

SUPPORT CANCER FUND DRIVE — Mayor Jim Solomon, seated, and Dr. Lonnie Vickers are urging citizens to contribute to the annual campaign for funds to fight cancer, as Solomon proclaimed April as Cancer Awareness Month in Tahoka. Dr. Vickers, chairman of the Lynn County chapter of American Cancer Society, said several special events are planned during the month to stimulate the campaign. (LYNN COUNTY NEWS PHOTO)

Cancer Funds Well Spent, Says Dr. Vickers

American Cancer Society funds are spent in Texas represents one of the best returns on the dollar that I know of," said Dr. Lonnie Vickers, Chairman of the Lynn County unit of the American Cancer Society.

In preparing for the April Crusade, Dr. Vickers said he feels it is important for the community oto realize ACS expenditures. "It is one part of the ACS we're most proud of and I think our friends and neighbors will be more willing to give to cancer control if they know how well their money. is being spent," he said.

The following represents the breakdown of how each dollar raised in 1985-86 by the ACS will be invested during this fiscal year (Sept. 1, 1986 - Aug. 31, 1987) in Texas:

Cancer Research Professional Education .10 Public Education Service/Rehabilitation .25 Program Development Administrative Crusade

This 113 percent expenditure reflects increased research allocations to Texas by our National

"The ACS is currently spon-

"The breakdown of how soring research investigations in 11 major Texas hospitals, medical schools and universities, totaling more than \$6.9 million," said Dr. Vickers. "Because Texas has so many research institutions, the National Society allocates additional funds here.'

"Programs that help people are our priority. We keep a tight control over our administrative costs and keep them within acceptable limits as this breakdown indicates," Dr. Vickers com-

ACS programs such as patient service and rehabilitation (Reach to Recovery, volunteer transportation, etc.), public education (films, pamphlets, exhibits, the Great American Smokeout) and professional education for the medical community are mainly administered through the Society's volunteer system. "Volunteers help maintain these impressive figures," said Dr.

Vickers. In conjunction with the Texas Breast Cancer Screening Project, 32 local women made use of the opportunity for screening mammography at the Lynn County Hospital in March 1987. This was a part of the regional and statewide project to increase

awareness of breast cancer and its treatability in the early stages.

April is Cancer Awareness Month and local projects include:

A memorial tree planting by the Tahoka 4-H Club in memory of all cancer victims from Lynn County scheduled for 10 a.m. April 18, at the Lynn County Courthouse Square.

Cancer Awareness Week (4-18 to 4-25) with benefit golf tournament at the T-Bar Country Club on April 25 and benefit barbecue that evening beginning at 6:30 p.m. (\$4 per plate for those not in tournament).

Golf Tournament director Gary McCord said this week that more entries are needed in the tournament. Entries are \$100 per team, or \$25 per person. Teams should enter as a unit and should include three men and one woman. McCord also said more donations to the tournament from businesses are needed. Mc-Cord may be reached at 998-4547.

Distribution campaign of literature and information houseto-house by 4-H Club on April

The Lynn County News

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TAHOKA, LYNN COUNTY, TEXAS, THURSDAY, APRIL 16, 1987

8 PAGES IN ONE SECTION PLUS INSERT



I HAVE DECIDED that from now on when someone asks me what I am doing or what I am up to, I can--with a clear conscience--reply that I have

been working like a dog. The reason I feel I can say this honestly is because I have been observing our dogs for some time now and I have yet to see them doing much of anything that takes any effort. except for some digging.

The digging that they do is considerable, since we have a small cave up against one side of the house and even going under the concrete foundation a little bit, and there may come a time when the entire east side of the house will sink down a couple of feet. But it will take awhile, because they have needed five years to excavate a cavity now about two feet deep by two wide and 15 feet long, going around the corner.

Their digging, therefore, is slow and can hardly be considered work at that pace over five years. The only project I know that has gone longer than that is the carport job of a certain tire shop manager in Tahoka who keeps telling his wife he is going to finish it someday.

Anyway, other than digging once in awhile, those two dogs just sit on their tails and howl and want food brought to them. (They definitely are management material, says one of our office workers, who obviously doesn't realize how hard jobs are to come by).

I don't know where the phrase "working like a dog" came from, but if it is supposed to mean hard work, the comparison is hardly valid. All they do is bark, eat and do uncouth things on the grass.

CHURCHES will have largerthan-usual crowds this weekend, but many of those in the congregations will be strangers, most because they are visiting from out of town, but quite a few because they haven't been to church since Christmas or maybe last Easter.

Many of the females in the crowd at church will be showing off attractive new clothing, because it is traditional to get a new dress or wardrobe for Easter. I'm sure my wife will look very nice in the new dress I bought her in 1977.



"LET'S HUNT EASTER EGGS!" - Brandi and Brooke Tekell are ready for Easter Sunday in their new spring dresses, and are already hot on the trail of the Easter Bunny, who left these eggs hidden in the bushes. Brandi, left, is 3 years old, and her sister, Brooke, is 6. They are daughters of Mark and Charlsie Tekell of Tahoka. Easter Sunday, April 19 this year, is a significant day for Christians everywhere, who (LYNN COUNTY NEWS PHOTO) celebrate the resurrection of Jesus Christ on that day.

Ray Woodall Named Tahoka Police Chief

Ray Woodall of Odessa, an 8-year veteran of the Lubbock Police Dept. and former welfare fraud investigator, has been hired as chief of police for Tahoka. He began his duties Wednesday.

Woodall, 47, is a graduate of Wilson High School and also attended Texas Tech, Wayland Baptist University and Odessa College. He also is a 1966 graduate of the Lubbock Police Academy.

In 1962, two years after graduating from WHS, Woodall joined the U.S. Air Force, serving as a cryptographic operator and shift supervisor until leaving the service in May 1965. He began work as a patrolman for the Lubbock PD in 1966 and served until 1974. In his last three years with the department he served as a juvenile detective. In 1974 he became an investigator for the Dept. of Human Resources working mainly in the

area of fraudulent activity related to food stamp programs.

Later he was an insurance investigator and for the last several years has worked for a private company in Odessa.

Woodall and his wife, Doris, have three children, age 19 to 21. Woodall is a charter member of the Lubbock chapter of the

fraternal Order of Eagles.

New Home Kindergarten Pre-Registration Slated

New Home Schools will have pre-registration for kindergarten students for the 1987-88 school year Wednesday, April 22, at

2:30 p.m. in the cafeteria. Parents should bring the child's birth certificate and immunization record. A short program will be held following the registration in honor of the new

Sales Tax Rebate **Down 6 Percent**

State Comptroller Bob Bullock sent checks totaling \$47.9 million in local sales tax to 1,038 cities that levy the one-percent city tax. Bullock said that 1987 payments to date were down 6 percent as compared to payments to date made in April of last year.

April checks represent taxes collected on sales made in February and reported to the Comptroller by March 20.

O'Donnell received \$504.13 net payment this period compared to \$.00 last year and has received \$3,324.54 in 1987 compared to \$4,737.04 in 1986.

Tahoka received \$2,905.32 this period compared to \$3,311.89 this period last year and has received \$17,556.69 in 1987 compared to \$19,850.96 in 1986.

Wilson received \$.00 this period compared to \$621.87 last year and \$1,881.04 in 1987 compared to \$1,800.66 in 1986.

Tornado Siren Test Set Friday For Sure (Maybe)

The tornado siren which will be sounded if a twister actually is threatening Tahoka will be tested at noon Friday, city officials said Wednesday. The test had been scheduled twice before but canceled for various reasons.

The actual signal, a continuous wavering tone for three minutes, will be sounded at that time, provided the weather is clear, so that residents won't think it is a real

"We urge citizens to listen to the test Friday at noon, and anytime after that time, they should take cover when they hear it," said city manager Barry Pitt-

Hamburglars Strike At Night

Burglars took 25 pounds of hamburger patties from Jim's Burger drive-in at Wilson last Wednesday night, and also an unknown quantity of potato chips. The hamburger meat was valued at \$37.50.

Crime Line, 998-5145, is offering a \$300 reward for information in the case.

No other new incidents were on record at the sheriff's office or Tahoka Police Dept. during the last week.

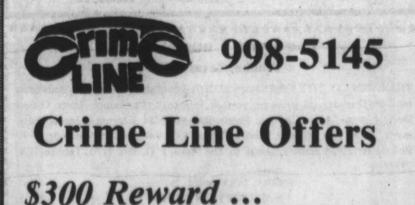
Three persons were jailed during the week for public intoxication and one each for driving while intoxicated, failure to appear, DWI plus driving while license suspended, DWI second offense, and felony DWI bond forfeiture.

Tree Planting Ceremony Planned

The Tahoka 4-H Club, in a joint effort with the Tahoka unit of the American Cancer Society, will have a tree planting ceremony at 10 a.m. Saturday, April 18, on the memorial circle by the courthouse square in downtown Tahoka.

The 4-H Club purchased the tree and will plant it in honor of those who have lost their lives from cancer. The public is invited to the ceremony.

At a later date, the club hopes to erect a plaque near the tree, designating the significance of the project.



For information leading to the clearing of a burglary at Jim's Burger in Wilson on the night of April 8, when someone gained entry through a drive-up window and took 25 pounds of hamburger patties.



TWILLA TALKMITT

Twilla Talkmitt - William Garrett To Be Married May 2 In Wilson

Mr. and Mrs. Monroe Talkmitt of Rt. 1, Wilson announce the engagement of their daughter, Twilla Gwen, to William Mack Garrett, son of Mr. and Mrs Carl Garrett of Castroville. The couple will be married Saturday, May 2, at 5 p.m. in St. Paul Lutheran Church,

The bride-elect is a 1973 graduate of Wilson High School. The prospective groom is a graduate of Texas Tech.

Now Is The Time To Start Your Tan For Summer...

So Let Balloons & Flowers Help You Get Started!

Ask about our Tanning Memberships:

Single Visit - \$6.00

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McGruder, Jolly **Attend Conference**

Timmy Jolly and Myra (Shun) McGruder, both seniors at Tahoka High School, last week joined approximately 200 other outstanding young men and women in attending the Spring 1987 National Young Leaders Conference in Washington, D.C. They were selected as Congressional Scholars based on citizenship, leadership and academic

10 Visits - \$45.00

with a special focus on the bicentennial of the U.S. Constitution. Throughout the week, they met with numerous government leaders who represent the lifeblood of the American constitutional process. Each day of the conference focused on one of the three branches of government, the media, or world af-

The Legislative Day began with welcoming remarks on the Floor of the House of Representatives. The scholars attended briefings on the issues facing the 100th The theme of the Conference Congress. Jolly and Miss was "Tomorrow's Leaders McGruder visited the congres-Meeting the Leaders of Today" sional office of Representative

3 Months Unlimited — \$85.00

United Methodist Holy Week Services Slated

The first United Methodist Church will be observing Holy Week with a Thursday night service at 7 p.m. in the sanctuary with Pastor Mark Gibbens-Rickman preaching. Maundy Thursday celebrates the night in which Christ washed the feet of his disciples and had his last supper with them. Communion will be celebrated at this service.

Pastor Twila Gibbens-Rickman will lead "Meditation on the Cross" at the Good Friday service in fellowship hall. The service, scriptures, and hymns will focus meditation on the cross.

There will be an Easter sunrise service and the youth of the church will be leading the informal worship beginning at 6:30 a.m.

Regular morning worship will begin at 11 a.m. with Rev. Twila Gibbens-Rickman preaching.
Topic of the sermon is "Running Belief".

Patrick Hamilton Performs In Revival Of "Anything Goes"

Patrick Hamilton, son of Dr. and Mrs. Lloyd Hamilton of Lynn County, is performing in a revival of Cole Porter's 1934 musical, "Anything Goes" in Atlantic City, New York. Hamilton performs with singer/actress Leslie Uggams in the show.

The Sunday New York Times, March 1, said, "In spite of Miss Uggams' glitter, this 'Anything Goes' isn't just a star turn. In an excellent supporting cast, Patrick Hamilton gives a delightfully nonchalant account of a woebegone Moonface Martin, the role first played by Victor

"Anything Goes" is showing at the Claridge Hotel-Casino in Atlantic City through May 2.

Lynn County Merchants Appreciate Your Business

Charles Stenholm and participated in a Mock Congress simulation on a proposed immigration bill.

The World Affairs/Media Day included a breakfast meeting at the National Press Club and the students then met with the ambassadors from Ecuador, Yemen, New Zealand, Czechoslovakia, Indonesia and India at their respective embassies.



TERRY LAWRENCE - LAURA ALDOUS **Couple Announce Engagement**

Mr. and Mrs. Ralph Aldous of Tahoka announce the engagement and approaching marriage of their daughter, Laura, to Terry Lawrence, son of Mr. and Mrs. Lendon Lawrence of Tahoka.

The couple will exchange vows on May 19. The prospective groom is employed by Fina Ince-Tant-Stop. They will live in Tahoka.

Museum Board Has Meeting

During the past six weeks, the guest register at the Lynn County Pioneer Museum recorded visitors from Missouri, Washington, California, New Mexico, Florida, Illinois, Mexico and Birmingham, England, in addition to various points in Texas.

The museum board of directors met on April 13 at noon in the board room. Committee reports indicated that Bill Craig and Winston Wharton completed the job of insulating the building; purchase of filing cabinets were authorized; Auda Norman and Mabel Gurley were to secure a mannequin to display the WW I uniform in the Military display; a committee consisting of Mabel Gurley, chairperson, Weesie Carroll and Mary Louder was elected to beautify certain areas of the yard with flower beds and shrub-

Madeline Hegi reported that she had discussed local school field trips to the museum with school officials and that conprogram planning is done in the school system.

Participation of the museum membership in the Hospital Auxiliary Fun and Food Festival which will be held Saturday, May 2, will consist of donating a quilt that was made at the museum, mainly by Annie Belle Stice, museum hostess, as a demonstration of pioneer craftwork, and 100 post cards, pictures of the mural painted by Bill Craig, to be sold for at least 25 cents each.

Board members present at the meeting were Harold Green, Lottie Jo Walker, Auda Norman, Madeline Hegi, Winston Wharton, Mel Leslie, K.R. Durham, Jim Solomon, Bill Craig, Maruice Huffaker, and Mildred Abbe. Absent were Mabel Gurley, Mary Louder, Weesie Carroll, and Sonny Roberts.

Pope, Copelin Listed In OYWA Edition

The Board of Advisors for the Outstanding Young Women of America awards program has announced that Staci Short Copelin of Austin and Tamera Dulin Pope of Lubbock have been selected for inclusion in the 1986 edition of Outstanding Young Women of America.

Now in its 22nd year, the OYWA program is designed to honor and encourage exceptional young women between the ages of 21 and 36 who have distinguished themsleves in many fields of endeavor, such as service to community, professional leadership, academic achievement, business advancement, cultural accomplishments, and civic and political participation.

FFA, 4-H Compete **In Judging Contest**

Tahoka FFA team placed fourth out of 84 teams in the South Plains College livestock judging contest held Friday, April 10. Team members are Jody Woodard, Bruce Lehman and Kristen Belew. Woodard was fifth high point individual.

Saturday at the Texas Tech judging contest involving 102 teams, the same team placed 13th and Woodard was 10th high point individual.

Also judging at Tech were the Tahoka FFA wool team, Jason Spence, Luke Dunlap and Tim Young; and the dairy team, Marty Hammonds, Rochelle Reid and Gary Daniell.

Lynn County 4-H judging teams at Tech Saturday included livestock and horse. Livestock team members placed third in swine judging and fourth in the entire contest. Team members were Jason Belew, Brandi Barton, Betsy Huffaker and Jodi Williams. Belew was first in swine judging and tied for fifth overall; Brandi Barton was fourth overall.

The junior horse judging team placed seventh in the contest. Members were Carrie Taylor, Clay Taylor, Lynna Rash and Mandi Stewart.

Teams from the 20 county South Plains District participated in the contests.

Grassland Hobby Club Has Meeting

The Grassland Hobby Club met April 7 in the Grassland Community Center. The meeting was opened by President Sandra Laws. Prayer was given by Bernice Gribble. The minutes were read by Johnnie Frances, business was then discussed. It was voted to bring flower seed to the next meeting and exchange with each other.

The program was given by Laura Watson and Lena Short. They showed many hand made items and old items. The oldest item, brought by Mrs. Watson, was a wedding dress worn by Rosebud Watson, made by her sister, Ruth Melton. The dress is 63 years old.

Refreshments were served by the hostesses Lena Short and Laura Watson with 12 members present and one visitor. The door prize was won by Violet Stone.

Deadline For Transfer Students Near

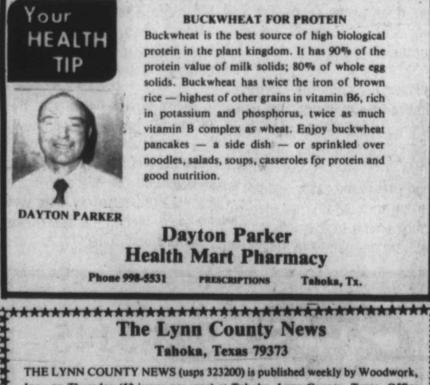
Parents who wish to transfer students to Tahoka Schools for the 1987-88 school year are reminded that this must be done on or before May 1, 1987.

The transfer forms are available in the Superintendent's office in the Tahoka High School building. Mrs. Freda Jeffcoat will provide the forms and assist as necessary in completing transfer applications.

City-County Library **Book Sale In Progress**

The City-County Library Book Sale is now in progress with paper back books 25 cents each and hard cover books 50 cents.





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	Out of Texas (no tax) \$13.50
	NEWS STAFF
1	Dalton Wood

Mike Mc Awarded

Michael (M senior at Tah has been awar Academic Sch State Universit is the son of Jo McDonald of McDonald,

ranks third class, is a mem Honor Society America, and ty of Distingu Students. He U.I.L science, play; in footb district defens years and allplains, and thi tight end in 19 in track; in bar The extensiv

gram is made funds provided and Nona K. Foundation. Scholarships an ly to appro undergraduate students who State. The sch renewed annua tion for qualif maintain exer and personal re

FBC Lub Musical/

The Sanctu Drama Cast Church, Lubbo new musical/ Glory In The C arranged by Minister of M musical/drama in the sanctuary April 17, and April 19. Both begin at 7 p.m. The public is celebrating this

of year. Child c Entertair

Acts Sou For Slate Slaton Band

sent a variety s at 7 p.m. May High School auditions for t show are schedu night at 7 p.m. tion. Adele Moon

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Michael (Mike) McDonald, a senior at Tahoka High School, has been awarded a \$1,000 Carr Academic Scholarship at Angelo State University for 1987-88. He is the son of Johnny and Sammie

McDonald of Tahoka. McDonald, who currently ranks third in his graduating class, is a member of the National Honor Society, Who's Who in America, and the National Society of Distinguished High School Students. He was also active in U.I.L science, math, and one-act play; in football, receiving alldistrict defensive end for two years and all-district, all-south plains, and third team all-state tight end in 1985; in basketball; in track; in band and journalism.

The extensive scholarship program is made possible through funds provided by the Robert G. and Nona K. Carr Scholarship Foundation. Carr Academic Scholarships are awarded annually to approximately 1,000 undergraduate and graduate students who enroll at Angelo State. The scholarships may be renewed annually until graduation for qualified students who maintain exemplary academic and personal records.

FBC Lubbock Sets Musical/Drama

The Sanctuary Choir and Drama Cast of First Baptist Church, Lubbock, will present a new musical/drama, "I Will Glory In The Cross" written and arranged by John B. Lee, Minister of Music. This Easter musical/drama will be presented in the sanctuary on Good Friday, April 17, and Easter Sunday, April 19. Both presentations will begin at 7 p.m.

The public is invited to join in celebrating this wonderful time of year. Child care will be provid-

Entertainment **Acts Sought** For Slaton Event

Slaton Band Boosters will present a variety show, Pizzazz 87, at 7 p.m. May 9 at the Slaton High School auditorium, and auditions for the entertainment show are scheduled next Tuesday night at 7 p.m. at the same loca-

Adele Mooney stressed that any kind of entertainment is invited, from anywhere, and that this is not a talent contest. There are no prizes, she said, "But we

Have you seen this dog?

* REWARD *

Name: Blizzard. Blue collar, 2 year old male, sandy blond. Call 998-4257.

3......

"SPRING HAS SPRUNG"

BE CAREFUL!

Yes, those April showers that bring spring flowers

can also bring a great deal of mise.y to those many people who may suffer from certain allergies. It can be especially difficult for those who do not know what it is that causes their problems.

If you ever experience such problems, don't suffer meaninglessly. There are many tests that can be done

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prescriptions, health needs and other pharmacy products. We consider this trust a privilege and a duty. May we be your per-

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Tahoka, Texas

to find out to what you may be allergic.

sonal family pharmacy?"

will appreciate any kind of entertainment, singing, musical groups, pantomimes, or whatever."

Proceeds from the event will go for a music scholarship, said Band Director David Mooney, who requested that acts be limited to 3 to 7 minutes.

More information may be obtained from Mooney at the school, 828-5837, or at his home, 828-4670.

Tahoka School Menu THE STREET

April 20-24, 1987 BREAKFAST Monday- Pancakes, Syrup,

Butter, Orange Juice, Milk Tuesday- Donuts, Diced

Pineapple, Milk Wednesday- Fruit Loops, Orange Halves, Milk

Thursday- Honey Buns, Sliced Pears, Milk

Friday- Pork Sausage, Biscuits, Butter, Jelly, Grape Juice, Milk

LUNCH Monday- Beef Pizza & Cheese, Buttered Corn, Tossed Salad, Sliced Pears, Milk

Tuesday- Grilled Cheese Sandwich, Vegetable Soup, Crackers, Lettuce Salad, Peanut Butter Cake, Milk Wednesday- Fried Chicken,

Green Beans, Mashed Potatoes, Hot Rolls, Sliced Peaches, Milk Thursday- Hamburgers,

French Fries, Lettuce, Onions, Pickles, Apricot Cobbler, Milk Friday- Barbecue Franks, Pinto Beans, Cole Slaw, Hot Rolls,

Applesauce, Milk

Performances Of "Bus Stop" Set

Reservations are now being accepted for the April 30, May 1, 2, 3 performances of William Inge's famous "Bus Stop" in the historic Garza Theater on East Main in Post.

Tickets for the four performances may be purchased by mail, Garza Theater Box Office. 226 East Main St., Post, TX 79356 or reservations may be called in from 10 a.m. to 4 p.m. at 806-495-4005. Adult tickets are \$6 and children 12 and under are

Performances start at - 7:30 p.m. Thursday, Friday and Saturday with Sunday matinee at

Auditions will be held Wednesday, April 22, from 5 to 7 p.m. at the theater for the June 11-14 performances of Moss Hart's comedy "Light Up the Sky".



MR. AND MRS. DAN REID

Raindl - Reid Wedding Announced

Mr. and Mrs. Johnnie Raindl announce the marriage of their daughter, Mary Gayle, to Dan Reid, son of Mr. and Mrs. Charles Reid of Levelland. The couple were married Thursday, April 9, in First Baptist Church, Tahoka.

A reception was held following the ceremony in the home of Mrs. Rhonda Reid.

MICROWAVE BASICS

Microwave to Eat Right

Hold onto your tape measure. . . help is here, a microwave recipe for you, the calorie watcher and the family.

What's the secret. . . frozen prepared entrees make the meal when combined with mixed vegetables and topped with herbed dumplings. Add a simple salad with fresh fruit for dessert and no one will go away from the

Registered Dietitians from the Banquet Foods Test Kitchens have developed this 20 minute microwave recipe for Beef with Herbed Dumplings and included nutrition information, too.

Beef with Herbed Dumplings

- 4 packages (4 oz. ea.) BANQUET Cookin' Bag Gravy with Sliced Beef
- 2 cups frozen mixed vegetables 1 tablespoon Worcestershire
- 1 cup buttermilk baking mix 1/3 cup milk

1/4 teaspoon crushed oregano

leaves Dash paprika

1/8 teaspoon ground celery seed

In microwave-safe 2-quart baking dish, place sliced beef and vegetables. Heat, covered, on HIGH 8 to 10 minutes or until thawed, stirring once. Stir in Worcestershire sauce. In medium bowl, combine buttermilk baking mix, milk, oregano and celery seed. Separate dough into 4 dumplings. Place around edges of beef mixture. Sprinkle dumplings with paprika. Heat, uncovered, on HIGH 6 to 8 minutes or until hot, rotating once. Makes 4 servings.

Nutrition Information

8 g Fat Calories N/A mg Cholesterol 37 g Carbohydrate 856 mg Sodium 18 g Protein



The Cold Facts

Many of us believe the threat our mothers used to make about how we would catch cold if we went outside without proper clothing. In actuality, colds are spread in a much different manner, according to Gerard Breitzer, D.O., professor of medicine, Michigan State University, College of Osteopathic Medicine, East Lansing.

"The greatest population of cold viruses is on the mucous membrane of the sufferer's nose," says Dr. Breitzer, an osteopathic physician. "Persons with colds contaminate their fingers, then handle surfaces and objects. Cold viruses can live as long as 3 hours on hard surfaces like wood or metal. Healthy people pick up virus laden material, then ecome infected."

Why do cold sufferers cough and sneeze? In the windpipe is a special lining of cells covered with microscopic hairs called cilia. Glands between these cells secrete a sticky substance called mucus. The cilia beat upward, conveying mucus to the back of the mouth. When enough mucus is collected, the surrounding cells become irritated and a reflex cough or sneeze results. Coughing lessens the chance of lung infection by preventing air sacs from filling with mucus and stagnating.

Although there are no cures for the common cold, there are ways to control it. According to Dr. Breitzer, making sure that cold victims wash their hands before handling common objects can break a link in the chain of events leading to cold infections.

If you are unfortunate enough to come down with a cold anyway, there are some ways to reduce the symptoms. "Over-the-counter remedies work for some people, and aspirin and hot beverages seem to make others feel better," says Dr. Breitzer.

When it comes to hot beverages, cold sufferers traditionally have preferred chicken soup. "The removal of virus-containing nasal secretions is an important part of working against upper respiratory infections, says Dr. Breitzer, "and hot chicken soup is effective in this process. It is important to drink lots of fluids during a cold bout, and soup is inexpensive and rarely causes allergic reactions or side effects."

"But," Dr. Breitzer warns, "many canned chicken soups contain large amounts of salt and should, therefore, be avoided by people on low sodium

Medical Students Observe Practice Of Family Physician

Fourth-year medical students from Texas Tech University Medical School, Jeffery Demain and Timothy Brown, spent an entire month in Dr. Lonnie Vickers' practice learning and observing what it is like to be a family doc-

Dr. Vickers has been selected to take part the program which gives medical students the opportunity to see what the specialty of family practice is really like by actually working in a family practice setting under the guidance and supervision of a member of the Texas Chapter of The American Academy of Family Physicians.

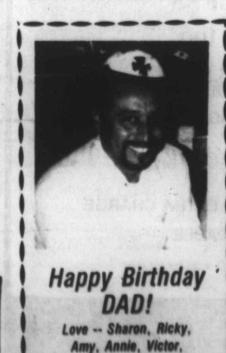
Lynn County Merchants Appreciate Your Business

Happy Birthday Eric Rodriquez Love -- Mary Helen,

Chris & Ruben

Tuesday Bridge

The winners at T-Bar Duplicate Bridge April 6 were: first, Mabel Gurley and Vivian Broyles; second, Maxine Edwards and Kathleen Barton; third, Carol Maule and James McAllister; fourth, Auda Norman and Gerry Williams.



Look Who's New

Kent and Jeanie Stone announce the birth of their son, Stephen Tyrel, born Sunday, April 12, 1987, at 10:50 p.m. He weighed 7 pounds 12 ounces and was 21 3/4 inches long. He has two brothers, Kent and Brent. Grandparents are T.A. and

Margaret Stone and Lonnie and Ravis Isbell, all of Tahoka. Great-grandmother is Rosie Martin of Muleshoe.

Morales-Gutierrez Wedding Announced

JoAnn Morales and Pedro Gutierrez Jr. exchanged wedding vows Sunday, April 12, at 2 p.m in the home of the groom's parents.

The bride is the daughter of Fidel and Mary Morales of O'Donnell. Parents of the groom are Mr. and Mrs. Pedro Gutierrez Sr. of Tahoka.

Service News

Airman 1st Class Sammie K. Rios, son of Sam H. and Mary I. Rios of O'Donnell, has graduated from the U.S. Air Force aircraft armament course at Lowry Air Force Base, Colo.

During the course, students were taught to inspect and maintain fire control systems on heavy bomber aircraft.

He is a 1985 graduate of O'Donnell High School.

Marine Cpl. Tony Campos, son. of Lucy M. Martinez of Wilson, has been promoted to his pres-

LYNN COUNTY NEWS, THURSDAY, APRIL 16, 1987, PAGE 3 ent rank while serving with third Force Service Support Group, on

Vocational Nurses Test Dates Set At SPC

A pre-entrance exam for the vocational nursing program at South Plains College will be given April 27.

The exam is scheduled for 9 a.m. in SPC's Student Assistance Center, located on the third floor of the library. Fee is \$5.

Additional pre-entrance exams will be administered May 18, June 24, July 8 and July 29.

For more information contact SPC's counseling or nursing department, 806/894-9611.

HARD FACTS ABOUT EASTER EGGS--One of nature's most nutritionally dense foods may be hiding in your Easter basket, disguised as an egg. "Eggs are a good source of iron, vitamin A, and riboflavin which are part of the reccomended dietary allowance", says nutritionist Marilyn Haggard. Eggs are considered nutritionally dense because of the large amount of nutrients they provide per calorie. They are also light on the budget. "Cholesterol levels should be considered," cautions Haggard. "Eggs are high in cholesterol, which has been linked to heart disease. If your doctor has put you on a low cholesterol diet, just eat the whites as all the fat and cholesterol are contained in the yolk." Plan ahead before cooking Easter eggs. They will last, unpeeled in the refrigerator, up to a week, says Haggard. Don't keep them in your basket too long; they'll only last 2 or 3 days at room temperature.

...... Balloons & Flowers Wishes You A HAPPY EASTER!

Let us help you with your Easter goodies: Easter Lilies * Easter Balloon Bouquets

> **Easter Spring Bouquets** Opening Soon - Klassic Kuts

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Obituaries

William Martin

Services for William Martin, 61, of Hobbs, N.M. were held Monday, April 13, at 2 p.m. in Griffin Funeral Chapel with Milton Caraway, minister of Jefferson Street Church of Christ, officiating.

Burial was in Prairie Haven Cemetery, Hobbs.

He died suddenly in his home Saturday, April 11.

He was a veteran of World War II, U.S. Marines and was employed by Rowan Drilling Co. He had lived in Hobbs since 1945.

Survivors include his wife, Delores; one daughter, Olene Riley of Wilson, Tex.; two sons, Danny Dobbins of Santa Anna, Tex. and Duane Dobbins of Fort Eustis, Va.; two brothers, nine grandchildren; and a greatgrandchild.

Rusty Brown

Services for Rusty Brown, 90, of Lubbock were held at 2:30 p.m. Sunday in O'Donnell First Baptist Church with the Rev. Ernie Waggoner, pastor, officiating.

Burial was in O'Donnell Cemetery under the direction of White Funeral Home.

He died at 2 a.m. Friday in Golden Plains Care Center in Post after a lengthy illness.

He was born June 6, 1896 in Coleman and moved from Plainview to Lubbock in 1966. He married Myrta Daniel on March 30, 1953, in Carlsbad, N.M. He was a retired farmer and a member of Woodrow Baptist Church.

Survivors include a daughter, Jeannie Jackson of O'Donnell; three sisters, Lorene Perkins and Mattie Perkins, both of Littlefield and Maud Voyles of Pampa; five grandchildren and nine great-grandchildren.

Pallbearers were Randy Jackson, James Telchik, Kevin Telchik, Adolph Chapa, Kelly Rollins and Bill Montgomery.

Ethel Houston

Graveside services for Ethel Houston, 71, of O'Donnell were held at 2:30 p.m Wednesday,

PIZZA IN ALL OF TEXAS.

April 14, at O'Donnell Cemetery. Rev. Comas Neal Godfrey, pastor of Macedonia Baptist

Church in O'Donnell, officiated. Miss Houston died in her home at approximately 3 a.m. Tuesday, April 14, of natural causes.

She was born Sept. 10, 1917 in Devilla and attended school there. She moved to Lynn County in 1968 from Fort Worth and has lived in O'Donnell since

Survivors include a sister, Mary Lane of Rt. 2, O'Donnell; and a brother, Troy Mayse of San Fransisco, Calif.

Ivan Cathcart

Services for Ivan Lee Cathcart, 81, of Tahoka were held at 2:30 p.m. Sunday, April 12, in First United Methodist Church with the Revs. Mark and Twila Gibbens-Rickman, pastors, officia-

Burial was in Tahoka Cemetery under the direction of White Funeral Home.

He died at 7 p.m. Thursday in Lynn County Hospital after a brief illness.

He was born July 28, 1905, in Coryell County and moved from Snyder to Lynn County in 1916, where he attended school in the Draw community. He married Mattie Pearl Jones on June 13, 1936, in Clovis, N.M. He was a retired butcher and grocer. He was a member of First United Methodist Church.

Survivors include his wife; a daughter, Retha Ann Dunn of Tahoka; three sisters, Ruby Bolin of Orange, Calif., Myrtle Hardy of Big Spring and Janelle Flemming of Roswell, N.M.; two brothers, Bill of Post and Rob of Seagoville; three grandchildren; and two great-grandchildren.

Pallbearers were Travis Inman, Nick Summitt, C.J. Renfro, Robbie Roberson, Charles Dunn and Jimmy McMillan.

Honorary pallbearers were Odell Hogan, Elmer McAllister, Wade Holland, Ernest Walker, Leonard Norwood and Calloway

Jacob Mueller

Services for Jacob Rudolph Mueller, 95, of Slaton will be held at 10:30 a.m. today (Thurs-



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day) in St. John Lutheran Church in Wilson with the Rev. Greg Pietz, pastor, officiating. Burial will be in Green

Memorial Cemetery in Wilson. He died Thursday morning in Slaton Care Center after an il-

He was born in Texas and lived in Wilson before moving to Slaton in 1983. His wife, Katie Ann, died on Nov. 26, 1986. He was a retired farmer. He was a member of the Lutheran St. John Brotherhood and Lutheran Church.

Survivors include two sons, Leroy of Slaton and Burnell of Lubbock; two daughters, Sedonia Wilke and Elvera Traweek, both of Wilson; two sisters, Freda Wagner and Rosa Schaffner, both of Cuero; six grandchildren; seven greatgrandchildren; and two greatgreat-grandchildren.

The family suggests memorials to St. John Lutheran Church, P.O. Box 7, Wilson, Texas 79381.

Shirley Dotson

Memorial Services for Shirley Ann Dotson, 45, of Arlington will be at 1:30 p.m. today (Thursday) in Moore Funeral Home Chapel.

Burial will be in Moore Memorial Gardens.

Mrs. Dotson, a native of Tahoka, died Monday at Dallas-Fort Worth Medical Center after an illness. She came to Arlington 18 years ago from Brownfield and had worked as a licensed vocational nurse in area nursing homes.

Survivors include her husband, James G.; a son, Walter Timothy of Arlington; her mother, Margie Brown of Lubbock; and a brother, James Hogge of Rusk.

Senior Citizens Menu

April 20-24, 1987 Monday- Vegetable Cheeseburger, Lettuce, Tomato, Onions, Pickles, Fruit Cobbler,

Tuesday- Oven Fried Chicken, Cream Gravy, Mashed Potatoes, Turnips & Greens, Roll, Butter, Milk . Wednesday- Beef Stroganoff

on Noodles, Buttered Green Beans, Tossed Salad, Roll, Butter, Jello with Strawberries-Bananas, Milk

Thursday- Lean Style German Sausage, Mashed Potatoes, Sauerkraut, Cornbread, Butter, Canned Plums, Milk

Friday- Spaghetti with Meat Sauce, Mustard Greens, Tossed Salad, Cornbread, Butter, Apple Cobbler, Milk

Lumps Mostly Benign The American Cancer Society reports that nearly 80 percent of breast lumps prove to be noncancerous. Any lumps or abnormalities should be seen by a doctor at once.

Best Time for BSE The American Cancer Society urges women 20 and older to perform breast self-examination once a month, about seven to ten days after the start of the menstrual period. menopausal women should choose a set day, such as the first of the month, to practice self-examination.

Who Gets Breast Cancer? their lives

Better Business Bureau News

Schemers Locally Target The

The Better Business Bureau has received several calls lately indicating that South Plains senior citizens, usually ladies, are going to be the major target for scams this spring and summer. For example: Several senior citizens have

received telephone calls this week supposedly from a local telephone directory company representative wanting to set up appointments to make sure their listing is correct. Officials from that telephone directory company reported that neither they nor any other directory company made such appointments and that the names of the callers were fictitious. The motive is not yet known but any senior that receives a call from a directory company wanting to set up an appointment should call the BBB immediately. (When possible ladies living alone should not use their first name in directories - it's safer to use intitials).

Other seniors have reported receiving calls from individuals representing themselves being with the gas or electric company. The caller states that the senior citizen must have a gas leak because of her high bill and they wish to inspect. After the "inspection" the schemer announces that the gas lines need to be replaced for up to \$1,000. A variation of this is the replacing of the electric meter in the alley for \$300.

Today, the Bureau received a call from a 71 year-old lady who had just been ripped off of \$2,000. The schemers used the old "pigeon drop" scam. This occured March 20.

All of the above mentioned scams are currently being conducted in the south plains. Consumers are urged to make sure that their senior citizens relatives and friends know about these criminal activities against the senior consumer.

At Greater Risk The American Cancer Society advises women with personal or family histories of breast cancer to consult their physicians about the need for more frequent examinations, or about beginning periodic mammography before age 40.

Breast Exams The American Cancer Society advises women 20 to 40 to have a physical examination of the breast every three years. Women over 40 should have their breasts examined by a physician every year.

Benefits of Mammography Mammography, a low-dose xray examination of the breast, can find cancers too small to be felt by a woman herself or by the most experienced physician. Mammography also reveals other changes in breast tissue that could mean very early cancer, says the American Cancer Society.

Civic Club Meetings



TAHOKA LODGE NO. 1041 A.F. & A.M.

Stated Meeting: 1st Tuesday, 7:30 p.m. Visitors welcome. Larry Duncan, W.M.

At Tejeda Cafe James Chancy, President



TAHOKA ROTARY CLUB

Noon Thursdays At Paris Cafeteria, Tahoka

CHAMBER OF COMMERCE **DIRECTORS** Meets: 1st Tuesday, 11:30 a.m.

At Chamber Office Weldon Self, President

> **TAHOKA** CHAMBERETTES

Meets: 2nd Tuesday, 12:00 Noon SPS Reddy Room, Tahoka

Flashing lights, the thrill of battle and visions of monstrous creatures. That's only partly why one type of popular game is so much fun. Test your knowledge of other electrifying reasons.



1. Parents are glad to know video games can help: A. Develop reflex skills and handeye coordination; B. Familiarize children with computers in a non-threatening way; C.



3. Most games centers are for teenagers only. A. True B.



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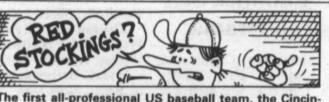
2. Video games give an ego "pay-off". A. True B. False



4. To society, video games contribute --- A. A way to stimulate the economy; B. Wholesome amusement for the entire family; C. A way to get away from a younger sibling.

ANSWERS

ogy. A. is also true, and C could be. wholesome entertainment and introduce people to new technol-As with movies, music or any hobby, video games provide try to create a safe environment for children of all ages. 4. B. ren may want to continue playing—as with any game—until they have mastered it. 3. False. Most game center operators require a certain skill, the games give an ego "pay-off" and childactivity, unlike passive TV viewing. 2. A. True. Video games I. A, B, C. Another plus: video games are a participatory



The first all-professional US baseball team, the Cincin nati Red Stockings, was found in 1869.

Read all about it: Americans are pitching in to bring the gift of literacy to all our nation's citizens

The Center for The Book in the Library of Congress has declared 1987 "The Year of the Reader" in an effort to make reading more accessible to Americans of every age, social status and ethnic group, and to wipe out illiteracy. Some 27 million Americans are considered functionally illiterate, which means they cannot read at a fifth grade

In keeping with that goal, one of the world's largest retailers, K mart, will sponsor Learn to Read, a series of 30 half-hour programs set to air on 70 television stations across the U.S. on March 2. It's part of the chain's 25th anniversary "give back program." Says Chief Executive Officer Bernard M. Fauber, "This is our opportunity to give back to the communities that have supported us loyally throughout the years." The program is expected to

OF EDUCATION THE YEAR OF THE READER



of literacy.

reach nearly 50 percent of all U.S. households.

More than one half of the population visits a K mart store each month. They'll be reminded of the Learn to Read series through book mark bagstuffers and store signage. In addition, the chain's employees will be encouraged to serve as literacy tutors in their communities.

Such good citizenship, many agree, is a wonderful response to President Reagan's request that efforts be undertaken to "restore reading to a place of preeminence in our personal lives and in the life

Office Supplies

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Lynn County News

1617 Main Street

Tahoka

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John Brooks, Secretary The American Cancer Society reports that one out of every 11 **TAHOKA** women will develop breast LIONS cancer at some time during Copies CLUB Meets: 2nd & 4th Monday, 7:00 p.m. Copies Made For 10-Cents Each

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"MOUSE-CAPADE NEWS" By now you're probably tired of hearing about my "mouse-capades" but here's just one more ... I'm really getting better (emotionally) at handling the intrusion of these little monsters into our lives, because in a two week period we captured and disposed of nine of the disgusting gray things. Eight of them we caught in the garage (thank goodness), and only one found its way into the house.

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Anyway, last night as I was putting the clothes into the clothes dryer in the garage, I heard the telltale rustle of a mouse over in the corner. I didn't jump, or scream, or dash about wildly with my hands in the air. No, no, I just calmly walked back into the house and informed my husband we had another mouse in the garage, and to please set a

He was watching a boxing match on television at the time, and didn't answer me, so I said, still quite calm, "Did you hear me?" He nodded, which I assumed meant "yes."

The next morning I asked him if we caught the little varmint, and he said "no" just a little too quickly, which prompted my next question, "Did you set a trap?"

"Well, uh, no. I forgot," he said, watching me carefully for a reaction. Still calm, I replied, "Well, set one tonight," and that was the end of the conversation. I think he was amazed. Well, he needs to be surprised once in a while. Otherwise he may think he knows me too well.

Actually, I was kind of surprised myself ... and a little proud that maybe, finally, I have conquered some of my



Happy Birthday Nick Saldana, Jr.

Love -- Mary Helen

fear of these tiny little harmless critters. Well done, self.

THE BATTLE OF THE BULGE continues this month, but with better results than usual. On April Fool's Day I made a bet with my husband that I could lose 10 pounds by the end of April. No joke. I was beginning to think, last week, that maybe I was the Fool, because my goal of 5 pounds by April 15 looked harder than I had

thought it would be to attain. But, by the 15th, I could pat myself on the back, because I had reached my 5-pound goal. Now the bet is, if I win, I get to go on a shopping spree when I go visit my sister in Dallas the first weekend in May. If I lose, my husband gets to buy a new set of golf clubs.

The other night he offered me some popcorn, and I refused, saying, "Don't you want me to lose 10 pounds?" He replied, "Well, I guess so, but I sure could use some new golf clubs." Tough decision, I

This week my sister sent an encouraging card to me, telling me to "lose that weight" and for my husband to "make that money" (for my shopping trip). She's sweet, isn't she?

I think I can do it. I hope I can ... pretty sure, anyway ... probably.

Wilson School Menu

April 20-24, 1987 BREAKFAST

Monday- Poptart, Diced Pears, Milk

Tuesday- Cinnamon Toast, Applesauce, Milk

Wednesday- Waffle, Butter, Syrup, Apple Juice, Milk Thursday- Biscuit, Bacon, Slic-

ed Peaches, Milk Friday- Oatmeal, Toast, Pineapple Juice, Milk

LUNCH Monday- Polish Sausage, Red Beans, Fried Okra, Cornbread, Sliced Pineapple, Milk

Tuesday- Baked Chicken, English Peas, Whole Carrots, Hot Rolls, Peach Half, Milk

Wednesday- Cream Turkey on Toast, Cream Potatoes, Green Beans, Peanut Butter and Crackers, Mixed Fruit, Milk

Thursday- Burrito with Cheese Slice, Buttered Corn, Salad, Pear Half, Milk

Friday- Barbecue on Bun, Hash Browns, Slaw, Coconut Cake, Milk

SHOP IN TAHOKA

*********** - WEEKLY SPECIAL -

Hamburger Basket & Medium Drink

Cheeseburger Basket & Medium Drink

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Phone 998-4320 or 998-4591 PAT GREEN, AGENCY MANAGER

CREATIVE COOKING



Fresh orange and spicy nutmeg complement the banana flavor

BANANA ORANGE NUTMEG BREAD

- 2 extra-ripe, medium Dole Bananas, peeled 1 cup chopped walnuts
- 2 cups all-purpose flour 1 teaspoon baking powder 1 teaspoon baking soda
- 3/4 teaspoon ground nutmeg 1/4 teaspoon salt
- 1/4 cup butter, softened
- 3/4 cup sugar 1 egg

1/4 cup orange juice 1 tablespoon grated orange peel 1 cup raisins

Puree bananas in blender (1 cup). Pulverize walnuts in blender; combine with flour, baking powder, soda, nutmeg and salt. Cream butter with sugar until light and fluffy. Beat in egg, orange juice and peel until blended. Beat in flour mixture in thirds alternately with pureed bananas. Stir in raisins. Pour into greased 9x5-inch loaf pan. Bake in 325°F oven 1 hour 20 minutes until toothpick inserted comes out clean. Cool in pan 10 minutes. Turn onto wire rack to cool completely.

For more terrific banana recipes, write to Dole Bananas, Dept. B7, P.O. Box 7758, San Francisco, CA 94120.

OFJOBS

The Maritime Industry Workforce

Federal government support of our maritime industry does more than protect American jobs-it may be essential to national security. Here's

Based on a recent Navy study there aren't enough U.S. seamen for defensive shipping purposes in the event of a national emergency. According to Talmage Simpkins, Director of the AFL-CIO Maritime Committee, these three steps would provide a turnaround in the American-Flag Fleet and insure jobs are available for Americans in our maritime

· Legislation is before Congress that would require the Administration to enter into bilateral agreement with its trading partners when the trade with that country equaled or exceeded one percent of the U.S. trade and where U.S. ships carried less

than one-third of that trade. · Congress should continue to authorize subsidies so the operating costs of U.S. flag-vessels will be equal to those of its foreign competitors. U.S. ships are often more expensive to operate than foreign ships because of American safety standards and labor laws.

· Foreign cruise ships, so called "Love Boats," operating wholly out of American ports should be required to carry a certain percentage of

The situation now is that

not enough americans

work in our maritime

industry — a situation, which could be a problem

in a national emergency.

To give America a better break Congress is considering legislation allowing that industry to compete fairly with foreign competitors.

American workers and adhere to American labor laws. Citizens who believe action is needed on this issue may

want to write their legislators with their opinions. Anyone can write Congress on this or any issue at the Senate, Washington, D.C. 20510 and the House of Representatives, Washington, D.C. 20515. No street address is necessary.

Good Health Habit

Most breast cancers are first discovered by women them-selves. The American Cancer Society recommends the monthly practice of breast selfexamination (BSE) by women 20 years and older as a routine

Breast Cancer Toll Every 15 minutes, three women develop breast cancer and one woman dies of the disease. Breast cancer continues to be a major cancer killer of American women, reports the American Cancer Society.

Breast Exams The American Cancer Society advises women 20 to 40 to have a physical examination of the breast every three years. Women over 40 should have their breasts examined by a physician every year.

Between 35 and 40 The American Cancer Society advises women to have a baseline mammogram (X ray of the breast) between the ages of 35 and 40 to be used as a source of comparison with future mammograms.

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Tahoka, Texas

New Home News

By Florence Davies — Call 924-7479

SS-5 application forms will be available for a social security number that all children must have by Jan. 1, 1988. All parents are invited to come and start proceedings to get child's social security number. Bring birth certificate and immunization record.

A representative of the social security office will be available to help fill out these forms and answer questions from 8:30 to 10 a.m. Wednesday, April 22.

A shower for Matthew John, son of Mr. and Mrs. Dahlen Hancock, will be held in the New Home Baptist Church fellowship hall Thursday, April 16, from 5 to 5:30 p.m. All friends are invited.

Evelyn and Howard Madison of Carlsbad, N.M. were here Wednesday until Saturday with her mother, Ida Mae Edwards, and other relatives.

Mr. and Mrs. Glen Morehouse of Plains visited with C.B. and Flora Dell Nowlin Saturday. The ladies were classmates in the Challis School near Brownfield 62 years ago.

Mrs. Loyd Huddleston is improving after another series of chemo.

Ann Walton of Snyder visited here with us Saturday. Billie Jo and Charles Freeman were here with us Thursday and Sunday. Jo Spikes and Eulalie Davies and Jim Spikes were here Sunday.

Stony, Christina and three month-old Caleb Gill moved last week from Levelland to Brownsville. Stony is in mission work in the Baptist church in Brownsville.

Calvin Tucker entered the CCU in Methodist Hospital Friday. He expects to be released early this week.

Winston Davies entered Methodist Hospital Sunday, he is in room 663 east.

Don and Mary Ann Cowan of San Benito arrived in Tahoka Sunday night to visit her father, V.F. Jones, and other relatives and with us here at the hospital. Carolyn and Emily Botkin, who had been visiting her brothers, Brad and his family in League City and Ben and Tammy in Sommerville, and sister and brotherin-law, Deanna and Dave Burton in Corpus, returned to their home in Tahoka with her parents.

Who Gets Breast Cancer? The American Cancer Society reports that one out of every 11 women will develop breast cancer at some time during their lives.

Reducing Risks According to a recent American Cancer Society study, all women should be considered at appreciable risk for breast cancer. The Society urges women to learn and practice breast self-examination and have periodic mammograms when appropriate.



EASTER EGGSTRAVAGANZA

Check Our Prices On Other Items In Our Circular.

COKE, SPRITE, DIET COKE

Coca Cola 3 LTR.

Play Shoppers' Surprise! Look For The Red Star On Your Blue Stamps & Win!

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Cotton Today

NCC Asks Boll Weevil, Pink Bollworm Funding--National Cotton Council representatives have asked House and Senate Appropriations subcommittees to restore funding for the pink bollworm and boll weevil programs. Robroy Fisher, Greenville, Miss., producer, testified at the House hearing and Robert A. Carson Jr., Marks, Miss., producer, at the Senate hearing. Both warned that proposed budget cuts would wipe out the federal-state quarantine program for the pink bollworm and the Texas High Plains boll weevil containment program.

They called for appropriations to cover the government's cost share for containing and expanding boll weevil eradication efforts in Arizona, and for operating the expanded southeastern eradication program in Georgia and parts of Alabama and Florida next year. Costs for beginning the expanded program this year were included in the 1987 supplemental appropriations. The Council witnesses said the eradication program has allowed North and South Carolina growers to reduce their spray applications by about 70 per cent, and predicted similar benefits to producers in the expanded areas.

NCC Calls For "Reasonable" Conservation Rules--The National Cotton Council this week told a House Agriculture subcommittee that final rules for the 1985 farm law's sodbuster and high erodible land provisions should be delayed until reasonable requirements can worked out in consultation with local landowners and farm operators in various conservation districts. Robert A. Carson Jr., Marck, Miss., cotton producer, said the Council supports efforts to preserve the nation's land resources but must oppose conservation measures so restrictive as to force high productive

OLE!

Grand Opening Of All New Furniture And Appliance Store MAY 1ST & 2ND

Door Prizes To Be Given Away Furniture Ole' Of Tahoka 1529 Ave. J Tahoka, Tx. cotton farms into alternative

He said last year's interim rules could force major shifts out of cotton into high residue grain crops or grasses. "Our industry would strongly oppose such requirements," he stated.

Whittington Praises Cotton Program: National Cotton Council President Aven Whittington says the cotton program has operated "even better than we dared hope." He praised the courage and skill of both industry and government leaders for their roles in passing the 1985 farm law, saying it has "changed things for the better and brought the industry progress."

He said the industry is working to keep the farm law intact and oppose any further payment limitations. In addition, the Council is seeking legislation for a non-refundable research and promotion assessment to apply to the cotton content of textile and apparel imports as well as U.S. grown and imported raw upland cotton. Implementation of this proposal -- subject to a producer referendum -- would greatly bolster Cotton Incorporated's market development activities, he said.

Pecan, Grape **Management Short Course Slated**

Establishment, training and cultural needs of new pecan orchards and grape vineyards will be the topic of concern at a shortcourse to be held April 21 beginning at 8:30 a.m. in the meeting room of Lyntegar Electric Cooperative in Tahoka.

Dr. George McEachern, State Extension Horticulturist, will be present to cover the topics of discussion.

Following the presentation, the group will tour the newly planted pecan orchard of Jimmy Bragg at West Point and then proceed to the Nuevo Casa Vineyard of Dr. interest will allow first hand visual inspection and evaluation of these two systems. Also, a freeze damage assesment will be made at both stops to determne the damage, if any, of the very cold temperatures of late March.

If you have interest in these two new enterprises being developed on the South Plains, you are encouraged to attend.

CAPITOL **JOURNAL**

STEVEN A. CARRIKER House of Representatives

"chiefs" played (during the

worst budget crisis the state's

nent School Fund, nor to take

some of the capital from the Per-

manent School Fund. One brave

Dallas area legislator is carrying

the Clements proposal to reduce

With more than 4,300 pieces of

legislation introduced, it becomes

nearly impossible to keep up with

every single bill. The input of

constituients is extremely helpful

in alerting a legislative office to a

bill or proposal which many have

an impact on local interst. Please

feel free to contact my office at

any time with your questions or

concerns. Linda Bond, Geri

Elsberry and Greg Wortham are

my Capitol office staffers and are

very capable of helping you

whenever I might be away from

the office in committee meetings

on some one dozen bills regar-

ding the teacher career ladder last

week. Included was H.B. 263, the

bill I introduced which would do

away with the career ladder and

distribute the career ladder money to all teachers on an equal

percentage basis. I have endorsed a similar bill by Representative Stan Schlueter which would make

the career ladder optional with each individual school district.

The volume of legislation dealing

with the career ladder indicates

that it has its problems. Educa-

tion committee members, while reluctant to make changes in the

career ladder, privately admit

that they don't particularly like

A new wind is blowing in Austin: Business interests are

now talking about broadening

the sales tax to include profes-

sional services. Business is also

fearful that unless they push for a

personal income tax now, the

legislature might adopt a cor-

porate income tax instead (which might hit big corporations with a

higher rate).

funding for teacher pay.

Governor Clements is threatening to keep the legislature in session until it gives him the sole authority to spend whatever he wishes however he chooses. Calling it "budget execution" power, the Governor insists that, unlike all previous Governors (including himself from 1979-1983), he is uniquely qualified to re-write the state's budget without the help of the people's elected representatives. The attitude in the legislature seems to be that the Governor may have to wait a long time on this one.

U.S. Senator Joe Biden (D-Delaware) campaigned in Austin last week as he prepared to announce his candidacy for the 1988 Democratic Presidential nomination. Biden met with legislators and later addressed a public gathering at the Lyndon B. Johnson Presidential Library. Biden noted that the nation is at a "watershed" point in its history much like the end of World War II. The Senator claimed that Americans must "make fundamental changes in society and government" to move successfully into the next century. Biden follows several other Democratic contenders who have campaigned at the State Capitol since money out of the Teacher Retire-January. Others have included Bruce Babbitt of Arizona, Gary sponsor his idea of selling un-Hart of Colorado, and Charles wanted state lands to the Perma-Robb of Virginia.

After weeks of deliberation over the financially strapped state budget, the House Appropriations Committee has started over at square one. The panel failed in its first attempt to develop a budget which could (1) adequately fund necessary state services and (2) meet governor Clements' unrealistic spending gap of \$2.9 billion. Even after cutting into Richard Wright. These points of the bone of the state budget, an increasing number of legislators feel strongly that necessary services will cost more than Clements is willing to spend. School districts across the state are bracing for huge property tax increases they say will be necessary if Clements has his

Nary a whimper was heard

severe blow to the Texas wheat crop, and the Texas Agricultural Extension Service is staying abreast of the situation to help producers with their decisionmaking. The fungus disease severely reduced wheat yields last spring, and many fields are already infected this year. The Extension Service has monitoring devices over the state to check the from the Republicans in the disease's progress. Fungicides are legislature when the House available to control leaf rust, but agreed without objection, to give their use is costly. Control is itself a 5-day Easter vacation. But recommended only when a when an Austin legislator asked farmer has a high yield potentialfor permission to vote on a -at least 40 bushels per acre. To resolution allowing state be effective, a fungicide must be employees to go home early on applied when the flag leaf is the afternoon of Good Friday, emerging, says a plant House Republicans block-voted pathologist with the Extension to keep the resolution off of the Service. floor. When I pointed out to the House that telling the "indians" they had to work while the

WHEAT LEAF

THREATENS CROP--Leaf rust

again appears poised to deal a

RUST

ever faced) the Republicans relented. They grudgingly voted to allow some state employees to go home to be with their families a few extra hours on one of the holiest of Christian days. By the time the constitution. deadline for filing bills passed last week, 4,367 bills and resolutions had been introduced in the PASS ALONG Legislature. This astounding AN HEIRLOOM MORE volume of legislation still left some conspicuous issues without VALUABLE THAN GOLD. sponsors: None of the 150 Representatives or 31 Senators LIFE. introduced legislation requested When you make a beby Governor Clements to pull quest to the American ment Fund. Also, no one chose to

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A Visit With Your **County Agent** By Stanley Young About this time of the year

home lawns need a boost to get them in shape for the upcoming spring season.

Stanley M. Young, county agent with the Texas Agricultural Extension Service, The Texas A&M University System, suggests three operations that can get a lawn off to a good start-scalping, fertilizing and applying a weed killer.

Scalping a lawn in early spring serves to revitalize it and promote early spring green-up.

Begin the operation by lowering the blade of your lawnmower 1/2 to 1 inch below the normal setting. Then mow the lawn in two directions that are at right angles to each other. Remove the clippings after each mowing. They are excellent to add to a compost or to use as a mulch for garden and landscape plants.

Young also recommends keeping the lawnmower blade lowered until mid-summer.

After scalping the lawn, apply a complete fertilizer (one containing nitrogen, phosphorus and potassium) to promote leaf and root growth, advises Young. Use 1.5 pounds of nitrogen per 1,000 square feet of lawn area. This is equal to 18 pounds of an 8-8-8 fertilizer or 12 pounds of a 12-4-8 fertilizer. Repeat the application in the early summer and fall.

For a dark green lawn apply nitrogen every 50 days at the rate of one pound to 1,000 square feet. Monthly applications of iron chelate or iron sulfate during the spring and summer promote a healthy color in St. Augustine lawns.

To keep crabgrass or other unsightly weeds from becoming a problem, apply a pre-emergence herbicide (weed killer) in early spring, after the grass has recovered from winter, says Young. Applying a preemergence herbicide too early could further weaken turfgrasses injured by winter conditions. Combinations of herbicides with fertilizers are available and convenient to use but, as with all herbicides, should only be used according to instructions on the label.

Proper maintenance is essential for a healthy lawn, and these practices will give new life to a dormant, weedy lawn.

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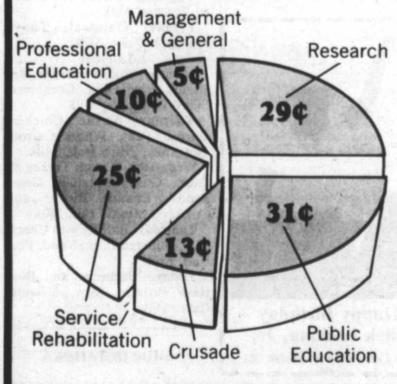
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or in the House Chamber. The AMERICAN CANCER SOCIETY Capitol office address is P.O. **DOLLARS FIGHT CANCER** Box 2910, Austin, 78769. The phone number is (512) 463-0480. **IN TEXAS 1987** The House Committee on Public Education held hearings



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increased research allocations to

Texas by our National Society.

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FOR SALE: Recently remodeled 2 bedroom home with separate den/dining room area located across street from elementary school in O'Donnell. Large corner lot has fruit and pecan trees, well established yard and garden area, storm cellar, water well and fenced back yard. Central heat and air. Must see to appreciate for \$30,000. Phone 806-872-5583 after 5 p.m.

FOR SALE: Real nice three bedroom, one & one-half bath, air conditioned, carpeted, concrete fence, two car garage. Centrally located on South First Street. Priced to sell.

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MISC. FOR SALE

FOR SALE: 1978 XL 350 dirt and street bike, runs good, looks good, \$500. See at 2220 North 1st.

FOR SALE: Alfalfa hay. Call Lynn Cook, 998-4115. 20-tfn

FOR SALE: Data terminal cash register 10 department electronic, automatic tax, \$350.00. Maintenance contract available. Call Nicky, 998-5128.

FOR SALE: 1979 Yamaha 750, fairing. trunk, excellent condition, \$1,350. Call 12-tfc

FOR SALE: 1974 Glastron boat with in/out board Mercruiser motor, Dilly boat trailer, good shape. Call 998-4163:-16-1tp

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CARD OF THANKS

The family of J. Wright Edwards would like to sincerely thank everyone for the prayers, memorials, flowers, calls, cards, visits and the lunch at the church. To Dr. George Ray, Mrs. Hazel Bennett, Carroll and Susie Rhodes for the beautiful service. To the nurses and staff at Tahoka Care Center, Dr. Wright and the ambulance attendants, to White Funeral Home for their friendly and courteous service.

We would also like to thank you for your prayers and words of encouragement during Raymond's long illness, to Rev. Mark and Twila Gibbens-Rickman for their prayers and visits to St. Mary's Hospital while he was there. Also Rev. Harold Abney who spent part of every day and night at the hospital with us. May God bless each of you.

Ruth and Weldon Martin & Family Paul and Cleo Edwards & Family Viola Edwards

I would like to express my thanks for visits, flowers and phone calls, and to Dr. Vickers and staff for their kindness and patience shown to me while I was in the hospital the last week of March, and since I have been home recovering from pneumonia for six weeks. I pray God's blessings upon all.

> Maggie Murray 16-1tp

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baseline mammogram (X ray of

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of comparison with future

advises women to have

American Cancer Society.

5 p.m.

trol. Brownfield 637-3333.

DATED the 27th day of March, 1987, and issued pursuant to a judgement decree of the District Court of Lynn County, Texas, by the Clerk of said Court on said date in a certain suit No. 1462, and styled Lynn County Appraisal District et al vs. Walter E. Manske who may be located at the home of Eugene C. Manske, Gene Manske, Paul Manske, Meda Clayton, and to me directed and delivered as Sheriff of said Court. I have on the 27th day of March, 1987, Seized, levied upon, and will on the first Tuesday in May, 1987, the same being the 5th day of said month at the Courthouse door of said

County, in the City of Tahoka, between the hours of 10:00 o'clock a.m. and 4:00 o'clock p.m. on said day, proceed to sell for cash to the highest bidder all of the right, title, and interest of the defendants in such suit in and to the following described real estate levied upon as the property of said defendants, the same lying and being situated in the County of Lynn and the State of Texas, to wit:

The following property being located in the Original Townsite of the City of Tahoka, Lynn County, Texas; Lot 5, Block 38 or upon the written request of said defendants or their attorney, a sufficient portion thereof to satisfy said judgment, interest, penalties and costs; subject, however, to the right of redemption, the defendants or any person having an interest therein, to redeem the said property, or their interest therein, at any time within two years from the recordation of the deed in the manner provided by law, and subject to any other and further rights to which the defendants or anyone interested therein may be entitled, under the provisions of law. Said sale to be made by me to satisfy the judgment rendered in the above styled and numbered cause, together with interest, penalties, and costs of suit, and the proceeds of said sale to be applied to the satisfaction thereof, and the remainder, if any, to be applied as the law directs. DATED this the 27th day of March, 1987, at Tahoka, Texas.

/s/ Clifford Laws, Sheriff, Lynn County, Texas 15-3tc

The four o'clock flower gets its name because of the fact that its flowers open late in the afternoon and close in

Lynn County Commodity Schedule

Lynn County Commounty	Schedule
April 16- O'Donnell Catholic Church	10 a.m. to 2 p.m.
April 17- Draw	9:30 to 11 a.m.
April 17- O'Donnell Senior Citizens	1 to 4 p.m.
April 20- Tahoka Methodist Church	9:30 to 12 noon
April 24- Tahoka Senior Citizens	9:30 a.m. to 2:30 p.m.

INSURANCE SPECIFICATIONS LAW ENFORCEMENT PROFESSIONAL LIABILITY

Let it be known that the Lynn County Commissioners Court is soliciting quotes for Law Enforcement Professional Liability Coverage which expires 4/29/87. Please submit quotes no later than 3:00 p.m. o'clock Friday, April 24, 1987 to Judge J.F. Brandon. All parties interested in quoting this coverage should contact Judge Brandon for specifications as soon as possible.

Bids will be opened April 27, 1987, at 10 a.m.

16-2tc

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Springtime is the right time to serve this simple salad. Excellent

2 fresh tomatoes

for those April holiday meals.

large cucumbers

1 - 2 tbsp. olive oil

freshly ground black pepper

fresh green peppers small onion

Dice all vegetables into 1/2-inch cubes, or smaller. Put them into a salad bowl. Add the oil and pepper. Let stand at room temperature at least one-half hour before serving.

Yield: 4 Servings

Nutrition Tip: If you're having a hard time eliminating salt from your diet, try to gradually cut down on salt intake. It may help to only salt a few foods rather than pouring salt on your entire plate. Try herb seasonings, such as American Heart Association Herb Seasonings, available at many grocery stores. You may learn to enjoy their various tastes more than salt!

Help Your Heart Recipes are from the Fourth Edition of the American Heart Association Cookbook. Copyright 1973, 1975, 1979, 1984 by the American Heart Association, Inc. Published by David McKay Company, Inc.

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OFFICERS HONORED AT 65TH ANNIVERSARY OF PHEBE K. WARNER — Approximately 100 women attending the 65th anniversary celebration of Phebe K. Warner Club on Tuesday afternoon were entertained with federation history, world events and ladies fashions from 1922 to 1987. Several state and district officers were present. Pictured above, left to right, are Bettye Green, GFWC Legislation Chairman and past state president; Hazel Akin of Denver City, TFWC Treasurer; Dorothy Boutwell of Temple, TFWC First Vice President; Billie Jean McMahon of Cleveland, TFWC President Elect; Carol Silvus, TFWC President; and Edna White, Phebe K. Warner President. Dora Alderson of Lubbock, President (LYNN COUNTY NEWS PHOTO) Elect of Caprock District, was also present.

Helpful For The Home

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experienced record winter snowfalls. quality material like CertainTeed's And while the white crystals have pure white Insul-Safe III Fiber Glass been pretty to look at, the colder Insulation. It is highly thermally temperatures associated with them efficient, noncombustible, noncorroforced many homeowners to spend sive, and contains no chemicals to they'd like to on their

heating bills. If you're interested in increasing the attic is a relatively easy proyour home's energy efficiency and cedure. First, the contractor will run improving overall comfort in warm the insulation hose into the attic have the time to do the work yourself he will blow the material so it falls or don't want to go up into the approximately four to 10 feet in front attic, experts recommend considering of the nozzle completely covering the installing blown-in insulation. In- attic floor. stalled by professional insulation If you have a semi-finished attic, contractors, this type of insulation is the insulation contractor will remove becoming more and more popular some of the floor boards exposing a

among busy homeowners. conditioned by a blowing machine until the job is done. and blown under high pressure through a long flexible hose into attics and walls.

that they provide a more complete or openings the size of a half-dollar. uniform coverage in hard-to-reach Once all holes have been drilled, the coverage is so complete, they become tion into the wall cavities. Once the an excellent thermal blanket for the cavities are filled, the holes are

Once you have decided on a blownin insulation, the next questions are who should do the work and what is the best material for the job? The key to the former question is to find a professional insulation contractor with good credentials and references who will provide written estimates of the work to be done. Look in the Yellow Pages of the telephone directory under "Insulation Contractors" or "Insulation Materials" and ask friends and neighbors for leads.

As for the type of blown-in insu-Many parts of the country recently lation to use, look for a superior

Installing blown-in insulation into

weather and cold, but simply do not through any available opening. Next,

joist section. He will then blow Blown-in insulations are available insulation into the cavity. After the in three types: fiber glass, rock wool material has been installed, he will and cellulose. The one thing they all put the floor boards back into place have in common is that they are and move to the next joist section Insulating sidewalls requires a few

more steps. Typically, a contractor will begin the job by carefully remov-These materials offer several ing some of your home's outside inherent benefits. The major one is siding. Next he will drill small areas such as parts of attics. Because contractor will begin blowing insulacavities are filled, the holes are plugged with circular pieces of wood, and the siding is replaced.

For a free booklet offering more information on blown-in insulation, write to the CertainTeed Home Institute, P.O. Box 860, Valley Forge, PA 19482 for "What You Should Know About Blown-In Insulation.'

Best Time for BSE The American Cancer Society urges women 20 and older to perform breast self-examination once a month, about seven to ten days after the start of the period. menstrual menopausal women should choose a set day, such as the first of the month, to practice self-examination.

Good Health Habit Most breast cancers are first discovered by women themselves. The American Cancer Society recommends the monthly practice of breast selfexamination (BSE) by women 20 years and older as a routine

SELENIUM SUPPLEMENTS NOT NEEDED--Selenium, a trace mineral, is becoming a popular item in health food stores; but taking too much could be fatal. "Claims that selenium deficiency causes cancer, hot flashes, and other menopausal distresses are overstated and out of proportion. There's no evidence that large doses of selenium will alleviate these problems," warns Dr. Alice Hunt, nutritionist. "Selenium is an essential nutrient that's only needed in small quantities," says Hunt. "Its safe range is much narrower than other minerals and as little as ten times the dietary amount could be toxic." The USDA suggests a recommended dietary allowance in a safe and adequate range of 50-200 micrograms. According to the USDA, Americans get enough selenium in their diets because

much of their food and feed crops are grown in selenium-rich soil. "There's a little truth in all claims of this nature. Try to find the facts and interpret them correctly," she adds. More isn't always better.

SMALL MICROWAVE OVENS ARE DIFFERENT-- The compact microwave ovens that have become a fixture in many singles' apartments, college dorms and office lunch rooms can't perform like the larger ovens. The difference, says home economist Dr. Susan Quiring, is in the cooking wattage. "Most microwave recipes and package directions on prepared foods are developed for ovens with wattage outputs of 600 to 700 watts. The smaller ovens typically have lower wattage outputs from 400 to 500 watts," she explains. She says that one of the factors that determines cooking speed is output wattage. If it's less than 600 watts, cooking times may be 20-30 percent longer than times recommended in the directions. "It's still best to check the food at the time stated," Quiring says, "then more time can be added if necessary."

RAW FISH IS A FOOD SAFE-TY HAZARD--It's hard to go wrong with high-protein, lowcalorie fish--unless you eat it raw. "The growing popularity of undercooked fish or raw fish dishes such as sushi, sashimi, ceviche and others has resulted an increase in cases of disease attributable to fish parasites," says food safety expert Marilyn Haggard. "Properly canned or frozen fish pose no danger of infection," she says. Cooking fresh fish until all parts of the fish have reached a temperature of 145 degrees Fahrenheit will also kill parasites, she adds.



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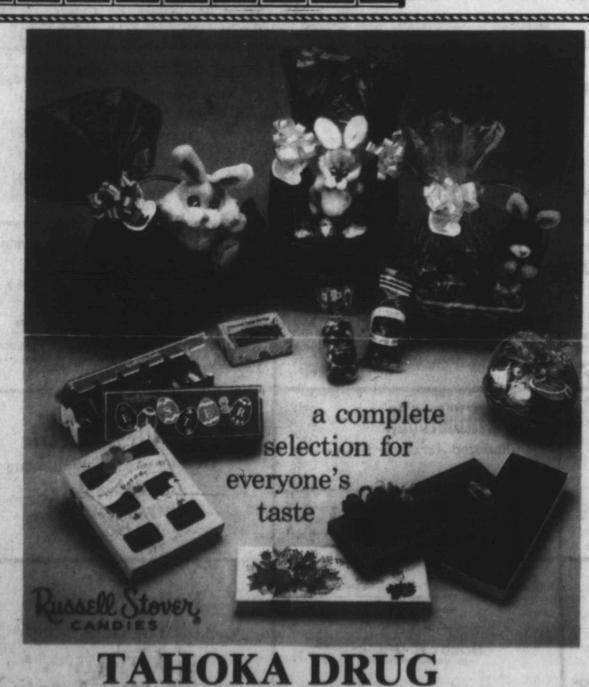
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