

Muleshoe Journal

'The Community Of Opportunity-Where Water Makes The Difference



Vol. 69, No. 43

Published Every Thursday At Muleshoe, Bailey County, Texas 79347

TEXAS PRESS 20° THURSDAY, NOVEMBER 7, 1991

Prison Issue Gets Nod Of Approval

around muleshoe

The Annual Veterans Day breakfast will be held Monday, Nov. 11 from 6:30 to 8:30 a.m. at the Post 403 American Legion Hall in Muleshoe.

The breakfast is for veterans and veterans wives and widows of veterans.

Basketball season tickets for adults and students are now on sale in the business office of Muleshoe I.S.D., 514 W. Ave G. Muleshoe. Tickets are \$7.50 for students and \$15.00 for adults. These tickets will enable the holder entrance to All home basketball games for Jr. High and High School. This is a tremendous savings for those planning to attend several games.

The Muleshoe Rotary Club will sponsor the Punt-Pass-Kick Saturday, Nov. 9 at 1 p.m. at the football field.

Boys and girls will compete together and may sign up at Poynor's. Advance sign ups are \$4.00 and sign up that day is \$5.00.

There will be three age divisions: Division 1, 7-8 year olds; Division 2, 9-10 Year Olds; and Division 3, 11 and 12 Year Olds.

Awards will be given for first, second and third place in each division.

There will be no seventh grade athletes.

Scott Brown received 106 votes for a seat on the Lazbuddie Independent School District and Dave Engelking received 47 votes. Brown and Engelking were seeking a place vacated by a board member who resigned.

Pre kindergarten at Lazbuddie is off to a great start. The children are very excited about school and each day they are as enthusiastic as the day before.

Scarecrows and Pumpkins were used as the theme for October. Scarecrows were made while learning body parts and

Cont. Page 6, Col. 3



VETERANS MONUMENT --- A group of veterans gathered at the veterans memorial monument site, at the Bailey County courthouse, Friday afternoon to lend-a-hand in placing the granite slabs in the (Journal Photo) monument.

Lazbuddie Longhorns Defeat Amherst Bulldogs 74-39

It was a cold night for football last Friday night, but the Lazbuddie Longhorns didn't seem to mind as they played the Amherst Bulldogs in the Longhorn Stadium. The Longhorns cinched a playoff berth, with their victory over the Bulldogs. They are tied with Silverton for first place.

The 3-A six man championship will be decided next week when the Longhorns play Silverton at Silverton.

The Longhorns stand (9-0 overall and 4-0 in district). Amherst dropped to (5-4 and

Jason Miles of Amherst ran 60 yards for the first score of the night, with Matt Tyson kicking the extra point. Lazbuddie's Kirk Jesko got a safety, putting Lazbuddie on the

scoreboard. Kent Sherrill caught a 25 yard pass from Jason Miles, putting more scores on the scoreboard for Amherst. Tyson kicked the extra point.

liams caught a 44 yard pass from Paul Williams adding more scores to the scoreboard.

Gonzales kicked the extra

If this wasn't enough Eric Williams caught a 44 yard pass from Paul Williams and again Gonzales kicked the extra point.

More points were added to the scoreboard for Lazbuddie as Matt Cozbey caught a 30 yard pass from Paul Williams. Gonzales kicked the extra point.

The first quarter ended 17-16 Lazbuddie.

Putting the ball into action in the second quarter, Cozbey caught a 32 yard pass from Paul Williams. Gonzales kicked the

Johnie E. Cox Named Muleshoe Energas Manager

Johnie E. Cox has been named to the position of manager of the local Energas Company.

Cox, formerly office manager in Littlefield, joined the company in September, 1961, in Odessa. During his tenure with the company, he has held various supervisory and management positions.

Cox, a native of Comanche, TX, received a Certificate of Technology in Refrigeration and Air Conditioning from Odessa College and attended Texas A&I. Throughout his career, Cox has been active in civic and community affairs. Currently he serves on the Plumbing Board for the Littlefield City Council and is the second vice president of the Littlefield Noon Lions Club. He is also a member of the Littlefield Chamber of Commerce.

In making the announcement, Senior Vice President of Operations Robert W. Kirk stated that Cox would be responsible for the total operations of the City of Muleshoe and surrounding area, and will report to District Manager John Jacobs, Littlefield. He replaces Jess Winn, who is retiring.

Cox and his wife, Linnie, will reside in Muleshoe.

Energas Company, a division of Atmos Energy Corporation of Dallas, provides natural gas service to over 310,000 customers in West Texas.

Lazbuddie Longhorn Eric Wil- extra point, increasing Lazbuddie's lead. Miles, from Amherst, didn't

Cont. Page 6, Col. 2

Prisons, Lottery Student Loans Approved In County

A total of 1,089 Bailey County voters turned out Tuesday to cast their votes on the 13 constitutional amendments on the ballot.

Bailey County showed strong support for Amendment Number 4, authorizing the issuance of up to \$1.1 billion in general obligation bonds for acquiring construction or equiping new prisons. A total of 857 voters said yes to 218 against. The issue carried in five of the seven boxes as well as the absentee box. The other two boxes, Bula and Needmore had 16 for 16 against and 14 for and 14 against, respectively.

Amendment Number 1, allowing home rural cities with a population of 5,000 or less to amend their charters by popular vote, also carried by a large margin. A total of 758 voted for and 270 against the amendment.

Amendment Number 2, mandating the repayment to the Department of Transportation of monies expended to assist the Texas Turnpike Authority in the construction maintenance and operation of turnpikes, toll roads and toll bridges, failed to carry the county. Seven hundred and thirteen voters voted against the amendment to 508

pumping removes their water.

Normally less than one percent

of playas (less than 250) hold

water permanently, all year-

Texas Parks and Wildlife De-

partment in early May found

about four percent of the playas

in the Panhandle held water. By

late July, after several rain-

storms raked the region, this

number rose to about 40

percent. After an especially

intense week of thunderstorms

in mid-September, more than

half the playas in Texas held

water--an amazing 10,000‡ lakes

-- ranging in size from less than

an acre to more than 500 acres.

By early October the number

of playas holding water declined

to about 25 percent--around

5,000 lakes--but still about 10

times the "normal" for this late

Cont. Page 6, Col. 1

This year, surveys by the

Bailey County voters also said no to Amendment Number 3, authorizing the Legislature to further implement and enhance the administration of the Veterans Housing and Assistance and Land Programs and to expand the investment authority of the Veterans Land Board.

A total of 637 voted against the issue and 379 voted for.

Amendment Number 5, authorizing the exemption from Ad Valorem Taxes of certain property in an enterprise zone also failed to carry Bailey County. A total of 709 voters said no to 300 who voted for the amendment.

Amendment Number 6, creating the Texas Ethics Commission and authorizing the commission to recommend the salary for members of the Legislature and the Lieutenant Governor subject to voter Cont. Page 6, Col. 3

Cross-Country Teams Win District

The girls and boys Cross-Country teams both won district, and each won quiet handily. The meet was held in Lubbock on the frigid Saturday afternoon of Nov. 2. The boys had a near-perfect score of 16 points, had the first four finishers, and all seven of the runners placed in the top ten. The girls finished with 23 points and had the first three places.

Shane Schuster placed first in the (2 miles) with 12:48. Others placing included: Rebecca Green, second, 13:03; Julie Gilleland, third, 13:17; Keetha Glover, seventh, 14:03; and Gloria Mendoza, 11th, 14:17.

In the (3 miles) Andy Crawford was first, 16:43; Adrian Pineda, second, 16:50; Corley Hutton, third, 17:12; Ricky Diaz, fourth, 17:14; Eric Cisneros, sixth, 17:24; Shawn Wheeler, seventh, 17:25; Mason Conklin, tenth, 18:25; Rusty Black, 11th, and Tommy Day.

The teams will compete at the regional meet on Saturday, Nov. 9. at Mae Simmons Park in Lubbock. The boys' race should start at approximately 9:30 a.m., followed immediately by the girls.

According to school officials, State contention is a possibility for both teams.

Summer Rains Create Wetland Hibitat For Wildlife

round.

Intense thunderstorms from snow melt, existing until July through September have evaporation, drainage, and/or created or enhanced wetland habitat in literally thousands of playa lakes--important havens for wildlife on the Southern Great Plains -- according to Harvey Miller of the U.S. Fish and Wildlife Service. Migrating waterfowl and other wildlife will gain a much-needed reprieve from a decade of drought and habitat loss throughout the central United States and Can-

"The heavy but typically spotty rains we saw this summer may have filled as many as half of the 25,000 playas in the region," said Miller. "Although most dried up since September, many have seen a dramatic increase in plants favored by wildlife for food and cover."

Playa lakes are shallow, circular drainage basins scattered through-out the Texas Panhandle, eastern New Mexico, western Oklahoma and Kansas, and extreme sougheastern Colorado. Most are seasonal wetlands dependent on rainfall or

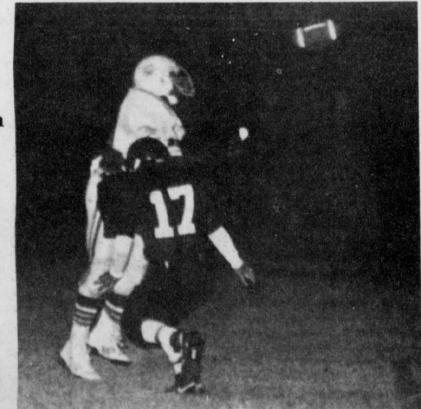
South Plains Wildlife Symposium Set November 13

The South Plains Wildlife Symposium will be held on Wednesday, November 13th at the Lubbock Research and Extension Center according to Curtis Preston, Bailey County Extension Agent. The Symposium is co-spon-

sored by the Texas Parks and Wildlife Department, Texas Agriculture Extension Service, Texas Tech University, USDA, and Quail Unlimited.

Registration begins at 8 a.m. and will conclude at 4 p.m. Registration is \$6.00 per person and is due November 8th.

For registration forms and further information, contact the Bailey County Extension Office or the Bailey County Soil Conservation Service.



COVERING THE RECEIVER --- Mule No. 17 Ricky Flores tackles the receiver in Friday nights football game between Littlefield and Muleshoe. Friday night the Mules will play the Friona Chieftons at (Journal Photo)

MAIF Meets With Local Officials

The Muleshoe Industrial Foundation board of directors met Monday evening, November 4 in the City Council Chambers at City Hall with the members of the Bailey County Commissioners, Marilyn Cox, Bailey County Judge; City Council Members, the mayor of Muleshoe; the city manager, MISD superintendent, MAHD administrator, and the Muleshoe Chamber of Commerce and Agriculture manager.

The meeting was called to update these individuals on the status of the project undertaken in recent weeks by the MAIF--to submit a proposal for a prison site to be located in this area.

With a work session following the update, each entity represented was to assess the immediate impact of the proposal on their particular area of interest, and to offer suggestions and solutions to any possible areas of compromise. The City of Muleshoe was

asked to assess the immediate impact such a facility would have on water and sewer

Bailey County was asked about the impact upon the county in providing access roads or possible assistance with site preparations.

Muleshoe Area Hospital District was asked about the impact upon and the ability to provide quality healthcare, including coordination with the Lubbock Healthcare Complex.

The Muleshoe Independent School District was asked about the impact the prison would have on the educational facili-Cont. Page 6, Col. 1



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Lazbuddie vs. Silverton



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Muleshoe, Texas 79347

Donate to Mission Cable's "Empty Stocking Fund"



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Nov. 1 - Dec. 22

Kansas State vs. Iowa State



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272-5581

We Support The

Muleshoe Mules 100%

Tulane vs. Navy

Ask Us About Family Insurance Review! Call Ricky Barrett or David Tipps

1606 W. Amer. Blvd.

114 Main



Bailey County Farm Bureau

· LIFE • CROP

• AUTO • HOME 1612 W. Amer. Blvd.

272-4567

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Western Drug Co.

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Needs Visit The Friendly

People At Western Drug"

Stacey, JoAnn and Staff

Backing The Mules

U.C.L.A. vs. Stanford

100%!

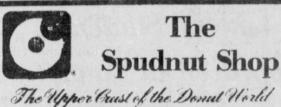
Closed On Mondays

North Carolina State vs. Virginia

272-3106



272-3294



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REAL ESTATE BROKER

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Peanut Hawkins, mgr.

Iowa vs. Indiana



Grand Prize: \$15000

Weekly Prizes

lst

3rd

Weekly Winners

1st. Alma Orozco

2nd. Richard Orozco

3rd. Dot Long

Contest Rules:

1. IN EACH ADVERTISEMENT YOU WILL FIND A GAME LISTED. CIRCLE THE TEAM YOU THINK WILL WIN. The person's score that most closely matches the TIE BREAKER SCORE will be declared the winner. If several persons are still tied the prize money will be split.

2. The contestant must be 12 years of age or older.

3. Only one entry per person may be made for any one contest. 4. Bring your entry by the The Journal office by 5:00 p.m. Friday, or if mailed, the entry must be postmarked no later than 5:00 p.m. Friday.Write "FOOTBALL CONTEST" on the mailed entry, and

mail to P.O. Box 449, Muleshoe, Texas 79347. 5. Circle the Winners and WRITE IN THE SCORE of the tiebreaker games. This score will be used to break weekly as well as determine the grand prize winner. Decision of The Journal's

scoring judges will be final. Check the team you think will win; 10 points for first place, 6

points for second place and 4 points for third place. 7. To count for the grand prize, entries must be on official blank printed in the paper.

Official Entry Blank

TIEBREAKERS

JUNIOR VARSITY

Schedule

Sept. 5 BROWNFIELD

COOPER

FLOYDADA

FRIONA"

1412 W. Amer. Blvd. 272-4213

Sudan vs. O'Donnell

Wilson Drilling Southwestern

Geothermal

Box 405 Stanley Wilson

272-5521 Dee Puckett

Tx. Lic. 02628W NM. Lic. WD1152



Arizona State vs. Oregon



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Notre Dame vs. Tennessee



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Combination Motors And

Day: 806-272-4458

Rt. Box 240

79347

Scoggin Ag Center, Inc.

Name

Address

Phone.

Texas

MULESHOE MULES

Varsity Schedule

BROWNFIELD

RIVER ROAD

FLOYDADA'

LITTLEFIELD'

FRIONA

Texas Tech

1532 W. Amer. Blvd. 272-4613 Kearney Scoggin

> Anti Freeze gal.

Wisconsin vs. Michigan State



7:00

Muleshoe Floor Covering

FRESHMEN

Schedule

Sept. 5 BROWNFIELD

COOPER

TULIA "

24 FLOYDADA"

7 FRIONA"

LITTLEFIELD"

122 Main St.

272-3555

Congoleum^o

Houston

Arkansas

Fabulous Floors Sale

Save 20% Sale Ends November 9th

Clemson vs. North Carolina



5:00

H 5:00

T 5:00 T 5:30

H 5:30

H 5:30

T 5:30

H 5:30

Hrs: 5 a.m. - 4 p.m. Mon. - Fri.

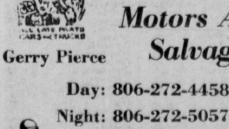
Sat. 5 a.m. - 2 p.m.

Connie's Place

Daily Buffet Includes Salad Bar & Cobbler

Serving Breakfast Daily Connie Dominguez, Owner

Littlefield vs. Floydada



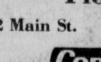
Salvage

Muleshoe, Tx. 24 hour

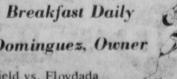
Muleshoe vs. Friona











Top Ten Songs For The Week

RADIO REPORT 1. Anymore By Travis Tritt New Way To Light Up Old

Flame by Joe Diffie 3. Someday by Alan Jackson 4. Keep It Between The Lines by Ricky Van Shelton

Brotherly Love by Keith Whitley & Earl Thomas Conley 6. Mirror, Mirror by Diamond Rio

Ball & Chain by Paul Overstreet

.8. The Walk by Sawyer Brown 9. Tempted by Marty Stuart 10. A Picture Of Me Without You by Lorrie Morgan

CONCERT CALENDAR Bellamy Bros. Nov. 9 at Brazoria, Tx.

Canyon Nov. 15 at Collyville, Travis Tritt Nov. 10 at Belton

Steve Wariner Nov. 22 at Ft. Steve Wariner Nov. 23 at San

Antonio Louise Mandrell Nov. 15 at Dallas

BIRTHDAY BOOK Floyd Tillman Born Dec. 8, 1914

Johnny Rodriquez Born Dc. 10,

Barbara Mandrell Born Dec. 25,

CALENDAR NOTES Roy Orbison died Dec. 6, 1988 Roy Rogers and Dale Evans married Dec. 31, 1947 Bob Wills & The Playboys debut at the opry Dec. 30, 1944

Johnny Hortons "Battle of New Orleans" goes gold Dec. 20,

The CMAT held a showcase in Salado at Bo's Barn & Danchall, Oct. 20th. hatcher from Killeen and a new band called Rodeo Revolution from Austin performed for the crowd of central Texas country music fans. Oct. 25th the CMAT held a membership drive at J.D.'s West in Austin. Our total Membership is nearing 4,000 now. For your free membership, and a chance to vote in our awards this year write to us at: C.M.A.T. P.O. Box 505, Salado, Tx. 76571. We are currently organizing country music hall of fame for Texas fans. If you have any information about country music stars in Texas during the 50's or 60's please write to us for more details...until next week. Lee Fisher.

Government: Packers must record all cattle sales.

Teacher wage increase smallest in 18 years.

Wisconsin, is the nation's lar-Horizon Living Care gest fraternal benefit society in terms of assets (\$8.7 billion) and insurance in force (\$59.8 Benefit Rider Introduced members in 7,710 branches with

One in three older Americans who enters a nursing home can end up in poverty. With the number of U.S. citizens 65 and older rising, and nursing home costs averaging \$30,000 a year, people are realizing the importance of long-term care insur-

Many, however, have never considered long-term care insurance because they find the plans too comprehensive and expensive for their immediate needs.

To help those looking for a more flexible long-term care plan, Aid Association for Lutherans (AAL) has recently introduced the Horizon Living Care Benefit rider in Texas.

AALmembers who purchase this supplement to their Horizon universal life certificate can use half of their life insurance benefits for nursing home or in-home care needs. AAL is the first fraternal benefit society to offer this long-term care insurance alternative.

According to Larry Peterson, vice president of life products at AAL, "This new rider was developed after we asked our consumers what they wanted in long-term care insurance. They asked for flexibility and security. They were looking for a

Georgia is still embarrassed.

Its only conference loss until

three weeks ago had been on

the short end of a fine 10-0

defensive battle with Alabama.

Possibly looking ahead to Nov-

ember contests, the Bulldogs

woofed their way to Nashville in

mid-October where the Commo-

dores of Vanderbilt, already

5-time losers, shocked them

27-25. That may put league-

leading Florida on the spot this

week in Jacksonville. Georgia's

no longer in the title picture, so

with no pressure and with a

chance to be a spoiler, the

Bulldogs could make things

difficult for the high-flying

Gators. 'Course Florida did

manhandle Georgia last year

38-7, and it's favored to win

on the 1991 schedule for the

Irish of Notre Dame. Tennessee

comes to South Bend Saturday,

and the following week, the

Irish go on the road to play

Penn State. But first things

first. Michigan handed Notre

Two major challengers remain

again. However . .

solution to their long-term care needs while still leaving funds

rider is a composite of their suggestions and requests. We think it provides a large segment of our consumers with needs," Peterson said.

AAL will provide 2 percent of the total death benefits for nursing home care and 1 percent for home care directly to the member each month. For example, someone who has a certificate for \$150,000 can receive up to \$3,000 a month for nursing home care or \$1,500 a month for home care.

The rider also ensures that an AAL member who uses the benefits for long-term care will not depreciate the entire certificate. Fifty percent of the funds will be protected for benefici-

With the Living Care Benefit rider, insurance costs are waived while the member is receiving monthly benefits.

Anyone between the age of 21-80 who holds a Horizon life insurance certificate is eligible to apply for the Living Care Benefit rider where it is available.

AAL, based in Appleton,

Dame its only loss, 24-14, in

Ann Arbor in the second game

of the season. Since then, the

Irish have had things their own

way and hold an 8-1 record.

Tennessee has been beaten

twice, both losses coming again-

st teams in the Southeast

Conference, Alabama and Flori-

da. Last year's contest was a

classic. The Irish beat the

Volunteers in Knoxville 34-29.

It's an outstanding match-up

Our prediction percentage

happily is still holding close to

75 percent. Through games of

Saturday, October 26, winners

continue to out number losers

1,159 to 398 for a .744 average.

Dame and California on succes-

sive weekends weren't tough

enough, the Trojans of Southern

California have to entertain the

powerful Washington Huskies.

Last season, Washington 31,

Southern Cal 0. Might be close

Florida State should continue

undefeated, the Seminoles fav-

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hed February 23, 1924, Published By Muleshon ng Co., Inc. Every Thursday at 304 W. Second, Box 449, e. Texas, 79347. Second Class Postage Paid at e. Texas, 79347.

TEXAS PRESS ASSOCIATION

Holly Millsap. Advertising Diana Bermea, Classified SUBSCRIPTIONS be Journal and Bailey County Journal

By Mail \$15.75 rnal and Bailey C

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B C 8½-13 8½-11

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MEMBER 1991

to a repeat.

As if facing Stanford, Notre

again . . Notre Dame.

Football Highlights

for their beneficiaries.

"The Living Care Benefit options that reflect their

Who Knows? 1. What was the former

name of the Hoover Dam? 2. Name the first U.S. secretary of the Trea-

AAL provides 1.5 million

fraternal benefits, while its

affiliated companies offer mem-

bers other financial services. In

addition, members are offered

volunteer opportunities to help

others in their own communi-

ties. There are 58,924 AAL

members living in Texas.

3. Who laid the cornerstone of the Washington Monument?

Answers: 1. Boulder Dam. Alexander Hamilton. President James K. Polk, on July 4, 1848.

Patients in **Muleshoe Area Medical Center**

NOVEMBER 1

Socorro Flores, Eloy Cardenas, Mike Doyle **NOVEMBER 2**

Christopher Shufelberger, Socorro Flores, Eloy Cardenas, Mike Doyle

NOVEMBER 3

Socorro Flores, Fred Mapes, Eloy Cardenas, Mike Doyle Johnnie Copeland, Francisco Sanchez, Marlene Martha, B. boy Martha, Gloria Navarro, Baby boy Navarro

NOVEMBER 4

Socorro Flores, Fred Mapes, Eloy Cardenas, Mike Doyle, Johnnie Copeland, Francisco Sanchez, Marlene Martha, B. Boy Martha, Gloria Navarro, B. boy Navarro

Enochs News by: Mrs. J.D. Bayless

The late Luke and Flo Nichols children had their family reunion the past week. They met at a motel in Mena, Arkansas. All of the children but Mr. and Mrs. Quinton Nichols were present. Mr. and Mrs. Dale Nichols of Enochs, Mrs. Norma Jean Davis of Shallowater and Harold Dean Nichols of Idalou, Merlene Nichols and her friend Jo Ann Cole of San Antonio and Sammie Nichols of Clarmore, Oklahoma. They enjoyed visiting and getting family history, they went up on top of Rich Mountain, and the Nichols Mountain where their greatgrandfather lived and they found his grave at the bottom of the mountain near a church.

A former pastor of Dale and Rose in our area, A. C. Lyles of Hatfield came over and visited with them

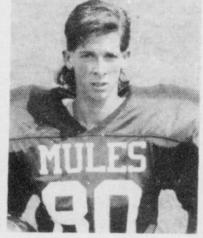
Muleshoe High School

Players Of The Week

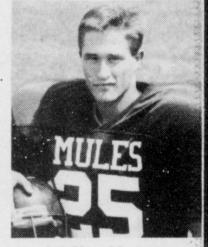
Muleshoe-Littlefield Game



22-Brent Hernandez



80-Dustin Elliott



25-Kip McCall

Canisius Millersville Slippery Rock Bowdoin

Susquehanna

Albright East Strou Buffalo U.

Bates Albany, NY Muhlenberg

- Midwest

Missouri Valley

Mid-America

Hillsdale Central Oklahoma Elmhurst Concordia, NE Missouri Western Bluffton Panhandle

St. Thomas Hiram
Dayton
Concordia, WI
Bethel, KS
South Dakota State
Winona State
Capital
SW Oklahoma
Morningside

Morningside Nebraska-Omaha Doane McPherson Washburn Ferris

South & Southwest

East Texas

St. Francis, II

Wingate Arkansas Tech

Bowie
Trinity, TX
Alabama A & M
West Virginia State
Valdosta

Valdosta Nowberry Emory & Henry Presbyterian Lambuth West Virginia Tech Washington & Lee Methodist Harding Livingston Mars Hill Fayetteville

Mars Hill
Fayetteville
Lane
Rhodes
Southern Arkansas
Bridgewater, VA
Fort Valley
Kentucky Wesleyan

Gettysburg Edinboro

Paco Feed Yard

265-3281

THE BOB HARMON FORECAST

14

20

10

26 24

20

13

23

23

22

10 13 23

14 23

Sat., Nov. 9 - Major Colleges - Div. 1-A * Air Force Alabama * Arizona State Army L.S.U.

24

28 34 30

26 38

24

33

27 30

24

* Wake Forest

* Ohio U.

Georgia

Pacific

Furman

Purdue

Indiana

Kansas

Virginia

Tennessee

Minnesota

Missouri

Rutgers S.M.U.

Houston

Arkansas

Ball State

Kentucky

Akron

Arizona

New Mexico

Nevada-Las Vegas

Southern California

Michigan State

Grambling Mississippi Valley Mississippi College Montana State Maine

Columbia
Connecticut
Western Kentucky
Murray State
Idaho State

Northern Arizona

Colgate Southern Illinois Citadel

Richmond S.F. Austin SE Missouri

Montana North Texas

Bucknell

Div. 1-AA

T.C.U.

Hawaii

Navy Stanford

Maryland

Colorado State

Fullerton State

Iowa State

Louisville

West Virginia

Northwestern Cincinnati

Western Michigan

Long Beach State

South'n Mississippi

South Carolina

Oregon SW Louisiana * Auburn Boston College Temple Kent State Bowling Green Wyoming
Oregon State
North Carolina
Oklahoma State

Brigham Young California Clemson Colorado Duke

East Carolina Eastern Michigan Florida Florida State Fresno State

Georgia Tech Illinois

* lowa Kansas State Memohis State

Miami, FL Miami, OH

Michigan Middle Tennessee Nebraska New Mexico State

North Carolina State Notre Dame **Ohio State**

Penn State Pittsburgh

34 28 30 28 San Diego State San Jose State Texas

Texas A & M (Nov. 7) Texas Tech Texas-El Paso

 Toledo U.C.L.A

* Utah **Utah State** Vanderbilt

 Virginia Tech Washington Washington State * Wisconsin

Major Colleges Alabama State Alcorn Appalachian State oise State oston U. entral Florida

Delaware
Eastern Illinois
Eastern Kentucky
Eastern Washington
Florida A & M Harvard Holy Cross Idaho James Madison

Lafayette Lehigh Louisiana Tech Marshall Massachusetts
McNeese
Morehead State
Nevada Reno
Nicholls State
North Carolina A & T

North Carolina A & I Northeastern Northern Iowa Princeton Sam Houston South Carolina State SW Missouri SW Texas Tennessee Tech Tenn.-Chattanooga Tennessee-Martin Texas Southern Troy V.M.I.

North Texas
Delaware State
Rhode Island
Indiana State
Pennsylvania
NW Louisiana
Charleston Southern
Illinois State
Prairie View, TX
Tennessee State
East Tennessee
Austin Peay
Jackson State
Arkansas State
Western Carolina
New Hampshire
New Mexico Highlands
Morgan State
Cornell

Other Games * Anderson Augustana, IL Baker Baldwin-Wallace Benedictine Bethany, KS Carthage Central Methodist Central Missouri Defiance East Central Oklahoma Emporia State Evangel Gustavus Adolphus Iowa Wesleyan Kansas Wesleyan Mankato Minnesota-Duluth

Minnesota-Duluth Muskingurm NE Oklahoma North Dakota State North Dakota U. Northwestern, IA Ottawa 27
Pittsburg 49
Saginaw Valley 24
SE Oklahoma 17
St. Joseph's 23
SW Baptist 24
SW Minnesota State 28
Wheaton 28
William Jewell 24
Wittenberg 21
Albany, GA 27 Albany, GA Angelo State Arkansas-Monticello

Carson-Newman Catawba Central Arkansas Central Connecticut Centre Clark Concord Delta State Gardner-Webb Georgetown, KY Glenville Guilford Hampden-Sydney Henderson Jacksonville State

Other Games Cal Poly Cal-Davis Chico State

Eastern New Mexico LaVerne Linfield

- Far West Hayward Humboldt Kearney Occidental Eastern Oregon Fort Lewis South Dakota U. Northridge Colorado College Ianta Clara Azusa San Francisco State Lewis & Clark Menlo Park

Presented By:

NES-TEX FEED YARDS, INC. CUSTOM CATTLE FEEDING 272-7555





Garcia, LaRhonda Hill, Debra McIntire, Michelle Herriage, Peggy Buhrman and front row (left to right): Anita Bonham and Mechele Edwards.

(Journal Photo)

Breast Cancer Detection Unit Receives Certification

The Mobile Breast Cancer Detection Unit of Odessa, which services Muleshoe today received the certification of the American College of Radiology Mammography Accreditation

Mammography is an X-ray examination of the breast, which the American Cancer Society and other medical experts see as the best means for the early detection of breast cancer.

The program is voluntary and is designed to insure that women receive optimum quality mammographic examinations. The process is done through a peer review evaluation of the facility's staff qualifications, equipment, quality control and quality assurance programs, image quality, and breast dose. The accreditation must be renewed every three years.

The accredication program was instituted because of the concerns of radiologists, other national medical organizations, and the public that qualified personnel perform and interpret mammograms and that dedicated mammographic equipment be used. The American College of Radiology received an American Cancer Society Control

ENMU Offers Visit To **New York**

Eastern New Mexico University is offering through University Outreach a visit to New York City, March 14-22.

Included in the "New York Theatre Tour" are tickets to six Broadway, off-Broadway and off-off-Broadway shows, visits to the studios and workshops of a theatrical costume-maker, guided tours of the Library of Performing Arts, The Players Glub and much more.

There will be extra time to visit leading tourist attractions, such as The United Nations, Statue of Liberty, World Trade Center and many others.

The price of the tour will be \$1,275, which includes airfare, transportaiton, hotel accomodations, theatre tickets and theatre seminars. Food and miscellaneous expenses are not included.

To register, contact University Qutreach, Station 9, ENMU, Portales, NM 88130 or 562-2165,

Grant which was used to pilot test the Accreditation Program.

Breast cancer will strike one in 10 American women. The American Cancer Society predicts that about 41,000 women will die of breast cancer this year. As there is no way to prevent the disease, early detection and treatment offer the greatest hope for survival.

The American Cancer Society recommends that women do monthly breast self-exams and have regular physical breast exams by a doctor. It further recommends mammography on the following schedule:

A baseline mammogram for reference between age 35 and

A mammogram every one or two years between age 40

An annual mammogram from age 50.

The Breast Cancer Detection Unit will be in Muleshoe on Tuesday, November 12. You may call 272-4524 for an appointment.

ENMU Hosts Dance Group

The Eastern New Mexico University Cultural Art Series for 1991-1992 begins with TZI-GANKA on November 7 at 7:30 p.m. in the Campus Union Building Ballroom.

TZIGANKA has toured throughout the United State's, Europe and the United Kingdom with its performances of Russian song and dance. This Russian Gypsy company performs tender ballads sung in Russian to gymnastic leaping of foot-stomping ferocity.

The series will continue on Feb. 1 with the Dutton Family, then the Davinci String Quartet on Feb. 24. On March 6, Some Enchanted Evening-The Songs of Rogers and Hammerstein will be performed in the University Theatre Center. The series will end on April 3 with Lazer Vaudevile.

Individual tickets may be purchased in the Campus Union Building Housing Office from 8 a.m. to 5 p.m. Season tickets are available to the general public for \$25, ENMU faculty/ staff and senior citizens for \$20. and ENMU students and children under 17 for \$10.

For more information, call 562-2631 or go by the CUB

Dr. J. Richard Waite at information center in the lobby 762-9149.of the Campus Union Building. Thank You I would like to thank everyone for their cards. flowers, visits and prayers during my stay in the hospital. A special thanks to Dr. Purdy and staff and the hospital staff. God Bless You Myrtle Creamer

Seminar Announced

How will the tax changes made by the Texas Legislature affect business owners in the Lubbock area? State Comptroller John Sharp is sending a tax expert from the State Comptroller's Office to conduct a free seminar on these changes and more on Thursday, November

Kay McCall, from the Comptroller's field office in Lubbock, will be at the Godeke Library. 6601 Quaker Avenue, in Lubbock from 3 p.m. to 4:30 p.m. Kay McCall will be on hand to discuss changes in the state franchise tax, the new sales tax on boats and motor vehicles, the motor fuels tax and the new recycling fees on tires and batteries.

"While this seminar is geared particularly to new business operators, certainly anyone is welcome to attend," Sharp said. "The Comptroller's Office is available to assist Lubbock businesses with questions on collecting the correct tax, filing appropriate reports and other tax matters.'

For those unable to attend the seminar, the State Comptroller's Office has a toll-free line available to assist Texas taxpayers. That number is 1-800-252-5555.

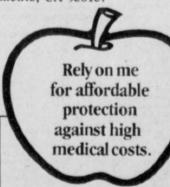
For more information about the upcoming seminar, contact the Comptroller's Lubbock field office at 806-745-7971.

200 Prizes In **Poetry Contest**

A \$1,000 grand prize is being offered in World of Poetry's Free Poetry Contest, open to everyone. There are 200 prizes in all, totaling over \$15,000! The deadline for entering is November 15. Winners will be notified by January 31, 1992 and a winner's list sent to all

Says Editor and Publisher John Campbell: "Even if you have written only one poem--or have never entered a contest before--this is your big chance. I want this contest to help me discover new poets!"

Send one poem (21 lines or less) to Free Poetry Contest, Dept. PR, 701 Dixieanne, Sacramento, CA 95815.



Ask About Health Insurance The State Farm Way



CALL ME. Mark Morton 109 S. 1st 272-7519 Muleshoe

Like a good neighbor. State Farm is there



State Farm Mutual Automobile Insurance Company Home Office: Bloomington, Illinois

TEA Receives **Grant From Foundation**

The Texas Education Agency has received a \$180,000 grant from the Carnegie Corporation of New York for continued implementation of state policy reforms in middle schools.

The two-year grant will be used to design teacher training materials and to inaugurate the Texas Middle School Network. The network will be composed of 15 to 20 middle schools which will serve as examples of innovative campus planning and programs. The model schools will be selected by the Agency in November.

More than \$2 million was awarded to 15 states participating in the corporation's Middle Grade School State Policy Initiative. In 1990, the Carnegie Corporation began a nationwide effort to promote research and reforms in middle school education. Students age 10 to 14 experience unique problems, leading to a peak period of dropouts in Grade 9.

The State Board of Education recently adopted a middle school policy statement encouraging intensive teacher training and changes in class scheduling and groupings to better serve middle school students. The Board urged schools to emphasize personal development so that adolescents can better cope with problems assoicated with growing up.

Wayland Offers Defensive Driving

The Lifelong Learning Center at Wayland Baptist University is offering a defensive driving course which began November 4 and will continue through November 11.

The course will meet at the Llano Estacado Museum on the Wayland campus.

Cost of the course, including both tuition and text materials,

The course may be accepted by the DPS for traffic citation dismissal and/or by the state board of insurance for a 10 percent discount. Each course is limited to 50 people so it is necessary for students to pre-register at the Lifelong Learning Center at 708 Yonkers prior to the beginning of the class.

For additional information, contact the Lifelong Learning Center at 296-5521.



PUMPKIN IN SURGERY--is this imaginative entry in the Muleshoe Area Healthcare Center and Muleshoe Area Medical Center's recent pumpkin decorating contest.

Medical Center Sponsors Breast Cancer Detection Unit

According to the American Cancer Society, one out of every ten women in the United Sates will develop breast cancer sometime during her lifetime. Every year over 37,000 women die as a result of Breast Cancer.

According to a spokesman from the regional breast care center at Women's and children's hospital in Odessa, Texas "The death rate from breast cancer could be drastically reduced if women would have mammograms done before a problem exists." By using modern state of the art X-ray equipment breast cancers can be found when they are about the size of a grain of rice and well before the cancer can be felt. A woman who is diagnosed with breast cancer at this early stage has a 90-97 percent survival rate. However, a woman who is not diagnosed until a lump can be felt has approximately a 50 percent survival rate in five years.

In an effort to find cancers at the earliest possible stage and prevent unnecessary deaths, a mobile breast cancer detection unit will be made available to local women on Tuesday, Nov-

The mobile unit will be parked at the Muleshoe Area Medical Center, 708 South 1st.

> Basic Health Insurance In an unprecedented move, leaders of the conservative American Medical Association urged the federal gov ernment to guarantee basic medical insurance to all people.

Appointments may be made by calling 272-4524.

For more information you may call the regional breast care center at women's and children's hospital at 915-334-8888 or 561-9999.

Word Perfect To Be Offered

The Lifelong Learning Center at Wayland Baptist University is offering an introduction to the WordPerfect word processing program beginning November

The class will include an introduction to DOS, the difference between typing and word processing and an introduction to word processing.

Don Dyess, who is an assistant registrar at Wayland, will instruct the class. He knows several different computer programs and enjoys sharing his knowledge in the classroom.

Classes will be held Nov. 22, Dec. 6 and Dec. 13 from 6:30 p.m. to 9:30 p.m.

Cost is \$45 per person. Pre-registration is required by noon, Wed., Nov. 20 in room 101-C of the Muncy Building at 708 Yonkers. Enrollment is limited to 15 students on a first-come, first served basis.

For more information, contact the Lifelong Learning Center at 296-4734.

Trade Deficit Lower

The U.S. trade deficit narrowed sharply to \$4.05 billion in March, the lowest level in nearly eight years, as the recession cut further into import demand.

WANTED:

A 50 yr. old Hispanic Male, is 5' 3", weighs 163 lbs., has short Black hair with some Gray showing and also has a Mustache!



Crime Committed:

Turned 50 yrs. old Today,

November 7th.

Be carfeul, if you happen to see this man out and about town wish him a Happy 50th Birthday!

This man is also lovable, caring and full of energy



ONE OF THE ENTRIES -- in the Muleshoe Area Medical Center and Muleshoe Area Healthcare Center pumpkin decorating contest (Journal Photo) judged October 31 is this design.



PICTURED WITH SOME OF THE ENTRIES -- at the Muleshoe Area Healthcare Center and Muleshoe Area Medical Center pumpkin decorating contest is Richard Murphy, hospital administrator. The contest was judged October 31. (Journal Photo)



One of the better snacks

MICROWAVE TIPS

which can be prepared in a microwave is made with two gra-

4-H Member Rides Through Her Handicap

into a horse show arena, she's driven by a greater desire than the need to win. At age 13, when she captured

When Paige Porterfield rides

first place in an English pleasure class at the Fort Worth Exposition and Rodeo, she received a standing ovation. Her mother cried.

"I guess the crowd could tell) a little bit about her disability because of her head control," said Susie Watson of Keller. "When they stood up and cheered for her, it made me

Porterfield, 15, suffers from cerebral palsy, a disability caused at birth by damage to the brain and resulting in muscular incoordination and speech disturbances.

Doctors didn't expect Porterfield to walk or talk. However, when she was only 18 months old, her parents, who were involved in horse training, racing and showmanship, bought her a pony. Unknowingly, the Watsons had introduced their daughter to hippotherapy-which relies on the motion of the horse's hind legs to strengthen a person's muscles to improve motor coordination.

The technique is especially helpful for people with cerebral palsy, multiple sclerosis, neurological problems and head injuries, said Terri Barnes, physical therapist and director at Rocky Top Therapy Center in Keller.

When a person rides a horse, "the pelvis is being moved as if that person is actually walking," she said. "This gives the patient a lot of rotation and increases trunk muscles--from the shoulders to the pelvis, abdominal and back muscles-even if that person is in a wheelchair." Patients improve their movements and patterns and have more control over

their lives. There are not many hippotherapy centers in the United States, according to Barnes, who studied the technique in Germany. However, there are almost 1,000 horse programs that help those with disabilities. The North American Riding for the Handicapped Association operates 27 centers in Texas.

Porterfield, who keeps her

Thank You

The family of Welen Irene Pruitt would like to

express our sincere appreciation for all the flowers, cards.

prayers, and all other acts of kindness shown to us in our

horse, TJ Bar, at Rocky Top, has her own riding routine. Since she joined the 4-H Club in Montague County at age 9, "it's been quite a metamorphosis to see a child who was once loose in her posture and head control make such significant improvements," her mother

"In physical therapy, we would work for 45 minutes rolling a ball," Watson said. "When I took Paige to the barn, she was doing so much more-sweeping and cleaning stalls and brushing the horse. Taking care of TJ helped motivate

"The neatest thing is that when I started working with Paige in July I asked what were her capabilities and limitations," said Stephanie Lynn, a horse trainer in Argyle. "There have been no limitations." The only thing she needs help with is getting the saddle on the horse, Lynn said.

According to Lynn, Porterfield "probably has more motivation and tries harder" than other riders in training. "She may have to work a little harder to accomplish something, and she

Good horsemanship requires the ability to sit up straight, exhibit style, communicate well and appear as a unit with the animal. Porterfield knows this.

"When I won (at Fort Worth) I was so excited, so happy," she said. Yet, being able to sit straight in the saddle meant more to her. "I have people come up and tell me after shows that they didn't know I had cerebral palsy," she said.

Porterfield is unable to compete in other sports.

'But in horses, she's right in there competing at the top level with other kids," according to Watson. "She can accomplish something that comes from the hard work she puts into it."

Porterfield gets lots of encouragement from Texas Agricultural Extension county agents, volunteer leaders, 4-H members and their parents.

"Constantly, as we go to the horse shows, people are so wonderful and encouraging," Watson said. "They recognize, even more than I, how her riding skills have improved."

But learning how to be a better rider is only a small part of what 4-H has meant to Porterfield.

"I learned more than just riding," she said. "I learned about grooming, hard work and cleaning stalls. I learned how to be in front of a crowd by riding in different events, like when I was chosen as Miss Jim Bowie Days and 4-H sweetheart and rode in the parade last year." This year, she also was chosen as Montague County 4-H sweet-

Porterfield has done well in all-around riding events. In July, she was the high-point winnner of the district horse show in Abilene.

During these competitions, she relies on her horse of four years quite a bit, but admits he could advance a little more, be more of a challenge.

"Sometimes, he just sits there and won't move," she said, laughing.

"Whether it's win, lose or draw," her daughter has the best time of her life at 4-H state competition, Watson said. She likes the camaraderie and the popularity.

It's so special," Porterfield said. "I made some really neat friends at state. It seems like everyone knows me. They wave and call me by name."

Watson said what she likes most about 4-H is that "the whole family is there, together.

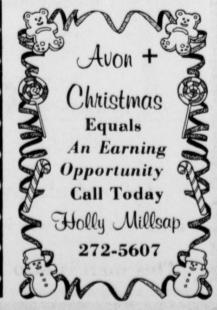
"That says a lot about what you get out of it--not the ribbons or the awards, but the fact that the children see that the parents have a deep interest in their goals. And regardless if they win anything, that parent participation means a lot."

Porterfield wants to advance to state competition as many times as possible, make it to the southern regional and eventually to national competition one day. However, she's looking farther ahead.

"I want to go to Texas A&M University, maybe, and get a teaching degree, study physical therapy and business communications," she said. "I want to open my own private school for the handicapped."

Porterfield had the opportunity to work with disabled young people at Camp Soroptomist in Argyle last summer. She was responsible for assisting five youngsters.

"I brushed teeth, washed faces and it was really neat," she said. The petite youngster



ham crackers, a slice of milk chocolate and a marshmallow.

Put the slice of chocolate in the center of a graham cracker, which is itself on a paper towel. Place marshmallow on chocolate. Microwave on High for 15 to 30 seconds.

When marshmallow has expanded, take out and put the other cracker on top, mashing down and flattening the marshmallow.

was also seen pushing kids who were three times her size around in their wheelchairs.

"You know we've really gone through a lot," said Watson, who began her career as an airline stewardess three years ago. She said she wanted to give her daughter a little more room to grow.

Porterfield says she has become more independent although she still has a little trouble like more teenagers getting her hair to turn out the way it should. However, she likes the fact that she can do many things by herself now, such as getting dressed--even if it takes a little longer.

"Paige is just Paige," Watson said. "We don't look at her as having a disability. She just has a small obstacle to overcome."

This fall, the sophomore is busy getting involved in activities at a new school, Fort Worth Christian High, and is looking forward to joining the 4-H Club in Tarrant County.

"For us, the 4-H experience has really been rewarding,' Watson said. "I hope that Paige can serve as an example not only to those who are disabled, but others who don't think they can accomplish their goals. Maybe her accomplishments can encourage them to try a little bit

Who Knows?

1. Name the 13th Cabinet Agency. 2. Who discovered the planet Neptune?

Answers: 1. Department of Education.

2. Johann Gottfried Galle, German astronomer, in 1846.



ENGAGEMENT ANNOUNCED--Ms. Pamela Rose Sexton of San Antonio announces the engagement and approaching marriage of her daughter, Tanya Lee Sexton, to Jeffrey Michael Kline, son of Ms. Jo Ann Kline of Muleshoe. The couple will wed Saturday, November 9 at 7:30 p.m. in Chapel One at Randolph Air Force Base in San Antonio. Tanya is a May graduate of Texas A&M University where she earned a degree in accounting. Jeffrey graduated from Texas A&M University in 1989 and received his master's degree in aerospace engineering from the University of Texas at Austin in August. He is a 1985 graduate of Muleshoe (Guest Photo)

What To Do About Those **Aching Joints**

Aching joints could indicate the presence of arthritis, a term used to refer to the effects of more than 100 related diseases described as "rheumatic." James Burke, M.D., an orthopedic surgeon on staff at Methodist Hospital, identifies forms and symptoms of arthritis as the following.

Osteoarthritis is a form of arthritis associated with the degeneration of the smooth, weight-bearing surfaces of the ioints. Osteoarthritis usually develops after age 40, and it may be the result of either wear-and-tear on the mechanical parts of the joint or of injury. Obesity and heredity also may contribute to its development. The hips, knees, and ankles and hands are most vulnerable to osteoarthritis.

Rheumatoid arthritis is a systemic disease characterized by chronic inflammation in the synovial membrane, the thin layer of tissue which lines the joint. It can affect many joints of both the young and the old. Heredity may be a factor in the development of rheumatoid arthritis, but it can be treated successfully. See your physician if you experience one or more of the following symptoms:

simultaneously and is a disease

1. Swelling in one or more

2. Early morning stiffness 3. Recurring pain or tenderness in any joint

4. Inability to move a joint

Obvious redness and warmth in a joint

6. Unexplained weight loss, fever or weakness accompanied

by joint pain Symptoms like these

which persist for more than two



Accredited by the American College of Radiology

BREAST CANCER DETECTION UNIT AVAILABLE TO AREA WOMEN

Tuesday, November 12th Muleshoe Area Medical Center BREAST & CANCER 708 South 1st. Muleshoe, Texas

> A Service of Transamerican Diagnostic Services (Providing Mammography Services for over 5 years)

CALL 272-4524

FOR APPOINTMENT

According to the American Cancer Society, one out of ten women in the United States will develop breast cancer sometime in her lifetime. It is currently estimated that over 37,000 women die each year as the result of breast can-

Ninety percent of breast cancers are diagnosed by women or their physicians finding a lump in the breast. Women who are diagnosed with a lump large enough to feel have a 50 percent five year survival rate. A woman who is diagnosed as having breast cancer by mammography, before a lump can be felt, has a 97% five year survival rate and a 90% 10 year survival

A mammogram can detect a cancer this small, before it can be felt.

Guidelines For Screening Mammography Established by the American Cancer Society.

 35-40 years of age One baseline mammogram.

II. 40-50 years of age A mammogram every 1-2 years depending on breast type and risk factor

III. 50 years of age and over -An annual physical examination and annual mammogram.

IV. Asymptomatic women under 50 years of age with significant high risk factors should be examined at appropriate intervals These risk factors include previous breast cancer and family history of cancer.

V. A symptomatic woman should have a mammogram at any age when she experiences a mass, nipple discharge, skin changes or unexplained breast pain.

A screening mammogram is an x-ray of the breast using extremely low dosages of radiation (usually comparable to dental xrays) and is designed to find very early cancers

A female technologist who is highly trained in mammography will perform the examination.

The charge for the screening mammogram is \$65.00. The Unit accepts cash, check, Visa, Mastercard and American Ex-

Now filing Medicare (for your reimbursement)

Odis Pruitt & family James E. Pruitt & family Jasper Pruitt & family

Dorothy Pruitt & family

time of sorrow.

William Charles Pruitt. In. & family Jarrell Pruitt & family Mary Byford & family Carroll Pruitt & family Carolyn Gross & family Howard Pruitt & family

BEST OVERALL --- Robert Montgomery, president of the Muleshoe Chamber of Commerce, presented Joe and Darla Rhodes with a plaque for the Best Overall Participation in the Moonlight Madness Sale Friday night. The next Moonlight Madness sale will be on November 15. (Journal Photo)

Orozco Wins Weekly Contest

First and second place winners in this week's football contest were a husband and wife team. Alma Orozco missed only one game for a first place win and 10 points toward the grand prize. Add this week's win to the 16 points from previous wins and Mrs. Orozco has a total of 26 points. She also takes the lead in the contest.

MAIF...

C ont. from Page 1

ties in terms of space and staff; the coordination with nearby instutional facilities of higher education for training of incoming employees for the facili-

With the attitude of the MAIF being one of complete community support toward this venture, and sources, the project propesall will be completed and submitted on the current planned time schedule of December

Wildlife ...

Cont. from Page 1

in the year, according to Miller. The result for waterfowl and other wildlife this winter will be

During dry years playas host about 500,000 Canada geese, 100,000 snow geese, 360,000 sandhill cranes and innumerable shorebirds are expected to winter in the five-state region.

-- An additional 15 million waterfowl and other migratory birds will pass through the region on their way to wintering areas along the Gulf Coast.

Migrating and wintering waterfowl will find greatly improved feeding and resting habitst distributed throughout the playa lakes region this fall and winter, helping them avoid overcrowding in the usually very limited wetland habitat that existed in previous years. A major result should be lower mortality from wildlife diseases such as avian cholera. Which manifests itself when birds are stressed from overcrowding, according to Miller.

A task force studying wildlife diseases, the Playa Lakes Disease Council, monitors disease outbreaks in the region. People who observe dead or diseased waterfowl in playas are urged to call the U.S. Fish and Wildlife Service at the Buffalo Lake National Wildlife Refuge in Umbarger, TX, (806) 499-3382 or Muleshoe National Wildlife Refuge, Muleshoe, TX, (806) 946-3341.

Richard Orozco was the only confestant to miss three games. Orozco came in, in second place and received six points. Orozco had two previous wins and with adding those points to this week's points he has a total of 16 points.

A new name, Dot Long was added to the winning list. Ms. Long was the only person to miss four games.

Last week the name of Jimmie Chapman was inadvertably left off the list of those having 10 points.

Its still anyone's game, its not to late for you to be a winner, so keep those entries coming in.

Lazbuddie...

Cont. from Page 1

want to be outdone and he ran one yard into the endzone. Tyson kicked the extra point.-

Cosbey came right back, catching a 31 yard pass from Paul Williams. Gonzales kicked the extra point.

At halftime the score was Lazbuddie Longhorns 33 and Amherst Bulldogs 24.

Amherst put the ball into action in the second half and Miles ran 54 yards into the endzone. Tyson kicked the extra

The next two touchdowns belonged to Lazbuddie. Cosbey caught a 33 yard pass from Mario Zamora and Gonzales kicked the extra point. Leland Brockman caught an 18 yard pass from Zamora and Gonzales kicked the extra point.

The third quarter ended Lazbuddie 49, Amherst 31.

Lazbuddie's Eric Williams blocked a punt and got a safety in the opening play of the third

Jesko scored for Lazbuddie on a 53 yard pass from Terry Darling. Gonzales kicked the

Cosbey scored for Lazbuddie on a 20 yard interception and Gonzales kicked the extra point.

Amherst's Miles scored on a 16 yard run and Tyson kicked the extra point.

Brockman scored the final touchdown in the game for Lazbuddie on a 49 yard pass from Zamora. Gonzales kicked the extra point.

The game ended Lazbuddie 74, Amherst 39.

The Longhorns will play Silverton this week in what promises to be a good game, neither team has lost a game this season.

PUBLIC NOTICE

On April 16, 1991, GTE Corporation ("GTE") and Contel Corporation ("Contel") filed a joint petition for declaratory relief with respect to the obligations or requirements of GTE or Contel and/or any of its subsidiaries relating to the merger of GTE and Contel. GTE and Contel have requested a ruling from the Public Utility Commission of Texas that neither GTE nor Contel is required to report the merger of GTE and Contel pursuant to Section 63 of the Public Utility Regulatory Act ("PURA"), TEX. REV. CIV. STAT. ANN. art. 1446c (Vernon Supp. 1991). that no investigation of the merger by the Commission is required. In the alternative, GTE and

Contel seek a determination that the merger is consistent with the public interest.

The Commission is investigating the merger between GTE and Contel Corporations to determine whether the merger is consistent with the public interest. In reaching its determination, the Commission shall take into consideration the reasonable value of the property, facilities or securities to be acquired, disposed of, merged or consolidated. If the Commission finds that the merger is not in the public interest, the Commission shall take the effect of the transaction into consideration in GTE Southwest Incorporated's and Contel of Texas, Inc.'s next ratemaking proceeding and disallow the effect of such transaction if it will unreasonably

affect rates or services. This filing has been assigned Docket No. 10212. Persons who wish to intervene or otherwise participate in these proceedings should notify the Commission. A request to intervene, participate, or for further information, should be mailed by 3 p.m., December 31, 1991, to the Public Utility Commission of Texas, 7800 Shoal Creek Blvd., Suite 400N, Austin, TX, 78757. Further information may also be obtained by calling the Public Information Division of the Public Utility Commission at (512) 458-0256, or (512) 458-0221 teletypewriter for the deaf.

Bailey County Votes

Con't from page 1

approval and to set the per diem for those officials subject to a limit also failed to carry the county, 616 against and 405 for.

Eight hundred and seven voters voted against Amendment No. 7, allow the board of trustees of a statewide public retirement system to invest funds of the system in a manner that the board considers prudent. Two hundred twenty nine voted against.

Amendment Number 8, authorizing the voters of this state to consider state debt questions in the form of ballot propositions that must clearly

describe the amounts, purposes, and sources of payment of the debt only after approval of the propositions by a two-thirds vote of each house of the Legislature, carried by a large margin, 635 for and 367 against.

down Amendment Number 9, authorizing the commissioner of the General Land Office to issue patents for certain public free school land held in good faith under color of title for at least 50 years. Five hundred fourty two voted against and 453 for.

Amendment Number 10 also failed in the county, 524 voted against authorizing the Legis-

Squirrel Hunters Have

Higher Success Rate

Squirrel hunters on the Engeling Wildlife Management Area in Anderson County and on the Keechi WMA in Leon County had higher success than the past few years during early October hunts.

During 13 days of hunting on the 10,941-acre Engeling WMA, 446 hunters averaged 2.5 squirrels per day, up from 2.5 last spring and only .38 per hunter last fall, said Don Frels, Jr., area wildlife biologist.

Kay Fleming, wildlife biologist at the Keechi WMA, said during four days of hunting during the first two weekends of October, 69 hunters averaged

George Elder **Memorial Services** Held Wednesday

Memorial services for George Davis Elder, 60, of Lubbock were held at 2 p.m. Wednesday in First United Methodist Church of Dimmitt with the Rev. Vernon O'Kelley, pastor, offi-

Cremation will be under direction of Foskey Funeral Home.

Elder died at 10:20 p.m. Monday in Methodist Hospital in Lubbock after a lengthy illness.

He was born in Fisher County and had lived in Dimmitt for 33 vears before moving to Lubbock 19 months ago. He married Bessie Griffing on September 15, 1950, in Muleshoe. He was a farmer and a member of First United Methodist Church.

Survivors include his wife; a son Mike of Dallas; a daughter, Linda Claborn of Lubbock; three brothers. Gerald of Sweetwater, James of Muleshoe and Thurman of Portales, N.M.; a sister, Freda Long of Muleshoe; and two grandchildren.

The family suggests memorials to Hospice of Lubbock, P.O. Box 53276, Lubbock 79453.

Muleshoe...

Cont. from Page 1

they pretended to be scarecrows as they learned directional and positional concepts.

"One of the most exciting things that we have done was our visit to Ronnie and Kia Puckett's pumpkin patch (on the coldest day this year)" said a spokesperson from the school.

A Jack-O-Lantern was made from one of the pumpkins. The class learned how the pumpkins grow and how they are harvested. "We are looking forward to more exciting days and a very good year.

Eleven Southwestern Public Service Company employees from Muleshoe will be recognized for their years of service to the customers in the region.

Awards will be presented at the SPS Southern Division and Production Department awards dinner, Nov. 14, in Lubbock.

Employees in Muleshoe being honored are: Edward L. Huff, 40 years; Charles Gist, 35 years; Tom Mason, 30 years; Lawrence Coone, Jim Haynes, Ricky L. Pewell and John Underwood, 15 years; Gary Gilleland and Robert Hardt, 10 years; and Florinda Almanza and Larry K. Chapman, five years. These employees are among 371 employees of the company and subsidiaries being recognized through a series of award dinners.

Bailey County voters turned

5.3 squirrels per hunter, compared to 4.2 during the spring and 2.25 last fall.

Eighty to 90 percent of the squirrels killed were gray squirrels with the rest being fox squirrels. Gray squirrels prefer the large, mature hardwoods present in the creek bottoms that are present on both WMAs.

"Squirrels, as well as many other wildlife species, rely heavily on acorns for food during the fall and winter months," said Hayden Haucke, manager of the Engeling WMA. "Reproductive success is in direct relationship to the oak mast crop. That is why bottomland hardwoods are so important and vital to maintaining wildlife populations of so many species here in East Texas."

Spring squirrel populations should be improved, too. This fall, after checking 1,200 individual mast producing trees (oaks, hickories and pecans), 78 percent of these mature trees had mast in the bottomland while only 36 percent of the upland hardwoods had mast present, Haucke said. "Water and willow oaks were the best producers in the bottomland while red oaks were the best in the upland sites."

lature to exempt from Ad Valorem Taxes certain property of a nonprofit corporation that supplies water or provides wastewater service, and 473 voted for the amendment.

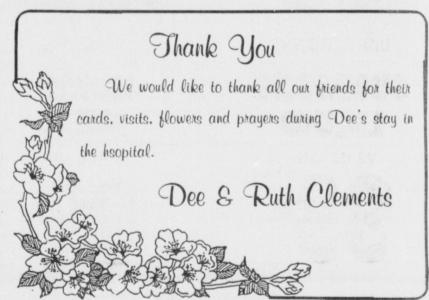
Five hundred and sixty eight Bailey County voters voted for Amendment Number 11, the constitutional amendment authorizing a state lottery, and 507 voted against the amend-

increase from 20 percent to 50 percent the percentage of Texas Water Development Bonds previously authorized by Texas voters that may bve issued for economically distressed areas.

Bailey County voted for Amendment Number 13, providing for the issuance of General Obligation Bonds not to exceed \$300 million to continue existing programs to provide educational loans to students, by a large Amendment Number 12, to margin 712 for and 331 against.



BEN FRANKLIN'S WIN PLAQUE --- Robert Montgomery, president of the Muleshoe Chamber of Commerce, presented the Best Dressed Store Award to Ben Franklin's Friday night during the Moonlight Madness sale.





Muleshoe Pheasant Club



Here's what the **MULESHOE PHEASANT CLUB** offers you!

Remember!! Double Daily Limit! 4 Birds Per Day Guaranteed!

Cost For This Hunt Is \$200.00 Per Day, Per Hunter

You may reserve your hunting date by remitting only 1/2 (\$100.00) per day, per hunter!! Act Now!! Limited Number Of Hunters Deposits Are Non-Refundable

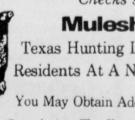
Name Address_ Telephone_ Number Of Hunters_ Date (s) Desire To Hunt_ Second Choice

We also have Incredibly Delicious

Smoked Pheasant For Sale!

Great For Special Occasions! Ideal Gifts for the Impossible to buy for: Favorite Aunts Mother-in-laws Grandmothers, etc.

Checks should be made payable to.



Muleshoe Pheasant Club

Texas Hunting Licenses Available For Out-Of-State Residents At A Nominal Fee. (\$25.00 - 5 Day Permit)

You May Obtain Additional Information Or Pre-Register By Completing The Form And Return.

Special Season by State Permit Beginning Nov. 15 **Group Rates For 15 Or More Hunters!**

LIMITED NUMBER OF HUNTERS ALLOWED. Call now for more information:

Walter B. "Jack" Little

Home: 806-272-4805

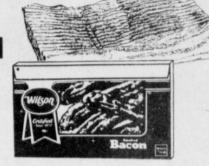
Mobile: 806-272-4086 (or leave message for call back) 1-800-548-7738

or write to: P.O. Box 525 Muleshoe, TX 79347



TREAT YOURSELF to These LOW PRICES

WILSON'S SLICED BACON 1 LB. PKG.



LOUIS RICH SMOKED TURKEY BREAST



GUARANTEED 73% LEAN FRESH

GROUND BEEF

FAMILY PACK

OWEN'S REGULAR/ HOT/MILD/SAGE **COUNTRY SAUSAGE**

1 LB. ROLL

REG./ HOT S 357





DISH DETERGENT



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PLAIN/ W/ BEANS



ALL TYPES

SUNLIGHT LIQUID

22 OZ. BTL.



1/2 GAL. JUG



4 LB. BAG



19 OZ. CAN

DR. PEPPER

2 LITER BTL.



Unforgettable Nights and Days

Eau de Cologne Spray .1 oz. Eau de Parfum Spray .4 oz.

While They Last



RED RIPE

WITH COUPON AT RIGHT

12 OZ. PERFECT BALANCE/ 13 OZ. REGULAR

BUY ONE GET ONE FREE



Charlie Two Ways About It

Concentrated Cologne .1 oz. Concentrated Cologne Spray .47 oz. \$18.50 Value for

While They Last

ASSORTED

GATORADE DRINK 64 OZ. BTL.

FABRIC SOFTENER 21.5 OZ. CTN. REFILL OR DOWNY

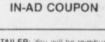


\$ 100

C-3072

ANJOU PEARS

U.S. NO. 1 RUSSET POTATOES 5 LB. BAG



COUPON GOOD THRU 11-13-91

ONLY AT: THRIFTWAY/LA TIENDA

HILLS HILLS BROS BROS

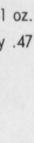


MAXIMUM COUPON VALUE \$ 1.69

FREE COFFEE

BUY ONE, GET ONE FREE AT CHECKOUT

Hills Bros. 13 oz. Regular, 12 oz. Perfect Balance



LIQUID

64 OZ. BTL.

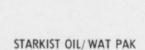


401 W. Amer. Blvd.

GREEN LIMES



BEEF FLAVORED DOG FOOD GRAVY TRAIN 20 LB. BAG



CHUNK TUNA 6.25 OZ. CAN

LAY'S® ASSTD. POTATO CHIPS

11.49 SIZE BAG



Good only at THRIFTWAY/LA TIENDA

Good only at THRIFTWAY/LA TIENDA

COUPON GOOD THRU 11-13-91

on ONE 15 oz. ONLY.



IN-AD COUPON OFF ANY

C-3012





COUPON GOOD THRU 11-13-91 Only at THRIFTWAY/LA TIENDA

WITH COUPON AT LEFT

49°



COUPON GOOD THRU 11-13-91

on ONE 12 oz. ONLY



COLGATE ASSORTED SHAVE

CREAM 11 OZ. CAN

EXTRA STRENGTH TYLENOL **TABLETS** 60 CT. BTL. \$299



Muleshoe

272-4585

AFFILIATED FOODS INC. WE ACCEPT FOOD STAMPS...

> PRICES EFFECTIVE NOVEMBER 3-9, 1991

WE RESERVE THE RIGHT TO LIMIT

YOUR CHOICE WITH COUPONS ABOVE KELLOGG'S KELLOGG'S

CORN FLAKES

FROSTED FLAKES 15 OZ. BOX





MOONLIGHT MADNESS---Randy Lewis and employees of Perry Brothers were all dressed up Friday night for the first of five "Moonlight Madness" sales to be held in Muleshoe before Christmas. Tom Gray (Back Right) and his band played music in front of the store for all the shoppers to enjoy.

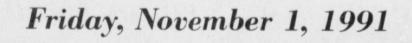
(Journal Photo)



THIS IS HOW ITS DONE---Joe Rhodes at Joe's Boot Shop took time out from the Moonlight Madness sale Friday night to show a group of youngsters how to rope these miniature cows.

(Journal Photo)

Muleshoe





GREETING YOU AT ANTHONY'S---Shoppers at Anthony's Department Store Friday night were greeted by Eloy Perez and employees, dressed in their P.J.'s for the Moonlight Madness sale. (Journal Photo)



DRESSED FOR THE OCCASION---Jim Hailey and employees of Ben Franklins' wore their P.J.'s Friday night for the Moonlight Madness sale. Four more Moonlight Madness sales will be held before Christmas. (Journal Photo)









WINS BACHELOR'S CHAIR---Keith Topper was the lucky winner of a Bachelor's Chair Friday night at the Country Junction, during the Moonlight Madness sale. (Journal Photo)

CLASSIFIED RATES

15 Words & Under Minimum Charge \$2.30 Thereafter \$2.00

16 Words & Over 1st Insertion 15 cents per word 2nd Insertion 13 cents per word

CLASSIFIED **DISPLAY RATES** \$1.75 Per Column Inch

DEADLINES 12 noon Tues. For Thursday Paper 12 noon Friday For Sunday Paper

To receive the reduce rate after the first insertion ad must run continous. ly.

We reserve the right to classify, revise, or reject any ad. We are not responsible for any error after ad has run once.

Personals

CONCERNED

About Someone's Drinking? HELP IS AVAILABLE through Al-Anon Call 272-2350 or 965-2870 or come to visit Tuesday and Thursday nights, 8:00 p.m. & through AA call 965-2870 or come visit Tuesday

FREE PUPPIES! Only two left. Very Cute! Call 965-2717 1-45t-1tp

nights, 8:00 at 620

W. 2nd, Muleshoe.

2. Lost & Found

REWARD Missing since 11/3 from Three Way School Yellow male Lab with faded yellow collar and green rabies tag. Answers to Jake. 927-5507 927-5315. M2-45t-1tc

3. Help Wanted

BARTENDERS/ CASINO WORKERS/

DECK HANDS/ Hostesses, Etc. Positions Aboard Cruise Ships. \$300 / \$900 Wkly. Free Travel. Caribbean, Hawaii, Bahamas. No Exp.

Necessary. 1-206-736-7000 Ext. 9119N9

3-45t-1tp

Full time RN opening for Special Care Unit. Experience in critical care preferred. ACLS ecrtification required within one year of employment. Excellent benefits and working environment. SCU differential. Salary · commensurate with experience. Contact Brenda Williams, Director of Nursing. Roosevelt General Hospital, 1700 S Ave O. Portales, NM

88130, 356-4411, Ext.

203 EOE.

R3-44s-4tc

3: Help Wanted

KUWAIT. SAUDI WORKERS NEEDED \$35.00 & up per hour. Tax Free. Both skilled & unskilled. For info.

K-1104. 3-44t-4tp(T)

5. Apts. For Rent

Call 615-779-5505 Ext.

Apartments For Rent Good location, 1 or 2 bedroom, furnished or unfurnished, water paid. 272-7575 P5-43s-tfc

11. For Sale Or Trade

FOR SALE Fan-tailed guppies. Call 946-3624 D11-41s-8tc

FOR SALE: Blue '79 Chevy Shortbed. New paint job--New tires and rims. Come and see! Call 925-6723 after 5:00.

> *** TRADE:

Perfect retirement place near Ruidoso, New Mexico, near Bonito and Alto Lakes, three bedroom house, guest house, barn with mill. About 25 acres, 8 acres cultivated. Cherry and apple trees, on hiway. Trade for irrigated farm, CRP, or grass. Write to HC 67, Box 75-Nogal, N.M. 88341 or 505-354-2413. F-44t-6tc

FIREWOOD For Sale Pinon, Cedar, Juniper, Oak Amherst Grain Fertilizer246-3612 A11-43t-tfc

15. Misc.

FOR RENT: Large Self Storage rooms with 24 hour a day access. Call J & J Self Storage at 272-4307. S15-44s-tfc

8. Real Estate

FOR SALE: Approx. 6 Acres on the highway, just outside of city limits. 272-4975 W8-45t-tfc

Bedroom NICE 1 Unfurnished Apartment. Call 272-3107. M8-45t-tfc

FOR SALE: Approx. 17 Acres on Clovis Highway with well and high pressure line 272-4975

W8-45t-tfc ***

FOR SALE BY OWNER Beautiful country home with or without 145 acres irrigated land. Call, see, and make offer! 946-3440. E8-44t-tfc



18. Legals

REQUEST FOR BIDS ON **TEXAS HIGHWAY** CONSTRUCTION

Sealed proposals for 372.734 miles of seal coat on various limits on US 385, Spur 331, US 70, US 62, SH 207, SH 214, FM 54, FM 26, FM 300, FM 303, Loop 289, FM 651, FM 303, FM 651, FM 145, FM 179, FM 1328, FM 835, FM 827, FM 596, FM 746, FM 1064, FM 2051, FM 1780, FM 1424, FM 2130, FM 1729, FM 928, FM 1622, FM 1843, FM 1294, FM 1622, FM 2053, FM 1172, FM 2901, FM 3020, FM 3306, FM 1760 & BS 214A in Castro, Lubbock, Floyd, Crosby, Garza, Bailey, Dawson, Hockley, Terry, Parmer, Lynn, Cochran, Hale, Lamb, Yoakum & Gaines Counties, covered by CPM 226-6-23. CPM 53-1-81, CPM 145-7-28, CPM 453-2-13, CPM 453-5-9, CPM 461-7-10, CPM 563-1-8, CPM 637-1-7, CPM 721-1-11, CPM 721-1-12, CPM 783-1-64, 806-1-9. CPM 806-2-17, CPM 820-8-4, CPM 820-9-7, **CPM** 880-4-18, CPM 881-7-4, **CPM** 933-1-25, CPM 959-2-6. CPM 968-1-3, CPM 968-2-3, CPM 1084-1-9, CPM 1255-1-9, CPM 1255-2-6, CPM 1481-2-6, CPM 1629-2-5, CPM 1630-1-10, CPM 1623-3-7, CPM 1635-1-15, CPM 1635-2-4, CPM 1637-1-4, CPM 1716-1-8, CPM 1749-1-5, CPM 1783-1-4, CPM 1866-1-22, CPM 1866-2-3, CPM 1910-1-5, CPM 1966-3-6, CPM 2419-1-4, CPM 2444-1-4, CPM 2931-1-3, CPM 3003-2-2, CPM 3273-1-3, CPM 3501-4-3, CPM* 1634-3-9 and CPM 168-13-12 will be received at the Texas Department of Transportation, Austin, until 1:00 P.M., November 14, 1991, and then publicly opened

and read. Plans and specifications, including minimum wage rates as provided by Law, are available for inspection at the office of

8. Real Estate 8. Real Estate

RICHLAND HILLS PRICE REDUCED-IMMACULATE 3-2-2

Brick, Cent. A&H, built-ins, newly

remodeled kitchen, FP, sunken lv. area

w/cathedral ceiling, ceiling fans, earthtone

3-3-2 Brick, Cent. A&H, built-ins, FP,

Spklr. sys., storage-wkshp., fenced vd.

PRICED REDUCED-ASSUMABLE LOAN

91/2 A.P.R.-3-2-2 Brick, Cent. A&H,

built-ins, FP, fans, workshop-storage,

3-3-1CP HOME, Cent. A&H, built-ins, FP,

spacious lv. area, loads of closets &

storage, cov. patio, fenced yd., 2 st.

NICE RESIDENTIAL LOTS/ \$5,000 UP....

Nice-3-2-1 Home, built-ins, heat pump,

fans, storm windows, & doors, workshop-

storage, fenced yd., & more. \$30's !!!!!!!!
PARKRIDGE-IMMACULATE 3-2-2 Brick,

Heat Pump, built-ins, FP, nice finished

basement, cov. patio, insul. & wired

st.-workshop, fenced yd. GREAT VIEW!!!!

HIGH SCHOOL

Possible Owner Financing-3-1-2 Home,

wall & floor furnace heat, evap. air.

JUST LISTED-IMMACULATE 3-2-2 Brick,

Heat Pump, built-ins, whirlpool, 2200' †

lv. area, loads of storage, large shop-

NICE 3-2 Home, nicely remodeled, heat

pump, built-ins, carpet, fenced yd.,

3-3 Bdrm. Brick Homes-FmHA financing

2-1 Home, nicely remodeled kitchen &

den, Cent., heat, fenced yd., large

3-2-1 Brick, Cent. A&H, built-in, FP.

Fenced yd. 2100† lv. area, fenced yd., &

3-2-1 Home, wall furnance, window evap.

to qualified Buyers, Priced to Sell!!!

HIGHLAND AREA

storage, fenced yd. \$70s!!!

garage-shop. \$20's!!!!!!!!

fenced yd. \$20's!!!!.

storage bldg. & more!!! \$20's!!!

st. bldg. MAKE OFFER!!!!!!!

3-2-2 Brick, Heat pump, FP built-ins,

fenced yd. Much More. \$30's!!!

carpets, storage !!!!!!!!!!!!!!

much more!!!!!! ***

fenced yd. Make Offer

116 E. Ave. C.

Jim Combs Resident Engineer, Brownfield, Texas, and at the Texas Department of Transportation, Austin, Texas, Bidding proposals are to be requested from the Division of Construction and Contract Administration, D.C. Greer State Highway Building, 11th and Brazos Streets, Austin, Texas 78701. Plans are available through commercial printers in Austin, Texas, at the expense of the bidder.

The Texas Department of Transportation hereby notifies all bidders that it will insure that bidders will not be discriminated against on the ground of race, color, sex or national origin, in having full opportunity to submit bids in response to this invitation, and in consideration for an award.

Usual rights reserved.

Letter To The Editor

October 31, 1991 **Evelyn Harris** Muleshoe Journal 304 West 2nd Muleshoe, Texas 79347

Dear Evelyn:

Thank you for your continued support through the excellent coverage you provide for the Chamber of Commerce and Agriculture. As our Halloween activities come to an end, we thank you for your involvement in all of them. We know you are very busy and we appreciate you taking time out of your busy schedule to provide positive news coverage for us.

Again, thank you. We appreciate the support you show to the Chamber of Commerce and Agriculture.

Sincerely, Robert Montgomery, President Carolyn Johnson, Manager

8. Real Estate

Bingham & Nieman Realty 272-5286

8. Real Estate

Preventing Back Pain

Back pain can be caused by simple movements, such as bending, lifting or reaching, if you don't use your body correctly. While minor muscular aches may resolve within a few days without treatment, medical attention is often required for back pain to avoid surgery and prevent disability.

Surgery involving disc removal is generally a last resort for back pain, even when discs are out of place. According to Paul Meyer, M.D., neurological surgeon on staff at Methodist Hospital, 80 percent of Americans suffer from back pain at one time or another. For most forms of back pain, surgical treatment will not lead to a cure. Therefore, conservative therapy should always be tried first. The discs in the back serve as shock absorbers, and as people get older, the discs thin out, leading to arthritis which may cause back pain. Dr. Meyer recommends that we don't abuse our backs when we are young by unnecessariy lifting heavy objects. Prudent exercise and weight loss also are recommended by Dr. Meyer. Alternatives to surgery include living with the pain, physical medicine and rehabilitation.

Some general suggestions offered by healthcare professionals for avoiding unnecessary back pain include:

periodically. With your head and back against the wall, roll your pelvis backward, then bend your knees so that your back touches the wall. Walk away in this position.

Standing: If you must stand for a long period of time, elevate one foot slightly and switch every 30 minutes.

Sitting: Sit straight, your knees level with your hips, and your back against the chair. Avoid sitting for extremely periods of time.

Sleeping: Choose a firm mattress. If you tend to sleep on your back, place a pillow under your knees. If you sleep on your side, bend your knees. Avoid sleeping on your stomach, it places unnecessary strain on your back.

Lifting: Place your feet apart for stability. Bend at the knees, not from the waist. Tighten your stomach muscles for good back support. Lift with your legs, not your back. Hold the load close to your body. Don't twist your torso while you're lifting or carrying a heavy load. Don't lift objects above your chest.

Preventing back pain will be the main topic on "Health Matters" on Sunday, November 3, at 4:30 p.m. on KCBD TV Channel 11. The special guests will be Dr. Meyer and Richard Smith, M.D., an orthopedic surgeon on staff at Methodist Posture: Check your posture Hospital.

8. Real Estate 8. Real Estate

FARM FOR SALE 1281 acres, eight irrigation wells, good water, underground lines, 900 acre grain base, home, steel barn, pipe corrals, price reduced, owner finance part. 10 miles north of Hereford. (409)543-5636 H8-43s-8tc

BAILEY COUNTY IRRIGATED LAND FOR SALE With irrigation equipment. Fall wheat

> 385-4487 day 385-5613 night

planted. Owner will

finance.

Henry Realty

111 W. Ave. B.

272-4581

Muleshoe, Tx.

Just listed-2 bedroom, 1 bath, carport, . large utility room and large storage attached. Carpet. Highland Addition. \$20,000.00.

2 bedroom, 1 bath, 1 car garage, fireplace, fenced yard, carpet, Lenau Addition \$15,000.00. Spacious 2 bedroom, 2 bath with one car

garage. Fireplace. Ready to move in. New listing-2 bedroom, 1 bath, redone for

qualified buyer. 3 bedroom, 2 bath, carport, spacious home

outside city limits near city on highway. Lot is 85' X 402'. Metal building is 29' by 40'. Great setup for workshop. FOR LEASE - 3 bedroom, 2 bath, carpet,

spacious living area, fenced yard. Near high school.

COMMERCIAL PROPERTY Ideal location on West American Blvd. 150' highway frontage. A great business opportunity.

Brick veneer restaurant 150 seating. Over 5000 sq. ft. with modern equipment. Ready for operation. Located on U.S. Highway 84 in Muleshoe. 7,000 sq. ft. paved parking. Excellent financing available for qualified buyer.

West American Boulevard 150' frontage. Priced to sell.

Commercial building 30'x52' located on 12th Street. Lot is 97' x 140' and paved. Come by for appointment to see. LAND

150 acre irrigated farm with sprinkler on

highway NW of Muleshoe. Allotted acres with good yields. Two wells. Corners are in CRP. Owner financed.

240 acres irrigated farm South of Lazbuddie with South Excellent water. 98 acres in South of Three wells. Owner

LENAU ADD. 3-2-1 † 2CP HOME, storm windows & doors, built-ins, fans, MUCH MORE!!!!

3-1 Home, Corner OLDalı furn., fenced yd. \$20's

Nice 4-2-2 Carport Home, Cent. A&H, built-ins, FP, Cent. Vac., Office, Sewing area, fenced yard. \$30's.

3-2-1 CP, heat pump, heated pool, fenced yd. storage bldg., \$30's!!!!!!! NICELY REMODELED3-2-1 Brick, Cent.

heat, built-ins, MUCH MORE. \$30's!!!! JUST LISTED-3-11/2-1 Home, Cent. heat,

evap. air, nice carpets, cov. patio, fenceo yd. st. bldg!!!!! 2-2-2 Brick, Cent., A&H, built-ins, FP,

spklr. sys., fenced yd. Price Reduced!!! VERY NICE 3-2-2 Brick, 3,000† sq. ft. of

lv. area incl. nice finished basement, built-ins, geothermal A&H energy-eff., loads of closet & storage, on 7.86 acres, fence, stock tank, sideroll, & many more amenities, close to town

3-2-3 Carport Home on 11 ac. edge of town, Cent. A&H, built-ins, cellar, barns & corral. MAKE OFFER

3-2-2 carport Brick on 2 acres at edge of town, possible owner financing. \$40,000!!! NICE 3-2-1 Home on 1 acre close to town, Cent. Heat, Evap. Air, Nice Carpets,

Remodeled. \$30's!!!***
NICE 3-2-2 Brick on 1 ac. tract on hwy. close to town, Cent. A&H, built-ins,

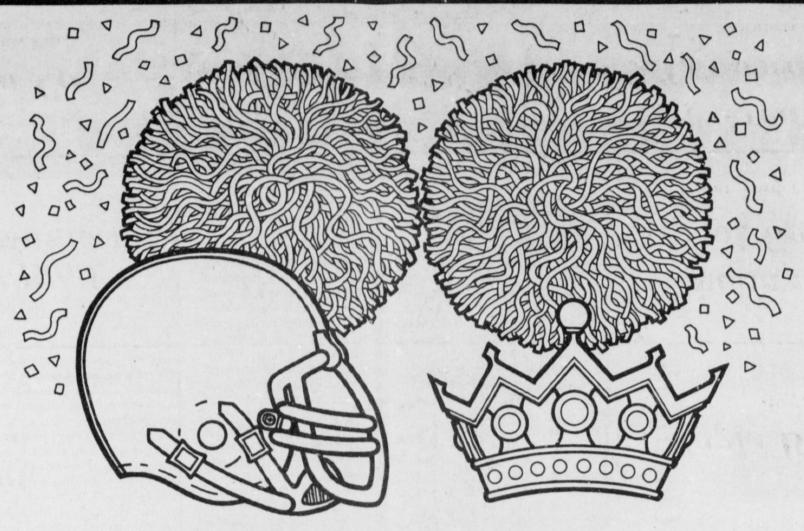
enced yd. & more!! Make Offer. RESTAURANT BLDG., LAND., &

Equipment-A GOOD BUY!!!!!! GYYMNASTICS STUDIO-BLDG., & Equipment-PRICED TO SELL!!!!!

COMMERCIAL TRACT 175'x100' (HWY 70 & 84, RR spur acces, approx. 1200 sq. ft. bldg. PRICED TO SELL!!!

320 acres good dryland, good allotments, Three-way area. \$250 per acre!!!!!!

George Nieman, Broker Nice 3-1-1, heat pump, nice carpets, fenced yd. Much More. \$30's Price Reduced



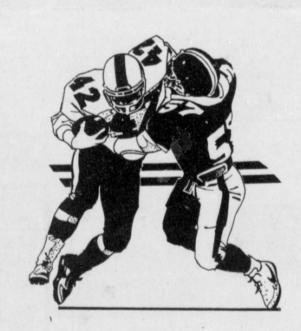
1991 Three Way



Friday, November 8 Game Time - 7:30 p.m.







Three Way vs. Cotton Center

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