



Varsity Lady Mules vs. Tulia's Lady Hornets
Page 6



Sudan's lady powerlifters place...
Pages 8



Muleshoe Journal



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Volume 92, No. 5

www.muleshoejournal.com

Muleshoe, Texas

February 3, 2011

MAHD board offers amnesty on old debts

By Larry Thornton
Managing Editor

Years ago, a television western pitted Hollywood's version of the Montanta outlaws Hannibal Hays and Kid Curry against their past as they sought amnesty.

In much the same way, the Muleshoe Area Hospital District last week offered at least a partial amnesty for its unpaid account holders, giving them a chance to save a little if they'd take care of their past hospital

debts.

At Thursday's monthly meeting, the MAHD Board of Directors voted 4-1 to offer a 30 percent discount to individuals with outstanding bills totaling as much as \$3 million who haven't responded to previous encouragements to pay.

"If we collect two percent better than we were," Lajuana Renfro told the board, referring to the "one time" amnesty offer for old debts.

"If we collect two percent we're doing better than we were..." — *Lajuana Renfro*

The only dissenting vote on the MAHD board was from president Bill Liles, who said he was concerned the offer would encourage future customers not to pay, hoping that the offer would be repeated in the future.

"This is not something

we're going to do every year," MAHD CEO David Burke said. The approved program would only last until the end of May.

"I personally don't believe in these amnesty things," Liles added. "If people don't pay their bills, it should go against their credit."

While the other side of the issue was presented by board member Wayne Pierson, who wondered if the 30 percent discount would generate enough response.

In other business, the board:

- Approved the purchase of a "power injector" to be used to improve contrast for the Muleshoe Area Medical Center's new CT scanner.

The radiology department's existing

scanner needs repairs, according to the department's director Joe Elizarraraz, which will cost \$5,000 for a company representative to travel to Muleshoe to check out the machine, not including the actual repair costs.

A new machine would cost more than \$15,000, according to the information provided to the board.

"If we need the machine... we need the
Continued on page 3



Give him a hand

Most people have heard about "one-armed bandits," but what about a "three-armed mule?" Pictured above, Mule Zach Toscano appears to have an extra appendage,

however, in truth he's passing the ball while sitting on an opposing player.

Photograph by Stacy Conner

Mules 'burn up' the net against Tulia's Hornets

Delton Wilhite
Sportswriter

The Mules burned up the net Tuesday night as they kicked off the second round of district against the Tulia Hornets. The Mules had opened district in Tulia with a 81-58 win over the Hornets. Tuesday was no different as the Mules pounded the Hornets 76-52.

The Mules traveled to Dimmitt with payback on their minds. The Bobcats had dropped the Mules to 1-1 with a 57-45 defeat in their first meeting.

The Mules led most of the second game but the Bobcats hit the tying basket with less than a minute left in the game.

The Bobcats stole a Mule pass and called time out with 45 seconds on the clock. When the game resumed Dimmitt spread the floor to attempt to drain the clock and go for a final shot.

The Bobcats played keep away with the Mules before the whistle sounded and traveling was called giving the Mules the ball.

The Mules had 21 seconds to get an open shot and break the tie. Dimmitt hung close to Mules and prevented an open shot for 19 seconds.

Tyson Turnbow made the pass to Jonathan Perez. Perez had not scored a point in the last seven quarters seven minutes and 58 seconds but he let a shot fly from the top of the key.

The ball was in flight as the final buzzer began to sound but it did not drown out the swish of the net after the ball had cleared the hoop.

The Mules left Dimmitt in sole possession of second place in the District 2-2
Continued on page 6

Electric cooperative's move to new building is under way

By Larry Thornton
Managing Editor

Weather permitting, Bailey County Electric Cooperative's move should be complete by Feb. 7, according to BCEC CEO David Marricle.

After five years of planning, and months of construction, the new facility, located at East American Blvd. and East Sixth, has been completed

and BCEC employees have been in the process of moving.

The plan is to shut down and transfer the computer system on Thursday afternoon, he said.

"It was a hard decision," Marricle said, concerning the decision to build the new facility rather than renovate the cooperative's more than 50-year-old

existing office space, but with remodeling costs estimated at nearly twice the costs of new construction, BCEC's governing board decided to move.

"We're real conscientious about spending the members' money," Marricle said.

"We chased down every rabbit we could," he added, before deciding

to do just that, but said efforts were made to "minimize the expense to the members."

"We wanted a Cadillac on a Volkswagen budget," he said, noting that the final result was somewhere in the middle... not lavish, but nicer than the current building.

While the office space

Moving day

Employees of Bailey County Electric Cooperative were being kept busy moving furniture into its new building Monday afternoon, hoping that the approaching winter weather wouldn't slow their efforts by Feb. 2.

Photographs by Larry Thornton

in the new building is about the same as the old, adding a public meeting area, kitchen and employee workout room increases the total space.

According to Marricle, the old building will be torn down to reduce the cooperative's tax burden, and replaced by work space and more secure vehicle storage.



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Around Muleshoe...



Announcements from non-profit organizations in the Muleshoe area.

To post an announcement send an email to editor@muleshoejournal.com

AA meetings set

Those looking for help with problem drinking can do so at open AA and Al-Anon meetings being held at 7 p.m. each Friday at the First United Methodist Church, at 507 W. Second. Please use the west side entrance. For information about these meetings call 806-965-2870.

Calvary Baptist fund raiser

Calvary Baptist Church has Valentine cookies and cakes for sale through Feb. 9. Call 272-4012 to place an order. If no answer please leave name and number. All orders will have your personal Valentine message on it. All deliveries will be on Monday, Feb. 14.

SPC-Muleshoe class offered

SPC-Muleshoe will be hosting an Excel class, beginning Feb. 3, from 6-9 p.m.

There must be six students for the class to make. Interested individuals may register on the day class begins, or call or email caquirre@southplainscollege.edu for additional information.

Rotary flag service

The Muleshoe Rotary Club provides a flag service to individuals and business' in Muleshoe on eight national holidays as a fund raising event to support the club's various community projects throughout the year.

The cost for the service is \$25. If you would like to begin or continue your participation this year, contact Brian Frieda at 806-272-4569, or Mark Morton at 806-272-4569, or another member of the Muleshoe Rotary Club.

FSA announces CRP signup

Kim Hanlin, executive director for the Bailey County USDA Farm Service Agency, has announced a Conservation Reserve Program signup from March 14, through April 15.

"Financial incentives available through CRP afford farmers and ranchers a low risk opportunity to implement a variety of conservation practices that will benefit the environment in a number of ways," said Hanlin. Landowners enrolled in the CRP program receive annual rental payments and cost-share assistance to establish long-term, resource conserving covers on eligible farmland. Land that is not currently enrolled in CRP

can be offered during sign-up if all eligibility requirements are met. CRP participants with contracts expiring this fall can make new contract offers during the signup period. Contracts awarded during this general signup will become effective Oct. 1, 2011.

All CRP offers are evaluated and ranked using an Environmental Benefits Index (EBI) that indicates the environmental benefits of enrolling land in CRP. Decisions will be made following the end of the sign-up period and after analyzing EBI data on all of the offers.

For more information, contact the Bailey County FSA Office at 806 272 4538 or visit "www.fsa.usda.gov/crp."

Conner included on Dean's list

Caleb Micheal Conner of Muleshoe, the son of Dr. Stacy and Debbie Conner, is one of the more than 3100 Baylor University students were named to the Dean's Academic Honor List for the 2010 fall semester. To be named to the Dean's List, a student must be an undergraduate with a minimum grade-point average of 3.7, while enrolled in a minimum of 12 semester hours.

Blaming a tool makes no sense

Some state legislators in Utah recently touched off a bit of controversy when they submitted a bill to recognize the M1911 semi-automatic as the "state gun."

Needless to say, such an action a brought swift response from the anti-gun crowd, members of which chose to bolster their argument with the shootings of a U.S. representative and others in Arizona.

For those unaware of the details behind the Utah bill, it was presented to honor the achievements of noted firearms designer John Moses Browning, who designed the pistol — the model 1911 — that was the U.S. military's primary sidearm for several decades.

However, choosing to ignore the decades of military, law enforcement and lawful civilian use and ownership, opponents to the bill have suggested that it is wrong to recognize a weapon that so recently was used to take the lives of individuals in Arizona, totally ignoring the fact that the handgun used in the tragic shooting at the Arizona supermarket was an Austrian-designed Glock™.

POD people still sought in Bailey County area

Kids are often overjoyed to adopt a kitten or puppy, public entities are often adopting policies, and various civic organizations have been known to adopt a highway, but right now the Muleshoe community is being encouraged to "adopt a pod."

No, it's not an idea for a new science fiction movie, and even though it involves people... it has nothing to do with an alien takeover of Earth — not even the one located 18 miles to the east.

The Texas Department of State Health Services is attempting to set up a "Point of Dispensing" or POD in Muleshoe to help combat a "large scale disease outbreak."

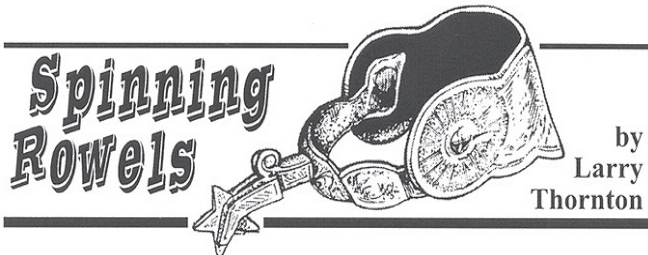
During an outbreak, members of the community would receive the necessary medications, pills or shots, necessary to resist a potential epidemic at the POD.

Currently, the Muleshoe Independent School District has an agreement in place with the state health department to provide the facilities necessary for a POD, but according to Roy Ramos, a public health preparedness program specialist, a community the size of Muleshoe needs as many as 60 volunteers, both medical and non-medical, to staff the POD.

While 60 volunteers are needed, Ramos said training sessions can be set up with as few as 30 volunteers.

Currently, 19 local citizens have volunteered their time.

Additional information, or



Giving in to the probability that the opposition is focusing on a type of firearm, a semi-automatic pistol, rather than a specific brand, make or model, I still can't help but feel their argument is a bit skewed, ignoring as it does other weapons that have been honored by states — including Utah, previously.

For a variety of historical and cultural reasons, Utah specifically has honored a large number of items, from a state cooking pot to a state folk dance, and like many of the nation's states, and commonwealths, it has included at least one weapon on their state flags.

In Utah's case, it's the inclusion of arrows, joining with North Dakota. In all, there are eight states, and two commonwealths, that include the weapons of war and personal defense among the historical symbols on their flags. From swords and

spears to bows, muskets and rifles, these sovereign entities have declared their history included the judicious use of weaponry to protect the rights of either the state, or its individual citizens.

But Utah's anti-gun crowd has chosen to label a weapon by an act of lawlessness.

In the same light, should Mississippi's state tree — the magnolia, be

voted out because of the lynchings committed in the KKK's attempts to control Black voters?

Should the State of West Virginia remove the two rifles from its flag because of the Hatfields and McCoys?

Should Utah remove the arrows displayed no longer on the Utah flag because of the 1853 Gunnison Massacre?

Blaming one of the firearms Browning designed for the deaths in Tucson, Ariz., makes no more sense than blaming the vehicle used by a deranged driver to mow down pedestrians on a sidewalk.

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Muleshoe Journal USPS 367820

Established Feb. 23, 1924 Published by Panhandle Weeklies, LLC. Every Thursday at 201 W. Ave. C, P.O. Box 449, Muleshoe, TX 79347.

Periodicals paid at Muleshoe, TX.

Postmaster: Send address changes to the Muleshoe Journal, P.O. Box 449, Muleshoe, TX 79347.

We are qualified members of the Panhandle Press Association, West Texas Press Association and Texas Press Association

Sandra Aven, Publisher saven@hearstnp.com © 2011

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Ad Design / Classified Advertising advertising@muleshoejournal.com classifieds@muleshoejournal.com

Subscriptions:
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Thanks for reading the Journal!

Only God makes genuine joy, and he's good at it!

It's snowing outside. That suits me fine. I love snow. (It's also blowing a gale, and that's not so lovely, but...)

I might be tempted to claim that I brought the snow home with me from an "instead of Christmas gifts" ski trip our family took to the mountains last weekend, but I doubt anyone would believe me.

Besides that, the folks up there are stingy with their snow, and a good bit of what my family and I were skiing on is snow the folks up on the mountain made themselves.



Focus On Faith
Curtis Shelburne

It's amazing how much impressive equipment it takes to blow enough water (and lots of it) through cold air to make tons of the white stuff. Not that long ago, only the Lord could make snow. We shouldn't get too uppity about it. He's still the only One who can make the right ingredients and most important conditions

even for the stuff we make.

Still, snow-making has come a long way, and those big snow guns are impressive. They look like big cement mixing buckets on wheels. Shoot mega-gallons of water into a bunch of highly-compressed fast-moving air, and do it in the right proportions at around 27 degrees or below, and you've got snow, and lots of it.

I want one of those things for the house. Of course, I don't need one that big, but I've seen some smaller homemade ones on the Internet that

look intriguing. (My wife gets an "Oh, no, what next?" sort of look on her face when she sees me looking at such videos.) We don't get nearly as much genuine God-given snow as I'd like, and I think it would be really cool (in every sense) to call up the grandkids and say, "Come on over! I've got a couple of inches of PawPaw-produced snow already made for you, and I'm making more!"

We had a wonderful time in the mountains, and though God makes beauty in a jillion forms, I'm not sure I've ever seen anything more beautiful than sights you see when skiing down a snow-covered mountain.

I know I've never done anything that was much more fun. Best of all is sharing it with the people you love and enjoy the most. Beauty is even better when shared. Skiing together. Riding up the lift together. Talking together and seeing deer foraging

under the trees. Waking up each morning with granddaughters hollering out the cabin window, "Hi, duckies!" and watching the ducks on the cold pond respond by paddling over as they know those little girls and an old guy will soon be tossing bread to them.

Well, what is better than that?

I can't bring the mountains or the pond or the ducks home, but I wonder if I could figure out how to make a little snow...

You can't make joy. Lots of people try, with pathetic results. When genuine joy "catches" us, it's always by surprise, which is one of its best features. God made it that way, and He is so very, very good at it.



Relay kick-off held

The 2011 Bailey County Relay for Life Kick-off meeting was held on Saturday, Jan. 23. This meeting was held to encourage new teams, survivors and caregivers to register and be a part of this year's Relay for Life. Over \$40,000 was raised at the 2010 Bailey County Relay. Cancer affects someone you know either directly or indirectly, it could be your mom, child, spouse or best friend, reminded Rhonda Myers chairperson for Bailey County Relay for Life, as she challenged everyone to get involved with Relay.

MAHD board approves purchase...

Continued from page 1
machine," Liles said.

Although used in conjunction with the CT scanner, at doctor's request, it's use is a separate chargeable item, Elizarraraz said.

Regarding the new CT scanner, Elizarraraz also noted that 24 scans were run in December, and that radiology had performed an increased number of procedures.

Approved contract changes with Reclaim Healthcare Solutions, which provides billing consultations for Park View Nursing Care Center.

The new contract is for \$600 for 12 hours of work per month. Previously, the firm received 14 percent of the nursing home's billed amount.

"This is an immense savings," Maegan Chisholm, Park View's

administrator. Responded to concerns expressed by hospital staff about a rumored pay raise for some of the staff at the nursing home.

"Since the pay freeze, it would have to be brought to the board to be done," Pierson said

in denouncing of the rumor.

Approved a contract with the City of Muleshoe for election services, and the order of the May 14 general election for Place 2 and 4.

Sign up for candidates will be from Feb. 12 until March 14.

THE PARMER COUNTY SOIL AND WATER CONSERVATION DISTRICT ADVISES THAT ONCE AGAIN IT IS TIME TO PLACE YOUR ORDER FOR WINDBREAK TREES.

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Government-In-Action Youth Tour Contest

Contest to be held at the Bailey County Electric Cooperative on February 27, 2011 at 2:00 PM

☆ Entry forms must be received by February 18, 2011 at Bailey County Electric Cooperative 610 E. American Blvd. Muleshoe Texas 79347

Be the successful candidate during "The Youth Tour Interview" and you could win an all-expense paid trip to Washington, D.C., with other winners from across the State of Texas.

The trip is June 9-17, 2011. We will select two winners from the area high schools. Entry forms at High School Counselor's office or Bailey County Electric Cooperative.

☆ Questions should be addressed to Rickie Warren at (806) 272-4504 or toll free to (800) 869-7049.

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This year's theme: All God's creatures great and small
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Senior Citizen News

By Laverne Winn

Our love and prayers go to Nancy, Cari, Clay and Cynthis for the loss of Hubert.

He was an angel to many people and we will miss him.

We have several of our senior citizens out with medical problems. Our prayers are with you and hope to see you soon.

To all the senior citizens who came to eat with us on Monday, chicken day, but we had Salisbury steak, we appreciate you.

We sincerely want to furnish a menu that you like and is healthy.

If you have a favorite dish let us know, just maybe we could serve it.

We are monitored by SPAG with our menus, so we do have to keep them nourishing and healthy.

Sherlon does an excellent job in helping with this. So pat her on the back once in a while.

We are proud of all our workers that help to take care

of the Oneita Wagnon Senior Center and our senior citizens.

We invite all you senior citizens and you baby boomers who are not senior citizens yet to come by and visit. The coffee or tea is always ready to enjoy.

We have a wonderful place to enjoy visiting friends and making new ones.

We are open from 8 a.m. until 4 p.m., Monday through Friday. Come see us.

Wednesday, Feb. 9, the Senior Companion Group will be meeting for lunch at the center. We always welcome them.

Remember we have Bingo every Thursday afternoon beginning at 1:30 p.m. If you know someone that needs to have an afternoon out, go by and bring them in for Bingo. Refreshments and prizes are furnished.

Menu for Feb. 7-11:

Monday, Feb. 7 — Chicken casserole, salad, biscuits, fruit and cookies.

Tuesday, Feb. 8 — Brisket, beans, potato salad, cornbread and cake.

Wednesday, Feb. 9 — Grilled steak, gravy, mashed potatoes, green beans, salad, wheat rolls and apple cobbler.

Thursday, Feb. 10 — Stew, salad, cornbread and pudding.

Friday, Dec. 11 — Fish or chicken strips, gravy, beans, coleslaw, cornbread and fruit salad.

Rotary flag service offered

The Muleshoe Rotary Club provides a flag service to individuals and business' in Muleshoe on eight national holidays.

The cost for the service is \$25.

If you would like to begin or continue your participation this year, contact Brian Frieda at 806-272-4569, or Mark Morton at 806-272-4569, or another member of the Muleshoe Rotary Club.

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Facts About The BIBLE BY JOY LEHTI

A CASE OF "WOMENS LIB" OVER THREE THOUSAND YEARS OLD!

IT IS RECORDED IN JUDGES, CHAPTERS 4-5 THAT DEBORAH (CIRCA 1226 B.C.), THE WIFE OF LAPIDOTH, JUDGED ISRAEL AT THAT TIME. THIS WAS BEFORE THE ADVENT OF KINGS. WHOEVER JUDGED ISRAEL WAS ACCREDITED LEADER OF ALL THE PEOPLE. DURING THIS PERIOD, THE ISRAELITES WERE BEING SEVERELY PERSECUTED BY A CANAANITE KING, NJAMEK JABIN, AND THEY APPEALED TO DEBORAH TO RID THEM OF HIS DOMINATION....

DEBORAH APPOINTED A MAN OF GREAT VALOR, BARAK, TO LEAD TEN THOUSAND ISRAELITES AGAINST THE VAUNTED ARMY OF SISERA, KING JABIN'S GENERAL, WHO HAD NINE HUNDRED CHARIOTS OF IRON. BARAK, KNOWING DEBORAH ALSO AS A GREAT PROPHETESS AND BEER, INSISTED SHE BE WITH HIM ON THE FIELD OF BATTLE AND BECAUSE OF THIS, SHE SAID THAT SISERA WOULD DIE BY A WOMAN'S HAND AND NOT BY A MAN'S. FOLLOWING DEBORAH'S ADVICE, BARAK ATTACKED THE CANAANITES FROM THE HEIGHTS OF MT. TABOR, DRIVING SISERA'S ARMY HARD AGAINST THE BANKS OF THE KISHON RIVER, WHERE HIS CHARIOTS COULD NOT MANEUVER AND, IN FACT, WERE MANY OF THEM SOGGED DOWN AND WERE SWEEPED AWAY BY THE WATERS, GIVING ISRAEL A GREAT VICTORY!

THE GENERAL, SISERA, ESCAPED FROM THE BATTLE AND SOUGHT REFUGE BY HIDING IN THE TENT OF HEBER, THE KENITE. HERE, HEBER'S WIFE, Jael, SLEW HIM WHILE HE SLEPT—THIS FULFILLING DEBORAH'S PROPHECY AND PLACING HER NAME NEXT DEBORAH'S AS THE TWO PERSONS MOST RESPONSIBLE FOR THE CRUSHING DEFEAT OF THE CANAANITES!

NEXT WEEK: THE MAN WHO LOST HIS HEAD OVER A DANCE!

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If you have changes to make to church information, please contact the Journal at 272-4536.

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BAILEY COUNTY DEVOTIONAL PAGE

Obituaries

Hubert Kidd

Memorial services for Hubert Kidd, 76, of Muleshoe, were held on Monday, Jan. 31, at the First Baptist Church of Muleshoe with the Rev. Dr. Stacy Conner and the Rev. Jack Stone officiating.

Burial followed in Muleshoe Memorial Park Cemetery under the direction of Ellis Funeral Home.

Mr. Kidd died on Thursday, Jan. 27, 2011, in Muleshoe. He was born on Nov. 1, 1934, to William Douglas and Martha Hattie (Landers) Kidd in Bellvue. He married Nancy Coleman in Tucumcari, N.M., on April 29, 1956.

He was preceded in death by his parents, five sisters and two brothers.

Mr. Kidd had lived in Muleshoe since 1979, having moved from Gallup, N.M. He

was a member of the First Baptist Church in Muleshoe. He served as manager of Five Area Telephone Co-Op from 1980 to 2000. He was a member of the Muleshoe Lions Club, coached Tee ball, and served on numerous state and national telephone cooperative boards.

He was a big supporter of Special Olympics.

Survivors include his wife — Nancy, of the home; a son — Clay Kidd and wife Cynthia of Muleshoe; a daughter — Cari Kidd of the home; and one grandson — Dustin Kidd.

Memorials may be sent to Special Olympics, 1133 19th St. N. W., Washington, DC 20036, or Onieta Wagon Senior Center, PO Box 292, Muleshoe, Texas 79347.

Bonnie Howard

Bonnie Howard, 78, of Muleshoe died on Sunday, Jan. 30, 2011. Funeral services were on Wednesday, Feb. 2, in the Assembly of God Church in Muleshoe with burial in Lawnhaven Cemetery in Clovis, N.M.

The Rev. Jack Stone and the Rev. Reydon Stanford officiated, under the direction of Ellis Funeral Home of Muleshoe.

Howard was born on Sept. 5, 1932, in Montague County to John Edward Talley and Ila Mae (Charles) Talley.

As a child, her mother died and she helped raise her seven brothers and sisters.

The family moved to Clovis and made their home there which is where she met and married Thomas G. Howard on July 18, 1949. They moved to Tahoka in 1952 and back to Muleshoe in 1965, where she worked for Muleshoe ISD as a bus driver and custodian.

She was a member of the Assembly of God in Muleshoe and enjoyed playing dominoes and cards.

She is survived by her husband — Thomas "TG" Howard of



Muleshoe; two sons — Eddie Howard of Levelland and Nicky Howard of Muleshoe; three daughters — Kathie Rolston of Portales, N.M., Diana Cole of Muleshoe and Ronda Foreman of Texico, N.M.; two sisters — Marggie Nell Woodbury and Charles Ann Peterson, both of Salt Lake City, Utah; a brother — Winfred Winston Talley of Clovis, N.M.; 22 grandchildren, 38 great-grandchildren, and three great-great-grandchildren.

She was preceded in death by her parents — John and Ila Mae Talley; a son — Thomas Dewayne Howard in 1951; and a daughter — Belinda Pauline Howard in 1960. Also by two sisters — Melba Jean Talley and Winefred Mary Harding; and two brothers — Lonnie Talley and Johnny Monroe Talley.

Helena Lane

Graveside services for Helena Upton Lane, 92, of Wimberley, and formerly of El Paso, will be held at 2 p.m. on Saturday, Feb. 5, at the Sudan Cemetery with the Rev. Willis Blair, a retired Baptist minister from Sudan officiating.

Local arrangements have been entrusted to Hammons Funeral Home of Littlefield.

Mrs. Lane went home to be with the Lord on Oct. 3, 2010, at Wimberley. She was

employed by the City of El Paso for 32 years, and was a member of the First Baptist Church in El Paso for more than 50 years.

She is preceded in death by a daughter — Patricia Boulton, and a sister — Vernice Garth.

She is survived by her daughter — Priscilla Davis of Wimberley; five grandchildren, eight great-grandchildren, and a great-great-grandchild.

And God granted him that which he requested

And God granted him that which he requested: This speaks of Jabez, who was more honorable than his brethren. 1st Chronicles 4:9-10.

His mother called him Jabez "because I bare him with sorrow." I really don't know what she meant by having bare him with sorrow.

Was it a difficult birth? Or was he a child she didn't want? Or what was the situation? I just don't know. But this we do know, he was more honorable than his brethren. That, in my judgement, says a lot, for his brethren were honorable men—at least some of them were. There is no evidence that Jabez thought of his self as being more honorable, or more honorable than any other person for that matter. His good qualities, to a considerable extent, came about because he called on the God of Israel, saying;

"Oh that thou wouldst bless me indeed." Bless me indeed—that means "in fact and in truth."

This is a bit like John 8:31-32, "then said Jesus to those Jews that believed on him, if ye continue in my word, then are ye my disciples indeed."

"and ye shall know the truth, and the truth shall make ye free."

That is not a command. It is not a promise, it is a statement of fact. If you do this, you will know that, and it will make you free as if to say, the choice is yours- if you continue

Foreign land owners must file FSA report

Kim Hanlin, FSA executive director in Muleshoe, reminds foreign persons with an interest in agricultural lands in the United States that they are required to report their holdings and any transactions to the U.S. Secretary of Agriculture.

"Any foreign person who acquires, transfers or holds any interest, other than a security interest, in agricultural land in the United States is required by law to report the transaction no later than 90 days after the date of the transaction," said Hanlin.

Foreign investors must file Agricultural Foreign Investment Disclosure Act (AFIDA) reports with the FSA county office that maintains reports for the county where the land is located.

Failure to file a report, filing a late report or filing an inaccurate report can result in a penalty with fines up to 25 percent of the fair market value of the agricultural land.

For AFIDA purposes, agricultural land is defined as any land used for farming, ranching or timber production, if the tracts total 10 acres or more.

Disclosure reports are also required when there are changes in land use. And, foreign investors must file a report when there is a change in the status of ownership such as owner changes.

For more information regarding AFIDA and FSA programs, contact the Bailey County FSA office at 806 272 4538.

Something worth saying...

By Glen Williams

what you are doing you will know the truth and will be made free.

Calling on the God of Israel; Jabez called on God also "to enlarge my coast, and that thy hand might be with me, and that thou wouldst keep me from evil."

This, so it seems to me, presents Jabez fully committed; "Oh that thou would bless me indeed" — for what is the object? That God would enlarge my coast. I think he meant border of area where he might serve the Lord. He evidently had ambitions and visions of things he wanted to do.

And we read elsewhere that if there is no vision the people perish. For life to be meaningful we have got to have something in mind, some constructive activity pictured in our mind, and be committed to the attainment of it. For if not it doesn't exist in our mind it will never exist in reality.

From the little bit I have been able to learn about him it appears that Jabez was well respected in the community where he lived. He may have been a doctor and the town was named after him.

But to me the climax is; even though he was a good and strong man, Jabez felt the need for an intelligence and power greater than himself to keep him from evil; that it might not grieve him. And God granted him that which he requested. Yes, I believe in justification by faith.

I do truly wish that at

least some of the leaders of our people today understood that. I simply can't understand how or why a person that has a good family, serves in high public office or position of some kind, will risk it all on a cheap affair that will likely not only cause them grief, but tear up their family, set a bad pattern before their children. I just don't understand it.

And I'm not hesitant to say it's not only the romances that will cause grief, but dishonestly, and other wrong doings. A simple example; a few years ago I saw

a cartoon in which a man was up before the crowd juggling several balls. And he was doing a good job of it. Then one man in the audience said to another one, "I understand he used to work for Enron."

In a way it's hard to believe, but the one man that was forced to resign as President was a good man, with a good family, and was well qualified and could have saved his presidency had he been willing to tell the truth. I heard him on two occasions say "if I had only told the truth I would have saved my presidency." "but" he said, "I tried to cover it up."

I suggest that Jabez would be a good pattern for us to take note of today.

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NOTICE OF ELECTION

In accordance with the provisions of the Texas Agriculture Code, Chapter 74, Subchapter D, and 4 Tex. Admin. Code, Chapter 3, Subchapter A, the Texas Department of Agriculture (the Department) will conduct a board election in the Northwest Plains Boll Weevil Eradication Zone, in order to select a representative of the above-referenced zone to serve on the Texas Boll Weevil Eradication Foundation Board of Directors. The board is charged with administering the boll weevil eradication program in Texas.

The Northwest Plains Boll Weevil Eradication Zone consists of all of Bailey, Castro, Deaf Smith, Lamb and Parmer counties; and that part of Randall County that lies north and west of a line running along Highway 60 from the Deaf Smith County line east to Interstate 27; then running north along Interstate Highway 27 to the Potter County line.

Any person eligible to vote in the board member election that resides in the Northwest Plains Zone and meets the seven-year experience requirement may place their name in nomination for election to the Texas Boll Weevil Eradication Foundation Board by written application to the Department at the address provided below. Nomination forms are provided by the Department and must be signed by the nominee and at least ten other eligible voters. The nomination form must be received by the Department at its office located in Austin by February 7, 2011, and must provide the legal residence of the applicant. A nomination form may be obtained by contacting the Department office or any county agent located in the voting area.

The board election will be held by mail balloting. Ballots will be mailed to cotton growers by February 22, 2011. All ballots cast by mail must be postmarked no later than March 9, 2011, in order to be valid. Any cotton grower having planted cotton in the year 2010 within the zone defined above is eligible to vote, and, if he or she resides in the Northwest Plains Zone and has at least seven years experience as a cotton grower, can have his or her name placed on the ballot as a candidate in the board member election. A cotton grower is defined as a person who grows cotton intended to be commercial cotton. The term includes an individual who, as owner, landlord, tenant or sharecropper, is entitled to share in the cotton grown and available for marketing from the farm, or share in the proceeds from the sale of the cotton from the farm or from an indemnity or other payment received from or related to the planting, growing, or failure of the cotton.

For more information regarding the referendum and election, or if you are a cotton grower in the above-referenced area and do not receive a ballot, please contact the Texas Department of Agriculture, P.O. Box 12847, Austin, Texas, 78711, telephone 512-463-3285.

"Trust in the Lord with all your heart and lean not on your own understanding..."

Proverbs 3:5, NIV



Sports

Lady Mules play a physical game

By Delton Wilhite
Sportswriter

The Lady Mules had the Tulia Hornets on the ropes and down by 10 points in the final quarter.

Tulia's Allison Cox smooth stroke from the corner chopped three points off that lead. She then hit from the wing and was fouled.

Cox converted the 4-point play, added a final trey and two free throws to inspire the Lady Hornets come back and defeat the Lady Mules 58-50.

The Lady Mules got off to a slow start against Bobbies Friday night in Dimmitt's Kenneth Cleveland's Gymnasium. But the Lady Mules held Dimmitt to six points in the second quarter and trailed the Bobbies 19-12.

The Bobbies hit a pair of treys in the third quarter and buried the Lady

Mules 18-4 and went on to defeat the Lady Mules 46-27.

Yvonne Gardea shredded the Tulia defense with three hoops in the first quarter and three in the second plus a free throw. Dominique Mata had one basket and a free throw in the first period. She added two more hoops in the second for a total of seven.

Sandy Mojica, Devine Orozco and Samantha Reyna finished the first half with two points each.

The Lady Mules had built an 11-9 lead in the opening quarter and led 26-20 at the intermission.

The Lady Mules appeared to be on their way to winning their first district ball game. Gardea poured in three hoops in the third quarter, Mata made two and Reyna chipped in one basket.

Cox converted her first of two 4-point plays near

the end of the quarter to trim the Lady Mule lead to 38-35 with eight minutes left to play.

Gardea converted an old fashion three-point play to kick off the final frame. She added a second hoop and two free throws before fouling out. The Lady Mules had extended their lead back to 10 points before Cox began to fire away from out side the arc.

Mata drained a pair of charity tosses and Reyna hit a 3-pointer before the game ended.

Gardea had a game high 26 points. Mata finished with 15 and Reyna dropped in seven. Mojica and Orozco chipped in two points each.

Dimmitt pulled out the stops on defense and held Gardea to a single hoop in the first half. Mata tried to pick of the slack and hit a basket in the first period and two

in the second. Carly Krug and Reyna made a basket each. The Lady Mules trailed 19-12 at the half.

Gardea made two free throws in the third period and added two more charity tosses and a hoop in the final frame.

Mata made a basket in each of the final two quarters. Krug made a free throw and a basket in the final period. Orozco made a basket in the final period.

Mata led the Lady Mules with 10 points. Gardea finished with eight points, Krug dropped in five and Orozco and Reyna chipped in two each.

The Lady Mules returned home Tuesday to battle the Littlefield Lady Cats. Friday Feb. 4, they will play their final home game against Floydada.

The Lady Mules will finish up on the road Feb. 8 in Friona.



Tough game — Devnie Orozco takes a charge, and Jandy Gomez takes a basketball in the face.

Photographs by Stacy Conner.



Varsity Mules... Continued from page 1

A race with the 54-51 win.

Nick Hurtado was hot Tuesday night and opened the game with a pair of 3-pointers. He added two more in the second quarter for 12 points in the first half. Matthew Martinez hit a trey and hoop in the first quarter for five points in the half.

Cooper Washington scored in the paint in the first quarter and twice in the second for six points. Turnbow made a pair from the charity line in the opening period and a hoop in each of the first two periods for six points.

Beau Avila dropped in a 3-pointer in the opening period. Zack Toscano and Isaias Guerra both scored a hoop in the first half and Juan Guerrero made a pair of free throws. The Mules led 38-26 at the intermission.

Hurtado stayed hot during the break and opened the third quarter with a put back in the paint. He moved out side the arc and drained three more treys for a total of seven in the game. Turnbow made three free throws and three hoops in the second half.

Washington scored two hoops and a free throw in the third quarter and Avila hit one bucket and a free throw.

Toscano hit two hoops in the last half and Eric Orozco hit a hoop and a 3-pointer. Martinez made a basket in the third period and a pair of free throws in the final eight minutes.

Hurtado set the scoring pace for the Mules with seven treys and a hoop for 23 points. Turnbow finished the night with 15 points and Washington dropped in 10.

Martinez added nine points, Avila and Toscano made six each, and Orozco scored all five of his points in the final quarter. Guerra and

Guerrero chipped in two points each.

Turnbow led the Mules out of the gate in Dimmitt with 10 points in the first quarter with three hoops, a 3-pointer and a free throw. He nailed his second trey and another hoop before the first half was over. Turnbow had scored 15 points in the opening half.

Avila nailed a 3-pointer in each of the first two quarters and Hurtado had one in the second quarter. Washington made two hoops in the initial half and Toscano made free throw and converted an old-fashion three-point play for four points.

The Mules had opened a 32-24 lead over the

Bobcats.

Hurtado found the range in the third period and nailed three treys. Turnbow dropped in one three pointer and Guerra scored a hoop. The Mules led 46-39 with eight minutes left to play.

Dimmitt got more active on defense and picked off several Mule passes to cut into the Mules' lead in the last quarter. Washington scored in the paint and added a free throw. Toscano had the Mules' only other hoop in the final quarter before Perez's game winning 3-pointer.

Turnbow finished the night with 18 points to lead the Mules in scoring. Hurtado made four 3-pointers before

fouling out with 12 points. Washington dropped in seven and Avila and Toscano made six points each. Perez had three points and Guerra chipped in two.

The Mules will return

home for games against Littlefield and Floydada Tuesday and Friday night.

The Mules will hit the road Feb. 8 to battle the always tough Friona Chieftains.




Mule Eric Orozco on the rebound.
Photograph by Stacy Conner

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Sports

JV Mules 'steam roll' Tulia's Hornets, 75-25

By Delton Wilhite
Sportswriter

The JV Mules steam rolled the Tulia Hornets 75-25 in front of a home crowd. The Mules then hit the road to Dimmitt Friday and escaped with a hard fought 49-45 win.

Saul Elizalde was on fire against the Hornets and burned them for 18 first quarter points. He started the game with a free throw and then hit six consecutive hoops.

He fought through a foul and converted the old-fashion three-point play. He added two more baskets before the period ended.

Louie Guzman and Carlos Sosa each drained a 3-pointer and Shaun Atwood and Junior Baca made a hoop apiece. Baca hit a free throw before the period ended. The Mules led 29-9 after one period.

Elizalde cooled down in the second quarter but still found the basket three times. Guzman dropped in his second trey of the night. Eli Leal finished a break for a bucket, Baca hit his second hoop and Atwood scored in the paint. Christian Rocha finished the half with a pair from the charity line. The Mules were in front 46-18 at the half.

Elizalde made two baskets in the third quarter and Matthew Barron and Leal both added a hoop. Guzman made a pair free throws. The Mules led 56-25 with eight minutes left to play.

Elizalde finished with a big quarter. He made four baskets and a pair of free throws for 10 points in the final period. Baca found the range from out side the arc. Leal, Barron and Rocha all finished

with a hoop each.

Elizalde set the scoring pace with a game high 38 points. Guzman and Baca both finished with eight points each. Leal dropped in six.

Barron, Rocha and Atwood added four points apiece and Sosa chipped in three.

Dimmitt is always tough, especially on their home floor and Friday night was no different. Leal led the Mules out of the gate with a pair of 3-pointers and a free throw.

Atwood added a pair of charity tosses. The Mules trailed 10-9 after one quarter.

The Mules fell farther behind in the second quarter as the Bobcats out scored the Mules 16-11. Leal made two pair of free throws and two hoops. Baca popped the net from out side the arc. The Mules trailed 26-20

at the half.

The Mules heated up from behind the arc in the third period with three treys. Baca hit a pair of 3-pointers and a free throw to tie the game.

Guzman and Leal both hit buckets to keep the Mules close after Dimmitt retook the lead. Leal pulled up past the arc and drained a 3-pointer to put the Mules in front 34-33 with one period left to play.

It was a dash to the finish line as the two teams battled in the final period. Leal finished a break and hit a trey. Rocha put back a rebound and Sosa sank a free throw. Elizalde made his first hoop of the game.

Leal drained his second trey of the period with 1:28 left in the game to put the Mules in front to stay at 46-44. Elizalde drove the final nails in the coffin with a pair of free throws with 18 seconds left.

Leal led the Mules with five 3-pointers, four hoops and five free throws for a total of 28 points. Baca dropped in three treys and a free throw for 10 points. Guzman, Rocha and Atwood added two points each and Sosa chipped a free throw for one point.

The Mules defended their home floor Tuesday night against the Littlefield Wildcats.

Friday night the Floydada Whirlwinds will visit the Mules and then the Mules will hit the road to Friona and Abernathy.

Complete sports stories not included in the Muleshoe Journal pages can be found at www.muleshoejournal.com

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JV ladies jump out to early lead

By Delton Wilhite
Sportswriter

The JV Lady Mules jumped out to an early lead over the Tulia Lady Hornets last Tuesday night. The Lady Mules never took their foot off the gas for 32 minutes and downed Tulia 60-34.

The Lady Mules doubled up on Tulia in the opening quarter by out scoring them 16-8. McKenna Dunham stuck back two offensive

rebounds in the opening quarter. Cheyenne hit from outside for two points and put back a rebound before the opening quarter ended.

Marissa Cortez picked a Hornet's pocket and drove the floor for a hoop. Mandy Scolley had opened the game for the Lady Mules with a 15-foot jumper. Linda Sanchez finished a break and Liliana Vasquez put back a rebound.

Meador scorched the

net with four hoops in the second period. Adrienne Precure, Adrianna Guerra, Dunham and Vasquez all made a basket in the second period. The Lady Mules had repeated their 16 point first period performance to lead 32-15 at the half.

Meador stayed hot in the third period with three baskets. Dunham dropped in a pair of hoops. Sanchez, Scolley, Cortez and Vasquez made a basket each as the Lady Mules out scored Tulia 18-9 to lead 50-24 with eight minutes left to play.

Gisela Perez broke into the scoring column with a pair of baskets in the final quarter. Precure took the out let pass and went coast-to-coast for a hoop. Dunham and Meador both chipped in baskets as the game wound down.

Meador had the hot hand for the Lady Mules and set the scoring pace with 20 points. Dunham dropped in 12 and Vasquez added six. Perez, Precure, Sanchez, Scolley and Cortez all finished with four point each.

The Lady Mules hosted Littlefield Tuesday night and then the Floydada Lady Winds visit Feb. 4.

The Lady Mules travel to Friona to wrap up their season against the Squaws.

fifth with a weight total of 1115 pounds. He squatted 390 pounds, benched 260 and had a dead lift of 465.

Junior Baca had a total weight of 750 pounds. He had a squat of 290, benched 160 and had a dead lift of 300 pounds. Matthew Ambriz also had a total of 750 pounds. He squatted 275, benched 155 and finished with a dead lift of 320.

Ryan Johnson finished with a total of 990 pounds. He had a squat of 390, benched 230 and dead lifted 370. Christian Campos had three-lift total of 665 pounds. He squatted 220 pounds, benched 170 and had a dead lift of 275.

The Mules will next compete in Levelland Feb. 12 and then go to Bovina Feb. 26.

Muleshoe powerlifters place at Abernathy meet

By Delton Wilhite
Sportswriter

The Mule power lifting team traveled to Abernathy Saturday to compete in the Antelope Invitational Powerlifting Meet. The final team placing was not available at press time but four Mules placed in the top five of their weight class.

Carlos Sosa placed third with a total of 805 pounds. He squatted 315 pounds, bench pressed 160 and had a dead lift of 330 pounds. Marquise Trevino also placed third with a total weight of 1060 pounds. He had a squat of 375 pounds, benched 225 and a dead lift of 460.

Royce Strader took fourth with a total weight of 1080 pounds. He had a squat of 420 pounds, benched 250 and a dead lift of 410. Leo Lucio finished



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Sports

Freshman ladies dominate Tulia's Lady Hornets, 50-14

By Delton Wilhite
Sportswriter

The freshmen Lady Mules dominated the Tulia Lady Hornets Monday night.

The Lady Mules scored in double figures in all four quarters and held Tulia to small single digits.

The Lady Mules

swatted the Lady Hornets 50-14

DonAnn Rempe dominated the paint in the first half and scored two hoops on put backs in each of the first two quarters.

Alexis Cortez picked Tulia's pocket and went the distance for her first basket of the game and

hit a 15 foot jumper in the first quarter.

She added three more hoops in the second.

Carolina Franco finished a break to open the second period and added a second hoop before the half ended. Esmeralda Flores cleaned up the backside with a put back in the first quarter.

Kalie Lovell made a hoop in the opening period.

The Lady Mules had held Tulia to just six points in the first half and poured in 26 for a 20 point margin at the half.

The Lady Mules did not take a step back in the third period and repeated their 14-point second quarter performance.

Katelyn Gable finished two breaks and stole the ball and took it to the hoop for six points in the second half.

Rempe and Cortez added two baskets each before the game ended.

Flores scored on an in-bound play and dropped in a second bucket in the final quarter.

Miranda Garza, Bailey Bales and Marion Gutierrez made a hoop each in the final period.

Cortez led the Lady Mules with 14 points. Rempe finished with 12 points and Gable and Flores scored six points each.

Franco dropped in four points. Lovell, Garza, Bales and Gutierrez chipped in two points each.

The Lady Mules traveled to Dimmitt to battle the Bobbies Monday evening.

They will play their final game of the season Feb. 7 when the Littlefield Lady Cats visit.

Eighth grade ladies take part in 'barn burner' against Tulia

By Delton Wilhite
Sportswriter

It was a barn burner at the end for the eighth grade Lady Mules Monday against the Tulia Lady Hornets.

The Lady Mules owned a 12-11 lead at the half but Tulia tied the game at 25-25 with nine seconds left in the game.

The Lady Mules had the ball and called time out to set up their final shot.

Daniella Diaz had not made a point in the game

but fired up the game winning 3-pointer from the top of the key.

The buzzer was sounding before the ball went through the hoop but had left Diaz hand with time to spare. The shot gave the Lady Mules a 28-25 win.

The Lady Mules had pushed their lead to 20-14 by the end of third period but a full court press by Tulia rattled the Lady Mules.

The Lady Hornets took advantage and converted

turnovers to points and had taken a 25-22 lead with 1:35 left in the game.

Kaylie Morris drained her third trey of the game from the top of the key to knot the score at 25 with 1:10 left in the game. She banked the ball off the glass.

Tulia decided to drain the clock and go for the final shot but the Lady Mules tied up the ball with 12 seconds on the clock.

The Lady Mules in

bound the ball and got it across center court before calling their final time out.

Morris paced the Lady Mules with three treys and two hoops for 13 points. Angelina Perez made all six of her points in the third quarter.

Celeste Flores made a hoop in the first period and beat the buzzer with a basket in the third quarter.

Diaz finished with three points and Samantha Vasquez

dropped in a hoop in the second period.

The Lady Mules traveled to Dimmitt Monday to battle the Bobbies.

They will return home February for their final game of the season against the Littlefield Lady Cats.

Subscribe!



The Sudan Buzz

FCCLA attends Odessa Region I conference

The Sudan Chapter of Family, Career and Community Leaders of America attended the Region I Conference, which was held in Odessa Jan. 27-29.

The chapter members were among 700 delegates attending the two-day conference.

The youth developed theme, "Ignite the FCCLA Flame", carried out through different pictures of Olympians, featured a series of

specialized workshops and general sessions in which members discovered ways to become actively involved in issues facing today's youth.

STAR Events (Students Taking Action with Recognition) are competitive events in which members participated in at the regional meeting.

These events allow members to showcase their life skills in different

areas of competition.

Josh Barrett, Karen Trevino, Brooke Lennon, Janelle Vanderlei, Stormi Peck, and Jade Goen competed in Applied Technology.

Maribel Centeno, Nancy Delgado, Haleigh Gonzales, and Mecca Dodd competed in Chapter Showcase Manual.

The team placed third in their category. Alex Hernandez placed first in Career Investigations.

All three teams qualified for state competition in Houston in April.

Savannah Sain, a Sudan FCCLA member, was the Region I president this year.

She led an officer team that ran and conducted all meetings at the convention.

Also, the new officer team for 2011-2012 was elected to carry on the flame.

FCCLA is a dynamic youth organization that has the family as its central focus.

Student leaders of Texas FCCLA are ready to "Ignite the FCCLA Flame" and progress with programs related architecture and construction, arts, a/v technology and communication, education and training, hospitality and tourism, and human services.

UIL teams place at Post tournament

By Savannah Sain
Sudan Correspondent

The Sudan UIL teams competed at the Post UIL Invitational Tournament on Jan. 29.

Many of the students who competed had not attended a meet thus far, so it was a good experience for these young contestants.

James Markham placed sixth in science,

Janelle Vanderlei placed sixth in prose, and Adam Harper placed second in number sense.

James Markham, Adam Harper, and Ashley Bolen placed second as a team. Individual scores in computer science were James Markham placed fourth, Adam Harper placed second, and Ashley Bolen placed fifth.

The UIL teams will compete at the Idalou UIL Tournament this weekend.

The next big UIL event is District CX Debate where Sudan's three teams will face nine other teams in the district for a chance at the top two places and a trip to Austin in March at the CX State Debate Tournament.

Sudan's lady powerlifters place at Abernathy

By Savannah Sain
Sudan Correspondent

The Sudan Powerlifting teams competed at the Abernathy Powerlifting Meet on Saturday, Jan. 29.

The girls team did exceptionally well by placing several girls individually and placing

as the third place team.

Sury Rodriguez placed first in the 97 pound weight class. Hailee Gonzales also placed first in the 123 pound division. Kelbi Harris placed fifth in the 148 pound weight class.

Other girl team members included

Maribel Centeno, Sury Rodriguez, Audrey Binion, Amber Binion, Nancy Delgado, Julie Gonzales, Emily Ysasi, Katee Gonzales and Alondra Ramirez.

The Boys Powerlifting Team met some tough competition on Saturday.

No boys placed in their divisions.

Members attending the event included Cesar Medrano, Dex Baker, Uriel Delgado, Jose Trejo and Damion Montes.

Sudan Basketball Schedule	
Feb 4...	Bovina (H)
Feb 8...	Farwell (T)
Feb 11...	Springlake-Earth (T), Boys teams only



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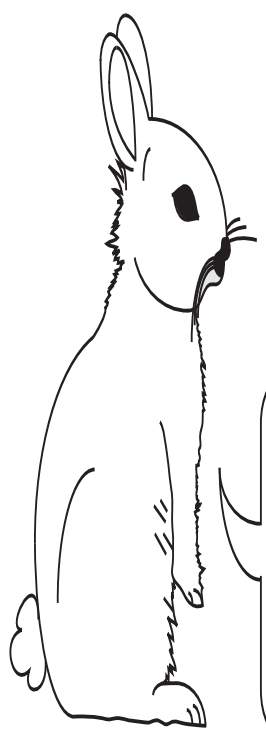
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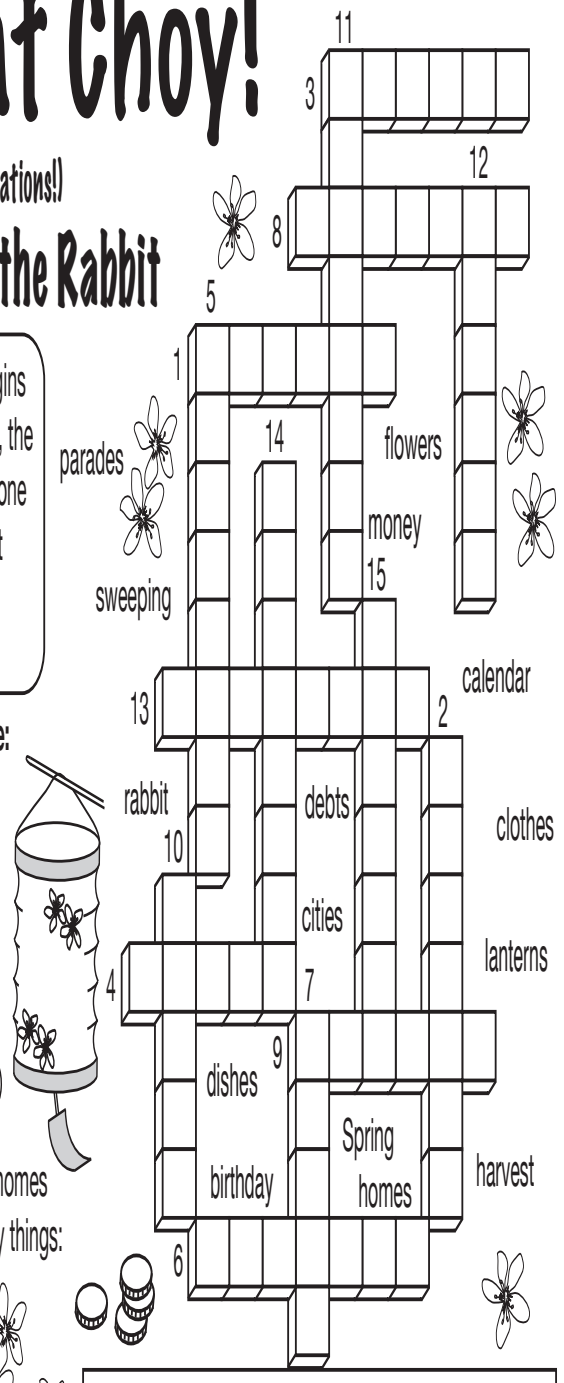
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2011 The Year of the Rabbit



Chinese New Year is a two-week celebration that begins with the New Moon on Thursday, February 3rd. In China, the seventh day of the holiday is everyone's birthday...everyone turns one year older at the same time. What a party that must be! The last day, on Thursday, February 17th, is a joyous celebration called the Lantern Festival.

What do you know about the **Chinese New Year**? Read these clues to fill in the puzzle:

- Chinese New Year, also called _____ Festival, is a 15-day celebration
- it comes between the fall _____ and the season for spring planting
- it is celebrated in parts of Asia as well as in U.S. _____ like San Francisco
- families work hard preparing themselves and their _____ for the holiday
- they clean the house, _____ away "the old," the dust
- during the holiday, some get new haircuts and wear new _____
- paying back _____ is important at this time
- vases of beautifully arranged _____ and bowls of tangerines and oranges decorate homes
- families cook special _____ like Eight Treasures Rice, which can be made from many things: rice, walnuts, dry fruit, raisins, sweet red bean paste, jujube dates, almonds, cherries
- children may get red envelopes (Hongbao) filled with _____
- the Chinese _____ has 12 animals, with each animal standing for one year
- 2011 is the year of the _____
- on the 7th day, which is everyone's _____, people eat very long noodles to bring long life
- people make _____ for the Lantern Festival and hang them or carry them into the street
- "dragons" dance in _____ for good luck on the final day of the celebration



11 _____
3 _____
12 _____
8 _____
5 _____
1 _____
14 _____
flowers
money
15 _____
13 _____
2 _____
calendar
10 _____
debts
clothes
4 _____
7 _____
lanterns
9 _____
dishes
6 _____
birthday
Spring homes
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parades
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Recent news about the 1937 football team

On Thursday, Muleshoe High School had two special visitors to the campus. Joe Starkey and his mother, Dr. Roberta Starkey, were in town. Dr. Starkey is a former teacher at Muleshoe High school. They came by the high school to present the school with a framed picture of the 1937 Muleshoe High School Football team.
Dr. Starkey's husband, Johnie Starkey, was a player on the 1937 team. Johnie's brother, Bob Starkey, was also a member of the football team that year. If you look closely at the picture, you will recognize several other people still in Muleshoe who are part of the football team that year.
Dr. Roberta Starkey and her son, Johnie, presented the framed picture to Coach David Wood, along with all of the names of the players and coaches who are in the picture.
Mr. Steve Myatt, Muleshoe High School principal, took the Starkey's on a tour of the new facilities. Dr. Starkey was amazed at the new facilities provided for the students in Muleshoe.
This is a wonderful glimpse back into the history of Muleshoe ISD and Muleshoe Football. I know there are many stories that will come out of seeing this picture, but one story has already surfaced.
Claude Riley is number 38 in the picture. Claude

School News

By Dr. Gene Sheets, Superintendent, MISD

Riley was the quarterback on the football team. Claude Riley's son, Mike Riley, was also a quarterback later for the Muleshoe Mules. Mike Riley's sons, Lincoln and Garrett, continued the tradition and also played quarterback for the Muleshoe Mules football team just a few years ago.
Claude Riley said that Muleshoe beat Sudan the year that picture was taken. It was the first time in a very long time that Muleshoe had beaten Sudan. He said that the next year, the team went undefeated and won the regional championship. At that time, the regional championship was as far as you could go in the playoffs in Texas at that time for a school the size of Muleshoe.
I am sure this picture will bring back many fond memories for lots of people who are tied to

the history of Muleshoe ISD. It reminds me that "we all drink from a well that someone else dug." Today, we enjoy a great tradition of excellence that was started many years ago. Muleshoe ISD has a long history and tradition of excellence in academics and extra-curricular activities.
Our goal is to continue that excellence today. That tradition of excellence was made possible because of the contribution of former faculty, staff, and students, such as those of the 1937 football team.



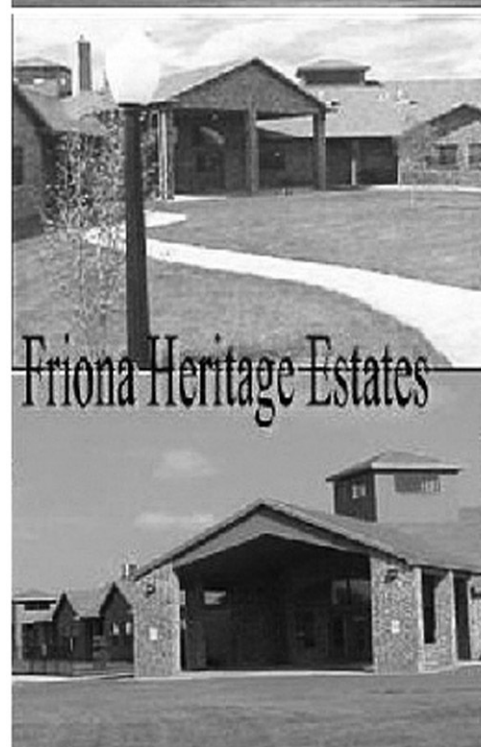
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15. Does staff help residents eat and drink at all mealtimes?
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17. Does the facility correct all deficiencies from inspections?
18. Are residents offered preventative care, (Flu Shots, etc.)?
19. Do residents have a choice of activities to participate in?
20. Are religious services offered?
21. Are there outdoor areas for residents to enjoy?
22. Does management have a genuine concern for resident well-being?

Your 'hometown' medical supply store

"We are so thankful for our referrals and our patients! We could not do it without them," said Brandi Angeley, manager of Support Medical of Muleshoe.

Support Medical of Muleshoe has been in your home town since March 2006. It is a locally-owned, operated and privately-held corporation which supplies DME (durable medical equipment) and respiratory services.

"We provide many kinds of medical equipment such as walking canes; single tip and quad, standard walkers, rollators, knee scooters, wheelchairs, power chairs (electric wheelchairs), lift chairs, oxygen, CPAP and Bi- PAP machines, incontinent, diabetic supplies, support hose, bath aids and much more," Angeley said. "We accept Medicare, Medicaid and many different types of insurance."

"When you think about it, every DME (durable medical equipment) company is the same when it comes to the products and supplies they carry. What separates Support Medical from the rest is its same day service and great customer service," said Angeley. "We do our best to make sure that our customers are knowledgeable, comfortable and happy with their new situation."

"We form a friendship with our patients and want them to know that we are here for them at any and all times," Angeley said. "We provide a 24/7 emergency on call service for our customers."

Support Medical also carries scrubs in its store: Cherokees, Dickies, Peaches, Koi, White Cross, Baby Phat and more.

In the past Support Medical has been fortunate enough to be able to do scrub shows for Parkview Nursing Care Center and also for Muleshoe Area Medical Center.

"We are so grateful for the employees of these facilities and for the facilities themselves for allowing us to do this for them. We look forward to what 2011 will bring us," says the representative.

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Support Medical is an authorized Pride® dealer with the motorized wheelchair or scooter that is just right for you.

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If you or a loved one need a little extra support when walking, come check out Support Medical's wide assortment of walkers. The company has both standard aluminum walkers,

as well as the speciality walkers with seats, wheels and baskets in a variety of colors (in stock). "Let us help you 'get around' a little easier."

Support Medical also offers a full line of products to help with incontinence needs. These products are designed to assure your confidence and comfort at an affordable price. Products and brands such as Depends, Poise, First Quality and Prevail are all available as special order items.

Most of these items can be in the store within one to two business days.

"Please come in or call us and allow us to help in your product selection. Our friendly and capable staff will be happy to answer questions about specific products, brands, and sizing or provide help in choosing the products which better suit your personal needs," Angeley said.

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Support Medical is the right choice for all your compression therapy needs. "We're here to help, and as always, your satisfaction is guaranteed," said Angeley. "We are your hometown medical store."

24 hrs. a day

Choose the Right Home Care Partner

7 days a week

Interim

HEALTHCARE®

Comprehensive Services

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- ✓ Occupational Therapy
- ✓ Speech Therapy
- ✓ Medical Social Services
- ✓ Home Health Aide

Medicare/Medicaid and most private insurance accepted

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please call
(806) 272-5549**

**110 East Avenue C
Muleshoe, TX 79347**

www.interimhealthcare.com

Specialty Programs

- ✓ Telemonitoring
- ✓ Anodyne Therapy
- ✓ Congestive Heart Failure Program
- ✓ Diabetes Program
- ✓ Orthopedic Hip & Knee Rehab Program
- ✓ "Heart to Heart" Cardiac Program
- ✓ "Good for the Soles" Foot Care Program
- ✓ Personal Emergency Response Service

Local Staff Caring for Local Patients' Home Care Needs

Interim: Serving people in and around Muleshoe since 2006

Interim Healthcare is a locally-owned agency that opened its Muleshoe office in August 2006 to better serve the people in and around Muleshoe.

Interim also has offices in Amarillo, Clovis, Crosbyton, Levelland, Lubbock, Pampa, Plainview, Midland, Odessa and Big Springs. The Muleshoe office covers Bailey, Lamb, Parmer, and Castro counties.

Interim HealthCare provides diverse services including skilled nursing and non-medical home care. They also offer specialized programs for patients diagnosed with COPD, CHF, Diabetes, non-healing wounds, and Alzheimer's, have a rehab program for hip and knee replacements.

Interim HealthCare provides

services such as a personal emergency response service that can be installed in your home at no charge to you while on our service.

They also have a Telemonitoring system which delivers daily readings for those requiring monitoring of their vital signs, weight, and oxygen levels.

When choosing your home health service, consider Interim's local employees to provide your care at home.

"We care about the health of our patients," an Interim representative said, "because we know that there's no place like home"

More information about home care providers is available by visiting www.interimhealthcare.com, or you can call 806-272-5549.



Interim's employees — pictured above, from left to right, Elizabeth Jaime, CSR, Birdie Valdez, LVN, Brenda Testerman, RN, case manager, Olivia Barrera, home health aide.

Committed to resident's well being

For more than 50 years, the citizens of Muleshoe have been committed to the support of Park View Nursing Care Center, serving and meeting the needs of the elderly population in Bailey County and the South Plains region.

"Our new state of the art facility reflects the ongoing commitment of the district's Board of Directors and its citizens," a representative of Park view said.

Commitment to caring has helped make Park View Nursing Care Center the premier choice in long term care in this area, offering a beautiful and home-like atmosphere. The satisfaction of the residents and their family members is a top priority at Park View.

At a recent family council meeting one family member said, "It's light, it's airy and it's clean... I just like it here."

Other family members expressed how happy their loved ones are and what a blessing Park View has been during a difficult time of transition.

"I just know we made the right choice," a family member said.

When one resident was asked what she liked best about Park View she responded by simply saying, "Everything."

If you or your loved one is in need of long term care the staff at Park View Nursing Care Center would love to give you a tour and assist you with any other information you might need.



Park View

Nursing Care Center

SKILLED NURSING SERVICES

- 24-hr. licensed nursing care
- Wound Care • IV therapy
- Pain management
- Restorative care
- Post-surgical care
- Physical Therapy
- Occupational Therapy
- Speech Therapy



Health care coordination provided by the efforts of an interdisciplinary care plan team of experts in their field.

FACILITY SERVICES

- In house dialysis provided by **Access Care Dialysis**
- Respite/vacation care
- Hospice services
- Social services and discharge planning
- Activities and entertainment
- Pharmaceutical services
- In house beauty salon/barber services
- Complementary transportation to medical appointments



1100 W. Ave. J • Muleshoe • 272-7578

Legacy of Love

Hospice

(806) 385-9329

*Giving Care
Bringing Hope
Sharing Love*

Legacy of Love Hospice Services
are available 24 hours/day, 7days/week

Toll Free Phone: 1-866-645-4228 ~ Mon.-Fri. 8:30-5:00



Picture above from left to right: Lana Frazier, RN case manager, Staci Noles, ADON, RN case manager, Suzy Brown, administrator, DON & RN, Amanda Campbell, LVN and Hope Murray, RN, case manager.

Legacy of Love health benefits listed

The benefits provided at Legacy of Love include symptom and pain control, meds related to diagnosis and comfort, crisis care, medical supplies, emotional and spiritual support, professional nursing with RNs., LVNs and home health aides, and a medical director.

There are no out-of-pocket expenses for hospice services. Legacy of Love serves Lubbock, Bailey, Borden, Briscoe, Castro, Cochran, Crosby, Dawson, Deaf Smith, Dickens, Floyd, Gaines, Garza, Hale, Hockley, Lamb, Lynn, Motley, Parmer, Swisher, Terry and Yoakum counties.

New Specialty Clinics



Personalized Service.
State-of-the-Art Care.
Your Hospital.

1307 Cleveland St.
Friona, TX 79035
Phone: 806.250.2754
ParmerMedicalCenter.com

Parmer Medical Center (PMC) is pleased to announce the following new specialty clinics:

SPORTS MEDICINE AND ORTHOPEDICS

Clinicians from Parker Sports Medicine and Orthopedics will hold clinics at PMC two days per month staffed by James R. Parker, M.D., a board certified orthopedic surgeon, Ryan Teichelman, PA-C and Carlos Flores, MPAS, PA-C.

GASTROENTEROLOGY AND HEPATOLOGY

Kuldip Banwait, M.D., a board certified gastroenterologist and hepatologist, will hold clinics at every third week. Dr. Banwait treats gastroesophageal reflux, non-cardiac chest pain, abdominal pain, irritable bowel disease, constipation, diarrhea, rectal bleeding, liver diseases, pancreatic diseases, ulcerative colitis and crohn's disease.

GYNOCLOGY

Kathleen Sears, M.D. is a board certified gynecologist. Dr. Sears will provide medical and surgical care for women, not including obstetrical services. She will be available to women of all ages for everything from chronic issues to annual exams. she will hold clinics twice monthly.

Contact Amber Bonds at 806-250-2754 for appointments or information.



Additional specialty services will become available in coming months.



Located next to Parmer Medical Center. Friona Rural Health Clinic is a clinic with your whole family in mind.

HOURS:
MON.-FRI. 9-5; SAT. 9-12

Meet the Providers



Felipe L. Jubay, Jr. MD Jeff S. Dickson, MD Robert S. Alexander, MD



Felix G. Morales, MD Kim McArthur, MSN, FNP-C



1307 Cleveland, Friona • 806.250.2781

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Hospital Beds • Wheel Chairs • Power Mobility Equipment



103 Main Street • Muleshoe • 272-7552 • Fax 272-7561

Open: M-F • 9:00 AM to 5:30 PM



Our mission:
Samaritan Hospice is guided by Christian ethics to help our rural neighbors by promoting the highest quality care near end of life.

Serving:
Deaf Smith, Bailey, Parmer, Castro, Lamb, Hale, Swisher, Potter, Randall, Oldham, Armstrong, Hartley and Carson counties.

426 N. Main, Suite E
Hereford, TX 79045

806-363-6085 • 866-595-0564 toll-free

Hospice offers end of life choices

Life is, indeed, all about the choices we make. Interestingly, however, one of the most important of life's decisions is often made for us... leaving us with little or no opportunity for choice.

Choices at the end of life are, all too often, deferred to others... especially when it comes to making choices regarding our medical options, including hospice.

It's safe to say that most people would probably choose not to need a hospice program at all. But the choice of having or not having a life-limiting illness is seldom in our power.

When we are confronted with a decision about hospice, many will defer to others who are all too willing to make the decision for us. Unfortunately, their choices are often based not on our wishes or goals but on their own preferences and conveniences, no matter how well intentioned they may be.

Perhaps we're more comfortable

letting someone else make the decision because it seems less "real" that way? Or, maybe we feel less vulnerable when we don't have to make the decision for ourselves.

However, the choice of how we wish to live out our lives can only be ours. So, too, is the choice of which hospice we want to help us meet our life goals and to protect our vulnerability while facing life's final reality — only ours.

We make many choices during our lifetime. Shouldn't we also have a choice when it comes to the end of life? If hospice becomes the most appropriate medical option for us, we must make our own choices.

To ensure that end-of-life wishes are honored, nothing is more important than planning. Discuss your wishes with family, loved ones, and friends — and your health care providers.

Begin the conversation. Samaritan Hospice can help.

Caring for the communities we serve

For more than 25 years, Plains Regional Medical Center (PRMC) has existed to improve the health of the patients, members, and communities it serves.

PRMC is a 106-bed general acute care hospital and regional medical center serving more than 110,000 people in Eastern New Mexico and West Texas.

The center is owned and managed by Presbyterian Healthcare Services, the largest provider of health care and the only private, not-for-profit healthcare system in New Mexico.

In addition to its hospital, PRMC consists of a primary care and specialty care clinic, home health care and hospice agency, cancer center, rehabilitation (physical, speech, occupational and respiratory) facility, 24-hour physician-staffed Emergency Department and Sleep Disorders Center.

In 2010, PRMC expanded its surgery services with the opening of Plains Regional Outpatient Surgery and the Plains Regional Medical Group physician

office building for surgery specialties.

The outpatient surgery facility has operating and procedure rooms equipped for a variety of procedures, including general surgery, obstetrics/gynecology, internal medicine, orthopedic surgery, ophthalmology and podiatry.

The medical offices for surgery include: general surgery, orthopedics, podiatry and urology services. On-site lab and x-ray services are available.

PRMC employs more than 600 people and is the largest hospital between Lubbock and Albuquerque.

Its team of physicians, nurses, healthcare professionals, board of trustees and volunteers are committed to providing you with outstanding care while utilizing the latest technology.

PRMC is located at 2100 N. Martin Luther King Jr. Blvd, Clovis, N.M.

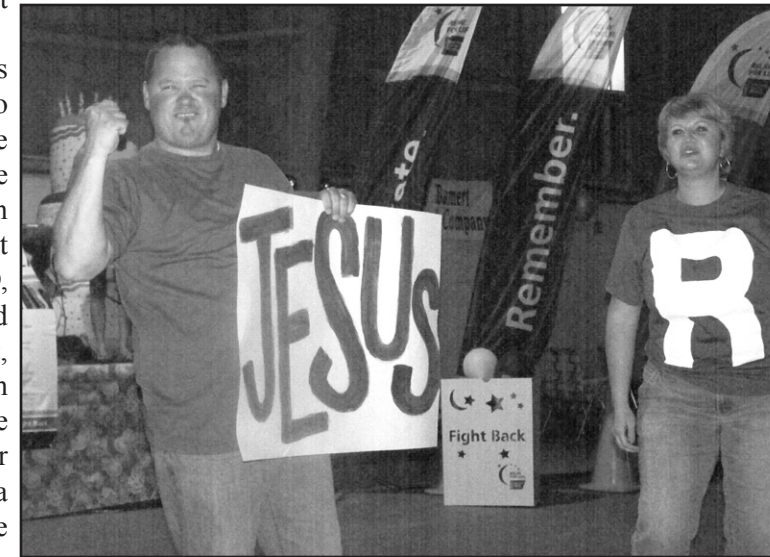
To learn more about the center's services or volunteer opportunities, please call (575) 769-2141 or visit www.phs.org.

What makes the Relay for Life so special... it's you

Relay for Life® is the signature event of the American Cancer Society. At Relay for Life®, every person in the community has a chance to celebrate, remember, and fight back against the disease.

Everyone's reason to participate in the Relay is as unique as their own personal story. At Relay for Life®, you can find healing, comfort, and support from others who have faced cancer or who have lost a loved one to the disease.

You have a chance to meet people in the community who are equally as passionate about finding an end to cancer in our lifetime. You can thank all of the people who



have done so much to support you through your personal cancer experience. And you can gather together with friends, family, and colleagues to laugh, cry, and create lasting memories.

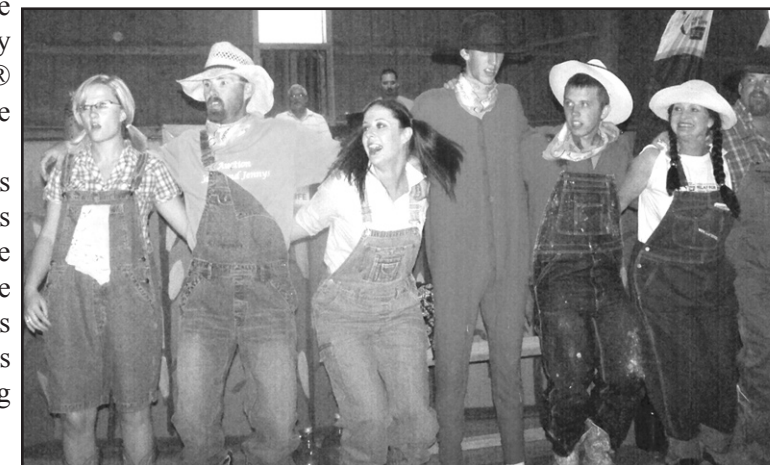
No matter why you take part in Relay for Life®, however, one thing is clear: with every step you take, you are helping the American Cancer Society save lives.

With your help, we aren't just fighting one type of cancer — we're fighting for every birthday threatened by every cancer in every community.

Each person who shares the Relay experience can take pride in knowing that they are working to create a world where this disease will no longer threaten the lives of our loved ones or claim another year of anyone's life.

Since 2001, the Bailey County Relay for Life® has raised more than \$160,000.

This year's Relay organizers issue a challenge to come and be a part of this year's event. It's a life-changing experience.



BAILEY COUNTY RELAY FOR LIFE

Friday, June 3, 2011

Bailey County Coliseum

Our community has raised \$160,000 for the American Cancer Society since 2001.

Start making plans on how you want to support this great and rewarding event.

Cancer is a wicked disease that takes a great toll on Bailey County.

Let's continue to be one of the leading supporting communities in the state.



Organize a team and join the battle to fight cancer!!

For more information call 272-3598 or 272-6810

Serving the healthcare needs of Eastern New Mexico and West Texas residents

At Plains Regional Medical Center, our services and departments include:

Cancer Center	Laboratory
Cardiopulmonary	Home Healthcare and Hospice
Diagnostic Cardiac Cath Lab	Newborn Nursery
Diagnostic Radiology (including CT Scan, MRI and ultrasound)	Primary Care and Specialty Clinic
Dietetic Counseling	Rehabilitation Therapy (Physical, Occupational, Respiratory, Speech)
24-Hour Emergency Department	Same-day Access
Healthplex Rehabilitation Center	Sleep Disorders Center
Inpatient Nursing Units:	Surgical Services: Inpatient and Day Surgery (including general surgery, orthopedic, gynecology, otolaryngology, podiatry and urology)
Intensive Care, Medical, Pediatrics, Surgical, and Women's	
Labor and Delivery	

Plains Regional Medical Center

2100 N. Martin Luther King Jr. Blvd. • Clovis, NM 88101
(575) 769-2141 • www.phs.org/prmc



Improving the health of individuals, families and communities in Eastern New Mexico and West Texas

R.U. Fit? We can help!

Physical fitness is defined as “a set of attributes that people have or achieve that relates to the ability to perform physical activity” (USDHHS, 1996). Physical Activity is required to be fit.

What is physical activity and what are the benefits:

Physical exercise is any bodily activity that enhances or maintains physical fitness and overall health. It is performed for various reasons. These include strengthening muscles and the cardiovascular system, honing athletic skills, weight loss or maintenance and for enjoyment.

According to the American Heart Association, physical “inactivity” is a major risk factor for developing coronary artery disease, high blood pressure, increased risk of stroke, diabetes, obesity and a host of other illnesses.

With regular physical activity the risk factors for these illnesses can be reduced. In addition, studies show that smokers who become physically active are more likely to either cut down or stop smoking. Physical activity can also help psychologically, because it reduces feelings of depression and anxiety, improves mood and promotes a sense of well-being.

Already Active... Improve your physical fitness and health benefits:

The FIT Formula

F = frequency (days per week)

I = intensity (how hard you workout, ie., easy, moderate, vigorous) or heart rate percentage

T = time (amount of time you work out each session)

R.U.Fit, LLC is here to help you with your fitness and nutrition needs. Come by and see how we can help you achieve your fitness goals, at 123 S. Main Street, Muleshoe, TX 79347.

We recommend that you consult your physician before starting a work-out program.

R.U. FIT
HEALTH & FITNESS
CENTER
Helping You Achieve

3, 6, & 12 Month Rates • Month to Month Rates • Senior Citizen Rates
Monthly, Weekly & Daily Memberships available

123 Main Street • 272-5885
(Formerly Lambert Cleaners)
Mon. - Fri. 5 am to 9 pm • Sat. 7 am to 6 pm

Services with you in mind

At IntegraCare, we tailor home health services to each patient during the course of treatment. Leveraging the power of leading specialty programs and outstanding clinicians, our team of professionals work with each patient to help restore health and independence.

IntegraCare is pleased to offer the following sampling of services from more than 30 locations throughout North and West Texas:

- Individualized comprehensive case management
- Skilled nursing (RN, LVN), medical social workers, and home health aides
- Physical, occupational and speech therapy, and low vision program
- Wound care management, and post-surgical management
- Diabetic management and education
- Medication teaching/administration, and rehospitalization prevention
- And more!

Immediately upon welcoming IntegraCare into their homes, our patients discover that skilled care, compassion and caring are at the core of everything we do and everyone we touch.

IntegraCare is committed to exceptional patient care. We facilitate achievement of this goal through an incomparable combination of specialized services, continuous patient education, and highly skilled teams of professionals all focused on optimizing both quality and patient experience. Whether helping to address a serious illness, manage a chronic disease or recuperate from surgery, our nurses, therapist and aides deliver home health services in the comfortable surroundings of each patient's residence.

Ultimately, patients feel that the IntegraCare team genuinely care about their needs, and they sense that they are connected to an organization working tirelessly to improve quality of life. Call 806-272-6884 or come by 803 B West American Blvd. (same building as Burton's Service Center) to visit with the IntegraCare staff. Or visit www.integracarehh.com.

Parmer Medical Center

'We're worth the drive!'

Just 12 months into our new state-of-the-art facility, Parmer Medical Center (PMC) is reaching out to all area residents to offer personalized service and high quality care. With a top notch facility and advanced equipment and furnishings, the hospital's team of care providers is the true secret behind PMC's success. Our team's expertise, dedication and commitment to the wellness of our patients allow us to carry out our goal of serving the healthcare needs of the residents in the Parmer County region with compassionate and effective care.

As part of their efforts to provide quality care to the area PMC is pleased to announce the addition of physicians specializing in orthopedics, gynecology and gastrointestinal disorders.

James R. Parker, M.D., a board certified orthopedic surgeon and staff from Parker Sports Medicine and Orthopedics will hold clinics at PMC two days per month, beginning on Thursday, Feb. 3. Also staffing the clinic will be Ryan Teichelman, PA-C and Carlos Flores, MPAS, PA-C. They will see patients of all ages related to the full range of orthopedic services, including traumatic injuries, degenerative conditions, fractures, and common conditions such as carpal tunnel syndrome, trigger finger, ganglion cysts and tennis elbow. Individuals may make appointments through their primary care physicians or by calling the orthopedic clinic office at 806-350-2663.

Kuldip Banwait, M.D., a board certified gastroenterologist and hepatologist, will hold clinics at PMC every third week, with his first clinic to take place on Feb. 18. Dr. Banwait treats gastroesophageal reflux, non-cardiac chest pain, abdominal pain, irritable bowel disease, constipation, diarrhea, rectal bleeding, liver diseases, pancreatic diseases, ulcerative colitis and Crohn's disease. Contact your primary physician for a referral to see Dr. Banwait.

Kathleen Sears, M.D. is a board certified gynecologist. Dr. Sears will provide medical and surgical care for women, not including obstetrical services. She will be available to women of all ages for everything from chronic issues to annual exams. Dr. Sears' first gynecology clinic at PMC will be on Monday, Feb. 7, and she will hold clinics twice monthly. Appointments may be made through your primary care physician or by calling Dr. Sears' office at 806-793-9733.

Looking to the future with you, the patient, in mind, PMC will continue to add additional specialty clinics to include sleep disorder studies, urology, cardiology, wound care, dermatology and other specialties for which there is a community need.

Parmer Medical Center also enjoys an excellent working relationship with the staff and medical professionals at Friona Rural Health Clinic, which is now attached to the new hospital facility to allow patients easy access between the hospital and clinic. The providers and support team at Friona Rural Health Clinic are eager to serve your entire family with compassionate, personalized care.

Dr. Felipe Jubay's practice reflects his internal medicine training. He enjoys complicated disease management issues such as diabetes, hypertension, thyroid problems and heart disease.

Dr. Jeff Dickson is “homegrown” having graduated from Friona High School, Texas A&M and Southwestern Medical School. He enjoys delivering care in all aspects of Family Medicine.

Dr. Robert Alexander has been the steady influence for the Friona Rural Health Clinic for more than 44 years. Although he sees patients of any age, his practice has evolved primarily to serving the needs of geriatric patients.

Dr. Felix Morales is bilingual and serves the needs of many Spanish-speaking patients. He enjoys pediatric patients as well as treating women's health issues. His professional interests also include emergency medicine.

Kim McArthur, MSN, FNP-C, has had training in Women's Health as well as experience in Medical Intensive Care and Level One Trauma. She enjoys treating patients of all ages, especially her interaction with children.

The team of providers at Friona Rural Health Clinic specialize in caring for your entire family, and they are currently accepting new patients. Same day appointments and walk-ins are available.

So, whether your need is a routine check up, treatment for illness or injury, or specialty care, Parmer Medical Center and Friona Rural Health Clinic are ready to serve you and “we're worth the drive”.

**The West Texas Medical Industry Directory
was produced by the staff
of the Muleshoe Journal©2011**



Caring...with every touch



Home Health is skilled care provided in the comfort of a patient's residence. Care is focused on helping people manage a chronic condition and/ or recover from illness, surgery, accident or change in medical status.

Medicare pays 100% of the cost of home health needs for those who qualify. Medicaid and private insurance will also pay for home care; however, benefits vary per policy and verification of benefits is required.

IntegraCare is licensed by the Texas Department of Aging and Disability Services (DADS)
It is our policy to offer our services to all qualified patients without discrimination in compliance with state and federal regulations.

IntegraCare Home Health
Caring...with every touch
(806) 272-6884

803 B. West American Blvd.
(Same building as Burton's Service Center)
Muleshoe, TX 79347
www.integracarehh.com

Muleshoe Area Medical Center swing bed services available

In addition to the many services our hospital provides on a daily basis, there may be some things you may not know or even realize that we do for our patients and community.

Swing Bed Program...

For the patient who is no longer in need of Acute Medical Care, but is not yet comfortable functioning independently at home. The goal of the Swing Bed Program is to bring the patient to a level of recovery that allows them to return home, confident that they are able to be there independently.

The Swing Bed patient is typically a Medicare recipient who has improved from acute care and has been referred by the attending physician to receive skilled care and rehabilitation through the Swing Bed program.

Examples would include: Rehabilitation following major surgical procedures, such as knee or hip replacement; Diabetes, Cancer, CHF; Stroke Recovery; Pain Management; Amputations - Traumatic Injuries; Resolving Conditions Requiring IV Therapy and Wound Care.

Since 1998, we have geared our services to the unique personal needs of patients who find themselves between acute hospital care and home. Swing bed patients are no longer critically ill, but need to be guided to a less intensive level of medical care. Continuous rehabilitative services are needed in order to regain independence and strength prior to being discharged.

The Swing Bed Program is federally approved by Medicare and Medicaid and most insurance companies cover Swing Bed services for qualified patients.

For more information on placement, contact Swing Bed Coordinator Eileen Morton at 806.272.4524, ext. 251 or Director of Nursing Services Susan Cage, at 806.272.4524, ext. 112

Radiology Department...

We have some exciting things happening in our Radiology Department, among which include a Bone Densitometer (or "Bone Density"), also called a "DEXA Scan".

For many, the first sign of osteoporosis is becoming shorter or breaking a bone, but early detection is available. Fortunately for Muleshoe residents, MAMC offers the Hologic Discovery C Bone Densitometer, which integrates the proven value of bone mineral density (BMD) measurement with

Instant Vertebral Assessment (IVA) allowing point-of-care assessment of the two most definitive factors associated with osteoporotic fracture risk: low bone mineral density and the presence of vertebral fracture.

A Bone density test, also called a DEXA-scan, is a 10-20 minute test that is quick, easy, and painless. Patients relax on a cushioned bed while a scanner arm passes over the body. Your doctor must order the test, but you can schedule it wherever you choose; if you have spoken with your doctor about osteoporosis, and he has recommended a bone density scan, we hope you will have that scan scheduled at MAMC.

You can schedule a DEXA-Scan today at MAMC by calling 806-272-4524, ext. 148.

Another exciting progressive move for MAMC is its purchase of a refurbished CT Scanner. This new CT was installed in November of 2010. There are many differences in the two machines. The old CT machine was a "one-slice," and the new one is a "16-slice." What this means is we can obtain clearer and more detailed images.

The new CT produces much cleaner pictures, and much faster than before. In the past, an abdomen or pelvic scan took a minimum of 40 minutes, and then technicians would run the risk of overheating the machine, and having to wait until it cooled down before performing another scan.

The new CT can do a scan of the abdomen/pelvic area in about 15 minutes, and about 75 percent of the body in about 25 minutes. There is also no fuss about the machine getting too hot or being able to perform multiple tests one after another, which is highly beneficial to emergency situations, such as motor vehicle accidents.

The old CT also had a weight limit of 250 pounds, whereas the new CT has a limit of about 400 pounds. The new CT also has the capability of performing contrast studies, as the fluid is injected through the body.

MAMC is currently in the process of purchasing a new Power Injector, which will enable the staff to better perform pulmonary embolism studies, and reduce the risk of an allergic reaction to the contrast, due to the dilution of the chemicals to half contrast fluid, and half saline.

The new CT is also compatible with MAMC's new Electronic Health Record (EHR) system, and will make the process that much more efficient.



Muleshoe Area Medical Center Medical Center Services

- 24-Hour Emergency Room
- Level IV Trauma Center
- Helipad
- In-house Lab and X-ray
- CAT Scans
- Mobile MRI
- Mobile Mammograms
- Mobile Echocardiograms
- Mobile Venous Doppler Studies
- Out Patient IV Therapy
- Respiratory Therapy
- Swingbed Program
- Discharge Planning
- Referrals to Social Services Agn.
- Family Violence Referrals
- Community Awareness Program
- Community Education
- Pharmacy Assistance Program
- Indigent Health Care Program
- Medicaid Qualifying Assistance
- Training Facility for South Plains College Student Nurses
- Clinical Rotations for Physical Therapy Students
- Clinical Rotations for Physician Assistant Students
- Muleshoe Campus for South Plains College's L.V.N. and R.N. School
- Outpatient Endoscopy
- Bone Density
- Diagnostic Radiology
- Teleradiology
- PAC "filmless" Radiology
- Sleep Lab
- Wound Care Clinic

Our Mission
The mission of Muleshoe Area Hospital District is to provide quality medical and health care services to the people of Bailey and Packer Counties and the South Plains Region in a manner which demonstrates Christian concern while maintaining the fiscal integrity of the Hospital District.

Muleshoe Area Hospital District
MAHD
Linking Together for Life

Our Clinics

Muleshoe Family Medical Clinic Family Practice

701 S. First Street • 272-7531
• Bruce Purdy, M.D.
• Grant Nitzel, M.D.

Medical Clinic of Muleshoe Family Practice

610 S. First Street • 272-7544
• Kyle Sheets, M.D.
• Suzanne Bunker, PA-C
• Sherry Whiteaker, FNP
• Stacy Zevetchin, PA-C

Lansang Family Medical Clinic Family Practice

717 W. Second Street • 272-4495
• Francis Lansang, M.D.

Claborn Medical Clinic Dermatology & Family Practice

708 S. First Street • 272-6825
• Jobey Claborn, D.O.

Outpatient Clinic

708 S. First Street • 272-4524
• Judy Jacobs, R.N.
• Texas Health Steps Physicals
• Childhood Immunizations

The West Texas Medical Industry Directory



Published by the
Muleshoe Journal ©2011

For a healthier you...