





**FALLING BACK**—The U.N. Forces, under command of General Douglas MacArthur, have been falling back daily. The increasing hordes of Chinese Communists, driving over the Korean border from Manchuria, have so outnumbered the U. N. Forces, that it seems all of Korea will eventually be lost—if the tide is not turned back. The Reds now have the Southern Capital, Seoul, and are pressing down the Korean peninsula by superior weight of numbers.

**CARD OF THANKS**

I wish to take this means to express my sincere thanks and deepest appreciation for all the gifts, food, cards and flowers that you so generously gave me. May this year be a peaceful contented one and may you be blessed with good health.

Sincerely,  
MRS. SALLIE WALLACE

**"WANT TO SAVE YOUR MARRIAGE"** . . . Here's the heart-warming story of a young couple who after seven years of divorce, remarried and discovered a practical formula for making their marriage last. Don't miss this timely

article in the American Weekly, that great magazine distributed with next Sunday's Los Angeles Examiner.

The Joe Mimses of New Mexico visited relatives and friends here briefly last week.

**STERLING LODGE  
A. F. & A. M.  
No. 728**

Regular Meetings on  
the Second Tuesday of  
Each Month

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MISERY?**

Try this simple home treatment. Many people have written us that it brought them blessed relief from the miseries of Hard of Hearing and Head Noises due to catarrh of the head. Many were past 70! For proof of these amazing results, write us today. **Nothing to wear.** Treatment used right in your own home—easy and simple.



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**FOR SALE**—Registered Hereford Bull Yrks., Feathering Beau Gwen Bloodlines. Sat. Jan. 20th, 2:00 P.M. Mitchell Co. Auction Co., Colorado City, Texas. Gus D. & Linda J. Chesney.

Economical for the home! Use cone-shaped paper drinking cups. 2,500 for only \$6.50 at News-Record.

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**News-Record**

**Palace Theater**

Fri., Sat., Jan. 5-6  
**"Young Daniel Boone"**  
David Bruce, Christine Miller

Sun., Mon., Tues., Jan 7-8-9  
**"The Furies"**

Barbara Stanwyck, Wendell Corey

Wed., Thurs., Jan. 10-11

**"Secret Fury"**

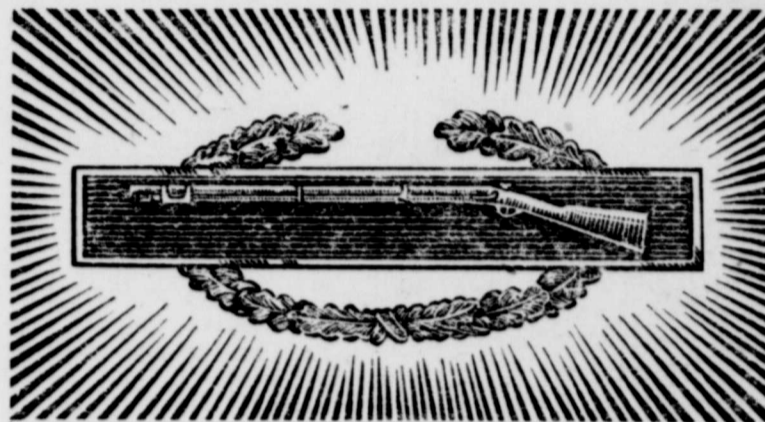
Claudette Colbert, Robert Ryan

Fri., Sat., Jan. 12-13

**"The Baron of Arizona"**

Vincent Price, Ellen Drew

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OF A  
MAN**



How proud  
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ranches—in shops  
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**West Texas Utilities  
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**STERLING CITY NEWS-RECORD**

JACK DOUTHIT, Publisher  
Entered Nov. 10, 1902, at the Sterling City postoffice as second class matter.

PUBLISHED EVERY FRIDAY

SUBSCRIPTION RATES  
\$1.50 a year in Sterling County  
\$1.75 Elsewhere in Texas  
\$2.00 Outside State of Texas

NEWS established in 1890  
RECORD established in 1899  
Consolidated in 1902

All classified ads, public notices, cards of thanks, legals, and such advertising are charged for at regular rates—2c per word. Display rates are 42c per column inch.

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Rubber Stamps at News-Record.

LOST — in Sterling City last week, a small, long-haired, white Spitz dog. Wearing red collar and dog tag. Answers to Fluffy. Anyone knowing whereabouts of such dog, please wire or call collect, C. F. Pickard, Eagle Pass, Texas.

Your printing dollar goes further right here at the News-Record.

**Texas 4-H Winners Named**



Nancy Rabke Perry Walker Gerry Rogers Leona Callahan

TOP ranking records in the 1950 national 4-H Health, Meat Animal, Girls' Record and Home Improvement programs have brought state honors to four Texas club members.

Three well-balanced meals and eight hours sleep every day, are 'musts' to Nancy Rabke, 14, of Tivoli, who was tops in this year's Texas 4-H Health improvement program. A club member for four years, she realized that following rules for good health was no simple task, but the lessons learned were of lasting value. Since good habits of healthful living encourage improved practices in agriculture and homemaking, Nancy's work in her health project has done much to benefit her farm, home and community. Actively engaged in 4-H, she served as president and assistant leader. She is an accomplished pianist and has been church pianist four years. Nancy's trip to Chicago National 4-H Club Congress was provided by Kellogg Company of Battle Creek, sponsor of the program.

Winning state honors in the 4-H Meat Animal program climaxed a busy and eventful 10 years in club work for Perry Walker, 20, of Big Springs. Since 1942 he has raised 189 beef cattle, seven sheep and more than 290 hogs. During this time he has shown beef cattle at 33 different county, state and national shows. Winning two reserve grand champions and three grand champions, Perry has been awarded \$2,000 in cash prizes. He has learned the value of home grown feeds and balanced rations in raising meat animals. Perry has served in numerous offices for the county 4-H group and his local club, of which he is junior leader. Thos. E. Wilson, Chicago meat packer, provided a gold watch award.

Gerry Rogers, 15, of Sweetwater, was selected as the 4-H'er with the most outstanding Girls' Record.

All of these activities are conducted under the direction of the Extension Service of the State Agricultural College and USDA co-ordinator.

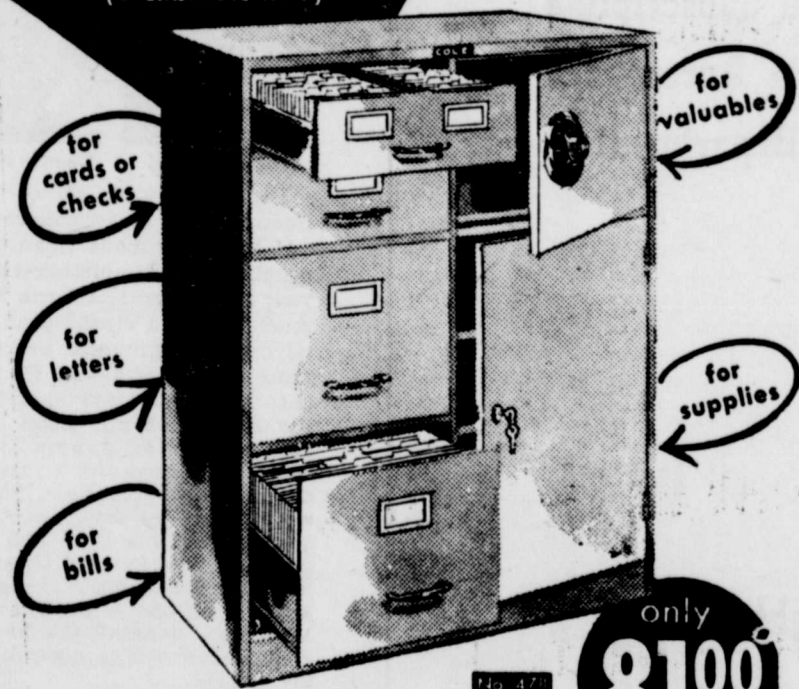
ord in Texas. She had just completed her sixth year in club work when she received the Club Congress trip award, donated by Montgomery Ward. Clothing is a special favorite with Gerry, along with home improvement, garden and poultry. She has completed 45 projects and helped with a garden Canning and freezing 270 containers of food, the young homemaker also planned 3,730 meals. Gerry helped to improve four rooms in her home, and assisted her family with landscaping the yard. She has sewn 35 garments for herself, and has made many prize-winning exhibits. Gerry is leader of her local 4-H Club.

With one eye on enhancing the home and the other on the family pocketbook, Leona Callahan, 17, of Bastrop, succeeded in doing a better job than any other 4-H'er in the state in the home improvement program. Her Club Congress trip was provided by Sears-Roebuck Foundation. Leona helped her father plan their new home, which was built in the Spring of 1948, and personally worked out the details of her own room. She assisted in the selection of furniture and colors, and refinished 15 pieces of furniture in her project, including a piano, chest of drawers, and double bunk beds. She has made an aqua candlewick bedspread, two rugs, and white curtains for her bedroom. This young homemaker has many plans for continued home improvement. During six years in 4-H, Leona has completed 30 projects. She has served as president and leader of the local and county clubs, and has been elected chairman of the District 4-H Council.

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With Plunger type lock controlling all drawers.  
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Sterling City News-Record

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STERLING CITY

# News-Record

(Continued from Front Page)

other symptoms preceding it; a headache, dizziness, faintness, just a general fatigue. It may be overlooked will usually herald the approach of pain. You ignore those forerunners in most cases and you even ignore the pain if some mild medication such as aspirin drives it away; but if the pain keeps coming back and particularly if it comes back hard, those little flickering caution lights that led up to the red light of pain may play an important part in finding out where the pain is coming from.

The source of pain, especially inside pain, is not always easy to locate. If you cut your finger and it stings and throbs, it's obvious what caused the pain. But if your fingers sting and throb when you didn't cut them, not only must the source be located, but you're inclined to be much more worried about the pain from your fingers when you don't know its cause. Your first thought may be to stop the pain, but in the long run your main interest is in knowing what caused it, whether it will come back again, and what type of damage the cause might do to your fingers. It is that fear of not knowing and not understanding the cause of the pain that contributes to the distress of pain.

That fear comes under the heading of reaction to pain; you not only feel pain, but you also react to it. Sometimes the feel of the pain is hard to separate from the reaction it arouses when you are trying to describe pain to your doctor. "I feel bad all over" could be considered reaction whereas "my nose and teeth hurt" lead your doctor to suspect something definite, in that case, maybe it would be you sinus. If you used adjectives to describe that hurt, such as stinging and burning, those particular types of hurting are associated with an interference of the mechanism or structure of nerves. Other pains, such as a sharp, cutting or stabbing pain which comes in spasms, are also associated with nerves, but not with damage to the

nerve or nerves.

Bones, when they send out a message of distress, usually produce a deep aching or boring pain, and muscles have a particular kind of ache that is called a "soreness."

The skin, which perhaps has the most variety of painful signals, will communicate with a burning feeling when the top layer is scraped off and a stinging when that same layer is cut with a knife.

Sometimes a number of aches and pains in different parts of the body will all add up to a definite sign of one special disease. These specific symptoms or signs are called a syndrome in medicine. Probably the most discussed syndrome is that associated with angina pectoris, a heart condition. The feeling of a great weight in the chest which accompanies a tightness and agony to the point of a feeling of impending death, with pains perhaps radiating from the left shoulder down the arm, paint the picture of angina pectoris so vividly that that cause will be the first thought, and action, frequently life-saving action, to relieve that cause will be begun before further examination is undertaken.

Pains actually serve as a protection. They are the burglar alarm system against forces which would rob you of your health.

**STERLING LODGE  
A. F. & A. M.  
No. 728**



Regular Meetings on  
the Second Tuesday of  
Each Month



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STERLING CITY, TEXAS

### Win Watch Awards for 4-H Work

**H**ANDSOME gold-filled watches were awarded four club members for achieving highest rating in Texas for work in the 1950 national 4-H Dairy Foods Demonstrations, Home Grounds Beautification, Soil and Water Conservation programs, and a Chicago Club Congress trip to one member for state honors in the Farm and Home Electric program.



Leon Langford



Charles Hoelscher



Wilma Strickland



Mary Bendele

Leon Langford, 15, of Farmer County, won state honors in the 4-H Home Grounds Beautification program. In completing the third year of this project, Leon has had much to do in cleaning and beautifying the grounds around the Langford's new house. He has set out 75 shrubs and has learned the names of all. Leon planted 26 varieties of flowers. He has built lawn furniture, a rose trellis and rock garden. Leon has been a club leader for four years and is secretary of his local and county clubs. At the Farmer County Fair he set up and took charge of a grass exhibit. Mrs. Charles R. Walgreen donated the handsome gold watch award inscribed with his name.

Of practical and lasting value to Charles Hoelscher, 19, Rowena, is the down-to-earth knowledge gained in the 4-H Farm and Home Electric program, which also won for him highest state honors. His plans for utilizing electricity and electrical equipment on the home farm have resulted in more conveniences and leisure hours. He has applied his knowledge in extensive adjustment, repair, and installation work around home. Perhaps most important of Charles' innovations are an electric cream separator, a more efficient washing machine motor, and thermostatically controlled electric brooder. Westinghouse Educational Foundation, program sponsor, gave Charles a trip to the Club Congress.

A thorough understanding of the importance of dairy foods plus the many new ways to vary the diet by their use, brought top honors to Wilma Strickland, 16, of Chireno, and the team of Mary



Dorothy Burell



Page Morgan

Bendele, 17, of Devine, and Dorothy Burell, 17, of Castroville. Wilma's prize-winning demonstration was "Making Cocoa." The team demonstrated "Making Billed Custard." Their project, Dairy Foods Demonstration, is sponsored by the Carnation Co., who presented the watches. The girls admitted that a lot of planning and practicing were necessary before they were ready to give their finished demonstration.

Page Morgan, 17, of Iowa Park, has learned that successful farming depends largely on the soil. In fact, Page has done such a good job in the 4-H Soil and Water Conservation program that he was singled out for top state honors. Firestone Tire & Rubber Co., presented Page with an appropriately engraved gold watch. In mapping out the program for the farm, he made intensive study of different kinds of grasses, hoping that such knowledge would help improve 50 acres of family ranch land. Well-drained marshes and ditches and good irrigation are now the rule. During Page's club career, he served three times as junior leader, and has been on numerous grass judging teams. James Baytes, 14, of Brownsville, also won recognition in the project and received a \$25 U. S. Savings Bond.

All of these activities are conducted under the direction of the Extension Service of the State Agricultural College and USDA co operating.