## Muleshoe Journ

## The New Health Security ActPro Or Con?



 thon. Beginning at 9:00 a.m., it encompassed a one mile course around the junior high and high school. The
proceeds of the bike-a-thon will go to support St. Jude's Children's Research Hosputal in Memphis, TN. The hospital was founded in 1962 by Danny Thomas, and has become the world's foremost research and reatment
facility for catastrophic childhood diseases. The Journal will bring you more information and results of the bike-a-thon at a later date.

## Outstanding Secondary Educator Receives Honor

## night, Mr. Po mo

 night, Mrs. Pat Watson waspresented a plaque by Phyllis Region 17 Educational Service Center of Lubbock, for Outstanding
Secondary Educh Secondary Educator of the Year
Mrs. Watson will go to Austin to
the State Board of Educators to Mrs. Watson orard of Educators to
the State Boather a
receive further recognition and a receive further recognition and
check for $\$ 500.00$ for this honor The presentation w
Southwestern Bell.
A new Administrative Guideline was also discussed and approved, involving the judicial system at our
schools. Three men. Roy schools. Three men, Roy
Anzuldua, Alfonso Posadas, and Anzuldua, Alfonso Posadas, and
Juan Chavez spoke in favor of this Juan Chavez spoke in favor of
guideline against students fighting disorderly conduct will be filed on disorderly conduct will be filed on
students who are caught fighting at school, in order to delete violence in our schools.
Business that was discussed at the school board meeting was as
follows:

1. Approve
Approved tax rate of $\$ 1.26$
(review current leave policy
2. Seating in the High Schoo

Auditorium, no action taken.
4. Tommy Gunstream of First Bank has agreed to sponsor an additional teacher recognition. of the Year in our district will be honored.

Announcement According to a news release from
Larry Combest today, because of Larry Combest today, because of
the drought, hail, high winds, and the drought, hail, high winds, and
tornado in July, Bailey County is eligible for low interest loans through the FHA
For more information or help in filling out forms, contact your
local FmHA office.

## Practitioner Workshop Scheduled

## \&round fftuleshoe

## The Texas Agriculural Extension

 Internal Revenue Service and the Texas Extension Education
Foundation, Inc, is once again Foundation, Inc., is once again Workshops across the state of
Texas, in the fall of 1993. These Texas, in the fall or 19P. 'sese
workshops are led by CPA
attorneys who are experienced in the field of income tax reporting
and planning. They provide
valuable cont valuable continumg education
opportunities for tax professionals Muleshoe 1992 graduate Muleshoe, Texas, recently
completed the Administrative Clerk
During the course with Schools
Dut Battalion, Marine Corps Base Camp Pendleton, California, students are provided with the basic perform the job of administrative
clerk.
preparation of Navy correspondence as well as basic office functions. He joined the Marine Corps in

## Educator of the week at Watson

 unior High School is Pam Thomason, secretary. 6th Grade student of the week is Landon, Black: 7th Grade student of the week is Ellen Wood; and 8th Grade student of the week is Anissa NormanThere will be a High School pep ralley in the Jr. High gym on Thursday, October 14, at 8:00 p.m. Come support the Mules
There will be a pregame dinner on October 15, 1993 from 5-7:30 p.m ponsored by the Muleshoe FHA Me Muleshoe High School Cafeteria. Muleshoe bar-b-que and
seeking CPE and MCLE credit.
This year twenty-four General

## Tax Workshops, designed for

 practitioners who work mostly with individuals and smallbusinesses, are offered in major Texas cities. The nearest one will November 22 and 23. Fourteen advanced Tax Workshops are also offered. They are directed at the practitioner with substantial experience with individual returns,
who does some business work, and who does some business work, and
feels the need to develop more skills in business related work. One will be offered in Amarillo, Texas,
on December 6 and 7 . In addition to the General and Advanced Workshops, there will be four of
the Estate Planning Workshops. and three each of the Fiduciary Income Tax and Agricultural Tax
Problems Workshop. A new workshop for 1993 will be the Forestry Taxation workshop held in Nacagdoches and Longview. For a brochure with a complete Workshops offered in 1993 practitener contact your County Extension Agent, Curtis Preston, at (806) Tax Practitioner Workshop Office, P.O. Box 946, (Department of Agricultural Economics-Texas
A\&M University) College AdM University), College
Station, Texas 77841-0946, or call (409) 845-5446

|  | HigginbothamBartlett Co. 215 Main | Bailey County Farm Bureau David R. Tipps, Agency Manager <br> For All Your Insurance Needs $\begin{array}{ll} * \text { LIFE } & \text { *CROP } \\ \text { *AUTO } \end{array} \quad \text { HOME }$ <br> "Helping You Is What We Do Best" <br> 1612 W. Amer. Blvd. 272-4567 <br> Alabama vs Tennesse | Viola's Restaurant <br> For The Best Mexican Food Come To Viola's! <br> Open 11:00 a.m. - 9:30 p.m. Closed Tuesdays <br> 2002 W. Amer. Blvd. 272-3838 |
| :---: | :---: | :---: | :---: |
| Henry Insurance Agency, Inc. <br> Kenneth R. Henry Certified Insurance Counselor Real Estate Broker <br> 111 E. Ave. B 272-4581 |  | Prizes | Western Drug Co. 114 Main <br> 272-3106 <br> "For All Your Prescription Needs Visit The Friendly People At Western Drug" <br> Supporting The Mules All The Way! |
| Kearney Scoggin <br> Scoggin Ag Center, <br> Inc. <br> Where Fertilizer Is Our Business" <br> 1532 W. Amer. Blvd <br> Muleshoe, Tx. 79347 <br> P.O. Box 452 | 1st. Gerald Sh | .00 <br> Vinners <br> 2nd. Millie May <br> Mc Nickes <br> Rules: | Sudduth Field \& Co. <br> David L. Sudduth, CPA <br> Randall L. Field, CPA <br> Backing The Mules $100 \%$ <br> 104 W. 2nd <br> Muleshoe |
| We want to wish everyone Good Luck in the upcoming school year! <br> Thanks to all our customers, we appreciate all of you for patronizivg The Snack Shack Mon. - Fri. 11 a.m. - 2 p.m. Closed Saturday \& Sunda <br> The Snack Shack <br> 222 W. Ave. H. Mulesinoe 272-3840 <br> San Jose Stale us New Mexico State |  | u wil find a game listed. LL Win. The person's scorer e tat er wiil be dectared ase or older. <br> nade for any one contest. <br> than 5:00 p.m. Friday. Write thailed, ed entry, and mail to P.O. Box 449, THE SCORE of the tiebreaker k weekly as well as determine the first place 6 points for second place entries must be on Official Entry eligible to enter any one contest. | Connie's Place <br> 121 Main 272-3126 <br> Mon. - Fri. - 5:00 a.m. - 4:00 p.m. <br> Sat. - 5:00 a.m. - 2:00 p.m. <br> Daily Buffet: <br> Includes Salad Bar \& Cobbler <br> Serving Breakfast Daily Connie Dominguez, Owner |
| Bob Stovall Printing <br> No Job Too Large Or Too Small! <br> Come By And Visit With Us For All Your Commercial Printing! <br> 221 E. Ave. B. <br> 272-3373 <br> Utah vs Texas - El Paso | Officia <br> Name $\qquad$ <br> Address $\qquad$ <br> Phone $\qquad$ <br> Texas A\&M <br> T.C.U. | try Blank <br> AKERS $\qquad$ | Decorator's Floral \& Gifts Backing The Mules 100\% <br> Betty Wuerflein, Owner 616 S. First Muleshoe 272-4340 Vanderbilt vs Georgia |
| Backing The Mules $100 \%$ <br> Bailey Gin Co. <br> Peanut Hawkins, mgr. 946-3397 <br> Texas Tech vs Rice | muleshoe mules <br> Varsity Schedule <br>  |  | A Carrousel Of Good Food <br> 1902 W. Amer. Blvd. 272-4131 <br> Closed on Tuesday <br> Go Mules! <br> We Love You <br> Washington vs U.C.L.A. |
| 1606 W. Amer. Blvd <br> Backing <br> The Mules <br> $100 \%$ <br> Closed Mondays Mississippi State vs South Carolina | THROCKMORTON REFINISH SHOP <br> RESILVERS MIRRORS RESTORES TRUNKS HAVE A SPECIAL DIPPING VAT WE REFINISH ALL FURNITURE WE ALSO SELL ANTIQUES! 272-5345 <br> 319 E. American Blvd. Muleshoe, TX |  | Clarks' Central TEXACD Texaco texaco 221 w. Amer. Bivd. Muleshoe 272.3915 Fast Oil Change <br> Wash Wax Charge A/C State Inspection Station <br> Bob Clark John Carrion Randy Dunn Expericenced Service Personel Northem Illinois vs Pacific |

Tennessee Volunteers

## To Face Alabama

## Crimson Tide Saturday

In one of several huge games around the country this weekend, Birmingham, Ala., to face the Alabama Crimson Tide. Alabama has won seven straight in this series, but the last three games
could have gone either way. Last year, on their home field in Knoxville, the Volunteers were stopped only by a late interception and lost 17-10. The Tide's winning margin in 1991 was five points, and in ' 90
In State College, Pa., Penn State hosts Michigan in what promises
to be one of the season's most interesting matchups. Not just because they're new Big Ten rivals, but because of their history. There isn't any. Believe it or not, Michigan and Penn State
, surprise even to NCAA
statisticians. Their results against common opponents over the years give us plenty to go by, though.
This year, for instance, the Nittany Lions and Wolverines have both met Iowa. Penn State
beat up on the Hawkeyes 31-0, beat up on the Hawkeyes 31-0,
and Michigan was a $24-7$ winner

## wo weeks ago. So we're splitting

 the difference: by a touchdown.Nebraska faces a tough game at home against Kansas State. The Cornhuskers beat the Wildcats 38 24 last year in Tokyo, but last year Kansas State was 5-6 and a noncontender in the Big Eight. This year the Wildcats were
undefeated going into last week's undefeated going into last week's
game with Kansas, and look ready to at least threaten the streak of 24 straight Nebraska wins that began in 1969.
In the unpredictable predictions department, try Stanford at
Arizona. The Wildcats won 21-6 Arizona. The Wildcats won 21-6 last year in Palo Alto and $28-23$ in
Tucson in '91 .- both years in Tucson in 91 -. both years in
which Stanford was a better team and finished higher in the Pacific 10. Stanford won $23-10$ in ' 90 , when it was $5-6$ and Arizona was 7-4. If the pattern were to hold, the Cardinal would win, but we Arizona is for real.
Our forecasting average has held steady through the first five weeks of the season. As of Oct. 2 we've
picked 730 games right and 260 picked 730 games right and 260
wrong, a percentage of .737 . And wrong, a percentage of .737 . An
we're just getting warmed up.

News From the Baylor College of Medicine

## MTV teenagers of the 1990s are simply not getting enough

 simply not getting enough exercise, says anmedicine expert.
"The message many teens is that exercise is 'not that important,'" said Dr. Albert C Hergenroeder, chief of adolescent medicine and sports medicine at Baylor College of Medicine and Texas Children's Hospital in
Hergenroeder, who regularly does pre-season examination of
high school athletes, has studied exercise among teenagers. He believes schools and parents can do more to encourage physical acivity "Physical activity leve eens in school are inadequate," said Hergenroeder, a member of Projec Assessment and Counseling fo Exercise), a national program examining physical activity guidelines for teenagers. There are minimum levels for student exercise."
PACE is expected to
recommend minimum levels when its findings are completed. Hergenroeder feels personally that adolescents should participate in hree or more moderate to
Hergenroeder also believes many adolescents find little encouragement at home
"Some parents take no interest in exercise or perhaps spend more ime pursuing heir own inerest he said. parents who exercise provide positive role models that can influence a child's desire to exercise, adds Hergenroeder who recommends that family activitie emphasizing exercise begin early in
life.
swimming, walking, bicycling," he said. "Even dance or martial arts can be fun, provided the emphasis is not on competition.
"Children and teenagers should "Children and teenagers should outside the house. Adults can sometimes take the fun out of games by overly organizing them."
Hergenroeder says children are Hergenroeder says children "For tox young to have, fun.
"F they wis For example, if they wish,
can begin lifting weights as karly as age 8, as long as there is early as age 8, as self-confidence, not bulk," he said. Parents can encourage thei
teens in athletic or physical teens in athletic or physical
activities for which they show activities for which he hes
aptitude but he discourages parents from pressuring younger children "Exposure to many activities early on is healthy," he said. "But $t 00$ much parental pressure such as overexposure to exercise or
overindulgence in overindulgence in one sport
huge mistake."
Hergenroeder adds that even for Eenagers, it may be wise to pursue a variety of activities. Some of the best professional athletes--Dan Marino, Joe

| Better |
| :---: |
| Business |
| Bureau Report |October $24-30$ and the ther consumer $24-30$ and the BBB and vorking together to educate the public on a variety of consumer opics. One topic that continually enerates questions and confusion is how to repair a bad credit record. Consumers who have had difficulty obtaining a credit card or loan, or making a major purchase because of a bad credit history, may be promise to "fix" their credit records. But the BBB warns not to pay large amounts of money for something that may not work, or could be laken care of for free. For fees ranging from $\$ 50$ to more than companies claim they can remove negative information from a credit file, even if the information is accurate. This is not true. After laking your money, the company may do little or nothing to improve your credit report- the company may vanish, but the information in

your file won't.
on books, music or video entertainment has caught your eye, the BBB warns that comparison shopping may prove these offers are not the best deals in town. There are many "clubs" that offer discs and video cassettes at discount prices with the added convenience of ordering from your own home. To attract members, they offer special introductory deals, such as 10 compact discs for one penny. Before you sign on the dotted line, the BBB recommends that you compare all of the advantages of
such club offerings. Most of these clubs use what is known as the "negative option" plan. They will notify you that they intend to send a book or CD unless they hear from you otherwise. These clubs provide a service to many
members, but before joining, the BBB advise that you understand your responsibilities as a club member first.
Great minds have
involved in several sports before they focused on one. Variety helps you gain different skills and avoid
injuries related to overuse and injuries rep
Whether children and teenagers engage in physical activity at
school, with the family, or through community programs such as the YMCA or Boy's Club, Hergenroeder betieves exercis
help build healthy lifestyles. "If you offer them enjoy opportunities for physical exertion they will be more likely to pursue it on their own," he said.

## Even a woodpecker

## cess to the fact that he uses his

## W.O.W. Magazine.

## Sa fest The safest rule for predictions is o be indefinite about the date. <br> to be indefinite about the date.

## sooner or

ThankYou
As a ship sails the sea, sailors pray for smooth water. As they steam through the nigft, emotions are high not $-k n o w i n g ~ w h a t ~ l i e s ~ a h e a d . ~ T h o s e ~ a t ~ h o m e ~ w a i t ~$ patiently for loved ones to return. As time passes, our sailors come home to stay until God is ready to take thiem to a better sea. The time has come for our sailor to take his last voyage. He hias gone to be with our Lord, never to face another rough sea. As we mourn his departure, friends and loved ones comfort us. So many people have taken the time to help us get through this difficult time. How can we ever thaitk you? 'A simple word of "Thanks" is all we can really say. But we do hope you know fow muck we appreciate everytfing everyone has done for us.

We would especially like to thiank Dr. MMcClanafian, Bailey County EMS, Deputy Don Carter and Iulian Dominguez (Mulesfioe P.D.). Having them as our special friends helped ease our minds in such tremendous time of need.

Thank you to Melody Lewis for the following poem.
"CHIEF WAD'NE HOLMES"
$\mathcal{H e}$ stood a man among men,
$\mathcal{A l w a y s ~ t a l l ~ a n d ~ u p r i g f i t ; ~}$
Afthough at times he could seem quite gruff, His bark was worse thian his bite. To his children a father adored, To his wife a sweetheart and friend To fis co-workers, and all of the town, $\mathcal{A}$ man on whom alf could depend. Now the Lord has called fiom forne, For he always takes the best; $\mathcal{H}$ 'll be gone but not forgotten,

As his badge is laid tic rest.
When the last goodbye is said,
And the last salute is given;
The Chiief will get a promotion,
He'll be guarding the gates of Heaven.

## News From <br> Bob Bullock, <br> Lieutenant Governor

Lt. Gov. Bob Bullock said that $\begin{aligned} & \text { officials before they vote for } \\ & \text { patently bad ideas like this," he }\end{aligned}$ Congress has saddled Texas and unworkable mandate by ordering the states to seek recovery of nursing home costs from the estates of deceased Medicaid
recipients.
"The id
"The idea is both impractical and heartless," Bullock said of the
federal requirement in the budget act passed by Congress last month.
"The very reason people are Medicaid in the first place is that
they are poor," Bullock they are poor," Bullock pointed out. "Obviously Congress doesn't realize that $y$
from a turnip."

The federal law orders states to ake legal action to recover the costs of state and federal money spent on Medicaid patients for
nursing home and other long-term nursing home
care services.
"Members of Congress--and that includes those from Texas--
ought to check with state and local SPORTSLOOK.
This week's Sportslook will
feature highlights of the Zia's performances in Dallas, Texas last weekend. The action will include Texas Woman's University and East Texas Stat University. An
Interview with Head Coach Mike Maguire is scheduled.
In addition, Head Football Coach Howard Stearnes will also be interviewed about the Greyhounds loss to Abilene Christian
University in Abilene, Texas last University in Abilene, Texas last
weekend as well as the team's weekend as well as the team's
outlook for their homecoming game against San Angelo State University. Also on tap will be the second half of an interview with new Greyhound Athletic Director Chris Gage.
Sportslook will also feature the scores of area high school football
and girl's volleyball games, and gir's volleyball games.
Sportslook airs Sportslook airs on Thursdays at
p.m. on KENW-TV.

Bill Clinton, U.S. president:
"This (health care progran In a letter to Burt Raiford,
ommissioner of commissioner of the Texas Bullock said that the federal law should be proven cost efficien before it is implemented. Texas would spend more than a half a million dollars setting up a recovery system with no assurances it would make any significant returns, Bullock said.
possible to lessen the financial burdens on any taxpayer-funded programs," Bullock wrote "however, the people in this

## Heredity?

A recent study suggested some may be predisposed to ho-mosexuality-that homosexual genes--heredity.
The claim was headlined on the front pages of the metropoli-
tan newspapers and USA Totan newspapers and USA To-
day. This top-priority play of day. This top-priority play, of a
single study, implied deviates can't help it.
Time magazine pointed out, however, in commenting, that many homos are cured and become normal--which indicates homosexuality is not immutable.
It's good to keep that possibility, too, in mind in today's mo-
mentum toward permissive rationalization of every thing from murder to sexual conduct.

John David Hamblen, D.D.S. Announces The Association of
Kelly S. Hamblen Vela, D.D.S.
For The Practice Of
General Dentistry
4501 50th St. Lubbock, TX 79414 806-795-7173

## Muleshoe Journal

 Established February 23, 1924. Published by Muleshoe Publishing Co.,Inc. Every Thursday at 304 W. Second, P.O. Box 449, Muleshoe, Inc. Every Thursday at 304 W. Second, P.O. Box 449, Muleshoe, Tx.
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Press Association, National :



ARTIST OF THE MONTH-Elsie McMillan is this month's Artist of the Month. She resides at Lubbock, to paint. I studied drawing with Pat Krahn and oil painging. I studied outdoor sketching and painting with Connie Martin. She was fun and criticized our drawing and painting so we could understand. She encouraged us to make the sketch and colors to be exciting and correct, and a strong point of interest to draw the eye." Others Elsie studied wain were Dr. Cavellero, Clarence Kincaid, and Tom Notestine. "They put you in the mood to

## CCC Workshop Focuses On AIDS Information

HIV/AIDS has become one of that a majority of these people were
the most prevalent and debilitating the most prevalent and debilitating
diseases in the United States, and New Mexico has not escaped the national trend. Rural areas in the state are showing the greates increase in the number of reporte Edge, a public health official with Edge, a public health official with
the New Mexico Epidemiology Office.
During Disability Awareness Days at Clovis Community Conlege, a workshop will focus on offered 20. from $1 \cdot 30-4 \cdot 30$ ednesday, Oct. 409 and from 7 to 9 pm in Town Hall. Rosalie Richards, coordinator of Disability Awareness Days, says the workshops will be presented by representatives from Ne New Mexico Health Densist of workshop will consists of basic HIV/AIDS information, and Part Two deals with social and emotional issues and features HIV-infected Richards at $769-4099$ for other information.

The presenters are members of the Education for Zero Infection Committee a statewide group assisting all school districts to meet minimum requirements for HIV/AIDS education. The school curriculum was mandated by the State Board of Education Regulation No. 87-11
increased public awareness of spread is vital to the program. HIV/AIDS prevention education remains the most effective and powerful tool in stopping this epidemic, according to an education program consultant with the New Education.
The first AIDS case in New Mexico was reported in 1981. In August 1993, the total had risen to 822, and of that number 426 hav in both Curry and Quay Count and two in Roosevelt County, $2000-3000$ people statewide infected.
tate health statistics show the ate of AIDS cases is growing fastest among women, adolescents and young aduits. ADS is now Il adults between the ages of 25 and 44. Given the average ten yea

## GLOVE SOFT!



Soft cowhide
upper, cushion
upper, cushion
insole and urethane wed sole. Easy-going Dunoon comfort
 The Fair Store 120 Main 272-350C Recting probably infected during their
Free Poetry Contest A $\$ 1,000$ grand prize is being sponsored by Hollywood's Famous sponsored by Hollywood's Famous
Poets Society. Open to everyone, the contest boasts ten cash prizes totaling $\$ 2,500$. The deadline for entering is October 20, 1993. Winners will be notified by December 1, and a winner's list ent to all entrants.
Says Poetry Editor Martha only one poem or have never entered a poetry contest before, this is your big chance. I expect this competition to produce exciting
discoveries!" discoveries!"
To enter, send one poem 21 lines or less to: Free Poetry Contest,
7095 Hollywood Blyd. Suite 730 7095 Hollywood Blvd., Suite
Hollywood, California 90028 2 cups sliced celery 1 teaspoon ground black pepper
1 teaspoon dried tarragon
$1 / 3$ cup white wine vinegar
2 tablespoons suga
Salad greens greens. Makes 4 servings ( $1 / 2$ cup each)
DRESSING RECIPE:

White Bean Pistactio Salad Vinaigrette
1 can ( 15 oz ) white beans, drained \& rinsed ( $11 / 2 \mathrm{cups}$ )
$1 / 3$ cup shelled natural California pistachios, coarsely chopped
2 tablespoons fresh thyme leaves or $11 / 2$ teaspoons dried thyme

Combine all ingredients except salad greens; toss well. Cover and chill for 1 or 2 hours to allow flavors to blend. Serve on beds of salad
.Combine 2 tablespoons honey, $21 / 2$ tablespoons Dijon mustard, 3 tablespoons red wine vinegar, 1 egg white, $11 / 2$ teaspoons dried oregano, (crumbed) and $1 / 2$ teaspoon garlic powder. Makes $1 / 2$ cup.


## Creative Living

Intormation on pistachios and Intormation on pistachios and
salads and contemporary applique ideas will be the featured topics on "Creative Living" on Tuesday October 19th at 12:00 and Saturday, October 23rd at 2 p.m. (All times are Mountain). "Creative Living" airs on public broadcasting
station, KENW-TV, from Eastern New Mexico University in Portales, NM.

## Allsup's Fall <br> Roadraces Sets Date

the lovis, NM will be the site of Roadraces. On October 30, 1993 running enthusiasts from across the Southwest will compete in what
has become known as one of New Mexico's friendliest Roadraces. Unique to the Southwest Allsup's Fall Roadraces offers runners a choice of competing in either a half-marathon, 10,000 meter run, 5,000 meter run or 1 mile run. All races will begin promptly at 8 a.m. (M.S.T.) at
same location. Running surfaces are flat, fast asphalt throughout the course.
Trophies will be awarded to the 1 st 3 male and female finishers in each race and age group. All finishers will receive a specially designed long sleeved T-shirt and eligible for post race drawings.
Entry fees are $\$ 8.00$ if registered
before October 29, 1993, and $\$ 10.00$ after October 29th. Entry forms are available at any Allsup's Convenience Store or by contacting
Allsup's Roadraces, P.O. Box Allsup's Roadraces, P.O. Box
1907, Clovis, NM 88102-1907 phone 505-769-2311 ext. 100.

Running Water Draw Arts e Crafts Festival To $\mathcal{B e}$ Held The 19th Annual Running Water Draw Arts \& Crafts Festival will be held in the Ollie Liner Ag.
Center in Plainview from Oct. 15 through Oct. 17, 1993. The through Oct. 17, 1993. The
Festival brings together over 100 artists and craftspersons from throughout the Southwest. During the three days over 7,000 people will attend. All items for sale are handmade by the exhibitor Jewelry, pottery, clothing furniture, quilts, afghans, and numerous country crafts ar included. Original artwork in oil
watercolor, and acrylics are offered. This is sponsored by the Plainview Rotary Club. Proceeds from the sales are used to support numerous charities and civic activities supported by the Rotar lub and to provide support for Wayland Baptist University.
The Festival will be open on Friday, Oct. 15 from Noon to 8 p.m., Saturday, Oct. 16 from 10:00 a.m. to 7 p.m.; and on Sunday Oct. 17 from Noon to 5 p.m. The first Running Water Draw Art Exhibition features artwork States. The art exhibit will be judged and awards will be given. Stacy Wood, representative of the
California Pistachio Commission in Fresno, CA, will demonstrate some simple salads incorporating pistachios. Wood's segment is titled "Salads on the Go.
Another guest, Mary Another guest, Mary Mulari, will demonstrate contemporary
trimming ideas for clothing in order to add interest and turn plain clothes into designer wearables. Mulari's business is Mary's Productions, and she's from Aurora,
MN. The aplique ideas will come MN. The applique ideas will come from two of her books featuring
applique ideas and patterns. applique ideas and patterns. On Tuesday, October 19th at 9:30 p.m. and on Thursday, October 21st at 12:00 "Creative Living"
will demonstrate computerized hair imaging and talk about food gift giving.
Ritchie Reid is the owner of

Exclusively You in Clovis, NM, and she eliminates many of the fears you have when you decide to cut, style or color your hair.
Another guest, Teresa Douglas Mitchell, will show som spectacular food gift ideas for various holidays and other specia occasions. Douglas-Mitcheil is the Champagne in Guerneville, CA. "Creative Living" is produced and hosted by Sheryl Borden. The show is carried on more than 100 PB stations in the United States, Canada, Guam and Puerto Rico an s distributed by Pacific Mountai request copies of materials offere the show by sending one 2 cent stamp for each handou requested. Send the stamps, along with your name, address and booklets requested to:

Creative Living" Requests ${ }_{52}$ \% KENEAdcast Center 52 Broadcast Center
Portales, NM 88130

## Thank You

The Family Of Shonda Mitchell Elledge Extends Sincere Heartfelt Thanks To The Many Friends And Acquaintances Who Have Given Of Themselves In Expression Of Sympathy Your Actions Have Been Uplifting

And Will Be Remembered.
The Family of Shionda Mitchell Elledge


" 601 MAIN STREET CLOVIS, N.M. 88101 INC. PHONE: (505) 763-7121

Symposium To Address Issues of Adolescent Sexuality
"Choices for Change," a
symposium to address the critical
issue of adolescent issue of adolescent sexuality, will
be held Oct. 20 from $9: 30$ am until 3 p.m. in the Haskell Civic Center. With alarming statistics teen pregnancy, the Rolling Plains 4-H Program Development Committee outlined plans to bring together professionals who are trained to deal with this issue. be presented of the problem will Rasco, professor Dr. Marianna Rasco, professor and chair of the
Department of Home Economics Department of Home Economics Christian University, Abilene.
concurrent workshops. Each participant will attend two of the * AIDS an * AIDS and sexually transmitted diseases will be addressed by Dr in Haskell, and Eloise Garcia, LVN and health educator with the Wilson Family Planning Clinic i
Witchita Falls;

* Abstinence Education will be the topic of D'Ann Pierce, Texa Education Program in Spur * Re」ponsible sexuality topic Janet Yeates, professor and 4.


## H and Youth Development

 Specialist, Texas Agricultural Extension Service, CollegeStation. Her workshop will show curriculum and teaching aids to build self-esteem;

## Communication and

 collaboration will be addressed by Dr. Martha Couch, professor andExtension 4-H and Youth Extension 4-H and Youth
Development Specialist, Texas Agricultural Extension Service, Lubbock.

Keynote speaker during the catered luncheon will be Dr. Terry Urnosky, Life Changes Ministry, Lubbock. Then a panel of speakers
who have had success with local programs will share ideas. programs Thibodeaux, assistant director for $4-\mathrm{H}$ and Youth Development with the Extension
Service, College Station, will Service, College Station, will
moderate the panel and summarize the symposium.

Registration forms for the program, sponsored by the Extension Service, are available at county extension offices or the Rolling Plains Extension Distric office in
registration fee includes the registration fee includes
luncheon and a resource guide.
West Texans Invited To Exhibit

- Opening And Book Signing

A special invitation has been Cowboy Artists of Americ Museum in Kerrville, Texas to attend the grand opening of a new exhibit entitled "The Art of the OS Ranch". The opening will be held Camelot-The Art of Ken Riley
scheduled at 2:30 p.m. Mr. Riley scheduled at $2: 30$ p.m. Mr. Riley signing.
The Cowboy Artists of America Museum is open Tues.-Sat. from 9-5, Open Sunday from 1-5. Closed
holidays. Admission $\$ 2.50$ for holidays. Admission $\$ 2.50$ fo
Adults, $\$ 2.00$ for Seniors and $\$ 1.00$ for children. Call $210-896$ 2553 for more details.


Leslie Danielle Macias
Christy Garcia and Marcos Macias of Seminole are proud to announce the birth of thei daughter, Leslie Danielle, born Monday, October 4, 1993 at 11:04 a.m. She was born at Clovis
Regional High Plains Center and Regional High Plains Center and
weighed 5 pounds and $71 / 2$ ounces at birth.
Proud grandparents are Janie and Prospero Macias, of Seminole and Mary and Alex Garcia of Muleshoe. Great-grandparents are Arminda and Joe. S. Orozco and Patricia
Orozco, great-great-grandmother, all Orozco, great-g
of Muleshoe

## Brett Glen Henry

 Mike and Monica Henry ofLubbock are proud to announce the Lubbock are proud to announce the
birth of their son, Brett Glen, borm Sept. 24 th at $7: 58 \quad \mathrm{a} . \mathrm{m}$. in Methodist Hospital. He weighed 8 pounds 7 ounces and was $211 / 2$ inches. He has a brother, Blake, age 9 and one sister Haley, age 6. Grandparents are Curly an Marcia Mardis of Hereford and
and Glenda Dale of Muleshoe. and Gienda Dale of Muleshoe.
Great-grandparents are Mrs Selma Smith of Granite Shoals, Mrs. Dorotha Dale of Abernathy and Mr. and Mrs. Clyde Henry of and Mr.
Canyon.


Attend the 19th Annual Draw
Arts and Crafts Festival October 15-17, 1993 Ollie Liner Center Friday 12:00 p.m. to 8:00 p.m. Friday 12:00 p.m. to 8:00 p.m.
Sanday 10:00 a.m. to 8:00 p.m. Sunday 12:00 p.m. to 5:00 p.m. Buy Something Original
This Year"

[^0]Workshop To Empfiasize Role Of Family In Diabetes Care their families will emphasize the of a diabetic, the higher the rate of
the patient's medical compliance their families will emphasize the according to Arlene Guccione diabetics.
The University Medical Center preventive medicine program will
present "Families At Risk: Diabetes" Oct. 12, 19, and 26, 5:30 p.m. to 7 p.m., at the City of 2001 19th Street. Sign tup sheets are available at all city senior are available at all city senior
centers or by calling 743-1683. The workshop will consist of three two-hour sessions, focusing
on various aspects of diabetes, such on various aspects of diabetes, such
as the consequences of uncontrolled as the consequences of uncontrolled
blood sugar and making choices blood sugar and
when eating out.
Studies show that the more program.
This means that there is higher chance of that patient taking hutrition and life with diabetes an that is always a good thing, Guccione said. She said there is strong evidence in who develops diabetes. "If one person develops diabetes in a family, there is a strong chance that other relatives are also at risk for having diabetes. It's importan hat people learn the signs of ncontrolled diabetes just in case

## West Texas $\mathfrak{N}$ Native

 American Walk..
## the West Texas Native American Association Second Annual Memorial W October 10. The walk started at the Ranching Heritage Center in the museum parking lot at 4th and Indiana and ended at Lubbock Lake Landmark Site picnic area. The walkwas about two miles. This walk is in about two miles. This walk is in honor of our ancestry, culture and heritage. The S <br> Second Annual West Texas Native American Association Arts 16 from 4:00 to $9: 00 \mathrm{p} . \mathrm{m}$. at the Garden \& Arts Center, Lubbock, Texas. It is an exhibit to show the Texas. It is an exhibit to show the general public something about Native American culture and arts and crafts. <br> We are currently working on putting together a traditional putting together a traditional gathering for the association. West Texas Native American Association was formed about a year and a half ago with four purposes: <br> To provide fellowship to all Native Americans and interested Native Americans and interested non-Native Americans Ton-Native Americans. To edu awaress, To Pres <br> To teach and educate aboul traditional ways of conservation. Although the association strives to teach culture and tradition, they are not a protest group. Native Americans are still involved in negotiations with the governmenttreaties that were signed 100 years ago are still in effect today. The members may talk about this among themselves but they take no political stand as a group. Each person has a right to his or her own opinion but not to speak for the whole association. As happens. with any new organization WTNAA has.had its

reconstructed our meetings. The
fficers now meet once a month to set the agenda for the next meeting of members. The officers meeting is followed by an open meeting which can be attended by any and all members. At this meeting new
business is brought up, thoroughly business is brought up, thoroughly
discussed and presented at the next meeting of members. The Saturday meetings are used for a "short" business meeting and the rest of the time will be used for education in many areas, such as learning to dance, native crafts, making
clothes, assisting persons who are lothes, assisting persons who are
researching their culture. During the business meeting volunteers take the younger members aside for Native American Indian stories and We have 175 persons who have attended meetings, 65 of whom are
paid members, which represent 23 ribes, bands, and clans. Most of the Native Americans in the group are from Southern or Southwestern tribes, but a few are members of
tribes from farther north and east tribes from farther north and east.
We have several non-Native Americans who attend simply because they are interested. in learning about and preserving ative Americal calture can attend the meetings, non-Native
Americans have to attend a number of meetings in order to be voted in
as a member. If you are one as a member. If you are one-
sixteenth or more Native American, sixteenth or more Native American,
you do not have to be voted in. All you have to do is reques If you are (or think you might
be) Native American Indian, the association will assist you in researching your culture and put you in tou
authorities.

## authorities

When the 65,877 Native
American Indians living in Texas apply for jobs, register for school or even sign up for organizations, often there is no place for them to ups and downs. We have recently



## Two of our $1 / 1 / \mathrm{lb}$ all-beef Hungr-Busters*

two fries and two drinks! All for one low price! On Sale at Dairy Queen ${ }^{\circ}$ October 4-17, 199


MULESHOE BANDS PERFORMS-All members of Muleshoe bands took on a large crowd as they performed on stage Tuesday evening,
presenting an overview of their marching criteria. (Journal photo)
register their heritage. Instead statement of the philosophy of register their heritage. Instead statement of the philos
categories for "black, white, Native American Indians. Hispanic or other" fill the form. We check "other" and we write in "Native American Indian". There are 4,575 registered Native
Americans within a two Americans within a two hour
driving range of Lubbock. WTNAA meetings are held on the second Saturday each month at 7:30 p.m. unless otherwise notified. WTNAA is currently meeting at the
Municipal Garden \& Arts Center, Municipal Garden \& Arts Center, We would like to see all 4.575 . We would like to see all 4,575 at ee meetings.
If you are interested, please attend
meeting or write to West Texas Native American Association, P.O. I have heard Grandmother's voice. What you have leamed, share with your children. The Earth that is beneath our feet does not belong to us. We belong to the Earth. The Earth is our Mother. The fate of Mother Earth is also the fate of our
Sons and Daughters. We must walk as one and leave to them a world better than the one that was left to

The chief fault of the party system is that we never manage to get Independent, Ashland.


## KENW-TV

Public Television

## The Breast Care Test



## Health.

## the security of knowing that they

 will always be covered. organizes the private market forhealth insurance to create incentives for health plans to compete on the basis of quality, service and price. The Act builds on our employe based, privately financed system of health care. Employers and consumers will band together in large purchasing pools to in the marketplace. Health providers will be forced to compete for business, leading to lowe prices and improved quality. This will shift the power of the and their employees.
and their employees.
Implementation will be managed at the local level by employers, employees and the states. This will
create flexibility at the state level create flexibility at the slate level
for employers and employees to design and control the local health care system. An independen
National Health Board will act as the board of directors for the health care system, setting national
standards for comprehensive standards for comprehests. quality and costh plans must meet national standards on coverage, quality and access to conditions, opening the way for local innovation within a national framework.

Under reform, employers
ntribute 80 percent of the insurance premiums, calculated on the weighted average premium Under the Health Security Act employer contributions insurance premiums are capped at 7.9 percent of payroll. The cost of
providing health coverage declines providing heath coverage declines
for most firms that currently provide insurance. Smaller
businesses (those with fewer than 50 employees) with low wages will receive discounts of between 30
percent to 80 percent compared to percent to 80 percent compared to
what the average big business pays. Employees pay the difference and the premium of their chose health plan. If they choose a plan that charges an average premium, they may pay up to 20 percent,
unless their employers choose to unless their employers
make a higher contribution. The plan will reduce mos costs. The present system is inequitable and unfairly penalizes
companies currently providing companies currently providing
health insurance to their employees. The Health Security
Act seeks to lift that burden. It will
inject fairness into the system,
shifting power in the marketplace in favor of employers and their employees.
Every employee will receive their own Health Security Card which
will provide access to high quality. will provide access to high quality.
comprehensive health care that can never be taken away

## Flu..

take advantage of the HHS decision. Sapp, Executive Director of the Texas Department on Aging. "Now our senior citizens and others on
Medicare can receive the Medicare can receive the flu and pneumonia vaccines during an
office visit or hospital stay without worrying about the costs," she said. "We are excited about our first time participation with the coalition to heighten awareness of the Approximately 1 getting a fiu vaccine. Approximately 1,000 senior citizen
centers have received free educational flu materials. Together we can all help spread the word."
For more information, call the American Lung Association at 1 -
800-LUNG-USA.

Muleshoe
cowboy fixings will be served.
Admission for the dinner will be Admission for the dinner will
adult $\$ 5.00$ and children $\$ 3.50$.
Muleshoe City
Police Report the past week. Two persons were
arrested for public intoxication, one for speeding, one for intoxication, two for no drivers license, one for speeding, four for issuance of bad checks, one for no proof of
liability, and one on a DPS liability
warrant.
The police also investigated the
following complaints: one crimina following complaints: one criminal
mischief case, one forgery incident, one case of making an alcoholic beverage available to a minor,
burglary of a motor vehicle. burglay of a mor vehick. Also, one theft case, two
harassment charges, one burglary of mischief incidents.

Improved Survival Rates The American Cancer Society
reports that the five-year survi-
val rate for early, localized reports that the five-year survi-
val rate for early, localized
breast cancer has risen from
$78 \%$ in the 1940 's to $87 \%$


Fall Specials
404 Columbia Call Neal Gillespie At 296-2672 Requires 1 Year Activation Cell 3

2600 Motorola Mobile Phone \$59.99
*Installation Not Inlcuded
*Three Year Warranty

- 10

St -

## letter 10

 The 代ditorOctober 8, 1993
Re: An appeal to the editor by the
people most affected by Proposition
Dear Editor,
Imagine, if you will, what would happen to your community if the of the real property in your town. Bankers would soon realize their loans were not properly secured. Businesses would be reluctant to disputed community. Family farms may fail because one-third of their collateral was determined to be the states domain. All this can be neatly and swiftly accomplished with a broad stroke of the legal pen
moved by the strong arm of the Land moved by the strong arm of the Land
Commissioner. Imagine also the anguish and fear that the senior citizens of your community would
feel! Proposition 3 could be about your community, but this time it is about ours, If the state can act upon title
discrepancies which occured before there was a Texas, what community is safe and what community is ripe for a LAND GRAB?
Proposition 3, if passed by the hands of the voters, will cure our land problems. To the hundreds of families, two churches and local
school system the voters are our last school system the voters are our last
hope. The editors of this states newsmedia are our last and best hope
of educating the voters. Please of educating the voters. Please review the information enclosed, it
says best what Proposition 3 is and says best what Proposition 3 is and
from a historical prospective why it from a historic
incerely, Don Simpson
Vote FOR Proposition 3 on November 2

There is a small farming community in Texas where life is
quit and people work hard. Most of us can trace our land back to the times when Stephen F. Austin But all this changed when an Oil Company wanted our land to look for Oil and Gas. To get what they wanted, the Oil company appealed to the State Land Office, promising a $1 / 3$ interest in the production. All the State Land Office needed to do
was to accuse the Mexican Government. Stephen F. Austin, and Government. Stephen F. Austin, and
members of Austin's 1st Colony of inappropriately handling Deeds
during the time the Mexican during the time the Mexican
Government was Deeding land to the Govermment was Deeding land to the
early Texas Settlers. The Land Office then moved to award a "Protective Lease", to the
Oil Company under questionable authority, and clothed the maneuver as a right of the State Land Commissioners Office in its role as custodian to the Permanent School Fund. Reaching back on another
ruling, the Land Commissioner determined that he could evoke Sovereign Powers of the State, and take the land away from its owners without Due Process.
168 years; the the fact that for whose descendants settled this land whose descendants settled this land,
fought and died for its independence fought and died for its indepentence establish the State of
and Texas, and having relied upon two (2) State Supreme Court rulings in the 1850's which "Quieted all claims to Title in the Austin Colony", they now find themselves in a drastic
condition.
condition.
Now Titles have been clouded,
PAYLESS PERFILLUP.

farmers no longer can get loans tor
operation costs and the land we have
paid taxes on for paid taxes on for over 160 years is in
jeopardy of being taken away by the jeopardy of being taken away by the
State. When the Texas Legislature state. When the Texas Legislature
was made aware of this situation, they moved unanimously to pass in both the House and Senate, a resolution to provide for a proper
disposition of this wrongful act disposition of this wrongful act.
There was not one dissenting vote ecorded throughout the Bill process. Constitution and provides relief for the Farmers, and a victory for all Texans. It is important to note that
even the Land Commissioner's Office now endorses this Don't change 168 years of Texa history. Please help us get our land back! Do what is right and help save

Real Estate
Mandatory
Course Offered South Plains College will offer a
15-hour mandatory continuing education course in real estate Nov
The class will meet 8:30 a.m 5:00 p.m. both days in the SPC Technical Arts Building, room 121 cost is $\$ 60$, which
tuition, fees and materials.
The course has been approved by the Texas Real Estate Commission for 15 hours of mandatory
continuing education credit including nine hours in lega topics.
The course is offered for persons needing to complete continuing education credit for license renewal
Instructor is AI Sechrist Instructor is Al Sechrist, who Leachelland and Lubbock campuses. To reserve a place in the clas contact the SPC Continuing Education Office at 894-9611, ext.

## NFIB/TEXAS WEIGHS

## IN ON SIDE OF

 PROPOSITION 2usiness state's largest smallannounced its support for Proposition 2, the proposal to equipment from local property axes. "Of the 16 constitutional amendments on the November ballot, only Proposition 2 will help preserve jobs and clean up the environment," said Robert Howden, chapter of the National Federation of Independent Business.
"The soaring cost of complying
with federal and with federal and state environment regulations threatens to bring tens of thousands of small Texas businesses to their financial knees,"
Howden said. "Prop 2 is our best Howden said. "Prop 2 is our best
hope for reducing these costs in the hope for reducing these costs in the stay in business."
New federal clean air standards alone will affect more than 60,000 small firms in the state, according to the Texas Natural Resource
Conservation Commission. Compliance is expected to cost them more than $\$ 1$ billion in capital investments, increased operating costs and administrative expenses.
Dry c

Dry cleaners, service stations, auto garages and bakeries will be hit especially hard by the new
standards, Howden said. "Their only slandards, Howden said. "Their only
options are to buy expensive pollution control equipment or to shut down." He noted that "coming up with the cash to buy the equipment is extremely difficult
because it won't make the business because it won't make the business
more profitable. That's not the kind more profitable. That's not the kind
of investment local bankers or outside investors are looking to make."
Prop
Proposition 2 won't help small
firms round up purchasing capital firms round up purchasing capital. "But at least they wouldn't get
slapped with annual tax bills, on top of purchase payments, for equipment they're
buy," Howden said.
Proposition 2 would not take effect until January 1, 1994, so no property now being taxed would be
removed from local tax rolls. "It removed from local tax rolls.
would not undercut property tax

## (i) Golden

It matters n
live, but how we Live with men as if God saw you; converse with God if men you; conve.
heard you.
evenues one whit," Howden said All it would do is ease pressure to
raise consumer prices in shops seeking to recoup their nvironmental protection costs." NFIB/Texas is the latest, and largest, business group to join the
Clean Texas Coalition, a broad based organization that includes organized labor, environmental roups and state and local officials. It's not often that business, labor and environmentalists agree on how

Fort Bend County State
Representative Asks For Texas Voters Help

A Fort Bend County state representative is asking the voters
of Texas to correct a technical oversight and return the ownership of their land to 140 families, two churches and a school district in Fort Bend and Austin counties.
State Rep. Huey McCoulsey State Rep. Huey McCoulskey, D
Rosenberg, says that when Tex voters go the polls on Tuesday voters go the polls on Tuesday,
Nov, 2 to consider a number of Constitutional Amendments, one of the proposed amendments, roposition 3, will deal with state Wnership in 4,428 acres in For Bend and Austin counties.
The land in question was Mexican land grestiont, McCoulskey aid, which was partially voided under Mexican law prior to Texas becoming a republic. After Texas won its independence from Mexico, ownership
The one-third state ownership in
the 4,428 acres was discovered in 1991 during a routine title search for mineral rights. In that search McCoulskey said, it was discovered that one of the Mexican grantees had not fulfilled ownership land were voided.
Since all state land which was not designated for other purposes wa made part of the Texas Permanen School Fund in 1900, McCoulskey says that in the eyes of the state,
one-third of the Austin and Fort Bend acreage has been a part of the fund for 93 years.
In March, 1992, McCoulskey said Ine Texas General Land Offic informed the disputed land-owners of the possibility of a state clain
heir land
McCoulskey pointed out that Texas Land Commissioner Garry Mauro has not as yet officially laid
claim to the land, but that he would have no option if Proposition 3
fails. fails.
McCou
McCoulskey pointed out the state
has not claimed the land since has not claimed the land since
1824. He said the May 1993 issue of Texas Monthly asserts the state even "technically purchased land from itself" for highway right-of-
ways.
McCo McCoulskey said Proposition 3 passed both houses of the approval by a simple majority of Texas voters would "instantly cure the legal deficiencies" in the land ownership. "If Proposition 3 is rejected, it will mean complete devastation to
140 families and two church congregations and could mean large tax increase for the patrons of the Wallis-Orchard Independent School/District, which has its high school and stadium facilities on the disputed land," McCoulskey said.
"I urge all voters in the state vote for Proposition McCoulskey said.

Benefits of Mammography Mammography, a low-dose $x$ can find cancers too small to be felt by a woman herself or by
the most experienced physician. most experienced physi-
ciagraphy also reveals other changes in breast
tissue that could mean very

## early cancer, says the American

IRA?
Check with
State Farm

Wayland Harris Services Held Services for Wayland Harris, 68 , of Muleshoe were held at 2:00 p.m.
Monday, October 11, 1993, at the Ellis Funeral Home Chapel, with Gary Montgomery and Curtis Shelburme officiating.

Burial was in Muleshoe Memorial Park Cemetery, under the direction of Ellis Funeral Home, Harris died October 8, 1993 He was born June 23, 1925 in Plainview, TX. He married Evelene McMahan on July 15, 1956 in Muleshoe, TX.
Mr. Harris had
Mr. Harris had been a Muleshoe
Volunteer Fireman years. He had lived in Muleshoe

- since 1929, moving here from White Deer, TX. He had worked for Five Area Telephone Co-op in Muleshoe for 30 years before his 1 reirrement. He was a member of he in Muleshoe.

Survivors include his wife, Evelene Harris of Muleshoe; one son, Kennent Harris of Lazbuddie, Willian daughters, Sharo Williams of Lubbock, TX, Cynthia Cargile of Muleshoe TX, and Denna Bass of Plainview, TX. one brother, Roy Harris of Plainview TX; one sister Vivian White of Muleshoe; and eleven grandcliuluren
The family suggests memorials to your favorite charity.

## Patients In Muleshoe Area Medical Center

CRER 8, 1993 Darrell Kennemer, Jack Templa Ona Porter

OCTOBER 9, 1993 Edith Lee, Grace Scarbrough, W.C. Harlan, Darrell Kennemer, Jack Templar, Ona Porter
Jessie Lopez, Grace Scarbrough - Edith Lee, W.G. Harlan, Darrell Porter OCTOBER 11, 1993 Jessie Lopez, Grace Scarbrough, Edith Lee, W.G.Harlan, Darrel

## Letter To The Editor

October 9, 1993
Editor, Muleshoe Journal,
From the October, 1993 VFW Brom the October, nine other veterans who are personal friends, I am protesting the relocation of Iraqi POWs who have been sneaked into the U.S. by the Clinton Administration and given all the benefits of U.S. citizens. And at the very time when
veterans are being told there is not enough funds for medical care" (Quoted from Letters to the Editor Column). This was followed by the VFW Editor's Note: 1,000 Iraqi ExPOWs have already been resettlec in the U.S. Another 3,000 are scheduled to be brought here at taxpayer's expense. The campaign
to have the President issue an executive order denying refugee status to additional Iraqi soldiers still in detention in Saudi AraBia is being spearheaded by Rep. Donald A. Manzullo (R-I11.). A bipartisan group of 75 members of Congress
sent a letter of protest to Clinton in August." End of quote.
Augut.
This article and numbers are very
deceiving. It leads people to believe that all this started with President Clinton, which is absolutely wrong. The first Iraqis to enter the U.S. under this program was Bush was still in office. It is evident that Bush set this whole scheme in motion. If the editor of the VFW was fair, he would state when it started, how many Iraqis were brought over here under Bush and how many under Clinton. It seems that he was more interested
in bashing the Democrats and Clinton than being fair. Check with your Congressman about when this was started. Where was Cong. Manzullo and the others when the first ones were brought over here? They should all be fair
and quit trying to deceive people and quit trying to deceive people
that this was President Clinton's idea. Please write your Congressman to protest bringing any more Iraqi POWs to the U.S.

## Very truly yours,

Nolan H. Harlan P.O. Box 822
Bula, Tx 79320

Chin says U.S. mus

## Summit To Explore Texas Agriculture's Future

Agriculture leaders will look
beyond the industry's traditiona segments during the first-eve Texas Agricultural Summit Oct. -28 in College Station.
The summit will explore solutions to the expected hot issues of the 21st century: changing world markets, managing business changes, the environment technology, public policy and innovative leadership.
"To make wise decisions regarding new priorities and
resources we need understanding of the changes that understanding of the changes that Dr. Ed Hiler, vice chancellor and dean of agriculture at Texas A\&M University.
The A
The Agriculture Program at
Texas A\&M is Texas A\&M is organizing the
summit, which will rely summit, which will rely on input Blue Ribbon Committee chaired by Plainview banker John C Anderson.
Texas Speaker of the House Pete Laney, D-Hale Center, will be the luncheon speaker on Oct. 27. On
Oct. 28, Texas Agriculture Commissioner Rick Perry will address the state's role in the changing industry. U.S. Rep. Charles Stenholm, D-Texas, will alk about the federal issues that will impact Texas agriculture in the future.
Repres
Representing consumer concerns will be Amy Barr of the Good
Housekeeping Institute. Josh Harr, vice president of research at Sandoz Pharmaceutical Co., will discuss lechnology development. Speakers for the remaining issues will be named soon.
"We are atte
summit are attempting to build this summit around the industry and
educational institutions, and Texas producers certainly are encouraged to attend, " Anderson said. "We plan to involve all segments--especially the traditionally non-agriculture components. In my opinion,
agriculture has had a big void agriculture has had a big void
because it has not tried to meet and work with people representing other viewpoints."
Andersor said preparing for these
economy as the 21st century nears because agriculture is the No. industry in Texas. The industry will remain strong only if Texas farmers and ranchers produce fo consumer demands and desires, and if consumers have a bette requirements and problems, he said. The summit will tap many segments of society and will involve the state's institutions of higher learning.
Hiler said
Hiler said colleges and universities need to understand the demands and desires of society in
order to direct education, research and programs to meet those expectations.
step summit is an ambitious step toward achieving new movement and direction for Texas agriculture," said Dr. Gene Nelson,
agricultural economics department head and summit planning committee chair.
Nelson said groups have been formed to prepare issue statements for consideration at the summit. These statements will identify
define and document define and document the high
priority issues for resolution and priority issues
"Just as a diplomatic summit brings leaders of nations together we intend to involve Texas' leaders to bring their expertise and viewpoints to the table," Nelson
added will extend beyond the October meeting.
"The trends and issues identified, as well as any conclusions reached during the summit, will be disseminated throughout the state
and to federal agencies," Hiler said. Organizers plan to follow up on summit conclusions with a series of statewide meetings at the beginning of 1994. If talks proceed as expected, organizers said, a strategic plan with specific goals
will be developed to benefit Texas will be developed to benefit
agriculture and its consumers. "This is a big, brave, bold for agriculture," Anderson said. "But we won't accomplish anything in Texas if we don't try."

## (1993, Page 7

## Managing Stress

What do you think of when you Awareness of stressful situation hear the work "stress?" Stress, quite can help solve the problem. Listen simply, is the way you react to your body, headaches, stomach physically and emotionally to change. Like change, stress can be
either positive or negative. Stress may be the sense of concentration you feel when faced with a new and challenging situation or it may be the vague sense of anxiety you feel after "one of those days!" In any case, you can learn to manage
stress so that you can be in control. Positive stress can help you to concentrate, focus, perform, and can often help you reach peak efficiency. Many people do their best work when under pressure.
Then, when the challenge has been Then, when the challenge has been
met, they take the time to relax and met, they take the time to relax and
enjoy their achievements. This relaxation response allows them to build up the physical and emotional reserves to meet the next challenge. This is one of the key elements of positive stress.
you stay "geared-up" negative when you stay "geared-up" and do not or
cannot relax after meeting the cannot relax after meeting the
challenge. In today's world, where many situations can "push your buttons," it's no wonder some people think stress is a way of life. Unfortunately, when stress
becomes a constant, ongoing cycle becomes a constant, ongoing cycle,
your health and well-being can suffer. "Negative stress has been linked with many physical ailments from tension headaches to heart attacks," said Wanda Young, education coordinator at Methodis Hospital. The good news is that
stress does not need be hazardous to your health. You can learn to manage the stress in your life. Stress is a fact of life, not a way of life. The first step in learning to control your stress is to be able to aches, tensed muscles and cold or
clammy hands are all sign of stress You can break the cycle of negative stress by learning ways to help stress yourself. Practice simple relaxation techniques on a regular basis to give yourself a chance to unwind. A positive attitude and
lifestyle are also stress management.
Relaxation techniques:

1. Deep breathing- by inhaling deeply and allowing your lungs to breath in as much oxygen as possible, you can begin to reliev negative stress. that lead to th negative stress.
2. Clearin
allowing yourself to mentally focus on a single peaceful word, thought or image, you can create a feeling of deep relaxation.
3. Stretching- one of your automatic physical responses to stress is muscle tension. A simple
way to loosen up tight muscles and combat stress is to do stretching exercises.
In today's hectic, fast-paced world, stress is part of life, a part you can control. You start by becoming how you feel when under stress Then, by using simple relaxation echniques and developing positive attitude and lifestyle, you can manage your stress.

## Smiles

Lonesome He--What is home
withouta mother? She--I am, tonight.


# BC Produce Takes On Carrot Harvest 



Juan Garcia, plant foreman, displays this giant carrot. Carrots of all sizes and shapes can be found.
 The carrots are dumped from the trucks onto a cement pallet where they are washed with a large stream of water coming from this giant hose The neck of the hose can be manipulated by the man on the catwalk.


The conveyer belt is constantly monitored by these employees as the
The conveyer belt is constantly monitored by these employee
carrots travel to the next step of processing. (Journal Photo)


Sometimes the carrots are bagged and placed on crates for shipping. (Journal Photo)


Sometimes the carrots are loaded by bulk onto trucks to be sent to processing houses down state (Journal Photo)


## CLASSITFIEDS $25^{2}-4536$





[^0]:    Something
    This Year
    Committee
    Plainview Convention \& Tourism Committear

