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MAY 15, 2014 • 18 PAGES

"A Caring Community"

75¢



Cross Plains Review

Cross Plains Lady Buffs' 2014 State Champions

& Future Hinge on the Cross!



**Cross Plains High School 2014 State Track Qualifers and Champions** 

Story and Pictures on Page 4 & 5



Countywide **Burn Ban** lifted

Due to the recent rainfall, Callahan County Judge Roger Corn

Bronze medalist in the 4x200 M Relay. Tyler Henderson, Colton McWilliams, Tristen Stephenson and Rylan Laminack.

More pictures on page 3

# **Cross Plains Boy's** 4x200 M Relay brings home Bronze

The Cross Plains Boys competed in the Class 1A-Division II State Track Meet Saturday in Seniors Tristen Austin. Stephenson, Tyler Henderson, Colton McWilliams and Sophomore, Rylan Laminack competed against very stiff competition in the 4x200M Relay. In fact, Region 2 had 3 teams place in the top four in the contest.

The Buffaloes ran a time of 1:33.26 just good enough to edge our district foe Santa Anna, who ran 1:33.31, for third place a trip to the medal stand. Bronte's time of 1:32.48 was good enough to win it, with Lenorah Grady placing second with a time of 1:32.49.

Senior, Colton McWilliams was the lone individual competitor competing in the 300 M

#### Sheriff's Corne try to befriend it.

By Terry Joy **Callahan County Sheriff** 

#### RABIES ALERT FOR CAL-LAHAN COUNTY

A rabid skunk was found between Clyde and Eula; a rabid treated. feral cat was found in the Denton Valley area.

A specimen of the skunk and must have a series of shots to cat was sent to the State Health prevent becoming infected with Department for testing and both animals tested positive for rabies.

Anyone who has contact with the first line of defense against wild animals should use caution. Also, carefully observe any pets that may have contact with wild animals.

Anyone coming in contact with Please see your veterinarian for an animal they suspect to be more information on rabies vacrabid should avoid it and don't cinations.

Hurdles. He finished in sixth place with a time of 42.24.

The Cross Plains Boys team had a great season and represented Cross Plains in grand fashion at the state meet in Austin. They have set the expectations high for all future Buffaloes. Congratulations to Tyler, Rylan, Colton, and Tristen on a



Animal contact, such as bites

or scratches, may lead to exposure to rabies. Infected animals

can transmit the rabies virus prior

to the onset of symptoms. Rabies is always fatal if left un-

Humans who have been bitten

or scratched by a rabid animal

Vaccination of all cats and dogs

is required by state law and is

human infection. We urge every

cat and dog owner to have all of

their animals vaccinated and to

keep vaccinations up to date.

rabies.



Workers in progress of installing the large overhead doors on the new fire station.

## **Overhead doors installed** on new fire station

The progress on the new Cross Plains Fire Station is moving right along. On Monday and Tuesday, workers were installing the large overhead doors on the truck bays.

Thanks to your generous donations and the proceeds from the fish fry, more work is being done on the building. Approximately \$70,000.00 is needed to complete the new firehouse.

If you'd like to help with the new, building, send your tax deduct le donation to CPVFD, PO Box/339, Cross Plains, Texas 76443. Your support is greatly appreciated.

## Ready, Set, **Volunteer** for Memorial **Day Weekend**

The Cross Plains EMS and Cross Plains Volunteer Fire Department, will once again have their annual Memorial Day Fundraiser at the 4 way intersection of Hwy 36 and 279. The event begins on Friday, May 23rd from noon to 8:00 p.m. and will also be running Saturday, May 24th from 8:00 p.m. and Monday, May 26th from 8:00 am - 8:00 p.m. We need volunteers to stand for two hour increments or as long as possible, Friday evening, all day Saturday, and all day Monday.

Our goal is for the community to stand so the volunteers of EMS and the Fire Department don't have to!

Please help us as we "Stand" to support our local volunteers who give of there time and energies. I will have a schedule so please call to sign up!

Connie Kirkham-254-725-6500 (Shop) 254-725-6318, 325-665-0154

### has lifted the Outdoor Burn Ban in Callahan County effective Thursday, May 8th. Texas Heritage Bank "We're Proud of



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# **Clyde Chamber to host City**wide Garage Sale this week

The Clyde Citywide Garage available for donation at Sale is THIS Saturday, May 17th

Once again the Clyde Chamber of Commerce has put together a Shopping Guide listing the best sales in town! Over 30 sales are listed in this year's Guide along with a map of Clyde to help locate the sales

Shoppers may pick up a copy of the Guide for \$5 on Friday, May 16th between 1:00-4:00pm, and it will also be

7:30am on Saturday, May 17th at the Clyde Chamber of

Commerce at 106 Cedar. In addition to handing out the Guide, the Chamber will be hosting an indoor sale that includes booths for Citizens EMS and several other vendors. Be sure to stop by!

Men of Clyde will be set up inside the Old Firehouse on North 1st street. They will have garage sale items for sale to benefit the Backpack for Kids

food program and will also be hosting their annual Burger Bash from 10:00am-4:00pm. The Burger Bash benefits the Clyde Public Library. Tickets at

the door are \$8 each. The Chamber will not be serving lunch this year, we encourage everyone to stop by and support the MOC Burger Bash.

As you can see, we have a LOT going on this Saturday! Invite your friends and family and tell them Clyde is the place to be!

CHURCH DIRECTORY **Choose The Church of Your Choice** A Church For ALL **God's People Triple Cross Cowboy Church** Every Sunday at 10:30 am Services held at 18071 CR 421, Cross Plains (1/2 mile North of Cross Plains city limits on Hwy 206) Al Taylor, Preacher Phone: 254-725-7522 Cell Phone: 325-370-6680 **Pioneer Baptist Church** 

Pastor:	<b>Music Director:</b>
<b>Dwaine Clowers</b>	Barbara Jo Medley
Sunday School	10:00am
Sunday Morning Worship.	11:00am
Sunday Evening Worship.	6:00pm
Wednesday Prayer Service	e7:00pm

## **Living Water Ministries Fellowship**

**Restoring And Equipping The Saints** 

Sunday....10:00 am Wednesday....7:00 pm

**Pastor Max Evans** 

For Information Call (254) 725-7418

## **Rowden Baptist Church**

**Pastor: Wayne Lenz Music: Karen Lenz & Diane Woods** 

Bible Study...10:00 am Sunday Morning Worship...11:00 am 2990 Highway 36 at Rowden 12 Miles West of Cross Plains

**COTTONWOOD BAPTIST CHURCH** 

# 

# **Death Notice**

Kyle Wade McClure, age 31, passed away on Tuesday, May 13, 2014 with his family by his side

Funeral services will be at 2:00 p.m on Friday, May 16, 2014 at the First United Methodist Church in Cross Plains with Kevin Morton officiating assisted by Ronnie B. White; burial will follow in the Burkett Cemetery in Burkett, Texas. Visitation will be Thursday, May 15th at the funeral home from 6:00 to 7:00 p.m. under the direction of Higginbotham Funeral Home in Cross Plains.



**BILLY JESSE** TARRANT

#### **Billy Jesse Tarrant**

CLYDE - Billy Jesse Tarrant, 79, of Clyde died Monday, May 12, 2014 at his home. Funeral services will be 10:30 a.m. Thursday, May 15, 2014 at First Baptist Church in Clyde with Dr. Toby Henson officiating. Burial will follow in the Clyde Cemetery under the direction of Bailey Howard Funeral Home. Visitation will be from 6:00 p.m. - 8:00 p.m. Wednesday, May 14, 2014 at the funeral home.

Mr. Tarrant was born May 19, 1934 in Clyde, Texas to Willard Hilton and Cathron (Collins) Tarrant. He was a lifelong

resident of Callahan County, graduating from Eula High School in 1952. He married Nita Faye Dixon January 7, 1956 in Clyde. Mr. Tarrant was a machinist for Lockheed-Martin for 35 years, retiring July 28, 1995. He was a member of the Eula Methodist Church.

Mr. Tarrant is survived by his wife Nita of Clyde; one son, Dennis Tarrant and wife Kim of Abilene; one daughter, Joleene Carson and husband Jimmy of Abilene; one brother, Doug Tarrant of Clyde; one sister, Gaye Cranfill of Clyde; two grandsons, Troy Tarrant of Midland and Clay Tarrant of Abilene; two granddaughters, Jenna Carson Eckstein and husband Ethan and Chelsea Carson Schulz and husband Seth both of Lubbock and one great granddaughter, Kennedy to be here in September.

He was preceded in death by his parents.

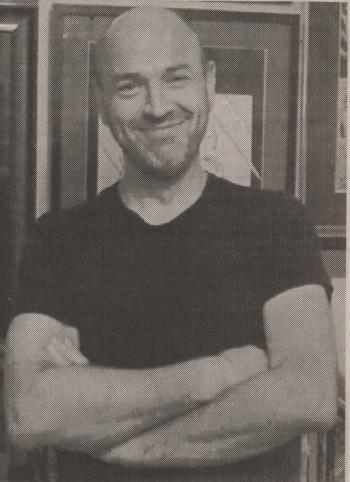
In lieu of flowers, donations may be made to the Clyde Volunteer Fire Department, Callahan County Meals on Wheels or ones favorite charity.

Online condolences may be made at HYPERLINK "http:// www.baileyhowardfuneralhome.com"



FUNERAL HOME www.baileyhowardfuneralhome.com





Patrice Louinet, GOH, 2014

# **REH Days to feature French scholar**

Patrice Louinet of France will be the guest of honor at the June 13-14 event and as such, he will be on several of the panel discussions. Louinet is one of the premiere international scholars in Howard studies, earning numerous awards for his editing and translating Howard into the French language. He was also heavily involved in the audio edition of some of the Howard books and will be the principle advisor for a new Conan board game that is in the works.

Aside from his work in advancing the body of work produced in our little white Museum, he teaches English/ American literature, is a professional translator under both his name and various pseudonyms. Louinet lives in Paris with his wife and one year old son.

The 2014 Robert E. Howard Days will kick off Friday, June 13 with coffee and donuts in the Pavilion. Activities start at 9:00 with the opening of the Museum for tours, the departure of the bus tour around town and out towards Cottonwood and the special postal cancellation at the Post Office. Three panel discussions focusing on the way Howard used historical events in the guise of fiction will be held at the library. The community center opens at 5:30 for a silent auction and celebration dinner **Love Fund** A Love Fund has Been Set at Texas Heritage Bank in Memory of Brenda Waggoner to help the family with expenses.

with Louinet as the keynote speaker. Saturday will find 3 more panels, more tours of the Museum and free time to visit the Barbarian Festival over in Treadway Park.

The public is invited to attend any of the panel discussions, browse the swap meeting going on under the Pavilion andtour the Museum at no charge. Reservations for the Friday evening celebration dinner may be made at any time by signing up at the Library, the bank and at City Hall. Or by mailing a check to Project Pride at PO Box 534 or via PayPal at

ProjPride@yahoo The chicken fried dinner catered by The Staghorn is \$15.00 per plate.

As out-of-town and out-of the country reservations are arriving daily, local folks are encouraged to purchase tickets in the near future before the Community Center reaches capacity.

Be sure to mark your calendars now for June 13-14 so you can be a part of this one-of-a-kind celebration.



## Presbyterian Church Sunday Service 9:00 AM

Music- Connie Swift Lead Singers: 4His Glory **Pastor Kathy Monroe** 208 N. Ave. D 23-tfn

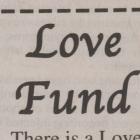
# **CROSS PLAINS CHURCH OF CHRIST**

**433 North Main Street Cross Plains**, Texas 76443 **Minister: RICK AUSTIN SUNDAY:** Morning Worship: 10:45 A.M. Bible Class: 9:45 A.M. **Evening Worship: 6:00P.M.** Wednesday: Evening: 7:00P.M. Ladies Class - Wednesday: 10:00A.M. (at the church activity center on East Hwy 36) Office: (254-725-6117) Cell Phone: Rick - (918) 348-6859

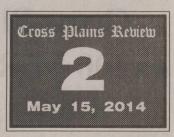
"When In Need—Call Reed" No Job too Big or Too Small! Free Estimates! Locally Owned We do it all! References! **Concrete-Barns-Painting New Homes-Additions-Remodelling** Tape & Bed & Texture-Metal & Shingle Roofs We'll still be here after the work is done! All work is Guaranteed! X Home: 254-725-7363 Cell: 325- 660-9805 www.rustyreedconstruction.com - Tx. Cont. License # 4047 **First United Methodist Church** Kevin Morton, Pastor Office 725-7377 Parsonage 325-624-5634 Sunday School **Sunday Worship** 9:30 a.m. 10:45 a.m. **1000 North Main Street** www.gbgm-umc.org/crossplains/ **First Baptist Church Sunday Evening** Sunday Morning 6:30 p.m. 10:45 a.m. **Sunday School** 9:30 Wednesday 6:30 pm Prayer/Worship Student & Children Ministries 6:30 p.m. **Ronnie B. White, Pastor TimTolosa, Worship/Discipleship** Jared Huntley/Students (254) 725-7629 301 N. Main, Cross Plains, TX 76443 www.firstbaptistcp.com

## **LOVE FUND**

A love fund has been set up at Texas Heritage Bank In Memory of Ricky Smith to help the family with expenses. Ricky is the son of Ileen Smith and the father of Holly Smith both of Cross Plains.



There is a Love Fund set up for the family of Billy Bell at the Texas Heritage Bank



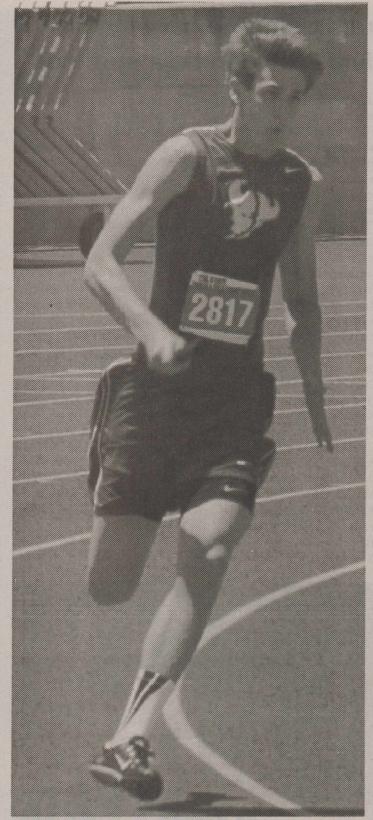
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# **TEXAS PRESS** ASSOCIATION

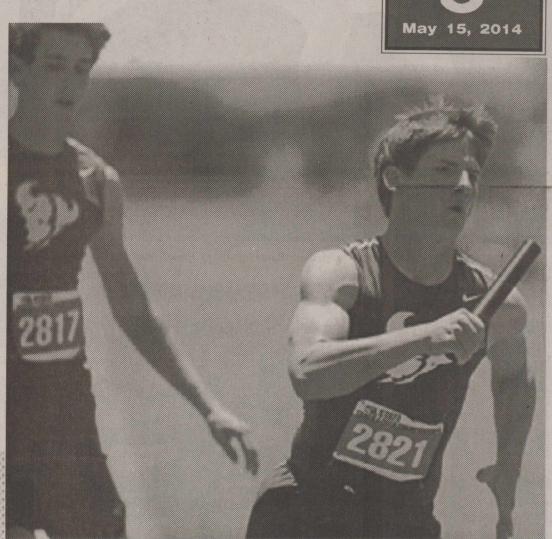
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Tyler Henderson making the turn in the 4x200 M Relay.





Rylan Laminack anchoors the 4x200 M Relay.

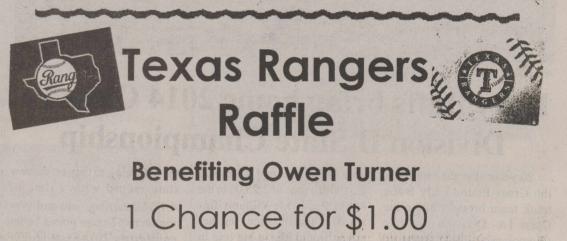




Beta Sigma Phi member Dora Warlick (left) presents a check to Judy Porter (right) for the Cross Plains Food Pantry. Beta Sigma Phi is disbursing funds to six local organizations from its 2013 proceeds.



Pictured is Michelle Kaiser (left), 2014 Beta Sigma Phi Sweetheart, presenting a check to Dannes Turner (Right). Each year Beta Sigma Phi elects a sweetheart at their Valentine Banquet and honors her with a \$50 donation to the charity of her choice. Kaiser chose Owen Turner's Love Fund as a recipient.



Tyler Henderson hands off to Tristen Stephenson in the boys 4x200 M Relay. The relay team were bronze medalists.

# 6 Chances for \$5.00

Package Includes:

- 4 Texas Rangers tickets- Good for any • game besides playoffs (Section 131 in the shade between home plate and Rangers Dugout)
- 1 night stay at the Crown Plaza in Arlington

Drawing will be May 30, 2014 @ Texas Heritage Bank @ 3:00 Mark Norris was the winner of the original raffle. Thanks for donating the tickets back to re-raffle. ③



Rebecca O'Banion

Frank and Edna O'Banion of Cross Plains would like to announce the graduation of their daughter, Rebecca O'Banion from the University of Mary Hardin-Baylor in Belton, Texas. Rebecca graduated with a Doctor of Education degree on Saturday, May 10, 2014. She serves as the Director of Alumni Relations at UMHB and resides in Belton. Her dissertation topic is,"An Exploration of the Attitudes and Feelings of Millennial Alumni of Small, Private Universities when High Student Loan Debt Exists."

 $\mathbf{x}$ 



Pick up your Garage Sale Guide and Map at

**106 Cedar Street** Friday May 16th 1:00-4:00pm, \$5 Saturday starting at 7:30am for donation



Ariel Sneed starts off the 4X200 M Relay.

# Lady Buffs bring home 2014 Class 1A **Division II State Championship**

20 years after the same feat, the Cross Plains Lady Buffs track team brought home the Class 1A- Division II State Championship. 6 girls teamed up for the 62 total points well ahead of Ira's second place finish of 46. Junior, Allanta Wheeler got the Lady Buffs on the board early Saturday morning in the pole vault. Her Vault of 9'3" was good enough for a trip to the medal stand and a silver medal earning 8 points for the Lady Buffs. Ira's Hanna Womack won the event earning 10 points. Ira then got some help from their long jumper and triple jumper combing to add 10 more Meter Relay, consisting of Ariel points to their total. After the triple jump, Ira was up 20-8 in team points. The girls 4x100 Meter Relay was up next, teaming up was Grace Goode, Ariel Sneed, Allanta Wheeler, and Kristin Wright. They ran a time of 52.75, which was good enough for seventh place. Once again, there was Ira who took gold with a time of 51.49 and 20 more points to give them a commanding 40-8 lead over Cross Plains. The Lady Buffs were patient as they knew their time was coming with Ira having two events left, Cross Plains still with 4 events left, including two relays. Shelby McWilliams helped the team tally as she ran her best

Cross Plans Review

May 15, 2014

time of the year, and a personal best with a time of 2:25.06 in the 800M Run. McWilliams finished in fourth place, but her points would play a big role in getting the Lady Buffs in double digits, earning four points in the event, to bring Cross Plains tally to 12, Ira 40.

the mile relay, as they set the new state record with a time of 4:13.72, earning gold and giving them 62 team points being crowned the 2014 Class 1A-Division II State Champions. Team point totals finished with Cross Plains with 62, Ira 46, Calvert. 38. Follett and

## More sponsors signing up now for the **Barbarian Festival- You can be a sponsor**

You can be a part of the Barbarian Festival! On the second Saturday in June over a thousand local and area residents gather at Treadway Park for the Barbarian Festival, and enjoy arts and crafts, jewelry, candles and other kinds of booths, kids games, pony rides, a variety of food, live music and lots of fun. This year's festival is on Saturday, June 14th.

You, your business or your organization can sponsor the Barbarian Festival. For a donation of \$100.00 or more you will receive your or your company's name or logo represented in print advertising for the festival in local & area newspapers and on the Barbarian Festival t-shirt and website. You will also receive a complimentary t-shirt.

For a donation less than \$100.00, you name or your company's name represented in print advertising.

You can also donate items to

our raffle that benefits the Terry Jane McWilliams Wyatt Scholarship Funds. We will draw for the items during the festival and your business will be mentioned as donating the item. Donated items will be accepted in lieu of cash for sponsorship.

Those businesses that have already signed up to sponsor the festival are: First United Methodist Church, Azalee Womack, Bagley Insurance, Ray's Barber Shop, Higginbothams, Trinity Live Oak Real Estate, Cross Plains Parts Plus, Meghan's Market, Last Shot Boots and Ranch Wear, Hutchins Custom Processing, Cross Plains Grain and Peanut, Sisters Restaurant, Callahan County Sheriff's Dept., ResourceCare, Cooks Fish Barn, Connie's Cuts & Curls, MicroMold Plastics Inc., Snippits, Complete Home Maintenance, Cunningham Ranch, 36 West Motel, McCready Rods and Rides, Bear Branch Ranch, AAA Stowaway Storage, Barr Fabrication,

Salamander's Ap-parel, Reed Construction/Box R Outfitters, City of Cross Plains, Cross Plains Chamber of Com-merce, Susan Schaefer CPA, Turner Landscaping, Cross Plains EDC, Tim's Floral and Gifts, J & S Ag Fabrication, Live Oak Land Real Estate, Subway, and the Rodenberger Family.

If you've sent in your sponsorship, and we didn't mention you, please accept our apologies, it was in error. Please call and let us know, so we can add you to the sponsor list.

You can mail your sponsorship donations to the Barbarian Festival Committee, P. O. Box 741, Cross Plains, TX 76443 before May 10, 2014 or call Don Childers 254-725-6498 for sponsorship information or raffle item pick-up. If you have any questions about the festival contact Susan McNeel Childers 325-669-0329 or Cindy Payne 254-725-6992.



Ira's final points on the day would come with a lot of track meet left as Ira's Welch finished third in the 100M dash to give Ira 46 points. That would be all for the Ira Lady Bulldogs as Cross Plains were prepared to explode in the points.

Next up was the girls 4x200 Sneed, Kristin Wright, Grace Goode, and Shelby McWilliams. The girls ran their race of they year with a time of 1:49.71, not only earning 20 points, but setting the Class 1A-Division II State Record while doing so. The win in the 4x200 gave the Lady Buffs 32 points to Ira's 46. Cross Plains, sophomore, Kenzie Halsel was next up in the 300 M Hurdles, she got out of the blocks quick and was never behind as she cruised to a gold medal, just a few tenths of a second shy of setting the State Record with a time of 47.64, three seconds faster than any time she as ran this year. The 1st place finish for Halsel put the Lady Buffs just four points shy of Ira's 46 points.

Going into the final race, the girls 4x400 Meter Relay, the Lady Buffs needed four points to tie, and five points to win the meet. Not to be content the quartet of Grace Goode, Kristin Wright, Kenzie Halsel and Shelby McWilliams dominated

Nordheim 36. The Lady Buffs coach by Daniel Purvis brought home a total 9 gold medals, 1 silver, 2 state records, and 1 huge trophy for the trophy case. Lady Buffs are also coached by Dade Cosby, Mykia Anderson, Phil Mitchell, Brandi Purvis, Mark Kelley and Daniel Kelley.

Members of your 2014 State Champions are:

Kristin Wright, Senior-4x400M Relay-1st, 4x200 M Relay-1st, 4x100 M Relay -7th.

Allanta Wheeler, Junior-Pole Vault-2nd, 4x100 M Relay -7th.

Ariel Sneed, Junior- 4x200 M Relay-1st, 4x100M Relay-7th

Shelby McWilliams, Sophomore-4x200M Relay-1st, 4x400 M Relay-1st, 800M Run -4th.

Kenzie Halsel, Sophomore-300M Hurdles-1st, 4x400M Relay-1st.

Grace Goode, Freshman-4x400M Relay-1st, 4x200M Relay-1st, 4x100M Relay 7th.

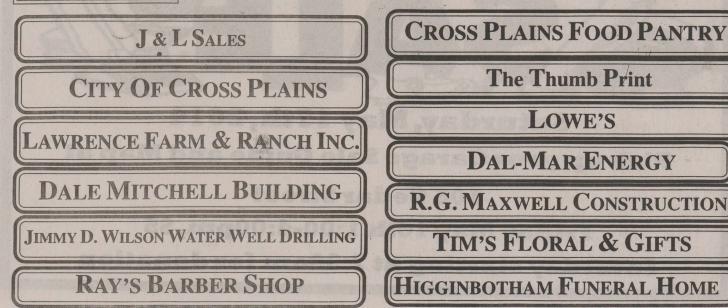
The girls and coaches would like to thank the school and communit for their support as well as the amazing escort into town Saturday night. They would also like to thank the 1994 State Champions for their support and words of encouragement.

Clearing 9'3" and bringing home a silver Medal, Allanta Wheeler Clears a height in the pole vault.

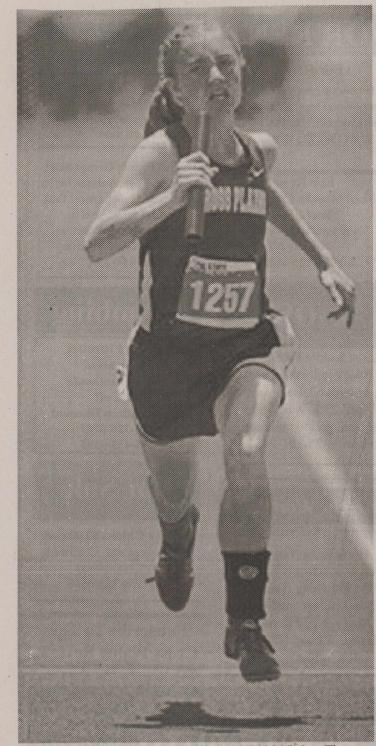


Left to right: Kristin Wright, Shelby McWilliams, Grace Goode, Kenzie Halsel

# Proud Sponsors of CP Lady Buffs 2014 State Championship







Shelby McWilliams anchors the winning 4x200 M Relay. The team set a new 1A Division II State record with a time of 1:49.71.

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Grace Goode gives Cross Plains a great start in the 4X400 M Relay.

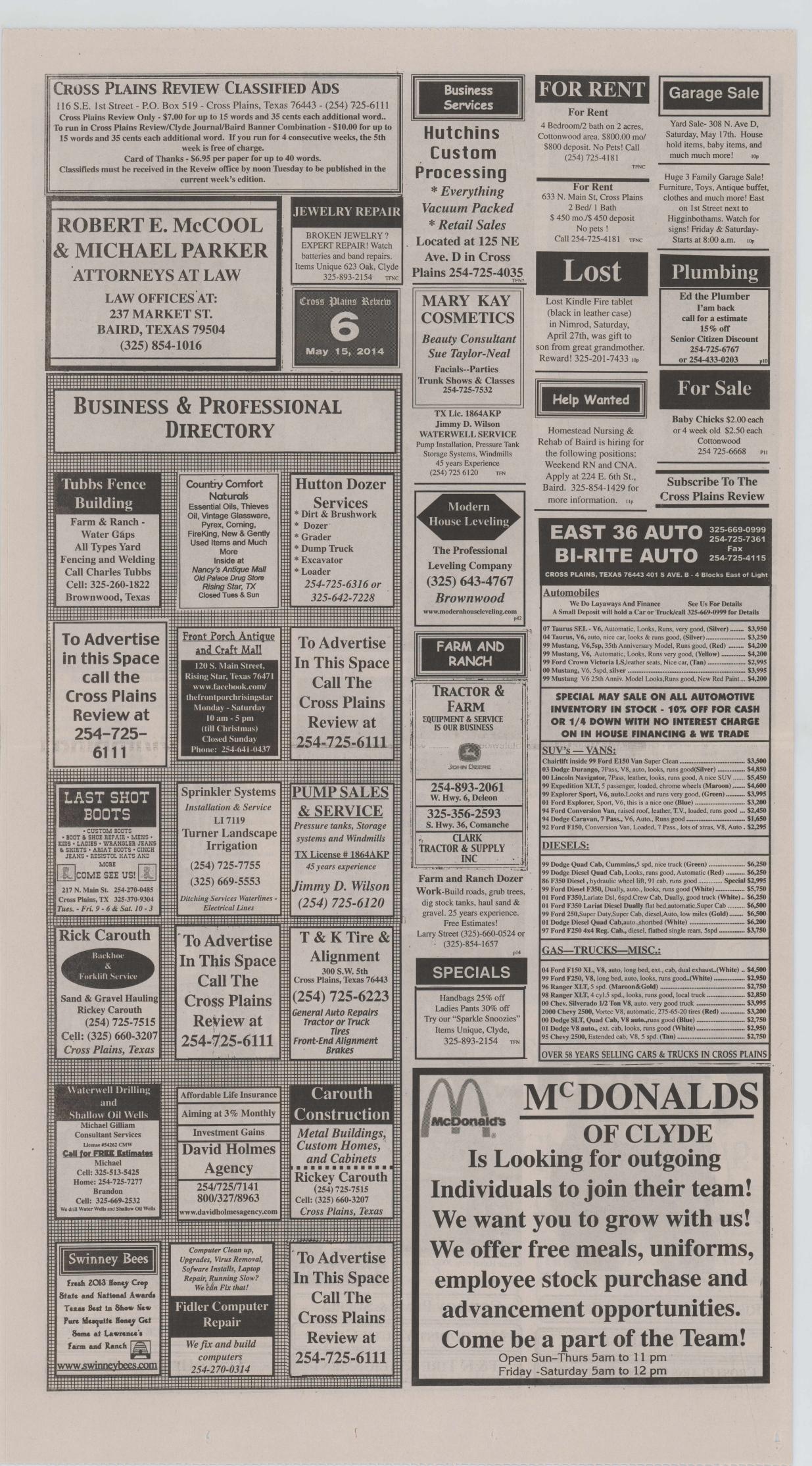




Senior, Kristin Wright makes a move in the 4x400 M Relay.









#### **CROSS PLAINS AREA LISTINGS**

108 APPLE STREET — Very nice 3 BR-2 BA modular home on a large lot......\$77,500 113 LAKEVIEW — Immaculate 4 BR-2.5 BA on water front at Lake Coleman...\$139,000 11250 C.R. 454 - 2 BR-2 BA on deep water at Lake Brownwood.....\$390,000 5.56 +/- ACRES — 3 BR-1 BA with Jim Ned Creek running through it CONTRACT. \$70,000 11.46 ACRES — Spacious 4 BR-2 BA country home, 2 water wells.....\$315,000 38.82 ACRES — 2 BR-2 BA recently remodeled home, water well CONTRACT.. \$229,000 77.84 ACRES — Hwy 183 frontage near May in Brown Cty, well, electricity...\$221,844 84.64 Acres — Ranch with good hunting, water well, oaks, older home...\$200,000 102 ACRES — 4 BR-2.5 BA western style home, 2 wells + 2 tanks, scenic...\$559,000 147.75 ACRES — Scenic views, abundant hunting, 2 tanks just S. of I-20...\$324.311 150.04 ACRES — Extraordinary farming & hunting, center pivot, small lake...\$479.000

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PARTNERS IN EXCELLENCE OTR immediate need. Online job training gets ATTORNET INJURED INANAUTO ACCIDENT? Call Inju-ryFone for a free case evaluation. Never a cost newer equipment. 100% NO touch. com 1-888-368-1638. **REAL ESTATE** 

15.06 ACRES, Menard. Live oak and mesquite cover. Whitetail, free ranging SAFE TUBS

Bathroom falls can be fatal. Therapeutic Jets. Less Than 4-inch step-In. Wide Door.

Run Your Ad In TexSCAN!

Statewide Ad. .\$550 290 Newspapers, 871,154 Circulatio North Region Only ......\$250 93 Newspapers, 297,505 Circulation

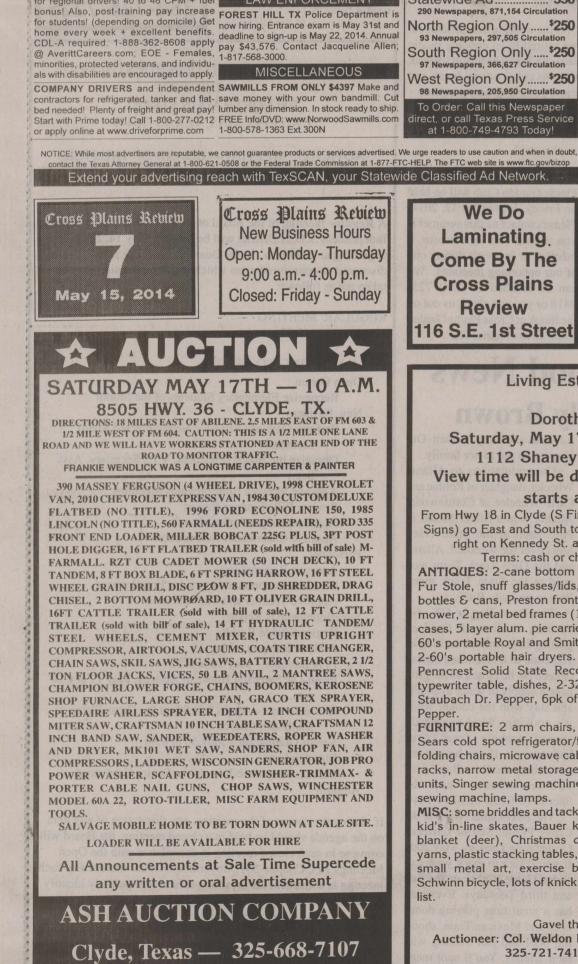


## **Residential & Lake Property**

Lot 100 Oak Pt. Drive-105x209 lot w/mesquites & native grass, fenced..\$12,000 624 Chestnut-2BR-1B frame hm, all new plumbing, all new electrical.....\$22,500 000 George Scott, CP-Vacant lots 1-6 in nice area to build a home......\$30,000 216 S Liveoak-Great project! 2 homes, 4BR-1B & 1BR-1B, Reduced...\$30,000 .633 NE 3rd-3BR-1B, central h/a, new roof, owner fin. avail Reduced ..... \$32,995 208 N Ave C- Well-kept 2BR-1B w/ formal dining, hardwood floors.......\$34,900 4411 Cherokee Dr, Lake B'wood- 2BR-1.5B MH at Thunderbird Bay....\$44,000 NEW! 324 NE 7th, CP-2BR-2B hm w/ lots of extra space! Great locale...\$45,000 18499 PR 4161, CP-Cozy 3BR-2B MH on 1.9 ac, water Reduced.......\$45,000 507 W Mill St, R.S.-2BR-1B w/ 2 living areas, metal roof, new wiring......\$49,500 520 Pine, Ranger-3BR-1 3/4B, C/H/A, hardwood floors in living room.....\$49,000 232 NW 5th-2BR-2B brick w/ metal roof, 2 living areas, fireplace, 3 lots....\$60,000, 512 S. Main, R.S.-3BR-1B craftsman style, garden shed Reduced......\$69,900 901 NE 4th-2BR-2B, 1,088 sq.ft. wood siding, metal roof, central h/a......\$79,900 NEW! 156 George Scott, CP-Updated 3BR-1.5B with covered patio......\$89,000 140 S. Ave A-3BR-2B brick, ne SOLD pet, appliances, comer lot......\$94,950 2305 Belmeade, B'wood-3BR/2B brick on lg lot, nice neigReduced..\$104,500 441 Cypress-Adorable updated 3BR-2B, hdwood floors, new electrical\$113,000 325 NW 4th, CP-Beautifully landscaped 3BR-2B MH w/ 2-car garage .. \$119,900

#### **Commercial Property**

bathroom, confer 905 West Colleg living qtrs,10 BR- The Movie Store rooms/beds, DVI	ence room, lots of pot e, <b>R.S</b> Hwy 36, 4,99 1B rooms for motel/as e, <b>CP-</b> Hwy 36, Movie		
Inga Brennan Erik Woodard Wayne Lenz	325-642-1878 325-733-4611 325-668-0139	Shana Hinyard, Broker Associate 325-660-5719 Karen Lenz, Broker/Owner 325-668-3604	
NOTICE OF AVAILABLE STUDENT LOA	Do	rky Plumbing	



**TX LIC # 9629** 

Notice is hereby given that Wells Fargo Bank N.A. is Trustee of the Bonner Price Student Loan Fund Trust; a trust whose purpose is to make loans to high school graduates who want to attend McMurry University, Abilene, Texas. Loans made by the trustee are made to persons qualifying under the terms of the Trust. Any interested person may inquire for further details at Wells Fargo Bank, N.A., Investment and Fiduciary Services, P.O. Box 1959, Midland, Texas 79702. Deadlines for these applications are set for May 31, 2014. 35C

**NOTICE OF AVAILABLE** 

STUDENT LOANS

Living Estate Auction of **Dorothy Woody** Saturday, May 17th, 2014 at 10 AM 1112 Shaney Lane, Clyde, Tx View time will be day of sale 8 AM, Sale

starts at 10 AM From Hwy 18 in Clyde (S First St., Old Baird Hwy) (Follow Signs) go East and South to Waldermar Dr. turn left, then right on Kennedy St. and Left on Shaney Lane.

Terms: cash or check with proper ID. ANTIQUES: 2-cane bottom chairs, really nice 1940's Faux Fur Stole, snuff glasses/lids, water well sand dipper, snuff bottles & cans, Preston front peddle childs bike, roller push mower, 2 metal bed frames (1-twin, 1-full), travel trunks, suit cases, 5 layer alum. pie carrier, Avon bottles, cast iron wear, 60's portable Royal and Smith Corona Typewriters in cases, 2-60's portable hair dryers. 78's and 33 1/3 LP records, Penncrest Solid State Record Player/2 speakers, metal typewriter table, dishes, 2-32oz bottles of sugar free Roger Staubach Dr. Pepper, 6pk of empty bottles of Staubach Dr.

FURNITURE: 2 arm chairs, several ottomans, end tables, Sears cold spot refrigerator/freezer, 2-metal desk chairs, 6 folding chairs, microwave cabinet, bentwood hat rack, mag. racks, narrow metal storage cabinet, several metal shelve units, Singer sewing machine in cabinet, portable Kenmore sewing machine, lamps.

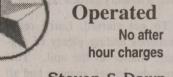
MISC: some briddles and tack, motor edger, yard tools, Bauer kid's in-line skates, Bauer kid's ice skates, nice wall rug/ blanket (deer), Christmas decor, quilt materials, knitting yarns, plastic stacking tables, new ladies shoes, canning jars, small metal art, exercise bikes and foot peddles, adult Schwinn bicycle, lots of knick-knacks and misc. Too much to

Gavel that travels! Auctioneer: Col. Weldon Lee Herring, TX Lic. #7337 325-721-7413 Clyde, Tx

Catered by Mr. Eddy of Coleman, Tx

Owned LP & Natural **Gas Certified Steven Perkovich** M-40221 Clyde, Texas

Family



Steven & Dawn 325-660-9196

Family

Are you ready to GET Adopt a high antioxidant lifestyle that is not only healthy, but enjoyable! \* Detox made Delicious! \* No pills, no points, no potions! Lose 3-5 pounds per week! Weekly meetings that work! **Cross Plains Senior Center** Thursdays at 6:30 p.m. Nance Woods Big Country Director www.getwaisted.com coachnancee@gmail.com 325-721-5381 for more information **TDCJ Hiring Seminar** 

**One Petroleum Place Suite 102** 3444 N. 1<sup>st</sup> Street Abilene, TX May 22, 2014 at 6:30 p.m. **Correctional Officer Jobs** No criminal justice experience required

• Higher starting salary with bachelor's degree or two years active military service Career ladder salary adjustments

Other Job Openings Include:

- Food Service Managers
- Laundry Managers
- Truck Drivers
- and many more

Benefits include: vacation, sick & holiday leave, life & health insurance, retirement & advancement opportunities.

**Texas Department of Criminal Justice** www.tdcj.state.tx.us

# **Cross Plains Garden Club News**

The Cross Plains Garden Club met on Friday, May 9, 2014 at the Mozelle Richardson Room of the Texas Heritage Bank of Cross Plains. The meeting was opened by Diana Miller. Members present were Janette Dugger, Debbie Eudy, Carlene Howard and Mary Ella Weaver. Guest, Sandy Lusk was also in attendance.

Items discussed included: the Cross Plains Community Garden, the Main Street Beautification Project and the election of 2014-2016 officers. Incoming officers are: President, Diana Miller; Vice-President, Carlene Howard; Treasurer, Debbie Eudy and Secretary, · Sarah Stone.

The Cross Plains Garden Club would like to extend a special note of appreciation to outgoing President, Eva Fleming for her years of service to the garden club, especially in the capacity of President, serving in that position from 2005-2014. Eva will continue to be a valued member of the garden club.

The meeting adjourned at 1:45 p.m. to meet at the home of Larry and Judy Killgo for a garden tour. Larry and Judy warmly welcomed the garden club members and additional guests, Michael Ellis, Susan Hunter and Russ Miller, into their lovely home for an informal discussion prior to beginning the walking tour.

Larry began by telling the group that he enjoys all types of gardening experiences, but his passion is vegetable gardening. He is a lifelong gardener and has always raised vegetable gardens. This year he was hoping for a repeat of the lush garden he enjoyed last year. Unfortunately, the weather did not cooperate. He was, however, able to successfully combat the hard freezes and strong winds we all experienced, but the lack of rainfall proved to be a road block. Water from the faucet just doesn't provide the nutrients that a healthy garden requires.



#### other day.

Some tomatoes may show a calcium deficiency or blossom end rot. A spray may be applied, however Larry finds that crushed egg shells or powdered sheet rock (gypsum) prevents blossom end rot. Another tip: some gardeners may not realize that the tops of tomato and okra plants can be sheared off to stimulate inside growth and make harvesting easier.

When selecting tomatoes, Larry suggested that we consider determinate vs. indeterminate varieties. Determinates are generally desired by canners and super markets, producing large crops in season. Indeterminate crops will produce all season right up until the first frost.

In addition to tomatoes, other favorites include Pecos cantaloupe, cucumber, honeydew, okra and watermelon. Prior to moving to Cross Plains eight years ago, Larry and Judy resided in the dry arid climate of New Mexico. Larry noted that cantaloupe and tomatoes were more flavorful in that environment.

Onions are a must for everyone's garden and they generally tolerate our late winter weather. Larry recommends varieties. He finds that short day are slower to bloom allowing the onions to grow larger. He generally sets his onions in February.



We moved from the comfortable confines of his home into his thriving garden. Larry's blackberries (with thorns) are already producing large berries. He mentioned they would look even healthier if we'd been blessed with rain.

Larry commented that every gardener is faced with aphids, grasshoppers, squash bugs and selecting short day onions as tomato worms. For aphid opposed to mid-day or long day control he merely uses water from his hose to wash them away. He sprays malathion for grasshopper control in his garden only his chickens take care of the rest. He also sprays squash bugs with malathion but picks and kills individual tomato worms.

sessions using a mixture of malathion and seven. He paints his tree trunks with white paint to avoid sun scald and borers. Tip: prune your peach trees on the inside branches to promote good air flow and provide ample sunlight.

As the walking tour concluded, we retired to an enticing picnic area shaded by beautiful live oak

# **Blood drive in Cross Plains on May 20th**

A community blood drive will take place at First Baptist Church in Cross Plains on Tuesday, May 20. The Meek Blood Center bloodmobile will be parked at the church from 1:00 p.m. until 6:00 p.m.

"We are asking donors to please remember that there are many activities taking place the last few weeks in May, including graduations and Memorial Day weekend. There is always more traffic on the roads, which increases the possibility of accidents," said Frances Baker, donor recruiter. "It is important to have enough blood in our inventory to cover any needs that might arise."

Volunteer blood donors play a vital role in the community by providing lifesaving blood transfusions to patients with many different medical conditions. The biggest user of blood and blood products are cancer patients who are undergoing chemotherapy treatment. While a cancer patient may require multiple units of blood at one time, as little as three teaspoos of blood can save a life of a premature baby.

Changes have been made to streamline the screening process and some previous restrictions regarding medical conditions and medications have been lifted. Thos who have eligibility questions can speak with the Meek Blood Center supervisor at 325-670-2880.

Each donor will receive a T-Shirt and a complimentary total cholesterol test.

# **Atwell Cemetery Association annual** meeting May 25, 2014

The Atwell Cemetery Association will hold their annual meeting and Memorial Service on Sunday May 25, 2014 beginning at 11:00 a.m. at the cemetery shelter.

Lunch will follow the business meeting and Memorial Ser-

## **Driver's License Office** in Baird is now open

The Driver's License Office on the second floor in the Callahan County Courthouse in Baird is now OPEN.

The Baird office will be open on the first, third, and fifth Wednesday of each month. Office hours are 9:00 a.m. until 12:00 p.m. and from 1:00 p.m. until 4:00 p.m.

vice. Bring your favorite covered dishes- vegetables, meats, salads and desserts to share with your friends and neighbors. The Association will furnish the bread tea, ice and picnic supplies. All are invited to attend the meeting.



**Fax Any** School **Related News** To Us At 254-725-7225

To get started, Larry recommends adding plenty of organic matter to the soil. This includes leaves, manure and all unused vegetable parts "green manure". When adding other composted materials he avoids any that include Bermuda grass hay. Larry also adds wood ash to his soil but cautions that it will change the soil from acidic to alkaline so you will want to test your soil ph after a heavy or repeated application. Larry typically rototills his garden in early spring to loosen the soil and to get rid of winter weeds. He'll till again just prior to planting to remove newly germinating weeds.

Production of flavorful tomatoes is probably his favorite ongoing gardening experiment. He's found that he most enjoys Sun Gold thus far - slightly larger than a cherry tomato and gold in color. This year he's planted several tomato varieties in addition to Sun Gold and heirlooms.

Larry's tomato planting tips begin with digging a 2' hole for each desired plant then adding to the soil a mixture of compost and small amounts of zinc sulfate, super phosphorus, Miracle Grow for tomatoes and Epsom salts. This year Larry cut the bottom out of 5 gallon containers and placed them over his plants to protect them from the wind. To protect the plants from frost, Larry covered the top of the containers with plastic wrap secured with duct tape creating a greenhouse environment. His plants got the much needed sun and heat well before many of us were even thinking about our spring gardens. Watering was done only when the plants became dry which was rare. The plastic wrap was removed after the last hard freeze. Larry recommends applying a tomato fertilizer every week or two and his tomatoes are watered every

When planting okra and corn he plants thick rows then thins to 8" - 10" as they get about 6" tall to allow them to branch out. He has had great success with Peaches & Cream corn which can be found at Jackson's in Abilene. When mature, the harvest produces sweet yellow and white kernels. He found that planting 2 rows then following up with another 2 rows after three weeks allows them to enjoy fresh corn longer without the need to freeze the ears.

Larry noted that corn takes a lot of water, he sometimes waters twice a day. He quotes, "keep enough water on the corn to keep a catfish alive". Larry adds nitrogen to the soil every week. He begins with 13-13-13 then converts to 28-0-0. And of course, corn growers will eventually be visited by worms. It is best if you are not too inundated to merely break off the wormy tips, but to fend off a huge infestation, spray when silk is about 6" long with a combination of malathion and seven. A follow up application will be necessary. Note: Larry does not spray in early morning when the bees are working. He harvests his corn when the kernels are plump and filled out. Kernels need to be milky when squeezed. As the silk begins turning reddish black begin testing your corn.

Larry started his broccoli, carrots, cucumbers, lettuce, melons, okra and spinach under a painter's drop cloth to create a greenhouse environment similar to that of his tomatoes. It worked! His garden is off to a great start!

Larry has 36 trees in his orchard and after our numerous freezes is lucky enough to have 6 trees producing fruit. He sprays his trees for worms when small fruit is first forming. He follows up every two weeks for three

# **By Beverly Brown**

Tiny hail fell in Cottonwood during a brief rain shower on Friday.

Roxa Lee Jordan Bynum of San Angelo passed away on May 8, the day after her 91st birthday. Graveside services were held on Monday here in the Cottonwood Cemetery where she was buried next to her husband Robert and near her younger sisters Claire Jordan Edwards and Marjorie Jordan Bennett. "Roxy" was the granddaughter of the Virgil Fultons and spent many summers here growing up in Cottonwood at her grandparents house. She was a member of the Cottonwood Historical Association and always enjoyed attending the Annual Meeting until the last few years when her health was failing. She also was a past president of the San Angelo Art Club and volunteered with Meals on Wheels and San Angelo Community Hospital, Roxy was preceded in death by her husband Robert, her sisters Claire and Marjorie, and her parents Roy and Mable Jordan. She is survived by her son Roy Alvin Bynum, niece Joan Sodowsky and nephews Lynn Curtis

trees to enjoy a tasty lunch and more gardening conversation.

Thank you Larry and Judy for a truly lovely and informative day!

The next meeting of the Cross Plains Garden Club will be held on Friday, September 12, 2014. Please contact us this summer if you would like to become a member or just visit during one of our upcoming meetings. We can be reached at (254) 725-9418 or you can check us out on facebook at Cross Plains Garden Club, Cross Plains, TX.

**Cottonwood News** 

Edwards and Greg Bennett. Our prayers go out to her family.

Congratulations to Allanta Wheeler, daughter of Robbie and Carie Wheeler of Cottonwood. Allanta won a Silver Medal in Pole Vault at the State Track Meet over the weekend. Allanta and the Girls Track Team won gold at the State Track meet. Way to go Lady Buffs.

The Burn Ban is ON. No burning is allowed. Outdoor grilling is permitted, as long as you cook in an enclosed cooker or keep the lid closed on the grill, have a supply of water available and stay with the cooker while it's cooking. Wind can easily spread embers from your barbeque pit. If you have questions about the Burn Ban - or if you see smoke - call the Sheriff's office at 325-854-1444.

The next Game Night at the **Cross Plains Senior Citizens** Center is on Tuesday, May 20th. If you'd like to mark your calendar, Game Nights are the first and third Tuesdays. Everyone has a great time playing dominoes and Mexican Train, shooting pool and just visiting with their friends. You'll spot many current and former residents of Cottonwood at Game Night.

**CROSS PLAINS INDEPENDENT SCHOOL** DISTRICT **700 NORTH MAIN STREET CROSS PLAINS, TEXAS 76443** 

NOTICE OF MEETING—BOARD OF TRUSTEES **CROSS PLAINS INDEPENDENT SCHOOL DISTRICT** 

A Regular meeting of the Board of Trustees of the Cross Plains Independent School District will be held on May 14, 2014 beginning at 8:00 p.m. in the Board Room. The subjects to be discussed or considered upon which any formal action may be taken are as follows:

**REGULAR MEETING** May 14, 2014 (8:00 p.m.)

#### CALL MEETING TO ORDER

**Open Forum** 

**Recognize Elementary Students of the Month New Business** Perform Oath of Office for Newly Elected Board Members Organize the Board (President, V.P., Secretary, Asst. Sec.) Approve Minutes from Previous Meetings **Review Bills/Finance Report Approve Budget Amendment** Approve Cheerleader Constitution Personnel **Approve Resignations Consider Recommendations for Employment Approve Teacher and Staff Salaries** SuperintendentÕs Report **Regional/State Results** Athletic Banquet - May 15 FFA Banquet - May 16 at 6:30 Prom - @ Swenson House in Abilene, May 17 at 6:00 p.m. Baccalaureate - May 18 (8:00) at the Cross Plains **Methodist Church** Senior Graduation - May 30 at 8:00 Sign Diplomas Discuss Responsibilities at the Senior Graduation

Adjourn

If, during the course of the meeting, any discussion of any item on the agenda should be held in a closed meeting, the Board will convene in such closed meeting in accordance with the Open Meetings Act, Chapter 551, Government Code. Before any such meeting is convened, the presiding officer will publicly identify the section or sections of the Act authorizing the closed meeting. All final votes, actions, or decisions will be taken in open meeting.

This notice was posted in compliance with the Open Meetings Act on May 9, 2014, @ 3:00 p.m.

CROSS PLAINS COMMUNITY GARDEN PLANNED

development of a community garden! Many residents have expressed an interest in developing a garden for community use. Plans are currently under discussion to do just that. The First United Methodist Church of Cross Plains, under the direction of Pastor Kevin Morton, is offering a large plot of land designated for the garden. The intent is to have it available for fall 2014 planting.

Whether you are new to the gardening experience or a lifelong gardener with no existing space to establish your own plot, a community garden will be an excellent way to enjoy the outdoors, get some healthy exercise, share your gardening expertise with others and reap your rewards. Please consider requesting a plot for you or your family or taking a role in overseeing the project. Prior to beginning the fall planting season, informational gather-

Plans are underway now for the ings will be scheduled to provide helpful gardening tips ranging from getting started to food canning and storage options.

> The high school AG Department and the Cross Plains Garden Club are interested in supporting this effort. We hope that local churches and other organizations will also want to be involved.

We'd like to hear from you with any questions or ideas. We want this to be a fun and fulfilling experience and your input will help us accomplish that objective.

A lot of up front work is being addressed now to establish plot size, water sources, etc. More information will be available over the next several weeks including the date of a community meeting for interested residents.

Please contact Diana Miller at (254) 725 - 9418 if you are interested in participating.

## Jackie Bibby, The Texas snake man to ride in Barbarian **Festival parade on June 12th**

Rattlesnake Republic Star Jackie Bibby, holder of five Guinness World Records for snake handling stunts, will ride in the Barbarian Festival Parade on Thursday, June 12. Well known as the "Texas Snake Man", Bibby is the star of Rattlesnake Republic on the Animal Planet channel.

The Parade will be held at 6 p.m. on Thursday, June 12. The Cross Plains Senior Citizens Center will be serving Stuffed Baked Potatoes from 5 until 7 p.m. on the evening of the parade. Bring a lawn chair and enjoy parade viewing from the Senior Citizens Center.

The Parade is the kickoff

event for the Barbarian Festival that will be held on Saturday. June 14th at Treadway Park. It's not too late. Get your group, organization or friends together and have a float in the parade. You can ride your 4-wheeler, classic car, truck, golf cart, tractor or other vehicle in the parade. Come and join the fun.

Cross Plains Review May 15, 2014



Become an Aviation Mechanic.

FAA approved training. Financial aid if qualified -

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Including: boom lifts, semis, pickups, service trucks and more. 10% buyer's premium. Aaron McKee TX Lic #16401, 866,608,9283



1018 No. Access Rd \* Clyde \* 325-893-5619

#### **Rising Star Nursing Center** calendar of events for National **Nursing Home Week**

MONDAY- WEAR YOUR ALL THE TRIMMINS' **PAJAMAS DAY** \*9:30: BEST DRESSED - 1<sup>ST</sup> **PLACE \$25** 

TUESDAY- "ALOHA SPIRIT" DAY \*9:30 BEST HAWAIIAN **ALOHA SPIRIT- \$25** 

WEDNESDAY- FIESTA DAY \*BEST DRESSED FOR **FIESTA DAY-\$25** \*GRILLED FAJITAS WITH THURSDAY- HAWAIIAN DAY \*HA WA YA? BEST DRES-SED- \$25

FRIDAY-WESTERN DAY-GO WESTERN! \*9:30 AM: BEST WESTERN DRESS \$25 \*10:30: EMPLOYEE GAMES, WHEELCHAIR RACES \*LUNCH: GRILLED **BURGERS ON THE PATIO!** 

## Annual Meeting of the Belle **Plaine Cemetery Association** is Monday, May 26th

The Belle Plaine Cemetery As- sisters buried here at Belle Plaine. sociation will hold it's annual Lorraine and Ella Moore Seale business meeting on Memorial grew up on the Seale ranch lo-

Day, Monday, May 26th.

Belle Plaine Cemetery is located 8 miles south of Baird. Take Highway 283 to CR 470 and turn east. Turn north at CR 473 (first dirt road) and then east into cemetery entrance. We them with you to the meeting. have directional signs to help As usual, we will have a time set you find your way.

opening ceremonies, please plan to arrive and be parked by 10:30 a.m.

The ceremony will begin at 11:00 a.m. with the traditional fly-over by the Big Country gion for proper disposal. Squadron of the CAF based at Elmdale Airpark. We invite attending veterans to assist in the flag-raising ceremonies, Norman the meat and drinks provided by West, Jr. will play the National the Association. Anthem, and Brigadier General Please mark down May 26 on John Compere (Ret.) will lead your calendar. This meeting/ ' the Riderless Horse.

Our theme this year is "Sisters." We are focusing on two

cated just to the northeast of the cemetery. Many Callahan County residents remember them as Billy and Curley Seale! If you have memories and pictures of the girls, please bring aside to share Belle Plaine In order not to interrupt the memories and perhaps, other "sister" memories as well.

> If you have any U.S. or Texas damaged flags, you may bring them to the meeting and we will take them to the American Le-

> A potluck dinner will follow the business meeting. Please bring a covered dish to compliment

ceremony is open to the public. We look forward to seeing you!

Clyde, Tx. 79510 119 Pecan Fax:325-893-5262 325-893-4260 Website: http://texasraomcatchers.webs.com **18 volt cordless** 2959336 \$119 **Combo Kit** 1/2" drill/driver & Impact Driver 12 Groom & Edge 9684101 **Black & Decker** \$31.99 **Elec.** Trimmer/Edger powerful 3.5 amp 2129484 **Solar Pathway** Lights \$2.50 EA. **Stanley Tape** 6145502 \$10.99 **25' Power Lock** 8952004 **Garden Cart** w/Sides \$86.00 1200 lbs.

**Clyde Hardware & Supply** 



KIOTI 5-PAW DEALER-Smith & Son Farm Equipment, located superior service on an on-going basis. The Callahan County at 1635 South Access Road & Interstate 20 in Clyde, was recently business is one of just 40 Kioti dealers who have earned the 5-PAW awarded the coveted Kioti 5-PAW dealer status for the 2013 fiscal distinction. Pictured from left to right include the business owners: year. The award recognizes dealerships that promote profession- Craig Smith, Debbie and Curtis Smith, and Chad Smith. alism, have a high level of customer satisfaction and provide

# Smith & Son Farm Equipment receives coveted Kioti 5-PAW dealer status again

Farm Equipment in Clyde, Texas ing a KIOTI tractor or UTV. has received 5-Paw certification, Excellence Program, which was deliver outstanding overall per- in 2012. formance.

 KIOTI Tractor is excited to quality buying experience and efforts of Smith & Sons Farm for. announce that Smith & Sons premier service when purchas-

Smith & Son Farm Equipment one of 40 dealerships in North owners Curtis and Debbie Smith KIOTI brand," said Peter Dong- company that has been supply-America to receive this honor in said the company has been a Kyun Kim, chief executive of- ing more than 30 tractor models 2013. The certification is part of Kioti brand 5-Paw dealer since ficer of Daedong-USA, Inc. in the 22-90 horsepower range the unique KIOTI 5-Paw Dealer the program's inception in 2008. The company also obtained gram honors these dealerships kets for over 25 years. Building created to honor dealerships that the Kioti \$2 million in sales award to let them know that they are on the company's core product

Smith and Son Farm Equip- The KIOTI 5-Paw Dealer Ex- panded their offerings to include "KIOTI strives to deliver exceldealership. The program was lent products with top customer tion to maintaining the standard www.KIOTI.com

Equipment to live up to the standards of 5-Paw certification Headquartered in Wendell, NC. makes them invaluable to the KIOTI Tractor is a market-driven KIOTITractor Division. "Our pro- to the US and Canadian marpart of the KIOTI family."

Wendell, NC - April 29, 2014 Tractor customers receive a top service to every KIOTI user. The of excellence that KIOTI is known

**About KIOTI Tractor** 

line, KIOTI has recently ex-

Each year KIOTI dealers are ment been in business since cellence Program was initiated the MECHRON" 2200 UTV, The valuated against stringent quali- 1975. The company is in their in 2008 to recognize these ex- Ultimate Transport Vehicle<sup>a</sup>, and fications in regards to service, eleventh year at the Clyde loca- emplary dealerships and pro- the CS2410 subcompact tracvide exclusive benefits to those tor, as well as a full host of The company is also a dealer dealers as a reward for their implements and attachments. achievement. Each year a se- For more information on KIOTI lect number of dealerships in the or KIOTI products please visit KIOTI network receive this certi- your authorized KIOTI Tractor fication, symbolizing a dedica- dealer, call 877-465-4684 or visit

Last Puzzle

Solution

S-1167



4-H shotgun team at the Crockett County 4-H Shotgun Shoot in Ozona. Pictured are Megan Jacob, Matt Jacob and Ted Pitzer.

#### 4-H Shotgun Team wins top award at Crockett County 4-H Shotgun Shoot

presented with a custom belt

buckle for the Ladies High All-

In the Senior 2 division, Ted

Pitzer placed 1st in trap, 3rd in

whiz bang and 4th in skeet. Ted

shot a career best 97%

accuracy, hitting 121 out of

125 targets and his combined

score was the highest in the

entire event. Ted won the

Senior 2 High Overall award, a

custom tooled leather shell and

Callahan County 4-H

Shotgun Sports will be hosting

the 19th Annual Callahan

County 4-H Shotgun Fun

Shoot on Saturday, June 14th

starting around 8:30 and

lasting for most of the day. The

event will be held at the

Callahan County shooting

range located off FM 18

between Clyde and Baird. The

Fun Shoot will have as many as

60 contestants competing in

American skeet, American

trap and whiz bang. If you are

interested in learning about

shotgun shooting and want to

see some exciting competition

plan to come out and spend the

day. Concessions will be

Around award.

gear bag.

Three 4-H shotgun team members traveled to Ozona last Saturday, May 10th to participate in the annual Crockett County 4-H Shotgun Shoot held at the Crockett County Shooting Sports Complex. Ted Pitzer was there to represent Callahan County, and Megan and Matt Jacob represented Runnels County. The team started the day off with a bang by all three recording a personal best score in their first event. Ted Pitzer also recorded a personal best score in his second event later in the day. The competition was tough and all three were involved in tie-breaking shootoffs to determine final placings.

In the Junior division, Matt Jacob placed 1st in trap, 1st in whiz-bang and 5th in skeet. Matt had the highest combined score in his age group and won the Junior High Overall award, a custom tooled leather shell and gear bag.

In the Intermediate division, Megan Jacob placed 4th in whiz-bang. Megan had the 2nd highest ladies overall score in the entire event and was

## Get Waisted in Cross Plains

available.

Get Waisted, is coming to the programs work without pills, Cross Plains area. At Get powders, potions or points. Eat Waisted, we offer two great your own food. Weekly options! One is the Foodie meetings will be held at the Detox, which is a way to Cross Plains Senior Center jumpstart your weight loss and lose up to 5 lbs per week while eating delicious plant-based little easier, our other option, The 4 Steps To Success, lets you lose 1-2 pounds per week

A new weight loss program, at your own pace. Both

Cor has tion to fe pan in T up tho our rétin cold Vet "Ir vete give ally The ans bec of s who sim Ea Def cutt allv ans Sind the to 7 Wai Bori and opti ñurs and Een thei yea

sales, operations and parts. tion on I-20. Dealers who meet or exceed these qualifications are named in Arctic Cat ATV's, Texas Bragg KIOTI 5-Paw Dealers and earn trailers, Stihl power equipment, the ability to display KIOTI's and Land Pride farm equipment. exclusive 5-Paw logo at their developed to ensure that KIOTI

each Thursday evening at 6:30pm beginning May 8th. Please join us and see what all foods. If you'd like to take it a the excitement is about. For more information email coachnancee@gmail.com or call 325-721-5381.

# **Pioneer Cemetery** Work Day to be held Saturday, May 17th

There will be a Pioneer Cemetery work day held on Saturday, May 17, 2014 beginning at 9:00 a.m. in preparation for the annual Memorial Day Service.

The mowing will be done by the regular mowing crew, but a few other things need attention. The pavilion should be cleaned, old flags and flowers picked up and fire ant poison put where needed.

Please bring shovels, wheelbarrows, water for cleaning and other tools that might be useful.

Anyone with an interest in the cemetery are invited to help. If you are not able to work, supervisors are always welcome.

Your support is appreciated by the board members and the

Pioneer Historical Association, Lou Brooks, Secretary.

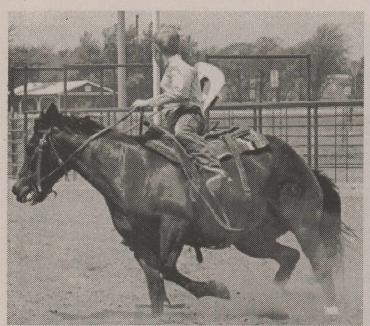
Pioneer families. WESTERN





## 1110 E. HWY 80 (325) 673-8311

**ABILENE, TX 79601** 1-800-588-8311



Cody McWilliams at TCRC Playday

### **Turkey Creek Rodeo Club** playday set for May 23rd & 24th

TCRC had it's first clinic/ 4th Friday and Saturday in May. playday/open on April 26th and it was a success!. We had 34 kids participate in horsemanship/barrels/poles and goat tying!

More info to come in next weeks edition of your local newspaper. Interested cowboys and cowgirls can also contact Ginger for more Our next playday will be the info at (817)-694-7991.

# **Senior Citizens CenterActivities**

#### May19- May 23

Monday-19th Exercise 10:45 /Bingo 11:15

sponsored by Integra Care

Tuesday-20th Care Inn Door Prizes/Game Night 6:00 p.m.

Wednesday-21th Happy Birthday! Foot Care

Sponsored by Girling Home Health.

Thursday -22th Exercise 11:00

Friday -23rd Exercise 11:00

**Cross Plains Senior Citizens Center** seeks to nurture our aging population through nutritional, social and educational programs our goal is for all seniors, both well and frail, to utilize our services to enrich their lives

## SENIOR CITIZENS MENU

#### May 19 - May 23

Monday19th-Salibury Steak, Thusday 22nd -Sweet & Potatoes, English peas, Bread, Sour Chicken, Steamed Tuesday 20th - Baked Rice, Eggroll, Dessert

### **Books**, books and more books

Mystery, historical fiction, military fiction, religious fiction, fiction, westers, large print, children's books, computer science, philosophy, psychology, religion, social sciences, technology, arts and recreation, literature, history, geography and paperback books.

The Santa Anna Library will be holding its annual book sale on Saturday, May 17th during the annual Santa Anna Funtier Day. Trailers loaded with books will be located under the big oak tree at the northeast corner of the Santa Anna Armory.

The library is changing to automation and has been undergoing a major weeding (discarding) during this process. This makes for lots and lots and lots of books available for very little.

Most books will be priced at 10 and 25 cents for paperbacks and 25 and 50 cents for hardbacks with a few hardbacks priced a little higher. Many of these books are in almost new condition.

Make plans to visit this giant booksale on Saturday, May 17th in Santa Anna!

## Courthouse News

**Callahan County Court** 

**Roger Corn, presiding** 

#### **Misdemeanor Minutes**

Donna J. Zapata, motion to dismiss to possession of marijuana granted in the interest of justice. Joe D. Cruz, motion to dismiss to criminal mischief granted, insufficient evidence.

Mandi R. Bowermaster, motion to dismiss to possession of marijuana granted for plea to other case.

Nicholas J. Lee, motion to dismiss to failure to identify granted in the interest of justice.

Laci R. Wright, motion to dismiss to theft by check granted, sentenced to prison on other case.

**Marriage Licenses** 

	Ó	Cross Plai M	ns I.S.D. V ay 19- Ma		enu
B R E A K F A S T	MONDAY 19 French Toast Sticks Cereal Fruit & Juice Milk	TUESDAY 20 Scrambled Eggs Biscuit & Gravy Fruit & juice Cereal Milk		THURSDAY 22 Cereal Texas Toast Cheese Stick Fruit & Juice Milk	FRIDAY 23 Breakfast Burrito Cereal Fruit & Juice Milk
L U N C H	Enchiladas Refried Beans Garden Salad Salsa Hot Cinnamon Apples Milk	Hot Dog Seasoned Corn Fresh Veggie Cup Fresh Seasonal Fruit Milk	Grilled Cheese Vegetable Soup Baby Carrots Fruit Cup Milk	Chicken Nuggets Mac & Cheese Garden Salad Green Beans Apple Slices Crispy Cereal Treat Milk	Beef or Chicken Patty On bun Hamburger Garnish Potato Rounds Baby Carrots Sliced Peaches Milk

# **TMCN to host Governor's Small Business Forum**

ABILENE, TEXAS-On Wednesday, May 21, 2014, the Texas Midwest Community Network (TMCN) will be cohosting the Governor's Small Business Forum along with the Texas Workforce Commission

and Governor's Office. After a brief welcome by Larry Ruggiano, Office of the Governor, a presentation by Workforce Solutions of West Central Texas on the Skills Development Fund and other Workforce programs will follow. Additional event sessions will include a presentation by the Teas Veteran's Commission and a panel on access to capital for small business. After a short networking break there will be a panel on doing business in the oil and gas industry which will cover contract opportunities and procedures followed by a presentation by the Texas Tech University Small Business Development Center and a panel offering information on contracting with the government. During lunch, a keynote address will be presented by Texas

Workforce Commissioner

Hope Andrade followed by the recognition of outstanding regional small businesses by the Governor's Office.

Additional host partners include the Brownwood Chamber of Commerce, West **Texas Council of Governments** Council Finance, Workforce Solutions of West Central Texas, the West Teas Energy Consortium and various economic development organizations within the TMCN region. Texas Midwest Community Network is a oneof-a-kind regional organization founded in 1994 for economic development, tourism development, regional awareness & promotion, and legislative awareness. It is an organization of "communities working together to accomplish what one community cannot do alone." For more information about TMCN visit www.texasmidwest.org or the Texas Midwest Facebook page.

Governor's Small Business Forums give entrepreneurs and small businesses the valuable tools, skills and

knowledge needed to thrive in today's fast-paced economy. Featuring a wide range of instructive seminars and expert speakers offering vital information on both public and private resources, the forums offer a great opportunity to network and connect with industry specialists, government officials, service providers and other regional businesses. Likewise, Texan businesses are afforded a chance to network and trade with one another, exchange best practices, and discuss challenges and innovative ways of overcoming them. Overall, the forums highlight the wide range of opportunities available to all businesses, including minority and women-owned small businesses, veterans, and businesses interested in expanding globally.

Registration is required, the cost is \$25 and includes a continental breakfast and lunch. Registration available through http://tmcn.org/ event-registration/.



Chicken, Mixed Vegetables, Steamed Rice, Bread, Dessert

Wednesday 21st - Birthdays! Speghetti w/ meat sauce, Lettuce Tomatoe salad, Bread, Dessert

Monthly Menu may be picked up at the Senior Citizen Center

# **Rising Star Nursing Center celebrates National Nursing Home Week**

Rising Star Nursing Center is celebrating National Nursing Home Week all week long with food and activities.

#### "Living the ALOHA Spirit" Celebrate a Hawaiian Theme for National Nursing Home Week 2014

In Hawaii, the word "aloha" has a deeper cultural significance than a simple greeting or farewell. In Hawaiian culture it is important to treat yourself and others with aloha, to interact with love and respect and joyfully share life. By applying this spirit of aloha to daily life, the people of Hawaii are encouraged to treat others with deep care, respect and humility, leading to individuals creating a better world. Key concepts of aloha spirit include unity, kindness, truthfulness, humility and patience.

"Living the Aloha Spirit" "Living the Aloha Spirit" is the theme for National Nursing Home Week" (NNHW), May

Chips, Desset MEAL IS SERVED -11:45 A.M. - 12:30 P.M

11-17, 2014

ficance than just a fond farewell.

By Living the Aloha Spirit, we

show others love and respect and

joyfully share life in order to

attributes of the "Aloha Spirit"

include patience, kindness and

caring about others. Embracing

Aloha-Centeredness will cast a

warm glow throughout your

The goal in long term and post-

acute skilled nursing care centers

is always Person-Centered Team

Care in a harmonious, caring

environment. This is "Living the

center and community.

Jeremy Dean Chesser and Friday 23rd - Chopped Casey Lynn Davis, both of Clyde. BBO Sandwich, Onion, Jacob Vernon Fleming and Rachel Marie Hasson, both of Pickles, Pinto Beans, Baird.

> **42nd District Court** John Weeks, presiding

**Criminal Indictment** 

Christopher N. Yates, possession of a certain chemical with intent to manufacture controlled substance.

Brandy Jo Kanady, possession of a certain chemical with intent to manufacture controlled substance.

Cesar M. Gutierrez, theft. Robert J. Feely, possession of a controlled substance. Misty Allison, tampering with

a governmental record. To Hawaiians, the word Brandie M. Beaschochia, theft. "aloha" has a deeper signi-

**Criminal Minutes** 

Naomi Bradshaw, plea of guilty to possession of a controlled subcreate a better world. Key stance, 2 year probation, \$750 fine, \$419 court costs, \$140 resgood feelings and respect in titution.

Dennis L. Beeman, plea of guilty to burglary of a building, 3 year probation, \$1000 fine, \$344 court costs.

Randall K. Wade, plea of guilty to possession of a controlled substance, 3 year probation, \$1000 fine, \$359 court costs.

Aloha Spirit!" For NNHW 2014, we urge every nursing care center to live the "Aloha Spirit." Promote messages throughout the week that demonstrate the qualities of: Patience, Kindness, Harmony and Good Feelings in Caring and Respect for Others.



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# **Jeremiah 29 Project** launches 1st week in June

A meeting of volunteers and all interested parties will meet at Living Water Church on Friday, May 16th.

We are going to try to get Volunteers scheduled at this time!!

They are so excited to get the project underway and meet with you, members of a very caring community!!

If you have any questions call Whitney 325-260-9330 or Crystal 325-370-770.

# Local Judge **Attends Seminar**

certified at the recent twentyhour Justice of the Peace Semof Texas State University, with office in Austin, Texas. The seminar is held for elected Justices of the Peace so they can fulfill their Continuing Education Requirements as set fourth in Article 27.005 of the Texas Government Code. the seminar addressed topics such as

Judge Burlie W. Taylor was the new rules of justice court, deferred disposition & Drivers Safety Course juvenile criminal inar held May 6 - 9, 2014 in cases, failure to attend school Lubbock, Tx. The seminar was cases, enforcement of civil sponsored by the Texas Justice judgments, tenants' remedies, Court training Center, a division new legal & Attorney General opinions, family violence, commercial motor vehicle offenses, video magistration, specialized eviction issues, the justice of the peace's role in preventing DWI offences, records management, legal research, inquest, magistration, and enforcing criminal judgments.



north of the Dollar General store in downtown Clyde on Thursday, engine wheel was replaced and gone by Saturday, May 10th.

REPLACING A TRAIN ENGINE WHEEL—A construction crew May 8th to replace a train engine wheel which had locked up earlier from JR's Crane & Excavation Inc. from Greenville, Texas lifts a in the week. The train pulling the railcars sat idle in Clyde for two 400,000 pound train engine on the Union Pacific train track siderail days until the crew was able to remove the train engine. The train

# **Cross Plains' retail sales** in 2014 are slightly higher

The City of Cross Plains' one percent city sales tax payments in 2014 are just over one per cent higher than 2013, accord ing to the Texas Stat Comptroller's office.

Texas State Comptroller Su san Combs reported the city' sales tax payment on Wednes day, May 7th.

Cross Plains' 2014 sales ta payments for the year totalle \$93,515.51, which is 1.84 per cent lower than the \$91,825.5 in sales tax rebate payment collected in 2013.

The payment to the city for May 2014 was \$21,881.24, which is 11.40 percent higher than the \$19,640.51 payment made in May 2013.

Texas Comptroller Susan Combs said today, Wednesday, May 7th, that state sales tax revenue in April was \$2.27 billion, up 5.6 percent compared to April 2013.

"Growth in sales tax revenue was spurred by increases in the

Total yearly	2013	2014
sales tax payments	\$91, <b>82</b> 5.54	\$93,515.51
Total monthly sales tax	\$19,640.51	\$21,881.24

ODOOD DI AINO DAL FO TAV DAVIAF

The city has received \$84,204.95 in 2014, while the 2013 tax payments to the city totalled \$51,588.49.

Baird's monthly payment for May 2014 was \$23,433.63, which is 79.52 percent higher than the \$13,053.05 payment made in May 2013.

-The 2014 sales tax payments in the City of Clyde are 39.33 percent higher than the

Cross Plains collects 2.00% in local sales taxes, of which 1.00 percent is allocated to the city and 1.00% is allocated for economic development in the town.

Baird collects 2.00% in local sales tax of which 1.00% is allocated to the city, 0.50% is allocated to the community's economic development corporation and 0.50% of one percent

#### NOTICE OF REPUBLICAN PRIMARY RUNOFF (AVISO DE ELECCION DECISIVA PRIMARIA – PARTIDO REPUBLICANO)

To the Registered Voters of the County of Callahan, Texas: (A los votantes registrados del Condado de Callahan, Tejas:)

Notice is hereby given that the polling places listed below will be open from 7:00 a.m. to 7:00 p.m., FORMTEXT May 27, 2014, for voting in the Constitutional Amendment Election. (Notif'quese, por las presente, que las casillas electorales citados abajo se abriran desde las 7:00 a.m. hasta las 7:00 p.m. el FORMTEXT 27 de Mayo de 2014 para votaren la Eleccion Sobre Enmiendas A La Constitucion.

#### LOCATION (S) OF POLLING PLACES (DIRECCIIN (ES) DE LAS CASILLAS ELECTORALES)

**Countywide Polling** Clyde, TX Places 603, Eula, TX El Condado Centros de Votacion W. 4th St., Baird, TX Precincts 1-7 N. Main, Cross Plains TX Precintos 1-7 At all Locations En todos los lugares

FORMTEXT JP 1Office, 208 Oak St., FORMTEXT Eula School, 6040 FM FORMTEXT Courthouse-Baird, 100 FORMTEXT First Baptist Church, 301 FORMTEXT FORMTEXT

FORMTEXT

Eligible voters will be able to vote at any of these locations during the time specified. Los votantes elegibles podran votar en cualquiera de estos lugares durante el tiempo especificado.

telecommunications sector and services sector," Combs said. "Increased business spending in the wholesale trade sector also contributed to the latest monthly gain. This marks 49 consecutive months of growth in sales tax collections," Combs said.

Combs will send cities, counties, transit systems and special purpose taxing districts their May local sales tax allocations totaling \$716 million, up 7.1 percent compared to May 2013.

Combs sent Texas cities \$471.7 million in May 2014, which is higher by 6.8 percent compared to May 2013 and higher by 6.4 percent year-todate.

She reported \$44.8 million in May 2014 allocations to Texas counties, which is higher by 5.6 percent compared to May 2013 and higher by 2.7 percent yearto-date.

The Texas transit systems received \$159.4 million in May 2014 sales tax allocations, which is 6.4 percent higher than May 2013 and up 7.0 percent yearto-date.

Special Purpose Taxing Districts received \$40.1 million in May 2014 allocations, which is. 17.0 percent higher than May 2013 and higher by 18.6 percent year-to-date.

Total sales tax allocations were \$716.0 million in May 2014, which is 7:1 percent higher than May 2013 and up 6.9 percent year-to-date.

The sales tax figures represent monthly sales made in March as well as January, February and March sales by businesses that report tax quarterly. For details of May sales tax

allocations to individual cities, counties, transit systems and special purpose districts, locate the Monthly Sales Tax Allocation Comparison Summary Reports on the Comptroller's Web site at www. window.state.tx. us/taxinfo/allocsum/ compsum.html.

Other Callahan County towns reporting sales tax payments for this month include:

-The City of Baird reported that sales tax payments in 2014 started the year 63.22 percent higher than the 2013 payments.

payments made to the city in 2013. The sales tax rebates for the City of Clyde have amounted to \$359,231.54 in 2014. The 2013 payments to the city during the same payment period were \$257,814.42.

The City of Clyde's monthly payment for May 2014 was \$64,893.75, which is lower by 1.64 percent compared to May 2013 when \$65,978.13 was reported.

-The City of Putnam reported the 2014 payments to the town totalled \$4,492.25, which is lower by 24.21 percent from the 2013 payments to the city in the amount of \$5,927.91.

Putnam's tax payment for the month of May 2014 was \$954.44, which is higher by 23.70 percent compared to the May 2013 payment of \$771.56.

-Countywide, sales tax payments for 2014 in Callahan County are higher by 32.98 percent compared to the 2013 payments in the county. Callahan County towns received sales tax payments in 2014 amounting to \$541,444.25 while the 2013 payments to the county towns totalled \$407,156.36.

The tax rebates in Callahan County for the month of May 2014 was \$111,163.06, which is higher by 11.78 percent compared to the May 2013 payment in the amount of \$99,443.25.

Merchants collect the state and local sales tax and send it to the Comptroller's office with their tax returns. The state keeps its 6 1/4% share and returns the local one percent sales tax each month to the local governments. Cities and counties may levy a combined tax of up to two percent above the state's sales tax.

Clyde businesses collect 2.00%, including one percent for the City of Clyde, one-half of one percent for the Clyde Economic Development Corporation and one half of one percent to reduce property taxes (Proceeds to benefit the Clyde Volunteer Fire Department).

to reduce property taxes. Putnam collects 1.00% in local sales tax of which all 1.00 percent is allocated to the city. All local sales taxes must be approved by local voters and may be used for any legal city or county expenses. Most areas put the money in their General Fund and use it for normal operations like fire fighting, maintaining roads and law enforcement, the Comptroller 'said. Some cities use up to an additional one percent of city sales tax to help fund local economic development and to reduce property taxes.

Cross Plains Review May 15, 2014

Early voting by personal appearance will be conducted: (Votar temprano por la apariencia personal se conducir‡:) FORMTEXT Callahan County Courthouse, 100 W. 4th St., Baird, TX May 19-23, 2014 from 8:00a.m. to 5:00p.m.

Applications for ballot by mail shall be mailed to: FORMTEXT Callahan County Clerk's Office (Las solicitudes para boletas que se votaran adelantada FORMTEXT 100 W. 4th St.

por correo deber‡n enviarse a:)

FORMTEXT Suite 104 FORMTEXT Baird, Texas 79504

Applications for ballot by mail must be received no later than the close of business on: May 16, 2014.

(Las solicitudes para boletas que se votaran adelantada por correo deber‡n recibirse para el fin de las horas de negocio el: FORMTEXT 16 de Mayo de 2014)

Issued this the May 13, 2013 (Emitida este.

/s/ Donna Bell Callahan County Clerk

# MEN OF CLYDE Burger Bash

SATURDAY, MAY 17TH 10:00AM-4:00PM INSIDE THE OLD FIREHOUSE ON NORTH 1ST

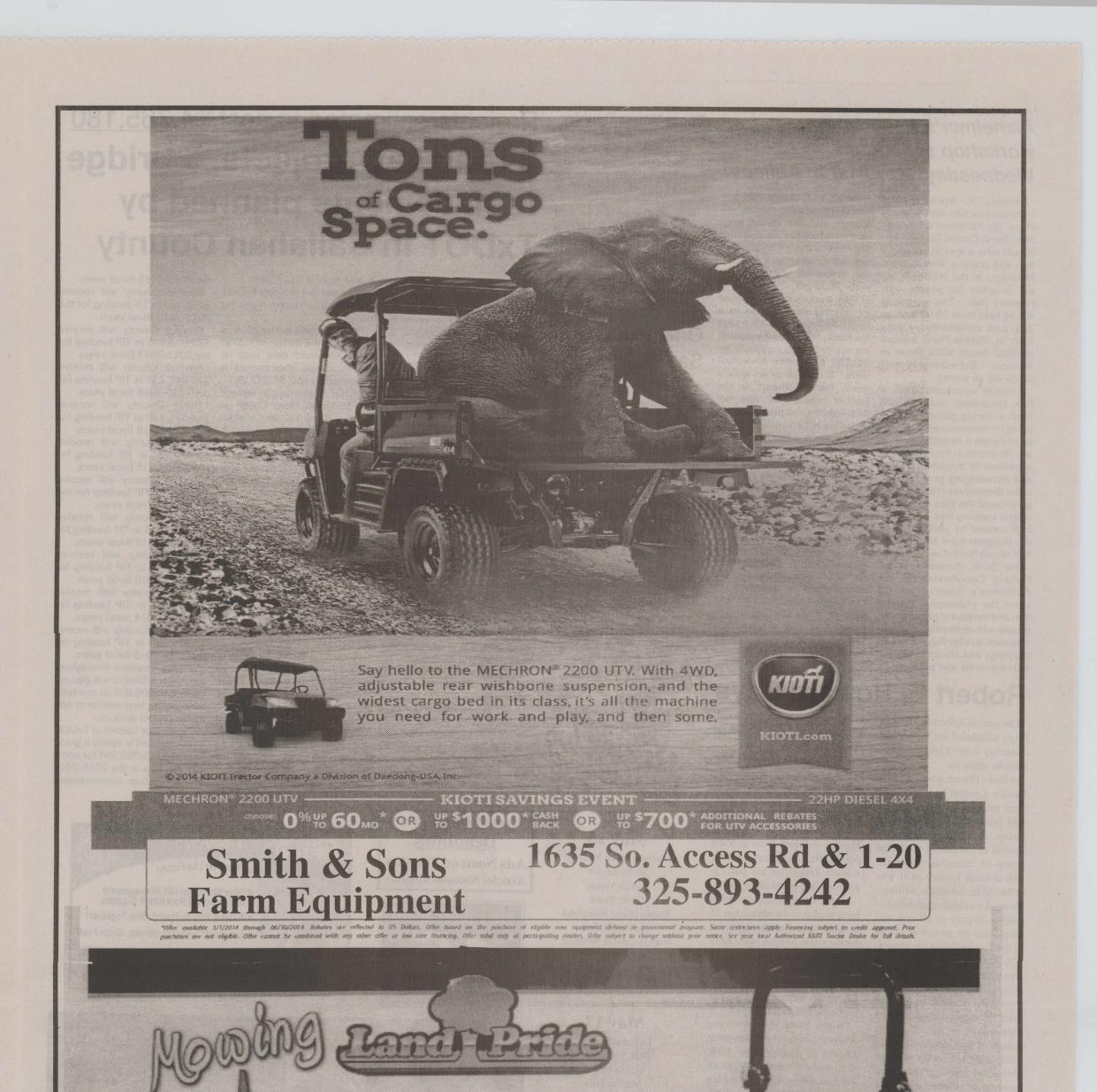
IN CONJUNCTION WITH THE INDOOR GARAGE SALE BENEFITTING BACKPACKS FOR KIDS GARAGE SALE BEGINS AT 7:00AM





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### Alzheimer's Association workshop scheduled Wednesday, May 21st in Abilene

Abilene, TX - April 29, 2014 dividuals to facilitate MIM sester will offer a special presenta- find out why more than 20 chapart program for people with in the Making®. memory loss. The workshop will be held from 10:00 a.m. to 2:30 p.m. on Wednesday, May 21st, at Wisteria Place, located at 3202 South Willis Street in ing sessions is an especially re-Abilene. Refreshments and lunch will be served.

little inspiration, and guidance takes for someone with demen- dementia is tremendous." tia to create a beautiful work of art. Memories in the Making® is a method of inspiring, helping and encouraging people to express themselves creatively, regardless of the type or severity of their memory loss. The paintings created by participants in the program have been exhibited across North Central Texas.

Lisa Buck, Memories in the people with dementia. The prepaintings and stories by people health. with dementia and prepares in-

- In conjunction with Wisteria sions on their own. Artists, vol-Place, the Alzheimer's Associa- unteers, and staff at area longtion-North Central Texas Chap- term care facilities are invited to tion and training workshop on ters of the Alzheimer's Associa-Memories in the Making®, an tion nationwide offer Memories

"This workshop is a way of introducing the program to a larger Abilene audience," says Ms. Buck. "Facilitating the paintwarding experience for volunteers. It only takes an hour a A box of watercolor paints, a week, but the impact on the lives of people who have lost from a caring person is all it their hobbies and professions to

The cost is \$40 per person, and includes four continuing education hours for activity professionals and social workers. Students may attend for \$20. For more information or to register, call Karen Rampy at 325 672-2907 or email krampy@alz.org.

The mission of the Alzheimer's Association is to eliminate Making Coordinator for the Alzheimer's disease through the Alzheimer's Association, will advancement of research; to share the philosophy, inspira- provide and enhance care and tion and method of painting with support for all affected; and to reduce the risk of dementia sentation is richly illustrated with through the promotion of brain

## **Robert E. Howard Days**

The annual Robert E. Howard Days scheduled for Friday and Saturday June 13th-14th will soon be upon us.

In Paris, France, guest of honor Patrice Louinet is putting the final touches on the papers he will present during the celebration. He will participate in several of the panels where the group of "armchair scholars" will discuss history as it was reflected in Howard's writings. Howard was almost addicted to reading history of all eras and often used the people or places as the focal point of his stories. In Japan, Dierk and Chia Guenther are packing all the technical gadgets necessary to record the research he is doing around the area during the week they will be in town. Guenther is head of the Literature Department at the University of Tokushima and is doing background research of Howard to be included in future studies. During the week following the Howard Day, they will be visiting in depth with local residents knowledgeable of Howard's time here in Cross Plains. As a gesture of appreciation for all this help, they have offered to do a presentation on the culture of Japan, including a demonstration of origami. Plans for this

event at the Methodist Church are still in the developmental stage.

In Scotland, the four delightful ladies are boarding the plane for a month in the states. They usually spend a month in Arizona before coming on over here for the weekend. A son, Al Harron, will join them at some point as he, too, is busy with last minute details on his participation in the panel discussions.

All the stateside visitors don't have to plan so far ahead, but 35 of them have already registered for the event. Several of the early registrations are coming from folks who have never been here before and have never experienced the welcome mat put out by Cross Plains folks.

Project Pride is now taking reservations for the Celebration Dinner on Friday, June 13th, 6:30 in the Community Center. Fif-teen dollars will get you a big delicious chicken fried steak from the Staghorn and the opportunity to rub elbows with a lot of interesting people. Checks or money may be mailed to Project Pride at PO Box 534, or PayPal is available at ProjPride@yahoo.com or handed to Tom as he walks downtown each day.

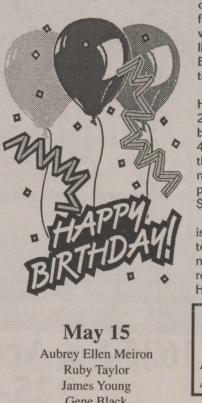
#### **Opera House Country Musical this Saturday**

The Opera House Country musical show will be-Saturday May 17th at 6:00 pm, at the Opera House, located in Anson, Texas.

A Bar-Q Supper will be held before the musical, serving starts at 5:00pm. The supper cost \$6.00 a plate and this includes a drink and dessert. For further information call Tommy Self at 512-484-7834, leave a message.

## **One Hour Can** Save Lives

Do you have an hour a week you could volunteer to help others? The Cross Plains Senior Center delivers meals to homebound Monday-Friday and are needing volunteers for the 2nd and the 4th Monday of each month. If you would like to deliver on Mondays or would be willing to be a substitute if needed, please call the Center. 725-6521



Gene Black Shelly (Key) Moreland **Corine Archer** Wanda Cowan Wheeler

> **May 16** Sheila Payne

**May 17** Lahoma Bowen W.B. Nickerson

# Projects estimated to cost \$4,765,180 3 roadway projects, 5 bridge replacements planned by **TxDOT in Callahan County**

The Texas Department of mated to cost \$117,909. Transportation announced eight roadway improvement plans over the next three years for Callahan County during a recent TxDOT public meeting held in Albany

Texas Department of Transportation announced its 2015-2018 Program for 12 Big Country County.

State Highway 35, which runs through the southern portion of 2015 and the second in 2016.

In 2015, the Abilene District has planned shoulder texturing, centerline texturing, milled work for 16.42 miles of State Highway 36 from the Taylor County line east to US 283 south of Baird. The project is estimated to cost \$90,236.

The second project for State Highway 36 is scheduled for 2016 and will involve milling, base repair and ACP overlay for 4.399 miles of the highway from the Taylor County line to 0.4 miles east of FM 1178. This project is estimated to cost \$1.870.976.

In 2015, FM 604 south of Clyde is scheduled to receive shoulder texturing, and profile for 12.375 miles from the south frontage road of I-20 in Clyde to State Highway 36. This project is esti-

The other five projects TxDOT is planning all involve replacing bridges. The first scheduled for 2016, is

the westbound lane only at The Abilene District of the Brushy Creek. This project is estimated to cost \$1,073,261. TxDOT is planning to replace Transportation Improvement the bridge at Deep Creek on County Road 152 in Callahan counties, including Callahan County in 2017. This project is estimated at \$380,000.

In 2017, TxDOT is planning to replace the bridge at Battle Creek Callahan County is scheduled to on County Road 148. This bridge receive two projects—the first in replacement is estimated to cost \$594.476.

> Also in 2017, TxDOT will replace the bridge of a tributary of Turkey Creek on County Road 211. This replacement is estimated to cost \$322,321.

> The final bridge replacement, also scheduled for 2017, is for the bridge of a branch of Turkey Creek on County Road 212. This project is estimated to cost \$316,001.

In all, Callahan County is scheduled to receive \$4,765,180 in TxDOT improvements in the Transportation Improvement Program for 2015-2018.

Taylor County is scheduled to receive the most TIP funding for the 2015-2018 fiscal years in the amount of \$44,561,601 for some 20 roadway projects.

Shackelford County will receive \$6,914,115 in TIP funding for Program.

the 2015-2018 fiscal years. Borden County will receive \$438,566 in TIP funding for the 2015-2018 fiscal years.

Howard County will receive to replace the bridge of I-20 in \$29,073,746 in TIP funding for the 2015-2018 fiscal years.

Mitchell County will receive \$10,047,732 in TIP funding for the 2015-2018 fiscal years.

Nolan County will receive \$14,341,110 in TIP funding for the 2015-2018 fiscal years.

Fisher County will receive \$5,970,984 in TIP funding for the 2015-2018 fiscal years. Haskell County will receive \$37,327 in TIP funding for the 2015-2018 fiscal years.

Jones County will receive \$11,338,553 in TIP funding for the 2015-2018 fiscal years.

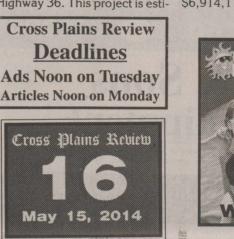
Kent County will receive \$2,291,648 in TIP funding for the 2015-2018 fiscal years.

Scurry County will receive \$1,786,062 in TIP funding for the 2015-2018 fiscal years. Stonewall County will receive

\$3,526,280 in TIP funding for the 2015-2018 fiscal years.

Various locations throughout the Abilene District will also receive \$30,000,000 in roadway seal coating improvements and traffic control devices.

The Abilene District of TxDOT has scheduled to spend a grand total of \$165,092,904 for some 101 projects in the 2015-2018 Transportation Improvement



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Dates: June 2-5, 2014

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Pre-registration is due May 16, 2014 Walkups are welcome the day of camp.

Contact Information:

Mykia Anderson, Head Girls Basketball Coach

(325)665-0838 / manderson@cplains.esc14.net 6666666666 This ad being run as a Public Service of the Cross Plains Review



## **Bad Weather Make Up Days**

Cross Plains ISD had to cancel two school days this past winter due to bad weather. Unfortunately, we will have to make those days up on May 9 and May 26.

Teresa Veteto Marvin Dill Don Long Toni (Edington) Hart James Wayne Woody **Skyler Goings** 

#### **May 18**

Shane Austin Sharpe Tonya N. Spelbring Billy Mac Lee Shylin Kross Johnson

#### **May 19**

Virginia Childers Aubrey (Sabaitis) Skiles Mrs. Eugene Linschott **Rau Liles** Matthew Rodney Smith Valerie Chamber **Robert Eugene Lee** 

#### **May 20**

Howard Phillips **Richard Wayne Ramsey** Stephanie (Walker) Barker Sally Whiteley Keith Lawrence

#### **May 21**

Glenda Simpson Lanice (Pittman) Keener **Bobby Bomar** Benji Wagner **Becky Ford** Mrs. Robbie D. Stephens **Tim Mosley** 





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## **Texas veterans benefits** make up for proposed cuts to federal benefits

AUSTIN - Move to Texas - Texas veterans than the comthat's the message Texas Land Commissioner Jerry Patterson has for veterans across the nation worried about proposed cuts to federal veterans benefits. Exin Texas can more than make up for the losses now faced by those who signed up to serve our nation, said Patterson, a rétired U.S. Marine lieutenant colonel and chairman of the Veterans Land Board.

"In Texas, we understand that veterans benefits are earned, not given," Patterson said. "It's really just a matter of priorities. The benefits Texas offers veterans are the best in the nation because we understand the value of service, and we honor those who have served, plain and simple."

'Earlier this week, Secretary of Defense Chuck Hagel proposed cutting retirement benefits for all veterans. But in Texas, veterans benefits continue to grow. Since 2003 Patterson has led the largest expansion of benefits to Texas veterans since World War II. Texas veterans can now borrow more than ever for land and home purchases, have the option of low-cost, long-term nursing care in their golden years and four Texas State Veterans Cemeteries to choose from for those who served with lip sertheir final rest. In the last 11 vice," Patterson said. "We take vears, the VLB has served more care of them.'

bined previous 50 years, serving more than 300,000.

To make Texas more accommodating to all veterans, Patterson dropped the state's panded state veterans benefits one-year residency requirement to allow all veterans living here to qualify for Texas veterans benefits. Under the old rules, even Davy Crockett would not have qualified for Veterans Land Board benefits had he survived the Alamo.

Thanks to these changes, more Texas veterans than ever are able to buy a home and achieve the American Dream. Patterson streamlined the loan application process and increased the amount a Texas veteran could borrow for the purchase of land from \$20,000 to \$100,000 and reduced the minimum acreage required from five acres to one acre, making it easier for veterans to buy lots closer to urban areas. In the TexVet home loan, he worked with Congress to make the VLB's interest rates the lowest in the nation, and raised the amount a Texas veteran may borrow for a home from \$150,000 in 2003 to the present maximum of \$417,000. Learn more at www.texasveterans.com.

"In Texas, we don't just honor

## **Grand Ole Oplin May line-up**

The Grand Ole Oplin invites everyone out each Friday for an evening of good friends, good music and lots of dancing.

MIDNIGHT BLUE will be returning on May 16th playing some more of your favorite country tunes, and on May 23rd MUDDY CREEK will be back to entertain us some more. The band playing on May 30th has yet to be announced, but we'll let you know soon.

### USDA Seeks Comments to Amend Soybean Request for **Referendum Procedures and** Announces Dates of the Soybean **Request for Referendum**

- The U.S. Department of Ag- dum by removing the specific riculture (USDA) is seeking com- number of producers eligible to ments on proposed amendments to procedures for soybean producers to request a referendum on the Soybean Promotion and Research Order as lows the Secretary of Agriculauthorized under the Soybean Promotion, Research, and Consumer Information Act. USDA also announces the Request for Referendum will be held May 5, 2014, through May 30, 2014, in county USDA Farm Service Agency (FSA) offices.

The Act requires that a request for referendum be held every five years following the initial referendum. The previous request for referendum was held in 2009. Only eligible soybean producers wishing to request a referendum on the Order participate. Those producers who do not want a referendum on the Order would not participate. Participating in the request of referendum is voluntary. Eligible producers participating in the request for referendum must certify that they or the entity they are authorized to represent paid an assessment at some time during January 1, 2012, through December 31, 2013. USDA would conduct a referendum only if at least 10 percent of all eligible soybean producers, no more than one-fifth of which may be soybean producers in any one state, requested a referendum.

So gather the family and all of your friends and come on out to THE GRAND OLE OPLIN, The Grand Ole Oplin in we'll be happy to see you ! WASHINGTON, April 23, 2014 procedures to request a referenrequest a referendum. The number of producers eligible to request a referendum would be replaced with language that al-

hosted by the Oplin

Community Center and is

located at the intersection of

F.M. 604 S. and F.M. 2926.

Our Friday dances begin at

7:30 p.m. and ends at 10:30

p.m. Admission is only \$5.00

per person. Everyone is invited

to bring a snack to be shared

by all during the band's break.

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allowed at any of our functions.

ture to update this number based on information provided by FSA. For the purposes of the 2014 Soybean Request for Referendum, the number of eligible soybean producers identified through FSA soybean acreage reports for crop years 2011 and 2012 is 569,998. Additionally, this rule would replace specific USDA and FSA Web site and office addresses with more flexible language.

The 70-member United Soybean Board, authorized by the Act, administers a coordinated soybean promotion and research program designed to expand uses of soybeans and soybean products in domestic and foreign markets.

The proposed amendments to procedures were published in the March 4, 2014, Federal Register. For more information, contact James Brow, Agricultural Marketing Specialist, Research and Promotion Division, Livestock, Poultry and Seed Program, AMS, USDA, STOP0251. Room 2610-S, 1400 Independence Avenue, SW, Washington, DC 20250-0251; tel. (202) 720-0633, e-mail James.Brow@ams.usda.gov; or

### **Texans can save sales tax** on Energy Efficient Appliances

AUSTIN-The opportunity for Texans to save money on energy efficient appliances is fast approaching. The state's annual ENERGY STAR" Sales Tax Holiday is Saturday, May 24th, through Monday, May 26th.

"This is a great opportunity for Texans looking for ways to stretch their family budgets." Texas Comptroller Susan Combs said. "Shoppers can save money up front by not having to pay sales tax when buying appliances during the holiday weekend and the energy efficient products can

help reduce utility bill costs." Shoppers are expected to save an estimated \$3.8 million in state and local sales tax during the Memorial Day sales tax holiday.

The sales tax break applies to ENERGY STAR" qualified air conditioners priced at \$6,000 or less; refrigerators priced at \$2,000 or less; ceiling fans; fluorescent light bulbs; dishwashers; dehumidifiers; and clothes washers. There is more information at: http:// www.window.state.tx.us/ taxinfo/taxpubs/tx96\_1331/.

## The Great American Barbecue – Texas Style!

AUSTIN, TX — In partnership with the U.S. Meat Export Federation (USMEF), the Texas Beef Council (TBC) recently hosted the annual Great American Barbecue at the Kowloon Cricket Club in Hong Kong. With the best attendance on record for this annual event, the program attracted over 1,000 participants, including key food and beverage operators, retailers, executive chefs, meat importers, media and food bloggers. Tom Perini, representing TBC, was showcased at this year's event and served up his signature Mesquite Smoked Beef Tenderloin. A day prior to the event,

Perini also conducted a Texas Cowboy Master Chef Beef Cooking Class, teaching 20 local experienced chefs the basics of cooking barbecue beef with a smoker

With U.S. beef export values on the rise, the beef checkoff continues to invest in international demand-building programs to capitalize on global market opportunities," said Dave Edmiston, TBC board member and USMEF director. "The Great American Barbecue event is just one way TBC is working to leverage valuable checkoff dollars and improve producers' bottom line while increasing sales of U.S. beef around the globe." According to USMEF, total beef exports for 2013 were up 3 percent in volume to 2.58 billion pounds and 12 percent in value (\$6.157 billion) - breaking the

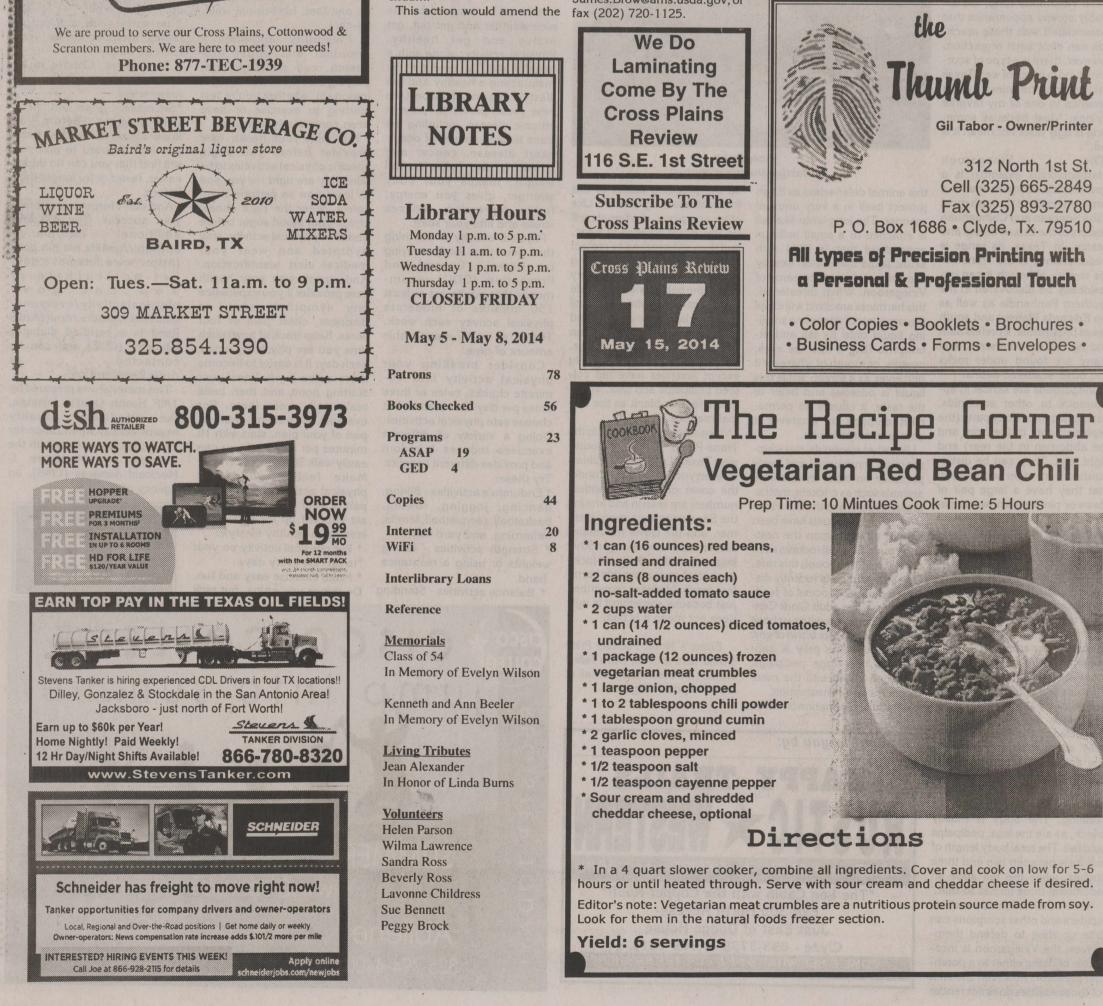
2012 value record. Beef exports to Hong Kong set a new annual record as volume doubled to 286 million pounds and value increased 142 percent to \$823.3 million.

For the Texas Beef Council, the Great American Barbecue represents an annual opportunity to showcase beef prepared Texas-style and reaffirm its commitment to global marketing.

"If there is one thing the Texas Beef Council has learned over the years, it's that international marketing is not something you jump into and jump out of," said Jason Bagley, TBC senior export manager. "Global marketing is something you have to build on and sustain, constantly working to build key relationships. The Great American Barbecue offers a wonderful opportunity to do just that, and in one of the fastest growing markets in the world for U.S. beef.' ###

Headquartered in Austin, TBC conducts the \$1-per-head checkoff program for Texas beef producers. Its mission is to increase beef demand in the state through programs of beef promotion, research and education. TBC also helps fund national and international beef checkoff programs to increase marketing opportunities for the entire U.S. beef industry. For more information on this and other checkoff-funded programs, please visit www.TexasBeef.org or call (800) 846.4113.

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# **TSTC Board Paves Way to Better** Serve the State's Workforce Needs

Waco- The governor-appointed Board of Regents serving Texas State Technical College System gave its approval Thursday for the 11-location college system to pursue single accreditation with the Southern Association of Colleges and Schools Commission on Colleges.

The transition is considered a that is expected to be completed by Sept. 15, 2015 and should strengthen TSTC's ability to supply a skilled workforce for the Texas economy.

"As an agency of the state of Texas, TSTC has a mission of helping Texas meet the hightech workforce challenges in today's global economy," said Ellis Skinner, Chairman of the TSTC Board of Regents.

"TSTC is making this move to operational redundancy among its four colleges, allow horizontal integration for better collaboration, and improve its ability to skill jobs." respond to the local needs served by each campus," added Skinner.

In the last two years, TSTC has East Williamson County Higher Education Center north of Austin and at TSTC North Texas south of Dallas.

cally skilled workforce accelerates, we regularly field calls from communities 'wanting a TSTC' in their region," said Michael L. Reeser, TSTC Chancellor. "Given the growing skills gap for technically skilled workers in Texas Certificates are an affordable sonably expect the demand for our graduates to grow at a faster past. Once we transition to a high school diploma." single accreditation, we will be better positioned to respond in a more consistent manner."

Reeser added, "Texas taxpayers expect TSTC to be both efdemanding endeavor but one fective and efficient. A single accreditation will save us huneach year in overhead costs while providing a more consistent high-quality outcome across the state.

This change demonstrates that TSTC is serious about maximizing the benefits produced by public funds.

According to the 2014 report issued by the Texas Workforce Boards, "It is becoming more single accreditation to reduce common that businesses in key industries in Texas are unable to find enough sufficiently trained workers to fill available, middle-

TSTC offers programs and credentials targeted specifically toward those high-paying jobs. The fastest growing post-secadded its newest locations at the ondary credential today is not a bachelor's or associate's degree but a career-focused certificate recognized by industry

According to a recent publi-"As the demand for a techni- cation released by the Center on Education and the Workforce at Georgetown University, "the number of certificates awarded percent over the past 30 years. service to Texas in 2015.

and the nation, TSTC can rea- alternative usually earned in less than one or two years, and can boost a worker's earning power rate in the future than in this by 20% over those with only a

The Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) is a regional accrediting organization through which most Texas universities and colleges seek their accreditation. Holding an dreds of thousands of dollars accreditation from SACSCOC is an indication that an institution follows operational standards that maintain a high level of educational quality. This strategic move by TSTC leadership is designed to help more Texans gain the technical skills needed for the ever-growing Texas workforce demand. For more information, go to www.tstc.edu/ systemoffice/sacscoc or email oneTSTC@tstc.edu. ###

#### About TSTC

Texas State Technical College (www.tstc.edu) consists of four technical colleges with campuses in Abilene, Breckenridge, Brownwood, Harlingen, Hutto, Ingleside, Marshall, Red Oak, Richmond, Sweetwater, and Waco. TSTC is the only college in America to adopt a funding model based entirely on student employment outcomes - aligning with its purpose of strengthening Texas with a highly skilled, technically competent workforce. The statewide colhas skyrocketed more than 800 lege will celebrate 50 years of

## **Abilene Behavioral Health Recognizes National Mental Health Awareness Month**

Abilene, TX - May 9, 2014 -May is National Mental Health tional awareness month? Many Awareness Month, a time dedicated towards striving to make people aware of how prevalent mental health issues are and how profoundly they affect the individuals suffering from them. In recent times, the negative stigma that once accompanied any discussion of mental illnesses has greatly lessened, however, there still exists much misunderstanding regarding what it means to be mentally ill and what negative effects mental illnesses can have on the lives of those struggling with them.

Nikki Nazworth, Director of Clinical services at ABH says "I believe to be truly healthy, you need to take care of your physical as well as your mental health. I think many of us neglect our mental health due to the stigma surrounding it. I believe everyone can benefit from therapy. Therapy allows an opportunity for people to understand their beliefs about themselves, other people, and the world. It is that belief system that guides 80% of our interactions with others."

For 65 years, May has been observed as Mental Health Awareness Month with the goal of reaching millions of people through media outlets and local events in order to help build public awareness and recognition of the importance of mental health. The theme for this year's mental health awareness month is "Mind Your Health." Throughout the month of May, communities are encouraged to rally together to help build a better understanding of mental illness and to help one another find who need it.

Health doing as part of the nacommunity events are scheduled in the areas we service to bring awareness of mental illnesses and behaviors. Most importantly, that we are a resource one might expect. According to for those in need. ABH is currently using media as well to Health (NIMH), in the United emphasize and educate communities on mental health. For ABH, this is what we do every single day

When mental illnesses are ignored, or left untreated, it can leave a devastating impact on society. People who are not provided with options for receiving treatment run the risk of becoming homeless, getting into legal and financial troubles, or even facing an early death.

Communities can provide support to those suffering from mental illnesses by making resources available in places like hospitals, police stations, schools, churches, and community centers.

Many communities have nonprofit organizations that are dedicated to providing mental health care at little or no cost to the patient, and various types of community centers can provide information as to how people can get in touch with those services. Similarly, communities can work together to provide an outlet for various types of support groups to meet, and schools and police stations can advocate for crisis intervention services to be put in place in order to provide immediate care when necessary. It is important for communities to show that by uniting together, true wellness can be obtained

support and treatment for those at ABH, states, "We want to be tion, visit www.abilenea mental health resource for our behavioralhealth.com.

It is estimated that one in four people suffer from a mental illness, and the percentages of people suffering from specific disorders are much higher than the National Institute of Mental States alone, depression affects 6.7% of the adult population, anxiety affects 18.1%, bipolar disorder affects 2.6%, and schizophrenia affects 1%. And those are just the most common diagnoses that come to mind when thinking about mental illnesses. But there are disorders that are not as commonly talked about that also have a large impact on our communities. Postpartum depression, for example, affects an estimated 19% of women who have given birth. according to the CDC (Centers for Disease Control and Prevention). Awareness, understanding, and recognition of these illnesses is imperative in helping communities become stronger. About Abilene Behavioral Health:

Changed Lives."

Abilene Behavioral Health is a community-focused hospital and treatment center with an allencompassing goal of providing superior care to children, adolescents, and adults seeking care for mental health disorders and substance abuse. In order to achieve our goals of individualized, compassionate care, we offer many specialized programs that are built around the different needs of each of our patients. We ensure that each patient has a controlled and structured atmosphere where they can feel safe to begin the recov-Sheila McDermott-Lord, CEO ery process. For more informa-



## Vinegaroon

Say the word scorpion in a crowd, and most responsible people will instinctively head the opposite direction, with some apt to doing so while running and screaming. Beside the potential venomous sting, the arguably creepy appearance that is associated with these arach-



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Let's all be inspired by the on one foot, heel-to-toe walk, up the pace a bit. nice weather and get out, get tai-chi

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nids can elicit such a reaction. However, there is a type of scorpion found in much of west Texas that is not only harmless; it gives credence to one of my favorite sayings: "Just because something is ugly does not mean it is bad.

The Vinegaroon (Mastigoproctus gigantus) is a type of whip-scorpion that is a common resident through most of the Sonoran and Chihuahuan Deserts of the United States and Mexico. In Texas, its range is predominantly in the Trans-Pecos region, although it can occasionally be discovered in the southern Panhandle as well as the Edwards Plateau and south Texas brushlands. It prefers dark and humid environments, and many are found under rocks and other scattered debris.

Vinegaroons are similar in appearance to other arachnids, having two main body parts (the cephalothorax in the front and the abdomen in the rear) and eight legs. They can be distinguished from other scorpions in that they have a large pair of claws or pinchers known as pedipalps that are curved inward toward the mouthparts. These pedipalps are attached to the front of the cephalothorax. The second unique characteristic is the long hairlike tail that lacks a , stinging apparatus on the end. This tail is very "whip-like" in appearance, and this is where the common name of whip-scorpion comes from. The eyes are located on the top of the cephalothorax and are diminutive, and are primarily used just to determine light and dark. The first pair of legs are long and thin and they are utilized in navigating the animal as they "feel" their way around, much like antennae that insects use. The other three pairs of legs are used for walking. The body is mostly black, as are the legs, pedipalps and tail. The total body length of adults is between two and three inches, while the tail adds an additional three inches to that.

While other arachnids such as spiders and other scorpions can bite or sting to defend themselves, the Vinegaroon is incapable of doing either to a potential predator. However, the lack of those abilities does not render

#### Vinegaroon (Mastigoproctus gigantus)

protect itself in a very unusual manner. The long whip-like tail is attached to a small bulbous appendage that is filled with acidic liquid that smells exactly like vinegar, hence the name of Vinegaroon. When threatened, this harmless arachnid will expel tiny amounts of this strong smelling liquid onto its tail and attempt to fling it into the eves. nostrils, or mouth of whatever it perceives as a threat. While this liquid is odorous and bitter to the taste, it causes no permanent damage to whatever it comes in contact with.

Like other arachnids, this whipscorpion is nocturnal and feeds primarily on other invertebrate animals such as crickets, moths, grasshoppers, and the like. However, large individuals have been known to feast upon the nestling young of small rodents such as field mice, although this rare. One individual was recently discovered in the process of feeding upon a live adult Giant Centipede. This conquest must have been a Godzilla-like brawl of epic proportions! The prey is subdued by the large pedipalps, and then pulled into the mandibles for live consumption.

Very little information is known

HAPPY

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this animal defenseless as it can on the breeding habits of this formidable looking creature. Like other scorpions, the female will lay the 20 tot 30 eggs in a sac, and then will proceed to protect the eggs during the month-long incubation time. Once they hatch, the babies will hitch a ride on their mother's abdomen until they are large enough to fend for themselves, typically when they reach one month of age. They are identical to the adults except juveniles have red colored pedipalps and tails. These colors fade to black as the animal matures.

Vinegaroons are plentiful in the Trans-Pecos region of southwest Texas. Look for individuals in fallen yuccas, as well as under the cover of rocks. Countless numbers are seen in and around the Sanderson area every summer, and the Davis mountains are another home to another large population. If you are lucky enough to encounter this harmless arachnid please remember, just because something is ugly does not mean it is bad!

Editor's Note: Michael Price would love to hear from folks! He can be reached by email at www.fullprice71@gmail.

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active and get healthy. Physical activity, along with a healthy diet, is essential for maintaining a healthy and fun lifestyle. It is one of the best the best prescriptions to prevent chronic disease, including the three leading causes of death: heart disease, cancer and stroke. It also helps control weight, makes your body stronger, gives you energy, fights depression, reduces stress and lifts your spirit.

Physical activity is anything that gets your body moving for Disease Control and Prevention (CDC) recommends that adults get at least 150 minutes of moderate physical activity each week. That is an easily manageable amount of time.

Consider breaking your physical activity into 10minute chunks, twice or three times per day. Be creative, but choose safe physical activities. Doing a variety of different exercises reduces boredom and provides different benefits. Try these:

\* Endurance activities - Biking, dancing, jogging, rowing, basketball, racquetball, tennis, swimming, and yard work.

\* Strength activities - Lifting weights or using a resistance band.

\* Balance activities - Standing

Flexibility activities Shoulder and upper arm stretch, calf stretch, yoga. Staying safe when exercising is important, whether you're just starting to exercise or have been consistently doing so.

Talk with your health care provider before you begin specific physical activities to be sure they are right for you and to learn how to perform them safely. Wear the right shoes, check your blood sugar before and after physical activity, stay hydrated and wear your medical alert identification. And, speak with your health care provider if you experience any symptoms such as dizziness, chest pain or foot sores. Keep track of how much time you are physically active each day. It is easier to become more active if you know your starting point and then build realistically from there. For example, if walking more is part of your plan, start with 10 minutes per day until you can easily walk 30 minutes per day. Make feeling good and physical activity a permanent part of your life. Here's how to set yourself up for success in creating a healthy lifestyle:

\* Put physical activity on your "to do" list every day.

\* Make exercise easy and fun. Do things you enjoy, but pick family member to be your exercise buddy

\* Be creative. Choose to be active in many places and many ways.

\*Set realistic goals and check your progress Before you know it, exercise will be a habit vou look forward to and you will find that you can do things easier, faster or for longer than before.

And don't forget to celebrate your success. You will find additional information at:(http://go4life.nia.nih.gov/ (http://www.letsmove.gov/ get-active(http:// www.cdc.gov/ physicalactivity/everyone/ guidelines/adults.html((Ardis Reed is a certified diabetes educator (CDE) and can be contacted at Ardis.Reed@tmf.org.

This material was prepared by TMF Health Quality Institute, the Medicare Quality Improvement Organization for Texas, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S.



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