

# THE OBSERVER/ ENTERPRISE



Serving Coke County

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Friday, December 16, 1994

## Commodity distribution set

Commodities for Coke County will resume in January 1995. They will be distributed the second Friday of the month at the Senior Citizen Building in Bronte and Robert Lee beginning at 8:00 a.m. to 12:00 noon.

### County Tax Office has new look

People visiting the County Tax Office will notice some major changes in the office layout. Preparations for the new computerized registration and title system provided by the state are giving the tax office a brand new look.

The tax office is utilizing the "old" teller stations from Robert Lee State Bank to provide work-stations and security required for the RTS system. Cables are being installed by GTE for the system, which will allow the tax office personnel to access TxDOT's computer files on each transaction.

Coke County is one of the first counties being installed on the state computer system. The installation and training process will require the office to close for two and a half days in January. Provisions will be made for taxpayers to leave tax and motor vehicle payments with the County Treasurer's office during the training period.

### November arrests listed

The Coke County Sheriff's office has released the following list of arrests and charges filed for the month of November.

Samuel Lee Dominguez, Failure to Appear on Motion on Enforcement, 11-10-94; Morris E. Pearce, Jr., Violate Terms of Probation, DWI, 11-19-94; Shane Christian Burke, Driving While License Suspended, 11-22-94; Randall Kregg Bilbrey, Minor in Possession of Alcohol, 11-19-94; Randall Kregg Bilbrey, Minor in Possession of Alcohol, 11-19-94; Bartley Murl Goodman, Minor in Possession of Alcohol, 11-22-94; William Tray Taylor, Minor in Possession of Alcohol, 11-22-94; James Adam Morgan, Minor in Possession of Alcohol, 11-22-94; Brandon Lee Farrar, Criminal Mischief-Failure to Appear, 11-29-94.

Both sites will be recertifying December 19th from 8:00 a.m. until 1:00 p.m. You will need to bring proof of your income with you for recertification. Persons who have not been recertified before the commodity date will not receive their commodities until everyone else is waited on. No one will be allowed to pick up another person's commodities unless they are on a certification slip.

We also no longer will be holding out commodities for any one, so please make arrangements to have your's picked up by a certified person.

If you have any questions, please notify Jan Yanez, 453-2461, or Kelly Millican, 453-2314, or Mary Percifull, 473-6471. If you do not speak English, a Spanish-speaking person will be made available for you. If you are already receiving commodities, you must recertify if you want to receive commodities in 1995.

The Emergency Food Assistance Program was established by Public Law 98-8 and was amended by Public Law 98-92. The United States Department of Agricultural (USDA) administers the program on the federal level. The Department of Human Services Resources (DHR) administers the program in Texas. Through the Emergency Food Assistance Program, DHR provides needy people including low income and unemployed people with USDA food (commodities) to relieve situations of emergency stress.

If eligible and commodities are available, all people have the right to apply for and receive emergency food assistance without regard to race, religion, sex, political beliefs, age, national origin, or handicap. You also have the right to appeal the eligibility decision. All commodities are distributed on a first come - first serve basis.

### WCCCD to meet

West Coke County Community Development will meet in general session on Monday, December 19, at 7:00 p.m. in the conference room of the courthouse. Main subject on the agenda will be the Christmas boxes for the needy, an annual project.



## Upcoming

### Br. Holiday Drawing

The Bronte Merchants will sponsor a Hometown Holiday Giveaway on Saturday, December 17 at 4 p.m. at the Bronte Mini Park. Persons who have registered at Bronte businesses are eligible to win and must be present.

Check each merchant's door for information concerning their giveaway.

### WCCCD collecting for needy

The West Coke County Community Development has placed boxes at locations in town for its Food for the Needy project. Shoppers are urged to contribute to this worthy program. Jars are also on counters of several businesses for donations of cash to that cause. Perishables such as meat, fruits, and vegetables will be purchased with those contributions. Members of the WCCCD organization will make up food boxes during Christmas week to be distributed to those whose names have been submitted

as needing a helping hand by various individuals and groups in town.

### Christmas Break

Bronte School will dismiss for the Christmas Holiday on Friday, December 16. School will resume on Tuesday, January 2, 1995.

### RL All Sports Boosters

Robert Lee All Sports Booster Club will meet Monday, December 19 at 7:00 p.m. in the high school library. All members are urged to attend this meeting as several important issues are on the agenda for discussion.

### RL Christmas Program

Robert Lee School's Christmas band programs will be presented in the school auditorium on Wednesday, December 21. The Elementary Band will perform at 9:30 a.m. followed by the High School Band who will present their program at 10:30 a.m.

### Social Security Bulletin

Garland Gregg, representative for the San Angelo Social Security Office, has scheduled his December visit to Robert Lee and Bronte. He will be in the Conference Room of the county courthouse in Robert Lee on Thursday, December 22nd, between 11:00 a.m. and 11:30 a.m. and in the council room in the Bronte City Hall on the same day, between 1:30 p.m. and 2:00 p.m.

Anyone who wants to file a claim for benefits, get information, or transact other business with the Social Security Administration may contact him at this time.



Support The  
Christmas Seal Campaign

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**THE OBSERVER/ENTERPRISE**  
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**SUBSCRIPTION RATES**  
 Per Year in Coke County.....\$15.00  
 Per Year Elsewhere in Texas.....\$17.00  
 Per Year Outside of Texas.....\$20.00

**Signup Underway for 1994 Disaster Assistance**

Producers who suffered 1994 crop losses due to weather-related conditions may apply for disaster payments through March 31, 1995 at the Coke County Farm Service Agency (FSA) office, said Donna Ash, acting chairman of the Coke County FSA Committee.

The FSA is the newly created agency of the U.S. Department of Agriculture which combines the commodity and main conservation functions of the former Agricultural Stabilization and Conservation Service, farm lending programs of the former Farmers Home Administration, and the entirety of the Federal Crop Insurance Corporation. County offices began accepting applications for disaster assistance December 1.

While the 1994 program is similar to those of recent years, which provided partial reimbursement for losses exceeding 35 percent of normal production for insured crops (40 percent for uninsured crops), producers should be aware of several changes, Mrs. Ash said. Several specific program changes were mandated by law to improve the integrity of the program.

For 1994, producers will need to provide more complete information at the time they apply on the disaster condition affecting the crop and their production practices prior to the disaster. Records of current or historical actual production and production costs will be needed for non-program crops, except for tobacco, peanuts, soybeans, minor oilseeds, sugar beets and cane, and hay. When the county office is authorized to sell multiperil crop insurance, producers also will be required to provide proof of insurance.

This year, state and local FSA committees have been given more authority and responsibility in several areas, including up-front checks on gross income limitations; setting payment levels based on crop development; applying a "reasonableness" factor to nonprogram crop yields on any given farm, and ability to gather additional data from producers when needed to make accurate determinations. Local committees may reduce payment yields if production evidence is incomplete, or deny disaster applications if they question the accuracy of producers' docu-

mentation.

"The FSA believes that farm programs work best when decisions are made as close to producers as possible," Mrs. Ash said. "The program changes and improved oversight procedures for the 1994 disaster program will significantly improve the accuracy of eligibility determinations and payments and reduce the risk of potential abuse of the program. We want to assure that all eligible producers receive the payments to which they are entitled."

Producers who suffered crop disasters this year should contact the Coke County FSA office for more detailed information on applying for disaster assistance.

**LOOK WHO'S NEW**

**Charles Andrew Sherrill**

Charles Andrew Sherrill was born on November 20 to the delight of his parents, Charles and Lisa Sherrill of Abilene. He arrived at Abilene Regional Hospital weighing 7 pounds, 1/2 ounce and measured 20 1/4 inches long. He has one brother, Brent, who is 3 1/2 years old.

Charles Andrew's pleased grandparents are Charles and Ann Sherrill of Robert Lee and Janice Riddell of Abilene. His great-grandmothers are LaDair Sherrill, also of Robert Lee, Mary Thornton of Odessa, and Zelma Howell of Abilene.

**Bronte OES**

Bronte Chapter #1048, Order of the Eastern Star met at the Masonic Lodge Hall on Monday night for their regular monthly meeting.

Worthy Matron Mildred Thomason and Harley Hilliard, Worthy Patron, presided for the business and meeting.

In observance of the Christmas program, Ettie Hubbard read the story of the birth of Christ from the New Testament.

Following the meeting refreshments were served by Ettie Hubbard and Noah Pruitt, Jr., hosts for the meeting.

**Children's donation boxes emptied**

Clothing collection boxes for Medina Children's Home, located in the Southside Church of Christ parking lot, across from the Robert Lee Post Office, have finally been emptied again. Benny Rogers, an elder of the congregation who coordinates this effort locally, commends the community of Robert Lee for the excellent response which it continues to show this opportunity to serve children in need. He reports that representatives of Medina Children's Home are impressed with how quickly and frequently this small town fills the two present collection boxes so that donated items do not accumulate unprotected around full boxes in between pick-ups.

Until the extra boxes arrive, donors should feel free to leave items under the congregation's covered drive-through should the present boxes be filled. Questions concerning these collection boxes can be directed to Rogers at 453-2779.

Clothing placed in the local collection containers is sorted for possible use by residents when it arrives at Medina Children's Home. Items which are not needed there are sold by contract to a used clothing store in downtown San Antonio. Thus, even items which are not of direct use to these children still benefit them indirectly through the money which the sale of these items brings.

Medina Children's Home exists to serve boys and girls in need of a nurturing, stable, Christian home environment. Though Churches of Christ have no central governing boards of hierarchy, this serving institution is associated with Churches of Christ in that its Board of Directors and its staff are all members of the Church of Christ. Children served by Medina Children's Home, referred to them either by the State of Texas or by individual congregations of the Church of Christ, come from a wide variety of religious backgrounds. Visitors interested in touring the beautiful campus near Medina, Texas, are always welcome. A few hook-ups for recreational vehicles traveling through are usually available to visitors should they wish to spend the night. Medina Children's Home can be contacted at (210) 589-2871 or by writing to: Medina Children's Home; HCR 16, Box 75; Medina, Texas 78055.



Birthday honorees for the month of December were (front) Edith Hipp and Edna Owens. Also celebrating for the month of December, but not pictured, were Esther Bradley and Edith Bryan.

**Sims appointed committee chair**

Lt. Governor Bob Bullock announced Tuesday that Senator Bill Sims of Paint Rock will lead the Senate Natural Resources Committee in the 74th Regular Legislative Session.

"Senator Sims has demonstrated in his years of service to Texas that he has the expertise and experience to be chairman of this very important committee. I've put the most qualified people in positions where they can best serve the state of Texas," said Bullock. "Clearly no one is better able to lead this committee than Senator Sims."

Bullock also appointed Sims to serve as a member of two other committees. Those are: Criminal Justice and Finance.

Bullock announced appointments to all Senate committees and subcommittees on Tuesday. The Senate will be made up of 11

standing committees and two special committees.

In making the appointments, Bullock laid the groundwork for a bipartisan legislative session.

"The Texas Senate in the 74th Legislative Session will confront issues that will shape the future of Texas for generations. We all want to work together for the good of Texas," Bullock said.

Bullock said he was breaking his own tradition in announcing committee appointments before the session begins on January 10.

"We have a lot of work to do. Announcing appointments today will give Senators an opportunity to hire their committee staffs and start to work. We all want to hit the ground running," said Bullock.

**Season's GREETINGS**

*Initial Ideas*  
 &  
*Gifts from the Hearth*  
 Wedding Selections for  
 Tracy Pearson & Jim Grantham  
**We offer Christmas Gift Baskets!**  
**See Our In-Store Specials**

**The following Bronte Merchants invite you to attend Hometown Holiday Giveaway December 16 in Bronte.**

- First National Bank, Red Barn, D's Total E
- Clipse, El Rancho, Ways Co., Hurley
- Pharmacy, Smokehouse Cafe, Hall's Super
- Save, WTU, S&S Printing, The
- Observer/Enterprise, Cumbie's, Bronte
- Chiropractic Clinic, Hometown Hardware,
- Margaret's Flowers, Sublett Antiques, Joni-Lyn
- Sportswear, Highway Garage, Main Street
- Market, Celia's Antiques, Glenn-Bivins
- Insurance, Lone Star Maintenance, The Beauty
- Den, Shaffer Monuments, Kenneth's Kuts,
- Country Inn, Town and Country Food Store,
- and the Sorosis Study Club.

**THANKS**  
*from Medina Children's Home for filling the Donation Boxes again!*  
*Two additional Donation Boxes are on the way.*  
**Contact Benny Rogers 453-2779**

**State and County work to improve service**

The Texas Department of Transportation (TxDOT) and its partners will introduce a new way of doing business to enhance the level of motor vehicle customer service they provide. Statewide implementation of the Registration and Title System (RTS) began in mid-November.

"It's a total move from a manual environment to an automated environment in one step," said Bob Braden, RTS Project Manager. "We're doing away with the paper forms and redundant procedures that are currently needed to process registrations and title work."

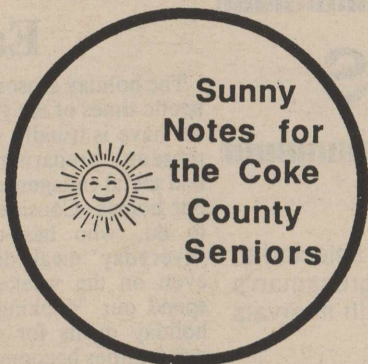
As statutory agents of TxDOT, tax assessor-collectors in the 254 Texas counties handle motor vehicle registration and title transactions and collect related fees. This work will continue at county level. But computers will be used to enter data at the point of sale. Tax offices will be tied to a network that electronically sends the information to the Vehicle Titles and Registration Division in Austin. This method actually decreases the amount of time it takes to get current information to the system.

It will take two weeks to issue a title instead of ten weeks. RTS can also update vehicle registrations within 48 hours rather than six to eight weeks. Instant access is a powerful tool for law enforcement officers during traffic stops and other instances when they have to make an inquiry.

The transportation department is introducing RTS in a series of stages. Phase I took place in March 1994 and involved the conversion of 18 million motor vehicle records to a new database. Phase II, the pilot program, began July 1994 when RTS went on-line at the Williamson County tax offices substation in Round Rock, Texas. That was the first time the system had ever been unveiled to the public.

Phase III began in mid-November and involves implementation throughout Texas. That work is expected to be completed by December 1995. Training of tax office personnel will be done by the Vehicle Titles and Registration Division. Coke County is scheduled to begin training and implementation the week of January 9, 1995. The department of transportation is providing the computer hardware and software needed for RTS, as well as the personnel for training of the tax office employees.

RTS is the result of a cooperative effort between state and county governments. The transportation department has involved law enforcement and tax collectors in every phase of development. County officials now seem to be impressed with the outcome and are eager to have RTS in their office to process registration and title transactions.



**"55 Alive" Cancelled**

Due to illnesses and other complications, we were unable to fill the minimum number of 12 for the December "55 Alive" defensive driving class sponsored by AARP. We will try to reschedule in January or early February.

**Quilters on TV**

Pearlie Mae Andrews and Dora Gallaway were on your television screen Saturday, December 10th when they attended the West Texas Rehabilitation Center Christmas Brunch at Gist Memorial Center in Abilene. They presented the beautiful "Butterfly" quilt to the center for their annual January auction to raise money for the Rehab Center.

**Christmas Potluck Luncheon**

Come join us on Thursday, December 22nd for our holiday potluck luncheon. We will begin at 11:00 a.m. and will have door prizes, entertainment and sing Christmas carols. Bring a dish for lunch and enjoy the decorations and fellowship. All senior citizens are welcome.

**After "Lights" Party**

Fifteen senior citizens toured Bronte to see Christmas lights on Monday, December 12th. We had a caravan of 3 vehicles and after an hour of driving around town, we went to the home of Maudene Zoller and Fayne and Ron Thorn for wonderful refreshments.

**Meals for the Week**

**Monday, Dec. 19**

Chicken Fried Steak, White Sauce, Potatoes, Broccoli & Cauliflower, Hot Roll, Apple.

**Wednesday, Dec. 21**

Swiss Steak, Peas & Carrots, Corn Muffin, Tossed Salad, Orange Sections.

**Friday, Dec. 23**

Roast Beef, Brown Gravy, Mashed Potatoes, Carrots, Hot Roll, Salad, Jello.

These programs are funded in part by the Area Agency on

Aging, Concho Valley Council of Governments, through grants from the Texas Department on Aging.

**Decorating the holiday season with safety**

Electricity plays an increasingly important role each holiday season as homeowners decorate with colorful lights and animated ornaments. Moving lights, musical figurines and ornamented trees provide pleasure for everyone, but each of us should pay particular attention to safety as we use electricity to enhance our homes and businesses during the holidays.

West Texas Utilities suggests a six-step electrical safety list to safeguard all holiday decorations:

\*Use safety-certified decorative lights approved by a testing agency such as Underwriters Laboratory (UL).

\*Never use indoor lights in an outdoor display.

\*Do not overload wall outlets or extension cords.

\*Electrical cords should never be placed under carpets or rugs.

\*Turn off all decorative lights before going to bed.

\*Disconnect electrical cords by grasping the plug base. Never pull or yank on the electrical cord.

"When decorating for the holidays, look for frayed wires, loose connections or broken sockets before placing lights on trees or in outdoor locations. Lights should be attached to trees with a non-conductive materials such as string, cord, or ribbons. Do not allow any light to touch a branch or leaf. Never use wire that could cause an electrical short. This is especially important around decorated trees because pine needles ignite easily," said Paul Valdez, Safety Coordinator at WTU.

A few moments exercising caution with electrical equipment will help avoid accidents. Review the above safety tips and enjoy the many additional pleasures electricity provides during the holiday season.

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**SPECIALS GOOD 12/14 THRU 12/27**

Bone-In Water Added

# Whole Hams

19-24 Lb. avg. Lb. **.79**

Whole Boneless Corn King

**Ham**

Lb. **1.29**

Crisp Green Celery

3 Stalks **/\$1**

Mix or Match Sunkist Navel Washington Red

**Oranges or Apples**

**10 / \$1**

Del Monte Vegetables

Reg. or No Salt: Cut Green Beans, French Style Green Beans, Whole Kernel or Cream Style Corn, Sweet Peas

14.5-17 oz. can **3 / \$1**

Asst. Flavors Blue Bell

**Ice Cream**

1/2 Gal. **2.69**

IGA Large Eggs

18 ct. ctn. **.89**

**Coca-Cola or 7Up**

12 pk. 12 oz. cans **2.69**

3 Liter **.99**

# BRONTE SCHOOL NEWS

## Bronte Basketball

On December 6, the Bronte varsity traveled to Irion County. The final score was Bronte 62, Irion County 32. Scoring for Bronte were Brent Taylor, 13; Russel Vaughn, 9; Gary Walker, 8; Cory Robinson, 7; James Hambricht, 6; Terry Queen, 5; Devlin Pierce, 4; Kale Beck, 3; Clint Scott, 3; Nicholas Arrott, 2; and Jason Wilson, 1.

The Bronte JV played Irion County and came up on the short end. Bronte 27, Irion County 41. Scoring for Bronte were Michael Blair, 10; Casey Gibbs, 6; Lane Parker, 5; Michael Martinez, 4; and Glen Tampke, 2.

On December 8 - 11, the Horns were in the Roscoe Tournament. On Thursday, the Horns defeated Eula 51 - 49. Scoring for Bronte were Brent Taylor, 17; James Hambricht, 12; Keith Treadaway, 5; Russel Vaughn, 4; Devlin Pierce, 3; Terry Queen, 3; Gary Walker, 3; Cory Robinson, 2; Kale Beck, 2.

In game two the Horns lost to Cisco 48 - 60. Scoring were Brent Taylor, 14; Devlin Pierce, 9; Terry Queen, 8; Kale Beck, 6; Keith Treadaway, 3; Gary Walker, 3; Nicholas Arrott, 3; and James Hambricht, 2.

In the third game Bronte lost to Roscoe 38 - 64. Scoring were Taylor, 13; Pierce, 6; Treadaway, 5; Queen, 4; Arrott, 3; Holland, 3; Vaughn, 2; Beck, 2.

On December 12 the Horns were in Miles where they won 58 - 51. Scoring for Bronte were Taylor, 24; Arrott, 8; Treadaway, 8; Queen, 6; Pierce, 4; Hambricht, 2; Beck, 2; Vaughn, 2; Walker, 2.

Bronte JV won over the Miles JV 45 - 41. Scoring were Michael Blair, 15; Michael Martinez, 13; Michael Sallee, 11; Dusty Arrott, 6; Casey Gibbs, 3.

## Bronte Girls Basketball

The Lady Horns participated in the Roscoe Tournament December 8 - 10. In game one Bronte lost to Eula in overtime 52 - 53. Scoring for Bronte were Joni Barrett, 20; Jill Johnson, 13; Wendy Johnson, 12.

In the second game Bronte defeated Cisco 56 - 54. Scoring were J. Johnson, 29; W. Johnson, 11.

In the third game Bronte defeated Hamlin in triple overtime 79 - 78. Scoring were Kim Hall, 16; J. Johnson, 29; W. Johnson, 23; J. Barrett, 6. Bronte won the Consolation Trophy.

On December 12, Bronte traveled to Miles and defeated the Miles girls 57 - 48. Scoring for Bronte were Kim Hall, 17; Jill Johnson, 13; Joni Barrett, 11; Wendy Johnson, 13. Their record is 8 - 4.

## Bronte Jr. High

Bronte Jr. High entered the Sterling City Tournament December 8 - 10 and received second place. In the first game Bronte played Sterling City and defeated them 31 - 30. High point scores were from Rod Harrell, 8; Dustin Scott, 7; Jimmy Soto, 6.

In the second game Bronte played Garden City and won 19 - 17. Dustin Holland was high point with 9.

In the Championship game Bronte lost to Water Valley 19 - 35. High point was Dustin Holland.

## Intern and Page applications available

Congressman Charles Stenholm is now accepting applications from college students and educators interested in participating in the 1995 Washington, D.C. Internship Program, as well as applications for page positions in the House of Representatives.

Completed applications must be submitted in person or postmarked by January 17, 1995, to be considered for either position.

Pages perform a variety of duties, including delivering packages to offices within the Capitol complex, and answering telephones in the Members' Cloakrooms. The pages answer directly to the Director of Page Services and they are paid a monthly salary, which covers basic living expenses.

Pages are housed in supervised dormitories and study junior level curriculum at the U.S. Capitol Page School.

Page positions are open to students in the 17th Congressional District who will be juniors in September 1995. Pages must have a "B" average in four major courses, excluding electives.

Four interns are selected to work in the Congressman's office for one month intervals in June or July.

Interns are involved in the daily operation of the Congressman's office and will help research constituent inquiries.

College students from the 17th Congressional District or those attending college inside the district, teachers and administrators are eligible for the internship program. The interns are paid a one-month stipend to cover basic living expenses.

Page and internship applications and information can be obtained by contacting Elaine Talley in the Abilene district office at 915-673-7221.

Applications are due by January 17, 1995. They will be forwarded to a Selection Committee who will notify finalists by February 22, 1995. Interviews for all positions will be held in Abilene on March 18, 1995, and selections will be made at that time.

## Personal

Rev. and Mrs. Jack Ridlehoover of Abilene and Rev. and Mrs. Harry Morris of Mt. Vernon, Washington were dinner guests in the home of Mr. and Mrs. Edward Cumbie last Sunday.

Rev. Ridlehoover is the interim pastor of First Baptist Church in Bronte and Rev. Morris served as pastor of Bronte First Baptist Church during the 1960's, before becoming Area Missionary of Runnels Baptist Association in Ballinger and then moving to the state of Washington.

## Tis the Season for Delicious and Easy Meals in a Dash

The holiday season is one of the most hectic times of the year. Any free time we have is usually spent shopping for presents, preparing for family visits and social engagements and decorating our homes. Considering all there is to do, who has time for cooking "everyday" meals during the week, or even on the weekends? Most of us spend our "cooking time" preparing holiday meals for our guests, while our families become frequent guests at the local diner or fast food restaurant.

The makers of Mrs. Dash would like to offer you and your family an early holiday present—recipes that are quick and easy, and absolutely delicious. The following recipes were specially developed to offer a convenient way to enjoy homemade meals throughout the holiday season.

### Lemon Roasted Chicken

- 1 Whole chicken (2-1/4-2-1/2 lbs.)
- 1/4 cup hot water
- 2 tsp. instant chicken bouillon
- 3 Tbsp. Mrs. Dash Lemon Pepper Seasoning Blend
- 1 Tbsp. dried oregano

Preheat oven to 400°F. Place chicken in roasting pan. Combine hot water and bouillon; pour over chicken. Combine Mrs. Dash Lemon Pepper and oregano. Coat chicken with mixture. Bake (covered with aluminum foil) 50 minutes. Remove foil. Baste. Bake uncovered for 15 minutes or until golden brown and chicken is done. Makes 3-4 servings.

Per Serving:	W/Skin	W/Out Skin*
Calories	210	120
Protein	18g	21g
Fat	14g	3g
Carbohydrate	1g	1g
Sodium	160mg	200mg
Cholesterol	70mg	65mg

\*Nutritionals are calculated for chicken prepared with skin but eaten w/out.

### Bronte FFA

#### by Jodie Hilliard

Russel Vaughn exhibited a Chianina steer at the Tarleton State University Prospect Steer Show. The steer placed second in its heavy-weight class. Congratulations Russell!

We would also like to congratulate Roy Parks for selling the most fruit this week. For the past two weeks the FFA members have been in a race

### 5-Minute Vegetarian Chili

- 1 (15 oz.) can chili tomatoes or seasoned tomatoes
- 1 (15-1/2 oz.) can red kidney beans, undrained
- 2 Tbsp. Mrs. Dash Garlic & Herb Seasoning Blend
- 1 Tbsp. sugar
- 1 tsp. cumin
- Grated cheese (optional)
- Chopped onion (optional)

In medium saucepan, combine all ingredients. Simmer over medium heat for 5 minutes or until warm. Garnish with grated cheese and onions, if desired. Makes 4 one-cup servings.

Per Serving: Calories 160, Protein 8g, Fat .5g, Carbohydrate 32g, Sodium 880mg, Cholesterol 0.

### Onion Dash Burgers

- 1 lb. 90% lean ground beef
- 2 Tbsp. Mrs. Dash Onion & Herb Seasoning Blend
- 4 Hamburger buns or rolls

In large bowl combine ground beef and Mrs. Dash Onion & Herb; mix well. Shape into 4 meat patties. Pan fry or oven broil as desired. Serve on buns or rolls with your choice of condiments. Makes 4 servings. Per Serving (Burger only): Calories 160, Protein 24g, Fat 5g, Carbohydrate 3g, Sodium 70mg, Cholesterol 70mg.

Mrs. Dash is a salt-free blend of 14 all-natural herbs and spices that provides a delicious way to wake up the flavor of food for everyone who is eating right, even those on low-sodium, low-potassium or diabetic diets. Mrs. Dash is available in six specially blended flavors to please every palate, and is packaged in a 2.5-ounce shaker bottle with a suggested retail price of \$2.09. All Mrs. Dash flavors are available in the spice section of supermarkets and grocery stores nationwide.

to see who could sell the most fruit. Roy Parks sold 35 boxes of fruit.

On December 3rd, FFA member Courtney Arrott placed 6th with her heavyweight Hampshire pig. Brandon Gibbs placed first with his lightweight cross pig and Joel Webb placed third with his heavyweight cross pig.

The FFA will hold their Christmas Party on December 13.



### El Rancho Restaurant

Mexican-American Food

Open Tues.-Sat. 11 am - 2 pm & 5-9 pm

Open Sunday 11 am - 2 pm

224 W. Main Bronte 473-2140



# Merry Christmas

## FIRST NATIONAL BANK IN BRONTE

Is Now Offering  
24 HOUR BANKING - 7 DAYS A WEEK  
Through Its Automated Teller Machine (ATM)



Member FDIC

## Storewide Sale!

Reductions up to 75% off

Silky Nightshirts! Tiffany Lamps!  
Texas Caviar! Pewter Crosses!  
and more...

Best Little Gift Selection  
in West Texas!

Cumbie's Mercantile  
Downtown Bronte



**Food banks need donors**

During any November and December, food banks throughout Texas can become hard-pressed to provide enough nutritious food for all the low-income and homeless people that they try to serve, according to health officials. But this year, when many of the state's volunteer donation centers already have tapped their reserves to help victims of the October floods of southeast Texas, needy people throughout the state may face greater hardships during the Thanksgiving and Christmas holidays.

Dr. David R. Smith, Texas Commissioner of Health, said, "The generosity of Texans in helping each other through tragedy and hard times is legendary. It is a true resource, in which this state takes fierce pride. The voluntary, public effort to take care of our own amid the devastation of October's floods has underscored that quality. Now, as the holidays approach, we need help replenishing our local food banks with nutritious, easily stored foods, so that all Texans who need help are served."

Barbara Keir, director of the Public Health Nutrition Program at the Texas Department of Health (TDH), said, "Food donors should always be selective in the kinds of foods they give."

She explained that although some well-meaning donors may want to contribute something festive to brighten people's holidays, the nutritional value, shelf life and versatility of foods are more important. "Nutritious foods are always in season," she said.

"Often, people who qualify for food bank help already are undernourished," Keir explained. "They need basic, wholesome foods, preferably in quantities large enough for families. Food banks can manage donations more easily if they are in cans or durable boxes. Some dry items in their

original bags, such as flour, beans, and uncooked spaghetti also are practical."

Example of foods Keir recommends for donation are: canned fruits and vegetables, canned fruit or vegetable juices, powdered milk, canned tuna or chicken, peanut butter, canned or dry beans or peas, canned soups or stews, macaroni and cheese mix, flour, cornmeal, or masa harina, rice, noodles, or spaghetti, oatmeal and cream of wheat, ready to eat cereals.

Keir added that baby foods sometimes are lacking at food banks. "We encourage mothers to breastfeed if they can," she said. "But when that is impossible or not practical, we urge them to give their babies iron fortified formula. Babies and toddlers also can eat plain baby foods, including meats, fruits, vegetables, and infant cereals."

She added that by taking the time to read labels, donors can select foods with high nutritional content. Selections should be simple and from major food groups: milk and dairy products; meats, poultry, and fish; cereals and grains; and fruits and vegetables.

**Holiday blues may be something more**

For people with seasonal affective disorder, 'tis not the season to be jolly.

Seasonal affective disorder (SAD), most often a form of depression, occurs with the seasons, especially winter. A psychologist at Baylor College of Medicine in Houston says SAD differs from the typical holiday "blues".

"The blues are common during the holidays and mostly comes and goes. But people with SAD are often depressed all winter long," said Dr. Ernest Fruge, an assistant professor of family medicine at Baylor.

Fruge says although stress may be a contributing factor to SAD, the disorder appears to

be related to a low-light environment. It is also more common in higher latitudes.

"As the longer days of spring and summer are replaced with short, dark days of winter, mood changes can occur," Fruge said.

SAD symptoms include fatigue, sluggishness, oversleeping, overeating, and weight gain. Symptoms usually begin during adulthood and appear four times more commonly in women as in men. It can run in families with a history of alcoholism or depression.

The first line of treatment for SAD is light therapy, which exposes the patient to white fluorescent indoor light for several weeks.

Studies show that results with light therapy are detected within the first week of treatment.

Although light therapy can produce side effects such as headache, eye strain, irritability and insomnia, the effects are mild and can be lessened by decreasing light intensity.

If light therapy is ineffective, a physician may add antidepressants to the treatment regimen.

Diet, exercise and stress management can also help increase energy level, Fruge says, but it is important to seek medical attention.

"Before you assume you're depressed or have SAD, get a physical examination to make sure that other possibly more serious problems are not the cause of the symptoms," Fruge said.



**HELP YOUR HEART RECIPES**



This recipe is intended to be part of an overall healthful eating plan. Total fat intake should be less than 30 percent of your total calories for a day — not for each food or recipe.

**Marinated Turkey Fillets**

- 1 1/2 pounds skinless turkey fillets, all visible fat removed
- 2 cups low-fat buttermilk
- 3 tablespoons acceptable vegetable oil\*
- 1 cup finely chopped onion
- 1 tablespoon finely chopped fresh dill
- 1 tablespoon finely chopped fresh tarragon
- 1 tablespoon finely chopped fresh cilantro
- 1 tablespoon finely chopped fresh rosemary
- 1 teaspoon freshly ground black pepper
- 1/4 teaspoon salt

Rinse turkey fillets and pat dry. Set aside.

In a small bowl, combine remaining ingredients. Pour into rectangular enamel or ovenproof glass baking dish. Add fillets, turning to coat evenly. Cover and refrigerate for several hours or overnight, turning fillets several times.

Grill or broil marinated fillets.

Serve hot. The dish is also good chilled and sliced over salad greens. (Keep covered in the refrigerator.)

Serve 6.

\* Canola, corn, olive, safflower, soybean or sunflower oils.

**Nutrient Analysis per Serving**

238	Calories	71 mg	Cholesterol	2 gm	Saturated Fat
29 gm	Protein	236 mg	Sodium	5 gm	Polysaturated Fat
4 gm	Carbohydrate	11 gm	Total Fat	3 gm	Monounsaturated Fat

This Help Your Heart Recipe is from the *American Heart Association Cookbook, Fifth Edition*, American Heart Association. Published by Times Books, A Division of Random House, Inc. 1973, 1975, 1979, 1984, 1991.

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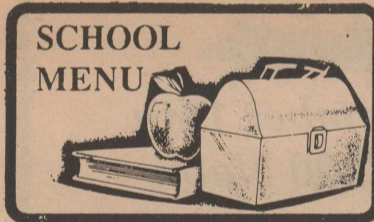
# ROBERT LEE SCHOOL NEWS

## Steers start roundball

For the third straight year, Coach Kurt White and the Steer hoopsters are very late taking the basketball court. So why aren't folks upset - why does everyone seem so pleased about that? That's because the Steers have been making it a habit to still be playing football at Thanksgiving!

Bi-District champions in 1992, the Steers stormed into the spotlight in 1993 and were area champs. They began practice state-ranked in 1994 and never looked back. It seemed magic; it was Steers over Miles 42-0; Santa Anna crushed, 41-0; they downed Roby 19-7. Then Cross Plains was whipped 28-6 and now it was district play. Bronte fell 20-0; Garden City was conquered 46-0; Water Valley sank 47-14; arch rivals Roscoe couldn't hold a light, 33-0. Sterling City, the last regular season game, proved toughest; they went down 14-7.

They drew a bye in bi-district play but stunned Paducah 41-6 in Snyder a week later for the area crown. Now it had come down to the game the Steers had looked forward to for a year - a rematch with Crawford who had knocked them out of state contention in the 1993 quarterfinals.



- SCHOOL MENU**
- Breakfast**  
**Monday, Dec. 19**  
 Breakfast Pizza, Orange Juice, Milk  
**Tuesday, Dec. 20**  
 French Toast, Cold Cereal, Apple Juice, Milk  
**Wednesday, Dec. 21**  
 Sausage on a Stick, Orange Juice, Milk  
**Thursday, Dec. 22**  
 Holiday  
**Friday, Dec. 23**  
 Holiday
- Lunch**  
**Monday, Dec. 19**  
 Chili Con Carne with Cheese, Crackers, Beans, Rice, Pineapple Tidbits, Milk  
**Tuesday, Dec. 20**  
 Baked Ham, Sweet Potatoes or Creamed Potatoes, Broccoli with Cheese Sauce, Rolls with Butter, Fruit Salad, Milk  
**Thursday, Dec. 21**  
 Holiday  
**Friday, Dec. 22**  
 Holiday

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The Steers weren't the only ones working hard. Head Coach Ed Poehls and his staff, Sid McCown, Bobby Bolding, Kurt White, and Jimmy Randolph. They watched a dozen films, and researched every area of their expertise to ready their team for the regional contest at Brownwood against Crawford.

It was not to be. The Steers who had played with super toughness and heart all year were snakebit that night as any great team can be on any given night. They were defeated 12-17 by a team that even some Crawford residents thought weren't up to the task.

Coach Poehl's group of "young men" won't die a lingering death over this, though, because you see - the "Steer Family", as he calls the group and the entire staff, have more work to do. There's basketball, track, golf, tennis, etc.

Honors are still coming in for the football team. Robert Lee dominated recent all-district selections, placing practically the entire squad as reported in last week's Observer/Enterprise.

This week the Associated Press Sports Editors' Class 1A All-State team was named. Although West Texas was virtually by-passed on the first team, Lee McCown was chosen as the second team kicker.

Anthony Wink earned honorable mention as a defensive lineman; linebacker Jonathan Torres, with 104 tackles, also gained honorable mention. Defensive backs Bart Goodman and Charles Hayes were placed on honorable mention for the Steers, also.

## Steers win RL Tourney

The Robert Lee Steers took the championship trophy in the invitational tourney held here last weekend. The Lady Steers took second place honors in the same tourney.

Thursday saw the home town girls facing off against Hermleigh and winning that game by a convincing score of 75-46. Jennifer Scott was high scorer for the team with 25. Heather Millican added 14, Jaclyn Waldrop 11, Maranda Wojtek 10, Cynthia Abalos 6, Tiffany Bruning 5, Kannan Millican and Kizzie Howell 2 each.

The Steers also had a lopsided victory defeating

Hermleigh 86-42. High point man was Lee McCown with 14. Close behind was Aaron Hood with 13, Jason Key and Jerrid Vincent each added 12, Eric Hood 9, Anthony Wink 8, Bart Goodman 7, Charles Hayes 6, Jason Wyatt 3, Jeremy Vincent 2.

The girls faced off against Christoval Friday and defeated that team 47-28. Jennifer Scott once again took high point honor with 14. Jaclyn Waldrop scored 11, Heather Millican 7, Maranda Wojtek and Kannan Millican 6 each, Cynthia Abalos 2, Kizzie Howell 1.

Robert Lee boys annihilated the Christoval Cougars 87-47 Friday. Brother Eric and Aaron Hood tied for top scoring honors with 15. Lee McCown added 13, Charles Hayes 12, Jeremy Vincent 7, Jerrid Vincent and Jason Wyatt 6, Jason Key 5, Bart Goodman and Anthony Wink 4 each.

Saturday saw the Lady Steers pitted against Garden City in the Championship game. Garden City took the trophy defeating Robert Lee 38-46. Jaclyn Waldrop tipped in 16 for high point honor. Jennifer Scott scored 8, Tiffany Bruning and Heather Millican 6 each, Maranda Wojtek and Kannan Millican 1 each.

The Steers walked away with the Championship Trophy defeating Miles 85-48 Saturday night. Aaron Hood poured in 24 points in the victory making him top scorer for the night. Eric Hood added 12 points to the board, Charles Hayes, Lee McCown, and Bart Goodman 10 each, Jason Key 5, Koby Howell, Jeremy Vincent, Jason Wyatt, 4 each, and Anthony Wink 2.

## RL Jr. High B-ball results

Robert Lee Jr. High teams traveled to Sterling City December 8-10 to participate in the Jr. High tourney held there. The boys team held on to take the consolation prize home while the girls team fell, just a little short of the same trophy.

Thursday the boys faced off against the host team, Sterling City. The Dogies ran away with the game defeating Sterling City 49-19. Andrew McCabe was high point man with 13. Will Simpson put 8 points on the board, Justin Francis and Jeremy Edging 6 each, Chad Helwig and Mariusz Skibicki 4 each, Jamie Olguin, Joel Gallegos, B.J. Bessent, and Michael Munoz each dropped in 2.

The boys fell short in their battle Friday against Water Valley 26-35. Michael Munoz took high point honors with 8. Scoring 5 each were Will Simpson and Mariusz Skibicki. Andrew McCabe added 4 to the board; B.J. Bessent and Chad Helwig 2 each.

Saturday the Dogies bounded back defeating Garden City 27-12 in the Consolation game. High pointer for the game was Will Simpson with 7. Michael Munoz and Andrew McCabe each added 6 to the score, while Chad Helwig put in 4 points. B.J. Bessent and Mariusz Skibicki scored 2 each.

The Jr. High girls were up against Greenwood in their first contest of the tournament. They soundly defeated that team 29-10. Taking high point honors was Marie Eads with 10. Kim Gloria was close behind with 9, Lori Eubanks tipped in 6, Flor Barrera and Kyla Long 2 each.

Offense just wasn't happening for the girls team Fri-

day as they fell to Irion County 8-21. Marie Eads put 6 on the board and Lori Eubanks 2.

Saturday found the RL girls facing off against host Sterling City for Consolation honors. The girls fell to that team 12-27. Kim Gloria was high scorer with 5, Marie Eads scored 3, Flor Barrera and Kyla Long 2 each.

Monday, December 12 Robert Lee Jr. High hosted Bronte Jr. High at the local gym. The "A" boys pulled off a good win while the "A" & "B" girls and "B" boys fell short.

The "A" girls team lost to visiting Bronte 19-26. Marie Eads was high pointer with 9. Samantha Padgett and Kim Gloria each scored 3, Holly Copeland and Kyla Long 2.

The "B" girls were unsuccessful in their bid for a win against Bronte's "B" team losing to them 10-24. Shyla Cole scored 5 for high point honor. Melanie Johnson and Gina Torres each added to the final tally.

The "B" boys lost a close one 23-26 to Bronte's "B" team. High point man for Robert Lee was Joel Gallegos with 8. Daniel Cates added 6 to the score, Nick Pinson and Matthew Pitcock 4 each, Jeremy Eaton 1.

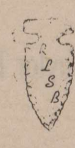
The "A" boys closed out the evening with a big win over the visiting Shorthorns. The final score in that contest was 45-14. High pointer was Andrew McCabe with 12. Chad Helwig followed with 10, Michael Munoz and Jeremy Edging 6 each, Will Simpson 5, B.J. Bessent 4, Justin Francis 2.



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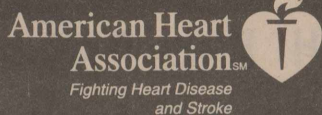
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# Help Your Heart

## Don't Let the Holidays Stress You Out

The holidays are here. It's a time for shopping, for family gatherings...and for stressful situations.

Stress is the bodily or mental tension that results from a person's response to physical, chemical or emotional factors. Stress can be physical as well as mental. Everybody feels stress at different times, in different amounts and with different reactions.

Researchers don't yet know the role that stress plays in the development of heart disease. That's why the American Heart Association says more study is needed on the subject.

In the meantime, however, here are 10 positive ways of dealing with stress during the holidays and during the rest of the year. These tips are particularly helpful if you become irritated and hostile when experiencing stress and impatience.

1. Take a serious look at the demands you are placing on yourself.
2. Consider deleting or delegating some of the activities you've accumulated. Delegating responsibilities gives others a chance and takes you off the hook.
3. Schedule with the real world in mind — not the world as you'd like it to be.
4. Take an inventory of your support. If you don't have someone to turn to for emotional support, devote

some time and energy into developing your support by reaching out to others.

5. Identify hostility-provoking situations and be on guard — you may be at high risk when you're in these situations.
6. Place yourself in situations that tend to trigger your anger and then practice not getting angry.
7. Drive in the slow lane or get into the longest lines to practice positive coping rather than becoming angry.
8. Try to control anger and make conscious decisions about whether or not it is worth the cost to your health.
9. Don't turn to unhealthy habits to handle the stress such as drinking alcohol, smoking and overeating.
10. Develop positive strategies for coping with stress including brisk walking, relaxation, humor and keeping events in their proper perspective.



For more information about ways to enjoy the holidays through healthful eating and physical activities, contact your local American Heart Association or call 1-800-AHA-USA1 (1-800-242-8721).

## Make holiday cooking a family event

Pitching in and helping with the holiday baking makes most children feel like they are part of the festivities, says a nutritionist at the USDA's Children's Nutrition Research Center.

"Cooking together is a great parent/child activity, and with a bit of organization, even the littlest baker can participate," said Corinne Montandon, as assistant professor of pediatrics at Baylor College of Medicine.

### RL girls defeat Rotan

Robert Lee girls basketball teams traveled to Rotan December 6 and made a nice showing for the RL fans. Both teams played very exciting games and managed to add one to the win column.

The JV girls defeated Rotan JV 30-24. The RL girls were behind 7-8 at the end of the first quarter but outshot the home team 10-2 in the second. The second half was a see-saw event with Robert Lee coming out on top. Amanda Sanders tipped in 9 to become high pointer for the game. Bree Bolding scored 7 points, Brandi Brosh 5, Patricia Minjarez 3, Meagan Hill, Stacy Hendry, and Jessica Key 2 each.

It took double overtime to determine the winner of the girl's varsity game. Robert Lee finally pulled out a 71-68 win over Rotan's varsity squad. High pointer in the shoot out was Jennifer Scott with 16. Jaclyn Waldrop added 13 to the board, Tiffany Bruning 12, Maranda Wojtek 10, Cynthia Abalos 9, Heather Millican and Kannan Millican 4 each, and Kizzie Howell 3.

Before children arrive, assemble all the ingredients and implements you will need.

"It is important to set realistic limits and assign age-appropriate tasks," Montandon said.

Children ages 9 through 12 can prepare easy-to-follow-recipes, roll out dough for cookies or pie crust, chop fruits for muffins, and grate vegetables for quick breads.

Children ages 5 through 8 can wash fruits and vegetables, stir ingredients and cut out cookies with a cookie cutter. Toddlers can pour ingredients into a bowl. Of course, everyone can help decorate cookies.

Montandon reminds parents to make sure children wash their hands before and after every step in the food preparation process.

She also notes that most young children have short attention spans. When a recipe yields dozens of cookies or muffins, use only half and chill the rest of the dough until later.

Montandon suggests using the kitchen table as a cookie decorating center. Make sure each child has easy access to small cups filled with colored icings, raisins, pieces of maraschino cherries or dried fruits, sprinkles, miniature marshmallows and other decorative goodies.

To cut down on the mess, place a small plastic tablecloth under the chair where a child is working.

But, keep in mind, that the kitchen cleanup can be part of the "fun".

Children can help wash dishes, wipe off cabinet tops and sweep the floor. Montandon believes it is important for children to experience all the steps involved in cooking.

"Food is a special part of the holidays, whether you intend

to trim the tree with gingerbread men, provide treats for your child's holiday party at school, or fill the cookie jar at home," she said.

Just remember, the final product might not be a culinary masterpiece, but it will sweeten holiday memories.

## Medicare General Enrollment

Did you decide not to take Part B of Medicare when you were first eligible for it? Or did you have Part B once and then dropped the coverage? If you fit into either of these situations, you'll have a chance to sign up for Part B during the annual enrollment period that runs from January 1, 1995 through March 31, 1995. This three-month period offers a second chance to those who did not enroll when they were first eligible and those who dropped their coverage in the interim. If you enroll during the current sign-up period, your coverage will begin July 1, 1995.

If you did not enroll when you first were eligible, you Medicare Part B premium will be 10 percent higher than the basic monthly premium for each twelve-month period you were eligible but not enrolled. For 1995, the basic monthly Medicare Part B premium is \$46.10. There are special premium rules and enrollment periods (generally with no penalty for delayed enrollment) for workers age 65 or older and for people under age 65 with disabilities who have group health coverage based on their own or their spouse's current employment. Part B coverage, also called "medical insurance," helps pay for doctor's services, outpatient hospital care, and other medical services.

SHANNON

## HEALTH NOTES

### HDL Is A-OK

The good kind of cholesterol may be better for us than previously thought. Two new studies reinforce the notion that high-density lipoprotein, HDL, has a beneficial effect on human hearts.

Japanese researchers wrote in the American Heart Association journal *Circulation* that their study of more than six thousand men showed that as levels of total cholesterol rose, the risk of coronary artery disease and heart attacks also rose, but as levels of HDL dropped, regardless of the total cholesterol level.

The second study was in Germany. It showed that high levels of HDL appear to counter abnormal constriction of arteries which combined with its ability to carry cholesterol out of the body, might help prevent heart problems brought on by arteries clogged by the bad kinds of cholesterol.

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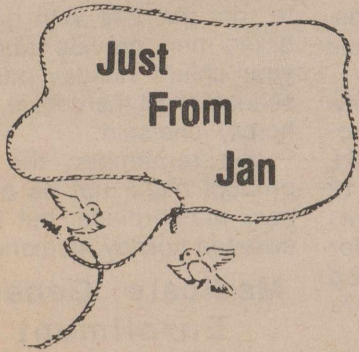
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**Sewing Gadgets  
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Stocking Stuffers**

When looking for that last-minute "stocking stuffer," stop by notion and fabric departments.

Whether the recipient is a seamstress or not, sewing gifts are practical. For example, a bachelor, homemaker or teen may appreciate an emergency repair kit. Include in the kit an assortment of threads suitable for any job, needles, shears and extra buttons all packaged in a handy, little box.

Since pins and needles always seem to disappear quickly, an assortment of different size needles, dressmaker pins or ballpoint pins for knits accompanied by a pin cushion makes a welcome gift for homesewers.

Since good, sharp dressmaker shears are a must, if the homemaker does not have a pair of her own, consider purchasing some shears. Add a "for sewing only" note so they

**Letter to the Editor**

Dec. 7, 1994

Dear Editor,

Thanks for keeping my hometown paper coming. I've enclosed a check for \$20 for year 1995. I did not want to be late again.

To all of you and all you hold dear, A Blessed Christmas and Joyous New Year.

Love,  
Mrs. C.L. Baker  
Napa, California



will not disappear to another part of the house for other chores. Another possibility is a small pair of shears for clipping and trimming.

To help organize the sewing area, consider making a wall organizer with a variety of pockets and hooks to hold sewing tools. Or, look in stores for a molded plastic wall organizer to serve the same purpose.

On the other hand, a graduate may prefer a handy wicker basket to hold sewing gear which is easily carried to college.

If the recipient is a beginning sewer, it is suggested giving a basic clothing construction book.

For a more advanced seamstress, consider the handy pocket size series of sewing books that specialize in various areas, such as sergering, lingerie or decorative clothing.

A selection of patterns, particularly those that are super simple to make, are ideal for a teen. Patterns offer her something to do after the holiday excitement is over.

Look over your own sewing area for additional ideas. That useful gadget or something you would like to have might make a good stocking stuffer for someone else. Happy Holidays!!!

**Christmas Newspaper**

The annual Christmas issue of the Observer/Enterprise will be published on December 23. That edition traditionally features children's Santa letters, the businesses' greetings to their customers, and individuals' holiday best wishes. A newspaper representative will be calling on the merchants for advertising. You

also may come into our Robert Lee or Bronte offices and select your holiday greeting. If you are inadvertently missed, please remind us by calling 473-2001 or 453-2433.

**Judge attends Seminar**

Local Judge Jack G. Moore, was certified at a recent 20-hour Justice of the Peace Seminar held December 6-9, 1994, in Tyler, Texas. The seminar was sponsored by the Justice of the Peace and Constables Association and is conducted by the Texas Justice Court Training Center, headquartered at Southwest Texas State University in San Marcos. The seminar is one of many held state wide to allow Justices of the Peace to meet their Continuing Judicial Education requirements as set forth in Article 27.005 of the Texas Government Code. Judges selected areas of study that closely matched their courts activity. Topics covered included: New Penal Code Reveiw, Juvenile Law, Forcible Entry and Detainer, Traffic Law, Inquests, Small Claim Procedure, Criminal Trial Procedure, Contempt, Bond Setting, Magistrate Duties, Criminal Law Issues, Good Judging Techniques, Clerkless Court Management, Media Relations, Code of Judicial Conduct.

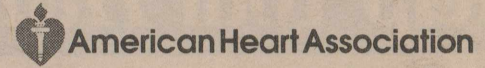
**Lone Star Gas names manager**

Lone Star Gas has named John Conn to the position of Business Development Manager for Robert Lee and seven other cities and towns in the West Texas area effective immediately. In this position, he will be responsible for the majority of the gas company's public contracts with leaders at all levels in each city and town under his responsibility. These contacts will include government and municipal officials, school districts, hospitals, local business leaders, civic and charitable organizations and those involved in economic development.

Conn has been with Lone Star since 1984 and has worked with builders and developers in the San Angelo area.

He has served as a board member of the West Texas Boys Ranch and as a member of the San Angelo Home-builders Association.

**HELP YOUR HEART RECIPES**



This recipe is intended to be part of an overall healthful eating plan. Total fat intake should be less than 30 percent of your total calories for a day — not for each food or recipe.

**Cornbread Dressing**

- Vegetable oil spray\*
- 3 cups crumbled cornbread
- 1 cup plain bread crumbs
- 2 cups low-sodium chicken broth
- 3 stalks celery, finely chopped
- 1 large onion, finely chopped
- 2 egg whites
- 1/2 teaspoon freshly ground black pepper, or to taste
- 1/2 teaspoon sage or poultry seasoning

Preheat oven to 350° F. Lightly spray a large baking dish with vegetable oil.

Combine remaining ingredients in a large mixing bowl. Mix well. Turn into prepared baking dish, cover and bake 45 minutes.

**Optional Cooking Method:** Stuff dressing loosely into cavity of 10- to 12-pound turkey just before roasting. Serves 8.

\* Do not use vegetable oil spray near an open flame or a heat source. Read and follow directions on can before using.

**Nutrient Analysis per Serving**

104	Calories	1 mg	Cholesterol	0 gm	Saturated Fat
4 gm	Protein	190 mg	Sodium	1 gm	Polyunsaturated Fat
17 gm	Carbohydrate	2 gm	Total Fat	1 gm	Monounsaturated Fat

This Help Your Heart Recipe is from the *American Heart Association Cookbook, Fifth Edition*, American Heart Association. Published by Times Books, A Division of Random House, Inc. 1973, 1975, 1979, 1984, 1991.

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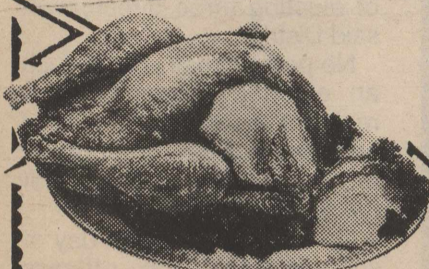
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Lb. **.69**



Boston Butt  
**Pork Roast** Lb. **.99**  
Boneless  
**Chuck Roast** Lb. **1.69**

Whole Boneless Great for Christmas Present!  
**Sirloin** 10-12 Lb. avg. Lb. **1.99**

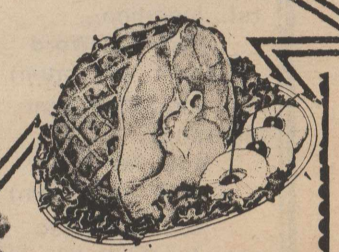
Fryer  
**Livers or Gizzards** Lb. **.89**

Market Made  
**Pork Sausage** Lb. **.99**

Cooks Butt Portion  
**Ham** Lb. **1.19**

Cooks Shank Portion

**Ham**  
Lb. **.99**



Durkee <b>Onion Rings</b> 2.8 oz. can <b>.99</b>	Shurfine Real <b>Chocolate Chips</b> 12 oz. bag <b>.99</b>
Shurfine Light <b>Corn Syrup</b> 32 oz. Bottle <b>.99</b>	Shurfine Powdered or Brown <b>Sugar</b> 2 Lb. Bag <b>.99</b>
Swanson <b>Chicken Broth</b> 14.5 oz. can <b>.59</b>	Saver's Choice <b>Foam Plates</b> 9" 50 ct. <b>1.29</b>

Frozen Snow Hill  
**Baking Hens** Lb. **.79**



Crisco  
**Vegetable Oil**  
48 oz. Bottle **1.99**

Lucky Leaf  
**Apple Juice**  
64 oz. Bottle **.99**

Shurfresh 12 ct. pkg.  
**Brown & Serve Rolls 2 / \$1**

**Dr. Pepper or Pepsi**

12 pk. 12 oz. cans **2 / 4.99**



Shurfine  
**Vegetables**  
Early Harvest Peas, Cream & Whole Kernel Corn, Mixed Vegetables, Cut & French Style Green Beans, Sliced Carrots

**15 / \$5**

Folgers  
**Coffee**



13 oz. can **2.69**

Shurfresh  
**Milk**

Gallon Jug **1.99**



**Pepsi Cola**  
3 Liter Bottle **.99**

Shurfine  
**Fruit Cocktail**  
17 oz. can **.79**

Shurfine  
**Flour**  
5 Lb. Bag **.79**

**Dr. Pepper**  
3 Liter Bottle **1.39**

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from Hall's Super Save Foods

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See Details in Store

Shurfresh Large  
**Eggs** 2 Dozen **/\$1**

Shurfresh 3 Lb. Bowl  
**Margarine Spread** **1.49**

Gandy's  
**Egg Nog** quart **1.29**

Gandy's  
**Buttermilk** 1/2 Gal. ctn. **1.19**

Washington Red  
Delicious

**Apples**

Lb. **.49**



## FRESH PRODUCE

California Navel  
**Oranges** Lb. **.49**

**Bananas** Lb. **.39**

Large Stalk  
**Celery** Bunch **.49**

Medium Yellow  
**Onions** 4 Lbs. **/\$1**

## FROZEN FOOD

Shurfine  
**Orange Juice** 12 oz. can **.89**

Shurfresh  
**Whipped Topping** 8 oz. Bowl **.69**

Mrs. Smith's Apple or Cherry  
**Pie** 26 oz. **2.49**

Prices Good 12/15 Thru 12/24  
FOOD STAMPS WELCOME



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2nd. and Subsequent Insertions...  
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Additional 50c for Blind Ads

Cards/Thanks...  
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Legal Notices...  
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Display Ads..5 pm Tues.  
Classified Ads & Cards of Thanks are payable in ADVANCE unless customer carries regular account.

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Ch/CA, carpeted throughout, store building, 2 water wells, natural gas, cable TV available on 3 1/2 acres in Robert Lee. 453-2214.

19-4tc

**FOR SALE Bronte**

Owner said "Reduce Price" 3 BR/2 1/2 BA, extra large.

Robert Lee

**3 BEDROOM, 2 BATH**

3 1/2 acres. Assumable note. Residential lots ready for construction.

**LAKE PROPERTY HOME:** 2 years old, 3 bedroom, 2 bath.

Large home plus more! New to market, call for details.



Elaine Lee  
453-2995

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**3 BR HOUSE, 2 BA,** central heat & air, numerous extras, well-kept, large corner lot, trees, sprinkler system, garage, patio, and storage buildings.

**Mobile Home** on 4 lots in Robert Lee.

**3 LOTS** on east side Hwy. 158

**BRICK 3BR/2 BATH,** located on large lot, double carport and storage building.



EQUAL HOUSING OPPORTUNITY

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Phone 453-2723 or 655-9429  
Elsie Adams 453-2757

**FOR SALE**

Shelled pecan halves. \$3.50 per pound. Clark Glenn, Bronte. 473-3351.

20B-2tc

**JALAPENO KETCHUP!**

Peach potpourri pies and tarts. Cumbie's Mercantile, Bronte.

19B-2tc

**HOUSE FOR SALE**

by owner, 4 bedroom, 2 bath, total electric. 1121 Euell, Robert Lee, call 453-2580.

13-tnc

**FOR SALE**

3 acre pecan orchard, 14 x 80 mobile home, fireplace, wet bar, china cabinet. Barn and pens. Bronte. 473-3201.

20-tnc

**FOR SALE**

2 lots on corner, 2 bedroom, 1 bath, fully carpeted, vinyl siding, good rent property. \$15,000. 424 S. Jefferson, Bronte. Call 915-387-2817 and leave message or call 915-387-3893 before 5:00.

15-tnc

**HOUSE FOR SALE BY OWNER**

805 W. 11th, 1610 square feet. 3BR/2BA, CH/A, privacy fence, newly remodeled kitchen, call 453-4630.

45-tnc

**NO DYE! COLORED COTTON**  
Sweaters - sale \$39.99.  
Cumbie's Mercantile, Bronte.  
17B-4tc

**YOU'RE INVITED!**  
To come in and see our neat stuff for Christmas or Anytime!  
D's Total E. Clipse Salon, Bronte, TX.

18B-4tc

**ATTENTION MALE SHOPPERS!!**

Need something for Christmas for that special lady in your life? Give her a gift certificate or let us fix up a basket full of goodies just for her. Call or come by D's Total E. Clipse Salon, 121 W. Main, Bronte, 473-6131.

18B-4tc

**SUDAN & MILO HAY**

Good quality, nice-sized round bales. 1465 Red Creek Road, Hwy 208, San Angelo. 655-4972.

20-2tc

**INDIAN BLANKET**

Warm robes, sale \$55.99. Cumbie's Mercantile, Bronte.

17B-4tc

**HOME FOR SALE**

near Juvenile Justice Center in Bronte. 2 or 3 BR/1 BA, shaded, carport, central heat and air, fireplace, 653-7019.

08-tnc

**NEED USABLE STOCKING STUFFERS?**

Come in and see our full line of hair care products for their stockings! They'll love 'em! D's Total E. Clipse Salon, Bronte.

18B-4tc

**LONG WIDE PICKUP**

bed trailer for sale. 473-2070 Bronte.

20B-2tc

**SHAFFER FUNERAL HOME**

BRONTE ROBERT LEE  
473-3131 453-2424

**MONUMENTS**

Duplications  
Custom Designs

**FOR RENT**

**HOUSE FOR LEASE IN BRONTE**

Brick, 3 bedroom, 2 bath, 2 large living areas, carpeted, fireplace, patio. Call 944-0321.

15-tnc

**LARGE 1 BR TRAILER**

for rent, furnished, bills paid. No children or pets. 1518 Washington, Robert Lee, 453-4786.

11-tnc

**FOR RENT**

trailer spaces, phones available, 4 miles west of Robert Lee. Quail Park, 453-2914.

05-tnc

**GARAGE SALES**

**GARAGE SALE**

Lots of Christmas decorations, winter clothes, and knick-knacks. 606 W. 9th, Robert Lee, Saturday, if weather permits.

20-1tp

**MISC**

**HIGHWAY GARAGE**

will be closed Dec. 19th through Dec. 26th for the holidays. Come in before then for your free winter check-up. (Includes checking belts, hoses, coolant leaks, and anti-freeze strength) Have a happy Holiday Season!

Jim and Kathy  
19B-2tc

**BRONTE MINI STORAGE** has buildings available. Call 473-2140 or 473-2221.

16B-tnc

**POSTAL POSITIONS**

12.26 per hour plus Benefits. Carriers, Clerks, Sorters, and Maintenance Jobs. For Exam information and Application call (708)264-1600, Extension 5369. Also Open Evenings.

19-2tp

**WANTED**

Good used treadmill. Call 453-2698.

20-2tc

**Johnson's Water Well Service**

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24 HR. SERVICE  
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**MELBA'S STEAMBATH WITH MASSAGE**

Professional, legitimate. For appointment call 653-0053. 1:00 pm - 7:00 pm. Closed Saturday and Sunday. 53 E. 15th, San Angelo.

13-12tp

**D & L DOZER SERVICE**

Larry Spivey, Owner-Operator. PO Box 160, Bronte, TX. Phone (Oak Creek Lake) 915-743-2577.

21b-tnc

**"TEXAS BEST" CARPET CLEANING**

professional service, truck mounted cleaning system. Serving all Coke County. Call toll free 1-800-473-2807 or 473-2807, Bronte. Free estimates.

49-tnc

**CHILDCARE - BRONTE**

Part-time, drop-ins, and night care for children 3 years & up. Angie Hoyt, 473-3600.

17B-4tp

**CARD OF THANKS**

**ROBERT LEE VOLUNTEER FIRE**  
Department would like to thank WTU for their generous donation.

20a-1tc

**THANK YOU**

to all our friends and relations in and around Robert Lee for prayers, calls, cards, and flowers, they shared with us when F. L. was killed in a car accident.

We want to thank each and everyone from the bottom of our hearts. A special thank you to my sister and brother-in-law, Willie and Jesse Eads, for everything.

May God bless and keep you.

Our love,  
Bertie, Forrest, Fred,  
and Frank Wanker  
Fairview, Oklahoma  
20-1tp

**WE WOULD LIKE**  
to sincerely thank everyone for their thoughts and prayers during the loss of our loved one. The friendship, flowers, cards, food, and memorials were all deeply appreciated.

The Family of  
Jesse Torres  
20-1tp

**NOTICES**

**NOTICE OF ELECTION ORDER FOR ELECTION OF DIRECTORS, COKE COUNTY KICKAPOO WATER CONTROL & IMPROVEMENT DISTRICT #1**

By virtue of the authority vested in the Directors of Coke County KWICD #1, said Directors do hereby order that on the 10th day of January, 1995, at the City Hall in Bronte, County of Coke, State of Texas, an election shall be held for the purpose of electing three directors of said District.

No person shall vote at such an election unless he is a resident voter of said district and also qualified voter under the constitution and laws of the State of Texas.

On or before the fifth day of such election the officers holding such election shall make due returns, in triplicate, of all the votes cast for Directors of said District, and deliver One (1) return to the President of the District, and one (1) to the Secretary.

WITNESS THE HAND of the President and Secretary of the Directors of the Coke County Kickapoo Water Control and Improvement District #1.

Royce Fancher, President;

Noah Pruitt, Jr., Secretary

**AVISO DE ELECCION DE DIRECTORES DE COKE COUNTY KICKAPOO WATER CONTROL & IMPROVEMENT DISTRICT #1**

Ahora, por ecc para la virtud de la investidura de autoridad de los directores de Coke County Kickapoo Water Control and Improvement District No. 1, dichos directores mandan que en el decimo de Enero, 1995, en el edificio Publico De La Ciudad en la ciudad de Bronte, el condado de Coke, El estado de Texas ena eleccion se tendra para el proposito de elegir tres (3) rectores de dicho distrito.

No persona se votata en esta eleccion excepto si es un votante registrado de dicho distrito y tambien es un votante cualificando debajo la constitucion y los leyes del estado de Texas.

En o antes del quinto dia despues de la eleccion los funcionarios que tienen la efecion hara los resultados en triplicado, de todas de las directores de dicho distrito y can uno (1) el Presidente del distrito y uno (1) at Secretario.

Testigo el mano del Presidente y el Secretario do los Directores de Coke County Kickapoo Water Control and Improvement District No. 1.

Royce Fancher, Presidente  
Noah Pruitt, Jr., Secretario  
20B-2tc

**APPLICATIONS ARE NOW BEING**

accepted for the position of Deputy County and District Clerk. Applications are available in the County Clerk's office for the position open January 1, 1995. Coke County is an Equal Opportunity Employer.

19a-2tc

**GIVE THE OBSERVER/ENTERPRISE**

### Divorce can alter Christmas

For newly divorced parents, the addition of separate family activities gives new meaning to the phrase, "Christmas rush".

"The changes a family experiences after divorce are intensified during the holidays," said Dr. Nancy Warren, a psychologist at Baylor College of Medicine in Houston. "If parents plan ahead, the children's holidays will be more comfortable and less hectic."

Warren urges parents to talk to their former spouse early in December to clear up any questions about holiday plans.

"Clarifying these issues soon gives both parties a chance to let their emotions cool before talking to the children," said Warren, who directs Baylor's Family Transition Program. "If plans are unsettled, children feel caught in the middle."

She suggests that parents try to spread out the different activities. "If all the relatives have to be visited on the 24th and 25th, the kids end up feeling rushed, tired, and pulled between their two parents' families," Warren said.

Many newly divorced parents feel the urge to erase every reminder of the past relationship.

However, Warren finds that three to five years later parents often feel they went overboard and regret the loss of family connections, relationships and support systems for their children.

In addition, eradicating family holiday traditions often increases the feeling of change.

"For small children, maintaining traditions brings comfort," Warren said. "It also helps to poll the family about favorite traditions and then perhaps add a new one."

For parents whose children will be away for an extended time at the holidays, Warren suggests carving out some special time before they leave.

"Parents often make the mistake of doing things 'for' their children rather than 'with' their children," she said. "Simple activities like baking

cookies or watching a holiday video together can be the most memorable."

The time the children are away will be the hardest.

"If you feel you are going to be miserable, work hard to make plans of your own," Warren said. "Your child needs to feel free to have a relationship with both parents without feeling it will hurt the one who is left out."

While the children are with the other parent, Warren suggests teaming up with people in similar circumstances or making plans with extended family.

"Finding activities that give you a sense of network and support will help ease the feelings of loss," Warren said.

### Personal

Mr. and Mrs. Clark Glenn of Bronte came home on Monday after being gone seven days on a cruise to Hawaii. They spent 2 days in Honolulu and visited three islands while there.

On December 7, they attended a Special Pearl Harbor Memorial program at Pearl Harbor and later took a tour in a helicopter over a volcano.

## Holidays Offer the Sweet Taste of Family Time

A cozy fire on a chilly day...the comfort and companionship of family. Sounds like a perfect way to enjoy the holiday season—until the kids get bored and want to watch TV.

Holidays become more special with parent-child activities that engage children in family time at home. Craft projects are an ideal activity, especially those that offer keepsake final products. A popular holiday craft project is Cinnamon Ornaments: A no-bake, no-fuss, homemade decoration that brings festive charm to a gift package, room or tree. Even young children can help make the sweet-smelling ornaments, which require no sharp tools or complicated preparation steps. With minimal supervision, kids can mix the dough, roll it out and cut it into cookie-cutter shapes.

### Cinnamon Ornaments

To create the ornaments, simply combine 1 large bottle (4.12-ounce) ground McCormick®/Schilling® Cinnamon (about 1 cup) with 3/4-cup applesauce to form a stiff dough, adding additional applesauce if necessary. Roll out the dough to 1/4-inch thickness and cut with cookie cutters into about 12 shapes. Make a hole in each ornament for a hanging ribbon and carefully place on a wire rack to dry. Let air-dry several days and enjoy the aroma, turning over occasionally.

### A Cozy Snack

While making ornaments, families can feed both bodies and souls with a cozy and satisfying snack of homemade sweet rolls. Fragrant and delicious, sweet rolls served with mulled cider, hot cocoa or another warm drink are truly a family-pleasing treat. An ideal recipe is "Festive Breakfast Sweet Rolls," which can brighten any winter day with holiday tastes

including ginger, cinnamon and nutmeg.

Aside from pleasing families, homemade sweet rolls also spark the spirits of friends who drop by for holiday tea-time. Furthermore, the versatile rolls can sweeten meal-time as an excellent complement to most breakfast and brunch dishes.

Serve sweet rolls in a covered basket or similar container, so they stay warm but don't retain too much moisture.

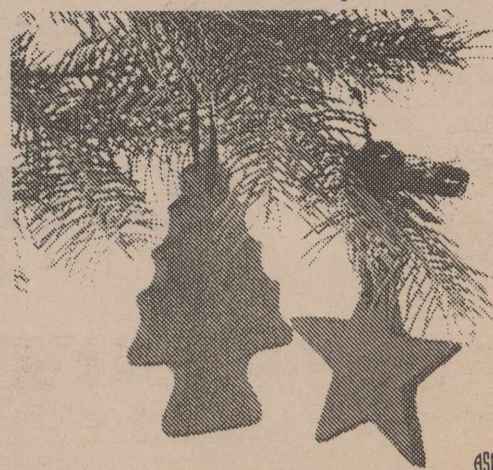
### Festive Breakfast Sweet Rolls

- 3-1/2 to 4 cups all-purpose flour
- 2 packages Red Star® Active Dry Yeast or Quick-Rise™ Yeast
- 1/3 cup sugar
- 1 teaspoon salt
- 1/2 teaspoon McCormick®/Schilling® cinnamon
- 1/2 teaspoon McCormick®/Schilling® nutmeg
- 1/8 teaspoon McCormick®/Schilling® ginger
- 2/3 cup water
- 1/2 cup butter or margarine
- 3 eggs
- 1 cup raisins or currants

In a large mixing bowl, combine 2 cups flour, yeast, sugar, salt, cinnamon, nutmeg and ginger; mix well. Heat water and butter until very warm (120° to 130°F; butter does not need to melt). Add to flour mixture.

Add eggs. Blend at low speed until moistened; beat 3 minutes at medium speed. By hand, stir in raisins and remaining flour to make a firm dough. Knead on floured surface until smooth and elastic, about 5 minutes. Place in greased bowl, turning to grease top. Cover; let rise in warm place until light and doubled, about 1 hour (30 minutes for Quick-Rise™ Yeast).

Punch down dough. On lightly floured surface, roll dough to a 1-1/2 to 2-inch thickness. Cut out buns with a 1-1/2 to 2-inch round cutter. Place on greased cookie sheets, 1-1/2 inches apart. Cover; let rise in warm place until light and doubled, about 30 minutes (15 minutes for Quick-Rise™ Yeast). Bake at 350° for 10 to 12 minutes until golden brown. Cool on racks. Drizzle with powdered sugar icing, if desired. Best served warm. 24 to 30 rolls.



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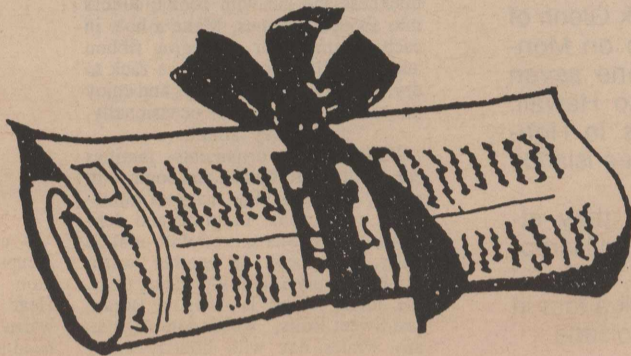
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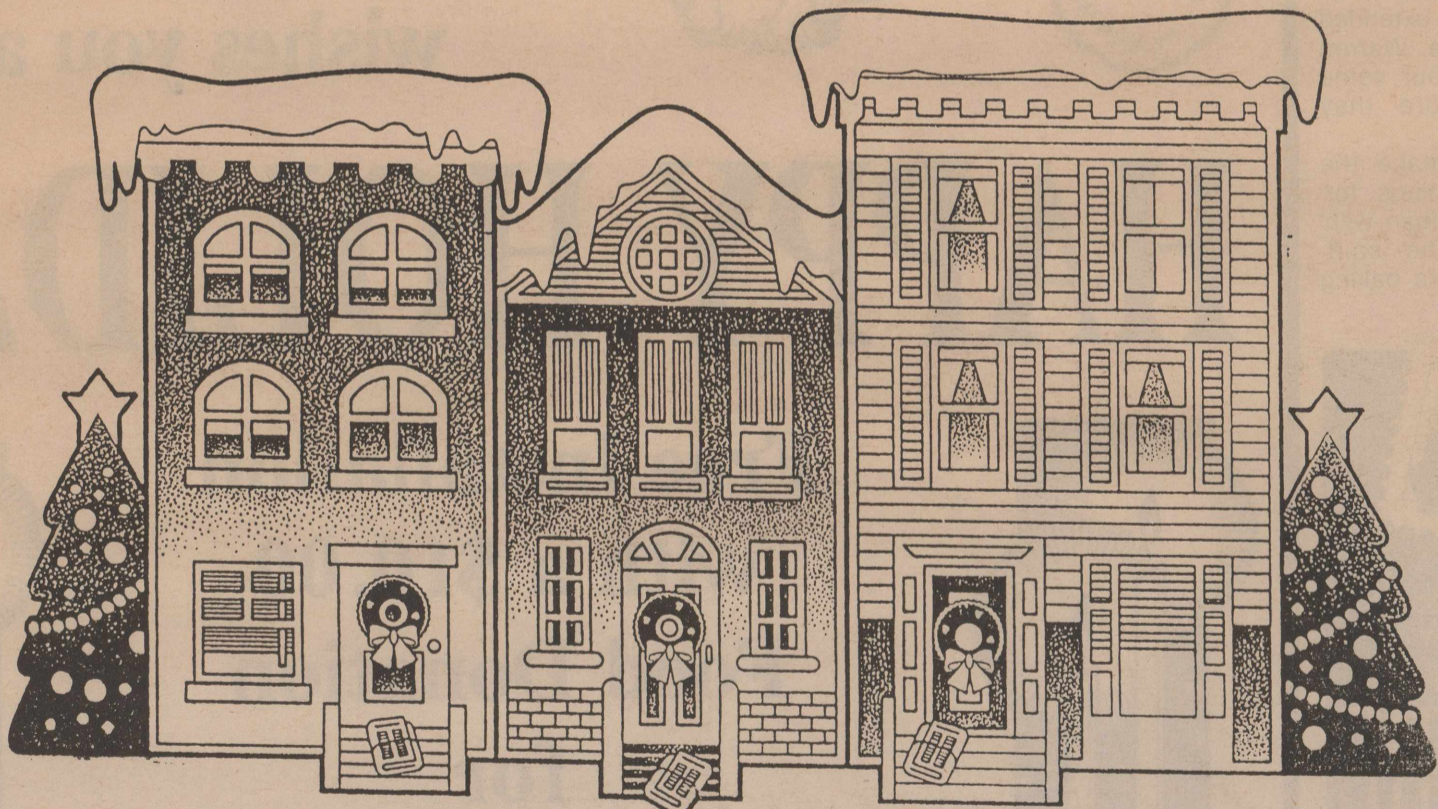
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