

Perry appoints Steinmetz to Board of Regents

Governor tabs Montford, Anders to continue service

By STEPHEN GIPSON STAFF WRITER

Gov. Rick Perry appointed John D. Steinmetz and reappointed Debbie Montford and Larry Anders to the Texas Tech System Board of Regents for six-year terms that end community Jan. 31, 2017.

Steinmetz is a Texas Tech alumnus, Lubbock resident and president bly in the past, and I know he will of Vista Bank. He is a board member of Texas Lyceum, the Lubbock Chamber of Commerce and Young Life of Lubbock. Steinmetz is vice chairman of the Lubbock County 2010 Census Committee and a past board member of the Brazos River GATE, and

"I truly believe the continued growth of the Texas Tech University System during these challenging economic conditions will be accomplished through the collective wisdom and guidance of our board of regents," Kent Hance

said in a Tech news release. "Iohn is an exceptional Texas Tech alumnus who has served his and his alma

mater admira-

continue to do so as a regent." He is the founder of Tech's student tailgate, Raiderco-founder of the Student Red Raider Club and

Young Profes-

sionals of Greater Lubbock.

REGENTS continued on Page 2

Severe weather cancels Tuesday morning classes



PHOTOS BY PAUL HAILES/The Daily Toreador

AMY URBAN, CLOCKWISE from top left, a freshman nursing from Houston; Alexis Evans, a freshman early childhood education major from Sugar Land; Lauren Birney, a sophomore exercise sports science major from Keller; and Alese Vance, a sophomore pre-med major from Houston, make snow angels Tuesday outside the Hulen/

NWS reports 1 inch of snow in Lubbock

By PRESTON REDDEN STAFF WRITER

Snow and cold weather caused Texas Tech to delay classes until 11 a.m Tuesday, much to the chagrin of

some students. The cold front hit Lubbock late Monday and brought with it about one

inch of snowfall as of press time, said Robert Barritt, meteorologist for the National Weather Service.

Chris Cook, director of communications, said Tech uses a section of the Operating Policies & Procedures manual to decide whether or not to cancel classes. Cook is not involved in canceling classes himself.



A SNOWPLOW IS used on Tuesday to clear snow off of sidewalks around the Electrical Engineering building.

are facing severe weather," Cook said. "Tech Police is also consulted when we are

"We follow Section 10.03 when we deciding whether or not class is canceled."

SNOW continued on Page 3

SGA, other students meet with legislators in Austin, discuss cuts

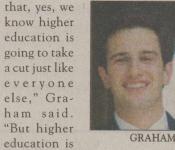
Graham: To continue growth, state can't cut off higher ed

By STEPHEN GIPSON STAFF WRITER

Members of the Texas Tech Student Government Association along with several students met with two thirds of the Texas legislation in Austin on Tuesday to discuss looming issues of budget cuts in higher education.

Drew Graham, president of SGA, said it was good to hear the thoughts of state representatives.

"We just really tried to stress



so important to the state of Texas, so maybe it shouldn't be

cut as much as some others."

SGA continued on Page 5

College of Engineering cancels job fair after snow



PHOTO BY BRAD TOLLEFSON/The Daily Toreador

THE EDWARD E. Whitacre Jr. College of Engineering canceled its only job fair of the semester Tuesday after snow throughout the state prevented representatives from attending.

Airport closures in Dallas, Houston prevent travel for representatives

By CHOIS WOODMAN STAFF WRITER

The Texas Tech College of Engineering canceled the engineering job fair Tuesday after a cold front and snowstorm hit Lubbock late Monday.

Jeff Sammons, senior editor of marketing and communications for the Edward E. Whitacre Ir. College of Engineering, said many of the companies involved in the job fair could not travel to Tech

because of the bad weather.

"Most of the recruiters planned to fly into Lubbock (on Tuesday) from Dallas or Houston," Sammons said. "DFW and Dallas-Love Field airports have been or are closed."

Officials of the college decided the cancellation was the best decision for all parties involved, he said.

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WEATHER

Today

Few Snow Showers





Sunny

Gartner: Avoid vulnerability on Valentine's Day OPINIONS, Pg. 4

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Community Calendar

TODAY

Country Waltz Class Time: 8 p.m. Where: Dance With Me Ballroom Studio So, what is it? Learn this traditional dance in a group setting with Don Hunnicutt.

Thriftstore Cowboys Time: 10 p.m. Where: The Blue Light

So, what is it? The Lubbock based sextet has been touring together for a decade after meeting at the musical South Plains College. They are neither of the typical Texas-based types of bands – a country-rock mélange or strictly indie rock.

THURSDAY

Opening Night for Patricia Nix: a Retrospective Time: All day event

To make a calendar submission e-mail features@dailytoreador.com

Events will be published either the day or the day before they take place. Submissions must be sent in by 4 p.m. on the preceding publication date.

Fair -

So, what is it?

CONTINUED FROM PAGE 1

The job fair will not be rescheduled, Sammons said, but companies will be on campus throughout the rest of the semester to host on-campus information sessions and interviews.

Kim Ico, a senior electrical engineering major from Lubbock, said the job fair cancellation was "discouraging."

"I honestly feel frustrated that they cancelled it," Ico said. "I was putting a lot of hope into this job fair because I will be graduating this semester."

He said a great advantage of coming to Tech is meeting company officials face to face, and that opportunity was cut short this semester.

The advisers already have sent emails to engineering students assuring them some companies still will come to the university and meet with students, Ico said.

"In a way, it is better with the companies coming to Tech outside of the job fair," he said. "It helps weed out all of the companies that aren't truly interested in

Ico said Job Grid, the college's career software, will be used more often this semester since the job fair was canceled.

Shelli Crockett, director of the Engineering Opportunities Center, said this job fair was the only one of the semester and will not be rescheduled.

"We have encouraged companies to still hold recruiting events," Crockett said.

her career on the South Plains. The exhibition will open in the Christine DeVitt Exhibition Hall and run through April 30. Twenty-one original works are featured most of which have never been seen in West Texas.

This world-class artist who began

The Buddy Holly Center presents: Remembering the 'Day the Music

Time: 10 a.m. to 6 p.m. Where: The Buddy Holly Center So, what is it?

The 52nd Anniversary of the tragic plane crash that claimed the lives of Buddy Holly, Ritchie Valens and J.P. Richardson. "The Real Buddy Holly Story," produced and hosted by former Beatle, Paul McCartney, will be shown in the theater at 10:30 a.m. and 2:30 p.m. A light reception will be held at 4:30 p.m. and cookies and cider will be available all day. Gary Moore, author of the new book "Hey Buddy," will host a talk at 5:30pm followed by a book signing. The Buddy Holly Center will Where: Underwood Center for the Arts have four exhibitions on display.

info sessions and interview days." She said the students' frustration is understood, but with weather and safety of students, faculty and companies considered, the right decision

"Many will still be on campus hosting

"Students will still be able to apply for jobs online, attend info sessions hosted by companies and request interviews through Job Grid," Crockett said. "All career events are listed on Job Grid, and students receive a weekly career update e-mail throughout the entire semester."

Companies such as Baker Hughes, Kimberly-Clark and National Instruments would have been featured in Tuesday's job fair, she said.

Ryan Lincecum, a freshman petroleum engineering major from Friendswood, said the job fair cancellation effected students of all classifications.

"I am very disappointed in the cancellation of the job fair because I have been preparing for the past week," he said.

Lincecum said Job Grid doesn't do justice for most students because a inson interview displays social skills.

"A huge part of the working world is socializing," Lincecum said. "Something that can't be determined through a computer system like Job

Lincecum said the college needs to do a better job of preparing if a similar situation arises in the future.

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MARIMBA MAN

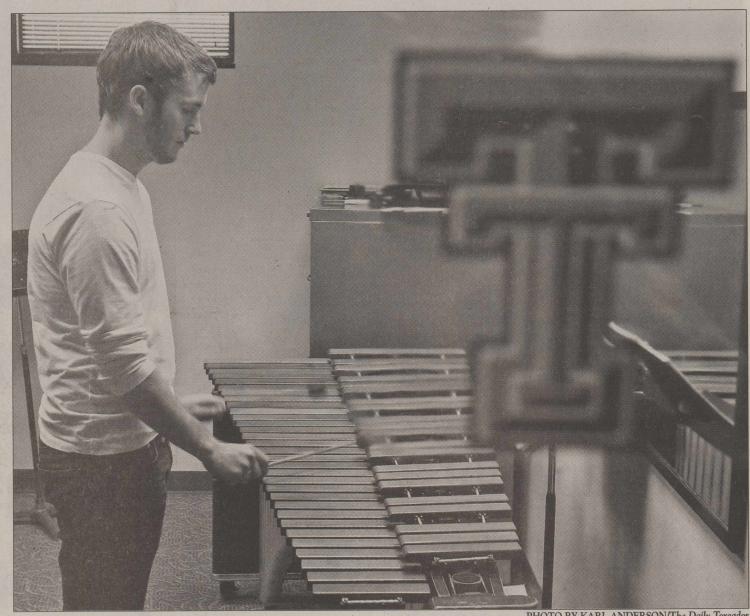


PHOTO BY KARL ANDERSON/The Daily Toreador

B.J. HOLMES, A freshman music education major from Lubbock, practices the marimba for an upcoming lesson on Monday in the music building.

Anthropology professor to give forensic science lecture in Scotland

By PRESTON REDDEN STAFF WRITER

Robert Paine, an anthropology professor in the College of Arts and Sciences, is traveling to Scotland to teach a workshop about forensic

The workshop takes place at the University of Edinburgh from March 28 through March 30. This is not the first workshop Paine has taught in Europe, however. He taught a similar workshop in Rome.

"I do not plan on teaching this workshop differently than the one in Rome," Paine said. "I will be teaching about forensic science, and it is not practiced much differently in Scotland than it is in Rome."

Paine said he will use this lecture to bring his passion and experience for forensic science to European students.

"The area of forensic science is fascinating," Paine said. "We can complete a full profile on someone just by studying their bones. We can tell what sex they were, how old they were and what height they were before their death — it is amazing."

Paine said he wrote an article in 1992 about rib histology. He said his article was well received in forensic science circles and is one of the reasons he was selected to teach this workshop.

Paine is the director of the forensic science minor program at Texas Tech. He said the forensic science minor is the fastest-growing minor on campus.

Elena Kranioti, a forensic pathologist at the University of Edinburgh, is organizing the workshop. This is the first year the workshop has been offered, but she hopes to make it an annual event. She said Paine is an excellent choice to teach at the first workshop.

"Professor Paine is a forensic an-

thropologist with great experience have been exposed to this type in the histological study of modern and ancient skeletal populations," Kranioti said via e-mail. "He was one of the first scientists who developed a technique for estimating age at the time of death using osteon population densities on the rib."

Paine has an unconventional teaching method. He said he tries not to teach out of the book, and students appreciate the real-life experience given in his lectures.

Paine has a reputation for being popular with his students. Many of his students try and take multiple classes taught by him. Megan Murphy, a graduate student from Wolfforth, is one such student.

"I enjoy his classes," Murphy said. "Professor Paine teaches us about forensics in the real world, which is different than other forensics classes that I have taken."

Paine said he hopes to expose students who normally would not

of science to forensics. Paine said teaching workshops is one way he can accomplish this.

Kranioti said she believes the workshop will be a success. She said approximately 30 students have already registered for the workshop.

'The number of students registered is very encouraging," Kranioti said. "We hope to use this workshop to attract more students to the university, especially Ph.D. candidates in the area of forensic science."

Kranioti said she understands many students from Tech will not attend the lecture in Scotland However, she said students should be glad Paine is getting this special opportunity.

"Paine is a pioneer in his field," Kranioti said. "His expertise is recognized widely, and his experience that he will share with our department will be invaluable."

>>> predden@dailytoreador.com

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In Sudoku, all the numbers 1 to 9 must be in every row, column and 3 x 3 box. Use logic to define the answers. 5 7 6 1 8 3 2 9 4 2 3 9 7 4 5 1 8 6 4 1 8 9 6 2 5 3 7 3 2 7 8 5 9 4 6 1 5 4 2 6 3 7 8 6 8 4 3 7 1 9 2 5 9 5 3 6 1 7 8 4 2 7 4 1 2 9 8 6 5 3

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Regents ←

During his time at Tech, Steinmetz received a bachelor's degree in business administration in 2002 and graduated from the Tech School of Banking. He also served as president of the Student Government Association.

Steinmetz will replace Daniel Serna, whose term ended Monday. We have been fortunate to have

had Regent Dan Serna serve on the board of regents for the past six years, and all of us thank him for his pas-

sion and service to the Texas Tech University System," Anders said in a news release.

Anders, of Plano, was first appointed to the board in March 2005.

He is chairman and CEO of Summit Alliance Companies. Anders is a member of the Association for Advanced Life Underwriters, the National Association of Insurance member of Plano Fidelity Bank and the

He also is a member of the Tech

Chancellor's Council and Alumni

and Financial Advisors and the Dallas Estate Planning Council. He is a board

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Century Club. He is a past board member of the Rawls College of Business, Red Raider Club and Dallas Red Raider Club.

Anders attended Tech and West Texas State University and received a chartered life underwriter designation from American College in Bryn Mawr. Penn.

Montford initially was appointed to the board in December 2010 to replace Mark Griffin and fulfill the remainder of his term. The San Antonio resident is a

past board chair of the Texas Cultural Trust Council, a founding member of the Bexar County Performing Arts Center Foundation and former chair of the San Antonio Symphony Board of Directors. She currently is the chair and president of the Dolph and Janey Briscoe Western Art Museum Board of Directors.

She is a member of the Chancellor's Council, Matador Society and Sociedad de la Espuela. Montford is the founder of the Campus Beautification Program and University Art Committee. She has served as a past board member of Lubbock United Way.

Montford, whose husband, John T. Montford, served as Tech's chancellor from 1996 to 2001, attended Tech and the University of Texas.

"During my time as chairman and a member of the board of regents, our universities have seen tremendous growth," Anders said in a news release. "I know with the continued leadership from reappointed Regent Debbie Montford and insight from newly appointed John Steinmetz, along with the remaining members of the board, we stand poised to guide the Texas Tech University System to a new level of greatness."

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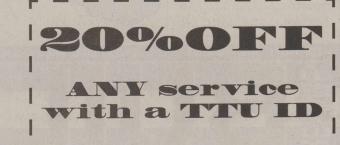
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music in Carnegie Hall

By ROCIO RODRIGUEZ STAFF WRITER

In the music community, musicians seek certain venues as a stepping-stone for their careers. One of these venues is Carnegie Hall in New York City.

William Ballenger is the director of the School of Music and, through collaboration with Manhattan Concert Productions, plans to send four music performance students to Carnegie Hall.

"(Manhattan Concert Productions) would like to do an outreach with collegiate music schools," said Ballenger. "They've created a concert recital that they are going to give in Weill Recital Hall, which is attached and a part of Carnegie Hall."

Tech's School of Music has been the first collegiate school of music elected to showcase students at this prestigious recital, said Ballenger.

Ballenger said out of nearly 500 students, faculty and staff were asked to choose 14 students they believed were musical arts in flute performance ready for such a challenge.

"There is a tremendous amount of pressure to perform in this circumstance that they are being brought into," said Ballenger. "They had to be mature performers."

After the 14 students were chosen, they were placed in a semi-final round, which cut out six students, allowing eight to continue to the finals. Monday night was the finals competition. "From Lubbock to Carnegie Hall," was open to the public at the Talkington Great Hall in the Legacy Event Center.

Ji Yang, Elizabeth Hott, Bill Waterman and Meg Griffith were chosen to receive the honors of a solo performance in Weill Hall on April 16.

Yang is currently a doctoral student of musical arts in piano pedagogy from Gwangju, South Korea. Yang began

playing piano 22 years ago. "I'm so excited. I just cannot believe

it," said Yang about her chance to perform in Weill Recital Hall. "I was so nervous, but I was so happy while playing."

Hott is from Los Lunas, N.M., and is currently seeking her bachelor's in vocal performance, she said.

"I'm really excited. What a night," said the senior. "I felt a wee nervous but good about the music and sharing it with everyone."

Waterman, a graduate music student in tuba performance from Leavenworth, Kan., said he is ecstatic about the opportunity.

"It's a real blessing to be on stage with all these people," said Waterman about his accomplishment and performance Monday night. "Everybody sounded amazing tonight. We were all sitting outside listening to each other, and I don't know how (the judges) make a decision like this."

Griffith is a doctoral student of

"I feel tired, but very happy. Euphoric actually," Griffith said after being chosen for this opportunity. "It was really fun. I was nervous at first but then it was fun. It was a really amazing concert."

Other students who competed in the final round were James Mc-Donald, Ovidiu Manolache, Ashley Prewet and Brady Meyer.

The winners will have an allexpense-paid trip to New York City paid by Manhattan Concert Productions, said Ballenger.

"We're going to make this as special an event as we possibly can..." said Ballenger. "In our profession, Carnegie Hall is one of the great arts locations of the world, and so to have that on your resume is something that is very rare and very special." >>>rrodriguez@dailytoreador.com

Red Raiders to perform | Catching up with the Brown Family

By CARRIE THORNTON STAFF WRITER

There's a reason the small town of Wellman has experienced a flux of visitors that exceeds its own population.

With a population of no more than 300, this quaint West Texas town houses the Brown family who, more than two months ago, experienced not only an external makeover, but an unexpected internal transformation as well.

The Browns watched their episode of "Extreme Makeover: Home Edition" on Sunday night that broadcast to the nation the story of their daughter, Alex, and the family's efforts to end distracted driving.

"I thought they did a really good job portraying the family isn't moving on, they're simply trying to move forward," said Christi Billings, a close family friend of the Browns. "Are they always going to miss Alex? Yes. Is this house going to help them mend? Yes. Jeannie and I talked about how it was not only a healing experience for them, but even my daughter. We all received healing through the show."

Alex Brown died in a car accident while she was texting and driving on her way to school in 2009. Since then, the family has travelled around the country — as far out as they can make it — sharing her story and promoting safe driving.

RAB, Remember Alex Brown, was founded during the filming for the show as the family's new awareness foundation, as they previously supported BUST, Buckle Up and Stop Texting. The night the show aired, RAB received 60,000 pledges.

"The moment the episode started to hours after it was over we were receiving hundreds of e-mails, Facebook messages and people were talking on Twitter about their own experiences of losing someone (in that way)." Billings said.

The flood of pledges surpassed any expectations of the family and their friends, Billings said. The Browns invited friends and those who donated to 'Alex's cause to watch the airing at The Blue Light in Lubbock so everyone could be together.



FILE PHOTO/The Daily Toreado

THE BROWN FAMILY received a new home from ABC's "Extreme Makeover: Home Edition," after their daughter died in a car accident caused by texting.

responses haven't been the only means took a note Alex had left in the house of response the Browns have experienced. For the past two months, rivers of cars drive past their home every day, vexing the neighbors.

"I asked Jeanne, 'Does this seem real?" And she said, 'No!' We were all just taken aback," she said. "They did such a wonderful job of highlighting Alex's story and of the build, (as well as) the story behind the story, which was Katrina, Alex's little sister, and showing how the family is trying to move forward and still getting Alex's story out there."

Without the show's intervention, Billings said she does not know how the Brown's would have dealt with Alex's room. With the new house, they have reminders of her everywhere without the pains of emptying and handling it.

"When we walked in the house, we were just amazed because it was so beautiful," said Jeanne Brown, Alex's mother. "But my favorite part in the house is the coffee table with Alex's note burned into it—really simple thing but means a lot."

As a part of keeping Alex's presence

Increasing numbers of electronic alive in the house, the show's designers that read, "Alex Marie loves you forever" accompanied by her signature smiley face. They built a bistro table for leanne and Johnny Mac, Alex's father, and traced the note's message onto the top so she would always be with them.

> Adjusting to life in their new home hasn't been the easiest process, Brown

"I had to find everything because they put everything up for you," she said. "I'd find stuff, put it somewhere else, then I'd go look for it again and couldn't remember where I put it. The morning we got up after we were in the house for the first time trying to get ready was a nightmare. We really couldn't find a thing, like things we just took for granted."

The show's impact on the nation, and the world, was immediate, she said. The night it premiered, messages from supportive Americans — and those from other countries — flooded in, inquiring how they can support RAB as well as share their own stories.

"I've gotten, like, 2,000 e-mails, and

I'm still going through them," she said with a laugh. "A lot of them want us to come to their schools and get RAB started there as well as other states. We've (even) heard from people from Australia, the West Indies and Canada.

"We're having to step back and think. We can't get to all those states, but if we can get a packet together and our presentation on video, we can send that to schools (around the world) and spread awareness about texting and driving."

The show changed the lives of the Brown family and deeply moved those around them. Amanda Billings, Alex's best friend, said she was more than impressed with the final product she saw on TV and feels how she has changed

"The show has made me such a stronger person and move on," she said. "I've been able to talk to so many people now from across America and even Canada telling them my story and hear theirs about how they lost people. I know I've been able to help people, and I've changed, too."

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CONTINUED FROM PAGE 1

According to Section 10.03 of the Operating Policies & Procedures manual, the senior police officer on duty notifies the chief of police when weather conditions are icy or there is snow. The chief of police then notifies the director of University Parking Services and the

director of Grounds Maintenance. According to Section 10.03, the chief of police will notify the president and recommend suspension of classes if weather is severe. This recommendation usually is made between 1 p.m. and 4 p.m. The president will consult with the chancellor and inform the chief of police by 5 p.m. When severe weather happens overnight, the chief of police will be notified by 6:20 a.m.

Calls made to the Texas Tech police were not immediately returned.

Some Tech students thought class should have been canceled. Morgan Haywood, a sophomore public relations major from Dallas, was one of these students.

"I think class should have been canceled all day," Haywood said. "My classes do not start until 11 a.m., so the delay did not affect me at all."

had a problem with was the time the delay was announced. The delay was announced at 6 a.m., which some students felt was too late.

I would have liked to have known if school was going to be canceled before I went to sleep," Haywood said.

Cook said 6 a.m. is the latest Tech will let students know whether or not class is canceled. Cook said Tech tries to give students ample time to know their classes are canceled.

'We try and let students who have class at 8 a.m. know well in advance class is canceled," Cook said. "There is no point in sending out an alert at 7:30 a.m. that class is canceled at 8 a.m."

While some students went to class like any other day after 11 a.m., others were less than inclined to attend. Taylor Chilcutt, a senior restaurant, hotel and institution management major from Weatherford, said he noticed a difference in his classes.

"There was a lot less people in human sciences than usual," Chilcutt said. "I feel like half of my class just did not show up."

Chilcutt said he believes Tech should have canceled classes all day instead of delaying classes until 11 a.m. Chilcutt said he also would have liked One part of the delay some students to have known the night before that classes were canceled.

"We knew this storm was coming," Chilcutt said. "There is no reason why Tech could not have let us known classes were canceled or delayed the night before."

Barritt said the NWS was expecting periods of flurries to light snow amounting in about half an inch overnight Tuesday. He said conditions today will be similar, however the chance of snow will decrease as the afternoon

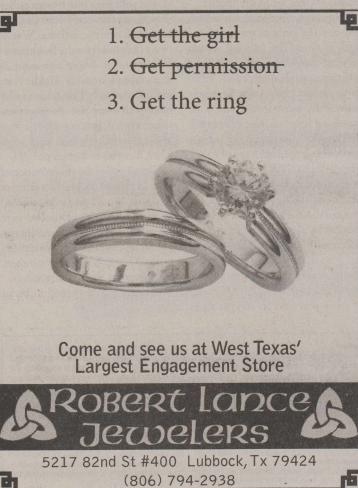
Ice on the roads today should be similar to that of Tuesday and additional snow or rainfall shouldn't have much of "There are going to be some slick

spots," Barritt said.

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Diversity of opinion doesn't Avoid vulnerability mean we cannot get along

A university

education is based

on the reception of

differing ideas and

being able to sift

through all one hears

and come up with

a position on one's

own.

(We hold these truths to be self-evident, that all men are created equal." Thomas Jefferson wasn't lying when he first breathed life into the ideals of revolution. This is a nation based on the notion that everyone, no matter what their race, beliefs, religion or background, can achieve what they want without oppression from the government or others.

Countless examples of men and women overcoming adversity to live out their personal American dream are seen in the media. (Look at Ted Williams, the formerly homeless man with the 'golden voice.')

By the same virtue, since all men are created equal, all opinions should be created equal too, right? And anyone is free to accept or reject those opinions rather than judge the man on the 'rightness' of what he believes or thinks.

What makes our opinions valid is the way we back them up. It's an old psychological pillar of thought: Extraordinary facts (or opinions) require extraordinary evidence. It doesn't matter that everyone says Coach Tuberville has been good for Texas Tech football. The winning record and bowl championship stand on their own merit.

However, differing opinions shouldn't be a source of conflict



among friends, or even among acquaintances. A university education is based on the reception of differing

all one hears and come up with a position on one's own. That's why we have to take classes outside our major with designations such as humanities or group studies.

A healthy amount of doubt is necessary to feed an open mind. As academic thinkers, we should be receptive to ideas and able to judge

them upon their own merit rather others of our beliefs as well. than based on prejudicial thinking. Show me someone who believes his ideas, beliefs and political opinions

to be infallible and absolutely correct, and I'll show you an arrogant

This makes sense politically as well. Our democratic thinking is based on the idea that certainties in belief spurn radicalism. This is one of the reasons our system of government is based upon not certainty or submission, but compromise of ideas. The prevalence of certainty ideas and being able to sift through begets 'right' and 'wrong' sides

of an argument, leading to unnecessary, open conflict.

Wars have been fought over ideological conflicts. Anyone remember the Crusades? John Locke's theories on freedom to life, liberty and property included a subtextual freedom: We are also free not only to believe what we see fit, but to

try and convince

I don't care what, who, when or how—anything in excess is bad. Alcohol, chocolate, sex, whatever.

Along this same token, being consumed by one's beliefs in excess makes one a bad person. Too

I'm not saying we should hide in ambiguity and not take a stance on anything; that would be counterproductive to a society based on purporting our achieve the most enlightened state possible. In the end, our own personality determines what is good, bad or indifferent for our

Don't dismiss an idea because of your established beliefs, however. Instead, listen to its merits and detriments and decide for yourself. The beauty about arguing an opinion lies not only in convincing others, but also in

■ Danley is a freshman athletic training major from Alamogordo,

» lyle.danley@ttu.edu

much liberal thinking begets socialism. Too much conservatism leads to fascism. It's important to keep our beliefs in moderation as well, unless we all want to become those arrogant, self-centered boors I mentioned earlier.

ideas to determine our lifestyles. Instead, we as academics should keep an open mind in order to

convincing yourself.

Chocolate milk more than simple snack

By HANNAH MUNIZ

DAILY TROJAN (U. SOUTHERN CALIFORNIA)

Water bottles are so last season. The next time you head to the gym, replace that H2O with a good oldfashioned glass of chocolate milk.

Yes, this is what doctors and athletes are saying these days: Chocolate milk is now the ultimate sports drink.

In recent years, chocolate milk has evolved from an elementary school student's treat to a delicious and inexpensive replacement for overpriced Gatorades and various other fitness drinks.

Claims have been made that chocolate milk benefits the human body as much as, if not more than, routine energy formulas, flaunting an ideal combination of natural carbohydrates and proteins.

Since this discovery, even more studies have been conducted to determine just how beneficial chocolate milk can be for athletes.

According to a 2009 study in Medical

News Today, chocolate milk was found to meet, and in some cases exceed, the post-workout recovery benefits of an equal-calorie sports drink.

A 2007 British study declared milk to be better at restoring fluid levels than water and other sports drinks after exercising under hot conditions.

The benefits of chocolate milk are not necessarily new. Runners in particular have lauded the drink for years, praising it as a post-run miracle.

Only recently are other fields of fitness beginning to understand the benefits as well. Olympic gold-medalist Michael Phelps drank chocolate milk after swim sessions in the 2004 Olympics, helping to subtly promote the refreshment as a refueling wonder for sports other than just running or weight-lifting.

Chocolate milk has a natural ratio of carbohydrates to proteins that is ideal for muscle recovery process after intense strength-training and aerobic exercises.

The amino acids found in chocolate

milk also help to prevent future muscle damage and are capable of shortening recovery periods in between workouts. The acids repair damaged muscle tissue proteins than regular milk, it is still an while promoting leaner muscle mass.

Additionally, chocolate milk, like plain milk, contains vitamin D and calcium levels that are significantly higher than those found in rival sports drinks. Such levels not only promote healthier muscles but also strengthen bones.

It is a more affordable beverage than sports drinks, too. If you're not looking to buy a whole gallon of chocolate milk, simply picking up a bottle of Hershey's chocolate syrup is enough to keep you satisfied.

If you're worried about calorie content, chocolate milk shouldn't be a problem. For something light,

simply opt for skim milk. But what about the lactose intoler-

ant? Athletes can

still reap the benefits by gulping down chocolate soy milk.

Though soy milk contains fewer effective recovery drink with similar vitamins and minerals.

It might still hold the title of a sugary and unhealthy treat, but its well-documented benefits are proof enough that a glass or two shouldn't leave you feeling guilty.

important that all athletes understand the golden rule when exercising: Drinking something is vital in the first 30 minutes after exercising to repair any damaged or overstrained

muscles. And when it comes to choosing something both delicious and convenient, chocolate milk reigns supreme.

this Valentine's Day

very year, the two weeks → preceding Valentine's Day are filled with an increase of people holding hands in the cold air.

While that increase just makes those who are celebrating "Singles Awareness Day" cringe at what they are missing, it also reminds us that being vulnerable (and being accepting of it) is a key ingredient to both obtaining and keeping a successful relationship. Like a hand willing to bear the cold weather just to warm another's freezing hand, vulnerability can bear fruit of its own.

Vulnerability is often considered a weakness that another person could take advantage of, and most people try to shield themselves from revealing it. Yes, there are people looking to exploit others, but then there are people who are

get to know someone. Clamming up and not being yourself just is not fair to the other person. Even worse, two clammy people are not

legitimately looking to

going to get anywhere any time fast. Sure, it's natural to be protective of oneself, especially after a bad experience, but it's not fair to make the new person feel punished for what the past guy or girl has done.

Now, this isn't some slam on fake people who seem to have no personality because their conversations don't go anywhere. Those people are just airheads, and they qualify as a whole other issue. I am talking about opening up to someone, not sexually but emotionally. At the very least, try to be receptive to the other person, even if the other person is talking about something you aren't interested in.

On the other hand, being too interested is a sign of dependency. This is not cool, no matter how I describe it, but it also varies from



person to person. Some people really like being needed, like some insatiable need to please.

This is also where my single friends might respond by saying there's no right way to do this and suddenly throwing some notebook paper up, saying it is just a deep pit of despair and disappointment not worth figuring out right now. All right, sure, I'll give them that one; love is all sorts of frustrating. It's less frustrating, though, when

> there is communication. That brings me into my next point: Communication goes hand in hand

with vulnerability. It's all one big endless circle. If you are not willing to put yourself

out there and talk about major and minor problems, the relationship is inevitably doomed. For some, it starts out strong, and then the two people drift apart. I am sad when I see this happen. If only they were able to recognize it, things may have turned out a different way.

Before you wander off into la-la land and forget about this column, remember that your Valentine's Day, single or not, is still far better than a Valentine's Day overseas, like in places such as Afghanistan or Egypt. In spirit of this, I encourage you to go hug someone, friendzoned or not, and feel thankful for having someone to talk to.

major from The Woodlands. » colleen.gartner@ttu.edu

Pregnancy issues are primary problem, not abortion

By ALI FREE

UNIVERSITY DAILY KANSAN (U. KANSAS)

Though Jan. 22 marked the 38th anniversary of Roe v. Wade, it's becoming increasingly clear that the abortion debate is far from over. It's always been a heated and polarizing issue, certainly, but the influx of Republicans into varying positions of power assures that this constitutional right of women will once again be at the forefront. Kansas, of course, is no exception.

Is abortion in itself a problem? No. Unwanted pregnancy is a problem. Criminalizing abortion would presumably not affect unwanted pregnancy—despite certain pro-life propaganda, not all women who choose to terminate a pregnancy are selfish, carefree individuals for whom abortion is a simple and painless decision.

(It's important to add that according to the Guttmacher Institute, neither do women necessarily suffer increased mental or health problems as a result of abortion.)

With the number of providers dwindling and institutions such as Planned

Parenthood constantly fighting for funding, legal abortions become ever harder to obtain.

The question over whether or not abortion should be legal is in reality a question over how safe we want women to be. Women, for any number of reasons, will continue to make this decision and when there is a lack of responsible care, they will suffer.

The recent case of Kermit Gosnell makes this fact horribly clear. Gosnell was a Philadelphia doctor who performed illegal late-term abortions in a filthy, unsafe clinic with untrained, unlicensed staff. He has been charged with, among other things, eight counts of murder.

Women go to people like Gosnell when their situation is desperate and they have nowhere else to turn. Criminalizing abortion or making it more difficult would only lead to even more cases like this.

Women should not be placed in this situation in the first place. Abortion should remain an option for those in need, but structures should be set up so that fewer women will be in need.

There does exist common ground, I

think, between both sides of the debate. Both sides, for instance, desire fewer abortions. The thing to do, then, is reduce the amount of unwanted pregnancies.

Here is where the two sides often diverge. The pro-life faction tends to also be vocally against contraception, especially its distribution to vulnerable groups such as teenagers, which leaves abstinence as the only option for preventing pregnancy.

The only problem is most people live in a reality-based universe where sex happens. To enable women to live real lives without constant fear that their life will be set off course by pregnancy, cheap and reliable contraception needs to be widely available, along with education on how to use it.

It sounds so simple, but then again we are on a college campus, most of us have insurance, and we all have access to some form of contraceptive.

We can also find common ground in support for pregnant women and mothers. I hear a lot about the rights of the fetus, but all too often the pro-life side pays only lip-service to the life of the woman.

Some women do not want to deal

with pregnancy or childbirth because they understand the real economic costs associated with children. With health care costs still extremely high, public assistance programs facing constant budget cuts and employers not required to provide substantial paid maternity leave, having a child can look like the worst decision possible for some women.

More restrictions to abortion access won't take long to get on the books, but I'll bet anything you won't see realistic and positive ways enacted that would reduce the necessity. What restrictions will do is make life more complicated and difficult for women who aren't in an easy place to begin with. This is morally reprehensible.

Abortion does not exist in a bubble, but in the same environment as various social, economic and cultural structures. The best solution is always more complicated than it first appears. If we truly want to help women, adding more restrictions to the already-difficult decision is not the answer.

Effects of Arab world riots on Israel

By NUSEIR YASSIN HARVARD POLITICAL REVIEW (HARVARD U.)

Demonstrations all across Egypt have erupted against the government. In Lebanon, protestors have flooded the streets calling for a new government and Tunisia remains in a political turmoil. Arabs across the Middle East are taking things with their own hands asking for freedom of choice. And freedom they shall get, but what will be the cost of freedom to the Arab-Israeli conflict?

It is no mystery that the stagnant waters of the Arab world have become violent. Countless antigovernment protestors are rising and calling for a democratic system that would offer them better living conditions. With more than 25% of the Egyptian population under the poverty line, drastic reforms are much needed.

However, economic incentives are not the only motives behind such protests. The political agenda of Arab presidents has been met with nationwide disapproval. To be more precise, many Arabs, Egyptians especially, want to cut ties with Israel and help out their Palestinian brethren by opening up the borders and voiding the Israeli peace treaty. Husni Mubarak has ignored such requests for the sake of political and economic stability with Israel. He realized that adhering to the nation's request by confronting Israel could potentially backfire and overthrow his government. He submitted to foreign-made pressure and to his own personal interests.

Now that riots are ubiquitous in

Cairo, Mubarak's 29.35 year-long trek is nearing its end (see my prior blog post). In addition to building a better economy, Egyptians will be constructing a different foreign policy that could affect the ongoing peace process between Israel and Palestine. As to how this new policy is going to affect the situation, I don't know. One thing is for sure though: Israel will no longer depend on full cooperation from the Egyptian end. Now that Israel is dealing with millions of Arabs instead of handful leaders, it must step back and weigh its actions accordingly.

Overthrowing any Arab government in the Middle East is dangerous for the status quo. Now, I realize that democracy in Egypt and any other Middle Eastern country is necessary. However, people should be extremely careful with their new foreign policy choices, as this could lead to more Middle Eastern conflicts. War is never the answer for the Palestinian-Israeli conflict. We've seen many of them take place in the Middle East, and unfortunately, Palestinians suffer more with every war. As riots continue, we must practice self-restraint and wisely choose our next steps when it comes to foreign policies.

Despite all of the risks mentioned above, I support an Arab world free of greedy dictators. I used to be ashamed of my Arab roots because we were many led by few. We were intelligent, yet we specialized in demeaning manual labor. We were consumers, but tomorrow we'll be innovators.

This year, I am proud to be an

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on risk management, life

By LAUREN FERGUSON STAFF WRITER

What would you do if you found out someone very close to you died in a completely preventable automobile accident?

When Clay R. Warren, a Texas Tech freshman from Plano, died returning from a fraternity event in 2002, his family took on the task of teaching students across the state of Texas the importance implemented for the chapter leaders of proper risk management.

Mark Warren, Clay R. Warren's father, said when he and his wife were told the circumstances surrounding the car accident were preventable, they endowed a program at Tech focused on educating students on risk management.

"We started the Clay R. Warren Risk Management Retreat about five years ago in a response to what happened within the Warren family and really just a desire for all parties involved — Texas Tech and the Warrens — to educate our student groups, especially our Greek students, about some of the risks that are apparent for student life," said Jason Biggs, the assistant director for the Center for Campus Life and IFC adviser.

evaluations from students prompted the committee to bring in a speaker for the entire Greek community, Biggs said.

"One of the things that was pretty evident was the leadership we were speaking to really wanted something for the entire chapter," Biggs said. "They were getting all this great knowledge, and they would come try to talk to their chapters, and the chapters wouldn't understand where they were coming from."

On Monday, all IFC fraternities and Panhellenic sororities were invited to attend a speech by Lori Hart, who specializes in talks pertaining to alcohol and

drugs, fraternity and sorority life, gender communication, leadership, and relationships.

"The speaker was very entertaining. She did a great job as far as trying to persuade the students to be responsible and operate good risk management within their organization," Warren said.

Biggs said the fall retreat will be in the future, but having the speech allows leaders to draw a connection between the knowledge they share with their chapters and real-life situ-

Delta Chi president James Sparks said the fall retreat really helped his fraternity realize that good planning is important for any social event they plan.

'(The retreat) was basically an eye-opening experience for me because it made me realize that I'm not invincible and my pledges aren't invincible either," Sparks, a junior political science major from Brenham, said.

After the Warren family spoke up about their situation, Warren said, After a few years of the program, the state of Texas adopted legislation during the 2007 session of Congress that made it mandatory for students on college campuses to have riskmanagement training.

"Now what needs to happen are conversations at individual and chapter level to make what happened (at the event) more than just entertaining and actually have an impact." Biggs said. "Chapter leadership and advisers really need to speak to their members about what they were thinking, what they were feeling and what some small wins can be for their chapter."

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Speaker educates Greeks | Event teaches children with teddy bears

By HALLIE DAVIS STAFF WRITER

Danielle Jones said she had seen it all. In under an hour, the clinic had treated many broken arms — some were broken by a fall from a tree, some from being hit by a car and one was even due to a back-flip injury.

Luckily, the patients were not real people but rather Teddy bears being treated by their 4- to 8-year-old owners during Monday's Teddy Bear Clinic at the Texas Tech Health Sciences Center.

"The majority of kids are pretty scared of going to the doctor," said Bethany Williams, a second-year HSC student in charge of the event. "They associate it with shots and not feeling good, and we want to change that association to something more enjoyable.'

Children walked into the clinic in the HSC's SimLife Center and got to pick a bear to take through the event. Then, Williams said, the child took the bear into an exam room with a "doctor" who helped diagnose, the "patient."

Jones, a second-year HSC student from Borger, said the children were quick learners when it came to the exam room. She said they had seen most of the instruments before and easily picked up on how to use them with their bears. Being in control of the possibly scary instruments helped children to

"Some of them are a little Staffed by 15 HSC student nervous about being around a volunteers and eight volunteers



PHOTO BY LAUREN PAPE/The Daily Toreador

WHITNEY DICKENS, 7 years old, helps Amanda Hartman, a first-year medical student from Waco, take her blood pressure at an event which used teddy bears to help children not be afraid of doctors at the Health Sciences Center on Monday.

bunch of people in white coats," Jones said, "but once they come in, they are pretty excited to do the exam."

After treating the bear with a variety of cloth "bandages", Williams, from Abilene, said participants could choose from a range of medical field-related arts, crafts and games, from making a doctor bag to playing pin-the-bandage-on-the-bear.

This is the first event of this kind at Tech, and Williams said relax, even in a doctor's office, she hopes it continues in future

from Christ the King High School's student council, Williams said the event was planned for about 75 participants.

Lubbock resident Valerie Pike said she brought her 7-year-old son Grant because he was very interested in doctors. Grant said he liked being able to put the bandages on the bear himself.

Though she said Grant was brave when it came time for him to go to the real doctor, Pike said it would be a very helpful event for anyone who might have a child who was frightened.

"It's very traumatic for kids to go to the doctor," she said. "If they understand why things are the way they are, and how they work and that it's not scary, it makes it less traumatic."

When the visit ended, the children got certificates for completing a successful trip to the doctor, but many wanted to stay, even after their bears were all better. This willingness to stay in a doctor's office is exactly what Williams is hoping for with the program.

"We want them to have good habits and the impression that the doctor is not a scary place," she said.

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Art exhibit shows Mennonite life with photos

By BAILEY EILAND STAFF WRITER

chunky jewelry, loud accents or proud attitudes. In fact, their quiet demeanor, simple clothing and humble lifestyle set the Mennonites of Seminole, Texas, apart from the stereotypical Texans. Despite these differences, the Texas Mennonites are a prime example of what Texans stand for.

The West Texas community in Seminole is host to more than 5,000 Mennonites within five different congregations. Their faith directly influences their everyday activities, from work to education and family time. While many of the Mennonites are in the farming industry, some are also successful carpenters, mechanics and artisans.

Laura Camden, a professional photojournalist at Northern Arizona University, captured the quiet lifestyle of the Seminole Mennonites. Camden spent a year observing and interacting with the community before she published a series of photos in her book, "Mennonites in Texas: The Quiet in the Land." at Texas Tech's International Cultural Center through March 2. The ICC is open from 8 a.m. to 5 p.m. Monday through Friday.

"They embrace strong family bonds, a sense of togetherness and the strength offered by a guiding spirituality," Camden described the

Mennonites in an e-mail.

After spending childhood summers traveling with her grand-There is no big Texas hair, mother in Pennsylvania, Camden became intrigued by the quiet nature of the Mennonite people.

"In our own family," the photographer continued, "we had similar strong work ethics and values."

Camden revealed the Mennonites are a quiet people but have much to teach society.

"It is my hope that the images both engage and inform the general public about the unique lifestyle of the Mennonite culture," the photojournalist said. "Some of the fundamental aspects of their culture are ones that our society has lost. Perhaps, through my photographs, I can honor those values and convey them to those who view the work."

Jane Bell, the ICC director, announced she was delighted to have Camden's photos showcased.

"Part of education is finding out about different cultures and people," Bell explained. "This exhibit provides an opportunity to do just that."

Camden is a familiar face at the The photos are currently on exhibit center. Some of her work previously has been entered in the High and Dry contest held at the ICC every year. Therefore, the director of the ICC was enthusiastic about opening an entire exhibit featuring Camden's work on the Mennonites.

'Some of Camden's portraits are



PHOTO BY KARL ANDERSON/The Daily Toreador THE INTERNATIONAL CULTURAL Center hosts Mennonites in Texas: The Quiet in the Land, a photographic tour of the Mennonites of Seminole,

separate congregations.

truly lyrical, and it is a beautiful exhibit that also teaches us about an intriguing, and sometimes misunderstood, community of people," Bell said.

Alexa Smith, a Tech graduate student and graduate assistant for international affairs at the ICC, also gave insight on the exhibit. Smith said she hopes the photo exhibition will encourage Tech students to venture outside their comfort zones and to learn more about people who are different from them.

"An exhibit like this proves that these people aren't that much

a West Texas farming community of more than 5,000 residents and five

different than you and I," Smith

explained, "and I think everyone

needs to take a step back occasionally and remember that no matter what race, creed or religion you come from, you're still just a human like everyone else."

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SGA -**CONTINUED FROM PAGE 1**

SGA external vice president Tyler Patton said the group finished the day

with more than 130 meetings with various representatives and senators.

Patton said he believes it is the most successful legislative trip on which he's ever been.

Graham said the students who went on the trip were well informed and were effective in talking with state representatives. One group of students on the trip was invited to lunch with a state representative.

Patton, said the point of taking a group to talk to state representatives is to put a face on the issues.

"It was nice and refreshing to have a group of kids this year that honestly came out to share their stories and really connect with the issues," Patton said. "Because honestly that's what makes a difference for a lot of these representatives."

Michael Uryasz, a political science major from Lubbock, went on the trip expecting to talk to few representatives.

"I quickly realized we were not going to be meeting with just one or two representatives," Uryasz said. "We were meeting with eight or nine. I was

incredibly impressed by that." Other students on the trip im-

pressed Uryasz with their intelligence and professionalism. Uryasz said it was a very diverse group of students and every official he talked to was impressed with how they discussed the issues.

Graham said he stressed to state representatives that for every \$1 spent on education, \$8 is returned to

"Higher education is needed," he said. "If the state's going to continue to grow, we can't just cut off higher education."

Students and SGA members also discussed requiring professors to post textbook requirements for courses before finals of the concluding semester.

Graham said it was well received by many state representatives. Some representatives were interested in sponsoring it and asked him to send them further information on the kind of money students would save.

He said some representatives and Tech officials feared that implementing this would require hiring more employees and spending more

"We don't want to make the universities have to hire new people and spend more money to get something like this to work," Graham said. "We think it won't do that, and we wanted to make sure the representatives and

senators knew that, too." >>> sgipson@dailytoreador.com



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FIREHOUSE

Kansas jumps to early lead, doesn't look back

PHOTO BY SAM GRENADIER/The Daily Toreador

TEXAS TECH GUARD John Roberson passes past Kansas guard Elijah Johnson during the Red Raiders' 88-66 loss to the Jayhawks on Tuesday in United Spirit Arena.

By TOMMY MAGELSSEN NEWS EDITOR

Texas Tech basketball faced its fourth ranked team of the season Tuesday night in the form of No. 2 Kansas, and, just like their previous three dustups with top 25 teams, the Red Raiders were well out of the game by halftime.

Kansas (21-1, 6-1 in Big 12 Conference play) snapped Tech's three-game Big 12 win streak, winning 88-66 Tuesday in United Spirit Arena. Tech's four five of their first seven. losses against ranked teams have come by an average of 29 points.

for 34 minutes and 29 seconds Tuesday night, as the Red Raiders (11-12, 3-5) were never able to get their offense clicking until the game was out of hand. Tech coach Pat Knight said he believed the game was "pretty much over after the first five minutes."

"Each time you have five guys out there you've got to have five guys that tempted, making 8-of-11. The Kansas

show up," Knight said, "and I don't think in the first half we had five guys show up. We had a couple guys show up, but then we always had like three guys or four guys that seemed like they didn't want to be there. They were kind of like dead, like

The Jayhawks commanded authority early on, hitting six of their first seven shots and jumping out to a 13-4 lead with less than six minutes elapsed. On the other end the Red Raiders missed

movement included the tandem of the The Jayhawks led by double-digits Morris twins, who flexed their muscles early, scoring the layhawks' first three baskets on turnaround lay ins, baffling the Tech post defense by receiving passes just. over the Red Raider big men throughout.

> Knight said he knew his team had to make a switch to double-team Marcus Morris right away, but the power forward hit almost every two-point shot he at-

juniors were able to fight through the Tech defense and finish the game with a combined 29 points — 18 for Marcus and 11 for Markief, who also had a gamehigh 12 rebounds.

Kansas continued to find many holes in the Red Raiders' Swiss cheese-like defense, ballooning its lead to 21 by halftime, 50-29. In the first 20 minutes of play, Tech scored on consecutive possessions just three times on the way to a 37.0 field-goal percentage. Kansas shot 57.9 percent before intermission, Beneficiaries of the Jayhawk ball including a dominating 28-6 advantage the second half.

> "I thought we took some bad shots, too, forcing it," Knight said. "You've got to kick it out, then go back in, make the defense move, and I thought we did a bad job forcing some shots inside instead of 'OK you don't have it let's kick it back out, reverse he ball then go back in, make the defense shift,' but we tried to take too many shots inside.

"After the first pass the defense is al-

ready set and that's hard to do, especially when you're not feeling it."

Tech came out looking better on both ends to start the half, even whittling the Kansas lead to 16 points at

Despite the final score, Tech did manage to play better in the second half, being outscored by just one point.

Tech guard John Roberson, who led the Red Raiders with 24 points, said he knew the game would be tough, but still was proud of the way his team played in

"I mean we're not going to quit fighting, this team has a lot of heart," he said. "We got down in the first half, they were hitting tough shots, they were making everything it seemed like, but one thing we were talking about in the locker room was 'Don't give up.' I mean we're at home, you know we can't just give up and that just shows the character

of the team." >>> tmagelssen@dailytoreador.com

Blowout loss to KU should come as no surprise

more than one occasion this year Texas Tech basketball coach Pat Knight has referred to a blowout loss as "an oldfashioned banjo lesson."

At this point, I'm fully prepared to hear the theme from "Deliverance" at the student-athlete talent showcase next year.

Unlike the others, though, this one was to be expected. Kansas is one of the best teams in the nation, coming into the game ranked No. 2. It lived up to the ranking in Tuesday night's 88-66 win.

Yes, this is the first time a Bill Selfcoached Kansas team was able to avoid an upset in Lubbock, but it shouldn't come as a surprise.

The Red Raiders never had a chance. From the start when KU jumped out to a 4-2 lead, which became 6-2, which became 8-2, which became 10-2, the Red Raiders were never in it.

Kansas shot very well from the field and exceptionally well from behind the arc. The Jayhawks played tight defense and rarely

They outscored Tech 48-16 in the paint, simply dominating the inside game. The Jayhawks also converted Tech's 12 turnovers into 11 points, while the Red Raiders were only able to muster 2 off of KU's 6 giveaways.

What does this all mean? Well, probably not all that much. You don't have to be Dick Vitale to know that Kansas' basketball team is supposed to be a lot better than Tech's. KU is a national title contender and Tech will have to be very lucky to make the NCAA tournament.

So, it might not be fair to look for too much significance in this game. But we have seen this team slump before both during the non-conference portion of the schedule and during the start of Big 12 play. How will Tech respond to the

school teacher who was attacked while

walking a woman to her car has died,

and police have charged the woman's

Chris Matthews, 33, died late

husband with assault.

Arnold



beat-down?

Yes, this is the

first time a

Bill Self-coached

Kansas team was

able to avoid an

upset in Lubbock,

but it shouldn't

come as a surprise.

HS coach dies after attack

That's the million-dollar question. The one that will determine whether or not Pat Knight is back as the Red Raiders' coach next season among other things.

As you've probably read, it's going to be a tough road to avoid a slump. The KU game showed that despite winning the previous three games the Red

Raiders still have a long way to go before they're a top team in the Big 12. Texas is up next, the same squad that beat Kansas in Lawrence, Kan.

The Red Raiders were riding high after getting a few conference wins, and that emotion showed in last Saturday's victory against Oklahoma State. Tech pulled out a game that would

have been really easy to lose.

What the Red Raiders can't do is let a big loss to one of the nation's best teams affect their mentality. A slump would be disastrous and certainly spell the end for the Red Raiders season.

To the Red Raiders' credit, they didn't give up. The margin was wide, but it could've been a lot worse. The team kept its head down, went to work, and was only outscored by Kansas by one point in the

They better get used to that because it's going to be a requirement the rest of

■ Arnold is The DT's managing >>> jarnold@dailytoreador.com

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under Clinton
17 Long story 17 Long story 18 African title of

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29 Ring 5-Downs
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spread 50 Fairbanks-to-Anchorage dir. 51 To the rear 54 Afternoon break 56 Sportscaster

58 ODIE 65 Leaf-to-branch angle
66 Threshing
instrument
67 Sculptor's
material
68 Anatomical blood

carner 69 Specialty 70 Queen's home 71 Blue-pencil 72 Shore eagles 73 River to the North

DOWN pear 2 Where Pioneer

3 Teammate of Mickey and 5 Settler? 6 Early light 7 "Bonanza" brother 8 Flier until '91 9 Waiter's burden 11 Like Hood's men 12 Tennis great 12 Iennis great
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13 Down under kids
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Philadelphia
suburb
26 Tiny particle
27 Dragster's org.
28 Campus VIP
30 Kodak product 30 Kodak product

33 "_'Clock Jump': Harry James recording 35 A, in communications 36 Cancún quencher 37 Miles per gal, points per game, etc.

Tuesday's Puzzle Solved HOBO SCALP IDEA PURER 38 Roger of "Cheers" 39 Made faces, 53 Pop singer Lopez
55 "It's __ nothing!"
57 French hot

Rascal

"__'Clock Jump":

46 Puts down 47 "The King and I" actress, 1956

perhaps
44 Roast, in Rouen
45 Painter of
Southwestern 5/ French not springs town 59 In need of tuning 60 Do some mending 61 Location 62 "The Whiffenpoof Song" collegians

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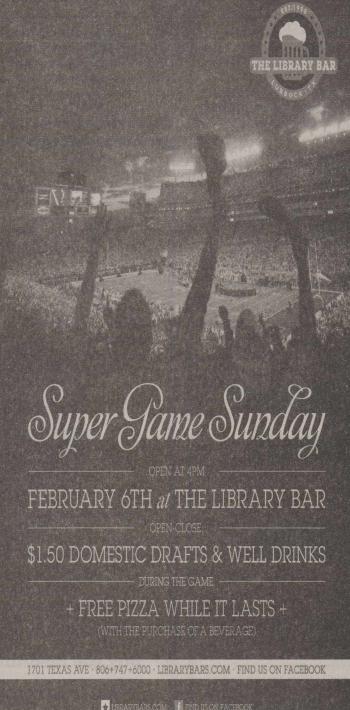
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The only way of finding the limits of the possible is by going beyond them into the impossible.

Arthur C. Clarke

SUB Suite 024 East Basement

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Sunday at Ben Taub General Hospital, where he had been treated since he was Now Serving Breakfast and Lunch! Homemade Soups, Salads & Sandwiches Served Daily Tech Special:

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knocked unconscious Friday night, a hospital spokesman said Tuesday.

Ronald Lee Newman, 51, was arrested at the scene and charged with aggravated assault with serious bodily injury, police said. The charges remained unchanged as of Tuesday afternoon, according to the clerk at Harris County District Court. Newman is free on \$30,000 bond and is scheduled to be in court March 3.

Police said Matthews was walking Laura Newman to her car following a dinner with colleagues and parents at a Mexican restaurant in Houston when he was attacked.

Police are investigating a motive for the attack, but said there was no immediate evidence of a relationship between Laura Newman and Mat-

Matthews also was the girls soccer coach at Stratford High School, where his wife also taught and coached. The school confirmed Matthews' death on its website Tuesday.

Sam Maida Jr., Ronald Newman's attorney, said his client has a stepdaughter who is a junior varsity soccer player at Stratford.

"Mr. Newman, and his wife, Laura, and their entire family, are devastated at this time and want to express that their thoughts and prayers go out to Mr. Matthews, his family and the entire Stratford high school and local community," the family said in a statement released by Maida. "Due to the legal circumstances involved, we are unable to offer any other statements at this time."

Matthews was in his fifth year working at Stratford. He taught world history and also coached softball and football. His wife, Buffie, is an assistant girls basketball coach and math teacher at Stratford.

STAFF WRITER

opportunity for injured players to let the losses get us down is the most get some extra rehabilitation time, important part." enhancing their chances of returning to play the following week.

Coaches don't expect to lose play- skid. ers during an off week.

of Marissa Ashton's intent to transfer ball program.

"Marissa has decided to transfer

Ashton, a sophomore forward,

While the news broke Monday, p.m. game against Tech in the United that go in it.

No. 13 Oklahoma.

Casey Morris, despite some early

has gone for double digits-13 against Texas and Nebraska. Texas and 14 against Nebraska in

minds, not necessarily in their abilia victory. ties on the court.

she said. "That's the most important thing; basketball is 95 percent mental. So for us to all stay together and stay Bye weeks often present the positive as long as we can and to not

> But simply thinking positive wo not be enough to snap a four-game

Many things can be pointed out as The Lady Raiders' bye week, how- problems for Tech during this losing ever, began with the announcement streak – scoring is not one of them.

In three of the four games, Tech from the Texas Tech women's basket- held a halftime lead but proceeded to fall apart in the second half.

Against Baylor on Jan. 22, Tech from Texas Tech," said Curry in a only shot 33.3 percent from the field, news release Monday. "She will finish while rebounds hurt the Lady Raiders out the semester but will no longer be against Texas on Jan. 26. The Longa part of our program. We support her horns crashed the boards to claim and wish her the best in her future 43 rebounds, while the Lady Raiders only recorded 26.

Tech head coach Kristy Curry said played in 12 games this season and to get the wins they need, the team averaged 0.8 points and 1.3 rebounds has to put together a complete game from opening tip to regulation's end.

"It's about putting a good 40 minthe rest of the team began preparautes together," Curry said. "It's about tion for one of its biggest home tests showing a lot of heart and character, of the season. No. 6 Texas A&M will and staying together, being aggressive, be in Lubbock on Saturday for a 2 getting to the foul line, all the things

"We've got nine games to go, and The Lady Raiders are on a four- we're just gonna continue to do the game losing streak right now, which things that we do and be as positive includes losses to No. 1 Baylor and as we can be in teaching and coaching these kids."

The lineup for Tech has changed season struggles, has been a bright during the past few weeks, capped spot for the Lady Raiders as of late. by the move to start Chynna Brown In the past two contests, Morris in place of Jordan Barncastle against

There have been different looks Tech has implemented in the last Morris said a key ingredient to couple of games to try and get some upsetting the Aggies lies in their kind of spark; none have resulted in cost the team victories.



FILE PHOTO/The Daily Toreadon SOPHOMORE GUARD CHYNNA Brown and the Lady Raiders have

Brown said the focal point of the work hard in practice, correct all ing to stay together." "Just think positive mentally," bye week is fixing past errors that have the things that we haven't been "jkoch@dailytoreador.com"

have a bye this week. Tech hosts Texas A&M on Saturday.

doing in the past couple of games," "Right now, we just trying to Brown said. "Most of all, just try-

Matthews, Polamalu key to Super Bowl outcome

Troy Polamalu and Clay Matthews finished first and second for the defensive player of the year award—they also are the two most important players on the field this Sunday.

The effect each player has on the opposing quarterback is undeniable. Matthews presents the dangerous passrush that can disrupt and put Ben Steelers defense go.

The Steelers are a below-.500 team replace with one player. He is a danger in blitz packages. He plays the run well. significantly better.

Polamalu's role is that of a key Steelers defensive backs and the Packers the coverage.

ers gets in a hurry.

He has to beat the Steelers' offensive line. is too talented and gifted to be stopped Steelers bring extra protection, Matthews these guys wins the award. needs to make them pay.

down Big Ben and make sure he doesn't the long locks. slip away. Not many guys get away from Matthews. He needs to be a force in the **Stoots** is a senior broadcast can take over the game if he goes un- >>cody.stoots@ttu.edu

Cody Stoots

Roethlisberger in trouble. Polamalu is checked, and Matthews needs to be quick to the all-around monster that makes the the point of attack. He can't let Mendenhall get past him into the secondary.

The main point here is both these playwith Polamalu out of the lineup. He ers disrupt the play of the offense. Both brings too many elements to the table to of these offenses can score, and traditionally the offenses show up very well in big games. The defense is key to putting the He makes the Steelers cornerbacks look quarterback in a position to win the game come crunch time.

Polamalu can be effective without showdefender, but he needs to be a trap. He ing up on the stat sheet. His involvement needs the Steelers coaches to use him will make the other defensive backs effecto bring pressure and to account for tive and make the pass-rushers confident the discrepancy in talent between the they will have time to get to Rodgers with

Matthews can play a supporting role When he is in coverage, he plays his while being a superstar. He will require most important role. The Steelers will additional blockers. I don't anticipate the get pressure without blitzing Polamalu. Steelers will be running at Matthews. He When the pressure is on, he will have will force action to his other teammates; to be ready to contain Aaron Rodgers' they will need to make plays when Matthews mobility and take advantage when Rodg- isn't near. Matthews' coverage skills are underrated, too. I wouldn't be shocked to Matthews' jobs are just as important. see him pull down an interception.

Matthews and Polamalu will be all over He has to beat them on every play. He the field Sunday. The winning team very well could have their star on defense named by just the offensive line, so when the the MVP. It shouldn't shock you if either of

Whether you prefer blonde or brunette, He is big and strong enough to chase the important players this weekend sport

run defense, too. Rashard Mendenhall journalism major from Houston.

No. 21 Tech men's golf begin season in Hawaii

By JOSHUA KOCH STAFF WRITER

does not provide for a preferable golf ment at golfstat.

Luckily for the Texas Tech men's golf team, it gets to begin its season in niors will lead a much warmer environment: Hawaii. the Red Raid-

The No. 21 Red Raiders begin ers this season, their 2011 season as participants in including Matt the 21st Annual Ameri Ari Invita- Smith and Nils tional at 11:30 a.m. today in Kona, Floren.

Tech coach Greg Sands said. "It's a ren paced Tech great, tremendous field with some as Smith averof the top five or six teams in the aged a score of country are here. So we're excited to 72.1 per round jump into the spring and play against and Floren av-

In a 20-team field that includes round. No. 1 UCLA, Tech is not the only representative from the Big 12 Contations for this squad are high this ter. We feel like we've got a chance

The tournament will be held at books, but came to an end in the The weather in Lubbock this week can follow the progress of the tourna- No. 2 Florida State.

In the fall, "Yeah, we're excited about it," Smith and Flo-

eraged 72.6 per

The expec-

ference, as No. 2 Oklahoma State, season, considering the finish to last to do something special again if we No. 7 Texas and Colorado join in year's spring campaign. Tech's 2010 continue to get better." spring season was one for the record **>>>jkoch@dailytoreador.com**

the Waikoloa King's Course, and all quarterfinals of the NCAA Champithree days begin at 11:30 a.m. Fans onships when the Red Raider lost to

> So we're excited to jump into the spring and play against the best teams.

> > **GREG SANDS**

GOLF COACH TEXAS TECH

Sands said

this season is a brand new opportunity for this squad to accomplish more, but it will go to waste if the players do not put in the amount of work it takes to make

that next step.

to small things

"We're looking to improve," Sands said. "Looking

to try to get bet-

Broncos buck trend of low-rated recruiting classes

(AP) - Boise State has closed the ing against established Bowl Chamman finalist Kellen Moore, the underthan 11th in the AP Top 25.

signing day, it hasn't cracked Scout. com's recruiting top 50.

aly because of their blue turf.

more and more attention from fans about a potential recruit. who post a running commentary because of how great its recruiting

we'll recruit him."

But that isn't the Broncos' reality in that as much as we can." a landscape where they are recruit-

And about a month later, on the Big 12.

The Broncos aren't just an anom- of a prospect, the basic intangibles all coaches seek, and working on a never-As competition for football re- ending homework assignment—to find Broncos uncovered and turned into cruits becomes ever hotter, gaining out as much information as possible stars:

along with video of the best prospects rough stars who have fueled the Brontouchdowns this past season. His only online, Boise State stands out not cos' success and shown up the experts. other offer was Cal Poly of the FCS.

"It just really comes down to they're is but, in national terms, how bad it good football (players). You put the tape is - at least according to the rankings. on and you like them a lot as a player "We've had kids that have no and then you do your homework and offers and we'll pride ourselves on that's where most people won't do it," that," Boise State coach Chris Pe-Petersen said. "It's amazing out there tersen says. "We don't care who has the lack of homework that's really or hasn't offered a guy. If we like him done and people will just end up offer-Sure, Petersen would love to they've offered him then he must be a Calif. He became the No. 12th overall bring in the best talent available. good player.' We try to stay away from

Most fans know the story of Heise early for the next level.

last three seasons ranked no worse pionship Series schools, whether it's sized, lefty quarterback who only got Oregon from the Pac-10 or Texas from one other Football Bowl Subdivision offer - from Idaho - before becoming So the Broncos' staff have become the most prolific quarterback in Boise more creative, relying on the upside State's history. His record entering his senior season next fall: 38-2.

But there are plenty of others the

- Starting running back Doug The result: those diamond-in-the- Martin ran for 1,260 yards and 12

- Former star Korey Hall hailed from Glenns Ferry, Idaho, with a population of less than 2,000, and went on to become a three-team all-WAC firstteam linebacker. He'll be in the Super Bowl on Sunday as a fullback on Green

- Offensive lineman Ryan Clady ing guys because everyone else has. 'If was a 2-star recruit coming out of Rialto, pick in the 2008 NFL draft - selected by Denver - leaving Boise State a year

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perience. Part-time 20-25 hours/week. \$8.50/hour.

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CLEAN UP helpers for rental maintenance. Painting, cleaning, lawns. Flexible schedule. Truck useful. 1-5pm, afternoons. To apply come by 4211 34th, See Ann or BJ, 795-2011

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experience preferred.

KELLY SERVICES is now hiring caterers for short erm events. Jeans, black polo shirt, black shoes, white undershirt required. Pay is \$9.50/hour. Apply in person: Kelly services 4601 50th St. Suite 100 or call 794-2757

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ity. Please apply in person 2423 87th St. (corner of

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PART-TIME help needed in cylinder head shop in Wolfforth. No experience necessary, Looking for All sizes! Houses and duplexes. WestMark Prop-20 hours/week that must be fulfilled anytime during business hours of 9-12pm & 1-6pm, Monday - Friday. Starting at \$8.25/hour. E-mail resumes to trevor@texas-speed.com.

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THE ATLC is looking to hire a student computer nicians for part-time work between the hours of 8a.m.-5p.m. Monday-Friday. You can pick up and submit an application at the ATLC, located in the basement of the library. For more information. please contact Russ Erbe russ.erbe@ttu.edu.

UMPIRES NEEDED for Lubbock Little League baseball. Meetings held Wednesdays at Monterrey H.S. For meeting/clinic schedule and to sign up contact Myron Bennink at (806)781-7190 or

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Looking for a fun activity that doesn't cost much money? Sign up for Intramural Team Bowling in the IM office by Friday. Bowling Play Dates: February 7 or February 13.

Cost: \$24 per team Includes 4 players shoes, 3 games, and a great night of fun! Time: All bowling times are 9:00pm - Midnight.

Check-in begins at 8:30pm

Website: www.rescsports.ttu.edu

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Register for Intramural Racquet-Registration ends TOMORROW! Games will be played February 7.

Intramural 6on6 Dodgeball Register for dodgeball today!

Register your team before Wednesday, February 9 to secure your spot. Tournament will be played on Friday, February 11.

Intramural Badminton

start next Monday, February 7 February 16. For more informa-Office, Rm. 203 of the Rec

Wellness Blood Screenings

The first screenings of 2011 will take place on Thursday, February 17th. Registration for the blood screening is due by noon on Wednesday, February 16. For Fit/Well at 742-3828.

Fit/Well



Personal Training is Your New Year's Resolution Solution!

Get the new year started off right! We have many different types of training available. Overall fitness training, A Better U (Yoga/Pilates training), sport specific, lifestyle, area specific, and time limited training are all available! Sign-up in the Fit/Well or just stop by for more information!

vertical plains

Vertical Plains Adventure Festival This year's Vertical Plains Climbing Competition will be on February 12.

The competition is open to climbers of all levels, with three skill classes advanced. We encourage everyone, regardless of their experience, to join in the competition and have a great time! Register in the OPC today.

Reel Rock Tour - February 11 - FREE We will take you on a global ride like never before. From death-defying speed link-ups of the wildest faces in The Alps, to Olympian displays of strength and available: beginner, intermediate, and tenacity on the hardest boulders ever climbed, REEL ROCK 2010 features a breathtaking journey through the vertical realm with the heroes of rock and snow. The Film Tour will be in Human

Sciences 169 starting at 8:00pm.

Outdoor Pursuits



The Outdoor Pursuits Center's Ski and Snowboard Shop is open! Ski package includes skis, boots

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include board and boots. Helmets and other accessories are also available for rent!



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February 17 - 20 | \$315 ice climbing in Colorado's beautiful San Juan Mountains. Determined outdoor enthusiasts encouraged!

Come learn and experience spectacular Registration Deadline: February 9

Aquatics

Aquatics is NOW HIRING!

We are looking for certified lifeguards and guest services positions. Job will start in March and go throughout the summer. All applications are due to the Aquatics Center by February 25th.

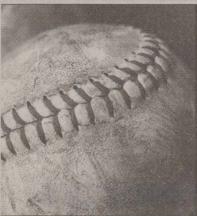
Lifeguarding Positions:

Interviews start February 27th Applications are online at www.recsports.ttu.edu Must be already certified as a lifeguard

Guest Services Position:

Interviews start February 28th Applications are online at www.recsports.ttu.edu Basic Qualifications: Phone Skills Cash handling Skills Customer Service Skills

Intramurals



We are looking for you!! Become a Softball Umpire!

Students wanting to officiate softball must attend one of the two officiating meetings: Monday, Feb. 14th or Tuesday, Feb. 15th from 5:00 - 8:00pm at the Student Rec Center (SRC), Room 201. Softball officials make \$9 per game and are thoroughly trained in rules, mechanics, and gamesmanship. Knowledge of baseball or softball is required, but no officiating experience is needed. Any questions should be directed to the intramural staff by calling 742-2945, by coming by the SRC's room 203, or by visiting the web at: www.recsports.ttu.edu

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EVENT CALENDAR FEBRUARY 2-8, 2011



TODAY, 2.2.11



Student Organization Workshop: OrgSync 2.0 Student Union Senate. 12:00pm Maximize your organization's potential by the sophisticated application of OrgSync student organization management system. Advanced training will focus on the system's features and practical applications.

THURSDAY, 2.3.11

Student Union Building Regular Hours

Monday-Friday 7am-11pm

Saturday 8am-11pm Sunday 12pm-11pm

FRIDAY, 2.4.11

SATURDAY, 2.5.11

Visit Barnes & Noble in the SUB!

Open Monday-Friday 7:30am-5:00pm

Offering: Textbooks (buy, rent, buy back) • School Supplies

TTU Apparel & Memorabilia • Books • Greeting Cards • Snacks

Starbucks Coffee at Texas Tech Cafe

SUNDAY, 2.6.11

MONDAY, 2.7.11



Five Times August Student Union Courtyard, 12:00pm Brad Skistimas, also known as Five Times August, is the latest musical genius! His wonderful vocals have appeared on hit MTV shows Laguna Beach and The Hills. Prepare to relax as you hear his soft voice flow with his soft melodies. So come out in between classes and enjoy **Fives Times August while**

you can!

TUESDAY, 2.8.11

Student Union Ballroom, 9:00am-12:00pm The Volunteer Fair offers the opportunity to become involved in service events and make a lasting impact in the community. Connect with people who share similar interests and form partnerships with community agencies and student organizations.

Volunteer Fair

Student Organization Registration Meeting Student Union Senate, 2:00pm

COMING UP:

2.9.11 S.O. Workshop Movie Matinee: The Next Three Days

Bo Burnham

2.10.11 TTU Founder's Day Movie: The Next Three Days

> 2.15.11 After Hours

TUESDAY, 2.8.11

TAB's Gargantuan Game Night Student Union Matador, 6:00pm-10:00pm Milton Bradley's got nothing on TAB, and we'll prove it. Play some of your favorite childhood board games and video games with your friends. Have some fun with TAB and remember to keep an eye on the bankers...they're always sneaking Monopoly money.

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