

# STERLING CITY NEWS-RECORD

VOLUME 61 PUBLISHED EVERY FRIDAY AT STERLING CITY, TEXAS. "Since 1890" FRIDAY, JUNE 29, 1951 No. 26

## Lions Officers Installed At Ladies Night Program

New officers were installed when the Sterling City Lions Club held the annual ladies night program at the Community Center Tuesday night of this week.

The Rev. Robert Brannon, Presbyterian pastor here, made the installation talk. Worth B. Durham acted as master of ceremonies.

Songs were sung by Elizabeth and Jackie Cole and Vicki June Johnson. They were accompanied at the piano by Mrs. Anna Lee Johnson.

The new officers installed were as follows:

President—Wm. J. Swann  
1st V.-Pres.—H. A. Chapple  
2nd V.-Pres.—Cecil Long  
3rd V.-Pres.—Roy Morgan  
Secretary—W. O. Batten  
Treasurer—H. M. Knight  
Lion Tamer—Jack Douthit  
Tail Twister—H. F. Donalson  
New directors—Henton Emery and D. J. Norton.  
G. W. Tillerson is the retiring president.

## HEALTH TALKS—Diets

Prepared by the Texas State Medical Association

When somebody gets sick at your house, one of your first reactions is, probably, "What should he eat?" Everyone is aware that the general diet of good health is not always the best fuel for someone running a fever, fighting an infection, or just generally ailing.

Some special diets have very restricted diets, of course, but fortunately in most cases, depending upon which part of the body is weakened by disease, only certain foods must be eliminated from the diet to keep that special part of the body from overworking; at the same time certain foods must remain in the diet to keep the rest of the body in good shape.

One of the first things taken off any sick person's diet is fried food. When the doctor says a light diet, he means to cut out fried foods, including fried eggs; heavy pastries such as doughnuts, pies, cakes, and steamed puddings; tough cuts of meat, sea foods except for canned tuna or salmon, and cheese except for American cheese and cottage cheese; jams and marmalades (though jelly is usually permitted); olives, pickles and nuts; and vegetables except these specific ones which are included in the light diet; lettuce, tomato juice, raw tomatoes, cooked or canned asparagus, string or wax beans, beets, carrots, peas, spinach, squash, and strained corn or lima beans.

The object of the light diet is to keep a well-balanced diet but to eliminate foods which are hard to digest; you don't want foods that stay a long time in the stomach.

The soft diet, frequently called a bland diet, is a further limitation of foods, mainly vegetables. The foods that are cut out of the light diet are also omitted from the soft diet. Lest this become a list of foods you can't have, this time you can read the types of food which are usually meant to be fed to a sick person when your doctor recommends a soft diet;

All beverages are included and all cereals are good, except for bran and whole grain cereals; you want the cereals freed from their outer coating. The same idea applies to fruits; you can eat cooked or canned apples, apricots, cherries, peaches and pears as long as the skins and seeds are removed. All fruit juices are good on the soft diet and you can have ripe avocado and banana but dried fruit must be strained so that all the pulp is thoroughly mashed up.

The "softness" of this diet consists in taking away foods that are stringy. Vegetables must be pureed or strained as they are in soups, and meats such as bacon, beef, fowl, lamb, tender liver and sweetbreads, fresh fish, oysters, canned salmon or tuna are more digestible, of course, when they are ground up.

Tomato juice, jelly, sugar, syrups when not used too much, cream sauce, gravy, salt, and vinegar may lend a little variety to a bland diet which needn't be tasteless just because it's limited. Butter, cream and margarine are the only fats allowed but there's plenty of filling food in the allowable potato, hominy, macaroni, noodles, rice and spaghetti.

You don't have to be hungry on a soft diet; there's plenty of food

## HOSPITAL TO BE OPENED SOON

The Sterling County hospital is planning to open in two or three weeks, said Mrs. Val Melvin, administrator, this week. She said it was hoped that the opening (or open house day) could be Sunday, July 15.

The Health Department will make an inspection of the building and facilities next Monday, July 2, she said. Then the hospital will probably be opened, but the formal opening day will come a bit later.

Mrs. Melvin said that invitations for the open house would be mailed to out of town people, such as doctors, former residents, and other interested people. If you have anyone you would like to have an invitation mailed to, give the name and address to Mrs. Melvin, Mrs. Lester Foster, auxiliary president, or turn it in to the News-Record.

There are still some pieces of equipment needed, said Mrs. Melvin. Any one may still donate such and the federal government will pay part of such costs. Credit will be given to the individual who donates for the purpose, she said.

## Noratadata Club Officers Are Installed

Mrs. J. S. Cole, Jr. was hostess to the Noratadata Club when members installed officers recently. The group convened in the Legion Hut.

Mrs. Worth B. Durham, retiring president, conducted the discussion.

Officers installed included: President, Mrs. T. A. Revell; vice-president, Mrs. L. C. McDonald; recording secretary, Mrs. William Foster; corresponding secretary, Mrs. Ross Foster; parliamentarian, Mrs. Alvie Cole; treasurer, Mrs. Forrest Foster; reporter, Miss Sue Nelson; and federation counselor, Mrs. Bill Cole.

Games were played after the installation ceremony. Prizes were awarded to Mmes. Fred Allen, Reynolds Foster and Allie Foster. Gifts were presented to guests, Miss Ruth Cole and Mrs. F. A. Wilden of Phoenix, Arizona.

Others present included Mmes. Leah Wyckoff, Dayton Barrett, Alvie Cole, Nan Davis, Worth B. Durham, Joe Emery, Forrest Foster, Ross Foster, Reynolds Foster, R. T. Foster, Jr., William Foster, J. Q. Foster, L. C. McDonald, Ewing McEntire, Martin Reed, Neal J. Reed, T. A. Revell, Bill Cole, Buster Gober, J. S. Augustine, Jr., Sterling Foster and Miss Sue Nelson.

der listed in those foods above but make them satisfy your hunger while your doctor has you on a soft diet. You can have cake; angel food and sponge cakes are light enough to be included and other desserts permissible include plain cookies, custards, fruit whips, gelatin desserts, junket, plain ice cream, puddings and sherbets.

Any kind of egg, except fried, is included in most diets and milk is included unless for some special reason your doctor says no.

Raw eggs in beverages and plenty of milk is, in fact, the basis of many full liquid diets. Anything liquid is included in the full liquid diet. Strained farina, cornmeal or oatmeal gruel, thin custards, plain gelatin desserts, junket, ice cream, sherbet, butter, cream, margarine, strained fruit juice, vegetable puree in soup, salt and spices make up what is known as a full liquid diet.

The clear liquid diet cuts out milk, egg, cereal, tomato juice and pureed vegetables so that about all you have left is carbonated beverages, cereal beverage, coffee, tea, plain gelatin desserts, ices without milk, strained fruit juice, broth milk, strained fruit juice, and salt and plain sugar candy, and salt and pepper; about the only thing you've got in there that you can use the salt and pepper on is the broth.

These are such things as special diets are made of. If your case calls for some special omission of some of these foods, as often happens, your doctor will tell you otherwise unless he gives you a special list of foods which may be eaten, he means something like the above listings when he says, "Better keep Junior on a light (soft, full liquid or clear liquid) diet until that temperature gets back to normal."

## Fourth of July To Be Holiday Here

Next Wednesday, July 4, will be a holiday here in Sterling City. It is one of the holidays observed through the year by the local merchants and business houses and offices. Shoppers are reminded of the fact so as to not get caught short.

## No Lions Club

Since it is a holiday, Dr. W. J. Swann, president of the Sterling City Lions Club, said there would be no meeting. This is the custom of the club, whenever the meeting day falls on a holiday.

## Rev. Robert Brannon To Be Ordained Sunday Evening

Rev. Robert Brannon, pastor of the First Presbyterian Church here will be ordained Sunday evening at 8 p.m. in the church. The ordination will be conducted by the Presbytery of the Mid-Texas Ordination Commission.

Dr. B. O. Wood of San Angelo will preside and propound the constitutional questions. Rev. Lawrence Wharton will charge the pastor. Elder Ed Schuch will charge the congregation, and completing the commission will be Dr. B.K. Tenny, Rev. W. T. Gray, Elders Maxwell Turner, and Aaron Clark.

The Presbytery has invited Rev. R. Bruce Brannon, father of the local pastor to preach the sermon. He is from Marshall, Texas.

## Son Has Polio

Mr. and Mrs. Jim Duke were called to Abilene Monday of last week to be with their son, Ted, who was stricken with polio. They were bale to return Saturday as he was much better, but still confined to the hospital. Ted is the father of three children. He is a brother of Mrs. W. R. (Jean) Balkum.

## D. D. GARRETT OPENS BARBER SHOP IN HOTEL

D. D. (Levi) Garrett opened a barber shop in the State Hotel this week. His shop is in the same spot as was the Sterling Beauty Center before closing.

Garrett has operated his own shop here before, having bought out R. P. Davis's shop when he left for Arkansas. During the past two months he has worked in the Henry Merrell City Barber Shop while Merrell was out due to illness.

Mrs. Anna Lee Johnson and her daughter, Vicki, attended the funeral services for John Pearce, a great uncle of Mrs. Johnson's. For the rest of the week-end, they visited an uncle and family, Mr. and Mrs. Roy Pearce of Talpa, and also the Fred McCabes of Robert Lee.

## Coles Entertain Group With Barbecue Supper

Mr. and Mrs. Bill J. Cole and Mr. and Mrs. Alvie Cole entertained a group of their friends with a barbecue supper at the Bill J. Cole home Monday night. A barbecue supper and the trimmings were served to 64 guests.

Present were Messers. and Mmes. Neal J. Reed, Ewing McEntire, William Foster, Martin Reed, Bubba Foster, Trinton Revell, Ross W. Foster, Bill Barbee, Dayton Barrett, Charles Speck, Alvin Kilpatrick, Jim Bob Clark, Worth Durham, Reynolds Foster, Finis Westbrook, Thomas Foster, Foster S. Price, Robert Foster and Jack Turner.

Mmes. Anna Lee Johnson, Nan Davis, Son Cole, Miss Ruth Cole, Miss Sue Nelson, and Miss Ginger Lane.

Rev. Robert Brannon, Billy Joe Gartmann, Bob Turner and Hubert Williams.

Mr. and Mrs. Bill Brooks, Mr. and Mrs. Buster Gober, Mr. and Mrs. Garland Hoffman, Mr. and Mrs. Tommie Hill, Mr. and Mrs. E. E. Hawkins, Mr. Jack Ostine, all of San Angelo; Miss Faye Calthorpe, Miss Marie McDonald of Big Spring; and Billy Randolph McEntire of Colorado City.

Also Misses Betty Jo Barrett and Vinita Sue Speck.

## William R. Hunton Dead

Funeral services for William R. Hunton, 65, were held Wednesday afternoon from the Robert Massie Chapel in San Angelo with the Rev. Ennis Hill, pastor of the First Methodist Church officiating. Burial was in the Miles Cemetery.

Hunton, prominent for many years as a rancher and banker of Miles, died Monday in a Dallas private hospital.

He was born in Hillsboro, Texas, where his family was engaged in stock farming. In December, 1906 he began ranching south of Miles and on Dec. 28 of the same year he married Gail Sims of Durant, Oklahoma.

After building up a registered Jersey herd, Hunton at one time operated three dairies. He was president of the Miles Bank for a number of years and later ranched south of Miles, then retired to San Angelo. Survivors include his wife and two daughters and three grand children. Also three sisters, Miss Nell Hunton of San Angelo, Mrs. O. M. Cole and Mrs. Foster Conger of Sterling City.

## W.O.W. LOG-ROLLERS MEET HERE LAST SATURDAY

The district Log-Rollers Convention of the Woodmen of the World met here last Friday evening with the local W.O.W. Camp as hosts.

The local camp gave a barbecue in the park for the occasion and a meeting followed in the hall.

C. C. Ainsworth, local Consul Commander, is president of the district group.

Henry Merrell, proprietor of the City Barber Shop here, is now back on the job. Henry was out for a spell following an operation.

Mr. and Mrs. Will Durham attended a family reunion of Mrs. Durham's family in Abilene last week-end. Representatives from 5 states were in attendance at the reunion of the Harber family, adding up to more than 200 persons, said Mr. Durham.

## Behind The 8 Ball

R. P. Brown says he would like it very much if Webb Hudson would keep his cats at home. Brown says one raised four kittens in his backyard. Said they were all corporals as the back stripes indicated.

8—Ball

There are two kinds of men who never amount to much. Those who cannot do what they are told and those who can do nothing else.

8—Ball

Who steals my purse steals trash.—So said Brother Shakespear. And so far as we are concerned he was about the accurat-est prophet that ever prophesied a prophecy. Selah.

8—Ball

"All the people have more sense than some of the people."

—J. B. Gambrell

8—Ball

Harry S.\* would feel right at home here in Sterling with his loud sport shirts. Men like Doc Swann, Horace Donalson, and Roland L. Lowe sport 'em at times that would make Harry sit up and take notice.

8—Ball

Do you tire easily? Are weak and run down? Do you hate to get up in the morning and start the day's work? Do you worry about the outcome of "John's Other Wife" running on the radio serial? Is it hard to pay all your bills each and Sure Enough!

Sure, enough—Well, Senator LeBlanc would say you needed two dozen bottles of Hadaacol. Doc Swann might say to get more rest. I might prescribe a six months paid vacation.

But Cecil Long, the drug store man, says what you need is Bexel vitamin capsules. He says if I'll take 'em for six days that I won't bother about opening the backyard gate at my house each time on passing through—that I'll just jump that five foot fence without any trouble.

8—Ball

On Thursday of last week we put a cheap advertising thermometer out at the rear of the shop, and the blooming thing got up to 121 degrees in the hot sun.

## Rodeo Officials and Committees Named

JULY 27th and 28th

The County Agent's office put out the following list of officials and committees for the 1951 Sterling City Rodeo Association this week:

CHAIRMAN—John Reed  
VICE-CHAIRMAN—Taylor Garrett  
DIRECTORS:

Riley King—3 year term  
Foster Conger—3 year term  
Bill Reed—2 year term  
Temp Foster—2 year term  
Bill Green—1 year term  
Bubba Foster—1 year term  
SECRETARY—Fred Campbell  
TREASURER—Taylor Garrett

The following committees have been appointed by show officials:

**Barbecue Committee.** (To prepare menu, coordinate other barbecue committees and hire necessary help)—Jim Hinshaw-Chairman, Jeff Davis, Cal Roberts, Lee Hunt.

**Committee to Secure Goats.** (Goats to be delivered at locker plant at time designated by Jim Butler)—William Foster-Chairman, Foster S. Price, Bill Blair, C. J. Dunn, Perry Matthews, Bunk Lawson, Gordon Bird and Ralph Davis.

**Barbecue Grounds Committee.** (To clean grounds and prepare pit, provide water and wood)—J.D. Reeves-chairman, Ted Brown.

**Barbecue Finance Committee.** (To be in charge of providing or financing bread, pickles, onions, etc. for barbecue)—Earl Bailey-chairman, H. A. Chapple, Ansel Reed, Doug Farnsworth.

**Advertising Committee.** Horace Donalson-chairman, Riley King, Fred Campbell, Jack Douthit.

**General Rodeo Committee.** (To secure rodeo stock, plan events, plan to provide food and water)—Taylor Garrett-chairman, Bill Reed, Foster Conger, Billy Ralph Bynum.

**Rodeo Grounds Committee.** (To see that grounds are wet—to prepare grounds)—Alvin Lawson-chairman, Jake Martin, Harry Enoch.

**Grounds Committee.** (To see that grounds are in shape)—Foster Conger-chairman, Billy Ralph Bynum.

**Preparation of Rodeo Grounds.** (To see that fences are in shape—barbecue pits are ready)—William Foster-chairman, Boots Williams, Forrest Foster, Temp Foster.

**Arrangement for Announcer and Speaker System.** (Horace Donalson-Chairman, Riley King).

**Dance Committee.** (Have full charge of promoting dance)—Temp Foster-chairman, Fred Allen.

**Committee in Charge of Concession Stand and Arrangements.** Martin C. Reed-chairman, Earl Bailey.

**Arrangement for Parade Flags.**—D. D. Garrett, John Blair.

**In Charge of Events:** (Bill Blair, Thurman Rich, Bubba Foster).

**To Take Tickets at Gates:** Seth Bailey, Roland Lowe, Hal Knight, H. L. Hildebrand.

**Entry Committee:** Bill Reed, chairman, Fred Campbell, Trinton Revell, Roy Foster, Jr.

**For Timekeeper:** Virgil Brownfield, Martin C. Reed, Uncle Bob Mims.

**To See About Colt for Selling Chances:** Taylor Garrett, Foster Conger, Billy Ralph Bynum.

**Girls Barrel Race:** Taylor Garrett and Billy Ralph Bynum.

**FOR SALE—**Two-year-old male kerry blue terrier. Dog with papers. Ideal watchdog. Call Mrs. N. D. Wheeler at 8702.

**FOR SALE—**New 5-room home, 17 lots, extra good well of water. Also two business lots. See or call Sam Simmons.

Mrs. Agnes Cole and her daughter, Shirley, left Thursday for a short visit in Pasadena with her daughter, Mrs. Raymond Vinson, and her family. Mrs. John Purvis, Johnnie Rae Tollett and Leslie Cole left at the same time for a visit in Houston with Mrs. Purvis's daughter, Mrs. Ray Brandon.

CS-3 Norvin Wayne Brown, son of Mr. and Mrs. Ted Brown, with the U. S. Navy, boarded his ship from San Diego this week and is on duty with the fleet in the Pacific.

County Judge G. C. Murrell left late Wednesday for Arkansas to get his wife and children. They have been visiting the Roland Edwards at Green Forest.

**Order and Notice of Election For The Re-allocation of Certain County Taxes**

THE STATE OF TEXAS )  
COUNTY OF STERLING )

On this the 26th day of June, 1951, the Commissioners Court of Sterling County, Texas, convened in special session at a special term of said Court at the regular meeting place in the courthouse in Sterling City, Texas, the County Seat of said County, with all members present, viz:

- G.C. MURRELL, County Judge
- R.T. FOSTER, Commissioner Precinct No. 1
- FOSTER CONGER, Commissioner Precinct No. 2
- RALPH DAVIS, Commissioner Precinct No. 3
- E. F. McEntire, Commissioner Precinct No. 4
- W.W. DURHAM, County Clerk

It appears that at the general election held in and throughout the State of Texas on the 7th day of November, 1944, the qualified electors of the State, voting on the proposition, approved the amendment to Section 9 of Article 8 of the Constitution of Texas by changing said Section 9 so as to provide that the Commissioners Court in any County may re-allocate the County tax levies in said Section by changing the rates provided for any tax levies authorized in said Section by changing the rates provided for any of the purposes authorized in said section (except the 15c voted road maintenance tax) by either increasing or decreasing the same, but in no event shall the total of such taxes exceed Eighty Cents (80c) or the One Hundred Dollars valuation for any one year (exclusive of the 15c voted road maintenance tax) but that before such Commissioners may make such re-allocation and changes in such levies the same shall be submitted to the qualified property tax-paying voters of such County at a general or special election and shall be approved by a majority of the qualified property tax-paying voters, voting at such election, and in event such re-allocation and changes in such County tax levies are approved by the qualified property tax-paying voters of any such County, such re-allocations and changes shall remain in force and effect for a period of six years from the date of the election, at which, same shall have been approved, unless the same again shall have been changed by a majority of the qualified property tax-paying voters of such County, voting on the proposition after submission by the Commissioners Court or at a general or special election for that purpose;

And it further appears that it will be to the best interest and general welfare of the County to re-allocate the County taxes authorized to be levied annually by Section 9 of Article 8 of the Constitution, by changing the rates in respect of certain County taxes as herein provided, and that it is accordingly the judgment of the Court that the proposition should be submitted to the qualified property tax-paying voters of said County at a special election;

THEREFORE, BE IT ORDERED BY THE COMMISSIONERS COURT OF STERLING COUNTY, TEXAS:

That a special election be held in said County on the 31st day of July, 1951, which is not less than thirty days from the date of the adoption of this Order, at which election the following proposition shall be submitted to the qualified tax-paying voters, who own taxable property in said County and who have duly rendered the same

for taxation, for their action thereupon;

Shall the Commissioners Court of Sterling County, Texas, be authorized to levy and collect in and for each of the years 1951 to 1956, both inclusive, the following County taxes to wit:

Not exceeding sixty-two cents (62c) on the One Hundred Dollars valuation of taxable property, in any one year, for County purposes;

Not exceeding None (0c) on the One Hundred Dollars valuation of taxable property, in any one year, for roads and bridges;

Not exceeding three cents (03c) on the One Hundred Dollars valuation of taxable property in any one year, to supplement the jury fund of the County; and

Not exceeding fifteen cents (15c) on the One Hundred Dollars valuation of taxable property in any one year, for the erection of public buildings, streets, sewers, waterworks and other permanent improvements.

Nothing herein shall be construed as rescinding or in any manner affecting the power and authority of the Commissioners Court of said County to continue the annual levy of the tax not exceeding fifteen (15c) cents on the One Hundred Dollars valuation of taxable property for the further maintenance of the public roads of said County pursuant to authority heretofore or hereafter conferred upon the Commissioners Court by a majority of the qualified property tax-paying voters of the County voting at an election heretofore held for that purpose.

Said election shall be held under the provisions of the constitution and laws of the State of Texas, particularly amended Section 9 of Article 8 of the Constitution and Section 3-a of Article 6 of the Constitution, and all persons who are legal voters of Sterling County and who are resident property taxpayers of said County, and who have duly rendered their property for taxation, shall be entitled to vote at said election.

All voters who desire to support the proposition shall have written or printed on their ballots the words:

"For the Re-Allocation of County Taxes Under the Limitations and in the Manner Provided for in Section 9 of Article 8 of the Constitution of Texas";

AND those opposed thereto shall have written or printed on their ballots the words:

"Against the Re-Allocation of County Taxes Under the Limitations and in the Manner Provided for in Section 9 of Article 8 of the Constitution of Texas";

The polling places and presiding officers of said election shall be respectively as follows, to-wit:

In voting Precinct No. 1 at the Courthouse in the District Court room, Sterling City, Texas, with H. M. Knight, Presiding Judge;

In voting Precinct No. 2 at R.T. Foster's Ranch House, Mulberry, Texas, with Robert Foster, Presiding Judge;

In voting Precinct No. 3 at T. H. Humble's Ranch House, China Valley, Texas, with Mrs. T. H. Humble Presiding Judge;

In voting Precinct No. 4 at Moon Chapel Church House, Divide, Texas, with Mrs. Riley King, Presiding

Judge; In voting Precinct No. 5 at N. H. Reed's Ranch House, Kellis, Texas, with N. H. Reed, Presiding Judge.

The hereinbefore named presiding officers, also such other presiding officers as may serve in lieu of any of these who do not serve, are hereby authorized and directed to appoint such additional judges and clerks as may be needed in holding said election.

The manner of holding said election shall be governed by the laws of Texas regulating general elections.

A copy of this order, signed by the County Judge, shall serve as proper and sufficient notice of said election, and notice of said election shall be given by posting a copy of this order in each of the election precincts of Sterling County, and one at the Courthouse Door of said County at least thirty days before the date of said election, also by publication of such notice in some newspaper of general circulation in said County on the same week-day once each week for four successive weeks, the first publication to be at least thirty days before the date of said election; and the County Clerk is hereby authorized and directed to cause such notices to be posted and published as herein set out.

The foregoing order was read and it was moved by Commissioner E. F. McEntire and seconded by Commissioner Ralph Davis that it be passed, and upon the question's being called, it was passed, the vote being as follows: Commissioners FOSTER, CONGER, DAVIS and McEntire voting AYE and no one voting NO.

G. C. MURRELL  
County Judge

(Seal)  
ATTEST:  
W.W. DURHAM  
County Clerk

Roland Lowe went to Dallas on a business trip last week-end.

**If Your Diet Is Deficient in Vitamin B this great new formula can help you build**

# RICH RED BLOOD

...help you curb diet deficiency symptoms like

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**BACKACHE**

**'NERVES'**

Do you sometimes wonder what in the world can be the matter with you? You know that you have no diseases, no infections... yet you're always "out" on your feet, constantly over-fatigued, nervous, weak, irritable, cheerless. (This is especially true of older people.) Well, scientists have learned that such a condition may be due to the simple fact that you do not get enough B-Vitamins in your diet.

**BEXEL SPECIAL FORMULA MAY DO WONDERS FOR YOU**

Naturally it is wise to consult your doctor, since such a condition may be due to other causes. But if mild Vitamin-B and Iron deficiencies are the cause of your bodily distress,

then a great new scientific discovery, Bexel Special Formula, may do wonders for you! It may be exactly what you need for glowing, vibrant, good health.

Everybody knows the importance of Iron in your diet to help you build RICH, RED BLOOD. Well, just ONE capsule of Bexel Special Formula (that's all you take a day) contains 5 times the minimum daily requirement of both Iron and Vitamin B<sub>1</sub>. Also Choline, Inositol and Liver in supplementary quantities!

**YOU MUST FEEL BETTER OR YOUR MONEY BACK!**

Try Bexel Special Formula for just 30 days. If you don't feel better... definitely, noticeably better... we'll refund your money without question!

So today, get Bexel Special Formula B-Complex Capsules... product of McKesson & Robbins.

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Lawyer  
Sterling City, Texas

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THIS YEAR about 1 1/2 million couples are getting married and setting up homes of their own. The brides of today want modern homes, modern conveniences. They demand the best... they're insisting on cool, clean, thrifty electric cooking... on the safety and economy of electric refrigerators that make once-a-week shopping possible. Yes, these modern brides want the many electric servants that make life comfortable and convenient.

Here in West Texas, they'll have them, too! For power lines and power plants are

ready in advance. Your business-managed electric service company plans things that way. There's ample electric power to make all these new homes comfortable and convenient - as well as power for industry and defense as needed.

In fact, the West Texas Utilities Company has increased by 63% its generating capacity since 1946. Actually added more than 70,000 horsepower capacity during the last five years... and has scheduled for the near future installation of additional power units.

**West Texas Utilities Company**

**STERLING CITY NEWS-RECORD**

JACK DOUTHIT, Publisher

Entered Nov. 10, 1902, at the Sterling City postoffice as second class matter.

PUBLISHED EVERY FRIDAY

**SUBSCRIPTION RATES**  
\$1.50 a year in Sterling County  
\$1.75 Elsewhere in Texas  
\$2.00 Outside State of Texas

NEWS established in 1890  
RECORD established in 1899  
Consolidated in 1902

All classified ads, public notices, cards of thanks, legals, and such advertising are charged for at regular rates—2c per word. Display rates are 42c per column inch.

For engraved announcements, cards, letterheads and envelopes, see the News-Record. Prices are reasonable.

Your printing dollar goes further right here at the News-Record.

**CARD OF THANKS**

I wish to express my thanks to all my friends for the flowers, cards, gifts and visits while I was sick in the hospital. May God bless you.

Mrs. R. F. Burns

"THE CASE OF THE STOLEN WALLET" \* \* \* \* Instead of the police having to track down a killer, they were told who he was and then had to track down the crime and prove it happened. Don't miss this unusual, true-life mystery in the American Weekly, that great magazine distributed with next Sunday's Los Angeles Examiner.

For wedding invitations, announcements, at-home cards, etc., see the local News-Record shop.

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**Then Write It Up**

on a piece of scratch paper and bring it in or mail it in or something and we'll all know it and we'll all be happy!

**Thank You!**

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**Our WASHINGTON Letter**



By Congressman **O. C. FISHER**

"Know Your Government" was the subject theme of the 21st annual Four-H Club Camp held in Washington last week. From all over America came young men and women to report on the activities of this popular rural youth movement which sets the pace for American rural progress.

Texas sent Roger Landers, Jr. of Menard, and E. P. Wicker of Lubbock, both representing the Texas 4-H boys, while the girls were represented by Mary Helen Keith of Whiteface and Billie Jean Walker of Big Spring.

There were four from each state and territory. Sixteen foreign countries sent delegates. Altogether there are two million 4-H members, in the U.S.

Texas could well be proud of the four picked to speak for the 116,237 boys and girls who are club members in the Lone Star State. Roger Landers, Jr., tall, popular, able and modest, looked like young "Mr. Texas" as he towered above most others at the convention and while acting as chairman for the Texas group. A Number One honor freshman at Texas A&M last year, Roger combines academic brilliance with a lot of common sense and initiative to be a natural born leader in anything he might undertake.

PRECEDING THE FOUR--H Clubbers to Washington was a group of honor high school students from Brownwood and Austin. On a conducted tour which included the nation's capitol, New York, and other points of interest, the students stopped over here for two days. While in Washington they had breakfast with Senators Connally, Johnson, Rep. Thornberry of Austin, and my-

self.

The trip was sponsored by Mr. Leroy Preston, Principal of Brownwood High School, along with Mr. and Mrs. Douglas King, teachers of Austin. Brownwood students on the trip were: Charlene Capps, Jane Watson, Robert Roberson, Louisa Bane, Craig Woodson, Eula Kate Neely, Joan Blake, Carolyn Shaw, Gene Bartholomew, and Ann Watson.

Among other recent visitors have been: Walter Hammond, President of the Texas Farm Bureau Federation; Mr. and Mrs. W. M. Stool of Del Rio; Mr. and Mrs. N. O. Ratliff of Del Rio; Robert L. Crouch of San Angelo, now stationed at the Navy Yard in Washington; Phil Wills, formerly of San Angelo, now of Fort Worth; Mrs. Lena W. Taylor of Boerne, with Farmers Home Administration; Dick Connally of Brownwood; Mr. and Mrs. N. R. Huggins and daughter, Judy, of San Angelo; Hon. W. A. Kessler of Uvalde and Mayor and Mrs. Army Rust of San Angelo. Earlier we were favored by a visit from Mr. and Mrs. Ted Logan, and Mr. and Mrs. John Logan, also of San Angelo. They were enroute to Atlantic City to the Rotary Convention.

Mr. and Mrs. Ratliff visited Air Force Major S. W. McDonald, his wife and two children. Mrs. McDonald is a daughter of the Ratliffs.

Another recent visitor was Mr. Walter W. Knopp, now Assistant Director of Immigration in Buffalo, N. Y. A native of Stonewall, Mr. Knopp entered government service in 1915, and has made an enviable record with the Immigration Service in several important assignments over the nation.

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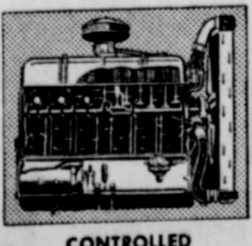
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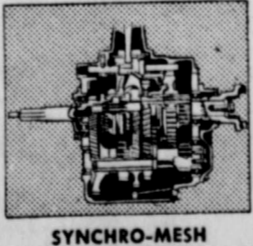
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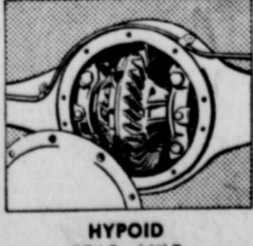
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Plan Your Work and Work Your Plans

Careful planning increases the earning capacity of any farm. Many times profit opportunities are missed because plans have not been made far enough in advance to allow them to be effective.

Farm planning should cover the entire farm business. Consideration must be given to wise land use, profitable cropping systems, planned livestock programs, the use of the best practices in crop and livestock production and a careful use of labor and capital.

Since such a large part of the total farm income is derived from livestock and poultry, the planning and management of these operations are big factors in determining farm income and profits. Not only must one consider the number and kind of livestock and poultry to produce, but program planning should include provisions for the right kind of breeding, for good housing, for sound sanitation and disease control program for the best and most economical rations and for the use of every possible labor-saving practice.

Records show that livestock and poultry products bring higher prices at certain times of the year than at others. Plan to market at these times and try to keep programs of production flexible enough to be changed in accordance with changing conditions.

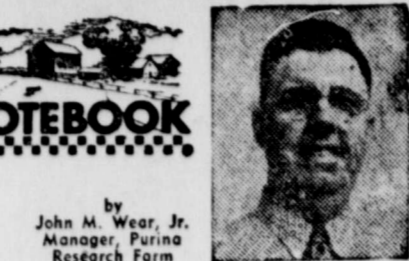
The volume of livestock and poultry produced must be large enough to allow efficient use of available labor and equipment. There is a more economical use of equipment, labor and other items when production of livestock and poultry is on a year round basis. The cash income in comparison with overhead cost is increased, resulting in greater profits.

Keep careful records that show the profits that livestock and poultry are making. From such records plan a future program and follow it.

Good Pigs Are Not "Just Luck"

In reality, pigs are 112 to 114 days old when they are farrowed. The feed given the sow during the gestation period is reflected in the size, strength, condition, weight and coat covering of the new-born litter.

Just because most of the growth of the new-born pig takes place during the last half of the gestation period doesn't mean that feeding and caring for the sow can be forgotten until the latter part of the gestation period. When sows are improperly fed during the gestation period,



embryo pigs are resorbed resulting in fewer pigs born. A good feeding program effects the number of pigs farrowed.

The essentials of a program for brood sows during gestation are clean water, shade or shelter against the weather, proper sanitation and a ration that will build the unborn pigs without needlessly fattening the sow. The ration should contain good proteins—animal and vegetable—carbohydrates, minerals and vitamins.

The body weight and condition of the brood sows should be watched all during the gestation for it is just as much a mistake to over-feed them as to under-feed them. Four to six pounds per day of the right kind of feed will usually keep a sow or gilt in proper condition. Hand-feeding saves feed and keeps sows from getting too fat.

Provide ample pasture on clean, well-drained soil. Bred sows should be kept separate from other hogs and livestock.

Large litters of vigorous pigs at birth, heavy pigs at weaning time, sows that have plenty of milk for the suckling pigs and hogs ready to market at 5½ months of age don't "just happen"—they are the result of good breeding, sound management, careful sanitation and good feeding.

Question

At what age should pigs be weaned in order to have the sow bred in time to raise two litters in one year?

Answer

At the Purina Research Farm where the two litter a year program is followed, all pigs are weaned at 9 weeks of age. In weaning the pigs, remove the sow from the litter allowing the pigs to remain in the same lot until they are completely weaned. The sow should be fasted for 24 hours after she is removed from the litter. Then feed her lightly for the next two or three days.

Question

Do sows need exercise during the gestation period?

Answer

Yes. Lack of exercise frequently leads to disappointing results at farrowing time. The general belief is that exercise has a marked effect on the general thrift and health of pregnant sows, the ease of pigging and promptness of recovery after farrowing. See that breeding stock gets regular exercise.

Acheson and Counsel



WASHINGTON, D. C.—From left, a State Department Security agent; Adrian Fisher, State Department legal counsel, and Secretary of State Acheson leave the Senate caucus room following the cabinet member's testimony at the Senate probe of Gen. MacArthur's ouster.



A dessert that's just right for spring menus, not only in taste appeal but in eye appeal too, is fruit sherbet served in meringue shells. Light as the breath of spring the meringue shells melt in your mouth. And the sherbet, delicately colored to match the flavor, is just tangy enough to be a perfect match for the sweet meringues.

It's an easy dessert to make, one that you can proudly serve your most important guests. Make it today, use any flavor of sherbet mix, lemon, orange or raspberry.

- Sherbet in Meringue Cups
- 1 cup milk
- 1 cup water
- 1 package sherbet mix

Measure milk and water into bowl. Add contents of package. Beat with rotary beater until dissolved—about 2 minutes. Pour mixture into refrigerator tray and place in freezing compartment. When mixture is firmly frozen, remove from tray to bowl. Break up into small lumps with fork or potato masher. Beat with electric or rotary beater until free from lumps but still a thick mush. Return to refrigerator tray and place in freezing compartment until fairly firm. If frozen too hard, place in refrigerator just below freezing compartment to soften. When ready to serve, fill meringues with a generous scoop of sherbet. Garnish with fresh fruit if desired.

Meringues: Combine 4 egg whites, 1 teaspoon cream of tartar and ½ teaspoon salt and beat until stiff. Gradually add 1 cup sugar. Beat until mixture forms stiff peaks, but is not dry. Using pastry bag, pipe mixture onto brown paper on cookie sheet to form round cups about 3 inches in diameter. Bake at 250° F. for one hour, or until surface is dry and slightly browned. Cool. When ready to serve, fill center of cups with generous scoop of sherbet.

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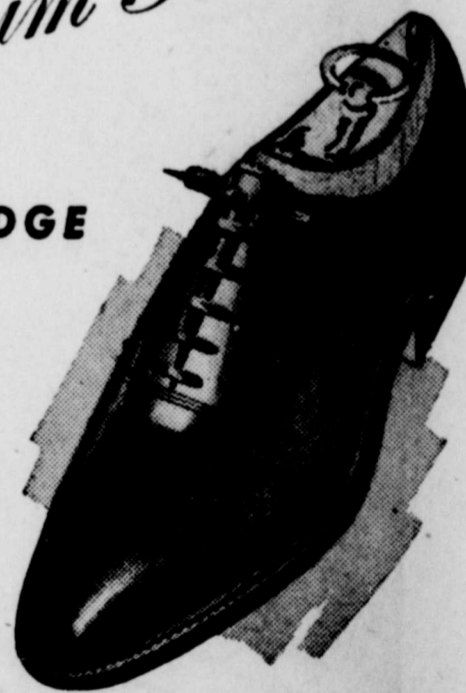
To be of help to those who need it in times of sorrow and bereavement is our inspiration to give the kind of service that helps ease the pain left by the departure of a loved one. When the need arises, let us serve you.

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