

MULESHOE JUUKINA



Volume 79, No. 34

50¢

Published Every Thursday at Muleshoe, Bailey County, Texas 79347

Thursday, Aug. 23, 2001

PAGE ONE

A QUICK READ OF THE NEWS

'I've got a bear in my yard'

A Florida panhandle city had a scare when a black bear ambled around town and tried to crawl in a boat before running away.

Jim De Vries was caught off guard by the bear — and the 911 operator after phoning in a complaint about the 160-pound animal in Gulf Breeze.

"They asked me who I needed: fireman, police or an ambulance," DeVries said. "I said 'I don't know. I've got a bear in my yard.' "

The bear took off into the nearby Naval Live Oaks Reservation, part of Gulf Islands National Seashore.

'I'd better know it was God'

That was the qualifier issued by Ray Moore, who lives next door to the Pentecostal House of Prayer in Fayette County, W.Va., when asked if he would participate in the church's snake-handling regimen.

"If the Lord asked me to," Moore said he would. The occasion was a Charleston Daily Mail story on Friday reporting on the intensive-care status of Alfred "Pooch" Preast, who took one on the hand from a timber rattler.

Preast's uncle was a snake-handling legend in the area, and Preast's brother said the man was just showing off for his new galfriend, who had brought along her camera to the

She had come despite her personal aversion to the practice, in that she was raised in a family of snake-handlers but had bailed out at age 17.



Drawing date: Saturday, Aug. 18 Winning numbers: 1-18-26-32-45-52 Estimated jackpot: \$20 million Winners: 1

Next drawing: Wednesday, Aug. 22 Estimated jackpot: \$4 million

On this date in history

Aug. 20 — Fort Lancaster is established on Live Oak Creek (1855) near its junction with the Pecos River on what was then the Texas frontier. It was abandoned March 19,

Aug. 26 — The Republic of Texas reaches a peace treaty with the Caddo Indians

LOCAL WEATHER

The National Weather Service has forecast the return of isolated thunderstorms for Thursday and Friday and then again Sunday and Monday. The high temperature for Thursday should be about 90, dropping one or two degrees each day to reach around 85 Monday. Morning lows should remain close to 60.

Editor Ronn Smith can be reached at 272-4536 or ctyankee@fivearea.com

Missed your paper? Call carrier Bobby Flores at 272-6719 or the Journal during business hours, 8:30 a.m.-5 p.m.

Muleshoe High takes leap in TAAS ratings

JOURNAL STAFF REPORT

The Muleshoe Independent School District has been rated as a "recognized" district for the second year in a row based on students' scores on the TAAS test.

But the results are dramatically different this year: Last year, the district's first ever as a recognized district, students narrowly earned that level of recognition, with the high school being rated only "acceptable."

the way, jumping from "acceptable" past "recognized" to be rated an "exemplary" campus, the highest category of achievement on TAAS tests.

Watson Junior High, DeShazo Elementary and Dillman Elementary each were "recognized" campuses based on their scores.

School Superintendent Gene Sheets said part of the reason for the high school's dramatic improvement on test scores in recent

This year, it was the high school that led years (it was rated as "low-performing" only a few years ago) is the "TAAS Academy" initiated by Principal Dave

> Students who are having trouble academically are asked to come in for special work and tutoring during the evening academy, Sheets said.

Further details of Muleshoe students' TAAS performance will be included in Sunday's issue of the Journal.

Sheriff warns of scam artists working area

JOURNAL STAFF REPORT

Bailey County Sheriff Ron Kemp said Monday that residents need to be alert to the possibility of a scam involving asphalt paving.

He said a group of con artists known as the English Travelers operating in the area.

The usual method of this group, Kemp said, is to approach someone (usually an elderly person) and say they are a county road crew with some asphalt left, and they'd like to use it on someone's driveway.

The next development is that the crew never has enough asphalt to complete a job, so they tell the property owner they have to go get another load that the customer will have to buy - usually for around \$3,000.

"People need to be aware that, No. 1, a county road crew isn't going to offer to pave their driveway - because it's against the law," Kemp said.

Whenever anyone encounters such an offer, they should just call the sheriff's office, Kemp said.

The same procedure applies if the person is approached regarding other scams that have operated here, such as the roofers gypsy Publisher's Clearing House Canada, which Kemp says has operated in the area on behalf of a nonexistent company using a familiar company's name.



Loudder for the Longhorns

Jake Loudder heads for the turf after a good gain in last Saturday's Lazbuddie scrimmage against Silverton. The Longhorns face another dual scrimmage (with Turkey Valley and Amarillo Trinity Christian) at 4 p.m. Aug. 23 at Valley before opening the regular season against Follett at Groom on Sept. 1.

County landowners form hunting cooperative

STAFF/SPECIAL REPORTS

With some ranches in other parts of Texas reporting more income from hunting leases than from cattle, one Bailey County ranch is leading a local effort to cash in on the trend.

Several landowners have joined with AK Ranch in southern Bailey County to form a hunting cooperative.

The cooperative —which offers hunting on about 4,500 acres — will be in business with the opening of dove season on Sept.

A hunting cooperative is defined by Texas Parks and Wildlife as "an enterprise in which participating landowners pool their acreage and lease it for hunting purposes under the authority

of a hunting-lease license and in which the leasing profits are distributed to the landowners according to the landowners' participation."

AK Ranch is a partnership between William R. "Robby" Sowder and Kay W. Cole. The hunting cooperative will be part of the partnership.

Cole is listed on state records as the operator of the hunting cooperative. She said Monday that she will take reservations, provide maps and handle the bookkeeping for the co-op.

All land in the coop will be marked with purple posts and/or no hunting signs. (Purple posts are now the designated manner in which to indicate "no hunting.")

AK will open for dove season,

and Cole said dove are plentiful in the area.

Quail season, which is the real gold mine for ranch-based hunting cooperatives, will be limited at AK this year based on the number of quail available.

Sam Harris, district game warden, said that when residents see someone who appear to be hunting in a no-hunting area, they should contact Operation Game Thief at (800) 792-GAME or his office at (806) 385-7900, Ext. 216.

Texas' mourning dove season runs thru Oct. 30 and the daily bag limit is 15.

More information about AK Ranch is available by calling 946-3634.

Scolley is approved for emergency post

Tony Scolley, approved recently as Bailey County's emergency management coordinator, got the nod Tuesday for the same post with the city.

Scolley, who also serves as a volunteer firefighter, replaces Larry Rasco, who resigned both posts in order to accept a job with Southwestern Public Service in Lubbock, according to Mayor Victor Leal's remarks during Tuesday's discussion.

City to install stop sign at 16th and Avenue C JOURNAL STAFF REPORT enue C probably would not

The Muleshoe City Council responded to a neighborhood request Tuesday by voting to in-

Avenue C at 16th Street. Council members agreed that lowering the legal speed limit on Av-

stall a stop sign on West

take care of the problem because many drivers already ignore the 30 mph speed limit.

Mayor Victor Leal told the council that when he moved into the neighborhood four years ago, there were few children there.

Now, he said, there are about 25.

Leal said the move could be reviewed in about six months.

Councilman Jerry Hicks moved to install the sign, which should be in place as soon as an ordinance becomes effective.

Two projects get funding help from hotel-motel tax

JOURNAL STAFF REPORT

Two projects — Mule Lot beautification and the city's Diez y Seis de Setiembre celebration - got financial boosts from Muleshoe's hotel-motel tax Tuesday.

By far the biggest share went to the Mule Lot project, which the Muleshoe City Council approved for a one-time \$10,000.

Diezy Seis' sponsoring Comite Patriótico

got \$850, the same level as last year.

Lavon Hunt and Dawn Williams spoke to the council about the Mule Lot beautification project, which began with a \$10,000 grant from Amarillo's Harrington Foundation, the Amarillo Globe News and the Amarillo Botanical Gardens.

Hunt and Williams also told the council that \$8,500 has been raised through the sale

of planks in the Mule Lot deck. Purchasers' names are being put on the planks by volunteers Leah Bell and Lynda Wash-

The beautification originally was a Muleshoe Chamber of Commerce project, but Hunt and Williams continued to oversee it after their terms as chamber directors expired.

AROUND MULESHOE

Girls' youth basketball signup set

The only signup and evaluation scheduled for girls' Muleshoe Youth Basketball will start with signup at noon Aug. 25 in the Watson Junior High gymnasium.

Evaluation times will be 1 p.m. to 2:30 p.m. for thirdand fourth-graders (Minor League) and 2:30 p.m. to 3 p.m. for fifth- and sixth-graders (Major League).

The cost is \$35. All players must be at the evaluation in order to play in the league.

Oklahoma Lane revival planned

Evangelist Mark Winter is scheduled to hold a revival meeting Sept. 9-12 at the Oklahoma Lane Methodist Church.

Services are scheduled for 9 a.m. and 7 p.m. Sunday and 7:30 p.m. Monday through Wednesday. "Mark's Bible Blast Off" for children will meet at 6 p.m. Sunday and 6:30 p.m. the other nights.

Winter's One Man Show Ministries is designed to add depth to a revival, whether the one man being depicted is a biblical character, circuit rider, contemporary character or Pockets the Clown.

A dramatist and writer, Winter pens most of his own scripts. His work has appeared in The Upper Room, Stand Firm, Christian Single, Living Solo and the Fort Worth Star-Telegram. He also is the author of If There Is No God.

Seminar set at Methodist church

The First United Methodist Church of Muleshoe has scheduled a seminar fro Aug. 24-26 on the subject of "How To Release Your Love for God."

The seminar will be led by Dr. Steve Seamands, professor of New Testament at Asbury Theological Seminary. Sessions are scheduled for 7 p.m. Aug. 24 and 9 a.m. to

noon Aug. 25 and during the 11 a.m. service Aug. 26. Seamands will "examine the barriers that we have in our lives that keep us from fully loving God," according to a press release from the church.

The public is invited, and a nursery will be provided.

Tickets on sale through Aug. 31

Fans who held reserved-seat tickets last football season may pick up their options for this season until Aug. 31.

Tickets will be available at the district administration office, 514 W. Avenue G.

Those whose names appear on the seating chart may claim the tickets in person, by mail with the ticket holder's personal check, or by having a third party present the ticket holder's personal check.

Beginning Sept. 3, any remaining season tickets will be sold on a first-come, first-served basis during regular business hours at the administration office.

Reserved-seat tickets, which are good only at varsity games, are \$17.50.

More information is available by calling Dana Rasco at 272-7400.

Public calendar

Aug. 23 — 6:30 p.m. Muleshoe Area Hospital District Board, hearing on proposed budget, in the dining room at Muleshoe Area Medical Center. Regular board meeting begins at 7 p.m.

Aug. 24 — 7 p.m. Muleshoe Fine Arts Boosters, in the band hall. All parents of junior high or high school band, choir, art and speech students are encouraged to attend.

Aug. 25 — 8 a.m. to noon. Mini-Mule Camp for potential cheerleaders, ages 3 through junior high, in the high school gymnasium. Fee \$20. Information, Kimberly Beard (272-3559) or Dana Wright (272-5450).

Aug. 26 — 10 a.m. 75th anniversary service at Earth's First Baptist Church. Three former pastors will participate. Lunch will be furnished.

Also on Aug. 26 — 4 p.m. to 8 p.m. Muleshoe Community Health Fair, in the high school cafeteria. Open to the public; immunizations will be available, prizes will be given, and there will be family activities.

Aug. 27 — Noon. Muleshoe Independent School Board budget hearing, in the administration building.

Sept. 3 — Ladies' Auxiliary of Muleshoe Veterans of Foreign Wars will raffle a handmade quilt. Tickets \$1, information at 272-3156 (days), 272-3011 (after 5 p.m.) or 272-3838 (days).

Ronny Hinson to appear in **Brownfield**

BROWNFIELD Ronny Hinson, who performed with the original Hinsons gospel group, will perform at 6 p.m. Aug. 25 in Brownfield's Rialto Theatre, 408 W. Main.

Hinson is best known for writing the gospel standards "The Lighthouse," for which he won a Dove Award, and "When He Was on the Cross, I Was on His Mind."

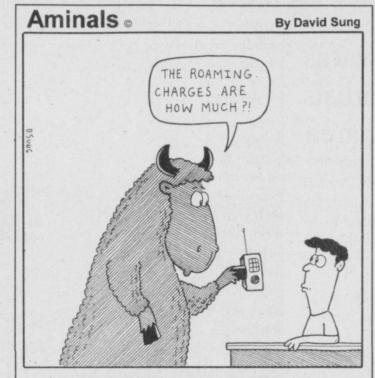
Tickets at the door are \$5 for adults, \$3 ages 6 to 12.



Journal photo: Beatrice Morin

Garden spot of the week

The Jennyslippers' garden spot of the week for Aug. 5 was this lush but water-wise planting at the home of Jenda and Jerry Bruns, 1905 W. Avenue C.



Why buffaloes don't have cell phones.

History-laced fiddle show coming to Canyon museum

CANYON - Andy Wilkinson, who has been described as a great storyteller with a gift for description, brings his project "Ridin' Old Paint: Documenting the Canadian River Breaks Fiddle Tradition" to the Panhandle Plains Historical Museum on Aug. 25-

He and his group will perform from noon to 3 p.m. during the museum's grand reopening.

He will be joined by the Bursons (Dale, Brittani and Ross) in re-creating the traditional music of the fiddle players and cowpunchers who lived and worked in the breaks.

On Aug. 26, he will be joined by Ivan Cates, Glenn Spiller, Rooster Morris and Frankie McWhorter, some of them legends in traditional music.

For example, McWhorter once played with Bob Wills' band and has appeared on the CBS Sunday Morning News. A retired ranch foreman, he also is a great-nephew of Panhandle pioneer Charles Goodnight.

Visitors will hear

McWhorter's voice intro-

ducing the new exhibit, "People of the Plains: Experiments in Living."

HOME & GARDEN PARTY 919 E. Hickory • Muleshoe Friday & Saturday AUG. 24 & 25

You're Invited to a Come & Go

Fri. 5:30-8:30 pm, Sat. 10 am-5 pm ring Home & Garden Party products ORDER FROM THE NEW CATALOG! \$10 purchase qualifies you for MYSTERY HOSTESS GAME

ACE SCHWINN BICYCLES

On the Corner of 1st & Main, Clovis 9 am - 5:30 pm - Mon. - Sat.

The ONLY full-service bicycle dealer in the Clovis area.

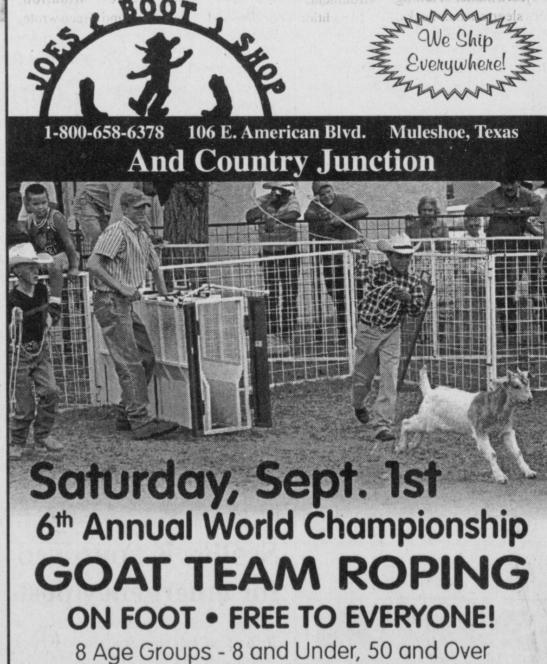
Trained Technicians • Large Parts Inventory • Guaranteed Service

An authorized dealer of Schwinn Cycling & Fitness Co.





Thanks for making the Journal part of your day!



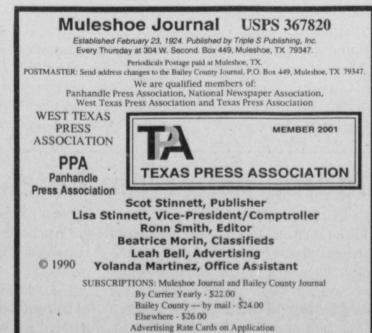
and 6 Age Groups In-between!

American Bangora or Atwood Hat to 1st and 2nd Place Winners PLUS...Free Entry to the Shoot-out

For those who don't place, you can still enter the Shoot-out. \$10 Entry Fee per team for the Shoot-out.

SHOOT-OUT - 3:30 PM

5500 Added Money • Guaranteed Paid 10 Places • No stock charge • Winners will receive a Handmade Mosier World **Championship Goat Roping Buckle**



Advertisers should check their ad the first day of insertion. The Journals will not be

liable for failure to publish an ad or for a typographical error or errors in publication except to the extent of the cost of the ad for the first day of insertion. Adjustment for

Sometimes just using tools isn't enough

By RONN SMITH Editor

Although we're still having some days hot enough to remind us that summer isn't going away without a fight, the cooler weather is a definite reminder that another year is about shot.

It's the time of year when at least some of the gardening paraphernalia will be stored away, not to be used again until spring.

At the very least, before you put these items away, be sure to clean off any mud or other clinging dirt. Putting metal tools away with mud on them is inviting rust and deterioration.

A good way to clean dirt off involves a handy-dandy tool that's available free of charge this time of year: a dry corncob. The rough surface takes most dirt right off, and when it "wears out," you toss it on the compost pile so it can help improve your soil.

This is also a good time of year (and while the tools are clean is a good time, anyway) to eliminate the problem of hoes and other tools lying around the yard



for long periods, being rained on or whatever.

Try painting those dudes a bright, eye-catching color, and chance are they won't be forgotten next year. Guys will probably be content with plain old bright yellow or green or red.

Women may be willing to try fuchsia or purple or vermilion. Be free. Be wild. After all, society allows us little enough individuality these days - express yourself with your tool color.

If nothing else, maybe the color will be so embarrassing when the neighbors see it in the yard that it will provide you some incentive to hide the tool out of the weather!

But before you hide them, sharpen any blades, sand any rough spots off the handles, apply a light coat of oil to metal parts and then oil the wooden parts. For this latter chore, boiled linseed oil (available at hardware stores) has been the traditional choice.

Nowadays, people avoid linseed oil because it takes quite a while to dry and has to be re-applied. The modern choice is tung oil — but no one has yet come up with a use for that 3/4 of a gallon of linseed oil you have left, so I figure I'll be using that on wooden handles for the rest of my life.

Speaking of modern improvements, there are several types of hoes that are much less painful for most people to use than the old back-breakers.

If you have the old-style garden hoes, though, and can't afford to replace them (or don't want to spend money you don't have to), experiment to find the height that's best for your back. "Trim" the hoe to fit, or get someone else to trim it for you. For most people, this involves cutting off about the bottom half of the big, heavy blade that comes on the hoe, plus bending the

blade toward the user a little

Another modification that some people like also involves cutting off about half the blade, but not horizontally.

You cut from near the handle at the top of the blade, down to the outside bottom corner on each side. It makes the hoe much less clumsy to use, plus gives you a point with which to get weeds out from between vegetable plants, etc. With this method, you also may want to bend the blade toward you slightly.

Now, I'm probably going to hear from someone who likes their hoes new and heavy. If that's you, more power to you; I've despised new hoes since my cottonchopping days, and I still haven't figured out what species they're designed for. I just know it isn't most humans. But that's my opinion.

Happy planting!

Questions and comments may be directed to Garden Writer, 571 County Road 1018, Muleshoe, Texas 79347.



nuetry Accents - Credit Grogram; Always 90 Days Same As Cash 1908 N. Prince • Clovis, NM • 762-9376 New Saturday Hours: 9:30 - 12:00 Easy Credit First Baptist Church of Progress

Expert Jewelry and

Watch Repairing

• Ring re-mounting • Jewelry appraising

All makes watch batteries • Faster service

COLMBERG

• Ring sizing - 2-3 days

EWELRY

and worship with us. We are looking to experience growth in our little church, and we hope you will come and visit us. First Baptist Church of Progress has been serving the community since 1947 and hopes to keep on serving for years to come. We understand that service comes from Christians who are called and committed to Christ.

is looking for people to come

Here at the church, the Bible is consistently taught so that believers can receive instruction for living a dynamic Christian life. Also, we are committed to prayer and worship in music. We anticipate your coming to participate with us in serving Christ together. Sunday school is at 10:00 A.M., morning service is at 11:00 A.M., and the evening service is at 6:00 P.M.

The Church is located 4.5 miles west of Muleshoe on Hwy 84. Turn right past the Progress sign and head two blocks down the country road. Thank you,

Pastor Steven R. Cook

Simple steps save babies'

SPECIAL TO THE JOURNAL

COLLEGESTATION— It's a simple practice. It costs no money, no time and little effort. But it has been shown to reduce the risk of sudden infant death syndrome, or "crib death."

It's just a matter of letting babies sleep on their backs.

SIDS, the sudden and unexplained death of an infant younger than a year old, claims the lives of almost 5,000 babies in the United States each year, and is still one of the leading causes of infant death in the nation, wrote Dr. Linda Jouridine, Texas Cooperative Extension health specialist, and Dr. Steve Green, Extension child development specialist, in an article published in the June 2001 issue of Journal of Extension.

The good news is: Those numbers are decreasing.

This is thanks in part to a national campaign called "Back to Sleep," which encourages parents and other care-givers to put infants to sleep on their backs.

In addition to putting babies to sleep on their backs, the campaign also stresses

reduction of SIDS through encouraging mothers-to-be to get regular prenatal checkups and, after giving birth, to breastfeed their babies; to avoid soft bedding for babies; and to maintain a smoke-free en-

vironment. In addition, Jouridine and Green wrote, even when the primary care-giver practices "Back to Sleep," others who might occasionally take care of the baby - might not know about

the dangers that can be avoided by following the guidelines.

Studies show that SIDS is most likely in the days just after the mother's maternity leave, when the baby is placed in some kind of day care situation, Jouridine and Green wrote.

Other factors include ethnicity, income level, and whether the baby is placed in the care of someone with no formal training in infant

Home 272-3842

RV STORAGE SPACES

available at

SCOTT'S CAR WASH

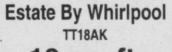
1408 W. American Blvd.

Contact Ronald Scott









18 cu. ft. **Top-Mount** Refrigerator

Adjustable Glass Shelves

Fixed Gallon-wide Side Door • Twin See Through Crispers with Glass Cover



DRYER FEATURES:

4 Drying Cycles

• 3 Temp. Selections

Auto-Sense Drying



YOUR HOMETOWN APPLIANCE STORE SAVES YOU MORE!

WASHER FEATURES:

4 Wash Temps

• 4 Water Levels

• 2 Speed

Estate by Whirlpool TAWX700/TEDX640

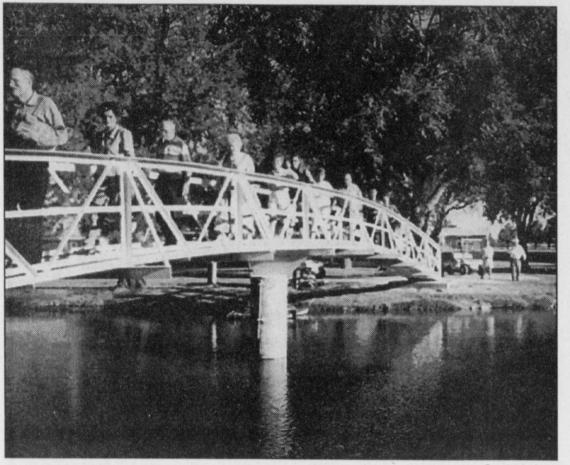
Extra Large Capacity Washer and Dryer Pair

The Pair Only

SON APPLIANCE 117 Main St. • Muleshoe, TX • 272-5532



Mobile 946-7401



Courtesy photo

Cookie's Crossing dedicated

People stream across the new bridge on the No. 9 hole at Muleshoe Country Club during its Aug. 1 dedication. Carl Bamert, who donated the bridge in memory of his wife, Cookie, spoke of the many times she and the club's Ladies' Association had discussed the need for such a bridge. Cheers were sounded as Bamert christened the bridge "Cookie's Crossing."

ring a good mover is half the battle of moving

moves. All that shuffling of worldly possessions is great for the moving business but

"Hiring a mover to deliver the goods on time and intact is a high-risk venture that deserves careful research," says Richard Roll, president of the American

"Before you pack everything you own into a truck, make sure your belongings and your money are going with the right mover," he and inspect the items to be moved.

Beware of "seat-of-thepants" estimates delivered over the phone — they are nothing more than glib promises.

Remember that local movers generally charge by the hour while long-distance movers charge by weight. A binding estimate is more predictable and less flexible. It will contain the final price, but the customer also won't be able to add items without paying more.

A non-binding estimate allows adjustments in the shipment, setting the final cost according to weight.

After comparing costs, your next priority will be establishing the mover's

First, get at least three customer references and ask the customers very pointed questions - such as, were the pick-up and delivery made on time?

How did the company respond to problems or concerns, such as damage to the home or possessions?

Next, ask to see a license from the Interstate Commerce Commission, the federal licensing agency for movers.

Proof of insurance is re-

Especially verify that the

Upland cotton production estimate rises

AUSTIN — The 2001 Texas upland cotton crop is expected to total 4.4 million bales, 12 percent more than in 2000 but still 13 percent less than 1999.

"Hot and dry conditions in most areas of the state have affected yields and acres available for harvest," reported Robin Roak, state statistician.

Yield is expected to average 469 pounds per acre compared with 430 pounds last year, according to the Texas Agricultural Statistics Service.

Acreage expected for harvest is estimated at 4.5 million, up 100,000 from last year but down 1.7 million acres from the 6.2 million acres planted.

work. Don't hire on a promise and find out later that the mover has no license or insurance.

Ask to see proof of worker's comp, too. Worker's compensation insurance will help in the event that an employee injures himself on the customer's property.

More information on any aspect of buying or owning a home is available by visiting www.realhome.com or www.ahahome.com.

Fannie Mae Notes

Fannie Mae (Federal National **Mortgage Association)** is a governmentsponsored enterprise

Monthly income checks

Call today!

Katherine Schraeder 806/272-4102

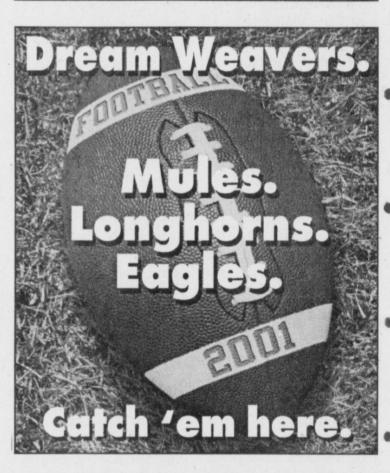
Interest payments do not contain principal www.edwardjones.com

Member SIPC

*Yield effective 08/21/01, subject to availability and price change Yield and market value may fluctuate if sold prior to maturity

Edward Jones

Serving Individual Investors Since 1871



having a representative visit SPECIAL TO THE JOURNAL credentials.

Americans are just mad about moving. Studies show that the average American lifespan includes about 11

not so great for stress levels.

Homeowners Association.

added.

Get estimates from at least three movers. That means

BITUARIES

quired for every licensed mover, and provides the customer with basic protection in the event of loss or damage to possessions.

lowest bidder has a license. Insist on seeing the paper-

for a total of 1,352 animals were sold at the Aug. 18th

sale. Market steady with good demand on stocker clfs. weighing 250-550 lbs. Feeder cattle steady. Pairs and Bred cows steady to weaker. Packer cows & Bulls sold steady from a week ago.

REPRESENTATIVE SALES

855 head of cattle, 118 hogs and 379 sheep and goats

Muleshoe **Cattle Markel SATURDAY, AUG. 18, 2001**

The Muleshoe Cattle Market is brought to you each week by Muleshoe Livestock Auction, located east of Muleshoe on U.S. 84. Muleshoe Livestock conducts sales every Saturday, beginning with hogs, sheep and goats at 10 a.m. and cattle following at approximately noon

FOR INFORMATION ON SALES OR TO CONSIGN CATTLE, CALL (806) 272-4201

any promited of the control of the c		DESCRIPTION OF STREET
Seller, City	# Type Wt. CV	VT or PH
Isaias Cewamter, Hereford	Hol Hfr 485 lbs a	
Ron Dyer, Farwell		
Dimas Segura, Muleshoe		
Benito Andrades, Muleshoe		
Ruben Leal Jr., Muleshoe		
Harvey Morris, Clovis, NM		
Olivera Aldape, Plainview		
Hans Gruten, Seminole		
Hans Gruten, Seminole		
Frank Wright, Friona		
NMCCH, Portales		
Hadley Henderson, Muleshoe		
FM Farms, Brownfield	. 6 Mxd. Strs 602 lbs.	at \$93.00
Maple Grass, Morton		
Maple Grass, Morton	. Blk. Str 720 lbs.	at \$87.50
B&P, Lubbock	. 3 Blk. Hfrs Per hd. 235 lbs. a	t \$290.00
Ralph Lewis, Anton	. Char. Hfr 260 lbs. a	t \$115.00
Paula Bowman, Morton		
Ramon Vallejo, Amarillo		
KP Farms, Lubbock		
KP Farms, Lubbock		
Hans Gruten, Seminole	19 Mxd. Hfrs 367 lbs.	at \$96.00
Hans Gruten, Seminole		
Dennis Brown, Morton		
TTW, Littlefield		
Pat Moberly, Littlefield	2 Char Pairs	\$630.00
Dan Bowman, Morton		
KP Farms, Lubbock		
Mike Beauchamp, Bovina		
Ralph Lewis, Anton		
NMCCH, Portales		
Sam Southard, Elida, NM		
Sam Southard, Elida, NM		
Cody Acosta, Olton		
Juan Soto, Clovis, NM		
Calf-Co. Ranch, Roswell, NM		at \$47.50
Day Hadran Davis	DIL Dull 2015 lba	-1 007 50

Roy Hartzog, Bovina Blk. Bull 2245 lbs. at \$57.50

BOB L. ROWAN

Services were held Monday at the First Baptist Church of Springlake for Bob. L. Rowan, 74, of Springlake. The Rev. Tim Pruitt officiated. Burial was in Dreamland Cemetery at Canyon.

Parsons-Ellis Funeral Home of Earth handled arrangements.



Rowan

born 16, June 1927, in Terrell, Texas. He died Thursday at Northwest

Mr. Rowan

Texas Hospital in Amarillo.

He was a graduate of Woodrow Wilson High School in Dallas and married Frances Ruth Gates on Dec. 28, 1967, in Dallas.

He lived in the Springlake area most of his life, moving back there from Dallas in 1979.

He was a U.S. Navy veteran of World War II, a farmer and a member of the First Baptist Church.

Mr. Rowan is survived by his wife; two sons and daughters-in-law, Rip and Rhonda Rowan of Austin and Ted and Brenda Rowan of Springlake; two daughters and a son-in-law, Cindy

Rowan Bone and Robin and Mike Burch, all of Dallas; a sister, Lucille Arnette of Austin; 10 grandchildren; and a great-grandchild.

The family suggests memorials to the American Diabetes Association (8008 Slide Road, Lubbock 79424).

JANIC SUE WILKINS Graveside

services were

held Monday

at Muleshoe

Memorial



Wilkins

Park for Janic Sue Wilkins, 50, of Plainview. Harry Riggs officiated.

Ellis Funeral Home of Muleshoe handled arrange-

Mrs. Wilkins was born June 23, 1951, in Clovis. She died Saturday in Plainview.

She married Freddy Wane Wilkins on May 19, 1991, in Roaring Springs.

She moved to Plainview in 1988 from Muleshoe, and was a member of the Muleshoe Church of Christ.

Mrs. Wilkins is survived by her husband; her father, William "Bill" Wilkins of Muleshoe; and a sister, Treva K. Morrison of Wildorado, Texas.

VICTORIA MAYNEZ

Services were held Wednesday at the Muleshoe Church of God of the Firstborn for Victoria Maynez, 51, of La Rueda, Durango. The Rev. Ramón Mendoza officiated. Burial will be in Guadalupe La Rueda Cemetery at La Rueda.

Ellis Funeral Home of Muleshoe handled arrangements.

Mrs. Maynez was born July 28, 1950, at La Haciendita, Mexico. She died Sunday in Lubbock.

She married José Maynez on April 2, 1972, in Mexico.

She is survived by her husband; three daughters, Sonia Maynez, Anna Velia and Raquel Maynez, all of Mexico; six sisters, Aurelia Regalado of Hobbs, N.M., Eluteria Regalado and Flor Francisca Regalado, both of Ciudad Juárez, Chihuahua, Norma González of Clovis, Angelica Regalado of Fort Worth and María De Jesús Regalado of Muleshoe; seven brothers, Fidel Regalado of Mexico and Ancelmo Regalado, Santiago Regalado, Juan Pablo Regalado, Salome Regalado, Ruben Regalado and Francisco Regalado, all of Muleshoe; her mother, Asunción Chávez of Muleshoe; and a granddaughter.



Courtesy photo: Clay Kidd

Employee of the month

Gathered to honor Bobbie Harrison as the Muleshoe Chamber of Commerce employee of the month for July are (from left) chamber manager Jan Thompson, Tiffany Boehning, Harrison, Sam Whalin and chamber President Mark Washington. Harrison works for Farm Bureau Insurance.

cery shelves.

OPS NEWS

Thirteen members were present Aug. 16 for the TOPS No. 34 meeting, which was held in the fellowship room of Muleshoe Church of Christ.

A guest, Peggy Seagroves, was welcomed for her first visit to the

The meeting was opened and presided over by Laverne James, leader, who also led the prayer and pledge.

Both songs were led by Alma

Tommie Fulcher, secretary, presented the previous week's minutes, which were accepted as

Alene Bryant and Linda White, weight recorders, called the roll and conducted the weigh-in.

Bryant was named best loser for the week and the first runnerup was Cheryl DeGraffenreid; Polly Otwell was the second run-

The pros and cons of drinking green or regular tea were mentioned in the program presented by James.

An ice tea break of either type tea may be enjoyed in many dif-

Cattle on feed up 10 percent from last year

AUSTIN - Cattle and calves on feed for the slaughter market in Texas feedlots with a capacity of 1,000 or more totaled 3 million head Aug. 1, up 10 percent from a year ago.

According to the monthly report by the Texas Agricultural Statistics Service, the estimate was unchanged from the July 1 level.

Producers placed 510,000 head in commercial feedlots during July, down 2 percent from a year ago and down 18 percent from the June 2001 placement total.

Texas commercial feeders marketed 495,000 head during July, a 5 percent drop from a year ago but again unchanged from the June 2001 total.

As of Aug. 1, there were 2.47 million head of cattle on feed in the northern High Plains region — 82 percent of the state's total.

The number on feed across the area was up 1 percent from the same time last year but unchanged

from the June 2001 total. July placements in the region totaled 418,000 head, down 18 percent from the June total, but marketings were up 2 percent from last month, to 412,000 head.

ferent variations found on gro-

A favorite way to serve the Ruth Clements and James coniced green tea is unsweetened or it can be served with a teaspoon of sugar, maximum, per

8-ounce glass. Green tea is available in loose tea bags or in capsules, with many

flavors to choose from. Others prefer drinking regular tea, which has been reported to be a help in losing weight. The use of honey in hot tea is often practiced as a sweetner.

The tradition of having iced tea only in the summer has been broken, and it is now served year round. Drinking tea is not only enjoyable but also provides the same fat-fighting potential as drinking water.

Jewel Peeler, contest chairperson gave a report on the current contest, "Going Fishing," which will end next week.

She reported that there were six gainers and seven losers. There is also another group that stays in the middle of the pond because they weigh the same from week

to week. The name "stay the same" has been given to this

tinued their tie in first place. In second place, there is an-

other tie between Bryant and Joline Miller. The next meeting is scheduled

for 5:30 p.m. Aug. 23 at the same

A cosmetics demonstration will be given by Becky Flores at 6p.m. during the August 23 meeting, and she will give facials to two models. Everyone who like to come will be welcome.

ONORS

ANGELO STATE

Two Muleshoe-area students were among the summer graduates of Angelo State University in San Angelo on Aug. 10.

They were Carolyn D'Ann Schuster and Jeffrey Wayne Wheeler. Both received bachelor of science degrees.

Recital planned at Clovis

Pianist Arlette Felberg and violinist David Felberg will present a benefit chamber recital at 7 p.m. (Mountain time) Aug. 28 at Clovis Community College.

The recital, to be held in the campus's Town Hall, will include works by Franz Schubert, J.S. Bach, Cesar Franck and Pablo de Sarasate. General admission is \$3 per person, and tickets may be purchased either at the college's cashier windows or at the door.

Proceeds will benefit New Mexico Citizens for Physician Retention. The event is a presentation of the CCC Cultural Arts Series.

More information is available by calling (505) 769-4199.



8. I (German) 9. Very fast airplane

13. Seed of an Asiatic legume

19. Brightly colored deep-sea fish

32. Languages of Sulu Archipelago

43. Company executive (abbr.)

51. Invests in little enterprises

55. Independent ruler or chieftain

47. About organ of hearing

11. Gape 12. Asian country

18. Erase

23. Airs 24. Dicot genus

30. Lugs

25. Enclosures

26. Awry (Scottish) 27. Alignments

28. Bulgarian currency 29. Displace oneself

31. Elizabeth, in short

39. Unbroken mustang

37. Table or sea

40. Type of song

48. Accumulates

50. Indian lodge

52. Church booklet

53. Boxing champ

54. Flew off

57. Employed

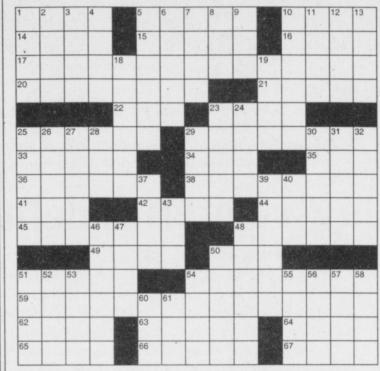
61. Ace

58. Smaller quantity

60. Way to resound

46. Amounts

JUST FOR FUN



Clues ACROSS

- 1. Highly excited 5. Self-cremating widows
- 10. Protects the chest 14. Quantity of no importance
- 15. Company officers (abbr.)
- 16. Card game 17. Road sign
- 20. Lacking sight 21. Genuine
- 22. Wooden or peg
- 23. Bleats
- 29. Large, heavy knives
- 33. Metal sheath over the end of a shoelace
- 34. Metal-bearing mineral
- 35. Leaf 36. Encloses
- 38. Literal 41. Old world, new
- 42. Stars 44. East German city
- 45. Heartbeat

- 48. Pommel and vaulting von Bismarck, Iron
- Chancellor 50. Avoirdupois unit
- 51. Sir Georg_ _, conductor 54. Law-abiding
- 59. Kind of suit 62. Material object that is worshiped
- as a god
- 64. Frosts
- 65. Swindles
- 66. Distributes 67. Radioactivity units
- Clues DOWN

1. Andean herb

- 2. Win something through one's
- 3. Lyric poems 4. Strong wind moving 34 to 47
- knots
- 5. Succession
- 6. Firing

Crossword Answers

We're striving to be your news source!

JOURNAL INFO...News You Can Use

EDITORIAL INFORMATION

(1) In order to help accommodate our readers, we urge everyone to keep in mind that the newspaper is put together on Tuesday and Friday. To increase the probability that your information will be placed in your preferred edition, the earlier that stories, information about meetings or any editorial subject is brought to the Journal office the better!

(2) Deadlines for "Around Muleshoe" and "Around the Area" — Monday at 5 pm (Thurs. edition) and Thursday at 5 pm (Sun. edition). (3) The following represents a list of information that appears FREE in the Journal:

• Weddings • Engagements • Bridal Showers • Baby Showers

• Birth Announcements • First & 90+ Birthdays

50th+ Anniversaries

(forms are available at the Journal office, 304 W. 2nd, for weddings, engagements, bridal and baby showers)

(4) Pictures run in the Journal are scanned. In some cases, original prints of photos can be made. However, due to developing supply costs, there will be a charge for these prints. (Some exceptions apply.)

ADVERTISING INFORMATION Effective Aug. 1, 2001

(1) Display ads are located throughout the newspaper. Ad costs are based on the number of column inches that the ad occupies. The Journal's open rate is \$3.75/col. inch. Discounts are available under certain conditions. Borders and artwork are added at no extra cost! (2) DEADLINES FOR DISPLAY ADVERTISING are Tuesday at Noon (Thurs. edition) and Friday at Noon (Sun. edition). If you are a business or individual in need of placing a DISPLAY AD or you have questions about display advertising, call Leah at 272-4536.

(1) Classified ads are located on the NEXT TO LAST PAGE OF THE NEWSPAPER. These ads include (but are not limited to) FOR SALE, LEGAL NOTICES, HELP WANTED, GARAGE OR ES-TATE SALES, VEHICLES, FOR RENT, REAL ESTATE, ETC... (2) Ad cost is based on the number of words within the ad or the type of classified ad that is desired. Contact Beatrice at 272-4536 for more **READER ADS:**

15 and under words \$4.80 (first run) 15 and under words \$4.35 (each time thereafter) 16+ words .32¢/word (first run) 16+ words .27¢/word

(each time thereafter) DISPLAY CLASSIFIED: Charged by column size of ad. This type of ad will appear in the classified section, but will have a surrounding border. This classified ad is "dressed up." Cost is \$3.71 per inch.

MULESHOE AND BAILEY COUNTY JOURNAL Lots of news for very little \$\$\$\$\$\$\$

The Journal is printed 52 weeks a year — 2 issues per week!

RATES

ICA I LO	
Carrier	\$22/year
Mailed In Bailey County	\$24/year
Mailed Outside Bailey County	\$26/year
College Student Rate	\$22/year

CARRIERS: BOBBY AND MELISSA FLORES For carrier route customers: If you miss the paper, call the Journal during office hours at 272-4536. We'll gladly bring you a paper. Evenings and weekends, contact Bobby or Melissa at 272-6719.

Carrier Route Customers

SAVE THIS NUMBER FOR FUTURE REFERENCE SHOULD YOU MISS YOUR PAPER!!!!

Bobby & Melissa Flores 272-6719

(Evenings and Weekends Only)

We appreciate the Muleshoe community! We also encourage Muleshoe and surrounding area residents to submit story ideas. WE WANT TO BE YOUR LOCAL NEWS SOURCE AND YOU CAN HELP!!



Journal photo: Beatrice Morin

Making learning fun

Connie Alanis (left), Gloria Agundís, Dora Toscano and Flora Orozco during a Character Counts workshop Aug. 16 in the Dillman Elementary School cafeteria. Teachers from Dillman and DeShazo got together for the workshop to learn about the program's six pillars - respect, responsibility, caring, trustworthiness, fairness and citizenship.

REATIVE LIVING'

Information on shoulder pads and sleeve heads plus recipes featuring Chilean fresh fruit will be featured on "Creative Living" at 1 p.m. Aug. 28 and at 3 p.m. Sept. 1. (All time are Central.)

"Creative Living" airs on public broadcasting station KENW-TV from Eastern New Mexico University in Portales.

Bobbie Carr, sewing expert, author, and owner of the Fabric Carr in San Jose, Calif., will show why garments need the correct sleeve heads and shoulder pads, and she will demonstrate how to cover them.

Dr. Joyce Davis of Eastern New Mexico University in Portales, a representative of the Chilean Fresh Fruit Association, will demon-

hours of 9 p.m. and 8 a.m.

Calls to a workplace are

not allowed if the debtor

strate low-fat cooking featuring fresh fruit.

Information on quilting techniques and breast cancer will be featured at 10:30 p.m. Aug. 28 at and a 1 p.m. Aug. 30.

Patsy Shields of Sellersburg, Ind., representing Sulky of America, will show different quilting techniques, including stipple quilting, thread-sketch quilting, twin-needle quilting, and cross-hatch quilting.

Bernell Patton, owner of Bernell's Bra and Boutique in Hobbs, N.M., will show some of the newest breast forms that are available.

"Creative Living" is produced and hosted by Sheryl Borden of Portales.

The show is carried on more than 100 PBS stations in the United States, Canada,

contact friends, family or

co-workers to let them

know a debt is owed except



Guam and Puerto Rico and

is distributed by Westlink of

Viewers can request cop-

ies of materials offered on

the show by sending a first-

class stamp for each handout

requested, along with your

name, address and booklets

requested, to "Creative Liv-

KENW-TV, 52 Broadcast

Center, Portales, N.M.

Requests,

Albuquerque.

ing"

88130.

The Fair Store 120 Main 272-3500

Made in U.S.A.

Federal law regulates debt-collector methods as Sundays or between the • Debt collectors cannot

ROCKVILLE, Md. -They send letters in the mail. They call at home, work and on the cell phone. There seems to be no escape. They're debt collectors. And like a starving mouse that smells cheese, they are quite persistent.

"You don't have to let debt collectors treat you like a deadbeat," said Steve Rhode, president and cofounder of Myvesta.org. "There are laws to protect you from harassing and il-

SPECIAL TO THE JOURNAL legal collection practices."

The federal Fair Debt Collections Practices Act limits how far collectors can goin trying to collect a debt.

"The FDCPA applies to all collection agencies, repossession companies, lawyers and anyone else who is collecting a debt for a third party," Rhode said. "But the original creditor that the debt is owed to is not required to follow the rules of the FDCPA."

If the debtor is dealing with an overly aggressive collector, it's important to know some basic rights. According to Rhode, "Under the FDCPA a collector cannot demand payment by threatening you with harming your credit or business reputation, or make any other harassing remarks."

Some other rules under the law are:

- · Collectors are not allowed to use insulting, obscene or profane language;
- Collectors cannot call at inconvenient times such

specifies that personal calls with prior permission from are restricted at there; and the debtor. **NEWSPAPER POLICIES**

EDITORIALS are the opinion of the newspaper. They are written by staff members of the Muleshoe Journal. They are not signed because they express the position of the publisher, owners and newspaper staff.

LETTERS TO THE EDITOR are written by readers of the newspaper. They are brief expressions of opinion, most concerning issues of local interest. Letters must be legible. They may be edited for content, length and space. All letters must be signed by the writer and must include a daytime telephone number (used solely for verification). Open letters, letters to third parties and/or unsigned letters will not be published.

COLUMNS are the personal opinion of the writer whose byline appears. Columns from readers should address an issue of local concern and general interest. Columns may be edited for content, length and space.

Letters to the Editor and Columns can be sent to:

Editor - Muleshoe Journal P.O. Box 449, Muleshoe, Texas 79347 FAX 806.272.3567 or e-mail ctyankee@fivearea.com

DUBLIC RECORD

MULESHOE POLICE July 24

Benadicto Vega Torres, Aug. 14 18, sexual assault.

Eduardo Gómez, 36, warrant from Lyons County, Kan.

Aug. 1

Kevin Albert Davenport, 28, criminal mischief.

Aug. 4 Daniel Lee Anaya, 43,

public intoxication. Aug. 6 Wendy Zimmerman, 20,

warrant for theft by check. Aug. 7 Enrique Juan Toscano

Jr., 45, DWI (third).

Aug. 11 José Martín Juárez Rivera, 33, public intoxi-

cation. Aug 12

Jesús Cruz Quezada Mendoza, 23, DWI (first).

Richard Wesley Ring, 31, arrested for terroristic threat (not jailed).

SHERIFF'S OFFICE July 31

Arthur Flores Recio, 37, warrant for tampering with evidence (not jailed).

Roger Gale Clarkson, 51, warrant for aggravated assault with a deadly weapon (not jailed).

Aug. 6

Devilan Ann Chison, 37, motion to revoke probation. Aug. 13

Ruben Reyna, 47, unauthorized use of a motor vehicle. John Street, 47, warrant

for assault (not jailed). Aug. 15

Victor Baeza, 17, aggravated assault with deadly

Studies prove that reading increases knowledge!

weapon. STATE POLICE

Albert Donnell Lee, 48, driving while license suspended (not jailed).

Aries - March 21/April 20 Don't stand back when you see someone making a grave mistake early in the week, Aries. Stop him or her before things get too far along, and try to correct the situation. Your efforts will be rewarded. An old friend asks a favor of you. Don't commit to something that vou'll regret

Taurus - April 21/May 21 Don't fight change this week when it comes to your work. The old way of doing things isn't always the best way. Think of it as an improvement. A loved one has an important project for you. Don't be nervous; you definitely are up to the task. Show him or her exactly what you

Gemini - May 22/June 21 Don't get impatient, Gemini, when it comes to a personal matter on Tuesday. You've done all that you can; now, you just have to wait for the outcome. Don't worry; things will work out in your favor. The person whom you've been seeing gets into trouble. Be there for him or her; show how much you really care.

Cancer - June 22/July 22 A business associate confides in you about an upcoming event. Keep it to yourself. It is not your place to tell anyone else about this. A family gathering gets a little out of hand late in the week. Do what you can to keep everyone calm. Aquarius plays an important role on Saturday. Leo - July 23/August 23

Keep your eyes and ears open this week, Leo. Something suspicious is going on. It is in your best interest to find out what that something is. A close friend is in a bind and needs your help. Do what you can even if it involves rearranging your plans. It will be worth your while.

Virgo - Aug 24/Sept 22 A business associate asks to borrow money, Virgo. Say no. This person hasn't given you any reason to trust him or her in the past; don't trust him or her now. You run into an old friend late in the week, and that old flame starts to spark. Make plans to see him or her again. This is the beginning of a great relationship.

Libra - Sept 23/Oct 23 Don't take an acquaintance's wisecracks to heart. He or she is just frustrated, and you're the closest person around. Just let it go in one ear and out the other. A loved one causes a family argument. Help sort things out, and try to get family members talking again. It's not going to be easy

Scorpio - Oct 24/Nov 22 You learn some disappointing news about a close friend. Give him or her the benefit of the doubt until you find out the truth. That special someone has a surprise for you. Before you accept it, think about the consequences. Are you ready for them? Taurus plays a key role.

Sagittarius - Nov 23/Dec 21 You feel really good this week, Sagittarius. Share your joy with those around you. You're sure to brighten their day. A friend of a friend needs your help. Do what you can for him or her. Your efforts will be appreciated and rewarded. Capricorn - Dec 22/Jan 20

Don't let your drive to succeed overcome your loyalty to your friends. Betraying those close to you only will cause problems for you in the long run. A loved one gets into a sticky situation and needs you to bail him or her out. Do what you can, but don't get too involved with the

Aquarius - Jan 21/Feb 18 Be practical when it comes to planning your week, Aquarius. Don't bite off more than you can chew. There's a lot going on that needs your full attention. A business associate wants to be more than coworkers. Don't get involved with him or her; it only will lead to trouble.

Pisces - Feb 19/March 20

While it goes against your nature, Pisces, you get greedy with your possessions. Share what you have with those closest to you; they're not going to take anything away from you. A close friend takes you to an interesting party late in the week. Try to have a good time. You're going to meet someone very interesting there.



Butter substitutes may help control cholesterol level

SPECIAL TO THE JOURNAL COLLEGE STATION

— Lowering levels of blood cholesterol may be No. 1 on many Americans' gethealthier lists.

When new guidelines for cholesterol-lowering drug treatments were issued in May by the National Cholesterol Education Program of the National Institute of Health, a lot of people sat up and took notice.

The thought of having to take expensive and potentially dangerous medication to help them reduce blood cholesterol levels inspired many to look around for alternatives.

Here's one: In addition to a healthy low-fat diet and a steady exercise program, consumers may want to try some of the new fat/butter substitutes that have been advertised to help lower blood cholesterol levels.

Do they work?

According to Dr. Mickey Bielamowicz, Texas Cooperative Extension nutrition specialist, they do. In fact, according to studies she cited, the plant sterols used to make these spreads may lower blood cholesterol levels by as much as 10 percent.

Dr. Richard N. Fogoros, researcher and cardiology expert, in an online article on "Non-prescription Cholesterol Lowering" defined plant sterols as: "extracts of certain plants that, when ingested, inhibit the absorption of cholesterol in the small intestine. Thus dietary cholesterol never gets into the system."

(More information is available heartdisease.about.com/li-

brary/weekly/ aa040201c.htm.)

Preliminary research released last year by the U.S. Department of Agriculture (partically paid for by a manufacturer of butter substitutes) showed the effects of plant sterols on the blood cholesterol levels of 53 volunteers.

During the six-week study period in 1999, these volunteers were placed on a low-fat diet. For three weeks, they consumed about half a teaspoon of soybean sterols (in salad dressing) each day; during the other three weeks they ate the low-fat diet without the additional sterols.

Lead researcher Joseph T. Judd of the USDA's Agricultural Research Service in Beltsville, Md., reported that when the plant sterols were introduced into the volunteers' low-fat diet, their total cholesterol level dropped 14.1 percent, and their "bad" cholesterol level fell 18.2 per-

On the low-fat diet alone, their total cholesterol levels fell 7.3 percent and bad cholesterol levels 8.4 percent.

"I was surprised at the magnitude of the effect," he said. "And the volunteers' levels of 'good' (HDL) cholesterol stayed the same."

"The research is preliminary but offers new evidence that soybean and other plant extracts containing sterols can increase the cholesterollowering benefits of a healthy low-fat diet," said Floyd P. Horn, ARS administrator.

The study was partially funded by Lipton, maker of Take Control butter-substitute which contains plant sterols and is advertised to help reduce blood-cholesterol levels.

Funding for the research

was through a cooperative research agreement with ARS.

More information is available at www.ars.usda.gov/is/ pr/2000/000418.htm.

Recommendations from the American Heart Association say these fat/butter substitutes can be part of a well-balanced diet that includes a variety of foods low in saturated fat, trans fat, cholesterol and sodium, said Bielamowicz, who added that they taste pretty good, too.

"Mouth feel is important in eating of fats for pleasure, and the product provides that," she said.

She added that the fat/butter substitutes work through ingredients that "copy one or more of fat's roles in a food."

They come in three classifications, depending on the source of their nutrient:

Carbohydrate-based fat substitutes are made with plant polysaccharides; proteins and microparticulated proteins are fat-replacers; and fat-based substitutes block fat absorption in the body.

Whatever their base ingredient is, these products are designed to lessen the amount of fat in foods in order to help lower total dietary fat intake. she said.

But consumers should be aware that the fat/butter substitutes are more expensive than ordinary butter or margarine, she added.

OK, but are these butter substitutes safe? Bielamowicz said fat-substitute margarines such as Benecol (from McNeil Consumer Products) and Take Control (from Lipton) were approved by the U.S. Food and Drug Administration, but because these products have been on the market for such a short time - only a couple of years - long-term safety is still not known.

However, she said, if used as part of a healthy diet that meets the right dietary standards for nutrients, she said "fat substitutes used appropriately can provide flexibility with meal planning."

ODAY'S RECIPE

SURPRISE CHOCOLATE CAKE

1/3 cup margarine

1 1/2 cups sugar

4 eggs

1 cup mashed potatoes,

unseasoned

1/2 cup milk

1 tsp. vanilla

2 cups all-purpose flour

6 Tbsp. cocoa 1 Tbsp. baking powder

1 tsp. cinnamon 1 tsp. nutmeg

1/2 tsp. salt

Preheat overn to 350 degrees. In a large bowl, cream together margarine and sugar. Add eggs one at a

time, beating well after each addition.

Beat in potatoes.

Add remaining ingredients and beat for two minutes.

Bake in two 8- or 9-inch round pans or a 9x13-inch pan for 45 minutes - or until a cake tester inserted in the center comes out clean.

Cool cakes for 15 minutes and then invert onto wire racks to cool completely.

Sprinkle cakes with powdered sugar or use a favorite frosting.

Makes 16 servings.

Journal Classifieds

Deadlines are 5 p.m. Monday and Thursday

Call 272-4536

August 23, 2001

STOP & SHOP

LEGAL

Notice is hereby given that the Muleshoe Country Club is now applying for a renewal of a private club registration permit. Located at 900 Country Club Road, Muleshoe Texas, 79347. Archie Sowder, president; Dave Engelking, vicepresident; Laverne Winn, secretary. Published in the Muleshoe and Bailey Journals August 19 and 23, 2001.

ANTIQUES

I BUY ANTIQUES! Furniture, Pictures, Mirrors, Ranch Oak Furniture,

Lamps, Quilts, Estates **TOWN & COUNTRY ANTIQUES MALL**

373-3607 jshannon@cox-internet.com

FINANCIAL SERVICES

VISA/MasterCard. No security deposit. No credit check. No income verification. Instant approval by phone-1-800-277-7188

FOR SALE

CUTE & LOVEABLE! Registered Dachshunds for sale. Ready on Aug. 25th. Call Terri Bohler, 965-2322.

1995 Kenworth T600 3406E CAT, 10 speed, Jakes, Stand - up sleeper, virgin rubber, 60 % drivers, 80 % steering. Sold with Wilson hopper bottom, roll tarp, 80 % on brakes, new equalizers. Call 965 - 2474, leave message.

FOR SALE Clean Triticale, No Johnson Grass. Bulk Bags. Call 272-3733,

Leave Message. Hail to the Chief!

PUBLIC NOTICE

NOTICE TO CONTRACTORS OF PROPOSED TEXAS HIGHWAY IMPROVEMENTS CONTRACTS Sealed proposals for highway improvement contracts will be received by Fexas Department of Transportation (TxDOT) until the date(s) shown be CONSTRUCTION/MAINTENANCE CONTRACT(S)

District: Lubbock Contract 6073-62-001 for INSTALL TRAFFIC SIGNAL DETECTORS in UBBOCK County, etc will be opened on September 12, 2001 at 10:00 p.m at the District Office for an estimate of \$48,165.00.

Plans and specifications are available for inspection, along with bidding proposals, and applications for the TxDOT Prequalified Contractor's list, at prequalification information to TxDOT at least 10 days prior to the bid date to be eligible to bid on a project. Prequalification materials may be requested from the State Office listed below. Plans for the above contract(s) are available from TxDOT's website at www.dot.state.tx.us and from reproduct es at the expense of the contractor

Construction Division 200 E. Riverside Dr. Austin, Texas 78704 Phone: 512-416-2540

District Office(s)

Lubbock District District Engineer 135 Slaton

Lubbock, Texas 79404
Phone: 806-745-4411
Minimum wage rates are set out in bidding documents and the rates will be part of the contract. TXDOT ensures that bidders will not be discriminated against on the grounds of race, color, sex, or national origin

GARAGE SALE

MISCELLANEOUS

GARAGE SALE Fri. 8 am - 4 pm Sat. 8 am - noon 3 miles East on Hwy. 70, 3/4 mile North.

HELP WANTED

SUSAN'S SCENTS 605 W. Amer. Blvd. (Cellular 2000 building) Strongly scented homemade candles starting at \$3.95. Refills 40¢/oz. 20+ scents or request you favorite. 272-7523 or 272-5153

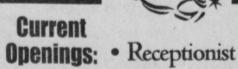
HELP WANTED

Need CDL Drivers with tanker and HAZMAT endorsement. Muleshoe area. Great benefits! Call Terry -Toll Free: 866-273-5966 ext. 148

Nursery worker needed for church services & special events. Please contact First United Methodist Church

and ask for Brad

Reeves at 272-5517.



In Floydada Welders



806/293-5434 500 Dallas, Ste B EOE

Want to Work in Texas? We've Got Jobs!

MOVING?

Find a new place or sell your old one with the Journal Classifieds 806-272-4536

HELP WANTED

HELP WANTED No Phone Calls! Apply in person at Tino's Mexican Restaurant 104 W. Amer. Blvd.

GROWING BUSINESS From Home. Mail-order/ E-Commerce. \$500-\$2,500/mo. PT, \$3,000-\$7,000/mo. FT. Free Booklet. 888-216-1326 www.smash2000.com

PRODUCTION POSITION **AVAILABLE**

Now accepting applications for production position at HI-PRO FEEDS. Company insurance, 401(k), paid holidays. Must pass drug screen. Apply in person at HI-PRO FEEDS in Friona.

WANTED **Auto Body Tech** 7 Years Experience. Top Pay. Call Rembrandt's Auto Body - Clovis. 505-763-1434

OPEN HOUSE

Home & Garden Party Come & Go OPEN HOUSE 919 E. Hickory, Muleshoe Featuring Home & Garden Party products ORDER FROM OUR NEW CATALOG!

\$10 purchase qualifies you for our Mystery Hostess Game! FRIDAY, AUG. 24TH 5:30-8:30 pm SATURDAY, AUG. 25TH 10 am-5 pm

SERVICES

Custom Wheat Sowing or Disking, Etc. Very low reasonable price! Call 272-5445 any time & leave a message.

Handyman Construction Decks & Fences Built. All Types of Home Repairs. 505-762-0563 or 505-799-5727.

WANTED

WANT TO BUY **SMALL CAMPER** TRAILER, 20 OR 25 FT. CALL 272-5263

REAL ESTATE

APARTMENT FOR RENT CALL 272-3711 OR 946-7668

REPO SPECIAL!!! Large (2,670 sqft) ranch style home that needs some TLC. INCLUDES NEW 25 YR. ROOF. 3 bedrooms and 3 baths. 2 car attached garage. Large 140'x150' lot. ONLY \$82,500 with FINANCING AVAILABLE. Drive-by 707 2nd St.

Farwell, then call Dennis Whalen, **Property Sales Dept,** 1-800-757-9201, Ext. 7374, (M-F 8:00 am to 5:00 pm) Pacific Time.

BUY IT!

MOBILE HOME FOR SALE

96 Clayton Sonoma 16 x 60, 3 -2. Central AC, Stove and Refrig. (806) 272 - 8942

House for Sale in

Muleshoe. 3 bedroom, 1 bath, single car garage, AS IS. Owner carry note. \$30,000. 307 W. 11th Call 806-359-9260 For Sale By Owner,

Country Club Addition: 3 bedroom, 2 bath, brick home, sunroom, sprinkler system, fireplace, fully carpeted, 2 car brick carport, storage building, fountain, beautifully landscaped. 909 E. Ivy. Call 272-4081 after 5 p.m.

SELL IT!

REAL ESTATE

FOR SALE Home at 519 W. 8th **Excellent Condition** 2 Bedroom, 1 Bath, with Large Closets, Central Heat & Air, Large 24 X30 Garage/Shop

Call 272-3713 **House For Sale** 4 bedrooms, 2 baths, 2 car garage, large basement, shop building, quonset barn, hay, shed, pens to hold approx. 600

head of cattle. 4 miles

North, 1 mile West of

Earth. Call 806-285-2181

It takes a heap of living to make a home.

on 15 acres, 3-1 3/4 2CG, 2 wells, barns, corrals, trees. Call to see. 806-272-3378

Nice Country Home

Large Country Homefor sale. New paint inside & out. Garage, storage, barn & corrals. New septic, roof & stucco. 26.25 acres included. Contact 272-3902.

FOR SALE BY OWNER RICHLAND HILLS AREA 3 bedrooms, 2 baths, living room, sunroom, 2 fireplaces, basement, carport, central heating & air, plus storage bldg. Approximately 3,000 sq.ft. By appointment only! Call 272-4943 or 272-4903

Nieman Realty

116 E. Ave. C • George Nieman, Broker • 272-5285 or 272-5286

RICHLAND HILLS - PARK RIDGE AREA

 NICE 3-3-1 Brick, Cent. heat, evap. air, built-ins, fans, 2000'+ lv. area, fenced yd., patio, stor. bldg.! \$57.5K! RH-1 WE HAVE SEVERAL NICE LOTS, CALL FOR DE-

· VERY NICHN2CON, ERAG Pump, DW, fans, fenced yd., MORE!! \$54.5K!! RH-2

HIGHLAND AREA

• 3-2-2 Brick, Cent. Heat, built-ins, fans, fenced yd., large workshop/stor. bldg.!! \$52.5K!! HL-2 • NICE 3-1-1+1 carport Home, Cent. Heat & Air, carpet & hardwood, 4 fans, fenced yd., MORE!! \$23.5K!! HL-4

LENAU - COUNTRY CLUB AREA

• 2-1-1 Home, wall furn. heat, \$18K!! L-4 • 3-2 Brick, Cent. A&H, fenced yd., corner lot!! \$40K!!

• 3-2-2 Brick, Cent. A&H, built-ins, Fireplace, 2000' lv. area, cov. patio, fenced yd., \$85K!!

COMMERCIAL

Hwy. 84, approx. 1584' office, 1320' shop, 4000' shop, & 2880 bldg., has railroad access, 2 mobile home hookups,

• Duplex (2-2 bdrm. 1 bath units) plus 1 (2 or 3 bdrm) for residence or rental. PRICE REDUCED \$25K!!!

• GOOD INCOME PROPERTY - approx. 3490'bldg., paved parking, good net lease!! PRICED TO SELL! • Established Business: Land, Bldg. & Equip., \$75K!!

 200 Main & E. Ave. B-4 rental units plus upstairs & basement or renovate for your own special use!! \$65K!! VERY NICE 2300' bldg., Cent. A&H, 175' frontage on pasture!! Hwy 84 &70!! MUCH MÖRE!!

• 140'X100' tract on Hwy. 84 & 70, 1760' bldg., 1500' storage,

HIGH SCHOOL AREA

2400' cov. area, paved parking !! \$49.5K!!!

 VERY NICE 3-1-1 Brick, Heat pump, DW, nice carpets, fenced yd., MORE!!! \$30's !!! HS-1

• 3-2 Home, corner lot, fl. furn. heat, fenced yd. \$25K! HS-10 NICE 3-21/2-2 carport Home, Cent. A&H, built-ins, FP. 2650' + Lv. area, fans, storm windows & doors, new roof, cov. patio, concrete cellar, fenced yd. w/ add. 2 carport,

large workshop, & stor. bldg. \$68K!! HS-7
• 2-1 1/2-2 Home, Cent. Heat, win. air, built-ins, fans, workshop/stor., fenced yd.!! \$50K!! HS-2

3-2 Brick, corner lot, fenced yd. \$25K "AS IS"!! HS-3

* RURAL

• EXCELLENT DAIRY LOCATION-1120 ac., 7 circles, 20 wells, very nice 3-2-3 Home w/basement, 40' x 60' barn w/ 30' x 40' shed, 3 mil. lb. grain facility, add. 3 bdrm. home, 2 mobile homes, on pavement convenient to Muleshoe, Clovis, Portales, & should have 5K head permit within 60 days!!! Could be split if needed!! PLEASANT VALLEY, Approx. 160 acres, 2 bdrm home,

 An approx. 5.1 acre tract w/approx. 144.5' frontage on 1 bath, 2 car detached garage, on pavement!!
 Hwy. 84, approx. 1584' office, 1320' shop, 4000' shop, &
 W. of SUDAN-NICE 3-3-2 Brick Home, 5 acre tract on Hwy. 298, Cent. Air & Heat, built-ins, large Quonset Barn,

MORE!!!! \$95K!!! • PRICE REDUCED - 108 acres or 7 acre tract on Hwy. 70, approx. 2100' office area, 16,900' commercial bldg. w/load-

ing dock, 3,400' warehouse, new well, 2,800' runway!!! EARTH – 4-2-2 carport home, Heat PumP, fans, storageworkshop!! \$35K

• 2-2-2 carport Mobile Home on 1.997 acres on pavement close to town, storage, 45' x 74' barn, pens, & fenced



401 W. American Blvd.

Muleshoe, Texas



WEEKLY PRICES EFFECTIVE AUGUST 22-28, 2001

BEEF BONELESS	6490
CHUCK ROAST	LB 37 09
X-TRA SAVINGS PAK BEEF BON	ELESS
CHUCK STEAKS	LB \$199
X-TRA SAVINGS PAK COUNTRY	STYLE
PORK RIBS	LB 99 ¢
OWENS ASSTD. VARIETIES	
BREAKFAST	
SAUSAGE	1 LB. ROLLS 3/\$5
DECKER	
SMOKED SAUSAGE	3 LB. PKG \$5 ⁵⁹
	THE RESIDENCE OF THE PROPERTY
ASSTD.	2/\$5
QUAKER CEREAL	13-18 OZ. BAG 3/\$5
QUAKER CEREAL LA COSTENA WHOLE	
QUAKER CEREAL	
QUAKER CEREAL LA COSTENA WHOLE JALAPEÑO PEPPER AMERICAN BEAUTY	S26 OZ. CAN 69¢
QUAKER CEREAL LA COSTENA WHOLE JALAPEÑO PEPPER	S26 OZ. CAN 69¢

SPAGHETTI SAUCE ... 26-26.5 OZ. 99¢

PRODUCE FROZEN & DAIRY

RED RIPE
TOMATOESLB 699
HOT & SPICY
JALAPEÑO
PEPPERS 18 69
MILD MEDIUM
YELLOW ONIONS LBS 4/\$1
SWEET JUICY
PURPLE OR
BLACK PLUMSB 88
4 LB. BAG
ORANGES EACH BAG \$188
3 LB. BAG EXTRA FANCY
RED DELICIOUS
APPLES EACH BAG \$188

PRICE'S 14 OZ. REG. OR 13 OZ. LIGHT **PIMIENTO CHEESE** SPREAD YOUR CHOICE 2/\$5 KRAFT SELECT VARIETIES SHREDDED OR CUBED CHEESE 8 OZ. PKGS 2/54 NESTLE • 4 CT. DRUMSTICKS VANILLA • 6 CT. CRUNCH OR BUTTERFINGER ICE CREAM BARS .. YOUR CHOICE 2/55 **DORITOS TORTILLA** CHIPS PRE-PRICED \$3.29 2/55 WESSON OIL 48 OZ. BTL \$188 ASSTD. REG. 10 PK. OR 6 BIG POUCH PKG **CAPRISUN OR** TANG DRINKS YOUR CHOICE 2/54

OREO COOKIES 20 OZ. PKGS 2/54 SPECIAL X-TRA SAVINGS PRICING GOOD THRU SEPT. 4, 2001





GRAPEFRUIT EACH BAG \$188

SEE OUR IN-CIRCULAR COUPON when you purchase \$6000



worth of groceries and pay with your MASTERCARD® Card.

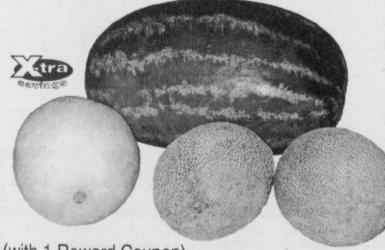
This coupon for information purposes only. Not valid. See this week's circular for valid coupon and full disclosure.

CHICKEN LEG QUARTERS

10 LB. BAG

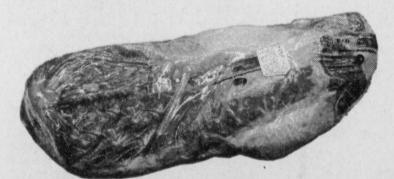
(with 2 Reward Coupons)

FREE



(with 1 Reward Coupon)

WHOLE WATERMELONS **CANTALOUPE OR HONEYDEW**



BEEF BRISKET

WHOLE CRY-O-VAC UNTRIMMED



(with 5 Reward Coupons)

FREE

Use Your Reward Coupons To Save Big! Our Prices

Here's How It Works!

Lowe's is giving you deep discounts on many of the items you purchase everyday! For each dollar you spend at Lowe's, we will give you a point. After 50 points (or \$50), you will receive a Lowe's X-tra Savings Reward Coupon. This coupon can then be redeemed for deep discounts on selected items. Each month, Lowe's will select from our most popular items in the store and deeply discount them for our X-tra Savings Reward Coupon holders. Present your coupon and receive incredible savings on selected items.

X-tra Savings Reward Program

Each Dollar You Spend Is Worth ONE (1) Point.

• After you earn 50 points, you will receive a Lowe's X-tra Savings Reward Coupon 图画文程面图画

Use your Lowe's X-tra Savings Reward Coupon to get deep discounts on one of the selected items.

• Only ONE (1) item can be purchased with each Reward Coupon. • Items will be changed monthly.

RUSSET

CHEE-TOS OR FRITOS® **CORN CHIPS**

PRE-PRICED \$2.29 (with 1 Reward Coupon)

• 11 OZ. FROOT LOOPS 10 OZ. RICE KRISPIES

• 15 OZ. RAISIN BRAN

• 15 OZ. FROSTED FLAKES

KELLOGG'S CEREAL

YOUR CHOICE(with 1 Reward Coupon)

LOWE'S OR SHURFINE

MILK

ALL VAR. GAL(with 1 Reward Coupon)

BACK TO SCHOOL

NOTEBOOK PAPER

200 SHEET(with 1 Reward Coupon)

6 PACK

COCA-COLA, SPRITE OR DR. PEPPER

.5 LITER BTLS. (with 1 Reward Coupon)

FROSTY ACRE HOMINY

GALLON CAN (with 1 Reward Coupon)

BAG OF ICE

BAG (with 1 Reward Coupon)

SHURFINE

CHARCOAL BRIQUETS

10 LB, BAG(with 1 Reward Coupon)

PILGRIM'S PRIDE LARGE

EGGS

18 CT. (with 1 Reward Coupon)

OSCAR MAYER

LUNCHABLES **FUN PACK**

4.15-4.5 OZ. PKG. (with 1 Reward Coupon)

POTATOES

10 LB. BAG (with 1 Reward Coupon)

CRISCO ASSTD.

COOKING OIL

48 OZ. BTL. (with 1 Reward Coupon

KRAFT

MIRACLE WHIP OR MAYONNAISE

32 OZ. JAR (with 1 Reward Coupor

ASSTD. HIDDEN VALLEY RANCH

SALAD DRESSING

16 OZ. BTL.....(with 1 Reward Coupon

3 PC. SET ENAMELED

STORAGE BOWLS

WHILE SUP. LAST (with 1 Reward Coupon)

YOUR CHOICE

FRONTIER BREAD OR **ROLLS OR NATURE**

GRAIN BAGELS

.....(with 1 Reward Coupon

PEYTON'S

SLICED BACON

12 OZ. PKG (with 1 Reward Coupon)

DOLE SALAD **GREENER SELECTION**

12 OZ. BAG (with 1 Reward Coupon)

THE X-TRA SAVINGS REWARD PROGRAM GOOD AT LOWE'S MULESHOE, CANYON AND TUCUMCARI STORES ONLY!

Points are not transferable between stores. No substitutions please on X-tra Savings Reward Items. Only one item may

be purchased at the special deep discount per Reward Coupon.