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## PAGE ONE

A QUICK READ OF THE NEWS

### Calf gets stage fright

A show calf — apparently not in the Christmas spirit — bolted from a truck earlier this month before it could be used in an outdoor Nativity scene at a church in Calhoun, Ky.

The calf was captured last week after two days on the run. The struggle as the calf escaped cost one man a kick in the head.

The Calhoun United Methodist Church has been performing a live Nativity scene beside the church for about seven years, organizers said.

This year, sheep, goats, a donkey and a prize show calf were supposed to be part of the entourage.

Bill Jordan, who was part of the live Nativity, caught the calf, but it kicked him in the head. Jordan went to the emergency room at a hospital and received 11 stitches.

The Rev. Mike Grimes, pastor at Calhoun United, said he and other searchers spotted the calf's tracks two days later, and the animal was found behind an abandoned church. The calf's owner, Darrell Maxwell, said the feisty animal suffered only a few scratches.

### Darg gone it — he won

Brian Cappelletto, a Chicago options trader, won the World Scrabble Championship in Las Vegas thanks in part to his use of the 19-point Scottish word darg — a task or days' work.

Cappelletto, 32, dashed Montreal music professor Joel Wapnick's hopes for repeating as world champion, winning three games to one in the best-of-five finals. Nearly 90 experts from 40 countries competed in 24 rounds over three days.



**Drawing date:** Saturday, Dec. 22  
**Winning numbers:** 13-14-16-41-48-50  
**Estimated jackpot:** \$30 million  
**Winners:** 0  
**Next drawing:** Wednesday, Dec. 26  
**Estimated jackpot:** \$36 million

### On this date in history

**Dec. 23** — Moses Austin arrives in Texas trying to obtain a grant to introduce 300 families from the United States (1820).

**Dec. 24** — U.S. troops occupy Confederate-held Galveston during the Civil War (1862).

**Dec. 25** — Civil War maverick William Quantrill shoots up the city of Sherman, Texas, during a drunken spree. (1862)

### LOCAL WEATHER

As of Christmas Day, the National Weather Service forecast was calling for continued cold nights and cool days, with Thursday and Friday being comfortable at about 50. Snow is possible by Sunday, with temperatures not expected to reach above freezing either Sunday or Monday. Lows, however, should be no colder than the low 20s.

Editor Ronn Smith can be reached at 272-4536 or [ctyankee@fivearea.com](mailto:ctyankee@fivearea.com)

**Missed your paper?** Call carrier Bobby Flores at 272-6719 or the Journal during business hours, 8:30 a.m.-5 p.m.

## Local native has link to terrorist tragedy

By JOLINE FRANKLIN  
Journal correspondent

More than three months after the terrorist attacks on the World Trade Center and the Pentagon, Americans are still interested in stories of everyday people linked to the events.

Muleshoe native Russell Treider wasn't even in New York when the Trade Center was attacked, but he does have a personal story related to the event.

He was chosen to accept, on behalf of his *USS Theodore Roosevelt* division, the flag hoisted by firefighters over the rubble of the World Trade Center after the Sept. 11 terrorist attack.

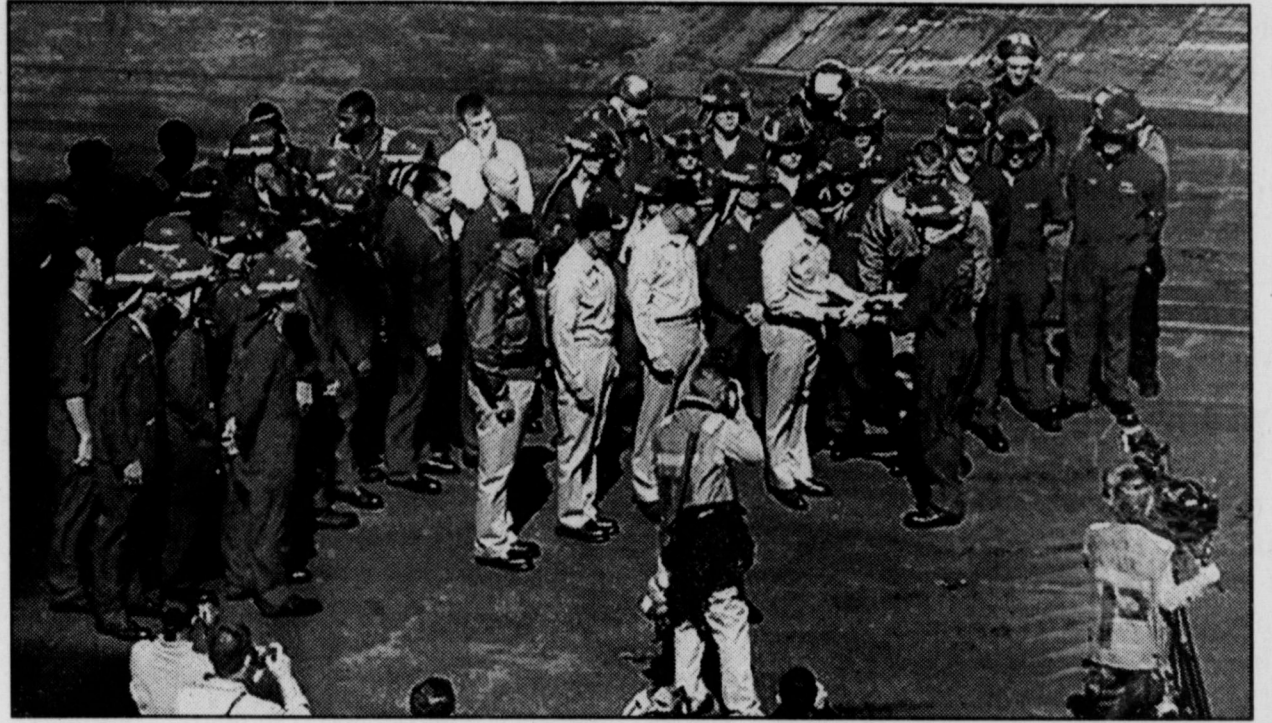
He, in turn, presented the flag to his captain and the admiral.

Treider, a member of the Navy for three years, is a member of the ship's nucleus fire party, the firefighters who respond to shipboard mishaps from conventional fires to hazardous-material incidents.

Media representatives were not allowed on the ship during the ceremony; filming and photography were done by the Navy.

Treider wrote to his family just after the ceremony: "I couldn't help but think about where this flag that I was holding had been 19 days ago. . . .

"Where I was holding it were the signatures of the mayor and governor of New York. It

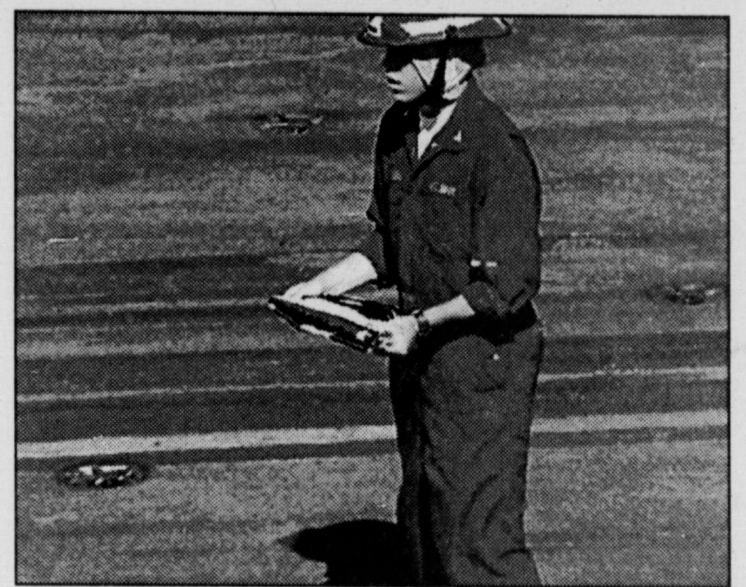


Courtesy photos

Above, DC3 Russell Treider, on behalf of the crew of the *USS Theodore Roosevelt*, accepts the flag that had been raised by firefighters on the ruins of New York City's World Trade Center. At right, Treider (a firefighter on board the ship) carries the historic flag across the Roosevelt's deck. He presented the flag to the captain and admiral, then had to fold it back up as part of the presentation ceremony. He got the assignment when he raised his hand in response to a question on who knew how to fold the flag. His grandparents and great-grandparents live at Muleshoe.

also had the following words written on it: "N.Y. Fire Department, World Trade Center, Sept. 11, 2001."

Treider's story began with a simple raise of his hand. "We were asked who knew how to fold a flag, and I raised my hand," he stated in an e-mail.



"They told me I would get the flag first and present it to the captain and admiral, and then fold it back up in front of during the ceremony."

Treider's parents are Russell and Susan Treider of Plainview and Lance and Karen Leschper of College Station; he is mar-

ried to the former Karen Stanfield Muleshoe relatives include both sets of great-grandparents, Marshall and Helen Cook and Raymond and Charlene Treider, and great-grandparents George and Clydetta Mitchell and Nola Treider.

## Realistic resolutions are key to success in new year

SPECIAL TO THE JOURNAL

HOUSTON — Lighten up this year and make a new year's resolution that can be kept.

"The holidays area good time to write down self-improvement goals for the new year," said Dr. Ken Goodrick, an associate professor of family and community medicine at Baylor College of Medicine in Houston.

"The most important thing is to keep your resolutions realistic — don't vow to lose 50 pounds within the next few months

or get another college degree," he added.

Goodrick offers the following tips to help you stick to your New Year's resolutions:

- Plan ahead. Choose resolutions that you have been thinking about for some time. Spontaneous resolutions usually fade as quickly as they appeared.
- Adopt a new behavior instead of trying to shake a bad habit. For example, try to increase the intake of healthy foods instead of saying that you will stop smoking after years of doing so.

• Write down the resolution and a plan of action. Stick it to the refrigerator, or on the computer, as a constant reminder.

• Set only one or two goals. You'll have better luck fulfilling less, and can always make new resolutions as time passes and goals change.

• Understand that change comes gradually. Resolutions are a process that offer people the chance to create new habits over time.

see **HELP** on page 2

## Local hospital district in process of changing health insurance plans

JOURNAL STAFF REPORT

Insurance representatives were scheduled to be in Muleshoe through Friday to sign up Bailey County Hospital District employees under the district's new health insurance plan.

Jim Bone of the district said there was "no way we could afford to continue coverage" under the current insurer because of the proposed rise in premiums.

Under the new coverage, the monthly premium per employee will increase from \$244.50 to about \$275, local insurance agent Kenneth Henry said last week.

That would represent an increase of about 11 percent — considerably less than the premium hikes being faced by many area public entities, according to other insurance industry figures.

The new coverage will be in three parts — a basic-care policy that covers expenses up to \$5,000; a major-coverage policy that has a \$4,500 deductible, offset by the basic policy; and a discount card for prescriptions.

Prescription costs and heavy usage have been one major factor in forcing up the cost of health insurance nationwide.

The district's discount card is expected to involve an \$8 co-pay on generic drugs and a 13 percent discount on the average wholesale price of brand-name drugs. The card's limit will be \$400 per month.

### Boll-weevil field work starts in three weeks

Officials of the Texas Boll Weevil Eradication Foundation have announced that their employees will resume field work on Jan. 21.

Cotton fields will be mapped for treatment later in the season.

Farmers are asked to notify the foundation before applying chemical treatments to the fields. This may be accomplished by calling (800) 687-1212.

Field activity is expected to last until after harvest.



Journal photo: Beatrice Morin

### Look up there!

Kindergartners enjoying a day in Santa's village are (from left) Cedar Snow, Emanuel Miranda and David Rodríguez. The students rotated classrooms to participate in coloring, caroling, visiting with Santa and other activities.

# AROUND MULESHOE

## Public calendar

**Jan. 2** — Last day to file for candidacy in the March 12 primaries. Information is available from the Democratic and Republican county chairs.

**Jan. 3** — Mammograms at Plains Memorial Hospital, Dimmitt. Reservations required; (800) 377-4673.

**Jan. 5** — 10:30 a.m. to 11:30 a.m. "Penguin Parade," the weekly Storytime feature at Muleshoe Area Public Library. It will be preceded by "Ready for Life" (for newborns to age 2, with parents) from 9:30 a.m. to 10:15 a.m. and followed by "Saturday Afternoon at the Library" (for all elementary students) from 1 p.m. to 1:45 p.m.

**Jan. 7** — Mammograms at Muleshoe Area Medical Center. Reservations required; (800) 377-4673.

**Jan. 11** — Mammograms at South Plains Health Providers, Muleshoe. Reservations required; (800) 377-4673.

## Lady Mules decimate Trinity Christian

By DELTON WILHITE  
Journal correspondent

The Lady Mules made it nine wins in a row by turning the Lady Lions of Lubbock Trinity Christian High School into a group of kittens, 91-55, in Muleshoe's final home game before the Christmas break.

All eleven Lady Mules scored during the 32-minute romp, but full-court pressure and depth took an early toll on the Lady Lions, who were outscored 26-5 in the opening eight minutes.

Britni Gartin hit twice from behind the arc and Jessica Carpenter had a three-pointer in the first period. The high-pressure defense of the Lady Mules held the Lady Lions scoreless for the first five minutes.

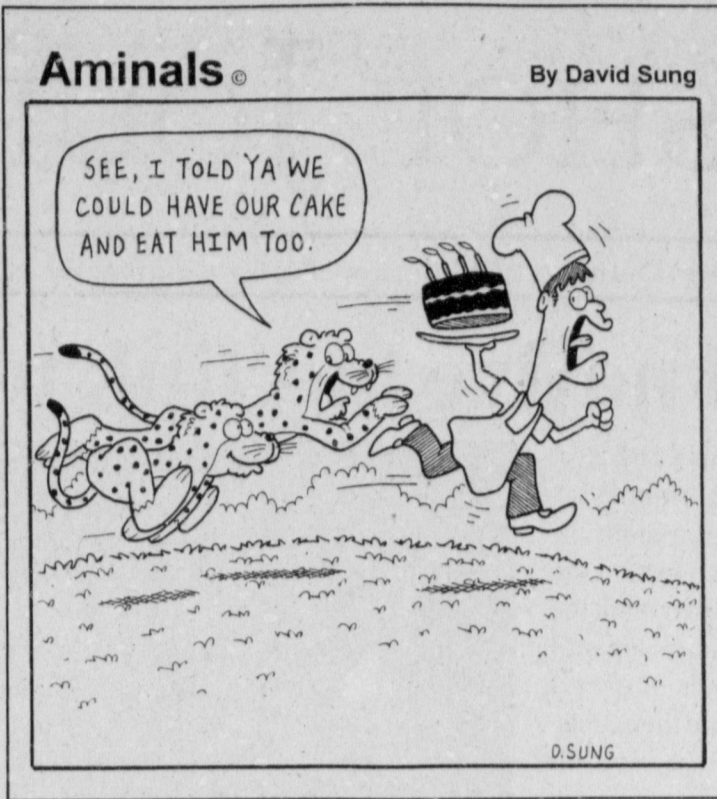
Early in the second quarter, Sara Benham scored a traditional three-point play by making her free throw

after being fouled scoring in the paint. Benham dominated the paint in the second period and scored the final two points of the first half to give the Lady Mules a 51-21 advantage.

"We really played well tonight," Lady Mule coach Shana Simms said. "Except for a short lapse in concentration as the third period got under way, the girls were outstanding tonight. It is always good when everybody scores."

The Lady Mules were called for five fouls in the first two and half minutes of the third period as Trinity scored 11 straight points. Annie Cox broke the scoring drought with a 20-foot jumper to ignite the Lady Mules.

Despite the 11-point head start, the Lady Lions outscored Muleshoe only 23-19 in the third period. Gartin and Rendi Hodge both scored from outside



the arc and Kayla Glover hit Mindy Locker in stride with a half-court pass as the Lady Mules began to rebuild their lead.

Tori Barton and Gartin both made threes in the final frame.

Tiffany Flores notched a three-point play after Locker grabbed a rebound and dribbled beyond the key for a pass to Flores. Flores made the layup despite being hammered in the lane and dropped in the free throw to put the Lady Mules up 78-47 with less than six minutes remaining in the game.

Muleshoe made 14-of-22 free throws and pulled down 26 rebounds in the contest. Gartin led the offense with 21 points and made five three-pointers during the game. Carpenter followed with one three-pointer and 13 points, Benham had 11, Locker and Flores nine each.

Glover also had nine points and went five-of-five from the line, Barton made six points with a three-pointer, Candace Hutto nailed a three and five points, Hodge dropped in a three-pointer and four points, and Cox and Shani Rasco had two apiece.

The Lady Mules were scheduled to play in the Slaton Tournament Dec. 27-29 and wrap up their non-district season Dec. 31 in Denver City.

The Slaton Tournament could set the tone for the rest of the season for the Lady Mules as highly regarded teams from Nazareth, Wall and Levelland are also invited to participate.

## JV girls dunk Trinity Christian

By DELTON WILHITE  
Journal correspondent

The junior varsity Lady Mules closed out the 2001 pre-Christmas portion of their season by taming the Lubbock Trinity Christian Lady Lions 48-24.

The victory gives Muleshoe a 17-2 record before ending 2001 with a rematch in Denver City on Dec. 31.

To date the Lady Mules have placed second in the Nazareth JV Tournament and conquered all comers in their own and the Sun-down JV tournaments. The losses have been to the Nazareth JV in their tournament and the opening game of the year with the Frenship Lady Tigers.

Trinity Christian was not ready to play the jet-fueled Lady Mules, who hit the floor running and gunning. In the first period, Trinity seldom found the offensive end of the floor as the Lady Mules trapped them in the back court, scoring before the Lady Lions knew what happened.

Trinity did not score until only 10 seconds remained in the first period, and the Lady Mules already had 15 points. Muleshoe took a mental break in the second period and allowed the Lady Lions to make the game look respectable by intermission. Muleshoe still led by 22-11.

The third frame opened with Muleshoe's Lindsey Wood finding Mitci Hawkins running on the fast break. The Lady Mule press caused a loose ball that Amber Cowart claimed at mid-court and drove for a layup that gave the Lady Mules a 26-11 advantage.

Wood nailed a three-pointer half way through the period and Tabatha Obenhaus scored in the lane to push the Muleshoe lead to 31-13.

Jamie Carpenter made both free throws after being fouled shooting, and Gradee Adrian put back a rebound for points with defenders hanging on her like laundry on a clothesline.

Hawkins found Carpenter open in the lane to give the Lady Mules a 37-16

margin after three periods of play.

Megan Mason made a free throw with a little more than a minute left in the game and Cowart completed the scoring with two free throws before time expired.

Wood had two threes and was four-of-four from the free-throw line to lead the Lady Mules with 16 points. Adrian had 11 points, Carpenter was six-of-six from the line for eight points, Obenhaus had six, Cowart four, Hawkins two and Mason dropped in one point for the Lady Mules.

The Lady Mules open district play Jan. 4, when the Lubbock Roosevelt Lady Eagles fly into the Muleshoe competition gym.

### TODAY'S RECIPE

- SALMON BAGEL CHIP DIPPERS**  
 1 14-3/4 oz. can or two 7-1/2 oz. cans of salmon, drained and flaked  
 18-oz. container of light cream cheese with chives or onion  
 2 Tbsp. lowfat milk  
 1/2 tsp. dried dill  
 1 6-oz. pkg. garlic or plain bagel chips  
 1 cup (4 oz.) shredded Mozzarella or Monterey Jack cheese  
 1 cup chopped ripe tomato  
 1/2 cup sliced green onions

Combine cream cheese, milk and dill in a small bowl. Stir half a cup of salmon into cheese mixture.

Arrange bagel chips in a layer on two 12-inch microwave-safe dinner or serving plates. Randomly drop cream cheese mixture by teaspoonfuls over chips.

Top with remaining salmon and shredded cheese. Cook (one plate at a time) in a microwave for two to three minutes or until cheese melts. Top with tomato and green onions.

Serve warm or at room temperature. Makes 12.

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Cowboy Up For Christmas!

# Electricity deregulation arrives in Texas on Jan. 1

**SPECIAL TO THE JOURNAL**  
**COLLEGE STATION**  
 — The new year is the traditional time for change, and here's one consumers can look forward to.

Beginning Jan. 1, Texas Electric Choice will give many electricity consumers the option of choosing their own retail electric provider, said Dr. Lynn White, Texas Cooperative Extension family economics specialist.

However, she added, not all consumers will be eligible for this new service — only those now served by investor-owned utilities and city utilities and electric cooperatives that have opted to offer this choice.

Still, for eligible consumers, this new program could be of financial benefit. "The goal of Texas Electric Choice is to eventually lower the price of electricity use," White said.

But what exactly does Electric Choice mean? "Consider the current electric company's lines as the delivery system for electric power," White said.

"The company will continue to maintain these lines and provide electricity to consumers, but in addition ... it will also rent the lines to other power companies competing for business," he said.

The Public Utility Commission of Texas will continue to regulate the delivery of electricity to ensure its safety and reliability.

## State warns of danger from carbon monoxide

**SPECIAL TO THE JOURNAL**  
 As Texans try to keep warm indoors, they may risk carbon monoxide poisoning, often without realizing the dangers, warn officials at the Texas Department of Health.

Invisible, odorless and tasteless, carbon monoxide (CO) is a poisonous gas from burning fuel such as gasoline, natural gas, kerosene, charcoal or wood. Inside a home, CO can come from a gas-fueled furnace, water heater, clothes dryer, space heater, range or kerosene heater, fireplace or wood stove.

At low concentrations, CO causes fatigue in healthy people and chest pain for those with heart disease. At higher concentrations, however, CO inhalations causes impaired vision and coordination, headaches, dizziness, confusion, nausea and death.

Without good ventilation during use of fuel-burning appliances, carbon monoxide levels rise and, when breathed in, replace oxygen in the bloodstream. The more CO in the air and the longer the exposure, the greater the risk.

"With any combustion source, there is a risk," said Kay Soper, Health Department indoor air-quality specialist.

Non-vented gas and kerosene appliances have

the greatest potential to produce dangerous levels of CO in the home, Soper said.

The Health Department offers these precautions to help prevent CO poisoning:

- Be sure all appliances are installed and used according to the manufacturer's instructions.
- Have the heating system inspected annually.
- Have ventilation systems, including chimneys, flues and vents, checked every year.
- Don't burn charcoal inside a house, garage, vehicle, or tent — not even in a fireplace.
- Don't use an un-vented gas or kerosene heater in enclosed spaces, especially sleeping areas.
- Never leave an automobile running in a closed garage or in a garage attached to the house even with the garage door open.
- Don't leave the rear window or tailgate of a vehicle open while driving.

Carbon monoxide from the exhaust can be pulled inside the car, van or camper. One key to safety, Soper said, is to examine the color of a flame. A hot blue flame produces less carbon monoxide and more heat than a flickering yellow flame. A yellow flame in the furnace or stove burner is a signal to have the equipment re-adjusted to get more air to it.

During a contract period, the contracted rate can be adjusted for gas-price changes, but not more than twice a year, she said. "Compare current price with other features, such as emission levels or contract terms."

To determine possible savings, consumers should look at their last year's bills. How much was average use? How much was used during peak months? The website [www.puc.state.tx.us/ocp/electric/rates/](http://www.puc.state.tx.us/ocp/electric/rates/) has information to use when comparing individual average usage with the average residential and/or commercial rates throughout the state.

Some contracts will include fixed prices for service, which means consumers will pay the same price each month. "Fixed prices can be to the consumer's benefit if market costs go up; however, if market costs lower, the set fee will continue," White said. "If the electric company chooses to exercise its right to adjust consumers' rate twice a year to adjust for fuel costs, individual rates may go up or down, depending on the fuel market the company's generation plants use."

Some consumers may be interested in joining a "club" to increase their buying power, White said. "For the first time, consumers will be able to join these clubs to buy power in bulk, getting lower prices or other benefits for members of the group. Electricity-buying groups can be newly formed groups or existing groups, such as a school district or church. As these clubs form, they will be listed on the PUC Web site."

All of these clubs must be registered with the PUC, White said. "If clubs want money up front, they must meet certain financial standards to ensure customer funds are protected."

Most of these clubs form with the idea of saving money, she added. Consumers more interested in other aspects of energy use, such as emissions, should look for clubs with that focus.

And, White advised, consumers need to check out these clubs before joining. "An aggregator reduces costs to the REP by spreading the cost of soliciting proposals, and negotiating and administering the contract for multiple consumers. Check out the club's experience in en-

ergy-contract negotiating and management. "Aggregators must be independent of the REP, with consumers as their main client. They may charge members a fee; if so, the fee must be disclosed up front."

In this economy, consumers have choices, White said. "The challenge is to make an informed decision based on individual needs. Making competition work can result in electric rates being lower than under a regulated system, and should speed the development of new products and services."

## HONORS

Don Lenau of Muleshoe has accepted membership in Golden Key International at Texas Tech University.

Golden Key provides academic recognition, leadership opportunities and community service.

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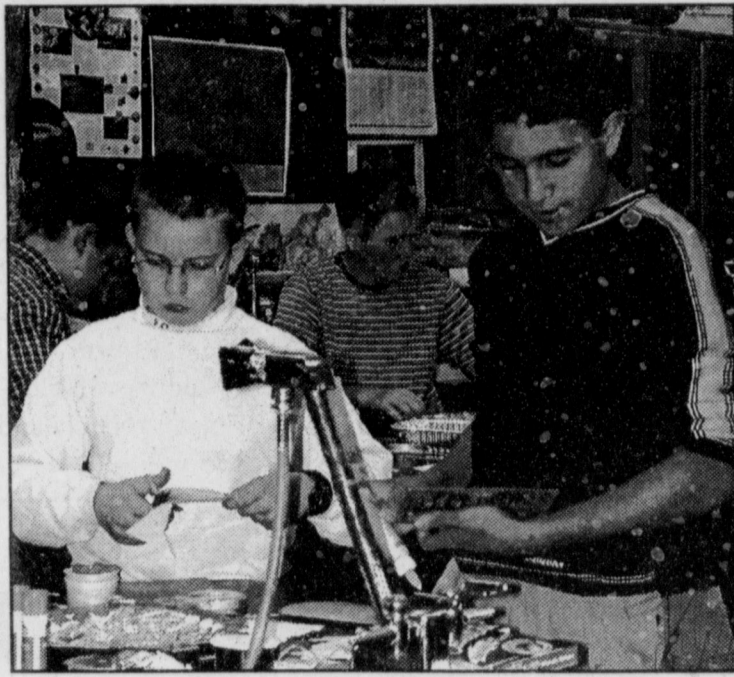
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Journal photo: Beatrice Morin

### Doing a good deed

Cody Black (left) and Ariel Flores join other Watson Junior High eighth-graders earlier this month in making greeting cards for residents of Muleshoe Area Healthcare Center.

## Fish-oil fat promising as a mood stabilizer

SPECIAL TO THE JOURNAL

HOUSTON — A fat that's good for the heart also might be a slave for the brain.

Omega-3 fatty acids, the fish-oil fat long touted for heart health, also might help soothe the manic highs and depressive lows of bipolar disorder.

In a four-month pilot study, researchers at Baylor College of Medicine and Harvard's Brigham and Women's Hospital found that patients who received omega-3 fatty acid supplements in addition to their standard medications were four times less likely to suffer recurrent mood symptoms than those who received a placebo.

"Omega-3 fatty acids appear to complement the action of medications like lithium and valproate without adverse side effects," said Dr. Lauren Marangell, a Baylor associate professor of psychiatry and behavioral science.

"These findings are encouraging because some people with bipolar disorder are only partially responsive to standard medications, while others do not respond at all," Marangell said.

To confirm the pilot study findings, Marangell and the Harvard team have launched an expanded, one-year trial involving 120 patients.

Bipolar disorder is one of the most prevalent of severe psychiatric illnesses, affecting more than 2.5 million adult Americans during their lifetime. Individuals with the disorder suffer cycles of deep depression and euphoria that might or might not be broken by periods of normalcy. Episodes typically last weeks or months.

"These extreme mood swings are very disruptive to work and relationships," Marangell said.

During depressive episodes, individuals with bipolar disorder typically experience decreased interest in life activities and disturbances in sleep, appetite, concentration, and energy. Euphoric or manic episodes, on the other hand, are characterized by great happiness or irritability, racing thoughts, impulsive behaviors like spending sprees, grandiose ideas, and a decreased need for sleep. In severe cases, delusion and

hallucinations can occur.

Marangell also plans to study the effectiveness of omega-3 fatty acids in women with bipolar disorder who want to stop taking their medications in order to become pregnant. Lithium and other drugs commonly prescribed for bipolar disorder increase the risk for birth defects. But omega-3 fatty acids, which are a natural part of our diet, will not harm a developing fetus.

Although research results regarding the benefits of omega-3 fatty acids are promising, Marangell remains cautious. She does not recommend that individuals with bipolar disorder take omega-3 fatty acids instead of their prescription medications.

"It's important that our hopes don't get ahead of our medical knowledge," she said.

# Lady Mules tame Lady Wildcats 63-51

By DELTON WILHITE  
Journal sportswriter

The Lady Mules extended their season record to 13-2 with a 63-51 taming of the Lady Wildcats of Amarillo River Road in Muleshoe on Dec. 18.

"I thought it was our best effort of the year from tip to buzzer but we could not buy a three-pointer tonight," Lady Mule coach Shana Simms said. "Our big girls came to play."

The Lady 'Cats had eliminated Muleshoe from the state playoffs last year, and the Lady Mules wanted to even the score. After taking an early lead, Muleshoe seemed to lose some of its focus and allowed the Lady 'Cats to claw their way back into the game.

Shani Rasco put back her own rebound at the end of the first period to give the Lady Mules an 11-10 lead. Muleshoe had jumped in front 9-3 in the first five min-

utes of play, but the Lady 'Cats poured in seven points in the final minutes.

River Road never led but at the four-minute mark of the second frame, the Lady 'Cats knotted the score at 18-18. Britni Gartin was fouled driving the lane and dropped in a free throw to put the Lady Mules on top for good.

Tori Barton found Gartin streaking downcourt and got her the ball to complete a fast break to put a little space between Muleshoe and River Road.

Mindy Locker blocked a Lady Wildcat's shot and got the ball to Gartin. Gartin was fouled attempting to finish the fast break and made a free throw to put the Lady Mules up 22-18.

Rasco finished the half by dropping in one from the charity stripe to give Muleshoe a 27-22 pad.

The Lady Mules never looked back in the second

half, continuing to build on their lead. Barton sank the Lady Mules' only three of the night a little more than five minutes into the third period.

Sara Benham made back-to-back buckets to give Muleshoe its largest lead of the night, 45-30, with 2:27 remaining in the third quarter. River Road pulled to within 10 points with four minutes left in the contest.

The teams exchanged baskets until the Lady Mules went to the four-corner offense to take some time off the clock. Jessica Carpenter beat her defender off the

dribble and drove the lane. Rasco put back a rebound with 11 seconds left in the game to end the Lady Mule scoring.

Rasco led the Lady Mules with 18 points, Gartin following with 13 and Benham adding 11. Carpenter scored six points, Barton five, Annic Cox added four and Candace Hutto, Kayla Glover and Locker made two each.

The Lady Mules scored 30 points off the bench to 0 for the Lady Wildcats. Muleshoe does not substitute as most teams do; they just reload with fresh legs and more energy.

## OBITUARY

### J.W. WITHERSPOON

Services were held Monday at Calvary Baptist Church of Lubbock for J.W. "Wilson" Witherspoon, 93, of Lubbock. The Rev. Christ Sutton officiated, assisted by the Rev. Glen Harlin.

Burial was in Resthaven Memorial Park. Resthaven Funeral Home of Lubbock handled arrangements.

Mr. Witherspoon was born Oct. 14, 1908, in Eldorado, Okla. He died Friday at Covenant Medical Center in Lubbock.

He married Lois Harvey on July 12, 1941, in Clovis. He had been a resident of

Lubbock since July 12, 1988, when he moved there from Muleshoe.

He operated an irrigated farming operation in Bailey County for most of his life, and had served on the board of directors of Needmore Gin.

Mr. Witherspoon is survived by his wife; two brothers, Losey Witherspoon of Scottsdale, Ariz., and Burl Witherspoon of Fairless Hills, Pa.; and a sister, Alma Alexander of Hollis, Okla.

The family suggests memorials to the Calvary Baptist Church Building Fund (5301 82nd St., Lubbock 79424).

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# JOURNAL INFO...News You Can Use

## EDITORIAL INFORMATION

(1) In order to help accommodate our readers, we urge everyone to keep in mind that the newspaper is put together on Tuesday and Friday. To increase the probability that your information will be placed in your preferred edition, the earlier that stories, information about meetings or any editorial subject is brought to the Journal office the better!

(2) Deadlines for "Around Muleshoe" and "Around the Area" — Monday at 5 pm (Thurs. edition) and Thursday at 5 pm (Sun. edition).

(3) The following represents a list of information that appears FREE in the Journal:

- Weddings • Engagements • Bridal Showers • Baby Showers
- Birth Announcements • First & 90+ Birthdays
- 50th+ Anniversaries

(forms are available at the Journal office, 304 W. 2nd, for weddings, engagements, bridal and baby showers)

(4) Pictures run in the Journal are scanned. In some cases, original prints of photos can be made. However, due to developing supply costs, there will be a charge for these prints. (Some exceptions apply.)

## ADVERTISING INFORMATION Effective Aug. 1, 2001

(1) Display ads are located throughout the newspaper. Ad costs are based on the number of column inches that the ad occupies. The Journal's open rate is \$3.75/col. inch. Discounts are available under certain conditions. Borders and artwork are added at no extra cost!

(2) DEADLINES FOR DISPLAY ADVERTISING are Tuesday at Noon (Thurs. edition) and Friday at Noon (Sun. edition). If you are a business or individual in need of placing a DISPLAY AD or you have questions about display advertising, call Leah at 272-4536.

(1) Classified ads are located on the NEXT TO LAST PAGE OF THE NEWSPAPER. These ads include (but are not limited to) FOR SALE, LEGAL NOTICES, HELP WANTED, GARAGE OR ESTATE SALES, VEHICLES, FOR RENT, REAL ESTATE, ETC...

(2) Ad cost is based on the number of words within the ad or the type of classified ad that is desired. Contact Beatrice at 272-4536 for more info.

We appreciate the Muleshoe community! We also encourage Muleshoe and surrounding area residents to submit story ideas.  
**WE WANT TO BE YOUR LOCAL NEWS SOURCE AND YOU CAN HELP!!**

<b>READER ADS:</b>	15 and under words \$4.80 (first run)
	15 and under words \$4.35 (each time thereafter)
	16+ words .32¢/word (first run)
	16+ words .27¢/word (each time thereafter)

**DISPLAY CLASSIFIED:** Charged by column size of ad. This type of ad will appear in the classified section, but will have a surrounding border. This classified ad is "dressed up." Cost is \$3.71 per inch.

**MULESHOE AND BAILEY COUNTY JOURNAL**  
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The Journal is printed 52 weeks a year — 2 issues per week!

RATES	
Carrier.....	\$22/year
Mailed In Bailey County.....	\$24/year
Mailed Outside Bailey County.....	\$26/year
College Student Rate.....	\$22/year

**CARRIERS: BOBBY AND MELISSA FLORES**  
For carrier route customers: If you miss the paper, call the Journal during office hours at 272-4536. We'll gladly bring you a paper. Evenings and weekends, contact Bobby or Melissa at 272-6719.

Carrier Route Customers

SAVE THIS NUMBER FOR FUTURE REFERENCE SHOULD YOU MISS YOUR PAPER!!!!

Bobby & Melissa Flores

272-6719

(Evenings and Weekends Only)

# Cattle numbers up slightly from a year ago

**SPECIAL TO THE JOURNAL AUSTIN** — Cattle and calves on feed for the slaughter market in Texas feedlots with a capacity of 1,000 head or more totalled 2.99 million head on Dec. 1, up 1 percent from a year ago.

According to the monthly report released by the Texas Agricultural Statistics Service, the estimate was down

3 percent from the Nov. 1 level. Producers placed 430,000 head in commercial feedlots during November, down 2 percent from a year ago and down 37 percent from the October 2001 total.

Texas commercial feeders marketed 500,000 head during November, a 4 percent increase from a year

ago but a 12 percent decrease from the October 2001 total.

As of Dec. 1, there were 2.46 million head of cattle and calves on feed in the northern High Plains, 82 percent of the state's total.

The number on feed across that area was up 2 percent from last year but down 3 percent from the November total.

November placements in the northern High Plains totaled 350,000 head, down 39 percent from the October total. Marketings were down 16 percent from last month to 404,000 head.

Cattle and calves on feed for slaughter in the whole United States (feedlots with a capacity of 1,000 head or more) totaled 11.9 million head on Dec. 1, slightly

down from the same date last year.

Placements in feedlots during November totaled 1.91 million head, 5 percent below November of last year.

Feeders in the seven states historically reported monthly from feedlots of more than 1,000 head reported 10.2 million head on feed as of Dec. 1,

down slightly from last year but 2 percent above Dec. 1, 1999.

November placements in those states totaled 1.58 million head, 6 percent below last year and 13 percent below the year before.

Marketings during November, at 1.54 million head, were down 2 percent from last year but up 1 percent from the year before.

# Texas hens laid 390 million eggs in November

**SPECIAL TO THE JOURNAL AUSTIN** — November egg production in Texas totaled 390 million eggs, up 2 percent from last year and up 1 percent from October 2001, according to the Texas Agricultural Statistics Service.

The number of laying hens during November averaged 18.4 million, up slightly from last year and up 1 percent from October of this year.

Egg production per 100 layers averaged 2,114 eggs,

up 2 percent from last year and also up slightly from the previous month.

Texas hatchery production of broiler-type chicks totaled 48.5 million in November, up 1 percent from the same time last year.

U.S. egg production totaled 7.17 billion eggs during November, up 2 percent from a year previously. Production totaled 6.14 billion table eggs, 977 broiler-type hatching eggs and 60 million egg-type hatching eggs.

Nationally, the total num-

ber of laying hens averaged 337 million during November, up 2 percent from a year ago.

Production per 100 layers nationally averaged 2,128 eggs, slightly above the 2,125 produced in November a year ago.

Laying flocks in the 30 major egg-production states produced 6.73 billion eggs during November. The number of layers during the month averaged 316 million.

The U.S. monthly hatch

of egg-type chicks totaled 31.6 million, down 2 percent from the same month a year ago.

The hatch of broiler-type

chicks, at 696 million, was up 3 percent from November of last year.

The leading U.S. breeders placed 7.26 million

broiler-type pullet chicks for future domestic hatchery-supply flocks during November, up 2 percent from the previous year.

## New approach keeps diabetic children out of ER

**SPECIAL TO THE JOURNAL HOUSTON**—Teaching parents about a new technique called mini-dose glucagon rescue is helping parents keep their diabetic kids out of the emergency room, according to researchers at Baylor College of Medi-

cine in Houston. "Insulin and diet keep blood-sugar levels of kids with insulin-dependent diabetes under control. However, when a child does not eat, problems with hypoglycemia, or low blood sugar, can develop," said Dr.

Morey Haymond, a Baylor professor of pediatrics. Parents then usually visit the emergency room. The mini-dose glucagon rescue technique uses a diluted solution of glucagons that is given like insulin and does not cause nausea.

# South Texas spinach crop yield above-average

**SPECIAL TO THE JOURNAL COLLEGE STATION** — Popeye would be proud. Above-average yields are expected for this year's spinach crop due to favorable weather, Texas Cooperative Extension reports.

"Last year, a lot of mid-winter rain caused high incidence of disease problems," said Joe Peña, Extension economist-management in Uvalde.

"This year rain came early just when the crop was forming and it gave it a good boost," he added.

Usually planted in late winter, spinach is a winter crop. It favors weather conditions that are dry and sunny during the day and mild and cool during the night.

The Texas Winter Garden, which includes the counties of Uvalde, Zavala, Frio and Medina, produces most of the spinach in the state.

Planting started in September in order to have a steady supply all the way through March and April, Peña said. Harvest started in mid-October.

"Spinach is in very good shape. It is the prime time for harvest," he said.

By the time the season is over, 5,700 acres will have been planted, of which 3,500 acres are used in processing, and 2,200 acres are sold fresh.

He said the spinach has below-average disease problems due to the dry weather in the area. If mild

temperatures and high humidity prevail, disease problems will arise.

Some diseases common to spinach are blue mold and white rust. White rust is the primary fungal disease, said Dr. Frank Daniello, Extension horticulturist in College Station.

For the fresh market, white rust makes spinach non-marketable because of rusty white spots on the leaves, and it cannot be cooked for processing.

"Some white rust is beginning to show, but it is still not a serious problem at this time," he said.

White rust is weather-related, Daniello said. If rainy, damp and warm weather conditions continue, serious problems can be ex-

pected. Daniello said rain also prevents getting into the field to harvest.

"Producers don't like to harvest spinach in wet conditions because they stack it up for long periods of time, and it warms up inside causing diseases to form inside," he said.

Peña said Del Monte has a freezer plant in the Winter

Garden because of the spinach.

For the last couple of years about 35 farmers produced the necessary spinach for the 50 million pounds Del Monte packs annually, he said. Agra Foods packs an additional 25 to 30 million pounds per year.

The \$20 million spinach industry is a great contrib-

uting factor to the economy of the Winter Garden region.

"If you buy a pack of Del Monte spinach in Canada, it was canned in the Winter Garden," Peña said. "If you buy spinach at a supermarket in the state, there is a 90 percent chance that it was produced at the Winter Garden region, and it's very good quality."

## JUST FOR FUN

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**Clues ACROSS**

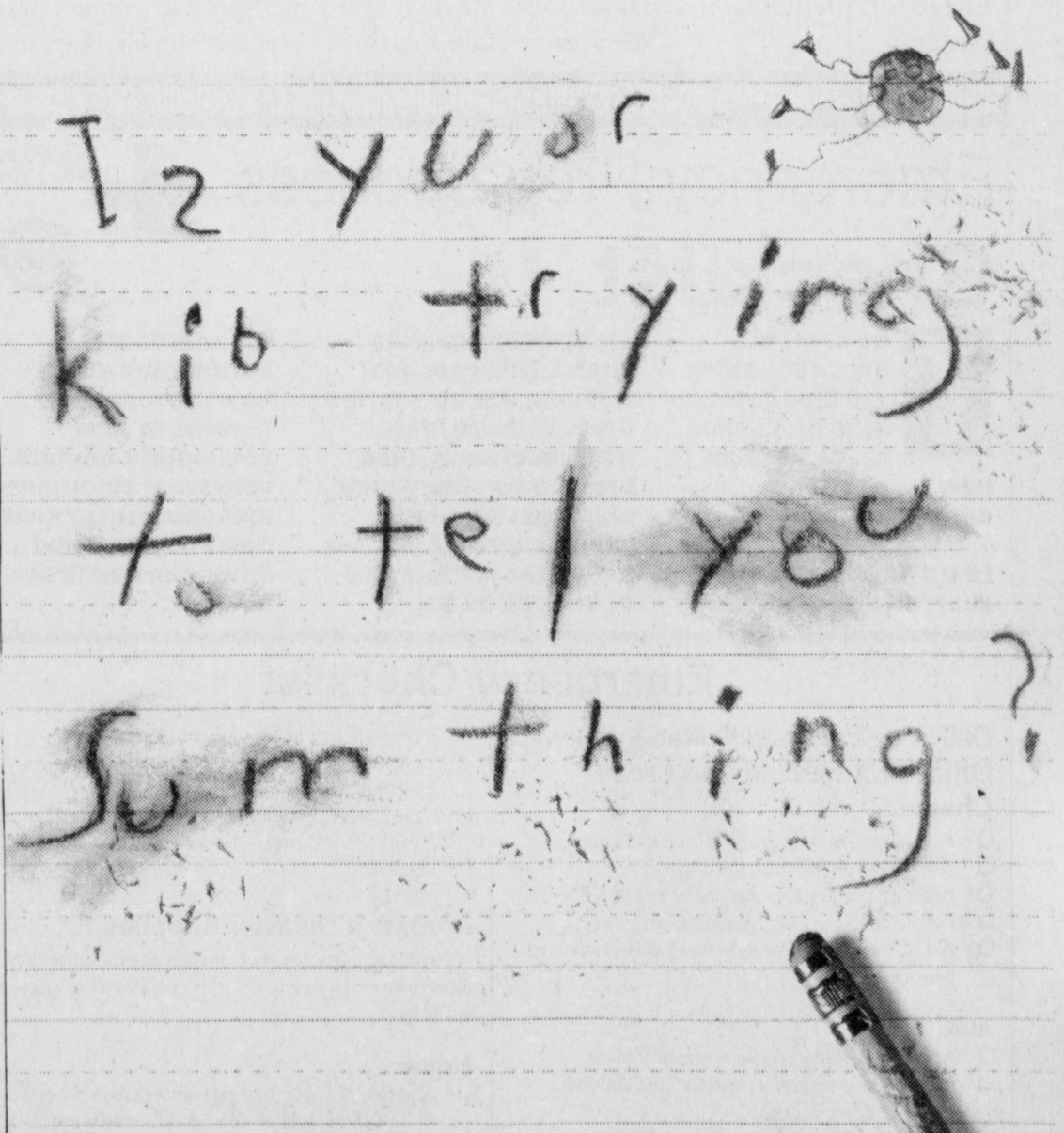
- Card game
- The official symbols of a family, state, etc.
- Small crude dwelling
- Gallery, London
- Stretched tight
- Squash bug genus
- Native Australians
- At some prior time
- Kind of spread or dressing
- Prosperous
- Condemnation
- Christmas
- Many subconsciouses
- Hitler
- Hafez al-Syrian president
- Cover
- Fire or rummage
- Famed fiction duo
- One
- The content of cognition

**Clues DOWN**

- Nguni people of S. Africa
- Characteristic routine
- Confederate soldier
- Gumbo ingredient
- Try to stir up public opinion
- Flourderer
- Forearm bones
- A way to signal
- Beginning to end, abbr.
- Presents
- Outfit
- Ardor
- Alert
- Monetary unit of Western Samoa
- Paris airport
- A plane figure with 5 or more points
- Shish
- Type of island
- Flux density unit
- Repented

**Crossword Answers**

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# Tips help protect families against winter illnesses

**SPECIAL TO THE JOURNAL COLLEGE STATION** — For the past few months, the national news has been full of stories about anthrax, a frightening disease associated mostly with livestock and wildlife, that someone has been attempting to spread to the human population through the mail.

"Everybody is concerned because we heard so much information about anthrax," said Dr. Carol Rice, Texas Cooperative Extension health specialist. "But what needs to be more considered is flu (and other illnesses common in winter). We're going into flu season now."

She pointed out that while the numbers of

people infected with anthrax is small, thousands come down with colds, sniffles and flu every year. And while colds and sniffles are usually minor, flu can be deadly.

"We really need to be concerned about flu at this time of year — we should protect ourselves (from illness) during the holiday season," Rice said.

When families and friends travel for long distances to be together during the holiday season, they bring their germs with them, she added, and if they share those germs with others who are in close proximity, "then everybody gets sick."

Don't think staying home alone and refusing to socialize is the only pro-

tection against germs this holiday season. Rice suggested some much less drastic steps that can be taken to protect against germs and communicable illnesses, including colds, flu and other common seasonal ailments:

- First and foremost, she advised: "Wash your hands. That's a key thing because it will keep you from sharing germs." In fact, she said, for prevention of all kinds of infectious diseases, "hand-washing is the No. 1 issue."

- Washing hands will drastically reduce the numbers of germs shared by individuals, she said.

- Make sure to have a ready supply of paper tissues to catch those sneezes

and coughs, and then be thrown away. Rice said cloth handkerchiefs do not provide the same safety that paper tissues do because handkerchiefs are kept close at hand after being used — which can spread germs and illness.

Besides, a ready supply of paper tissues can help prevent children from wiping their noses on their sleeves, Rice added, which is another way germs get passed around.

And children often have germs to pass around. Rice quoted a pediatrician who once told her: "The only people who get sick more often than toddlers are their mothers."

That's why teachers, child day-care workers and others who spend

large amounts of time with small children are among those recommended to get flu shots first.

Flu shots can help anyone stay healthy, but they are especially recommended for those older than 65, people with such conditions as diabetes, heart disease or other chronic illnesses, she said.

Another way to protect against disease is to keep the immune system functioning at its best, Rice said. "Remember, our bodies have very powerful immune systems to protect us from infections. Unfortunately, we do many things to keep that system from working to its greatest level of effectiveness."

To stay as healthy as

possible, Rice advised:

- Don't smoke or use other tobacco products;
  - If you must smoke, don't do it around others — especially children;
  - Exercise for at least 30 minutes, five times a week;
  - Eat at least five servings of fruits and vegetables each day;
  - Get a full eight hours sleep each night;
  - Don't drink more than two alcoholic drinks per day;
  - Control stress;
  - Stay current on immunizations. As Rice pointed out: "You are far more likely to catch the flu than anthrax."
- And finish the holiday season on a safe and healthy note.

# Gene therapy follows path of computer-chip technology

**SPECIAL TO THE JOURNAL HOUSTON** — Scientists are improving gene-therapy techniques in the manner that computer researchers gradually added more power in computer-chip technology.

This avant garde area of treatment has brought the worlds of basic science studies and patient care closer than perhaps any other medical advance.

"Our current gene-therapy studies are the next stage of what has been a process of discovery," said Dr. Brian Butler, an associate professor of radiology at Baylor College of Medicine in Houston.

"Just like computer chips went from the 286 to 386 to Pentium and Pentium II models, we are continuously seeing 'upgrades' in gene therapy," he said.

Butler and his team are testing a new approach that combines standard radiotherapy with gene therapy in treating prostate cancer.

Using the common cold virus, adenovirus, as a vector to carry the genetic treatment to the cells, Butler has been able to show that this combination approach adds no more toxicity for patients in early studies.

Such cutting-edge medical advances are no longer years away from the bed-

side. Dr. John Wilson, a biochemist at Baylor who studies genomic solutions to the devastating and potentially blinding disorder *retinitis pigmentosa*, says his team's goal is to slow down the disease's progression. There is no known treatment.

Wilson is looking at developing short DNA sequences known as oligonucleotides that can be used to alter defective genetic material in *retinitis pigmentosa* patients.

Both basic scientists and physicians have common goals when it comes to this new genetic frontier: to replace or repair defectives

genes. Baylor scientists are exploring genetic solutions to

an array of diseases including cancers of the breast, prostate, brain and pancreas,

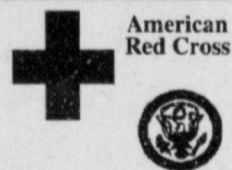
in addition to diverse disorders in major organs of the body.

## HONOR ROLL

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|--|---|---|
| <p><b>THREE WAY</b><br/> <b>Second Six Weeks</b><br/> <b>"A" Honor Roll</b><br/> <b>Second Grade</b> — Jennifer García, Landon Price and Johanna Yordy.<br/> <b>Fourth Grade</b> — Angelica Salamanca.<br/> <b>Fifth Grade</b> — Kyle Yordy.<br/> <b>Sixth Grade</b> — Tiffany Davis.<br/> <b>Eleventh Grade</b> — Rhett Richardson.</p> | <p><b>Twelfth Grade</b> — Anthony Furgeson, Jordan Gray, Kara Heinrich, Amanda Kingsley, Ivan Navarro and Robert Rodríguez.<br/> <b>"B" Honor Roll</b><br/> <b>First Grade</b> — Andrew Branham.<br/> <b>Fourth Grade</b> — Clancy Kingsley, Roberto Martha, Pricilla Pérez, Justin Perry and Monica Rubalcava.</p> | <p><b>Fifth Grade</b> — Brittany Cuellar.<br/> <b>Eighth Grade</b> — Amanda Branham and Naomi Salinas.<br/> <b>Ninth Grade</b> — Rigo Rodríguez.<br/> <b>Tenth Grade</b> — Landon Gray.<br/> <b>Eleventh Grade</b> — Julie Salamanca.<br/> <b>Twelfth Grade</b> — Joal Armendariz and Chase Cannon.</p> |
|--|---|---|

**TORNADO • FLASH FLOOD • EARTHQUAKE • WINTER STORM • HURRICANE • FIRE • HAZARDOUS MATERIALS SPILL**

## Emergency Preparedness Checklist



**The next time disaster strikes, you may not have much time to act. Prepare now for a sudden emergency.**

**Learn how to protect yourself and cope with**

**disaster by planning ahead. This checklist will help you get started. Discuss these ideas with your family, then prepare an emergency plan. Post the plan where everyone will see it—on the refrigerator or bulletin board.**

**For additional information about how to prepare for hazards in your community, contact your local emergency management or civil defense office and American Red Cross chapter.**

### Emergency Checklist

#### Call Your Emergency Management Office or American Red Cross Chapter

- Find out which disasters could occur in your area.
- Ask how to prepare for each disaster.
- Ask how you would be warned of an emergency.
- Learn your community's evacuation routes.
- Ask about special assistance for elderly or disabled persons.

#### Also....

- Ask your workplace about emergency plans.
- Learn about emergency plans for your children's school or day care center.

#### Create an Emergency Plan

- Meet with household members. Discuss with children the dangers of fire, severe weather, earthquakes and other emergencies.
- Discuss how to respond to each disaster that could occur.
- Discuss what to do about power outages and personal injuries.
- Draw a floor plan of your home. Mark two escape routes from each room.
- Learn how to turn off the water, gas and electricity at main switches.
- Post emergency telephone numbers near telephones.
- Teach children how and when to call 911, police and fire.
- Instruct household members to turn on the radio for emergency information.
- Pick one out-of-state and one local friend or relative for family members to call if separated by disaster (it is often easier to call out-of-state than within the affected area).
- Teach children how to make long distance telephone calls.
- Pick two meeting places.

- 1) A place near your home in case of a fire.
  - 2) A place outside your neighborhood in case you cannot return home after a disaster.
- Take a basic first aid and CPR class.
  - Keep family records in a water and fire-proof container.

#### Prepare a Disaster Supplies Kit

Assemble supplies you might need in an evacuation. Store them in an easy-to-carry container such as a backpack or duffle bag.

#### Include:

- A supply of water (one gallon per person per day). Store water in sealed, unbreakable containers. Identify the storage date and replace every six months.
- A supply of non-perishable packaged or canned food and a non-electric can opener.
- A change of clothing, rain gear and sturdy shoes.
- Blankets or sleeping bags.
- A first aid kit and prescription medications.
- An extra pair of glasses.
- A battery-powered radio, flashlight and plenty of extra batteries.
- Credit cards and cash.
- An extra set of car keys.
- A list of family physicians.
- A list of important family information; the style and serial number of medical devices such as pacemakers.
- Special items for infants, elderly or disabled family members.

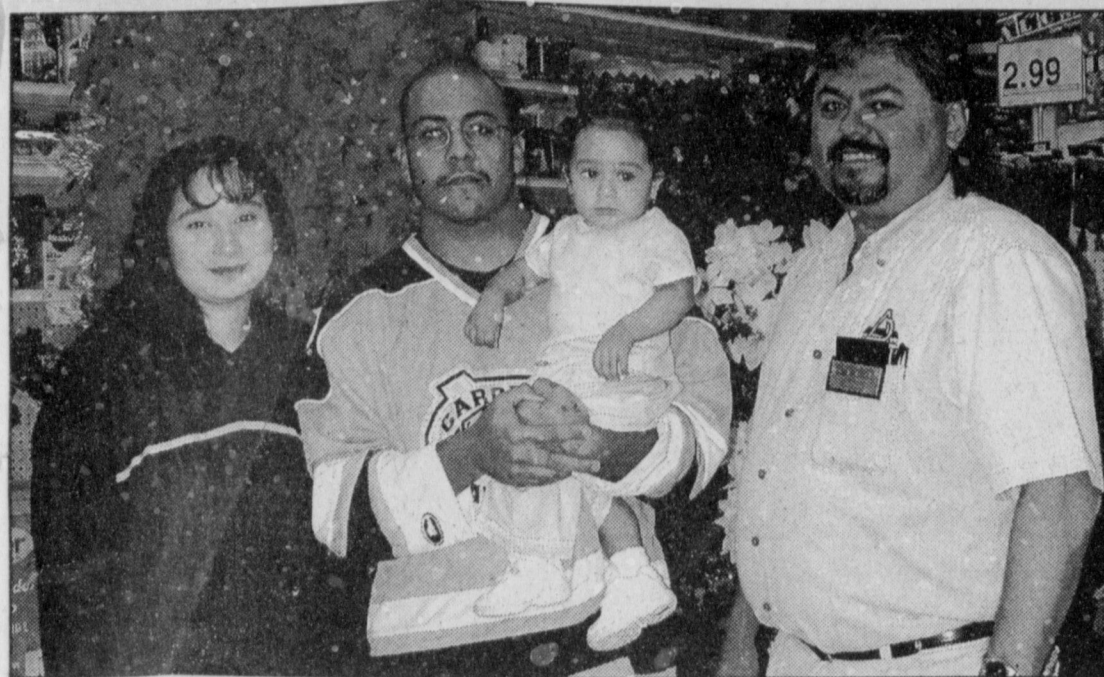
**Brought to you by**  
**BAILEY COUNTY RED CROSS STEERING COMMITTEE MEMBERS:**  
 Noe Anzaldúa, Lt. Otis Carpenter, Janet Claborn, Donna Kirk and Robert Montgomery  
**AND MULESHOE JOURNAL STAFF MEMBERS:**  
 Scot Stimmitt, Lisa Stimmitt, Romm Staff, Leah Bell, Beatrice Morin and Yolanda Martinez

This bracelet was a gift Amber Apodaca received from the center where she helped teens with drug and alcohol problems. She was wearing it when an underage drunk driver took her life.

**Friends Don't Let Friends Drive Drunk.**



Photo by Michael Mazzone



Journal photo: Beatrice Morin

**Little cutie**

Nine-month-old Felicity Rodríguez, winner of the Alco store's cutest baby contest, poses with her parents, Jenny and Robert Rodríguez of Muleshoe, and store manager Rudy Pérez. Felicity won a \$25 gift certificate.

**TODAY'S RECIPES**

**SWEET 'N' SPICY STEAK**

- 1 cup prepared chunky salsa
- 1/2 cup catsup
- 1/4 cup packed brown sugar
- 1 Tbsp. Dijon mustard
- 4 well-trimmed boneless beef

chuck blade steaks, cut 1 inch thick

Combine salsa, catsup, brown sugar and mustard. Slice steaks into thin slices and stir-fry in a skillet coated with non-stick vegetable cooking spray or a tablespoon of vegetable oil. When meat is lightly browned, add salsa mixture and simmer 10 minutes until thick and hot. Serve over cooked noodles or rice. Makes four servings.

**PEANUTTY GARLIC CHEESE APPETIZERS**

- 4 oz. garlic-flavored Boursin or cream cheese
- 1/2 cup peanuts, finely chopped
- Salt and pepper
- Assortment of crackers, including wheat and rye

- Leaf lettuce
- 2 Roma tomatoes, thinly sliced
- 1 Roma tomato, chopped

Fresh thyme  
In a small bowl, thoroughly blend cheese and peanuts. Season to taste.

To assemble, top each cracker with lettuce and a slice of tomato. Spoon peanut-cheese spread over tomato slice. Garnish with chopped tomato and a sprig of fresh thyme.

Note: Rye bread or French baguettes can be substituted for the crackers. Cut rye bread into 2-inch slices; slice French bread diagonally into half-inch slices. Brush each side with peanut oil and toast both sides until lightly browned.

**BEST OATMEAL COOKIES**

- 1 cup (packed) brown sugar
- 1 cup sugar
- 3/4 cup (1 1/2 sticks) light or regular margarine
- 1/4 cup vegetable shortening
- 2 eggs or 1/2 cup chole-

- sterol-free egg product
- 3 Tbsp. milk
- 2 tsp. vanilla extract
- 2/3 cups old-fashioned oats

- 2 cups all-purpose flour
- 1 tsp. baking powder
- 1 tsp. baking soda
- 1 tsp. salt
- 2 cups dried cranberries or butterscotch chips (optional)

1 cup chopped pecans (optional)  
Beat sugars, margarine and shortening until creamy. Add eggs or egg product, milk and vanilla; mix well. In a separate bowl, combine oats, flour, baking powder, baking soda and salt.

Add to margarine mixture and mix well. Stir in cranberries and pecans. Chill dough for an hour. Preheat oven to 350 degrees F.

Drop dough by rounded teaspoons onto ungreased cookie sheet. Bake 10 to 12 minutes. Let stand for five minutes before removing to racks to cool. Makes five dozen.

**'CREATIVE LIVING'**

Information on honey, redwork embroidery and side dishes will be featured on "Creative Living" a t1 p.m. Jan. 1 and 3 p.m. Jan. 5. (All times are Central.)

"Creative Living" airs on public broadcasting station KENW-FM from Eastern New Mexico University in Portales.

Gretchen Frederick, a spokesperson for the National Honey Board in Longmont, Colo., will demonstrate how just a squeeze of honey can transform many dishes into something special.

Sue Hausmann of Viking Sewing Machine in Westlake, Ohio, will demonstrate a sewing technique called "redwork" or what some call turkeywork or pennysquare embroidery.

Janel Franklin of Jan-Su Publications in Tahoka will demonstrate a new slant to side dishes. She will show several "old-time favorite" side dishes can be given a unique twist.

Information on pecans and instant architecture will be featured at 10:30 p.m. Jan. 1 and 1 p.m. Jan. 3.

Ann Cox of Murfreesboro, Tenn., a food communications specialist with the Western Pecan Growers Association, will demonstrate breakfast recipes using pecans.

Bruce Johnson of Asheville, N.C., a representative of Minwax, will show a variety of wood moldings that can be used to add visual interest, character and historical accuracy to a room.

"Creative Living" is

produced and hosted by Sheryl Borden of Portales.

The show is carried on more than 100 PBS stations in the United States, Canada, Guam and Puerto Rico, and is distributed by Westlink of Albuquerque.

Viewers can request

copies of materials offered on the show by sending a first-class stamp for each handout requested, along with name, address and booklets requested, to "Creative Living" Requests, c/o KENW-TV, 52 Broadcast Center, Portales 88130.

## YOUR ELECTED Officials

**U.S. SENATOR KAY BAILEY HUTCHISON**  
 (R-Dallas)  
 703 Hart Building, Washington, DC, 20510-4301—(202) 224-5922

**U.S. SENATOR PHIL GRAMM**  
 (R-College Station)  
 370 Russell Building, Washington, DC., 20510—(202) 224-2934  
 Lubbock Office: Federal Building, Suite 113,  
 1205 Texas Ave., Lubbock, TX 79401—(806) 743-7533

**U.S. REPRESENTATIVE LARRY COMBEST**  
 (R-Lubbock) 19th Congressional District  
 1026 Longworth Building, Washington, D.C. 20515  
 (202) 225-4005  
 Lubbock Office: Federal Building, Suite 810,  
 1205 Texas Ave., Lubbock, TX 79401—(806) 763-1611

**STATE REPRESENTATIVE PETE LANEY**  
 (D-Hale Center) Legislative Dist. 85  
 1400 N. Congress Ave., Austin, TX 78701—(512) 463-1000

**STATE SENATOR TEEL BIVINS (R-AMARILLO)**  
 Senatorial Dist. 31  
 203 W. 8th Street, Suite 301, Amarillo, TX 79101  
 (806) 374-8994

**BAILEY COUNTY COMMISSIONERS COURT**  
 300 S. First Street • 272-3307  
 Precinct 1: Jack Dunham    Precinct 2: C.E. Grant  
 Precinct 3: Joey Kindle    Precinct 4: Jerry Damron

**MULESHOE CITY COUNCIL**  
 215 S. First Street • 272-4528  
 City Manager: David Brunson    Mayor: Victor Leal  
 Council members: Cliff Black, Juan Chavez,  
 Jerry Hicks, Sharon Grant

**MULESHOE AREA HOSPITAL DISTRICT**  
 708 S. First Street • 272-4524  
 Hospital Administrator: Jim Bone  
 President: Buck Campbell    Vice President: Mike Miller  
 Secretary: Arline Phelps  
 Board Members: L.T. Johnson, Paul Wilbanks

**MULESHOE INDEPENDENT SCHOOL DISTRICT**  
 514 W. Ave. G • 272-7404  
 Superintendent: Gene Sheets    President: Nick Bamert  
 Vice President: Curtis Shelburne  
 Board Members: Sergio Leal, Arnold Price, Bruce Barrett,  
 David Tipps, Cindy Purdy

**Brought to you by the Muleshoe Journal**  
 We urge you to get involved in your local government.

# Journal Classifieds

## STOP & SHOP

Deadlines are 5 p.m. Monday and Thursday

Call 272-4536

December 27, 2001

**LEGAL**

South Plains Community Action Association  
 Request for Proposal  
**Auto Maintenance and Repair Service**  
 Auto Maintenance and Repair Services are being procured for agency vehicles. Interested parties will:  
 • Provide pricing/cost for services for Non-Governmental, Governmental  
 • Possess a thorough knowledge and understanding on variety of vehicles  
 • Have capacity to perform an analysis of repair needs  
 • Describe the customary warranty on parts and labor services  
 • Provide list of certified technicians or qualifications  
 • Indicate towing capabilities or have access to towing services  
 • All other required information addressed in the RFP  
 If interested, request an Auto Maintenance and Repair Proposal Packet from SPCAA, 894-6104 or drop by and pick one up at 411 Austin Street, Levelland, TX.

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 806-272-4536

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 Call Pat Prater  
 806-272-6815

**FOR SALE**  
 1988 Pontiac Bonneville 79,000 miles. Very good condition! \$3100  
 806-272-3581

For Sale - 92 Pontiac Gran Prix Good Motor. New Tires. Asking \$2000 OBO. Call Yolanda 806-272-4536

**EARLY DEADLINES FOR CLASSIFIEDS**  
 Thur., Dec. 27 5 pm for Sunday, Dec. 30 issue.  
 Fri., Dec. 28 5 pm for Thursday Jan. 3 issue.

**REAL ESTATE**

For Sale By Owner 3-1-1 House, Central Heat/Air, Fenced, Storage Bldg., Corner Lot. 1021 W. 3rd Street. Make Offer. 965-2864 or 965-2787

2001

**Best New Years Wishes**

May the coming year bring you all the best and find you enjoying good health and happiness!

**REAL ESTATE**

## Nieman Realty

116 E. Ave. C • George Nieman, Broker • 272-5285 or 272-5286

**RICHLAND HILLS - PARK RIDGE AREA**

- NICE 3-3-1 Brick, Cent. heat, evap. air, built-ins, fans, 2000+ lv. area, fenced yd., patio, stor. bldg.!! \$57.5K! RH-1
- NICE LOTS AVAILABLE, CALL FOR DETAILS!!!!

**HIGHLAND AREA**

- NICE 3-1-1+1 carport Home, Cent. Heat & Air, carpet & hardwood, 4 fans, fenced yd., MORE!! \$26.5K!! HL-4
- NICE 3-2-1+2 carports, Cent. heat, evap. air, built-ins, storm windows and doors, stor. bldg., fenced yd.!! MORE!! \$54.5K HL-5
- 2-1-2 carport Home, wall heat, win. ref. air, appliances, 1550+lv. area, storage/shop, cellar, fenced yd. \$24.5K!! HL-9
- 3-1-1 Brick, Cent. A&H, fans, 2 stor. bldgs., fenced yd.!! \$36.5K!! HL-1

**LENAU - COUNTRY CLUB AREA**

- 3-2 Brick, Cent. A&H, fenced yd., corner lot!! \$40K!!
- NICE 2-1-1 Home, Cent. A&H, new paint, carpet, vinyl, & hardwood, fenced yd., MORE!! \$31.5K!! L-3

**COMMERCIAL**

- HWY. 84-150' frontage, office, warehouses, truck dock, railroad spur access, with or without fuel storage tanks!! \$30K!!
- An approx. 5.1 acre tract w/ approx. 144.5' frontage on Hwy. 84, approx. 1584' office, 1320' shop, 4000' shop, & 2880' bldg., has railroad access, 2 mobile home hookups, MORE!!
- GOOD INCOME PROPERTY - approx. 3490' bldg., paved parking, good net lease!! PRICED TO SELL!
- Established Business: Land, Bldg. & Equip., \$75K!!
- 200 Main & E. Ave. B-4 rental units plus upstairs & basement or renovate for your own special use!! \$65K!!
- VERY NICE 2300' bldg., Cent. A&H, 175' frontage on Hwy 84 & 70!! MUCH MORE!!
- 140'X100' tract on Hwy. 84 & 70, 1760' bldg., 1500' storage, 2400' cov. area, paved parking!! \$49.5K!!

**HIGH SCHOOL AREA**

- VERY NICE 3-1-1 Brick, Heat pump, DW, nice carpets, fenced yd., MORE!!! \$30's!!! HS-1
- 3-2 Home, corner lot, fl. furn. heat, fenced yd. \$25K! HS-10
- NICE 3-2 1/2-2 carport Home, Cent. A&H, built-ins, FP,

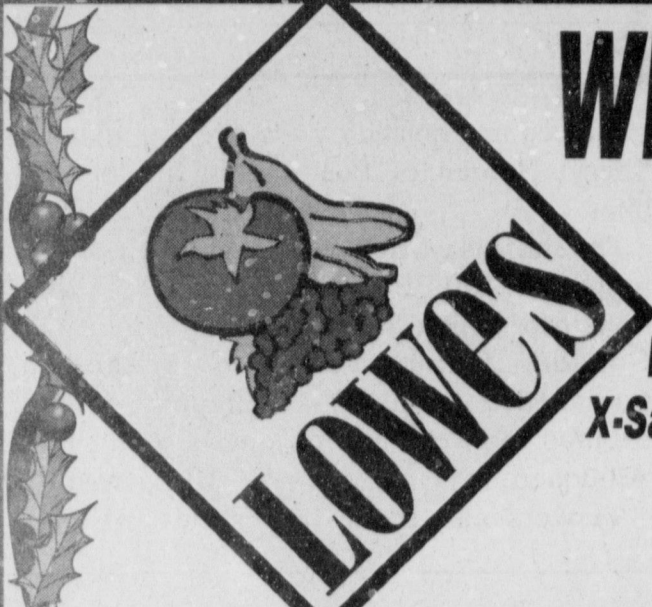
2650' + Lv. area, fans, storm windows & doors, new roof, cov. patio, concrete cellar, fenced yd. w/ add. 2 carport, large workshop, & stor. bldg. PRICED REDUCED \$60K!! HS-7

- HWY. 84-2-1 1/2-2 Brick, Cent. Heat, win. air, built-ins, fans, workshop/storage, fenced yd., also good office location!! PRICED REDUCED!! 40K!! HS-2
- 3-1 Home, Fl. furnace, fans, storage & 2 apartments, corner lot!! \$35K HS-3
- VERY NICE 3-1-1 Brick, Cent. A&H, built-ins, nice carpet, FP, large covered patio, fenced yd., stor. bldg., MORE!! \$49K!! HS-4
- 3-1 1/2-1 carport, wall furn. heat oven, cooktop, basement, shop/storage!! \$16K!! HS-6
- TO BE MOVED - 3 bdrm., 1 bath, cnt. heat/evap. air, built-ins!! \$12K
- EARTH - 3-2-2 Brick, Cent. A&H, built-ins, 1850' + lv. area, fenced yd., + 3 add. lots!! A STEAL @ \$38K!!
- EARTH - 4-2-2 carport home, Heat Pump, fans, storage-workshop!! \$35K

**RURAL**

- EXCELLENT DAIRY LOCATION-1120 ac., 7 circles, 20 wells, very nice 3-2-3 Home w/ basement, 40' x 60' barn w/ 30' x 40' shed, 3 mil. lb. grain facility, add. 3 bdrm. home, 2 mobile homes, on pavement convenient to Muleshoe, Clovis, Portales, & should have 5K head permit within 60 days!! Could be split if needed!!
- PLEASANT VALLEY, Approx. 160 acres, 2 bdrm home, 1 bath, 2 car detached garage, on pavement!!
- W. of SUDAN-NICE 3-3-2 Brick Home, 5 acre tract on Hwy. 298, Cent. Air & Heat, built-ins, large Quonset Barn, MORE!!!! \$95K!!
- PRICE REDUCED - 108 acres or 7 acre tract on Hwy. 70, approx. 2100' office area, 16,900' commercial bldg. w/ loading dock, 3,400' warehouse, new well, 2,800' runway!!
- 2-2-2 carport Mobile Home on 1.997 acres on pavement close to town, storage, 45' x 74' barn, pens, & fenced pasture!!
- 2 LABORS - 345.8 ac. CRP, 6 yrs. remaining on contract!!

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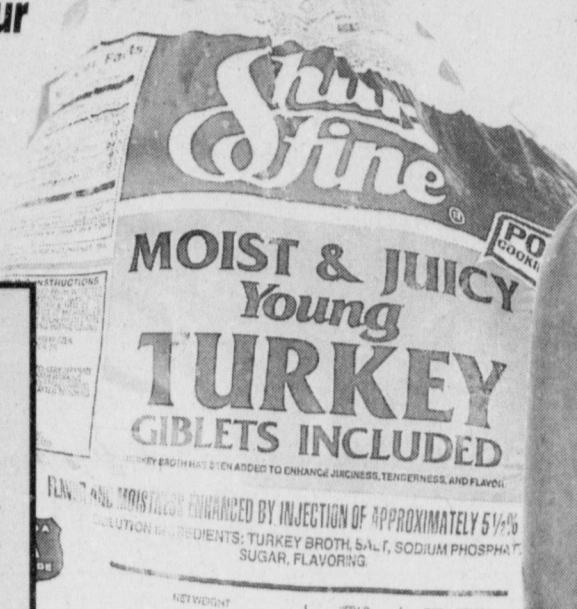
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• Only ONE (1) item can be purchased with each Reward Coupon. • Items will be changed monthly.

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<b>Eagle Brand Milk</b> 14 OZ. CAN	<b>Ambrosia Almond Bark</b> DARK OR WHITE 24 OZ.	<b>Diamond Almonds or Walnuts</b> 6 OZ. BAG	<b>Ellis Pecans</b> 6 OZ. BAG	<b>Nestle Chocolate Chips</b> 12 OZ. BAG
<b>Sara Lee Homestyle 9 In. Pies</b> ASSORTED 37 OZ. PKG.	<b>Birds Eye Frozen Vegetables</b> PEAS, MIXED VEGETABLES OR BROCCOLI 16 OZ. BAG	<b>Shurfine Sour Cream</b> 16 OZ. TUB	<b>Pioneer All Purpose Flour</b> 25 LB. BAG	<b>Shurfine Mixed Nuts with Peanuts</b> 12 OZ.
<b>Coca-Cola, Sprite or Dr Pepper</b> 6 PACK CANS	<b>Nabisco Oreo Cookies</b> 20 OZ. PKG.	<b>C&amp;H Pure Cane Sugar</b> 4 LB. BAG	<b>Crisco Cooking Oil</b> ASSORTED 48 OZ. BTL.	<b>Rolling Pin Premium Glazed Doughnuts</b> 1 DOZEN
<b>7 lb. Bag of Ice</b>	<b>Solo Plastic Ware</b> 15 CT. 9 IN. PLATES OR 20 CT. 16 OZ. CUPS	<b>Carnation Hot Cocoa</b> 10 CT. BOX	<b>Lipton Tea Bags</b> FAMILY SIZE 24 CT.	<b>Nabisco Nilla Wafers</b> 11 OZ. BOX
<b>Ziploc Storage or Freezer Bags</b> QUART OR GALLON 15 TO 20 CT.	<b>Reynolds Wrap Heavy Duty</b> 37.5 SQ. FT.	<b>1¢ EACH</b> With 1 Reward Coupon 1 item per coupon		<b>Chex Cereal</b> • 12 OZ. CORN OR RICE • 16 OZ. MULTI BRAN
<b>Glad ClingWrap</b> 100 SQ. FT. ROLL	<b>Sun Light Ultra Dish Liquid</b> 25 OZ. BTL.			<b>Schilling Pure Vanilla Extract</b> 2 OZ. BTL.
<b>Energizer Batteries</b> ORIGINAL 2 PK C OR D, 4 PK AA OR AAA	<b>Fujifilm Fuji 35mm Film</b> 100 SPEED 24 EXP.	<b>Dole Classic Iceberg Salad</b> 3 LB. BAG	<b>Hillshire Farms Lit' Smokies</b> 16 OZ. PKG.	<b>Peyton's Cooked Ham</b> 10 OZ. PKG.
<b>Owen's Breakfast Sausage</b> 1 LB. ROLL	<b>Pilgrims Pride Extra Large Eggs</b> 18 CT.	<b>10 LB. Bag Russet or Red Potatoes</b>	<b>Red or Golden Delicious Apples</b> 3 LB. BAG	<b>Mixed Fruit</b> 5 LB. BAG
<b>Kraft Salad Dressing</b> ASSORTED 16 OZ. BTL.	<b>Santa Fe Tortilla Chips</b> 20 OZ. BAG	<b>Vicks NyQuil</b> 8 OZ. LIQUID OR 12 CT. LIQUICAPS	<b>Pantene Shampoo or Conditioner</b> ASSORTED 15 OZ. BTL.	<b>Purina Mainstay Dog Food</b> 17.5 LB. BAG
<b>Xtra Laundry Detergent</b> LIQUID OR POWDER PRE-PRICED \$9.99				

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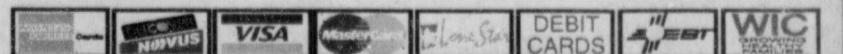


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