

STERLING CITY NEWS-RECORD

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PUBLISHED EVERY FRIDAY AT STERLING CITY, TEXAS

SEPTEMBER 21, 1962

No. 38

Style Show Here Next Thursday

Sponsored By FHA Chapter

The local Future Homemakers of America chapter is having a style show here at the school auditorium Thursday evening, September 27 at 7:30 o'clock. Models will wear fashions from the Fashion Shop in San Angelo.

Following the show a pie supper will be held in the school lunchroom. Prices for the show will be \$1.25 for adults and 75c for children and this includes the price of the pie supper.

Modelling clothes will be Edna Davis, Bonnie Gartman, Algerne Tomlinson, Cecilia McDonald, Lois Ethel Price, Mitzi Davis, Ollema Davis, Temple Ann Foster, Lee Douthit, Janie Copeland, Beverly Dunn, Nelwyn King, Shirley Price, Bitsy Durham, Karen Williams, Louise Alexander, Mary Morris, Betty Jo Barrett, Jeanie McDonald, Rosanne Foster, Betty Jo Daves, Carolyn Tindall Karla Jackson, and

Mary Helen Reed, Carolyn Ferguson, Mary Loury, Claudia Collins, Patsy Martin, Virgie Garrett, Fern Butler, Pat Copeland, Bobbi Glass, Lyn-dia Glass, Ruth Reed, Dorothy Lowe and Elizabeth Horwood.

Ice Cream Supper MONDAY NIGHT

The Lester Fosters, the William Fosters and the J. Q. Fosters entertained with an ice cream supper around the patio at the Lester Foster home here Monday night. Approximately 85 persons were present. Ice cream and cookies were served.

Invited guests included the high school students and the school faculty members and their families.

Sterling High Library Club

The Sterling City High Library Club held the first meeting on September 15 at 6 p.m. in the home of Mrs. Frank Milligan for the purpose of electing club officers.

The first step of the meeting was a course of cake and iced tea served by Mrs. Milligan, who acted as chairman in the election.

Officers were elected by written ballot with the following results: Edna Davis—president Beverly Dunn—vice-pres. Ollema Davis—secretary James Morgan—treasurer Algerne Tomlinson—reporter and historian.

The Sterling High Library Club is a member of the Texas Association of Assistant Librarians.

New Truck Stop Due To Open Monday

The new Col-Tex Truck Stop and Cafe at the west end of town will open next Monday, September 24—that is—barring unforeseen delays, said Mrs. Charley Pate. The Pates will operate the cafe and D.J. Norton will run the station.

Free coffee and doughnuts will be served all day, said Mrs. Pate. Built by the Tommy Gage Oil Company, the new station is just east of the old Col-Tex station that has been in operation here for several years. By Gage and Norton. Spacious and trimmed in a pale brickcrete trim, the new station and cafe has plenty of parking space around the premises. It is planned to have twenty-four hour service at both the station and cafe.

Lions To Have Pancake Supper Oct. 12

In action Wednesday noon, the Lions club members decided to hold a pancake supper at the community center at 7:00 p.m. Friday, October 12. The committee working up the supper is composed of Roland Lowe, H. A. Chapple and Earl Bailey.

Guests at the luncheon Wednesday were Bill Donalson of California and Mr. Jeffries of Abilene.

The prize went to H. A. Chapple. Besides the pancake supper other ways and means of raising money was discussed. A turkey shoot, a lightbulb sale, and a basketball tournament were discussed.

The good citizenship award made by the club each year was discussed.

Eagles Have Home Game Tonight

Second Game of the Season

The Sterling Eagles will get in their second game of season here tonight when they play Wellman at 8 o'clock.

Scout reports that the Wellman squad is still big and experienced. They were regional champs last year and are playing a senior (almost) team this year. They have nine senior boys on their roster and will start six seniors and two juniors.

The Eagles will counter with their usual group. But some changes have been made, said coach Dillard. They will use Royce Sparks more at quarter back with Jerry Payne alternating at QB and end. Billy Bauer will perform at center and right guard, while Vernon Asbill will play at right end and right guard.

Two promising freshmen, Mike Foster and Larry Stewart will see action with Mike at center and Larry at defensive guard.

Dillard said the probable starting lineup will include Crisp Williams, left end; Billy Joe Tindall, left guard; Mike Foster, center; Billy Bauer, right guard; Vernon Asbill, right end; Jerry Payne, left half; Danny Bailey, right half and Royce Sparks at quarterback. Bill Foster will be playing at half back and guard.

EAGLETS TIE SILVER THURSDAY NIGHT

Coach Fred McDonald's Jr. High Eaglets played the Silver team to a scoreless tie at Silver Thursday night. The local boys showed up well against the Coke Countians.

Since Silver has grades up through the ninth grade, Sterling borrowed some freshmen boys for the game.

O. W. Parker Dead; Funeral Saturday

O.W. Parker, 86, father of Mrs. Worth Allen of Sterling City, died Thursday morning of this week in an Iraan hospital. He had been ill for several months.

Funeral services will be on Saturday afternoon at 3:30 in the Johnson Funeral Chapel in San Angelo and burial will be in San Angelo cemetery.

Officiating at the services will be the Rev. Lee Butler, pastor of the First Baptist Church of Iraan and the Rev. C. A. Bickley, retired Methodist minister.

Mr. Parker was one of the last wagon bosses of the old Shannon Ranch in Crockett County.

RAINS EARLY MONDAY

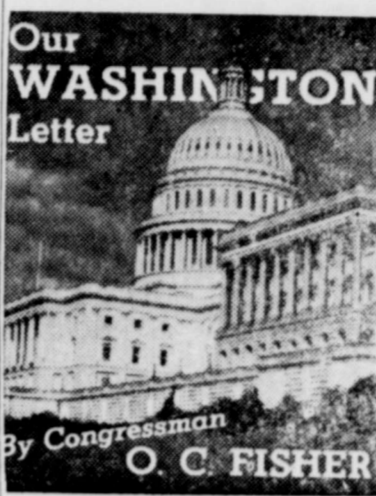
Good showers fell early on Monday morning covering most of the county and ranged from a half inch to more than an inch. To the south of town rain fall was heavier than in most areas. Here in town .90 inch fell. Worth Durham got 1.50 inches and farther to the south the fall was lighter.

Wimodausis Club Has Reassembly Lunch

The members of the Wimodausis Club held the reassembly luncheon Wednesday in the community center. Sixteen members and one guest (ex-member) were present, the guest was Mrs. S. A. Mahaffey of Fort Worth.

Mrs. Clyde Bowen led the group in the club collect and Mrs. W. N. Reed gave the president's greeting. Mrs. Frank Cole gave the federation news and Mrs. Roy Morgan discussed Our American Freedoms. Mrs. Bowen gave some parliamentary pointers.

The luncheon committee was composed of Mmes. Roy Morgan W. N. Reed, R. T. Foster, T. F. Foster and Nick Reed.



Adam Clayton Powell, the Harlem Negro Congressman, recently engaged in a notorious European junket, accompanied by two female secretaries. As Chairman of the House Committee on Education and Labor, Powell was able to finance the trip by drawing upon counterpart funds at various embassies overseas.

These funds are generated by foreign aid money which, with local contributions from the respective countries affected, is set aside for use in financing various projects. The money, by agreement, cannot be spent outside the Nations where it is set aside. And chairmen of congressional committees are permitted to draw upon that source for the financing of expenses considered necessary in the discharge of official business by the committee or its members and employees.

Committee chairmen are granted the discretionary right to determine when such use is justified.

Powell claimed his mission was to make a study of equality of opportunities for women as practiced in the countries where he visited.

But the press reports indicated he was using the money for a multitude of purposes not related to official business.

It is obviously the responsibility of the Congress to prevent such abuses of this privilege. I have introduced a bill to prohibit the use of counterpart funds by any committee, member or employee for any purpose. As I see it, about the only way to prevent such misuse of funds is to stop the practice in its entirety.

There's a chance for an international wool textile agreement to protect producers increases in imports.

With the blessing of Secretary of Commerce Hodges, something along this line is due to be considered at a meeting of the International Wool Study Group in London this fall. The objective will be to obtain agreement among various exporting countries that in the future there will be a fixed limit on the amount of wool textiles shipped to the U.S.A.

Polio Vaccine Day Postponed

The giving of the Sabin Oral Polio Vaccine doses here on September 30 has been postponed. The Tom Green-Eight County Medical Association, which was sponsoring the immunizing, is following the advice by health authorities, and the program may be put on later.

No Discount on School Taxes

There will be no discount on school taxes here this year, by action of the school board. Jim Cantrell, tax-collector, said discounts will still apply to county and state taxes.

This action presumably will give about \$2,000 or over taxes for the school district to use this year.

To American Bankers Meeting In Atlantic City

Roy Foster, president of the First National Bank here and H. L. Hildebrand, vice-chairman of the American Bank & Trust Company of Dallas, left Thursday on a special train out of Dallas for Atlantic City, N. J. where they will attend the American Bankers Association meeting.

Mrs. Foster and Mrs. Hildebrand accompanied their husbands. Following the Atlantic City meeting, they will all go on to New York City for a few days.

Epsilon Zeta Club Has Dinner Party

Members of the Epsilon Zeta Club met last Friday night at the community center. A supper plate was served, consisting of fried chicken, potato salad, tossed salad, green beans, hot rolls, cake, coffee and tea. It was a party night for members and their husbands.

Bingo was played and prizes were won by Mmes. Joe Blank, Clinton Hodges, Wayne Loury, and Leon Ferguson. A door prize went to Mrs. Chas. Probandt.

Present were Messers. and Mmes. Troy Templin, Fred Igo, Clinton Hodges, Leon Ferguson, Eddie Braswell, Wayne Loury, Charles Allen, Dale Bryce, Marshall Blair, Chas. Probandt and Joe Blank, members and guests Mr. and Mrs. Mims Reed and Mr. and Mrs. Larry Glass.

HOSPITAL NOTES

Patients in the Sterling County Hospital on Thursday morning of this week included—

Mrs. Cassie McCollum
Mrs. Charlie Drennan
Louie Alexander
Dismissals since Thursday morning of last week—
Tommy Foster
Mrs. A. M. Rodriguez

Sworn in as Lawyer

Dr. and Mrs. W. J. Swann attended the State Bar Association Monday in Austin, where they saw their son, Bill, sworn in. The affair was held in the State Supreme Court building there.

They attended a reception afterwards held in the State Bar Association building, honoring the young lawyers, their families and friends.

Bill Swann left Austin on Monday evening to attend the State Republican Convention in Fort Worth.

AROUND THE COUNTY



ARTHUR BARLEMANN, JR. COUNTY AGENT

Several changes have recently announced for the 1963 San Angelo Stock Show by Show officials. For the most part, they are additions to the show; one show, the adult Hereford Cattle Show, has been dropped however from the agenda and will not be held due to the lack of entries in the past.

The range ewe lamb show has been added for 1963. A popular show for several years, it was dropped last year. It has been brought back though due to the demand of many 4-H Club and FFA members. The rules are also new. This time, registered sheep will be allowed to show. Ewes must retain their lamb teeth; fleeces must grade 64 or better but there is no rule that says any breed is ineligible if the fleece meets the grade rule. The entry fee will be \$2 per head with first place paying \$100; this is conditional on the number of entries in the show. Placing will be made on the same basis as the past with 300 points a perfect score. The first score will be made on the lambs in the wool; the top ten groups will be sheared and scored on conformation for another 100 points. A wool man will then grade the fleeces and score them on the basis of 100 points. There will be only the group of three classes.

A junior Suffolk show has been added also. There will be one ram class and one ewe class for the junior exhibitors. Ages have not been specified yet.

Two bull calf classes have been added to the Junior Hereford Breeding cattle show. The classes added are for senior bull calves and junior calves. Previously the Junior Hereford show had been limited to senior and junior heifer calves; senior calves are those born between September 1, 1961 and December 31, 1961 while junior calves are those born between January 1, 1962 and March 31, 1962.

In the fat lamb show, Dorset lambs will be legal in the

crossbred class of the fat lamb show. This is the only change at present in the lamb show.

Dates for the 1963 San Angelo show have been set for March 6-10, 1963.

A new service has been recently inaugurated at A & M College for the benefit of Texas farmers, particularly those who irrigate. Facilities for testing water for salt content and for testing soil for the amount of salt have been put into operation.

Since all water contains some salt, a salinity problem exists in nearly all areas where irrigation is practiced. The test will determine if it is fit to use for irrigation.

The amount of salt in the soil is important because the soil type determines if salty water can be used. Soil can also be tested for fertilizer and limestone purposes; this service has been available for a number of years. Forms and instructions for these services are available at any county agent's office.

On Wednesday of this week, we received the report on the 100th sample submitted to the screwworm eradication program for identification. It was identified as screwworms. To date, 95 of the samples were identified as screwworms while 5 were other than screwworms. A county map has been posted in the courthouse on the bulletin board showing the location of all samples sent in from Sterling County since the beginning of the program. The location of sterile fly release boxes is also shown on the map; to date six of these have been found and reported.

The map shows most of the worm cases have been along the river and Lacey Creek. William, J. Q., and Lester Foster, Foster & Hildebrand, David Glass and Clinton Hodges, have shared the honors for the most cases. Samples have been sent in by twenty-six different operators in the county.

SCHOOL LUNCH ROOM MENUS

MONDAY, SEPTEMBER 24

Boiled Weiners
Pinto Beans
Buttered Spinach
Vegetable Salad
Cornbread Muffins
Cherry Cobbler

TUESDAY, SEPTEMBER 25

Hamburger Patties
Macaroni and Cheese
String Beans
Pickled Beets
Green Salad
Rolls
Applesauce Pudding

WEDNESDAY, SEPT. 26

Chicken Pie
Green Peas
Buttered Corn
Lettuce & Tomato Salad
Rolls
Pineapple Cake

THURSDAY, SEPTEMBER 27

Beef Stew with Vegetables
Buttered Broccoli
Sauerkraut
Crackers, Cornbread
Cookies

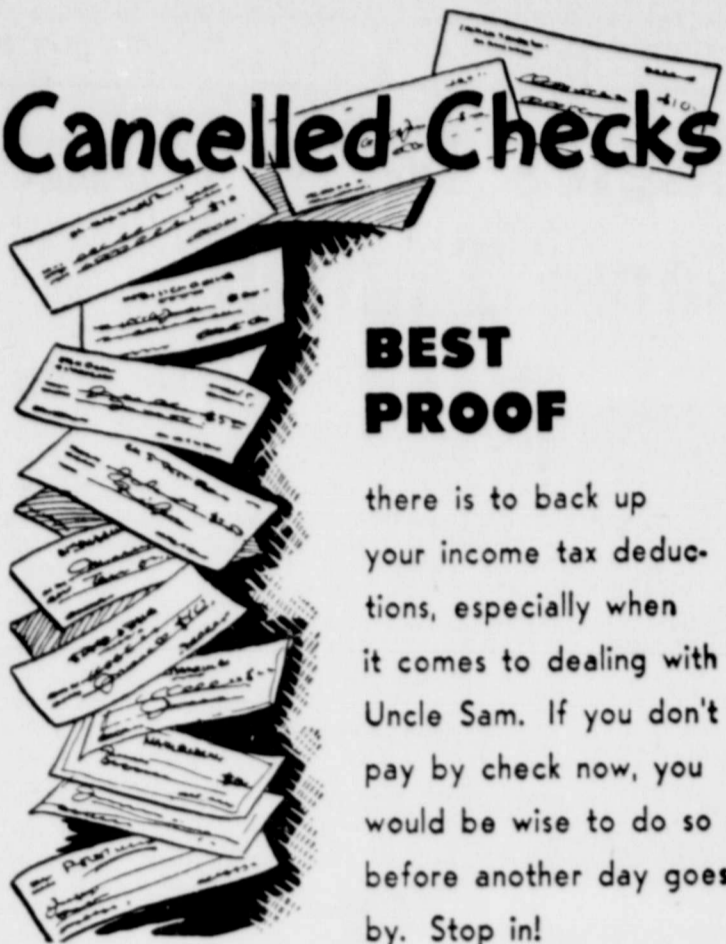
FRIDAY SEPTEMBER 28

Sandwiches
Peanut Butter & Crackers
Deviled Eggs
French Fried Potatoes
Lettuce & Tomato Salad
Doughnuts



DEAD OR ALIVE?

Cancelled Checks



BEST PROOF

there is to back up your income tax deductions, especially when it comes to dealing with Uncle Sam. If you don't pay by check now, you would be wise to do so before another day goes by. Stop in!

THE FIRST NATIONAL BANK
STERLING CITY, TEXAS

Sweatt Cleaners and Laundry Service

Twice Weekly Pickup and Delivery Service
In Sterling City—Monday and Thursday

We are leaving our cards at homes and businesses. If you have any cleaning or laundry, put the card sign out and we will stop.

SWEATT DRY CLEANING & LAUNDRY
BIG LAKE, TEXAS

GENERAL SYSTEM America's Largest Independent Telephone System



Man against the sky

The telephone lineman is another active symbol of service at General Telephone.

He climbs a pole with spur-like "climbers" strapped to feet and legs, and is silhouetted against the sky held firmly by his safety belt.

With the tools hanging from his belt he installs new wires and cables, and repairs lines when storms, wind and ice damage them.

He is one of many folks at General Telephone who suggest the convenience of another telephone in your home, now that the busy Fall season is here. They save steps, are available in many colors, cost pennies a day. Call the Business Office now.

GENERAL TELEPHONE

COMPANY OF THE SOUTHWEST



CHURCH OF CHRIST LECTURESHIP SET October 7-11

Marion Hays, minister of the local Church of Christ, announced this week that there was to be a lectureship at the church here October 7-11.

Guest speakers will speak each night at 7:30 said Hays.

The speakers in order for the series beginning Sunday night, are Darrell Flynt of Forsan, E. R. Garretson of Big Spring, Joe Barnett of Levelland, Herman Beauchamp of San Angelo and Curtis Camp of Big Spring.

Civil Service Examination

The United States Civil Service Commission has announced a new examination for Transmitter and Receiver Operator and Maintenance Technician for filling positions in field locations of the U.S. Information Agency's Voice of America program. The positions to be filled pay from \$3.05 to \$4.49 an hour and are located at Greenville, North Carolina and Honolulu, Hawaii. In filling the positions in Honolulu, preference in certification will be given to persons living in Hawaii.

The Voice of America broadcast operations are on a 24-hour, 7-day week basis. Assignments to these positions will be made to an 8-hour, 5-day shift based upon a flexible schedule subject to change. Shift assignments are made in accordance with broadcasting schedules.

To qualify, applicants must have had responsible experience in the operation and maintenance of broadcasting and receiving equipment which demonstrates a thorough knowledge of radio transmitter operations. Full details concerning requirements to be met are given in Announcement No. 283 B.

Applications will be accepted until further notice and must be filed with the Executive Secretary, Board of U.S. Civil Service Examiners, U.S. Information Agency, Room 2738 Tempo R Building, Washington 25, D.C.

Announcements and applications forms may be obtained at many post offices throughout the country or from the United States Civil Service Commission, Washington 25, D.C.

1962 Football Schedule STERLING EAGLES

- Sept. 7—Gail Here
 - Sept. 21—Wellman Here
 - Sept. 28—Dawson There
 - Oct. 5—Imperial There
 - Oct. 12—Open
 - Oct. 19—Grandfalls There*
 - Oct. 26—Jayton Here
 - Nov. 2—Garden City There*
 - Nov. 9—Imperial Here*
 - Nov. 16—Forsan Here*
- *Games are Conference.

REWARD NOTICE

A reward of \$500.00 will be paid by the Texas Sheep and Goat Raisers Association to any person (other than law enforcement officers) giving information causing the arrest and final conviction of any person or persons found butchering or stealing any sheep or lambs or goats belonging to any Association member in good standing. When two or more persons give information, the above sum will be divided at the discretion of the Board of the Association. When two or more defendants are involved in a single crime, the total reward is limited to \$500.00, but the conviction of one defendant, even though the other defendants are acquitted, will entitle the claimant or claimants to said sum of \$500.00. All claims must be submitted within ninety (90) days following conviction. If, upon conviction, a defendant confesses other thefts, no additional reward will be paid. All devisions concerning the payment of such reward and the conditions of payment will be made by the Board of Directors of the Association.

TEXAS SHEEP & GOAT RAISERS ASSOCIATION

Here's why Martha puts laundry in the freezer



A woman's work, especially the ironing, is never done. Sometimes Martha just has to take time out for shopping or visiting during the day. But sprinkled clothes can't be left to sour or mildew! So Martha pops them into a plastic bag and into the freezer they go. When she gets back, they'll be ready for her to start ironing again. Isn't it amazing how many ways women have learned to use flameless electricity to make living better . . . and, it costs so little, you can use lots of it.



FREEZER TIP... Sprinkle your clothes and place in Freezer for about 10 minutes and they will be ready for ironing.

This ad was suggested by Mrs. Russell E. Womack, Commercial and Public Service Division, Abilene, Texas

West Texas Utilities Company an investor owned company

IT'S CHRISTMAS CARD Time

We have the NEW 1962 CHRISTMAS CARD Catalogs on hand. We have books with the latest styles and latest designs.

Come in and make your selection early—or take the books home for an overnight leisurely selection.

Guess at the most popular sellers this season in the Masterpiece Catalogs. You might win a cash prize from the company.

ALL PRICE RANGES — ALL KINDS OF CARDS

Sterling City News-Record

STERLING CITY NEWS-RECORD

JACK DOUTHIT, Publisher
 Entered November 10, 1902, at the Sterling City postoffice as second class matter.
 Published Every Friday

SUBSCRIPTION RATES
 \$2.00 a year in Sterling County
 \$2.50 a year elsewhere

NEWS established in 1890
 RECORD established in 1899
 Consolidated in 1902

LEE DOUTHIT, Society
 COLLIN DOUTHIT, Operator

Cards of Thanks, reader or classified ads are charged for at the rate of 3c per word for the first insertion and 1½ thereafter.

WANTED AT ONCE Man with car for Rawleigh business in SterlingCo. Buy on time. Write immediately to Rawleigh TXG-1220-301, Memphis, Tenn.

Phone in your personal items of news-your visits, your visitors, your parties, etc. News-Record 8-3251.

FOR SALE — The D. P. Glass property, has three and a half lots. See H. L. Hildebrand.

SINGER Sewing Machine Representative will be in Sterling City every Tuesday all day. Service on all makes of sewing machines and featuring the Singer Automatic and Straight Stitch Machines. Also Singer Vacuum Cleaners. For house call drop card to Box 608, Sterling City, Tex.

What's Doing in the Churches

FIRST PRESBYTERIAN CHURCH
 Hubert C. Travis, Minister
 Sunday school 10:00 a.m.
 Morning worship 11:00 a.m.

CHURCH OF CHRIST
 Marion H. Hays, Minister
 Bible school 10:00 a.m.
 Morning worship 11:00 a.m.
 Classes 6:00 p.m.
 Night Worship 7:00 p.m.
 Wednesday Mid-Week Service 7:30 p.m.

FIRST BAPTIST CHURCH
 Sherman Conner, Pastor
 Sunday school 10:00 a.m.
 Morning worship 11:00 a.m.
 Evening Worship 7:30 p.m.
 Wed. Prayer Serv. 7:30 p.m.

FIRST METHODIST CHURCH
 John Gibbs, Pastor
 Church school 10:00 a.m.
 Morning worship 11:00 a.m.
 Evening Worship 7:30 p.m.

ST. PASCHAL BAYLON CATHOLIC CHURCH
 Fr. Bertram Tiemeyer, O.F.M., Pastor
 Sunday Mass (Oct. thru Mar.) 1:00 p.m.
 (Apr. thru Sept.) 12:15 p.m.
 Lenten Services: Way of the Cross and Filmstrips with dialogue on "The Good News of Christ" Sunday at 7:30 p.m.

THE BIBLE SPEAKS TO YOU
 8:15 P. M. SUNDAYS
 KGKL SAN ANGELO 960
 NEW CHRISTIAN SCIENCE RADIO SERIES

FOR SALE —Furnished or unfurnished house (the Gibson house) on school street. T.H. Murrell, Box 311, phone 8-4221.

REVLON PRODUCTS For 16 Years— at the Vanity Beauty Shop. We have used and sold Revlon Cosmetics for 16 years at the Vanity Beauty Shop. We can sell you their cosmetics and we use them in our shop.
 VANITY BEAUTY SHOP
 Mrs. Ruby Grunty

City Barber Shop
 H. F. MERRELL, Prop.
 "Satisfaction Guaranteed"

TIME NOW to order Christmas Cards. I have Christmas Cards, all occasion cards such as birthday, get well, etc. Notes and stationary. I will really appreciate your order. Mrs. Sallie Wallace, phone 8-3272

Social Security DISABLED MAY BE ELIGIBLE FOR SOCIAL SECURITY

Over fifty million people have worked long enough under social security to qualify for cash disability benefits if they become disabled. This means that they have social security credits for five years (20 quarters) out of the past ten years. Floyd B. Ellington, district manager of the San Angelo Social Security office said. In the case of a severe disability, the worker and his dependents may be eligible for monthly cash social security disability benefits if he meets this work requirement.

It is not necessary to be completely helpless to qualify for social security disability benefits. These benefits are payable to those who suffer from a crippling disease or a severe impairment which makes them unable to do any substantial work.

Disabled adult sons and daughters of retired, deceased, or disabled workers may also receive childhood disability benefits if they become disabled before they reached age 18.

Anyone suffering a severe disability which prevents him from doing any substantial work should get in touch with the local social security office to determine his eligibility under the Social Security disability program. Ellington stated. He may be losing benefits if he fails to apply for them promptly. The social security district office will explain to disabled workers and their families their rights under the law.

Navy Now Accepting Three Year Enlistments

The Navy will accept volunteers for the first year term enlistment and will permit certain young men to reenlist for two or three years in an experimental program. Vice Admiral William R. Smedberg, III, Chief of Naval Personnel announced today.

The experimental program has been placed in operation, Admiral Smedberg said, to meet the increased readiness posture of the Navy and the Nation. It will remain in effect until June 30th, 1962. The three year enlistment program is open to men who have had no prior military training. Under the reenlistment program, eligible personnel who have been released from active duty may reenlist with an option of up to 30 days advance leave. Formerly, broken service men reenlisted for four or six years with no advanced leave authorized. Admiral Smedberg said this new experimental program would afford young men of the country an opportunity to train and serve patriotically while learning of Navy life with only a three year commitment.

The experimental program will in no way effect the Navy's current stay in school policy, young men will continue to be encouraged to stay in school.

FOR SALE—8 10-hole metal nests. Also feeders, several types and sizes in good condition. Will sell cheap. Levi Martin, phone 8-3141.

PIANOS
 New - Used
 Largest Stock of Fine Used Pianos in West Texas.
 All Fully Guaranteed. Easy Budget Terms. Free Delivery in this area.
MARY CARTER
 Hammond Organs and Pianos.
 1305 N. Chadbourne
 San Angelo Ph. 653-4608



SAM RAYBURN commemorative postage stamp goes on sale Sept. 16 with ceremonies in Bonham, Tex., Mr. Sam's hometown. Vice President Lyndon B. Johnson displays model of stamp as Postmaster General J. Edward Day, left, and Speaker of the House John W. McCormack look on.

See the New 1963
CHEVYS
 Chevrolets
 Chevy IIs Corvairs
CAPERTON
 Chevrolet in Bronte
FRIDAY, SEPTEMBER 28

FREE COFFEE, FREE DOUGHNUTS
 DRINKS AND FAVORS

SEE THE NEWEST THING IN CHEVROLETS, CHEVY II & CORVAIRS

Caperton Chevrolet in Bronte

C. L. KING, Sterling Representative



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Vanity Beauty Shop
 RUBY GRUNY, Owner
 ODESSA ATWELL, Operator
 Open All Day on Saturdays

Garrett's Beauty and Barber Shop

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 FREE \$2.00 CAN OF HELENE
 CURTIS HAIR SPRAY WITH
 EVERY \$10 PERMANENT.

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DURHAM ABSTRACT CO.
 DURHAM INS. AGENCY



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 20% Less Than the Texas
 Published Rate

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Realtors- Land Loans

Your Listings Appreciated
 Rentals, Homes, Land
 Several Houses for Sale. Two
 and three Bedrooms.

Sterling Finance Co.
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 SAN ANGELO

New and Used Saddles
 Riding Equipment
 Saddle Repair

Free Parking for our custom-
 ers and their stock trailers.

Blevins Saddlery

GOVERNMENT SURPLUS SALES

NOW anyone can buy DIRECT
 from U. S. GOVERNMENT
 SURPLUS DEPOTS, by mail
 for yourself or for resale.
 Cameras, binoculars, cars,
 jeeps, trucks, boats, hardware,
 office machines and equip-
 ment, tents, tools and tens-of-
 thousands of other items at a
 fractional of their original
 cost. Many items brand new.
 For list of hundreds of U. S.
 Government Surplus Depots,
 located in every State and ov-
 erseas with pamphlet "How
 Government Can Ship Direct
 To You," plus procedures,
 How to Buy and how to get
 Free Surplus, mail \$2.00 to
 Surplus Sales Information Ser-
 vices, P. O. Box No. 1818,
 Washington 5, D. C.

Sheriff's phone 8-4771.

THE AMERICAN WA



POLITICAL FOLLY

Department of Health Column

With increasing emphasis on physical fitness, not only for our youth, but for persons of all ages, thousands of words have been written and hundreds of illustrations displayed showing what we can do about it.

One of the best illustrated guides to overall fitness has been prepared by the American Medical Association's Department of Health Education, entitled "Seven Paths to Fitness". It is a fold-out pamphlet skirting burdensome detail, leaving the actual decisions up to the individual.

First of seven paths to fitness is proper medical care with the individual asking himself three questions: what kinds of medical care does he need; how are such services best obtained; and how can he get the best possible medical services? The questions are answered in essence, but allowing personal choice.

Nutrition was number two on the list. What are your daily food needs in relation to type and how much food do you need? The four basic food groups—meat, milk, bread-cereal, fruits and vegetables—plus extras based on caloric needs are listed.

Dental services and all that it implies was third, stressing dental care and regular visits to the dentist.

The fourth path to fitness was exercise, once again answering three questions: what is right exercise; how much exercise do you need; and what does exercise do for you?

The importance of satisfying work was next, pointing out guideposts of how to know when one's work is satisfactory and listing some values of satisfying work.

Healthy play and recreation came in for a big share of fitness. Everyone should play to have fun and relaxation, meet and mix with people, take one's mind off his troubles; and to improve physical and mental health.

Some recreational activities suiting all types are listed.

What is meant by rest and relaxation described the seventh path to fitness. Some ways to rest were counted including lying down in a quiet place and relaxing, sleeping, changing activities, and participating in a hobby.

Sleep—never defined, but aptly named the great restorer—can never be replaced. Eight hours is a good minimum average for most people, but young children need as much as 12 hours sleep every day.

(A weekly feature of the Public Health Education Division, Texas State Dept. of Health.)

Mr. and Mrs. R.K. Snethen of Corsicana spent last week end here with the Richard Reeds. They are parents of Mrs. Reed.

Texas Highway Construction Notes

The cost per mile of building the Interstate Highway System in Texas is running some 40 per cent below the national average, the Texas Highway Department said today.

Figures compiled by the U.S. Bureau of Public Roads show that Texas will complete its portion of the Interstate System at an estimated \$610,000 per mile—as compared with the national average of approximately \$1 million per mile.

(The Interstate System is a 41,000-mile nationwide network of super highways scheduled to be completed in 1972. Texas' portion of the system will total 3,027 miles.)

Comparison of the Texas cost with that of some of the other large states revealed these figures: California, \$1.7 million per mile; Illinois, \$1.3 million per mile; New York, \$1.7 million per mile; Ohio, \$1.7 million per mile; and Pennsylvania, \$1.5 million per mile.

Since the beginning of the Interstate Program in 1956, Texas has consistently led the nation in miles open to traffic and work in progress. The latest quarterly report of the U.S. Bureau of Public Roads, dated August 3, reveals that Texas maintains this lead. Texas now has 1,018.5 Interstate miles open to traffic and 1,322 miles of work in progress.

(Texas also leads all other states in highway building under the Federal-aid primary and secondary systems. Since 1956, Texas has built 11,088 miles under these programs.)

What are the reasons behind Texas' low cost-per-mile in building its Interstate routes? State Highway Engineer D.C. Greer listed the following factors:

--Advance planning by the Texas Highway Department in anticipation of Interstate needs. Texas "stockpiled" engineering plans and thus was able to get an early start on its building program. This planning also built a team of engineers experienced in Interstate-type work, which has resulted in lower engineering costs on this program.

--A steady and planned flow of construction work each month (made possible by the advanced planning). This even flow of work has effectively stabilized the Texas road contracting industry and resulted in lower contract costs.

--Cooperation of Texas cities and counties, many of which provided much-needed right of way even before the advent of the Interstate program.

--Protective right of way buying for Interstate routes to keep land-acquisition costs down.

--Taking full advantage of local materials available in most parts of the state, thus avoiding the cost of shipping materials long distances

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