Basketball

Haskell Summer League Boys Basketball Thurs. June 28 at Haskell 6 p.m. Hawley vs Anson 7 p.m. Haskell vs Hawley

Calendar

Early deadline

Deadline for news and advertising for the July 4 edition to be printed. Thurs. July 5 of the Haskell Free Press will be Thurs., June 28 at noon. The Free Press office close Thurs., June 28 at noon. and all day Wed., July 4.

Old Glory Days

Old Glory Days will be celebrated Sat., June 30 with activities beginning with a parade at 12 noon and ending with a Western Swing dance at 7:30 p.m. under the stars.

Society to meet

The Haskell County Historical & Genealogical Society will meet Mon., July 9 in Haskell City Hall at 6 p.m. 3-on-3 tourney

A boys and girls 3-on-3 tournament will be held Sat.. July 7 at Rule High School with competition in four divisions. Deadline to register is July 2. For information, contact Jill Brown at 940-200-1040 or Ryan Bleiker at 940-996-6161.

HHS Ex-students

The Haskell Homecoming Association is seeking email addresses of ex-students. To register your email address, email Dorothy Hartsfield, secretary, at hhesshharts @cs.com.

Carnival

The annual Children's Miracle Network Carnival to raise money for Meek Children's Hospital in Abilene will be held Sat., June 30 from 11 a.m. to 7 p.m. at the Stamford Wal-Mart. A live D.J. will be on hand from noon to 3 p.m., games for all ages and lots of prizes will be available. A live concert with Bryan Cline will be held from 4 to 7 p.m. Everyone is invited to come join the fun and help raise funds for children of the Big Country.

Sign language

American Sign Language classes will be taught for eight weeks beginning Sun., July 8 from 3 to 4:30 p.m. at the Munday Church of Christ, south entrance, in Munday. The classes are free and are open to all ages. Call Exa Lee Martinez at 422-5562 for details.

Enchilada dinner

St. George Catholic Church will host an enchilada dinner Fri., June 29 from 11 a.m. to 2 p.m. at the church. Plates are \$6 each, Call 864-3171 or 203 1052 to place an order.

Cart parade

A golf cart parade will be held Sat., June 30 at 5 p.m. at the Anchor Marina at Lake Stamford. Registration begins at 5 p.m. Proceeds benefit the storm cellar fund.

Fireworks display

A fireworks display will be held Sat., June 30 at dark just west of Haskell on Hwy. 380. Bring your lawn chairs.

Homecoming

The Haskell-Mattson-Weinert-Rochester Schools homecoming will be held Sept. 21-22.

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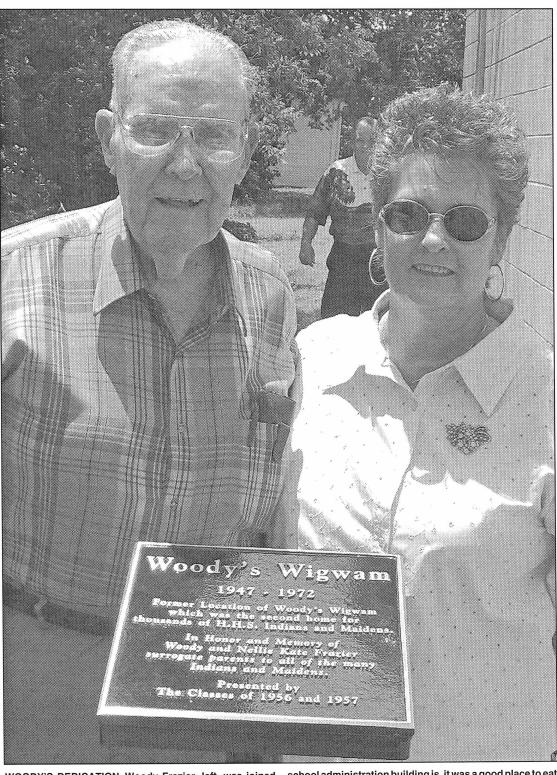
Obituaries Page 2 Around Town Page 3 Out of the Past Page 4 Classifieds Page 9

Have a safe Fourth of July

VOL. 121-NO. 26, ©JUNE 28, 2007

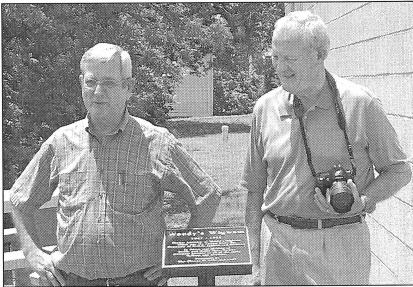
"The People's Choice

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WOODY'S DEDICATION-Woody Frazier, left, was joined by his daughter, Joan Frazier, during a ceremony dedicating this plaque honoring the location of Frazier's restaurant, Woody's Wigwam. Woody's was a hangout and second home to thousands of students who passed through the halls of Haskell High School. Located where the present

school administration building is, it was a good place to eat a meal, hear the latest song, play some pinball and fellowship with friends. Many of those former students attended the dedication and reception that followed at the Fellowship Hall of the Methodist Church. The dedication was hosted by the Classes of 1956 and 1957.



CLASS PRESIDENTS-David Duncan, left, president of the HHS class of 1957, and Jim Byrd, president of the class of 1956 unveiled the plaque marking the location of Woody's Wigwam. The inscription reads, "Woody's Wigwam, 1947-1972, former location of Woody's Wigwam which was the second home for thousands of H.H.S. Indians and Maidens. In honor and memory of Woody and Nellie Kate Frazier surrogate parents to all of the many Indians and Maidens. Presented by The Classes of 1956 and 1957."

Life after loss

and Hospice of the Big Country sponsors a 'Life after Loss' support group program that will meet once a week for five weeks. Each session is free, will last approximately 1-1/2 hours, and will be led by Hospice of the Big Country staff member Erica Brewer, LMSW.

The program is open to anyone who is dealing with the death of a loved one. Those attending do not have to be associated with Hospice of the Big Country of the American Cancer Society to

The group will begin Thurs., July 12 from 5:30 to 7 p.m. The meeting will be held in the downstairs conference room of the West Texas Rehab Center, 4601 Hartford, Abilene. The sessions will end Aug. 9.

For more information or to make a reservation, call 325-793-

Lightning safety urged

Summer is the peak season for one of the nation's deadliest weather phenomena-lightning. National lightning safety awareness week is observed June 24-30. In the United States, there are an estimated 25 million lightning flashes each year. During the past 30 years, lightning killed an average of 66 people per year.

This is more than the average of 65 deaths per year caused by tornadoes. Yet because lightning usually claims only one or two victims at a time and does not cause mass destruction of property, it is underrated as a risk. While documented lightning injuries in the United States average about 300 per year, undocumented injuries are likely much higher.

·Watch for developing thunderstorms: Thunderstorms are most likely to develop on spring or summer days but can occur year round. As the sun heats the air, pockets of warmer air start to rise and cumulus clouds form. Continued heating can cause these clouds to grow vertically into towering cumulus clouds, often the first sign of a developing thunderstorm.

•An approaching thunderstorm: When to seek safe shelter: Lightning can strike as far as 10 miles from area where it is raining. That's about the distance you can hear thunder. If you can hear thunder, you are within striking distance. Seek safe shelter immediately.

•Outdoor activities: Minimize the risk of being struck: Most lightning deaths and injuries occur in the summer. Where organized outdoor sports activities take place, coaches, camp counselors and other adults must stop activities at the first roar of thunder to ensure everyone time to get in a large building or enclosed vehicle. Leaders of outdoors events should have a written plan that all staff are aware of and enforce.

·Indoor activities: Things to avoid: Inside a building, stay off corded phones, computers and other electrical equipment that put you in direct contact with electricity or plumbing. Buy ground fault protectors for key equipment. When inside, wait 30 minutes after the last strike, before going out again.

•Helping a lightning strike victim: If a person is struck by lightning, call 911 and get medical care immediately. Cardiac arrest and irregularities, burns, and nerve damage are common in cases where people are struck by lightning. However, with proper treatment, including CPR if necessary, most victims survive a lightning strike. You are in no danger helping a lightning victim. The charge will not affect

·Lightning is dangerous. With common sense, you can greatly increase your safety and the safety of those you are with. At the first clap of thunder, go in to a large building or fully enclosed vehicle and wait 30 minutes after the last clap of thunder to go back outside.

Have a safe Fourth of July

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2007 Summer II Registration

www.vernoncollege.edu

Wichita Falls Registration July 2

Vernon Registration

July 3

Classes begin July 5

teaching / learning / leading



State inspection process

The Texas Residential Construction Commission, a Texas state agency, provides a homeowner and a residential builder or remodeler a neutral inspection process for conflicts involving an alleged defect.

The commission also registers homebuilders and homes, mandates the state's minimum warranties that all builders and remodelers must honor and investigates complaints.

If you have any questions or think you have an alleged defect in your home, give us a call. And if you need to file a complaint against a builder or remodeler, you can email info@trcc.state.



BENNIE HORAN

Funeral services for Bennie Jewel Griffis Horan, 76, of

Weinert were held Tues., June 26 at Weinert Foursquare Church with Bro. Robert Harrison officiating. Burial was in Weinert Cemetery under the direction of Holden-McCauley Funeral Home of Haskell.

Obituaries

Bennie Jewel Griffis Horan

Mrs. Horan died Sat., June 23 at Haskell Memorial Hospital.

Born May 11, 1931 in Weinert, she was the daughter of the late Harvey Dean Griffis and Lenora Garrett Griffis. She married Robert F. Horan, Jr., Nov. 4, 1950 at the Weinert Foursquare church, where she has been a member.

Survivors include her husband, Robert F. Horan, Jr.; son, Robert F. Horan III and wife,

Daisy Horan of Taylor; daughter, Patricia Horan of Weinert; grandchildren, David Boling of Pilot Point, Shadella Foster of Haskell, Douglas Boling of Taylor, Pennie Kaye of Weinert, Christy Horan-Hawkins of Weinert, Trisha Horan-Meclina of Weinert; seven great grandchildren; sisters, Ruth Langford of Rule, Myrle Alexander of Weinert; brother, Donald Griffis of Weinert; several nieces, nephews and a host of friends. Memorials may be made to

Weinert Cemetery Association, P.O. Box 98, Weinert, Texas

Medication management tips offered

by Jane Rowan CEA/FCS, Haskell County (Part 1 of 2)

Prescription and nonprescription medications have made our lives better in many ways. While these medications may be very important for good health, they may also have unintended side-effects that might cause problems in the body. Additionally, the more medications a person takes, the greater risk for medications interacting with each other in a bad way. This becomes a problem as people grow older since, on average, older adults are prescribed more medications than any other age group.

Andrew Crocker, Extension Specialist for Program Gerontology Health, shares the following information on being able to safely manage your medications which involves understanding a little bit about drugs, in general, and how to talk to your doctor, pharmacist and other health providers who might recommend medications.

The terms medicines, drugs, pills and many others may

include medicines from a pharmacist

with a doctor's prescription, •pills, liquids or creams without a prescription

·vitamins minerals and/or dietary supplements

Medicines that may be bought without a prescription are called over-the-counter medicines. This means that the Food and Drug Administration has deemed these safe to take without a doctor's written order. However, mixing certain medicines can cause problems, so be sure to let your doctor know about all the prescription and over-the-counter drugs you are taking. Just because it is safe enough to be sold overthe-counter does not mean it is completely safe for you to take.

When getting a prescription filled, there may be a choice between either a generic or brandname drug. Generic and brandname medicines are alike because they act the same way in the body and they contain the same active ingredients. Generic drugs mav cost less; however, not all drugs are available in the generic form.

Tell the doctor or nurse about all the medicines you take whenever a new drug is prescribed. Remind your doctor or nurse about your allergies and any problems you have had with medicines. Find out the right wav to take the medicine before you start using it.

Here are some of the questions vou may want to ask-it might help to write down the answers:

·What is the name of the medicine and why am I taking it? ·How many times a day

should I take it and at what time?

. Should I take the medicine before, after, or between meals? Is there anything I should avoid eating when taking this medicine?

•When should I stop taking the

medicine?

•What if I miss a dose?

·What side effects can I expect? What should I do if I have a problem?

Your pharmacist is also an important part of your healthcare team. He or she can answer many questions you may have about vour medicine. For example, a pharmacist can tell you how and when to take your medicine, whether a drug may interact with or affect another medicine you are taking and any side effects you might have. Also, the pharmacist can answer questions about overthe-counter medications.

Try to have all your prescriptions filled at the same pharmacy or chain of pharmacies so your records are in one place. The pharmacist will help keep track of all your medications and will be able to tell you if a new drug might cause problems. When you have a prescription

·Make sure you can read and understand the name of the medicine and the directions on the container and the warning stickers on the bottle. If the label is hard to read, ask your pharmacist to use larger type.

•Check that you can open the container; if not, ask the pharmacist to put your medicines

in bottles that are easier to open. •Tell the pharmacist if you have trouble swallowing pills. Do not chew, break or crush tablets without first finding out if

the drug will still work. ·Ask about special instructions on where to store a medicine.

For example, should it be kept in the refrigerator?

By having some additional knowledge about terms and instructions, you can better manage your medications, reducing the risk of medication error. Also, by better compliance with your medications you are more likely to experience better health while reducing your overall healthcare costs. In the next article we'll discuss how to organize your medications and keep track of them.

For more information, contact your County Extension Agent. You may also visit the National Institutes of Health Senior Health site: http://nihseniorhealth.gov.

Weathers Whys

Sunspots and the Weather Q: Do sunspots affect the Earth's weather?

A: This is a question that has been nagging scientists for decades, says Brent McRoberts of Texas A&M University, and no one seems to really know.

"There has been research done on the subject of sunspots and our weather for at least 100 years," McRoberts reports, "and the bottom line is that we still aren't sure. We know that the primary energy source that controls our weather is sunlight. And we know that sunspots-which release giant solar flares of energy-can often

disrupt satellites and radio transmissions here on Earth. But a link between sunspots and the weather is still not certain. Galileo observed them 400 years ago and we know that sunspots seem to occur in roughly an 11-year cycle during which there can be just a

few dozen or several thousand." Q: Are there any direct results

from sunspots affecting weather? A: We know for sure sunspots and solar flares make the aurora borealis, or the Northern Lights, much brighter and more widespread, McRoberts adds.

"These are streams of energy particles from sunspots, but do

they affect the weather? Many scientists tend to think they do not because the particles are so small compared to the energy from sunlight itself, which some have estimated to be 100 million times less. From the 1600s to the 1700s, there was a very low period of sunspot activity and this coincided with a number of long winters in Europe, called the Little Ice Age. Some scientists think the two were linked, others do not. Many scientists believe that if sunspots have any affect on our weather at all, it's as a triggering device to something much bigger. We just don't know-sunspots and their affect on weather is something that needs

a lot more study." Cool summer places

O: What's the coolest location in the U.S. during the summer?

A: The place with the lowest daily temperature is Mount Washington, N.H., which has an average July temperature of only 54 degrees, says Brent McRoberts of Texas A&M University. "But the problem is that no one lives Washington,' on Mount McRoberts explains.

"If you're talking about places where people live, San Francisco has to be rated near the top with an average July temperature of 66 degrees, which is tied with Whidbey Island, Wash., also at 66. San Francisco has one of the most stable climates in the country- the average high temperature in January is only 56 degrees, only 10 degrees difference from its July high."

Q: What are some other cool places?

A: In the Northeast, head to Caribou, Maine, which has an average July temperature of 76 degrees, and Martha's Vinevard is not far behind at 79 degrees, McRoberts adds.

"Boston checks in at 82 degrees, which is a far cry from most Texas cities, whose average July high is in the mid-90s. On the Pacific Coast, the always-cool Pacific Ocean keeps the entire coast line very mild in summer. That's why it's often warmer in January on the West Coast than many U.S. cities."

(P))) Hazel Hudgens Moore

Hazel Hudgens was born Oct. 18, 1922 in Paducah. She passed from this life on Thanksgiving Day, 2004 at 11:45 in the morning. She loved to cook, and we all agreed that she was hurrying on to heaven to help Grannie Moore with Thanksgiving Dinner. It would be the first time in 42 years they would prepare Thanksgiving dinner together.



HAZEL MOORE

She was raised in Haskell, and in 1939 married Cleaburne Moore in Haskell. She always loved Haskell and the people here, and considered it her home.

She died in Bixby, Oklahoma after a year long battle with Lou Gerhig's disease (ALS). She was preceded in death by her husband, Cleaburne Moore, and several brothers and sisters.

She leaves behind one brother, Lendon Hudgens of Andrews; two daughters, Rita Nolan and husband, Tom of Bixby, Oklahoma and Fonda Houston and husband Pat of Overland Park, Kansas; two grandsons, Wendell Nolan and wife, Michelle of Bixby, Oklahoma, and Lendell Nolan and wife, Patty of Roswell, New Mexico; and six great grandchildren, Quinton, Connor and Cord, all of Bixby, Oklahoma; and Elaina, Charissa and Moriah, all of Roswell, New Mexico.

> In loving memory of Hazel Hudgens Moore

Dear Business Owners and Citizens of Haskell County,

The Haskell Chamber of Commerce would like for you to consider becoming a member of the chamber. Most business owners qualify for the dues rate of \$15.00 per month or \$180.00 per year. Individual membership is \$5 per month or \$60 per year.

We have an office that is open from 9:00 a.m. to 12:00 Noon Monday through Friday. We are located at 510 S. 2^{nd} St., next door to Citibank. We have many phone calls from out of town and also local people trying to locate various businesses here in Haskell. We are the sponsor of the Wild Horse Prairie Days Ranch Rodeo the first weekend in June. This next year will be the thirteenth year of this event. We will also co-ordinate the Community-Wide garage sale the first Saturday of May and October. This last May we had forty participants and handed out over 200 maps to local and out of town people. A lot of these people shop while they are here. This December we will again be sponsoring a lighted Christmas parade on December 9th.

As the Texas Department of Transportation completes the work in our downtown area and also the reroute in the east part of town, we will have a new look. We need to work together and make Haskell as attractive as we can, so that people will want to stop and shop in Haskell. One project associated with this new look, will be the addition of attractive street lights in the downtown area and the highways coming into Haskell. The City of Haskell will be providing the wiring and the lights will be bought with donations. We will have more information about this project as the sidewalks and street work are closer to completion.

The Board of Directors of the chamber are a dedicated group of people who take time to meet monthly and try to find new ways to promote Haskell. Our meetings are open to the public and are at 12:00 Noon the second Tuesday of each month. You are always welcome to be our guests.

We ask you to join us and help continue to help keep Haskell Alive, Yesterday, Today,

Sincerely,

Ruby Turner General Manager



ATTENDS ACADEMY–Kristi Exum, principal at Paint Creek ISD, along with Cody Carson, math teacher, and Valiene Bullinger, science teacher, recently attended Experiencing Science and Mathematics in Austin. This Professional Development Academy is a collaborative initiative funded by Texas Education Agency and offered through a partnership with the Texas Regional Collaboratives for Excellence in Science and Mathematics Teaching and the Austin Independent School District. The focus of the three day event was hands-on laboratory and field experiences based on the Texas Essential Knowledge and Skills.

Calendar

50th reunion

The 1958 class of Haskell High School will celebrate their fifty year reunion at Haskell's homecoming Sept. 21-22. The planning committee is seeking names and addresses of persons who attended at anytime during this class's school career. If you would like to be included, contact Janice Browning at 940-864-2755. Additional information will be mailed to those on the mailing list.

Class '96 reunion

The Haskell High School Class of 1996 will hold a class reunion Aug. 18. Contact Tonya Weatherman, 824 N. U.S. Hwy. 87, Brady, Texas 76825 or tonyaweatherman@ hotmail.com with current contact information.

Cyperts meet for reunion at Fort Phantom

Seventy descendents of the late Ivy and Clara Cypert met June 22-24 at the Fort Phantom Lake cabin of Bobby and Rowena Hester. Activities included an auction, boating, fishing, games, visiting, singing with guitar and harmonica music, and lots of eating with homemade desserts.

Attending were Oscar and Hazel Cypert; Ralph, Frances, Randy Bob, Sharon and Kelli Cypert; Dorothy and Gene Brown, Shannon and Braelyn Waters; and Billy Paul and Donna Cypert, all of Munday. Alice and Toby Yates, Mary and Ed Murphy, Joe, Caron and T.J. Yates and Jerry and Wanda Hester, all of Weinert, attended. Also present were Rowena and Bobby

Brad, Jacy, Colby and Caden West, all of Haskell; Billy Wayne and Sheila Hester of Rochester: Paul and Seth Irby, and Wayne, Trish, Micah, Reese, Kyler Hester, all of Abilene; Michael Hester and Leslie Venghaus of El Campo; Linda, Ricky, Taylor and Tanner Wade of Bryson; Lane and Amy Murphy of Waco; Shelly, Patrick, Trinity and Gracie Hall of Marion; Kristen Bishop of Wichita Falls; Cody, Breana and Averie Cypert of Lubbock; Missy, Austin, Landon and Abby Brown of Scotland; Jeff and Janice Glazner of Graham; Donna Sue Houck and Kyle Smith of The Colony; Montie, Teresa, Kayla and

Hester, Buddy and Tonya Cypert, Brad, Jacy, Colby and Caden West, all of Haskell; Billy Wayne and Sheila Hester of Rochester; Kameron McAfee of Richardson; and Shanna, Kevin, Bracken and Toby White, all of Stamford. Visitor was Harold Patterson.

The family will meet for Christmas at noon on Sun., Dec. 23, at the Weinert School Building.

Campbell reunion held

The children of John Breckenridge and Florence Pearl Campbell, former Haskell residents, held a reunion June 23 at Slater Park in Odessa. 77 members of the family were present.

A birthday party was held for Eddie Racon. Elzire Campbell wrote a poem about their brother Carl Campbell, who passed away this year, which was read by Jimmy Campbell.

Attending were: Johnny, Gladys, Kelly and Roy, all of Odessa; Toss and Billy Ruth of Tyler and her family Carolyn, Michael, Eddie and Leigha, Brian,Debbie, A.J., and Tori, all of Odessa; Chuck, Bills Jean and Linda of Wichita Falls and their family, Jeannie, Shannon, Austin, Alorah and Shawn of Fort Worth; Mildred Rawls of Odessa and her

family, Jimmy and Melodee of Amarillo, and Glenda and Monica of Odessa; Elzire Campbell, Sandra, Roger and C.W., and friend of Odessa; Faye Cruger of Odessa; Bobby, Mona, Kaulyn, Kaylie, Cade, Hunter and Madison of Amarillo; Billy Joe and Dorthy of Stamford; Randy, Tammie and Cody Joe of Haskell; Kenneth and Elaine Campbell, Karen, Allison, Keagon Mitchell and Lona Mae Phelps, all of Haskell, and Kendall Mitchell of Abilene and friend, Leslie; Jerry and Carolyn Campbell, Tara Jourdan, James, Elroy and Bev of Odessa; Betty Sue Lacey and her family, Michael, Dale, Ashley, Thomas, Alexis, Johnny, Debbie, Melissa, Vincent, Kollin, Keaton and T.J., Rodney, Lucas, Louis, Don Nell, Micky and Kathy of Odessa; and Tina Marie of Crosbyton.

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Around Town

By Joyce Hawkins

Gary and Vickie Hawkins, Gean Blair of Haskell, and Cody and Abbie Blair of Munday attended the Baxter reunion at Fort Belknap over the weekend. About forty attended with some coming from Florida, Arkansas, Tennessee and Texas.

Christopher and Melissa Tatum and children and Caden Tatum went Friday night to watch the Rangers play.

Grandpa Billy and friend Candy, and Bailey, all of Abilene were in Haskell to pickup Aubree Tatum to attend the Fandangle. The next day they met Christopher Tatum's family and went to Fort Worth to spend the

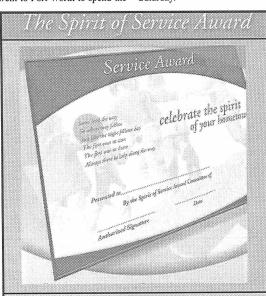
day, returning to Katy and Jake Roysdon's home to spend the night before returning to Haskell on Sunday. Bobby Scheets and Creora

Tatum spent the weekend in New Braunfels.
Randy and Tammy Campbell

and son, Cody, attended a family reunion in Odessa. About fifty family members attended.

Visiting Florence Larned was her brother and wife, Gary and Charlotte Turnbow of Abilene.

Florence Larned attended a baby shower for Mrs. Danny Story in Wichita Falls on Saturday.



We are sponsoring an awards program entitled, "the Spirit of Service Award," to recognize individuals and groups for excellence in community service. The awards program is not a competition but rather a program to give those who set a good example in community service the recognition they deserve. If there is someone you would like to nominate for A Spirit of Service Award contact our director of Marketing and public Relations.

First National Bank

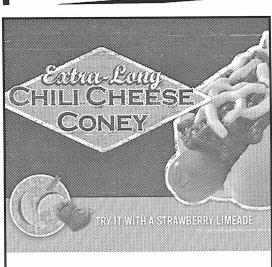
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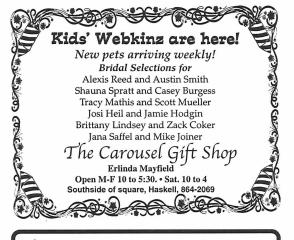
Allene Wilson

is turning 80!

We'll be at the Rule First Baptist Church

Sunday, July 1 from 2:00 to 4:30 p.m..

No gifts, but cards are welcome.



Register to win \$2500 Free Gas

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HIGHLIGHTS

By Ed Sterling

Lawmakers ask attorney general about speaker's powers

AUSTIN-The 80th Texas Legislature was a contentious five-month gathering that may have seemed to end quietly on May 28.

Speaker Tom Craddick, R-Midland, had come out on top of a parliamentary battle to stay in office. Then, House members used the closing hours of the session to pass hundreds of pieces of legislation, instead of pressing issues with Craddick to the bitter

But the battle over the speaker's authority and the way challenges were rebuffed raised questions.

The speaker refused to recognize members seeking to make a motion calling for a vote to remove him from office, or in House parlance, "vacate the

Reps. Jim Keffer, R-Eastland, and Byron Cook, R-Corsicana, in an attempt to resolve questions about the legal and constitutional scope of the authority of the speaker, asked Attorney General Greg Abbott to render an opinion.

Those who are interested in the details of the request can find RQ-0589-GA on the attorney general's Web site.

Alexis DeLee, Craddick's press secretary, said the speaker welcomes Abbott's opinion.

The state constitution requires the attorney general to issue a written opinion on a question affecting the public interest. The attorney general is required to issue the opinion not later than the 180th day after the date that it is received, unless before that deadline the attorney general notifies the requesting person in writing that the opinion will be delayed or not rendered and states the reasons for the delay or refusal.

At the beginning of the legislative session, Craddick appointed Keffer chairman of the powerful House Ways and Means Committee and Cook chairman of the Civil Practices Committee.

Keffer and other House members have let it be known that they want to serve as speaker of the House in the 2009 legislative session, but Craddick has said he intends to seek re-election.

Personnel changes are coming

Haskell

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This issue mailed Wed., June 27, 2007

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Haskell, TX. 79521-0555.

Education Commissioner Shirley Neeley announced on June 20 her resignation, effective July 1.

Perry appointed Neeley in January 2004. As commissioner, she served as the head of the Texas Education Agency, overseeing 1,037 school districts and a number of charter schools.

Secretary of State Roger Williams resigned earlier. He will be succeeded in office July 1 by Gov. Perry's former chief of staff Phil Wilson.

The governor's current chief of staff Dierdre Delisi resigned. Perry appointed Brian Newby to replace her on July 1. Newby currently serves as the governor's general counsel.

Perry also announced the appointments of senior adviser Kathy Walt and deputy legislative director Kris Heckmann as deputy chiefs of staff, effective July 1.

And, Perry announced Donna White, a member of his senior staff for more than six years, will move to a position at the Texas Commission on Environmental Quality. White earlier served in the office of then-Lt. Gov. Rick Perry and in the office of the late Lt. Gov. Bob Bullock.

Other Highlights

•Forty-four Texas lawmakers signed a letter requesting the Public Utility Commission implement measures to protect the state's most vulnerable electric consumers this summer. Chief among those measures is the permanent implementation of a moratorium on electric disconnection during the summer months for low-income elderly and critical care customers. The rule also would allow lowincome customers to spread their summer bills out over a period of time to ease the financial burden that increased summer usage

•Gov. Perry issued a disaster declaration on June 19 for Cooke, Grayson, Lampasas and Tarrant counties after storms, flooding and tornadoes struck. Perry summoned military, state and local agencies and private organizations to assist in search and rescue and relief efforts in the affected counties.

•The governor and first lady Anita Perry are on a weeklong visit to Israel and Jordan.

MEMBER

TEXAS PRESS ASSOCIATION



From Out of the Past

From the files of The Haskell Free Press

10 Years Ago June 26, 1997

Mr. and Mrs. Jackie Harvey of Odessa visited a few days with their parents, Mr. and Mrs. Jack

Guests in Delma Matthew's home were Janice Alexander of Wichita Falls, David and Cecilia Matthew and children. Tyler and Sarah, of Stanton and Pam and Tracy Mathis, of Haskell.

Hilee Mulligan placed third in the Miss Majorette Pageant, in Lubbock.

20 Years Ago June 25, 1987

Dr. Joe Thigpen will have offices in the new clinic, under construction by the Haskell Memorial Hospital.

Five generations on hand for the Jack Sanders family reunion were Mrs. Jack Sanders, her great-great-grandson, Kendall Doyle Mitchell, Lona Mae Phelps, great-grandmother, Elaine Campbell grandmother, and Karen Mitchell, mother.

Randy Stone will coach the Haskell Indian basketball team

30 Years Ago June 23, 1977

Mark Reynolds, son of Mr. and Mrs. Sonny Reynolds, caught a 13 and 1/2 pound channel catfish in the stock tank

in Haskell County.

Edna Mae Grubbs of Irving spent several days in Haskell visiting her sisters, Mrs. G.W. Roberts and Mrs. Jack Daniels.

Delta Cox is visiting her son, Jay Cox. in Odessa.

Visiting in the home of F.A. Ulmer were Mr. and Mrs. Ray Ulmer of Hamlin and Mr. and Mrs. Monroe Blackwell of Stamford.

Mrs. Dick Andrews and Mrs. Charley Redwine spent Saturday in Abilene.

40 Years Ago June 22, 1967

Mr. and Mrs. R.S. Sanders, Larry and Jan, of Weinert, visited relatives in Winters last weekend.

Maggie Larned has returned from a week's visit with her sister, Mrs. W.A. McClung in Kermit.

Kathy Grimes of Weinert is in Oklahoma City visiting relatives. Duane Alexander of Houston

visited his aunt and uncle, Mr. and Mrs. Leonard Alexander. Mr. and Mrs. Jiggs Raynes of Great Bend, Kansas visited Mr.

and Mrs. C.V. Ashley. 50 Years Ago June 27, 1957

Guests in the home of Mrs. W.C. Collins last weekend were her son, Mr. and Mrs. Don Collins of Memphis, and her brother, Mr. and Mrs. Jimmy Ballard and

daughter, Shirley, of El Paso.

Guests in the home of Mr. and Mrs. Art McMillen their nieces. Kay and Susie Wilson of Tulsa, Oklahoma.

Mr. and Mrs. R.D. Maxwell and children, Jean and Frances of Amarillo, were guests in the home of Mr. and Mrs. Alfred Force.

Mr. and Mrs. E.J. Stewart spent the weekend in Odessa. visiting in the home of their son and family, Mr. and Mrs. Kenneth Stewart and daughter, Karen.

100 Years Ago June 29, 1907

John C. Robertson returned from a trip to Georgetown, Fort Worth, and Wichita Falls, and tells us that Haskell County crops were the best he saw on the trip. Cloe Maloney of Goree is

spending the week with Mable Wyman. Kathleen and Dessie Wilfong returned home from a visit with

relatives at Munday. Mayor A.J. Smith left on a trip to Belton expecting to be gone about 10 days.

Judge Pete Helton left to attend court at Comanche.

Rev. L.O. Cunningham came from Austin, where he has been attending the Presbyterian Seminary and will serve as the Presbyterian Church pastor.

From the AG

By Greg Abbott

Attorney General Targets Data Dumping

Identity theft remains one of the nation's fastest growing crimes. The more than 25,000 Texans who are affected by identity theft every year spend countless hours trying to repair their credit and recover hundreds or even thousands of lost dollars.

Identity thieves commonly obtain paper documents or computer hard drives that contain sensitive personal information, including names, addresses, Social Security numbers, bank account numbers and other personal information.

Too often, identity thieves have easy access to sensitive information because documents have not been properly discarded. Trash bins outside of homes or businesses contain personal information that identity thieves can use to inflict financial disaster on unsuspecting consumers.

Consumers can take steps to protect themselves from identity theft by destroying personal documents before discarding them. Paperwork that includes names, addresses, Social Security numbers, bank account numbers, and credit or debit information should be shredded or otherwise destroyed before it is thrown away.

Consumers who donate or dispose of computer hardware should first remove all personal information. Deleting files or reformatting the hard drive may not be enough to remove these files. Consumers should contact a technology professional to learn more about properly deleting personal information. Consumers should also consider utility software, which "wipes" or overwrites the entire hard drive. Similar steps should be taken when disposing of wireless devices, including cell phones or personal digital assistants (PDAs).

Legislative leaders recognized the importance of protecting sensitive consumer information. In 2005, the Texas Legislature passed the Identity Theft Enforcement and Protection Act, which requires businesses to shred, erase or otherwise make unreadable any personal identifying information they collect from their customers. Texas law also requires businesses to develop retention and disposal procedures for customer records. Businesses must adhere to any published privacy policies.

The Office of the Attorney General is aggressively cracking down on violations of these privacy laws. Just last month, we took legal action against a Texasbased pawn shop chain for repeatedly failing to protect customer records that contain sensitive personal information. Investigators discovered that EZPAWN stores across Texas had exposed customers to identity theft by throwing out hundreds of customers' financial records, including promissory notes and bank statements.

We also took legal action after

a RadioShack store in Corpus Christi similarly dumped thousands of customer credit applications that included active credit and debit card numbers. Among the records was a receipt from a woman who, ironically, purchased a shredder from RadioShack in order to protect herself from identity theft.

In yet another case, our investigators found that a CVS/ pharmacy near Houston improperly discarded customer records in garbage cans behind the store. The discarded documents included medical prescription forms with each customer's name, address, issuing physician and the type of medication prescribed. Investigators also discovered

many active credit card numbers. Businesses have much at stake when it comes to the problem of identity theft. According to the Federal Trade Commission, identity theft costs businesses and banks more than \$50 billion a year. Many of these losses stem from credit card fraud and bogus

telephone and utility accounts. Protecting consumers' personally identifying information is in the best interest of consumers and businesses alike. Texans who take steps to protect sensitive personal information must be able to rely on businesses and government to do the same. The Office of the Attorney General will continue aggressively enforcing identity theft laws and protecting Texas consumers.

Star Builder program

Have you noticed the Star Builder logo? If you haven't spotted it yet, odds are you will soon! The state of Texas now identifies and certifies certain builders as Star Builders.

This program, administered by the Texas Residential Construction Commission. acknowledges a builder's or remodeler's exemplary experience and business practices. A builder or remodeler that qualifies for the program must meet certain criteria regarding experience, educational levels, training, financial stability and insurance. They must also show a commitment to customer service and to tougher building standards.

Each Star Builder must offer at least three of the following:

·A green building program;

•The Energy Star program; ·Certified Aging-in-place Specialist program or EasyLiving Home Certification program;

•A program of construction to greater standards than the commission's warranty and building and performance standards:

•A private inspection program where at least three phases of construction are subjected to inspection;

•A foundation construction program requiring site-specific engineering, testing and documentation;

•A third-party warranty provided by an approved thirdparty warranty company;

·A two-year warranty for all one-year workmanship and materials in addition to the twoyear mechanical and delivery system warranties, the ten-year structural warranty and the tenyear warranty of habitability.

The Star Builder program is voluntary and every builder and remodeler must reapply each vear. Consumers can access Star Builder information at www.texasrcc.com or by calling 877-651-TRCC.

Brain tood

To keep your mind sharp, eat foods rich in iron, zinc, niacin, thiamin and vitamins B6 and B12, says Lona Sandon, assistant professor of clinical nutrition at UT Southwestern Medical

Studies show that these nutrients benefit brain development and function. Deficiencies can hamper brain function and cause mood disturbances, confusion, poor concentration, easy agitation and nerve-cell damage that make extremities numb.

"If you're deficient, improved dietary intake of these minerals can improve alertness and concentration when normal blood levels are reached," Sandon says.

Sandon lists a few foods rich in these nutrients:

•Iron: Beef, fish, poultry, leafy vegetables

•Zinc: Oysters, nuts, grains, beans, cereals, whole-grain breads ·Niacin: Beef, fish, poultry,

leafy vegetables, nuts, grains, tomatoes, carrots, milk •Thiamin: Beef, pork, nuts,

grains, peas, spinach, some beans, breads ·Vitamin B6: Liver, fish,

poultry, green beans, bananas, nuts . Vitamin B12: Beef, liver,

shellfish, eggs, milk, fortified cereals

Sandon also touts the benefits of omega-3 fatty acids, which are found primarily in fish. Omega-3 is essential to proper growth and development of the brain and spinal cord.

In the end, a simple plan can help keep a person's mind in tiptop shape.

"Eat a healthy, balanced diet, get regular exercise, and get plenty of rest," Sandon says.

Steele Fire Apparatus

864-2208 Hwy. 380 East Haskell



Farm Credit, ACA 550 S. Second • 864-8565 Haskell, Texas 79521

Hanson Paint & Body Shop

> 864-3631 Haskell, Texas

Haskell Co. Insurance Agency 864-2665

103 N. Ave. E • Haskell



Larned Sales Center 864-2749 Haskell, Texas

Haskell Tire & Appliance

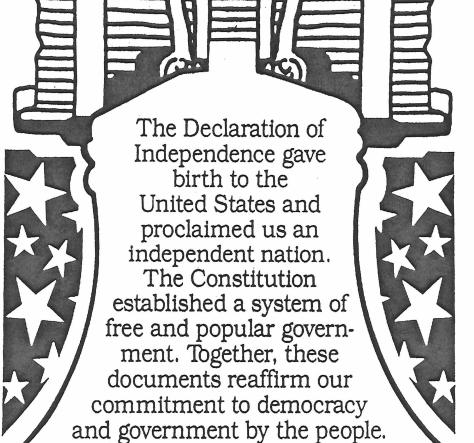
864-2900 206 S. Ave. E Haskell, Texas

Double A Drive Inn 864-2466

> 1103 N. 1st Haskell, Texas



JUN 4th





Take time to reflect on the freedoms we enjoy this Fourth of July.

This July 4th holiday,
please be extra careful in your
summer activities . . . and
please don't drink and drive.
Remember to
buckle your safety belt.
We want you to have a
safe holiday this year!

Haskell Co-Op Gin 864-2046

Leon Jones, Manager Haskell, Texas

Rule Banking Center

P. O. Box 10 Rule, Texas 79547 940-997-2216 Member FDIC

Cecil's Country Meat Market & Grocery 864-2511

Haskell, Texas

Smitty's Auto Supply

864-2607

107 N. 1st East Haskell



Haskell Save-A-\$

864-2146 Haskell, Texas

Nemir's Medical Supply

864-2258

510 N. Second Haskell, Texas

Nanny Plumbing

> 864-3043 Haskell, Texas



Big Country
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The Haskell Free Press

read by more people in Haskell County than any other print media.





Haskell office 863-1125 or come by 113 N. Ave. D.

free loan is never free

realize that you have overextended your already shaky finances. You receive either an email, a letter in the mail, hear a radio ad or see a television commercial offering you a loan, regardless of your credit history, to help you consolidate your bills and get out of debt fast. What do you do?

If you are a savvy consumer, you delete the e-mail, throw the letter in the trash, and turn off the radio or television. You may also see these types of loan offers in

for loans where you call an 800, 877 or 866 area code. Be mindful that just because your local television, radio or newspaper airs or publishes these types of ads does not mean that the company placing the ad is legitimate or trustworthy.

If you investigate further, you'll find that the "free" loan includes an upfront fee, sometimes ranging in the hundreds of dollars. These ads will say that the upfront fees are the classified sections of the for processing your loan and

pay the fee, chances are you'll either receive nothing or a "credit" card that can only be used for a certain company's products. This scam is called the "advance-fee loan" scam and it is illegal in the United States.

No legitimate lender would require you to pay fees prior to receiving your loan. This is not to say that a legitimate lender would not charge you fees to get a copy of your credit report or for an appraisal, but these fees would be part of the total loan amount that you receive, or are payable

Another consideration to keep

in mind is that a legitimate lender would never promise you a loan without first carefully reviewing your application and checking your credit report.

There is never a quick credit fix. These unscrupulous scam artists prey on the elderly, the unemployed and those in dire financial straits. If you find yourself a victim of this scam, call the Federal Trade Commission at 1-877-FTC-HELP or file a complaint online. Keep in mind that these scam artists are usually working for an unscrupulous company.

Here's a checklist with some suggestions to help you avoid being victimized:

•If you cannot get a loan through your local community bank or other reputable financial institution, ask a friend or family member to co-sign a loan for you.

•Do not respond to an e-mail offering you a "free" loan as it is probably fraudulent.

•Do not agree to pay any fees before you receive your loan. Remember, a legitimate lender will not require upfront

•Do not be tricked into believing that your loan will be guaranteed regardless of your credit history.

•Be sure to get in writing exactly what you have been promised.

•Never give out your bank account information, social security information or credit card information unless you are positive that the originator is legitimate. However, understand that federal law requires regulated financial institutions to notify customers in writing that this information is required at the time of the loan application.

"If it sounds too good to be true, it most likely is!'

said Rachel Villarreal, R.D., L.D., health educator in the Diabetes Education Program in the Texas

> Coastal Bend Health Education Center at Corpus Christi. "Choosing foods based solely on GI will compromise healthy

A&M Health Science Center

eating," Villarreal said. For starters, the GI of a particular food varies depending on the kind of food, how it was cooked, its ripeness and its variety. An example is al dente pasta, which has a lower GI than softer pasta.

The GI of a food may be one value when eaten alone and another in combination with other foods, Villarreal said. GI testing

was done with single foods and their effect on blood glucose levels, but most people eat carbohydrate-rich foods in

combination with protein and fat.

That changes the impact on blood

glucose, slowing the absorption

and peak of blood glucose levels.

Further, GI values reflect blood glucose response to food for only two hours, whereas glucose levels after consuming some foods remain elevated for up to four hours in people with diabetes. Low GI foods also may include pizza and candy bars, which are high in fat and calories and can make loosing weight difficult when consumed in

"Choosing a nutritionally balanced diet while controlling carbohydrate servings should be the basis of meal planning," Villarreal said. "If the after-meal blood glucose reading is much higher after eating certain foods, reduce the food serving and/or discuss adjustment medications with a healthcare provider.'

America needs more financial literacy

government entities, private organizations and financial institutions will be working to increase public awareness about the importance of being financially literate for both young and older Americans alike.

Financial literacy involves many components. It can help you to create and maintain a household budget, save for your children's education and your retirement and maintain a good credit history.

Almost all of us know of someone who has suffered a financial crisis in the last few years. While the crisis is often unavoidable, knowing how to plan ahead to help you survive the crisis is imperative.

There is a large segment of the American population that is "unbanked"-those individuals who do not have an established relationship with a mainstream insured financial institution. Tragically, these may be the people who are targets for financial fraud and abusive lending practices by predatory lenders. These may also be the ones who find themselves with exorbitant credit card debt.

According to a study published by the Financial Literacy and Education Commission, Americans set aside almost 10 percent of their income for savings in the 1960s. In 2004, that percentage fell to 1.3 percent.

During the past several years, Americans have adopted a spend, spend, spend attitude with little regard or knowledge of how to pay the bills or save for the future. Credit is easy to come by these days, but good credit is hard to keep. There is rarely a week that passes that the average American household does not receive a minimum of five credit card offers in the mail. Many people depend on credit cards to get them from month to month.

According to Commission's study, 7 out of 10 Americans feel they have enough money to live comfortably during retirement, but only 42 percent have actually calculated what they will need. While many are

benefits to meet their retirement needs, it is important to understand that in reality Social Security will provide a minimum of benefits to meet retirement living expenses. This is why it is essential that today's employees take advantage of employerbased retirement plans or invest in their own Individual Retirement Account.

Recently, some of the nation's larger employers implemented automatic enrollment plans for retirement savings unless the employee opts out of participation.

The FDIC has developed Multilanguage and multimedia programs in English, Spanish, Korean, Chinese and Vietnamese to help low and moderate income adults outside of the financial mainstream develop financial skills and positive banking relationships. For more information on these programs, log on to www.fdic.gov or call toll free 1-877-275-3342.

While one is never too old to learn how to manage money, it is always a good idea to teach children good savings habits while they are young. Today, schools across our nation are finding ways to integrate financial literacy in the classroom to teach students the basics of money management and savings.

Government and private organizations have provided a wealth of Internet resources specially designed for students and teachers. Many community bankers are going into the classroom to support teachers and offer their expertise in teaching today's students to be wellinformed and responsible consumers. In fact, the Independent Bankers Association of Texas Education Foundation has countless web-based financial education resources available for adults, teachers and students. For more information, log on to www.ibat.org.

Having a financially educated America will not happen overnight, but we have to start somewhere. How about starting







The truth about the

diet is in town.

new Glycemic Index Diet has become popular and gained an avid group of followers. However, they may be following the wrong advice.

The Glycemic Index (GI) ranks foods with carbohydrates based on how they affect blood glucose levels. "High" GI foods such as potatoes, white bread and rice have a great effect, while "low" GI foods like oatmeal and most fruits and vegetables produce less. Some weight loss diets have used this system by avoiding high GI foods that promote weight gain and encouraging low GI foods that promote weight loss.

The idea of classifying foods according to their effect on blood

Have a safe Fourth of July



MISSOURI BOLIVAR 1705 S. Lillian 417.326.1013

NEW MEXICO CARLSBAD

906 W. Pierce Street 505.887.8100 ESPANOLA 2000 N. Riverside Drive. 505.747.6200

HOBBS 320 N. Shipp Street 505.397.0912 RUIDOSO 721 Mechem Drive (Sierra Mall) 505.257.9000

OKLAHOMA BROKEN ARROW 929 N. Elm Place 918.259.8255

TEXAS BOERNE

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USDA Beginning farmers and ranchers committee to meet in July

Agriculture has announced that two public meetings for the Advisory Committee on Beginning Farmers and Ranchers will be held in July to discuss issues important to beginning farmers and ranchers. The twoday meeting will be held July 9-10, in Des Moines, Iowa.

public the opportunity to listen to the committee's deliberations and

The U.S. Department of to make comments on beginning farmer and rancher issues. The July 9 meeting will begin at 8 a.m. and end by 5:30 p.m. The July 10 meeting will begin at 8 a.m. and end by 6 p.m. All times are Central Standard Time (CST). Agenda items for the meetings include:

•Provisions of the 2007 Farm The public meetings offer the Bill legislative proposals to assist beginning farmers and ranchers; Young farmer discussion

•Comments from the director of Iowa's Beginning Farmer and

Rancher Center: and •Status of previous committee recommendations.

interested persons but space is limited. The floor will be open for public comments on July 9 beginning at 1:15 p.m. CST, and minutes each. Presenters will be

served basis. Comment requests should include the speaker's name, affiliation and an outline of the issue or issues slated for discussion. Anyone wishing to Attendance is open to all make an oral statement should submit a request in writing via letter, fax or email by July 5 to: Mark Falcone, Designated Federal Official for the Advisory comments will be limited to five Committee on Beginning Farmers and Ranchers Farm

approved on a first-come, first- Service Agency, U.S. Department Agriculture, Independence Ave., S.W., STOP 0522, Washington, D.C. 20250-0522, 202-720-1632, 202-690-1117 (fax), Email: mark.falcone @wdc.usda.gov.

> The Advisory Committee on Beginning Farmers and Ranchers advises the Secretary of Agriculture on ways to encourage federal and state programs to

beginning farmers and ranchers as well as methods of maximizing new opportunities created through federal and state programs.

The committee meets at least once a year. Meetings are open to the public.

For more information, visit: http://www.fsa.usda.gov/FSA/ webapp?area=home&subject=fmlp &topic=bfl-er.

NOTICE TO CITY OF WEINERT WATER CONSUMERS

2006 Annual Drinking Water Quality Report

(Consumer Confidence Report) City of Weinert Phone No. 940-673-8223

Special Notice for the ELDERLY, INFANTS, CANCER PATIENTS, people with HIV/AIDS or other immune problems:

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The EPA/Centers for Disease Control and Prevention (CDC) guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline (1-800-426-4791).

Public Participation Opportunities

Date: Last Tuesday of month

Time: 7:30 P.M.

Location: City Council Chamber

Phone No: 940-673-8223

To learn about future public meetings (concerning your drinking water), or to request to schedule one, please call us.

OUR DRINKING WATER IS REGULATED

by the Texas Commission on Environmental Quality (TCEQ) and they have determined that certain water quality issues exist which prevent our water from meeting all of the requirements as stated in the Federal Drinking Water Standards. Each issue is listed in this report as a violation and we are working closely with the TCEQ to achieve solutions.

WATER SOURCES: The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals, and in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity. Contaminants that may be present in source water before treatment include: microbes, inorganic contaminants, pesticides, herbicides, radioactive contaminants, and organic chemical contaminants.

En Español

Este informe incluye información importante sobre el agua potable. Si tiene preguntas o comentarios sobre éste informe en español, favor de llamar al tel. (940) 673-8223 - para hablar con una persona bilingüe en español.

Where do we get our drinking water?

Our drinking water is obtained from GROUND water sources. It comes from the following Lake/River/Reservoir/Aguifer: SEYMOUR. A Source Water Susceptibility Assessment for your drinking water sources(s) is currently being updated by the Texas Commission on Environmental Quality and will be provided to us this year. The report will describe the susceptibility and types of constituents that may come into contact with your drinking water source based on human activities and natural

conditions. The information contained in the assessment will allow us to focus our source water protection strategies. For more information on source water assessments and protection efforts at our system, please contact us.

ALL drinking water may contain contaminants.

When drinking water meets federal standards there may not be any health based benefits to purchasing bottled water or point of use devices. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by catting the EPA's Safe Drinking Water Hotline (1-800-426-4791).

Secondary Constituents

Many constituents (such as calcium, sodium, or iron) which are often found in drinking water, can cause taste, color, and odor problems. The taste and odor constituents are called secondary constituents and are regulated by the State of Texas, not the EPA. These constituents are not causes for health concern. Therefore, secondaries are not required to be reported in this document but they may greatly affect the appearance and taste of your water.

About The Following Pages

The pages that follow list all of the federally regulated or monitored contaminants which have been found in your drinking water. The U.S. EPA requires water systems to test for up to 97 contaminants.

DEFINITIONS

Maximum Contaminant Level (MCL)

The highest permissible level of a contaminant in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Maximum Contaminant Level Goal (MCLG) The level of a contaminant in drinking water below which there is no known or expected health risk. MCLGs allow for a margin of safety.

Maximum Residual Disinfectant Level (MRDL) The highest level of disinfectant allowed in drinking There is convincing evidence that addition of disinfectant is necessary for control of microbial contaminants.

Maximum Residual Disinfectant Level Goal

The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contamination.

Treatment Technique (TT)

A required process intended to reduce the level of a contaminant in drinking water.

Action Level (AL)

The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

ABBREVIATIONS

NTU - Nephelometric Turbidity Units MFL - million fibers per liter (a measure of asbestos)

picocuries per liter (a measure of radioactivity)

parts per million, or milligrams per liter (mg/L)

parts per billion, or micrograms per liter $(\mu g/L)$

parts per trillion, or nanograms per liter ppq - parts per quadrillion, or picograms per liter

Year or Range	Contaminant	Average Level	Minimum Level	Maximum Level	MCL	MCLG	Unit of Measure	Source of Contaminant
2005		3 nic value wa: ou will be no		3 anuary 23, 20	10 06. In the	0 event c	ppb of a	Erosion of natural deposits; runoff from orchards; runoff from glass and electronics production wastes.
2005	Barium	0.055	0.055	0-055	2	2	ppm	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits.
2005	Fluoride	1.44	1.35	1.6	4	4	ppm	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories.
2006	Nitrate	19.28	18.9	19.7	10	10	ppm	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits.
2005	Selenium	9.2	9.2	9.2	50	50	ppb	Discharge from petroleum and metal refineries; erosion of natural deposits; discharge from mines.
2004	Gross beta emitters	4.6	4.6	4.6	50	0	pCi/L	Decay of natural and man-made deposits.
2004	Gross alpha	2.8	2.8	2.8	15	0	pCi/L	Erosion of natural deposits.

Organic Contaminants. TESTING WAIVED, NOT REPORTED, OR NONE DETECTED

Maximum Residual Disinfectant Level

Year	Disinfectant	Average Level	Minimum Level	Maximum Level	MRDL	MRDLG	Unit of Measure	Source of Disinfectant
2006	Chlorino Residual. Free	1.92	1.4	4.5	4	4	ppm	Disinfectant used to control microbes.

Disinfection Byproducts Year Contaminant Source of Contaminan Byproduct of drinking water disinfection. Total Haloacetic Acids ppb

Unregulated Contaminants										
	, chloroform, dichlorobromon t level for these chemicals at t				are disinfec	tion byproducts. There is no maximum				
Year or Range	Contaminant	Average Minimum Maximum Unit of Source of Conta int Level Level Measure Source of Conta		Source of Contaminant						
2006	Bromoform	5.79	5.79	5.79	ppb	Byproduct of drinking water disinfection.				
2006	Dibromochloromethane	2.54	2.54	2.54	ррь	Byproduct of drinking water disinfection.				

ead and	Contaminant	The 90th Percentile	Number of Sites Exceeding Action Level	Action Level	Unit of Measure	Source of Contaminant
1999	Lead	1.8	0	15	ppb	Corrosion of household plumbing systems; erosion of natural deposits.
1999	Copper	0.064	0	1.3	ppm	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives.

NOT REQUIRED

Total Coliform REPORTED MONTHLY TESTS FOUND NO COLIFORM BACTERIA.

cal Coliform REPORTED MONTHLY TESTS FOUND NO FECAL COLIFORM BACTERIA.

Violation Type	Health Effects	Duration	Explanation	Steps to Correct
MCL VIOLATION -	Infants below the age of six months who drink water containing nitrate in excess of the MCL could become scrivusly ill, and, if untreated, may die. Symptoms include shortness of breath and blue-baby syndrome.	1/1/2006 to	PWS must complete	PWS must complete
NITRATE		3/31/2006	this section.	this section
MCL VIOLATION -	Infants below the age of six months who drink water containing nitrate in excess of the MCL could become seriously ill, and, if untreated, may die. Symptoms include shortness of breath and blue-baby syndrome.	4/1/2006 to	PWS must complete	PWS must complete
NITRATE		6/30/2006	this section.	this section.
MCL VIOLATION -	Infants below the age of six months who drink water containing nitrate in excess of the MCL could become seriously ill, and, if untreated, may die. Symptoms include shortness of breath and blue-baby syndrome.	7/1/2006 to	PWS must complete	PWS must complete
NITRATE		9/30/2006	this section	this section.
MCL VIOLATION -	Infants below the age of six months who drink water containing nitrate in excess of the MCL could become seriously ill, and, if untreated, may die. Symptoms include shortness of breath and blue-baby syndrome.	10/1/2006 to	PWS must complete	PWS must complete
NITRATE		12/31/2006	this section.	this section.

The City of Weinert is working with several different agencies, and an engineering firm in order to find resources and or alternatives in order to correct these violations of high Nitrate levels. Notices of these violations are published in the Haskell Free Press quarterly. The notices include a source of alternative water at the city's expense that may be gotten at Modern Way Food Store in Haskell, Texas. If you are an expectant mother or have an infant that is below six months of age you may purchase this water at Modern Way at the City of Weinerts' expense. If you have any questions regarding this violation please feel free to call our City's office to see if you are serviced by our water system at 940-673-8223.

Secondary and Other Constituents Not Regulated

Year or Range	Constituent	Average Level	Minimum Level	Maximum Level	Secondary Limit	Unit of Measure	Source of Constituent
2004	Bicarbonate	339	339	339	NA	ppm	Corrosion of carbonate rocks such as limestone.
2005	Calcium	89	89	89	NA	ppm	Abundant naturally occurring element.
2005	Chloride	184	173	190	300	ppm	Abundant naturally occurring element; used in water purification; byproduct of oil field activity
2005	Copper	0.029	0.029	0.029	1	ppm	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives.
2005	Lead	0.002	0.002	0.002	NA	ppm	Corrosion of household plumbing systems; erosion of natural deposits.
2005	Magnesium	36	36	36	NA	ppm	Abundant naturally occurring element.
2005	Nickel	0.003	0.003	0.003	NA	ppm	Erosion of natural deposits.
2004	pH	7.3	7.3	7.3	7	units	Measure of corrosivity of water.
2005	Sodium	106	106	106	NA	ppm	Erosion of natural deposits; byproduct of oil field activity.
2005	Sulfate	61	58	62	300	ppm	Naturally occurring; common industrial byproduct; byproduct of oil field activity.
2004	Total Alkalinity as CaCO3	278	278	278	NA	ppm	Naturally occurring soluble mineral salts.
2004	Total Dissolved Solids	718	718	718	1000	ppm	Total dissolved mineral constituents in water.
2005	Total Hardness as CaCO3	370	370	370	NA	ppm	Naturally occurring calcium.

Are cattle breeds increasing in size? Stamford art show

by Wes Utley CEA-Ag/NR, Haskell Co.

First, what is "size"? The best measure of size or body mass is weight, not height or some other dimension. Weight is what is involved in nutritional requirements, and also what is sold. So, it's how big, not how tall. Somewhere in the 1960s, our established breeds started selecting for bigger cattle. Most of the Continental European breeds imported starting in the late 60s were bigger than established breeds. And selection for increased size has generally continued, in varying degrees. Let's look at what has happened in two of our most numerous breeds, a British and a Continental.

Since 1980, genetic trend in Angus has increased 38 lbs. for weaning EPD and 71 lbs. for

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yearling EPD, with a steady increase for both. (Over the same period, averaged for bulls and heifers, actual reported weaning weight has gone up over 125 lbs. and yearling weight almost 200 lbs.) Change has been slower in most Continentals but, since 1980, Simmental EPD has increased 11 lbs. for weaning, essentially stabilizing since about 1990, and 24 lbs. for yearling. (The U.S. Meat Animal Research

Center says most of our most with similar trends. Is this good numerous breeds currently weigh about the same.) Similar trends can be seen in all of the more numerous breeds.

However, I recently ran across data for a less numerous breed, Red Poll. Since 1980, EPD for weaning has increased only 4 lbs. and yearling only 5 lbs., and cattle of this breed were relatively small to begin with. There are probably some other lesser known breeds

or bad? It depends, on what sort of genetics you want. But it does seem there is still plenty of genetic variation to choose from among breeds, as well as within breeds, so you should be able to find whatever is needed or wanted. (Genetic evaluation data American Angus Association, American Simmental Association, and American Red Poll Association.)

Measuring efficiency vs. methane

by Wes Utley

CEA-Ag/NR, Haskell Co.

Methane contributes to what is commonly called greenhouse gas omissions. Methane production by ruminant livestock is estimated to contribute 10 to 15 percent of emissions caused by human activity. Residual feed intake (RFI) is a measure of efficiency of conversion of feed to body weight gain. RFI measures the difference between actual feed intake and predicted intake required for body efficient animals produced less maintenance and gain. Therefore, more efficient animals have lower Australian

researchers in New South Wales used 76 Angus steers fed a barleybased ration for 70 days and measured relationships between RFI and methane production. The steers were from two closed genetic lines selected over 2.4 generations for either low or high

There was a significant relationship between RFI and daily methane production rate, with low RFI animals producing less methane. So, the more methane on less feed at comparable rates of gain. RFI explained only a small part of the

total variation in methane production, but the authors concluded that selection for low RFI would "reduce methane emissions without comprising animal productivity." (In fact, since RFI animals tend to be more efficient, the methane reduction might be viewed as a bonus.)

Finally, in developing predictive equations, the authors suggested that the highest level of methane reduction would be found on low digestibility, highroughage diets, which are the primary source of nutrition in

and sale to be held July 4-7 during TCR

The Stamford Art Foundation Seventeen artists will participate is making final plans for the 34th in the "Quick Draw" event annual Art Show and Sale held in conjuction with the Texas Cowboy Reunion July 4-7. The Preview Party is July 3.

Thirty-seven artists from California, Wyoming, and all areas of Texas are participating. Approximately 200 pieces of

art will be exhibited with each having its own intriguing title.

The art can be seen for the first time at the Preview Party, Tues., July 3, and those attending will have the opportunity to visit with the artists. A steak dinner will be served, and music by the Key West Band will be enjoyed. Rehabilitation Center.

For more information about purchasing tickets and reservations for the Preview Party, contact Dawn Ham at 325-773-2411 or the West Texas Rehabilitation Center at 325-793-

The Art Show will be held in the air-conditioned John Selmon Memorial Gallery July 4-7. The gallery is open from 10:00 a.m. to 9:00 p.m. Admission is \$1.00 for adults and 50 cents for children.

The proceeds from the show benefit the West Texas

KC museum to hold bake sale

Work continues at the Wichita Brazos Museum and the interior is beginning to shape up. The museum will be open during the bake sale set Sat., June 30. Breakfast burritos will be available on the museum front porch at 7:30 a.m. Also available early will be sweet things along with coffee.

Each member has been asked to bring at least two baked items. Already promised, are German chocolate cakes, pecan pies and cinnamon rolls. Anyone who would like to contribute a baked

item is invited to bring their specialty.

The June garage sale at Munday held June 2 was a success, netting \$1,500 from the garage sale items and the hamburger sales.

The brick order has been sent to the brick markers for engraving and will be shipped the last of August. Members are anticipating the arrival of the memorial brick markers to be displayed on the museum

Don't let snakes sneak up on you

Summertime is the season when the majority of snake bites occur nationwide each year.

About 8,000 people are bitten by venomous snakes annually in the U.S. Most of the bites occur between April and October, when outdoor activities are popular.

In Texas, about one to two people die each year from venomous snake bites. The most common type of venomous snake in Texas is the pit viper-a classification that includes the copperhead, cottonmouth and rattlesnake

Of those, copperheads are blamed for most bites seen in Dallas-area emergency rooms, says Dr. Kurt Kleinschmidt. associate professor of emergency medicine at UT Southwestern Medical Center. Luckily, the copperhead is the least dangerous of the pit vipers and many patients bitten by them may not need antivenin therapy.

Snakes will strike when threatened or surprised, but most will usually avoid the encounter. If you are moving through tall

grass or weeds, poke at the ground in front of you with a long stick to scare away snakes. Watch where you step and where you sit when outdoors. When hiking, wear boots and long pants.

"If bitten, the most important thing to remember is to seek immediate medical attention at your local emergency room," Dr. Kleinschmidt says.

Before you reach the ER, Dr. Kleinschmidt suggests following these first aid rules:

·Stay calm.

•If you see the snake, try to remember what it looks like. Don't try to catch the reptile; it could bite you again.

 Quickly remove any jewelry or tight clothing near the bite, before swelling starts.

·Wash the area with soap and water if possible, and keep the bitten limb below the heart.

•Do not make cuts over the snake bite or apply a tourniquet or constricting device.

•Do not apply a cold pack or ice to the bite area.

Fireworks use can cause eye injuries

A fireworks display at home may sound like a fun way to celebrate Independence Day, but amateur shows, including the backyard variety, can be dangerous and visionthreatening, says Dr. Preston Blomquist, associate professor of ophthalmology Southwestern Medical Center.

"We have seen people lose vision and lose eyes," he says, adding that bottle rockets tend to cause most of the injuries. "The rockets fly erratically, and the bottles or cans used to launch the rockets can explode, creating

shrapnel."

In addition to showering spectators with glass and metal fragments, bottle rockets can also strike the eye directly. Anyone who suffers a fireworks-related eye injury should immediately go to a hospital emergency room.

There are about 11,000 fireworks-related injuries every year, with almost 2,200 of those affecting the eyes. Consumer fireworks are responsible for onethird of all eye injuries.

Says Dr. Blomquist: "Go watch a professional fireworks event; don't do this at home."

Have a safe Fourth of July

This Week's Devotional Message:



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happenings in our government, and reports of right there in your hands.

Most of us have never worked on a newspaper, murders, fires and natural disasters; as well as and so we cannot appreciate what goes into it. the happier side of the news. There are also As it is, we merely take it for granted and features, and among them a helpful house of expect to find it on our doorstep, in our worship directory. So read your newspaper mailbox, in a dispenser or at the corner and remember those who spent long hours newsstand. In it we read about all the strife putting it together for you; to place that priceless and turmoil around the world, the latest symbol of the freedom we enjoy in this country

First United Methodist Church

Rev. Daniel Echols, pastor

Sun. Morn. 9:00 a.m., 11:00 a.m.

Rochester
—SAGERTON—

Sagerton Methodist Church

Terry O'Rear, pastor

Sun. Morn. 9:45 a.m.

Faith Lutheran Church

Curtis Baker, pastor Sun. 9:30 a.m., 10:30 a.m.

Sagerton

First Baptist Church

Russell Stanley, pastor Sun. 9:45 a., 11:00 a., 5 p.m.; Wed. 7 p.m.

1001 Union Ave., Rule

Primitive Baptist Church

Dale Turner Jr., pastor

First & Third Sundays 10 a.m.

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Church of Christ

John Greeson, minister

Sun. 9:45 a., 10:40 a., 6 p.m.; Wed. 7 p.m 811 Union, Rule

First United Methodist Church

Terry O'Rear, pastor Sun. Morn. Worship 8:30 a.m.

1000 Union Ave., Rule

Primera Iglesia Bautista

Alfa y Omegs Manuel Marin, pastor Sun. 10 a., 11:00 a., 5 p.m.; Wed. 6 p.m. 500 Elm Street, Rule

Sweet Home Baptist Church

Larry Neal, pastor

Sun. Morn.11 a.m., 5 p.m.; Wed. 5 p.m. Gladstone Ave., Rule

West Bethal Baptist Church

Rev. Clovis Dever

Sun. 10 a... 11 a., 8 p.m.; Wed. 7:30 p.m.

300 Sunny Ave., Rule
—PAINT CREEK—•

Paint Creek Baptist Church

Sun. 10:00 a.m., 11:00 a.m., 6 p.m. Paint Creek

O'Brien Baptist Church

Jim Reid, pastor

Sun. 9:45 a.., 11 a., 5 p., 6 p, Wed. 6 p.m. O'Brien

-O'BRIEN-

·--RULE-

ATTEND CHURCH THIS SUNDAY

---HASKELL-

East Side Baptist Church Danny Manross, pastor Sun. 9:45 a.m., 11 a.m., 6 p.; Wed. 7 p.m. 600 N. 1st East, Haskell Christian Church Richard Barr, minister Sun. 9:45 a.m., 10:45 a.m.; Thurs. 7 p.m. 107 N. Ave. F, Haskell Church of God Bruce Ray, pastor

Sun. 10 a.m., 11 a.m., 6 p.m., Wed. 7:00 p.m. 714 North First East, Haskell Trinity Lutheran Church Ron Rennegarbe, pastor Sunday School 9:30 a.m., Worship 10:30 Hwy 380 East, Haskell Iglesia Bautista El Calvario Art Flores, Interim pastor Sun. 9:45 a., 10:45 a.m., 5 p.m.; Wed. 7 p.m.

607 S. 7th, Haskell First United Methodist Church Rev. Tom Long, pastor Sun. 9:45 a.m., 10:50 a.m. 6 p.m.; Wed. 6 p.m. 201 N. Ave. F, Haskell

First Assembly of God Rev. J.C. Amburn Sun. 9:45 a., 10:45 a.m., 6 p.m.; Wed. 7 p.m. 1500 N. Ave. E, Haskell St. George Catholic Church

Father George Roney Sat. Mass 7 p.m.; Sun. Morn. 9:00 a.m. Church of Christ Jim Yates, minister Sun. 9:30 a.m., 10:30 a.m., 6 p.m.; Wed. 7 p.m. 510 N. Ave. E, Haskell

First Presbyterian Church Kelly Pigott, interim pastor Sun. Morn. 9:30 a.m. 306 N. Ave. E. Hask

Trinity Baptist Church Larry White, pastor Sun. 10 a., 11 a., 6:30 p.m.; Wed. 6:30 p. 114 S. Ave. D. Haskell Hopewell Baptist Church Rev. Tom Collins, pastor

Sun. 9:30 a.m., 11:00 a.m.; Wed. 7 p.m.

908 N. Ave. A, Haskell

Greater Independent Baptist Church Sun. 9:30 a., 11:00 a., 6:30 p.; Wed. 7 p. 301 N. 3rd St., Haskell

New Covenant Foursquare Bill and Renee Glass, pastors Sun. 10 a.m., 11 a.m., 6:30 p.m.; Wed. 7 p. 200 S. Ave. F. Haskell Mission Revival Center Rev. William Hodge Sun. 10 a.m., 11 a.m., 6 p.m.; Tues. 6 p.m. First Baptist Church

Greg Gasaway, pastor Sun. 9:45 a., 10:55 a., 6 p.m.; Wed. 6:30 p.m. 301 N. Ave. E, Haskell Church in the Wind C.C. Curran, pastor Sun. fellowship 5 p.m. Church 5:30 p.m.

Tues. Bible Class 7:30 p.m. 203 S. 1st East, Haskell Cornerstone Fellowship Baptist Church Dr. T.C. Melton, interim pastor Sun. 9:30 a.m. 10:45 a.m., 6 p.m., Wed. 7 p.m. 1600 N. First St., Haskell

> -WEINERT---First Baptist Church Dan Bullock, pastor Sun. 10 a.m., 11 a.m., Wed. 7 p.m.

Weinert Weinert Foursquare Church Rev. Robert Harrison

Church of Christ Steve Wills, minister Sun. 9:45 a., 10:45 a., 6 p.m.; Wed. 6 p.m. West on Main Street, Rochester

First Baptist Church Fred Garvin, pastor Sun. 11:00 a.m., 6 p.m.; Wed. 6:00 p.m. 500 Main, Rochester Union Chapel Baptist Church

Clovis Dever Sun. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m. Rochester

Faith Chapel of Rochester Katherine Byrd, minister Sun. 10 a.m., 11 a.m., 7 p.m. Hwy 6, Rochester

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FOR SALE: Antique metal bed, mattress and springs Excellent condition. \$180.00 940-864-5433.

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FOR SALE: 1985 Ford 25' motor home, 58,000 miles. Large refrigerator/freezer, microwave, generator. Sleeps 5. Runs great. Priced to sell, \$4,500. 1995 Dodge Ram van. Over 100,000 miles. Runs great. Needs battery. Priced to sell, \$900. Can be seen at 300 5th St., Rule. 940-996-6155. 26-29p

FOR SALE: Electrical scooter, never been used; hospital bed. 864-2401 after 5 p.m.

Cars For Sale

FOR SALE: 1990 Ford Thunderbird Super Coupe. Supercharged V6, auto. Front end damage. \$1100 OBO. 325-437-1665.

SANTA ROSA has 4 vehicles up for bid: Unit 33 2002 1/2 ton Chevy X-cab 4x4 Z71, 107,718 miles, starting bid \$10,000; Unit 34 2002 3/4 ton Chevy X-cab 4x4 utility bed, 145,252 miles, starting bid \$8,500; Unit 38 2003 3/4 ton Chevy Crew Cab 4x4, 119,449 miles, starting bid \$11,500; Unit 26 2001 Suburban, 100,445 miles, starting bid \$9,000. See at Santa Rosa Telephone Co-op office in Vernon. Submit bids to Santa Rosa Telephone Co-op, Attn Brad. P.O. Box 2128, Vernon, Texas 76385 by July 2. For questions, call 940-886-2217.

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GARAGE SALE: Sat., 8 until noon. 8841 FM 2163, Knox City Hwy. Children's clothes, home decor, pre-lit Christmas tree, infant car seats, misc.

GARAGE SALE: Fri., 6 p.m. to 8 p.m.; Sat., 8 a.m. to noon. 312 S. Ave N. Ladies' large size clothes. 26p

BIG MOVING SALE: Sat., June 30, 8 a.m. to 12 noon. Paint Creek Road. Blue house on first curve. Small motor scooter, baby bed, stroller, toys, clothes, kid and adult clothes, shoes, Coca Cola items, knickknacks, dishes and furniture. No early sales. No items held over. No checks unless we know you. If it rains, cancelled.

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GARAGE SALE: Little bit of everything. 909 N. 2nd. 8 a.m.

YARD and SHOP SALE: June 29-30-July 1. Fri. and Sat., 8 to 3; Sun., 10 a.m. til? Tools, CB radios, fishing tackle and much more. Lakeshore Sites camp, Jeffcoat Road, Joyce Lewis home.

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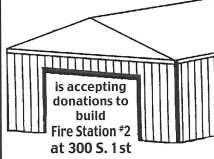
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LEASE PURCHASE: Two houses, 303 N, 11th and 607 N. 11th. \$250 down, \$250 month. 940-642-6599.

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Haskell Free Press

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1005 N. 6TH ST. Own your own business. Fully equipped beauty shop with seven stations ready for operators. Property is in excellent condition and has lots of parking, central air and heat, new lifetime metal roof, Ĭ iii good storage and low

maintenance. 1413 N. AVE. J. Immaculate brick building with beautiful woodwork, handicap accessible, large entry, storage and office rooms, C/HA. Property could be a church, office building, or converted

to sell at \$35,000. 106 N. First St. Eight lots on the southeast corner of the Hwy, 277 and Hwy, 380 bypass. Property has utilities available such as three-phase electricity, gas, water and sewer. New bypass will have access to Hwy. 380 at this corner. Total area is approximately 2.14 Ac. Good site for gas/ convenience store, restaurant, etc.

504 N. First St. (Hwy 380 East) Well established convenience store with ready-made clientele.



Business has excellent sales from grocery, meat market and gasoline. All amenities in excellent condition and ready for new owner.

into a dwelling. Priced

9 N. AVE. E. Large commercial building on the west side of the square in Haskell. Property has C/HA, suspended ceiling over beautiful old tin ceiling and approximately 5500

900 N. FIRST ST. Fully equipped meat and wildlife processing plant with approximately 1500 square feet. Facility is in excellent

square feet.

210 MAIN STREET-ROCHESTER. Former Rochester Co-op Gin Co. Has nice office building, large amount of metal salvage. (\$30,000).

Come by Rike Real Estate for a complete list.



ANGELLE'S MISSION-Angelle Maynard is holding some of the things she is collecting to send to troops in Iraq and Afghanistan. She is asking for your help with her mission.

Angelle seeks help to complete her mission

Haskell student, Angelle Maynard, is on a mission.

She has three uncles, Timmy Allison, Billy Allison and Shaun Strouse, serving with the military in Iraq and Afghanistan. This personal interest in the men and women of the Armed Services has lead her on a personal project to collect items and send the goody bags to the troops serving there.

Items needed include water, beef jerky, anti-bacterial soap, cookies, snacks, chips, sunflower seeds and toiletries. These items may be dropped off at a basket in the front of the store at Modern heros.com.

Way; with Dave Harrison at KVRP; or at Angelle's home at 206 S. Ave. C.

Angelle and her mom will take the donated items to Abilene to be distributed from a center there.

The seven year old is the daughter of Mandy Maynard who is very proud of her daughter's care for others. The project was started in April and Angelle continues to seek help with her

Angelle has established a website at www.thecarepkg

Students in the News

Kolt S. Kittley of Rule, a iunior sports/exercise sciences student, has been named to the President's List at West Texas A&M University in Canyon.

To be included on the list. students must have a GPA of 4.00 and carry a minimum class of Haskell, has been named to the Spring 2007 Dean's List at Texas

Clean out your medicine cabinet to prevent poisoning

collection container or a secure

the entire baggie can be placed in

a sealable container such as a

small bucket with a lid or an old

coffee can. She said liquid

medications can also be placed in

a sealable bag with water and

cleaning out a medicine cabinet

or to obtain a free packet of

poison prevention material, call

1-800-222-1222 and ask a

specialist in poison information

or write to Texas Panhandle

Poison Center, 1501 S. Coulter,

God

bless

America

Amarillo, Texas 79106.

For more information about

For added safety, Farrar said

indoor trash receptacle.

kitty litter.

The Texas Panhandle Poison Center, which serves residents within the 71 counties that comprise Texas Public Health Regions I and II, is focusing on "Prevent Poisonings-Clean Out Your Medicine Cabinet."

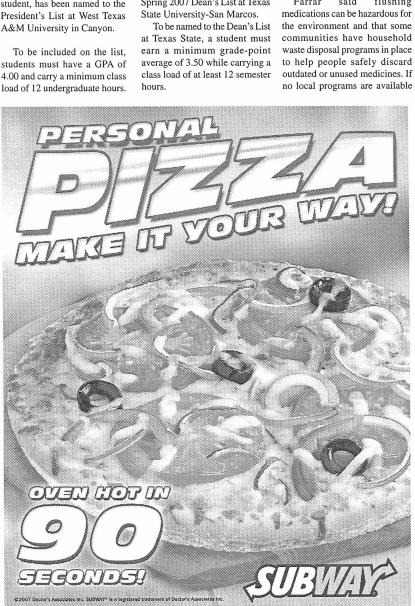
Poison control centers nationwide receive more than one million calls annually regarding poison exposures involving children 5 years and younger, and about 30 children younger than 5 years old die each year from unintentional poisonings. Most of these poisonings are from products commonly found in the home: personal care products, including baby oil and mouthwash containing ethanol; household cleaners, including drain openers and oven cleaners; over-the-counter pain relievers, including ibuprofen, acetaminophen, aspirin and cough and cold medicines; hydrocarbons, such as lamp oil and furniture polish; and adultstrength vitamins

supplements containing iron. Ronica Farrar, who has been the educator for TPPC since 2000, says unused and old medicines are a common source for poisonings and should be cleaned out at least once a year. "Out of all of the calls that we get, the ones that involve exposure to medicines can be the most frightening," Farrar said. "Just one tablet or capsule of some medications can be extremely dangerous if it is taken by a child or by an adult for which it was not prescribed."

To clean out a medicine cabinet, Farrar says the goal should be to remove and safely dispose any old or leftover medicines, whether prescription or over-the-counter. "If you have questions about whether a medicine is still good or not, contact your pharmacist. Otherwise, when in doubt, clean

She suggests cleaning out medicine supplies once a year at a time when interruptions are less likely to occur. "You don't want to take medicines out and have them accessible to children or pets while you're cleaning the medicine cabinet."

Farrar said





Please join us for A Ladies' Retreat & Beth Moore Bible Study "Loving Well"

> Saturday, July 7, 2007 9:00 a.m. - 3:00 p.m. Salad Luncheon

There will be no charge

Cornerstone Fellowship Baptist Church 1600 North First - Haskell, Texas

> For details, call church office 940-864-5557



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HERMANN SONS



Santa Rosa Telephone Cooperative, Inc. (SRTC) is now offering local telephone services to the residents and businesses of Haskell and throughout the "864" exchange. SRTC is utilizing fiber optic cable to the home (FTTH) to facilitate Haskell. This will place Haskell's telephone service securely into the age of new technology.

Santa Rosa also offers Haskell businesses and residents:

1. Long distance carrier service (SRCLD), with many packages from

2. Internet (SRCaccess.net), both high speed DSL and 56k dialup,

3. IPTV – (SRTV), television over your telephone line (no dish). Since 1951, SRTC has been supplying telephone service to rural areas in counties of North Central Texas, such as Wilbarger, Foard, Hardeman, and Clay. Other Texas counties being served include areas in Archer, Baylor, Childress, Cottle, Knox, King, Motley, Wichita, Hall, Stonewall and Haskell counties, also rural areas of Cotton and Jackson counties in

SRTC's service area consists of 24 exchanges, approximately 8,000access lines. Headquarters for SRTC is located at 7110 Highway 287 East, Vernon, Texas, with branch offices at 310 W. California, Seymour, Texas and here in Haskell at 113 N. Avenue D.

SRTC is a cooperative (owned by its members). At the end of each profit bearing year that profit is allocated to its members. The allocated amount is calculated using the profit total and the customer's phone bill for that year. The Board of Directors will then decide how much of the allocation is to be refunded and when it is to be refunded.

The organizational structure supporting Santa Rosa Telephone Cooperative, Inc. consists of 7-members of the Board of Directors, the general manager and managers in accounting, central office, construction, information systems, office and marketing.

Local employees: Cheri Dutton, Kory Tidrow, Lance Hobert and Wes Moore, all from the Haskell area, are an integral division of over 70 individuals employed by SRTC.

Should you have any questions regarding business, services, or construction, please do not hesitate to contact our local office at 863-1125, or stop by 113 N. Avenue D (across from the Dollar Store) in