## From Dawn to Dusk ... and by the light of the Moon.

ar Electric Cooperative, headquartered in Tahoka, lost 500 poles and 2,500 cross arms da after the New Year's icy weather. At it's peak, 65% of Lyntegar's system had power outages affecting 14,500 custor

This is part of Lyntegar's Lamesa crew working west of King Mesa Gin to repair lines The lights on the right are from a tractor. "Many of the generous farmers in our service area assist our crews by pulling us with tractors when the conditions call for it. Thanks to all the farmers assisting our crews!" said a Lyntegar spokesman.

nn County N THE

January 8, 2015 📕 Volume 112, No. 2

Serving Lynn County since 1903

Tahoka, Lynn County, Texas

email: LynnCoNews@poka.com

## what's side

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- TISD thanks local leaders for dedication - pg. 3
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- Weather factor in 15 traffic accidents - pg. 4
- NH Stock Show is Saturday - pg. 6

by JUANELL JONES

"This was a bad one - this New Year's 2015 will go down as our second worst ice, storm in Lyntegar's history!" said Greg Henley, CEO of Lyntegar Electric Cooperative, Inc., after a New Year's winter snowstorm created the perfect storm - a combination of ice, snow, freezing rain, temperatures in the low teens, wind, thawing and refreezing - that caused havoc with electrical lines throughout Lyntegar's rural service area, mostly south of Hwy. 380.

The winter storm moved into the South Plains area on New Year's Day, and by noon Friday, Jan. 2, Lyntegar had outages to 450 meters in the Dawson County area, with many more reported throughout the day, hitting a peak of 14,500 customers in several counties affected with power outages during Saturday's winds and thawing temperatures the highest number of meter outages that the rural electric cooperative has had to date

ages during the windy thaw on Saturday afternoon, affecting 14,500 customers, 'that many of those customers were without power only 3-4 hours due to downed lines that were repaired quickly, with approximately 5,000 customers still without power by Saturday night. Longer repair times were needed for outages caused by downed poles and damaged cross arms In an update at 10:15 p.m. Saturday, Lyntegar staff reported: "Our outage count is now at 5990 which is down from

Draw, east of Grassland, Graham, and north of Post. We have more help coming from Deaf Smith EC in Hereford and Lighthouse EC in Floydada. We will

(Tuesday). With the muddy conditions after the thaw, it's turned into a nasty swamp out there, and we appreciate our area farmers who are graciously assisting with tractors to pull our service vehicles, often times from pole to pole," he added. When a winter storm hits the area, Lyntegar employees hit the ground running, with all available manpower assigned to assist crews with repairs, and office staff answering phones and delivering hot meals to crews onsite as they work to get the power restored. They also seek assistance from other cooperatives (offering to return the favor when needed). "We are being assisted by crews from five other coops: Bailey County Electric Cooperative, Lamb County EC, Deaf Smith EC, and Lighthouse EC with two crews, and South Plains EC. We also have four contractor crews assisting," said Henley. Borden County, Dawson County, Lynn County, and Garza County are where the majority of the remaining heavy damage existed, he said.

**ROZEN 2015**: Power outages affect 14,500 Lyntegar customers over New Year's weekend



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We want to celebrate true love!

Share with The Lynn County News, a moment of your true love days - an unusual proposal, a funny moment in the wedding, a honeymoon that went wrong, or a sweet memory from your marriage that you would like to share. We want your comments for our Valentine edition on Feb. 12. Include the husband's and wife's names, and how many vears you have been married as of Feb. 2015.

Don't wait - send it now! Message us on the Lynn County News facebook page, send us an email at LynnCoNews@poka. com, or send us a note at P.O. Box 1170, Tahoka, TX 79373.

Date	High	Low	Precip.
Dec 30	27	27	
ec 31	19	10	0.05"
n 1	25	11	0.04"
an 2	30	19	0.63"
an 3	44	23	
an 4	36	21	1. 1. 1. 1
en 5	54	19	
Total Precip for Jan:			0.00"
Total Precip for Feb:			0.48"
Total Precip for Mar:			0.06"
Total Precip for Apr:			0.03"
Total Precip for May:			3.95"
Total Precip for June:			3.74"
Total Precip for July:			0.29"
Total I	Precip for	Aug:	0.89"
Total I	Precip for	Sept:	12.55"
Total Precip for Oct:			0.17"
Total Precip for Nov:			1.93"
Total I	Precip for	Dec:	0.49"
Total P	recip. for	2014:	25.20"
C. ADAD	recip. for		0.67*

"We've had more poles down - that was our worst storm in 1973 - but while we had less poles down in this storm we actually had more customers affected, due to the growth

of our customer base since then. We had a bad ice storm in 2000 that affected many

customers. but not as many as this year's. At this time (early Monday morning) we estimate we have had over 14,500 meters off, approximately 500 poles down, and approximately 2,500 cross arms damaged or down in our service area - basically everything south of U.S. Hwy. 380," said Henley.

He explained that at the peak of out-

66 With the muddy conditions after the thaw, it's turned into a nasty swamp out there, and we appreciate our area farmers who are graciously assisting with tractors to pull our service vehicles, often times from pole to pole. ??

-- GREG HENLEY, CEO, LYNTEGAR ELECTRIC COOPERATIVE

a peak of about 14,500 around 2 p.m. during the thaw, which was about 65% of our entire system. We still have major damage north of Ackerly towards Midway and Key, as well as several breakers off west of Patricia and south of Klondike. There are also outages east of Seagraves, south of Seminole, south of Loop, north of Wells, north of New Home, around

continue to work as hard as we can until we get the last house back on."

As of Jan. 5, Henley said that crews had worked night and day to restore power to as many homes as possible, with the count down to 1,654 meters off. Service crews were continuing to restore isolated outages this week.

"We hope to have all of the homes and the bulk of the service on by Thursday (Jan. 8), but we will be replacing lines for the next 2-3 weeks. We appreciate our members' patience and understanding during this time. As conditions continue to dry out,

crews will be able to better restore service," said the CEO. "We have made a lot of progress on

some of the smaller, scattered outages with our service trucks while leaving the construction crews focused on the main feeder lines with the heavy damage. We have more crews coming in tomorrow

Lyntegar provides electricity to all or part of eleven counties, serving more than 5,400 members and more than 22,000 meters.

# Bringing Breath to Life! Tahoka grad returns home to provide respiratory care at LCHD

#### by JUANELL JONES

reathing seems a simple task, something we all do without conscious effort from the moment of birth - until the simple act of breathing becomes not so simple anymore, and professional assistance is needed to retrain the body's necessary act

"Inspiration:

of bringing oxygen into the lungs. That's when a respiratory therapist is called.

> Randy Chapa, a 2003 graduate of Tahoka High School, has returned to his hometown as a Respiratory Therapist at Lynn County Hospital, where he oversees all patients as the Respiratory Care Manager. He is enthusiastic about serving the citizens of this

area and excited about the opportunity to provide health care at the local hospital.

"I am glad to be back in my hometown and hope to bring quality respiratory care services to meet the needs of our great town of Tahoka," says Chapa.

He earned his Bachelor of Science degree in Respiratory Care at Texas State University in San Marcos, and did his clinicals and internships at three major hospitals in Austin and two major hospitals in San Antonio. After graduation, he moved to McAllen and was employed at Doctors Hospital at Renaissance, working in the ICU caring for post open-heart patients to wean them from the ventilator. He then moved back to west Texas where, in addition to his fulltime position at LCHD, he also works on-call weekends at Covenant Medical Center in Lubbock.

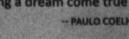
He is licensed by the State of Texas as a Respiratory Care Practitioner and Certified Respiratory Therapist by The National Board of Respiratory Care,

and has Advanced Cadiopulmonary Life Support (ACLS) and BLS. He is a member of the Texas Society of Respiratory Care (TSRC) and a part of the Texas Disaster Preparedness Team.

At LCHD, Chapa is pleased that the hospital has a new piece of equipment that will help stabilize patients with breathing problems.

"We now have a Trilogy 202 ventilator which can be used to help a patient who can breathe on their own get stabilized or help a patient who is unable to breathe on their own get stable before transferring," he said. "One major plus is that this ventilator is portable, allowing us to stabilize the patient here and transfer on the EMS truck instead of wasting precious time calling Aerocare and waiting for them to pick up a patient. It can also be used on any patient who has respiratory distress that needs an extra little pressure and oxygen to open up the airways and correct any acid/base (See BRINGING BREATH TO LIFE, page 6)

66 It's the possibility of having a dream come true that 22 makes life interesting. -- PAULO COELHO



#### January 8, 2015 🔳 The Lynn County News

#### The Lynn County News

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"Like" us on Facebook. ww.facebook.com/LynnCountyNews

Bring your sweetheart to a Tahoka. fun-filled evening with dinner as the Tahoka Rotary Club presents, "Aw Shucks" on Feb. 14 at 6:30 p.m. at the Center

From Pioneer Service, "Aw was written by ToniAnn Guadagnoli, and is a country vs. for Housing and Community city comedy, with the following Development, 1400 Ave. K in synopsis:

Tahoka Rotary Club to present "Aw Shucks" on Feb. 14

Drama

Shucks"

Sworn in ... Larry Durham (left) is sworn into office by District Judge Carter Schildknecht in ceremonies conducted Jan. 2, 2015 at the Lynn County Courthouse. Durham is the new Pct. 4 Commissioner for Lynn County, for a four-year term.





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ITH SO MANY movies on TV unwatchable by many of us because they are all about bad language, immoral people and blowing things up, the family-oriented TV movies with their happy endings are well worth praise, but they are not always perfect.

The Hallmark channel shows feel-good movies all year, as do some other channels, and around Christmas, almost every channel has some good things. But one common theme of many of these shows is assuming that small towns don't want or need any development projects like malls or golf courses, and that educated people in professions like banking, accounting, college professors, or lawyers are useless because they don't know anything about farming or ranching.

These people are ridiculed just because they can't drive a tractor or help a cow give birth to a calf, or really have no desire to do so.

And I doubt the environment of most small towns would be hurt because someone wants to build a mall or golf course in town. Yes, some mom and pop businesses could suffer, but new businesses spawn more jobs and a larger tax base for needed community projects.

So far as the ridiculed people mentioned above are concerned, most professional people work hard to learn their specialties. So I'm standing up here for egghead city slickers, even-forgive me-lawyers.

Lawyer jokes are popular, and I have my own favorites ("It's so cold out there that I saw a lawyer with his hand in his own pocket"). But some of my closest friends are attorneys, really good people. Sure, there are some crooked and obnoxious lawyers, but there are bad apples in every profession.

Most farmers and ranchers I know are hard-working, good folks. But a few don't fit that mold.

I even know of some lousy newspaper people.



January 12-16 Monday: Charbroiled hamburger, herb potato fries, wheat bun, berry cobbler Tuesday: BBQ Brisket, hash browns, turnip greens, pineapple pie

Wednesday: Chicken tenders, mashed potatoes, mixed

squash, fruit cup Thursday: Baked fish Scandia, red potatoes, apple coleslaw, cornbread, peach shortcake

and always needed! DONATIONS to the Lynn County

#### Hospital District EMS are always greatly appreciated.

Calif. vegetable blend, spinach

Mark your calendars...

and upcoming events!

chip cookie

mushroom salad, roll, chocolate

• Check out our Facebook page

and click the like button ... Lynn

County Pioneers Senior Citizens

Center for the latest information

· Donations to benefit the ·

Center are greatly appreciated

LynnCoNew Thank a Se TISD to se

> January Board Month and is joining o across the : these local their dedicat ingness to se cates for a and public s "Even th

making a s in January tion to our realize the tions reflect mitment. Th of themselv decisions our local sc representativ



#### Salvation fundraise

As this portant func tion Army f appreciate ( and we exce raised last y We wou

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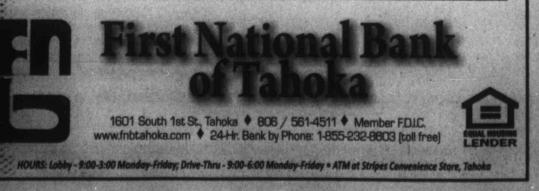
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## start it off right with an account at First National Bank of Tahoka.

It's easy... all you have to do is come by and open a FREE checking account, or maybe order a fast, easy and safe DEBIT card, or get set up for **ONLINE** banking (with 24-7 banking available on the internet and total access to all your accounts) ~ complete with Online BILL PAY ... all of this only takes a few minutes and you'll be on your way to uncomplicated banking at First National Bank, with fast and friendly, quick and easy service.

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Belle (Clements) Stice. She married the love of her life Cecil Ray Owen on December 1, 1955 in Tahoka. She was a member of the General Assembly and Church of the Firstborn.

"Just about when Maw

decides it's time to help her son

Roscoe find a perfect Southern

belle to be his bride, he comes

home with a city-girl fiancé

named Brooke Benton! Truth be

told, Maw's choice for Roscoe,

farmer's daughter Savannah

Davis, is probably better suited

for her other son, mud pit belly-

floppin' Billy Bob. Still, Maw

is determined to prove that

she knows best. Along with

her sisters, Clementine and

Sissy, Maw decides that an

old-fashioned hoedown is the

only way to decide who Roscoe

should marry. Though she's a

bit worried about breaking a

nail, Ms. Benton participates

in Maw's competition and

gets a little countrified in the

process. But will it be enough

to win Maw over? Saddle up to

find out in this country vs. city

comedy that will make you go

includes the meal. Reservations

for full tables of 8 people

are available (reserved when

paid in full). Proceeds from

this Tahoka Rotary Annual

local high school seniors.

Seating is limited. Tickets may

be purchased early from any

bituaries

Tahoka Rotary Club member.

Mary Belle Owen

Belle

long time resident of Lynn

County,(Tahoka) passed away

at her daughter's home in

Ardmore, OK surrounded by

loved ones on Thursday, January

1, 2015 at the age of 75. She

was born February 11, 1939 in

Tahoka to Monroe and Annie

Owen,

Mary

benefit

Tickets are \$35 each, and

'horse' with laughter!"

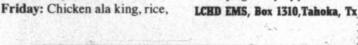
Scholarship Banquet

Mary Belle was preceded in death by her husband, Cecil Ray Owen; her parents and two grandchildren, Jennifer and Sarah Owen; sister, Betty Anne Stice and brother, J. M. Stice.

Those left to cherish her memory are her son, Johnny Owen and wife Sherry of Anchorage, Alaska; two daughters, Roxie Dunlap and husband Andy of Ardmore, OK and Mary Lou Walton and husband Donnie of Tahoka; two brothers, Charlie Stice of Tahoka and Freddie Stice of Paducah; 10 grandchildren and 21 greatgrandchildren and numerous nieces, nephews extended family and friends.

Services were held at 10:00 a.m. Tuesday, January 6, 2015 at General Assembly and Church of the Firstborn with interment at Tahoka Cemetery.

Celebrate her life by visiting combestfamilyfuneralhomes.com (PAID)



### You are cordially invited to a Reception honoring

## RODGER POTTS

Upon his retirement after Nineteen years of service with Lyntegar Electric Cooperative, Inc.

Tuesday, January 13, 2015 3:30 p.m. to 4:30 p.m.

> Lyntegar Electric Coop 1681 Hwy, 62/385 Seagraves, Tx





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January is School

Month and Tahoka ISD

is joining other districts

across the state to thank

these local leaders for

their dedication and will-

ingness to serve as advo-

cates for our children

making a special effort

"Even though we are

in January to show apprecia-

tion to our board members, we

realize their many contribu-

tions reflect a year-round com-

mitment. They generously give

of themselves to ensure that

decisions directly affecting

our local schools are made by

representatives of this commu-

Letters to the

As this being the most im-

portant fundraiser for the Salva-

tion Army for Lynn County, we

appreciate everyone who gave

and we exceeded the amount we

following people who gave their

time to help by ringing the bell:

Tony and LouAnn McGowan,

Wiley and Diane Osborne, The

Fleenor's, Barry Pittman, Joan

Knox, Mary Aguero, Frank and

Jenni McLelland, Bianca Baker,

Mike and Beth Huffaker, Bill

Fuller, Calloway and Gretchen

Huffaker, Stace Holland, Jim

and Chloie Jan Wells, Rod

Smith, John Baker, Trent Scott

Salvation Army Unit Representatives

Again, thanks to all who

and Janel Earnest.

made this possible.

**Billy Everett** 

We would like to thank the

**Salvation Army** 

raised last year.

fundraiser successful

and public schools.

Board

Thank a School Board Member

Recognition

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Marcy Whitley



**TISD thanks local leaders for dedication** 

to serve as advocates for children, school

nity, people who are close to our schools and know our teachers, parents, and students," said Dr. George McFarland, Tahoka ISD Superintendent. "As elected officials, they are the voice of their communities, serving first and foremost in the best interest of Texas schoolchildren." "Board members shoulder

critical responsibilities and often make difficult choices. Their ultimate goal is always focused on the future success of the children in our district," McFarland said. "It's more important than ever before that the community supports public education so that today's students are prepared to be productive citizens and the leaders of tomorrow. Our board members provide vision and leadership in their roles as advocates, and they will continue to stand up for public education and guard against anything that takes away from our children or undermines our public schools," he said.

The district, under the direction of the school board, recently adopted the new district vision of W.I.N. 2025. This was the result of many hours spent by board members to collaboratively work together while gaining input from all district stakeholders in order to develop a positive direction for our district.

Board members serving Tahoka ISD are: President Dr. Cathy Box, Vice-President Jim

Secretary Bingham, Scott Dimak, Brenda Dotson, Michael Duncan, Scottie Olivan, and Matt Woodley.

"Our district benefits from the tireless work countless hours and contributed by these local citizens who work without pay. Serving as a crucial link between the

community and classroom, this board is responsible for an annual budget of \$7 million, 600 students, 108 employees, and 3 campuses. Please help us thank these dedicated volunteers for their efforts to make a difference and their unfailing commitment to the continued success of our students now and in the future," Dr. McFarland said.



### Stoerner graduates from Wayland Baptist

Stacie Elise (Green) Stoerner, of Plainview, graduated December 13 from Wayland Baptist University with a Degree in Business Administration with a specialization in Economics & Finance. She is employed by Prosperity Bank in Plainview.

She is the daughter of Rickey and Jackie Green of Plainview and the granddaughter of Betty Bearden of Matador and Nelta Green of Plainview.



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Proud to serve ... These Lynn County officials were sworn in to office for a four-year term on Jan. 2, 2015 in ceremonies held in the District Courtroom of the Lynn County Courthouse. They are, from left, County Treasurer Susan Tipton, District Clerk Sandra Laws, Pct. 4 Commissioner Larry Durham, District Judge Carter Schildknecht, County Judge Mike Braddock, Pct. 1 Justice of Peace Nancy Guilliams, and County Treasurer Amy Schuknecht.

### **Local Stock Show** rescheduled for this Saturday

The Tahoka Stock Show, originally scheduled for Jan. 3, was postponed due to the icy weather, and will be held this Saturday, Jan. 10, at the Lynn County Showbarn. Sponsored by the Tahoka FFA Booster Club, the show starts at 9:30 a.m., with 45 Tahoka ISD students showing animals.

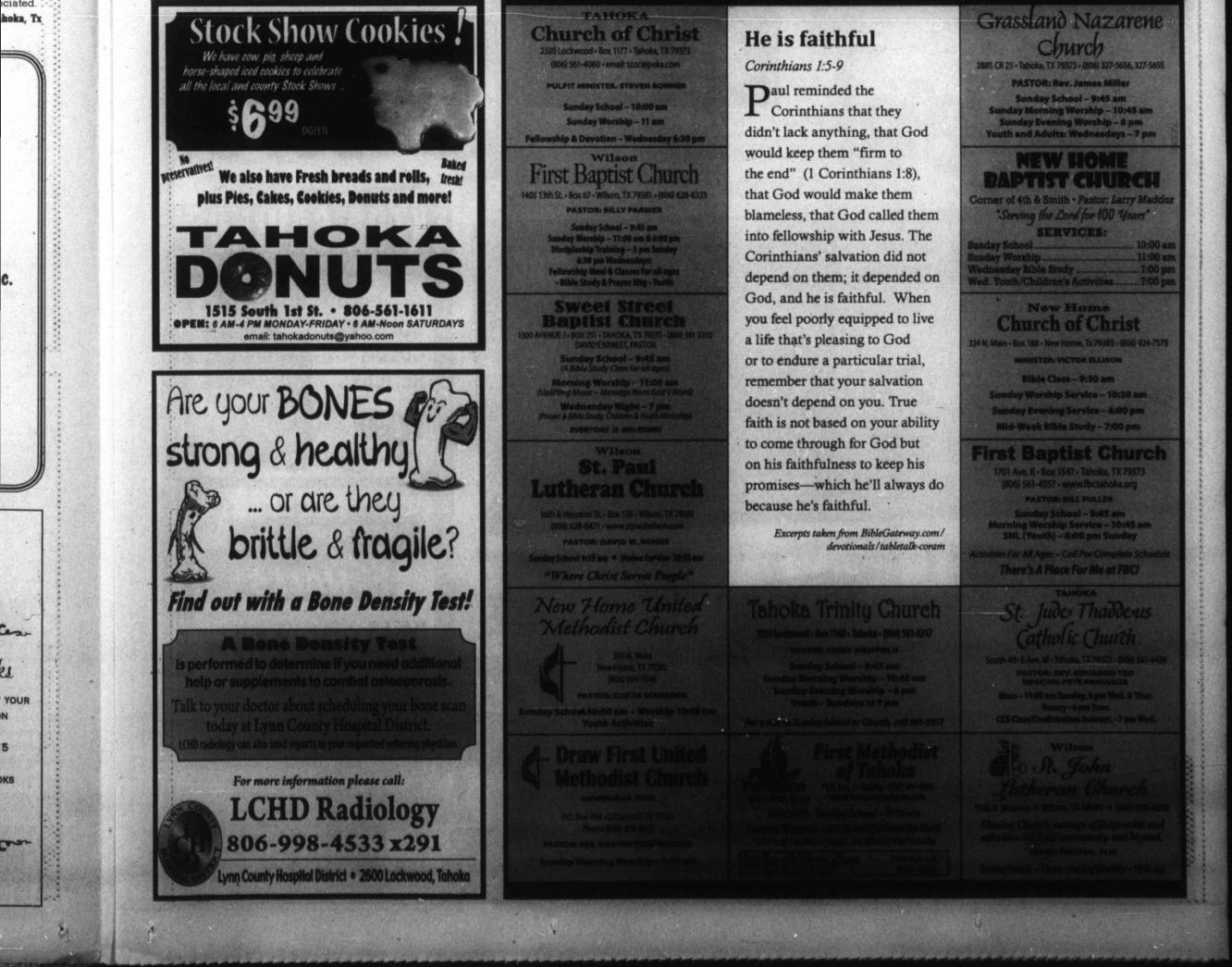
The show order starts with sheep, followed by goats, cattle and pigs shown by Tahoka FFA and 4-H youth. Concessions will be available for lunch and throughout the day, including beans and cornbread, and also pizza.

The public is invited to attend.

**Please visit these Lynn County Churches** 



#### The Lynn County News 🔳 January 8, 2015 3



January 8, 2015 🔳 The Lynn County News



Donation for CFK ... The Lynn County Hospital District staff had a bake sale to raise funds for the "Lynn County Christmas for Kids" program. Presenting the donation from left are, Cynthia White, Mandi Duncan (Chairman of CFK receiving the donation), Carmen Chapa, and Amy Henry.



## Weather factor in 15 traffic accidents on 87 in four days

Snow and ice on roads in the area were considered primary factors in a heavy dose of traffic accidents in the county from last Tuesday through Friday, when 15 accidents were reported, all on U.S. 87, and mostly between Tahoka and O'Donnell.

Injuries were reported in three of the accidents, with at least three persons taken to the Lynn County Hospital by EMS ambulances. Ten of the accidents were on New Year's Eve, and most of them were single-vehicle rollovers without injuries. One exception on Wednesday was a vehicle that overturned a mile south of Tahoka when an ambulance was sent out, along with Tahoka volunteer firemen called because it first was thought help would be needed in getting a victim out of the wreck.

An ambulance also transported one or more persons hurt



as a vehicle overturned north of Tahoka on U.S. 87 on Thursday.

Only two of the 15 accidents were two-vehicle collisions, with no injuries in either. Among the vehicles overturning without injuries were an RV and a semi-trailer car hauler transporting three cars, both occurring a mile south of Tahoka on New Year's Day.

DPS troopers from out of the county investigated all of the accidents, with no further details available on any of them.

A 21-year-old Tahoka woman, Dakotah Jai Gray, was jailed last week for bond surrender on a 106th District grand jury indictment for engaging in organized criminal activity.

On Dec. 30, sheriff's officers were called to the scene of a domestic disturbance in Wilson, where they arrested a 56-year-old Wilson man for assault causing bodily injury to a family member. Officers went to O'Donnell

Friday when two poles caught fire from downed power lines. Some O'Donnell residents were without power last weekend as ice-laden lines broke.

Also on Friday, sheriff's officers arrested a 30-year-old Spur woman, who was jailed on two charges of unauthorized use of a vehicle, plus burglary.

Early this week, Lynn County Jail was holding 47 persons, including 25 for Ector County. Latest arrests were for assault causing bodily injury to a family member, application to revoke probation on conviction of possession of cocaine, contempt of court on child support order, and unauthorized use of a motor vehicle.

Dispatchers at the Lynn County Sheriff's Dept. processed 263 calls in December, including 131 for the county, 71 for City of Tahoka, 23 for animal control, 26 ambulance calls, 7 fire alarms

kept busy during the icy weather at the turn of the year, as 2015 blew in with a winter storm. This rollover was just south of Tahoka city limits on U.S. 87, about 4:45 p.m. on Dec. 30.

## **Yancy Draper** to perform in summer tour

Yancy Draper, a senior at Tahoka High School, is one of the newest members of the Genesis Drum and Bugle Corps (DBC). Over two very intense weekends in November and December, she auditioned and won a spot to march with the hornline for the 2015 season.

Normally a trumpet player, Draper will play mellophone for the season. The fast-paced 10week summer tour will include three weeks of 12-hr day practices to learn the show (this year titled "Phantom of the Opera") and six weeks of performances at 18 DCI Competitions in 10 states, and the 2015 DCI Open Class and World Class Championships, which will be held in August in Indianapolis, IN.

A fundraising event is being planned to help offset the costs for tuition, travel, and uniform expenses. To help Yancy by donating online, visit her fundraising page at gofundme.com/ j9gpso.

Genesis DBC holds a phiand 5 calls for City of O'Donnell losophy of Education Through





Performance, to provide worldclass education through performance in the areas of percussion, brass, dance and visual ensemble artistry. With the inclusion of a leadership curriculum drawing upon top training methodologies used in corporate America, the organization provides educational, cultural, interpersonal, physical and emotional growth necessary for these young people to become leaders. Founded in 2009, Genesis employs some of the most talented design and instructional professionals in the country. For more information on Genesis, visit www.genesisdbc.org.

Lee Lewis Const for the O'Donnel pad and Food Se tary Kitchen.

Bids are due by T

Location: Lee Lewis Const 7810 Orlando Av Lubbock, Texas Phone: 806-797-8 Fax: 806-797-849

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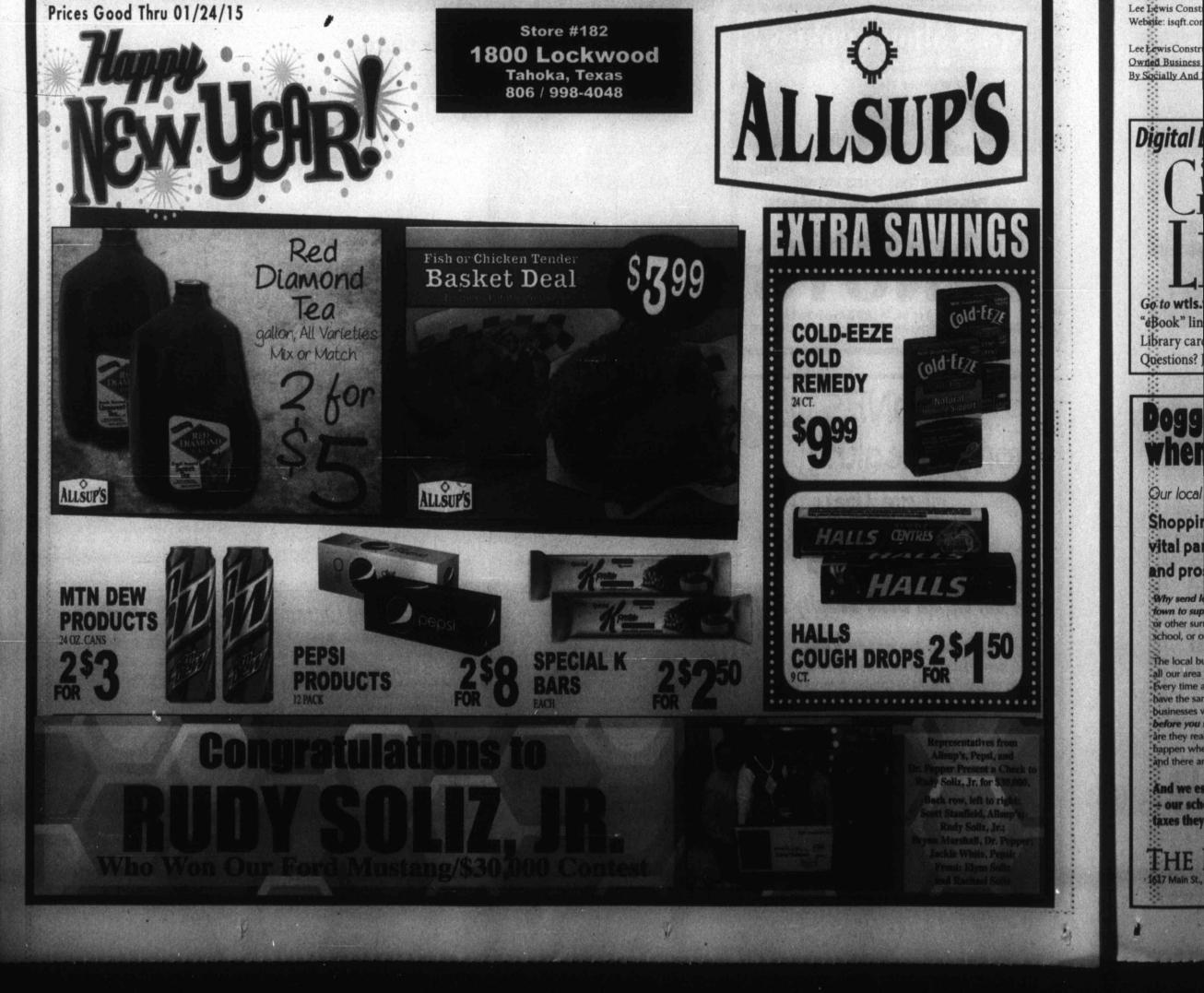
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Surface Estate only, 84 acres

Lynn County. \$85000.

icials were For Sale by Owner/Broker ir, as 2015 of Tahoka located at FM 2956 and CR 24, 3 miles East of Tahoka, Texas in anell Jones)

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HELP WANTED LYNN COUNTY JOB POSTING JOB TITLE - ROAD HAND for Precinct 4. Must have CDL license and experience driving a motor grader. Pay is \$25,303 plus health and retirement benefits. Applications may be picked up in the County Treasurer's office and should be submitted back to same office or mail to Box 636, Tahoka, TX 79373

Lynn County is an equal opportunity employer.

TAHOKA T-shirts on sale! Adult

Large, XL and 2XL t-shirts are avail-

able at the Lynn County News. The

Tahoka Area Chamber of Commerce

is selling the shirts in four colors - dark

gray, heather red, heather blue, and

turquoise -- for only \$10 each.

CARDS OF THANKS

I want to thank the people from Coop Gin for bringing some food and fruit while I was hurt and also to Mr. Nance. And a special thank you to our Pastor Ynes Aleman and his wife, Eva, for praying for me every day.

God Bless every one of you. ~ Salomon Gutierrez family 02-ltp

Volunteer ...

and help others!

MAKE A DIFFERENCE IN YOUR WORLD.

Master Plumber - Lic. #M-37779 Master Electrician - Lic. #187666

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## Texas Reality Check website, application helps Texas students

Texas Reality Check, a website and iPhone application dedicated to educating middle and high school students about career and lifestyle options, continues to add new features that will help prepare the next generation of Texas students for life after high school.

A joint project of the Texas Workforce Commission (TWC) and the Texas Education Agency (TEA), Texas Reality Check encourages users to build a lifestyle budget and determine the education level needed for occupations that offer a salary sufficient to support their planned living expenses. The updated site and ap-

Insured

HE HE HE MA

plication boast the most recent occupational wage data, as well as housing, rental, utility and health care information for 36 cities in every region of the state. Both the website and application include detailed lists of skills and certifications required for particular jobs, including science, technology, engineering and math (STEM) careers.

"As the Texas economy expands and jobs are created, students need relevant information that allows them to make informed academic choices regarding their futures," said Texas Workforce Chairman Andres Alcantar. "Texas Reality Check provides students, parents, and counselors with a useful tool to examine different careers across the broad array of industries in Texas."

TWC's Labor Market and **Career Information Department** first partnered with the TEA in 2001 to bring the first Reality Check Budget Calculator to fruition. More than 20 states now have their own version of the Texas Reality Check program. With the launch of the application available through the Apple App Store in the fall of 2012, students had yet

another convenient option to access to the information. The site averages one million page views during the school year.

"More than half of the jobs available to new and recent graduates today require some sort ofpostsecondary education," Commissioner of Education Michael Williams said. "Texas' students benefit when they understand how their decisions today will impact their future. It is our job to provide them with tools like Texas Reality Check to become college and career ready before they leave high school."

Students can use the application and/or website in one of three ways. They can; estimate their monthly living expenses and select a career based on that budget; select a salary and discover which careers would offer that income: choose a career and determine a: budget based on that salary

Users may also find information on the availability and location of jobs in their chosen field as texasrealitycheck.com now links to job openings posted on WorkInTexas.com, TWC's online job-matching website. Visit www. texasrealitycheck.com

LEGAL NOTICES

#### **REQUEST FOR BIDS**

Lee Lewis Construction, Inc., as construction manager, will be receiving bids for the O'Donnell ISD High School Phase 2 Earthwork related to the building pad and Food Service Equipment for the High School Additions and Elementary Kitchen.

Bids are due by Tuesday, February 3, 2015 on or before 3:00 pm.

Location Lee Lewis Construction, Inc. 7810 Orlando Ave Lubbock, Texas 79423 Phone: 806-797-8400 iosophy of the second brand Fax: 806-797-8492

Bid packages will be available at the following locations: AGC Plan Room / Dodge Plan Room - Lubbock, Texas





#### January 8, 2015 🔳 The Lynn County News

#### These local firms are sponsoring this FARM NEWS:

#### AgTexas Farm Credit Services Travis Ferguson and Mike Metzig

Capital Farm Credit Clint Robinson Jason Gandy

#### Farmers Co-op Association

#### Lynn County Farm Bureau

#### Lynn County Area Gins BALE COUNT

(1000100 01 00 15)	
Texas Star Gin, Wilson/Union89,684	
New Home Coop, Lakeview 44,680	
Wells Coop Gin24,912	
Woolam Gin, O'Donnell20,321	
Farmers Coop #1, Tahoka20,150	
Farmers Coop, O'Donnell16,563	
Garlyn Coop Gin	
TOTAL BALES 230,810	

#### NOTICE OF SCHEDULED ENTRY INTO FIELDS

Pursuant to Tex. Agric. Code, Sec. 74.117, cotton producers in the Southern High Plains Caprock Boll Weevil Eradication Zone, which consists of all of Cochran, Hockley, and Lubbock counties and parts of Terry, Lynn, Crosby, Garza, and Dickens Counties are hereby notified that Texas Boll Weevil Foundation Eradication personnel will be conducting eradication activities in and around their fields, beginning January 16, 2015. All cotton fields will be mapped, and treatment will begin during the cotton-growing season. For notification prior to any chemical treatment, call 1-800-687-1212 with the exact location of your field and appropriate telephone numbers. Field entry and reatment is expected to last until all cotton is harvested in the zone. For more information regarding this program, please call the Texas Boll Weevil Foundation Eradication at 1-800-687-1212.

## (Continued from page 1) Others, measure different aspect

abnormality I see on an Arterial blood gas," he added.

"All in all, it is a vital part of any hospital to have a ventilator to be used in an emergency situation to give an exact volume, pressure, flow and oxygen percentage to correct or stabilize a patient before sending them to Lubbock. If started early enough, I would be able to use this machine to monitor the patient's progression and hopefully keep the patient from ever being intubated or sent to Lubbock for other care," Chapa explained.

With many family ties to this community, and growing up here, it is inevitable that Chapa will have patients whom he knows. What's it like to care for a former teacher, classmate, or friend?

'To be honest, this was something I thought about, and it turns out I am more comfortable with the people that have been a part of my life or my family's life. I look at every patient the same, in that I try to treat them as if they were one of my family members. By doing this I make sure if it was my family that they would be getting the best of care, and I wouldn't let the patient leave without fully understanding their disease process and teaching them how to monitor and control such lung problems. I really try to pay attention to the patient's mind and body.

"It really makes me appreciate all the people who had cared for me in school and now I am able to give back by giving compassionate care for the people who cared and taught me when I was young," said Chapa.

"I also feel more appreciated here at LCHD because the patients here are not afraid to tell me how they are doing and tell me that they appreciate me. Having trouble breathing is a scary thing, and I try my best to comfort and treat the patient so that they can feel at ease and not worry about it because they have me as their Respiratory Therapist," he added.

In addition to caring for patients in the hospital and ER, Chapa provides Pulmonary Function Tests (PFT) as an outpatient service. Doctors often order pulmonary function testing for people who have persistent asthma. PFTs, such as spirometry and others, measure different aspects of how the lungs are functioning, give the doctor a better sense of the severity of the asthma and tell how well asthma treatment is working.

Also, when an asthma diagnosis is uncertain, PFTs can help differentiate asthma from other chronic lung disorders. There are two main categories of lung disease: obstructive and restrictive. In obstructive diseases, such as asthma and emphysema, the flow of air in and out of the lungs is impaired. In restrictive diseases, such as pulmonary fibrosis, the lungs have lost-size or elasticity and do not fill or expand properly. Both types of diseases can cause the same symptoms and therefore, doctors can order PFTs to help make a diagnosis.

Chapa will also be working with Travis Armstrong at the LCHD Fitness Center in the future, to offer pulmonary rehabilitation. Pulmonary rehab includes patient assessment and goal setting, selfmanagement education, exercise training, psychosocial support, and outcome measurement.

"Pulmonary rehabilitation "Is an evidence based, multidisciplinary, and comprehensive intervention for patients with chronic respiratory diseases who are symptomatic and often have decreased daily life activities. Integrated into the individualized treatment of the patient, pulmonary rehab is designed to reduce symptoms, optimize functional status, increase participation and reduce health care costs through stabilizing or reversing systemic manifestations of the disease," said Chapa, quoting the 2006 American Thoracic Society/European Respiratory Society statement on pulmonary rehabilitation.

Respiratory care includes a wide range of services, and Chapa is pleased to be in Tahoka to share his knowledge and expertise with the people of Lynn County and others that come to Lynn County Hospital.

"I am really happy to be back and to give back to my awesome community. I always knew in the back of my mind that I would end up here and when it happened I just knew it was meant to be. I can't wait to see what the future holds here at LCHD!" Chapa exclaimed.

### New Home Local Stock Show is Saturday

The New Home Local Stock Show will be held this Saturday, Jan. 10, at the New Home Community Center. The show starts at 10:00 a.m., with New Home FFA students showing animals in the event. The public is invited to attend.

### New Home School Menu

January 12-16 Breakfast

Monday: Pancakes / Bacon or cereal Tuesday: Sunrise sandwich or

animal crackers Wednesday: Biscuits & gravy, scrambled eggs or cereal Thursday: Breakfast burrito or oatmeal round Friday: No School

Lunch Monday: Corn dog or pizza sticks Tuesday: Beefy queso nachos or grilled cheese sandwich Wednesday: Chicken sandwich, oven fries or beef & bean burrito Thursday: Sack lunch Deli Sandwich

Friday: No School

#### Tahoka School Menu January 12-16

Breakfast Monday: Cereal w/ Graham crackers

Tuesday: Whole grain pancakes Wednesday: Egg & cheese bagel Thursday: Breakfast bagel pizza Friday: No School

Lunch Monday: Broccoli & cheese baked potato/ beef ravioli / Pep. pizza / Meatball sub

Tuesday: Baked chicken / Ranch chicken patty / Beef & broccoli stir-fry/ Chili con carne Wednesday: Pep. Pizza / Chili dog / Taco salad / Chef salad-Thursday: Salisbury steak / Turkey & cheese sub / Turkey melt

/ Beef nachos Friday: No School

## Youth applicants sought for wildlife program

The Texas Brigades program is looking for a few good leaders. Actually, they are looking for 170 leaders. The Texas Brigades' mission is to educate and empower youths with the leadership skills and knowledge in wildlife, fisheries, and land stewardship to become conservation ambassadors for a sustained natural resource legacy. The application deadline is March 16, 2015 and may be found at http://www.texasbrigades. org/Applications/applications.html. Participants are selected through a competitive application process, for youth ages 13-17 years of age. No experience is necessary, but applicants should have a strong interest in learning about wildlife, natural resources, livestock, and/or the environment. The 4.5 days camps are held on private ranches across the state. For more information, call 855-TX-BRIGS or 210-556-1391or email hholdsworth@texas-wildlife.org.

LynnCoNews@poka.com



**Team effort** ... Lyntegar Electric Cooperative's Seagraves crew is pictured here as they repair electrical lines near Flower Grove on the Martin/Dawson county line. Approximately 500 poles were down, and 2,500 cross arms damaged or down in Lyntegar's rural service area after the New Year's icy weather, causing power outages in Lynn, Borden, Dawson and Gaines counties.



## THURSDAY

Steak Sandwich or Ham Sandwich COMBO (mayo, lettuce, tomatoes) served with fries & large drink

**FRIDAY** 

NRCS re refinanc Welcom Stock St Masons Janet Pc GRAND Don't forget t your cute gra Valu Brag Pa

January 15,

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Council

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-John Edv

Roy 'Dot

election



## OPEN HOUSE JOB FAIR

Friday, January 9, 2015 8:00 AM - 5:00 PM Saturday, January 10, 2015 8:00 AM - 1:00 PM

**Now Hiring CDL-A** 

**Delivery Drivers** 

for Team Driving

**Positions and** 

Warehouse

Positions

3 pc. Catfish Basket served with fries, toast, lemon and tartar sauce

**SATURDAY** 6 oz. Regular Burger COMBO (lettuce, tomatoes, pickles, onion, mustard) served with fries & large drink

SUNDAY 3 pc. Chicken Strip Basket served with fries, toast and gravy

Open Daily 11:00 am to 8:00 pm

## Get Fit in 2015!

The LCHD Fitness Center will be giving away <u>TWO</u> ⊕ fitbit flex<sup>™</sup> Activity & Sleep Trackers during January!

"During the day, it tracks steps, distance, and calories burned. At night, it tracks sleep quality. Sync your stats wirelessly and see real-time progress. It's the motivation you need to get out and be more active." More info at www.Fitbit.Com

• All \*new members who pay for 1 month membership (or more) during January will be entered into a drawing for 1 fitbit flex! \*New members are those who have not visited the LCHD Fitness Center since 11/1/14

• All \*current members who visit the Fitness Center during January will be entered into a drawing for 1 fitbit flex!

### THE MORE YOU COME THE BETTER YOUR CHANCES!

\*Current members are those who have a current monthly membership, or those who pay daily.

Drawing will be held during the first week of February and winners will be notified by phone.



- Photos d Please LynnCoNe (cost is only



Share with The News, a mome love days – an a funny mome a honeymoon or a sweet me marriage that share. We wan for our Valenti 12. Include the wife's names, a years you have of Feb. 2015. Don't wait

Message us on News facebool an email at Lyn com, or send u Box 1170, Taho

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MCLANE. . EDE and Drug Free Workplace

**OR APPLY IN PERSON AT** 1717 E. Loop 289 Lubbock, T.X. 79403 Monday - Eriday, R.AM - 5 PM

FOR MORE INFORMATION CALL 806.766.2900