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'The Community Of Opportunity-Where Water Makes The Difference

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The New Health Security Act-**Pro Or Con?**

"The Health Security Act preserves our employer-based. privately-financed system of health care. It will control the costs that are hurting American businesses' ability to compete. And it will help small business owners provide affordable insurance for themselves, their employees, and their families," states President Bill Clinton on the new Clinton Administration's health care plan.

"Every American must have the security of comprehensive health care benefits that can never be taken away. That's what our health plan is all about. America's private sector is known for its ability to create permanent, productive, private-sector jobs, and offers many benefits including health care coverage, to workers. But that ability has been threatened in recent years by rising health care costs," he adds.

Clinton believes that the Health Security Act will reaffirm an American principle: that the highquality health care system should be rooted in the private sector and should respond to market forces.

He also states that the Health Security Act preserves our employer-based, privately financed system of health care. That it will control the costs that are hurting American businesses' ability to compete. And it will help small business owners provide affordable insurance for themselves, their employees and their families.

He goes on to say that the battle for health care reform will be fierce. The special interests who benefit from the current system will try to drown out your voice and keep us on a road that will only increase your costs and decrease America's competitiveness.

"If you speak out and together we accept the challenge and responsibility, I am convinced that we can provide affordable health care to every American," Clinton promises.

The following is a summary of the Clinton Health Security Act:

The American Health Care Crisis is that one out of four Americans-63 million people- will lose their health insurance for some period during the next two years. Today, more than 2 million Americans lose their insurance each month. Losing or changing a job often means losing your health insurance, and becoming ill or living with a chronic medical condition can mean not being able to buy insurance at all. Left unchecked, by the end of the decade, rising health care costs will consume nearly 60 percent of all businesses' pre-tax profit. This spiraling growth in costs robs workers of wages, fuels the federal deficit and puts affordable health care out of reach for millions of Americans.

The Health Security Act provides all Americans with a guaranteed comprehensive benefits package of

medical services delivered in hospitals, clinics, professional offices, and community health centers. The Health Security Act provides employers and employees with health care they can afford, regardless of their circumstances.

benefits package offered to all Americans, businesses and consumers will no longer be faced with a confusing array of policies and forms. Employers will be relieved of the administrative responsibility for wading through health care plans, negotiating competitive premiums and administering claims. A simple billing format that converts the current paper-based claims process to a computerized, electronic system will cut costs and time.

The Health Security Act will guarantee comprehensive health coverage for all Americans and legal residents, regardless of health or employment status. Health coverage will continue without interruption whether Americans change or lose their jobs, move, become ill or confront a family crisis. An employer's ability to afford premiums for all their employees is not dependent on the health status of a single employee.

The Health Security Act builds on our current employer-based system and asks all Americans and their employers to take responsibility for their health coverage. In return, they will have Cont. Page 6, Col. 1

With a uniform, comprehensive

ONE HAPPY LITTLE CYCLER-This little bicycler had a number one attitude as she pumped away for a worthy cause. Bicycles galore showed up Saturday morning to support the St. Jude's Children's Hospital bike-athon. Beginning at 9:00 a.m., it encompassed a one mile course around the junior high and high school. The proceeds of the bike-a-thon will go to support St. Jude's Children's Research Hosputal in Memphis, TN. The hospital was founded in 1962 by Danny Thomas, and has become the world's foremost research and treatment facility for catastrophic childhood diseases. The Journal will bring you more information and results of the

Mormouth, ILL. 61462-0050

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Thursday, October 14, 1993

Experts Forecast A Severe Flu Season

American Lung Association Of citizens who receive their flu shot. common complication, pneumonia, Texas Urges High Risk Groups To:

"Getting the flu vaccine is sound resulted in more than 79,000 deaths nationwide. Combined, these forms of lung disease rank as the sixth leading cause of death in the nation and the number one killer by infectious disease. "Sadly, many of these deaths could have been prevented if its victims had simply received their flu shots," stated Dr. Kuna. "We must do a better job of spreading the word that the influenza vaccine is a safe and effective means of protecting one's self and one's family against the flu and its complications. One of the most encouraging developments surrounding this year's flu season is the decision by the Department of Health and Human Services (HHS) to extend Medicare benefits to cover influenza vaccinations, effective May 1, 1993. According to the Health Care Financing Administration (HCFA) 15 million of Medicare's 36 million beneficiaries are expected to

"Get Your Flu Shot"

Influenza season iS right around the corner and experts are predicting that this year's flu season may be especially severe. According to officials of the Centers for Disease Control and Prevention, there is a strong likelihood that this year's influenza season will be predominated by the type A Beijing virus, leading to increased severity of influenza cases. Their predictions are based on the manner in which last year's flu season ended.

In an effort to offset these grim predictions, the American Lung Association of Texas is mounting flu prevention drive, encouraging high risk groups to get their flu shots to avoid this potentially lifethreatening lung disease. This campaign is funded in part, through your donations to Christmas Seals. Additional incentive comes from the government's recent decision to allow Medicare coverage for influenza shots. This should

advice for all people," states Dr. Samuel Kuna, president, Texas Thoracic Society, the medical branch of the American Lung Association of Texas. "It is especially good advice for those in high risk groups such as senior citizens, individuals with chronic lung disease including asthma and emphysema, health care workers and those with heart and kidney ailments.'

"In 1990 there were more than 129 million estimated cases of the flu nationwide, resulting in 249.6 million bed days at a cost to our nation of more than \$11.5 billion, according to Robin Anderson, R.N., Director of Lung Health for the American Lung Association of Texas. "The 1992-93 Flu Season affected over 301,000 Texans. These are people who reported flu or flu-like symptoms. We suspect that the actual number is close to two million Texans," she said.

The flu can also be deadly. In

Cont. Page 6. Col. 2

Gerald Shanks Wins This Weeks **Football Contest**

This was another week of upsets in the Annual Football Contest. If you missed more than 4 games you were out!

There were three new winners again this week. Gerald Shanks only missed 3 games for a first place win. He will receive a first place check and 10 points toward the grand prize. There were 4 entries that missed 4 games so the Journal Judge once again had to go to the tie breakers. Millie May missed 4 games and was only 6 points off in the tie breakers. Therefore she came in second and will receive a check and 6 points.

J.E. McVicker also only missed 4 games but was off 8 points on the tiebreakers. He will receive a 3rd place check and 4 points toward the grand prize.

If you haven't entered the Annual Football Contest, you still have time to enter. Be sure you circle each team you think will win and don't forget to put your name and address on the entry.

Outstanding Secondary Educator Receives Honor

night, Mrs. Pat Watson was presented a plaque by Phyllis will be given next week. Kinison and David Cobb, of Region 17 Educational Service Center of Lubbock, for Outstanding Secondary Educator of the Year. Mrs. Watson will go to Austin to the State Board of Educators to receive further recognition and a check for \$500.00 for this honor. The presentation will be made by Southwestern Bell.

bike-a-thon at a later date.

A new Administrative Guideline was also discussed and approved, involving the judicial system at our 'schools. Three men, Roy Anzuldua, Alfonso Posadas, and Juan Chavez spoke in favor of this guideline against students fighting on school campuses. Charges of disorderly conduct will be filed on students who are caught fighting at school, in order to delete violence in our schools.

Business that was discussed at the school board meeting was as follows:

1. Approved tax rate of \$1.26. 2. Family Medical Leave Act (review current leave policy according to Federal Leave Policy. 3. Seating in the High School Auditorium, no action taken. 4. Tommy Gunstream of First Bank has agreed to sponsor an additional teacher recognition. Elementary and Secondary Teachers of the Year in our district will be honored.

Announcement

According to a news release from Larry Combest today, because of the drought, hail, high winds, and tornado in July, Bailey County is eligible for low interest loans through the FHA.

For more information or help in filling out forms, contact your local FmHA office.

At a public meeting Monday 5. TAAS Tests, the exit test given to students preparing to graduate,

6. Progress of the construction at the High School should be complete in the next few weeks.



Marine Lance Cpl. Johnny Noble, a 1992 graduate of Muleshoe High School of Muleshoe, Texas, recently completed the Administrative Clerk Course.

During the course with Schools Battalion, Marine Corps Base, Camp Pendleton, California, students are provided with the basic skills and knowledge required to perform the job of administrative clerk

Course studies include typing and preparation of Navy correspondence as well as basic office functions.

He joined the Marine Corps in January, 1993.

Educator of the week at Watson Junior High School is Pam Thomason, secretary. 6th Grade student of the week is Landon, Black; 7th Grade student of the week is Ellen Wood; and 8th Grade student of the week is Anissa Norman.

There will be a High School pep ralley in the Jr. High gym on Thursday, October 14, at 8:00 p.m. Come support the Mules!!!

There will be a pregame dinner on October 15, 1993 from 5-7:30 p.m., sponsored by the Muleshoe FHA at the Muleshoe High School Cafeteria. Muleshoe bar-b-que and Cont. Page 6, Col. 2

Tax Practitioner Workshop Scheduled

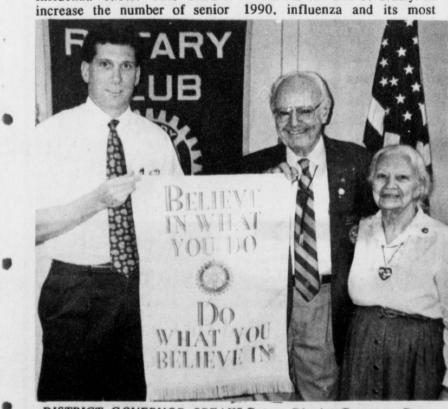
(Journal photo)

The Texas Agricultural Extension Service, in cooperation with the Internal Revenue Service and the Texas Extension Education Foundation, Inc., is once again offering the Tax practitioner Workshops across the state of Texas, in the fall of 1993. These workshops are led by CPA's and attorneys who are experienced in the field of income tax reporting and planning. They provide valuable continuing education opportunities for tax professionals seeking CPE and MCLE credit.

This year twenty-four General Tax Workshops, designed for practitioners who work mostly with individuals and small businesses, are offered in major Texas cities. The nearest one will be in Lubbock, Texas, on November 22 and 23. Fourteen advanced Tax Workshops are also offered. They are directed at the practitioner with substantial experience with individual returns, who does some business work, and feels the need to develop more skills in business related work. One will be offered in Amarillo, Texas, on December 6 and 7. In addition to the General and Advanced Workshops, there will be four of the Estate Planning Workshops, and three each of the Fiduciary Income Tax and Agricultural Tax Problems Workshop. A new workshop for 1993 will be the Forestry Taxation workshop held in Nacagdoches and Longview.

For a brochure with a complete listing of the fifty Tax Practitioner Workshops offered in 1993, please contact your County Extension Agent, Curtis Preston, at (806) 272-4583. Or you may contact the Tax Practitioner Workshop Office, P.O. Box 946, (Department of

Agricultural Economics-Texas A&M University), College Station, Texas 77841-0946, or call (409) 845-5446.



DISTRICT GOVERNOR SPEAKS-Rotary District Governor, Don WIlliams and his wife, Rita were honored guests at the Rotary Club meeting on Tuesday. Williams spoke to club members and guests, making suggestions and giving to them membership enhancing tips. He also played a special "Viva la Rotary" on the harmonica. He stated the three B's in Public Speaking, B-Prepared, B-Brief, and B-Gone, and while he may not have been prepared or been brief, he would b-gone. (Journal photo)

Page 2, Muleshoe Journal, Muleshoe, Texas, Thursday, October 14, 1993



Tennessee Volunteers To Face Alabama Crimson Tide Saturday

In one of several huge games around the country this weekend, the Tennessee Volunteers are in Birmingham, Ala., to face the Alabama Crimson Tide. Alabama has won seven straight in this series, but the last three games could have gone either way. Last year, on their home field in Knoxville, the Volunteers were stopped only by a late interception and lost 17-10. The Tide's winning margin in 1991 was five points, and in '90 only three. This year? Closer still.

In State College, Pa., Penn State hosts Michigan in what promises to be one of the season's most interesting matchups. Not just because they're new Big Ten rivals, but because of their history. There isn't any. Believe it or not, Michigan and Penn State have never played, which was a surprise even to NCAA statisticians. Their results against common opponents over the years give us plenty to go by, though. This year, for instance, the Nittany Lions and Wolverines have both met Iowa. Penn State beat up on the Hawkeyes 31-0, and Michigan was a 24-7 winner

two weeks ago. So we're splitting the difference: the Lions will win by a touchdown.

Nebraska faces a tough game at home against Kansas State. The Cornhuskers beat the Wildcats 38-24 last year in Tokyo, but last year Kansas State was 5-6 and a noncontender in the Big Eight. This year the Wildcats were undefeated going into last week's game with Kansas, and look ready to at least threaten the streak of 24 straight Nebraska wins that began in 1969.

In the unpredictable predictions department, try Stanford at Arizona. The Wildcats won 21-6 last year in Palo Alto and 28-23 in Tucson in '91 -- both years in which Stanford was a better team and finished higher in the Pacific -10. Stanford won 23-10 in '90, when it was 5-6 and Arizona was 7-4. If the pattern were to hold, the Cardinal would win, but we don't think they will. This year Arizona is for real.

Our forecasting average has held steady through the first five weeks of the season. As of Oct. 2 we've picked 730 games right and 260 wrong, a percentage of .737. And we're just getting warmed up.

of

Better **Business Bureau Report**

National Consumers Week is October 24-30 and the BBB and other consumer organizations are working together to educate the public on a variety of consumer topics. One topic that continually generates questions and confusion is how to repair a bad credit record. Consumers who have had difficulty obtaining a credit card or loan, or making a major purchase because of a bad credit history, may be tempted by advertisements that promise to "fix" their credit records. But the BBB warns not to pay large amounts of money for something that may not work, or could be taken care of for free. For fees ranging from \$50 to more than \$1000, so-called "credit repair" companies claim they can remove negative information from a credit file, even if the information is accurate. This is not true. After taking your money, the company may do little or nothing to improve your credit report- the company may vanish, but the information in your file won't.

If an advertisement for a great deal on books, music or video entertainment has caught your eye, the BBB warns that comparison shopping may prove these offers are not the best deals in town. There are many "clubs" that offer books, records, cassettes, compact discs and video cassettes at discount prices with the added convenience of ordering from your own home. To attract members, they offer special introductory deals, such as 10 compact discs for one penny. Before you sign on the dotted line, the BBB recommends that you compare all of the advantages of such club offerings. Most of these clubs use what is known as the "negative option" plan. They will notify you that they intend to send a book or CD unless they hear from you otherwise. These clubs provide a service to many members, but before joining, the BBB advise that you understand your responsibilities as a club member first.

And Desire

Great minds have purposes: others have wishes. 100 ? er **titD**5:00 p.m. Friday.

Worst A sign in a Missouri bank reads: "The worst place in the world to live is just beyond your income."

News From Bob Bullock, Lieutenant Governor

Lt. Gov. Bob Bullock said that Congress has saddled Texas and other states with another unworkable mandate by ordering the states to seek recovery of nursing home costs from the estates of deceased Medicaid recipients.

"The idea is both impractical and heartless," Bullock said of the federal requirement in the budget act passed by Congress last month.

"The very reason people are on Medicaid in the first place is that they are poor," Bullock pointed out. "Obviously Congress doesn't realize that you can't get blood from a turnip.

The federal law orders states to take legal action to recover the costs of state and federal money spent on Medicaid patients for nursing home and other long-term care services.

"Members of Congress--and that includes those from Texas-ought to check with state and local SPORTSLOOK ...

This week's Sportslook will feature highlights of the Zia's performances in Dallas, Texas last weekend. The action will include Texas Woman's University and

East Texas State University. An Interview with Head Coach Mike Maguire is scheduled. In addition, Head Football Coach Howard Stearnes will also be interviewed about the Greyhounds loss to Abilene Christian University in Abilene, Texas last weekend as well as the team's outlook for their homecoming game against San Angelo State University. Also on tap will be the second half of an interview with new Greyhound Athletic Director Chris Gage.

Sportslook will also feature the scores of area high school football and girl's volleyball games.

Sportslook airs on Thursdays at 8 p.m. on KENW-TV.

Bill Clinton, U.S. president: 'This (health care program) will guarantee most plans will

cover abortion."

officials before they vote for patently bad ideas like this," he

In a letter to Burt Raiford, commissioner of the Texas Department of Human Services, Bullock said that the federal law should be proven cost efficient before it is implemented.

Texas would spend more than a half a million dollars setting up a recovery system with no assurances it would make any significant returns, Bullock said.

"We must do everything possible to lessen the financial burdens on any taxpayer-funded programs," Bullock wrote, "however, the people in this program are so needy that recovery

Heredity? A recent study suggested some may be predisposed to ho-

mosexuality--that homosexual behavior may be attributable to genes--heredity. The claim was headlined on

the front pages of the metropolitan newspapers and USA Today. This top-priority play, of a single study, implied deviates can't help it.

Time magazine pointed out, however, in commenting, that many homos are cured and become normal--which indicates homosexuality is not immutable.

It's good to keep that possibility, too, in mind in today's momentum toward permissive rationalization of every thing from murder to sexual conduct.

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John David Hamblen, D.D.S. **Announces The Association Of** Kelly S. Hamblen Vela, D.D.S. **For The Practice Of General Dentistry** 4501 50th St. Lubbock, TX 79414 806-795-7173

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NNA MEMBER 1993 TA **TEXAS PRESS ASSOCIATION** National Newspaper Association B. Hall, Publisher Sammye Hall, Vice-President/Comptrolle © 1990 Evelene Harris, News Annette Bottleman, Seciety PPA WEST TEXAS PRESS Holly Millsap, Advertising Gina McBee, Classified SUBSCRIPTIONS ASSOCATION PANHANDLE PRESS ASSOCIATION Muleshoe Journal and Bailey County Journal By Carrier Yearly - \$15.00 Bailey and surrounding counties By Mail - \$16.75 Els where - \$18.50 sing Rate Cards on Applic nals will not be liable for failure to publish an ad "Advertisers should check their ad the first day of insertion. The Jou or for a typographical error or errors in publication except to the exteat of the cost of the add for the first day of insertion Adjustment for errors will be limited to the cost of that portion of the ad where the error will be limited to the cost of that advised a



the News From Baylor College Medicine involved in several sports before

MTV teenagers of the 1990s are simply not getting enough exercise, says an adolescent sports medicine expert.

"The message many teens receive both at school and at home is that exercise is 'not that important," said Dr. Albert C. Hergenroeder, chief of adolescent medicine and sports medicine at Baylor College of Medicine and Texas Children's Hospital in Houston.

Hergenroeder, who regularly does pre-season examination of high school athletes, has studied exercise among teenagers. He believes schools and parents can do more to encourage physical activity among students of all ages.

"Physical activity levels among teens in school are inadequate," said Hergenroeder, a member of Project PACE (Physician-based Assessment and Counseling for Exercise), a national program examining physical activity guidelines for teenagers. "There are no established national policies on minimum levels for student exercise."

they focused on one. Variety helps you gain different skills and avoid injuries related to overuse and repetition."

Whether children and teenagers engage in physical activity at school, with the family, or through community programs such as the YMCA or Boy's Club, Hergenroeder believes exercise can help build healthy lifestyles.

"If you offer them enjoyable opportunities for physical exertion, they will be more likely to pursue it on their own," he said.

Do You?

Even a woodpecker owes success to the fact that he uses his head.

-W.O.W. Magazine.

Safest

The safest rule for predictions is to be indefinite about the date. Sooner or later almost anything can happen.

PACE is expected to recommend minimum levels when its findings are completed. Hergenroeder feels personally that adolescents should participate in three or more moderate to vigorous exercise sessions per week.

Hergenroeder also believes that many adolescents find little encouragement at home.

"Some parents take no interest in exercise or perhaps spend more time pursuing their own interests that they do that of their children," he said.

Studies have suggested that parents who exercise provide positive role models that can influence a child's desire to exercise, adds Hergenroeder who recommends that family activities emphasizing exercise begin early in life.

"Choose fun activities-swimming, walking, bicycling," he said. "Even dance or martial arts can be fun, provided the emphasis is not on competition.

"Children and teenagers should have time for unstructured activity outside the house. Adults can sometimes take the fun out of games by overly organizing them." Hergenroeder says children are

never too young to have fun.

"For example, if they wish, kids can begin lifting weights as early as age 8, as long as there is supervision. In children, this builds self-confidence, not bulk," he said.

Parents can encourage their teens in athletic or physical activities for which they show aptitude but he discourages parents from pressuring younger children unnecessarily.

"Exposure to many activities early on is healthy," he said. "But too much parental pressure such as overexposure to exercise or overindulgence in one sport is a huge mistake."

Hergenroeder adds that even for teenagers, it may be wise to pursue a variety of activities.

Some of the best professional athletes -- Dan Marino, Joe Montana, John Elway--were

As a ship sails the sea, sailors pray for smooth water. As they steam through the night, emotions are high not knowing what lies ahead. Those at home wait patiently for loved ones to return. As time passes, our sailors come home to stay until God is ready to take them to a better sea. The time has come for our sailor to take his last voyage. He has gone to be with our Lord, never to face another rough sea. As we mourn his departure, friends and loved ones comfort us. So many people have taken the time to help us get through this difficult time. How can we ever thank you? A simple word of "Thanks" is all we can really say. But we do hope you know how much we appreciate everything everyone has done for us.

Thank You

We would especially like to thank Dr. McClanahan, Bailey County EMS, Deputy Don Carter and Julian Dominguez (Muleshoe P.D.). Having them as our special friends helped ease our minds in such tremendous time of need.

Thank you to Melody Lewis for the following poem.

"CHIEF WAYNE HOLMES" He stood a man among men, Always tall and upright; Although at times he could seem quite gruff, His bark was worse than his bite. To his children a father adored, To his wife a sweetheart and friend; To his co-workers, and all of the town, A man on whom all could depend. Now the Lord has called him home, For he always takes the best; He'll be gone but not forgotten, As his badge is laid to rest. When the last goodbye is said, And the last salute is given; "The Chief will get a promotion, He'll be guarding the gates of Heaven.

Joyce and family

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Proudly Presented By: EX FEED YARDS, INC. CUSTOM CATTLE FEEDING 272-7555

Liberty



ARTIST OF THE MONTH-Elsie McMillan is this month's Artist of the Month. She resides at Lubbock, Texas, and has been painting since the 1960's. Elsie says "it was fun, so I decided to take some classes and learn to paint. I studied drawing with Pat Krahn and oil painging. I studied outdoor sketching and painting with Connie Martin. She was fun and criticized our drawing and painting so we could understand. She encouraged us to make the sketch and colors to be exciting and correct, and a strong point of interest to draw the eye." Others Elsie studied with were Dr. Cavellero, Clarence Kincaid, and Tom Notestine. "They put you in the mood to paint as they painted," Elsie said, "and helped you understand and want to paint." (Journal photo)

CCC Workshop Focuses On AIDS Information

HIV/AIDS has become one of the most prevalent and debilitating diseases in the United States, and New Mexico has not escaped the national trend. Rural areas in the state are showing the greatest increase in the number of reported AIDS cases, according to Karen Edge, a public health official with the New Mexico Epidemiology Office.

During Disability Awareness Days at Clovis Community College, a workshop will focus on HIV/AIDS information. It will be offered twice on Wednesday,Oct. 20; from 1:30-4:30 p.m. in room 409, and from 7 to 9 p.m. in the Town Hall. Rosalie Richards, coordinator of Disability Awareness Days, says the workshops will be presented by representatives from the New Mexico Health Department. Each workshop will consist of two parts. Part One consists of basic HIV/AIDS information, and Part Two deals with social and emotional issues and features HIV-infected individuals as speakers. Call Richards at 769-4099 for other information.

The presenters are members of the Education for Zero Infection Committee, a statewide group assisting all school districts to meet minimum requirements for HIV/AIDS education. The school curriculum was mandated by the State Board of Education Regulation No. 87-11. Increased public awareness of how the disease is contracted and spread is vital to the program. HIV/AIDS prevention education remains the most effective and powerful tool in stopping this epidemic, according to an education program consultant with the New Mexico State Department of Education. The first AIDS case in New Mexico was reported in 1981. In August 1993, the total had risen to 822, and of that number 426 have died. There are three confirmed in both Curry and Quay County and two in Roosevelt County, however health officials estimate 2000-3000 people statewide are infected. State health statistics show the rate of AIDS cases is growing fastest among women, adolescents, and young adults. AIDS is now the third leading cause of death among all adults between the ages of 25 and 44. Given the average ten year incubation period, experts indicate

that a majority of these people were probably infected during their teenage years.

Free Poetry Contest

A \$1,000 grand prize is being offered in the Free Poetry Contest sponsored by Hollywood's Famous Poets Society. Open to everyone, the contest boasts ten cash prizes totaling \$2,500. The deadline for entering is October 20, 1993. Winners will be notified by December 1, and a winner's list sent to all entrants.

Says Poetry Editor Martha French: "Even if you have written only one poem or have never entered a poetry contest before, this is your big chance. I expect this competition to produce exciting discoveries!"

To enter, send one poem 21 lines or less to: Free Poetry Contest, 7095 Hollywood Blvd., Suite 730, Hollywood, California 90028.

Opryland Auditions To Be Held On WTAMU Campus

Auditions USA will conduct tryouts for Opryland in Nashville, Tenn., and Fiesta Texas in San Antonio on the West Texas A&M University campus from noon-3:00 p.m. Oct. 11 in the Branding Iron Theatre. 800 various performers will be chosen for the 1994 season during auditions in 41 cities across the country.

"They like to have tryouts here because of the talent this area possesses," Royal Brantley, head of the Department of Art, Communication and Theatre at WTAMU, said.

Auditions will be held for singers, actors, dancers, variety artists, strolling performers, instrumentalists and stage managers. A piano accompanist and cassette player will be provided. No appointment is necessary. Performers must be at least 16 years of age to work for Opryland or Fiesta Texas Entertainment.

For more information, call 1-800-94-STAGE or Brantly at 806/656-2799.

White Bean Pistachio Salad

Creative Living

Information on pistachios and salads and contemporary applique ideas will be the featured topics on "Creative Living" on Tuesday, October 19th at 12:00 and Saturday, October 23rd at 2 p.m. (All times are Mountain). "Creative Living" airs on public broadcasting station, KENW-TV, from Eastern New Mexico University in Portales, NM.

Allsup's Fall Roadraces Sets Date

Clovis, NM will be the site of the 19th Annual Allsup's Fall Roadraces. On October 30, 1993 running enthusiasts from across the southwest will compete in what has become known as one of New Mexico's friendliest Roadraces.

Unique to the Southwest, Allsup's Fall Roadraces offers runners a choice of competing in either a half-marathon, 10,000 meter run, 5,000 meter run or 1 mile run. All races will begin promptly at 8 a.m. (M.S.T.) at same location. Running surfaces are flat, fast asphalt throughout the course.

Trophies will be awarded to the 1st 3 male and female finishers in each race and age group. All finishers will receive a specially designed long sleeved T-shirt and all registered runners will be eligible for post race drawings.

Entry fees are \$8.00 if registered before October 29, 1993, and \$10.00 after October 29th. Entry forms are available at any Allsup's Convenience Store or by contacting Allsup's Roadraces, P.O. Box 1907, Clovis, NM 88102-1907 phone 505-769-2311 ext. 100.

Running Water Draw Arts & Crafts Festival To Be Held

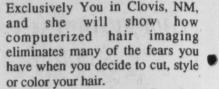
The 19th Annual Running Water Draw Arts & Crafts Festival will be held in the Ollie Liner Ag. Center in Plainview from Oct. 15 through Oct. 17, 1993. The Festival brings together over 100 artists and craftspersons from throughout the Southwest. During the three days over 7,000 people will attend. All items for sale are handmade by the exhibitor. Jewelry, pottery, clothing, furniture, quilts, afghans, and numerous country crafts are included. Original artwork in oil, watercolor, and acrylics are offered.

Stacy Wood, representative of the California Pistachio Commission in Fresno, CA, will demonstrate some simple salads incorporating pistachios. Wood's segment is titled "Salads on the Go.'

Another guest, Mary Mulari, will demonstrate contemporary trimming ideas for clothing in order to add interest and turn plain clothes into designer wearables. Mulari's business is Mary's Productions, and she's from Aurora, MN. The applique ideas will come from two of her books featuring applique ideas and patterns.

On Tuesday, October 19th at 9:30 p.m. and on Thursday, October 21st at 12:00 "Creative Living" will demonstrate computerized hair imaging and talk about food gift giving.

Ritchie Reid is the owner of



Another guest, Teresa Douglas-Mitchell, will show some spectacular food gift ideas for various holidays and other special occasions. Douglas-Mitchell is the culinary director for Korbel Champagne in Guerneville, CA.

"Creative Living" is produced and hosted by Sheryl Borden. The show is carried on more than 100 PBS stations in the United States. Canada, Guam and Puerto Rico and is distributed by Pacific Mountain Network, Denver Co. Viewers can request copies of materials offered on the show by sending one 29 cent stamp for each handout

requested. Send the stamps, along with your name, address and booklets requested to:

"Creative Living" Requests % KENW-TV 52 Broadcast Center Portales, NM 88130





Vinaigrette

1 can (15 oz) white beans, drained & rinsed (1 1/2 cups) 2 cups sliced celery 1/2 cup diced red onion 1/3 cup shelled natural California pistachios, coarsely chopped 1 teaspoon ground black pepper 2 tablespoons fresh thyme leaves or 1 1/2 teaspoons dried thyme 1 teaspoon dried tarragon 1/3 cup white wine vinegar 2 tablespoons sugar Salad greens

Combine all ingredients except salad greens; toss well. Cover and chill for 1 or 2 hours to allow flavors to blend. Serve on beds of salad greens. Makes 4 servings (1/2 cup each).

DRESSING RECIPE:

FAGLE RIVER

T.R.A.D.E.R.S

Combine 2 tablespoons honey, 2 1/2 tablespoons Dijon mustard, 3 tablespoops red wine vinegar, 1 egg white, 1 1/2 teaspoons dried oregano, (crumbed) and 1/2 teaspoon garlic powder. Makes 1/2 cup.

This is sponsored by the Plainview Rotary Club. Proceeds from the sales are used to support numerous charities and civic activities supported by the Rotary club and to provide support for the Llano Estacado Museum at Wayland Baptist University.

The Festival will be open on Friday, Oct. 15 from Noon to 8 p.m., Saturday, Oct. 16 from 10:00 a.m. to 7 p.m.; and on Sunday, Oct. 17 from Noon to 5 p.m.

The first Running Water Draw Art Exhibition features artwork from 51 artists around the United States. The art exhibit will be judged and awards will be given.

FOR CREATIVE COLOR PORTRAITS



Muleshoe Journal, Muleshoe, Texas, Thursday, October 14, 1993, Page 5

Symposium To Address Issues of Adolescent Sexuality

symposium to address the critical issue of adolescent sexuality, will be held Oct. 20 from 9:30 a.m. until 3 p.m. in the Haskell Civic Center. With alarming statistics snowing the rising incidence of teen pregnancy, the Rolling Plains 4-H Program Development Committee outlined plans to bring together professionals who are trained to deal with this issue.

An overview of the problem will be presented by Dr. Marianna Rasco, professor and chair of the Department of Home Economics and Family Studies at Abilene Christian University, Abilene.

The symposium will feature four concurrent workshops. Each participant will attend two of the following:

* AIDS and sexually transmitted diseases will be addressed by Dr. Wayne Cadenhend, medical doctor in Haskell, and Eloise Garcia, LVN and health educator with the Wilson Family Planning Clinic in Witchita Falls;

* Abstinence Education will be the topic of D' Ann Pierce, Texas Consultant, Teen-Aid Sexuality Education Program in Spur;

Responsible sexuality is the topic Janet Yeates, professor and 4-

"Choices for Change," a H and Youth Development Specialist, Texas Agricultural Extension Service, College Station. Her workshop will show curriculum and teaching aids to build self-esteem;

> Communication and collaboration will be addressed by Dr. Martha Couch, professor and Extension 4-H and Youth Development Specialist, Texas Agricultural Extension Service, Lubbock.

Keynote speaker during the catered luncheon will be Dr. Terry Urnosky, Life Changes Ministry, Lubbock. Then a panel of speakers who have had success with local programs will share ideas. Dr. Lynne Thibodeaux, assistant

director for 4-H and Youth Development with the Extension Service, College Station, will moderate the panel and summarize the symposium.

Registration forms for the program, sponsored by the Extension Service, are available at county extension offices or the **Rolling Plains Extension District** office in Vernon. The \$10 registration fee includes the luncheon and a resource guide.

West Texans Invited To Exhibit. Opening And Book Signing

A special invitation has been extended to West Texans by the Cowboy Artists of America Museum in Kerrville, Texas to attend the grand opening of a new exhibit entitled "The Art of the OS Ranch". The opening will be held Saturday, November 6, at 6:00 p.m. at the museum in Kerrville.

Many West Texans will remember the annual OS Ranch Art Exhibit and Steer Roping which was held at the OS Ranch near Post, Texas, between 1972 and 1983. The event began as a means to a worthy end; the raising of funds for the nearby West Texas Boys Ranch. An idea ahead of its time, the exhibit quickly became a "happening" which gave Western art enthusiasts from across the nation the opportunity to go "on location" and visit a real working ranch while shopping for the finest in Western art. By doing so, the event broke away from all the traditional ideas of how an art sale should be conducted.

Giles McCrary, owner of the OS Ranch is quick to point out that the success of the endeavor was due primarily to the many caring people in and around the community of Post who gave of their time, energy and personal resources for the sake of the boys ranch. With as many as 14,000 people attending the art exhibit and steer roping during peak years, it was a monumental undertaking. Without the help of many local residents it could never have succeeded. Now, the excitement and energy of those years at the OS Ranch will be recalled by the Cowboy Artists of America Museum, in Kerrville. The museum will feature approximately 40 pieces of art on loan from the OS Ranch Collection in the Kerrville exhibit. The exhibit will run October 23 through January 20.

for her new book, "West of Camelot-The Art of Ken Riley" scheduled at 2:30 p.m. Mr. Riley will also be present for the book signing.

The Cowboy Artists of America Museum is open Tues.-Sat. from 9-5, Open Sunday from 1-5. Closed holidays. Admission \$2.50 for Adults, \$2.00 for Seniors and \$1.00 for children. Call 210-896-2553 for more details.



Leslie Danielle Macias

Christy Garcia and Marcos Macias of Seminole are proud to announce the birth of their daughter, Leslie Danielle, born Monday, October 4, 1993 at 11:04 a.m. She was born at Clovis Regional High Plains Center and weighed 5 pounds and 7 1/2 ounces at birth. Proud grandparents are Janie and Prospero Macias, of Seminole and Mary and Alex Garcia of Muleshoe. Great-grandparents are Arminda and Joe. S. Orozco and Patricia Orozco, great-great-grandmother, all of Muleshoe.

Workshop To Emphasize Role Of Family In Diabetes Care

A free workshop for diabetics and their families will emphasize the role families can play in the care of diabetics.

The University Medical Center preventive medicine program will present "Families At Risk: Diabetes" Oct. 12, 19, and 26, 5:30 p.m. to 7 p.m., at the City of Lubbock 19th Street Senior Center, 2001 19th Street. Sign-up sheets are available at all city senior centers or by calling 743-1683.

The workshop will consist of three two-hour sessions, focusing on various aspects of diabetes, such as the consequences of uncontrolled blood sugar and making choices when eating out.

Studies show that the more involved the family is with the care of a diabetic, the higher the rate of the patient's medical compliance, according to Arlene Guccione, director of the preventive medicine program.

"This means that there is a higher chance of that patient taking control of his or her blood sugar, nutrition and life with diabetes, and that is always a good thing," Guccione said.

She said there is strong evidence also that genetics plays a large part in who develops diabetes.

"If one person develops diabetes in a family, there is a strong chance that other relatives are also at risk for having diabetes. It's important that people learn the signs of uncontrolled diabetes just in case," she said.

West Texas Native American Walk ...

Native Americans participated in the West Texas Native American Association Second Annual Memorial Walk which was held on October 10.

The walk started at the Ranching, Heritage Center in the museum parking lot at 4th and Indiana and ended at Lubbock Lake Landmark Site picnic area. The walkwas about two miles. This walk is in honor of our ancestry, culture and heritage.

The Second Annual West Texas Native American Association Arts and Crafts Exhibit will be October 16 from 4:00 to 9:00 p.m. at the Garden & Arts Center, Lubbock, Texas. It is an exhibit to show the general public something about Native American culture and arts and crafts.

We are currently working on putting together a traditional gathering for the association.

West Texas Native American Association was formed about a year and a half ago with four purposes:

To provide fellowship to all Native Americans and interested non-Native Americans.

To educate and raise public awareness.

To Preserve Native American culture; and To teach and educate about

traditional ways of conservation.

Although the association strives to teach culture and tradition, they are not a protest group. Native Americans are still involved in negotiations with the governmenttreaties that were signed 100 years ago are still in effect today. The

reconstructed our meetings. The officers now meet once a month to set the agenda for the next meeting of members. The officers meeting is followed by an open meeting which can be attended by any and all members. At this meeting new business is brought up, thoroughly discussed and presented at the next meeting of members. The Saturday meetings are used for a "short" business meeting and the rest of the time will be used for education in many areas, such as learning to dance, native crafts, making clothes, assisting persons who are researching their culture. During the business meeting volunteers take the younger members aside for Native American Indian stories and games.

We have 175 persons who have attended meetings, 65 of whom are paid members, which represent 23 tribes, bands, and clans. Most of the Native Americans in the group are from Southern or Southwestern tribes, but a few are members of tribes from farther north and east. We have several non-Native Americans who attend simply because they are interested.

While anyone who is interested in learning about and preserving Native American culture can attend the meetings, non-Native Americans have to attend a number of meetings in order to be voted in as a member. If you are onesixteenth or more Native American, you do not have to be voted in. All you have to do is request membership and pay your dues.

If you are (or think you might be) Native American Indian, the association will assist you in researching your culture and put you in touch with the proper authorities.



MULESHOE BANDS PERFORMS-All members of Muleshoe bands took on a large crowd as they performed on stage Tuesday evening, presenting an overview of their marching criteria. (Journal photo)

register their heritage. Instead categories for "black, white, Hispanic or other" fill the form. We check "other" and we write in "Native American Indian". There are 4,575 registered Native Americans within a two hour driving range of Lubbock. WTNAA meetings are held on the second Saturday each month at 7:30 p.m. unless otherwise notified. WTNAA is currently meeting at the Municipal Garden & Arts Center, 4215 University Avenue, Lubbock. We would like to see all 4,575 at the meetings.

If you are interested, please attend a meeting or write to West Texas Native American Association, P.O. Box 93124, Lubbock, TX 79493. The following is a concise statement of the philosophy of Native American Indians.

"I have heard Grandmother's voice. What you have learned, share with your children. The Earth that is beneath our feet does not belong to us. We belong to the Earth. The Earth is our Mother. The fate of Mother Earth is also the fate of our Sons and Daughters. We must walk as one and leave to them a world better than the one that was left to us.'

Never!

The chief fault of the party system is that we never manage to get all of the thieves on the same side. -Independent, Ashland.



Natalee Nunn, Executive Director of the Cowboy Artists of America Museum commented, "the OS Ranch Steer Roping and Art Exhibit helped open the doors of public appreciation for Western art.

This exhibit is a way of acknowledging the OS Ranch for helping break that ground. We would especially like to invite West Texans to join us in Kerrville on November 6th for the grand opening, as our way of saying thanks."

Also, scheduled at 1:30 p.m. earlier that same afternoon, is a lecture by Susan McGarry, Editorin-Chief of Southwest Art magazine and an autograph party

Brett Glen Henry

Mike and Monica Henry of Lubbock are proud to announce the birth of their son, Brett Glen, born Sept. 24th at 7:58 a.m. in Methodist Hospital.

He weighed 8 pounds 7 ounces and was 21 1/2 inches. He has a brother, Blake, age 9

and one sister Haley, age 6.

Grandparents are Curly and Marcia Mardis of Hereford and Gary and Glenda Dale of Muleshoe.

Great-grandparents are Mrs;. Selma Smith of Granite Shoals, Mrs. Dorotha Dale of Abernathy and Mr. and Mrs. Clyde Henry of Canyon.

Attend the 19th Annual

Running Water

Draw

Arts and Crafts

Festival

October 15-17, 1993

Ollie Liner Center

Plainview, Texas

Friday 12:00 p.m. to 8:00 p.m.

Saturday 10:00 a.m. to 8:00 p.m.

Sunday 12:00 p.m. to 5:00 p.m.

'Buy Something Original

This Year

Plainview Convention & Tourism Committee

Sponsored by Plainview Rotary Club & Llano Estacado Museum

HEALTH

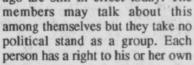
INSURANCE

CALL

Mark Mort

109 S. 1st Mulesho

272-7519



opinion but not to speak for the whole association.

As happens with any new organization WTNAA has had its ups and downs. We have recently

When the 65,877 Native American Indians living in Texas apply for jobs, register for school or even sign up for organizations, often there is no place for them to



two fries and two drinks! All for one low price!

On Sale at Dairy Queen® October 4-17, 1993

OReg. TM Am. D.Q. Corp. *Reg. TM Tx. D.Q. Op. Coun. @Tx. D.Q. Op. Coun. †Pre-cooked weight At participating Dairy Queen stores.



The Breast Care Test

What every woman should know about breast cancer screening and survival

Jane Pauley hosts The Breast Care Test, a one-hour special premiering on public television stations nationwide during National Breast Cancer Awareness Month. It's a strightforward, woman-to-woman program about breast cancer with compelling stories of women who have survived, and who talk about the importance of early detection and treatment.

Breast cancer is every woman's concern. To many women, it is an intimidating, complicated, and sometimes embarassing topic. The Breast Care Test addresses the barriers, questions, and startling facts that prevent women from getting early diagnosis and treatment.

This year, 182,000 women in the United States will be diagnosed with breast cancer, the most common form of cancer in women. And 44,000 will die. Any woman can get breast cancer, regardless of age, ethnic, religious, or social background.

GRAHAM KERR'S KITCHEN II Saturdays at 9:30 a.m. (begins 9th) Delicious, healthy cooking can be easy, enticing, and even entertaining when Graham Kerr returns for an allnew season. The series continues to highlight his "Minimax" system, food with a minimum of fat, sodium, and cholesterol and maximum flavor from ingredients rich in aroma, color, and texture.

The program is dedicated to educating women about breast cancer and helping more women, including low income, minority, and elderly women, to access breast care services. The documentary will inform and inspire women to take charge of their health. The program includes demonstrations of mammography, self-examination, and screening, and provides information about survival support.

Erma Bombeck and other remarkable women who have survived breast cancer share their personal stories and serve as guides to this important but often confusing subject.

To find an accredited mammography site, viewers can call 1-800-4-CANCER any weekday.

The Breast Care Test will be broadcast Sunday, October 17th at 3:00 p.m., The program will repeat Sunday, October 24th at 10:00 p.m.

"How-To" News

PEGGY HARRIS' PAINTABLE KINGDOM Saturdays at 4:30 p.m. (begins 30th) During the past fifteen years, Peggy Harris has created over 100,000 paintings of her lovable, cuddly baby animals, better known as "Harris' Critters." Now, Peggy will share with you her techniques for drawing and painting your own small animal kingdom.

Channel 3 Television from Eastern New Mexico University, Portales, New Mexico Page 6, Muleshoe Journal, Muleshoe, Texas, Thursday, October 14, 1993

cont. from pg. 1 Health...

the security of knowing that they will always be covered. organizes the private market for health insurance to create incentives for health plans to compete on the basis of quality, service and price.

The Act builds on our employerbased, privately financed system of health care. Employers and consumers will band together in large purchasing pools to strengthen their bargaining power in the marketplace. Health providers will be forced to compete for business, leading to lower prices and improved quality. This will shift the power of the marketplace in favor of employers and their employees.

Implementation will be managed at the local level by employers, employees and the states. This will create flexibility at the state level for employers and employees to design and control the local health care system. An independent National Health Board will act as the board of directors for the health care system, setting national standards for comprehensive benefits, quality and cost. Health plans must meet national standards on coverage, quality and access to care, communities will tailor the new system to local needs and conditions, opening the way for local innovation within a national framework.

Under reform, employers contribute 80 percent of the insurance premiums, calculated on the weighted average premium among health plans in their area. Under the Health Security Act, employer contributions for insurance premiums are capped at 7.9 percent of payroll. The cost of providing health coverage declines for most firms that currently provide insurance. Smaller businesses (those with fewer than 50 employees) with low wages will receive discounts of between 30 percent to 80 percent compared to what the average big business pays.

Employees pay the difference between the employer contribution and the premium of their chosen health plan. If they choose a plan that charges an average premium, they may pay up to 20 percent, unless their employers choose to make a higher contribution.

The plan will reduce most employers' direct out-of-pocket The present system is costs. inequitable and unfairly penalizes companies currently providing health insurance to their employees. The Health Security Act seeks to lift that burden. It will.

inject fairness into the system, shifting power in the marketplace in favor of employers and their employees.

Every employee will receive their own Health Security Card which will provide access to high quality. comprehensive health care that can never be taken away.

cont. from pg. 1 Flu...

take advantage of the HHS decision.

"This is great news," said Mary Sapp, Executive Director of the Texas Department on Aging. "Now our senior citizens and others on Medicare can receive the flu and pneumonia vaccines during an office visit or hospital stay without worrying about the costs," she said. "We are excited about our first time participation with the coalition to heighten awareness of the importance of getting a flu vaccine. Approximately 1,000 senior citizen centers have received free educational flu materials. Together we can all help spread the word."

For more information, call the American Lung Association at 1-800-LUNG-USA.

cont. from pg. 1 Muleshoe...

cowboy fixings will be served. Admission for the dinner will be adult \$5.00 and children \$3.50.

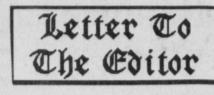
Muleshoe City **Police** Report

Muleshoe police were busy over the past week. Two persons were arrested for public intoxication, one for speeding, one for intoxication, two for no drivers license, one for speeding, four for issuance of bad checks, one for no proof of liability, and one on a DPS warrant.

The police also investigated the following complaints: one criminal mischief case, one forgery incident, one case of making an alcoholic beverage available to a minor, one burglary of a motor vehicle.

Also, one theft case, two harassment charges, one burglary of a habitation, and two criminal mischief incidents.

The Walker, Gr. Improved Survival Rates The American Cancer Society reports that the five-year survival rate for early, localized breast cancer has risen from 78% in the 1940's to 87% today.



October 8, 1993

Re: An appeal to the editor by the people most affected by Proposition

Dear Editor,

Imagine, if you will, what would happen to your community if the state suddenly laid claim to one-third of the real property in your town. Bankers would soon realize their loans were not properly secured. Businesses would be reluctant to locate or expand within such a disputed community. Family farms may fail because one-third of their collateral was determined to be the states domain. All this can be neatly and swiftly accomplished with a broad stroke of the legal pen moved by the strong arm of the Land Commissioner. Imagine also the anguish and fear that the senior citizens of your community would feel!

Proposition 3 could be about your community, but this time it is about ours. If the state can act upon title discrepancies which occured before there was a Texas, what community is safe and what community is ripe for a LAND GRAB?

Proposition 3, if passed by the hands of the voters, will cure our land problems. To the hundreds of families, two churches and local school system the voters are our last hope. The editors of this states newsmedia are our last and best hope of educating the voters. Please review the information enclosed, it says best what Proposition 3 is and from a historical prospective why it is necessary. Please help us.

Sincerely, Don Simpson 409/779-2020

Vote FOR Proposition 3 on November 2

There is a small farming community in Texas where life is quit and people work hard. Most of us can trace our land back to the times when Stephen F. Austin colonized this area in 1824.

But all this changed when an Oil Company wanted our land to look for Oil and Gas. To get what they wanted, the Oil company appealed to the State Land Office, promising a 1/3 interest in the production. All the State Land Office needed to do was to accuse the Mexican Government. Stephen F. Austin, and members of Austin's 1st Colony of

farmers no longer can get loans tor operation costs and the land we have paid taxes on for over 160 years is in jeopardy of being taken away by the State. When the Texas Legislature was made aware of this situation, they moved unanimously to pass in both the House and Senate, a resolution to provide for a proper disposition of this wrongful act. There was not one dissenting vote recorded throughout the Bill process.

Constitution and provides relief for the Farmers, and a victory for all Texans. It is important to note that even the Land Commissioner's Office now endorses this amendment.

Don't change 168 years of Texas history. Please help us get our land back! Do what is right and help save Tax Dollars.

Real Estate Mandatory Course Offered South Plains College will offer a

15-hour mandatory continuing education course in real estate Nov. 19-20.

The class will meet 8:30 a.m.-5:00 p.m. both days in the SPC Technical Arts Building, room 121. Cost is \$60, which includes tuition, fees and materials.

The course has been approved by the Texas Real Estate Commission for 15 hours of mandatory, continuing education credit, including nine hours in legal topics.

The course is offered for persons needing to complete continuing education credit for license renewal. Instructor is Al Sechrist, who

teaches real estate on both the SPC Levelland and Lubbock campuses. To reserve a place in the class,

contact the SPC Continuing Education Office at 894-9611, ext. 341.

NFIB/TEXAS WEIGHS IN ON SIDE OF **PROPOSITION 2**

The state's largest smallbusiness advocacy group today announced its support for Proposition 2, the proposal to exempt pollution control equipment from local property taxes

"Of the 16 constitutional amendments on the November ballot, only Proposition 2 will help preserve jobs and clean up the environment," said Robert Howden, director of the 37,300-member state chapter of the National Federation

Fort Bend County State **Representative Asks For Texas Voters Help**

A Fort Bend County state representative is asking the voters of Texas to correct a technical oversight and return the ownership Proposition 3, amends the State of their land to 140 families, two churches and a school district in Fort Bend and Austin counties.

State Rep. Huey McCoulskey, D-Rosenberg, says that when Texas voters go the polls on Tuesday, Nov. 2 to consider a number of Constitutional Amendments, one of the proposed amendments, Proposition 3, will deal with state ownership in 4,428 acres in Fort Bend and Austin counties.

The land in question was part of a Mexican land grant, McCoulskey said, which was partially voided under Mexican law prior to Texas becoming a republic. After Texas won its independence from Mexico, he said, all land not in private ownership reverted to the new

republic. The one-third state ownership in

the 4,428 acres was discovered in 1991 during a routine title search for mineral rights. In that search, McCoulskey said, it was discovered that one of the Mexican grantees had not fulfilled ownership requirements and his rights to the land were voided.

Since all state land which was not designated for other purposes was made part of the Texas Permanent School Fund in 1900, McCoulskey says that in the eyes of the state, one-third of the Austin and Fort Bend acreage has been a part of the fund for 93 years.

In March, 1992, McCoulskey said the Texas General Land Office informed the disputed land-owners of the possibility of a state claim for a one-third undivided interest in

revenues one whit," Howden said. "All it would do is ease pressure to raise consumer prices in shops seeking to recoup their environmental protection costs."

NFIB/Texas is the latest, and largest, business group to join the Clean Texas Coalition, a broadbased organization that includes organized labor, environmental groups and state and local officials. "It's not often that business, labor and environmentalists agree on how to solve a problem," Howden said.

their land.

McCoulskey pointed out that Texas Land Commissioner Garry Mauro has not as yet officially laid claim to the land, but that he would have no option if Proposition 3, fails

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McCoulskey pointed out the state has not claimed the land since 1824. He said the May 1993 issue of Texas Monthly asserts the state even "technically purchased land from itself" for highway right-ofways

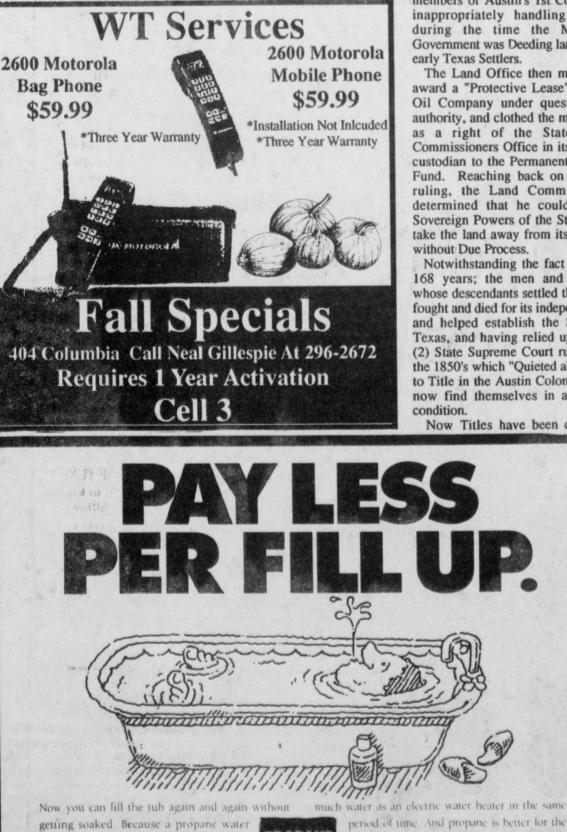
McCoulskey said Proposition 3 passed both houses of the legislature unanimously and approval by a simple majority of Texas voters would "instantly cure the legal deficiencies" in the land ownership.

"If Proposition 3 is rejected, it will mean complete devastation to 140 families and two church congregations and could mean a large tax increase for the patrons of the Wallis-Orchard Independent School /District, which has its high school and stadium facilities on the disputed land," McCoulskey said.

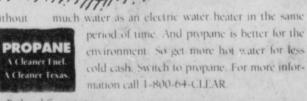
"I urge all voters in the state to vote for Proposition 3," McCoulskey said.

Benefits of Mammography Mammography, a low-dose xray examination of the breast, can find cancers too small to be felt by a woman herself or by the most experienced physician. Mammography also reveals other changes in breast tissue that could mean very early cancer, says the American Cancer Society.





heater can save you \$2,000 over the life of the heater. And a propane water heater pays for itself in about two years. It heats twice as



Texas Railroad Commission

inappropriately handling Deeds during the time the Mexican Government was Deeding land to the early Texas Settlers.

The Land Office then moved to award a "Protective Lease", to the Oil Company under questionable authority, and clothed the maneuver as a right of the State Land Commissioners Office in its role as custodian to the Permanent School Fund. Reaching back on another ruling, the Land Commissioner determined that he could evoke Sovereign Powers of the State, and take the land away from its owners without Due Process.

Notwithstanding the fact that for 168 years; the men and women whose descendants settled this land, fought and died for its independence, and helped establish the State of Texas, and having relied upon two (2) State Supreme Court rulings in the 1850's which "Quieted all claims to Title in the Austin Colony", they now find themselves in a drastic

Now Titles have been clouded,

of Independent Business.

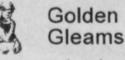
"The soaring cost of complying with federal and state environment regulations threatens to bring tens of thousands of small Texas businesses to their financial knees," Howden said. "Prop 2 is our best hope for reducing these costs in the long run and helping these people stay in business.

New federal clean air standards alone will affect more than 60,000 small firms in the state, according to the Texas Natural Resource Conservation Commission. Compliance is expected to cost them more than \$1 billion in capital investments, increased operating costs and administrative expenses.

Dry cleaners, service stations, auto garages and bakeries will be hit especially hard by the new standards, Howden said. "Their only options are to buy expensive pollution control equipment or to shut down." He noted that "coming up with the cash to buy the equipment is extremely difficult because it won't make the business more profitable. That's not the kind of investment local bankers or outside investors are looking to make."

Proposition 2 won't help small firms round up purchasing capital. "But at least they wouldn't get slapped with annual tax bills, on top of purchase payments, for equipment they're being forced to buy," Howden said.

Proposition 2 would not take effect until January 1, 1994, so no property now being taxed would be removed from local tax rolls. "It would not undercut property tax



It matters not how long you live, but how well. -Publilius Syrus.

Live with men as if God saw

you; converse with God as if men heard you. -Seneca.

They lived long that have lived well.

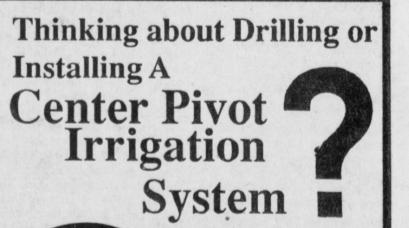
"but no one here wants to sacrifice jobs needlessly in the name of environmental protection.

Election day is Tuesday. November 2. Early voting begins on Wednesday, October 13 and runs through Friday, October 29.

For more information about Proposition 2, contact the Clean Texas Coalition, 114 West 7th Street, Suite 625, Austin, Texas, 78701, (512) 482-0095.

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Services for Wayland Harris, 68, of Muleshoe were held at 2:00 p.m. Monday, October 11, 1993, at the Ellis Funeral Home Chapel, with Gary Montgomery and Curtis Shelburne officiating.

Burial was in Muleshoe Memorial Park Cemetery, under the direction of Ellis Funeral Home, Muleshoe.

Harris died October 8, 1993 at Methodist Hospital in Lubbock.

He was born June 23, 1925 in Plainview, TX. He married Evelene McMahan on July 15, 1956 in Muleshoe, TX.

Mr. Harris had been a Muleshoe Volunteer Fireman for over 40 years. He had lived in Muleshoe since 1929, moving here from White Deer, TX. He had worked for Five Area Telephone Co-op in Muleshoe for 30 years before his retirement. He was a member of the 16th and Ave. D. Church of Christ in Muleshoe.

Survivors include his wife, Evelene Harris of Muleshoe; one son, Kenneth Harris of Lazbuddie, TX; four daughters, Sharon Williams of Lubbock, TX, Cynthia Cargile of Lariat, TX, Marilyn Gable of Muleshoe, TX, and Denna Bass of Plainview, TX: one brother, Roy Harris of Plainview, TX; one sister Vivian White of Muleshoe: and eleven grandchildren.

The family suggests memorials to your favorite charity.

Patients In Muleshoe Area Medical Center

OCTOBER 8, 1993 Edith Lee, Grace Scarbrough, Darrell Kennemer, Jack Templar, **Ona Porter**

OCTOBER 9, 1993 Edith Lee, Grace Scarbrough, W.G. Harlan, Darrell Kennemer, Jack Templar, Ona Porter

OCTOBER 10, 1993 Jessie Lopez, Grace Scarbrough, Edith Lee, W.G. Harlan, Darrell Kennemer, Jack Templar, Ona Porter

OCTOBER 11, 1993 Jessie Lopez, Grace Scarbrough, Edith Lee, W.G.Harlan, Darrell Kenemer, Jack Templar, Ona Porter

Letter To The Editor October 9, 1993

Editor, Muleshoe Journal, From the October, 1993 VFW Bulletin, "On behalf of myself and

nine other veterans who are personal friends, I am protesting the relocation of Iraqi POWs who have been sneaked into the U.S. by the Clinton Administration and given all the benefits of U.S. citizens. And at the very time when veterans are being told there is not enough funds for medical care." (Quoted from Letters to the Editor Column). This was followed by the VFW Editor's Note: 1,000 Iraqi Ex-POWs have already been resettled in the U.S. Another 3,000 are scheduled to be brought here at taxpayer's expense. The campaign to have the President issue an executive order denying refugee status to additional Iraqi soldiers still in detention in Saudi AraBia is being spearheaded by Rep. Donald A. Manzullo (R-I11.). A bipartisan group of 75 members of Congress sent a letter of protest to Clinton in August." End of quote.

This article and numbers are very deceiving. It leads people to believe that all this started with President Clinton, which is absolutely wrong. The first Iraqis to enter the U.S. under this program was October 1, 1992 while President Bush was still in office. It is evident that Bush set this whole scheme in motion. If the editor of the VFW was fair, he would state when it started, how many Iraqis were brought over here under Bush and how many under Clinton. It seems that he was more interested in bashing the Democrats and Clinton than being fair. Check with your Congressman about when this was started. Where was Cong. Manzullo and the others when the first ones were brought over here? They should all be fair and quit trying to deceive people that this was President Clinton's idea. Please write your Congressman to protest bringing any more Iraqi POWs to the U.S.

Very truly yours,

Nolan H. Harlan P.O. Box 822 Bula, Tx 79320

> Clinton says U.S. must end Somalia policing.

Summit To Explore Texas Agriculture's Future

Agriculture leaders will look beyond the industry's traditional segments during the first-ever Texas Agricultural Summit Oct. 27-28 in College Station.

The summit will explore solutions to the expected hot issues of the 21st century: changing consumer preferences, uncertain world markets, managing business changes, the environment, technology, public policy and innovative leadership.

'To make wise decisions regarding new priorities and resources, we need a better understanding of the changes that have taken place in society," said Dr. Ed Hiler, vice chancellor and dean of agriculture at Texas A&M University.

The Agriculture Program at Texas A&M is organizing the summit, which will rely on input and leadership from the Century 21 Blue Ribbon Committee chaired by Plainview banker John C. Anderson.

Texas Speaker of the House Pete Laney, D-Hale Center, will be the luncheon speaker on Oct. 27. On Oct. 28, Texas Agriculture' Commissioner Rick Perry will address the state's role in the changing industry. U.S. Rep. Charles Stenholm, D-Texas, will talk about the federal issues that will impact Texas agriculture in the future.

Representing consumer concerns will be Amy Barr of the Good Housekeeping Institute. Josh Harr, vice president of research at Sandoz Pharmaceutical Co., will discuss technology development. Speakers for the remaining issues will be named soon.

We are attempting to build this summit around the industry and educational institutions, and Texas producers certainly are encouraged to attend," Anderson said. "We plan to involve all segments--especially the traditionally non-agriculture components. In my opinion, agriculture has had a big void because it has not tried to meet and work with people representing other viewpoints."

Anderson said preparing for these issues is vital for the state's

economy as the 21st century nears because agriculture is the No. 2 industry in Texas. The industry will remain strong only if Texas farmers and ranchers produce for consumer demands and desires, and if consumers have a better understanding of production requirements and problems, he said. The summit will tap many segments of society and will involve the state's institutions of higher learning.

Hiler said colleges and universities need to understand the demands and desires of society in order to direct education, research and programs to meet those expectations.

"The summit is an ambitious step toward achieving new movement and direction for Texas agriculture," said Dr. Gene Nelson, agricultural economics department head and summit planning committee chair.

Nelson said groups have been formed to prepare issue statements for consideration at the summit. These statements will identify, define and document the high priority issues for resolution and follow-up action.

"Just as a diplomatic summit brings leaders of nations together, we intend to involve Texas' leaders to bring their expertise and viewpoints to the table," Nelson added.

Hiler said the goal of the summit will extend beyond the October meeting.

"The trends and issues identified, as well as any conclusions reached during the summit, will be disseminated throughout the state and to federal agencies," Hiler said. Organizers plan to follow up on summit conclusions with a series of statewide meetings at the beginning of 1994. If talks proceed as expected, organizers said, a strategic plan with specific goals will be developed to benefit Texas agriculture and its consumers.

This is a big, brave, bold step for agriculture," Anderson said. "But we won't accomplish anything in Texas if we don't try."

Hillary Clinton defends new tax on tobacco.

Stress Managing

What do you think of when you hear the work "stress?" Stress, quite simply, is the way you react physically and emotionally to change. Like change, stress can be either positive or negative. Stress may be the sense of concentration you feel when faced with a new and challenging situation or it may be the vague sense of anxiety you feel after "one of those days!" In any case, you can learn to manage stress so that you can be in control.

Positive stress can help you to concentrate, focus, perform, and can often help you reach peak efficiency. Many people do their best work when under pressure. Then, when the challenge has been met, they take the time to relax and enjoy their achievements. This relaxation response allows them to build up the physical and emotional reserves to meet the next challenge. This is one of the key elements of positive stress.

Stress becomes negative when you stay "geared-up" and do not or cannot relax after meeting the challenge. In today's world, where many situations can "push your buttons," it's no wonder some people think stress is a way of life. Unfortunately, when stress becomes a constant, ongoing cycle, your health and well-being can suffer. "Negative stress has been linked with many physical ailments from tension headaches to heart attacks," said Wanda Young, education coordinator at Methodist Hospital. The good news is that stress does not need be hazardous to your health. You can learn to manage the stress in your life.

Stress is a fact of life, not a way of life. The first step in learning to control your stress is to be able to recognize the signs of stress.

Awareness of stressful situations can help solve the problem. Listen to your body, headaches, stomach aches, tensed muscles and cold or clammy hands are all sign of stress. You can break the cycle of negative stress by learning ways to help relax yourself. Practice simple relaxation techniques on a regular basis to give yourself a chance to unwind. A positive attitude and lifestyle are also key elements of stress management.

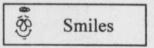
Relaxation techniques:

1. Deep breathing- by inhaling deeply and allowing your lungs to breath in as much oxygen as possible, you can begin to relieve that tension that lead to the negative stress.

2. Clearing your mind- by allowing yourself to mentally focus on a single peaceful word, thought, or image, you can create a feeling of deep relaxation.

3. Stretching- one of your automatic physical responses to stress is muscle tension. A simple way to loosen up tight muscles and combat stress is to do stretching exercises

In today's hectic, fast-paced world, stress is part of life, a part you can control. You start by becoming aware of what causes stress and how you feel when under stress. Then, by using simple relaxation techniques and developing a positive attitude and lifestyle, you can manage your stress.



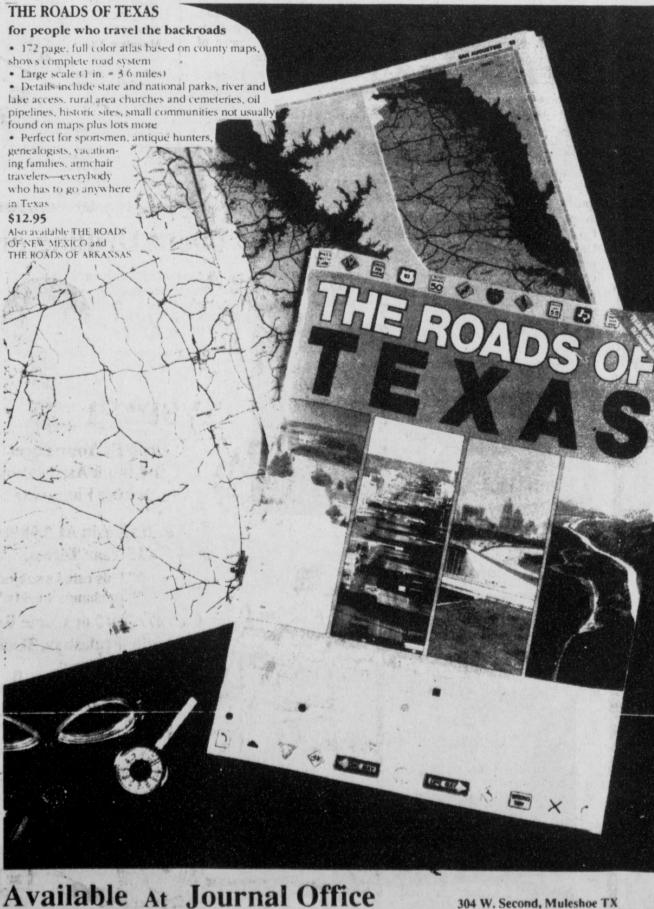
Lonesome He--What is home without a mother? She--I am, tonight.

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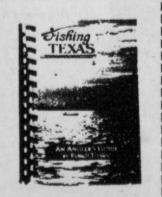
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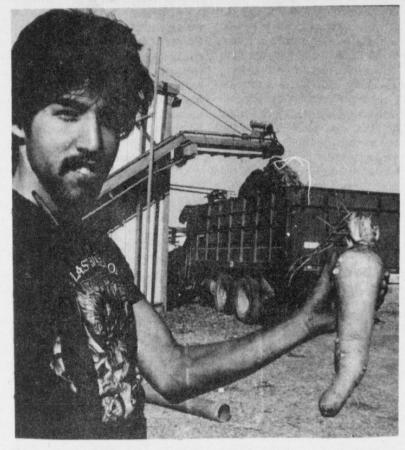
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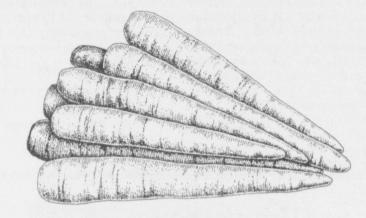
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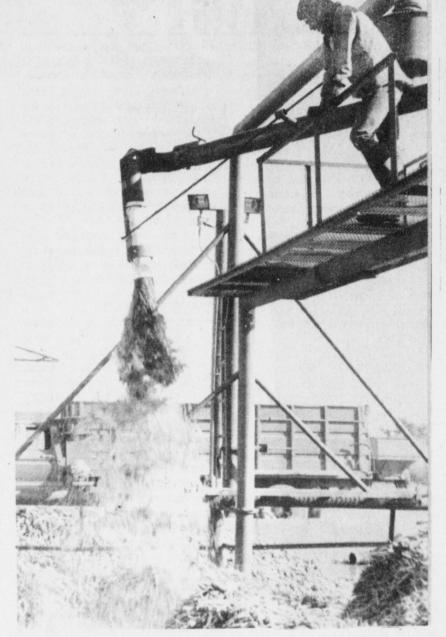
Page 8, Muleshoe Journal, Muleshoe, Texas, Thursday, October 14, 1993

BC Produce Takes On Carrot Harvest



Juan Garcia, plant foreman, displays this giant carrot. Carrots of all (Journal Photo) sizes and shapes can be found.



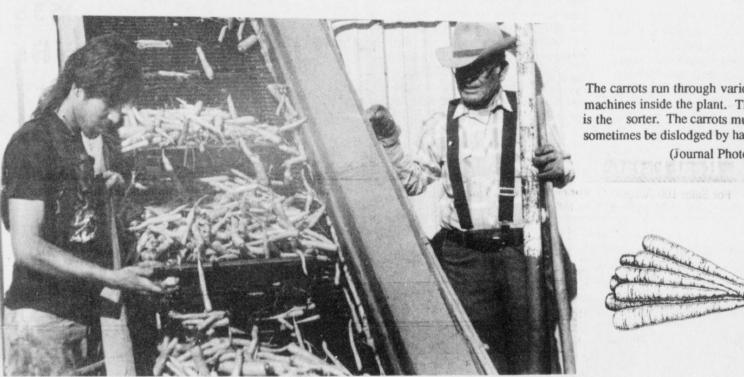


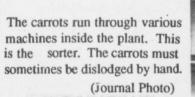
The carrots are dumped from the trucks onto a cement pallet where they are washed with a large stream of water coming from this giant hose. The neck of the hose can be manipulated by the man on the catwalk. (Journal Photo)



The carrots are washed, with the giant hose, from the cement pallet into (Journal Photo) a canal of running water.

the rolling no





The conveyer belt is constantly monitored by these employees as the carrots travel to the next step of processing. (Journal Photo)

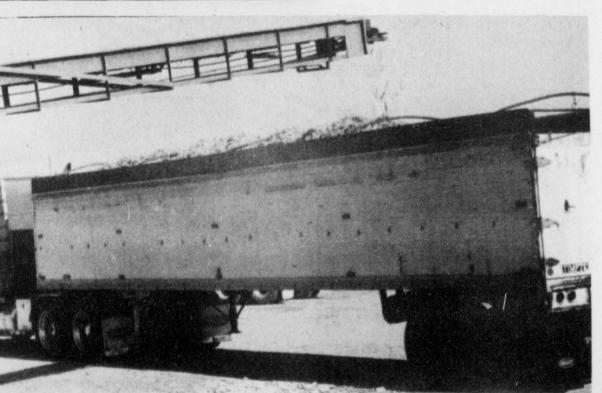


The carrots are sorted a second time by hand.

(Journal Photo)



Sometimes the carrots are loaded by bulk onto trucks to be sent to processing houses down state. (Journal Photo)



Sometimes the carrots are bagged and placed on crates for shipping. (Journal Photo)



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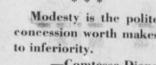
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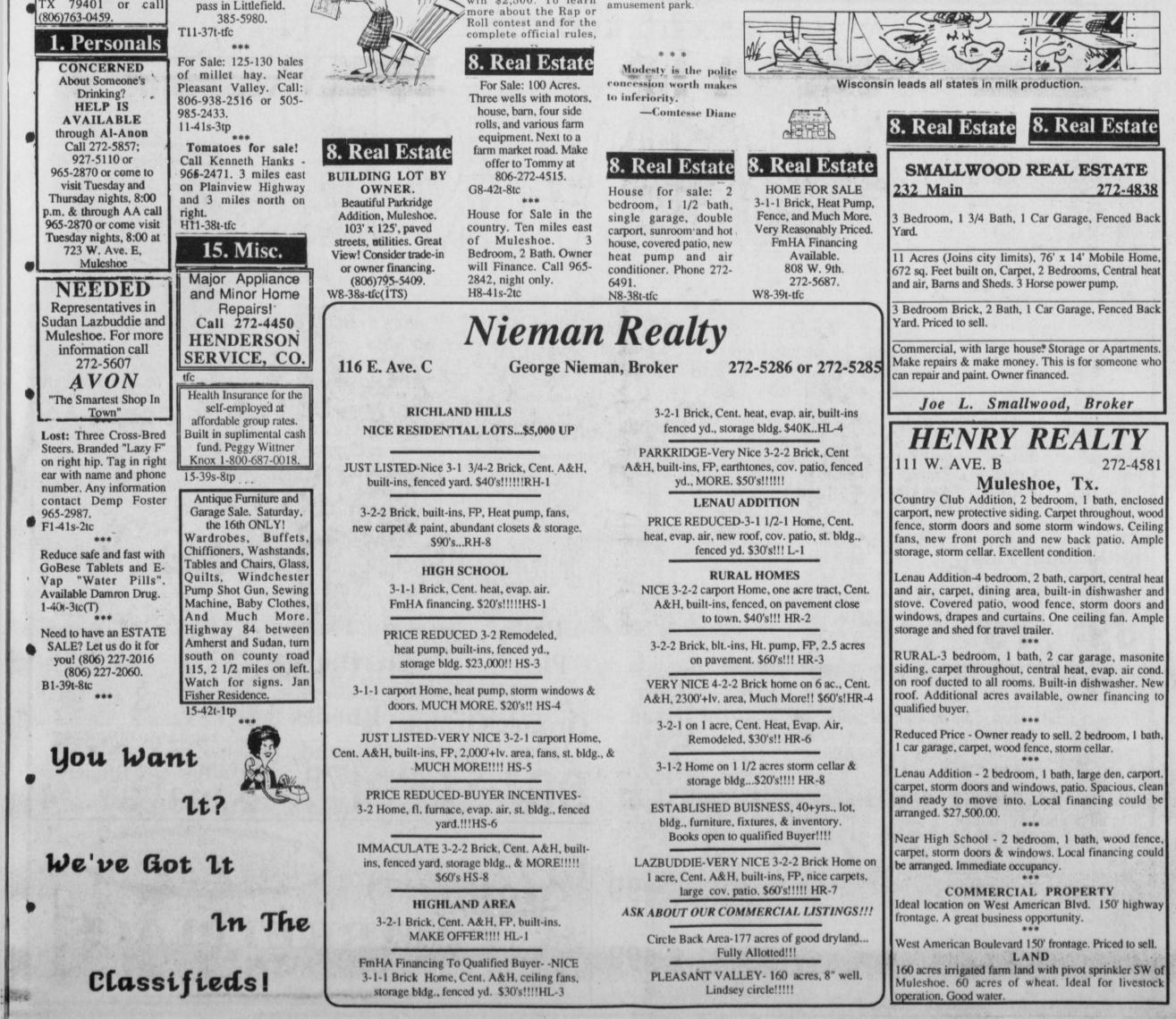
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9. Automobiles 9. Automobiles









Page 10, Muleshoe Journal, Muleshoe, Texas, Thursday, October 14, 1993

