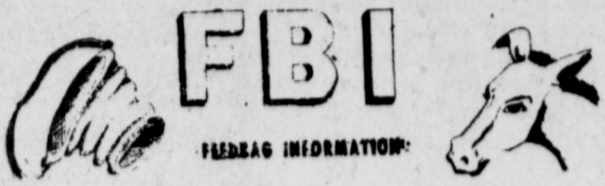


At Muleshoe Junior High



MJH Students Win Prizes During Fair

Several M.J.H.S. students showed exhibits and livestock at the Lubbock Fair September 23-30. In the canned goods division, Tamara Gilliland won two first place ribbons and three second place ribbons. Shawna Kelton won a second place ribbon, and Shelley Sain won five second place ribbons.

In clothing, Tamara won four first place ribbons and three second place ribbons. Shelley won one first place ribbon. She also entered the dog show and won one third.

In the livestock division, Sherri and Todd Bessire showed hogs. In the Chester Heavy-Weight division they won a third, third place for a Cross-Bred Medium-Weight, fifth place for a Heavy-Weight Hampshire, eighth place for a Light-Weight Cross-Bred, ninth place for a Medium-Weight Duroc, and tenth place for a Medium-Weight Hampshire. Jay and Jerry Gleason showed calves at the fair. At our deadline we do not know the results of the Gleasons.

We would like to congratulate these students for their wins at the fair.

Student Council Representatives Are Elected

This year the representatives elected to the Student Council are:

- 6th grade: Kristi Heathington, Lori Ellis, Louise Lopez, Connie Puckett, Betsy Lunsford, alt.
- 7th grade: Susie Hyde, Darin Shaw, Sherri Bessire, Rachel Hodges, Carolina Pacheco, alt.

8th grade: Zeke Contreras, Kelly Bayless, Michael Isaac, Rhonda Dunham, Sandra Agundes, alt. The Journalism Staff would like to congratulate all of these students on their win of the elections! We also hope that the Student Council has a good year in 1978-79!!!!!!

FBI Welcomes New Teacher To MJHS

Miss Debbie Hoover is now the new Speech Therapist for Muleshoe Jr. High.

Miss Hoover was born on November 18, 1954 in Portales, New Mexico and was raised in Hereford, Texas. She studied at Texas Tech

University and majored in Speech Pathology and Audiology.

We asked her why she wanted to be a Speech Therapist and she said, "I enjoy working with people and I enjoy the challenge."

Miss Hoover said she loved Muleshoe Jr. High! She also said that she loved Muleshoe and that the people were very nice.

WELCOME TO M.J.H.S.!!!

Hornets Sting Eighth Mules In 12-0 Win

On Thursday night, Sept. 21, Tulia Hornets left Muleshoe with a 12-0 victory over the 8th grade Mules. In the first quarter, the Tulia Hornets scored 6 and the Mule defense held them when they tried for the extra point. The same thing happened in the

second quarter making the score 12-0. In the last half of the game neither team scored any points. Now the record for the 8th grade team is 1-1. Today, Thursday, the 8th grade Mules go over to Portales to try to add a victory to their record.

Improving "You must think I'm a perfect idiot." "Well, perhaps not perfect; but you are doing quite well."

Cheerleaders For This Year Spotlighted

The 1978 M.J.H.S. cheerleaders are Kelly Bayless, 8th, Heidi, Rhonda Dunham, 8th, Berna Lopez, 8th, Susie Hyde, 7th, Sherri Bessire, 7th, Sandra Agundes, mascot, 8th. The cheerleaders have worked hard all summer

making posters and getting ready for the games throughout the season. The sponsors are Miss Debbie Hoover, Mrs. Sharyn Flowers and Mrs. Evelyn Northcutt. The Journalism staff would like to congratulate the cheerleaders on the great job they are doing in creating school spirit and enthusiasm.

A coward is a man who lets his fears control him.



25th Anniversary Sale!

"Each of these advertised items is required to be readily available for sale at or below the advertised price in each store, except as specifically noted in this ad." We reserve the right to limit quantities. None sold to dealers. Prices Good October 1 thru October 7, 1978

Play NEW Bingo Magic! Win Up to \$5,000.00!

Odds Chart
ODDS CHART EFFECTIVE OCTOBER 1, 1978
Odds vary depending on number of game tickets you obtain. The more tickets you collect the better your chance of winning.

PRIZE VALUE	NUMBER OF PRIZES	ODDS FOR 1 GAME TICKET	ODDS FOR 10 GAME TICKETS	ODDS FOR 25 GAME TICKETS PLUS 10 MEGA DISCS
\$1,000	35	192,438	18,802	5,283
100	349	19,248	1,885	538
10	3,490	1,924	188	53.8
5	19,248	192	18.8	5.38
2	96,240	96	9.6	2.7
INSTANT	37,520	179	18	4.9
TOTAL NO. PRIZES	47,917	183	18	5.3

This Game is being played in 75 participating Shop-Rite Food Stores located in New Mexico (32) and Texas (43). Previous series had 34 participating stores. All prizes and tickets have been increased proportionately such that the odds to win any prize remain essentially identical to the previous series. Scheduled termination date of this promotion is December 30, 1978. However, Bingo Magic officially ends when all game tickets are distributed.

Piggly Wiggly Homogenized Milk **159** per gallon

For wholesome refreshment Milk just can't be beat. And for a low, low price, Piggly Wiggly's the place to go!

Folgers Coffee **249** 1 pound can

Drip, Electric Perk or Regular

For rich, great flavor, try Folgers Mountain-grown coffee. In three varieties for whatever coffee-pot you own.

Coca Cola **129** 6 32 oz. bottles Plus Deposit

Any time you're thirsty for some sparkling-good refreshment, reach for a tall, iced glass of Coca-Cola!

Campbell's Soup **\$1** 5 10 1/2 oz. cans

Using the best ingredients, Campbell's makes a chicken noodle soup that tastes like home-made!

Crisco Shortening **159** 3 lbs.

Limit one (1) 3-lb. can with an additional \$10.00 purchase.

Gold Medal Flour **68¢** 5 lb. bag

For pies, cakes, cookies or sauces your family will love, try Gold Medal Flour.

Viva Towels **\$1** 2 Rolls for \$1

Viva soaks up spills faster than any of the other leading paper towels. And now, Viva comes in three attractive styles!

Player Of The Week

7th Grade
The 7th grade player of the week is Mary Ann Ybarra. Mary Ann has probably shown the greatest improvement in 7th grade athletics the past two weeks. She has been trying extra hard to improve her fundamental skills. If she continues to make this kind of improvement, she should be a big help to her team this fall. The Journalism staff would like to congratulate Mary Ann for getting the player of the week award.

8th Grade
This week the 8th grade player of the week is Sherry Ellis. Sherry has shown a great improvement in the past two weeks especially with her shooting. Her jump shot is beginning to look much better in respect to her improved form as well as accuracy. Her hustle and desire have also been hard to beat! Coach Flowers says that she is expecting a great deal from Sherry when the basketball games start. Sherry also has a lot of enthusiasm and enjoys basketball and all sports! The Journalism Staff would like to congratulate Sherry on her hard work and great hustle!!!!!!



Barney's Butcher Shop Sale

USDA GRADE A Split Fryers **48¢** per pound

With Back & Giblets
These fryers are very young, extremely juicy and plump. Fine and flavorful, succulent and delicious!

Heavy Western Beef Full Cut, Bone In Round Steak 159 Per Pound	Market Style Sliced Bacon 118 Per Pound	Deckers Tall Korn Franks 69¢ 12oz.
Combination Pork Chop Pak 128 6 center cut 4 end cut Per lb.	Heavy Western Beef Boneless Bottom Round Roast 159 Per Pound	Heavy Western Beef Boneless Full Cut Round Steak 179 Per Pound
USDA Grade A Fryers, Legs or Thighs 99¢ Per Pound	Glover, Sliced All Meat Bologna 119 Per Pound	Fisher Boy Fish Sticks 8oz. pkg. 49¢

"Our Triple the Difference Policy is Your Guarantee of Low Prices!"

Wally Williams, President of Piggly Wiggly

Here's how it works: First shop at Piggly Wiggly and buy 25 different grocery items. Then check the prices on the same 25 items in any other store. If their total is lower, bring in your Piggly Wiggly tape and the other store's prices and Piggly Wiggly will pay you TRIPLE THE DIFFERENCE IN CASH. At Piggly Wiggly we're committed to offering you quality products at competitive prices. Meat and produce not included as quality and trim may vary from company to company.

Stan's Produce Sale!

Red Delicious Apples **29¢** lb.

Russel Potatoes **78¢** 10 lb. bag

Green Peppers or Cucumbers **29¢** 2 for



OFF TO HAITI... This group left Tuesday morning for Haiti as a mission work team, sponsored by the First United Methodist Church. The team will return on October 11. They will be working in the dental and medical clinics in Haiti. Pictured from left to right, back row, are Dr. David Hamblen, Frank Ellis, Rev. David Hamblin, Dr. Gary Albertson, Dr. Jerry Gregory and Gordon Murrah. On the front row are Mattie Hicks, Susie Hamblen, Sally Ellis, Wanda Hamblin, Twilla Albertson, Charlene Gregory and Ada Murrah. Not pictured are Jack Hicks and Byrniece Calloway.

Muleshoe Group Form Mission Team To Haiti

The First United Methodist Church of Muleshoe is sending 15 persons on a missionary team to Haiti on October 3-11. The team will board the plane out of Lubbock at 6:15 a.m. on Tuesday and will return next Wednesday at 6:30 p.m.

The team went to Plainview First United Methodist Church for the District Conference on Sunday, October 1. Bishop Allie Carlton held a Consecration Service for the mission team and their work.

The medical and dental specialist will be working at two separate clinics in the slum areas of Port-au-Prince, the capital city of Haiti. Others will be serving as back up assistance to the medical and dental clinics. Some will be involved in electrical and building construction, and others as office clerks and typists.

The country of Haiti has six million people living in a small area with a population greater than that of Dallas. It is considered the poorest country in the world with an average

annual income of \$75-\$85. Hunger and disease is rampant and while the situation looks hopeless, the Haitians remain optimistic that things will get better. There is a 90 percent illiteracy rate with the wealth concentrated among the ten percent French speaking population. The Haitians speak Creole, a blend of the French and African language, although the national language is French.

Members of the missionary team are Rev. and Mrs. David Hamblin, Dr. and Mrs. Jerry Gregory, Dr. and Mrs. Gary Albertson, Dr. and Mrs. David Hamblen, Mr. and Mrs. Jack Hicks, Mr. and Mrs. Gordon Murrah, Mrs. Byrniece Calloway of Spearman, Ada Murrah, and Mr. and Mrs. Frank Ellis.

Epsilon Delta Held Tea For Pledges

The Epsilon Delta Chapter of Epsilon Sigma Alpha sorority had their preferential tea honoring the new fall pledges Sunday afternoon in the home of their president, Mrs. Hugh Young.

Pledges honored at the tea were Mrs. Donnie Thomas, Mrs. Terry Wheeler, Mrs. Lionel Lane, Mrs. Corkey Biggerstaff, Mrs. Danny Noble, Mrs. Loyd Garlington, and Mrs. Cotton Burleson. An assortment of sweet confections and spiced tea were served from Pewter appointments to the following members, Mrs. Ronnie Barrett, Mrs. John Blackwell, Ms. Virginia Bowers, Mrs. Jim Crawford, Mrs. Andy Douglass, Mrs. Jerry Gregory, Mrs. Dick Kimbrough, Ms. Judy Lambert, Mrs. Hugh Young, Mrs. Cotton Burleson, Mrs. Loyd Garlington, Mrs. Danny Noble, Mrs. Corkey Biggerstaff, Mrs. Lionel Lane, Mrs. Terry Wheeler and Mrs. Donnie Thomas.

WHO KNOWS?

- 1. What state entered the Union in October?
2. When is Fire Prevention Week?
3. What is the estimated loss in life last year by fire?
4. What is the estimated loss in property by fire last year?
5. Which is the only continent without a desert?
6. Who wrote the song "Sweet and Low"?
7. What metal does zinc resemble?
8. What does a lexicographer do?
9. Define somnolent.
10. Who was the first U.S. President to use radio?

Answers To Who Knows

- 1. Nevada, October 31, 1864.
2. October 8-14.
3. An estimated 9,950.
4. Approximately \$6,064 billion.
5. Europe.
6. Alfred Lord Tennyson.
7. Lead, but it's harder.
8. He is a compiler of dictionaries.
9. Sleepy, drowsy.
10. Woodrow Wilson.

Fashion

Football games and cooler nights will call for the ever popular panto coats. Some of these light wool coats feature hoods while others have plaid linings and scarfs.

Pants still hold the spotlight, but some are pleated at the waist and pegged at the ankle. Others are narrow and cuffed. Pants for evening are straight, may be slit up the sides.

Advertisement for Radarange Model RR7D by Amana, highlighting energy savings of 50% to 75% in cooking. Price: \$399.95. Location: 122 S. 1st, Harvey Bass.

LOUISA'S LETTER

Dear Louisa, My husband is an army man and he runs his family like an officer with privates. I have the feeling when he enters the room that all of us should stand and salute and remain that way until he shouts, "at ease."

Now this worries me because while I think a family should respect a father, I think respect should be a mutual thing for each member of a family. Do you agree with this? He reads your column. Mrs. Sgt.--Va.

RECIPE

By Sarah Ann Sheridan. As the weather becomes cooler, pork is a good buy. Trim most of the fat off the roast. Pork should always be cooked until well done.

- Fruited Pork Roast
1 6-lb. rolled pork loin (about 18 inches long)
salt and pepper
2 1/2 medium oranges whole cloves
3/4 c orange marmalade
1 T flour
1/2 t dry mustard
1 T grated orange peel watercress for garnish

Preparation time about 3 1/2 hours. Place loin, fat-side up, on rack in shallow open roasting pan; sprinkle with salt and pepper; roast 30 to 40 minutes a pound. Cut unpeeled oranges into 1/4-inch-thick slices. Halve slices; insert 3 cloves in peel of each; cover; refrigerate. When roast is done, remove from oven; increase oven heat to 400 degrees. Remove string, if any; make about 12 crosswise slashes, 1 1/2-inch deep, across top of roast. Mix marmalade, flour, mustard, grated orange peel and spread roast with one-half marmalade mixture; dip orange slices in rest; insert one slice in each slash. Spoon remaining marmalade over oranges. Return roast to oven for 12 minutes or until glazed. Cut in half crosswise; place halves side by side on platter. Garnish with cress.

Advertisement for True Value Hardware Store, featuring a Hack Saw Frame for \$2.29. Includes details about the frame's durability and quantity limits.

Catholic Women Will Hold Convention

The Amarillo Diocesan Convention of Catholic Women will hold its annual Convention, October 10 thru 11, at St. Michael's Parish Hall in Levelland. The theme will be "Let Your Light Shine". Registration will be held on Tuesday, October 10, at 9 a.m.

The opening ceremonies will begin at 9:30 a.m. with singing, followed by a prayer service. St. Ann's Altar Society of Morton, will be in charge. Mrs. Carl Shamburger, Levelland Deanery President, will welcome delegates and guests.

Mrs. L.R. (Marj) Huval of Borger, Amarillo DC&W President, will open the business session at 10 a.m. Rev. Andrew Gottschalk, Rural Life Director of Denver, will give the keynote address, "Justice and the Family Farm".

Rev. Bishop Lawrence M. Defalco, will be the Principal celebrant of the Eucharist at 12:15 p.m. Rev. Tim Schwertner, pastor of Immaculate Conception Church, in Muleshoe and Levelland, Deanery Moderator will give the Homily. St. Mary's Altar Society of Levelland will serve lunch at 1:15.

The afternoon will be taken up with two commission workshops, "Family Affairs" conducted by Mrs. Mary Jo Monroe, of Amarillo and "Church and Community," conducted by Mrs. Steve Miewes.

A reception will be held at 7:30 a.m. in the Sun-down Room of South Plains College. Monsignor Francis A. Smyer, pastor of St. Mary's Church,



Alfonso Menoza

Mr. and Mrs. Alfonso Menoza of Muleshoe are the proud parents of a new baby boy born Sept. 29, at 8:10 p.m. in the West Plains Medical Center. He was named Alfonso and weighed five pounds. He has three sisters, Elsa, seven; Patricia, four and Gloria, three.

Grandparents are Mr. and Mrs. Faustino Mendoza and Consuelo Mendoza of Old Mexico.

Crystal Dawn Gilbert

Mr. and Mrs. Billy Doyle Gilbert of Muleshoe are the proud parents of a new baby girl born Sept. 29, at 7:47 p.m. in West Plains Medical Center. She was named Crystal Dawn and weighed six pounds. She is the couple's first child.

Jesus Jose Gonzales

Mr. and Mrs. Manuel Gonzales of Muleshoe are the proud parents of a new baby boy born, Sept. 29, at 9:16 a.m. at West Plains Medical Center. He was named Jesus Jose and weighed nine pounds and thirteen ounces. He is their first child.

Muleshoe and Mrs. Angela Gonzales of Durango, Old Mexico. His great-grandfather is Bernabe Olivas of Chihuahua, Old Mexico.

Cindy Peters Feted With Bridal Shower

A bridal shower honoring Miss Cindy Peters, bride-elect of Jerry Price, both of Sudan was given Saturday, Sept. 23, in the home of Mrs. Harold May.

The gift table was laid with an off-white table cloth and centered with a white candle and yellow and white daisies.

Ann Nix and Mary May registered guests and served cokes, tea and candies.

The hostesses presented a corsage to the honoree. Special guests were Mrs. Charles Rich, Mrs. Arnold Beckett, Mrs. Butch Hall and Mrs. Dewayne Powell.

Out of Orbit



Large advertisement for Anthony's October Sale. Features various clothing items like blankets, socks, and shirts with prices and promotional offers. Includes store address: 321 Main Muleshoe, Texas.

Fighting Three Way Eagles



By The Three Way School

Student Council Activity

The Student Council was elected Friday, Sept. 15. Tommy Tucek, a senior was elected Pres. Jackie Carlisle, a junior, was elected vice president. Earlier two representatives from each class were chosen:

Senior--Brian Kirby and Alma Marines
Juniors--Wayne Parkman and Shonnee Hodnett
Sophomores--Keith Layton and DeAnn Foley
Freshmen--Doug Dupler and Jan Simpson
8th grade--Mitzi Robertson and Dyrinda Tyson
7th grade--Glenda Peacock and Brad Stegall

Edward Kennedy, Senator (D-Mass), at AMA conference: "Behavioral research into such things as teenage smoking and pregnancy has been woefully neglected."

Kindergarten Kut-Ups

Welcome back to a new school year. Our class has ten Kindergarten students and five students in Head Start. We have had a busy beginning.

Dr. Albertson of Muleshoe, gave us our physicals. Also Dr. Lewis, Muleshoe has checked our teeth.

We celebrated three birthdays this month. They were Lori Ann Baeza, Cheri Dupler and Adrian Aslazar. Mrs. Dupler provided cake and punch for Cheri's birthday.

We are using the Alpha-phonics program to teach us how to read. Astro is from outer space and he is invisible. He leaves us a surprise every night. His surprises are helping us to

FHA Report

The Three Way FHA Chapter traveled to Lubbock and attended a fashion show, The 20th Century in Fashions. It was made possible by the Food and Fiber Institute, Sept. 14 at the Memorial Civic Center. The fashion show consisted of one of the largest designer collections of garments in the world except for the one collection in New York.

The show consisted of styles from the years 1875 to 1978. It had divisions of casual clothes, swimsuits, evening gowns, and lingerie. It was a very interesting show and the members that attended thoroughly enjoyed it.

learn our ABCs. We have studied A for apple this week. We cut an apple open and found a start inside.

On one of our trips to Muleshoe we visited the Tortilla Factory. It was very interesting and the man was very nice to use.

Jazzy Juniors

The Junior class had been really busy last week getting ready for the Three Way-Patton Springs game. It turned out that Three Way walked all over Patton Springs. The Junior football players played a very important part in the victory. James Simpson and Mike Nichols played real tough offense the second half of the game, in which the Eagles scored all 28 of their points. Dale Simpson, Wayne Parkman, Robert Layton and Brian Roberts held the Rangers to only twelve points in good tough defense. We are all very proud of our guys.

The girls have been very busy typing up the recipes for the cookbook the Junior class is planning to sell.

We would also like to mention that Jackie Carlisle was elected student council, vice president, and we would like to congratulate her. Wednesday, Sept. 22, three of the Juniors will attend a seminar at Levelland with Bert Grimes, they are Dale Simpson, Mitzi Altman and Belinda Richardson.

Gerald Ford, former President: "A national groundswell is in the making. The Proposition 13 vote in California may be a dramatic signal."

Snazzy Senior

Our Senior spotlight for this week is Beverly Dupler. She is the daughter of Mr. and Mrs. Leon Dupler. She was born on May 3, 1961 at Muleshoe. Her favorite subject is annual because, she enjoys selling ads, taking pictures and putting the annual together. Her favorite hobbies are water skiing, swimming and tennis. Her favorite color is blue. Her favorite foods are pizza, steak, ice cream and spaghetti. She is a member of FHA, she also is president of the annual, member of the pep club and Treasurer of the Class. She plans on attending South Plains College. When asked what she

looked forward to as a Senior at Three Way, she said, "Graduation and enjoying all activities of her last year at Three Way."

Sassy Sophomores

The sophomore class is busily preparing for the game against Patton Springs which will take place this Friday. Each class member is somehow involved in the spirit of THS.

Sandy Feagley and Amy Grimes will be cheering the team on at the sidelines as cheerleaders. Brenda Cooley and Renee Lowe are drummers. De Ann Foley, Julie Carlisle and Yvette Cox are members of the pep squad. Yolanda Guillen will be taking action shots for the annual, and Keith Layton and Edwin Reeves are members of the Fighting Eagle team!

We would like for the Eagle team to know that we, the Sophomores class are behind them all the way.

Senior Spotlight

The Senior class is having an enchalada supper, Friday night before and after the Three Way football game. We are also selling Three Way jackets, lined bright gold wind breakers with green emblems, they are selling adult, small medium, and large to extra large also youth small, medium, large to extra large.

FFA News

For the past couple of weeks the Three Way FFA Chapter has been electing officers. They are Pres. - Tommy Tucek; vice pres. - Ken Eubank; Secretary - James Simpson; Treas. - Dale Simpson; Reporter - Shonnee Hodnett; Sent. - Jarrol Layton; Parliamentarian - Keith Layton. The instructor for FFA is Norman Tucek. The chapter is not having a fund raising project, which includes selling magazines, records and tapes. Please try and help support the Three Way FFA.

Tales Of Third Grade

The third grade is proud to have the following students this year:

Albert Belez, Cynthia Cavazos, Dane Dewbre, J.J. Duarte, Saul Guillen, Eugene Hefflin, Bryan Kindle, Todd Lowe, Blance Medina, Isabel Morin, and Jamie Wheeler.

We have just finished a story about a County Fair and plan to have a small fair in our room. The children will display different articles that they have made. Out judges will be Mrs. Reeves, Mrs. Butler, and Mrs. Baker.

The tolerance of certain groups moves in a limited area.

Three Way News

By Mrs. H.W. Garvin

Mr. and Mrs. Larry Travathian, from Canyon, spent Tuesday and Wednesday with his parents, Mr. and Mrs. S.G. Long.

Mr. and Mrs. T. D. Davis spent Wednesday and Thursday in Amarillo to be with her brother who underwent open heart surgery at St. Anthony's Hospital.

The Three Way football team played WTC of Lubbock, Friday on the home field and won their game.

Mrs. Oleta Beff from Amarillo, spent the week-

end with her sister, Mr. and Mrs. S.G. Long.

Lee Burns, Ena Gordon and a friend, R.C. Culpepper, from Austin spent the past week with their sister, Mrs. Bulah Toombs.

Mr. and Mrs. Jack Furgeson and Mr. and Mrs. M.L. Abce attended the wedding in Dalhard of Gene Abbe, Saturday eve.

Mr. and Mrs. George Tyson and their daughter, Mr. and Mrs. Tommy Durham, of Lubbock spent the weekend in El Paso.

Mr. and Mrs. Joe Sowerder spent the past week in Littleton, Colo., visiting their daughter, Mr. and Mrs. Jack McCarty.

ABOUT YOUR HOME

By April Rhodes

About one-third of each food dollar goes for meat. The wise shopper will figure cost per serving in selections. Avoid large bones and excessive fat.

For variety frost chocolate cake squares with a prepared cream topping and drizzle on fudge sauce.

Put up guards to protect young trees from being bumped or scraped by mowers.

While bicycling is great exercise for the body, sun and wind can be hard on the hair. Wear a hat if you plan to ride for any length of time.

The rush for the beaches and lakes will soon be on as school ends. Get your summer tan by degrees and use a reliable lubricant on exposed areas. Deep burns are dangerous to your health and painful.

Muleshoe Motor Co.

Introduces . . .

1979 Ford LTD.

A new American road car.

- More hip room
 - More leg room
 - More acceleration
 - More economical to operate
 - More handling ease
 - More visibility
- ...than last year's Ford LTD!

Friday, Oct. 6th



New 1979 LTD, engineered to be a new American road car, meets today's driving demands. With more room, acceleration, handling ease, and visibility than last year's LTD.

More room. LTD's totally new design offers full-size comfort on long trips. With more hip room, legroom, shoulder room, trunk space than the '78 LTD. Official U.S. Government figures show LTD with more interior room than any other full-size, comparably priced car. Yet it's easy to handle, easy to park.

Economical to operate. A reduced maintenance schedule helps keep operating costs low. And LTD's standard V-8 engine has been EPA-rated at 00 mpg city.

Easy handling. LTD's new suspension system helps give you the maneuverability and handling ease you look for in a full-size car.

Comfort. The new Ford LTD combines the room and riding comfort of some of the world's finest cars. Come in today and see why we call LTD a new American road car.

Register For A FREE Color T.V. Set
Drawing To Be Held On Monday, Oct. 9th
Test drive Ford LTD roadability now at
Muleshoe Motor Co.

1225 W. Amer. Blvd.

Muleshoe, TX

272-4251

ALLSUP'S CONVENIENCE STORES

OPEN 24 HOURS

PRICES GOOD OCT. 5-8, 1978

BORDEN'S PREMIUM ICE CREAM
1/2 GAL. RD. CTN. **\$1.49**

SHOP ALLSUP'S AND SAVE!

BARGAINS DOWN EVERY AISLE!

BORDEN'S LOW FAT MILK
PLASTIC GAL. **\$1.59**

FOUNTAIN DRINK 12 OZ. 10¢

DIAL SOAP 3 BARS 50¢

BORDEN'S ORANGE JUICE
QT. SIZE **69¢**

COME ON IN AND SEE US!

JELLO 2/32¢

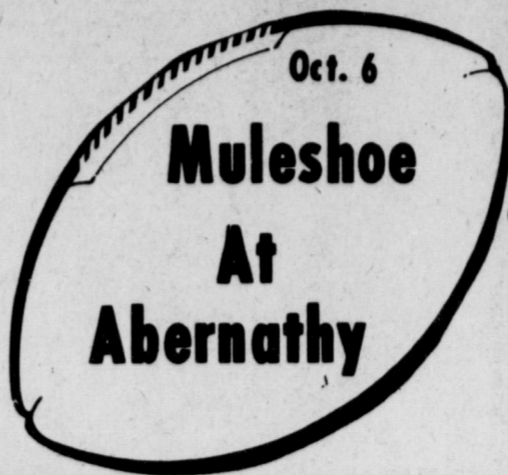
TRY OUR HOT COOKED FOODS!

ALLSUP'S FRESH COOKED BURRITOS 3 FOR \$1.00
ALLSUP'S FRESH COOKED HOT LINKS 3 FOR \$1.00

BACK THE MULES

ATTEND THE GAMES

FOOTBALL
Contest



WEEKLY PRIZES!

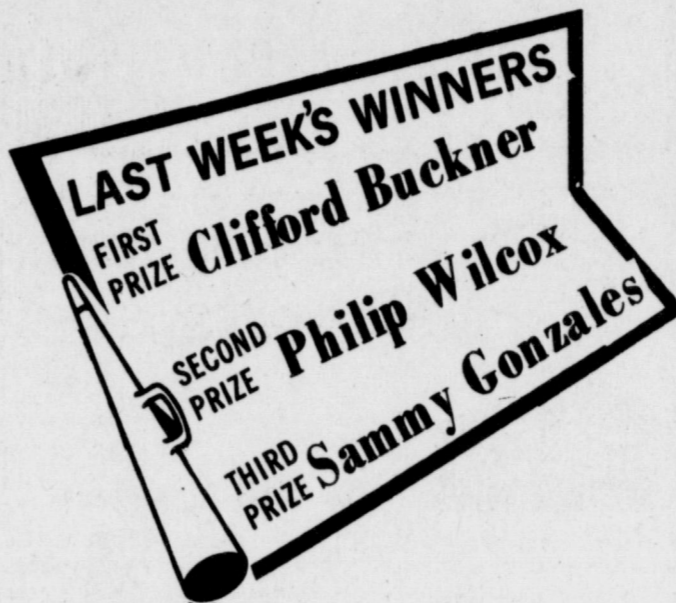
1ST PRIZE \$5 2ND PRIZE \$3 3RD PRIZE \$2

GRAND PRIZE \$50

And TWO tickets to the Cotton Bowl, January 1st. There will also be a contest and prizes for the Bowl games.

RULES

1. The contestant must be 12 years or older.
2. Only one entry per person may be made for any one contest.
3. Weekly contests are open to everyone except employees and families of this newspaper; bring or mail your entries to the Journal office.
4. Mailed entries must be postmarked not later than 5:30 p.m. Friday; winners names will be published in this newspaper each Thursday following the close of the weekly contest.
5. Check the team you think will win; 10 points for 1st place, 6 points for 2nd place and 4 points for 3rd place determines the Grand Prize winner.
6. The tie-breakers will count as one of the games picked, the predicted scores will be used to determine the top three places in that week's contest, if necessary, and cash prizes and points will be divided between winners in event of ties. Please write FOOTBALL CONTEST on envelope of mailed entry. Decision of the Journal's scoring judges will be final.



You Have Until 5:30 p.m. Friday To Enter

OFFICIAL ENTRY FORM
PICK THE WINNING TEAMS

1. BAYLOR	<input type="checkbox"/>	HOUSTON	<input type="checkbox"/>
2. WYOMING	<input type="checkbox"/>	NEW MEXICO	<input type="checkbox"/>
3. S.M.U.	<input type="checkbox"/>	OHIO STATE	<input type="checkbox"/>
4. CORNELL	<input type="checkbox"/>	BUCKNELL	<input type="checkbox"/>
5. RUTGERS	<input type="checkbox"/>	YALE	<input type="checkbox"/>
6. BROWN	<input type="checkbox"/>	PRINCETON	<input type="checkbox"/>
7. TENNESSEE	<input type="checkbox"/>	ARMY	<input type="checkbox"/>
8. MIAMI, FLORIDA	<input type="checkbox"/>	AUBURN	<input type="checkbox"/>

TIEBREAKER

1. OKLAHOMA	TEXAS
2. U.C.L.A.	STANFORD

NAME _____
ADDRESS _____
CITY _____ PHONE _____

Please write FOOTBALL CONTEST Box 449, Muleshoe, Texas on envelope of mailed entry.

Tri-County SAVINGS AND LOAN ASSOCIATION
MULESHOE FARMER FINANCIAL LITTLEFIELD
272 5527

ANA'S HOUSE OF BEAUTY
109 E. Ave. B. 272-4152

DARI DELITE
210 N. 1st. 272-4482

Beavers
528 S. 1st., Muleshoe, Texas - Phone 272-3116

WESTERN DRUG
114 Main 272-3106

BAILEY COUNTY ELECTRIC COOPERATIVE ASSOCIATION
305 E. Ave. B. 272-4504

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Ways To Avoid Back Pain

Some 75 million people in the U.S. suffer from various types of back pain, and at any one time about seven million are actively seeking orthodox or unorthodox medical help.

And a lot of them are being misdiagnosed, improperly treated, and given little or no advice on proper back care.

According to Dr. Bernard Jacobs, who spoke to physicians at the national convention of the Arthritis Foundation in New York in May, the average doctor is poorly equipped to deal with problems involving the spine.

The seminar talk by Dr. Jacobs, an orthopedist on the staff of the Hospital for Special Surgery in New York City, was designed to help physicians upgrade their knowledge concerning the back.

He also stressed that much back trouble can be prevented by adequate back care.

Many back injuries result from prolonged abuse, and poor posture, and other chronic misuse, he said. These are often difficult to correct.

"People should take care of their backs to prevent trouble, or when there has

been a previous problem, to forestall reinjury," he stated emphatically.

Because so few doctors know how to treat backs, patients don't know where to turn, Dr. Jacobs stated. Often they start out by seeing chiropractors or osteopaths, or go on crazy diets, or subscribe to some other fad, before finally ending up with a reputable orthopedic surgeon or neurosurgeon.

Fortunately, many people learn to live with their bad backs, he said. Their pain forces them to limit activity, and this allows the back to heal itself.

In offering a list of back care recommendations for preventing problems, Dr. Jacobs was very critical of modern furniture. "A bed or chair that is 12 inches from the floor is just no

good," he said. "Rising from it is a hazard, especially if a back is already somewhat sensitive to trouble."

Soft automobile seats are also very bad, as far as Dr. Jacobs is concerned. The Volvo has the best seats, as far as the back is concerned, he said. The seats are designed in consultation with an orthopedic surgeon.

Here are some of Dr. Jacobs' specific recommendations: Weight-Keep within normal limits. A protruding abdomen causes a drag on the spine and should be controlled by a corset or abdominal belt until corrected.

Exercise-An important part of back care is strong abdominal muscles. Every one should do exercises daily to strengthen them. If you already have back trouble, check with your doctor first.

Sitting-Soft chairs and deep couches for prolonged sitting should be on the no-no list. Use a hard chair and rest your spine against it.

Standing-Try to stand with lower back flat. Move about frequently. When working in standing position, put one foot on footrest to relieve sway back. Never bend over without bending the knees. For women moderate heels strain the back less than high spike heels. But totally flat shoes should be avoided.

Lifting-Bend knees and use leg muscles to lift. Avoid carrying unbalanced loads, and hold heavy objects close to your body. If back is weak, avoid sudden movements and lifting objects over the head. Sleeping-Use firm mattress, or put 3/4 inch plywood board under a soft mattress.

Driving-Get a hard seat

for the car, and sit close enough to the wheel that legs are not fully extended when working the pedals.

The Journal will be running weekly news releases from the National Office of The Arthritis Foundation as a public service. These are sent to Elaine Damron, who is secretary of the West Texas Chapter of the Arthritis Foundation and wishes to share them with the public. If you find these articles of interest, please let it be known to the Journal office or Mrs. Damron so that we may continue them.

OPPOSES CONTROLS

President Carter believes the majority of Americans would prefer mandatory wage and price controls, but is "philosophically opposed" to them and will not impose restraints short of a national emergency.

The Sandhills Philosopher

Editor's note: The Sandhills Philosopher on his Johnson grass farm on Sandy Creek discusses solar energy this week, we think.

Dear editor: The government, I understand, is going to install a solar-powered hot water heater in the White House, to set an example for the country, I think, or possibly to show the sheiks we can bathe without oil.

It will cost \$24,000, and I got to speculating on this. Naturally the government will have to borrow the money. I don't know what rate of interest it has to

pay, but I noticed that banks have now raised the prime rate to 9 1/2 percent, and since an outfit as far in debt as the Federal government would hardly qualify for the prime rate, let's say it will have to pay at least 10 percent. Easier to figure that way.

The interest on the water heater will come to \$2,400 a year, provided monthly payments are made on time. It is estimated the heater will save \$1,000 a year, which in itself indicates the White House uses a lot of hot water. I have no idea how often Billy drops in.

It is estimated the heater will last 20 years. At the end of that time, interest will have come to around \$20,000. Add that to the initial cost of \$24,000, not counting occasional repair bills, and you get \$44,000, less the annual saving of \$1,000, or \$20,000, which leaves the government still

\$24,000 in the hole and no hot water in the White House, unless they heat it in a tea kettle on a wood stove.

Based on these throw-together figures, some people will say a solar hot water system in the White House is not a good investment. They don't understand government. Has the Supreme Court ever turned a profit? The Secretary of State? You might as well argue Congress is not a good investment.

It now costs around a million dollars a year to keep a Congressman in office. Which had you rather do, lose money on Congress or a hot water heater?

Yours faithfully, J.A.

The unrest that plagues the present age is a strange disease that is located underneath the human scalp.

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Shortcourse Slated Soon On Elevators

Everyone in the grain elevator and feed mill business is encouraged to take part in one of two shortcourses on the causes and prevention of grain elevator fires and explosions.

The courses are scheduled for Nov. 15-16 at the Rudder Center on the Texas A&M University campus, and Nov. 29-30 at the Texas A&M Agricultural Research and Extension Center at Amarillo.

Purpose of the shortcourses is to illustrate and describe effective methods to control explosions in grain elevators, points out Spencer Tanksley, county agent with the Texas Agricultural Extension Service. The shortcourses are being presented by the Extension Service in cooperation with the Texas Grain and Feed Association.

Grain elevator fires and explosions rank first in number of occurrences, number injured and property damage in the history of industrial dust explosions in the U.S., says Tanksley. There have been at least 43 grain elevator explosions in the U.S. since 1976, resulting in 85 fatalities and millions of dollars in losses.

Discussion topics during the shortcourse will focus on the basic ingredients causing fires and explosions--dust, air, ignition sources and a closed container-- and prevention techniques. Discussions on dust control, ignition control, structural equipment designs, preventive maintenance, electronic monitoring systems, and the cost-effectiveness of prevention also will be featured.

The program will also feature several demonstrations of grain explosions and plenty of time for informal questions and one on one discussions.


Speakers will be individuals who know and work in the field and are well equipped to discuss special areas with each participant, notes Tanksley. These will include grain company executives, industry and consulting engineers, and Extension Service specialists.

Further information on the shortcourses is available at the county Extension office, adds the County Extension Agent.

Bookmobile News

By Lorene Sooter

Wednesday, October 11--
Whitefact #1-9:30 - 11:00
Lehman-11:05 - 11:30
Bledsoe-12:00 - 1:30
Maple-2:15 - 3:15
Thursday, October 12--
West Camp-8:15 - 10:15
Lariat-10:30 - 11:30
Bovina-12:00 - 3:30
Friday, October 13--
Lums Chapel-10:00 - 10:45
Spade-12:00 - 1:30
Hart Camp-1:45 - 2:30
Fieldton-2:45 - 3:30
Saturday, October 14--
Olton-9:30 - 11:45
Amherst-1:15 - 3:30



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