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Thursday, June 28, 2001

**********MIXED ADC 760

PAGE ONE

A QUICK READ OF THE NEWS

50¢

Bridges may go colorful Yellow might be too dull for Pitts-

burgh. A historic preservation group wants the city to trade the traditional yellow used on 16 bridges across the city for colors such as "purple ice," "perfect peach" and "candied yam."

The Pittsburgh History and Landmarks Foundation says broadening the city's palette would would showcase the architecture of the bridges and shed the city's industrial image.

Bank robber banks loot

After robbing a bank, where's the best place to stash the loot? Another bank, of course.

One alleged crook did just that in Kansas, and his actions are at the center of a lawsuit filed by Garden Plain State Bank, which is suing Sunflower State Bank trying to recover money stolen in a heist.

The suit claims that a man who robbed a Garden Plain branch in February took some of the \$7,165 in stolen money and deposited it at Sunflower.

Garden Plain wants a court order to recoup the money, but Sunflower says it can't legally give it back.

Just what doctor orders

For a while this month, the town of Dublin, Texas, just disappeared. For one week, the town was named for a soft drink.

To celebrate the 110th anniversary of the oldest Dr Pepper bottling plant in the world, city fathers replaced the Dublin city-limit signs with Dr Pepper signs.

The town, about 70 miles southwest of Fort Worth, changed the name as part of a customer-appreciation event hosted each year for the past decade by the town's Dr Pepper Bottling Co.

Ag Summit is scheduled for Lubbock hotel

SPECIAL TO THE JOURNAL

LUBBOCK - Agricultural producers from across the state can learn more about the impact of anticipated changes in agricultural policy by attending a two-day summit scheduled for Aug. 13-14 at the Holiday Inn Park Plaza.

The Texas Agricultural Policy Summit will attract producers, lenders, agribusiness representatives, environmental/natural resource stakeholders and rural community leaders.

Registration is \$70 per person. A block of rooms has been reserved and will be held until July 13.

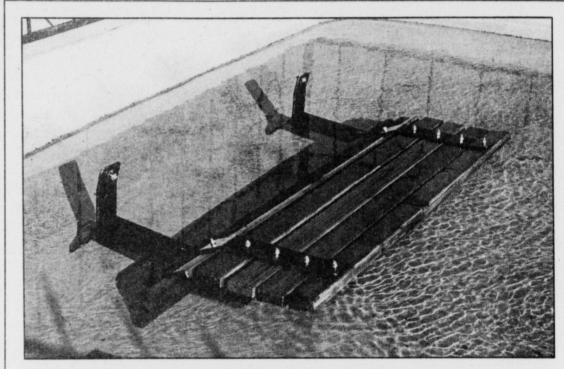
"The goal of this workshop is to focus on policy changes under consideration by state and national agricultural leaders," said Dr. Abner Womack, director of the Agricultural and Food Policy Center at Texas A&M.

Topics of discussion include a summary of policy options recommended to the U.S. House Agricultural Committee; the current agricultural situation and outlook over the next several years; and expected consequences for the Texas food and fiber system.

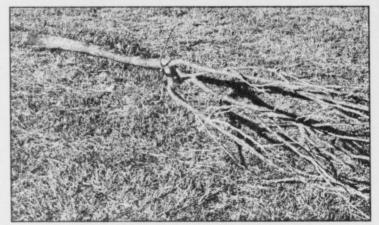
Several state and federal officials are expected to attend. U.S. Secretary of Agriculture Ann Veneman has been invited to speak at noon Aug. 14.

At 7:30 p.m. Aug. 13, the summit will begin with the issues underlying the farm bill debate, led by Dr. Ronald D. Knutson, Extension economist. He will be joined by Dr. Luther G. Tweeten of Ohio State University.

On Aug 14, Womack, along with Dr. Ed Smith, Extension economist, will discuss outlook and alternatives for the



50¢



Courtesy photos: Janet Claborn

Vandalism

Vandals attacked the new city park fountain recently, tossing one bench into the fountain (above) and overturning another, breaking off a recently planted tree (left), and tearing the grate off the fountain's water line.

Class again sponsoring yard tour

JOURNAL STAFF REPORT The Muleshoe High School senior class will sponsor a self-guided yard tour from 9 a.m. to noon July

Tickets are \$5 each and are available at Williams similar tour last summer.

Athletics, Williams Brothers Office Supply and the Muleshoe Chamber of Commerce office.

A spokeswoman for the class said between \$400 and \$500 was realized from a

Yards included are Bill and Alice Liles, corner of Joliet and Juniper (a yard that was featured in Sunday's Amarillo Globe-News); Marshall and Helen Cook,

see TOUR on page 2

Nursing-home fund passes \$30,000

JOURNAL STAFF REPORT the residents' rooms at the new electric bed, new dresser White, Don and Norma

The intention is to furnish Chester and Elinor Yerby, Donations to help furnish each resident space with a Glen Williams, Rheata Prather, and Darlene and Kenneth Henry, with Kenneth Henry as chairman.



Drawing date: Saturday, June 23 Winning numbers: 10-12-16-25-29-41 Estimated jackpot: \$13 million Winners: 1

Next drawing: Wednesday, June 27 Estimated jackpot: \$4 million

On this date in history

July 4 — The Texas Convention formally accepts the U.S. offer of annexation for statehood; the state constitution is adopted (1845).

July 6 — Fort Mason is established (1851) as a West Texas outpost on the Llano River. It is occupied intermittently until 1869

LOCAL WEATHER

As of Tuesday, the National Weather Service was not predicting any significant weather change for the rest of the week. Expect high temperatures to be close to 90 each day, with morning lows close to 60. Partly cloudy conditions should prevail from Friday through Monday, with sunburn danger extreme.

Editor Ronn Smith can be reached at 272-4536 or ctyankee@fivearea.com

Missed your paper? Call carrier Bobby Flores at 272-6719 or the Journal during business hours, 8:30 a.m.-5 p.m.

current farm program.

JOURNAL STAFF REPORT

considering relocating here.

dairy world."

here.

They will be followed by Mike Dwyer, chief economist with the U.S. Foreign Ag Service, who will discuss "Agricultural Trade Implications ----

see SUMMIT on page 2

features Muleshoe

new nursing home have topped \$30,000, according to organizers of the drive.

Donations made on June 28 at United Supermarkets will be matched by United up to \$2,500.

and other furniture, at an estimated cost of \$2,500 per resident.

The committee of volunteers overseeing the effort includes Jim Allison, Hubert Kidd, Marlene Martin,

Both local banks have accounts for donations to the fund to furnish the new facility.



Back to grade school

Applying a fresh coat of paint at DeShazo Elementary School are (from left) Myndi Heathington, MHS Class of 2001; Lindsey Field of Clarrendon College; Johnna Cleavinger, MHS Class of 2002; and Krystal Heathington of West Texas A&M University.

School district begins accelerated-credit program

JOURNAL STAFF REPORT

four miles north of town.

The Muleshoe Independent School District has established a process for credit by examination, without prior instruction.

students' scores on achievement tests.

The article says four area dairies are in various stages of permitting or construction and names J&S Dairy, five

miles west of Muleshoe, and Harlan Waterlander's project,

Any student, kindergarten through 12th grade, who wishes to receive credit for a class or grade level and be moved up may attempt to do so under the district's guidelines.

The student will be given, free of charge, a test approved, furnished and monitored by representatives of the district.

Elementary students must score 90 percent or more in language arts, math, social

studies and science in order to be advanced to the next grade. Secondary students must score at least 90 percent in individual classes - for example, English I.

A parent or legal guardian of the student must notify the district of the intention to test at least 30 days before the date of testing.

In addition to the test score, students in grades one through five must be recommended for acceleration by a district representative and a parent or guardian must give written approval of the move.

For high school and junior high students, the only requirement is the test score in an academic subject in which the student has had no instruction.

Testing dates for the fall semester are scheduled to be Aug. 7, 8 and 9, and the principal of the appropriate school must be notified by July 9.

Testing dates for the spring semester 2002 are scheduled to be June 4, 5 and 6, and the appropriate principal must be notified by May 1.

Details are available from the principal's office at the appropriate campus.

AROUND MULESHOE

Library schedules Storytime

The Muleshoe Area Public Library has scheduled Storytime for 10:30 a.m. Mondays starting July 9.

All children ages 2 to 10 are welcome to attend.

Programs will include "Library Dragon" on July 9, "Bedtime" on July 16, "I Like Spiders and Snakes" on July 23 and "Oink" on July 30.

More information is available by calling 272-4707.

GED tests scheduled

GED tests have been scheduled for Friday and Saturday in the Muleshoe High School library.

The testing will begin at 5 p.m. June 29 and 8 a.m. June 30. Students must have valid ID - driver's license and Social Security card - in order to be tested.

Public calendar

June 29 — Last day to order peaches from 4-H members; \$17 and \$25. Information, 272-4583.

June 30 — Olton's day of festivities to benefit the Special Olympics: Barbecue and chili cookoffs, volleyball, horseshoes, trap shoot, rides, barbecue lunch at noon (\$6.50).

June 30-July 3 and July 5-7 — District II Area II 11-

and 12-year-old all-star tournament in Muleshoe. First game 6 p.m. June 30; Muleshoe has a team playing. Allstar select tournament for same age group starts July 7 at Dix Little League Field in Lubbock. All-star tournament for 9- and 10-year-olds starts June 30 in Shallowater. Information, Curby Brantley at 925-6458.

July 3 — 7:30 p.m. Muleshoe Rebekah Lodge No. 114. Information, 272-3818.

July 5 — 4 p.m. Theta Rho Girls Club.

Also on July 5 — 8 p.m. Muleshoe Odd Fellows Lodge. July 10 — 7 p.m. Meeting for anyone interested in becoming a referee for high school football games, at Bailey County Electric Cooperative, 305 E. Avenue B.

July 4 — 17th annual Leal's Softball Tournament, at Babe Ruth Ball Park and the softball park; men's and coed, 3-2 pitch, 30-minute time limit. Cost is \$110 per team and entry deadline is July 2. Information, Mike López (272-3586) or Ramón Guillén (272-5050).

July 7 — 2 p.m. to 4 p.m. Reception for retired teacher Kerry Moore, in the First United Methodist Church Fellowship Hall.

The deadline for items to appear in Around Muleshoe is 5 p.m. Monday for Thursday's editions and 5 p.m. Thursday for Sunday's editions.

Dryland cotton about done in areas south of Lubbock

SPECIAL TO THE JOURNAL

Rainstorms Saturday night turned bad dreams into nightmares for dryland cotton growers in Dawson County and other areas south of Lubbock, according to spokesmen for Plains Cotton Growers.

Drought conditions since April had forced dryland farmers in those areas to plant cotton in dry dirt by the June 10 final planting date for qualifying for coverage under crop insurance provisions.

Those provisions also require adjusters to wait 15 more days before allowing a failure claim on the crop.

However, rainfall during this waiting period triggers a further extension before a claim can be worked.

"If seed is laying in damp dirt in that 15-day waiting period, there's a hold of seven days," Dawson County cotton farmer Shawn Holladay said Monday. "Some areas got an inch or more on Saturday, but it's too little too late."

Holladay explained, "Our bankers are worried we'll have to carry a crop that just doesn't have a future. We'll be growing weeds and cotton that we can't afford to manage. With the price of cotton so low, and farmers already borrowed to the hilt, there's nothing to borrow against."

He said he hopes insurance settlements can be made soon so he can follow alternate replant options that may otherwise be lost.

"I wish it were just a bad dream or a nightmare," he said. "Then I'd be able to wake up and it would all be back to normal. But it's not. This is real life, and it's grim."

Before Saturday's rain, informal discussions had indicated that as much as 750,000 acres of dryland cotton south of Lubbock was not going to produce a stand.

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Additional flood damage to vehicle can be avoided

SPECIAL TO THE JOURNAL

The recent pictures beaming out of the Houston area told a devastating story of floodwaters churnthrough ing neighborhoods, damaging everything in their path.

Cars parked on streets flooded past their windows with only the roof visible above the swirling water.

Floods, unlike hurricanes or earthquakes, are a potential threat to nearly every community. And everyone needs to know the steps to take to prevent further damage to flooddamaged vehicles and protect an important investment.

· Vehicle owners may be surprised to know that many parts of the vehicle are designed to withstand water damage, including the brake system, radiator and cooling system, airconditioning system, steering/power steering and suspension. These systems are made to operate in wet or dry conditions and usually will not sustain damage in a flood.

electrical systems and fuel systems are all vulnerable. However, even if the vehicle has been flooded, some of these parts may be saved with the proper treatment.

If key information is gathered before the insurance company is called, the claims representative will be able to help minimize vehicle damage. Some companies offer important steps to inspect a car and assess the damage:

 Check the oil indicator --- a reading that's too high may be a sign there's water in the engine.

Do not start or run the vehicle; running an engine will not dry it out or lead to water running out; on the contrary, running an engine that has water in it could cause severe damage. · Measure the depth to which the car was submerged. It is possible water did not enter any parts that are susceptible to damage. Water could enter through the exhaust pipe, air-intake bellows, vent systems or the oil filler and dipstick openings.

the vehicle was submerged. The shorter the time, the more salvageable damaged parts may be. · Check local weather

reports for the temperature during and after flooding. Warmer temperatures may

BITUARY

JEWEL GLOVER TAYLOR

Services were held Wednesday at the First Baptist Church for Jewel Glover Taylor, 90, of Muleshoe. Dr. Stacy Conner officiated. Burial was in Muleshoe Memorial Park.

Ellis Funeral Home handled arrangements.

Mrs. Taylor was born Jan. 13, 1911, at Newlin, Texas. She died Monday at home.

She married Charlie V. Glover on Dec. 12, 1931, in

by a son and daughter-inlaw, Jerry Don and Donna Glover of Lazbuddie; a daughter and son-in-law, Sue and Billy Chester of Sudan; a grandson, Brian Glover of Lazbuddie; four granddaughters, Tanya Masten of Durango, Colo.,

ONLY AIR CONDITIONED **ALL INSIDE STAND IN THE AREA** Terry Graves and Susan Miller, both of Littlefield, New and Sharon Williams of LARGEST Lubbock; 14 great-grand-SELECTION EVER! Black Cat children;

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event of flood damage. The sooner the company is aware of damage to a vehicle, the sooner they can get it back on the road.

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speed up corrosion.

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Hollis, Okla. He died March 17, 1979. She then married A.G. Taylor on Feb. 6. 1981, in Muleshoe. He died March 13, 1998.

The Glovers farmed around Spade, Sudan and Lazbuddie before retiring to Muleshoe in 1969.

She was a homemaker and a member of First Baptist Church.

Mrs. Taylor is survived

stepsons, Gus Taylor of Amarillo and Tommy Taylor of Hudson, Ohio; a stepdaughter, Nonnie Bryant of Albuquerque; 10 step-grandchildren; and 13 step-great-grandchildren.

great-great-grandchild; two

The family suggests memorials to Dimmitt Hospice Care (112 W. Jones St., Dimmitt 79027) or First Baptist Church (220 W. Avenue E, Muleshoe)

agsummit@tamu.edu.

agsummit.tamu.edu.

The registration form is

at

also available on the

1771

Internet

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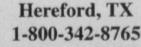
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SUMMIT

from page 1

Who Wins and Loses in a Global Market?"

During lunch, Veneman has been invited to discuss the role of the U.S. Department of Agriculture in defining priority issues.

Invited speakers for the afternoon segment, U.S. Rep. Larry Combest, R-Texas, chairman of the House Agriculture Committee, and U.S. Rep. Charlie Stenhholm, D-Texas, are invited to discuss national policy issues and expected farm bill modifications.

The state panel includes representation from both

TOUR

from page 1

1811 W. Avenue H; Kevin and Rhonda Smith (front yard), 1705 W. Avenue G; Joe Bob and Sheila Stevenson, 901 E. Ivy; and J.D. and Julie Cage, 1 1/2 miles east of the junction of U.S. 70 and U.S. 84.

houses of the Texas legislature: Rep. David Swinford, chairman, House Committee on Agriculture and Livestock; Sen. Robert Duncan, vice chairman, Senate Committee on Natural Resources; and Rep. Gary Walker, House Committee on Land and Resource Management.

The afternoon segment will feature federal and state panelists discussing the policy options being considered.

More information about the summit is available by Cady contacting Auckerman at (979) 862-

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Sunflowers showing up often in place of lost cotton

SPECIALTOTHEJOURNAL COLLEGE STA-TION — Sunflowers are one of three crops being planted to replace hail-damaged cotton fields in the South Plains, the Texas Agricultural Extension Service reports.

"On May 30, we had a massive hail storm here in Lubbock County, and we lost 100,000 acres of cotton production," said Mark Brown, Extension agent in Lubbock County.

"There's still replanting going on from that, including replanting crops such as grain sorghum, soybeans and sunflowers," he added.

Some sunflower fields were also damaged in the storm, but not all of the fields were affected. Of the fields not damaged in the storm, some sunflowers are currently in bloom, Brown said.

"Production is good on the sunflowers that didn't receive the hail damage," he said.

Sunflowers are grown across the state, but nearly 90 percent are grown in the High Plains area due to the lack of water in the region. Low water availability and high irrigation costs have forced many Texas farmers to seek alternative crops, such as sunflowers.

"There has been a big increase in sunflower acreage in Texas, due in part to lower water requirements than some of the other crops," said Dr. Travis Miller, Extension program leader for soil and crop sciences.

"With these drought

years and declining water tables, lower water availability has convinced people that they might need to look at sunflowers as an alternative crop to reduce irrigation costs."

Sunflowers have an extensive root system that goes deep into the ground to find water, Miller said.

Therefore, they do well in a drier environment and are a natural crop for the High Plains.

Miller also cited low commodity prices in other crops as a reason for sunflower acreage increasing.

The majority of sunflowers grown in the United States are oilseed sunflowers, which are used for oil and livestock feed.

In Texas, the majority of sunflowers grown are confectionary sunflowers, which are used in the food market. Miller said confectionary sunflowers bring more money than oilseed sunflowers.

"(Oilseed sunflowers) go at oilseed prices. They are competing with soybean and cottonseed, which are other major oilseeds," Miller 'said.

"The confectionary market is a food market, and the farmer typically gets more than twice the price he'll get on oilseed crops," he added.

Sunflowers are planted in Texas between the months of February and June, depending on the location. They are harvested bout 130 to 140 days after planting.

Miller said sunflowers can grow over a wide

range of conditions, ranging from light-texsoil tured to heavy-textured soil. In order to grow a satisfactory crop, 19 to 20 inches of water are needed.

The biggest problem with growing sunflowers is pests, in particular the sunflower moth.

"Most of us in the education business warn people that if they don't manage sunflower moths, they might not plan to harvest sunflowers," Miller said.

Pests such as the sunflower stem weevil may cause occasional problems.

Dr. Bob Robinson of Amarillo, district Extension director in the Panhandle, said about 65 percent of the sunflower acreage is planted. No pest problems are being reported in the crop.

Panhandle cotton is mostly rated fair to good. Thrips are the major pests, but a few beet armyworms are showing up in some fields, Robinson said.

Soil moisture in the Panhandle is short. Southwestern and European corn borer moths actively laying eggs in corn. Sorghum is 70 percent planted. Wheat harvest is under way.

Hot, dry winds are rapidly drying soil moisture.

On the South Plains, soil moisture is short to adequate. Dryland cotton is stressing. Peanuts are blooming and have weathered storms better than other crops. Sunflowers not lost in hail storms are blooming, and wheat harvest continues.



State urges screening all children for lead poisoning

SPECIAL TO THE JOURNAL cal treatment.

Corral any group of 25 preschoolers and at least one child probably will have a level of lead in his or her body high enough to cause concern. That's a general idea about the problem in Texas.

But the Texas Department of Health wants a more comprehensive picture of the extent of lead poisoning in children, for prevention and treatment purposes.

So in January, the department began asking all health-care providers to give a blood-lead test to every child at 12 months and 24

A 1996 state law mandated the reporting of blood-lead test results to the the department's Child Lead Registry, but even that reporting does not provide enough data to spot which children are at risk for lead poisoning or where they live. So the department, working with an advisory group, put together a twoyear plan that includes the screening recommendations.

The department will give quarterly feedback to health-care providers during the two-year period. "At the end of that time, we will have put together a summary of the data and recommend final leadscreening guidelines," Willis said.

also will be used to identify communities where people are at high risk for lead poisoning.

It sometimes is difficult to spot affected children. "A child may have lead poisoning and not feel sick," Willis said. "Or a child may have general symptoms such as stomachaches, headaches, a poor appetite, trouble sleeping or be cranky, tired or restless."

Among the sources of lead are peeling or chipping paint in homes built before 1978, dust from sanding or removing old paint or wallpaper and soil

tries that use lead, old water pipes made of lead or new fixtures with lead solder, food grown in lead-contaminated soil, food stored in some glazed potteries or in open cans or leaded glass, bullets and fishing sinkers, hobbies that use lead such as stained glass and some folk remedies.

In addition, a pregnant woman can pass lead on to her developing baby.

To protect children:

· Have children wash their hands and face after playing outside and before eating or sleeping;

dler toys often. Be cautious. Toys, especially those made in another country, may use lead-based paints or dyes; · Do not use hot water

that flows through leaded pipes or pipes soldered with lead for cooking or preparing drinks or infant formula;

· Check your home for chipping and peeling paint and paint dust;

· Call the Childhood Lead Poisoning Prevention Program at (800) 588-1248 for details on removing paint, plaster and wallpaper.

months of age and report the results to the state.

"In 1998, about 6 percent of Texas children under the age of 15 had a blood-lead test, with about 4 percent of those tested showing elevated blood-lead levels," said Teresa Willis, administrator of the department's Texas Childhood Lead Poisoning Prevention Program. "That means as many as 191,000 children in the state may have elevated bloodlead levels."

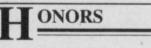
Poisoning occurs when there is too much lead in the body. Lead is especially bad for children 6 and younger because it is absorbed so easily by their small bodies.

Youngsters may eat or breathe in lead from such things as paint, dust, drinking water, soil, toys or eating and drinking utensils. Many people may not realize that lead is around them because they cannot see it, taste it or smell it.

"We want health-care providers and parents to understand how important we think this screening is for children," Willis said.

"Even small amounts of lead can harm a child's brain, kidneys and stomach. Lead poisoning can slow a child's development, leading to learning disabilities, hyperactivity and impaired hearing," she said.

If caught early, however, these harmful effects can be limited by reducing a child's exposure to lead or by mediData from screenings



ANGELO STATE

Six Muleshoe-area students are among those named to the dean's list for the spring semester at Angelo State University in San Angelo.

They are Steven Brice Foster, a finance major; Brandi Nicole Harrison, a psychology major; Eric J. Posadas, a computer science major; Carolyn D'Ann Schuster, a psychology major; Dustin W. Weir, a pre-medicine major; and Jeffrey Wayne Wheeler, a pre-veterinary major.

According to a press release from the school, an incorrect list of students was released earlier.

To be eligible for the dean's list, a student must be enrolled as a full-time student and earn at least a 3.25 grade-point average. LOCKER

Stacy Danae Locker of Muleshoe was among the students named to the dean's list for the spring semester at Texas Christian University in Fort Worth.

In order to be eligible for the dean's list, students must maintain at least a 3.4 grade-point average.

near a major highway that may be contaminated from years of leaded fuels.

Other sources are indus-

 Clean bottle and pacifier nipples each time they fall on the ground;

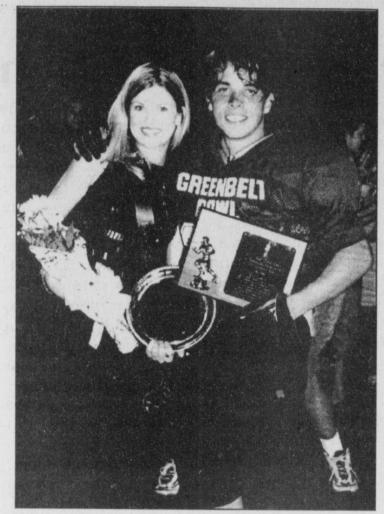
· Wash infant and tod-

The family of Donnis Ashford wishes thank the residents of the area for the prayers. flowers, food and acts of sympathy during our loss. Your thoughtfulness is greatly appreciated. Ancel's injuries will heal. Thank you for your continued prayers. Ancel Ashford; Ronald & Flonita Ashford; Jeff, Amanda & Nicholas yne; Adrienne Ashford; Jim & Linda Bruton; Cebia Bruton; Lynial & Betty Ashford; Bunk Hovaland; Fred. Robin & Bobby Keiser. Rob, Jenny & Cheyenne McCroy





Page 4, Muleshoe Journal, Muleshoe, Texas, Thursday, June 28, 2001



Courtesy photo: Terry Parham

Winners at Greenbelt Bowl

Lazbuddie's Landon Parham and Kendra Gallman display the honors they brought home from the June 9 Greenbelt Bowl at Childress. Parham was the only six-man player among the 56 selected to play in the game, and Gallman was his queen candidate. Parham won what is reportedly Greenbelt's most prestigious award, the Hoot Voyles Award, given for the player's efforts during the game as well as the relationship he established with the coaches and other players during the week prior to the game. Gallman was first runner-up among the 47 girls, who modeled formals and were interviewed before a panel of judges. Parham and Cole St. Clair, also of Lazbuddie, have been selected to play in the All-American Six-Man Football Bowl, scheduled for July 28 in Gordon, Texas.

Workforce gets allocation

Bailey County and the other 14 counties in the South Plains Workforce Development Area have been notified of an allocation to continue funding their services for another fiscal year.

The services are primarily federally funded and are generally free to all Texans.

The money will be used to

OP NEWS

lars.

child-care services to allow lowincome citizens or welfare recipients to work or attend educational or training activities, help with welfare-to-work transitions, assisting food-stamp recipients in The allocation for fiscal 2002 becoming self-sufficient and is more than \$13.8 million dolhelping employers find qualified workers.

In this case, the combine held the evidence.

Jimmy was a good boy Even his sister said so.

He was from an east-river farm family that was proud he had chosen that fall to attend South Dakota State University in Brookings.

One winter weekend, Jimmy came home for a visit. They had a big Friday-night supper. The next morning, his brothers sent him into town to pick up the combine at the shop. It was a small town, but it still had some comfortable, inviting places.

Jimmy recognized a couple of his buddies old cars out front of the local watering hole. He parked the combine outside in the snow-packed street and left the diesel running. He intended just to say "hi" and go home.

It was a grand reunion. They sat in the cozy dimness and brought each other up to date. They snacked on beer nuts,

meat sticks, 50-cent bags of

House OKs farm-aid bill

The U.S. House of Representatives approved the \$5.5 billion in farm aid Tuesday, led by Agriculture Committee Chairman Larry Combest.

Combest called for Senate approval before the August recess so the bill can be sent to the president for his signature in time to get the money to farmers before the fiscal year ends Sept. 30.

Of the total amount, \$4.6 billion is earmarked for MarketLoss Assistance based on AMTA transition payments, with the balance going to producers of cottonseed, oilseeds, peanuts and other commodities.

The breakdown includes \$424 million for oilseeds, \$85 for cottonseed, \$54 million



quiet, snowy streets of his hometown.

New snow had fallen. The wind had stopped completely, and a light fog had settled in. It gave the streetlights a fuzzy glow.

He walked down the street to the quietly rumbling machine. The cab was warm and toasty. What a great night. It was a satisfied, smiling farm boy that drove home with his memories.

At 8:30 that morning, his sister banged on the door. "Jimmy," she said, "there's someone here to see you." Hastily dressing, Jimmy fol-

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lowed the sheriff out to the machine shed. "I followed yer tracks out here this morning, son. I'm not sure what to charge you with. It wasn't reckless driving because the combine is not a vehicle, and it's not vandalism because I'm sure it wasn't deliberate. But I suspect you'll be working overtime here for your brothers — and maybe all the neighbors along your road ---as soon as they see the grainhead."

"What do you mean?" asked Jimmy, groggy, bleary-eyed and not understanding.

He rounded the corner of the machine shed and saw the 24-foot-wide grainhead on the combine.

It held, in a fairly messy pile, 18 — the sheriff /had counted them - 18 freshly cut mailboxes.

Jimmy had nothing to say.

Mon.-Thurs. 9-5:30.

Fri. 9-6 p.m.

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for loan to

receive

free gift

-

-

for peanuts, \$17 million for wool and mohair, \$26 million in grants to states to promote agriculture; and \$133 million in grants to states that represent the proportional value of specialty. crops in each state.

potato chips with exactly six

chips per bag, pemmican jerky

and cardboard pizza. Each had

an 8-ounce Grain Belt. They

played pool and relived their

The afternoon got away

About 7 p.m., they decided

to go down the street to the

dance and scout out the action.

There were a goodly number

of folks in attendance, includ-

ing some local girls. Jimmy

took advantage of the situa-

the band played "last dance."

The crowd dissipated and

Jimmy found himself in the

It was after midnight when

tion to get reacquainted.

teen-age "old days."

from them.

The bill also increases paylimits ment on marketing-loan gains and deficiency payments to \$150,000 per person for the 2001 crop.

Combest said there will be opportunities to improve the bill as it moves through the legislative process.



REPRESENTATIVE SALES

1105 head of cattle, 126 hogs and 509 sheep and goats for a total of 1,740 animals were sold at the June 23th sale. Market steady on all stocker cattle -not enough feeder cattle to test market. Pirs & Bre

Discount Fireworks

fund programs such as employ-

ment and training services for

disadvantaged adults and youth,

Muleshoe Church of Christ was the site for the June 21 meeting of TOPS No. 34. The meeting, held in the Fellowship Room, was opened by leader Laverne James.

Both songs were led by song leader Alma Roberston.

Janie Hughes, secretary, presented the minutes from the previous week's meeting, and they were accepted as read.

Weight recorders Betty Jo Davis and Alene Bryant conducted the weigh-in and gave the roll call for the 14 members present.

Ruth Clements and Robertson tied for the best loser, with Molly Davis as first runner-up and Polly Otwell as second runner-up.

James discussed the importance of proper diet in losing. weight. She said a diet should be followed closely without add any additions. She also said that any formal diet should be chosen carefully and, ideally, with a doctor's advice.

A suggestion to help speed up weight-loss is to use smaller plates --- about half the size of a regular dinner plate. It has even been suggested to use a plate half the size of a fist.

Many successful dieters make such foods as veggies, fruits and low-fat yogurt main stays of their diet.

Losing weight and keeping it off are only part of the benefits of walking, James said. Walkingalsoincreasesenergy and improves physical and mental health.





Regular and 1st 8-week terms begins August 2 October 22 **Fall Early Registration** All Students – July 2-13 Clovis Community Room 126 • 8 a.m.-7 p.m. College 7 Schepps Blvd wis, NM 8810 www.clovis.cc.nm.us • 769-4025

cows steady with good demand. Packer cow & bulls, 1-2 higher. Remember 1 more sale before July 4th. We will NOT have a sale Saturday, July 7th.

The Muleshoe Cattle Market is brought to you each week by Muleshoe Livestock Auction, located east of Muleshoe on U.S. 84. Muleshoe Livestock conducts sales every Saturday, reginning with hogs, sheep and goats at 10 a.m. and cattle following at approximately noon.

FOR INFORMATION ON SALES OR TO CONSIGN CATTLE, CALL (806) 272-4201

Seller, City	# Type	Wt. CWT or PH
Ramiro Llanes, Albuquerque, NM .	3 Hol. Hfr . per hd.	442 lbs. at \$795.00
Ramiro Llanes, Albuquerque, NM.	1 Hol. Hfr per hd.	590 lbs. at \$925.00
Luis Flores, Muleshoe Robert Baker, Rogers, NM	2 Hol. Bulls	200 lbs. at \$129.00
Robert Baker, Rogers, NM	Hol. Bull	240 lbs. at \$118.00
HM Ent., Clovis, NM	5 Char. Str	272 lbs. at \$131.00
C.M. Cattle, Muleshoe	Red Bull	350 lbs. at \$120.00
B.T. Livestock, Morton	Red Bull	375 lbs. at \$116.00
FM Farms, Brownfield	4 Blk. Bulls	481 lbs. at \$110.00
FM Farms, Brownfield	2 Mxd. Strs	703 lbs. at \$90.00
ACU, Morton	2 Red Strs	430 lbs. at \$108.00
ACU, Morton	23 Mxd. Strs	518 lbs. at \$102.00
L.W. Shafer, Sudan	2 Red Strs	525 lbs. at \$100.00
Diamond A Trust, Causey, NM	2 Blk. Strs	530 lbs. at \$105.00
J.P. Claunch, Enochs	2 Blk. Strs	543 lbs. at \$102.00
JCL Inc. Muleshoe	2 Blk. Strs	690 lbs. at \$91.50
KP Farms, Lubbock	8 Mxd. Hfrs	272 lbs. at \$129.00
HM Ent., Clovis, NM	4 Char. Hfrs	285 lbs. at \$114.00
Tom Jinks, Muleshoe	Char. Hfr	285 lbs. at \$116.00
Ruth Clements, Muleshoe	Blk. Hfr	380 lbs. at \$105.00
BT Livestock, Morton	Red Hfr	410 lbs. at \$98.00
ACU, Morton	145 Mxd. Hfrs	437 lbs. at \$95.00
ACU, Morton	13 Mxd. Hfrs	510 lbs. at \$87.50
CM Catle, Muleshoe	Brwn. Pair	a \$740.00
Alan Belcher, Pep, NM	2 BWF Pair	\$750.00
G&G, Texline	2 Blk Cows P6	\$600.00
ACU, Morton	2 Blk Cows P6	\$520.00
Tom Jinks, Muleshoe	Limo Cow	1255 lbs. at \$53.25
L.W. Shafer, Muleshoe	Blk. Cow	1285 lbs. at \$49.50
Alan Belcher, Pep, NM	Red Cow	1155 lbs. at \$47.25
Diamond A Trust, Causey, NM	Blk. Cow	1065 lbs. at \$45.50
Sicler CAttle, Farwell Bart Carter, Levelland	RWF Cow	1105 lbs. at \$49.50
Bart Carter, Levelland	Spot Cow	1665 lbs. at \$50.25
Mittie Braddock, Post	Blk. Cow	1460 lbs. at \$50.25
Alfredo Soto, Farwell	Hol. Cow	1475 lbs. at \$49.50
Allen Cadell, Earth		
Ronnie Vaughn, Littlefield	Char. Bull	1460 lbs. at \$58.00
M&M, Sudan		
A DWANGED CONCION	MACHITO FOD	ILINE DOTL

NSIGNMEN

1 Load Packer Cows off grass	and the second
20 Corriente Str.	700 lbs.
1 Load Calves 4 -	- 600 lbs.

Muleshoe Journal, Muleshoe, Texas, Thursday, June 28, 2001, Page 5



Journal photo: Beatrice Morin

New on the job

Paula Johnson of Dimmitt is the new eligibility specialist for the South Plains Health Provider Clinic in Muleshoe. On Tuesdays and Thursdays, Johnson screens clients for Medicare eligibility or referral to the CHIPS program. She has more than 14 years of experience with the Texas Department of Health.

Texas cattle numbers stay ahead of last year

SPECIAL TO THE JOURNAL

AUSTIN -- Cattle and calves on feed for slaughter in Texas feedlots with a capacity of 1,000 or more totaled 2.89 million head on June 1, according to the monthly report released by the Texas Agricultural Statistics Service.

That number was up 3 percent from a year ago. The estimate was up 9 percent from the May 1 level.

Producers placed 810,000 head in commercial feedlots during May, up 13 percent from a year ago and up 84 percent from the April 2001 total

Texas commercial feeders marketed 545,000 head during May, a 4 percent decrease from a year ago but a 5 percent increase from the April 2001 total. May placements in the northern High Plains totaled 673,000 head, up 88 percent from the April total. Marketings were up 6 percent from last month to 441,000 head.

Cattle and calves on feed for slaughter market in U.S. feedlots of more than 1,000head capacity totaled 11.24 million head on June 1, 2 percent above the same date last year.

Placements in feedlots nationally during May totaled 2.37 million head, 3 percent above May of last year.

May placements of cattle and calves weighing less than 600 pounds totaled 494,000 head; those from 600 to 699 pounds totaled 509,000; those from 700 to 799 pounds totaled 799,000 head; and those of 800 pounds or more totaled 565,000 head.

Vegetable breeder developing mild habanero

SPECIAL TO THE JOURNAL

WESLACO — Relief is on the way for pepper aficionados who love the flavor and aroma of the habanero but can't stand the heat.

The same research center in South Texas that tamed the jalapeño pepper in the 1970s hopes to have a milder version of the fiery orange pepper in about two years.

"People are still arguing whether the habanero is the world's hottest pepper, but certainly it's the hottest pepper anybody would want to eat," said Dr. Kevin Crosby, a vegetable breeder at the Texas A&M Agricultural Research and Extension Center at Weslaco.

Crosby heads up the only mild habanero breeding program in the country.

The growing popularity of the habanero in the United

honor Fourth Springlake to

Springlake's Fourth of July celebration will be held July 4 at the city park, on west U.S. 70.

Activities begin that morning with a Jack and Jill Volleyball Tournament sponsored by the 2002 senior class at Springlake-Earth. Entry fee is \$10 per player, and the signup deadline is July 1.

T-shirts will be given for first- and second-place teams.

More information on volleyball is available by calling Cathi Freeman at (806) 257-2121 or Kim Neinast at (806) 257-2014.

A parade is scheduled to begin at 6 p.m. at the commu-

States prompted Crosby to add the pepper to his breeding program two years ago, not so much to reduce its heat but to provide growers with a better plant.

"We're trying to improve its adaptation to the climate here in South Texas since the habanero has become a very high-value cash crop for the few growers who produce it," Crosby said. "Unfortunately, the habanero variety from the Yucatan and the Caribbean that we grow here isn't too well-adapted to our hot, windy.climate."

Crosby has crossed the Mexican habanero with wild species from Bolivia and Colombia to develop a hardy plant that yields well, while maintaining the aroma, heat and other characteristics of the popular variety.

"While we're developing a

nity building, on south U.S. 385, and end up at the park.

Parade awards will given for first, second and third places in floats, antique tractors and antique cars.

More information on the parade is available by calling city hall at (806) 986-4211.

A hamburger and hot dog supper, homemade ice cream and desserts will be available on a donation basis.

Lazbuddie Services will provide entertainment for children.

There will be fireworks at dark.

The public is invited to bring chairs and quilts.

hardy plant that yields uniform and abundant fruit, we're also selecting for some milder versions for people who like the flavor and aroma but who don't like the super heat," he said.

Since heat tends to be a highly dominant trait in peppers, Crosby said, it takes many selections to develop one that is both mild and has the same shape, size, color and fruit quality as the hot type

"We also want to incorporate the virus and disease resistance we're finding in these South American varieties. And we're screening these exotic varieties for higher levels of phytochemicals, or beneficial compounds, that we can introduce to all pepper varieties consumed in the United States to improve our health."

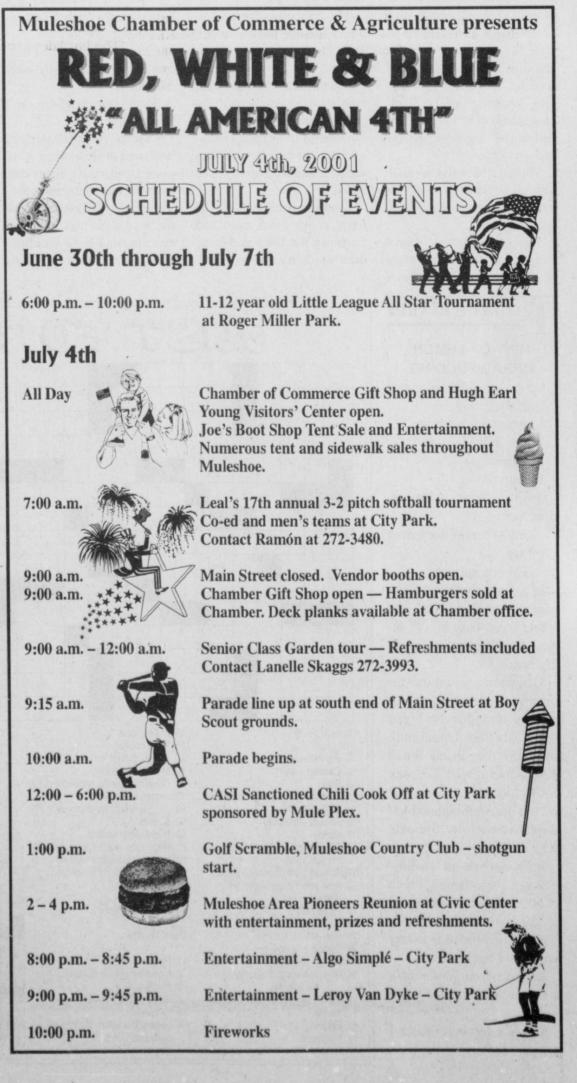
Like the mild jalapeño pepper developed by Crosby's predecessor, Dr. Ben Villalón, the milder habanero would be used only in salsas and not sold on the fresh fruit market to avoid possible litigation caused by stray hot peppers that might crop up among mild peppers.

"Company representatives tell us their habanero salsas are so popular they can't find enough habaneros to keep up with demand," Crosby said.

"And by producing a milder habanero, they could produce milder versions without having to supplement the salsa with other sweet peppers. They could produce a pure and mild habanero salsa, much like the mild jalapeño salsas that are so popular now."

1





antibiotic us fo to carry

SPECIAL TO THE JOURNAL

COLLEGE STATION -Part of a small virus that attacks only bacteria acts like an antibiotic to destroy E.

Ing-Nang Wang, a lead investigator on the project.

New types of antibiotics are increasingly important because many disease-causcoli, researchers with the ing bacteria have become

to the illness.

"This 'protein antibiotic' is the answer to an old mystery: how O-beta and other small phages kill bacteria," said Dr. Ry Young, a biochemist in whose lab at Texas A&M University the work was done, in collaboration with Dr. Douglas K. Struck, a medical biochemistry and genetics professor. "Basically they let the cell commit suicide by dividing without making a new cell wall," Young said. Phages — which are not the same type of viruses that infect humans, animals and plants - are basically dormant bundles of DNA or RNA in protein coats until they come into contact with bacteria, Bernhardt said.

Texas Agricultural Experiment Station have found.

A report on the antibiotic action of the small virus, "Q Beta," is reported recently in Science magazine.

The research was funded by the National Institutes of Health's general medicine institute.

The finding provides a new approach for designing drugs to combat many serious bacterial diseases, including E. coli, pneumonia, staph infection, ear infections, Lyme disease and cholera in humans, as well as bacterial diseases in pets, livestock and crops, according to Tom Bernhardt, biochemistry doctoral student, and Dr.

resistant to antibiotics, reducing the number of medicines available for treatment.

Researchers fear that continued resistance could result in epidemics of diseases once thought controlled by antibiotics.

The research at the experiment station found that a protein within the small virus, known as a "phage" in scientific circles, does the same thing to bacterial cell walls as antibiotics do: It blocks the ability of the cell to make its tough outer wall so bacteria blow up or destroy themselves rather than divide into more cells. Dead bacterial cells means an end

They then go into action, replicating within the bacterial cell and, after only a few minutes, exploding it.



New cholesterol-lowering guidelines still emphasize diet

SPECIAL TO THE JOURNAL

COLLEGE STATION-The middle-aged woman was a little concerned. A recent checkup showed her cholesterol count had gone above 200-to 206, in fact - for the first time in her life.

She didn't eat that much saturated fat; she loved doughnuts but indulged only rarely; she had quit smoking and didn't drink; and she had been getting more exercise. What could have happened?

The doctor said not to worry. Her cholesterol count was "borderline" and needed to be watched. If it was still above 200 next checkup, well, then they'd discuss possibilities, but for now, don't worry. It wasn't that much above the magic number of 200.

But in just a matter of days, the National Cholesterol Education Program of the National Institutes of Health issued new guidelines stating that even people with borderline cholesterol counts could benefit by taking cholesterol-lowering medications and sticking to a more restricted diet.

Now what? What does all this mean?

According to Dr. Mary "Mickey" K. Bielamowicz, professor and Extension nutrition specialist at Texas A&M University, it means people who are not able to adjust their cholesterol levels through a combination of diet and exercise will have a new tool to use to improve their health.

Bielamowicz includes Nutrition Education for Medical Conditions as one of her areas of expertise.

The guidelines, published in the May 16 issue of the Journal of the American Medical Association, recommended total acceptable cholesterol levels remain at 200, and that a total of less than 100 mg/dL is optimal for LDL-cholesterol (low-density lipoprotein, or "bad" cholesterol); 130-159 mg, borderline; 160 mg, high; and 190

Health, too much fat in the diet can lead to too much LDL cholesterol in the blood.

This "bad" cholesterol can build up on the inside walls of arteries, causing restricted blood flow and leading to heart disease, as well as stroke and other vascular diseases.

HDL cholesterol is called "good" because it protects against heart disease, so higher numbers are preferred for HDL. Bielamowicz said.

Less than 40 mg/dL of HDL can increase risk for heart disease. HDL levels of 60 or more are preferred, she added.

The strategy behind the new guidelines is this: Since high blood cholesterol levels have been linked to heart disease and strokes, lowering blood cholesterol will help prevent these and other serious medical conditions.

Even people with slightly elevated cholesterol levels may find themselves with prescriptions for cholesterol-lowering medications. In fact, the National Institutes of Health have estimated, if these guidelines are followed across the country, the number of people who are prescribed these drugs could almost triple-from 13 million to about 36 million.

Some experts believe these new guidelines could help lower rates of heart disease by as much as 40 percent.

"I believe previous research as well as future research by NIH and as other clinical trials are conducted, that the research findings will be indicative of the need to help those who are not able, through exercise or diet or weight reduction and/or obesity prevention, to control their lipids," Bielamowicz said.

For some people, she said, "ordinary lifestyle changes, which work for many," might not be enough.

"Saturated fat (in the diet from both animal products and vegetable products such as tropical oils) seems to increase cholesterol (in the blood) more than eating cholesterol itself," she added.

mal product to have cholesterol." Lowering cholesterol levels in

the blood is very important for reducing cardiovascular risk, said Dr. Nancy Dickey, board certified family physician and interim dean at the College of Medicine, Texas A&M University System Health Sciences Center.

But people with borderline high cholesterol levels probably won't - and more important, probably shouldn't - get prescriptions for cholesterol-lowering medications the first time their levels go above 200, she said. Much more information is needed before the medications are prescribed.

Conventional methods of reducing cholesterol are still the first line of defense.

"I think what we really have to continue to do is motivate people and empower them to begin exercising if they are not doing it, eat healthfully with more complex carbohydrates, less starch, sodium, sugar and fat, as well as moderate amounts of protein," Bielamowicz said.

"Stress reduction and exercise are both important. I have doctor's orders to do that daily," she said.

While some cholesterol is necessary for good health --- it helps in the formation of cell membranes, some hormones and other tissues in the body - too much can be harmful.

Bielamowicz said cholesterol levels are affected by many things, some that can be controlled and some that can't. Those that can be controlled include:

• Diet: Reducing the intake of foods containing saturated fat and cholesterol can help lower cholesterol levels.

· Weight: Maintaining a healthy weight can be a factor in lowering cholesterol.

· Exercise: At least 30 minutes of physical activity daily can help.

Some of the things that can't be controlled are:

· Age and gender: Cholesterol levels tend to rise with age. Also, women tend to have higher cholesterol levels after menopause.

determine cholesterol levels.

While some believe the new guidelines will benefit some people who are having trouble reducing their cholesterol levels through conventional methods, others are concerned about the wisdom of that many new prescriptions for a borderline condition and the safety of cholesterol-reducing medications themselves.

Dickey said several factors must be considered before the prescriptions are written.

"It depends a lot on an individual's risk factor," she said. For instance, does the patient have high blood pressure, diabetes, a family history of heart disease? Does the patient smoke?

Have more conventional methods of reducing cholesterol levels been honestly tried? Has the patient "been honest in giving a shot at lifestyle modifications?

Some people, Dickey added, might even ask for prescriptions for cholesterol-lowering medications because they don't want to bother with changing their diet and exercise.

The guidelines don't work that way, she said.

The medications themselves come with their own risk factors, Dickey said, and patients need to know what those risks are.

Some cholesterol-lowering medications can damage liver function; some can cause vomiting, indigestion and/or diarrhea; some can cause heart problems; some can have serious or even dangerous interactions with other medications.

"We've got this whole list of medications," for helping lower blood cholesterol levels, Dickey said. Before prescribing any of them, "we have to look at each one for the drug interactions or adverse reactions."

Patients must tell their doctors what other medications they take - their lives could depend on it.

Cholesterol-lowering drugs come with a high price, she said, which is only partially their actual financial cost, so these drugs are not prescribed lightly. Dickey advised patients who are borderline and concerned to remember that 200 is "statistical

normal." That means within every individual is a range of normal that can be influenced by many factors.

"There is some range of 'normal' for each individual. That means the difference between 200 and 206 may be extraordinarily small," she said.

"It may even be within the error range of the machine doing the measuring," she added. "So patients may need a couple of readings to assure that they are really above normal and not just below or at normal. If the numbers are creeping up or are routinely above - even just above - normal, lifestyle changes and possibly medication are needed. But a single minimal

elevation may be lab error, failure to be fasting or an early sign of a problem."

So follow a doctor's advice; use changes in diet and exercise as the

first line of defense against higher blood cholesterol levels; and if medication becomes necessary, learn what choices are available and what their costs/risks are.

And take comfort in the fact that maintaining good health is a worldwide effort.

"We need to be thankful that food scientists and processors, meat scientists and others who have worked for years to try to change the amount of fat and the quality of fat in foods," Bielamowicz said.



mg, very high.

The guidelines also say HDL ("good" cholesterol) levels are too low if they are less than 40 mg.

According to the National Heart, Lung and Blood Institute of the National Institutes of

(about six slices)

3 cups milk

rine, melted

dry bread.

for 10 minutes.

with nutmeg.

comes out clean.

warm.

1/2 cups).

1/4 tsp. salt

Ground nutmeg

1/2 cup sugar

1/2 cup raisins

Dietary cholesterol can be found in egg yolks, meats and "anything that has a mother. In other words, it has to be an ani-

· Heredity: Cholesterol levels, like eye and hair color, tend to run in families. Genetic heritage can at least partially



JULY 1-7 purposes only

Aries - March 21/April 20

You get the cold shoulder from business associates early in the week, Aries. It will be frustrating, but you have to get to the root of the problem. A loved one needs your help later in the week. Do all that you can for him or her even though it will take up a lot of your time. Leo plays a key role.

Taurus - April 21/May 21

Get ready, Taurus, because it's going to be a long week. You have a lot of things to do in both your professional life and your personal life. Don't let others distract you. You meet an old friend at the end of the week. Catch up with him or her; you'll be surprised to learn how much you two have in common

Gemini - May 22/June 21

A disagreement between loved ones turns into a family feud this week, Gemini. Even though it's going to be difficult, don't choose sides. Try to help everyone else come to an understanding. That special someone finally asks you out. However, don't say yes immediately. Playing "hard to get" is sure to keep him or her interested

Cancer - June 22/July 22

You do very well when it comes to business this week, Cancer. You make wise decisions that get you noticed by the higher-ups. A bonus is on the way. A friend turns to you for advice. Give your honest opinion - that's what he or she needs to hear. Sagittarius and Libra play key roles later in the week. Leo - July 23/August 23

This is not the week for you to be headstrong. Keep your cool, or you are going to get into trouble with business associates, loved ones and friends. If you get frustrated, spend some time alone to clear your thoughts. A close friend admits how he or she truly feels about you. Don't give a hasty response. Think about how you feel.

Virgo - Aug 24/Sept 22

You have good fortune this week, Virgo. You complete everything that you set out to do, and you feel great. Don't let a minor argument with a friend ruin your attitude. The two of you will work it out very soon. A loved one needs your help with a personal problem. Be supportive.

Libra - Sept 23/Oct 23

Everything seems to upset you early in the week. However, don't take your frustration out on those around you. Try to calm down before you say something that you'll regret. That special someone whom you've been seeing wants to intensify the relationship. Say yes! This is the person for you. Leo plays a key role

Scorpio - Oct 24/Nov 22

Keep your shoulder to the wheel early in the week, Scorpio. You have a long to-do list that needs to be completed before Friday. A lot of people are depending on you. Don't let them down. A friend gets into a lot of trouble and turns to you for help. Do what you can, because he or she doesn't know where else to go. Sagittarius - Nov 23/Dec 21

Even though you don't have a lot of work to do, it's a busy week for you. Everyone seems to need your help in one way or another. Do what you can, but don't wear yourself thin. You need to look out for No. 1. A friend of a friend wants to meet with you. Don't get nervous; this could be the beginning of a fulfilling relationship

Capricorn - Dec 22/Jan 20

A business associate needs help with an important project. Even though you have your own work to do, you realize how crucial this assignment is. Do all that you can to help. Your efforts will be noticed. A close friend takes you out late in the week. Enjoy yourself.

Aquarius - Jan 21/Feb 18

You can't be in two places at once, Aquarius. So, organize your time efficiently. Prioritize your schedule, and do what you have to do. A loved one understands when you cancel plans with him or her. You meet an interesting person during the middle of the week. Find a way to see him or her again. Pisces - Feb 19/March 20

Your week gets a rough start. A problem at work has you fixing a lot of other people's mistakes. Don't get frustrated; just correct the problems. Your su-periors have their eyes on you. An old flame contacts you out of the blue. Don't rekindle the fire!

-



Shower honors Piper Sweat

A buffet and bridal and Mrs. James Byers, Mr. shower honoring Piper Sweat, bride-elect of Daniel Garbarino, was held June 16 at the home of Mr. and Mrs. Mike Cleavinger of Muleshoe.

Special guests were Georgia Patterson, grandmother of the bride; Melinda and George Kiddie, parents of the bride; and Mark and Eileen Morton, parents of the groom.

Hostesses were Mr. and Mrs. Bruce Barrett, Mr. and Mrs. Rodger Buhrman, Mr.

ETTER TO THE EDITOR

Dear Editor,

On June 13, I was bringing home two cows that I got in Mountainair, N.M., when I had trouble with my trailer hitch.

I had quadruple bypass in November, and that West Texas dust was causing me to have breathing problems.

I stopped at Dale Oil in Muleshoe hoping to get some

Mr. and Mrs. Mike Cleavinger, Dr. and Mrs. Barry Cowart, Mr. and Mrs. Sam Harlan, Mr. and Mrs. Jerry Harrison, Mr. and Mrs. Aubrey Heathington, Mr. and Mrs. Lary Hooten, Mr. and Mrs. Terry Hutton, Mr. and Mrs. Reggie Johnson, Mr. and Mrs. Fred Lindt, Mrs. Charles Lewis and Mr. and Mrs. Don Locker. The hostess gift was a

and Mrs. Alan Caraway,

DVD player.

much-needed help. I walked in

the lube center, and there a

young man named Erbay

Herrera was so kind to me and

dropped what he was doing to

The young man, I felt, had

wings on, I cannot say enough

about his willingness to help.

Muleshoe should know what a

I just thought the people in

start fixing my truck.

Furnishing guestroom should not be afterthought

SPECIAL TO THE JOURNAL Summertime is prime time for a visit from family or friends. Is the guestroom ready, or does it feel like a cave?

"For many homeowners, furnishing the guest room is an afterthought, and it shows," said Richard Roll, president of American Homeowners Association. "But it doesn't take much effort or expenditure to make your guestroom more inviting."

The guestroom can be a blind spot in a home decorating plan. Here are some basic suggestions to provide guests the comfort they deserve.

Start with the bed. Don't shortchange guests on a good night's sleep. If the bed is sagging or feels like a trampoline, consider replacing the mattress.

If there are plans to accommodate more than one person, and space allows, look into purchasing a queen-sized bed or two twin beds.

If the aim is to make guests feel really pampered, look beyond the basic conveniences to special amenities.

Put in charming curtains and install curtain linings or blinds to block the light. Families often forget that the light requirements for office space or daytime uses are quite different from a guestroom.

Don't let the sun dazzle guests in the morning.

A small TV or a CD

player might be a nice touch, and fresh flowers are always appreciated.

Nothing beats an ample supply of thick, plush towels and washcloths, preferably hanging in the bedroom. And the host may want to provide some perfumed soap, shampoo and other toiletries.

Many other conveniences that are taken for granted in the family's bedroom may be lacking in the guestroom. For example, is there a side table with a lamp where a book, alarm clock or pair of glasses can be set down?

Where is the closest mirror? Consider installing a full-length mirror on the door or provide a magnifying mirror on the dresser, especially if the guests will be sharing a bathroom with someone else, so they don't have to feel as if they're competing to dress or put on makeup.

How about closet or drawer space? Empty out a few items of clothing to open up some hanger space - and provide several hangers. If there's no closet, consider purchasing a small chest of drawers.

Making these few touches and providing for the guests' basic needs will pay off when you put out the welcome mat for friends or family.

More information on any aspect of buying or owning a home is available by going to www.ahahome.com or www.realhome.com.

Marker shows which prostate cancers likely to spread

SPECIAL TO THE JOURNAL

HOUSTON — Elevated levels of a growth factor indicate which men diagnosed with prostate cancer are likely to need more aggressive treatment, researchers at Baylor College of Medicine have discovered.

"This marker, measured

a dime.

be forgotten.

through a simple blood test, indicates at a very early stage which patients may have prostate cancer that has already begun to spread to other areas of the body," said Dr. Kevin Slawin, associate professor of urology and director of the Baylor Prostate Center. "It can give us an early warning for who will need more aggressive therapy." The findings, which de-

scribe the association of transforming growth factor beta, or TGF-beta, in metastatic disease, were reported in June 1 issue of the Journal of Clinical Oncology.

Screening for prostate cancer with a prostate-specific antigen blood test, or PSA test, has become

widespread in the past decade.

"The PSA test has vielded tremendous benefits - it allows us to detect prostate cancer much earlier and has likely contributed to the dramatic decrease in mortality from the disease in this country," said Slawin. "But the PSA test is not as effective at predicting the aggressive behavior of prostate cancer especially when the PSA level is low."

"What's most important in managing patients with prostate cancer is both an early diagnosis and the ability to determine which patients have more aggressive forms of cancer, those likely to recur and spread," Slawin said.

Prostate cancer is easily treated when it is confined to the prostate. The disease is much more difficult to control when it spreads.

Slawin and his team analyzed blood samples from 120 patients who underwent prostate removal for localized cancer at the Methodist Hospital. Levels of TGF-beta were measured prior to surgery and at intervals after surgery. Blood samples from healthy men and from those with known metastatic disease were used for comparison.

Additional studies will be conducted to establish more useful indicators for TGF-beta levels in the prediction of cancer progression.

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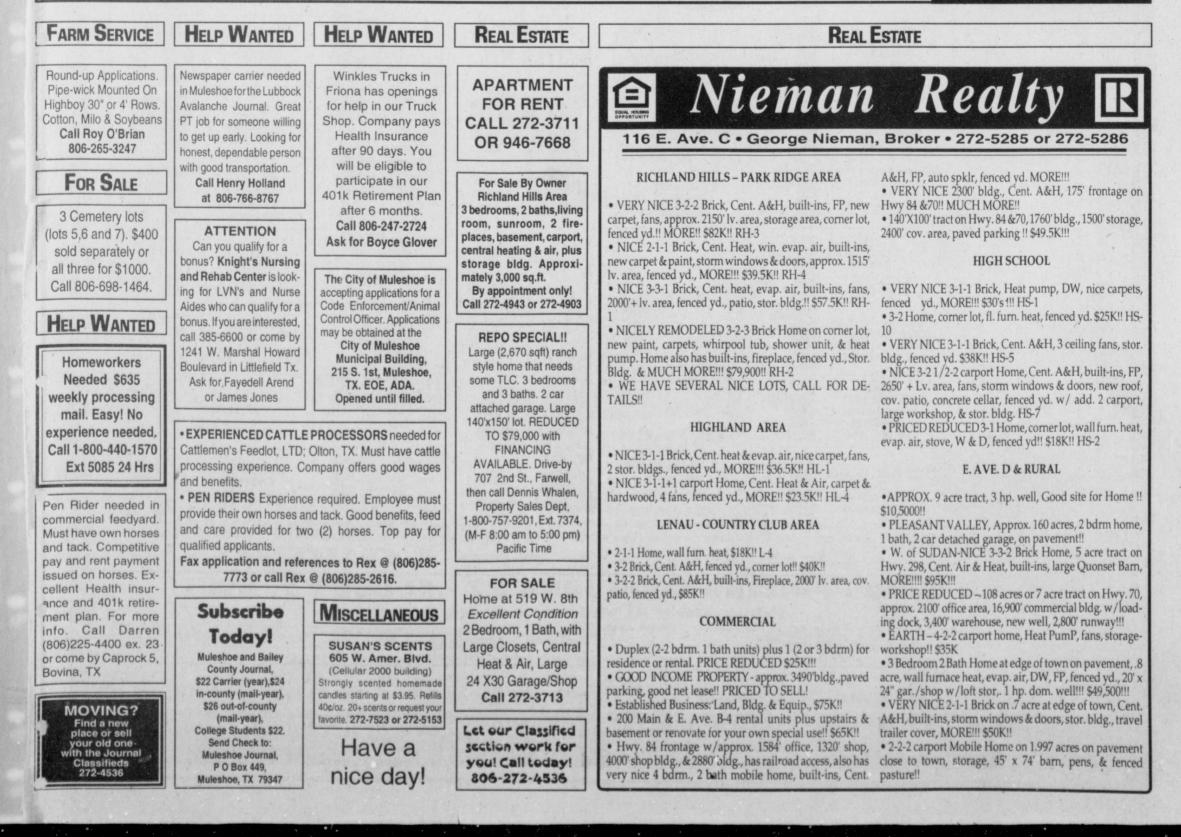
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