## Penasco Valley News

AND HOPE PRESS

HOPE SCHOOL
Lake Arthur Panthers dit $\qquad$ Hope, N. M. Friday, Jan. 18. 1946

wiss bill ward
aree was presented with a corsag roo:ns and was led to the gift laden table. "Bill" as she is hnown to everyone thanked all those present, friends known all her life and friends of shorter the other Bill" for their gesture und wishes for an enduring happi fee and tea served to those prese

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this penasco valley news and hope press

## Ceaseless Battle Waged With Infantile Paralys is <br> By AL JEDLICKA

OCrabtre 30, 1944, C. H Crabtree, North Carolina tional Foundation for Infantile call to but, put in a long distance York. A serious outbreak of polio had occurred in the foothills of the Blue Ridge mountains and hospital facilities were being taxed to capacity. Answer ing Crabtree's urgent appeal almost immediately, the National Foundation sent $\$ 50,000$ to the Meanwhile the emergency. and Gastonia county chapters had plies and equipment for treatment
of the sick and streaming into the overcrowded Chariotte Memorial hospital and the The Red Cross recruited nurses and he National Foundation sent down

But still the disease raged, and he stricken poured in: youngsters with limp and painful limbs, some breathe. As ever, the dread dis ease made no distinction, as the helpin the hills, mill towns in the valley and from adjacent rural and urban Traveling to Hickory in the heart ferred with Dr. A. Gaither Hahn, chairman of the Catawba county
chapter, and Dr. H. C. Whims, couny health officer, and it was deterpital outside the town on the site of

## Build Emergency Hospital

## While Dr. Whims organized a rew of carpenters, plumbers, san-

 itation men, electricians and other workers, Dr. Hahn undertook to assemble beds, blankets, sheets, woolor hot packs, washing machines, wringers and other equipment to move in when ready. Again phon-
ing New York, Crabtree obtained ssurances that the National Foun-
dation would rush skilled polio spe ialists to the scene, Dr. Robert L ine at the Georgia Warm Srings andation, being among the first to
As the project took form, with
workmen laboring under floodlights to rush completion of a two-ward
40-bed hospital, the surrounding country caught the humane spirit tion, its local chapters and the county health officials, and contributed to the effort.
Mills donated blankets and remnants for hot packs, stores gave
furniture, lamps, electric refrigerators and sheets; lumber yards drew
on nearly depleted stocks to pro-
 RECOVERING patients must learn to walk all over again. Greg-
ory Carley goes through the gati-
training exercise at New York state econstruction home, West Haver-


SHEILA NUNAN, six-year-old paralysis victim, enjoys the muscle reDeborah Kinsman is giving Sheila the knee extension treatment.

and scientific institutions for studies
of virus and prevention and treat
ment of after-effects.
Thousands Trained in Therapy. Thousands Trained in Therapy.
Both physicians and nurses have Both physicians and nurses have
been given especial training in or hopedics and public health, with the latest major project embracing
the expenditure of $\$ 1,267,600$ for ,000 scholarships for physical ther
apy at approved schools and univer
sities.
 Able to quickly mobilize skilled
speciasts, the National Founda-
ion, as in the case of Hickory is ion, as in the case of Hickory, is
in a position to employ them where needed the most. In instances where the demand was widespread
funds were furnished for shuttling personnel from one area to another with the trained specialists often teaching willing bystanders tech-
niques in treatment to care for the
afflicted while they moved on elseafficted while they moved on else
As the March of Dimes extends his year from January 14 to
eing dedicated to the memory the late President, the nation is
reminded that eminded that polio is no respecte
of persons, nor is it confined to any persons, nor is it confined to a. Records for incidence of polio for the first 10 months of 1945 show tha
he 12,671 reported cases were well scattered throughout the U. S Though the North Atlantic states of
Now York, New Jersey and PennNew York, New Jersey and Penn
sylvania, with their large popula sylvania, with their large popula-
tions, were hit the heaviest, the east north central states of Ohio. Indi-
ana, Illinois, Michigan and Wisconna, Illinois, Michigan and Wiscon-
in suffered considerably along with sin suffered considerably along with
the west central states of Arkansas, Louisiana, Oklahoma and Texas. Known to be caused by a virus
which lives in sewage, is found in hich lives in sewage, is found in
he human intestines and is carried the human intestines and is carcur
by flies, infantile pparalysis occurs
in three stages. Early diagnosis is difficult because of its similarity to $\begin{aligned} & \text { ther sicknesses, like the common } \\ & \text { cold or scarlet fever. }\end{aligned}$ $\begin{aligned} & \text { sanita } \\ & \text { all tim }\end{aligned}$ all times.
 hroat, nose inflammation, nausea,
vomiting and fever. The second
stage is characterized by headache, stage is characterized by headache,
stiff neck and back, tremor of lips
and hands, general prostration, pain,
muscle tenderness, disturbances of muscle tenderness, disturbances of
the reflexes and changes in the spi-
nal fliuid, with a gradual appearance
becoming more intense as the infece
tion of the spinal cord progresses. As tion of the spinal cord progresses. As
many as 50 per cent of persons af-
fected in this stage recover without harm, it is estimated.
develops gradually from the second, spasms occurring, and fine,ly paral
ysis setting in on the affected mem

Because of the absence of any
preventive measures, emphasis is preventive measures, emphasis is
placed upon treatment since in-
fantile paralysis destroys nerve tissues and attacks either the spinal
cord or lower part of the brain in its beginning stages. One of the recent developments in
treating polio embraces Sister Kenny's hot-pack method, originally
sponsored and financed by the Na-
tional Foundation. Under procedure sponsored and financed by the Na-
tional Foundation. Under procedure
carried out by trained personnel, carried out by trained personnel,
Miss Kenny's system calls for the appication of sections of woile
blankets wrung out in boiling water, on the stricken areas to prevent con-
traction, twisting and distortion of traction, twisting and distortion of
affected muscles. Splints and band-
ages formerly used to avert damag age formerly used to avert damag-
ing after-effects are not utilized un-
der this technique
'Iron Lungs' Used.
In the "bulbar" cases where the
In the "bulbar" cases where the
lower part of the brain is involved,
respirators or "iron lungs" are often respirators or "iron lungs" are often
required because of difficulties en-
countered in breathing. Since pa-
tients tients cannot swallow, their saliva
may flow down into their lungs, so
it is important to keep their head it is important to keep their heads
below the level of their chests.
Sister Kenny's hot-pack method
usually is continued through the usually is continued through the
paralysis stage and often beyond the
acute period. Parents are trained acute period. Parents are trained
to carry on the treatment. Follow-
ing the passage of the crisis, surgery, muscle retraining, fitting of
braces, physical therapy and other Of all persons in this country
struck by polio, it is estimated that 50 per cent recover completely, 25
to 30 per cent show slight residual paralysis, 15 to 20 per cent suffer
marked effects and 5 to 10 per cent
die. In all instances, quick diagno-
sis and treatment sis and treatment are quecessary to
afford opportunity for recovery. Avoiding Infection. Because of the importance of re-
specting preliminary precautions during polio epidemics, the National
Foundation has compiled a series of Foundation has compiled a series of
helpful hints to minimize the
chances of infection. Since the great majority of case involve children up the 10 to 14 age group also susceptible, parents are
advised to watch closely instances advised to watch closely instances
vomiting, constipation, diarrhea, se vomiting, constipation, diarrhea, se-
vere headache or signs of cold or
for fever. Similar sy
bear observation.
No delay should be made in callment often spells the difference be tween recovery and disablement. Exhaustion from strenuous exer
cise should be avoided along with cudden chilling, as from plunging in
sudd cold water on a hot day. Removal of tonsils and adenoids during out-
breaks is inadvisable. Swimming in polluted water, and contact with suspected victims are extremely
dangerous. Personal eleanliness should be observed, and community
sanitation should be maintained at


Fast Feathering Is Desirable in Poultry

Superior Broilers Ar
Rapid Developers
Early development of feathers by a chicken is a good indication that
it will make a
ovellilfeathered and otherwise desirable broiler or fryer.
This is the conclusion reached by by
reserch research workers of the U. S. de. de.
partment of ariculture, atter three partment of agriculture,
years of scientific studie Prospects for superior marke
quality are still better if the chicken guaint are still better if the chicken
gains weight rapidy between the
ages of 3 and 6 weeks and has ages of 3 and 6 weeks and has a
tairly broad breast at the end of
tion These characteristics were found to beinherited. A poultryman, there
tore, in improve his bredin tore, can improve his breedin
stock, for the production of broil ers and fryers, by selecting those
chickens that feather and develop
rapidly during the frst few week
 of life. Differences among birds ater date.
Selection for fast feathering can
readily be made when the chicks are about a daye old by noting thicse
that have the longest feather sheaths

| Agriculture |
| :---: |
| In the News |



Ursolic melting point ofthose waxes. ranberry acind from the wax of
eutic applications. T The peutic applications. The oil from
hereeds. is used in inhmposos. Cran-
herry meal has become valued as berry meal has bec
a filer for plastics.

Improved Machinery


New type plow adjustable for deep A new plow designed by Oliver orpes set a few inches below and he upper bases. The one side of adjusted to normal depth for conentional plowing, while the lower bases, by widening and deepening
the cut, crumble the plowpan, or
hard undersoil, thitherto left un ard undersiil, hitherto left un-
ouched, mixing it slightly with the louched, mixing it slightly wit.
lower portion of the top soil.

 STAGE SCREEN RADIO
by virginia vale
$T$ ED COLLINS is well known as the producer of the "Kate
Smith Hour" and "Kate Smith Smith Hour" and "Kate Smith
Speaks," also as the man under Speaks," also as the man undet
whose shrewd direction Kate rocketed to fame. But among those who know the inside of ra-
dio he's famous as a star-maker an expert talent finder. Among an expert talent finder. Among
his alumni are Abbott and Costello,
Rudy Vallee, "The Aldrich Family," "It Rays fo Be Ignorant" and Tom-
my Riggs and Betty Lou. He passes
on scores of ideas, songs, guest stars
and radio aspirants each week. He on scores of ideas, songs, guest stars
and radio aspirants each week. He
listens to a new tune once or twice
and knows just how good it will be
one reason why so many hit song
have been introduced on the CBS
 "Wonder Man," in "The Kid From
Brooklyn" and to Bob Hope in "The
Princess and the Pirate." So Sam-

virginia mayo

2. How to Worship (vv. 6, 7 ). We
are to love Him and to keep His com-
mandments. There is to be in sho
 and pious may be the praise and
prayer of man, he has taken the
Lord's name in vain Lord's name in vain unless he keep
the Lord's commandments by living.
3. When to Worship (vv. 8-11). God
has ordained that has ordained that man should no
incessantly bear the burden of toil
He is to He is to have a day of rest and a
time for worship, undisturbed by the duties and responsibilities of daily
labor.
America needs a mighty stirring
up about the desecration of the
 17).
To be right with God means that
we will also be right with our fellowman. Conversely, the man who is
manifestly wrong in his rela-
tion to his fellowman is either not living out his Christian life in prac
tice. This should show in:

1. Family Life (v. 12). The fift commandment has to do with the
relation between child and parent
There is a plain and direct com There is a plain and direct com
mand that father and mother should be honored. Only in respect and
obedience to parents can the child
possibly find true and proper devel opment.
Parents who have permitted chil
dren to go astray during the war dren to go astray during the war
years will need to stress anew the God-required obedience to their au
thority.
2. Physical Life (vv. 13, 14). God is interested in our bodies. Alread
we have noted His provision for we have noted His provision for
day of rest each week. Now we
are reminded of the sanctity of hu man life. "Thou shalt not kill," and
mater
remember there are many remember there are many other
ways to kill a man other than shoot-
ing ing him. be sure that we are not Let us be sure that we are no
a party to the destruction of any-
one's life either by reason of careone's life either by reason of care-
lessness or greed. Note the emphasis on adultery.
Moral uncleanness, which is so aw-
fully common in our day is one of fural common in our day, is one of
fue most effective methods of de-
the stroying the body even while de-
grading and defiling the soul with sin. Social Life (vv. 15-17). "Thou
3. Shalt not steal""-and remember any shachonest appropriation of what does not belong to you is stealing,
call it what you will. And "false wit. ness" - how it has honeycombed our
very civilization! Not a little of it is found within the church, more
shame upon us! Lastly, we come to shame upon us! Lastly, we come t
"covetousness"- which has bee
called one of the "respectable sin of nice people." It is subtle an
often hidden. Let us root it out of our own lives by God's grace.

## Smmile Auhile ${ }^{3}$ <br> 

A couple of folding chairs are
fine for use in a small kitchen.
To run new tape
e or elastic through underwear, fasten the
end of the new to an end of the old. end of the new to an end of the old.
As new is worked in, old is pulled As new is worked in, old is pulled
out. Takes just about half the time
and effort. and effort.
Cut away one side of a grocery
carton and keep it for your very carton and keep it for your very
own. Kneel in the box when scrub-
bing floors. Protects knees and bing floor
skirts.

-e longer life for $p$
gently each day
d the feathers. fluff them gently each day
air around the feathers.

A warped door often can be cor-
Don't attempt to dry a fur coat skins and cracks. them.
A small piece of sandpaper
ing the food chopper into position
disposition. Grind anything you
When washing woodwork, use a wall next to door frames and base-

Take the headboard off that oldcomes the head. Make a slip-cover for the new head or leave as it is Lid-lifting -- -Lid-lifting and opening the oven
door causes heat loss that lengthens cooking time and wastes pre-
cious fuel


Buy U.S. Savings Bonds!

## (2) Mother heres's a fast-acting chest rub that will not initate childs  <br> Get MENTHOLATUM!

Bake sweeter, tastier bread!


NO WAITING-no extra steps! Full-strengthFleischmann's fresh active Yeast goes right to work. Makes sweeter, finer bread! And makes it faster ness-delicious flavor every time
IF YOU bAKE AT hOME, insist on Feischmann's fresh Yeast with the America's tested favorite for more 70 years. hesh-at your grocers


##  <br> nu.featurizsos -as

THE STORY THUS FAR: Adam Bruce,
department of justice operator vacation-
ing in the Northeastera
寺


 knowing that something serious had hap-
pened. He was assured that Bee was
not in trouble. He was to meet them not in trouble. He was
at the Faraway cotage.

## Chapter iI

While Tope began to get out
the bags, Bee and Mrs. Tope approached the cabin and the girl pro-
duued a key. Then, as she tried
the knob, she said, in a surprised tone, half to herself:,
She entered and began to raise
shades and let in a flood of light, and when Tope followed, with a bag
in each hand, she was explaining to Mrs. Tope:
built in. It's cheaper than buying, Tope set down the bags; and re saw beds end to end along one whil.,
and a chest of drawers beyond. The beds appeared to promise comfort.
The carpenter had built frames to support the springs and sheathed
these frames down to the floor, so rubbish to accumulate underneath. There were windows in front and
rear and toward the brook; and a ready for the match, and kindling and a crumpled newspaper under
them on the clean hearth upon which
Said Bee Dewain: "Trll open the
windows. It seems stuffy. Would you like a blaze?" may turn chilly."
Tope crossed to touch a match to
the paper under the kindling; but as he stooped down, he noticed something lying on the hearth, and held his hand.
portance. Another man, even though he saw it, would have discovered in
this object no implications at all. It this object no implications at all. It
was simply a match which had been was simply a match which had been
lighted and allowed to burn down
till till only half an
Tope's eye was caught by this
match almost completely burned and he saw two or three more, lying here and there. He had an old
habit of noticing unimportant things, of suspecting importance in then; so now before he lighted the fire,
he searched in the kindling and in he searched in the kindling and in
the crumpled paper and on the hearth behind and beneath the logs, till he collected eleven matches
which had like the first been lighted which had like the first been lighte
and burned almost to the ends b
fore they were thrown away.

Bee Dewain was saying: "And
supper will be ready at seven supper will be ready at seven
oclock. Now if there's anything else you want-"
"You say we're the first ones to
occupy this camp?" Tope asked occupy.
mildy.
"The very first," Bee assured him "I do hope you'll be comfortable." per's ready we ring a bell! You'll
be sure to hear!" As the girl's steps passed out of forgot to give her the message from "I was thinking of something else, Tope confessed; and he
asked: "Need anything more out of "Not for just one night!", "We might stay longer," he sug-
ested, and she smied. "Because a brook runs past the "When I see a place that looks fishy, I always want to try it out,"
he confessed. Something in his tone made her look at him; but he chuc-
kled disarmingly. She began to npack the few things they would first ones in here! ". she suggested. He said, half to himself: "I won-
der why they didn't turn on the lights." should she? Its still bra aylight!" persisted, in a deep abstraction; and musement. every day," she remarked, "but you ve unsuspectectings, your time of life, my dear. What are you wonHe hesitated, said at last: "Why
these!" He pointed to the mantel
she she came to look, and he showed
her those eleven burned stubs of matches which he had arranged in
order there. "I found them in the order there. "I found them in the
fireplace," he said, watching her.
"Why not?" she protested, amused. "Probably the carpenter or the plumbers or the electrician
threw them there, when they were
finishin finishing up the cabin."
"They would night," he insisted.
"At night? Of course not! But they'd be smoking, lighting pipes and Whoever lighted the
used them to see by." She said briskly: "Nonsense you trying to-scare me?" "No, no!" He stood by the man-
tel, his back to the fire, looking
thoughtfully this way and the thoughtfully this way and that
though he sought something. Yet in
this small place nothing of any siz

"Now,
want-"
hiding place-unless perhaps the box-like under-structure of the beds
"What is it you're looking for?" she asked." he insisted menda Nothing," he insisted, menda-
ciously. "Which bed shall I take?"
"The "The one nearest the fire. He nodded, and went to the foo
of the bed, built against the wall "I never saw anyone yet who tucke in my covers at the foot the way
like them," he remarked. like them,", he remarked
"I'll do it !"
"Not even you!"
She laughed softly
Th. "All right," old maid! I'll be down by the brook,
if you're bound to be so independent. Come out when you're through! Mrs. Tope left the inspector in-
side, and walked toward the brook
and and sat down beside the water
relaxed and at her ease. It may
have have been ten mintues b "Well, ready for supper?" she
asked, asked. He was a moment in answering
"Yes, I am." She looked at him in tently, and he added: "But you know, I don't like this cabin, I won-
der if Miss Dewain would let us change to one of the others, neare "Why? You act as though Fara He said in slow apology: "You'll Heve to get used to my notions. I go
a lot by the ", a lot by them. "We'll ask her when we go to sup
per," she promised; and after a mo per, she said, not looking at him
ment looking at the dark water: "O course, I know something is bother-
ing you and $I$ know you'll tell me
when when you're ready. But-if you're uneasy,
night?
He shook his head. "No, not to-
night. Tomorrow, maybe; but not
tonight."
Her Her eyes were grave, but she
made no comment; and they came down to the Mill together, came into the bright dining-room. Bee Dewain
was here alone, and Mrs. Tope said was her
directly
"Miss
our minds about Faraway?" And she explained, smiling apologetical
ly: "Mr. Tope lived in an apart ment before we were married; and
now he isn't happy unless he can now he isn't happy unless he can
hear traffic going by. He wants
be nearer the road." have Earl shift your bags while we
eat supper.," "I' eat supper." "Have you a pay st
Tope asked: "Ha Tope ask"
tion here?"
The girl The girl said: "Yes indeed!" She
showed him the phone in the closet under the stairs.
When he emerged, he said at once:
"You know, Miss Dewain, I think You know, Miss Dewain, I think
we have a mutual friend. Adam The girl cried with quick interest: "Do you know Adam?" Tope
"Known him for years," Theat
declared. "I've heard him speak of yoclared. Iact, he advised us to stop
yout. In We had lunch with him in
here. Middleford today. He said he'd seen
you just you just
his love!",
Bee, her
Bee, her eyes dancing, tossed her
head; and Tope said watching her: "He warned us not to mention his
name; said if we did, you wouldn't take us in!" " "Adan idiot!" said Bee De"Adam's an idiot!" said Bee De-
wain, her cheeks hot. While Tope was at the phone, the supper bell
had been rung violently by some one at the kitchen door; and as Bee
apoke, perhaps summoned by the spoke, perhaps summoned by the
bell, the gray-haired violinist ap-
peared in time to hear her words. "Oud young friend Bruce?" His tone was sardonic, hostile.
Bee introduced
Bee introduced him; and he
bowed, smiling. "Balser Vade, oth-
竍 erwise known as the Lone Wolf," he
and explained. "I have the dignity of a
cabin named after me, as Miss De-
abin cabin named after me, as Miss De--
wain may have told you." And he
asked: "What particular idiocy has wain may have told you .And he
asked. "What particular idiocy has
our Mr. Bruce committed now?" No one answered him, but Mrs.
Tope saw her husband's glance rest Tope saw her husband's glance rest
upon the violinist, a lively specula-
tion in the old man's tion in the old man's eye. Then oth-
ers came trooping in. The Murrell
twins and their ers came trooping in. The Murrell
twins and their father and mother
Mrs. Tope had already seen; but trs. were others, new arrivals,
there were
men. Miss Dewain introduced them. men. Miss Dewain introduced them.
Mr. Whitlock, she said, and Mr.
Beal. Mr.
Beal,
Insp
Tope toward their turned with Mrs. Tope toward their new cabin. It was
called Cascade. On the stoop, he
paused and looked around Dusk paused and looked around. Dusk
cloaked them from made sure of this; and he said in a "Go inside, my dear. Talk, turn
on the lights, draw the blinds. Read aloud. I'll come sone." And
without waiting for her assent, he without waiting for her assent, he
slipped away, his feet silent on the carpet of pine needles.
Mrs. Tope was Mrs. Tope was half impatient
with this mystery, and half alarmed. Nevertheless after a moment she obeyed him. She went in, and drew
the blinds. Then in sudden hastethe darkness was affrighting - she
switched on the lights, and found switched on the lights, and found a
magazine in her bag and began obemagazine in her bag and began obe-
diently to read aloud. Alone in the
cabin on and on.
But her eyes did not stay fixed on But her eyes did not stay fixed on
the page. Her nerves were steady enough; yet the steadiest nerves
might have been shaken by this ne-
cessity of sitting alone cessity of sitting alone, in a small
closed cabin with drawn blinds. Adam found the door open. He
went in, turned on the lights, closed the door. Some embers of a fire still
glowed on the heart ed fresh wood, and stood with his
back to the fire, intensely alett, lisback to the fire, intensely alert, lis-
tening for any sound outside, wondering where Tope wats, and what
the old man had to tell, and how soon he would appear. But almow t once he heard soft footsteps on
the turf-not on the gravel driveoutside; and then, without knocking,
Tope opened the door. He came in, Tope opened the door. He came
Mrs. Tope behind him.
"Hello, Adam," he said mildly. "Hello, Adam," he said mildly. so soon," Adam confessed, gripping
he other's hand. "Hello, Mrs. Tope. Inspector, if this is a wild-goose
chase, , 'lil take it out of your hide. I'm supposed to be back on the job
t noon tomorrow., "You'll have a job here," Tope old him. "Let, me give it to you order, Adam, he explained. So,
r'll get it straight in my own mind."
And as Adam nodded he went And as Adam nodded, he went on
slowly, as if weighing each phrase.
"When Miss Dewain put us in this abin, she said it was new this spring; and that no one had ever
spent the night in it. She had a key
to unlock the door here; but the door was already unlocked."; after the carpenters got chrough forgot to lock it."
"Maybe," Tope assented. "ButIdaybe, Tope assented. "But-
Here's the the that word thing. I iproably't
isted to 1 do's the next thing. I started to
Here'sht the fire, and saw a match on
liger light the fire, and saw a match on
the hearth. A burned match. It was
burned clear down; but not the way a match is burned when it is used
to light a cigarette. th

## ASK ME ?

A quiz with answers offering information on various subjects

The Questions The Answers 2. On what railroad is the fa 3. The land area of continental

United States is what? 4. How many Americans are 72. According to latest records, $\begin{array}{ll}\text { now church members? } & \text { church members. This is } 4,000,000 \\ \text { 5. What Roman slave extracted } & \\ \text { more than in 1943. }\end{array}$ a thorn from a lion's paw and later
had his life saved by that same 6. Less than 30 per cent of ex-
navy men and about 18 per cent of 6. How many war veterans re-
turn to their old jobs? ex-army men, according to recent
unofficial army-navy estimates.


Date-Bran Muffins, good as cake!
(Take no sugar, no shortening!)

 cups Kellogg's
 Add kriloaca's Aul dates Adac krtioac's ALt-rRas to molasses
and milk and allow to soad for 15
minutes. Beat elg and add to frrst
two-thirds full and bake in moderatoo
ly hot oven (400 F.) about 2 mins
utes. Makes 15 Might, luscious mumfins.

|  |
| :---: |
| ALL-BRAN is made fro LAyEnS of finest wh elements found in he whole grain. One-half cup prodally minimum need for iron |
|  |  |
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## DON'T LET THIS HAPPEN TO



Millions of unfortunate young. sters overseas cant rentember
anything but war, so they ve never known a tife wo whinut nnex-
nery. But you can help thean start ery. But you can help thean start
a new life of health and happiness by contributing the spare
clothing in your attic. and closests. All tyre of cllit): ing are ene ted, in all
out this clothing todur Victear Chome concmes tor overnaor Rolief jat 1733


THE PENASCO VALLEY NEWS AND HOPE PRESS


Packaged Mixes, Sugar, Syrup Aid Sweet Tooth


Even
simple
to simple to make creamy-smooth
chocolate pie with the directions given in the column. Whipped cream or meringue may be used as a top-
ping for this chocolate delight. Culinary Strategy
If you're one of those cooks who
likes to have toothsome dishes to set on the table, Lut hates to fuss
with too many of the frills, then there's no time like the present to
try out some of the ready-mixe New brides, and by those I mean
not only the recently wed, but those who have been
married for
awhile but are just now cooking
for a brand new for a brand new
husband, will find
procery of help on shelves. A twist of the wrist at home, an
eye to attractive decoration, along with an ability to follow instruc-
tions will yield rich rewards.
It used to be that It used to be that a pie was diffi-
cult to tackle, but not with all the sugar-saving mixes we now have on
hand. You can use one of the packaged preparations for the filling, or
sweetened condensed milk which is now back on the market. The pie shell, too, may be made
of a ready-prepared mix, or it can good pie crust recipes which you have on hand. In a cream pie, the
crust is baked ahead of time and allowed to cool before filling.
Magic Chocolate Pie.
2 squares unsweetened chocolate
$11 / 3$ cups (1 can) sweetened $11 / 3$ cups ( 1 can) sweetened con 1/2 cup water
Baked pie shell ( 8 -inch)
Melt chocolate in top of double
boiler. Add sweetened condensed
milk, stirring over boiling water milk, stirring over boiling water
about five minutes or until mixture is thickened. Add the water and mix
until thoroughly blended. Pour into baked pie shell and garnish with whipped cream,
before serving.
Make tart shells either in muffin tins or small pie plates. Prepare
butterscotch filling according to directions on packaged mix, \&dding a
beaten egg yolk and melted butter if extra richness is desired. Fill
cooled pastry shells and top with meringue made by beating an egg
white and blending in two tablespoons of granulated sugar. Swirl on top of tarts and brown und
for two to three minutes. For those of you who are anxious
about making desserts, there's等 (thn) $\begin{aligned} & \text { extra-sweet corn } \\ & \text { syrup on the } \\ & \text { market. It con- } \\ & \text { tains a higher } \\ & \text { amount of dex- }\end{aligned}$ is not only more nutritious, it is
also 50 per cent sweeter than the standard corn syrup.
Hille are two recipes which you corn syrup: Refrigerator Cookies.
(Makes 4 dozen 2-inch cook (Makes 4 dozen 2 2-inch cookies)
$1 / 2$ cup shortening $1 / 2$ cup shortening
$1 / 2$ cup sugar

| Lynn Chambers' Menu Ideas |
| :---: |
| Meat Loà Creamed Potatoes Buttered Cabbage Cinnarnon Rolls Green Salad -Butterscotch Tarts |

Lynn Says:
Prepare foods in advance and
save time: Meat
Prepare foods in advance and
save time: Meat loaves, stews
and soups may be made in adand soups may be made in ad-
vance and stored in the refrigera-
tor for later vance and stored in the refrigera-
tor for later use. Just heat and
serve wher serve when ready. Mix a week's supply of refriger-
ator rolls and bake as needed.
Freshly baked bols ator rolls and bake as needed.
Freshly baked rolls are always a
trest

## treat. Dry

 Dry ingredients for biscuits,muffins and pastry can be mixed in advance and the liquids added just before using. Chilling makes
most of these mixes even better most of these mixes even better.
Home-made frozen creams Home-made frozen creams,
ices and sherbets may be made
in advance and stored in the in advance and stored in the
freezing compartment.
Gelatin puddings and salads Gelatin puddings and salads
are quickly served if they are
tossed toget tossed together in advance. Cus-
tards, too, keep well when chilled
$1 / 3$ cup extra-sweet corn syrup $1 / 2 \mathrm{egg}$, slightly beaten
$1 / 2 \mathrm{teaspoon}$ vanilla 13 ceapson vanil
$1 / 4$ cups flour
1/2 teaspoon baking powder Cream shortening and add sugar
slowly, creaming well after each
dddition addition. Add the corn syrup, a small amount at a time and con-
tinue creaming. Add a third of the egg at a time and beat well after
eech addition. Blend in vanilla. Sift four, measure and sift with baking
powder. Add to creamed mixture, blending well. Shape into a roll, two
inches in diameter. Wrap in waxed inches in diameter. Wrap in waxed
paper and chill in refrigerator. Sice
very thin and bake in a moderately ery thin and bake in a moderately
hot (375 degrees F.) oven for 10 7 Apple Pie.
7 apples
1
1
cup extra-sweet corn syrup cup cream
1 cablespoon corn starch
1 tablespoon sugar 1 tabiespoon corn sta
1 tablespoon sugar
1 teaspoon cingamon 1 teaspoon cinnamon
1 pie shell
Peel and core the apples and then
cook them with the corn syrup in a til tender. Re-
 the syrup. Make a pie shell using
a nine inch tin. Place the apples
in the pie shell, one tablespoon of cornstarch, one
tablespoon of sugar and dust cinnamon. Bake the pie in the open


Butterscotch tarts are easy to
make when the pastry shells are prepared or mixed in atvance. A
ready-made filling will taste ready-made filling will taste home-
made with the addition of eggs and butter, added for richness.
 cookie jar filled on busy school
days, then youll like this recipe which makes four dozen delectable
crunchies: $\underset{\text { Orange }}{\text { (Makes }} \boldsymbol{4}$ Crunchies. dozen) 1 cup flour $11 / 2$ teaspoons baking powder $1 / 2$ teaspoon sa
$1 / 2$ cup soft sh
$1 / 2$ cup soft shortening
$2 / 3$ cup sugar
1 teaspoon grated orange rind

3 cups corn flakes
$3 / 4$ eup broken nuts
$3 / 4$ cup broken nuts
Sift flour before measuring, then sift again witt shoaning powder and
salt. Cream shortening, add sugar and orange rind and cream until
light. Beat in egg vigorously. Add
four mixture alternately with milk.
Fold in gradually corn flakes and flour mixture alternately with milk.
Fold in gradually corn flakes and
nuts. Drop from teaspoon onto a nuts. Drop from teaspoon onto a
greased baking sheet, two inches
apart. Bake in a moderately slow
and apart. Bake in a moderately slow
(350 degrees $F$ F.) oven for 15 min-
utes or untill lighttl browned. Re-
move cookies from pan at once. utes or until lightly browned. Re-
move cookies from pan at once.
Released bv Western Newsoaver Unlon.

here's all you have to do..

1) Diviv in tor ot thorough titre inspection. (There

Your smooth tires will bereroiced with looners
 Method. (You get a quality recapping job.) B4 $\begin{gathered}\text { When new Firestone De Luxe Champion Tires } \\ \text { are ovailable e to you, we will equip your car ond } \\ \text { buy your recapped tires. (You get the best tires }\end{gathered}$ buy your recopped
money can buy.)

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eliminates the guesswork about the condition of your tires.

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## VALLEY THEATER ste.mox-tuss Barbara Stanwyck Dennis Morgan "Christmas in Connecticut"



