## A QUICK READ OF THE NEWS

Landlord filmed noshing nude Restaurant owners trying to figure , who was stealing their stock intalled video cameras to catch the thief and made a startling discovery They allegedly caught their landlord. city firefighter, downing expensive food and wine in the place after hours in the nude.
Albert Hohmann has been suspended ithout pay after being arrested on harges including burglary, petty larny and criminal mischief, a fire deartment spokesman said.
Hohmann, 46, lives on the second loor of the house he leases to the Tottenville Inn New York City Michelle Macula. a partner in the res taurant, said surveillance tapes recorded tier business hours caught him in the

We saw him just walking around aked," she said. "He went behind the The kindness of strangers who d been robbed last year did something nice for a member of the Toronto Raptors - and came away $\$ 1,000$ richer or her kindness.
After the Raptors' loss to the San Antonio Spurs earlier this month, an unidentified member of the visiting NBA leam apparently left behind a money lip loaded with $\$ 5,000$ cash in his hotel room, according to officials at Plaza

When Tomasa Luna, a 61 -year-old housekeeper, found the clip, she promptly turned it in
The guest called the hotel about the missing money a few days after checking out and rewarded Luna when he found out what she'd done.

Drawing date: Saturday, Feb. 19 Winning numbers: 3-14-21-34-40-42 Estimated jackpot: $\$ 4$ million
Winners:
Next drawing: Wednesday, Feb. 23
Estimated jackpot: \$4 million

Feb. 24 - Col. W.B. Travis sends his famous etter from the Alamo vowing, "I shall never Feb. 25 - The Navy Commission of the Republic of Texas arrives in New Orleans to Feb selling off the Texas Navy (1841). atop the Texas state Capitol building (1888)

Partly cloudy conditions are forecast to continue through the weekend. High temperatures are expected to reach the high 60s through Saturday, climbing to about 74 on Sunday. Morning lows are predicted at about 40 Thursday morning, falling to 32 on Friday before rising to 35 Saturday and 39 Sunday.

## Editor Ronn Smith can be reached a 272-4536 or ctyankee @fivearea.com

 Missed your paper? Call carrierMelissa Flores at 272-6719 or the Journa during business hours, 8:30 am- 5 pm .

## Mules advance with 68-41 stampede <br> By KEVIN WILSON <br> Writer

The Mules jumped out to a 13-4 first quarter lead and never let up Tuesday in a 68-41 playoff victory. ver the Dalhart Wolves.
Bret Clements had 21 points for he Mules, who never trailed Muleshoe held Dalhart to 17-of45 shooting from the field,
including 4-of-17 from the three-
The Mules also limited Dalhart's second chances, holding the Wolves to five offensive rebounds. "They crash the boards real hard, and that's something we talked bout this week," Mules headcoach Ralph Mason said
Meanwhile, the Mules were all
Meanwhile, the Mules were all
over the boards, grabbing 39 re-
ounds. They were led by Darrell

comparedto Dalhart),"Lewis said.
"We knew if we crashed the boards we could beat them." Lewis' work for -9 effort from the field. He did hit 5 -of- 8 from the line, though, to
With five minutes left in the first see MULES


## Bands do their thing

Band students from Muleshoe High School and Watson Junior High combined their efforts last week in a pops concert featuring mainly songs from popular culture. Jenny Bush and Adriana Gonzales (above left) of the junior high's flute section perform on "Twist and Shout!" while high school bass clarinet player Christi Adrian (above right) booms through "Allied Honor March." And at right, saxophonists Ike Norman and Elizabet Lozano get their chance to shine on "Rootbeer Rag." The high school program also included selections from the movie "Tarzan," including "Two Worlds," "Trash in the Camp" and "You'll Be in My Heart."


## Man given probation in baby-scalding case

By RONN SMITH

## Editor

Roberto Contreras of Muleshoe entered a plea of guilty to manslaughter Monday in connection with the May 1999 scalding death of a 3 -year-old. He was given a $10-$ year suspended sentence and fined \$2,500.
Contreras had at one point faced a possible murder charge. His girlfriend, Leticia Hernández, remained in Bailey County Jail under $\$ 50,000$ bond on murder charges after her trial -scheduled to begin Feb. 21 - was delayed. No new date has been set.
Contreras and Hernández were arrested after 3-year-old Jesús Angel Hoya was taken to a hospital in Ciudad Juárez, Mexico, suffering
from third-degree burn
lower part of his body. The boy was Hernández's son He died after being returned from Mexico to a Lubbock hospital.
A doctor at the hospital became suspicious and called El Paso police. Hernández was taken into cus tody in Juárez, turnedover to Mexi can immigration officials and deported back to the United States, where El Paso police took custody from the U.S. Immigration and Naturalization Service
Contreras, then 33, and Hernández, then 19, lived together at 414 W. Second in Muleshoe Contreras was arrested at the resi dence An 8 -month-old child in th home was taken into custody by Child Protective Services.

Hernández had been charged with Hernández had been charged with first-degree injury to a child and Contreras was charged with third degree injury to a child.

A Bailey County grand jury in June 1999 indicted Hernández for capital murder and Contreras for manslaughter/capital murder
Authorities allege that Hernández dipped the boy into scalding water - reportedly because she thought his potty train ing was progressing too slowly. Contreras was charged in the case because of his "failure to obtain immediate medical attention after a severe burn injury" and his role in delaying medical "as role in delaying medical treatmen by the flight to Mexico, according to court records. His bond origi-
tually was lowered to $\$ 10,000$. His sentence includes perform ing 400 hours
vice work.
The plea was entered Judge Marvin F Mas Plainview.

## On the same day, Marshall

 sentencedMuleshoe pended sentence al $\$ 4$ - 00 tin su 240 hours $\qquad$
$\qquad$
$\qquad$ contact with an underage girl. The terms of the plea-bargain included dropping a charge of aggravated sexual assault involving anothe minor girl.

## Around Muleshoe

## Mammograms set at hospital

A breast-cancer screening clinic is scheduled for March 6 at Muleshoe Area Medical Center, 708 S. First St.
Participants will receive a low-cost screening mammogram, a breast health-risk appraisal and individual instruction by a registered nurse in self-examination.
Funding is available through the Texas Department of Health for residents who qualify.
All exams are by appointment only. Appointments and/or

## more information are available by calling (800) 377-4673 <br> \section*{Farm Bureau installs payment box}

Bailey County Farm Bureau has announced the installation of a payment box at the organization's office for customers who cannot make it to the office during business hours.

## Customers are asked not to leave cash in the box

## Public calendar

Feb. 24 - 6 p.m. Muleshoe PTA, in the gymnasium at DeShazo Elementary School. Fifth-graders will entertain with a musical program titled "Freedom.
The deadline for items to appear in Around Muleshoe is 5 p.m. Monday for Thursday's edition and 5 p.m. Thursday for Sunday's edition. Items may be brought to the office at 304 W . Second, mailed to P.O. Box 449, called in to 272-4536 or faxed to 272 -

## H№rs

TECH HONOR ROLLS
Five Muleshoe-area students have named to honor rolls at Texas Tech University for the fall 1999 semester.

They include Alyssa Blair Saylor, a freshman English major, who was named to the president's list for earning a perfect 4.0 grade-point average.
To be eligible for the honor rolls, students must be enrolled for at least 12 semester hours of credit.
Those making the dean's list, with grade-point averages from 3.5 to 3.9 , inelude Samantha Anne Caswell, a senior major; Chelsey Kay Conklin, a sophomore exercise and sports sciences major; Deepa Dinkar Bhakta, a freshman pre-pharmacy major; and Don Julian Lenau, a freshman substance-abuse studies major.

## GLOVER

Keetha Lynette Glover of Muleshoe was among about 3,500 fall 1999 graduates of Texas A\&MUniversity at College Station.
Glover received a bachelor of science degree in interdisciplinary studies. SPC HONOR LIST
Jeremy Freeman and Kandy Wilcox, both of Muleshoe, are among the students at South Plains College in Levelland who were named to the dean's honor list for

## MULES

from page 1
"They were a lot more aggressi
said. said.

Muleshoe countered the defense by driving to the hoop and going inside to Clements, who had 10 points in the first half, which ended with a 30-16 Mule lead.
Clements was a bigger factor in the third quarter, where the Mules put it away Clements had nine points in the third, which ended with a Jeff Shelburne layup and a 4726 advantage.
Clements also aided on defense. He spent most of the night guarding Brad Fisk, who shot 0 -for- 7 .
The free-throw differential was also a big advantage for Muleshoe. The Mules took 26 free throws and hit 19 of them
the fall 1999 semester.
Students named to the dean's list must earn a minimum grade-point average of 3.25 while enrolled full-time at the college, plus have no failing grades in any class. THOMAS
Elisabeth Thomas of Lazbuddie High School has been selected as a participant in the Texas Aerospace
Scholars Program. ghe participate in on-line Mars exploration activities and attend a summer workshop NASA in Houston, working with engineers and graduate students in various activities. She was nominated by Lazbuddie schools.
McELROY
Josh McElroy of Muleshoe took first place in novice after-dinner speaking and was the only junior-college representative to reach the finals in varsity prose at the Texas Intercollegiate Forensics Association spring tournament earlier this month at Texas Tech University in Lubbock.
McElroy is among the members of the forensics team at South Plains College in Levelland.

Farmers, ranchers turn to nature tourism

SPECIAL TO THE JOURNAL
In the Panhandle along the Canadian and smaller rivers, a group of 37 landowners have formed the Texas Prairie Rivers Region Inc. to supplement their traditional farming and ranching income
The group offers horseback riding, hiking, wildlife view-

## H

WATSON JUNIOR HIGH FOURTH SIX WEEKS Sixth Grade Joe Ambriz Brady Black Ashley Dickson Lindsey Hall William James Chelsea López Vanessa López Rodrigo Mendoza Lorenzo Nuñez Janice Pacheco Monica Posadas Randall Radford Randall Radford Christine Reeves Jesse Rodríguez Sarah Sexton Madison Smith Hillary Tipps Cami Vandiver Corey Wallace Brandi Wood Emily Zackosk

Seventh Grad Elena Aburto Erin Allen Cristóbal Almanza Ashley Beggs Kelsey Beggs Michael Black Robert Bomer Thomas Bonds Kami Brown Brady Broyles Brady Broyles
Morgan Burton Morgan Burton
Jamie Carpenter Jamie Carpen
Paul Carrion Paul Carrion
Charissa Conner Jeremy Copley Amber Cowart Erin De Hoyos Sarah Domínguez Kyla Ellis Erica Estrada Erica Estrada Erin Gallman
Niclas Green Ashley Gutiérrez Jessica Hall Mitci Hawkins Jason Height Jennifer Heredia Tristen Herington Shalisa Ladd Vanessa Lewis Amanda López Minerva Martínez Paje McRoberts Esther Mendoza Misty Miller April Morgan
Barry Morris Luis Muñiz

## Texans urged to plug thousands of abandoned water wells

SPECIAL TO THE JOURNAL COLLEGE STATION Clean, clear water makes itpossible for us to enjoy the food we eat, the conveniences we have and the pleasures of everyday life. Protecting this vital resource is the responsibility of all Texans.

However, itisestimated there are more than 150,000 abandoned water wells in the state, according to Dr. Bruce Lesikar, agricultural engineer with the Texas Agricultural Extension

Abandoned water wells increase the risk of contamination ogroundwater, Lesikar said. "We dump trash into them, spray chemicals over them and fo the most part pretend they don't exist. However, that's an attitude that's illegal in Texas."
ers responsible for plugging
abandoned wells and liable for any resulting contaminate for injury. six unusasecutive months and is unusable because it is deteriorated, Lesikar said.
Water wells come in all different shapes and sizes. Early Texas settlers used large-diameter, hanc-dug wells to access
shallow groundwater. Many

times, these wells remained long after the residence was Other wells were mechanically driven into the ground; the most common wells are in-

stalledusing stalledusing rotary drilling rigs. A casing is placed down the dited hole to access the
serves as a channel for bringing groundwater to the surface. An serves as funnel for carrying serves as fannel for carrying
contaminants from the surface to the groundwater below.
"Products we use around the home, in agricultural operations and in industrial processes can contaminate the groundwater supply," he said.
A water well also may pass through two different aquifers and have a deteriorated well casing that allows water from the different aquifers to mix. A well casing can develop a hole in the elevation of the upper aquifer and allow the water from the upper aquifer to flow down the casing to the lowe aquifer and contaminate
Se wells pose a consider ger to people, wildlife

## TOURISM

## from page 2

comes during times of continu-
ing low commodity prices and drought.
am is not a silver bulletto save ential as addit source appears to be growing in Texas, where 97 percent of the land is privately owned and
wherethe urbanpopulationcontinues to increase rapidly accounting for more than 80 percent of the total population. Biking trails, nature trails and hiking trails have been ranked by Texans among the state's top 10 most-needed recreation In a poll of 3,000 Texans conducted in 1998 by Texas A\&M University, trail-based activities such as hiking, bicycling and horseback riding also popular activities while close to home or while away on vaca-
tion.
Other surveys have indicated that more Texans participate in trail use than in golfing or hunt-
Texas has 167 million visi tors a year with 14 percent or 23 million involved in "nature activities," according to a recent Texas Department of Economic Development study
Birdwatchers als portant and affluent segment of nature tourism. Nationwide, Americans spend about $\$ 29$ million each year on observing, feeding and photographing wildlife. And at High Island Texas, birders spent more than $\$ 2.5$ million in lodging and other travel-related activities from April to May in one sea-

Anticipating a need for nature tourism guides, outfitters and other professionals, Southwest Texas State University three years ago established a minor in nature and heritage tourism. The university also is home to the Center for Nature and Heritage Tourism, which focuses on rural tourism prod uct development.
However, like an industry in its infancy, there still are many misunderstandings about nature and recreational tourism, especially among banking, legal and insurance professionals, according to some landowners.

One major misunderstanding involves landowners' liability. In 1985, the Texas Legislature began providing limitations to
landowners' liability.
Landowners are covered un-
der the law if they do not charge
for recreational use on land or,
if they do charge, those charges
are no more than four times
their annual property taxes on
agricultural land.
For example, a landowner
who pays $\$ 1,000$ ayear in prop-
erty taxes and charges only
$\$ 3,500$ annually in recreational
fees has limited liability under
the statute.
For those charging recre-
ational guests more than four
times the annual agricultural
property taxes, landowners
have limited liability if they
maintain the following mini-
mum amounts of liability $\begin{array}{ll}\$ 500,000 \text { foreach person; } 2) \$ 1 & \text { availabie by contacting the } \\ \text { million for each single occur-. } & \text { department's Finance and } \\ \text { rence of bodily injury or death; } & \text { Agribusiness Development of- }\end{array}$ million for each single occur-
rence of bodily injury or death; and 3) $\$ 100,000$ for each single occurrence for injury to or de-
struction of property.
Obtaining financing for rec eational tourism ventures als dustry is so new.
To help landowners with fi nancing, the Texas Departmen of Agriculture offers loan guar antees through the Texas Agricultural Finance Authority's Loan Guaranty Pro gram for agriculture-based or expansions.
More information about th loan guarantees and other avail able nature tourism resources is

## KENW-TV



## Public Television <br> "John Brown's Holy War"

 executed in Virginia before 1500 armed guards. Just a month earlier had heard of John Brown, a former sheepherder who had embarked violent crusade to end slavery. Now his name divided North from South.Was he a martyr or a madman a fanatic or a hero? More that Was he a martyr or a madman, a fanatic, or a hero? More than a century
later, John Brown remains one of America's most controversial misunderstood figures.
$\qquad$ devout Calvinists who believed that life on earth was an ongoing tria, or else answer to God
By 1831, the anti-slavery movement had spread from Boston western states. In 1837, the abolitionist publisher Elijah Lovejoy was shot rose from his seat and issued a vow: "Here before God, in the presence of these wituresses, I consecrate my life to the destruction of slavery. "Brown denounced slavery in language fierce and bitter, and though that slaveholders had forfeited their right to live," noted Frederick Douglass. "He thought that he had no better use for his life than to lay down in the cause of the slave." Ettlers th righ4, Congress passed the Kansas-Nebraska Act, giving settlers the right to decide whether their territories would be slave or fre and outsiders on both sides of the slavery issue began moving in.
By the summer of 1859 . Brown had decided to launch his cr By the summer of 1859 , Brown had decided to launch his crusace
against slavery into the South by attacking the federal arsenal at Harpers against slavery into the South by attac
Ferry, Virginia.

## Ferry, Virginia.

fugitive sevening of October 16th, 1859, Brown and twenty-one men fugitive slaves, college students, free blacks, and three of his own sons

- quietly entered Harper's Ferry. Outnumbered, the arsenal's single guard surrendered. But then a passenger train started to approach and the baggage master ran to warn the passengers. He was shot and killed, the first victim of Brown's war against slavery in the South: a free black


## man.

As the news from Harper's Ferry spread to Richmond, a company of Virginia militiamen stormed into town. Soon eight of Brown's dead or dying, five others were cut off, and two had escaped Although he was completely surrounded, Brown refused to surrender. Marines stormed the building, then captured and held them while a lynch mob howled outside.
Just days after the raid, Brown's trial began. It would take a week. On November 2nd, the jury deliberated for forty-five minutes and reached
their verdict: guilty of murder, treason, and inciting slave insurrection. their verdict: guilty of murder, treason, an
The South rejoiced in Brown's execution.
The South rejoiced in Brown's execution.
"ohn Brers
onday, February 28 th at $9: 00 \mathrm{p} . \mathrm{m}$.
Channel 3 Television from
Eastern New Mexico University, Portales, New Mexico
have been used as dumping ites, filled
"Abandoned water wells need to be properly closed," he said.
Some landowners may be able to do the job themselves. n some cases, it is recommended that a licensed water well driller or pump installer is hired to seal and plug an abandoned well.
Landowners who plan to do the work themselves must first contact the Water Well Drillers Program of the Texas Department of Licensing ment of Licensing and Regulation with their intent a Thod they plan to use
They also should request
state well plugging form
Within 30 days of plugging the
well, they must send a copy of
a copy to their local groundwaer district, if one exists.
 - Dete


## from the well;

- Disinfecting the well;
-Filling the well with plug ing materials (which can clude cement bentonite bennite grout or native clay caliche); and
- Filing the plugging report Further information abou plugging abandoned wells is vailable from county Exten
 To the present and future patients of Dr. Bonds Clinic
inconvenience caused by the incorrect phone number that appears in the GTE phone book Please refer to the Five Area Phone Book for the CORRECT numbers.
fice at (512) 475-1614, (512)
$475-1619$ or fax at ( 512 ) 475 -
Texas farmers and ranchers re known for their innovation and persistence when making iving off the land.
And with the state's growing urban population seeking counryside retreats, more producers are considering nature and recreational tourism as a new ind


THE MULESHOE CHAMBER OF COMMERCE \& AGRICUITURE IS SEEKING NOMINATIONS FOR ITS ANNUAL AWARDS.

Awards will he presented at the Chamber Banquet, April 8, 2000. Deadlime for nominations is March 1, 2000.

NOMINATION FORM - Man of the Year
MAN OF THE YEAR:
WHY RECOMMENDED FOR MAN OF THE YEAR

NOMINATED BY
NOMINATION FORM - Woman of the Year WOMAN OF THE YEAR
WHY RECOMMENDED FOR WOMAN OF THE YEAR:

NOMINATED BY
NOMINATION FORM - Farm Family of the Year
FARM FAMILY OF THE YEAR:
WHY RECOMMENDED FOR FARM FAMILY OF THE YEAR:

NOMINATED BY:
Mail Your Nominations To:
MULESHOE CHAMBER OF COMMEREE
P.O. Box 356

Muleshoe, Texas 79347
For more information, call 272-4248

## Many residents in North Carolina face especially bad times

To put national disasters in perspective, including flood, fire, drought, wind, earthquake, volcano, pestilence and boils, the Bible records that God's first choice was flood.
North Carolina's coastal plain, 100 miles wide, stretches north to south across the state between Raleigh and the Atlantic coast. It has no high ground, no Mount Ararat. The rivers run across the plain like a groove cut in a kitchen table. When the rivers overflowed their banks last fall, the water spread across the table like spilled chocolate milk
0 BITUARIES

ESTEBAN FLORES Services were held Monday at
Immaculate Conception Catholic Church in Muleshoe for Esteban Flores, 84, of Amarillo. The Rev. Patrick Maher was the celebrant. Burial was in Muleshoe Memorial Park.

Ellis Funeral Homes handled ar rangements.

Mr. Flores was born March 1915, in Sonora, Texas. He die Feb. 17 in Amarillo.
He married Lupe Bara on Oct 24, 1943, in Mason, Texas. She died April 20, 1984.
He lived in Muleshoe from 1952 to 1984, when he moved to Amarillo. He worked as a sheep shearer for King Feed Lot.
He is survived by two sons Daniel Bara and Roy Bara, both of Amarillo; two sisters, Clara Castorena of Muleshoe and Theresa Reyes of Uvalde, Texas; two brothers, Ralph Flores and Jesús Flores, both of Muleshoe; eight grandchildren; and 10 great-grandchildren. EUGENE SCHACHER Ann's Catholic Church in Bevin Ann's Catholic Church in Bovina Lazblie. The Rev. Ed Swe was the celebrant, assisted by Dea
is and Hurricane Floyd - with 40 mph winds - not to mention rene. The culprit was rain - 35 inches in 10 days. The catastrophe was flood - over the tops of the houses.
The coastal plain is an intense agricultural region. Cucumbers, sweet potatoes, tobacco, cotton, weet potatoes, tobacco, cotton, soyttle ... many diversified hogs, cattle ... many diversified smal
farms. But diversified farming doesn't do much good when it's all 4 feet under water
Although there was loss of human life, it was not as high as the toll taken in therecent earthquakes.
 BAXTER BLACK ON THE EDGE OF COMMON SENSE
trapped in their houses by the were idly rising water; some did no escape.
The loss of livestock was exten sive ... no high ground. Farmer could only open the barn doors Hogs swam out the windows Chickens hunted for a high perch cows tried to take advantage o
topographical humps, dogs and cats found rooftops, ducks fared better than turkeys, but in the end they died by the tens and hun dreds of thousands.
Now the floodwaters have abated, but the tragedy continues. Farmers were forced out of their homes with the coats on their backs. Upon returning they found
con John Niño. Burial was in Friona Cemetery.
Ellis-Blackwell Funeral Home of Friona handled arrangements. Mr. Schacher was born June 14, 1936, at Nazareth. He died Feb. 18 at home.
He married Vernie Birkenfeld on Nov. 7, 1964, at Nazareth. He had farmed in the Lazbuddie area since moving there from Nazareth

He was a member of St. Ann's He was a member of St. Ann
Catholic Church and the Fourth Degree Knights of Columbus.
He also was a veteran of the
U.S. Army, serving in Korea from 1956 to 1958 in the Army Honor Guard.
He is survived by his wife; two daughters, Becky Sava of Colorado Springs and Cathy Schacher of Lubbock; a son, Daniel Schacher of Lazbuddie; five sisters, Rosalie Davis of Los Altos, Calif. Georgie McCormick of Amarillo, and CatherineHochstein, Leona Maurer and Margie Albrecht, all of Nazareth; two brothers, Bobby Schacher and Edwin Schacher, both of Nazareth; and six grandchildren of Nazareth; and six grandchildren.
He was preceded in death by a son, David Schacher, on July 8, son,
1990.

## YOUR ELECTED Officials

- U.S. Sen. Kay Bailey Hutchison (R-Dallas) 703 Hart Building (202) 224-5922


## U.S. Sen. Phil Gram

 (R-College Station) 370 Russell Building (202) 224-2934 LubbockOffice:Federal Building, Suite 113, 1205 Texas Ave., Lubbock, TX 79401 (806) 743-7533
## (R-Lubbock) <br> (R-Lubbock)

19th Congressional District 1026 Longworth Building (202) 225-4005 LubbockOfffice:Federal Building, Suite 810, 1205 Texas Ave., Lubbock, TX 79401 (806) 763-1611

## - State Rep. Pete Laney (D-Hale Center).

Legislative Dist. 85
1400 N. Congress Ave Austin, TX 78701
(512) $463-1000$

## - State Sen. T

(R-Amarillo)
Senatorial Dist. 31
203 W. 8th Street, Suite 301
Amarillo, TX 79101
Amarillo,
(806) $374-8994$

- Bailey County Commissioners Court 300 S. First Street • 272-3307 Precinct 1: Butch Vandiv
Precinct 2: C.E. Grant Precinct 2: C.E. Grant
Precinct 3: Joey Kindle Precinct 4 : Jerry Damron
- Muleshoe City Council 215S. First Street $\cdot 272-4528$ City Manager: Rick L Hannia Mayor: Robert Montgomery Council members: Cliff Black, Juan Chavez, Jerry Hicks, Sharon Grant


## - Muleshoe Area

Hospital District
708S. First Street • 272-4524
Hospital Administrator Jim
Bone
President: Buck Campbell Vice President: Victor Leal Secretary: Phil Kent Board Members Johnson, Mike Miller

## - Muleshoe Independent

 School District514 W. Ave. G • 272-7404 Superintendent: David Hutton (as of July 1) Vice President: Curtis Shelburne
Board Members: Sergio Leal, Arnold Price, Thurman Myers, David Tipps, Nick Bamert

## The family suggests memorials Ricky Richerson of Clovis; nine to Crown of Texas Hospice ( 1000 S. Jefferson, Amarillo 79101). CLEO SEAGROVES grandchildren; and 13 great-grandchildren. <br> The family suggests memorials

Services were teld Monday at Trinity Baptist Church in Muleshoe for Cleo Seagroves, 81, of Muleshoe. TheRev.Jim Green officiated Burial was in Muleshoe Memorial Park.
Ellis
Ellis Funeral Homes handled arrangements.
Mrs. Seagroves was born Feb
20, 1918, in FranklinCounty, Texas She died Feb. 19 at Littlefield Hos pitality House in Littlefield.
She married Stanley Seagroves in Abilene on Nov. 17, 1939. He died on May 5, 1993
She moved to the Muleshoe area from Abilene in 1944 and was a longtime member of the Longview Baptist Church. When it closed, she moved her membership to Trinity. She was a homemaker and a cook the Muleshoe school cafeteria. She is survived by two sons and aughters-1n-law, James Howard and Robert Stanley and Betty ter (106 W Area Healthcare Cen-

JEWELL GRIFFITHS
at the First Baptist Church of Mule shoe for Jewell Stevens Griffiths,
94, of Muleshoe. The Rev. Stacey
Conner officiated. Burial w
Muleshoe Memorial Park. Ellis Funeral Homes handled arrangements.
Mrs. Griffiths was born Sept. 17 1905, at Lavon, Texas. She died Sunday in Clovis. She married Harrol Griffiths on
July 14, 1929 in Hel died Jan. 9,1963
She had lived in Muleshoe since
1953, moving here from Bledsoe. She was a longtime member of the First Baptist Church and had been a representative for Germania Insurance in Muleshoe. She is survived by a daughter Jane Rudd of Muleshoe; a sister
proportions. Many had day job proportions. Many had day jobs, related businesses. Their fields homes are unlivable, their fields are gone, their livestock scattered and unidentifiable, their financial resources drained. It has been a long winter for our fellow farmers on the coastal plains of North Carolina
Help came pouring in frompub ic and private agencies. I know it s appreciated, but how many bueaucrats brought a mud shove and stayed past the speeches? A mountain of grunt work still lie ahead. querque and Bill Stevens of
Murrieta, Calif.; three grandchil Murrieta, Calif.; three grandchil
dren; and six great-grandchildren. The family suggests memorials

We, all across the country, wh know the blessing and the terror of weather can sympathize and pray that in rebuilding they don't lose hope.
And maybe by spring planting time, a dove will have flown by and left an olive branch on theii windowsill.

## Caskits and MONUMENTS <br> $\frac{\text { SaVE HUDRED }}{\text { ORDOLASTP }}$ <br> to your funeral 10your funeral miles of Hereford. 337 N.MILES HEREFORD, TX <br> 363-2700

## Newspaper Policies




Downtown gets benches
unloading one end of a bench from a pickup while T.J. Hutto and Tyson Four new benches were installed downtown on Main Street last Saturday, Purdy help out on the other end. At right, Whipple makes his first attempt基 their leaders. The work was part of at drilling into a sidewalk to anchor one of the benches. Others helping with解 (he work included Dr. Bruce Purdy, Chuck Smith and Derek Purdy.

## Public record

MULESHOE POLICE Feb. 11
 Feb. 13 eb. 13 Scoll Christopher Scott Bisson. 30, publi
Ruben Reyna 35 , 14
Ruben Reyna, 35, unautho-- DWI (two) Feb. 15
Jennipher Lee Brigman, 41, warrant on a theft by check charge. charge.


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MULESHOE JOURNAL'S NEW CLASSIFIED

Douglas Eugene Stoneking 25, DWI.
Feb. 16
Sivia Flores Olivárez, 32 Bailey County warrant - mo tion torevoke probation (forg

## Hows

MILLER
Lazbuddie High School graduate John Colby Miller was among 1,290 students graduating from the University of Kansas a Lawrence at the end of the fall 1999 semester
Miller received a bachelor of science in education degree in the field of physical education. He is the son of Mike and
Pamela Miller of Route 1, Muleshoe.
COX
COX
James Eldin Cox of Mulesho was among 1,981 students named for the fall 1999 semester at Baylor forthe fall 1999 sem
University in Waco
In order to make the dean's lis a student must be enrolled in at least 12 semester hours and maintain a grade-point average of at


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Art rides high

Twenty-one Muleshoe High School students participated in the Regional Visual Scholastic Arts competition Feb. 19. Included are (standing, from left)Ryan Saylor, Bryce Embry, Louis Simpson, Jojo Elizarraraz, Agustín Estrada, Ryan Hodge, Matt Conklin, Kristy Martin, Sonny Chávez and Daniel Patterson; (front row, from left) Natalie Ovalle, Christi Adrian (who was selected for the state competition later in Houston), Juana Segura, Bobby Guerrero, Erienne Hill, Randy Bohler, Stephanie Marlow, April Kelly and Erica Whalen. Receiving a " 4 " rating in the regional competition

## Some fats are essentia

put the students' into a second judging, 10 percent of which went on to state competition. Muleshoe students earning two " 4 " ratings (and medals) were Adrian, Conklin, Ovalle, Kelly and Roxanne García. Earning one " 4 " and a medal were Bohler, Hodge, Embry, Martin, Chávez, Elizarraraz, Hill, Patterson, Whalin, Segura, Marlow, Lela Hancock and Paul Rodríquez. García, Hancock and Rodríquez are not pictured; Hellen Adrian is the students' art teacher. "I was just thrilled with all the kids' work," Adrian said.
the levels of LDL, or bad cholesterol, when substituted for saturated fat in the diet. An added benefit is that some studthe level of HDL, or good cholesterol. It can be found in olive and canola oil, avocados and mats
$=\mathrm{Wmemansin}$ nod sem tific evidence of the benefits of monounsaturad said.
Polyunsaturated fathas LDL cholesterol-lowering properties, but lowers HDL levels as well. It can be found in sunsafflower oils.
houston tounal might have a bad reputation among many health-conscious are essential to a well-balanced
"There are some fatty acids that the body does not make Reeves, a registered dietitian with Baylor College o Medicine's Behavioral Medi-
Basically, there are three
monounsaturated, polyunsaturated and saturated
Monounsaturated fat has

High-fiber, low-fat
SPECIAL TO THE JOURNAL

have eating habits that mirror U.S. dietary recommendations

or fat and fiber
But those who do so have according to research in the February on-line issue of the Journal of Pediatrics.
"Teens whose diets were rich in fiber and low in total fat consumed more vitamins and minerals and less total choles terol and saturated fat than their peers, said Dr. Theres Nicklas, a nutritionist with the USDS/ARS Children's Nutrition Research Center at Baylor College of Medicine
The diet's nutritional advan ages included more iron, zinc, alcium, folate and vitamin C, niacin, thiamine, riboflavin, magnesium, phosphorus and vitamins A, B6, and B12,
To assess eating habits, hunreds of 15 -year-old student were asked to recall what they ad eaten in the prior 24 hour Reports from 319 teens fell into one of four eating pattern high-fat/high-fiber, high-fat/ ow-fiber, low-fat/low-fiber and low-fat/high-fiber. These were further analyzed for nutritional content.
Foodreports classified "lowfat met the U.S. dietary recommendation that fat pro vide no more than 30 percent
"High-fiber" diets provided at least 20 grams of fiber and met the "age-plus-five" recom mendation for this age group. The age-plus-five recommen-
dation is five grams of fiber plus one gram per year of through age 20. "Low-fiber diets contained 15 grams or less.
cording to Nicklas, al though the low-fat/high-fiber diets provided higher levels of nutrients, the energy level was about the same as those from most other groups.
"This easesconcern that lowfat, high-fiber diets might be too low in energy for growing teens, and that those who choose this eating pattern are overly calorie conscious," said Nicklas, a Baylor professor of pediatrics.
A low-fat, high-fiber diet is recommended for all Americans over the age of 2 to reduce cardiovasculardisease andcancer risk
Individuals who met the dietary recommendations for fat and fiber eat more whole-grain breads and ready-to-eat cere als, fruit, salads, beans vegetables, smaller portions and leaner cuts of meat, skinless poultry, low-fat dairy products, and few fried and high
mal and dairy products and ropical oils. Research has consumption of this type of fat and higher cholesterol levels, wich together can greatly in rease the risk of heart disease. Reeves recommends that n more that 30 percent of daily calories come from fat, with saturated fat making up 10 per ent or less of the total.

As a whole, dietary fat important for proper growth de development. It carries the fat-soluble vitamins A, D, B and K, and aids in their absorption in the intestine. Fat is also involved in protecting organs in the body from injury th lining of brain tissue and regu

Recently, a fourth type of fat has gained attention. Trans-unsaturated fat, found in hydrogenated foods, is particularly harmful. It raises LDL levels and triglycerides and lowers HDL levels. Trans-unsaturated fat is found in stick margarine, shortenings and many baked, fried and snack foods. Traces of it occur natut lamb fats
A person needs to be aware of where the fat in their diet is coming from, reduce saturated fat intake and choose more monounsaturated fat," Reeves added

## nal for teens

now that low-fat, highand disease-preventing advan tages of a low fat/high-fiber diet, only one-third of the 319 students in the study had this eating pattern, including just 9 perce
teens
ow-fat, highwe need to do a better job of helping teens make appropriate food choices, such as opting to snack on fruit and vegetables instead of munching in lowfiber, high-fat treats," Nicklas said.

## EDITORIAL INFORMATION

(1) In order to help accommodate our readers, we urge everyone to kee in mind that the newspaper is put together on Tuesday and Friday. To increase the probability that your information will be placed in your preferred
edition, the earlier that stories, information about meetings or any editorial subject is brought to the Journal office the better! "Around the Area"
(2) Deadines for "Around Muleshe" and " Monday at 5 pm (Thurs. edition) and Thursday at 5 pm (Sun. edition). (3) The following represents a list of information that appears FREE in th Journal:

Weddings • Engagements • Bridal Showers • Baby Showers - Birth Announc
Anniversaries
(forms are available at the Journal office, 304 W. 2nd, for weddings engagements, bridal and baby showers)
(4) Pictures run in the
(4) Pictures run in the Journal are given away FREE OF CHARGE to the
public on a first come, first serve basis. (Some

Effective Jan. 1, 1999
(1) Display ads are located throughout the newspaper. Ad costs are based is $\$ 3.40 /$ col. inch. Discounts are available under certain conditions Borders and artwork are added at no extra cost!
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(2) DEADLINES FOR DISPLAY ADVERTISING are Tuesday at Noon
(Thurs. edition) and Friday at Noon (Sun, edition). If you are a business (Thurs. edition) and Friday at Noon (Sun. edition). If you are a business
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VEHICLES, FOR RENT, ETC...
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Senior citizens need safe-sex advice, too

SPECIAL TO THE JOURNAL When was the last time you disWhen was the last time you dis-
cussed the "birds and bees"? If it's cussed the "birds and bees"? If it's
been a while, it might be time to been a while, it might be
brush up on the facts of life.
rush up on the facts of life.
Until lately, AIDS awareness campaigns have been focused on young people. Unfortunately, the number of older Americans withHIV is on the upswing.
A virus called HIV, short for human immunodeficiency virus, causes AIDS, acquired immunodeficiency syndrome.
HIV attacks the body's immune system. It is not HIV, per se, that kills people, but AIDS-related diseases that eventually overpower the ned systems.
CDC statistics show that the fast-st-growing AIDS rates are for people 50 and older - up 22 percent beween 1991 and 1996 , compared with 9 percent increase among people
$3-49$. What's behind this demographic

More and more people in their 60 s and 70 s are beginning new relationships. Viagra has allowed many older men to revive their dormant sex lives, and many older women are finding themselves single again after a long monogamous relationship. American Association of Retired Persons, also found thatcondom use, the cornerstone of the public-health campaign against sexually transmitted HIV, is an awkward topic for many older people because they are not concerned about pregnancy. Currently, there are distressingly few AIDS education and prevention efforts aimed at seniors. Researchers say that fewer than 11 percent of their doctor about the risk for HIV or other sexually transmitted diseases. Sadly, many physicians are relucIn older people, sexual activity rather than drug use is cited as the most common cause of HIV infection.

> Il's Mot Your Problem if One in five People Can't Read This Newspaper ILLITERACY

| It's not your problem. Just because it costs North American businesses over $\$ 225$ billion a year in lost productivity doesn't mean you can do anything about it. Just because thousands of students can't read a textbook doesn't mean you can do anything about it. And just because your child can't read a bedtime story with you doesn't mean you can do anything about it. |
| :---: |
| It's time we stopped letting other people solve the problem of illiteracy. Lets do something about it - now. Because illiteracy isn't your problem. It's all of ours. |
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| Volunteer to become a tutor. |
| Read to your children at an early age. Studies show that infants whose parents read to them learn how to read more quickly themselves. |
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We appreciate the Muleshoe community! We also encourage Muleshoe and surrounding area residents to submit story ideas WE WANT TO BE YOUR LOCAL NEWS SOURCE AND YOU CAN HELP!!

## Early treatment available

 for babies' heart defectsSPECIAL TO THE JOURNAL HOUSTON - Once a fetus with a heart defect has been diagnosed at Texas Children's Hospital's Heart Center in Houston, a team of highly trained cardiologists prepares for the baby's arrival.
In a word, that is what perinatal cardiology is - preparation.
Most mothers go to Texas Children's Heart Center echocardiography lab after an obstetrician's ultrasound that indicates a heart defect in the unborn child. Regular ultrasounds are limited in that they give only an overall view of the fetus's development. The echocardiograph (anul trasound of the heart) evaluates the heart in detail: its anatomy, function and the flow of blood. Evaluating the baby' heart in detail before it is born allows specialists to prepare for giving the baby the bes possible outcome.
If the fetus has problems in utero (in the womb), such as a cardiac dysfunction, cardiologists can begin treating the baby by administering medication to the mother.
"It's a matter of making the diagnosis and interpreting it to the family so they under stand the implications for the pregnancy," said Dr. Nancy
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Ayres, medical director of Texas Children's echocardiography lab. Perinatal cardiology care is
a constellation of the diagnois, intervention and preparation. It can impact decisions such as where a mother delivers the baby.
For example, if the echo has shown that the baby's heart has a slow rhythm, the baby may need a pacemaker implanted very soon after birth A mother might be advised to deliver the baby at a hospital near a pediatric specialty hospital.
This speeds the transportation of the baby to a neonatal intensive care unit, where it can receive the specialized neonatal care it requires. Depending upon what Ayres finds during the fetal stage, she also can determine if a cardiologist or a neonatologist should be at the delivery

1 am the baby's cardiologist and advocate. I use my expertise in pediatric cardiology to help the team devise a game plan for the best way to care for the mother, baby and family," Ayres said.
"It's a unit. It's not an isoated baby - it really is maternal-fetal unit and a family you're caring for," she ily you
added.


745 head of cattle, 260 hogs and 261 sheep and goats for a total of 1,266 animals were sold at the Feb ruary 19th sale. Market steady-2 dollars lower on stocker cattle Feeder cattle 1-3 lower. Pairs and Bred cows steady. Packer cows also sold steady.

The Muleshoe Cattle Market is brought to you each week by Muleshoe Livestock Auction,
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84. Muleshoe Livestock conducts 84. Muleshoe Livestock conducts
sales every Saturday, beginning hogs, sheep and goats at

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- $566^{\prime} \times 140$ 'tract approx. 4700 bldg, $535 \mathrm{~K}!!$ <br>
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\end{tabular} -GOOD INCOME PROPERTY - approx. $3490^{\circ}$ bldg., paved parking good net lease! PRICED © - Established Business: Land, Bldg. \& Equip., $\$ 75 \mathrm{~K}!$
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- 3-2-2 Brick, Dual Fuel Heat Pump, built-ins, fans, storage
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