

The Ozona Stockman

3000 SQUARE MILES
CROCKETT
COUNTY
OF
LIVESTOCK TERRITORY

Out In The West, Where The Air Is Pure, The Climate Agreeable, And The People Friendly The Best Place On Earth To Call Home

VOLUME 71

OZONA, CROCKETT COUNTY, TEXAS 76943

25c Per Copy

WEDNESDAY, FEBRUARY 8, 1984

NUMBER 50

Library offers tax forms

The Crockett County Library has tax forms for individuals preparing their annual income tax returns. Tax forms available at the library include Forms 1040, 1040A, 1040EZ, Schedules B, G and W as well as a complete set of master forms which can be photocopied. Certain publications from the Internal Revenue Service including Tax Guide for Small Business, Child and Dependent Care Credit, Your Federal Income Tax, Farmer's Tax, and Employer's Tax Guide are also available.

If you have tax questions, a pamphlet entitled Tele-Tax provides a list of telephone numbers to call for recorded tax information. The Internal Revenue Service has asked that librarians not provide assistance to taxpayers in preparing tax returns or answering tax law questions.

The library personnel will be happy to help you locate specific tax forms. Library hours are school days from 8:00 a.m. to 3:45 p.m. including lunch time. The library is also open Tuesday and Thursday nights from 6:00 to 9:00 p.m.

Youth group meets

The Youth Against Alcohol and Drug Abuse met Thursday, February 2, at the Civic Center. The group meets each week and all high school students are invited to attend.

A hot dog supper, compliments of Thornton's Supermarket, was enjoyed. The group then viewed a film on drug and alcohol abuse, "Growing Up Stoned". Around 25 young people attended the meeting.

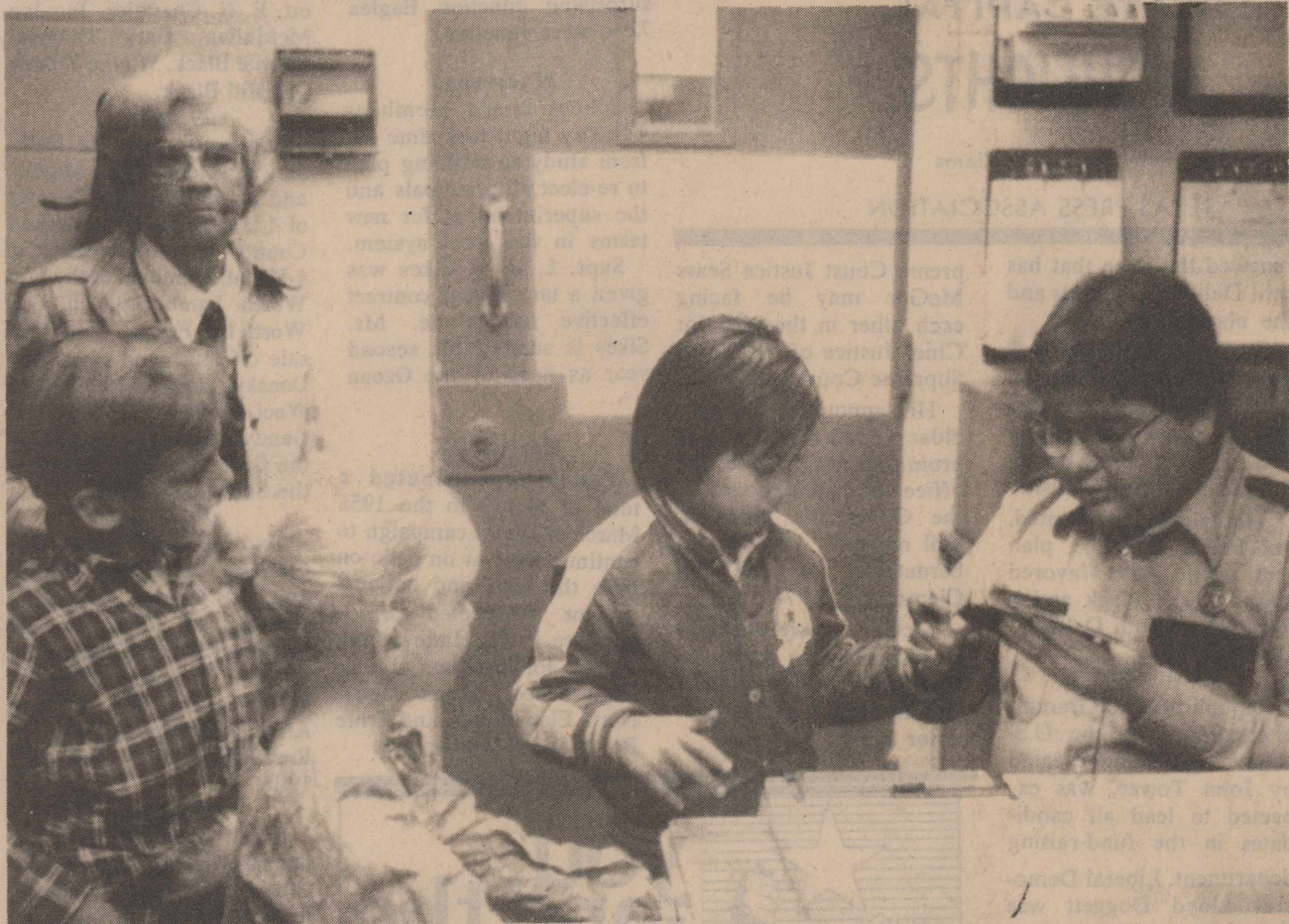
Following the show the group discussed what movie they wanted to see at the February 25 meeting.

The Youth Against Alcohol to thank all those who helped with the supper. They would also like to extend an invitation to all high school students to attend a discussion meeting, February 9, at 5:00 at the Civic Center.

Work begins on SH 163

The State Department of Highways and Public Transportation announces that the forces of Allen Keller Company has begun construction on the roadway of SH 163 from .8 mile South of RM 1973 to the Val Verde county line.

The traveling public is requested to observe and abide by all barricades, signs, speed zones, and flagpersons used for the safety and convenience of the traffic traveling through the construction areas. Because of the nature of the re-construction of an existing highway facility, there will be short delays and inconveniences necessary, but these will be kept to a minimum. There will be sections of this construction speed zoned below the usual 55 mile per hour and the public is requested to observe the posted speed limits for their safety as well as the safety of the construction crews.



Students visit Ozona

JUNO SCHOOL TOURS OZONA-The thirteen children who attend school in Juno, paid Ozona a visit last week with their only teacher, Emma Kate Caudell, top left. After other places of interest,

they stopped at the Sheriff's Department to be fingerprinted. Fred Fierro does the honors for Beto Rivera while Cody Schenkel and Adrienne Dickerson look on.

Election picture clears after filing deadline

The 1984 election picture became clearer on the local level this week as the filing deadline for candidates came around at 6 p.m. Monday. Within a few days voters will know who their candidates are nationally as well as state-wide, including the president of the United States.

In county-wide races the unexpired term of county and district clerk will be a race between Jean North, a former deputy clerk and Debbie Puckett, who was appointed clerk a few months ago by the commissioners court on the resignation of David Weant. Winner of the Democratic Primary, May 5, will

take office January 1, 1985 and serve out the unexpired term of Weant.

County attorney comes up for election this year and present County Attorney Tom Cameron will be the only candidate on the May 5, ballot. He will run unopposed.

Sheriff Billy Mills will also run unopposed for Crockett County Sheriff. Mills has served in that office for over 20 years.

For Crockett County Judge, A. O. Fields will be the only candidate in the primary and will be up for the unexpired term. He was appointed to the post when John R. Jones resigned some months ago.

For constable, precinct 1, Gene Williams will run unopposed for a full term. Also the present tax-assessor-collector, Tom Stokes, has drawn no opposition for another term in office.

Sostenes DeHoyos has asked for another term as county commissioner of precinct 1. Opposing DeHoyos for the post will be Fernando R. Garza, who filed before the deadline Monday. The precinct 3 commissioner's race will also be contested. Incumbent Jack Williams will be opposed by O.J. (Jack) Bailey.

Justice of the Peace, Precinct 1, unexpired term has only one candidate, Raymond Davee, who was appointed to the post when Judge Fields was appointed to the judgeship.

No official announcement has been made on the District Attorney post for 112th District, but we understand the incumbent, Bill Mason

drew an opponent for that post early this week. Sutton County Attorney J. W. Johnson threw his hat in the ring early Monday.

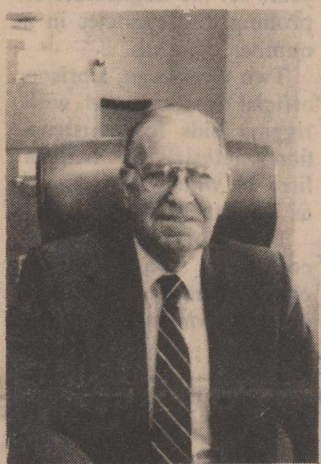
Most voters have already received their blue registration cards from their county tax assessor-collector, but if not, they must get it 30 days before they vote in any election. New voters must register at the tax office 30 days before voting. This is also true for anyone who has recently moved here and not changed their voting place.

Absentee voting for the primary begins April 16 and lasts through May 1. Absentee voting is conducted at the county clerk's office. It is not clear whether there will be both a Democratic and Republican primary here this year. When a Republican tried to file for office it muddied the waters somewhat and the situation still is unclear. We may have more on this next week, when we surely will have the candidates for statewide and national office.

A.O. Fields files for county judge

A. O. Fields, who was appointed Crockett County Judge by the Commissioners Court in September, 1983, following the resignation of Judge Johnny Jones, this week announced his candidacy for the unexpired term of Judge Jones subject to action of the Democratic primary May 5, 1984. The unexpired term will last through December 31, 1986.

Judge Fields held the office of Justice of the Peace for this county for a period of 25 years, establishing himself as one of the most knowledgeable peace justice judges in the state through uninterrupted study and attendance at every law enforcement training school made available through the years.



JUDGE A.O. FIELDS

Judge Fields is a veteran of World War II, having served from 1943 through 1945. He was attached to a cryptographic unit in the China-Burma-India theatre of operations and was stationed in India through most of the war.

Judge and Mrs. Fields have resided in Ozona nearly fifty years and both have been active in civic and church activities in the county through the years. They are parents of two children, a son Tommy, a professor in Oklahoma State University in Stillwater, Okla.; and a daughter, Mrs. Johnny Griffin (Barbara). Mr. and Mrs. Griffin make their home in Andrews, Texas where he is associated with Amaco oil company in West Texas operations. Mr. and Mrs. Tommy Fields are parents of two daughters and Mr. and Mrs. Griffin are parents of three children.

"With the help of the Commissioners Court," Judge Fields said in announcing his candidacy, "I will, to the best of my ability, conduct the business of the county in a fair and impartial manner, listening to all complaints, criticisms and

recommendations, working always for the best interest of the citizens of Crockett County."

Judge Fields asks the support of every voter in Crockett County in the primary election May 5, 1984, and in the general election to follow.

Williams asks another term

Sixteen years of experience in representing them on the Commissioners Court of Crockett County is promised voters of Precinct 3 with announcement by incumbent Jack Williams of his intention to offer as a candidate for nomination to that post in the coming Democratic Primary, May 5.

A veteran of sixteen years service on the court, Williams is far and away the senior member of the court and offers a thorough knowledge of county operations and asks the support of voters of the precinct on that basis.

Jack Williams is seeking his fifth term as a member of the Commissioners Court from Precinct 3. In the sixteen years (come next Jan. 1) Williams has never missed a meeting of the Court, a record of service seldom equaled in politics.

"I was told that the rumor was out that I would not be a candidate for re-election," Williams said. "I don't know where that got started, but I feel that my services are needed on the court because I have had so many years experience in handling the many intricate details of county operation and I feel a duty to seek re-election to the court. I promise to continue in the faithful service of the people of my precinct as long as they want me and as long as I can serve."

Williams is a native of Ozona, born here Dec. 17, 1918, the son of pioneer Crockett countians, Mr. and Mrs. Charles Williams. Charles Williams operated extensive ranch holdings in Crockett County and served as sheriff of the county for

two terms, refusing to seek re-election because of the press of expanding ranching operations.

Member of a family of five brothers and a sister, Jack Williams has been a rancher most of his life. Starting in partnership with two of his brothers in Terrell County before World War II, the partners sold their interest to serve in the war and later Jack returned to the ranching business on the Meadows ranch just west of Ozona where he has continued on the same lease since 1958.

Thompson to drill in county

J. Cleo Thompson, Dallas, will drill the No. 1 Henderson 28-16, a 10,500-foot wildcat in Crockett County, one mile west of Canyon gas production in the Ozona multipay field, 2 1/2 miles south and slightly west of 8,624-foot Strawn detrital gas production in the University 31 multipay field, 2 1/2 miles northeast of 9,041-foot Strawn gas production in the Ozona, Northeast multipay field, one mile east and slightly north of a 10,502-foot failure and 11 miles southwest of Ozona.

Location is 4,690 feet from the south and west lines of 28-ST-HE&WT.

The failure, Exxon Corp., Midland, No. 1 Henderson "B", was plugged and abandoned May 28, 1980.

Ozona acquires new legal office

Kathryn Mayfield, daughter of Judge and Mrs. Troy Mayfield, has opened offices for the general practice of law at 605 12th Street here in Ozona.

Kathryn is a native Ozonan who attended Ozona schools and graduated with honors from Ozona High School in 1971. She received her bachelor of science degree December 1978 with a teaching certificate from Angelo State University. She attended Texas Tech University School of Law and received her Doctor of Jurisprudence Degree May, 1982. Kathryn was licensed to practice law in the State of Texas in November of 1982.

She attended an advanced family law course last year and several seminars on wills, criminal law, etc.

She was the sole attorney for the Legal Aid Society of Lubbock last year, working in the area of family law with an average caseload of 250 cases serving indigents in Lubbock County.

Kathryn is married to Richard Mayfield, also an Ozona native. They have two children, Martha Ella and Sara Jean.

Her hobbies include working with Girl Scouts, 4-H needle work, scuba diving, hunting, fishing and reading. She has been a member of First Baptist Church in Ozona for 20 years.

Rivera services Tuesday

Funeral services for Sam C. Rivera, 62, were held at 4 p.m. Tuesday in Ozona Church of Christ with burial in Cedar Hill Cemetery under the direction of Sizemore Funeral Home.

Mr. Rivera died at 10 a.m. Sunday in Shannon Hospital in San Angelo.

Keilers awarded on merit

Dee Keilers of Ozona, was one of four recipients of the District Award of Merit at the Amangi Trail Boy Scout Banquet held recently.

One hundred and sixty Cub Scouts, Scouts and spouses congratulated the four recipients.

GTE serves Ozona customers

General Telephone was serving about 1,800 customers in Ozona as 1984 began, according to E. O. Cambern, GTE General Manager.

"Of these, about 1,300 are residential telephone numbers," noted Cambern. The company also provides 24 public telephones and some 3,300 telephone instruments.

"We were pleased to announce the opening of a GTE local service agency in Ozona during 1983," said Cambern. Customers may initiate, expand or discontinue telephone service, as well as pay telephone bills at the Flower Basket, 1004 Sheffield.

"General Telephone is aware of growth areas in Ozona and will be expanding our facilities as necessary during 1984," said Cambern. Providing prompt, dependable service is our top priority and we look forward to a continued good working relationship with the people of Ozona."



Judges go to school

JUDGES ATTEND SEMINAR-Forty-seven justices of the peace attended a 40-hour Texas Justice of the Peace Training Center seminar Jan. 8-13 in Huntsville. The training center is based at Southwest Texas State University in San Marcos. The seminars are held in compliance with Article 5972, Section B,

of the Texas Revised Civil Statutes. Among the judges attending were, left to right, John H. Brock of Sterling City, Sterling County, Precinct 1; Raymond Davee of Ozona, Crockett, Precinct 1, Place 1; and Mildred Chandler of Crane, Crane County, Precinct 4, Place 1.

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Any erroneous reflection upon the character of any person or firm appearing in these columns will be gladly and promptly corrected if called to the attention of the management.

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HERITAGE NEWS FORUM
FROM THE HERITAGE FOUNDATION • WASHINGTON, D.C.

UNLEASH ALASKA'S LIQUID GOLD

By Edwin Feulner

Though unusually bitter weather has had much of America in a deep freeze since Thanksgiving, heating fuel continues to be plentiful. It's not as inexpensive as we would like; but it never will be again. That's wishful thinking. The best we can hope for is price stability and plenty, both of which seem assured for the immediate future.

That doesn't mean the U.S. should become complacent. At their most recent meeting, the OPEC oil ministers elected again not to raise prices. But that's not because they're less greedy than a few years ago; it's because there's a lot of excess oil in the world marketplace.

And if the U.S. is smart, it will add to OPEC's problems by putting Alaskan crude oil back on the energy market, lessening the world's dependence on Persian Gulf oil even further.

But this is not so easily done. Federal legislation has been blocking the free commercial export of Alaskan oil and natural gas for the past decade.

Blocking the overseas sale of Alaskan crude oil has resulted in an oil glut in that state. Because of that, half of Alaska's oil is being shipped to the East and Gulf coasts at considerable cost (ultimately paid by us, the consumers). The East and Gulf coasts can purchase oil more economically, however, from other sources. Moreover, the glut has discouraged additional domestic oil exploration.

A recent study by energy experts Milton Copulos and S. Fred Singer shows that by lifting the restrictions on the export of Alaskan oil and gas, Congress could slice \$1.5 billion from the budget deficit, improve America's balance of trade with Japan—which would be a prime market—and make it unnecessary to build the proposed \$2-billion pipeline from Alaskan oil fields to the Midwest.

By putting more oil and gas on the world market, the analysts say, Alaskan exports "would reduce the need for OPEC oil, and apply downward pressure on the world oil price—to the benefit of the industrialized countries and oil-importing developing nations alike."

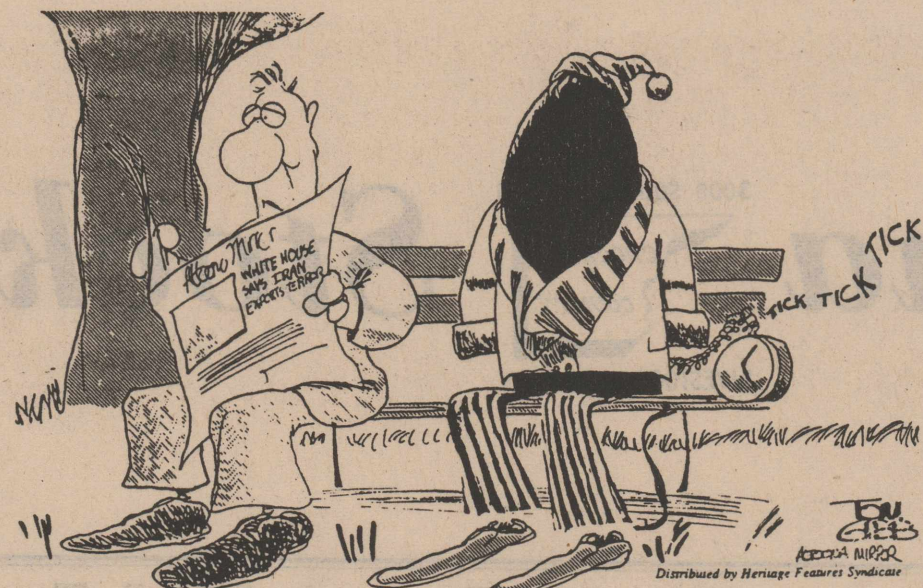
Noting that Alaskan oil and gas reserve estimates have grown over the past several years, Singer and Copulos say those who oppose the export of Alaskan gas and oil are at worst bull-headed and at best inconsistent. For example, there are no such prohibitions on the export of refined oil products, such as gasoline and fuel oil. "It seems strange, therefore, that there should be a prohibition against exporting crude oil."

In the event of an oil embargo, even an embargo coupled with production cutbacks, "the market could take over and adjust the available supply . . . to the demand," they say. A production cutback would result in higher prices for all oil. "This redistribution of oil would be entirely automatic, acting in response to the normal market forces, not government policies," Singer and Copulos say.

Let's hope Congress learned something when President Reagan lifted oil price controls: that without government interference the energy market works more efficiently and benefits American consumers more than when government bureaucrats try to manage the world's energy supplies from their grey-hole offices in Washington. If they did, they will give OPEC another well-deserved nudge by lifting the lid on Alaskan oil.

(Feulner is president of The Heritage Foundation, a Washington-based public policy research institute.)

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GOLLY. SOMETIMES YOU GOTTA WONDER WHAT THESE IRANIANS WILL DO NEXT!

STATE CAPITAL HIGHLIGHTS

By Lyndell Williams

TEXAS PRESS ASSOCIATION



AUSTIN—A Duncanville state legislator investigating the Texas prison system last week charged two sets of books are being kept in a fringe benefits scam.

State Rep. Ray Keller, chairman of the committee overseeing prisons, said he got his hands on a confidential list of how much prison-produced food is allocated to prison officials and families.

The list differs from the official list given this fall to the Legislative Budget Board, leading Keller to charge that a "scam" was being perpetrated by some prison officials.

Prison construction cost overruns over the past few years set the Legislature to probing discrepancies in a number of areas.

Two weeks ago, a prison official was charged with rigging bids for construction materials to help a firm in which he is listed as a partner.

Prison officials withheld comment on Keller's charges pending their own investigation into the matter.

New Home Loans

Amid camera lights, handshakes and wide grins, a San Antonio veteran became the first to buy a new home under the state's new Veterans Housing Assistance Program.

Land Commissioner Garry Mauro, who runs the new state program and campaigned statewide for its passage last November, was on hand to congratulate Rolando and Mireia Castro, as was Gov. Mark White.

Castro, an Army officer in Vietnam, signed for the cameras the first new mortgage; a fixed-rate, 30-year note at 12½ percent.

Ironically, the Mortgage Bankers Association of America announced last week that federal veterans mortgages might be harder to come by, unless the Veterans Administration alters its intent to force lenders to sell foreclosed properties.

Criticizes President

Governor White a few days earlier told a press conference that President Ronald Reagan's foreign trade policies have "devastated" the economy and launched into bitter criticism of other Reagan policies.

White particularly targeted Reagan's failure to provide economic relief to the Rio Grande Valley economy and to drought-hit counties in West Texas.

Bush Responds

The attack, not his first, was taken by many observers to be the beginning of a full-fledged campaign by White to see Reagan lose Texas in the November elections.

Vice President George Bush responded by promising to campaign repeatedly in Texas to counter White.

The Lone Star State is of "paramount importance" to the Reagan-Bush ticket, he said.

Redistricting

A three-judge panel last week upheld the congressional lines in Dallas County, a ruling which

renewed the issue that has split Dallas Democrats and the black community.

Texas Republicans and the NAACP had objected to the plan, which makes safe the seats now held by two white liberals, John Bryant and Martin Frost.

The two groups wanted, but failed to get, a plan that would have favored election of a black and a Republican from Dallas.

Senate Race

Republican Phil Gramm, a candidate for the U.S. Senate seat being vacated by John Tower, was expected to lead all candidates in the fund-raising department. Liberal Democrat Lloyd Doggett was thought to come in second, ahead of front-runner Ambassador Bob Krueger.

Doggett last week had some Democrats seething in anger after he implied in a televised debate that the mild-mannered Krueger supported assassination of foreign leaders.

Doggett actually dragged up a 1976 vote in which Krueger voted against an amendment prohibiting foreign aid funds for use in assassinations or political influence abroad.

Krueger naturally denied the distortion, but some yellow-dog Democrats wondered out-loud if Doggett, a real fighter in the Texas Senate, is crippling the so-called Democratic Party unity with what Krueger supporters regard as low-blow attacks. That race is heating up early and fast.

Supreme Court Race

Former Texas Attorney General John Hill and Su-

Public Notice

PUBLIC NOTICE

Sealed proposals for contract mowing in various counties will be received at the State Department of Highways and Public Transportation; San Angelo, Texas, on the date and time indicated below; and then publicly opened and read.

February 28, 1984, 10:00 a.m.

Contract #07B84HM102 Sutton Co.

Contract #07B84HM101 Runnels Co.

Contract #07B84HM105 Crockett Co.

Contract #07B84HM110 Val Verde Co.

Contract #07B84HM103 Concho Co.

February 28, 1984, 2:00 p.m.

Contract #07B84HM107 Coke Co.

Contract #07B84HM108 Kinney Co.

Contract #07B84HM106 Tom Green Co.

Contract #07B84HM109 Edwards Co.

Contract #07B84HM104 Sterling Co.

Plans, specifications and proposals are available at the office of Dan W. Gower, Assistant District Maintenance Engineer, San Angelo, Texas. Prebidder Conference for all contracts will be held at the State Department of Highways & Public Transportation, San Angelo, Texas on February 16, 1984 at 10:00 a.m.

Usual Rights Reserved. 49-2tc

McGee Court Justice Sears McGee may be facing each other in the race for Chief Justice of the Texas Supreme Court.

Hill announced his candidacy last week and promised not to use the office as a springboard to the Governor's Mansion. Hill narrowly lost the gubernatorial race to Bill Clements in 1976.

McGee, however, said he also plans to make the race, and thinks Hill is secretly running for governor again.

you and the LAW
PRESENTED BY THE STATE BAR OF TEXAS

Q: What is the difference between a condominium and a townhouse?

A: "Town house" is not a precise legal term. As generally used, it means a house usually having a very small yard and sharing common walls with houses on both sides. "Condominium" is defined by Texas law as a unit for which there is separate ownership of some parts (such as a town house, an apartment, or an office) along with common ownership of other parts (such as the land, the yard and gardens, the hallways, the parking lots or the elevators). So a townhouse may be part of a condominium but does not have to be, and a condominium may be made up of townhouses but does not have to be.

Q: What is meant by the term "deferred adjudication"?

A: Deferred adjudication is a special type of probation that prevents a criminal conviction. This procedure allows a judge to accept a defendant's guilty plea or plea of no contest, defer or put off a conviction and place the defendant on probation. Upon successful completion of probation, all charges are dismissed. This means that the person will have no criminal record, unlike the situation with regular probation. Thus, a person who is on deferred adjudication or has completed it may truthfully deny that he has ever been convicted of a crime.

If a person violates any of the requirements of this probation, such as breaking the law again, the judge may find the person guilty and punish him accordingly. Also, some persons may not be eligible for deferred adjudication, and a judge is not required to offer it.

Q: Is there a statute of limitations for prosecuting a murder in Texas? Can someone be convicted for a murder committed 20 years ago?

A: In Texas there are only two crimes for which there is no limitation on the time period within which the State must bring charge-

The Newsreel

A re-run of "The Ozona Story" as gleaned from the files of the "The Ozona Stockman"

Thursday, February 10, 1955

Lowell Littleton, active vice-president of the Ozona National Bank, and an employee of the local financial institution for a total of 26 years, is the new chairman of the Sixth District, Texas Bankers Association.

29 years ago

While the mighty of District 6-A were falling all around, Ozona's Lions lost their chance to take undisputed leadership of the district cage race Tuesday night when they bowed to the surprising Junction Eagles 72 to 60 in Junction.

29 years ago

School board members Tuesday night took time out from studying building plan to re-elect all principals and the superintendent for new terms in the local system.

Supt. L. B. T. Sikes was given a new 3-year contract effective next June. Mr. Sikes is serving his second year as head of the Ozona

29 years ago

Ozonans contributed a total of \$1,610 to the 1955 March of Dimes campaign to continue the war on polio on both the local and national system. Re-elected principals are P. O. Hatley, high school; Johnny Clark, Junior High School, Frank Janes, North Elementary, and Ernie Boyd, South Elementary.

scale, drive Chairman Roy Killingsworth reported this week.

29 yrs. ago

The Crockett 4-H club of Ozona has entered 27 Fat Lambs and seven pens of three in the Sixth Annual San Antonio Livestock Exposition Feb. 18-27.

Exhibitors included Pamela Jones, B. B. Ingham, III, Jay Miller Pierce Miller, Chris Hagelstein, Bill Jacoby, Jimmy Baggett, Bob Childress, Joe Clayton, Jr., R. J. Everett Jr., Joe Everett, E. H. Chandler, Jr., Joe McMullan, Gary Thomas, Charlie Black, Wayne Woody and Bill Black.

29 yrs. ago

Nathan Donsky, of Nathan's Jewelers of San Angelo, and an outstanding booster of 4-H club work in Crockett County came to the rescue of 4-H club members at the Fort Worth Lamb Sale in Fort Worth last Friday. To get the sale off to a good start, Mr. Donsky along with Rankin Wool & Mohair Co., and Gandy's creamery purchased the Grandchampion Lamb of the Show for \$760.00.

29 yrs. ago

Two Crockett County 4-H Club members, Pierce Miller and R. J. Everett, have been selected to sit in special boxes with other outstanding 4-H club members for rodeo performances at the San Antonio Livestock Show on Rural Youth Day, February 19th.

29 yrs. ago

If you don't think the fur business is big business in Crockett County you should have had a look in the Mike Couch fur house here the past week.

The wind-up of the trapping season, which ended the last of January, the local fur buying establishment accumulated in one week 3,200 ringtail furs, 200 coons, 264 fox, 12 beaver and an assortment of wolf and wildcat hides, deer, javelina and skunk, a total value of \$14,000 worth of furs.

29 yrs. ago

Golf and bridge furnished entertainment for members of the Ladies Golf Assn. Tuesday. Majorie Ramsey won low putt award and Marge McMullan the blind bogey prize in golf. Other golf players were Pauline Montgomery, Eileen Childress, Dorothy Pierce, Velma Marley, Donna Beth Davidson, and Charlotte Phillips.

At bridge, Dorothy Friend won high score and Florence Taylor, low. Other bridge players were Jane Black, Emma Adams, Wanda Stuart, Liz Williams, Vivian Clayton, and Frances Albers.

29 yrs. ago

Ozona Woman's Club members met Tuesday afternoon in the home of Mrs. Joe Pierce, with Mrs. W. N. Hannah assisting Mrs. Pierce as Hostess.

Mrs. L. B. Cox, Jr., was elected president for next year. Mrs. Frank McMullan was chosen first vice president; Mrs. W. N. Hannah, second vice president; Mrs. O. D. West, recording secretary; Mrs. S. M. Harvick, corresponding secretary; Mrs. Taylor Word, treasurer; Mrs. Hillery Phillips, historian, and Mrs. Max Schneemann, parliamentarian.

Political Column

CANDIDATES FOR THE DEMOCRATIC PRIMARY, MAY 5, 1984

FOR DISTRICT ATTORNEY, 112TH JUDICIAL DISTRICT
Bill Mason

FOR CROCKETT COUNTY CLERK
Jean North

FOR CROCKETT COUNTY JUDGE:
A.O. Fields

FOR COMMISSIONER, PRECINCT 3
Jack Bailey
Jack Williams

The fee for announcement and a spot on the political column is \$35.00 which has been paid for by these candidates.

Ozona Business And Professional Guide

OZONA DAY CARE CENTER
Methodist Church
PHONE 392-3641
BIRTH TO 13 YRS.
fulltime or drop-in
7:45 a.m. to 6 p.m.

WELDING
General and Oilfield
Diesel Service
24 Hr. Service
Ph. 392-3049

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Razor Cuts-Layer Cuts
and Men's Hair Styling
Jim Caldwell

WHITEHOUSE CO. GULF PRODUCTS
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6:00 a.m.-10:00 p.m.

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VFW POST 6109
Regular Meetings
Third Tuesday
In Each Month
8 P.M.

OZONA BUTANE CO.
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Sales and Service
1108 Ave. E
Ph. 392-3013

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14 Mi. E off I-10
Beer-Liquor-Wine
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392-2343

FIRST BAPTIST CHURCH
Dr. S.N. Latham, Pastor
Sunday School 9:45 a.m.
Morning Worship 11:00
Evening Worship 7:00
Prayer Service Wed. 7:30

OZONA LODGE 747
Slated meetings-first
Mon. of month, 7:30 p.m.
Study-each Thursday

POTTER'S WHEEL CERAMICS
104A Live Oak Drive
Ph. 392-2548
Hrs. 1-5, Mon-Fri.

SKAIN'S GARAGE
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WANTED
All singles to attend the
growing singles class,
First Baptist Church
Sunday-9:45 a.m.

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Complete Auto Repair
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403-1st Street

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Treat Yourself To... THRIFTY PRICES

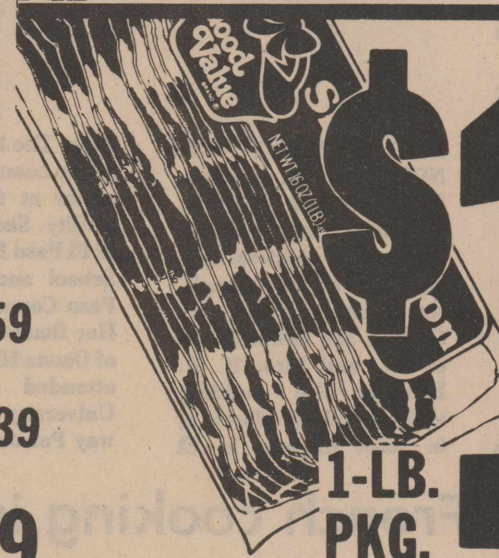
PRICES EFFECTIVE THURSDAY, FEB. 9th thru MONDAY, FEBRUARY 13th
LIMIT RIGHTS RESERVED

PERSONALLY SELECTED
BONELESS CHUCK ROAST
\$1.29
LB.

PERSONALLY SELECTED
BONELESS CHUCK STEAK
\$1.59
LB.



SLICED BACON



\$1.39
1-LB. PKG.

EXTRA LEAN
GROUND CHUCK
SWIFT PORK BREAKFAST STRIPS
SIZZLEAN
GOOD VALUE
FRANKS : MEAT BEEF

LB. \$1.59
12 OZ. \$1.39
12-OZ. PKG. .79

GLADIOLA FLOUR
25 LB. BAG **\$4.29**
5 LB. BAG .89

PERSONALLY SELECTED BONELESS
BEEF BRISKET LB **\$1.19**

GROUND BEEF
PATTIES LB. **\$1.49**

LEAN-BONELESS
STEWING BEEF LB **\$1.98**

THRIFTY PRICES
ASSORTED LAYER
PILLSBURY PLUS CAKE MIXES
18 1/2-OZ. BOX **.89**

THRIFTY PRICES
GOOD VALUE MIX OR MATCH
SWEET PEAS CORN GREEN BEANS
3 16-OZ. CANS **\$1**

THRIFTY PRICES
PLAIN
GEBHARDT CHILI
15-OZ. CAN **.69**

THRIFTY PRICES
ASSORTED
BOUNTY TOWELS
JUMBO ROLL **.69**

READY-TO-SPREAD ASSORTED
PILLSBURY FROSTINGS 16 1/2-OZ. CAN **\$1.19**
HUNGRY JACK COMPLETE
PANCAKE MIX : REGULAR BUTTERMILK 2-LB. BOX **.99**

ASSORTED GRINDS
FLEMING'S COFFEE 1-LB. CAN **\$1.99**
NICE 'N SOFT ASSORTED
BATHROOM TISSUE 4-ROLL PKG. **.99**

GEBHARDT REFRIED BEANS 3 16 OZ CAN **\$1.00**

MRS. TUCKERS VELVET SHORTENING 42 OZ. CAN **\$1.39**

PALMOLIVE LIQUID 49 OFF 48 OZ. BOT. **\$2.83**

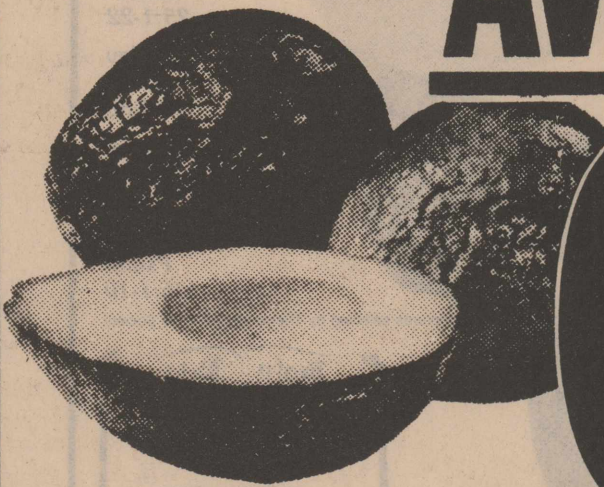
COCA-COLA 7-UP 6-12 OZ. CAN **\$1.79**

DEL MONTE TOMATO SAUCE 5 8 OZ. for **\$1.00**

RANCH STYLE BEANS 15 OZ. CAN **.39**

PUREX LIQUID BLEACH 1/2 GAL. **.59**

HASS MEDIUM AVOCADOS
6 \$1 FOR



SNO-WHITE
CAULIFLOWER LB. **.69**
CALIFORNIA RUBY RED
GRAPEFRUIT 5-LB. BAG **\$1.49**
WASHINGTON RED OR EX-FANCY
DELICIOUS APPLES LB. **.59**
FRESH
CABBAGE LB. **.69**

CHILEAN THOMPSON
SEEDLESS GRAPES
\$1.39
LB.

PRODUCE
White Onions LB. **.69**
Fresh Green Onions Bunch **.39**
Fresh Jalepeno Peppers LB. **.99**

FROZEN
SHOESTRING POTATOES
20-OZ. PKG. **.39**

GREEN GIANT
NIBLET EARS CORN ON THE COB PKG. OF 4 EARS **\$1.09**
GOLDEN QUARTERS
BLUE BONNET MARGARINE 1-LB. CTN. **.55**

HOMESTYLE OR
BUTTERMILK BISCUITS
8-OZ. TUBES **\$1**

LARGE
EGGS DOZ. **\$1.19**

GOOD VALUE
MARGARINE LB. **.39**
GENERIC
SLICED CHEESE 12 OZ. PKG. **.98**

Jim's... FOODWAY
916 11th STREET OZONA, TEX
... HOME OWNED & OPERATED
STORE HOURS
7:30 AM-6:00 PM MON-THURS.
7:30 AM-6:30 PM FRI-SAT
CLOSED SUNDAY
UNITED SUPERS

Tips For Gardeners

From The Ozona Garden Club by Mrs. Bailey Post

The month of preparation for outdoor planting is here. The February sunshine steeps your boughs and tints the buds and swells the leaves within."

William Cullen Bryant Don't delay longer those tasks that could have been done in January and that must be done now if your garden is not to suffer. Gardening interest is growing and home gardeners are spending an increased amount of time and money on ornamental plants. Some of the items that have given the modern garden center its new look are container-grown plants, peat pots, plastic containers, garden furniture, statuary and a wide selection of containers for the patio. Again let me remind you to lose no time in completing the planting of all bare-root trees, shrubs and roses.

Also, all shrubs, hedges and small trees should be well-watered if you haven't attended to this. Many shrubs were damaged by the severe freezes because of not having had sufficient moisture.

There is nothing like growing something new and entirely different to stimulate your interest in gardening. It doesn't have to be something expensive. New annuals and perennials are developed each year, and can be grown from seed or it could be just new to you.

If you haven't already prepared your annual beds for spring planting it should be done now. Be sure to cultivate the soil deeply (12 inches) working in generous amounts of organic matter. At mid month, begin plant-

ing cool-weather annuals such as candytuft and nasturtiums. Plant at the depth indicated on the seed packets and water carefully. When the seedlings are about 4 to 6 inches tall, thin and apply a 2-inch layer of mulch.

If you are interested in vegetable gardens, there is a splendid article on Harvest Ideas by four gardeners in the February Southern Living. These gardens are so beautifully laid out its hard to believe they are real. These gardens are planted in diagonal rows to make an interesting design, as well as practical.

I have really been saddened not to be able to have a little chat with Tom when I go by the Stockman.

Mrs. Marley is bridge club hostess

Mrs. Jess J. Marley was hostess for bridge and luncheon at the Country Club Thursday.

High score went to Mrs. Bob Bailey and second high to Mrs. Joe Clayton. Mrs. Jim Bob Bailey won the club bingo and Mrs. C. O. Walker and Mrs. Lowell Littleton tied for the Charlotte Phillips bingo.

Others playing were Mrs. Clay Adams, Mrs. Charlie Black, Mrs. George Bunker, Mrs. John Childress, Mrs. Joe Friend, Mrs. Brock Jones, Mrs. Bill Mason, Mrs. Beecher Montgomery, Mrs. Kirby Moore, Mrs. J. B. Parker, Mrs. Jake Short, Mrs. Sherman Taylor, Mrs. Evert White, Mrs. Charles Williams, Mrs. Gene Williams, Mrs. Jack Williams, Mrs. Sidney Millspaugh and Mrs. Oscar Kost.

Luncheon guests included Mrs. Pleas Childress, Mrs. Jerry Perry, Mrs. Gene Perry, Mrs. Robert Cox and Jean North.

The Myrtle Post Garden Club decorated the tables for the Chamber of Commerce banquet held at the Civic Center recently.



ENGAGEMENT ANNOUNCED-Mr. and Mrs. B.W. Cota of El Paso, announce the engagement and approaching marriage of their daughter, Diane Clarise, to Clifford Joe Babbitt, son of Mr. and Mrs. R. B. Babbitt. The wedding will take place March 3, in Saint Raphael in El

Paso. The bride elect is a police communication operator at the local DPS facility. She is a graduate of El Paso Eastwood High School and attended El Paso Community College. Her fiancé is a graduate of Ozona High School and attended Angelo State University and is a Highway Patrolman.

French cooking is topic

Members and guests of the Pandale Study Club were treated to a demonstration of some of the basics of French cooking conducted by Kay and Bill Cauthorn of Del Rio at the February 2 meeting at the Pandale Community Center.

Steak Diane was prepared by Mr. Cauthorn, accompanied by Green Beans Perillade prepared by Ms. Cauthorn. "Butter, parsley, garlic and wine are essential to French cooking," Kay told the group. Bill stressed the importance of not worrying over the recipe-"you don't have to be precise with French cooking," he said.

Copies of cooking tips and recipes for the dishes prepared were available and everyone agreed the food was delicious and the demonstration informative, delightful and entertaining.

During the business meeting which was presided over by the President, Lou Deaton, members discussed the

possibility of compiling a verbal and written record of memories of Pandale, a project suggested by Denise Deaton Wish as a means of preserving some of the stories and recollections which were so much a cherished part of her childhood at Pandale.

Vice President Lara Sue Baggett informed members Hazel Sommerville of Midland will be guest speaker in April and will show slides from her trip to the International Flower Festival in Holland.

Members present were Judy Norsworthy, Myrtle Malone, Bill Arledge, Lela Bunker, Jessie White, Lou Deaton, Sue Arledge, Barbara Malone, Josephine Mills, Ginger Perner, Lara Sue and Leana Baggett and Becky, T.J. and Audrey Young.

Guests other than Mr. and Mrs. Cauthorn were Earline Jones of Ozona and Donna and Kimberly Neely of Austin.

Supper Bridge Club meets

Mr. and Mrs. Bill Baggett and Mr. and Mrs. J. B. Miller were hosts for the Couples Supper Bridge Club Tuesday night at the Civic Center.

High score went to Mr. and Mrs. Bill Cooper and second high to Mr. and Mrs. Billy Carson. Mrs. Cuatro Davidson won the club bingo.

Others playing were Mr. and Mrs. Lane Scott, Mr. and Mrs. Oscar Kost, Mr. and Mrs. C.O. Walker, Mr. and Mrs. L.D. Kirby, Mr. and Mrs. Sonny Bailey, Mrs. Michael Scharton and Mrs. Arthur Kyle.

DUPLICATE BRIDGE

In Duplicate Bridge Club play Saturday at the Country Club, Mrs. Gene Williams and Mrs. John Childress won the top spot. Mrs. Kirby Moore and Jean North were second.

Maureen Werst and Joyce Daughtry of Big Lake won high Sunday and Mrs. Moore and Mrs. North were second. Third place went to Mrs. Lottie Puckett and Fred Atkins of Sonora.

MRS. POST IS FRIDAY BRIDGE CLUB HOSTESS

Mrs. J. B. Post hosted the Friday Bridge Club at her home last week. Winning high was Mrs. Arthur Kyle. Mrs. Dorothy Millspaugh won second high and Mrs. J.B. Miller won bingo.

Others present were Mrs. Eddie Arnold, Mrs. Eva Baker, Mrs. Joe Couch, Mrs. Joe Friend, Mrs. J.J. Marley, Mrs. Sherman Taylor, Mrs. Evert White and Mrs. L.D. Kirby.

"Small Fashions"

On The Square Downtown

Last Call for Fall and Winter Clearance 75% off

DONUTS, ETC.

NEW HOURS

Tuesday - Friday

6:00 a.m. - 1:00 p.m.

Hot Sandwiches At Noon

Saturday

6:00 a.m. - 11:00 a.m.

Breads And Rolls

Baked Fresh Daily

407 Ave. E

392-5800

CECIL WESTERMAN

Would Like To Be YOUR PHARMACIST
PH 392-2608

Be Winners and Losers Together!

Dear Pat Walker's,

We kept putting off going on a diet because the word diet to us meant bland food, hours of being hungry, and usually giving up without results.

We think Pat Walker's is great for couples who want to lose weight, because you not only have Pat Walker's help and encouragement but, you have each other . . .

Here was the help we needed. With their help we lost 57 lbs. and 47 inches combined.



BILL & DEBBIE GLASSCOCK
OZONA, TEXAS

VALENTINE SPECIAL

Bring your Sweetheart and share our Mini Program 10% off this week only

Pat Walker's

Figure Perfection Salons International

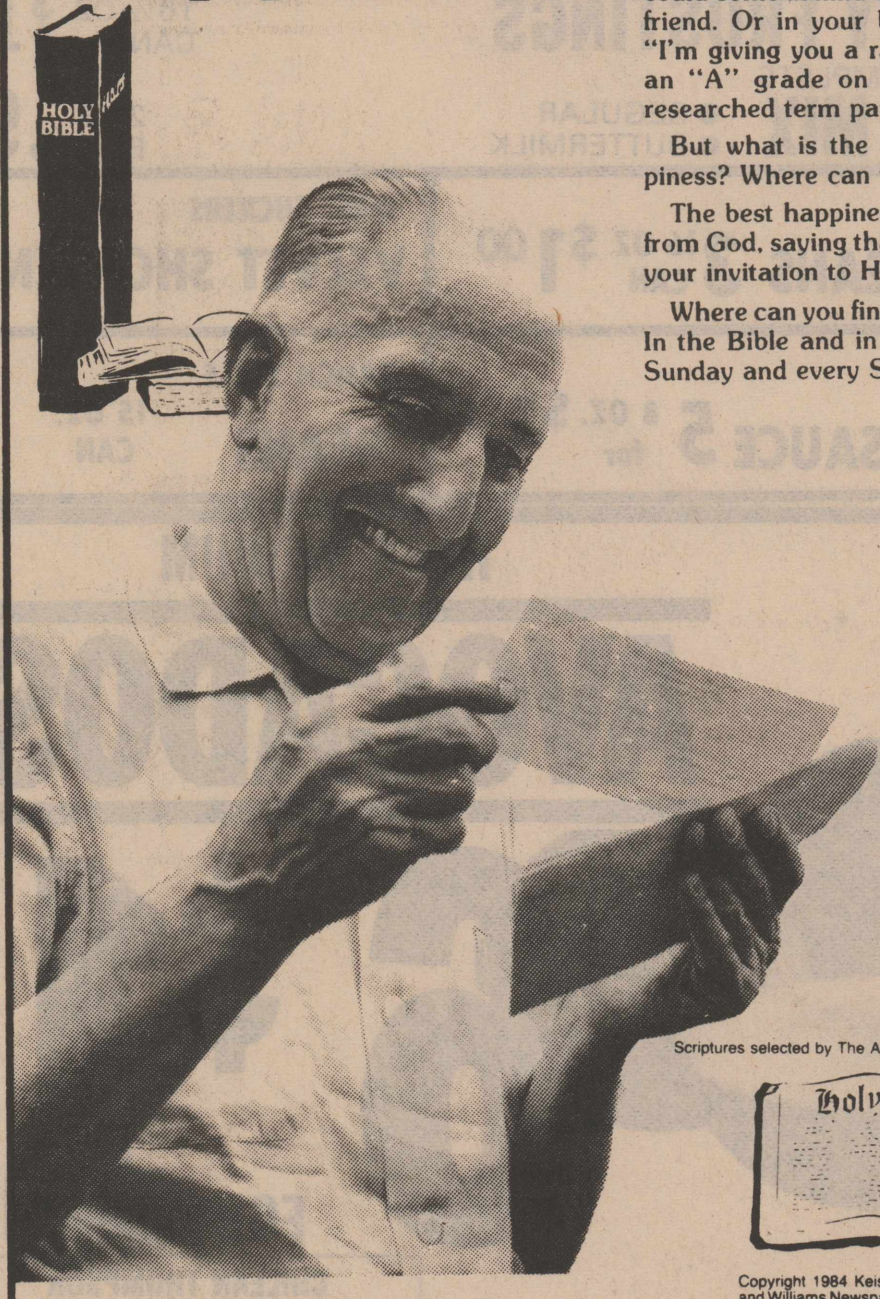
PEARLETTA MORRIS

ARLENE RULE

LUDY VARGAS

1105 AVE. A
OZONA, TEXAS
392-3706 or 392-3707
MON.-FRI. 8-8

The Many Faces of Happiness



Happy day!
Money in the mailbox!
But does it have to be money? How about a letter from someone who loves you? Or four tickets to the next World Series? Or an invitation from good friends to dinner?

And surely, good things don't have to come by mail. They could come in kind words from a friend. Or in your boss saying, "I'm giving you a raise." Or as an "A" grade on a carefully-researched term paper.

But what is the "best" happiness? Where can we find it?

The best happiness is a letter from God, saying that His Son is your invitation to His Kingdom.

Where can you find this letter? In the Bible and in church this Sunday and every Sunday.

- Sunday
1 Corinthians 7:25-40
- Monday
Matthew 4:12-22
- Tuesday
Jonah 3:1-10
- Wednesday
Psalm 25:1-22
- Thursday
Luke 4:14-30
- Friday
Zephaniah 2:1-3
- Saturday
Psalm 146:1-10

Scriptures selected by The American Bible Society



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South Texas Lmbr. Co.
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THORNTON'S SUPERMARKET

HORMEL
VIENNA SAUSAGE
6 PK. **\$2.69**



VALENTINE SPECIALS

DEL MONTE TOMATO
SAUCE



8 OZ. CANS
5 \$1.00

RANCH STYLE
BEANS



No. 300 CANS
2 75¢

OUR DARLIN WK/CS

CORN

17 OZ. **3/\$1.00**

KEEBLER ZESTA

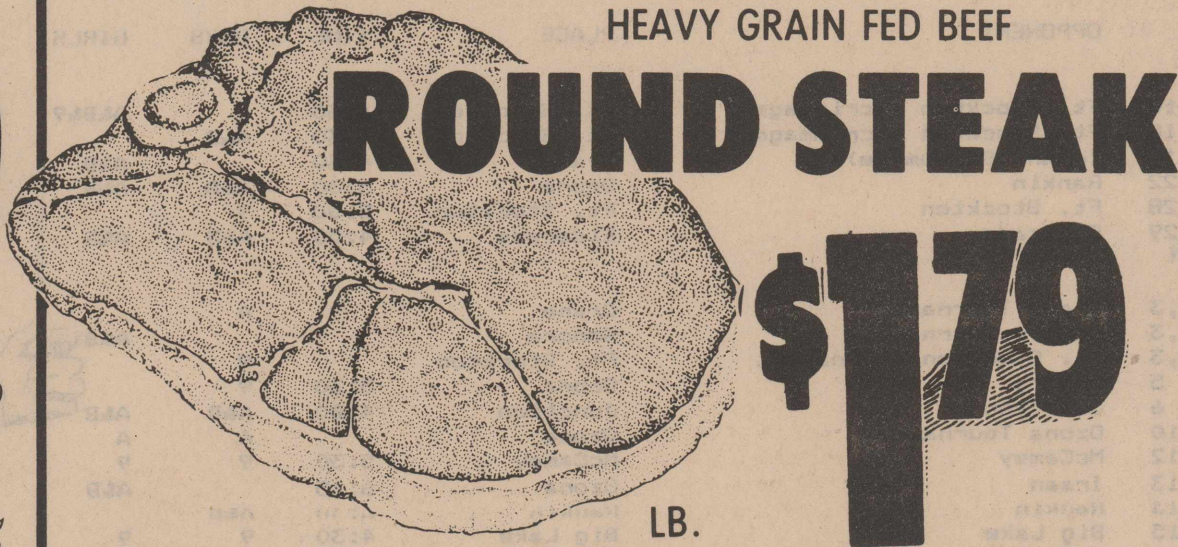
CRACKERS

16 OZ. **.89**

ALL GRINDS
FOLGER'S COFFEE



1 LB. CAN
\$1.99



HEAVY GRAIN FED BEEF

ROUND STEAK

\$1.79
LB.

PURE GRANULATED
SHURFINE SUGAR

5 LB. BAG

\$1.49

VAN CAMP
HOMINY

GAL. **\$1.69**

BEEF TRIPE
MENUDO LB. **.39**

73% LEAN GROUND

BEEF LB. **\$1.18**

SHURFINE
PINTO BEANS 4 LB. **\$1.19**

PEYTONS
CHORIZO LB. **\$1.29**

WILSON
FRANKS 12 OZ. PKG. **.88**

SHURFINE OIL OR WATER
TUNA 6 1/2 OZ. **.69**

SHURFRESH
COOKED HAM 6 OZ. **\$1.39**

HEAVY GRAIN FED BEEF BONELESS CENTER CUT
ROUND STEAK LB. **\$1.99**

HEAVY GRAIN FED BEEF BONELESS TENDERIZED
CUTLETS LB. **\$2.79**

SHURFINE
VEGETABLE OIL 48 OZ. **\$1.99**

WILSON SLICED
BOLOGNA 12 OZ. **.99**

WRIGHTS SLICED SLAB
BACON LB. **\$1.19**

25¢ OFF LABEL
REGULAR OR BUTTER FLAVOR
CRISCO SHORTENING

3 LB. CAN

\$2.29

SHURFINE
TOMATO JUICE 46 OZ. **.79**

ZEST

5 1/2 OZ. **2/\$1.00**

RED RIPE SLICERS
TOMATOES



LB. **49¢**

FRESH
GOLDEN CARROTS 1 LB. PKG. **35¢**

PORTALES MARYLAND SWEET
YAMS LB. **35¢**

CALIFORNIA RUBY RED
GRAPEFRUIT LB. **29¢**

CALIFORNIA MINEOLA
TANGERINES LB. **35¢**

SNOW WHITE CELLO WRAP
CAULIFLOWER EACH **89¢**

FRESH DAIRY SPECIALS

PHILADELPHIA
CREAM CHEESE 8 OZ. **.79**

VELVET SPREAD
MARGARINE 2 LB. BOWL **99¢**

SHURFINE
MARGARINE 1 LB. **2/.89**

FROZEN FOOD SPECIALS

BANQUET
POT PIES 3/\$1.00

SHURFRESH
ORANGE JUICE 6 OZ. **3/\$1**

COOL WHIP 8 OZ. **.89**

SHURFINE
MIXED VEGETABLES 10 OZ. **2/\$1**

PRODUCTS OF
PEPSI-COLA
6 PK. 12 OZ. CANS **\$1.49**

YOUR CHOICE
TIDE OR CHEER-\$1.00 OFF LABEL
LAUNDRY DETERGENT
\$5.99
FAMILY SIZE

THRIFTY GROCERY BUYS

FABRIC SOFTENER
LIQUID DOWNY
\$1.99
64 OZ. BTL.

POPSRITE YELLOW
POPCORN 2 LB. PKG. **79¢**
AUNT JEMIMA LITE
PANCAKES 2 LB. BOX **99¢**
AUNT JEMIMA PANCAKE
SYRUP 24 OZ. BTL. **\$1.89**

FROM OUR SHELVES

FLAKED COFFEE
FOLGER'S 13 OZ. CAN **\$2.29**

FOLGER'S INSTANT
COFFEE CRYSTALS 8 OZ. JAR **\$3.99**

HERSHEY ASSORTED
CANDY BARS 4 35¢ SIZE **\$1.00**

AUTOMATIC DISHWASHING
CASCADE DETERGENT
\$1.29
35 OZ. BOX

ON SALE THIS WEEK:
CUP
79¢
EACH WITH EACH \$5.00 PURCHASE

THRIFTY McSAVER
AT AFFILIATED FOODS INC.
MEMBER STORE

We're proud to give you more!

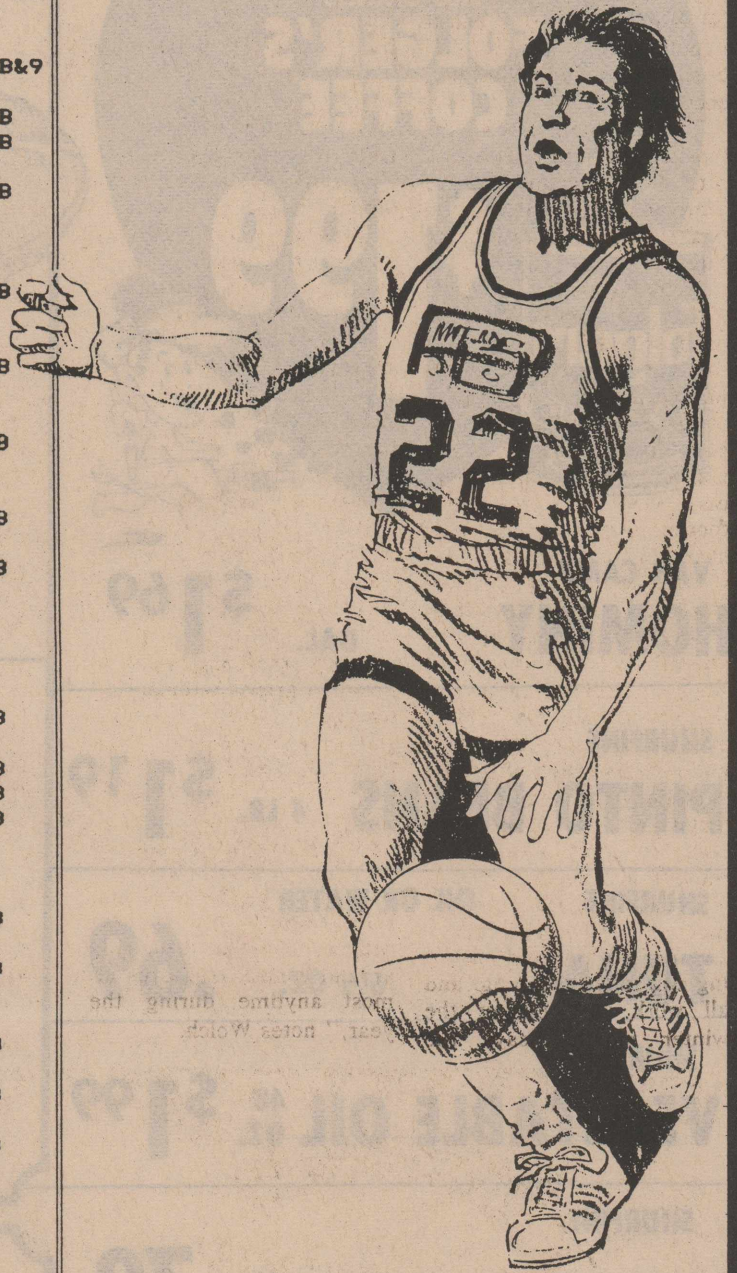
THRIFTWAY

PRICES EFFECTIVE FEB. 8-14, 1984
WE RESERVE THE RIGHT TO LIMIT QUANTITIES
WE ACCEPT FOOD STAMPS

53rd BASKETBALL YEAR

1983 BASKETBALL PREVIEW 1984

Ozona High School



OHS Basketball Schedule 1983-84

DATE	OPPONENT	PLACE	TIME	BOYS	GIRLS
NOV. 10	Ft. Stockton (Scrimmage)	Ft. Stockton	4:30		A&B&9
18	Ft. Stockton (Scrimmage)	Ft. Stockton	4:30	A&B	
18	Iraan (Scrimmage)	Iraan	4:30		A&B
22	Rankin	Ozona	5:00	A&B	A&B
28	Ft. Stockton	Ft. Stockton	5:30	9	
29	Eldorado	Eldorado	4:00	A&B	A&B
DEC. 1,2,3	Crane Tournament	Crane		A	
1,2,3	Sonora Tournament	Sonora			A&B
2,3	Ft. Stockton Tournament	Ft. Stockton		9	
5	Sonora	Ozona	5:30	9	
6	Junction	Junction	4:00	A&B	A&B
8,9,10	Ozona Tournament	Ozona		A	A
12	McCamey	McCamey	5:30	9	9
13	Iraan	Ozona	6:15		A&B
13	Rankin	Rankin	4:30	A&B	
15	Big Lake	Big Lake	4:30	9	9
15	McCamey	McCamey	5:00	A&B	A&B
JAN. 3	BALLINGER	Ballinger	6:15		A&B
3	Junction	Ozona	6:15	A&B	
5	Sonora	Sonora	5:00	9	9
5,6,7	Reagan County Tournament	Big Lake		A	
5,6,7	Eldorado Tournament	Eldorado			A
9	Ft. Stockton	Ft. Stockton	5:30	9	
10	SONORA	Ozona	6:15		A&B
12	Crane	Crane	6:00	9	9
13	COAHOMA	Ozona	5:00	A&B	A&B
17	CRANE	Crane	5:00	A&B	A&B
20	COLORADO CITY	Colorado City	5:00	A&B	A&B
19,21	Eldorado Tournament	Eldorado		B	B
23	Ft. Stockton	Ozona	5:30	9	
24	Iraan	Iraan	6:30	A&B	
27	BALLINGER	Ozona	5:00	A&B	A&B
30	Big Lake	Ozona	5:30	9	9
31	SONORA	Sonora	5:00	A&B	A&B
FEB. 2	McCamey	Ozona	5:30	9	9
3	COAHOMA	Coahoma	5:00	A&B	A&B
6	Ft. Stockton	Ft. Stockton	5:30	9	
7	CRANE	Ozona	5:00	A&B	A&B
9	Crane	Ozona	6:00	9	9
10	COLORADO CITY	Ozona	5:00	A&B	A&B
14	SONORA	Ozona	6:15	A&B	
17	BALLINGER	Ballinger	6:15	A&B	

UPPER CASE denotes District 6-AAA games

Head Boys Coach
John Curry
Ozona High School

Head Girls Coach
Terri McColloch

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Broadcast brush control works year-round

Ranchers now have an arsenal of broadcast brush control methods that can be used year-round. So the winter months are often a good time to attack brush.

"Broadcast methods include both chemical and mechanical treatments that can be effective this time of the year," points out Dr. Tommy Welch, range brush and weed control specialist with the Texas Agricultural Extension Service, Texas A&M University System.

Broadcast chemical treatments involve the use of pelleted herbicides-picloram and tebuthiuron.

Tebuthiuron pellets (Graslan 20P and 40P) are available only through Elanco Products Co. approved aerial applicators, says Welch. The pellets provide excellent control of post oak, black-jack oak, sand shinnery oak, Mohrs shinoak, Bigelow shinoak, running live oak, winged elm, whitebrush, blackbrush, creosotebush, tarbush, cenizo and whitethorn acacia.

Welch recommends the Graslan 40P formulation at a rate of 1.5 pounds active ingredient per acre or the Graslan 20P product at lower rates.

Picloram pellets (Tordon 10K and Grazon 10K) can be used for both individual plant treatment and broadcast application. They provide good control of pricklypear, huisache (small undisturbed plants), redberry juniper (cedar), Macartney rose, hawthorne, sumac, willow baccharis and whitebrush.

"These pelleted herbicides have several advantages over liquid foliar-applied chemicals," points out Welch. "Drift is minimal and the pellets may be applied over a longer period of time and a wider range of growth conditions than liquid herbicides. Also, the pellets are ready to apply and do not require mixing."

Broadcast mechanical methods of brush control include root plowing, chaining and roller chopping, and all work well during the winter months, says the

specialist. "Because root plowing is expensive, it's best used on sites with high production potential," advises Welch. "A root plow with thin blades will keep turf damage to a minimum. Root plowing is most efficient when there is enough soil moisture to allow the plow to pass through the soil with reduced resistance."

Welch suggests seeding a forage species following root plowing.

Chaining involves a heavy anchor chain pulled by caterpillars. Chaining up-roots or breaks off brush plants and is considered a temporary control because of resprouting. However, chaining may enable grasses to make sufficient growth to use prescribed burning as a follow-up treatment, says the specialist.

Chaining can also be used effectively as a follow-up to areas treated with herbicide. For example, the most effective control of mesquite may be obtained by chaining an area three years after a herbicide treatment, Welch says. This allows time for roots to die and decay.

Chaining during late fall and winter provides good results, the specialist notes, because the dormant and brittle mesquite plants break up easily. If soil moisture is high, many of the previously sprayed plants will be uprooted, thus removing the bud zone from the soil to prevent resprouting.

Roller chopping is also a temporary method of brush control because of the resprouting problem, points out Welch. However, it can reduce a brush stand to allow grass to grow. With sufficient grass growth, prescribed burning may be used as a follow-up treatment.

"With these broadcast methods of brush control—either chemical or mechanical, a brush management program may be developed around control measures almost anytime during the year," notes Welch.



By Dr. George Purvis
VP-Nutrition Sciences
Gerber Products Company

Q. How can I be sure my infant is getting enough iron?

A. It's good that you recognize the importance of iron as a nutrient in your baby's diet. The body uses iron in forming hemoglobin, which carries oxygen in the bloodstream to all body tissues. Iron is needed throughout life, but the need is strongest during times of rapid growth, such as the first years of life.

Most babies are born with stores of iron received from the mother that usually are sufficient for the first months after birth. By three or four months of age, though, these iron reserves begin to diminish, and additional iron is needed. Premature infants need supplemental iron even earlier; supplementation should begin no later than two months of age.

For breast-fed babies, the best source of additional iron is iron-fortified infant cereal. Infant cereals are designed to be easily digested, and provide a form of iron that is readily absorbed by babies. For formula-fed infants, parents should select a type of prepared formula that is iron-fortified. Iron-fortified infant cereals may be used as well.

For both breast-fed and formula-fed babies, two portions of iron-fortified, dry infant cereal per day, of about two or three tablespoons each, provide a sufficient amount of iron to meet growth needs. Cereal may be mixed with a variety of liquids—mother's milk, formula, fruit juice or water. Mixing the cereal with Vitamin C-fortified infant fruit juice is a particularly good idea, as the Vitamin C in the juice aids in iron absorption.

To help ensure your baby receives adequate iron in those crucial first years of life, iron-fortified infant cereals should remain on baby's menu through at least age two. Also, as your baby grows and is introduced to other foods, be sure to include iron-rich baby foods such as egg yolks, meats and vegetables.

Medicare to see more major changes in 1984

Legislation passed in 1983 will make major changes in Social Security Medicare benefits payable to hospitals.

Starting October 1, 1983, a prospective payment system for Medicare hospital inpatient costs has taken effect.

Under prospective payment, Medicare payments for 467 hospital procedures, or diagnosis-related groups, will be paid based on a fixed amount established in advance by the Social Security Administration. This payment from Medicare will be considered full payment, and the hospitals are prohibited from charging beneficiaries more than the fixed amount combined with the deductible and their coinsurance.

This prospective payment system applies to all hospitals who participate in Medicare except children's hospitals, rehabilitation hospitals, hospitals outside the United States, and psychiatric, long-term care hospitals.

Another provision of the prospective payment system specifies that non-physician services and items furnished by the hospitals to inpatients must be billed to Part A of Medicare, the hospital insurance. These items cannot be billed to Part B, the supplemental medical portion of Medicare.

This prospective payment system for Medicare will be phased in to hospital payments over the next three years.

In fiscal year 1984, hospitals will be able to bill Medicare for twenty-five percent of the established rate specified by Social Security and seventy-five percent of the hospital's specified rate.

In fiscal year 1985, the hospitals can bill Medicare for fifty percent of the Social Security established rate and fifty percent of their own specified rate. In fiscal year 1986, billing will be at seventy-five percent of the Social Security prospective payment and twenty-five percent of the hospital's specified rate. In 1987, hospitals will only be able to bill at the

Ozonan on Tarleton honor list

Students making the A and B honor rolls and the Distinguished Students list totaled 775 for the 1983 fall semester at Tarleton State University, according to Dr. Robert C. Fain, Vice President for Academic Affairs.

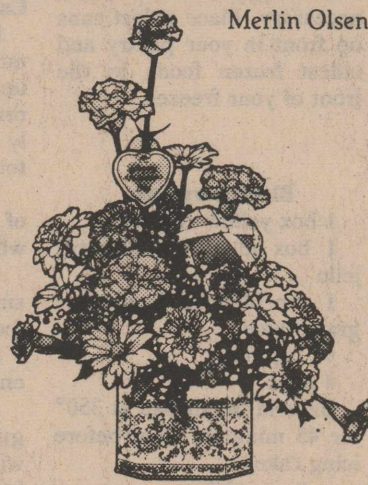
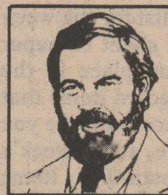
Molly Womack of Ozona was on the B honor roll.

Students listed on the A honor roll must have a 4.0 grade point ratio (GPR) on the 4.0 system and be taking

a minimum of 12 hours. Students on the B honor roll must have a grade point ratio between 3.00 and 3.99 with no grade lower than B and taking a minimum of 12 hours. Freshman and sophomore students who have a minimum GPR of 3.25 with no grade lower than C, and junior and senior students who have a minimum GPR of 3.50 with no grade lower than C in good standing are designated "Distinguished Students."

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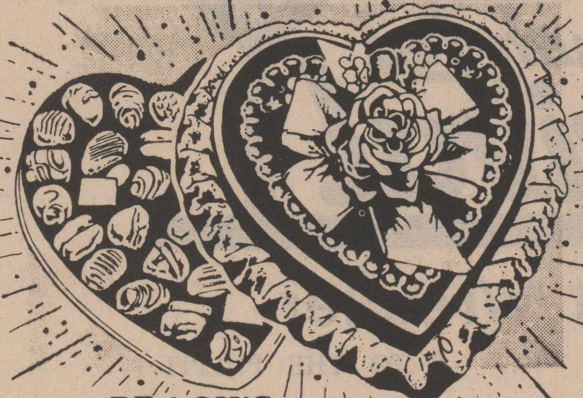
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Extension office news
By Rachel Hall

Entering a supermarket without a shopping list is almost like entering a battle without proper armor. It is not by accident that stores place their temptations where you are prone to impulse buying. One shopping trip a week should be enough if you have sufficient refrigerator-freezer storage space in your home.

Build your list for the week by keeping a sheet of paper in a prominent place in the kitchen and record items that must be replaced. Before you go to the store, add a week's supply of main-dish items which may be necessary during the next week.

Shopping for your family's protein or grocery needs need not bankrupt you. Read newspaper ads for special sales; clip money-saving coupons and use only those you need.

When shopping for food, expect to stay on top by expecting freshness in the food you buy. Read expiration dates. If you find outdated food offered for sale, complain to the store manager. Check back later to see if action has been taken.

Buy only what you can

store and use in a reasonable length of time. When you get home, open packages of fresh food to check for offensive odors or other signs of staleness, regardless of the date stamped on the package. If you find obvious signs of spoilage, make an effort to return the package to the store manager in person.

Remember to rotate your stored foods and date them if necessary. Place oldest cans up front in your pantry and oldest frozen foods in the front of your freezer.

Blackberry Cake

1 box yellow cake mix
1 box (3 oz.) blackberry jello
1 cup blackberry wine or grape juice
1/2 cup oil
4 eggs
Bake in bundt pan at 350° for 45 minutes. Cool before icing cake.

Icing

1/2 cup powdered sugar
1/2 cup wine or grape juice
1 teaspoon oil
Combine well and pour over cake after it has cooled.

Dietary guidelines to lower cancer risks

The American Institute for Cancer Research published recommended dietary guidelines based on the findings of research studies that suggest a link between diet, nutrition and cancer.

These guidelines are closely patterned after the National Academy of Sciences report, **Diet, Nutrition and Cancer**. They are:

• Reduce the intake of dietary fat—both saturated and unsaturated—from the current average of approximately 40% to a level of 30% of total calories.

• Increase the consumption of fruits, vegetables and whole grain cereals.

• Consume salt-cured, smoked and charcoal-broiled foods in moderation only.

• Drink alcoholic beverages only in moderation.

According to AICR, these guidelines are consistent with good nutrition and adherence to them may also reduce the risk of developing cancer.

"The relationship between diet and cancer is being investigated by many cancer researchers," said Dr. T. Colin Campbell, the senior science advisor of AICR and an experienced researcher in the field of nutrition and cancer. "The evidence of a link is sufficiently persuasive that the NAS has proposed interim dietary guidelines. We believe the American public needs to be aware of both the scientific research in this area and the findings that have been discovered so far," he said.

The basis for the guidelines is scientific research that shows that a balanced nutrient intake achieved through the consumption of moderate amounts of a variety of foods and not through the use of vitamin and mineral supplements may inhibit the development of some chemically caused cancers.

According to these guidelines, such nutrients and food constituents as Vitamins A, C, E, dietary fiber, beta carotene, and selenium have been shown potentially to inhibit cancer when consumed at levels found in a balanced diet. It is important to note that excessive

consumption of certain of these substances, especially selenium, can be toxic.

The guidelines also explain that while many people have reduced their consumption of saturated fat, they have not reduced total fat intake. Research has shown a link between total fat intake and the incidence of cancer, especially cancer of the breast, large bowel, and prostate.

Research has also shown a link between excessive consumption of salt-cured, smoked and charcoal-broiled foods and cancer. Dr. Campbell says that few Americans are likely to be at risk from this, however, because of American dietary habits and controlled food processing procedures.

High alcohol consumption affects cancer risk because consumption of "empty" calories in alcoholic beverages reduces the intake of nutrient-rich foods. High consumption of alcohol may also be associated with the development of liver cancer. Combined with cigarette smoking, high alcohol consumption also increases the risk of certain cancers.

The American Institute for Cancer Research was founded in 1981 to raise funds to support scientific research and education in the area of diet, nutrition and cancer. AICR is headquartered in Falls Church, Virginia, a suburb of Washington, D.C.

Care Center Memorials

Doris Hull for Frances Borrego

Mr. and Mrs. Van Miller for Joe Tom Davidson, Ada Pierce and Tom Ed Montgomery.

Mr. and Mrs. J. McCartney for the aunt of Pat Cain, the mother of John Babb, and Tom Ed Montgomery.

Memorials Chairman Ann McCartney

PHONE NEWS TO THE STOCKMAN.

Varsity girls lose runaway

The Girl's Varsity basketball team lost to Coahoma 49-80 in a very physical game last week. The team had a slow start in the first but were only outscored in the second half by six points. The highlight of the game was the team's free throws. The Lionettes made 23 out of 44 from the line, 69.8%. This was their best percentage for the year and very good.

Sherri Buckner had an outstanding game on offense and defense, as well as her usual hustling effort. Sherri had 26 points on the night (she was 12 of 16 from the freethrow line, shooting 75%), and 9 rebounds. Lydia Maldonado had six points and 2 rebounds. Vanessa Miller had 6 pts., 5 rebounds and 7 assists. Christy Parks had 4 points, 6 rebounds. Kristal Williams, 3 points 7 rebounds. Donna Sanchez had 2 points, 3 rebounds and 2 assists. Julie Reager had 2 points and 2 rebounds. Zeldamunoz was in foul trouble the entire game so she didn't see much playing time but had 1 rebound.

The Junior Varsity girls lost to Coahoma 20-21. High point for the J.V. was Esme Borrego with 12, Vickie Reager 3, Alma Gutierrez 3, and Camille Davidson 2. Rebounds for the Lionettes were Alma with 8, Camille 5, Esme 4, Vickie 4, Missy 3, and Amy Jones had 1. The team had 19 steals on the game, Esme had 10, Camille 5, and Amy and Alma had 2 each.

The Varsity and J.V. finish their season this Friday, February 10, in Ozona at 5:00 against Colorado City.



A ten gallon hat, when filled, can actually only hold 3/4 of a gallon.

Youth led meeting to start at First Baptist

Reverend Ted Turnley, minister of religious education and youth announced that First Baptist youths will have a Youth-Led Revival beginning Friday, February 10 at 7:30 p.m. and will run through Sunday night, February 12.

Tommy Phelps of Amarillo will be the evangelist. He was a professional wrestler for 17 1/2 years before being converted to Christ. He wrestled as "Nature Boy," with hair bleached blonde, wore fancy robes and capes. He wrestled in almost every major city in the United States, plus several foreign countries.

Music leader during the revival will be Nelson Datson from Alpine. He graduated from Permian High School in Odessa in 1968. He received a Bachelor of Music Education degree from Howard Payne University in Brownwood majoring in trumpet. He earned a

Rankin Art Show set

The Rankin Art Association will hold their fifth annual arts and craft show in March. Entries will be accepted Thursday, March 8, from 9:00 a.m. to 6:00 p.m. Judging will be the morning of March 9 from 9-12. Public display will be March 9 from 1 to 6 p.m. and Saturday, March 10 from 9 a.m. to 3 p.m. Entries may be picked up Saturday from 3 to 4 p.m. Cash awards and ribbons will be given.

There will be a \$3.00 per entry fee for members and a \$5.00 per entry fee for non-members, children free.

Judging the art division will be Stanley Marcus from U.T.P.B. The craft division will be judge by Dana Hutnyak. The event will be held at the Rankin Park Building. For more information contact Ann Kelley at 693-2867 or Jo Wollman at 693-2868.

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Rev. Tommy Phelps Evangelist

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The Scientists Tell Me...

New High-Tech Beef Production Systems Vital To Improving World Food Supply

By Robert L. Haney
TAES Science Writer

"High technology beef production systems can make tremendous contributions to the world's food supply in terms of stability, quantity and quality if there is widespread application of current knowledge and research advances," according to Dr. Lowell Schake, professor of beef cattle nutrition at Texas A&M University.

"Because there are large and increasing numbers of people in the world that are either hungry or malnourished, there have been questions raised about the morality of feeding grain to livestock and even whether we should raise livestock at all.

"Cattle and other livestock increase the supply of food for humans by consuming resources that otherwise would contribute little to feeding of people. Cattle and other ruminants can digest and convert to protein, many materials that are totally unsuited to human consumption."

"These resources include forages from grasslands, range, browse, plus animal and plant by-products, including crop residues and coarse grains. Two-thirds of the world's agricultural land is utilized for pastures, ranges, and meadows. And much of it is suitable for little else."

"It has been estimated that on the cultivated land, almost half of the total digestible energy of the plants remains in the field following harvest. Much of these plant residues may be salvaged by ruminants."

"Techniques to improve the utilization of these resources in production of beef is of fundamental importance to enhance the diets of humans. And the challenge is tremendous," says Schake, who is heavily involved in such research for the Texas Agricultural Experiment Station.

"For example, the present animal output of beef per head of cattle in countries containing the poorest one-third of the world's human population is less than one-tenth that of the output of the wealthiest one-third.

"But this is true of their crops and other forms of productivity, not just livestock. Much of the soil is poor and abused; water is often deficient; insect and disease control almost unknown; and harvesting and storage methods both primitive and wasteful."

"Such countries need help across the board, including better management and utilization of livestock. And even though beef producers in this country do a good job, use of high technology developed by research can help increase their efficiency, improve their profits, and keep them in business."

"New high technology beef production systems seem destined to emerge wherever the economic incentive exists. Four major research areas may be the key to increased productivity of beef at a competitive, profitable price; they are: 1) the efficient use of cultural energy in production of beef; 2) enhanced rates of beef cattle reproduction; 3) a more comprehensive understanding of the growth process; and 4) improved techniques of harvesting, processing, and storage of feeds for cattle."

"Cultural energy, (gas, oil, electricity), is used throughout the beef production cycle from the ranch to the consumer. Current cost and supplies of cultural energy have increased the need for scientists to re-evaluate this critical area."

"One study has indicated that if absolute minimum amounts of cultural energy were applied to the production of beef, our national beef supply would decline to one-half of present levels, which would greatly increase the cost of beef to consumers."

"More acceptable alternatives under study are directed at less energy intensive systems of processing feeds, carcass fabrication, and even the use of some by-products, such as stovers and manure, to generate methane as a source of energy for beef production systems."

"Selection of certain breed-types of cattle will become an important factor in matching available feed and energy resources to produce acceptable lean beef."

"Reproduction in beef cattle today averages about 70 percent as a result of application of scientific concepts. That's much better than the less than 50 percent in the early years of this century but still unacceptably low."

"At the 70 percent rate, three out of ten cows are non-paying boarders. To help remedy this, scientists have been investigating a class of compounds referred to as inophores. Inophores have been widely used in poultry production for several years but it was only recently discovered to be an aid in improving digestion of feeds in cattle."

"Heifers fed inophores become sexually mature at young ages while cows rebreed earlier and more consistently with less feed."

"Other techniques, which will improve the efficiency of producing protein with beef cattle, include improved pre- and post-calving nutrition of calves, the possible use of growth hormone and related compounds to stimulate milk production for calves, and related herd management health practices."

"Growth and development of cattle is another important research area that producers can capitalize on. Consumers today want leaner cuts of beef, and scientists are attempting to identify cattle breed type and feeding systems to accomplish this goal."

"New growth promotants and more controlled feeding systems for stocker and feeding cattle are important factors. Research data indicate that feedlot cattle will gain more efficiently in the future than the 7 pounds of ration required per pound of live-weight gain achieved today."

"A more complete understanding of protein and energy metabolism, rumen fermentation, and tissue-protein production will each contribute to more efficient production of lean beef."

"Feed processing research is another payoff area. In order to maintain a uniform quantity of beef available through-out the year, cattlemen must have techniques to store large amounts of feed to maintain efficient year-round production."

"Silages treated with anhydrous ammonia accomplish this need while also improving energy digestibility and increasing the crude protein content of the silage."

"Grain processing techniques that require less than current amounts of cultural energy are under investigation and hold promise of allowing feed grains to more efficiently contribute to production of beef."

"The amount of feed grains fed with roughages and the sequence in which these feeds are offered to cattle has also been found to influence the feed efficiency of cattle."

"These and related concepts indicate that cattle will require less feed and less time in the future to obtain acceptable slaughter weights by continuing in the direction of producing an acceptable food item for consumers at a reasonable cost," Schake concluded.

"Points determine S.S. benefits

Both employees and self-employed people can earn Social Security credits, commonly referred to as quarters of coverage. A certain number of credits are needed for a person to qualify for Social Security benefits.

For 1984, a person who works in Social Security-covered employment earns one quarter of coverage for every \$390 of covered earnings, up to a maximum of four quarters for the year. The amount of covered earnings required for a quarter of coverage changes automatically each year in accordance with changes in the average wage levels.

Somewhat different rules apply to domestic workers and to farm workers. All of the earnings of a domestic employee who works in a private household are covered for Social Security if he or she is paid at least \$50 in cash by a single employer during a 3-month calendar quarter.

All of the earnings of a person who works on a farm, including someone employed as a domestic, are covered for Social Security if he or she is paid at least \$150 in cash by a single employer during the year, or if the person is employed by the farmer at least 20 days during the year for cash pay figured on a time basis (hour, day, week, month, etc.), regardless of the amount of pay.

Domestic and farm workers also earn one quarter of coverage for each \$390 of covered annual earnings, up to a maximum of four quarters for the year.

Similarly, a self-employed person earns one quarter of coverage for every \$390 of net income from self-employment, also up to a maximum of four quarters for the year. In general, net earnings must be \$400 or more to be covered for Social Security. Information about exceptions to this rule may be obtained from the San Angelo Social Security Office

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Birthmarks harmless but some unattractive

From the Texas Medical Association

Many people consider a small birthmark a "beauty mark." For others, this area of discolored skin can be large and unsightly.

The Texas Medical Association says about a third of all babies have a birthmark when born or soon after. Many birthmarks disappear gradually in the first years of life, but some remain permanently unless surgically removed.

They are generally harmless but can be unattractive.

Birthmarks fall into two major categories. A nevus is a collection of tiny blood vessels in the skin. A pigmented spot is a discoloration on the skin's surface.

Nevi are divided into three groups. A port wine stain is a purplish-red area, often large and sometimes raised, that usually occurs singly on the face, hands, or legs. Although it might fade a little, it usually remains into adult life.

A second type is the capillary nevus, a pink to pinkish-brown flat area found on many babies at birth. These marks usually disappear within a year and a half.

The third kind is the strawberry nevus, a bright red, raised area that can reach 4 inches in diameter. It grows rapidly shortly after birth but then increases in proportion to the baby's growth. After about 6 months, the strawberry nevus usually begins to go away and commonly disappears by the child's third birthday.

The other major kind of birthmark is the pigmented spot, a flat, brownish, irregularly shaped patch. In most cases, only one or two of these spots occur in an area, but they can be large and numerous. Usually permanent, they are sometimes referred to as "beauty marks."

As noted previously, many birthmarks disappear on their own. Others are so small or concealed that they are of no consequence.

Unattractive birthmarks that persist can be dealt with

through plastic surgery and other procedures when the child reaches at least age 3. The argon laser has been successful in certain cases. Some people find a special skin-colored cream from a pharmacist to be satisfactory in covering a birthmark.



Although we know much about Socrates and his sayings, nothing survives of his writings. Much of the information we have about his life and teachings comes from the writings of others of his time.

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Crockett County Care Center News

BY ANN McCARTNEY
DIRECTOR OF ACTIVITIES & SOCIAL CARE

We began this past week with a residents council meeting. The February calendar of events was discussed and decisions were made by the residents concerning the details. This was followed by guest speaker Judge Troy Williams giving our residents information on voting during this election year. He also introduced us to his daughter, Ozona's newest lawyer Kate Mayfield and her daughter Martha. We appreciated Judge Williams giving of his time for this event.

Another person who also gave free time recently was Jorge Briones, manager of Perry Brothers. He repaired our aquarium, once again! Thanks.

And, speaking of the aquarium, Billie Whatley, our faithful fish feeder found she had some new mouths to feed Thursday morning. Thanks goes to whomever made the donation.

Tuesday morning's bingo winners of the El Chato dinner for two gift certificate were Alice Ross and Minnie Karr. Nineteen residents played and we had five volunteers including Sue Linticum who brought donuts for everyone. Such a nice treat!

Valentine decorations went up this week. Seems like our holidays are all flying by, as usual.

Wednesday morning's ceramic class was led by Ruth Hester and Marie Pierson. Eight residents participated.

Wednesday afternoon Lynda Falkner gave a very interesting program on make-up and color analysis. It is good to have volunteers who will come and do something a little different.

Thursday morning's beauty shop was manned by Lola Rios and Arlene Clayton.

Thursday afternoon we used the book, *Hymns of Faith*, by Nathanael Olson, for our Bible study.

After supper on Thursday the Young Baptist ladies came by with cookies and visited. This was followed by a performance given by the Beard Band of Big Lake. A clapping, foot tapping good time was really enjoyed by twenty-five residents. Jacqueline Beard nearly stole the show at times, though. This young daughter of Joy and Bruce Beard really enjoyed hearing the music of her father, her grandfather Charley, Jimmie and W.D. Smith, and Bill Dane. Also attending were Ricki Dane, Joy Beard and Dean Beard.

Friday morning there was once again popcorn and a good bingo game. Overall winner for the week was Bertha Miller with a gift

certificate from Clayton's Village Drug. Second place winner was Jesus Hernandez. Twenty residents played. Volunteers included Amalia Lumbreras, Elodia Zapata, Anna Bell Patrick, Mattie Cooper, residents Alice Ross and Maude Pettit, and caller Virginia Bishop.

Friday afternoon residents Juana Hernandez, Tomasa Ramos, Alice Ross, Hilda Dysart, Nina Mayfield, Nila Turnell, Maude Pettit, Ola Mills, Billie Whatley, Moriana Perez, and Minnie Karr joined in the first session of the making of Valentines for their fifth grade "adopted grandchildren."

First Sunday church services were brought by eight members of the Lillian Henderson Sunday School Class of the United Methodist Church.

Dominoes on Monday morning were played by Paul Cavin, Nila Turnell, Maude Pettit and Ola Mills.

Thanks goes this week to the Crockett County National Bank for sending cakes and brownies left over from their Open House and to Clara Byrd who brought some of her homemade jelly and Pat Wood who donated an afghan.

Spoken words more important than written

Anyone trying to prepare for the technology of the not-too-distant future could take a few tips from the balladeer of yore, says a Texas A&M University educator.

When talking computers and teleconferencing via wall-sized television are part of every home and office, people will once again have to learn how to express themselves clearly through the spoken rather than the written word, says Dr. Phil West, professor of educational administration.

"Most people today don't speak well, but we talked our stories out long before we learned to record them. People were the transmitters," West said. "What if television had been introduced at the balladeer's campfire? Would we ever have gone into books?"

Speaking or articulating is one of five "techno-basics" West believes people must master to be successful in tomorrow's technological society.

Public schools and universities should begin to think about training students to express themselves comfortably through speech, he said.

Consumers concerned about salt in their diets

Today's consumers are becoming more concerned, but not necessarily more informed about salt in their diets than they were a few years ago, says a Texas A&M University Agricultural Extension Service nutritionist.

A 1983 A.C. Nielsen survey conducted for the grocery industry shows that of the 75 percent of consumers who read ingredient lists on food products, 40 percent of them do so to avoid salt or sodium, says Dr. Alice Hunt. This compares with 14 percent who read labels to avoid salt in 1978.

While more people are trying to avoid salt and sodium, many are confused about the relation between them, she says. Only 29 percent of those polled in the survey were aware that salt and sodium are different.

Sodium is a mineral that is essential to life because it helps maintain a balance in body fluids. Sodium occurs naturally in nearly all plants and animals we use as food. In addition, some medicines and water contain sodium, explains the nutritionist.

Table salt is one form of sodium--sodium chloride to be exact. A teaspoon of salt is about 40 percent sodium and 60 percent chloride.

A large majority--87 percent--of the shoppers surveyed favored sodium labeling, says Hunt. But 52 percent indicated the labeling would be more useful if they understood it better.

"The biggest problem for most consumers," she says, "is that they may not understand milligrams per serving or how it relates to their own daily needs."

To really watch your salt intake, you need to know that the recommended intake of sodium for adults ranges from 1,100 to 3,300 milligrams per day. One level teaspoon of salt contains about 2,300 milligrams of sodium.

One recent study of U.S. eating habits conducted by the Agricultural Research Service's Human Nutrition Center, found that men in the 21-35 age group are consuming about 600 milligrams more, and men in the 36-49 age group about 100 milligrams more than the recommended amount of sodium. Women and other age groups were within the recommended range, reports Hunt.

Since there are sodium containing compounds in many of today's processed foods, reading labels for sodium content is probably a good idea for everyone, she advises.

But for a majority of people extra sodium is not a serious problem, notes the specialist, because only about 15-20 percent of the pop-

ulation are sodium sensitive and cannot get rid of large amounts of the mineral. It stays in their body tissues and holds extra water which leads to the development of high blood pressure.

The four groups most at risk of hypertension, or high blood pressure, need to restrict sodium, says Hunt. These include persons with chronic renal (kidney) disease, people with hypertensive parents, individuals over 50, and certain racial groups such as black males, 50 percent of whom develop high blood pressure.

4-H boosts leadership skills

The best way to learn leadership is to lead.

4-H offers young people many opportunities to lead as well as to study leadership skills, says Billy Reagor, county 4-H program coordinator with the Texas Agricultural Extension Service.

4-H'ers suggest five steps that can be taken to be a good leader:

Study the qualities of recognized good leaders. Observe their actions and techniques of leadership.

Study yourself, picking out your weak and strong points. Capitalize on strengths and minimize weaknesses.

Develop yourself as a good follower. You will learn that someone who cannot obey, cannot command.

Learn as much as you can about groups in general and what "makes them tick." Make sure you really understand your group.

Follow a definite plan of training and improvement in leadership. Develop skills in communications, management and decision-making. Be prepared when the leadership opportunity comes along.

Effective leaders usually have a desire to achieve goals, to serve others and to leave things better than they found them, notes Reagor.

However, leadership is a function, something that is done; it is not just a group of personality traits.

4-H offers leadership training as well as leadership in action. Get in on the action; join 4-H, says Reagor.

ADVERTISING SPACE must be reserved by Monday morning for publishing in the Wednesday edition of the Stockman. 41-nc

Cafeteria Menu

- Monday**
Spanish Steak
Mashed Potatoes
Vegetable Salad
Pear Half
Cornbread
- Tuesday**
Hamburger on Bun
French Fries
Lettuce, Tomatoes, Pickles
Applesauce
- Wednesday**
Chili
Pinto Beans
Cole Slaw
Peanut Butter Cookies
Cornbread & Crackers
- Thursday**
Chicken Nuggets & Gravy
Mashed Potatoes
Buttered Peas
Peach Slices
Hot Rolls
- Friday**
Baked Turkey
Mashed Potatoes
Green Beans
White Cake
Hot Rolls



The normal adult takes about 16 breaths a minute when awake, six to eight when asleep and as many as 100 under stress.

True Value
HARDWARE STORES

TOOL VALUE OF THE MONTH

3.29
While Supplies Last

16-Oz. Nail Hammer
Claw hammer with high-carbon steel head, hickory handle. 3-16-HFN
Quantities Limited

True Value
HARDWARE STORES

BARGAIN OF THE MONTH

7.99
While Supplies Last

Heating Pad
Sponge included for moist heat. Three heat settings, "on" light. 1819
Quantities Limited

True Value
HARDWARE STORES

HARDWARE VALUE OF THE MONTH

4.44
While Supplies Last

Enamelled Wood Toilet Seat
Dial-On™ hinges for easy installation. Choice of decorator colors. 40DCMX
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South Texas Lumber Co.
1308 Ave. E. 392-2634

Cubettes lose to Big Lake

Monday, February 6, the Sixth and Seventh Grade Cubettes played their final game of the season against Big Lake, losing by a score of 15-19.

Scoring points for the Cubettes were Polly Villarreal with 9, Katy Cameron 4, and Patty Sanchez 2. Patty Sanchez led all rebounders with 5 and Polly Villarreal had 4 steals.

The Cubettes had a very successful season with an overall record of 12-3. They won first place at the Ozona Tournament, third place at the McCamey Tournament and consolation at the Crane Tournament.

"I think this group of girls have a very good future in basketball. They are a very dedicated group of young ladies and they will succeed at anything that they try," stated Coach Sessom.

PHONE NEWS TO THE STOCKMAN.

Bringing the World to You.

Now you can receive over 80 channels on your own TV with the Apollo X10.

Don't be limited to watching what you are presently receiving on your television set. The Apollo X-10 antenna from National Microtech brings you sports, movies and much more from around the nation... by direct satellite transmission.

Chances are, we can install an Apollo system for you this weekend. Our prices start under \$3000, and our equipment is world class. Apollo systems... you can't stay home without us.

If you are interested in buying APOLLO, the world's best satellite systems, give us a call today.

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We have a Special Collection of new and different Valentines for your Special person

"Folk Art" Wooden Tulip Baskets

Imported Valentine Containers

"Heartbeat Jars" filled with candy

"Cracker Gill" Necklaces
are in - perfect new and exciting gift for a girl in your life.

Valentine Boy of Gourmet Coffee
for the man in your life.
Larger food baskets also available.

"Teacher's Painter's and Pencil Holders"
perfect for any teacher - you wish to remember.

Silk Tulip Arrangements

Loveable Valentine Teddy Bears

New Shipment of "Country Diary Lady"
Both products - Makes a nice basket or wonderful as single gifts.

Heart Shaped Grapevine Baskets

New Shipment of "Stickers by the Yard"
new items - ideal for any child on your list.

Our selection is endless for your Valentine. Come by and look us over.

Since our new shipments are in its time to add to your "Wish List" we keep on file, or if you haven't had time it's time to start a card!

GREAT DINING

Sunday Buffet

Serving starts at 11 a.m.

Steamboat Round Roast

Crown Pork Roast
With Dressing

Corn Mexicali

Broccoli

Mashed Potatoes

All Served with Delicious Dessert and Salad Bar

\$ 5.45

Children under 12, 1/2 price

Ozona Steak House

Ozona Inn of the West

Drought, freeze have impact on food prices

For most consumers far from the farm and ranch, the impact of the 1983 summer drought and winter freeze will be measured at the grocery store.

"Since the impact on food prices may come later than consumers expect, planning ahead can save dollars this year," says Dr. Dymple Cooksey, a foods and nutrition specialist with the Texas A&M University Agricultural Extension Service.

The drought will affect consumers almost exclusively through meats and poultry, especially beef, she says. Higher feed costs and shrinking margins for producers will probably mean some reduction in meat supplies, and higher meat prices in the last half of 1984 and into 1985.

In the meantime, beef supplies and prices remain steady and attractive, because producers responded to reduced returns by sending more animals for processing last fall and winter, explains Cooksey.

Economists expect this picture to continue for the next few months, but supplies will tighten by summer. "Now is an excellent time for consumers to purchase and freeze beef," she says.

A similar situation exists with pork, adds the specialist.

The winter freeze has taken its toll on citrus and fresh vegetable prices, says Cooksey. According to the United States Department of Agriculture, prices have moved up this month, even on commodities from areas not affected by the freeze.

The produce supply may be seriously disrupted for another month, since the tomato crop was wiped out in Florida and Texas and other tender crops, including peppers, squash, cucumbers, lettuce and even cabbage were affected, she says.

"Wise shoppers will change their buying habits to minimize the effect of the freeze on their family food costs," says Cooksey.

Although fresh citrus from Florida and Texas are available, greater quantities of California and Arizona oranges and grapefruit are being shipped. "But buyers should avoid panic overstocking on citrus if they want to avert further price advances," she cautions. Fortunately, apples and winter pears continue in good supply, and consumers may find better buys in canned or frozen fruits and vegetables.

Food prices will probably rise in 1984, but not all of that increase should be blamed on the weather, says the specialist. In any given year, food prices respond to many factors including inflation, domestic and foreign demand and stocks on hand, she notes.

"Consumers should remember that farm prices are usually not the major component in the food price picture, especially since processing and marketing costs make up about 70 percent of retail prices," explains Cooksey.

ATTENTION ADVERTISERS: Please reserve space for advertising before noon Monday. Copy must be in before noon Tuesday.

GREAT AMERICAN COOK-OFF

Treat Your Family To A Prize-Winning Pizza



If you've never heard of Pizza Burrito Mexitalian, you're in for a real treat, thanks to Julie Anderson, a 21-year-old college senior from Bristol, Virginia, who parlayed less than \$10 worth of groceries into a \$20,000 pizza, winning first prize in the 1982 Chef Boyardee Pizza Cook-off.

What goes into a recipe worth \$20,000? Julie thinks it was the hot and spicy cuisine of Mexico which gave her pizza the winning edge. A unique combination of Italian and Mexican cookery, Pizza Burrito Mexitalian mixes chopped green chiles right into the unbaked pizza dough. It's topped with refried beans mixed with chili seasoning mix, hot pepper sauce and chiles, then drizzled with pizza sauce and sprinkled with cheddar and parmesan. Browned ground beef, green peppers, chopped onions, fresh tomato pieces and ripe olives complete the unforgettable—ever so edible—extravaganza.

PIZZA BURRITO MEXITALIAN

- 1 package (15 3/8 oz.) Chef Boy-ar-dee Complete Cheese Pizza
- 1 can (4 oz.) chopped green chilies, drained well
- 1 can (16 oz.) refried beans
- 2 tablespoons chili seasoning mix
- 1/4 teaspoon hot pepper sauce
- 8 ounces grated cheddar cheese

Preheat oven to 425° F. Prepare dough according to package direction; mix 1/2 can of green chilies (2 tablespoons). Combine refried beans, chili seasoning mix, hot pepper sauce and remaining green chilies.

TOPPING

- 1/2 pound ground beef
- 1 onion, chopped
- 1 green pepper, cut into strips
- 1 medium tomato, chopped
- 3/4 cup sliced ripe olives

Brown the ground beef; drain. Add chopped onion, green pepper strips, tomatoes and ripe olives; heat gently for 3 minutes.

Grease one 13" or 14" pizza pan or one 12 x 14" cookie sheet. Grease fingers well. Place dough in the center of pan. Spread dough to form 10" x 14" rectangle on cookie sheet or spread to edge of pizza pan. Pinch up sides of dough to hold sauce. Spread refried bean mix over dough; top with pizza sauce from package. Sprinkle with grated cheese from package and grated cheddar. Add ground beef topping. Bake 20 minutes.

Flu and colds are not the same illness

For the past three days, "Frank" has been suffering from a runny nose and a scratchy throat. "Carol" isn't feeling quite up to par either. She woke up feeling sick with a fever and a headache.

Which person has a cold and which person has the flu? Researchers at Baylor College of Medicine's Influenza Research Center say Frank has a cold because symptoms usually occur in the upper respiratory tract causing a runny or stuffy nose, a sore throat and hoarseness.

Carol has the flu, which has prominent symptoms like weakness, muscle pain, chills and headaches. A dry, hacking cough, sore eyes, flushed face and hot, moist skin will also appear more often in flu victims than in cold sufferers.

"A cold will build slowly and will rarely result in a fever, except in children," Paul Glezen, M.D., a flu researcher at Baylor said. "The flu, on the other hand, begins with a fever and hits quickly to cause serious discomfort."

So far, there is no cure for either a cold or the flu, but researchers at Baylor are testing an anti-viral medication called ribavirin. Preliminary tests have shown that giving the drug in aerosol form is an effective treatment for both types of flu viruses.

Baylor researchers are also testing interferon as a possible remedy for the common cold. Interferon is a body chemical that activates the immune system to resist disease.

Neither treatment is currently approved for use by the public, but a prescription drug called amantadine can be used to treat influ-

enza A virus infections.

"If the medicine is started within 48 hours after the onset of the flu symptoms, it will shorten the course of your discomfort," Glezen said.

He warns that penicillin and other antibiotics won't work against viruses, but a flu vaccine can help prevent the illness.

Glezen said, "It can provide protection against infections caused by flu viruses called A/Brazil, A/Bangkok, B/Singapore and A/Philippines, which may cause a moderate flu outbreak this winter."

Over-the-counter drugs may give temporary relief for flu and cold symptoms. An antihistamine can help control a runny nose and a decongestant can loosen up a stuffy nose, while a cough may be relieved by a suppressant. Glezen says a dry cough may need an expectorant to loosen lung fluids.

Adults can get rid of a headache and the muscle pains that accompany the flu with aspirin. But children with the flu should take an aspirin substitute because aspirin appears to be related to the development of Reye's Syndrome, a serious viral disease that can follow a case of the flu.

The best advice for getting rid of either ailment is to stay home, drink lots of water and fruit juices, and get plenty of rest. If the cold stays with you longer than 10 days and the flu doesn't clear up within a couple of weeks, see a doctor. Any fever that lasts longer than three days is a cause for concern and a physician should be consulted immediately.

STOCKMAN CLASSIFIED ADS GET RESULTS.

GIRL TO BR... LEYS

Mr. and Mrs. Elliott Bradley of Dallas are the parents of a son, born February 6, at 3 a.m. in Presbyterian Hospital in Dallas. The little boy weighed 7 pounds and 7/2 ounces and has been named Chad Christian. He has an older brother, Clay, 3 1/2.

Grandparents are Mr. and Mrs. Jack Baggett and Mrs. S.E. Bradley of Springfield, Ill.

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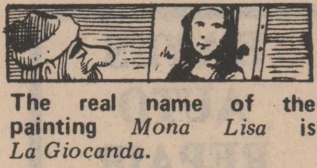
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40 No. Planting Mix \$3.49	Wheelbarrow \$33.88
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The real name of the painting Mona Lisa is La Gioconda.

CLASSIFIED ADS

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PORCH FOR SALE: Wood construction with roof and carpeting and hand rail; good for trailer. Call 392-3745. 50-3tc

LAND FOR SALE-5 to 20 acre oak cornered tracts, 25 minutes east of Ozona, \$2,500.00 per acre. 387-5645 after 6 p.m. 50-tfc

FOR SALE-'82 Terry Travel Trailer. 28 ft. model TM. Call the Ozona National Bank. 48-tfc

FOR SALE-2 SKW Onan generators. Both with transfer switch, \$1,500 each. Call 392-3229. 50-tfc

FOR SALE-Farm, ranch, business and home storage. 7x8 to 14x48 stock buildings and larger custom. Heavy duty steel. We deliver. Morgan, 3220 Sherwood Way, 944-8696. 34-tfc

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I am offering **\$500 Reward** for apprehension and conviction of guilty parties to every theft of livestock in Crockett County - except that no officer of Crockett County may claim the reward.

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HELP WANTED-Experienced operator and derrick hand for well servicing company. Apply in person at American Well Servicing, Del Rio Hwy. Sonora, Tx. 47-tfc

HELP WANTED-Waitresses, apply in person at El Chato's Restaurant. 46-tfc

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Miscellaneous

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JOBS WANTED-Concrete and asphalt cutting. Contact 387-6145 in Sonora. No hauling. 49-4tp

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FUR BUYER will be in Ozona each Tuesday from 4 to 5 p.m., across from Ozona Quick Stop. Top prices for top quality. Ph. 915-336-3677 or 336-6188. 45-6tp

NEED A VALENTINE GIFT? Come by and see what we have and place your orders for birthdays, Easter or any special occasion. 202 Ave. K 1 to 3 p.m. Ph 392-3638 or 392-3021. 50-1tp

DISTRIBUTORS WANTED FREE SEMINAR & OPEN HOUSE
National leader in steel frame homes will be having a free seminar for prospective distributors at the Sunday House Motor Inn in Alpine, Tx., Feb. 10 & 11 at 10 a.m. & 3 p.m. Learn about profits to be made in low cost, energy efficient single and multi-family designs. Tour a model home and see this ground floor opportunity for a proven concept. \$3,950 refundable investment required. For more information call Mr. Ladd at 1-817-566-1386. 50-1tp

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COMFORTABLE 2 br. home-nice big rooms, near IH 10. Also has commercial possibilities.
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Make an offer-house on 1 to 8 acres-can be split.
ELDORADO-Quaint 2 br. rock home 12 mi. NW of Eldorado on 1 acre. Owner-financed.
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3.76 ACRES with monthly income.
8 ACRES with large building. Near town.
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ELDORADO-Quaint 2 br. rock home 12 mi. NW of Eldorado on 1 acre. Owner-financed.
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Over a lifetime, most of us acquire more than one life insurance policy which may have gaps or overlaps when providing for your total needs.
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Your Farmers Agent has a portfolio of unique life insurance and annuity combinations which can be used to modify or consolidate your existing program.
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A modern approach to whole life insurance which provides the insured with the lowest possible rates.
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