

## Fire Fighter of the Year Named



Saturday night December 15th, the Volunteer Fire Department and Women's Auxiliary held their annual Christmas Party and awards banquet. The evening began with a social hour prior to a fine meal of steak with all the trimmings. Several of the fire fighters worked diligently preparing the meat and potatoes as several women prepared sserts, drinks and bread

presented by fire chief Kyle Donaldson to several fire fighters of Sonora since 1985. He has been for years of service, including an award to himself for twenty-six helping with training and also years of service. After most of the awards were presented, Chief also received an award for attending Donaldson introduced the new the most fires in 1990. 1st Martinez, 2nd Assistant Chief- their hard work and dedication to around, not just at Christmas, but

Lipham, 1st Lieutenant-George Keese, 2nd Lieutenant Allan Prather, Chaplin-Monte Jones, President-Jody Luttrell, Vice President-Pat Campbell, Reporter-Travis Osborne, Secretary-Tony Cook, Treasurer-Louis Olenick, Mothers-Pauline Luttrell and Mollie Hite, Pension Board-Pat Campbell, Ed Carrasco, Harold Martinez, Bob Mooney and Doyle Morgan. All officers elected to serve these positions are voted on by the fire fighters.

The final award of the evening and perhaps the most prestigious is Fire Fighter of the Year, going to Sam Odom. This award is also voted on by the fire fighters and is presented to the candidate that upholds the highest standards. Sam has been with the S.V.F.D. since August of 1974 and has served as a Trustee in 1976 and 1981; Director 1983,1984 and 1988; Vice President 1985 and 1989; and President in 1986 and 1990. Sam has three sons, Jr., Shawn and Justin and has worked for the City a big asset to the department in maintaining the equipment. He



Who could resist the kiss of an angel? Claire Thorp gives Melvin Hearn a big kiss after the Nativity performance Sunday.

## Spirit of Christmas: Food Baskets

The Ministerial Alliance, as it has for several years, is sponsoring its annual food basket drive. In the past, they have provided eighty to officers for 1991. The slate of Our salute and congratulations go eighty-five needy families with officers include Chief-Carl Teaff, to the Volunteer Fire Department of assistance at Christmas. However, Assistant Chief-Harold Sonora and to Sam Odom for all of the Ministerial Alliance is always

organizations, such as the Sutton you know anyone who may be in delivered around December 21. need of a basket, please advise Adelita Smalling, Justice of the Peace-Elect. Her office is located in the county courthouse. Along with a name, pertinent information such as an address and the number of family members should be included. Names should be turned in by December 19, but the Ministerial Alliance will accept names after that date if necessary.

Getting together with other local basement of the First United Methodist Church. The high County Child Protective Board, school Student Council generally enables the Ministerial Alliance to helps deliver twenty-five baskets, as compare records in assurance that well as furnishing meat for them. no needy family will be left out. If The majority of the baskets will be

After the meal, awards were Matt Davis, Captain- Marty our community.



A surprise visit from Santa Claus caught the attention of these students at the Primary School during the Christmas party Tuesday afternoon.

## Share the Pride-Sonora Merchants Association

Downtown Sonora seemed to be a popular spot Saturday as the second Share the Pride drawing was held at 2:00 p.m. The Sonora Merchants Association is sponsoring the drawings in an effort to encourage Sutton County residents to shop locally. Approximately one hundred people turned out for the event. It started slowly with six tickets being drawn before Mandy Turk claimed the first winning prize. Three tickets were drawn before the second prize was awarded. However, things sped up as only one ticket was drawn for each of the four additional prizes. The event concluded around 2:20 p.m.

There were six winners this week with Belia Reyna claiming the grand prize of \$200.00 in gift certificates. Other gift certificate winners were: Mandy Turk, \$88.00; Bernice Ramirez, \$115.00; Karen Voight, \$125.00; Julie \$160.00. Are you holding a winning

Jones, \$145.00; Terry Shannon, number? Don't forget the next drawing will be held Saturday, December 22, at Perry's.



also during the entire year. According to The Reverend Monte Jones, Episcopal minister, they provide assistance to transients as well as local residents. Helping pay utility bills, medical bills and job placement are some of the ways the Ministerial Alliance lends a hand. They also sponsor the Easter Sunrise Service and the Community Service during Homecoming.

Plans are being made to fill the baskets on December 19, in the

If you are interested in donating money to this project, you may give your check made out to the Ministerial Alliance, to your minister. Your other option is to take your donation to Roberta James, at First National Bank.

The Ministerial Alliance truly sets an example for all of us by giving so much time and effort for such a worthwhile cause. Let's join with them so we can also experience the spirit of Christmas.

## Theatre students produce Italian folk tales

Sonora High School Drama students presented Professor Zuccini's Traveling Tales for students in elementary and junior high in three performances on December 12 and 13. Written as a trilogy of plays to be performed together, the show included three classic Italian folk tales entitled "The Flower Sisters", The Pasta Brothers," and "The Proud Prince." Characters from each of the first two plays carried over into the third.

The plays, written by prizewinning Texas playwright Sylvia Ashby from Lubbock, were created to be performed in the style of the old tent shows that toured rural America from about 1915 to 1940, said director Terry Marrs. One of the most famous of the tent shows was the Harley Sadler Tent Show based in Abilene. Students used improvised costumes and props, live sound and mime in addition to a broad acting style to present the three comic plays.

Characters and various items of scenery were played by Erica Martinez, Laura Barlemann, Olga Chavez, Stephanie Roberts, Roy Ivy, William Haltom, John Russell, Edward San Miguel, Julie C. Jones, Lindsey Wentworth, Mona Banda, Carmen Chavez, Shawn Wallace, April Spiller, Jericho Thorp, and Pete Perez. Assistant director and stage manager for the show was Jennifer Presley, and Karl Owings and Donnie Woodard were the running crew for rehearsal and performance.

Each performance was a unique experience for the actors, since the ages of each audience varied-kindergarten through second grade, third through fifth grades, and sixth through eighth grades. Students

vocal responses from the youngest group, but that the older students had more appreciation for the verbal humor of the show.

Veterans of previous children's shows waited in anticipation for the classroom follow-up to the show. "The letters and pictures from the kids are always my favorite part of a children's play," commented one student as a group sifted through stacks of colorful drawings depicting scenes from the play and painstakingly written notes of

noted that they received the most thanks and comments about favorite characters or scenes. "It's amazing how many details even our youngest audience members catch," says Marrs. "Children can be a difficult audience to perform for, but when you successfully capture their attention and imagination, they can also be the most rewarding."

Ron Nicholas and his art students provided the "Zuccini and Company" design for the colorful shirts worn by the company and silk-screened the design on the shirts for the drama department.



#### page 2 Thursday, December 20

## Seventh grade Colts fall to Owls

The Jr. High gymnasium was the However, the Owls played an even scene of excitement as the Sonora Colt 7th grade boys hosted the Big Lake Owls. The colts made a valiant effort only to be overcome by the Owls 34-22.

As the 1st quarter began, the Colts seemed to get a slow start. However, before the period was over, the Colts pulled to within one point of the Owls. As the 2nd period proceeded the Colts began to fall behind as the Owls pressed on to an 18-12 lead.

As the 2nd half began, the Colts seemed to have a spark of life. Guzman with 2 points.

quarter and as the clock wound down in the 3rd period the Colts found themselves 8 points behind. There wasn't much action in the fourth quarter by the Colts offense as they scored only 2 points resulting in a Colt loss.

The final numbers for the Colt players were; high scorer, Jeff Floyd with 8 points followed by Davis Hale and Kurt Dempsey with 6 points each. Also contributing in the point category was Amos

## Eight grade boys suffer defeat

On Monday evening the Sonora was a valiant effort, however when Colt 8th grade boys went head to head with a tough Big Lake team. The Colts started the game fairly even only falling behind by 2 field goals. However, the second quarter seemed to hurt them worse as they fell behind by 8 points.

back within 4 points only to give was Chris Gutierrez with 3 points

the final buzzer rang, Big Lake had 41 points to Sonora's 32.

The scoring tally for the Colts starts off with Cody Renfro having 14 total points followed by Robert Trevino and Hadley Smith with 7 points and 6 points consecutively. In the 3rd quarter, the colts came Also contributing to the scoring up another 11 points in the 4th. It and Jesse Capuchina with 2 points.

#### Ballinger squeaks by Lady Broncos By Jody Castilleja

The Sonora girls varsity basketball team lost a heartbreaker to the Ballinger Bearcat girls, 38-37 Tuesday evening. In the 1st quarter the Lady Broncos looked excellent as they grabbed a 10-8 lead over the Bearcats. Tana Churchill hit a pair of 3 pointers, but the Lady Bearcats fought back and took a 21-16 lead at half.

came out kicking in the 3rd quarter to tie the game at 27 all. However, this wasn't the Broncos night as they fell to the Bearcats 38-37.

Tana Churchill was the Lady Broncos leading scorer as she shot for 13 points. Dana Evans was close behind with 10 points followed by Susen McCleery with 8 and Yvonne Mata with 6 points.

The Lady Broncos once again

## **Broncos fall prey to Bearcats**

#### By Jody Castilleja

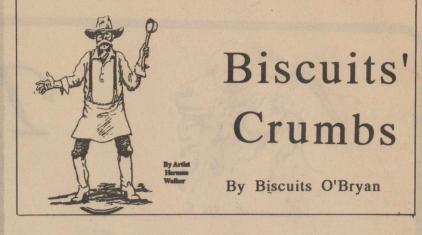
The Ballinger Bearcats handed the to stay on top of the Broncos 39-25. Sonora Bronco varsity boys team at the half. their fifth loss of the year Tuesday evening. The Broncos now stand 6-5 on the year.

The Broncos came out looking tough in the first quarter but fell behind the Bearcats 18-13. Blayze Broncos throughout the game. Sykes lead the first quarter scoring with 6 points.

Into the second quarter the Bearcats maintained a comfortable lead scoring an additional 21 points in a 74-51 Bronco defeat.

As the evening gained momentum, so did the Bearcats as they opened up a lead of 60-35 at the end of the 3rd period.

Bad luck continued to plague the Even though the Broncos kept pouring on the power, it was not enough to overcome a powerful Bearcat team as the final score ended



#### I Just Can't Make a **Pie Crust**

How many times have you heard that excuse for gettin' out of makin' homemade pies? That's just one of the many things I hear women say to get out of cookin'. Have you ever stopped to think how much easier cookin' is today than it was 30 or 40 years ago. I think lots of the newfangled, time-savin' gadgets for the kitchen are a real hoot, and I sure hold no grudge with savin' time if the end result is a good, made-from-scratch meal. Take them kweezene arts, or whatever you call that food processor thing. I've got one at the ranch and I use it for all kinds of things, includin' makin' pie crusts, and I'll just be plumb blunt and say that anybody who can't make a pie crust with one of them things just ain't tryin' awful hard. I'm goin' to talk you through it step by step, even throwin' in by best secret (which really ain't no secret at all, 'cause I hate secret ingredients and secret receets, but that's another subject for discussion later on).

The "Not even Mortimer Snerd can fail" Pie Crust Receet 3 cups unbleached flour 1/2 teaspoon flour

1 cup unsalted butter (or butter flavored Crisco)

2 Tablespoons chicken fat (that's right, chicken fat!)

6 to 9 Tablespoons ice water I get my chicken fat straight off a chicken carcass before I cook the chicken. I put it in a iron skillet over fairly low heat and let it melt down. Pour it into a Pyrex measurin' cup so you can see any stuff on the bottom. Pour it out into a small jar and keep it in the deep freeze. You can take a parin' knife and cut off ever how much you need. Put the flour, salt, shortenin', and fat into the food processor. Punch the "pulse" button a few times, just on and right off again, 'til the stuff looks kindly like corn meal. Through

that little hole in the top, pour in 3 Tablespoons of cold water, then punch the "pulse button 2 or 3

times. Add another 2 Tablespoons of water and punch the button some more. Quit addin' water when most of the flour gathers up in a wad. It's better to under do than over do.

Dump out the dough onto some of that plastic stuff that's so dang hard to keep off itself, than mash it 'til it's all in one lump. Wrap it up and chunk it in the ice box for half an hour or so.

Take it out and cut the one lump in half. On a floured board, roll it out to pie crust thickness, put it in a pie plate, and trim the edges, leavin' plenty hangin' down to make the edges. If you're makin' single crust pies, go ahead and make the other one the same way. If you're makin' a double-crust pie, use the other half for the top. (Just don't forget to put in the fillin'!). Gather up the left-over crust, roll it out and cut it in long strips. Sprinkle it with sugar and cinnamon and bake it. Don't let the kids eat it all or your husband will really get his feelin's hurt, 'cause that's what his mom did for him when he was little, so he'll want some too.

There's a few more things about pie crusts you might not know. If you are bakin a crust for somethin' like a chocolate or butterscotch pie, take a fork and punch little holes all over the crust before you bake it. You can also put tin foil on top of the crust and fill it with dried beans to keep the crust from puffin' up. On a double-crust pie, be sure to poke some holes in the top crust to let the steam out.

One of my favorite pies is my 'Apple Pie in a Poke." The receet's in my book, so if you don't have a copy yet, maybe you'd better look me up and get one. Otherwise, you'll just have to keep wonderin' about that lip-smackin' pie receet, and that might keep you awake at night.



Three groups at Sonora Jr. High won a pizza party in the annual door decorating contest sponsored by the Jr. High Student Council. The winners were: Mrs. Love's class, Funniest (top photo); Mrs. Samaniego's class, Most Christmas"y"; and Mr. Heryford's class, Most original (not pictured).

If you know of an upcoming newsworthy event, please call 387-5719 or bring it by The Sonora Observer at 114 W. Concho. Information can also be mailedto Box 247, Sonora

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## **Church Directory**

The Church of the Good Shepherd Presbyterian Worship Service-11:00 am Church School-9:45 am Choir Practice-Wed. 7:30 Cummunion first Sunday of each month Lewis Allen, Pastor

New Life Assembly of God 306 N. 4th Street Sun. Worship 10:30 am Sun. evening worship 6:00 pm Weds. Study 7:00 pm Daniel Timmerman, pastor

Primera Igelsia Bautista Sunday School-9:45 am Worship Service -11:00 am Training Union-5:00 pm Evening Service -6:00 pm Wednesday Service 7:00 pm W.M.U.-Sunday-2:00 pm Between Santa Clara & Chestnut

New Hope Baptist Mission 708 SE Crockett Sun. morning bible Study-10 am Sun. morning Worship-11 am Sun. evening Worship-7 pm Weds. Childrens Bible Study-7 pm Dana Floyd, pastor

St. Ann's Catholic Church Rev. Lawrence D'Mello Deacon E. Samaniego Saturday night Mass 7 pm English Sunday Mass 8 am Spanish 11 am Énglish Holy Day Mass 7 pm

Templo Jerusalem Asamblea de Dios St. Ann's Street Sunday School-10:00 am Sunday Evening Serv.-5:00 pm Wednesday Serv. -7:00 pm Friday Prayer Meeting -7:00 pm Daniel Diaz de Leon, pastor

Visit the **Church** of your choice this Sunday.

Sonora Tabernacle **United Pentecostal** Rev. Kenneth Doyle, Pastor Sunday School, etc.-10:00 am Prayer Meeting-6:30 pm Evening Worship-7:00 pm Evening worship-7:00 pm Prayer Meeting-6:00 pm Wednesday Service-7:00 pm \*\*\* Jehovah's Witness

310 St. Ann's 387-2679 or 7-3947 **English Meeting** Public Talk-10 am Sun. Watchtower Study-11:55 Sunday Theocratic School-7:30 pm Wed. Service Meeting-8:15 Wednesday Bible Study-7:30 Monday **Spanish Meeting** Public Talk-1:00 Sunday Watchtower Study-1:55 Sunday Theocratic Ministry-7:30 pm Tues Service Meeting-8:15 Tues. Bible Study 7:30 Thurs.

First Baptist Church Rev. Jim Stephen Sunday School-9:45 am Morning Worship-11:00 am Church Training 6:00 pm Evening Worship -7:00 pm Wednesday Service -7:00 pm

Hope Lutheran Church Sunday School-10:00 am Worship Service-11:00 am

Thursday: Adult Bible Class-8:00 pm Charles Huffman, Pastor

Church of Christ Minister-Don Jones Bible School-10 am Worship-11 am Sunday Night-6:30 pm Wednesday Night-7:00 pm

St. John's Episcopal Church 404 NE Poplar Holy Eucharist-Sunday 8&11 an Sunday School -9:45 am Holy Eucharist w/Prayers for healing 1&3-Wed 7:15 pm Rev. J. Monte Jones, Rector

First United Methodist Church Kent L. Kepler Sunday School - 9:45 am Worship - 10:55 am KHOS 92.1 FM - 11:00 am Chancel Choir Wed. 7:30 pm

## La Tarantella holds annual Christmas dance

the one in the garage!

Preparations were hastily made.

Some now forgotten band was

hired, lots of food was planned and

about seventy-five good friends

The big night arrived and

everyone was having a great time.

Suddenly the music stopped and all

the gentlemen left for the Teaff's

house. It was 9:00 p.m. and no

man in his right mind would miss

Matt Dillon on T.V.! The dancing

began again assoon as Gunsmoke

Everyone had such fun they

invited to attend the gala event.

La Tarantella Dance Club had its annual Christmas dance Saturday night. Providing the entertainment for the gala event was the Carolyn Steel Band from San Antonio. Beef tender and shrimp were served along with dips, smoked turkey and ham, homemade rolls, vegetables and other delicacies.

Approximately 165 people attended the dance in the exquisitely decorated 4-H barn. Directors of the club were the hosts and hostesses. They included Mr. & Mrs. A.W. Bishop, Elsie Schwiening, Mr. & Mrs. Johnny Jones, Mr. & Mrs. Al Lynch, Mr. & Mrs. Bruce Kerbow, Mr. & Mrs. Doyle Morgan, Mr. & Mrs. Corky Schwiening, Sammie Espy, Mr. & Mrs. Matt Davis, Mr. & Mrs. Lee Bloodworth, Honey Hicks, Mr. & Mrs. Bob Caruthers, Mr. & Mrs. Pete Thompson, Mr.& Mrs. Lawrence Finklea and Mr. & Mrs. Nolan Gibbs.

La Tarantella Dance Club is a private dance club and was organized on February 28, 1959. The following story provides some history on the founding of the club:

It was in the autumn of 1958 that Mac & Elizabeth McKinney invited a group of friends over to share some fresh oysters they'd brought back from the coast. The Stanton Bundys, Gay & Este Copeland, The Stanley Mayfields, Bob & Robby Teaff and the L.P. Bloodworths were all there for a good meal.

It didn't take too long before someone suggested they get

wanted to get together again as soon as possible. Fifteen couples put up twenty dollars each toward expenses for another dance. After all debts were paid, there was still money left in the kitty. So it was from this humble beginning that fifty-nine couples were asked to become members of a new club...La Tarantella Dance Club. Today the club consists of ninety-five members. They sponsor six dances a year, including their annual Christmas dance.

was over.



together and throw a big dance for all their buddies. A perfect place to have it would be in the Penick's Liquor Store...the back room was empty and conveniently located next to the Teaff's backyard. That solved a major problem...the "Ladies" could use the Teaff's bathroom and the "men" could use

> Maxine Locklin along with others enjoyed a Christmas program by Sounds Unlimited, Thursday at the Super Adult Luncheon.

## School Board approves Rodeo Team

During the regular session of the approved for payment by the board. I.S.D. Board of Trustees meeting Following the motion Mr. Russell S.I.S.D. Board of Trustees meeting held Tuesday, December 11, Rodeo Team Guidelines developed by Russell, School Charles Superintendent, were approved. The rodeo team will become a part of the high school athletic department and, thus, a school sponsored activity.

Another interesting item on the agenda was Mr. Wes Henson's (S.I.S.D. Maintenance Supervisor) presentation of how Johnson's Controls had developed a proposal should that resolve the heating/cooling problems at the high school. Mr. Henson went through the proposal step by step, and indicated that he felt it was a workable solution to the problem as well as being cost effective. The board unanimously accepted the proposal from Johnson's Controls in the amount of \$1388.00 for the necessary work.

Superintendent Charles Russell gave the board a report on several matters of importance. He indicated to them that both the football field and the ceiling repairs at the Administration Building had been satisfactorily completed. He also added that the track runways were finished and the asphalt would be poured within the next few days. Mr. Russell concluded his report by giving the enrollment figures as follows: Primary 257, Intermediate 257, Jr. High 221, High School 298 with a total of 1033.

gave a summary of the districts financial picture. He commented that with careful planning, the district should be able to stay within its budget and avoid any tax increases through the 1991-92 school year.

Due to an additional \$7,000.00 in revenue generated by the post-

district football games, the board voted unanimously to amend the budget. The funds will be distributed in the following way: \$1,000.00 to each campus for technology upgrading (computer software), \$1,000.00 for band and \$2,000.00 for athletic contingency. The construction of the Senior

Citizen apartments, and easement involved, raised several questions from board member Jim Garrett. This resulted in a request from the board for the Superintendent to acquire more information on the matter and to report back to them at a later date.

Chief appraiser Rex Ann Friess left a copy of the financial report of the Sutton County Tax Appraisal District for the year ended, September 30, 1990. She reported that six percent of the 1990 tax levy had been collected which is the same percentage as the previous

Sixty teachers were approved for career level I and II payments to be made on December 18. This was a

#### ire 2 Thursday, December 20

## Thursday, December 20, page 3 Sonora Invitational Speech Tournament

in a speech event, then you can provide a real service during the 45th Annual Sonora Invitational Speech Tournament on February 8 and 9. This turns into a real community effort as we host hundreds of students from about 30 schools to compete in events ranging from cross-examination Bible reading. debate to Competition in UIL academic events will also be held on February 9.

speaking events will be judged in tradition; volunteer your services the two-day tournament, and at least one judge is needed in each round

If you've ever served as a judge, (three in each semi-final and final aspired to be a judge, or participated round), so your assistance would be valued. If you can serve as a judge, notify the speech department and mark your calendar early to set aside these days. A short judging workshop is held during the week before the tournament to familiarize judges with current debate questions and event rules, so if you feel you're a little rusty, you can hone those skills before you go to work. Except for the UIL State Meet in Austin, Sonora boasts the oldest continuous speech tournament in Over three hundred rounds of Texas. Be a part of a Sonora now.

nistmas

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Christmas

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Action at its best--Broncos get opening tip off and attempt to score.

## **Death** Notices

#### Cordie Drennan

Cordie Drennan, 82, died Wednesday in a local hospital.

Services were held Friday, at First Baptist Church with burial in Sonora Cemetery, directed by Kerbow Funeral Home.

Born January 1, 1908, in Sonora, she was a homemaker and a member of the Baptist Church.

Survivors include two sons, Jack Drennan of Odessa and Roland Drennan of McKinney; three daughters, Bobbie Smith of Sonora, Frances Johnson of Lubbock and Ruth Ford of Denver City; 15 grandchildren and 19 greatgrandchildren.

## Evalyn McDonald

Evalyn McDonald, 80, died Tuesday in a local hospital.

Services were held Thursday at St. Johns Episcopal Church, with burial in Sonora Cemetery, directed by Kerbow Funeral Home.

She was born April 27, 1910, in Mart. She received a Master's degree from Baylor University and was a retired teacher. She was a member of the Episcopal Church, Texas State Teachers Association and the Order of the Eastern Star.

Survivors include four sisters, Maurine Smylie of Henderson, Mary Folley and Alyne Wood, both of Fort Worth, and Nellie Moore of Sonora; and several nieces and nephews.







Current bills in the amount of \$182, 619.71 were unanimously

unanimous decision made by the board.



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#### Thursday, December 20, page 5 page 4 Thursday, December 20

## Hell's Bells draws huge crowd

Sonora Wednesday and Thursday nights. The seminar, presented by Rice Brooks of Midland, Texas, was tremendously successful as 400 people attended on Wednesday and nearly 500 on Thursday.

Rock music and its effect on society, especially today's youth, was the primary theme for the expose. Mr. Brooks discussed and gave answers to serious issues such as suicide, drugs, sexuality and the occult.

According to organizers, the seminar was an eye opener to many in attendance. They also indicated that the majority expressed their gratitude to Mr. Brooks for his honest look at such serious issues.

Rice Brooks has spent the last ten years addressing the issues facing his generation. He has traveled to eleven nations speaking to countless university, high school and church audiences. He is the director of the Evangelism Resource Network which provides local

Hell's Bells created quite a stir in churches with practical tools and strategies for reaching the nonchristian in their city. Champions for Christ was founded by Brooks and is considered a successful outreach to athletes.

This organization has given spiritual training to scores of college and pro athletes. In his book Champions for Christ, he includes endorsements and comments from such notable names as Darrell Green(Washington Redskins), A.C. Green (L.A. Lakers), Reggie White (Philidelphia Eagles) and Clarissa Davis (1987 Naismith Player of the Year).

According to organizers, a love offering was taken up from those who wished to donate. This offering from the community met Brook's needs. He also expressed his gratitude to all who made the seminar a success, but gave credit to Jesus Christ. Brooks will be making plans for a follow-up visit. At present, he is continuing his crusade in Washington D.C.

WINTER SNACK IDEAS

Low Calorie Ideas for Popcorn Lovers

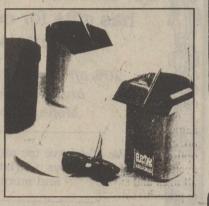
News USA

(NU) - Trying to control your weight during the holiday and postholiday party seasons means you have to find a tasty snack without feeling guilty.

And that's where popcorn comes in. It is still tops when it comes to being light and delicious. And few snacks are as affordable or fun to make. On the nutrition side, hot air poppers provide the best popping method.

In fact, many well-respected diet programs list hot air popcorn as an allowable exchange for a slice of bread. A three-cup popped serving has only 97 calories and only a trace of fat.

However, it's loaded with complex carbohydrates and dietary fiber. On the cost side, after the initial a few ingredients and some experi-\$20 investment for an air popper is made, an average serving of hot air popcorn costs only about five cents. According to a study by The West Bend Company, the same serving of



microwave popcorn costs an average of five times as much.

But whether you're watching your weight or eating everything in sight, mentation make snacking fun. Try these recipes next time you make a batch of popcorn. Enjoy them. But don't be afraid to experiment on your own. C. ACTORION





Under Construction--these Sonora Seniors Apartments are going up next to the High School on Bond Rd.

The Sonora

OBSERVER

is now offering subscriptions

RES BERGES

City Council holds special meeting

The City Council held a special meeting, December 11, in the City Council Chambers. Billy Gosney, Bob Mooney, James Trainer, Margaret Cascadden, Lemuel Lopez, Jaye"Butch" Campbell, M.H. Gildon, Beth Wallace and Becky Covington were present to wit.

The meeting was opened at 5:30 p.m. by Mayor Bill Gosney. The first item on the agenda was a public hearing to consider the proposed budget of the Chamber of Commerce use of the hotel/motel tax. Comments and questions were answered by Kathy Davis, manager. There were no further comments so the hearing was closed.

The next public hearing pertained to the Texas Community Development Program. This project surfaced in order to improve some streets and problem drainage areas in Sonora. The improvements were made possible by a grant from the Texas Department of Commerce.

During the hearing, Mr. Gildon informed the council that the project had been completed and presented the specifics. He also informed them that the Project of Completion were available for

review. At that point, there were no further comments so the hearing was closed. All members of the City Council voted to approve and accept the project.

By a unanimous decision, the city council authorized Petroleum Funds, Inc. to recover up to \$670.00 in overpayments for petroleum products for the City of Sonora. The time frame extended from August 19, 1973 until January 27, 1981.

The last topic of discussion was insurance bids. The Council received a detailed analysis of the bids received. After review and presentation by the agents, the decision was made by all but two of the City Council members to accept the insurance package from

Texas Municipal League. The package included liability, property, law enforcement, public officials, airport liability, automobile fleet and contractor's equipment. , The cost of the insurance coverage will be \$34, 315.00 carrying \$1000.00 deductibles.

There being no further business Completion Report and Certificate to discuss, the meeting was adjourned.

#### Introducing the Number One Killer of Young Americans



Improve Your Odds. Wear Your Safety Belt. Texas Coalition for Safety Belts



Molasses in liquid or block form

PARTY MIX POP

- cups popped popcorn cups any Chex cereal cup salted nuts
- 1/2 cup butter
- 1/4 teaspoon garlic powder teaspoon lite seasoning salt

teaspoons Worcestershire sauce

#### 1/8 teaspoon cayenne pepper

Preheat oven to 250 degrees. Place popcorn, cereal and nuts in large roasting pan. Melt butter in small pan over low heat. Remove from heat. Stir in Worcestershire sauce, garlic powder, seasoning salt and cayenne. Pour over popcorn mixture. Toss with hands to coat thoroughly. Bake 45 minutes, stirring every 15 minutes. Remove and serve.

Great Excuse for Having A Party!

Calorie Cutter: Use 1/4 cup diet margarine. No nuts — in the recipe, that is, not at the party.

Yield: 11 cups.

Here's another good recipe from the highly acclaimed book. For Popcorn Lovers Only, by Diane Pfeifer:

#### **ROCKY POP TRAIL MIX**

- cups popped popcorn
- cup diced dried fruit
- cup assorted unsalted nuts cup chocolate or carob chips
- teaspoons powdered sugar
- teaspoon cinnamon

Place popcorn in large bowl. Toss in fruit, nuts and chocolate or carob chips. Sift sugar and cinnamon over mixture and serve. Great Idea for Hiking Outdoors or Back To The TV From the Kitchen.

Calorie Cutter: Sprinkle with 1-2 packets sweetener in place of sugar. Use 1/4 cup fruit and nuts. Skip the chips.

Shortcut: Toss 3 cups of commercially prepared trail mix into popcorn. Yield: 11 cups



## **Baptist choir** performs cantata

Music filled the air last Sunday evening as the First Baptist Church Choir performed their Christmas Cantata, "The Birthday of a King."

The sixteen voice chorus performed magnificently under the direction of Joe Lane, with narration by Smith Neal. This enjoyable musical certainly related the true meaning of Chirstmas to those who attended.

"The Birthday of a King" related some new Christmas music while making good use of some traditional carols.

During this Christmas season, the First Baptist Church certainly let their lights shine brightly.



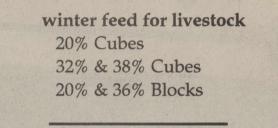
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the books are only \$7.50.

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## Waste not want not: Recycling efforts still going strong

The recycling effort continues as the City of Sonora has recently erected a new sign at the recycling station. At present, the City of Sonora is accepting bottles, aluminum cans and tin cans. They are accepting tin cans in an effort to keep them out of the land fill, however, they are not receiving money for these at this time.

According to Jim Garrett, Public Works Coordinator, recycling is not profitable for the city but they will continue to do so in an effort to keep the environment clean. The ultimate goal would be to make it a profitable business as well as continuing the effort to keep America clean.

Garrett also added that he appreciates everyone in Sonora taking an interest in the project and contributing products that can be recycled. However, it would be helpful to the city if everyone would remove lids from the glass jars and not throw paper or plastic bags into the containers.

Following these simple guidelines, would greatly benefit the recycling effort and would allow city employees to spend less valuable time on the project.



## Safety Belts Antique Christmas ornaments add style

Aren't Just Humbug Buckle Up!

Texas Coalition for Safety Belts

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The following stories were written by second grade students at Sonora **Primary School:** 

#### Things about Christmas by Selina Martinez

Christmas is fun because we get to ornaments. It is fun puting up the opening your presents. It is fun puting up the Christmas light. Most of all Santa coming to visit us. Some time peaple put cooke and milk for Santa. In the moring racy has kept pace with tradition, nuwe open our prtesents. Christmas merous other noteworthy events have in is special to me because baby Jesus fact occurred on Christmas Day. was born.

While the first Christmas trees were decorated with fruit and nuts, and other edible ornaments, by the middle of the 19th century, elaborately decorated objects began to adorn the increasingly popular evergreen.

Handblown glass balls, called kugels, have added shimmering beauty to pine boughs since they were first made in Germany in the early 1800s. Available in elongated as well as round shapes, kugels could be had in a variety of sizes and colors, as well.

Molded glass ornaments originated in the latter part of the 19th century, also in Germany. The earliest shapespine cones, fruit and icicles-were joined by a wide range of others, from fairytale characters to animals, Santas to edifices, as manufacturers became ever more inventive.

Paper ornaments were also popular in the late 19th and early 20th centuries. These took two major forms: "Scrap ornaments," colorfully printed, thanks. to the newly refined process of chromolithography; and Dresden ornaments, whose cardboard base, both die-cut and embossed, was painstakingly decorated with gold, silver and other colors of paint.

Among the most popular subjects for scrap ornaments were angels and snowmen, and Santa himself starred in many an eye-catching chromolithographed scrap ornament.

detailing characterizes these ornaments, which are among those most treasured by collectors of antique Christmas decorations.

their low cost as well as for the wide range of subjects they represented.

Animals, fruits, clowns and angels joined innumerable Santas in these three-dimensional ornaments formed by combining cotton and cellulose fibers, over a base of cardboard or wire. Their hard outer surface, on which decorations would be added, was created by the application of glue. By the 1930s, virtually all of these

charming, early decorations had become obsolete. However, today they are heirlooms, prized by collectors and exhibited in museums.

Considerably less elegant, ornaments of spun cotton were popular for

"During the month of October, we ship more bikes to retailers than in any other month, so the bikes will be on the sales floor by December," said Jack Duncan, president and chief operating officer for Murray Ohio Manufacturing Co., one of the

games are enjoying great popularity, all ages and skill levels is available at prices to suit nearly every budget.

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#### BICYCLES

#### **Bikes Top List of Smart Gift Giving Ideas for the Whole Family**

#### News USA

"Me" decade, the 90s are shaping up to be the "We" decade.

Economics and careers were the priorities during the 80s. Today the issue of "quality time" with family members is taking precedence over fast-track careers and material possessions.

A more back-to-basics society is evolving. Parents are choosing to spend more time with children and endlessly looking for ways to enjoy a healthy balance of work, exercise, play and, most importantly, family time.

And with Christmas approaching, this back to basics trend is expected to influence parents' gift-purchasing decisions.

Bicycles have always been on the top of both children's and adults' wish lists for Santa Claus. In fact, according to the Bicycle Institute of America, the month of December traditionally has been the No. 1 month for bike sales

nation's leading bike producers.

Although high-tech computer to gift can offer a more healthful option for the whole family than bicycles can. A full range of bikes for

For instance, Murray offers

(NU) - If the 80s were indeed the mountain bikes, cruisers, lightweight ten-speeds, touring bikes, BMX dirt bikes and 16-inch wheelsize bikes with detachable training wheels, allowing the entire family to enjoy cycling together.

Children's physical fitness continues to be a growing concern in America. The typical child watches television five hours a day, while participating in sports activities for only 30 minutes a week, according to the National Assessment of Educational Progress. In addition to television deterring children from exercising after school, children aren't getting enough physical activity while in school.

According to reports from the Chrysler Fund-Amateur Athletic Union, while 36 percent of all elementary students have physical education class everyday, only 10 percent of the nation's 10 to 17 year olds get the aerobic exercise they need. This leaves parents responsible for encouraging children to exercise after school hours.

One way parents can promote physical activity is to set an example themselves. Parents who participate eagerly in fitness activities with children around the home provide a positive model for children, and encourage quality family time.

With such an extensive line of bikes, Murray can affordably outfit an entire family. Cycling provides essential exercise and interaction that you can't get from television video games. It's a smart gift to give this Christmas," Duncan said.

<b>Used Car Specials</b>
'89 Toyota Camry 4 DrMaroon Color, Extra Clean
'89 Dodge Ram D50 P/U4 cyl., 5 speed, A/C, AM/FM Cass
'89 Chevrolet 1/2 ton Short Bed- V6, 5 speed, AM/FM Cass., Tilt,Cruise, Black & Gold
'86 Pontiac Parisienne-4Dr V8 Tilt Cruise much

**36 Pontiac Parisienne--**4Dr., V8, Tilt, Cruise, much

#### While scrap ornaments were always two-dimensional, Dresden ornaments were often carefully worked into threedimensional shapes, such as vehicles (including early depictions of airplanes and zeppelins) and animals. Superb

## put up the Christmas tree and the Throughout history, Christmas Day has been a ornaments. The other thing is date on which noteworthy events have occurred

December 25th is best known, of Battle of Hastings, ascended the throne course, as Christmas-declared centuries ago as the day of Christ's birth. But, while no one can say for certain if accu-

In the year 800 A.D., Charlemagne was crowned Emperor of the Holy Roof England on December 25th. Crossing the Atlantic, in 1492, Chris-

topher Columbus's ship, the Santa Ma-ria, landed on the island of Hispaniola, today occupied jointly by Haiti and the Dominican Republic, on Christmas Eve.

Columbus left a colony of his sailors

of the American Revolution happened on Christmas evening in 1776, when George Washington and his troops crossed the Delaware River from their encampment

in Valley Forge, Pennsylvania, into New Jersey There was good reason for this-Washington rightly assumed that the

Hessian troops employed by the British

#### My Elf by Afton Browning

My elf is a girl. Her name is Stephanie. She is very nice. She likes to sew. She has a red and green sute on. She is three feet tall. Santa likes her. She's helpful

all the time. She loves to read and to love on people. She has a gentle heart. She loves to collect Christmas

stickers. She has rosy cheeks. She has lovely shoes. She has a red hat to. What;s best is she is her self.

#### Santa Claus

by Lorena Lopez

Santa is a person who gives presents and has tow red cheacks as red as a rose. He has a belly that sticks out. He is fat too and has a white long beared and white mustash. His nose is red too. He has a red and white hat with a little ball thats at the edge of the hat. He has eight rain-deer that pull his sled. He has a big sack that has a bunch of toys in it. He has a bunch of elves that help him make toys on Chrismas night. He comes down your chiminy and puts a present under your chrismas tree. He lives in the north pole where it is frezy cold. He has a wife that is so sweet. Every night after Santa gets threw giving presents, his wife gives him hot choclet. He has a work shop and thats where Santa checks his list. He has a big black belt and black boots. His suit is all red and white. Santa likes for us to leave cookies with milk. Santa has to eat well before he gose deilivering all the presents. If you belive in Santa he will come to your house. Santa knows if your good of bad. He is nice and that is why everybody likes him. I wonder what would happin if we didn't have him?

#### Sonora Broncos by Cole Cearley

The Broncos won distric in Foot Ball they are cool. My heroes are Eric and Adam. Adam is a good player and Eric is too. Usually I like all of them. The quarter Back is David. He is a good quarterback.

world-renowned leader, William the but a short cut to the Far East. Conqueror, fresh from his success at the One of the most famous occurrences army.

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s the rive mas Day. And, in 1066, another vinced he had found not a "new world"



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# Merry Christmas Sonora

