

Keys to our Past,
Present and Future
Hinge on the Cross

Cross Plains Review

"Cross Plains' Oldest Business Institution"

"A Caring Community"

THURSDAY, January 21, 2010



Rich in Agriculture
Abundant in Wildlife

Mast head designed by Deborah Lowitzer

100th YEAR

CROSS PLAINS, CALLAHAN COUNTY, TEXAS 76443

NUMBER 45



NEW FIRETRUCK—The Cottonwood Volunteer Fire Control Group is holding a Fish Fry on Saturday, Jan. 30 to raise money for a new firetruck.

Cottonwood Volunteer Fire Control Group Fish Fry January 30th

Cottonwood Volunteer Fire Control Group will be having their 2nd Annual Fish Fry on Saturday, January 30th. This time the Fish Fry will be held in downtown Cross Plains at the Family Life Center of the First Baptist Church.

Fish (or chicken), French fries, beans, coleslaw and hushpuppies are on the menu. Plates are \$7 each. The dinner starts at 5 p.m. Take out plates will be available so you can stop by and take a dinner home with you.

Proceeds from the fish fry go

toward the new firetruck that's being built for Cottonwood, thanks to a grant from the Texas Forest Service that will cover 90 percent of the cost of the truck. The Fire Control Group needs to raise the remaining 10 percent—about \$7,800.

"We've really been blessed," stated Fire Chief Joe Terstegge, "last year we held the Benefit Prize Drawing to raise money for the new firehouse, and thanks to the support from everyone in the Cross Plains—Cottonwood area, the new firehouse is nearly

completed."

"Now, we've been so fortunate to have gotten the grant," Terstegge added.

The new firetruck, a 2010 F-550 400 Gallon Brush Truck, will be a great addition to the Fire Control Group's older trucks.

If you are unable to attend the benefit fish fry, but would like to help with the firetruck, you can send your tax deductible donation to: Firetruck Fund, Cottonwood Volunteer Fire Control Group, 13210 CR 429, Cross Plains, TX 76443.

Meet the Author to Feature Murray H. Edwards

On Tuesday, February 9th, we're looking forward to an entertaining Meet the Author evening with Murray H. Edwards. His collection *Looking for Lucy Gilligan & Other Stories* contains award-winning stories that range from sweetly nostalgic, through quirky and entertaining, to just plain funny.

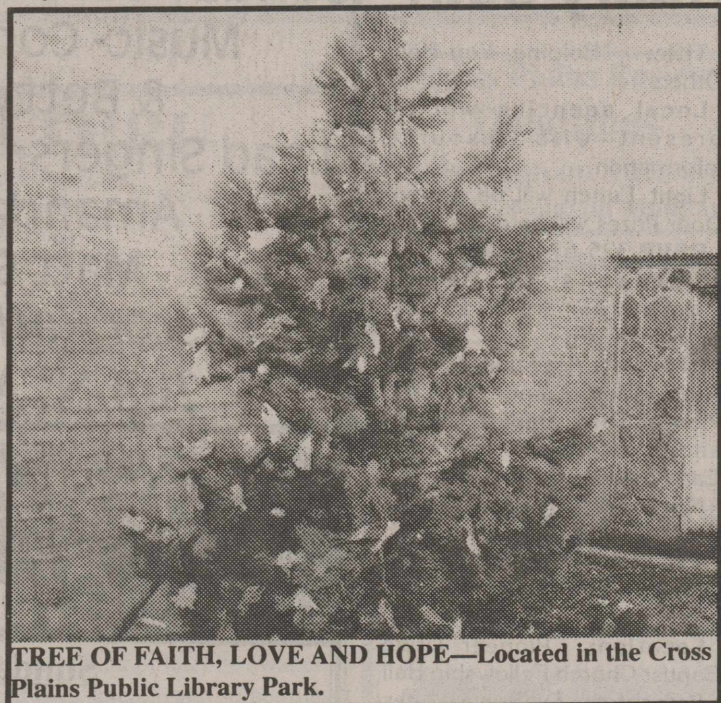
Mr. Edwards is the son of Weldon Edwards and grew up on the Hereford ranch south of Clyde, so he is well-acquainted with our part of Texas, and many of his fictional characters could fit right in locally.

We hope you'll join us at 7:00 p.m. at the Library, where you just may hear how a half-crippled old

rancher managed to save a cow and newborn calf from a range fire, or learn the difference between a "thingamajig" and a "whatchamacallit."

We'll have refreshments for you, and Mr. Edwards' book will be available for sale.

Submitted by
Ginny Hoskins



TREE OF FAITH, LOVE AND HOPE—Located in the Cross Plains Public Library Park.

The Tree of Faith, Love & Hope Raises \$372.00 to Help Local Cancer Patients

Thanks to everyone who helped light the "Tree of Faith, Love & Hope". The Christmas tree, a new Cross Plains tradition, raised \$372.00 to help local cancer patients.

The tree, a 10 foot Afghanistan Pine, was donated by Childress Farm and planted in the park area next to the Cross Plains Library, for everyone in the community to

enjoy at Christmas time and all year long.

Proceeds from the "Tree of Faith, Love & Hope" go to help cancer patients in the Cross Plains area. Primarily, the Community Cancer Fund helps with transportation costs—gas, food and lodging—when local patients travel the distance to and from the hospital for treatments.

Callahan County Junior Livestock Show Winners

The Callahan County Livestock Show was held January 14th-16th at the County Show Barn in Cross Plains. Below are a list of the winners for each breed.

Rabbits
Jr. Showmanship - Tara Kinslow - Clyde 4-H
Sr. Showmanship - Cody Cedergren - Clyde FFA
Breeding Rabbits

White Bucks
1st Place- Tara Kinslow - Clyde 4-H, 2nd Place- Jacob Archa - Eula 4-H, 3rd Place- Jacob Archa - Eula 4-H, 4th Place- Tyler Jobe - Clyde 4-H

Colored Bucks
1st Place- Tara Kinslow - Clyde 4-H, 2nd Place- Cody Cedergren - Clyde FFA, 3rd Place- Cody Cedergren - Clyde FFA, 4th Place- Cody Cedergren - Clyde FFA, 5th Place- Tyler Jobe - Clyde 4-H
Champion Buck - Tara Kinslow - Clyde 4-H
Reserve Champion Buck - Cody Cedergren - Clyde FFA

White Does
1st Place- Tara Kinslow - Clyde 4-H, 2nd Place- Jacob Archa - Eula 4-H, 3rd Place- Jacob Archa - Eula 4-H, 4th Place- Tyler Jobe - Clyde 4-H

Colored Does
1st Place- Skye Brown - Clyde 4-H, 2nd Place- Tara Kinslow - Clyde 4-H, 3rd Place- Cody Cedergren - Clyde FFA, 4th Place- Cody Cedergren - Clyde FFA, 5th Place- Jacob Archa - Eula 4-H

Champion Doe - Skye Brown - Clyde 4-H
Reserve Champion Doe - Tara Kinslow - Clyde 4-H
Market Rabbits

Fryer Pen
1st Place- Coby McGonagill - Baird 4-H, 2nd Place- Emily Foster - Cross Plains FFA, 3rd Place- Paxton Byrd - Cross Plains FFA, 4th Place- Cody Cedergren - Clyde FFA, 5th Place- Kayla Lawrence - Cross Plains FFA

Champion Fryer Pen - Coby McGonagill - Baird 4-H
Reserve Champion Fryer Pen - Emily Foster - Cross Plains FFA

Broilers
Jr. Showmanship- Kirkland Weaver - Eula 4-H
Sr. Showmanship - Kinsey Taff - Cross Plains FFA

Pen of Three
1st Place- Katy Jo Morgan - Cross Plains FFA, 2nd Place- Landon Hart - Clyde FFA, 3rd Place- Kenzie Taff - Cross Plains FFA, 4th Place- Kelbi Hyles - Cross Plains FFA, 5th Place- Misti Bush - Cross Plains FFA

Champion Broiler - Katy Jo Morgan - Cross Plains FFA
Reserve Champion Broiler - Landon Hart - Clyde FFA

Swine
Jr. Showmanship- Kaitlyn Robinson - Baird FFA
Sr. Showmanship- Rode Merryman - Clyde FFA
Breeding Swine

Cross Gilts
1st Place- Jayme Tennison - Eula 4-H, 2nd Place- Tori Miller - Baird 4-H, 3rd Place- Blake Whitener - Clyde 4-H, 4th Place- Valerie Konecny - Clyde 4-H
Duroc Gilts, 1st Place- Rode Merryman - Clyde FFA
Champion Breeding Gilt - Jayme Tennison - Eula 4-H
Reserve Champion Breeding Gilt - Rode Merryman - Clyde FFA

Market Swine
Light Weight Black OPB
1st Place- Miles Rand - Clyde FFA, 2nd Place- Janea Rouse - Clyde 4-H, 3rd Place- Logan Proctor - Cross Plains FFA, 4th Place- Wyatt Walton - Clyde FFA, 5th Place- Logan Proctor - Cross Plains FFA

Heavy Weight Black OPB
1st Place- Chazney Gray -



CIERRA ODOM-CROSS PLAINS FFA
...Grand Champion Market Steer



MAKENZIE BYRD-CROSS PLAINS FFA
...Reserve Grand Champion Heifer



KERSEY WYATT-CROSS PLAINS FFA
...Grand Champion Boer Goat

Clyde 4-H, 2nd Place- Kelbi Hyles - Cross Plains FFA, 3rd Place- Tori Miller - Baird 4-H, 4th Place- Miles Rand - Clyde 4-H, 5th Place- Tori Miller - Baird 4-H

Champion Black OPB - Chazney Gray - Clyde 4-H
Reserve Champion Black OPB - Kelbi Hyles - Cross Plains FFA

Light Weight Duroc
1st Place- Keldyn Atkinson - Clyde 4-H, 2nd Place- Jayme Tennison - Eula FFA, 3rd Place- Michael Foster - Cross Plains FFA, 4th Place- Dakota Brewster - Clyde 4-H, 5th Place- Seth Byers - Baird FFA

Middle Weight Duroc
1st Place- Michael Foster - Cross Plains FFA, 2nd Place- Madison Foster - Cross Plains FFA, 3rd Place- Kelbi Hyles - Cross Plains FFA, 4th Place- Savana Wyatt - Cross Plains FFA, 5th Place- Blake Whitener - Clyde 4-H

Heavy Weight Duroc
1st Place- Kelbi Hyles - Cross Plains FFA, 2nd Place- Seth Wyatt - Cross Plains FFA, 3rd Place- Peyton Lee - Clyde 4-H,

See Results Page 4

Frankie Hyles,
President of the Callahan County Jr. Livestock Show, pictured with each winner

Photos of the Event
Courtesy of Tammy Weiser of Weiser Photography

Texas Heritage Bank
"We're Proud of Our Local Heritage"
Member FDIC
EQUAL HOUSING LENDER
Presents: "What's Inside"

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CHURCH DIRECTORY

UNITED PENTECOSTAL CHURCH

209 S.W. Hwy 36 CROSS PLAINS, TX

Welcomes You!

Sunday School 9:30 a.m.

Sun. 6:30 p.m. Worship & Word *** Wed. 7:00 p.m. Bible Study
"An Apostolic Church"

PASTOR, Phillip R. Schaefer (254) 725-7140

COTTONWOOD BAPTIST CHURCH

Sunday School9:45 AM
Morning Worship.....11:00 AM
Evening Service.....6:00 PM
Wednesday Bible Study & Prayer Time.....7:00 PM

Matt McGowen, Pastor (254) 725-4599

Church (254) 725-6266

Friendly Church

Bible Teaching

Brushy Creek Cowboy Church

112 W. Travis in Putnam

Pastor: Sam Stone

Sunday Morning Worship.....10:30 AM
Wednesday Worship.....7:00 PM

Triple Cross Cowboy Church

Every Sunday at 10:30 am

Services held at 21272 State Hwy 279, Cross Plains
(CJS Ranch, on the left just past the 279/206 split)

Al Taylor, Preacher

Phone: 254-725-7522

Cell Phone: 325-370-6680

Pioneer Baptist Church

Pastor:

Billy Smith
254-725-6268

Music Director: Barbara Jo Medley

Sunday School.....10:00 am

Sunday Morning Worship.....11:00 am

Sunday Evening Worship.....6:00 p.m.

Wednesday Prayer Service.....7:00 p.m.

Living Water Ministries Fellowship

Restoring And Equipping The Saints

Sunday....10:00 am Wednesday....7:00 pm

Pastor Max Evans

For Information Call (254) 725-7418

Rowden Baptist Church

Pastor: Wayne Lenz

Music: Karen Lenz & Diane Woods

Bible Study...10:00 am

Sunday Morning Worship...11:00 am

2990 Highway 36 at Rowden 12 Miles West of Cross Plains

CROSS PLAINS COWBOY CHURCH

Pastor: Len Smith

"For I have given you an example, that you should do as I have done to you"

JOHN 13:15

As an example to us, Christ gave his all for us. How much are we giving?

Sunday Mornings at 10:30 a.m.

Wednesday Nights at 7:00 p.m.

We invite you to come worship with us.

16075 CR 459 Cross Plains, Texas 76443

(254) - 725 - 6446 or (325) - 518-5514

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OBITUARY

Lillian Edith McGowen

Lillian Edith McGowen, age 96, of Weatherford, and formerly of Baird, passed away Thursday, January 7, 2010, after a long bout with Alzheimers and other age related infirmities. Services were held at 2:00 p.m. Monday, January 11, 2010, at the Chapel of Parker Funeral Home in Baird, with Rev. Dr. Richard H. Wood officiating. Interment was at Ross Cemetery Annex with graveside rites by the Moran Chapter No. 591 Order of the Eastern Star.

Oldest child of Sidney and Tina Harville, Lillian was born on September 28, 1913, in a log cabin located along the banks of Deep Creek in Callahan County. She lived the majority of her life in Callahan County, mostly in Baird.

Lillian and C.S. "Hoot" McGowen married in Baird, Texas in May of 1946. He preceded her in death on September 9, 1982.

She worked in several grocery stores in Baird, but her most lengthy employment was with Modern Cleaners in Baird where she made many friends within the community. Lillian was an active member of the Order of the Eastern Star for seventy years, but her health in recent years curtailed her activities. She had been a member of the First Presbyterian Church in Baird for more than 60 years.

In addition to her husband, "Hoot", she was also preceded in death by a daughter, Ruby Joyce Atwood; a granddaughter Edie McGowen; three sisters, Flora Mae McIntyre, Velma Armor, and Lucille Breeding; and a brother, Shelby Harville.

Lillian is survived by her son and daughter-in-law, Dr. Stanley and Jolene McGowen of Weatherford; a grandson, Travis McGowen of Sierra Vista, Arizona; a sister, Adilene Settle of Big Lake; as well as numerous nieces and nephews.

Cross Plains Review

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January 21, 2010

Want To Write Your Elected Officials?

Here are their addresses:

Austin

Rick Perry, Governor, Room 200, State Capitol, Austin, TX. 78711.

Harvey Hilderbran, State Representative, P.O. Bos 2910, Austin, TX 78768-2910. Phone 512-463-0536.

Troy Fraser, Texas Senate District 24, P.O. Bos 12068, Austin, TX 78711 or call 512-463-0124.

Washington

Barack Obama, President of the United States, The White House, Washington, D.C. 20000 or call 202-456-1111. www.whitehouse.com

Randy Neugebauer, Congressman, 19th Texas District, 429 Cannon HOB, Washington, D.C. 20515. Phone 325-675-9779 or 325-675-5038 for Fax. For email access, go to <http://www.house.gov/neugebauer> and click on the appropriate link.

John Cornyn, 517 Hart Senate Building, Washington, D.C. 20510. Phone 202/224-2934. Fax 202/228-2856. For email access, go to <http://Cornyn.Senate.gov>

Kay Bailey Hutchison, 284 Russell Senate Office Building, Washington, D.C. 20510. Phone 202/224-5922. Fax 202/224-0776. For email go to <http://Hutchison.Senate.gov>

DPS Report for the year 2009

The Department of Public Safety report for the 2009 year includes:

Cases Investigated

5,325 Warnings

2,332 Complaints

Accidents

170 vehicle accidents investigated during the 2009 year.

47 Driving While Intoxicated

80 Driving While License Invalid

9 Possession of Marijuana

10 Possession of Controlled Substance

17 Fugitive Arrest

6 Open Container

2 Unauthorized Use of Motor Vehicle

1 Driving Under the Influence of Alcohol-Minor

9 Public Intoxication

4 Delivery of Marijuana

1 endangering a Child

1 Tampering with Physical Evidence

1 Theft Less Than \$1,500

2 Minor in Possession of Alcoholic Beverage

1 Failure to Stop and Render aid

1 Reckless Conduct

1 Stolen Vehicle

'Seasons of Caring' event planned in Clyde on January 30th

Abilene, TX (January 15, 2010) Seasons of Caring was established four years ago as a partnership with other organizations to serve our community of family caregivers. These planned events are designed to provide valuable information relevant to the issues caregivers face on a daily basis. Highlights of these events include: (1) educational presentations (2) resources and assistance (3) personal consultation and (4) support groups.

With the different levels of care given to loved ones, our title "Seasons of Caring," encompasses all who are caregivers. This includes (1) new or future caregivers (2) active caregivers (3) placing a loved one in a nursing facility and (4) encouragement of a caregiver after caring for a loved one.

Our January event is as follows:
January 30th, Clyde Church of Christ, Clyde, TX

Time: 10:00-2:00 (Registration begins @ 9:30)

Location: Clyde Church of Christ (MPB-Multi-Purpose Building)

Address: So. 4th and Austin Clyde, Texas 79510

Presenters: Dr. Sandy Hazelip (Geriatrician) and Cay Collins (Area Agency on Aging)

Title: "Helping You-Help Others"

Local agencies will be present with resource information.

Light Lunch will be served.

Door Prizes will be given out.

RSVP 325-674-2350

Seasons of Caring Partners: ACU Pruett Gerontology Center, Alzheimer's Association, Area Agency on Aging (WTCG), Pioneer Drive Baptist Church and Windcrest Alzheimer's Care Center.

March 4th, Pioneer Drive Baptist Church, Abilene, TX
Time: 6:30-9:00 (Registration begins @ 6:00 p.m.)

Location: Pioneer Drive Baptist Church Fellowship Hall
Presenters: Dr. Steve Wages and Dr. Charlie Pruett

Title: "You and Your Aging Parents"
Local agencies will be present with resource information.

Finger Foods will be served. Door Prizes will be given out.

RSVP 325-674-2350

Seasons of Caring was established by non-profit organizations to serve the community of Family Caregivers. The mission of Seasons of Caring is to educate and encourage caregivers in our local and rural communities.

COURTHOUSE NEWS

COUNTY COURT-HOUSE NEWS

Roger Corn, Presiding

Misdemeanor Filings

Jordan McBride, driving while intoxicated (DWI).

Kelly G. Cassels, theft by check.

Mary I. Sheppard, theft by check.

Teresa K. Yearwood, DWI. Kyle W. Stevenson, terroristic threat.

Misdemeanor Minutes

Freddie Mae Fobes, motion to dismiss to theft by check granted in the interest of justice.

Jungwan John Lee, motion to dismiss to theft by check granted due to forgery.

Terry L. Wagner, motion to dismiss to theft by check granted in the interest of justice.

Thomas L. Jones, motion to dismiss to theft by check granted due to forgery.

Michelle A. Seabourn, motion to dismiss to theft by check granted due to forgery.

Alex Garner, motion to dismiss to theft by check granted in the interest of justice.

Stanley Mowry, motion to dismiss to theft by check granted in the interest of justice.

Leigha Juanay Quiroz, plea of guilty to possession of marijuana, 15 month probation, \$700 fine, \$306 court costs.

Devin C. Underwood, order on motion to withdraw as counsel granted.

Manuel J. Cantu, III, plea of

guilty to DWI - Class B, 1 year probation, \$500 fine, \$356 court costs.

Glen E. Moore, order amending conditions of probation granted.

Billy G. Jr. Christensen, order amending conditions of probation granted.

Lesley S. Morris, motion to revoke probation and adjudicate granted.

Christopher Scott Wanner, order on motion to withdraw as counsel granted.

Talana Lynn Shackelford, order on motion to withdraw as counsel granted.

Justin Tyree Isbell, motion and affidavit of surety for warrant granted.

Marvin D. Thompson, motion to dismiss to theft by check granted, PTD program completed.

Antonio F. Arreola, plea of guilty to DWI - Class B, 1 year probation, \$500 fine, \$410 court costs.

Antonio Zaragoza, plea of guilty to DWI - Class B, 1 year probation, \$500 fine, \$410 court costs.

Chad Wright, motion to dismiss to theft of service granted in the interest of justice.

Ryan M. Wilson, plea of guilty to DWI - Class B, 1 year probation, \$500 fine, \$425 court costs.

Bruno T. Devora, motion to amend complaint granted.

Marriage Licenses

Yaaqob L. Hawkins and Kahlea T. Conradson, both of Clyde.

Jarett W. Knowles and Brit-tany N. Chance, both of Baird.

WE INVITE YOU TO WORSHIP

WITH THE

First United Methodist Church

Rev. Harris Worcester

Sunday School 9:30AM

Sunday Morning Worship 10:45AM

1000 North Main Street • Church office: 254-725-7377

First Presbyterian Church

Sunday Service 9:00 AM

Music- Connie Swift

& Betty Lewis

Lead Singers: Rhonda Swift

Amanda Sowell

Matt Sowell

Pastor Kathy Monroe

208 N. Ave. D ^{23-4th}

First Baptist Church

Sunday School

9:30 am

Sunday

Sunday

Morning Worship

Evening Worship

10:45 am

6:30 pm

Wednesday

6:30 pm Prayer/Worship

Youth Bible Study 6:30 pm

Children Choir 6:30 pm

Ronnie B. White, Pastor

(254) 725-7629 3rd & Main, Cross Plains, TX 76443

COTTONWOOD NEWS

BEVERLY BROWN

Word has been received here of the passing of Nelda (Thompson) Baker on December 21, 2009 in Fort Worth. She was laid to rest in the Burkett Cemetery. Nelda was the daughter of the late Mr. and Mrs. Richard Thompson of Cottonwood. She was preceded in death by her husband, Robert Baker, and brothers, Leo and Gloster Thompson. She is survived by her sister, Dorothy (Thompson) Ramey of San Antonio and other family members.

Congratulations to the Cottonwood Quilting Club on their beautiful Colorado Log Cabin quilt. The quilt, donated to the West Texas Rehabilitation

Center, brought in \$710 at the Rehab Auction over the weekend. Last year in January of 2009 the Volunteer Fire Control Group and folks in the community were busy getting things lined up for the big fund-raiser for the additional fire house to keep our trucks.

It was a big night with the raffle and fish fry dinner. In early fall, the new building was in place. This was largely due to Ken Farmer who orchestrated the fund-raising event. We were all greatly saddened in the loss of Ken, who passed away before the building was completed.

On Saturday, January 30, the Cottonwood Volunteer Fire

Control Group will be having their annual fund-raiser. A fish fry dinner and the quilt drawing will be held at the Cross Plains Baptist Church Family Center, from 5 until 8 p.m. Do plan to attend and help support the group.

Professor Bill Fowler of Howard Payne University at Brownwood is filling in the pulpit at the Cottonwood Baptist Church on Sundays.

On Sunday, January 24th a fellowship dinner will be held in the family center of the Cottonwood Baptist Church following the morning service. Please bring a covered dish, dessert or salad for the noon meal.

LIBRARY NOTES

January 11-15, 2010

Patrons:	121
Programs:	15
LP	6
LS	2
Other	8
Books Checked Out:	104
Copies:	178
Reference:	7
Internet Users:	66
Interlibrary Loan:	1

Memorials:
Charles Rodenberger
In Memory of Bob Green

Book Donations:
Elata Martineau
Tabitha Martineau
Angela Bogart

Volunteers:
Azalee Womack
Arlene Stephenson
Sue Bennett
Helen Parson
Wilma Lawrence

Cross Plains Area Genealogy Society meets at the Library every first and third Mondays at 1:00 p.m.

"I Feel Just Fine"

By Sheryl Glover Pope
In Memory of Jewel Mae Barnett

How are you feeling Grandma?

"I feel just fine," she'd say.
Oh, isn't it easy to feel just fine,
When Heaven is waiting on the other side!

Even when she was so weak
On into her last hours.

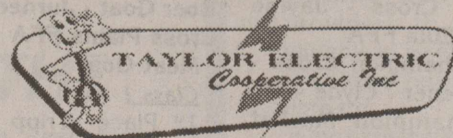
How are you feeling, Grandma?
"I feel just fine," she'd say.
Oh, isn't it easy to feel just fine,
When Heaven is waiting on the other side!

Now she's gone Home and as we grieve,
It's with the peace of mind,
She has no more suffering,
no more pain.

Grandma feels just fine.
She made her journey into Heaven,
She has reached the other side.
Tho, on earth we sorely miss her,
We know Grandma feels just fine.

Please Pray for Rain!

Cross Plains Review
Deadlines
Ads Noon on Tuesday
Articles Noon on Monday



WE ARE PROUD TO SERVE OUR CROSS PLAINS, COTTONWOOD & SCRANTON MEMBERS
WE ARE HERE TO MEET YOUR NEEDS
Phone: 877-TEC-1939

Valentine Special

Give your Valentine a gift that will last!

10% off Texas Rustic Furniture
20% off Mansion Style Beds

Special on in-stock furniture only
Offer good thru February 14th

Hardwicks Farmer's Market
Hwy 36 Cross Plains

Valentine Bouquet Drawing!

BREAKTHRU

By Charles Chesshir
Cross Plains Church of Christ
433 N. Main
(254) 725-6117

When one presupposes that God is dead or there is no God, he or she is faced with a cold reality of making decisions to find ones own way. Life becomes a series of choices with personal experience, knowledge and selfish desires leading the way.

Those who have the better education can often make decisions with the least painful consequences. A premium is then placed on education as if education had the power to neutralize selfish desire and the ultimate evil of people attempting to direct their own steps. But education and personal experience are weak and inadequate guides in a dark and cold world where selfishness, pride, and the consequences of poor decisions have enslaved us.

In our self-imposed slavery we will sooner or later be awakened by screaming. Some times it is our own scream, and sometimes it is from the next room over, but it will come, reminding us that we are enslaved by our poor decisions which are inevitable in a life without God. The question we must answer and the decision we must make when we hear the screaming is whether you will cover your ears and try to go back to sleep, or wake up and seek freedom from the tyranny of a self-directed life.

There is another way. Jeremiah by inspiration from the Creator and sustainer of life once wrote: "Man's life is not his own, it is not for man to direct his own steps. Jesus in showing us to God said, 'I am the way.' If you are tired of the screaming but simply can't find the way, fix your eyes on Jesus."

An Ex-Screamer

Sunday Morning Bible Class...9:45a.m. Sunday Evening
Worship...6:00p.m.
Sunday Morning Worship...10:45a.m. Wed. Evening Bible
Study...7:00p.m.
Friends & Neighbors Caring In Jesus

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SENIOR CITIZEN CENTER ACTIVITIES:

BY AMBER THOMAS

WEEKLY ACTIVITIES

Monday, 25th- Movie Monday 10:00 am, Cokes and Popcorn.
Tuesday, 26th- 11:00am Exercise Class.
Wednesday, 27th-Blood Pressure Checks by Girling 10:30-11:30am.
Thursday, 28th-11:00 am Exercise Class.
Friday, 29th-Bingo 12:30 pm.

Senior Center Needs

A few items the Center could really benefit from...
ROASTER OVEN - LARGE CROCK POTS

SENIOR CITIZENS MENU

JANUARY 25-29

MONDAY-Chicken Spaghetti, Butter Beans, Spinach, Bread & Mixed Vegetables, Green Salad, Dessert, Tea/Coffee/Milk
TUESDAY-Bread & Dessert, Tea/Coffee/Milk.
WEDNESDAY-Hamburger Steak, Rice, Broccoli, Bread & Dessert, Tea/Coffee/Milk
THURSDAY-Brisket, Pinto Beans, Potato Salad, Bread & Dessert, Tea/Coffee/Milk
FRIDAY-Sloppy Joes, Pea Salad, Fruit, Dessert, Tea/Coffee/Milk
WEDNESDAY-Pork Chops,

HELP US HELP THEM

There are many who want to know how to help the earthquake victims in Haiti and many organizations are responding quickly. If you would like to help us build health kits which will be shipped to Haiti in the next few weeks, our First United Methodist Church will be gathering the supplies and delivering to the shipping point on January 31.

Health kits provide basic necessities to the people who have been forced to leave their homes or whose homes were destroyed. These items will be sealed inside a one-gallon plastic bag.

The estimated value of each kit's supplies is \$12. If you prefer to donate toward the purchase of supplies instead of buying them yourselves, please consider dropping off your donation or the supplies at FUMC for the kits or during worship service on July 24.

Items to be included in each kit:
*1 hand towel (15" x 25" up to 17" x 27", no kitchen towels
*1 washcloth
*1 comb (large and sturdy, not pocket-sized)
*1 nail file or fingernail clippers (no emery boards or toenail clippers)
*1 bath-size bar of soap (3 oz. and up)

*1 toothbrush (single brushes only in original wrapper, no child-size brushes)
*6 adhesive plastic strip sterile bandages
*\$1.00 to purchase toothpaste.
(The United Methodist Committee on Relief (UMCOR) is buying toothpaste in bulk to be added to the health kits.)

Please donate only new items. For more information or to volunteer to help assemble the kits to be shipped, call Pastor Harris at the church at 725-7377 or Julie Worcester at 725-7694 or contact any member of the Mission Committee, Sharon Ames, Arlene and Tom Stephenson, Bonita Horton, Bryan Bennett, Judy Porter and Angus Worcester.

If you ever worry that your donations are used for other things besides getting to the actual victims, then know that all monies donated to UMCOR go directly to the disaster relief as the overhead costs of UMCOR are paid for by the United Methodist Church. If you would like to donate funds online, go to www.ume.org/haiti.

Thank you very much for your participation.

Submitted by
Carol Bennett

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SAMANTHA DIXON-CROSS PLAINS FFA
...Sr. Beef Cattle Showmanship



TIFFANY HOLLAND-CROSS PLAINS FFA
...Sr. Market Lamb Showmanship



KINSEY TAFF-CROSS PLAINS FFA
...Sr. Poultry Showmanship

Callahan Jr. Livestock Show Results

4th Place- Blake Hutchins - Cross Plains FFA, 5th Place- Megan Scott - Eula FFA
Champion Duroc - Kelbi Hyles - Cross Plains FFA
Reserve Champion Duroc - Michael Foster - Cross Plains FFA

Light Weight Hampshire
1st Place- Jayme Tension - Eula FFA, 2nd Place- Brooke Widener - Clyde 4-H, 3rd Place- Garron Hamilton - Eula 4-H, 4th Place- Keldyn Atkinson - Clyde 4-H, 5th Place- Chazney Gray - Clyde 4-H

Middle Weight Hampshire
1st Place- Jaseton Atkinson - Clyde 4-H, 2nd Place- Kaitlyn Robinson - Baird FFA, 3rd Place- Valerie Konecny - Clyde 4-H, 4th Place- Jacob Archa - Eula 4-H, 5th Place- Seth Thompson - Eula FFA

Heavy Weight Hampshire
1st Place- Kaitlyn Robinson - Baird FFA, 2nd Place- Michael Foster - Cross Plains FFA, 3rd Place- Kodie Magistro - Clyde 4-H, 4th Place- Kelbi Hyles - Cross Plains FFA, 5th Place- Rode Merryman - Clyde FFA

Champion Hampshire - Kaitlyn Robinson - Baird FFA
Reserve Champion Hampshire - Jayme Tension - Eula FFA

Light Weight White OPB
1st Place- Jagher Gray - Clyde 4-H, 2nd Place- Kelbi Hyles - Cross Plains FFA

Heavy Weight White OPB
1st Place- Rode Merryman - Clyde FFA, 2nd Place- Jagher Gray - Clyde 4-H

Champion White OPB - Jagher Gray - Clyde 4-H
Reserve Champion White OPB - Rode Merryman - Clyde FFA

Light Weight Yorkshire
1st Place- Kaitlyn Robinson - Baird FFA, 2nd Place- Seth Byers - Baird FFA, 3rd Place- Chazney Gray - Clyde 4-H, 4th Place- Elizabeth Camacho - Baird 4-H, 5th Place- Victoria Camacho - Baird 4-H

Heavy Weight Yorkshire
1st Place- Jayme Tension - Eula FFA, 2nd Place- Rode Merryman - Clyde FFA, 3rd Place- Kaitlyn Robinson - Baird FFA, 4th Place- Davis Camacho - Baird 4-H, 5th Place- A. J. Camacho - Baird 4-H

Champion Yorkshire - Jayme Tension - Eula FFA
Reserve Champion Yorkshire - Rode Merryman - Clyde FFA

Light Weight Cross
1st Place- Seth Thompson - Eula FFA, 2nd Place- Kelbi Hyles - Cross Plains FFA, 3rd Place- Rode Merryman - Clyde FFA, 4th Place- Jake Green - Baird 4-H, 5th Place- Rylan Rogers - Baird 4-H

Middle Weight Cross
1st Place- Chazney Gray - Clyde 4-H, 2nd Place- Cody Smith - Baird FFA, 3rd Place- Jagher Gray - Clyde 4-H, 4th Place- Jake Green - Baird 4-H, 5th Place- Kaitlyn Robinson - Baird FFA

Light Heavy Weight Cross
1st Place- Brooke Widener - Clyde 4-H, 2nd Place- Jayme Tension - Eula FFA, 3rd Place- Rode Merryman - Clyde FFA, 4th Place- Jayme Tension - Eula FFA, 5th Place- Cody Smith - Baird FFA

Heavy Weight Cross
1st Place- Jayme Tension - Eula FFA, 2nd Place- Cody Smith - Baird FFA, 3rd Place- Larson Walker - Cross Plains FFA, 4th Place- Tyler Jobe - Clyde 4-H, 5th Place- Corey Proctor - Cross Plains FFA

Champion Cross - Jayme Tension - Eula FFA
Reserve Champion Cross - Brooke Widener - Clyde 4-H
Grand Champion Market Swine - Kaitlyn Robinson - Baird FFA
Reserve Grand Champion Market Swine - Jayme Tension - Eula FFA

Market Lamb
Jr. Showmanship- Coby McGonagill - Baird 4-H
Sr. Showmanship- Tiffany Holland - Cross Plains FFA

Light Weight Finewool
1st Place- Tiffany Holland - Cross Plains FFA, 2nd Place- James Rhyne - Cross Plains FFA

Heavy Weight Finewool
1st Place- Teagan Fortune - Baird 4-H, 2nd Place- Kelsi Tension - Eula 4-H, 3rd Place- Chance Cauble - Baird FFA

Place- Tate Rhoads - Baird 4-H, 5th Place- Kaysi Dean - Eula 4-H

Heavy Weight Finewool Cross
1st Place- Kelsi Tension - Eula FFA, 2nd Place- Coby McGonagill - Baird 4-H, 3rd Place- Kelsi Tension - Eula FFA, 4th Place- Kaysi Dean - Eula 4-H, 5th Place- James Rhyne - Cross Plains FFA

Champion Finewool Cross - Kelsi Tension - Eula FFA
Reserve Champion Finewool Cross - Kinsey Dean - Eula 4-H

Light Weight Southdown
1st Place- Tate Rhoads - Baird 4-H, 2nd Place- Garrett Scott - Eula FFA, 3rd Place- Kaitlyn Potter - Eula FFA, 4th Place- Megan Scott - Eula 4-H

Medium Weight Southdown
1st Place- Kelby Dean - Eula 4-H, 2nd Place- Garrett Scott - Eula FFA, 3rd Place- Katelynn Mitchell - Baird FFA, 4th Place- Bree Ann Strickland - Baird 4-H, 5th Place- Megan Scott - Baird 4-H

Heavy Weight Southdown
1st Place- Teagan Fortune - Baird 4-H, 2nd Place- Coby McGonagill - Baird 4-H, 3rd Place- Bree Ann Strickland - Baird 4-H, 4th Place- James Rhyne - Cross Plains FFA

Champion Southdown - Teagan Fortune - Baird 4-H
Reserve Champion Southdown - Coby McGonagill - Baird 4-H

Light Weight Medium Wool
1st Place- Tiffany Holland - Cross Plains FFA, 2nd Place- Joe Holland - Cross Plains FFA, 3rd Place- Kaysi Dean - Eula 4-H, 4th Place- Bree Ann Strickland - Baird 4-H, 5th Place- Ben Schaeffer - Cross Plains FFA

Middle Weight Medium Wool
1st Place- Teagan Fortune - Baird 4-H, 2nd Place- Tiffany Holland - Cross Plains FFA, 3rd Place- Kelby Dean - Eula 4-H, 4th Place- Bree Ann Strickland - Baird 4-H, 5th Place- Megan Brown - Cross Plains FFA

Light Heavy Weight Medium Wool
1st Place- Kinsey Dean - Eula 4-H, 2nd Place- Kelsi Tension - Eula FFA, 3rd Place- Druccilla Meier - Clyde FFA, 4th Place- Druccilla Meier - Clyde FFA, 5th Place- Kelsi Tension - Eula FFA

Heavy Weight Medium Wool
1st Place- Teagan Fortune - Baird 4-H, 2nd Place- Coby McGonagill - Baird 4-H, 3rd Place- Kaitlyn Potter - Cross Plains FFA, 4th Place- Kelsi Tension - Eula FFA, 5th Place- James Rhyne - Cross Plains FFA

Champion Medium Wool - Teagan Fortune - Baird 4-H
Reserve Champion Medium Wool - Teagan Fortune - Baird 4-H

Grand Champion Market Lamb - Teagan Fortune - Baird 4-H
Reserve Grand Champion Market Lamb - Teagan Fortune - Baird 4-H

Goats
Jr. Showmanship- Kelby Dean - Eula 4-H
Sr. Showmanship- Kinsey Dean - Eula 4-H

Breeding Goats
Breeding Boer Goats
1st Place- Kersey Wyatt - Cross Plains FFA, 2nd Place- Jurnee Thomas - Cross Plains FFA, 3rd Place- Hayden Wyatt - Cross Plains FFA

Champion Breeding Boer Goat - Kersey Wyatt - Cross Plains FFA
Reserve Champion Breeding Boer Goat - Jurnee Thomas - Cross Plains FFA
Meat Goat
Class 1
1st Place- Tripp Thomas - Cross Plains FFA, 2nd Place- Dylan Bryant - Cross Plains FFA, 3rd Place- Cole Bryant - Cross Plains FFA, 4th Place- Sierra Inman - Clyde 4-H, 5th Place- Ashley Carroll - Eula 4-H

Class 2
1st Place- Kinsey Dean - Eula 4-H, 2nd Place- Jerrid Tension - Eula 4-H, 3rd Place- Shawna Lewis - Cross Plains FFA, 4th Place- Sam Seay - Baird 4-H, 5th Place- Blake Vogler - Eula 4-H

Class 3
1st Place- Hanna Fortune - Baird 4-H, 2nd Place- Hayley Ancinec - Clyde 4-H, 3rd Place- Kelby Dean - Eula 4-H, 4th Place- Sierra Inman - Clyde 4-H, 5th Place- Jurnee Thomas - Cross Plains FFA

Class 4
1st Place- Blake Vogler - Eula 4-H, 2nd Place- Kaysi Dean - Eula 4-H, 3rd Place- Blake Vogler - Eula 4-H, 4th Place- Kara McIntire - Baird 4-H, 5th

Place- Kelby Dean - Eula 4-H

Class 5
1st Place- Jerrid Tension - Eula 4-H, 2nd Place- Hayley Ancinec - Clyde 4-H, 3rd Place- Kinsey Dean - Eula 4-H, 4th Place- Hayden Wyatt - Cross Plains FFA, 5th Place- Barrett Ancinec - Clyde 4-H

Class 6
1st Place- Kaysi Dean - Eula 4-H, 2nd Place- Hayley Ancinec - Clyde 4-H, 3rd Place- Jerrid Tension - Eula 4-H, 4th Place- Kelby Dean - Eula 4-H, 5th Place- Blake Vogler - Eula 4-H

Class 7
1st Place- Jerrid Tension - Eula 4-H, 2nd Place- Jackilann Shepard - Cross Plains FFA, 3rd Place- Coby McGonagill - Baird 4-H, 4th Place- Jerrid Tension - Eula 4-H, 5th Place- Dylan Bryant - Cross Plains FFA

Class 8
1st Place- Jerrid Tension - Eula 4-H, 2nd Place- Jackilann Shepard - Cross Plains FFA, 3rd Place- Coby McGonagill - Baird 4-H, 4th Place- Cole Bryant - Cross Plains FFA, 5th Place- Jackilann Shepard - Cross Plains FFA

Grand Champion Market Goat - Jerrid Tension - Eula 4-H
Reserve Grand Champion Market Goat - Jerrid Tension - Eula 4-H

Beef Cattle
Jr. Showmanship- Kinna Black - Clyde 4-H
Sr. Showmanship- Samantha Dixon - Cross Plains FFA

Heifers
Light American Cross Heifers
1st Place- Seth Byers - Baird FFA

Heavy American Cross Heifers
1st Place- Seth Byers - Baird FFA

Champion American Cross Heifer - Seth Byers - Baird FFA
Reserve Champion American Cross Heifer - Seth Byers - Baird FFA

Light Weight English
1st Place- Katelynn Mitchell - Baird FFA

Medium Weight English
1st Place- Tate Rhoads - Baird 4-H, 2nd Place- Barrett Ancinec - Clyde FFA

Champion English Heifer - Tate Rhoads - Baird 4-H
Reserve Champion English Heifer - Katelynn Mitchell - Baird FFA

European Heifer
1st Place- Makenzie Byrd - Cross Plains FFA, 2nd Place- Paxton Byrd - Cross Plains FFA

Champion European Heifer - Makenzie Byrd - Cross Plains FFA
Reserve Champion European Heifer - Paxton Byrd - Cross Plains FFA

Grand Champion Heifer - Seth Byers - Baird FFA
Reserve Grand Champion Heifer - Makenzie Byrd - Cross Plains FFA

Market Steers
American Cross Steers
1st Place- Preston Clark - Baird 4-H

Champion American Cross Steer - Preston Clark - Baird 4-H
Light Weight English
1st Place- Austin Thomas - Cross Plains FFA, 2nd Place- Amanda Short - Clyde FFA, 3rd Place- Lauren Goode - Cross Plains FFA, 4th Place- Katharine Goode - Cross Plains FFA

Medium Weight English
1st Place- Brandon Black - Clyde 4-H, 2nd Place- Alicia Black - Clyde 4-H, 3rd Place- Tru Avants - Cross Plains FFA, 4th Place- Kinna Black - Clyde 4-H

Heavy Weight English
1st Place- Amber Clark - Baird 4-H, 2nd Place- Kinna Black - Clyde 4-H, 3rd Place- Aaron Allen - Baird 4-H, 4th Place- Laramy Richards - Clyde FFA

Champion English Steer - Brandon Black - Clyde 4-H
Reserve Champion English Steer - Amber Clark - Baird 4-H

Light Weight European Steers
1st Place- Cody Smith - Baird FFA, 2nd Place- Preston Clark - Baird 4-H, 3rd Place- Emma Bennett - Cross Plains FFA, 4th Place- Kellysue Bennett - Cross Plains FFA

Middle Weight European Steers
1st Place- Aaron Allen - Baird 4-H, 2nd Place- Amber Clark - Baird 4-H, 3rd Place- Charlene Avants - Cross Plains FFA, 4th Place- Smanatha Dixon - Cross Plains FFA

Heavy Weight European Steers
1st Place- Cierra Odom - Cross Plains FFA, 2nd Place- Bronc Dillard - Cross Plains FFA, 3rd Place- Jessi Rivera - Clyde FFA, 4th Place- Jessi Rivera - Clyde FFA

Champion European Steer - Cierra Odom - Cross Plains FFA
Reserve Champion European Steer - Aaron Allen - Baird 4-H
Grand Champion Market Steer - Cierra Odom - Cross Plains FFA
Reserve Grand Champion Market Steer - Aaron Allen - Baird 4-H

4 Cross Plains Review
January 21, 2010

SCHOOL LUNCH MENU

JANUARY 25-29

BREAKFAST

MONDAY-Breakfast Burrito, Fruit, Assorted Juice, Milk
TUESDAY-Muffin, Yogurt, Fruit, Assorted Juice, Milk
WEDNESDAY-French Toast Sticks, Sausage, Fruit, Assorted Juice, Milk

THURSDAY-Honey Bun, Yogurt, Fruit, Assorted Juice, Milk
FRIDAY-Hot or Cold Cereal, Toast, Fruit, Assorted Juice, Milk

LUNCH

MONDAY-Pizza, Salad, Corn, Pudding, Milk
TUESDAY-Chicken Tenders, Scalloped Potatoes, Green Beans, Roll, Peaches, Milk

WEDNESDAY-Crispito w/ Cheese Sauce, Pinto Beans, Cornbread, Strawberries & Bananas, Milk

THURSDAY-Chicken Pot Pie, Baby Carrots w/Ranch, Texas Toast, Mixed Fruit, Milk

FRIDAY-Beef or Chicken Patty on bun, Baked Fries, Lettuce, Tomato, and Pickles, Cookie, Milk

Have a great week!

Ronnie's Auto Sales

2008 Chevy C-1500, Reg. swb, V6, Auto, 25k, Factory Warranty remaining, \$12,900.00

2008 Ford Focus, 4 Dr., Automatic, 29k, Factory Warranty remaining, \$9,350.00

2008 Dodge D1500, Reg. Cab, V6, Auto, Factory Warranty Remaining, 25K \$11,500.00

2008 Chev. Impala, LS, 4 Dr., 37K, \$9,850.00

2008 Chevy Impala, LT Trim, Fully Loaded, 66,000 Miles, 3.5L V6 \$9,850.00

2006 Ford Taurus SEL, Leather Int., 59K, \$6,950.00

2006 Ford Taurus SE, 76,000 miles, \$5,850.00

2007 Dodge D1500 Reg. Cab, Manual Trans., 33,000 miles, Only \$8,950.00.

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SCHOOL BOARD MEETING

A **Regular** meeting of the Board of Trustees of the Cross Plains Independent School District will be held on **January 21, 2010**, beginning at **6:00 p.m.** in the Board Room. The subjects to be discussed or considered upon which any formal action may be taken as follows:

REGULAR MEETING

Thursday, January 21, 2010 (6:00 p.m.)

CALL MEETING TO ORDER

1. Open Forum
 - A. School Board Appreciation Presentation
2. New Business
 - A. Approve Minutes from Previous Meeting
 - B. Review and Approve Payment of Bills/Finance Report
 - C. Review and Consider the 2008-09 Audit Report (Cam Gulley)
 - D. Consider Appointing and Individual to the Cross Plains ISD Board of Trustees to Fill Vacancy
3. Principal's Report-Dual

Credit Courses for the 2010-11 School Year.

4. Personnel
 - A. Review Superintendent's Annual Appraisal (Executive Session)
 - B. Consider Extension of Superintendent's Contract
5. Superintendent's Report
 - A. Rock Walls Around School
 - B. AEIS Report
 - C. Superintendent/Board Relations Training-Next Month?
 - D. 2010-11 School Calendar
 - E. Board Training-Feb.3
 - F. Principals and Athletic Director's Contracts are Next Month
 - G. Hosting UIL Academic Meet on March 29, 2010
 - H. Feb. 8—March 8 Filing Dates for School Board
 - I. Mileage Reimbursement
6. Adjourn.

This notice was posted in compliance with the Open Meetings Act on January 18, 2010, at 2:00 p.m. by Phil Mitchell for the Board of Trustees.

Financial Aid Workshop for Cross Plains High School Seniors

There will be a FAFSA workshop at the Cross Plains High School Library on Thursday, January 21st at 6:30 p.m. This workshop is very important for all parents of high school senior students that are interested in getting financial aid and scholarship money for their kids. Glenda Huff from Howard Payne University has agreed to come to Cross Plains and share her knowledge about getting financial aid for students. This workshop is only for the parents of Cross Plains High School senior students. Students are welcome to attend with their parents. The FAFSA must be filled out for all

students planning on attending any college, university, or trade school. Remember it is the information on the FAFSA that is used to help students become eligible for financial aid and scholarships. It is time for the FAFSA to be completed, and this is something that must be done by parents before their student can get financial aid and possible scholarships. This form is difficult to fill out, so don't miss this wonderful opportunity to get professional help? If you have any questions, please call Cross Plains High School Counselor Debbie Mitchell at 254-725-6121.

Library Writing Contest Welcomes Home-Schooled Students

The Cross Plains Public Library is again sponsoring a writing contest for all students in Grades Pre-K through 12 in the Cross Plains schools. All home-schooled students who are eligible to attend the Cross Plains schools are encouraged to enter. Students may enter any one of the three categories: poetry, essay or short story. Poems may be of any kind: blank verse, haiku, etc. (Only one entry per student will

be accepted.)

If your student(s) would like to enter, you may pick up an entry form and instructions at the Cross Plains Public Library between 1 and 5 p.m., Monday through Friday, and return the entries there by 5:00 p.m., Thursday, April 15, 2010.

The library also has lots of books available that can help you with your writing or explain about the many types of poems.

The entries will be "blind" judged, as in previous years, and we will award ribbons for 1st, 2nd and 3rd place in each grade.

Trophies will be awarded for 1st, 2nd and 3rd overall, and the three best overall entries will be printed in the *Cross Plains Review*.

For further information, please contact the Library at 254-725-7722.

Submitted by
Ginny Hoskins

Taylor Electric Cooperative offers free trip to Washington for two area students

Taylor Electric Cooperative invites all area high school students who live within its 11-county service area to participate in the annual Government-in-Action - Youth Tour essay contest and win a trip to the nation's capital. This long-running contest and trip to Washington, D.C., is part of a national program that brings together high-achieving students from all over the country for meetings with legislators, social events and educational tours.

This year's essays should address "What are the biggest energy issues for your generation?"

Students should write

between 1,500 and 2,000 words on the topic. Essays will be judged by local educators.

The contest is open to any high school student who is currently a sophomore or 16 years of age or older who attends classes in the following school districts: Abilene, Baird, Blackwell, Clyde, Cross Plains, Eula, Hawley, Highland, Jim Ned, Merkel, Trent, Sweetwater, or Wylie.

Winners will receive an all-expense-paid trip to Washington, D.C., leaving June 10th and returning home June 18th. The itinerary will include tours to national monuments, the Smithsonian, The FBI, the Capitol building,

the Supreme Court, the National Cathedral, The Ford Theater, time for shopping and many more activities throughout the eight-day trip.

For more details, contest information is available from local school counselors and entry forms and details can be downloaded online at www.taylorlectric.com. Click the "Community Connections" tab to learn more about the Youth Tour and the Taylor Electric Scholarship program.

The contest deadline is March 1, 2010, when submission entries will close at 5 p.m. For more information, call 325-793-8538.

C.P.H.S. Varsity Boys Basketball Results

The Buffaloes (12-12, 4-4) have almost reached the halfway mark in district play. Last week the team hosted the #8 team in the state, the Bronte Longhorns (13-3). The Buffaloes played well trailing at halftime by 2 points, but went cold in 2nd half getting outscored 38-26. The Longhorns won the game 62-48. Justin Golson led all scorers with 19 points while shooting 66% from the field.

Friday, the team hosted the Winters Blizzards (10-10), a must win to stay in the playoff race. The Buffaloes again did not shoot the ball well, going 4-10 at the free throw line and 33% from the field...along with 25 turnovers. Although we held our opponent to under 50 points, a team goal, our shot selections and passing need to improve immensely. Winters won the game 49-44. Justin Golson led all scorers with 18 points and Jerrad Eisenbach pulled down 10 total boards. Jerrad is currently #16 in top rebounders in the Big Country (Abilene Reporter News).

Current District 11A standings: Eula (20-5, 4-0), Bronte (13-4, 3-1), Albany (7-3, 3-1), Winters (11-10, 2-2), Roscoe (7-10, 2-3), Cross Plains (12-12, 1-4) and Baird (5-14, 0-4). Remember, stats can be found online at www.statsandgo.com. The Buffaloes will travel to Albany Tuesday (1/19) and to Zephyr this Friday for a non-district game. Come out and support your team.

Submitted by
Coach Ryan Edmonds

Cross Plains Review

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January 21, 2010

Obesity and periodontal disease in children appears to be linked

Obesity and periodontal disease often appear to be tethered to one another. In children, that link requires parents and health care providers to monitor each variable in an effort to maintain the overall health of those they care for.

One explanation is the change in eating and drinking habits of children. More sugared sodas, power drinks and fruit juice substitutes make up our young adults beverages of choice. Ironically milk and "healthy" 100% juices given to children in bottles and sippy cups also contributes to the problem. The array of snack food available is overwhelming. The low fat variety, although at first glance may appear healthy, actually contains more sugar than the high fat variety. A lot less vitamin C and calcium are ingested per calories by children today. All of these factors add to the total number of empty calories consumed by

children.

This change in diet, along with less physical activity adds weight to children, particularly those predisposed to obesity. The average number of hours in front of a television set or computer grows each year.

One explanation for the link between obesity and periodontal disease is through the pathway of insulin resistance. Those who are obese produce more cytokines, putting the body in the state of constantly fighting infection and producing insulin resistance. Another, yet proven hypothesis for the link between obesity and periodontal disease is that the bacteria from gum disease may be interfering with fat metabolism.

Unfortunately the symptoms of periodontal disease are often not noticeable until the disease is advanced. A dentist can diagnose the disease in the early stages, prior to parents

Local students on Distinguished Students' List at Tarleton State University

Tarleton State University has released the Distinguished Students list for the fall 2009 semester. Students on the list include freshman and sophomore students who have a minimum 3.25 grade point ratio (GPR) and no grade lower than a 'C,' and juniors and seniors who have a minimum 3.5 GPR with no grade lower than a 'C.' All must be in good standing with the university.

Students making the list include the following:

Cody Reed of Cross Plains, Texas, is enrolled at Tarleton's Stephenville campus.

John McCaghren of Cross Plains, Texas, is enrolled at Tarleton's Stephenville campus.

Founded in 1899, Tarleton is one of the fastest growing institutions of higher learning in Texas. Tarleton serves as the educational and cultural flagship of the Cross Timbers Region. It is located in Stephenville, which is included in Norman Crampton's "The 100 Best Small Towns in America" published by Prentice Hall.

Coleman County Electric Cooperative Provides Financial Assistance for Qualified Students

The Coleman County Electric Cooperative provides financial assistance for qualified individuals who are seeking an institution of higher education.

The scholarship is available to 2010 high school graduates who will be attending a college, technical school, or university as a freshman. Other qualifications are; you must be a child of a member, a grandchild of a member, or a child of a legal guardian who is a member of Coleman County Electric Cooperative. The applicant must be residing with the member and within the Coleman County Electric Cooperative service area.

Applications are available at Coleman County Electric Cooperative, Inc; located at 3300 N Hwy 84 Coleman, Texas 76834 or you can obtain an application by printing it from our website @ www.colemancountyelectriccoop.org. The application must be typed or printed and completed in its entirety. The application must be signed and dated by both the student and legal guardian. A billfold size picture must be

included with the application. All applications must be turned in at the cooperative's office no later than June 25th 2010. Contact Tony Williams at 325-625-2128 for any questions concerning the application.

The eligible applicants will be chosen by a drawing to be held in July at the cooperative's annual meeting. There will be nine separate drawings, one for each of the nine director districts of the Cooperative's service area. The approved applicant will then be designated to their correct district by the Cooperative according to their residential location.

The scholarship is \$500.00 payable to the qualifying college, technical school, or university. The winner of the scholarship must be registered as a full time student and provide the cooperative with the name, address, phone number, and student identification number of the institution they are going to attend. The scholarship will be made payable to the school's scholarship and financial aid office which will be added to the students account.

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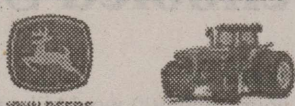


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Card of Thanks - \$6.95 per paper for up to 40 words.

Classifieds must be received in the review office by noon Tuesday to be published in the current week's edition.

The Cross Plains Review reserves the rights to reject any and all Classified Ads considered by the publisher to be subject objectional in matter, phraseology, or opposed to the interest or the policy of the newspaper. No fraudulent, dishonest, or misleading ads will be knowingly published in the Cross Plains Review for any cost, injury or liability upon it because of the content of any ad so submitted.

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Barb's Cues By: Barbara Holmes Worcester

Pancake Mix

Do you check the dates on food before putting it into your basket? Below is an article about old pancake mix.

I recently made a batch of pancakes for my healthy 14-year-old son, using a mix that was in our pantry. He said that they tasted "funny," but ate them anyway. About 10 minutes later, he began having difficulty breathing and his lips began turning purple. I gave him his allergy pill, had him sit on the sofa and told him to relax. He was wheezing while inhaling and exhaling. My husband, a volunteer Firefighter and EMT, heated up some water, and we had my son lean over the water so the steam could clear his chest and sinuses. Soon, his breathing be-

came more regular and his lips returned to a more normal color.

We checked the date on the box of pancake mix and, to my dismay, found it was very outdated. As a reference librarian at an academic institution, I have the ability to search through many research databases. I did just that, and found an article the next day that mentioned a 19-year-old male DYING after eating pancakes made with outdated mix. Apparently, the mold that forms in old pancake mix can be toxic!

When we told our friends about my son's close call, we were surprised at the number of people who mentioned that they should check their own pancake mix since they don't use it often, or they had purchased it some time ago.

With so many people shop-

ping at warehouse-type stores and buying large sizes of pancake mix, I hope your readers will take the time to check the expiration date on their boxes.

Also, beware of outdated cake, brownie and cookie mixes.

PASS IT ON!!!! From the Internet.

We have a choice in the food we buy and the manufacturers know it. If you object to a program on TV, write the sponsors. They listen. It has been said that all it takes for evil to prevail is for good men to do nothing. I appreciate the Clyde Journal for printing the addresses of our elected representatives.

We all like to gripe, but if we didn't vote, our opinions do not carry much weight.

Back to label-reading. The first ingredient listed is usually the predominant one as far as amount. Next you need to look

for the "sell by" date. The store does not guarantee the freshness if purchased after that date.

Other information such as weights and calories are listed on the label. Using a 15 oz. can when the recipe reads 8 oz. can be a disaster.

As valuable as our money may become, label reading could be very important.

Happy Cooking in 2010.

Graham crackers. Mix Cool Whip, pudding, milk. Spoon half over crackers. Add another layer of crackers. Spoon rest of pudding on top of second layer of crackers. Top with crackers. Mix topping and pour on top of crackers.

Topping: 1/4 cup cocoa
1/2 cup milk
1 cup sugar

Mix, cook over medium heat. Boil 1 minute. Remove from heat. Add 1/2 stick margarine, 1 tsp. vanilla. Beat until thick. Pour on top of crackers. Refrigerate.

Barbara Walker

2 packages small vanilla instant pudding
1 box Graham crackers

Butter 13"x9"x1 1/2" pan, make pudding with 3 cups milk. Layer in pan:
crackers, 1/2 pudding, 1/2 Cool Whip
Repeat procedure with crackers, pudding, Cool Whip.

Icing: 2 sq. chocolate, melted
2 T. white corn syrup
1 tsp. vanilla
1 1/2 cup powdered sugar
3 T. sweet milk

Heat to melt (not boil). Spread on mixture, refrigerate overnight. Cut in squares to serve.

Susan Cross

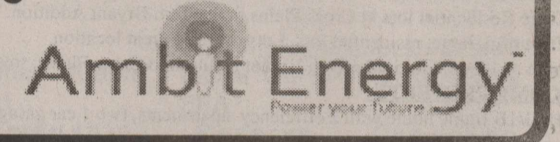
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Rebate	\$3,000
GM Loyalty	\$2,000

Stk# 50099.0, SLT, Duramax, Leather



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GM Loyalty	\$2,000

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Texas back to work offers \$15 million to Texas Employers incentives available for hiring out-of-work Texans

AUSTIN – Texas employers can receive monetary incentives for hiring unemployed workers under a two-year, \$15 million program promoted by Lt. Gov. David Dewhurst and funded by the Legislature last session. Texas Back to Work offers employers subsidized-wage reimbursement, retention bonuses and other incentives for hiring qualified out-of-work Texans, the Texas Workforce Commission (TWC) announced today.

"Texas employers are standing strong during tough economic times. Businesses, small and large, can earn Texas Back to Work incentives to expand their operations and offer new opportunities to unemployed Texans," said Lt. Gov. Dewhurst.

Texas Back to Work is available to employers through the 28 Texas local workforce development boards, which also provide employers with workforce recruitment assistance, pre-screening of qualified applicants and training programs. More than 1.8 million customers were served in more than 240 workforce centers across Texas last year.

"We will help people get back to work by helping employers defray part of the cost of wages and on-the-job training," said TWC Chairman Tom Pauken.

Through the new program, some employers who hire people receiving unemployment benefits can receive a portion of the new employees' wages for a set period of time. Another possible incentive would provide employers with up to \$1,500 in wage-retention bonuses if they continue to employ the formerly out-of-work employees for at least

120 days.

"Valuable programs like Texas Back to Work exemplify the progressive vision of our leaders and make Texas a great place to do business," said Will Newton, Texas Executive Director, National Federation of Independent Business.

Employers interested in participating should contact their local workforce development boards to learn about all options available in their areas and to help put Texas Back to Work. Employers also are encouraged to take advantage of WorkInTexas.com, TWC's online job matching Web site where more than 250,000 employers already are registered to post job openings and find great employees. Local workforce board contact information can be found on the TWC Web site at <http://www.twc.state.tx.us/dirs/wdbs/wdbmap.html> or by calling 512-463-8556.

Texas Workforce Commission 512-463-8942 <http://www.texasworkforce.org> Equal Opportunity Employer. Relay Texas 1-800-735-2989 (TDD) 1-800-735-2988 (Voice).

Here is what employers across the state are saying about the Texas Back to Work program:

"Texas Back to Work allows our workforce to diversify to populations that have previously been untapped, while also providing flexibility and allowing us discretion in fulfilling our growing and changing needs." – Tory Parker, Vice President of Manufacturing, Lauren Engineers & Construction Inc.

"The Texas Back to Work initiative has provided SE&B Engineering, our partnering

companies and community colleges with an opportunity to deliver extensive occupational training for women in alternative careers. It is particularly difficult for women to move off of unemployment and into a better paying, high-skill/high-demand occupation while caring for families and maintaining a household." – Ralph Riley, Workforce/Safety Programs Manager, SE&B Engineers and Constructors.

"The workforce center will screen the individuals and only send you the qualified candidates in the first place, so it's really like having your own little HR recruiting agency working for you for free. Then, you get new employees on board, and if they're successful and stay for a certain number of weeks, you get paid back—you would be crazy not to [participate]." – Bonnie Best, Human Resource Manager, Nestle Waters, North America Inc.

"In Tarrant County, our Texas Leaders have definitely shown their interest and concern of the needs of the employer during this economic time, and they have diligently worked with programs offered, that are much needed, to help constituents of Texas get back to work. The money put aside for these programs is well spent." – Sharlynda Bedford, Director of Human Resources, Sheraton Arlington Hotel.

The Texas Workforce Commission is a state agency dedicated to helping Texas employers, workers and communities prosper economically. For details on TWC and the services it offers in unison with its network of local workforce development boards, call (512) 463-8556 or visit www.texasworkforce.org.

Five reasons to give up tanning in the 2010 new year

From a groundbreaking new study confirming that exposure to ultraviolet (UV) light is the most common cause of melanoma to the proposed tax on the use of indoor tanning beds, there are a host of compelling reasons to give up tanning in the new year.

"Tanning is harmful and unnecessary," said Perry Robins, MD, President, The Skin Cancer Foundation. "Skin cancer is the most common form of cancer in the US. Tanning avoidance and effective sun protection are the most important prevention measures one can take."

1. Studies Link UV Exposure to Melanoma.

According to a definitive new study by researchers at The Wellcome Trust Sanger Institute, the genetic mutations that lead to melanoma are primarily caused by UV exposure. For the first time, the researchers identified thousands of mutations that occur in melanomas due to radiation, viruses, and other causes. Above all, these mutations are caused by damage to the skin cells' DNA by ultraviolet (UV) radiation. According to the Institute, "The melanoma genome contains more than 33,000 mutations, many of which bear the imprint of the most common cause of melanoma - exposure to ultraviolet light."

In addition, The International Agency for Research on Cancer (IARC), a working group of the World Health Organization, published a landmark report this summer based on exhaustive research placing the ultraviolet radiation (UVR) produced by tanning beds among the most dangerous forms of radiation for humans, alongside other forms including radon and plutonium as well as solar UVR. The research cited

by the IARC included studies showing that first exposure to tanning beds in youth increases melanoma risk by 75 percent.

2. Tanning Beds Increase the Risk of Nonmelanoma Skin Cancers.

People who use tanning beds are 2.5 times more likely to develop squamous cell carcinoma and 1.5 times more likely to develop basal cell carcinoma. Basal cell carcinoma (BCC) is the most common form of skin cancer and can be highly disfiguring if not detected and treated at an early stage. Squamous cell carcinoma (SCC) is the second most common form of skin cancer and is more likely to metastasize and lead to death if not caught early. Approximately 2500 people die a year from SCC. Studies shows that people with a history of nonmelanoma skin cancers, such as squamous cell and basal cell carcinoma, face twice the risk of developing other malignancies, such as lung cancer, colon and breast cancer.

3. UV Exposure Causes Skin Aging.

Up to 90 percent of the visible changes commonly attributed to aging are caused by UV exposure. The cellular damage caused by ultraviolet radiation is cumulative and often irreversible. The destructive process of photoaging - premature skin aging due to UV exposure - produces profound structural changes in the skin including fine wrinkles, deep grooves, blotchiness, sagging and a leathery texture. Some of these changes may appear as early as in one's twenties in people who have spent a great deal of time exposing their skin to UV radiation during

childhood and teen years.

4. Tanning is No Longer Fashionable.

Celebrities, models and fashion insiders all know tanning is no longer in style. Countless celebrities such as Kristen Stewart, Amy Adams, Rachel Weisz and Nicole Kidman would never alter their inherently natural beauty and risk damaging their skin by tanning. Sarah Brown, Vogue's Beauty Director, states it best. "A healthy glow does not mean a tan. A healthy glow means your natural skin tone glowing," Jane Larkworthy, Beauty Director of W, adds, "I can't remember the last time I saw a tanned model in my magazine or on the runway. Skin that is not tan is gorgeous."

5. Proposed tax on indoor tanning.

The US Senate's approval of a 10 percent excise tax on the use of indoor tanning beds as part of the new healthcare reform bill (H.R. 3590) is an important step forward in the fight against skin cancer. This proposed tax, similar to the sin tax on cigarettes, will hopefully serve a double purpose, not only raising billions for health care, but giving people one more excellent reason to protect their health by staying away from tanning salons.

The Skin Cancer Foundation is committed to educating the public and medical professionals about sun safety. As leaders in the fight against skin cancer, the Foundation is the only global organization solely devoted to the prevention, detection and treatment of the world's most common cancer. The mission of the Foundation is to decrease the incidence of skin cancer through public and professional education and research. To learn more about the Foundation and its programs, visit skincancer.org.

Texas Mesquite Art Festival in San Angelo

The Texas Mesquite Art Festival is returning to San Angelo, Texas, on April 16 - 18, 2010, and promises to showcase the best mesquite artisans.

Roger Ellison, San Angelo Festival Director, said many juried artists from around the state and beyond will gather at Fort Concho for a three-day celebra-

tion of the exquisite and attractive mesquite. "Besides seeing the absolute best of mesquite, visitors will enjoy one of the largest gatherings of mesquite

artisans," Ellison said.

The festival, like mesquite wood itself, has come a long way since the first Fest, which was held in Fredericksburg, Texas, in 1992, and is still going strong today.

Visitors will be treated to collections of sculpted wood from the world's absolute finest mesquite craftsmen. Items range from large furniture items such as beds, dressers and chairs made entirely from mesquite, to unique craft and gift items such as beautifully turned lamps, delicate scroll work, handsome pen and pencil sets, unique Christmas tree ornaments, sturdy gun stocks, sculpted vases, and dimensionalized artwork, all carefully crafted of mesquite.

Once viewed as a nuisance, mesquite has become the darling of architects and retailers. Mesquite's growing appeal comes in part from the high profile offered by the Texas Mesquite Association and both festivals, according to Ellison. Articles praising mesquite's quality and value have appeared in such magazines as "Texas Highways," "Veranda," and "Fine Woodworking."

"Architects now vie to install mesquite accents in upscale homes," Ellison said. Mantles, doors, flooring, art items, dining sets, tables, and other furniture are increasingly requested in mesquite.

Hours are Friday, 4:00 p.m. - 9:00 p.m.; Saturday, 10:00 a.m. - 6:00 p.m. and Sunday, 10:00 a.m. - 4:00 p.m. Items are available for purchase, with food and drink sold on the grounds. Free parking.

More information on the Texas Mesquite Art Festival and the Association is available by calling the Fest office toll free at 1-866-TEX-FEST (839-3378).

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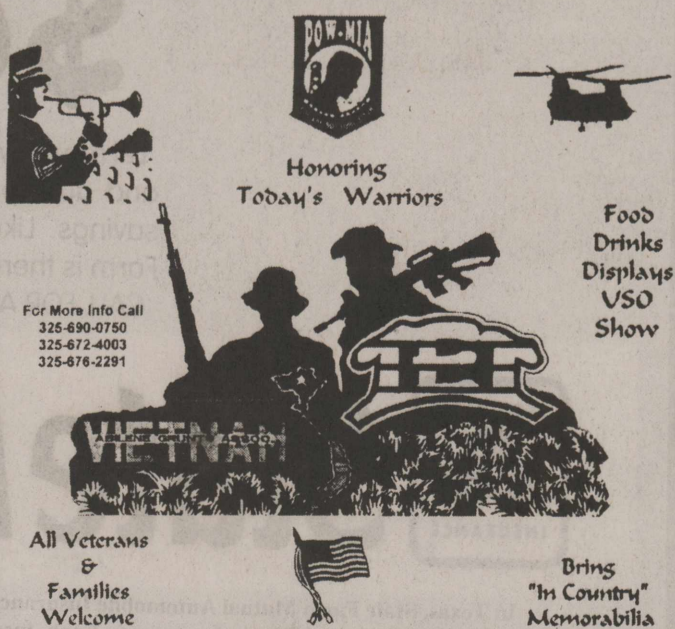
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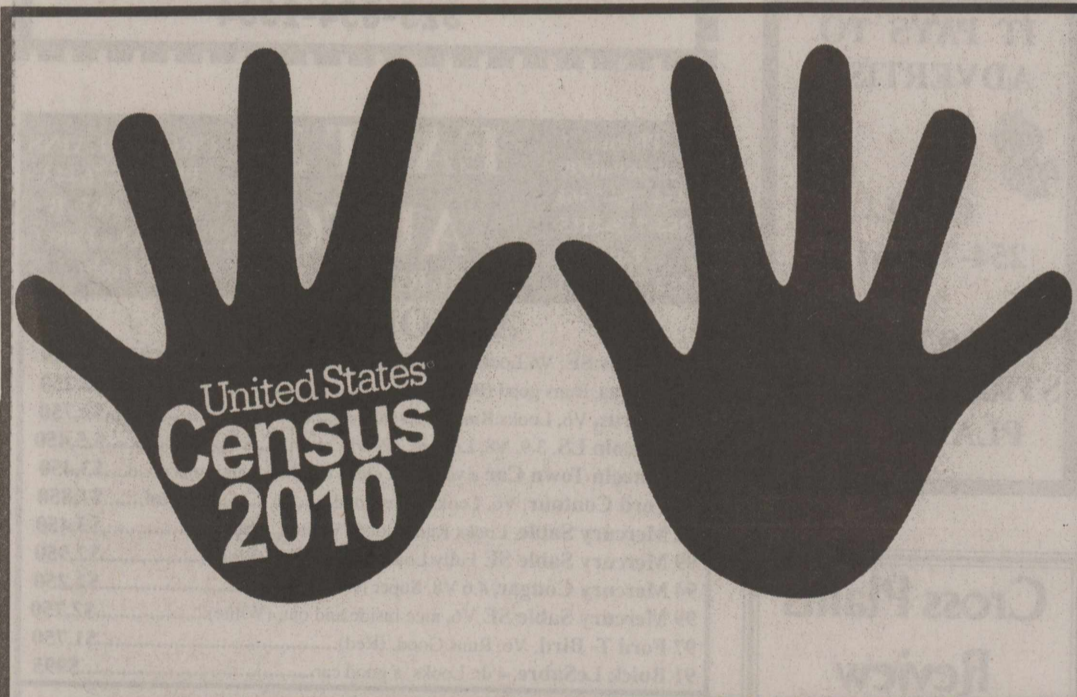
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Commissioners approve Eagle Scout project at 4-H Shooting Range

The Callahan County Commissioners voted to give the go-ahead to a Clyde Boy Scout to proceed with his Eagle Scout project at the Callahan County 4-H Shooting Range during the commissioners' court regular meeting held Monday, January 11th at the County Courthouse in Baird.

On a motion by Commissioner Cliff Kirkham and a second by Commissioner Bryan Farmer, the commissioners' court voted 5-0 to give permission to Jeremy McCormick to proceed with his Eagle Scout project at the County 4-H Shooting Range located between Clyde and Baird off FM 18.

Other agenda items brought before the commissioners' court meeting included:

—Callahan County Judge Roger Corn called the regular commissioners' court meeting to order at 9:36 a.m. Those present included Precinct #1 Commissioner Harold Hicks, Precinct #2 Commissioner Bryan Farmer, Precinct #3 Commissioner Tom Windham, Precinct #4 Commissioner Cliff Kirkham, County Treasurer Dianne Gunter, and Deputy County Clerk Suzee Odom. Also attending the meeting was County Clerk Donna Bell and Tony Gage.

—The commissioners' court meeting minutes were reviewed and signed.

—Under public comments, there were none.

—After discussion on a request to pay expenses of Baird Municipal Court Judge Woody, a motion not to pay the expenses was made by Commissioner Farmer and seconded by Commissioner Kirkham. The motion carried with a 5-0 vote.

—There was no action taken on reinstating the Countywide Burn Ban. The Burn Ban will remain lifted.

—On a motion by Commissioner Kirkham and seconded by Commissioner Hicks, the commissioners' court voted 5-0 to approve the election contracts with the County Democratic and Republican parties to hold their primary elections in Callahan County.

—Commissioner Farmer made a motion to pay the approved bills. The motion was seconded by Commissioner Kirkham and approved with a vote of 5-0.

—A motion to adjourn the commissioners' court meeting was made by Commissioner Hicks at 10:15 a.m. Commissioner Windham seconded the motion, which was approved with a unanimous 5-0 vote.



FLEDGING WRITER VISITS MUSEUM—The Robert E. Howard visitor of the week was Steve Riddell from Bedford. Doing material for his blog, "Somewhere I've never been," Riddell drove out to see what kind of background had influenced one of his favorite writers. Although he works for First Command Financial Service in the Dallas area as a data analyst, his real love is writing. He is looking for his first big break in the science fiction arena, but would also be happy to have one of his screen plays grab the attention of a producer.

Abilene care van offers free flu vaccinations

The Abilene Care Van continues to offer Free Seasonal Flu and H1N1 (Swine Flu) vaccinations.

At the regular Monthly Childhood Immunization Clinic, H1N1 will be available for Children and Adults.

The Abilene Care Van will be at the Medical Care Mission, located at 1857 Pine Street in Abilene, on Thursday, January 21, 2010.

This clinic will also include FREE childhood immunizations for children between the ages of 2 months to 18 years of age. H1N1 (Swine Flu) vaccine will be available for children and adults free of charge.

The Texas Department of State Health Services is still encouraging people to get their H1N1 flu vaccination due to the potential of another wave of the illness.

According to Dr. David Lakey, DSHS commissioner,

"people should not become complacent about protecting themselves".

For more information regarding protecting your family from the flu this winter go to www.texasflu.org.

People interested in receiving the H1N1 or seasonal flu immunizations are encouraged to check with their local health care provider, or the Taylor County Health Department. Healthy children between the ages of 6 months to 18 years can also receive the H1N1 and seasonal flu vaccinations FREE from the Abilene Care Van.

Parents or guardians of children receiving regular childhood immunizations at the Medical Care Mission are asked to please bring their child's immunization record. Children 17 and under must be accompanied by a parent or a guardian.

10-Cross Plains Review January 21, 2010

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Mike Miller
Jeremy Barnett
Kevin Elkins

JANUARY 26

Madilyn Ellerbe
Courtney Ring
Charles Roberts
Aline Wilcoxon
Mrs. Ann Baum Cross
DeAnn Whiteley

JANUARY 24

Hanna Mae Harris
Cindy (Gosnell) Smith
Nancy Rhodes
Brian Smith
Suzanna White
Gary Murray
Colby Gibson
Courtney Gibson
Patricia (Yarbrough) Mathes
Connie Kirkham
Billy Dale Stricklan
Bobby Golson
Linda Hubbard
C.W. Freeman
Billie Ruth Clyatt
Mrs. L.D. Herring
Calvin Corley
Johnny Moore
Kristina Chastain
Travis Sparks
Melisa Clement

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Billie Helen Pittman
Adriana Monrreal

JANUARY 28

Eddie Hart
Colton Gallaway
Tommy Brown
Mrs. Albert Lovell
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JANUARY 29

Brooklyn Jade Smith
Leland Ray Watson
Mrs. Rayola Roberts
Kimberly Wilson
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JANUARY 25

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