## STERLING CITY NEWS-RECORD

volume al published every friday at sterling city, texas. "Sinet 1890"
Rambouillet Ram Show Rodeo Officials Meet And In San Angelo July 10-11 Plan Program

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| from Texas, New Mixico, Utah and Do |  |
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| ered in the show division which |  |
| feature five classes of judging. JULY ath holiday Classes include champion ram two |  |
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| ram. four tooth ram, pen of |  |
| five twotooth rams. and pen of 10 spenk, on Wednesday, July 4.two-tooth rams. Leo Richardson, The bank, post office, courthouse |  |
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| will judge the show. $\qquad$ the day. |  |
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| ring. Walter Britton. of College | Reu |
| Station. will be the surtion man for |  |
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| of the show and sale him to make a good impression, |  |
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| arman, Eldorado; M. D. . Fann. creature bent on destroyinManager, San Aneelo: Ralnh world and himself with it |  |
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| 8 Ballday school company, schools, book <br> without pictures, music |  |
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| wieghts and colors, but all boys half- |  |
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| ing on, swinging from, running |  |
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| , little girls hate them, older |  |
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| sisters and brother |  |
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| protects them. A boy is Truth dirt on its face. Beauty with |  |
| on its finger, Wisdom with bubble gum in ite hair, and the Hope of |  |
|  |  |
| the future with a frog in its pocket. When you are busy, a boy is in- |  |
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|  |  |

## THE AMERICAN WAY



## "Covering the County"

By Fred Campbell, County Agent

FRIDAY, JULY 6. 1951
Past GrandMaster Speaks
To Local Lodge To Local Lodge The Rev. R. Bruce Brannon of
Marshall, Past
the Grand Lrand Master of the Grand Lodge of Texas, spoke onic Lodge last Saturday night in
 the Grand Master of Texas in 1947 .
He is the father of the Rev. Robert Brannon, Presbyterian pastor

HEALTH TALKS
Prepared by the Texas
Medical Association
As relatives and good friends
start exchanging visits during vastart exchanging visits during va-
cation-time there frequently arises the question of what to feed a
guest who is on some sort of a restricted diet due to a chronic or
organic disease. The easiest way
俍 to find out what such a guest can eat is to ask him, of course; if his
diet is quite limited, he will prodiet is quite limited, he will pro-
vide his hosts with a list of the foods and drinks he is permitted to
indulge in; but if his diet is more of a general nature he'll probably
suggest that you prepare nothing special for him, he'll just eat what
you fix
There are general types of food
which are considered taboo for certain ailments, however,which would be good to know before you pre-
pare a menu for someone with an ailment.
Take
Take an ulcer, for instance. Any-
one who has flareups of ulcers in
his stomach or intestine is rather strict diet at the time the
ulcers are "active", but is on a more liberal diet between bouts of ul the active period, which isn't likely he would have to provide you with
a list of foods which his doctor has a ist of foods which his doctor has
prepared especially for him and Between bouts. however, he may sidered not to get the ulcers start-
ed up again. The first requirement is that he eat at fairly regular inwill see that meals get to the table pretty much on schedule and will
have plenty of milk handy for have plenty of milk handy for
those between-meal drinks. Milk, weak tea, weak coffee that has the
caffeine removed, and any of the milk drinks such as malted milk. milk shake, and milk eggnog sort
of set the limits for his drinking, aside from water of course.
The three meals a day The three meals a day for a
guest on a liberal ulcer diet would
run something run something like this:
Breakfast-one-half cup (measuring cup of orange juice which is
half orange juice and half water, canned peaches, small serving of cooked farina, a soft cooked egg.
one slice of Melba toast with one one slice of Melba toast with one
square of butter, a cereal coffee or
de-caffeined coffee with plenty or cream and a bit of sugar.
Dinner-one-half cup of cream of
potato soup, a ground beef pattie phich has been broiled, mashed po
tato, buttered beets toast and but tato, buttered beets, toast and but-
ter, vanilla ice cream and a glass ter, vanil
Supper-poached egg, buttered
rice and buttered green beans, can-
ned pear, Melba toast and butter
ned pear, Melba toast and butter
and milk.
And he'll probably want some
And he'll probably want some
milk midway between breakfast
and dinner, between dinner and and dinner, between dinner and
supper, and another glass before he goes to bed.
If your guest is
If your guest is suffering from a
condition known as chronic ulcer-
ative colitis, however, which is an ative colitis, however, which is an
inflammatory disease of the large intestine, he is probably not drink
ing so much milk. If his doctor has him on the full diet for his
ailment, his meattime intake may
run run something like this:
Breakfast-one-half cup orange
juice ,one-half cup of cooked farjuice ,one-half cup of cooked far
ina with two tablespoons of dry skim milk over it, one or two trips
of bacon, a soft cooked egg, toasted white bread with butter and jel-
ly, and tea with cream and sugar.
Dinner-broth, roast beef and Dinner-broth, roast beef and
gravy, mashed potato, buttered beets, egg salad with mayonaise,
white bread and butter, tea with sugar, and cream, and vanilla ice cream. Supper-cold sliced ham, baked potato and butter, buttered green
beans, canned pear salad with
dressing, sliced ripe banana with dressing, sliced ripe banana with
milk or chocolate pudding for des-
sert, and white bread, butter, tea sert, and white bread, butter, tea
with sugar and milk. There is another digestive ail
thent which usually masquerades

## Our <br> WASHIN:TON 

er six DRAGGING ITS FEET ion, the House last week finally passed a Mexican labor bill which
designed to effectuate the is designed to effectuate the agree-
ment between this country and Mexico whereby Mexican laborers may be processed and permitted to ary basis to do agricultural work. A provision in a companion Se-
te bill, previously passed, made a felony for an employer to hire Mexican national illegally in this
country, if the employer could have found out or should have suspected that the employee was unlaw-
fully in the United States. The Half to one a vefeated a similiar pro-
hal ision offered as an amendment to
he House bill. The House and Senate versions of sidered by a Conference Commitcompromise can be agreed upon

STOPPING OFF IN Washington for a brief tour of the capitol and egation of Texas Lion Club memthe International convention in Atlantic City. Traveling on a special
train the party visited briefly at
the capitol which gave a number of capitol which gave a number Among those in the group from
our area were: Mr. and Mrs. E. J.
Lehmberg of Mason Mr. and Mrs. Lehmberg of Mason Mr. and Mrs.
Zola Price of Uvalde. Mr. John Lowrey and Mr. A. E. Prugel of
Sonora, Mr. and Mrs. M. D. Bus ter of Llano, Mr. and Mrs. Jack
Cooper of San Angelo, Mr. Sandy
King of King of Borwnwood, and Mr. and
Mrs. T. Little of San Saba.
Pointing to the phenominal growth of Lions Clubs in Texas the convention delegates from the
Lone Star State issued their publication which recorded that in 1940 there were 280 clubs, in 1945
there were 354, and in 1950 -with Springs, President of Lions Internathe number of clubs jumped to a
total of 609 comprising 33,810 Speaking of Mr. Petry, he was re cently admitted to practice before
the United States Supreme Court on an admission day when I had the ho
Court.
AMONG RECENT FRIENDS who have visited our office have been Wilson of Del Rio; Dr. and Mrs Clarence $F$. Winchester, formerly of
Fredericksburg but now at Belts-
ville, Md., near Whin Whing ville, Md., near Washington. Dr.
Winchester is a Research Specialist for the Department of Agricul-
ture at its Experiment Station lo cate at its Experiment Station lo-
cear, Beltsville. Others who recently came by to see us includSan Angelo and Mr. and Mrs. Ralph Hickman, formerly of San
Angelo but now teaching at George-

## LOCAL ITEMS

Barbara Curry, daughter of Mr.
ad Mrs. John Curry of Sterlin. City, made the honor roll at Texas

Attending the Cowboy Reunion
and Rodeo at Stamford Yrom here were Foster Conger, F.S.
Price, Robert Foster and Virgil Brownfield.
Mrs. W. L. Emery and Mrs. Nan
Davis and E:ina Mae and Ollema Davis and E.na Mae and Ollema
are visiting the O. D. Emerys in W. E. Hawkins of Radio Revival Tabernacle on the road toward
Robert Lee Sunday, July 3 at 11

STERLING CITY (TEXÁS) NEWS RECORD, JULY E, 1911

## Order and Natice of Election For The Re-allocation of Certain County

 THE STATE OF TEXASOn this the 26th day of June,
1951, the Commissioners Court of Sterling County, Texas, convened in special session at a special term ing place in the courthouse in Ster ting City. Texas, the County Seat of said County, with all member:
present, viz: G.C. MURRELL. County Judge
R.T. FOSTER. Commissioner PreEOSTER CONGER Commission FOSTER CONGER, Commissione
Precinct No. 2 RALFH1 DAVIS, Commissione.
Precinct No. 3 E. $\begin{gathered}\text { Frecinct Nite } \\ \text { Mentire, }\end{gathered}$ Commissioner W.W. DURHAM, County Clerk and passed the following oruer:
It appears that at the genera dection held in and throughout the

 rty taxpaying voters, voting at be submitted to the qualified prop- $\begin{aligned} & \text { One Hundred Dollars valuation of }\end{aligned}$
uch election, and in event such erty tax-paying voters of said taxable porperty, in any one year,
for roads and bridges; tion of taxable property in any
ne year, to supplement the jury und of the County; and
Not exceeding fifteen Not exceeding fifteen cents ( 15 c )
on the One Hundred Dollars valua n the One Hundred Dollars valuaear, for the erection of public ner, works and other permianent im. provements.
Nothing herein shall be construed as rescinding or in any man-
ner affecting the power and auth. ner affecting the power and auth-
ority of the Commissioners Court of said County to continue the annual levy of the tax not exceeding
Fifteen (155) cents on the Ond Fifteen (15c) cents on the One
Hundred Dollars valuation of tax. Hundred Dollars valuation of tax-
able property for the further mainable property for the further main-
tenance of the public roads of said County pursuant to authority herefore or hereafter conferred upon
Commissioners Court by a (Continued on Next Page)

## How many "Independence Days have we left?

-We hold these truthe to be selfevident; that all men are created equal; that they are endowed by their Creator with cer tain unalienable rights; that among these are Life, Liberty and the pursuit of Happiness. That to secure these rights, governments are instituted among men, deriving their just powers from the consent of the governed.<br>Immortai words from the Dedaration of independence, adopted on the first th of July, just 175 years azo.

T
HESE WordS are the stones upon which man built history's greatest work United States of America. Remember thern well!
all men are created equal

That means you are as important in the eyes of God as any man ever brought into this world. You ar
made in His image and likeness. There is no "superior" man anywhere able rights, they are endowed by their Creator with certain unalien worship and vote as you choose. These are rights no government on earth may take from you.
among men..." Here is the reason for and the purpose of governmed Government is but a servant - not a master - not a giver of anything. deriving their just powers from the consent of the governed ..." In America, the government may assume only the power allow it to have. It may assume no orhers.
From Concord to Korea, your kinsmen have fought and died for the priaciples of America's Declaration of Independence: belief in God . . than goverament . . . belief in the vital need for morality in all man does.

But on this Independence Day, as never before, these beliefs are in
eadly peril. There are people in America who would deny your God eiven deadly peril. There are people in America who would deny your God-given rights, who prefer expediency to morality, and who would make government
the master - not the servant - of man. These people are the advocates of an all-powerful, all-providing socialistic government to control your destiny from cradle to grave.

The time has come to answer them with your own "Declaration of
Declare that gevernment is responsible ro you-rather
Deslare that freedom is more impertant to you than
"security" of "survival."
Docurit" or "survival"
Declare again that the rights God gave you may not be
token away by any government on any protext.
Our founding fathers accepted the truths of America's Declaration on faith alone. Today, our nation is proof-absolute and irrevocable - that these
truths work. They are the last great hope for the protection uruths work. They are the last great hope for the protection of human
civilization.

FREEDOM NEEDS YOU
On this 175 th anniversary of the Declaration of Independence, help give the
day the spiritual, religious meaning it had to the founding fathers. day the spiritual, religious meaning it had to the founding fathers. Renew your faith and allegiance to the immortal truths stated in the Declars. tion. Make them an active part of your thinking, your acting, your
voting.
Pray for help in maintaining man's closeness to God, in preserving man's Cod given rights and responsibilities against those who would make you dependent upon a socialistic, all powerful government.



## STERLING CITY NEWS-BECORD

 Jack DOUTHIT, Publisher Entered Nov. 10, 1902, at the sterling city postornce assecond class matter.
PUBLISHED EVERY FRIDAY

SUBSCRIPTION RATES ${ }^{31} 50.0$ yeer in Sterling Count | 51.75 Eisewhere in Texas |
| :--- |
| $\mathbf{s 2 0 0}$ Outside State of Texas |

NEWS established in 1890 RECORD established in 1899
Consolidated in 1902

Au classified ads, public notices, cards ot thanks. legals, and such ad.
vertising are charged for at rexular vertising are charged $\begin{aligned} & \text { aro at regular } \\ & \text { rates-2e per word. } \\ & \text { Display } \\ & \text { rates }\end{aligned}$ rafe 42 c c per column inch.
(Continued from Preceding Page) jority of the qualified property
tux-paying voters of the County tax-paying voters of the Count
voting at an election heretofore veting
held for that purpose. Said election shall be held under the provisions of the constitution
and laws of the State of Texas and laws of the State of Texas, par-
ticularly amended Section $g$ of ticularly ${ }^{\text {anended }}$ Articte 8 of the Constitution
Stict Section 3 -a of Article 6 of the Constitution, and all persons who are
legal voters of Sterling County and who are resident property taxpay-
ers of said County, and who have duly rendered their property for
taxation, shall be entitued to vote at said election, All voters who desire to support
the proposition shall have written or printed on their ballots the words: Texos Uno Re. Allocention of County Taxes
the Manner Provided for in tion of Article 8 of the Constitution of Toxases";
AND those opposed thereto shall
have written or printed on thein have written or printed on theis
ballots the words:
 tions and in the Manner Provided
tor in Section 9 of Article 8 of the Constitution of Toxas"
The polling places and presiding
officers of said election shall be respectively as follows, to-wit
in voting Precinct No. 1 at the Courthouse in the District Court room, Sterling City, Texas, with
H. M. Knight, Presiding Judge; In voting Precinct No. 2 at Re. T.
Foster's Ranch Hous. Texas, with Robert Foster, Presiding Judge;
In voting Precinct No. 3 at T. H
Humble's Ranch Hous ley, Texas, with Mrs. T. H. Humble Presiding Judge:
In voting Precinct No. 4 at Moon
Chapel Church House Chapel Church House, Divide, Tex-
as, with Mrs. Riley King, Presiding Judge:
In
vot
In voting Precinct No 5 at N .
H Reed's Ranch House . H. Reed's Ranch House. Kellis,
Texas, with N. H. Reed, Presiding Judge.
The hereinbefore named presiding officers, also such other presidof any of these who do not serve
oo
are hereby authorized and directed are hereby authorized and directed
to appoint such additional judge ond appoint such additional judge
ind as may be needed $i n$ und clerks as may be
holding said election
The manner eo holding sail elec tion shall be governed by the laws
of Texas regulating general elecof Texas regulating general elec-
tions. ${ }^{\text {A }}$ A copy of this order, signed by peroper and sufficient notice of staid
election, and
sot election, and notice of said election
shall be given by posting a copy shall be given by posting a copy
of this order in each of the election precincts of Sterling County, and one at the Courthouse Door of said
County at least thirty days betore County at least thirty days before
the date of said election, also by publication of such notice in some newspaper of general circulation in said County on the same week cessive weeks, the first publication to be at least thirty days before the date of said election, and the
County Clerk is hereby authorized and directed to cause such notices to be posted and published as here.
in set out

## in set out.

it was moved by Commissioner $\mathbf{E}$ r. McEntire and seconded by Commissioner Ralph Davis that it be ing called, it was passed, the be being as follows: Commissioners FOSTER, CONGER, DAVIS and MoEntire voting AYE and no one
voting NO.
G. C. MURRELL

## ${ }^{\text {(Seal) }}$ ATTEST

w.w. DURHAM

For engraved
cards, letterheads announcements, see the News-Record. Prices are


THE AMERICAN WAY


Perfectly Mated

## WORTH B. DURHAM

Lawyer
Sterling City, Texas

## Insurance \& Abstracting

 Fire and Automobile Insurance DURHAM ABSTRACT CO. DURHAM INSURANCE AGCY.Worth B. Durham, MgI

## SHE ${ }^{13 T H}$ ANNUAL ANGELO BAMBOUILLET RAM SHOW \& SALE

July 10 through 11

## 550 Top Quality Rambouillet Rams

Rambouillet Breeders SHOW: Tuesday, July 10 SALE: Wednesday, July 11
FAIRGROUIDSSSAN ANEELO, TEXAS

SPORTMING GOODS

## C. C. AINSWORTH

Phillips
Phone 148
FIRESTONE TIREs
Sterling City, Texas

our relations
crefi
Friendly relations certainly go a long way toward making this a happier world. We feel particularly When service is good, you are quick to tell When occasionally you do have trouble with service, you report it in a friendly, reasonable manner. Your understanding of our problems is much appreciated too. With such friendly relations, is it any wonder we're doing everything possible to give you the be

SAN ANGELO TELEPHONE CO.


Washos clothes cleaner
Exclusive Gyrafoam washing acIt's gentle as washing by hand.

Has a long, long life
$\qquad$
Does all the work for you
Needs no bolting down Washes, rinses, spin dries you
clothes. Maytag even turnsitself off. $\qquad$

Bill J. Cole Butane Company

## A Message to

 OLDER PEOPLE You often do not get enoush 180M and B VITAMINSin your diet!
Yes, older people often eat a diet which is sightly dehcient in B-vita Weakness, Underweight, Feeling below par, "Nerves," Fatigue. New
Bexel Special Formula may be just Bexel Special Formula may be just
what you need. Bexel is a scientific product which combines the impor tant $B$-vitamuns with Iron. Everybedy knows the importance of Iron in your diet to help your body maintain rich, red blood. Just one capsule of
Bexel Special Formula a day (hat'

Long Drug Company


Garrett's Barber Shop
Just North of Long Drug Co.
D. D. (Levi) GARREETT, Prop. Formerly Occupied by the
Sterling Beauty Center

## City Barber Shop <br> H. F. MERRELL Prop.


for the latest modes of HAIR STYLING

Vanity Beauly Shop
Sterling City, Texas


To be of help to those who need it in times of sorrow and behelps ease the pain left by the departure of a loved one. When
hen the need arises, let us serve you.

Lowe's Funeral Chapel
Be sure to specify Lowe's. We will make complete arrangements. We work with Johnson's Funeral Home in San Angelo and the
Nalley Funeral Home in AMBULANCE SERVICE

H
HEALTH TALKS
 ly be under the supervision of a
doctor and unless he specifies his
own diet, the eeneral schedule of own diet, the general schedule of
food for irritable bowel patients runs something along this order:
Breakfast-one-half cup orange
juice and one-half grapefruit, a Breakfast-one-half cup orange
juice and one-half grapefruit, a
cooked whole grain cereal, a soft
cooked egg, buttered white bread cooked egg, buttered white bread
toasted, coffee. cream and sugar.
Dinner-broth, roast beef and Dinner-broth, roast beef and
gravy, mashed potato, buttered
beets, fomato salad with mayonbeets, white bread and butter, van-
aise, white illa ice cream and milk.
Supper-cold sliced ham. baked Supper-cold sliced ham, baked
potato with butter , buttered green
beans, canned pear salad with salpotato with butter , buttered green
beans, canned pear salad with sal-
ad dressing sliced banana for desad dressing, sliced banana for des-
sert, white bread and butter and sert, white bread and butter and
milk to drink. difference in most
The main dine chronic ulcerative colitis diets and irritable bowel is that though fruits
are limited in the colitis diets, cerare limited in the colitis diets, cer-
tain fruits and vegetables are often
encouraged in the irritable bowel diets.
These are just suggestions. of course. for guests suffering at times
with ulcers. chronic ulcerative with ulcers. chronic ulcerative co-
litis and irritable bowel with con-
stipation if they are in the throes stipation if they are in the throes
of an acute attack of any of these of an acute attack of any of thes
ailments, they won't be coming to
visit you, but if visit you; but if their ailment is un
der control at the moment. such menus as suggested would not on
ly make them feel like a wanted guest but would help them keep their ailment under control. Any
special instructions they have from
their own doctors would certainly be more fitting than the general ones outlined here; but if special
instructions aren't necessary, these instructions aren' necessary,
directions will add to everyone's
enjoyment of a pleasant get-togeth

## Have You

## been visiting had visitors

sold anything
hought anythin
had a party
been to one
oined a club or been
thrown out of got engaged been jilted got married
been divorced had triplets quadruplets
or even one
baby?
That's News!
and we, and your friends Call The News-Record
ask for the society editor
hat's me
Or II You're Scared


Then Write It Up
on a piece of scratch paper
and bring it in or
or something
and we'll all know it
and we'll all be happy

## Thank You!

For wedding invitations, announ cements, at-home cards, etc.,
the local News-Record shop.

Phate Thixer

## "The Nevadan"

Randolph Scott, D. Malone "The Went Point Story" James Cagney. Virginia Mayo Wed., Thurs,. July 11-12
'Woman on Pier 13' Laraine Day, Robert Ry
Fri. Sat., July $13-14$
'BLUE BLOOD'
Bill Williams, Jane Nigh

## Garrett \& Bailey

Everything in Dry Goods and Notions Phone 24 sterling city, texas


For Real Bargains in Summer Weight Sport Shirts, See These Shapely Sport Shirts That We Got at a Special Price.

We're Passing on The Saving to You
Seersucker Sport Shiris, hall sleeves-\$1.95
Sheer Summer Weave Sport Shirts-\$1.95
BAJLEY BROS. The Men's Store

## Announcement

To our Sterling City patients so that we can make your glasses and fit them to you the same
day that we examine day that we examine your eyes. It will help us if you will come as early in the day as possible
so that we may make your glusses while you so that we may make your glasses while you shop or visit in
Big Spring.

HAMILTON
Optometric Clinic
106 West Third


Robert Massie Co.
"Frorything in Furniture"
AMEULANCE SERVICE
FUNERAL HOME
San Angelo, Texas
Advertising Doesn't Cost-It PAYS
FREE Tho RUPTURED GENEROUS G-WEEK SUPPLY TRUSS EASER POWDER


