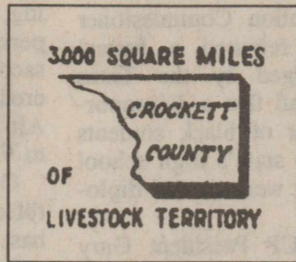


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The Ozona Stockman

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Crockett County's
News Source

"Out In The West, Where The Air Is Pure, The Climate Agreeable, And The People Friendly -- The Best Place On Earth To Call Home."

Ozona, Crockett County, Texas 76943

USPS 4168-2000

Wednesday, February 7, 1996

Volume 82

Number 52

Ozona Aligns To UIL District 8-2A

Neal Ulmer, Stockman Sportswriter

The University Interscholastic League announced their biennial realignment of schools, which places schools in districts and classes based on enrollment. Classes are from 1A through 5A in four regions in Texas.

This may not be new news to some, but the important thing for folks in Ozona is that they have been moved from District 5-2A to District 8-2A. District 5-2A was made up of Ozona, Eldorado, Iraan, McCamey, Van Horn, and Anthony. The new 8-2A district which Ozona will be in includes Eldorado, Wall, Winters, Forsan, Coahoma, Roscoe, and Grape Creek.

Some people may exclaim, "Grape Creek! They don't even have a high school!" This is true at the moment. Most residents in Grape Creek want a high school, and Grape Creek superintendent Dr. David Goodman has applied for an approval of the building of a high school.

According to Ozona Athletic Director and head coach Walter Hargrove, Grape Creek will compete in academic UIL events and in golf, tennis, and track the first year. Grape Creek High School would start with a ninth grade this fall and add a grade each fall. Ozona's JV teams could compete with the ninth grade of Grape Creek in team sports. They would like to play basketball the second year.

Actually, Ozona will be one of seven teams vying for the district title in football and basketball. "It will be a good and tough schedule," said Hargrove. "It is better to have an even number (of schools) because of having an open date."

He further states, "It is a no-end

deal for the UIL. The UIL does it as fair as they can. Most people don't understand that school population changes and you look at it from 1A to 5A--it is difficult."

When looking at the schools that make up the new district, a person may think it will be a tougher district. Not necessarily so. "You couldn't get much tougher than Iraan, Anthony, McCamey, etc. Overall, it is a little stronger but more for we have more people in the district," said Hargrove. "Just the fact that the district is bigger than the one we were in makes it more difficult. The one we were in was more difficult."

For you football fans, the new district will be tough. Eldorado has a history of being tough. Roscoe, who was in the finals in 1A last year, moves up to 2A and will definitely be a contender in the fall of 1996. Coahoma and Wall are traditionally good and tough. Also, Forsan has been in that district, and they played pretty well. "It is pretty solid," said Hargrove.

When we meet for bi-district, we will play one of the teams in District 7-2A. Those teams include Albany, Anson, Eula (except football), Hamlin, Hawley, Stamford, and Jim Ned.

In football, Ozona will scrimmage Rocksprings and Menard. The Lions will open their 1996 season by hosting Big Lake, then Sonora. The third week Ozona will play Harper and will play Iraan on the fifth week. Ozona will have their first district game their fourth week against Eldorado. The remaining district games played in order will be Roscoe, Coahoma, Wall, Forsan, and Winters.

"We have a couple of long trips," said Hargrove. "If you add it up and

even it out, it is about 100 miles. It is not really a big deal and its just part of it." Roscoe will be the longest trip at 150 miles. Coahoma is 140 miles, Winters 131 miles, Forsan 111 miles, Wall 85 miles, and Eldorado 49 miles. Harper is 130 miles away. The home and away games have not been set nor has the homecoming game. Fans, be prepared for an exciting two years starting in the fall of 1996 and to travel some more.

Ranch Home Destroyed In Fire

A fire believed to have started from a hot water heater destroyed the John Foley home Thursday night.

Ozona Fire Department personnel responded to a 10:59 p.m. call and went to the scene in western Crockett County where they assisted departments from Sheffield and Iraan.

The mobile home was completely on the ground when he arrived at 11:35, said Fire Chief Bob Falkner. The west and east walls of an addition to the home were still standing, but the interior of that part of the structure was gone, Falkner said.

Mr. Foley told firemen he had heard a loud thump-like sound and got out of bed to investigate. After not finding anything, he returned to bed. Foley told firemen when his wife woke him later after the fire started he thought he saw flames coming from the water heater closet.

Firemen worked in strong wind and bitter cold with icicles on their helmets to extinguish the remains of the fire. Sheffield sent two trucks, Iraan one and Ozona two. Once the water from the trucks was gone, Falkner said they had to wait until a water transport ordered by the Sheffield fire chief arrived. He estimated that 10,400 gallons of water were used, with 6,000 of that coming from the transport.

An account has been established at Ozona National Bank to assist the Foley family.

Political Forum Monday Night

Knights of Columbus will host a political forum Monday, Feb. 12, at 7 p.m. in the parish hall.

All candidates on the ballot for the March primaries are invited to participate.

The public is urged to attend and learn these candidates' views on a variety of political issues.



NELL DAVEE ANDERSON proudly holds a plaque commemorating her retirement from Crockett County at a reception in her honor Jan. 31. Friends gathered in the Crockett Room to wish her well in her retirement and move to Louisiana. photo by Linda Moore



STEPPING DOWN - Pictured at the district Texas Sheep & Goat Raiser's Association meeting in Ozona Feb. 1 are, from left, Jeffrey Sutton, Pierce Miller and Pleas Childress III. Sutton had ended his term as president of the Mohair Council of America the previous day, and Miller and Childress completed their terms with the American Sheep Industry the previous week in Albuquerque. Miller is the outgoing president and Childress a former member of the executive board. photo by Scotty Moore



AN ICE SCULPTURE created by a forgotten water sprinkler provides a reminder of how cold it was in Ozona several days last week. The ice tree is located at Ozona Seniors Apartments. photo by Jackie Necessary

4-H'ers Win First In Fort Worth Exhibition

Twenty Crockett County 4-H Club members exhibited 42 lambs and five barrows at the Southwestern Exposition and Livestock Show in Fort Worth last week.

Crockett County took first place

in both the county group of 15 fine wool and fine wool cross market lambs. "Needless to say, the Crockett County delegation was very happy despite the cold, icy weather," said County Agent Billy Reagor.

Individual placings of finewools were: Nancy Arrott, 2nd middle weight; Rachel Murr, 6th middle weight; Mason Wilkins, 10th heavy weight; Rachel Murr, 11th light weight; Chase Clark, 12th middle weight; Nancy Arrott, 14th heavy weight; Codi Richardson, 15th, middle weight; Clay Richardson, 16th heavy weight; Mark Childress, 17th heavy weight; Nancy Arrott, 18th middle weight; Chase Clark, 20th middle weight.

Members exhibiting lambs in the first place group of 15 finewool lambs were: Ty Allen, Nancy Arrott, Kristin and G. L. Bunger, Mark Childress, Chase Clark, Gage Crawford, Trey and Clay Hale, Rachel Murr, Clay, Codi and Kyle Richardson, Dustin and Jared Shaffer and Mason Wilkins.

Individual placings in the fine-wool cross classic were: 5 Mason Wilkins, 8 and 17 Rachel Murr, 15 G. L. Bunger.

Members exhibiting in the first place county group of 15 were: Ty Allen, Summer Browne, Kristin and G. L. Bunger, Mark Childress, Trey and Clay Hale, Rachel Murr, Clay, Codi and Kyle Richardson, Dustin and Jared Shaffer and Mason Wilkins.

In the barrow show, Kimberly Bean placed 20th with her hampshire barrow. Other barrow exhibitors were Cade Clark, Kristin Bunger and Gage Crawford.

Parents and leaders accompanying the 4-H members were: Tony Allen, Jimmy Arrott, Mr. and Mrs. Louis Bunger, Mr. and Mrs. George Bunger, Mr. and Mrs. David Bean, Mr. and Mrs. Dwight Childress, Mr. and Mrs. Dennis Clark, Mr. and Mrs. Terry Crawford, Ed Hale, Mr. and Mrs. Fred Chandler, Mr. and Mrs. Wade Richardson, Mr. and Mrs. Ray Shaffer, Steve Wilkins, Donnie Laughlin and Billy Reagor.

Trustees Hire Financial Advisor For Improvement Projects

In their regular monthly meeting held Wednesday, Jan. 17, members of the Ozona School Board approved the employment of Larry Skiles of Rauscher, Pierce and Refner as the district's financial advisor for facility improvement projects. Skiles, Bob Davis of Southwest Securities, and Vince Vieillie of First Southwest Securities appeared before the board in separate interviews before Skiles received the affirmative selection.

Mr. Skiles explained the duties of a district financial advisor, chief of which is to study the feasibility of an improvement project and the tax rate necessary to fund the debt. Following preparation of preliminary estimates and designs by the district architect, the financial advisor prepares amortization schedules based on the assessed valuation of the district and determines the tax rate necessary to fund an issue.

The board, with the assistance of the financial advisor, selects a bond attorney to prepare legal proceedings. The board and commissioners court set a date to officially call the bond election. The financial advisor prepares all necessary information and forwards this information to the bond attorney at least one week prior to a date set by the school board and commissioners court. An order calling the bond election is then prepared by the bond attorney and financial advisor. The order calling the election sets the date the election is to be held, not less than 45 days from the date the board and commissioners court officially call the election.

The financial advisor then prepares a letter to the Justice Department for approval and assists the district in securing election supplies and ballots. Once an election is held, the commissioners court meets to canvass election returns not less than the second day nor more than sixth day after the election. If the bond election passes, the financial advisor then prepares all financial data for Notice of Sale and Official Statement. The school board sets the date for the sale of the bonds.

The financial advisor prepares bid forms and handles the mail-out to prospective bidders, prepares the application to a rating agency for rating on the bonds, and then prepares an

application to the Texas Education Agency for Texas Permanent School Fund Guarantee. The sale of the bonds is conducted at a meeting of the school board, and the bond attorney prepares all the legal proceedings for use at this meeting.

Following board awardance of the bonds to the successful bidder, the commissioners court passes an order authorizing issuance of the bonds. The bond attorney then forwards all legal proceedings to the Attorney General for approval, and once approval has been granted, the bonds are forwarded to the State Comptroller of Public Accounts for registration.

The school district then names a paying agent/registrars for the bonds and executes an agreement with them, which is included in the order authorizing the issuance of the bonds. The State Comptroller then forwards the bonds to the paying agent/registrars. At this time, the bonds are forwarded to the purchaser, and the proceeds of the bond issue are sent to the district's depository bank.

District facility improvements currently being studied by the school board which would necessitate the calling of a bond election include: improvement of the Ozona Middle School Building; modernizing and upgrading all campus libraries; technology purchases, including new hardware to network science labs, classrooms, libraries, and offices; installation of erasable marker boards to replace chalk boards in all classrooms in the district; classroom storage needs at Ozona Intermediate School; installation of new seating in Davidson Gym; installation of aluminum bleachers at Lion Stadium; new lighting and fence repairs at the district's tennis courts; a new weight room for boys and girls with storage for track, football, tennis and stadium maintenance equipment which would be located next to the main fieldhouse at Lion Stadium; new sets of classroom furniture for the four campuses; compliance with the Americans with Disabilities Act (ADA) for handicapped accessibility at Davidson Gym and Lion Stadium; and, re-

(Continued on pg. 2B)

The Weather



Date	Hi	Lo	Rainfall
Jan. 31	82	18	-0-
Feb. 1	38	18	-0-
2	41	18	-0-
3	36	17	-0-
4	26	14	-0-
5	40	18	-0-

As compiled by Crockett County
Water Control Dist. #1
Local Forecast
Dial 392-2447 ext. 303



San Angelo Service For Tony Vargas

Tony Vargas, 28, of San Angelo died Friday, Feb. 2, 1996. Mass was at 2:30 p.m. Saturday at St. Joseph Catholic Church with the Rev. Ray Corr, pastor, officiating. Military graveside service followed in Calvary Cemetery.

Vargas was born Oct. 30, 1967, in Ozona. He attended Fort Concho Elementary and Edison Junior High and graduated from Central High School. He received his bachelor's degree in government from Angelo State University, then went on to earn his master's in international affairs from St. Mary's in San Antonio. He worked in the Congress with the agricultural committee in Washington, D.C., while earning his bachelor's degree.

He was a sergeant in the Texas Army National Guard with Battery "D", 132nd Field Artillery. Preceding him in death were a brother, Fernando Vargas, and a niece, Liza Santellano.

Survivors include: his father, Bobby Vargas, and wife, Gloria, of Ozona; his mother, Rosantina Mata, and stepfather, Jesse, of San Angelo; two sisters, Marie Beltran, and husband, Martin, of San Angelo and Marina Ponce and husband, David, of San Angelo; two brothers, Bobby Vargas Jr. of San Angelo and Jesse Mata Jr. of San Antonio; four nieces, Crystal Santellano, Lorena Beltran, Kandace Ponce and Byanka Mata; three nephews, Karlo Hinojosa, David Ponce Jr. and Blas Vargas; and several uncles and aunts.



HIGHLIGHTS
By Lyndell Williams & Ed Sterling
TEXAS PRESS ASSOCIATION

AUSTIN — Doubling the state sales tax to replace the \$9 billion Texas generates in local school property taxes is not an option, Gov. George Bush said last week.

That unsavory idea was one of three studied by a special committee whose job it was to study ways to reduce the tax burden on property owners. Committee members were designees of Lt. Gov. Bob Bullock, state Comptroller John Sharp and House Speaker Pete Laney and members of Bush's budget staff.

Besides raising the sales tax from 6.25 percent — possibly expanding it to cover goods and services presently exempted — the other two ideas considered by the panel were:

- A 1 percent tax on gross receipts, levied on revenue generated in-state by businesses; and
- A 2.5 percent value-added tax, applied to the value at each step as a product advances from raw material to finished product.

The committee's draft report said, "None of the alternatives presented by the staff work group are without warts of one kind or another."

Bullock, who has been hospitalized with pneumonia, said each of the three property tax-relief alternatives would hit a large section of the Texas economy, and that it would be a tough fight for Bush to win approval of any such major tax change.

Bush has ruled nothing out at this point. "Obviously, we need to look

at a combination. I've got an idea where I'm headed on it," Bush told the *Austin American-Statesman*.

Moses Defends TAAS

Texas Education Commissioner Mike Moses rebutted a formal complaint lodged by the Texas NAACP last fall that a disproportionate number of black students who failed the state's high school graduation test were denied diplomas.

Texas NAACP President Gary Bledsoe said the "unconstitutional" nature and application of the TAAS test "violates the civil rights of many Texans as a result of their race, ethnicity, wealth and national origin," *The Dallas Morning News* reported.

Dr. Moses commented two days after the U.S. Department of Education confirmed that it was investigating the test because of the complaint. "The figures show...that a vast majority of our high school seniors, including our minority students, are able to pass the exit-level test before their senior year is complete," Moses said.

Figures from the 1995 Texas Assessment of Academic Skills test showed 9.6 percent of African-American seniors and 9.1 percent of Hispanic seniors failed the exam, while white students failed at the rate of 1.4 percent.

Bledsoe said many minority students who failed the test "are not exposed to all the material covered by the exam nor are they provided access to the necessary preparatory courses to prepare them to take the exam."

Navy to Stay in Corpus Christi

Lawmakers on Capitol Hill hailed the announcement last week that the Navy will retain its Naval Air Training Command and pilot training at Corpus Christi Naval Air Station instead of moving the missions to Florida.

Sen. Kay Bailey Hutchison, R-Texas, said, "This is a great victory for the city of Corpus Christi."

"Not only did the Dallas Cowboys win the Super Bowl, but Corpus Christi won the Super Bowl," said U.S. Rep. Solomon Ortiz, D-

Corpus Christi.

The Navy had been contemplating stripping Corpus Christi of its primary and maritime pilot training, moving the complement of 700 personnel and 128 planes to Pensacola, Fla. The Navy also considered moving the 106-person Naval Air Training Command from Texas to Florida.

Ortiz said the Navy's decision reflects the fact that South Texas has much more uncluttered air space than Pensacola, and provides more flying days because of better visibility.

UT-Ford Partnership

The University of Texas and Ford Motor Corp. announced a partnership to increase the quality of the university's management and services, and to produce more graduates who are ready for corporate roles.

The partnership is part of a national program that includes more than 20 corporations and 40 universities.

"What this is all about is an effort to make certain we are thinking seriously about how well we are serving the people we serve," said UT President Robert Berdahl.

In May, UT will send 135 administrators and faculty members to a four-day conference at Ford headquarters in Dearborn, Mich.

Under the partnership, students will be able to apply for internships at Ford plants in Texas and Mexico.

Other Capital Highlights

■ Austin police have begun enforcing a city ordinance passed Jan. 4 banning camping on sidewalks, city rights of way, parks and other public spaces. The penalty is a Class C misdemeanor carrying a maximum fine of \$500. It costs \$70 a day to jail violators.

■ A memorial service for Barbara Jordan was held Jan. 28 at the University of Texas. More than 1,500 people flocked to the Frank Erwin Center to pay final respects to the former congresswoman, state legislator, UT faculty member and champion of open government and constitutional rights. Jordan died of pneumonia on Jan. 17.

CLASSIFIEDS 392-2551

Chili Cook-Off Feb. 11

There will be a chili cook-off Sunday, Feb. 11, at First Baptist Church. Awards will be given for first, second and third places.

Enter your chili by noon in the activities building of the church.

Political Announcements

The following candidates have authorized The Ozona Stockman to announce their intentions to file as candidates for posts in the 1996 Democratic Primary.

Sheriff:

Alton Davis
Pol. adv. pd. for by Alton Davis, Box 236, Ozona, TX 76943

Shane Fenton
Pol. adv. pd. for by Shane Fenton, Box 271, Ozona, TX 76943

Roy Glenn Sutton
Pol. adv. pd. for by Roy Glenn Sutton, Box 1517, Ozona, TX 76943

Robert F. "Bob" Rodriguez
Pol. adv. pd. for by Robert F. "Bob" Rodriguez, Box 401, Ozona, TX 76943

Larry R. Williams
Pol. adv. pd. for by Larry R. Williams, Star Rt., Box 109, Ozona, TX 76943

Constable:

Harvey Hill
Pol. adv. pd. for by Harvey Hill, Box 1322, Ozona, TX 76943

Raymond P. "Bear" Borrego
Pol. adv. pd. for by Raymond P. "Bear" Borrego, Box 1501, Ozona, TX 76943

County Attorney:

Orlando F. DeHoyos
Pol. adv. pd. for by Orlando F. DeHoyos, Drawer T, Ozona, TX 76943

District Attorney:

Ori T. White
Pol. adv. pd. for by Gloria Holcomb Waddell, Treasurer, Ori T. White for 112th Dist. Atty., Ft. Stockton, TX 79735

J. W. Johnson Jr.
Pol. adv. pd. for by J. W. Johnson Jr., Box 1425, Sonora, TX 76950

Commissioner-Pct. 3
Freddie Nicks
Pol. adv. pd. for by Freddie Nicks, Box 866, Ozona, TX 76943

Terry Dickerson
Pol. adv. pd. for by Terry Dickerson, Box 961, Ozona, TX 76943

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GROCERY T & C Village Market 101 T & T Village Supermarket 103	OIL FIELD SERVICE D & V Roustabout 141 G. Q. Salmon & Son, Inc. 143	PRINTERS & OFFICE SUPPLY The Ozona Stockman 191	OZONA CHAMBER OF COMMERCE General information 217 Upcoming events & schedules 219
BANKS Ozona National Bank 105 Crockett County National 289	PLUMBERS De La Rosa Plumbing 299	SPRAYING SERV. M & B Spraying & Pruning 193	EMERGENCY INFORMATION Crockett County Sheriff 223 DPS 225 Game Warden 227 Ozona Volunteer Fire Dept. 229
REAL ESTATE Childress Real Estate 107 Wayne Munn Real Estate 109	RESTAURANTS Dairy Queen 147 El Chatos 149 Hero's Pizza 151 Hitchin Post 155	CLOTHING STORES Small Fashions 197 The Teacher Store 201	FURNITURE Brown Furniture 231
ORGANIZATIONS Crockett Co. 4-H Club 111 Friends of the Library 301 Crockett Co. Public Lib. 287	AUTO REPAIR Perry Motor Co. 165	SCHOOL Administration Office 203 High School Principal 205 Junior High Principal 207 Intermediate Principal 209 Primary Principal 211 Counselor 213 School Menu 215	AARP 311
COMMUNITY CALENDAR 113	CONVENIENCE STORES Shots #2 275 Shots #4 277 Kwik Mart 315		
MEALS ON WHEELS Menu 265	PHOTOGRAPHY Cameras Two 171 Neal Ulmer Photography 173		
NEWSPAPER INFORMATION About The Talking Newspaper... 115 Garage Sale (listings) 117 Happy Birthday 309 Misc. For Sale (listings) 489 Wanted or want to buy 307 Houses For Rent (listings) 119 Houses For Sale (listings) 493 Autos For Sale (listings) 121 Lost & Found 495 Help Wanted (listings) 123 Employment 305 Headline News 125 Deadlines 131	FUEL DEALERS Ozona Butane Co. 177		
	NURSING HOMES Lillian M. Hudspeth (Sonora) ..185		
	INSURANCE The Baggett Agency 187		
	LUMBER & HARDWARE South Texas Lumber 269		
	JEWELRY Tedford Jewelry 487		
	FUNERAL HOMES Preddy Funeral Home 273		
	VIDEO STORES Lone Star Video 293		

Ozona Area Weather "303"
by KLST-TV-channel 8 - San Angelo
Meteorologist Mike Daniels --
ext. 303

OZONA CHURCHES

Apostolic Church	235
Calvary Baptist Church	237
Church of God of Prophecy	239
Church of Jesus Christ of LDS	241
Faith Lutheran Church	243
First Baptist Church	245
Harvest Time Christian Center	247
Iglesia Bautista Nueva Vida	249
Iglesia de Cristo	251
Mt. Zion Baptist Church	253
Our Lady of Perpetual Help Catholic Church	255
Ozona Church of Christ	257
Ozona United Methodist Church	259
Templo Siloe Assembly of God Church	261
Templo Bautista	263

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Business & Professional Guide

OZONA BUTANE CO. Propane Gas • Sales & Service Hwy. 163 S. 392-3724	KNOX FLOOR COVERING MasterCard VISA Ozona, Texas
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Joe Tobar Bail Bondsman 392-2172 392-3622	For all your needs see MARY KAY Bobbie Renfro Independent Beauty Consultant Call 915-392-2235

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and the Crockett County News

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P.O. Box 370, Ozona, Tx 76943



Leach-Worthington Vows Spoken

Cynthia Ann Leach and Fleet Ray Worthington were united in marriage Jan. 20, 1996, in Valley Mills at the First Baptist Church. Brother Ray Palmer officiated.

The bride is the daughter of Ms. Shirley Leach of Valley Mills and Rodger Leach of Waco. She is the granddaughter of Mrs. Howard Nelson and Mr. and Mrs. Gene Southern.

The bridegroom is the son of Mr. and Mrs. Vance Worthington of Ozona. He is the grandson of Margaret Coates and the late Bud Coates and Quilla Worthington of Peacock and the late A. H. Worthington.

The bride was dressed in a long white satin off-the-shoulder gown. Fabric roses accented the shoulders and the bow at the back of the waistline. She wore a waist-length veil attached to a seed pearl enhanced headpiece. Her bouquet was of white roses, carnations and lilies. For something blue, the bride wore blue and white striped kneesocks under her white Justin boots. For something old and borrowed, she borrowed from her sister-in-law, Tess Woodwick, a small gold guardian angel lapel pin often worn by the bridegroom's grandfather, Bud Coates.

Bridal attendants were attired in

long, slender navy dresses. Like the bride's gown, the attendants' dresses were off-the-shoulder with fabric roses topping the cap sleeves and accenting the back waistline.

Serving as maid of honor was the bride's twin sister, Jennifer Leach, of Clifton. Matron of honor was the bride's sister-in-law, Teri Leach, of Waco. Other bridal attendants were: Jennifer Meler of Bedford, Dawn Grey of Bryan and Mindy Andrews of Mosheim. Junior bridesmaid was Amber Ludikte of Clifton. Each attendant carried a bouquet of white roses, carnations and lilies.

The bridegroom and his attendants wore black tuxedo jackets and black Wranglers with boots. Best man was Shane Cooper of Ozona. Groomsmen were Marshall Hubbard of Ozona, Cody Leach, brother of the bride, of Waco; Dennis Schreffler, the bridegroom's cousin, of Fort Worth; and Scott Denman of Stephenville. Junior groomsmen were the bridegroom's brother, Hayse Worthington of Ozona. Acting as ushers and candlelighters were Randy Ross of Abilene and Scott Sells of Mansfield.

The church was decorated with English ivy and white roses, carnations and lilies. Candelabra wrapped

with English ivy adorned the front of the church. The aisle was lined with candle lit lanterns enhanced with with bows fashioned by Francis Denman of Ozona.

A reception followed in the church's fellowship hall. Registering gifts was Yvonne Meler. The tables were covered with white organdy skirts. Navy blue bows adorned the bride's table. The three-tiered bride's cake was decorated with live flowers and greenery.

The bridegroom's table held a horseshoe-shaped chocolate cake. The table was accented with a rope, spurs and other western figures.

The cakes, punch and coffee were served by Angie Fry of Gatesville, Yvonne Miller of Bedford and Leslie Andrews of Dublin.

Among the out-of-town guests were: Mr. and Mrs. Willie Schreffler of Wills Point, Sara Schreffler of Kilgore, Mrs. Dennis Schreffler and Addison of Fort Worth, Mr. and Mrs. Wylie Worthington of Fort Stockton, Mrs. Eddie Jones of Bastrop, Mr. and Mrs. Jim House and Terry of San Angelo, Mr. Justin Moran of Stephenville, Mr. Justin Southern of Stephenville, Mr. and Mrs. Greg Ganske of Jacksonville, Mr. and Mrs. Jamie Woodwick of San Angelo, Mr. David McCarley of San Angelo, Mrs. A. H. Worthington of Peacock and Mrs. Bud Coates of Ozona.

The bride is a 1993 graduate of Valley Mills High School. She currently attends Tarleton University in Stephenville where she is majoring in police science. The bridegroom is a 1991 graduate of Ozona High School. He also is attending Tarleton University majoring in agricultural science.

Following a brief trip to Waco, the couple will be at home in Stephenville.

YOUR NEWS is always appreciated at The Stockman. 392-2551.

Study Shows Diet Without Drugs Can Lower Cholesterol

Men can lower high cholesterol levels significantly, without taking drugs, by following a moderate diet low in saturated fats and cholesterol, researchers at The University of Texas Southwestern Medical Center have concluded.

In a study published in the Archives of Internal Medicine, Dr. Margo A. Denke, assistant professor of internal medicine in the Center for Human Nutrition, and Dr. Scott M. Grundy, director of the Center for Human Nutrition, said the "Step One" diet recommended by the American Heart Association and the National Cholesterol Education Program was effective in reducing cholesterol when combined with appropriate dietary counseling.

"We found the same cholesterol lowering can be achieved in outpatients as in people who are hospitalized on a metabolic ward, where their diet is completely controlled," Denke said.

The researchers studied 50 men who had elevated cholesterol levels. First, the men spent a month on a high-fat, high-saturated-fat diet similar to that eaten by many Americans. Cholesterol and triglyceride levels were measured five times during the last two weeks of the diet period.

The patients were then given nutritional counseling about following the Step One diet. "We carefully counseled each individual on how to exchange foods and slowly change his eating habits," Denke said. Patients on the Step One diet were counseled to limit their total fat intake to less than 30 percent of calories, limit saturated fat to less than 10 percent of calories

and restrict dietary cholesterol to less than 300 milligrams per day. This is the least stringent of the cholesterol-lowering diets.

The patients then followed the Step One diet for four months. They were again tested five times for cholesterol and triglyceride levels during the last two weeks of the Step One diet.

Both total cholesterol and low-density lipoprotein (LDL, the "bad" cholesterol) levels dropped 8 percent for the study group. During the high-fat diet portion of the study, half the men had LDL levels greater than 190 milligrams per deciliter. The number of men in this high-risk category was reduced by half after they followed the Step One diet.

The researchers also noted individual responses to the cholesterol-lowering diet. "We found marked individual variability," Denke said. About one-third of the patients responded extremely well, even better

than expected. Another third were less responsive than expected. Failure to comply adequately to the diet explained some of the relatively poor response, Denke said. A review of the subjects' diet records suggested that one-fourth of the subjects had changed their diets very little in spite of intensive counseling.

Biological factors, such as a suppressed activity of the LDL receptors, may explain why a few other patients did not respond well to the diet, Denke said.

"The current study supports the utility of dietary therapy for primary prevention in patients with high-risk LDL-cholesterol levels," Denke said. "This form of therapy may eliminate the need for drug consideration for primary prevention of coronary heart disease in a sizeable portion of patients."

Denke said the results were encouraging. "Diet does work for the majority of people, so eating right can pay off," she said.



Wild eagles generally live from 20 to 30 years. In captivity, eagles may live 50 years or more. Young eagles first breed when they are about four years old and keep the same mates for life.

REMEMBER OUR DEADLINE

All news, classified and display ads must be in our office by 5 p.m. Monday for Wednesday publication in the Ozona Stockman

Card of Thanks

We were overwhelmed by the outpouring of love following our loss. Friends did so many things to help us in our time of sorrow. We are grateful for all your kindness, for the cards, calls, floral offerings, your visits, the memorials, and for your attendance at the service. For all this, we thank you. Our deep appreciation also goes to Brother Bill Fuller for the words and beautiful music. The Family of Earl 'Tooter' Malone

Happy Birthday

Joyce

With love from,
Mom, Dad, Sandra, Ryan & Lacey

Brown's Brides

Mrs. James Woodwick nee Tess Worthington

Susan Kenley bride elect of Don Cassaro

Mrs. Fleet Worthington nee Cynthia Leach

have made selections at

Brown Furniture Co.
392-2341 906 Ave. E

Mrs. Jaime Lopez nee Vicki Burson

Mrs. James Woodwick nee Tess Worthington

Mrs. Fleet Worthington nee Cynthia Leach

Susan Kenley bride elect of Don Cassaro

have made selections at

South Texas Lumber Co.

Card of Thanks

We would like to thank Don Long and Ozona National Bank employees, the ambulance crew, Dr. Sims and the hospital staff and the DPS crew, Joe Perez and Larry for all they did when Johnny had his fall. Thanks also go to the unknown nurse who was taking pictures in the park and came to assist. Our thanks also go to all the family members and to God. Everybody's concern is sincerely appreciated.

The Johnny Tambunga Family

Tedford Jewelry

Bridal Gift Registry

Vicki Czubinski, bride elect of Martin Childress
Susan Kenley, bride elect of Donald Cassaro
Mrs. Jaime Lopez, nee Vicki Burson
Mrs. Mark Neas, nee Gaylynn Wells
Mrs. James Woodwick, nee Tess Worthington
Mrs. Fleet Worthington, nee Cincy Leach

392-5537 Monday-Friday 9 to 5 In the Village

Cafeteria Menu

Feb. 12... Hoagie Sandwich, Salad, Potato Chips, Apple and Milk
Feb. 13... Corn Dog, Macaroni & Cheese, Coleslaw, Pineapple Chunks and Milk
Feb. 14... Chicken Nuggets, Gravy, Creamed Potatoes, Buttered Peas, Rolls, Cake and Milk
Feb. 15... Frito Pie, Corn, Salad, Apple Cobbler and Milk
Feb. 16... Baked Ham, Sweet Potatoes, Green Beans, Rolls and Milk

Fast Food Menu

Feb. 12... Hamburger, Salad, Potato Chips, Apple and Milk
Feb. 13... Fish, Macaroni & Cheese, Coleslaw, Pineapple Chunks and Milk
Feb. 14... Barbeque on Bun, French Fries, Pork 'N' Beans, Cake and Milk
Feb. 15... Soft Burrito, Corn, Salad, Apple Cobbler and Milk
Feb. 16... Cheeseburger, Salad, Tator Tots and Milk

Breakfast

Toast w/Jelly, Muffins, Cereal, Milk and Juice

Listen to the Talking Newspaper for a daily report of the menu Dial 392-2447 ext. 215

Winter Markdown

\$1⁰⁰ Sale

Dresses,
Shoes &
Selected
Sportswear

Sale Starts Thursday, Feb. 8th

The Teacher Store

Village Shopping Center
392-3216
Mastercard & Visa Accepted



Dunbar-Wall Wedding Plans Told

Mrs. Norma Dunbar of Brighton, IA, wishes to announce the coming marriage of her daughter, Narda Elaine Dunbar, to George Ed Wall. He is the son of Mr. and Mrs. Eddie Wall of Ozona.

The bride-elect is the granddaughter of Ella Dinse of Tipton, IA, and the daughter of the late Leo Dunbar. She is a 1981 graduate of Washington High School of Washington, IA, and a 1985 graduate of Coe College of Cedar Rapids, IA.

The prospective bridegroom is

the grandson of Pauline Willis of Alvin. He is a 1987 graduate of Ozona High School, a 1989 graduate of Western Texas College at Snyder and a 1991 graduate of DeVry Institute of Technology in Dallas.

The bride-elect and prospective bridegroom are both employed by Perot Systems and subcontracted to MCI in Cedar Rapids.

The couple will exchange vows April 27, 1996, at the Salem Methodist Church in Cedar Rapids.

It's A Girl!

Michael and Griselda Medina proudly announce the birth of a girl, Vivian Marie, born Jan. 16, 1996, at Angelo Community Hospital. Vivian weighed seven pounds, 14 ounces and was 19-1/4 inches long at birth.

She is welcomed home by big brother Michael Jr. and aunts Estrella and Della. Grandparents are Mr. and Mrs. Natividad Hernandez Sr. of Ozona and the late Vivian Medina.

Little Vivian is also welcomed by numerous aunts and uncles.

It's A Girl!

Gemella Dudley Stokes of Austin welcomed her new granddaughter, Stephanie Athleen, born Nov. 21, 1995. She is joined by her brother, John Marshall, two years, eight months; her sister, Jennifer Gem, age 17-1/2 months; and her parents, Sheri Gem and John Wlascinski of Richmond, TX.

It's A Girl!

Benjamin and Vicky Sanchez proudly announce the birth of their daughter, Bethany Ann Sanchez, born at 3:35 a.m. Jan. 20, 1996, at Brownfield Regional Hospital. She weighed eight pounds, one ounce at birth.

She is welcomed home by grandparents Angelita Sanchez and Juan and Lisa Villarreal. Great-grandmothers are Gere Mendez and Maria A. Sanchez of Sonora. Also welcoming the baby is her aunt, Dana Bishop.

²⁰Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us.

²¹Unto him be glory in the church by Christ Jesus throughout all ages, world without end. Amen.

Revelation 15:3
Courtesy of
Childress Real Estate



Happy 50th Birthday Mom (Belia)
We Love You and may God bless you and give you many more
Love, Bob & Bobbie, Ed, Lico & Family, Tito, Irma & Family, Abel, Chito & Family, Zalo & Family, Amy, Brenda, Albert & Family

Card of Thanks

I would like to take this opportunity to say Thank You to all of the PIE, Partners In Education, volunteers whose dedication and encouragement have helped enhance the education of the children in the Ozona Primary and Intermediate Schools. Your time and dedication is greatly appreciated by the staff and teachers of the Primary and Intermediate schools. Ozona PIE volunteers are: Lupe Martinez, Naina Bhakta, Cindy Robertson, Alice Espino, Connie Jennings, Sharon Bullard, Chritina Dorrrough, Cathy English, Belia Garza, Mack Richie and Terry Moran. Once again, Thank You very much and keep up the good work.

Sincerely,
Gracie Delgado



Happy 2nd Birthday Cambry Jaye
Love,
Daddy, Grandma and Grandpa Fierro

Jeter Service In Fort Stockton

Ina Mae Jeter, age 70, of Fort Stockton, died in Ward Memorial Hospital in Monahans Sunday, Feb. 4, 1996, after a lengthy illness.

Funeral service was held at the Church of Christ in Fort Stockton Feb. 7 at 11 a.m. with Mr. Harold Durham officiating. Interment followed in East Hill Cemetery.

Mrs. Jeter was born May 23, 1925, in Archer County. She had moved

from Denver City to Fort Stockton in 1965. She was a cafeteria manager and secretary for Fort Stockton Independent School District.

Survivors include three sons, Author Jeter of Kirland, AZ, Allan Jeter of Odessa and Stephen Jeter of Phoenix, AZ; a daughter, Glynda Strait of Midland; one brother, Charles Preddy of Ozona; 11 grandchildren and five great-grandchildren.

Lone Star Events

Feb. 15 — Old Gruene Market Days, New Braunfels. Held in the historic village of Gruene, Old Gruene Market Days offers everything for the person in search of the ultimate in homemade arts, crafts, clothing, food, and much more. More than 100 artisans and other merchants will have their own handmade wares to display. Browse through the farmers market and choose from the delicious variety of jams, jellies, breads, and other foods, or choose among the beautiful works of art and other items available. For more information, contact the Gruene Merchants Association, 1641 Hunter Road, New Braunfels, 78130. 210/629-6441.

simply a curious browser, take this opportunity to enjoy the amazing selection of beautiful, one-of-a-kind pieces that can be found at this tremendous event. For more information, contact the Nacogdoches Convention and Visitors Bureau, PO Drawer 631918, Nacogdoches, 75961-1918. 409/564-7351.

One day's happiness makes a man forget his misfortune; and one day's misfortune makes him forget his past happiness.
—Ecclesiasticus

Feb. 17-18 — Heritage Antique Show & Sale, Nacogdoches. Antiques dealers from New England to Texas will be on hand at the Heritage Antique Show & Sale to showcase their precious collections. Everything from oriental pieces and authentic glass to precious art will be available. Whether you're an avid collector or

Happy 25th Birthday
on the 8th of Feb.
Mayte
From
Roland, Lori, Kelli and Nathan DeHoyos

Attend Church This Sunday



Lone Star Events

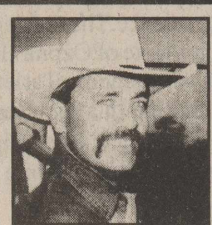
Feb. 16 - Mar. 3 — Houston Livestock Show & Rodeo, Houston. Rope in Texas-sized fun and entertainment with more than 1 million other fans who attend the Houston Livestock Show & Rodeo every year. This enormous rodeo will feature live country music performances by some of the biggest stars. Catch top-notch rodeo action as cowboys show off their best in the comfort of the Astro-dome. Be sure to get your appetite fired up for the barbecue cookoff. A dazzling parade will fascinate your mind and a carnival will lift your spirit. The thousands of livestock entries make the rodeo the world's largest event of its kind. Come be a part of the boot-scootin' fun. For more information, contact The Houston Livestock Show and Rodeo, PO Box 20070, Houston, 77225. 713/791-9000.

some great antiques. Quaint shops will feature unique furniture items such as antique pie safes and buffets. A walking tour of the historic district will be available to visitors wanting to learn a short history about the town. For more information, contact the Comfort Chamber of Commerce, PO Box 777, Comfort, 78013. 210/995-2297.

Feb. 9-10, 16-17 — Sahawe Native American Dancers Winter Ceremonials, Uvalde. For the 45th consecutive year, the Uvalde community will showcase the Sahawe Native American Dancers Winter Ceremonials. The locals perform historic Pueblo dances and songs. Authentic costumes adorned with culturally significant detail spark remembrance of traditional Sahawe rituals. Let your feet catch the rhythm of the beat of live Native American music and join in the ceremonials. For more information, contact Bill Dillahunt, the First Methodist Church Activity Center, 117 Studer. 78801. 210/278-2016.

Love is what you've been through with somebody.
—James Thurber

Feb. 2-4 — Cabin Fever Days, Comfort. With spring blooming just around the corner, the Hill Country Community offers an early chance for a breath of fresh air with Cabin Fever Days. More than 45 vendors will be on hand in the scenic historic district of Comfort, located 35 miles northwest of San Antonio. Visitors will have an opportunity to shop for



PASTOR'S CORNER

**Faith Fellowship
Monty Price-Pastor**
West 7th, Iraan - (915) 639-2734
THE HEALING OF MR. KADE



I've had older ministers try to tell me that God no longer works miracles, and that the power of the Holy Spirit is no longer present. All that I know is that I was saved by God's miracle working power and delivered from darkness. It's sort of absurd to try to tell someone that God no longer works miracles when they themselves are a miracle. I guess that it is kind of like trying to convince a pregnant lady that she can never conceive.

I received a call Monday night from Mrs. Kade. I had prayed with her and her two daughters for her husband who's heart had failed. The doctors had told him that there was nothing that could be done. We simply did what the Bible says to do. WE PRAYED.

The call from Mrs. Kade confirmed what God said in His word. If we will pray believing, then He will hear and answer. Mrs. Kade reported that the doctors in Houston decided to interview him for a possible transplant. To say the least, things looked bleak. After some new tests they discovered that his heart could be fixed through surgery. The doctors advised them that if Mr. Kade lived for two years, then the operation would be considered successful. Well, when they operated they discovered that things were even better than they thought. After a triple by-pass and part of it removed, his heart began to work. Within five days Mr. Kade was out of the hospital. He has been diagnosed as going to be okay. I would sure like to see some stuffy old preacher try to convince Mr. Kade that God no longer heals. Remember, even the impossible is possible with God. Just Believe.

If you would like a free cassette tape of one of our services, please write us at P.O. Box 103 or give us a call.

The Gate Of Heaven

By Dennis J. Prutow

Have you ever had a dream so real you thought you were in that dream? Old Jacob had a dream like that. He was very tired and made a bed under the stars. He used a rock for a pillow. The Bible says, "He had a dream, and behold, a ladder was set on the earth with its top reaching to heaven; and behold, the angels of God were ascending and descending on it. And behold, the Lord stood above it" (Genesis 28:12-13).

When Jacob awoke, he realized the place he slept was extraordinary. "He was afraid and said, "How awesome is this place! This is none other than the house of God, and this is the

gate of heaven" (Genesis 28:17). Jacob was not awed by athletic prowess of human might. Jacob came face to face with the Master of heaven, Jesus Christ.

Jesus makes this connection Himself. "Truly, truly, I say to you, you will see the heaven opened and the angels of God ascending and descending on the Son of Man" (John 1:51). Jesus also tells us this ladder is the only way to heaven, "I am the way, and the truth, and the life; no one comes to the Father but through Me" (John 14:6). When you trust the sacrifice of Jesus Christ, you take the first step up Jacob's Ladder.

First Baptist Church Rev. Bill Fuller Sunday School: 9:45 a.m. Worship: 11 a.m., 7 p.m.	Ozona Church of Christ Pastor: Mr. Rodney Hamon Worship: 10:45 a.m., 6:30 p.m. Sun. Bible Class: 9:45 a.m.	Ozona United Methodist Church Rev. James Carter Sunday School: 9:45 a.m. Worship: 11:00 a.m.
Mt. Zion Baptist Church Rev. Norvell Allen Sunday School: 9:45 a.m. Worship: 11 a.m.	Faith Lutheran Church Rev. Charles Huffman Sunday School: 10 a.m. Worship: 9 a.m.	Templo Siloe Assembly of God Church Rev. Matilde Ortega Sunday School: 9:45 a.m. Worship: 11 a.m., 7 p.m.
TemploBautista Jerusalem Pastor Miguel Arjon Sunday School: 9:45 a.m. Worship: 11 a.m., 6 p.m.	Church of God of Prophecy Pastor Lupe Domoniquez Sunday School: 9:45 a.m. Worship: 4:30 p.m. Tues. & Thurs.: 6:00 p.m.	Our Lady of Perpetual Help Rev. Bill DuBuisson Rev. Ray Gallagher Mass: 11:15, Sun., 7 p.m., Sat., 8:30 a.m. M.W.T.F.
Calvary Baptist Church Rev. Daniel C. Fleming Sunday School: 10 a.m. Worship: 11 a.m. Wed. & Sun. Worship: 7 p.m.	Iglesia Bautista Nueva Vida Sunday School: 9:45 a.m. Worship: 11 a.m., 6 p.m. Wed. service: 7:00 p.m.	Apostolic Church Rev. Filiberto Prieto Sunday School: 10 a.m. Worship: 5 p.m. Tue. & Thurs. Service: 7:30 p.m.
Harvest Time Christian Center Rev. Lewis A. Franklin Sun. Christian Ed.: 9:30 a.m. Morning Worship: 10:30 a.m. Praise & Worship: 6:00 p.m. Wed.: Bible Study: 7:00 p.m.	Iglesia de Cristo Sr. Manuel Scuchil Sunday School: 9:45 a.m. Worship: 10:50 a.m. & 8 p.m. Wed.: Bible Study: 6:30 p.m. Sat.: Teen Bible Class: 7 p.m.	Church of Jesus Christ of LDS 392-5854

ALL PASTORS OF OZONA CHURCHES ARE INVITED TO SUBMIT COLUMNS.

This series of ads is being published and sponsored by these Ozona business firms in the interest of a stronger community.

Westerman Drug
Ozona National Bank
South Texas Lumber. Co.
T&T Village Supermarket

Ozona Butane Co.
Shot's Convenience Stores
Crockett County National Bank

Extension Connection

By Tedra Ulmer, County Extension Agent
"Texas Agricultural Extension Service"

Low Fat Breads Helpful In Diet

Last week in this column I discussed how low-fat grain products are an important part of the daily diet. Americans should eat between six and 11 servings from the bread, cereal, pasta and rice group every day, but a recent Gallup survey showed that 93 percent of us are getting only four servings daily.

Whole grains are especially important in our diets because they are a good source of fiber. Fiber is vital for good digestion, and studies have indicated it plays a role in the prevention of heart disease and some types of cancer. When trying to control or lose weight, fiber is important in helping us to feel satisfied - so we don't eat as much.

"Heart-Smart Pumpkin Bread" is a favorite recipe at our house - and 4-H food shows. It has no added fat, and the flavor and aroma are heavenly. This is a great recipe to bake, slice and freeze for a quick breakfast or snack. Kids love the flavor of the dried apricots, and we adults can enjoy knowing we're eating a low-fat, delicious bread with lots of added fiber from the whole grains and fruits.

As I mentioned on "Country Kitchen", this bread isn't pretty when it comes out of the oven - it doesn't rise as high as the usual yeast bread, and the appearance is somewhat unusual. However, when sliced and arranged on a plate with some dried apricot roses, it makes a great dish for a special occasion - and ours usually goes so fast no one notices what it looks like anyway. For a really special event, try baking it in one of the heart-shaped tube bread pans and slicing.

While this doesn't really need any type of spread for flavor, it's great with nonfat cream cheese. A couple of hints about making this bread - use solid pack pumpkin, not pie filling. Nuts may be omitted to reduce fat. Heat the liquid ingredients just until warmed, stirring constantly to prevent scorching - if they're too hot, the yeast won't work properly. If the batter is too dry, add a little water just until you can combine the ingredients (1/4 cup water or less is usually enough).

Heart-Smart Pumpkin Bread

- 1-1/2 c. all purpose flour
- 1/2 c. whole-wheat flour
- 1/2 c. rolled oats
- 1 t. orange peel
- 1/2 tsp. salt

- 1 envelope active dry yeast
- 1/4 c. warm water (105-115F)
- 1/4 c. honey, divided
- 3/4 c. chopped dried apricots
- 3/4 c. pecans, coarsely chopped
- 1 c. solid pack pumpkin
- 1/4 c. packed light-brown sugar
- 1/4 c. thawed orange juice concentrate (undiluted)
- 3/4 c. chopped dates
- 3/4 c. golden raisins

In medium bowl, combine flour, oats, orange peel and salt; set aside. In medium bowl, sprinkle yeast over warm water; stir until dissolved. Stir in 1 teaspoon honey, let stand until mixture foams. In small pan, combine pumpkin, sugar, remaining honey and orange juice; heat through. Stir into yeast. Add dry ingredients; mix until well-blended. Stir in fruit and nuts. Spoon into greased 8x4 inch loaf pan. Cover; let rise in warm, draft-free place for approximately 30-50 minutes. Remove cover. Bake in preheated 325 degree oven for 50-60 minutes, or until toothpick comes out clean. Remove from pan; cool on rack. This recipe makes one loaf, approximately 16 generous slices.

To freeze: Allow to cool thoroughly; slice, place slices back together and wrap tightly with plastic wrap, then foil. To reheat, allow to thaw at room temperature or remove directly from freezer. On paper towel, microwave at 80% power for 45 seconds or until center feels warm.

Dried Apricot Roses

- Dried apricots
- Sugar

Using a rolling pin, gently roll out dried apricots on waxed paper which has been liberally sprinkled with sugar (also sprinkle some sugar over the apricots while rolling, to prevent sticking). Roll to 1/8" thickness - don't mash too hard.

Taking one apricot half, roll it into a shape resembling the center of a rose. Add additional halves, cupping the "petals" as you shape them around the center. Pinch the bottom of the halves together to seal. Use as a garnish on various dishes, including Heart-Smart Pumpkin Bread.

For more information on diet, health and nutrition, contact the Crockett County Extension Office at 392-2721. Educational programs conducted by the Texas Agricultural Extension Office are available to persons of all ages, regardless of socioeconomic level, race, color, sex, religion, national origin or disability.

Museum Notes From Mary

Billy Mills left his mark on Crockett County history for all time. He came to Ozona in 1951, having served two years on the police force in San Benito. He was deputy sheriff until his election and stepped in as sheriff in January 1957. Billy, his wife, Juanita, and their daughter, Deborah, lived in the jail house. He retired Dec. 31, 1988.

Billy said in the days prior to dial phone service their patrol car 2-way radios just weren't reliable - kept running the car battery down, leaving the car temporarily useless. He said the red light that had been installed in the tower atop the courthouse was the most effective method of communicating a need for his presence at the office. Gradually the equipment, including radios, was updated, and office-to-car-to-car radio became a dependable communication system.

Sheriff Mills expected a lively career in Ozona, especially after the big bank robbery, and he was ready for it. Quick-witted and fast-footed, he welcomed all the action. In his total of 40 years in law enforcement he saw plenty. He could easily have written a book about his various experiences, but he figured nobody'd believe it anyway. He knew everybody in Crockett County and nearly everything about them. He was loved, trusted, and feared - sometimes disliked but always respected. Sheriff Billy Mills knew who he was and walked with confidence wherever he went.

The sheriff's car was replaced every few years - had a lot of miles on them. Billy felt that the more he was in the eye of the public the less chance for law-breaking. He kept the lid on crime pretty well. One Saturday morning, while making one of his daily drive-arounds, he noticed a Greyhound bus parked in front of the Methodist Church. Sunday came and this large vehicle hadn't moved. There were some disgruntled Methodists looking for a place to park. The sheriff checked the motel office next to the church and then confronted the two fellows who confessed they'd stolen the bus in Nashville, TN. He asked them why they'd done such a thing, and one said, "That hillbilly music and Jack Daniels whiskey just got the best of me."

Another time, someone found a man lying alongside the road who'd been shot four or five times. He was in pretty bad shape and couldn't offer a clue as to who was responsible for his sorry condition. Patrolmen got help for the man and contacted all nearby law offices for assistance. A report came in from Fort Stockton about a girl at a motel there who had been kidnapped while hitchhiking with her boyfriend. Two men shot the boyfriend and threw him out beside the highway. The two got scared after

checking into the motel so they left the girl and headed for the highway. Roadblocks were quickly set into place, and the pair were seen going west near Balmorhea. They wouldn't stop with any amount of threats, so law officers shot the tires - they stopped. Sheriff Mills and local deputies went to Pecos and brought the two fugitives back to Crockett County for trial. They got 99 years.

After Billy Mills retired he enjoyed visiting with everybody and continued driving around town, having more time for fellowship at various coffee shops and the drugstores. Soon he began a long struggle with not just one health problem but several at one time. He was in the hospital for eight months. His story was completed Dec. 26, 1991, when he left this life at age 64. His wife, Juanita, and daughter, Deborah (Mrs. Scotty Bourne) continue living in Ozona. Deborah works just across the square from the jail house that was home to her until her marriage. She speaks fondly of the days of growing up in the jail - but, that's another story, isn't it?

Happy Birthday

Feb. 7 - Lonnie Martinez, Franklin Reavis, Kay Baker, Sandy Screws, Joyce Galvan

Feb. 8 - Matt Mecke, Carla Trevino, Jason Huereca, Marty Moran

Feb. 9 - Vicky Longoria, Paarth Raj, Gene Castro, Jason Puckett, Augustine Martinez

Feb. 10 - Mari Tijerina, Clay Childress, Rebekah Shaw, Armandina Maldonado, Randy Moore, Lesley Vestal, JoLissa Payne, Rocky Nichols

Feb. 11 - Anna Smith, Mary Jo Skinner, Raul Arredondo Jr., Bud Mayes, Charlie Sanders, Wanda Sanders

Feb. 12 - Reba Houston, Sara Hignight, Angie Tambunga

Feb. 13 - Karen Huffman, Doug Meador, Jason Coates, Leticia Longoria, Missy Mecke, Marisella Paradez, Michelle Necessary, Christopher M. Sanchez

Attention Senior Class of 1991

In trying to prepare for this summer's class reunion, it is important that you contact one of the names listed below by March 1, 1996.

Marisa Najjar, P. O. Box 573, Ozona, TX 76943, 915 392-5223 or Valerie Flores Sanchez, Ozona, TX 76943, 915 392-3112.



The gannet is a large white sea bird with black-tipped wings. It often helps fishermen because it follows schools of herrings and other fish and thus shows where the fish are. The gannet dives from the air and plunges under the water for the fish.

The need for absolutes may be nothing but a want of love.

—Jean Rostand



Valentine Special

(includes)

- ◆ Dozen Roses
- ◆ Box of Candy
- ◆ Green Plant

\$55⁰⁰

Large Selection of Swags, Wreaths and Silk Plants

For your convenience we'll be open Feb. 12 - Feb. 13 8 a.m. - 8 p.m.

Live Plants, Cut Flowers, Assorted Roses
Order Early for Wire Service

Baskets and More

Mon. 9-6 & Sat. 10-4
110 Ave. I • 915-392-3582 • 1-800-944-7605

We Aim To Please!

Meals On Wheels Menu

- Monday, Feb. 12
King Ranch Chicken, Corn Pudding, Spanish Green Beans, Rice Krispy Bars
- Tuesday, Feb. 13
Inside Out Ravioli, Vermicelli Salad, Italian Vegetables, Pudding
- Wednesday, Feb. 14
Hawaiian Chicken, Rice Pilaf, Steamed Broccoli, Cherry Jello
- Thursday, Feb. 15
Steak with Mushroom Sauce, Mashed Potatoes, Parsley Carrots, Orange Salad
- Friday, Feb. 16
Chicken Tetrazzini, Baked Beans, Peas and Carrots, Cherry Chip Cake

Coca-Cola Give a Cool Valentine.



Valentine's Day is
Wednesday, February 14.

Treat your Valentine to fresh flowers, a Coca-Cola brand soda glass and the famous Coca-Cola brand Polar Bear. To send this cool bouquet anywhere, call or visit our shop.

\$35⁰⁰

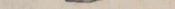
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Crockett County Public Library News
By Louise Ledoux

Friends Variety Talent Show

The Friends of the Library volunteers met in January and planned an exciting line-up of activities for 1996. The Friends are looking for new members to join and participate in all the fun during their annual membership drive. Watch your mail box for your newsletter full of information about the Friends and all the activities planned for 1996.

Included with the newsletter will be cards and information about the Cornerstone Club engraved bricks. These red bricks are made, engraved and fired in Texas. Each brick sells for \$50 and will be permanently set in the

porch on the west side of the new library addition. Cornerstone Club members will have their names engraved in bricks to be used on the north end of the porch. The south end of the porch will be the Memorial Patio. These bricks make wonderful, lasting gifts for family members or for someone special, and also for memorials. This is an on-going project for the Friends, and future generations will look at the engraved bricks covering the porch and see the names of founding Cornerstone Club members who supported the library expansion campaign.

Please join the Friends' Cornerstone Club and let your engraved brick become a very tangible, permanent part of library history.

The most exciting event planned for this spring is the Friends' Variety Talent Show. The show is scheduled for Friday, March 22, at the civic center. The purpose of the event is to showcase all the talented people we have in Crockett County and the surrounding communities. If you sing, dance, play a musical instrument, read poetry, have a trained animal to show off, do tricks, or have any kind of talent we can put on the show, please contact the library to sign up at 392-3565. You can also call any Friends officer to register. Call president Jeanne Wellman at 392-3264 or vice-president Dean Allen at 392-3225. Tickets to see the show will be \$5 for adults and \$3 for kids under 12. All participants must be registered by Friday, March 15, so that programs can be printed and rehearsals held. Don't be shy; it's all in fun and for a great cause - the Friends' Library Expansion Campaign.

The Friends' Bar-B-Q and Book Sale has been scheduled for April. The barbecue lunch will be Saturday, April 20, at the civic center. The Friends plan to have a local children's book author to speak. The book sale will begin Monday, April 22, and will run through the first week in May. Mark your calendars now and don't miss these exciting Friends of the Library events.

Louise P. Ledoux
Crockett County Librarian

Health Brochure Helps Women Lower Disease Risk

HOUSTON - Women who take care of their family and career often forget to take care of themselves.

A new brochure from Baylor College of Medicine in Houston recommends ways women can reduce their risk of disease by incorporating a healthy lifestyle into their hectic lives.

The brochure, "Women's Health: Ideas for a Lifetime of Wellness", produced by Baylor's Office of Health Promotion addresses ways women can reduce their risk of disease including breast cancer, heart disease and osteoporosis.

For example, a regular breast self-examination should be a part of a woman's monthly routine. Suspicious lumps should be examined by a physician.

"Also, few people know that heart disease is the leading cause of death in older women," said Dr. Raye C. Hurwitz, an assistant professor of medicine at Baylor.

Besides age, Hurwitz says other major risk factors in women include high blood pressure, obesity, high cholesterol, smoking, and a family history of heart disease.

A woman's emotional health is also important to her overall health, said Hurwitz.

"Menopause is one condition that not only causes physical and sexual change in a woman, but also psychological changes," she said. "Trouble concentrating, memory impairment, and depressive symptoms can be frequent at the onset of menopause and can be relieved with treatment."

She suggests some lifestyle changes to increase your physical and mental well-being:

- *Eat a high-fiber, low-cholesterol, low-sodium, low-fat diet, including fruits, vegetables, fish and lean meat.
- *Drink alcohol only moderately, if at all.
- *Exercise regularly. Take brisk walks, go bowling or do aerobics.
- *Don't smoke.
- *Get regular check-ups that include cholesterol, blood pressure, and bone density screenings.
- *Get plenty of sleep.

For a free copy of the brochure, send a self-addressed, stamped envelope to Women's Health, We Care for You, Baylor College of Medicine, Houston, TX 77030.

Pain may be eliminated for millions

(SPECIAL) -- A new drug has been approved that is exciting researchers in the treatment of pain. This material has been formulated into a new product known as "Arthur Itis™" and is being called a "Medical Miracle" by some, in the treatment of debilitating conditions such as arthritis, bursitis, rheumatism, painful muscle aches, joint aches, simple backache, bruises, and more. Although the mechanism of action is unclear, experiments indicate that Arthur Itis™ relieves pain by first selectively attracting, and then destroying the messenger chemical which carries pain sensations to the brain, thus eliminating pain in the affected area. Arthur Itis™ is an odorless, greaseless, non-staining cream and is available immediately without a prescription and is guaranteed to work. Use only as directed.

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Helping Your Child Get Ready For College: Taking Tougher Courses Pays Off

U.S. Education Secretary Richard W. Riley and guidance counselor Jimmi Barnwell agree - students who take algebra, trigonometry, literature and other advanced courses are more likely to make the grade in college or in life. "Take the tough courses," they say. "It pays off in the long run."

As a new school year gets underway, strong evidence - higher SAT scores, significant educational gains by minorities, and lower dropout rates - suggests that emphasizing high standards and taking more difficult courses pays off.

These important gains are being noted as Congress prepares to enact some of the deepest cuts to education in the nation's history.

"This is no time to retreat from the progress we've made," Riley says. "I am deeply concerned that our educational progress is being jeopardized by the actions of those members of Congress who are proposing deep cuts in education funding to pay for tax breaks for the wealthy."

"They want to eliminate assistance to schools to improve the basics, raise standards, get technology into the classrooms and make college more accessible. That's wrong for students and wrong for our nation's future."

Riley advises parents to urge their children to take tougher courses if they want to score higher on tests and be better prepared for college and the future.

"This was the key recommendation in 'A Nation at Risk', the report that sounded the education alarm bell in 1983," he says. "Parents should check with the school and make sure your children are signed up for classes in core subjects and advanced studies." Core subjects generally are defined as English, math, science and social studies.

Barnwell, the guidance director at T. C. Williams High School in Alexandria, VA, agrees. "I've found that when students take harder courses, their aspirations rise and they view their career goals more seriously. Consequently, they can envision more tangible results from a rigorous academic challenge."

Riley applauds community and state efforts to provide more challenging college preparatory courses and "tech-prep courses" that help students get ready for careers and one to two years of community college.

He also notes a big improvement in the percentage of students taking substantial course work in core subjects over the past 10 years - up from 13 percent to 47 percent. As a result of higher expectations in math and science, student achievement in these subjects, as measured in national assessments, also went up over this 10-year period.

Still, almost half of America's students don't take a rigorous course load throughout their secondary school years. "That needs to be corrected, because all students need to be challenged academically," Riley says.

Studies by the Education Department's National Center for Education Statistics indicate that taking more challenging courses pays off for students. For example, students who have taken higher level math courses show greater gains in math achievement during high school than those who have not taken these courses.

Riley and Barnwell also note that tough courses are weighed heavily by those reviewing college entrance applications. Furthermore, taking the tough courses better prepares students for any endeavor they may pursue.

"Whether they're going into the military, the job market or more formal education," Barnwell says, "young people will fare better if they set higher standards for themselves now."

Crockett County Sheriff's Report

WEEK ENDING 2-6-96

ARRESTS:

2-2-96...23-year-old Hilario H. Ramos of Ozona was arrested on a grand jury indictment charging aggravated sexual assault. He was released the next day after posting bond. The case will be tried in district court.

2-3-96...19-year-old Jorge Arturo Gutierrez of Sonora was arrested on a warrant charging him with failure to appear in district court. He is in county jail awaiting action of the district court.

INCIDENTS:

2-2-96...Laramie Campbell reported that he'd been bitten by a dog at a residence on 11th Street. Mr. Campbell was treated at Crockett County Hospital. The dog was impounded for observation.

2-5-96...Rusty Harris reported that a television and bedspread were taken from a room at the Circle Bar Motel. The motel provided the name of a suspect, and sheriff's deputies are investigating the offense.

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Ori White
For District Attorney

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End Of Games Notice.

Three of the Texas Lottery's most popular instant games will end on February 1, 1996. You have until July 30, 1996 to buy any remaining tickets or redeem any winners.
Longhorn Loot has a top prize of \$5,000. Boot Scootin' Bucks has a top prize of \$500. And Hog Mania has a top prize of \$1,000. All three games have plenty of remaining "winners."
Claim prizes of up to \$599 at any Texas Lottery retailer. Redeem winning tickets of \$600 or more at one of the 24 regional Texas Lottery claim centers or by mail. Claim forms are available at any Lottery retailer.
Questions? Call the Texas Lottery Customer Service Line at 1-800-37-LOTTO.

Boot Scootin' Bucks overall odds of winning, 1 in 4.7. Longhorn Loot overall odds of winning, 1 in 4.7. Hog Mania overall odds of winning, 1 in 4.6. Must be 18 years or older to play. ©1995 Texas Lottery



Counselor's Log

Dial 392-2447
ext. 213

By David McWilliams

This week, Feb. 5-11, is Financial Aid Awareness Week throughout our Texas. This week was designated so that state agencies and federal programs could possibly work together to better inform our public.

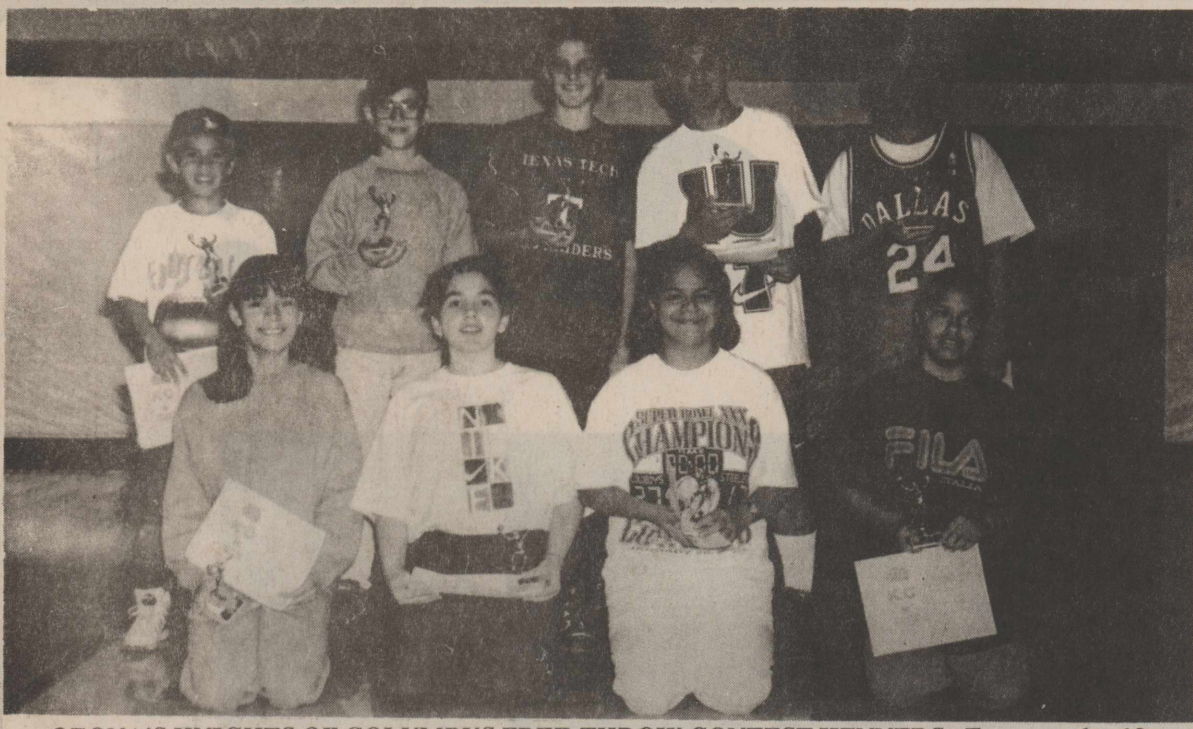
Some of the highlights will include a step by step guide by teleconference so that parents and students will be able to fill out their FAFSA (Free Application for Federal Student Aid) form with help through the teleconference. Ms. York, the high school librarian, will download this program from our T-Star satellite, and we will have a financial aid seminar for par-

ents and students at a date in mid-February. The Texas guaranteed Student Loan Corporation, in cooperation with the Texas Association of Student Financial Aid Administrators Awareness Committee, is conducting the teleconference.

In addition, we have a video donated by Educaid, a company that specializes in helping students with financial aid, that is available for 24 hour check-out from the counseling office. This video helps explain the different types of financial aid available to students.

The FAFSA (Free Application for Federal Student Aid) forms are in the counseling office at this time. A

special thanks goes to Louis Ledoux and Margaret Porras at the public library for helping coordinate the forms for receiving the forms in a timely manner. It is important that all seniors fill this form out so that any financial aid available can be used, as well as, helping students understand the process. In addition, many scholarships are now using the FAFSA information to award their scholarships. A good example are the various 4-H scholarships that our students have applied for and received in the last several years. Please come by the counseling office if you need one or if you have any questions concerning financial aid.



OZONA'S KNIGHTS OF COLUMBUS FREE-THROW CONTEST WINNERS: Front row, l-r: 10-year-old division Ruth Cervantez, 11-year-old division Leslie Flores, 12-year-old Victoria Castro, 13-year-old Romelia Galindo, 14-year-old (not pictured) Lindsay Flanagan. Back row: 10-year-old division Jonathan Borrego, 11-year-old division Robert Ogle, 12-year-old division Dustin Faught, 13-year-old division Peter Rodriguez, and 14-year-old division Ray Galindo. These contestants will advance to the district contest held in Ozona starting at 1 p.m. Sunday, Feb. 11, in Davidson Gym. photo by Neal Ulmer

Sure Shooters In Knights Of Columbus Contest

Neal Ulmer, Stockman Sportswriter

In a tight basketball game where a player is fouled and goes to the free throw line, needed points are a must. Thus, fans and coaches can be reassured Ozona will have some good free throw shooters down the line. Last Sunday some 77 (32 girls and 43 boys) participated in the 9th Annual Knights of Columbus Free Throw Contest held in Davidson Gym.

Enthusiasm was high as both parents and participants expressed their appreciation for the fine shooting of the contestants in the five age divisions (10-14). Each contestant shot a total of 15 free throws. In case of a tie, they each shot another five shots.

This year's local coordinator, Rudy Martinez Jr., said, "It was a tough competition and a lot of ties. I want to thank the school for using the gym and the parents for coming--we had a good

crowd."

Five girls and five boys will advance to the district contest which will be held at 1 p.m. on Sunday, Feb. 11, in Davidson Gym in Ozona. The regional competition will be held in Wall starting at 1:30 p.m. on Saturday, Feb. 17. The regional winners will advance to the state contest held later in March in Austin.

Winners in the girls' division were: 10 year old-1st Ruth Cervantez made six of 15; 11 year old-1st Leslie Flores (last year's age 10 winner) hit 9 of 15 and 3 of 5; 2nd Jordan Webster made 9 of 15 and 2 of 5; 12 year old-1st Victoria Castro (won the last two years) hit 8 of 15 and 4 of 5; 2nd Laramie McWilliams made 8 of 15 and 3 of 5; 13 year old-1st Romelia Galindo hit 9 of 15; 2nd Rebecca Phillips made 8 of 15 and 3 of 5; and 14 year old-1st Lindsay Flanagan (won the last three years) hit 9 of 15.

Winners in the boys' division were:

10 year old- 1st Jonathan Borrego hit 10 of 15; 2nd Aaron Garza made 9 of 15 and 4 of 5; 11 year old- 1st Robert Ogle made most free throws with 13 of 15; 2nd Mark Gandar hit 11 of 15; 12 year old- 1st Dustin Faught (won last two years) hit 11 of 15, 3 of 5, and 3 of 5; 2nd Stephen Tarr made 11 of 15, 3 of 5, and 2 of 5; 13 year old- 1st Peter Rodriguez hit 10 of 15; 2nd Matthew Graner made 6 of 15, 3 of 5, and 2 of 5; and 14 year old- 1st Ray Galindo hit 12 of 15; and 2nd Bobby Cervantez had a shoot out with Matt Castaneda. Cervantez was last year's 13 year old winner and hit 8 of 15, 3 of 5, 3 of 5, and 4 of 5 baskets.

Frank Tambunga, one of the event's coordinators, said, "On behalf of the Knights of Columbus, we would like to thank the contestants for participating in this year's contest."

Ozona Team Wins Division In Computer Contest

The Texas Computer Education Association sponsors a programming contest every year for high school students interested in computer programming. This year, each of the 20 regions organized a contest with the Region XV contest commencing Jan. 27, 1996, at San Angelo Independent School District's Administration Building. Teams from as far away as Del Rio participated. Five teams from SAISD were entered, four teams from

Central and one team from Lakeview. The first place team in each division will advance to the TCEA State Programming Contest on Saturday, March 9, in Houston.

The administration would like to commend the students and sponsors who participated in this contest. Division II, first place, was awarded to Ozona High School's team of Paul Perner, Jason Hignight and Darin Jackson with Rod Miller as

sponsor. Division I, first place was awarded to Central High School team I. Division I, second place was awarded to the Del Rio High School team. Division I, third place was awarded to Lakeview High School.

Other San Angelo ISD teams who participated in the programming contest included Central Team II, Central Team III and Central Team IV.

OIS Students Part Of National Fitnessgram Program

How physically fit are kids in Ozona? Kids at Ozona Intermediate School are about to find out, and learn what it takes to develop good fitness habits that will last the rest of their lives.

Ozona Intermediate School has signed up to participate in The Prudential Fitnessgram program, a scientifically-based physical fitness conditioning, assessment and reporting system used in more than 3,000 schools across the United States. Developed and administered by the non-profit Cooper Institute for Aerobics Research in Dallas, and sponsored by The Prudential, the program will supplement the school's existing physical education and sports curricula.

"The Prudential Fitnessgram differs from traditional programs in that it does not focus on competition or athletic prowess," explained Marilu Meredith, Ed.D., director of The Prudential Fitnessgram at the Cooper Institute. "Rather, it provides an objective assessment of physical fitness and aims to instill good fitness habits and a positive attitude in all children, regardless of natural athletic ability."

Adds Robert C. Winters, chairman and CEO of The Prudential, "As America's largest life and health insurer, we have a vital interest in helping people lead long and healthy lives. The Prudential Fitnessgram teaches youth the value of good fitness early on, encourages them to find fitness activities that they enjoy, rewards them for good behavior and shows them how to carry these lessons into adulthood."

Ozona Intermediate School will receive special computer software and a Prudential Fitnessgram Teaching Manual free of charge. After complet-

ing a multi-week conditioning program, participating students will be tested for aerobic capacity, muscle strength and flexibility and body composition. At the conclusion of testing, Prudential Fitnessgram software will tabulate students' performances and print out personalized "Fitnessgram" report cards that compare individual results to established health

fitness standards. The Fitnessgram also provides general recommendations for improvement based on individual test results, a message to parents explaining the program, and instructions on how students and their families can participate in a national "Fit for Life" program to maintain their good fitness levels.

Crockett County 4-H Member Wins At San Antonio Livestock Show

Jennifer Malmrose, Crockett County 4-H member, exhibited the second place meat goat at the San Antonio Livestock Show last weekend.

Jennifer is a foreign exchange student from Sweden staying with Mr.

and Mrs. Charles Childress.

She moved to Ozona in August and decided to join 4-H and feed meat goats. She has excelled in her 4-H project by placing first at the county show last month and winning the reserve champion goat showmanship buckle.

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***FEE- \$ 10.00 per player or maximum of \$25.00 per family. Payment must accompany registration form. Checks should be made payable to OZONA YOUTH BASKETBALL LEAGUE.	
Entry forms and payment may be mailed to: DICKIE FAUGHT BOX 1871 OZONA, TX 76943	
I release Crockett County Consolidated Common School District and Ozona Youth Basketball League of all liability due to injury or accident while participating in the Ozona Youth Basketball League or while on CCCSD property.	
Parent's Name _____	Date _____

Special Program For Future Minority MDs

HOUSTON - Minority college students interested in pursuing medical degrees may apply for the Honors Premedical Academy, a six-week summer program at Baylor College of Medicine and Rice University, both in Houston.

Funded in part by The Robert Wood Johnson Foundation, the program seeks to increase minority participation in medicine by making participants more competitive in the applicant pool.

Students earn nine undergraduate credit hours. They are paired with Baylor physicians in the morning and take afternoon science and communications classes at Rice. Tuition and housing are free.

Applicants must have a 2.75 grade-point average and a 3.0 GPA in their majors. They must demonstrate a serious interest in medicine and be African-American, Mexican-American, mainland Puerto Rican or Native

American.

Additional information is available by calling 1-800-798-8244. The application deadline is April 1.

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Go Lions!

The Ozona/Eldorado varsity district basketball games will be played on Thursday, Feb. 8, in Eldorado. The Lady Lions will play at 6:30 p.m., and the Lions at 8 p.m. There will not be any junior varsity games played.



1995-96 OZONA JUNIOR VARSITY LIONS: l-r Chad Myers, Robert Nelson, Wesley Bean, Rick Hamon, Jacob Graner, Steven Martinez, Mitchell Martinez, Robert Kelly, Anthony Ortiz, Armando Flores, Rob Hamon, Robert Daniels and Coach Brandy Gothard.
photo by Cameras Two



1995-96 OZONA 8TH B TEAM CUBETTES: front row, l-r - Marci Rivera, Laura Perez, Prissy Tambunga, Kandice Ortiz, Brittany Ellis, Gloria Salazar; back row - Margo Sanchez, Cara Green, Allison Preddy, Miriam Gomez, Alex Lira, Kelli McNeely and Liza Tijerina.
photo by Cameras Two

The following firms and individuals are backing the Lions 100%

- | | | | |
|--|------------------------------|-------------------------------|--------------------------|
| Ozona National Bank | Cameras Two | Comfort Inn | Daystop |
| A Family Affair | Les's Rent-to-own | Ozona Wool & Mohair | Preddy Funeral Home |
| Shots #2 | The Ozona Stockman | Westerman Drug of Ozona | Jim and Janet Wilson |
| T&C Village Market | Sutton Chevron | The Design Line | Bernard Rust D.D.S. |
| Crockett Automotive | De La Rosa Plumbing | Beauty Salon | Fenton's Water Transport |
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| Small Fashions | Thorp's Laun-Dry | Willconstruct | Rye Supply |
| Neal Ulmer Photography | Triple G Supply & Roustabout | J & L Truck Repair | Brown Furniture |
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| Shots #4 | T&T Village Supermarket | West Texas Utilities | Preddy Chevron |
| La Unica Tortilla Factory | | | Troy Williams |

Lady Lions Whip Abilene Cooper

Neal Ulmer, Stockman Sportswriter

The Lady Lions soared high into the sky as they took on the District 5-4A Abilene Cooper Lady Cougars in front of a spirited home crowd in Davidson Gym Jan. 30. It appeared to be too much for the Lady Cougars for the Lady Lions could do no wrong as they defeated the Lady Cougars 62-25. The Ladies' season record is 27-2 and the Lady Cougars' record is 11-15.

"I thought we played extremely well," said Ozona High's girls' varsity coach Dickie Faught. "We lit it up by shooting 57% from the field."

Lady Lion fans were thrilled time and time again as the Ladies came out and proceeded to play one of their most complete games of the season. Good shooting with Amber Tarr scoring eight of the teams' 15 points helped give them a good boost. Also, good passing along with fast breaks and excellent defense propelled the La-

dies to a 15-7 first quarter lead over the Lady Cougars.

The tempo slowed in the second but the Ladies continued to play well scoring another 12 points. They held the Lady Cougars to only four points in the quarter for a 27-11 halftime lead.

The Ladies shot well in the third with Shelly Sullivan heating the hoops with seven and Tara Wilkins adding six of the team's 22 points. This propelled the Lady Lions to a 49-18 third quarter lead. Several of the Lady Lions came off the bench to aid their team with 13 more points for a 62-25 victory.

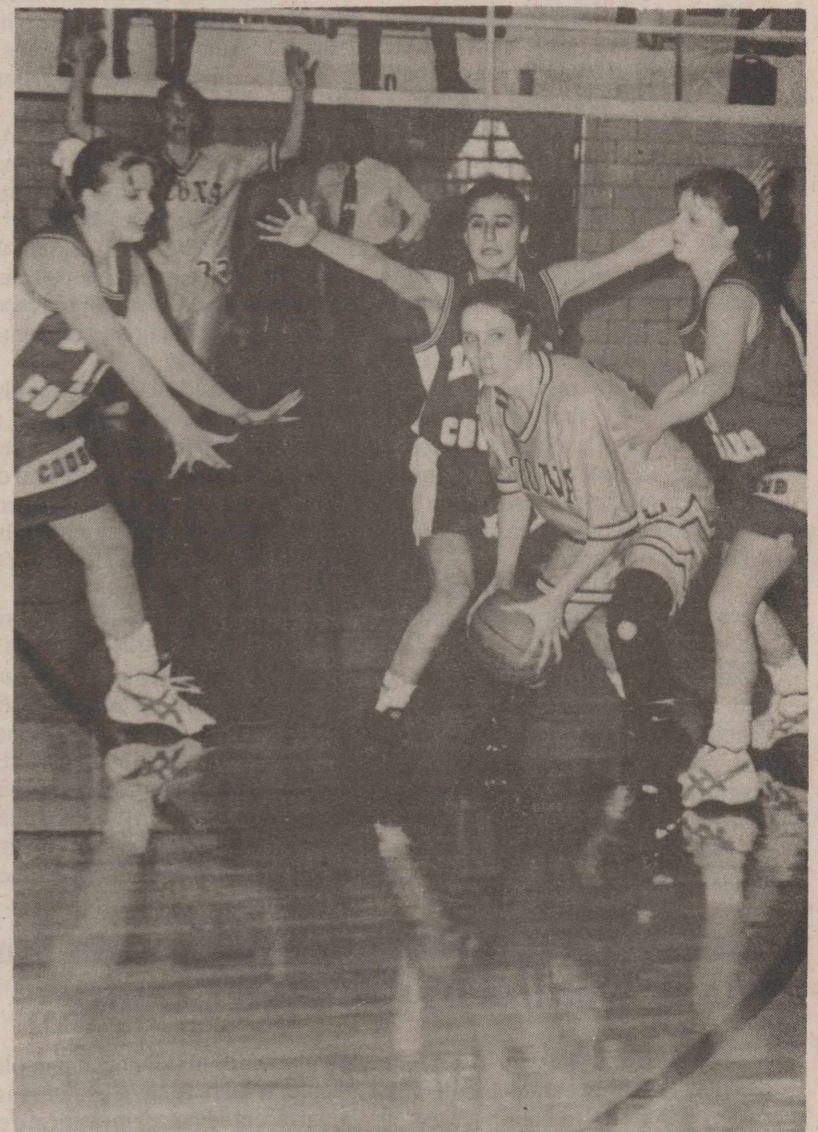
"Hopefully, it's (this win) a sign of getting on a roll and upward climb," said Coach Faught.

Amber Tarr led the Ladies in scoring with 18 points, which included eight two-pointers and 2-of-2 free throws. She was followed by Shelly Sullivan who hit four two-pointers

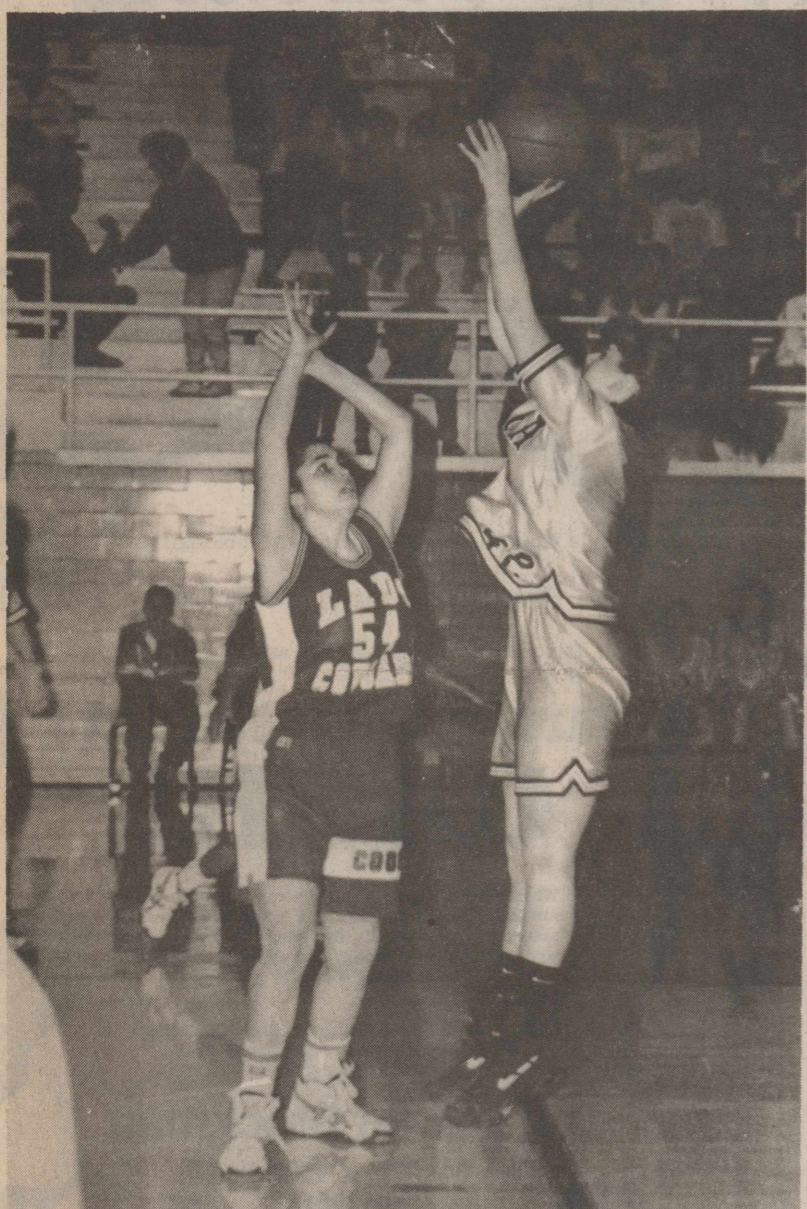
and two three-pointers for 14 points. Tara Wilkins shot six two-pointers and 1-of-3 free throws for 13 points.

Others scoring were Bobbie Bryson with seven, Dana Bishop made five including one three-pointer, Autumn McWilliams made one three-pointer and Amber McWilliams scored two points. Also, adding their efforts in the game were Julie Perez, Megan Tambunga, and Amy Laughlin.

The Lady Lions and Lions will play the Eldorado Eagles starting at 6:30 p.m. and 8 p.m. on Thursday in Eldorado. Both teams, along with the junior varsity teams, will end their district play on Friday, Feb. 9 in Ozona against the Iraan Braves. The JV teams will start at 5 p.m., Lady Lions at 6:30 p.m., and the Lions will play at 8 p.m., so back the Lions in their last home games.



SURROUNDED BY THE OPPOSITION - Lady Lion Tara Wilkins tries to get a pass off as three Abilene Cooper Lady Cougars surround her. The Lady Lions won their 27th game with two losses 62-25 in a Jan. 30 game in Ozona. *photo by Neal Ulmer*



OZONA LADY LION SHELLY SULLIVAN gets off a jump shot as an Abilene Cooper Lady Cougar defends. The Jan. 30 non-district game played in Ozona was won by the Lady Lions 62-25. *photo by Neal Ulmer*

Midland Christian Edges Lions 63-61

By Neal Ulmer
Stockman Sportswriter

The Ozona Lions started out strong but came up a few points short as the Midland Christian Mustangs edged the Lions 63-61 in a non-district game Jan. 30 in Midland. The Lions' season record is 10-16.

"We did not play very well," said Lion coach Ronnie Casey. "The two road trips were hard on us."

The Lions started out very well as Mel Martinez scored eight of Ozona's 18 points in the first quarter to give them an early 18-13 lead. The second quarter was even closer as Justin Browne scored eight and Ray Fierro added four of the Lions 18 points. Although the Mustangs added 16 points to their score, the Lions continued to lead at halftime 36-29.

Midland boosted their score in the third by heating up the basket with 20 points to bring a 36-29 halftime deficit to a 49-48 lead. The last quarter was similar to the second in scoring and tempo. It was the Mustangs' turn to go ahead, scoring 14 points to the Lions' 13 for a 63-61 win. Jerod Zamn led the Mustangs in scoring with 18

points.

Not wanting to be laid off with one less game in the week and have an open date, Coach Casey decided to have this pickup game. Fortunately, it didn't turn out to help the Lions in the win-loss category. "Hopefully, we got this one bad game out of the way before the playoffs," said Casey.

Justin Browne led the Lions in scoring with 17 points, which included three 3-pointers and four 2-pointers. Mel Martinez scored 15 points, Ray Fierro and Lance Jameron made 10 each, Jon Sanchez scored seven and David Browne made two points.

Also playing in the game were Lando Pena-Alfaro, Brian Badillo, Anthony Ortiz and Jason Stuart.

Ozona's varsity teams will play the Eldorado Eagles on Thursday, Feb. 8, starting at 6:30 p.m. and 8 p.m. in Eldorado. The JV teams will join the varsity teams on Friday, Feb. 9, in Ozona to play the Iraan Braves. The JV teams are slated to play at 5 p.m., the Lady Lions at 6:30 p.m., and Lions at 8 p.m.

Come help the Lions win their last district games of the season.

JV B Team Lady Lions Box Scores

Neal Ulmer, Stockman Sportswriter

Ozona JV B Lady Lions 24
Reagan County JV B Owls 36
November 20, 1995 Big Lake Gym

Reagan Co. 8 9 10 9--36
Ozona 10 0 0 14--24
Record: 0-1

Scoring: Kristen Shurley 5, Helena Williams 4, Gina Castro 4, Stephanie Castro 4, Traci Screws 3, Rachel Murr 2, and Maria Quiroz 2. Others playing: Angelica Longoria.

Ozona JV B Lady Lions 21
Sonora JV B Lady Broncos 42
December 4, 1995 Ozona Gym

Sonora 12 8 6 16--42
Ozona 6 3 6 6--21 Record: 0-2

Scoring: Kristen Shurley 10, Stephanie Castro 7 Traci Screws 4. Others Playing: Gina Castro, Rachel Murr, Helena Williams, and Maria Quiroz.

Ozona JV B Lady Lions 44
Iraan JV B Bravettes 13
December 14, 1995 Iraan Gym

Iraan 2 3 4 4--13
Ozona 9 11 4 10--34 Record: 1-2

Scoring: Traci Screws 14, Rachel Murr 6, Stephanie Castro 6, Kristen Shurley 4, Gina Castro 2, and Angelica Longoria 2. Others Playing: Helena Williams and Maria Quiroz.

Ozona JV B Lady Lions 23
Sonora JV B Lady Broncos 24
January 8, 1996 Sonora Gym

Sonora 6 8 2 6 2--24
Ozona 6 6 4 6 1--23 Record: 1-3

Scoring: Stephanie Castro 11, Traci Screws 3, Gina Castro 2, Rachel Murr 2, Maria Quiroz 2, Angelica Longoria 2, and Kristen Shurley 1. Others Playing: Helena Williams.

Ozona JV B Lady Lions 31
Eldorado JV B Lady Eagles 29
January 15, 1996 Ozona Gym

Eldorado 3 4 8 8 6--29
Ozona 9 5 7 2 8--31
Record: 2-3

Scoring: Traci Screws 13, Kristen Shurley 6, Rachel Murr 5, Gina Castro 2, Helena Williams 2, Angelica Lon-

goria 2, and Maria Quiroz 1. Others Playing: Stephanie Castro.

Ozona JV B Lady Lions 22
Reagan County JV B Lady Owls 19
January 22, 1996 Ozona Gym

Reagan County 4 2 5 8--19
Ozona 14 2 6 0--22
Record: 3-3

Scoring: Stephanie Castro 6, Kristen Shurley 4, Maria Quiroz 4, Angelica Longoria 2, Helena Williams 2, Traci Screws 2, and Gina Castro 2. Others Playing: Rachel Murr.

Ozona JV B Lady Lions 38
Iraan JV B Bravettes 13
February 5, 1996 Ozona Gym

Iraan 2 3 2 6--13
Ozona 8 11 9 10--38 Record: 4-3

Scoring: Traci Screws 13, Gina Castro 8, Maria Quiroz 5, Angelica Longoria 4, Helena Williams 4, and Rachel Murr 2. Others Playing: Kristen Shurley.

JV B TEAM LIONS BOX SCORES
Neal Ulmer, Stockman Sportswriter

Ozona JV B Lions 27
Sonora JV B Broncos 36
Nov. 17, 1995 Ozona Gym

Sonora 13 9 4 10--36
Ozona 6 10 1 10--27
Record: 0-1

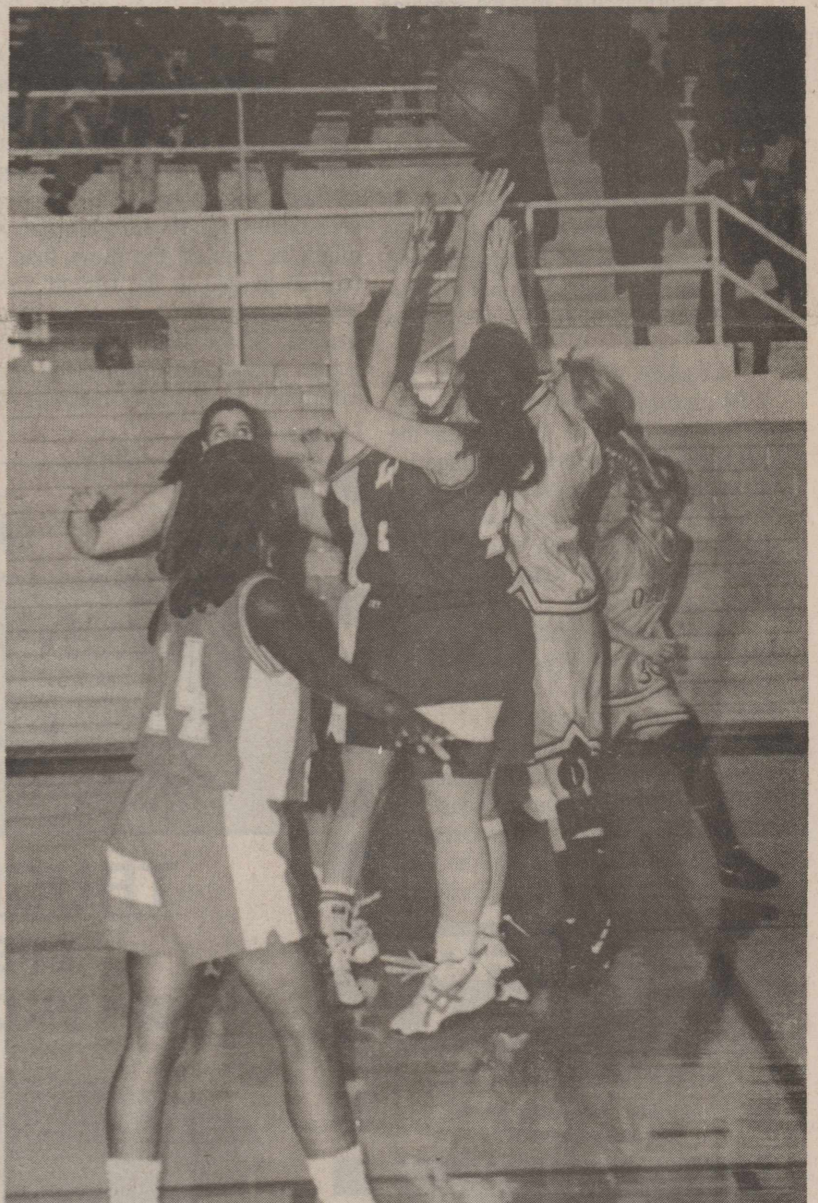
Scoring: Anthony Ortiz 11, T.J. Tobar 6, Jomi Tebbetts 6, Chad Myers 3 and Mark Childress 1. Others Playing: Brad Sullivan, Glenn Sutton 1. Others Garza and Michael Bullard.

Ozona JV B Lions 41
Crane JV B Cranes 64
Nov. 18, 1995 Crane Gym

Crane 11 18 13 22--64
Ozona 13 15 10 3--41
Record: 0-2

Scoring: Jomi Tebbetts 25, Chad Myers 10, Sammy Rodriguez 3, T. J. Tobar 2, and Glenn Sutton 1. Others Playing: Michael Bullard, Brad Sullivan and Mark Childress.

Ozona JV B Lions 12
Sonora JV B Broncos 53
Dec. 4, 1995 Sonora Gym



SEVERAL LADIES, including Ozona's Amber McWilliams (right), go for a loose ball. Ozona defeated the District 5-4A Abilene Cooper Lady Cougars 62-25 in a Jan. 30 game in Ozona. *photo by Neal Ulmer*

Reschedule Of OYBL Meeting

By Neal Ulmer
Stockman Sportswriter

The Ozona Youth Basketball League organizational meeting for 1996 has been rescheduled for Thursday, Feb. 15, at 7 p.m. in the girls' gym.

There will be a sign-up day for the basketball league on Saturday, Feb.

17, starting at 9 a.m. through 12 p.m. in Davidson Gym.

A drawing for the teams will be held at 6:30 p.m. on Wednesday, Feb. 21, in Davidson Gym. The first week of practice will begin March 4 through March 8. Games will start on Monday, March 18.

Start practicing and be prepared to play some basketball.

NAME _____ BOY / GIRL (CIRCLE ONE)
GRADE _____ AGE _____ DATE OF BIRTH _____
PARENT'S NAME _____
ADDRESS _____
PHONE _____

***Sign-up will be on SATURDAY, FEBRUARY 17th, from 9:00 a.m. until 12:00 p.m. Registration deadline will be MONDAY, FEBRUARY 19th. Teams will be drawn on Wednesday, February 21, at 6:30 p.m. at Davidson Gym.

***FEE- \$ 10.00 per player or maximum of \$25.00 per family. Payment must accompany registration form. Checks should be made payable to OZONA YOUTH BASKETBALL LEAGUE.

Entry forms and payment may be mailed to: DICKIE FAUGHT
BOX 1871
OZONA, TX 76943

I release Crockett County Consolidated Common School District and Ozona Youth Basketball League of all liability due to injury or accident while participating in the Ozona Youth Basketball League or while on CCCSD property.

Parent's Name _____ Date _____

***Trustees (Continued from pg. 1)**

painting of classrooms at Ozona High School.

Board members approved a low bid from Texas School Bus Center Inc. for the purchase of a 19-passenger diesel school bus, and they approved the appointment of David Bean as the district's representative on the Crockett County Appraisal District Board of Directors. They also approved the employment of Pat O'Bryan as a half-time special education teacher at Ozona Primary School and Gracie Delgado as a Federal Title I home liaison teacher to serve Ozona Primary School and Ozona Intermediate School.

Board President Wade Richardson recessed the meeting at 10:15 p.m. to enter into executive session to discuss the purchase of property and to review all district personnel and their assignments. Emerging out of executive session at 1:19 a.m. the board voted to hold a special meeting on Tuesday, Jan. 23, to complete action on other items listed on the Jan. 17 agenda.

At their follow-up meeting on Tuesday, Jan. 23, the trustees approved the employment of Ed Esquivel as bond attorney for the school district, and they approved updates to the school district's policy manuals. They also approved a statement of understanding with the Midland Chapter of the American Red Cross.

Before approving the statement of understanding, Supt. Larry Taylor

told the board that the Midland County Chapter of the American Red Cross has assumed the responsibility for disaster relief for Scurry, Mitchell, Martin, Dawson, Borden, Howard, Glasscock, Upton, Reagan, Crockett and Midland counties. The statement of understanding embodies an understanding between the local school district and the Red Cross in relation to disaster preparedness and relief in all disasters.

Upon request from the Red Cross, the school district will agree to make selected school buildings and cafeterias available to Red Cross for the purpose of sheltering disaster victims. Mr. Taylor and the chapter chairman for the Red Cross will be responsible for preplanning and implementation.

Board president Wade Richardson recessed the special meeting of the board at 7:50 p.m. for the purpose of entering into executive session to discuss the purchase of school property, reviewing district personnel and their assignments, and consideration of the superintendent's contract.

Coming out of executive session at 10:10 p.m., the trustees voted to extend the present contract of Supt. Larry Taylor by one year, and they voted to set the date of the February regular meeting of the board on Feb. 8 at 7 p.m. The meeting has since been re-scheduled for noon on Feb. 8 due to the re-scheduling of the Feb. 2 district basketball game with Eldorado due to bad weather.

Cardiovascular Disease Accounts For Many Deaths In Crockett County

On an average day in Texas, 149 residents die from cardiovascular diseases, according to data released by the American Heart Association, Texas Affiliate. The AHA compiled these statistics using 1994 mortality information recently released from the Texas Department of Health.

Cardiovascular disease remains the number one killer in Texas, claiming the lives of 54,362 people in 1994 (40 percent of the 135,870 Texas residents who died). That translates into two of every five deaths. As a comparison, in the same year cancer was the state's second leading cause of death, claiming 31,378 lives. Accidents accounted for 6,300 deaths, and 2,742 people died of human immunodeficiency virus (HIV) infection in 1994.

Crockett County statistics for 1994 report 12 cardiovascular deaths, 37.5% of the total 32 deaths in the county. This figure is a percentage increase over the two previous years.

In 1993, there were also 12 cardiovascular deaths with 36 total deaths in the county. The CVD accounted for 33.3% of the deaths.

1992 figures indicate there were 31 deaths in the county, eight of which were cardiovascular. This amounts to 25.8% of the total deaths.

Nationally, statistics show that from 1983 to 1993, the number of deaths from cardiovascular disease has declined only 3.8 percent. One reason for this small decline is that the total U. S. population, and particularly the

population of middle-aged and older people, is increasing. Another reason is that recent advances in medical treatment have allowed more people to survive previously fatal cardiovascular events, and now these people are dying of subsequent cardiovascular illnesses.

To reduce your risk of heart attack and stroke, the AHA recommends having your blood pressure checked regularly, not smoking, eating nutritious foods in moderate amounts, having a regular medical checkups, and exercising. If you feel that you might be one of the more than 60 million people in the United States who has some form of cardiovascular disease, please call your American Heart Association office for more information or call 1-800-AHA-USA1.

Reducing Dietary Fat In One Simple Step

Fat. When anyone talks about eating for better health, or to lose weight, fat is the one subject that will always come up.

And with good reason. Research from American Institute for Cancer Research, National Institutes of Health, the American Heart Association and others has linked high fat diets and higher rates of heart disease and certain cancers.

And when it comes to losing weight, cutting back on dietary fat is the fastest and easiest way to shed the pounds without going on a near-starvation diet. That's because fat in food contains more than twice the number of calories as an equal portion of carbohydrates or protein.

People think cutting out that excessive fat has to be difficult. But you may find it's easier than you think. The dietary recommendations of health organizations like the American Institute for Cancer Research are that we should cut our daily fat intake from 37 percent of calories to 30 percent or less.

That means that if you're eating about 2,000 calories every day, and currently get the average of 37 percent of those calories from fat, you're eating about 82 grams of fat each day. To cut back to 30 percent of calories from fat, you'd have to reduce your fat intake to 67 grams per day, or 15 less grams of fat daily.

That might seem like a lot, but you may be surprised how just one small change can get you to your goal. For example, a fancy ice cream bar from a premium brand can add from 22 to 28 grams of fat. Just a half cup of some of the exotic flavored ice creams is worth 15 grams of fat itself.

That doesn't mean you have to give up ice cream treats. If you can't live without the high fat, premium versions, limit the amount you have and balance it with other low fat food choices. Or substitute one of the newer "lite" or fat free "ice creams" now available, most of which are actually ice milk.

There are another of other ways you can cut those 15 grams of fat, and none of them are difficult. Most of the substitutions on the following list will cut out 15 grams or more of fat with just that one change. Combine a couple of these each day and you'll be making a strong step in the lowfat direction. Instead of batter-coated fried

chicken breast with the skin, choose a skinless chicken breast that's been broiled.

Instead of ordering a couple of slices of pizza with double cheese, pepperoni and sausage, have yours with vegetable toppings like mushrooms, onions, green peppers

Instead of snacking on a one ounce bag of mixed nuts, have some pretzels

Instead of buying tuna packed in oil, and preparing it with regular mayonnaise, choose tuna packed in water and prepare it with lite or the new fat free mayonnaise, or plain, lowfat yogurt

Instead of drinking two glasses of whole milk each day, have two glasses of skim milk

Instead of a cheese or fruit Danish pastry for that mid-morning snack, have a bagel or English muffin, and top it with jelly instead of cream cheese

Instead of a slice of pecan pie for dessert, have a slice of lemon meringue pie

Instead of a candy bar with almonds for an afternoon snack, have an apple

Instead of a McDLT at McDonalds or some other super burger at a fast food place, have two regular hamburgers (better yet, have the chicken salad with a lite dressing and cut out more than 30 grams of fat)

Instead of the fast food restaurant breaded chicken sandwich, have the grilled chicken sandwich, and no mayonnaise or other creamy toppings

Cutting back on fat doesn't have to be difficult, but it does require paying a little more attention to the foods you choose. The thing to keep in mind is that healthier eating doesn't have to be difficult, but it does require paying a little more attention to the foods you choose. The thing to keep in mind is that healthier eating doesn't have to make drastic changes in your diet. Just one or two small changes can get you right on the path to a healthier diet.

To learn more about the role of fat in your diet, get a free copy of the booklet, "All About Fat and Cancer Risk," by sending a stamped (52 cents postage), self-addressed, business size envelope to the American Institute for Cancer Research, Dept. FC, Washington, D.C. 20069.

Out and Around with Judy Reagor



Visiting Nancy Davee were her daughter and grandsons, Monica Lewing, Aaron and Austin of Many, LA.

Katharine Russell tells us that son Les, who is employed by Crystal Homes in Austin, will be in Atlanta this month giving a seminar on implementing and maintaining production scheduling. This is done through

Maxwell & Company's Homebuilder IV computer software.

Carl Thurman was by this week to say that former Ozona resident Bob Stevens of LaFayette, LA, was buried Feb. 2 in Morgan City, LA. While in Ozona, he worked for Continental Oil Co. and was a longtime resident of Ozona.

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Hunting: A Declining Sport?

by Roy A. Harrell, Jr.

Having bagged my first buck over fifty years ago, I realize that I have arrived at the lofty status of not only a senior citizen but a senior hunter as well. For some reason this year, I have had more than one occasion to sit down and think about this sport. I am not sure I like what I see. Let me explain.

The hunters I have known come from all corners of the economic landscape-rich, poor, and middle class. Some are highly paid professionals, others such as ranchmen work with their hands or behind the counter of a sports store, dishing out shells, hunting knives, gun cleaning kits and plenty of advice. Precious few are young but far more are middle-aged like myself or even older. This fact is and of itself worries those of us who now see our beloved sport in decline. All of us feel the heat of scrutiny from growing ranks of people who think what we do is wrong; many feel the chill from oncoming generations for whom woods, ranches and farms together with the accompanying wildlife are seemingly extraneous.

But over 14 million Americans still hunt, meaning that 9.4% of all U.S. adults, but down from the more than 10% who hunted just a decade ago. Our number goes afield to fuel hard-to-define passions and find satisfactions that continually draw them back, often into old age. Many can't recognize that those who ride four wheelers, or four-wheel-drive vehicles or motorboats are out having fun. Among the hunting community, only one subgroup of Americans are currently on the increase-women, according to a recent national study conducted for the U.S. Fish & Wildlife Service.

Sarah Gardner puts it correctly when she says "I really love the feeling of accomplishment when I bring something home" who took up hunting after her father, a teacher in the tiny state of Delaware prevailed upon her. Ms. Gardner is probably right on target, but for me taking a mental holiday and being totally absorbed, is more than enough; seeing things city slickers never see from their cars, or even a walk in a park in a bustling city, or out on a morning jog.

I have found it difficult if not impossible to figure out what Americans at large think of hunting. Most of the anti-hunting groups I have met trot out a recent survey showing over 50% of the national opposed to "hunting for sport." But those of our number who support hunting produce the recent United States Fishing and Wildlife survey showing the same national 81% in favor of "continued legal hunting." I think a lot depends on exactly how questions are asked, since most respondents I have met approach the subject from the dark. Practically anyone associated with hunting, or with efforts to limit or eliminate it concede that only a small percentage of Americans actively engage in and only a small percentage aggressively oppose it. Seemingly one is confronted with the old statistical adage that states that figures never lie but liars surely do figure. I suppose the other 80 percent or so of Americans fall somewhere in the mushy middle.

Here in Crockett County we have just experienced another white tail deer season. I moved back here last August from an area where only 6.3% of the population hunts. Animal rights activists have made hunting a shameful sport. If current trends continue, I doubt that hunting will even exist by the middle of the next century. I fervently hope otherwise. And I think I can muster a lot of facts to support my feelings-all quite apart from the dietary requirements which cardiologists have imposed on me and many others.

When I first went to the Virginia/

Maryland area to attend graduate school in the late fifties, I rarely saw deer where I hunted. Years ago, Virginia deer hunters roamed the countryside like nomads in the fall, looking for either public or private lands to hunt on. I saw some sleeping in their cars, eating pork and beans from a can, and hitting the woods early. But no more. Today, many can slip out the back door and walk to a deer stand in a batch of nearby woods. No longer do I see migrations of people; now they can stay home and hunt in their own backyard. I remember well seeing a picture in the newspaper about a hunter who bagged a Canadian goose. Now the Virginia Government says that there are over 50,000 of the animals and everyone hunts them because they are a nuisance. This experience of mine can be duplicated right here in Texas.

Not all change regarding hunting and wildlife management is welcome. Government policies and lifestyles have impacted small game. The French have a saying: "The more things change, the more they stay the same." This would be difficult to sell to a lot of hunters where I lived until August because the more things change, the more we hunters had to adapt. According to statistics which we economists love to quote, the whitetail deer population in Virginia alone has gone from 4,000 to well over 200,000 a year. There are now over a million deer in the State and can be found in every city and county. People in urban areas now see what happens when deer are permitted to increase unchecked. If animal rights and anti-hunting people have their way, the same situation does prevail here in Texas according to information from Texas Parks and Wildlife.

Deer throughout the United States have profited from game management programs as well as transplant programs which were designed to restore herds decimated by subsistence hunting which occurred during the Depression. The environment today is practically tailor-made for deer, with large ranches, farms and woods providing good cover for deer and hunting seasons and bag limits carefully designed to insure no overkill. Ranchmen suffer with game/livestock ratio problems but little ever changes to address this problem. Hunters don't always bag their limits.

In addition to an increase in deer, the turkey population in many states also has grown. Wildlife experts say that turkeys have exploded from an average of 20,000 per state to over 130,000 birds while hunting seasons

have been expanded coupled with a spring turkey season. What it shows is that wildlife has tremendous resiliency. If the habitat is okay, they will come back. This fact is proven over and over again.

And in those places where wildlife habitat and the needs of an expanding human population coincide, it should surprise no one that deer, turkey and even ducks are certain to increase. But where these factors conflict, it smells trouble. Quail and lots of other animals are threatened.

As ever in the United States, flag-ship of the free market economy, what happens does happen and wildlife just has to fit where it can. Some species or others seem to profit. Hunters must scurry along behind, scooping up whatever success we can find in an ardent search for their bag limits.

Yet I wonder how realistic this proposition actually is. In the half century since I began hunting, much has changed in this country. Where woods were once bare of deer and turkey, these species now abound and have become among the most popular for hunters. In places where quail once thrived, such as on Johnson Draw, they have nearly disappeared. Migratory ducks in this area were up, down, and now seemingly are up again. Little really does stay the same against the volatile backdrop of America's thundering economy, ballooning population, expanding cities and social structure. Yet a lot of people still like to hunt and still find a way. Can this situation really last?

Recently the Isaac Walton League of America conducted some sophisticated studies around the nation on hunter attitudes. Their conclusion is alarming for us hunters: The tenuous link between generations that has kept hunting alive since the advent of human society is in danger. It would seem that the future of hunting depends in large part on the links between mentors and youngsters. The need to establish these links must be done in a way that keeps the messages of conservation and ethics clearly in focus. From my experience, hunting and fishing are not something taken up cold; someone-an experienced sportsman- must show the way. Someone like Early Baggett, or Wayne and Massie West or George Harrell did in my case. If older hunters feel that they lack the time or place or energy to teach, if the young are disciplined to listen and learn, and if hunters in general prove unable to hew to ever higher standards of ethical behavior, I would think that in as little as fifty years hunting in America can very well wither away to nothing. Oh, this

wouldn't be the end of the world. But for a lot of us, it would be just one more simple little pleasure lost to the pitiless march of time. That is such a sorrowful thought to even contemplate. Texas could very well end up like Virginia, Maryland and Pennsylvania. This situation serves neither game or society at large.

Dear Scotty and Linda:

I don't know why this past hunting season caused me to reflect so much. I guess it may have been the receipt of several studies which I read with great interest and in detail. In any event, you have the outcome. Feel free to edit or discard or whatever.

It is ironic my father, during my last meeting with him (and when we went out hunting for three wonderful days in November 1991) and I discussed the future of hunting. He felt hunting was a resource which could bring in handsome profits, as much as livestock. But he wondered how much the American people would support hunting. He didn't hunt himself but encouraged me to hunt, and to exploit the resource. The irony is that today is his birthday. Perhaps he is trying to tell me something!

Roy A. Harrell, Jr.

Back Strains Can Be Prevented

HOUSTON - Back strains can be avoided by using the proper technique when lifting heavy objects.

You should bend at the knees and lift, using leg muscles instead of back muscles to straighten up, said Dr. Martin Grabois of Baylor College of Medicine in Houston.

Keep the lifted object close to the body, and, if turning is necessary, do so by moving the feet instead of by twisting at the waist.

When back strains do occur, Grabois said, get bed rest while applying a cold pack the first 24 hours. Apply heat the following day.

If pain and impaired mobility persist beyond a few days, consult a physician.



CAPITOL COMMENT

U.S. SENATOR
KAY BAILEY HUTCHISON



WASHINGTON, DC - "Most of the issues that come across my desk aren't this warm and fuzzy," Sen. Kay Bailey Hutchison said Feb. 1 in announcing that she will be delivering 712 pair of mohair socks to American troops in Bosnia.

The footwear has been donated by the Mohair Council of America, Dishman International of Uvalde, and Ol' Sonora Trading Company of Sonora.

"It is a real pleasure - a luxury you might say - to be able to take these wonderful socks to our troops serving in Bosnia," Sen. Hutchison said. "Their feet will be warmed, along with their hearts."

Sen. Hutchison departed for Bosnia Thursday as part of a bipartisan Senate delegation headed by Sen. William Cohen of Maine. The group of lawmakers is scheduled to visit Tuzla and Sarajevo, and see American peacekeepers at work on the ground

there. "I'm told that 10 percent of the troops in any battalion of the peacekeeping force are from Texas, so Texas toes will be among those kept toasty," Sen. Hutchison said.

Mohair fiber has several unique qualities that make it excellent sock material. Lightweight and durable, mohair's insulating qualities keep its wearers warm, and it wicks moisture away from the skin, keeping feet dry and comfortable in mohair socks.

Texas accounts for 89 percent of the U.S. Angora goat population and 93 percent of U.S. mohair production. The United States produces 17.8 million pounds of mohair annually.

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Keeping an eye on Texas

Another Texas gem

Pearls and shells formed by freshwater mussels, growing in streams and rivers across the state, were first discovered by early Indians in the San Angelo area. The estimated value of the 1991 harvest was \$1.1 to \$2.5 million. Most shells are sold to the Japanese for use in the cultured pearl industry.

Where freshwater mussels are found

- 1 San Angelo
- 2 Concho River
- 3 Rio Grande
- 4 Nueces River
- 5 Frio River
- 6 Guadalupe River
- 7 San Antonio River
- 8 Brazos River
- 9 Sulphur River
- 10 Sabine River
- 11 Cedar Creek Reservoir
- 12 Livingston Reservoir
- 13 Caddo Lake
- 14 Buffalo Bayou



SOURCES: John Sharp, Texas Comptroller of Public Accounts and Texas Parks and Wildlife.

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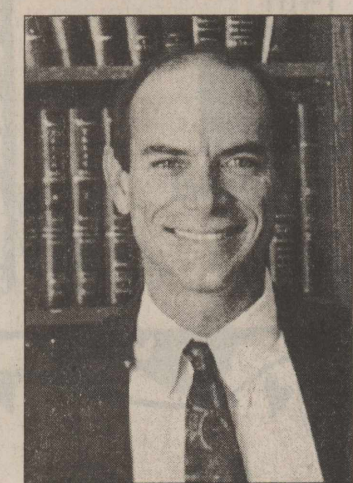
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J. W. Johnson
112th District Attorney

- PUTTING HUNDREDS OF CRIMINALS BEHIND BARS WHERE THEY BELONG
- BUT HE'S WORKED HARDER SENDING THOUSANDS OF SUCCESSFULLY REHABILITATED PERSONS BACK TO THEIR HOMES, FAMILIES AND COMMUNITIES AS PRODUCTIVE CITIZENS.

HIS RECORD AS YOUR DISTRICT ATTORNEY SPEAKS FOR ITSELF!

Re-elect J. W. Johnson
112th District Attorney
Democratic Primary

Pd. Political Advertisement By Committee to re-elect J. W. Johnson, Becky Collins, treasurer, Box 1425, Sonora, Tx. 76950

Shane Fenton for Sheriff

Shane Fenton-Candidate for Sheriff

His knowledge of the people and terrain of Crockett County is a proven asset within the Sheriff's Department.

Elect the man who knows the county and its people

Pol. Adv. Pd. For By Shane Fenton, Box 271, Ozona, Texas 76943

THE CROCKETT CLUB

DANCE TO THE

"All The Rage Band"

At **THE CROCKETT CLUB**

Valentine Dance

Feb. 10th 8:00 - 12:30
(Memberships Available)

1305 Sheffield Rd 392-5280

Mexico Transportation Corridor Subject Of Conference

The Midland/Odesa Transportation Alliance (Motran) announced Feb. 2 that a delegation composed of Motran and the Economic Development Departments of the Mexican States of Chihuahua and Sinaloa have been invited to make a presentation on La Entrada al Pacifico corridor to the Binational Conference on Bridges and Border Crossings, to be held in Mon-

terrey, Mexico, March 4-7. In the presentation, Enrique Terrazas, director of economic development for the state of Chihuahua, will report the status of the corridor through Chihuahua, and Patricio Robles, deputy director of economic development for the state of Sinaloa, will make a similar report for Sinaloa. Charles R. Perry, chairman of Motran, will make a report on the status of the corridor development in the state of Texas.

The Binational Conference on Bridges and Border Crossings meets twice each year where the growth and development of transportation infrastructure between Texas and Mexico is studied. Attendance is composed of

state and local government officials from both Mexican and U. S. States and cities along the border, along with both Mexican and U. S. Federal Highway officials. The conference was formed originally to study infrastructure needs for bridges and border crossings; however, the conference has now expanded its interest to include trade corridors and highway needs in the interior of Mexico and the U.S.

It is anticipated that the Motran delegation will be composed of approximately six of its members and supporters. Motran plans to host a high level meeting of officials from the states of Texas, Chihuahua and Sinaloa while in Monterrey.

Got A Cold? Wash Your Hands

HOUSTON - If you catch a cold, remember to wash your hands a lot. Many colds result from rubbing the nose or eyes with fingers that picked up a virus from hand-to-hand contact, said Dr. Christine Matson of Baylor College of Medicine in Houston.

When people with colds cough and sneeze into their hands and then touch objects at home, work or school or touch each other, they leave cold-causing viruses behind. Frequent hand washing can lessen this transmission.

Tissues and handkerchiefs can also be helpful because they catch the germs expelled through coughing and sneezing.

Social Security Facts And Figures

A publication from the Social Security Administration provides current statistical information about the Social Security and Supplemental Security Income programs. The booklet, *Fast Facts and Figures About Social Security*, is produced yearly by the agency in response to numerous inquiries for data on its programs. It is widely used by state agencies, congressional staff, and private organiza-

tioners, employees and the self-employed; average earnings for workers; maximum earnings subject to Social Security taxes; taxes paid by workers with average and high earnings; earnings required to obtain a Social Security "credit"; and how much a person can earn and still receive Social Security benefits.

You can obtain a copy of *Fast Facts and Figures* from the Superintendent of Documents, U.S. Government Printing Office, Washington, DC 20402-9325. To check current pricing information, call 202 783-3238 before ordering. Government agencies may request copies by calling 202 282-7138. The booklet is also available in English and Spanish on the Internet. You can access it at <http://www.ssa.gov> under the "Research and Statistical Data" section.

Printed in easy-to-read format with charts and graphs, the booklet contains general information through 1995 and statistical data through 1994. *Fast Facts and Figures* is available in Spanish as well as English.

Basic information presented in the booklet includes the Social Security and Medicare tax rates for em-

Junction Stockyards Report

Junction Stockyards sold 207 head of cattle Jan. 26. Calves and yearlings sold steady except medium weight heifers which sold \$1-\$3 higher. Slaughter cows and bulls were \$1-\$2 higher, and stocker cows sold steady.

Choice Lt. Steer Calves .55-.65#
Choice Med. Steer Calves .54-.61#
Choice Hvy. Steer Calves .53-.58#
Med. Quality Steer Calves .48-.52#

Choice Steer Yearlings .52-.57#
Mixed Steer & Bull Calves & Yearlings .47-.51#
Choice Lt. Heifer Calves .43-.50#
Choice Med. Heifer Calves .45-.52#

Choice Hvy. Heifer Calves .43-.48#
Med. Quality Heifer Calves .42-.45#
Choice Heifer Yearlings .43-.46#
Mixed Heifer Calves & Yearlings .40-.46#

Commercial & Utility Cows .28-.33.50#
Canners & Cutters .27-.31#
Low Yielding Canners .22-.27#
Bulls .37-.44#

Stocker Cows \$275-\$435 hd.
Stocker Pairs \$350-\$515 pr.
The Stockyards sold 7488 head of goats and sheep Jan. 29. Lambs, stocker Angoras and slaughter nan-

nies and muttons were steady. Slaughter ewes and bucks were \$2 lower. Fat kids and yearlings sold \$2-\$3 lower and Spanish goats were mostly \$2-\$3 lower.

Choice Spring Lambs .80-.88#
Heavy Lambs .71-.80#
Fat Ewes .38-.42#
Thin Ewes .32-.38#
Bucks .34-.42#
Choice Young Angoras \$28-\$36 hd.

Med. Angoras \$20-\$25 hd.
Choice Aged Nannies \$20-\$28; 1 group at \$35 hd.

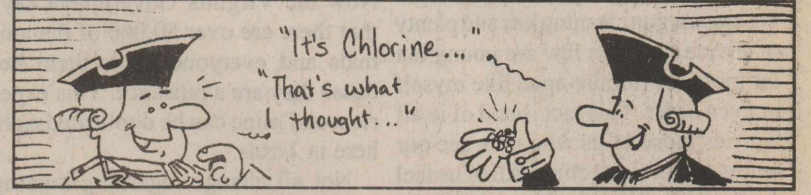
Choice Aged Muttons \$32-\$38 hd.

Angora Kids (choice) stocker \$24-\$28; fat .60-.6650#; (medium) stocker \$17-\$24; fat .60-.64#

Weighing Angoras Shorn (thin) .22-.32#; (fat) muttons .35-.44#, nannies .32-.36#

Big Fat Spanish Muttons and Billies \$55-\$97 hd.
Fat Yearlings \$43-\$57 hd.
Big Fat Spanish Nannies \$35-\$45 hd.

Stocker Nannies \$32-\$40
Fat Kids \$28-\$45 hd.
Small Kids \$20-\$28 hd.



Although chlorine is a natural substance, it only occurs in compounds and pure chlorine wasn't discovered until 1774. Today, pure chlorine is manufactured and is used in gas chlorinators such as the Regal from Chlorinators Inc., Palm City, FL. to purify water for food and medicine processors and beverage bottlers among others.

We talk of wild animals; but man is the only wild animal. It is man that has broken out. All other animals are tame animals; following the rugged respectability of the tribe or type.

—G.K. Chesterton

Write Your ELECTED OFFICIALS

President Clinton: The President. 1600 Pennsylvania Ave., Washington, D.C. 20000. Telephone-(202) 456-1111

Sen. Kay Bailey Hutchison, U.S. Senate, Washington, D.C. 20510, Telephone-(202) 224-5922

Sen. Phil Gramm, U.S. Senate, Washington, D.C. 20510, Telephone-(202) 224-2934

Rep. Henry Bonilla, U.S. House of Representatives, Rm. 1529 Longworth House Office Bldg., Washington, D.C. 20515. Telephone-(202) 225-4511

Texas Senator Frank Madla, Texas Senate, P.O. Box 12068, Austin, Texas 78711, Telephone-(512) 463-0119

Texas Representative Bob Turner, Texas House of Representatives, P.O. Box 2910, Austin, TX 78768-2910. Telephone-(512) 463-0644

Governor George W. Bush, State Capitol, Austin, TX 78701, Telephone-(512) 463-2000

Lieutenant Governor Bob Bullock, State Capitol, Austin, TX 78701, Telephone-(512) 463-0005

Ozona Butane

Propane Sales and Service

392-3724

Notice of REWARD

I AM OFFERING \$500 REWARD

for apprehension and conviction of guilty parties to every theft of livestock in Crockett County - except that no officer of Crockett County may claim the reward.

Jim Wilson
SHERIFF, CROCKETT CO.

Coming Soon

A trunk showing of Guatemalan apparel and accessories from Fredericksburg will be displayed at 602 Angus on Feb. 17 from 10:00 a.m. to 6 p.m.

THE HITCHIN POST

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Feb. 14th
K C for two
\$24⁰⁰
(including ice tea or coffee)

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Deli Items

Egg Rolls 99¢	Cheese Sticks 39¢ ea. 3/\$1 ⁰⁰	Fried Beef, Bean & Cheese Burritos 99¢	Chicken Strip Baskets \$3⁹⁹
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Homemade Breakfast Burritos	Homemade Cinnamon Rolls	Breakfast on a Bun (Sausage, Egg & Cheese)	Sausage & Biscuit
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Tru-Test® 5-Pc. Brush Set
5⁸⁸ incl. 1, 1 1/2, 2, 2 1/2, 3" brushes for all types of projects. K 717 317 F12

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7⁴⁴ Our better-quality latex. Brite White. Gallon. CBW K 319 913 F4

BARGAINS of the Month

South Texas Lumber Co.

392-2634 1308 AVE. E

Before You Sign A Lease, Read The Fine Print

COLLEGE STATION - One of the most valuable bits of advice a renter can take is to read a lease carefully before signing it.

"Many fail to realize that a lease is a legal contract," said Dr. Joyce Cavanagh, family economics specialist with the Texas Agricultural Extension Service. "Once you sign it, you are legally required to pay rent the entire length of the lease period even if you move out."

A renter may change terms of the contract only if the landlord agrees, she said. Changes must be made to all copies of the contract, and initialed by the landlord and renter.

"Verbal" leases usually are in effect on a month-to-month basis, and have more disadvantages for the renter, Cavanagh said. The landlord can ask a person to move out without reason, raise the rent or make other changes as long as a one-month notice is given.

"If you have a written lease, you and the landlord must follow its provisions for the length of the lease," she said. "As long as you follow the rules of the lease, you cannot be forced to move out, and rent cannot be raised until the lease has ended."

If your potential landlord does not offer a Texas Apartment Association (TAA) lease, Cavanagh advises you to compare the one you have with the standard lease available from TAA.

"A lease holds detailed information that should not be ignored," Cavanagh said. "For example, if the lease allows, the landlord can enter the apartment and seize personal property such as sports equipment or furniture and sell them to pay back rent."

Most leases include these sections:

Occupants: Leases often forbid anyone to stay in an apartment unless they are named in the lease. If sub-leasing is allowed, you are still responsible for the rent being paid on time.

Move-out notice: You must provide move-out notice in writing. TAA has a "Resident's Notice of Intent to Move Out" form. A lease cannot be terminated before it expires. When renting month to month, 30 days written notice is required.

Security deposit: The security deposit can be a cleaning and damage deposit, and some leases may include the last month's rent.

Rent: This section spells out penalties when tenants are late paying their rent. If you do not move in the first day of the month, the first payment may be reduced or prorated.

Special provisions: List needed repairs noted during the initial inspection of the apartment here. You might want to add a sentence that indicates rent is not due until repairs have been made.

Rules or policies: Rules apply to tenants and often address conduct and what a tenant can and cannot keep on the apartment grounds.

Condition of the premises: You usually have 48 hours to notify the landlord of problems within the time you move in. Such notice should be in writing. Keep a copy.

Repairs and malfunctions: Requests for repairs must be made in writing. If a landlord does not promptly make repairs, a tenant may or may not be able to pay for the repairs and deduct the cost from next month's rent.

Reimbursement: If the tenant has damaged the landlord's property, the tenant is required to pay for repairs.

When owner may enter: Others, such as a repair person, may enter the apartment on behalf of the landlord. Find out who will have a key and be allowed to enter the apartment when you are not there. Some landlords will agree to enter the apartment only if the tenant is present. If so, get it in writing.

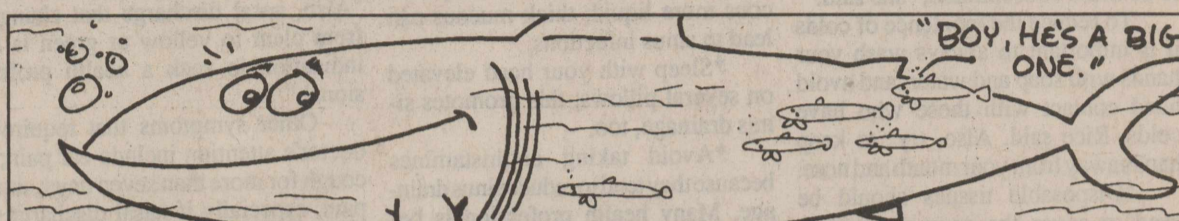
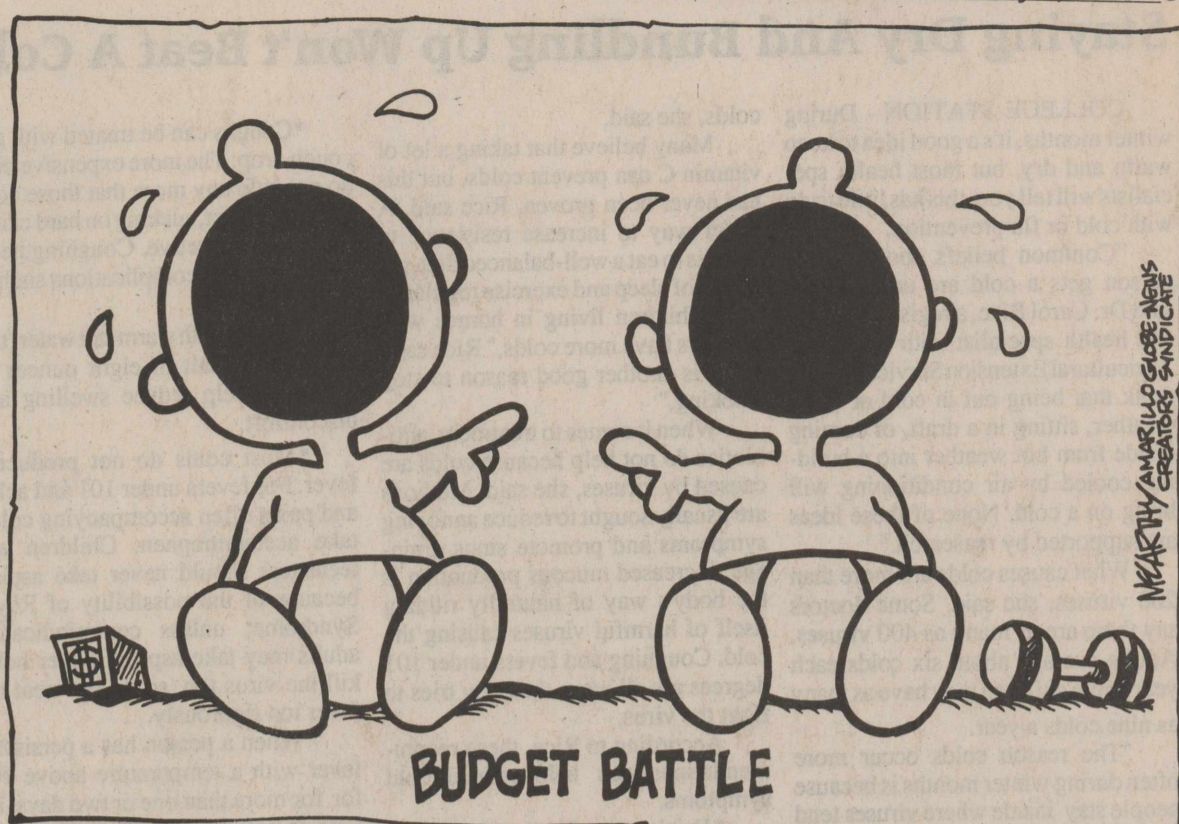
Default by owner: If the landlord fails to live up to the lease agreement, the renter is entitled to end the lease, but specific steps must be taken to protect yourself.

Default by resident: Tenants are evicted when they fail to pay rent or abide by other provisions stated in the lease, but they can not be locked out of their apartment, she said. However, the landlord can change the key if notice is left telling the tenant where to get the new key.

Propaganda is the art of persuading others of what you don't believe yourself.
—Abba Eban



Until 1965, the U.S. quarter contained 90 percent silver and 10 percent copper. Because of the shortage of silver, it now consists of a layer of copper between layers of copper-nickel mixture.



The largest marine fish is the whale shark, which can reach 30 feet in length.

Ozona Area Weather "303"

by KLST-TV-channel 8 - San Angelo
Meteorologist Mike Daniels
392-2447 -- ext. 303

THE STATE OF TEXAS

To:

The Unknown Stockholders of Frontier Oil & Gas Co., Inc.; The unknown persons or entities who take or hold an interest in the dissolved Frontier Oil & Gas Co., Inc.; and all persons or entities claiming any title or interest in the land, oil, gas and minerals and/or of the lease covering the same insofar as that title or interest is claimed under the assignment of an Oil, Gas and Mineral Lease which lease was dated March 20, 1956, from E. G. Baggett et ux to Byron Williams, recorded Volume 154 page 193, Deed Records of Crockett County, Texas, and which assignment was dated March 22, 1956, and insofar as that title or interest pertained to Frontier Oil & Gas Co., Inc.'s portion of the lease, as it covers Section 26, Block F, Abstract 4699, J. H. Ray, original Grantee, Crockett County, Texas, retained by Frontier Oil & Gas Co., Inc., in the assignment, dated July 21, 1958, recorded in Volume 172, page 401 of the Deed Records of Crockett County, Texas, or any unrecorded Assignments thereof.

Defendants, Greeting:

You are hereby commanded to appear by filing a written answer to the Plaintiff's Petition at or before ten o'clock A. M. of the first Monday after the expiration of forty-two days from the date of the issuance of this citation, same being Monday the 18th day of March 1996, at or before ten o'clock A. M. before the Honorable Brock Jones, Judge of the 112th Judicial District Court of Crockett County, Texas, at the Court House of said County in Ozona, Texas.

Said Plaintiff's Petition was filed in said court, on the first day of February

A. D. 1996, in this cause, numbered 5836 on the docket of said court, and styled, Jack Baggett and Billie Gene Baggett are Plaintiffs

VS. The Unknown Stockholders of Frontier Oil & Gas Co., Inc.; The unknown persons or entities who take or hold an interest in the dissolved Frontier Oil & Gas Co., Inc.; and all persons or entities claiming any title or interest in the land, oil, gas and minerals and/or of the lease covering the same insofar as that title or interest is claimed under the assignment of an Oil, Gas and Mineral Lease which lease was dated March 20, 1956, from E. G. Baggett et ux to Byron Williams, recorded Volume 154 page 193, Deed Records of Crockett County, Texas, and which assignment was dated March 22, 1956, and insofar as that title or interest pertained to Frontier Oil & Gas Co., Inc.'s portion of the lease, as it covers Section 26, Block F, Abstract 4699, J. H. Ray, original Grantee, Crockett County, Texas, retained by Frontier Oil & Gas Co., Inc., in the assignment, dated July 21, 1958, recorded in Volume 172, page 401 of the Deed Records of Crockett County, Texas, or any unrecorded Assignments thereof.

Defendants,

The names of the parties to the cause are as follows:

Jack Baggett and Billie Gene Baggett are Plaintiffs and

The Unknown Stockholders of Frontier Oil & Gas Co., Inc.; The unknown persons or entities who take or hold an interest in the dissolved Frontier Oil & Gas Co., Inc.; and all persons or entities claiming any title or interest in the land, oil, gas and minerals and/or of the lease covering the same insofar as that title or interest is claimed under the assignment of an Oil, Gas and Mineral Lease which lease was dated March 20, 1956, from E. G. Baggett et ux to Byron Williams, recorded Volume 154 page 193, Deed Records of Crockett County, Texas, and which assignment was dated March 22, 1956, and insofar as that title or interest pertained to Frontier Oil & Gas Co., Inc.'s portion of the lease, as it covers Section 26, Block F, Abstract 4699, J. H. Ray, original Grantee, Crockett County, Texas, retained by Frontier Oil & Gas Co., Inc., in the assignment, dated July 21, 1958, recorded in Volume 172, page 401 of the Deed Records of Crockett County, Texas, or any unrecorded Assignments thereof.

are Defendants

A brief statement of the nature of this suit is as follows, to wit:

A suit requesting cancellation and termination of the undivided one-fourth of the oil, gas and mineral leasehold interest, claimed by Defendants, in Section 26, Block F, Abstract 4699, J.H. Ray, Original Grantee, Crockett, County, Texas.

as is more fully shown by Plaintiff's Petition of file in this suit.

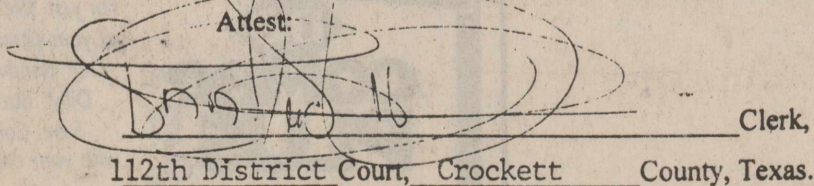
If this citation is not served within ninety days after the date of its issuance, it shall be returned unserved.

The officer executing this process shall promptly execute the same according to law, and make due return as the law directs.

Issued and given under my hand and the Seal of said Court, at office in the Courthouse Ozona, Texas

Texas, this the 5th day of February A. D. 1996

Attest:


Clerk,
112th District Court, Crockett County, Texas.

(SEAL) By _____ Deputy.

Dear Editor:

I recently visited Ozona, the week before your eighth annual deer festival, upon the invitation of a good friend of mine, Roy Sutton. I have known Roy for nearly ten years. Roy was head of investigations for the INS in Harlingen, Texas and I am attorney with the same outfit. I thought I would let the folks know how much I enjoyed my visit to your community and tell your readers what I know about Roy.

When he first spoke the name "Ozona", I must confess I took it as a joke. I have lived nearly a third of my life in Texas, but not being a native, I had no idea a place called Ozona existed. I soon came to learn that Ozona was Roy's home and it was nothing to joke about.

Over the years I worked with Roy, he spoke often of Ozona. I had many questions for him because I had never had any occasion to get around to your neck of the woods, and I was curious about any part of Texas that had more than a ripple in its landscape. Yearly, pecans from Ozona would appear around the office and from time to time, while sitting in Roy's office, I would read this paper and drift away in its warm "home town" news. However, none of this prepared me for the beauty I saw in your hills, woods, creeks and unburdened skyline.

Ozona's beauty is not confined to its scenery. I must have met a dozen people or so over the days I visited, I apologize for not remembering names, but you know who you are. Without exception I was welcomed and everyone took the time to speak to me. I should have anticipated the hospitality, because that's just the way Roy is.

Roy is probably the most interesting character I have ever met in my life. This is no small claim to make because in my line of work you meet a lot of characters. Roy is a rare man and I admire him. Everything he does, he does well. He can out shoot, out hunt and out fish just about anyone! Nobody, including me, seems to be bothered by that because Roy never makes a big deal out of anything he does. I had to "pry" a bit (lawyers are pretty good at that) to get to know anything about him. What I learned is, like so many of his type, he is a humble hero and therefore, he would be the last to admit to heroism.

Roy, a veteran, a survivor of the first order, continued with the job of living. The remainder of his life has been dedicated to public service. He was with the Department of Public Safety and left that job for more money to work for the INS. While with the INS Roy worked at a variety of positions all over the United States and worked his way up the career ladder, getting his college education in the process. Working in an agency, you hear stories about your comrades, some of them not so good. A few famous people in the INS, now retired, have "skeletons in their closet". But not Roy. In fact unlike a lot of these "big talkers", I know for a fact Roy has stared death in the face while with the INS and delivered the goods to protect himself and others. Roy won't talk about it, but others have told me.

Last year Roy did manage to tell me about a time when he spotted a Border Patrol pilot's plane crash. Roy, a pilot, had the presence of mind to head not towards the crash, but back to the patrol station to retrieve a large fire extinguisher. Then he and his partner drove out to the crash. The pilot was seriously injured and begged Roy not to let him die in a fire, fuel being all around the site. After covering the plane and pilot with the fire extinguisher, Roy stayed until additional help came to extract the pilot from the crash. To this day I do not think Roy saw himself as risking his life to save and comfort that downed pilot. Roy told me this story only because a similar crash had occurred in this area. I think if he had realized that I might take him for a hero, he would have kept characteristically mute. That pilot was seriously hurt, but survives. Ask Roy to show you the bronze statue modeled after Roy that the pilot made and gave to him. A fitting tribute to a hero.

Roy has the unique combination of intelligence, common sense and courage. These attributes took him far in the INS. His last position was as the "head honcho" over about twenty special agents. He managed these folks, fleet of vehicles, and budget (including salaries) in the hundreds of thousands of dollars. He retired with honors and not a day goes by that he is not missed around here. Our loss is Ozona's gain, it being only right that Roy return home to do for his community what he has done for so many years for his country.

Sincerely,
W. Douglas Craig
Harlingen, Texas

Advertisement paid for by W. Douglas Craig, 3121 E. Cobble Stone Creek Drive, Harlingen, Texas 78550

Staying Dry And Bundling Up Won't Beat A Cold When Do You Start Planning For Retirement?

COLLEGE STATION - During winter months, it's a good idea to keep warm and dry, but most health specialists will tell you, this has little to do with cold or flu prevention.

"Common beliefs about how a person gets a cold are unfounded," said Dr. Carol Rice, a registered nurse and health specialist with the Texas Agricultural Extension Service. "Many think that being out in cold or rainy weather, sitting in a draft, or coming inside from hot weather into a building cooled by air conditioning will bring on a cold. None of these ideas are supported by research."

What causes colds are more than 200 viruses, she said. Some doctors say there are as many as 400 viruses. Adults average about six colds each year while children may have as many as nine colds a year.

"The reason colds occur more often during winter months is because people stay inside where viruses tend to be more concentrated," she said.

To reduce the incidence of colds it is important to always wash your hands with soap and water, and avoid hand contact with those who have colds, Rice said. Also, try to keep hands away from your mouth and nose.

"Disposable tissues should be used to cover the nose and mouth whenever sneezing," she said. "A tissue should only be used once and discarded."

Teachers should keep a box of tissues in their classroom for all children to use since many youngsters tend to wipe their nose with their hands, she added.

Raising the humidity in homes also can help deter viruses that cause

colds, she said.

Many believe that taking a lot of vitamin C can prevent colds, but this has never been proven, Rice said. A better way to increase resistance to colds is to eat a well-balanced diet, get plenty of sleep and exercise regularly.

"Children living in homes with smokers have more colds," Rice said. "This is another good reason to stop smoking."

When it comes to treatment, antibiotics do not help because colds are caused by viruses, she said. Methods are usually sought to reduce annoying symptoms and promote sinus drainage; increased mucous production is the body's way of naturally ridding itself of harmful viruses causing the cold. Coughing and fevers under 101 degrees are all ways the body tries to fight the virus.

According to Rice, these recommendations can help reduce cold symptoms:

*Drink extra fluids to keep mucous more liquid; thick mucous can lead to sinus infections.

*Sleep with your head elevated on several pillows; this promotes sinus drainage, too.

*Avoid taking antihistamines because they tend to reduce sinus drainage. Many health professionals believe that reducing sinus drainage can prolong colds and possibly lead to sinus infections.

*Decongestants can help, but people with high blood pressure, diabetes, and thyroid problems should not take these before checking with their doctor. Because about half of the people who have diabetes and high blood pressure do not know they have this problem, everyone should be careful to follow directions for cold medications.

*Use nasal decongestant sprays for only three days or less because longer use causes rebound effects.

*Coughs can be treated with any cough drop. The more expensive ones do not help any more than those costing less; in fact, sucking on hard candy is about as effective. Coughing helps the body avoid complications such as pneumonia.

*Gargle with warm salt water (one teaspoon of salt in eight ounces of water) to help reduce swelling and discomfort.

*Most colds do not produce a fever. For fevers under 101 and aches and pains often accompanying colds, take acetaminophen. Children and teenagers should never take aspirin because of the possibility of Reyes Syndrome; unless contraindicated, adults may take aspirin. Fever helps kill the virus too, so do not treat the fever too rigorously.

"When a person has a persistent fever with a temperature above 101 for more than one or two days, it's time to call a physician," Rice said. "Also, nasal discharge that changes from clear to yellow or green is an indication to seek a health professional."

Other symptoms that require a doctor's attention include ear pain; a cough for more than seven days; sinus pain, especially if nasal discharge is colored; breathing difficulty not apparent from stuffy nose; and difficulty swallowing because of painful sore throat.



The first music teacher in American public schools was Lowell Mason in the early 1800's.

When is the best time to start planning for retirement? More and more experts are now advising clients to start planning when they start to work and earn an income. With people living longer and remaining healthy longer, early planning is the only way they can be assured that their quality of life will not drop dramatically in their later years.

You might hear some financial counselors suggest that you can't depend on Social Security to take care of your retirement. That's true. But most of them agree that you can't

depend on any one source of income - that you need a balanced portfolio that will stand the risks of changes in the economy. You can depend on Social Security to provide a risk free base on which to build retirement income, a solid foundation you can count on regardless of what happens to your other financial choices.

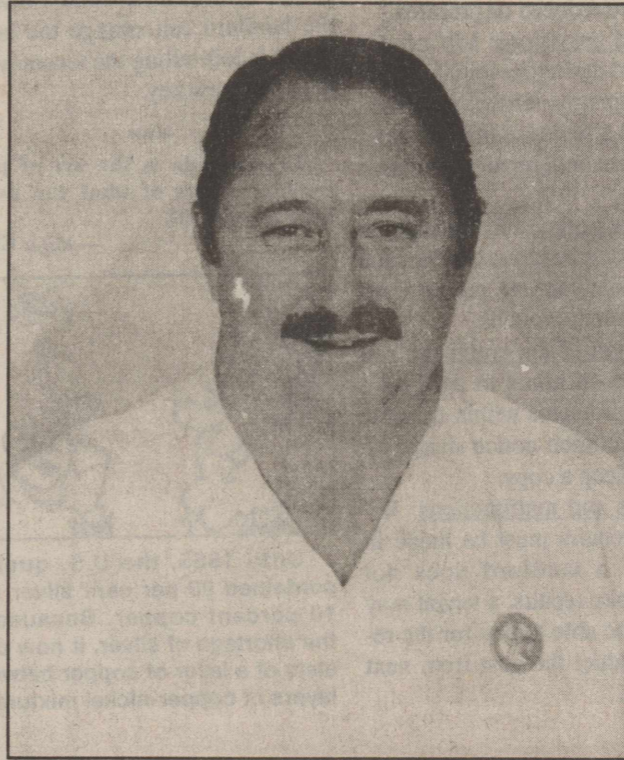
Social Security was designed to be one leg of a three-legged stool of retirement income to include private investments and savings, and private insurance. How much you can expect from Social Security depends on your

average annual earnings over your working life: Average wage earners may expect benefits to replace about 42 percent of their pre-retirement income; low earners about 60 percent, and higher earners about 25 percent.

Education makes a people easy to lead, but difficult to drive; easy to govern but impossible to enslave.

—Henry Peter, Lord Brougham

Alton Davis



for
Sheriff

of
Crockett County

Texas Peace Officer

for 20 years

15 years actual

Sheriff's Department

Operation & Administration

Pol. Adv. Pd. For By Alton Davis, Box 236, Ozona, TX 76943

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SHOTS ACROSS TEXAS

Shotline

Q I took my baby to get his shots and he cried from the pain. I don't think I can put him through that again.

A When adults need a shot, they know it's going to cause a short, stinging sensation. They expect the discomfort in advance and can prepare for it. But your baby isn't able to anticipate what is about to happen, so he may cry from the surprise as well as the sting. True, immunizations may startle and hurt a bit, but they give lifetime protection from serious diseases that can cause your baby much greater pain or even death.

Immunization methods have been developed to help avoid discomfort. Polio vaccine is given in drops that babies swallow. Other vaccines have been combined, making fewer shots necessary. For instance, measles, mumps and rubella vaccines are usually given in one injection. And *Haemophilus influenzae type b* vaccine has been combined with diphtheria, tetanus and pertussis vaccines.

If you think your baby's reaction to his shots was unusual, tell your doctor or nurse before the next series of immunizations.

Q Why is so much publicity and money spent on immunizations when other diseases may kill more often?

A Not too many years ago, epidemics swept this nation, crippling and killing hundreds of thousands of people. Diphtheria, tetanus, polio, even measles, mumps and rubella were dreaded diseases that caused much suffering, and there was no way to prevent their spread. Even as recent as the 1960s, outbreaks of rubella among pregnant women caused many long-term complications in unborn children. Now we have vaccines that protect against many diseases that were once as deadly as AIDS, heart disease and cancer.

Vaccines have not eliminated the viruses and bacteria that cause diseases. These still exist. Vaccines simply make it possible to ward off the invasion of these disease-causing organisms. But six out of 10 preschool-age children in Texas are not fully immunized, so more than half of our children are vulnerable to serious diseases that could be prevented. More than 4,000 Texas children have suffered from measles during the last five years, and 14 died!

Health officials are focusing publicity and money on immunizations because all Texas children need to be protected, and parents need to know what they can do to make sure their children are protected. Immunization is a simple process. It takes just four or five visits to the doctor's office or clinic before the child reaches the age of two.

When a child reaches school age, booster shots are necessary to strengthen the protection that was begun before the age of two. To help provide a lifetime of protection, booster shots (for most vaccines) are needed during the teen years and during adulthood.

For more information contact your local health department, doctor's office, health clinic or the Immunization Division, Texas Department of Health, 1100 West 49th Street, Austin, Texas 78756, 1-800-252-9152 or 512-458-7284.

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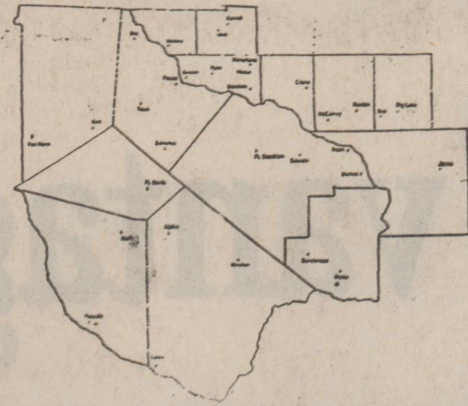
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 Used tires for cars & light trucks
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CLEAN FULL SIZE Posturepedic box springs and mattress - \$100.00. 2 sets of sheets - \$20.00. 202 Ave. M, Ruth Dorris. 1p52

1972 HOLIDAY TT - sleeps 4, good condition - \$2500.00. Call Wayne 392-3324 or 392-5048. tfc52

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FOR SALE: Wooden bunk beds-\$150; girls bedroom suit-\$500. See after 5:30 p.m. at 306 W. 14th or call 558-3907. Crane 1x52

FOR SALE: Toshiba plain paper fax-like new, was \$1,800, now \$900. See at The Crane News. Crane 1x52

FOR SALE: Pool table, 4 1/2 x 8 1/4, 1" slate, sticks and balls, 1 1/2 x 6" bar and 5 high stools - \$800. Call 558-2137 leave message. Crane 1x52

FOR SALE: Yamaha model FG-365SII six string acoustic guitar with hardshell case and Barcus Barry electric pick-up. Excellent condition. \$300.00 Call 943-5820 after 5:00 p.m. Monahans 1x52

FOR SALE: 1966 Chev Suburban 3/4 ton 943-6038. Monahans 1x52

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COUNTRY CLUB APARTMENTS for rent. 2 bedrooms. Call 392-3362.

C & J STORAGE 10X20 spaces for rent. Leasing now. 392-3362. tfc37

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Garage Sales

Garage Sale: Sat., Feb. 10, 306 Collins Drive (on Waterworks Hill across from green tanks) 8 a.m. - 2 p.m. 1p52

News-Information Network
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■ ■ ■

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Mobile Homes

1994 CRESTRIDGE mobile home for sale, excellent condition, size 16X60, 2 bedroom, 1 bath, aircondition, etc. If interested call at 915-392-3695 between 8 a.m. - 5 p.m. 4p51

1996 3 BEDROOM 2 bath doublewide, less than \$30,000 delivered and set-up. Fact-choose your carpet color, and interior decor, we deliver in less than 3 weeks. Custom built for you!! 550-4663 or 800-215-4665. Open after dark!! Nationwide Homes Odessa. 1c52

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FREE STONECOAT skirting with purchase and copy of ad during February only!! The real stone skirting on your new Nationwide home. Not cheap vinyl. Call 550-4663 or 800-215-4665, 6723 Andrews Hwy. Odessa. 1c52

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ADOPT: LIFETIME OF love. Couple will share all the love we have with newborn. Happy, financially secure future awaits. Allowed expenses paid. Please call Peg/Keith 1-800-668-9798. It is illegal to be paid for anything beyond medical/legal expenses.

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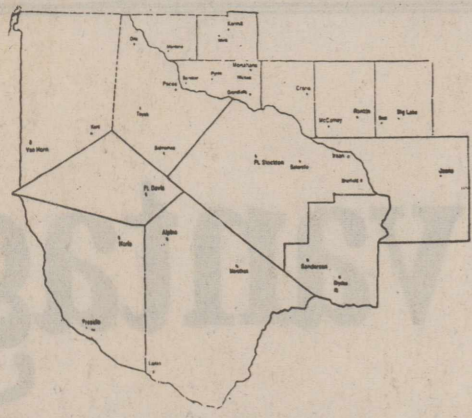
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- 2-story, 4 br., 3 1/2 ba. All kitchen appliances, double garage, fireplace, formal dining room, game room, underground sprinkler, professionally landscaped. 105 Post Oak of Country Estates.

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Public Notices

PUBLIC NOTICE

The Commissioners Court of Crockett County, Texas will be accepting sealed bids until 2:00 P.M., Feb. 12, 1996 for a grazing lease for what is known as the "Ingham Trap", lying and being situated South of Ozona, excluding the Shooting Range and Dump Ground, comprising 130 acres more or less. This lease contract is for a period of (1) one year commencing March 1, 1996. Sample copies of the lease agreement may be obtained at the County Auditor's office. The Commissioners Court reserves the right to reject any or all bids submitted.

John Stokes
County Auditor 1c52

LEGAL NOTICE

To Whom It May Concern:

This is to advise all concerned parties that the Partnership-At-Will known as, "The Blue Hills Group" and/or "Blue Hills Energy" has been dissolved by the majority-in-interest shareholders as of 2 February 1996 in accordance with the Texas Revised Partnership Act. All concerned parties are notified of the winding-up of the partnership. Any person having business or an interest in this matter is to contact the undersigned no later than 5 (five) working days from the date of this publication. R. Craig Tucker, Phone: 713-464-7588, Fax: (713) 464-6260. 1c52

Employment

TAKING APPLICATIONS for desk clerk and maids. Apply at Circle Bar Motel. tfc5

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CIRCLE BAR 76 Travel Store needing help (male or female). Will work with senior citizens. tfc21

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CROCKETT COUNTY Road & Parks Dept. is accepting applications for employment. Experience with construction equipment is preferred. Also a valid Texas CD license and references are required. Applications may be picked up and returned to Crockett County Road Dept. office on Hwy. 163 N. Ozona on Monday thru Friday between the hours of 8:00 a.m. to 4:30 p.m. CROCKETT COUNTY IS AN EQUAL OPPORTUNITY EMPLOYER. 2c51

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APPLICATIONS being taken for licensed personnel for Crockett County Hospital and Clinic and Crockett County Care Center. Applications may be picked up and returned to front office of Crockett County Hospital Monday-Friday. 8 a.m. - 5 p.m. Crockett County is an Equal Opportunity Employer. 2c52

WANTED: Household help for elderly couple. 2 days-a-week. 392-3364. 1c52

HELP WANTED: Job opportunity with Circle Bar Cable Television. Applications are being accepted for the position of customer service representative. This position consists of collection and processing of payments and workorders and general office work. Must be able to type 40 wpm, use a computer, and have a basic knowledge of filing and general bookkeeping procedures. Application forms may be obtained at Circle Bar Cable Television, 1004 Avenue E, Ozona, Texas 76943. Circle Bar Cable is an Equal Opportunity/Affirmative Action Employer. tfc52

HELP WANTED: Part time office clerk. Must possess secretarial skills and prior experience in computer bookkeeping & data entry. Send resumes to: Office Clerk Position, P.O. Box 1185, Monahans, TX 79756. Monahans 1x52

HELP NEEDED: to care for elderly, ill lady. Call 943-3964. Monahans 1x52



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Miscellaneous

JIM WILSON IS INSTRUCTING concealed handgun classes here in Ozona on 2/17 & 18. Call for more information after 5 - 392-5045. 1c52

Wanted

WANT TO PURCHASE minerals and other oil/gas interests. Send details to: P.O. Box 13557, Denver, CO 80201. 52c11

Pets & Supplies

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THE DOG PATCH Grooming Shop - Open 9-5, Mon. - Thurs. After hour appointment available. Carol Cook - 915-392-3415, 901 Ave. J. tfc18

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