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dr. bundy moves office

| Geekly News Analysis |
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| G.O.P. Frowns on Early Booms |
| While Wooing Insurgent Dems |



Politics



That Is Philosophy of Head of Export-Import Bank
Which Is Doing Good Work in Financing Trade With


Bruckart's Washington Digett
Restore Jobs by Helping in Sale Of Products of Farm and Factory



The Killer Ship"
$\mathbf{H}^{\text {ELLO }}$ Eve Everybory:
spun you tales about animal killers. This is the story of a spun you tate
killer ship.
Carl L. Rynning of Brooklyn, N. Y., told me this story.
It happened to him in 1902 , when he found himself broke and out of a job in South Africa and signed on a windjam-
mer for a trip to South America. The windjammer was the bark Albatross, which had just
brought a load of corn over from Buenos Aires and was going back to the same port in ballast. There it would pick That suited Carl's plans, so he sailed away one morning at daybreak, and six weeks later, after an uneventful trip, the
Albatross entered the Plata river and docked at Buenos So far, everything had gone smoothly, but they had no evident that the Albatross was none too seaworthy a craft.
When the sand ballast had been taken out of the hold, When the sand ballast had been taken out of the hold,
water began coming in through the seams. That didn't
bother the captain any to speak of. He just let the ship settle in the
mud, and when the mud got into the seams and closed them up, he
began loading again. began loading again.
Many a sailor would have quit that ship then and there. But Cart
wanted to get back to South Africa. He stayed on for the return trip.
but the ship was hardly out of the river again betore he began to regret it. Huge Swarms of Rats Had Boarded the Ship. Huge Swarms of Rats had Boarded. the Ship.
The weather was fair enough at the moment. thas sate June
and the old tub was wallowing along before a fair breeze. But
 aboard while the ship was loading grain, and now they were
threatening to take over the hhip. .We must have had half the
rats in the Argentine with us." Carl says. "They were everyrats in the Argentine with uss." Cart says. "They were every-
where. We found them in the pockets of our colthes-in our
bunks-and in short, everywhere we looked. While we were tying



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## Europe


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# MOUNTAIN MAN <br> <br> A Banner giction Serial <br> <br> A Banner giction Serial by harold channing wire 

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## WHAT to EAT and WHY

C. Houston Goudiss Considers the Question: How
Often Shall We Eat? Suggests That Some People Often Shall We Eat? Suggests That Some People May Benefit by More Than Three Meals

By C. HOUSTON GOUDISS











 New Play Dress and
a Bolero Ensemble


Thus, it is evident that there are humerous instances when there is justification for departing from the
accepted routine. But it must be remembed routine. But it must be
of meals is increased, the number amount
on of food taken at each one amound
decreased. Otherwise, an be decreased. Otherwise, an un-
due strain may be placed upon the
digestive organs. Then, too, no matter how the
day' food dis divided, ;it must pro-
vide all the subst vide all the substances required
or sound nutrition. Otherwise, the shed, no matter how many meals The diet should be built first of
all a around the protective foods
fill lik, eggs, fruts and vegetables,
are such an importan ource of necessary minerals and
vitamins. It must also supply pro-
ein for growth and repair, carboergy, asd sufficient bulk or cellu-
eydate and ate ate
lose to promote normal elimina.

Keep the Diet Balanced Whether you serve three hearty
eals and forego eating between
nes, or follow the plan of pro-
ding a mid-morning or por


Questions Answered


Constipation Relief Pepsin-izes Stomach

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## Ice Time Is Here

 nor definit
We are not asking for your ica business just because we are a home concern, but just because we are a home concern, but
because we are old hands at making ice and know that we can satisfy you. Roy Henderson is in charge of the plant and he will be glad to accommodate you in any way mrs hugh stodghill.

## Bert Northcutt

## LET'S G0!!

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