

High 73 / Low 45 Tomorrow: High 73 / Low 47 I The University

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U.S. ravages more than 80 percent of targets

STRIKE THREE: The third day of attacks against the Taliban in Afghanistan damages more of the terrorist group's sites.

By Pauline Jelinek/Staff Reporter

WASHINGTON — Displaying the results of U.S. military strikes in Afghanistan, the Pentagon showed before-and-after slides Tuesday of a devastated terrorist training camp, an anti-aircraft site and an airfield.

Air Force Gen. Richard Myers, chairman of the Joint Chiefs of Staff, said airstrikes that began Sunday have damaged or destroyed more than 80 percent of targets as the day-and-night campaign continued Tuesday.

"As in any military operation, we were not perfect," Myers said.

The Pentagon said the slides showed big damage at: The Garmabak Ghar camp, a collection of dozens of buildings and other structures before the strike and a mountainous landscape with a half dozen scattered structures after. It was fairly empty, Myers said.

On the third day of strikes, Defense Secretary Donald H. Rumsfeld said Afghanistan's terrorist network and ruling Taliban are feeling the pressure of the U.S. war on terrorism.

"We're moving along well toward our goal," Rumsfeld told a Pentagon news conference. He said that goal was to pave the way for a sustained campaign against terrorists and the delivery of humanitarian aid to civilians.

On Tuesday, the Taliban reported strikes around Kandahar, the ruling militia's headquarters, and the northwestern city of Herat in the morning. Anti-aircraft fire and the roar of jets could be heard in the capital, Kabul, at night.

Because Taliban radar systems, runways and anti-aircraft defense systems had been hit, forces were "able to carry out strikes more or less around the clock as we wish," Rumsfeld said.

He said the military operation was increasing

pressure already growing from the diplomatic, economic and financial campaign started after the Sept. 11 attacks.

"It's pretty clear that the Taliban and the al-Qaida are feeling some pressure," Rumsfeld said.

"It is growing and it is adding pressure every day," Rumsfeld said concerning the overall effort, adding he is confident the campaign will be suc-

Rumsfeld declined to say what the next step in the military campaign would be but didn't rule out ground troops. Special forces have already done scouting missions on the ground in Afghani-

Myers also didn't rule out providing air cover for the northern alliance rebel group trying to overthrow the Taliban, but other officials have said it was unlikely in the near-term.

Correcting something he said Monday, Rumsfeld indicated that medicine has not yet been included in the humanitarian airdrops of food packets to Afgahanistan's population.

Medicine can't be dropped from the high altitudes from which the food was being delivered and the Pentagon was planning a different system, he said.

In other developments:

Gen. Tommy Franks addressed senior commanders, pilots and senior officers on American ships at sea and military bases in the region, call-

ATTACK continued on page 3

Former chief submits form of grievance WITHOUT REASONING:

Walker claims the city is unjust in its decision to place him on paid leave.

By Jenny Klein/Staff Reporter

Former Lubbock Police Chief Ken Walker submitted a grievance statement to the city of Lubbock on Tuesday in the form of a letter.

A grievance hearing was set for 1:30 p.m. Tuesday in City Hall, but Walker and his attorney decided not to attend. Instead, Walker opted to send a written grievance, which is completely within his rights, said Tony Privett, director of communications and legislation for the city.

Walker said in his grievance statement he believes the city was "not justified in putting me on administrative leave."

He referred to City Manager Bob Cass' letter that placed him on paid administrative leave. The letter called into question Walker's abilities as police chief and his professionalism.

Walker said in the statement this is the sole reason Cass gave for placing him on leave, adding the reasons stated in Cass' letter "ignore reality."

He justified his argument by listing several circumstances relating to the July 13 SWAT team incident in which a Lubbock police officer was killed during a break-andrake operation outside a South Lubbock

Walker pointed out in his letter his absence during the SWAT team operation. He was out of the state at the time.

"I did not even know it was in process until it was over," Walker said in the grievance submission.

Walker also said he did not play a role in choosing who was on the SWAT team of the tactics used that day.

Before this incident, Walker said, there had not been a problem with friendly fire by the SWAT force.

Walker made reference to similar situations where police chiefs were not placed an administrative leave by a letter, citing an incident in Arlington earlier this year. He said the supervisors in charge of the

GRIEVANCE continued on page 3

Airport security at full throttle



JAIME TOMÁS AGUILAR/Staff Photographe A POLICE OFFICER for Lubbock International Airport and an Army National Guard officer survey airport passengers Tuesday afternoon after stricter security measures were enforced last week.

LIA's military presence noticeable to passengers; vehicles being checked upon arrival, departure

By Melissa Guest/Staff Reporter

Eric Preston, a Lubbock resident, returned safely to Lubbock International Airport from Argentina on Tuesday to be greeted by armed military guards.

When he left two weeks ago, he said, there were only 15 other passengers on his flight to Dallas. By the time he returned, he said, the flights were almost back to normal.

"I don't think flying is at 100 percent yet, but they're getting back up there," he said. On the way home, Preston said, passengers

seemed more at ease.

"I think security is better than what it was," he said. "When I was getting ready to leave, I was still a little nervous, but it definitely seems safer."

In response to Federal Aviation Administration requirements and last month's terrorist attacks in New York and Washington, D.C., LIA has tightened its security measures.

Along with the addition of the Texas Army National Guard, the airport has a police presence

Additionally, cars entering the short-term parking lot at the airport are being stopped and searched before being permitted to park, said John McGinley, deputy director for airport operations

"Folks coming out to park their car and drop someone off could see a delay," he said, adding that although the new measures add time to the



JAIME TOMÁS AGUILAR/Staff Photographer

AN ARMY NATIONAL Guard officer paces in front of the passenger security checkpoint Tuesday afternoon at Lubbock International Airport. The officers have been patroling airport grounds the entire week.

trip, they also add peace of mind. "We've had a surprising few number of com-

plaints," he said. "Everybody, for the most part, has been positive about the changes. I think they understand." The newest of FAA requirements limit pas-

sengers to only one carry-on bag and one personal item on all flights. Since the Guard took its place in the airport,

McGinley said, passengers are returning to the

"The public is reacting very positively to that,"

he said. "They've had a lot of compliments."

After the attacks, airlines saw a nearly 20 percent decline in air travel. Southwest Airlines spokeswoman Brandy King said figures for September show the passenger load down by more than 12 percent from last year.

"You have to take into account that we weren't running for a few days," she said. "We do see passengers coming back. Things are improving, which is positive."

SECURITY continued on page 3

South Texas no stranger to Anthrax **POSING A PROBLEM:**

The bacteria from the illness was found in the state this summer.

COLLEGE STATION (AP) - While anthrax remains extremely rare, especially the particularly dangerous inhaled type blamed on a Florida death, researchers say forms of the disease have long been present in Texas, flaring up as recently as this sum-

An outbreak in the southwestern part of the state, near Del Rio and Uvalde, killed hundreds of animals and sickened at least one man, who recovered.

"As far as anthrax goes, in these enmic areas, it's been here since the beginning of time," said James Lenarduzzi of Beeville, a veterinarian with the Texas Animal Health Commission.

Outbreaks usually affect four to six counties and remain localized, he said, but even those areas typically remain safe for most human activity.

"There's not any danger of getting anthrax by camping out or by having campfires or having any type of activity out here in this part of the world," Lenarduzzi said. "As long as you're not getting the blood of an infected animal on your skin, you're just as safe here as anywhere else."

The disease is considered a possible candidate for bioterrorism, which has become a hot topic since the Sept. 11 terrorist attacks.

Hunters, particularly in northern parts of South Texas or in the southwestern part of the Edwards Pleateau, should be careful, said Rick Taylor, wildlife biologist with the Texas Parks and Wildlife Department.

"If you come across carcasses — dead deer bones, skulls, skeletons - you should leave them alone. Don't touch them, just leave them alone," Taylor said.

One confirmed and one suspected case of cutaneous anthrax, the less lethal variety absorbed into the skin, were reported near Uvalde after reported contact with infected animals.

The bacteria are endemic to several southern states and other countries, said Bruce Lawhorn, a veterinarian with Texas Cooperative Extension and the College of

ANTHRAX continued on page 3

Texas Tech crime stats for 2000 released

By Pam Smith/Staff Reporter

Texas Tech crime statistics detailing campus crime activity for 2000 were released to the Tech

"The purpose of the report is to give students information about their surroundings," said Residence Life manager Sean Duggan. "This is not the situation at Tech, but if there was a school where one residence hall was not as safe as another, it would allow students to make an educated choice not to live there."

According to the crime report, the most common crimes on campus included the theft of unattended or unsecured items on campus, such as backpacks, books, wallets and bicycles. The re-

port states there were three instances of burglary on campus, nine at non-campus property and no instances on areas surrounding the Tech campus.

These numbers compare to the 1999 statistics in which there were two instances of burglary on campus, two instances in non-campus buildings and no instances on public property.

According to the report, the number of forcible sex offenses stayed consistent with 1999 as one incident was reported to the Tech Police Department. There were no instances of murder, negligent manslaughter or non-forcible sex offenses, robberies or aggravated assaults on cam-

However, six instances of aggravated assaults were reported in the surrounding areas of the campus, compared to none in 1999. Calls to the Texas Tech Police Department were not returned Tuesday.

Arson in the residence halls increased by four incidents over the past two years. During 2000, there were five reports of arson compared to one

in each of the past two years. "Anytime police feel that a fire was maliciously set, they will term it as arson," Duggan said. "This could also refer to a student who lit a small fire in a hallway that wasn't meant to harm anything or a fire in a trash chute."

Duggan said he believes the residence hall staff does a "pretty good" job keeping the residence

CRIME continued on page 3

POSITIVE PRESENCE: The

Women of Architecture talk about accreditation issues.

By Joseph Balderas/Staff Reporter

Lane Smith said she thought it was time for the women in the College of Architecture to have a positive presence. So, she organized a meeting Tuesday to start

a new group, Women in Architecture. According to a recent report by the National Architecture Accreditation Board, which sent

a team to the college earlier this year for re-

accreditation, there was a noted "undercurrent of aggression toward women" throughout the

The college's enrollment includes about 25 percent female students, while most other colleges on campus have about a 50 percent female enrollment.

Smith, an architecture graduate student from Fort Worth, said the reason for starting the organization was a direct result of the report. She said she knew a lot of students were involved in taking care of other issues in the report, and she believed her new organization could help women and the college address the

ARCHITECTS continued on page 3

Women discuss school's status

Miss Greek crowning old tradition

PAGEANT PRIDE:

Delta Sigma Phi is again hosting the event after a one-year break.

By T.J. Griffin/Staff Reporter

In hopes of bringing back a university tradition, the Delta Sigma Phi fraternity will host the Miss Greek Texas Tech 2001 pageant at 7 p.m. Thursday in the Cactus Theatre to gain proceeds benefiting the March of

Originally called Miss Fall Rush, the pageant made its debut in 1984 and has been Delta Sigma Phi's philanthropy ever since. However, the event was not seen in the last year.

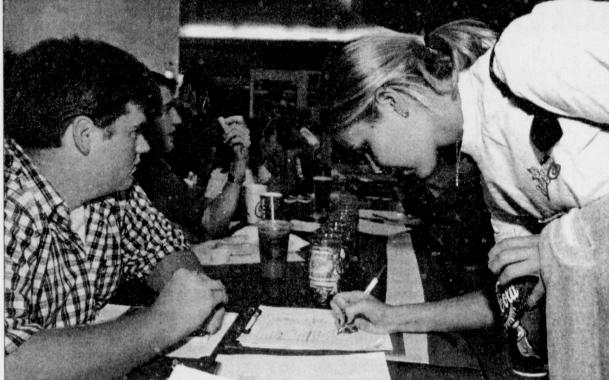
"It used to be a real big event so we wanted to start it up again," said Thomas Baen, Delta Sigma Phi president. "In the past years, we were focusing on the wrong aspect of it, though."

Several Tech sororities will take part in the main event Thursday, earning points to eventually gain the pageant's crown. The night will include four contests, including spirit, evening gown, talent and question and answer.

"It's a charitable event for the March of Dimes and it also supports our local Greek community," said Kristin McManus, Alpha Delta Pi president. "We like to support them in events they hold. The main thing is the philanthropy, though."

Activities began Monday and will conclude with the crowning of Miss Greek. Besides gaining points through the pageant alone, each representative had the opportunity to receive points throughout the week by participating in several activities.

"They can earn points by wearing shirts representing their sorority, donating money, and from ticket sales to



JONATHAN FLOOKES, LEFT, a freshman communications major from Grapevine, collects a signature from Haven Bowers, a freshman undecided major from Kingwood, Tuesday afternoon in the University Center. Sign-ups and donations were being collected for the Miss Greek Texas Tech 2001 pageant, which will take place at 7 p.m. Thursday in the Cactus Theatre.

wearing T-shirts for the event," Baen pate in this — 1999 was our first year

Among other possibilities to earn points, each soror-

ity can eat at the 50th Street Caboose restaurant It used to be a real to earn points for their sorority. The big event so we restaurant has wanted to start pledged to donate \$2 to the March of Dimes under the purchasing sororities' names for every appetizer Delta Sigma Phi President purchased throughout the

week. Individual pledges also can be made at the Univer- whole bunch of us went to eat at the 50th

because they didn't do it in 2000," said Courtney Surth, 50th Street Caboose

director of public relations. "We thought it would be a great way to get involved with the community and Greeks." Sororities are

getting involved by taking advantage of points available for them to earn in hopes of receiving a chance at the crown

"Last night a Street Caboose after chapter," McManus "This is our second year to partici- said. "We ordered appetizers so that

it up again.

— THOMAS BAEN

money would be donated to the March

Obtaining the crown of Miss Greek is not the main objective, though. Baen said he hopes his fraternity gains between \$1,500 and \$2,500 in proceeds for the March of Dimes. He said the event in previous years never gained proceeds because of poor lead-

"We've had some poor leadership in the past," he said. "The main focus was on the concert afterwards and not on the March of Dimes.

Tickets are \$4 and are available in the University Center or at the Cactus The-

"Numerous hours have been put into planning it," Baen said. "We started just before school started, and we're expecting to fill the Cactus The-

Ten Tech departments up for new Star Award

By Pam Smith/Staff Reporter

Ten departments on campus may have the opportunity to shine like stars if they are selected to receive a new award from the Texas Higher Education Coordinating Board.

"The idea of the award is to demonstrate how your institution supports students and the Closing the Gaps program," Assistant Provost Liz Hall said. "It is a push by the coordinating board to direct attention to this effort."

According to the board's Web site, the Star Award, established by the board, recognizes higher education institutions, organizations, groups and individuals for their exceptional contributions toward one or more of the goals of Closing the Gaps. It is the Texas higher education plan adopted by the board in October 2000.

Closing the Gaps is sponsored by the board with the goal of expanding opportunities for students to attend higher education institutions.

This year, Provost John Burns nominated several departments on campus for the award. They include Red Raider Camp, Red to Black Financial Services, TECHniques Center, University Writing Center, College of Engineering's Outreach Program, the Honors College, the Division of Enrollment Management's Gateway program and supplemental instruction program, and the Regional Center.

'We didn't even nominate all of the departments that would have qualified because there are only 12 possible awards," she said. "We will try to nominate some of these departments next year."

Some of the other departments that qualified, but were not nomi-

nated, included several departments within the College of Education.

According to the board's Web site, Texas public and independent twoyear and four-year colleges and universities, public technical and state colleges, public and independent health science centers, degree-granting private career colleges, and other organizations, groups, and individuals focused on education were eligible for the award.

Eligible departments, associations or individuals could be nominated or. could nominate themselves.

Other criteria include meeting at least three of the following requirements: displaying a history of excellence in academic instruction in student support services or in partnerships that contribute to Closing the Gaps; showing outcomes with benchmarks that allow progress to be monitored and evaluated in achieving goals; showing innovation in a concept or approach that could serve as a model for other institutions; or displaying actions that strengthen the institution and benefit students.

Glenda Barron, assistant commissioner of community and technical services for the board, said nominations for the awards were diverse.

"We've received nominations from many universities, two-year colleges, some private institutions and some nominations that seem to be from associations that deal with higher education," she said. "What we haven't seen is a majority of nominations from one type of source, such as a health sciences center."

A specific number of nominees was not available at press time, however, Barron said, the board received a "really wonderful turnout" of nomi-

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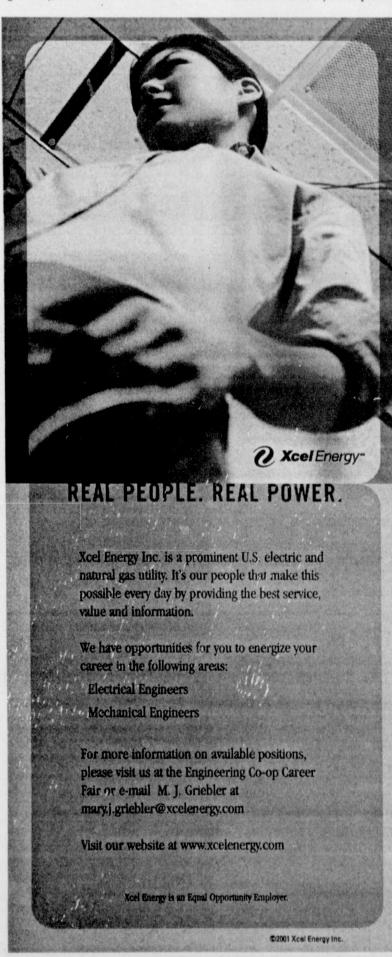
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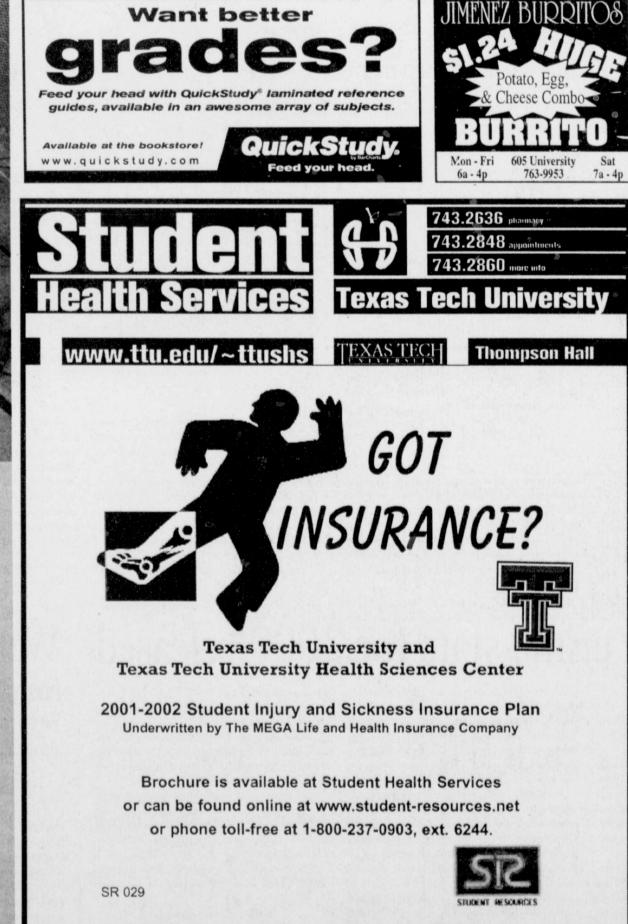
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JILL KASTL, A

Tech trio cooks up healthy alternative

Today's meeting with publisher could put book on newsstands

By Kristina Thomas/Staff Reporter

For athletes who live off campus, fast food and TV dinners might be an easy and quick alternative to healthy eating.

To deter these habits, Aaron Shelley, Texas Tech's director of sports nutrition and head strength and conditioning coach for men's basketball, along with his wife, Kelly Shelley, and Jill Kastl, a senior food and nutrition major from the Woodlands, wrote and released a cookbook to help athletes make quick, healthy meals.

The book, Performance Cuisine Made Easy: Sports Performance Nutrition Cookbook, was released at Tech last week. It is being printed by its authors and distributed upon request, but, Aaron Shelley said, he is meeting with a publisher today to perhaps put the book on shelves across the country.

The cookbook uses the same trafficlight principles Tech's athletic dining hall uses to give athletes a general idea of how many fat grams are in each dish. A red light near a dish signals 30 per-

cent or more of the dish is fat. A yellow light means 20 percent of the dish is fat and a green light means 10 percent is

Color-coding dishes is used as a way to help students plan their diet accordingly. Aaron Shelley said people who are looking to lose weight need to focus on green light meals while people hoping to gain weight should eat red-light

"The traffic-light system is easy so that anyone can use it," he said. "It kind of idiot-proofs the whole system."

A main characteristic of the book that has made it popular, Aaron Shelley said, is it is healthy and easy but also full of foods that taste good.

"Athletes often sacrifice healthy foods for ones that taste good," he said. "We feel we walked away with a really broad spectrum of foods most people will really enjoy."

Kastl said she thinks the book is being widely accepted because of the variety of foods and plans it offers.

"Before this book, a lot of what I heard from people was that they felt like ten.

they were eating the same things for every meal," she said. "There are so many selections with this book that people can choose different meals and still get the calories and fat they want."

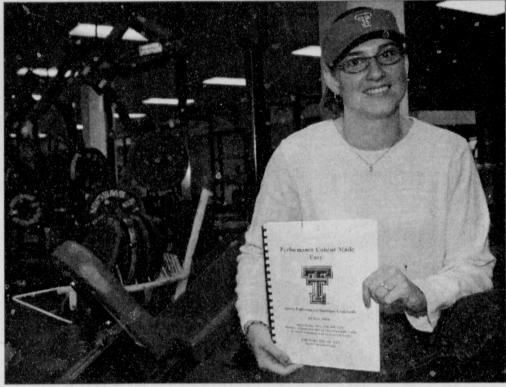
The copies of the book available now are free to athletes or for sale by request. The proceeds from the book sales will go to help fund the sports nutrition program at Tech.

Aaron Shelley said the idea to make the cookbook came about when he and the fellow authors couldn't find a book they liked.

"We were looking to purchase this book," he said. "When we couldn't find what we wanted, we wrote one."

The book is 223 pages long and offers at least 10 suggestions for each section - breakfast, lunch, dinner, sides, snacks and desserts.

Kastl said when she first started working with food and nutrition; she would give athletes small handouts to help them work on their diet. She said she could not find a full collection of ideas she liked before the book was writ-



senior food and nutrition major from the Woodlands, holds a copy of Performance Cuisine Made Easy: Sports Performance Nutrition Cookbook. Kastl and two others wrote the book and recently made it available on the Texas Tech campus, however, they have plans to put the book on the national GREG KRELLER Staff Photographer

"The recipes are really a little bit of everything," she said. "We took stuff that we liked that was passed down from old family recipes and things that people had suggested to us. We got recipes from the Internet and just really from everywhere, analyzed them and made them

While working on the book, Kastl said, she followed the recipes and suggestions and lost 15 pounds in five months. She said she attests to the fact that the plan works if people are willing to follow the suggestions.

said, she has felt an overwhelming sense

of accomplishment.

"I hated finishing it because I was having so much fun doing it," she said. "The response we have gotten is awesome. It is really overwhelming."

For more information on the book or Since the book was released, Kastl how to obtain a copy, call (806) 742-

Attack

CONTINUED FROM PAGE 1

ing the strikes "the beginning of a long and arduous campaign."

As chief of the U.S. Central Command, Franks is heading the military part of the Bush administration's war on terrorism. He was addressing at least six sites around the world from his U.S. Central Command headquarters at MacDill Air Force base in Tampa, Fla.

- In Paris, Prime Minister Lionel Jospin said Tuesday that France would participate in the U.S.-led military mission in Afghanistan with "selective" actions, making its own decisions.

He said a French military liaison team had arrived Tuesday at the command headquarters in Tampa to keep informed about the campaign. France has already opened its airspace to U.S. military aircraft, is supplying naval support and has intelligence agents on the ground in Afghanistan, officials have

- In separate news conferences Tuesday in Tajikistan, Russian and Tajik officials said Tuesday that American officers had talked with them about using the country's territory.

The Russian said American officials ere interested in basing rescue troops there and the Tajik security official indicated the activities would be humanitarian, The U.S. Embassy in Dushanbe, the Tajik capital, declined to clarify the discrepancy.

Security

CONTINUED FROM PAGE 1

McGinley said he also has noticed more people returning to the airlines.

"I haven't seen the numbers yet, but from talking to the airlines, passengers seem to be recovering well," he said. "Next weekend is family

weekend at Texas Tech and a number of airlines are booked solid for that."

The Guard not only provides a military presence, McGinley said, but also takes part in passenger screening and

"Their role is to basically provide a presence in the building," he said. 'They're here to support the airport's and airlines' security procedures."

In addition to the FAA requirements, McGinley said, the airport is working to increase safety and security on its own.

"There's a lot going on behind the scenes," he said. "The public tends to see what affects them - no ticketed passengers past security, more stringent security measures. There's a lot of things going on."

Airlines also are taking part in the added requirements, routinely searching

carry-on bags and checked luggage before putting it on the plane.

King said although the airline cannot go into detail regarding the new procedures, passengers can expect tighter scrutiny when traveling. Even with increased security, she said, customers do not seem to mind.

"Customers are pretty open and welcoming to it," she said. "Their piece of mind is more important than bringing a metal fingernail file with them."

Additionally, King said, she was surprised at the efficiency with which the airlines and passengers have adjusted to the added requirements.

"When I was at the airport I thought, 'it's going to be mayhem,' but customers were really comforted," she said. "I think it puts them at ease."

Crime

CONTINUED FROM PAGE 1

halls safe for the students who live in them. However, he said, much of the responsibility to keep the residence halls safe falls on the students who

"The buildings are only as safe as the students make it," he said. "They need to make sure they notify us about people who are in the halls who shouldn't be, and they need to make sure to report any strange behavior

Liquor law violations resulted in 208 arrests, with 135 of those taking place in residence halls. This is compared to 163 in 1999 and 173 in 1998. Arrests for drug law violations also increased from 31 in 1999 to 78

In the future, Duggan said, the university is hoping for a database that compiles all statistics from these and other incidents, such as noise distur-

"This campus report does not reflect other type of violations such as noise dis-

turbances in the residence halls because they are not crimes," he said. "However, we would like to be able to keep statistics on these types of things.

He said one of the safety measures the residence halls take to make the campus safer for students is to educate them about how to keep themselves safe.

"We broadcast things on Channel 14 and have discussions with students about safety," he said. "We try to educate students about how to be aware of their surroundings."

Grievance

CONTINUED FROM PAGE 1

scene and the SWAT team procedures. "were not put on administrative leave with a pejorative letter given to the pub-

Walker is asking the city to reinstate him immediately with a public announcement.

Cass has to rule on the grievance within 10 working days, Privett said. Cass has the option to reinstate Walker, terminate him, continue his paid leave or

hand down some form of discipline, including suspension or a written repri-

"Our city policy allows all city employees to request a grievance hearing if they disagree with a personnel action," Privett said.

He said this covers a variety of employment actions.

Employees also can submit a grievance statement, like Walker did, Privett

However, he said, Walker's grievance submission has nothing to do with his pending lawsuit against the city.

Architects

CONTINUED FROM PAGE 1

concern noted in the report.

"The organization is not a negative group and it is not about complaining," she said. "It is for the advancement and encouragement of women in architecture."

Smith said she mentioned her idea to Liz Baloutine, an architecture graduate student from Austin, because Smith thought she would know how to start a new organization. Baloutine stressed that the organization is going to be a "whine session" for women.

"A lot of the girls feel like there are some issues that need to be resolved," she said. "It will be a chance to talk about certain things together."

The organization, which is open to any student, had 16 people show up to the first meeting, including three men. Near the end of the meeting, the organization was being referred to as a sup-

port group. Items members of the organization want to focus on are:

architecture field; ■ Mentorship with female students

Lectures about or by women in the

and professionals for retention purposes; ■ Group social activities; ■ Involvement with local schoolgirls

to create interest in architecture: Recognize issues women deal with in the college and how to deal with them;

Participation in college activities. Smith said she is looking to find undergraduates who would have more time to run the organization. She is hoping the next meeting will draw more people, when the group begins nominating of-

"I would like to see another group of women take the reins on the organization and run with it," she said. "I really don't have time to commit myself fully, but I felt the organization needs to be there."

The next meeting will be at 5 p.m. Oct. 30 in 102 Architecture building.

Anthrax CONTINUED FROM PAGE 1

Veterinary Medicine at Texas A&M University.

Animals typically become infected by grazing and picking up the microscopic anthrax spores from the soil.

Once inside a body, the bacteria multiply and release deadly toxins.

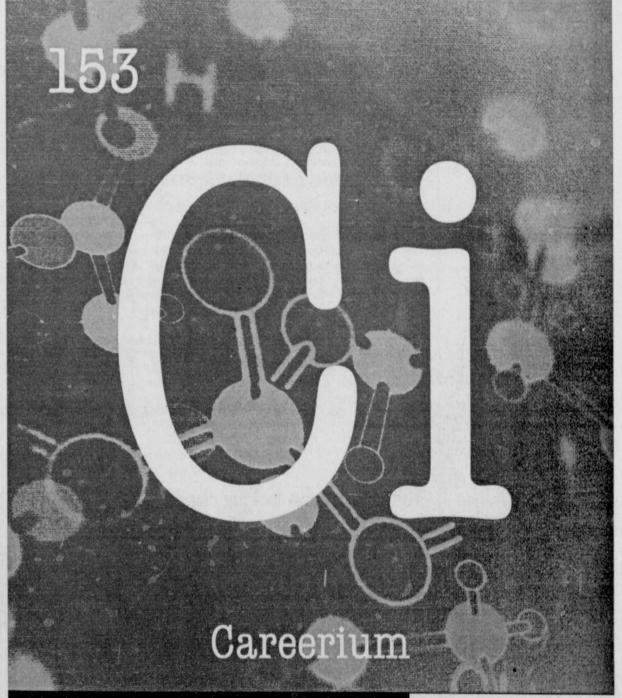
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Depression myths not always true

COLUMN



LINDA ROBERTSON.

I got sick when I was a little, tiny girl — 2 or 3 years old. I stayed deathly ill until I was 28 years old, and probably would have stayed deathly ill until I ended my life, which would have been the afternoon I cratered. I asked my roommate for a gun so I could end the agony. Unfortunately, at the time, but fortunately, now, he didn't own one.

Of what sort of illness am I speaking? How could someone be ill for more than 25 years and not die? Beethoven, Sir Winston Churchill, Abraham Lincoln, Vincent van Gogh; all of these prominent and historical figures suffered from the same disease I have, or a form of my disease. Like these figures, I am mentally ill.

I bet I could've heard a pin drop when you read the last line. After all, aren't people who are mentally ill the ones who look and act like Charles Manson, or do things as weird as what Jeffrey Dahmer did?

No. Not exactly.

Sometimes, people who are mentally ill hear voices they can't account for, or feel as if the entire world has landed on them, or feel as if they don't deserve to live.

That's what I had to live with for so many

Thursday is the National Depression Screening Day. On Oct. 11, seven years ago, I read an article in one of the agony aunt columns, and was frightened by what I saw.

The columnist laid out cardinal signs of depression and its cousin, dysthymic disorders and lots of other diseases.

I was scared to death when I hit all 10 of the cardinal signs.

Like many of you, I was sure I would be OK once I got the job, the boyfriend, the car, the money, the whatever capable of setting my life on course.

Like many of you, I was near-fatally mistaken.

Depression is not being bummed about something small. It is not something I can "cheer up" from, nor is it anything I can just "get over." I know I have a good life, and I know I am more blessed than most I have ever met.

My depression is not situational, meaning, I am not depressed because of things going on around me. I am depressed because I am short some neurotransmitters, which are chemicals in the brain designed to let the brain cells, or neurons, speak to each other.

The process of figuring out whether or not to tell anyone about the demons I was fighting made for an interesting life. I had no idea how much pain my friends and family were in, seeing how sad I was, watching me cry, and watching me slow down until I couldn't move, until I finally started treatment.

Nov. 7, 1994 is a day I will never in my life forget. I was a nursing teacher, a graduate student, and a part-time practicing nurse. I drove 30 miles to work, and had no idea how I got there. I kept seeing distressing images, and felt myself slowing down to the point of being immobile. I got my students on to their assignments, and fell apart. I just couldn't stop crying, I felt like a I had no human shape or form and was blending into the environment, and I just kept getting slower and slower. I eventually got to the point of being unable to speak or walk.

I was sent home from work, told not to come back for a while, and went to a kind family practice doctor who actually ran up and down the hall of his office, looking for a big box of tissue because I needed them all.

I went through a battery of tests, including blood tests to see if I had a physical deficiency of some sort. Finally, he said something I was so afraid to hear — I needed to start anti-depressants, and may be on them the remainder of my life.

There is a common misconception about antidepressants, and I wish to dispel it right now they do not make you artificially happy or nonchalant all the time. They do not block you from being able to feel what you will feel, be it joy, rage, fatigue or overwhelming grief. They make me functional, which means I can get up in the morning without wanting to die, and I can walk without turning into a block of human, unable to move. They help me to see and feel life as I know it should be — without a perpetual black cloud over my head, with an impending sense of doom, shame and guilt for no reason.

I fought hard against the idea of the medicines, though. To me, it was conceding to the world that I was too big a wimp to solve things for myself. I heard a voice in me say I was an absolute idiot and a fat, lazy loser because I just couldn't get over myself.

I kept beating myself up over that, until the kind doctor made an interesting point; if I had a patient who had an infection, what would I give him? An antibiotic, of course, I said. What makes you think an antidepressant is any different? If a person has an infection, you give him antibiotics. If they are so depressed they can't function, you give them antidepressants. That's all there is to it.

I am much better now, thank you for asking. I have had to endure medicine changes that loop me out a little at times, but by and large, my life is so much better than the day I asked my roommate for the weapon of choice for my destruction.

National Depression Screening Day is Thursday. Even if there are no booths set out, please, please, go get help if you feel bad. If you don't care about things you used to, if you're feeling guilty all the time, if you sleep too much or just can't get out of bed, if you cry at the drop of the hat and don't know why, please, I beg you, please, go to the counseling center, Thompson Hall, your family doctor or anyone.

The difference between not being treated and finally, blessedly being treated is the difference in the short trip from Kansas to Oz which Dorothy takes: the world goes from shades of gray to a beautiful scene of color. You get your life back, or if you never had it, you have the opportunity to taste life. My best wishes to you. Take care of yourself - you are the only you you have.

■ Linda Robertson can be seen with a smile on her face in the Mass Communications building, where she is a senior journalism student and a survivor of a deadly disease. Write her at Babfly@msn.com. I'll respond to any letter I get.

Bicyclists, pedestrians and drivers all need help

COLUMN



BRENDAN HEADD

et's face it; there is nothing more satisfying than poking fun at "Lubbock drivers." We all think we're the best driver on the road, but my question is, who the hell taught you people how to ride a bicycle?

Just because you're on a bicycle doesn't give you the right to run red lights or stop signs! Wait your

turn at the stop sign or red light; quit sneaking up along the curb to the front of the line. What makes you think you're so special? You can't just randomly turn in the middle of the road or ride down the wrong side of a street because you want to shave a couple of seconds off your commute.

Memorial circle is one way; so peddle the extra 20 seconds it takes to circumnavigate your lazy behind around it. What in the world makes some of you think it is okay to ride a bicycle on a sidewalk? You're not in kindergarten anymore, so save yourself the inconvenience of dodging those inconsiderate pedestrians who are under the outrageous impression the sidewalks were made for them and ride in the street where you belong.

Like it or not, in the eyes of the law, a bicycle is treated as an automobile. The reason motorists won't share the road with bicyclists in this town is because many are sick and tired of people on bicycles blatantly committing traffic violations. Quit whining when the Texas Tech police department gives you a ticket for breaking the law.

Speaking of the Tech police department, when you pull over a bicyclist, don't make such a spectacle out of it. Enough with the dramatics, there are no Oscars for best traffic stop of a bicyclist.

Furthermore, deliberately riding your bicycles as slow as the laws of physics will allow creates a lot of hazards for others on the road. You know full well some people get nervous and can't decide whether or not to pass you; it's not funny. The result is the people behind you nearly running into each other or attempting to pass at the same time. If you feel as though it is necessary to peddle that slowly to monitor this campus, then get off the bike and walk.

Part of this university's bicycle problem is Tech has done everything humanly possible to make this the most bicycle unfriendly campus in the free world. If the powers that be don't want students riding on anything but the street than why do they put the bicycle racks half a mile from the road? Having to walk one's bike obscene distances to a bike rack defeats the purpose of having the bike. How about a bike path through campus (make it out of concrete, not asphalt or that junk that surrounds the recreation fields!)?

Those of you who drive aren't entirely innocent, either. A bicycle has the same rights as a car, so treat a bicycle just the same as you would a car. This means when you pass a bicycle on the road, give it the same distance you would a car. If you can't do this because there is a car in the next lane, slow down and wait until it is safe (sound familiar, perhaps something you once heard in that ridiculous driver's education class the state of Texas mandated you take?).

Bicycles have evolved tremendously since we were children. Bikes today easily can go 30 miles per hour, so when you pass actually look in your rear or side view mirror to make sure you have really passed. Just because you see a bicycle on the road doesn't mean that you are driving too slow or that you have to pass it.

If you're driving on campus, that bicyclist you are attempting to run over because he or she is peddling too slowly is probably going the speed limit. I'm sorry if you are not comfortable with a lowly bicycle, keeping pace with the expensive sports car daddy bought you, but a \$100 bicycle owns the same amount of stock in this campus' roadways as an automobile does.

Also, deliberately spraying bicyclists with water from a puddle isn't funny (you're not in high school anymore, act like it). Try and keep in mind the rider powers a bicycle; the movement of your lead foot powers your overpriced Chevy Silverado super-cab with a whopping two square feet of bed space.

Pedestrians, just because there is a crosswalk (or when you suddenly feel that uncontrollable urge to jaywalk) doesn't alleviate you of your responsibility to look before crossing the street. I fully understand it is a Tech tradition to walk around campus starring at our feet, but would it kill some of you to look up when you approach the street?

Oh, whom am I kidding? Every man for himself!

■ Brendan Headd is a geosciences graduate student from Richardson. He can be e-mailed at bheadd@ttacs.ttu.edu

LETTERS TO THE EDITOR

Tolbert's column lacking class

To the editor: I can't believe you actually published the column written by Kellie Tolbert.

I thought the editors of *The UD* had more class than that. Miss Tolbert seems to be advocating having sex with as many people as you want. I do sincerely hope I read her article wrong, but since I re-read it three times just to be sure, I don't think I misread it. Miss Tolbert's assertion that a student's new found "sense of freedom" is equated with sex is disturbing, to say the least.

Does she have any idea how many sexually transmitted diseases there are? Too many of these cause severe health problems, including sterility. There are even some that once you get them, you have them for life. Herpes is one that keeps returning every so often, you never get rid of it. Also, have you ever heard of AIDS? If not, it kills! No second chances there. It was really sad and depressing to see Miss Tolbert advising students to "keep the lights on and look down there because you never know what they may have." It doesn't work that way and any child over the age of 10 knows that. Why don't you?

While I do understand that some students have "free sex," they are by no means the majority. I know several students who have one partner and that's all they need.

I am disappointed in the way Miss Tolbert makes it sound that the only thing students are here for issex.

It still amazes me that a school paper from a respected school would print such garbage. I wonder what the alumni and the people of Lubbock think of our prestigious school after reading Miss Tolbert's article.

Amanda Taylor freshman civil engineering

Homecoming coverage great

To the editor: I would like to thank Whitney Wyatt and *The University Daily* photographers for reporting on our 2001 Homecoming. The coverage was amazing. I think the students were better informed this year and with the help of *The UD*, it made it all that much better. *The UD* staff needs to be applauded for the coverage you give to

the students on a daily basis.

Thanks to all the students that came out to all the events, this year's Homecoming was truly a memorable one. Congratulations to all the winners, especially our 2001 Homecoming King, Queen and the court.

The planning for the 2002 Homecoming will be getting underway shortly. If anyone would like to join the Coordinating Committee, please contact the Student Activities office at 742-3621 or stop by the University Center Room 228.

Thanks again, UD! Go Tech!

Stefanie Cervantes
2001 Homecoming publicity chair
senior, political science

Honesty a breath of fresh air

To the editor: I would like to thank the person who found my ring last Tuesday (Oct. 2). It's nice to know that there are people on this campus honest enough to do the right thing. Thank you.

Stephen Hill sophomore computer science

HAVE AN OPINION?

Send your ideas, perspectives and letters to opinions@universitydaily.net or bring them by 211 Journalism. Be sure to include your name, classification, major and your social security number and phone number for verification purposes.

PAGE

USAF Nighthawk Jazz Band performs tonight at Tech



USAF NIGHTHAWK JAZZ Band, shown above, will perform a free concert in the Hemmle Recital Hall at 8 p.m. tonight.

By Damion Davis/Staff Reporter

The United States Air Force Jazz band, The Nighthawks, will perform 8 p.m. tonight at Hemmle Recital Hall. Admission is free, and the concert has

The band is the most recent band to be added to the USAF Bands of the

Liza Muse is a level II information specialist in the school of music. She said it will be a very entertaining con-

"I think this is going to be very impressive. It will be a show of good music and they are one of the top jazz bands anywhere," she said.

Captain Dean Zarmbinski has been the commander and conductor of the bands of the West since January.

Alan Shinn is the director for jazz studies in the school of music. He said this will be an exciting performance by well-trained musicians.

"This is a very tight band. They are well rehearsed and have been playing music together for a long while. They are like a road band that plays together all the time," he said.

The Nighthawks is an ensemble that supports Air Force community relations and offers entertainment for a multitude of musical functions.

Their performance pieces range from the big band styling of Glen Miller and Duke Ellington to compositions by Harry Connick Jr. and Pat

"They are much like a big band with about 18 to 20 people in it. They are one of the top jazz bands in America and will also do some big band classics," Shinn said.

The band performs an average of 100 shows a year, entertaining more at (806) 742-2270.

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than 500,000 people and logging more than 20,000 miles each year, according to the USAF Bands of the

"We are glad that they will be here tomorrow. They are a great band and we are excited," Muse said.

The USAF Band of the West has the longest lineage of any unit at Lackland Air Force Base in San An-

The band began on October 1, 1941 at Moffett Field, Calif...

Since then, they have played hundreds of concerts all over the

"This is going to be a concert that is going to be great. This band is very good and I think that all who go to it will enjoy it," Shinn said.

For more information regarding this performance call the School of Music

Sorority is working to increase breast cancer awareness

By Whitney Wyatt/Staff Reporter

Zeta Tau Alpha asks Texas Tech students to be pretty in pink by wearing a pink ribbon in support of breast cancer awareness month.

Christi Davidson, a junior education major from Houston, said members of Zeta Tau Alpha are handing out pink ribbons to help spread the word about breast cancer awareness month. They from 11 a.m. until noon today and Thursday.

"Normally every year, members of our chapter wear these ribbons to spread awareness, but this year we decided to expand on that and involve other Tech students, so that they, too, can be aware,"

Zeta Tau Alpha's philanthropy is the Susan B. Komen Foundation, Davidson said. Even though Race for the Cure is their biggest philanthropic event, she said the members still participate in as many breast cancer awareness events as possible.

"All Zetas will be wearing pink ribbons on their backpacks throughout October to spread the word (about breast cancer)," she said. "By wearing the pink ribbon, you are in support of breast cancer awareness also."

Not only does breast cancer occur in older women, but Davidson said it affects college students as well. She said her sorority sisters take breast cancer very seriously because many of them have either had breast cancer themselves or had family members and friends who have

British students

compete to

honor queen

LONDON (AP) - Students

from 37,000 British schools will compete to pay poetic tribute to

Queen Elizabeth II during celebra-

tions marking her 50 years on the

medal from the queen.

has ever seen."

our national life."

The winning student, which a panel led by Poet Laureate Andrew Motion will choose, will receive a

Fifty selected poems will be pub-

"To the best of my knowledge,

there has never been a competition

like this before," Motion said last week. "It's certainly the biggest I've

ever heard of - probably the big-

gest poetry competition the world

elaboration of the vital role that

poetry itself has always played in

series of events announced to cel-

ebrate the queen's 50th anniver-

sary, known as the Golden Jubilee.

of her father, King George VI. The

last British monarch to celebrate a

Golden Jubilee was Queen Victoria

her Diamond Jubilee in 1897.

Victoria went on to celebrate

Elizabeth took the throne on Feb. 6, 1952, following the death

The contest is the latest of a

Motion said the winning entry should "not simply be a tribute to the queen, but an honoring and

lished in a booklet, and some

111,000 final entries will be pre-

served in the Royal Archives.

survived breast cancer.

"Early detection is the key," Davidson said, "and (handing out ribbons) is a way of early prevention."

Kim Ameen, service chairwoman for Zeta Tau Alpha, said her goal for handing out pink ribbons to Tech students is to make sure they are aware of breast

"It is important," said Ameen, a junior early childhood major from will be in front of the University Center FlowerMound. "A girl that goes by might have breast cancer."

> Ameen said she organized this event to encourage Tech students to wear the pink ribbons in support of breast cancer awareness throughout the month.

> "Not only (are ribbons) to remind people that this is important but also to remember those who have survived breast cancer," she said.

In the spring, Ameen said they will hand out shower cards, which have instructions on how to give self breast ex-

Shannon Harmon, a pre-occupational therapy major from Arlington, said this event was a great way to get awareness out to the Tech campus.

"After I wear (the ribbon) today, I'm going to put it on my backpack," she said. "It's awesome to make it known that people can help and make a difference."

Charles Hinkel, a junior restaurant hotel and institutional management major from Kingsville, said men should also be aware of breast cancer because it come affect their mothers, sisters or wives.

"I wear my pink ribbon with pride to show that men should support breast cancer awareness month," he said.

By wearing the ribbons, Hinkel said,

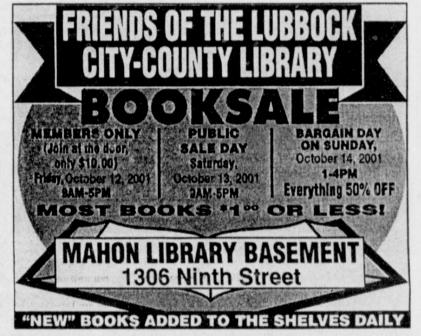
it spreads the awareness and knowledge of other cancers as well as breast cancer.

Jo Henderson, health education coordinator, said the Tech Student Health Services provide free women's health classes, which teaches young women when and how to do breast self examinations. She said her advice to women at Tech is learn about awareness now.

"Don't wait until you're old (to become aware) and don't think it won't happen to you," Henderson said.

An estimated 192,000 new cases of breast cancer are expected to occur among women in the United States in 2001 alone, according to the National Breast Cancer Awareness Month Web site, www.nbcam.org. Breast cancer will kill an estimated 40,200 women in 2001, as well. For more information log on to its Web site., www.NBCAM.org

www.universitydaily.net



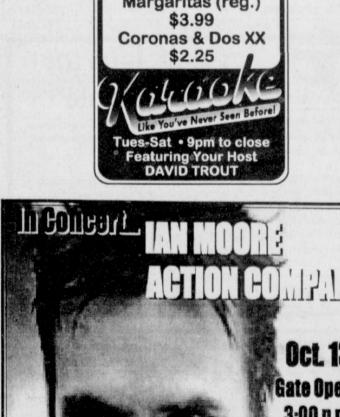
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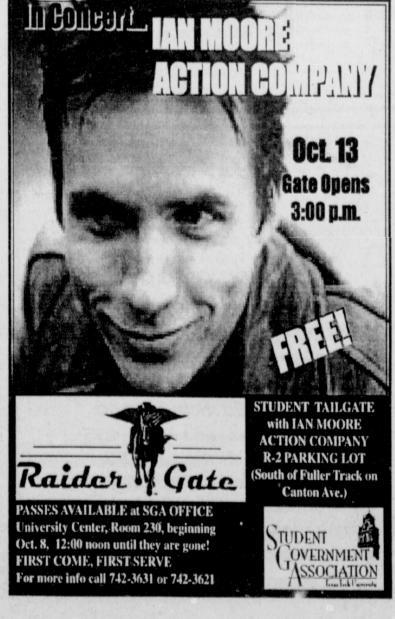
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TEXAS

TECH SETTER

Skydra Orzen dives

for the dig

during the

Raiders'

three-game

sweep of

Mexico

Tech is

Monday.

home again today to

face Texas

A&M at 7

KRELLER/

Photographer

p.m.

GREG

Red

New

Tennis player falls in second round

Irina Tereschenko, competed in the 2001 Riviera Women's All-American Championship Tuesday and lost in the second round of the 64-player tournament.

Tereschenko lost to Darija Kalic of the University of Washington 6-4, 6-2.

Red Raider women's tennis player, The sophomore from Moscow advanced to the second round after she beat Mauren Haus of Wake Forest University 7-6, 6-2.

Tereschenko was one of three Big 12 Conference players competing in

STAT.	KTXT	KCBD	KLBK	KUPT 223	KAMC	KJTV
AFFIL.	PBS	NBC	CBS	UPN	ABC	FOX
CITY	Lubbock	Lubbock	Lubbock	Lubbock	Lubbock	Lubbock
7 :00	Bus. Report Body Elec.	Today Show	News "	Recess Tarzan	Good Morning	K. Copeland Magic Bus
8:00	Caillou Barney	"	Early Show	Lightyear Sabrina	America	Caroline Paid Program
9:00	Dragon Tales Arthur	Today Show	Sally Jessy Raphael	Judge Mathis	Regis & Kelly	Crossing Over
10:00	Sesame Street	Martha Stewart	Price is Right	People's Court	View "	Ananda Lewis
11:00	Mr. Rogers Jay Jay	Montel Williams	Young & the Restless	Clueless Paid Program	Mad/You Port Charles	Paid Program P/Attorney
12:00	Woodwright Joy/Paint	News Days of Our	News Beautiful	Jerry Springer	All My Children	Divorce Ct. Divorce Ct.
1:00	Tony Brown Teletubbies	Lives Passions	As the World Turns	Jenny Jones	One Life to Live	Matlock
2:00	Clifford Sagwa	" Hlywd Square	Guiding Light	Paid Program Joe Brown	General Hospital	Woody Transformers
3:00	Zoboomafoo Arthur	Rosie O'Donnell	Maury Povich	Joe Brown E.T.	lyanla "	Time Force Digimon
4 :00	Zoom R. Rainbow	Oprah Winfrey	For Women Judge Judy	7th Heaven	Tell/Truth Family Feud	Home Impr. Shoot Me
5:00	Betw/Lions Nightly Bus.	News NBC News	Jeopardy News	Street Smart Street Smart	News ABC News	Sabrina Simpsons
6:00	Newshour	News Extra	CBS News News	Voyager "	News W/Fortune	Friends Raymond
7:00	Legendary Lighthouses	Ed 'PG	60 Minutes	Enterprise "	My Wife *PG Accord'g/Jim	Baseball: Division
8:00	Great Performance	West Wing *PG	Amazing Race	Special Unit 2	Drew Carey Whose Line	Playoffs
9:00	Great Performance	Law & Order *TV14	Wolf Lake	Cops Cops	20/20	**
10 :00	Nightly Bus.	News Tonight Show	News David	Change/Heart Blind Date	News Nightline	News "
11:00		Conan	Letterman Craig	Blind Date Change/Heart	Incorrect Abbott	Seinfeld Frasier
12:00		O'Brien Later	Kilborn Paid Program	Paid Program Shop @ Home	Access Paid Program	King/Hill Cheers

F.R.I.E.N.D.S

6 Friends, 6 Days, @ 6:00 PM



Red Raiders look to extend streak

By David Wiechmann/Staff Reporter

Fresh off a three game sweep against New Mexico on Monday, the Texas Tech volleyball team will try and extend its three match winning streak when they face No. 16 Texas A&M at 7 p.m. Wednesday in the United Spirit

The Aggies boast an 11-2 record and

Tech outside hitter Heather Hughes-

"It will be a tough match," Hughes-Justice said. "They've been in a little slump lately, too, so it's hard to see how

The success of both teams so far this season will be put to the test as each team battles for second place in the Big

"Both teams are real good," outside hitter Angela Mooney said. "They're good, we're good, and we're both fighting for a spot in conference. If we win, we'll be in second in the Big 12. It would

Mooney said the team played well in its last match and needs to continue doing so, to be successful against Texas A&M today.

"We need to serve tough and make



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Arena.

are 4-1 in the Big 12 Conference.

Justice said the match will be a tough one, but it will be also a good one.

they will come off of that."

be a big win here at home.'

some big runs," Mooney said. "We played good defense (on Monday) and we had a lot of digs and blocks."

needs to correct, however. Setter Skydra Orzen said reducing miscues is something Tech must do.

There are a few little things the team

"We need to eliminate our errors," Orzen said, "pass and serve well and play good defense."

Tech coach Jeff Nelson said he was happy with how the team is playing defense, but would like to see more consistency throughout the match.

"We've been riding a lot of highs and lows within the match," Nelson said.

Nelson is comfortable with the status of the team's line-up after the loss of Yolanda Cumbess.

Cumbess left the team for personal reasons before Monday's match with the

"Everyone has played a lot," Nelson said. "We're comfortable with who is out there, and we're going to go with who's playing well."

Hughes-Justice said Cumbess leaving the team was a surprise to the Raid-

"It's better for the team," Hughes-Justice said. "If someone doesn't want to be with us, it just brings down the team."

Nelson said it has been difficult to work around Cumbess' class schedule the last few years.

"We've had to make a lot of adjustments over the years to keep her playing," Nelson said. "It is not a situation that is going to work anymore. We've gone through it every year."

He said the team knows the responsibility it has to fill the hole left by her departure.

"There's always someone ready to step up," Nelson said. "People graduate every year, and you wonder what you will do without them. We'll just have to get to the next level sooner."

Nelson said the team has a good mindset coming in to the A&M match. He added the team will have to play tough volleyball to win.

"It will be a really tough match," Nelson said. "It's a good program. If you want to beat them, you got to play your best volleyball. And our players know

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Astros blow lead, lose game

HOUSTON (AP) - The Atlanta Braves and Houston Astros were almost mirror images Tuesday. Both had great starting pitching, costly errors by shortstops and closers that served up home

The difference? Come playoff time, the Braves know how to win these type of games and the Astros don't.

Chipper Jones hit a three-run homer off nemesis Billy Wagner, capping a fourrun eighth inning against the Houston bullpen as Atlanta pulled out a 7-4 victory in the opener of this first-round NL playoff series.

The Braves eliminated the Astros from the playoffs in 1997 and '99, but had been on the other end lately. They had lost seven straight postseason games, getting swept by St. Louis in the first round last year and by the New York Yankees in the '99 World Series.

"We've always had good pitching and so have they, but the ball bounces our way probably a little more," Atlanta manager Bobby Cox said.

The Astros came in hoping to continue the momentum for a weekend series against the Cardinals, when they won on Friday and Sunday to clinch the Central title for the fourth time in five

Instead, they reverted to the type of team that blew a 5 1/2-game lead with 12 left and has yet to win a playoff series in six tries. This was the seventh straight playoff game in which they blew a save.

We've won the first one before and we've lost the first one before, it doesn't matter," Wagner said. "We have nothing to lose because we've never won a series. So why would we be uptight? We just have to go out and play.'

Game 2 is Wednesday afternoon. The Astros will give Dave Mlicki his first postseason start two months after he was almost demoted to the bullpen. The Braves will counter with Tom Glavine, who is 9-0 in 11 starts in Houston since June 1991.

Greg Maddux opened the series for Atlanta with a game he and manager Bobby Cox called one of his best ever, but left trailing 3-2. Brad Ausmus a career .259 hitter who came in batting .400 against Maddux, tied the game at 2 in the fifth by drilling a slider 390 feet into the walkway above the fence in left-center.

Tech hopes to overcome Graham injury, losing streak

Now is not the time

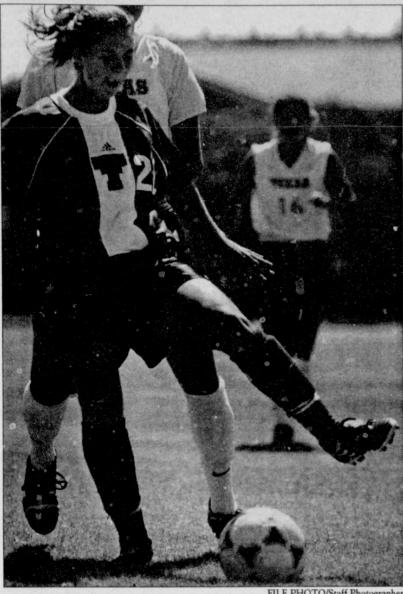
to quit. We have

plenty of games left

and finish strong.

FELIX OSKAM

Texas Tech Soccer Coach



FILE PHOTO/Staff Photographer

TEXAS TECH FORWARD Melanie Brosnahan and the Red Raiders are back in action at 5 p.m. today at R.P. Fuller Stadium against West Texas A&M.

Lady Raiders release practice schedule

the squad practices at noon, Sunday, at Friday, at 2 p.m. and Oct. 20, at 11:30 annual Midnight Madness event.

The Lady Raiders will practice every- a.m. Both the men and women's squads day but Thursday next week. Saturday, will officially begin the basketball season at midnight Friday with the men's 3 p.m., Monday-Wednesday, at 2 p.m., squad at the United Spirit Arena for the

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By Matt Muench/Sports Editor

Texas Tech women's soccer coach Felix Oskam said his squad cannot roll over and quit.

Although the Red Raiders have lost six consecutive and nine out of 12 games this season, the fourth-year coach said the season must go on.

"Now is not the time to quit," Oskam

a lot of them are at home. We have to take advantage of that and finish strong."

Oskam and the Raiders will try and maintain that idea when the squad takes a break from Big 12 Conference play to face West Texas A&M at 5 p.m. today at R.P. Fuller Stadium.

But is taking a break from Big 12 action to face the Buffaloes really a break?

Oskam said no way.

The Buffaloes have had some success this season by winning eight of ten matches in 2001. The Division 1-AA school is also 2- ham.

0 in the Lone Star Conference. Plus, Oskam said, the Buffaloes have played the Raiders tough the last two

seasons, by losing 3-2 both times. "This is not a team to be taken turn the last week of the season. lightly," Oskam said. "They are a division two school, but they have played some good teams this season."

The bottom line, Oskam said, is to win and break out of Tech's losing streak. But to do that, he said, Tech must play solid the entire match.

"We need to put a 90-minute game together," he said. "If we do that, we will

During Tech's two losses last weekend against Oklahoma and Oklahoma State, Oskam said the Raiders played two said. "We have plenty of games left and great first halves, but two bad second

> However, he said, he knows it has been tough

on his players. Tech has battled injuries since week one of the year, and with and a lot of them are no depth on the bench, Oskam at home. We have to has 11 players playing many take advantage of that minutes.

That results in many tired Raiders.

"When you play two games a week and practice all week,

you're going to get tired," he said. "It is tough on them.' One key loss to the team for the third

consecutive match is senior Carrie Gra-

Graham, who is the team's leading scorer this season, injured her ACL in her left knee against Texas A&M Sept. 28. She is out indefinitely, but may re-

Tech forward Melanie Brosnahan said losing Graham is a big blow to the

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"Losing Carrie (Graham) is a big deal," Brosnahan said. "She is a great player and she will be very hard to replace."

Brosnahan said without Graham in the lineup, it will impact the already hurt offense that has been outscored this year 37-17, and out shot 229-119.

Brosnahan said it is time for her and others to step up and fill in for Graham.

"I am going to try and play the best I can," she said. "We just need to keep (opponents) out of our net, and we need to score more goals."

GAMEDAY

West Texas A&M at Texas Tech

When: 5 p.m. today Where: R.P. Fuller Stadium Records: Texas Tech (2-9 overall, 0-4 Big 12 Confer-

West Texas A&M- (8-2 overall, 2-0 Lone Star Conference.

THE Daily Crossword Edited by Wayne Robert Williams **ACROSS**

1 Poetic peepers 5 Vocalize an ache Iditarod rides

14 Baby powder 15 Forearm bone 16 Gas stove light

Thunder god 18 Disappointing grades 19 Missouri feeder

20 Browser 23 Push forward 25 Arctic sea bird 26 Japanese

honorific 27 Camera buff

31 Part of a tennis 32 Russian

autocrat 33 Flock female 35 Sample 37 Ford fuel

39 Whits 43 Time-wasting

By Diane C. Bald

5 Mismanages 6 Bread spread

Bahamas

9 Secret agent 10 Enunciation

problem Slip away

13 Chafing-dish

Gargantuan

23 Attention-gette

24 Ostrich's cousin 28 Tattered T-shirt

29 Donnybrook 30 Natal starter?

Shoemake

36 Create lace 38 Scale note

34 Jockey

heat 21 Cleared

In a fresh way

Columbia, MD

45 Worsted fiber 47 Barcelona bravo

48 Lenient 51 Shrinking violet 54 Nest-egg initials 55 Auction

ending? 56 Betrothed man 57 Secret listeners 61 Ermine in

62 Out of the wind 63 Little rascals

67 Singer Simone 68 Mil. alliance 69 Nincompoops 70 Stones song, "Honky __

Women" 71 Do beaver's DOWN

40 Villager Hall-of-Fame Mel

46 Cheap-rate

48 Sonora snooze 49 Speaks from a 50 Special

55 Senator Kefauver 58 Lighten

64 Harper Valley

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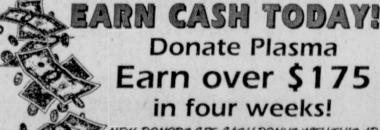
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Children ages 16 and younger may use the Rec Center any time it is open if accompanied by an adult. Area use restrictions apply. The Aquatic Center has separate family hours.

RECREATIONAL SPORTS INFORMATION

Information needed may be obtained 24 hours a day, seven days a week at www.ttu.edu/ recsports or call the 24-hour information line at 742-4832.

COMING SOON TO THE REC CENTER!

Intramurals Putt Putt Golf Two person golf Soccer

Saturday

Sunday

Entries Due Oct. 10 Oct. 12 Oct. 16-18

Special Events Blood pressure screening Specialty Classes begin

Indoor Soccer

Entries Due Oct. 11 Oct. 15 Oct. 17



ENJOYING THE BEAUTY! A group of Tech students take a break along the Porvenir Creek during a recent backpacking trip through the Pecos Wilderness in New Mexico. Outdoor Pursuits sponsored the trip and as another backpacking trip to Guadalupe Mountains available to students Nov. 2-4. Call 742-2949 for more information.

RAPPELLING WORKSHOP SCHEDULED:

 Come learn an essential skill used in many rock climbing situations. From the beginning of mountaineering and rock climbing, rappelling has been used to get many climbers off their glorious routes. This workshop will let you learn the history, techniques and a chance to back off the rappelling ledge at the new Climbing Center. The clinic cost is \$5 and is scheduled for Oct. 17 at 6 p.m. Participants must pre-register at the Outdoor Pursuits Center. Please stop by the OPC located at the north entrance of the Student Recreation Center to register or call 742-2949 / 742-3351 for more information.

Flag Football Rankings

	riag ro	0
10000	I. Phi Delt 'A'	3-0
0	2. F.I.V.	3-0
	3: Skanooks	3-0
0	4. Gamblers	3-0
Jan .	5. Gottie Boyz	3-0
w	6. Sneed Boyz	3-0
6	7. Cougars	3-0
9	8. Beta Theta Pi 'A'	3-0
E	9. Purple Heads	3-0.
	10. Alpha Gamma Rho	3-0

I. Gone Postal 2. Theta Black 3. Tri Delta 'A' 4. Body Shots 3-0 5. Lady Cougs

· All games played through Oct. 6. Check out the updated rankings evey Friday at www.ttu.edu/recsports

WANT TO LEARN HOW TO FIX YOUR BIKE?

· Here is your chance to learn about your bicycle from the inside out and at the same time, tune your bike for fall. You will never have to go to a bike shop just for that one simple repair. This class will comprehensively cover both bike maintenance and repair. Students must provide their own bike as an instructional tool. Participants in this workshop will have the opportunity to receive hands-on instruction in components, brake adjustment and tightening of all major bearings and flat tires.

·Also, everyday maintenance tips will be taught, such as lubricating and cleaning the drive train as well as an indepth description of the tools need both at home and on the trail or road. Whether you are a roadie or a mountain biker, this class will let you get to know your bike more intimately.

• This class meets Wednesday for five weeks starting Oct. 17 at 6:00 to 7:30 p.m. The class is limited to the first eight people to register. The cost of the workshop is \$50. If you have any questions, please call us at 742-2949 / 742-3351.To register, please stop by the Outdoor Pursuits Center.

MUD VOLLEYBALL TOURNAMENT



MUDDERS! Mud volleyball participants who competed in last week's tournament held at the West Recreation Area pose for a group picture. The tournament was hosted by the Recreational Sports Department. The next special event is Indoor Soccer. Entries due Oct. 17.

"Cool Dudes" of Carpenter-Wells wins Mud Tournament

With no clear choice, but lots of happy faces, eighteen teams jumped into the mud on Oct. 4 for some fun volleyball. When the mud finally settled, the "Cool Dudes" of Carpenter-Wells prevailed as the co-rec champions for the evening flight. In the final game, the "Cool Dudes" beat the Pillsbury Mud Pies.

The "Cool Dudes" team mem-Granier, John Heather, Christy Powell, Aleiva Fernandez, Andi Kopenec, and Summer Sontag, the

In women's action, "Horn/Knapp Wonders" took care of 7th Floor Chitwood. Taking the BEST team

name honors were - DA MUDDY bers were: Shane Seiford, John BUDDIES. In early flight action, the Stangel-Murdough co-rec team defeated the likes of Down & Dirty and El Bano's. Thanks to all who participated and to those who came out to watch some very exciting volleyball. Be on the look out for another MUD volleyball tournament in spring 2002.

AFAA PRIMARY CERTIFICATION

 The Aerobics and Fitness Association of America (AFAA) will be here at Rec Sports on Saturday, Oct. 27. They will present a review of AFAA's basic exercise standards and guidelines, anatomy, exercise science, exercise evaluation and exam criteria. The day concludes with the practical and written exams. It is a great certification for anyone interested in teaching group exercise. Regular price for the one-day workshop is \$279. Price for Tech students and faculty/staff is \$149. Fee includes a study guide, certification review, exams and one year AFAA membership. To register, call 1-800-923-2346 and mention workshop code 01100068 and Texas Tech University discount. For other inquiries, call Rec Sports at 742-3351.

BAJA SEA KAYAKING TRIP

*The Outdoor Pursuits Center is offering a trip to Bahia de Los Angeles involving an eight-day expedition by sea kayak touring the islands in the Sea of Cortez. Come join us for an experience of a lifetime. Take part in an adventure beyond normal civilization, beyond the concrete walls and beyond the imagination. Realize your passion for the outdoors and indulge your days paddling the waters, whale watching, fishing and exploring.

Join us for an informational meeting 5:30 p.m. on Oct. 17 at the Outdoor Pursuits Center located at the North Entrance of the Student Recreation

· Informational packets are available at the OPC. Stop by or call 742-2949 if you have any questions or sign-up if you're ready to explore the possibili-

TRY SPIN CITY FOR FREE

· Our Feature Class of the Week is Spin City-an exciting mix of indoor cycling and a personalized cardiovascular workout. If you've never tried this out before, here is your chance. Class is limited to 15, so get there early! The Free Spin City class will be Thursday, Oct. 10, at 4:30 p.m. in the LLMP (lower level of the Rec Center, near the climbing wall). For more information call 742-3828.

SOCCER ENTRIES **DUE NEXT WEEK**

· Femme Fatale, Kappa Sigma and Theta/Pike have something in common. They are the defending champions in women's, men's and co-rec soccer. It is that time of the year. As cer entries starting on Oct. 16. En- gets hit. tries will close at 5 p.m. on Oct. 18. Intramural soccer is a full-scale 11 vs. I I match. Co-rec soccer will also be played. Co-rec is played with 5 male field players, 5 female field players and a keeper of either sex. Players are limited to playing on one men or women's team and additionally, a player may play on one co-rec team. Get organized and get ready for soc-

BLOOD PRESSURE SCREENING

· Rec Sports is offering free blood pressure readings from 5-7 p.m. on Oct. I I on the entry level of the Rec Center. For more information, call the Fitness/Wellness Center at 742-

SPECIALTY CLASS REGISTRATION

· Registration for the second session of specialty classes is currently in progress. The second session runs form Oct. 14-Nov. 15. Sign up soon to reserve your spot in a class. Choose from Belly Dancing, Boxing Techniques, Mat Pilates, Racquetball, Spin City, Women and Weights and Yoga. For more information call the Fitness/Wellness Center at 742-3828.

TRAP & SKEET RESULTS

· Intramural Trap & Skeet took place last weekend at the South Plains Gun Club. There were three events: Trap, Skeet and 5-stand Sporting Clay. Bart Bacak won the 5-stand with a score the winds of autumn blow across of 17 out of 25. Jeff Renegar won campus, soccer teams are forming Trap with 25 out of 25, Skeet with 19 and intramural soccer entries are out of 25 and he was the overall windue. Intramural sports will take soc- ner with a score of 57 out of 75 tar-

INDOOR SOCCER TOURNAMENT

· Recreational Sports has scheduled a two-day Indoor Soccer Tournament to be played in the indoor soccer arena court at the Robert H. Ewalt Student Recreation Center. The dates of the tournament are Oct. 18-19, with all entries due by Oct. 17.

Indoor soccer will be played with five players, and the tournament will have divisions for men, women and co-rec teams. There is no charge for the tournament. Games will be two 15 minutehalves. All games will be played late afternoon and evenings on Oct. 18-19. For more information please contact Jorge Juarez at 742-3351.

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