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THE TEXAS AMMNACDVISION
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there a choice? Unmarried mothers do have a choiceToday The Smithlawn Mater-
nity Home of Lubbock ex nity Home of Lubbock ex-
tends a compassionate tends a compassionate hand
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600 unwed mothers and the
and adoption of their babies in the
past decade.

## REWARD NOTICE

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any person or persons found any person or persons foun
butchering or stealing any sheep or lambs or goats be-
longing to any Associaticn longing to any Associatich
member in good standing nember in good standing
When two or more persons give information, the above
sum will be divided at sum will be divided at the
discretion of the Board of
the Association. When two the Association. When two o
more defendants are involve in a single crime, the tota
reward is limited to $\$ 500.00$ reward is limited to $\$ 500.00$
but the conviction of one de
fendant, even the fendant, even though the oth
er defendants are er defendants are acquitted
will entitle the claimant claimants to said sum of
$\$ 500.00$. All claims must be submitted within ninety ( 90 days following conviction. If upon conviction, a delendant
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the conditions of the conditions of payment
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mediate career employment mediate career employment
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##  <br> Sterling City News.Record

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[^0]sterling city (tex.) news-RECord. Feb. 9. 1973

## STERLING CITY

 NEWS--RECORDJACK DOUTHIT, Publisher Entered November 10, 1902,
at the Sterling City postoffice as second class matter.
Published Every Friday SUBSCRIPTION RATES 33.00 A YEAR IN COUNT
$\$ 3.50 \mathrm{~A}$ YEAR IN STATE $\$ 4.00$ A YEAR OUT STATE NEWS established in 1890 RECORD established in 189
Consolidated in 1902 Cards of Thanks, reader or classified ads are charged for
at the rate of 5 c per word fo at the rate of 5 e per word for
the first insertion and 3
Phone in your personal item of news-your visits, your
visitors, $\quad$ your parties, etc visitors, your part.
News-Record
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## notice-

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ALUMINUM STRETCHES ENERGY RESOURCES
 America's accelerating use of fuels
uranium
ergy, bese basic sources of enformed into electly or trans pel all vehicles, heat and cool
our cork homes, run appliances,
and refrigerate foods and power our industries.
The use of alum environmentally thrifty met al, stretches fuels and energy
the people Aluminum point out.
"Aluminum does not d
teriorate and is easily teriorate and is easity recycled
with little expenditure with,"'tle expenditure of en
ergaid Dr. Robert F ,
Testin, director of Testal director of environ-
mental planning for Reynold mThat planning for Reynolds
"Thes it an energy bank that can be drawn upon again and again. When long.
lasting aluminum products lasting aluminum products
are finally discarded, melting
them them down for refashioning
into new products takes into new products takes less
than 5 per cent of the energy than 5 per cent of the energy
used to make the aluminum
originally originally.
Because it is
nly only one-third the weight of
steel, cooper num provider or brass - alumitity of material per quanthe phenomenon stretches aluminumy used in making of aluminum yields two to three times more items than
are obtained from a ton of other materials," according to
Dr. Earl E. Patterson, who heads up Reynolds metallur gical research.
An example of Dr. Patterdrink containers. A ton of steel produces 15,400 steel
cans, and a ton of glass make cans, and a ton of glass makes
5,000 bottles, but a ton of
aluminum results in 32,680 all-aluminum cans.
An article in the Reynold Amhtica senergy supply. The
light metal cuts fuel con-
sumption sumption in all kinds of
vehicles - aluminum highway vehicles - aluminum highwa
trucks, automobiles with thei trucks, automobiles with their
aluminum parts, aluminum railroad cars, aluminum boats

and ships with aluminum | $\begin{array}{ll}\text { and ships with } \\ \text { superstructures. }\end{array}$ | $\begin{array}{l}\text { aluminum } \\ \text { The } 1973\end{array}$ |
| :--- | :--- | superstructures.

The 1973
autos average
pounds of
about 78


In heating and air condi tioning, which take 27 per
cent of the energy supply ent of the energy supply
aluminum insulation and ducts, because of their high
heat reflectivity cut fue heat reflect
sumption.
Durable aluminum siding windows and other construc tion items greatly reduce use
of resources and energy in of resources and energy in
maintenance, repair and re. placement. The article points
out that aluminum will out that aluminum will not
rot or warp, and is immune rot or warp, and is immune
to red rust, mildew and termites. In cooking, the rapid heat conductivity of aluminum
pots and pans - six time pots and pans - six times
faster than steel, for example gas. In the refrigerator, foods gas. In the refrigerator, foods
in aluminum foil chill or freeze quicker than when
wrapped in paper or plastic wrapped in paper or plast
film, saving electricity. The public depends on aluminum electrical cable for low-cost delivery of electrici-
ty to the home. Replacing expensive copper, aluminum cable has lowered
body's electrical bills.

## Spatlight <br> $t$ an <br> MEALTM

PROFILE OF A COLD VICTIM
What are your chances of
catching cold? According to a $\begin{aligned} & \text { prevent spreading a cold to } \\ & \text { the rest of the family, to }\end{aligned}$ booklet on the subject, friends and to co workers, they're especially good if everyone should have his own you re female, live in a large glass, cup, silverware and eastern part of the U.S., and washed thoroughly and often are the mother of a child preferably with a liquid antiunder 6 years of age. Young
children are the greatest cold-
ba cterial skin cleanser.
pHisoHex is the one that spreaders. Your chances are used in most U.S. hospitals to further enhanced if you're help prevent spread of infec
going throush a period of tions. Particularly during the stress and strain. "Content-
ment preserves one even from catching a cold," the great philosopher, Neitzsche once
said. The booklet, which dis. distributed by Winthrop Laboratories, the makers of
Neo-Synephrine nose drops and nasal spray that are
widely used in the U.S. and abroad.
Keeping up one's resistance Keeping up one's resistance
helps to avoid the common
cold, according to the publi helps to avoid the common
cold, according to the publi-
cation, which advises getting cation, which advises getting
sufficient fresh air and exer.
cise, well-balanced meals, and cise, well-balanced meals,
as much sleep as possibe in a
well-ventilated bedrom well-ventilated bedroom. In
cold weather areas, an extra cold weather areas, an extra
hour a night is recommended. Early stages of the com-
mon cold are the most contamon cold are the most conta-
gious. Every sneeze fills th
iir tions. Particularly during the
cold season, it is wise to keep cold season, it is wise to kee
a handwashing preparation in
the kitchen, as well as in th the kitchen, as well as in the
bathroom. Your chances of catching a
 Winth taken. Howeve the Winthrop booklet als
states that it is not com states that it is not con-
pletely possible to avoid a
cold. Just breathing the cold. Just breathing the air air
that someone with a cold ha that someone with a cold has
merely talked into offers the possibility
healthy peroun

## A GIFT OF LIFE

to the Amer Cancer Society in memory of your love one will help support a program dedicated to the conone will her cancer. Your memorial gift will only do honor to the dead. It could help provide a gift of life

Memorial gift funds may be sent to your local American Cancer Society office.

AMERICAN CANCER SOCIETY

## Social Security Tips

Worried about proving your
age? J. M.Talbot, social securge? J. M.Talbot, social secur-
ity manager, said the people ity manager, said the people
at your social security
office may be able to help you mak your claim. There are some things you can do ahead time. In you were born in when you were born, write for
state your birth certificate. If the state where you were born
wasn't keeping birth records at wasn't keeping birth records at
the time, the next best thing the time, the next best
is a baptismal record. If youtismal record If you were baptized before
age 5, you'll be asked to find out if there is a record. If there is, it is all the proof of your age you'll need.
If you have no birth or baptismal record, the people
workng in the social security workng in the social security
office will be happy to suggest office will be happy to suggest
some other possibilities. Some some other possibilities. Some
examples are an old family Bible, school records, and fed eral census records.
You may not recall now,
but when you bought your marriage license yought your your age. You may also have some old insurance policies proofs to try is quite long When you file your claim, it helps if you have already fund the oldest thing you can that shows your age. Usually,
the older the record the bet ter it is for proving your age It will help the people at the social security office pay your benefits sooner if you think ahead on your age.
Many times a telephone call
before you visit the soi before you visit the social se-
curity office will help. curity office will help. You
may be able to file your claim by phone. Contact the Social Security Office at 3000 West Harris Avenue (P. O. Box
3808 ) in San Angelo, Texas $3808)$ in San Angelo, Texas,
or see the reser or see the representative when
he is in your area. Persons who are unable to meet with
him are encouraged to call the office in San Angelo at 949-4608.
"If I apply for disability
benefits, do I have to benefits, do I have to be examined by a social security doctor before I can get any
checks?" This is a question checks? This is a question
frequently asked when disabled workers claim social security disability insurance benefits.
J. M. Talbot, social security
manager, says manager, says the social secur-
ity law requires the applicant ity law requires the applicant
to supply the medical records on his condition. When you apply for benefits, you must provide a report from your attending doctor or hospital. Information from the attend
ing doctor and the hospital ing doctor and the hospital is
generally all that is needed. However, in some instances,
a specialist's report may be necessary to clarify a question or ron. You may then be asked tion to help provide the extra information.
When you apply for disa-
bility benefits, be ready to give the names and addresses of all your sources of medical
treatment for your disablin condition. for your disabling Social Security Administra tion receives employer report of earnings showing incorrect social security numbers of
employees, according to J.M. Talbot, social security mana ger. These incorrect reports, in many cases, happen when
a girl has married but does not have her name chang
ocial securty records.
Mr. Talbot stated that whe
a girl marries, she should com plete a 'Request for Change form. After completing the form and returning it to the social security office with her old card, she will be issued
a new social security card with the same number but showing the new name.

STATE HOTEL for sale
ease. H. L Hildebrand

## How to make your home more comfortable while you lower your energy costs.

Like to enjoy barefoot comfort in your home all year long?
Like to cut heating costs as much as a third?
Like to cut air conditioning costs as much as half?
The secret is through insulation.

Your home probably has some insulation already. But, thorough insulation includes an adequate amount in the ceiling, in the walis and under the floor. It also includes weather stripping, storm doors and storm windows or double glazed windows.
Once you have good insulation, you can forget about cold floors, cold walls and chilly corners. You'll be more comfortable and enjoy your home more.
The cost will vary, depending on the style of home and amount of insulation already in it. But, one important fact to keep in mind is that insulation is the only comfort improvement you can make in your home which requires no maintenance, yet pays for itself through lower energy bills.
Ask an insulation dealer for advice and a free estimate, or call WTU for more information.


## West Texas Utilities

Company
NATIONAL ELECTRIC WEEK FEB. 11 thru 17.


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LIONS CRIPPLED
CHILDRENS' CAMP
CHILDRENS CAMP
Members of Lions Clu
throughout Texas this month
led children which has given youngsters a new dimension since it was opened in 1953. ville in the Hill Country crippled, blind, deaf or mute
children from the ages of seven through sixteen. The
17 permanent buildings and the 504 -hill-side acres dotting than $\$ 700,000$.
sters who camp, these younga normal childhood through to shed their shyness imposed
by their handicaps. By mutual association with other handicapped children and by skill.
ful and gentle counseling these youngsters have found the freedom to grow, mentally
and spiritually, into useful citizens of tomrorrow
While the Lions are paying
tribute to their camp, w tribute to their camp, we
would like to pay tribute to who have supported this great a man never stands so straigh as when he stoops to help
crippled child.

## HELP WANTED

 HOMEMAKERS ... Earnextra spending money without extra spending money without
leaving home. Occasional telephone interviewing. Exper-
ience not necessary. No sell ing. Must have private telephone. Send letter including name, phone number, education, any work experience, and names of references to. American Research Bureau, dale Road, Beltsville, Mary land 20705 .
 youngsters are luckier than most of their peers. Through American generosity, they are otherwise neatly clothed.
As recipients of gifts collected during the Catholic Relief Services Thanksgiving Clothing Campaign, they can attend school without
suffering the humiliation of raggedness. Many parents in suffering the humiliation of raggedness. Many pareverty to
underdeveloped countries are eop prod despite grinding pover
send their children to school in tatters. Such youngsters' deprivation send their children to school in tatters. Such youngsters' deprivation
is compounded. They are robbed of the bodily protection and dignity is compounded. They are robbed of the bodidy protection and dign.
that decent clothing gives... of even an elementary education. that decent clothing gives $\ldots$. of even an elementary education. . .
and of the chance in adulthod to make an adequate living - ari
opportunity linked directly to education. opportunity linked directly to education.
By taking your usable surplus clothing to the nearest Catholic
俍 church in November, you can help to break


Rubber Stamps Sold at the News-Record


## SCHOOL LUNCH ROOM MENUS

 (All Type A lunches servedwith $1 / 2$ pint milk, bread and LUNCHES
MONDAY, FEBRUARY 12
Burritoes
Slaw
Corn
Fruit
Jello
TUESDAY, FEBRUARY 13 Italian Spaghetti
Peas
Tossed Sala Browniese
WEDNESDAY, FEB. Chicken Fried Steak Chicken Green Beans Apple Crisp
THURSDAY, FEBRUARY Hamburgers
Lettuce Lettuce
Tomatoes
French Fries
Fruit
FRIDAY, FEBRUARY 16 Chicken Enchiladas Pinto Beans
Spanish Rice Spanish Ri
Pudding

## BREAKFASTS

MONDAY, FEBRUARY 12 Scramble Eggs Applesauce
Biscuits UESDAY, FEBRUARY 13 Doughnut
WEDNESDAY, FEB. 14
Cinnamon Rolls
Peaches
THURSD
THURSDAY, FEBRUARY Scramble Eggs
Grape Juice Grape Ju
Biscuits
FRIDAIT, FEBRUARY 16 Banana

BUSINESS OPPORTUNITY MAN OR WOMAN
Unusual opportunity for man or woman to restock new type coin dispensers with high qua
lity packaged food products Handling brand names only No selling. Dependable person can net VERY HIGH EARN INGS. Part or full time. Re-
quires $\$ 1150$ to $\$ 3250$ cash sequires $\$ 1150$ to $\$ 3250$ cash se
cured by inventory and equip ment. Write for personal in terview, giving phone numbe to Inter-State Dist. Co., 455
East 4th South, Suite 206, Sal Lake City, Utah 84111.

SPARE TIME INCOME WANTED AT ONCE-Deal
er to supply Rawleigh house hold necessities to consumers. Memphis, Tenn. 38102.

## AREA DIRECTOR VENDING AT ITS BEST $\$ 995.00$ starts you Part Time (4 hours weekly) EXTRA MONEY IS ALWAYS HELPFUL Our company gets approved writing-at no charge. Call or write for additional information and please include your address and phone number. HANDI-SNAX, A Division of DM Corp. 3318 E. Highway 67 , Mesquite, Texas 75149. Phone: a-c 214-270-4448 <br> CANDY SUPPLY ROUTE Unusual opportunity for man or woman to restock new or woman to restock new type coin dispensers with type coin dispensers with high quality packaged food prod-

 qually packaged food products. Handling brand names ucts. Mo selling. Dependable person can net VERY HIGH

EARNINGS. Part or full | EARNINGS. | Part or full |
| :--- | :--- |
| time. Requires $\$ 1150$ to $\$ 3250$ |  | cash secured by inventory and

equipment. Write for personal interview, giving phone number to: STRATEGIC FRAN
CHISE 500 South Ervay CHISE 500 South Ervay-
Suite $629 \mathrm{~A}, \quad$ Dallas, Texas Suite
75201.

NOTICE--The Volunteer Ser vice League meets every second Monday at 7 p.m. at the
Sterling County Hospital and Nursing Home. Please arrange

THE LANGUAGE OF FOREIGN MARKETS Called "dincro" in Span- $\begin{aligned} & \text { Sultivan. It uses programmed } \\ & \text { sh, "argent" in Frencl, and } \\ & \text { texts and coordinated }\end{aligned}$ "gelt" in German, money is sette tapes and the student
luring increasing numbers of can work whenever he want American executives to visit to and at his own pace. With
to business.
Progressive companies are $\begin{aligned} & \text { personnel fit their lessons in } \\ & \text { between projects, when com }\end{aligned}$ Progressive companies are
realizine that the demand for realizing that the demand for
the bilingual executive is the bing. They have, there-
growi
fore begun adopting language growe, begun adopting language
training programs for their
training p
Previously, training of em
ployees. was. done in class room groups. But most com panies have found thal 'the
busy businessman couldn't be
tied down to a $10: 30$ clas tied down to a $10: 30$ clas
twice a week-and preferred lwice a week-and preferred to
an individualized approach to learning. Employees of Control
Eata Corporation Data Corporation had an even
more troublesome "time" problem. Twenty-five em probees. of this computer
ployes
company company were being sent to Germany to set up a system
for Volkswagen. They wanted to learn German but couldn't be pinned down to a sched-
ule, since they were needed ule, since they were needed
whenever computer time was available. Sullivan Language
The Schools, a nationwide ne quarters in Palo Alto, Calif. solved their problem by setting up an individualized The unique Sullivan method was developed under a Car
negie Foundation Grant by

chools have also helped Sears, Roebuck and Co. fash-
ion buyers to learn French and the Latin American Sec-
tion of A.B. Dick Co to learn ion of A.B. Dick Co. to learn
Spanish. The ambitious Jap. Spanish. The ambitious Jap.
anese of Mitsui Corp. who
already already speak English are
moving on to French, Ger man and Spanish.
Even if their employees are not assigned to overseas
duty, some large firms duty, some large firms are
offering language lessons as offering language. lessons as a
fringe benefit. Companies with plants in Spanish.Amerian districts sponsor courses
in Spanish so that their peo ple can better relate to the community.
All in al who says, "I the executive who says, "I don't need
second language-there's al
ways someone ways someone who speaks
English" may become obso the noted linguist Dr. M. W

## OF EDUCATION

## 

College Students: Bored of Education? To many con cerned tant and just as diffricult an and
arents, today's college
any course a school has patedns.
students seem much less im. pressed with the importance
of their education than were students of years ago. Some-
times, the students even seem


But educators and psychol ogists point out-seriously,
yet sometimes with a smilethat many college student
today are learning far more a today are learning far more a
school than their parents eve
Today education is ferent. Not only do new
teaching methods make learnteaching methods make learn ing easier and lots more
effective, but also college is seen as a place for social-a well as academic-instructio
Which is as it Which is as it should b college is a mini-model of the lough outside world studcnts
will soon enough have to cope with and function in And adjusting properly


The Radlas Tlorniung detivg CALL
Your Local Dallas News Dlafributo

## CIRCULATION DEPARTMENT THE DALLAS MORNINE NEW

THE DALLAS MORNINE NE
COMMUNCNTONS CENTER

NAME
air 4


[^0]:    TEXAS SHEEP \& GOAT
    RAISERS ASSOCIATION

