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A QUICK READ OF THE NEWS

Orozcos gang up on contest

Young whippersnapper J.C. Orozco did his homework and turned in a perfect paper to win the \$25 first prize in the 11th week of the Journal's football contest.

Not that he needed the tiebreaker to win, but he also pinged the combined score right on the nose at 40 points. (Texas Tech lost to No. 1 Oklahoma by a respectable 27-13.)

Orozco's father, Richard, was right behind with only one miscue — he picked New Mexico State over North Texas. He predicted a combined score of 42 on the tiebreaker.

Mandy Gartin finished third with only two misses — South Carolina at Clemson and Oregon at Oregon State — and a tiebreaker guess of 48.

With 32 players this week, Richard Orozco had a lot of company in missing New Mexico State at North Texas: Only 12 of the 32 called it right.

Only five missed Mississippi at Georgia. Liz Torres was the next player in line, also with only two misses but a tiebreaker guess of 65. She also was among those missing New Mexico State at North Texas, along with her miscue on Stanford at California.

The date's a little too hot

When it came time for the homecoming dance, Zak Davis decided to ask one of his best friends — and 10 of her best friends.

Davis escorted all of them to the event at Sheldon High School in Eugene, Ore. The senior class president, summer-camp counselor, drama student and all-around good guy can now add superman to his list of accomplishments.

The girls, all seniors, had decided early on to go as a group, he said. The special girl, Evynne Smith, wanted to join her girlfriends, so Davis approached each one of the group to ask if they'd be his date.

All the girls said yes.



Drawing date: Saturday, Nov. 18
Winning numbers: 4-29-30-41-45-51
Estimated jackpot: \$10 million
Winners: 0
Next drawing: Wednesday, Nov. 22
Estimated jackpot: \$14 million

On this date in history

Nov. 17 — Juan Davis Bradburn is sent to command the Texas garrison at Anahuac (1830).

Nov. 20 — The U.S. Navy shells Matagorda Island on the Texas coast during the Civil War (1862).

Also on Nov. 20, the state constitutional convention reserved 3 million acres (now mainly the Panhandle) to be sold to be for the Texas state capitol (1870).

LOCAL WEATHER

As of Monday, the forecast was for continued cold nights through the weekend. Showers are possible Thursday. Friday should reach about 62 degrees, Saturday about 59, Sunday about 53, and Monday only about 40 degrees and heavily overcast. Morning lows should continue in the 20s, though Monday's cloud cover should hold the mercury at a warmer 29.

Editor Ronn Smith can be reached at 272-4536 or ctyankee@fivearea.com

Missed your paper? Call carrier
Melissa Flores at 272-6719 or the Journal
during business hours, 8:30 a.m.-5 p.m.

Denver City is next playoff obstacle for Mules

JOURNAL STAFF REPORT

After an almost-too-easy 37-0 whopping of Dalhart in the first round of the Class 3A Division II playoffs, Muleshoe's Mules now face Denver City at 2 p.m. Friday in Levelland's Lobo Stadium.

Muleshoe will be the visitors — on the east side of the stadium.

Denver City is a team that, Muleshoe coach David Wood said Tuesday, got "better and better with every game they've played" — and certainly surprised some by eliminating Crane 7-0 last Friday.

The 8-3 Mustangs have suffered some con-

vincing losses, including a 35-6 spanking by Muleshoe's district foe Lubbock Cooper and a 49-27 loss to highly ranked Lamesa. But they also have inflicted four shutouts, counting the one against Crane. They bounced Portales 23-0, and Portales is playing in New Mexico's Class 3A semi-finals this week after drubbing Shiprock 28-0 to get there.

While Denver City doesn't have a single ground-gainer on the order of the Mules' Danny Ramirez, they have a pretty effective pair in quarterback Amando Galván (about 700 yards on 140 carries; six touchdowns) and running back Pat Barber (about 600 yards at six yards a

carry; four touchdowns.

Wood described the Mustangs as having "a good quarterback on offense, an extremely good defense, and they scored a lot of points."

Muleshoe's strategy, he added, will be to "do what we do — we'll try to jump on 'em."

All his players will be ready for Denver City, with the reserves getting a lot of playing time last week to keep the starters healthy.

And aside from Lubbock Cooper, which beat Denver City but lost to Muleshoe 21-14, the only common foe is Dimmitt, which the Mules

see **MUSTANGS** on page 4

Longhorns face 11-0 Groom after 64-63 bi-district romp

JOURNAL STAFF REPORT

The Lazbuddie Longhorns make another trek to Silverton on Friday for another round of the six-man football playoffs.

Fans probably hope for a trip as exciting as last Friday, when Lazbuddie beat the Rangers of Afton's Patton Springs High School 64-63.

Coach Mark Scisson described Landon Parham's winning touchdown: "We scored with 32 seconds left on the clock, and we were facing fourth and goal on the two-yard line.

"Of course, that left them 30 seconds to drive back down the field, and we intercepted them on the five-yard line as the buzzer sounded," he said.

This Friday's round finds 9-2 Lazbuddie taking on 11-0 Groom, a state finalist last year, at 7:30 p.m.

"We need a perfect game to beat these guys," Scisson said. "We have to stop their passing game."

While Groom will be tough, Scisson did not mean that Patton Springs didn't have its strengths.

"They had a lot of speed," he said. "But we had some opportunities — I think we could have won by two or three touchdowns. We had four fumbles."

Parham won the night's

touchdown battle with six (though the Rangers' Michael Frost was right behind with five, plus two touchdown passes).

Parham, a senior, scored on runs of 40, 50, 11, 37, 56 and two yards, plus a 30-yard pass from sophomore quarterback Lucas DeLeón.

Juniors Jake Loudder and Trevor Gartin added a touchdown each on DeLeón passes of 30 and five yards, respectively.

Fabian Guzmán topped off Lazbuddie's scoring by booting four extra points.

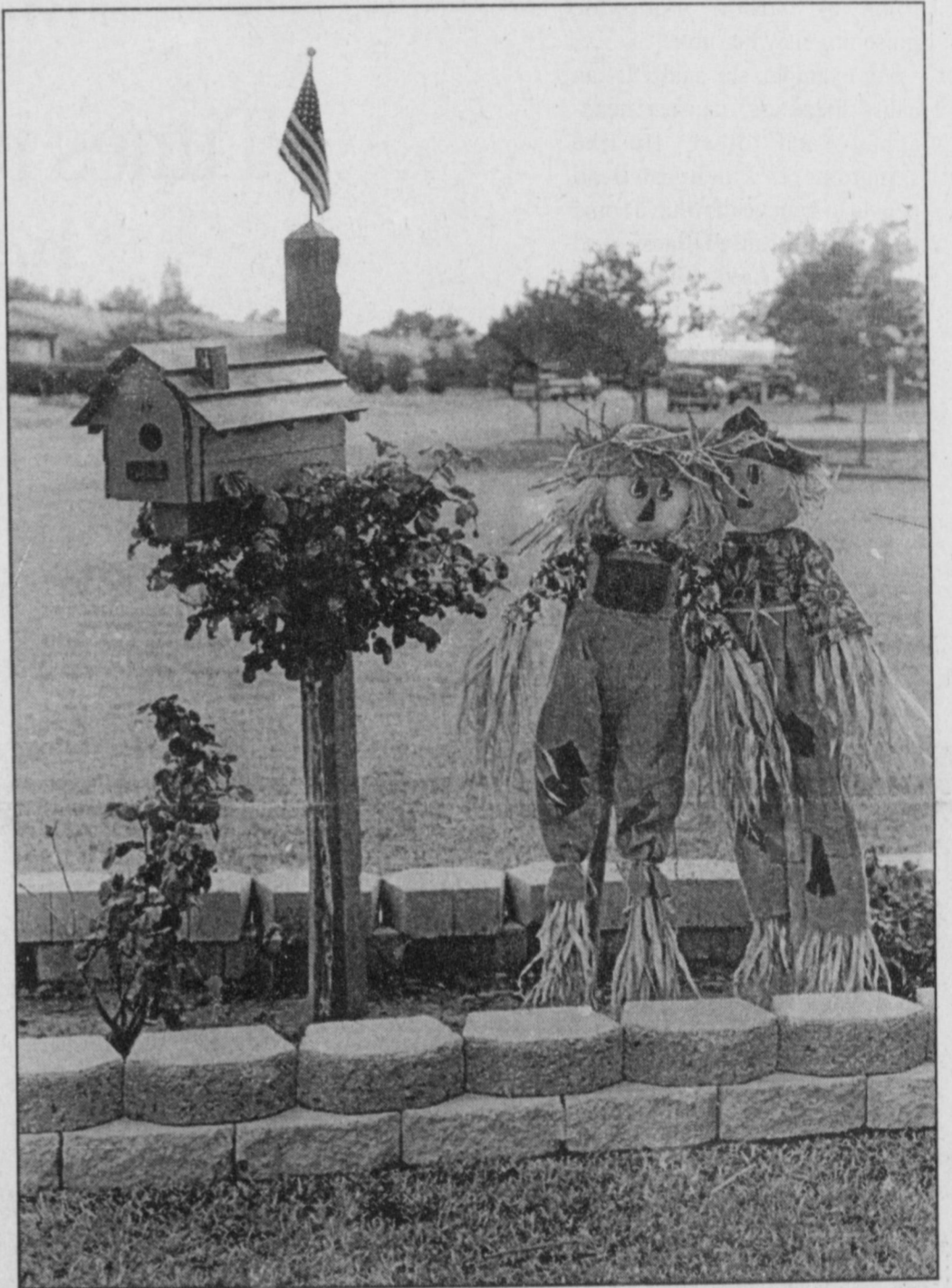
Parham rushed for 269 yards, atop 1,843 earlier in the year.

Scisson praised his team for an overall effort in advancing to play Groom. "Landon scored all those touchdowns, but it takes the blocking and passing, too," he said.

The game's final score was not the only indication that the Longhorn and Ranger offenses were well-matched. Both had been explosive all season, scoring an identical 444 points for the season going into the playoff game.

While Lazbuddie had been out of the playoffs for a short while, this was the Rangers' first post-season game since 1958. Their district foes include Jayton, Rule and Rochester.

Happy Thanksgiving!



Journal photo: Beatrice Morin

The flag is flying, the house is ready and the welcoming party is out, so from the Journal family to yours, have the best Thanksgiving ever! This fall scene was found earlier in the season at the home of Mario and Mary Jane DeHoyos, 802 W. Eighth St.

Parmer County pioneer still looks after her parents' place

By JOLINE FRANKLIN

Journal correspondent

Erma Templar, who was 14 years old at the time, remembers 1927 as a year of many changes.

That was the year her father, O.G. York, moved Templar and her mother, Docie, from their Cyril, Okla., to a farm in Parmer County, Texas.

Cyril was the only place Templar had called home up to then. The trip to their new home took two days, and Templar said she recalls thinking that her parents were taking her "plumb out of God's country!"

Her father had wanted to relocate because gypsum hills around Cyril caused so many problems with farming. There were also buffalo wallows, where the bison went to get salt, and plants would not grow in those spots at all.

Eventually, the state of Oklahoma gave farmers the right to deal through the Indian agency to purchase land elsewhere.

Templar's father took advantage of this opportunity to get his Parmer County land in the spring of 1926, utilizing an agent in the big hotel built on the Plains in Parmer County, north of Lazbuddie.

Since there was no house on the farm, the York family bunked in a chicken house for three months while their new home was being built.

The comfortable, wide-porched house that resulted has been Templar's home once again for the past 14 years.

Her "papa" had come out to list the land and fence the 160 acres in the fall of 1926 before the family moved, but the only crop he planted the next spring was maize.

After having a farm sale at Cyril, he moved his family to Parmer County.

At the time, there were no neighboring houses in site except that sometimes the family could get a glimpse of a windmill and the top of a

faraway house.

Templar was still in her teens when she met her husband, Floyd, who moved with the rest of his family into a tent down the road from the Yorks.

She said that the first time she saw Floyd Templar, he was talking to someone in a Model

see **TEMPLAR** on page 4



Journal photo: Beatrice Morin

Erma Templar (center) shares the porch with her son Jack and daughter-in-law Betty.

Home's quality of life depends on quality of indoor air

SPECIAL TO THE JOURNAL COLLEGE STATION — Home, sweet home, may not be so sweet.

In fact, many homes are infested with indoor pollutants that make even breathing the air dangerous.

Janie Harris, housing and environmental specialist with the Texas Agricultural Extension Service, said indoor pollution comes in many forms — some easily to detect and control, others not so easy.

Learning what is likely to cause indoor pollution and how to clean it up could provide healthier environments and even save lives, Harris said.

Carbon monoxide is the most dangerous form of indoor pollution a residence can have because it can kill — and quickly.

About 500 people a year die from exposure to carbon monoxide, Harris said. But some of the symptoms of carbon monoxide poisoning may be subtle.

For example, she said, "It can cause dizziness, nausea, headaches (and other flu-like symptoms)," which can lead people to believe they have some kind of germ-caused illness. And unlike the gas used to cook food or heat homes, carbon monoxide has no odor.

The two main sources of carbon monoxide inside the home are the gas furnace heat exchanger and gas hot water heater, according to Harris.

And that's why, she said, having a home heating system checked once a year by a professional is so important.

"Your central heating system could have a cracked heat exchanger, so you need a service person to come out every year and check," she said.

Other forms of indoor pollution can cause serious or chronic illnesses. Secondhand tobacco smoke can cause "allergies and asthma in young children," Harris said, as well as ear infections.

Rhinitis, nasal congestion, coughs and headaches also can be caused by someone else's tobacco smoke. It can even cause lung cancer.

Biological pollutants such as dust mites, molds, mildew, pet hair and dander can trigger allergies or even asthma, Harris said. Asthma attacks are expensive, dangerous and sometimes fatal.

In some cases, exposure to toxins released by the *Stachybotrys* mold cause bleeding in the lungs of infants. When the source of the mold was discovered in their homes and cleaned up, the babies recovered and improved, according to "Ordinary Molds or Toxic Molds?" by Dr. Marilyn Bode of Kansas State University.

In order for any mold to grow, it must have moisture and a food source.

"That's why it's so important to keep the humidity level in houses below 60 percent," Harris said, since molds don't grow well at lower humidity levels.

Once the mold is discovered, "it is important that you remedy the source of the moisture in addition to the cleanup and disinfection," she added.

Chemical indoor pollutants, including some household cleaning products, also can cause allergic reactions.

Lead pollution from lead-based paint is still a problem in some older homes, as is indoor pollution caused by asbestos.

Lead-based paint was outlawed for indoor paint and furniture in 1977, Harris said, but "there are still a lot of older homes with lead paint. If the family can't afford to have it removed, they may be faced

with this issue."

Or, she added, "if the pipes were soldered with lead, it may be in the water. It (lead) also may be found in soil."

Information on how to safely live where there is lead in the home is available from the Environmental Protection Agency, the Texas Department of Health or county Extension agents.

The problem with lead, especially lead-based paint, is that when it is ingested by young children, it can cause damage to the brain and nervous system.

"It's very important that young children not be exposed to lead dust and not be allowed to eat paint chips with lead." Young children are especially vulnerable to lead poisoning — and are also more likely than any other age group to put things in their mouths.

Exposure to asbestos fibers can cause a potentially fatal lung disease, Harris said, which is why "if

it (asbestos) is in good condition, it needs to be left alone . . . if it must be removed, a professional should be called to remove it because when it (asbestos) breaks apart, tiny fibers become airborne. If you breathe them, they can cause a lung disease that can become fatal."

That's why, she added, asbestos should not be sanded, sawed, cut or scraped by the homeowner.

Under no circumstances should the homeowner remove asbestos, Harris emphasized — call a professional.

"And no child should be around until it's totally complete and totally renovated. In other words, don't buy an older home and renovate while you are (living) in it, especially if you have young children."

Radon, an odorless, tasteless gas that occurs due to the natural breakdown of uranium in the soil, is not a big problem in most of

Texas, Harris said, although some isolated incidences have been reported.

Homeowners who are worried about the possibility of radon in their homes can purchase testing kits in home-repair stores, she said. To keep an eye on indoor humidity, an inexpensive temperature and humidity gauge can be purchased at hardware stores.

"I don't advocate adding a humidifier," she said, since everyday living usually adds enough humidity to a home. Humidifiers must be cleaned and disinfected regularly if they are not to become part of the problem, she added.

"If you find you are very dry, you can add moisture just by adding a few plants," she said.

Air conditioners — especially those that are run all the time — should have a filtering system that will eliminate some of the pollutants before they are in the house.

Keep pets out of the house, Har-

ris advised, or at least keep them out of the bedroom. Pet hair and dander is a major trigger of allergies and people spend a large percentage of their at-home hours

in the bedroom.

More information on indoor pollution and its cleanup is available on the Internet at <http://fcs.tamu.edu>.

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By the President of the United States of America.

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Abraham Lincoln, October 3, 1863

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AROUND MULESHOE

Church pastor settling in

The Rev. William Perhealth has recently become the pastor at Muleshoe's Church of the Nazarene, Ninth and Avenue C.



Perhealth

This is Perhealth's third pastorate with the denomination. He has bachelor's and master's degrees from Trevecca Nazarene College and a master of divinity from Nazarene Theological Seminary.

Perhealth said a free videotape is available to any newcomer to the Muleshoe area or to anyone not already attending a church.

Speaker to address prayer journaling

A study on "Intimacy With God Through Prayer Journaling" is scheduled for 6:30 p.m. Dec. 5 at Trinity Baptist Church in Muleshoe.

The speaker will be Linda Drake of Plainview. A light meal will be provided.

Christmas Bazaar booths available

Applications are being accepted for booth space at the 22nd annual Christmas Bazaar sponsored by the Moonlight Extension Education Club.

The applications will be accepted until Dec. 4. Requests may be sent to Linda Huckaby, 902 W. Eighth St., Muleshoe 79347.

This year's bazaar will be a one-day event, scheduled for Dec. 9 at the Bailey County Coliseum.

Olton show seeking vendors

The annual Sandhills Arts and Crafts Show is scheduled for

Nov. 25, with 8x10' booths renting for \$25. The event is sponsored by the Olton Young Homemakers.

More information is available by calling J.J. Graham at (806) 285-7715.

Rebekahs plan Dec. 1 skate night

Muleshoe Rebekah Lodge No. 114 will sponsor skating (weather permitting) from 7 p.m. to 9 p.m. Dec. 1 at the Bailey County Coliseum.

Skaters can bring their own skates or rent them at \$1 a pair (first come, first served).

Public calendar

Nov. 24 — Starting at 9 a.m. Oklahoma Lane Reunion, at the Oklahoma Lane Methodist Church. Catered lunch; information (806) 825-2176.

Dec. 4 — 6 p.m. Friends of the Library annual Christmas party, in the meeting room at the library. Prospective members welcome.

The deadline for items to appear in Around Muleshoe is 5 p.m. Monday for Thursday editions and 5 p.m. Thursday for Sunday.

Restaurant offers free Thanksgiving meal

CLOVIS — The new owners of The Orient, 116 E. 21st St., have decided to continue a tradition of the former owners and offer a free Thanksgiving meal to the public.

The food is served by volunteers beginning at 11 a.m.

(Mountain time). In the past, the meal has usually been served to 350 to 400 people.

Many of the diners are people who are away from home for the holiday, are experiencing hard times or need company for the day; everyone is welcome.

TEMPLAR

from page 1

As he leaned on the car. She said she remembers thinking that was a man she would like to meet.

When they did meet, they were never allowed to be alone together. They joined other young people at country dances. This was almost the only option for young people to get to know each other, since they had no money for movies.

The chaperoned dances were held at various people's homes, and some of the young people had 10 p.m. curfews, Templar said.

The young couple attended many such dances because Floyd Templar played fiddle and had two brothers-in-law who also played musical instruments — Jason Meyers on banjo and Beryl Baker on guitar.

Finally, in 1930, the Templars went to Plainview and got married. They lived with his mother for the first year, with him working at odd jobs to help out with the grocery bill.

Templar recalls that they got their first bill of groceries free from Haney's Grocery at

Lazbuddie. This was the customary gift of the store to all newlyweds in the area.

A year after the marriage, Templar's husband became a farmer with 80 acres and two mules.

As the family grew, she remembers him hauling water for six — including sons Jack, Jerry, Wayne and Bill.

Templar's mother would come once a week to do her laundry — on a washboard, with water that had to be heated indoors and carried out to the washpot, as there was no wood

to make a fire outdoors.

At that time, part of each farm's crops had to be kept as feed for livestock, but Templar remembers that the one strictly "money crop" was cane.

By the time Floyd Templar died in 1962, they were living at McAlester, Okla. But he was buried in Parmer County, and Templar moved back here to live in her parents' house.



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MUSTANGS

from page 1

beat by 48 points (54-6) and Denver City thrashed 36-0.

As a team, the Mustangs average about 235 yards per game (175 rushing) and allow an average of about 210. They have committed 15 turnovers this year while causing 29.

Denver City runs its offense from an I formation. It will option, but Wood said Galván doesn't usually pitch the ball.

Mustang coach Terry Summers said his offense is designed to take "what we think the defense will give us."

Muleshoe won the last two meetings between the teams, regular-season games in 1998 and '99, both by shutout.

This is only Summers' second year as head coach (the Mustangs went 3-7 last year and didn't make the playoffs), but he spent 17 seasons as an

assistant at Denver City.

District 2-3A's other Division II team, Shallowater, got eliminated from the playoffs last week in a 20-6 loss to Sanford-Fritch, but the district's Division I representative, Littlefield, firebombed Perryton 41-9.

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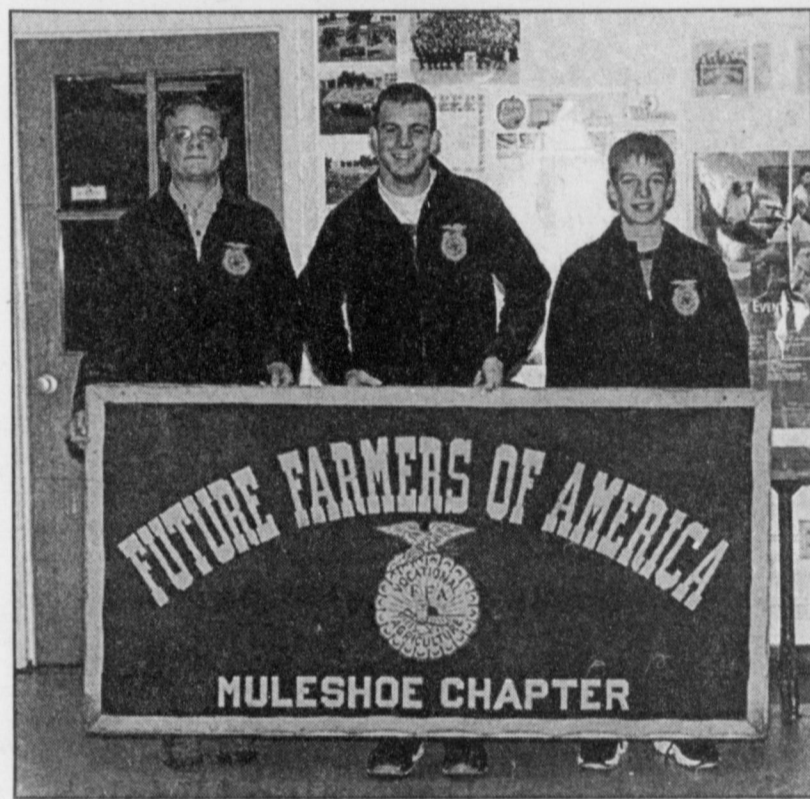
FREE ENTERTAINMENT by Muleshoe Fun Timers:
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Journal photo: Beatrice Morin

Cannon visits DeShazo

Master Sgt. Michael Tapp (left), A1C Dwight Jones, A1C Patrick Brodsky and A1C Krisna Pérez of the Cannon Air Force Base Honor Guard visit with DeShazo Elementary School students after demonstrating the raising and lowering of the flag and explaining its meaning in Brenda Lackey's third-grade classroom. Students are Javier Cuevas (in front of Brodsky), Erica Tovar, Ian Whalin (back to camera), Kenny Hernández (in front of Pérez), Juan Quesada, Brenda Franco and Christopher Pizzaro.



Journal photo: Beatrice Morin

Ag winners

Members of the Muleshoe High School FFA quiz team, who placed third at the district competition at Texas Tech on Nov. 11, display the chapter banner after their return. Layne Sheets (right) won the junior creed speaking contest and advanced to area competition Nov. 17 at Clarendon College. Chance Daniel (left) and Travis Tunnell make up the rest of the quiz team, and Tunnell also placed fourth in the senior creed speaking contest at district. Sixteen schools were represented in the district contests.

High-interest debts need to be jettisoned

SPECIAL TO THE JOURNAL

Like the magician ready to dazzle with sleight of hand, today's credit-card companies invite customers to "pick a card, any card."

Just remember that there is no magic involved in credit cards — you can't make your debt disappear just by shuffling it between cards.

"It doesn't hurt to transfer high-interest credit-card debt to a card offering a lower rate," said Richard Roll, president of the American Homeowners Association.

"But that doesn't change one basic reality: The more debt you have, the greater the interest expense and the less money available for the future," he said.

Most of people deluged with credit-card offers almost every day in the mail. All it takes is a decent credit history, and citizens become a big target for credit-card companies offering a tantalizingly low introductory interest rate.

Before taking any action, take a look at the total debt. It's a useful exercise. Most people have several loans and credit cards but don't know what they add up to.

Good planning may require getting rid of high-interest loans and bringing down the overall debt level.

How big is the hurt of credit cards are allowed to get out of control? Ten thousand dollars at 18 percent interest, for example, will require payment of almost \$39,000 in interest if paid back in minimum payments.

So examine options. One immediate option is to transfer the balance to a different card with a lower rate.

If changing companies is not a preferred way to deal with the situation, call the card company and threaten to cancel unless they offer a more competitive rate. If they don't agree, apply for a new credit card and transfer the balance right away.

Another option is to consolidate debt in a home-equity loan or second mortgage. Shop around for the best terms but don't be tempted by a high-interest loan with a low monthly payment.

And before overextending by financing as much as 25 percent of the value of the home, consider the risk of simply rolling over the debt into a new loan.

World economics put anti-parasitic drugs in jeopardy

HOUSTON — Many drugs that treat parasitic infections, common in Third World countries, are disappearing from the U.S. market — and sometimes the entire world — because the manufacturer does not consider them profitable.

According to Dr. Clinton White of Baylor College of Medicine in Houston, parasites are very common causes of disease in the world. But because developing countries do not have the money for anti-parasitic drugs, some drug companies are simply discontinuing production.

Although the Centers for Disease Control in Washington, D.C., has a parasitic diseases drug service, White believes the government should give the serve a clear mandate and the funding necessary to ensure the availability of these drugs.

"More and more people are traveling to areas where parasitic diseases are common," White said. "If you contract an infection when you go overseas, you're going to need these drugs to treat it here in the United States."

Discussions of violence can help kids

HOUSTON — Children can learn more from reports of violence in schools than just "be wary of classmates with suspicious behavior."

"Parents should talk to their children about troublesome classmates, but also about their fears and the complex social situations that can lead to violence," said Dr. Ernest Fruge, a psychologist at Baylor College of Medicine and Texas Children's Cancer Center in Houston.

According to Fruge, parents who listen to their children's thoughts, feelings and concerns show that their kids are important to them. These discussions can help parents understand the way their children see the world and respond to social situations that might lead to frustration, anger and violence.

With thought-provoking questions, parents can guide their kids to think and act more maturely.

In the process, parents are likely to get to know their children better, feel more secure about their kids' ability to make good decisions and reduce their safety risks, Fruge said.

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19	20	21	22	23	24	25
26	27	28	29	30		

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DECEMBER						
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
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600-1198	Hot Wheels XV Racers	\$7.99	\$5.00
600-1206	Metabyte the Hound	\$24.99	\$15.00
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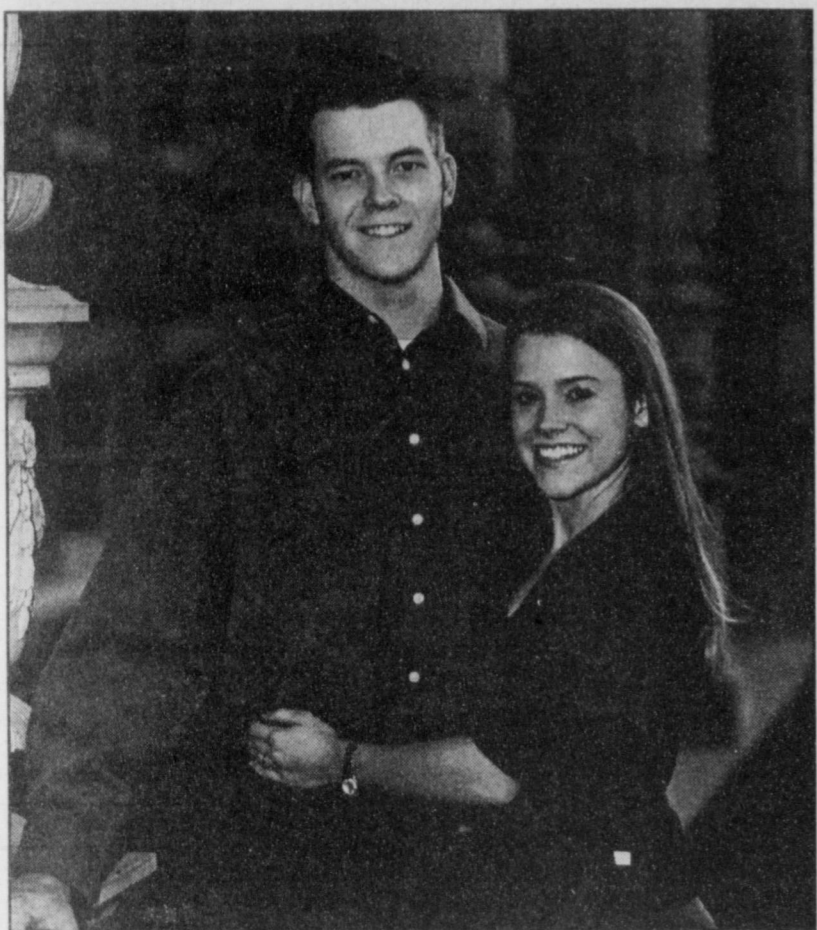
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Elliott-Cunningham

John and Nancy Elliott and Kirk and Kay Cunningham, all of Lubbock, announce the approaching marriage of their children, Averi Alicia and Christopher Eric.

The bride-elect is a 1998 graduate of Lubbock Monterey High School and attends Texas Tech University in Lubbock. She is employed as an assistant youth minister at Lake Ridge United Methodist Church in Lubbock.

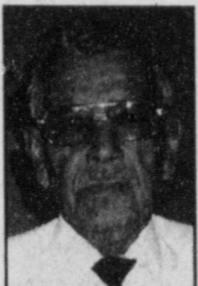
The prospective groom is a 1998 graduate of Lubbock Coronado High School and attends Texas Tech. He is employed at Acres North Veterinary Hospital.

The wedding is scheduled for Dec. 16 at Lake Ridge United Methodist Church.

OBITUARIES

JUAN GLORIA

Services were held Tuesday at Immaculate Conception Catholic Church for Juan Gloria, 74, of Muleshoe. The Rev. Thomas Diebel was the celebrant. Burial was in Muleshoe Memorial Park.



Gloria

Ellis Funeral Home handled arrangements.

Mr. Gloria was born Aug. 29, 1923, in Brady, Texas. He died Nov. 18 at Covenant Medical Center in Lubbock.

He married Dora Flores in November 1947 in Eagle Pass, Texas. She died last July 27.

They moved to the Muleshoe area from Eagle Pass in 1954. He was a farm laborer and a member of Immaculate Conception Catholic Church.

Mr. Gloria is survived by nine sons, Juan Bruno, Marcial and Martin, all of Littlefield, Guadalupe of Dumas, Jesús and Elroy, both of Snyder, Gilberto of Lubbock, Ruben of Muleshoe and René of Abilene; two daughters, Mary Sánchez of Abilene and

Juanita Gloria of Muleshoe; five sisters, Rosa Gloria and Antonia Sandoval, both of Eagle Pass, Celia Gloria Vásquez and Isabel Pérez of Ontario, Ore., and Ercilia G. Contreras of McAllen; a brother, Manuel Gloria of Eagle Pass; 27 grandchildren; and 30 great-grandchildren.

CHARLENE MOORE

Services were held Monday at the First Baptist Church of Springlake for Charlene Goforth Moore, 63, of Littlefield. The Rev. Tim Pruitt officiated. Burial was in Springlake Cemetery.

Parsons-Ellis Funeral Home of Earth handled arrangements.

Mrs. Moore was born July 27, 1937, in Springlake. She died Nov. 18 at home.

She married Charles Moore on Dec. 2, 1966, in Lubbock and moved to Littlefield in 1998 from Shallowater.

She was a 1955 graduate of Springlake High School and had been an assistant nurse in the Shallowater school system. She was a member of the First Baptist Church of Shallowater.

Mrs. Moore is survived by her husband; three daughters and sons-in-law, Connie and Danny Trotter and Tonie and Kent Ball, all of Littlefield, and Dee Dee and James

Baker of Abilene; her father and stepmother, Ernest and Marie Goforth of Earth; a brother and sister-in-law, Max and Pat Goforth of Hereford; seven grandchildren;

and three great-grandchildren.

She was preceded in death by one granddaughter in 1978.

The family suggests memorials to a favorite charity.

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Thanks for your help and support.

Charles & Dolores Harvey

For more info. call 272-3574

Snoring may be more than nuisance for children

HOUSTON — For many children, snoring can be more than a noisy nuisance.

"Snoring can run the gamut from being relatively minor to being a symptom of sleep apnea," said Dr. Max Hirshkowitz, associate director of the Sleep Disorders Clinic at Baylor College of Medicine.

Multiple sleep disturbances can keep a child from achieving a truly restful state.

"At school, these children will often wiggle around in their seats

or doodle, all very subtle signs of sleepiness," Hirshkowitz said.

"They become wound up, are unable to control their fidgeting, and eventually stop paying attention," he added.

Although parents might try to tune out their child's earsplitting habit, Hirshkowitz recommended getting a professional evaluation as early as possible.

A checkup can help diagnose any serious conditions and pinpoint any potential sleep-related problems.

"Many of the adults we treat for sleep apnea have symptoms that can be traced back to childhood," Hirshkowitz said. "Sleep prob-

lems can have a huge effect on schoolwork and parents should not wait until the ill effects surface in the classroom."

HOROSCOPES

NOV. 26-DEC. 2

For entertainment purposes only

Aries - March 21/April 20

A loved one makes an off-the-cuff comment that angers you. Try not to stay mad at him or her for long. This person doesn't mean to upset you. So, don't take it personally. An acquaintance wants to get to know you better. Say yes, because he or she is sure to become a close friend. Aquarius plays an important role in all of this.

Taurus - April 21/May 21

Keep your thoughts to yourself when a close friend tells you about his or her plans for the future. While you don't agree with what he or she wants to do, try to be supportive. Remember, this isn't about what is best for you. Be understanding. The person whom you've been seeing drops by unexpectedly with a surprise. Enjoy!

Gemini - May 22/June 21

You need to be patient when you're trying to get people to help you with a personal project this week, Gemini. Pushing them to respond only will upset them. So, just wait. You're sure to hear the answer that you've been hoping for. A loved one needs a shoulder to cry on late in the week. Be there for him or her.

Cancer - June 22/July 22

You become the center of attention among loved ones early in the week. Enjoy the spotlight, because you deserve it. A close friend gets into trouble and needs your help. While you're not sure what to do, you have to do something. If you think rationally, you're sure to come up with a way to rectify this situation.

Leo - July 23/August 23

Stand up for yourself when an acquaintance tries to walk all over you early in the week, Leo. This person underestimates your sense of self-worth. Show him or her just how strong you really are. A loved one offers you romantic advice. Take it, because it's sure to help. Capricorn plays an important role on Friday.

Virgo - Aug 24/Sept 22

You get put in charge of a difficult situation on Thursday. While you're nervous, you are more than capable of handling this. Just focus on the problem, and think logically to come up with a solution. Those involved will be impressed with your efforts.

Libra - Sept 23/Oct 23

There is a lot to be done this week, Libra. So, you have to get organized. Several people are counting on you to make progress; don't let them down. You will have to work diligently, but you can get things accomplished.

Scorpio - Oct 24/Nov 22

Don't keep your feelings bottled up inside when a loved one does something that hurts you, Scorpio. Let this person know exactly how you feel. Don't be afraid, because this honesty is sure to make your relationship even stronger. A close friend needs someone to talk to late in the week. Be there for him or her.

Sagittarius - Nov 23/Dec 21

You really put your foot in your mouth when talking with that special someone this week. If you want to salvage this relationship, you're going to have to accept responsibility for what you blurt out and apologize. Don't try to talk your way out of this. Remember, your mouth got you into this situation in the first place.

Capricorn - Dec 22/Jan 20


You can make great strides in your professional life this week if you just take the initiative. Seize an opportunity that will show the higher-ups exactly what you can do. They will be impressed with your efforts. An old friend calls you out of the blue. Talk with him or her, because you're sure to learn some interesting information.

Aquarius - Jan 21/Feb 18

Don't get upset when a close friend asks for your advice, but doesn't take it. This person needs to do what he or she thinks is best. Try to be supportive. A loved one invites you out late in the week. Say yes, because it's sure to be fun. Leo plays a key role.

Pisces - Feb 19/March 20


Don't turn down a close friend's invitation to go out early in the week. It's sure to present you with an interesting opportunity that you don't want to miss. So, say yes - even if you have to rearrange your schedule.



IT'S NOT REALLY THE THOUGHT THAT COUNTS.

Is that fruitcake looking a little too familiar? Tired of getting the same gifts year after year? Well this year, Plateau Wireless is giving you a gift that you won't feel guilty about giving yourself. This gift is easy on your wallet and on your teeth. So, get down to your local Plateau store and get yourself something you've always wanted. Plateau Wireless. People you know. Communications you trust.

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Journal photo: Beatrice Morin

Employee of the month

Gathered to honor Ladene Spears of the Heritage Center Thrift Shop as the Muleshoe Chamber of Commerce employee of the month for August are (from left) Pam McCaul, Chuck Smith, Spears, Robert Domínguez and Joe Flores. The chamber apologizes to Spears for the tardiness in scheduling the photo.



Journal photo: Beatrice Morin

Employee of the month

Gathered to honor Erienne Hill of the Muleshoe Chamber of Commerce as the chamber's employee of the month for July are (from left) Joe Flores, Sheila Stevenson, Pam McCaul, Debbie Tunnell, Hill and Adrian Meador. The chamber apologizes to Hill for the tardiness in scheduling the photo.

'CREATIVE LIVING'

Information on decorating with grapes, fusible interfacing and recipes for quick portable dishes will be featured on "Creative Living" on Nov. 28 at 1 p.m. and Dec. 2 at 3 p.m. (All times are Central.)

"Creative Living" airs on public broadcasting station KENW-TV from Eastern New Mexico University in Portales.

Jim Howard of Fresno, Calif., representing the California Table Grape Commission, will show how to make an edible centerpiece that is both elegant and inexpensive. He also will show how to dress up candles and place cards using grapes.

Mary Roehr of Sedona, Ariz., will demonstrate how to use fusible interfacing when tailoring women's jackets.

Gretchen Frederick of the National Honey Board will demonstrate recipes for quick,

portable dishes sure to please any crowd.

Information on quilting techniques, self-monitoring for diabetes, and making dogwood shawls will be featured Nov. 28 at 10:30 p.m. and Nov. 30 at 1 p.m.

Rebecca Harger of Noblesville, Ind., will demonstrate how to cut, mark and folk fabric to create some different quilting techniques to be used either on clothing items or on quilts.

Catherine Carrigan, a fitness expert from Atlanta, Ga., will discuss the importance of self-monitoring when a person has diabetes.

Evelyn Langston, owner of Ozark Crafts in Branson, Mo., will show a dogwood shawl she designed and made.

"Creative Living" is produced and hosted by Sheryl

Borden of Portales.

The show is carried on more than 100 PBS stations in the United States, Canada, Guam and Puerto Rico and is distributed by Westlink of Albuquerque.

Viewers can request copies of materials offered on the show by sending a first-class stamp for each handout requested, along with name, address and booklets requested, to "Creative Living" Requests, c/o KENW-TV, 52 Broadcast Center, Portales 88130.

'Mini telescope' implant might improve eyesight

SPECIAL TO THE JOURNAL
HOUSTON — A tiny telescope implanted in the eye during cataract surgery could significantly improve the vision of those suffering from age-related macular degeneration.

This degenerative retinal disease is the leading cause of blindness in people over the age of 50.

Baylor College of Medicine is one of three sites in the U.S. participating in a clinical trial to test an implantable miniaturized telescope in patients with central vision impairment due to the condition.

"Using a telescope to help patients with AMD is not new but prior to this clinical trial, the telescope had to be worn as an external spectacle lens. Unfortunately, a spectacle frame with a telescope can be quite heavy and difficult to use," said Dr. Bowes Hamill, an associate professor of ophthalmology at Baylor and one of the study's chief investigators.

"The advantages of the implant are that the telescope is always with you and, if necessary, additional magnification can be achieved with spectacles," he said.

At the time of surgery, the telescope is implanted in only one eye to provide central vision. The other eye controls peripheral vision. The procedure lasts between 30 and 45 minutes under local anesthesia

and is performed on an outpatient basis.

To be eligible for the study, candidates must have stabilized the condition, be 60 years of age or older with vision no better than 20/80 and no worse than 20/400 in either eye, and have no other major eye disease except cataracts.

Hamill said the telescope, if successful, could be a breakthrough for those with age-related macular degeneration.

"This isn't going to provide 20/20 vision, but it could allow the visually handicapped AMD patient to function better, whether it's eating, watching television, reading or recognizing people's faces," Hamill said.



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25th Annual Plainview Queens Classic
Thanksgiving Weekend - November 23, 24, 25, 2000
Hutcherson Center - Wayland Baptist University - Plainview, Texas

Thursday First Round HIGH SCHOOL DIVISION

10:30 am Canyon Randall vs Dimmitt
12 Noon Levelland vs Muleshoe
6:00 pm Hereford vs Shallowater
9:30 pm Plainview vs Vega

COLLEGE DIVISION

8:30 am SW Oklahoma vs NM Highlands
1:30 pm Arkansas Tech vs Midwestern State (TX)
4:00 pm Southern Nazarene (OK) vs Lubbock Christian
7:30 pm Wayland Baptist vs Lewis & Clark (ID)

Sponsored by the Sports Committee, Plainview Chamber of Commerce

The family of Cookie Bamert
Wishes to express our heartfelt gratitude
To the doctors, nurses and staff of
Muleshoe Area Medical Center
And to the emergency personnel for their
Care and attention to our wife and
mother during her illness.
We would especially like to thank
Dr. Jobey Claborn for his loving and
Personal manner and treatment of
this very special woman.
Your presence brought much comfort
to her family.
Carl Bamert
Nick and Raynie Bamert, Brett & Austin
Greta Hillin Misty Hillin
Reese and Melanie Hillin, Julia & Hunter

We give thanks for the multitude of blessings that the Father has bestowed upon us. One that we cherish most is the fact that we live in a loving and caring community.

We ask for your help again this year in sharing with those less fortunate by participating in the Angel Tree. Each angel represents a boy or girl and an opportunity to be blessed by your giving.

Pick up an Angel and attach it to a wrapped gift and return it by December 16th to Leal's. We will place the gifts in the hands of some very happy and excited kids.

Thank you in advance and God Bless and Keep You.

Victor & Debbie Leal

Diabetes clue discovered in Mexican-Americans

HOUSTON — A metabolic "glitch" could help explain why Mexican-Americans are two to three times more likely to suffer from diabetes than their European-American counterparts.

Researchers at Baylor College of Medicine in Houston have found that one of the body's basic metabolic responses to the hormone insulin, which is to turn off the production of glucose by the liver when a meal is consumed, is significantly reduced in Mexican-Americans.

"We believe this could be one of the earliest markers of insulin resistance in Mexican-Americans," said Dr. Ashok Balasubramanyam, a Baylor assistant professor of medicine.

Insulin resistance, a condi-

tion in which body tissues become insensitive to the action of insulin, is responsible for 90 to 95 percent of all diabetes in Mexican-Americans.

Because this defect was found in completely healthy Mexican-Americans without close relatives having diabetes, the researchers believe it is one of the factors that could be contributing to the high rates of Type 2 diabetes in this group as a whole.

"Knowing that this pathway is affected could help us identify the cause, such as a unique gene, responsible for this dysregulation and lead to therapies and early lifestyle interventions that help at-risk Mexican-Americans before the clinical symptoms of insulin resistance and diabetes appear," Balasubramanyam said.

Freshman girls top Roosevelt 30-21

Tori Barton bucketed 12 points to lead the freshman Lady Mules to a 30-21 victory over the Lubbock Roosevelt Eagles on Nov. 13 at Roosevelt.

She was followed by Sara Benham with eight points, helped out by Megan Mason with four, Ashley López with three, Brandi Whalin with two

and Keeri Copley with a single.

The teams battled evenly during the first half, tied 5-5 at the end of the first period and the Lady Mules holding a 10-9 edge at halftime.

The second half, though, was all Lady Mules. They led 22-11 at the start of the first quarter.

RETIREMENT SALE

FRIGIDAIRE
CROSLLEY

La-Z-Boy®
Maytag
ZENITH

BERKLINE

After 53 years in business,

HARVEY & MARIE BASS

are Retiring and want to Thank You for your patronage. You are the greatest customers in the world and in appreciation, we are

Slashing Prices

Just in time for the Holidays.
EVERYTHING MUST GO!

Come on in. We look forward to seeing each of you.
122 S. 1st Street • Muleshoe, Texas • 272-3030

To subscribe to the Muleshoe Journal, call Yolanda at 272-4536!

Journal Classifieds

STOP & SHOP

Deadlines are 5 p.m. Monday and Thursday

Call 272-4536

November 23, 2000

HELP WANTED

MAKE A CHANGE

If you are looking for a financially rewarding and challenging career.....

WE WANT YOU!

- | | |
|---------------------------------------|---|
| WE OFFER: | • Ability to set your own income level |
| • A Proven Track Record of Success | • A product always in demand |
| • Free Enterprise Opportunity | • A chance to build equity in your own business |
| • Independence of being Your own boss | • Substantial Bonus and Awards Potential |

1st We Teach You How to Sell

Then We Prepare You for Management and Ownership

We are looking for people who are goal oriented, self-motivated, professional and who lives right here in Muleshoe. College degree preferred.

Join a Winning Team!

Bill Hatchett
District Manager



FAX RESUME: 806-794-0445
PHONE: 806-794-6336
E-MAIL: fig@door.net

FARMERS

REAL ESTATE

PARMER CO. - PRICE REDUCED on a 160 acre irrigated farm, and 640 acre farm with 4 wells and 4 pivot sprinklers with 3 houses, shop, horse barn, with steel corrals. Call Benny — Amarillo.

COLLINGWORTH CO. - 2318 acres with Live water, minerals & CRP. Blacktop Road. Call Tony — Amarillo.

OCHILTREE CO. - 585 acres with 250 ac pivot. Close to Perryton. Call Neal — Perryton.

Over \$20 million listing @ www.texpanland.com
Clift, Scott & Associates

Perryton 434-1407 Amarillo 355-9856 Dalhart 244-5221

PRICE REDUCED! EASY FINANCING AVAILABLE! 2 BR, 2 BA, 1400SF brick single story. Needs minor fix-up. 75' x 140' lot (1815 W. Avenue 'B') Asking \$43,900-0BO. Call P.K. Ramsey @ 1-800-757-9201 ext. 7582, M-F, 10-7. Seller will consider paying buyers agent comm.

BAILEY COUNTY 29 acres near Muleshoe, off Hwy 214 N., 8.64% Interest, \$134/Mo., Owner Finance Forest America Group 800-275-7376

246 ACRES IRRIGATED FARM 3 wells, good water area with nice brick home and improvements in Parmer & Lamb Counties. Call Daren at J.B.Sudderth Realty, Inc. 806-481-3288.

DO UNTO OTHER AS YOU WOULD HAVE THEM DO UNTO YOU!

Apartments For Rent
1 Bedroom
2 Bedrooms
Call 272-3771 or 946-7668

3 Bedroom, 1 3/4 Bath, 3 Car Garage. New: Heat Pump, Carpet, Tile, Remodeled Bathrooms and Storage Shed 1802 W. Ave. I 272-6707

CORNER - LOT 3 Bedroom, 1 Bath, Double Garage, and More!!! Call 806-272-5735

House for Sale 3 Bedroom, 2 Bath on 1 acre. 2.5 miles North on Hwy 214. (505) 355-4241

MISCELLANEOUS

UNBELIEVABLE DEAL!
2000 MINUTES FOR \$39.99
FREE PHONE, FREE ACTIVATION!
FREE CASE WITH PURCHASE OF A CAR CHARGER!
CALL AMERICA TOLL FREE!
INCLUDES 750 WEEKEND MINUTES & 750 EVENING MINUTES
CELLULAR 2000
202 Main Street
(806)272-7523 or 272-5153
KEEP SMILING!



Nieman Realty



116 E. Ave. C • George Nieman, Broker • 272-5285 or 272-5286

RICHLAND HILLS - PARK RIDGE

• LOT 83, PKRDG. - \$1000.00, SEVERAL OTHER NICE LOTS ARE AVAILABLE - CALL FOR MORE INFO!!
• NICE 3-3-1 Brick, Cent. heat, evap. air, built-ins, fans, 2000+ lv. area, fenced yd., patio, stor. bldg.!! \$57.5K!! RH-1

HIGHLAND AREA

• 2-1-1 Carport, built-ins, wall furn. heat, win. evap., 5 fans, covered patio, fenced yd. \$25K!! HL-4
• VERY NICE 3-2-1 Brick, Elec. Heat Pump, built-ins, ash cabinets, nice carpet & vinyl, cov. patio, fenced yd. MORE!! \$42K 11 HL-2
• NICE 3-1-1 Brick, Cent. heat & evap. air, nice carpet, fans, 2 stor. bldgs., fenced yd., MORE!! \$36.5K!! HL-1

LENAU - COUNTRY CLUB AREA

• 2-1-1 Home, Cent. A&H, DW, MORE!! \$29.5K!! L-3
• 2-1-1 Home, wall furn. heat, \$18K!! L-4

COMMERCIAL

• Duplex (2-2 bdrm. 1 bath units) plus 1 (2 or 3 bdrm) for residence or rental. \$30K!!
• R.V./Mobile Home Park on 2.95 acres, home, office, 3 M.H. units. LET'S LOOK TODAY!!
• APPROX. 4,800' shop plus 600' office area on a 60' x 130' lot!!! PRICE REDUCED!! \$40K!!
• GOOD INCOME PROPERTY - approx. 3490' bldg., paved parking, good net lease!!! PRICED TO SELL!
• Established Business: Land, Bldg. & Equip., \$75K!!
• Nice Building with approximately 15,450 sq. ft. of shop area plus approx. 1,044 sq. ft. office (Dual Fuel Heat Pump for Office), 6 station phone system, restrooms (1 w/shower), loading dock, approx. 195 foot frontage. MORE!!
• 6,600 sq. ft. metal building with approximately 1080 sq. ft. additional storage area on Hwy. 70-84, 140' x 100' tract!! \$34K!!
• 200 Main & E. Ave. B-4 rental units plus upstairs & basement or renovate for your own special use!! \$65K!!

HIGH SCHOOL

• VERY NICE 3-1-1 Brick, Heat pump, DW, nice carpets, fenced yd., MORE!! \$30's!!! HS-1
• VERY NICE 3-1-1 Brick, Cent. A&H, stove, DW, fenced yd., MORE!! \$38K!! HS-4
• 3-2 Home, corner lot, floor furnace heat, fenced yd. \$25K!! HS-10
• PRICE REDUCED - NICE 3-1-1 Home, Cent. Heat & Cent. Evap. Air, built-ins, stor. bldg., fenced yd., MORE!! \$39.5K!! HS8
• 3-1-1 Brick, Dual Fuel Heat Pump, DW, Disp., 4 fans, cov. patio, 2 stor. bldgs., fenced yd. \$34,500!! HS-3
• VERY NICE 3-1-1 Brick, Cent. A&H, 3 ceiling fans, stor. bldg., fenced yd. \$38K!! HS-5
• VERY NICE 2-1-1 Brick, Elec. Heat Pump, stove disp. fans, deck, fenced yd., MORE!! \$32.5K!! HS-13
• VERY NICE 3-2 1/2 Home on corner lot, heat pump, built-ins, nicely remodeled, carpet, fans, storm windows & doors, water soft., auto. spklr., fenced yd. MORE!! \$53.5K!! HS-12
• 3-1-1 Brick, Cent. heat, evap. air, Dishwasher, fenced yd. \$28K!! HS-6

RURAL

• PLEASANT VALLEY, Approx. 160 acres, 2 bdrm home, 1 bath, 2 car detached garage, on pavement!!
• W. of SUDAN-NICE 3-3-2 Brick Home, 5 acre tract on Hwy. 298, Cent. Air & Heat, built-ins, large Quonset Barn, MORE!! \$95K!!
• 5 Acre tract on pavement close to town!
• PRICE REDUCES - 108 acres or 7 acre tract on Hwy. 70, approx. 2100' office area, 16,900' commercial bldg. w/loading dock, 3,400' warehouse, new well, 2,800' runway!!
• 2-2-2 Carport Mobile Home on 1.997 acres on pavement close to town, attached storage bldg. plus 45' x 74' barn, pens, & fenced pasture!! \$30K!!
• 3-2-1 Home, Cent. A&H, built-ins, fenced yd., man, spklr., 300' stor. on .84 acre on pavement, edge of town!! \$40's!!
• PROGRESS - VERY NICE 3-2-2 Home on 21.8 acres on Hwy. 84, Elec. Heat Pump, built-ins, FP, 3 fans, 10 hp., sub. irrig. well, undrgrd. tile, valves, & gated pipe!!! MORE!! \$55K!!
• EARTH - 4-2-2 carport home, Heat Pump, fans, storage-workshop!! \$35K

HELP WANTED

Ag spray and fertilizer equipment manufacturer in need of a customer service person. Duties include inside sales, inventory control, shipping and receiving, and assembly work. Ag background, mechanical and electronic skills very helpful. Apply at:
Wylie Spray Center
600 N. Amherst Rd.
Earth, TX 79031
(806)257-3461

DEADLINES FOR CLASSIFIED ADS
Monday 5 PM for Thursday's issue
Thursday 5 PM for Sunday's issue

LOST DOG

1 Red Female Dachshund (Weiner Dog) Pups miss Mom Lost 6 miles N.E. of Muleshoe on the Y L Road REWARD!! 965-2322

PUPPIES FOR SALE

BORDER COLLIE - (Blue Heeler or Austrialian Shepard) MIXED 6 WEEKS OLD Have been examined by veterinarian and have all their shots. For more information Call 272-5105 or 3877

Red Dachshund Puppies Registered Ready by Thanksgiving Call 965-2322

HAPPY THANKSGIVING!

MISCELLANEOUS

AIR CONDITIONING
Financing available on new central refrigerated air conditioning-heating equipment. As low as \$59 a month. Bad credit? Bankruptcy? No Problem! WE WILL FINANCE YOU! Air America 791-1093

REWARD

\$500 Cash Reward for information leading to the arrest and conviction of the individual(s) involved in the vehicle theft of 2 shotguns and 1 rifle on or about Nov. 8. Contact Muleshoe Police Dept. at 272-4569.

IN UNITY THERE IS STRENGTH!

Starts Friday, November 24th

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THANKSGIVING SAVINGS

PRICES EFFECTIVE NOVEMBER 24-28, 2000

MEAT

X-TRA SAVINGS PAK REG.
GROUND BEEF
97¢ LB.

X-TRA SAVINGS PAK
GROUND CHUCK
\$1.69 LB.

X-TRA SAVINGS PAK
GROUND ROUND
\$1.99 LB.

DECKER
JUMBO MEAT FRANKS OR MEAT BOLOGNA
16 OZ. PKG.
89¢

OWENS REG. OR HOT
BREAKFAST SAUSAGE
2 LB. ROLL
\$3.49

ASSTD. HORMEL
BACON
1 LB. PKG.
2/\$5

HORMEL
LITTLE SIZZLERS LINKS OR PATTIES
10-12 OZ. BOX
99¢

OWENS REG. OR HOT
SAUSAGE & BISCUITS
12 OZ. BOX
\$1.99

OWENS ASSTD. VARIETIES
BREAKFAST SAUSAGE
1 LB. ROLL
\$1.79

X-TRA SAVINGS PAK
CATFISH NUGGETS
\$1.49 LB.

FOSTER FARMS
CORN DOGS
3 LB. BOX
\$4.99

FOSTER FARMS
CORN DOGS
16 OZ. BOX
2/\$3

SMOKED
PORK HOCK
\$1.19 LB.

PRODUCE

PREMIUM WRAPPED
ICEBERG LETTUCE EA. 67¢
LARGE RED RIPE
TOMATOES LB 79¢
TEXAS RIO RED
GRAPEFRUIT 3/\$1
MINI PEELED
CARROTS 1 LB. PKG 99¢
U.S. NO. 1 RUSSET
5 LB. BAG
POTATOES EA. 79¢
GARDEN FRESH
CUCUMBERS 3/\$1
FRESH
KEY LIMES 25/\$1
FRESH GREEN
CABBAGE LBS. 4/\$1

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CASA DE LOWE'S PEPPERONI OR DELUXE 10.5 INCH, 2 PACK
PIZZA 24 OZ. 2/\$5
KRAFT REG. ONLY PRE-PRICED \$4.99 EXCLUDES LIGHT
VELVEETA LOAF 32 OZ. BOX \$3.99
PLAINS MILK, ORANGE JUICE, LEMONADE OR TEA
SNACK ATTACK PINT 79¢
SHURFINE ASSTD. 8 CT. PKG.
WAFFLES 11 OZ. 2/\$3
RED BARON DEEP DISH SINGLE
PIZZA 12 OZ. PKG 2/\$5
BANQUET
NUGGETS OR CHICKEN WINGS 30-32 OZ. \$4.49
MINUTE MAID ASSTD. PREMIUM
ORANGE JUICE 64 OZ. CTN. 2/\$5
SHURFINE BUTTERMILK OR BUTTER FLAVOR
JUMBOS BISCUITS 10 OZ. CAN 89¢
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YOGURT 8 OZ. 2/88¢

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8 OZ. MAXIMUM STRENGTH OR 12 OZ. ORIGINAL
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ASPIRIN 250 CT. BTL. \$1.99

LOWE'S WHITE SANDWICH
BREAD 24 OZ. LOAVES 2/\$1
SMACK ASSTD.
CUP RAMEN 2.25 OZ. 3/99¢
SMACK ASSTD.
RAMEN NOODLES 3 OZ. PKGS 10/\$1
KRAFT REG. OR LIGHT
MIRACLE WHIP 32 OZ. 2/\$5
FRITOS®
PRE-PRICED \$2.29

CORN CHIPS 10 OZ. BAG 2/\$3
NABISCO ASSTD. PREMIUM SALTINE
CRACKERS 16 OZ. BOX 2/\$3
JELL-O ASSTD.
.3 OZ. SUGAR FREE OR 3 OZ. REG.

GELATIN DESSERT YOUR CHOICE 2/\$1
GREEN BEANS, CS/WK GOLDEN CORN OR PEAS
LIBBY'S VEGETABLES 11-15.2 OZ. CAN 5/\$2
COMET LONG GRAIN

RICE 28 OZ. BOX 99¢
AUNT JEMIMA ASSTD.
CORN MEAL 5 LB. 2/\$3
ASSTD. ORIGINAL, ORIGINAL OR SUGAR FREE INSTANT

JELL-O PUDDING 1-3.9 OZ. PKG 3/\$2
SANTA FE JALAPENO
BEAN DIP 9 OZ. CAN 2/\$3
SANTA FE ASSTD.
SALSA 16 OZ. JAR 2/\$4

SELECT GROUP
• 16 OZ. STACKERS
• 16 OZ. SWEET PICKLES OR GHERKINS
• 24 OZ. SPEARS
VLASIC PICKLES YOUR CHOICE 2/\$4
SELECT GROUP

SPICE CLASSICS5-7.5 OZ. SIZE 79¢
SHURSAVING
BLEACH GALLON JUG 89¢
ECONOMY REYNOLDS WRAP
ALUMINUM FOIL 75 SQ. FT. \$1.99

ALL VARIETIES
COCA-COLA, SPRITE OR DR. PEPPER 6 PK.-.5 LITER BTLs 2/\$4
ALL VARIETIES
COCA-COLA, SPRITE OR DR. PEPPER 3 LITER BTL 3/\$5

ALL VARIETIES
COCA-COLA, SPRITE OR DR. PEPPER 6 PK.-12 OZ. CANS 3/\$5

Lowe's

MARKETPLACE

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