$8,839
Prec 4	\$4,152	\$215	\$0	\$4,367

Total required for 1995 debt service	\$26,829
- Amount (if any) paid from funds listed in Schedule A	\$0
- Excess collections last year	\$0
= Total to be paid from taxes in 1995	\$26,829
+ Amount added in anticipation that the unit will collect only 100.00% of its taxes in 1995	\$0
= Total Debt Levy	\$26,829

This notice contains a summary of actual effective and rollback tax rates' calculations. You can inspect a copy of the full calculations at Coke County Courthouse Tax Office Robert Lee, Tx.
 Name of person preparing this notice: D. Kristeen Roe, RTA
 Title: County Tax Assessor/Collector
 Date prepared: August 2, 1995

Sanchez honored with brunch

Lisa Sanchez, bride-elect of Tony Vega, was honored with a Bridal Brunch on Saturday morning, August 5, in the home of Mrs. Elena Sanchez of Robert Lee. The shower was hosted by friends and family.

Special guests at the brunch were mothers of the couple, Mrs. Robert Sanchez of Robert Lee and Mrs. Lupe Vega of Lubbock.

The serving table was centered with a melon basket of fresh fruit, surrounded by finger sandwiches, tiny quiche, and pastries. A table in the dining room held coffee and Orange Julius.

Miss Sanchez, a graduate of Robert Lee High School, attended Texas Tech University, and is currently a student at TCJC in Hurst. She is employed by First Interstate Bank of Texas at Arlington as a financial service officer.

The prospective groom is a graduate of Lubbock Dunbar-Struggs High School and is employed by Poli-Mex Corporation in Grapevine.

The engaged couple will exchange vows August 26 at Our Lady of Guadalupe Catholic Church in Robert Lee.

Ta-178 detects heart disorders

A new type of imaging system called Tantalum-178 (Ta-178) First Pass may detect heart disorders related to cancer treatment in children earlier than standard imaging techniques.

"Survivors of childhood cancer don't have it easy," said Dr. ZoAnn Dreyer, an assistant professor of pediatrics at Baylor College of Medicine, and director of the Late Effects clinic at Texas Children's Hospital in Houston.

"After battling a disease that is still the number two killer of children in the U.S., they are often host to residual health problems related to the very treatment that saved their life. Chief among them are heart problems."

Dreyer says that Ta-178 First Pass can detect abnormalities in the heart long before they become a health threat. The system is not in use elsewhere in children.

The creator of the technique, Dr. Jeffrey Lacy, a research assistant professor of medicine at Baylor, conceived the idea for the imaging system while a scientist at NASA. He has continued refining the device at Baylor.

"In typical radiology imaging, children are exposed to higher doses of radioactivity that remain in the body for several hours," Lacy said. "Ta-178 First Pass uses low-dose, short-lived radionuclides that 'decay' 30 times faster than

with standard imaging. This allows us to inject more isotope that provides a more detailed picture."

Lacy plans to study the system further in adults in a multi-center trial.

Heart dysfunction in young cancer survivors is often related to effective but potent chemotherapy drugs, such as anthracyclines. Radiation therapy near the heart can also cause damage.

"In the past, these children would complete their therapy and their hearts would appear perfectly normal," Dreyer said. "Then 5, 10 or even 15 years later they would develop problems in the heart related to their prior treatment."

Dreyer sees serious heart problems in about two to five percent of cancer survivors, but she estimates that at least 15 to 20 percent of children treated for cancer have asymptomatic heart abnormalities.

"This new system can often detect abnormalities that otherwise would have gone unnoticed," she said. "We can then monitor the patients and watch for those likely to develop more serious problems."

Free trees offered

Ten free Colorado blue spruce trees will be given to each person who joins The National Arbor Day Foundation during August 1995.

The free trees are part of the nonprofit Foundation's Trees for America campaign.

"Colorado blue spruces were selected for this campaign because of their many uses in the home landscape," John Rosenow, the Foundation's president, said. "They lend beauty to their surroundings with their silver blue-green color and compact conical shape. They can be

used as individual ornaments, an energy-saving wind-break, a privacy screen, or as living Christmas trees."

The trees will be shipped postpaid at the right time for planting between October 1 and December 10 with enclosed planting instructions. The six to twelve inch trees are guaranteed to grow, or they will be replaced free of charge.

Members also receive a subscription to the Founda-

tion's colorful bimonthly publication, Arbor Day, which includes regular features about tree planting and care.

To become a member of the foundation and to receive the free trees, send a \$10 membership contribution to *Ten Blue Spruces*, National Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410, by August 31, 1995.

GLENN-BIVINS INSURANCE
 Home, Auto, Life, and Health
 123 W. Main Bronte 473-6791

MEET THE LONGHORNS NIGHT
 Thursday, August 17th
 Bronte Park - 7:00 pm
 Plan to come early and eat hamburgers sponsored and served by the Bronte Chamber of Commerce. Serving Time will be 5:30 to 7:00 pm
PRICES:
 Hamburgers - \$2.00
 Tea & Chips - \$.50 each
 Bring your lawn chairs and enjoy all the activities!!!!

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BONELÉSS PREFERRED TRIM Chuck Roast LB. **.99**

LARGE Bell Peppers 4 / \$1

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EXTRA LARGE FLAVOR SAVER TOMATOES LB. **.68**

ALL TYPES Coca Cola or 7Up 6 pk. 12 oz. cans **1.69**

FREEZER PACK - \$59
All Freezer Packs are Cut, Wrapped & Frozen Fresh
 3-2 Lb. Cube Steak, 3-2 Lb. Pork Chops, 2-3 Lb. Boneless Roast, 5-2 Lb. Ground Chuck, 2-2 Lb. Boneless Skinless Fryer Breast

FREEZER PACK - \$39
 4-1 1/2 Lb. Sirloin Steaks, 4-2 Lb. Ground Chuck, 3-2 Lb. Country Style Pork Ribs, 2-2 Lb. Split Fryer Breast

FREEZER PACK
A WEEK OF MEAT FOR ONLY \$25.00
 2 Lbs. Split Fryer Breast - 2 Lbs. Extra Lean Cube Steak -
 3 Lbs. Boneless Roast - 2 Lbs. Lean Ground Chuck -
 3 Lbs. Sirloin Steak - 2 Lbs. Pork Chops

KRAFT REG. OR LIGHT Miracle Whip 32 oz. jar **1.99**
 PRICES EFFECTIVE 8-9 THRU 8-15-95
 We reserve the right to limit quantities.

SUPER SELECT Cucumbers 3 / .89

ASST. BLUE BUNNY Ice Cream 1/2 GAL. ROUND **2 / \$5**

ULTRA Surf YOUR CHOICE **4.99**
 100 oz. jug Liquid Ultra, 98 oz. box regular or 103 oz. box with bleach

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Classified Ads & Cards of Thanks are payable in **ADVANCE** unless customer carries regular account.

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SUMMER CLEARANCE SALE CONTINUES...

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02-5tc

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3 bedroom, 2 bath. Double car garage with 2 car carport. Central air & heat. 124 Parkwood. 915-473-2391.

01B-4tc

SAVON - Representatives needed!
NO DOOR-TO-DOOR REQUIRED, potential \$100-1200+ monthly, independent representative, 1-800-236-0041.

02-4tp

FOR SALE

Robert Lee

SUPER NICE CABIN, furnished. Lots of room. Call today.

ARROWHEAD POINT a stone's throw from water's edge. 3 bdrm., 2 bath home on approx. 2 acres. Get details and let's look.

Elaine Lee
453-2995



MENUDO & TAMALES FOR SALE

Rasing funds to fix mission. Place: Nueva Vida En Cristo Misson (New Life in Christ), 401 N. Washington, Bronte. Time: 9:00 am - 3:00 pm. \$5.00 a dozen. When: August 12, 1995.

02B-1tc

FOR SALE BY OWNER
4 bedroom 2 bath Brick house. Over 2000 sq. ft., fireplace, large kitchen, plenty of cabinets and closets. Low \$70,000's. 1121 Eucl, Robert Lee. 915-453-2580.

43-tnc

OWNER TRANSFERRED
Cannot take delivery of a special order home. Call Carrol 800-456-8944.

02a-1tc

FALL PLANTING is right around the corner. For best selections and prices, place your orders NOW.

KEY FEED STORE
Robert Lee, TX
915-453-2611
1-800-276-8193

MUST SELL!

Owner transferring overseas. Make offer on 1985 Solitaire. Clean with all the extras. Call Bill 915-689-8888 or 800-456-8944.

02a-1tc

BACK-TO-SCHOOL SPECIAL

(Not really - every day low price!) Kids Kuts (12 & under), 6 bucks. D's Total E. Clipse, Bronte, 473-6131.

01B-2tc

FOR SALE

Upright freezer, \$125. Call 453-2093.

02-2tc

TIRED OF PAYING RENT?

\$2000 and at least one year on your job can get you the home of your dreams. Call Nationwide of Midland 915-520-5850 or 800-456-8944.

02a-1tc

WINDOW UNITS

Donnie's Appliance, 453-2188.

51-tnc

DISPLAY MODELS

must go because the 96 models are on the way. Call Nationwide of Midland. 915-520-5850 or 800-456-8944.

02a-1tc

MISC

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Hair - Nails
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Pecan Casebearer, aphids, etc. Also spraying yards for fleas and ticks. Excellent service, reasonable price. PBS Nursery, Ballinger 365-3269, Donnie Bruton 365-2372, nights.

43-tnc

"TEXAS BEST" CARPET CLEANING AND FLOOD RESTORATION

Serving all Coke County for carpet cleaning, fire and water damage. Call toll free 1-800-473-2807 or 473-6603, Bronte. Free estimates.

01B-tnc

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1705 Hutchings - Ballinger
365-5934 or 1-800-310-8398

We make service calls to the following towns & surrounding areas within 50 miles of Ballinger: Blackwell, Bronte, Miles, Paint Rock, Robert Lee, Rowena

JOB OPPORTUNITY:

Looking for self-motivated, hardworking individuals with some knowledge/experience in agriculture, who like being outdoors. \$5.50/hr. An application can be obtained at 106 N. 13th Street in Ballinger or call (915)365-2543. Send Application to : Texas Boll Weevil Eradication Program, 106 N. 13th St., Ballinger, Texas 76821.

50B-6tc

NEEDED

a mature, responsible adult, in good physical condition with a good driving record, to transport handicapped and mentally impaired passengers. Neat, clean appearance a must. Apply in person: Bronte Nursing Home, 900 S. State, Bronte, TX. EOE

02B-1tc

BEACH VOLLEYBALL TOURNAY

Enter now for the Sept. 2 Labor Day Extravaganza, county park, Robert Lee. For entry fee, more info, call 915-453-2641, 453-4742, or 453-2148.

02a-1tc

McDONALD CUSTOME FARMING & HAY BALING

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J.D. McDonald
(915) 282-2208

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24 HR. SERVICE
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1-800-797-6039

D & L DOZER SERVICE
Larry Spivey, Owner-Operator. PO Box 160, Bronte, TX. Phone (Oak Creek Lake) 915-743-2577.

21b-tnc

LABOR DAY EXTRAVAGANZA

West Coke County Community Development's 6th annual all-day festival, Saturday, Sept. 2, Robert Lee. Reserve your booth now for food, display, or Arts & Crafts. For more info, call 915-453-2362, 453-2433, 453-2287, 453-4625. Both indoor or outdoor under trees available.

02a-1tc

GARAGE SALES

HUGE GARAGE SALE

4 Family. Large women, teens, men's & infants clothes, microwave, electric stove, refrigerator, freezer, lawn mower, tools, dishes, misc. 606 W. 9th, Robert Lee, Friday and Saturday.

02-1tp

SATURDAY - 8 TO 12.

Corner of 18th & Childress, Robert Lee. Cheap-Cheap-Cheap!

02-1tc

GARAGE SALE

Friday and Saturday, 8-? both days. 309 W. 13th, Robert Lee. Joan Poehls.

02-1tp

CARD OF THANKS

THE ROBERT LEE VOLUNTEER FIRE DEPARTMENT

would like to thank all those who donated money, food, and hard work that made the BBQ Benefit a great success by raising about \$1400.

02a-1tc

I WOULD LIKE TO PERSONALLY THANK everyone who helped with the 1995 Coke County Rodeo. Thank you all for helping keep the tradition alive for our youth.

Sincerely,
Sharon Brunson
Coke Co. Rodeo Secretary
02a-1tc

THANK YOU

We would like to extend our deep appreciation and sincere gratitude to each of you who came forward to help in our time of grief. Our husband and father passed away on July 13th, and was buried July 15th in Burkett Cemetery.

There were many kindnesses extended that removed numerous daily concerns from our shoulders. For this we are indeed grateful. May God Bless you and yours.

The Family of
L.M. (Doc) Robertson
02-1tc

NOTICES

BIDDERS' NOTICE
Bronte ISD is accepting bids on the following:

- Teachers Supplies
- Food Service Products
- Athletic Supplies
- Janitorial - Maintenance

Supplies
Computer Supplies
Specifications and bid documents may be obtained in the Superintendent's Office, 210 South Jefferson, Bronte, Texas. Please mark your proposal "sealed bid" and deliver it to the Superintendent's Office by September 1, 1995.

02b-2tc

El Rancho Restaurant will be open Monday, August 14th from 11 a.m. to 2 p.m.

02b-1tc

BRONTE ISD BOARD OF TRUSTEES

will hold a Special Meeting on August 17, 1995 at 8:30 pm in the Board Room to adopt a budget for the 1995-96 fiscal year pursuant to Chapter 44, Section 44.004 of the Texas Education Code.

02B-1tc

SS turns 60 and is still growing

August 14th marks the 60th anniversary of the signing of the Social Security Act -- legislation that now touches the lives of nearly every US citizen. More than 90 percent of all workers are in jobs covered by Social Security, and one in every six Americans receives a monthly Social Security benefit.

When he signed the Social Security Act on August 14, 1935, President Franklin D. Roosevelt said, "We can never insure one hundred percent of the population against one hundred percent of the hazards and vicissitudes of life, but we have tried to frame a law which will give some measure of protection to the average citizen and to his family..."

His words have held true. Since then, the Social Security program has grown to include survivors and disability benefits. About 43 million people receive monthly benefits, with over 61 percent of the money going to 26.4 million retired people. Twenty-nine percent of the money is paid to 12.4 million children, spouses, widows, and widowers who receive benefits because a worker in their family has become disabled or died. And, over 9 percent is paid to 4 million disabled workers.

But as important as it is, Social Security was never intended to be the sole provider of a person's financial security. Instead, Social Security is intended as a partial replacement of wages lost because of retirement, disability, or death.

It's easy to get an estimate of the Social Security retirement, survivors, and disability benefits you (and your family) may be eligible for now and in the future. Visit any Social Security office or call this toll-free number, 1-800-772-1213, to ask for a Form SSA-7004 (Request for Personal Earnings and Benefit Estimate Statement). The toll-free number responds to requests around the clock, including weekends and holidays. You'll get your statement within 4 to 6 weeks after you complete and return the request form to Social Security.

Summer is a plum (and a berry) good time to bake!

Roadside stands, city markets, fruit orchards and berry farms across the country are bursting with sweet flavor, and jam-packed with people filling their bags and bushels with summer's tastiest treats. Juicy plums, peaches and berries are at their peak of perfection right now, and that's the best reason there is for turning on an oven this time of year.

Homespun desserts like cobblers, tarts and turnovers are wonderful ways to enjoy fresh summer fruit. Baked and still warm from the oven, Fresh Plum Cobbler and Blueberry Triangles are two such recipes, and they're even more appealing because they're significantly lower in calories than a traditional cobbler or turnover.

To keep calories in check, added table sugar is not used at all; you replace it with your choice of either Equal® or Equal® Measure™ sweetener. See the complete nutrition information that follows each recipe.

Equal tastes like sugar, but its cooking properties are different. That's why food professionals recommend that you use recipes specially designed with it in mind. But, you don't have to open lots of packets to bake with Equal. Equal Measure is the same sweetener as Equal in packets, but it's in a convenient, easy-to-measure bulk form.

This recipe is a 43% reduction in calories from a traditional recipe:

Blueberry Triangles

- 1-1/2 cups fresh or frozen blueberries, slightly thawed
- 3-1/2 teaspoons Equal® Measure™ or 12 packets Equal® sweetener
- 1-1/2 teaspoons cornstarch
- 2 to 4 teaspoons cold water
- Pastry* (recipe follows)
- Skim milk
- 1/2 teaspoon Equal® Measure™ or 1-1/2 packets Equal® sweetener

1. Rinse blueberries; drain slightly and place in medium saucepan. Sprinkle berries with 3-1/2 teaspoons Equal® Measure™ and cornstarch and toss. Cook berries over medium heat, stirring constantly. Add water, 1 teaspoon at a time, if bottom of saucepan becomes dry, cooking and stirring until berries begin to release juice and form a small amount of thickened sauce. Cool; refrigerate until chilled.

2. Roll pastry on floured surface to 1/8-inch thickness; cut into 8 squares, 5 x 5 inches, rerolling scraps as necessary. Place scant 2 tablespoons blueberry mixture on each pastry square; fold in half to form triangles and press edges together. Flute edges of pastry or crimp with tines of fork; pierce tops of pastries 3 or 4 times with tip of knife.

3. Brush tops of pastries lightly with milk and sprinkle with 1/2 teaspoon Equal® Measure™. Bake on foil or parchment-lined cookie sheet in preheated 400-degree oven until pastries are browned, about 25 minutes. Makes 8 servings.

Nutrition Information per Serving: 147 cal., 2g pro., 21g carbo., 6g fat., 0mg chol., 134mg sodium.

Diabetic Food Exchanges: 1/2 Fruit, 1 Bread, 1 Fat.

*Pastry

- 1-1/4 cups all-purpose flour
- 1 teaspoon Equal® Measure™ or 3 packets Equal® sweetener
- 1/4 teaspoon salt
- 4 tablespoons cold margarine, cut into pieces
- 5 to 5-1/2 tablespoons ice water

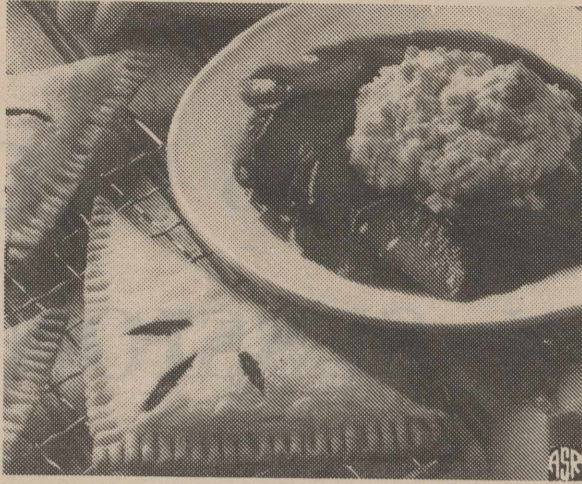
Combine flour, Equal® Measure™ and salt in medium bowl; cut in margarine with pastry blender until mixture resembles coarse crumbs. Mix in water, 1 tablespoon at a time, mixing lightly with a fork after each addition until a dough is formed. Refrigerate until ready to use.

This cobbler recipe is a 38% calorie reduction from a traditional recipe:

Fresh Plum Cobbler

- 1/2 cup water
- 5-1/2 teaspoons Equal® Measure™ or 18 packets Equal® sweetener
- 1-1/2 tablespoons cornstarch
- 1 teaspoon lemon juice
- 4 cups sliced pitted plums
- 1/4 teaspoon ground nutmeg
- 1/8 teaspoon ground allspice
- 1 cup all-purpose flour
- 1-1/2 teaspoons baking powder

Combine water, Equal® Measure™ and salt in medium bowl; cut in margarine with pastry blender until mixture resembles coarse crumbs. Mix in water, 1 tablespoon at a time, mixing lightly with a fork after each addition until a dough is formed. Refrigerate until ready to use.



- 1-3/4 teaspoons Equal® Measure™ or 6 packets Equal® sweetener
- 1/2 teaspoon salt
- 1/8 teaspoon ground allspice
- 3 tablespoons cold margarine, cut into pieces
- 1/2 cup skim milk

1. Combine water, 5-1/2 teaspoons Equal® Measure™, cornstarch and lemon juice in large saucepan; add plums and heat to boiling. Boil, stirring constantly, until thickened, about 1 minute. Stir in nutmeg and 1/8 teaspoon allspice. Pour mixture into ungreased 1-1/2-quart casserole.

2. Combine flour, baking powder, 1-3/4 teaspoons Equal® Measure™, salt and 1/8 teaspoon allspice in medium bowl; cut in margarine with pastry blender until mixture resembles coarse crumbs. Stir in milk, forming dough. Spoon dough into 6 mounds on fruit.

3. Bake cobbler, uncovered, in preheated 400-degree oven until topping is golden brown, about 25 minutes. Serve warm. Makes 6 servings.

Nutrition Information per Serving: 195 cal., 3g pro., 32g carbo., 6g fat, 0mg chol., 378mg sodium.

Diabetic Food Exchanges: 1 Fruit, 1 Bread, 1 Fat.

For more great tasting pies, desserts and other delicious home-baked treats made with Equal® sweetener, write to: "Home Sweet Home," P.O. Box 7777-E50, Mount Prospect, IL 60056-7777.

Include your name and address, along with zip code. The company's offer is limited to one request per household or organization, and it expires December 31, 1995, or while supplies last. Allow 6 to 8 weeks for shipment.

Help for incontinence

Elderly women who fear spending their golden years in diapers should know that there is help in avoiding such a fate.

Millions of elderly people in the U.S. and Canada suffer from urinary incontinence, and more than 80 percent of them are women.

"To help older women avoid diapers, it is important that they know what kind of incontinence they have and what remedies are available to them," said Dr. Timothy B. Boone, a urologist at Baylor College of Medicine in Houston. "They also need to know that acting early can make a big difference."

There are two kinds of incontinence that strike older women, Boone said: stress incontinence and urge incontinence.

Urge incontinence occurs when the bladder muscle "misfires," causing urine to be expelled unexpectedly. Urge incontinence can be controlled with medication and/or bladder training with biofeedback and does not require surgery, Boone said.

"A lot of older women put themselves in diapers," he said, "without realizing that their urge incontinence will respond to medicine or behavioral training."

Stress incontinence can be a more serious matter, but it, too, can be remedied.

Stress incontinence occurs when age weakens the supporting structures of the bladder, allowing the bladder to drop into the front of the vagina. The resulting loss of control causes urine to be leaked when any sort of stress is applied to the bladder. The stress can be lifting, laughing, or coughing, Boone said.

Stress incontinence is usually relieved in one of four ways: *Properly performed Kegel exercises, used by women after childbirth, can improve bladder support in half the incontinent older women. *Physician-prescribed medicine can improve the ability of the urethra to stay closed in a small percentage of patients. *Injections of collagen, a day-surgery procedure, can help restore proper support to the urethra. *A surgeon can lift the urethra back to its normal position in a procedure that requires two to five days of hospitalization.

"Surgery helps millions of older women who suffer from stress incontinence," Boone said. "But many of them could avoid surgery or at least postpone it, while enjoying freedom from bladder problems, if they would seek professional help at the first signs of incontinence."

Calcium absorption

Black girls absorb calcium more efficiently and form bone at a faster rate than their white counterparts, according to results from a study at the USDA's Children's Nutrition Research Center.

"Black women tend to have lower rates of osteoporosis than white women," said Dr. Steven Abrams, an assistant professor of pediatrics at Baylor College of Medicine.

Osteoporosis, a crippling disease that causes bones to break easily, affects an estimated 20 million Americans - most of them elderly women.

"The difference in calcium absorption during childhood and adolescence may be an important factor."

The study, which followed 38 black girls and 51 white girls between the ages of 5 and 16, also shows that racial differences in calcium absorption are partly dependent on the girls' stage of development.

"The greatest differences in absorption rates were noted after the onset of puberty," he said. However, black girls consistently demonstrated greater bone-forming activity throughout childhood and adolescence.

Study results were published in the May issue of the Journal of Bone and Mineral Research.

"The development of strong bones during childhood and adolescence may be a good defense against osteoporosis," Abrams said.

Abrams believes that identifying differences in calcium absorption is important in determining dietary guidelines and in evaluating treatments used to increase bone mass.

"Currently, we have a one-size-fits-all calcium recommendation. This information is helping us understand that there may need to be differences in calcium recommendations for some individuals or particular groups."

Even though the black girls in the study absorbed calcium well, Abrams noted that none of the girls met the recommended levels for calcium.

Current recommendations based on a recent National Institutes of Health panel specify three to four servings of calcium-rich foods for children ages 6 to 10, increasing to four to five servings at age 11. A serving could be one cup of yogurt or 1 1/2 ounces of natural cheese.

Some inoculations suggested for overseas travel

The only inoculation usually required by foreign governments is for yellow fever, but travelers should consider other medical precautions.

The most commonly recommended vaccine for overseas travel is gamma globulin as a hepatitis A preventive.

Also frequently suggested is a one-time polio booster for adults vaccinated long ago, said Dr. James Runnels of the Travel Medicine Service at Baylor College of Medicine in Houston.

Other precautions depend on destination. For example, exposure to Japanese encephalitis is possible in Southeast Asia.

Meningitis is present in Africa and Nepal, and Saudi Arabia requires meningitis vaccinations for pilgrims to the Islamic holy cities of Mecca and Medina.

Vaccination against cholera is sometimes advisable, Runnels said, because some local officials still follow outdated guidelines.

Notice of Public Hearing on Tax Increase

The EAST COKE COUNTY HOSPITAL DISTRICT will hold a public hearing on a proposal to increase total tax revenues from properties on the tax roll in 1994 by 8% percent. Your individual taxes may increase at a greater or lesser rate, or even decrease, depending on the change in the taxable value of your property in relation to the change in taxable value of all other property.

The public hearing will be held on August 21, 1995 at 6:00 P.M. in the Board Room

FOR the proposal: LeDrew Arrott, Eddie Alexander, Ed Cumbie, Charles Sonnenburg, and Royce Lee

AGAINST the proposal: None

PRESENT and not voting: None

ABSENT: None

The statement above shows the percentage increase the proposed rate represents over the effective operating tax rate that the unit published on August 4, 1995. The following table compares taxes on an average home in this taxing unit last year to taxes proposed on the average home this year. Again, your individual taxes may be higher or lower, depending on the taxable value of your property.

	Last Year	This Year
Average home value	\$ 23,690	\$ 23,690
General exemptions available (amount available on the average home, not including senior citizen's or disabled person's exemptions)	\$ 0	\$ 0
Average taxable value	\$ 23,690	\$ 23,690
Tax rate	.37071/\$100	.36419/\$100 (proposed)
Tax	\$ 87.82	\$ 86.27 (proposed)

Under this proposal taxes on the average home would decrease by \$ 1.55 or 1.76 percent compared with last year's taxes. Comparing tax rates without adjusting for changes in property value, the tax rate would decrease by \$.00652 per \$100 of taxable value or 1.75 percent compared to last year's tax rate. These tax rate figures are not adjusted for changes in the taxable value of property.

SCHOOL IS BACK IN SESSION



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UNLOADING ON SCHOOL BUSES -
AT CROSS WALKS & IN SCHOOL
ZONES!**

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